



Photo by Dies Vournes

#### Castro Valley Cross Country 1975

With three returnees from the outstanding team least year and some top notch Frosh-Soph returning, the prospects for 1975 were very bright once again. The team would have League and Division I Champion, Phil Hornig as their leader, all-league selection, Ron Stevenson, and returning letterman, Steve Roberts as the core for an outstanding team. To this we also had League Frosh-Soph champion, Mark Behning, and top JV returnees, Jeff Schloss, Eric Overland, and Kevin O'Leary.

In the first meet we were suprised with the improvement Bill Bodin and Dave Fordahl as they showed they were both ready for varsity competition.

This group blazed through the season compiling an 11 win and 1 loss record with the only loss being revenged at the league championship meet. Phil Hornig was our number one man all year and was really in a class by himself. He was undefeated in dual meets, repeated as league champion, was first at the Hayward Area Invitional setting a course record, was 2nd at Division and then slipped to 11th at North Coast Section after developing a foot problem. Mark Behning, Ron Stevenson, and Steve Roberts all took turns as our 2nd and 3rd runners and Dave Fordahl and Bill Bodin completed our top six. The 7th man was either O'Leary, Schloss, Overland, or Routh. At season's end we discovered Dave McHugh, who had started late but immediately established himself as top JV. Dave had never run three miles in a race until the league finals and in that race he suprised everyone by finishing as our 6th man and was an important factor in our upsetting Tennyson who was undefeated in league competition at that time.

Winning the League Championship had to be one of the highlights of the season as we were the underdogs. Every runner knew who he had to beat ahead of time and each one ran an inspired race. The entire team seemed determined to revenge the loss to Tennyson in the dual meet. Winning the Division I meet was a real suprise for everyone. The meet was held in the treacherous hills of Juaquin Miller Park and we have always done well in the hills. We were all a little disappointed at our performance at the Section meet but after analyzing the times we discover that we didn't run all that bad. everyone else just ran a lot better on that particular day.

The JV Team was lead by Jeff Schloss, Dave McHugh, Eric Overland, and Kevin O'Leary with Brent Cooper, Tom Hanson, and Jim Weinberg completing a team that compiled a record of 9 wins and 3 losses overall. Their league record was a perfect 8 wins with no losses and they captured the league JV championship for the 2nd consecutive year.

The Frosh-Soph team was lead all year by Sophomore sensation, Greg Routh. Greg was undefeated all year in league dual meets and won the individual league championship title. He developed leg problems in late season and was never able to get over them after the league meet. Greg was followed closely all year by Dave Fisher, Andy Schloss, Ray Tieman, and Bob Tieman. This outstanding group was helped by newcomers, Jeff and Mike Dittman as well as Greg Hickey, Greg Murphy, Rich Burstedt, and Roy Stai. This Frosh-Soph team was undefeated in dual meets and repeated as League champions.

The Girls team was lead by Michele Stevenson and Linda Holt both of whom are outstanding runners. The other members of the girls team are Kirsten Roberts and Jody Ross. With only four runners on the team they were unable to participate as a separate Girls team and usually had to run in the JV races with the boys.

The team of 1975 was second only to the outstanding team on 1974. With fewer runners they managed to nearly duplicate the record of the 1974 team which will stand for many years. This team was only the second team to ever win all three races at the league finals over the past 14 years. We also had the individual champion in the Varsity and Frosh-Soph race, and had the top girl finisher in Linda Holt. Congratulations to all for your tremendous accomplishments.

3 Mile Course Top 10 1975 Included

Phil Hernig	15:34	1974	Junior
Kevin Rudy	15:34	1974	Senior
Scott Wood	16:00	1970	Senior
Ron Stevenson	16:18	1974	Junior
Dan Anderson	16:22	1969	Senior
Doug Hall	16:22	1973	Junior
Barry Parr	16:23	1970	Junior
Ed Riggs	16:29	1968	Senior
Mark Behning	16:29	1975	Junior
Dave Chamness	16:31	1968	Soph <b>smore</b>

#### 2 Mile Course Top 10 1975 Include

Terry Trimble	11:03	1974	Senior
Mark Behning	11:08	1974	Sophomore
Mike Rudy	11:09	1970	Sophomore
Jim Hoffer	11:14	1974	Senior
Dave Milichichi	11:18	1974	Senior
Dave McHugh	11:24	1975	Junior
Gene Rodgers	11:28	1971	Sophomore
Phil Horning	11:28	1972	Freshman
Don Lew	11:30	1973	Senior
Ken Haubrock	11:32	1973	Junior

#### HOME COURSE BEST TIMES

3 Mile Course	<u>1975</u>	<u>1974</u>	<u>1973</u>	<u>1972</u>	Mileage Chart (Inc	cluding Summer)
Phil Hornig	16:06	15:34	16:26	17:45	Phil Hornig	<b>74</b> 0
Mark Behning	16:29				Greg Routh	<b>7</b> 00
Ron Stevenson	16:41	16:18	16:41		Steve Roberts	580
Steve Roberts		16:35			Bill Bodin	570
Dave Fordahl	16:55				Andy Schloss	510
Bill Bodin	17:10				Dave Fisher	455
Greg Routh	17:19				Dave Fordahl	450
J					Mark Behning	420
					Ron Stevenson	390
2 Mile Course					Brent Cooper	385
					Linda Holt	358
Dave McHugh	11:24				Jeff Schloss	335
Jeff Schloss	11:35	11:59			Jeff Dittman	270
Ray Tieman	11:47				Mike Dittman	270
Andy Schloss	11:54				Michele Stevenson	258
Dave Fisher	11:56	12:06			Jim Weinberg	245
Kevin O'Leary	12:03	12:15			Bob Tieman	225
Bob Tieman	12:06	12:23			Dave McHugh	220
Eric Overland		12:09	13:12		Eric Overland	212
Jeff Dittman	12:21				Tom Hanson	185
Tom Hanson	12:45				Kevin O'Leary	175
Mike Dittman	13:03				Roy Stai	<b>15</b> 0
Jim Weinberg	13:11				Greg Hickey	145
Brent Cooper		12:54	13:49		Rich Burstedt	130
Linda Holt	14:07				Kirsten Roberts	100
Greg Hickey	14:20				Dan Dela Riva	85
Rich Burstedt	15:13				<b>Jody</b> Ross	85
Roy Stai	16:05				Ray Tieman	82
Kirsten Roberts Jody Ross	16:29 16:41				Greg Murphy	59

#### CASTRO VALLEY vs AMADOR

Division: Varsity

CROSS COUNTRY at CASTRO VALLEY

Date: 9/17/75

Place	<u>Time</u>	School School	Name		
1	15:25	cv	Phil Hornig		
2	15:52	AV	Bruce Rogers		
3	16:02	AV	Mark Kendall		
4	16:12	CV	Steve Roberts		
5	16:16	CV	Mark Behning	Final	Score:
6	16:24	AV	Rick Pruncau		
7	16:34	CV	Ron Stevenson	CV	26
8	16:34	AV	Tom Laird		
9	16:42	CV	Bill Bodin	A	29
10	16:44	AV	Casey Safreno		
11	17:08	AV	Mario daSilva		
12	17:49	CV	Jeff Schloss		
13	<b>19:3</b> 0	CV	Kevin O'Leary		

#### CASTRO VALLEY vs AMADOR

Division: Junior Varsity

Place	Time	School School	Name		
1	10:14	cv	Dave Fordahl		
2	10:42	AV	Dan Tolutuar		
3	11:20	AV	Jim Billings		
4	11:26	CV	Eric Overland		
5	11:34	CV	Brent Cooper	Final	Score:
6	11:35	AV	Steve Tockey		
7	11:52	CV	Dan Delariva	CV	25
8	12:09	CV	Mike Dittman		
9	12:35	AV	Ray Elmore	A	30
10	12:46	AV	Eric Bidstrup		
11	12:46	AV	Ken Furrer		
12	12:50	AV	Kevin Brown		
13	12:55	CV	Greg Hickey		

#### CASTRO VALLEY vs AMADOR

Division: Frosh/Soph.

