

# JUNIPERO SERRA INVITES YOU TO THE 46<sup>th</sup> ANNUAL CRYSTAL SPRINGS INVITATIONAL

September 1st, 2021

Dear Cross Country Coach,

Junipero Serra High School would like to invite your team(s) to participate in the 46th annual Crystal Springs Cross Country Invitational to be held on Saturday, October 2nd, 2021. The race will be held, once again, at the Crystal Springs International Cross Country course in Belmont, California.

\*\*NEW FOR 2021\*\* We will use *MileSplitCA* to collect entries. Go to https://ca.milesplit.com to enter names and submit entries. Instructions on how to submit names are attached below. Should a runner you put into one division needs to change to another division, you can do this without seeing the computer operator as a runner will be recorded as he/she crosses the finish line.

**Instruction sheet for coaches on how to claim their team** and to get the ball rolling.

https://www.rtspt.com/milesplit/instructions.pdf

The meet is sanctioned by the Central Coast Section for all schools in California. The Crystal Springs Course is 2.95 miles of rolling hills, all run on trails. The layout of the course is excellent for both runners and spectators. Chemical toilets and drinking fountains are available at the course. A full snack bar will be in operation as in past years. We will be

selling the traditional, long-sleeved, Crystal Springs Invitational T-shirts. There are no dressing rooms, so athletes arrive ready to compete.

Please respect the private property in the area. Do not go on to people's property to get water or for any other reason. Please do not block people's driveways. Coaches are requested to review the <a href="ENCLOSED/ATTACHED COURSE RULES">ENCLOSED/ATTACHED COURSE RULES</a> with their athletes, bus drivers and all spectators planning on attending. We need to be good neighbors and be mindful of those who live near the entrances to the course.

# TIME SCHEDULE FOR RACES \*\*\*Subject to change based on number of entries\*\*\*

9:00 am	Boys Varsity
9:30 am	Girls Varsity
10:00 am	Boys Championship Varsity
10:30 am	Girls Championship Varsity
11:00 am	Boys JV - Blue
11:30 am	Girls JV
12:00 pm	Boys JV - Gold
12:30 pm	Girls Frosh/Soph
1:00 pm	Boys Sophomore
1:30 pm	Boys Freshman

Coaches should have their athletes at the starting line at least ten minutes before race time to receive instructions. Traditionally, we have used a public address system to announce races. Regardless, athletes are responsible to be on time for their race.

#### **AWARDS**

A commemorative plaque will be awarded to the Top 2 Teams in each race and medals to the TOP 7 on each team. Medals will be given to the TOP 20 in each all races and TOP 30 in the Girls F/S not on a 1<sup>st</sup> or 2<sup>nd</sup> place team.

#### ENTRY FEES

\$ 25.00 – Individual \$ 125.00 – Per Team \$ 400.00 – Maximum Fee

#### **SCORING**

Standard Cross Country scoring will be used. Athletes will be assigned bib numbers and are requested to remove their tags at the conclusion of their race. Our computer will score each race and official results will be posted soon after. All athletes must be registered in order to participate. Absolutely no "unofficial" entries are permitted. Runners without bib numbers are not allowed to race.

#### **ENTRIES**

Enter all athletes on *MileSplitCA* <a href="https://ca.milesplit.com">https://ca.milesplit.com</a>. Be sure to spell names correctly, plus provide their year in school. The meet management program will score the individuals in the race they run. Top seven from each team are scored. The first five individuals score, the next two displace. <a href="All VARSITY">All VARSITY</a> races are limited to seven individuals. All other races have unlimited entries. Please be mindful that entry fees are based on seven person teams. Numbers beyond seven individuals within a race must pay an additional cost of \$20/person. <a href="Additionally">Additionally</a>, please do not enter athletes who will not compete. Entries will be limited to the first 2000 athletes entered. By editing your entries the process of splitting the races will be easier to determine, and allow more teams to be able to compete.

**NO ENTRY CHANGES WILL BE MADE ON RACE DAY!** If you have an athlete that you want to run Varsity, but entered in the Junior Varsity race, simply run the athlete in the Varsity race because he/she is already in the database. If you have an athlete that is <u>not</u> entered in any race, but would like to run him/her IN PLACE OF an athlete who is entered, simply have the

athlete wear the race number of the person he is replacing. Coaches will have to remember that the originally entered runner was replaced.

# **ENTRY FEE CALCULATOR**

SCHOOL COACH			
DIV	ISION TEAM (\$	125) INDIVIDUAL (S	\$25) FEE (TOTAL)
Freshmen Boys	S		
Soph Boys			
JV Boys			
Varsity Boys			
Frosh/Soph Gir	ls		
JV Girls			
Varsity Girls			
TOTALS			
You may enter a	a team in any D	ivision with more tha	an seven runners,

You may enter a team in any Division with more than seven runners, with the

exception of the Boys and Girls Varsity. Awards will only be given out to your top

seven runners if your team should win.

FEES \$ 125.00 Team

\$ 25.00 Individual

\$ 400.00 Maximum

#### **MAIL CHECKS TO:**

Junipero Serra High School Attn: Ron DiMaggio Jr., Serra Cross Country 451 West 20th Ave. San Mateo, CA 94403

## **INQUIRIES:**

#### Ron DiMaggio Jr., Head Coach

rdimaggio@serrahs.com (650) 345-2407, ext. 6555

## **ENTRY DEADLINE:**

# No race day entries will be accepted.

We look forward to seeing you on **October 2nd 2021** at Crystal Springs in Belmont!

Sincerely,

Ron DiMaggio Jr.



#### MileSplit/Record Timing Onboarding Quick Start Guide

In 2021, MileSplit will be the exclusive registration platform for Record Timing for all regular season qualifying meets and postseason meets. Onboarding onto MileSplit can be easily accomplished in three quick and easy steps. Claiming your team, updating your roster, and then entering into meets!

#### **Claiming Team**

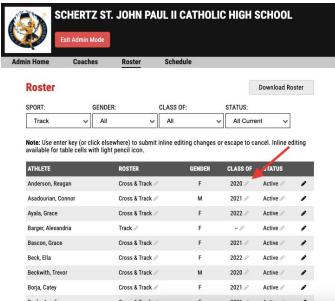
- 1. If you do not already have an account, create a free one at https://ca.milesplit.com/register
- 2. Once your account is created go to <a href="https://ca.milesplit.com/teams">https://ca.milesplit.com/teams</a>
- 3. Find your team on the list, click on it, and click the claim team button.

Helpful Article/Video: https://support.milesplit.com/en/a/how-do-i-claim-my-team

#### **Updating Your Roster**

Update your roster to reflect this year's list of athletes. I.e. Update grad years so that athletes have graduated are removed from your active roster, change their status to inactive if they quit the team, moved away, etc.

Article/Video: https://support.milesplit.com/en/a/how-do-i-edit-my-teams-roster



#### **Entering a Meet**

Once you have claimed your team and made sure your roster is up to date, you are ready to register your team for meets! The walkthrough guide below will take you through the process step-by-step.

Article/Video: https://support.milesplit.com/en/a/how-do-i-enter-my-team-in-a-meet

\*\*\*If you need any further assistance, please contact registration@milesplit.com.