

1974

H.A.A.L. CROSS COUNTRY CHAMPIONSHIPS

November 6, 1974
Hayward High School

VARSIITY

1	Phil Hornig	15:27	CV	25	Mike Huffstutler	17:33	ME
2	Kevin Rudy	15:36	CV	26	Jack Blanch	17:35	T
3	Steve Gray	16:02	T	27	Brad Speckman	17:38	T
4	Ron Stevenson	16:02	CV	28	Paul Navarro	17:38	M
5	Dale Hatakeyama	16:16	SL	29	Chuck Reyna	17:44	M
6	Andy Enanoria	16:19	T	30	Dan Boulton	17:47	A
7	Brett Hill	16:23	T	31	Ken Grace	17:50	A
8	Terry Trimble	16:32	CV	32	Jeff Barton	17:56	C
9	Brad Rock	16:35	C	33	Alex Medina	17:57	T
10	Jeff Ziegler	16:44	M	34	Clark Bales	17:58	ME
11	Phil Arzino	16:46	CV	35	Ed Marsden	18:08	SL
12	Mike Degroot	16:47	M	36	Lincoln Litov	18:52	A
13	Dan Bettridge	16:51	M	37	Gary Craig	19:02	A
14	Mike Sandsmark	16:53	H	38	Eric Yamashita	19:14	SL
15	Steve Roberts	16:56	CV	39	Nate Triggs	19:22	SL
16	Dave Munoz	16:56	M	40	Larry Newcomb	19:28	S
17	Jim Masingale	17:01	ME	41	Frank Diaz	19:42	S
18	Greg Slentz	17:02	SL	42	Matt Heath	19:45	H
19	David Emery	17:09	A	43	Rick Romero	19:54	A
20	Mike Griffin	17:10	H	44	Ed Gabrielson	20:38	SL
21	Rich Breece	17:11	ME	45	Bruce Banford	20:59	H
22	Russ Wright	17:15	A	46	John Crawford	21:00	ME
23	Jeff Romiguere	17:22	C	47	Karl Heuken	21:18	H
24	Brian Newsome	17:25	SL	48	Bill Crosby	22:13	H

TEAM SCORES

1	Castro Valley	26	1120123
2	Tennyson	69	
3	Marina	79	
4	San Lorenzo	120	
5	Arroyo	138	
6	Mt. Eden	144	
7	Hayward	168	
	Canyon	no score	
	Sunset	no score	

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H.A.A.L. CROSS COUNTRY CHAMPIONSHIPS

November 6, 1974
Hayward High School

JUNIOR VARSITY

1	Dave Milichichi	10:48	CV	16	Chris Black	12:14	H
2	Dave Strodtbeck	10:59	CV	17	Jim Ellington	12:16	T
3	Jim Hoffer	11:03	CV	18	Don Petersen	12:24	M
4	Jim Moita	11:08	T	19	Chris Martin	12:30	H
5	Mark Molina	11:13	T	20	Jerry Jessop	12:35	T
6	Rich Judy	11:22	T	21	Armando Orubeondo	12:35	ME
7	Mikael Christensen	11:28	M	22	Devi Marcheschi	12:38	H
8	Jeff Schloss	11:34	CV	23	Ed Madeiros	12:44	H
9	Mike Condie	11:40	T	24	Larry Huffstutler	13:03	ME
10	Eric Overland	11:42	CV	25	Kevin Byrne	13:04	ME
11	Chris Kraus	11:44	CV	26	Bob Juntz	13:05	ME
12	Mike Herbst	11:49	T	27	Ricky Anderson	13:27	ME
13	Steve Motta	11:49	M	28	Phil Ribera	13:28	H
14	Larry Nolan	11:51	M	29	Bryan Dubbs	15:25	M
15	Kevin Clevenger	11:56	M				

TEAM SCORES

1	Castro Valley	24
2	Tennyson	36
3	Marina	67
4	Hayward	108
5	Mount Eden	123
6	Arroyo	no score
7	Canyon	no score
8	San Lorenzo	no score
9	Sunset	no score