Place	<u>Time</u>	School	Name		
1	10:21	AV	Greg Novacek		
2	10:39	CV	Greg Routh		
3	10:49	CV	David Fisher		
4	10:55	CV	Andy Schloss		
5	10:58	AV	Lloyd Chapman	Final	Score:
6	11:01	CV	Ray Tieman		
7	11:01	CV	Bob Tieman	CV	22
8	11:15	AV	Jim Beigel	•	
9	11:24	CV	Jeff Dittman	A	35
10	11:27	AV	Randy Okins		
11	11:46	AV	John Norton		
12	11:56	AV	David Cence		
13	12:02	AV	Scott Bowyer		

#### NEWARK vs MOREAU, CASTRO VALLEY & ALAMEDA Division: Varsity

CROSS COUNTRY at NEWARK

Date: 9/25/75

Course Length: 3 miles

Place	Time	School	Name	
1	18:16	cv	Phil Hornig	
	18:21	N	Dick Plummer	
2 3	18:28	N	Mike Smith	
4	19:09	M	Joe Wright	
5	19:11	A	Gary Veasy	Final Score:
6	19:16	M	Vic Capurro	
7	19:43	A	Dale Acosta	CV 24
8	19:49	CV	Ron Stevenson	
9	19:50	CV	Mark Behning	A 31
10	19:53	CV	Steve Roberts	
11	19:55	M	Jeff Lawlor	Final Score:
12	20:01	A	Joe Peters	
13	20:05	N	Ron Starkey	CV 24
14	20:13	CV	Bill Bodin	
15	20:17	A	Clay Warren	M 31
16	20:19	N	James Smith	
17	20:43	M	Joe Grahajda	Final Score:
18	20:44	M	Bill Attwood	
19	21:07	A	Ron Arnenrich	CV 24
201	21:15	M	Dick Capurro	
21	21:25	N	Mike Gray	N 31
22	21:41	A	Steve Reitz	
23	21:49	CV	Dave Fordahl	
24	22:12	A	Don Brownson	
25	22:22	CV	Kevin O'Leary	
26	24:29	A	Bill Withrow	
27	25:18	A	Sty Mullen	
28	25:20	A	Ron Burke	
29	25:21	A	Clay Bryant	
30	26:55	A	Gary Price	

#### NEWARK vs MOREAU, CASTRO VALLEY & ALAMEDA

CROSS COUNTRY at NEWARK

Division: Frosh/Soph

Date: 9/25/75

Course Length: 2 miles

Place	Time	School	Name		
1	11:54	CV	G. Routh		
2	12:02	CV	Dave Fisher		
3	12:03	N	C. Ramierez		
4	12:12	. <b>M</b>	P. Schoonenberg		
2 3 4 5 6 7	12:24	M	T. Kirajear	Final	Score
6	12:52	CV	Bob Tieman		
7	13:01	CV	Andy Schloss	CV	26
8	13:10	M	MaCarthy		
9	13:12	M	Martin	M	32
10	13:13	A	B. Fenn		
11	13:16	M	Magalhaes	Final	Score
12	13:18	N	B. Kent		
13	13:32	A	L. Almario	CV	21
14	13:36	A	F. Leeds		
15	13:45	A	L. Welldon	N	34
16	13:52	M	J. Erickson		
17	13:54	N	K. Jenson	Final	Score
18	14:14	M	Rhodes		
19	14:17	M	Small	CA	20
20	14:19	A	C. Thomas		
21	14:24	N	W. Heche	A	35
22	14:25	CA	Jeff Dittman		
23	14:32	N	Garcia		
24	14:33	N	R. Kent		
25	14:38	A	K. White		
26	14:36	A	C. Ortez		
27	14:56	M	Fleishman		
28	14:58	N	B. Newlun		
29	15:28	N	Batista		
<b>3</b> 0	15:45	M	Kevin Mc Heaa		

#### MOREAU vs ALAMEDA

#### CROSS COUNTRY at COYOTE HILLS

Division: Girls

Date: 9/25/75

Place	Time	School School	Name		
1	11:03	cv	Michele Stevenson		
2	11:31	M	Debbie Gazafy		
2 3	11:36	CV	Linda Holt		
4	11:45	A	Kathy Way		
5	11:50	M	Carolyn Gearhart		
6	12:02	A	Karen Miles		
7	12:03	A	Sabrina Wong		
8	12:26	M	Joan Gearhart	Fin	al Score:
9	12:58	A	Cathy Bennett		
10	13:25	M	Cindy Kastanos	M	27
11	13:32	M	Cathy Chevalier		
12	13:38	M	Frances McKenney	A	30
13	14:25	M	Kathy Carrick		
14	14:45	M	Karen Cisek		
15	14:48	M	Molly Capurro		
16	14:57	M	Barbara Hoffman		
17	15:14	M	Kris Lyons		
18	15:29	M	Mary Del Santo		
19	15:39	M	Kitty Fisher		
20	15:52	A	Cathy Haber		
21	15:56	M	Debbie McIntosh		
22	15:57	M	Karen Anderson		
23	16:39	M	Bella Del Santo		
24	17:49	M	Kari Alhino		

#### CASTRO VALLEY vs MARINA & SUNSET Division: Varsity

#### CROSS COUNTRY at CASTRO VALLEY

Date: 10/8/75

Place	<u>Time</u>	<u>School</u>	Name		
1	16:06	CV	Phil Hornig		
2	16:36	M	Mike Degroot		
3	17:02	CV	Steve Roberts		
4	17:05	CV	Mark Behning		
5	17:12	M	Chuck Reyna	Final	Score:
6	17:16	M	Dan Bettridge		
7	17:18	CA	Dave Fordahl Jr.	CV	24
8	17:27	S	Jerry Quarry		
9	17:44	CA	Bill Bodin	M	38
10	17:56	S	Jessy Magallon		
11	18:25	CV	Ron Stevenson	S	64
12	18:49	M	Larry Nolan		
13	18:53	M	Don Peterson		
14	19:15	S	Jesus Fernandez		
15	19:26	S	Brian Hutchinson		
16	19:35	M	Kevin Clevenger		
17	19:53	S	Dan Camacho		
18	20:29	S	Joe Martin		
19	20:32	S	Paul Lebon		

