

2022-2023 XC Team Entries

BOYS	Division I	Division II	Division III	Division IV	Division V
Central	3	2	3	2	2
Central Coast	2	3	2	3	3
Los Angeles	2	1	1	1	1
North Coast	2	4	4	3	5
Northern	0	0	1	2	1
Oakland	*	*	*	*	*
Sac-Joaquin	3	3	3	3	2
San Diego	2	3	3	3	3
San Francisco	*	*	*	*	*
Southern	7	7	7	7	7
TOTAL	21	23	24	24	24
GIRLS	Division I	Division II	Division III	Division IV	Division V
Central	3	2	2	2	2
Central Coast	3	3	2	3	4
Los Angeles	2	1	1	1	1
North Coast	2	3	4	3	5
Northern	0	0	1	2	1
Oakland	*	*	*	*	*
Sac-Joaquin	2	4	3	3	2
San Diego	2	3	4	3	2
San Francisco	*	*	*	*	*
Southern	7	7	7	7	7
TOTAL	21	23	24	24	24

*Oakland and San Francisco each earn 1 team entry per gender. The team division will be determined based upon their respective Section divisional placement.



CIF - CENTRAL COAST SECTION

CONFERENCE & LEAGUE ALIGNMENT BY SPORT

2022-23

CENTRAL CONFERENCE (50)

BVAL 26 schools
 SCVAL 15 schools
 WCAL 9 schools

NORTHERN CONFERENCE (52)

PAL 17 schools
 PSAL 23 schools
 WBAL 12 schools

SOUTHERN CONFERENCE (39)

PCAL 32 schools
 SCCAL 7 schools

ASSOCIATE MEMBERS (17):

Apostles Lutheran	Granada Islamic High School	Rise University Prep
Avenues - Silicon Valley	German International School of Silicon Valley	Silicon Valley International
BASIS Independent Silicon Valley	Kahn Lab School	Stratford Prep
Chartwell	KIPP Esperanza High School	St. Abraham's Classic Christian Academy
Denali - Summit Public Schools	Monterey Bay Academy	Waldorf School of the Peninsula
Everest Public	Oxford Day Academy	

FALL SPORTS

CROSS COUNTRY

<u>CROSS COUNTRY</u>					
<u>BVAL</u>			<u>PAL</u>		
<u>Mt. Hamilton</u>	<u>Santa Teresa - West</u>	<u>Santa Teresa - East</u>	<u>West Valley</u>	<u>Aragon</u>	<u>Mills</u>
Evergreen Valley	Branham	Andrew Hill	Del Mar	Burlingame	Oceana
Leland	Independence	Christopher	Gunderson	Capuchino	San Mateo
Piedmont Hills	Leigh	Gilroy	Mt. Pleasant	Carlmont	Sequoia
Pioneer	Lincoln	James Lick	Overfelt	El Camino	South San Francisco
Prospect	Oak Grove	Sobrato	San Jose	Half Moon Bay	Terra Nova
Santa Teresa	Yerba Buena	Silver Creek	Live Oak	Hillsdale	Westmoor
Westmont				Jefferson	Woodside
Willow Glen				Menlo-Atherton	
<u>PCAL</u>			<u>SCVAL</u>		
<u>Gabilan</u>	<u>Mission</u>	<u>Cypress</u>	<u>Santa Lucia</u>	<u>De Anza</u>	<u>El Camino</u>
Alisal	Alvarez	Greenfield	Anzar	Cupertino	Gunn
Carmel	Gonzales	Marina	CEIBA	Fremont	Los Altos
Monte Vista Christian (B)	King City	Notre Dame (G)	Kirby	Homestead	MacDonald
Monterey	Monte Vista Christian (G)	Palma (B)	Oakwood	Los Gatos	Milpitas
North Monterey County (B)	Monterey (B)	Seaside	Pacific Point	Lynbrook	Mountain View
Pacific Collegiate (G)	North Salinas	Trinity Christian	Pajaro Valley	Monta Vista	Palo Alto
Rancho San Juan	Pacific Collegiate (B)	York	St. Francis SCP	Saratoga	Santa Clara
Hollister	Pacific Grove				Wilcox
Stevenson (B)	Salinas				
Watsonville (G)	Santa Catalina (G)				
	Soledad				
	Stevenson (G)				
	Watsonville (B)				
<u>SCCAL</u>	<u>Bay</u>	<u>PSAL</u>	<u>South</u>	<u>WBAL</u>	<u>WCAL</u>
Aptos	Nueva	<u>North</u>	ACE	Castilleja (G)	Archbishop Mitty
Harbor	Downtown College Prep	East Palo Alto Academy	Cindy Avitia	Crystal Springs Uplands	Archbishop Riordan
Mt. Madonna	Design Tech	Kehillah Jewish	Cristo Rey SJ SJ	Eastside College Prep	Bellarmino (B)
Santa Cruz	KIPP	Mid-Peninsula	DCP - Alum Rock	Harker	Junipero Serra (B)
San Lorenzo Valley	Latino College Prep	Mountain View Academy	KIPP - Navigate	King's Academy	Presentation (G)
Scotts Valley	Thomas More	Pacific Bay Christian	Luis Valdez	Menlo School	St. Francis
Soquel	University Prep	San Francisco Christian	Pescadero	Mercy (Burlingame) (G)	St. Ignatius
		Summit Prep	Summit Tahoma	Notre Dame (Belmont) (G)	Sacred Heart Cathedral
		Summit Shasta	Thomas More	Notre Dame (SJ) (G)	Valley Christian
				Pinewood	
				Priory	
				Sacred Heart Prep	

FIELD HOCKEY

<u>BVAL</u>	<u>SCVAL</u>	<u>PCAL</u>
Mt. Hamilton Branham Christopher Gilroy Leigh Westmont Willow Glen	De Anza Archbishop Mitty Homestead Los Altos Los Gatos Palo Alto St. Francis St. Ignatius Saratoga	El Camino Cupertino Fremont Lynbrook Monta Vista Presentation Santa Clara Valley Christian Wilcox
Santa Teresa Del Mar Leland Live Oak Prospect Sobrato		Carmel Greenfield Monterey North Salinas Notre Dame (Salinas) Salinas Hollister Santa Catalina Stevenson York

FOOTBALL

<u>BVAL</u>	<u>PCAL</u>	<u>PAL</u>
Mt. Hamilton (A) Christopher Leland Lincoln Live Oak Oak Grove Santa Teresa	Santa Teresa - Foothill (B) Branham Gilroy Independence Piedmont Hills Pioneer Silver Creek	Gabilan (A) Alisal Aptos Alvarez Hollister Palma Salinas Santa Cruz
Santa Teresa - Valley (B) Gunderson Leigh Overfelt Prospect Sobrato Westmont	West Valley (C) Andrew Hill Del Mar Evergreen Valley James Lick Mt. Pleasant San Jose Willow Glen Yerba Buena	Mission (B) Carmel Monterey Monte Vista Christian North Salinas Scotts Valley Seaside Soquel
	Cypress (B) King City North Monterey County Pacific Grove Rancho San Juan St. Francis SCP Soledad Watsonville	Bay (A) Aragon Burlingame Half Moon Bay Menlo Menlo-Atherton Sacred Heart Prep
	Santa Lucia (C) Gonzales Greenfield Harbor Marina Pajaro Valley San Lorenzo Valley Stevenson	De Anza (A) Homestead Los Gatos Milpitas Mountain View Palo Alto Wilcox
		Ocean (B) Capuchino Carlmont Hillsdale Jefferson San Mateo Terra Nova
		Lake (C) El Camino Fremont Lynbrook Mills Monta Vista Saratoga S. San Francisco Woodside
		WCAL (A) Archbishop Mitty Archbishop Riordan Bellamine Junipero Serra Sacred Heart Cathedral St. Francis St. Ignatius Valley Christian
Independent: Harker		
8-Man Football: PCAL: Anzar, Crystal Spring Uplands, Pinewood, Priory, Trinity Christian		

FALL SOCCER

<u>PSAL</u>
Kehillah Jewish Mid-Peninsula
North Valley Baptist Pacific Bay Christian
Pescadero San Francisco Christian

GIRLS GOLF

<u>BVAL</u>	<u>PAL</u>	<u>PCAL</u>
Mt. Hamilton Christopher Evergreen Valley Gilroy Leigh Leland Silver Creek	Bay Aragon Carlmont Hillsdale Menlo-Atherton Mills San Mateo	Gabilan Carmel Salinas Hollister Santa Catalina Stevenson
Santa Teresa Independence Lincoln Live Oak Piedmont Hills Santa Teresa Sobrato	Ocean Burlingame Capuchino El Camino Half Moon Bay Sequoia South San Francisco Woodside	Mission Alisal Alvarez Anzar King City Monterey North Monterey County Watsonville
SCCAL Aptos Harbor San Lorenzo Valley Santa Cruz Scotts Valley	De Anza Gunn Los Altos Lynbrook Monta Vista Palo Alto Saratoga	WBAL Castilleja Harker Menlo Mercy (Burlingame) Notre Dame (Belmont) Notre Dame (San Jose) Sacred Heart Prep
	SCVAL El Camino Cupertino Homestead Los Gatos Mountain View Santa Clara Wilcox	WCAL Archbishop Mitty Archbishop Riordan Presentation Sacred Heart Cathedral St. Francis St. Ignatius Valley Christian

