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Run!

CASTRO VALLEY HIGH SCHOOL

TROJAN

Cross - CC -> Country

INVITATIONAL

Castro Valley High School

Trojan --CC--> Invitational

Cross Country

TEAMS PARTICIPATING

**Alameda
Alhambra
American
Analy
Antioch
Arroyo
Beacon
Benicia
Bishop O'Dowd
Canyon Middle School
Carondelet
Castro Valley
Chinese Christian
College Park
Creekside Middle School
De La Salle
Dublin
El Molino
Foothill
Freedom
Hayward
Iolani (Honolulu)
Irvington
Lincoln (Stockton)
Logan
Miramonte
Mission San Jose
Monte Vista**

**Mt. Diablo
Oakland
Paradise
Petaluma
Rancho Cotate
San Leandro
San Lorenzo
Santa Rosa
St. Joseph's
Westmoor
Windsor
Washington
Ygnacio Valley**

1998 Schedule:

<u>Time:</u>	<u>Race:</u>	<u>Distance:</u>	<u>Team Medals:</u>	<u>Individual Medals:</u>	<u>Entries:</u>
9:00	Coaches	2.1 miles	--	--	unlimited
9:00	Jr. High (Boys & Girls)	1.2 miles	--	--	unlimited
9:25	Boys' Frosh	2.1 miles	top 2	top 15	unlimited
9:50	Girls' Frosh-Soph	2.1 miles	top 3	top 20	unlimited
10:15	Boys' Frosh-Soph	2.1 miles	top 3	top 20	unlimited
10:40	Girls' Junior Varsity	2.1 miles	top 2	top 15	unlimited
11:05	Boys' Junior Varsity	2.1 miles	top 2	top 15	unlimited
11:30	Girls' Varsity	3.0 miles	top 4	top 25	7 only
12:05	Boys' Varsity	3.0 miles	top 4	top 25	7 only

Castro Valley Cross -CC-> Country Invitational: A Brief History

	A	B	C	D	E	F	G
1	TEAM CHAMPIONS		INDIVIDUAL WINNERS:				
2							
3	Junior High:						
4	1993		Megahn	Berhd	El Molino		8:16
5							
6	Coaches						
7	1993		Dave	Goodrich	San Lorenzo		11:35
8	1994		Glen	Walder	Dublin		12:28
9	1995		Brandon	Kelly	DeLaSalle		12:14
10	1996		Steve	Overguard	Lincoln		12:04
11	1997		Mike	Amerosa	Antioch		11:42
12							
13	Boys' Frosh						
14	1993	Castro Valley	Shane	Dulaney	Castro Valley		13:03
15	1994	Castro Valley	Damien	Dulaney	Castro Valley		12:50
16	1995	Castro Valley	Ashera	Dirar	James Logan		13:04
17	1996	Ygnacio Valley	Micah	Strom	Mission San Jose		12:37
18	1997	DeLaSalle	Mike	Randazza	DeLaSalle		12:40
19							
20	Girls' Frosh-Soph						
21	1993	Castro Valley	Angela	Inarte	Antioch		14:42
22	1994	James Logan	Senhit	Dirar	James Logan		14:33
23	1995	Montgomery	Diana	Rancourt	Montgomery		15:01
24	1996	Lincoln	Dirkje	Dunham	Analy		14:45
25	1997	San Marin	Amy	Loper-Riley	Alhambra		13:32
26							
27	Boys' Frosh-Soph						
28	1993	DeLaSalle	Tom	Gaim	Cook Jr. High		12:38
29	1994	Novato	Chad	Foster	James Logan		12:02
30	1995	DeLaSalle	Mohammed	Abdul	Westmoor		11:51
31	1996	Lincoln	Chris	Hernandez	Antioch		12:15
32	1997	DeLaSalle	Anthony	Lopez	Ygnacio Valley		11:49
33							
34	Girls' Junior Varsity:						
35	1993	Castro Valley	Amy	Clark	Castro Valley		16:54
36	1994	Tokay	Christine	Castelanelli	Tokay		15:04
37	1995	James Logan	Kristine	Musante	Clayton Valley		15:04
38	1996	Carondelet	Melissa	Harvey	Rancho Coatate		15:26
39	1997	Northgate	Leslie	Chandler	Lincoln		14:56
40							
41	Boys' Junior Varsity						
42	1993	Montgomery	Vincent	Perry	Pittsburg		13:19
43	1994	Castro Valley	Dan	Ambrose	San Ramon		13:13
44	1995	DeLaSalle	Adam	Davis	Clayton Valley		12:55
45	1996	James Logan	Justin	Coffeen	Castro Valley		12:28
46	1997	DeLaSalle	Mike	Caranci	DeLaSalle		12:32
47							
48	Girls' Varsity						
49	1993	Castro Valley	Sara	Jakel	Sonoma Valley		20:03
50	1994	Castro Valley	Rachel	Moser	San Leandro		20:37
51	1995	College Park	Senhit	Dirar	James Logan		20:34
52	1996	Carondelet	Kristen	Gordon	Carondelet		18:13
53	1997	Santa Rosa	Sarah	Bei	Montgomery		18:33
54							
55	Boys' Varsity						
56	1993	Montgomery	Keith	Kennedy	San Leandro		16:29
57	1994	Mission San Jose	Keith	Kennedy	San Leandro		17:14
58	1995	Mission San Jose	Mike	Prindville	DeLaSalle		16:10
59	1996	DeLaSalle	David	Rodriguez	Mission San Jose		16:03
60	1997	College Park	Jon	Stevens	Mission San Jose		15:57

The Canyon Course

Top

Runners

All Schools

Canyon Course -- Top 50 Boys' Varsity -- all runners

BV	15:25	Calvin	Gaziano	Castro Valley	1984
BV	15:57	Jon	Stevens	Mission San Jose	1997
BV	16:03	David	Rodriguez	Mission San Jose	1996
BV	16:04	John	Bass	Castro Valley	1982
BV	16:05	Dave	Shea	Castro Valley	1980
BV	16:10	Tom	Prindiville	DeLaSalle	1995
BV	16:13	Larry	Guinee	Castro Valley	1979
BV	16:14	Kyle	Kessler	Castro Valley	1981
BV	16:14	Jay	Marden	Mission San Jose	1979
BV	16:15	Jeremy	Seven	DeLaSalle	1989
BV	16:16	Rich	Read	Mission San Jose	1979
BV	16:19	Dave	Anderson	Castro Valley	1980
BV	16:20	Mike	Spencer	Castro Valley	1982
BV	16:20	Steve	Strangio	Mission San Jose	1977
BV	16:21	Micheil	Jones	Livermore	1995
BV	16:23	Kevin	Berkowitz	Hayward	1989
BV	16:23	Steve	Mayberry	Castro Valley	1981
BV	16:25	Ken	Romiguere	Canyon	1977
BV	16:25	Mike	Wojciechowski	Clayton Valley	1995
BV	16:27	John	Marden	Mission San Jose	1977
BV	16:27	Dave	Vigil	College Park	1997
BV	16:29	Keith	Kennedy	San Leandro	1993
BV	16:30	Mohammed	Abdul	Westmoor	1997
BV	16:43	Mekkonen	Fekadu	Santa Rosa	1995
BV	16:44	Todd	Martinez	Castro Valley	1982
BV	16:44	Celedonio	Rodriguez	Elsie Allen	1997
BV	16:45	John	Atwood	Castro Valley	1993
BV	16:46	Chris	Hernandez	Antioch	1997
BV	16:46	Tim	Layden	DeLaSalle	1997
BV	16:46	Jeff	Stordahl	San Ramon	1997
BV	16:47	John	Kelly	DeLaSalle	1993
BV	16:48	Craig	Lee	College Park	1997
BV	16:49	Manuel	Mendoza	Westmoor	1997
BV	16:50	Chad	Foster	James Logan	1996
BV	16:52	David	Cardenas	James Logan	1986
BV	16:52	Todd	Hunt	Novato	1996
BV	16:53	Anthony	Lopez	Ygnacio Valley	1997
BV	16:54	Brian	Engleton	DeLaSalle	1997
BV	16:55	Chris	Hoepker	Encinal	1985
BV	16:56	Bobby	Rivera	Newark-Memorial	1984
BV	16:57	Paul	Denzler	Castro Valley	1988
BV	16:59	Jason	Atwood	Castro Valley	1988
BV	17:00	Jeff	Wang	College Park	1997
BV	17:01	Enrique	Henriquez	San Leandro	1995 & 96
BV	17:01	Amadu	Kamara	Santa Rosa	1995
BV	17:01	Alex	Kexel	Alameda	1998
BV	17:02	Mike	Chastaine	Mission San Jose	1977
BV	17:03	Ryan	Stanton	DeLaSalle	1997
BV	17:04	Joe	Menchaca	Pittsburg	1993
BV	17:05	Ray	Castro	James Logan	1976
BV	17:05	Todd	Coulston	DeLaSalle	1989
BV	17:05	Mamo	Shumeye	Berkeley	1989