#### CASTRO VALLEY vs SUNSET

Division: Junior Varsity

1	11:49	CV	Jeff Schloss		
2	12:03	CV	Kevin O'Leary		
3	12:07	S	Helder Rocha		
4	12:09	CV	Eric :Overland		
5	12:53	S	Joe Engberson	Final	Score:
6	13:26	CV	Brent Cooper		
7	13:57	CV	Jim Weinberg	CV	20
8	14:00	S	Jim Stockel		
9	14:07	CV	Linda Holt	S	37
10	15:00	S	Doug Carlson		
11	15:02	S	Dan Galant		
12	16:29	CV	Kirsten Roberts		
13	16:41	CV	Jodi Ross		

#### CASTRO VALLEY vs MARINA & SUNSET

#### Division: Frosh/Soph

#### CROSS COUNTRY at CASTRO VALLEY

Date 10/8/75

Place	<u>Time</u>	School School	Name		
1	11:56	cv	Dave Fisher		
2	12:09	CV	Andy Schloss		
3	12:10	CA	Ray Tieman		
4	12:19	CV	Bob Tieman		
5	12:38	CV	Jeff Dittman	Final	Score:
6	12:49	M	Marcial Villanueva		
7	12:59	S	Oscar Mendez	CV	15
8	13:09	S	David Mendez		
9	13:24	CV	Mike Dittman	S	56
10	13:51	S	Barry Pearrow		
11	13:55	M	Charles Fillipucci		
12	14:25	M	Lew Lyon		
13	14:40	M	Ken Fried		
14	15:13	CV	Rick Burstedt		
15	15:56	S	Jeff Marciel		
16	16:05	CV	Roy Stai		
17	16:39	S	David Holochuck		
18	16:40	S	Mike Boucher		

#### HARRIERS OPEN HAAL SEASON BY TROUNCING HAPLESS MARINA AND SUNSET

Team co-captain Phil Hornig lead our Spartan Harriers past Marina and Sunset in an expected easy fashion. None of the times were very outstanding but the results were the important item.

Steve Roberts, Mark Behning, and Dave Fordahl finished 3, 4, and 7, overall but all finished ahead of Sunset's first runner. Dave Fordahl ran one of his best races and was a very pleasant surprise. Bill Bodin and Ron Stevenson were our other two placers...we only have six on the varsity which is an all-time low.

Jeff Schloss lead the JV's to any easy victory over Sunset as our top five all finished ahead of Sunset's 3rd man. The runner-up was Kevin O'Leary who finished fast, Eric Overland, Brent Cooper, and Jim Weinberg running his first race on our course. Linda Holt ran her first 2 mile race and did an excellent job as she defeated Sunset's 4th and 5th man. Also running their first 2 mile race was Kirsten Roberts who finished fast, and Jodi Ross in her first race ever. Marina did not field a JV team.

The highlight of the day perhaps was the showing of our strong Frosh/Soph. team as Dave Fisher lead a 1-5 sweep and lowered his personal best time on our course by 10 seconds. Newcomer Andy Schloss was 2nd followed closely by Freshman Ray Tieman and cousin Bob Tieman. Freshman Jeff Dittman was our 5th man and ran very well considering he is recovering from a cold. The other members of our victorious F/S team were Mike Dittman (9th), Rich Burstedt (14), and Roy Stai (16th).

Although the times were not outstanding they were very good for this early in the season.

Next week ... TENNYSON .

#### CASTRO VALLEY VS SAN LORENZO & TENNYSON

Division: Varsity

CROSS COUNTRY at SAN LORENZO

Date: 10/15/75

Place	<u>Time</u>	School	Name		
1	17:21	cv	Phil Hornig		
2	17:50	T	Steve Gray		
3	17:57	T	Andy Enanoria		
4	18:07	T	Bill Raisner		
5	18:10	T	Brett Hill	Final	Score:
6	18:36	CA	Ron Stevenson		
7	18:36	CA	Steve Roberts	SL	71
8	18:48	CA	Mark Behning		
9	18:49	CV	Dave Fordahl	T	25
10	18:56	T	Dennis Chinn	•	23
11	19:02	CA	Bill Bodin	cv	31
12	19:06	CV	Greg Routh	•	<b>7</b> +
13	19:08	SL	Joe Sente		
14	19:37	SL	Sam Nielson		
15	20:05	CA	Jeff Schloss		
16	20:38	T	Rich Judy		
17	21:55	SL	Tom Insoni		
18	23:00	T	Bob Elliott		
19	24:27	SL	Joe Garbrilson		

CASTRO VALLEY vs SAN LORENZO & TENNYSON Division: Junior Varsity

<u>Place</u>	Time	School	Name		
1	8:43	CV	Dave McHugh		
2	9:11	CV	Kevin O'Leary		
3	9:27	CV	Eric Overland		
4	9:35	CA	Brent Cooper		
5	9:40	CV	Tom Hanson	Final	Score:
6	9:54	T	Stepper		
7	9:59	T	Simons	T	42
8	10:14	T	Costa		
9	10:44	T	Wineburg	CV	15
10	10:57	T	Bill Burrell		
11	11:05	T	Brown		
12	11:05	CV	Linda Holt		
13	12:16	T	Lee		
14	13:15	SL	Larson		
15	13:53	CV	Kirsten Roberts		
16	14:17	CV	Jody Ross		

#### CASTRO VALLEY VS SAN LORENZO & TENNYSON

Division: Frosh/Soph

CROSS COUNTRY at SAN LORENZO Date: 10/15/75

Place	Time	School	Name	
1	12:05	CV	Dave Fisher	
2	12:27	CV	Ray Tieman	
3	12:28	T	Jobe	
4	12:29	T	Hill	
5	12:29	CV	Andy Schloss	Final Score:
5 6	12:29	CV	Bob Tieman	
7	12:33	T	Collier	T 31
8	12:37	T	Juarez	
9	12:42	T	Veire	CV 27
10	12:52	T	Cruz	
11	12:57	T	Mike Gama	
12	13:06	SL	Brown	
13	13:01	${f T}$	Silva	
14	13:21	T	Hines	
15	13:27	CV	Jeff Dittman	
16	13:31	SL	Bickell	
17	13:36	SL	King	
18	13:38	CV	Mike Dittman	
19	13:47	T	Parsons	
20	13:50	SL	Morrison	
21	13:60	T	Pedilla	
22	14:12	SL	Anacia	
23	14:16	T	Silva	
24	14:55	CV	Dan Dela Riva	
25	15:48	SL	Halseth	
26	15:57	${f T}$	Casipit	
27	16:06	T	Hitton	
28	16:36	CV	Rich Burstedt	
29	17:47	CV	Roy Stai	
<b>3</b> 0	17:56	SL	Philpott	
31	18:33	T	Jeptson	
32	21:04	T	Laccetti	

