

Results of North Coast Section Cross Country Meet

At Lafayette Reservoir

Wednesday, Nov. 15, 1972

<u>Varsity</u>	<u>Frosh-Soph</u>	<u>Frosh (Exhibition)</u>
1 Redwood 50	1 Castro Valley 73	1 Portola Jr. High 89
2 San Ramon 88	2 Miramonte 103	2 San Rafael 95
3 Irvington 90	3 Ygnacio Valley 112	3 College Park 118
4 Petaluma 146	4 Mt. Diablo 116	4 Alameda 126
5 Washington 174	5 Irvington 128	5 Mt. Diablo 127
6 Ygnacio Val 178	6 Amador 137	6 Kennedy (Fre.) 129
7 Alameda 188	7 Tamalpais 165	7 Livermore 133
8 Pleasant Hill 208	8 Redwood 166	8 Mission San Jose 138
9 Antioch 230	9 El Cerrito 168	9 San Ramon 186
10 Eureka 253	10 Bishop O'Dowd 254	10 Redwood 225
11 De La Salle 254	11 Sonoma 273	
12 San Rafael 260	12 Analy 277	
13 Napa 296	13 Eureka (No Entry)	

Varsity (3 Miles)

1 Rich Kimball	DeLaS	14:12	45 Brian Mc Curdy,	S Raf	15:44
N.C. Record for Laf. Res. (Old Rec. - Tom Hale - Campo - 14:18)			46 John McDaniel	Napa	45
2 Roy Kissin	S Ram	14:22	47 Jed Morrov	S Ram	47
Ind-Tom Read	Mission	26	48 Scott Bennett	Petaluma	48
3 Mike Ruffatto	Wash	30	49 Corky Schoonmaker	Eureka	48
4 Angelo Martinez	Alameda	34	50 Blake, Pete	Pl Hill	50
Ind-Ted Quintana	S Lor	38	51 Kevin Van Katwyk	Ygnacio	51
5 Ned Overend	Redwood	43	52 Bruce Kaufman	Wash	51
6 Rusty Nahirny	Wash	47	53 Tom Stibich	S Raf	51
7 Pete Sweeney	Redwood	48	54 Steve Reeves	Eureka	51
8 Dan Aldridge	Petaluma	50	55 Olaf Van Ardenne	Ygnacio	52
9 Bryan Tracy	Redwood	53	56 Robert Moore	Antioch	56
10 Jon Sisler	Petaluma	54	57 Virgil Chavez	Pl Hill	57
11 Dan Arriola	Irving	55	58 Glenn Parker	Pl Hill	58
12 Jan-Eric Moller	Redwood	56	59 Craig Loop	Ygnacio	16:01
Ind- John Mijares	Pitt	59	60 Frank Prado	Pl Hill	01
13 Steve Houseworth	Irving	59	61 Paul Breittkopf	Alameda	01
14 Mike Jones	S Ram	59	62 Bill Wetjen	Petaluma	01
15 Perry Anderson	Antioch	15:01	63 Jim Ortez	Alameda	01
16 Steve Lundin	S Ram	02	64 Steve Przybyszewski	Petaluma	01
17 Mike Killeen	Redwood	04	65 Dan Ingram	Petaluma	10
18 Mike Stauber	Petaluma	05	66 Randy Gilliam	Antioch	13
19 Barry Smith	Alameda	08	67 John Diola	Alameda	14
20 Oliver Bastien	Napa	11	68 Jim Devlin	De La S	15
21 Don Guillard	Irving	12	69 Gary Duarte	Antioch	15
22 Stacy Hanoum	Irving	14	70 Frank Wagner	De La Salle	15
23 Tony Martinez	Irving	14	71 John Embody	De La S	15
24 Mike Kelly	Antioch	15	72 Rod McDaniel	Napa	15
25 Dan Cunningham	Pl. Hill	16	73 Mark Brandt	Antioch	31
Ind-Paul Phillipp	Analy	18	74 Tikos Blankenberg	De La S	31
26 Mike Dayton	S Ram	22	75 Gary Reed	Wash	35
Ind-Steve Ricker	Montgom	24	76 Steve Leslie	Eureka	37
27 Joe Ciraulo	Ygnacio	25	77 John Warren	Alameda	38
28 Gary McManus	Ygnacio	27	78 Mike Chessar	Napa	48
29 Ed Phelps	Redwood	28	79 Greg Higgins	De La S	49
30 Mark Schratz	S Ram	28	80 Terry Kelly	Napa	59
31 Lynn Ryan	Irving	30	81 Darrel Divis	Irvington	17:00
32 David Wells	Eureka	30	82 John Bushner	Wash	02
33 Brian Woodhouse	S Raf	31	83 Rick Hardina	Eureka	05
34 Pete Demarais	Redwood	32	84 Bob Pfaffenberger	Antioch	13
35 Steve Nicolini	Ygnacio	32	85 Dennis Fid	Napa	18:18
36 Alan Sauer	Pl. Hill	33	86 Steve Foehr	S Raf	22
37 Keith Jacobson	Ygnacio	33	87 Jim Reed	Napa	27
38 Jerry Walters	Wash	33	88 Ron Hill	S Raf	28
39 Rick Connett	S Ram	35			
40 Roger Smith	Pl Hill	38			
41 Mike Norton	Alameda	38			
42 Mike Whitehead	Eureka	38			
43 Ray Green	S Raf	39			
44 Dave Del Beccaro	De La S	40			

