



CENTRAL COAST SECTION CROSS COUNTRY

Organizational Meeting
August 14, 2019

Please note! This will be a conference call meeting.

To call in for the meeting:

- “dial” **712 770-4822** via telephone
- When prompted, enter in code: **875054 #**



I. Welcome & Introductions

II. Approval of Agenda

- A. Additions to Agenda
- B. Approval of Agenda

III. Review of Tournament Guide Dates

- A. Meet: Saturday, November 16, 2019
- B. Evaluation Meeting: Tuesday, December 3, 2019, 7:00pm

IV. CCS Meet

- A. Rules Review
- B. Review CCS X/C By-laws
Note: Number of full teams on the line at league qualifier
- C. Site: Crystal Springs, Belmont
CCS Meet Management Team: Bill Daskarolis & Steve Filios
Seeding: Mark McConnell
Timing & Results: Sean Laughlin

D. CBEDS

E. CCS At-large times

F. Participating School Sheet – check for accuracy

G. 2019 Schedule of Meets

1. Approved CCS Invitationals
2. Crystal Springs Schedule/Policies
3. League Meets-review
4. Posting results from meets

H. Proposed CCS Meet time schedule

<u>X</u>		<u>Time</u>		<u>Time</u>
Division I	Girls	10:00 am	Boys	10:35 am
Division II	Girls	11:10 am	Boys	11:45 am
Division III	Girls	12:20 pm	Boys	12:55 pm
Division IV	Girls	1:30 pm	Boys	2:05 pm
Division V	Girls	2:40 pm	Boys	3:15 pm

- I. Review rain-out/air quality issue procedures.
 - 1. Blanket email to coaches listed by their AD's in CIFCCS Home.
 - 2. Twitter post
 - 3. Reps contacted via mobile phone *Note:* Reps make sure your contact mobile phone number is accurate with our office. This is the number used when notifying reps of a rain out. *Note:* farthest reps are called first.

- J. Review Crystal Springs Guidelines: Please inform all coaches
 - 1. Crystal Springs Handbook
 - 2. Parking procedures/admission
 - 3. Safety concerns: EMT and Trainers.
 - 4. Restrooms
 - 5. Trash

- K. Admission
 - 1. **Please remind runners, parents, and other interested folks that there is an entrance charge for the CCS Cross Country Meet.**
 - 2. Admission for Coaches/Athletes
 - 3. No pass gate list for schools. Only meet management.

- L. Other Items
 - 1. Warmup & warmdown – no runners on course after start of race. Suggested warm-up areas will be listed in the Meet Bulletin.
 - 2. Award Procedures – after each division
 - 3. T-shirt availability- **team orders can be made as of November 1.**
 - 4. Results posting
 - 5. Certificates of Participation
 - 6. Other items that need to be covered in the Meet Bulletin?
 - 7. Other items of concern

- V. CIF State meet
 - A. State Meet Date: November 30, 2019, Woodward Park, Fresno
 - B. Entry numbers for 2019

- VI. 2020 Season
 - A. Summer dates
 - B. Dead period
 - C. Practice start date

- VII. Items added to agenda

- VIII. Adjournment