#### CASTRO VALLEY vs HAYWARD & MOUNT EDEN Division: Varsity

CROSS COUNTRY at CASTRO VALLEY

Date: 10/22/75

Place	Time	School School	Name		
1	16:23	CV	Phil Hornig		
2	16:29	CV	Mark Behning		
3	16:41	CV	Ron Stevenson		
4	16:52	CV	Steve Roberts		
5	16:55	CV	Dave Fordahl, Jr.	Final	Score:
6	17:10	CA	Bill Bodin		
7	17:19	CV	Greg Routh	CV	15
8	17:35	H	Ed Healy		
9	17:41	H	Darrell Baxter	H	<b>5</b> 5
10	17:41	H	Jim Norsworthy		
11	17:42	ME	Keith Ortiz		
12	17:49	H	Mike Griffin		
13	18:07	ME	Rolando Imperial		
14	18:28	ME	Jim Masingale		
15	18:38	CV	Eric Overland		
16	18:49	H	Ed Medeiros		
17	20:03	H	Brian Healy		
18	21:39	ME	Robert Juntz		

CASTRO VALLEY vs HAYWARD & MOUNT EDEN

Division: Junior Varsity

CROSS COUNTRY at CASTRO VALLEY

Date: 10/22/75

Place	Time	School	Name		
1	11:24	cv	David McHugh		
2	11:35	CV	Jeff Schloss		
3	12:45	CV	Tom Hanson		
4	13:11	CV	Jim Weinberg	Final	Score:
5	13:17	CV	Brent Cooper		
6	13:29	ME	Rich Canada	CV	15
7	15:21	ME	Ken Currie		

#### CASTRO VALLEY vs HAYWARD & MOUNT EDEN Division: Frosh/Soph

CROSS COUNTRY at CASTRO VALLEY

Date: 10/22/75

Place	Time	School	Name		
1	11:41	Н	Greg Griffin		
2	11:47	CV	Ray Tieman		
3	11:54	CV	Andy Schloss		
4	12:06	CV	Bob Tieman		
5	12:12	H	John Rekenthaler		
6	12:21	CV	Jeff Dittman		
7	12:29	ME	Mark Demeduk		
8	12:30	ME	Martin McDonald		
9	<b>12:3</b> 8	ME	John Traynor	Final	Score:
10	12:43	H	Robert Reid		
11	12:57	H	Fred Sandsmark	CV	28
12	13:01	H	Andy Parker		
13	13:03	CV	Mike Dittman	H	39
14	14:00	ME	Richard Guerra		
15	14:01	ME	Jeff Johnson	ME	<b>53</b>
16	14:20	CV	Greg Hickey		
17	14:42	CV	Greg Murphy		
18	16:09	ME	Kevin Graham		
19	16:22	CV	Roy Stai		

#### PLEASANT HILL SUMMARY

	1975	1974	1973	1972
Hornig	9:20	9:46	10:15	
Stevenson	9:54	10:13	10:12	10:56
Roberts	10:01	10:30	10:49	
Bodín	10:14	11:14		
Behning	10:17	10:28	11:14	
McHugh	10:18			
Routh	10:18	11:23		
Fordahl	10:19	11:23		
J. Schloss	10:49			
A. Schloss	10:59			
B. Tieman	11:08			
Fisher	11:13	11:16		
Overland	11:14			
J. Dittman	11:34			
Cooper	11:50			
Dela Riva	12:10			
Holt	12:39			
Hickey	13:45			

#### ARROYO vs CANYON & CASTRO VALLEY

CROSS COUNTRY at ARROYO

Division: Varsity

Date: 10/29/75

Place	<u>Time</u>	School School	Name		
1	15:23	cv	Phil Hornig		
2	15:36	A	Russ Wright		
3	15:48	С	Jeff Lee		
4	16:07	CV	Mark Rehning		
5	16:16	CV	Steve Roberts	Final	Score:
6	16:25	CV	Ron Stevenson		
7	16:25	CV	Dave Fordahl Jr.	A	<b>57</b>
8	16:50	CV	Bill Bodin		
9	16:56	С	Brad Rock	CV	23
10	16:59	A	Dan Boulton		
11	16:59	A	Dave Emery	C	51
12	17:09	С	Wadie Harb		
13	17:25	С	Jeff Romiguiere		
14	17:26	С	Scott Flagg		
15	17:28	CV	Eric Overland		
16	17:30	A	Steve Grace		
17	18:08	С	Mitchell Glenn		
18	18:32	A	Bob Forrester		
19	18:43	A	Ken Rutz		
20	18:56	A	Gary Craig		
21	19:17	A	Gary Wright		

#### ARROYO vs CANYON & CASTRO VALLEY Division: Junior Varsity

<u>Place</u>	Time	School .	Name		
1	10:44	cv	Dave McHugh		
2	11:30	CV	Jeff Schloss		
3	11:40	С	Jay Schlieper		
4	11:45	A	Bob Cuddy		
5	11:57	CV	Brent Cooper	Final	Score:
6	11:57	CV	Kevin O'Leary		
7	12:19	CV	Jim Weinberg	A	<b>5</b> 5
8	12:20	A	Dave McDaniels		
9	12:39	C	John Ward	CV	21
10	12:43	С	Steve Fazzini		
11	12:49	С	Rich Windrich	С	46
12	12:53	A	Roger Golec		• •
13	13:13	С	John Gust		
14	13:30	CV	Linda Holt		
15	13:23	A	Lori Thompson	•	
16	14:10	A	Frank Topia		
17	15:55	A	Rachel McMillian		

#### ARROYO vs CANYON & CASTRO VALLEY

Division: Frosh/Soph

CROSS COUNTRY at ARROYO

Date: 10/29/75

Place	<u>Time</u>	School School	Name		
1	10:50	CV	Greg Routh		
2	10:56	C	Charlie Harb		
2 3	11:27	CV	Dave Fisher		
4	11:28	CV	Ray Tieman		
5	11:29	CV	Andy Schloss	Final	Score:
6	11:29	CV	Bob Tieman		
7	11:43	C	Dave Eberhart	A	71
8	11:44	C	Tom Jensen		
9	12:14	С	Greg Osborne	CV	19
10	12:20	A	Dan Pratt		
11	12:21	A	Bob Brady	С	<b>3</b> 8
12	12:31	С	Greg Romiguiere		
13	12:39	C	Rich Cameron		
14	12:41	CV	Mike Dittman		
15	13:07	A	Leo Vik		
16	13:08	A	Dave Bevilaqua		
17	13:14	CV	Dan Delaiva		
18	13:30	CV	Greg Murphy		
19	13:34	A	Alan Chin		
20	13:42	A	Dave Wright		
21	16:04	A	Kathy Knewberry		
22	17:04	A	Florence Sanchez		

