

# LOS GATOS

## WINTER ALL-COMER TRACK MEETS

**December 14 & 21, 2024**

**EVENTS START AT 9 AM**

Gates open at 8am

### ***On the Track:***

<b>60m</b>	<b>150m</b>	<b>800m</b>	<b>300mH*</b>
<b>60mH</b>	<b>400m</b>	<b>1500m</b>	<b>4x100m</b>
<b>100m</b>	<b>600m</b>	<b>3000m</b>	<b>4x400m</b>

### ***In the Field:***

<b>High Jump</b>	<b>Shot Put</b>
<b>Long Jump</b>	<b>Pole Vault</b>
<b>Triple Jump</b>	

\*\*Events will be CANCELLED if there are not enough athletes to fill a heat or if there are not enough volunteers

**At Los Gatos High School**  
20 High School Ct, Los Gatos, CA

**REGISTER IN PERSON!**

\$10 per athlete or spectator; \$5 for 5 years or younger

**VOLUNTEERS NEEDED!**

Contact Doc! Arrive at 8am for Training!

**Questions? Coach "Doc" Danny Colton, [coachdcolton@lgsuhd.org](mailto:coachdcolton@lgsuhd.org) or Coach Andre Chapman Jr., [coachachapman@lgsuhd.org](mailto:coachachapman@lgsuhd.org)**

# ORDER OF EVENTS

**December 14 & 21 2024**  
**EVENTS START AT 9 AM**

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## ***On the Track:***

**9:00am** 4x100m  
400m  
1500m  
60m  
60mH  
800m  
600m  
100m  
3000m  
300mH  
150m  
4x400m

## ***In the Field:***

**9:00am** Shot Put  
Discus  
  
**9:00am** Pole Vault  
  
**9:00am** High Jump  
  
**9:00am** Long Jump  
Triple Jump

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