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•Special Masters Issue•

The Only Publication Devoted to California Track



CALIFORNIA TRACK NEWS

1717 South Chestnut Avenue
Fresno, CA 93702

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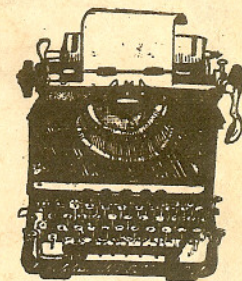
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Write for advertising rates. Special "Meet Notice" rates.

Area Correspondents still needed for many parts of the state. If interested in serving on our staff please write for details.

from the editor...



I'm proud of this issue as a special "Masters Edition." Masters track and field is really coming into it's own and is now a big part of our sport in California. I'm sure this special issue will be of interest not only to our many masters readers (fast becoming one of the largest groups of subscribers) but to all track and field "bugs."

During the season there is a good masters meet almost every weekend in California. The program boasts of large relay meets, district and regional championships, invitationals, national championships, Pan American Games, and World Games. These are full scale meets with events by five year age groups starting with age 30 for both men and women. It was less than 10 years ago that masters track really got its start. Before then there wasn't even a division of the sport for those over 40. Those who were older and wanted to compete had to compete with the open competition or not at all. But now track & field athletes have the good fortune of knowing there will be a place for them to be competitive for the rest of their life.

In its early days the masters program wasn't sure what to call itself. Some were going by "seniors," some "veterans" and some "masters." Finally, it was established that masters was the word to describe those track competitors over the age of 40.

Technically, one is not a "master" until age 40. However, a special categorie has been set up in most meets to accomodate those athletes who don't consider themselves open level competitors and who are not quite yet 40. This group is call the sub-masters. They range in age, for the most part, from 30-39.

Masters athletes are divided into divisions by age. The broadest division is by 10 year groupings. 40-49 is called

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ON THE COVER: George Ker is the athletic director at Los Angeles Valley Junior College, but remains active as a competitor himself in masters track. George holds most local shot put records for those over 50 years old.



RENEW EARLY

Don't Drop The Baton!

To insure you don't miss out on any of California's track action, renew your California Track News subscription before it expires. Check the date/year indicated on your address label; this is the date of the last issue you will receive.

and some masters. Finally, it was established that masters was the word to describe those track competitors over the age of 40.

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Masters athletes are divided into divisions by age. The broadest division is by 10 year groupings. 40-49 is called division I, 50-59 division II, and so on. However, the most acceptable grouping breaks these 10 year divisions into two 5 year groups. 40-44 is called division IA, 45-49 is IB, 50-54 is IIA, 55-59 is IIB, and so on.

Here at California Track News we have tried to give coverage and exposure to masters track in the state. But things have been happening so fast it's been hard to keep up. Masters coverage has the additional problem of the importance of age in relation to a performance. Some masters compete in open meets that don't pay any regard to age — such as all comers. This is especially a problem with sub-masters. There are submasters who are good enough to compete on an open level without regard to age. If they don't compete in a sub-masters age group we have no way of knowing how old they are. Our apologies to those outstanding sub-masters competing in the open division. I know we have overlooked some outstanding performances by athletes between the ages 30-39.

Often results from meets don't list ages of masters competitors but just list them as masters placers. Another problem peculiar to masters track is the use of different implements and various hurdle heights for the different age groups. These are not always given in results.

We solicit the advice and help of our masters meet directors, team leaders, and athletes on how we can better serve the masters side of our sport.



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Cherrie Sherrard

CHERRIE SHERRARD: Northern California Seniors Track Club. Age 39. 5 feet, 7 inches; 152 pounds. Born August 25, 1938 in Dallas, Texas. Previously competed for Lauer T.C., Sacramento Roadrunners, and Chico State. Coached by Roxy Anderson.

Cherrie Sherrard is one of the pioneers in women's track in California. Now at age 40 as a master she is still going as strong as ever. The veteran Sherrard continues to participate and enjoy track, so much so she will usually enter six events (100, 200, long jump, high jump, shot put, and discus) and a seventh when she can find it (the hurdles). More often than not she will win them all.

Cherrie entered her very first track meet in 1955 — the high jump, long jump and sprints. That launched a long love affair with track that sees no end.

Just three years after that humble beginning she placed fifth in the 80 meter hurdles at the women's nationals in Cleveland, Ohio. That was in 1958.

She can't remember what happened in 1959, but in 1960 she was fifth in the 80 meter hurdles at the Olympic Trials. In 1961 she won the national championships and earned a trip to Russia, Poland, Germany, and England with the USA team. In 1962 she again won the nationals and competed against the Russians in Palo Alto and the Polish team in Chicago.

Her first son was born in 1963 so she didn't compete that year, but in 1964 she was right back in there with a second place at the Olympic Trials and a trip to the Tokyo Games (she failed to make the final at the Olympics). In 1965 she won the nationals and went to Russia and Jamaica to compete; she also



CHERRIE SHERRARD (right) races sister ALMETA PARISH

set an American record in the 100 meter hurdles that year (13.6).

In 1966 she again was national champ in the 80 meter hurdles with an American record 10.7. She competed on the USA team that year as well. In 1967 she won the Pan American Games and also lowered her American record to 10.5.

In 1968, Cherrie had an operation on her leg, which continued to bother her and kept her out of competition until 1972. Since then she's been competing in the sub-masters competition.

Cherrie's involvement in the sport of track and field goes beyond her continued participation as an athlete. She's also the head women's track and cross country coach at her alma mater, Chico State. Her coaching comes first and she works hardest at building a strong team and training the girls.

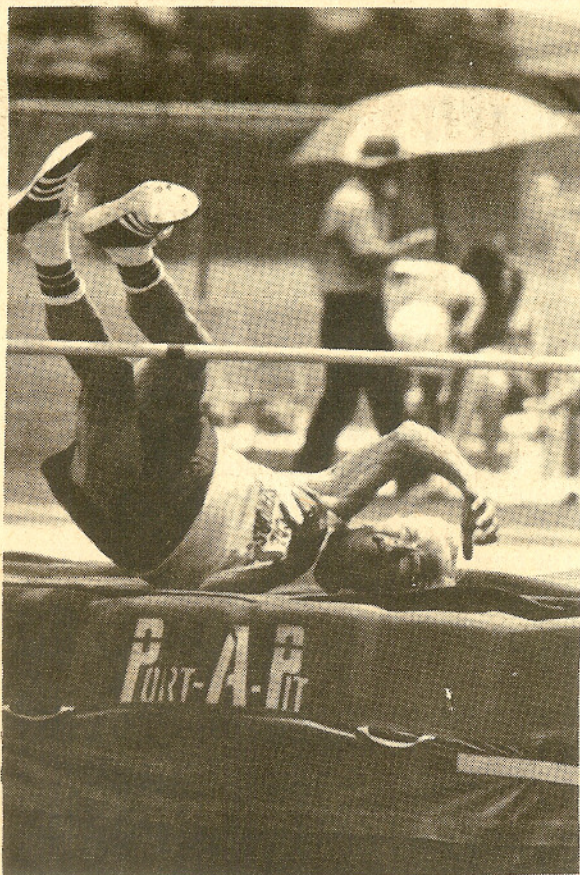
Chico has been her home for the past nine years. Previous to that, however she lived in the Bay Area where she attended schools from kindergarten

through junior college. She finished her degree at Chico State.

She is married and has two children, two boys, ages 8 and 15. Her husband is the head of the ethnic and women's studies at Chico State.

Time for workouts is scarce for Cherrie and she admits, "At the present time I don't have a typical workout routine. I workout when I can and if I can. If I had the time I would like to do something like this: Monday, Wednesday and Friday sets of fast intervals then on Tuesday and Thursday easy over-distance."

What keeps a person going in track competition for almost 25 years? Cherrie says, simply, "I continue participating in track because I enjoy it and I enjoy the people I meet." She adds, "it also runs in my family — I have a sister, Almeta Parish, age 42, and a brother Van Parish, age 45, who participate actively in the masters track program. My oldest son, Mike, has been running track since he was seven years old."



HOMER VAN GELDER

The weather was warm, the air was still and the excitement was high. Add to these ingredients a fast track, good facilities and some outstanding performers, and, presto! you have an excellent track meet. That's just what we had at the U.C. Irvine hosted Senior Olympics.

In the men's events the sprints stole the show. 41 year old Ken Dennis and 61 year old Payton Jordan were the big "guns." Dennis easily won the 40-44 division race with his 11.1; an impressive time, but not near so much as his 10.8 recorded two weeks earlier. That's right,

A noteworthy sub-master mark was that by 37 year old Walt Butler with 14.3 on the 39 inch setting. Walt also ran a 10.6 in the 100 meters.

Turning to the 400 hurdles the hot marks came from 40 year old Gary Miller with a fantastic 59.1 for the standard 36 inch barriers; 45 year old Tony Nasralla with 63.0 at the same height; 50 year old Ed Dowell with 65.8 for 33 inches; and 60 year old Al Guidet's 73.7 at the 30 inch ones.

In the men's field events 55 year old George Ker, the athletic director at

Senior Olympics

by BILL COCKERHAM

(28-4), the 100 meters(19.6) and the 200(46.5).

Cherrie's firsts came in the discus (84-2), high jump(4-6), shot put(37-6), 100 meters(12.8) and the 200(27.1).

Shirley also turned in some excellent marks for her series of victories: discus(76-3/4), Javelin(60-10), shot put (23-9), 100(15.6) and 200(32.6).

Christel Miller recorded a couple of good marks for 43 years of age. 109-7 in the javelin, 15-5 1/2 in the long jump, and 29-0 1/2 in the triple jump.

Almeta Parish ran 67.0 in the 40-44 400 meter dash. 53 year old Ellen Rose won the 400(76.2), the 800(3:00.9) and the 1500(5:56.5). If you think that was a workout it was nothing compared to Noel Murchie's. The 42 year old Murchie won the 800(2:43.3), 1500(5:20.4), 5000(19:57) and the 10,000(42:52).

55-59: Ruth Christian	15.6
60-64: Josephine Kolda	17.0
65-69: Edith Mendyka	19.6
70-74: Bunny Seawright	21.3

MEN'S 200 METERS ---	
30-34: Greg Marshall	22.4
35-39: Walt Butler	22.3
40-44: Ken Dennis	22.4
45-49: Milt Newton	23.4
50-54: Huel Washington	25.4
55-59: Harold Hunter	27.2
60-64: Payton Jordan	25.1
65-69: Harry Koppel	27.4
70-74: Sing Lum	32.7
80-84: Charles Backus	58.7

WOMEN'S 200 METERS ---	
30-34: Gloria Whitfield	27.9
35-39: Miriam Gerard	28.0
40-44: Cherrie Sherrard	27.1
45-49: Shirley Kinsey	32.6
50-54: Shirley Dietderich	33.6
55-59: Edith Leiby	38.5
60-64: Josephine Kolda	38.1
65-69: Edith Mendyka	46.5

MEN'S 400 METERS ---	
30-34: Richard Harris	49.9
35-39: Howard Whitney	50.3
40-44: Fres Kjer	50.9
45-49: Milt Newton	54.4
50-54: Oswald Dawkins	56.2
55-59: Mark Henderson	67.1
60-64: Alfred Guidet	62.4
65-69: Harry Koppel	64.0
70-74: Sidney Madden	75.4
75-79: Harold Chapson	70.4
80-84: Charles Backus	2:29.2

WOMEN'S 400 METERS ---	
30-34: Dorothy Dobson	79.6
35-39: Miki Hervey	61.6
40-44: Almeta Parish	67.0
50-54: Ellen Rose	76.2
55-59: Edith Leiby	90.0
60-64: Josephine Kolda	91.1

MEN'S 800 METERS ---	
30-34: Richard Harris	2:04.0
35-39: Howard Whitney	1:57.8
40-44: Edward Oleata	2:08.9
50-54: George Puterbaugh	2:13.2
55-59: David Lewis	2:30.7
60-64: Robert McDonald	2:32.8
65-69: Chester Beach	2:43.4
75-79: Harold Chapson	2:43.4

Results

MEN'S 100 METERS ---	
30-34: Herman Franklin	10.7
35-39: Walt Butler	10.6
40-44: Ken Dennis	11.1
45-49: Percy Knox	11.4
50-54: Robert Watanabe	11.8
55-59: Tom Patsalis	12.5
60-64: Payton Jordan	11.9
65-69: Harry Koppel	13.2
70-74: A.J. Puglizevich	15.1
75-79: Harold Chapson	15.4
80-84: Charles Backus	23.4

WOMEN'S 100 METERS ---	
30-34: Jan Svendsen	13.5
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52 year old Robert Watanabe and 70 year old A.J. Puglizevich both were impressive in winning their 100 meter divisions in 11.8 and 15.1 respectively.

Ken Dennis and Payton Jordan both came back to "clean house" in the 200 meter dash. Dennis at 22.4 and Jordan a 25.1. Also looking good in the furlong was Huel Washington at 25.4 in the 50-54 group and Sing Lum with 32.7 for the 70-74 youngsters.

Oswald Dawkins was California's standout in the 400 sprint with his speedy 56.2 winning performance in the 50-54 classification.

In the distance events 62 year old Donald Longenecker ran exceptionally well in winning the 1500 meters at 4:49 and the 5,000 meters in 17:34. George Grimes also ran well in the 55-59 1500 at 4:41. 79 year old Paul Spangler and 40 year old Alan Kirkin also starred in the 5,000 by winning their divisions with 23:53 and 17:06.

Good hurdle marks were popping up all over the place. In the 110 meter hurdles 40 year old Alvin Henry recorded a 15.0 over the 36 inch high timbers. 56 year old Tom Patsalis chalked up a 16.8 on the 33 inch jobs. 60 year old Al Guidet bagged a 17.7 on the 30 inchers.

A noteworthy sub-master mark was that by 37 year old Walt Butler with 14.3 on the 39 inch setting. Walt also ran a 10.6 in the 100 meters.

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In the men's field events 55 year old George Ker, the athletic director at Los Angeles Valley College, was remarkable with marks of 50-5½ with the 12 pound shot and 151-6 with the 1.6 kilo discus. 42 year old Bob Humphries chucked the international 2 kilo discus 159-6 and 60 year old Dan Aldrich sailed the 1 kilo job out to 166-10.

Jack Thatcher (62) set the 8 pound shot out to 49-1. Red Doms won the 70-74 grouping with a 38-11 using the 8 pound. Stew Thomson (45) blasted the 16 pound hammer 156-5 and chucked the disc 146-0.

In the javelin it was 61 year old Bill Morales all the way as he let the 600 gram spear fly 173-0.

Long jumper Al Henry sailed 21-3½ to win the 40-44 division. 56 year old Tom Patsalis got out to 19-6 and 80 year old Walt Westbrook got off an 11-7.

Burl Gist looked impressive in the high jump with a 4-11 as a 58 year old. Also getting good height was 44 year old Milt Newton at 5-8.

A whole series of pole vaulters reached 10-6. Doug Dittmer won the 45-49 at that; Al Brenda the 50-54; and both Vern Wolfe and David Brown made 10-6 in the 55-59 division.

In the women's competition it was 67 year old Edith Mendyka, 49 year old Shirley Kinsey and 40 year old Cherrie Sherrard all the way. They each won five events.

Edith earned golds in the discus (62-3), the javelin(78-7½), the shot put

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50-54: Shirley Dietderich	16.6

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65-69: Chester Beach	2:43.4
75-79: Harold Chapson	2:43.0



BILL MORALES



EDITH MENDYKA

WOMEN'S 800 METERS ---		
30-34: Janice Gervais-Cour	2:41.9	
35-39: Miki Hervey	2:26.1	
40-44: Noel Murchie	2:45.3	
50-54: Ellen Rose	3:00.9	
55-59: Edith Leiby	3:28.7	
60-64: Josephine Kolda	4:23.6	
80-84: Hulda Crooks	5:47.5	
MEN'S 1500 METERS ---		
30-34: Robert Ridley	4:11.4	
35-39: Ramsay Thomas	4:07.6	
40-44: Robert Packard	4:19.1	
45-49: Gaylord Kalchschmid	4:28.8	
50-54: George Puterbaugh	4:31.5	
55-59: George Grimes	4:41.5	
60-64: Donald Longenecker	4:49.8	
65-69: William Pumford	6:04.0	
75-79: Harold Chapson	5:39.4	
WOMEN'S 1500 METERS ---		
30-34: Jacqueline Hansen	4:48.7	
35-39: Francine Solomon	5:28.7	
40-44: Noel Murcnie	5:20.4	
50-54: Ellen Rose	5:56.5	
55-59: Edith Carlisle	6:33.0	
70-74: Wilma Kennedy	9:16.0	
80-84: Hulda Crooks	10:59.0	
85-89: Eula Weaver	17:06.9	
MEN'S 5000 METERS ---		
30-34: Dennis Fridly	15:53.1	
35-39: Frank Duarte	15:38.8	
40-44: Alan Dirkin	17:06.7	
45-49: Thomas Sturak	17:43.7	
50-54: David Stevenson	17:54.8	
55-59: William Morey	19:10.5	
60-64: Donald Longenecker	17:34.4	
65-69: John Montoya	21:16.6	
70-74: Walter Frederick	25:17.3	
75-79: Paul Spangler	23:53.7	
WOMEN'S 5000 METERS ---		
30-34: Roberta Takahashi	20:13.1	
35-39: Francine Solomon	19:26.7	
40-44: Noel Murchie	19:57.0	
50-54: Joan Flynn	23:57.5	
55-59: Ernestine Yeomans	26:32.8	
70-74: Wilma Kennedy	39:47.7	
80-84: Hulda Crooks	39:47.7	
MEN'S 10,000 METERS ---		
30-39: Dennis Fridly	33:23.0	
35-39: Frank Duarte	32:48.0	
40-44: Robert Packard	34:23.0	
45-49: Terrel Eddy	37:17.0	
50-54: Tracy Brown	37:40.0	
55-59: Harold Daughters	39:26.0	
60-64: James Oleson	39:35.0	
65-69: John Montoya	43:27.0	
70-74: James Bole	46:37.0	
75-79: Paul Spangler	52:09	
WOMEN'S 10,000 METERS ---		
30-34: Jacqueline Hansen	36:38.0	
35-39: Francine Solomon	41:44.0	
40-44: Noel Murchie	42:52.0	
50-54: Joan Flynn	52:07.0	
55-59: Edith Carlisle	50:41.0	
MEN'S 5000 METER WALK ---		
35-39: Dale Sutton	25:16.6	
40-44: Raymond Fitzhugh	32:48.8	
50-54: John Allen	25:27.2	
55-59: Milton Zimmerman	37:52.2	
60-64: Donald Johnson	28:21.8	
65-69: Otto Wenk	30:29.4	
70-74: Chesley Unruh	32:11.3	

WOMEN'S 5000 METER WALK ---		
35-39: Patricia Reback	32:52.7	
40-44: Lori Maynard	28:32.1	
50-54: Sarane Drake	42:11.9	
55-59: Ernestine Yeomans	35:07.8	
60-64: Jane Coverley	37:10.3	
MEN'S 10,000 METER WALK ---		
35-39: Dale Sutton	54:02	
50-54: John Allen	51:19	
55-59: Robert Long	65:15	
60-64: Donald Jahnson	58:23	
65-69: Otto Wenk	62:52	
70-74: Chesley Unruh	65:16	
WOMEN'S 10,000 METER WALK ---		
40-44: Lori Maynard	62:52	
MEN'S 3000 METER STEEPLECHASE ---		
30-34: Lou Lopez	13:01.9	
35-39: James Rountree	11:40.4	
40-44: James Perry	12:42.9	
45-49: Daniel Halvorson	11:20.2	
50-54: David Stevenson	10:59.5	
60-64: Robert Long	13:48.5	
65-69: Robert MacTarnahan	15:12.0	
70-74: Walter Frederick	15:51.6	
MEN'S 110 METER HURDLES ---		
30-34: William Meadows	16.0	
35-39: Walter Butler	14.3	
40-44: Alvin Henry	15.0	
45-49: David Jackson	15.7	
50-54: Steven Peck	17.5	
55-59: Tom Patsalis	16.8	
60-64: Alfred Guidet	17.7	
65-69: Chester Beach	19.8	
70-74: Walter Frederick	30.3	
MEN'S 400 METER HURDLES ---		
30-34: Lou Lopez	73.8	
35-39: Howard Whitney	53.6	
40-44: Gary Miller	59.1	
45-49: Tony Nasralla	63.0	
50-54: Edward Dowell	65.8	
60-64: Alfred Guidet	73.7	
65-69: Vincent Godfrey	79.4	
70-74: Walter Frederick	1:44.6	
MEN'S 400 METER RELAY ---		
30-34: So. Calif. Striders	42.7	
40-44: Corona Del Mar	43.8	
45-49: Corona Del Mar	47.2	
50-54: Seniors Track Club	48.6	
55-59: Corona Del Mar	89.7	
60-64: Corona Del Mar	50.9	
MEN'S MILE RELAY ---		
30-34: West Valley TC	3:24.7	
40-44: Corona Del Mar	3:37.7	
45-49: Corona Del Mar	3:50.7	
55-59: Corona Del Mar	4:54.1	
50-54: Seniors Track Club	4:03.7	
MEN'S HIGH JUMP ---		
30-34: Herman Franklin	5-11	
35-39: Robert Gonzalez	5-11	
40-44: Kermit Walker	5-6	
45-49: Milton Newton	5-8	
50-54: Louis Beadle	4-11	
55-59: Burl Gist	4-11	
60-64: Robert Ogle	4-7	
65-69: Chester Beach	4-2	
70-74: Homer VanGelder	3-10	
80-84: Charles Backus		
WOMEN'S HIGH JUMP ---		
30-34: Gloria Whitfield	4-0	
40-44: Cherrie Sherrard	4-6	
55-59: Ruth Christian	3-4	



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MEN'S POLE VAULT ---		
30-34: Warren Wilke	15-0	
35-39: John Lewis	11-0	
40-44: Raymond Fitzhugh	10-0	
45-49: Douglas Dittmar	10-6	
50-54: Albert Brenda	10-6	
55-59: Vernon Wolfe	10-6	
65-69: Bud Deacon	9-6	
70-74: Robert MacConaghy	8-6	
MEN'S LONG JUMP ---		
30-34: Douglas Ford	21-6 $\frac{1}{2}$	
35-39: Robert Gonzales	20-5 $\frac{1}{2}$	
40-44: Alvin Henry	21-3 $\frac{1}{2}$	
45-49: Shirley Davisson	20-8	
50-54: Huel Washington	16-3 $\frac{1}{2}$	
55-59: Tom Patsalis	19-6	
60-64: John Satti	16-5	
65-69: Al Simmons	13-11	
70-74: Winfield McPadden	12-6	
80-84: Walter Westbrook	11-7	
WOMEN'S LONG JUMP ---		
30-34: Gloria Whitfield	15-0	
35-39: Catie Burke	9-8 $\frac{1}{2}$	
40-44: Christel Miller	15-5 $\frac{1}{2}$	
55-59: Ruth Christian	10-9 $\frac{1}{2}$	
MEN'S TRIPLE JUMP ---		
30-34: Mike Clark	46-3	
35-39: Martin Hee	37-2	
40-44: Kermit Walker	42-6	
45-49: David Jackson	39-8	
50-54: Albert Brenda	35-5 $\frac{1}{2}$	
55-59: Thomas Patsalis	38-9 $\frac{1}{2}$	
60-64: Gordon Farrell	33-6	
65-69: John Dick	27-5 $\frac{1}{2}$	
70-74: Winfield McPadden	28-5 $\frac{1}{2}$	
80-84: Walter Westbrook	22-7	

WOMEN'S TRIPLE JUMP ---		
40-44: Christel Miller	29-0 $\frac{1}{2}$	
MEN'S SHOT PUT ---		
30-34: Doug Wells	52-11 $\frac{1}{2}$	
35-39: Charles Russell	43-0	
40-44: James Hart	45-0 $\frac{1}{2}$	
45-49: Andy Hall	43-3	
50-54: Paul Evans	40-2 $\frac{1}{2}$	
55-59: George Ker	50-5 $\frac{1}{2}$	
60-64: Jack Thatcher	49-1	
65-69: James York	43-10	
70-74: Red Doms	38-11	
WOMEN'S SHOT PUT ---		
30-34: Jan Svendsen	42-2 $\frac{1}{2}$	
35-39: Catie Burke	21-0 $\frac{1}{2}$	
40-44: Cherrie Sherrard	37-6	
45-49: Shirley Kinsey	23-9	
50-54: Joan Flynn	16-1	
55-59: Ernestine Yeomans	20-6	
65-69: Edith Mendyka	28-4	
MEN'S DISCUS ---		
30-34: David Webber	171-4	
35-39: Edward Kohler	157-8	
40-44: Robert Humphreys	159-6	
45-49: Stewart Thomson	146-0	
50-54: Harold Wallace	123-8	
55-59: George Ker	151-6	
60-64: Daniel Aldrich	166-10	
65-69: Earl Archer	121-1	
70-74: Red Doms	118-0	
WOMEN'S DISCUS ---		
30-34: Jan Svendsen	139-10	
35-39: Catie Burke	55-0	

50-54: Tracy Brown	37:40.0
55-59: Harold Daughters	39:26.0
60-64: James Oleson	39:35.0
65-69: John Montoya	43:27.0
70-74: James Bole	46:37.0
75-79: Paul Spangler	52:09

WOMEN'S 10,000 METERS ---	
30-34: Jacqueline Hansen	36:38.0
35-39: Francine Solomon	41:44.0
40-44: Noel Murchie	42:52.0
50-54: Joan Flynn	52:07.0
55-59: Edith Carlisle	50:41.0

MEN'S 5000 METER WALK ---	
35-39: Dale Sutton	25:16.6
40-44: Raymond Fitzhugh	32:48.8
50-54: John Allen	25:27.2
55-59: Milton Zimmerman	37:52.2
60-64: Donald Johnson	28:21.8
65-69: Otto Wenk	30:29.4
70-74: Chesley Unruh	32:11.3

MEN'S MILE RELAY ---	
30-34: West Valley TC	3:24.7
40-44: Corona Del Mar	3:37.7
45-49: Corona Del Mar	3:50.7
55-59: Corona Del Mar	4:54.1
50-54: Seniors Track Club	4:03.7

MEN'S HIGH JUMP ---	
30-34: Herman Franklin	5-11
35-39: Robert Gonzalez	5-11
40-44: Kermit Walker	5-6
45-49: Milton Newton	5-8
50-54: Louis Beadle	4-11
55-59: Burl Gist	4-11
60-64: Robert Ogle	4-7
65-69: Chester Beach	4-2
70-74: Homer VanGelder	3-10
80-84: Charles Backus	
WOMEN'S HIGH JUMP ---	
30-34: Gloria Whitfield	4-0
40-44: Cherrie Sherrard	4-6
55-59: Ruth Christian	3-4

50-54: Ruel Washington	19-6
55-59: Tom Patsalis	16-5
60-64: John Satti	13-11
65-69: Al Simmons	12-6
70-74: Winfield McFadden	11-7
80-84: Walter Wesbrook	

WOMEN'S LONG JUMP ---	
30-34: Gloria Whitfield	15-0
35-39: Catie Burke	9-8 $\frac{1}{2}$
40-44: Christel Miller	15-5 $\frac{1}{2}$
55-59: Ruth Christian	10-9 $\frac{1}{2}$

MEN'S TRIPLE JUMP ---	
30-34: Mike Clark	46-3
35-39: Martin Hee	37-2
40-44: Kermit Walker	42-6
45-49: David Jackson	39-8
50-54: Albert Brenda	35-5 $\frac{1}{2}$
55-59: Thomas Patsalis	38-9 $\frac{1}{2}$
60-64: Gordon Farrell	33-6
65-69: John Dick	27-5 $\frac{1}{2}$
70-74: Winfield McFadden	28-5 $\frac{1}{2}$
80-84: Walter Wesbrook	22-7

30-34: Jan Svendsen	42-2 $\frac{1}{2}$
35-39: Catie Burke	21-0 $\frac{1}{2}$
40-44: Cherrie Sherrard	37-6
45-49: Shirley Kinsey	23-9
50-54: Joan Flynn	16-1
55-59: Ernestine Yeomans	20-6
65-69: Edith Mendyka	28-4

MEN'S DISCUS ---	
30-34: David Webber	171-4
35-39: Edward Kohler	157-8
40-44: Robert Humphreys	159-6
45-49: Stewart Thomson	146-0
50-54: Harold Wallace	123-8
55-59: George Ker	151-6
60-64: Daniel Aldrich	166-10
65-69: Earl Archer	121-1
70-74: Red Doms	118-0

WOMEN'S DISCUS ---	
30-34: Jan Svendsen	139-10
35-39: Catie Burke	55-0
40-44: Cherrie Sherrard	84-2
45-49: Shirley Kinsey	76-3 $\frac{1}{2}$
50-54: Joan Flynn	42-10
55-59: Edith Leiby	30-10
60-64: Olive Patterson	22-6
65-69: Edith Mendyka	62-3

MEN'S HAMMER ---	
35-39: Hal Sheakley	55-8 $\frac{1}{2}$
40-44: Gordon Bobell	152-3
45-49: Stewart Thompson	156-5
50-54: Paul Evans	114-7
55-59: Thomas DeV Vaughn	115-1
60-64: Daniel Aldrich	113-8
65-69: Randolph Hubbell	104-11
70-74: Lou Peresenyi	91-7
80-84: Walter Wesbrook	43-4

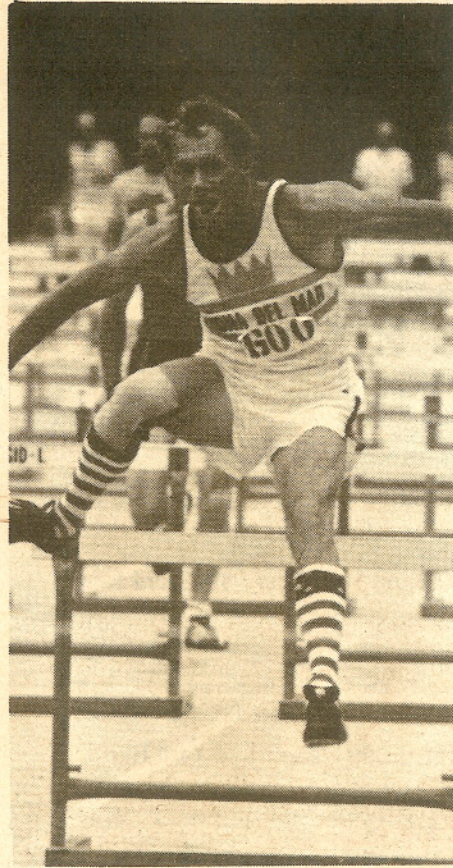
WOMEN'S HAMMER ---	
30-34: Jan Svendsen	58-3
60-64: Olive Patterson	20-3

MEN'S JAVELIN ---	
30-34: Doug Wells	190-6
35-39: David Kuhn	159-1
40-44: Donald Rose	156-6
45-49: Richard Smith	141-4
50-54: Roy Wigginton	119-3
55-59: Harold Humter	137-9
60-64: Bill Morales	173-0
65-69: John Dick	104-4
70-74: Robert MacConaghy	132-0
80-84: Charles Backus	33-10

WOMEN'S JAVELIN ---	
30-34: Latanya Glass	90-4
35-39: Catie Burke	44-11
40-44: Christel Miller	109-7
45-49: Shirley Kinsey	60-10
50-54: Joan Flynn	42-2
55-59: Edith Leiby	44-4
65-69: Edith Mendyka	78-7 $\frac{1}{2}$



TONY NASRALLA



AL GUIDET



ELLEN ROSE

Top Marks 1978 Masters

compiled by PERCY KNOX

(30-39) 100 Yard / 100 Meter Dash

9.7y Walt Butler(37)SCS 6/11
 10.6m D. Wells(34)CDM 5/20
 10.7m H. Franklin(30) 6/24
 10.8m W. Roberson(33)CDM 5/6
 10.8m G. Marshall(30)WV 6/17
 10.8m H. Sumner(34)SCS 6/17
 10.0y R. Ferguson(31)SCS 6/11
 10.0y B. Simmons(36)SCS 6/11
 10.9m P. Dungan(31)WV 6/24
 10.9m D. Romain(36)WV 6/17
 11.3m D. Fitzsimons 6/17
 11.3m D. Simpson 6/17

(40-49) 100 Yard / 100 Meter Dash

10.8m Ken Dennis(41)CDM 7/8
 10.0y Percy Knox(44)CDM 7/11
 11.1m D. Segal(41) CDM 3/25
 10.3y N. Newton (44) SCS 6/11
 10.4y A. Chavez(40) 6/11
 10.4y G. Miller(CDM) 7/2
 11.3m B. Anixter(40) NCS 6/17
 11.4m B. Messersmith(45) CDM 5/5
 11.5m B. Springbett(45) NCS 6/17
 10.6y T. Cannon(40) CDM 6/11
 11.6m M. Sanchez(4) NCS 6/17
 11.7m D. Marlin(48) NCS 6/17
 11.8m B. Radford(46) CDM 6/17
 11.8m T. Nasaralla(45) STC 6/17

(30-39) 200 Meter / 220 Yard Dash

22.1m G. Marshall(30) WVTC 6/18
 22.2m P. Dungan(31) WVTC 6/18
 22.2m W. Eutler(37) SCS 7/9
 22.4y H. Sumner(34) SCS 4/1
 22.4m R. Whitney(35) SCS 6/17
 22.5m R. Harris(31)WV 6/18
 22.6y W. Roberson(34)CDM 4/1
 22.7m B. Fitzsimon 6/18

(40-49) 200 Meter / 220 Yard Dash

22.1m K. Dennis(41)CDM 6/18
 22.7m N. Newton(44)SCS 6/18
 22.9m G. Miller(40)CDM 5/6
 23.0m D. Segal(41)CDM 3/25
 23.2y F. Knox(44)CDM 1/27
 23.2m H. Eruhner(45)NCS 5/6
 23.3m E. Anixter(40)NCS 6/18
 23.6m B. Messersmith(45)CDM 5/6
 23.6m T. Cannon(40)CDM 6/25
 24.2m B. Springbett(45)NCS 6/25

(50-59) 200 Meter / 220 Yard Dash

24.7m G. Dawkins(50)STC 6/18
 25.3m E. Cooper(54)NCS 6/18
 25.4m H. Washington(50) 6/25
 25.7m B. Jordan(50) NCS 6/18

39.5 B. Springbett(45)NCS 1/8
 40.5 T. Nasaralla(45)STC 1/8

(50-59) 300 Meter Dash

41.8 B. Sieben(51)SD 1/8
 43.4 B. Hunt(58)SCS 1/8

(30-39) 400 Meter / 440 Yard Dash

48.7m D. Romain(36)WV 6/17
 48.9m R. Whitney(35)SCS 6/17
 49.0m R. Harris(31)WV 6/17
 49.1m H. Sumner(34)SCS 7/8
 50.0m M. Pritt 6/17
 51.5y W. Johnson SCS 4/1
 51.8m G. Mason 6/17
 52.1m B. Weller (36) 6/25

(40-49) 400 Meter / 440 Yard Dash

50.8m G. Miller(40)CDM 6/17
 51.6m N. Newton(44)SCS 6/17
 52.7m H. Bruhner(45)NCS 6/17
 53.2y B. Messersmith(45)CDM 4/1
 53.3m B. Green(40) 6/17
 53.4m E. Oleata(41)SD 6/25
 54.3m D. Hickman 6/17
 54.9y P. Knox(44) CDM 6/20
 55.0m T. Nasaralla(45) 6/17
 55.7m B. Frederickson(47)NCS 6/17

(50-59) 400 Meter / 440 Yard Dash

56.2m O. Dawkins(50)STC 6/25
 56.3m D. Jackson 6/17
 56.6m B. Jordan(50) NCS 6/17
 57.0m E. Dowell(50)NCS 5/25
 57.1m K. Goetzel 6/17
 57.1m D. Carrice(50) CDM 6/17
 58.5m G. Harte(52)CDM 6/17
 59.5y B. Hunt(58) SCS 4/1

(60-69) 400 Meter / 440 Yard Dash

62.4m A. Guidet(60)CDM 6/25
 64.0m H. Keppel (65) 6/25
 64.4y F. Sjostrand(65)STC 5/13
 65.0m J. Satti (64) 6/25
 66.1m C. Killion(60) CDM 6/17
 66.8m C. Beach(65) CDM 6/11