1975

#### H.A.A.L. CROSS COUNTRY CHAMPIONSHIPS

#### November 5, 1975

#### Hayward High School

#### VARSITY

1	Phil Hornig	15:37	CV	25	Brad Rock	17:31	C
2	Russ Wright	15:47	A	26	Ken Romiguiere	17:33	C
3	Steve Gray	15:51	T	27	Rolando Imperial	17:38	ME
4	Mike DeGroot	15:55	M	28	Keith Ortiz	17:42	ME
5	Bob Raisner	15:57	T	29	Mike Griffin	17:45	H
6	Mark Behning	16:06	CV	30	Dan Boulton	17:54	A
7	Andy Enanoria	16:11	T	31			
8	Joff Los	16:13		- 32	Larry Nolan	18:09	M
9	Brett Hill	16:16	T	33	Gerald Elliott	18:10	T
10	Ron Stevenson	16:20	CV	34	Wadie Harb	18:14	C_
11	Dan Bettridge	16:35	M	35	Ed Madeiros	18:15	Н
12	David Fordahl	16:36	CV	36	Jesus Fernandez	18:17	S
13	Stephen Roberts	16:39	CV	37	Jeff Romiguiere	18:25	C
14	David McHugh	16:40	CV	38	Joe Engberson	18:31	S
15	Jerry Quarry	16:52	\$	39	Bob Cuddy	18:34	Ā
16	Greg Slentz	16:54	SL	40	Kevin Clevenger	18:37	A M
17	Bill Bodin	16:58	CV	41	Darrell Baxter	18:44	H
18	Ed Marsden	17:00	SL	42	Brian Hutchinson	18:58	S
19	Charles Reyna	17:03	M	43	Rick Tomlinson	19:01	SL
20	Jim Norsworthy	17:11	H	44	Bob Forester	19:10	A
21	Jessy Magallon	17:15	S	45	Gary Craig	19:28	A
22	Dennis Chinn	17:23	T	46	Ed Gabrielson	20:28	SL
23	Don Peterson	17:24	M	47	Nick Morrison	20:40	SL
24	Ed Healy	17:26	H		_	< ₹	

#### TEAM SCORES

1	Castro Valley	42
.2	Tennyson	46
3	Marina	89
4	Canyon	130
5	Hayward	149
6	Sunset	152
7	Arroyo	160
8	San Lorenzo	170
	Mt. Eden no	score

V 130.115 T 131.38

#### H.A.A.L. CROSS COUNTRY CHAMPIONSHIPS

November 5, 1975

Hayward High School

#### JUNIOR VARSITY

1	Rich Judy	11:05	T	16	Byron Simmons	12:35	T
2	Jeff Schloss	11:13	CV	_17_	Steve Fazzini	12:38	_ C_
3	Mike Herbst	11:25	T	18	Jim Weinberg	12:42	CV
4	Glenn Mitchell	11:29		19	Roger Golec	12:52	A
5	Kevin O'Leary	11:33	CV	20	Jim Stockel	13:91	S
6	Eric Overland	11:41	CV	21	Jon Gust	13:11	_ C
7	James Silva	12:00	T	22	Mike Fink	13:13	A
8	Brent Cooper	12:01	CV	23	Gordon Stapper	13:26	T
9	Tom Hanson	12:08	CV	24	Frank Tapia	13:28	A
10	Steve Bickell	12:13	T	25	Allen Chinn	13:41	Α
11	Ed Hoh1	12:19	A	<b>2</b> 6	Dave Wright	13:45	A
_ 12	John Ward	12:29	C	27	Jeff Marciel	13:50	S
13	Rich Cameron	12:30	C	28	Doug Carlsen	14:00	S
14	Barry Pearrow	12:31	S	29	Dan Galant	14:05	S
15	Dan Dela Riva	12:34	CV	30	Lori Thompson	14:49	A

#### TEAM SCORES

1	Castro Valle	y	30
2	Tennyson	-	37
3	Canyon		67
4	Arroyo		101
5	Sunset		118
	Hayward	No	score
	Marina	No	score
	Mt. Eden	No	score
	San Lorenzo	No	score

#### H.A.A.L. CROSS COUNTRY CHAMPIONSHIPS

#### November 5, 1975

#### Hayward High School

			FROSH	- SOP	PH .		
				3	-		
1	Greg Routh	10:56	CV	27	Mike Gellie	12:02	S
2	Charlie Harb	11:01	C	28	Willie King	12:04	SL
3	David Fisher	11:07	CV	29	Dan Camacho	12:10	S
4	Brian Healy	11:10	H	30	David Mendez	12:13	S
_ 5	Scott Flagg	11:11	C	31	Glen Hill	12:16	T
6	Ray Tieman	11:16	CA	_ 32	Greg Osborne	12:17	<u> </u>
7	Rick Collier	11:13	T	33	Dave McDaniel	12:18	A
8	Robert Tieman	11:16	CV	34	Fred Sandsmark	12:19	H
9	Greg Griffin	11:21	H	35	Marcial Villanueva	12:20	M
10	Steve Grace	11:28	A	36	Dan Pratt	12:21	A
11	Enrique Cruz	11:34	T	37	John Traynor	12:23	ME
12	Mike Gama	11:35	T	_38	Greg Romiguiere	12:24	<u>C</u>
_13	Tom Jensen	11:37	_C	39	Andy Parker	12:24	H
14	Andy Schloss	11:38	CV	40	Mike Dittman	12:35	CV
15	Steve Hines	11:40	T	41	Tom Anaya	12:38	SL
16	David Viera	11:42	T	42	Bob Brady	12:40	A
17	Mark Demeduk	11:45	ME	43	Lew Lyon	12:49	M
18	John Jobe	11:45	T	44	Charles Fillipucci	12:54	M
19	Brian Brown	11:47	SL	45	Leo Vik	13:03	A
_20_	Dave Everhart	11:52	<u>C</u>	46	George Mckinley	13:07	S
21	Robert Reid	11:53	H	47	Dave Howard	13:08	SL
22	Helder Rocha	11:55	S	48	Rich Guerra	13:34	ME
- 23	Oscar Mendez	11:58	S	49	Jeff Johnson	13:36	Me
24	John Rekenthaler	11:59	H	50	Dave Bevilagua	14:06	A
25	Martin McDonald	12:00	ME	51	Ken Fried	14:29	M
26	Steve Wilson	12:02	Н	<b>5</b> 2	Mike Jepsen	16:09	SL

	TEAM SCO	RES	TEANTIME
1	Castro Valley	42	56:10
2	Tennyson	61	
3	Canyon	72	57.58
4	Hayward	84	<b></b>
5	Sunset	131	
6	Arroyo	166	
7	Mt. Eden	176	
8	San Lorenzo	187	
	Marina n	o score	

#### H,A.A.L. CROSS COUNTRY CHAMPIONSHIPS

November 5, 1975

#### Hayward High School

#### RESERVES

1	Randy Parsons	12:13	T	16	Greg Murphy	13:59	CV
2	Ed Silva	12:21	T	17	Tim Day	14:06	T
3	Robert Juntz	12:23	ME	18	Clayton Caspit	14:07	T
4	Jeff Padilla	12:26	T	19	Rich Burstedt	14:12	CV
5	Jim Beaty	12:50	ME	-20	Stephanie Lee	14:38	T
6	Carl Heuken	12:55	H	21	Ben Valencia	15:06	T
7	Vic Martinez	12:56	H	22	Ken Currie	15:06	ME
8	Rich Canada	13:02	ME	_23_	Kathy Newberry	15:13	A
9	Greg Abbott	13:13	H	24	Bill Philpott	15:18	T
10	Bill Burrell	13:21	T	<b>2</b> 5	Florence Sanchez	15:21	A
11	Chris Juarez	13:24	T	26	Roy Stai	15:30	CV
12_	Linda Holt	13:25	CV	27	Rachel McMillan	15:49	A
13	Anders Jansson	13:34	ME	28	Gwen Funcheon	15:51	A
14	Greg Hickey	13:40	CV	29	Cindy Larsen	NT	SL
15	Larry Brown	<b>13:</b> 54	T				

## Lancers get first four spots

Canyon, Castro Valley and Tennyson Highs ach opened the Hayward Area Athletic League cross country season with impressive victories yesterday.

