

Agenda for SCVAL Post-Season Cross Country Meeting 2025

1. SCVAL team standings 2025:

Place	DAL - VG	DAL - VB	DAL - JVG	DAL - JVB
1st	Los Gatos 40	Los Gatos 35	Lynbrook 15	Homestead 22
2nd	Lynbrook 48	Lynbrook 47	Los Gatos 46	Lynbrook 34
3rd	Homestead 78	Homestead 48	Monta Vista 79	Los Gatos 74
4th	Saratoga 88	Monta Vista 132		Monta Vista 123
5th	Monta Vista 102	Saratoga 134		Saratoga 146
6th	Fremont 177	Fremont 160		Fremont 179
7th		Cupertino 185		Cupertino 189

Place	EC - VG	EC - VB	EC - JVG	EC - JVB
1st	Los Gatos 39	Mtn. View 34	Gunn 32	Mtn. View 17
2nd	Gunn 61	Los Altos 48	Los Altos 44	Los Altos 51
3rd	Mtn. View 62	Milpitas 55	Mtn. View 45	Palo Alto 81
4th	Palo Alto 96	Gunn 90	Milpitas 126	Milpitas 126
5th	Milpitas 97	Palo Alto 116	Palo Alto 133	Gunn 135
6th	Santa Clara 197	Santa Clara 169		Santa Clara 157
7th	Wilcox 200	Wilcox 211		Wilcox 227
8th		MacDonald 244		

Congratulations to the top 3 individuals at SCVAL Finals:

DAL Varsity Boys:

1st Joshua Lim (Homestead), 2nd Leo Silberstein (Homestead), 3rd Peter Malone (Los Gatos)

EC Varsity Boys:

1st Ryan Chen (Mtn. View), 2nd Taran Davies (Los Altos), 3rd Abhinav Chakrad (Milpitas)

DAL Varsity Girls:

1st Claire Hou (Saratoga), 2nd Nimeesha Kolari (Cupertino), 3rd Ella He (Cupertino)

EC Varsity Girls:

1st Amaya Bharadwaj (Palo Alto), 2nd Edith McKerracher (Gunn), 3rd Eliana Witteles (Los Altos)

DAL JV Boys:

1st Wyatt Sanborn (Homestead), 2nd Lennon Nagaoka (Homestead), 3rd Joshua Williams (Homestead)

EC JV Boys:

1st Easton Smith (Mtn. View), 2nd Jack Gallienne (Mtn. View), Theo von Zweigbergk (Mtn. View)

DAL JV Girls:

1st Anjail Rao Lynbrook), 2nd Saram Rokhade (Lynbrook), 3rd Kayla Hassur (Lynbrook)

EC JV Girls:

1st Juli Barberi (Los Altos), 2nd Lyla Schram (Gunn), 3rd Alice Zhao (Gunn)

2. CCS Championships Results:

Congratulations to all SCVAL teams on excellent results at CCS (State qualifiers in bold):

D1 Girls	D2 Girls	D3 Girls	D4 Girls
Los Altos 1st	Mtn. View 2nd	Monta Vista 7th	Saratoga 6th
Milpitas 5th	Gunn 4th	Wilcox 14th	
Homestead 10th	Lynbrook 7th		
	Los Gatos 8th		
	Palo Alto 9th		

D1 Boys	D2 Boys	D3 Boys	D4 Boys	D5 Boys
Milpitas 3rd	Mtn. View 1st	Monta Vista 7th	Saratoga 9th	
Los Altos 4th	Los Gatos 5th	Wilcox 13th		
Homestead 6th	Gunn 6th			
	Lynbrook 7th			
	Palo Alto 14th			

Congratulations to the top 10 individual finishers and individual State meet qualifiers (In bold)

Div 1 Girls:

Samantha Witteles 2nd (Los Altos), Eliana Witteles 3rd (Los Altos), Aziza Acosta 7th (Milpitas), Cali Barberi 9th (Los Altos), Angela Rokita 10th (Milpitas)