(70+) 400 Meter / 440 Yard Dash

4:11.4m R. Ridley 6/24
 4:13.0m S. Waggener CDM 6/17
 4:32.5y N. Towers 5/13
 4:16.0m T. Richards(37)CDM 6/17
 4:17.0m R. Stillier 6/17
 4:36.1y J. Murphy(38)CDM 5/13
 4:22.0m B. Meinhardt 6/17
 4:24.7m J. Cheever
 4:42.1y M. Matye 5/13
 4:42.7y S. Close (37)STC 6/11
 4:45.0y B. Drescher 5/13

(40-49) 1500 Meter / Mile Run

4:15.8m B. Emmerling(42)SCS i 1/7
 4:15.9m J. Erennand i 1/7
 4:16.5m E. Gookin SCS i 1/7
 4:34.8y B. Packard 5/13
 4:18.1m K. Napier(46) 6/17
 4:19.2m E. Wellick(40) 6/17
 4:19.5m D. Reisboard(40)SM 6/17
 4:19.6m J. Lewis 6/17
 4:21.6m L. Wray (40) 4/1
 4:44.6y J. Wely 5/13
 4:28.8m G. Kalchschmid(46) 6/24

(50-59) 1500 Meter / Mile Run

4:34.0m P. Mundle(50)SM 6/17
 4:34.8m E. Malin(51) 6/17
 4:41.5m G. Grimes(54) 6/24
 5:02.6m A. Bryant(54)STC 6/17
 4:47.2m W. Kleinsasser(50) 6/17
 5:35.9y H. Daughters(56)SCS 6/11
 5:15.8m D. Lewis(56)CDM 6/17

(60+) 1500 Meter / Mile Run

4:49.8m D. Longenecker(62) 6/24
 5:13.7m R. Mahannah(62) 6/17
 5:57.1y M. Montgomery(71) 5/13
 6:39.5m P. Spangler(79) 6/17

(30-39) 3000 Meter Run

9:17.9 J. Murphy(38) 5/20
 9:55.6 J. Rupp STC 5/20

(40-49) 3000 Meter Run

9:29.0 T. Clark SCS 5/20
 9:59.5 T. Sturak(46) SCS 5/20
 10:05.0 E. Field SM 5/20





CLARENCE PALMER (left) & ROD FERGUSON

(50-59) 100 Yard / 100 Meter Dash

11.8m	B. Watanabe(52) STC 5/24
11.2y	T. Patsalis(56) SM 4/1
11.1y	O. Dawkins(50) STC 6/17
11.2y	T. Patsalis(56) SM 4/1
11.5y	P. Fetter(55) CDM 4/1
12.1m	H. Washington(50) 6/24
12.3m	B. Jordan(50) NCS 6/17
12.5m	K. Goetzl 6/17

(60-69) 100 Yard / 100 Meter Dash

11.9m	P. Jordan(61) 4/25
11.5y	A. Guidet(60) 4/1
12.8m	C. Killion(60) CDM 6/17
13.0m	H. Koppel(65) 6/17
12.4y	B. Morales(62) CDM 2/18
12.5y	J. Vernon(62) STC 2/18
12.8y	A. Castro(68) STC 6/11
13.8m	A. Simmons(65) 6/24

(70+) 100 Yard / 100 Meter Dash

14.8m	K. Carnine(70) NCS 6/17
15.1m	S. Lum(74) CDM 6/17
15.1m	A.J. Puglezevich(70) 6/24
15.5m	J. Mathews(72) 6/24

25.9y	D. Carrico(50) CDM 5/13
26.4y	B. Hunt(58) SCS 4/1
26.7y	T. Clayton(53) CDM 4/1
26.7m	W. Euchanan(54) SFV 6/25
26.8y	D. Wagner(51) STC 5/13
27.5m	C. Boyd(56) 6/18

(60-69) 200 Meter / 220 Yard Dash

25.1m	P. Jordan(61) CDM 6/25
26.8y	A. Guidet(60) CDM 4/1
27.1m	C. Killion(60) CDM 6/25
27.4m	H. Koppel(65) 6/25
28.9m	F. Sjostrand(65) STC 6/25

(70+) 200 Meter / 220 Yard Dash

31.9m	S. Lum(74) CDM 6/18
33.0m	A. Puglezevich(70) NCS 6/25
33.2m	S. Madden(70) 6/18
34.5m	F. Rhorman(74) 6/25

(40-49) 300 Meter Dash

37.7	N. Newton(44) SCS 1/8
37.7	P. Knox(44) CDM 1/13
37.9	K. Dennis(40) CDM 1/8

(50-59) 400 Meter / 440 Yard Dash

56.2m	O. Dawkins(50) STC 6/25
56.3m	D. Jackson 6/17
56.6m	B. Jordan(50) NCS 6/17
57.0m	E. Dowell(50) NCS 6/25
57.1m	K. Goetzl 6/17
57.1m	D. Carrice(50) CDM 6/17
58.5m	G. Harte(52) CDM 6/17
59.5y	B. Hunt(58) SCS 4/1

(60-69) 400 Meter / 440 Yard Dash

62.4m	A. Guidet(60) CDM 6/25
64.0m	H. Keppel(65) 6/25
64.4y	F. Sjostrand(65) STC 5/13
65.0m	J. Satti(64) 6/25
66.1m	C. Killion(60) CDM 6/17
66.8m	C. Beach(65) CDM 6/11

(70+) 400 Meter / 440 Yard Dash

75.4m	S. Madden(70) 6/25
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(30-39) 800 Meter / 880 Yard Run

1:55.0m	R. Whitney(35) SCS 6/18
1:55.5m	R. Thomas 6/18
1:55.8m	D. Romain(36) WF 6/18
1:56.0m	S. Wraggener(33) CDM 6/18
1:56.9y	R. Lee(35) 6/11
1:57.7m	Don Chapin(31) HSTC 2/18
1:58.0y	M. Eck 2/18
1:59.7y	T. Nelson 5/13
2:02.1m	H. Sumner(34) SCS 6/18
2:04.0m	R. Harris(31) WF 5/25
2:05.0m	R. Gordon 6/25

(40-49) 800 Meter / 880 Yard Run

2:04.2m	D. Pratt(46) 6/18
2:04.4m	B. Mayer(40) 6/18
2:06.1y	G. Miller(40) CDM 3/25
2:07.1y	L. Ray 3/25
2:08.9m	E. Oleata(41) 6/25
2:09.3m	D. Reisbord(40) 6/18
2:09.7m	G. Kalchschmid(45) SFV 6/18
2:10.6y	B. Emmerling(42) SCS 6/11
2:11.8y	M. Lauderdale 5/13

(50-59) 800 Meter / 880 Yard Run

2:14.5m	W. Kleinsasser(50) 6/18
2:16.3m	G. Grimes(56) 6/18
2:17.0m	A. Bryant(54) STC 6/18
2:29.1m	A. Waterman(59) 6/18
2:29.9y	D. Lewis(56) CDM 6/11

(60+) 800 Meter / 880 Yard Run

2:35.1m	R. Mahannah(62) 6/11
2:39.1y	M. Montgomery 5/13
2:40.4m	G. Poloynes(62) 6/18
2:43.4m	C. Beach(66) 5/25
2:47.5y	S. Madden 5/23
3:21.9m	P. Spangler(79) 6/18

(30-39) 1500 Meter / Mile Run

4:02.7m	D. Chapin(31) STC 2/18
4:07.0m	R. Thomas 6/17
4:10.0m	J. Howell 6/17

D. Lewis(56) CDM 6/17

(60+) 1500 Meter / Mile Run

4:49.8m	D. Longenecker(62) 6/24
5:13.7m	R. Mahannah(62) 6/17
5:57.1y	M. Montgomery(71) 5/13
6:39.5m	P. Spangler(79) 6/17

(30-39) 3000 Meter Run

9:17.9	J. Murphy(38) 5/20
9:55.6	J. Rupp STC 5/20

(40-49) 3000 Meter Run

9:29.0	T. Clark SCS 5/20
9:59.5	T. Sturak(46) SCS 5/20
10:05.0	E. Field SM 5/20

(50-59) 3000 Meter Run

9:30.8	P. Kundle(50) SM 5/20
10:32.5	A. Eryant(54) STC 5/20

(30-39) 3000 Meter Steeplechase

11:40.4	J. Roundtree(39) CDM 6/25
12:40.7	T. Fitzgerald 6/25
13:01.9	L. Lopez 6/25

(40-49) 3000 Meter Steeplechase

10:57.7	D. Stevenson(49) 6/17
11:20.2	D. Haberson(46) 6/17
11:28.2	M. Haraden(47) 6/25

(50-59) 3000 Meter Steeplechase

11:30.0	L. Roberts(51) 6/25
11:39.2	A. Bryant(54) STC 6/17

(60-69) 3000 Meter Steeplechase

13:48.5	R. Long(60) 6/25
13:58.4	E. Lowell(62) 6/17

(70+) 3000 Meter Steeplechase

15:51.6	W. Frederick(70) 6/25
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(30-39) 3 Mile

15:31.8y	J. Murphy(38) 6/11
15:43.5y	S. Close(35) STC 6/18
16:32.2y	M. Matye 5/13
16:46.5y	J. Cheever 5/13

(40-49) 3 Mile

15:58.5	D. Packer(47) STC 5/13
17:00.0	J. Weldy 5/13

(50-59) 3 Mile

17:44.5	L. Miller(51) STC 6/11
18:22.6	H. Daughters(56) SCS 6/11

(30-39) 5000 Meter Run

15:38.8 F. Duarte(36) 6/24
 15:48.8 T. Clary 6/18
 15:53.1 D. Fridly 6/24
 16:04.0 R. Ridley 6/24
 16:24.3 R. Stiller 6/18

(40-49) 5000 Meter Run

15:56.3 B. Wellck(40) 6/18
 16:45.2 P. Mundle(49) 3/25
 17:06.7 A. Dirkin 6/24
 17:28.5 T. Sturak(46) 6/18
 17:34.0 D. Stevenson(49) 6/18
 17:40.1 M. Grimm 6/18
 17:49.5 G. Lynch FPTC 6/17

(50-59) 5000 Meter Run

16:55.2 P. Mundle(50)SM 6/18
 18:00.0 C. Martin 6/18
 18:00.5 R. Mueller 6/18

(60-69) 5000 Meter Run

17:34.9 D. Longenicker(62) 6/25
 18:41.1 J. Oleson(60) 6/18
 18:51.1 P. Reese(61) 6/18

(70+) 5000 Meter Run

23:57.6 P. Spangler(79) 6/18

(30-39) 6 Mile Run

32:34.0 C. Foote(35) LAPD 6/11
 32:47.6 J. Rupp(30) STC 6/11
 33:16.0 J. Murphy (38) 5/13
 35:38.2 V. Tjarks(35)BE 6/11
 35:39.0 D. Downey(30)SM 6/11

(40-49) 6 Mile Run

31:52.0 J. Brenndand(42)SB 6/11
 32:24.0 T. Clark(42)SCS 6/11
 36:46.2 M. Jones(40)SM 6/11

(50-59) 6 Mile Run

32:49.6 P. Mundle(50)SM 6/11
 45:10.6 A. Bryant(54)STC 6/11
 45:10.7 B. Long(59) 6/11

(60-69) 6 Mile Run

36:45.0 J. Oleson(60)SM 6/11

(30-39) 10,000 Meter Run

31:53.3 B. Clark 6/17
 31:54.0 F. Duarte(36) 6/17
 32:55.2 D. Zapata 6/17
 33:29.0 D. Fridly 6/25
 33:31.7 J. White 6/17

(50-59) 10,000 Meter Run



TED HATLIN

(50-59) 400 Meter Hurdles—33"

65.8 E. Dowell (50) 6/25
 65.8 B. Sieben (51) SD 6/25
 66.0 B. Hunt (58) SCS 6/18
 66.8 T. Clayton (53) CDM 6/11

(60+) 400 Meter Hurdles—30"

73.7 A. Guidet(60) CDM 6/25

(30-39) 400 Meter / 440 Yard Relay

42.4m Southern Cal Striders 6/17
 (Newton, Butler, Ferguson, Sumner)
 42.4m West Valley TC 6/17
 (Dungan, Harris, Marshall, Romain)
 44.0y Corona del Mar 5/13

(40-49) 400 Meter / 440 Yard Relay

4:05.7 Corona del Mar "A" 6/3
 (Dennis, Miller, Segal, Knox)
 46.2m Northern Cal Seniors 6/17
 (Sanchez, Frederickson, Springbett, Bruhner)
 47.2m Corona del Mar "B" 6/24
 (Davisson, Radford, Vick, Jackson)

(50-59) 400 Meter / 440 Yard Relay

48.6m Seniors TC 6/24
 (Dawkins, Wagner, Greenwood, Wallace)
 49.3m Corona del Mar 6/17
 (Fetter, Clayton, Jordan)
 49.6m Northern Cal Sr 6/17
 (Wiggington, Roemer, Peck, Goetzl)

(30-39) 880 Yard Relay

1:30.9 Southern Cal Striders 6/3
 (Butler, Simmons, Ferguson, Sumner)

(40-49) 880 Yard Relay

1:32.9 Corona del Mar 6/3
 (Dennis, Knox, Miller, Segal)

(40-49) Sprint Medley Relay

3:42.0 Corona del Mar 5/20
 (Segal, Dennis, Knox, Miller)

(30-39) Mile Relay

3:24.7 West Valley TC 6/25
 (Marshall, Harris, Romain)
 3:24.7 Southern Cal Striders 6/25
 (Newton, Ferguson, Whitney, Sumner)

(40-49) Mile Relay

3:34.9 Corona del Mar 6/18
 (Dennis, Henry, Knox, Miller)

(50-59) Mile Relay

3:58.9 Seniors TC 6/18
 (Dawkins, Bryant, Wagner, Kleinsasser)
 3:59.9 Northern Cal Srs 6/18
 (Grimes, Jackson, Wiggington, Jordan)

4:05.7

Corona del Mar 6/18
 (Harte, Lewis, Clayton, Carrico)

(30-39) High Jump

6-7 J. Dobroth(35)SCS 5/13
 6-2 J. Brown 6/18
 5-11 3/4 B. Gonzales(34) 6/24
 5-10 L. Higgins 6/11
 5-6 L. Sallinger(34) CDM 4/1

(40-49) High Jump

5-10 N. Newton(44)SCS 7/8
 5-10 H. Wyatt(46) 6/18
 5-8 K. Walker 6/18
 5-6 E. Austin (48) CDM 5/20
 5-6 M. Sanchez NCS 6/18
 5-4 J. Graf 6/18
 5-2 R. Fitzhugh (43)CDM 5/13
 5-2 B. Amstutz 6/11

(50-59) High Jump

5-0 B. Gist (58) CDM 2/18
 4-11 O. Gillett(58)CDM 6/18
 4-11 L. Beadle 6/24
 4-10 D. Brown(55) CDM 6/18
 4-10 H. Hunter (55) 6/18
 4-8 B. Ogle 5/13
 4-8 H. Wallace (50) STC 6/11

(60+) High Jump

4-6 J. McCarthy(60) 6/18
 4-5 T. Nelson(63) 6/24
 4-4 J. Vernon(61)STC 2/18
 4-4 H. DeGroot 2/18
 4-4 S. Thompson (67) 6/18
 4-2 T. Hatlen (67) STC 6/11
 4-2 C. Beach (66) 6/24
 4-2 J. Dick (66) 6/18
 3-10 H. vGelder (73) 6/24

(30-39) Long Jump

22-6 1/2 S. Johnson 6/17
 21-6 1/2 D. Ford CDM 6/24
 20-11 M. Clark 6/24
 20-8 H. Adams (24)
 20-5 1/2 B. Gonzales (34) 6/24

32:49.6 P. Mundle(50)SM 6/11
 45:10.6 A. Bryant(54)STC 6/11
 45:10.7 B. Long(59) 6/11

(60-69) 6 Mile Run

36:45.0 J. Oleson(60)SM 6/11

(30-39) 10,000 Meter Run

31:53.3 B. Clark 6/17
 31:54.0 F. Duarte(36) 6/17
 32:55.2 D. Zapata 6/17
 33:29.0 D. Fridly 6/25
 33:31.7 J. White 6/17

(50-59) 10,000 Meter Run

34:46.0 P. Mundle (56) 7/8

(70+) 10,000 Meter Run

46:32.0 J. Bole (70)6/24
 52:09.0 P. Spangler(79) 6/24

(30-39) 120 Yard / 110 Meter Hurdles-39"

13.8 W. Butler(37)SCS 5/13
 14.5 L. Sallinger(34)CDM 6/11
 14.6 D. Kurrle(31)SCS 6/11
 15.0 J. Dobroth(35)SCS 5/13

(40-49) 120 Yard / 110 Meter Hurdles - 36"

14.7 A. Henry(40)CDM 6/17
 15.0 D. Hickman 6/17
 15.5 D. Jackson(46)CDM 5/17
 16.1 H. Smith (42)SCS 6/17

(50-59) 120 Yard / 110 Meter Hurdles-33"

16.7 T. Patsalis(56)CDM 6/11
 16.8 B. Hunt(58)SCS 6/11
 17.5 S. Peck (54) 6/24
 17.8 B. Gist (58)CDM 6/17

(60-69) 120 Yard / 110 Meter Hurdles-30"

17.7 A. Guidet(60)CDM 6/11
 19.6 B. Morales(62)CDM 6/17
 19.8 C. Beach(66) 6/24
 20.3 A. Simmons(65) 6/24
 20.4 S. Thompson (67) 6/17
 20.7 T. Hatlen (67) 6/24

(70+) 120 Yard / 110 Meter Hurdles-30"

30.3 W. Frederick(70) 6/24

(30-39) 400 Meter Hurdles-36"

53.6 R. Whitney(35)SCS 6/25
 58.3 H. Adams(38) CDM 6/18

(40-49) 400 Meter Hurdles-36"

56.1 G. Miller(40)CDM 6/18
 58.9 D. Hickman 6/18
 63.0 T. Nasaralla (45) STC 6/25
 63.4 A. Sheenan(45)SFV 6/25

66.8 B. Hunt (58) SCS 6/18
 T. Clayton (53) CDM 6/11

(60+) 400 Meter Hurdles-30"

73.7 A. Guidet(60) CDM 6/25

(30-39) 400 Meter / 440 Yard Relay

42.4m Southern Cal Striders 6/17
 (Newton, Butler, Ferguson,
 Sumner)
 42.4m West Valley TC 6/17
 (Dungan, Harris, Marshall,
 Romain)
 44.0y Corona del Mar 5/13

(50-59) Mile Relay

3:58.9 Seniors TC 6/18
 (Dawkins, Bryant, Wagner,
 Kleinsasser)
 3:59.9 Northern Cal Srs 6/18
 (Grimes, Jackson, Wiggington,
 Jordan)

(30-39) Long Jump

22-6½ S. Johnson 6/17
 21-6½ D. Ford CDM 6/24
 20-11 M. Clark 6/24
 20-8 H. Adams (38) CDM 4/1
 20-5½ B. Gonzales (34) 6/24



BRUCE SPRINGBETT



DOUG WELLS



20-3½ L. Christensen 6/17
 20-3½ W. Meadows 6/24
 20-1 3/4 L. Sallinger(34) CDM 4/1

(40-49) Long Jump

21-9 K. Walker 6/17
 21-5½ A. Henry (40) CDM 6/17
 20-10½ S. Davission(48) CDM 6/17
 20-3 D. Jackson (46) CDM 6/11
 19-5 A. Andrews(44) CDM 5/13
 19-3 G. Miller (40) CDM 4/1
 19-3 P. Schlegel(48) CDM 6/24

(50-59) Long Jump

19-6 T. Patsalis(56) CDM 6/24
 17-7½ R. Spencer (55) 6/17
 17-6 3/4 J. Johnson(55) 6/17
 16-10 D. Brown(55) CDM 6/24
 16-1 3/4 P. Fetter(57)CDM 6/11

(60-69) Long Jump

16-5 J. Satti (64) 6/24
 15-9½ G. Farrell (60) CDM 6/17
 15-7 B. Morales (61) CDM 6/24
 15-3½ A. Guidet (60) CDM 7/8
 14-2 J. Caruso (65) STC 6/11
 13-11 A. Simmons (65) 6/24
 13-10½ E. Jordan STC 5/20
 13-0 J. Dick 6/24
 12-8 3/4 A. Vesco (66) STC 6/17

(70+) Long Jump

12-8 B. McFadden(73) SD 6/17
 12-2 H. vGelder(73) 6/24
 11-10 R. Williams 5/13
 11-7 W. Westbrook (80) 6/24
 9-3½ R. Doms(70) SCS 6/11

(30-39) Triple Jump

46-3 M. Clark 6/25
 46-2 K. Preston 6/25
 45-8 3/4 W. Meadows 6/25
 43-1 3/4 D. Ford CDM 6/11
 39-7½ L. Christensen 6/18

(40-49) Triple Jump

43-6½ D. Jackson (46) CDM 6/18
 42-9 K. Walker 6/18
 42-6½ A. Henry (40) CDM 6/18
 42-2½ B. Mason 6/18
 40-4 A. Andrews (44) CDM 5/13
 37-9½ S. Davission (48) CDM 6/18

(50-59) Triple Jump

39-4 T. Patsalis(56) CDM 6/11
 35-9 R. Spencer(55) 6/18
 35-5½ A. Brenda(50) 6/25
 35-1½ D. Brown(55) CDM 6/18

(60-69) Triple Jump

33-6 G. Farrell(60)CDM 6/25
 27-5½ J. Dick (66) 6/25
 25-2 3/4 J. Caruso (68) STC 6/11

(70+) Triple Jump

28-5½ W. McFadden(73)SD 6/18
 26-4½ H. vGelder(73) 6/25
 22-7 W. Westbrook (80) 6/25

(30-39) Pole Vault

15-0 W. Wilke 6/25
 13-0 W. Bell 6/25
 11-6 T. Endres
 11-0 D. Grimes 5/13
 11-0 J. Fielder 6/25
 11-0 J. Lewis 6/25

(40-49) Pole Vault

12-0 K. Keffer (44) CDM 3/11
 10-6 R. Fitzhugh(43)CDM 3/11
 10-6 H. Smith (42)SCS 3/11
 10-6 D. Dittmar 5/13
 10-6 M. Bodley (43) 6/17
 10-6 J. Regan (45) 6/17
 10-6 A. Brenda (49)

(50-59) Pole Vault

10-6 D. Brown(55) CDM 3/11
 10-6 V. Wolfe (54) 3/11
 10-6 D. Grosh(52) CDM 4/1
 10-6 H. Wallace(50)STC 6/25
 9-6 O. Gillett(58) CDM 6/25

(60+) Pole Vault

11-6 J. Vernon(62)STC 4/1
 9-1 B. MacConaghy(70)CDM 6/11
 9-0 S. Thompson(67) 6/25

(30-39) Shot Put - 16 pound

53-2 D. Wells(34)CDM 6/17
 44-8 L. Higgins 6/11
 43-0 C. Russell CDM 6/24
 41-4½ R. Sousa 6/17
 41-1¼ L. Cerda 6/24
 40-4 N. Mark 2/18
 39-6 M. Smith 2/18

(40-49) Shot Put - 16 pound

46-7 3/4 H. Smith (42) SCS 4/22
 45-½ J. Harte 6/24
 44-3½ S. Thomson 5/13
 43-9 D. Jeisy 6/24
 43-2 3/4 A. Halle (44) 6/24
 42-6 J. Hanley (43) 6/11
 41-7½ G. Waterman(43) CDM 5/13
 41-2 T. Wassam (45) 6/17

(50-59) Shot Put - 12 pound

51-8 G. Ker (56) CDM 5/13
 43-7 B. Burke (59) CDM 6/11
 40-2½ P. Evans (52) 6/24
 39-2 H. Habegger 2/18
 38-9 H. Wallace (50)STC 6/24
 38-2½ D. Aldrich(59)CDM 1/8
 37-4½ R. Wiggington(52) 6/17

(60-69) Shot Put - 8 pound

49-1 J. Thatcher(62)CDM 6/24
 48-1¼ D. Aldrich(60)CDM 6/24
 47-2 C. Scagle 6/17
 44-3½ H. DeGroot (62) 1/8
 43-10 3/4 E. Jordan(STC 5/20
 43-10 J. York (64) 6/24
 40-11 J. Siefert 5/13
 38-5 A. Guidet (60) CDM 7/8

(70+) Shot Put - 8 pound

38-11 R. Doms (70) SCS 6/24
 38-9 B. MacConaghy(70) 6/17
 38-4½ A. Puglezevich(70)6/24
 37-5½ L. Peresenyi (70) 6/17

(30-39) Javelin - 800 gram

194-3½ D. Shelby 5/13
 190-7 L. Christensen 6/17
 190-6 D. Wells (34) CDM 6/24
 161-7 L. Higgins
 159-1½ D. Kuhn (35) 6/24
 134-9 H. Adams (38) CDM

(40-49) Javelin - 800 gram

196-5 P. Conley(43)WV 6/17
 175-0 R. Sutton 6/17
 123-2 S. Litcher(46) 6/24

by AL SHEAHEN

A.A.U.

Masters

Atlanta, Georgia, July 7-9: Four-time Olympic gold medalist Al Oerter, tuning up for a shot at a 5th gold medal at Moscow in 1980, won the Discus at 194-3 to highlight the 11th annual National AAU Masters Track and Field Championships.

Over 450 men and women veteran athletes over age 30 competed in 5-year age divisions. Oerter's toss, which easily won the 40-44 competition, topped his winning Olympic marks in 1956 (184-11) and 1960 (194-2).

Two-time Olympic silver-medalist Thane Baker of Dallas, Texas won the 100 in 11.3 and 200 in 23.4 in the 45-49 category.

Chicago's Ernie Billups set a new American over 40 mark of 1:57.5 in the 800. Washington's Ray Gordon established a new American over 60 standard of 2:21.6 in the 800. Nat Heard of Marion, Massachusetts, shot-putted 53-9¼ to break the world over 60 record. Mary Czarapata of New Berlin, Wisconsin broke her own women's over-40 mark with a 2:26.1 in the 800.

The 1955 California high-school 100 yard champion, Ken Dennis, now 41, ran faster than he did 23 years ago to win the 100-meters in 10.9 and the 200 in 22.5.

Johann Metsing, reportedly the only black South African ever to compete outside that continent, impressively won the 40-44 5000 in 15:58 and 10,000 in 32:28.

Track & Field News

Good things come from Track & Field News, serving the track community for almost thirty years.

3 New. 1976 Olympic Super-Films: men's and women's... show virtually all field event medalists from Montreal and other top stars. Excellent instructional

45-8 3/4 W. Meadows 6/25
 43-1 3/4 D. Ford CDM 6/11
 39-7 1/2 L. Christensen 6/18

10-6 V. Wolfe (54) 3/11
 10-6 D. Grosh (52) CDM 4/1
 10-6 H. Wallace (50) STC 6/25
 9-6 O. Gillett (58) CDM 6/25

38-11 R. Doms (70) SCS 6/24
 38-9 B. MacConaghy (70) 6/17
 38-4 1/2 A. Puglezevich (70) 6/24
 37-5 1/2 L. Peresenyi (70) 6/17

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4 T&FN is still the foremost publisher of books on track and field. Recent titles are *Olympic Images* (our beautiful photobook of the track action at Montreal) \$15.00; *Masters Age Records 1978*; and *Pre!*, the story of his career, \$4.50, plus 50¢ for postage.



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(30-39) Javelin - 800 gram

194-3 1/2 D. Shelby 5/13
 190-7 L. Christensen 6/17
 190-6 D. Wells (34) CDM 6/24
 161-7 L. Higgins
 159-1 1/2 D. Kuhn (35) 6/24
 134-9 H. Adams (38) CDM

(40-49) Javelin - 800 gram

196-5 P. Conley (43) WV 6/17
 175-0 R. Sutton 6/17
 173-7 S. Litcher (46) 6/17
 156-6 1/2 D. Rose (45) 6/24
 150-7 Millis STC 4/1
 143-10 H. Smith (42) SCS 6/24
 141-3 3/4 R. Smith (45) 6/24
 140-11 D. Smith 4/1
 140-3 E. Phillips NCS 6/17
 140-2 R. Marinin (40)
 138-9 G. Miller (40) CDM 4/1
 138-5 J. Harte (41) 6/24

(50-59) Javelin - 800 gram

152-6 P. Fetter (56) CDM 5/13
 137-9 H. Hunter (55) 6/24
 134-3 D. Aldrich (59) CDM 5/13
 134-0 L. Silver 2/18
 123-7 B. Roemer (53) NCS 6/17
 120-4 1/2 R. Stone (58) 6/24

(60+) Javelin - 600 gram

173-0 B. Morales (61) CDM 6/24
 155-4 D. Aldrich (60) CDM 6/24
 140-3 J. Siefert (60) 6/24
 132-0 B. MacConaghy (70)
 130-4 H. DeGroot (62) 2/18
 127-1 C. McMahon 5/13
 113-6 K. Carnine (70)

(30-39) Discus - 2 kilo

171-4 D. Webber 6/25
 168-8 M. Lister 6/25
 163-2 L. Higgins 5/13
 159-7 1/2 D. Wells (34) CDM 6/11
 157-8 E. Kohler 6/25

(40-49) Discus - 2 kilo

159-6 1/2 B. Humphrey (41) CDM 6/11
 146-11 S. Thomson 5/13
 139-6 J. Harte 6/25
 137-11 E. van Pelt (45) CDM 6/25
 117-3 G. Waterman (43) CDM 5/13
 116-8 1/2 H. Smith (42) SCS 6/11

(50-59) Discus - 1.6 kilo

151-6 G. Ker (56) CDM 6/25
 131-0 D. Aldrich (59) CDM
 123-8 J. Marrell 6/25
 120-5 H. Wallace (50) STC 6/11
 117-5 B. Stone 6/25
 113-2 H. Habber 2/18

to break the world over 60 record. Mary Czarapata of New Berlin, Wisconsin broke her own women's over-40 mark with a 2:26.1 in the 800.

The 1955 California high-school 100 yard champion, Ken Dennis, now 41, ran faster than he did 23 years ago to win the 100-meters in 10.9 and the 200 in 22.5.

Johann Metsing, reportedly the only black South African ever to compete outside that continent, impressively won the 40-44 5000 in 15:58 and 10,000 in 32:28.

Top performances included a 2:04.0 in the 50-54 800 by Dean Smith of Lombard, Illinois; a 4:26.7 by Kelsey Brown of Andover, New Jersey in the 50-54 1500; a 35:38.8 in the 55-59 10,000 by Jerry Morrison of Parkeville, Missouri; a 33:43 in the 45-49 10,000 by George Vernosky of Bethesda, Maryland; a 59.4 in the 60-64 400 by Gordon; and a 51.0 in the 40-44 400 by Ray Adams of Washington, D.C.

(60+) Discus - 1 kilo

166-10 D. Aldrich (60) CDM 6/25
 136-4 J. Thatcher (61) CDM 5/13
 132-0 E. Jordan STC 6/25
 126-4 K. Carnine (70) NCS 6/18
 122-2 B. Morales (62) CDM 2/18
 122-1 C. McMahon 5/13
 121-1 E. Archer (65) 6/25
 120-6 B. DeGroot (71) 2/18
 119-1 H. DeGroot (62) 1/8
 118-10 R. Doms (71) SCS 6/11
 118-8 J. York (64) 6/18

(30-39) Hammer - 16 pound

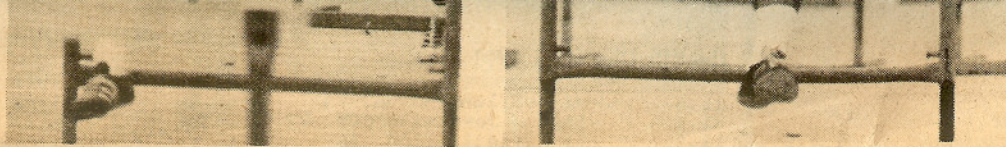
168-0 D. Shelton (30) 6/17

(40-49) Hammer - 12 pound

167-11 S. Thomson 5/13
 159-10 G. Bobell 5/13
 144-0 J. Hanley (43) 6/11
 112-10 D. Douglas SCS 5/13
 109-1 H. Smith (42) SCS 1/8

(50-59) Hammer - 12 pound

120-7 P. Evans (52) 6/17
 120-0 D. Aldrich (59) CDM 1/8
 115-1 T. DeVaughn (55) 6/25
 109-9 R. Stone (58) 6/25



TOM PATSALIS

In the spring of 1968, Ross Winton, who had been doing some jogging to keep flexible, heard about a Masters Meet for men over 40 in San Diego, California. Ross, in his late 40's and still very competitive, recruited his twin brother, Don, who had started the Southern California Striders some 20 years earlier and was

club oriented. Ross and Don had been jogging in blue warm-up suits. Both lived in Corona del Mar, and Ross felt they should get some lettering and sew on their blue suits, "CDMTC."

They showed up in style at the San Diego meet, as most of the gentlemen were wearing tennis shoes and seim suits. They had a lot of inquiries, such

DAVE JACKSON

as, "What club is that?" and "What does the CDMTC stand for?" Ross and Don (who had been experimenting with the 2-turn discus in the early 50's) felt they should recruit a few people and go back to San Diego in 1969. Ross Recruited Dan Aldrich, the Chancellor of the University of California-Irvine. By the time the 2nd Masters Meet rolled around in 1969, CDMTC had grown to nine. This small team finished third behind the huge San Diego and Senior track clubs with 138 points, all in the field events.

Since this humble beginning, under Ross Winton's excellent leadership this small group of athletes has grown to a strong 150 (very active) great athletes with numerous world record holders, the winners of many AAU championships, and "World Games" winners. Corona del Mar is indeed proud of their athletes which make up the club.

One of the most popular events is the annual club "pot-luck" held in August for the purpose of socializing and awarding the numerous awards to members for service rendered.

The club uniform is a white jersey with blue trim and blue trunks. Sweats are blue with the CDMTC emblem on the left side. There is a board of directors who handle policy and decision making. Club monies are generated primarily with membership dues (\$20 per year or \$100 lifetime). Newsletters come out approximately weekly.

The club likes to think that all the members are outstanding both as individuals and competitors; however some of the exceptional individuals are: Payton Jordan(sprints), Shirley Davisson(jumps), Dave Jackson(hurdler, jumper), Ken Dennis(sprints), George Ker(weights), Bill Morales(sprints, weights), Al Guidet(sprints), Orv Gillette(jumps) to name only a very few. There are also four female members, one of which is outstanding sprinter Christal Miller.

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at University of California at Davis, served notice with his performance that he is a marathoner to be watched. He ran a solid race, shaking off his last competitor during the 18th mile to finish a comfortable 62 seconds ahead of Mark Sissen. Third place went to Victor Cary in 2:22:44.

Petersen's time represents a better than three minute improvement over her 1977 best, and a five minute bettering of her 14th place (among women) performance at this year's Boston Marathon. California now claims some of the strongest women marathoners in the entire country, with the likes of Petersen, Penny DeMoss, Martha Cooksey, Jacki Hansen, Judy Leydig, and Candy Hearn all running for the Golden State.

San Francisco organizers hope that their marathon will become a recognized "big name" in marathoning circles. If that happens, one would hope that certain logistic problems would be ironed out in years to come. An astonishingly small number of bathrooms were in evidence near the starting line. The more impatient, benefiting from the fact that the marathon began in a park profuse with shrubbery so they were able to fertilize the already green trees and bushes. Meanwhile the more patient stood in long lines, stretching their muscles and exchanging pre-race pleasantries. The justly-spaced aid stations served well the quicker runners, but later runners found some stations clogged and out of water. Another problem came in the finish chute where runners were required to wait long minutes to turn in place tags.