Cayon Course - Top 25 Boys' Junior Varsity - All Runners

1	12:14	Paul	Warrin	Castro Valley	1979
2	12:25	Bryan	Quick	Castro Valley	1980
3	12:28	Justin	Coffeen	Castro Valley	1996
4	12:30	Scott	Craig	Castro Valley	1979
5	12:30	Tom	Vertrees	Castro Valley	1979
6	12:32	Mike	Cranci	DeLaSalle	1997
7	12:34	Jordan	Jarosz	St. Mary's	1992
8	12:40	Delmar	Bodin	Castro Valley	1980
9	12:44	Andrew	Ostler	Mission San Jose	1996
10	12:45	Justin	Griffin	San Leandro	1996
11	12:45	Kenpei	Yamamoto	Castro Valley	1997
12	12:45	Alex	Kramer	DeLaSalle	1997
13	12:48	Damien	Dulaney	Castro Valley	1996
14	12:50	Steve	Stevenson	Castro Valley	1980
15	12:50	Kentoku	Yamamoto	Castro Valley	1996
16	12:50	Gene	Boles	Castro Valley	1980
17	12:52	Brian	Agnew	Mission San Jose	1979
18	12:53	John	Davidson	Castro Valley	1980
19	12:53	Calvin	Becerra	DeLaSalle	1997
20	12:54	Dave	Brehmer	Castro Valley	1980
21	12:54	Josh	Kalsbeek	Castro Valley	1996
22	12:55	Adam	Davis	Clayton Valley	1995
23	12:55	Greg	Collins	DeLaSalle	1995
24	12:57	Jeff	Dittman	Castro Valley	1977
25	12:57	Robert	Hordyk	Castro Valley	1977
26	12:57	Luke	Behnke	Ukiah	1997

Canyon Course -- Top 25 Boys' Frosh-Soph -- All Runners

1	11:08	Calvin	Gaziano	Castro Valley	1982
2	11:23	John	Bass	Castro Valley	1982
3	11:49	Kyle	Kessler	Castro Valley	1979
4	11:49	Anthony	Lopez	Ygnacio Valley	1997
5	11:51	Mohammed	Abdul	Westmoor	1995
6	11:55	Larry	Guinee	Castro Valley	1977
7	11:56	Paul	Denzler	Castro Valley	1986
8	11:57	Zach	Ardell-Smith	San Leandro	1997
9	12:02	Chad	Foster	James Logan	1994
10	12:03	John	Atwood	Castro Valley	1991
11	12:04	Dave	Shea	Castro Valley	1978
12	12:06	Doug	Rogers	Castro Valley	1977
13	12:11	Shane	Dulaney	Castro Valley	1994
14	12:15	Matt	Guerino	Castro Valley	1986
15	12:15	Chris	Hernandez	Antioch	1996
16	12:16	Enrique	Henriquez	San Leandro	1994
17	12:17	Dave	Anderson	Castro Valley	1977
18	12:19	Steve	Mayberry	Castro Valley	1979
19	12:19	Dennis	McDonald	Mt. Eden	1977
20	12:20	Todd	Saunders	Castro Valley	1986
21	12:21	Jason	DeSelle	Montgomery	1995
22	12:21	Damien	Dulaney	Castro Valley	1995
23	12:23	Steve	Stevenson	Castro Valley	1977
24	12:26	Alex	Cardiasmenos	Castro Valley	1998
25	12:28	Jason	Irwin	Antioch	1994

Canyon Course -- Top 25 Boys ' Frosh -- All Runners

12:37	Micah	Strom	Mission San Jose	1996
12:40	Mike	Randazzo	DeLaSalle	1997
12:50	Damien	Dulaney	Castro Valley	1994
12:50	Anthony	Lopez	Ygnacio Valley	1996
12:51	Alan	Bayless	DeLaSalle	1997
13:03	Shane	Dulaney	Castro Valley	1993
13:04	Ashera	Dirar	James Logan	1995
13:06	Henry	Patterson	Castro Valley	1993
13:08	Danief	Rodriguez	Mission San Jose	1997
13:14	Alex	Cardiasmenos	Castro Valley	1997
13:22	Steven	Tweeter	Ygnacio Valley	1996
13:25	Patrick	Balvin	Rocklin	1997
13:27	Jake	Currie	Montgomery	1994
13:33	Kevin	Dickson	Castro Valley	1997
13:35	Brian	Ward	Novato	1996
13:36	Vuthy	Phan	Lincoln (Stockton)	1997
13:40	Mike	Boruta	Castro Valley	1993
13:40	Jeff	Squire	Mission San Jose	1997
13:41	Mike	Yowe	DeLaSalle	1997
13:42	James	Nielsen	San Marin	1993
13:42	Greg	Varno	DeLaSalle	1997
13:43	Dan	Bellone	Castro Valley	1994
13:43	Steve	Nunez	Clayton Valley	1995
13:43	Keith	Filippi	American	1997
13:44	Chris	Wheeler	DeLaSalle	1995

Canyon Course -- Top 50 Girls' Varsity -- all runners

1	18:13	Kristin	Gordon	Carondelet	1996
2	18:33	Sarah	Bei	Montgomery	1997
3	18:35	Trina	Cox	Santa Rosa	1997
4	19:16	Katie	Hotchkiss	Mission San Jose	1997
5	19:21	Jennie	Ewing	Castro Valley	1996
6	19:48	Amy	O'Connell	University	1994
7	19:55	Katie	Martin	Irvington	1997
8	19:58	Melissa	Ackermann	Castro Valley	1991
9	20:00	Tammy	Foley	Mission San Jose	1986
10	20:01	Elisa	Reidy	Mission San Jose	1994
11	20:03	Sara	Jakel	Sonoma Valley	1993
12	20:10	Lindsay	Johnson	Santa Rosa	1996
13	20:14	Lori	Reidy	Mission San Jose	1994
14	20:20	Val	Knalefc	Carondelet	1981
15	20:20	Elice	Patterson	Castro Valley	1989
16	20:21	Sky	Bambauch	James Logan	1997
17	20:22	Megan	Andrade	Carondelet	1998
18	20:27	Lisa	Gillis	Moreau Catholic	1996
19	20:28	Monique	Melara	College Park	1997
20	20:29	Jill	Ellingson	Hayward	1981
21	20:30	Kerri	Bock-Williams	Carondelet	1996
22	20:30	Kelly	Piantinesi	Carondelet	1996
23	20:31	Kirsten	Odegaard	Benicia	1996
24	20:34	Senhit	Dirar	James Logan	1995
25	20:40	Susana	Ochea	Fairfield	1995
26	20:42	Alison	Lambert	Northgate	1994
27	20:45	Amy	Loper-Riley	Alhambra	1996
28	20:47	Luana	Espana	Moreau Catholic	1996
29	20:52	Sarah	Walker	Alameda	1998
30	20:58	Sydney	Thatcher	Encinal	1985
31	21:02	Terri	O'Brien	Moreau Catholic	1997
32	21:04	E.	Berloye	College Park	1996
33	21:04	Lisa	Wad	Rocklin	1997
34	21:05	Courtney	Stewart	Castro Valley	1998
35	21:11		Carillo	Carondelet	1998
36	21:12	Janie	Mangiardi	Mission San Jose	1998
37	21:15	Jackie	Prange	Santa Rosa	1997
38	21:16	Katie	Stafford	Santa Rosa	1996
39	21:19	Emily	Mah	Lincoln (Stockton)	1997
40	21:19	Hagu	Soloman	Mission San Jose	1998
41	21:23	Courtney	Davidson	Redwood Christian	1995
42	21:23	Susie	Goetz	College Park	1997
43	21:23	Pam	Wong	Westmoor	1996
44	21:24	Shewit	Haile	Montgomery	1997
45	21:24	Diana	Rancourt	Montgomery	1996
46	21:24	Janie	Nolan	Antioch	1998
47	21:29	Bridget	Cunningham	Castro Valley	1981
48	21:29	Mei-Ling	McNamara	James Logan	1991
49	21:30	Jennifer	Bridgeman	James Logan	1996
50	21:31	Kim	Wilkes	James Logan	1991
51	21:31	Colleen	McGrellis	Castro Valley	1997
52	21:32	Valerie	Mayer	Amador Valley	1998

Canyon Course -- Top 25 Girls' Junior Varsity --all runners

1	14:56	Leslie	Chandler	Lincoln (Stockton)	1997
2	15:04	Christine	Castelanelli	Tokay	1994
3	15:05	Kristine	Musante	Clayton Valley	1995
4	15:22	Lisa	Bostjanich	Acalanes	1996
5	15:23	Amy	Hilliard	Antioch	1997
6	15:26	Melissa	Hawley	Rancho Cotate	1996
7	15:29	Ana	Lopez	Antioch	1996
8	15:35	Nancy	Beigel	Ygnacio Valley	1995
9	15:35	Karen	Chan	Oakland	1997
10	15:35	Jesselle	Loss	Castro Valley	1996
11	15:36	Trish	Chung	Castro Valley	1996
12	15:36	Jody	Nickolopoulos	Castro Valley	1997
13	15:39	Colleen	McGrellis	Castro Valley	1997
14	15:46	Senbit	Dirar	James Logan	1996
15	15:48	Andrea	Comer	Castro Valley	1992
16	15:49	Karen	Attard	Northgate	1997
17	15:54	Marissa	Gighlieri	Clayton Valley	1995
18	16:00	Susan	Kang	American	1997
19	16:01	Danielle	Price	James Logan	1996
20	16:05	Jenni	Forsman	Castro Valley	1996
21	16:12	Michelle	DelGiudice	Livermore	1991
22	16:15	R.	Hoemtlien	Antioch	1997
23	16:15	Allissa	Horejsi	Castro Valley	1996
24	16:15	Carolyn	King	Carondelet	1996
25	16:24	Sky	Bambauch	James Logan	1995
26	16:24	Anne	Galley	Benicia	1997
27	16:24	Kristin	Tanaka	Mission San Jose	1996

