



CENTRAL COAST SECTION

Evaluation Meeting Agenda

CROSS COUNTRY

December 3, 2024

7:00 pm



CCS Office is inviting you to a scheduled Zoom meeting.

Topic: CCS Cross Country Evaluation Meeting

Time: Dec 3, 2024 07:00 PM

Join Zoom Meeting

<https://us02web.zoom.us/j/88344727139?pwd=gTVMVNiPUUnsm3e1nzBtKIQGI8AYmOH.1>

Meeting ID: 883 4472 7139

Passcode: 568546

OR

Dial by your location

• +1 669 900 6833

1. Welcome & Introductions

- a. Including staff and Committee Chairperson(s)
- b. Roll call

2. Agenda changes, additions or deletions

3. Review – 2024 CCS Meet

- a. Results & congratulations (click for [complete results](#))

	Boys	Girls
Division 1	Mountain View	Mountain View
Division 2	Los Altos	St. Francis
Division 3	St. Ignatius	Sacred Heart Cathedral
Division 4	Marina	Scotts Valley
Division 5	Menlo	Crystal Springs Uplands

- b. Site
- c. Recognition and thank you's
- d. Concerns/Comments/Proposals

(1) Impact of new Division Placement alignment

	Division	Boys Teams	Girls Teams	Boys Ind.	Girls Ind.
2022	Division 1	12	10	87	108
	Division 2	17	15	129	115
	Division 3	15	14	114	100
	Division 4	14	11	104	101
	Division 5	14	10	108	72

	Division	Boys Teams	Girls Teams	Boys Ind.	Girls Ind.
2023	Division 1	13	12	94	83
	Division 2	17	15	125	114
	Division 3	11	11	87	89
	Division 4	11	12	103	95
	Division 5	14	9	105	69

	Division	Boys Teams	Girls Teams	Boys Ind.	Girls Ind.
2024	Division 1	12	12	89	84
	Division 2	17	14	134	107
	Division 3	10	13	78	99
	Division 4	12	10	101	86
	Division 5	16	9	128	75

(2) Possible bylaw adjustment:

Section 3. DIVISION PLACEMENT

The previous year's grade 9-12 CBEDS figures, as listed below, will be used to adjust the size of each division.

- When determining the divisions, the CCS staff will utilize a list of *enrollments that is gender agnostic and without school names attached to insure objectivity.*
- Division V will be set at 600 and below. *The remaining schools shall be allocated*

into Divisions in the following manner:

Division I: top 15%

Division II: next 25%

Division III: next 25%

Division IV: remaining 35%

- If the number of schools was not cleanly divided by the percentages, the “extra” school(s) would be placed beginning in the higher division
- If more than one school has the same enrollment at the “point of division,” all schools with that enrollment. would be placed in the higher of the two divisions.
- **Division placement will be reviewed every three years beginning in 2024**

(3) **Possible appendix to bylaws: Process for determining at-large team and individual entry standards.**

Section 4. QUALIFYING FROM LEAGUE TO SECTION (current language)

Team: If a team does not automatically qualify for the Section Meet at its final League event which qualifies athletes to the CCS Meet at the Varsity level, it will qualify as an At-Large Entry if it meets the following condition:

The combined time for a team's top five (5) runners (team time) at its final League event which qualifies athletes to the CCS Meet at the Varsity level is less than the average of the median team time for 1997 and subsequent years at the Section Meet for the Division in which the team competes.

Individual: If an individual does not automatically qualify for the Section Meet at its final League event which qualifies athletes to the CCS Meet at the Varsity level, he/she will qualify as an At-Large Entry if he/she meets the following condition:

An individual's time at his/her final League event which qualifies athletes to the CCS Meet at the Varsity level is less than the average of the median individual time for 1997 and subsequent years at the Section Meet for the Division in which the individual competes.

