



CENTRAL COAST SECTION

Evaluation Meeting Agenda

CROSS COUNTRY

December 3, 2024

7:00 pm



CCS Office is inviting you to a scheduled Zoom meeting.

Topic: CCS Cross Country Evaluation Meeting

Time: Dec 3, 2024 07:00 PM

Join Zoom Meeting

<https://us02web.zoom.us/j/88344727139?pwd=gTVMVNiPUm3e1nzBtKIQGI8AYmOH.1>

Meeting ID: 883 4472 7139

Passcode: 568546

OR

Dial by your location

• +1 669 900 6833

1. Welcome & Introductions

- a. Including staff and Committee Chairperson(s)
- b. Roll call

2. Agenda changes, additions or deletions

3. Review – 2024 CCS Meet

- a. Results & congratulations (click for [complete results](#))

Teams	Boys	Girls
Division 1	Mountain View	Mountain View
Division 2	Los Altos	St. Francis
Division 3	St. Ignatius	Sacred Heart Cathedral
Division 4	Marina	Scotts Valley
Division 5	Menlo	Crystal Springs Uplands

Individuals	Boys	Girls
Division 1	Ryan Chen, Mountain View	Nora Carino, Evergreen Valley
Division 2	Aydon Stefanopoulos, Los Gatos	Kinga Czajkowska, Palo Alto
Division 3	Miles Cook, Sacred Heart Cathedral	Kylie Hoornaert, Prospect
Division 4	Eli Fitchen-Young, Santa Cruz*	Ava Decleve, Scotts Valley
Division 5	Landon Pretre, Menlo School	Brooke Oliveira, Castilleja

*course record

- b. Site
- c. Recognition and thank you's
- d. Concerns/Comments/Proposals

(1) Impact of new Division Placement alignment

	Division	Boys Teams	Girls Teams	Boys Ind.	Girls Ind.
2022	Division 1	12	10	87	108
	Division 2	17	15	129	115
	Division 3	15	14	114	100
	Division 4	14	11	104	101
	Division 5	14	10	108	72

	Division	Boys Teams	Girls Teams	Boys Ind.	Girls Ind.
2023	Division 1	13	12	94	83
	Division 2	17	15	125	114
	Division 3	11	11	87	89
	Division 4	11	12	103	95
	Division 5	14	9	105	69

	Division	Boys Teams	Girls Teams	Boys Ind.	Girls Ind.
2024	Division 1	12	12	89	84
	Division 2	17	14	134	107
	Division 3	10	13	78	99
	Division 4	12	10	101	86
	Division 5	16	9	128	75

(2) **Possible bylaw adjustment:**
Section 3. DIVISION PLACEMENT

The previous year's grade 9-12 CBEDS figures, as listed below, will be used to adjust the size of each division.

- When determining the divisions, the CCS staff will utilize a list of *enrollments that is gender agnostic and without school names attached to insure objectivity.*
- Division V will be set at 600 and below. *The remaining schools shall be allocated into Divisions in the following manner:*
Division I: top 15%
Division II: next 25%
Division III: next 25%
Division IV: remaining 35%
- *If the number of schools was not cleanly divided by the percentages, the "extra" school(s) would be placed beginning in the higher division*
- *If more than one school has the same enrollment at the "point of division," all schools with that enrollment. would be placed in the higher of the two divisions.*
- **Division placement will be reviewed every three years beginning in 2024**

(3) **Possible appendix to bylaws: Process for determining at-large team and individual entry standards.**

Section 4. QUALIFYING FROM LEAGUE TO SECTION (current language)

Team: If a team does not automatically qualify for the Section Meet at its final League event which qualifies athletes to the CCS Meet at the Varsity level, it will qualify as an At-Large Entry if it meets the following condition:

The combined time for a team's top five (5) runners (team time) at its final League event which qualifies athletes to the CCS Meet at the Varsity level is less than the average of the median team time for 1997 and subsequent years at the Section Meet for the Division in which the team competes.

