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# Run for Their Lives 8K

April 5, 1997

ALL APPEALS MUST BE MADE THROUGH YOUR CLUB USATF REP (DETAILS)

*WIN IT USATF@aol.com*

*Mark Doc  
Phonelst  
971NDW Doc  
Hazardous  
Hawaii*

Run For Their Lives 8K Run  
Pacific Association 8K Championship (Open and 40-49 Divisions)  
04/05/97\*

Ov'all	Place	DivPl	Name	Town	Age	Time	Div	David
1		1	Ben Ayers	Sacramento	26	24:11 M 20-34	4:51	62
2	Ag	2	Chris Schille	Lafayette	30	24:27 M 20-34	4:55	70
3	Ag	1	Jose Aispuro	Watsonville	35	24:41 M 35-39	4:57	
4		3	Rey Flores		32	24:43 M 20-34	4:58	65
5	Ag	4	Russell Hill	Milpitas	28	24:47 M 20-34	4:59	2
6		5	Corey Trovinger	Lafayette	28	24:53 M 20-34	5:00	52
7		1	Miguel Tibaduiza	Reno NV	40	24:55 M 40-44	5:00	4 SS
8		6	Ben Turman	Emeryville	27	24:59 M 20-34	5:01	3
9		2	Lloyd Stephenson	San Francisco	42	25:14 M 40-44	5:04	3 Ex
10		7	Eric Walker	Santa Rosa	28	25:19 M 20-34	5:05	
11		8	Brian Buscay	Carson City NV	24	25:27 M 20-34	5:07	66
12		9	Rick Reitz	Livermore	27	25:28 M 20-34	5:07	2
13		3	Rich McCandless	Pleasanton	41	25:36 M 40-44	5:08	76 Ryans
14		10	Juan Torrealba	Daly City	30	25:41 M 20-34	5:09	52
15		4	Tom Cushman	Chico	43	25:55 M 40-44	5:12	13 Ag
16		11	Mike Gottardi	Sacramento	30	25:56 M 20-34	5:12	68
17		5	Matt Yeo	Roseville	42	26:00 M 40-44	5:13	57 Ag
18		2	Ty Strange	Redwood Valley	36	26:06 M 35-39	5:14	3
19		3	Crispin Hetherington	Berkeley	36	26:11 M 35-39	5:15	81
20		6	Richard Flores	Windsor	42	26:14 M 40-44	5:16	18 Emp
21		4	Alan Dehlinger	Reno NV	36	26:16 M 35-39	5:16	14
22		5	Thom Trimble	Walnut Creek	37	26:17 M 35-39	5:17	52
23		12	Daniel Shore	San Francisco	28	26:18 M 20-34	5:17	47
24		13	Eric J Bohn	Rohnert Park	31	26:19 M 20-34	5:17	
25		7	Brian Davis	Livermore	41	26:27 M 40-44	5:19	86 WVTBS
26		14	Chad Worthen	Sacramento	23	26:31 M 20-34	5:19	66
27		6	Jim Christensen	Morgan Hill	37	26:41 M 35-39	5:22	71
28		7	Jesus Garcia	Moss Beach	35	26:44 M 35-39	5:22	67
29		15	Ray Cook	Reno NV	34	26:45 M 20-34	5:22	13
30		16	John Hines	San Francisco	26	26:46 M 20-34	5:23	73
31		8	Tim Minor	Reno NV	39	26:48 M 35-39	5:23	63
32		17	Glen Hardin	Novato	31	26:52 M 20-34	5:24	22
33		8	Joerg Herbrechtsmeier	Reno NV	40	26:55 M 40-44	5:24	3 SS
34		18	Mike Rossner	San Francisco	32	26:55 M 20-34	5:24	66
35		9	Tyler Abbott	San Francisco	36	26:58 M 35-39	5:25	5
36		19	Steven Ruegg	San Francisco	32	26:59 M 20-34	5:25	80
37		9	Hank Lawson	Saratoga	42	27:03 M 40-44	5:26	30 Ag O