GIRLS TENNIS

<u>MT. HAMILTON</u> Branham Evergreen Valley Leigh Leland Silver Creek Westmont		<u>Santa Teresa - West</u> Gunderson Lincoln Pioneer Prospect Willow Glen Yerba Buena	<u>BVAL</u> <u>Santa Teresa - East</u> Andrew Hill Live Oak Oak Grove Piedmont Hills Santa Teresa Sobrato	<u>West Valley</u> Christopher Del Mar Gilroy Independence Mt. Pleasant Overfelt San Jose	<u>SCCAL</u> Aptos Harbor San Lorenzo Valley Santa Cruz Scotts Valley Soquel
<u>Bay</u> Aragon Burlingame Carlmont Half Moon Bay Hillsdale Menlo-Atherton San Mateo Woodside	<u>PAL</u> <u>Ocean</u> Capuchino El Camino Mills Oceana Sequoia South San Francisco Terra Nova Westmoor	<u>Gabilan</u> Carmel Monterey Pacific Grove Salinas Santa Catalina Stevenson	<u>PCAL</u> <u>Mission</u> Alisal Alvarez Hollister North Salinas Notre Dame (Salinas) Watsonville York	<u>Cypress</u> Gonzales Monte Vista Christian Oakwood Pajaro Valley Rancho San Juan St. Francis SCP	
<u>De Anza</u> Cupertino Gunn Homestead Los Altos Monta Vista Mountain View Palo Alto	<u>SCVAL</u> <u>El Camino</u> Fremont Los Gatos Lynbrook Milpitas Santa Clara Saratoga Wilcox	<u>Foothill</u> Castilleja Crystal Springs Harker Menlo Notre Dame (Belmont) Sacred Heart Prep	<u>WBAL</u> <u>Skyline</u> King's Academy Mercy Notre Dame (San Jose) Nueva Pinewood Priory	<u>WCAL</u> Archbishop Mitty Presentation Sacred Heart Cathedral St. Francis St. Ignatius Valley Christian	
<u>Independent:</u> Archbishop Riordan					

GIRLS VOLLEYBALL

<u>MT. HAMILTON (B)</u> Branham Evergreen Valley Leigh Leland Westmont Sobrato	<u>BVAL</u> <u>Santa Teresa - West (B)</u> Del Mar Lincoln Pioneer Prospect Willow Glen Yerba Buena	<u>Santa Teresa - East (B)</u> Andrew Hill Christopher Gilroy Piedmont Hills Santa Teresa Silver Creek	<u>West Valley (C)</u> Gunderson Independence James Lick Live Oak Mt. Pleasant Oak Grove Overfelt San Jose	<u>Bay (B)</u> Design Tech Nueva Pacific Bay Christian Summit Shasta Thomas More University Prep	<u>PSAL</u> <u>North (C)</u> East Palo Alto Academy Kehillah KIPP Navigate Mid-Peninsula Mountain View Academy Pescadero San Francisco Christian Summit Prep	<u>South (C)</u> Ace Charter Cristo Rey SJ Downtown College Prep DCP - Alum Rock KIPP Latino College Prep Luis Valdez Summit Tahoma
<u>Bay (A)</u> Aragon Burlingame Carlmont Half Moon Bay Hillsdale Menlo-Atherton Sequoia Terra Nova	<u>PAL</u> <u>Ocean (B)</u> Capuchino El Camino Jefferson Mills San Mateo South San Francisco Westmoor Woodside	<u>Gabilan (A)</u> Alisal Carmel Alvarez Hollister Notre Dame (Salinas) Salinas Santa Catalina	<u>Mission (B)</u> King City Monterey Monte Vista Christian North Salinas Pacific Grove Stevenson Watsonville	<u>PCAL</u> <u>Cypress (B)</u> Gonzales North Monterey County Pacific Collegiate Pajaro Valley Rancho San Juan Seaside St. Francis SCP Soledad	<u>Santa Lucia (C)</u> Anzar Greenfield Kirby Marina Oakwood Pacific Point Trinity Christian York	
<u>SCCAL (A)</u> Aptos Harbor Mt. Madonna San Lorenzo Val Santa Cruz Scotts Valley Soquel	<u>De Anza (A)</u> Cupertino Gunn Los Altos Los Gatos Monta Vista Mountain View Palo Alto	<u>SCVAL</u> <u>El Camino (B)</u> Fremont Homestead Lynbrook MacDonald Milpitas Santa Clara Saratoga Wilcox	<u>Foothill (A)</u> Castilleja Menlo Mercy Notre Dame (Belmont) Notre Dame (San Jose) Sacred Heart Prep	<u>WBAL</u> <u>Skyline (B)</u> Crystal Springs Uplands Eastside College Prep Harker King's Academy Pinewood Priory	<u>WCAL (A)</u> Archbishop Mitty Presentation Sacred Heart Cathedral St. Francis St. Ignatius Valley Christian	
<u>Independent:</u> Archbishop Riordan						

BOYS WATER POLO

<u>BVAL</u>		<u>PAL</u>	
<u>Mt. Hamilton</u> Branham Leigh Leland Lincoln Pioneer Willow Glen	<u>Santa Teresa</u> Christopher Evergreen Valley Gilroy Gunderson Santa Teresa Sobrato	<u>West Valley</u> Independence Mt. Pleasant Prospect Silver Creek Westmont Yerba Buena	<u>Bay</u> Aragon Carlmont Hillsdale Menlo-Atherton Terra Nova Woodside
<u>Ocean</u> Burlingame Capuchino Half Moon Bay Mills Priory San Mateo Sequoia	<u>PCAL</u> Carmel Hollister Monterey Pacific Grove Palma Salinas Stevenson York	<u>SCCAL</u> Aptos Harbor San Lorenzo Valley Santa Cruz Soquel	<u>SCVAL</u> <u>De Anza</u> Gunn Harker Homestead Los Altos Los Gatos Lynbrook Palo Alto
<u>El Camino</u> Cupertino Fremont Mountain View Milpitas Monta Vista Santa Clara Saratoga Wilcox	<u>WCAL</u> Archbishop Mitty Bellarmine Junipero Serra Menlo Sacred Heart Prep St. Francis St. Ignatius Valley Christian		

GIRLS WATER POLO

<u>BVAL</u>		<u>PAL</u>	
<u>Mt. Hamilton</u> Branham Leigh Leland Lincoln Pioneer Willow Glen	<u>Santa Teresa</u> Christopher Evergreen Valley Gilroy Gunderson Santa Teresa Sobrato	<u>West Valley</u> Independence Mt. Pleasant Prospect Silver Creek Westmont Yerba Buena	<u>Bay</u> Aragon Burlingame Carlmont Menlo-Atherton Notre Dame (Belmont) Woodside
<u>Ocean</u> Capuchino Half Moon Bay Hillsdale Mercy Mills San Mateo Sequoia Terra Nova	<u>PCAL</u> Carmel Hollister Monterey Notre Dame (Salinas) Pacific Grove Salinas Santa Catalina Stevenson	<u>SCCAL</u> Aptos Harbor San Lorenzo Valley Santa Cruz Soquel	<u>SCVAL</u> <u>De Anza</u> Castilleja Gunn Harker Homestead Los Altos Los Gatos Lynbrook Palo Alto
<u>El Camino</u> Cupertino Fremont Mountain View Milpitas Monta Vista Santa Clara Saratoga Wilcox	<u>WCAL</u> Archbishop Mitty Menlo Presentation Sacred Heart Prep St. Francis St. Ignatius Valley Christian		

COMPETITIVE SPORT CHEER

BVAL

Branham Sequoia	Piedmont Hills Silver Creek	Pioneer Westmont	Prospect Wilcox	Santa Clara
--------------------	--------------------------------	---------------------	--------------------	-------------

BOYS SOCCER

BVAL

Mt. Hamilton (A) Branham Evergreen Valley Leigh Leland Lincoln Prospect Santa Teresa Willow Glen	Santa Teresa - West (B) Del Mar James Lick Overfelt Pioneer Westmont Yerba Buena	Santa Teresa - East (B) Andrew Hill Christopher Gilroy Live Oak Mt. Pleasant Sobrato	West Valley (C) Gunderson Independence Oak Grove Piedmont Hills San Jose Silver Creek
---	---	---	--

PSAL

North (C) Ace Charter Cristo Rey SJ Design Tech East Palo Alto Nueva Summit Prep Summit Shasta	South (C) Cindy Avitia Downtown College Prep DCP - Alum Rock KIPP KIPP Navigate Latino College Prep Luis Valdez Summit Tahoma
--	--

PAL

Bay (A) Aragon Burlingame Carlmont Hillsdale Menlo-Atherton Woodside	Ocean (B) Capuchino El Camino Half Moon Bay Sequoia San Mateo South San Francisco	Lake (C) Jefferson Mills Oceana Terra Nova Westmoor
---	--	---

SCCAL (B)

Aptos Harbor San Lorenzo Valley Santa Cruz Scotts Valley Soquel
--

SCVAL

De Anza (A) Gunn Homestead Los Altos Mountain View Palo Alto Santa Clara Wilcox	El Camino (B) Cupertino Fremont Los Gatos Lynbrook Milpitas Monta Vista Saratoga
---	--

PCAL

Gabilan (A) Alisal Alvarez Hollister North Salinas Salinas Soledad Watsonville	Mission (B) Carmel Greenfield King City Monterey Palma Seaside Stevenson	Cypress (B) Gonzales Marina Monte Vista Christian North Monterey County Pacific Grove Pajaro Valley Rancho San Juan	Santa Lucia (C) Anzar CEIBA Oakwood Pacific Collegiate St. Francis SCP Trinity Christian York
--	--	---	---

WBAL (B)

Crystal Springs Uplands Eastside College Prep Harker King's Academy Menlo Piority Sacred Heart Prep

WCAL (A)

Archbishop Mitty Archbishop Riordan Bellarmine Junipero Serra St. Francis St. Ignatius Sacred Heart Cathedral Valley Christian

GIRLS SOCCER

BVAL

Mt. Hamilton (A) Branham Christopher Leigh Leland Lincoln Pioneer Sobrato	Santa Teresa - West (B) James Lick Overfelt Prospect Santa Teresa Westmont Willow Glen	Santa Teresa - East (B) Evergreen Valley Gilroy Live Oak Mt. Pleasant Piedmont Hills Silver Creek	West Valley (C) Andrew Hill Del Mar Gunderson Independence Oak Grove San Jose Yerba Buena
---	---	--	---

PAL

Bay (A) Burlingame Carlmont Hillsdale Menlo-Atherton Sequoia Woodside	Ocean (B) Aragon Capuchino Half Moon Bay San Mateo South San Francisco Terra Nova	Lake (C) El Camino Jefferson Mills Oceana Westmoor
--	--	--

PCAL

Gabilan (B) Alisal Alvarez Hollister Monterey North Salinas Salinas Watsonville	Mission (B) Carmel Monte Vista Christian North Monterey County Pajaro Valley Pacific Collegiate Rancho San Juan Soledad	Cypress (C) King City Notre Dame Santa Catalina St. Francis SCP Seaside Stevenson York	Santa Lucia (C) Anzar CEIBA Gonzales Greenfield Marina Oakwood Pacific Grove Trinity Christian
---	---	--	---