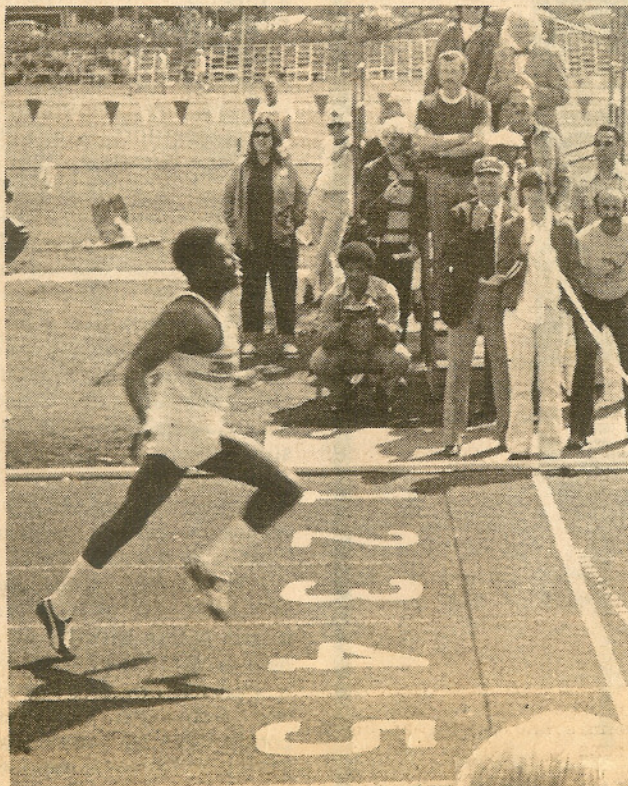
Nevertheless, one must term this year's San Francisco Marathon a success. As it matures, it has a chance to become one of the major marathons in the West.

Complete results of the marathon will hopefully be available for publication in the next issue of California Track News

Steve Penner is a student at Fresno's Mennonite Bretheran Biblical Seminary and is a competing member of the Fresno Pacific Track Club. He ran 2:50 in this San Francisco Marathon.

ALL-TIME CALIFORNIA MASTERS

compiled by PERCY KNOX



PERCY KNOX

The two masters rankings in this issue are primarily the work of Percy Knox with the aid of Peter Mundle.

(40-49) 100 Meter Dash

- 10.8 Ken Dennis(41)CDM 78
- 11.0 Dean Smith(41)SCS 73
- 11.0 Percy Knox(43)CDM 77
- 11.1 George Rhoden(45)SD 72
- 11.1 Van Parish(42)NCS 76
- 11.1 Dave Segal(40)CDM 77
- 11.2 Phil Presber(41)NCS 74
- 11.2 Nick Newton(42)SCS 76
- 11.3 Jim Lingel(41)BAS 73
- 11.3 B. Anixter(40)NCS 78
- 11.3 Jake Coss(40)un 74
- 11.4 Dick Marlin(45) 75
- 11.4 B. Messersmith(45)CDM 78
- (wind aided)
- 10.8 Dean Smith(40)SCS 72
- 11.0 Percy Knox(41)CDM 75
- 11.0 Van Parish(41)NCS 75
- 11.1 Dave Jackson(40)CDM 72

(50-59) 100 Yard Dash

- 10.5 Al Juilland(50)un 73
- 10.7 Payton Jordan(55)un 72
- 10.7 Al Guidet(55)NCS 73
- 10.8 Bob McDonald(51)SD 71
- 10.8 Bob Watanabe(50)STC 76
- 11.0 Pete Fetter(51)STC 72
- 11.0 Bob Cooper(53)NCS 77
- 11.0 Bob Foutz(50)CDM 71
- 11.1 Tom Patsalis(53)SM 73
- (wind aided)
- 10.5 Al Guidet(56)CDM 74

(50-59) 100 Meter Dash

- 11.4 Al Juilland(50)un 73
- 11.6 Payton Jordan(56)CDM 73
- 11.6 Al Guidet(56)CDM 74
- 11.7 Bob Watanabe(51)STC 76

(60-69) 100 Yard Dash

- 10.9 Payton Jordan(60)CDM 77
- 11.5 Al Guidet(60)CDM 78
- 11.6 Virgil McIntyre(60)STC 71
- 12.2 Ken Carnien(64)NCS 72
- 12.4 Bill Morales(62)CDM 78

(70+) 100 Yard / 100 Meter Dash

- 22.6y Jim Lingle(43)BAS 75
- 22.8y Han Bruhner(44)NCS 77

(50-59) 200 Meter / 220 Yard Dash

- 23.6m Payton Jordan(54)un 72
- 23.7y Al Juilland(50)un 73
- 23.6m Al Guidet(55)NCS 73
- 24.4m Bob Watanabe(50)STC 77
- 24.7m O. Dawkins(50)STC 78
- 24.8m Wayne Ambrose(50)CDM 75
- 24.8m Bob Roemer NCS 75
- 24.9m Bob Foutz(50)CDM 71
- 24.9m Pete Fetter(51)STC 72
- 24.9m Bob Sieben(50)SD 77

(60-69) 200 Meter / 220 Yard Dash

- 24.9m Payton Jordan(60)CDM 77
- 26.6m F. Sjostrand(61)STC 74
- 26.6y Virgil McIntyre(60)STC 70
- 26.8y Al Guidet(60)CDM 78

(70+) 200 Meter / 220 Yard Dash

- 29.0y John Pachard(73) 77
- 30.2m Bill McFadden(70)SD 75
- 30.8m Sing Lum(70)CDM 77
- 32.0y Monty Montgomery(71) 77
- (wind aided)
- 25.9m F. Sjostrand(61)STC 75

(30-34) 400 Meter / 440 Yard Dash

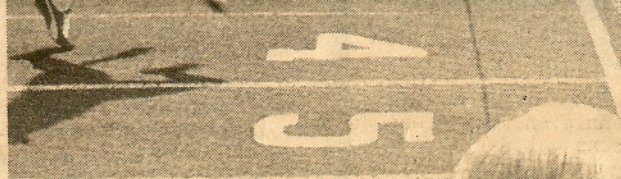
- 47.5m Elliott Mason(30) 76
- 48.8m Hillard Sumner(32)SCS 77
- 49.0m Richard Harris(31)WV 78
- 50.0y John Carlos(32)SCS 77
- 50.0m M. Pritt 78
- 50.4m Rex Harvey(30) 77
- 50.9m Woody Studenmund(30)CDM 76
- 51.0m Marty Growden(30) 77
- 51.5y Webster Johnson(30)SCS 78
- 51.9y Danny Howard(34) 77

(35-39) 400 Meter / 440 Yard Dash

- 48.7m Dave Romain(35)WV 77
- 48.9m R. Whitney(35)SCS 78
- 50.7m Gary Miller(38)CDM 76

10.6

Doug Wells(32)CDM 76
Greg Marshall(30)WV 78



PERCY KNOX

The two masters rankings in this issue are primarily the work of Percy Knox with the aid of Peter Mundle. Percy put in hours of work on very short notice and these ranking are much appreciated. Due to the pressures of time deadlines some marks were, no doubt, missed. In the next issue we hope to have an update of additions, especially in the distance running events. Please send additions and corrections to California Track News; we'll forward them to Percy. We're also trying to get a masters women ranking together for next issue.

(30-34) 100 Yard Dash

9.6	Hillard Sumner(32)SCS 77
10.0	John Dobroth(34)SCS 75
10.0	Willie Roberson(33)CDM 77
10.0	Doug Wells(33)CDM 77
10.0	Elliott (30) un 77
10.0	Ron Ferguson(32)SCS 78
(rolling start)	
9.8	Willie Roberson(32)CFD76

(35-39) 100 Yard Dash

9.7	Walt Butler(37)SCS 78
9.9	Percy Knox(37)CDM 71
9.9	Dean Smith(39)SCS 71
9.9	Ken Dennis(38)CDM 75
10.0	B. Simmons (36) SCS 78
10.0	Dave Segal(35)CDM 72
10.1	Ben Anixter(35)NCS 73
10.2	Hugh Adams(36)CDM 76
(rolling start)	
9.6	Walt Butler(35)SCS 76
(wind aided)	
9.8	Dave Segal(35)CDM 72
9.8	Ken Dennis(37)CDM 74
9.9	Harvey Johnson(35)CDM 77
10.0	Bob Simmons(35)SCS 77

(30-34) 100 Meter Dash

10.3	John Carlos(31)SCS 76
10.5	Hillard Sumner(32)SCS 77
10.5	Rex Harvey(31)un 77

10.6	Doug Wells(32)CDM 76
10.7	Greg Marshall(30)WV 78
10.7	H. Franklin(30) 78
10.8	Willie Roberson(34)CDM 78
10.9	P. Dungan(31)WV 78
11.0	Ron Ferguson (31) SCS 77
11.1	John Dobroth(34)SCS 75

(35-39) 100 Meter Dash

10.5	Walt Butler(37)SCS 78
10.8	Ken Dennis(38)CDM 75
10.9	Dave Segal(37)CDM 74
10.9	Dave Romain(35)WV 78
11.1	Percy Knox(39)CDM 73
11.1	Ben Anixter(35)NCS 73
11.2	Hugh Adams(36)CDM 75
(wind aided)	
10.9	Ben Anixter(37)NCS 75
11.0	Hugh Adams(36)CDM 75

(40-49) 100 Yard Dash

9.8	Percy Knox(41)CDM 75
10.0	Dean Smith(40)SCS 72
10.1	Dave Jackson(40)CDM 72
10.1	Nick Newton(42)SCS 76
10.1	Ken Dennis(41)CDM 78
10.2	Jim Lingel(41)BAS 73
10.2	Phil Presber(41)NCS 75
10.3	George Rhoden(43)SD 70
10.3	Dick Stolpe(44)CDM 70
10.3	Dick Marlin(43)NCS 74
10.3	Dave Segal(40)CDM 77
10.4	Bob Watanabe(45)STC 71
10.4	George Waterman(40)CDM 75
10.4	Van Parish(41)NCS 75
10.4	Manual Tarango(40)NCS 77
10.4	Gary Miller(40)CDM 78
10.4	Al Chavez(40)un 78
(wind aided)	
9.8	Percy Knox(40)CDM 74
9.9	Dean Smith(40)SCS 72
10.0	Phil Presber(41)NCS 75
10.3	George Waterman(40)CDM 75
10.3	Tony Nasaralla(43)STC 75
(rolling start)	
10.2	George Waterman(41)CDM 76
10.5	Ted Vick(46)CDM 76
10.5	Bob Radford(44)CDM 76

(50-59) 100 Meter Dash

11.4	Al Juilland(50)un 73
11.6	Payton Jordan(56)CDM 73
11.6	Al Guidet(56)CDM 74
11.7	Bob Watanabe(51)STC 76

(60-69) 100 Yard Dash

10.9	Payton Jordan(60)CDM 77
11.5	Al Guidet(60)CDM 78
11.6	Virgil McIntyre(60)STC 71
12.2	Ken Carnien(64)NCS 72
12.4	Bill Morales(62)CDM 78

(70+) 100 Yard / 100 Meter Dash

14.5m	Sing Lum(70) 76
14.5m	Bill McFadden(70)SD 76
13.9y	Ralph Higgins(73)CDM 75
14.8m	K. Carnine(70)NCS 78
15.1m	A. J. Puglezevich(70) 78
15.5m	J. Mathews (72) 78

(30-34) 200 Meter / 220 Yard Dash

21.4m	Hillard Sumner(32)SCS 77
21.5m	John Carlos(32)SCS 77
22.1m	Greg Marshall(30)WV 78
22.2m	Paul Dungan(31)WV 78
22.4m	Doug Wells(32)un 76
22.4m	Willie Roberson(33)CDM 77
22.5m	Richard Harris(31)WV 78

(35-39) 200 Meter / 220 Yard Dash

21.8m	Dave Segal(37)CDM 74
21.9m	Ken Dennis(37)CDM 74
21.9m	Walt Butler(36)SCS 77
22.3y	Dean Smith(39)SCS 71
22.4m	Dave Romain(35)WV 77
22.4m	R. Whitney(35)SCS 78
22.7m	Hugh Adams(35)CDM 75
22.8y	Percy Knox(38)CDM 72
23.2m	Walt Palmer(35) 70
23.2m	Terry Cannon(38)CDM 76

(40-49) 200 Meter / 220 Yard Dash

22.1m	Ken Dennis(40)CDM 78
22.3m	Dean Smith(40)SCS 72
22.3m	George Rhoden(45)SD 72
22.6m	Phil Presber(41)NCS 75
22.7y	Nick Newton(42)SCS 76
22.8y	Jim Lingle(40)BAS 72
22.8y	Percy Knox(43)CDM 77
22.9m	Dick Stolpe(45)CDM 70
22.9m	Gary Miller(40)CDM 78
23.0m	Dave Jackson(40)CDM 72
23.0y	Dave Segal(40)CDM 77
23.2y	Dick Marlin(43)NCS 74
23.2y	Ozzie Dawkins(44)STC 72
23.2m	Han Bruhner(44)NCS 77
(wind aided)	
22.5y	Dave Segal(40)CDM 77

(30-34) 400 Meter / 440 Yard Dash

47.5m	Elliott Mason(30) 76
48.8m	Hillard Sumner(32)SCS 77
49.0m	Richard Harris(31)WV 78
50.0y	John Carlos(32)SCS 77
50.0m	M. Pritt 78
50.4m	Rex Harvey(30) 77
50.9m	Woody Studenmund(30)CDM 76
51.0m	Marty Growden(30) 77
51.5y	Webster Johnson(30)SCS 78
51.9y	Danny Howard(34) 77

(35-39) 400 Meter / 440 Yard Dash

48.7m	Dave Romain(35)WV 77
48.9m	R. Whitney(35)SCS 78
50.7m	Gary Miller(38)CDM 76
51.1y	Hugh Adams(35)CDM 75
51.4m	William Green(35)un 72
51.6m	John Tansley(36) 72
51.8m	Charles McKenney(37)SCS 75
52.2m	Tom Anderson(35) 75
53.0y	Ken Dennis(38)CDM 75
53.4y	C. Cordy(35) 77

(40-49) 400 Meter / 440 Yard Dash

50.8m	Gary Miller(40)CDM 78
51.4y	Jim Lingle(40)BAS 72
51.4m	Nick Newton(44)SCS 78
52.2y	Willis Kleinsasser(42) 70
52.3m	Bill Fitzgerald(46)STC 71
52.3m	Don Cheek(41)CDM 72
52.4m	Ed Dowell(42)NCS 70
52.4m	Ozzie Dawkins(43)STC 72
52.4m	Han Bruhner(44)NCS 77
52.5m	Ed Olecta(40)SD 77
52.6m	Marshall Clark(40)NCS 73
52.7m	Jake Coss(40) 74
52.7y	Ken Dennis(40)CDM 77
53.1m	Manual Tarango(40)NCS 77

(50-59) 400 Meter / 440 Yard Dash

55.3m	Bob Sieben(51)SD 77
56.2m	O. Dawkins(50)STC 78
56.3m	D. Jackson 78
56.4y	Al Guidet(57)CDM 75
56.5y	Bill Knuppel(51) 70
56.5m	Bob Roemer(50)NCS 76
56.6m	B. Jordan(50)NCS 78
56.8m	Bob McDonald(55)SD 74
56.8m	Gene Harte(51)CDM 77
57.0y	Bill Fitzgerald(51)STC 76
57.0m	E. Dowell(50)NCS 78
57.1m	D. Carrice(50)CDM 78
57.6m	Bill Bowers(50)SD
57.7m	Bob Hunt(56)SCS 77
57.9y	D. Carrico 78
57.9m	Ed Halpin(56)STC 74
57.9m	Tom Clayton(50)CDM 75
58.3m	Wilbur Buchanan(53)SF 77
58.6y	Cecil Smith(50)SD 75
58.8m	Fritiof Sjostrand(59) 72

(60-69) 400 Meter / 440 Yard Dash

59.7m	Fritiof Sjostrand(62) 75
61.9y	Virgil McIntyre(60) 71

62.4m Al Guidet(60)CDM 78
 63.8m John Satti(62) 76
 63.9m W. Fairbank(60) 77
 64.0m H. Keppel(65) 78
 65.5m Ken Carnine(65) NCS 76
 66.1m C. Killion(60)CDM 78

(70+) 400 Meter / 440 Yard Dash

64.6m John Packard(73) 77

(30-39) 800 Meter / 880 Yard Run

1:54.6 Don Chapin(30)HSTC 77
 1:55.0m R. Whitney(35)SCS 78
 1:55.5m R. Thomas 78
 1:55.8m D. Romain(36)WV 78
 1:56.0m S. Wraggener(33)CDM 78
 1:56.8m Mike Eck(35) 77
 1:56.9y R. Lee (35) 78
 1:58.0m Cliff Cordy(35)NCS 75
 1:58.1m Gary Miller(39)CDM 77
 1:58.6m Norm Rustad(35) 75
 1:58.8m Larry Wray(36) 72
 1:59.2m Tom Richards(35)CDM 76
 1:59.5y Jerry Hackett(30) 77
 1:59.7y T. Nelson(30) 78
 2:01.0y Steve Waggener(33) 78
 2:01.0m Tom Smith(35) 75
 2:01.2m Hillard Sumner(32)SCS 76
 2:01.3m Richard Harris(30)WV 77
 2:02.0m Sam Baldwin(30) 77
 2:02.4m Paul Richardson(39) 75
 2:02.6m Bill Meyers(30) 77
 2:02.8m Woody Studenmund(31) 77
 2:03.3m Charles McKenney(39) 77

(40-49) 800 Meter / 880 Yard Run

1:57.6m Dave Pratt(41)NCS 73
 1:58.1m Bill Fitzgerald(47)STC 73
 1:58.7m Jim Vantatenhon(43)STC 72
 1:59.1m Norm Lloyd(40) 73
 1:59.1m Paul Richardson(41) 77
 2:01.0m Willis Kleinsasser(42) 70
 2:01.9m Ed Gookin (40)SD 76
 2:02.0m Wilbur Williams(41)STC 73
 2:04.1m Ed Oleata (40)SD 77
 2:04.1m Jim Parks(43)STC 77
 2:04.0m B. Mayer (40) 78
 2:04.6m Peter Wood 72
 2:04.7m Bob Emmerling(40)SCS 76
 2:05.2y Gay Kalchschmid(42) 76
 2:06.1y Gary Miller(40) CDM 78
 2:07.1y L. Ray 78
 2:07.8m James Lewis(40)NCS 75
 2:06.1y G. Miller(40)CDM 78

(50-59) 800 Meter / 880 Yard Run

2:01.1m Bill Fitzgerald(50)STC 75
 2:09.0m Bob Sieben(51)SD 77
 2:10.5m V. Keorner 77
 2:11.5y Avery Bryant(51)STC 75
 2:14.5m Allan Waterman(52)NCS 71
 2:14.5m W. Kleinsasser(50) 78
 2:14.8m

4:15.8m Bob Emmerling(42)SCS 78
 4:15.9m John Brennand 78
 4:17.5m Dennis Teegarden(40) 72
 4:18.3m Tom Sturak(41)SCS 73
 4:19.2m B. Wellck(40) 78
 4:19.5m Bill Gookin(42)SD 75

(40-49) Mile Run

4:24.3 Wilbur Williams(40)STC 73
 4:26.3 Pete Mundle(40) 68
 4:27.5 Bill Fitzgerald(47)STC 72
 4:27.9 Jim Vantatenhorn(42)STC
 4:32.0 Jerry Smartt(41) SCS 72
 4:34.8 B. Packard 78
 4:39.0 Gibson (40) STC 72
 4:39.0 Dennis Teegarden 75

(50-59) 1500 Meter Run

4:18.5 Bill Fitzgerald(50)STC 75
 4:27.9 Avery Bryant(50)STC 75
 4:29.7 Mauro Hernandez(55)SM 77
 4:33.8 B. Malain(50) 77
 4:36.5 Gorrell(50)STC 72
 4:38.4 Augie Escamilla(50) 73
 4:40.2 V. Koerner (50) 77
 4:41.0 Allan Dale(50)NCS 75
 4:41.5 G. Grimes(54) 78
 4:43.2 Bob Sieben(51)SD 77
 4:47.0 R. Gil (53) 77
 4:47.2 W. Kleinsasser(50) 78
 4:48.3 Allan Waterman(55) 74

(50-59) Mile Run

4:32.2 Bill Fitzgerald(50)STC 75

(60-69) 1500 Meter Run

4:49.8m D. Longenecker(62) 78
 4:55.4 Ray Mahanahan(61) 77
 5:03.6 Ed Preston(60) 77
 5:11.8 L. Reese (60) 77
 5:12.6 E. Stotenberg(63) 77
 5:16.6 C. Dohsten (66) 77
 5:19.3 W. Zook(60) 77
 5:24.0 Sid Madden(68) 76
 5:31.6 Ed Lowell(60)STC 76

(60-69) Mile Run

5:17.3 Ray Mahanahan(61) 77
 5:22.0 Monty Montgomery(65) 72

(70+) Mile Run

5:22.2 Monty Montgomery(70) 77
 6:37.2 Paul Spangler(77) 77

(30-39) 400 Meter / 440 Yard Relay

42.2m Southern Cal Striders 77
 (Kurrle, Butler, Ferguson, Sumner)

42.4m Southern Cal Striders 78
 (Newton, Butler, Ferguson, Sumner)
 West Valley TC 78
 (Dungan, Harris, Marshall, Romain)
 42.7y Southern Cal Striders 77
 (Butler, Dobroth, Carlos, Sumner)
 42.8m Southern Cal Striders 77
 (Cain, Butler, Ferguson, Sumner)
 Corona del Mar 77
 (Dennis, Wells, Miller, Segal)

(40-49) 400 Meter / 440 Yard Relay

43.5y Corona del Mar 78
 (Dennis, Miller, Segal, Knox)
 43.5m Corona del Mar 77
 (Dennis, Waterman, Segal, Knox)
 43.7m Corona del Mar 78
 (Dennis, Miller, Henry, Knox)
 44.2m Corona del Mar 72
 (Davisson, Jackson, Schlegel, Stolpe)
 44.4m Corona del Mar 77
 (Dennis, Jackson, Segal, Knox)
 44.5m Corona del Mar 73
 (Davisson, Jackson, Cheek, Stolpe)
 44.6y Corona del Mar 77
 (Dennis, Jackson, Waterman, Knox)

(30-39) 800 Meter / 880 Yard Relay

1:30.5y Southern Cal Striders 78
 (Butler, Ferguson, Simmons, Sumner)
 1:31.0y Southern Cal Striders 76
 (Butler, Simmons, Sumner)
 1:31.1y Corona del Mar 76
 (Adams, Studenmund, Miller, Dennis)
 1:31.8y Corona del Mar 75
 (Dennis, Henry, Adams, Segal)
 1:33.5y Compton Fire Dept. 75
 (Loughridge, Smith, Eldridge, Roberson)
 1:33.6y Corona del Mar 73
 (Dennis, Knox, Henry, Segal)

(40-49) 800 Meter / 880 Yard Relay

1:32.3m Corona del Mar 77
 (Dennis, Knox, Waterman, Segal)
 1:32.9y Corona del Mar 77
 (Dennis, Knox, Waterman, Segal)
 1:32.9y Corona del Mar 78
 (Dennis, Knox, Miller, Segal)
 1:34.9y Corona del Mar 74
 (Webb, Cheek, Jackson, Knox)
 1:35.3y Corona del Mar 71
 (Cheek, Norton, Palmer, Stolpe)
 1:35.5m Corona del Mar 77
 (Vick, Radford, Dennis, Segal)

(40-49) 120 Yard / 110 Meter Hurdles—39"

15.0m Dave Jackson(40) CDM 72
 15.4m Al Feola(41)SCS 74
 15.9m Ted Radamaker(47)NCS 72
 16.2m Jake Coss (40) 74
 16.4m Mal Andrews (40) BAS 74
 17.1m Bill Adler (42) SCS 74

(40-49) 120 Yard / 110 Meter Hurdles—36"

14.7 A. Henry (40) CDM 78
 14.9m Al Feola(43)SCS 75
 15.0 D. Hickman 78
 15.4y Dave Jackson(43)CDM 75
 15.4y Mal Andrews(41)BAS 75
 15.4y Hal Smith(41)SCS 77
 16.1m Bob Billings(42)SCS 75
 16.2m Van Parish(42)NCS 76
 16.6m Bill Adler(43)SCS 76
 17.2y Ray Neal(41)SCS 75
 17.3m Ray Fitzhugh(42)CDM 77

(40-49) 120 Yard / 110 Meter Hurdles

15.8 Al Feola(43)SCS 75

(50-59) 120 Yard / 110 Meter Hurdles

18.0m Tom Patsalis(53)STC 75
 18.0m Bob Roemer(50)NCS 75
 18.8m Wayne Ambrose(50)CDM 75

(50-59) 120 Yard / 110 Meter Hurdles

16.7m Tom Patsalis(54)CDM 77
 16.7m Bob Hunt(56)SCS 77
 17.5 S. Peck(54) 78
 17.6m Burl Gist(57)CDM 77
 18.5m Al Guidet(58) CDM 77
 18.6m Bob Roemer(50)NCS 76
 18.6m Wayne Ambrose(51)CDM 76
 18.8 Sharp (51)CDM 72
 18.9 Orval Gillett(54)CDM 73

(60+) 120 Yard / 110 Meter Hurdles—30"

17.7 Al Guidet(60)CDM 78
 18.9 Vince Godfrey(63) 76
 19.4m Bill Morales(60)CDM 77
 19.6m Dutch Warmerdam(60) 75
 19.6m Ted Hatlin(66) 76
 19.8 Orville Nichols(63)BAS

(30-39) 400 Meter Hurdles — 36"

55.9 Hugh Adams(35)CDM 75
 57.0 C. Cormick SCS 77
 58.0 L. Sallinger(34)CDM 77

(40-49) 400 Meter Hurdles — 36"

2:04.0m Ed Oleata (40)SD 77
 2:04.1m Jim Parks(43)STC 77
 2:04.0m B. Mayer (40) 78
 2:04.6m Peter Wood 72
 2:04.7m Bob Emmerling(40)SCS 76
 2:05.2y Gay Kalchschmid(42) 76
 2:06.1y Gary Miller(40) CDM 78
 2:07.1y L. Ray 78
 2:07.8m James Lewis(40)NCS 75
 2:06.1y G. Miller(40)CDM 78

(50-59) 800 Meter / 880 Yard Run

2:01.1m Bill Fitzgerald(50)STC 75
 2:09.0m Bob Sieben(51)SD 77
 2:10.5m V. Keorner 77
 2:11.5y Avery Bryant(51)STC 75
 2:14.5m Allan Waterman(52)NCS 71
 2:14.5m W. Kleinsasser(50) 78
 2:14.8m Mauro Hernandez(55)SM 77
 2:16.3m G. Grimes(56) 78
 2:16.5m Allan Dale NCS 75
 2:17.5m Bob Port STC 76
 2:18.0m Bob McDonald(55)SD 74
 2:18.8m Augie Escamilla(50)SD 73
 2:18.7m M. Shertleff(51)SD 73
 2:18.8m Holmes SD 72
 2:19.0m Dave Pain (50)SD 72
 2:19.8m Bill Knuppel(50)SD 70
 2:19.9m Ed Halpin(55)STC 73

(60+) 800 Meter / 880 Yard Run

2:24.0m Ray Mahanahan(63) 77
 2:32.3y F. Sjostrand(64)STC 77
 2:34.5m Monty Montgomery(70) 77
 2:36.0m Sid Madden(68)SD 76
 2:36.2m Ed Lowell(60)STC 76
 2:38.5m Mel Shine(67)NCS 77
 2:39.2m E. Statsenberg(63) 77
 3:17.9m Paul Spangler (78) 77

(30-39) 1500 Meter / Mile Run

4:00.2m Don Chapin(30)HSTC 77
 4:05.5m Larry Wray(36) 72
 4:06.3m Tom Richards(35)CDM 76
 4:06.8m Norm Rustad(35) 75
 4:02.4m Mike Eck (35) 77
 4:07.0m Bill Gookin(39)SD 72
 4:07.0m R. Thomas 78
 4:10.0m J. Howell 78
 4:11.4m R. Ridley 78
 4:13.0m S. Waggener CDM 78
 4:13.5m J. Murphy 77
 4:13.6m Bob Emmerling(37)SCS 73
 4:31.2y Bill Kelley 77

(40-49) 1500 Meter Run

4:05.9m Wilbur Williams(41)STC 73
 4:10.4m Pete Mundle(43)SM 72
 4:10.4m Bill Fitzgerald(47)STC 72
 4:10.5m Jim Vantatenhorn(42)STC 72
 4:10.6m Norm Lloyd (41) 73
 4:11.0m Ed Gookin(40)SD 75
 4:11.0m John Weldy 76
 4:12.7m Paul Richardson(41) 77
 4:14.1m Skip Dougherty(43)CDM 74
 4:15.4m Ken Napier(40) NCS 72

5:24.0 Sid Madden(68) 77
 5:31.6 Ed Lowell(60)STC 76
(60-69) Mile Run
 5:17.3 Ray Mahanahan(61) 77
 5:22.0 Monty Montgomery(65) 72
(70+) Mile Run
 5:22.2 Monty Montgomery(70) 77
 6:37.2 Paul Spangler(77) 77

(30-39) 400 Meter / 440 Yard Relay

42.2m Southern Cal Striders 77
 (Kurrle, Butler, Ferguson, Sumner)



NICK NEWTON

(40-49) 800 Meter / 880 Yard Run
 1:32.3m Corona del Mar 77
 (Dennis, Knox, Waterman, Segal)
 1:32.9y Corona del Mar 77
 (Dennis, Knox, Waterman, Segal)
 1:32.9y Corona del Mar 78
 (Dennis, Knox, Miller, Segal)
 1:34.9y Corona del Mar 74
 (Webb, Cheek, Jackson, Knox)
 1:35.3y Corona del Mar 71
 (Cheek, Norton, Palmer, Stolpe)
 1:35.5m Corona del Mar 77
 (Vick, Radford, Dennis, Segal)

(30-39) 1600 Meter / Mile Relay

3:24.3m Southern Cal Striders 78
 (Newton, Ferguson, Whitney, Sumner)
 3:25.8y Southern Cal Striders 77
 3:26.4m Southern Cal Striders 77
 (Butler, McKenney, Cain, Sumner)
 3:26.8y Corona del Mar 76
 (Adams, Taylor, Miller, Studenmund)
 3:32.9y Southern Cal Striders 72
 (McKenney, Simmons, Butler, Sumner)
 3:33.2m Corona del Mar 77
 (Johnson, Richards, Smith, Miller)

(40-49) 1600 Meter / Mile Relay

3:30.6m Corona del Mar 72
 (Jackson, Tatrault, Palmer, Stolpe)
 3:30.8m Corona del Mar 78
 (Dennis, Knox, Henry, Miller)
 3:31.9m Seniors Track Club 72
 (Dawkins, Kamrass, VonTatehorn, Fitzgerald)
 3:33.7y Seniors Track Club 71
 (Dawkins, Kleinsasser, Kamrass, Fitzgerald)

(40-49) Sprint Medley Relay

3:42.0 Corona del Mar 78
 (Segal, Dennis, Knox, Miller)
 3:46.6 Corona del Mar 73
 (Webb, Stolpe, Jackson, Cheek)

(30-39) 120 Yard / 110 Meter Hurdles-39"

13.8y Walt Butler(37)SCS 78
 14.1m Larry Sallinger(33)CDM
 14.6m Al Henry (39) CDM 77
 14.6m C. McCormick SCS 77
 14.6m D. Kurrle (31) SCS 78
 14.8m Hugh Adams (35) CDM 75
 14.9m John Dobroth(34)SCS 77
 15.0m Gustafson 76
 15.3y Al Peola(39)SCS 72
 15.3y Mal Andrews (39) BAS

(40-49) 800 Meter / 880 Yard Run
 17.7 Al Guidet(60)CDM 78
 18.9 Vince Godfrey(63) 76
 19.4m Bill Morales(60)CDM 77
 19.6m Dutch Warmerdam(60) 75
 19.6m Ted Hatlin(66) 76
 19.8 Orville Nichols(63)BAS

(30-39) 400 Meter Hurdles - 36"

55.9 Hugh Adams(35)CDM 75
 57.0 C. Cormick SCS 77
 58.0 L. Sallinger(34)CDM 77

(40-49) 400 Meter Hurdles - 36"

56.1 G. Miller(40)CDM 78
 58.9 D. Hickman 78
 60.5 Ted Rademaker(48)NCS
 60.6 Ed Dowell(44)NCS 72
 60.7 Van Parish(41)NCS 75
 61.6 Tony Nasaralla(44)STC
 61.7 Allan Sheehan(42)SF 75
 61.8 Mal Andrews(43)BAS 77
 62.0 Ed Oleata(40)SD 77

(50-59) 400 Meter Hurdles - 33"

63.6 Al Guidet(55)NCS 73
 65.2 Bob Roemer(51)NCS 76
 65.5 Tom Clayton(50)CDM 75
 65.8 E. Dowell(50) 78
 65.8 B. Sieben(51)SD 78
 66.0 Bob Hunt(57)SCS 77
 66.2 Wayne Ambrose(50)CDM

(30-39) Long Jump

23-4 Dave Jackson (36)SCS 66
 22-11 Craig Vaughn 77
 22-6 1/2 S. Johnson 78
 22-3 Mike Herman 73
 21-10 1/2 Othello Carr 74
 21-10 Hugh Adams(35)CDM 75
 21-10 Mal Andrews(39)BAS 73
 21-9 1/2 Harvey Johnson(34)CDM 76
 21-4 1/2 Larry Sallinger(32)CDM
 21-4 1/2 Al Henry(38)CDM 77
 21-3 1/2 Dick VanKirk(35) 72
 21-1 Alvin Andrews(38)CDM 73
 20-11 M. Clark 78
 20-9 1/2 B. Gonzales 76
 20-7 John Dobroth(34)SCS 76
 20-7 Dave Thoreson 77
 20-5 1/2 B. Gonzales 78
 20-3 1/2 L. Christensen 78
 20-3 1/2 W. Meadows 78
 20-3 Percy Knox (37) 71
 20-1 Skip Loera - CDM 77

(40-49) Long Jump

23-4 3/4 Dave Jackson(40)CDM 72
 21-11 3/4 Shirley Davissor (42) 72
 21-9 K. Walker 78
 21-5 1/2 Al Henry(40)CDM
 21-1 Mal Andrews(41)BAS 75
 20-10 Phil Schlegel(42)CDM 72

20-8 $\frac{1}{4}$ Mike Herman(40) 77
 20-7 $\frac{3}{4}$ Phil Presber(40)NCS 74
 20-7 $\frac{1}{2}$ Jake Coss (40) 74
 20-6 Hugh Cobb(42) SCS 75
 20-3 $\frac{1}{4}$ Brayton Norton(42)CDM 72
 20-1 $\frac{1}{2}$ Nick Newton(42)SCS 76
 19-11 $\frac{1}{2}$ Phil Conley(42)WV 77
 19-11 Wolf Larson 70
 19-9 $\frac{1}{2}$ Marshall Kary 77
 19-5 $\frac{3}{4}$ Tony Nasaralla(44)STC 77
 19-4 $\frac{1}{2}$ K.C. Keffer(40)CDM 74

(50-59) Long Jump

19-10 $\frac{1}{2}$ Tom Patsalis(54)CDM 76
 18-10 Gordon Farrell(54)CDM 72
 18-7 George King 75
 18-0 Sharp (51) CDM 72
 17-11 $\frac{1}{2}$ Ray Spencer(53) 77
 17-6 $\frac{3}{4}$ J. Johnson(55) 78
 17-6 $\frac{1}{2}$ Pete Fetter(51)STC 73
 17-3 $\frac{3}{4}$ Bob Richards(51) 77
 17-2 $\frac{1}{2}$ Bob Poutz (50) CDM 72
 17-2 Bill Morales(58)CDM 74
 16-10 $\frac{1}{2}$ D. Vroom(50) 77
 16-10 $\frac{1}{4}$ Dave Brown(53)CDM 76
 16-10 $\frac{1}{4}$ Burl Gist(55) 75
 16-10 Bob Roemer(50) 75
 16-10 Harry Hawke 77
 (wind aided)
 20-8 $\frac{3}{4}$ Tom Patsalis(55)CDM 77

(60+) Long Jump

16-8 $\frac{1}{4}$ Jim Vernon(60)STC 76
 16-7 $\frac{1}{2}$ Bill Morales(60)CDM 77
 16-6 $\frac{1}{2}$ Mike Andors(61) 73
 16-5 John Satti(64) 78
 15-9 $\frac{1}{2}$ G. Farrell(60)CDM 78
 15-3 $\frac{1}{2}$ Al Guidet(60)CDM 78
 15-0 Joe Carusc(66)STC 76
 13-11 A. Simmons(65) 78
 13-10 $\frac{1}{2}$ Bill McFadden(70)SD 75
 13-10 $\frac{1}{2}$ E. Jordan STC 78