38	1	James Tracy	San Francisco	46	27:04	M 45-49	5:26	3	Ex 10	
39	10	Tony Fong	Alameda	37	27:07	M 35-39	5:27	81		
40	11	Tim Keenan	Concord	35	27:09	M 35-39	5:27	28		
41	12	Michael Gama	San Francisco	38	27:19	M 35-39	5:29	80		
42	20	Sherman Bruster	San Leandro	27	27:21	M 20-34	5:30	73		
43	21	Amol Saxena	Palo Alto	34	27:24	M 20-34	5:30	63		
44	22	Scott King	Longmont	CO	34	27:25	M 20-34	5:30	76	
45	13	Fidel Serrano	San Francisco	36	27:28	M 35-39	5:31	46		
46	10	Kitt Flynn	Grass Valley	44	27:38	M 40-44	5:33	18	Chips	
47	11	Rich Gori	Sacramento	44	27:41	M 40-44	5:34	21	Chips	
48	12	Michael Ignatius	Albany	42	27:43	M 40-44	5:34	71	E Bay	
49	13	Bob Rogers	Santa Rosa	40	27:45	M 40-44	5:34	42	Emp/11	
50	23	Dennis Prizmich	Fair Oaks	29	27:46	M 20-34	5:35	40		

## Timing By A Change Of Pace Run For Their Lives 8K Run/Walk 04/05/97\*

Place	Pl#	Name	Town	Age	Time	Div	Pace	Bib		
51	14	Steve Webb	Los Altos	41	27:47	M 40-44	5:35	63	_____	
52	2	Les Ong	San Francisco	47	27:49	M 45-49	5:35	63	Hoys	
53	15	Rick Kushman	Sacramento	41	27:50	M 40-44	5:35	67	_____	
54	16	Michael Johnson	Monterey	41	27:51	M 40-44	5:36	26	Ag 18	
55	24	Floyd Gerhardt	Redwood City	32	27:52	M 20-34	5:36	63	_____	
56	17	Jim Hartig	Clovis	42	27:56	M 40-44	5:37	23	_____	
57	18	Eric Standifer	Piedmont	41	28:02	M 40-44	5:38	4	Ex	
58	3	Tim Shonnon	El Macero	47	28:04	M 45-49	5:38	46	_____	
59	19	Ton Ruggle C	Chico	41	28:05	M 40-44	5:38	72	Ag 20	
60	25	Robert Grove	Folsom	29	28:05	M 20-34	5:38	61	_____	
61	20	Steve Tietz	San Jose	41	28:06	M 40-44	5:39	51	Ryan	
62	4	Bill Knapp	Verdi	NV	47	28:08	M 45-49	5:39	28	Ex 24
63	5	Robert Darling	San Francisco	47	28:13	M 45-49	5:40	13	Ex 25	
64	26	Jason Lejonvarn	San Francisco	31	28:20	M 20-34	5:41	30	_____	
65	21	Charles Lighty	Stockton	42	28:26	M 40-44	5:43	31	WV825	
