

## **SCVAL #1 and SCVAL #3 at Baylands Park, Sunnyvale**

**SCVAL #1: Tuesday, September 24th**

**SCVAL #3: Tuesday, October 22nd**

### **Meet Schedule**

3:15PM Varsity Boys (10 runners per team)

3:40PM Varsity Girls (10 runners per team)

4:10PM Varsity B Boys (unlimited # of entrants)

4:40PM Varsity B Girls (Unlimited # of entrants)

5:15PM Frosh/Soph Boys (unlimited number of entrants)

### **Duties For The Meet**

Starter - Santa Clara

Backup Timers - Gunn & Cupertino (Hank Lawson will explain your jobs to you)

Finish-Line Judges - Palo Alto & Los Altos

Flushers - Mt. View & Fremont

Chute Management - Milpitas & Homestead

Timing/Scoring - Lawson

Set Up Course - Saratoga & Lynbrook

Lead Bicyclist - Palo Alto & Los Altos

### **Turn Directors**

Point A - Runners pass 3 times (Wilcox)

Point C - Runners pass 3 times (Los Altos)

Point D - Runners pass 4 times (last time just before sprinting for finish) (Monta Vista)

Point E - Runners pass 2 times (Los Gatos)

Point F - Runners pass 1 time (Saratoga)

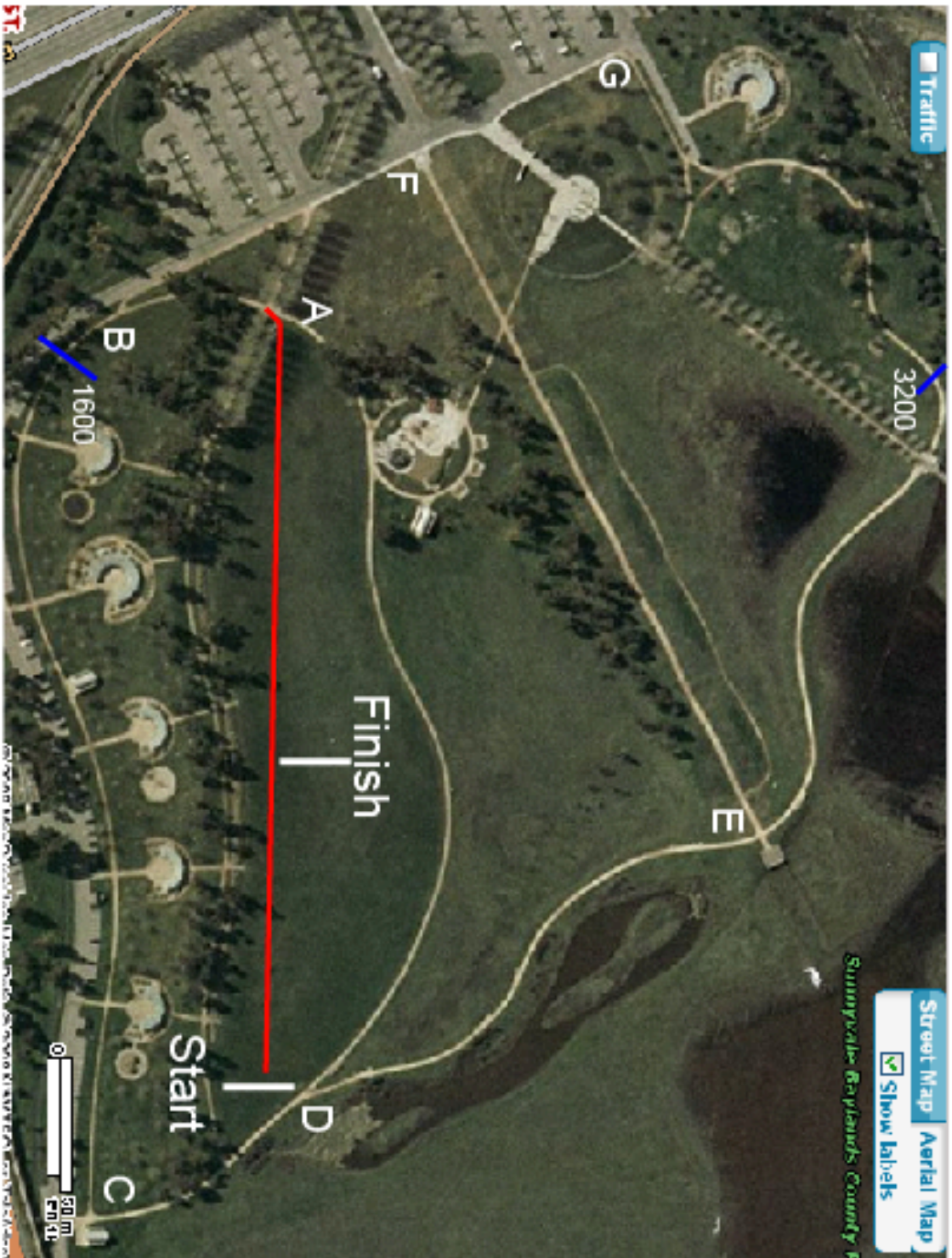
### **Notes**

- Entry fee for cars is \$6 per car.
- Buses must pay \$20 if they intend to stay onsite during the meet.
- Portable garbage and recycling containers will be placed near the finish and near team areas
- Please be vigilant about picking up loose trash so it doesn't blow into the bay

- Do not use the regular trash cans at the park or we may be charged a dumpster fee
- We have to pay \$119 to a Sunnyvale employee to supervise us. So, if he/she gives you a reasonable order, please comply.
- Vehicles are not allowed off the asphalt roadways or parking lot areas. This includes deliveries and set-up/tear-down vehicles.
- No stakes are allowed to be driven into the ground.
- No tents are allowed as per the fire marshall.
- No small flags may be placed on the course to help guide the runners.
- Portable toilets will be provided for our use at a cost of \$1,265 They will be located near the finish line. Regular toilet facilities are located at the park. I'm not sure that we should be using them. However, coaches should check them every now and then to verify that we are not making a mess of them.

# 5000 METERS

## 5k Course Map



Start-A-B-C-D-A-B-1600-C-D-E-F-G-3200-E-D-C-B-A-D-Finish