

THE MONTEREY BAY INVITATIONAL

TORO COUNTY PARK

SATURDAY September 10, 2022

It is our privilege to invite you and your athletes to the 22nd annual Monterey Bay Invitational. The 3.0 mile Championship course encompasses grass, wide dirt trails, long winding paths and challenging hills. The course has gained the reputation of one of the best places to race and is the alternating site of the CCS Championships. The park has picnic and BBQ areas, bathrooms, and large grass play areas nestled among hundreds of giant oak trees.

This year we will also be introducing a 2 mile "short course" for beginners and runners that need a little shorter race before transitioning to the longer distances.

SCHEDULE:

2 mile Short Course

Boys @ 8:30

Girls @ 8:45

3 mile Championship Course

Varsity Boys @ 9:15 am

Varsity Girls @ 9:45 am

Frosh/Soph Boys @ 10:15 am

Frosh/Soph Girls @ 10:45 am

JV Boys @ 11:30 am

JV Girls @ 12:00 pm

AWARDS:

Individual medals Top 10, all races.

ENTRY FEES:

\$400.00 school max, \$10.00 per individual, \$25.00 minimum.

Make checks payable to: NORTH SALINAS HIGH SCHOOL CROSS COUNTRY

ENTRY DEADLINE:

All entries are due by Wednesday, September 7, 2022 at 11:59 p.m. All entries must be entered through athletic.net. Contact Josh Small (meet director) at joshua.small@salinasuhsd.org if you have any questions.

PARKING:

All vehicles and pedestrians entering the park are subject to the current Monterey County Parks admission fees. Concessions and T-shirts will be available!