

1975

H.A.A.L. CROSS COUNTRY CHAMPIONSHIPS

November 5, 1975

Hayward High School

VARSIITY

1	Phil Hornig	15:37	CV	25	Brad Rock	17:31	C
2	Russ Wright	15:47	A	26	Ken Romiguere	17:33	C
3	Steve Gray	15:51	T	27	Rolando Imperial	17:38	ME
4	Mike DeGroot	15:55	M	28	Keith Ortiz	17:42	ME
5	Bob Raisner	15:57	T	29	Mike Griffin	17:45	H
6	Mark Behning	16:06	CV	30	Dan Boulton	17:54	A
7	Andy Enanoria	16:11	T	31			
8	Jeff Lee	16:13	C	32	Larry Nolan	18:09	M
9	Brett Hill	16:16	T	33	Gerald Elliott	18:10	T
10	Ron Stevenson	16:20	CV	34	Wadie Harb	18:14	C
11	Dan Bettridge	16:35	M	35	Ed Madeiros	18:15	H
12	David Fordahl	16:36	CV	36	Jesus Fernandez	18:17	S
13	Stephen Roberts	16:39	CV	37	Jeff Romiguere	18:25	C
14	David McHugh	16:40	CV	38	Joe Engberson	18:31	S
15	Jerry Quarry	16:52	S	39	Bob Cuddy	18:34	A
16	Greg Slentz	16:54	SL	40	Kevin Clevenger	18:37	M
17	Bill Bodin	16:58	CV	41	Darrell Baxter	18:44	H
18	Ed Marsden	17:00	SL	42	Brian Hutchinson	18:58	S
19	Charles Reyna	17:03	M	43	Rick Tomlinson	19:01	SL
20	Jim Norsworthy	17:11	H	44	Bob Forester	19:10	A
21	Jessy Magallon	17:15	S	45	Gary Craig	19:28	A
22	Dennis Chinn	17:23	T	46	Ed Gabrielson	20:28	SL
23	Don Peterson	17:24	M	47	Nick Morrison	20:40	SL
24	Ed Healy	17:26	H				

TEAM SCORES

1	Castro Valley	42
2	Tennyson	46
3	Marina	89
4	Canyon	130
5	Hayward	149
6	Sunset	152
7	Arroyo	160
8	San Lorenzo	170
	Mt. Eden	no score

Handwritten notes:
CV 1/20/15
T 1/21/38
M

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November 5, 1975

Hayward High School

JUNIOR VARSITY

1	Rich Judy	11:05	T	16	Byron Simmons	12:35	T
2	Jeff Schloss	11:13	CV	17	Steve Fazzini	12:38	C
3	Mike Herbst	11:25	T	18	Jim Weinberg	12:42	CV
4	Glenn Mitchell	11:29	C	19	Roger Golec	12:52	A
5	Kevin O'Leary	11:33	CV	20	Jim Stockel	13:01	S
6	Eric Overland	11:41	CV	21	Jon Gust	13:11	C
7	James Silva	12:00	T	22	Mike Fink	13:13	A
8	Brent Cooper	12:01	CV	23	Gordon Stapper	13:26	T
9	Tom Hanson	12:08	CV	24	Frank Tapia	13:28	A
10	Steve Bickell	12:13	T	25	Allen Chinn	13:41	A
11	Ed Hohl	12:19	A	26	Dave Wright	13:45	A
12	John Ward	12:29	C	27	Jeff Marciel	13:50	S
13	Rich Cameron	12:30	C	28	Doug Carlsen	14:00	S
14	Barry Pearrow	12:31	S	29	Dan Galant	14:05	S
15	Dan Dela Riva	12:34	CV	30	Lori Thompson	14:49	A

TEAM SCORES

1	Castro Valley	30
2	Tennyson	37
3	Canyon	67
4	Arroyo	101
5	Sunset	118
	Hayward	No score
	Marina	No score
	Mt. Eden	No score
	San Lorenzo	No score