1974

H.A.A.L. CROSS COUNTRY CHAMPIONSHIPS

November 6, 1974
Hayward High School

FROSH - SOPH

1	Mark Behning	10:42	CV	26	Glen Hill	12:03	T
2	George Delrio	10:45	H	27	Tom Gomes	12:05	T
3	Greg Griffin	11:02	H	28	Scott Flagg	12:08	C
4	Jesse Magallon	11:05	S	29	Wadie Harb	12:08	C
5	Bob Smith	11:08	H	30	Ed Hohl	12:09	A
6	Ken Romiguere	11:09	C	31	Joe Engberson	12:10	S
7	Paul Lebon	11:11	S	32	Dan Camacho	12:14	S
8	Gerald Elliott	11:12	T	33	Tom Jensen	12:15	C
9	Jerry Quarry	11:13	S	34	Bruce Goethe	12:20	H
10	Bill Bodin	11:15	CV	35	John Traynor	12:27	ME
11	Kevin O'Leary	11:24	CV	36	G. Archer	12:36	SL
12	Keith Ortiz	11:25	ME	37	Steven Caldwell	12:51	A
13	James Rorsworthy	11:26	H	38	Garry Archer	13:04	SL
14	Greg Routh	11:27	CV	39	Mark Demeduk	13:13	ME
15	David Fisher	11:29	CV	40	Bob Miguel	13:21	A
16	David Fordahl	11:32	CV	41	Rick Windrich	13:22	C
17	Rick Collier	11:34	T	42	Don Looby	13:24	ME
18	Robert Cuddy	11:34	A	43	James Silva	13:27	T
19	Joe Martin	11:45	S	44	David Mendez	13:31	S
20	Gary Wright	11:54	A	45	Mike Ferguson	13:58	ME
21	Greg Lapum	11:54	CV	46	Harley Halsetn	13:58	SL
22	Ken Butts	11:58	A	47	Estrada Bernard	14:26	SL
23	Calvin Sanders	11:59	T	48	Matt Anya	14:50	SL
24	Steve Barber	12:02	T	49	Debbie Blanton	15:02	SL
25	Mark Hager	12:03	A	50	Greg Romiguere	-----	C

TEAM SCORES

1	Castro Valley	51
2	Hayward	57
3	Sunset	70
4	Tennyson	98
5	Arroyo	115
6	Canyon	137
7	Mount Eden	173
8	San Lorenzo	215
9	Marina	no score

1974

H.A.A.L. CROSS COUNTRY CHAMPIONSHIPS

November 6, 1974
Hayward High School

RESERVES

1	Russ Hills	11:50	S	22	Michele Stevenson	13:16	CV
2	Tom Noble	11:57	T	23	Jon Garcia	13:20	T
3	John Witherspoon	12:03	T	24	Bill Burrell	13:35	T
4	Julian Soto	12:13	A	25	Pete Kavanagh	13:43	T
5	James Trimble	12:15	CV	26	Bob Ryan	13:44	A
6	Bob Alexander	12:16	T	27	James Costa	13:47	T
7	Landon Humphrey	12:17	CV	28	Ray Will	13:52	S
8	Bob Tieman	12:22	CV	29	Denny Moore	13:52	T
9	Tom Luallin	12:30	T	30	Wendy Elgin	13:56	SL
10	Nicholas Olmo	12:37	T	31	Denise Griedman	14:26	SL
11	Dan Dela Riva	12:42	CV	32	Randy Parsons	14:37	T
12	Doug Babb	12:44	CV	33	Sandy Livingston	14:41	CV
13	Brent Cooper	12:47	CV	34	Kirsten Roberts	14:44	CV
14	Bob Bier	12:52	T	35	Linda Gourmet	15:23	SL
15	Brian Keith	12:55	T	36	Ellen Wedemeyer	15:27	SL
16	Brian Hutchinson	12:58	S	37	Mark Souza	15:32	A
17	Frank Tapia	13:03	A	38	Chris Hurtado	15:38	T
18	Steve Bickell	13:06	T	39	Debbie Simpson	15:55	CV
19	Gary Gomes	13:12	T	40	Dave Hodlchuck	16:25	S
20	Chris Juarez	13:13	T	41	Joan Hornig	16:29	CV
21	Rich Wallace	13:15	H				

HAAL powerhouse

C.V. runners 'team to beat'

By JOHN HICKEY

HAYWARD — Two years ago, a group of freshman and sophomore distance runners from Castro Valley High captured the North Coast Section's frosh-soph cross country title at Lafayette Reservoir.

This year, the NCS varsity cross country championships are being run at Lafayette Reservoir, and that same group of runners is hoping to repeat its victory of two years ago.

First, however, the Spartans must get through the Hayward Area Athletic League season and championship meet. Most people close to the sport, however, see the Spartans as virtual shoo-ins in the HAAL.

