

TRAC 10,000 METER RACE

HELLYER PARK

MAY 29, 1977

Jim Nuccio of the West Valley Track Club beat a field of 360 and established the course record with an excellent time of 30:10 on a warm day. Judy Gumbs Leydig was the first woman with a time of 37:39.

Divisional winners were as follows:

<u>Division</u>	<u>Winner</u>	<u>Club</u>	<u>Time</u>
W1 12 & Under	No entries	--	--
W2 13 - 17	Martha Kadock	James Lick HS	53:02
W3 18 - 29	Judy Gumbs Leydig	WVTC	37:39
W4 30 - 39	Karen Diekmeyer	Sun Dance TC	41:58
W5 40 & Over	Ruth Anderson	NCSTC	42:09
M1 12 & Under	Terry Chatterton	PAMAKID	41:40
M2 13 - 17	Paul Sweeney	Unat.	33:20
M3 18 - 29	Jim Nuccio	WVTC	30:10
M4 30 - 34	Gary Goettelmann	WVTC	32:00
M5 35 - 39	Tom Laris	WVTC	31:44
M6 40 - 49	Kent Guthrie	WVJS	32:52
M7 50 & Over	Carl Martin	WVJS	36:29

The youngest finisher was Matt Miller, age 9 (53:03).

The oldest finisher was Dr. Paul E. Spangler, age 78 (47:20).

Gary Gibson won the door prize.

A mistake was made in Division M2 at the awards ceremony. The actual top finishers were:

1. Paul Sweeney
2. Pat Shaughnessy
3. Jeff Nicklin
4. James Howe

Our apologies for the error and our appreciation to the affected runners for helping us rectify the mistake.

Of 365 registered runners, 360 completed the race. There were many unofficial runners (approximately 35) and 17 of them felt they had to cross the finish line.

TRAC's objective is to stage the best possible event within our limited budget. If any of you have any suggestions for improving our race, please let us know.

We hope to see you all next year on May 28!

<u>Finish Place</u>	<u>Name</u>	<u>Division</u>	<u>Affiliation</u>	<u>Time</u>
01	Jim Nuccio	M3	WVTC	30:10
02	Michael Chambliss	M3	Basin Blues	31:23
03	Mark Proteau	M3	Aggie RC	31:28
04	Tom Laris	M5	WVTC	31:44
05	Gary Goettelmann	M4	WVTC	32:00
06	Steve Palladino	M3	Camino West	32:20
07	Henry Lawson	M3	San Diego State	32:26
08	R. Homer Latimer	M5	Unat	32:37
09	Gonzalo Aguilar	M3	WVJS	32:43
10	Mike Plummer	M3	WVTC	32:47
11	Kent Guthrie	M6	WVJS	32:52
12	Bill Meinhardt	M5	WVJS	33:12
13	Claus Pedersen	M3	Rodovre AC	33:20
14	Paul Swinney	M2	Unat	33:20
15	Joe Salazar	M3	San Jose City	33:25
16	Danny Grimes	M3	Monta Vista HS	33:27
17	Ted Pawlak	M3	Unat	33:28
18	Javier Barragan	M3	Los Gatos Pacers	33:36
19	Alan Honma	M3	Unat	33:40
20	Pat Shaughnessy	M2	WVTC	33:44
21	Keith Kruse	M3	Unat	33:46
22	Jeff Nicklin	M2	Monta Vista HS	33:51
23	James Howe	M2	Unat	33:56
24	Jim Balley	M3	Unat	33:59
25	Gary S. Singer	M3	Unat	34:08
26	Ray Russell	M2	Los Gatos Pacers	34:24
27	Tim Rostege	M5	WVTC	34:25
28	Scott Ruffing	M2	WVTC	34:29
29	Robert Welck	M5	Monterey Penn. AC	34:35
30	Steven Specker	M4	Good Earth Runners	34:36
31	Dete Kraus	M4	WVJS	34:43
32	Chris Kadoch	M2	James Lick HS	34:46
33	Jaime Altamirano	M2	James Lick HS	34:50
34	Lawrence Washington	M3	WVTC	34:53
35	Lyle Freeman	M3	Unat	34:54
36	Nicholas Winter	M4	LVRC	34:59
37	Steven DeCarlo	M2	Peterson HS	35:00
38	David Zumwalt	M3	Unat	35:02
39	Gerald Slibsager	M5	Unat	35:06
40	Gary Grellmann	M3	Unat	35:06
41	George Ridout	M4	Unat	35:08
42	Bert Johnson	M4	LVRC	35:10
43	Glenn Pruitt	M5	Pamakid	35:10
44	Fred Acosta	M2	Unat	35:18
45	Chris Cummings	M2	Free Spirit TC	35:19
46	Mike Chastaine	M2	WVTC	35:20
47	Benjamin Sawyer	M6	Soquel RC	35:27
48	Andrew Lewis	M3	WVJS	35:28
49	Ken Napier	M6	WVJS	35:33
50	Sheldon Larson	M2	Camino West	35:37
51	Phil Darnall	M4	Unat	35:43
52	Michael Healy	M6	DIRT	35:45
53	Robert Bates	M3	Unat	35:56
54	Unofficial Runner			
55	Santos Reynaga	M3	WVTC	36:00
56	Unofficial Runner			
57	Paul Marquez	M2	Unat	36:13
58	Philip Sanfilippo	M3	WVTC	36:14