Individual: If an individual does not automatically qualify for the Section Meet at its final League event which qualifies athletes to the CCS Meet at the Varsity level, he/she will qualify as an At-Large Entry if he/she meets the following condition:

An individual's time at his/her final League event which qualifies athletes to the CCS Meet at the Varsity level is less than the average of the median individual time for 1997 and subsequent years at the Section Meet for the Division in which the individual competes.

4. **Review 2024 CIF State Meet**

a. Results & congratulations:

(1) **Top 10 – teams:**

Boys D1:	Bellarmino (2); Mountain View (9)
Boys D3:	St. Ignatius (8)
Boys D5:	Menlo School (1) ; Crystal Springs Uplands (3)
Girls D2:	St. Francis (2)
Girls D3:	Sacred Heart Cathedral (9)
Girls D4:	Scotts Valley (5)
Girls D5:	Crystal Springs Uplands (4); Menlo School (7)

(2) **Top 10 – individuals:**

Boys D2:	Aydon Stefanopoulos, Los Gatos (5)
Boys D3:	Miles Cook, Sacred Heart Cathedral (3), Trey Wright, St. Ignatius (10)
Boys D4:	Eli Fitchen-Young, Santa Cruz (1)
Boys D5:	Landon Pretre, Menlo School (2); Benjamin Bouie, Crystal Springs Uplands (3); William Hauser, Menlo (4); Henry Hauser, Menlo School (8); Ryan Fitzpatrick, Nueva School (10)
Girls D2:	Kinga Czajkowska, Palo Alto (2); Amaya Bharadwaj, Palo Alto (4)
Girls D5:	Brooke Oliveira, Castilleja (3); Veronica Taira, Menlo School (9)

- b. Site: Woodward Park
c. Concerns/Comments

5. Next Years dates and qualifiers

- a. Important Dates & Scheduled Meetings
 - (1) Summer Period: *June 7 - July 27 (CIF/CCS practice rules "silent")*
 - (2) Dead Period: *July 28 – August 3 (no contact with athletes)*
 - (3) Limited Dead Period: *August 4 - August 7 (conditioning & weights only)*
 - (4) Practice Start Date: *Friday, August 8*
 - (5) Organizational Meeting: tentative - *Wednesday, August 13th*
 - (6) Evaluation Dates: *Tuesday, December 2nd*.
- b. Tournament Dates: **CCS Championship, Saturday, Nov. 15, 2025**
- c. Location: **TBD**
- d. Proposed Time Schedule -2025

<u>Division</u>		<u>Time</u>		<u>Time</u>
Division I	Boys	10:00 am	Girls	10:35 am
Division II	Boys	11:10 am	Girls	11:45 am
Division III	Boys	12:20 pm	Girls	12:55 pm
Division IV	Boys	1:30 pm	Girls	2:05 pm
Division V	Boys	2:40 pm	Girls	3:15 pm

6. CCS Bylaw review

- a. Division placement for 2025: Not yet confirmed due to CBED submission by schools
- b. Entry deadline/alternates-
 - (1) Monday, November 10th (forms due from League Reps)
 - (2) No individual alternates allowed
 - (3) **No addition to team size after deadline** – Enter with John/Jane Doe to fill roster
 - (4). Changes to **team** roster allowable up to 1 hour prior to race time.
- d. Coach present (all meets)

7. Tournament Guide recommendations-not major format changes

- a. TBD

8. Major Format Change Recommendations

- a. TBD

9. Honor Coach

- a. Congratulations to 2024 Honor Coach Awards Recipients:
 - Ron Ernst, Westmont
 - Steve "Obbie" O'Brien
- b. Nominations for 2025

10. Other items

- a. Invitational Meet Dates / CCS Sanctioning

2024 Update on Equity in the CCS Cross Country Championships

Third Year of Updated Divisions

2021 Imbalance

The method of distributing teams to Divisions prior to 2022 did not provide equitable and representative competitive fields across the various Divisions at the CCS Cross Country Championship

Primary goals for an equitable allocation of teams in the Divisions are to:

- Generate a balanced distribution of schools in each Divisional race
- Provide similar student body representation across the Divisions
- Assure minimum field size across all races (8+ teams)