"This is the best team we've ever had at Castro Valley," says Spartan coach Norm

Guest, whose teams have taken the league title four of the past five years and whose 1973 team took seventh in the NCS last year with no seniors on the squad.

"I hate to say it," says Tennyson's Ron Stark, "but it almost seems as if CV is unbeatable."

Leading the Spartans is senior Kevin Rudy, who may be the top runner in the league. Juniors Phil Hornig and Ron Stevenson are very nearly in Rudy's class, and senior Doug Hall and junior Steve Roberts round out the top five for the Spartans.

Last year's individual champion, Doug Padilla of Marina, has graduated, and the second-through-sixth place finishers at last year's meet were the Spartans mentioned above.

Tennyson, as usual, will field a good team led by Steve Gray and Brad Speckman. The Lancers are currently hurting, however, with Gray limping because of a sprained ankle and Speckman trying to recover from shin problems.

Other top runners in the league this year include San Lorenzo's Dale Hatakeyama, Arroyo's Dave Emery and Canyon's Jeff Lee, winner of the HAAL frosh-soph title a year ago.

They'll all begin running tomorrow afternoon in a trio of triangular matches: Arroyo and Hayward at San Lorenzo; Canyon and Marina at Sunset; Castro Valley, Mt. Eden at Tennyson.

The Daily Review Hayward, Calif.
Thursday, October 10, 1974 29

HAAL cross country

Spartans easy winners

Marina, San Lorenzo and Castro Valley High posted wins yesterday as the Hayward Area Athletic League kicked off the cross country season with three triangular meets.

Dave Bradrock of Canyon was clocked in 16:00 over Sunset High's course, but his individual victory wasn't enough as Marina posted a 27-44-55 win over the Cougars and the Falcons.

In other matches, Castro Valley trounced Mt. Eden, 16-44, while Tennyson didn't field enough of a varsity team

to figure in the team scoring, and San Lorenzo squeaked past Arroyo and Hayward, 38-41-41.

The defending champion Spartans captured the first four places and five of the first six in beating the Monarchs, Phil Hornig, Kevin Rudy, Ron Stevenson and Doug Hall all clocked under 16 minutes over the Tennyson course.

Dale Hatakeyama was the runaway winner for the Rebels, traversing his home course in 16:09. Arroyo's Dave Emery was second in 16:31, and Hayward's George Del Rio was third in 16:34.

Marina's victory came as Jeff Ziegler and Dan Bettridge finished two-three behind Bradrock.

Castro Valley 14, Mt. Eden 44, Tennyson no score

Hornig (CV), 15:12; Rudy (CV), 15:15; Stevenson (CV), 15:26; Hall (CV), 15:43; MM (T), 15:49; Roberts (CV), 16:08; Enaricio (T), 16:16; Arroyo (CV), 16:18; Trivette (CV), 16:19; Mazonale (AAE), 16:43.

JV Score — Tennyson 31, Mt. Eden 38, Castro Valley no score. W — Matto (T), 16:27.

F-6 Score — Castro Valley 22, Tennyson 38, Mt. Eden no score. W — Bettridge (CV), 16:22.

Marina 27, Canyon 44, Sunset 55
Bradrock (C), 16:00; Ziegler (M), 16:05; Bettridge (M), 16:20; DeGroot (M), 16:24; Romiguero (C), 16:28; Lee (C), 16:31; Magoni (S), 16:32; Navarro (M), 16:38; Lebon (S), 16:48; Bjorn Reed (M), 17:28.

Junior Varsity

Fresh-Soph
Canyon 22, Sunset 38, Marina no score

San Lorenzo 38, Arroyo 41, Hayward 41
Hatakeyama (SL), 16:09; Emery (A),

16:31; DeRita (M), 16:34; Grider (M), 16:41; Wright (A), 16:42; Mowbray (SL), 16:47; Sauton (A), 17:01; Stutz (SL), 17:04; Smith (SL), 17:10; Norworthy (M), 17:11; Cuddy (A), 17:14; Sandmark (M), 17:15; Grace (A), 17:16; Dellinger (SL), 17:28.

Junior Varsity
Arroyo 27, Hayward 38, San Lorenzo 38

Hornig, Rudy in harrier record

CASTRO VALLEY — Phil Hornig and Kevin Rudy of Castro Valley share a new course record after leading the Spartans to a 26-38 cross country win over Bishop O'Dowd yesterday on their home course.