4. Review 2024 CIF State Meet

a. Results & congratulations:

(1) **Top 10 – teams:**

Boys D1:	
Boys D2:	
Boys D3:	
Boys D4:	
Boys D5:	
Girls D1:	
Girls D2:	
Girls D3:	
Girls D4:	
Girls D5:	

(2) **Top 10 – individuals:**

Boys D1:	
Boys D2:	
Boys D3:	
Boys D4:	
Boys D5:	
Girls D1:	
Girls D2:	
Girls D3:	
Girls D4:	
Girls D5:	

b. Site: Woodward Park

c. Concerns/Comments

5. Next Years dates and qualifiers

- a. Important Dates & Scheduled Meetings
 - (1) Summer Period: *June 7 - July 27 (CIF/CCS practice rules "silent")*
 - (2) Dead Period: *July 28 – August 3 (no contact with athletes)*
 - (3) Limited Dead Period: *August 4 - August 7 (conditioning & weights only)*
 - (4) Practice Start Date: *Friday, August 8*
 - (5) Organizational Meeting: tentative - *Wednesday, August 13th*
 - (6) Evaluation Dates: *Tuesday, December 2nd*.
- b. Tournament Dates: **CCS Championship, Saturday, Nov. 15, 2025**
- c. Location: **TBD**
- d. Proposed Time Schedule -2025

<u>Division</u>		<u>Time</u>		<u>Time</u>
Division I	Boys	10:00 am	Girls	10:35 am
Division II	Boys	11:10 am	Girls	11:45 am
Division III	Boys	12:20 pm	Girls	12:55 pm
Division IV	Boys	1:30 pm	Girls	2:05 pm
Division V	Boys	2:40 pm	Girls	3:15 pm

6. CCS Bylaw review

- a. Division placement for 2025: Not yet confirmed due to CBED submission by schools
- b. Entry deadline/alternates-
 - (1) Monday, November 10th (forms due from League Reps)
 - (2) No individual alternates allowed
 - (3) **No addition to team size after deadline** – Enter with John/Jane Doe to fill roster
 - (4). Changes to **team** roster allowable up to 1 hour prior to race time.
- d. Coach present (all meets)

7. Tournament Guide recommendations-not major format changes

- a. TBD

8. Major Format Change Recommendations

- a. TBD

9. Honor Coach

- a. Congratulations to 2024 Honor Coach Awards Recipients:
 - Ron Ernst, Westmont
 - Steve "Obbie" O'Brien
- b. Nominations for 2025

10. Other items

- a. Invitational Meet Dates / CCS Sanctioning

2024 Update on Equity in the CCS Cross Country Championships

Third Year of Updated Divisions

2021 Imbalance

The method of distributing teams to Divisions prior to 2022 did not provide equitable and representative competitive fields across the various Divisions at the CCS Cross Country Championship

Primary goals for an equitable allocation of teams in the Divisions are to:

- Generate a balanced distribution of schools in each Divisional race
- Provide similar student body representation across the Divisions
- Assure minimum field size across all races (8+ teams)

2024 Entries Compared to 2021

Teams Entered	2024		2021	
	Girls	Boys	Girls	Boys
D1	12	12	15	19
D2	14	17	16	14
D3	13	10	9	13
D4	11	12	8	12
D5	9	16	9	8
Total teams	59	67	57	66

Target is 13 teams on the line in each gender/division race

Red shows 3 or greater away from 13

Qualifying Numbers for 2022-2024

- Total number of qualifying teams has increased with the change
 - 2021: 123
 - 2022: 133 (+10)
 - 2023: 127 (+4)
 - 2024: 126 (+3)
- DII still remains the largest division by way of qualifying teams (30+)
- Combined boys/girls D-V qualifier numbers have improved significantly
 - 2019: 14
 - 2022: 24 (+10)
 - 2023: 24 (+10)
 - 2024: 25 (+11)
- Overall number of girls' teams that have qualified to participate in the CCS championship has increased with the proposal
 - 2021: 57
 - 2022: 61 (+4)
 - 2023: 61 (+4)
 - 2024: 59 (+2)