Canyon Course -- Top 25 Girls' Frosh-Soph -- All runners

1	13:32	Arny	Loper-Riley	Alhambra	1997
2	14:25	Jessica	Neu	Alhambra	1997
3	14:26	Ali	Nicholas	Lincoln (Stockton)	1997
4	14:33	Senhit	Dirar	James Logan	1994
5	14:36	D.	Moore	Antioch	1997
6	14:42	Angela	Iriarte	Antioch	1993
7	14:45	Dirkje	Dunham	Analy	1996
8	14:53	Jennifer	Bridgeman	James Logan	1994
9	14:58	Brittany	Hall	Sacred Heart-Cathedral	1996
10	14:58	Emily	Nielsen	San Marin	1997
11	14:58	Betsy	Stevens	Mission San Jose	1994
12	15:00	Megan	Newton	Foothill	1997
13	15:01	Diana	Rancourt	Montgomery	1995
14	15:01	Jaclyn	Shaughnessy	Lincoln (Stockton)	1996
15	15:08	Fiona	Ferguson	Antioch	1993
16	15:09	Sarah	Bashell	Montgomery	1997
17	15:12	Courtney	Stewart	Castro Valley	1997
18	15:16	Laurel	Kellner	San Marin	1997
19	15:19	Katie	Lindell	Lincoln (Stockton)	1997
20	15:30	Rachel	Kipperman	Benicia	1994
21	15:30	GayLynn	Pettersen	Castro Valley	1996
22	15:32	Amy	Codin	Montgomery	1994
23	15:32	Minuela	Ochea	Fairfield	1995
24	15:33	Oralia	Coon	Hayward	1996
25	15:34	Sky	Bambauch	James Logan	1994

The Canyon Course

Top

Team

Times

All Schools

Canyon Course Top 10 Team Times -- Boys' Varsity (3.0 miles)

1	83:41	Castro Valley	10/30/80	Dave Shea 16:05	Dave Anderson 16:19	Kyle Kessler 16:25	Steve Mayberry 17:17	Brian Quick 17:35
2	84:31	Mission San Jose	9/29/77	Steve Strangio 16:20	John Marden 16:27	Mike Chastaine 17:02	Scott Rugging 17:17	Rich Reed 17:25
3	84:50	College Park	10/11/97	David Vigni 16:27	Craig Lee 16:48	Jeff Wang 17:00	Chns Rust 17:15	Sina Aboutalebik 17:20
4	85:20	DeLaSalle	10/11/97	Tim Layden 16:46	Brian Engleton 16:54	Ryan Stanton 17:03	Darren Silmi 17:06	Chns Wheeler 17:31
5	85:46	Castro Valley	9/18/80	Dave Anderson 16:38	Dave Shea 16:59	Steve Mayberry 17:02	Kyle Kessler 17:26	Brian Quick 17:41
6	85:55	Castro Valley	10/25/77	Ken Romiguere 16:26	Charlie Harb 17:15	Dave Fisher 17:17	Scott Flagg 17:27	Tom Jensen 17:30
7	86:11	Castro Valley	10/18/79	Larry Guinee 16:13	Dave Anderson 17:25	Phil Duncan 17:25	Dave Shea 17:25	Tom Vertrees 17:43
8	86:12	Castro Valley	10/15/81	Kyle Kessler 16:14	Steve Mayberry 16:23	Mike Spencer 17:31	Sasa Illijin 17:38	Dave Brehmer 18:26
9	86:18	Mission San Jose	9/19/79	Jay Marden 16:14	Rich Reed 16:16	John Carey 17:10	Bruce Muleahy 18:17	Steve Wogsland 18:21
10	86:37	DeLaSalle	10/12/96	Tom Prindville 16:11	Jeff George 17:20	Sean Kenady 17:23	Ryan Stanton 17:48	Matt Click 17:55

Canyon Course Top 10 Team Times -- Boys' Junior Varsity (2.1 miles)

1	64:44	DeLaSalle	10/11/97	Mike Caranci 12:32	Calvin Becerra 12:53	Matt Green 13:01	Dan Olson 13:09	Henry Martinez 13:09
2	65:48	Castro Valley	10/30/80	Delmar Bodin 12:40	Steve Stevenson 12:50	John Davidson 12:53	Chns Colby 13:17	Rich Speckner 14:08
3	65:53	Castro Valley	9/25/80	Brian Quick 12:25	Dave Brehmer 12:54	Gene Boles 13:10	John Davidson 13:36	Steve Stevenson 13:48
4	66:07	DeLaSalle	9/22/81	Clint McClellan 12:58	Brian Amador 12:59	John Fitzsimmons 13:16	Jamie Fowler 13:26	Sean Fottrell 13:28
5	66:30	Castro Valley	10/13/76	Scott Craig 12:52	Tom Vertrees 13:12	Robert Hordyk 13:20	Phil Duncan 13:25	Dave Quigley 13:41
6	66:48	DeLaSalle	9/25/86	Greg Martinez 13:04	Cam Storms 13:07	Joe Roth 13:21	Rich Crippen 13:34	Joe Bistrain 13:42
7	66:53	Castro Valley	9/28/77	Jeff Dittman 12:57	Tom Hoover 13:03	Dale Hagen 13:28	Steve Fazzini 13:41	Patt Todd 13:44
8	66:58	DeLaSalle	9/18/80	Phil Molina 13:09	Greg Dechar 13:14	Tom Wanker 13:24	Brian Amador 13:30	Jim Francis 13:41
9	67:11	Castro Valley	10/18/79	Paul Warmn 12:14	Scott Craig 12:30	Dave Quigley 13:06	Dave Lesico 13:40	Grant Tsugawa 15:41
10	67:11	Castro Valley	10/8/87	Ben Cavazos 13:04	Jim Martini 13:11	Matt Guerino 13:30	Justin Grabanski 13:42	Cliff DeYoung 13:44

Canyon Course Top 10 Team Times -- Boys' Frosh-Soph (2.1 mil)

1	62:49	Castro Valley	10/26/77	Larry Guinee 11:55	Dave Anderson 12:22	Rich Leisgold 12:43	Dave Shea 12:48	
2	62:54	Castro Valley	10/19/77	Doug Rogers 12:06	Steve Stevenson 12:23	Dave Anderson 12:40	Larry Guinee 12:43	
3	63:41	Castro Valley	10/16/86	Paul Denzier 11:56	Todd Saunders 12:20	Matt Guerino 12:38	Mark Wallace 12:58	
4	63:52	Castro Valley	10/30/86	Paul Denzier 11:56	Matt Guanno 12:15	Todd Saunders 12:35	Tony Bazzano 13:18	
5	63:53	Castro Valley	9/28/77	Larry Guinee 12:19	Doug Rogers 12:37	Dave Shea 12:42	Dave Anderson 12:59	
6	63:57	Castro Valley	10/24/91	John Atwood 12:03	Kevin Strharsky 12:37	Michael Furuyama 12:58	Danny Furuyama 13:03	
7	64:57	Castro Valley	10/18/79	Kyle Kessler 11:49	Steve Mayberry 12:19	Dave Brehmer 13:20	Delmar Bodin 13:29	
8	64:59	Castro Valley	10/13/94	Shane Dulaney 12:11	Henry Patterson 12:43	Troy Sammons 13:08	Redmond Huen 13:18	
9	65:06	DeLaSalle	10/11/97	Adam Yergovich 12:45	Devin Callister 12:57	Andrew Gardner 13:00	Mike Koro 13:11	
10	65:08	Castro Valley	9/22/77	Larry Guinee 12:42	Dave Shea 13:02	Doug Rogers 13:07	Steve Stevenson 13:08	

Canyon Course Top 10 Team Times -- Boys' Frosh (2.1 miles)