66	22	Doug Steedman	Mountain View	41	28:33	M 40-44	5:44	85	Ag	
67	27	Mark Murray	Sacramento	34	28:42	M 20-34	5:46	76	_____	
68	23	Brock Hinzmann	Palo Alto	43	28:44	M 40-44	5:46	64	Ex	
69	28	Mark Battany	Davis	31	28:45	M 20-34	5:46	7	_____	
70	14	Steven Shaffer	Davis	36	28:47	M 35-39	5:47	46	_____	
71	24	Timothy Stewart	Santa Rosa	42	28:50	M 40-44	5:47	50	Emp	
72	1	Tenaya Soderman	Palo Alto	23	28:51	F 20-34	5:48	48	_____	
73	6	Stephen Freitas	Danville	47	28:56	M 45-49	5:49	19	E Bay?	
74	29	Michael Parrott	Carmichael	28	28:58	M 20-34	5:49	39	_____	
75	30	Mitch DeShields	San Rafael	32	28:58	M 20-34	5:49	15	_____	
76	31	Anthony Davies	San Francisco	32	28:59	M 20-34	5:49	65	_____	
77	7	Dennis Meidinger	Fair Oaks	47	29:00	M 45-49	5:49	64	Chips	
78	2	Kristin Jacobs	San Jose	32	29:04	F 20-34	5:50	3	_____	
79	8	Steve Hall	Elk Grove	45	29:06	M 45-49	5:51	64	_____	
80	1	Mike Ammon	Carmichael	52	29:10	M 50-54	5:51	70	_____	
81	32	Ramon Jaime	Elk Grove	31	29:11	M 20-34	5:52	26	_____	
82	33	Scott Bang	San Jose	29	29:13	M 20-34	5:52	80	_____	
83	25	Daniel Martinez	Sparks	NV	44	29:15	M 40-44	5:52	33	SS
84	15	Jeff Rohrer	Sunnyvale	37	29:21	M 35-39	5:54	42	_____	
85	16	Brian Schonfeld	Redwood City	36	29:22	M 35-39	5:54	45	_____	
86	9	Dick Ratliff	Sacramento	47	29:26	M 45-49	5:55	72	_____	
87	3	Sissel Berntsen-Heber	San Francisco	32	29:27	F 20-34	5:55	2	_____	
88	2	Frank Krebs	Orangevale	54	29:28	M 50-54	5:55	65	_____	
89	26	Karl Watanabe	Fremont	41	29:31	M 40-44	5:56	55	Ryan's	
90	10	Thomas Bernhard	Fremont	45	29:32	M 45-49	5:56	67	_____	
91	27	Robert Merritt	Santa Rosa	42	29:33	M 40-44	5:56	35	Emp	
92	28	Brian Woodhouse	Elk Grove	41	29:36	M 40-44	5:57	56	Chips 40	
93	17	Iain Mickle	Sacramento	36	29:37	M 35-39	5:57	35	_____	
94	34	James Scheuermann	Davis	28	29:37	M 20-34	5:57	65	_____	