PSAL

North (C) Ace Charter Cristo Rey SJ Design Tech East Palo Alto Nueva Summit Prep Summit Shasta	South (C) Cindy Avitia Downtown College Prep KIPP KIPP Navigate Latino College Prep Luis Valdez Summit Tahoma Thomas More
--	--

SCCAL (B)

Aptos Harbor San Lorenzo Valley Santa Cruz Scotts Valley Soquel
--

SCVAL (A)

De Anza Gunn Homestead Los Altos Mountain View Palo Alto Santa Clara Saratoga	El Camino (B) Cupertino Fremont Los Gatos Lynbrook Milpitas Monta Vista Wilcox
---	--

Foothill (B)

Harker Menlo Notre Dame (Belmont) Notre Dame (SJ) Piority Sacred Heart Prep
--

WBAL

Skyline (C) Castilleja Crystal Springs Uplands Eastside College Prep King's Academy Mercy Pinewood

WCAL (A)

Archbishop Mitty Bellarmine Junipero Serra St. Francis St. Ignatius Sacred Heart Cathedral Valley Christian

Independent (C)

Archbishop Riordan

WRESTLING

<u>BVAL</u>				<u>PCAL</u>		
<u>Mt. Hamilton</u>	<u>Santa Teresa - West</u>	<u>Santa Teresa - East</u>	<u>West Valley</u>	<u>Gabilan</u>	<u>Mission</u>	<u>Cypress</u>
Evergreen Valley	Branham	Andrew Hill	Independence	Alisal	Alvarez	Gonzales
Gilroy	Christopher	Gunderson	James Lick	Hollister	Carmel	Greenfield
Leland	Del Mar	Live Oak	Mt. Pleasant	Monterey	King City	Pacific Grove
Santa Teresa	Leigh	Overfelt	Oak Grove	Monte Vista Christian	North Monterey County	Pajaro Valley
Silver Creek	Lincoln	Piedmont Hills	San Jose	Palma	North Salinas	Rancho San Juan
Sobrato	Prospect	Pioneer	Yerba Buena	Salinas	Soledad	St. Francis SCP
Westmont	Willow Glen				Watsonville	

<u>PAL</u>		<u>SCCAL</u>	<u>SCVAL</u>		<u>WCAL</u>
<u>Bay</u>	<u>Ocean</u>		<u>De Anza</u>	<u>El Camino</u>	
Burlingame	Aragon	Aptos Harbor	Cupertino	Gunn	Archbishop Mitty
Capuchino	El Camino	San Lorenzo Valley	Fremont	Homestead	Archbishop Riordan
Carlmont	Mills	Santa Cruz	Los Gatos	Los Altos	Bellarmino
Half Moon Bay	Oceana	Scotts Valley	Lynbrook	Milpitas	Junipero Serra
Hillsdale	Sequoia	Soquel	Mountain View	Monta Vista	St. Francis
Menlo-Atherton	South San Francisco		Palo Alto	Santa Clara	St. Ignatius
San Mateo	Woodside		Wilcox	Saratoga	Sacred Heart Cathedral
Terra Nova					Valley Christian

SPRING SPORTS

BADMINTON

<u>BVAL</u>				<u>PAL</u>		<u>SCVAL</u>	
<u>Mt. Hamilton</u>	<u>Santa Teresa - West</u>	<u>Santa Teresa - East</u>	<u>West Valley</u>	<u>Bay</u>	<u>Ocean</u>	<u>De Anza</u>	<u>El Camino</u>
Andrew Hill	Branham	Gunderson	Christopher	Aragon	Capuchino	Cupertino	Fremont
Evergreen Valley	Del Mar	Mt. Pleasant	James Lick	Burlingame	Hillsdale	Lynbrook	Gunn
Independence	Leigh	Oak Grove	Lincoln	Carlmont	Jefferson	Milpitas	Homestead
Leland	Pioneer	Overfelt	Live Oak	El Camino	Sequoia	Monta Vista	Los Altos
Archbishop Mitty	Prospect	Santa Teresa	San Jose	Menlo-Atherton	South San Francisco	Palo Alto	Los Gatos
Piedmont Hills	Westmont	Yerba Buena	Sobrato	Mills	Terra Nova	Saratoga	Mountain View
Silver Creek			Willow Glen	San Mateo	Woodside	Wilcox	Santa Clara
Valley Christian				Westmoor			

Independent: Nueva

BOYS GOLF

<u>BVAL</u>			<u>PAL</u>			<u>SCVAL</u>	
<u>Mt. Hamilton</u>	<u>Santa Teresa</u>	<u>West Valley</u>	<u>Bay</u>	<u>Ocean</u>	<u>DeAnza</u>	<u>El Camino</u>	
Branham	Gilroy	Andrew Hill	Aragon	Capuchino	Cupertino	Fremont	
Christopher	Independence	Del Mar	Burlingame	El Camino	Los Altos	Gunn	
Evergreen Valley	Lincoln	Gunderson	Carlmont	Half Moon Bay	Los Gatos	Homestead	
Leigh	Live Oak	Mt. Pleasant	Hillsdale	Mills	Lynbrook	Milpitas	
Leland	Prospect	Oak Grove	Menlo-Atherton	South San Francisco	Monta Vista	Mountain View	
Pioneer	Sobrato	Piedmont Hills	San Mateo	Terra Nova	Palo Alto	Santa Clara	
Santa Teresa	Westmont	Silver Creek	Sequoia		Saratoga	Wilcox	
Willow Glen		Yerba Buena	Woodside				

<u>Gabilan</u>	<u>Mission</u>	<u>Cypress</u>	<u>SCCAL</u>		<u>WBAL</u>	<u>WCAL</u>
TBD	TBD	TBD	Aptos	Harbor	Crystal Springs Uplands	Archbishop Mitty
			San Lorenzo Valley	Santa Cruz	Harker	Archbishop Riordan
			Scotts Valley	Soquel	Menlo	Bellarmino
					Pinewood	Junipero Serra
					Sacred Heart Prep	Sacred Heart Cathedral
					The Kings Academy	St. Francis
						St. Ignatius
						Valley Christian

BASEBALL

BASEBALL				
Mt. Hamilton (A) TBD	Santa Teresa (B) TBD	BVAL Santa Teresa (B) TBD	West Valley (C) TBD	PSAL (C) Design Tech DCP - Alum Rock North Valley Baptist Pacific Bay Christian Pescadero Pinewood Summit Shasta Thomas More
Bay (A) Aragon Burlingame Capuchino Carlmont Half Mon Bay King's Academy Menlo-Atherton Sequoia	PAL Ocean (B) El Camino Hillsdale Menlo Mills Sacred Heart Prep San Mateo Terra Nova Woodside	Lake (C) Crystal Spring Uplands Harker Jefferson PRIORITY South San Francisco Westmoor	De Anza (A) Gunn Homestead Los Altos Mountain View Palo Alto Santa Clara Wilcox	SCVAL El Camino (B) Cupertino Fremont Lynbrook Milpitas Monta Vista Saratoga MacDonald
Gabilan (A) Carmel Hollister Monterey Pacific Grove Palma Salinas Soledad St. Francis SCP	PCAL Mission (B) Alisal Alvarez King City Monte Vista Christian North Monterey County North Salinas Rancho San Juan Stevenson Watsonville	Cypress (C) Anzar Gonzales Greenfield Marina Pajaro Valley Seaside Trinity	SCCAL (A) Aptos Harbor San Lorenzo Valley Santa Cruz Scotts Valley Soquel	WCAL (A) Archbishop Mitty Archbishop Riordan Bellarmine Junipero Serra Sacred Heart Cathedral St. Francis St. Ignatius Valley Christian

GYMNASTICS

GYMNASTICS				
SCVAL				
Christopher Cupertino Gilroy	Half Moon Bay Homestead Los Altos	Mercy Mountain View Pinewood	St. Francis Wilcox	

BOYS LACROSSE

BOYS LACROSSE				
BVAL Christopher Leland Live Oak Pioneer Sobrato	PAL Aragon Burlingame Carlmont Hillsdale Menlo-Atherton Priority Sequoia Woodside	Gabilan TBD	PCAL Mission TBD	WCAL Archbishop Mitty Bellarmine Junipero Serra Menlo Sacred Heart Prep Sacred Heart Cathedral St. Francis St. Ignatius
Independent: Latino College Prep				

GIRLS LACROSSE

GIRLS LACROSSE					
BVAL Gilroy Leland Lincoln Live Oak Pioneer Sobrato Willow Glen	PCAL TBD	SCVAL Gunn Los Altos Los Gatos Mountain View Palo Alto Saratoga Wilcox	Foothill Archbishop Mitty Menlo Menlo-Atherton Sacred Heart Prep St. Francis St. Ignatius	WBAL Skyline Aragon Burlingame Carlmont Hillsdale Priority Sequoia Woodside	Alpine Castilleja Crystal Springs Uplands Harker Mercy Notre Dame (Belmont) Notre Dame (San Jose) Presentation Sacred Heart Cathedral

SOFTBALL

SOFTBALL				
Mt. Hamilton (A) Branham Gilroy Leland Live Oak Pioneer Santa Teresa Westmont Willow Glen		Santa Teresa - West (B) Del Mar Leigh Lincoln Overfelt Piedmont Hills Prospect		BVAL Santa Teresa - East (B) Christopher Evergreen Valley Mt. Pleasant Oak Grove Silver Creek Sobrato
				West Valley (C) Andrew Hill Gunderson Independence James Lick San Jose Yerba Buena
PSAL (C) Ace Design Tech DCP - Alum Rock KIPP Latino College Prep Luis Valdez Pacific Bay Christian				
Bay (A) Aragon Burlingame Capuchino Carlmont Hillsdale San Mateo Sequoia Woodside		PAL Ocean (C) El Camino Half Moon Bay Jefferson Menlo-Atherton Mills South San Francisco Terra Nova	Gabilan (A) Alvarez Hollister Monterey North Monterey County North Salinas Notre Dame (Salinas) Salinas Watsonville	PCAL Mission (B) Carmel Gonzales Greenfield King City Pacific Grove Santa Catalina St. Francis SCP Stevenson
Cypress (C) Alisal Anzar Marina Monte Vista Christian Pajaro Valley Rancho San Juan Seaside Soledad Trinity Christian				
SCCAL (B) Aptos Harbor San Lorenzo Valley Santa Cruz Scotts Valley Soquel		De Anza (A) Cupertino Homestead Los Altos Los Gatos Milpitas Mountain View Wilcox	SCVAL El Camino (B) Fremont Gunn Lynbrook Monta Vista Palo Alto Santa Clara	WBAL (C) Castilleja Mercy Notre Dame (Belmont) Notre Dame (San Jose) King's Academy
WCAL (A) Archbishop Mitty Presentation Sacred Heart Cathedral St. Francis St. Ignatius Valley Christian				