<u>Finish Place</u>	<u>Name</u>	<u>Division</u>	<u>Affiliation</u>	<u>Time</u>
59	Jeff Farmer	M3	Chabot College	36:20
60	Tom Callander	M3	Unat	36:21
61	Myron Nevraumont	M6	Unat	36:24
62	George Gilbert	M3	San Jose City	36:24
63	Bob Ernst	M4	Unat	36:24
64	Jim Wurm	M4	DSE	36:24
65	Malcolm Stewart	M5	Good Earth Runners	36:28
66	Carl Martin	M7	WVJS	36:29
67	Dick Croteau	M4	WVJS	36:32
68	Allan Hulgan	M2	Peterson HS	36:34
69	Timothy Olson	M3	Unat	36:46
70	Dave Unger	M3	Unat	36:52
71	Unofficial Runner			
72	Manny Mahon	M3	WVJS	36:53
73	Rob Ripplinger	M3	Monta Vista HS	36:54
74	Maynard Orme	M6	WVJS	36:56
75	Alan Welch	M2	Lincoln HS	37:00
76	Paul Holmes	M6	Buffalo Chips	37:00
77	Rudy Escobedo	M5	Unat	37:03
78	Richard Craig	M5	Mission Valley	37:07
79	Jesus A. Garza	M3	Unat	37:09
80	John Hawkes	M3	Unat	37:14
81	Larry Guinec	M2	Aerobic Adventurers	37:15
82	Paul Armstrong	M3	WVTC	37:17
83	Cal Perry	M2	James Lick HS	37:20
84	Jim Scott	M3	WVJS	37:22
85	Joe Mangan	M3	WVTC	37:23
86	Gary Crangle	M4	Coyote Striders	37:25
87	Nelson Nugent	M3	Unat	37:27
88	Bill Catanese	M5	DIRT	37:27
89	Jim Doran	M3	WVJS	37:30
90	Steve Simpson	M2	WVTC	37:31
91	Harold DeMoss	M6	WVTC	37:33
92	Gough Reinhardt	M6	LVRC	37:34
93	Larry Duke	M3	Coyote Striders	37:39
94	Judy Gumbs Leydig	W3	WVTC	37:39
95	Jon Norr	M3	Pamakid	37:44
96	David Zermer	M2	Los Gatos Pacers	37:46
97	Larry Hildenbrand	M3	Unat	37:48
98	John Hilbrink	M2	Los Gatos Pacers	37:48
99	Paul Sebesta	M6	NASA Joggeronauts	37:48
100	Larry Webster	M3	Unat	37:49
101	Unofficial Runner			
102	Fred Eubank	M2	Unat	37:55
103	Robert Turnbull	M5	Illinois TC	37:59
104	Richard Collins	M4	Unat	38:02
105	Richard Moynihan	M3	Unat	38:09
106	Robert Rupprecht	M2	Unat	38:13
107	Lorenzo Chambliss	M5	Oakland AC	38:13
108	Derl Crowder	M6	WVJS	38:13
109	Keith Crowder	M3	WVJS	38:14
110	Colin Templeman	M6	NCSTC	38:26
111	Jose Ruiz	M2	James Lick HS	38:31
112	Ed Fuller	M5	Good Earth Runners	38:36
113	David Bartholomew	M3	Unat	38:36
114	Robert Cummings	M3	Unat	38:39
115	Christopher Grampp	M3	Unat	38:41