2:27:56

95	4	Christine Lincke	San Carlos	31	29:38	F 20-34	5:57	2
96	29	John Royston	Santa Rosa	42	29:41	M 40-44	5:58	64 <i>Emp</i>
97	18	John Spriggs	El Cerrito	36	29:48	M 35-39	5:59	76
98	35	William Galvin	San Francisco	26	29:49	M 20-34	5:59	19
99	30	Hank Beal	Sacramento	42	29:51	M 40-44	6:00	7
100	11	Danny Moon	Saratoga	49	29:53	M 45-49	6:00	80 <i>wvjs</i>

## Timing By A Change Of Pace Run For Their Lives 8K Run/Walk 04/05/97\*

Place	Pl#	Name	Town	Age	Time	Div	Pace	Bib
101	36	Ryan Hedemark	Fair Oaks	23	29:53	M 20-34	6:00	24
102	31	David Kornek	Pleasant Hill	44	29:53	M 40-44	6:00	29
103	12	Fabio Hernandez	Sunnyvale	49	29:57	M 45-49	6:01	66
104	19	Neel Neelakantan	Grass Valley	37	29:57	M 35-39	6:01	82
105	13	Carl Bergemann	Reno	NV 47	29:58	M 45-49	6:01	855 46
106	20	Andy Harris	Sacramento	37	29:59	M 35-39	6:01	69
107	32	Vince Mcdonald	Elk Grove	43	30:00	M 40-44	6:02	80
108	5	Amanda Gerhardt	Redwood City	28	30:01	F 20-34	6:02	2
109	21	Ed Klotz	Incline Villag	NV 37	30:04	M 35-39	6:02	28
110	1	Shannon Sweeney	Santa Rosa	37	30:07	F 35-39	6:03	51
111	37	Wayne Viegas	Piedmont	34	30:14	M 20-34	6:04	82
112	6	Joanne Harper	Sacramento	29	30:15	F 20-34	6:05	22
113	38	Steven Shapiro	San Anselmo	33	30:18	M 20-34	6:05	72
114	14	Dennis Pederson	Carson City	NV 47	30:18	M 45-49	6:05	39 55 46
115	33	Kent Carlomagno	San Rafael	40	30:21	M 40-44	6:06	64
116	39	John Heber	San Francisco	34	30:24	M 20-34	6:06	24
117	2	Sandy Patterson	San Francisco	38	30:27	F 35-39	6:07	3
118	40	Samuel Harvell	San Francisco	34	30:28	M 20-34	6:07	23
119	1	Malia Mason	EBS	19	30:28	F 16-19	6:07	33
120	41	Michael Behrin	Nevada City	33	30:30	M 20-34	6:08	8
121	22	Edward Carr	San Rafael	39	30:30	M 35-39	6:08	11
122	15	Jim Flanigan	Davis	47	30:32	M 45-49	6:08	67
123	1	Nathan Meltcharek	Fair Oaks	16	30:35	M 16-19	6:09	35
124	7	Midori Waugh	Orangevale	30	30:36	F 20-34	6:09	55
125	3	BZ Churchman	Oakland	35	30:36	F 35-39	6:09	12
126	42	Theodore Wong	Penngrove	32	30:40	M 20-34	6:10	56
127	1	Karen Johnson	Citrus Heights	42	30:41	F 40-44	6:10	80
128	16	Julios Ratti	Oakland	46	30:43	M 45-49	6:10	41 <i>wvjs</i>
129	1	Taylor Gross	Davis	12	30:47	M 12&U	6:11	21
130	23	James Gross	Davis	39	30:49	M 35-39	6:11	21
131	8	Jill Strangio	Folsom	32	30:51	F 20-34	6:12	76
132	43	Michael Harper	Sacramento	29	30:53	M 20-34	6:12	22
133	4	Meshia Devre	Incline Villag	NV 37	30:55	F 35-39	6:13	86
134	34	Bob Fredenburg	Sacramento	44	30:56	M 40-44	6:13	77
135	44	Mike Geiss	Elk Grove	32	30:58	M 20-34	6:13	20
136	17	Bill Larson	Nevada City	48	30:58	M 45-49	6:13	64
137	24	Ed Gavin	Santa Clara	37	30:59	M 35-39	6:13	64
138	25	Bob Gobbell	Citrus Heights	36	31:05	M 35-39	6:15	73
139	9	Mary Coordt	Elk Grove	27	31:07	F 20-34	6:15	13
140	10	Karin Kuffel	Oakland	34	31:08	F 20-34	6:15	30
141	2	Scott Helmus	Davis	10	31:13	M 12&U	6:16	24
142	2	Kim Rupert	Burlingame	42	31:21	F 40-44	6:18	43
143	11	Dawn Eggerts	San Francisco	29	31:21	F 20-34	6:18	16
144	12	Amy Coutee	Chico	21	31:23	F 20-34	6:18	70
145	45	Bob Rowden	Carmichael	32	31:30	M 20-34	6:20	43
146	18	Stan Yasuhara	San Francisco	47	31:33	M 45-49	6:20	57
147	13	Michelle Holman	San Rafael	31	31:34	F 20-34	6:20	85
148	3	JoAnn Dahlkoetter	Redwood City	43	31:37	F 40-44	6:21	4
149	46	Brad Shinn	Shingle Springs	34	31:41	M 20-34	6:22	85
150	14	Terrie Wess	Pleasanton	33	31:41	F 20-34	6:22	77