2024 Entries Compared to 2021

Teams Entered	2024		2021	
	Girls	Boys	Girls	Boys
D1	12	12	15	19
D2	14	17	16	14
D3	13	10	9	13
D4	11	12	8	12
D5	9	16	9	8
Total teams	59	67	57	66

Target is 13 teams on the line in each gender/division race

Red shows 3 or greater away from 13

Qualifying Numbers for 2022-2024

- Total number of qualifying teams has increased with the change
 - 2021: 123
 - 2022: 133 (+10)
 - 2023: 127 (+4)
 - 2024: 126 (+3)
- DII still remains the largest division by way of qualifying teams (30+)
- Combined boys/girls D-V qualifier numbers have improved significantly
 - 2019: 14
 - 2022: 24 (+10)
 - 2023: 24 (+10)
 - 2024: 25 (+11)
- Overall number of girls' teams that have qualified to participate in the CCS championship has increased with the proposal
 - 2021: 57
 - 2022: 61 (+4)
 - 2023: 61 (+4)
 - 2024: 59 (+2)

Teams in the Races: Prior vs Current

- On average, over the past 14 competitive seasons, 64 girl and 67 boy teams in each gender have typically qualified for the CCS Cross Country championships.
 - ~13 schools per Division/Gender Race

- In 2021 the average number per Division for the previous 11 competitions:

D-I:	17.4 girls	17.3 boys
D-II:	14.7 girls	14.4 boys
D-III:	11.5 girls	11.3 boys
D-IV:	12.5 girls	13.5 boys
D-V:	8.6 girls	9.5 boys

- With updated Division structure for 2022 – 2024, the 3-year average:

D-I:	11.7 girls	12.7 boys
D-II:	14.7 girls	17.0 boys
D-III:	12.7 girls	12.0 boys
D-IV:	11.7 girls	12.7 boys
D-V:	9.7 girls	14.7 boys

2021 Imbalance in Representation

From an equity perspective, ideally each Division's allocation of teams would represent relatively equal numbers of students (within one standard deviation)

Division	Number of Schools (Boys)	2021 Total Student Population Represented
I	25	61,443
II	25	44,019
III	25	32,887
IV	25	18,455
V	31	8,064
Average		32,974
Average DI-DIV		39,201

Using 2020-2021 Boys CBED enrollment #s

2024 Representation

D-II and D-IV are still outside one standard deviation from the average

Division	Number of Schools	2024 Total Student Population Represented
I (15%)	15	38,532
II (25%)	25	45,541
III (25%)	23	33,968
IV (35%)	31	29,799
V (600 and below)	49	15,095
Average		32,587
Average DI-DIV		36,960

Using 2023-2024 CBED enrollment #s

Yellow indicates more than 1 STDev difference

Three Years of Data Points Summary

- Total number of team qualifiers has improved
- Number of teams in most Division races close to the target
 - D-II still has the largest field
 - D-V qualifying numbers have increased, but girls' number is a concern
- Enrollment representation by Division is improved, but still not inline with stated goal
 - D-II and D-IV are farthest away from the targeted average population number

Potential Change for Year 4

To bring Divisional representative enrollment numbers within one standard deviation of the average total enrollment for D-1 to D-IV, the following adjustment could be made:

- Change the allocation for D-II from 25% to 22%
 - 4 schools would move down to D-II using current CBEDs
- Change the allocation for D-IV from 35% to 38%
 - 4 schools would move down to D-IV using current CBEDs
- Using this year's results, this would:
 - Increase the D-IV team qualifying numbers to be closer to the 13-team target
 - Reduce the D-II team qualifying numbers to be closer to the 13-team target
 - Doesn't address D-V girl team numbers

Hypothetic Representation With Shift

D-I, D-II, D-III and D-IV are one standard deviation from the DI-DIV average.