<u>Finish Place</u>	<u>Name</u>	<u>Division</u>	<u>Affiliation</u>	<u>Time</u>
116	Edward Healy	M6	Aerobic Adventurers	38:46
117	Jerry Costa	M2	Mission Valley Striders	38:49
118	Dan Currier	M3	Unat	38:56
119	Vic Weber	M6	Unat	39:04
120	David Branning	M5	Cross Country Dallas	39:07
121	Kim Graham	M4	Unat	39:10
122	Robert Redding	M4	Unat	39:11
123	Tom Prosceno	M2	Unat	39:15
124	Edward Tico	M5	WVJS	39:22
125	Dick Fugett	M6	DSE	39:36
126	Rex Coffman	M2	Mission Valley Striders	39:38
127	Robert Lopez	M3	Unat	39:38
128	Jack Wheeler	M4	Unat	39:40
129	Unofficial Runner			
130	Rich Mueller	M7	Unat	39:46
131	John Gonsalves	M3	Unat	39:48
132	R. H. Lee	M4	Unat	39:51
133	Steve Shank	M3	Unat	39:53
134	Robert Canales	M2	Unat	39:55
135	Timothy Goode	M6	Peterson HS	39:56
136	Philip M. Lenihan	M6	DSE	39:57
137	Gary Gibson	M6	Unat	39:58
138	Dwight Hensley	M2	Unat	40:00
139	Ronald Niedrauer	M6	WVJS	40:00
140	Vito D'Aloia	M7	Joggernauts	40:04
141	James Hayashi	M4	Unat	40:10
142	Rob Graham	M2	Oak Grove HS	40:11
143	Ken Benjamin	M4	Unat	40:11
144	Unofficial Runner			
145	Frank Harper	M3	Unat	40:23
146	Michael Kimberling	M3	Mission Valley Striders	40:28
147	Jim Hansell	M6	Unat	40:30
148	William Jager	M4	Unat	40:32
149	Kevin Coon	M2	Unat	40:34
150	Penny DeMoss	W3	WVTC	40:34
151	Curt Hutchings	M3	Los Gatos Pacers	40:35
152	James Van Vleck	M5	U. S. Army	40:36
153	Bill Flint	M3	Chico RC	40:39
154	John Elliott	M7	WVJS	40:40
155	Russell Brazil	M3	Unat	40:41
156	Charles Bannan	M3	Unat	40:45
157	Dean Hunt	M4	Unat	40:45
158	Robert Smith	M2	Lincoln HS	40:45
159	Leigh Ortenburger	M6	Unat	40:55
160	Chris Bailey	M3	Live Oak HS	40:59
161	Preston Hill	M6	WVJS	41:01
162	Jim Miller	M5	Aerobic Adventurers	41:01
163	David Edgar	M5	Unat	41:05
164	Richard Newman	M3	Unat	41:08
165	Tom Patterson	M3	Coyote Striders	41:18
166	Jon Baumgartner	M6	Unat	41:21
167	Harry Hill	M6	WVJS	41:21
168	John Moore	M5	Unat	41:22
169	Brian Madden	M4	Unat	41:23
170	C. P. Larson	M6	Unat	41:24
171	Ernie Coublucq	M5	WVJS	41:32
172	R. D. Van Alen	M4	Unat	41:37
173	Mike McNamara	M5	Unat	41:39

