

# CALIFORNIA TRACK & RUNNING NEWS

**JULY 1980**

**Issue 47** 75¢



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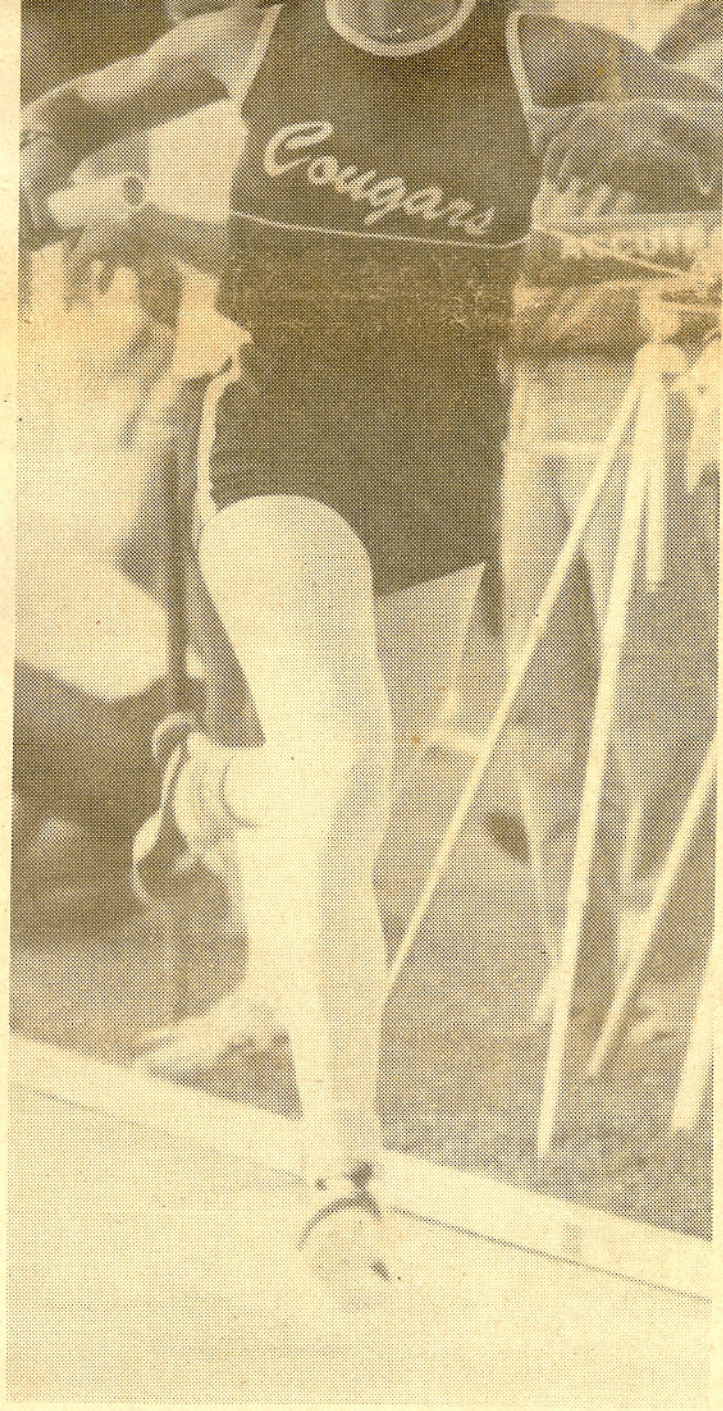
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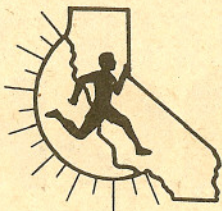
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CALIFORNIA'S TRACK AND RUNNING PUBLICATION

**EDITOR & PUBLISHER**

Bill Cockerham

**PRODUCTION MANAGER**

Judy Cockerham

**PRODUCTION ASSISTANTS**

Patt Heyerly &amp; Tasi Peneueta

**BUSINESS MANAGER**

Jim Franz

**HIGH SCHOOL EDITOR**

Keith Conning  
2235 Browning St.  
Berkeley, CA 94702  
(415) 849-4406

**LONG DISTANCE EDITOR**

Richard Slotkin  
14212 Summertime Lane  
Culver City, CA 90230  
(213) 836-7088

**CORRESPONDENTS**

Jeff Biddulph Northern California; Ron Blackwood Central California High School; Katherine Brieger Masters Women; Calvin Brown Girls & Women Track & Field; Keith Conning North Coast Section High School; Jim Crowhurst Northern California; Bob DeMuth Track Teaser Puzzle; Ken Dose Northern California Community College; Rich Ede High School Girls Track & Field; Tom Feuer L.A. City Section High School; Marty Higginbotham Central California Long Distance; Percy Knox Masters Men; Mike Lennemann Track Teaser Puzzle; Conrad Lopez San Jose Area; Bill Mensing Sac-Joaquin Section High School; Bill Minarik Southern California Area; Winona Pauls Bakersfield; Marty Post Marathons; Jeff Rigdon San Diego Section High School; Rich Romine Ventura Area; Chuck Skow Open Track & Field; Dick Slotkin Southern California Long Distance; Doug Speck Southern Section High School; Bruce Thomson Los Angeles Area; Howard

*from the  
editor...*



Ouch! It's been a painful season. Painful for the athletes and painful for the fans. And, I'm not talking about the physical pain that is accepted with training or related to long hours in the stands - the compensating rewards and joys that result from this pain makes one soon forget the agony along the way.

The pain I'm feeling won't be easily forgotten. Maybe the rewards from the sacrifice will be realized later, but right now it hurts. I'm talking about the frustration of this Olympic year, the emotional roller-coaster we've all been riding during the season. And, I'm afraid there may be a few more bumps to ride out.

Of course the Olympic Boycott has hung as a dark cloud of depression over the whole season. Did we who have been so opposed to previous political disturbances of the Games really insert our own political statement and action to undermine the Games? It's still hard to believe that the Olympics we've so eagerly anticipated for the past four years will not really be the Olympics we hoped for and as originally intended.

It has been difficult to get psyched up this season. It's like trying to get excited about going swimming but

knowing you can't get wet. I can't help but feel the boycott has dampened the enthusiasm of our athletes, affected their performances, and set track back a step in the U.S.

Then there was the announcement in the middle of June of a big invitational meet scheduled for Berkeley July 17-18 (and one in Philadelphia, too). Some billed it as the "Alternate Olympics" as all of the boycotting nations were invited and several had already indicated they would be there. Within 3 days the Berkeley meet sold out. When I first learned of the meet some of the old excitement of seasons past was beginning to return as I hurriedly began making arrangements for reporters and photographers.

But, the build-up of excitement only made it a longer way to tumble down when just a week later politics again entered the athletic arena. TAC director Olan Cassell said in Indianapolis the Berkeley event was cancelled because the meet had become excessively "politicized."

"Comments by politicians within the city of Berkeley and the surrounding area have created an unfavorable climate in which to hold the competition," Cassell said.

Cal athletic Director, Dave Maggard added, "This is a typical example of politicians who have nothing else to do. I am very disappointed."

The above frustrations are definitely hard to handle - but they were all a result of people outside the sport. Can you, then, imagine political frustrations coming from within our sport? It appears that is what happened at the "Olympic" Trials in Eugene at the end of June. Brian Oldfield, Steve Smith and Rod Milburn, 3 former ITA pro track athletes had been reinstated by the IAAF for all international competition save the Olympic Games. Since the so called "Olympic" Trials no longer lead to the Olympic Games, that would make these athletes eligible to compete in Eugene. Not so. The U.S. governing body in track and field, the Athletics Congress (TAC), didn't see it that way and tried to keep the 3 from competing at the Trials. Hold-the-phone, I thought TAC was supposed to be for the athletes and not like the other organization. These athletes had to hire lawyers to fight for their right to compete and by the time the judge gave the green light the high hurdles heats had been contested, so Milburn was left to watch. Smith and Oldfield did finally, against the wishes of TAC, compete.

The season in a word - "frustration" - at least on the upper level of the sport. There has been a lot of joy, however, in an exciting prep, community college and college season, along with some fantastic road racing. A few hours reading through this issue of *California Track & Running News* just might even take your mind off the frustrations for awhile and conjure up the old excitement again.

**THE FLOP BOOK.** By John Tansley. \$5.95 plus 50 cents postage, California residents please also add 36 cents sales tax. Order from Athletic Attic-Brea, 351 S. State College, Brea, CA 92621. This is THE book on the flop high

# Book Review

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### PHOTOGRAPHERS

Keith Conning, Don Gosney, Marty Higginbotham, Bill Leung, Jr., Richard Slotkin, Dave Stock, Steve Wolters

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This is THE book on the flop high jump technique - a whole book, 77 pages - just on the flop. And, it's 8½x11 in size. And what better person to put together such a book than Glendale College coach John Tansley who has coached numerous flop champs, among them American record holder Dwight Stones. John also conducts a yearly 3 day "Flop Camp."

With an introduction by Bernie Wagner, coach of the original Dick Fosbury, the book is written for both the coach and athlete. Chapters include: Mechanics, Technique, Training, Teaching, and Profiles.

A valuable handbook with numerous sequence photos and diagrams.

**YOUNG RUNNERS' HANDBOOK, A Guide For Young Runners and Their Parents.** Written by Elizabeth G. Barley and Mark Bloom. \$3.00 plus 85 cents postage and handling. Kinney Young Runners' Handbook, P.O. Box 5006, New York, NY 10022.

This book published by Kinney Shoe Corporation in cooperation with the President's Council on Physical Fitness and Sports promotes the idea that fitness must be worked at early in life and encourages children to take responsibility for their own well-being.

The 128-page paperback delivers its message and then moves on to provide special insights and instructions about the physiology of young bodies and the information essential to young people for embarking on a running for fitness program.

The controversial issue of children entering marathons is specifically discussed and discouraged. All the medical authorities interviewed by the authors

indicated that the stress on the growth plates, particularly at the knee, of running 26+ miles could be harmful. The book offers many additional practical do's and don'ts geared to growing youngsters whose bodies are in a state of flux.

**1980 UNITED STATES ANNUAL.** By Stan Eales, Scott Davis & Don Potts. 117 pp. \$5.00 Post-Paid; \$6.00 First Class. Scott Davis, 4432 Snowbird Circle, Cerritos 90701.

The Statistical Bible of United States Track & Field. Contains 1979 lists of men & women and all-time list for men. Greatly expanded to include men and women 400 and 1600 relays, marathon, etc.

**1980 JUNIOR OLYMPIC HANDBOOK.** Published by the Amateur Athletic Union of the United States. 114 pages. \$2.00 from AAU Order Dept., 3400 West 86th St., Indianapolis, IN 46268.

The Who's, What's, When's, Where's and Why's of the AAU/JUSA Junior Olympics. Includes 1979 Junior Olympic National Championship results.

**THE RUNNERS' REPAIR MANUAL.** By Dr. Murray F. Weisenfeld. \$9.95 from St. Martin's Press, 175 Fifth Ave., New York, NY 10010.

A complete program for diagnosing and treating your foot, leg and back problems.

A do-it-yourself book, written in the simple, non-technical and conversational

language a friendly doctor would use with his patients, it outlines all the injuries common to running and gives concrete practical advice as to what to do about them if you get them, and how to prepare yourself so you won't.

**THE DECATHLON BOOK 1980.** By Frank Zarnowski. \$4.00 from DECA, Frank Zarnowski, c/o Faculty, Mount St. Mary's College, Emmitsburg, MD 21727.

An essential yearbook for all decathletes, coaches and fans. Complete 1979 results, rankings, year lists, all-time lists, event records, interviews and much more.

**FOX RUNNING.** By R.R. Knudson. Paperback, 126 pp. \$1.50 Avon Books, The Hearst Corp., 959 Eighth Ave., New York, NY 10019.

A novel for young readers. Two worlds: one was the world of Olympic strategy - the world of Kathy "Sudden" Hart, the young gold-medalist burned out at 19 by the rigors of her competitive training. The other was the world of Fox Running, who had learned the ways of her Mescalero Apache ancestors and ran with the swiftness of the wild mountain wind.

Kathy Hart and Fox Running - as different as fire and water, but needing each other as the desert needs the rain - needing to share, and to grow, and to discover all things through each other's eyes.

**ON THE COVER:**

Two of California's prep leaders: Sherri Howard (left) and Leslie Deniz

photos by Don Gosney

# SPEND A WEEK

with

Jeff Galloway     Joe Henderson  
 Arthur Lydiard     Harry Hlavac  
 Jack Mahurin

at

# TAHOE TRAILS

AUGUST 10 - SEPTEMBER 7

Phidippides invites you, your family, and friends to have a fitness vacation at beautiful Squaw Valley, California. There will be time to run, time to learn, time to be with the beauties of nature, and time to play. You can enjoy tennis, volleyball, ice skating, river rafting, hiking, horseback riding, and nature hikes in the high Sierra Nevada Mountains.

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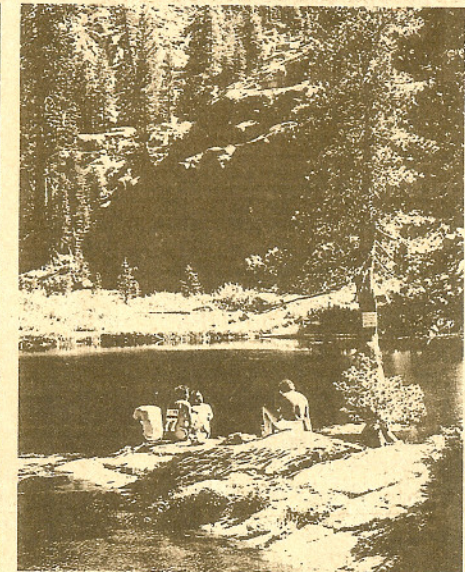
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The name in running for 2400 years.



time to run



time to enjoy nature



time to learn

# MAILBAG

On behalf of my club, *Synanon*, and my sisters who run on *any* team, take note of whose colors we fly!

*Michele Gauthier  
 Badger*

ATLANTA  
**APPIDES**

The name in running for 2400 years.



time to learn

# MAILBAG

## YOUNGSTERS

I've read a couple of your 1980 issues and haven't noticed any results of boys age group track. I'm an assistant coach with the Orange County Blue Angels, an age group track club oriented to distance running and coached by Frank Duarte. We recently staged our annual Orange County Relays on May 24th with close to 600 entries from age 6 to 17. I have enclosed our meet results with the hope that you will begin some coverage in this area. Since *Runner's World* chooses to ignore kids someone needs to move out and give them their due. I feel we have some outstanding distance runners on our club and have also submitted a brief summary for your "Club News" section.

*Buck Jones  
Fountain Valley*

*Thanks for the info on the OCBA. I wish we could print the results of the meet. Right now space doesn't permit. If and when we can add more pages and/or issues we'll do that. Top marks can, however, receive recognition in the "Club News" column and other editorial features.*

## CAR POOL

Enclosed find my subscription order. I find your endeavor excellent

and most informative of the California track scene. *Track & Field News'* broader coverage combined with your home front information almost satisfies me (What T&F nut is *ever truly* satisfied?).

Finally, a few suggestions:

1) Would it be possible to get a statewide car pool going for track fans to get to meets in the state and the West? I know that I would like to find some people in the San Jose and Monterey area to combine expenses with on trips to the So. Cal indoor meets, central and southern California outdoor meets. Perhaps you could mention this in your July issue and publish address and/or phone numbers in your August issue.

2) I would like to suggest that someone in California start a National High School Girls Invitational (a la Golden West, Sacramento) for seniors and juniors, given the relative infancy of the ladies running movement.

*Paul Duran  
Sunnyvale*

## MALE CHAUVINISH

I wanted to pull your coat to a frequent oversight in your race results which may indicate a teensy tinge of

(horrors!) male chauvinism. The fault is certainly more with whoever mails you the data rather than with your policies. **Race directors, please note:**

My name gets mentioned fairly regularly in the results section but with equal regularity, in your paper as well as in others, the name of my team gets omitted. Upon checking further, I found that this seemed true of other female competitors in distance events. Male runners have their name, time, club or team and the women just get their name (and division), i.e. Juan Molina, High Sierra TC, Jim Hartig, Fresno TC then Michele Gauthier and Joslin Baca, no team, no club.

It matters to me that I run for *Synanon*. *Synanon* people feel good when I do well. They support me and hopefully, I make them proud now and then. There is an implication that the efforts of female runners are not significant enough to give credit to their clubs or teams. As if Joslin Baca's club shouldn't get credit for the excellent performances she puts in. It really matters. And although I have shrugged off this kind of omission in less significant newspapers, *California Track* matters too much to let it pass.

On behalf of my club, *Synanon*, and my sisters who run on *any* team, take note of whose colors we fly!

*Michele Gauthier  
Badger*

## ENTRY BLANKS

I'm glad to see you printing entry blanks for the big races in California. It's a big help to us who like to hit the main events throughout the West Coast. I only wish you'd have more, though, like Honolulu Marathon, Mission Bay Marathon, Bay-to-Breakers, etc. Maybe you could give a cheaper rate for meets to advertise by printing their entry blanks.

*Don Gaard  
Arcadia*

*Our advertising rates are extremely reasonable and on top of that we already give a 50% advertising discount to race directors.*

*-Editor*

## TUTTLE'S TOPICS

I bought your paper at a sporting goods store several months ago and love it. It's just what runners in California are looking for. The part of it, for me, is "Tuttle's Topics." Here's one of the best runners in the country writing about his experiences and sharing his thoughts and training secrets with us would be runners. Maybe you could get some of the other great runners in California to write sometime, too; like Steve Scott or Dave Babiracki.

*Jim Weller  
Reseda*

## JULY

**JULY 3: CRE All-Comers Track Meet.** 6 pm, Clark School in Clovis. Mike De Carli (209) 299-8738.

**JUL 4: La Palma 5K & 10K Runs.** 8 am. City of La Palma, c/o Rec. Dept., 7822 Walker St., La Palma 90623. (714) 522-6740.

**JUL 4: Palisades Will Rogers 10 Kilo.** 8:30 am. Chris H. Carlson, Race Director, Touche Ross & Co., 3700 Wilshire Blvd., Los Angeles 90010.

**JULY 4: SPA-AAU 15 Kilo Championship.** Santa Barbara, 9:30 am. John Brennand, 4476 Meadowlark Ln., Santa Barbara 93105.

**JUL 4: Coronado Half Marathon.** 6th and G St. George Green (714) 437-4667.

**JULY 4: Fourth of July Fun Run.** 2.1, 4.2 and 6.3 miles, Woodward Park, Fresno. Ron Gates, 3220 E. Huntington, Fresno 93702. (209) 237-3572.

**JULY 4: Fourth of July 5 & 10 Kilo.** Morgan Hill, Gavilan Park, 8:30 am. Bill Flodberg, 12925 Foothill Ave., San Martin 95046.

**JULY 4: 4th of July Parade Run.** 5 Kilo. Redwood City, 9:45 am. Sten Mawson, 163 Romero Road, Woodside 94962. (415) 851-7510.

**JULY 4: Kenwood Footrace.** 10 Kilo. Dan Preston, 4204 Leafwood Circle East, Kenwood 95405. (707) 527-0613.

**JULY 4: Independence Day Run.** 4 miles, Mooney's Grove Park, Visalia. Marty Higginbotham, 1026 W. Princeton, Visalia 93277.

**JULY 5: Fresno Bunion Derby 3K.** Fresno State University, 8 am. Larry Lung, 784 Jana Way, Hanford 93230. (209) 584-5142.

**JULY 4-6: USA Age Group Track & Field Championships.** Tempe, AZ (Arizona State University. Sue Humphrey, Arizona State, UAC Room 192, Tempe, AZ 855281. (602) 965-4320.

**JULY 4-6: National Masters Track & Field Championships.** Franklin Field University of Pennsylvania, Philadelphia. Bert Lancaster, Meet Director, 6014 Chew Avenue, Philadelphia, PA 19138. (215) 686-8399.

**JULY 6: Great Calistoga Footrace.** Napa County Fair Grounds, Calistoga, 9:30 am. 5 miles. Reg Harris, 1267 Walnut C86, Napa 94558. (707) 255-8705.

**JULY 6: San Francisco 10 Mile Classic.** Golden Gate Park Polo Fields, 8 am. Marin Racers, 1746 - 26th Ave., San Francisco 94122. (415) 661-1828.

**JULY 6: Historic Folsom Road Run.** 10K, Folsom City Hall, 8 am. Frank Krebs, 8406 Taramore Court, Orangevale 95662. (916) 725-4616.

**JUL 9: All Comers Track Meet.** Grossmont College. Nicki Hobson (714) 755-7562, nites.

# SCHEDULE

Please send scheduling information directly to **California Track & Running News** at P.O. Box 6103, Fresno, California 93703

Schedule is subject to change; please verify date with meet directors before traveling to an event. Keep in mind that some events require advance entries. It is a good idea to include a stamped, self-addressed envelope when requesting meet information and/or entry blanks.

**JULY 19: Fresno Bunion Derby 5 Kilo.** Fresno State University, 8 am. Larry Lung, 784 Jana Way, Hanford 93230. (209) 584-5142.

**JULY 19: CRE Prediction Fun Run.** Clovis, 7:30 am. Mike De Carli (209) 299-8495.

**JULY 19: Junior Olympics Region XIII.** San Diego Area. Joe Twyman, 50 Fourth Ave., Chula Vista 92010.

**JUL 19-20: Women's Decathlon.** Ventura High School, 11 am. John Dobroth, 1165 Shelburn, Ventura 93003. (805) 643-3444.

**JUL 20: Orange County 10 Kilo Run.** Irvine, 8 am. Heiko Perchal, 5238 Michelson Dr. #32B, Irvine 92715.

**JULY 20: Conn Dam Runs.** 8 and 2 miles, Conn Dam Picnic Runs, 9 am. Kaye Hall, 4516 Dry Creek Road, Napa 94558. (707) 255-0683.

**JULY 20: Marin Headlands Race.** 7 miles, Fort Cronkite, 10 am. Kees Tuinzing, 627 Galerito Way, San Rafael 94903. (415) 472-7917.

**JUL 23: All Comers Track Meet.** Southwestern College. Frank Nacozy (714) 453-0147.

**JULY 25-27: AAU National Boys Age Group Track & Field Championships.** Diablo Valley College, Pleasant Hill. Dave Sutch, 50 California St., #2350, San Francisco 94111. (415) 391-5600.

**JULY 26: Community Food Bank Run.** 3 mile & 6 mile. Balboa Park, San Diego, 8 am. Esther Turbay, Food Bank Run, 420 Third Ave., San Diego 92102. (714) 235-6271.

**JULY 26: Redlands Kiwanis Masters Meet.** University of Redlands, 12:00 noon. Buzz Wagner, 1522 Margarita Dr., Redlands 92373.

**JULY 26: RRCA Women's Distance Festival.** 5,000 meters. Laguna Lake Park

**AUG 2: Cayucos to Morro Rock Run.** 6 mile, 9 am. Brian Waterbury, 234 Catalina, San Luis Obispo 93401.

**AUG 2: Gilroy Garlic Festival 10K Race.** Entries close July 15. Bill Flodberg, 12925 Foothill Ave., San Martin 95046.

**AUG 2: Inside's Out & Back 10K.** Ventura, 9 am. Inside Track, 1410 E. Main St., Ventura 93001. (805) 643-1104.

**AUG 2: 26th Annual Balboa Park 8 Mile.** San Diego TC, P.O. Box 1124, San Diego 92112.

**AUG 3: Round Tiburon Peninsula Run.** 8½ miles, 9 am. Entry deadline July 26. Marin Racers, 1746 - 26th Ave., San Francisco 94122.

**AUG 6: All Comers Track Meet.** Grossmont College. Mark Gookin (714) 286-7958

**AUG 9: CDM Don Palmer Memorial Relays.** Santa Ana College, 10 am. Dave Jackson, 19103 S. Andmark Ave., Carson 90746. (213) 638-7125.

**AUG 9: Sierra Pines 40 Mile Relay.** Bass Lake, 7 am. 6 person teams. Fresno Track Club, P.O. Box 6103, Fresno 93703.

**AUG 9-10: National Junior Olympic Decathlon/Pentathlon.** Porterville. AAU/USA, 3400 West 86th St., Indianapolis, IN 46268. (317) 297-2900.

**AUG 10: North Orange County YMCA 10K Run.** Fullerton High School, 7:30 am. Ken Henderson, NOC YMCA, 2000 Youth Way, Fullerton 92635. (714) 879-9622.

**AUG 10: John Steinbeck Country Run.** 10 Kilo, Salinas, 10 am. Salinas Community YMCA, 117 Clay St., Salinas 93901.

**AUG 10: Dannon Road Runners Club Series 15 Kilo.** Fountain Valley. Peter Burke, Auletta Co., 59 East 54th St., New York, NY 10022. (212) 355-0400.

**AUG 10: Napa Town & Country Hot Foot Run.** 1.5 & 4.7 miles. Kay Hall, 4516 Dry

**AUG 16: CRE Prediction Run.** 2 miles, Clovis. Mike DeCarli (209) 299-8495.

**AUG 16-17: Pan American Masters Games.** Cromwell Field, USC, Los Angeles. Hilliard Sumner, 22713 Ventura Blvd., Woodland Hills 91364. (213) 884-1349.

**AUG 17: Run by the Sea.** 10 Kilo, Marineland, 7:30 am. Judy Schwartz, Rancho Palos Verdes Parks & Recreation, 30940 Hawthorne Blvd., Rancho Palos Verdes 90274. 377-2290.

**AUG 17: Press Run.** 10 Kilo, Richmond, 10 am. Ken Stein, West Contra Costa YMCA, 3230 Macdonald Ave., Richmond 94804. (415) 234-1270.

**AUG 17: Run for Human Services.** 5 mile, Kearney Park, Fresno, 7:30 am. EOC Human Services Fund, 2100 Tulare St., Fresno 93721. Pearl Medina (209) 266-2717.

**AUG 17: Merced Watermelon Run.** 10,000 meters, 7:30 am. Mike Mason, 1239 Kensington, Merced 95340.

**AUG 17: Yount Mill Runs.** 2 & 4.2 miles. Yountville Park, 9 am. Silverado Track Club, 1267 Walnut - C86, Napa 94558.

**AUG 23: America's Finest City Half Marathon.** San Diego. Neil Finn, American Lung Assn., 3861 Front St., San Diego 92103.

**AUG 23: Signal Hill 10 Kilo Race.** 8 am. Signal Hill Glass, 2375 Walnut, Signal Hill 90815.

**AUG 23: Bass Lake Half Marathon.** 13.3 miles, 8 am. Bill Cockerham, P.O. Box 6103, Fresno, CA 93703. (209) 264-5847.

**AUG 23: Tehachapi 10 Kilo Run.** 7 am. Ted Oliver, 3012 Crest, Bakersfield 93306. (805) 872-3707.

**AUG 24: Mayor's Cup Marathon.** San Francisco. Sherm Welton, Guardsmen, 12 Geary St., San Francisco 94108. (415) 653-1055.

**SEP 6: Fresno State Watermelon Run.** 2, 4 & 6 miles. Red Estes, Track Coach, Fresno State University, Fresno 93740. (209) 487-2167.

**SEP 7: TAC Outstanding Athletics Awards 10K.** Griffith Park, 8 am. Box 891, Tarzana 91756.

**SEP 7: Nike OTC Marathon.** 99 W. 10th St., Eugene, OR 97401.

**SEP 7: Silverado 10K Classic.** Napa, 9 am. San Healy, c/o C. Hall, 4516 Dry Creek Rd., Napa 94558. (707) 255-0683.

**SEP 7: Clayton Admission Day Run.** 6.5 miles. Clayton, 9 am. Bob Vasquez, 3 Barcelona Way, Clayton 94517. (415) 686-5238.

**SEP 7: Where the Hell is Truckee 18 Mile Run.** Truckee, 8 am. Basecamp, Box 1864, Tahoe City, CA

**SEPT 7: Park to Park Race.** 7.9 miles. Lompoc, 8 am. B. Rich, 1105 E. Hickory, Lompoc 93426.

**SEP 13: Bakersfield Track Club 5 Kilo.** Bakersfield T.C., 433 Belle Terrace, Bakersfield 93307.

**SEPT 13: Central California Cross Country Championships.** 2 mile women, 5 mile men. Woodward Park, Fresno, 10 am. Fresno Track Club, P.O. Box 6103, Fresno 93703.

**SEPT 13: Queen of the Valley Hosp. 10K.** Lee Russo (213) 962-4011, est. 3290.

**SEP 14: Hospital 2 Mile Run.** Fresno Steve Mitchell, Fresno Community Hospital (209) 431-4182.

**SEP 14: 5K Handicap Walk.** Valley College, Van Nuys, 9:30. Paula Kash (213) 659-9772.

**SEP 14: Peacock Prix 10K.** Ron Sharkee, KHBC, 3000 W. Alameda Blvd., Burbank 91523.

**SEP 14: California Road Runners Annual 5K & 10K.** DeAnza College, Cupertino, 9 am. Dennis Zamzow, 2500 Hospital Dr., Bldg 9, Mountain View 94040. (415) 964-4800.

**SEP 14: The Competitive Road Race.** 5,000 meters. Cal State Northridge, 8 am. Don Strametz c/o Track Office, Cal State University-Northridge, 18111 Nordhoff St. Northridge 91330. (213) 885-3608.

**SEP 19: Pepsi of Reno 72 Mile Lake Tahoe Run.** Tahoe City, 6 am. Charles Mersereau, 8895B Salmon Falls Dr., Sacramento 95826. (916) 362-9660.

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**SEP 21: Walnut Festival Race.** 5.6 miles. Andrew MacCono, 1840 Geary Road, Walnut Creek 94596.

**SEP 21: NAS Lemoore Cross Country Run.** 6.5 miles. Carl Whitaker, NAS Lemoore

**JULY 5: Fresno Bunion Derby 3K.** Fresno State University, 8 am. Larry Lung, 784 Jana Way, Hanford 93230. (209) 584-5142.

**JULY 4-6: USA Age Group Track & Field Championships.** Tempe, AZ (Arizona State University, Sue Humphrey, Arizona State, UAC Room 192, Tempe, AZ 85281. (602) 965-4320.

**JULY 4-6: National Masters Track & Field Championships.** Franklin Field University of Pennsylvania, Philadelphia. Bert Lancaster, Meet Director, 6014 Chew Avenue, Philadelphia, PA 19138. (215) 686-8399.

**JULY 6: Great Callistoga Footrace.** Napa County Fair Grounds, Callistoga, 9:30 am. 5 miles. Reg Harris, 1267 Walnut C86, Napa 94558. (707) 255-8705.

**JULY 6: San Francisco 10 Mile Classic.** Golden Gate Park Polo Fields, 8 am. Marin Racers, 1746 - 26th Ave., San Francisco 94122. (415) 661-1828.

**JULY 6: Historic Folsom Road Run.** 10K, Folsom City Hall, 8 am. Frank Krebs, 8406 Taramore Court, Orangevale 95662. (916) 725-4616.

**JUL 9: All Comers Track Meet.** Grossmont College. Nicki Hobson (714) 755-7562, nites.

**JUL 12: Sons and Daughters of Guam 10 Kilo.** Rohr Park, 8 am. Ray Sablan, 5509 El Cajon Blvd., San Diego. (714) 582-4801

**JULY 12-13: Senior Olympics.** USC, Los Angeles. Warren Blaney, 5225 Wilshire Blvd., Los Angeles 90036. (213) 938-5548.

**JULY 12: 20 Kilo Run.** Coyote Reservoir, 7:30 am. Bill Flodberg, 12925 Foothill Ave., San Martin 95046.

**JULY 13: Run For Cancer.** 1.5 and 5 miles, Merced County Fairgrounds, 7 am. Frank Russell, P.O. Box 2462, Merced 95340. (209) 723-7276.

**JULY 13: Pamakid San Francisco Marathon.** Golden Gate Park Polo Fields, 7 am. Pamakid Runners, P.O. Box 27385, San Francisco 94127.

**JULY 13: Pacific West 5 Miler.** Los Gatos County Creek Park, 9 am. Dan Cruz, 3679 Bridgeport Court #14, San Jose 95117. (408) 985-6893.

**JULY 13: Run in the Sun.** 15K, University of Nevada-Reno, 9 am.

**JULY 13: Pioneer Stampede.** 2 mile & 10 kilo, Pioneer, 9 am. Mary Graham, P.O. Box 193, Pine Grove 95665. (209) 296-7791

**JUL 13: Old Miners 19 Mile Run.** Big Bear Lake, 7:30 am. Ed Hurt, 7956 Devenir St., Downey 90242. (213) 923-3941

**JUL 13: Padre-Miller Lite 10 Kilo.** Admiral Baker Field. Nicki Hobson, 12991 Caminito Bodega, Del Mar, CA (714) 755-7562.

**JUL 19: Earth Month 10 Kilo.** Balboa Park, San Diego. Molly Jean Featheringill (714) 235-0066 days.

**JULY 19: Morro Bay to Cayucos Fun Run.** 6 mile, 9:30 am. Brian Waterbury, 234 Catalina, San Luis Obispo 93401.

**JULY 20: Conn Dam Runs.** 8 and 2 miles, Conn Dam Picnic Runs, 9 am. Kaye Hall, 4516 Dry Creek Road, Napa 94558. (707) 255-0683.

**JULY 20: Marin Headlands Race.** 7 miles, Fort Cronkite, 10 am. Kees Tulnzing, 627 Galerito Way, San Rafael 94903. (415) 472-7917.

**JUL 23: All Comers Track Meet.** Southwestern College. Frank Nacozy (714) 453-0147.

**JULY 25-27: AAU National Boys Age Group Track & Field Championships.** Diablo Valley College, Pleasant Hill. Dave Sutch, 50 California St., #2350, San Francisco 94111. (415) 391-5600.

**JULY 26: Community Food Bank Run.** 3 mile & 6 mile. Balboa Park, San Diego, 8 am. Esther Turbay, Food Bank Run, 420 Third Ave., San Diego 92102. (714) 235-6271.

**JULY 26: Redlands Kiwanis Masters Meet.** University of Redlands, 12:00 noon. Buzz Wagner, 1522 Margarita Dr., Redlands 92373.

**JULY 26: RRCA Women's Distance Festival.** 5,000 meters, Laguna Lake Park, 9 am. Elaine Rosenfield, P.O. Box 1134, San Luis Obispo 93406.

**JULY 26: 8.4 Mile Watermelon Run.** Lake Chabot East Bay Regional Park, Grass Valley & Skyline, Oakland 9 am. Robert DeCelle, P.O. Box 1806, Alameda 94501. (415) 523-2264.

**JULY 26: Tulare Road Run.** 6 miles, 7 am. Norm Takeuchi, 411 East Kern Ave., Tulare 93274. (209) 688-2001.

**JULY 27: Orcutt Road Runners 10 Mile Relay.** Two person, from Casimalla to Evans Park. Rick Krone, 4277 Brentwood Lane, Santa Maria 93454.

**JUL 27: Gym Bag 10 Kilo.** Carlsbad to Solana Beach. John Sonnhalter (714) 729-8971.

**JULY 27: Excelsior Beach Run.** 10K, San Francisco, 10 am. Mike Conroy, 8 Heath Court, Daly City 94015.

**JULY 27: Pear Fair 10 Miler.** Clarksburg Fairgrounds, Clarksburg, 8 am. Jeff Boyle, 2408 J St. Sacramento 95816. (916) 442-7223.

**JULY 27: Reno Scramble.** 15 Kilo University of Nevada-Reno, 10:30 am.

## AUGUST

**AUG 2: La Jolla Kiwanis 10 Kilo Run.** Balboa Park, San Diego, 7 am. Mr. Ed Lupton, c/o City National Bank, 3255 La Jolla Village Dr., La Jolla 92037. Phone: Walter Robertson (714) 459-6858.

**AUG 2: Fresno Bunion Derby 10K.** Fresno State, 7:30 am. Larry Lung, 784 Jana Way, Hanford 93230. (209) 584-5142.

**Marin Racers,** 1746 - 26th Ave., San Francisco 94122.

**AUG 6: All Comers Track Meet.** Grossmont College. Mark Gookin (714) 286-7958

**AUG 9: CDM Don Palmer Memorial Relays.** Santa Ana College, 10 am. Dave Jackson, 19103 S. Andmark Ave., Carson 90746. (213) 638-7125.

**AUG 9: Sierra Pines 40 Mile Relay.** Bass Lake, 7 am. 6 person teams. Fresno Track Club, P.O. Box 6103, Fresno 93703.

**AUG 9-10: National Junior Olympic Decathlon/Pentathlon.** Porterville. AAU/USA, 3400 West 86th St., Indianapolis, IN 46268. (317) 297-2900.

**AUG 10: North Orange County YMCA 10K Run.** Fullerton High School, 7:30 am. Ken Henderson, NOC YMCA, 2000 Youth Way, Fullerton 92635. (714) 879-9622.

**AUG 10: John Steinbeck Country Run.** 10 Kilo, Salinas, 10 am. Salinas Community YMCA, 117 Clay St., Salinas 93901.

**AUG 10: Dannon Road Runners Club Series 15 Kilo.** Fountain Valley. Peter Burke, Auletta Co., 59 East 54th St., New York, NY 10022. (212) 355-0400.

**AUG 10: Napa Town & Country Hot Foot Run.** 1.5 & 4.7 miles. Kay Hall, 4516 Dry Creek Rd., Napa 94558. (707) 255-0683.

**AUG 10: Running Shop of Redwood City 5 Kilo.** Mike Porter, 2013 Broadway, Redwood City 94063.

**AUG 13: Northridge Twilight 10K.** Cal State Northridge, 6:30 pm. Jon Sutherland c/o Runner's Sole, 17521 Chatsworth St., Granada Hills 91344. (213) 368-7889.

**AUG 15-17: Junior Olympics National Championships.** Santa Clara. Bob Escobar, 500 Hazel, #218, Millbrae 94030.

**AUG 16: San Diego Track & Field Championships.** Southwestern College. Gordon Parham (714) 277-5869.

**AUG 16: Fresno Bunion Derby 15 Kilo.** Fresno State, 7 am. Larry Lung, 784 Jana Way, Hanford 93230. (209) 584-5142.

**AUG 16: The Double Beach Beach Run.** Cayucos Pier, 7:30 am. Brian Waterbury, 234 Catalina, San Luis Obispo 93401.

**AUG 16: Tetrack Trail Run.** 8 miles, tough course, Griffith Park, 7:30 am. John Sporleder, 1621 Glorietta Ave., Glendale 91208.

**AUG 17: Merced Watermelon Run.** 10,000 meters, 7:30 am. Mike Mason, 1239 Kensington, Merced 95340.

**AUG 17: Yount Mill Run.** 2 & 4.2 miles. Yountville Park, 9 am. Silverado Track Club, 1267 Walnut - C86, Napa 94558.

**AUG 23: America's Finest City Half Marathon.** San Diego. Neil Finn, American Lung Assn., 3861 Front St., San Diego 92103.

**AUG 23: Signal Hill 10 Kilo Race.** 8 am. Signal Hill Glass, 2375 Walnut, Signal Hill 90815.

**AUG 23: Bass Lake Half Marathon.** 13.3 miles, 8 am. Bill Cockerham, P.O. Box 6103, Fresno, CA 93703. (209) 264-5847.

**AUG 23: Tehachapi 10 Kilo Run.** 7 am. Ted Oliver, 3012 Crest, Bakersfield 93306. (805) 872-3707.

**AUG 24: Mayor's Cup Marathon.** San Francisco. Sherm Welton, Guardsmen, 12 Geary St., San Francisco 94108. (415) 653-1055.

**AUG 24: Santa Monica Marathon and 1/2 Marathon.** 7:30 am. Santa Monica Parks and Recreation Dept., 1685 Main St., Santa Monica 90401. (213) 393-0462.

**AUG 30: Dammit Run.** 5.5 miles. Los Gatos High School, 9 am. John Sockow, P.O. Box 1328, Los Gatos 95030.

**AUG 31: Amigo De Oro Run.** 10 miles, Mariposa Fair Grounds. Robert J. Evans, P.O. Box 155, Mariposa 95338. (209) 966-3672.

## SEPTEMBER

**SEPT 1: Labor Day Runs.** 2 & 4 miles. Napa College, 9:30 am. Reg Harris, 1267 Walnut C86, Napa 94558. (707) 255-8705.

**SEP 1: Times Nine.** 9.9 Kilo. College of San Mateo cross country course in Belmont, 9 am. George Musante, 330 W. 20th Ave., San Mateo 94403. (415) 574-6748.

**SEP 4: Labor Day Fun Run.** 2, 4 & 6 miles. Woodward Park, Fresno. Ron Gates, 3220 E. Huntington, Fresno 93702. (209) 237-3572.

**SEP 14: The Competitive Road Race.** 5,000 meters. Cal State Northridge, 8 am. Don Strametz c/o Track Office, Cal State University-Northridge, 18111 Nordhoff St. Northridge 91330. (213) 885-3608.

**SEP 19: Pepsi of Reno 72 Mile Lake Tahoe Run.** Tahoe City, 6 am. Charles Mersereau, 8895B Salmon Falls Dr., Sacramento 95826. (916) 362-9660.

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**SEP 21: Walnut Festival Race.** 5.6 miles. Andrew MacCono, 1840 Geary Road, Walnut Creek 94596.

**SEP 21: NAS Lemoore Cross Country Run.** 6.5 miles. Carl Whitaker, NAS Lemoore Recreation (209) 998-3450.

**SEP 27: Fresno State Invitational Cross Country.** Woodward Park, Fresno. Red Estes, Track Coach, Fresno State University, Fresno 93740. (209) 487-2167.

**SEP 27: Richmond YMCA Pancake Race.** 2.7 miles, 9 am. Michael Banks, 3230 MacDonald Ave., Richmond 94804. (415) 234-1270.

**SEP 27: CCAC Playa Del Rey 10 Mile.** Wes Alderson, 9526 Jellico, Northridge 91325.

**SEP 28: Vine Village Country Run.** 10 Kilo. Napa, 9 am. Linda Ginsberg, 3405 Mt. Veeder Road, Napa 94558. (707) 224-4022.

**SEP 28: Bridge to Bridge Run.** 8.3 miles. San Francisco, 8 am. KNBR, 1700 Montgomery St., San Francisco 94111. (415) 546-2270.

**SEP 28: Sacramento Marathon & 1/2 Marathon.** John McIntosh, 4120 El Camino Ave., Sacramento 95821. (916) 488-7184. 1500 limit.

**SEP 28: 10K Handicap Walk.** Valley College, Van Nuys. Paula Kash (213) 659-9772.



**SUBSCRIBE TO CALIFORNIA TRACK NEWS**  
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# So. California T-F Diary

by Bill Minarik

**June 2**

In women's action, Orange Coast had 8 scoring entries while West Valley had only 7 (but 3 of WV's places were first), so just like in cross country, front line talent prevailed over depth, this time to the tune of 48-38. The most exciting race of the day had to be the 1500m run where WV's Diana Figliomeni came from a train length behind on the last lap to catch monterey's Sabrina Peters in the stretch. Sabrina, however, avoided a repeat in the 3000 as she destroyed the field in 9:41.2. Most impressive performance of the day came from Glendale's diminutive javelin thrower Donna Mayhew who posted a recorded mark of 167-6. Coaches who were standing along with the official when that throw landed said it hit tip first, although the official measured from the back. Thus, by all indications, the throw was around 173.

It was interesting to note how the Norcal women looked so much stronger than the Socal gals, while the men looked just the opposite. The Northern distaffers racked up a 265 2/3-198 1/3 point edge while the Socal guys had a big 376-212 margin.

In the NCAA Division II Championships at Mt. SAC, Cal Poly SLO, behind the incomparable Jim Schankel who won his third consecutive 5k-10k double, was the winner with 53 points, while surprising Cal State Los Angeles was second with 48. Last season CSLA was dealt a severe blow when star hurdler, Sam Turner, was lost with an injury. Sam wasn't heard from again until late this season. However, he came back fast and ran a sizzling 13.85-49.91 good for two firsts. So once again, Southern California has reaffirmed its position as the country's track capital. A sidenote on the CPSLO team. Top middle distance runner Paul Medvin, who had been listed as out for the season with a stress fracture, ran a not-too-shabby 3:47 1500 meters. The strange thing about it was that Paul was running for the Maccabi Track Club at another meet.

It was an exciting weekend for track fans at all levels, so let's start with the high schools and work up.

At the CIF's Southern Section state qualifying meet (alias the masters), it turned out to be another Charles Mayfield show as the Muir High jumping jack took two firsts and a second in the 3 jumps. Another 3 event qualifier was Pomona's Jim Spotville who made it in the 100, 200 (winner), and 330 Lows. An impressive

double winner was West Covina's David Ashford with winning hurdle times of 13.86 and 36.43. Distance wise, La Canada's Andy DiConti held off Mark Ruelas of La Salle in the 3200 in 8:54.29, while Mike Parkinson of South Pasadena used his sprinters kick to grab first in the 1600. Those who waited for the 1600 Relay got a real treat as Centennial Compton and Long Beach Poly were all in the 3:12s as it took 3:16.1 to qualify.

For the girls, it was a Long Beach Poly show as the Jackrabbits took both relays in 46.65 and 3:45.19 as well as advancing entrants in all 3 sprints and the long jump. A near casualty here was Alemany's Vickie Cook, who along with another girl, fell in the 1600 meter run but was able to get up and grab the fifth qualifying spot. Vickie then came back to run away from the 3200 meter field in 10:27.45.

At the CIF's LA City Section finals the next day, the boys division had Washington High lead by the dynamic duo of Greg Peppers and Fabian Cooper roll to a 55-41 victory over runner-up Fremont, as Peppers won both sprints and anchored both WHS relays. Crenshaw's Greg Denby had the best mark of the day as the 5-9 phenom cleared 7-0 in the high jump.

In the girls division, it was Fremont winning the team title, but the big story here was Kennedy High and the amazing Howard sisters. Lead by the sisters, Kennedy smashed the national high school record in both the 400 and 1600 meter relays with clockings of 45.82 and 3:39.62, and they did it on the slow Valley College dirt track. To give you an idea of how strong those times are, they would have placed Kennedy third and fourth in the AIAW Div I Meet. At this point of the season, it looks like the girls state meet boils down to a three team battle between Berkeley, Long Beach Poly and Kennedy.

In the Community College State Meet, Long Beach CC won in the mens division as expected, however by a margin much smaller than anyone might have thought. Grossmont saw their fine distance corps perform on the track as well as they did on the cross country trails. Their total of 60 points was only 7 behind the powerful Vikings. Pasadena, with 58 points, could have won it but the Lancers got no points from Socal champs Archie Carter in the highs and Jim Cavender in the javelin. San Jose, with 49 points, suffered a fatal blow during the season when triple threat

weightman, Mickey Cutler, suffered a leg injury which required surgery. Mickey had been the state leader in both the discus and javelin, as well as putting the shot over 55 feet. A lot of coaches felt the various motions required in throwing the 3 weights puts a strain on the body, and in Mickey's case it was apparently too much. To give you an idea of just how tough community college track teams have become, fifth place Glendale's total of 48 points was more than they had the two years they either won or shared the championship.

**June 9**

For California track fans, the State High School Championships were the only show in town last weekend, but what a show it was. The main acts consisted of the Howard sisters and the boys and girls teams of Berkeley High. The Howards, who had the top billing, didn't disappoint the crowd as they set no less than four national prep records in the 200, 400 and both relays en route to leading their Kennedy High team to the title. In the boys division, it was Berkeley defeating Muir High by 6 inches, or if translated into a score, it was 41-32. The 6 inches represented how far Muir jumper Charles Mayfield was away from first places in the high jump and triple jump which would have given Muir 10 additional points and the title. The best performance of the day was definitely the 1600 relays where the top 2 boy's teams and top 3 girl's teams established national bests. I think you can look forward to the boys 1600 relay being broken next year as Berkeley had an all junior team which ran a close second to winner Centennial in a blistering 3:10.42.

For the Berkeley girls team, it was another heartbreaker as the 6th time in 6 years they dropped the baton. This time with the meet on the line and Berkeley leading Kennedy by four going into the 1600 relay, the Berkeley girl who was running the second leg had the stick knocked from her hand while running with the leaders. By the time she picked it up, the rest of the pack was long gone.

At the NCAA Meet in Austin, it was UTEP a winner again with UCLA second. The Bruins needed top performances from everyone there, but didn't get them. All Bruin competitors in the 800 on up wilted in the heat, and pre-meet favorite Andre Phillips cramped up in the finals of the 400 meter hurdles and ran out of the money. Then to top things off, the Bruins favored 1600 relay team got a sub-par leg from Tony Banks and with Andre Phillips still not 100%, the Bruins again were out

**June 16**

Hot smoggy weather was on hand to greet most of this country's top athletes at the A/C (formerly AAU) National Championships at Mt. SAC. The big marks of the meet came from Brian Oldfield 71-7, Lamonte King 20.08, Madeline Manning 1:58.75, Willie Banks 56-11 1/2w and Sherri Howard 51.51. In the team competition, Athletics West captured the men's title in an incredibly close meet where only 8 points separated the first 5 teams. In the women's division, the 82 point total of the Naturite Track Club almost doubled the output of the runner-up, Tennessee State TC.

There were a couple points of controversy at this meet and the biggest was A/C officials declaring Brian Oldfield out of the Olympic Trials starting next week. Their position was that while Brian was okayed by the IAAF for international competition, he was not okayed for the Olympics. Thus there would be no point in having him in the Olympic Trials. Brian's response was...well, we cant quote exactly what he said...but in addition to doubting the virtues of some of the officials origin, he indicated they didn't have the authority to exclude him from the Trials.

The other sour note of this meet was the fact the hammer throw competition was conducted on an uphill weed-infested area. To think that this type of throwing area is the best we could come up with for our national championships is a national disgrace. I'm surprised a world class thrower like Paolo Urlando (255') would even step into the ring under such conditions. If this country is ever going to motivate top young athletes to enter hammer throwing they will have to start providing adequate facilities.

One thing at this meet you can count on is the very latest in rumors...so here is what we heard.

It seems a community college distance runner was given a hero's welcome at a TV show shown on LA's channel 34, for his performance in the Boston Marathon. The runner spent much of the time telling the Spanish-speaking audience how unethical Rosie Ruiz actions were and how much they hurt the sport. However, the runner's claim of a 52nd place finish made some locals think, since they didn't recall his name on any of the 100 deep lists initially sent out. An inquiry by some local officials indicated that the runner, who was seen rubbing elbows with Bill Rodgers on the starting line, dropped out half-way through the race.

A situation which could materially change the balance of power in women's

It's been a long and somewhat controversial track season, and as is the case with the institutional scene with which I identify so closely, the diary is ready for a summer vacation. But before I sign off, I would like to make some closing comments on the various institutional levels.

**High School.** The concept that high school track is a beginning, low-level, innocent type of competition is a thing of the past. High pressure recruiting from junior highs and other high schools is commonplace. Voluntary busing programs which were supposed to help racial balance, now go to promote athletic imbalance. Gratuities to athletes which at one time were confined to the collegiate level now find their way into the pockets of prepsters. I can best sum up the situation by quoting an official at the recent Jesse Owens Games, which is an annual Socal competition bringing together the top 13, 14 and 15 year old tracksters in the area. The official said the recruiting at this meet by high school coaches was UNPRECEDENTED.

**Community College.** At one time, the CC's would watch as the 4-year schools would recruit all the top athletes in their area and leave them with what was left. However, things have changed. Many CC's now challenge the 4-year schools for top tracksters all over the state. Schools like Long Beach CC and Pasadena CC have developed awesome recruiting machines which have significantly upgraded their programs. In addition, coaches at this level have attempted to take a big step forward by voting for unlimited recruiting areas. This move, however, was rejected by administrators. Better than 88% of all freshmen tracksters are now enrolled in CC's and the figure continues to increase.

**4-Year Colleges.** The 4-year schools have been the target of critics this year for alleged gross academic improprieties. Charges of phony credits to keep athletes eligible and allowing "academic vegetables" to get passing grades when they shouldn't have even been allowed in college in the first place have been widespread. In one instance, the USC school newspaper, The Daily Trojan, took an excerpt from a paper submitted by an athlete in a debate class. The passage read as follows:

"I when went John because He had a point on girl that I couldn't not agalan. so that made me think girl don't have body (or lady) unless they went. that why I went with John."

I'm not sure what will happen to the schools under fire as a number are involved in a continuing lawsuit.

Cal State Los Angeles was second with 48. Last season CSLA was dealt a severe blow when star hurdler, Sam Turner, was lost with an injury. Sam wasn't heard from again until late this season. However, he came back fast and ran a sizzling 13.85-49.91 good for two firsts. So once again, Southern California has reaffirmed its position as the country's track capital. A sidenote on the CPSLO team. Top middle distance runner Paul Medvin, who had been listed as out for the season with a stress fracture, ran a not-too-shabby 3:47 1500 meters. The strange thing about it was that Paul was running for the Maccabi Track Club at another meet.

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A situation which could materially change the balance of power in women's community college track will find Fred Jones the coach of the Los Angeles Mercuettes moving over to West LA CC to replace Chuck Holloway as men's coach. It seems, however, that Fred will bring his girls with him to WLA. Many of the Mercuettes are national class athletes who have not been to college yet, so this move would make WLA to women's track what Long Beach CC is to men's track.

Speaking of Long Beach CC, its rumored that Ron Allice has signed HS state 100 champ Howard Hawkins of Warren High along with some other preps which read like a who's who from the state meet. They say that LBCC is already as strong on paper for next year as they were this year.

There has been no formal selection of the Cal Poly Pomona successor to Jim George yet, however it is said that unless you possess the ability to coach the entire spectrum of track and field events, you won't be considered. As of the TAC Meet, the word is that the selection is down to two out-of-state coaches.

It seems there is a controversy brewing over the propriety of Berkeley High star trackster Pete Richardson competing for that institution. A number of people close to that scene say Pete should be competing for El Cerrito High where he resides. When confronted with the situation at the state meet, Pete said that he would quit track before he would run for El Cerrito.

It's very possible that the sprint dynasty at San Jose CC may be over. Most insiders in San Jose say that spring coach Bob Poynter was the reason that most top high school sprinters went to SJCC instead of San Jose State. It seems that Bob will be taking his act over to San Jose State starting in September—a move which seems certain to re-direct the flow of freshman sprinters to Spartanville.