## Timing By A Change Of Pace Run For Their Lives 8K Run/Walk 04/05/97\*

Place	Pl#	Name	Town	Age	Time	Div	Pace	Bib
151	47	Toby Brown	Beale Afb	25	31:45	M 20-34	6:23	10
152	26	John Pang	Olympic Valley	39	31:45	M 35-39	6:23	81
153	5	Connie Kondo	Folsom	38	31:47	F 35-39	6:23	76
154	19	Grady Cash	Rancho Cordova	49	31:48	M 45-49	6:23	65
155	20	Thomas Ruffner	Redding	49	31:53	M 45-49	6:24	43
156	4	Christine Iwanhashi	Sacramento	41	31:58	F 40-44	6:25	26
157	15	Cheryl Kruse	San Francisco	30	32:00	F 20-34	6:26	29
158	6	Alison Freeman	San Mateo	36	32:06	F 35-39	6:27	19
159	7	Tina Beal	Sacramento	38	32:08	F 35-39	6:27	7
160	1	Sharlet Gilbert	El Sobrante	46	32:09	F 45-49	6:27	71
161	35	Randy Sturgeon	Folsom	44	32:11	M 40-44	6:28	50
162	48	Randy Hart	Davis	30	32:12	M 20-34	6:28	23
163	5	Sue Francis	Sunnyvale	44	32:14	F 40-44	6:28	4
164	36	Kim Isham	Sacramento	44	32:15	M 40-44	6:29	25
165	21	Harald Nordvold	Santa Rosa	49	32:16	M 45-49	6:29	65
166	8	Lisa Travaglini	San Francisco	36	32:17	F 35-39	6:29	52
167	49	Dan Reeves	Sacramento	31	32:20	M 20-34	6:30	41
168	6	Marianne Zerebko	Tahoe City	40	32:21	F 40-44	6:30	58
169	22	Steve Pass	Sacramento	46	32:26	M 45-49	6:31	78
170	37	Cecil Baumgartner	Sunnyvale	41	32:27	M 40-44	6:31	7
171	27	David Galasso	Sacramento	35	32:29	M 35-39	6:31	74
172	2	Darlene Wallach	San Jose	46	32:32	F 45-49	6:32	4
173	28	Patrick Kenney	Sacramento	36	32:35	M 35-39	6:33	28
174	3	Terry Hedemark	Fair Oaks	50	32:37	M 50-54	6:33	24
175	38	Don Zick	Roseville	44	32:38	M 40-44	6:33	58
176	23	John Diezsi	Burney	49	32:40	M 45-49	6:34	15
177	24	David Deselle	Santa Rosa	46	32:47	M 45-49	6:35	66
178	7	Claire Fry	Benicia	43	32:48	F 40-44	6:35	4
179	29	Ed Lock	Cupertino	39	32:48	M 35-39	6:35	31
180	25	Richard Cordone	San Rafael	48	32:59	M 45-49	6:38	13
181	16	Kerry Padgett	Berkeley	28	33:01	F 20-34	6:38	66
182	17	Debbie Devine	Crystal Bay NV	34	33:02	F 20-34	6:38	86
183	8	Lourdes Livingston	San Francisco	42	33:07	F 40-44	6:39	31
184	30	Nahed Abdin	Sacramento	38	33:09	M 35-39	6:40	5
185	39	David Jang	Sacramento	41	33:10	M 40-44	6:40	26
186	26	Phil Dynan	Fair Oaks	48	33:11	M 45-49	6:40	15
187	2	Alejandro Gonzalez	North Highlands	19	33:13	M 16-19	6:40	21
188	40	Dennis Lloyd	Sacramento	44	33:20	M 40-44	6:42	31
189	27	Tom Torlakson	Antioch	47	33:22	M 45-49	6:42	72
190	9	Cindy Scott	Sacramento	42	33:23	F 40-44	6:42	75
191	18	Linda Braly	Albany	26	33:24	F 20-34	6:43	66
192	19	Elizabeth Fitzpatrick	San Francisco	33	33:25	F 20-34	6:43	18
193	50	Francis Nzeutem	San Francisco	24	33:29	M 20-34	6:44	37
194	31	Rick Aban	Stockton	37	33:34	M 35-39	6:45	5
195	41	David Kalb	Rancho Cordova	43	33:35	M 40-44	6:45	27
196	9	Gina Berry	Sacramento	35	33:37	F 35-39	6:45	72
197	32	Mike Mc Kernan	Fair Oaks	39	33:40	M 35-39	6:46	35
198	20	Sara Winter	Sacramento	24	33:41	F 20-34	6:46	68
199	4	Valentine Pisarski	Reno NV	52	33:42	M 50-54	6:46	40
200	51	Paul Burke	Sacramento	32	33:46	M 20-34	6:47	78

## Timing By A Change Of Pace Run For Their Lives 8K Run/Walk 04/05/97\*

Place	Pl#	Name	Town	Age	Time	Div	Pace	Bib
201	3	Missy Sandeman	Homewood	45	33:51	F 45-49	6:48	44
202	4	Sue Mac Donald	Redding	45	34:02	F 45-49	6:50	32
203	5	Craig Newport	Orangevale	50	34:05	M 50-54	6:51	37
204	21	Jodi Newman	Sacramento	30	34:11	F 20-34	6:52	82

# Master's 8K Team Results

197

Includes both Lives 8K &amp; 50+ 8K

\* means infraction ; \*\* means no USATF Card ; \*\*\* means no club affiliation ; \*\*\*\* means wrong club affiliation;