Div 1 Boys:

Iyer Rohan 3rd (Milpitas), Taran Davies 5th (Los Altos), Abhinav Chakrad 7th (Milpitas), Agrawal 10th (Milpitas)

Div 2 Girls:

1st **Amaya Bharadwaj (Palo Alto), Edith McKerracher 6th (Gunn), Ada Bielinska 10th (Mtn. View), Rosalind Fennelly 12th (Lynbrook), Piper Pyle 15th (Los Gatos)**

Div 2 Boys:

Ryan Chen 2nd (Mtn. View), Deven Koppala 4th (Mtn. View), Dean Caringella 7th (Mtn. View), Liam Tassa 8th (Mtn. View), Tarun Nikhil 9th (Gunn), Ilan Gerber 10th (Mtn. View), Randy Zhong 12th (Gunn)

Div. 4 Girls:

Claire Hou 10th (Saratoga)

3. League Meet Discussion:

A. Set meet dates for League meets 2025.

Suggested dates: **(CONFIRMED)**

- SCVAL #1 Tuesday 9/22 ~~or Wednesday 9/23~~ @ Baylands
- SCVAL#2 Tuesday, 10/6 @ Crystal Springs
- SCVAL #3 Tuesday 10/20 ~~or Wednesday 10/24~~ @ Baylands
- SCVAL Finals, Tuesday, 11/3
- CCS Meet Saturday 11/14
- State Meet, Saturday 11/28

All cluster meets @ 3:15 PM and Finals @ 1:45 PM

B. SCVAL #1 & #3

i) Palo Alto & Los Altos to host again **(CONFIRMED)**?

ii) Feedback on race divisions (keep FSB and V2 division - **CONFIRMED**)

iii) Host schools covering up-front expenses is difficult.

Discuss setting fees at the start of the season and get everything prepaid in August/early September.

- **Will have Rick ask Brad/ADs about invoicing at the end of the school year for next fall, to budget ahead of time.**
- Would be ~10k (~\$1k per school)
- Need to bill before the end of the school year end of June (before pre-season)
- The facility fee needs to be paid at a minimum of 6 weeks before the first meet, and this is why they need to do this process early, and do both of them at the same time, since it is the same process.

— Meet 1 had the Porta-potties removed mid-meet, so they did not bill us.

iv) Assign jobs- bib order, EMT bookings, porta-potties

- Bibs - Lynbrook (Bill will come through Ricks' invoice)
- EMT (Rick will take care of)
- Porta-potties (Rick will take care of)

C. Crystal Springs SCVAL #2 and Finals

i) Review Crystal Springs Preview & SCVAL Championships operations.

- 1 Dog
- 1 issue with the finals, first race, there were some walkers at the end who blocked the path for the front runners of the JV race. Walkers should stick to one side or we should account for it in the race start times.
- CCS needs to educate the league with SVSOA

ii) Meet directors for next year?

Mtn. View and Lynbrook will do it again in 2026

The bylaw needs to be changed to show the dates change, but everyone stays in the same order. Los Altos and Palo Alto should be at the bottom of the list as long as they continue to hold SCVAL #1 and #3.

continue to host SCVAL #1 and #3.

Directors for the meet SCVAL #2 and finals #4...

	<i>El Camino</i>		<i>DeAnza</i>
2025	Mountain View		Lynbrook
2026	Los Altos		Fremont
2027	Milpitas		Los Gatos
2028	Santa Clara		Homestead
2029	Wilcox		Cupertino
2030	MacDonald		Monta Vista
2031	Palo Alto		Saratoga
2032	Gunn		

iii) Gate from SCVAL? Break even?