North Coast Section C.C. 1972

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Frosh-Soph (2 Miles)

Ind-Terry Lomax	Albany	10:46	47 Bob Amaral	El Cer	11:56
Ind-Russ Wright	Arroyo	47	48 Steve Haas	Miramonte	57
1 Mike Collins	O'Dowd	52	49 Brian Pepper	Miramonte	59
2 Eric Lund	Miramonte	53	50 Scott Seaton	Ignacio V	12:00
3 Bob Turney	Ignacio V	59	51 Andy Smith	Redwood	01
4 Kim Baez	Tamal	11:03	52 Dave Stephens	Irvington	01
5 Joe Martin	Amador	04	53 Pete Dewlaney	Mt. Diab	02
6 Alan Bell	Ignacio V	05	Ind-Dave Redding	Ukiah	03
7 Jon Barbara	Miramonte	06	54 John Gioia	El Cer	04
8 Doug Hall	Castro V.	07	55 Dale Rowe	O'Dowd	05
9 Phil Arzino	Castro V	10	56 Dave Milichichi	Castro V	08
10 Kevin Rudy	Castro V	11	57 Rod Matteri	Analy	09
11 Dave Flores	Irvington	11	58 Jeff Simons	Ignacio V	09
Ind-Kim Orndoff	De Anza	12	59 Ken Haubroch	Castro V	09
12 Dennis Chase	Mt. Diab	14	60 Alan Divis	Irvington	11
13 Phil Hornig	Castro V	15	61 Gene Kruppa	Amador	14
14 Steve Fether	Ignacio V	15	62 Richard Moore	Ignacio V	16
15 Bob Garrison	Mt. Diab	17	63 Tim Heskett	Sonoma	17
16 Ken Keeth	Irvington	19	64 Bob Mash	Redwood	19
17 Augie Louis	Redwood	20	65 Ed Erker	O'Dowd	21
18 Dean Allen	El Cer.	21	66 Bob Cumming	O'Dowd	24
19 Bob Shardrew	Mt. Diab	23	67 Don Stone	O'Dowd	39
20 Rhett Wilkes	Tamal	24	68 Mike Wilson	Analy	42
21 John Schauter	Miramonte	25	69 Holly Wilson	Analy	45
22 Jim Reichle	El Cer.	26	70 Mark Larson	Amador	49
23 Steve Locey	Tamal	27	71 Myray Bollman	Sonoma	56
24 Allen Staples	Irvington	27	72 Romiguere	O'Dowd	13:02
25 Phil Dillenburg	Amador	29	73 Dave Hughes	Analy	03
26 Scott Hickman	Redwood	31	74 Doug Gross	Analy	04
Ind-Ken Turner	De Anza	34	75 Simon Thornton	Tamal	13
27 Andy Picetti	El Cer	35	76 Eric Vezle	Tamal	14
28 Chuck Tockey	Amador	35	77 Nathan Silverman	El Cer	39
29 Bill Watson	Miramonte	37	78 Kevin Martin	Sonoma	44
30 Henry Klassen	Sonoma	38	79 Mike Palme	Sonoma	14:05
31 Fred Montini	Sonoma	38	80 Richard Stello	Sonoma	34
32 Brian Cox	Redwood	40			
33 Ron Stevenson	Castro V	40			
34 Brad Livers	Mt. Diab	42			
35 Robert Mangan	Irvington	43			
36 Rob McMillan	Mt. Diab	46			
37 George Melo	Analy	47			
38 Jim Helton	Amador	48			
39 Scott Grill	Ignacio	49			
40 Hal Schulz	Redwood	50			
41 Rob Burton	Amador	52			
42 Tony Martinez	Irvington	53			
43 Doug Ober	Tamal	54			
44 David Jones	Miramonte	55			
45 Jeff McQuay	Mt. Diab	55			
46 Jim Thorne	Analy	56			

North Coast Section C.C. 1972

Frosh (2 Miles)

