

SCVAL Cross Country

League Meet # 1

Sunnyvale Baylands

999 E. Caribbean Dr. Sunnyvale, Ca

Tuesday September 23, 2025

Meet Director:

Palo Alto, Michael Davidson, mdavidson@pausd.org, 650-207-5580

Meet Schedule

3:15PM Varsity Boys (10 runners per team)

3:40PM Varsity Girls (10 runners per team)

4:10PM Varsity B Boys (unlimited # of entrants)

4:40PM Varsity B Girls (Unlimited # of entrants)

5:10PM Frosh/Soph Boys (unlimited number of entrants)

Duties For The Meet

Starter - Santa Clara

Backup Timers - Gunn & Cupertino (Only if necessary, otherwise assisting with Mats and Finish Line)

Mat monitors - Milpitas & Homestead

Finish Line (athlete support & clearing runners) - Mt. View, Fremont, MacDonald

Timing/Scoring - Hank Lawson

Set Up Course - Los Altos, Saratoga, Lynbrook, Palo Alto

EMT – Set up will be near the finish line

Turn Directors

Point A - Runners pass 3 times (Wilcox)

Point C - Runners pass 3 times (Los Altos)

Point D - Runners pass 4 times (Monta Vista)

Point E - Runners pass 2 times (Los Gatos)

Point F - Runners pass 1 time (Saratoga)

Point G- Runners pass 1 time (MacDonald)

Important Notes

Cars & Buses

- Please inform your parents there is an entry fee for all cars entering the park. The entry fee is \$6 per vehicle.
- Vehicles are not allowed off the asphalt roadways or parking lot areas at any time or for any reason.
- Reminder that buses are no longer permitted to remain in the parking lot. Be sure to have them either park away from the park or schedule for a return pick-up at the end of the meet.

Animals & Wildlife

- Please do not chase or bother geese or other wildlife
- Remind your parents there are NO DOGS ALLOWED in the park.

Garbage & Facilities Use

- Portable garbage and recycling containers will be placed near the finish and near team areas. Please use those rather than the park trash containers otherwise we may be charged a dumpster fee.
- Please be vigilant about picking up loose trash so it doesn't blow into the bay. If you see loose trash, please pick it up.
- Portable restrooms and hand washing stations will be provided. Please encourage your athletes to use them rather than the park restrooms as much as possible. Also, Coaches please check the park restrooms from time to time to make sure they are being kept clean.

General Team Information

- **Please DO NOT EMPTY COOLERS OF ICE OR WATER ON THE GRASS OR ON THE TREES. Please empty them into the drains near the picnic areas.**
- Sunnyvale employees will be there to assist and oversee during our use of the park, so if he/she gives you a reasonable order, please comply.
- No tents are allowed in the park, and no stakes are allowed to be driven into the ground to hold items (i.e. tarps, equipment, etc.)
- Please do not use the playground equipment.
- Water bottle fill stations are available near the restrooms.

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PARTICIPATION INVOICE

Participating Schools: Cupertino, Fremont, Gunn, Homestead, Los Altos, Los Gatos, Lynbrook, MacDonald, Milpitas, Monta Vista, Mountain View, Palo Alto, Santa Clara, Saratoga, Wilcox (15 Total)

Park Rental Cost: 1,561.80

Portable Toilets: \$1,435.51

EMT Services: \$620.00

Timer Services: \$500.00

Total Cost: \$ 4,117.31

Cost Per School: \$274.49

CHECK REMITANCE

Please make checks payable to:

Palo Alto High School ASB – Cross Country

Mail to:

ATTENTION: Athletic Director – Scott Davis

Palo Alto High School

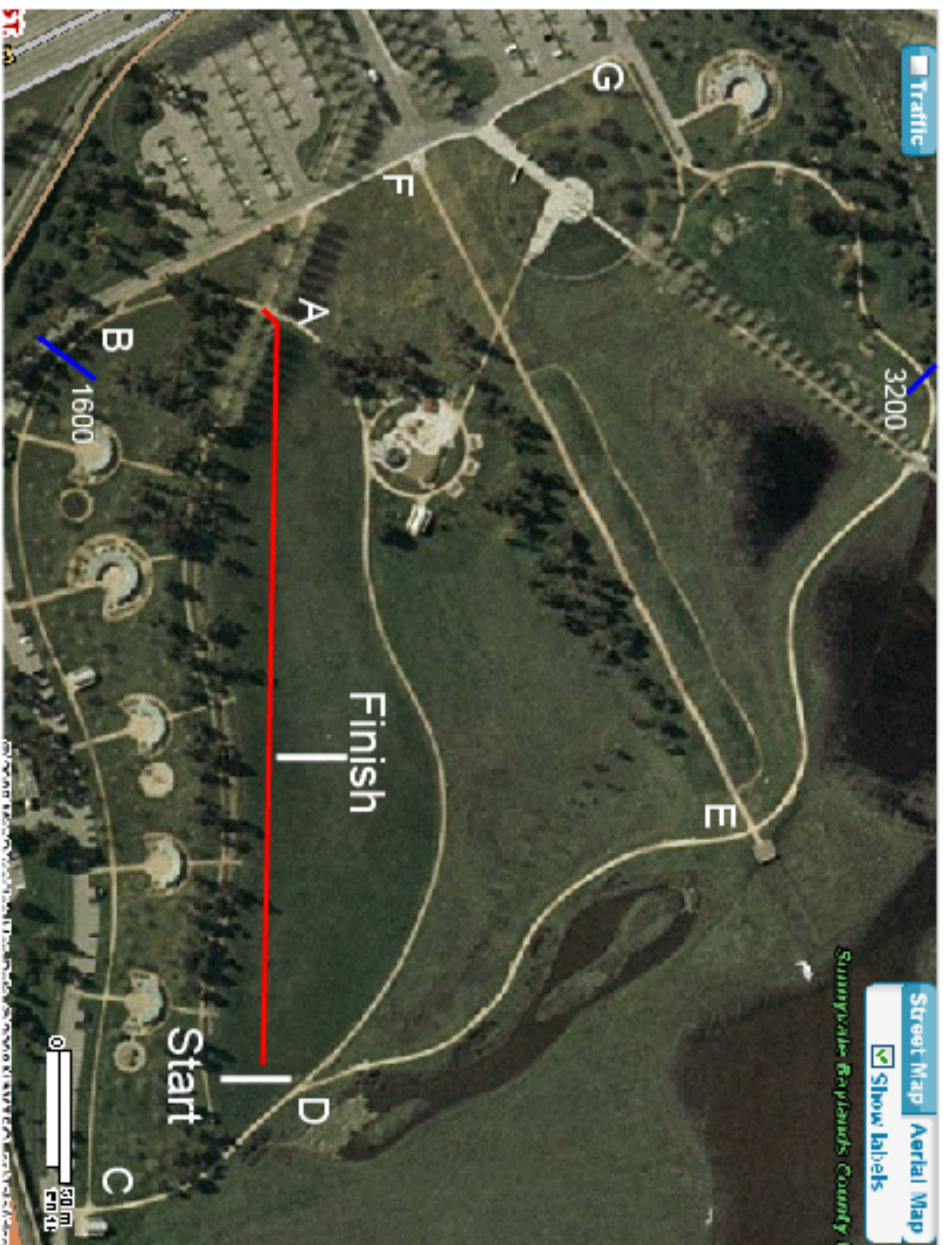
50 Embarcadero Rd.

Palo Alto, Ca.

94301

5000 METERS

5k Course Map



Start-A-B-C-D-A-B-1600-C-D-E-F-G-3200-E-D-C-B-A-D-Finish