Teams in the Races: Prior vs Current

- On average, over the past 14 competitive seasons, 64 girl and 67 boy teams in each gender have typically qualified for the CCS Cross Country championships.
 - ~13 schools per Division/Gender Race

- In 2021 the average number per Division for the previous 11 competitions:

D-I:	17.4 girls	17.3 boys
D-II:	14.7 girls	14.4 boys
D-III:	11.5 girls	11.3 boys
D-IV:	12.5 girls	13.5 boys
D-V:	8.6 girls	9.5 boys

- With updated Division structure for 2022 – 2024, the 3-year average:

D-I:	11.7 girls	12.7 boys
D-II:	14.7 girls	17.0 boys
D-III:	12.7 girls	12.0 boys
D-IV:	11.7 girls	12.7 boys
D-V:	9.7 girls	14.7 boys

2021 Imbalance in Representation

From an equity perspective, ideally each Division's allocation of teams would represent relatively equal numbers of students (within one standard deviation)

Division	Number of Schools (Boys)	2021 Total Student Population Represented
I	25	61,443
II	25	44,019
III	25	32,887
IV	25	18,455
V	31	8,064
Average		32,974
Average DI-DIV		39,201

Using 2020-2021 Boys CBED enrollment #s

2024 Representation

D-II and D-IV are still outside one standard deviation from the average

Division	Number of Schools	2024 Total Student Population Represented
I (15%)	15	38,532
II (25%)	25	45,541
III (25%)	23	33,968
IV (35%)	31	29,799
V (600 and below)	49	15,095
Average		32,587
Average DI-DIV		36,960

Using 2023-2024 CBED enrollment #s

Yellow indicates more than 1 STDev difference

Three Years of Data Points Summary

- Total number of team qualifiers has improved
- Number of teams in most Division races close to the target
 - D-II still has the largest field
 - D-V qualifying numbers have increased, but girls' number is a concern
- Enrollment representation by Division is improved, but still not inline with stated goal
 - D-II and D-IV are farthest away from the targeted average population number

Potential Change for Year 4

To bring Divisional representative enrollment numbers within one standard deviation of the average total enrollment for D-1 to D-IV, the following adjustment could be made:

- Change the allocation for D-II from 25% to 22%
 - 4 schools would move down to D-II using current CBEDs
- Change the allocation for D-IV from 35% to 38%
 - 4 schools would move down to D-IV using current CBEDs
- Using this year's results, this would:
 - Increase the D-IV team qualifying numbers to be closer to the 13-team target
 - Reduce the D-II team qualifying numbers to be closer to the 13-team target
 - Doesn't address D-V girl team numbers

Hypothetic Representation With Shift

D-I, D-II, D-III and D-IV are one standard deviation from the DI-DIV average.

One school shift DI to DII or DIV to DV makes a big difference—14 teams in D-I pushes D-II out of compliance

Division	Number of Schools	2024 Total Student Population Represented
I (15%)	15	38,532
II (22%)	21	38,892
III (25%)	23	35,357
IV (38%)	35	35,059
V (600 and below)	49	15,095
Average		32,587
Average DI-DIV		36,960

Using 2023-2024 CBED enrollment #s

D-V Girl Team Numbers

- Low was five (5) teams in 2013
 - Has been as high as eleven (11)
- This year, 23 out of 49 D-V girls had at least one 5-person team during season
 - 18 raced at their League Championships
 - 9 raced at CCS
- League Numbers for D-V girls
 - PSAL: 24 in League, 9 with teams, 8 at Champs, 4 at CCS D-V
 - PCAL: 15 in League, 7 with teams, 3 at Champs, 1 at CCS D-V
 - WBAL: 7 in League, 6 with teams, 6 at Champs, 3 at CCS D-V
 - PAL: 1 in League, 1 with team, 1 at Champs, 1 at CCS D-V
 - SCVAL: 1 in League
 - SCCAL: 1 in League