(30-39) Triple Jump

49-11 $\frac{1}{2}$ Dave Jackson(36)SCS 68
 47-2 Alvin Andrews(37) 71
 46-3 M. Clark 78
 46-2 K. Preston 78
 45-8 $\frac{3}{4}$ W. Meadows 78
 45-0 Doug Ford CDM 77
 44-5 Al Henry (38) CDM 76
 43-10 Larry Loveridge 76
 43-5 Skip Loera CDM 77
 41-3 Mal Andrews(38) BAS 74
 40-6 $\frac{1}{2}$ Gary Miller (38) CDM 75

(40-49) Triple Jump

46-11 Dave Jackson(41)CDM 73
 45-1 $\frac{1}{2}$ Alvin Andrews(42)CDM 76
 42-9 K. Walker 78
 42-6 $\frac{1}{2}$ Al Henry (40) CDM 78
 42-2 $\frac{1}{2}$ E. Mason 78
 42-2 Mal Andrews (43) BAS 77
 41-0 Shirley Davisson(45)CDM 75
 40-4 Phil Conley(41)WV 75
 40-3 Phil Presber (40) NCS 74

(50-59) High Jump

5-8 Orv Gillett (52)CDM 71
 5-6 Burl Gist (55)SD 75
 5-4 Bob Ogle (55) STC 74
 5-3 Bob Richards(51) 77
 5-0 Dave Brown(50)CDM 73

(60+) High Jump

5-0 Dutch Warmerdam(60)75
 4-10 Jim Vernon(60) STC 77
 4-6 J. McCarthy (60) 78

(30-39) Pole Vault

15-0 Ron Morris(36) 71
 15-0 Charles Wiley 76
 15-0 W. Wilke 78
 14-8 Ken Hieb (37) 68
 13-0 W. Bell 78
 12-6 Don Grimes 76
 12-6 J. Fieder 77
 12-6 Tony Ender 77
 12-3 Richard Pylmale 77
 12-0 Skip Loera CDM 76
 11-6 Ron Fleming 77
 11-6 T. Endres 78

(40-49) Pole Vault

15-3/4 Ken Hieb(42) 72
 14-6 Bob Richards(40) 66
 12-6 Carlos Cota(40) 76
 12-5 $\frac{3}{4}$ K.C. Keffer(42)CDM 76
 12-0 Roger French STC 74
 12-0 Jerry Donley(46) 76
 12-0 V. Cook (45) 77
 11-8 Orv Gillett(47) 66
 11-6 Hal Wallace(45)STC 73
 11-6 Doug Ditmar(43)STC 75
 11-6 Duane Tellianno CDM 76
 11-3 Don Grosh(48)CDM 72
 11-1 John Tansley(40) 76
 11-0 David Friberg SD 72
 11-0 J. Moore 76
 11-0 Ray Fitzhugh(42)CDM 77
 11-0 A. Brenda (48) 77

(50-59) Pole Vault

11-7 Jim Vernon(58)STC 75
 11-6 Orv Gillett(52)CDM 72
 11-2 Dave Brown(51)CDM 74
 11-0 Don Grosh(50)CDM 74
 11-0 Bob Richards(51) 77
 10-6 Vern Wolfe(54) 77
 10-6 H. Wallace(50)STC 78

(60+) Pole Vault

12-0 Jim Vernon(60)STC 77
 10-6 Dutch Warmerdam(60) 75
 9-1 B. MacConaghy(70)CDM 78
 9-0 S. Thompson(67) 78

(30-39) Shot Put — 16 pound

(60+) Shot Put — 8 pound

50-0 Jack Thatcher(61)CDM 77
 48-1 $\frac{3}{4}$ Tom Montgomery(61)CDM 76
 48-1 $\frac{3}{4}$ H. DeGroot(61)STC 76
 48-1 $\frac{1}{2}$ Dan Aldrich(60)CDM 78
 47-2 C. Scagle 78
 45-3 $\frac{3}{4}$ James York(62)NCS 75
 43-9 $\frac{1}{2}$ V. Cheedle(67) 76
 43-10 $\frac{3}{4}$ E. Jordan STC 78
 43-1 Red Doms (69)SCS 76
 42-11 Gene Hanson 76
 42- $\frac{1}{4}$ R. Drummond (70) 77
 40-11 J. Siefert 78
 40-9 Stan Herrmann(71)CW 76

131-5 V. Cheedle(67) 77
 130-10 Earl Archer(63)NCS 76
 131- $\frac{1}{2}$ N. Burell(62) 77
 130-3 Chuck McEahan(60) 76

(30-39) Javelin — 800 gram

267-4 Frank Covelli(35) 71
 251-1 Steve Seymour(37) 58
 241-6 Larry Stewart(39)SCS 77
 212-0 D. Shelby (30) 76



GREG MARSHALL



JERRY SIEFERT

46-2 K. Preston 78
 45-8 3/4 W. Meadows 78
 45-0 Doug Ford CDM 77
 44-5 Al Henry (38) CDM 76
 43-10 Larry Loveridge 76
 43-5 Skip Loera CDM 77
 41-3 Mal Andrews(38) BAS 74
 40-6 1/2 Gary Miller (38) CDM 75

(40-49) Triple Jump

46-11 Dave Jackson(41)CDM 73
 45-1 1/2 Alvin Andrews(42)CDM 76
 42-9 K. Walker 78
 42-6 1/2 Al Henry (40) CDM 78
 42-2 1/2 E. Mason 78
 42-2 Mal Andrews (43) BAS 77
 41-0 Shirley Davisson(45)CDM 75
 40-4 Phil Conley(41)WV 75
 40-3 Phil Presber (40) NCS 74
 39-7 Phil Schlegel (45)CDM 75
 36-1 Don Donnelly (43) CDM 72
 38-0 Tony Kasaralla (44) 77

(50+) Triple Jump

41-5 Gordon Farrell(57)CDM 75
 40-9 Tom Fatsalis(53)SM 75
 36-11 Gordon Farrell(60)CDM 77
 36-4 3/4 Ray Spencer(54) 77
 35-7 1/2 Dave Brown(54)CDM 77
 35-5 1/2 A. Brenda (50) 78
 35-1 1/2 D. Brown(55)CDM 78
 29-5 Bill McFadden(70)SD 75

(30-39) High Jump

6-10 John Dobreth(33) 74
 6-6 3/4 Dave Thoreson 77
 6-2 Bob Gonzales 76
 6-2 J. Brown 78
 5-10 George Loughridge(39)75
 5-10 L. Higgins 78
 5-9 Jerry England 76
 5-9 Larry Sallinger(32)CDM 76
 5-8 Bob Billings(39)SCS 72
 5-8 Hugh Adams(36)CDM 76
 5-6 Gustafson 76
 5-6 Higgins 78

(40-49) High Jump

6-0 Jack Razetto(40)SD 70
 5-11 1/2 Nick Newton(43)SCS 77
 5-11 Ed Austin (40)CDM 70
 5-10 H. Wyatt(46) 78
 5-10 Joe Page(40) 70
 5-10 Don Rose(40) NCS 75
 5-9 Bob Billings(40)SCS 73
 5-8 Orv Gillett (47) 66
 5-8 Bill Evans (42)SCS 75
 5-8 K. Walker 78
 5-6 Phil Conley(40)WV 75
 5-6 Shirley Davisson(45)CDM 75
 5-6 Bill Peters(40)CDM 73
 5-6 M. Sanchez NCS 78
 5-5 1/2 Ray Fitzhugh(42)CDM 77

(50-59) Pole Vault
 11-7 Jim Vernon(58)STC 75
 11-6 Orv Gillett(52)CDM 72
 11-2 Dave Brown(51)CDM 74
 11-0 Don Grosh(50)CDM 74
 11-0 Bob Richards(51) 77
 10-6 Vern Wolfe(54) 77
 10-6 H. Wallace(50)STC 78

(60+) Pole Vault

12-0 Jim Vernon(60)STC 77
 10-6 Dutch Warmerdam(60) 75
 9-1 B. MacConaghy(70)CDM 78
 9-0 S. Thompson(67) 78

(30-39) Shot Put — 16 pound

60-2 Parry O'Brien(35) 67
 54-2 1/2 Dave Maggard(37) 77
 54-1 1/2 Doug Wells(33) CDM 77
 53-6 Dave Davis (36) 74
 51-11 1/4 E. Kohler (37) 77
 50-11 J. Roehr 77
 46-9 3/4 Stew Thomson(38) 71
 46-1 1/2 D. Rich 76
 45-1 1/2 Rex Harvey(31) 77
 44-9 1/2 George Loughridge(39) 75

(40-49) Shot Put — 16 pound

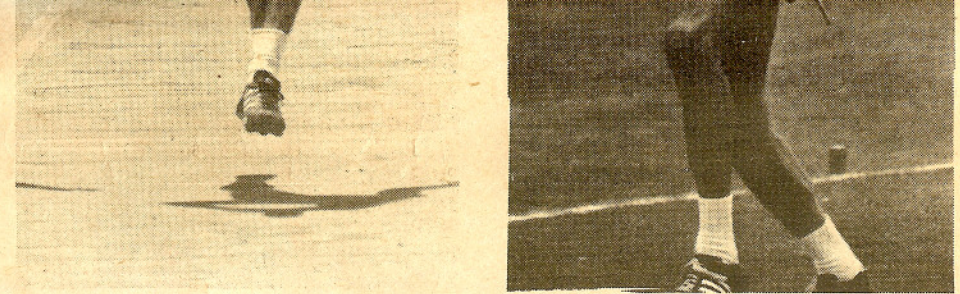
52-9 3/4 Parry O'Brien(43) 75
 49-1 1/2 George Ker(49)CDM 72
 49-1 1/2 Sam Adams(41) 72
 48-8 Hal Smith(40)SCS 75
 46-7 3/4 Otis Chandler(40)CDM 70
 46-2 1/2 Tony Conkle(40)SCS 75
 45-6 Ed Humphrey(40)CDM 76
 45-5 3/4 C. Freuendorfer(45) 77
 45-1 1/2 Stew Thomson(40)SD 73
 45-1 1/2 J. Harte 78
 44-7 Ted Wassam(44)NCS 77
 43-9 D. Jeisy 78
 43-2 3/4 A. Halle(44) 78
 42-11 George Waterman(42)CDM 77
 42-11 F. Simon CDM 77
 42-7 1/2 Erayton Norton(41)CDM 71
 42-5 Willis Kleinsasser(41) 67
 42-4 Jim Wassum(41)SD 75
 42-2 3/4 Bud Held(43) 71

(50-59) Shot Put — 16 pound

44-6 3/4 George Ker(54)CDM 77

(50-59) Shot Put — 12 pound

54-6 1/2 George Ker(51) CDM 74
 51-6 1/2 Carl Merritt(51)SD 73
 49-4 Jim Delaney(50) 71
 46-10 1/2 H. Habegger(50) 77
 45-10 1/2 Jack Thatcher(55)CDM 71
 45-3 3/4 Bob Richards(51) 77
 43-7 E. Burke(59)CDM 78
 44-7 J. Minah(56) 76
 42-1 Dan Aldrich(54)CDM 73
 41-4 1/2 Tom Montgomery(59)CDM 73
 41-2 1/2 Don Winton(51)CDM 71



GREG MARSHALL

JERRY SIEFERT

(30-39) Discus — 2 kilo

191-11 Parry O'Brien(36) 68
 189-9 Bob Humphrey (39)CDM 75
 187-10 Fortune Gordien(37) 60
 175-10 E. Kohler(37) 77
 171-4 D. Webber 78
 168-8 M. Lister 78
 167-0 Doug Wells(33) 77
 163-2 L. Higgins 78
 155-10 Dave Maggard(37) 77
 155-9 Stew Thomson(38) 71

(40-49) Discus — 2 kilo

182-8 Bob Humphrey(40)CDM 76
 167-8 Fortune Gordien(47)CDM 70
 155-2 Stew Thomson(44)SCS 77
 154-3 Harry Hawke(46)SD 75
 152-6 Sam Adams(43) 74
 146-0 George Ker (49)CDM 72
 145-4 Bob Richards(44) 70
 141-6 E. Van Pelt(43)CDM 77
 139-6 J. Harte 78
 138-4 Don Maurer 74
 137-11 Otis Chandler(45)CDM 73

(50-59) Discus — 1.6 kilo

177-9 Fortune Gordien(50)CDM 73
 154-10 George Ker(51)CDM 74
 146-7 Jack Thatcher(59)CDM 76
 145-0 Dan Aldrich(52)CDM 72
 136-2 Bob Richards(51) 77
 134-7 Carlos Fraundorfer 76

(60+) Discus — 1 kilo

166-10 Dan Aldrich(60)CDM 78
 149-4 Jack Thatcher(60)CDM 77
 141-7 Ken Carnine(68)NCS 76
 141-2 H. DeGroot(61)STC 77
 132-0 E. Jorian STC 77

206-9 S. West 77
 205-4 J. McRorie 77
 197-2 D. Wells(33)CDM 77

(40-49) Javelin — 800 gram

229-3 Bud Held(42) 70
 228-0 Phil Conley(41)WV 75
 198-8 R. Higgins 77
 184-10 S. Letcher 77
 178-3 Sam Adams (42) 73
 175-9 C. Wilkinson 77
 175-4 Robert Darling(41) 76
 175-4 Steve Seymour(48) 69
 175-0 R. Sutton 78
 172-3 Brayton Norton(43)CDM 73
 163-1 John Tansley(41)CDM 76
 162-8 Don Rose(40) 76
 160-6 Bob Richards(44) 70
 156-10 Harry Hawke(47) 76
 154-7 Hal Wallace(46)STC 74
 154-6 Dick Sturak SD 75

(50-59) Javelin — 800 gram

180-9 Bill Morales(56) CDM 73
 169-11 Steve Seymour(51) 73
 165-5 Pete Fetter(54) CDM 76
 159-4 Dan Aldrich(56)CDM 76
 146-1 Charles McMahon(56)72

(60+) Javelin — 600 gram

177-5 Bill Morales(60)CDM 77
 155-4 Dan Aldrich(60)CDM 78
 143-11 H. DeGroot(61)STC 77
 140-3 J. Siefert(60) 78
 135-0 B. MacConaghy(68)CDM 77
 132-6 Orville Nichols(63) 76
 127-1 C. McMahon 78
 123-6 Emery Curtice(70) 77

1978 California Marathon Ranking

compiled by STEVE WOLTERS

The marathons considered in the formation of these rankings include: Mission Bay, World Masters, Hidden Valley, Bakersfield, Paul Masson, Avenue of Giants, West Valley, Boston, Mt. SAC Relays, Orange County, Porterville, Las Vegas, Pacific Sun, Palos Verdes, Lake Tahoe, Los Alimitos, Los Angeles, Clear Lake, and Bidwell Classic.

Men

2:17:16 Duncan Macdonald
2:18:41 Joe Carlson
2:19:00 Mike Pinocci
2:19:14 Dave Frickle
2:19:36 Wayne Badgley
2:19:57 Wayne Bowles
2:20:06 Brian Maxwell
2:20:23 Tim Nickcevic
2:21:14 Thomas Bryant
2:21:15 Steve Palidino
2:21:52 Ron Kurrle
2:22:08 Angel Martinez
2:22:21 Ken Moffitt
2:22:47 John Bordell
2:22:52 Dave White
2:22:54 Rory Trup
2:22:57 Robert Burch
2:23:19 Chris Cole

2:23:30 Tom Lux
2:23:36 Gordon Innes
2:23:41 Bob Hayes
2:23:49 Dan Cloeter
2:23:51 Atkins Chun
2:24:00 Kevin McDonald
2:25:29 Mike Smith
2:25:30 John Brawmley
2:26:32 Bill Clark
2:26:32 Mark Stevenson
2:26:45 Frank Dauncy
2:26:52 Wolt Woltmire
2:27:01 Gary Goettelmann
2:27:04 Don Ocona
2:27:09 Mark Sisson
2:27:20 Ernie Rivas
2:27:29 Darrèl Zapata
2:27:59 Ray Rubio
2:28:08 Bill Britten
2:28:10 Jean Ellis
2:28:30 Jeggrey Wall
2:28:59 Bruce Dewsberry
2:29:03 Jeff Dettmer
2:29:09 John Madvig
2:29:15 James Barker
2:29:30 Chris Kenney
2:29:34 Paul Thompson
2:29:36 Rick Brown
2:29:48 Art Meyer

Women

2:45:34 Penny DeMoss
2:47:07 Celia Peterson
2:50:15 Sue Peterson
2:51:21 Judy Gumbs-Leydig
2:52:35 Candy Hearn
2:53:10 Jacki Hansen
3:00:57 Caron Schaumburd
3:01:38 Merril Clay
3:01:45 Sandra Kiddy
3:03:05 Carol Dickenson
3:03:17 Marche Unnasch
3:04:19 Ruth Anderson
3:04:51 Don Lucero
3:07:59 Lynn Petronella
3:09:14 Ann Duvneck
3:09:17 Sue Vinella-Brusher
3:09:17 Margaret Taylor
3:09:31 Laurie Pitt
3:09:32 Bea Smith

Steve Wolters is a Fresno Pacific College student and member of the track and cross country teams. His speciality is the marathon of which he has run several.



photo by Diane Johnson

DUNCAN MACDONALD

You can help Steve by sending any additions and/or corrections to California Track News. Steve would like to give the women's ranking to someone else to do. Any takers? We also still need someone to keep track of the best California masters marathons both on a year to year basis and also a total all time listing. Let us know if you'd be interested in either of these two worthwhile projects. We will be able to help you as much as we can with results.

PREP NOTES

by KEITH CONNING

2:19:57
2:20:06
2:20:23
2:21:14
2:21:15
2:21:52
2:22:08
2:22:21
2:22:47
2:22:52
2:22:54
2:22:57
2:23:19

Wayne Bowles
Brian Maxwell
Tim Nickceovich
Thomas Bryant
Steve Palidino
Ron Kurrle
Angel Martinez
Ken Moffitt
John Bordell
Dave White
Rory Trup
Robert Burch
Chris Cole

2:27:29
2:27:59
2:28:08
2:28:10
2:28:30
2:28:59
2:29:03
2:29:09
2:29:15
2:29:30
2:29:34
2:29:36
2:29:48

Darrrel Zapata
Ray Rubio
Bill Britten
Jean Ellis
Jeggrey Wall
Bruce Dewsberry
Jeff Dettmer
John Madvig
James Barker
Chris Kenney
Paul Thompson
Rick Brown
Art Meyer

3:04:19
3:04:51
3:07:59
3:09:14
3:09:17
3:09:17
3:09:31
3:09:32

Huth Anderson
Don Lucero
Lynn Petronella
Ann Duveneck
Sue Vinella-Brusher
Margaret Taylor
Laurie Pitt
Bea Smith

Steve Wolters is a Fresno Pacific College student and member of the track and cross country teams. His speciality is the marathon of which he has run several.

You can help Steve by sending any additions and/or corrections to California Track News. Steve would like to give the women's ranking to someone else to do. Any takers? We also still need someone to keep track of the best California masters marathons both on a year to year basis and also a total all time listing. Let us know if you'd be interested in either of these two worthwhile projects. We will be able to help you as much as we can with results.

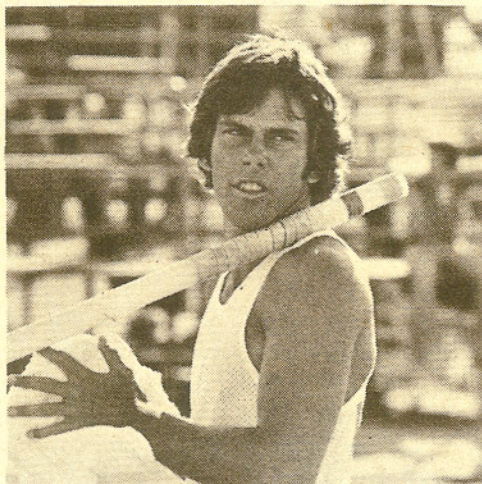


photo by Don Gosney

ANTHONY CURRAN



photo by Don Gosney

ROXANNE BIER

AAU SENIOR CHAMPS

Westwood, June 8-10: Roxanne Bier (Independence, San Jose and San Jose Cindergals) set a new national high school record and became the 10th best performer in U.S. history with her fifth place in the 10,000 meter run (34:54.8).

The San Jose Cindergals won the 4x800 relay in 8:41.8 with a team composed of three high schoolers and one junior college athlete. Ann Regan (Camden, San Jose) led off with 2:06.8. Diane Figliomeni (Saratoga) ran the second leg in 2:13.9. Ann Wotherspoon (West Valley JC, Campbell), the state JC 3000 meter winner, ran the third leg in 2:14.8. Cheri Williams (Livermore) anchored the team to victory with a fast 2:06.3.

Kelia Bolton (Hill, San Jose) placed sixth in the 200 meter final in 24.13. In heat two Bolton edged Freida Cobbs (Berkeley) 24.03 to 24.07 to grab the fourth qualifying spot. In the semi-finals Bolton posted her best time (23.75)

Cobbs placed seventh in the 100 meter final with 11.87. In heat one Elaine Parker (Oceana, Pacifica) failed to qualify despite running 11.78. In heat two Cobbs upset Bolton with both runners posting the same time (11.82). However, Bolton failed to advance to the finals.

Christi Pyle (Hoover, Glendale) placed 12th in the discus at 147.2.

Arise Emerson (Westminster) ran the 400 meters in her heat in 53.99 to advance to the semifinals. But her 54.4 in the semis was not fast enough to qualify for the final.

Kim Costello (El Camino, South San Francisco) finished seventh in heat two of the 100 hurdles in 14.87.

Nelson (Calif. high school) placed eighth in the women's javelin with 158-4.

INTERNATIONAL PREP INVITATIONAL

Naperville, Ill., June 17: Rod Berry of Redwood High in Larkspur captured the two-mile run. Berry, who finished second in the State Meet, was timed in 9:12.7. He was one of only three Californians to finish first.

Other California winners were Dave Porath of Atwater in the discus and Anthony Curran of Crespi High in Encino in the pole vault. Porath tossed the discus 195-8 and Curran vaulted 17-0½.

100 METERS—1. Woolfolk (Westfield, N.J.), 10.1w; 2. Johnson (Richardson, Tex.), 10.1; 3. Thomas (Hanford), 10.3. Others included: 6. Cleveland (Pasadena), no time; 7. Butler (LA Fremont), nt. 200—1. Woolfolk (Westfield, N.J.), 20.4; 2. Johnson (Richardson, Tex.), 20.5; 3. McNeil (Loughlin, Brooklyn), 20.8. Others included: 7. Cleveland (Pasadena), 21.7. 400—1. Jofress (Central, Trenton, N.J.), 46.8; 2. Dunman (Boys & Girls, Brooklyn), 47.1; 3. Willis (Connally, Waco, Tex.), 47.3. 800—1. Brown (Wheatridge, Colorado), 1:51.4; 2. Regan (Pt. Pleasant Beach, N.J.), 1:51.8; 3. Street (Farragut, Chicago), 1:51.9. MILE—1. Spivey (Bensonville, Ill.), 4:06.2; 2. Henrikson (Northern, Portage, Mich.), 4:08.5; 3. Fricker (Hemet), 4:11.3. TWO MILE—Berry (Redwood, Larkspur, Calif.), 9:12.7. 110HH—1. Hancock (Hay, Cleveland), 13.6w; 2. Richards (Haines City, Fla.), 13.7; 3. Person (Plainfield, N.J.), 14.0. 300H—1. Person (Plainfield, N.J.), 36.3; 2. Gonzales (Skyline, Salt Lake City), 36.3; 3. Holloman (Princess Anne, Va. Beach), 37.2. HJ—1. Olson (Sycamore, Ill.), 7-4; 2. Toppins (Rogers, Newport, R.I.), 6-10; 3. Sykes (Ft. Atkinson, Wis.), 6-10. PV—1. Curran (Crespi), 17-0½; 2. Buckingham (Gardner, Kan.), 16-6; 3. Ernst (El Dorado), 16-6. Others included: 5. Foss (Santa Ynez), 15-6. LJ—1. Forcay (Luling, Tex.), 25-8w; 2. Simmons (Haines City, Fla.), 25-4w; 3. Hansen (Topka, Kan.), 24-0½w. Others included: 5. Butler (LA Fremont), 23-8. TJ—1. Owolabi (Sleepy Hollow, North Tarrytown, N.Y.), 53-3½w; 2. Marvin (Spring Valley, Columbia, S.C.), 51-11w; 3. Brown (Ceder Sholes, Athens, Ga.), 50-0w. SP—1. Kreuger (Bayside, Va. Beach), 65-5; 2. Porath (Atwater), 63-5½; 3. Ross (Kimball, Dallas), 62-11. DT—1. Porath (Atwater), 195-8; 2. Crowell (Mason City, Iowa), 185-10; 3. Loftquist (Shawnee Mission South, Overland Park, Kan.), 185-4. JT—1. Barrow (University, Baton Rouge), 220-3; 2. Farnsworth (Scotch Plains, SP-Fanwood, N.J.), 217-7; 3. Collins (Bosco Tech, Ramsey, N.J.), 214-1. HT—Colantonia (Classical, Providence, R.I.), 193-8.

Schedule

AUGUST

- 12 MAMMOTH LAKES ROAD RUN. 10 kilo, 9 am. Mammoth Lakes Lions Club, P.O. Box 17, Mammoth Lakes 93546.
- 12 SIERRA PINES 40 MILE RELAY. Bass Lake, 8 am. 6 person teams. Darrel Cox, 1717 S. Chestnut Ave Fresno 93702. (209) 251-7194.
- 12 HUNTINGTON BEACH DISTANCE DERBY. 10 mile. 9 am. Bob Thrall, Huntington Beach Recreation Dept., P.O. Box 190, Huntington Beach 92648. (714) 536-5486.
- 12 BELMONT STEAKS FOOTRACE. 8.93 miles, Ralston Intermediate School, Belmont, 9 am. Ken Israel, 305 Del Rosa Way, San Mateo 94403. (415) 349-3181.
- 12 AEROSPACE 15 KILO RUN. San Diego. W. Stoeltzing (714) 298-3406.
- 13 NORTH ORANGE COUNTY 10 KILO RUN. Fullerton, 8:30 am. Ken Henderson, N. Orange County YMCA, 2000 Youth Way, Fullerton 92635. (714) 879-9622.
- 19 FRESNO BUNION DERBY. 10 mile. Fresno State, 9 am. Larry Lung, 784 Jana Way, Hanford 93230.
- 19 TEHACHAPI 10 KILO RUN. Larry Arnt, 5000 Belle Terr., No. 72, Bakersfield 93309
- 19 PAN AM MASTERS TRACK & FIELD MEET. Santa Ana College. Pre-entries required. Walt Butler, 2932 Santa Anita, Altadena 91001. (213) 681-8531.
- 19 SAN DIEGO ALL COMERS
- 26 DAMMIT RUN. 5.6 miles, Los Gatos HS, 9 am. Lee Hughes, 106 Belvale Dr., Los Gatos 95030. (408) 356-9532.
- 26 ALAMEDA FUN RUN. 3 & 6 miles Encinal HS, 9:30 am. Bill Denby, 3225 A Briggs Ave., Alameda 94501. 523-9921.
- 27 GOLDEN GATE CHARITY RACE. 10 kilo, Fort Baker, under the Golden Gate Bridge, 11 am. Pax Beale, 390 40th. St., Oakland 94601. (415) 655-8730.
- 26 BASS LAKE HALF MARATHON. 13.2 miles, 8 am @ Pines Village. Once around the lake. Fresno Pacific Track Club, 1717 South Chestnut Ave., Fresno 93702.
- 27 SANTA MONICA MARATHON & HALF MARATHON. 7:30 am. Mary Esposito, Santa Monica Rec. Dept., 1685 Main St., Santa Monica 90401. (213) 393-9975.
- 27 EXECUTIVE SHARE HEALTH MARATHON. Other races also. Orange, 7 am. Mike Turin, 4000 Park Newport, Suite 408, Newport Beach 92660. (714) 556-1350.
- 9 SPAAAU & NATIONAL 50 MILE. Santa Monica, 3 pm. Tom Sturak, 21643 Circle Trail, Topanga 90290.
- 10 MEXICAN INDEPENDENCE DAY 10 MILE RUN. East Los Angeles, 9 am. Carlos Alfaro, 1322½ S. Fremont, Alhambra 91803. (213) 282-3977.
- 10 MARIN SYMPHONY DEMI-MARATHON. 13.1 miles, Mill Valley. Walt Stack, 321 Collingwood, San Francisco 94114. (415) 647-9459.
- 10 FOUNDERS DAY RUNS. 5.8 and 13.1 miles, Alicia Park, Rohnert Park, 10 am. Dave Eck, 7075 Adele Ave., Rohnert Park 94928. (707) 795-6645.
- 10 WALNUT FESTIVAL RACES. Various age-groups and distances. Walnut Creek, 9 am. Andrew MacCono, 1840 Geary Rd., Walnut Creek 94596. Entries close September 2.
- 14 SEPULVEDA EVENING RUN. Van Nuys, 6 pm. 15 kilo. David Hall, 7736 Corbin, Reseda 91335. (213) 885-8399.
- 15 PALOMAR CROSS COUNTRY INVITATIONAL. 4 miles, Encinitas, Moonlight Beach, 3 pm. Doc Marrin, Palomar College, San Marcos 92069.
- 16 SAN DIEGO ALL COMERS CROSS COUNTRY. 4 miles, 6th. & Nutmeg, Balboa Park, 9 am.
- 16 LONG BEACH INVITATIONAL CROSS COUNTRY MEET. Cal State Long Beach. Track Coach, Long Beach State, 6101 E. Seventeenth St., Long Beach 90840.
- 16 LAKEWOOD ESTIMATE TIME RUN. 10 kilo, 9 am. Mit Hunt, P.O. Box 158, Lakewood 90714. (213) 866-4776.
- 23 SPAAAU & WOMEN'S NATIONAL 20 KILO CHAMPS. Los Angeles, 8 am men, 9 am women. Steve Broten, 13512 E. Ramona Dr., Whittier 90602. (213) 693-4183.
- 24 N.A.S. LEMOORE 6.5 MILE ROAD RACE. Carl Whitker, Rec. Fund, N.A.S., Lemoore 92345.
- 24 ALHAMBRA HOSPITAL RUNS. 5 & 15 kilos, 9 am. Jackson Kuchnie, Chamber of Commerce, 11 S. Second St., Alhambra 91801. (213) 282-8481.
- 24 DON LUCAS FORD-HOSPICE RUN. 10 kilo, Monterey Fisherman's Wharf, 10 am. Skip Marquard, 312 W. Carmel Valley Rd., Carmel 93924. 659-2268.
- 24 COYOTE PARK RACE. 12 miles, east end of Dumbarton Bridge, 10 am. Frank Cuzzillo, 225 Clifton, Oakland. Phone: 652-4918.
- 24 OAKLAND BRASSPOLE RUN. 6.2 miles, Lake Temescal to Jack London Square, 9:30 am. Raymond Gatchalian, 6415 Aspinwall Rd., Oakland 94611. 645-1766
- 24 WHISKEYTOWN LAKE RELAYS 20.5 miles(4 leg relay), Whiskeytown Marina on Whiskeytown Lake 9 am. Len Edholm, 13357 Kokanee Dr., Redding 96001. (916) 275-8361.
- 30 SALINAS SKY CLIMB. 7.5 miles, Toro Regional Park, 10:30 am. Don A Dugdale, 607 Kirkwood Ave., Salinas 93901. 422-1681.
- 30 FRESNO STATE INVITATIONAL CROSS COUNTRY RUNS. Woodward Park, Fresno. Red Estes, Cross Country Coach, Fresno State, Fresno 93740. (209) 487-2167.
- 30 BIG BEAR 10 MILE RUN

SEPTEMBER

- nty YMCA, 2000 Youth Way, Fullerton 92635. (714) 879-9622.
- 19 FRESNO BUNION DERBY. 10 mile. Fresno State, 9 am. Larry Lung, 784 Jana Way, Hanford 93230.
- 19 TEHACHAPI 10 KILO RUN. Larry Arnt, 5000 Belle Terr., No. 72, Bakersfield 93309
- 19 PAN AM MASTERS TRACK & FIELD MEET. Santa Ana College. Pre-entries required. Walt Butler, 2932 Santa Anita, Altadena 91001. (213) 681-8531.
- 19 SAN DIEGO ALL COMERS CHAMPIONSHIP. San Diego State. Al Olson (714) 278-7807.
- 19 TOP-OF-THE-STATE 7 MILER. College of Siskiyous, Weed, 9 am. Lee Ferrero, 450 College Ave., Weed 96094. 938-4805.
- 20 ROUND TIBURON PENINSULA RUN. 8 mile, Blackie's Pasture, Tiburon Blvd., northern end of Tiburon Peninsula, 10 am. Don Capron, 4808 Fulton St., San Francisco 94121. (415) 668-3875.
- 20 DIABLO VALLEY 10 KILO RUN. Concord Community Park, 10 am. Gary Santos, P.O. Box 23646 Pleasant Hill 94523. (415) 6855598
- 20 REDWOOD SHORES BIATHLON. Run 4 miles, swim 400 meters. Redwood Shores Pavilion, 10 am. Peter Michon, 174 Crestview, San Carlos 94070. 592-4170.
- 20 IRVINE PARK RUNS. 2 & 5 miles. 9 am. Bill Holt, 730 N. Euclid, Suite 220, Anaheim 92801.
- 26 SANTA MONICA RUNS. 10 & 5 Kilo, 7:30 & 9 am. Mary Esposito, Santa Monica Rec. Dept., 1685 Main St., Santa Monica 90401. (213) 393-9975.
- 26 AMERICA'S FINEST CITY HALF MARATHON. San Diego. Entries close August 16. AFC Marathon, % Lung Association, 3861 Front Street, San Diego 92103. (714) 297-3901.

SEPTEMBER

- 2 CASK 'N CLEAVER CALIFORNIA "5". Ontario, 8 am. 5 miles. Norm Naylor, P.O. Box 1352, Ontario 91762.
- 2 DOUBLE DIPSEA. 13.4 miles, start at Stinson Beach, 8 am. Walt Stack, 321 Collingwood St., San Francisco 94114. (415) 647-9459.
- 2 PLAYBOY 10 MILE RUN. For information call (415) 391-9400.
- 3 SILVER STATE MARATHON. Davis Creek Campground, 15 miles south of Reno, 7 am. Skip Houk, %Athlete's Foot, 580 N. McCarran Blvd., Sparks, Nevada 89431. (702) 331-3145.
- 3 MARIPOSA 10 MILE RUN. Stewart Cramer, P.O. Box 444, Mariposa 95338.
- 4 MT. BALDY RACE TO THE TOP. 8 miles, 10 am. Gary Wilson, P.O. Box 666, Mt. Baldy 91759.
- 4 OCEANSIDE 3 & 10 MILE RUNS. Guajome Park, 8 am. (714) 433-9000, ext. 290.
- 4 TIMES NINE. Relay and Individual Races. Crystal Springs, Belmont Len Wallach, 1060 Continentals Way No. 104, Belmont 94002. 593-2788.
- 9 CONSERVATORY RUN FOR THE MUSIC. 5 miles, Aquatic Park. Barbara Bates, 970 Chestnut, San Francisco 94109. 928-8444.
- 9 FRESNO WATERMELLON RUNS. 2, 4, & 6 miles. Fresno State Univ. Red Estes, Cross Country Coach, Fresno State, Fresno 93740.
- 9 GRIFFITH PARK CROSS COUNTRY RUNS. 9 races, 8 am. Fred Honda, Municipal Sports, 200 N. Main St., Los Angeles 90012. (213) 246-5613.