1	66:44	DeLaSalle	10/11/97	Mike Randazzo 12:40	Alan Bayless 12:51	Mike Yowe 13:41	Greg Varno 13:42	Peter Francis 13:50
2	68:15	Castro Valley	10/9/93	Shane Dulaney 13:03	Henry Patterson 13:06	Mike Boruta 13:40	Joe Willits 14:06	Troy Sammons 14:20
3	68:53	Mission San Jose	10/11/97	Daniel Rodriguez 13:08	Jeff Squire 13:40	Tov Fisher-Krishner 13:58	Elliot Hughes 14:03	Eriend Hanson 14:06
4	69:11	Castro Valley	10/11/97	Alex Cardiasmenos 13:14	Kevin Dickson 13:33	Bobby Puppione 14:00	Dan Groom 14:09	Eric Severson 14:15
5	69:11	Castro Valley	10/8/94	Damien Dulaney 12:50	Dan Bellone 13:43	Brad Dickson 13:48	Justin Coffeen 14:03	Josh Klalsbeek 14:47
6	70:34	Ygnacio Valley	10/12/96	Anthony Lopez 12:50	Steven Tveter 13:22	Michael Craxton 14:00	Ryan Heinzl 14:36	Jess Pomeroy 15:46
7	71:27	Castro Valley	10/14/95	Dru Mellon 13:58	Andrew Fung 14:00	Rob Arndt 14:03	Josh Blunt 14:33	Keith Gidlund 14:53
8	72:01	DeLaDalle	10/12/96	Adam Yergovich 13:55	Devin Callister 13:59	Shris Spain 14:23	Kasian Klute 14:41	Andrew Gardner 15:03
9	72:46	Lincola	10/12/96	Tith Phan 14:10	F. Fernandez 14:16	Sam Askey 14:30	Paul Wolf 14:35	Ryan Wagner 15:15
10	72:50	DeLaSalle	10/8/94	Mike Rostkowski 13:49	Nisio Lucchesi 14:18	Tim Layden 14:34	Sean O'Callahan 15:02	Peter Lucchese 15:07

Canyon Course Top 10 Team Times -- Girls' Varsity (3.0 miles)

	A	B	C	D	E	F	G	H
1	102:37	Carondelet	10:12:96	Kristen Gordon 18:13	Kelly Plantenesi 20:30	Keri Book-Williams 20:30	Kristen Hart 21:40	Katie Nash 21:40
2	105:36	Santa Rosa	10:11:97	Tina Cox 18:35	Lindsay Johnson 21:14	Jackie Prange 21:15	Katie Stafford 22:09	Anathea Meade 22:23
3	106:45	Montgomery	10:11:97	Sarah Bei 18:33	Shewit Hale 21:24	Diana Rancourt 21:36	April Malvino 22:13	Alisha McCon 22:59
4	108:28	Castro Valley	10:31:98	Jennie Ewing 19:21	Val Lim 22:13	Ashli Tingle 22:18	Stephanie Weisman 22:2	Jenni Forsman 22:29
5	109:22	Carondelet	9:22:81	Val Krafec 20:20	Vicki Krafec 21:35	Colleen Strout 21:51	Nor. DeBettencourt 22:3	Aileen McCarthy 23:04
6	109:42	Castro Valley	10:19:89	Melissa Ackermann 20:12	Elice Patterson 20:45	Alisha Berry 22:07	Alisha Waiswicos 22:55	Heather Granzow 23:43
7	109:56	Carondelet	9:25:98	Megan Andrade 20:22	A. Carilo 21:11	Kasie Cannon 22:34	A. Wheeler 22:53	Erin Mackay 22:56
8	109:45	Carondelet	9:14:94	Kristen Gordon 19:44	Katie Owen 21:58	Colleen FitzPatrick 22:20	Megan Goddard 22:43	Cerene Hanika 23:00
9	110:08	Santa Rosa	10:12:96	Tina Cox 19:17	Lindsay Johnson 20:10	Katie Stafford 21:16	Anathea Meade 23:36	Bryanna Harris 25:49
10	110:15	Northgate	9:22:94	Alison Lambert 20:42	Lisa Kow 22:07	Ally Wolfe 22:20	Brooke Wheeland 22:35	Megan Lathrop 22:41

Canyon Course Top 10 Team Times -- Girls' Junior Varsity (2.1 miles)

1	84:12	Castro Valley	10:31:96	Jesselle Loss 15:35	Trish Chung 15:36	Alissa Horejsi 16:15	Teresa Ko 16:29	Nicole Watt 18:17
2	84:22	Clayton Valley	10:14:95	Kristine Musante 15:05	Mansa Ghiglieni 15:54	Mancela Villalobos 16:27	Marcell Littorno 18:28	Rayna Kamerzoll 18:28
3	84:58	Castro Valley	9:16:92	Andrea Comer 15:48	Dana Matranga 16:42	Kristy Rodillas 16:54	Rachelle Cohen 17:01	Alicia Lim 18:33
4	85:20	Carondelet	10:12:96	Carolyn King 16:15	Melanie Pascual 16:38	Karen Hilliard 17:23	Amanda Scott 17:26	Brionne Dawson 17:35
5	85:27	James Logan	10:12:96	Danielle Price 16:01	Myeshia Reed 16:45	Sara Paige 17:20	Sunja Watson 17:24	Gwen Russell 17:58
6	85:32	James Logan	10:14:95	Sky Bambauch 16:24	Gwen Russell 17:02	Karen Wetzell 17:09	Amanda Townsend 17:12	Kibbi Bodden 17:45
7	85:33	Tokay	10:3:94	Chris Castelanelli 15:04	Laura Roach 16:36	Jackie Vitale 17:44	Luom. Nguyen 17:54	Phuon Le 18:15
8	85:56	Northgate	9:22:94	Chrissie Cattalini 16:26	Chns Whatmosley 16:31	Monica Rosiko 16:59	Jenny Fickert 18:00	Kristen Sheppard 18:00
9	86:01	Castro Valley	10:13:94	Ja. Nickolopoulos 16:51	MaryAnn Bingham 17:04	Lisa Clancy 17:19	Dina Gizatullin 17:20	Steph Weisman 17:27
10	86:20	Moreau Catholic	10:13:94	Manasa Wilson 16:46	Barbara Garcia 16:56	Siobhan Guthrie 17:17	Steph Nethercott 17:38	Michelle Harris 17:43

Canyon Course Top 10 Team Times -- Girls' Frosh-Soph (2.1 miles)

1	77:49	San Marin	10:11:97	Emily Nielsen 14:48	Laurel Kellner 15:16	Adrienne Walera 15:37	Maxine Bandner 15:40	Jessie Standish 16:18
2	77:54	Lincoln	10:11:97	Ali Nicolas 14:26	Katie Lindell 15:19	J. Shaughnessy 15:30	Elizabeth Atkinson 15:40	Amy Frush 16:59
3	78:04	James Logan	10:8:94	Senhit Dirar 14:33	Jenn Bridgeman 14:53	Sky Bambauch 15:34	Danielle Price 16:12	Amanda Garbe 16:52
4	78:12	Lincoln	10:12:96	Ali Nicolas 14:48	J. Shaughnessy 15:01	Leslie Chandler 15:49	Emily Mah 16:13	Becky Lindenberg 16:21
5	79:06	Alhambra	10:11:97	Amy Loper-Riley 13:32	Jessica Neu 14:25	Mandy Bynum 15:51	Heather Stephans 16:29	Kimberly Baer 18:39
6	79:26	Antioch	10:11:97	D. Moore 14:35	G. Richmond 15:56	K. Wallace 16:05	A. Anguiano 16:25	J. Townsend 16:26
7	80:08	Montgomery	10:14:95	Diana Rancourt 15:01	Shewit Hale 16:00	Megan McRae 16:04	Amy Bei 16:21	Brittany Allard 16:42
8	81:57	Castro Valley	10:19:95	Angela Atwood 15:54	Jenni Forsman 16:21	GayLynn Pettersen 16:24	Manisa Lam 16:38	Jesselle Loss 16:40
9	82:01	Castro Valley	10:11:97	Courtney Stewart 15:12	Jessica Groome 16:14	Trish Chung 16:14	Bonnie McGrellis 16:17	Suzy Dodge 18:04
10	82:24	Analy	10:12:96	Dirkje Dunham 14:45	Ariana Canova 15:39	J. Franceschine 16:11	Sarah Winter 17:11	Kristen Wegner 18:38

1997

TROJAN

INVITATIONAL

RESULTS

1997 Castro Valley
 Cross --CC-->
 Country
 Invitational
 Canyon Middle School
 Saturday, October 11, 1997

Boys' /Frosh (2.1 miles)

1.	Mike	Randazzo	DLS	12:40
2.	Alan	Bayless	DLS	12:51
3.	Daniel	Rodriguez	MSJ	13:08
4.	Alex	Cardiasmenos	CV	13:14
5.	Patrick	Boivin	ROCK	13:25
6.	Kevin	Dickson	CV	13:33
7.	Vuthy	Phan	LIN	13:36
8.	Jeff	Squire	MSJ	13:40
9.	Mike	Yowe	DLS	13:41
10.	Greg	Varno	DLS	13:42
11.	Keith	Filippi	AM	13:43
12.	Byard	Justin	ROCK	13:45
13.	Peter	Francis	DLS	13:50
14.	Andy	Dewey	ELMO	13:55
15.	Tov	Fisher-Krishner	MSJ	13:56
16.	N.	Bernen	DLS	13:58
17.	Bobby	Puppione	CV	14:00
18.	Elliot	Hughes	MSJ	14:03
19.	John	Woodside	BEN	14:04
20.	Eriend	Hanson	MSJ	14:06
21.	Steve	Holcombe	LIN	14:07
22.	Dan	Groome	CV	14:09
23.	Eric	Sevenson	CV	14:15
24.	Chris	Bell	HAY	14:22
25.	Chris	Eggers	AM	14:33
26.	Will	Stuber	DLS	14:34
27.	Doug	Housman	BEN	14:35
28.	Mario	Cuellar	WEST	14:35
29.		Williams	DLS	14:38
30.	Yuri	Nosenko	CV	14:42
31.	Matt	Stanglin	LIN	14:45
32.	Andrew	Murphy	BEN	14:47
33.		Croggian	DLS	14:51
34.		DeLaCruz	DLS	14:52
35.	Dylan	Cheasty	Alb	14:55
36.		Armstrong	DLS	14:57
37.	Bill	Bishop	Ben	14:59
38.	Scott	Nishi	Rock	15:01
39.		Magabo	DLS	15:05
40.	Jason	Euren	Rock	15:06
41.	Nick	Franklin	UK	15:07
42.	Greg	Arevalo	DLS	15:25
43.	Derek	David	DLS	15:31
44.	Yasayki	Pham	MSJ	15:33
45.	Erik	Nunes	SLZ	15:36
46.	Jason	Lace	MSJ	15:42
47.		Bacon	DLS	15:44
48.	Luke	Keesan	UK	15:46
49.	Zack	Richards	Alb	15:46
50.	Matt	Alloway	Mira	15:55
51.	Kong	Nguyen	Lin	15:57
52.	Auron	Johnson	alb	15:58
53.	Frank		DLS	16:07