Hornig crossed the finish line first, but he and Rudy were both timed in identical 15:34 to break the old record set in 1973 by the same Kevin Rudy at 15:53.

Bishop O'Dowd's Mike Collins finished third with a time of 15:52.

CASTRO VALLEY 26, BISHOP O'DOWD 38
Hornig (CV) 15:34 (new course record); Rudy (CV) 15:34 (new course record); Collins (OD) 15:52; Stevenson (CV) 16:10; Reese (OD) 16:27; Roberts (CV) 16:48; Hall (CV) 17:00; Stredbeck (CV) 17:04; Bee (OD) 17:20; Knight (OD) 17:28.

JUNIOR VARSITY
Castro Valley 14, Bishop O'Dowd 38
Trivette (CV) 11:40 (new course record).

FRESH-SOPH
Castro Valley 22, Bishop O'Dowd 40

C.V. runners favored

PLEASANT HILL — Castro Valley High, undefeated in Hayward Area Athletic League cross country competition to date, will be one of the favorites tomorrow in the 10th annual running of the Pleasant Hill High Cross Country Jamboree.

Mt. Diablo is the defending champion in the medium school division and would have been the favorites until CV defeated the Red Devils in the San Ramon Invitational.

The Spartans, led by Kevin Rudy and Phil Hornig, will have to contend with the Red

Devils' one-two punch of Ron Criner and Bill Bedecarre, both of whom are juniors.

Other South County schools in the meet include Livermore, Amador, John F. Kennedy-F and Mt. Eden.

Competing in the small schools category will be Pacific, San Leandro, Moreau and Bishop O'Dowd, while Irvington and Mission San Jose will be among the large schools entered.

Cal State Hayward will be among the 11 teams entered in the collegiate race.

Pleasant Hill Cross County Jamboree

STARTING TIMES — Elementary Schools, 9 a.m.; Junior High Schools, 9:15 a.m.; Frosh race, 9:35-9:45 a.m.; Junior Varsity race, 10:45 a.m.; Girls Varsity race, 11 a.m.; Small Schools Varsity race, 11:15 a.m.; Medium Schools Varsity race, 11:35; Large Schools Varsity race, 11:50 a.m.; Collegiate race, 12:30 p.m.

Spartans win final triangular

Castro Valley High closed out the triangular meet portion of the Hayward Area Athletic League cross country season with its fourthstraight victory yesterday, as the Spartans sent Marina and Hayward down to defeat.

The Spartans, led by Phil Hornig and Kevin Rudy, who tied for first place at 16:06, garnered 20 points to 40 for the Titans and the Farmers did not field enough men to figure in the final tally.

In other meets, Brad Rock and Jeff Lee tied for first place in 16:04 to give Canyon's Cougars a 24-44-44 win over Arroyo and Mt. Eden and Tennyson easily bested San Lorenzo.

18-42, with Sunset a non-scorer in the triangular.

Next Wednesday at Hayward, the league's nine schools will get together for the annual league meet with CV a heavy favorite to win the championship. The Spartans were 4-0 in the triangular.

Steve Gray set the pace for Tennyson, winning by 15 seconds over teammate Bret Hill. Gray was timed in 15:22 at the Tennyson course, and set a school record en route to victory.

Canyon 24, Arroyo 44, Mt. Eden 44

Lee (C) and Rock (C) (tie), 16:04; Emery (A), 16:14; Wright (A), 16:21; Romiguere (C), 16:24; Masingale (ME), 16:27; Hufstutler (ME), 16:58; Bates (ME), 16:59; Barton (C), Boulton (A), 17:05.

JV Score — Mt. Eden 22, Arroyo and Canyon no score, W—Soto (A), 11:54.

F-S Score — Arroyo 24, Canyon 36, Mt. Eden 60, W—Romiguere (C), 11:24.

Castro Valley 28, Marina 48, Hayward no score

Hornig (CV) and Rudy (CV) (tie), 16:06; Ziegler (M), 16:30; Roberts (CV), 16:33; DeGroot (M), 16:37; Arzino (CV), 16:40; Stevenson (CV), 16:47; Trimble (CV), 16:48; Bettridge (M), 16:54; Strodbeck (CV), 16:55.

JV Score — Marina 20, Castro Valley 35, Hayward 75; W—Torres (M), 11:28.

F-S Score — Castro Valley 28, Hayward 28, Marina no score, W—Behning (CV), 11:08.