- INVITATIONAL. 4 miles, Light itas, Moonlight Beach, 3 pm. Doc Marrin, Palomar College, San Marcos 92069.
- 16 SAN DIEGO ALL COMERS CROSS COUNTRY. 4 miles, 6th. & Nutmeg, Balboa Park, 9 am.
- 16 LONG BEACH INVITATIONAL CROSS COUNTRY MEET. Cal State Long Beach. Track Coach, Long Beach State, 6101 E. Seventeenth St., Long Beach 90840.
- 16 LAKEWOOD ESTIMATE TIME RUN. 10 kilo, 9 am. Mit Hunt, P.O. Box 158, Lakewood 90714. (213) 866-4776.
- 16 CENTRAL CALIFORNIA CROSS COUNTRY RUN. 5 miles, Fresno. Fresno Pacific Track Club, 1717 South Chestnut, Fresno 93702.
- 17 PA-AAU 25 KILO CHAMPIONSHIP. Golden Gate Park, 9:30 am. Donald Capron, 4808 Fulton St., San Francisco 94121. 668-3873.
- 17 THE GREAT GRAPE RACE. 10 kilo, Parma Park, 9 am. Dianna Copeland, 5967 Colorview Ct., San Jose 95120. 268-1963.
- 17 BEVERLY HILLS 10 KILO RUN. 9 am. Bob Walsh, Beverly Hills Recreation Dept., Room 400, 450 N. Crescent Dr., Beverly Hills 90210. (213) 550-4864.
- 22 RENO 72 MILE LAKE TAHOE RUN. Wells Fargo Bank, Tahoe City, 6 am. Charles Mersereau, 8895B Salmon Falls Dr., Sacramento 95826. (916) 362-9660.
- 23 E.R.A. BENEFIT RACES. 2 & 6 miles, Woodward Park, Fresno, 8 am. JoEllen Howard, 702 W. Harvard, Fresno 93705. (209) 227-3959.
- 23 MARINE AIR RESERVE RUNS. 3 & 6 miles. Naval Air Station, Alameda, 10 am. John Hausman (415) 531-5450. Marine Air Reserve Run, P.O. Box 1381, Novato 94947.

- 24 WHISKEYTOWN LAKE RELAYS 20.5 miles (4 leg relay), Whiskeytown Marina on Whiskeytown Lake 9 am. Len Edholm, 13357 Kokanee Dr., Redding 96001. (916) 275-8361.
- 30 SALINAS SKY CLIMB. 7.5 miles, Toro Regional Park, 10:30 am. Don A Dugdale, 607 Kirkwood Ave., Salinas 93901. 422-1681.
- 30 FRESNO STATE INVITATIONAL CROSS COUNTRY RUNS. Woodward Park, Fresno. Red Estes, Cross Country Coach, Fresno State, Fresno 93740. (209) 487-2167.
- 30 BIG BEAR 10 MILE RUN. 9 am. Tom Richards, Box 6094, Big Bear Lake 92315. (714) 585-5611.

OCTOBER

- 1 SACRAMENTO MARATHON AND HALF MARATHON. William Land Park, 8 am. John McIntosh, 4120 El Camino Ave., Sacramento 95821. (916) 488-7184.
- 1 UCLA ONE & TWO HOUR RUNS. 8 am. Connie Rodewald, 852 Sharon Dr., Camarillo 93010. (805) 482-5360.
- 1 SAN PEDRO HARBOR MARATHON. 7:30 pm. John Provost, San Pedro YMCA, 301 S. Bandini, San Pedro 90132. (213) 832-4211.
- 1 LAAC MERCURY 10 KILO RUN. 9 am. Jim Goulding, Los Angeles Athletic Club, 431 W. 7th. St., Los Angeles 90014. (213) 625-2211, ext. 234. Must be pre-entered.
- 7 TAPIA PARK 10 KILO RACE. Gayle Cory, 2632 Hollister Terr., Glendale 91206.
- 7 SANTA BARBARA MASTERS TRACK & FIELD MEET. U.C. Santa Barbara. George Adams, P.O. Box K, Goleta 93017. (805) 687-6323.

- 7 U.C. DAVIS "CAL AGGIE" CROSS COUNTRY MEET. John Papa, Athletic Dept., University of California, Davis 95616.
- 7 BERKELEY WATERFRONT RUN 5.09 miles, 4th. and Addison Sts., 9 am. Dan Williams, 2114 Addison St., Berkeley 94704. 843-7767.
- 8 COSTA LOMA RESERVOIR RUN. 10 kilo, Antioch, 10 am. Jack Byrd, 1008 DonCaster, Antioch 94509. 754-0896.
- 8 CALICO DAYS 30 KILOL RUN. Barstow. Calico Days, Box 430, Barstow 92311.
- 8 AZUSA GOLDEN DAYS RACES. 5 kilo & 10 mile runs. 9 am. Dennis Caldwell, 5526 Twintree, Azusa 91702. (213) 331-8962.
- 14 SENIOR OLYMPICS CROSS COUNTRY. 10 kilo, Malibu Creek State Park, 9 am. Senior Olympics, 5670 Wilshire Blvd., Suite 360, Los Angeles 90036. (213) 938-5548 or (213) 550-4864.
- 14 WOODLAND HILLS TOUGH RUN 10 kilo, 8 am. Woodland Hills Chamber of Commerce, P.O. Box 1, Woodland Hills 91364.
- 14 HEART OF SAN DIEGO MARATHON AND 10 KILO. Start on Coronado Island, 7 am.
- 14 FRESNO 25 KILO RUN. Gene Lynch, 5126 N. Angus Fresno 93710.
- 14 HART PARK RLEAYS. Bakersfield. Larry Arnt, 5000 Belle Terrace No. 72, Bakersfield 93309.
- 14 RUN TO SAVE THE OAKLAND BALLET. 3.1 & 6.2 miles, Lake Merritt, Oakland, 10 am. Stan L. Friedman, 674 Greenwich, San Francisco 94133. (415) 788-6439.
- 14 F.O.R.E. RUNNERS WOMEN'S 10 KILO. Women only. Sue Brusher, 239 Marlow, Oakland 94605. 569-7809.
- 15 CSU LONG BEACH RUNS. 4.1 & 16.2 miles. Frank Bole, 666 E. Ocean Blvd., No. 804, Long Beach 90802.
- Air, P.O. Box 1061, Berkeley 94701. (415) 849-1794.
- 21 MADERA CROSS COUNTRY RUN. 3 miles, Madera HS. Dennis DeWitt, Madera High School, Madera 93637.
- 21 KINGSTON/LAYTON RIVER RUN. 5 miles. Rich Petersen, Box 206, Laton 93242.
- 21 STANFORD RUN. 10 kilo, Stanford Univeristy, 12 noon. Don Spradlin, 3000 Sand Hill Rd., 4-100, Menlo Park 94025. 854-1227.
- 21 CHAPMAN INVITATIONAL CROSS COUNTRY. 5 miles, Hart Park, Orange. Cross Country Coach, Chapman College, 333 N. Glassell, Orange 92666.
- 22 HAYWARD HALF MARATHON. 13.11 miles, 9 am. Pete Sha dera, 1501 168th. Ave., San Leandro 94578. 881-6743.
- 22 CONTRA COSTA 10 KILO RUN. Concord Community Park, 10 am. Gary Santos, P.O. Box 23646 Pleasant Hill 94523. (415) 685-5598.
- 22 SANTA BARBARA MARATHON & HALF MARATHON. La Playa Stadium, 8 am. John Brennand, 4476 Meadowlark Ln., Santa Barbara 93105.
- 28 FRESNO PACIFIC CROSS COUNTRY CARNIVAL. 4 mile, Fresno Pacific College. Track Coach Fresno Pacific College, 1717 South Chestnut Ave., Fresno 93702 (209) 251-7194.
- 28 THE GREAT PUMPKIN CHASE. 10 kilo, Van Nuys, 8:30 am. Donny Richards, 6901 Lennox Ave Van Nuys 91405. (213) 989-3800.
- 28 CSU SAN BERNARDINO RUN. 10 kilo, 11:30 am. Danny Contreras, P.O. Box 942, 249 Riverside Ave., Rialto 92376. (714) 874-5480.
- 29 STC 4 PERSON 10 MILE RELAY. Gardena, 9 am. Ron Watson (213) 536-1107.
- 29 HALLOWEEN RUN. 5.2 miles, West Valley College, 10 am. Chris Baumgardner, 14195 S. Capri Dr., Los Gatos 95030. 379-7020.
- 29 ANGWIN TO ANGWISH RACE. 7.6 miles, Pacific Union College, 10 am. Darren George, 692 Sunnyside Rd., St. Helena 94574. (707) 963-7194.
- 29 MAYOR'S CUP MARATHON. Treasure Island, 9 am. Joe Mollo, 465 23rd. Ave., San Mateo 94403. 553-1530.
- 18 PICO RIVERA TURKEY TROT. 10 miles, 9 am. Armie Briones, Pico Rivera Rec. Dept., 6515 S. Passons Blvd., Pico Rivera 90650. (213) 692-0401, ext. 262.
- 19 SANTA CLARA VALLEY AUTUMN RIDGE RUN. 6.07 miles & 10.76 miles, San Jose, 10 am. Ronald Landrum, 1201 Huntingdon Dr., San Jose 95129. (408) 252-0100.
- 19 PEPSI 20 MILE RUN. Delta HS, Clarksburg, 11 am. Elaine Hocking, 4921 Crestwood Way, Sacramento 95822. 447-8647.
- 19 HARVEST CLASSIC. 20 kilo and a 5 kilo for juniors and 10 kilo for women and masters. Oroville. Feather River Hospital, Health Services Dept., 5974 Pentz Rd., Paradise 95969.
- 19 ROSE BOWL MARATHON, ½ & ¼ MARATHON. Pasadena, 7:30 am. Darrell Kelly, Pasadena YMCA, 235 E. Holly, Pasadena 91101. (213) 793-3131.
- 19 SUOMI 20 KILO RACE. Pt. Magu. Eino, 32926 Mulholland Hwy., Malibu 90267. (213) 889-0800.
- 19 EXECUTIVE SHARE HEALTH MARATHON, ¾ & ½ MARATHON. Anaheim, 7 am. Mike Turin, 4000 Park Newport, No. 408, Newport Beach 92660. (714) 556-1350.
- 25 MEN'S NATIONAL AAU CROSS COUNTRY CHAMPIONSHIPS. Seattle, Washington.
- 25 WOMEN'S NATIONAL AAU CROSS COUNTRY CHAMPIONSHIPS. Memphis, Tennessee.
- 25 STATE CENTER 5 PERSON 15 MILE RELAY. Roeding Park, Fresno. Fresno Pacific Track Club, 1717 South Chestnut Ave., Fresno 93702. (209) 251-7194.
- 25 MASTER'S NATIONAL AAU CROSS COUNTRY CHAMPIONSHIPS. 5 kilo, Balboa Park, San Diego. Ed Barvick (714) 435-0210.

NOVEMBER

- 4 ALL CLUBS CROSS COUNTRY CHAMPIONSHIPS. 10 kilo, U.C. Davis, 10 am. Tena Anex, P.O. Box 312, Davis 95616. (916) 756-3808.
- 4 TURKEY RUN. 10 kilo, Lafayette Reservoir, 10 am. Connie Whitman, 24 Adelle Ct., Alamo 94507. 837-1752.
- 4 SOUTHERN CALIFORNIA TRACK FEDERATION CROSS COUNTRY INVITATIONAL. 5 mile, U.C. Riverside. Chris Rinne, Athletic Dept., University of California, Riverside 92502.
- 4 CHINA LAKE 10 KILO RUN. 9:30 am. Scotty Broyles, 1243 Wayne St., Ridgecrest 93555. (714) 446-2941.
- 4 NEWPORT BEACH 10 PERSON 50 MILE RELAY. 8 am. John Blair, 1162 Dorset Lane, Costa Mesa 92626. (714) 546-3663.
- 5 PHELON 15 MILE HANDICAP. noon. Connie Rodewald, 852 Sharon Dr., Camarillo 93010. (805) 482-5360.
- 5 CITRUS GROVE ½ MARATHON & ¼ MARATHON. Loma Linda, 8 am. Ellis Jones, Loma Linda lopers, P.O. Box 495. Loma Linda

- field. Larry Arnt, 5000 Belle Terrace No. 72, Bakersfield 93309.
- 14 RUN TO SAVE THE OAKLAND BALLET. 3.1 & 6.2 miles, Lake Merritt, Oakland, 10 am. Stan L. Friedman, 674 Greenwich, San Francisco 94133. (415) 788-6439.
- 14 F.O.R.E. RUNNERS WOMEN'S 10 KILO. Women only. Sue Brusher, 239 Marlow, Oakland 94605. 569-7809.
- 15 CSU LONG BEACH RUNS. 4.1 & 16.2 miles. Frank Bole, 666 E. Ocean Blvd., No. 804, Long Beach 90802.
- 15 RUNS FOR HEALTH. 5 & 10 kilos, Los Angeles, 8 am. Julie Granone, 1001 Claiborne Dr., Long Beach 90807. (213) 424-9702.
- 15 LAGOON VALLEY LOPE 15 KILO. Fairfield, 9:30 am. Bob Curtis, 1165 Mulberry Ln., Dixon 95620. (916) 678-5721.
- 15 RUN FOR CLEAN INDOOR AIR. 10 kilo, Hellyer Park, San Jose, 10 am. Campaign For Clean Indoor

- Fresno Pacific College, 1717 South Chestnut Ave., Fresno 93702 (209) 251-7194.
- 28 THE GREAT PUMPKIN CHASE. 10 kilo, Van Nuys, 8:30 am. Donny Richards, 6901 Lennox Ave Van Nuys 91405. (213) 989-3800.
- 28 CSU SAN BERNARDINO RUN. 10 kilo, 11:30 am. Danny Contreras, P.O. Box 942, 249 Riverside Ave., Rialto 92376. (714) 874-5480.
- 29 STC 4 PERSON 10 MILE RELAY. Gardena, 9 am. Ron Watson (213) 536-1107.
- 29 PSA-AAU 50 KILO/50 MILE TRACK CHAMPIONSHIPS. San Diego, 6 am. Bill Stock (714) 465-7099.
- 29 PLEASANTON PUMPKIN RUN. 4.5 miles, Amador Community Park, 10 am. Bette B. Felton, 492Q Blackbird Way, Pleasanton 94566. 462-1238.

- 9:30 am. Scotty Broyles, 1243 Wayne St., Ridgecrest 93555. (714) 446-2941.
- 4 NEWPORT BEACH 10 PERSON 50 MILE RELAY. 8 am. John Blair, 1162 Dorset Lane, Costa Mesa 92626. (714) 546-3663.
- 5 PHELON 15 MILE HANDICAP. noon. Connie Rodewald, 852 Sharon Dr., Camarillo 93010. (805) 482-5360.
- 5 CITRUS GROVE ½ MARATHON & ¼ MARATHON. Loma Linda, 8 am. Ellis Jones, Loma Linda Iopers, P.O. Box 495, Loma Linda 92354.
- 5 EXCELSIOR WEST END RUN. 6.25 miles, Golden Gate Park, 10 am. Al Berrin, 1215 21st. Ave., San Francisco 94122.
- 11 CENTRAL CALIFORNIA MARATHON. Fresno. Gordon Keller, 8811 East Herndon, Clovis 93612.
- 11 ALMOND BOWL RUN. 3 & 6 miles, Chico, 10 am. Walt Schafer, 1413 Salem St., Chico 95926. (916) 343-6857.
- 11 NAIJA DISTRICT III CROSS COUNTRY CHAMPIONSHIPS. La Mirada Park, 11 am. Collin McDougal, Biola College, 13800 Biola Ave., La Mirada 90639.
- 11 SPA-AAU 10 KILO CROSS COUNTRY CHAMPIONSHIPS. Nick Vogt, 1451 E. Irvine Blvd., No. 12, Tustin 92680. (714) 832-3174.
- 12 GOLDEN GATE MARATHON. 8 am. Ralph Love, Embarcadero Branch YMCA, 166 The Embarcadero, San Francisco 94105. 392-2191.
- 18 HEART OF THE EMPIRE. 15 kilo, Santa Rosa, 10 am. Glenn McCarthy, 335 Algiers Ct., Santa Rosa 95405. (707) 539-3519.
- 18 USTFF WESTERN CROSS COUNTRY CHAMPIONSHIPS, 6 miles, Woodward Park, Fresno. Fresno Pacific Track Club, 1717 South Chestnut Ave., Fresno 93702. (209) 251-7194.

- WOMEN'S NATIONAL AAU CROSS COUNTRY CHAMPIONSHIPS. Memphis, Tennessee.
- 25 STATE CENTER 5 PERSON 15 MILE RELAY. Roeding Park, Fresno. Fresno Pacific Track Club, 1717 South Chestnut Ave., Fresno 93702. (209) 251-7194.
- 25 MASTER'S NATIONAL AAU CROSS COUNTRY CHAMPIONSHIPS. 5 kilo, Balboa Park, San Diego. Ed Barvick (714) 435-0210.
- 25 WOMEN'S THANKSGIVING RUN. 10 kilo, Los Angeles, 8:30 am. John Rupp, Box 2161 TA, Los Angeles 90051.
- 26 GARLAND RANCH RUN. 10 kilo. Carmel Valley, 11 am. Gary Geotteman, 223 Country Club Dr., Carmel Valley 93924. (408) 659-4114.
- 26 RUN & BIKE. 4 mile run - 6 mile bike, Redwood Shores Pavilion, 10:30 am. Peter Michon, 174 Crestview, San Carlos 94070. 592-4170.
- 26 COMMUNITY BANK RIVER RUN 10 kilo, Anaheim, 9 am. Community Bank, 1750 South State College Blvd., Anaheim 92806.
- 26 NATIONAL AAU MASTERS AND SPA-AAU MASTERS MARATHON CHAMPIONSHIPS. Anaheim. LDRC-George, 2632 Hollister Terrace, Glendale 91206.

Central California MARATHON

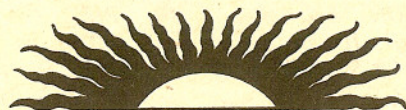
November 11, 1978

FRESNO, CALIFORNIA

For more information and entry blanks write:

Gordon Keller
8811 East Herndon
Clovis, CA 93612





Golden West Invitational

by KEITH CONNING

DAVE PORATH waits patiently as officials measure his National Record discus toss.



photo by Don Gosney

KEN THOMAS



photo by Don Gosney

PHILIP JOHNSON



photo by Keith Conning





photo by Don Gosney

KEN THOMAS

Dave Porath (Atwater) set a new national high school record of 209-6 breaking the old mark of 207-8 by Scott Crowell (Mason City, Iowa) set earlier this year. Crowell finished fifth in the competition at 188-0.

"When I let it go, I didn't think it would go that far," said Porath, who will compete for the University of California at Berkeley next year. "I was surprised, but happy," added Porath.

The confrontation between Porath and Crowell was a feature attraction of this meet. Porath had broken Doc Luckie's (Central, Ft. Pierce, Florida) national high school discus record of 205-8 earlier in the season with a throw of 206-6. However, on the very next day Crowell broke Porath's mark.

"Dave threw 210 feet twice during warmup throws," said Atwater coach Greg Ambrosini. "He was a little tight with his early throws. He has a tendency to get a little uptight. Dave just doesn't realize how good he really is."

Porath also took third in the shot (63-9½) ahead of Brian Faul (West Covina) sixth at 62-6.

The triple jump was won by Sanya Owolabi of North Tarrytown, New York. Owolabi recorded the second best high school jump of all-time, winning at 52-5½. It was also a Golden West Invitational record. Grant's Lonnie Sanders placed highest among Sacramentans in the meet with a third place jump of 49-6.

Steve Parker (Athens, Alabama)

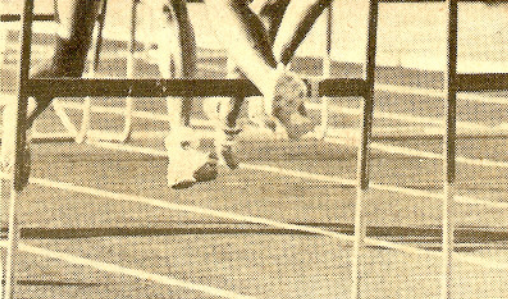


photo by Don Gosney

PHILIP JOHNSON

edged Phillip Johnson (Gardena) to set a Golden West record of 13.3 in the 120 yard high hurdles. Johnson also was clocked in 13.3. Other Californians included: State Meet champion Milan Stewart (West Covina) third 13.84; Tony Campbell (Banning, Wilmington) seventh 14.21; and Mike Valentine (Cordova, Rancho Cordova) eighth 14.41.

Chris Person (Plainfield, New Jersey) won the 400 meter intermediate hurdles in 51.42 for a Golden West record. Person becomes the third best performer of all time behind Bob Bornkessel (49.8) and Paul Lankford (50.52). Tony Campbell was second in 53.68. Sacramento's Larry Cowling was fourth in 53.81. It was the first time Cowling, the second place finisher in the State Meet in the 330 low hurdles had competed in the event. Rich Luttrell (San Carlos) was sixth in 54.42.

"It was different and I was really tired over the last couple of hurdles," said Cowling. "I was all right for the first 330 yards, but after that it started to hurt."

John Gregorek (St. Anthony's, Smithtown, New York) ran away with the mile in 4:05.4, which made him the 15th best performer in high school history. Mark Fricker (Hemet) placed third with 4:09.3. Other Californians included: Mike O'Reilly (San Rafael) fourth 4:09.8; Dan Will (Encina, Sacramento) sixth 4:15.9; Ron Bahara (Hart, Newhall) seventh 4:17.3; and Greg Bachand (Albany) eighth 4:21.5.



photo by Keith Conning

left to right: RICHARD WINKELHOCK(St. Louis, MO), MIKE WHITE(Richmond) and JOHN SCHAEER(Crescent Valley, OR)

Alan Scharsu (Fitch, Austintown, Ohio) received a standing ovation after setting a meet record 8:43.4 in the two-mile, winning the event by 200 yards. This performance made Scharsu the 3rd best performer of all-time behind Craig Virgin (8:40.9) and Steve Prefontaine (8:41.5). Steve Webb (Kennedy, La Palma) finished third in 9:03.2.

Terry Ellis of Paterus, Washington set a Golden West mark by topping 7-2 in the high jump. Only two high schoolers have ever jumped higher — Gail Olson (7-5) and Reynaldo Brown (7-3). Brad Harris (Los Alamitos), the State Meet champion placed fifth with 6-6.8.

Jeff Buckingham (Gardner, Kansas) equaled the sixth performance all time by a high schooler with his 17-0 clearance in the pole vault to upset State Meet winner Anthony Curran (Crespi, Encino), who settled for second at 16-6. Other Californians included: Scott Foss (Santa Ynez) fourth 15-6; Bert Tardieu (Del Mar San Jose) sixth 15-0; and Greg Ernst (El Dorado, Placentia) who failed to clear his opening height of 15-6.

Ken Thomas (Hanford) won the 100 yards in 9.75. Thomas and Porath were the only Golden West winners from California. Other Californians included Virgil Torrance (Gardena) fourth 9.89; Donnie Butler (Fremont, Los Angeles) fifth 9.97; and Tony Pitts (Valley, Santa Ana) sixth 9.97.

Torrance came back in the 220 to capture third in 21.76. Mike Washington (Burbank, Sacramento) finished fifth in 21.97.

Rod Bethany (Fontana) placed third in the 440 with 47.85. Ben Grant (Grant, Sacramento) was eighth in 49.29.

Mike White (Richmond) made up for his mediocre State Meet performance with a fine 1:51.9 for second in the 880. It was a blanket finish for the first three places.

State Meet winner Dokie Williams (El Camino, Oceanside) was injured in the long jump and finished seventh and last at 23-3¼. Other Californians included Donnie Butler second 24-7; Tony Pitts third 24-2¾; and Mike Bradford (Fairfax, Los Angeles) sixth 23-4½w.

Results

DISCUS — 1, Dave Porath, Alwater, 209.6 (national high school record); 2, Scott Longquist, Overland Park, Kan., 196.0; 3, Carlos Scott, Hempstead, Tex., 195.1; 4, Sean Farrell, West Hampton Beach, N. Y., 188.1; 5, Scott Crowell, Mason City, Iowa, 188.0; 6, Doug Wollen, Pullman, Wash., 185.11; 7, Mike Call, Boulder, Colo., 173.7.

JAVELIN — 1, Michael Collins, Ramsey, N. Y., 222.6; 2, Gray Barrow, Baton Rouge, La., 217.8; 3, Brian Cullinan, Conway, N. H., 209.10; 4, Peay Meier, Salt Lake City, 203.1; 5, Richard Jackson, Castle Rock, Wash., 201.0; 6, Richard Wolf, Eugene, Ore., 185.9; 7, Gary Cook, Bend, Ore., 185.5.

High jump — 1, Terry Ellis, Patros, Wash., 7.2; 2, Robert Haley, Brandon, KF Fla., 6.10; 3, Spencer Sunstrom, Richardson, Tex., 6.10; 4, Greg Seay, Ryan, Okla., 6.8; 5, Brad Harris, Los Alamitos, 6.8.

440 — 1, Deon Hogan, Detroit, Mich., 47.1; 2, Darrell Jeffress, Trenton, N. J., 42.7; 3, Rod Bethany, Fontana, 47.6; 4, Joe Parker, Rosewell, N. M., 48.6; 5, Jody Jimerson, Norman, Okla., 48.6; 6, Alan Kirkwood, Provo, Utah, 48.8; 7, Ben Grant, Sacramento, 48.9; 8, Drek Derek Beeles, Calumet, Ill., 48.9; 9, Brad Jackson, Cedar City, Utah, 50.9.

880 — 1, Richard Winkelhoch, St. Louis, Mo., 1:51.8; 2, Mike White, Richmond, 1:51.9; 3, John Schaeer, Crescent Valley, Ore., 1:51.9; 4, Mark Poleman, Wyoming, Mich., 1:52.3; 5, Rich Lippert, Huntington Station, N. Y., 1:52.3; 6, Joe Albers, Cleveland-Heights, Ohio, 1:52.3; 7, Scott Lyman, Scottsdale, Ariz., 1:53.4; 8, Aubrey McKilthen, Trenton, N. J., 1:58.3; 9, Kerry Hardwick, Long Beach, 1:58.3.

Shot put — 1, Carlos Scott, Hempstead, Tex., 66.7; 2, Jerry Ross, Dallas, T. Dallas, Tex., 66.5; 3, Dan Kruger, Krueger, Virginia Beach, Va., 65.7; 4, Dave Porath, Ath Alwater, 63.9 1/2; 5, Brian Faul, 62.6; 6,

Marty Van Gorder, Chandler, Ariz., 61.6 3/4; 7, Steve Seffle, Nevada, Iowa, 61.5 1/4; 8, Scott Longquist, 57.10 3/4.

120 High Hurdles — 1, Steve Parker, Athens, Ala., 13.3; 2, Phillip Phillip Johnson, Gardena, 13.3; 3, Milan Stewart, West Covina, 13.7; 4, Chris Person, Plainfield, N. J., 13.8; 5, Anthony Hancock, Cleveland, Ohio, 13.8; 6, Miguel Williams, St. Petersburg, Fla., 13.8; 7, Tony Campbell, Banning, 14.4; 8, Mike Valentine, Rancho Cordova, 14.4.

100 — 1, Ken Thomas, Hanford, 9.6; 2, Wayne Johnson, Richardson, Tex., 9.6; 3, Earl McNeil, Brooklyn, N. Y., 9.7; 4, Virgil Torrance, Gardena, 9.8; 5, Donnie Butler, Los Angeles, 9.8; 6, Etrem Davis, Lake Charles, La., 9.8; 7, Greg Edwards, 9.8.

400 IH — 1, Chris Person, Plainfield, N. J., 51.3; 2, Tony Campbell, Banning, 53.5; 3, Antoine Holtoman,

Virginia Beach, Va., 53.6; 4, Larry Cowling, Sacramento, 53.7; 5, Greg Gonzales, Salt Lake City, Utah, 53.53.7; 6, Rich Luftrell, San Carlos, 53.8; 7, Dick Caulder, St. Petersburg, Fla., 55.4; 8, Clayton Lloyd, Hackensack, N. J., 55.9.

Two mile — 1, Alan Scharsu, Austintown, Ohio, 8:43.8:43.4 (meet record); 2, Don Janiki, Mesa, Ariz., 9:01.1; 3, Steve Webb, LaPalma, Ariz., 9:02.5; 4, Davis Barney, Scottsdale, Ariz., 9:10.7; 5, Vito Perrone, Glendale, Ariz., 9:19.0; 6, Greg Erwin, Tacoma, Wash., 9:35.1; 7, Dwayne Janz, The Dalles, Ore., 9:42.7.

220 — 1, Wayne Johnson, Richardson, Tex., 21.3; 2, Steve Parker, 21.6; 3, Virgil Torrance, Gardena, 21.6; 4, Earl McNeil, Brooklyn, N. Y., 21.6; 5, Mike

Washington, Sacramento, 21.9; 6, Greg Edwards, Levittown, Pa., 22.0; 7, Donnie Terrill, Wallis, Tex., 22.2.

1 Mile — 1, John Gregorek, Smithtown, N. Y., 4:05.0; 2, Todd McAllister, Deerfield, Ill., 4:08.3; 3, Mark Fricker, Hemet, 4:08.9; 4, Mike O'Reilly, San Rafael, 4:09.5; 5, Mark McAllister, Deerfield, Ill., 4:11.4; 6, Dan Will, Sacramento, 4:15.1; 7, Ron Bahara, Newhall, 4:16.4; 8, Greg Backhand, Albany, 4:21.9.

Pole vault — 1, Jeff Buckingham, Gardner, Kan., 17.0; 2, Anthony Curran, Encino, 16.6; 3, Rick Hayley, Corpus Christi, Tex., 16.0; 4, Scott Foss, Santa Ynez, 15.6; 5, Steve Crane, Portland, Ore., 15.6; 6, Bert Tardieu, San Jose, 15.0; 7, Owen Buckley, Sioux City, Iowa, 14.6; 8, Greg Ernst, Placentia, no height.

Triple jump — 1, Saniya Owolabi, North Terrytown, N. Y., 52.5 1/2 (meet record); 2, Ernest Marvin, Columbia, S. C., 51.7; 3, Lonnie Sanders, Sacramento, 49.6; 4, Erin Williams, Tacoma, Wash., 48.9; 5, Duane Bippie, Harvey, Ill., 48.6 1/2; 6, Todd Brown, Holdrege, Neb., 47.9.

Long jump — 1, Wayne Walker, Tuscon, Ariz., 24.2 1/2; 2, Donnie Butler, Los Angeles, 24.7; 3, Tony Pitts, Santa Ana, 24.2 3/4; 4, Erin Williams, Tacoma, Wash., 24.7 1/2; 5, Mark Hanson, Toke Topeka, Kan., 23.7 1/2; 6, Mike Bradford, Los Angeles, 23.4 1/2; 7, Dokie Williams, Oceanside, 23.3 3/4.

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• 1977 Age Groups
• All Standard Events from
Age 8 thru Age 17

PROFILE

pete quinonez

photo by David Bronzan

PETE QUINONEZ: Tulare Union High School sophomore. Age 16; 5-11, 148 pounds. Born March 3, 1962 in Tulare, California.

Best Marks: 220— 22.9; 440— 49.3; 880— 1:51.3; triple jump— 42-10. All set in 1978. Coached by Ross Gentry and William Garner.

Pete "Disco" Quinonez went undefeated in the 880 this year all the way up to the State Meet, in which he lost by less than a tenth of a second in the final. That's quite an impressive season especially when you consider Pete is a Tulare Union High School sophomore.

It would seem that next year Pete should have it made in California in the 880. Not so — state champion David



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It would seem that next year Pete should have it made in California in the 880. Not so — state champion David Mack of Locke in Los Angeles will be back to defend his title as he was an eleventh grader this past season.

The 880 wasn't the only event Pete starred in at Tulare. In the league meet he won three gold medals (440, 880 and mile relay) and a second place silver (triple jump). He won the 880 and placed third in the 440 in the C.I.F. Central Section Championships.

Pete's competition strategy is to run only to win with no thought of time. It paid off as far as his won-loss record but he didn't break 2:00 until two weeks before the state meet. He didn't need to to win until then. What would have happened if he'd had more competition all year?

As for goals; you guessed it — "My first goal is going to be to win the state meet," Quinonez states positively, "Other goals include being on a USA team that competes in other countries and, of course, going to the Olympics in 1984." He's in no hurry. He's got plenty of time to achieve these goals.

This summer Pete continues to maintain a good level of fitness and hopes to compete in the National Junior Olympics in August. In the meantime he's working as a dishwasher.

What about college? He replies just as you might expect, "I haven't really thought about it." You hungry college recruiters be patient, he's only a soph., remember. He did say, however, "I would like to go into architecture as a career." O.K. Cal Poly, there's your cue.

If and when Pete Quinonez makes it to the Olympics he won't be the first gold medal winner from his high school. Bob Mathias was the first from Tulare



and when he did it in the decathlon he was still a prep. "Bob has inspired me a lot," relates Pete, "He's from my school and I want to be an Olympic champion from Tulare, too."

Bob Mathias hasn't been the only inspirational person in his track career. "I have super community support here in Tulare," beams Quinonez, "They all help me a lot by telling me how proud they are. My relatives inspire me a lot, too. Also I have a really terrific bunch of friends. I like to make them proud, especially. But, I try not to overdue it by telling them of my accomplishments too much. They are really great. Advice I would give to other runners is to have supportive friends."

Workouts:

MONDAY— 2x880@2:10/880 jog, 4x440@63/440 jog, 4x220@26/220 jog, 4x110@15/110 jog. All non-stop. TUESDAY— 6-10 mile run. WEDNESDAY— 10-12x220@25/440 jog. THURSDAY— 5-7 mile run. FRIDAY— 6x440@57/880 jog, 6x220@24.5/440 jog. SATURDAY— easy 3+ mile run. SUNDAY— easy 3+ mile run.

Track workouts include a 2 mile warm-up and a 2 mile cool-down.

A.A.U. Junior Championships

Bloomington, Indiana, June 24-25: Six women and one man from California high schools earned places on the national junior team which traveled to the Soviet union and West Germany for team competitions.

Chuck Assumma, a junior at Eisenhower, won the 10,000 meters in 30:42.9. He won the State Meet two mile championship last year as a sophomore, but was unable to defend his title because of a stress fracture in his foot.

Freida Cobbs of Berkeley won both the 200 and 400 meters in 24.02 and 53.12, which makes her the 7th best performer in high school history. "I was tired earlier because of all the races I won, but I feel great now because I'm so excited about the trip," said Cobbs. "I made the same trip in 1976, and I've been planning to make it again ever since then." Cobbs, just graduated from Berkeley High, said she is leaning toward the University of Arizona but hasn't ruled out Tennessee State and Northridge State next fall.

by KEITH CONNING

Cheri Williams (Livermore & San Jose Cindergals) ran a tactical race in the 1500 meters but still wound up with a sizzling 4:21.26, which equates to a 4:40 mile or 4.4 seconds better than her previous best. "All of us in the final were within one second of each other in the trials, so I stayed back in about fourth place until the last 220 and relied on my kick," explained Cheri.

Christi Pyle (Glendale Hoover & L.A. Naturite), the State Meet champion, won the discus at 153.9. A surprise second was Leslie Deniz (PBP & Gridley), who failed to qualify for the State Meet as she placed second in the Northern Section. Leslie I'm sure will be glad to trade a trip to Russia for a trip to Bakersfield.

Ann Regan (Camden, San Jose & San Jose Cindergals) repeated her second place finish of last year with a 2:05.28 clocking in the 800.

Alice Brown (Muir, Pasadena & L.A. Mercuresses) placed second in the 100 with 11.79 to a former California prep DeAndra Carney (Arlington HS, Indianapolis & L.A. Mercuresses) with 11.69. State champion Kelia Bolton (Hill, San Jose) only finished 8th in 12.29. However Bolton finished third in the 200 only 3 hundredths behind second place.

Willie White, the Berkeley High track coach, was appointed as an assistant for the U.S. women's junior squad. Willie was ranked fourth in the world in the 100 yard dash back in 1957. While running for Jefferson High of Los Angeles in 1956, he captured the State Meet 100 in 9.5 and 180 lows in 19.0.

---Results

boys

100 METERS—1. Young (Mallory Challengers/Central HS, Philadelphia), 10.48 (wind 1.4 m.p.s. against); 2. Brown (DC Striders/Bethel HS, Hampton, Va.), 10.49; 3. Lattany (Georgia), 10.52; 4. Moore (Philadelphia Pioneers/Arizona St.), 10.53. Others included: 5. King (Phoenix BG/UC Irvine), 10.66.

10,000—1. C. Assumma (SoCal Roadrunners/Eisenhower HS), 30:42.9; 2. Reuning (Montana), 30:46.3; 3. Langenohl (Parkside TC), 31:24.0. Others included: 4. Gibson (Glendale College), 31:27.2; 7. Berry (West Valley TC/Redwood HS, Larkspur), 32:53.8.

