

## Agenda for SCVAL Post-Season Cross Country Meeting 2024

### 1. SCVAL team standings 2024:

PLACE	DAL- VG		DAL- VB		DAL- JVG		DAL- JVB	
1st	Los Gatos	31	Los Gatos	17	Los Gatos	23	Los Gatos	22
2nd	Lynbrook	69	Lynbrook	64	Lynbrook	41	Lynbrook	39
3rd	Monta Vista	82	Homestead	71	Homestead	68	Homestead	74
4th	Homestead	96	Cupertino	133	Fremont	109	Saratoga	120
5th	Cupertino	106	Monta Vista	135			Monta Vista	126
6th	Saratoga	150	Saratoga	149			Fremont	190
7th	Fremont	181	Fremont	150				

PLACE	EC- VG		EC- VB		EC- JVG		EC- JVB	
1st	Los Altos	34	Mountain View	22	Los Altos	23	Mountain View	27
2nd	Mountain View	52	Los Altos	61	Gunn	62	Los Altos	39
3rd	Palo Alto	65	Palo Alto	104	Mountain View	64	Palo Alto	76
4th	Gunn	93	Gunn	112	Palo Alto	71	Gunn	112
5th	Milpitas	144	Milpitas	115	Milpitas	153	Milpitas	147
6th	Wilcox	186	Santa Clara	165			Santa Clara	192
7th	Santa Clara	193	Adrian Wilcox	175			Adrian Wilcox	203
8th			MacDonald	252				

### **Congratulations to the top 3 individuals at SCVAL Finals:**

**DAL Varsity Boys:** 1st Aydon Stefanopoulos (Los Gatos), 2nd Adam Wang (Los Gatos), 3rd Conrad St Dennis (Los Gatos)

**EC Varsity Boys:** 1st Sam Hurst (Los Altos), 2nd Deven Koppala (Mtn. View), 3rd Ryan Chen (Mtn. View)

**DAL Varsity Girls:** 1st Anika Bhandarkar (Monta Vista), 2nd Taylor Chesarek (Los Gatos), Sarina Salzer-Swartz (Los Gatos)

**EC Varsity Girls:** 1st Kinga Czajkowska (Palo Alto), 2nd Amaya Bharadwaj (Palo Alto), 3rd Samantha Witteles (Los Altos)

**DAL JV Boys:** 1st Peter Malone (Los Gatos), 2nd Finn Allan (Los Gatos), 3rd Aarav Karasi (Lynbrook)

**EC JV Boys:** 1st Jordan Landaverde (Mtn. View), 2nd Ilan Gerber(Mtn. View), Paul Wang (Palo Alto)

**DAL JV Girls:** 1st Jieyu Chiu (Los Gatos), 2nd Tahlia Jones(Los Gatos), 3rd Tahlia Ford (Los Gatos)

**EC JV Girls:** 1st Lydia Anderson (Los Altos), 2nd Emma Beedon (Los Altos), 3rd Maya Yatsko (Los Altos)

**2. CCS Championships Results:**

Congratulations to all SCVAL teams on excellent results at CCS (State qualifiers in bold):

Division 1 Girls	Division 2 Girls	Division 3 Girls	Division 4 Girls
<b>Mountain View 1st</b>	<b>Los Altos 2nd</b>	Monta Vista 5th	Saratoga 8th
Homestead 5th	<b>Los Gatos 3rd</b>		
	<b>Palo Alto 4th</b>		
	Gunn 7th		
	Lynbrook 10th		

Division 1 Boys	Division 2 Boys	Division 3 Boys	Division 4 Boys	Division 5 Boys
<b>Mountain View 1st</b>	<b>Los Altos 1st</b>	Monta Vista 7th	Saratoga 10th	MacDonald 16th
Homestead 4th	Los Gatos 4th			
Milpitas 6th	Gunn 7th			
	Lynbrook 8th			
	Palo Alto 10th			
	Cupertino 14th			