Out at Troy, there was nothing but bad news. Not only did they lose Bill Mullins from the NCAA Meet, but they lost star middle distance runner David Omwansa to ineligibility and then were notified they would have to forfeit their 1978 title. To top things off at this year's meet, sprint favorite James Sanford finished only third in the 100 and then cramped up in the 200 finishing last.

On Omwansa's ineligibility, it seems David, along with Bill Mullins, Darrell Elder and Joel Andrews, received credit for a class taken at Cal Lutheran College in the summer of 1977. It turned out that Elder (not Andrews) had submitted a forged transcript to USC for that class. However, the course was not for degree credit and when Omwansa turned in his transcript for the course, a USC administrator gave him degree credit for the course which went to make Omwansa eligible. When it was discovered Omwansa was granted eligibility erroneously, the university then declared him ineligible.

Some of you may have heard about the official at the NCAA Meet who got hit in the head by a thrown shot. According to those at the scene, the official was smooching out a hole with his foot and at the same time gave the next shot putter up the go ahead to move into the ring and throw. While the athlete was getting set for the put, the gun went off for a heat of the 800. The official turned his head to see the start of the race, and when he turned it back to the shot ring, the shot was about two feet from his head. Fortunately the official will need only some facial surgery, and should be back officiating soon.

One thing at this meet you can count on is the very latest in rumors...so here is what we heard.

It seems a community college distance runner was given a hero's welcome at a TV show shown on LA's channel 34, for his performance in the Boston Marathon. The runner spent much of the time telling the Spanish-speaking audience how unethical Rosje Ruiz actions were and how much they hurt the sport. However, the runner's claim of a 52nd place finish made some locals think, since they didn't recall his name on any of the 100 deep lists initially sent out. An inquiry by some local officials indicated that the runner, who was seen rubbing elbows with Bill Rodgers on the starting line, dropped out half-way through the race.

A situation which could materially change the balance of power in women's community college track will find Fred Jones the coach of the Los Angeles Mercuettes moving over to West LA CC to replace Chuck Holloway as men's coach. It seems, however, that Fred will bring his girls with him to WLA. Many of the Mercuettes are national class athletes who have not been to college yet, so this move would make WLA to women's track what Long Beach CC is to men's track.

Speaking of Long Beach CC, its rumored that Ron Allice has signed HS state 100 champ Howard Hawkins of Warren High along with some other preps which read like a who's who from the state meet. They say that LBCC is already as strong on paper for next year as they were this year.

There has been no formal selection of the Cal Poly Pomona successor to Jim George yet, however it is said that unless you possess the ability to coach the entire spectrum of track and field events, you won't be considered. As of the TAC Meet, the word is that the selection is down to two out-of-state coaches.

It seems there is a controversy brewing over the propriety of Berkeley High star trackster Pete Richardson competing for that institution. A number of people close to that scene say Pete should be competing for El Cerrito High where he resides. When confronted with the situation at the state meet, Pete said that he would quit track before he would run for El Cerrito.

It's very possible that the sprint dynasty at San Jose CC may be over. Most insiders in San Jose say that spring coach Bob Poynter was the reason that most top high school sprinters went to SJCC instead of San Jose State. It seems that Bob will be taking his act over to San Jose State starting in September—a move which seems certain to re-direct the flow of freshman sprinters to Spartanville.

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have used, but I'm not sure what will happen to the schools under fire as a number are involved in a continuing investigation, however some thorough house cleanings and a general closer academic scrutiny in the future can be assured.

While the diary will be on vacation, I will be watching the recruiting action very closely as 80-90% of next years success will be decided this summer as some of the fastest runners meet some of the fastest talkers and some of the biggest biceps meet some of the biggest bank-rolls.

4-Year Colleges. The 4-year schools have been the target of critics this year for alleged gross academic improprieties. Charges of phony credits to keep athletes eligible and allowing "academic vegetables" to get passing grades when they shouldn't have even been allowed in college in the first place have been widespread. In one instance, the USC school newspaper, The Daily Trojan, took an excerpt from a paper submitted by an athlete in a debate class. The passage read as follows:

"I when went John because He had a point on girl that I couldn't not again. so that made me think girl don't have body (or lady) unless they wont. that why I went with John."

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# high school state meet 1980

by Doug Speck

On the weekend of Friday, June 6th, and Saturday, June 7th, the Sixty-Second Annual California State High-School Track and Field Meet put on its annual super show. Statistically speaking, the meet had to rank with the best High-School affairs ever. Three All-Time High-School bests were recorded. In three other events the listed National Federation Record was bettered. Eleven events featured nation-leading 1980 High-School Outdoor marks. Meet Records were bested in ten events (with two other 100 meter marks established for the first time).

Featured on the UC Berkeley all-weather facility under good Bay area weather were the relays. The Kennedy of Granada Hills group of the three Howard sisters (Tina, Deanean, and Sherri) were again joined by Cheryl Thompson in the 400 and Kelly Cook in the 1600 relay--and again they flew. In the 400 Relay Sherri received the baton five meters down and blew by some quick girls to record an All-Time High-School best of 45.81. In the 1600 Relay Deanean ran her usual super third leg (52.3) to put the group ahead and Sherri anchored (52.3) in a 3:37.98 All-Time High-School Best. In the Men's 1600 Relay Centennial (Compton), Compton, and Long Beach Poly came North to challenge Berkeley. After three very competitive and quick legs Mike Turner of Centennial during a 46.7 held off Berkeley's Kenny Robinson and his 47.0 to record a narrow 3:10.17 to 3:10.42 triumph. Both times adjust to faster than Banning of Wilmington's 3:11.57 for a

**WOMENS EVENTS**  
**100 Meters:** Sharon Ware (Berkeley) and Sherri Howard (Kennedy) were definitely the class of the field after quick (and by wide margin) heat victories in 11.62 and 11.77 respectively. In the finals Sharon decisively proved that over this distance she is the quicker as she turned a touch better start into a runaway triumph after the half-way mark. Her 11.42 makes her the third fastest High-Schooler ever over 100 meters--she was a full half-second ahead of third place.

**200 Meters:** The same actors here as Sherri Howard showed her ability at this long sprint distance. Ware and Sherri came off the turn even, and in this event it was the Kennedy flash's turn to power away during a 23.19-23.62 win. Sherri's time makes her the third fastest High-Schooler ever at the distance and establishes a new Federation Record.

**Results:** (Wind 1.1 mps aiding) 1. Sherri Howard (Kennedy) 23.19 (Meet and National Federation Record); 2. Sharon Ware (Berkeley) 23.62 \*; 3.

**400 Meters:** The ability of Faye Paige (LB Poly) and a flock of talented Northerners to challenge Deanean Howard was the question here. Deanean rocketed out to a five meter lead by the 200 and Paige swallowed that up by the 300 to pull even at the head of the straight. Deanean ended the two-girl race by putting her head down with 80 meters to go and powered to a decisive victory at 53.04 (making her the eleventh fastest high-schooler ever as only a sophomore). Another National Federation record here.

**800 Meters:** Favorite Louise Romo (North Torrance) fell victim to the top eight times to the finals requirement when she and her heat moseyed through a 67 first 400 and 2:15.14 heat win that was .01 short. The finals were kind of freaky too. Kathy Douglas (Kennedy) led a tight pack through a 62.7 400-at 550 meters things began to happen as Laguna Beach sophomore Renee Durrand showed her big meet inexperience by jumping right into Evelyn Acuna's (San Gabriel) lap on her way to a dominating four meter lead by the 600 mark. Durrand held all this lead during a strong homestretch run over Marilyn Davis (Miramonte) Durrand was DQ'd for the cut-off action and Davis was the gold medalist.

**Results:** 1. Marilyn Davis (Miramonte, Orinda) 9:09.72 \*\*; 2. Maria King (Ayer) 2:10.86 \*\*; 3. Evelyn Acuna (San Gabriel) 2:11.21; 4. Carla Johnson (Manual Arts, LA) 2:11.29 \*\*; 5. Diane Harrell (Palos Verdes) 2:12.40; 6. Laurie Hollingsworth (Piner) 2:15.20 \*\*; 7. Kathy Douglas (Laguna Beach) \*\* disqualified for interference.  
**Heats:** I-Romo (No. Torrance) 2:15.14 (non-qualifier). II-Acuna 2:11.36. III-Durrand 2:10.88, Douglas 2:11.56. IV-King 2:12.15, Davis 2:12.33.

**1600 Meters:** Some quick heats on Friday were featured as the girls hustled to make the top eight times. Polly Plumer (University, Irvine) 4:48.96 took the first heat over Roxanne Bier (Independence,

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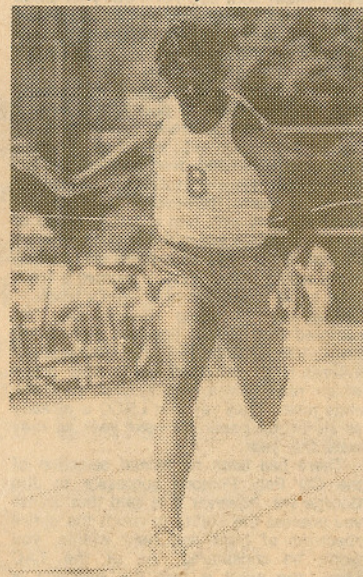
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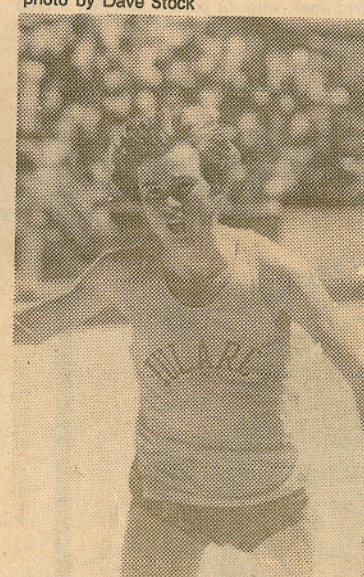
Sharon Ware  
Howard Hawkins



Sherri Howard  
Kenny Robinson



Denean Howard  
Mike Turner



Marilyn Davis  
Pete Quinonez



Polly Plumer  
Larry Guinee

mile from the 1978 State Meet. National Federation records were set by Sherri Howard (Kennedy) in the 200 at 23.19, Denean Howard (Kennedy) in the 400 at 53.04 (not a bad day, four records for the Howard family), and Leslie Deniz (Gridley) 172-11 in the women's discus.

In the following results the asteriks refer to the grade of athletes--\*junior, \*\*sophomore, \*\*\*fresh, no asterik indicates senior or grade unknown.

**Results:** 1. Sharon Ware (Berkeley) 11.42 \* (New Meet Record-First Time Run); 2. Sherri Howard (Kennedy) 11.61; 3. Gwen Ward (DeAnza, Richmond) 11.92 \*; 4. Patrice Carpenter (DeAnza, Richmond) 11.98 \*\*\*; 5. Deborah James (Fremont, LA) 11.99 \*; 6. Faye Paige (LB Poly) 12.00 \*; 7. Marbella Washington (Centennial) 12.01; 8. Bridgette Blackburn (Cajon, San Bernardino) 12.11 \*\*.

**Heats:** I-Ware 11.62. II-Howard 11.77, James 11.96. III-Carpenter 12.01. IV-Ward 12.05.

Marbella Washington (Centennial) 24.26; 4. Zeld Johnson (Garey) 24.32 \*\*; 5. Andralette Gill (Fremont, LA) 24.75; 6. Karen Schaefer (Central Catholic, Modesto) 24.97 \*\*; 7. Rhonda Robinson (San Carlos) 25.06 \*; 8. Wanda Evans (LB Poly) 25.22.

**Heats:** I-Howard 23.54, Gill 24.85. II-Ware 24.09. III-Washington 24.52. IV-Johnson 25.03.

**Results:** 1. Denean Howard (Kennedy) 53.04 (Meet and National Federation Record) \*\*; 2. Faye Paige (LB Poly) 53.51 \*\*; 3. Velaney Harris (Oakland) 54.36; 4. Sherrill Miller (Fremont, Sunnyvale) 54.38 \*\*; 5. Charlotte Zepherin (Morse, SD) 54.79; 6. Devy Sanders (Edison, Stockton) 55-49; 7. Linda Ransom (Pasadena) 56.56; Monica Elleby (Fremont, LA) \* disqualified.

**Heats:** I-Howard 54.39. II-Paige 54.42.

Sari Jose) 4:49.94 and Stacy Kneeshaw (Foothill, Santa Ana) 4:50.12. Vicki Cook (Alemany, Mission Hills) took the second in 4:51.56.

The Ladies all came to run in the Finals. Beth McGlinchey (Fountain Valley) took the pace out through a 33.7 200 and Tracy Weber (Lynbrook, San Jose) led the tight pack through the 400 at 70.4. By the 800 (2:25.1) a pack of five had pulled away (Weber, Plumer, McGlinchey, and Kneeshaw). On the backstretch

of the third lap Plummer eased to the front and led the group through a 3:39.6 1200. Weber dropped off at the gun and Lisa Sandel (Campolindo, Moraga) moved up to tall the top five. Plummer, Cook, McGlinchey, and Kneeshaw were even with a 200 to go and the final results tell the story of the last 100 meters as Plummer lifted away and Cook nailed McGlinchey with 30 meters to go. Plummer's 4:46.71 is a 1980 National Outdoors Best for High-Schoolers. The first three finishers are sophomores, so it should be interesting for a couple of years. Cook's double was especially amazing.

**Results:** 1. Polly Plummer (University, Irvine) 4:46.71 \*\*; 2. Vicki Cook (Alemany, Mission Hills) 4:47.31 \*\*; 3. Bonnie McGlinchey (Fountain Valley) 4:47.42 \*\*; 4. Lisa Sandel (Campolindo) 4:48.57; 5. Stacy Kneeshaw (Foothill, Santa Ana) 4:49.57; 6. Tracy Weber (Lynbrook, San Jose) 4:58.84; 7. Karen VanWaggenen (Ciovis West) 5:01.44; 8. Roxanne Bier (Independence, San Jose).

**Heats:** I-Plummer 4:48.96, Bier 4:49.94, Kneeshaw 4:50.12, II-Cook 4:51.56.

**3200 Meters:** A super field shaped up for one of Saturday's first finals. Helka Skaden (Encina, Sacramento) and Vicki Cook were the best from the North and the South (Skaden 9:48.8 3000, Cook 10:27.45 3200). Other assorted stars--defending champion Lisa Scaduto (Santa Monica), Roxanne Bier, etc. should have made it interesting. A truly interesting race it was not, but Vicki Cook made it certainly worth watching. There is truly

any other California high schooler could handle this day. She finished nearly twenty seconds ahead in a time that adjusts to just a touch slower than Cheri Williams (Livermore) and her 10:17.1 for two miles in the 1978 meet. Places two through six were settled on the last lap as Mason drifted back to this group, then kicked away.

**Results:** 1. Vicki Cook (Alemany, Mission Hills) 10:14.78 (Meet Record-New Event) \*\*; 2. Michelle Mason (Buena, Ventura) 10:33.94 \*\*; 3. Annabelle Villanueva (Fountain Valley) 10:35.16 \*\*; 4. Liz Strangio (Mission San Jose) 10:36.36; 5. Lori Lopez (Sacred Heart, LA) 10:37.27 \*\*; 6. Mary Gaffield (El Cerrito) 10:42.17 \*\*; 7. Roxanne Bier (Independence, San Jose) 10:47.70; 8. Lisa Scaduto (Santa Monica) 10:48.42; 9. Helka Skaden (Encina, Sacramento) 10:48.43; 10. Diana Gong (Lowell, San Francisco) 10:51.80; 11. Robyn MacSwain (Terra Linda, San Rafael) 10:52.35 \*\*.

**100 Meter Low Hurdles:** Another interesting North-South clash--with the Berkeley duo of Judy Young and Sherifa Sanders against Marlene Harmon (Thousand Oaks). All three were heat winners in 13.83w, 18.76w, and 13.68w respectively. In the finals both Young and Sanders were out to good starts, with Harmon a meter and a half down. Late in the race Marlene ran Sanders down, but Young maintained a definite margin at the tape with a move herself over the last two hurdles. 8.3 meters per second of aiding wind helped Young to a 13.52 win.

**400 Meter Relay:** The field was without Berkeley (45.7m earlier in the season) who had crashed in the North Coast Section meet. The race seemed to be between Fremont (LA) who had pushed Kennedy (Granada Hills) and the Howards to a 45.82 section win, and Long Beach Poly, who won by a second and a half in their 46.25 section victory. DeAnza (Richmond) was out quick off Gwen Ward's opening leg, but Faye Paige (LB Poly) put the Jackrabbits definitely out in front during her backstretch straight-away leg. Into the anchor it was DeAnza, LB Poly, and Fremont very even, with Sherri Howard and Kennedy a definite 4-6 meters down. Sherri wasted no time and blasted past everyone for a two meter victory in a new National Record 45.81. It was the fastest ever mass finish in this race at the High-School level--DeAnza's 46.23 makes them the eighth fastest team ever. This of course brings us in a circle back to Berkeley, its 45.7 group could have made things even more interesting.

**Results:** 1. Kennedy, Granada Hills (Thompson, Howard, Howard) 45.81 (Meet and National High School Record); 2. Poly, Long Beach (Evans, Smith, Randolph, Paige) 46.06; 3. Fremont, LA (James, Gill, Harper, Elleby) 46.21; 4. DeAnza, Richmond (Ward, Carpenter, Russell, Brandom) 46.23; 5. Cordova (Sullivan, Ballard, Davidson, Smith) 47.88; 6. Morese, SD (Jackson, Moore, Washam, Zepherin) 48.02; 7. Pacific, San Bernardino (Edwards, Debow, Collins, Garcia) 48.14; 8. San Carlos (Barkus, Bashir, Jones, Robinson) 48.37.

**Heats:** I-Kennedy 46.55. II-Fremont

Kennedy team the longest so Denean and Sherri could push the record into never-never land. A flock of people were in it through two legs (Kennedy, LB Poly, Berkeley, Manual Arts). Disaster struck for Berkeley on the start of the home-stretch during this second leg as Tanaya King, running on the inside of Poly's Janice Smith, with the baton in her right hand had it accidentally knocked onto the infield. King hesitated before going back after it, and Berkeley was out of it. Up front, in a script like the LA City Meet Denean Howard rocketed past Manual Arts during her 52.3 third leg, and Sherri finished it off in the same time for a 3:37.98 National Record. Faye Paige nailed Manual Arts' Anna Wright on the homestretch during her 53.1 split to lead Poly to a 3:39.83 second best ever. Manual's 3:42.79 is the third fastest team ever.

**Results:** 1. Kennedy, Granada Hills (T. Howard 55.2-Cook 58.2-D. Howard 52.3-S. Howard 52.3) 3:37.98 (Meet and National Record); 2. Poly, Long Beach (Rambo 56.3-Randolph 55.9-Smith 53.5-Paige 53.1) 3:39.83; 3. Manual Arts, LA (Holland 56.5-Jackson 55.0-White 54.7-Wright 56.6) 3:42.79; 4. Fremont, LA (Pendleton, Harper, Elleby, James) 3:50.55; 5. Thousand Oaks (Kind, Prieve, Lavendier, Harmon 53.6) 3:51.59; 6. North Torrance (Romo, Gomez, Looser, Kishiyama) 3:52.74; 7. Berkeley (Rice, King, Rodgers, Sanders) 4:02.88; Cajon Disqualified.

**Heats:** I-Kennedy 3:44.69. II-Manual Arts 3:44.96, Fremont 3:50.95. III-Poly 3:47.23. IV-Berkeley 3:48.22.

5-10; 4. Trish King (Menlo Atherton) 5-8; 5. Laurie Dew (Lemoore) 5-7; 6. Linda Soja (Poly, LA) 5-7; 7. Ellen Fargo (Crescenta Valley) 5-6; 8. Maggie Van Zealand (Acalanes, Lafayette) 5-6 \*\*; 9. Rena Wright (Miraleste, Palos Verdes) 5-6 \*\*.

**Long Jump:** Marlene Harmon (Thousand Oaks) was the class of the field as she put away the meet record (20-4 1/4 Gwen Loud 1979) with a 20-4 1/2 final prelim try on Friday, then soared 20-8 3/4 on her second jump in Saturday's finals. Behind her, Sherifa Sanders (Berkeley), added to the Berkeley team score with an 18-11 second place.

**Results:** 1. Marlene Harmon (Thousand Oaks) 20-8 3/4 (State Meet Record) (Series-19-4 1/2, 20-8 3/4, 18-10 1/2, p, 19-8 1/4, p); 2. Sherifa Sanders (Berkeley) 18-11; 3. Joanna Harper (Fremont, LA) 18-10 3/4 w; 4. Sue Hegerle (San Pasqual, Escondido) 18-4 1/4; 5. Sheila Nicks (Ellis, Richmond) 18-0 \*\*; 6. Mona Williams (Central, Fresno) 17-11 1/4 w \*\*; Sheila Frye (Poly, Long Beach \*\* no distance (3 fouls), Tammie Sullivan (Ayer) did not compete. Qualifying--Harmon 20-4 1/4, Harper 19-4 3/4, Sanders 19-3 1/4, Frye 18-8 3/4.

**Shot Put:** Susie Ray (Villa Park) finally had someone challenge her--Fullerton frosh Natalie Kaaiwahia has steadily improved over the season, and here she popped her last toss out to a foot and one-half improvement at 48-4 1/2. Ray stepped into the ring for the last put of the competition and could only come up

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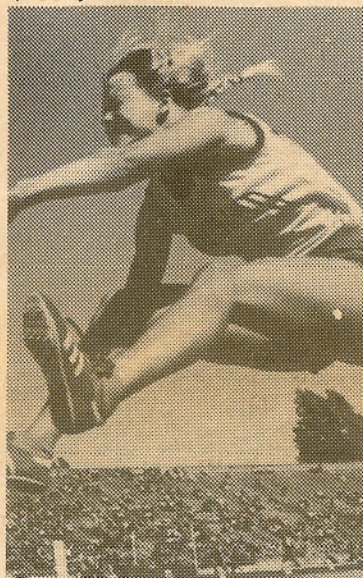


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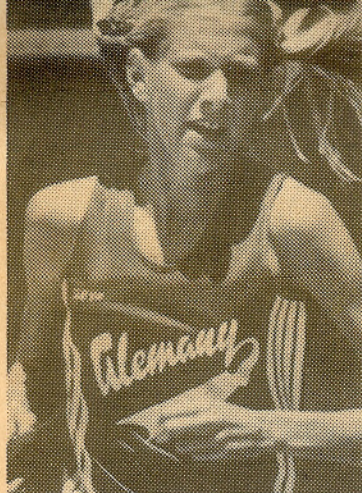


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**Vicki Cook**  
**Andy DiConti**



**Judy Young**  
**Don Ward**



**Karen Lysaght**  
**Greg Denby**



**Marlene Harmon**  
**Charles Mayfield**



**Natalie Kaalawahia**  
**Scott Garnett**

something special about a distance race where one athlete braves record pace on their own—as Cook did this day. Vicki worked her way out of traffic quickly and dragged a small pack of three Michelle Mason of Buena (Ventura) and Roxanne Bier through 73.4-2:31-3:46.8 lap splits. During lap 4 the Alemany star pulled away and after a 5:03 1600 it was Cook against the clock—her ability to run laps of between 77 and 79 seconds after a close to 5 minute 1600 split was far more than

**Results:** (Wind 8.3 mps aiding) 1. Judy Young (Berkeley) 13.52; 2. Marlene Harmon (Thousand Oaks) 13.58; 3. Sherifa Sanders (Berkeley) 13.79 \*; 4. Shari Pendleton (Fremont, LA) 14.13 \*; 5. Margo Edwards (Pacific San Bernardino) 14.14; 6. Bonnie Mercer (Santa Ana Valley) 14.21; 7. Robyne Johnson (Berkeley) 14.23 \*; 8. Tracy Hanlon (Edison, Huntington Beach) 14.35.

46.68, DeAnza 47.11. III-Poly 46.72. IV-Cajon, San Bernardino 48.82 (non-qualifier).

**1600 Meter Relay:** Another barn-burner here—team points on the line, plus another almost assured National Record electrified the atmosphere surrounding this race. With a high place behind Kennedy the Berkeley Yellowjackets could win the state championship. The race up front boiled down to who could push the

**High Jump:** 1979 fourth placer Karen Lysaght (St. Francis, Sacramento) rose to the occasion with a fine 6-0 Meet Record clearance to equal the 1980 Outdoor High-School best. The surprise was Mt. Whitney of Visalia frosh Tonya Mendonca who pushed Sue McNeal (Carlsbad) back to third on fewer misses with her 5-10 personal record clearance.

**Results:** 1. Karen Lysaght (St. Francis, Sacramento) 6-0 (State Meet Record); 2. Tonya Mendonca (Mt. Whitney, Visalia) 5-10 \*\*\*; 3. Sue McNeal (Carlsbad, SD)

with a 46-9½—the state defending champ had been unthroned.

**Results:** 1. Natalie Kaalawahia (Fullerton) 48-4½ \*\*\*; 2. Susie Ray (Villa Park) 46-9½; 3. Sharon Hamilton (Santa Monica) 45-2½; 4. Yolanda Fletcher (Crenshaw, LA) 44-9; 5. Debbie Corley (Garces, Bakersfield) 44-2¼ \*; 6. Mel Rodriguez (Mariposa) 44-1½ \*; 7. Leslie Deniz (Gridley) 43-4; 8. Laura DeSnoo (Washington, Fremont) 41-3 \*.

**Discus:** Leslie Deniz (Gridley) dominates this event at the high-school level. She lofted her first toss in Saturday's final out to 172-11 (A new Federation Record). Donna Hollingsworth (Chaffey, Ontario) nipped Laura DeSnoo (Washington, Fremont) on her final toss 150-7 to 149-7 for second.

**Results:** 1. Leslie Deniz (Gridley) 172-11 (Meet and National Federation Record); 2. Donna Hollingsworth (Chaffey, Ontario) 150-7; 3. Laura DeSnoo (Washington, Fremont) 149-7; 4. Susan Compton (Marian, San Diego) 140-3; 5. Mel Rodriguez (Mariposa) 139-9; 6. Liz Mueller (Vista, SD) 134-6; 7. Wendy Bradshaw (Saugus) 124-8; 8. Andrea Kriva (Burbank) 122-11.

**GIRLS TEAM SCORING:** 1. Kennedy, Granada Hills 48. 2. Berkeley 42. 3. Poly, Long Beach 25. 4. Fremont, LA 24. 5. Thousand Oaks 20. 6. Alemany 18. 7. DeAnza, Richmond 14. 8. Fountain Valley 12.

#### MENS EVENTS

**100 Meters:** The state's quickest returning sprinter (Howard Hawkins of Warren of Downey at 9.58-21.2 and three placings in the state meet the past two years) finally popped out of the scholastic ineligibility woodwork in the middle of April and went to work. He had cranked a 10.59 section win and the consensus was that he would duel with Berkeley's Kenny Robinson for the state title. The two favorites and San Diego's Kevin Shields were out to good starts in Saturday's finals--Hawkins eased away in the final 50 meters to handle Robinson for the win 10.55-10.62. Mike Turner moved late for third.

**Results:** 1. Howard Hawkins (Warren, Downey) 10.55; 2. Kenny Robinson (Berkeley) 10.62; 3. Mike Turner (Centennial, Compton) 10.73; 4. Kevin Shield (San Diego) 10.75; 5. Jim Spotville (Pomona) 10.84; 6. Rod Barksdale (Compton) 10.88; 7. Eric Washington (Woodside) 10.92; 8. Shawn Thomas (Gardena) 10.94.

**Heats:** I-Shields 10.64, Robinson 10.67. II-Hawkins 10.85. III-Costanzo (Crespi, Encino) 10.87 (non-qualifier). IV-Spotville 10.71.

**200 Meters:** Berkeley's Robinson was visibly disgusted after losing the 100 and really came to run here. Kenny dominated the race from the middle of the turn on in blazing a 21.21. Jim Spotville (Pomona) moved up on the straight for second in 21.59.

**Results:** 1. Kenny Robinson (Berkeley) 21.21; 2. Jim Spotville (Pomona) 21.59; 3. Gregory Peppers (Washington, LA) 21.77; 4. Anthony Toney (South Salinas) 21.82; 5. Gerald White (McClymonds, Oakland) 21.83; 6. Sam Chance (Manual

a decisive win at 47.51. Compton's Rod Barksdale churned a super last 80 meters to move into second.

**Results:** 1. Mike Turner (Centennial, Compton) 47.51; 2. Rod Barksdale (Compton) 47.64; 3. Tony Eddings (Johnson, Sacramento) 47.92; 4. Harry Campbell (Mt. Pleasant, San Jose) 47.95; 5. Mike Fabian Cooper (Washington, LA) 48.14; 6. Darrel Williams (Norco) 48.72; 7. Pete Richardson (1:51.0), and, as usual untested until state meet, Pete Quinonez (Tulare) 48.93.

**Heats:** I-Turner 47.51, Willis 48.19. II-Campbell 47.60, Eddings 48.04, Townsend 48.15. III-Cooper 47.79. IV-Barksdale 47.22, Barber 47.49.

**800 Meters:** Southern Section champ Eddie Davis (Compton) was a victim of tonsillitis and failed to qualify. Southern Californians Greg Vining (Hawthorne) 1:51.60 and Scott Cox (Wilson, Long Beach) 1:51.70 would challenge Berkeley's Pete Richardson (1:51.0), and, as usual untested until state meet, Pete Quinonez (Tulare). Vining unsure a quick race with his pace-setting through a 53.0 400. As the group entered the backstretch at 500 meters Richardson made a decisive move for the lead and maintained it going into the final straight. Quinonez was way down--fifth going into the final stretch, but he began a drive which had him rocket past Rodriguez, Cox, Vining, and finally at the tape, Richardson, for a 1:50.15 win--the fastest in the nation for 1980.

**Results:** 1. Pete Quinonez (Tulare) 1:50.15; 2. Pete Richardson (Berkeley) 1:50.19; 3. Greg Vining (Hawthorne) 1:50.91; 4. Scott Cox (Wilson, Long Beach) 1:51.50; 5. Dave Rodriguez (Montgomery, Santa Rosa) 1:51.87; 6. Jack Preijers (North Torrance) 1:52.66; 7. John O'Dell (Vintage, Napa) 1:53.51; 8. James Isom (Westchester) 1:53.68.

**Heats:** I-Quinonez 1:53.99. II-Cox 1:53.14, Rodriguez 1:53.51. III-Vining 1:52.43, Preijers 1:53.74. IV-Richardson 1:53.70.

**1600 Meters:** The heat times from Friday looked like the finals One Mile times in other years. Mike Serna (Loara, Anaheim) rocketed to a 4:07.25 heat one victory, with things not terribly slower in the second (won by Larry Guinee (Castro Valley) in 4:11.56. Anyway, it took 4:12.55 to get to the finals of eight. Serna came out charging in the finals--leading through 28.6 and 58.9 200 and 400 splits. Mike Parkinson (South Pasadena) really pushed the middle laps in his races lately, and he pushed things here through 2:02.1 and 3:03.6 lap splits. Shawn O'Neal (Ocean-side), Pedro Reyes (Jesusit, Sacramento), and Guinee were still in close attendance, and it was Guinee who took the lead at the gun. The trio moved away from Parkinson, and Guinee proved strongest over the final 200 to win by three meters

4:11.61, Leetch 4:11.65, non-qualifiers--Mike Trujillo (St. Bernards, Playa Del Rey) 4:13.20, Gregg Lane (Calaveras) 4:13.29, Montes (Monte Vista, SD) 4:14.58.

**3200 Meter Run:** Andy DiConti (La Canada) closed his outdoor season undefeated as he again proved his vast superiority over this year's California distance crop. He and a pack followed Mission of San Jose's Jay Marden through 66.1-2:16.5-3:27.1 lap splits before Andy upped the tempo to 67.8 and 74.9 the next two go-rounds. Only Richard Perez (San Geronio, San Bernardino), Marden, Jon Butler (Edison, Huntington dena) could hang on. Patrick Henry's Sean Evans worked up to this group by Sean Evans worked up to this group by Sean Evans worked up to this group by the seventh lap, as Ruelas fell off a bit. As the run in 7:54.7 DiConti pushed just enough to stay ahead, before taking a customary look around and blasting the final straight to win in 8:55.79. Hopefully Andy can dig up some competition over the two mile-5000 meter distance in post-season action.

**Results:** 1. Andy DiConti (La Canada) 8:55.79; 2. Jay Marden (Mission San Jose) 8:56.08; 3. Jon Butler (Edison, Huntington Beach) 8:56.69; 4. Richard Perez (San Geronio, San Bernardino) 8:57.55; 5. Sean Evans (Patrick Henry, SD) 9:00.07; 6. Mark Ruelas (LaSalle, Pasadena) 9:04.60; 7. John Frank (Central Valley) 9:05.49; 8. Steve Valan (El Modena, Orange) 9:06.67; 9. Cesario Marques (Monroe, Van Nuys) 9:09.57; 10. Mike Vail (Mira Loma, Sacramento) 9:10.74; 11. Tito Torrez (Johnson, Sacramento) 9:12.03; 12. Jeff Scott (El Camino, Sacramento) 9:13.99; 13. Marco Ibarra (Wilson, San Francisco) 9:14.68; 14. Dave Shea (Castro Valley) 9:15.22.

**110 Meter High Hurdles:** North against South--St. Mary of Berkeley's Don Ward against West Covina's so far unpressed David Ashford. Ward took his 13.97 heat by .42 and Ashford won by .30 in his 14.07. The smaller Ward rocketed to a meter and one-half lead over the first couple of sticks, after which Ashford closed, but ran out of track as his 13.76 came up just short of Ward's 13.73 Nation leading effort.

**Results:** 1. Don Ward (St. Mary's, Berkeley) 13.73; 2. David Ashford (West Covina) 13.76; 3. Daryl Hill (O'Dowd, Oakland) 14.02; 4. Frank Williamson (Skyline, Oakland) 14.10; 5. Duane Butler (Victor Valley) 14.30; 6. Anthony Evans (Fremont, LA) 14.30; 7. Kevin Ellison (Ventura) 14.30; 8. Sam Chance (Manual Arts, LA) 14.51.

**Heats:** I-Ward 13.97. II-Ashford 14.02, Chance 14.37. III-Williamson 14.47. IV-Hill 14.43.

**300 Meter Low Hurdles:** Don Ward (St. Mary's, Berkeley) was totally dominating

ington, LA) 38.22; 7. Austin Shanks (San Fernando) 38.79.

**Heats:** I-Mitchell 37.78. II-Newell 36.94. III-Ward 36.26. IV-Shanks 37.79.

**400 Meter Relay:** Berkeley, with Kenny Robinson screaming the back-stretch straight during his second leg, had a definite lead going into the anchor. The Yellowjacket final hand-off featured a full-stop, as anchorman Tommy Ford never took off. Sophomore Randy Walker (Washington, LA) took advantage of the situation to ease by for the win at 41.51. Compton's 41.45 section-winning group dropped the stick in the prelims.

**Results:** 1. Washington, LA (Peppers, Cooper, Baker, Walker) 41.51; 2. Silver Creek, San Jose (Holland, Flint, Sterling, Peoples) 41.76; 3. Berkeley (Robinson, Clewis, Walker, Ford) 41.77; 4. Pasadena (Ervin, Handy, Mimms, Delemar) 41.87; 5. Centennial, Compton (Jackson, Ware, Graham, Turner) 41.98; 6. Mt. Pleasant, San Jose (Marshall, Lister, Campbell, Williams) 42.05; 7. Skyline, Oakland (McCane, Simms, Pigrum, Wilkens) 42.15; 8. Poly, Long Beach (Tounsend, Person, Price, Williams) 43.06.

**Heats:** I-Poly 42.28. II-Berkeley 41.73. III-Silver Creek 42.12. IV-Washington 41.85, Centennial 41.86.

**1600 Meter Relay:** Saturday's Final race may have been the best of the entire meet. With Berkeley still after the team championship, and Centennial, Long Beach Poly, and Compton all wanting a chance back at each other, something big was in store. It all started the first leg when Leonard Graham of Centennial blasted a 47.5. Pete Richardson (Berkeley) during his 47.3 carry put the Yellowjackets even, with Compton still in it off 48.5 and 48.1 legs by Nathan Davis and Ray Taylor. Rufus Jackson of Centennial held off Ulysses Walker of Berkeley as both cranked 48.1's. Centennial's Mike Turner ran fast enough down the home stretch to hold off Kenny Robinson's 47.0 during a 46.7 of his own to anchor his squad to a 3:10.37 National Record. (Better than Banning's 3:11.57 over the mile distance). Berkeley's all-junior squad also was under the record at 3:10.42.

**Results:** 1. Centennial, Compton (Graham 47.5, Ware 78.1, Jackson 48.1, Turner 46.7) 3:10.37 (State Meet and National Record); 2. Berkeley (Dotson 48.0, Richardson 47.3, Walker 48.1, Robinson 47.0) 3:10.42; 3. Compton (N. Davis 48.5, Taylor 48.1, Smith 47.7, Barksdale 47.0) 3:11.32; 4. Poly Long Beach (L. Callier 49.1, Sprull 47.7, M. Callier 49.1, Townsend 48.9) 3:14.78; 5. Highland, Sacramento (Wheeler, Carson, Larsen, Barber) 3:16.84; 6. Pasadena (Dancer, Mimms, Ward, Catamon) 3:16.86; 7. Oakland (Clark, Wilson, Nails, Williams) 3:19.50; Washington, LA did not start (injury).

**High Jump:** The state outdoor leader, Greg Denby (Crenshaw, LA), had company when it was all over at 6-10. Denby won on misses over junior Anthony Caire (Pius X, Downey), surprising Mark Langan (Ventura), and Charles Mayfield (Muir, Pasadena).

**Results:** 1. Greg Denby (Crenshaw, LA)

they had to keep the sixth place medal--three never got over the 13-8 opening height.

**Results:** 1. Greg Stull (Troy, Fullerton) 15-10; 2. Greg Ellis (Menlo-Atherton) 15-2; 3. Tony Faber (Yuba City) 14-2; 3. Kurt Strasman (Wilson, Long Beach) 14-2; 5. Doug Wicks (South Bakersfield) 13-8; 6. nh-Leon Hanson (Antioch), Kevin Wilson (Notre Dame, Sherman Oaks), and Ben Mahoney (St. Francis, Mountain View).

**Shot Put:** Scott Garnett (Muir, Pasadena) dominated the event--his 64-5½ led qualifying by four feet, and his 64-4¼ second toss in the finals easily won over the only athlete to defeat him this season, Jim Doehring of San Clemente (whose rotary technique got him out to 61-5½).

**Results:** 1. Scott Garnett (Muir, Pasadena) 64-4¼; 2. Jim Doehring (San Clemente) 61-5½; 3. Brett Holden (Hart, Newhall) 60-6½; 4. Dennis DeSoto (Santa Rosa) 59-2¾; 5. Michael Alo (Banning, Wilmington) 58-3¼; 6. Sydney Dodd (Fairfax, LA) 58-2; 8. Ted Polich (San Marino) 57. Qualifying: Garnett 56-5½, DeSoto (Santa Rosa) 60-½.

**Discus:** Paul Bender (Shafter) is definitely for real--his 196-2 final qualifying toss and 192-9 opening finals toss were easily the meet's best. Walnut's Gary Zimmerman, a first year performer as a senior, placed a fine second off his 186-1.

**Results:** 1. Paul Bender (Shafter) 192-9; 2. Gary Zimmerman (Walnut) 186-1; 3. Eric Olson (Northgate, Walnut Creek) 181-3; 4. Jeff Budwig (McLane, Fresno) 179-4; 5. Phil Cookson (Grossmont, La Mesa) 175-7; 6. Chris Day (Montgomery, Santa Rosa) 174-4; 7. Brad Smith (Tracy) 173-6; 8. Dan Westerfield (Capistrano Valley) 169-8. Qualifying: Bender 196-2, Budwig 184-6, Zimmerman 183-8, Westerfield 182-8, Olson 181-4, Day 180-0.

**Triple Jump:** Mayfield set the state mark in Friday's qualifying at 51-7½. At the end of a long Saturday he, and Muir's team hopes, were in trouble. Byron Criddle (El Cerrito) was mildly upset after no mark in the Long Jump finals, and he popped at 50-4¾ on his fourth jump to take the lead over Mayfield's 50-3½ Saturday opener. Freeman Miller (Fremont, LA) put together a 50-8 final effort that Mayfield could not respond to--he fouled his final leap.

**Results:** 1. Freeman Miller (Fremont, LA) 50-8; 2. Byron Criddle (El Cerrito) 50-4¾; 3. Charles Mayfield (Muir, Pasadena) 50-3½; 4. Ken Frazier (Mission, San Francisco) 49-7¾; 5. Vestee Jackson (McClare, Fresno) 47-11¼; 6. John Bailey (Berkeley) 47-9¾; 7. Paul Jones (Kennedy, Granada Hills) 46-1; 8. Leonard Robinson (Yerba Buena, San Jose) 45-6¼.

**Men's Team Scoring:** Berkeley 41, Muir, Pasadena 32, Centennial, Compton 28, Compton 21, St. Mary's, Berkeley 20, Washington, LA 18.

#### TRACKSIDE NOTES

The decision to take the top eight times, irregardless of heat placing, into

photo by Don Gosney

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Downey) 10.55; 2. Kenny Robinson (Berkeley) 10.62 \*; 3. Mike Turner (Centennial, Compton) 10.73; 4. Kevin Shield (San Diego) 10.75; 5. Jim Spotville (Pomona) 10.84; 6. Rod Barksdale (Compton) 10.88; 7. Eric Washington (Woodside) 10.92; 8. Shawn Thomas (Gardena) 10.94.

Heats: I-Shields 10.64, Robinson 10.67, II-Hawkins 10.85. III-Costanzo (Crespi, Encino) 10.87 (non-qualifier). IV-Spotville 10.71.

**200 Meters:** Berkeley's Robinson was visibly disgusted after losing the 100 and really came to run here. Kenny dominated the race from the middle of the turn on in blazing a 21.21. Jim Spotville (Pomona) moved up on the straight for second in 21.59.

Results: 1. Kenny Robinson (Berkeley) 21.21 \*; 2. Jim Spotville (Pomona) 21.59; 3. Gregory Peppers (Washington, LA) 21.77; 4. Anthony Toney (South Salinas) 21.82 \*; 5. Gerald White (McClymonds, Oakland) 21.83 \*; 6. Sam Chance (Manual

James Isom (Westchester) 1:53.68. Heats: I-Quinonez 1:53.99. II-Cox 1: 53.14, Rodriguez 1:53.51. III-Vining 1: 52.43, Preijers 1:53.74. IV-Richardson 1:53.70.

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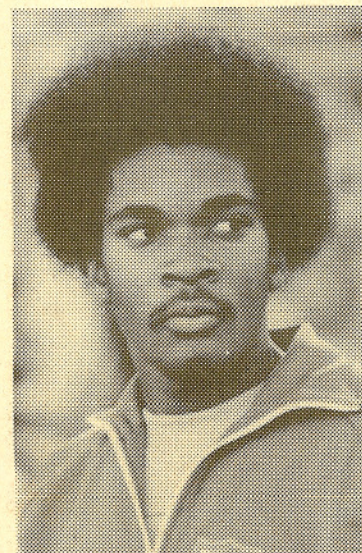
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**Long Jump:** With tedious qualifying and finals in three jumping events crammed into two days, Charles Mayfield finally stretched out to a 23-4¼ leap on his fourth attempt here. Ken Frazier (Mission, San Francisco) sophomore came close at 23-4½ on his final leap, as Paul Jones (Kennedy, Granada Hills) also moved up with a 23-2 final leap.

Results: 1. Charles Mayfield (Muir, Pasadena) 23-4¼; 2. Kenneth Frazier (Mission, San Francisco) 23-4¼ \*\*; 3. Paul Jones (Kennedy, Granada Hills) 23-2 \*; 4. Bob Rust (Kennedy, La Palma) 23-1¼; 5. Ed Tave (Muir, Pasadena) 23-1¼ \*; 6. Chris Harper (Arlington) 23-¼ \*; 7. Darryl Taylor (Palisades) 22-6½w; 8. Byron Criddle (El Cerrito) no fair marks. Qualifying: Tave 23-10½, mayfield 23-10, Harper 23.5½, Criddle 23-4½, Frazier 23-4, Taylor 23-3¼.

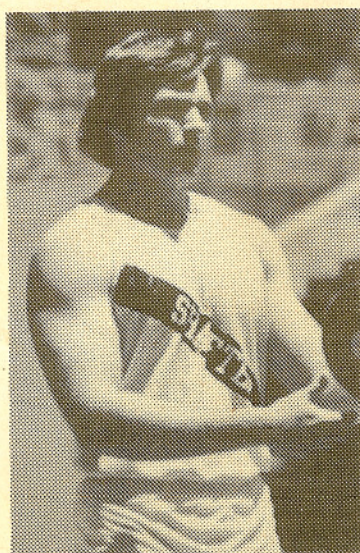
**Pole Vault:** Greg Stull (Troy, Fullerton) showed his superiority with a 15-10 win (but then how many other athletes have a tartan run-way and port-a-pit in their backyard?). Greg Ellis (Menlo-Atherton) was the only other vaulter who jumped worth a darn in the final at 15-2, as

photo by Don Gosney



Freeman Miller

photo by Don Gosney



Paul Bender

photo by Don Gosney



Leslie Deniz

Arts, LA) 21.89; 7. Greg Thomas (Poly, Riverside) 21.93 \*; 8. Kevin Shields (San Diego) 22.04.

Heats: I-Robinson 21.51. II-Spotville 21.83. III-Chance 21.78. IV-Peppers 21.88.

**400 Meters:** It took 48.19 to get to the finals. Mike Barber (Highlands, Sacramento) took the field out and led by a couple of meters at the 200. Entering the long straight Harry Campbell (Mt. Pleasant, San Jose) had moved up to challenge. Mike Turner (Centennial, Compton) was a full 4-5 meters down at 300, but began a long drive which took him to

in a fine 4:06.18, with Reyes nipping O'Neal (although the photo had to separate them at 4:06.52).

Results: 1. Larry Guinee (Castro Valley) 4:06.18; 2. Pedro Reyes (Jesuit, Sacramento) 4:06.52; 3. Shawn O'Neal (Oceanside) 4:06.52; 4. Mike Parkinson (South Pasadena) 4:10.49; 5. Bob Leetch (Redondo) 4:11.64; 6. Gary Gonzales (Clovis) 4:12.90 \*; 7. Steve Fairman (Thousand Oaks) 4:17.27; 8. Mike Serna (Loara, Anaheim) 4:23.4.

Heats: I-Serna 4:07.25, O'Neal 4:09.53, Parkinson 4:10.34, Gonzales 4:11.14, Fairman 4:12.55. II-Guinee 4:11.56, Reyes

here—his 36.26 heat win was by .68 the fastest on Friday. In the finals he rocketed to a big lead, and despite chopping his step over the final four barriers still won easily at 36.57. Austin Shanks (San Fernando) fell while in second over the final barrier—his 38.79 was accomplished while rolling over the line.

Results: 1. Don Ward (St. Mary's, Berkeley) 36.57; 2. Kenny Newell (Chatsworth) 37.03; 3. Jiles Smith (Compton) 37.29; 4. Bruce Mitchell (El Camino, Oceanside) 37.85 \*; 5. Rondo Sands (Vacaville) 37.95; 6. Randal Baker (Wash-

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**TRACKSIDE NOTES**

The decision to take the top eight times, irregardless of heat placing, into the finals solved and created some problems. Louise Romo (North Torrance) the favorite in the Women's 800 and Crespi of Encino's John Costanzo in the Men's 100 were examples of those who felt cheated—they were easy heat winners, but did not have times in the top eight. A possibility might be a heat winner being guaranteed a spot in the finals, then the next fastest times to fill out the field.

It does not seem that it would be impossible for every section to use an Accutrack timing device in its qualifying meet.

Sportsmanlike move of the meet was by Eric Rutherford (Patrick Henry, San Diego), as he stopped to pick up the fallen Shawn Smallwood (Corcoran) and see that he got on his way during the second lap the the Men's 3200.

In a move aimed at some interesting into-school transfers, during meetings in conjunction with the state meet, the State Federated Council passed for all of California a ruling that would require an athlete to sit out an entire year if a school switch is made without a residence move. Some sections have required only a 20-week sitting out period.

The hex seemed to be on Muir of Pasadena during the couple of weeks prior to the state meet as they first lost Ricky Holliday (9.8, 23-7, 51-3) with a hamstring problem in the Pacific League Meet. Following this misfortune was a combined loss of Rich Coffield (1:57.4m in his first year of running; and 3:16.6m relay team when the half-miler strained a muscle while on a relay leg in section competition.

first leg a member of the track crew

Northwestern, May 23, 1982

Karen VanWageningen

Vincent Wilken



# PREP NOTES

by KEITH CONNING

Send all high school material directly to Keith Conning, California Track & Running News High School Editor, 2235 Browning St., Berkeley, CA 94702.

## C.I.F. Section Finals

### North Coast Section Meet Of Champions

by Keith Conning

May 31, 1980. Edwards Stadium, University of California, Berkeley.

The Berkeley girls' 400 relay team dropped the baton and failed to qualify for the State Meet. Sharon Ware was handing off to Tanaya King when the baton was bobbled, permitting DeAnza to win.

Ken Robinson (Berkeley) won both the 100 and 200 meter dashes, clocking times of 10.5 and 21.1. Teammate Pete Richardson won the 800 in 1:53.5.

Don Ward (St. Mary's, Berkeley) won the 100 highs in 13.5. He also took the 300 low hurdles in 37.4. "I felt good in the highs," Ward said, "but I was hurting in the lows with cramps in my calves."

Lisa Greenfield (Redwood, Larkspur) won the high jump with a 5-10 effort. "I guess everything was just perfect, everything worked," she said. Greenfield missed three times at 6-0. "It's a new number and barrier," Greenfield said. "The first jump my run through wasn't great, the second time I leaned my elbow

### Northern Section

#### NORTHERN SECTION HIGHLIGHTS

Men: Shot Put-Sutfin (Corning) 55-6¾. Long Jump-Nelson (Las Plumas) 22-10¼. 880-Corrozza (Paradise) 1:56.4. Women: Shot Put-Deniz (Gridley) 43-8½. Long Jump-Hudson (Las Plumas) 18-4. Discus-Deniz (Gridley) 164-3. 440 Relay-Chico 49.5. High Jump-Dana (Colusa) 5-6¾.

### San Francisco Section

by Keith Conning

May 24, 1980. McAteer High School. Mission sophomore Russell Johnson upset Galileo's Ernest Daumas in the 120 high hurdles with a fine time of 14.2.

Mission's other sophomore Ken Frazier set a new meet record in the triple jump at 48-10½. Frazier also won the 'long jump with a 23-6 effort.

Lowell's Diane Gong was a triple winner. She set new records in the two

Daumas did defeat Johnson in the 330 LH with a time of 38.4.

The top three finishers in each event will meet the best athletes from the Oakland Section next week. The winners of that meet will advance to the state meet. In previous years the winners in the San Francisco Section and Oakland Section qualified directly to the state meet. The San Diego Section will get an additional qualifier this year.

### Oakland Section

by Keith Conning

May 23, 1980. Laney College. McClymonds' Hiram Mack edged out Skyline's Frank Williamson in the 120 high hurdles in a time of 14.6. Williamson clocked in at 14.7.

Williamson came back to capture the 330 lows in an excellent time of 37.4.

Vince Wilkins of Oakland won the 880 in 1:56.1.

Fourteen-year-old sophomore Anne Williams (Oakland) won the 440 in 49.0.

The Oakland mile relay team of Williams, Wilkins, Ronnie Clark and Gerald Nails won the mile relay in 3:18.9. Nails took the long jump at 22-10.

Skyline's 440 relay team of Darryl McCave, Rusty Simms, Curtis Wilkins and Jeff Plarum won the 440 relay in

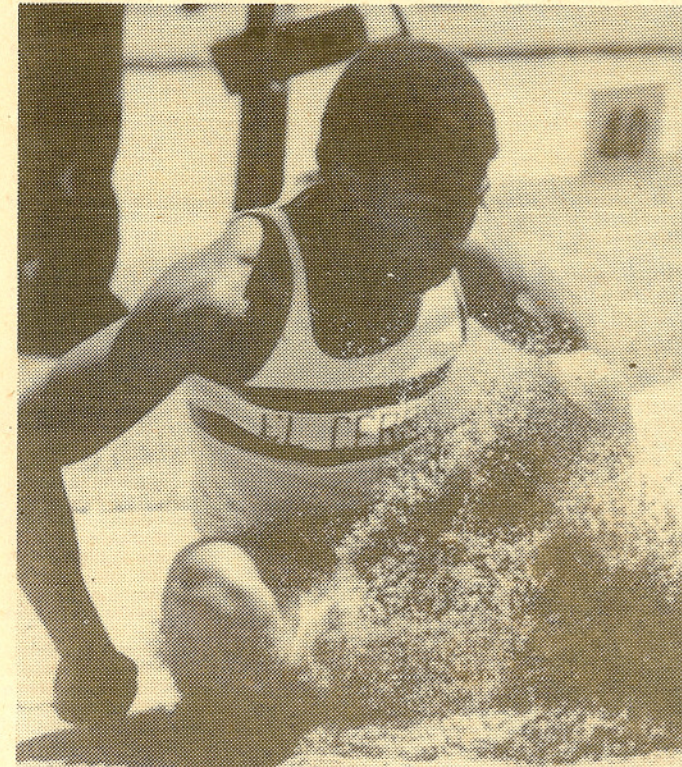


photo by Don Gasney

### Byron Criddle

Jennifer Ray (Oakland) won the 880 in 2:15.9.

Volaney Harris (Oakland) captured the 440 with 57.9.

### Central Coast Section

by Howard William

May 30, 1980. San Jose City College.

Fernando Balderas of San Jose HS finished fourth in this year's Central Coast Section two-mile run, an event he won in 1979 along with the mile run.

But there's a lot more that can be said about this year's race, this year's season, and this year's trying year. And if there's anything this past year has proven to Balderas, it's proven that he has guts.