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Hayward High School

FROSH - SOPH

3

1	Greg Routh	10:56	CV	27	Mike Gellie	12:02	S
2	Charlie Harb	11:01	C	28	Willie King	12:04	SL
3	David Fisher	11:07	CV	29	Dan Camacho	12:10	S
4	Brian Healy	11:10	H	30	David Mendez	12:13	S
5	Scott Flagg	11:11	C	31	Glen Hill	12:16	T
6	Ray Tieman	11:16	CV	32	Greg Osborne	12:17	C
7	Rick Collier	11:13	T	33	Dave McDaniel	12:18	A
8	Robert Tieman	11:16	CV	34	Fred Sandmark	12:19	H
9	Greg Griffin	11:21	H	35	Marcial Villanueva	12:20	M
10	Steve Grace	11:28	A	36	Dan Pratt	12:21	A
11	Enrique Cruz	11:34	T	37	John Traynor	12:23	ME
12	Mike Gama	11:35	T	38	Greg Romiguere	12:24	C
13	Tom Jensen	11:37	C	39	Andy Parker	12:24	H
14	Andy Schloss	11:38	CV	40	Mike Dittman	12:35	CV
15	Steve Hines	11:40	T	41	Tom Anaya	12:38	SL
16	David Viera	11:42	T	42	Bob Brady	12:40	A
17	Mark Demeduk	11:45	ME	43	Lew Lyon	12:49	M
18	John Jobe	11:45	T	44	Charles Fillipucci	12:54	M
19	Brian Brown	11:47	SL	45	Leo Vik	13:03	A
20	Dave Everhart	11:52	C	46	George Mckinley	13:07	S
21	Robert Reid	11:53	H	47	Dave Howard	13:08	SL
22	Helder Rocha	11:55	S	48	Rich Guerra	13:34	ME
23	Oscar Mendez	11:58	S	49	Jeff Johnson	13:36	Me
24	John Reenthaler	11:59	H	50	Dave Bevilagua	14:06	A
25	Martin McDonald	12:00	ME	51	Ken Fried	14:29	M
26	Steve Wilson	12:02	H	52	Mike Jepsen	16:09	SL

TEAM SCORES

TEAM TIME

1	Castro Valley	42	56:10
2	Tennyson	61	
3	Canyon	72	57:58
4	Hayward	84	
5	Sunset	131	
6	Arroyo	166	
7	Mt. Eden	176	
8	San Lorenzo	187	
	Marina	no score	

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November 5, 1975

Hayward High School

RESERVES

1	Randy Parsons	12:13	T	16	Greg Murphy	13:59	CV
2	Ed Silva	12:21	T	17	Tim Day	14:06	T
3	Robert Juntz	12:23	ME	18	Clayton Caspit	14:07	T
4	Jeff Padilla	12:26	T	19	Rich Burstedt	14:12	CV
5	Jim Beaty	12:50	ME	20	Stephanie Lee	14:38	T
6	Carl Heuken	12:55	H	21	Ben Valencia	15:06	T
7	Vic Martinez	12:56	H	22	Ken Currie	15:06	ME
8	Rich Canada	13:02	ME	23	Kathy Newberry	15:13	A
9	Greg Abbott	13:13	H	24	Bill Philpott	15:18	T
10	Bill Burrell	13:21	T	25	Florence Sanchez	15:21	A
11	Chris Juarez	13:24	T	26	Roy Stai	15:30	CV
12	Linda Holt	13:25	CV	27	Rachel McMillan	15:40	A
13	Anders Jansson	13:34	ME	28	Gwen Funcheon	15:51	A
14	Greg Hickey	13:40	CV	29	Cindy Larsen	NT	SL
15	Larry Brown	13:54	T				

Lancers get first four spots

Canyon, Castro Valley and Tennyson High each opened the Hayward Area Athletic League cross country season with impressive victories yesterday.

Tennyson's win, a 16-43-74 decision over Arroyo and Mt. Eden, was the most impressive lid-lifter of all, with the Lancers taking the first four places in order and also laying claim to sixth place.

In the other meets, Canyon rang up a 24-45-no-score tally on Hayward and San Lorenzo, and Castro Valley stopped Marina and Sunset, 24-38-64.

Steve Gray finished first for Tennyson, coming close to the Arroyo course record with a clocking of 15:27, while teammates Brett Hill (15:56), Andy Enanoria (15:48) and Bob Kaisner (15:58) finished 2-3-4.

Russ Wright of Arroyo kept the Lancers from a sweep with a fifth place finish, while Dennis Chinn of the Lancers was sixth.

Like Gray, Canyon's Jeff Lee came very close to a record, beating the field by a full 52 seconds as he covered his home course in 17:20.

A pair of sophomores, Ken Romiguere and Jason Lee, took second and third for the Cougars, while Greg Slentz took fourth place for San Lorenzo and Hayward's Mike Griffin finished fifth.

