CENTRAL COAST SECTION **CROSS COUNTRY**



Organizational Meeting August 13, 2025

This will be a Zoom meeting. Join Zoom Meeting:

https://us02web.zoom.us/j/81488195492?pwd=16wJ1WVaXPabfG u8wrqbJysiMjrrb7.1

OR

Dial by your location • +1 669 900 6833 US (San Jose)

Meeting ID: 814 8819 5492 Passcode: 039039



Welcome & Introductions

II. Approval of Agenda

- Additions to Agenda Α.
- В. Approval of Agenda

III. Review of Tournament Guide Dates

Meet: Saturday. November 15, 2025

Note: Entries Due: Monday, November 10, 2025, 12 noon

B. Evaluation Meeting: Tuesday, December 2, 2025, 7:00pm

IV. CCS Meet

Rules Review Α.

В. Review CCS X/C By-laws

> Note: Minimum of five full teams on the line at the league qualifier is required for automatic entry to the CCS Meet (as per CCS Bylaws, Article IV, Section 7.1 & 7.2)

Site: Crystal Springs Cross Country Course

CCS Office Liaison: Xolan Brown

Meet Directors: Steve Filios & Jim Marheinke

Seeding: Mark McConnell

Timing & Results: Sean Laughlin

- D. CBEDS/Division Placement
- Œ. **CCS At-large times**
- Participating School Sheet check for accuracy
- G. 2025 Schedule of Meets
 - 1. Approved CCS Invitationals
 - 2. League Championship/CCS Qualifier Meets-review

Proposed CCS Meet time schedule Η.

Division		<u>Time</u>		<u>Time</u>
Division I	Boys	10:00 am	Girls	10:35 am
Division II	Boys	11:10 am	Girls	11:45 am
Division III	Boys	12:20 pm	Girls	12:55 pm
Division IV	Boys	1:30 pm	Girls	2:05 pm
Division V	Boys	2:40 pm	Girls	3:15 pm



- I. Review rain-out/air quality issue procedures.
 - 1. Blanket email to coaches listed by their AD's in CIFCCS Home.
 - 2. Twitter/X post
 - 3. Reps contacted via mobile phone

Note: Reps make sure your contact mobile phone number is accurate with our office. This is the number used when notifying reps of a rain out. Note: farthest reps are called first.

- J. Review Crystal Springs Status
 - 1. Current situation
 - 2. 2025 Approved Schedule
 - 3. Safety concerns: EMT and Trainers.
 - 4. Restrooms
 - 5. Trash
 - 6. Team Drop-Off
 - 7. Crystal Springs Annual Clean-up

K. CCS Meet info

- 1. 2025 Information Bulletin will be available in early October. (Items that the Committee feels have been omitted in the past 2024 Bulletin ???)
- 2. Admission: Please remind runners, parents, and other interested folks that there is an entrance charge for the CCS Cross Country Meet.
- 3. Admission for Coaches/Athletes
- 4. No pass gate list for schools. Only meet management.
- 5. Commemorative T-shirt and sweatshirt availability
- 6. Results posting
- 7. Certificates of Participation
- 8. Other items of concern

L. Other Items

- 1. Extreme Heat and Air Quality Policy
- 2. NFHS Tips for Safter Running along the Roadside
- 3. NFHS Cross Country Uniform Rules

V. CIF State meet

- A. State Meet Date: November 29, 2025, Woodward Park, Fresno
- B. <u>Entry Numbers</u> To be confirmed by the CIF XC Advisory Committee at August 18 meeting
- VI. Items added to the agenda
- VII. Adjournment