And a lot of guts. More guts than he showed in the 1979 state two-mile, one where he stuck with a pack of leaders (whose times were much faster) for as long as he could, which was about six laps. After falling behind the leaders, Balderas didn't quit. He trudged on, tired as he was, and hug on to nip this year's second-place finisher, Jay Marden of Mission San Jose (Fremont).

Johnson's victorious 440 relay team. "The weather must be to blame for this. I'm usually not injury-prone," said Andrade. "At the end of the 440 relay I eased up and felt something pull in my hamstring."

Donald Rogers (Norte del Rio) capitalized on the absence of Andrade and won the 120-yard high hurdles in 14.89.

Joni Weaver (Ponderosa) sprinted past Heike Skaden (Enclina, Sacramento) in the final 80 yards of the mile, winning in 5:01.6 to Skaden's 5:02.8.

Devi Sanders led the 440 with 50 yards left, but Kennedy's Cheryl Griffin passed her and won in 56.41.

Pedro Reyes (Jesuit, Carmichael) went into the lead with 660 yards left in the mile and clocked 4:16.1 for first place. Greg Long (Calaveras, San Andreas) was second at 4:19.9.

Carl Bonner (Vallejo) held off Mike Barber (Highlands), winning in 47.94 to 47.99.

#### HIGHLIGHTS

Men: 440-Bonner (Vallejo) 47.94, Barber (Highlands) 47.99, Eddings (Johnson) 48.54. Mile-Reyes (Jesuit) 4:16.1, Long (Calaveras) 4:19.9. Long Jump-Wright (Armijo) 23-2¼, Purify (Edison) 22-11, Robinson (Cordova) 22-9. Discus-Smith (Tracy) 174-8, Edrington (Roseville)

# Section Meet Champions

by Keith Conning

May 31, 1980. Edwards Stadium, University of California, Berkeley.

The Berkeley girls' 400 relay team dropped the baton and failed to qualify for the State Meet. Sharon Ware was handing off to Tanaya King when the baton was bobbed, permitting DeAnza to win.

Ken Robinson (Berkeley) won both the 100 and 200 meter dashes, clocking times of 10.5 and 21.1. Teammate Pete Richardson won the 800 in 1:53.5.

Don Ward (St. Mary's, Berkeley) won the 100 highs in 13.5. He also took the 300 low hurdles in 37.4. "I felt good in the highs," Ward said, "but I was hurting in the lows with cramps in my calves."

Lisa Greenfield (Redwood, Larkspur) won the high jump with a 5-10 effort. "I guess everything was just perfect, everything worked," she said. Greenfield missed three times at 6-0. "It's a new number and barrier," Greenfield said. "The first jump my run through wasn't great, the second time I leaned my elbow in my shoulder and the third my butt just hit the bar. I guess I was just getting tired."

Jay Marden (Mission San Jose, Fremont) won the 3200 in 9:02.8. Marden came back to finish second in the 1600 behind Larry Guinee (Castro Valley).

Byron Criddle (El Cerrito) was a double winner in the long and triple jumps.

Sherifa Sanders (Berkeley) won the long jump with a leap of 19-1/2.

Judy Young (Berkeley) won the 100 lows in 13.4 to break the meet record of 13.9 set by Michelle Hawthorne (El Cerrito) in 1978.

Sharon Ware won the 100 (11.5) and 200 (23.8).

Tanaya King (Berkeley) tried to explain the dropped baton. "Sharon was trying to get away from Patrice (Carpenter, DeAnza)," King said, "as soon as she hit her mark I took off. But she couldn't catch me, so she yelled, 'Tanaya slow down.' I guess I slowed down too much, because she stepped on my leg and tripped over me and spiked me."

## San Diego Section

May 30, 1980.

Charlotte Zepherin (Morse) led her team to victory by winning the 100 (12.19) and 400 (56.81). She also ran legs on the winning 4x100 relay (48.12) and 4x400 relay (3:57.82).

Shawn O'Neal (Oceanside) won the 800 in 1:52.73 and the 1600 in 4:16.77.

Kevin Shields (San Diego), a junior, won the 100 in 10.76 and 200 in 22.19.

Susan Compton (Marian), a junior, broke the county record in the discus with 147-9.

Sue McNeal (Carlsbad) won her fourth title with a 5-8 jump.

### NORTHERN SECTION HIGHLIGHTS

**Men:** Shot Put-Suffin (Corning) 55-6 3/4. Long Jump-Nelson (Las Plumas) 22-10 1/4. 880-Corrozza (Paradise) 1:56.4. **Women:** Shot Put-Deniz (Gridley) 43-8 1/2. Long Jump-Hudson (Las Plumas) 18-4. Discus-Deniz (Gridley) 164-3. 440 Relay-Chico 49.5. High Jump-Dana (Colusa) 5-6 3/4.

## San Francisco Section

by Keith Conning

May 24, 1980. McAtean High School. Mission sophomore Russell Johnson upset Galileo's Ernest Daumas in the 120 high hurdles with a fine time of 14.2.

Mission's other sophomore Ken Frazier set a new meet record in the triple jump at 48-10 1/2. Frazier also won the long jump with a 23-6 effort.

Lowell's Diane Gong was a triple winner. She set new records in the two mile (11:14) and mile (5:18.5).



Vincent Wilken

## Oakland Section

by Keith Conning

May 23, 1980. Laney College. McClymonds' Hiram Mack edged out Skyline's Frank Williamson in the 120 high hurdles in a time of 14.6. Williamson clocked in at 14.7.

Williamson came back to capture the 330 lows in an excellent time of 37.4.

Vince Wilkins of Oakland won the 880 in 1:56.1.

Fourteen-year-old sophomore Anre Williams (Oakland) won the 440 in 49.0.

The Oakland mile relay team of Williams, Wilkins, Ronnie Clark and Gerald Nails won the mile relay in 3:18.9. Nails took the long jump at 22-10.

Skyline's 440 relay team of Darryl McCave, Rusty Simms, Curtis Wilkins and Jeff Pigrum won the 440 relay in 42.2.



Karen VanWaggenen

Jennifer Ray (Oakland) won the 880 in 2:15.9.

Volaney Harris (Oakland) captured the 440 with 57.9.

## Central Coast Section

by Howard William

May 30, 1980. San Jose City College.

Fernando Balderas of San Jose HS finished fourth in this year's Central Coast Section two-mile run, an event he won in 1979 along with the mile run.

But there's a lot more that can be said about this year's race, this year's season, and this year's trying year. And if there's anything this past year has proven to Balderas, it's proven that he has guts.

And a lot of guts. More guts than he showed in the 1979 state two-mile, one where he stuck with a pack of leaders (whose times were much faster) for as long as he could, which was about six laps. After falling behind the leaders, Balderas didn't quit. He trudged on, tired as he was, and hung on to nip this year's second-place finisher, Jay Marden of Mission San Jose (Fremont).

Balderas' troubles began after his fifth place in the Alum Rock Invitational in cross country. Three weeks later his mother died of leukemia. That same week he finished fourth in the Aptos Invitational, a tough race for sure.

He went on to win three invitationals, his league, his region, and the CCS title. He was fifth in the NorCal finals.

Between the cross country and track seasons, his father, living in Mexico, died in a car accident. When track season began, Balderas was in no shape to run.

"I went out for track, but I didn't go to practice. I only jogged four or five miles when I felt like loosening up," Balderas said.

What kept him going? "Mostly my relatives and some friends," says Balderas. "Ever since last year my cousins have been telling me that I could be state champ this year; they thought I could break 9:00."

There still is, however, something inside Balderas that makes him want to run. In the CCS, the first three finishers in each event earn a berth to the state meet. Said Balderas after finishing fourth: "I hope someone doesn't want to run next week."

And he's already made a choice of where to run next year. He's been encouraged by San Jose City College coach Steve Haas, and Balderas has decided to help the Jaguars defend their NorCal title, along with recruits Alex Gonzalez of Gunderson, San Jose (9:18 for two miles) and Felix Soto (CCS cross country champ in '78 as a junior) of Mt. Pleasant, San Jose.

## Sac Joaquin Section

May 30, 1980.

Henry Andrade (Johnson, Sacramento) injured his hamstring in the trials on Wednesday, May 28, while anchoring

Johnson's victorious 440 relay team. "The weather must be to blame for this. I'm usually not injury-prone," said Andrade. "At the end of the 440 relay I eased up and felt something pull in my hamstring."

Donald Rogers (Norte del Rio) capitalized on the absence of Andrade and won the 120-yard high hurdles in 14.89.

Joni Weaver (Ponderosa) sprinted past Heike Skaden (Encina, Sacramento) in the final 80 yards of the mile, winning in 5:01.6 to Skaden's 5:02.8.

Devi Sanders led the 440 with 50 yards left, but Kennedy's Cheryl Griffin passed her and won in 56.41.

Pedro Reyes (Jesusit, Carmichael) went into the lead with 660 yards left in the mile and clocked 4:16.1 for first place. Greg Long (Calaveras, San Andreas) was second at 4:19.9.

Carl Bonner (Vallejo) held off Mike Barber (Highlands), winning in 47.94 to 47.99.

### HIGHLIGHTS

**Men:** 440-Bonner (Vallejo) 47.94, Barber (Highlands) 47.99, Eddings (Johnson) 48.54. Mile-Reyes (Jesusit) 4:16.1, Long (Calaveras) 4:19.9. Long Jump-Wright (Armijo) 23-2 1/4, Purify (Edison) 22-11, Robinson (Cordova) 22-9. Discus-Smith (Tracy) 174-6, Edrington (Roseville) 163-6.

**Women:** 100 LH-Milton (Fairfield) 15.19. 440-Griffin (Kennedy) 56.41, Sanders (Edison) 57.18, Benton (Foothill) 58.23. Mile-Weaver (Ponderosa) 5:01.6, Skaden (Encina) 5:02.3, Nieto (Merced) 5:06.4. High Jump-Stahl (St. Francis) 5-9 5/8, Ratliff (Ripon) 5-7, Gold (Napa) 5-7. Long Jump-Stahl (St. Mary's) 18-7, Milton (Fairfield) 18-2, Dansby (Grant) 17-11. Discus-Rodriguez (Mariposa) 139-1, Kennedy (Roseville) 137-3, Dentinger (El Camino) 129-3. Shot Put-Rodriguez (Mariposa) 43-7, Koch (Escalon) 42-6 3/4, Phillips (Mira Loma) 40-5.

## Central Section

May 30, Madera.

It was the night of the discus at the Central Section C.I.F. Track & Field Championships hosted by Madera High School. In the boys competition 2 throwers tossed over 180 feet; and in the girls section winner Kim Shakir from Clovis West flipped one some 20 feet beyond her previous best to win with a 131-11 fling.

Those long distance platters by the boys came from first place, and state leader, Paul Bender (Shafter) with a 189-8 (off his 200-7 best); and second place Jeff Budwig of McLane in Fresno with 185-8.

Shakir's come through performance in the discus gave her Clovis West team a big boost toward the "Valley" team title - but it was teammate Karen VanWaggen's double victory which clinched the crown for the Eagles (63 points to runner up Lemoore's 44). Van Waggen won the 1600 (5:13.2) and the 3200 (11:02.1) races. However for awhile it looked as though she'd have to run the 3200 again to prove herself. Here's what happened in a minor snafu with that girls 3200: As the pack came around the turn nearing its first lap, a member of the track crew,

stacking hurdles from the prior race, slipped and stepped backward onto the track. Mary Benales of South Bakersfield was tripped and she finished out of scoring position. VanWagenen, for the most part unaffected by the interference, then beat out Mt. Whitney standout Cynthia Rogers to win the race. VanWagenen kept pace with Rogers about a step behind for nearly the entire race, and then jumped ahead with about 200 meters to go to win by nearly 25 yards. Only VanWagenen's and Rogers' times were considered official, and the rest of the runners were required to run it again the next Tuesday to see who gets the final spot to the state meet.

In the boys team race Bakersfield outclassed the rest of the field by notching four first place finishes and two second places - largely on the strength of its sprinters (72 points to runner-up Hoover of Fresno with 40). In the 400 relay, Bakersfield edged out Hoover and favorite Edison with a 42.1, just a second ahead of the Patriots. The Tigers finished in 42.5. The Drillers' dominance was never more evident than in the 400, when Robert Johnson and Tom Barber finished 1-2. Johnson won it handily in 48.9 and Barber's second place in 49.6. Mel Watkins won the 200 for Bakersfield in 21.8 and ran a leg in both relays. The Drillers finished third in the 1600 relay at 3:22.2. Tulare won it in 3:19.0. In addition, Watkins grabbed second in the 100 at 10.9. Tyrone Henderson of East Bakersfield won the 100 in 10.8.

A couple of big upsets occurred among the boys races. First, Pete Quinonez, state meet placer past two years, waited too long to kick and was nipped at the tape by Sanger's Calderon, both timing 1:54.5. The other major upset occurred in the 3200 when Immanuel's (Reedley) Dave Lehrman hung with Sanger's Julian Vinton and Corcoran's Shawn Smallwood, and then blew by them on the last lap to win in 9:15.6.

finish would be in deep trouble (as Muir of Pasadena had happen). But the Muir tradition is something, and without Ricky Holliday in the jumps and a relay squad that dropped out with a muscle pull the Mustangs still pulled a narrow 61-57 win over Compton out of the bag. The hero was junior Ed Tave, who put three leaps over his seasonal 22-9 long jump best to take second at 23-10½ and also place there in the triple jump at 47-1½. Pomona led by Jim Spotville, took the 3A men's over Arlington. Cajon of San Bernardino, led by soph Bridgette Blackburn, took the 3A women's title. Centennial of Compton took both the men's and women's 2A titles. Serra (Gardena) used its speed merchants to take the 1A title over Crespi in the men's division, and Marshall of Pasadena nipped Alemany (Mission Hills) in the 1A.

#### WOMEN'S EVENTS:

**100:** Bridgette Blackburn (Cajon) 11.83w, Marbella Wahington (Centennial, Compton) & Faye Paige (Poly, LB) 11.86w were all big winners (at least .28 each) to set up a super race in the Masters Meet. Each rocketed to well-balanced awesome wins.

**200:** Zelda Johnson (Garey, Pomona) 24.05 squeezed past Blackburn 24.08 in the 3A race. Frosh Diane Pullins (Muir) cranked 24.33 in the 4A and Marbella Washington won by a second at 24.53 in the 2A. Another interesting race next week.

**400:** Faye Paige had another big victory here - 54.02 over improving Linda Ransom (Pasadena) 55.43. Louise Romo (North Torrance) upset Roxanne Jackson (Cajon) to win 3A-56.94 to 57.29, and soph Kelly Churchman (Rio Mesa, Oxnard) was the 2A victor in 57.24.

**800:** The ladies are going bonkers here - soph Renee Durrand (Laguna Beach) followed a scorching 61 second pace to churn out a 2:12.19 2A win. Louise Romo took Cindy Stoughton (Corona Del Mar)

**400 Relay:** Long Beach Poly put its stable of flyers together and cranked out a 1.7 second win at 46.26 in the 4A - among the fastest ever for the event. Their domination puts them in the league of the big B (Berkeley) up north. Cajon (San Bernardino) took the 3A at 47.90.

**1600 Relay:** Poly again here - Debra Rambo 58.6, Janice Smith 59.0, Jackie Randolph 57.8, Faye Paige 55.1 - 3:50.50 to win big over Thousand Oaks 3:57.33. North Torrance won its dual over Cajon 3:54.07 to 3:58.00 in the 3A.

**High Jump:** Vet Ellen Fargo (Crescenta Valley, La Crescenta) had the best leap at 5-8 over the 5-6's of fellow 4A leapers Teri McCunniff (Newport Harbor), Stacy Neuman (Agoura), and Jody Grob (Santa Barbara) and 1A winner Katrine Johnson (Marshall, Pasadena).

**Long Jump:** Marlene Harmon (Thousand Oaks) blasted a 19-4 win over Sheila Frye (LB Poly) 18-9¾.

**Shot Put:** Susie Ray (Villa Park) yawned through another competition to win at 48-1½, as Natalie Kaalawahia (Fullerton) continued her fine putting at 46-10½ in the 3A.

#### MEN'S EVENTS:

**100:** Big news was bad news - Kerwin Bell (Edison, Huntington Beach) had run 9.5 and 9.69w in the last two weeks - here he rocketed out in the 4A race, then severely yanked a hamstring at 40 meters and could not finish. Howard Hawkins (Warren, Downey) continued on to win at a fine 10.56w (wind barely over at 4.5 mph). Mike Turner (Centennial, Compton) turned 10.57 (4.1 mph wind) to romp in the 2A. Jim Spotville (Pomona) was the 3A victor at 10.67w (6.7 mph), and John Costanzo (Crespi, Encino) took the 1A at 10.73.

**200:** Eleven athletes ran under 22.00 electronically. Jim Spotville led a 3A field at 21.25 (wind legal 4 mph) over Anthony Eddings (Ganessa, Pomona) 21.43 and Greg Thomas (Riverside Poly) 21.44. Leonard Graham (Centennial, Compton) smoked the 2A race in 21.48 over teammate Rufus Jackson 21.68, David Ashford cranked 21.65 in the 4A race and Harold Todd (Serra, Gardena) blazed 21.79 in the 1A.

**400:** Another super Finals race was set up - Mike Turner (Centennial, Compton) blazed a 46.92 win over teammate Rufus Jackson (47.79) in the 2A. Rod Barksdale (Compton) won by .60 over LB Poly's Victor Townsend in his 47.27 4A win. Unheralded Paul Jones (Cabrillo, Lompoc) streaked to a surprising 47.88 3A win.

**800:** Long Beach Wilson junior Clark Cox blasted away from Eddie Davis (Compton) and the rest of the field in the last 150 meters to burn 1:51.70. Greg Vining (Hawthorne) really is just getting untracked after eligibility problems and eased away from Jack Preijers (North Torrance) during his 1:51.60 to 1:52.36 run.

**1600:** The 2A race featured the best dual over the area of the mile seen around here at the high school level in a long time. Mike Parkinson (South Pasadena) after mid-season achilles problems decided he was ready to put Rio Hondo League-mate Andy DiConti (La Canada) to the test. Daring DiConti to pass him for the first three laps (which Andy tried 5-6



photo by Don Gosney

**Sheryl Thompson to Tina Howard**

**Long Jump:** Charles Mayfield (Muir) took the 4A over junior teammate Ed Tave 24-5 to 23-10½ (with Tave getting second on a better second leap over Bob Rust (Kennedy, La Palma) also at 23-10½). Chris Harper sailed 24-3½ for Arlington to win the 3A, and Quincey Frank (Perris) equalled his seasonal wind aided best with a legal 23-11 for the 2A win.

**Pole Vault:** Another marathon competition with a swirling wind complicating things. Kurt Strasman (Long Beach Wilson) and Greg Stull (Troy, Fullerton) cleared 14-6 in winning the 4A and 3A vault.

**Shot Put:** Jim Doehring (San Clemente) tossed a state-leading 64-11¾ in winning the 2A, while Scott Garnett (Muir) 64-8¾ took the measure of Bret Holden (Hart, Newhall) in the 4A.

**Triple Jump:** Charles Mayfield (Muir) again - 50-6 with the top mark over improving teammate Ed Tave who got out to a PR 47-1½.

## Los Angeles City High School Track Finals

by Tom Feuer

while Denean and Tina went 1-3 in the 400 meters (54.07, 55.86).

It was an exemplary evening for the whole Golden Cougar team as junior Paul Jones upset favorites Anthony Evans and Freeman Miller to win the long and triple jumps respectively. In both events, Jones got off his winning leaps of 23-8¼ and 48-7½ on his final trials.

The city meet was also a special occasion for Washington's Gregory Peppers as he led the Generals to their first city team title in 15 years. Peppers captured both short dashes and contributed legs on Washington's second place sprint relay team and the Generals' winning 1600 meter relay squad.

Peppers started off his high school career as a half miler. Two years ago at Birmingham High he was the city "cee" 880 yard champion and record holder with a best of 1:57.8. However, the prospect of racing Jeff West, David Mack, Tony Brown, and James Jackson during his junior year did not appeal to Peppers, so he dropped down to the quarter mile. At city semifinals last season, Peppers ran a 48.05, one of the fastest Junior class times in the nation. In the finals the following week he was leading Mack when he inexplicably tripped and fell. However, despite that mishap, Peppers later came back to qualify for the state meet by placing second in the 220.

This season Peppers was expected to be a world beater. He transferred to Wash-

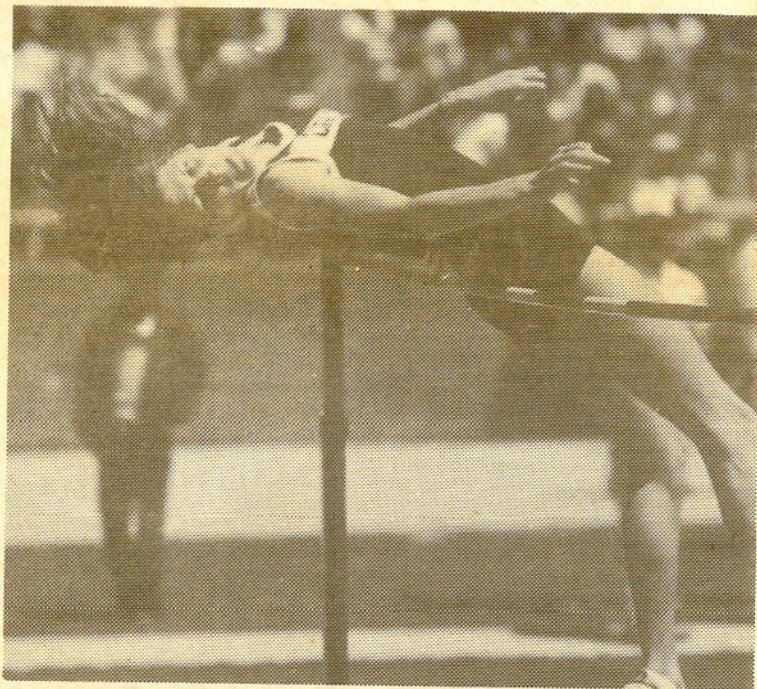


photo by Don Gosney

Sue McNeal

## Southern Section

May 23, Cerritos College.

On Friday, May 23rd, the CIF-SS 4A, 3A, 2A, and 1A schools gathered for their divisional finals on the quick ACI all-weather surface at Cerritos Junior College. The purpose of this meet was to determine divisional (school size) championships and have a competition where the top nine marks in each event qualified on to the CIF SS State Qualifying (Masters) Meet the next week. Some awkward situations come from the system of having the top nine marks, regardless of division go onto the State Qualifying Meet - a smaller division athlete with no competition (distances especially) often has to go for broke alone to go after the time.

Some fantastic individual and interesting team competitions highlighted the evening.

The 4A (Large Schools) division team-wise was a walk-over for the Long Beach Poly women - an awesome all-around team whose 62 points far surpassed the Marlene Harmon-led Thousand Oaks runner-up squad. The men's 4A team race was interesting - you would think a squad that lost a 23-7 & 51-3 horizontal jumper and had a 3:17.7 mile relay group not

Leonard Graham (Centennial, Compton) smoked the 2A race in 21.48 over teammate Rufus Jackson 21.68, David Ashford cranked 21.65 in the 4A race and Harold Todd (Serra, Gardena) blazed 21.79 in the 1A.

**400:** Another super Finals race was set up - Mike Turner (Centennial, Compton) blazed a 46.92 win over teammate Rufus Jackson (47.79) in the 2A. Rod Barksdale (Compton) won by .60 over LB Poly's Victor Townsend in his 47.27 4A win. Unheralded Paul Jones (Cabrillo, Lompoc) streaked to a surprising 47.88 3A win.

**800:** Long Beach Wilson junior Clark Cox blasted away from Eddie Davis (Compton) and the rest of the field in the last 150 meters to burn 1:51.70. Greg Vining (Hawthorne) really is just getting untracked after eligibility problems and eased away from Jack Preijers (North Torrance) during his 1:51.60 to 1:52.36 run.

**1600:** The 2A race featured the best duel over the area of the mile seen around here at the high school level in a long time. Mike Parkinson (South Pasadena) after mid-season achilles problems decided he was ready to put Rio Hondo League-mate Andy DiConti (La Canada) to the test. Daring DiConti to pass him for the first three laps (which Andy tried 5-6 times but was never able to do) it finally came down to the long homestretch where DiConti dug down and moved to a 4:08.5 to 4:09.0 win. Mike Serna (Loara, Anaheim) screamed away from pace-setter Eric Sappenfield (Santa Barbara) in the 4A race to win 4:10.7 to 4:16.0. Bob Leetch (Redondo) used a 60 last lap to win the 3A in 4:15.7.

**3200:** Mostly just qualifying done here - Jon Butler (Edison, Huntington Beach) took the 4A 9:07.77, Mark Cunnert (Los Amigos) 9:17.43 to win 3A, Andy DiConti 9:15.68 in the 2A, and Mark Ruelas (La Salle) 9:12.98 in the 1A.

**110 High Hurdles:** David Ashford (West Covina) continues to search for competition as he blasted a 14.02 big 4A win. Don LaBomme (Alemany, Mission Hills) looked super in his 14.41 1A win. Soph Steve Kerho (Mission Viejo) had his season end in the 2A division with a bad fall (after getting down to a fine 14.69 recently).

**300 Low Hurdles:** Jiles Smith (Compton) at 37.0 and Jim Spotville (Pomona) tied for the top time, with Perry Chappelle (Inglewood) close behind Spotville in the 3A race at 37.1.

**400 Relay:** A screaming Masters Race is assured here also - the two Compton high schools - Centennial (41.30) and Compton (41.21) romped to big 2A and 4A wins respectively. The anchor leg between Mike Turner and Rod Barksdale should be something. Four other squads ran under 42.00.

**1600 Relay:** Same script as the 400, but with Long Beach Poly (3:15.99) along to join the Compton (3:15.14) and Centennial (3:15.61) groups - same super anchor leg dual.

**High Jump:** Charles Mayfield (Muir), Charles Harper (Arlington), and Anthony Caire (Plus X, Downey) won the 4A, 3A and 2A at 6-8 respectively - the quality of marks is undoubtedly held down by the fact that it is a marathon event with all 36 leapers (9 each from 1A, 2A, 3A, and 4A) jump in the same competition.

Rust (Kennedy, La Palma) also at 23-10½). Chris Harper sailed 24-3½ for Arlington to win the 3A, and Quincey Frank (Perris) equalled his seasonal wind aided best with a legal 23-11 for the 2A win.

**Pole Vault:** Another marathon competition with a swirling wind complicating things. Kurt Strasman (Long Beach Wilson) and Greg Stull (Troy, Fullerton) cleared 14-6 in winning the 4A and 3A vault.

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**Triple Jump:** Charles Mayfield (Muir) again - 50-6 with the top mark over improving teammate Ed Tave who got out to a PR 47-1½.

## Los Angeles City High School Track Finals

by Tom Feuer

Although the Howard sisters received the most publicity (deservedly so) for their exploits, the 46th annual LA City High School Track Championships turned out to be more than a family affair. A fine sprint double by Gregory Peppers, a sweep of the horizontal jumping events by Kennedy's Paul Jones, and a seven foot high jump by Greg Denby, also gave an enthusiastic L.A. Valley College crowd something to cheer about on a cold and blustery evening.

Considering the quality of the track (a dirt surface) and the adverse weather conditions, some of the performances were truly remarkable. The Howards, (Tina, Denean and Sherri) with the accompaniment of Sheryl Thompson (400 relay) and Kelly Cook (1600 relay), broke two National records in the 400 and 1600 meter relays for Kennedy High of Granada Hills.

In the sprint relay, it wasn't until the third leg, that Kennedy even found itself in the lead. Southern league rivals Fremont and Manual Arts were fighting it out for first in the early going. However, sophomore Denean Howard brought the crowd to its feet with a sterling third carry, and by the time she handed off to sister Sherri, the race was for second place. Kennedy's aggregate time of 45.82 was .09 faster than Crawford's (San Diego) set at the 1977 state meet on the Tartan track of UCLA's Drake Stadium.

In the 1600 relay, Denean produced a world class third leg of 51.9 in mowing down Manual Arts' Lori White. Sherri, taking off a little early, still ran a sizzling 52.9 to cap the record 3:39.62 effort. The old National mark was set last year by none other than the Howard sisters when they numbered four and were all attending San Geronigo High. However, the graduation of Artra, made the Howard's amazing act this year a trio instead of a quartet.

In individual events, Sherri easily captured the two sprints - (11.78, 23.53),

Jones upset favorites Anthony Evans and Freeman Miller to win the long and triple jumps respectively. In both events, Jones got off his winning leaps of 23-8¼ and 48-7½ on his final trials.

The city meet was also a special occasion for Washington's Gregory Peppers as he led the Generals to their first city team title in 15 years. Peppers captured both short dashes and contributed legs on Washington's second place sprint relay team and the Generals' winning 1600 meter relay squad.

Peppers started off his high school career as a half miler. Two years ago at Birmingham High he was the city 'cee' 880 yard champion and record holder with a best of 1:57.8. However, the prospect of racing Jeff West, David Mack, Tony Brown, and James Jackson during his junior year did not appeal to Peppers, so he dropped down to the quarter mile. At city semifinals last season, Peppers ran a 48.05, one of the fastest Junior class times in the nation. In the finals the following week he was leading Mack when he inexplicably tripped and fell. However, despite that mishap, Peppers later came back to qualify for the state meet by placing second in the 220.

This season Peppers was expected to be a world beater. He transferred to Washington and joined an already awesome array of spring talent that included sophomores Fabian Cooper and Randy Walker. A chronic back injury forced Peppers to curtail both racing and training. Nevertheless, he won the Arcadia 200, but for the city meet he was forced to drop the open quarter.

Grasping his back noticeably after his opening leg on the sprint relay, Peppers nevertheless eschewed the pain and won both the 100 and 200 meters handily in 10.86, and a very quick 21.50. He saved his best for the evening's final event, the 1600 meter relay, as he cruised to a 46.7 on his anchor leg.

Denby won the high jump for the second year in a row clearing 7-0 on his first try. He then made two attempts at a city record 7-2½. Bothered by a bad foot, Denby could not manipulate that height.

After years of running this excellent meet on dirt track surfaces, it is time to the L.A. city schools to emerge from the dark ages, and provide these superb athletes with a quality facility. The city sectional meet is one of the finest sectionals in the state and it should be accorded a decent track to match its stature.

**Notes:** High jumping exchange student Arne Simonson (Ceres, Sac Joaquin Section) finished second in sections (6-10¼), but returned to Norway where he is preparing for the Olympics as the country's second-leading jumper. He plans to return to California next fall and compete for Modesto Junior College.

Henry Andrade (Johnson, Sacramento) is going to attend U.C. Irvine.

Hughes Stadium in Sacramento has a brand new 10 lane Chevron 440 track with cost \$300,000. It is a metric track and has a red color with white lane markings.

# RESULTS

## Golden West Invitational

by Keith Conning

June 14, 1980. Hughes Stadium, Sacramento.

John Zishka (Lancaster, Ohio) outkicked Pedro Reyes (Jesuit, Carmichael) down the home stretch to win the mile in 4:03.85. Zishka becomes the seventh best high school miler of all-time behind Jim Ryun, Tim Danielson, Marty Liquori, Gerry Lindgren, Rich Kimball, Matt Centrowitz, and Tom Sullivan. It was also the fastest prep mile since Rich Kimball's 4:02.4 in 1974. Zishka broke Jim Ryun's 15-year-old record of 4:04.3. Reyes was times in 4:06.01 for second. Zishka led the field through splits of 60.72, 2:02.42 (61.70), 3:05.52 (63.10), 4:03.85 (58.33).

Reyes passes Zishka at the beginning of the last lap, but Zishka came back in the final 110 yards to stride away from the struggling Reyes. Shawn O'Neal (Ocean-side) was fourth in 4:09.17 and Mike Parkinson (South Pasadena) was sixth in 4:10.92.

Richard Perez (San Geronio, San Bernardino) won the 3000 meters in 8:16.3, which equals Chuck Assumma for the sixth best of all-time. Only Steve Prefontaine, Craig Virgin, Thom Hunt, John Zishka, and Jeff Nelson have run faster. The splits and leader were: 66.09 (Jim Smith), 2:11.03 (64.94), 3:16.71 (65.68), 4:24.06 (67.35), 5:32.61 (68.55), 6:41.27 (68.66), 7:46.72 (65.45) (Perez). Jim Smith (Madonfield, New Jersey) and Donald Kerwin (Landon, Bethesda, Maryland) equalled the seventh best of all-time 8:18.3 by Jeff Hess.

Californians placed first and second in the triple jump. Freeman Miller (Freemont, Los Angeles) won with a jump of 49-7 $\frac{3}{4}$ . He was followed by Byron Criddle (El Cerrito) who jumped 49-0 $\frac{3}{4}$ .

Henry Andrade (Johnson, Sacramento) came back from a hamstring injury that kept him out of the State Meet, to win the 400 intermediate hurdles in 52.73 and place second in the 110 hurdles with 13.79.

Curtis Riddick (Virginia Beach, Virginia) and Clint Johnson (South, Shawnee Mission, Kansas) won two events each. Riddick took the 100 in 10.72 and the 200 in 21.14. Johnson won the shot put at 69-9 $\frac{1}{2}$  and the discus at 194-6.

### RESULTS

**Javelin Throw.** 1. Steve Stockton (Tioga, Louisiana) 235-3, 2. Jim Russell (St. Joseph, Shawnee, Kansas) 233-10, 3. Bobby Joe George (Pleasant Hill, Oregon) 217-8.

**Pole Vault.** 1. Steve Stubblefield (Wyandotte, Kansas City, Kansas) 16-9. 2. Don-

Maryland) 8:18.3, 4. Ian Leavesley (Mahwah, New Jersey) 8:23.2, 5. Andy Almadova (Flowing Wells, Tucson, Arizona) 8:25.0, 6. Sean Evans (Henry, San Diego) 8:27.8.

**200 Meters.** 1. Curtis Riddick (1st Colonial, Virginia Beach, Virginia) 21.14. Others 4. Ron Barksdale (Compton) 21.64.

**Mile Run.** 1. John Zishka (Lancaster, Ohio) 4:03.85, 2. Pedro Reyes (Jesuit, Carmichael) 4:06.01, 3. Steve Smith (South Shawnee Mission, Kansas) 4:07.56, 4. Shawn O'Neal (Ocean-side) 4:09.17, 5. Steve Krisl (Ft. Collins, Colorado) 4:10.26, 6. Mike Parkinson (South Pasadena) 4:10.92, 7. Basil Magee (Largo, Florida) 4:11.6 (hand-timed).

## TAC

June 15, 1980. Walnut, Calif.

Sherri Howard (Kennedy, Granada Hills) defeated a quality field of Sharon Dabney, Gwen Gardner, June Griffith and American record holder Rosalyn Bryant to win the 400 in 51.51. Her sister, Denean, was fourth in 52.35. Denean is a 16-year-old sophomore!

## Athletic Congress

## National Junior Track and Field Championships

by Keith Conning

June 16-17, 1980. University of Tennessee.

Sharon Ware (Berkeley East Bay TC) set a meet record of 11.34 in the 100. Ware, 16, easily pulled away from Michelle Glover (Pennsauken, New Jersey), to beat the old meet record of 11.50, set by Kim Robinson (Los Angeles Mercuresses) in 1977. "I could see Michelle out of the corner of my eye, but I maintained my relaxation and started moving away," said the 4-foot-11 Ware. "We've been battling each other ever since I was 12." The time was a personal record for Ware, who on June 7 qualified for the U.S. Olympic Trials in Eugene, Oregon with a winning time of 11.42 in

Jackson (Alameda College) placed fourth at 23-5.

Susie Ray (Naturite TC/Villa Park) won the shot put with a heave of 46-11.

Californians went one-two in the javelin with Mike Burnett (Azusa Pacific College) winning at 228-11 and Ken Mills (Cal Irvine) second at 221-2. Mills also placed fourth in the discus at 170-10.

Darren Hall (Enterprise, Redding), who qualified for the State Meet in the discus, placed fifth in the decathlon with 6,529. Hall ranks as the seventh best Californian of all-time behind two-time Olympian Bob Mathias 6899, Kenny Kring, John Sheerer, Paul Herman, Dixon Farmer, and Mike Garrett.

Sue McNeal (Carlsbad) placed third in the high jump at 5-10.

Robyne Johnson (Berkeley), who didn't qualify for the State Meet finals, came back to place second here with her personal best of 19-4. Sherifa Sanders (Berkeley) was fifth at 19-1 $\frac{1}{4}$ .

Raymond Threatt (Arizona/ex-Pittsburg) placed third in the 100 at 10.55. he was followed by Kenny Robinson (Berkeley) in a personal best of 10.60.

Ed Eyestone (BYU/San Diego) placed fifth in the 10,000 at 30:47.94. Chuck Assumma (Southern California Roadrunners/UC Riverside) was sixth in 30:54.44.

Freeman Miller (John Carlos TC/Fremont, Los Angeles) placed sixth in the triple jump at 48-24.

Faye Paige (L.A. Mercuresses/Polytechnic, Long Beach) finished second in the 400-meter dash in 53.71.

Lee Balkin (UCLA) was second in the high jump at 6-10.

Frank Assumma (UC Riverside/Southern California Roadrunners) placed third in the 1,500 meter run in 3:50.38.

John Brenner (Maccabi Union TC) placed second in the shot put at 56-1 $\frac{1}{4}$ .

Donna Curtis (Venice) placed sixth in the 800-meter run in 2:13.74.

Pete Richardson (Berkeley) got into trouble on the first lap of the 800. was unable to free himself in time and finished sixth with a still-excellent time of 1:52.66.

Berkeley East Bay TC teams finished third in the women's 800-meter medley relay and fourth in the women's 1600-meter relay.

Judy Young, state champion in the low hurdles, caught her foot on the last hurdle and finished last.

Sherifa Sanders (Berkeley) placed second in the 100-meter low hurdles. Valerie Flemmings (Berkeley East Bay TC/Northgate, Walnut Creek) was sixth in 15.07.

Sharon Ware (Berkeley) placed third in the 200 with 24.50.

Kenny Robinson (Berkeley) placed third in the 200 with 21.36.

The junior meet was the last opportunity for men 19 and under and women 18 and under to qualify for the U.S. Olympic trials which begin Saturday in Eugene, Oregon.



## PROFILE:

# Robyn MacSwain

**ROBYN MACSWAIN.** Age: 15 $\frac{1}{2}$ . Weight: 96. Terra Linda High School also Golden Bear Track Club. Coached by Duncan MacSwain, Vern Gambetta, Doug Basham and Bruce Grant.  
**BEST MARKS.** 800—2:24.1; mile—5:09.6; 1500m—4:40.2; two mile—10:41.5.

The amazing thing about Robyn MacSwain may not be how well she is doing now but her potential—something that looks great. As a sophomore at Terra Linda High School she holds the school record at both the mile and two-mile and the county and Redwood Empire record in the two-mile. She was the county champion, second in North Coast and third in Northern California in cross country earlier this year. She won the two-mile at North Coast this season.

But to list MacSwain's achievements would be easy because they are many. It is harder to predict what she will do in the future. A reasonable prophecy would be a state championship but even Robyn doesn't want to think that far ahead.

"I just want to take it season by season," she says.

And that attitude is reflected in her training. It is not grueling—something that has made many younger runners burn out too soon—but it consists of plenty of hard, steady miles plus just enough speed to make every training click. Robyn also com-

her father, Duncan MacSwain. The older MacSwain introduced Robyn to running when he started running himself a few years ago. She also says some of the world class athletes were the people who helped her running.

"When you see some of these really good athletes like Mary Decker running such amazing times, that's inspiring," she says.

MacSwain says she competes in track because "it's a challenge and if something goes wrong you only have yourself to blame. The most important thing for me is to challenge myself and to push harder."

She says that she wants to attend U.C. Berkeley and she is on the right track by getting A's and B's in school so far. She plans to run "in college" as long range goal and she is getting a taste of Berkeley running by being a member of the Golden Bear Track Club, the running group started by Berkeley women's track coach Vern Gambetta. She usually runs for the club at long road races during the summer.

MacSwain also adds that she likes track because "I meet people from all around. If I'm going to a meet out of the county I usually know somebody there and I enjoy talking to him or her."

Typical weeks training: Monday-Two mile warmup, intervals and weights. Tuesday-6.8 miles weights Wednesday-

John Ziskra, and Jeff Nelson have to be faster. The splits and leader were 10.9 (Jim Smith), 2:11.03 (64.94), 3:16.71 (65.68), 4:24.06 (67.35, 5:32.61 (68.55), 6:41.27 (68.66), 7:46.72 (65.45) (Perez). Jim Smith (Madonfield, New Jersey) and Donald Kerwin (Landon, Bethesda, Maryland) equalled the seventh best of all-time 8:18.3 by Jeff Hess.

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**Pole Vault.** 1. Steve Stubblefield (Wyan-dotte, Kansas City, Kansas) 16-9, 2. Doug Lytle (North, Shawnee Mission, Kansas) 16-9, 3. Mark Klee (Olathe, Kansas) 16-6, Others 6. Greg Stull (Troy, Fullerton) 15-6.

**Long Jump.** 1. Tim Williams (Peoria, Arizona) 24-3.

**Shot Put.** 1. Clint Johnson (South Shaw-nee Mission, Kansas) 64-9 1/2, 2. Mike Shill (East Valley, Spokane, Washington) 64-8 1/4, 3. Scott Garnett (Muir, Pasadena) 62-2 3/4.

**110 Meter Hurdles.** 1. Cletus Clark (Denton, Texas) 13.70, 2. Henry Andrade (Johnson, Sacramento) 13.79, 3. Mossy Cade (Santa Cruze, Ely, Arizona) 13.82, 4. Dwayne Allen (Harris, Harrisburg, Pennsylvania) 13.86.

**100 Meter.** 1. Curtis Riddick (Virginia Beach, Virginia) 10.72, 2. Howard Hawk-ins (Warren, Downey) 10.75.

**High Jump.** 1. Jake Jacoby (Borah, Boise, Idaho) 6-10, 2. Ivan Morris (Johnson, Sacramento) 6-8.

**800 Meters.** 1. Bill Glower (Pinellas Park, Largo, Florida) 1:51.4, 2. Greg Rining (Hawthorne) 1:51.7, 3. Pete Quinonez (Tulare) 1:52.3.

**400 Meters.** 1. Michael Wade (North Chicago, Illinois) 47.01. Others 3. Mike Barber (Highlands, North Highlands) 47.96, 7. Tony Eddings (Sacramento) 48.1 (hand-timed), 8. Carl Bonner (Vallejo) 43.2, 9. Rod Barksdale (Compton) 49.0.

**Triple Jump.** 1. Freeman Miller (Fremont, Los Angeles) 49-7/8, 2. Byron Criddle (El Cerrito) 49-0 3/4.

**Discus Throw.** 1. Clint Johnson (South, Shawnee Mission, Kansas) 194-6, 2. Paul Bender (Shafer) 185-7. Others 5. Scott Hudson (Mission Viejo) 175-5, 6. Jeff Budwig (Fresno) 173-9.

**400 Intermediate Hurdles.** 1. Henry Andrade (Johnson, Sacramento) 52.73, 2. Geoffrey Crawford (Dunbar, Lubbock, Texas) 53.35, 3. Mike Kinney (Ferris, Spokane, Washington) 53.55, 4. Jiles Smith (Compton) 54.20.

**3000 Meters.** 1. Richard Perez (San Geronio, San Bernardino) 8:16.3, 2. Jim Smith (Haddonfield, New Jersey) 8:18.3, 3. Donald Kerwin (Landon, Bethesda,

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Ware's mark makes her the third fastest performer of all-time. Chandra Cheeseborough, a junior at Ribault, Jacksonville, Florida, set the national record of 11.13 in the Olympic Trials at Eugene in 1976. Margaret Bailles (South, Eugene, Oregon) ran 11.29 at altitude in 1968. Marbella Washington (L.A. Mercurettes/Centennial, Compton) was sixth in 12.05.

Don Ward (St. Mary's, Berkeley) won the 400-meter hurdles with a time of 51.84, to make Ward the eighth best performer in national history and third best in California. Only Bob Bornkessel, Paul Lankford, Chris Person, 1964 Olympic champion Rex Cawley, Jim Little, Charles White (San Fernando/USC football), and Richard Graybehl (Las Lomas, Walnut Creek/USC) have run faster. Ward also placed fifth in the 110-meter hurdles with a 14.71 clocking.

Ward also ran the college high hur-dles—43 inches, compared to the 39-inch hurdles used in high school—for the first time ever, and finished sixth in 14.71. "He just needs more experience," said Berkeley East Bay TC coach Willie White. "He was running against guys who were used to them. He'll be in the 13s when he has a little more experience."

Defending champion Leslie Deniz (Grid-ley) hurled the discus 174-10 to break her own meet record of 166-8, set last year. Deniz, 17, is also the national junior record holder with a throw of 175-10 in Los Angeles in May 1979. She had a throw of 178-8 in May at a hometown meet, but it was disqualified as a national high school record because not enough officials were present. "I still want to hit it again before the summer is over," Deniz, an Arizona State signee, said of the throw. "Personally, I think it stinks. Any time you throw a record and it's measured with a steel tape, I think it should count."

Larry Clemons (Bakersfield College) won the long jump at 25-6. Alonzo

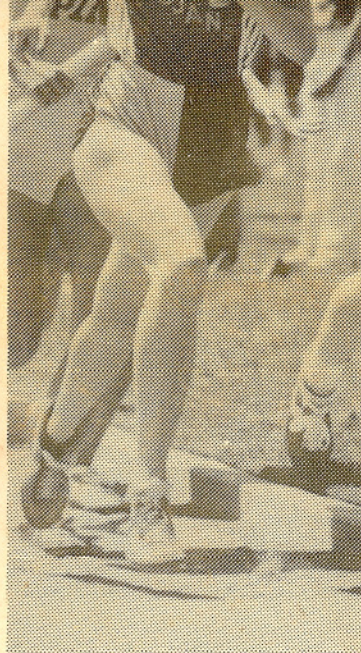


photo by Don Gosney

# California High School Track & Field Leaders

Compiled by Keith Conning

Complete through June 17, 1980. Please send all information to Keith Conning, 2235 Browning Street, Berkeley, Calif. 94702. Be certain to specify if timing is hand or automatic and include wind information on all affected events. This list continues until August 31, 1980.

#### 100 Meters:

10.55 Howard Hawkins(Warren, D., SS)  
10.57 Mike Turner(Centennial, C., SS)  
10.60 \*Ken Robinson(Berkeley, NCS)  
10.64 \*Kevin Shields(San Diego, SDS)  
10.64 Carl Montgomery(S. S. F., CCS)  
10.70 Kerwin Bell(Edison, Hunt. B., SS)  
10.70 John Costanzo(Crespi, Encino, SS)  
10.71 Jim Spotville(Pomona, SS)  
10.72 Fred Williams(NortedRio, S., SJS)  
10.73 Eric Washington(Woodside, CCS)

#### 200 Meters:

21.21 \*Ken Robinson(Berkeley, NCS)  
21.25 Jim Spotville(Pomona, SS)  
21.1c John Costanzo(Crespi, Encino, SS)  
21.35 Eric Washington(Woodside, CCS)  
21.40 \*Anthony Toney(N.Salinas, S., CCS)  
21.43 Anthony Eddings(Ganessa, P., SS)

21.44c Carl Montgomery(S. S. F., CCS)  
21.44 \*Greg Thomas(Polytechnic, R., SS)  
21.48 \*Leonard Graham(Centenn., C., SS)  
21.50 Gregory Peppers(Wash., L.A., LAS)

#### 400 Meters:

46.92 Mike Turner(Centennial, C., SS)  
47.22 Rod Barksdale(Compton, SS)  
47.49 Mike Barber(highlands, N.H., SJS)  
47.60 H. Campbell(Mt. Pleas., S.J., CCS)  
47.68c Carl Bonner(Vallejo, SJS)  
47.6 \*Chris Prietto(DelLaSalle, C., NCS)  
47.79\*\*Fabian Cooper(Wash., L.A., LAS)  
47.79 Rufus Jackson(Centennial, C., SS)  
47.79 \*Anthony Toney(N.Salinas, S., CCS)  
47.82 \*V. Townsend(Polytechnic, L.B., SS)

#### 800 Meters:

1:50.15 Pete Quinonez(Tulare, CS)  
1:50.19 \*Pete Richardson(Berkeley, NCS)  
1:50.91 Greg Vining(Hawthorne, SS)  
1:51.50 Scott Cox(Wilson, Long B., SS)  
1:51.68 \*Eddie Davis(Compton, SS)  
1:51.87 \*D. Rodriguez(Montgomery, NCS)  
1:52.36 Jack Preilgers(N. Torrance, SS)  
1:52.5c Vincent Wilkins(Oakland, OS)  
1:52.8 Jesse Cota(Coachella Val., T., SS)  
1:52.92 Phil Adcock(Carpinteria, SS)

#### 1600 Meters:

4:04.58c Pedro Reyes(Jesuit, Carm., SJS)

The amazing thing about Robyn MacSwain may not be how well she is doing now but her potential—something that looks great. As a sophomore at Terra Linda High School she holds the school record at both the mile and two-mile and the county and Redwood Empire record in the two-mile. She was the county champion, second in North Coast and third in Northern California in cross country earlier this year. She won the two-mile at North Coast this season.

But to list MacSwain's achievements would be easy because they are many. It is harder to predict what she will do in the future. A reasonable prophecy would be a state championship but even Robyn doesn't want to think that far ahead.

"I just want to take it season by season," she says.

And that attitude is reflected in her training. It is not grueling—something that has made many younger runners burn out too soon—but it consists of plenty of hard, steady miles plus just enough speed to make everything click. Robyn also competes on the average of once a week during track season.

This sensible attitude towards running was propagated by her main coach and

96. Terra Linda High School also holds the school record at both the mile and two-mile and the county and Redwood Empire record in the two-mile. She was the county champion, second in North Coast and third in Northern California in cross country earlier this year. She won the two-mile at North Coast this season.

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MacSwain also adds that she likes track because "I meet people from all around. If I'm going to a meet out of the county I usually know somebody there and I enjoy talking to him or her."

Typical weeks training: Monday-Two mile warmup, intervals and weights. Tuesday-6-8 miles, weights. Wednesday-5-6 miles at fast pace if not meet next day. Thursday-meet. Friday-5-7 miles, fairly easy. Saturday-meet or intervals. Sunday-6-12 miles.

4:06.18 Larry Guinee(Castro Val., NCS)  
4:06.52 Shawn O'Neal(Oceanside, SDS)  
4:07.25 Mike Serna(Loara, SS)  
4:08.5 Andy DiConti(La Canada, SS)  
4:08.62 Mike Parkinson(S. Pasadena, SS)  
4:09.52 Mike Trujillo(St. Bern., PDR., SS)  
4:09.54 Rob Leetch(Redondo, R.B., SS)  
4:10.20 Steve Fairman(Thous. Oaks, SS)  
4:11.14 \*Gary Gonzales(Clovis, CS)

#### 3200 Meters:

8:54.29 Andy DiConti(La Canada, SS)  
8:54.37 Mark Ruelas(La Salle, Pas., SS)  
8:54.44 \*Jon Hunter(Edison, Centennial, C., SS)  
8:54.74 Richard Perez(S. Gor., S.B., SS)  
8:56.08 \*Jay Marden(Mis. S.J., F., NCS)  
9:00.07 Sean Evans(Henry, S.D., SDS)  
9:02.22 \*Steve Valen(EI Modena, O, SS)  
9:05.2c Mike Vail(Mira Loma, Sac., SJS)  
9:05.49 John Frank(Central Val., R., NS)  
9:06.2c Eric Sappenfeld(San. Barb., SS)

#### 110 Meter Hurdles:

13.73 Don Ward(St. Mary's, Berk., NCS)  
13.76 \*David Ashford(West Covina, SS)  
13.79 Henry Andrade(Johnson, Sac, SJS)  
14.02 Darly Hill(O'Dowd, Oakland, NCS)  
14.10 Frank Williamson(Skyline, O., OS)  
14.20 Duane Butler(Victor Valley, SS)  
14.0 Hiram Mack(McClaymonds, Oak.)