\*\*\*\*\* means wrong age

MASTER MEN		SENIOR MEN		MASTER WOMEN		SENIOR WOMEN	
Aggies		Tamalpa		Chips		Impala	
Tom Cushman	0:25:55	Franklin Ruona	0:28:18	Cristine Iwahashi	0:31:58	Shirley Matson	0:30:10
Matt Yeo	0:26:00	Alphonzo Jackson	0:28:31	Claire Malonson Fry	0:32:48	Louise Walters	0:37:26
Hank Lawson	0:27:03	James Williams	0:29:13	Cindy Scott	0:33:23	Barbara Brady	0:38:39
Michael Johnson	0:27:51		1:26:02		1:38:09		1:46:15
Toni Ruggle	0:28:05	1st	10 points	1st	10 points	1st	10 points
	2:14:54						
1st	10 points	WVJS		WVJS		Tamalpa	
		James Reitz	0:28:45	Sue Francis	0:32:14	Edda Stickle	0:36:53
Excelsior		Walter Radloff	0:29:27	Sue Mac Donald	0:34:02	Ann Hardham	0:38:09
Lloyd Stephenson	0:25:14	Joe Hurtado	0:30:39	Antonina Etteare	0:37:11	Anitra Seitamo	0:39:50
James Tracy	0:27:03		1:28:51		1:43:27		1:54:52
Eric Standifer	0:28:02	2nd	9 points	2nd	9 points	2nd	9 points
Bill Knapp	0:28:08						
Robert Darling	0:28:13	Tamalpa		Silver State		WVTC	
	2:16:40	Jon Macpherson	0:29:19	Marianne Zerebko	0:32:21	Jutta Mccorick	0:35:00
2nd	9 points	Jerry Neal	0:29:30	Missy Sandeman	0:33:51	Joan Reiss	0:40:29
		Stephen Lyons	0:30:26	Diane Pang	0:37:58	Ellen Clark	0:40:37
Chips			1:29:15		1:44:10		1:56:06
Kitt Flynn	0:27:38	3rd	0 points	3rd	8 points	3rd	8 points
Richard Govi	0:27:41						
Rick Kushman	0:27:50	East Bay		Impala		WVJS	

Tim Shannon	0:28:04	David Taylor	0:29:32
Dennis Medinger	0:29:00	Leonard Goldman	0:29:55
	2:20:13	John Monteverdi	0:30:20
3rd	8 points		1:29:47
		4th	7 points
<b>Ryan's</b>			
Rich Mccandless	0:25:36	<b>Excelsior</b>	
Steve Webb	0:27:47	Allan Stanbridge	0:30:05
Steve Tietz	0:28:06	Gary Macpherson	0:30:23
Karl Watanabee	0:29:31	Michael J. Conroy	0:30:40
Thomas Bernard	0:29:32		1:31:08
	2:20:32	5th	6 points
4th	7 points		
<b>Chips</b>			
<b>Silver State</b>		Robin Rogerson	0:30:55
Miguel J. Tibaduiza	0:24:55	Arnold Utterback	0:31:36
Joerg Herbrechtsmeir	0:26:55	Ben Lasala	0:32:57
Daniel Martinez	0:29:15		1:35:28
Carl Bergemann	0:29:58	6th	5 points
Dennis Pederson	0:30:18		
	2:21:21	<b>WVJS</b>	
5th	6 points	Bill Meinhardt	0:30:59
		Dick Chimenti	0:31:03
<b>Empire</b>		Tim Riley	0:33:35
Richard Flores	0:26:14		1:35:37
Bob Rogers	0:27:45	7th	0 points
Timothy Stewart	0:28:50		
Robert Merritt	0:29:33	<b>Empire</b>	
John Royston	0:29:41	Dave Sjostedt	0:32:49
	2:22:03	Robert Holland	0:35:01

Lourdes Livingston	0:33:07	Georgia Riley	0:38:55
Kellie Sheehan	0:35:48	Madelyn C. Moon	0:40:09
Monka A. Thomas	0:36:21	Betty Root	0:41:41
	1:45:16		2:00:45
4th	7 points	4th	7 points