SWIMMING & DIVING

SWIMMING & DIVING						
Mt. Hamilton Evergreen Valley Leigh Leland Pioneer Santa Teresa Sobrato Willow Glen		Santa Teresa Branham Christopher Gilroy Piedmont Hills Prospect Silver Creek Westmont		BVAL Mt. Umunhum Del Mar Gunderson Independence Lincoln Live Oak Yerba Buena	West Valley Andrew Hill James Lick Mt. Pleasant Oak Grove Overfelt San Jose	
				Gabilan TBD	PCAL Mission TBD	Cypress TBD
Bay Aragon Burlingame Carlmont Menlo-Atherton Mills San Mateo Sequoia Woodside		PAL Ocean Capuchnio El Camino Half Moon Bay Hillsdale Jefferson Oceana South San Francisco Terra Nova Westmoor	SCCAL Aptos Harbor San Lorenzo Valley Santa Cruz Scotts Valley Soquel	De Anza Gunn Homestead Los Altos Los Gatos Monta Vista Palo Alto Saratoga	SCVAL El Camino Cupertino Fremont Lynbrook Milpitas Palo Alto Santa Clara Wilcox	WBAL Castilleja (G) Crystal Springs Harker King's Academy Menlo Mercy (G) Notre Dame (Belmont) (G) Notre Dame (San Jose) (G) Nueva Pinewood Priory Sacred Heart Prep
WCAL Archbishop Mitty Archbishop Riordan Bellarmine (B) Junipero Serra (B) Presentation (G) Sacred Heart Cathedral St. Francis St. Ignatius Valley Christian						

BOYS TENNIS

BOYS TENNIS						
<u>Mt. Hamilton</u> Branham Evergreen Valley Leigh Leland Prospect Westmont	<u>Santa Teresa - West</u> Independence Lincoln Piedmont Hills Pioneer Willow Glen Yerba Buena	<u>BVAL</u> <u>Santa Teresa - East</u> Christopher Gilroy Oak Grove Santa Teresa Silver Creek Sobrato	<u>West Valley</u> Andrew Hill Del Mar Live Oak Mt. Pleasant Overfelt San Jose	<u>Bay</u> Aragon Burlingame Carlmont Half Moon Bay Hillsdale Menlo-Atherton Mills San Mateo	<u>PAL</u> <u>Ocean</u> Capuchino El Camino Oceana Sequoia Westmoor Woodside	<u>SCCAL</u> Aptos Harbor San Lorenzo Valley Santa Cruz Scotts Valley Soquel
<u>Gabilan</u> TBD	<u>PCAL</u> <u>Mission</u> TBD	<u>De Anza</u> Cupertino Gunn Homestead Los Altos Monta Vista Mountain View Saratoga	<u>SCVAL</u> <u>El Camino</u> Fremont Los Gatos Lynbrook Milpitas Palo Alto Santa Clara Wilcox	<u>WBAL</u> Crystal Springs Uplands Harker King's Academy Menlo Nueva Pinewood Sacred Heart Prep	<u>WCAL</u> Archbishop Mitty Archbishop Riordan Bellarmine Junipero Serra Sacred Heart Cathedral St. Francis St. Ignatius Valley Christian	

TRACK & FIELD

TRACK & FIELD						
<u>Mt. Hamilton</u> Branham Leigh Leland Pioneer Santa Teresa Silver Creek Westmont Willow Glen	<u>Santa Teresa - West</u> Andrew Hill Independence James Lick Lincoln Piedmont Hills Prospect	<u>BVAL</u> <u>Santa Teresa - East</u> Christopher Evergreen Valley Gilroy Live Oak Oak Grove Sobrato	<u>West Valley</u> Del Mar Gunderson Mt. Pleasant Overfelt San Jose Yerba Buena	<u>De Anza</u> Gunn Homestead Los Altos Los Gatos Lynbrook Milpitas Palo Alto	<u>SCVAL</u> <u>El Camino</u> Cupertino Fremont Monta Vista Mountain View Santa Clara Saratoga Wilcox	<u>SCCAL</u> Aptos Harbor Mt. Madonna San Lorenzo Valley Santa Cruz Scotts Valley Soquel
<u>Gabilan</u> TBD	<u>PCAL</u> <u>Mission</u> TBD	<u>Cypress</u> TBD	<u>Bay</u> Aragon Carlmont Menlo-Atherton Mills San Mateo Sequoia Westmoor Woodside	<u>PAL</u> <u>Ocean</u> Burlingame Capuchino El Camino Jefferson Half Moon Bay Hillsdale Oceana South San Francisco Terra Nova	<u>WBAL</u> Castilleja (G) Crystal Springs Uplands Eastside College Prep Harker King's Academy Menlo Mercy (G) Notre Dame (Belmont) (G) Notre Dame (San Jose) (G) Pinewood Priory Sacred Heart Prep	<u>WCAL</u> Archbishop Mitty Archbishop Riordan Bellarmine (B) Junipero Serra (B) Presentation (G) Sacred Heart Cathedral St. Francis St. Ignatius Valley Christian
Ace KIPP SJ Collegiate San Francisco Christian	Cindy Avitia Latino College Prep Summit Prep	Cristo Rey SJ Luis Valdez Summit Shasta	<u>PSAL</u> Design Tech Mid-Peninsula Summit Tahoma	Downtown College Prep Nueva Thomas More	East Palo Alto Academy Pacific Bay Christian University Prep	Kehillah Jewish Pescadero

BOYS VOLLEYBALL

BOYS VOLLEYBALL					
<u>BVAL</u>		<u>PAL</u>		<u>PCAL</u>	
<u>Mt. Hamilton (B)</u>	<u>Santa Teresa (C)</u>	<u>West Valley (C)</u>	<u>Bay (C)</u>	<u>Ocean (C)</u>	<u>Gabilan (B)</u>
Branham	Del Mar	Andrew Hill	Aragon	Capuchino	Carmel
Christopher	Gilroy	Gunderson	Burlingame	El Camino	Hollister
Evergreen Valley	Piedmont Hills	Lincoln	Carlmont	Mills	Kirby
Independence	Pioneer	Live Oak	Hillsdale	Sequoia	Monterey
Leigh	Silver Creek	Mt. Pleasant	Menlo-Atherton	South San Francisco	Pacific Collegiate
Leland	Sobrato	Oak Grove	San Mateo		Palma
Prospect	Westmont	Overfelt			Salinas
	Willow Glen	San Jose			Watsonville
					Mission (C)
					Alisal
					Alvarez
					Marina
					North Salinas
					Oakwood
					Pajaro Valley
					Rancho San Juan
					Seaside
					Soledad
					York
<u>PSAL (C)</u>		<u>SCCAL (B)</u>		<u>WCAL (A)</u>	
ACE	Aptos	<u>De Anza (A)</u>	<u>El Camino (C)</u>	<u>Foothill (C)</u>	Archbishop Mitty
Cristo Rey SJ	Harbor	Cupertino	Fremont	Eastside College Prep	Bellarmino
Downtown College Prep	Mt. Madonna	Harker	King's Academy	Gunn	Junipero Serra
East Palo Alto Academy	San Lorenzo Valley	Homestead	Los Altos	Santa Clara	Sacred Heart Cathedral
Mountain View Academy	Santa Cruz	Lynbrook	Los Gatos	Wilcox	St. Francis
Nueva	Scotts Valley	Monta Vista	Palo Alto		St. Ignatius
Summit Tahoma	Soquel	Mountain View	Saratoga		Valley Christian
University Prep Academy					
<u>Independent:</u> Luis Valdez, Mid-Peninsula					



CIF/Central Coast Section

Cross Country Bylaws

2022-23



Section 1. SCHEDULED MEETINGS

- A. Organization:** **WEDNESDAY, AUGUST 10, 2022, TIME: 7:00 pm**
(date subject to change to insure meeting is prior to all league organizational meetings)
- B. Evaluation:** **TUESDAY, NOVEMBER 29, 2022, 7:00 PM**

Section 2. MEET DATES / SITES

- A.** The Section Meet is scheduled for: **SATURDAY, NOVEMBER 12, 2022.**
*If the Meet is to be called because of inclement weather, the decision will be made as close as possible to 6:00 AM on the day of the Meet. **The meet order will be set by the CCS office***
- B.** The CCS Commissioner and/or staff shall be responsible for all contracts for sites used during the CCS Play-offs. The CCS Commissioner and/or staff have sole authority to schedule or cancel sites, as well as full discretion as to the assignment or re-assignment of teams to times and sites throughout the CCS Play-offs. The CCS Commissioner and/or staff have the final authority in any disputes over sites or times of play, and the decision of the CCS Commissioner is not subject to appeal, due to the immediacy of running the Tournament for the good of the whole. Neutral sites are not a policy of the CCS and should not be expected in any rounds of play. Sites will be assigned by the CCS for the good of the Tournament.
- C.** League entries, from League Qualifying Meets, are to be submitted electronically by League Representatives, via email as described in the CCS Cross Country Participant Information Bulletin and also as posted on the CCS web site before: **NOON, on MONDAY, NOVEMBER 8, 2021**
1. League representatives must submit their final League entries including names of both Team and Individual Qualifiers after removing all scratches and inserting all alternates.
 2. Once League entries are submitted, individual alternates will not replace scratched athletes.

Section 3. DIVISION PLACEMENT *(as approved by the CCS Board of Managers, 3/30/2022)*

The previous year's grade 9-12 CBEDS figures, as listed below, will be used to adjust the size of each division.