One school shift DI to DII or DIV to DV makes a big difference—14 teams in D-I pushes D-II out of compliance

Division	Number of Schools	2024 Total Student Population Represented
I (15%)	15	38,532
II (22%)	21	38,892
III (25%)	23	35,357
IV (38%)	35	35,059
V (600 and below)	49	15,095
Average		32,587
Average DI-DIV		36,960

Using 2023-2024 CBED enrollment #s

D-V Girl Team Numbers

- Low was five (5) teams in 2013
 - Has been as high as eleven (11)
- This year, 23 out of 49 D-V girls had at least one 5-person team during season
 - 18 raced at their League Championships
 - 9 raced at CCS
- League Numbers for D-V girls
 - PSAL: 24 in League, 9 with teams, 8 at Champs, 4 at CCS D-V
 - PCAL: 15 in League, 7 with teams, 3 at Champs, 1 at CCS D-V
 - WBAL: 7 in League, 6 with teams, 6 at Champs, 3 at CCS D-V
 - PAL: 1 in League, 1 with team, 1 at Champs, 1 at CCS D-V
 - SCVAL: 1 in League
 - SCCAL: 1 in League

Central Coast Section Cross Country At-Large Calculations

Team At-Large: (as per CCS Cross Country bylaws) – Crystal Springs XC Course

If a team does not automatically qualify for the Section Meet at its final League event which qualifies athletes to the CCS Meet at the Varsity level, it will qualify as an At-Large Entry if it meets the following condition: The combined time for a team's top five (5) runners (team time) at its final League event which qualifies athletes to the CCS Meet at the Varsity level is less than the average of the median team time for 1997 and subsequent years at the Section Meet for the Division in which the team competes.:

Individual At-Large; (as per CCS Cross Country bylaws) – Crystal Spring XC Course

If an individual does not automatically qualify for the Section Meet at its final League event which qualifies athletes to the CCS Meet at the Varsity level, he/she will qualify as an At-Large Entry if he/she meets the following condition: An individual's time at his/her final League event which qualifies athletes to the CCS Meet at the Varsity level is less than the average of the median individual time for 1997 and subsequent years at the Section Meet for the Division in which the individual competes.

Adjustments for teams running their League event which qualifies athletes to the CCS Meet at the Varsity level at venues other than Crystal Springs XC Course (i.e. Pinto Lake, Toro Park, and Palo Corona)

Team At-Large:

1. Determine the team times for each team running at both their league event and Crystal Springs for the last five years when the CCS meet was conducted at Crystal Springs.
2. Using those differences, Find the average difference for all five years.
3. Add/subtract (as necessary) that difference from the Crystal Springs at-large times for each division.

Individual At-Large:

1. Determine the individual time for every runner who ran at both their league event and Crystal Springs for the last five years when the CCS meet was conducted at Crystal Springs.
2. Using those differences, Find the average difference for all five years.
3. Add/subtract (as necessary) that difference from the Crystal Springs at-large times for each division.

Central Coast Section 2025 CROSS COUNTRY AT-LARGE TIMES

If:

- your school runs your league finals at Crystal Springs XC Course AND
- you and/or your team are not automatic qualifiers to the CCS Meet AND
- you or your team run the following individual or team times or better (listed below for your school's division) at your final League event which qualifies athletes to the CCS Meet,

then you or your team will qualify as an at-large entrant to the CCS meet:

<u>Individual</u>			<u>Team</u>		
	<u>Boys</u>	<u>Girls</u>		<u>Boys</u>	<u>Girls</u>
Div 1	17:24	21:26	Div 1	85:35	105:25
Div 2	17:27	21:17	Div 2	85:37	104:29
Div 3	17:39	21:43	Div 3	86:38	106:33
Div 4	17:50	22:14	Div 4	87:24	108:41
Div 5	19:00	23:14	Div 5	93:14	115:06

If:

- your school runs your league finals at Pinto Lake XC Course AND
- you and/or your team are not automatic qualifiers to the CCS Meet AND
- you or your team run the following individual or team times or better (listed below for your school's division) at your final League event which qualifies athletes to the CCS Meet,

then you or your team will qualify as an at-large entrant to the CCS meet:

<u>Individual</u>			<u>Team</u>		
	<u>Boys</u>	<u>Girls</u>		<u>Boys</u>	<u>Girls</u>
Div 1	16 : 46	20 : 34	Div 1	82:31	100:41
Div 2	16 : 48	20 : 26	Div 2	82:33	99:45
Div 3	17 : 00	20 : 49	Div 3	83:34	101:49
Div 4	17 : 12	21 : 21	Div 4	84:20	103:57
Div 5	18 : 22	22 : 23	Div 5	90:10	110:22

