

CASTRO VALLEY --CC--> INVITATIONAL

Date: Saturday, October 11, 1997

Location: Canyon Middle School, Castro Valley

Schedule:

<u>Time:</u>	<u>Race:</u>	<u>Distance:</u>	<u>Team Medals:</u>	<u>Individual Medals:</u>	<u>Entries:</u>
9:00	Coaches	2.1 miles	--	---	unlimited
9:25	Boys' Frosh	2.1 miles	top 2	top 15	unlimited
9:50	Girls' Frosh-Soph	2.1 miles	top 3	top 20	unlimited
10:15	Boys' Frosh-Soph	2.1 miles	top 3	top 20	unlimited
10:40	Girls' Junior Varsity	2.1 miles	top 2	top 15	unlimited
11:05	Boys' Junior Varsity	2.1 miles	top 2	top 15	unlimited
11:30	Girls' Varsity	3.0 miles	top 4	top 25	7 only
12:05	Boys' Varsity	3.0 miles	top 4	top 25	7 only
12:45	Awards Presentation in gymnasium				

Castro Valley Invitational Features:

- ✓ challenging hilly course with good spectator visibility
- ✓ medals galore
 - ✓ free T-shirts to all coaches who complete the coaches' race
 - ✓ run JV teams even with SAT depleted varsity
 - ✓ A race for all age and ability groups

JV Entries: Coaches, I know that cross country tends to take a pretty good hit on SAT weekends like this one. So, we are offering the following solution: You may run an incomplete Varsity and a complete JV team if any of your legitimate Varsity are test-taking. Just clear it with me prior to race time.

Fees: \$7.00 per individual, \$20.00 per team, \$90.00 maximum fee. Make checks out to **Castro Valley High School**.

Facilities: Bathrooms are in the gym. Please arrive dressed to run. A trainer will be on duty. There will be a snack bar. T-shirts will be on sale for \$10.00.

Entry deadline: Friday, October 3, 1996

Mail to: Peter Brewer

c/o Castro Valley High School, 19400 Santa Maria Avenue, Castro Valley, CA 94546

Fax to: Peter Brewer School Fax: 510-582-3924 Home Fax: 510-945-1510

e-mail: pcb@internet-frontier.net

Directions: Going West on 580 -- take Castro Valley Boulevard exit; turn left on Castro Valley Boulevard; turn right on Crow Canyon Road; turn left on Cull Canyon Road; turn right on Heyer; Canyon Middle School is on top of the hill.

Going East on 580 -- take Center Street exit; turn left on Center and go over freeway; turn right on Castro Valley Boulevard; turn left on Crow Canyon Road; turn left on Cull Canyon Road; turn right on Heyer; Canyon Middle School is on top of the hill.

Meet will be run rain or shine.

Any Questions?

Feel free to call Peter Brewer at school 510-537-5910 x470 or at home 510-945-8869.

Feel free to fax Peter Brewer at school 510-582-3924 or at home 510-945-1510.

Feel free to e-mail Peter Brewer at home: pcb@internet-frontier.net

Teams Participating:

Albany
Alhambra
American
Analy
Antioch
Benecia
Berkeley
Castro Valley
Clayton Valley
College Park
Deer Valley
DeLaSalle
El Molino
Elsie Allen
Foothill
Freedom
Hayward
Homestead
Kennedy (Fremont)
Lincoln (Stockton)
Logan
Maria Carillo
Miramonte
Mission San Jose
Montgomery
Newark-Memorial
Northgate
Novato
Oakland
Phillip Barton
Pittsburg
Rancho Cotate
Rocklin
Sacred Heart - Convent
San Marin
San Rafael
San Ramon
Santa Rosa
Tennyson
Ukiah
Washington
Westmoor
Woodside
Ygnacio Valley