<u>Finish Place</u>	<u>Name</u>	<u>Division</u>	<u>Affiliation</u>	<u>Time</u>
174	Fred Copeland	M4	Unat	41:40
175	Terry Chatterton	M1	Pamakid	41:40
176	Ken Israel	M3	WVJS	41:41
177	John Brown	M4	Unat	41:48
178	Charles Cherry III	M3	Unat	41:48
179	Nancy Alleman	W3	Unat	41:51
180	Dennis Wischmeier	M4	H/P & H.H.	41:54
181	Karen Diekmeyer	W4	Sundance TC	41:58
182	Gerald Yaffee	M5	Unat	42:07
183	Charles Vlcek	M4	Unat	42:09
184	Ruth Anderson	W5	NCSTC	42:09
185	Art Edelman	M4	Unat	42:22
186	Bill Wong	M5	DSE	42:23
187	Eryn Quinn	M2	WVTC	42:24
188	Dave Brew	M6	Unat	42:28
189	Sheldon Gersh	M4	Pamakid	42:30
190	A. M. Fletcher	M6	Unat	42:31
191	Steve Jack	M4	Unat	42:32
192	Martin Robinson	M3	Unat	42:34
193	Lindy Hayes	W3	Cindergals	42:40
194	Michael Mathiasen	M4	Unat	42:42
195	Bob Epstein	M4	Unat	42:42
196	Robert O'Conner	M6	Pamakid	42:44
197	Thomas Wong	M5	DSE	42:45
198	Robert Flores	M2	Lincoln HS	42:52
199	Don Barber	M3	Unat	42:52
200	Thad Orzechowski	M3	Unat	42:54
201	Alexander Garza	M3	Unat	42:58
202	Joseph Kennedy	M5	Unat	43:03
203	Dale Nugent	M2	Los Gatos Pacers	43:09
204	Jeff Sullivan	M2	Oak Grove HS	43:14
205	Tim Smith	M5	WVTC	43:15
206	Chuck Mallet	M6	Good Earth Runners	43:16
207	B. F. Conroy	M6	Good Earth Runners	43:17
208	Gilbert La Torre	M5	NCSTC	43:21
209	Steve Nichols	M6	DSE	43:27
210	Walter Cole	M5	Unat	43:28
211	Arthur Mandell	M6	Joggernauts	43:35
212	Mick Small	M2	Mission Valley Striders	43:38
213	Steve McKinney	M4	Unat	43:39
214	Paul Bush	M5	Unat	43:42
215	Richard Spencer	M6	Unat	43:52
216	Russell Pillard	M5	Unat	43:53
217	Graig Windham	M5	WVJS	43:56
218	Steve Small	M3	Mission Valley Striders	44:00
219	Stanley M. Webb	M5	Unat	44:01
220	Jim Baptist	M2	Unat	44:04
221	Unofficial Runner			
222	Phil Martinez	M4	Seahawks Rugby Club	44:18
223	Hugh Lockhart	M7	Unat	44:21
224	Bobby Flinn	M6	Unat	44:32
225	Philip Adamo	M3	Unat	44:34
226	Chris Goode	M2	Menlo TC	44:37
227	Carrol O'Conner	W5	NCSTC	44:38
228	Mike Matthews	M1	Unat	44:43
229	Jack Weber	M2	Unat	44:46
230	Dave Olenich	M4	Unat	44:46