Tennyson 18, San Lorenzo 42, Sunset no score

Gray (T), 15:22; B. Hill (T), 15:37; Hatakeyama (SL2), 15:41; Enanoria (T), 16:06; Speckman (T), 16:26; Blanch (T), 16:31; Newsome (SL2), 16:37; Sientz (SL2), 16:43; Medina (T), 17:21; Marsden (SL2), 17:26.

JV Score — Tennyson 15, Sunset 50, San Lorenzo no score, W—Motta (T), 10:17.

F-S Score — Tennyson 28, Sunset 28, San Lorenzo 96, W—Elliott (T), 10:32.

Spartans nab first 10 places in cross country

Castro Valley High took the first ten places in its meet with Arroyo and Sunset yesterday to highlight Hayward Area Athletic League cross country competition.

While CV polished off the Dons and the Falcons, Tennyson defeated Canyon and Hayward, 27-42-62, and Marina triumphed over San Lorenzo and Mt. Eden, 23-48-55.

In an Alameda County Athletic League meet, San Leandro bested Kennedy and Pacific, 27-48-53.

Kevin Rudy and Phil Hornig finished in a dead heat for first place for the Spartans, and Ron Stevenson and Doug Hall were not far behind.

Steve Gray led Tennyson to victory with a 17:19 clocking over three miles, with Canyon's Jeff Lee (17:31) and Brad Rock (17:55) finishing 2-3. Top Hayward finisher was Mike Sandmark.

The first five finishers in the meet — Gray, Lee, Rock, Tennyson's Andy Enanoria and Canyon's Jeff Romiguere — all broke the existing course record at Canyon.

Dale Hatakeyama finished first for San Lorenzo, but Marina runners took the next four places to pace a Titan victory.

Hatakeyama was timed in 15:33, with Jeff Ziegler (15:59), Mike DeGroot (16:12), Dave Munoz (16:16) and Dan Bettridge (16:20) of Marina coming in behind him. Top ME finisher was Jim Masingale, who was seventh at 16:35.

San Leandro's victory was paced by Steve Pitcher, who covered the Joaquin Miller Course in Oakland in 18:14.

John Muir Junior High's Craig Cutting covered the two-mile course in a school record 12:27 to win the soph race. Muir was an easy soph winner in the four team race, beating Pacific, San Leandro and Kennedy, 27-44-82-93.

HAAL meet at Hayward

Spartans in defense of cross-country title

By JOHN HICKEY

HAYWARD — Castro Valley High sets out in defense of its Hayward Area Athletic League cross country championship tomorrow at 3:15 p.m. at Hayward High.

The Spartans, who went undefeated in varsity triangular meet competition, will not be at full strength, however, with one runner out for sure and another hobbled.

Doug Hall will not see competition for CV after being hospitalized last week with an injury. Ron Stevenson twisted his ankle last week, but is expected to run. Hall and Stevenson have been the third and fourth runners this year for the Spartans.

But before you break out the crying towel for coach Norm Guest's squad, let it be noted that the Spartans are still favored to take home the varsity championship tomorrow.

Among the swift runners at Guest's disposal are Phil Hornig and Kevin Rudy, two of the best runners in the league. In addition, Steve Roberts is probably the best No. 5 man in the league — although he'll be moved up to fourth with Hall injured.

Traditionally strong Tennyson is good again this year — its only loss in triangular competition coming at the hands of CV — but even with Hall missing from the Spartan lineup, it's questionable whether or not the Lancers can overtake the defending champs.

Steve Gray is the Lancers' top threat, and he figures to fight it out with Hornig and Rudy for the individual honors. There are also some darkhorses in the race for individual honors, including Canyon's Jeff Lee, San Lorenzo's Dale Hatakeyama and Arroyo's Dave Emery. All three were good performers last year, but haven't quite lived up to expectations this year.

Hayward and Sunset seem capable of giving the Spartans a good run in the frosh soph race. Both the Farmers and the Falcons have good crops of young runners in the freshman and sophomore classes.

Marina 23, San Lorenzo 46, Mt. Eden 55

Hatakeyama (SL), 15:33; Ziegler (M), 15:59; DeGroot (M), 16:12; Munoz (M), 16:16; Bettridge (M), 16:20; Newsome (SL), 16:23; Masingale (ME), 16:35; Ortiz (ME), 16:38; Reyna (M), 16:39; Boles (ME), 16:45.