Tennyson's win, a 16-43-74 decision over Arroyo and Mt. Eden, was the most impressive lid-lifter of all, with the Lancers taking the first four places in order and also laying claim to sixth place.

In the other meets, Canyon rang up a 24-45no-score tally on Hayward and San Lorenzo, and Castro Valley stopped Marina and Sunset, 24-38-64

Steve Gray finished first for Tennyson, coming close to the Arroyo course record with a clocking of 15:27, while teammates Brett Hill (15:46), Andy Enanoria (15:48) and Bob Kaisner (15:58) finished 2-3-4.

Russ Wright of Arroyo kept the Lancers from a sweep with a fifth place finish, while Dennis Chinn of the Lancers was sixth.

Like Gray, Canyon's Jeff Lee came very close to a record, beating the field by a full 52 seconds as he covered his home course in 17:20.

A pair of sophomores, Ken Romiguiere and Jason Lee, took second and third for the Cougars, while Greg Slentz took fourth place for San Lorenzo and Hayward's Mike Griffin finished fifth.

Defending HAAL champion Phil Hornig brought first place to Castro Valley by a full half-minute, finishing in 16:06 over his home course. Marina's top runner, Mike DeGroot was second, while Steve Roberts and Mark Behning of CV took third and fourth.

#### Tennyson 16, Arroya 43, Mt. Eden 7

Gray (T) 15:27; Hill (T) 15:46; Enanoria (T) 15:48; Kaisner (T) 15:58; Wright (A) 16:25; Chinn (T) 16:42; Hager (A) 17:07; Grace (A) 17:28; Emery (A) 17:28; Oarlez (ME) 17:36.

JV Score: Tennyson 24, Arroyo 33, Mt. Eden no score, Winner — Rich Judy (T), 11:04.

Frosh Soph Score: Tennyson 15, Mt. Eden 62, Arraya 64. Winner — Gien Hill (T); 11:28. Canyon 28, Hayward 45, San Lorenzo no score

Le. Lee (C), 17-20; Romiguiere (C) 16:12; Js. Lee (C) 18:47. Stentz (SLz) 18:49; Griffin (H) 19:03; Marsden (SLz) 19:22; Healy (H) 19:28; Nielson (SLz) 19:40; J. Romiguiere (C) 19:46; Baxter (H), 19:55.

JV Score: Canyon 15, Hayward & San Lorenzo, no score Winner -- Glenn Mitchell (C), 13:48.

Frosh Soph Score: Canyon 18, Hayward 44, San Lorenzo 68; Winner — Charlie Harb (C), 13.04. CASTRO VALLEY 24, MARINA 38, SUNSET 64

Horning (CV), 16:06; DeGroot (M), 16:36; Roberts (CV), 17:02; Behning (CV), 17:05; Reyna (M), 17:12; Bettridge (M), 17:16; Fordahl (CV), 17:18; Guarry (S), 17:27; Bodin (CV), 17:44; Magallon (S), 17:56.

JV Score: Castro Valley 20, Sunset 37, Marina no score. Winner -- Jeff Schloss (CV), 11:49.

Frosh Soph Score, Castro Valley 15, Sunset 56, Marina no score, Winner — Dave Fisher (CV), 11:56.

#### Cross country

## Hornig wins showdown

Castro Valley High senior Phil Hornig won his fourth Hayward Area Athletic League cross country race of the year and Tennyson High woMx the triangular meet season undefeated yesterday.

Hornig, the defending HAAL champion, defeated Arroyo's Russ Wright and Canyon's Jeff Lee in a showdown of runners figured to place highly in next week's league meet. Hornig's time was 15:23 and Castro Valley defeated Canyon and Arroyo, 23-51-57.

Tennyson, meanwhile, whipped Marina and Hayward, 25-35-54, and Sunset downed San Lorenzo and Mt. Eden, 31-45-48. The Lancers went through the HAAL season without a loss.

Hornig and Wright battled evenly over the first mile, but the CV senior pulled away in the second mile to win.

Marina's Mark DeGroot took first place away from Tennyson by clocking 16:01, 16 seconds better than Tennyson's Andy Enanoria. Steve Gray took third for the Lancers, with Bob Raisner fourth.

Greg Slentz captured first place for the Rebels in 15:52, pulling away from second place finisher Jessy Magallon of Sunset, who clocked 15:55, and third place Jerry Quarry of Sunset, who was timed in 16:00.

#### Tennyson 25, Marina 35, Hayward 64

DeGroot (M), 16:01, Enanoria (T), 16:17; Gray (T), 16:36; Raisser (T), 16:43, Bettridge (M), 17:00; Reyna (M), 17:04; Hill (T), 17:09; Norsworthy (H), 17:16; Chinn (T), 17:40; Peterson (M), 17:46;

JV Score: Techyson 15, Marina and Hayward, no score, Winner: Rich Judy (T), 12:21.

Frosh Soph Score: Tennyson 25, Hayward 32, Marina no score. Winner: Greg Griffin (H), 11:25.

#### Castro Valley 23, Canyon St, Arrayo 57

Hornig (CV), 15:23; Wright (A), 15:36; Lee (C), 15:48; Behnig (CV), 16:07; Roberts (CV), 16:15; Stevenson, (CV), 16:25; Forwahl (CV), 16:25; Budin (CV) 16:50; Rock (C), 16:56; (tie), Boulton (A) and Energy (A), both 16:59.

JV score: Castro Valley \$1, Canyon 46, Arroyo 55, Winner: McHuga (CV), 15:44. Frosh Soph Score: Castro Valley 19; Canyon 38, Arroyo 71, Winner: Reuth (CV), 10:50.

#### Sunset 31, San Lorenzo 45, Mt. Eden 48

Slentz (SLz), 35:52; Magailon (S), 33:55; Quarry (S), 16:00; Marsden (SLz) 16:01; Ortiz (ME), 16:38; Masingale (ME), 16:40, Fernandez (S), 16:46, Impactal (ME), 17:12; Rocha (S), 17:20; Engberson (S), 17:52.

Frosh Sogh Score: Sunset 25; San Lorenzo 42, Mf. Eden 59, Winner: Brown (St.Z.) 11-34

# Horning sets course record

HAYWARD — Mission San Jose took the varsity, froshsoph and jumor varsity team titles while Castro Valley's Phil Horning took the individual spotlight at yesterday's Hayward Area Invitational Cross Country Meet.