14.28c Aaron Jones(Beverly Hills, SS)  
 14.30 Kevin Ellison(Ventura, SS)  
 14.30 Anthony Evans(Fremont, LA, LAS)  
**300 Meter Hurdles:**  
 36.26 Don Ward(St. Mary's, Berk. NCS)  
 36.43 \*David Ashford(West Covina, SS)  
 36.2c Frank Williamson(Skylline, O., OS)  
 36.64 Jiles Smith(Compton, SS)  
 36.86 Austin Shanks(S. Fernando, LAS)  
 36.94 Kenny Newell(Chatsworth, LAS)  
 36.8 \*Ronnie Seanez(Gilroy, CCS)  
 36.8c Henry Andrade(Johnson, Sac, SJS)  
 37.0c Aaron Jones(Beverly Hills, SS)  
 37.0 Jim Spotville(Pomona, SS)  
**4 X 100:**  
 41.21 Compton, SS  
 41.29 Berkeley, NCS  
 41.30 Centennial, Compton, SS  
 41.51 Washington, Los Angeles, LAS  
 41.63 Manual Arts, Los Angeles, LAS  
 41.72 Serra, Camino Real, SS  
 41.73 Pasadena, SS  
 41.75 Crenshaw, Los Angeles, LAS  
 41.76 Silver Creek, San Jose, CCS  
 41.79 Kennedy, Granada Hills, LAS  
**4 X 200:**  
 1:25.1c Berkeley, NCS  
**4 X 400:**  
 3:10.37 Centennial, Compton, SS  
 3:10.42 Berkeley, NCS  
 3:11.32 Compton, SS  
 3:12.92 Polytechnic, Long Beach, SS  
 3:14.36 Pasadena, SS  
 3:15.0 St. Mary's, Berkeley, NCS  
 3:15.15 San Fernando, LAS  
 3:15.42 Washington, Los Angeles, LAS  
 3:15.93 Highlands, North Highlands, SJS  
 3:16.12 Nogales, SS  
**4 X Mile:**  
 17:34.1 Mission San Jose, Fremont, NCS  
 17:45.0 Corcoran, CS  
 17:49.1 Leigh, San Jose, CCS  
 17:53.1 Corona del Mar, Newport B., SS  
 17:53.5 Jesuit, Carmichael, SJS  
 18:00.2 Orange, SS  
**Sprint Medley:**  
 3:23.5 Compton, SS  
 3:28.9 Tulare, CS  
 3:29.4 Berkeley, NCS  
**Distance Medley:**  
 10:12.2 Thousand Oaks, SS  
 10:12.6 Santa Barbara, SS  
 10:15.9 San Geronimo, S. Bernardino, SS  
 10:20.0 Henry, San Diego, SDS  
 10:21.2 Edison, Huntington Beach, SS  
 10:22.18 Mission San Jose, Fremont, NCS  
 10:22.78 Oakland, OS  
**Decathlon:**  
 6529 Darren Hall(Enterprise, Red., NS)  
**High Jump:**  
 7-1 Greg Denby(Crenshaw, L.A., LAS)  
 6-11½ Ivan Morris(Johnson, Sac., SJS)  
 6-10¾ Arne Simonsen(Ceres, SJS/NOR)  
 6-10½ Charles Mayfield(Muir, Pas., SS)  
 6-10 \*Anthony Caire(Plus X, Down., SS)  
 6-10 Mark Langan(Ventura, SS)  
 6-10 John Reich(S. Joaq. Mem., F, CS)  
 6-10 Jess Richardson(Clovis, CS)  
 6-10 Jeff Waters(Alhambra, SS)  
 6-10 Doug Williams(Vacaville, SJS)  
**Pole Vault:**  
 16-1 Gregg Stull(Troy, Fullerton, SS)  
 15-6½ Greg Elles(Menlo-Atherton, CCS)  
 15-6¼ D.J. Bahl(Awalt, Mt. View, CCS)  
 15-6 Ben Mahoney(St. Fran., Mt. V, CCS)  
 15-3 Tony Long(Upland, SS)  
 15-3 Kurt Strassman(Wilson, L.B., SS)

15-2 Rbt. Crumpler(Menlo-Ath., CCS)  
 15-2 \*Mitch Norris(Del Mar, S.J., CCS)  
 15-2 Thoms(Newport Harb., N.B., SS)  
 15-1 Warren Jaques(D. Mar, S.J., CCS)  
**Long Jump:**  
 24-5 Charles Mayfield(Muir, Pas., SS)  
 24-3½ \*Chris Harper(Arlington, SS)  
 23-11¾ John Lea(St. Genevieve, V.N., SS)  
 23-11 Franks(Perris, SS)  
 23-11 Ron McCoy(Edison, Fresno, CS)  
 23-10¾ \*Ken Frazier(Mission, S.F., SFS)  
 23-10½ Rob Rust(Kennedy, L.Palma, SS)  
 23-10½ Ed Tave(Muir, Pas., SS)  
 23-7½ Carl Burton(Ceres, SJS)  
 23-7 Ricky Holliday(Muir, Pas., SS)  
 23-5¾ Craig Stewart(West Covina, SS)  
**Wind-aided:**  
 23-11 \*Mario Montgomery(Banning, SS)  
**Triple Jump:**  
 52-10½ Charles Mayfield(Muir, Pas., SS)  
 51-3 Ricky Holliday(Muir, Pas., SS)  
 50-9 Freeman Miller(Fremont, LA, LAS)  
 50-4¾ Byron Criddle(EI Cerrito, NCS)  
 50-½ \*Ken Frazier(Mission, S.F., SFS)  
 49-0 \*Paul Jones(Kennedy, G.H., LAS)  
 48-10¾ John Bailey(Berkeley, NCS)  
 48-10 Alton Henry(Bakersfield, CS)  
 48-5½ Cedrick Merrick(Lynwood, SS)  
 48-5 \*Vestee Jackson(McLane, F., CS)  
**Wind-aided:**  
 48-9¼ Curtis Johnson(Stagg, Stoc., SJS)  
 48-6½ Eddie Hunter(Franklin, S., SJS)  
**Shot Put:**  
 64-11¾ Chris Doehring(S. Clemente, SS)  
 64-8¾ Scott Garnett(Muir, Pas., SS)  
 62-7 Brett Holden(Hart, Newhall, SS)  
 61-11½ Paul Gates(Banning, Wil., LAS)  
 61-5½ \*Michael Alo(Banning, Wil., LAS)  
 61-½ Cameron Baxter(Folsom SJS)  
 60-7¼ \*Dennis DeSoto(Santa Rosa, NCS)  
 60-5¾ Sidney Dodd(Fairfax, L.A., LAS)  
 59-1¾ Ted Polich(San Marino, SS)  
 59-1½ \*John Frazier(Antel. Val, Lan, SS)  
**Discus:**  
 200-7 Paul Bender(Shafter, CS)  
 190-11 Gary Zimmerman(Walnut, SS)  
 185-8 Jeff Budwig(McLane, Fres., CS)  
 185-7 Eric Olson(Northgt., W.C., NCS)  
 184-8 Scott Hudson(Mission Viejo, SS)  
 183-10 Bill Cookson(Grossmt, S.D., SDS)  
 183-2 Steve Colvin(Lowell, S.F., SFS)  
 182-8 \*Dan Westerfield(Capistr. Val., SS)  
 180-4½ \*Chris Day(Montgom., S.R., NCS)  
 179-3 Jeff Lutz(Lemoore, CS)

WOMEN

**100 Meters:**  
 11.34 \*Sharon Ware(Berkeley, NCS)  
 11.61 Sherri Howard(Kennedy, LAS)  
 11.92 \*Qwendolyn Ward(DeAnza, NCS)  
 11.7 \*Patrice Carpenter(DeAnza, NCS)  
 11.96 \*Bridgette Blackburn(Cajon, SB, SS)  
 11.96 \*Deborah James(Fremont, LA, LAS)  
 12.00 \*Faye Paige(Polytechnic, L.B., SS)  
 12.01 Marbella Washington(Cent., SS)  
 11.8 Char. Zepherin(Morse, S.D., SDS)  
 12.10 \*Zelda Johnson(Garey, Pom., SS)  
**Wind-aided:**  
 11.4 \*Guendolyn Ward(DeAnza, NCS)  
 11.83 \*Bridgette Blackburn(Cajon, SB, SS)  
 11.86 \*Faye Paige(Polytechnic, L.B., SS)  
 11.86 Marbella Washington(Cent., SS)  
 11.7 Marlene Harmon(Thous. O., SS)  
**200 Meters:**  
 23.19 Sherri Howard(Kennedy, LAS)  
 23.62 \*Sharon Ware(Berkeley, NCS)  
 24.05 \*\*Zelda Johnson(Garey, Pom., SS)

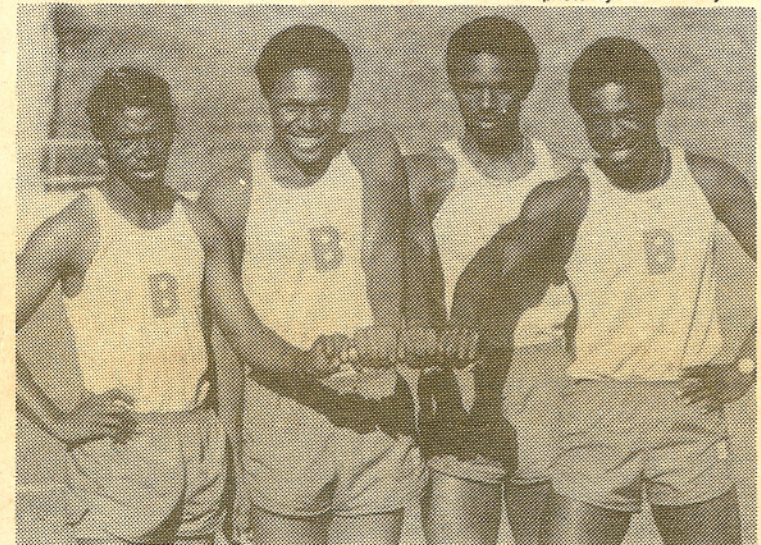
24.08 \*\*Bridg. Blackburn(Cajon, S.B, SS)  
 24.26 Marbella Washington(Cent., SS)  
 24.33\*\* Diane Pullins(Muir, Pas., SS)  
 24.1c \*\*Denean Howard(Kennedy, LA, LAS)  
 24.1c Melanie Markham(Dors., LA, LAS)  
 24.2c Volaney Harris(Oakland, OS)  
 24.3c \*Faye Paige(Polytechnic, L.B., SS)  
**Wind-aided:**  
 24.57 \*Tanaya King(Berkeley, NCS)  
**400 Meters:**  
 51.51 Sherri Howard(Kennedy, LAS)  
 52.58\*\* Denean Howard(Kennedy, LAS)  
 53.51 \*Faye Paige(Polytechnic, L.B., SS)  
 54.36 Volaney Harris(Oakland, OS)  
 54.38\*\* Sherrill Miller(Fremont, Sun., CCS)  
 54.79 Char. Zepherin(Morse, S.D., SDS)  
 55.43 Linda Ransom(Pasadena, SS)  
 55.3 Lisa Peters(Northgate, W.C., NCS)  
 55.3 \*\*Jessica Spies(Livermore, NCS)  
 55.49 Deby Sanders(Edison, Stock., SJS)  
**800 Meters:**  
 2:08.95 \*Louise Romo(Nor., Torrance, SS)  
 2:09.18 Evelyn Acuna(San Gabriel, SS)  
 2:09.41\*\* Renee Durrand(Laguna Bch, SS)  
 2:09.73\*\* Marilyn Davis(Miramonte, NCS)  
 2:09.87\*\* Maria King(Ayer, Milpitas, CCS)  
 2:10.34 Diane Harrell(Palos Verdes, SS)  
 2:10.63 Donna Curtis(Culver City, SS)  
 2:11.29\*\* Carla Johnson(Manual Arts, LAS)  
 2:11.4 \*Tracy Weber(Lynbrook, S.J., CCS)  
 2:11.56 \*Kathy Douglas(Kennedy, R, NCS)  
**1600 Meters:**  
 4:46.71\*\* Polly Plumer(Univ. Irvine, SS)  
 4:47.31\*\* Vicki Cook(Alemany, M.H., SS)  
 4:47.42\*\* Bon. McGlinchey(Fount. V., SS)  
 4:48.57 Lisa Saneli(Campollindo, M, NCS)  
 4:49.57 Staci Kneeshaw(Foothill, S.A, SS)  
 4:49.94 Roxanne Bier(Independ., SJ, CCS)  
 4:52.51c Su-Mei Lee(Eisenhower, Ria., SS)  
 4:55.1c Tracy Weber(Lynbrook, SJ, CCS)  
 4:55.30 Evelyn Acuna(San Gabriel, SS)  
 4:56.5c\*\* Maria King(Ayer, Milpitas, CCS)  
 4:57.4c \*Helke Skaden(Encina, Sac., SJS)  
**3200 Meters:**  
 10:14.78\*\* Vickie Cook(Alemany, M.H., SS)  
 10:28.9c \*Helke Skaden(Encina, S., SJS)  
 10:33.94 \*Michelle Mason(Buena, V., SS)  
 10:35.16 \*Anabel Villanueva(Fount. V., SS)  
 10:36.36 Liz Strangio(Mission SJ, F, NCS)  
 10:37.27\*\* Lori Lopez(Sacred Heart, LA, SS)  
 10:41.4 Evelyn Acuna(San Gabriel, SS)  
 10:41.5 \*\*Robyn MacSwain(T. Lind., NCS)  
 10:42.17 \*Mary Gaffield(EI Cerrito, NCS)  
 10:42.8c Roxanne Bier(Independ., CCS)  
**100 Meter Low Hurdles:**  
 13.4 Judy Young(Berkeley, NCS)  
 13.6 \*Sherifa Sanders(Berkeley, NCS)  
 13.97c Alesia Sweeney(Tamaipais, NCS)  
 14.06 Marlene Harmon(Thous. Oaks, SS)  
 13.9 Val Flemmings(Northgate, NCS)  
 13.9 Laura Mills(Univ., Irvine, SS)  
 14.19c Marilyn Harmon(S. Marcos, SB, SS)  
 14.0 \*Robyne Johnson(Berkeley, NCS)  
 14.26 Tracy Hanlon(Edison, Hunt. B., SS)  
 14.26 Shari Pendleton(Fremont, LA, LAS)  
**Wind-aided:**  
 13.52 Judy Young(Berkeley, NCS)  
 13.58 Marlene Harmon(Thous. Oaks, SS)  
 13.5 \*Sherifa Sanders(Berkeley, NCS)  
 14.13 Tracy Hanlon(Edison, Hunt. B., SS)  
 14.13 Shari Pendleton(Fremont, LA, LAS)  
 14.14 Margo Edwards(Pacific, S.B., SS)  
 14.21 Bonnie Mercer(S. Ana Val, S.A, SS)  
 14.23 \*Robyne Johnson(Berkeley, NCS)  
**4 X 100:**  
 45.81 Kennedy, Granada Hills, LAS  
 45.7 Berkeley, NCS  
 46.06 Polytechnic, Long Beach, SS

46.21 Fremont, Los Angeles, LAS  
 46.23 DeAnza, Richmond, NCS  
 47.2c Cordova, Rancho Cordova, SJS  
 47.51 Cajon, San Bernardino, SS  
 47.64c Manual Arts, Los Angeles, LAS  
 47.73 Pacific, San Bernardino, SS  
 47.86c Ganesha, Pomona, SS  
**4 X 200:**  
 1:36.7 Berkeley, NCS  
 1:38.1 Kennedy, Granada Hills, LAS  
 1:40.5 DeAnza, Richmond, NCS  
 1:41.1 Polytechnic, Long Beach, SS  
**4 X 400:**  
 3:37.98 Kennedy, Granada Hills, LAS  
 3:39.83 Polytechnic, Long Beach, SS  
 3:42.79 Manual Arts, Los Angeles, LAS  
 3:46.7 Berkeley, NCS  
 3:49.68 Thousand Oaks, SS  
 3:50.55 Fremont, Los Angeles, LAS  
 3:50.90 North, Torrance, SS  
 3:51.05 Cajon, San Bernardino, SS  
 3:51.98 Pasadena, SS  
 3:53.4 Campollindo, Moraga, NCS  
**High Jump:**  
 6-0 \*Karen Lysaght(St. Franc., Sac, SJS)  
 6-0 Sue McNeal(Carlsbad)  
 5-10 Lisa Greenfield(Redwd., Lar, NCS)  
 5-10\*\*\* Tonya Mendonca(Mt. Whitney, CS)  
 5-10 Linda Soja(Polytechnic, S.V., LAS)  
 5-9¼ Trish King(Menlo-Atherton, CCS)  
 5-9 \*\*Cheryl Bishop(Berkeley, NCS)  
 5-9 \*Teri McCunniff(Newport Harb., SS)  
 5-8¼ Laura Mills(Univ., Irvine, SS)  
 5-8¼ \*Karen Robinson(Fremont, S., CCS)  
**Long Jump:**  
 20-8¾ Marlene Harmon(Thous. O., SS)  
 19-4¾ Joanna Harper(Fremont, LA, LAS)  
 19-4¾ Chandra Roberts(Cerritos, SS)  
 19-4 \*Robyne Johnson(Berkeley, NCS)  
 19-3¼ \*Sherifa Sanders(Berkeley, NCS)  
 19-2½ Melanie Markham(Dorsey, LAS)  
 19-1½ Lesia Jackson(Ter. Linda, NCS)

18-11¾ \*Wynde Grey(Marshall, Pas., SS)  
 18-11½ Taylor(Washington, L.A., LAS)  
 18-10½\*\* Shelia Frye(Polytechnic, L.B., SS)  
**Shot Put [4 Kilo]:**  
 48-11¾ Susie Ray(Villa Park, SS)  
 48-4½\*\*\* Natalie Kaaiwahia(Fullert., SS)  
 45-2¼ Sharon Hamilton(S. Monica, SS)  
 44-9 \*Yolanda Fletcher(Crensh., LAS)  
 44-8½ Leslie Deniz(Gridley, NS)  
 44-2¼ \*Deborah Corley(Garces, B., CS)  
 44-1½ \*Mel Rodriguez(Mariposa, SJS)  
 43-8½c Jackie Sheffield(Eisenhow., SS)  
 42-11½c \*Sue Compton(Marian, I.B., SDS)  
 42-10½ Langston(Arlington, River., SS)  
**Discus:**  
 178-8 Leslie Deniz(Gridley, NS)  
 160-2 \*Laura DeSnoo(Washing., Fr., NCS)  
 150-7 Donna Hollingworth(Chaffey, SS)  
 147-9 \*Sue Compton(Marian, I.Bch, SDS)  
 143-4 Barrie Greer(Ramona, River., SS)  
 142-11 \*Mel Rodriguez(Mariposa, SJS)  
 142-7 Liz Mueller(Vista, SDS)  
 141-6 Carolyn Perkins(Westmoor, CCS)  
 138-5 Kathy Kahn(San Luis Obispo, SS)  
 136-10 Wendy Bradshaw(Saugus, SS)

Key: \* = junior, \*\* = sophomore, \*\*\* = freshman, CCS = Central Coast Section, CS = Central Section, LAS = Los Angeles Section, NCS = North Coast Section, NS = Northern Section, SDS = San Diego Section, SJS = Sac Joaquin Section, SS = Southern Section, c = converted, i = indoor. The automatic times (listed in 100ths) which make the lists have been placed in positions of relative "value" by assigning a conversion factor of either 0.24 (100,200,110HH) or 0.14 (400).  
 NOTE: Please send all summer performances to Keith Conning, so that they may be reported and included in the list.

photo by Don Gosney



Berkeley Mile Relay Team: (l to r) Kenny Robinson, Ulysee Walker, Pete Richardson, Charles Clewis

3:28.9 Tulare, CS  
 3:29.4 Berkeley, NCS  
**Distance Medley:**  
 10:12.2 Thousand Oaks, SS  
 10:12.6 Santa Barbara, SS  
 10:15.9 San Geronio, S. Bernardino, SS  
 10:20.0 Henry, San Diego, SDS  
 10:21.2 Edison, Huntington Beach, SS  
 10:22.18 Mission San Jose, Fremont, NCS  
 10:22.78 Oakland, OS

**Decathlon:**  
 6529 Darren Hall(Enterprise, Red., NS)  
**High Jump:**  
 7-1 Greg Denby(Crenshaw, L.A., LAS)  
 6-11½ Ivan Morris(Johnson, Sac., SJS)  
 6-10¾ Arne Simonsen(Ceres, SJS/NOR)  
 6-10½ Charles Mayfield(Muir, Pas., SS)  
 6-10 \*Anthony Caire(Plus X, Down., SS)  
 6-10 Mark Langan(Ventura, SS)  
 6-10 John Reich(S. Joaq. Mem., F, CS)  
 6-10 Jess Richardson(Clovis, CS)  
 6-10 Jeff Waters(Alhambra, SS)  
 6-10 Doug Williams(Vacaville, SJS)

**Pole Vault:**  
 16-1 Gregg Stull(Troy, Fullerton, SS)  
 15-6½ Greg Elles(Menlo-Atherton, CCS)  
 15-6¼ D.J. Bahl(Awalt, Mt. View, CCS)  
 15-6 Ben Mahoney(St. Fran., Mt. V, CCS)  
 15-3 Tony Long(Upland, SS)  
 15-3 Kurt Strassman(Wilson, L.B., SS)

185-7 Eric Olson(Northgt., W.C., NCS)  
 184-8 Scott Hudson(Mission Viejo, SS)  
 183-10 Bill Cookson(Grossmt., S.D., SDS)  
 183-2 Steve Colvin(Lowell, S.F., SFS)  
 182-8 \*Dan Westerfield(Capistr. Val., SS)  
 180-4½ \*Chris Day(Montgom., S.R., NCS)  
 179-3 Jeff Lutz(Lemoore, CS)

**WOMEN**

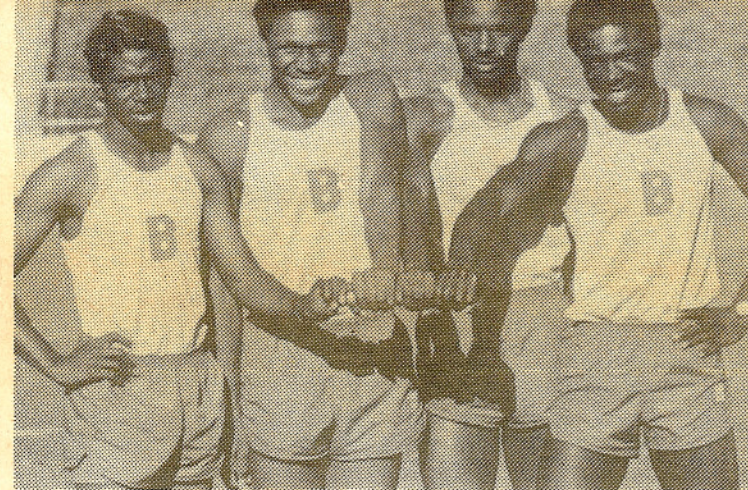
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**Wind-aided:**  
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 11.86 \*Faye Paige(Polytechnic, L.B., SS)  
 11.86 Marbella Washington(Cent., SS)  
 11.7 Marlene Harmon(Thous. O., SS)

**200 Meters:**  
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 23.62 \*Sharon Ware(Berkeley, NCS)  
 24.05 \*\*Zelda Johnson(Garey, Pom., SS)

10:35.16 \*Anabel Villanueva(Fount. V., SS)  
 10:36.36 Liz Strangio(Mission SJ, F, NCS)  
 10:37.27\*\*Lori Lopez(Sacred Heart, LA, SS)  
 10:41.4 Evelyn Acuna(San Gabriel, SS)  
 10:41.5 \*\*Robyn MacSwain(T. Lind., NCS)  
 10:42.17 \*Mary Gaffield(EI Cerriot, NCS)  
 10:42.8c Roxanne Bier(Independ., CCS)

**100 Meter Low Hurdles:**  
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 14.06 Marlene Harmon(Thous. Oaks, SS)  
 13.9 Val Flemmings(Northgate, NCS)  
 13.9 Laura Mills(Univ., Irvine, SS)  
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 14.0 \*Robyne Johnson(Berkeley, NCS)  
 14.26 Tracy Hanlon(Edison, Hunt. B., SS)  
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 13.5 \*Sherifa Sanders(Berkeley, NCS)  
 14.13 Tracy Hanlon(Edison; Hunt. B., SS)  
 14.13 Shari Pendleton(Fremont, LA, LAS)  
 14.14 Margo Edwards(Pacific, S.B., SS)  
 14.21 Bonnie Mercer(S. Ana Val, S.A., SS)  
 14.23 \*Robyne Johnson(Berkeley, NCS)

**4 X 100:**  
 45.81 Kennedy, Granada Hills, LAS  
 45.7 Berkeley, NCS  
 46.06 Polytechnic, Long Beach, SS



Berkeley Mile Relay Team: (l to r) Kenny Robinson, Ulysee Walker, Pete Richardson, Charles Clewis



photo by Jim Engle

**Gwendolyn Ward**

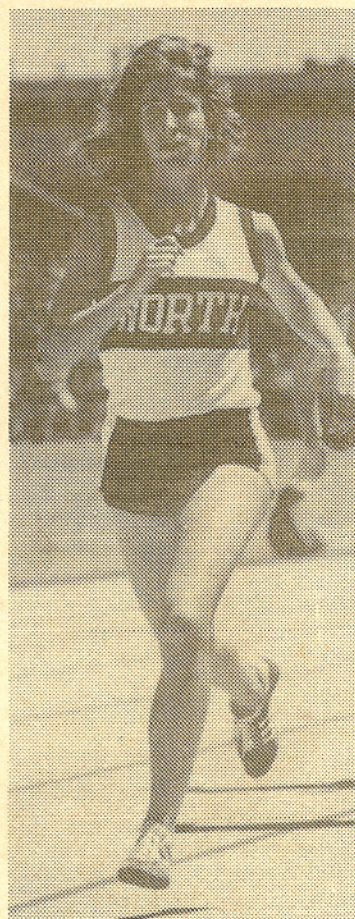


photo by Don Gosney

**Louise Romo**

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# MASTERS SCENE

by MARTY HIGGINBOTHAM

We hope that our "Masters Scene" has pleased our submaster/master readers. Also I hope that with each issue we will improve. I encourage you to send any bits of information pertaining to submaster and master athletes to us. Also any suggestions you might have are very welcome.

In our next issue we'll have the results of the Bartlett's Independence Day Run held in Visalia. This is the first road race in the Central Valley that is designed to cater to submaster and master runners. Hopefully it will spark an interest in promoting other races designed for submaster and master competitors.

The big masters track event in July is the Senior Olympics which will be held in Los Angeles. California Track & Running News wishes the best of luck to all participants!

Looking farther into the future, August 16 & 17 will bring the very exciting 4th Annual Pan American Masters Track and Field Championships. The meet is being

co-sponsored by Home Savings and the Southern California Striders. It will be held at Cromwell Field, USC in Los Angeles. The Pan American Games are the only International masters track and field competition being held in the United States this year. Participants from Mexico, Venezuela, Columbia and other Latin American countries will compete with our United States athletes in this very prestigious event. Many of the best submaster and master competitors in the Western Hemisphere will be taking part. We hope to see many of our California athletes participating in what could be the largest masters track and field meet on the West Coast.

There has been a late addition to the masters track schedule for this summer. It is the First Annual Redlands Kiwanis Masters Meet at the University of Redlands on Saturday, July 26th. Contact Buzz Wagner, 1522 Margarita Dr., Redlands 92373.

(CDM) 10-6; 2. Hal Wallace (STC) 10-0; 3. Vern Wolfe (Unat) 10-0. **Men 60-69:** 1. Elmer Siegel (CDM) 7-6; 2. Bill Burke (CDM) 7-0.

**SHOT PUT:**

**Women 40-49:** 1. Shirley Kinsey (CDM) 26-9/4. **Men 30-39:** 1. Mike Deller (Unat) 46-6 1/2; 2. Jim Knight (LAPD) 39-4 1/2; 3. Jerry Eibert (CW) 30-8 1/2. **Men 40-49:** 1. Don Holmes (LAPD) 41-9; 2. Dave Douglas (SCS) 30-9; 3. Ray Fitzhugh (CDM) 28-3/4. **Men 50-59:** 1. Hal Wallace (STC) 39-7 3/4; 2. Tom Allison (CDM) 32-10 1/2; 3. Jack Morrill (Unat) 28-1. **Men 60-69:** 1. Jack Thatcher (CDM) 47-0 1/2; 2. Jim Minah (CW) 42-10 1/2; 3. Bill Burke (CDM) 40-9. **Men 70+:** 1. Stan Herrman (CDM) 33-10; 2. Randy Hubbell (NM) 30-0 1/2; 3. John Whittemore (CW) 24-8 1/2.

**JAVELIN:**

**Women 40-49:** 1. Chrystal Miller (CDM) 104-7; 2. Shirley Kinsey (CDM) 69-7. **Men 30-39:** 1. Rudy Figueroa (SCS) 125-6; 2. Ed Boulden (BSW) 105-8; 3. Jerry Eibert (CW) 102-4. **Men 40-49:** 1. Gary Bane (SCS) 135-1; 2. Hal Smith (SCS) 130-11; 3. Dave Douglass (SCS) 118-8. **Men 50-59:** 1. Pete Fetter (CDM) 146-7; 2. Hal Wallace (STC) 125-10; 3. Jerry Wojcik (Unat) 117-10. **Men 60-69:** 1. Bill Burke (CDM)

(CDM) 8.5. **Men 40-49:** 1. Dave Jackson (CDM) 9.0; 2. Al Henry (CDM) 9.0; 3. Ernest McBride (CDM) 9.2. **Men 50-59:** 1. Tom Patsalis (CDM) 9.9; 2. Bob Hunt (SCS) 10.4; 3. Milton Creange (CWk) 13.6. **Men 60-69:** 1. Burl Gist (CDM) 10.0; 2. Jack Rawls (Unat) 10.1; 3. Al Guidet (CDM) 18.3.

**100 METER DASH:**

**Women:** 1. Chrystal Miller (CDM) 14.2; 2. Jeanne Carter (SCS) 14.9; 3. Shirley Kinsey (CDM) 15.4. **Men 30-39:** 1. Herman Franklin (SCS) 11.1; 2. Glenn Johnson (CDM) 11.2; 3. Reggie Davis (CDM) 11.2. **Men 40-49:** 1. Doug Smith (CDM) 11.6; 2. Lewis Smith (SCS) 11.8; 3. Malik Salem (SCS) 12.1. **Men 50-59:** 1. Robert Watanabe (STC) 12.5; 2. Tom Patsalis (CDM) 12.6; 3. Pete Fetter (CDM) 12.7. **Men 60-69:** 1. Al Guidet (CDM) 13.6; 2. Byron Walls (CDM) 13.9; 3. Jack Rawls (Unat) 14.0. **Men 70+:** 1. Anthony Castro (SCS) 14.8.

**3000 METER RUN:**

**Men 30-39:** 1. Ron Hanson (Unat) 9:24.2; 2. Ed Bouldin (BSV) 10:18.2; 3. Joe Evanish (GDM) 12:01.0. **Men 40-49:** 1. James Murphy (SCS) 9:57.3; 2. Tom Sturak (SCS) 9:58.9; 3. Gary Smith (SCS) 10:31.0. **Men 50-59:** 1. Pete Mundle (SMTC) 9:59.7; 2. Walt Atcheson (SCS) 10:59.0; 3. Bruce Robinson (CCAC) 11:37.0. **Men 60-69:** 1. George Poloynis (Unat) 10:35.0; 2. John Garcia (CCAC) 10:37.0.

**400 METER RELAY:**

**Men 30-39:** 1. Southern California Striders (Jackson, Franklin, Ferguson, Sumner) 42.6. **Men 40-49:** 1. Corona Del Mar (Henry, Smith, Segal, Miller) 44.3. **Men 50-59:** 1. Corona Del Mar (Hart, Clayton, Fetter, Guidet) 50.9.

**800 METER RELAY:**

**Men 30-39:** 1. Corona Del Mar (Spikes, Davis, Roberson, Johnson) 1:29.2. **Men 40-49:** 1. Corona Del Mar (Jackson, Segal, Adams, Smith) 1:36.2. **Men 50-59:** 1. Seniors Track Club (Dawkins, Wagner, Waits, Watanabe) 1:47.8

**SPRINT MEDLEY RELAY:**

**Men 30-39:** 1. Corona Del Mar (Roberson, Spikes, Davis, Barry) 1:31.0. **Men 40-49:** 1. Southern California Striders 1:36.2. **Men 50-59:** 1. Wallace, Wagner, Watanabe, Dawkins) 1:50.7.

**SHUTTLE HURDLE RELAY:**

Corona Del Mar (Jackson, Adams, Fitzhugh, Sallinger) 39.0.

**DISTANCE MEDLEY RELAY:**

**Men 40-49:** 1. Southern California Striders (Smith, Kalschmidt, Miller, Carrington) 12:05.8. **Men 50-59:** 1. Corona Del Mar (Beadle, Wagner, Buchanan, Garcia) 14:14.3.

**8-MAN MILE RELAY:**

Corona Del Mar 3:47.5.

## Grandfather Games

by Marty Higginbotham

**May 24, Van Nuys: 10th Annual Grandfather Games.**

After heavy rains the Grandfather Games scheduled for May 10 were moved to May 24th. Despite the sudden date change many athletes still took part, and some excellent performances were turned in.

In the submasters category John Perry clocked a new meet record 1:59.89 for the 800 meters, this earned him outstanding track performer in the 30-39 division. Tim Knappen cleared 14-6 in the pole vault to be named outstanding field performer.

The 40-49 division had five new meet records established. Ken Dennis blazed a 22.70 200 meters and a 11.15 100 meters which gave him outstanding track performance honors, while James Hart captured the shot put at 43-9 and discus with 136-7 to take the outstanding field event trophy.

Don Cheek who has been absent from masters track for several years returned in 1980 in style with his 50-59 sprint domination as he took the 100 at 12.22 and the 200 at 24.59, then 400 at 55.75. His 200 and 400 meter times established new meet records. Cheek was also awarded the outstanding track performer for his excellent marks. Hal Wallace took the outstanding field event honors by winning the pole vault and nabbing seconds in the shot put and javelin.

The big news in the 60-69 division was horizontal jumper Gordon Farrell who smashed his own world triple jump record in the 60-64 category. He sailed 39 feet, almost 2 feet better than the previous record of 37-2 1/2. Farrell also won the long jump with a healthy 16-9 leap. Other double winners were Byron Walls in the short sprints, and Burl Gist in the high hurdles and high jump.

In the 70 and over division the outstanding track performer was Anthony Castro of the Southern California Striders who clocked 14.31 to win the 100 meters and ran to victory in the 200 with a time of 29.72. Bob MacConaghy earned outstanding field performer by winning the pole vault in a new meet record. Red Doms of the Southern California Striders took a first in the javelin, second in the discus and thirds in the shot and hammer events.

In the women's category four new meet records were set; most noteworthy was in the 5000 meter walk where Diane Uribe clocked 28:48. This earned her outstanding woman track performer of the meet. The outstanding field event performer went to Karen Huff, who threw the javelin 92-7 and tossed the shot 29-8 to win both events.

**WOMEN**

100: 1. Gloria Armelin 14.30; 2. Jeanne Carter 14.50; 3. Jane Dods. 200: 1. Jeanne Carter 30.62; 2. Jane Dods 31.11;

**MEN 40-49**

100: 1. Ken Dennis 11.15; 2. Doug Smith 11.38; 3. H. Lewis Smith 11.73. 200: 1. Ken Dennis 22.70; 2. Dave Segal 23.04; 3. Nick Newton 23.56. 400: 1. Nick Newton 51.11wr; 2. George Cohen 53.34; 3. Michael Destafano 55.12. 800: 1. Mel Elliot 2:03.3; 2. George Cohen 2:07.6; 3. Lou Mayers 2:11.4. 1500: 1. George Cohen 4:30.1; 2. Lou Mayers 4:37.9; 3. Skip Witt 4:39.7. 5000: 1. Gary Smith 18:07.0; 2. Al Barrett 18:15.0; 3. Peter Alexander 18:52.1. 10 High Hurdles: 1. Al Henry 15.24; 2. Gary Bane 16.81; 3. Bob Plassmeyer 16.98. 400 Intermediates: 1. Bob Plassmeyer 67.15; 2. Al Sheehan 67.20. 5000 Walk: 1. John Kelly 26:42.0; 2. Mike Hiller 36:35.2; 3. Ken Plumb 39:05.8. 10,000: 1. Gary Smith 38:46.5; 2. Mike Hiller 45:28.8. 400 Relay: 1. Corona Del Mar 44.31; 2. So. Cal Striders 45.99. 1600 Relay: 1. So. Cal Striders 3:45.6. Long Jump: 1. Al Henry 19-8; 2. Dave Jackson 18-0; 3. Alvis Andrews 17-5 1/2. Triple Jump: 1. Dave Jackson 43-0 1/4; 2. Al Henry 37-5 1/2. High Jump: 1. Gary Bane 5-6; 2. Leon Frankamp 5-5; 3. Nick Newton 5-4. Pole Vault: 1. Gary Bane 11-0; 2. Bob Harmes 8-7. Discus: 1. James Hart 136-7; 2. Ed VanPelt 132-0; 3. Richard Kinnerly 100-1. Shot Put: 1. James Hart 43-9; 2. John Callahan 35-1 1/2; 3. Fred Fate 31-6. Javelin: 1. Gary Bane 131-11; 2. Dave Douglass 99-8; 3. Fred Fate 89-8. Hammer: 1. James Hart 115-10; 2. Dave Douglass 104-2; 3. Fred Fate 99-9.

**MEN 50-59**

100: 1. Don Cheek 12.22; 2. Bob Watanabe 12.42; 3. Oswald Dawkins 12.84. 200: 1. Don Cheek 24.59; 2. Bob Watanabe 25.70; 3. Oswald Dawkins 25.86. 400: 1. Don Cheek 55.75; 2. Gene Hart 58.50. 800: 1. Walt Atcheson 2:22.2; 2. Louis Beadle 2:25.3; 3. Avery Bryant 2:25.5. 1500: 1. Leonard Waits 4:43.9; 2. Avery Bryant 4:52.0; 3. Walt Atcheson 4:55.1. 5000: 1. Pete Mundle 17:38.0; 2. Patrick Devine 19:08.2; 3. Bruce Robinson 19:13.4. 10,000: 1. Bruce Robinson 39:54.0; 2. Howard King 41:25.0; 3. John McManus 42:40.0. 5000 Walk: 1. Milton Creange 29:44.0. 65 Hurdles: 1. Bob Higginbotham 11.01; 2. Hal Wallace 11.08. 400 Hurdles: 1. Bob Hunt 75.00. 400 Relay: 1. Corona Del Mar 48.70; 2. Seniors Track Club 50.31. 1600 Relay: 1. Corona Del Mar 4:06.1; 2. Seniors Track Club 4:06.7. Long Jump: 1. Phil Schlegel 16-9; 2. Bob Higginbotham 16-0; 3. Dave Brown 14-0 1/2. High Jump: 1. Ed Austin 5-5; 2. Shirley Davison 5-2; 3. Dave Brown 4-8. Pole Vault: 1. Hal Wallace 10-6; 2. Don Grosh 10-0; 3. Dave Brown 9-0. Shot Put: 1. Tom Allison 39-0 1/2; 2. Hal Wallace 37-11; 3. Bob Stone 34-5. Discus: 1. Sid Neblett 131-9; 2. Tom Allison 123-4; 3. Hal Wallace 115-4. Javelin: 1. Pete Fetter 139-10; 2. Hal Wallace 126-5; 3. Jerry Wojcik 121-9. Hammer: 1. Bob Stone 107-3; 2. Jerry Wojcik 104-0; 3. Frank DeBernardi 77-1.

**MEN 60-69**

100: 1. Byron Walls 13.67; 2. Bill Morales 13.91; 3. Bob Hunt 15.00. 200: 1. Byron Walls 28.70; 2. Bob Hunt 29.39; 3. George Poloynis 30.14. 400: 1. Bob Hunt

## Striders Relays

by Marty Higginbotham

**May 17, Cal State Northridge: Striders Masters Relays.**

The Striders Relays turned out to be a very successful meet. Many athletes participated with a variety of master clubs being represented.

Some very noteworthy performances were turned in. In the women 40-49 division Shirley Kinsey of the Corona Del Mar Track Club took first in the shot put and discus and nabbed a second in the javelin.

Tom Patsalis in the 50-59 category also of CDM took firsts in the long, triple jump, 60 meter hurdles and a second in the 100 meter dash. In the 70 and over division the throws were dominated by Randy Hubbell and Stan Horrman. Hubbell captured the hammer and javelin events and took seconds in the shot put and discus. Herrman was the winner in the shot put and discus and nabbed



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In the men's 40-49 division 3000 meter run the Southern California Striders made a clean sweep. James Murphy led the troops with a 9:57.3, followed by Tom Sturak in 9:58.9 and Gary Smith clocking 10:31.0 for third. Another sweep came in the women's 10 kilometer walk where Vicki Jones, Shiela Smith and Rose Kash swept the top three spots, all are members of the Cal Walkers.

Corona del Mar and Southern Cal Striders dominated most all the relay events.

### HAMMER:

**Men 30-39:** 1. Mike Deller (Unat) 137-7. **Men 40-49:** 1. Dave Douglas (SCS) 104-0. **Men 50-59:** 1. Jerry Wojcik (Unat) 104-0; 2. Jack Morrill (Unat) 85-6; 3. Robt. Perry (CDM) 78-8; 4. Emson Grimm (STC) 57-2. **Men 60-69:** 1. Jim Minah (CW) 117-10; 2. Joe Sanz (CDM) 106-0; 3. Bill Burke (CDM) 87-0. **Men 70+:** 1. Randy Hubbell (Nat) 92-8; 2. Stan Herrmann (CDM) 78-10; 3. J. Whittemore(80)(CW) 54-11.

### LONG JUMP:

**Women 30-39:** 1. S. Rowe (Unat) 10-3; 2. K. Behmke (Unat) 7-1. **Women 40-49:** 1. Crystal Miller (CDM) 13-0. **Men 30-39:** 1. Carl Flowers (AA) 21-6; 2. Larry Sallinger (CDM) 19-5; 3. Richard Lewis (SCS) 18.9. **Men 40-49:** 1. Dave Jackson (CDM) 18-6½; 2. Gary Bane (SCS) 17-4; 3. Ray Fitzhugh (CDM) 17-3½. **Men 50-59:** 1. Tom Patsalis (CDM) 18-8; 2. Dave Brown (CDM) 14-11; 3. Milt Creange (CWk) 12-6½. **Men 60-69:** 1. Jack Rawls (Unat) 14-2; 2. Burl Gist (CDM) 14-0½; 3. Bill Burke (CDM) 13-11.

### POLE VAULT:

**Men 30-39:** 1. Tim Knappen (Unat) 14-6; 2. Rudy Figueroa (SCS) 8-0. **Men 40-49:** 1. Vic Cook (SCS) 13-6; 2. Ed Oleata (SDTC) 12-0; 3. Tom Woodring (Unat) 11.6. **Men 50-59:** 1. Dave Brown

(CDM) 10-6; 2. Hal Wallace (STC) 10-0; 3. Vern Wolfe (Unat) 10-0. **Men 60-69:** 1. Elmer Siegel (CDM) 7-6; 2. Bill Burke (CDM) 7-0.

### SHOT PUT:

**Women 40-49:** 1. Shirley Kinsey (CDM) 26-9¾. **Men 30-39:** 1. Mike Deller (Unat) 46-6½; 2. Jim Knight (LAPD) 39-4½; 3. Jerry Elbert (CW) 30-8½. **Men 40-49:** 1. Don Holmes (LAPD) 41-9; 2. Dave Douglas (SCS) 30-9; 3. Ray Fitzhugh (CDM) 28-3¾. **Men 50-59:** 1. Hal Wallace (STC) 39-7¾; 2. Tom Allison (CDM) 32-10½; 3. Jack Morrill (Unat) 28-1. **Men 60-69:** 1. Jack Thatcher (CDM) 47-0½; 2. Jim Minah (CW) 42-10½; 3. Bill Burke (CDM) 40-9. **Men 70+:** 1. Stan Herrmann (CDM) 33-10; 2. Randy Hubbell (NM) 30-0½; 3. John Whittemore (CW) 24-8½.

### JAVELIN:

**Women 40-49:** 1. Chrystal Miller (CDM) 104-7; 2. Shirley Kinsey (CDM) 69-7. **Men 30-39:** 1. Rudy Figueroa (SCS) 125-6; 2. Ed Boulden (BSW) 105-8; 3. Jerry Elbert (CW) 102-4. **Men 40-49:** 1. Gary Bane (SCS) 135-1; 2. Hal Smith (SCS) 130-11; 3. Dave Douglass (SCS) 118-8. **Men 50-59:** 1. Pete Fetter (CDM) 146-7; 2. Hal Wallace (STC) 125-10; 3. Jerry Wojcik (Unat) 117-10. **Men 60-69:** 1. Bill Burke (CDM) 117-4; 2. Joe Sanz (CDM) 79-6. **Men 70+:** 1. Randy Hubbell (NM) 79-0; 2. John Whittemore (80)(CW) 60-5.

### TRIPLE JUMP:

**Men 50-59:** 1. Tom Patsalis (CDM) 39-4; 2. Dave Brown (CDM) 31-1½. **Men 60-69:** 1. Bob Ogle (CDM) 29-10½; 2. John Damski (SFVTC) 29-0; 3. George Poloynis (Unat) 27-8½.

### HIGH JUMP:

**Men 30-39:** 1. Charlie Rader (SCS) 6-4¼; 2. Tim Knappen (Unat) 5-10; 3. Rudy Figueroa (SCS) 4-8. **Men 40-49:** 1. Nick Newton (SCS) 5-8; 2. Ray Fitzhugh (CDM) 5-2; 3. Ed Oleata (SDTC) 5-2. **Men 50-59:** 1. Dave Brown (CDM) 4-10¾; 2. Hal Wallace (STC) 4-8; 3. Milton Creange (CWk) 4-4. **Men 60-69:** 1. Burl Gist (CDM) 4-10¾; 2. Bob Ogle (CDM) 4-6; 3. John Damski (SFVTC) 4-4.

### DISCUS:

**Women 40-49:** 1. Shirley Kinsey (CDM) 77-2¾. **Men 30-39:** Mike Deller (Unat) 149-2; 2. Tom Fahey (WVTC) 137-1; 3. Jerry Elbert (CW) 122-11. **Men 40-49:** 1. Ed Van Pelt (CDM) 132-4; 2. Hal Smith (SCS) 114-2; 3. Ray Straessle (Unat) 94-9. **Men 50-59:** 1. Tom Allison (CDM) 118-3; 2. Hal Wallace (STC) 114-9; 3. Jerry Wojcik (Unat) 86-4. **Men 60-69:** 1. Neel Buell (CDM) 125-2; 2. Jack Thatcher (CDM) 122-3; 3. Bill Burke (CDM) 116-10. **Men 70+:** 1. Stan Herrmann (CDM) 93-5; 2. Randy Hubbell (NM) 75-0; 3. J. Whittemore (80)(CW) 71-7.

### 10K WALK:

**Women:** 1. Vicki Jones (CWk) 56:56.8; 2. Shiela Smith (CWk) 66:31.6; 3. Rose Kash (CWk) 75:02.1. **Men 30-39:** 1. Ed Bouldin (BSW) 48:31.2. **Men 50-59:** 1. Milt Creange (CWk) 63:41.5. **Men 60-69:** 1. Hal McWilliams (CWk) 63:06.4; 2. J. Garcia (CCA) 63:17; 3. Robt. Long (SCS) 72:10. **Men 70+:** 1. Ches Unruh (SDTC) 73:01.1.

### 60 METER HURDLES:

**Men 30-39:** 1. Walt Butler (SCS) 8.2; 2. David Kurrie (SCS) 8.4; 3. Larry Sallinger

(CDM) 10-6; 2. Hal Wallace (STC) 10-0; 3. Vern Wolfe (Unat) 10-0. **Men 60-69:** 1. Elmer Siegel (CDM) 7-6; 2. Bill Burke (CDM) 7-0.

### SPRINT MEDLEY RELAY:

**Men 30-39:** 1. Corona Del Mar (Roberson, Spikes, Davis, Barry) 1:31.0. **Men 40-49:** 1. Southern California Striders 1:36.2. **Men 50-59:** 1. Wallace, Wagner, Watanabe, Dawkins) 1:50.7.

### SHUTTLE HURDLE RELAY:

Corona Del Mar (Jackson, Adams, Fitzhugh, Sallinger) 39.0.

### DISTANCE MEDLEY RELAY:

**Men 40-49:** 1. Southern California Striders (Smith, Kalschmidt, Miller, Carrington) 12:05.8. **Men 50-59:** 1. Corona Del Mar (Beadle, Wagner, Buchanan, Garcia) 14:14.3.

### 8-MAN MILE RELAY:

Corona Del Mar 3:47.5.



photo by Jim Engle

Judy Fox

jump with a 6-foot-10 leap. Other double winners were Byron Walls in the short sprints, and Burl Gist in the high hurdles and high jump.

In the 70 and over division the outstanding track performer was Anthony Castro of the Southern California Striders who clocked 14.31 to win the 100 meters and ran to victory in the 200 with a time of 29.72. Bob MacConaghy earned outstanding field performer by winning the pole vault in a new meet record. Red Doms of the Southern California Striders took a first in the javelin, second in the discus and thirds in the shot and hammer events.

In the women's category four new meet records were set; most noteworthy was in the 5000 meter walk where Diane Uribe clocked 26:48. This earned her outstanding woman track performer of the meet. The outstanding field event performer went to Karen Huff, who threw the javelin 92-7 and tossed the shot 29-8 to win both events.

### WOMEN

**100:** 1. Gloria Armelin 14.30; 2. Jeanne Carter 14.50; 3. Jane Dods. **200:** 1. Jeanne Carter 30.62; 2. Jane Dods 31.11; 3. Shirley Kinsey 31.90. **5000:** 1. Diane Uribe 27:48.0. **5000 Walk:** 1. Diane Uribe 26:48.0; 2. Jeannine Burk 34:32.0; 3. Rose Kash 35:12.0, 10,000: 1. Barbara Terhune 39:37.5. **Long Jump:** 1. Gloria Armelin 13-4; 2. Christel Miller 12-9½; 3. Edith Mendyka 8-7. **Shot Put:** 1. Karen Huff 29-8; 2. Shirley Kinsey 26-3½; 3. Edith Mendyka 25-10. **Discus:** 1. Shirley Kinsey 84-7; 2. Catie Burke 61-8; 3. Edith Mendyka 56-4. **Javelin:** 1. Karen Huff 92-7; 2. Christel Miller 91-5; 3. Shirley Kinsey 64-2.

### MEN 30-39

**100:** 1. Mike Jackson 10.97; 2. Steve Caminetti 11.19; 3. Joe Evanish 12.84. **200:** 1. Joe Evanish 26.39. **400:** 1. Sam Pinterpe 51.81; 2. Fred Ledder 55.65; 3. Mike Smith 62.05. **800:** 1. John Perry 1:59.9; 2. Sam Pinterpe 2:11.2; 3. Rudy Figueroa 2:16.2. **1500:** 1. Robert Kihara 4:42.0; 2. Rudy Figueroa 5:12.5; 3. George Cummins 5:13.3. **5000:** 1. Skip Witt 17:48.0; 2. Mike Smith 25:40.0. **110 High Hurdles:** 1. Theo Viltz 15.00; 2. Steve Caminetti 15.69; 3. Cecil Peoples 16.75. **400 Intermediates:** 1. Rudy Figueroa 72.14; 2. Jack Schmitz 81.80. **5000 Walk:** 1. Mike Smith 31:36.5, 10,000: 1. Bob Miller 36:21.4; 2. Skip Witt 36:47.1. **400 Relay:** 1. Southern California Striders 47.89. **1600 Relay:** 1. Corona Del Mar 4:40.7. **Long Jump:** 1. Fred Ledder 18-2½; 2. James Ball 17-1½; 3. R. Kiehm 16-7. **Triple Jump:** 1. Paul Klein 37-3; 2. Rudy Figueroa 27-10½; 3. Mike Smith 26-1½. **High Jump:** 1. Lloyd Higgins 6-1; 2. Tim Knappen 6-0; 3. Fred Ledder 5-6. **Pole Vault:** 1. Tim Knappen 14-6; 2. Warren Cummings 13-6; 3. Rudy Figueroa 9-0. **Shot Put:** 1. Mike Dellen 45-0; 2. Warren Cummings 37-3; 3. Ron Barboza 36-6½. **Discus:** 1. 159-6; 2. Mike Dellen 149-0; 3. Warren Cummings 120-8. **Javelin:** 1. Dick Selby 178-11; 2. F. Rock 152-10; 3. Warren Cummings 146-10.

### MEN 60-69

**100:** 1. Byron Walls 13.67; 2. Bill Morales 13.91; 3. Bob Hunt 15.00. **200:** 1. Byron Walls 28.70; 2. Bob Hunt 29.39; 3. George Poloynis 30.14. **400:** 1. Bob Hunt 65.05; 2. Alfonso Perez 66.89; 3. George Poloynis 68.33. **800:** 1. George Poloynis 3:03.5. **1500:** 1. Ed Stotsenberg 5:32.0; 2. John Garcia 6:06.3. **5000 Walk:** 1. John Garcia 29:50.0; 2. Bob Long 35:07.0; 3. Joe Wehrly 52:13.5. **65 Hurdles:** 1. Burl Gist 10.27; 2. Bob Hunt 11.00; 3. Bill Morales 11.65. **Long Jump:** 1. Gordon Farrell 16-9; 2. Bill Morales 15-4; 3. Burl Gist 14-6. **Triple Jump:** 1. Gordon Farrell 39-0wr; 2. John Damski 30-3½; 3. George Poloynis 28-7½. **High Jump:** 1. Burl Gist 5-0¼; 2. Bob Ogle 4-8; 3. Orv Gillett 4-6. **Pole Vault:** 1. Orv Gillett 8-7; 2. Bill Burke 7-0. **Shot Put:** 1. Jack Thatcher 47-0; 2. Jim Minah 43-6; 3. Bill Burke 40-0. **Discus:** 1. Dan Aldrich 158-10; 2. Jack Thatcher 132-7; 3. Joe Sanz 122-6. **Javelin:** 1. Bill Morales 133-9; 3. Bill Burke 110-0; 3. Doodles Weaver 65-0. **Hammer:** 1. Jim Minah 113-2; 2. Joe Sanz 112-6; 3. Dan Aldrich 107-0.

### MEN 70 +

**100:** 1. Anthony Castro 14.31; 2. Sing Lum 16.12. **200:** 1. Anthony Castro 29.72; 2. Sing Lum 37.00. **800:** 1. Monty Montgomery 3:05.1. **5000 Walk:** 1. Chesley Unruh 33:11.0. **Triple Jump:** 1. Red Doms 21-10. **Pole Vault:** 1. Bob MacConaghy 8-7. **Shot Put:** 1. Gene Hanson 38-11; 2. Vernon Cheadle 37-6; 3. Red Doms 35-11. **Discus:** 1. Vernon Cheadle 126-6; 2. Red Doms 114-0; 3. Stan Herrmann 94-0. **Javelin:** 1. Red Doms 87-1; 2. Randy Hubbell 82-1. **Hammer:** 1. Stan Herrmann 97-2; 2. Randy Hubbell 87-2; 3. Red Doms 57-5.

# SPOTLIGHT ON:

## Payton Jordan

by Marty Higginbotham



photo by Chuck Majewski

Anyone who competes or is connected with masters track and field has probably heard of sprint sensation Payton "Payt" Jordan. Payt is 63 years young, 6-1, 180 pounds and is a member of the Corona del Mar Track Club. He competed for Pasadena High School, Santa Monica Junior College and the University of Southern California where in 1939 he was captain of the track team. As a small younger sprinter "Payt" was given a pat on the back by Charlie Paddock, then the worlds fastest human. He said: "Payton, keep it up and you'll become a champion!" This was Jordan's inspiration. He was also encouraged by his mother and father.

Payt loves and thrives on regular competition and tries to compete every week if possible. He does not peak for any special meets, rather he tries for top level in every competition.

At age thirteen young Payton set goals to attend USC, to be a coach, and take part in the Olympic Games. He claims he has been lucky, but it's definitely the result of hard work and determination.