54.	Johnathan	Wong	West	16:08
55.		Stanton	DLS	16:10
56.		Noonay	DLS	16:14
57.	Ryan	Rannister	Mira	16:14
58.	Travis	Williams	Rock	16:15
59.	kendall	Clark	Lin	16:18
60.	Shawn	Dixon	Lin	16:19
61.	Steve	Nam	Mira	16:24
62.	Ken	Drew	UK	16:25
63.	Evan	Sy	Lin	16:36
64.	Jeramiah	Tapia	Hay	16:37
65.	Stephen	Chhit	Lin	16:50
66.	Chum		Lin	16:59
67.	Alan	Poon	Ben	17:00
68.	Matt	Fwikawa	Alab	17:04
69.	James	Daniels	Am	17:51
70.	Ehtisham	Hasan	West	18:09
71.	Bernard	Mesa	West	18:09
72.		Brown	DLS	18:10
73.	Michel	Edwards	Alb	19:19
74.	Will	Pang	Am	21:55

Scores:

DeLaSalle	34
MSJ	63
CV	69
Rocklin	153
Lincoln	162
Benicia	192
Albany	207

Girls Frosh/Soph (2.1 miles)

1.	Amy	Loper Riley	ALH	13:32
(new course record; old record 14:33 Senhit Dirar, Logan, 1994)				
2.	Jessica	Neu	ALH	14:25
3.	Ali	Nicolas	Lincoln	14:26
4.	D.	Moore	ANT	14:35
5.	Emily	Nielsen	SM	14:58
6.	Megan	Newton	Foot	15:00
7.	Bahati	Bodden	JL	15:09
8.	Sarah	Bashel	Mont	15:09
9.	Courtney	Stewart	CV	15:12
10.	Laural	Kellner	SM	15:16
11.	Katie	Lindell	LIN	15:19
12.	Jacyln	Shaughnessy	LIN	15:30
13.	Adrienne	Walera	SM	15:37
14.	Elizabeth	Atkinson	LIN	15:40
15.	Maxine	Bandner	SM	15:40
16.	Ariana	Canova	ANA	15:47
17.	Shanita	Bryant	YV	15:50
18.	Lauren	Ho	West	15:50
19.	Mandy	Bynum	ALH	15:51
20.	Mindy	Eastman	YV	15:53
21.	G.	Richmon	ANT	15:56
22.	Meagan	McNabola	SH-C	16:04
23.	K.	Wallace	ANT	16:05
24.	Karen	Wong	HAY	16:05
25.	Michelle	Bokamper	ARR	16:06
26.	Elaina	Vigil	DUB	16:09
27.	Jessica	Comaskey	SH-C	16:11
28.	Jessica	Groome	CV	16:14
29.	Trisha	Chung	CV	16:14
30.	Sarah	Higgins	BEN	16:14

31.	Vanessa	Jeong	SL	16.15
32.	Bonnie	McGrellis	CV	16.17
33.	Jessie	Standish	SM	16.18
34.	Carrie	McIntyre	HAY	16:20
35.	A.	Anguiano	ANT	16:24
36.	J.	Townsend	ANT	16:26
37.	Christina	Lay	MSJ	16.2
38.	Heather	Stephans	ALH	16:29
39.	Elicia	Roberson	Foot	16:32
40.	L.	Simoncini	ANT	16:33
41.	L.	Duarte	ANT	16:36
42.	Vasantha	Kolavennu	MSJ	16:37
43.	A.	Flood	ANT	16:45
44.	Molly	Banks	MIRA	16:52
45.	Sobhan	Uniacke	SH-C	16:53
46.	Alison	Groeger	SH-C	16:58
47.	Marisa	Aguilar	SC-H	16:58
48.	Whitney	Lansen	Wood	16:59
49.	Ashley	Frush	LIN	16:59
50.	Sharlene	Capas	Wash	17:03
51.	Suzie	James	DUD	17:03
52.	Melissa	Vivian	AM	17:12
53.	Katia	Sulonen	Elmo	17:19
54.	Sara	Belding	Elmo	17:20
55.	Denise	Berndt	Elmo	17:21
56.	Sarah	Donnelly	CP	17:33
57.	Betsy	Sale	CP	17:37
58.	Kristen	Weger	ANA	17:41
59.	Jamie	Rooke	LIN	17:44
60.	Melissa	Ma	MIRA	17:47
61.	Abby	Rains	AM	17:59
62.	Suzanne	Dodge	CV	18:04
63.	Christina	Ander	CP	18:11
64.	Lena	Condrashoff	YV	18:20
65.	Courtney	Doyle	SH-C	18:26
66.	Michelle	Lawton	CV	18:26
67.	Christina	Rincon	SH-C	18:26
68.	S.	Spring	ANT	18:29
69.	Teri	Baker	CP	18:34
70.	Amrita	Grewal	Wash	18:36
71.	Kimberly	Baer	ALH	18:39
72.	Nanyamka	Scott	Wash	18:43
73.	Connie	Chen	MIRA	18:45
74.	Gloria	Chin	MIRA	18:46
75.	Anna	Challet	SH-C	18:54
76.	Kaitlyn	Capella	ANA	18:55
77.	Crystal	Carillo	West	18:58
78.	Bianka	Simonpou	YV	19:02
79.	Tiffany	Leung	LIN	19:04
80.	Haley	Garrell	HAY	19:11
81.	Thann	Lau	JL	19:15
82.	Jennifer	W.	ANA	19:15
83.	Clair	McClung	ANA	19:19
84.	Marissa	DeLaTorre	YV	19:20
85.	Jayne	Nunes	JL	19:26
86.	Rebecca	Mata	CP	19:27
87.	Lauren	Carroll	SAC	19:47
88.	Amanda	Jeffs	AM	19:51
89.	Mary	Mallone	FREE	19:58
90.	Amanda	Dickson	MSJ	20:05
91.	Emily	Messieroad	DUB	20:12
92.	Stephanie	Kendall	ALH	20:15
93.	Kristal	Dorrance	DUB	20:17
94.	Erin	Hunt	SL	20:27
95.	Katie	Maloon	ARR	20:30

96	Beth	Cartger	AM	20:34	32	Sam	Fischmann	mira	13:49	97	Ian	Kizo-Blair	MIRA	15:07
97	Susan	Holt	MIRA	20:46	33	Walter	Lezama	cp	13:53	98	A.	Lopez	ANT	15:10
98	Mar	Popal	AM	21:08	34	Dylan	Thomas	ben	13:53	99	Dan	Roe	YV	15:12
99	Michelle	Wong	RSW	21:27	35	Nathaniel	Chadbourne	dls	13:53	100	Grant	Borris	ARR	15:17
100	Brenda	Jackson	ARR	21:30	36	Jason	Rudd	cp	13:54	101	Jared	Wong	SL	15:21
101	Katrina	Reardon	FREE	21:35	37	Casey	Pratt	sram	13:54	102	Dugan	Sheehan	MIRA	15:30
102	Kamaska	Ram	AM	21:41	38	Francisco	Fernandez	lin	13:55	103	Rafeal	Corona	MONT	15:37
103	Katie	Pelmeear	SM	21:45	39	Nathan	Seltinrich	sram	13:55	104	Greg	Hussey	DLS	15:41
104	SuJun	Suh	JL	21:55	40	Marcus	Graly	bk	14:05	105	Ian	Mackenzie	BEN	15:41
105	Alissa	Allameda	AM	22:01	41	John	Kurylo	dls	14:08	106	R.	Libby	ANT	15:43
106	Evelyn	Keary	SM	22:21	42	B.	Grist	ant	14:11	107	Yeung	Lam	MSJ	15:45
107	A.	Wetbrook	ANT	22:41	43	Kevin	Similar	msj	14:12	108	Ryan	Succo	JL	15:48
108	Melissa	Reed	ARR	25:10	44	Sam	Askey	lin	14:12	109	Jason	louie	WEST	15:49
109	Laura	Johnson	ARR	25:30	45	Andrew	Eckloff	arr	14:13	110	Ryan	McPherson	ANA	15:51
110	Diana	Hignera	WOOD	25:50	46	Dana	Warner	hay	14:13	111	Eddie	Schuyler	SLZ	15:52
111	Michelle	Skaggs	FREE	27:00	47	Mike	Villa	jl	14:16	112	Ray	Martinez	SRAF	15:52
112	Lynn	Defu	MSJ	27:40	48	D.	Bird	ant	14:17	113	Evan	Adams	SRAM	15:53