1 Albert King	Port. Jr Hi	11:09	53 Bruce Linscott	Redwood	12:51
2 Brooke Chesnut	S Rafael	10	54 Mario Lopez	Redwood	54
3 Kevin Searls	College P	12	55 Steve Colombe	S Rafael	57
4 Don Pangborn	Kennedy	13	56 Stephen French	Port Jr Hi	13:04
5 Jim Doohan	S Ramon	14	57 Deke Welch	S Rafael	05
6 Steve Benson	Mission SJ	38	58 Jeff Newhaus	Redwood	07
7 Joe Acton	College P	39	59 Fred Bode	S Rafael	14
8 Brian McGuire	S Rafael	44	60 Greg Kackman	S Ramon	15
9 Boyd Tarin	Livermore	45	61 Ron Milnes	S Ramon	22
10 Brett Hazen	Livermore	46	62 Dave Frank	Livermore	25
11 Steve Roberts	S Rafael	49	63 Carl Slawinski	S Ramon	35
12 Alan Bakker	Port Jr Hi	50	64 Mark Silva	Livermore	46
Ind-Steve Parker	Zane Jr Hi	51	65 Dan Grebner	S Ramon	49
13 Rob Young	Mt. Diab	51	66 Rich Lawson	College P	14:43
14 Mike Nagel	Livermore	53	67 John Nienstein	Redwood	15:28
15 Steve Chin	Alameda	57	68 Jim Trimble	Livermore	30
16 Chuck McMillan	Redwood	12:00			
17 Mark Sanchez	Kennedy	01			
18 Mark Nordeen	Kennedy	01			
19 Tony Alex	S Rafael	04			
20 Kendall Yoshisato	Port Jr. Hi	05			
21 David Acosta	Alameda	08			
22 Dave Getty	Mt. Diab	10			
23 Brian Norris	S Ramon	12			
24 Roger Koide	Port Jr Hi	13			
25 Dan Harris	Mission SJ	14			
26 Al Anderson	Mission SJ	16			
27 Chris Warren	Alameda	17			
28 Keith Van Sickle	Alameda	17			
29 Scott Furmann	Mt. Diab	17			
30 Bill Bedcarie	Mt. Diab	19			
31 Matt Dowling	College P	20			
32 Mike Charter	Port Jr. Hi	21			
33 Jim Randazzo	Mt Diab	22			
34 Joe Hennessy	College P	23			
35 Don Brownson	Alameda	23			
36 Lee Guess	Port Jr Hi	24			
37 Mark Voegeli	S Ramon	26			
38 Jim Daly	Livermore	27			
39 David Davis	Alameda	29			
40 Bob Jewel	Mission SJ	30			
41 Ronan Barry	Mission SJ	32			
42 Steve Battaion	Kennedy	34			
43 Gus Echols	College P	36			
44 Ed Peggs	Redwood	36			
45 Tony Corse	Mt Diab	40			
46 Nick Zappas	Mt Diab	42			
47 Randy Cox	Mission SJ	44			
48 Steve Small	Kennedy	47			
49 Dennis Addison	Mission SJ	48			
50 Frank Alonzo	Alameda	48			
51 Jerry King	Kennedy	49			
52 Rick Parodi	Kennedy	50			

NORTH COAST SECTION CROSS COUNTRY MEET 1972

These are the results of the North Coast Section Cross Country Meet held at the beautiful Lafayette Reservoir on Wednesday, November 15, 1972 under anything but beautiful weather conditions.

The race was supposed to be "around" the Reservoir, but there wasn't much difference from trying to run "across" it.

Congratulations to a very fine Redwood Varsity Team with a very low team score of 50 points. Also, Castro Valley in the Frosh-Soph & Portola Jr. High in the Frosh Divisions showed real team balance in their victories.

All teams represented culminated very good seasons and are to be commended for their hard work and dedication over the long tough season.

It was quite a disappointment to me to have such adverse conditions, but I have to compliment everyone of you on your wonderful cooperation once we decided to go ahead with the meet. You coaches, runners, and officials didn't complain or ask any special favors or make any excuses--you didn't even tell me I was "nuts" (even though you must have been thinking it--I was!!)

You all helped out wherever help was needed, and what really amazes me is that my officials didn't lose a boy in any race. We have a name, school, and time for everyone as far as I know. We don't usually do that well on a good day. My thanks to all of you! Good luck in Track & next year's Cross Country Seasons!!

It was too bad that we didn't have better conditions to honor Phil Hempler, but I also thank him, Dutch Williams, and Paul Gaddini for doing the job of making the awards to our outstanding runners.

Last, but certainly not least, we all thank the East Bay Municipal Utility District for the wonderful cooperation they have given us the last 3 weeks. Dennis Hill and I have each put on our 2 League Meets & 2 North Coast Meets here. I know we caused them a lot of trouble, but they have helped us in every way possible to make our jobs a little easier and to make conditions as good as possible for you Athletes, Coaches, & Spectators.

Sincerely yours,

Bob Vincent, Meet Director
San Ramon High School