6th	5 points	Gilbert Moreno	0:35:02
			1:42:52
<b>WVJS</b>		8th	3 points
Brian Davis	0:26:27		
Charles Lighty	0:28:26	<b>WVTC</b>	
Danny E. Moon	0:29:53	Dennis Tracy	0:29:48**
Bill G. Larson	0:30:58	Bill Clark	0:31:26
Cecil Baumgartner	0:32:27	Searcy Barnett	0:34:49
	2:28:11		1:36:03
7th	4 points	DQed	0 points
<b>East Bay</b>			
Mike Ignatius	0:27:43		
Stephen Freitas	0:28:56		
David Kornek	0:29:54		
Julios Ratti	0:30:43		
Jerry Ratti	0:34:10		
	2:31:26		
8th	3 points		
<b>SUPER SENIOR MEN</b>		<b>VETERAN MEN</b>	
<b>Tamalpa</b>		<b>WVJS</b>	
James Moore	0:30:54	Ray Stewart	0:36:19
Bernie Hollander	0:31:16	Jack Friedlander	0:43:33**
Darryl Beardall	0:31:46	Howard Powers	0:45:27
	1:33:56		2:05:19
1st	10 points	DQed	0 points
<b>WVJS</b>			
Norman Saucedo	0:31:17		
Gene Antonides	0:33:58		
William J. Flodberg	0:34:50		
	1:40:05		
2nd	9 points		

Last Update: 4/17/97

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Run For Their Lives - 8K 4/5/97

Race took off late and at a pedestrian pace, heck, "old man" Matt Yeo had to take the lead to get the "boys" all going. When we took the left turn, some "Rabbit" in a yellow T-Shirt was still in the lead (afterall, when was the last time you saw someone win a race in a T-shirt?). But at about 1.5 miles the "Rabbit" was still in front and Schille was looking like a hound in hot pursuit. After that, I had to wait until the finish to find out who won. T-shirt "1", Ag "0".

Don't know how the Open Guys & Gals did but as for the Masters team, it looks like we might have copped our first win. Results are unofficial of course but I think I got the main players times (except from Silver State, Ryans & Chips). Here goes:

Aggies - 1st			Excelsor - 2nd		
Tom Cushman	25:44	4th	Lloyd Stephenson	25:14	2nd
Matt Yeo	26:00	5th	Jim Tracy	27:04	10th
Hank Lawson	27:03	9th	Eric Standifer	28:02	
Mike Johnson	27:51		Bill Knapp	28:08	
Toni Ruggle	28:05		Bob Darling	28:13	
	=====			=====	
	2:14:54			2:16:41-1:47 behind	

Doug Steedman	28:32		Brock Hinzmann	28:43	
Dave Jang	33:08				

Silver State - 5th		
Miguel Tib...	24:55	1st
Joerg Herbech...	26:55	8th
Daniel Martinez	29:15	
Carl Bergmann	29:58	
Dennis Pederson	30:18	
	=====	
	2:21:21	

Empire - 6th		
Richard Flores	26:14	6th
Bob Rogers	27:45	
Tim Stewart	28:50	
Bob Meritt	29:33	
John Royston	29:41	
	=====	
	2:22:03	

WVJ25  
 26:27 BD  
 29:53 DM  
 30:43 JR  
 32:27 CB  
 ?

Tim Minor (39)	26:50		Danny Aldridge	DNC
Enar Gordilla	DNC		Lou Garcia	DNC
Scott Abrams	DNC			

2:27:56

Ryans - 4th		
Rich McCandles	25:36	3rd
Steve Tietz	28:06	
Karl Wantabe	29:31	
Steve Web	27:47	
	29:57	

Chips - 2nd		
Kitt Flynn	27:38	
Rich Gori	27:41	
Brian Woodhouse	29:36	
Rick Cushman	27:50	
<del>Chicko Lightly</del>	<del>28:26</del>	

? 3rd

Team Standings after 3 events:  
 --- Fabiz Heavens 20:51 -----

1st	Excelsor	27
2nd	Empire	26
3rd	Aggies	25
4th	Silver St	24

All unofficial of course

East Bay  
 27:43 MI  
 28:56 SF  
 2:20:49



# Open 8K Team Results <sup>197</sup>

Note 0 - Team sheets submitted perfectly formatted.