<u>Finish Place</u>	<u>Name</u>	<u>Division</u>	<u>Affiliation</u>	<u>Time</u>
231	Rudolph Hansen	M4	WVTC	44:49
232	Jason Post	M3	G. E. Runners	44:50
233	Robert Montez	M6	Unat	44:51
234	Gregory Martin	M4	Unat	44:52
235	James K. Matthews	M6	Unat	44:52
236	Phil Rockey	M4	DSE	44:57
237	Fred Yrueta	M5	Unat	44:57
238	Myrrha Eberly	W5	WVJS	45:00
239	Stephen Richards	M3	Unat	45:08
240	Wayne Salewsky	M3	Unat	45:08
241	Dick Sullivan	M4	Unat	45:22
242	William Harker	M4	Unat	45:28
243	Lewis Finneburgh	M4	DSE	45:31
244	John Hauer	M2	Saratoga HS	45:33
245	Bryan Willard	M3	YMCA	45:33
246	Willie Frazier	M6	S. F. Police AC	45:34
247	Ellen Clark	W4	WVTC	45:36
248	Michael Long	M4	Raychem	45:36
249	Jeff Williams	M3	Unat	45:37
250	Robert Kennedy	M6	DSE	45:38
251	Pat Lafferty	M5	Unat	45:39
252	Earl Feldman	M4	Unat	45:40
253	Karen Scannell	W4	Pamakid	45:57
254	Jim Scannell	M6	Pamakid	45:57
255	Tom Robinson	M3	Unat	46:06
256	James Cantore	M4	Unat	46:10
257	Bruce Jones	M4	Soquel RC	46:11
258	Tom Stewart	M4	Unat	46:15
259	Gary Eubank	M6	Unat	46:22
260	Thurman Cheatham	M6	Unat	46:29
261	Richard Bruce	M6	Unat	46:34
262	Takashi Hirota	M6	Unat	46:38
263	John Anderson	M6	Pamakid	46:44
264	David Jones	M3	Unat	46:50
265	Steven S. Stoll	M3	Unat	46:59
266	Unofficial Runner			
267	Darrain Waters	M5	Joggernauts	47:02
268	Jim Root	M5	Unat	47:12
269	Gene Leeks	M6	DSE	47:15
270	Abel Salazar	M3	Unat	47:19
271	Paul E. Spangler	M7	SLDC	47:20
272	H. Mercado	M5	Unat	47:21
273	Karolynn Coleman	W4	Woodside Striders	47:22
274	James Conley	M4	PG&E Energy Savers	47:24
275	Bill Allen	M2	Unat	47:27
276	Jim Gregor	M3	WVTC	47:28
277	F. W. Hanhisalo	M4	Unat	47:30
278	Jack Bowers	M4	Unat	47:32
279	Frank O'Sullivan	M5	Unat	47:34
280	Richard Wade	M6	Unat	47:40
281	W. R. Currier	M7	Unat	47:45
282	Ken Nickel	M4	Unat	47:50
283	Dan Hauer	M6	Unat	48:02
284	Richard Scherer	M6	WVTC	48:07
285	Art Honda	M4	Unat	48:07
286	Eric Ross	M3	Santa Clara Law	48:16

