

WCAL

WEST CATHOLIC ATHLETIC LEAGUE

2022 WCAL Cross Country Championships Cystal Springs Cross Country Course, Belmont

Freshman Boys.....2:00

Frosh Soph Girls.....2:25

Sophomore Boys.....2:50

JV Girls.....3:15

JV Boys.....3:40

Varsity Girls.....4:05

Varsity Boys.....4:30