Defending HAAL champion Phil Hornig brought first place to Castro Valley by a full half-minute, finishing in 16:06 over his home course. Marina's top runner, Mike DeGroot was second, while Steve Roberts and Mark Behning of CV took third and fourth.

Tennyson 16, Arroyo 43, Mt. Eden 74
Gray (T) 15:27; Hill (T) 15:46; Enanoria (T) 15:48; Kaisner (T) 15:56; Wright (A) 16:25; Chinn (T) 16:42; Hager (A) 17:07; Grace (A) 17:28; Emery (A) 17:28; Gartz (ME) 17:36.
JV Score: Tennyson 24, Arroyo 33, Mt. Eden no score. Winner — Rich Judy (T), 11:04.
Frosh Soph Score: Tennyson 15, Mt. Eden 62, Arroyo 64. Winner — Glen Hill (T), 11:28.
Canyon 28, Hayward 45, San Lorenzo no score
Je. Lee (C), 17:20; Romiguere (C) 18:12; Ja. Lee (C) 18:47; Slentz (SLZ) 18:49; Griffin (H) 19:03; Marsden (SLZ) 19:22; Healy (H) 19:28; Nielson (SLZ) 19:40; J. Romiguere (C) 19:46; Baxter (H), 19:55.
JV Score: Canyon 15, Hayward & San Lorenzo, no score. Winner — Glenn Mitchell (C), 13:48.
Frosh Soph Score: Canyon 18, Hayward 44, San Lorenzo 68; Winner — Charlie Harb (C), 13:04.
CASTRO VALLEY 24, MARINA 38, SUNSET 64
Hornig (CV), 16:06; DeGroot (M), 16:36; Roberts (CV), 17:02; Behning (CV), 17:05; Reyna (M), 17:12; Bettridge (M), 17:16; Fordahl (CV), 17:18; Quarry (S), 17:27; Bodin (CV), 17:44; Magallon (S), 17:56.
JV Score: Castro Valley 20, Sunset 37, Marina no score. Winner — Jeff Schiess (CV), 11:49.
Frosh Soph Score: Castro Valley 15, Sunset 56, Marina no score. Winner — Dave Fisher (CV), 11:58.

Cross country

Hornig wins showdown

Castro Valley High senior Phil Hornig won his fourth Hayward Area Athletic League cross country race of the year and Tennyson High won the triangular meet season undefeated yesterday.

Hornig, the defending HAAL champion, defeated Arroyo's Russ Wright and Canyon's Jeff Lee in a showdown of runners figured to place highly in next week's league meet. Hornig's time was 15:23 and Castro Valley defeated Canyon and Arroyo, 23-51-57.

Tennyson, meanwhile, whipped Marina and Hayward, 25-35-64, and Sunset downed San Lorenzo and Mt. Eden, 31-45-48. The Lancers went through the HAAL season without a loss.

Hornig and Wright battled evenly over the first mile, but the CV senior pulled away in the second mile to win.

Marina's Mark DeGroot took first place away from Tennyson by clocking 16:01, 16 seconds better than Tennyson's Andy Enanoria. Steve Gray took third for the Lancers, with Bob Kaisner fourth.

Greg Slentz captured first place for the Rebels in 15:52, pulling away from second place finisher Jessy Magallon of Sunset, who clocked 15:55, and third place Jerry Quarry of Sunset, who was timed in 16:00.

Hornig sets course record

HAYWARD — Mission San Jose took the varsity, frosh-soph and junior varsity team titles while Castro Valley's Phil Hornig took the individual spotlight at yesterday's Hayward Area Invitational Cross Country Meet.

Hornig broke his own course record over the three miles, with a 15:19 clocking over the three miles. Mike

Smith of Newark High was second to Hornig, while the Warriors' Tom Smith was third. Steve Strang of Mission was eighth and Dan Harris of MSJ 10th, as the Warriors won the team title by two points over HAAL power Tennyson, 76-78.

In the frosh-soph, Greg Routh of Castro Valley was the winner. Scott Ruffing of Mission San Jose was fifth, while John Marden was seventh, as the Warriors piled up 49 points.

Don Malcolm was the Warriors' only individual winner on the day with a 10:43 time for the course. V.C. Briggs was third for the Braves. Terry Johnson seventh, and Dean Ruffing eighth.

In the girls division, Bishop O'Dowd was the team champion. Wendy Behnbaum of Arador was the individual race winner with a 12:45 clocking.