"Payt" has had numerous honors bestowed upon him. He has contributed a great deal to the sport of track and field, and is one of the most respected coaches in the sport. As head coach of the United States Olympic Team in 1968, Jordan is recognized worldwide as a leader in developing track and field champions. His 1968 U.S. team won more Olympic medals and established more records than any other team in history. Before he served as head coach for the 1968 Olympic Team, Jordan coached the U.S. teams in the 1965 Maccabiah Games, the 1965 Deaf Olympics, and the 1966 World Games. He was first assistant coach for the 1964 United States Olympic Team, and later assisted the Yugoslavian and Greek National teams.

"Payt" is past president of the National Collegiate Track Coaches Association and former member of both the NCAA Rules and AAU Track and Field Committees.

He was also one of the founders of the Southern California Striders. Jordan is the author of several articles and two books on track and field, including, Champions in the Making. He has been selected to the Halls of Fame in the NAIA (1967), United Savings-Helms Athletic Foundation (1973) and National Collegiate Track Coaches Association (1975).

He returned to competition seven years ago and has set 22 masters records ranging from the 50 yard dash to the 220. He holds world records in the 50 and over division in the 60 yard dash (6.9), 100 yard dash (10.6), 100 meter dash (11.6), 220 yard dash (24.6) and 200 meter dash (24.2). After turning age sixty he established world age group marks in the 100 yards, 100 meters, 220 yards and 200 meters.

At 63 years of age "Payt" has recorded best marks of 100 yards- 11.2, 100 meters- 12.0, and 200 meters- 25.9. Both 100 and 200 meter marks were set May 31, at the Pacific Association Masters Championships held at Los Gatos.

As far as long range goals go he says he wants to, "Maintain the vitality of competition and share the joy with others." He plans on competing as long as he is able, and enjoys it. His view of masters track and field competition is a very positive one. He feels it is just as intense at the top level as it is for the young athlete at his level, and that the older athlete works just as hard in their frame of reference. Payt believes he pays the same price now as he did when he was 20. Also he feels it could even be harder now because he is not so eager and has more responsibility. He thinks of athletics as an emotional and physical art form, and man is the most expressive thing in the world. Payt believes man must continue doing and that, "It is very important to be vital!"

Congratulations "Payt" for a super coaching career and your superior performances as a track athlete. Thanks, also, for your great contributions to the sport. Best of luck in the future!

## PA-TAC Championships

by Marty Higginbotham

May 31, Los Gatos: Pacific Association of the Athletics Congress Masters Track and Field Championships.

The Pacific Association Masters Track and Field Championships produced some excellent performances. Most notable was former Stanford track coach Payton Jordan, 63, who ran a 12 flat 100 meters and blitzed to a world best 25.9 200 meters.

Josephine Kolda, 62, established a new national record of 1:27.0 in the 400 meter dash. Nor Cal Senior Track Club member Jim McCarthy, 65, leaped to an American record in the high jump by clearing 4-7/4.

Herm Wyatt, age 48, who recently set a new world record 6-2 3/4 high jump mark at the April 19 West Valley Masters Meet, showed consistency by jumping a very impressive 6-2. Jim McGinnity, age 30, also cleared 6-2. Jim Brown, age 40, of the NCSTC topped all high jumpers by clearing 6-3 1/4, a super jump!

The meet had over 200 participants coming from as far south as San Diego and as far north as Portland, Oregon and Arcata, California.

### 100 METERS.

**Women 35-39:** 1. Mimi Gerard 14.7. **Women 40-44:** 1. Cherrie Sherrard 12.7; 2. Almeta Parish 13.96. **Women 45-49:** 1. Irene Obera 12.7; 2. Joan Tyksinki 17.7. **Women 50-54:** 1. Shirley Dietderich 16.5. **Women 60-64:** 1. Josephine Kolda 16.4. **Men 30-34:** 1. Greg Marshal 10.8; 2. Bill Johnson 11.1; 3. James Johnson 11.6. **Men 35-39:** 1. Paul Dungan 10.85; 2. Dan Fitzsimmons 11.2; 3. Sam Robinson 11.3. **Men 40-44:** 1. Gil La Torre 11.7; 2. Bill Mitchel 11.9; 3. R. Alvarez 12.8. **Men 45-49:** 1. Marion Sanchez 11.7; 2. Percy Knox 11.8; 3. Richard Hansen 12.2. **Men 50-54:** 1. N. Washington 12.2; 2. V. Regier 12.4; 3. El Dowell 12.6. **Men 55-59:** 1. Alphonse Julliano 12.6. **Men 60-64:** 1. Payton Jordan 12.0; 2. C. Killion 12.9; 3. B. Hunt 13.7. **Men 65-69:** 1. Harry Koppel 13.2; 2. Frank Saylor 16.6. **Men 70-74:** 1. A. Castro 13.9; 2. L. Jackson 15.0. **Men 54-79:** 1. Sing Lum 15.6.

### 200 METERS.

**Women 40-44:** 1. Cherrie Sherrard 28.9; 2. A. Parish 30.2. **Women 45-49:** 1. Irene Obera 27.9; 2. S. Tyksinski 38.7. **Women 50-54:** 1. S. Dietderich 36.0. **Women 60-64:** 1. J. Kolda 35.6. **Men 30-34:** 1. G. Marshal 21.9; 2. B. Johnson 22.5; 3. J. Johnson 24.2. **Men 35-39:** P. Dungan 22.0; 2. D. Fitzsimmons 22.7; 3. S. Robinson 23.1. **Men 40-44:** 1. B. Anixter 23.9; 2. P. Maresch 24.5; 3. M. Destefano 24.7. **Men 45-49:** 1. M. Sanchez 24.1; 2. E. Manany 25.4; 3. J. Billmeyer 27.1. **Men 50-54:** 1. N. Washington 25.7; 2. S. Dowell 25.7; 3. E. Dowell 26.7. **Men 60-64:** 1. P. Jordan 25.9; 2. C. Killion 26.8; 3. B. Fairbank 29.1. **Men 65-69:** 1. K. Burns 32.6. **Men 70-74:** 1. A. Castro 29.7; 2. A.S. Puglizovich 33.7. **Men 75-79:** 35.2.

### 400 METERS.

**Women 35-39:** 1. M. Gerard 1:11.4. **Women 40-44:** 1. A. Parish 1:11.1. **Women 45-49:** 1. I. Obera 1:05.8. **Women 50-54:** 1. S. Diederich 1:24.55. **Women 60-64:** 1. J. Kolda 1:27.0. **Men 30-34:** 1. M. Pruitt 49.6; 2. B. Weler 51.5; 3. J. Johnson 57.0. **Men 35-39:** 1. Ron Whitney 50.8; 2. W. Studenmund 51.5; 3. B. Simpson 52.6. **Men 40-44:** Bill Breen 54.1; 2. P. Maresch 54.2; 3. B. Bitchell 57.4. **Men 45-49:** P. Knox 56.7; 2. B. Lennier 60.9; 3. J. Billmeyer 61.9. **Men 50-54:** 1. J. Dowell 57.6; 2. D. Jackson 58.59; 3. H. Washington 60.2. **Men 55-59:** 1. R. Spencer 60.9. **Men 60-64:** 1. B. Hunt 63.6; 2. C. Killion 65.7. **Men 65-69:** 1. J. Satti 66.2; 2. K. Burns 74.8. **Men 70-74:** 1. M. Shine 73.4.

### 110 METER HURDLES.

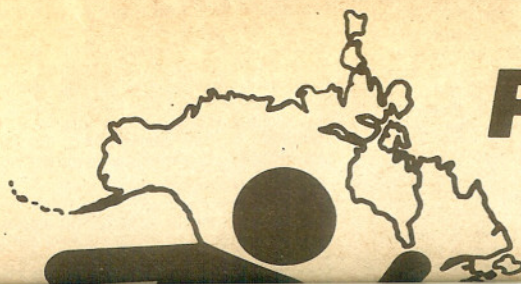
**Women [100 Meter Low Hurdles]:** 1. C. Sherrard 16.64. **Men 30-34(39"): 1. G. Carty 15.1; 2. D. Roberts 16.9. Men 40-44:** 1. H. Adams 16.5. **Men 45-49:** 1. R. Hickman 17.1; 2. M. Andrews 19.3. **Men 50-54(36"): 1. B. Roemer 19.1; 2. R. Higginbotham 19.6; 3. R. Wiggington 20.4. Men 60-64:** 1. B. Aunt 19.5; 2. B. Burke 22.0. **Men 64-69:** 1. John Satti.

### 400 METER I.H.

**Men 30-34:** 1. Don Roberts 60.9. **Men 35-39:** 1. Ron Whitney 55.7; 2. P. Henrikson 62.8. **Men 40-44:** 1. H. Adams 60.0; 2. J. Thomas 61.2; 3. J. Erbes 75.2. **Men 45-49:** 1. R. Hickman 63.5. **Men 50-54:** 1. D. Stevenson 74.5; 2. R. Wiggington 74.7. **Men 60-64:** 1. B. Hunt 72.8.

Entries now being accepted for the 4th annual

# PAN-AMERICAN MASTERS TRACK & FIELD CHAMPIONSHIPS



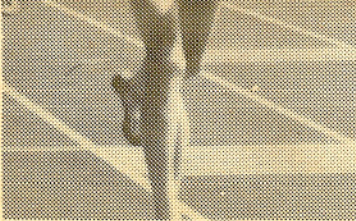


photo by Chuck Majewski

head coach for the 1968 Olympic Team, Jordan coached the U.S. teams in the 1965 Maccabiah Games, the 1965 Deaf Olympics, and the 1966 World Games. He was first assistant coach for the 1964 United States Olympic Team, and later assisted the Yugoslavian and Greek National teams.

"Payt" is past president of the National Collegiate Track Coaches Association and former member of both the NCAA Rules and AAU Track and Field Committees.

was 20. Also he feels it could be harder now because he is not so eager and has more responsibility. He thinks of athletics as an emotional and physical art form, and man is the most expressive thing in the world: Payt believes man must continue doing and that, "It is very important to be vital!"

Congratulations "Payt" for a super coaching career and your superior performances as a track athlete. Thanks, also, for your great contributions to the sport. Best of luck in the future!

**Men 40-44:** 1. Gil La Torre 11.7; 2. Bill Mitchell 11.9; 3. R. Alvarez 12.8. **Men 45-49:** 1. Marion Sanchez 11.7; 2. Percy Knox 11.8; 3. Richard Hansen 12.2. **Men 50-54:** 1. N. Washington 12.2; 2. V. Regier 12.4; 3. El Dowell 12.6. **Men 55-59:** 1. Alphonse Julliano 12.6. **Men 60-64:** 1. Payton Jordan 12.0; 2. C. Killion 12.9; 3. B. Hunt 13.7. **Men 65-69:** 1. Harry Koppel 13.2; 2. Frank Saylor 16.6. **Men 70-74:** 1. A. Castro 13.9; 2. L. Jackson 15.0. **Men 54-79:** 1. Sing Lum 15.6.

20.4. **Men 60-64:** 1. B. Aunt 19.5; 2. B. Burke 22.0. **Men 64-69:** 1. John Satti.

**400 METER I.H.**

**Men 30-34:** 1. Don Roberts 60.9. **Men 35-39:** 1. Ron Whitney 55.7; 2. P. Henrikson 62.8. **Men 40-44:** 1. H. Adams 60.0; 2. J. Thomas 61.2; 3. J. Erbes 75.2. **Men 45-49:** 1. R. Hickman 63.5. **Men 50-54:** 1. D. Stevenson 74.5; 2. R. Wiggington 74.7. **Men 60-64:** 1. B. Hunt 72.8.



Entries now being accepted for the 4th annual  
**PAN-AMERICAN MASTERS  
TRACK & FIELD  
CHAMPIONSHIPS**

sponsored by HOME SAVINGS AND LOAN ASSOCIATION  
and the SOUTHERN CALIFORNIA STRIDERS

**August 16 and 17**

University of Southern California (U.S.C.)  
Los Angeles, California

Entry fees: \$6.00—1st event, \$3.50—each additional event  
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Sunday evening, August 17: \$15 per ticket

Accommodations available nearby:  
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For additional information  
and entry application,  
send self-addressed, stamped  
envelope to:  
Hilliard Sumner, Jr., Meet Chairman  
22713 Ventura Boulevard  
Woodland Hills, California 91364  
(213) 342-3147 or (213) 884-1349

**800 METERS.**

**Women 30-34:** 1. Janice Briogeman 2:48.5; M. Gerrard 2:48.5. **Men 30-34:** 1. Bob Browne 2:07.2. **Men 35-39:** 1. G. Mason 2:02.4; 2. D. Romain 2:03.7; 3. G. Scott 2:09.6. **Men 40-44:** 1. D. Donaldson 2:05.9; 2. m. DeStefano 2:13.2; 3. h. Blanchard 2:13.9. **Men 50-54:** 1. D. Stevenson 2:15.1; 2. P. Wood 2:20.3; 3. D. Jackson 2:22.6. **Men 55-59:** 1. P. Arnot 2:16.3. **Men 60-64:** 1. R. Manannan 2:40.9. **Men 70-74:** 1. M. Shine 3:05.2; 2. F. Bierlein 3:22.7.

**1500 METERS.**

**Women 30-34:** 1. J. Bridgeman 5:20.2; 2. Maria Serrano 5:34.6. **Men 35-39:** 1. C. Mawson 5:43.6; 2. M. Gerard 5:51.4. **Women 40-44:** 1. Susan Mitchel 5:16.6. **Men 30-34:** 1. D. Tracy 4:08.0; 2. E. Downing 4:13.7; 3. R. Landrum 5:00.3. **Men 35-39:** 1. J. Howell 4:17.8; 2. G. Scott 4:35.3; 3. S. Mawson 4:46.3. **Men 40-44:** 1. D. Donaldson 4:19.2; 2. W. Shafer 4:20.7; 3. B. Welick 4:31.1. **Men 45-49:** 1. J. Lewis 4:44.4. **Men 50-54:** 1. D. Stevenson 4:45.8. **Men 60-64:** 1. R. manannah 5:30.2; 2. E. Preston 5:32.0. **Men 65-69:** 1. W. Bigelow 6:49.1. **Men 70-74:** 1. J. McGee 6:41.5.

**5000 METERS.**

**Women 35-39:** 1. Judy Fox 17:34.0. **Men 35-39:** 1. H. Franklin 15:36.3; 2. B. Meinhardt 15:55.0; 3. J. White 16:09. **Men 40-44:** 1. B. Welick 16:15.6; 2. W. Meyer 17:47.9; 3. K. Schwisow 17:53.5. **Men 45-49:** 1. J. Lewis 17:34.9; 2. S. Silven 18:17.0. **Men 50-54:** 1. D. Carpenter 18:07.9; 2. P. Wood 18:22.0; 3. J. Waste 20:43.7. **Men 55-59:** 1. B. Polletti 20:25.6; 2. J. Popper 21:01.2; 3. R. Dietderich 21:28.5. **Men 60-64:** 1. E. Preston 19:39.2. **Men 65-69:** 1. A. Scott 22:17.6; 2. J. Goodman 24:01.7; 3. W. Bigelow 24:33.7. **Men 70-74:** 1. J. McGee 24:01.7.

**5000 METER WALK.**

**Women 30-34:** 1. B. Dillon 25:04.0; 2. D. Mendoza 33:23.1. **Women 40-44:** 1. L. Maynard 26:12.7. **Women 45-49:** 1. N. Proctor 35:42.9. **Men 30-34:** 1. B. Penner 26:31.9; 2. C. Bergquist 30:33.1. **Men 35-39:** 1. W. Jaquith 24:01.7; 2. D. Gustafson 26:02.3. **Men 40-44:** 1. C. marut 26:37.7. **Men 50-54:** 1. F. Dunn 26:19.0; 2. H. Siltonen 28:24.5. **Men 60-64:** 1. D. Summerauer 30:48.8. **Men 65-69:** 1. G. de Petra 31:47.5.

**10,000 METERS.**

**Women 30-34:** 1. Phyllis 35:41.0. **Women 40-44:** 1. D. Bromstead 46:26.5. **Men 30-34:** 1. J. Lovejoy 32:44.1; 2. R. Rowley 34:04.2; 3. R. Busby 36:42.9. **Men 40-44:** 1. C. Harris 32:58.5; 2. R. Escobedo 35:38.9; 3. W. Meyer 37:35.3. **Men 45-49:** 1. J. Lewis 34:07.2; 2. K. Paul 39:09.8. **Men 50-54:** 1. J. Waste 42:15.7. **Men 55-59:** 1. J. Elliott 43:33.8; 2. B. Dolletti 48:05.3. **Men 60-64:** 1. J. Poppler 42:31.2. **Men 65-69:** 1. J. Goodman 48:30.3. **Men 70-74:** 1. J. McGee 50:06.0.

**440 YARD RELAY.**

**30-39:** 1. Santa Cruz T.C. 48.3. **1. WVTC (30-34) 3:34.5; 2. Ophir NCSTC 48.6. 50-54:** 1. NCSTC 52.3.

**ONE MILE RELAY.**

**1. WVTC (30-34) 3:34.5; 2. Ophir**

Pearson 17; 3. J. Sanchez 16-4 1/4. **Men 45-49:** 1. P. Conley 18-0; 2. m. Andrews 17-10 1/2; 3. E. Manany 16-11 3/4. **Men 50-54:** 1. B. Roemer 16-7 3/4; 2. R. Higginbotham 14-11 3/4; 3. J. Stone 13-3 3/4. **Men 55-59:** 1. J.K. Johnson 17-1; 2. R. Spencer 17-0. **Men 60-64:** 1. B. Burke 13-9 1/2. **Men 65-69:** 1. J. Satti 13-6 3/4; 2. J. McDonnell 11-4 1/4. **Men 75-79:** 1. H. Van Gelder 11-8.

**POLE VAULT.**

**Men 35-39:** 1. B. Hotaling 13; 2. R. Stepp 12. **Men 45-49:** 1. S. Letcher 8. **Men 55-59:** 1. J.K. Johnson 10. **Men 60-64:** 1. B. Burke 7-6. **Men 70-74:** 1. L. Peresenyi 5-6; 2. A.J. Puglizovich 5-0.



**Bob Roemer**

photo by Marty Higginbotham

134-8; 2. J. Cain 133-5; 3. D. Pearson 101-3. **Men 45-49:** 1. S. Letcher 111-8; 2. J. Durrenberger 82-6. **Men 50-54:** 1. Stan Dowell 115-3 1/2; 2. R. Wiggington 100; 3. E. Dowell 78-1 1/2. **Men 55-59:** 1. B. Stone 115-2 1/2; 2. R. Hassman 113-1; 3. M. Henderson 99- 1/4. **Men 60-64:** 1. B. Burke 120-10. **Men 65-69:** 1. J. Dick 109-9 1/2; 2. J. McCarthy 100-9; 3. W. Walker 97-2. **Men 70-74:** 1. L. Peresenyi 101-2 1/4; 2. L. Williams 87-2; 3. F. Bierlein 67-9.

**SHOT PUT.**

**Women 30-34:** 1. J. Watkins 28-10. **Women 40-44:** 1. C. Sherrard 37-4 1/2; 2. c. Burke 19-2 3/4. **Men 30-34:** 1. Doug Lane 56-8 1/4; 2. J. Trujillo 36-4 1/2; 3. W. Henderson 36. **Men 40-44:** 1. J. Hart 44- 1/2; 2. J. Dix 32-4 1/2. **Men 45-49:** 1. J. Durreberger 30-9. **Men 50-54:** 1. R. Wiggington 34-3. **Men 55-59:** 1. m. Henderson 36; 2. B. Stone 35-1 1/2; 3. B. Wolf 27-9 3/4. **Men 60-64:** 1. B. Burke 38-6 1/2. **Men 65-69:** 1. J. York 44-7; 2. J. Dick 34-1; 3. W. Walker 30-10. **Men 70-74:** 1. L. Peresenyi 35-9; 2. E. Curtice 32-11; 3. L. Williams 31-11. [35 lb. wt.] 40-44: 1. J. Hart 40-4 1/2. **45-49:** 1. g. Dawson 23-10. **55-59:** 1. B. Stone 27-9; 2. B. Wolf 18-1. **60-64:** 1. B. Burke 32-8 1/2. **65-69:** 1. J. York 33-11; 2. J. Dick 27-3. **70-74:** 1. l. Peresenyi 22-7 1/2.

**June 21-22:**

**MASTERS WESTERN REGIONALS  
MEN'S RESULTS**

**1,500** — 30-34: Jim Mosher 4:00.45, 40-44: George Cohen 4:12.12, 50-54: Pete Mundle 4:37.0, 55-59: Avery Bryant 4:51.22, Bill Fitzgerald 4:28.9 (National record), 60-69: Ray Hanna 5:32.2, 70-79: Willard Benion 6:42.5.

**100** — 30-34: Greg Marshall 11.1, 35-39: Ruben Whitley 11.0, 40-44: Doug Smith 11.2, 45-49: Percy Knox 11.9, 50-54: Ted Vick 12.2, 60-64: Bob Hunt 13.4, 65-69: Harry Koppel 13.1, 70-74: Anthony Castro 14.2.

**Shot** — 30-34: Fred Johnson 42.5, 40-44: James Hart 44-1 1/2, 45-49: Dave Douglas 29-10, 50-54: Harry Hawke 43-7 3/4, 55-59: J. Kennedy 25-9 1/2, 60-64: Jack Thatcher 45-7 1/4, 65-69: James York (Modesto) 45-1 (World masters record, old 44-5 by York, 1979), 70-74: Red Doms 36-0, 75-79: Stan Herrmann 32-10 1/2.

**400:** 45-49: Nick Newton 56.0, 50-54: Don Cheek 56.1, 55-59: Richard Stotle 57.1, 40-44: Gary Miller 52.0, 35-39: David Romaine 49.6, 30-34: Hilliard Sumner 48.4, 60-64: Bob Hunt 1:04, 65-69: Harry Koppel 1:07.0, 70-74: Sid Madden 1:13.0.

**110H** — 30-34: Fred Johnston 16.9, 35-39: Walt Butler 14.7, 40-44: Alvin Henry 15.2, 45-49: Dave Jackson 15.5, 50-54: Milton Creange 24.1, 60-64: Bob Hunt 17.6, 65-69: Harry Koppel 20.8.

**Steeplechase** — 35-39: Don McCaskill 10:25, 40-44: Kent Guthrie 10:39, 45-49: Marsh Haraden 11:36, 50-54: Dave Stevenson 11:05, 55-59: Avery Bryant 12:14, 60-64: Robert Long 15:59.

**Long Jump** — 30-34: Carl Flowers 21-9 1/2, 35-39: Larry Sallinger 20-0 1/2, 40-44: Al Henry 20-6 1/2, 45-49: Dave Jackson 19-7 1/2, 50-54: Shirley Davison 18-8 1/4, 55-59: Ray Spencer 17-1 1/2, 60-64: Burl Guest 14-8, 65-69: Mike Andors 14-6 1/2, 70-74: Joe Carruso 12-1, 75-79: Win McFadden 12-4 (World record, old 12-3 1/4, 1975).

**5,000** — 30-34: Jim Partridge 17:23, 35-39: Frank Duarte 15:30, 40-44: Chris Bourke

**NOW AVAILABLE  
Masters Age-Records 1980**

Compiled by National AAU Records Chairmen Pete Mundle and Kathy Breiger, with Lori Maynard and Alan Wood.

- Men's and Women's World and U.S. Age Bests for all Track & Field Events, age 35 and up, as of Jan. 1, 1980.
- U.S. Age Bests for Men & Women for all race-walking events, age 40 and up, as of Jan 1, 1980.
- Men's U.S. Masters Indoor & Outdoor Championship Records.
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Venice, CA 90291

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Women 30-34: 1. B. Dillon 25:04.0; 2. D. Mendoza 33:23.1. Women 40-44: 1. L. Maynard 26:12.7. Men 45-49: 1. N. Proctor 35:42.9. Men 30-34: 1. B. Penner 26:31.9; 2. C. Bergquist 30:33.1. Men 35-39: 1. W. Jaquith 24:01.7; 2. D. Gustafson 26:02.3. Men 40-44: 1. C. marut 26:37.7. Men 50-54: 1. F. Dunn 26:19.0; 2. H. Siltonen 28:24.5. Men 60-64: 1. D. Summerauer 30:48.8. Men 65-69: 1. G. de Petra 31:47.5.

#### 10,000 METERS.

Women 30-34: 1. Phyllis 35:41.0. Women 40-44: 1. D. Bromstead 46:26.5. Men 30-34: 1. J. Lovejoy 32:44.1; 2. R. Rowley 34:04.2; 3. R. Busby 36:42.9. Men 40-44: 1. C. Harris 32:58.5; 2. R. Escobedo 35:38.9; 3. W. Meyer 37:35.3. Men 45-49: 1. J. Lewis 34:07.2; 2. K. Paul 39:09.8. Men 50-54: 1. J. Waste 42:15.7. Men 55-59: 1. J. Elliott 43:33.8; 2. B. Dolletti 48:05.3. Men 60-64: 1. J. Poppler 42:31.2. Men 65-69: 1. J. Goodman 48:30.3. Men 70-74: 1. J. McGee 50:06.0.

#### 440 YARD RELAY.

30-39: 1. Santa Cruz T.C. 48.3. 1. WVTC (30-34) 3:34.5; 2. Ophir NCSTC 48.6. 50-54: 1. NCSTC 52.3.

#### ONE MILE RELAY.

1. WVTC (30-34) 3:34.5; 2. Ophir Prison (35-39) 3:48.3; 3. NCSTC (40-44) 35.80.

#### TRIPLE JUMP.

Men 30-34: 1. Larry Herald 36-3. Men 35-39: 1. D. Isaksen 39-5; 2. M. Ucovich 36-7. Men 40-44: 1. D. Pearson 32-0; 2. J. Sanchez 30-11½. Men 45-49: 1. Phil Conley 34-9½; 2. E. Mahany 32-9½. Men 65-69: 1. J. Sattl 28-½; 2. J. Dick 22-7½. Men 75-79: 1. Homer Vangelder 22-9.

#### LONG JUMP.

Men 30-34: 1. G. Marshall 29-7¼. Men 35-39: 1. D. Isaksen 19-8; 2. M. Ucovich 18-4; 3. J.H. Johnson 16-8½. Men 40-44: 1. H. Adams 17-11½; 2. D.



Bob Roemer

#### HIGH JUMP:

Women 40-44: 1. C. Sherrard 4-6. Men 30-34: 1. Jim McGinnity 6-2. Men 40-44: 1. J. Brown 6-3½; 2. D. Rose 5-2; 3. J. Sanchez 4-10. Men 45-49: 1. Herm Wyatt 6-2; 2. M. Sanchez 5-4; 3. M. Durham 4-8. Men 55-54: 1. M. Henderson 4-8½. Men 60-64: 1. B. Burke 4-4. Men 65-69: 1. J. McCarthy 4-7¼; 2. J. Dick 4-2. Men 70-74: 1. A.J. Puglizevich 3-9; 2. L. Peresenyi 3-7. Men 75-79: 1. H. Van Gelder 4-2.

#### JAVELIN.

Women 40-44: 1. Cattle Burke 43. Women 50-54: 1. S. Dieterich 46-2. men 30-34: 1. J. Trujillo 159-10; 2. W. Henderson 132-7; 3. N. Massey 121-9. Men 35-39: 1. R. Stepp 138-4. Men 40-44: 1. B. Gale 175-7; 2. D. Rose 149-7; 3. B. Griff 137-10. men 45-49: 1. P. conley 193-0; 2. S. Letcher 180-10; 3. R. Sutton 137-10. Men 50-54: 1. B. Roemer 128-5; 2. R. Wigginton 108-5. Men 55-59: 1. E. Chenowett 131-4; 2. B. Stone 111-11; 3. B. Wolf 80-6. Men 60-64: 1. B. Burke 120-10. Men 65-69: 1. J. Dick 83-3; 2. J. McDonnell 65-10. Men 70-74: 1. E. Curtice 112-11.

#### DISCUS.

Women 40-44: 1. C. Sherrard 84-7; 2. C. Burke 55-9½. Men 30-34: 1. T. Fahey 155-7; 2. J. Trujillo 112-11; 3. W. Henderson 93. Men 40-44: 1. J. Hart

by Higginbotham

100 — 30-34: Greg Marshall 11.1, 35-39: Ruben Whitley 11.0, 40-44: Doug Smith 11.2, 45-49: Percy Knox 11.9, 50-54: Ted Vick 12.2, 60-64: Bob Hunt 13.4, 65-69: Harry Koppel 13.1, 70-74: Anthony Castro 14.2.

Shot — 30-34: Fred Johnson 42.5, 40-44: James Hart 44-1½, 45-49: Dave Douglas 29-10, 50-54: Harry Hawke 43-7¼, 55-59: J. Kennedy 25-9½, 60-64: Jack Thatcher 45-7¼, 65-69: James York (Modesto) 45-1 (World masters record, old 44-5 by York, 1979), 70-74: Red Doms 34-0, 75-79: Stan Herrmann 32-10½.

400: 45-49: Nick Newton 56.0, 50-54: Don Cheek 56.1, 55-59: Richard Stolte 57.1, 40-44: Gary Miller 52.0, 35-39: David Romaine 49.6, 30-34: Hilliard Sumner 48.4, 60-64: Bob Hunt 1:04, 65-69: Harry Koppel 1:07.0, 70-74: Sid Madden 1:13.0.

110HM — 30-34: Fred Johnston 16.9, 35-39: Wolf Butler 14.7, 40-44: Alvin Henry 15.2, 45-49: Dave Jackson 15.5, 50-54: Milton Creange 24.1, 60-64: Bob Hunt 17.6, 65-69: Harry Koppel 20.8.

Sleepchase — 35-39: Dan McCaskill 10:25, 40-44: Kent Guthrie 10:39, 45-49: Marsh Harnden 11:36, 50-54: Dave Stevenson 11:05, 55-59: Avery Bryant 12:14, 60-64: Robert Long 15:59.

Long Jump — 30-34: Carl Flowers 21-9½, 35-39: Larry Sallinger 20-0½, 40-44: Al Henry 20-6½, 45-49: Dave Jackson 19-7½, 50-54: Shirley Davison 18-8¼, 55-59: Ray Spencer 17-1½, 60-64: Burl Guest 14-8, 65-69: Mike Andors 14-6½, 70-74: Joe Carrusso 12-1, 75-79: Win McFadden 12-4 (World record, old 12-3¼, 1975).

5,000 — 30-34: Jim Partridge 17:23, 35-39: Frank Duarte 15:30, 40-44: Chris Bourke 17:27, 45-49: T. R. Eddy 18:37, 50-54: Bill Stock 17:56, 55-59: David Pain 21:00, 70-74: Sid Madden 23:21.

Pole Vault: 30-34: Warren Cummings 14-0, 40-49: Ron Fleming 11-6, 50-59: Dave Brown 10-6, 60-64: Jim Vernon 9-6.

Discus — 30-34: Tom Fahey 144-8, 35-39: Lloyd Higgins 163-0, 40-44: Bob Humphries 157-7, 45-49: Clark Devilbiss 81-3, 50-54: Harry Hawke 139-9, 55-59: J. Kennedy 66-0, 60-64: Jack Thatcher 133-6, 65-over: Neal Buell 124-4, 70-74: 1. Ken Carnine 127-8 (National record), 2. Red Doms 118-0 (National record), 75-79: Stan Herrmann 88-8.

#### WOMEN'S RESULTS

Shot — 30-35: Latanya Glass 26-9, 40-45: Sherry Shepherd 38-11½, 45-49: Margie Durkin 21-9, 50-55: Shirley Kinsey 26-4 (National record).

100 — 35-39: Miriam Gerard 14.7, 40-44: Sherry Sherrard 13.5, 45-49: Irene O'Bara 13.3, 50-54: Shirley Kinsey 15.1, 55-59: Diane Smith 17.6, 60-64: Mariorie Hunt 21.1, 70-74: Marilla Salisbury 31.2.

1,500: 35-39: Miriam Gerard 5:43.0, 40-45: Christa Pomppanel 5:12.9, 45-49: Carol Thomas 7:00.0, 50-54: Margaret Miller 5:12.9, 60-64: Alice Werbel 7:22.0, 70-74: Felicitas Salazar 9:50.0.

400 — 35-39: Miki Hervey 1:03.7, 40-44: Almeda Parish 1:09.8, 45-49: Irene O'Bara 1:03.0, 50-54: Shirley Dieterich 1:25.0, 55-59: Diana Smith 2:37, 70-74: Marilla Salisbury 2:52.0.

5,000 — 35-39: Lolita Bache 19:28, 40-44: Gail Hanna 22:53, 45-49: Dorothy Stock 18:47, 60-64: Alice Werbel 26:07, 70-74: Marilla Salisbury 39:38.

Long Jump — 30-34: Latanya Glass 12-0¼, 45-49: Chrystyle Miller 13-11.

City \_\_\_\_\_ Zip \_\_\_\_\_



photo by Jim Engle

Paul Reese

**ATTENTION! MASTERS!** The National Masters Newsletter is the only national publication devoted exclusively to track & field and long distance running for men and women over age 30.

It features results, schedules and age-records from all over the country, plus inside stories and scoops of what goes on in the Masters world. It's the bible of the Masters movement.

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# CLUB NEWS

by Marty Higginbotham

Send news of your club to California Track & Running News, P.O. Box 6103, Fresno, CA 93703.

## Aggie Running Club

P.O. Box 312, Davis 95616

The Aggies have been very active as usual in the top track and road races in the state and have turned in some great performances. The Aggies made a noteworthy showing, that being the World Centipede Championships, finishing well ahead of all other teams in the Bay to Breakers Centipede division. Dennis O'Halloran was the Aggies top finisher for two legs at Bay to Breakers.

Pete Sweeney ran the Ocean to Creek Run in Santa Barbara and took second to Gary Tuttle, Sweeney timed a 37:14. Club member Drew Paulin tied for third.

Mark Schilling ran a very good 3:48.2 1500 meter at the USA-TFA in Wichita. Marcia Romesser ran a 2:11.2 800 to place fourth. Romesser came back the next day at the Brooks meet to take fourth again but in a time of 2:06.5. Romesser will represent the "ags" in the U.S. Olympic Trials.

Member Eric Huff ran his last race for Cal Poly in the NCAA division II, he ran a personal record 14:10 for the 5,000.

## Visalia Runners

1527 Vassar Dr., Visalia 93277

The Visalia Runners have done a very impressive job of establishing themselves as a strong road racing club here in the Central Valley. Rob Stephenson was the first finisher at the May 24, California Classic Five Mile and his time of 27:52 earned him the third spot in the 30-39

## Southern Calif. Striders

4640 Degovia, Woodland Hills 91364

The S.C.S. are a masters club and an extremely active one. They hosted the Striders Relays on May 17 at Cal State Northridge. The club is headed up by Hugh Cobb, Red Doms, Ralph Lee, Hal Smith, Lewis Smith, Hilliard Sumner and Phil Underwood.

They have added six new members since March and the roster now stands at sixty-six persons.

The S.C.S. are also co-sponsoring the very prestigious Pan American Masters Track and Field Championships to be held at Cromwell Field, USC in Los Angeles, August 16 and 17.

Many S.C.S. members took part in the master division at the Mt. SAC Relays, Striders Relays, Grandfather Games and SPA District Masters Championships. On April 19, at the West Valley Masters Meet, Red Doms, age 73, established two age group world records by tossing the shot 37-10 $\frac{1}{2}$  and getting a throw of 17-0 $\frac{3}{4}$  in the 35 pound weight event.

The club sponsored the Striders Relays and many members participated. The S.C.S. swept the mens 40-49 3000 meter run as James Murphy, Tom Sturak and Gary Smith took the top three positions. In the relays the club had victories in the mens 30-39 400 meter relay and 40-49 sprint and distance medley events.

S.C.S. also made a good team showing at the Grandfather Games. They captured first in the submasters 400 meter relay and the 40-49 division 1600 meter relay. Bob Hunt took first in the 50-59 400 meter hurdles timing 75.0.

## Fresno T.C.

P.O. Box 6103, Fresno 93703

FTC members have been taking part in all the Central Valley road racing events. Jim Hartig captured the C.C.A.A.U. 10

## Corona del Mar

14665 Kokomo Rd., Apple Valley 92307

CDM members were very active in the May 17 Striders Relays in Northridge and the 10th Annual Grandfather Games held May 24 at Van Nuys.

At the Striders Relays Jack Thatcher, age 63, broke his own American record of 45-11 $\frac{1}{4}$  in the eight pound shot by unleashing a throw of 47-0 $\frac{1}{2}$ . On May 24, at the Grandfather Games Thatcher set a new world record for age 64 (his birthday was on May 21) with a put of 47-0.

Many CDM members turned in some super performances at the Striders Relays. In the 50-59 category Tom Patsalis leaped to victories in the long and triple jump, nabbed a first in the 60 meter hurdles and grabbed second in the 100 meters. In the 70 and over division Stan Herrman took first in the shot put, discus and a second in the hammer. Shirley Kinsey took the women's 40-49 shot put and discus, she also was second in the javelin. Neil Buell, Jack Thatcher, Bill Burke and Joe Sanz took the first four spots in a clean sweep of the 60-69 division discus. CDM had victories in a variety of the relay races, also.

At the Grandfather Games in the women's division Shirley Kinsey won the discus, took second in the shot put and nabbed third in the javelin. In the 70 and over category, Stan Herrman won the hammer and took third in the discus. In the 50-59 division CDM won both the 400 meter and 1600 meter relays. They also won the 40-49 division 400 relay and the submasters 1600 meter relay.

Many CDM members competed in the AAU Western Regionals and will be participating in the Senior Olympics.

## Seniors T.C.

P.O. Box 4053, Torrance 90510

Big news in the Seniors Track Club is the masters women performances at the 2nd Annual Nike Road Racing Championships held April 5, in San Diego. Margaret Miller, age 53, outpaced all to win the 10 kilometer event in 39:09. Jennie Wright was second in 39:55 and Christa Romppanen placed tenth in 42:07. The masters men nailed down third place in their division. The mens masters team also was second in the National AAU 25 Kilometer Championships held in March.

STC members have also been active in masters track and field meets. Many took part in the May 17, Striders Relays at Cal State Northridge and the Grandfather Games May 24, in Van Nuys. Club members turned in some fine performances at these meets, with Bill Fitzgerald setting a U.S. record age 55-59 for 800 meters with his 2:12.5 clocking. The STC is exceptionally strong in the road racing department and many of the members can be seen at the top of the results. They compete in most all major road racing events in the state.

## Club Northwest of So. Calif.

3208 N. Fenimore, Covina 91722

Club Northwest of Southern California is California's local chapter of the national club based in Seattle with president Don Kardong.

CNW of So. Cal. is a new club, about one year old, and is made up of both track & field athletes and road racers. CNW is trying to develop local athletes for national competition, and has done well in its first year. With athletes like 21 year old Gary Wise - 7,629 decathlete - who will be competing at the U.S. Track & Field Trials. Also Sammy Maritim who has posted PRs of 28:42 for 10,000 and 13:51 for 5,000 meters. Also aboard is NAIJA All American in the steeplechase, Terry Drake who is also an excellent cross country runner with a 24:29 five mile.

CNW also is graced with several local coaches. Vince O'Boyle of Citrus College and who is still a competitive road racer himself with a 31:39 10K and 2:36 marathon. Other coaches are Fred Carter, 2:31 marathoner from Azusa Pacific as well as Don Lawrence the basketball coach at Azusa Pacific.

CNW is also trying to develop young local talent like high school senior Mark Ruelas, 8:54 two miler and 6th place finish in state meet.

CNW is just getting rolling, but hopes to be a major factor in the next four years in California road races and track meets. The club is made up of mostly young developing athletes who plan to be around in 1984, but also hope to enjoy their friends and experience along the way.

## Synanon Running Club

P.O. Box 139, Badger 93603

The New York chapter recently hosted a race in the Catskills. This was successful enough that another race is planned for July also at Synanon's Kerhonksen facility in the Catskills.

Five female Synanon runners ran in the recent Avon 10K in Central Park along with 5,000 other women, including Grete Waitz. On the West Coast, Don Ramirez and Michele Gauthier have just returned from running in the National Capital Marathon of Canada and are exuberantly happy to be back racing with their old friends in Central California.

Synanon's first half marathon will be held at the Strip, near Badger in Central California on September 20th. As with all Synanon races, this one will be on a tougher than average course in the Sierra foothills. There will be special arrangements made to allow wheelchair athletes to compete also and extraordinary recognition will be given to the first able bodied and first wheelchair females who finish. This will be in the form of a memorial trophy in the name of BettyDed-erich, first lady of Synanon who died three years ago. Many awards will be given in all ages for both divisions. There will be a party, barbeque and swimming after the race and several clubs have been invited to camp out at Synanon the night before the race. It is expected that most competitors will camp out to avoid having to travel long distances on the morning of the race.



Pete Sweeney ran the Ocean to Creek Run in Santa Barbara and took second to Gary Tuttle, Sweeney timed a 37:14. Club member Drew Paulin tied for third.

Mark Schilling ran a very good 3:48.2 1500 meter at the USA-TFA in Wichita. Marcia Romesser ran a 2:11.2 800 to place fourth. Romesser came back the next day at the Brooks meet to take fourth again but in a time of 2:06.5. Romesser will represent the "ags" in the U.S. Olympic Trials.

Member Eric Huff ran his last race for Cal Poly in the NCAA division II, he ran a personal record 14:10 for the 5,000.

## Visalia Runners

1527 Vassar Dr., Visalia 93277

The Visalia Runners have done a very impressive job of establishing themselves as a strong road racing club here in the Central Valley. Rob Stephenson was the first finisher at the May 24, California Classic Five Mile and his time of 27:52 earned him the third spot in the 30-39 division. The strong point for the Visalia Runners at the Cal Classic was their women's showing in the 30-39 where they swept the first four positions: JoAnn Branco was first, Margaret Holmes second, Joyce Collette third and Jacque Randolph was fourth. A total of thirty five club members competed in the Cal Classic.

Craig Newport nabbed second place in the 30-39 division of the C.C.A.A.U. One Hour Run.

June 14, club president Rob Stephenson ventured to the south for the Charge of the Lite Brigade 10 Kilometer which was part of the program for the A.A.U. National Track Meet. Stephenson was the winner in the submaster category.

## Bakersfield T.C.

433 E. Belle Terrace, Bakersfield 93307

The club made a strong showing at the May 24, California Classic Five Mile, as Colby Churchman ran a 28:55 to capture the mens 40-49 division, while teammate Gil Hinz took the 50 and over title timing 28:59.

BTC also hosted a very successful Hart Park Handicap Six Mile in May. They put on some very organized and well run events in the Bakersfield area.

Since the club is growing still, there was a "getting acquainted" evening held at the end of June.

The next event the BTC will host is the Tehachapi 10 Kilo Run near the end of August.

April 19, at the West Valley Masters Meet, Red Doms, age 73, established two age group world records by tossing the shot 37-10 1/4 and getting of a throw of 17-0 3/4 in the 35 pound weight event.

The club sponsored the Striders Relays and many members participated. The S.C.S. swept the mens 40-49 3000 meter run as James Murphy, Tom Sturak and Gary Smith took the top three positions. In the relays the club had victories in the mens 30-39 400 meter relay and 40-49 sprint and distance medley events.

S.C.S. also made a good team showing at the Grandfather Games. They captured first in the submasters 400 meter relay and the 40-49 division 1600 meter relay. Bob Hunt took first in the 50-59 400 meter hurdles timing 75.0.

## Fresno T.C.

P.O. Box 6103, Fresno 93703

FTC members have been taking part in all the Central Valley road racing events. Jim Hartig captured the C.C.A.A.U. 15 Kilometer Championships timing 49:33. Mark Hemphill was third with a 53:18 clocking. Hemphill ran a 27:35 five mile the next day to take a 13th place in the Joyeria Mexico Run in Fresno.

At the May 24, California Classic Five Mile in Visalia, Jim Hartig clocked 24:16 to capture second place, while Al Lomeli took fourth in 25:54. The next day, May 25, at the Indian Gulch to Hornitos Runs, Lomeli clocked 26:11 to take the five mile, while club member Curt Elia took the ten mile race timing 56:59.

June 7, at the C.C.A.A.U. One Hour Run, Curt Elia covered 11 miles, 82 yards. Al Lomeli covered 10 miles 1007 yards. Frank Delgado was second in the masters division covering 10 miles 390 yards, while Sid Toabe captured the 50 and over category by going 9 miles 922 yards.

The June 8, Chihuahua Road Run found Jim Hartig nabbing a second place clocking 30:38 for the 10 kilometer course. Craig and Curt Elia tied for seventh in 33:20. Mark Hemphill won the submaster category while Sid Toabe was the winner in the 50-59 division.

At the June 15, Fathers Day Run 6 Mile, Tony Ramirez burned a 28:33 to destroy the course record of 29:14. Curt Elia captured the 30-34 division in 30:39, Frank Delgado took the 45-49 division timing 33:44, Bob Fries won the 50-54 category while Sid Toabe took honors in the 55-59 group.

Rick Zamarripa and Raul Saldana ventured to the Pacific Sun Marathon. Zamarripa timed a 3:31 while Saldana clocked 3:51.

Tony Ramirez represented the FTC at the Olympic Trials Marathon May 24 in New York. He finished in 83rd position timing 2:23:17, beating Frank Shorter and Kirk Pfeffer. His best time is 2:16:57.

## Seniors T.C.

P.O. Box 4053, Torrance 90510

Big news in the Seniors Track Club is the masters women performances at the 2nd Annual Nike Road Racing Championships held April 5, in San Diego. Margaret Miller, age 53, outpaced all to win the 10 kilometer event in 39:09. Jennie Wright was second in 39:55 and Christa Romppannen placed tenth in 42:07. The masters men nailed down third place in their division. The mens masters team also was second in the National AAU 25 Kilometer Championships held in March.

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## High Sierra T.C.

1173 W. Eymann, Reedley 93654

May 28 in Tulare, HSTC member Harry Harder, age 63, was honored as the Outstanding Long Distance Runner of the Year by the C.C.A.A.U. Long Distance Chairman. Harry seems to be improving with age, as he continues to lower his times in a variety of distances. Harder is a very dominate master runner here in the Central Valley and can be seen competing at all major races in the area. He was also honored this last year (1979) as the co-winner of the High Sierra Runner of the Year - Master Division with Wayne VanDellen. Also honored at the CCAAAU Annual Dinner in Tulare was Donna Bronzan for her contributions to amateur athletics through her work for the HSTC.

HSTC runners made an exceptionally strong showing at the May 24, California Classic Five Mile. Juan Molina led the HSTC troops by blazing a 24:15 to take a narrow one second overall victory. Greg DeLaCruz was third followed by fellow team member Ed Taylor in fifth. Fred Castillo took the 19 and under division, while Dave Bronzan took the submasters division. In the women's 29 and under category, Joslyn Baca and Laura Kulsik went one and two.

May 25, Dave Bronzan won the submaster division at the Indian Gulch to Hornitos Five Miller.

On June 7, HSTC members were gathered at the College of the Sequoias all weather track to defend their National One Hour Championship title. Juan Garza got the club off to a good start by taking first place honors and covering over 11 miles.



photo by Marty Higginbotham

**Juan Garza**  
High Sierra TC



**Terry Drake**  
Club Northwest - SoCal

## West Valley TC

P.O. Box 1551, San Mateo 94401

Only information this month is on the WVTC Junior Team. Tom Downs, after recovering from an infection he caught while with the United States International Cross Country Team in Europe, was able to salvage his track season. He turned in a 5000 meter time of 14:10.2 and 1500 time of 3:50.1. He traveled to the Junior TAC Championship Meet in Knoxville, Tenn. He just completed his frosh year at Cal.

Jay Marden, a junior, placed second in the C.I.F. Championships timing 8:56.08 for the distance event. Rich Read and Bret Baffert also posted very impressive times for the same 3200 meters this season. Read ran a 9:14 while Baffert turned in a 9:16.

Dave Shrock, WVTC junior coordinator, has planned junior team get-togethers at the July 27 Wharf-to-Wharf Run and the Los Gatos Damit Run on August 23.

Bill Nicely and Kent Thompson are two new members who have joined the ranks during the track season.

## High Desert Running Club

44384 Stanridge Ave., Lancaster

This Lancaster based club dominated the Heritage Days 10K. Gary Everson was the clubs top finisher, he was second overall and first in the submasters division as he clocked 33:59. The top five finishers in the submasters category were all HDRC members. Ed Jerome was second, Tom Gleason third, Bob Johnson fourth and Jim Schelling took the fifth spot. Ken Hamrick, Richard DePue and Darrell LaRue went 2-3-4 in the mens 40-49 division, while Marv Powers clocked 38:59 to take the mens 50 and over division. Juquin Moreno won the boys 12 and under division and Kelly Wells took the girls 16-18 category. Also in the womens 40-49 division Jeanette Wells took honors clocking 45:53.

Jack Powell has turned in the best 10K time for the HDRC so far this year by timing 32:52. Kelly Wells, age 18, has turned in a 38:52 to have the top womens 10K time this year.

HDRC has also welcomed fourteen new members to their ranks.





photo by Marty Higginbotham

**Rob Stephenson [lft]  
Craig Newport  
Visalia Runners**

## Orange County Blue Angels

17530 Teape Circle, Fountain Valley 92708

The Orange County Blue Angels is a distance running track/cross country club located in Fountain Valley, California. Most of the club members come from Fountain Valley, Santa Ana, Huntington Beach and Irvine. The club is coached by Frank Duarte of Santa Ana who is a former distance runner at Long Beach State University. The club sponsored a very successful track meet recently at UCI on May 24th called the Orange County Relays. Close to 600 entries were at the meet and the outcome saw 75 performances which were under the TAC National Meet qualifying standards.

To date the Blue Angels have qualified seven boys in ten events for the national meet. The most famous of these is John Soto a ten year old Huntington Beach resident. John, in addition to his 800/1500 meter qualifying, has surpassed two age 10 national records this year. At the SCATS 10K he ran the 10,000 meter road race in 35:01, and at an age group track meet on May 17th ran a 9:47.4 for 3000 meters.

Others on the team include Greg Whiteley (1979 10-11 1500 meter national champion), Robbie Barrios (third in 1979 nationals at 9 & Under 1500 meters), Brent Timmons (strong contender in this years 9 & Under 800/1500 meters) and Mark Jones (age 8 and has run a 39:55 10K). Among club members there are six

people with nine age group national records.

The club is currently preparing for the California State Meet at Santa Rosa and the Annual Track City Invitational at Eugene, Oregon. The season windup will occur July 25-27 at the TAC Nationals in Pleasant Hills, California.

## Clovis Running Express

1029 Cherry Lane #A, Clovis 93612

Mike Grady, the holder of five club records in the mens 25-29 age group was selected as CRE "Runner of the Month in May." Grady participates in many Central Valley road races and also competed in the Honolulu Marathon and Boston Marathon.

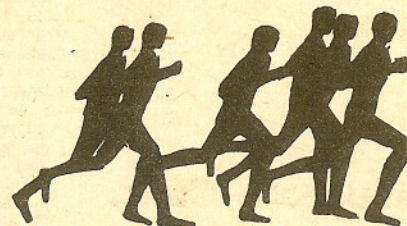
Ruth Townsend ran in the Avenue of the Giants Marathon and established a womens 35-39 club record.

The CRE is asserting itself as a strong Central Valley road racing team. They have appeared at 37 different races so far this year.

The club holds weekly workouts on Tuesdays at Millerton Lake or Woodward Park.

CRE also sponsored a series of all-comers track meets from June through July. They continue with their monthly prediction fun runs (see schedule).

# LONG DISTANCE LOG



by **RICHARD SLOTKIN** LONG DISTANCE EDITOR

Please send road race highlights, pictures and stories directly to Richard Slotkin, 14212 Summertime Lane, Culver City, CA 90230. Also send a copy of the results to the California Track & Running News office: P.O. Box 6103, Fresno, CA 93703.

## Points of Interest

Following the Brentwood 10K, members of the San Fernando Valley Track Club had a party for their coach Laszlo Tabori. The occasion was the 25th anniversary of his sub-4 minute mile, an event which caught much of the track world by surprise at the time. The refreshments were super! But the event being celebrated was pretty super too --honoring Laszlo Tabori. Congratulations, Coach!

The AAU's at Mt. SAC seemed kind of dull this year. Steve Scott scratching from the 1500 final, Greg Foster passing on the whole meet, nothing exciting in the 10,000; it was as though the boycott was hanging over the meet like a dark cloud.

It was interesting listening to Dwight Stones, John Smith and Brian Oldfield trying to explain their positions to reporters. One especially slow-witted one finally walked off, mumbling to himself, as Stones went over and over again why he WAS eligible to compete at Eugene (he hadn't broken any USOC or IOC rules) and the others WEREN'T (they had). Oldfield was quite irate, and threatened lawsuits. It seems that all the athletes from the defunct professional tour intended to go to Eugene with attorneys. It was an especially bitter blow to Oldfield who won his event with a toss that nearly went out of the infield. He and the others claim they don't want to displace anyone from the team which will tour Europe; they just want to compete. For team selection purposes, they claimed

Well, I know it can happen because it happens to me all the time. But these two kids went out and just plain died. The heck with being a good reporter! I didn't have the heart to go to them afterwards and ask what happened. Anyone who has ever run anything from the 800 on up to the marathon knows exactly what happened. Maybe not WHY it happened, but don't we know the feeling? The expressions on their faces told the whole story.

Promised-but-not-delivered Department: Because of the AAU's, the trials and a full load of local road races, I was not able to follow-up on all my leads for the Strider's name controversy. Next month, though.

## Clear Lake Marathon

April 12, 1980. Lakeport, Calif.

Clear skies and a warm day provided close to ideal conditions for runners in the Clear Lake Marathon Saturday.

Fewer people than anticipated took part in the marathon which extended into Scotts Valley where the 154 runners made a loop before heading back to Hill Road where the 20-kilo race with 273 participants continued.

Out-of-town runners took top places in the marathon with Steve Ottaway of Tiburon turning in the winning time of 2:39:12, followed by Theodore Jones of San Francisco at 2:45:41, and Bill Bugler of Burlingame at 2:47:14.

The top local finisher in the marathon

## Puente Hills Mall 10K

April 13, 1980. Puente Hills, Calif.  
"Run for Those Who Can't".