- We might need to have a school check the tickets
- We should put a big QR code (“Support SCVAL XC, all money goes to fund this meet” and have someone there to say they can we help, but after the race starts, they do not need to man it.
- If it gets assigned to a school, there should be a few people, and someone has GoFan BoxOffice set up with the scanner
- **The final decision was first, put up QR and someone to help before setting up a gate.**

iv) SCVAL team t-shirt program

- Will not do it again since there was not much ordered
Kirk ended up eating some costs.
- Kirk is willing to hand over info, etc., if anyone wants to take it over

v) Feedback on Crystal - rules, bus drop off, etc.

- None - all good

4. Vote for the Sportsmanship Team award and Coach of the Year award for each division.

- The vote took place results will be on SCVAL.com

5. Wet bulb

- Should we purchase a wet bulb meter for the league
 - Palo Alto has agreed to be the backup
 - David Garza will notify MD and Palo Alto if he will not attend.
 - David Garza’s Wet Bulb is to be the primary to use as he is logging data with it for historical record keeping and analysis.
- Contingency plans if reading too high (ie, delay start time, waves)
 - A delayed start time is what would be needed to be done as WBGT lowers later in the day.

- We can anticipate this by having David Garza send the MD and timer the WBGT weather prediction, to know if we need to move the schedule back. It would then be the MD who decides and communicates it back to the group.
- Garza, issues or comments
 - The only meet where the WBGT was closest to causing a delay was SCVAL #1 (Baylands). But we were fine, as it was at Orange Flag level for both the Varsity races, and then went to Yellow Flag for V2 Boys.
 - SCVAL #1 should be the only meet we expect to see potential WBGT delays at for now. Maybe in quite a few years, we will be closer to delays, but I will keep collecting data so we will know the trajectory. For now, since the meet takes place at the bay, there is a good breeze, and delays should not be an issue.
 - AQI was mentioned by Brad to be something that potentially could have rules/legislation passed in the future. I have an Air Quality meter, and I included that in my analysis for this season's meets (I forgot to set it up at SCVAL #1, so we have no data for that one). The only time when AQI would have been a potential concern was SCVAL #3 (Baylands), which was quite dusty on that day. However, per the AQI guidelines, we would have still been okay to compete.

6. Certificates:

All League:

- The top 15 finishers in the Varsity races and
- The top 10 in the F/S boys' and JV girls' races.

Number of all-league certificates needed for each school:

De Anza League

Los Gatos VB 5, JVB 1, VG 5, JVG 4

Lynbrook VB 5, JVB 5, VG 4, JVG 6

Monta Vista VB 1, VG 1

Cupertino VG 2

Homestead VB 3, JVB 4, VG 1

Fremont VB 1

Saratoga VG 2

El Camino League

Palo Alto VG 1

Los Altos VB 4, JVB 2, VG 6, JVG 3

Gunn VG 3, JVG 4

Milpitas VB 2, VG 2, JVB 1

Mountain View VB 7, JVB 7, VG 3, JVG 3

SCVAL Championship Team Certificates:

- Los Gatos VB/VG
- Mountain View VB/JVB
- Los Altos VG
- Homestead JVB
- Lynbrook JVG
- Gunn JVG

CCS Participation certificates:

https://cifccs.org/sports/certificates/Cross_Country_Participant.pdf

State participant certificate:

https://cifstate.org/sports/cross_country/certificates/2025_Cross_Country_PARTICIPANT.pdf

7.F/S Boys (Hal)

Julie looked at the top 17, and several teams with the top 3 were Juniors, and overall, 22-25% of the top 7 were Juniors.

The league is the one that dictated there can only be 4 races. So we choose between F/S or JV. Rick will talk with ADs to let them know there is sentiment to change from JV to F/S on the boys. To see what the rebuttals would be and then be able to get a group together to make a formal proposal.