POLE VAULT—1. Hall (Texas A&M), 17-0 (meet record, old mark, 16-9, Pilla, Meramac JC, 1977); 2. Buckingham (Lakeside Vaulters/Gardner HS, Kansas), 16-0; 3. G. Ernst (El Dorado HS), 16-0. Others included: 4. Lang (Bridgewater/Raritan East HS, N.J.), 16-0 (national high

18. Wechbecher (Burroughs HS, Burbank), 2:22.

HEAT LEADERS (plus local qualifiers): 400—Goldston (Athletes in Action/UCLA), 46.81. 800—Aragon (Notre Dame), 1:51.1. 1,500—Harbour (Baylor), 3:50.0; Fricker (SoCal Roadrunners/Hemet HS), 3:50.6; F. Assumma (SoCal Runners/Eisenhower HS), 3:53.6. 1100H—Wilson (Phil. Pioneers/Bartram HS), 14.28; Johnson (Tobias Striders/Gardena HS), 14.77. 400IH—Phillips (San Jose CC), 51.94.

200 METERS—1. Lattany (Athens TC/Georgia), 21.45 (headwind); 2. Goldston (Athletes in Action/UCLA), 21.49; 3. King (Phoenix BG/UC Irvine), 21.55.

400—1. Goldston (Athletes in Action/UCLA), 46.03; 2. Denman (Boys & Girls HS, Brooklyn), 46.64; 3. Sargent (Harbor HS, Ashtabula, Ohio), 47.09; 4. Jeffers (Central HS, Trenton,

5,000—1. B. McChesney (Oregon TC), 14:38.2; 2. Ortiz (Grossmont College), 14:40.6; 3. Janicki (Mesa HS, Arizona), 14:53.0. Others included: 5. Schriver (UC Irvine), 15:03.6.

1100H—1. Parker (Athens HS, Alabama), 14.25 (headwind); 2. Wilson (Phil. Pioneers/Bartram HS, Philadelphia), 14.32; 3. Johnson (Tobias Striders/Gardena HS), 14.35.

400IH—1. Person (Plainfield HS, Plainfield, N.J.), 51.0 (third performer, fifth performance all-time high school); 2. Phillips (San Jose CC), 51.74; 3. Foreman (Concerned Athletes), 52.57.

10,000 WALK—1. Sharp (unat), 50:54.7; 2. Morris (NYAC), 51:38.3; 3. Pettis (Pelham HS, Pelham, N.Y.), 51:44.2.

TRIPLE JUMP—1. Owolabi (Raiders AC/Sleepy Hollow HS, North Tarrytown, N.Y.), 52-4w; 2. Artis (Middle Tenn. St.), 52-3w; 3. Tyler (Athletes

photo by Wayne Wiebe



100 METERS—1. Young (Mallory Challengers/Central HS, Philadelphia), 10.46 (wind 1.4 m.p.s. against); 2. Brown (DC Striders/Bethel HS, Hampton, Va.), 10.49; 3. Lattany (Georgia), 10.52; 4. Moore (Philadelphia Pioneers/Arizona St.), 10.53. Others included: 5. King (Phoenix BG/UC Irvine), 10.66.

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LONG JUMP—1. King (Phoenix BG/UC Irvine), 25-9 3/4 (25-7 legal); 2. Walker (Tucson Striders/Pueblo HS), 25-2 3/4 (24-11 3/4 second best); 3. Artis (Middle Tennessee St.), 25-2 3/4 (24-6 1/2 second best).

DISCUS—1. Lofquist (Shownee Mission South HS, Overland Park, Kan.), 175-1 (third best all-time high school); 2. Serafenas (Delaware), 174-0; 3. Williky (Penn St.), 171-4. Others included: 5. Porath (Atwater HS), 163-9.

HAMMER—1. Thomson (Stanford), 168-11; 2. Forden (unat), 164-4; 3. Lannigan (Ireland), 163-8.

DECATHLON (5-event leaders)—1. Swanger (Weber St.), 3,638; 2. Bastian (unat, Jackson, Mich.), 3,566; 3. Bryan (Charlottesville TC), 3,565. Others included: 8. Asami (Sunny Hills HS), 3,262; 11. White (La Canada HS), 3,148.

100 METERS—1. Young (Mallory Challengers/Central HS, Philadelphia), 10.46 (wind 1.4 m.p.s. against); 2. Brown (DC Striders/Bethel HS, Hampton, Va.), 10.49; 3. Lattany (Georgia), 10.52; 4. Moore (Philadelphia Pioneers/Arizona St.), 10.53. Others included: 5. King (Phoenix BG/UC Irvine), 10.66.

HEAT LEADERS (plus local qualifiers): 400—Goldston (Athletes in Action/UCLA), 46.81; 800—Aragon (Notre Dame), 1:51.1; 1,500—Harbour (Baylor), 3:50.0; Fricker (SoCal Roadrunners/Hemet HS), 3:50.6; F. Assumma (SoCal Runners/Elsenhower HS), 3:53.6; 1100H—Wilson (Phil. Pioneers/Bartram HS), 14.28; Johnson (Tobias Striders/Gardena HS), 14.77; 400IH—Phillips (San Jose CC), 51.94.

200 METERS—1. Lattany (Athens TC/Georgia), 21.45 (headwind); 2. Goldston (Athletes in Action/UCLA), 21.49; 3. King (Phoenix BG/UC Irvine), 21.55.

400—1. Goldston (Athletes in Action/UCLA), 46.03; 2. Denman (Boys & Girls HS, Brooklyn), 46.64; 3. Sargent (Harbor HS, Ashtabula, Ohio), 47.09; 4. Jeffress (Central HS, Trenton, N.J.), 47.23.

800—1. Tufariello (Reading AA/Villanova), 1:49.8; 2. Aragon (Notre Dame), 1:50.1; 3. Brown (CYO TC/St. Alban's HS, Washington, D.C.), 1:51.2.

1,500—1. Harbour (Baylor), 3:47.8; 2. Donaghue (St. John's), 3:48.0; 3. Todd McCallister (Deerfield HS, Illinois), 3:49.5. Others included: 5. Fricker (SoCal Roadrunners/Hemet HS), 3:53.1; 10. F. Assumma (SoCal Roadrunners/Elsenhower HS), 4:02.1.

3,000 STEEPLECHASE—1. Gregorrek (New Jersey AA/St. Anthony's HS, Smithtown, N.Y.), 9:04.0 (second performer, third performance all-time high school); 2. Mangan (Penn St.), 9:07.0; 3. Hess (South, HS, Eugene, Ore.), 9:21.3. Others included: 5. Lewis (Glendale College), 9:29.6.

5,000—1. B. McChesney (Oregon TC), 14:38.2; 2. Ortiz (Grossmont College), 14:40.6; 3. Janicki (Mesa HS, Arizona), 14:53.0. Others included: 5. Schriver (UC Irvine), 15:03.6.

1100H—1. Parker (Athens HS, Alabama), 14.25 (headwind); 2. Wilson (Phil. Pioneers/Bartram HS, Philadelphia), 14.32; 3. Johnson (Tobias Striders/Gardena HS), 14.35.

400IH—1. Person (Plainfield HS, Plainfield, N.J.), 51.0 (third performer, fifth performance all-time high school); 2. Phillips (San Jose CC), 51.74; 3. Foreman (Concerned Athletes), 52.57.

10,000 WALK—1. Sharp (unat), 50:54.7; 2. Morris (NYAC), 51:38.3; 3. Pettis (Pelham HS, Pelham, N.Y.), 51:44.2.

TRIPLE JUMP—1. Owolabi (Raiders AC/Sleepy Hollow HS, North Tarrytown, N.Y.), 52-4w; 2. Artis (Middle Tenn. St.), 52-3 1/4w; 3. Tyler (Athletes in Action/Biola), 52-1 1/4w.

SHOT PUT (16 pounds)—1. Carter (Jefferson HS, Dallas), 61-4 3/4 (national high school record, old mark, 61-1 1/4, Sam Walker, 1968); 2. Goldsmith (Oregon TC), 59-8 1/2; 3. Williky (Penn St.), 53-7 1/4. Others included: 4. Porath (Atwater HS), 52-3 3/4.

HIGH JUMP—1. Frazier (Arizona), 7-2 (equals meet record, James Barriereau, 1974); 2. Flowers (North Miami TC), 7-0; 3. Guy (Gateway HS, Aurora, Colo.), 6-11.

JAVELIN—1. Meyer (unat), 234-8; 2. Bramlage (Kansas St.), 228-6; 3. Boskovich (Tennessee), 227-0.

DECATHLON—1. Bastian (unat, Jackson, Mich.), 7,139; 2. Swanger (Weber St.), 6,965; 3. Bryan (Charlottesville TC), 6,834. Others included: 10. Asami (Sunny Hills HS), 5,993; 12. White (La Canada HS), 5,879; 17. Wechbacher (Burroughs HS, Burbank), 5,489.

girls

100—1. Carney (LA Mercurettes/Arlington HS, Indianapolis), 11.69 (wind 2.2 m.p.s. against); 2. Brown (LA Mercurettes/Muir HS), 11.79; 3. Glover (Willingboro TC), 11.84; 4. Washington (Peninsula Spikes TC), 11.90. Others included: 5. Bolton (Millbrae Lions/Hill HS, San Jose), 11.91; 9. Bolden (LA Mercurettes/Centennial HS), 12.84.

HIGH JUMP—1. Reinstra (Club North), 5-11; 2. Meicall (Albuquerque TC), 5-11; 3. Heinrich (Club Keystone), 5-10. Others included: 4. McNeal (Carlsbad HS), 5-10; 11. Alston (Berkeley East Bay TC/Chico HS), 5-8.

LONG JUMP—1. Lewis (Willingboro TC), 20-5 1/4w (19-6 1/2 legal); 2. Loud (LA Mercurettes/Westchester HS), 19-11 1/2w (18-7 3/4 legal); 3. Styles (Jacksonville TC), 19-6 3/4. Others included: 17. Harmon (LA Mercurettes), 18-3 3/4w (17-11 3/4 legal); 19. D. Peters (LA Track Club), 18-1; 21. Files (LA Mercurettes/Dorsey HS), 18-0 1/4.

SHOT PUT—1. Majors (Indy Chevettes), 46-9; 2. Sobansky (unat), 45-3 3/4; 3. Henry (SoCal Cheetahs), 44-9. Others included: 8. Ray (LATC), 43-13 1/4.

HEAT LEADERS (plus local qualifiers): 400—Cobbs (Berkeley Bay TC/Berkeley HS), 54.19; Franklin (Millbrae Lions/Balboa HS, SF), 54.31; Gardner (LA Mercurettes/Crenshaw HS), 54.65; 800—Clark (Club Keystone), 2:07.1; Regan (San Jose Cinder-

gals/Camden HS), 2:07.3; Figliolini (SJ Cindergals/Saratoga HS), 2:10.8; Goen (North HS, Bakersfield), 2:11.0; 1,500—K. Denz (Patriots USA/Blair HS), 4:28.8; Bler (SJ Cindergals/Independence HS), 4:29.4; C. Williams (SJ Cindergals/Livermore HS), 4:29.4; 100 HURDLES—Hawthorne (Berkeley East Bay TC/El Cerritos HS), 14.28; Kris Costello (SJ Cindergals/Lynbrook HS), 14.88; Kim Costello (Millbrae Lions/South SF HS), 14.95; Carroll (Patriots USA/Fountain Valley HS), 15.67; 400 HURDLES—Allwine (Pullman HS), 62.45.

200—1. Cobbs (Berkeley Eastbay TC/Berkeley HS), 24.02 (headwind); 2. Dunlap (South Jersey TC), 24.19; 3. Bolton (Millbrae Lions/Hill HS, San Jose), 24.22. Others included: 5. Brown (LA Mercurettes/Muir HS), 24.43; 6. Marshall (LATC/LB Jordan HS), 24.52. Note: Carney (LA Mercurettes/Arlington HS, Indianapolis) pulled muscle in semifinals.

400—1. Cobbs (Eastbay TC/Berkeley HS), 53.12; 2. Emerson (Patriots USA/Westminster HS), 53.42; 3. Gardner (LA Mercurettes/Crenshaw HS), 53.47. Others included: 4. Franklin (Millbrae Lions/Balboa SF HS), 53.56.

800—1. Beckford (Liberty AC/R&G HS, Cambridge, Mass.), 2:05.3 (meet record, old mark, 2:05.4, Linda Goen,

1977); 2. Regan (San Jose Cindergals/Camden HS), 2:05.3; 3. Clark (Club Keystone), 2:05.3. Others included: 5. Goen (North HS, Bakersfield), 2:07.2; 7. Figliolini (SJ Cindergals/Saratoga HS), 2:09.7.

1,500—1. Williams (SJ Cindergals/Livermore HS), 4:21.3; 2. Wells (Memphis Shelby TF), 4:22.0; 3. Crystal (Colorado Gold), 4:22.7.

3,000—1. Springs (Bayshore HS, Brandon, Fla.), 9:30.9; 2. O'Connor (CYO TC), 9:31.6; 3. Craven (Scioto TC), 9:38.2. Others included: 7. Minty (Pacific Coast Pacers/Rosary HS, Anaheim), 9:57.5; 11. Cook (SoCal Roadrunners), 10:26.0.

100 HURDLES—1. Fitzgerald (Garfield HS, Woodbridge, Va.), 14.0 (headwind); 2. Young (unat), 14.10; 3. Washington (Skyark TC), 14.18.

400 HURDLES—1. Brown (Club Keystone/Bartram HS), 60.46; 2. Pollan (Memphis Shelby TF), 61.34; 3. Henderson (Flashettes TC), 63.09.

400 RELAY—1. Berkeley Eastbay TC (Ware, Young, Cobbs, Webster), 45.92 (equals meet record, Millbrae Lions, 1976); 2. LA Mercurettes "A", 46.59; 3. LA Mercurettes "B", 46.71. Others included: 5. Los Angeles TC, 47.25.

800 MEDLEY RELAY—1. LA Mercurettes "A" (Washington, Brown, Ward, Gardner), 1:40.3; 2. Berkeley Eastbay TC, 1:41.5; 3. LA Mercurettes "B", 1:44.4. Others included: 4. Los Angeles TC, 1:45.1; 8. Patriots USA, 1:48.7.



CHERI WILLIAMS

1,600 RELAY—1. Flashette TC, 3:41.8; 2. Motor City TC, 3:43.0; 3. Los Angeles TC, 3:46.8.

3,200 RELAY—1. San Jose Cindergals, 8:55.2; 2. Club Keystone, 8:55.7; 3. Liberty AC, 9:00.6. Others included: 4. Patriots USA, 9:09.2.

3,000 WALK—1. Ruis (Kettering Striders), 15:54; 2. Trisco (LATC), 15:55; 3. McKinnon (Island TC), 17:05.

DISCUS—1. Pyle (LATC), 153-9; 2. Deniz (Peach Bowl Pacers/Gridley HS), 150-9; 3. Cobern (unat), 149-7. Others included: 13. Henry (SoCal Cheetahs), 131-7.



LONG DISTANCE LOG

by RICHARD L. SLOTKIN

photo by Richard Lee Slotkin



GERALDO CONCHOLA

Los Angeles, July 1: THE FIRST KPKF OCCASIONAL 10 KILO RUN. The course was set in Elysian Park and is the same one the cadets of the LAPD train on. A very tough hill at the beginning. Add to that the very warm weatherin the high 80's.....and out of the 600 plus finishers, the star has to be the 16th one to cross the line. Who might



PAM FIRESTONE

first female. This was a tough course with the long hill and hot weather. The Palisades being a rather fashionable place to live was able to spice the crowd of about 3000 with a few celebrities. Bob Klein of the San Diego Chargers, Toni Tennile of Captain and Tennile and Bill Schallert of the Nancy Drew show all put on their running shoes and

Mailbag

Our cross country team (the defending Oregon State Champions) would like to come to California to compete in a big cross country invitational sometime this fall. We would like to meet any of the top teams or individuals around.

Could you advise me of any of the prospective meets and the relative quality of them? Who might I contact?

John Gillespie
Cross Country Coach
South Eugene High School
Eugene, OR 97401

O.K. meet directors, pick up the ball. Could add some spice to your cross country invitational.

You're doing a super job with your newspaper. Very good coverage. Really enjoy it. Keep up the great work.

Eddy Cadena
Asst. Track Coach
CP-SLO

The items I especially enjoyed in past issues include: schedules of upcoming meets, results of road races and marathons, list of top one-hundred marathoners in California, list of top track times for men and women in different age groups, and photos of big events.

Items I would like to see improved include: giving the schedule for three months instead of two, separating road results from track results and open from college and high school publishing the

In response to your plea for corrections to your California best marks ranking I send you the following which you missed:

E. Arriola—3:45.3 (1500)
T. Colley(Oxy)— 3:45.7 (1500)
B. Williams(UCLA)— 3:46.0 (1500)
B. DeLatorre(OSU)— 3:47.5 (1500)
H. Perez(USC)— 8:52.1 (steeple)
E. Magallanes(BSU)— 8:57.0 (steeple)
D. Babiracki(SFVTC)— 14:02.2 (5,000)
V. Simonian— 14:22.8 (5,000)
R. Serna(UCI)— 30:13.1 (10,000)

R. Serna(UCI)— 30:13.1 (10,000)
B. Hunsaker(SDS)— 30:18.1 (10,000)
R. Langford(FSU)— 30:59.8 (10,000)
D. Schriver(UCI)— 31:14.3 (10,000)
J. Rubino(CSULA)— 31:23.2 (10,000)

Alberto Bazan
Brawley

What do we at Cal State University Los Angeles have to do to get our marks accurately recorded in California Track News and other track magazines? Our athletes are constantly left out, misrepresented as being from Cal State Long Beach or have inferior marks recorded next to their names (when they have better ones).

Although things are getting better here are this years additions: (1) Carey Simons (SMTC — CSULA alumni) May 14, SPAAAU 10,000 29:40.0 3rd. (2) Bill McCullough (SMTC — CSULA alumni) besides leading state in 3000 steeple also ran 3:48.6 in 1500. (3) Jay Rubino ran 30:19.4 for third in the 10,000 at the CCAA Championships.

GERALDO CONCHOLA

Los Angeles, July 1: THE FIRST KPKF OCCASIONAL 10 KILO RUN. The course was set in Elysian Park and is the same one the cadets of the LAPD train on. A very tough hill at the beginning. Add to that the very warm weatherin the high 80's.....and out of the 600 plus finishers, the star has to be the 16th one to cross the line. Who might that be? The one and only, and I-still-got-plenty-left, Miki Gorman. Needless to say, she was also the first female finisher. Miki did hedge her bet a little, though. She entered her own 40 and over division rather than the women's open.

The winner of the whole thing is a bit of a tale, too. Geraldo Conchola, of the San Fernando Valley Track Club, was the first one to come in. His finance, Pam Firestone, also of the SFVTC, was second female and winner of the open division women.

Showing his national age group championship form was Jim Murphey of the Santa Monica Track Club, who won the 35-39 division and was 6th overall. It should be noted that Jim's employer is the LAPD, so he ought to be quite familiar with the course.

RESULTS:

Men's Open— Geraldo Conchola(San fernando Valley TC) 31:52.

Men 35-39— Jim Murphey(Santa Monica TC) 34:53.

Women's Open— Pam Firestone(San Fernando Valley TC) 39:16.

Women 40-44: Miki Gorman(San Fernando Valley TC) 36:53.

Women 45-49— Carol Cartright(San Fernando Valley TC) 46:27.

Pacific Palisades, July 4: WILL ROGERS 10 KILO RUN. Here, Conchola could only get third, but to keep it in the future family, Firestone was

PAM FIRESTONE

first female. This was a tough course with the long hill and hot weather. The Palisades being a rather fashionable place to live was able to spice the crowd of about 3000 with a few celebrities. Bob Klein of the San Diego Chargers, Toni Tennile of Captain and Tennile and Bill Schallert of the Nancy Drew show all put on their running shoes and did their thing. And not too badly either. After the race, they were joined by Davely Lopes of the Dodgers and Rogie Vachon who was recently the goalie of the L.A. Kings hockey team, and all five presented the various awards.

As the results show, Bob Klein did very well when you consider the enormous size of the man and the fact that his training is in football, rather than distance running. And what about Toni? She can't possibly have any time to train, and yet she broke an hour quite convincingly. Bill Schallert looked pretty good too for the same reason plus he is probably in his 50's. For that matter, even Toni Tenille is probably in the 35-39 or even 40-44 age group. And, they stuck around til the very end handing out awards and autographs.

RESULTS:

Open Men— Drew Mearns(31:35), Geraldo Conchola(32:09), Bill Haldeman (32:15), Tom Resh(32:32), David Greifinger(33:03).

Men 30-39— Ron Kurrle(31:56) second overall, Frank Duarte(32:11).

Men 40-49— Brian Fernee(35:37).

Men 50-59— Pete Sale(38:40).

Men 60+— Eddie Lewin(40:52).

Women under 14— Kathy Duarte(42:10).

Women 15-18— Pam Firestone(39:25), Theresa Ebner(39:35).

Women 19-35— Jan Vickers(41:00), Marilyn Nippold(41:56).

Women 35+ — Catherine Grow(41:17).

Celebrities— Bob Klein(43:12), Toni Tennile(57:22), Bill Schallert(57:38).

CP-SLO

The items I especially enjoyed in past issues include: schedules of upcoming meets, results of road races and marathons, list of top one-hundred marathoners in California, list of top track times for men and women in different age groups, and photos of big events.

Items I would like to see improved include: giving the schedule for three months instead of two, separating road results from track results and open from college and high school, publishing the schedule for masters events.

Keep up the good work!

John W. Rupp
Seniors Track Club

Runner's World 1972 book, The Boston Marathon, lists no times under 2:30 for Tom Ryon or Bob Cons.

Alvaro Mejia ran 2:17:22, Chuck Hattersly ran 2:26:39 in 1977, and Bill Clark ran 2:20:39 in 1970.

Jim Lambe
Fresno

I have noticed several errors and omissions in your list of the top marks for men, 4 year college and open that ran in the July issue of CTN. Most important, for me anyway, was my own performance in the 800 meters of 1:49.3, run on May 14th at the SPAAAU Championships (UCLA). I represented the Maccabbi Union TC.

Some other 800 meter runners of note, either misplaced or missing: James Walters of USC ran about 1:48.3 at the USC-UCLA dual meet in finishing fourth (better than the 1:49.4 which you have him listed under), while Brian Donahue ran 1:49.4 in his league championship, ahead of the 1:50.5 on your list.

Hope this helps you update that list. Keep up the good work!

John Thornton
Los Angeles

accuracy, featured in California Track News and other track magazines? Our athletes are constantly left out, misrepresented as being from Cal State Long Beach or have inferior marks recorded next to their names (when they have better ones).

Although things are getting better here are this years additions: (1) Carey Simons (SMTC — CSULA alumni) May 14, SPAAAU 10,000 29:40.0 3rd. (2) Bill McCullough (SMTC — CSULA alumni) besides leading state in 3000 steeple also ran 3:48.6 in 1500. (3) Jay Rubino ran 30:19.4 for third in the 10,000 at the CCAA Championships. (4) Ruben Ruiz was fifth in that race with a 31:52.6.(5) Anthony Greene twice ran 52.77 in the intermediates at Div. II Nationals and has several 14.2s. (6) Melvin Briscoe ran 14.3 twice this year.

That's all for now — thanks for your detailed coverage of California track & field.

Jeff Lough
Cross Country Coach
CSULA

The above letters are much appreciated, yet point up a big problem for us at CTN. That is getting the news. We can not print what we don't have and don't know about. We attempt to get everything we can but realize we must be dependent on our readers to send us info such as these letters. It would have been good to have gotten this earlier.

Many clubs and schools put us right on their mailing list for press releases and other information and results. Some schools and clubs even have a member responsible for writing us once or twice a month with the latest news from their school or club. Organizations which have been especially good at keeping us informed have been Corona Del Mar Track Club, San Luis Distance Club, Cal Poly San Luis Obispo and Cal State Long Beach to name just a few.

Keep the news coming!

Editor



THE SUNDAY RUN

by GARY TUTTLE

Every Sunday at 8:30 am a motley group of runners jog or drive to Arroyo Verde Park in Ventura. This group of from 3 to 25 runners is but one group of

The snakes are only a small problem, but the roaming cows are a large problem. During the summer, especially on hot dusty days, we have a herd of cows which love to run with us for a couple of miles always staying just a few yards ahead. These cows seem to enjoy their running so much they don't take time to stop to allow for nature's discharge of digested food, they prefer to perform on the run. More than a couple of runners, blinded by the dust and smell have ventured too close "behind," and have collected enough manure on their shoes and legs to make them stop and scrape with a stick.

The cow-chasing summers are fun, but the wet winters are even better. During the rains, the trails turn to mud and running turns to sludging. Its during this wet season that HSC runners Engel and Scobey excell. Both runners always seem to be able to find the gooiest mud to lead us through. Scobey holds the official record for "most often losing a shoe two feet or more into the mud during a run." His record stands a three lost shoes in ten miles, and the last time he ran three miles before he even realized they were gone. It seems Bob Hayes is just the opposite, no matter how muddy the run, Bob always remains spotless, not a speck of mud anywhere on his perpetual new shoes.

When bored with our Ventura area we'll meet Chuck Smead in Santa Paula. Chuck will thrash us up and down Topa-Topa (6,500 ft.) and lose half of us. Not only will Chuck's runs lose us for the day, but also for several weeks later, because some of the group will contact

coin collections, calculators, money, and clothes. Van's greatest find to date is a used wind breaker and cloth cap which he found 15 years ago, and still wears today.

Our Sunday runs are probably much like others all over the world, but they remain special to us. The long runs not only serve as an endurance builder, but a spirit lifter as well, and Ventura runners owe much of their success to them.

If you are ever in Ventura some Sunday morning, come on and join us, but be prepared! We don't want you to end up a statistic like the young Los Angeles girl that Steve Blum brought one Sunday. She followed behind us for several miles, barely staying in sight, nearly 800 yards behind. At the top of a

hill, the main group turned right, heading 4 miles back down into the city. Scobey, however, was just starting a 20 miler and climbed a little higher before turning left. The young girl apparently saw only Scobey and descended, far behind, into Canada Larga Canyon which is 7 miles of thick trees and a maze of dead end trails. Upon seeing her disappearance we went back to search, but she was gone. To my knowledge, no one has seen her since, at least she's never contacted Steve again.

If you are bored with your Sunday run, or just want to get in shape in one day, come to Ventura. We guarantee a laugh a mile. See you Sunday!

TUTTLE'S TRACK TOPICS

from
MIKE LENNEMANN

Track

It finally happened! None of the puzzles submitted for the last contest were correct. We thought it was going to be the easiest puzzle yet. We must admit, however, that there was one tricky one. The puzzle asked for all of the 1978 senior men AAU outdoor track & field champions. Eight readers came very close; they missed only one each and the same one for all. The

T e a

by GARY TUTTLE

Every Sunday at 8:30 am a motley group of runners jog or drive to Arroyo Verde Park in Ventura. This group of from 3 to 25 runners is but one group of 1000's around the world that celebrate the sacredness of the "long slow Sunday"

Our group of runners is diversified in sizes, philosophies and occupations. We have a 6-7 bug farmer, a 5-4 laboratory technician, two firemen, a tree surgeon, a librarian, college students, high school students and a dozen teachers. We have rightist, leftist, capitalist, moralist, and pervert. The differences in our runners makes for an interesting two hours. A runner can cover the first couple of miles in a political discussion, move to a track and training session, speed up to a hot and heavy sex group (usually the quickest pace), or slow way down to a comparative injury rap session.

Somewhere during the run the topic switches to Humboldt stories. On most of our Sundays we have six Humboldt State alumni running together. Often the entire last hour is a barrage of neverending and never true HSC stories.

Our Sunday run is even more than jokes and stories, its also an adventure. Our route usually takes us along the dirt roads into the uncivilized hills of Ventura. The hills are especially adventurous because of the wild animals. Often we see deer and coyote, and an occasional rattlesnake. The last rattlesnake we ran across became an opportunity for practical joking, as everyone pretended to attempt to drag one of our balding teachers into its venomous clutches. For weeks after seeing the snake, someone was continually yelling "snake" and jumping into the air, just to watch everyone scatter.

...two feet more into the mud during a run." His record stands a three lost shoes in ten miles, and the last time he ran three miles before he even realized they were gone. It seems Bob Hayes is just the opposite, no matter how muddy the run, Bob always remains spotless, not a speck of mud anywhere on his perpetual new shoes.

When bored with our Ventura area we'll meet Chuck Smead in Santa Paula. Chuck will thrash us up and down Topa-Topa (6,500 ft.) and lose half of us. Not only will Chuck's runs lose us for the day, but also for several weeks later, because some of the group will contact poison oak.

Sometimes one of our Sunday runs will seem to be losing its charm, its excitement, and we will have run a couple of uneventful miles in silence. Its at this point when our most considerate runner Glen Ward, takes the initiative for livening up the run. Glen is our "fall guy," at least once a month he takes a tumble. This fall is not your average trip, thud. Glen has a stumbling routine that lasts nearly 30 yards, building up our suspense before the spirit lifting fall. After the fall everyone is again in a fun mood, and the remainder of the run is a sympathetic pantomime of fake falls, groans and limps. Coincidentally(?) Ron Wise is always running next to Glen prior to the fall, and the remaining miles become a continual series of accusations, denials, and threats.

My own theory on Glen's falls, places the blame on Larry Pontinen. Larry is our fair-skinned, stoic, skinny token "Finn." It appears to me that Glen's falls coincide with Larry's approximately monthly T-shirt removal. More than one runner has been momentarily blinded by the sun's glare off Larry's pale-white skin, and Glen is probably a victim of "Finn Blindness."

The tradition of the "Sunday run" was started by the father of the Sunday run— Jim Van Mannen. Our founder "Mad Vannen," is also our bourgeois capitalist and often leads us from the uncivilized hills to the treasure filled streets. Under Van's guidance we have found a small fortune in coke bottles,

from
MIKE LENNEMANN

Track

T E A D S E R

It finally happened! None of the puzzles submitted for the last contest were correct. We thought it was going to be the easiest puzzle yet. We must admit, however, that there was one tricky one. The puzzle asked for all of the 1978 senior men AAU outdoor track & field champions. Eight readers came very close; they missed only one each and the same one for all. The difficult one was Mike Hill the 1978 AAU Decathlon champion.

The other 1978 AAU track champs were: Edwards(100 & 200), Parks(400), Robinson(800), Scott(1500), Liquori(5000), Virgin(10,000), Marsh(steeple), Nehemiah(110 hurdles), Walker(400 intermediates), Stones(high jump), Ripley(pole vault), Robinson(long jump), Butts(triple jump), Feuerbach(shot put), Wilkins(discus), Djerassi(hammer), Schmidt(javelin), Berendt(5,000 walk), and Scully(10,000 walk).

Those readers missing only one were: Bob Womack(Fresno), Mike Leeder(Stockton), Martin Rizzo(Portola), John Cheever(Upland), Stan Eales(Los Angeles), Tom Colley(San Bernardino), John Beattie(Ventura), and Gary Tokumori(Los Angeles). The winner of the drawing to determine who receives the one year free subscription or renewal and track related gift was Bob Womack.

Since last issue's trick question had to do with the decathlon this issue's entire puzzle has to do with the decathlon. See how many Americans you can find in the letter scramble who have scored over 8,000 points in the decathlon (hand timing). The reader submitting the most correctly circled names will win the one year free renewal and track related gift. In case of a tie a drawing will determine the winner.

B N I T N E K R A W M
A O B A R D A L E S L
N P S J D I E T F T N
N E P E S X O J P T O
I G T N A O L S L E S
S R A N M N X L T N N
T O D E A R I A C N H
E E Y R R H O D G E O
R G U M A H G I R B J
Y E K L U M H G U O G

'FIVE TIMES FANTASTIC...' *Jane Frederick*

by PHYLLIS RAYBIN EMERT

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photo by Diane Johnson

When Jane Frederick was in junior high, the girls at school shied away from her, and whispered "tomboy" to her back. Today, most people are saying that Jane Frederick is the greatest female athlete in America. And Bruce Jenner (who should know) insists she's the greatest female athlete in the world!

To know Jane Frederick you must first know that she is a pentathlete — which means she is really five athletes rolled into one. She competes in the pentathlon, an exhausting, five-part event which includes the 100 meter hurdles, the shot put, high jump, long jump, and the 800-meter run.

Most athletes specialize in a single sport or event. Some learn to run; others learn to jump; and still others learn to throw. But Jane Frederick, the tomboy-turned pentathlete, has learned to do all.

Something very startling and beautiful emerges when a young woman

As an eager 13-year-old member of the Orinda, California, AAU track club, Jane was anxious to try her hand at all the different events. At that age, of course, she really didn't know too much about proper technique. But somehow she was always doing the right things at the right times without even thinking about it. Local track veterans called her "a natural."

A year later Jane was already ranked among the top 10 in the nation in her age group. That's when she met former Olympians, Cherri Sherrard and Denise Pasgal. "Cherri and Denise were both pentathletes," recalls Jane. "They really helped and encouraged me at that time. It's because of them that my interest in the pentathlon — five sport specialties rolled into one — began to grow."

Ten years ago there weren't many 15-year-old girls throwing shot or running hurdles in Orinda, California. Jane loved to stay on the practice field after every-

An accomplished athlete, linguist, student and artist, Jane obviously does a superb balancing act. How does she manage? "The body and mind are actually a lot alike," she shrugs. "The more you condition them, the better they respond."

Jane has carried that philosophy into her daily workouts under Coach Chuck Debus at the Naturite Track Club in Los Angeles. A typical day begins at 8:00 a.m. with a big breakfast of cereal and eggs, followed by 90 minutes of light drills or exercise.

After attending classes at UCLA graduate school, she's back on the field for 2½ hours of intense shot put drills, bounding, running, sprint work or hurdles. In the past she used to include heavy weight lifting three days a week to build herself up. But not anymore. "I'm strong enough," she assures you. "I've got a solid strength base. Now all I have to do is translate it to the pentathlon I believe I have now reached a point where my preparation is complete. It's just a question of putting it all together and reaching my personal goal — being the first woman to score 5,000 points in the pentathlon."

American track and field enthusiasts are crossing their fingers in the hopes that Jane might reach that goal at the 1980 Moscow Olympics. The women's pentathlon was first introduced

as an Olympic event in 1960 and no American has ever won a medal. The highest American finisher was Pat Connolly, who finished sixth in 1968.

Late in the afternoon, as you join the on-lookers lining the field to watch Jane workout you might find your chest swelling with pride. The lonely tomboy from Orinda, who once endured the whispered jeers of her school chums, is now bringing new world-wide recognition and respect to American track and field.

As you watch her powerful legs driving toward the finish of the 800 meter run, the cheers of the crowd ring in your ears, and the words of a man named James Freeman run through your mind. "Do not let anyone give you the notion that you are delicate, weak or easy to kill. You are a fantastic animal. A human can run 100 yards in nine seconds. We can run for hours without stopping. We can leap almost 30 feet. We can climb a tree. We can swim — quickly and far.

"The animals made for running may outrun us; the animals made for leaping may outleap us; the animals made for climbing may outclimb us; the animals made for swimming may outswim us; but there is no animal in the world that can do all these things as well as we can."

Jane Frederick — five times fantastic — is proof.

**6 good reasons why athletes
world-wide depend on...**

Bea Deller

first know that she is a pentathlete — which means she is really five athletes rolled into one. She competes in the pentathlon, an exhausting, five-part event which includes the 100 meter hurdles, the shot put, high jump, long jump, and the 800-meter run.

Most athletes specialize in a single sport or event. Some learn to run; others learn to jump; and still others learn to throw. But Jane Frederick, the tom-boy-turned pentathlete, has learned to do all.

Something very startling and beautiful emerges when a young woman trains as Jane has, for five events instead of one.

"There is a physical challenge to the pentathlon," explained Jane in the October '76 issue of *Women Sports*. "I have to taper my body. I have to be fast, but I have to be strong. I have to be agile, but I have to be explosive. I have to be powerful, but I have to be quick. All of these things I have to balance in my body, and that's one of the nicest things I have achieved. Anybody who knows anything about track and field can look at me and know what I do. My body tells you I'm a pentathlete."

Watch carefully, and her body tells you other things as well. It tells you she is dedicated, hard-working and persistent. At 5-11, 165 pounds, Jane moves with the confidence and power of a one-woman team. Still, she is graceful and feline in the bargain. Members of the press have called her "bionic" — not just because of her obvious strength, but because she is bright, beautiful and perfectly proportioned as well.