Scores:

San Marin	59
Lincoln	68
Antioch	93
Alhambra	99
CV	120
Sacred Heart	144
Ygnacio Valley	193
Analy	226
College Park	237
Miramonte	250
MSJ	269
American	278
Arroyo	306

Boys Frosh/Soph (2.1 miles)

1	Anthony	Lopez	YV	11:49	66	Bobby	Williams	HAY	14:43	131	Bryon	Bandy	SLZ	17:33
2	Zach	Ardel-Smith	SL	11:57	67	Jeremiah	Guilford	JL	14:43	132	J.	Linn	ANT	17:39
3	Justin	Patute	CPark	12:45	68	Brandon	Scott	LIN	14:44	133	Ryan	Beck	JL	17:55
4	Adam	Yergovich	DLS	12:45	69	Chris	Magabd	DLS	14:45	134	Chris	Apromonte	JL	18:05
5	Zac	Fitch	MONT	12:53	70	Francis	Sio	WEST	14:45	135	Greg	Baumbach	JL	18:06
6	Devin	Callister	DLS	12:57	71	Chris	Jarvis	CV	14:46	136	Andrew	Yip	JL	18:09
7	Andrew	Gardner	DLS	13:00	72	Drew	Kozlow	LIN	14:46	137	Alex	Valentine	ARR	18:11
8	Alex	Hawkins	MSJ	13:01	73	Mike	Occhhipinti	WEST	14:47	138	Andrew	Green	ARR	18:11
9	Tith	Phan	LIN	13:01	74	Robert	Lawrence	ALH	14:48	139	Kevin	Sanders	ANA	18:15
10	Chris	Brown	CP	13:04	75	Nathan	Foster	ANA	14:49	140	Jamoze	Terreforte	VAL	18:27
11	Caleb	Leisure	ALH	13:05	76	Karl	Thorson	ANA	14:53	141	Joe	Lonsdale	MSJ	18:35
12	Mike	Koro	DLS	13:11	77	Andy	Amundson	ANA	14:53	142	Ben	Liu	IRV	18:46
13	Chris	Spain	DLS	13:12	78	Nick	Trujillo	VAL	14:53	143	Ryan	Leonis	CV	18:56
14	Jon	Willitson	MONT	13:12	79	Kyle	Sana	WASH	14:54	144	Kevin	Bowdoin	AM	19:47
15	Jeff	Hutchins	CP	13:18	80	Keith	Larson	SRAF	14:55	145	Robert	Whitney	YV	19:58
16	Jim	Reid	cp	13:18	81	RYAN	WAGER	LIN	14:55	146	O'Ryan	Guthrie	SRAF	20:52
17	Steven	Treter	yv	13:19	82	TIM	JACOBSON	JL	14:56	147	Jeremy	Dalmas	BK	21:19
18	Chase	Pinirotto	cp	13:19	83	ADAM	BRODERICK	SRAM	14:57	148	Shane	McAnelly	FREE	21:51
19	E	Allen	msj	13:21	84	Andrew	Fan	BK	14:57	149				
20		Brown	cp	13:22	85	Nor	Chou	WEST	14:58					
21		Fitch	mont	13:24	86	Jordan	Smith	YV	14:58					
22	F	Chan	west	13:24	87	Mark	Hendershot	SRAF	15:00					
23	J	Chen	am	13:25	88	Noel	Fonseca	FREE	15:01					
24	M	Croxton	yv	13:25	89	Louis	Koeppel	FREE	15:01					
25	Josh	Villarreal	dub	13:32	90	Charles	Jennings	SRAM	15:02					
26	Rit	Buenviaje	west	13:33	91	Corey	Lee	CP	15:03					
27	Julian	Nash	sl	13:34	92	Jeremiah	Pricer	WASH	15:03					
28	Francisco	Gomez	dub	13:35	93	Marc	Chan	WEST	15:04					
29	Joseph	Graly	bk	13:36	94	Brady	Cole	DLS	15:04					
30	Neil	Bannon	jl	13:48	95	Chris	Ashford	CV	15:06					
31	Luke	Sigmon	sl	13:48	96	Joel	Crane	CV	15:07					

Scores:

DelaSalle	40
College Park	59
San Leandro	138
MSJ	160
Montgomery	166
Lincoln	176
Ygnacio Valley	181
Westmoor	198
Logan	222
San Ramon	246
Antioch	313

Freedom	328
San Rafael	344
Analy	349
Miramonte	364
CV	377

Girls JV (2.1 miles)

1	Leselie Chandler	LIN	14:56
2	A Hilliard	ANT	15:23
3	Karen Chan	OAK	15:35
4	Jaclyn Attard	NG	15:49
5	Susan Kawg	AM	16:08
6	R. Hoerntien	ANT	16:15
7	Anne Galley	BEN	16:24
8	Jackie White	SROSA	16:27
9	Stephanie Terrasa	MSJ	16:46
10	HaeSun NAM	NG	16:52
11	Agnes Sieminski	MSJ	16:55
12	Dianna Holcombe	MSJ	16:55
13	Christina Dry	ELMO	16:55
14	T. Fowler	ANT	16:57
15	Annigwe Witerdecker	MIRA	17:07
16	Jennifer Berry	UK	17:10
17	Jennifer McKean	DV	17:28
18	Laura Angel	DV	17:18
19	Wendy Mock	SL	17:22
20	Katie Collins	UK	17:24
21	Michele Tobia	CV	17:24
22	Nina Orihuela	Lin	17:27
23	Ellen Freytug	NGATE	17:37
24	Nicole Jaramilo	SROSA	17:40
25	Carol Johnson	SROSA	17:47
26	Lindsey Geribitus	MIRA	17:58
27	Man-Ching Lin	WEST	18:01
28	Jenny Secoguian	ARR	18:01
29	Sabrina Chan	NG	18:08
30	Sara Steiner	UK	18:12
31	Jeanne Dawson	YV	18:13
32	Kristina Ho	WEST	18:25
33	Marcia Wong	CV	18:27
34	Sarah Schubert	DV	18:36
35	Melissa Simonds	LIN	18:48
36	Erin Perry	MONT	18:47
37	Traci Ellis	LIN	18:48
38	Yvonne Heyen	ROCK	18:50
39	Pian Wong	WEST	18:51
40	Francesca Hopkins	RC	18:53
41	C. Henderson	ANT	18:55
42	Erin Armstrong	LIN	19:00
43	Marianna Anya	OAK	19:02
44	Andrea Passadore	CV	19:06
45	Elizabeth Rodri	SRAF	19:09
46	Samantha Leach	CV	19:22
47	Jessica Horton	UK	19:30
48	Jessica Kulik	LIN	19:32
49	Heather Scott	LIN	19:34
50	Jennifer Lee	DV	19:35
51	Elaine Yang	NG	19:38
52	Yvonne Yang	NG	19:53
53	Holly MABEN	ROCK	19:54
54	JESSICA HARRRIS	DV	20:06
55	MONICA GIOTTONINI	LIN	20:13
56	DIANA LAM	LIN	20:17
57	ROSHNEE JOSHI	DV	20:24

58	BETH MUZZY	DV	20:26
59	HEATHER CHANG	CV	20:29
60	SHALL PECCROUSE	SROSA	20:36
61	MANDI RANDALL	CV	20:46
62	DYA LETS-POMBO	PITT	20:55
63	CHAN TROUNG	OAK	21:55
64	ALQUISTA RYAN	HAY	22:19
65	ALEXANDRA SOWA	ROCK	22:49
66	BETH OLSON	BK	22:49
67	LINSAY BOSTROM	SROSA	23:26

Scores:

NORTHGATE	50
LINCOLN	57
DEER VALLEY	72
SANTA ROSA	84
CASTRO VALLEY	85

BOYS JV (2.1 miles)

1	MIKE CRANCI	DLS	12:32
2	ALEX KRAMER	UK	12:45
3	CALVIN BECERRA	DLS	12:53
4	LUKE BEHNKE	UK	12:57
5	ANDY CHANG	CV	12:59
6	SHREYAS VIJAYKUMAR	SL	13:00
7	MICHEAL HOLCOMBE	LIN	13:01
8	MATT GREEN	DLS	13:01
9	MYKAL PARSONS	LIN	13:05
10	DAN OLSON	DLS	13:09
11	HENRY MARTINEZ	DLS	13:09
12	DAVID WRIGHT	CP	13:10
13	JASON KENT	ARR	13:19
14	GREG MILLS	MONT	13:19
15	MIKE JEFFS	MSJ	13:23
16	KENNY KINMAN	HAY	13:29
17	JOE PATTERSON	CV	13:36
18	JOE MCCAMMON	CP	13:39
19	JEFF BELEZZOULI	CP	13:39
20	MIKE LEWELLING	LIN	13:40
21	CHRIS GONZALES	CP	13:41
22	MIKE MARKEY	MIRA	13:42
23	JASON CABATINGAN	SRAM	13:44
24	NICK CHAN	MIRA	13:44
25	FERDINAND SUTANTO	NG	13:45
26	EDWARD CHEUNG	CV	13:46
27	REGGIE SALAZAR	WEST	13:49
28	NATHAN KOCH	MONT	13:49
29	NISIO LUCCHESI	DLS	13:52
30	DEREK SAUATGY	CP	13:53
31	KAN ENRIGHT	DLS	13:53
32	JOHN REMENSPERGER	NG	13:54
33	JARED WARPAC	MIRA	13:56
34	RICH COILLOT	DLS	13:57
35	NICK TROIA	UK	13:57
36	TRAVIS STEWART	RC	13:57
37	LENIN RODRIGUEZ	JL	13:58
38	TIM CARLIN	NG	14:01
39	ALEX HUBINSKI	ROCK	14:11
40	DAVID BACON	LIN	14:13
41	RICK KUTA	CV	14:16
42	ROB ARNDT	CV	14:19
43	JIMMY MITCHELL	SRAM	14:19
44	JAY HAMILL	WEST	14:22
45	TREVOR BOTTS	CP	14:23