Tennyson 25, Marina 35, Hayward 64
DeGroot (M), 16:01; Enanoria (T), 16:17; Gray (T), 16:36; Kaisner (T), 16:42; Bettridge (M), 17:00; Reyna (M), 17:04; Hill (T), 17:09; Aonsworthy (H), 17:15; Chinn (T), 17:40; Peterson (M), 17:46.
JV Score: Tennyson 15, Marina and Hayward, no score. Winner: Rich Judy (T), 12:21.
Frosh Soph Score: Tennyson 25, Hayward 32, Marina no score. Winner: Greg Griffin (H), 11:25.

Castro Valley 23, Canyon 51, Arroyo 57
Hornig (CV), 15:23; Wright (A), 15:36; Lee (C), 15:48; Behning (CV), 16:02; Roberts (CV), 16:16; Stevenson (CV), 16:25; Fordahl (CV), 16:25; Bodin (CV), 16:50; Rock (C), 16:56; (tie), Boulton (A) and Emery (A), both 16:59.
JV score: Castro Valley 21, Canyon 46, Arroyo 55. Winner: McHugh (CV), 12:44.
Frosh Soph Score: Castro Valley 19, Canyon 38, Arroyo 71. Winner: Routh (CV), 10:50.

Sunset 31, San Lorenzo 45, Mt. Eden 48
Slentz (SLZ), 15:52; Magallon (S), 15:55; Quarry (S), 16:00; Marsden (SLZ), 16:01; Ortiz (ME), 16:38; Masingale (ME), 16:40; Fernandez (S), 16:46; Imperial (ME), 17:12; Rocha (S), 17:20; Engbersen (S), 17:52.
Frosh Soph Score: Sunset 25, San Lorenzo 42, Mt. Eden 59. Winner: Brown (S), 11:34.

Tennyson, C.V. run for title

By JOHN HICKEY

HAYWARD — The names of Dennis Chinn, Bill Bodin and Dave Fordahl haven't captured headlines in Hayward Area Athletic League cross country circles this year, but they'll be among the runners to watch tomorrow in the HAAL meet at Hayward High.

Chinn is Tennyson's No. 5 runner, while Bodin and Fordahl take turns in the fifth slot for Castro Valley. And the Lancers and the Spartans, as usual, will be fighting it out for the league championship.

"We figure that to win, every runner we enter has to finish higher than Chinn," says Castro Valley coach Norm Guest, whose teams have won the HAAL title in each of the past two seasons.

"We need Bodin and Fordahl to really come through for us — along with some others," he adds. "Tennyson's top people are really good, and we can't afford to let them get too many runners in the top seven or eight."

"We have a lot of good runners in the top five spots down to Chinn," comments Tennyson's Ron Stark, who last wrested the title from the Spartans in 1972. "Beyond Dennis, we really fall off quite a bit. We need all five of our top people to come through."

Which may take a little doing. Brett Hill, who was to be the Lancers' No. 2 runner this year, has never gotten in much running while battling the flu in the last few weeks, and No. 1 runner Steve Gray has been running with some painful blisters.

When the Lancers and the Spartans met in an HAAL triangular meet a month ago, Tennyson came out on top, with Lancers Gray, Andy Enanoria, Bob Raisner and Hill finishing second through fifth.

In that meet, Chinn split with Bodin and Fordahl, beating Bodin but losing to Fordahl by eight seconds.

"We know that Phil (Hornig, the Spartans top runner) can give us a good race," says Guest. "What we have to do is have either Mark Behring, Steve Roberts or Ron Stevenson break up their top four. Those Tennyson runners all finished within 20 seconds of each other in our triangular meet, and that killed us."

Hornig, the defending league and North Coast Section divisional champion, is the favorite in the individual competition, and his major competition figures to come from Marina's Mike DeGroot, Canyon's Jeff Lee, Arroyo's Russ Wright, and Gray, if he's completely healthy.

The first race — the reserves — is on tap for a 2:30 p.m. start, with the junior varsity, frosh-soph and varsity races following in order. The varsity match will start between 3:30 and 3:45 p.m.

Hornig tabbed

Phil Hornig of Castro Valley is the Daily Review's Prep of the Week for Cross Country. Hornig, a senior and the defending North Coast Section Divisional champion, had a pair of big victories for the Spartans last week, including breaking his own course record at Hayward High in the Hayward Area Invitational meet, covering the three-mile course in 15:19. Earlier in the week, he had captured first place in the Spartans battle with co-title favorite Tennyson, but the Spartans were beaten anyway.

