



JUNIPERO SERRA INVITES YOU TO THE 45th ANNUAL CRYSTAL SPRINGS INVITATIONAL

September 1st, 2019

Dear Cross Country Coach,

Junipero Serra High School would like to invite your team(s) to participate in the 45th annual Crystal Springs Cross Country Invitational to be held on Saturday, October 12th, 2019. The race will be held, once again, at the Crystal Springs International Cross Country course in Belmont, California.

Our entry procedures are the same as last year. Please read the entry instructions on the back page. We will use **Direct Athletics** to register entrants this year. Their website is www.directathletics.com. You must enter all your eligible athletes on this website under the **Junipero Serra Crystal Springs Invitational** event. Coaches who do not enter their athletes correctly will not be allowed to compete.

The meet is sanctioned by the Central Coast Section for all schools in California. The Crystal Springs Course is 2.95 miles of rolling hills, all run on trails. The layout of the course is excellent for both runners and spectators. Chemical toilets and drinking fountains are available at the course. A full snack bar will be in operation as in past years. We will be selling the traditional, long-sleeved, Crystal Springs Invitational T-shirts. There are no dressing rooms, so have athletes arrive ready to compete.

Please respect the private property in the area. Do not go on to people's property to get water or for any other reason. **Please do not block people's driveways.** Coaches are requested to review the enclosed course rules with their athletes and bus drivers.

TIME SCHEDULE FOR RACES

*****Subject to change based on number of entries*****

9:00 am	Boys Varsity
9:30 am	Girls Varsity
10:00 am	Boys Championship Varsity
10:30 am	Girls Championship Varsity
11:00 am	Boys JV - Blue
11:30 am	Girls JV
12:00 pm	Boys JV - Gold
12:30 pm	Girls Frosh/Soph
1:00 pm	Boys Sophomore
1:30 pm	Boys Freshman

Coaches should have their athletes at the starting line at least ten minutes before race time to receive instructions. Traditionally, we have used a public address system to announce races. Regardless, athletes are responsible to be on time for their race.

AWARDS

A commemorative plaque will be awarded to the Top 2 Teams in each race and medals to the TOP 7 on each team. Medals will be given to the TOP 20 in each race not on a 1st or 2nd place team.

ENTRY FEES

15.00 – Individual
\$ 100.00 – Per Team
\$ 350.00 – Maximum Fee

SCORING

Standard Cross Country scoring will be used. Athletes will be assigned bib numbers and are requested to remove their tags at the conclusion of their race. Our computer will score each race and official results will be posted soon after. All athletes must be registered in order to participate. Absolutely no “unofficial” entries are permitted. Runners without bib numbers are not allowed to race.

ENTRIES

Enter all athletes on the **Direct Athletics website** under the Crystal Springs Invitational site. Be sure to spell names correctly, plus provide their year in school. The Runscore program will score the individuals in the race they run. Top seven from each team are scored. The first five individuals score, the next two displace. All VARSITY races are limited to seven individuals. All other races have unlimited entries. Please be mindful that entry fees are based on seven person teams. Numbers beyond seven individuals within a race must pay an additional cost of \$15/person. **Additionally, please do not enter athletes who will not compete.** Entries will be limited to the first **2000** athletes entered. By editing your entries the process of splitting the races will be easier to determine, and allow more teams to be able to compete.

NO ENTRY CHANGES WILL BE MADE ON RACE DAY! If you have an athlete that you want to run Varsity, but entered in the Junior Varsity race, simply run the athlete in the Varsity race because he/she is already in the database. If you have an athlete that is not entered in any race, but would like to run him/her IN PLACE OF an athlete who is entered, simply have the athlete wear the race number of the person he is replacing. Coaches will have to remember that the originally entered runner was replaced.

ENTRY FEE CALCULATOR

SCHOOL _____

COACH _____

DIVISION TEAM (\$100) INDIVIDUAL (\$15) FEE (TOTAL)

Freshmen Boys _____

Soph Boys _____

JV Boys _____

Varsity Boys _____

Frosh/Soph Girls _____

JV Girls _____

Varsity Girls _____

TOTALS _____

You may enter a team in any Division with more than seven runners, with the exception of the Boys and Girls Varsity. Awards will only be given out to your top seven runners if your team should win.

FEES \$ 100.00 Team
 \$ 15.00 Individual
 \$ 350.00 Maximum

MAIL CHECKS TO:

Junipero Serra High School
Attn: Ron DiMaggio Jr., Serra Cross Country
451 West 20th Ave.
San Mateo, CA 94403

INQUIRIES:

Ron DiMaggio Jr., Head Coach
rdimaggio@serrahs.com
(650) 345-2407, ext. 6555

ENTRY DEADLINE:

*******IMPORTANT*******

Sunday, October 6th, at 10pm. Or when we reach 2000 entries!

No race day entries will be accepted.

We look forward to seeing you on **October 12th, 2019** at Crystal Springs in Belmont!

Sincerely,

Ron DiMaggio Jr.