**Men 12 & Under:**

1	Shane Aeschlman	39:20.7
2	Andy Cook	43:22.4
3	Bobby Garcia	44:22.9

**Men 13-15:**

1	Ken Souza	32:46.6
2	Tony Valencuela	38:39.9
3	Jesse Guveare	39:02.1

**Men 15-18:**

1	Mike Jones	35:09.7
2	Fred Valenzuela	35:21.9
3	Pedro Casas	35:30.7

**Men 19-29:**

1	Terry Drake	32:18.4
2	David Lazarin	33:21.9
3	Bill Avila	35:30.7

**Men 30-39:**

1	Ron Kurrle(31)	31:43.8
2	Chuck Foote	34:32.9
3	Bill Sumner	34:58.2

**Men 40-49:**

1	Skip Shaffer	34:41.9
2	Ted Alcron	35:42.1
3	Ray Schmidt	36:34.6

**Men 50 & Over:**

1	Phil Castle	42:14.1
2	Jim Sulton	43:19.1
3	M. Stein	47:34.8

**Women 12 & Under:**

1	Karol Doody	41:04.6
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**Women 13-15:**

1	Jodie Peyton	42:25.0
2	Jeanne Maldonado	42:48.3
3	Vicky Gutierrez	48:48.4

**Women 19-29:**

1	Rufus Schneider	42:09.0
2	Terrie Delgadillo	47:17.7
3	Rebecca Villalvazo	49:34.8

**Women 30-39:**

1	Holly Reng	42:12.4
2	Roxanna McIntosh	49:41.1
3	Carmen Arguello	52:51.9

**Women 40-51:**

1	Alice Sandoval	51:04.9
2	Violet Padilla	53:27.8
3	Pat Bradburn	55:17.0

## Musical Marathon

April 19, 1980. Sacramento, Calif.

1	Bill Sevald	2:54:35
1	Joseph Hurd	2:54:35
3	Joe Cavanaugh	3:00:14
4	John Fornæss	3:04:16
5	Robyn Graves	3:06:46
6	Glenn Bailey	3:10:56
7	Bruce I. Halla	3:13:31
8	Ted A. Martinez	3:19:04
9	Peter Hanson	3:20:28
10	Jon Burroughs	3:21:32

## Run for Daylight

Frank Duarte of Santa Ana who is a former distance runner at Long Beach State University. The club sponsored a very successful track meet recently at UCI on May 24th called the Orange County Relays. Close to 600 entries were at the meet and the outcome saw 75 performances which were under the TAC National Meet qualifying standards.

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Others on the team include Greg Whiteley (1979 10-11 1500 meter national champion), Robbie Barrios (third in 1979 nationals at 9 & Under 1500 meters), Brent Timmons (strong contender in this years 9 & Under 800/1500 meters) and Mark Jones (age 8 and has run a 39:55 10K). Among club members there are six

## Express

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Another irate individual was Julie Brown. She wanted to run the 1500m, but was barred because she hadn't run a qualifying time within the previous year. Checking with officials Julie's coach, Chuck Debus, thought he had gotten her entered after all, but when she showed up at the line, she was told it was no-go again. So, she went out and won the 3000, leading just about all the way. Leading big too, until the last lap when Julie Shea, who had been running second, made a run at her. Brown was too far ahead and too strong for Shea at that point. And, I suspect ticked off enough to run over a grizzly bear if it got in her way.

Madeline Manning's win in the 800 was no fluke. Her 1:58.75 was the fastest US time this year. Still, we think the real Mary Decker is better than the third she placed behind Manning and Robin Campbell. Decker, apparently like Steve Scott, wasn't 100 percent for this meet. After that epic of an indoor season, it's not surprising that some of the parts might be in need of a little repair.

I talked with two of my favorite people before their respective races. Both were confident and optimistic. Jim Schankel was expecting to really bust one loose in the 5000 and assured me that making trials was in the bag because all he needed was a 13:50. Michelle Bush was so calm and relaxed before the women's 3000 she was sleeping on a corner of the cement walk along the fence by the track.

Missed-but-not-departed Department: Because of the AAU's, the trials and a full load of local road races, I was not able to follow-up on all my leads for the Strider's name controversy. Next month, though.

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The top local finisher in the marathon was Lakeport high school student Scott Weldon, who placed 17th overall with a time of 3:13:44, and won both the high school and local division titles.

The first woman runner to cross the finish line in the marathon was Kathleen Paifer, of Sacramento, in 51st place with a time of 3:34:08.

In the 20-kilometer event, Robert clay of Lakeport, with a time of 1:10:38, took second behind Bill Clark of Los Altos with a time of 1:08:15. Phillip Miller of Campbell was third with a time of 1:11:16. According to a spokesperson for the Lake County Chamber of Commerce, which co-sponsored the event along with the Lakeport Rotary Club, approximately 106 runners finished the marathon and about 240 finished the 20 kilometer.

The youngest runner in the marathon was a 12-year old boy who reportedly did well.

### MARATHON

1	Steve Ottaway	2:39.12
2	Theodore Jones	2:45.51
3	Bill Bugler	2:47.14

### Women:

1	Kathleen Paifer	3:34.08
2	Susan Whelan	3:39.21
3	Theresa Kooerer	3:59.53
1, local resident	Scott Weldon	3:13.44
1, 0-20	Eric Chapp	3:50.48.50
1, 20-29	Martin Rizzo	2:51.49
1, 30-39	Robert Dahlstet	2:50.32
1, 40-49	Larry Worth	3:08.51
1, 50+	Carl Fry	3:19.34

### 20 KILO

1	Bill Clark	1:08.15
2	Robert Clay	1:10.38
3	Phillip Miller	1:11.16

### Women:

1	Florianne Harp	1:24.16
2	Patricia Whettingstow	1:27.28
3	Marlys Hayden	1:29.33
1, local resident	Robert Clay	1:10.38
1, 0-20	David Lewis	1:22.11
1, 20-29	Allen Masterson	1:13.57
1, 30-39	Chris Johnson	1:11.16
1, 40-49	Edward Bruen	1:12.07
1, 50+	Don Carpenter	1:18.27

## Musical Marathon

April 19, 1980. Sacramento, Calif.

1	Bill Sevaid	2:54:35
1	Joseph Hurd	2:54:35
3	Joe Cavanaugh	3:00:14
4	John Fornæss	3:04:16
5	Robyn Graves	3:06:46
6	Glenn Bailey	3:10:56
7	Bruce I. Halla	3:13:31
8	Ted A. Martinez	3:19:04
9	Peter Hanson	3:20:28
10	Jon Burroughs	3:21:32

## Run for Daylight

April 20, 1980. Lafayette, Calif. 10K.

1	B. Stolp(22)	32:31
2	T. Quintana(24)	33:26
3	L. Kotchevar(26)	33:35
4	J. Embody(25)	33:53
5	D. George(30)	34:07
6	G. Romesser(29)	34:56
7	B. Degen(36)	34:58
8	B. Baffert(18)	35:03
9	J. Rawlings(34)	35:05
10	S. Molina(20)	35:12
11	D. Anderson(28)	35:19
12	H. Franklin(37)	35:28
13	S. Vasquez(40)	35:30
14	P. Foster(19)	35:46
15	B. Hamilton(18)	36:01
16	T. Morse(31)	36:05
17	G. Alderman(36)	36:05
18	K. Mattson(18)	36:29
19	J. Gethrig(29)	36:38
20	T. Hughes(36)	36:45
21	J. Domek(21)	37:00
22	S. Hyland(30)	37:04
23	J. Mihm(14)	37:06
24	D. Gowen(33)	37:09
25	B. Simmons(30)	37:12
30	D. Chaffee(2-M40-49)	37:45
44	G. McMahon(3-M40-49)	38:31
65	R. Stolp(1-W18-29)	39:15
122	D. Lucero(1-M50-59)	40:56
131	A. St. Augustine(2-M50-59)	41:03
139	V. Bigelow(1-W40-49)	41:07
162	B. Storm(1-W30-39)	41:33
180	S. Anderson(2-W30-39)	41:57
193	A. Nemir(2-W13-17)	42:08
240	P. Finn(3-W30-39)	43:04
251	D. Bigelow(3-W18-29)	43:21
364	M. Comarell(4-W30-39)	44:58
366	M. Gerrity(2-W40-49)	45:02
367	J. Hansen(3-W13-17)	45:03
615	C. Dekay(1-M60-69)	48:45
717	M. Hayhurst(1-W50-59)	50:06
719	B. Dathe(1-M70+)	50:08
868	K. Atkinson(1-W60-69)	52:42

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# Dipsea Race

by Jeff Biddulph

Tacked to the bulletin board near the telephone at Don Pickett's house is a piece of paper; a rather nondescript piece of paper, in fact, that could be mistaken for a telephone number listing. But on closer inspection, a curious visitor to Pickett's house will notice that the paper is actually a listing of names followed by times. In another column is a list of other times and after that are the words "possible", "not likely", or "maybe." Don Pickett quickly explains that this is his form of rating each of the favorites for the Dipsea Race that is about to be run on Sunday in Mill Valley, California.

"I've done this every year so far since 1968 and it shows a person's real chance of winning the Dipsea. I'd have to improve my time by two and a half minutes to win if the winner runs that same time he ran last year," Pickett explains.

All of the favorites are on the list including Don Chaffee, Russ Kiernan, Jim Nicholson, Bob Malain, Marilyn Moreton, Margaret Livingston and Barbara Magid. All of these runners are listed as "possibles." But there is one name right down at the bottom of the list that seems to have been added as an afterthought. The name is Donna Andrews, a 39-year-old runner from Mill Valley who had never run the race before. Pickett says he listed her as soon as he heard she was running. But still, even he wasn't expecting what was about to happen three days later when the Dipsea was run and

were soon to trample over. From downtown, the course is flat for about a quarter mile then it starts up the infamous steps. The steps come in three flights and there are 671 of them. From the top of the steps it's still another half-mile uphill to Windy Cap where the first major hill is over with.

From there it's downhill on one of the few paved portions of the trail. The pavement soon turns into a steep dirt trail that has been appropriately named Suicide. Suicide is not very long but it's one of the steepest parts of the trail. It looks like a cliff from the bottom. At the bottom of Suicide, it's a short jog through the Muir Woods parking lot and then begins the hardest part of the course: the long, grinding uphill that is divided into three parts. The first is another steep hill, Dynamite, which is only about 350 yards long but is a major shock to your system after Suicide. Then begins Hogsback, a wide open mile-long steady uphill through fields that make the sun burn right through your clothes. At the end of Hogsback, the trail goes under trees again and then comes Cardiac, a 600 yard steep uphill that couldn't have been better named.

From the top of Cardiac, it's only 2.4 miles to the finish—most of it knee-jarring downhill. The race finishes in the small beach town of Stinson Beach.

For Andrews, the race just about ended in Muir Woods when she left her last competitor in the dust and began to use her uphill speed. Eventually she was to win by a minute and a half over another Mill Valleyan, Russ Kiernan. Kiernan finished second last year, too, when fellow masters runner Don Chaffee out-sprinted him to the tape in one of the closest Dipsea finishes in the 70-year history of the race. Kiernan and Chaffee



photo by Mush Emmons

## Donna Andrews Dipsea winner

"I ran Boston and there was this guy at the finish line there. He was lying on the ground right at the finish and I heard him say 'I've run two crazy races in my life. This one today and Dipsea last year.'" says Pat. She is a 2:54 marathoner.

After the race she walked around in a slight daze. How did she feel in the race? "Nothing on the East Coast is that way."

Marty Albion is a typical fan of the Dipsea. He ran the race coming in the top 100, but that is not his claim to fame. When he wanted to get married, where did the ceremony take place? At the top of Cardiac Hill, of course. What is his dog's name? Dipsea, of course.

Albion is an example of a person who has made the Dipsea what it is today. The race has grown from just a fun run to a competitive media event that gets coverage by the Bay Area television news station. A book has been written about the race titled simply "The Dipsea Race." The book has just about every conceivable fact about the Dipsea within its pages.

Andrews is a perfect example of why the Dipsea is the Dipsea. She represents the craziness of the race, the zaniness that causes people from all over the Bay Area to come every Wednesday night and make the grueling run over the course in a practice for the magic day when the race is finally there. The race has become so popular that a Double Dipsea has been added. In this race, runners start in Stinson Beach, run to Mill Valley and then go back. A few very insane people like Hans Roenau, a Mill Valleyan who is the vice-president of a printing company, and Mike MacKenzie, a Sausalito electrical genius who had a major part in the production of the George Lucas film "The

and it has only missed six years from 1932-3 and 1942-5. The Dipsea was the first race to allow women to run, but this was in a separate series of Dipsea "hikes" from 1918-1922.

The first Dipsea race had 71 finishers but the race has grown to a high point of 1,600 finishers in 1976.

Probably the greatest runner ever to compete in the Dipsea is the "Dipsea Demon" himself Jack Kirk of Mariposa, California. Kirk has run a remarkable record of 45 Dipseas in a row, after completing this year's run. Kirk won the race in 1951 and in 1967. Kirk also has the record for the oldest person ever to win the race as he was 60 when won it in 1967.

Even when Kirk was running it in the 1930's and 40's the race was like a cult. Many of the same runners would come back each year to run the race, over and

over again. Maybe that's the magic of the Dipsea. Is it still a cult? Well, Don Pickett says he'll have the piece of paper tacked to the same bulletin board next year. He also says he wants to be listed as a "possible."

- Top Finishers —** Donna Andrews, Mill Valley, 59:51 (15-minute head start); Russ Kiernan, Mill Valley, 51:23 (5 minutes); Don Tickett, Tiburon, 55:39 (7 minutes); Bob Malain, Sacramento, 55:52 (9 minutes); Don Chaffee, San Francisco, 52:33 (5 minutes); Joseph Ryan, Oakland, 48:37 (1 minute); Margaret Livingston, Mill Valley, 61:41 (13 minutes); Daryl Deardall, Santa Rosa, 54:29 (5 minutes); Jim Nicholson, San Francisco, 56:32 (7 minutes); Steve Ottaway, Tiburon, 49:35 (scratch); Walt Schafer, Chico, 54:36 (5 minutes); Bonnie Storm, Woodside, 65:08 (15 minutes); Bruce Degan, Bolinas, 53:15 (3 minutes); Richard Houston, Berkeley, 63:39 (13 minutes).



photo by Eric Newton

## The Dipsea



photo by Mush Emmons

## The Dipsea

Andrews crossed the line in front of Pickett and 1400 other runners, becoming only the second female ever to win the 7.1 mile race.

What, a woman win a race over all? That must be some kind of strange race, you say. You couldn't be more right. The Dipsea is a race like no other. First of all, there's the handicap system. Andrews and about thirty other runners got a 15 minute handicap over the "scratch" runners. These are the men ages 16 to 27. Andrews also got a six minute head start on Pickett, who was eventually to finish third for the second year in a row.

This handicap system is needed because of the Dipsea course, which is also like no other. First, the course is open which means that runners can take any path from Mill Valley to Stinson Beach. Most runners take the conventional course except for a few spots where short cuts have been made. The race starts in downtown Mill Valley, a sleepy town about 10 miles North of San Francisco. Mill Valley's latest claim to fame was the movie "Serial" which was shot on some of the streets that the Dipsea runners

have been waging a friendly dual on the Dipsea ever since the race and Kiernan came out ahead this year as Chaffee faded and came in fifth.

The Dipsea has become a tradition for Mill Valley. The town visibly bubbles on Dipsea Day. Police are put on special duty, many people stay home to watch the ceremonies and they hang out their windows cheering on the runners. This year an unusually large field participated under a heavy fog—perfect Dipsea weather. Runners came from all over the country to participate including people from Florida, Ohio, Utah and Arizona.

A couple from Florida sat in the Mill Valley Coffee Shop the Saturday before the race. The couple, Harvey and Pat Sher, were invited to Mill Valley by runner Peter Eisenberg. Eisenberg is an oncologist who lives in Sausalito and is the informal "leader" of a group of runners who gather on the top of Mt. Tamalpais every Saturday morning for a run. The Shers just got back from a run on the mountain with the group and they talk excitedly, almost with trepidation about the Dipsea.

Dipsea. He ran the race coming in the top 100, but that is not his claim to fame. When he wanted to get married, where did the ceremony take place? At the top of Cardiac Hill, of course. What is his dog's name? Dipsea, of course.

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But Andrews made her own little niche in Dipsea history when she crossed the line in first place. The only other female ever to do that was Mary-Etta Boitano, the famous San Franciscan who ran a marathon at the age of six and won the Dipsea when she was 10. Boitano set a new course record for women when she won the Dipsea but the course has been changed so Andrews real time of 59:51 is a new course record.

Andrews was a relative unknown coming into the Dipsea but she had run a 3:09 marathon at the Avenue of the Giants just a month earlier. She had also recorded a 40 minute 10 kilometer earlier that year.

The large handicap had a lot to do with Andrews's winning, of course, it is this same handicap system that has caused women and older men to dominate the placing in the top ten for the last 20 years. Nobody between the ages of 11 and 36 has won the race since 1967. This has caused a certain amount of bitterness among the scratch runners who have to pass all of the other runners on their way to the finish but Dipsea officials have remained adamant in providing a handicap system that gives advantages to runners who normally would never have them.

The race director of the Dipsea is a representative of the Mill Valley Jaycees, the sponsoring group for the Dipsea since 1963, Jerry Hauke. Hauke is a well-liked and well-known man in Mill Valley who has had sons and daughters from Mill Valley who have been some of the best athletes produced by the local high school. A park near Hauke's house also bears his name.

The history of the Dipsea is befitting of its colorful runners and fans. The Dipsea is noted as the second-oldest footrace in the United States after the Boston Marathon. The first race was run in 1905



photo by Eric Newton

## The Dipsea

### SRI Chinmoy Marathon

June 1, 1980. Menlo Park, Calif.

Men 18-29:

1	Wilfried Jackisch(S.F., 28)	2:21:12.3
2	Leroy Kotchevar(Crockett, 26)	2:26:29.0
3	Dave Collins(S.F., 29)	2:26:48.2
4	Perry Linn(Sacramento, 29)	2:31:19.4
5	David Kadish(S.F., 27)	2:31:30.9
6	Virginio De Araujo(Brazil, 28)	2:33:59.6
7	Stacy Geiken(Palo Alto, 24)	2:36:47.3
8	Dave Willis(Castro Vall., 29)	2:41:02.8
9	Phillip Armstrong(S.F., 29)	2:41:30.5
10	Ken Brown(Oakland, 28)	2:42:30.7
11	Lloyd George(Castro V., 23)	2:45:27.6
12	Fessil Fessaha(Berkeley, 24)	2:45:55.7
13	Eddie Lanzarin(S.F., 27)	2:46:15.2
14	Vic Andrews(Sta. Clara, 27)	2:46:57.6
15	Jeff Porto(S. Lorenzo, 20)	2:47:18.1

Men 30-39:

1	Robert Clay(Lower Lake, 33)	2:33:35
2	Steve Stark(S.J., 33)	2:35:05
3	Dennis Urriaga(Union City, 31)	2:36:43
4	Michael Lisowski(Palo Alto, 31)	2:37:45
5	Charles Elkins(Arroyo Gr., 36)	2:38:22
6	Bill Sevald(S.F., 34)	2:39:47
7	Frank Ruona(S.J., 34)	2:39:59
8	Dennis Doris(Sta. Rosa, 34)	2:40:41
9	Art Webb(Sta. Rosa, 38)	2:43:08
10	Dan Alarid(Sacramento, 37)	2:43:53
11	Gary Nathanson(S.F., 30)	2:44:39
12	Leo Reihsen(Moraga, 36)	2:44:56
13	Monroe Rosenthal(Oakland, 32)	2:45:41
14	Jasper Kirkby(Mtn. View, 31)	2:45:42
15	Allan Stanbridge(Burling., 33)	2:47:11

Men 40-49:

1	Norm McAbee(S.F., 47)	2:39:46
2	Siegfried Mattern(S. Bruno, 43)	2:45:42
3	Don Huff(EI Cerrito, 43)	2:51:13
4	Walt Van Zant(Sunnyvale, 41)	2:51:25
5	Pete Castellanos(Oakland, 40)	2:51:54

Men 50 & Over:

1	Ross Smith(Reno, NV, 52)	3:02:26
2	Fred Dunn(S.F., 51)	3:05:03
3	Link Lindquist(Cupertino, 52)	3:12:00

### Gold Country Marathon

June 1, 1980. Nevada City, Calif.

MARATHON

1	David Russell (32)	2:37:56
2	Jon Wegener (21)	2:51:39
3	Ken Gaal (40)	2:54:48
4	Rae Clark (28)	2:56:48
5	Glenn BAiley (32)	2:59:35
6	Pete Schoener (39)	3:01:53
7	Michael Schulz (31)	3:02:18
8	Austin Angell (37)	3:03:23
9	Lawrence Kahn (33)	3:03:29
10	Michael Owen (27)	3:07:33
45	Wendy Taylor (33, 1-W)	3:47:43

HALF-MARATHON

1	Ken Hunter (27)	1:11:08
2	Arthur Baudendistel (23)	1:14:13
3	Rick Pincombe (22)	1:16:00
4	Guillermo Sanchez (24)	1:17:36
5	Tony Chan (26)	1:17:55
6	Vince Mathew (24)	1:18:44
7	Steve Piller (24)	1:19:20
8	Michael Gourley (23)	1:22:09
9	Paco Lindsay (27)	1:22:11
10	James Weber (24)	1:23:59
23	Ron Ogilvie (47, 1-40+)	1:28:43
38	Deborah Bisoo (22, 1-W)	1:33:41
53	Tina Herrold (20, 2-W)	1:39:16
63	Chris Monarrez (19, 3-W)	1:41:14

10,000 METER

1	Miguel Tibaduiza (25)	32:45
2	Glen Walder (29)	35:02
3	Mike Peavy (16)	35:29
4	Jesus Sanchez (25)	36:32
5	Brian Knight (17)	36:39
6	Jim Tucker (38)	37:19
7	Oliver Mills (18)	37:40
8	John Darlington (35)	38:25
9	William Heidelberger (35)	39:02
10	Matt Scribner (15)	39:45
24	Austin Emmerling (46, 1-40+)	44:16
29	Ray Helm (51, 1-50+)	44:55
40	Debbie Palmer (16, 1-W)	46:18
52	Beth Lazier (25, 2-W)	48:14
57	Katie Welch (23, 3-W)	49:04

## Lake Tahoe 72 Mile Relay

June 7, Lake Tahoe. 16th DeCelle Memorial Tahoe Relay-1. Stereoscope Loafers (May, Carjul, Willner, Hernandez, Dawland, Correa, Leano) 6:32:12. Shelleys Drugs Striders (VonRuden, Jobski, Hernandez, Williams, Jones, Horny, Smith) 6:36:56.  
**Women:** 1. Aggie Running Club ( Rosenblatt, Haberman, Diffman, Bigelow, Kohloff, Houston, DeLong) 9:37:32.  
**Masters:** 1. Buffalo Chips (Howard, Hall, Potter, Bourbeau, Betschart, Hanna, Malain) 8:09:58.

## Mirassou-Nike Grape Run

The first annual Mirassou-Nike Grape Run started with a bang at 10 a.m. when Mirassou winemaker Don Alexander pulled the starting gun trigger which set 700 participating runners on a picturesque 3.5 mile race course through Mirassou's "Home Vineyard" Cabernet Sauvignon vines.

Weather conditions were ideal: skies were blue, gentle winds blew, and the temperature was in the low sixties as racers took off Aborn Road. They streamed past the winery, vineyards, and turned right onto a row bordered by walnut trees on the left and blooming grape vines on the right.

From this point on runners were surrounded by lush greenery as they trailed through hard-packed dirt vineyard rows. Nike race official volunteers directed and encouraged grape runners as they ran through lanes that gracefully wove and climbed past a water tower, Mirassou family homes and back onto Aborn Road. The race finished in front of the tasting room doors.

photo by Wayne Glusker



everything went smoothly. This was probably the most enjoyable race in Northern California."

### RESULTS

**Men 21-25:** 1. David Jalajas 22:21; 2. Jeff Nilles 22:53; 3. Mike Korda 22:59.  
**Men 26-30:** 1. Brent McGinnis 19:33; 2. John Lilygren 20:05; 3. Steve Radigan 20:38.  
**Men 31-35:** 1. David Himmelberger 18:42; 2. Philip Knudsen 20:15; 3. Bill Presson 21:20.  
**Men 36-40:** 1. Michael Hicks 20:23; 2. Dennis Morris 20:58; 3. Ruben Gallego 21:56.  
**Men 41-45:** 1. Larry Worth 20:55; 2. Bernard LaCasse 21:26; 3. Peter Leal 21:27.  
**Men 46-50:** 1. Elvin Young 22:42; 2. Gary Eubank 23:15; 3. Albert Macy 24:01.  
**Men 51 & Over:** 1. Mark Ricand 22:30; 2. Jess Walker 23:28; 3. Vito D'Alois 24:28.  
**Women 21-25:** 1. Kathleen Gleason 25:57; 2. Kasey Rolib 26:05; 3. Jo Dilding 26:35.  
**Women 26-30:** 1. Nancy Alleman 22:33; 2. Teresa Rementer 23:27; 3. Davia Gallop 26:16.  
**Women 31-35:** 1. Kathy Himmelberger 22:47; 2. Kristine Morella 23:53; 3. Virginia Dellano 25:39.  
**Women 36-40:** 1. Diane Young 23:42; 2. Linda McMillan 24:41; 3. Sherry Gaskin 25:56.  
**Women 41-45:** 1. Diane Bronstead 35:39; 2. Joanne Hall 26:18; 3. Nita Gundlach 29:20.  
**Women 46-50:** 1. Maureen Radford 33:57; 2. Jo Young 36:14; 3. Carole Weidner 36:36.  
**Women 51 & Over:** 1. Florence Scrimshire 35:39

## Biannual Tunnel Hill Invitational

June 8, 1980. Fort Bragg, Calif. 2.14 Mile Cross Country.  
**1 Tino Tarantino (Pasanos) 12:59**  
**2 J.C. Tinney (Tunnel Hill) 13:18**

Kevin Jones who led almost the whole race was passed by Ron Nabors of San Francisco the last quarter mile.  
 Jones, the week before placed first in the J.C. State Meet in the steeplechase and 5,000 for Santa Rosa J.C. ran a good time despite claims of being bumped several times by Nabors. Nabors also had a good time of 30:20.  
 In the women's race, which followed the men's, Bekie Simmie of Santa Rosa won in a fine time of 39:40. Daria Smith also of Santa Rosa, who is only 12, ran a good 42:54.  
 This race was put on by Valley of the Moon Running Club and directed by Bob Lawrence.

**1 Chris Becerra (Burlingame, 13) 42:06**  
**2 Scott Wilson (Santa Rosa, 11) 42:36**  
**3 Jeff Wilson (Santa Rosa, 9) 43:54**  
**Men 14-18:**  
**1 Brian Hoyt (Santa Rosa, 18) 32:53**  
**2 Rob Biando (Santa Rosa, 18) 33:13**  
**3 John Von Seeburg (Santa Rosa, 17) 34:30**  
**Men 19-29:**  
**1 Kevin Jones (Santa Rosa, 19) 30:38**  
**2 Russ Knudsen (Corte Madera) 31:53**  
**3 Jeff Johnston (San Rafael, 28) 32:29**  
**Men 30-34:**  
**1 Ron Nabors (San Francisco, 32) 30:20**  
**2 Ron Kesicker (Santa Rosa, 31) 34:14**  
**3 Chris Johnston (Sausalito, 30) 34:18**  
**Men 35-39:**  
**1 Joe Becerra (Burlingame, 37) 33:43**  
**2 Martin Jones (Sonoma, 37) 33:59**  
**3 Mike McGuire (Santa Rosa, 35) 35:05**  
**Men 40-49:**  
**1 Darryl Beardall (Santa Rosa, 43) 33:40**  
**2 Sal Vasquez (Alameda) 33:57**  
**3 Bert Botta (Mill Valley, 41) 34:03**  
**Men 50 & Over:**  
**1 Don Pickcott (Tiburon, 52) 37:55**  
**2 Leo Steneck (Santa Rosa) 41:19**  
**Women 13 & Under:**  
**1 Daria Smith (Santa Rosa, 12) 42:59**  
**Women 14-18:**  
**1 Elizabeth Pizani (Sebashopol, 15) 48:18**  
**Women 19-29:**  
**1 Bekie Simmie (Santa Rosa, 28) 39:40**  
**2 Pearl Anit (Pacifica, 20) 40:54**  
**3 Lisa Macias (San Francisco, 19) 43:53**  
**Women 30-34:**  
**1 Chris Reak (Santa Rosa, 30) 43:08**  
**Women 40-49:**  
**1 Margaret Oakes (Healdsburg, 44) 42:46**

## Russian River Run

by Tim Wallen

June 8, 1980. Ukiah, Calif. Fun Run, Half and Full Marathon.

The 2nd annual Russian River Run was a record breaking event in which 426 finished (combined number from all three races). It was held in Talmage close to Ukiah.

Jim Notch of Oakland broke Kevin Jones record of 2:34:46 by 2 minutes and 9 seconds.

Tom Mota, a master, also broke the old record coming in second in 2:34:01.

Pam Bartko won the womens marathon in 3:27:04.

In the half-marathon, Jim Lovejoy was also under last years record of 1:16 with

### MENS FULL MARATHON

**Men Open:**  
**1 George Howe 2:40:23**  
**2 Mark Samuelson 2:41:21**  
**3 Jim Gross 2:42:50**  
**Men 30-39:**  
**1 Jim Notch 2:32:36**  
**2 Gary Simoni 2:34:58**  
**3 David Nieman 2:37:23**  
**Men 40-49:**  
**1 Tom Mota 2:34:01**  
**2 Ed Bruen 2:45:49**  
**3 Nik Epanchin 2:48:38**  
**Mens 50 & Over:**  
**1 Keith Anderson 3:18:17**  
**2 Eugene Lapkass 3:33:47**  
**3 Ted Wurm 3:51:01**  
**Mens 14 & Under:**  
**1 Erik Charo 3:52:22**  
**WOMENS FULL MARATHON**  
**Women Open:**  
**1 Debbie Sanders 3:33:43**  
**2 Sandra Bean 3:49:48**  
**3 Janet Sovei 4:02:46**  
**Women 30-39:**  
**1 Pam Bartko 3:27:04**  
**2 Claudia Notch 3:38:20**  
**3 Kathryn Kettler 3:44:00**  
**Women 40 & Over:**  
**1 Erma Baker 3:39:50**  
**2 Wendy Stone 3:49:16**  
**3 Sandra Caldwell 3:59:40**

## Chihuahua Road Run

June 8, 1980. Fresno, Calif. 2 MILE

**Men 12 & Under:** 1. Covie Aguilar (Parlier) 19:17; 2. Eric Valdez (Fresno) 13:00. **Men 13-18:** 1. Manuel Ronteria (Madera) 10:31; 2. Orlando Eventos (Fresno) 10:48. **Men 19-29:** 1. Mike Taylor (Selma) 10:25; 2. Dan Currier (Sanger) 11:20; 3. Manuel Valle (Parlier) 12:16. **Men 30-39:** 1. Gordon Keller (Clovis) 10:35; 2. Ken Lehman (Fresno) 10:44; 3. Dan Ronguillo 11:27. **Men 40-49:** 1. Frank Delgado (Fresno) 10:49; 2. Henry Clark (Riverdale) 11:47; 3. Fred Keenom (Fresno) 12:20. **Men 50-59:** 1. Jack Robertson (Fresno) 12:03; 2. Ken Takeuchi (Fresno) 13:09. **Men 60 & Over:** 1. Woody Cape (Fresno) 15:39.  
**Women 12 & Under:** 1. Erin Valdez (Fresno) 13:29; 2. Irene Olmos (Fresno) 14:09. **Women 13-18:** 1. Lori Gutierrez (Fresno) 12:57; 2. Kim Yates (Fresno) 15:41. **Women 19-29:** 1. Tone Nichols (Fresno) 12:22; 2. JoEllen Howard (Fresno) 14:01; 3. Janie Rodriguez (Fresno) 14:11. **Women 30-39:** 1. Sylvai Valdez (Clovis) 15:06; 2. Carla Dakin (Fresno) 15:24; 3. Sheron Hufstader (Fresno) 15:36. **Women 40-49:** 1. Eileen Lohse (Hanford) 15:01; 2. Joann Denny (Fresno) 16:00; 3. Pat Basey (Sanger) 20:31. **Women 50-59:** 1. Susie Takayama (Reedley) 16:51; 2. Sally Weinschenk (Fresno) 23:02.

### 6 MILE

**Men 19-29:** 1. Juan Molina (Fresno) 30:29; 2. Jim Hartig (Clovis) 30:38; 3. Chris Hamer (Clovis) 31:16. **Men 30-39:** 1. Mark Hemphill (Fresno) 34:10; 2. Art Ramos (Fresno) 34:42; 3. Frank Ortego (Fresno) 35:45. **Men 40-49:** 1. Len Thornton (Fresno) 34:27; 2. Don Trout

through fifteenth place finishers in all divisions were also awarded prizes. Everyone completing the races recieved participation ribbons.

### 7.6 MILE

**Men's Open:** 1. Dan Harvey 38:21; 2. Al Swenson 40:40; 3. David Parish 41:04.  
**Women's Open:** 1. Nora Crans 50:03; 2. Patty Fin 51:03; 3. Renee Spencer 53:27.  
**Men's Masters:** 1. David Augustine 44:23; 2. Dave Stevenson 44:33; 3. Gary Worth 45:06.  
**Women's Masters:** 1. Betsey Fraser-Smith 55:41; 2. Nancy Eubank 67:55; 3. Uera Williams 72:25.  
**Military:** 1. Steve Frisk 41:41; 2. Scott Miller 45:47; 3. Glenn Unsicker 47:01.  
**Boys 12-18:** 1. Marc Spadaro 43:39; 2. Eril Peterson 44:20; 3. Richard Montgomery 44:50.  
**Girls 12-18:** 1. Brigitte Cruz 60:39; 2. Vickie Gerber 63:11; 3. Nancy Novak 68:30.  
**Ages 11 & under:** 1. Lewis Stostanovich 49:17; 2. Kevin Veigho 53:48; 3. Paul Deree 57:24.

### 3.1 MILE

**Men's Open:** 1. Paul Gydney 14:48; 2. Doug Schmenk 15:05; 3. Michael Niemiec 15:06.  
**Women's Open:** 1. Tracy Williams 19:25; 2. Sherrill Tomkins 20:44; 3. Sherry Gaskin 21:19.  
**Men's Masters:** 1. Walter Van Zant 16:54; 2. Malcolm Stewart 17:06; 3. Jim Cross 17:14.  
**Women's Masters:** 1. Julie Kyle 21:35; 2. Monique Cruz 21:40; 3. Angie Girven 22:45.  
**Military:** 1. Phillip enrikson 17:46; 2. Albert Oterd 17:48; 3. Robert Gower 18:20.  
**Boys 12-18:** 1. John Marden 15:12; 2. John E. Carey 15:57; 3. David Berger.  
**Girls 12-18:** 1. Vicki Rydell 21:05; 2. Mary Mathew 22:13; 3. Cathy Eubank 23:35.  
**Ages 11 & under:** 1. Brian Holian 18:52; 2. Rod Rydell 19:13; 3. Mike Stewart 21:21.

## Palos Verdes Marathon

by Joe Snyder

Of more than 1,500 runners at the 14th annual Palos Verdes Marathon June 14, 37-year-old Mike Mahler was the first to cross the finish line, three minutes ahead of the next finisher.

Mahler was timed at 2:38:53.9 and came in first despite making a wrong turn and getting lost on the course near the finish at Palos Verdes High School. He was rescued by course monitors who came after him in a car.

"I like this race although I don't have as good of chance at a good time," Mahler said after the victory. "I was lost on the course. However, I worked very hard on the downhill part and found myself back on the track. When I got downhill, I began to open up a lead and was able to win the race."

For Mahler, who lives in Santa Monica,



they ran through lanes that gracefully wove and climbed past a water tower, Mirassou family homes and back onto Aborn Roan. The race finished in front of the tasting room doors.

photo by Wayne Glusker



**The E-Scaped Goat:** This unofficial entrant joined the 700 runners participating in the Mirassou Vineyards-Nike 3.5 mile run through the vineyards.

First across the finish line was David Himmelberger with a time of 18:22. he was greeted by Daniel Mirassou who popped a cork of champagne for the winner. Second to finish was Brendt McGinnis in 19:33; and third place overall finisher was John Lilygren in 20:05.

In the women's division Nancy Alleman finished first with a time of 22:33. She edged Kathy Himmelberger (wife of men's winner) who finished with a time of 22:47. In third place was Teresa Rementer finishing in 23:27.

Vinter Steve Mirassou sported official race #1. After finishing the race a smiling, perspiring Steve remarked, "The race was beautiful, inspiring, I'm glad it's over. Now where's the chilled wine?"

Mirassou's upper patio tasting room gates opened at 10:30 a.m. where a special wine tasting was held for runners and spectators. Four recently released vintaged wines were sampled: Petite Rose, White Burgundy, Monterey Riesling, and Gamay Beaujolais. Calistoga water, Parisian bread, and Rondele cheese were also offered to tasting participants. Entertainment was provided by the lively award winning Fremont High School Jazz Ensemble.

The Grape Run award ceremony was held at noon and emceed by Steve Mirassou and Ron Wayne, Nike's road racing promotions director and Director of the Grape Run. Wayne concluded, "Ev-

**June 8, 1980. Fort Bragg, Calif. 2.14 Mile Cross Country.**

- |                             |       |
|-----------------------------|-------|
| 1 Tino Tarantino (Pasanos)  | 12:59 |
| 2 J.C. Tinney (Tunnel Hill) | 13:18 |

- |                                   |       |
|-----------------------------------|-------|
| 2 Pearl Anit (Pacifica, 20)       | 40:54 |
| 3 Lisa Macias (San Francisco, 19) | 43:53 |
| <b>Women 30-34:</b>               |       |
| 1 Chris Reak (Santa Rosa, 30)     | 43:08 |
| <b>Women 40-49:</b>               |       |
| 1 Margaret Oakes (Healdsburg, 44) | 42:46 |

## Russian River Run

by Tim Wallen

**June 8, 1980. Ukiah, Calif. Fun Run, Half and Full Marathon.**

The 2nd annual Russian River Run was a record breaking event in which 426 finished (combined number from all three races). It was held in Talmage close to Ukiah.

Jim Notch of Oakland broke Kevin Jones course record of 2:34:46 by 2 minutes and 9 seconds.

Tom Mota, a master, also broke the old record coming in second in 2:34:01.

Pam Bartko won the womens marathon in 3:27:04.

In the half-marathon, Jim Lovejoy was also under last years record of 1:16 with his 1:11:58.

Vicki Blankenship won the womens race in 1:28:52.

The out and back course was flat with a few slight hills.

Jon Pelkey was the Meet Director of the race which was sponsored by Big Brothers and Sisters, also supporting it were Nike shoes and Ukiah Sports-A Foot.

### FUN RUN

- |                    |       |
|--------------------|-------|
| <b>Men:</b>        |       |
| 1 Phillip Schlager | 28:53 |
| <b>Women:</b>      |       |
| 1 Theresa Koke     | 36:57 |

### MENS HALF MARATHON

- |                            |         |
|----------------------------|---------|
| <b>Men 14 &amp; Under:</b> |         |
| 1 Dan Wallen               | 1:35:08 |
| 2 Darren Young             | 1:37:51 |
| 3 David Dutcher            | 1:37:52 |
| <b>Men Open:</b>           |         |
| 1 Gary Singer              | 1:12:01 |
| 2 Dexter Keehn             | 1:13:51 |
| 3 Richard Spinas           | 1:14:58 |
| <b>Mens 30-39:</b>         |         |
| 1 Jim Lovejoy              | 1:11:58 |
| 2 Jim Gibbons              | 1:13:01 |
| 3 High Gath                | 1:18:04 |
| <b>Mens 40-49:</b>         |         |
| 1 Theodore James           | 1:20:58 |
| 2 Charles Marot            | 1:25:49 |
| 3 Gary Nolan               | 1:28:25 |
| <b>Mens 50 &amp; Over:</b> |         |
| 1 Allen Bellon             | 1:24:38 |
| 2 Bob Rodger               | 1:32    |
| 3 Ed Burke                 | 1:36    |

### WOMENS HALF MARATHON

- |                               |         |
|-------------------------------|---------|
| <b>Womens 14 &amp; Under:</b> |         |
| 1 Rena Peckam                 | 1:39:43 |
| <b>Women Open:</b>            |         |
| 1 Pauline Rogers              | 1:39:43 |
| 2 Janet Anderson              | 1:44:10 |
| <b>Women 30-39:</b>           |         |
| 1 Vicki Blankenship           | 1:28:52 |
| 2 Beth Sibley                 | 1:40:19 |
| <b>Women 40 &amp; Over:</b>   |         |
| 1 Jeanie Jones                | 1:38:42 |
| 2 Sherry Coerman              | 1:44:32 |

## Moscow Road Run

by Tim Wallen

**June 8, 1980. Monte Rio, Calif. 10,000 Meter Championship. Men 13 & Under:**

The Moscow Road Run took its name from the Moscow Road in monte Rio a small town near Santa Rosa. The route was chosen because of the upcoming Moscow olympics, although the road was named before the boycott issue.

This RRCA Western Regional 10,000 championship was run over a very fast and flat course out and back. It was shaded practically the whole way by Redwood trees and was near the Russian River, a real scenic course.

- |   |                                  |
|---|----------------------------------|
| <b>Men 30-39:</b>                         |                                  |
| 1. Gordon Keller (Clovis)                 | 10:35;                           |
| 2. Ken Lehman (Fresno)                    | 10:44;                           |
| 3. Dan Ronguillo 11:27. <b>Men 40-49:</b> |                                  |
| 1. Frank Delgado (Fresno)                 | 10:49;                           |
| 2. Henry Clark (Riverdale)                | 11:47;                           |
| 3. Fred Keenom (Fresno)                   | 12:20. <b>Men 50-59:</b>         |
| 1. Jack Robertson (Fresno)                | 12:03;                           |
| 2. Ken Takeuchi (Fresno)                  | 13:09. <b>Men 60 &amp; Over:</b> |
| 1. Woody Cape (Fresno)                    | 15:39.                           |

- |                              |                            |
|------------------------------|----------------------------|
| <b>Women 12 &amp; Under:</b> |                            |
| 1. Erin Valdez (Fresno)      | 13:29;                     |
| 2. Irene Olmos (Fresno)      | 14:09. <b>Women 13-18:</b> |
| 1. Lori Gutierrez (Fresno)   | 12:57;                     |
| 2. Kim Yates (Fresno)        | 15:41. <b>Women 19-29:</b> |
| 1. Tone Nichols (Fresno)     | 12:22;                     |
| 2. JoEllen Howard (Fresno)   | 14:01;                     |
| 3. Janie Rodriguez (Fresno)  | 14:11. <b>Women 30-39:</b> |
| 1. Sylval Valdez (Clovis)    | 15:06;                     |
| 2. Carla Dakin (Fresno)      | 15:24;                     |
| 3. Sheron Hufstader (Fresno) | 15:36. <b>Women 40-49:</b> |
| 1. Eileen Lohse (Hanford)    | 15:01;                     |
| 2. Joann Denny (Fresno)      | 16:00;                     |
| 3. Pat Basesy (Sanger)       | 20:31. <b>Women 50-59:</b> |
| 1. Susie Takayama (Reedley)  | 16:51;                     |
| 2. Sally Weinschenk (Fresno) | 23:02.                     |

### 6 MILE

- |                                       |                                    |
|---------------------------------------|------------------------------------|
| <b>Men 19-29:</b>                     |                                    |
| 1. Juan Molina (Fresno)               | 30:29;                             |
| 2. Jim Hartig (Clovis)                | 30:38;                             |
| 3. Chris Hamer (Clovis)               | 31:16. <b>Men 30-39:</b>           |
| 1. Mark Hemphill (Fresno)             | 34:10;                             |
| 2. Art Ramos (Fresno)                 | 34:42;                             |
| 3. Frank Ortega (Fresno)              | 35:45. <b>Men 40-49:</b>           |
| 1. Len Thornton (Fresno)              | 34:27;                             |
| 2. Don Trout (Oakhurst)               | 36:17;                             |
| 3. Joe Delgado (Fresno)               | 37:16. <b>Men 50-59:</b>           |
| 1. Sid Toabe (Fresno)                 | 37:43;                             |
| 2. Jess Rivera (Fresno)               | 38:53. <b>Men 60 &amp; Over:</b>   |
| 1. Mike Invergo (Sanger)              | 47:36. <b>Men Wheelchair:</b>      |
| 1. Jim Brooks (Fresno)                | 40:32. <b>Women 19-29:</b>         |
| 1. Nora Vargas (Fresno)               | 42:56;                             |
| 2. Eleanor Uribe (El Monte, under 12) | 43:58;                             |
| 3. Valerie Hawkins (Fresno)           | 45:15. <b>Women 30-39:</b>         |
| 1. Jean Dinger (Sanger)               | 43:56;                             |
| 2. Rose Marie Reyes (Fresno)          | 48:38;                             |
| 3. Margie Timberlake (Fresno)         | 48:54. <b>Women 40-49:</b>         |
| 1. Michelle Gauthier (Synanon)        | 44:16;                             |
| 2. Ramona Diaz (Fresno)               | 45:30;                             |
| 3. maida Lauritzen (Fresno)           | 50:10. <b>Women 50-59:</b>         |
| 1. Dorothy Thomas (Fresno)            | 48:40. <b>Women 60 &amp; Over:</b> |
| 1. Norelma Walker (Fresno)            | 57:02.                             |

## Round The Runway

The 3rd annual "Round the Runway" Footrace held on Sunday, June 8, at NAS Moffett Field was an overwhelming success. The race, sponsored by the Commanding Officer, drew over 1,000 spectators and was run under nearly ideal conditions.

A total of 550 runners competed in the two races, 240 in the 3.1 mile race and 310 in the 7.6 mile race. Both courses were laid out around the flat perimeter of Moffett Field and the aircraft runways.

Dan Harvey posted an excellent winning time of 38.21 in the 7.6 Men's Open Division and Paul Gydney won the 3.1 mile Men's Open with a time of 14.48.

Each race had eight divisions: Men's Open, Men's Masters, Women's Open, Women's Masters, Military, Boys 12-18, Girls 12-18, and Ages 11 and under. The first three places in each division of both races were awarded trophies and fourth

## Palos Verdes Marathon

by Joe Snyder

Of more than 1,500 runners at the 14th annual Palos Verdes Marathon June 14, 37-year-old Mike Mahler was the first to cross the finish line, three minutes ahead of the next finisher.

Mahler was timed at 2:38:53.9 and came in first despite making a wrong turn and getting lost on the course near the finish at Palos Verdes High School. He was rescued by course monitors who came after him in a car.

"I like this race although I don't have as good of chance at a good time," Mahler said after the victory. "I was lost on the course. However, I worked very hard on the downhill part and found myself back on the track. When I got downhill, I began to open up a lead and was able to win the race."

For Mahler, who lives in Santa Monica, and qualified for the Olympic trials with a 2:21:54 at Fiesta Bowl last September, it was his fourth win and first at Palos Verdes. His first marathon win came at Santa Barbara in 1969. A year later, Mahler won the Mission Bay Marathon in San Diego. Nine years past by before he won the Abilene, Texas Marathon.

Placing second in the open division was Mark Stevenson of the United States Marines at 2:31 while John Hart finished third in 2:32:33.

The top woman finisher was Terry Adams of the open division (age 16-29) in 3:05:52.1. The second woman to complete the race was Kathy Martin, a 30-year-old from San Pedro who also was the champion of the 30-39-year-old female division.

"I was just running this race for a workout," Martin stated. "It was a fun run thing. I am surprised I finished this high."

Adams ran marathons for five years and this is her 14th Marathon overall and fourth at PV.

Bob Cooper, who finished high in the 50-59-year-old division at 3:24:18. The 50-year-old from Torrance who ran his best time hopes to bring it down to 3:10 and make it to the Boston Marathon.

"I think PV is a tougher course than Boston," Cooper says. "Boston is much faster."

Sixty-year-old Martin Lipstein of Santa Monica captured the top spot of the Veteran mens Division at 3:43:46. Sue Hutchison, 43, finished first in the Veteran Womens Division with a strong time of 3:17:37.4.

"This is my 50th marathon and the first time I won a gold medal," Lipstein said. "I agree strongly with P.E. I am retired but I train all the time running 80 miles a week."

"I was just doing a training run but I feel super to finish and win the race,"

Hutchison of Rancho Palos Verdes stated. "I was just testing my body."

Other winners in their division included Gabriel Rodriguez (Boys 14 & Under; 3:01.14.1), Mike Closson (Juniors 15-18; 2:28:17.1), Joe Burgasser (Men 40-49; 2:40:24), Tracey Brown (Senior Men 50-59; 2:55:21) and Valeria Lisiewleg (Girls 15 & Under; 3:31:56).

For the more than 1500 runners in the 14th annual Palos Verdes Marathon, whether or not they finished, it was some effort to just try the brutal and hilly 26-mile, 385-yard run. Of the 1,000 plus who completed the course, 13 were victims of Cardiac Disease. Most of those patients thought they would never be able to do any physical activities.

However, all of the runners of the "Cardiac Team" completed the course with little worry that this past heart disorder would pose any problems. It was the first time in the three years which the cardiac team participated that all members completed the course which is a tremendous accomplishment according to doctors and nurses throughout the South Bay Area.

"Half of our patients at one time had a heart bypass operation," said Linda Burke, a nurse in the Torrance memorial Hospital cardiac rehabilitation ward, who herself was a finisher in the race.

"We had a doctor at every three miles along the course to make sure the victims were all right," Burke added.

According to Burke, four of the patients running the race had suffered heart attacks, one of them as recently as six months ago.

"The rest suffered from some form of documented heart disease," Burke stated.

The first of the 13 Cardiac members to cross the finish line was 44-year-old Jack O'Rourke of Big Bear Lake at 3:48:20. This Palos Verdes Marathon was his fourth marathon since suffering a Single Bypass in April 1977. Just eight months later, O'Rourke started taking up running.

"My son is a runner and I also had a couple of friends at Big Bear that did considerable running so decided to do the same thing," O'Rourke recalled. "I started running just one-half a mile then worked my way up."

Presently, O'Rourke runs 55 miles a week around his Big Bear home 8,000 feet above sea level. O'Rourke's first marathon since his illness came in January 1979 when he ran the Walker and Lee Marathon in Orange. Four months later, he participated and finished the Griffith Park Marathon before running the marathon in Las Vegas at his fastest time of 3:40.

Frank Toreno, a 57-year-old who placed second in the Cardiac Team at 3:51, had a double-bypass in his heart just 1½ years ago.

"It's just like being reborn," Toreno said after finishing the race. "Just 1½ years ago, I thought it would be great just to be able to walk again and here I am now. I finished this hard race. It's a whole new life."

Like O'Rourke and Toreno, each cardiac team member's running program stresses the importance of such self-control while running.

## Father's Day 5K

June 15, 1980. St. Helena, Calif.	
1 Allen Smith (Pinole)	15:33
2 Rob Lawson (Woodland)	15:38
3 Richard Watson (Woodland)	16:08
4 Rudi Balli (Santa Rosa)	16:21
5 Bob Blackman (Fairfield)	16:26
6 Ron Ecesecker (Santa Rosa)	16:35
7 Larry Pugh (Fairfield)	16:41
8 Les Dumont (Napa)	16:45
9 Robert Neeley (Vallejo)	17:11
10 Ed Ford (Salem, OR)	17:12
11 Keith Golding (Napa)	17:12
12 Dave Sjostedt (Sebastopol)	17:29
13 Joseph Cleary (San Jose)	17:44
14 Raymond Sibley (Lakeport)	17:51
15 David Augustus (Napa)	17:54
16 Martin Bannon (Vacaville)	17:56
17 Ralph Anless (Napa)	18:06
18 Charles Kramer (1-40+, Callist.)	18:10
19 Ron Campbell (Napa)	18:24
20 Olin Jones (Santa Rosa)	18:28
22 Beckie Simmie (1-W, Santa Rosa)	19:08
33 Kim Keeton (2-W, Woodland)	19:15
49 Jennifer Balckman (3-W)	20:29
68 Julia Oldham (4-W, Santa Rosa)	21:34
75 Tracey Van DeVerie (5-W, Benic.)	21:57

## Fathers Day Run

June 15, Fresno. 6 miles.

Men 15-19: Bob Lohse 29:52; 2. Scott Thornton 30:20; 3. Shawn Smallwood 31:21.

Men 20-24: 1. Juan Molina 29:24; 2. Chris Hamer 29:43; 3. Bryan Foley 29:44; 4. Tim Cornell 30:17; 5. Richard Torres 30:24.

Men 25-29: 1. Tony Ramirez 28:33; 2. Jim Hartig 29:51; 3. Al Lomeli 31:31.

Men 30-34: 1. Curt Elia 30:39; 2. Dave Cords 30:52; 3. Craig Elia 31:28.

Men 35-39: 1. Bob Lindsay 32:55; 2. Ian Lange 33:00; 3. Art Ramos 33:10.

Men 40-44: 1. Frank Delgado 33:44; 2. David Saylor 34:16; 3. Joe Delgado 35:06.

Men 45-49: 1. Len Thornton 33:07; 2. Jim Harris 35:05; 3. Dick Cain 35:54.

Men 50-54: 1. Bob Fries 35:10; 2. Jess Rivera 36:48; 3. Franz Weinschenk 37:58.

Men 55-59: 1. Sid Toabe 35:59; 2. Don Cross 40:51; 3. Payson Taylor 42:26.

Men 60 & Over: 1. Harry Harder 38:34; 2. Joe Carey 39:09; 3. Frank Horn 43:26.

Women 15-19: 1. Cynthia Rogers 36:25; 2. Diane Barrett 39:30; 3. Linda Deleon 39:53.

Women 20-24: 1. Kimbi Hamer 36:53; 2. Paula Ramirez 38:08; 3. Tone Nichols 38:50.

Women 25-29: 1. Connie McCarthy 38:06; 2. Carolyn Tiernan 40:36; 3. Donna Davidge 40:59.