Note 1 - USATF numbers not provided for team members

Note 2 - Club number not provided

\* indicates infraction; \*\* indicates no USATF card; \*\*\* indicates no club affiliation;

\*\*\*\* indicates wrong club; \*\*\*\*\* indicates wrong age

OPEN MEN		OPEN WOMEN	
<b>Aggies - See Note 1</b>		<b>Aggies - See Note 1</b>	
Chris Schille	0:24:27	Tenaya Soderman	0:28:51
Jose Aispuro	0:24:41	Amanda Gerhardt	0:30:01
Russell S. Hill	0:24:47	Shannon Sweeney	0:30:07
Amol Saxena	0:27:24	Joanne Harper	0:30:15
Floyd Gerhardt	0:27:52	Jill Strangio	0:30:51
	2:09:11		2:30:05
1st	10 points	1st	10 points
<b>WVTC - See Note 0</b>		<b>Impala - See Note 0</b>	
Juan Torrealba	0:25:41	Sandy Patterson	0:30:27
Jesus Garcia	0:26:44	Dawn Eggerts	0:31:21
Tony Fong	0:27:07	Cheryl Kruse	0:32:00
Sherman Bruster	0:27:21	Alison Freeman	0:32:06
Fidel S. Serrano	0:27:28	Lisa Travaglini	0:32:17
	2:14:21		2:38:11
2nd	9 points	2nd	9 points
<b>Excelsior - See Note 0</b>		<b>East Bay - See Note 0</b>	
Daniel Shore	0:26:18	Malia Masoh	0:30:28
Michael Rossner	0:26:55	Bz Chruchman	0:30:36
Tyler Abbott	0:26:58	Karin Kuffel	0:31:08
Michael Gama	0:27:19	Kerry Padgett	0:33:01
John Spriggs	0:29:48	Linda Braly	0:33:24
	2:17:18		2:38:37
3rd	8 points	3rd	8 points
<b>Silver State - See Note 0</b>		<b>WVTC - See Note 0</b>	
Brian Buscay	0:25:27	Sissel Berntsen-Herber	0:29:27
Alan Dehlinger	0:26:16	Kim Rupert	0:31:21

Raymond Cook	0:26:45	Terrie West	0:31:41
Tim Minor	0:26:48	Elizabeth Fitzpatrick	0:33:25
Debbie Devine	0:33:02*	Amy Wang	0:34:35
Valentine Pisarski	0:33:42		2:40:29
	2:18:58	4th	7 points
4th	7 points		

**Tamalpa - See Note 1**

<b>Empire - See Note 0</b>		Michelle Holman	0:31:34
Eric Walker	0:25:19	Rececca A. D'Aoust	0:36:32
Ty Strange	0:26:06	Dianne Panelli	0:36:32
Eric Bohn	0:26:19	Lisa Lukianoff	0:39:09
Harold Nordvold	0:32:16	Cindy Goh	0:45:28
David Deselle	0:32:47		3:09:15
	2:22:47	5th	6 points
5th	6 points		

**Silver State - See Note 0**

<b>WVJS - See Notes 1 &amp; 2</b>		Meshia Devre	0:30:55**
Richard Reitz	0:25:28	Debbie Devine	0:33:02
Scott Bang	0:29:13	Deborah Haffey	0:35:25
Jeff Rohrer	0:29:21	Kim Bradshaw	0:43:22**
Brian Schonfeld	0:29:22	Michelle Wright	0:47:47**
Ed Gavin	0:30:59		3:10:31
	2:24:23	DQed	0 points
6th	5 points		

**Tamalpa - See Note 0**

Glen Hardin	0:26:52
Mitch Deshields	0:28:58
Steven Shapiro	0:30:18
Kent Carlomagno	0:30:21*****
Edward Carr	0:30:30
Theodore Wong	0:30:40
	2:27:18
7th	4 points

**Chips - See Notes 1 & 2**

Ben Ayers	0:24:11***
Mike Gottardi	0:25:56**
Dennis Prizmich	0:27:46
Mark Murray	0:28:42

Brian Woodhouse	0:29:36
Bob Rowden	0:31:30
Brad Shinn	0:31:41
	2:29:15
8th	3 points

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Last Update: 4/17/97

Name: Jim Whalen