JV Score — Marina 15, Mt. Eden 45, San Lorenzo no score. W — Christiansen (M), 11:20.

PS Score — Mt. Eden 24, San Lorenzo 31, Marina no score. W — Elgin (SL), 12:14.

Tennyson 27, Canyon 42, Hayward 42

Gray (T), 17:19; Lee (C), 17:31; Rock (C), 17:55; Enanoria (T), 18:00; Romiguere (C), 18:08; Hill (T), 18:23; Speckman (T), 18:38; Sandmark (H), 18:45; Medina (T), 18:56; Bianche (T), 19:03.

JV Score — Tennyson 17, Hayward 41, Canyon no score. W — Judy (T), 13:23.

PS Score — Tennyson 29, Canyon 36, Hayward no score. W — Romiguere (C), 13:05.

Castro Valley 13, Arroyo 30, Sunset Incomplete

Hornig (CV), 15:16; Stevenson (CV), 15:33; Hall (CV), 15:44; Roberts (CV), 15:48; Trimble (CV), 15:58; Behning (CV), 16:04; Strodtbeck (CV), 16:04; Arzino (CV), 16:17; Hoffer (CV), 16:18. Junior Varsity

Castro Valley 13, Sunset 44

Jeff Schloss (CV), 11:51. Fresh soph

Sunset 29, Arroyo 42, Castro Valley 30

Jesse Magallon (S), 11:08.

Prep of the Week

Hornig proves surprise for C.V. harrier squad

By JOE DeLOACH

CASTRO VALLEY — The demanding sport of cross country has always been synonymous with success at Castro Valley High.

According to popular coach Norm Guest, the Spartans have had their finest team this year in the school's history.

Last week, as expected, Castro Valley easily won the Hayward Area Athletic League team championship. What wasn't expected, though, was the winning performance of the Spartans' Phil Hornig, this week's Daily Review Prep of the Week.

Hornig, a junior, used a strong finishing kick to upset pre-meet favorite Kevin Rudy, also of Castro Valley, to come away with top individual honors.

Hornig's time over the Hayward High course equalled the HAAL meet mark of 15:27 that was established by San Lorenzo's Ted Quintana in 1972.

"This year he (Hornig) has really come into his own," praises Guest. "Last year he just didn't do anything outstanding. It was a surprise to me that he could catch and pass Rudy."

All season long, Hornig and Rudy, who is a senior, have been running strong races. In an early-season meet against eventual Catholic Athletic League champion Bishop O'Dowd, Hornig defeat Rudy.

"After that race," recalls Guest, "they both just seemed to run side by side. They have finished together at least three times in meets this year. They kind of wait and see how the race will go. It is a gentlemen's agreement between them."

If Hornig has one particular drawback as a runner, it is that he works out more than he really needs to. Well, at least, that is what his coach says.

"He is the kind of kid that runs too much," says Guest cryptically. "I told him to quit running so much because he was getting some foot and knee problems. I told him to do quality workouts instead of quantity."

The Spartans and Alameda will probably be the two top teams competing for first place honors in tomorrow's North Coast Section Division I Meet at Coyote Hills in Newark.

"There is no doubt about it," says Guest. "This is the best team that I have ever had, individual wise and depth wise. The kids have their sights at that section meet because they know this is our best shot."



**PHIL
HORNIG**

CASTRO VALLEY HIGH SCHOOL'S OUTSTANDING CROSS COUNTRY RUNNER WHO CAPTURED FIRST PLACE IN THE H.A.A.L.'S CROSS COUNTRY MEET LAST WEEK... HIS TIME OF 15:27 EQUALED THE H.A.A.L. COURSE RECORD THAT TED QUINTANA OF SAN LORENZO SET IN 1972. THE SPARTANS COMPETE IN THE NORTH COAST SECTION DIVISION I MEET AT COYOTE HILLS TOMORROW



Varsity

MEET: NAAL Finals

COURSE: 3.0 miles; a few hills, mostly flat

CONDITIONS: clear and sunny

RESULTS:

1. Phil Hornig(CV)	15:37	25. Brad Rock(Canyon)	17:51
2. Rusty Wright(Arroyo)	15:47	26. Ken Romiguere(Canyon)	17:33
3. Steve Gray(Tennyson)	15:51	27. Rolando Imperial(Mt. Eden)	17:38
4. Mike DeGroot(Marina)	15:55	28. Keith Ortiz(Mt. Eden)	17:42
5. Bob Ralner(Tennyson)	15:57	29. Mike Griffin(Hayward)	17:45
6. Mark Belmont(CV)	16:06	30. Dan Boulton(Arroyo)	17:54
7. Andy Knaoris(Tennyson)	16:11	31. Jim Masingale(Mt. Eden)	18:02
8. Jeff Lee(Canyon)	16:13	32. Larry Nolan(Marina)	18:09
9. Brett Hill(Tennyson)	16:16	33. Gerald Elliott(Tennyson)	18:10
10. Ron Stevenson(CV)	16:20	34. Wadie Harb(Canyon)	18:14
11. Dan Bettridge(Marina)	16:35	35. Ed Madeiros(Hayward)	18:15
12. Dave Jordahl(CV)	16:36	36. Joe Fernandez(Sunset)	18:17
13. Steve Roberts(CV)	16:39	37. Jeff Romiguere(Canyon)	18:25
14. Dave McHugh(CV)	16:40	38. Joe Engberson(Sunset)	18:31
15. Jerry Quarry(Sunset)	16:52	39. Robert Cuddy(Arroyo)	18:34
16. Greg Slentz(San Lorenzo)	16:54	40. Kevin Clevenger(Marina)	18:37
17. Bill Bodin(CV)	16:58	41. Darrell Baxter(Hayward)	18:44
18. Ed Marsden(San Lorenzo)	17:00	42. Brian Hutchinson(Sunset)	18:53
19. Charles Reyna(Marina)	17:03	43. Dick Tomlinson(San Lorenzo)	19:01
20. James Kersworthy(Hayward)	17:11	44. Bob Forrester(Arroyo)	19:10
21. Jesse Matallon(Sunset)	17:15	45. Gary Craig(Arroyo)	19:28
22. Dennis Chinn(Tennyson)	17:23	46. Ed Gabrielson(San Lorenzo)	20:28
23. Lan Peterson(Marina)	17:24	47. Nick Morrison(San Lorenzo)	20:40
24. Pat Healy(Hayward)	17:26		

TEAM SCORES

1. Castro Valley	42
2. Tennyson	46
3. Marina	89
4. CANYON	130
5. Hayward	149
6. Sunset	152
7. Arroyo	160
8. San Lorenzo	170
9. Mt. Eden	no score

Canyon finished its league season rather ignominiously, by finishing a shaky fourth in the league finals. This means that their team will go on to the Bay Division championships next week. Problems of injuries, illnesses, and just plain indifference combined to produce a very disappointing performance in this meet. The only individual who performed up to par was the team's steady number one man throughout the season, Jeff Lee, as he finished eighth.

JUNIOR VARSITY

MEET: HAAL Championships

COURSE: 2.0 miles; one good hill, mostly flat

CONDITIONS: sunny and pleasant

RESULTS:

1.	Rich Judy (Tennyson)	11:05	16.	John Simmons (Tennyson)	12:35
2.	Jeff Schloss (CV)	11:13	17.	Steve Fazzini (Canyon)	12:38
3.	Mike Herbst (Tennyson)	11:25	18.	Jim Weirberg (CV)	12:42
4.	Glenn Mitchell (Canyon)	11:29	19.	Roger Golec (Arroyo)	12:52
5.	Kevih O'Leary (CV)	11:33	20.	Gary Stockel (Sunset)	13:01
6.	Eric Overland (CV)	11:41	21.	Jon Gust (Canyon)	13:11
7.	James Silva (Tennyson)	12:00	22.	Jay Fink (Arroyo)	13:13
8.	Brent Cooper (CV)	12:01	23.	Phil Stapper (Tennyson)	13:26
9.	Jim Hanson (CV)	12:08	24.	Frank Tapia (Arroyo)	13:28
10.	Steve Bickell (Tennyson)	12:13	25.	Alan China (Arroyo)	13:41
11.	Pat Hohl (Arroyo)	12:19	26.	Gary Wright (Arroyo)	13:45
12.	John Ward (Canyon)	12:29	27.	Joe Marciel (Sunset)	13:50
13.	Rich Cameron (Canyon)	12:30	28.	Dave Carlsen (Sunset)	14:00
14.	Barry Fearow (Sunset)	12:31	29.	Doug Galant (Sunset)	14:05
15.	Dan Delariva (CV)	12:32	30.	Lori Thompson (Arroyo)	14:49