<u>Finish Place</u>	<u>Name</u>	<u>Division</u>	<u>Affiliation</u>	<u>Time</u>
287	Bob Schuster	M4	Good Earth Runners	48:17
288	Elisabeth Esquivel	W3	Unat	48:19
289	Mike Segal	M4	Unat	48:25
290	Paul Flores	M4	Unat	48:28
291	Brian Hurley	M1	Hyde Jr. HS	48:32
292	Dick Barrett	M5	WVJS	48:33
293	Larry Fox	M7	WVJS	48:34
294	Peter Ogilvie	M5	Unat	48:35
295	Adela A. Girven	W5	Unat	48:42
296	James Thomas	M5	Unat	48:42
297	Mike Eubank	M3	Unat	48:43
298	Chuck Hart	M7	Good Earth Runners	48:46
299	Douglas Kincaid	M4	Majestic Scribes	48:47
300	Mike Chatterton	M2	Pamakid	48:48
301	Mark Chatterton	M1	Pamakid	48:49
302	Herb Blanchard	M5	Unat	48:53
303	Bill Mustanich	M4	Unat	49:03
304	Peter Stern	M5	Unat	49:03
305	Wil Ellis	M6	Unat	49:08
306	Marilyn Segal	W4	Unat	49:21
307	Robert Graby	M4	WVJS	49:35
308	Mary Anne Ruedrich	W3	Unat	49:49
309	Linden Farrar	W4	Unat	49:52
310	John Bruce	M2	Unat	49:59
311	Pat Mueller	W5	Unat	50:07
312	Samuel Phillips	M6	Unat	50:12
313	Unofficial Runner			
314	Brian Mendez	M2	Mt. Pleasant HS	50:24
315	Karl Laucher	M5	Sea Hawk Rugby Club	50:36
316	Maryo Mendez	M3	Unat	50:39
317	Mike Goode	M1	Unat	50:50
318	Tim Nickel	M1	Sparta Track Club	50:52
319	Chris Flores	M2	Redwood Jr. High	51:06
320	Dennis Chase	M5	Unat	51:15
321	David Flores	M3	Lincoln HS	51:15
322	John Hausman	M6	DSE	51:16
323	John Guinee	M7	Unat	51:20
324	Robert Daugherty	M7	Unat	51:37
325	Jerry J. Jackson	M6	Unat	51:47
326	Marty Wickenheiser	W3	DSE	51:52
327	Jan Schwartz	W3	Unat	51:54
328	Frank Nolan	M5	Unat	51:55
329	Patrick Kinimaka	M6	Unat	51:57
330	Stephen Flores	M5	Unat	51:59
331	Terry Kadoch	W3	Unat	52:52
332	Martha Kadock	W2	James Lick HS	53:02
333	Matt Miller	M1	Unat	53:03
334	Tommy Lewis	M4	Unat	53:10
335	Barbara Zwieg	W5	Unat	53:11
336	George Anderson	M6	Unat	53:34
337	Patrick Riley	M4	Unat	53:39
338	Nancy Bean	W5	NCSTC	54:22
339	Richard Bean	M6	NCSTC	54:22
340	Rayna Currier	W3	Unat	54:28

<u>Finish Place</u>	<u>Name</u>	<u>Division</u>	<u>Affiliation</u>	<u>Time</u>
341	Don Lapoint	M6	DSE	55:08
342	Alice Fasbender	W4	Unat	55:15
343	Gayle Shank	W3	Unat	55:17
344	Joe Basile	M7	DSE	55:34
345	William Michael	M7	Unat	56:10
346	Dennis Erickson	M4	Unat	56:33
347	Vicky Ives	W3	WVJS	56:34
348	Ricky Smith	M2	Lincoln HS	56:40
349	Lyle Dement	W3	WVJS	56:48
350	Patti Farnsworth	W3	Unat	56:49
351	Nancy Redding	W3	Unat	57:22
352	Estelle Hausman	W4	DSE	58:03
353	Deborah Maizels	W3	Unat	58:24
354	Unofficial Runner			
355	Unofficial Runner			
356	Edie Matthews	W4	Unat	58:34
357	Unofficial Runner			
358	Unofficial Runner			
359	Unofficial Runner			
360	Nancy McCullough	W5	Unat	60:22
361	Sandy Madden	W3	Unat	61:02
362	Robert Shapiro	M3	Unat	61:10
363	Don Martinez	M6	Unat	61:12
364	Jeff Flores	M2	Unat	61:54
365	Woody Chambliss	M7	Unat	62:00
366	Marilyn Chambliss	W4	Unat	62:03
367	Nancy Eubank	W5	Unat	62:19
368	Barbara Bernie	W3	Unat	62:56
369	Unofficial Runner			
370	Unofficial Runner			
371	Laurel Doud	W3	Unat	64:31
372	Jarva Petrovchich	W4	Unat	65:17
373	Maria Magana	W3	WVJS	66:00
374	Unofficial Runner			
375	Darrin Tykodi	M1	Unat	72:42
376	Mark Lafferty	M1	Unat	72:42
377	Barbard Lapoint	W5	Unat	--