If:

- your school runs your league finals at Toro Park XC Course AND
- you or your team are not automatic qualifiers to the CCS Meet AND
- you or your team run the following individual or team times or better (listed below for your school's division) at your final League event which qualifies athletes to the CCS Meet,

then you or your team will qualify as an at-large entrant to the CCS meet:

<u>Individual</u>			<u>Team</u>		
	<u>Boys</u>	<u>Girls</u>		<u>Boys</u>	<u>Girls</u>
Div 1	17:38	21:47	Div 1	86:26	107:18
Div 2	17:43	21:30	Div 2	87:05	105:18
Div 3	17:49	21:49	Div 3	87:32	107:21
Div 4	18:04	22:25	Div 4	88:16	110:02
Div 5	19:21	23:26	Div 5	94:37	115:58

If:

- your school runs your league finals at Palo Corona XC Course AND
- you and/or your team are not automatic qualifiers to the CCS Meet AND
- you or your team run the following individual or team times or better (listed below for your school's division) at your final League event which qualifies athletes to the CCS Meet,

then you or your team will qualify as an at-large entrant to the CCS meet:

<u>Individual</u>			<u>Team</u>		
	<u>Boys</u>	<u>Girls</u>		<u>Boys</u>	<u>Girls</u>
Div 1	18:07	22:13	Div 1	88 : 59	109 : 33
Div 2	18:10	22:04	Div 2	89 : 00	108 : 37
Div 3	18:22	22:30	Div 3	90 : 02	110 : 41
Div 4	18:33	23:01	Div 4	90 : 48	112 : 49
Div 5	19:43	24:01	Div 5	96 : 37	119 : 14



CIF/Central Coast Section

Cross Country Bylaws

2024-25



Section 1. SCHEDULED MEETINGS

- A. Organization:** **WEDNESDAY, AUGUST 14, 2024, TIME: 7:00 pm**
(date subject to change to ensure meeting is prior to all league organizational meetings)
- B. Evaluation:** **TUESDAY, DECEMBER 3, 2024, 7:00 PM**

Section 2. MEET DATES / SITES

- A.** The Section Meet is scheduled for: **SATURDAY, NOVEMBER 16, 2024.**
If the Meet is to be called because of inclement weather, the decision will be made as close as possible to 6:00 AM on the day of the Meet. The meet order will be set by the CCS office.
- B.** The CCS Commissioner and/or staff shall be responsible for all contracts for sites used during the CCS Play-offs. The CCS Commissioner and/or staff have sole authority to schedule or cancel sites, as well as full discretion as to the assignment or re-assignment of teams to times and sites throughout the CCS Play-offs. The CCS Commissioner and/or staff have the final authority in any disputes over sites or times of play, and the decision of the CCS Commissioner is not subject to appeal, due to the immediacy of running the Tournament for the good of the whole. Neutral sites are not a policy of the CCS and should not be expected in any rounds of play. Sites will be assigned by the CCS for the good of the Tournament.
- C.** League entries, from League Qualifying Meets, are to be submitted electronically by League Representatives, via email as described in the CCS Cross Country Participant Information Bulletin and also as posted on the CCS web site before: **NOON, on MONDAY, NOVEMBER 11, 2024**
1. League representatives must submit their final League entries including names of both Team and Individual Qualifiers after removing all scratches and inserting all alternates.
 2. Once League entries are submitted, individual alternates will not replace scratched athletes.

Section 3. DIVISION PLACEMENT *(as approved by the CCS Board of Managers, 3/30/2022)*

The previous year's grade 9-12 CBEDS figures, as listed below, will be used to adjust the size of each division.

- When determining the divisions, the CCS staff will utilize a list of *enrollments that is gender agnostic and without school names attached to insure objectivity.*
- Division V will be set at 600 and below. *The remaining schools shall be allocated into Divisions in the following manner:*
 - Division I: top 15%*
 - Division II: next 25%*
 - Division III: next 25%*
 - Division IV: remaining 35%*
- *If the number of schools was not cleanly divided by the percentages, the "extra" school(s) would be placed beginning in the higher division*
- If more than one school has the same enrollment at the "point of division," all schools with that enrollment. would be placed in the higher of the two divisions.