- When determining the divisions, the CCS staff will utilize a list of **enrollments that is gender agnostic and** without school names attached to insure objectivity.
- Division V will be set at **600** and below. **The remaining schools shall be allocated into Divisions in the following manner:**
Division I: top 15%
Division II: next 25%
Division III: next 25%
Division IV: remaining 35%
- **If the number of schools was not cleanly divided by the percentages, the "extra" school(s) would be placed beginning in the higher division**
- If more than one school has the same enrollment at the "point of division," all schools with that enrollment would be placed in the higher of the two divisions.

Section 4. QUALIFYING FROM LEAGUE TO SECTION

- A. Qualifying from the League Meets to the Section Meet will be accomplished as follows:**
1. The top half (rounding up) of complete teams competing in their respective final League event which qualifies athletes to the CCS Meet at the Varsity level advance to the Section Meet.
 2. All Leagues are guaranteed at least one (1) team in each Division that they have represented in their League.
 3. If a team does not automatically qualify for the Section Meet at its final League event which qualifies athletes to the CCS Meet at the Varsity level, it will qualify as an At-Large Entry if it meets the following condition:
 - a. The combined time for a team's top five (5) runners (team time) at its final League event which qualifies athletes to the CCS Meet at the Varsity level is less than the average of the median team time for 1997 and subsequent years at the Section Meet for the Division in which the team competes.
- B.** Each League qualifies the top three (3) individuals from their respective final League event which qualifies

athletes to the CCS Meet at the Varsity level (not on a qualifying team).

1. If an individual does not automatically qualify for the Section Meet at its final League event which qualifies athletes to the CCS Meet at the Varsity level, he/she will qualify as an At-Large Entry if he/she meets the following condition:
 - a. An individual's time at his/her final League event which qualifies athletes to the CCS Meet at the Varsity level is less than the average of the median individual time for 1997 and subsequent years at the Section Meet for the Division in which the individual competes.
- C. When two (2) or more basic Leagues join together to form supplemental Leagues, the following shall apply:
 1. When supplemental Leagues are formed, and each of the two (2) or more Leagues currently have Automatic Qualifiers to the CCS Tournament, the new supplemental Leagues shall retain the total of their previous Automatic Qualifiers [e.g., Leagues A and B each have three (3) Automatic Qualifiers. When the new supplemental Leagues are formed, combining A and B, they will have a total of six (6) Automatic Qualifiers].
 2. The League Board of Managers having governance authority over the supplemental Leagues shall determine in its bylaws how those Automatic Qualifiers will be allocated from the supplemental Leagues. In the absence of a basic League tournament to determine Section qualifiers, the basic League MUST allocate an automatic berth to each of the supplemental League Champions.
- D. HARDSHIP APPEALS**
 1. Hardships may only be considered for qualification from League to the CCS Meet;
 2. Hardships only applies to an illness/accident that is non-sports related;
 3. The athlete must be under a medical doctor's care;
 4. Any request for hardship must be presented to the League Meet Director, IN WRITING, before the start of the athlete's race in the League meet;
 5. The athlete must have posted a previous mark in that season at an official meet on the course that is being used for that athlete's league meet that is better than the last individual qualifier's mark;
 6. The hardship hearing will be held on or before the second working day following the request for hardship;
 7. Appeals shall be conducted according to the respective League's By-Laws.
 8. If approved, the athlete will be added to the field of individual qualifiers from that league into the CCS Meet.

Section 5. QUALIFYING FROM SECTION TO STATE

- A. The number of team entries into the CIF State Championship Meet is based on a formula involving the following: *(the allocation of entries from each Section for the current year can be found on the CIF website: www.cifstate.org)*
 1. An established baseline providing a minimum number of entries for each CIF Section
 2. Additional/reduced entries may be allocated in subsequent years, based upon the most recent four (4)-year history of the Section team performance within each Divisional race;
 3. No CIF Section shall have more than seven (7) team entries in any Divisional race;
 4. A maximum of five (5) individuals, per criteria in each division, will qualify from Section to State meet finals as follows: If the division has 2 automatic qualifiers, the five must finish in the top 12. If the division has 3 automatic qualifiers, the five must finish in the top 14 and if the division has 4 automatic qualifiers, the five must finish in the top 16.
 5. If a State qualifier indicates that he/she will not compete in the State Meet, the next qualifying individual may be substituted as long as the respective scratch is declared and finalized by the end of the day at the Section meet. No such alternates will be allowed after entries have been submitted to the State CIF.

Section 6. RULES

- A. The current **National Federation Track & Field and Cross Country Rules** will be followed, with the modification that NO SPIKES ARE ALLOWED ON THE COURSE!
- B. Coaches need to pay particular attention to Rule 4, section 3 through & including art.3 pages 22 & 23 in the NFHS rule book (Competitor's Uniform).
- C. Any school allowing an ineligible student-athlete, or more than seven (7) team members, to compete in the Section Meet is subject to disqualification from the Meet and from any other meets during the current season which are subsequent to the above infraction.
- D. COACH MUST BE PRESENT**
Coaches are expected to be present at the Meet. All student-athletes competing in any CCS contest (scrimmages, alumni contests, pre-season, League and CCS Play-offs) must be accompanied by a coach that meets the following criteria, as addressed in [CIF Bylaws 308 & 506](#):
 1. **MUST BE THE "REGULAR COACH"**
The coach of either a public or private school team or athlete must be the coach of record for that school for the current season and must comply with all requirements of [CIF Bylaw 506](#).

- a. **PUBLIC SCHOOLS** - All public school teams must be coached by a person who meets the requirements of the California Ed. Code and the California Administrative Code Title V.
 - b. **NON-PUBLIC SCHOOLS** - In the case of a non-public school, a person engaged by that school on a yearly contract basis as a regular member of the school coaching or teaching staff and certified by the administrator for that school as competent for the position held.
2. **EMERGENCY SITUATIONS**
In the case of an emergency ONLY, the principal of the school may designate an alternate coach, as long as it is done in writing prior to the contest and submitted to the League Commissioner for all pre-season and League contests and the CCS Commissioner for CCS Play-off contests. Any alternate coach MUST be an individual who meets all the conditions required in Section 6.E.-1a. (above) in the case of a public school, and Section 6.E.-1b. (above) in the case of a non-public school.
3. **NO COACH PRESENT = STUDENT INELIGIBLE**

Section 7. APPEALS

- A. Any Head Coach can report an infraction to the Meet Referee.
- B. The Meet Referee will investigate the infraction, using all possible resources before making a ruling.
- C. The ruling of the Referee is final, except in the case of a rule interpretation. Interpretations may be appealed to the Jury of Appeals, in writing, within 30 minutes after the announcement of event results.

Section 8. AWARDS

- A. 20 Team Trophies: Champion and Runner-Up Teams in all Divisions.
- B. 70 Medals for members of championship teams: 7 medals for each championship team (all girls and boys divisions).
- C. 70 Medals for Individuals: 1st- through 7th-place finishers, Girls and Boys, in all Divisions.

Section 9. ELIGIBLE ATHLETES

- A. All athletes must be in good standing with their League, school and the CCS in order to compete. No ineligible athletes will be allowed to compete.
- B. Any player or coach who is disqualified from a Tournament contest for FLAGRANT MISCONDUCT or UNSPORTSMANLIKE BEHAVIOR will be disqualified from all remaining contests in that sport that season, including Nor-Cal and State CIF competition.

Section 10. SPORTSMANSHIP

- A. The member schools of the CIF-Central Coast Section are committed to providing a sportsmanlike environment for students, coaches and spectators.

Our Sportsmanship Definition is:
A person who can take a loss or defeat without complaint, or victory without gloating and who treats his/her opponents with fairness, courtesy and respect.

- B. The following behavior is **unacceptable** at all CIF/CCS High School contests

- | | |
|--|--|
| <ul style="list-style-type: none"> • berating your opponent's school or mascot • complaining about officials' calls (verbally or in gestures) • berating opposing players | <ul style="list-style-type: none"> • artificial noise makers • obscene cheers / gestures • negative signs |
|--|--|

- C. **Sportsmanship Contract**: To this end, each school is required to submit one (1) signed Sportsmanship Contract on or prior to September 15 of the school year. This contract confirms that the principal has verbally and through written communication addressed the importance of sportsmanship to his/her student body, faculty and community.
- D. **Each Principal** is required by the CCS Board of Managers to meet with any team or individual athlete(s) from his/her school participating in the Tournament to review CCS Sportsmanship Information.

Section 11. PRACTICE AT CHAMPIONSHIP SITES

No arrangements for practice at competition sites are allowed by the CCS once the site of the Tournament has been announced. See the "General Tournament Information" Section of the CCS Playoff Bylaws (below) for the specific policy. Schools found in violation of this rule may be barred from further participation in Section Play-offs. CCS Playoff Bylaws—General Information

PRACTICE AT COMPETITION SITES

No arrangements for practice at competition sites are approved by the CCS.

- A. If the site of a future contest is open to public use (i.e., municipal tennis courts, public golf courses, etc.), they may be used for practice, subject to the control and policies of the owner/operator. **NO SPECIAL PERMISSION MAY BE SOUGHT.**
- B. College and community sites **SHALL NOT BE USED** by any school team, except as noted above, or if the school has a contract throughout the season to use the site as its home facility.
- C. Use of another school's facility, once designated as a Tournament site, **SHALL NOT BE ALLOWED! PLEASE DO NOT ASK FOR ANY SUCH USE!**

NOTE: These prohibitions are necessary for two significant reasons:

- We do not wish to inconvenience our hosts by additional usage; AND
- Near-by schools, with easier access to a particular facility, have a distinct advantage over distant schools.

Failure to comply with these regulations may affect the school's further participation in that Tournament during the current year or in the future.

Section 12. TOURNAMENT INFORMATION

The CCS [Participant Information Bulletin](#) will be posted on the CCS web page and sent to all schools and the media approximately three (3) weeks prior to the Meet.

**OTHER IMPORTANT DOCUMENTS RELATED TO PLAYOFFS:****CCS PLAYOFF POLICY** - [Click here to see entire policy](#)**SEASON LONG LEAGUE PLAY**

The sole purpose of CCS Playoffs is to provide a post-season championship event for its member school teams and athletes who have been engaged in season-long league play in a given sport.