Women 30-34: 1. Diane Stauffer 39:44; 2. Susan Abbott 42:27; 3. Muriel Olsen 44:21.

Women 35-39: 1. Mary Ann Barroso 43:36; 2. Jo Ann Lange 44:19; 3. Margie Timberlake 45:16.

Women 40-44: 1. Lynn Lindsay 39:14; 2. Jeannette Burke 41:35; 3. Ramona Diaz 43:49.

Women 45-49: 1. Isabel Verdusco 44:16; 2. Liz Demonte 45:15; 3. Eileen

22 Bill Hotchkiss(39) 55:26

23 Salvador Berumen(24) 55:27

24 Walt VanZant(41, WVJS) 55:29

25 William Jenkins(30, SALZ) 55:35

58 Amy Haberman(25, ATC, 1-W) 60:46

92 Keith Campbell(53, WVJS, 1-50+) 64:31

108 Carol Carbaugh(29, 2-W) 65:43

132 Marge Gerrity(42, 1-W, 40+) 67:54

## Ysais Captures 10K Run; Heaton Wins 20K Event

Ron Ysais, from Oxnard, was the fastest 10 kilometer runner (31:01) in Sunday's 10/20 Sea Breeze Run in Ventura.

Headed for Ventura College to run cross country in the fall, Ysais, the Rio Mesa High graduate, was easily the winner in his age group, 13-18.

In the 20 kilometer race, Kevin Heaton had the fastest time of 66:19. Heaton won the 19-29 age division.

Approximately 440 runners competed in the event, sponsored by Team Inside Track, New Balance Athletic Shoes and Natural Light Beer.

The challenging national championship course, flat and fast, is called a scenic out-and-back run with the Pacific Ocean in view of the runners at most times.

In an awards presentation on the Mission Park lawn, Cathy Fulkerson, the Camarillo High running product, was the fastest 10 kilometer gal (37:03). But Fulkerson was challenged by Cal State Bakersfield Roadrunner Nancy Ramirez, via Santa Paula High and Ventura College, who ran 37:52.

In the 20 kilometer segment, Ann Gladeau, 18 and under sensation, ran 83:34.

Fred Nagelschmidt, 50 plus, was the age group winner in 37:55. Nagelschmidt took the Marina West's Surf and Sand 10 kilometer race just last weekend in Oxnard. Hank Crawford was the overall winner and Michelle Mason was the overall women's winner in the Marina West race.

### 10 KILOMETER

Boys 12 & Under: 1. Joel Rapp 40:32; 2. Matt Michaelson 41:26; 3. Donovan Skidmore 42:41. Girls 12 & Under: 1.

Karen Schotlift 46:19; 2. Erin Irving 54:10; 3. Kim Irving 55:03. Men 13-18: 1.

Ron Ysais 31:01; 2. John Beattie 32:57; 3. Aaron Ramirez 35:03. Women 13-18: 1.

Lori Klassen 41:55; 2. Lorraine Mercado 46:33; 3. Jill Sutherland 46:56. Men

19-29: 1. Steve Webb 32:35; 2. Ray Knerr 33:35; 3. James Warren 34:52. Women

19-29: 1. Cathy Fulkerson 37:03; 2. Nancy Ramirez 37:52; 3. Jayne Kay Miller

38:20. Men 30-39: 1. Juan Hernandez 34:10; Jory Hallahan 34:50; 3. Richard

Holly 35:45. Women 30-39: 1. Patricia Robinson 34:29; 2. Penny Moynihan

34:33; 3. Kathleen Major 36:03. Men

## Morro Bay Summer Beach Race

June 21, 1980. Morro Rock, Calif. 4 Miles.

1. John Beaton(26, SLO/SLDC)	22:23
2. Greg Baxter(18, Atascadero)	22:34
3. Matt Armbruster(16, P. Robles)	22:58
4. Mark Breish(18, Atascadero)	23:16
5. Bill Flynn(26, Tarzana/STC)	23:25

6. Stephén Onaga(21, Guad./SLDC)	23:54
7. Steve Craucker(30, Cuy./SLDC)	23:57
8. Terry Barnes(28, Harm./SLDC)	24:02
9. Wayne Guffin(23, SLO/SLDC)	24:32
10. Mike Dresp(16, SLO/SLOSHS)	24:39
11. Aaron Stern(16, Pls. Bh./AGHS)	24:41
12. Chuck Elkins(36, Arr. G./SLDC)	24:47
13. Mick Baker(17, Plsom Beh.)	24:53
14. Todd Robinson(23, Lom./LVDC)	25:18
15. Frank Renteria(33, Fresno)	25:54
23. Rick Zamarripa(1-40+)	26:55
24. John Herd(1-50+)	26:58
30. Tone Nichols(1-W)	27:36
34. Debbie Arebalo(2-W)	28:07
40. Kelly Buzza(3-W)	29:06
81. Betty L. Roush(1-W, 40+)	41:43



## 3rd Annual Community Food Bank Run

July 26, 1980  
Balboa Park - San Diego

•3 Mile•

•6 Mile•

☆Registration: 6:00 am - 8:00 am

☆fee: \$7.00 for 2 events, \$5.00 one event.

☆Awards: Each runner automatically will be eligible for a free T-shirt and a round trip for two to Las Vegas, plus awards for 1st, 2nd and 3rd places.

☆Free Refreshments.

For more information: Call the Neighborhood House Assoc. Food Need Program (714) 235-6271.

**cfb** community food bank  
San Diego Community Working Together  
To Feed the Needy

## PEPSI OF RENO

### 72 Mile Lake Tahoe Run

Bypass in April 1977. Just eight months later, O'Rourke started taking up running. "My son is a runner and I also had a couple of friends at Big Bear that did considerable running so decided to do the same thing," O'Rourke recalled. "I started running just one-half a mile then worked my way up."

Presently, O'Rourke runs 55 miles a week around his Big Bear home 8,000 feet above sea level. O'Rourke's first marathon since his illness came in January 1979 when he ran the Walker and Lee Marathon in Orange. Four months later, he participated and finished the Griffith Park Marathon before running the marathon in Las Vegas at his fastest time of 3:40.

Frank Toreno, a 57-year-old who placed second in the Cardiac Team at 3:51, had a double-bypass in his heart just 1 1/2 years ago.

"It's just like being reborn," Toreno said after finishing the race. "Just 1 1/2 years ago, I thought it would be great just to be able to walk again and here I am now. I finished this hard race. It's a whole new life."

Like O'Rourke and Toreno, each cardiac team member's running program stresses the importance of such self-control while running.

"We don't send them out to try and break any records," said Dr. Marc Platt, a cardiologist and colleague of Ben Rosin, head of the cardiac rehabilitation program at Torrance Memorial Hospital.

"We teach our patients to pace themselves and listen to their bodies. If they feel they're straining, they know that they should ease up and relax."

**Top Division Finishers**

- Men 14 & Under:**  
 1. Gabriel Rodriguez 3:17:37.4  
 2. Greg Hill 3:07:45  
 3. Bill Meyer 3:41:53.2
- Men 15-18:**  
 1. Mike Closson 2:38:17.1  
 2. Jeff Ring 2:48:11  
 3. Matt Ryan 2:48:59.7
- Men 19-39:**  
 1. Mike Mahler 2:28:53.9  
 2. Mark Stevenson 2:31  
 3. John Hart 2:32:33  
 4. Jim Arquilla 2:33:59

- Masters 40-49:**  
 1. Joe Burgasser 2:40:24  
 2. John Rudberg 2:46:54  
 3. Mel Glauser 2:47:08

- Seniors 50-59:**  
 1. Tracey Brown 2:55:21  
 2. Patrick Devine 3:00:44

- Veterans 60 & Over:**  
 1. Martin Lipstein 3:43:46  
 2. Jon Baldwin 3:43:48  
 3. Tom Hillman 3:55:15

- Women 15 & Under:**  
 1. Valeria Lisiewieg 3:31:56  
 2. Laurie White 3:31:57  
 3. misty Yoshikawa 3:34:38

- Open 16-29:**  
 1. Terry Adams 3:05:52.1  
 2. Diana King 3:15:44  
 3. Kathy Smilganich 3:28:22

- Women 30-39:**  
 1. Kathy martin 3:14:27.5  
 2. Susie Weems 3:21:41.9  
 3. Emily Brun 3:26:33.3

- Veteran 40 & Over:**  
 1. Sue Hutchison 3:17:37.4  
 2. Wilma Maddock 3:33:41.1  
 3. maruanna McMullen 3:37:33.3

- Coros 30-32:** 1. Craig Ella 31:28.  
**Men 35-39:** 1. Bob Lindsay 32:55; 2. Ian Lange 33:00; 3. Art Ramos 33:10.

- Men 40-44:** 1. Frank Delgado 33:44; 2. David Saylor 34:16; 3. Joe Delgado 35:06.

- Men 45-49:** 1. Len Thornton 33:07; 2. Jim Harris 35:05; 3. Dick Cain 35:54.

- Men 50-54:** 1. Bob Fries 35:10; 2. Jess Rivera 36:48; 3. Franz Weinschenk 37:58.

- Men 55-59:** 1. Sid Toabe 35:59; 2. Don Cross 40:51; 3. Payson Taylor 42:26.

- Men 60 & Over:** 1. Harry Harder 38:34; 2. Joe Carey 39:09; 3. Frank Horn 43:26.

- Women 15-19:** 1. Cynthia Rogers 36:25; 2. Diane Barrett 39:30; 3. Linda Deleon 39:53.

- Women 20-24:** 1. Kimbi Hamer 36:53; 2. Paula Ramirez 38:08; 3. Tone Nichols 38:50.

- Women 25-29:** 1. Connie McCarthy 38:06; 2. Carolyn Tiernan 40:36; 3. Donna Davidge 40:59.

- Women 30-34:** 1. Diane Stauffer 39:44; 2. Susan Abbott 42:27; 3. Muriel Olsen 44:21.

- Women 35-39:** 1. Mary Ann Barroso 43:36; 2. Jo Ann Lange 44:19; 3. Margie Timberlake 45:16.

- Women 40-44:** 1. Lynn Lindsay 39:14; 2. Jeannette Burke 41:35; 3. Ramona Diaz 43:49.

- Women 45-49:** 1. Isabel Verduzco 44:16; 2. Liz Demonte 45:15; 3. Elleen Lohse 47:24.

- Women 50 & Over:** 1. Dorothy Thomas 45:55; 2. Sue Takayama 50:17; 3. Evelyn Krumbein 53:20.

**San Rafael Mini-Marathon**

- June 15, 1980. Novato, Calif.**
- |    |                     |         |
|----|---------------------|---------|
| 1  | Russ Knudsen        | 1:09:32 |
| 2  | Frank Hanley        | 1:13:29 |
| 3  | Chris Johnson       | 1:15:20 |
| 4  | Peter O'Reilly      | 1:16:48 |
| 5  | Rich Henderson      | 1:16:56 |
| 6  | Sandy Lawrence(1-W) | 1:21:08 |
| 7  | Ronald Rahmer       | 1:24:30 |
| 8  | Bill McDevitt       | 1:24:54 |
| 9  | Mark Brown          | 1:25:34 |
| 10 | Wally Lim           | 1:25:35 |

**Holy City Race**

- June 15, 1980.**
- |    |                           |       |
|----|---------------------------|-------|
| 1  | Ron Fritzsche(23, CWRT)   | 47:12 |
| 2  | John Marden(18)           | 49:30 |
| 3  | Gary Goettelman(36)       | 50:11 |
| 4  | Mike Smith(21, CNW)       | 50:34 |
| 5  | Mike Plummer(26)          | 51:13 |
| 6  | Gary Alderman(36, DRR)    | 51:27 |
| 7  | Jeff Farmer(22)           | 51:56 |
| 8  | Richard Kimball(24, WVTC) | 52:16 |
| 9  | Jon Ahnberg(25, TTC)      | 52:29 |
| 10 | Gene Dangel(33, DVRR)     | 52:45 |
| 11 | Dave Parish(25)           | 53:03 |
| 12 | Dan Dierken(31, TRAC)     | 53:09 |
| 13 | Stan Newton(21)           | 53:59 |
| 14 | Jerry Lewis(45, TRAC)     | 54:03 |
| 15 | Glenn Pruitt(39, ETC)     | 54:09 |
| 16 | Walt Radloff(35, WVJS)    | 54:23 |
| 17 | Homer Latimer(41, WVJS)   | 54:49 |
| 18 | Ray Clemo(31)             | 54:55 |
| 19 | Jonathan Kanter(26)       | 55:06 |
| 20 | Phillip Miller(26, DLG)   | 55:10 |
| 21 | David R. Klein(32, DVRR)  | 55:21 |

Robert Rodriguez, Nancy Ramirez, via Santa Paula High and Ventura College, who ran 37:52.

In the 20 kilometer segment, Ann Gladeau, 18 and under sensation, ran 83:34.

Fred Nagelschmidt, 50 plus, was the age group winner in 37:55. Nagelschmidt took the Marina West's Surf and Sand 10 kilometer race just last weekend in Oxnard. Hank Crawford was the overall winner and Michelle Mason was the overall women's winner in the Marina West race.

**10 KILOMETER**

- Boys 12 & Under:** 1. Joel Rapp 40:32; 2. Matt Michaelson 41:26; 3. Donovan Skidmore 42:41. **Girls 12 & Under:** 1. Karen Schotlift 46:18; 2. Erin Irving 54:10; 3. Kim Irving 55:03. **Men 13-18:** 1. Ron Ysais 31:01; 2. John Beattie 32:57; 3. Aaron Ramirez 35:03. **Women 13-18:** 1. Lori Klassen 41:55; 2. Lorraine Mercado 46:33; 3. Jill Sutherland 46:56. **Men 19-29:** 1. Steve Webb 32:35; 2. Ray Knerr 33:35; 3. James Warren 34:52. **Women 19-29:** 1. Cathy Fulkerson 37:03; 2. Nancy Ramirez 37:52; 3. Jayne Kay Miller 38:20. **Men 30-39:** 1. Juan Hernandez 34:10; 2. Jory Hallahan 34:50; 3. Richard Holly 35:45. **Women 30-39:** 1. Patricia Robinson 34:29; 2. Penny Moynihan 34:33; 3. Kathleen Major 36:03. **Men 40-49:** 1. Eino 34:52; 2. Truman Clark 36:02. **Women 40 & Over:** 1. Belva Norins 48:27; 2. Carol Downer 49:55; 3. Sally Ridley 50:24. **Men 50 & Over:** 1. Fred Nagelschmidt 37:53; 2. Bill Winstony 38:54; 3. Charles Borwon 39:37.

**20 KILOMETERS**

- Men 18 & Under:** 1. Archie Santos 75:07; 2. Dave Bradley 77:27. **Men 19-29:** 1. Kevin Heath 66:19; 2. Sal D'Amico 67:00; 3. Tim Cornish 67:49. **Women 19-29:** 1. Leslie Schiller 88:41; 2. Karla Katz 94:30; 3. Phyllis Martin 95:59. **Men 30-39:** 1. Unknown; 2. Bill Scobey 69:54; 3. Bill Boggs 70:58. **Women 30-39:** 1. Mollie Thayer 86:53; 2. Lynn Canfield 87:14; 3. Judy Kewley 87:40. **Men 40-49:** 1. Jim Carr 71:13; 2. Frank Freyne 76:22; 3. John Starr 77:08. **Women 40-49:** 1. (No official results because of race mixup with numbers on runners.) **Men 50 & Over:** 1. Dick Durand 79:36; 2. Roger Bodecker 88:01; 3. John Wefler 91:32.

**Lake Tahoe 10K**

- June 22, 1980.**
- |     |                           |       |
|-----|---------------------------|-------|
| 1.  | Lyle Nelson               | 35:12 |
| 2.  | Raymond Lawson            | 35:51 |
| 3.  | Andy Takana               | 35:58 |
| 4.  | Martin Rizzo              | 36:39 |
| 5.  | Mike Sapp                 | 36:43 |
| 6.  | Johnny Talco              | 37:00 |
| 7.  | Earnie Bell               | 38:14 |
| 8.  | Bob Blackman              | 38:54 |
| 9.  | Brennan McLeary           | 39:10 |
| 10. | martin Bannon             | 39:22 |
| 11. | Ron Treabess              | 39:50 |
| 12. | Valdemar Schultz (1-40 +) | 39:53 |
| 35. | Holly Beatie (1-W)        | 45:17 |

round trip for two to Las Vegas, plus awards for 1st, 2nd and 3rd places.

☆Free Refreshments.

For more information: Call the Neighborhood House Assoc. Food Need Program (714) 235-6271.

**cfb** community food bank  
 San Diego Community Working Together  
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**PEPSI OF RENO**

**72 Mile Lake Tahoe Run**

Friday, September 19, 1980

**Time:** The race will start promptly at 6:00 a.m. and will be discontinued, for safety reasons, at midnight.

**Start:** Wells Fargo Bank, Tahoe City (30 yds. south of Truckee River Bridge at junction of Hwys. 89/28 on Hwy. 89)

**Sponsors:** Pepsi Cola of Reno and Buffalo Chips Running Club of Sacramento.

**Course:** Race will follow same route as Lake Tahoe relays. However, start and finish are at Tahoe City.

**Entry Fee:** \$5.00 This includes a free tank top with Lake Tahoe 72 Mile Run on it.

**Divisions:** Open Men, Men 40-49, Men 50+, Open Women, Women 40+.

**Awards:** Divisional awards, all other finishers will receive an engraved plaque.

For Entry Blank Write:  
 Charles Mersereau

8895B Salmon Falls Dr. Sacramento, CA 95826  
 362-9660

# Track & Field Results

## Golden State Conference

May 10, Humboldt State, Arcata: Golden State Conference Women's Collegiate Championships.

10,000: 1. Aubuchon (Hay) 35:49.4; 2. Rudolph (Sac) 37:40; 3. Haskovich (Hum) 37:42.

Javelin: 1. Sullinski (Chico) 45.57; 2. Sundby (Hay) 40.98; 3. Schoengarth (Stan) 35:56.

Shot Put: 1. Robenson (Chico) 12.68; 2. Read (Hay) 12.45; 3. Kasparian (Hay) 11.84.

Long Jump: 1. Peters (Hay) 5.49; 2. Lyons (Sac) 5.37; 3. Barber (Sac) 5.22.

Sprint Medley: 1. Sacramento State 1:48.18; 2. Hayward State 1:52.8; 3. UC Davis 1:52.8.

Discus: 1. Robinson (Chico) 47.07; 2. Read (Hay) 42.70; 3. Kasparian (Hay) 41.14.

400 Relay: 1. Chico 48.42; 2. Sacramento State 48.59; 3. Hayward State 49.07.

5000 Meter: 1. Aubuchon (Hayward) 17:03.1; 2. Foy (Sac) 17:14.2; 3. Roberts (Sac) 17:33.7.

1500 Meter: 1. Hester (Hay) 4:33.16; 2. Scannell (Sac) 4:33.80; 3. Rieboldt (Hay) 4:47.30.

100 Meter Hurdles: 1. Boone (Hay) 14.60; 2. Pickel (Hay) 15.70; 3. Allen (Hum) 15.85.

400 Meter: 1. Gipson (Sac) 58.23; 2. Lyons (Sac) 58.85; 3. Santa Maria (Sac) 59.20.

100 Meter: 1. Bell (SF) 12.13; 2. Gilmore (Sac) 12.14; 3. Peters (Hay) 12.2.

800 Meter: 1. Castro (Hay) 2:14.12; 2. Moran (Hay) 2:16.20; 3. Pappas (Sac) 2:18.10.

High Jump: 1. Barber (Sac) 5-4; 2. Dixon (Sac) 5-2; 3. Homestead (Sac) 5-2.

400 Hurdles: 1. Upshaw (Hay) 64.34; 2. Sizemore (Chico) 66.08; 3. Homestead (Sac) 66.10.

200 Meter: 1. Gilmore (Sac) 25.06; 2. Bell (SF) 25.37; 3. Peters (Hay) 25.88.

3000 Meter: 1. Scannell (Sac) 10:06.20; 2. Aubuchon (Hay) 10:09.03; 3. Hester (Hay) 10:13.60.

2 Mile Relay: 1. Sacramento State 9:37.72; 2. UC Davis 9:53.49; 3. Hayward State 10:18.74.

1600 Meter Relay: 1. Sacramento State 3:52.44; 2. Hayward State 3:57.99; 3. Chico State 4:05.15.

Final Team Scores: 1. Hayward State 215, 2. Sacramento State 214, 3. Chico State 59, 4. UC Davis 49, 5. Humboldt State 30, 6. San Francisco State 30, 7. Stanislaus State 12, 8. Sonoma State 8.

MEN	
<b>10,000:</b>	
1. Dan Gruber(Aggles)	30:37.5
2. Ron Nabers(Greater SFTC)	30:49.3
3. Breg Bachand(Unat)	31:36
<b>5,000 Walk:</b>	
1. Joseph Berendt(St. Geo. TC)	21:59
2. Dennis Ruley(Unat)	22:26
3. Walt Juquith(Unat)	24:36
<b>Hammer:</b>	
1. Matt Mileham(Fresno)	67.06
2. Rick Buss(Stanford)	63.84
3. Ed Burke(SJ Stars)	62.98
<b>400 Hurdles:</b>	
1. Angel Wendell(Army)	52.0
2. Peter Grimes(UCB)	52.4
3. Sandy Labeaur(CS Hayward)	53.1
<b>400 Dash:</b>	
1. Dedy Cooper(BAS)	47.2
2. Rick Brown(Unat)	48.6
3. Lloyd Johnson(Inter City)	48.8
<b>Shot Put:</b>	
1. Al Feuerbach(AW)	20.54
2. Ian Pyka(Pacific)	20.00
3. Rob Suelflohn(SJSU)	17.09
<b>100 Meter:</b>	
1. Eddie Hart(BAS)	10.4
2. Lester Washington(Army)	10.4
3. Ted White(Inter City)	10.5
<b>1500 Meter:</b>	
1. John Johnson(Army)	3:50.1
2. Mike O'Rielly(California)	3:51.9
3. John Engeharld(Army)	3:57.0
<b>High Jump:</b>	
1. Thurils Gibbs(SJSU)	2.14
2. Doug Reinhart(Unat)	2.14
3. Keith Nelson(Unat)	2.10
<b>Long Jump:</b>	
1. Frederick Brook(Army)	7.19
2. George Francis(Hayward)	6.70
3. Kenny Brooks(Sports Aft)	6.58
<b>110 Hurdles:</b>	
1. Chester Hart(BAS)	13.7
2. William Collins(Army)	13.8
3. Dereck Ligons(Unat)	14.0
<b>800 Meter:</b>	
1. Mark Schilling(Aggles)	1:51.7
2. Phillip Rolle(Army)	1:51.9
3. John Schaer(Stanford TC)	1:52.1
<b>200 Meter:</b>	
1. Lester Washington(Army)	20.8
2. Gordon Banks(Stanford)	21.4
3. Ed Washington(Army)	22.0
<b>Javelin:</b>	
1. Steve Roller(Skyline)	67.16
2. Marshall Keith(Army)	66.94
3. Tom Walker(Sports Aft)	66.74
<b>Triple Jump:</b>	
1. William Lloyd(Army)	15.94
2. Ray Kimble(Unat)	15.84
3. Frederick Brooks(Army)	15.15
<b>3000 Steeplechase:</b>	
1. Wayne Hurst(WVTC)	9:27.8
2. John Embody(Sports Aft)	9:28.2
3. Dan Harvey(SJSU)	9:38.3
<b>5,000 Meter:</b>	
1. Mike Sullivan(Woodside)	14:38.8
2. Arild Wathne(Unat)	14:57.3
3. George Green(Excelsior)	14:58.0
<b>Discus:</b>	

2. Gale Zaphiropoulos(Golden Bear)	49.15
3. Wendy Robinson(Unat)	46.45
<b>100 Meter:</b>	
1. Freida Cobbs-Brown(BEBTC)	11.9
2. Sidney Fuller(BEBTC)	12.4
3. Kim Moore(Army)	12.6
<b>100 Hurdles(14-15):</b>	
1. Yvette Bates(BEBTC)	15.2
2. Lorie Jacobs(Woodside)	16.6
3. Monica Eaker(Millbrae Lions)	17.5
<b>100 Meter Hurdles:</b>	
1. Cheryl Hawthorne(BEBTC)	14.2
2. Deanne Johnson(Stanford)	14.5
3. Leslie Miles(BEBTC)	15.0
<b>800 Meter:</b>	
1. Ann Witherspoon(SJ Cindergals)	2:19.5
2. Sue Grigsby(Unat)	2:23.5
3. Karen Wolfe(Woodside)	2:25.6
<b>High Jump:</b>	
1. Disa Gisladdottir(WVTC)	1.75
2. Tricia King(Unat)	1.70
3. Dana Davidson(Unat)	1.65
<b>200 Meter:</b>	
1. Freida Cobbs-Brown(BEBTC)	24.1
2. Kim Moore(Army)	25.4
3. Sidney Fuller(BEBTC)	25.8
<b>3,000 Meter:</b>	
1. Kim Schuerpheul(Stanford)	9:44.8
2. Phyllis Olrich(WVTC)	9:55.9
3. Ann Witherspoon(SJ Cindergals)	10:04
<b>1 Mile Relay:</b>	
1. Stanford Track Club	4:01.6
2. Woodside Striders	4:29.6
<b>2 Mile Relay:</b>	
1. Woodside Striders	11:25.8

2. USC, 3:59.8; 3. UC Santa Barbara, 4:04.5. **TWO MILE RELAY**—UC Santa Barbara, 9:26.8. HJ—1. Aiston (UCLA), 5-8½; 2. Little (CSLB), 5-6½; 3. Morris (UCSB), 5-6½. LJ—1. Jones (NLV), 20-7¾; 2. Myers (CSN), 19-8½; 3. Taylor (CSN), 19-7¾; 4. Haynes (USC), 19-0½. SP—1. Griffin (Unat), 52-11½; 2. Roses (Unat), 49-5¾; 3. Doie (CSLB), 46-10½. DT—1. Hoerner (CSLB), 158-2; 2. Pagel (CSLB), 153-8; 3. Olson (USC), 153-3; 4. Tomas (UC Irvine), 149-11. JT—1. Nelson (CSLB), 157-1; 2. Olson (USC), 147-10; 3. Dibb (SDS), 144-1.

(UCSD), 53.5. **3000 SC**—Drake (AP), 9:28.9. **400 RELAY**—Cal Lutheran, 43.1. **MILE RELAY**—Biola, 2:24.2. HJ—Flynn (UCSD), 6-8. PV—Johnson (CL), 14-3. LJ—Wise (AP), 22-7¼. TJ—Washington (CL), 47-7¾. SP—Barnett (AP), 52-5. DT—1. Rog. Axelson (PL), 175-8; 2. Rob. Axelson (PL), 169-7; 3. Vesterlund (PL), 168-6. JT—Barnett (AP), 207-0. HT—1. Barnett (AP), 181-8; 2. Rog. Axelson (PL), 159-8; 3. Toncino (AP), 158-4.

**TEAM SCORES**—Azusa Pacific, 173; Cal Lutheran, 149; Pt. Loma, 144; Biola, 63; UC San Diego, 47; Redlands, 33; Westmont, 24; Cal Tech, 16.

### ALL COMERS MEET AT USC

**PENTATHLON**—1. Hatfield (Fountain Valley HS), 3:06; 2. Stary (Pomona College), 3:03; 3. Russell (Santa Barbara TC), 3:08. **EVENT LEADERS**: 100M—Hatfield, 14.5. SP—Stary, 40-1¼. HJ—Russell, 5-7. LJ—Taylor (Cal St. Northridge), 18-8. 800—Hatfield, 2:19.4.

## High School Decathlon

May 26-27, Mt. San Antonio College, Walnut: Southern California High School Decathlon Championships.

1. Jim Connolly (Culver City)	6412
2. John Gold (Upland)	6139
3. Joel Drown (Calabasas)	6006
4. Mark Sanders (Nordhoff)	5771
5. Steve Miller (La Jolla)	5614
6. Todd Funk (Eisenhower)	5469
7. Mike Ortiz (Walnut)	5336
8. John Moore (Loara)	5057
9. Mark Ruh (Walnut)	4971
10. Robert Taylor (Baldwin Park)	4840



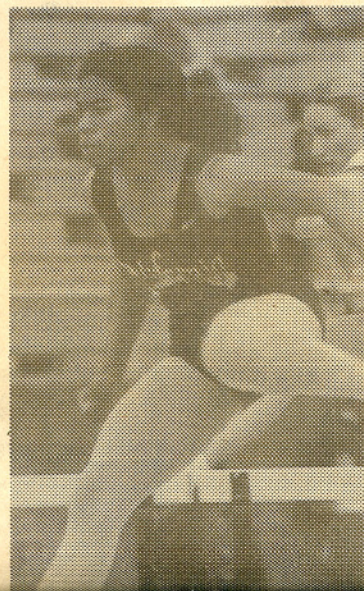
## 1980 AIAW NATIONAL TRACK & FIELD CHAMPIONSHIPS UNIVERSITY OF OREGON

BY John R. Wenos

May 22 - 24, Eugene, Oregon. Association of Intercollegiate Athletics for Women National Championships.

The 1980 AIAW National Championships proved to be a classic confrontation between East and West, distance strength vs. sprint power.

A distance-running trio—Julie and Mary Shea and Betty Springs—from North Carolina State logged close to 40 miles in competition and put 55 points in the Wolfpack's column. Julie Shea accounted for 30 of those points, winning the 10,000 Friday, then coming back Saturday to take



(Hum) 15.85.	1. Gipson (Sac) 58.23; 2. Lyons (Sac) 58.85; 3. Santa Maria (Sac) 59.20.
<b>100 Meter:</b>	1. Bell (SF) 12.13; 2. Gilmore (Sac) 12.14; 3. Peters (Hay) 12.2.
<b>800 Meter:</b>	1. Castro (Hay) 2:14.12; 2. Moran (Hay) 2:16.20; 3. Pappas (Sac) 2:18.10.
<b>High Jump:</b>	1. Barber (Sac) 5-4; 2. Dixon (Sac) 5-2; 3. Homestead (Sac) 5-2.
<b>400 Hurdles:</b>	1. Uphaw (Hay) 64.34; 2. Sizemore (Chico) 66.08; 3. Homestead (Sac) 66.10.
<b>200 Meter:</b>	1. Gilmore (Sac) 25.06; 2. Bell (SF) 25.37; 3. Peters (Hay) 25.88.
<b>3000 Meter:</b>	1. Scannell (Sac) 10:06.20; 2. Abuchon (Hay) 10:09.03; 3. Hester (Hay) 10:13.60.
<b>2 Mile Relay:</b>	1. Sacramento State 9:37.72; 2. UC Davis 9:53.49; 3. Hayward State 10:18.74.
<b>1600 Meter Relay:</b>	1. Sacramento State 3:52.44; 2. Hayward State 3:57.99; 3. Chico State 4:05.15.
<b>Final Team Scores:</b>	1. Hayward State 215, 2. Sacramento State 214, 3. Chico State 59, 4. UC Davis 49, 5. Humboldt State 30, 6. San Francisco State 30, 7. Stanislaus State 12, 8. Sonoma State 8.

## Oly. Develop. Pentathlon

<b>May 17, Cal State Hayward: Olympic Develop Women's Pentathlon.</b>	
1 Marilyn King (Millbrae Lions)	4054
2 Patsy Walker	3950
3 Wendy Limbaugh (Utah State)	3796
4 Cindy Gilbert (Unat)	3791
5 Brenda Wilson (Utah State)	3786
6 Terri Mulligan (Cal Poly SLO)	3519
7 Desiree Gauthier (Club Int.)	3408
8 Chris Debols (Cal Poly SLO)	3391
<b>Intermediate Division:</b>	
1 Heidi Ellis (Orinda TC)	3078
2 Linda VanHousen (Woodside St)	2466
3 Helen Floyd (Woodside St)	2041
4 Lori Jacobs (Woodside St)	1905
<b>Youth Division:</b>	
1 Leslie Maxié (Millbrae Lions)	3241
2 Laura Sullivan (Millbrae Lions)	3027
3 Ana Mahoney (Cupertino Year)	2907
4 Yvonne Kendall (Millbrae Lions)	2749
5 Cindy Johnson (N. Stars)	2311
<b>Midget Division:</b>	
1 Buffy Sexton (Millbrae Lions)	2820
2 Kili Badenoch (Cupertino Year)	2680
3 Kira Maximovich (Woodside St)	2323

## Pacific Assoc. T.A.C. Champs

May 26, Cal State Hayward: Pacific Association of The Athletics Congress Track & Field Championships.

1. Frederick Brook(Army)	7.19
2. George Francis(Hayward)	6.70
3. Kenny Brooks(Sports Aft)	6.58
<b>110 Hurdles:</b>	
1. Chester Hart(BAS)	13.7
2. William Collins(Army)	13.8
3. Dereck Ligons(Unat)	14.0
<b>800 Meter:</b>	
1. Mark Schilling(Aggies)	1:51.7
2. Phillip Rolle(Army)	1:51.9
3. John Schaeer(Stanford TC)	1:52.1
<b>200 Meter:</b>	
1. Lester Washington(Army)	20.8
2. Gordon Banks(Stanford)	21.4
3. Ed Washington(Army)	22.0
<b>Javelin:</b>	
1. Steve Roller(Skyline)	67.16
2. Marshall Keith(Army)	66.94
3. Tom Walker(Sports Aft)	66.74
<b>Triple Jump:</b>	
1. William Lloyd(Army)	15.94
2. Ray Kimble(Unat)	15.84
3. Frederick Brooks(Army)	15.15
<b>3000 Steeplechase:</b>	
1. Wayne Hurst(WVTC)	9:27.8
2. John Embody(Sports Aft)	9:28.2
3. Dan Harvey(SJSU)	9:38.3
<b>5,000 Meter:</b>	
1. Mike Sullivan(Woodside)	14:38.8
2. Arild Wathne(Unat)	14:57.3
3. George Green(Excelsior)	14:58.0
<b>Discus:</b>	
1. Knut Hjeltnes(Unat)	66.68
2. Arthur Burns(SJ Stars)	66.36
3. John Powell (SJ Stars)	65.80
<b>Pole Vault:</b>	
1. Ross McAlexander(Unat)	17-0
2. Doug Bockmiller(WVTC)	16-6
3. Phares Rolle(Army)	16-0

### WOMEN

<b>10,000 Meter:</b>	
1. Lisa Foy(CS Sacramento)	36:40.9
2. Pam Cox(Stars & Stripes)	36:50.9
3. Krista Roberts(CS Sacramento)	36:51.6
<b>5,000 Walk:</b>	
1. Bonnie Dillon(Cupertino Year)	25:11.4
2. Lori Maynard(Woodside)	26:08.4
3. Kathy Curtis(CS Hayward)	28:12.1
<b>400 Hurdles:</b>	
1. Cheryl Hawthorne(BEBTC)	60.9
2. Margaret Demorest(Unat)	61.0
3. Anita Jones(Army)	61.1
<b>1500 Meter:</b>	
1. Robin Campbell(Stanford)	4:30.3
2. Judy Graham(Aggies)	4:41.3
3. Sue Grigsby(Unat)	4:50.4
<b>400 Meter:</b>	
1. Denise Williams(BEBTC)	57.9
2. Loretta Williams(Reno)	58.6
3. Carolyn Binsacca(Unat)	59.3
<b>Javelin:</b>	
1. Mary Osborne(Stanford)	54.34
2. Barbara Whitfield(Unat)	45.96
3. Debbie Deason(Skyline)	36.92
<b>Long Jump:</b>	
1. Pam Donald(Stanford)	5.50
2. Yvette Bates(BEBTC)	5.30
3. Margaret Demorest(Unat)	5.10
<b>300 Meter Hurdles:</b>	
1. Lorie Jacobs(Woodside)	48.8
2. Elizabeth Brown(Unat)	50.1
3. Lillian Ibarra(Millbrae Lions)	52.5
<b>4x110 Relay:</b>	
1. Berkeley East Bay TC	48.7
2. Army	50.0
3. Woodside Striders	54.8
<b>Discus:</b>	
1. Lucette Moreau(Army)	50.37

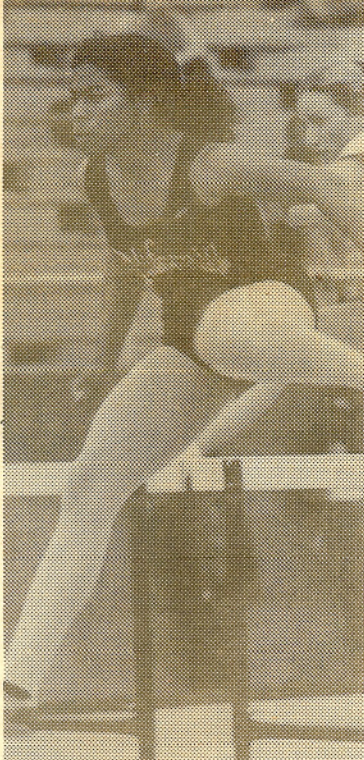


photo by Don Gosney

## Cheryl Hawthorne

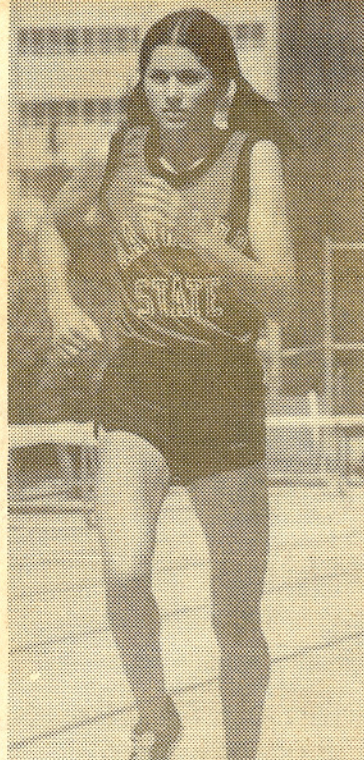


photo by Don Gosney

## Michelle Aubuchon

### SOUTHERN CALIFORNIA WOMEN'S INVITATIONAL

<b>At UC Irvine</b>	
<b>100—1. Brown (Cal St. Northridge), 11.4w; 2. Evans (LA Mercurettes), 11.5; 3. Jones (Nevada Las Vegas), 11.4, 200 —1. Douglas (USC), 24.2; 2. Bolden (CSN), 24.2; 3. Robinson (USC), 24.3.</b>	
<b>400—1. Cassidy (USC), 55.5; 2. Seiter (Occidental), 55.9; 3. Cumbess (UCLA), 56.1. 800—1. Peterson (Los Angeles TC), 2:08.5; 2. Warner (UCLA), 2:09.03; 3. Ralston (UCLA), 2:11.1, 1,500—1. Joan Hansen (Arizona), 4:26.3; 2. Treacy (unat), 4:32.1; 3. Dyer (USC), 4:33.4. 3,000—1. Yanke (Cal St. Long Beach), 10:09; 2. Hill (USC), 10:21; 3. Kinane (UCSB), 10:25.</b>	
<b>5,000—1. O'Donnell (Cal Poly SLO), 17:33.3; 2. Wanemaker (CPSLO), 17:46.8; 3. Stewart (CPSLO), 17:51.7. 10,000—1. Morris (Santa Monica TC), 35:55; 2. Kaput (Arizona), 36:35; 3. W. Walker (CSN), 37:15.</b>	
<b>100 HURDLES—1. Kameli (SDS), 13.5; 2. Branch (NLV), 13.6; 3. McMillin (Northern Arizona), 13.9; 4. Smith (CSLB), 13.9. 400 HURDLES—1. Myers (CSN), 58.4; 2. L. Hightower (UCSB), 61.2; 3. Taylor (CSN) 61.5. 400 RELAY —Cal St. Northridge (Boiden, Lynch-Saunders, Brown, Griffin), 45.4; 2. USC, 46.1; 3. Cal St. Bakersfield, 47.2. 800 RELAY —Cal St. Northridge (Myers, C. Jacobs, B. Brown, G. Brown), 2:04.6.</b>	

### THE TRACK MEET

<b>At UC Santa Barbara</b>	
<b>200—Croft (unat), 21.5. 400—Campbell (AIA), 47.6; Croft (unat), 47.9. 800 —Baker (Unat), 1:50.4; Lonenager (UC Santa Barbara), 1:53.0, 1,500—Ross (San Jose St.), 3:44.7; Biaty (Cal Poly Pomona), 3:45.9; P. Harms (Aggie TC), 3:47.4; Reyes (Cal Poly Pomona), 3:50.3; Sweeney (Aggie TC), 3:50.5; Boyer (Occidental), 3:53.0.</b>	
<b>5,000—Lebold (UCSB), 14:21.4; O'Halaran (unat), 14:29.6, 10,000—Tuttle (Team Inside Track), 29:43.5; League (Santa Barbara AA), 30:39.4; Martinez (AIA), 30:40.2; Adams (AIA), 30:52.5. 400H—Allen (UCSB), 52.3; Chedate (unat), 52.5. PV—Kenworthy (Grossmont), 16-1. LJ—Pipersburg (unat), 24-4½.</b>	

### NAIA DISTRICT III CHAMPIONSHIPS

<b>At Redlands</b>	
<b>100—Geist (Cal Lutheran), 10.8. 200 —Russell (Bioia), 21.9. 400—Birch (Azusa Pacific), 50.0. 800—Engel (Redlands), 1:52.6, 1,500—1. Lovercamp (AP), 3:54.8; 2. Rodriguez (AP), 3:55.4. 5,000—Helgeson (CL), 14:47.5, 10,000—1. Sedler (Pt. Loma), 29:52.1; 2. Martin (AP), 30:14.9; 3. Terry (AP), 30:21.2; 4. Croft (Westmont), 30:34.0; 5. Toker (PL), 30:40.7. 110H—Serrano (UC San Diego), 14.7. 400H—Serrano</b>	

## 1980 AIAW NATIONAL TRACK & FIELD CHAMPIONSHIPS UNIVERSITY OF OREGON

BY John R. Wenos

May 22 - 24. Eugene, Oregon. Association of Intercollegiate Athletics for Women National Championships.

The 1980 AIAW National Championships proved to be a classic confrontation between East and West, distance strength vs. sprint power.

A distance-running trio—Julie and Mary Shea and Betty Springs—from North Carolina State logged close to 40 miles in competition and put 55 points in the Wolfpack's column. Julie Shea accounted for 30 of those points, winning the 10,000 Friday, then coming back Saturday to take the 5,000 and the 3,000 for an unprecedented triple.

But in the end, it was Western speed—defending champion, Cal State Northridge—that won the point war. The Lady Matadors used their superior depth and a potent mix of youngsters and veterans to salt away their third straight title with 59 points.

It was a true team victory for Northridge, scoring in seven events with nine athletes. The champs might have scored more, but for a dropped baton on the last exchange of Fridays 800 medley relay.

Leading the way for Northridge were freshman Sandra Myers and sophomore sprinter Alice Brown who each contributed 20 points and a fraction to the cause.

Myers provided one of the early surprises of the meet, upsetting Wisconsin's Pat Johnson, a heavy favorite in the long jump, 20-7¼ to 20-7 on Friday. Saturday's 400 meter hurdles saw the still-novice hurdler run away from consensus favorite Edna Brown of Temple to break the tape in an eye-popping 56.40, bettering Mary Ayers' three-year-old American record by .21 seconds.

Myers, who alternates lead feet over the hurdles in stark contrast to the veterans, later declined to be interviewed for television. She shrugged off her unorthodox technique, saying "I still don't know how to hurdle. I just run."

She came back in the final event of the meet to anchor the sixth place mile relay team, the icing on the championship cake.

Brown's contributions were every bit as vital. She started off her 20½ point Saturday with a leg on the 400 meter relay unit that won by eight yards in 44.79 (the team broke the meet record with a 44.10 in Fridays semifinals), then led teammate Andrea Lynch-Saunders to a one-two finish over favored Merlene Ottey of Nebraska in the 100 and finished

her chores with a second behind the Nebraskan in the metric furlong.

Kari Gossweiler's fifth place in the high jump added two points more to the Northridge victory margin.

Coach Bob Kersee reveled in the win as he took a victory lap with his team.

"I'm glad we won it the way we did—and that's not taking anything away from the Sheas. What they did was something."

It certainly was. After Julie had led sister Mary and teammate Springs to a one-two-three sweep of the 10,000 Friday, the favorite's mantle was suddenly thrust upon N.C. State.

The trio was benefitting from the breaks—heats were cancelled in the 3,000 because too few athletes were entered, and the weather turned cool and damp, seeming to give Mother Nature's blessing to the distance-oriented squads over the sprint-based teams.

Shea, Shea and Springs again laid down the law in the 5,000 finals Saturday. Thursday's heats and Friday's 10,000 seemed to have taken little out of the trio as they finished in the same order as in the 10,000 with only Virginia's Margaret Groos in second place breaking up another sweep. Julie finished her heroics with a four-second win in the 3,000 as freshman Mary finally found the going a little rough, finishing "only" sixth.

The mile relay produced the only major sour note of the meet as Oregon won over UCLA after a Bruin protest was disallowed.

Bruin coach Scott Chisam claimed Oregon anchor Grace Bakari impeded UCLA's Oralee Fowler in the final straight. Films I saw of the alleged foul were taken from a slight angle to the right of the runners and, although Bakari did appear to drift in slightly, Fowler did not appear to break stride or to be noticeably hindered.

The film the games committee viewed to make the decision must have shown more because it looked at the incident 30 times and debated an hour before upholding Oregon's win by a 4-3 vote.

In addition to Northridge's team title, Californians added a number of individual event crowns.

Cal State Los Angeles, anchored by Yolanda Rich, edged Tennessee 1:38.4-1:38.5 in a hotly-contested 800 medley relay Friday. Cal Poly's Maggie Keyes held off UCLA's Linda Goen 4:15.85-4:16.19 in the 1,500 Saturday. Long Beach State's Jacquie Nelson surprised two-time champ Cathy Sulinski to win the javelin at 173-11 in the rain. Stanford freshman

Mary Osborne pushed Sulinski to third, her lowest finish in four years of AIAW competition, with a 166-2 throw.

CSLA's Rich had a lock on the 400 with the absence of Adelphi's June Griffith, and UCLA rounded out the list of California champs with a .19 margin over Oklahoma in the two mile relay.

100—1. Brown (CS Northridge), 11.27; 2. Lynch-Saunders (CS Northridge), 11.32; 3. O'Key (Nebraska), 11.38; 4. Williams (Michigan St.), 11.49; 5. Hodges (Texas Women's U.), 11.50; 6. Boyer (Arizona St.), 11.56.

200—1. O'Key (Nebraska), 22.86; 2. Brown (CS Northridge), 23.23; 3. Pusey (CS Los Angeles), 23.52; 4. Boyer (Arizona St.), 23.58; 5. Gilliam (Michigan St.), 23.62; 6. Pinnix (North Texas St.), 23.68.

400—1. Rich (CS Los Angeles), 52.7; 2. Belle (Morgan St.), 53.1; 3. Thomas (St. John's), 53.5; 4. Gorham (Nebraska), 53.6; 5. Moore (Wisconsin), 53.7; 6. Bakari (Oregon), 53.9.

800—1. Walton (Tennessee), 2:04.88; 2. Warren (Oregon), 2:04.91; 3. Ballenger (Colorado), 2:05.84; 4. Warner (UCLA), 2:06.01; 5. Bjelland (Oklahoma), 2:06.14; 6. Gliddens (Missouri), 2:08.42.

1,500—1. M. Keyes (Cal Poly SLO), 4:15.85; 2. Goen (UCLA), 4:16.19; 3. Trumbly (California), 4:17.58; 4. Mullen (Georgetown, D.C.), 4:18.95; 4. Rawe (Penn St.), 4:19.00; 6. Thomson (Wisconsin), 4:19.04.

3,000—1. J. Shea (North Carolina St.), 9:13.15; 2. Thomson (Wisconsin), 9:17.37; 3. Carmichael (Penn St.), 9:17.77; 4. Hansen (Arizona), 9:18.94; 5. Kanuka (San Diego St.), 9:21.16; 6. M. Shea (North Carolina St.), 9:24.35.

5,000—1. J. Shea (North Carolina St.), 15:41.28; 2. Groos (Virginia), 15:51.64; 3. M. Shea (North Carolina St.), 15:57.24; 4. Strings (North Carolina St.), 16:03.84; 4. Hornberger (Westchester St.), 16:04.87; 6. St. Hillire (Vermont), 16:07.94.

100 HURDLES—1. Hightower (Ohio St.), 13.07 (meet record, old mark 13.14, Patty Van Wolvelaere, USC, 1978); 2. LaPlante (San Diego St.), 13.16; 3. Fitzgerald (Tennessee), 13.18; 4. Colyear (Boston U.), 13.58; 5. Kameli (San Diego St.), 13.75; 6. Deutsch (Rutgers), 13.90.

400 HURDLES—1. Myers (CS Northridge), 56.40 (American and meet record, old American mark 56.61, Macy Ayers, Prairie View, 1977; old meet mark 56.63, Debbie Esser, Iowa St., 1979); 2. Brown (Temple), 57.90; 3. Chambers (Colorado), 58.63; 4. Whitehead (Iowa St.), 58.92; 5. Seippel (Eastern Kentucky), 58.97; 6. Scruggs (Virginia), 59.49.

400 RELAY—1. CS Northridge (Bolden, Lynch-Saunders, Brown, Griffith), 44.79 (meet record, old mark 45.11, Texas Women's U., 1978); 2. CS Los Angeles, 45.57; 3. Arizona St., 45.91; 4. Houston, 46.42; 5. Texas, 46.64.

6. Texas Tech, 46.79.  
MILE RELAY—1. Oregon (Batiste, Massey, Waren, Bakari), 3:37.44; 2. UCLA, 3:37.70; 3. Texas El Paso, 3:38.96; 4. Texas, 3:39.94; 5. Temple, 3:41.08; 6. CS Northridge, 3:41.50.

TWO-MILE RELAY—1. UCLA (Ward, Ralston, Warner, Goen), 8:41.64; 2. Oklahoma, 8:41.83; 3. Washington, 8:43.57; 4. Iowa St., 8:45.55; 5. Virginia, 8:46.21; 6. Wisconsin, 8:49.34.

HIGH JUMP—1. Rieustra (Arizona St.), 6-1 1/4; 2. Belloli (BYU), 6-0 1/2; 3. Gervin (Maryland), 6-0 1/2; 4. Chase (Maryland), 5-11 1/4; 5. Gossweiler (CS Northridge), 5-11 1/4; 6. Burrill (Nebraska), 5-10 1/2.

JAVELIN—1. Nelson (CS Long Beach), 173-11; 2. Osborne (Stanford), 166-2; 3. Sulinski (CS Chico), 164-0; 4. Kalo (Kent St.), 161-0; 5. Cooper (Oregon St.), 159-10; 6. Eggart (Washington St.), 155-8.

FINAL TEAM SCORES—CS Northridge 59; North Carolina St. 55; CS Los Angeles 40; Tennessee 33; UCLA 30; Arizona St. 29; Nebraska 28; Arizona 24; Wisconsin 20; Maryland and Oregon 19; BYU 18; Texas El Paso 16; Virginia 15; California 13; Colorado and San Diego St. 12; Cal Poly SLO, CS Long Beach, Temple, Ohio St., Oklahoma and Eastern Kentucky 10.

NATIONAL QUALIFYING MEET

At Cal State Long Beach

200—1. McCullough (unat), 21.0; 2. Krulec (Maccabi), 21.2, 400—1. B. Brown (AIA), 47.2; 2. Daniels (San Diego St.), 47.2; 3. B. Williams (Stars & Stripes), 47.2; 1,500—1. Masterson (Santa Monica TC), 3:47.4; 2. Daniels (UCLA), 3:48.1; 3. Condejas (Maccabi), 3:48.5; 4. Alvarez (UC Riverside), 3:49.7; 110M—1. McCraney (Maccabi), 14.0; 2. Armour (Maccabi), 14.2; 400H—1. B. Williams (Stars & Stripes), 51.5; 2. Sheffield (Maccabi), 51.4.

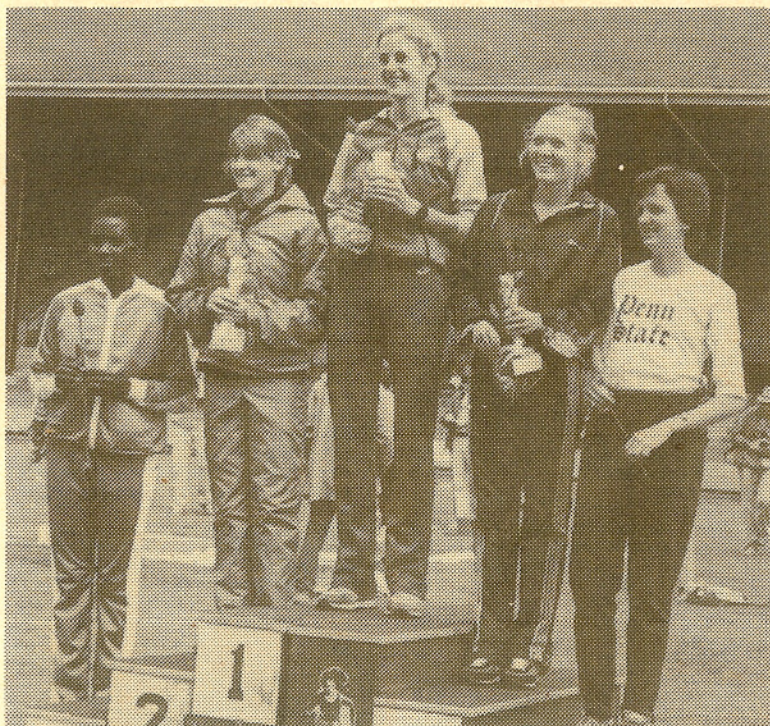
HJ—R. Brown (unat), 7-0. PV—Durham (SC Striders), 17-2 1/4. LJ—1. R. Williams (Maccabi), 25-11; 2. R. Johnson (CS Long Beach), 24-10 1/4; 3. Armour (Maccabi), 24-8 1/4; 4. Fowler (San Diego St.), 24-7 1/2. TJ—1. Caldwell (Stars & Stripes), 53-2; 2. Roberts (San Jose St.), 50-3 1/4; 3. Armour (Maccabi), 50-3. SP—1. Lavi (All West), 67-2 1/4; 2. Oldfield (Chicago TC), 66-6 1/4; 3. Gordein (Athletics Congress), 61-4 3/4. DT—1. Oldfield (Chicago TC), 200-10; 2. Lettow (SC Striders), 197-10; 3. Van Reenen (unat), 192-4. JT—Stavat (Maccabi), 241-6; HT—1. Gale (Maccabi), 213-5; 2. Green (Maccabi), 206-6; 3. Aycaro (Maccabi), 199-8.