46	SAM MCGINN	UK	14:23
47	JIMMY NICKOLOPOULOS	CV	14:34
48	KEVIN CHERN	MIRA	14:36
49	WESLEY OWEN	LIN	14:37
50	CHRIS REDADA	WEST	14:38
51	DOMINIC AVITABILE	ANT	14:38
52	WILSON MUI	WEST	14:4
53	JEFF OSTLER	MSJ	14:42
54	BEN MURDOCK	DLS	14:42
55	TOM FITZPATRICK	FOOT	14:42
56	JOHN BAMBEY	SLZ	14:43
57	MATT JOHNSON	FOOT	14:43
58	RICHARD COSTAS	UK	14:44
59	PETE FLORES	DV	14:44
60	RICK LEACH	CV	14:45
61	COLIN HUHGES	MSJ	14:48
62	CHRIS WONG	DV	14:49
63	BRENDAN MACKAY	DLS	14:50
64	SHENG SAECHAO	OAK	14:52
65	VIB MITTAL	MSJ	14:53
66	KIP WHITTAKER	MSJ	14:55
67	MIKE ABBOT	YV	14:58
68	CHRIS BUCHMANN	RC	14:59
69	TOM KIM	JL	14:59
70	PHIROZ AUSTIN	LIN	15:02
71	CAMRAN JAVANDEL	ALB	15:02
72	BRIAN OLSON	ROCK	15:05
73	ALEX SEVILLA	RC	15:06
74	RYAN WONG	WEST	15:11
75	KEVIN MCEARCHERM	DV	15:11
76	NICK ALLEN	SRAM	15:13
77	NICK ARENT	ALB	15:14
78	BRIAM CAUGHELL	SRAM	15:13
79	CODY BORN	YV	15:16
80	RAYNARD SMITH	JL	15:23
81	PAUL HAMMON	MIRA	15:24
82	RAFEAL DEMELLO	DV	15:25
83	EVERTT MONROE	RC	15:28
84	NATHAN MIYASAKI	DV	15:28
85	DANIAL GAINS	CP	15:29
86	ANDREW ROWNEY	DV	15:31
87	AARON TVETER	YV	15:31
88	YIK LAM	MSJ	15:31
89	CHRISTIAN LOPEZ	WOOD	15:32
90	NICK OCCHIPINTI	WEST	15:34
91	MIKE KERBER	DLS	15:35
92	HENRY HUIE	WEST	15:37
93	NICK BANBICO	LIN	15:38
94	JEQUAN ELLIAS	WEST	15:41
95	TOMMY JOHNSON	OAK	15:41
96	BRYAN SITTNER	UK	15:44
97	CHRIS SCHWERATUZER	ALB	15:45
98	JOE FUSTEN	DLS	15:48
99	ALEX GORDAN	WEST	15:56
100	MARIO GOMEZ	CP	16:02
101	MARCES AYALA	WEST	16:06
102	SEAN GEE	JVB	16:15
103	CHRIS DRYDALL	WOOD	16:16
104	ADAM PRESLER	DLS	16:19
105	ALLEN VOLPE	RC	16:29
106	JEFF HARIINGTONANT		16:29
107	TIM SNYTH	CP	16:38
108	TOM LURAN	MIRA	16:43
109	TOM MORRIS	WEST	16:43
110	RYLAND KNIGHT	ALB	16:52

111 KENNY BYERLY	FOOT	17:19
112 JAKE SCHUNANN	YV	17:31
113 DANNY WAN	WEST	17:31
114 PHILLIP WEEKS	CP	17:36
115 AVISKA BSRA	HAW	17:42
116 YUSUT AHMAD	OAK	17:49
117 BARUCH PARRAS	ALB	17:53
118 SEAN CONNELLY	JL	17:59
119 PHAT HUYNH	OAK	19:06
120 VIET TRAN	OAK	19:37
121 NICK CURRY	JL	20:24
122 JUSTIN MORGAN	MONTE	21:07
123 ADRIAN JANTS	WOOD	23:16

Scores:

DELASALLE	30
COLLEGE PARK	80
LINCOLN	86
CASTRO VALLEY	99
UKIAH	107
MIRAMONTE	156
WESTMOOR	184
MSJ	191
RANCHO COTATE	260
DEER VALLEY	262
LOGAN	290
ALBANY	326
OAKLAND	343

GIRLS VARSITY (3.0 miles)

1 SARA BEI	MONT	18:33
2 TRINA COX	SROSA	18:35
3 KATIE HOTCHKISS	MSJ	19:16
4 KATIE MARTIN	RIV	19:55
5 SKY BAUMBACH	JL	20:21
6 MONIQUE MELARRA	CP	20:28
7 LISA WAD	ROCK	21:04
8 LINDSY JOHNSON	SROSA	21:14
9 JAKIE PRANGE	SROSA	21:15
10 EMILY MAH	LIN	21:19
11 SUSIE GOETZ	CP	21:23
12 SHEMTHAILE	MONT	21:24
13 KERSTI MILLER	MIRA	21:36
14 DIANA RANNCOURT	MONT	21:38
15 ERIN GERDTS	CP	21:43
16 BRANDY JAMES	VAL	21:47
17 COLLEEN MCGRELLIS	CV	21:52
18 BECKY ANDERSON	MSJ	22:09
19 KATIE STAFFORD	SROSA	22:09
20 APRIL MALVINO	MONT	22:13
21 JESSICA MARA	HOY	22:22
22 ANATHEA MEADE	SROSA	22:23
23 STEPHANIE WEISMAN	CV	22:24
24 ANA SHAVER	SROSA	22:26
25 JODY NICKOLOPOULOS	CV	22:26
26 TERY LEGG	SRAF	22:37
27 ALISSA HOREJSI	CV	22:37
28 JOANNA LUK	MSJ	22:48
29 ORAILA COON	HAY	22:49
30 JENNY CHARLES	RC	22:57
31 ALISHA MCCON	MONT	22:59
32 GAYLYNN PETTERSEN	CV	23:02
33 RACHEAL KIPPERMAN	BEN	23:04
34 ANGELA ATWOOD	CV	23:07

35 LAURA DANNER-BA	CP	23:09
36 CANDICE RAYNOR	SROM	23:09
37 LAURA JOHNSON	ALH	23:17
38 JOCELYN WONG	WEST	23:24
39 ASHLEE NULTY	SRAM	23:25
40 NICOLE RICE	PITT	23:26
41 AUBIN SECOR	SRAF	23:34
42 CARLIN ROOKE	LIN	23:42
43 SKY GLIATTO	ALH	23:48
44 JENNIFER F.	ANA	23:48
45 CATHRYN GUEVARRA	WEST	23:57
46 JOL CHAPMAN	DV	23:48
47 ASIA WARREN	UK	24:01
48 SARA COOKE	MIRA	24:02
49 CLARISSE MESA	WASH	24:04
50 AMY BEI	MONT	24:10
51 CORTNEY LEE	SRAM	24:12
52 CHRISTINE WHITAKER	JL	24:19
53 SARA GUZIAK	CP	24:27
54 NATALIE WONG	WEST	25:29
55 LYDIA MCGINN	UK	24:32
56 ERIN ELDER	CP	24:38
57 RUTH DOWLING	CP	24:41
58 KAREN BRENNER	ROCK	24:41
59 RACHEL LUPOKE	UK	24:48
60 DESIRRE HERRAN	WEST	24:48
61 JOLENE HENDERSON	UK	24:48
62 JULIE LEE	LIN	24:54
63 SUZANNE KELMAN	MSJ	25:08
64 KATHURN ROBINSON	ALB	25:08
65 KRISTEN AFOSTIN	BEN	25:07
66 HEATHER VAUGHAN	LIN	25:07
67 MADINA MAJADEDI	WASH	25:08
68 ELIZABETH PHAN	IRV	25:09
69 ABBI DEKER	ROCK	25:11
70 NICOLE CARTER	LIN	25:25
71 LOUISA NG	WEST	25:17
72 KATIE LUPOLE	UK	25:18
73 LISA GULSETH	FOOT	25:20
74 LANI CLOUGH	SRAF	25:37
75 VALERIE NAGEL	SRAM	25:39
76 STEFFANI FIGUEROA	LIN	25:46
77 JAMILA GRIFFITH	VAL	25:58
78 JEEN HOOOPER	LIN	26:00
79 QMEGAN RASUL	WASH	26:11
80 KANDICE ANDERSON	ROCK	26:22
81 JESSICA HOLMES	ROCK	27:15
82 CYNTHIA SODERBL	SRAF	27:21
83 KELLY MCNOR	ALH	28:30
84 MARY-CLAIR CONBOY	ALB	28:50
85 NICHOLE MILLIKEN	SRAM	28:57
86 KEONNA ELLISON	VAL	29:03
87 LAURA SCHWEITZER	ALB	29:27
88 SARAH ZEHNER	ROCK	30:02
89 JENNIE ANTONACCI	ALB	35:59