- A. Section playoffs are to be conducted as the culminating activity for teams and/or individuals who have been engaged in season-long league play in a given sport.
- B. Schools or leagues which do not conduct a given sport on a recognized league basis for the majority of a given sport season will not be allowed to enter playoff competition. Exceptions to this general policy may be made by the Board of Managers as a result of a unique, short-term and specific circumstance beyond a school's control that directly causes the school to be unable to participate in that sport in season-long league play,
- C. In individual sports, (swimming, track & field, cross country, tennis, golf, gymnastics, badminton, wrestling), a student athlete must compete in at least ½ of the regularly-scheduled league meets in order to participate in the CCS playoffs in that sport. The specific qualification standards outlined in the CCS bylaws for each of these sports must be met in addition to this general minimum participation standard. Exceptions to this rule may be considered by the league **ONLY**

- if there is a serious medical condition or hardship that is beyond the student's control and which clearly and solely causes their lack of participation in a minimum of ½ of their regularly-scheduled league contests OR
- if the student has corrected a scholastic ineligibility in the most recent grading period which occurs after the first half of the league season is complete and which directly and solely causes their lack of participation in a minimum of ½ of their regularly-scheduled league contests.
- if through internal team competition and ladder movement an athlete has not had the opportunity to participate in ½ the regular-scheduled league contests.

CCS SPORTSMANSHIP POLICY - [Click here to see entire policy](#)



CENTRAL COAST SECTION CROSS COUNTRY

Organizational Meeting
August 10, 2022

**Please note! This will be a Zoom meeting.
Join Zoom Meeting:**

<https://us02web.zoom.us/j/82568130396?pwd=bzJBYkFlenBtN0V5ci8vMithMHp6Zz09>



I. Welcome & Introductions

II. Approval of Agenda

- A. Additions to Agenda
- B. Approval of Agenda

III. Review of Tournament Guide Dates

- A. Meet: Saturday, November 12, 2022
Note: Entries Due: Monday, November 7, 2022, 12 noon
- B. Evaluation Meeting: Tuesday, November 29, 2022, 7:00pm

IV. CCS Meet

- A. Rules Review
- B. Review [CCS X/C By-laws](#)
Note: Number of full teams on the line at league qualifier

- C. Site: Crystal Springs Cross Country Course
CCS Office Liaison: Xolan Brown
Meet Directors: Steve Filios & Jim Marheinke
Seeding: Mark McConnell
Timing & Results: Sean Laughlin

- D. [CBEDS:](#)
Note: New formula this year.

- E. CCS At-large times
 - 1. Updates to Crystal Springs and Pinto
 - 2. Palo Corona

- F. [Participating School Sheet](#) – check for accuracy

- G. 2022 Schedule of Meets
 - 1. [Approved CCS Invitationals](#)
 - 2. League Championship/CCS Qualifier Meets-review

H. Proposed CCS Meet time schedule

		<u>Time</u>		<u>Time</u>
Division IV	Girls	10:00 am	Boys	10:35 am
Division V	Girls	11:10 am	Boys	11:45 am
Division I	Girls	12:20 pm	Boys	12:55 pm
Division II	Girls	1:30 pm	Boys	2:05 pm
Division III	Girls	2:40 pm	Boys	3:15 pm

- I. Review rain-out/air quality issue procedures.
 - 1. Blanket email to coaches listed by their AD's in CIFCCS Home.
 - 2. Twitter post
 - 3. Reps contacted via mobile phone *Note:* Reps make sure your contact mobile phone number is accurate with our office. This is the number used when notifying reps of a rain out. *Note:* farthest reps are called first.

- J. Review Crystal Springs Status
 - 1. Current situation
 - 2. Safety concerns: EMT and Trainers.
 - 3. Restrooms
 - 4. Trash

- K. CCS Meet info
 - 1. Information Bulletin will be available in early October. (Items that the Committee feels have been omitted in the past?)
 - 2. **Admission: Please remind runners, parents, and other interested folks that there is an entrance charge for the CCS Cross Country Meet.**
 - 3. Admission for Coaches/Athletes
 - 4. No pass gate list for schools. Only meet management.
 - 5. Commemorative T-shirt and sweatshirt availability
 - 6. Results posting
 - 7. Certificates of Participation
 - 8. Other items of concern

- L. Other Items
 - 1. Palo Corona XC Course update

- V. CIF State meet
 - A. State Meet Date: November 26, 2022, Woodward Park, Fresno
 - B. [Entry numbers for 2022](#)

- VI. Items added to agenda

- VII. Adjournment

**CENTRAL COAST SECTION CROSS COUNTRY
DIVISION PLACEMENT FOR 2022
(based on 2021-22 CBEDS)**

Enrol.	School	Enrol.	School	Enrol.	School
	<u>Division 1</u>		<u>Division 3 (Continued)</u>		<u>Division 5</u>
3423	Hollister	1634	Valley Christian	585	Oceana
3336	Bellarmine*	1580	Overfelt	582	Design Tech
3232	Homestead	1560	Pajaro Valley	578	Menlo
3081	Milpitas	1544	Sobrato	574	Pacific Grove
3049	Alisal	1542	Prospect	560	Downtown College Prep
2897	Evergreen Valley	1523	Pioneer	541	The King's Academy
2833	Independence	1498	Soledad	530	KIPP San Jose Collegiate
2690	Salinas	1492	Burlingame	520	Stevenson School
2423	Silver Creek	1480	St. Ignatius	512	Monte Vista Christian
2389	Watsonville	1415	Aptos	497	Alpha Cindy Avitia
2326	Mountain View	1396	Greenfield	477	University Prep Academy
2304	Carlmont	1364	Monterey	476	Castilleja*
2239	Santa Teresa	1364	Notre Dame-SJ *	461	Shasta - Summit Public Schools
2229	Menlo-Atherton	1361	Del Mar	460	Santa Catalina *
2206	North Salinas	1349	Sacred Heart Cath.	451	Nueva School
		1320	South San Francisco	450	Cristo Rey San Jose
	<u>Division 2</u>		<u>Division 4</u>	431	Summit Prep
2179	Fremont			412	Ace Charter
2141	Los Altos	1309	No. Monterey Co.	372	Tahoma-Summit Public School
2129	Los Gatos	1296	Westmoor	367	Pacific Collegiate
2118	Everett Alvarez	1279	Mt. Pleasant	356	Crystal Springs Uplands
2110	Cupertino	1256	Presentation *	348	Notre Dame-Salinas *
2040	Palo Alto	1250	Jefferson	342	East Palo Alto Academy
1978	Piedmont Hills	1235	Saratoga	313	Anzar
1951	Sequoia	1229	King City	303	Luis Valdez Leader. Acad
1950	Branham	1212	El Camino	300	Downtown CP - Alum Rock
1945	Wilcox	1170	Mills	285	CEIBA
1898	Gunn	1162	Santa Cruz	278	Priory School
1892	Santa Clara	1162	Seaside	260	Eastside College Prep
1830	Monta Vista	1160	Live Oak	221	St. Francis SCP
1822	Andrew Hill	1118	Capuchino	218	Pinewood
1812	Leigh	1087	Soquel	205	Kehillah Jewish
1785	Aragon	1037	Harbor	168	The York School
1761	Woodside	1009	Half Moon Bay	152	Oakwood
1759	Lynbrook	982	Archbishop Riordan	138	Kirby, Georgiana Bruce
1754	Archbishop Mitty	969	Gunderson	137	Mid Peninsula
1745	St. Francis	969	San Jose High	120	San Francisco Christ.
1743	Yerba Buena	884	James Lick	104	Pacific Bay Christian
1742	San Mateo	857	Carmel	83	Pescadero
1724	Oak Grove	847	Gonzales	68	More, Thomas
1723	Lincoln	830	Notre Dame-Belmont *	63	Trinity Christian
		807	Harker	60	Mountain View Acad.
		792	San Lorenzo Valley	51	Pacific Point Christian
1722	Junipero Serra*	764	Mercy-Burlingame *	49	Mt. Madonna
1698	Gilroy	748	Terra Nova		
1686	Christopher	734	Scotts Valley		
1674	Leland	678	Marina		
1672	Westmont	677	Latino College Prep		
1667	Rancho San Juan	642	Sacred Heart Prep		
1649	Hillsdale	640	Palma *		
1641	Willow Glen				