Born in 1952, before the pentathlon was even introduced into the Olympics, and when track shoes came only in men's sizes, Jane always had something special going for her — her dad. Jane's father was a California track official who enjoyed having his youngest daughter tag along with him to track and field competitions. She grew up loving the exciting sights and sounds of the events. "I was always really sporty," she remembers. "It was just a question of which sport I was going to get into."

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Ten years ago there weren't many 15-year-old girls throwing shot or running hurdles in Orinda, California. Jane loved to stay on the practice field after everyone else had left for the day. Sometimes she'd make an especially good throw, or succeed in running an exceptionally fast time. Usually some neighborhood dogs — out for a stroll — were her only spectators.

"It was tough for me because I never felt accepted in my high school," relates Jane. "I was very much a loner. The in-crowd wasn't into sports. I guess it just wasn't fashionable — especially for girls — to be dedicated to athletics."

"But," says Jane with a sudden smile, "my dad loved it and kept encouraging me. He felt that if I did what I really wanted, everything would somehow turn out okay."

Jane's mother wasn't so sure. She was concerned that her daughter would become "too competitive," and be "too concerned with beating people." She needn't have worried. At 16, when Jane was invited to attend the U.S. Olympic training camp, she made her own decision not to go. "I just didn't want to put myself in a high-pressure situation too soon," Jane explains. "The pentathlon isn't just five times the work; it's five times the thought."

Five seems to occupy a special spot in the fortunes of Jane Frederick. World ranked in five athletic events, she's 25 years old; stands 5-11; weighs 165 pounds; speaks five languages; maintained a 3.5 grade-point average during five years of college; is aiming for her fifth national pentathlon title; and expects to be the first in the world to break the magic 5,000 point mark in the pentathlon.

at the 1980 Moscow Olympics. The women's pentathlon was first introduced

Jane Frederick — five times fantastic — is proof.

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KEEPING TRACK

Ken Young's National Running Data Center is compiling ultra-marathon statistics. They hope to have a complete record of every American who has ever completed a distance longer than the marathon (50 kilo, 50 miles, 100 kilo, etc.). If you have completed an ultra-marathon, please drop a note to Nick Marshall, 211 N. 17th. St., Camp Hill, PA 17011. He needs the date, distance and time, your birthdate and any other useful information. Complete lists of any ultra-marathons you have would also be helpful.

Important notice! 1979 Mt. SAC Relays dates: Thursday, April 19th (2:00 - 8:00 pm) high school boy's and girl's division. Friday, April 20 (noon to 6:00 pm) junior college men and women divisions; (6:00 - 7:00 pm) masters divisions. Saturday, April 21 (7:30 am) marathon; (9:00 - 12:30 pm) College-university men & women divisions; (1:00 - 4:00 pm) invitational men and women divisions. Sunday, April 22 (8:00 am - 4:00 pm) women's & girls & masters divisions. The revised schedule will allow an expansion of the program within a time-frame more convenient for all involved.

Ron Allice has resigned his position as head track coach at California State University at Long Beach. Ron has accepted a similar position at nearby Long Beach City College. His replacement has not yet been announced.....Stanford cross country coach and assistant track mentor, Marshall Clark has also resigned his job. Marshall will move on to a track coach spot at Montana. No replacement as yet.

Al Sheahan reports that Pete Munde's 6 mile time at the SPA-AAU

the first half of a gait cycle; and 3) the ability to allow the foot to be more stable when pushing off from the ball of the foot. Measurements were made by attaching transducers just below the knee and to the heel area. Four runners were used. The findings led to the following ranking (Runner's World ranking in parenthesis):

1. Adidas SL-72 (18)
2. Pony California (25)
3. Adidas Country (18)
4. Nike LD-1000 (4)
5. Adidas Runner (2)
6. Etonic KM (7)
7. New Balance 320 (8)
8. Lydiards (23)
9. Puma 9190 (-)
10. Pony Road Runner (20)
11. New Balance 305 (-)
12. Brooks Villanova (6)
13. Tiger Corsair (-)
14. Pony Marathon (-)
15. Nike Waffle Trainer (3)
16. Tiger Montreal (-)
17. Nike Cortez (-)

The Brooks Vantage (1), Etonic Street Fighter (5), Adidas Formula One (9), Brooks Vanguard (10) and other shoes were not tested. The authors point out that "this is a preliminary study...in the future, we hope to have a more complete study."

The Santa Ana College all-weather track, which was scheduled for resurfacing in early July, will be open for summer use as the re-surfacing job has been put off till October.....USC sprint sensation, Clancy Edwards was quoted at the NCAA Championships after winning his heat in the 100, "Man, that's my second race and I'm already tired. I grabbed my thigh a little right after the race, but that's just a habit. Let the other

currently under construction. Converse helped sponsor the San Francisco Marathon in July. Alcoa will be donating a penny per pound of collected beer and soda cans to the U.S. Olympic Committee. This will amount to about \$130,000. But that is nothing compared to what Toyota is doing with their "Million Dollar Dash for the 1980 Olympic Games." Toyota will make a donation of the U.S. Olympic team every time a new Toyota car or truck is sold. Their goal is a million dollars. San Francisco sports editor Art Rosenbaum has pointed out, "...what is more in the American tradition than voluntary contributions...for a sales campaign by a Japanese auto company?" Another view, from Frank Shorter: "I don't care that the sponsor wasn't General Motors. All we care about is a chance to compete."

Former high jump world record holder Dwight Stones, under suspension for abuse of amateur rules, had been

instructed to clear any agreements for his appearance in a made-for-television sports event through the Amateur Athletic Union. The Southern Pacific Association handed indefinite suspensions to Stones, Francie Larrieu, Jane Frederick and Kate Schmidt for accepting illegal payment for performing in ABC's 'Superstars' exhibition. The AAU cited a letter from John Holt, executive secretary of the International Amateur Athletic Federation (IAAF), the world governing body for track and field, in which Holt states that Stones had been informed at all times that he (Stones) had to clear any agreements for his Superstars competition with the AAU. The AAU statement was prompted by a recent network television report that quoted Stones as saying that Holt had told him that he (Stones) had the absolute right to distribute prize money to his own club.

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STEEPLECHASE & CROSS COUNTRY
Workshop at Humboldt State University

within a time-frame more relevant for all involved.

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Al Sheahan reports that Pete Mundle's 6 mile time at the SPA-AAU Masters Championships of 32:49.6 breaks the American record for the over 50 age group. The 50 year old Mundle broke the 32:56.4 standard set by Jim O'Neil of Sacramento in 1976. Mundle, who competes for the Santa Monica Track Club is shooting next for the World Over 50 Record of 32:14.0, held by Alain Mimoun, former French Olympian. In the same meet, North Hollywood's Gary Miller 40, broke the American over-40 standard in the 440 with a 51.1. The old mark of 51.4 was set by Jim Lingel of Lafayette, in 1972.

Ray Kring, head track coach at Allan Hancock College in Santa Maria, is a ture decathlon freak. He not only initiated the State JC Decathlon Championships, but has hosted the same for the past nine years. His son, Kenny Kring, is a previous state decathlon champion. Coach Kring also hosts several other yearly decathlon competitions for groups from high school to masters. The program he put out for the 1978 State JC Decathlon was fantastic. Not only did it give a complete event by event breakdown of each competitor and the usual heat and flight assignments; but also listed the top six placers for all eight years, total results of last year. A ranking of the top 50 state JC performers of all time in the meet, and all-time listing for each of the 10 events 10 deep.

A new shoe rating was reported in the Oregon Distance Runner magazine. Podiatrist Joseph Ellis and Ronald Valmassey ranked 17 pairs of running shoes, using three criteria: 1) effectiveness in reducing shock at heel strike; 2) the ability to decrease the abnormal amount of pronation (rolling in) of the foot during

Brooks Vanguard (10) and other shoes were not tested. The authors point out that "this is a preliminary study...in the future, we hope to have a more complete study."

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United Press International reports that Athletes in Action, sports division of the international Campus Crusade for Christ, plans to build a \$10 million sports complex in Orange County, AIA's headquarters. Founder-director Dave Hannah told UPI the money had come from donations; while he did not give the complex' exact location, Hannah told the news service it would be an outdoor arena for track and field and other sports that would provide seating for 15,000 spectators.

New track club: the North Oakland Community Track Club. The club offers an organized competitive running program for boys and girls of all ages. Interested area residents may contact them at 5854 Fremont St., Oakland, CA 94608...Parcourse, LTD. of San Francisco is offering a 10% discount to clubs who want to take advantage of one or more of their Worldwide Running Tours. Information may be obtained by writing them at P.O. Box 99589, San Francisco, CA 94109.....San Diego Track Club now boasts a membership of 1,700.

Running is big business. It's no secret that many businesses seek publicity, and hopefully higher sales, by identifying with today's running scene. Bonne Bell is sponsoring 10 kilometer races for women in most major U.S. cities and Schlitz is introducing the 1978 Schlitz Light National Marathon Series in 13 cities. Perrier is sponsoring parcourses in New York, Texas and California, and J.C. Penney has 200 "exercise trails"

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For more info: Continuing Education, Humboldt State, Arcata, CA 95521.

PAN AMERICAN MASTERS MEET
August 19 & 20 at Santa Ana College.
Entry deadline August 11. Call Walt Butler (213) 578-7384.

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TRIPLE JUMP ENCYCLOPEDIA: by Ernie Bullard and Larry Knuth. \$7.95 plus .30 postage. The Athletic Press, P.O. Box 2314-D, Pasadena, CA 91105.

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RESULTS

May 27. Norcal 10 Mile/3 Mile

10 Mile:

1) Lee Ferrero(SWEAT)30+	56:05
2) Jim Rocha (SRRC)	58:27
3) Peter Wisowaty	58:28
4) Richard Look (SWEAT)30+	58:32
5) Jim Bevins 40+	60:19
6) Walt Schafer (CRC) 30+	61:01
7) Robert Woodliff(WVJS)30+	61:59
8) Bill Nelson 30+	63:05
9) Steve Daniels(SWEAT)	63:17
10) Jack Frost(SWEAT) 30+	63:23
11) Bradley Williams	64:47
12) Wayne Moss(SWEAT) 30+	65:01
13) Doug Riggle (CRC)	66:07
14) Lynn Aase(SWEAT) 30+	66:19
15) Dick Johnston(SRRC) 30+	66:41
16) Merrill Cray (CRC)	67:15
17) John Caton (CalAggie)	68:11

18) Dan Hartland	68:32
19) Ken Stanley 30+	68:43
20) Mike Andrews (CRC) 30+	68:48
54) Angie Miller W	79:11
60) Richard Abbe(SWEAT)50+	80:58
64) Catherine Gray (CRC) W	82:09
68) Laurie Bagley	84:36
69) Susan Condon (CRC)W30+	86:32

3 Mile:

1) Al Masterson	15:59
2) Tom Hayes(SWEAT)30+	16:13
3) Scott Brazil 13-17m	16:30
4) Mark Elwell	16:35
5) Wayne Riddle 13-17m	16:49
6) Dan Simas(SRRC)	16:58
7) Mark Bunnell 13-17m	16:59
8) Robert Ross(CRC) 30+	17:07
9) Glenn Reed (SWEAT) 30+	17:12
10) Andy Park (CRC) 13-17m	17:16

/Tom Hayes/

1978 AVENUE of the GIANTS

MAY 7, 1978

1	W. Blair Johnson, El Paso, TX	2:18:17	25
2	Wayne Badgley, Stockton	2:19:36	33
3	Gary Purpura, Portland, OR	2:21:44	28
4	Angel Martinez, Alameda	2:22:08	22
5	Bob Hayes, Fillmore	2:23:41	23
6	Bill Clark, Los Altos	2:26:32	34
7	Gary Goettelmann, Carmel Valley	2:27:01	34
8	Ernie Rivas, San Francisco	2:27:20	28
9	Daryl Zapata, Kentfield	2:27:29	32
10	James N. Barker, Palo Alto	2:29:15	31
11	Rick Brown, Palo Alto	2:29:36	24
12	Denis O'Halloran, Boise, ID	2:30:26	26
13	Greg Jewett, Berkeley	2:31:54	31
14	Tim Donovan, Santa Barbara	2:32:09	28
15	Bob Bunnell, San Rafael	2:32:41	27
16	Fritz Watson, Aptos	2:33:56	32
17	Jim Rocha, Arcata	2:34:07	27
18	John Botke, Santa Barbara	2:34:22	34
19	Steve Frisk, Coronado	2:34:37	32
20	Dick Franklin, Livermore	2:34:47	32
21	George M. Green, San Francisco	2:34:50	27
22	Bill Scobey, Ventura	2:35:07	32
23	David L. Mineau, Oxnard	2:35:32	31
24	Howard Labrie, Arcata	2:35:34	27
25	John Hellman, Santa Cruz	2:36:16	21
26	Frederick Coleman, Carmel	2:36:59	37
27	Neil Berg, Oakland	2:37:20	29
28	Philip Sanfilippo, Santa Clara	2:37:37	27
29	Don Schlotter, Riverside	2:38:28	38
30	Frank Gary Krebs, Orangevale	2:38:48	35

31	Rodney Mowbray, Santa Rosa	2:38:57	31
32	Peanut Harms, Davis	2:39:11	26
33	Robert Bourbeau, Reno, NV	2:39:15	42
34	Philip Kay, San Francisco	2:39:28	25
35	James Placke, Tucson, AZ	2:39:33	24
36	Stuart Scholl, Crescent City	2:39:52	24
37	Tom Mota, Oakland	2:39:55	39
38	John Rudberg, Palos Verdes	2:40:04	43
39	David Swezey, Arcata	2:40:16	26
40	Richard Look, DDS, Redding	2:40:23	30
41	Bob Myers, Oakley	2:40:30	38
42	Anthony C. Stagliano, San Francisco	2:40:31	38
43	Conrad A. Will, San Diego	2:40:41	36
44	Dete Kraus, San Jose	2:40:50	35
45	Ross W. Smith, Reno, NV	2:40:57	50
46	Bob Mackel, San Diego	2:41:03	35
47	Rudy Dressendorfer, Davis	2:41:07	35
48	Rodney Smith, Redding	2:41:20	27
49	Perry Linn, Sacramento	2:41:29	27
	did not finish course		
51	Rick Dewey, Arcata	2:42:16	31
52	Jack A. Wells, San Anselmo	2:42:32	28
53	Reuben Jeffery III, Stanford	2:42:48	24
54	Paul M. Winnacker, Oakland	2:43:16	36
55	Douglas H. Latimer, Redwood City	2:43:21	40
56	Roy J. Scellato, Sunnyvale	2:43:23	31
57	Robert M. Gobin, Redway	2:43:39	14
58	Michael Fenner, Sunnyvale	2:43:47	34
59	Craig W. Roland, Santa Rosa	2:44:22	43
60	Ken Riley, Redding	2:44:26	19

TOP WOMEN FINISHERS

103	Judy Gumbs-Leydig	2:51:21
216	Caron Schaumberg	3:00:57
250	Ruth Anderson	3:04:19
321	Ann Duvencek	3:09:14
323	Sue Vinella-Brusher	3:09:17
324	Hillery Huddleson	3:09:17
326	Laurie Pitt	3:09:29
327	Karen Rosenblatt	3:09:31
390	Derry Elijah	3:15:30
402	Vivian Soderholm-Difatte	3:16:05
403	Sue Krenn	3:16:06
410	Margaret Miller	3:16:24
419	Ellen Clark	3:16:57
420	Pamela Klaban	3:16:58
436	Victoria Blankenship	3:18:06
437	Sheila Maskovich	3:18:07
439	Judy Walker	3:18:14
455	Lynn Harris	3:19:47
459	Barbara Clark	3:20:24
468	Kay Harpold	3:20:52
473	Jeannie Kayser-Jones	3:21:31
481	Maria Johnson	3:21:59
510	Jane Wooton	3:23:23
513	Virginia Collins	3:23:28
525	Michelle Gauthier	3:23:57

TRAC 10,000 METER RACE
HELLYER PARK
MAY 28, 1978

1	30:09.8	Mike Pinocci/1M3/WVTC
2	30:38	Wayne T. Badgley/1M4/SUND
3	31:05	Jim Van Dine/2M3/AGRC
4	31:32	Mark Sisson/3M3/Un
5	31:35	Jan Sershen/2M4/ETC
6	31:51	Bill Clark/3M4/WVTC
7	31:53	Michael Niemiec/4M3/WVTC
8	32:32	Mike Fanelli/5M3/PMK

May 29. Pacific Sun Marathon

M/16:	
19) Noel Lincicome	2:52:55
M/16-19:	
15) Michael Gulli	2:48:10
17) Brendan Dolan	2:48:55
F/20-29:	
22) Jane Sowersby	3:20:24

22	Bill Scobey, Ventura	2:35:07	32	52	Jack A. Wells, San Anselmo	2:42:32	28	455	Lynn Harris	3:19:47
23	David L. Mineau, Oxnard	2:35:32	31	53	Reuben Jeffery III, Stanford	2:42:48	24	459	Barbara Clark	3:20:24
24	Howard Labrie, Arcata	2:35:34	27	54	Paul M. Winnacker, Oakland	2:43:16	36	468	Kay Harpold	3:20:52
25	John Hellman, Santa Cruz	2:36:16	21	55	Douglas H. Latimer, Redwood City	2:43:21	40	473	Jeannie Kayser-Jones	3:21:31
26	Frederick Coleman, Carmel	2:36:59	37	56	Roy J. Scellato, Sunnyvale	2:43:23	31	481	Maria Johnson	3:21:59
27	Neil Berg, Oakland	2:37:20	29	57	Robert M. Gobin, Redway	2:43:39	14	510	Jane Wooton	3:23:23
28	Philip Sanfilippo, Santa Clara	2:37:37	27	58	Michael Fenner, Sunnyvale	2:43:47	34	513	Virginia Collins	3:23:28
29	Don Schlotter, Riverside	2:38:28	38	59	Craig W. Roland, Santa Rosa	2:44:22	43	525	Michelle Gauthier	3:23:57
30	Frank Gary Krebs, Orangevale	2:38:48	35	60	Ken Riley, Redding	2:44:26	19			

TRAC 10,000 METER RACE
HELLYER PARK
MAY 28, 1978

Overall	1978 TRAC 10KM ALL WOMEN
P1 Place	Time Name/Div Place/Affiliation
1	92 38:17 Judy Fox/1W4/Un
2	134 40:01 Maria E. Regalado/1W3/Un
3	154 40:43 Tiffany Choy/1W2/Un
4	163 41:04 Ruth Anderson/1W5/NCS
5	166 41:08 Sue Vinella-Brusher/2W3/BASC
6	191 42:06 Mary Ann Champagne/3W3/Un
7	206 42:32 Kathy Lundquist/4W3/Un
8	224 43:27 Lindy Hayes/5W3/SJCG
9	225 43:29 Karen Diekmeyer/2W4/SUND
10	232 43:46 Sharon Yaninek/1W1/SJCG
11	238 44:02 Ellen Clark/3W4/WVTC
12	266 44:54 Barbara Carlson/2W5/NCS
13	268 45:01 Ruth Waters/3W5/NCS
14	281 45:28 Carroll O'Connor/4W5/NCS
15	284 45:31 Karen Scannel/4W4/PMK

Division	Winner	Time
W1 (12 & Under)	Sharon Yaninek	43:46*
W2 (13-17)	Tiffany Choy	40:43*
W3 (18-29)	Maria E. Regalado	40:01
W4 (30-39)	Judy Fox	38:17
W5 (40 & Over)	Ruth Anderson	41:04*
M1 (12 & Under)	Mike Matthews	39:57*
M2 (13-17)	Ken Apperson	35:05
M3 (18-29)	Mike Pinocci	30:09.8*
M4 (30-34)	Wayne T. Badgley	30:38*
M5 (35-39)	Jake White	33:04
M6 (40-49)	Robert Wellick	34:24
M7 (50-59)	Don Carpenter	37:50
M8 (60 & Over)	Ed Burke	42:43*

1	30:09.8	Mike Pinocci/1M3/WVTC
2	30:38	Wayne T. Badgley/1M4/SUND
3	31:05	Jim Van Dine/2M3/AGRC
4	31:32	Mark Sisson/3M3/Un
5	31:35	Jan Sershen/2M4/ETC
6	31:51	Bill Clark/3M4/WVTC
7	31:53	Michael Niemiec/4M3/WVTC
8	32:32	Mike Fanelli/5M3/PMK
9	32:56	William Seaver/6M3/WVTC
10	33:04	Jake White/1M5/WVJS
11	33:08	Michael Wheeler/7M3/LMJS
12	33:33	Nicholas Winter/2M5/LVRC
13	33:47	Rich Stillin/4M4/WVJS
14	34:12	Dave Unger/8M3/Un
15	34:17	Michael Smith/9M3/WVTC
16	34:21	Jim Doren/5M4/WVJS
17	34:24	Robert Wellick/1M6/WVJS
18	34:35	Bob Myers/3M5/PMK
19	34:36	Bryan Holmes/2M6/WVJS
20	34:37	Hoyt Walker/10M3/LVRC
21	34:38	James Gorman/11M3/Un
22	34:40	Henry Mellin/6M4/Un
23	34:44	David Garcia/12M3/Un
24	34:47	Andrew A. Lewis/13M3/WVJS
25	34:49	Jon Enscoe/14M3/Un
26	34:50	Tom Robinson/7M4/PMK
27	34:52	Sammy Castillo/8M4/Un
28	35:05	Ken Apperson/1M2/Un
29	35:06	Bert Johnson/4M5/LVRC
30	35:10	Bill Brohead/15M3/Un
31	35:20	Myron Nevraumont/3M6/WVJS
32	35:27	James Tracy/16M3/ETC
33	35:29	Michael Young/17M3/Un
34	35:31	Mike Plummer/18M3/WVTC
35	35:36	Deto Kraus/5M5/WVJS
36	35:39	David Smith/19M3/BASC
37	35:39	Paul Marquez/2M2/SJTC
38	35:40	Gerald Silbager/6M5/Un
39	35:40	Santos Reynaga/20M3/WVTC
40	35:41	Cal Perry/3M2/James Lick
41	35:45	Jose Felan/21M3/Live Oak
42	35:47	Phil Sanfilippo/22M3/WVTC
43	35:51	Don Swanson/23M3/Un
44	35:55	David Zumwalt/24M3/Un
45	35:57	Glenn Pruitt/7M5/Un
46	36:00	Malcolm Stewart/4M6/GER
47	36:21	John Hellman/25M3/Un
48	36:24	Dale Nelson/8M5/DSE
49	36:27	William Jenkins/26M3/SALZ
50	36:28	Michael Coke/5M6/Cal.Sun
51	36:30	John Hawkes/27M3/WVTC
52	36:32	William Dunn/9M4/Un
53	36:34	Robert Cummings/28M3/WVTC
54	36:34	Michael Fenner/10M4/WVJS
55	36:37	Albert Garcia/11M4/Un
56	36:38	James Willis/29M3/Un
57	36:39	Dennis Kroll/12M4/Un
58	36:39	John Armstrong/6M6/Un
59	36:46	Gary Crangle/13M4/Coyote
60	36:48	Don Dierken/30M3/Un

May 29. Pacific Sun Marathon

M/16:	
19) Noel Lincicome	2:52:55
M/16-19:	
15) Michael Gulli	2:48:10
17) Brendan Dolan	2:48:55
F/20-29:	
97) Jane Sowersby	3:20:24
M/20-29:	
1) Ron Nabers	2:34:41
2) Douglas A. Black	2:35:46
3) Mike Timmerman	2:37:20
4) Marc Hoschler	2:40:32
9) Ted Pawlak	2:42:50
10) Stephen Puryear	2:43:01
11) Bob Cooper	2:45:52
12) Jeshome Kehere	2:47:32
13) Jesus Garza	2:47:53
F/30-39:	
50) Elai Ivaldy-Miller	3:06:40
81) Leslie M. Browne	3:16:24
M/30-39:	
5) Edward Lanedux	2:40:45
6) Rodney Mowbray	2:40:45
7) Douglas Sailors	2:41:22
8) Wallace Sifford	2:41:33
14) Dennis Gustafson	2:48:00
18) Rick Edson	2:52:52
F/40-49:	
201) Marigrace Boyer	3:45:13
M/40-49:	
23) Peter Galloni	2:54:39
27) Timothy Treacy	2:56:43
46) Siegfried Mattern	3:06:00
M/50-59:	
80) Karl Bollinger	3:15:28
M/60+:	
57) Paul Reese	3:08:06
	<u>6 Mile</u>
F/16:	
18) Bridget Flynn	36:04
62) Kathleen Bonnet	39:51
M/16:	
6) Raoul Kennedy	33:33
M/16-19:	
1) Brian Stewart	32:41
F/20-29:	
107) Dana Hooper	42:09
M/20-29:	
4) Rafael Tierrafria	33:13
9) Doug Anderson	34:36
F/30-39:	
91) Anne Neeley	41:27
106) Donna Andrews	42:07
M/30-39:	
3) Bill Catanese	33:05
5) Bert Botta	33:27
8) David Barni	34:06
10) Steven Donovan	34:36
M/40-49:	
2) Donald MacDonald	32:59
7) Bruce Carradine	33:51
	/Lorna Cunkle/

May 13. Northridge. "The Loop the Loop" Race at Cal State Univ Northridge (5000m):

Table with 2 columns: rank and name/time. Includes names like Steven Tyler, Mike Munoz, Arsenio Guzman, Carlos Bustos, Scott Allen, Gary Wardle, Bill Harrington, Jim Rufer, Don Cox, Paul Stella, M. Diane Daum, Layla Harney, Jeanette Haba.

May 27. 1978 Around the Bay in May-- 10 Mile:

Table with 2 columns: rank and name/time. Includes names like Duane Waltmire, J. Carlson, J. Ellis, Unknown, R. Slick, M. Calvano, W. Waltmire, R. Harvey, B. Villa, S. Kovatch, K. O'Hara, D. White, Schlotter, B. Oldham, Johnson, K. Kendall, Unknown, R. Delanty, Unknown, J. Garcia, Unknown, C. Foote, T. Carras, U. Pounle, Shaffer.

May 29. San Mateo. Pacific Association of the AAU Track & Field Championships

Table with 2 columns: rank and name/time. Includes events like Mens 10,000m, Womens 10,000m, Womens 100m, Womens 400m Hurdles, Senior Mens Hammer, Mens 400m Hurdles.

3) Bob Gummerson (SJS) 166-11

Table with 2 columns: rank and name/time. Includes events like Womens 100m Hurdles, Womens 800m, Mens 800m, Womens 200m, Womens Shot Put, Mens 200m, Pole Vault, Womens High Jump, Mens Triple Jump, Womens 3000m, Mens Javelin, Mens 5000m, Womens 880 Medley Relay, Mens Mile Relay, Womens Discus, June 2 & 3. Santa Maria. California State JC Decathlon Championships.

Jack Moore Race

Sunday, June 4, 1978. Long race. 5.7 miles, some hills.

Table with 3 columns: place, name, time. Lists names like Mike Williams, Howard Labrie, Harry Cottrell, Greg Davy, Jim Rocha, Karl Maxon, Greg Heistuman, Ron Ross, Rick Dewey, Jim Harper, Dick Gilchrist, Bill Daniel, Mike Bradley, Joe Bruce, Dick Johnston, George Crandell, Dave Panzer, Aaron Krohn, Bob Duncan, Rob Sousa.

June 4. NAS Moffett Field. First Annual "Round the Runway" Footrace 7.63 Mile:

Table with 2 columns: rank and name/time. Includes names like Mike Pinocci, Steven Brooks, Michael Smith, Michael Duncan, Mike Plummer, Ken Apperson, Bryan Holmes, Bill Brodhead, Ray Hosler, Tom Prosceno, Morio Springer, Dennis Poris, Myron Nevraumont, Robert Stephenson, Jose Felan, Joe Mercado, Frederick Martin, Sheldon Larson, John Navarro, Gary Nielson, John Ulate, Michael Coke, Andrew Jacobson, John Zielinski, Al Stanbridge, Paul Spangler, Pauline Vasquez, Daphne Dunn, Karen Kressenberg.

Table with 2 columns: rank and name/time. Includes names like Lewis Patterson, Michael Niemieo, John Clary, Jay Marden, Paul Marquez, Richard Stiller, Hugh Rstahl, Jim Gorman, Curt Karbowski, Bill Clifford.

Y-to-the-Y Benefit Run--5.3 Mile:

Table with 2 columns: rank and name/time. Includes names like Peanut Harms, Victor Cary, Mike McQueeney, Mike Fanelli, Gary Singer, Mark Proteau, Rich Hornstra, Kent Guthrie, Brett Baffert, Gary Alderman, Lenny Sheehan, Dan Greco, Tim Rostege, David Zumwalt, Mike Warr, Dave Markstrom, Brian Brady, Bob Meyers, Doug Batt, Tim Healy, Allan Smith, Robert Cummings, Jon Martin, Anthony Bettencourt, Cliff Wolery, Diane Williams, Mary Caffield.

June 11. Northridge. 1978 SPAAU District Track & Field Meet

Table with 2 columns: rank and name/time. Includes names like James Fitzhugh, James Fields, John Friesen, Larry Ballew, Jim Murphy, Dave Parker, Lloyd Miller, Harold Daughters, Ed Lowell, So. Calif. Striders, CDM #2, Dave Kurrle, Walt Butler, Al Henry, Dave Jackson, John Friesen, Tom Patsalis, Al Guidet.

Mens 10,000m:	
1) Ed Schelegle(ARC)	31:36.0
2) Daryl Zapata (WVTC)	32:38.2
3) Bobby Darling (ETC)	33:09.0
Womens 10,000m:	
1) Vivian Soderholm(SRC)	38:07.4
2) Debbie Anderson(USAF)	39:38.4
3) Diane Williams(YubaColl)	39:39.0
Womens 100m:	
1) Marina Franklin(MLTC)	12.0
2) Lavonne Neal (USArmy)	12.5
3) Beth Jenkins(USAF)	12.8
Womens 400m Hurdles:	
1) Stella Edwinston(MLTC)	1:01.3
2) Joy Upshaw (BTC)	1:04.6
3) Nancy O'Connell (SJC)	1:05.8
Senior Mens Hammer:	
1) Paul Oswald (WVTC)	164-3
2) Mark Robinson(HATC)	158-6
3) Terry Cokeing (USAF)	98-8
Mens 400m Hurdles:	
1) Don Finley (SJS)	51.2
2) Ron Whitney (un)	52.5
3) Don Godbold (ARC)	54.9
Womens 1500m:	
1) Ann Wotherspoon (SJC)	4:27.2
2) Sue Grigsby (Humb St)	4:43.6
3) Heike Skaden (un)	4:46.9
Mens Shot Put:	
1) Robert Gummerson (SJS)	57-10
2) Brett Mannon (un)	51-1
3) Doug Greenwood (Stan)	47-9½
Mens Exhibition 440 Relay:	
1) Oakland AC	40.9
2) Puma TC	43.9
Womens 400m:	
1) Marian Franklin (ML)	54.0
2) Debra White (BEBTC)	55.0
3) Lena Fritzon (un)	58.5
Mens 400m:	
1) Cliff West (BAS)	46.5
2) Dalvin Cazenave (BAS)	47.9
3) David Romain (WVTC)	49.2
Womens Javelin:	
1) Barbara Whitfield (un)	169-10
2) Cathy Sulinski (ML)	162-2
3) Lynn Cannon (ML)	159-11
Mens 1500m:	
1) Duncan McDonald (WVTC)	3:46.4
2) Jim Birnbaum (USAF)	3:46.4
3) Roy Kissin (WVTC)	3:48.0
Mens 100m:	
1) Eddie Hart (BAS)	10.3
2) Ed Jones (BAS)	10.5
3) Holden Smith (UCB)	10.5
Masters Men 100m Exhib:	
1) Harry Koppel (NCS)	11.8
2) Eddie Hart (BAS)	11.9
Mens Long Jump:	
1) Kevin Cole (SJS)	7.59m
2) Ken Duncan (BAS)	7.34
3) Paul Bates (CSM)	7.25
Womens Long Jump:	
1) Lillian Cordova (FPTC)	16-4 3/4
2) Terry Mulligan (FPTC)	16-2½
3) Joy Upshaw (BTC)	16-3/4
Mens High Jump:	
1) Joe Radan (SCC)	7-0
2) Bob Peterson (Chabot)	6-10
3) Billy Hice (BAS)	6-8
Mens 110m Hurdles:	
1) Tony Bolton (WVTC)	13.7
2) George Carty (WVTC)	13.8
3) Rick Hicks (Laney)	14.5
Mens Discus:	
1) Ben Plucknett (WVTC)	198-1
2) Rick Suss (Stanford)	173-9

3) College of San Mateo 3:17.8	
Womens Discus:	
1) Denise Holloway(SJC)	139-2
2) Kris York (un)	120-8
3) Laura Hansen (UCB)	90-9
/Harnon Brown/	
June 2 & 3. Santa Maria. California	
State JC Decathlon Championships	
1) Wayne Gray (WestVly) 7149	
2) Jan Bear (Glendale) 7008	
3) Tim McDonald (SRosaJC) 6903	
4) Tim Gelomek (Shasta) 6831	
5) Armand Boutte (ElCam) 6774	
6) John Young (LongBchCC) 6725	
7) Ed Brown (Mt.SAC) 6477	
8) Dave Nelson (LAHarbor) 6446	
9) Jeff Conkle (Cypress) 6428	
10) Richard Edgeworth(SDM) 6373	
100m:	
1) McDonald	10.9
Long Jump:	
1) Gelouek	7.15
Shot Put:	
1) Gray	13.16
High Jump:	
1) Young	2.03
400m:	
1) Boutte	49.0
First Day Total:	
1) Gray	3905
110m High Hurdles:	
1) McDonald	14.7
Discus:	
1) Boutte	42.40
Pole Vault:	
1) McDonald	4.90
Javelin:	
1) Viars (MontPennColl)	62.18
1500m:	
1) Brown	4:39.1
/Ray Kring/	
June 3. Placerville. Mt. Misery	
Handicap (6.1 Mile):	
Won by Paul Reese (61) of Sacramento	
with 15 minute handicap (41:24.2)	
Open:	
1) Mike Emry (ARC)	30:56.1
2) James Bowles (Sacto)	32:48.1
3) Chris Hamner (WVTC)	32:58.3
60+:	
1) John B. Thune (YMCA-Oak)	50:13.0
Men 40-49:	
1) Bryan Holms(Sacto)	35:34.7
2) Art Bianchini(RenoTC)	38:18.4
3) Joe Dang (Sacto)	40:26.8
Men 50-59:	
1) Bob Manley (Acampo)	49:06.7
2) Jim Wirick (RenoTC)	50:21.1
Ladies Open:	
1) Joanne Schoner (PollPns)	49:45.8
2) Barbara Carey	1:01:41.2
3) Molly Manly Wood(Sact)	1:02:18.4
Ladies over 40:	
1) Sharon Jarrett (NV)	53:30.2
/Ernest Marinoni/	

20) Gary Nielson M 45:45	
21) John Ulate 45:58	
22) Michael Coke M 46:13	
23) Andrew Jacobson 46:17	
24) John Zielinski 46:24	
25) Al Stanbridge 46:49	
26) Paul Spangler M 47:10	
67) Pauline Vasquez LW 50:38	
122) Daphne Dunn 2W 53:36	
129) Karen Kressenberg 3W 53:56	
353 finishers	
3 Mile:	
1) Lewis Patterson	14:38
2) Michael Niemieo	14:56
3) John Clarv	15:02
4) Jay Marden 12-18	15:11
5) Paul Marquez 12-18	15:28
6) Richard Stiller	15:29
7) Hugh Rstahl	15:33
8) Jim Gorman	15:34
9) Curt Karbowski	15:41
10) Bill Clifford	15:44
11) Jerry Lewis M	15:50
12) David Garcia	16:03
13) Bruce Mulcahy 12-18	16:04
14) Dete Kraus	16:09
15) Michael Young	16:10
39) Maria King LW	18:21
49) Sharon Yaninek 2W	18:49
62) Stacey Montanio 3W	20:00
208 finishers /W.R. Hartman/	
June 10. Visalia. 1978 AAU One	
Hour Run at College of the Sequoias:	
Senior Division--	
1) Jim Hartig (FPTC)	11m1112yd
2) Rich Langford (FPTC)	11m959yd
3) Juan Garza (HSTC)	11m600yd
4) Art Meyer (FPTC)	11m443yd
5) Darrel Cox (FPTC)	11m395yd
6) Gary Wolfram (un)	11m368yd
7) Curtis Elia (FPTC)	11m98yd
8) Louis Grieco (FPTC)	11m27yd
9) Bryan Foley (FPTC)	11m27yd
10) Richard Mead (FPTC)	10m1517yd
11) Jeff Merrow (FPTC)	10m1423yd
12) Mike Lennemann(FPTC)	10m1417yd
13) Gary Campbell(FPTC)	10m1037yd
14) Al Lomeli (FPTC)	10m688yd
15) Rafael Garcia, Jr(HSTC)	9m1143yd
30-39 Division--	
1) David Bronzan(HSTC)	11m135yd
2) Keith Jeffers (FPTC)	10m988yd
3) Robert Stephenson(HSTC)	10m719yd
Women's Division--	
1) Sandi Heller (HSTC)	8m994yd
2) Lisa Shattuck(FPTC)	8m739yd
3) Terry Langford (FPTC)	8m726yd
4) Linda Datz (FPTC)	7m116yd
5) Sara Washman (FPTC)	7m940yd
Junior Division (20u)--	
1) Jeff Chandler (HSTC)	10m926yd
2) Tom Lohse (HSTC)	10m869yd
3) Tim Cornell (HSTC)	10m829yd
4) Bob Lohse (HSTC)	10m736yd
5) Tony Djabayan (HSTC)	10m635yd
Masters Division (40+)--	
1) Gene Lynch (FPTC)	9m1211yd
2) Sid Toabe (FPTC)	9m977yd
3) Bob Reynaga (FPTC)	8m1443yd
45 runners /Dave Bronzan/	