**Congratulations to top 10 individual finishers and individual State meet qualifiers (in bold):**

Div 1 Girls: Maya Eisenberg 3rd (Mountain View), **Aziza Acosta 5th (Milpitas)**, Shira Kafka (Mountain View) 6th, Cassidy Misuraca 7th, Ada Bielinska 9th

Div 1 Boys: Ryan Chen 1st (Mountain View), Yuval Goldberg 2nd (Mountain View), **Arnav Agrawal 4th (Milpitas)**, Rowan Gentin 6th (Mountain View)

Div 2 Girls: 1st Kinga Czajkowska (Palo Alto), 2nd Amaya Bharadwaj (Palo Alto), 3rd Samantha Witteles (Los Altos), Shea Elmore 4th (Los Gatos)

Div 2 Boys: **Aydon Stefanopoulos 1st (Los Gatos), Dominic McMahon 5th (Santa Clara), Tristan Kippes 7th (Palo Alto),** Sam Hurst 8th (Los Altos), Dylan Frake 9th (Cupertino)

Div. 3 Girls: Miranda Hsu 8th (Monta Vista)

Div. 3 Boys: **Tanay Parikh 8th (Monta Vista)**

### 3. League Meet Discussion:

A. Set meet dates for League meets 2025. Suggested dates:

- SCVAL #1 Tuesday or ~~Wednesday~~? 9/23 @ Baylands
- SCVAL #2 Tuesday, 10/7 @ Crystal Springs
- SCVAL #3 Tuesday or Wednesday? 10/21-22 @ Baylands
- SCVAL Finals, Tuesday, 11/4
- CCS Meet Saturday 11/15, State Meet, Saturday 11/29

B. SCVAL #1 & #3

- i) Palo Alto & Los Altos to host again?
- ii) Feedback on race divisions (keep FSB and V2 division)
- iii) Host schools covering up front expenses is difficult. Discuss setting fees at start of season and get everything pre-paid in August/early September.
- iv) Assign jobs- bib order, EMT bookings, porta potties

C. Crystal Springs SCVAL #2 and Finals

- i) Review Crystal Springs Preview & SCVAL Championships operations.
- ii) Meet directors for next year?
- ii) SCVAL team t-shirt program- do we want to bring it back?
- iii) Feedback on Crystal - rules, bus drop off etc.

4. Vote for the Sportsmanship Team award and Coach of the Year award for each division.

5. Wet bulb rules

- Should we purchase a wet bulb meter for the league
- Contingency plans if reading too high (ie. delay start time, waves)

## 6. Certificates:

- All League: The top 15 finishers in the Varsity races and top 10 in the F/S boys' and JV girls' races will be awarded All-League status.
- Number of all-league certificates need for each school:

### De Anza League

Los Gatos VB 5, JVB 5, VG 5, JVG 4  
Lynbrook VB 4, JVB 4, VG 3, JVG 4  
Monta Vista VB 1, VG 2  
Cupertino VB 1, VG 2  
Homestead VB 3, JVB 1, VG 2, JVG 2  
Fremont VB 1

### El Camino League

Palo Alto VB 1, JVB 1, VG 2, JVG 2  
Los Altos VB 3, JVB 3, VG 7, JVG 4  
Gunn VB 1, VG 1, JVG 2  
Milpitas VB 2, VG 1  
Mountain View VB 7, JVB 6, VG 4, JVG 2  
Santa Clara VB 1,

- SCVAL Championship Team Certificates: Los Gatos VB/VG/JVB/JVG, Mountain View VB/JVB, Los Altos VG/JVG
- CCS Participation certificates:  
[https://cifccs.org/sports/certificates/Cross\\_Country\\_Participant.pdf](https://cifccs.org/sports/certificates/Cross_Country_Participant.pdf)
- CCS Coach certificates: [https://cifccs.org/sports/certificates/Cross\\_Country\\_Coach.pdf](https://cifccs.org/sports/certificates/Cross_Country_Coach.pdf)
- State participant certificate:  
[https://cifstate.org/sports/cross\\_country/certificates/2024\\_Cross\\_Country\\_PARTICIPANT.pdf](https://cifstate.org/sports/cross_country/certificates/2024_Cross_Country_PARTICIPANT.pdf)