Section 4. QUALIFYING FROM LEAGUE TO SECTION

- A.** *Qualifying from the League Meets to the Section Meet will be accomplished as follows:*
1. The top half (rounding up) of complete teams competing in their respective final League event which qualifies athletes to the CCS Meet at the Varsity level advance to the Section Meet.
 2. All Leagues are guaranteed at least one (1) team in each Division that they have represented in their League.
 3. If a team does not automatically qualify for the Section Meet at its final League event which qualifies athletes to the CCS Meet at the Varsity level, it will qualify as an At-Large Entry if it meets the following condition:
 - a. The combined time for a team's top five (5) runners (team time) at its final League event which qualifies athletes to the CCS Meet at the Varsity level is less than the average of the median team time for 1997 and subsequent years at the Section Meet for the Division in which the team competes.
- B.** Each League qualifies the top three (3) individuals from their respective final League event which qualifies

athletes to the CCS Meet at the Varsity level (not on a qualifying team).

1. If an individual does not automatically qualify for the Section Meet at its final League event which qualifies athletes to the CCS Meet at the Varsity level, he/she will qualify as an At-Large Entry if he/she meets the following condition:
 - a. An individual's time at his/her final League event which qualifies athletes to the CCS Meet at the Varsity level is less than the average of the median individual time for 1997 and subsequent years at the Section Meet for the Division in which the individual competes.
- C. When two (2) or more basic Leagues join together to form supplemental Leagues, the following shall apply:
 1. When supplemental Leagues are formed, and each of the two (2) or more Leagues currently have Automatic Qualifiers to the CCS Tournament, the new supplemental Leagues shall retain the total of their previous Automatic Qualifiers [e.g., Leagues A and B each have three (3) Automatic Qualifiers. When the new supplemental Leagues are formed, combining A and B, they will have a total of six (6) Automatic Qualifiers].
 2. The League Board of Managers having governance authority over the supplemental Leagues shall determine in its bylaws how those Automatic Qualifiers will be allocated from the supplemental Leagues. In the absence of a basic League tournament to determine Section qualifiers, the basic League MUST allocate an automatic berth to each of the supplemental League Champions.
- D. **HARDSHIP APPEALS**
 1. Hardships may only be considered for qualification from League to the CCS Meet;
 2. Hardships only applies to an illness/accident that is non-sports related;
 3. The athlete must be under a medical doctor's care;
 4. Any request for hardship must be presented to the League Meet Director, IN WRITING, before the start of the athlete's race in the League meet;
 5. The athlete must have posted a previous mark in that season at an official meet on the course that is being used for that athlete's league meet that is better than the last individual qualifier's mark;
 6. The hardship hearing will be held on or before the second working day following the request for hardship;
 7. Appeals shall be conducted according to the respective League's By-Laws.
 8. If approved, the athlete will be added to the field of individual qualifiers from that league into the CCS Meet.

Section 5. QUALIFYING FROM SECTION TO STATE

- A. The number of team entries into the CIF State Championship Meet is based on a formula involving the following: *(the allocation of entries from each Section for the current year can be found on the CIF website: www.cifstate.org)*
 1. An established baseline providing a minimum number of entries for each CIF Section
 2. Additional/reduced entries may be allocated in subsequent years, based upon the most recent four (4)-year history of the Section team performance within each Divisional race;
 3. No CIF Section shall have more than seven (7) team entries in any Divisional race;
 4. A maximum of five (5) individuals, per criteria in each division, will qualify from Section to State meet finals as follows: If the division has 2 automatic qualifiers, the five must finish in the top 12. If the division has 3 automatic qualifiers, the five must finish in the top 14 and if the division has 4 automatic qualifiers, the five must finish in the top 16.
 5. If a State qualifier indicates that he/she will not compete in the State Meet, the next qualifying individual may be substituted as long as the respective scratch is declared and finalized by the end of the day at the Section meet. No such alternates will be allowed after entries have been submitted to the State CIF.