Hornig the NCS pick

OAKLAND — Defending champion Phil Hornig of Castro Valley High will be the runner to beat here tomorrow as Joaquin Miller Park hosts the North Coast Section Division I cross country meet.

Hornig, a senior, looked very strong in winning the Hayward Area Athletic League meet for the second year in a row last week.

The meet brings together the top four teams from the Hayward Area Athletic League, the Catholic Athletic League, the Alameda County Athletic League and the Mission Valley Athletic League in addition to the top five individuals from each league.

Hornig, who professes a fondness for running in the hills, will be at home on the three-mile course which is one of the hilliest courses in the area.

He'll have some competition for the top spot, including Mike Smith of Newark and Tom Smith of Mission San Jose, who finished 1-2 in the MVAL meet last week, and from Paul Burke of DeLaSalle and Joe Avalos of St. Joseph's, the top two finishers in the CAL meet, in addition to several good runners from the ACAL.

From his own league, Hornig will have to repel the challenges of Arroyo's Russ Wright, Tennyson's Steve Gray, and Marina's Mike DeGroot.

In the team race, HAAL champ Castro Valley and runner-up Tennyson are both strong contenders, as are CAL champion Moreau, paced by Vince and Dave Capurro, and MVAL powers Washington and Mission.

Hornig leads Spartans to title

By JOHN HICKEY

HAYWARD — Castro Valley High senior Phil Hornig captured his second straight Hayward Area Athletic League cross country championship, and in so doing, helped the Spartans upset Tennyson for the team title.

Hornig covered the three-mile Hayward High course in 15:37, 10 seconds off his HAAI record time of 15:27 set last year, but still good enough to win by 10 seconds over Arroyo's Russ Wright.

Hornig led from wire to wire, but the Spartans didn't have the meet title sewn up until Dave McHugh, in his first varsity race, and Bill Bodin came in 14th and 17th, beating out Tennyson's fifth runner, Dennis Chinn.

For the record, Castro Valley won by four points, 42-46, over the Lancers, Marina taking third with 89. It was Castro Valley's third straight league title, and the Spartans also nosed out Tennyson for first place in the frosh soph and junior varsity categories.

"This wasn't really that big a race for me," said Hornig, who will defend his North Coast Section Division I title next Wednesday at Joaquin Miller Park in Oakland. "I had already beaten all these guys in the triangular meets. I'm pointing to the division and sectional races.

"But this was a big race for the team. Everybody ran good, and we had to have that, because they had beaten us in the triangular meet."

Key to the Spartan team victory was probably Mark Behnig, who took sixth in 16:06.

In the CV-Lancer triangular, Hornig had finished first and Tennyson had taken the next four places. Entering today's meet, CV coach Norm Guest said "we have to break up that foursome to win."

Behnig was the man who accomplished that task, as his sixth place finish cut Tennyson's foursome in half. Steve Gray (third) and Bob Raisner (fifth) beat Behnig, who in turn outraced the Lancers' Andy Enanoria (seventh) and the ailing Brett Hill (ninth).

"We did both of the things we had to do," said Guest, talking softly to ease a sore throat. "We broke up their top four, and the seven runners we entered beat their fifth man. This was a real team victory."

The Spartans won't have too long to celebrate, however, as the Lancers will be one of the teams favored to give the Spartans a run for the NCS Division I title next week Alameda, Mission San Jose and Washington figure in top five, as well.

Sandwiched in between Gray and Raisner was Marina's Mike DeGroot, a junior who will

probably be one of the favorites in this race a year from now. Rounding out the top 10 were Canyon's Jeff Lee (eighth) and Castro Valley's Ron Stevenson (10th).

The Frosh-Soph winner was Castro Valley's Greg Routh, who won by five seconds over Canyon's Charlie Barb in 10:56.

In the Junior Varsity competition, Tennyson's Rich Judy was an eight-second winner over CV's Jeff Schloss in 11:05.

Winner of the reserves race was Tennyson's Randy Parsons in 12:13. The reserves race also included all girl runners, the top girl finisher being CV's Linda Holt, who took 12th at 13:25.

The top five finishers in the varsity and frosh-soph divisions continue on to the divisional meet, along with all members of the top four teams.



CV'S PHIL HORNIG