Hank Lawson Minutes

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		6		
6 th	Santa Clara 197	Santa Clara 169		Santa Clara 157
7 th	Wilcox 200	Adrian Wilcox 211		Adrian Wilcox 227
8 th		MacDonald 244		

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2. CCS Championships Results:

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3. League Meet Discussion:

A. Set meet dates for League meets 2025. Suggested dates:

- SCVAL #1 Tuesday 9/22 or Wednesday? 9/23 @ Baylands
- SCVAL#2 Tuesday, 10/6 @ Crystal Springs
- SCVAL #3 Tuesday 10/20 or Wednesday? 10/21 @ Baylands
- SCVAL Finals, Tuesday, 11/3
- **ALL SCVAL MEETS MEETS WILL BE ON TUESDAY.**
- CCS Meet Saturday 11/14, State Meet, Saturday 11/28

B. SCVAL #1 & ^{#3}

B.i) Palo Alto & Los Altos to host again? **YES**

B.ii) Feedback on race divisions (keep FSB and V2 division) **YES. Looking at billing schools in May 2026 so the MDs schools ASB don't have to deal with all the deposits and billings. Costs would fall on Rick, with League costs being**

paid by schools well in advance (like the spring before the next xc season). Michael will talk with EMTs, porto-potties and Baylands fee in advance to solidify expenses.

B.iii) Host schools covering up front expenses is difficult. Discuss setting fees at start of season and get everything pre-paid in August/early September. See above

B.iv) Assign jobs- bib order, EMT bookings, porta potties

C. Crystal Springs SCVAL #2 and Finals

C.i) Review Crystal Springs Preview & SCVAL Championships operations.

C.ii) Meet directors for next year?

continue to host SCVAL #1 and #3.

Directors for the meet SCVAL #2 and finals #4...

	<i>El Camino</i>	<i>DeAnza</i>
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2028	Santa Clara	Homestead
2029	Wilcox	Cupertino
2030	MacDonald	Monta Vista
2031	Palo Alto	Saratoga
2032	Gunn	

C.iii) Gate from SCVAL? Break even? GoFan brought in \$400 LESS this year. We need to have a school run the gate in 2026.

C.iv) SCVAL team t-shirt program- do we want to bring it back? Kirk, issues? If you want League T-shirts then we need someone to take this over. Kirk will give whoever takes this over all the info/contacts he has.

C.v) Feedback on Crystal - rules, bus drop off etc.

4. Vote for the Sportsmanship Team award and Coach of the Year award for each division.

5. Wet bulb rules

- Should we purchase a wet bulb meter for the league
- Contingency plans if reading too high (ie. delay start time, waves)
- Garza, issues or comments. We have 2 instruments between Garza & Davidson, so we should be good.

6. Certificates: **see Rick if you're missing any.**

- All League: The top 15 finishers in the Varsity races and top 10 in the F/S boys' and JV girls' races will be awarded All-League status.
- Number of all-league certificates need for each school:

De Anza League

Los Gatos VB 5, JVB 1, VG 5, JVG 4

Lynbrook VB 5, JVB 5, VG 4, JVG 6

Monta Vista VB 1, VG 1

Cupertino VG 2

Homestead VB 3, JVB 4, VG 1

Fremont VB 1

Saratoga VG 2

El Camino League

Palo Alto VG 1

Los Altos VB 4, JVB 2, VG 6, JVG 3

Gunn VG 3, JVG 4

Milpitas VB 2, VG 2, JVB 1

Mountain View VB 7, JVB 7, VG 3, JVG 3

- SCVAL Championship Team Certificates: Los Gatos VB/VG, Mountain View VB/JVB, Los Altos VG, Homestead JVB, Lynbrook JVG, Gunn JVG

- CCS Participation certificates:

https://cifccs.org/sports/certificates/Cross_Country_Participant.pdf

- State participant certificate:

https://cifstate.org/sports/cross..country/certificates/2025_Cross_Country_PARTICIPANT_.pdf

FS vs JV

Looking at the pros and cons of having one, the other or both.

Over at 8:35