Section 6. RULES

- A. The current **National Federation Track & Field and Cross Country Rules** will be followed, with the modification that NO SPIKES ARE ALLOWED ON THE COURSE!
- B. Coaches need to pay particular attention to Rule 4, section 3 through & including article 3 in the NFHS rule book (Competitor's Uniform).
- C. Any school allowing an ineligible student-athlete, or more than seven (7) team members, to compete in the Section Meet is subject to disqualification from the Meet and from any other meets during the current season which are subsequent to the above infraction.
- D. **COACH MUST BE PRESENT**
Coaches are expected to be present at the Meet. All student-athletes competing in any CCS contest (scrimmages, alumni contests, pre-season, League and CCS Play-offs) must be accompanied by a coach that meets the following criteria, as addressed in [CIF Bylaw 503](#):
 1. **MUST BE THE "REGULAR COACH"**
The coach of either a public or private school team or athlete must be the coach of record for that school for the current season and must comply with all requirements of [CIF Bylaw 503](#).

- a. **PUBLIC SCHOOLS** - All public school teams must be coached by a person who meets the requirements of the California Ed. Code and the California Administrative Code Title V.
 - b. **NON-PUBLIC SCHOOLS** - In the case of a non-public school, a person engaged by that school on a yearly contract basis as a regular member of the school coaching or teaching staff and certified by the administrator for that school as competent for the position held.
2. **EMERGENCY SITUATIONS**
In the case of an emergency ONLY, the principal of the school may designate an alternate coach, as long as it is done in writing prior to the contest and submitted to the League Commissioner for all pre-season and League contests and the CCS Commissioner for CCS Play-off contests. Any alternate coach MUST be an individual who meets all the conditions required in Section 6.D.-1a. (above) in the case of a public school, and Section 6.D.-1b. (above) in the case of a non-public school.
3. **NO COACH PRESENT = STUDENT INELIGIBLE**

Section 7. APPEALS

- A. Any Head Coach can report an infraction to the Meet Referee.
- B. The Meet Referee will investigate the infraction, using all possible resources before making a ruling.
- C. The ruling of the Referee is final, except in the case of a rule interpretation. Interpretations may be appealed to the Jury of Appeals, in writing, within 30 minutes after the announcement of event results.

Section 8. AWARDS

- A. 20 Team Trophies: Champion and Runner-Up Teams in all Divisions.
- B. 70 Medals for members of championship teams: 7 medals for each championship team (all girls and boys divisions).
- C. 70 Medals for Individuals: 1st- through 7th-place finishers, Girls and Boys, in all Divisions.

Section 9. ELIGIBLE ATHLETES

- A. All athletes must be in good standing with their League, school and the CCS in order to compete. No ineligible athletes will be allowed to compete.
- B. Any player or coach who is disqualified from a Tournament contest for FLAGRANT MISCONDUCT or UNSPORTSMANLIKE BEHAVIOR will be disqualified from all remaining contests in that sport that season, including Nor-Cal and State CIF competition.

Section 10. SPORTSMANSHIP

- A. The member schools of the CIF-Central Coast Section are committed to providing a sportsmanlike environment for students, coaches and spectators.

Our Sportsmanship Definition is:
A person who can take a loss or defeat without complaint, or victory without gloating and who treats his/her opponents with fairness, courtesy and respect.

- B. The following behavior is **unacceptable** at all CIF/CCS High School contests

<ul style="list-style-type: none"> • berating your opponent's school or mascot • complaining about officials' calls (verbally or in gestures) • berating opposing players 	<ul style="list-style-type: none"> • artificial noise makers • obscene cheers / gestures • negative signs
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- C. **Sportsmanship Contract**: To this end, each school is required to submit one (1) signed Sportsmanship Contract on or prior to September 15 of the school year. This contract confirms that the principal has verbally and through written communication addressed the importance of sportsmanship to his/her student body, faculty and community.
- D. **Each Principal** is required by the CCS Board of Managers to meet with any team or individual athlete(s) from his/her school participating in the Tournament to review CCS Sportsmanship Information.

