

**2022 – 2023 CROSS COUNTRY
SANTA CLARA VALLEY ATHLETIC LEAGUE
DE ANZA DIVISION / EL CAMINO DIVISION**

1.20.22

De Anza Division Teams:

Cupertino, Fremont, Homestead, Los Gatos, Lynbrook, Monta Vista, Saratoga

El Camino Division Teams:

Gunn, Los Altos, Macdonald, Milpitas, Mountain View, Palo Alto, Santa Clara, Wilcox

Tuesday, September 20 (PA)

*Meet #1 @
Baylands Start Time:
3:15

Tuesday, October 4 (MV)

*Meet #2 @ Crystal
Springs Start Time: 3:15

Tuesday, October 18(LA)

*Meet #3 @ Baylands
Start Time: 3:15

Tuesday, November 1(ALL)

SCVAL League Finals @
Crystal Springs
Start Time: 1:45

*OR a Super Saturday event at a school site if one of these venues are unavailable....

ALL SCVAL SCHOOLS MUST PARTICIPATE IN THESE EVENTS

Meet Limit	13	
Start Date	August 5	
Pre League Meeting	August 17	5:30 PM @ Saratoga High
First Scrimmage Allowed	August 19	
First Contact Allowed	August 25	
Last SCVAL Event Allowed	November 5	
CCS Entries Due	November 7	By 12:00 noon
CCS Event Finals	November 12	TBA
Post League Meeting	November 10	6:00 PM @ FUHSD DO
CIF State Finals	TBA	TBA
CCS Evaluation Meeting	November 29	CCS Office
Playing Days	Tuesday, Thursday, Saturday	
Starting Times	Various	
Chairpersons:	Paul Armstrong (Cupertino) DA	Stephanie MacKenzie (Los Altos) EC
AD Liason	Rick Ellis (Saratoga)	
SCVAL Commisioner	Brad Metheany	
CCS	(408) 224-2994	Fax (408) 224-0476
SCVAL Website	www.scval.com	Report score 408-809-1952