Horning broke his own course record over the three miles, with a 15:19 clocking over the three miles. Mike

Smith of Newark High was second to Horning, while the Warriors' Tom Smith was third Steve Strangi of Mission was eighth and Dan Harris of MSJ 10th, as the Warriors won the team title by two points over HAAL power Tennyson, 76-78

In the frosh-soph, Greg Routh of Castro Valley was the winner. Scott Ruffing of Mission San Jose was fifth, while John Marden was seventh, as the Warriers piled up 49 points.

Don Malcolm was the Warriers' only individual winner on the day with a 10-43 time for the boarse. Vic Briggs was third for the Braves. Terry Johnson seventh, and Dean Ruffing eighth.

In the girls division, Bishop O'Dowd was the team champion, Wendy Behrnbaum of Amador was the individual race with a 12:45 clociting.

### Tennyson, C.V. run for title

By JOHN HICKEY

HAYWARD — The names of Dennis Chinn, Bill Bodin and Dave Fordahl haven't captured headlines in Hayward Area Athletic League cross country circles this year, but they'll be among the runners to watch tomorrow in the HAAL meet at Hayward High.

Chinn is Tennyson's No. 5 runner, while Bodin and Fordahl take turns in the fifth slot for Castro Valley. And the Lancers and the Spartans, as usual, will be fighting it out for the league champioship.

"We figure that to win, every runner we enter has to finish higher than Chinn," says Castro Valley coach Norm Guest, whose teams have won the HAAL title in each of the past two sessons.

"We need Bodin and Fordahl to really come through for us — along with some others," he adds. "Tennyson's top people are really good, and we can't afford to let them get too many runners in the top seven or eight."

"We have a lot of good runners in the top five spots down to Chinn," comments Tennyson's Ron Stark, who last wrested the title from the Spartans in 1972. "Beyond Dennis, we really fall off quite a bit. We need all five of our top people to come through."

Which may take a little doing. Brett Hill, who was to be the Lancers' No. 2 runner this year, has never gotten in much running while bettling the flu in the last few weeks, and No. 1 runner Steve Gray has been running with some painful blisters.

When the Lancers and the Spartans met in an HAAL triangular meet a month ago, Tennyson came out on top, with Lancers Gray, Andy Enanoria, Bob Raisner and Hill finishing second through fifth.

In that meet, Chinn split with Bodin and Fordahl, beating Bodin but losing to Fordahl by eight seconds.

"We know that Phil (Hornig, the Spartans top runner) can give us a good race," says Guest. "What we have to do is have either Mark Behring, Steve Roberts or Ron Stevenson break up their top four. Those Tennyson runners all finished within 20 seconds of each other in our triangular meet, and that killed us."

Hornig, the defending league and North Coast Section divisional champion, is the favorite in the individual competition, and his major competition figures to come from Marina's Mike DeGroot, Canyon's Jeff Lee, Arroyo's Russ Wright, and Gray, if he's completely healthy.

The first race — the reserves — is on tap for a 2:30 p.m. start, with the junior varsity, frosh-soph and varsity races following is order. The varsity match will start between 3:30 and 3:45 p.m.

# Hornig the NCS pick

OAKLAND — Defending champion Phil Hornig of Castro Valley High will be the runnner to beat here tomorrow as Joaquin Miller Park hosts the North Coast Section Division I cross country meet.

Hornig, a senior, looked very strong in winning the Hayward Area Athletic League meet for the second year in a row last week.

The meet brings together the top four teams from the Hayward Area Athletic League, the Catholic Athletic League, the Alameda County Athletic League and the Mission Valley Athletic League in addition to the top five individuals from each league.

Hornig, who professes a fordness for running in the hills, will be at home on the threemile course which is one of the hilliest courses in the area.

He'll have some competition for the top spot, including Mike Smith of Newark and Tom Smith of Mission San Jose, who finished 1-2 in the MVAL meet last week, and from Paul Burke of DeLaSalle and Joe Avalos of St. Joseph's, the top two finishers in the CAL meet, in addition to several good runners from the ACAL.

From his own league, Hornig will have to repell the challenges of Arroyo's Russ Wright, Tennyson's Steve Gray, and Marina's Mike DeGroot

In the team race, HAAL champ Castro Valley and runner-up Tennyson are both strong contenders, as are CAL champion Moreau, paced by Vince and Dave Capurro, and MVAL powers Washington and Mission.

#### Hornig tabbed

Phil Hornig of Castro Valley is the Daily Review's Prep of the Week for Cross Country. Horning, a senior and the defending North Coast Section Divisional champion, had a pair of big victories for the Spartans last week, including breaking his own course record at Hayward High in the Hayward Area Invitional meet, covering the three-mile course in 15:19. Earlier in the week, he had captured first place in the Spartans battle with co-title favorite Tennyson, but the Spartans were besten anyway.

# Hornig leads Spartans to title

#### By JOHN HICKEY

HAYWARD — Castro Valley High senior Phil Hornig captured his second straight Hayward Area Athletic League cross country championship, and in so doing, helped the Spartans upset Tennyson for the team title.

Hornig covered the three-mile Hayward High course in 15:37, 10 seconds off his HAAL record time of 15:27 set last year, but still good enough to win by 10 seconds over Arroyo's Russ Wright.

Hornig led from wire to wire, but the Spartans didn't have the meet title sewn up until Dave McHugh, in his first varsity race, and Bill Bodin came in 14th and 17th, beating out Tennyson's fifth runner, Dennis Chinn.

For the record, Castro Valley won by four points, 42-46, over the Lancers, Marina taking third with 89. It was Castro Valley's third straight league title, and the Spartans also nosed out Tennyson for first place in the frosh soph and junior varsity categories

"This wasn't really that big a race for me," said Hornig, who will defend his North Coast Section Division I title next Wednesday at Joaquin Miller Park in Oakland. "I had already beaten all these guys in the triangular meets. I'm pointing to the division and sectional races.

"But this was a big race for the team. Everybody ran good, and we had to have that, because they had beaten us in the triangular meet."

Key to the Spartan team victory was probably Mark Behnig, who took sixth in 16:06.

In the CV-Lancer triangular. Hornig had finished first and Tennyson had taken the next four places. Entering today's meet. CV coach Norm Guest said "we have to break up that foursome to win."

Behnig was the man who accomplished that task, as his sixth place finish cut Tennyson's foursome in half. Steve Gray (third) and Bob Raisner (fifth) beat Behnig, who in turn outraced the Lancers' Andy Enanoria (seventh) and the ailing Brett Hill (ninth).

"We did both of the things we had to do," said Guest, talking softly to ease a sore throat. "We broke up their top four, and the seven runners we entered beat their fifth man. This was a real team victory."

The Spartans won't have too long to celebrate, however, as the Lancers will be one of the teams favored to give the Spartans a run for the NCS Division 1 title next week Alameda, Mission San Jose and Washington figure in top top five, as well.

Sandwiched in between Gray and Raisner was Marina's Mike DeGroot, a junior who will

probably be one of the favorites in this race a year from now. Rounding out the top 10 were Canyon's Jeff Lee (eighth) and Castro Valley's Ron Stevenson (10th).