SCORES:

SANTA ROSA	41
MONGOMERY	54
COLLEGE PARK	72
Castro Valley	86
LINCOLN	161
WESTMOOR	170
SAN RAMON	180
ROCKLIN	185

UKIAH 187

Boys' Varsity (3.0 miles)

1 Jon Stevens	MSJ	15:57
2 David Vigil	CP	16:27
3 Mohammed Abdul	West	16:30
4 Celedonio Rodriguez	LC	16:44
5 C. Hernandez	ANT	16:46
6 Jeff Stordahl	SRAM	16:46
7 Tim Leyden	DLS	16:46
8 Craig Lee	CP	16:48
9 Manuel Mendoza	WEST	16:49
10 Anthony Lopez	YV	16:53
11 Brian Engleton	DLS	16:54
12 Jeff Wang	CP	17:00
13 Ryan Stanton	DLS	17:03
14 Darren Salmi	DLS	17:06
15 Steve Laurie	MC	17:08
16 Micah Strom	msj	17:13
17 Chris Rust	CP	17:15
18 Justin Coffeen	CV	17:15
19 Ashera Dirar	JL	17:18
20 Sina Aboutalebik	CP	17:20
21 Damien Dulaney	CV	17:25
22 Paul Gatty	WASH	17:26
23 Chris Wheeler	DLS	17:31
24 Brad Dickson	CV	17:34
25 Jason Deselle	MONT	17:34
26 Mansoor Alizali	JL	17:36
27 Andrew Golden	MSJ	17:37
28 Brett Foreman	FOOT	17:40
29 Eric HJenry	CP	17:41
30 Craig Avis	ANT	17:46
31 Joe Kooyman	LIN	17:49
32 Ryan Sulonen	ELMO	17:49
33 Cameron Sarmiento	YV	17:52
34 Richard Mendez	HAY	17:52
35 Jason Naluz	WEST	17:53
36 Mike Rostkowski	DLS	17:53
37 Roy Holtman	CP	17:55
38 Spencer Nielsen	SM	17:57
39 Greg Funk	MONT	18:01
40 Matt Hovik	HOME	18:01
41 Boah Roberts	PITT	18:03
42 Anton Klemens	NG	18:04
43 Toni Pinella	IRV	18:05
44 Dave Olver	LIN	18:06
45 Jeramy Stone	LIN	18:07
46 Kenpei Yamamoto	CV	18:13
47 Kentoku Yamamoto	CV	18:14
48 Derrick Craig	PITT	18:19
49 Brien Hendershott	SRAF	18:19
50 Faisal JAVed	WEST	18:19
51 Naim Webb	JL	18:20
52 Brandon Becerra	DLS	18:20
53 David Seddiqui	HOME	18:21
54 Ed Arcenraux	WEST	18:22
55 Ryan Funk	ROCK	18:22
56 Sokha Hout	LIN	18:25
57 Thom Kheld	WEST	18:26
58 Jake Currie	MONT	18:26
59 Roman Sverdiov	BK	18:28
60 Sarod Tanvier	WASH	18:29
61 Shamil Nawar	MSJ	18:31

30	Jim	Momniger	Creekside	16:02
31	Eric	Peterson	American	16:22
32	Dino	Cardiasmenos	Castro	
V	16:31			
33	Daryll	Kirby	Analy	16:52
34	Cliff	Hatch	San Ramon	16:59
35	Pam	Cavallaro	Logan	17:02
36	Mary	Wong	Hayward	17:05
37		Pozzi	Rocklin	17:33
38	Carol	Johnson	Arroyo	17:34
39	Peter	Brewer	Castro Valley	17:37
40	Rich	TApia	Hayward	17:44
41		Costello	Westmoor	17:55
42	Kirsten	Severson	Castro V	18:25
43	Mike	Capis	Deer Valley	18:45
44	Kerry	Sweeney	Deer Valley	18:45
45	David	Byrens	Arroyo	18:54
46	Dennis	McGrellis	Castro Valley	
				19:34
47	Scott	Adams	San Ramon	19:49
48	Amanda	Dillion	Antioch	19:59
49	Tam	Bini	Freedom	20:35



FRANK MELLON
Director - Ward 7
Castro Valley, San Leandro
San Lorenzo, Fairview

YGNARD

1998

CASTRO VALLEY

--CC-->

INDUITATIONAL

JV Entries: Coaches, I know that cross country tends to take a pretty good hit on SAT weekends (like this weekend is sometimes.) So, we are offering the following solution: You may run an incomplete Varsity and a complete JV team if any of your legitimate Varsity are test-taking. Just clear it with me prior to race time.

FEES:

- \$7.00 per individual
 - \$20.00 per team
 - \$90.00 maximum fee
- Make checks out to:
Castro Valley High School.

FACILITIES:

Bathrooms are in the gym.
Please arrive dressed to run.
A trainer will be on duty.
There will be a snack bar.
T-shirts will be on sale for \$10.00.

ENTRY DEADLINE:
Friday, October 2, 1998

Mail to:

Peter Brewer
Castro Valley High School
19400 Santa Maria Avenue
Castro Valley, CA 94546

Fax to:

Peter Brewer
School Fax: 510-582-3924
Home Fax: 925-945-1510

E-mail:

pcb@internet-frontier.net

DIRECTIONS:

Going West on 580 -- take Castro Valley Boulevard exit; turn left on Castro Valley Boulevard; turn right on Crow Canyon Road; turn left on Cull Canyon Road; turn right on Heyer; Canyon Middle School is on top of the hill.

Going East on 580 -- take Center Street exit; turn left on Center and go over freeway; turn right on Castro Valley Boulevard; turn left on Crow Canyon Road; turn left on Cull Canyon Road; turn right on Heyer; Canyon Middle School is on top of the hill.

MEET WILL BE RUN RAIN OR SHINE.

Any Questions?

Feel free to call:

Peter Brewer
At school: 510-537-5910 x470
At home: 925-945-8869.

Feel free to fax:

Peter Brewer
At school: 510-582-3924
At home: 925-945-1510.

Feel free to E-mail:

Peter Brewer
At home: pcb@internet-frontier.net

Castro Valley Invitational

CY Entries:

	A	B	C	D	E	F	G	H	I
1	Coaches	Jr. Hi	BFresh	GFS	BFS	GJV	BJV	GV	BY
2	9:00	9:00	9:25	9:50	10:15	10:40	11:05	11:30	12:05
3	medal								
4	none	all	2 teams	3 teams	3 teams	2 teams	2 teams	4 teams	4 teams
5			top 15	top 20	top 20	top 15	top 15	top 25	top 25
6									
7	Raoul		all	All	all	all	all	no	Alex
8	Johanson		freshman	Freshwomen	sophomore	senior	junior	girls	Kenpei
9	Brewer		boys	and	boys	and	and	varsity	Kevin
10	Vladimir			sophomore	not on	junior	senior	Today	Scott
11	K. Severson			girls	varsity	girls	boys not		Edward
12	Dino						on varsity		

Job duties:

Junior-senior boys: You are required to show up at 7:00-7:30 and put up the start and finish banners on the goalposts and on the containers. You have also the responsibility of putting the tarps over the snack bar and t-shirt sales area. After the races you get to reverse the order and take down the banners, and restore the soccer goals to their original places.

Frosh-soph boys: You get to help move out the tables, big cones, and caution tape and help set up the peripheral directional crowd control alleys. You are also going to set up the cones and caution tape at the far edge of the soccer fields. Then after the meet, you are going to help take down the snow fence and t-posts, and roll up the snow fence and stack by the containers.

All-Girls: we need you to set out cones, help set up the snack bar and t-shirt sales areas, and focus on cones in the starting area especially. As well, I need people to post signs directing the crowd to the gym bathrooms. After the awards are over, we need to pick up the gym and sweep it out.

Coach Johanson: I'd like you to supervise the course monitors during the race, especially in the far edge of the soccer field. After the meet, I need people to help take down the snow fence and the finish chute.

Raoul: I need to make sure that all the teams get warmed up and ready to rock 'n' roll on time for the race. Also, we need to make sure ALL the cones get picked up after the last race. If we hustle, we can get them in and stacked before the awards.

Mt. SAC: We have room for 45 athletes to go to Mt. SAC. Next week we will hand out the info sheets, permission sheets, field trip forms, et cetera. We will be leaving school at 5:00 a.m. on Friday morning Oct 23 and arriving back at 9:30 p.m. on October 24, 1993. It will cost \$60.00 per person (scholarships available).