440 Yd Relay--	
30-39:	
1) So. Calif. Striders	44.02
40-49:	
1) CDM #2	48.02
50-59:	
1) CDM	51.04
120 Yd HH:	
30-34:	
1) Dave Kurrle (SCS)	14.6
35-39:	
1) Walt Butler (SCS)	13.9
40-44:	
1) Al Henry (CDM)	15.8
45-49:	
1) Dave Jackson (CDM)	16.3
50-54:	
1) John Friesen	25.7
55-59:	
1) Tom Patsalis (CDM)	16.7
60-64:	
1) Al Guidet (CDM)	19.0
65-69:	
1) Ted Hatlin (STC)	23.8
Mile Run--	
35-39:	
1) Thomas Richard (CDM)	4:39.3
40-45:	
1) Bob Emmerling (SCS)	4:42.5
46-49:	
1) Tom Sturak (SCS)	5:05.8
50-54:	
1) Avery Bryant (STC)	5:08.8
55-59:	
1) Harold Daughters (SCS)	5:35.9
Women 30-34:	
1) Linda Huey (un)	6:00.6
Women 40-44:	
1) Yvonne Livett (STC)	6:33.8
Women 50-54:	
1) Stella Sharpe (STC)	7:01.0
440 Yd Run--	
30-34:	
1) Hilliard Sumner(SCS)	50.9
35-39:	
1) Larry Sallinger(CDM)	53.2
40-44:	
1) Gary Miller (CDM)	51.1
45-49:	
1) Ron Collins (CDM)	56.2
50-54:	
1) Oswald Dawkins(STC)	57.0
55-59:	
1) Bob Hunt (SCS)	61.6
60-64:	
1) Al Guidet (CDM)	65.2
65-69:	
1) Chester Beach (CDM)	66.8
100 Yd Dash--	
30-34:	
1) Hilliard Sumner(SCS)	9.84
35-39:	
1) Walt Butler (SCS)	9.7
40-44:	
1) Ken Dennis (CDM)	10.1
45-49:	
1) Tony Nasralla (STC)	10.9
50-54:	
1) Oswald Dawkins (STC)	11.1
55-59:	
1) Tom Patsalis (CDM)	11.4
60-64:	
1) Al Guidet (CDM)	12.1
65-69:	
1) Anthony Castro(STC)	12.8
Women 30-34:	
1) Gloria Whitfield(CDM)	12.6

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Women 35-39:	
1) Catie Burke (CDM)	15.7
Women 45-49:	
1) Shirley Kinsey(CDM)	14.3
880 Yard Run--	
30-34:	
1) Steve Waggener (CDM)	2:00.2
35-39:	
1) Ralph Lee (SCS)	1:50.9
40-44:	
1) Bob Emmerling (SCS)	2:10.6
45-49:	
1) Gaylord Kalchschmid	2:10.6
1) Willis Kleinsasser(STC)	2:17.5
55-59:	
1) Dave Lewis (CDM)	2:29.9
65-69:	
1) Chester Beach (CDM)	2:49.1
Women 30-34:	
1) Dorothy Dobson (un)	3:29.1
220 Yard Dash--	
30-34:	
1) Hilliard Sumner (SCS)	22.6
35-39:	
1) Walt Butler (SCS)	22.5
40-44:	
1) Ken Dennis (CDM)	23.0
45-49:	
1) Ron Collins (CDM)	24.8
50-54:	
1) Oswald Dawkins(STC)	25.5
55-59:	
1) Bob Hunt (SCS)	27.8
60-64:	
1) Al Guidet (CDM)	28.2
440 IH--	
40-44:	
1) Gary Miller (CDM)	60.2
50-54:	
1) Tom Clayton (CDM)	66.8
55-59:	
1) Bob Hunt (SCS)	66.7
6 Mile Run--	
30-34:	
1) John Rupp (STC)	32:47.5
35-39:	
1) Chuck Foote (LAPD)	32:34
40-44:	
1) John Brennand (SB)	31:52
45-44:	
1) Dave Biederman(SFVTC)	43:41.5
50-54:	
1) Peter Mundle (SMTC)	32:49.6
55-59:	
1) Bob Long (SCS)	45:10.7
60-64:	
1) James Oleson (SFVTC)	36:45.1
Women 30-34:	
1) Betty Partridge (SMTC)	43:05.3
Hammer ---	
40-44:	
1) Gordon Bobell (CDM)	157-6
45-49:	
1) Jerry Wojcik (SFVTC)	80-5
50-54:	
1) Paul Evans (un)	110-10
55-59:	
1) Tom DeV Vaughn (CDM)	109-8
60-64:	
1) Tom Montgomery (CDM)	113-0
65-69:	
1) Randy Hubbell (STC)	97-0
70+:	
1) Stan Herrmann (un)	86-4
Triple Jump---	
30-34:	
1) Doug Ford (CDM)	43-1 3/4

30-35:	
1) Lloyd Higgins (un)	155-9
40-44:	
1) Hal Smith (SCS)	130-5
45-49:	
1) Jerry Wojcik (SFVTC)	113-4
55-59:	
1) Bill Burke (CDM)	90-11
60-64:	
1) Joe Sanz (CDM)	83-6
65-69:	
1) Randy Hubbell (STC)	77-5
70+:	
1) Bob MacConaghy (CDM)	108-0
Women 35-39:	
1) Catie Burke (CDM)	39-9
Women 40-44:	
1) Christel Miller(CDM)	93-4
Pole Vault ---	
30-34:	
1) Mitch Smith (un)	8-6
40-44:	
1) Hal Smith (SCS)	10-6
45-49:	
1) Ron DeVoe (un)	9-0
50-54:	
1) Don Grosh (CDM)	10-6
55-59:	
1) Vern Wolf (un)	10-6
60-64:	
1) Jim Vernon (STC)	11-0
70+:	
1) Bob MacConaghy(CDM)	9-1
Long Jump ---	
Women 30-34:	
1) Gloria Whitfield (CDM)	14-7 1/2
Women 35-39:	
1) Catie Burke (CDM)	10-4 3/4
30-34:	
1) Doug Ford (CDM)	20-7
35-39:	
1) Larry Sallinger (CDM)	19-3 1/2
40-44:	
1) Al Henry (CDM)	20-10 1/2
45-49:	
1) Shirley Davisson (CDM)	19-8
50-54:	
1) John Friesen (CDM)	13-4 1/2
55-59:	
1) Tom Patsalis (CDM)	19-1 3/4
60-64:	
1) Al Guidet (CDM)	15-2
65-69:	
1) Joe Caruso (STC)	14-2
70+:	
1) Redmond Doms (SCS)	9-3 1/2
Discus ---	
30-34:	
1) Doug Wells (CDM)	159-7 1/2
40-44:	
1) Hal Smith (SCS)	116-8 1/2
45-49:	
1) Ed VanPelt (CDM)	134-5
50-54:	
1) Hal Wallace (STC)	120-5
55-59:	
1) George Ker (CDM)	148-7
60-64:	
1) Erich Jordan (STC)	124-1
65-69:	
1) Randy Hubbell (STC)	89-5
70+:	
1) Redmond Doms (SCS)	118-10
Women 30-35:	
1) Jan Svendsen	136-7
Women 35-39:	
1) Catie Burke (CDM)	56-4
Women 40-44:	

June 17, Compton Invitational

WOMEN

440 relay— (11-under): SoCal Cheetahs (Crauman, D. Johnson, M. Johnson, Taylor) 57.3. Santa Ana Jet Stream A 1:10.7. Santa Ana Jet Stream B 1:20.6. (12-13): SoCal Cheetahs (Savage, Warren, Blake Satterfield) 53.7. Cheetahs B 54.8. (14-18): L.A. Naturite (Marshall, Harmon, Peters, Cassidy) 48.2. L.A. Jordan 51.5. (Women's Invitational): L.A. Mercuertes B (Eddington, Loud, Brown, Gresham) 46.7. Mercuertes A 46.9. Premier TC A 48.2.

1 Mile— Keyes (Macabbi) 4:57.6. Lee (SoCal Runners) 5:08.0. Lopez (Sacred Heart Comets) 5:33.0.

100m hurdles— Nagel (Unat) 14.7. Bullett (L.A. Mercuertes) 15.2. Swan (Palisades High) 16.1.

440— Gardner (L.A. Mercuertes) 55.5. Rich (SoCal Cheetahs) 55.7. Brisco (Unat) 56.0. Garcia (Unat) 57.6.

2-mile relay— L.A. Naturite (Jacobs, Ross, Anderson, Bush) 9:43.2. Sacred Heart Comets 12:04.0.

100— (Heat 1): Ashford (Macabbi) 10.3. Douglas (Lakewood International) 10.6. Brown (L.A. Mercuertes) 10.6. (Heat 2): M. Washington (Premier) 10.9. Biske (Jordan High) 11.4. E. Rich (Premier) 11.6.

880— Roberson (UCLA) 2:16.2. Ralston (Macabbi) 2:18.0. Lenard (Palisades High) 2:20.9.

880 medley relay— (11-under): SoCal Cheetahs A 2:04.8. Santa Ana Jet Stream A 2:46.6. Roosevelt High 3:56.9. (12-13): SoCal Cheetahs A 1:56.2. Cheetahs B 2:02.0. Mira Mesa Jets 2:34.0. (14-18): L.A. Mercuertes (DeWitty, Lowe, Gresham, Eddington) 1:47.8. L.A. Naturite 1:48.6.

440 IH— Sanders (Compton TC) 64.3. Nagel (Unat) 64.5.

220— Nickson (Macabbi) 24.3. M. Washington (Centennial High) 24.6. Garcia (Unat) 25.6.

1 Mile relay— (14-18): L.A. Naturite (Harmon, Cassidy, Peters, Jacobs) 3:58.4. (Women's Invitational): L.A. Mercuertes (Eddington, Steen, Law, Gardner) 3:55.7. (11-under): SoCal Cheetahs 4:37.7. Santa Ana Jet Stream nt. (12-13): SoCal Cheetahs A 4:19.3. SoCal Cheetahs B 4:34.0.

Javelin— Bishop (L.A. Naturite) 137-8.

Long jump— (13 and under): Weaver (Mira Mesa TC) 14-11. Alexander (Mira Mesa TC) 10-8. Jones (Mira Mesa TC) 10-1. (14-18)— Harmon (L.A. Naturite) 18-3. Donaldson (Mira Mesa TC) 15-0 1/2.

Discus— Vogelsang (L.A. Naturite) 167-8. Pyle (L.A. Naturite) 155-0. Grudzikas (L.A. Naturite) 126-4.

Long jump— Bell (SoCal Cheetahs) 18-9 1/2. Files (L.A. Mercuertes) 18-1. Oshikoya (Macabbi) 17-8 1/4. Bullett (L.A. Mercuertes) 17-3 3/4.

Shotput— (14-18): Ray (L.A. Naturite) 44-9.

WOMEN

120y hurdles— P. Johnson (Gardena High) 14.3. Colbert (All American TC) 15.2. Davis (Banning High) 15.4.

440— T. Andrews (Tobias Striders) 47.6. Beaton (Unat) 48.0. Miles (Macabbi) 48.3. Mason (All American TC) 48.5. Cesar (Banning High) 49.9.

1 Mile— Arriola (Macabbi) 4:16.1. Babiracki (San Fernando Valley TC) 4:20.8. Murphy (Santa Monica TC) 4:35.5. Eudarite (Unat) 4:40.5.

100— (Heat 1): Gikes (Tobias Striders) 9.5. Simmons (Tobias Striders) 9.5. R. Williams (Tobias Striders) 9.5. Woodson (Tobias Striders) 9.7. (Heat 2): J. Andrews (Tobias Striders) 9.3. Torrence (Gardena High) 9.5. Riddick (Athletes in-Action) 9.6.

880— (Men): Thornton (Macabbi) 1:53.2. Hutiman (Macabbi) 1:53.2.

June 18, Fresno: Fathers Day 6 Mile Race.

Non-father division

1. Jim Hartig, 29:44; 2. Bryan Foley, 29:44; 3. Tony Ramirez, 29:51; 4. Darrel Cox, 30:06; 5. Rich Langford, 30:11; 6. Jose Renteria, 30:21; 7. Curtis Ella, 31:37; 8. Mike Lenneman, 31:42; 9. Richard Mead, 31:48; 10. Jeff Merrow, 32:03.

Father's division

1. Carlos Affaro, 32:52; 2. Gary Campbell, 32:56; 3. Al Lomeli, 33:12; 4. Mike McClain, 33:20; 5. Dave McGarry, 33:30; 6. Robert Stevenson, 33:50; 7. Bob Lindsey, 34:13; 8. Mike Milewski, 34:23; 9. Len Thornton, 34:26; 10. Bob Fries, 34:30.

Women's division

1. Connie Hester, 38:21; 2. Diane Barrett, 39:11; 3. Sandra Heller, 39:57; 4. Tracy Satowski, 40:06; 5. Terry Langford, 41:33; 6. Sandy McPherson, 41:47; 7. Melody Crabtree, 42:05; 8. Nora Vargas, 43:11; 9. Chris Volkmann, 43:02; 10. Susan Martin, 43:18.

Father-son — Len and Scott Thornton
 Father-daughter — Don and Diane Barrett
 Husband-wife — Rich and Terry Langford
 Mother-son — Susan and Sean McNew.

RESULTS OF BIGFOOT DAYS CROSS COUNTRY RACE

Held Saturday, June 17, 1978, 9:00 a.m.

Distance 8.5 miles, from Salyer heights to Willow Creek via McIntosh Road. Hilly. Sponsored by Willow Creek Lions Club.

place	name	time	div
1	Mike Williams	44:17	hs
2	Howard Labrie	45:16	o
3	Greg Davy	45:41	o
4	Karl Maxon	47:07	o
5	Harry Cottrell	48:02	30
6	Mike Jordan	48:21	hs
7	Ty Rousseau	49:29	
8	Ron Ross	49:37	30
9	Wayne Moss	50:15	30
10	Lynn Aase	51:08	o
11	Rich Gilchrist	51:23	40
12	Wayne Riddle	51:37	jr
13	Rick Mayberry	51:52	o
14	Chuck Ehlers	52:21	30
15	Jon Frank	53:14	hs

June 17, Palos Verdes Marathon

MEN—1. Kirrie (Signal Hill), 2:28:12; 2. Moffitt (Los Angeles), 2:29:05; 3. McDermott (Whittier), 2:31:43; 4. Rudberg (Rancho Palos Verdes), 2:45:03; 5. Kennedy (San Pedro), 2:48:36; 6. Diaz (Redondo Beach), 2:48:48; 7. Anderson (Los Angeles), 2:48:57.

WOMEN—1. Petersen (Laguna Beach), 3:01:06; 2. Hutchinson (Rancho Palos Verdes), 3:13:02; 3. Christopher (San Pedro), 3:15:17.

June 17. San Luis Obispo. RRC Meet of Miles

Men, 16-25:	
1) Tony Arreola (SLDC)	4:48.7
Men, 26-39:	
1) Bob Nanninga (WVTC)	4:33.4
2) Walter Thompson (SLDC)	4:59.9
3) Brian Waterbury (SLDC)	5:07.0
Men, 40+:	
1) Joe Kourakis (un)	5:44.8
Women:	

60-64: 1) James Oleson (SFVTC) 36:45.1
 30-34: Women 30-34: 1) Betty Partridge (SMTG) 43:05.3
 Hammer --- 40-44: 1) Gordon Bobell (CDM) 157-6
 45-49: 1) Jerry Wojcik (SFVTC) 80-5
 50-54: 1) Paul Evans (un) 110-10
 55-59: 1) Tom DeVaughn (CDM) 109-8
 60-64: 1) Tom Montgomery (CDM) 113-0
 65-69: 1) Randy Hubbell (STC) 97-0
 70+: 1) Stan Herrmann (un) 86-4
 Triple Jump--- 30-34: 1) Doug Ford (CDM) 43-1 3/4
 40-44: 1) Al Henry (CDM) 41-8 3/4
 45-49: 1) Dave Jackson (CDM) 42-6 3/4
 55-59: 1) Tom Patsalis (CDM) 39-4
 65-69: 1) Joe Caruso (STC) 25-2 3/4
 70+: 1) Red Doms (SCS) 21-5 1/4
 Shot Put --- 30-35: 1) Doug Wells (CDM) 51-10
 40-44: 1) Jim Hanley (un) 42-6
 45-49: 1) Dick Smith (CDM) 32-6
 50-54: 1) Hal Wallace (STC) 37-7
 55-59: 1) George Ker (CDM) 50-2
 60-64: 1) Jack Thatcher (CDM) 46-7 1/2
 65-69: 1) Art Vesco (STC) 33-2 1/2
 70+: 1) Redmond Doms (SCS) 37- 3/4
 Women 30-34: 1) Latanya Glass (CDM) 29-8
 Women 35-39: 1) Catie Burke (CDM) 21-1
 Women 40-44: 1) Christel Miller (CDM) 25-9
 Women 45-49: 1) Shirley Kinsey (CDM) 21-11
 High Jump -- Women 30-34: 1) Gloria Whitfield (CDM) 4-2
 Women 35-39: 1) Christel Miller (CDM) 4-2
 30-34: 1) Lloyd Higgins (un) 5-10
 35-39: 1) Larry Sallinger (CDM) 5-6
 40-44: 1) Nick Newton (SCS) 5-8
 45-49: 1) Ed Austin (CDM) 5-6
 50-54: 1) Hal Wallace (STC) 4-8
 55-59: 1) Dave Brown (CDM) 4-8
 65-69: 1) Ted Hatlin (STC) 4-2

Discus --- 30-34: 1) Doug Wells (CDM) 159-7 1/2
 40-44: 1) Hal Smith (SCS) 116-8 1/2
 45-49: 1) Ed VanPelt (CDM) 134-5
 50-54: 1) Hal Wallace (STC) 120-5
 55-59: 1) George Ker (CDM) 148-7
 60-64: 1) Erich Jordan (STC) 124-1
 65-69: 1) Randy Hubbell (STC) 89-5
 70+: 1) Redmond Doms (SCS) 118-10
 Women 30-35: 1) Jan Svendsen 136-7
 Women 35-39: 1) Catie Burke (CDM) 56-4
 Women 40-44: 1) Christel Miller (CDM) 59-3
 Women 45-49: 1) Shirley Kinsey (CDM) 73-8

June 18, Los Gatos: Holy City Summit Run. 9.1 miles

Pl	Name	Club	Div	Time
1	Steve Brooks	WVTC	0	47:39
2	Angel Martinez	ARC	0	47:44
3	Lou Patterson	ARC	0	48:40
4	Joe Salazar		0	49:35
5	Gilbert Munoz		0	49:40
6	Mike Smith	WVTC	0	49:55
7	Dan Martinez		0	50:11
8	Mike Wheeler	LMJS	0	50:17
9	Mike Duncan	WVTC	0	50:22
10	Jim Langley		0	50:30
11	Matt Sommer		0	50:48
12	Arturo Tello		0	51:15
13	Ulrich Kaempf	TRAC	40+	51:23
14	Mike Wright	SoStr	0	51:28
15	Frank Krebs	Buff	0	52:14
16	Ted Pawlak		0	52:49
17	William Jenny	LMJS	0	53:00
18	Harvey Faerrill	Sund	40 +	53:10
19	Sammy Castillo		0	53:19
20	Mike Warr	HS		53:27
21	Dete Kraus	WVJS	0	53:28
22	John Hellman		0	53:29
23	Bryan Holmes	WVJS	40+	53:41
24	Andy Takaha	CamW	0	53:43
25	Dave Unger		0	53:49
26	Gerald Slibsager		0	53:59
27	George Gilbert	LBS	0	54:05
28	Bill Brodhead		0	54:20
29	Mike Deatherage		0	54:37
30	Dirk Rohloff	ARC	0	54:38
69	Sue Munday	CamW	W	58:16
107	Gail Campbell	WVJS	W	61:32
108	Donald Barber		0	61:40
109	Robert Lopez		0	61:42
130	kathryn Lundquist		W	62:42
142	Joanne Shearer	CIND	W	63:32

18-05:2, 17-8 1/4, Bullet Oshkoya (Macabbi) 17:34.4 (L.A. Mercettes) 17:34.4
 Shotput--- (14-16): Ray (L.A. Natu-rite) 44.9.
 MEN
 120y hurdles--- P. Johnson (Gardena High) 14.3, Colbert (All American TC) 15.2, Davis (Banning High) 15.4.
 440--- T. Andrews (Tobias Striders) 47.6, Beaton (Unat) 48.0, Miles (Macabbi) 48.3, Mason (All American TC) 48.5, Cesar (Banning High) 49.9.
 Mile--- Arriola (Macabbi) 4:16.1, Babracki (San Fernando Valley TC) 4:20.8, Murphy (Santa Monica TC) 4:35.5, Eudarie (Unat) 4:40.5.
 100--- (Heat 1): Gilkes (Tobias Striders) 9.5, Simmons (Tobias Striders) 9.5, R. Williams (Tobias Striders) 9.5, Woodson (Tobias Striders) 9.7. (Heat 2): J. Andrews (Tobias Striders) 9.3, Torrence (Gardena High) 9.5, Riddick (Athletes in Action) 9.6.
 880--- (Men): Thornton (Macabbi) 1:53.2, Huffman (Macabbi) 1:53.2, Frazier (UC Irvine), nt. (High school men): Gray (Crenshaw) 1:56.1, West (Crenshaw) 1:58.2, French (Banning), nt.
 440 relay--- (Open): Tobias Striders (Woodson, Simmons, J. Andrews, Gilkes) 40.3, L.A. Express 41.0, Macabbi 41.7. (Men): L.A. City College 42.7, L.A. Express B 43.7, Compton High 44.9.
 220--- Lewis (L.A. Express) 22.0, Blaylock (L.A. Express) 22.2, Cesar (L.A. Express) 23.0.
 Mile relay--- All American TC (Berry, Mason, Harris, Reilly) 3:24.5, Macabbi 3:27.5.
 Long jump--- Whitley (Macabbi) 25-2 1/4, Magee (Macabbi) 23-3, Spencer (Unat) 23-2 1/4, Thomas (AIA) 23-2 1/4.
 Shotput--- Marks (West Valley TC) 59-10 1/2, Pagel (Macabbi) 58-3, Baughman (Macabbi) 57-0, Kline (Macabbi) 53-4, McCauley (Macabbi) 49-1.
 Pole vault--- (High school): Suey (Eagle Rock) 14-0. (Open): Adams (South Bay TC) 16-0.
 Javelin--- Willis (Compton TC) 168-11, Delaney (Unat) 165-3.
 Discus--- McGoldrich (Macabbi) 213-1, Gardner (Macabbi) 205-1, Plucknett (West Valley TC) 204-8, Gordien (Unat) 193-0, Baughman (Macabbi) 177-11.
 High jump--- Smith (Pasadena CC) 7-2, Boyd (L.A. Trade Tech) 6-10, Meister (Unat) 6-8.
 Triple jump--- Valentine (All American TC) 48-6 1/2, Magee (Macabbi) 48-1 1/2, Faison (Banning High) 47-11, Drake (L.A. Jordan High) 45-8 1/4, Paul (UC-Irvine) 45-3 1/2.
 First Annual Orange County Fair 8.2 Run for Your Life
 Overall Winners:
 Ralph Serna (21) Men 44:04.5
 Evelyn Grimm (19) Women 57:53.6
 Age Division--Male:
 12u ---- Cort Williams 1:01:27
 13-19 --- C. Christensen 45:18.4
 20-29 --- R. Rodriguez 47:54.0
 30-39 --- Wayne Douglas 47:45.8
 40-49 --- Alan Dirkin 47:56.2
 50-59 --- Colin Guiver 54:28.9
 60-69 --- Jack Powell 1:06:48
 Age Division--Female:
 12u ---- K. Fitzgerald 1:41:53
 13-19 --- Jammie Schreck 1:05:26
 20-29 --- Jere Rispoli 1:02:19
 30-39 --- R. Takahashi 59:10
 40-49 --- Jesse Smith 1:06:20
 50-59 --- Toni Hewitt 1:17:04

MEN---1. Kirlos (Signal Hill), 2:28:12; 2. Moffitt (Los Angeles), 2:29:05; 3. McDermott (Whittier), 2:31:43; 4. Rudberg (Rancho Palos Verdes), 2:45:03; 5. Kennedy (San Pedro), 2:48:36; 6. Diaz (Redondo Beach), 2:48:48; 7. Anderson (Los Angeles), 2:48:59.
 WOMEN---1. Petersen (Laguna Beach), 3:01:06; 2. Hutchinson (Rancho Palos Verdes), 3:13:02; 3. Christopher (San Pedro), 3:15:17.

June 17. San Luis Obispo. RRC Meet of Miles

Men, 16-25:
 1) Tony Arreola (SLDC) 4:48.7
 Men, 26-39:
 1) Bob Nanninga (WVTC) 4:33.4
 2) Walter Thompson (SLDC) 4:59.9
 3) Brian Waterbury (SLDC) 5:07.0
 Men, 40+:
 1) Joe Kourakis (un) 5:44.8
 Women:
 1) Melanie Walker (SLOSHS) 6:12.7
 2) Jean Spierling (SLDC) 6:21.0
 /Stan Rosenfield/

June 24. Auburn. Western States Endurance Run--100 Miles in One Day Under 24 Hours:

1) Andy Gonzales (Colfax) 18:50
 2) Bob Bunnell (San Rafael) 19:48
 3) John Cappis (N.M.) 19:49
 4) Ken Adams (Sparks, NV) 20:59
 5) Doug Latimer (RedwCity) 21:38
 6) Jim Howard (Sacramento) 21:42
 7) John Evans (Vallecito) 22:28
 8) Ken Shirk (Crysbay, NV) 22:39
 8) Dean Metcalf (Santa Cruz) 22:39
 10) Gordy Ainsleigh (Colfax) 22:40
 26) Pat Smythe (Kentfield) 29:34
 /Shannon Gardner/

June 24. Lake Tahoe. 1978 Lake Tahoe Marathon

1) John Paulson (Harras) 2:28:11
 2) Doug Jacobson (TBTC) 2:42:30
 3) Bob Hedges (BuffChps) 2:53:12
 4) Marc Hoshler (BuffChps) 2:53:46
 5) John M. Popoff (Quest) 2:55:41
 6) Reginald Bedell (LTTC) 2:58:09
 7) Perry Linn (BuffChps) 3:01:47
 8) Austin Angell (SLTTC) 3:02:34
 9) John Bowen (LVTC) 3:04:39
 10) Ed Jerome (TracAC) & his dog, Shelly 3:06:12
 11) Wayne Baker (AZ) 3:08:03
 12) Brian Holmes 3:08:04
 13) Doug Schrock 3:08:26
 14) Bill Schaefer (LVTC) 3:10:18
 15) Rick Sylvester (HideRun) 3:11:58
 16) Ken Pulver (SSS) 3:13:09
 17) Arthur Branchini (SLT) 3:13:38
 18) Jim Bailey (ORR) 3:13:57
 19) T. F. Bales (WoodsdeSt) 3:18:12
 20) Christopher Hamer 3:18:19
 20) James Bowles (WVTC) tie 3:18:19
 22) John Lundquist (BuffCh) 3:18:25
 23) Eric Ellisen 3:20:12
 24) Don Swanson 3:21:27
 25) Art Waggoner (BuffChps) 3:21:29
 46) Melissa Duffy 3:33:09
 59) Jeanette Sullivan (OTC) 3:45:33
 62) Lori Brusati 3:48:52
 /Chuck Lancaster/

AGE GROUP 50 - 54	
1. Peter Mundle	16:55.19
2. Carl Martin	17:59.90
3. Rich Mueller	18:00.43
4. Chuck Hart	22:28.70
AGE GROUP 60 - 64	
1. James Oleson	18:41.01
2. Paul Reese	18:51.01
3. Ed Preston	20:09.73
AGE GROUP 65 - 69	
1. R.M. MacTamahan	23:54.67
AGE GROUP 75 - 79	
1. Paul Spangler	23:57.35

WOMEN

AGE GROUP 30 - 34	
1. Ida Lucas	22:20.90
AGE GROUP 35 - 39	
1. Barbara Pike	19:36.45
AGE GROUP 40 - 44	
1. Noel Murchie	20:28.88
2. Lillian Woodward	21:49.59
AGE GROUP 45 - 49	
1. Ruth Anderson	19:37.14WR
2. Kathy Brieger	21:58.20
AGE GROUP 50 - 54	
1. Betty Nolen	33:29.08

800 METERS
MEN

AGE GROUP 30 - 34	
1. Ramsey Thomas	1:55.5
2. Steve Waggoner	1:56.0
3. Hilliard Sumner	2:02.04
AGE GROUP 35 - 39	
1. Ron Whitney	1:54.91
2. Dave Roman	1:55.74
3. Sten Mauson	2:16.19
AGE GROUP 40 - 44	
1. Bill Mayer	2:04.40
2. Fred Kjer	2:08.2
3. Dave Reisbord	2:09.27
AGE GROUP 45 - 49	
1. Dave Pratt	2:04.14
2. Gaylord Kalchmid	2:09.63
3. Pete Woodward	2:13.62
AGE GROUP 50 - 54	
1. Willis Kleinsasser	2:14.41
2. George Grimes	2:16.24
3. Avery Bryant	2:16.98
AGE GROUP 55 - 59	
1. Alan Waterman	2:29.06
2. David Lewis	2:30.40
3. David Burg	2:40.81
AGE GROUP 60 - 64	
1. Ray Mahannah	2:35.08
2. George Poloyias	2:40.34
AGE GROUP 65 - 69	
1. Bud Deacon	2:52.19
AGE GROUP 75 - 79	
1. Harold Chapson	2:49.28
2. Paul Spangler	3:21.83
WOMEN	
AGE GROUP 30 - 34	
1. Carole Manson	3:04.38
AGE GROUP 35 - 39	
1. Mimi Gerard	2:39.69
AGE GROUP 40 - 44	
1. Noel Murchie	2:42.65
AGE GROUP 45 - 49	
1. Ruth Anderson	2:46.1
2. Kathy Brieger	3:00.93
AGE GROUP 55 - 59	
1. Edith Leiby	3:41.36

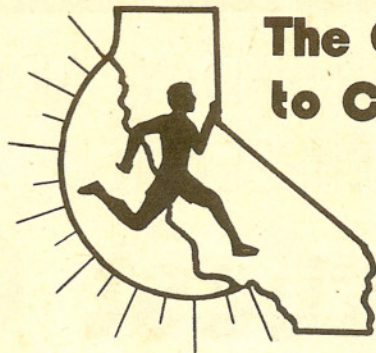
AGE GROUP 31 - 34	
1. R. Huseny	19.12
AGE GROUP 35 - 39	
1. Cherne Sherrard	28.85
2. Ursula Schreiber	19.68
3. Katie Burke	16.77
AGE GROUP 45 - 49	
1. Shirley Kinsey	23.77
2. Miyoko Okubo	14.77
AGE GROUP 55 - 59	
1. Edith Leiby	11.32

HI JUMP
MEN

AGE GROUP 35 - 39	
1. Jim Brown	6'2"
AGE GROUP 40 - 44	
1. Kermit Walker	5'8"
2. Nick Newton	5'8"
3. Jack Graf	5'4"
AGE GROUP 45 - 49	
1. Herm Wyatt	5'10"
2. Ed Austin	5'6"
3. M. Sanchez	5'6"
AGE GROUP 50 - 54	
1. Hal Wallace	4'8"
2. Roy Wiggington	4'4"
AGE GROUP 55 - 59	
1. Burl Gist	5'0"
2. Orval Gillet	4'11"
3. Harold Hunter	4'10"
4. Dave Brown	4'10"
AGE GROUP 60 - 64	
1. James McCarthy	4'6"
AGE GROUP 65 - 69	
1. Stan Thompson	4'4"
2. John Dick	4'2"
3. A.E. Vesco	4'
AGE GROUP 70 - 74	
1. H. Van Gelder	3'10"
WOMEN	
AGE GROUP 35 - 39	
1. Cherrie Sherrard	4'6"
AGE GROUP 40 - 44	
1. Christel Miller	4'2"

TRIPLE JUMP
MEN

AGE GROUP 30 - 34	
1. Lou Christensen	39'7½"
AGE GROUP 35 - 39	
1. Martin Hee	38'1"
AGE GROUP 40 - 44	
1. Kermit Walker	42'9"
2. Alvin Henry	42'6½"
3. Robert Mason	42'2¼"
AGE GROUP 45 - 49	
1. Dave Jackson	43'6½"
2. Shirley Dawson	37'9¼"
3. Al Brenda	36'1¼"
AGE GROUP 55 - 59	
1. Ray Spencer	35'9"
2. Dave Brown	35'1¼"
3. Harry Huseny	30'¼"
AGE GROUP 65 - 69	
1. John Dick	26'6"
2. A.E. Vesco	24'7½"
3. Harry Koppel	23'8¼"
AGE GROUP 70 - 74	
1. W. McFadden	27'11¼"
2. H. Van Gelder	25'3¼"
WOMEN	
AGE GROUP 40 - 44	



The Only Publication Devoted
to California Track

CALIFORNIA TRACK NEWS

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FEATHER RIVER SEVENTH-DAY ADVENTIST HOSPITAL
PRESENTS

The Harvest Classic

November 19, 1978

- * Come hear Dr. Kenneth Cooper November 16th.
- * Enjoy a vegetarian meal designed for the Runner.
- * Get a free subscription to a national health journal.
- * Family activities (nature film, playground).
- * Running Events Include:

Junior 5000m	(under 19 years)
Masters-women 5000m	(40 years and over)
Masters-men 10km	(40 years and over)
Womens Open 10km	
Mens Open 20km	

Start of race is BUTTE COLLEGE, Oroville, Calif.

** Trophies to be Awarded **

What they said about the East Coast event:

- This is a letter to thank you for what many runners said was the best-run most-enjoyable marathon they had ever attended. (Kay Deitz, Bel Air, Md.)

- I wish to thank you and Life & Health for your sponsorship. I thought that the race, the aid stations, the luncheon and all related matters were "Grade A" quality. (P. Donald Moses, Staunton,

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ENTRY FORM

Name _____

Address _____

City _____ State _____ Zip _____

Sex _____ Age _____ Event _____

Make sure you include all the above information for any additional family members.

I do, hereby, release and discharge all promoters and sponsors for all claims of damage, demands, actions whatsoever in any manner arising or growing out of my participation in the Harvest Classic.

Signature _____

Enclosed is my check or money order for \$8.00 payable to Feather River Hospital.

Additional costs include:

() \$4.00 for additional family members

() \$3.50 for T-Shirt

my size () () () ()
S M L XL

() \$2.50 meal for guests only

Non-seminar attenders will receive a \$1.00 discount on the \$8.00 and \$4.00 entry fee.

Mail to: Feather River Hospital
Health Services Department
5974 Pentz Road
Paradise, Calif 95969

Sponsored by: Paradise Running Club
Co-sponsored by: The local Seventh-day Adventist Church's, Butte College, Life & Health (the national health journal)

Entries MUST be in by November 5, 1978.