The Frosh-Soph winner was Castro Valley's Greg Routh, who won by five second over Canyon's Charlie Harb in 10:56.

In the Junior Varsity competition, Tennyson's Rich Judy was an eight-second winner over CV's Jeff Schloss in 11:05.

Winner of the reserves race was Tennyson's Randy Parsons in 12:13. The reserves race also included all girl runners, the top girl finisher being CV's Linda Holt, who took 12th at 13:25.

The top five finishers in the varsity and frosh-soph divisions continue on to the divisional meet, along with all members of the top four teams.



C.V.'S PHIL HORNIG

#### RESULTS BAY CHAMPIONSHIPS November 12, 1975

#### VARSITY

1.	Mike Smith	Newark	15:40.5
_2.	Phil Hornig	Castro Valley	15:46
3.	Tom Smith	MSJ	16:03
4.	Paul Burke	DLS	16:18
5.	Archie Bowles	Encinal	16:23
6.	Tom Hussey	Washington	16:26
7.	Steve Gray	Tennyson	16:29
8.	Mike DeGroot	Marina	16:29
9.	Gary Veasy	Alameda	16:31
10.	David Acosta	Alameda	16:32
11.	Ron Stevenson	Castro Valley	16:33
	John Cadwallader	Encinal	16:39
12.			
13.	Steve Giudici	Washington Alamada	16:45
14.	Joe Fields	Alameda	16:46
15.	Vern Sallaz	San Leandro	16:46
16.	Mike Kuhfal	Encinal	16:51
17.	J. Peters	Alameda	16:52
18.	Bob Raisner	Tennyson	15:54
19.	Russ Wright	Arroyo	16:56
_20.	Steve Roberts	Castro Valley	17:06
21.	Scott Faulkner	El Cerrito	17:04
_22_	David Fordahl	Castro Valley	17:05
23.	Vince Capurro	Moreau	17:06
24.	Mark Behning	Castro Valley	17:06
25.	Jim Vincent	Washington	17:07
26.	Craig MacMahon	DLS	17:08
27.	Marcus Tepia	Irvington	17:08
28.	Jeff Lee	Canyon	17:09
29.	Ronald Cole	BOD	17:10
30.	Keith Simonian	El Cerrito	17:10
31.	Barry Starkey	Newark	17:11
32.	Pat Shaughnessy	MSJ	17:11
33.	Chris Warren	Alameda	17:12
34.	Emmett Knight	BOD	17:14
35.	Mark Nordeen	Kennedy	17:17
			17:20
<b>36.</b>	Dave Capurro	Moreau	
37.	Ray Kindle	Alameda	17:22
<u>_38.</u>	David McHugh	<u>Castro Valley</u>	17:23
39.	Dan Harris	MSJ	17:25
40.	Chris Avalos	St. Joseph's	17:29
41.	Brett Hill	Tennyson	17:30
42.	Jaime Leon	Kennedy	17:32
43.	Bruce Hiler	Washington	17:33
44.	Mark Stewart	Moreau	17:33
45.	Cliff Lehman	El Cerrito	17:34
46.	Dan Beitridge	Marina	17:34
47.	Bill Brown	Kennedy	17:38
48.	Chuck Reyna	Marina	17:40
49.	Mike Riley	Moreau	17:43
<b>50.</b>	Steve Small	Kennedy	17:51

#### TEAM SCORES

].	Castro Valley	74
2.	Alameda	79
3.	Washington	134
4.	Encinal	171
5.	Mission San Jose	180
6.	DeLaSalle	183
7.	Tennyson	192
8.	Moreau	199
9.	Kennedy (Fremont)	210
10.	Newark	233
11.	Bishop O'Dowd	239
12.	El Cerrito	245
13.	Marina	260
14.	Canyon	327
15.	DeAnza	367

51.	Dave Smith	BOD	17:53
52.	Bill Bodin	Castro Valley	17:53
53.	Jim Blank	DLS	17:54
54.	Mark Hand	BOD	17:58
55.	Robert Anaya	Kennedy	17:59
56.	Joe Alden	DLS	17:59
57.	Wally Samuelson	Washington	18:00
<b>58.</b>	Armando Jiminez	DLS	18:02
59.	Don Malcolm	MSJ	18:03
<b>60.</b>	Eric Bishop	Kennedy	18:03
61.	Dave Saylor	MSJ	18:04
62.	Ron Arnerich	Alameda	18:04
63.	Matt Gray	Newark	18:06
64.	Kevin Attwood	Moreau	18:10
65.	Jon Martin	DeAnza	18:13
66.	Steve Battaion	Kennedy	18:14
67.	Galie Ramirez	Newark	18:16
68.	Pat Lawlor	Moreau	18:18
69.	Dennis Chinn	Tennyson	18:19
70.	Gerald Elliott	Tennyson	18:20
71.	Brad Rock	Canyon	18:24
72.	Grant Brohard	Encinal	18:32
73.	Phil Hood	DeAnza	18:32
74.	Kris John	El Cerrito	18:35
<b>75.</b>	Dennis King	Encinal	18:35
_76.	<u> Wadie Harh</u>	<u>Canyon</u>	<u> 18:47                                      </u>
77.	Pete Barrazza	DeAnza	18:47
<b>78.</b>	Larry Nolan	Marina	18:47
79.	Eric Citron	Washington	18:49
80.	Steve Thatcher	Encinal	18:53
81	_Jeff_Romiguiere_	<u>Canyon</u>	<u> 18:57</u>
82.	Doug Page	Washington	19:02
83.	Ed Borg	DLS	19:02
84.	Bill Payne	DeAnza	19:04
85.	Davey Yee	Encinal	19:07
86.	Jeff Smith	Newark	19:08
87.	Bob Indig	MSJ	19:16
88.	Bob Panerio	DeAnza BOD	19:19
89.	Jeff Walters	BOD	19:31
_90.	Glenn Mitchell	Canyon	19:32 19:36
91.	Bob McMeans	DeAnza El Connito	19:38
92.	Jon Kulpakko	El Cerrito	19:39
93.	Bill Kent	Newark Engine	19:39
94.	Winston Hackett	Encinal	19:45
95. 06	Paul Stephens	BOD Manina	20:03
96.	Jean Dulrolq	Marina	
97.	Rick Collier	Tennyson	20:05
98.	Steve Simpson	MSJ Marina	20:19 21:04
99.	Kevin Clevenger		21:04
100.	Wendle Hofmann	Moreau	£1.00

The members of the Cross Country Team wish to express their sincere thanks and appreciation to the parents who have followed us so faithfully this year, provided transportation, and provided snacks and refreshments at the conclusion of our meets.

Mrs. Behning
Mr. & Mrs. Dittman
Mr. & Mrs. Hornig
Mr. & Mrs. Roberts
Mr. & Mrs. Robert Tieman
Hr. & Mrs. Roger Tieman

Programs printed by

Duplication Technique Class Castro Valley High School

Debbi Bettencourt
Kris Botnik
Karen Edwards
Nancy Hatfield
Sue Kvale
Lesli Loden
Dawn Nicosia
Kathy Rossier
Michelle Scatena
Judy Steiner
Jenny Upton