* Single-gender schools – enrollment doubled

Name of Event	Sports	Levels	Contact Person	Host	Start Date	Status
Soli-Miles Varsity Boys Basketball Invitational	Basketball, Boys	Varsity	Jose Gil	Alisal	12/01/2022	Approved
Burlingame Lions Club Invitational	Basketball, Boys	Varsity	John Philippopolous	Burlingame	12/06/2022	Approved
Burlingame JV Invitational	Basketball, Boys	Junior Varsity	John Philippopolous	Burlingame	12/06/2022	Approved
63rd Annual Fremont-Sunnyvale Tournament	Basketball, Boys	Varsity	Tony Kikuta	Fremont	12/15/2022	Approved
40th Annual Fremont-Sunnyvale Frosh/Soph Tournament	Basketball, Boys	Frosh Soph	Tony Kikuta	Fremont	12/06/2022	Approved
St. Francis High School Freshman Boys Shark Shootout 2022	Basketball, Boys	Freshman	Adam Hazel	St. Francis SCP	12/02/2022	Approved
WHS Boys Varsity Basketball Tournament	Basketball, Boys	Varsity	Marcus A. Northcutt	Watsonville	12/07/2022	Approved
WHS Boys JV Soccer Tournament	Basketball, Boys	Junior Varsity	Brad Hubbard	Watsonville	12/27/2022	Approved
WHS Boys Frosh-Soph/JV Basketball Tournament	Basketball, Boys	Junior Varsity Frosh Soph	Brad Hubbard, Marcus A. Northcutt	Watsonville	12/27/2022	Approved
Lynbrook Winter Classic	Basketball, Boys	Varsity	Rick Appler	Lynbrook	12/08/2022	Approved
Carmel Invitational Basketball Tournament	Basketball, Boys	Varsity	Kurt Grahl	Carmel	12/15/2022	Approved
Wildcat Classic	Basketball, Boys	Varsity	Ramon Meacham, Jason Llantero	Woodside	12/08/2022	Approved
Monta Vista MLK Day Shotoout 2023	Basketball, Boys	Varsity	Wade Nakamura	Monta Vista (Cupertino)	01/16/2023	Approved
M-A Peninsula JV Basketball Tournament	Basketball, Boys	Junior Varsity	Darrell Barbour & Mike Molieri	Menlo-Atherton	12/08/2022	Approved
M-A Peninsula Freshman Basketball Tournament	Basketball, Boys	Freshman	Darrell Barbour & Mike Molieri	Menlo-Atherton	12/01/2022	Approved
M-A Peninsula Varsity Shootout	Basketball, Boys	Varsity	Darrell Barbour & Mike Molieri	Menlo-Atherton	12/17/2022	Approved
Eagle Classic	Basketball, Boys	Junior Varsity	Andre Bailey	Everett Alvarez	12/01/2022	Approved
Eagle Classic	Basketball, Boys	Junior Varsity	Andre Bailey	Everett Alvarez	12/01/2022	Approved
66th Annual James Lick Invitational Varsity Basketball Tournament; Comet Classic F/S Tournament	Basketball, Boys	Varsity Frosh Soph	Mike Cappas	James Lick	11/29/2022	Approved
Bob Hagen Memorial	Basketball, Boys	Varsity Junior Varsity	Joe Te	Gilroy	12/08/2022	Approved
Drew Petiti Winter Classic	Basketball, Boys	Varsity	Isaiah Igafa	South San Francisco	12/27/2022	Approved
JV Boys Winter Classic	Basketball, Boys	Junior Varsity	Isaiah Igafa	South San Francisco	12/01/2022	Approved
Blue & White Freshmen Classic	Basketball, Boys	Freshman Frosh Soph	Isaiah Igafa	South San Francisco	12/05/2022	Approved
Bud Bresnahan Blue and Gold Classic	Basketball, Boys	Varsity	John Falabella	Jefferson	12/01/2022	Approved
Jefferson Holiday Basketball Tournament	Basketball, Boys	Junior Varsity	John Falabella	Jefferson	12/27/2022	Approved
Milpitas-Cain Classic	Basketball, Boys	Varsity	Champ Wrencher	Milpitas	12/27/2022	Approved
Hoop Dreams	Basketball, Boys Basketball, Girls	Varsity	Charlea Binford	Pescadero	12/01/2022	Approved
Finest Hoops Winter Classic	Basketball, Girls	Varsity	Buck Matthews	Priory	01/07/2023	Approved
Sportsmanship Classic	Basketball, Girls	Varsity	Darren Jackson	North Salinas	12/15/2022	Approved
King City High School 39TH ANNUAL CHRISTMAS CLASSIC	Basketball, Girls	Varsity Junior Varsity	Frank Padilla Jr.	King City	12/16/2022	Approved
2022 Lady Shark Shootout	Basketball, Girls	Varsity	Adam Hazel	St. Francis SCP	12/28/2022	Approved
John Araujo Memorial Holiday Tournament	Basketball, Girls	Varsity	Bill Murray	Del Mar	12/27/2022	Approved
JK McGill Memorial Shootout	Basketball, Girls	Varsity	Bill Murray	Del Mar	12/03/2022	Approved
WHS Girls JV Basketball Tournament	Basketball, Girls	Junior Varsity	Zach Cook, Brad Hubbard	Watsonville	12/14/2022	Approved
WHS Girls Varsity Basketball Tournament	Basketball, Girls	Varsity	Zach Cook, Brad Hubbard	Watsonville	11/30/2022	Approved
Warren Johnson Memorial Tip-Off Classic	Basketball, Girls	Junior Varsity	Melodee Kiyota	Santa Clara	12/06/2022	Approved
Warren Johnson Memorial Tip-Off Classic	Basketball, Girls	Varsity	Melodee Kiyota	Santa Clara	12/07/2022	Approved
Eagle Classic	Basketball, Girls	Varsity	Loretta Brown	Everett Alvarez	12/08/2022	Approved
Wildcat Classic	Basketball, Girls	Varsity	Ramon Meacham, Jason Llantero	Woodside	12/08/2022	Approved
Steve Geramoni Invitational	Basketball, Girls	Varsity	Christina Okubo	Notre Dame, Belmont	12/15/2022	Approved
Sandi Stober Classic	Basketball, Girls	Varsity	Jennifer Griffin	Lynbrook	12/01/2022	Approved
Cupertino Classic	Basketball, Girls	Varsity	Scott Stevens	Cupertino	12/28/2022	Approved
Cupertino Classic (JV)	Basketball, Girls	Junior Varsity	Scott Stevens	Cupertino	12/28/2022	Approved
GRIZZLY CLASSIC	Basketball, Girls	Junior Varsity	Calvin Mar	Jefferson	12/07/2022	Approved
Ram Invitational	Cross Country, Boys	Varsity Junior Varsity Freshman Frosh Soph Sophomore	Ron DiMaggio	Westmoor	09/24/2022	Approved
Fighting Knights Joust	Cross Country, Boys	Varsity Junior Varsity Freshman Frosh Soph Sophomore	Chris Lucey	Hillsdale	09/17/2022	Approved
Crystal Springs Invite	Cross Country, Boys	Varsity Junior Varsity Freshman Frosh Soph Sophomore	Ron Dimaggio	Junipero Serra/San Mateo	10/08/2022	Approved
Serra Jamboree	Cross Country, Boys	Varsity Junior Varsity Freshman Frosh Soph Sophomore	Ron Dimaggio	Junipero Serra/San Mateo	09/02/2022	Approved
Terry Ward Bellarmine Invitational	Cross Country, Boys	Varsity Junior Varsity Frosh Soph	Patrick McCrystle	Bellarmine	10/15/2022	Approved
Fremont Firebird XC Meet	Cross Country, Boys	Varsity Junior Varsity Freshman Frosh Soph Sophomore	Alejandra Flores	Fremont	09/06/2022	Approved
2022 Mustang Invitational	Cross Country, Boys	Varsity Junior Varsity	Jeff Silveira	Monte Vista Christian	09/09/2022	Approved
Monterey Bay Invitational	Cross Country, Boys	Varsity Junior Varsity Freshman Frosh Soph Sophomore	Joshua Small	North Salinas	09/10/2022	Approved
Pacific Grove Invitational	Cross Country, Boys	Varsity Junior Varsity Freshman Frosh Soph Sophomore	Peter Jordan	Pacific Grove	10/08/2022	Approved
Artichoke Cross Country Invitational	Cross Country, Boys	Varsity Junior Varsity Freshman Frosh Soph Sophomore	Paul Farnsworth	Half Moon Bay	10/01/2022	Approved
Jackie Henderson Memorial Cross Country Invitational	Cross Country, Boys	Varsity Junior Varsity Freshman Frosh Soph Sophomore	Gus Ibarra	North Monterey County	09/17/2022	Approved
Eagle Classic JV Field Hockey Tournament	Cross Country, Girls	Varsity Junior Varsity Freshman Frosh Soph Sophomore	Mary Donahue	Los Altos	10/01/2022	Approved
Cupertino Invitational	Field Hockey	Junior Varsity	Allyson Matsuoka	Cupertino	04/06/2022	Approved
South County Football Jamboree	Field Hockey	Varsity Junior Varsity	Michael Gray	King City	08/19/2022	Approved
Helen Lengfield Memorial	Football (11 man)	Varsity Junior Varsity	Scot Hathaway	Valley Christian	09/12/2022	Approved
Tom Moore Invitational	Golf, Girls	Varsity	Toby Elmore and Jonathan Stein	Stevenson School	12/09/2022	Approved
28th Annual Christmas Cup	Soccer, Boys	Varsity Junior Varsity Freshman Frosh Soph Sophomore	Payam Hajjarian	Fremont	12/03/2022	Approved
Lynbrook Soccer Winter Cup	Soccer, Boys	Junior Varsity Frosh Soph	ROBERT MacPherson	Lynbrook	12/03/2022	Approved
6th Annual Firebird Classic	Soccer, Girls	Varsity Junior Varsity Freshman Frosh Soph Sophomore	Payam Hajjarian	Fremont	12/03/2022	Approved
WHS Girls JV Soccer Tournament	Soccer, Girls	Junior Varsity	Brad Hubbard, Gladys Mondragon	Watsonville	12/27/2022	Approved
WHS Girls Varsity Soccer Tournament	Soccer, Girls	Varsity	Brad Hubbard, Gladys Mondragon	Watsonville	11/26/2022	Approved
Golden State Tennis Classic	Tennis, Girls	Varsity	Bill Shine and Gene Fortino	Menlo School	10/14/2022	Approved
Tyler Nii Memorial Champions Cup	Tennis, Girls	Varsity	Bill Shine & Gene Fortino	Menlo School	08/27/2022	Approved
NDB Tennis Saturday	Tennis, Girls	Varsity	Christina Okubo	Notre Dame, Belmont	10/08/2022	Approved
65th Annual Santa Catalina Tennis Invitational	Tennis, Girls	Varsity	Tina Romeka	Santa Catalina	09/09/2022	Approved
Santa Cruz Coast Relays	Track & Field, Boys Track & Field, Girls	Varsity	Travis Fox	Aptos	03/04/2023	Approved
The Peninsula Varsity Classic	Volleyball, Girls	Varsity	Nga Tran	Burlingame	08/27/2022	Approved
The Peninsula JV/Frosh Classic	Volleyball, Girls	Junior Varsity Freshman Frosh Soph Sophomore	Nga Tran	Burlingame	09/10/2022	Approved