TEAMS

1.	Castro Valley	30
2.	Tennyson	37
3.	Canyon	67
4.	Arroyo	101
5.	Sunset	118
	Hayward	no score
	Marina	
	Mt. Eden	
	San Lorenzo	

Canyon's hastily-assembled JV team finished a strong third in the HAAL championships. Missing normal number two man Jay Schlieper and Rick Windrich, Rich Cameron had to be pulled from the frosh-soph team at the last minute. Cameron performed admirably, finishing an excellent thirteenth, right behind teammate John Ward. Both Ward and Cameron are sophomores. Senior Glenn Mitchell ran a typically strong race, starting slowly and picking runners off until he reached fourth place. Freshmen Steve Fazzini and Jon Gust came through well, particularly Fazzini, who has improved tremendously this year and figures to be a very tough performer in the frosh-soph level next year.

FROSH-SOPH

MEET: HAAL Finals

COURSE: 2.0 miles; a few hills, mostly flat

CONDITIONS: clear and sunny

RESULTS:

1. Greg Routh(CV)	10:56	26. Steve Wilson(Hayward)	12:02
2. Charlie Harb(Canyon)	11:01	27. Mike Gellie(Sunset)	12:02
3. Dave Fisher(CV)	11:07	28. Willie King(San Lorenzo)	12:04
4. Brian Healy(Hayward)	11:10	29. Dan Camacho(Sunset)	12:10
5. Scott Flagg(Canyon)	11:11	30. David Mendez(Sunset)	12:13
6. Ray Tieman(CV)	11:13	31. Glen Hill(Tennyson)	12:16
7. Rick Collier(Tennyson)	11:13	32. Greg Osborne(Canyon)	12:17
8. Bob Tieman(CV)	11:16	33. Dave McDaniel(Arroyo)	12:18
9. Greg Griffin(Hayward)	11:21	34. Fred Sandmark(Hayward)	12:19
10. Steve Grace(Arroyo)	11:28	35. Danny Villanueva(Marina)	12:20
11. Enrique Cruz(Tennyson)	11:34	36. Dan Pratt(Arroyo)	12:21
12. Mike Gama(Tennyson)	11:35	37. John Travnor(Mt. Eden)	12:23
13. Tom Jensen(Canyon)	11:37	38. Greg Romiguere(Canyon)	12:24
14. Andy Schloss(CV)	11:38	39. Andy Parker(Hayward)	12:24
15. Glen Hines(Tennyson)	11:40	40. Mike Dittman(CV)	12:35
16. Dave Viera(Tennyson)	11:42	41. Tom Anaya(San Lorenzo)	12:38
17. Mark Demeduk(Mt. Eden)	11:45	42. Bob Brady(Arroyo)	12:40
18. Jon Jobe(Tennyson)	11:45	43. Lee Lyon(Marina)	12:49
19. Brian Braun(San Lorenzo)	11:47	44. Matt Villavicci(Marina)	12:59
20. Dave Everhart(Canyon)	11:52	45. Leo Vik(Arroyo)	13:03
21. Tony Reid(Hayward)	11:53	46. Gary McKinley(Sunset)	13:07
22. Hal Rocha(Sunset)	11:55	47. Rich Guerra(Mt. Eden)	13:08
23. Oscar Mendez(Sunset)	11:58	48. David Howard(San Lorenzo)	13:34
24. Jon Rekenhaller(Hayward)	11:59	49. Jeff Johnson(Mt. Eden)	13:36
25. Martin McDonald(Mt. Eden)	12:00	50. Dave Bevilaqua(Arroyo)	14:06

TEAM SCORES

1. Castro Valley	32
2. Tennyson	61
3. CANYON	72
4. Hayward	84
5. Sunset	131
6. Arroyo	163
7. Mt. Eden	176
8. San Lorenzo	no score
9. Marina	no score

Canyon's frosh-soph team finished third at the league finals, as expected. Stronger performances from the fourth and fifth men could have yielded a second-place finish, however. The team, as usual, was led by Charlie Harb, who locked horns with Greg Routh in a great battle for the individual championship. Just as in the dual meet, Routh showed a stronger kick than Harb to win. Scott Flagg, who led early in the race, dropped off to fifth at the finish. Tom Jensen pulled off the biggest surprise of the race for Canyon, finishing in a lefty 13th, and beating several runners who had beaten him soundly in the tri meets. Dave Everhart performed perhaps a little under par, but was still able to finish a very respectable 20th. The team will go on to compete in the Bay Division championships next week at Joaquin Miller Park in Oakland.