Section 11. PRACTICE AT CHAMPIONSHIP SITES

No arrangements for practice at competition sites are allowed by the CCS once the site of the Tournament has been announced. See the "General Tournament Information" Section of the CCS Playoff Bylaws (below) for the specific policy. Schools found in violation of this rule may be barred from further participation in Section Play-offs. CCS Playoff Bylaws—General Information

PRACTICE AT COMPETITION SITES

No arrangements for practice at competition sites are approved by the CCS.

- A. If the site of a future contest is open to public use (i.e., municipal tennis courts, public golf courses, etc.), they may be used for practice, subject to the control and policies of the owner/operator. **NO SPECIAL PERMISSION MAY BE SOUGHT.**
- B. College and community sites **SHALL NOT BE USED** by any school team, except as noted above, or if the school has a contract throughout the season to use the site as its home facility.
- C. Use of another school's facility, once designated as a Tournament site, **SHALL NOT BE ALLOWED! PLEASE DO NOT ASK FOR ANY SUCH USE!**

NOTE: These prohibitions are necessary for two significant reasons:

- We do not wish to inconvenience our hosts by additional usage; AND
- Near-by schools, with easier access to a particular facility, have a distinct advantage over distant schools.

Failure to comply with these regulations may affect the school's further participation in that Tournament during the current year or in the future.

Section 12. TOURNAMENT INFORMATION

The CCS [Participant Information Bulletin](#) will be posted on the CCS web page and sent to all schools and the media approximately three (3) weeks prior to the Meet.

**OTHER IMPORTANT DOCUMENTS RELATED TO PLAYOFFS:****[CCS PLAYOFF POLICY - Click here to see entire policy](#)****SEASON LONG LEAGUE PLAY**

The sole purpose of CCS Playoffs is to provide a post-season championship event for its full member school teams and individual student-athletes who have been engaged in season-long league play in a given sport and who have qualified through that league play in accordance with league, CCS and CIF qualification standards.

Season-long league play is defined as whenever teams and/or individual student athletes from a school, that is a basic or supplemental member of a league, engages in competition as officially scheduled by that league during the current season of sport. This also presumes that the school, which any team or individual student-athlete will be representing, is a member in good standing in its respective league and the CCS.

- A. Section playoffs are to be conducted as the culminating activity for teams and/or individuals who have been engaged in season-long league play in a given sport in the league in which the school, in which they are enrolled, is a basic or supplemental league member.
- B. Schools or leagues which do not conduct a given sport on a recognized league basis for the majority of a given sport season will not be allowed to enter League championship or CCS or CIF playoff competition. Exceptions to this general policy may be made by the Board of Managers as a result of a unique, short-term and specific circumstance beyond a school's control that directly causes the school to be unable to participate in that sport in season-long league play. This consideration does not extend to associate member schools, whose membership status precludes any team or individual student-athlete from those schools from participation in league, CCS or CIF playoff competition
- C. In individual sports, (swimming, track & field, cross country, tennis, golf, gymnastics, badminton, wrestling), a student athlete must be enrolled in a school that is a full CCS member school and is a member of a basic league. Such individual student-athletes must compete in at least ½ of the regularly-scheduled league meets in order to participate in the CCS or CIF playoffs in that sport. The specific qualification standards outlined in the CCS bylaws for each of these sports must be met in addition to this general minimum participation standard. Exceptions to this rule may be determined by the league ONLY
 - if there is a serious medical condition or hardship that is beyond the student's control and which clearly and solely causes their lack of participation in a minimum of ½ of their regularly-scheduled league contests OR
 - if the student has corrected a scholastic ineligibility in the most recent grading period which occurs after the first half of the league season is complete and which directly and solely causes their lack of participation in a minimum of ½ of their regularly-scheduled league contests.
 - If the student has been granted a SOP exception to the transfer rule, the date of which makes it impossible for them to compete in ½ of the league competitions in that sport;
 - if through internal team competition and ladder movement an athlete has not had the opportunity to participate in ½ the regular-scheduled league contests.

CCS SPORTSMANSHIP POLICY - [Click here to see entire policy](#)

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