9th Annual Don Varsity Tournament	Volleyball, Girls	Varsity	Annette Gennaro-Trimble	Aragon	10/08/2022	Approved
9th Annual Don VV Tournament	Volleyball, Girls	Junior Varsity Frosh Soph	Annette Gennaro-Trimble	Aragon	09/24/2022	Approved
Harbor Tournament	Volleyball, Girls	Varsity	Matt Schutz	Harbor	09/17/2022	Approved
Surf City JV Tournament	Volleyball, Girls	Junior Varsity	Matt Schutz	Harbor	10/15/2022	Approved
Surf City Frosh/Soph Tournament	Volleyball, Girls	Frosh Soph	Matt Schutz	Harbor	10/01/2022	Approved
Volleyball Smash at the Ranch	Volleyball, Girls	Varsity	Marc Tejada	Rancho San Juan	10/15/2022	Approved
Milpitas / Independence Spikiest II	Volleyball, Girls	Varsity	Jeff Lamb / Marissa Canez	Milpitas	10/22/2022	Approved
Milpitas / Independence Spikefest I	Volleyball, Girls	Varsity	Jeff Lamb / Marissa Canez	Milpitas	09/03/2022	Approved
Milpitas / Independence JV Spikefest	Volleyball, Girls	Junior Varsity	Jeff Lamb / Marissa Canez	Milpitas	09/10/2022	Approved
Milpitas / Independence Freshmen Spikefest	Volleyball, Girls	Freshman	Jeff Lamb / Marissa Canez	Milpitas	09/24/2022	Approved
2022 St. John Bosco Invitational	Volleyball, Girls	Varsity	Adam Hazel	St. Francis SCP	09/24/2022	Approved
Los Altos Invitational Girls Volleyball Tournament	Volleyball, Girls	Varsity	Peter Kim	Los Altos	10/08/2022	Approved
Jim Reilly VB Panther Challenge	Volleyball, Girls	Varsity	Denise Rooney	Presentation	09/17/2022	Approved
JV VB Panther Challenge	Volleyball, Girls	Junior Varsity	Denise Rooney	Presentation	09/24/2022	Approved
Frosh VB Panther Challenge	Volleyball, Girls	Freshman	Denise Rooney	Presentation	09/03/2022	Approved
WHS Girls JV Volleyball Tournament	Volleyball, Girls	Junior Varsity	Brad Hubbard	Watsonville	09/10/2022	Approved
Marcus A. Northcutt	Volleyball, Girls	Frosh Soph	Brad Hubbard	Watsonville	09/17/2022	Approved
WHS Girls Varsity Volleyball Tournament	Volleyball, Girls	Varsity	Brad Hubbard	Watsonville	09/24/2022	Approved
Fightin Irish Volleyball Junior Varsity Invitational	Volleyball, Girls	Junior Varsity	Margi Beima	Sacred Heart Cathedral	09/24/2022	Approved
Fightin Irish Volleyball Freshman Invitational	Volleyball, Girls	Freshman	Margi Beima	Sacred Heart Cathedral	10/08/2022	Approved
Bulldog Classic	Volleyball, Girls	Varsity	Albert Valdivia	San Jose High	10/01/2022	Approved
Trojan Classic	Volleyball, Girls	Varsity	Jose Ramos	Alisal	09/24/2022	Approved
Tiger Cup Frosh VB Tournament	Volleyball, Girls	Freshman	Christina Okubo	Notre Dame, Belmont	10/08/2022	Approved
Tiger Cup JV Volleyball Tournament	Volleyball, Girls	Junior Varsity	Christina	Notre Dame, Belmont	10/01/2022	Approved
Tiger Cup Varsity Volleyball Tournament	Volleyball, Girls	Varsity	Christina	Notre Dame, Belmont	09/17/2022	Approved
Bulldog JV Classic	Volleyball, Girls	Junior Varsity	Albert Valdivia	San Jose High	10/15/2022	Approved
Chris Chandler Invitational	Volleyball, Girls	Varsity	Tony Holland	Menlo School	09/24/2022	Approved
Garlic City Volleyball Classic	Volleyball, Girls	Varsity	Brian Calimpong	Gilroy	09/10/2022	Approved
Garlic City Volleyball Classic	Volleyball, Girls	Junior Varsity	Brian Calimpong	Gilroy	10/08/2022	Approved
Folleyball Bash	Volleyball, Girls	Frosh Soph	Maggie Barrera	North Salinas	10/01/2022	Approved
Half Moon Bay High School Varsity Volleyball Tournament	Volleyball, Girls	Varsity	Ryan Havice	Half Moon Bay	09/10/2022	Approved
Half Moon Bay High School Frosh Challenge Volleyball Tournament	Volleyball, Girls	Freshman	Ryan Havice	Half Moon Bay	09/17/2022	Approved
Pumpkin Classic Girls JV Volleyball Tournament	Volleyball, Girls	Junior Varsity	Ryan Havice	Half Moon Bay	10/08/2022	Approved
Mount Madonna Invitational	Volleyball, Girls	Varsity	Elliot McDonald	Mt. Madonna	09/24/2022	Approved
Mount Madonna JV Invitational	Volleyball, Girls	Junior Varsity	Elliot McDonald	Mt. Madonna	08/27/2022	Approved
Del Mar Varsity Volleyball Tournament	Volleyball, Girls	Varsity	Mike Aitken	Del Mar	10/01/2022	Approved
The Del Mar Classic JV Volleyball Tournament	Volleyball, Girls	Junior Varsity	Mike Aitken	Del Mar	08/27/2022	Approved
FS Spartan Boys HS Tournament	Water Polo, Boys	Frosh Soph	Rafael Alapont	Mountain View	10/01/2022	Approved
Lincoln Boys Varsity Tournament	Water Polo, Boys	Varsity	Daniel Resz	Lincoln/San Jose	09/16/2022	Approved
Frank Mecchi Memorial Tournament	Water Polo, Boys	Varsity	Eric Bittner	Sequoia	10/01/2022	Approved
Spartan Varsity Boys Water Polo Tournament	Water Polo, Boys	Varsity	Spartan Varsity Boys Water Polo Tournament	Mountain View	09/23/2022	Approved
SAINT FRANCIS INVITATIONAL VARSITY BOYS&C™ WATER POLO TOURNAMENT	Water Polo, Boys	Varsity	Terry O'Donnell	St. Francis	09/16/2022	Approved
Harbor Varsity Water Polo Tournament	Water Polo, Boys	Varsity	Chris Iniguez	Harbor	10/14/2022	Approved
Harbor JV Tournament	Water Polo, Boys	Junior Varsity	Chris Iniguez	Harbor	09/23/2022	Approved
Saint Francis Invitational JV Boys Tournament 2022	Water Polo, Boys	Junior Varsity Frosh Soph	Terry O'Donnell	St. Francis	09/24/2022	Approved
WHS Boys JV Water Polo Tournament	Water Polo, Boys	Junior Varsity	Brad Hubbard	Watsonville	09/02/2022	Approved
Silicon Valley Invite	Water Polo, Boys	Varsity	Victor Adler	Harker	10/21/2022	Approved
Scott Roche Invitational	Water Polo, Boys	Varsity	Jack Bowen	Menlo School	09/09/2022	Approved
Memorial Cup	Water Polo, Boys	Varsity	Colin Mello	Bellarmine	10/21/2022	Approved
Bellarmino NorCal F/S Championships	Water Polo, Boys	Frosh Soph	Colin Mello	Bellarmine	10/14/2022	Approved
Bellarmino Frosh Jamboree #1	Water Polo, Boys	Frosh Soph	Colin Mello	Bellarmine	09/09/2022	Approved
Bellarmino Frosh Jamboree #2	Water Polo, Boys	Frosh Soph	Colin Mello	Bellarmine	09/30/2022	Approved
Aptos Boys JV Water Polo Tournament	Water Polo, Boys	Junior Varsity	Cody Gilbert	Aptos	09/16/2022	Approved
Aptos Boys Varsity Water Polo Tournament	Water Polo, Boys	Varsity	Cody Gilbert	Aptos	10/07/2022	Approved
MHS Varsity Open	Water Polo, Boys	Varsity	Kyler VanSwol	Milpitas	10/08/2022	Approved
Steve Martin Memorial	Water Polo, Boys	Varsity	Trevor Wiens	Soquel	09/09/2022	Approved
North vs South Challenge	Water Polo, Boys	Varsity	Brian Kreutzkamp	Sacred Heart Prep	10/14/2022	Approved
Silicon Valley Invite	Water Polo, Boys	Varsity	Ryan Hoffman	Willow Glen	10/21/2022	Approved
NorCal Girls JV Water Polo Tournament	Water Polo, Girls	Junior Varsity	Ryan Chapatte	Soquel	10/14/2022	Approved
Sequoia High School Girls Water Polo Invitational	Water Polo, Girls	Varsity	Hailey Amato	Sequoia	09/24/2022	Approved
Knarr Cup	Water Polo, Girls	Junior Varsity	Roderick	Palo Alto	10/22/2022	Approved
WHS Girls Varsity Water Polo Tournament	Water Polo, Girls	Varsity	Brad Hubbard	Watsonville	09/23/2022	Approved
SFHS JV Water Polo Tourn	Water Polo, Girls	Junior Varsity Frosh Soph	Brendon Reutebuch	St. Francis	10/01/2022	Approved
SAINT FRANCIS HIGH SCHOOL AUTUMN INVITATIONAL GIRLS VARSITY WATER POLO TOURNAMENT 2022	Water Polo, Girls	Varsity	Brendon Reutebuch	St. Francis	09/09/2022	Approved
Presentation Varsity Water Polo Challenge	Water Polo, Girls	Varsity	Denise Rooney	Presentation	10/15/2022	Approved
JV Water Polo Invite	Water Polo, Girls	Junior Varsity	Denise Rooney	Presentation	09/23/2022	Approved
Aptos Varsity Girls Water Polo Invitational	Water Polo, Girls	Varsity	Cory Murphy	Aptos	09/10/2022	Approved
Aptos JV Girls Water Polo Invitational	Water Polo, Girls	Junior Varsity	Cory Murphy	Aptos	08/27/2022	Approved
Amanda MacDonald Invitational	Water Polo, Girls	Varsity	Laura Reynolds	Menlo School	09/23/2022	Approved
Valkyrie Invitational	Water Polo, Girls	Varsity	Alek Dendall	Lynbrook	10/08/2022	Approved
Tessa Joy Invitational	Water Polo, Girls	Varsity	Don Appleton	Los Gatos	10/07/2022	Approved
Los Gatos JV Wildcat Invitational	Water Polo, Girls	Junior Varsity	Don Appleton	Los Gatos	10/14/2022	Approved
Harbor Girls JV Water Polo Invitational	Water Polo, Girls	Junior Varsity	Regan Eymann	Harbor	09/17/2022	Approved