LONG JUMP—1. Myers (CS Northridge), 20-7 1/4; 2. Johnson (Wisconsin), 20-7; 3. Innis (CS Los Angeles), 20-3 1/2; 4. Davis (Houston), 20-0 1/2; 5. Miller (Wyoming), 19-10 1/4; 5. Jones (Nevada Las Vegas), 19-9 1/4.

State J.C. Decathlon

June 5-6, Allen Hancock College, Santa Maria: California State Community College Decathlon Championships.

- 1 Brad Harris (Long Beach) 7088
- 2 Eric Longfield (Chaffey) 6843
- 3 Jeff Conkle (Fullerton) 6696
- 4 Milton Scott (Southwestern) 6624
- 5 Steve Fink (Hartnell) 6537
- 6 Shane Paynter (Fullerton) 6528
- 7 Scott Kegans (Citrus) 6475
- 8 Rich Hohmann (West Valley) 6410
- 9 Randy Gray (Bakersfield) 6374
- 10 Albert Miller (Sacramento) 6341



Californians clean up in AIAW 1500 Meters: First-Maggie Keyes, second Linda Goen, third- Alice Trumbly. photo by Larry Sprague

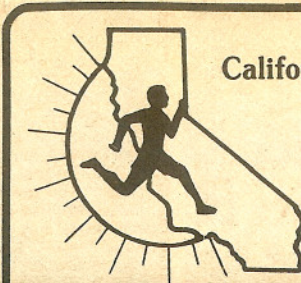
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Californians clean up in AIAW 1500 Meters: First- Maggie Keyes, second Linda Goen, third- Alice Trumbly.  
photo by Larry Sprague

4 Milton Scott (Southwestern) 6624  
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7 Scott Kegans (Citrus) 6475  
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9 Randy Gray (Bakersfield) 6374  
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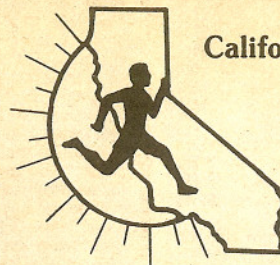
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# PROFILE ON: SAM TURNER



photo from University Times

**SAM TURNER.** Senior, Cal State University, Los Angeles. Age 22; Height 6-3; Weight 165 pounds. High School: Locke, graduated—1975.  
**BEST MARKS.** High School: Senior: 330-yard low hurdles 37.3. College freshman: 440-yard intermediate hurdles 51.7. College sophomore: 400-meter intermediate hurdles 50.3; 110-meter high hurdles: 14.4. College junior: 400-meter intermediate hurdles 48.9; 110-meter high hurdles 13.6; 100 meters 10.3; 400 meters 46.3; 200 meters 20.9. College senior: 400-meter intermediate hurdles 50.29, 110-meter high hurdles 13.6; 200 meters 21.12; 400 meters 47.2.

better when running against bigger competition."  
 Turner is also a member of the CSLA 400-meter and mile relay teams. Both teams were expected to qualify for the nationals with the 400 relay team capturing the CCAA title in 40.66 seconds May 17 at Cal Poly San Luis Obispo.  
 Starting his track career at Locke High School was in a rather unusual fashion for Turner. He spent most of his high school freshman and sophomore years as a distance runner.  
 It wasn't until he was a junior that he started hurdling as an experiment.  
 "My high school coach (Don Strameze) decided to try me in the 120-yard low

## Brooks Invitational

by Keith Conning

June 1, 1980. Edwards Stadium, Univ. of California, Berkeley.

One Stadium record and 11 meet records were broken.

John Powell (San Jose State 1969), the 1976 Olympic Games bronze medalist, broke his old stadium record of 219-4 with 223-9. Mac Wilkins (Athletics West, Oregon 1973) also surpassed the record at 220-9. "Conditions for the discus were the best I've seen here," said Powell. "Maybe we could hold the Olympic Trials here. Series-wise, this was my best ever." Powell's series: 217-1, 217-1, 221-1, 216-1, 223-9, 222-10. "In weight events you may lose a tad of quickness as you get older," Powell said, "but you make up for it in strength. As you get older and get a midriff bulge and wider hips you get a little more power. I personally feel pretty good these days, pretty consistent. Mac is always a formidable opponent. Whenever I beat him I'm happy. The problem is that now he'll train twice as hard for the next meet."

Brian Oldfield (Chicago Track Club, Middle Tennessee State 1966) heaved the shot 70-11 3/4. Dave Laut (UCLA 1979), the top-ranked U.S. putter last year, hurled the shot 69-3 for second place. "I competed twice this week and was over 70 feet both times" said Oldfield. "It is good to see others like Dave use the spin style. I can learn from it. I can know better now if I hit or miss an attempt. It gives me a realization of what I'm doing. I'd like to get a PR and then go after (East German) Udo Beyer (world record holder). This circle was glassy compared to the one I've been training on. I was slipping a little and the shot was slicing a bit. But it was fun to compete here again. I'd like to see more shot putters out around 70 feet then it would force me to be more consistent. Right now I'm about two feet in front of everyone. I would be different if I was in Europe, I'd have to be a lot more consistent." Oldfield's series: 68-6 3/4, foul, 69-8, 70-11 3/4, 69-2 1/2, foul. "All year my knees have been bothering me," Laut said. "I have tendonitis in both legs. The old technique was hurting quite a bit. I've been horsing around with the spin in practice and it didn't hurt. Oldfield's been giving me pointers. It seems kind of flaky to change in the middle of the year, but it seems to be working. I think 70 feet is right around the corner."

Matt Centrowitz (Athletic Attic, Oregon 1978) ran the fastest 5000 in the world this year—13:27.8. Centrowitz said, "This day was nothing new for me. I'm living in Oregon right now, so 55 degrees and overcast isn't anything different. The pace was right on, 65 seconds all the way. All you've got to do this year is stay healthy. The competition will get better and so will I. It's nice that Brooks brought out these people; you get tired of running against the same three people all the time. I just wanted to stay in the top group (in the huge field). The track was nice—it's soft." Centrowitz set his PR in his first 5000 race of the season. The splits and the leaders were: 63.55 Lux, 2:08.40, 3:13.69

today, I felt weak and had no drive. Hopefully I'll regroup by next week. I'm just happy to be in the top three. I didn't get out of the blocks fast. This is the first time I've run against Lewis and I knew he would be tough. He has a sprinters background, although he is a long jumper. It is tough to get up every week, I knew it would happen along the way, and it is good to get beat so people won't think I'm invincible."

Dedy Cooper defeated Rod Milburn (Houston AC, Southern 1973) in the high hurdles—13.66 to 13.895. Cooper said, "Milburn is good, but as long as I run my best, I feel I should beat him. This track doesn't have a lot of spring—it could be a lot better. The Olympic boycott has had a lot of effect on the American athletes. They're not running what they're capable of." Milburn said, "I've run better than that in practice. I had trouble maintaining my balance. I guess the field was kind of lacking. It's not that much of a big push. you're keying off only two people. Each time Dedy and I have been running against each other, he's been ahead of me. I did come back at the end of the race, which is good for me because usually I have been fading at the end."

Marian Franklin (California 1983) defeating her title in the women's 400. Franklin said, "I felt really good but I was surprised that I was out all alone. I thought Robin Campbell (Stanford TC) would push me a little more. This is the first time I've been under 53 seconds which I've been running since I was 15. I was hoping I could make the Olympic qualifying mark (52.74), but I just missed (52.90)."

Willie Smith (Auburn 1978) was the class of the 400 field. Although he was favored to win this meet last year, he finished seventh because of a stomach ailment. Smith said, "I didn't figure I'd go under 46 seconds today because I haven't been consistent in training. I was also surprised that the field was not as strong. I was hoping that Mullins, Darden, Frazier, or Green would be here. I haven't been running as much this year like I did last season. Last year I thought I would have the strength or energy but I didn't. Hindsight is always great. The last time I ran was two weeks ago so I'm resting more. I'll go the TAC but my goal is the Olympic trials."

James Robinson (Inner City AC, California 1976) used his patented kick down the stretch to overhaul the 800 field. Robinson said, "If I don't start running better, the Trials will be my last race of the year. This virus (a year-long problem) is hurting me. I've got to get where I think I can improve by August. The way I'm going, I'm disappointed. I'm down on myself. The race today was slow (54.82 first lap by Gerald Masterson (Santa Monica TC), but it was hard. It felt like I was running hard. I don't know whether it was because I'm sick or because of the lack of competition."

Michael Marlow (Golden Bear TC, California 1979) won the triple jump with a leap of 53-9 1/4. Marlow said, "I woke up this morning, looked outside and I was kind of down. But I'm happy with the win. I'm going to rest for the TAC because I hurt my heel on one of my jumps today. I have to start tuning up for the Olympic Trials. I'm disappointed that James Butts and Paul Jordan didn't show

the end instead of Jan Merrill who was hurt. My time (4:11.0) was okay but I'd like to run a lot faster. I had been running 800's but was getting beat and losing confidence. It was also nice to win in front of my family instead of them seeing me on TV. There were about 19 of my relatives here." Larrieu attended school on the San Francisco Peninsula.

Steve Scott (Sub-4 TC, UC Irvine 1978) announced that he was going after the American record earlier in the week. But the race developed into a tactical kickers race instead. Brian Brady (California), the designated rabbit, led the first two laps in 60.01 and 2:00.3, before Craig Masback (NY Pioneers, Princeton 1977) took over the pace. Masback completed three laps in 3:01.88. Scott kicked by Don Paige (Villanova 1980) in the home stretch to win in 3:46.3 to 3:56.8 for Paige. Scott said, "It wasn't the rabbit's fault, just nobody wanted to go out with him. I got caught behind Masback and Paige and the rabbit had already taken off. I was encouraged that I was able to kick with Paige because he is one of the best kickers around. I'm going to run to win in the next two meets (TAC, Trials) and then run fast times in Europe when it is for fun."

Shot put — 1, Brian Oldfield, Chicago TC, 70-11 3/4, 2, Dave Laut, Athletics West, 69-3. 3, Al Feuerbach, Athletics West, 67-6. 4, Ian Pyka, Athletics West, 65-3 1/4.

Women's 100 meters — 1, Jody Anderson, Cal State-Northridge, 11.60, 2, Andrea Lynch-Saunders, Northridge, 11.65. 3, Elaine Parker, California, 11.85. 4, Yolanda Rich, All TC, 11.94.

100 — 1, Carl Lewis, Houston, 10.43. 2, James Sanford, Southern Cal, 10.53. 3, Don Quarrie, Air Flight Striders, 10.53. 4, Steve Williams, Athletic Attic, 10.54.

Women's 400 — 1, Marian Franklin, California, 52.90. 2, Robin Campbell, Stanford TC, 53.29. 3, Rosalyn Bryant, All TC, 53.74. 4, Kim White, Berkeley TC, 54.19.

400 — 1, Willie Smith, Auburn TC, 45.86. 2, Cleve Prince, Foothill JC, 47.05. 3, Warren Edmonson, All TC, 45.8. 4, Charles Dramiga, All TC, 47.88.

5000 — 1, Matt Centrowitz, Oregon TC, 13:27.8. 2, John Trescy, Ireland, 13:28.4. 3, Duncan Macdonald, West Valley TC, 13:28.6. 4, Rodolfo Gomez, Mexico, 13:30.6.

110 hurdles — 1, Dedy Cooper, Bay Area Striders, 13.66. 2, Rod Milburn, Houston AC, 13.89. 3, Larry Cowling, California, 13.93. 4, Rodney Wilson, Villanova, 13.96.

Women's 1500 — 1, Franci Larrieu, Pacific Coast Club, 4:11.0. 2, Debbie Scott, Canada, 4:11.1. 3, Penny Werthner, Canada, 4:12.3. 4, Cathie Twomey, Oregon TC, 4:17.8.

Triple jump—1, Mike Marlow, Golden Bear TC, 53-9 1/4. 2, Doug Garner, Maccabi TC, 53-5. 3, Ray Kimble, BAS, 52-9 1/4. 4, Paul Bates, California, 51-4 1/4.

400 hurdles—1, James Walker, Auburn TC, 49.05. 2, Dedy Cooper, BAS, 50.06. 3, Wendell Angel, U.S. Army, 50.71. 4, Lloyd Guss, California, 51.19.

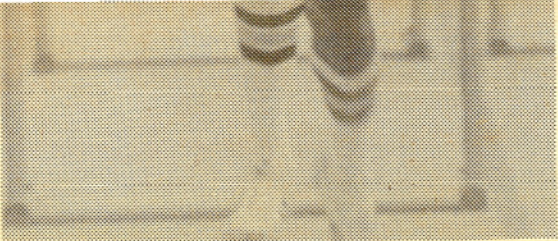
200—1, Harvey Glance, Auburn TC, 20.46. 2, Millard Hampton, BAS, 20.78. 3, Derek Robinson, California, 21.09. 4, Ted White, Alameda JC, 21.10.

800 (Sect. 1)—1, Lloyd Guss, In-nercity AC, 1:50.1. 2, Keith Francis, Greater Boston TC, 1:50.2. 3, Rich Nichols, GBTC, 1:50.5. 4, Malcolm Cleary, Santa Monica TC, 1:51.4.

800 (Sect. 2)—1, James Robinson, In-nercity AC, 1:48.8. 2, Don Frichlet, Santa Monica TC, 1:49.1. 3, Mike White, California, 1:49.4. 4, Rick Brown, Angels Flight Striders, 1:49.7.

Pole vault—1, Terry Porter, Houston, 17-2 1/4. 2, Ross McAlexander, unat., 16-6. (Earl Bell, NYAC, no height).  
 Javelin—1, Duncan Atwood, Athletics West, 285-5. 2, Bob Roogy, Athletics West, 283-0. 3, Rod Ewaliko, Athletics West, 277-





**SAM TURNER.** Senior, Cal State University, Los Angeles. Age 22; Height 6-3; Weight 165 pounds. High School: Locke, graduated—1975.

**BEST MARKS.** High School: Senior: 330-yard low hurdles 37.3. College freshman: 440-yard intermediate hurdles 51.7. College sophomore: 400-meter intermediate hurdles 50.3; 110-meter high hurdles 14.4. College junior: 400-meter intermediate hurdles 48.9; 110-meter high hurdles 13.6; 100 meters 10.3; 400 meters 46.3; 200 meters 20.9. College senior: 400-meter intermediate hurdles 50.29, 110-meter high hurdles 13.6; 200 meters 21.12; 400 meters 47.2.

A world record is not that far from Cal State L.A. hurdler and sprinter Sam Turner's reach.

Turner has already faced 400-meter intermediate hurdle world record holder Edwin Moses who ran a 47.45 four years ago at the Montreal Olympics. He was barely nipped by Moses at 49.03.

Several months later at Singapore, Turner turned in his best mark at 48.9 in winning the race there. The time was the best ever in the NCAA Division II.

Also during the summer of 1978, Turner turned in a mark of 13.6 in the 110-meter high hurdles to tie the NCAA Division II record with his 1978 teammate Chester Hart, which set in the California Collegiate Athletic Association finals at Bakersfield on May 13, 1978.

Last year, however, a broken ankle ended his 1979 early. Turner ended up breaking his ankle during a work out with an amateur track team at USC. However, Turner was able to leave the team early enough so that he could redshirt and participate this year for the Diablos.

Turner competed in several meets in Europe during last summer for the Stars and Stripes Track Club, coached by his college coach Walt Williamson. He is still involved in the club.

"Turner has incredible potential," Williamson says. "He had a difficult time recovering from his ankle injury but is back up there. Turner has unlimited potential in whatever he does."

Turner, however, has not run the 400 intermediates race for CSLA this season. He has run this race just twice this season with his best mark at 50.29 at the Mt. San Antonio College Relays in taking third place. However, he ran many other races including the 110-meter high hurdles in which he equalled his best mark at 13.6. Turner also has best marks of 21.12 in the 200 meters and 47.2 in the 400.

"I'm saving the 400 intermediates for the tougher meets," Turner says. "I do

better when running against bigger competition."

Turner is also a member of the CSLA 400-meter and mile relay teams. Both teams were expected to qualify for the nationals with the 400 relay team capturing the CCAA title in 40.66 seconds May 17 at Cal Poly San Luis Obispo.

Starting his track career at Locke High School was in a rather unusual fashion for Turner. He spent most of his high school freshman and sophomore years as a distance runner.

It wasn't until he was a junior that he started hurdling as an experiment.

"My high school coach (Don Strameze) decided to try me in the 120-yard low hurdles because he thought I had a lot of potential in this event," Turner recalled.

Turner said that at first, his main reason for running was to keep him in shape.

Turner started concentrating more on the hurdles during his senior year at Locke. The fast blooming boy turned it on that year by capturing the City track finals and setting its record at 37.3, a record which still stands today.

Entering CSLA as a freshman, Turner started the 1976 season with a blast by easily setting the school freshman record at 53.0 at the 400 intermediates in winning the event. Turner went on to win the CCAA title as a first-year man with the Diablos at 51.7, a school record and the best time by an 18-year-old in the United States during that year.

Turner continued to lower his records and continuing his quest for a world record.

"I'm ready now," Turner says. "I am confident that I will break a world record some day; hopefully this year."

Going to the 1980 Olympics is also one of Turner's major goals, if the United States will be in it at all. He not only hopes to run the 400 intermediates, but also wants to tryout for the U.S. 1600-meter relay team.

However, if Turner doesn't go to the Olympics, he would like to try out for a professional football team.

Turner, who played football at Locke High, was offered by the Miami Dolphins two years ago but decided to wait until he finished his track career at CSLA.

"I still may have a chance to play for the Dolphins or any other pro team," Turner states. "If they take me, though, it will be for my speed. I will probably be a running back or a receiver."

Turner who majors in Industrial Studies at CSLA, lives in Los Angeles.

around 70 feet then it would force me to be more consistent. Right now I'm about two feet in front of everyone. I would be different if I was in Europe, I'd have to be a lot more consistent." Oldfield's series: 68-6¾, foul, 69-8, 70-11¾, 69-2½, foul. "All year my knees have been bothering me," Laut said. "I have tendonitis in both legs. The old technique was hurting quite a bit. I've been horsing around with the spin in practice and it didn't hurt. Oldfield's been giving me pointers. It seems kind of flaky to change in the middle of the year, but it seems to be working. I think 70 feet is right around the corner."

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James Walker (Auburn TC, Auburn 1979) ran the fastest 400 meter hurdles time this year at 49.05. "Not running much but each race has been an improvement," said Walker. "I haven't been running much because I've been out on the East Coast and haven't had the funds to get out West. I was worried about Dedy (Cooper) because he's run a 44.3 relay split and you know he is fast." Dedy Cooper (Bay Area Striders, San Jose State 1979) also met the Olympic qualifying standard in this event with his second place in 50.06.

Carl Lewis, a freshman at Houston, upset James Sanford (Southern Cal), the "world's fastest human," in 10.43 to 10.49. Lewis said, "I've been having good races all year, but I haven't had good starts. This was by far the best start I've had. I've had a few technical problems because I've been working on the long jump. I'm better in the long jump than the sprints right now. I didn't think about the sprints until about a month ago. I knew I could be competitive if I had a good start and ran well." This was James Sanford's first loss outdoors this season. Sanford said: "I am not at all disappointed, I knew it would happen sooner or later. I did not have the killer instinct

strong. I was hoping that Mullins, Darden, Frazier, or Green would be here. I haven't been running as much this year like I did last season. Last year I thought I would have the strength or energy but I didn't. Hindsight is always great. The last time I ran was two weeks ago so I'm resting more. I'll go the TAC but my goal is the Olympic trials."

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Francie Larrieu (Pacific Coast Club) defeated Debbie Scott (Canada) by .1 in the women's 1500 meters. The splits were: 68.0, 2:16.8 (68.8), 3:07.5 (lap to go), 3:24 (67.2). Larrieu said, "I wanted to run 67's all the way around, and I was surprised that Debbie Scott was there at

3. Duncan Macdonald, West Valley TC, 13:28.4. 4. Rodolfo Gomez, Mexico, 13:30.6.  
110 hurdles — 1. Dedy Cooper, Bay Area Striders, 13.66. 2. Rod Milburn, Houston AC, 13.89. 3. Larry Cowling, California, 13.93. 4. Rodney Wilson, Villanova, 13.96.  
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Pole vault—1. Terry Porter, Houston, 17-2¼. 2. Ross McAlexander, unaf., 16-6. (Earl Bell, NYAC, no height).  
Javelin—1. Duncan Atwood, Athletics West, 285-5. 2. Bob Roggy, Athletics West, 283-0. 3. Rod Ewaldko, Athletics West, 277-6. 4. Tom Petranoff, Angels Flight Striders, 273-11.  
Women's 200—1. Elaine Parker, California, 23.43. 2. Yolanda Rich, LAC, 23.61. 3. Freida Cobbs, Berkeley TC, 24.11. 4. Genny Gorham, Kansas City North Stars, 24.25.  
Women's 800—1. Madeline Manning, Oral Roberts TC, 2:01.3. 2. Robin Campbell, Stanford TC, 2:03.0. 3. Anne Mackie



photo by Don Gosney

Morelli, Canada, 2:03.1. 4. Marcia Romeser, Apple RC, 2:06.5.  
 Mile—1, Steve Scott, Sub-4 TC, 3:56.3. 2. Don Paige, Villanova, 3:56.8. 3. Steve Lacy, AF Striders, 3:57.5. 4. Ray Flynn, Athletic Affic, 3:58.5.  
 High jump—1, Claude Ferragne, Canada, 7-4/4. 2, Mike Nelson, California, 7-0. 3, Dwight Stones, Athletic Affic, 7-0. 4, Rory Kotinek, PCC, 7-0.  
 Discus—1, John Powell, San Jose Stars, 223-9 (stadium record; old record 219-4 by Powell, 1979). 2, Mac Wilkins, Athletics West, 220-9. 3, Knut Hieltmes, Norway, 218-6. 4, Borvs Chambul, Canada, 210-2.

(unat), 21.6; 2. Richards (unat), 21.67. (Race 2)—Early (unat), 21.74. 400—1. Shorts (unat), 48.18; 2. J. King (unat), 47.76; 3. Myles (unat), 47.96; 3. Williams (unat), 48.13.

800—Marlino (unat), 1:56.36. 1,500—Cohan (unat), 4:36.3. 1100H—1. Campbell (unat), 14.27; 2. McCraney (unat), 14.43; 3. S. Turner (unat), 14.79. 400H—1. Sheffield (unat), 52.33; 2. Hargrove (unat), 52.46. HJ—R. Brown (unat), 6-6. PV—1. Wilkerson (unat), 17-0; 2. Sanderson (unat), 16-6; 3. Sauck (Maccabi TC), 16-6.

LJ—Doubley (unat), 24-7. TJ—1. Caldwell (Stars & Stripes), 49-9; 2. Roberts (unat), 49-5 1/2; 3. Hays (unat), 46-7 1/2. SP—1. Gordien (American Council Athletics), 63-8; 2. Baughman (Houston AC), 59-10; 3. Sirkaw (unat), 57-4 1/2. DT—1. Baughman (Houston AC), 180-3; 2. Weber (All-American TC), 178-11; 3. Binley (All-American TC), 176-10. JT—Stuart (Maccabi TC), 226-6.

Women

100—1. Hopkins (Inglewood Panthers), 11.92; 2. Evans (LA Mercures), 12.15; 3. Loud (LAM), 12.34. 200—1. Hopkins (IP), 23.81; 2. Gardner (LAM), 23.91; 3. Dabney (Clippers), 24.37. 400—1. Pusey (Cal St. LA), 52.78; 2. Gardner (LAM), 53.03; 3. Gutowski (LAM), 55.02. 800—1. Peterson (LAM), 2:09.24; 2. Bonds (Club International), 2:11.48. 1,500—Heinmiller (Santa Monica TC), 4:37.3; 2. Dyer (USC), 4:44.7.

100H—1. Lane (Canada), 14.11; 2. Smith (LAM), 14.39; 3. Smith (Locke HS), 15.15. 400H—Billler (SMTC), 61.38. HJ—Roberts (Cerritos HS), 5-4. LJ—1. Innis (CSLA), 18-11; 2. Evans (LAM), 18-10 1/2; 3. Loud (LAM), 17-10 1/2. SP—1. Griffin (ACA), 52-4 3/4; 2. Rose (CSLA), 50-10; 3. Pagel (CI), 46-11 1/2. DT—1. Svendsen (Warren St. TC), 169-2; 2. Vogelsang (ACA), 163-2; 3. Hoerner (CI), 159-9; 4. Pagel (CI), 149-6.  
 Note—Race run into a wind.

### TAC Pentathlon

June 6. Marlene Harmon (Thousand Oaks) was the fastest qualifier in the CIF 100-meter hurdles heats (13.68w), was tops in qualifying in the long jump (20-4 1/2), and ran a leg on her school's 1,600-meter relay team (7th-fastest at 3:52.67).

June 7, the dividends started to pay off. Harmon was second in the hurdles (13.58w), won the long jump (a PR 20-8 3/4), and ran a leg on her school's fifth-place 1,600 relay team (3:51.50).

June 8, the senior headed south from Berkeley, stopping in Santa Barbara to take a fourth in The Athletics Congress senior pentathlon, her 4142 points smashing the previous auto-times high school record of 3972 by Patsy Walker (Yelm, WA) in 1977. Her 4142 points also topped the hand-timed record of 4103, also by Walker in 1977.

Fountain Valley's Sharon Hatfield won the junior competition with 3925 points, which is only 47 points from the previous national high school record.

Sunday, June 8, 1980. Santa Barbara, Calif.

Senior. 1. Themis Zambrzycki (BYU-brazil) 4299 (14.30, 45-10 1/2, 5-8 1/2, 19-8 1/4, 2:22.62); 2. Linda Waltman (Texas TC) 4187 (14.19, 36-4 1/4, 5-8 1/2, 18-0 1/2, 2:10.70); 3. Marilyn King (Millbrae Lions) 4169 (14.35, 40-5, 5-7 1/4, 19-9, 2:23.09); 4. Marlene Harmon (Thousand Oaks HS) 4142 (14.04, 31-9, 5-4, 20-8 1/2, 2:11.93); 5. Sue Brownell (Virginia) 3993 (14.49, 36-0 1/2, 5-7 1/4, 18-3 3/4, 2:21.08); 6. Mary Harrington (unat) 3981 (14.26, 35-7 1/2, 5-5 1/4, 18-11 1/2, 2:22.42); 7. Joan Russell (Pent TC) 3959 (14.95, 36-5, 5-6 1/4, 17-8 1/4, 2:14.70); 8. Cindy Banks (Cal) 3958 (15.23, 44-2 3/4, 5-5 1/4, 18-4, 2:25.20); 9. Gilbert (unat) 3947 (16.11, 40-7, 5-9 1/4, 17-11 1/4, 2:20.87); 10. Ann Crump (Nevada-Las Vegas-Canada) 3902 (14.48, 37-8 1/4, 5-7 1/4, 18-10, 2:35.32); 11. Judy Fontaine (AGAA) 3880; 12. Wendy Limbaugh (Utah State) 3714; 13. Kathy Raugust (Hartnell) 3635; 14. Dubois (Cal Poly-SLO) 3231.

Did not finish: Patsy Walker (Aca) 3 events, Kerry Zwart (USC) 4 events.

Note: All marks were legal for pentathlon scoring; long jump marks for following athletes were windy but within pentathlon allowable limits: Crump, Fontaine, Gilbert, Harmon, King, Russell.

Junior. 1. Sharon Hatfield (Fountain Valley HS) 3925 (14.89, 35-5 1/4, 5-7 1/2, 17-10 1/4, 2:19.33); 2. Myrtle Chester (Laurel HS, Laurel, Md.) 3787 (14.74, 25-3 1/2, 5-6 1/4, 18-7 1/4, 2:16.14); 3. Li-Jiau Tsai (unat-Taiwan) 3581 (15.87, 36-3, 5-1 1/2, 17-7, 2:26.49); 4. Gigi Hurley (Millbrae Lions) 3416 (15.66, 34-7, 5-2 1/2, 17-1 1/4, 2:40.68); 5. Archuleta (NM HS) 3411 (15.51, 23-11 1/4, 5-6 1/4, 16-9 1/4, 2:26.86); 6. Vigule (Ca HS) 3311; 7. Gelvin (unat) 3171; 8. Davis (Md HS) 3164; 9. Ellis (Ca HS) 3009; 10. Linda Soja (Poly HS, Sun Valley) 2259.

Note: All marks legal for pentathlon scoring; all hurdle marks windy but within pentathlon scoring limits; all long jump marks legal.

Turner completed his brilliant career by winning the 110-meter high hurdles and the 400-meter intermediate hurdles. Turner became the first athlete to win both hurdle events in the same Division II meet. The senior from Locke High in Los Angeles won his first ever 110 high hurdles championship in the nationals at a wind-aided time of 13.85, an unofficial meet record.

On the final day of the meet, Turner won his third straight NCAA championship in the 400 intermediates at 49.91, missing the meet record by .09 of a second. The NCAA Division II meet record is 49.82 set last year by Bart Williams of San Luis Obispo.

"I knew I had control but I didn't want to fall so that's why I chopped on the ninth hurdle," Turner said after his fourth event of his college career. "I've been hurt, with a sore hamstring all week and I debated whether to run or wait for the Olympic Trials. I'll be ready for the trials because all I have to concentrate on are the intermediates."

The Diablos also got a second place finish by Clarence Hopper at the intermediates with his personal best time of 50.44, a key to CSLA's near upset in the meet.

"We did better than I anticipated," a happy CSLA head coach Walt Williamson said. "I didn't think we could score 48 points and come this close to winning the meet."

Williamson already has one national championship team tucked under his belt as his CSLA team won the Division II two years ago.

San Luis Obispo had two other national champions in shot putter Brian Faul at 58-11 1/2 and pole vaulter Tim McDonald with a leap of 16-11 1/4.

Morgan State, a school based in Maryland which finished third in the meet, picked up wins in the 1600-meter relay, 400 and 200 meter dashes. Winning the 200 was Neville Hodge in 20.96 while Guy Goodwin captured the 400 at 46.32. The relay team of Carlton McNorton, Hodge, Robert Vaughn and Goodwin won the race in 3:08.53.

Besides Schankel, two other meet records were broken. In the hammer throw May 30, Marc Linscheid of the University of Lowell in Massachusetts set the national Division II record in the hammer throw at 206-4 breaking the mark of 206-1 set last year by Brad Olson of Central Connecticut State.

Curt Bacon of North Dakota State ran an 8:48.6 in the 3,000-meter steepchase to break his own mark of 8:50.4 he set in last year's meet.

"I ran pace while the field went on," Bacon said after his record breaking win. "This is the weather I enjoy running in. (Cold and cloudy at Mt. SAC during the whole meet.) "It went on at a good pace. I was a little nervous but by the third lap I felt confident about catching the field."

Bacon was in the back of the field during much of the first part of the race. Two other athletes from California schools won their events. These were Brad Breen of Chapman College in the javelin at 235-11 and high jumper Jerry Sanders of Cal State Northridge with a leap of 7-0 3/4.

"I'm happy about winning but I'm disappointed at the mark," Breen, who

Poly SLO), 14:10.14. 5. Westfall (UC Riverside), 14:11.65.

400H—1. Turner (Cal St. LA), 49.91; 2. Hopper (Cal St. LA), 50.44; 3. Siegman (North Dakota), 51.37; 4. Nealy (Central Conn.), 51.45; 5. Hargrove (Cal. St. Northridge), 51.45.

3,000 STEEPCHASE—1. Bacon (North Dakota), 8:48.6; 2. Jordan (Edinboro St.), 8:56.2; 3. Traynor (Hartwick), 9:01.6; 4. Kinzing (Central Conn.), 9:03.6; 5. Schiller (Winona St.), 9:05.5

400 RELAY—1. St. Augustine, 40.49; 2. Adelphi, 40.58; 3. Cal St. Los Angeles, 40.61; 4. Western Illinois, 40.81; 5. Cal St. Bakersfield, 40.92

1,600 RELAY—1. Morgan St. (McNorton), 48.6; Goodwin, 46.1; Hodge, 46.6; Vaughn, 47.9; 3:08.53; 2. Prairie View, 3:10.20 (Terrell, 45.2); 3. North-east Missouri, 3:10.8; 4. Cal St. Bakersfield, 3:10.52; 5. Ill. Chicago Circle, 3:10.62

HIGH JUMP—1. Sanders (Cal St. Northridge), 7-0 3/4; 2. McClair (Bethune-Cookman), 7-0 3/4; 3. White (Eastern Washington), 7-0 3/4; 4. Van Briesen (Nebraska Omaha), 7-0 3/4; 5. Reinhardt (Cal St. Hayward), 7-0 3/4.

POLE VAULT—1. McDonald (Cal Poly SLO), 16-11 1/4; 2. Eskolarimo (Cal St. LA), 16-7 3/4; 3. Jokivaritio (Cal St. LA), 16-3 3/4; 4. Tom Law (Southern Conn.), 16-3 3/4; 5. Krueger (Mankato St.), 15-7 1/2.

TRIPLE JUMP—1. Alston (CW Post), 52-1 1/2; 2. McGlory (Cal St. Hayward), 51-13 3/4; 3. Alston (Cal St. Hayward), 50-3 1/2; 4. Quick (Cal St. Hayward), 50-3 1/2; 5. Cranford (Central Conn.), 50-3 1/4.

DISCUS—1. Boland (Eastern Washington), 177-0; 2. Young (Indiana Central), 172-8; 3. Waugh (West Va. Wesleyan), 172-3; 4. Bryce (Lowell), 171-5; 5. Skike (Chapman), 169-6.

JAVELIN—1. Breen (Chapman), 235-11; 2. Howe (UC Riverside), 220-7; 3. Boland (Eastern Washington), 217-8; 4. Swanson (North Dakota St.), 216-9; 5. Adams (Indiana U. Pa.), 209-4.

TEAM SCORES—Cal Poly SLO, 53; Cal St. Los Angeles, 48; Morgan St., 39; Eastern Washington, 31; Prairie View, 30; CW Post, 28; Adelphi, 27; Cal St. Northridge, 23; Cal St. Bakersfield, 21; UC Riverside, Cal St. Hayward and Ill. Chicago Circle, 10.

## NCAA III

May 30-31, Naperville, Ill.

Stanislaus State of Turlock really came on in 1980. Canadian coach Al Bianconti means business and has set out to make a mark in U.S. track and field. Stanislaus screamed to a second place finish at the NCAA Division III Championships, only 5 points behind Glassboro State, 61 to 56.

The California school built their score on the strength of the sprinters: earning first places in the 400 relay (41.51) and intermediate hurdles (David Jackson 51.00); second places in the 200 (Will Stokes 21.29) and 1600 relay (3:10.88); and third and fifth places in the 100 (Stokes 10.81, Calvin Massey 10.95). Other big points for the Turlock crew came in the hammer throw with a second and fifth place (Casey O'Hara 51.32, Mark Robinson 50.30).

Other California schools making good showing were Occidental in the field events and Humboldt State in the distance runs. Oxy picked up a pair of seconds in the pole vault and high jump (Avery

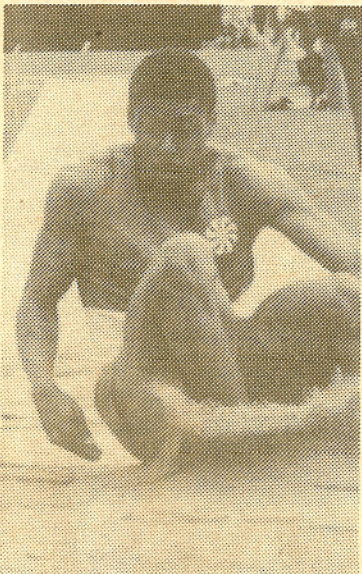


photo by Don Gosney

### Mike Marlow

#### COMPTON INVITATIONAL At Compton College Men

100 (Race 1)—1. Gilkes (Guyana), 10.66; 2. McCoy (unat), 10.82; 3. R. Williams (unat), 10.82 (Race 2)—1. Abrahams (Panama), 10.75; 2. Simmons (unat), 10.87. 200 (Race 1)—1. Myles

## NCAA Division II Finals

by Joe Snyder

Cal Poly San Luis Obispo distance runner Jim Schankel went down in the NCAA record book after setting national Division II records in winning the 5,000 and 10,000-meter runs leading the Mustangs to their fifth NCAA title May 27-31 at Mt. San Antonio College Stadium.

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June 6. Marlene Harmon (Thousand Oaks) was the fastest qualifier in the CIF 100-meter hurdles heats (13.68w), was tops in qualifying in the long jump (20-4½), and ran a leg on her school's 1,600-meter relay team (7th-fastest at 3:52.67).

June 7, the dividends started to pay off. Harmon was second in the hurdles (13.58w), won the long jump (a PR 20-8¾), and ran a leg on her school's fifth-place 1,600 relay team (3:51.59).

# BARTLETT

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(209) 627-3323

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For the senior out of Lompoc High, it was his fifth and sixth individual titles in his three NCAA meets, also a national Division II record.

Schankel took his first of two NCAA titles on May 30 when he easily captured the 10,000 in a national record time of 28:58.37 breaking his old record of 29:07.9 set last year in the Division II finals at Western Illinois University in Macomb.

A day later, he came back to break another national mark in the 5,000 at 14:07.50 also under his previous national record of 14:11.97 last season.

"I went out there and did what I had to do," Schankel said. "I decided to go for it and I'm really happy with what I did."

Schankel's win in the 5,000 along with fourth and sixth finishes by his teammates, James and Eric Huff respectively, aided San Luis Obispo, heavily favored to win the meet, to come from behind and top second place Cal State Los Angeles 53-48. It is the third straight year the California Collegiate Athletic Association took the top two spots in the national meet, hosted this year by Cal Poly Pomona.

"I'm really excited about the race (5,000-meter run), said San Luis Obispo head coach Steve Miller. "It was fitting that the standings would come to a distance race. We came in as an overwhelming favorite but people forgot that you have to win."

To show the strength of the CCAA, five teams from the conference finished in the top ten. Cal State Northridge captured eighth place with 23 points followed by Cal State Bakersfield with 21. UC Riverside finished in a three-way tie for 10th with Cal State Hayward and the University of Illinois at Chicago Circle at 16.

Finishing third in the meet was Morgan State with 39 points followed by Eastern Washington 31, Prairie View A&M 30, C.W. Post 28 and Adelphi at 27.

For Cal State L.A., which finished a surprising second in the meet, Sam

25-3½, 5-6¼, 18-7¼, 2:16.14); 3. Li-Jiau Tsai (unat-Taiwan) 3581 (15.87, 36-3, 5-1½, 17-7, 2:26.49); 4. Gigi Hurley (Millbrae Lions) 3416 (15.66, 34-7, 5-2½, 17-1¼, 2:40.68); 5. Archuleta (NM HS) 3411 (15.51, 23-11¼, 5-6¼, 16-9¼, 2:26.86); 6. Viguie (Ca HS) 3311; 7. Gelvin (unat) 3171; 8. Davis (Md HS) 3184; 9. Ellis (Ca HS) 3009; 10. Linda Soja (Poly HS, Sun Valley) 2259.

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"I'm happy about winning but I'm disappointed at the mark," Breen, who threw 239-11 earlier this year, stated. "My form wasn't quite there. The whip (throwing motion) was there but my head and chest were pulling out. I thought I would put it all together but the technique was off."

100—1. Clark (Adelphi), 10.36; 2. Tabron (Wayne St.), 10.39; 3. Enchili (SE Louisiana), 10.41; 4. Hodge (Morgan St.), 10.46; 5. Hooks (CS Northridge), 10.51.

10,000—1. Schankel (Cal Poly SLO), 28:58.37; 2. Curp (Central Missouri), 29:14.62; 3. Alvarez (UC Riverside), 29:26.39; 4. Schsheeran (Eastern Illinois), 29:44.54.

100—1. Turner (CS Los Angeles), 13.85; 2. Henry (West Georgia), 14.12; 3. Johnson (Eastern Illinois), 14.14.

SHOT PUT—1. Faul (SLO), 58-11½; 2. Boland (Eastern Washington), 58-6; 3. McCallum (Bloomsburg St.), 55-11.

LONG JUMP—1. Meekins (Pembroke St.), 25-6w (3.6 m.p.s.); 2. Howard (CS Bakersfield), 24-5¼; 3. Perkins (Norfolk St.), 24-4¼w (5.1 m.p.s.).

HAMMER—1. Linscheid (Lowell), 205-4; 2. Vorden (Southern Connecticut), 199-4; 3. Mellinger (Illinois Chicago Circle), 186-10; 4. Brunner (SLO), 181-11.

200—1. Hodge (Morgan St.), 20.96w (2.1 m.p.s.); 2. Clark (Adelphi), 21.04; 3. Hooks (Cal State Northridge), 21.08; 4. Vaughn (Morgan St.), 21.36; 5. Tabrow (Wayne St.), 21.40.

400—1. Goodwin (Morgan St.), 46.32; 2. Terrell (Prairie View), 46.87; 3. Johnson (Prairie View), 47.14; 4. Sanders (Tuskegee), 47.31; 5. Barnes (Ill. Chicago Circle), 47.31.

800—1. Callicut (Virginia St.), 1:49.29; 2. White (Prairie View), 1:49.48; 3. Vortherms (Mankato St.), 1:49.76; 4. McKenley (Ill. Chicago Circle), 1:50.18; 5. Bobkowski (CW Post), 1:50.62.

1,500—1. Donito (CW Post), 3:44.61; 2. Blaty (Cal Poly Pomona), 3:44.66; 3. Dicking (Shippensburg St.), 3:45.64; 4. Reyes (Cal Poly Pomona), 3:45.77; 5. Fabris (Cal Poly SLO), 3:46.12.

5,000—1. Schankel (Cal Poly SLO), 14:07.40; 2. Venable (Troy St.), 14:08.86; 3. Gay (CW Post), 14:09.43; 4. Huff (Cal

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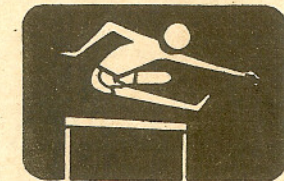
Other California schools making good showing were Occidental in the field events and Humboldt State in the distance runs. Oxy picked up a pair of seconds in the pole vault and high jump (Andy Grinstead 4.62, Kevin Hall 2.10) and a third in the javelin throw (Kevin Cuervo 68.46). Humboldt had a national champion in Danny Grimes (10K in 30:09.71) and a third in the 5,000 meter (Mark Conover 14:28.54).

## N.A.I.A.

May 22-24, Abilene, Texas.

The big news at the NAIA National Championships back in Abilene, Texas, was Azusa Pacific College picking up 4th place team and Coach Marv Mardock retiring with Nation Coach of the Year honors. Azusa had first place points from senior decathlete, and defending champ, Gary Wise (7,331); freshman javelin chucker Mike Barnett (242-5); and senior Sammy Maritim in the 5,000 (14:34.19). Maritim also placed 4th in the 10K, less than 2 tenths out of second place. Mike Barnett's older brother Doug picked up a second in the hammer with 189-9 and teammate Ron Ponciano grabbed a 6th in the same event (165-10).

The only other California team scoring was Point Loma College out of San Diego with a fourth in the discus (Roger Axelsson 183-1) and a fifth in the decathlon (Dave Tolson 6807).



# NCAA I

by Chuck Skow

## June 3-7, University of Texas at Austin.

The 59th NCAA Track & Field Championships were held in the heat and humidity of Austin Texas. UTEP's foreign legion made it two straight team titles by scoring 69 points (61 by foreigners) to 46 for runnerup UCLA, followed by Florida State 38, and then USC fourth with 36. The Miners of UTEP with 5 first places (400, 5K, 10K, HT, TJ) made what figured to be a close team battle a runaway.

The Pac-10 scored 150 points, with every team scoring at least 2 points. WAC was next with 106, thanks to UTEP's 69 points. The California schools scored 114 points. Foreigners scored 148 out of a total possible 651 points.

The weather (Sat. 6:30 pm 94°, 54% humidity) was a factor in that the steeplechase and 5K were rescheduled after the 1600 meter relay.

The 1981 edition will be held on the campus of LSU. Baton Rouge promises to be even hotter and more humid than Austin. With the 1982 scheduled for BYU at Provo, Utah, altitude, 4500 feet, one writer called this meet a "survival course."

**100:** Freshman Stanley Floyd (Auburn) nipped an outstanding field in 10.10. Pre meet favorite Sanford was robbed of second by Mike Roberson of Florida State as both were timed in 10.12. It was Sanford's 6th race and 3rd race in 1 1/2 hours. Defending champ Jerome Deal (UTEP) slipped to 6th with 10.29.

**200:** Favorite Sanford's killer schedule of 9 tough races in 3 days finally caught up with him as he finished 8th and collapsed at the finish line. Mike Roberson was the most consistent sprinter of the meet, winning by 3 meters in a windy 19.96. Defending champ Greg Foster was 3rd in 20.33w.

**400:** Freshman Bert Cameron (UTEP/Jamaica) ran a fine race to win in the last 75 meters (45.23) to beat USC freshman Bill Green (45.37 PR) and favorite Walter McCoy (Florida State).

**800:** Paige did not try to duplicate his 800/1500 double of last year. Paige was clearly the class of the field. The rest of the field finished together as only 6 hundredths of a second separated 2nd and 5th. The heats and semis always provide excitement in this meet. Home town hero Owen Hamilton (U-Texas) had the misfortune to run 1:47.07 and was eliminated. Freshman Dave Mack (Oregon) ran a fine 1:46.84 in the semis but succumbed to the heat to finish 6th in 1:47.48.

**1500:** Sydney Maree (Villanova/South Africa), last year's 5K champ, was in control of the whole race. Local favorite Todd Harbor (Baylor) made a late rush to grab second from Richie Harris (Colo St.).

**5000:** Suleiman Nyambul (UTEP/Kenya) pulled away in the final 300 meters to win with ease from fellow Kenyan Solomon Chebor (Fairleigh Dickinson), and Bill McChesney (Oregon). UTEP lost 4 points as Wilson Kigen finished fourth but was disqualified for "impeding the progress of

him) running great third legs broke out each of the three races.

**4x400 Relay:** This race is always a crowd pleaser and this year was no exception as this meet produced 6 great 1600 meter races. East Carolina ran 3:06.61 in 2nd heat and did not advance. 3:05.95 (Arkansas) was the slowest semi time to advance to the final. 22 hundredths separated the other 7 teams (3:04.61 to 3:04.83) in the semi-finals.

Tennessee (Horne 46.9, Wilson 45.7, Preyor 46.3, Blair 45.1) won by 2 hundredths as Anthony Blair ran the fastest leg (45.1) to bring the Volunteers from 4th to out-lean Deon Hogan (Kansas) for the victory.

**High Jump:** Jeff Woodward (Alabama) equaled Dwight Stones' American record of 2.32 (7-7 1/4). The crowd was unaware of the feat until after it happened. The stadium PA chose to ignore the event completely until after the record. Franklin Jacobs (Fairleigh Dickinson) was a no-show. Jacobs was reported to be injured but looked pretty recovered a week later winning the TAC! 38 jumpers showed up on Thursday for the qualifying round. It took 2.18 (7-1 3/4) to advance to the final. James Frazier (Arizona) equaled his 1979 2nd place finish at 2.28 (7-5 3/4).

**Pole Vault:** Randy Hall (Texas A&M) won with a clutch jump at 5.54 (18-2 3/4). Hall took the lead at 5.38 (17-7 3/4) with a first jump clearance. Hall elected to pass his first attempt at 5.48 (17-11 3/4). Tom Hintnaus (Oregon) cleared 5.48 on his first attempt to take the lead. Hall missed his next 2 attempts at 5.48. Hall had one jump remaining, and cleared 5.54 to win. Only 8 of 15 jumpers cleared opening height of 5.18 (17-0) in the final.

**Long Jump:** Freshman Carl Lewis (Houston) led from the first round and had his winning jump in the third round 8.35w (27-4 3/4) (wind 2.2 mps). 1978 champ Larry Doubley (USC) set a meet record 8.13 (26-8) also in the third round.

**Triple Jump:** Steve Hanna (UTEP/Bahamas) won the event in the 4th round with 16.78w (55-0 3/4). Hanna improved 1cm on his final jump to 55-1. High school record holder Sanya Owalabi grabbed 2nd on his final jump 16.76 (54-11 3/4). Favorite Vince Parrette (Kan St.) couldn't find the board and finished 11th at 14.22 (46-7 3/4).

**Shot Put:** Footballer Mike Carter (SMU) returned to 1979 form to win with a 4th round throw of 20.40 (66-11 1/4). Oskar Jakobsson (Texas/Iceland) gave the Texas fans something to cheer about with a PR of 20.21 (66-3 3/4). Jeff Stover (Oregon) the newest member of the 68 foot club, fell apart and finished last in the qualifying round at 16.46 (54-0). A tragic accident to an official during the warm-ups for the final, led to rescheduling the final from Friday to Saturday.

**Discus:** Goran Svenson (BYU/Sweden) took the lead in the 3rd round with 61.72 (202-6) from Carlos Scott (UTEP) (UTEP's only American scorer) 61.50 (201-9).

**Hammer:** Freshman Matt Mileham (Fresno State/GB) took the lead in the 2nd round 68.46 (224-7). Thommie Sjoeholm (UTEP/Sweden) won on his 4th throw 68.58 (225-0). Stanford's Rick Buss upped his PR to get third at 65.92 (216-2).

**Javelin:** Curt Ransford (San Jose) had the only 80 meter throw of the competition. He threw 80.00 meters (262-8).

Campbell, 13.66; 5. Miller, 13.67; 6. Hancock, 13.68; 7. Edwards, 13.69; 8. Wilson, 13.85; Lavitt, false start.

### LONG JUMP

#### Final

1. Lewis (Houston), 27-4 3/4w (22 m.p.s.); 2. Doubley (USC), 26-8; 3. Handy (NW Louisiana), 26-4 1/4w (31 m.p.s.); 4. Artis (Middle Tennessee St.), 26-3 3/4w (25 m.p.s.); 5. Ross (Michigan), 26-1 1/2w (23.5 m.p.s.); 6. Smith (Texas Arlington), 25-11.

### HAMMER

#### Final

1. Sjoeholm (UTEP), 225-0; 2. Mileham (CS Fresno), 224-7; 3. Buss (Stanford), 216-3; 4. Lenz (Harvard), 211-11; 5. Jesernig (Washington St.), 208-2; 6. Miller (New Hampshire), 206-3; 7. Thomson (Stanford), 203-10; 8. Bruno (Brown), 198-9.

200 (semifinals, 4 in each heat qualify for final): HEAT ONE—1. J. Sanford (USC), 19.94w (3.94 m.p.s.); 2. Foster (UCLA), 20.40; 3. Woolfolk (Michigan), 20.63; 4. Lavarity (North Texas St.), 20.64. Others included: 5. Evans (Arizona St.), 20.66; 6. Coley (LSU), 20.76; Mallard (Alabama), did not start. HEAT TWO—1. Roberson (Florida St.), 20.00w (2.43 m.p.s.); 2. Butler (Oklahoma St.), 20.48; 3. Williams (Clemson), 20.56; 4. Lattany (Georgia), 20.57. Others included: 5. Henley (Arizona St.), 20.78; 6. Floyd (Auburn), 21.8. (Final)—1. Roberson, 19.96; 2. Butler, 20.22; 3. Foster, 20.33; 4. Williams, 20.33; 5. Lattany, 20.56; 6. Woolfolk, 20.66; 7. Lavarity, 20.88; 8. J. Sanford, 20.91.

**400—**1. Cameron (Texas El Paso), 45.23; 2. Green (USC), 45.37; 3. McCoy (Florida St.), 45.59; 4. Hogan (Kansas), 45.71; 5. Grimes (Kentucky), 45.74; 6. Kerr (Texas A&M), 46.05; 7. Ricks (Kansas), 46.20; 8. Cohen (Ohio St.), no time.

**800—**1. Paige (Villanova), 1:45.81; 2. Marfin (Iona), 1:46.63; 3. Korir (Iowa St.), 1:46.65; 4. Mays (Texas Tech), 1:46.67; 5. Lemashon (UTEP), 1:46.69; 6. Mack (Oregon), 1:47.48; 7. McIntosh (Western Michigan), 1:49.04; 8. Simmons (Florida St.), 1:53.87.

**1,500—**1. Maree (Villanova), 3:38.64; 2. Harbour (Baylor), 3:39.63; 3. Harris (Colorado St.), 3:39.68; 4. Donoghue (St. John's), 3:41.44; 5. Ryan (Bowling Green), 3:43.10; 6. Gregorek (Georgetown, D.C.), 3:44.10; 7. Scruon (East Tennessee St.), 3:45.10; 8. Young (Tennessee), 3:46.57; 9. Cornell (UCLA), 3:50.09; 10. Weaver (Eastern Michigan), 3:52.19; 11. Smith (Colorado), 3:58.68; 12. Gustafson (Indiana), no time.

**5,000—**1. Nyambul (UTEP), 13:44.43; 2. Chebor (Fairleigh Dickinson), 13:47.40; 3. McChesney (Oregon), 13:47.94; 4. Spivey (Indiana), 13:54.43; 5. Cuzzort (Western Kentucky), 13:59.28; 6. Padilla (BYU), 14:02.97; 7. Roitch (UTEP), 14:11.60; 8. Ortiz (UCLA), 14:12.59; 9. Childs (Villanova), 14:13.6 (ht); 10. Kamau (UTEP), 14:22.2 (ht); 11. Kvernmo (Wyoming), 14:25.0 (ht); Kigen (UTEP) finished fourth but disqualified for impeding progress of runner.

**3,000 STEEPLECHASE—**1. Jackson (Wisconsin), 8:22.81; 2. Marlin (Oregon), 8:24.09; 3. Korir (Villanova), 8:26.41; 4. Hunt (Arizona), 8:26.96; 5. Tuwei (Richmond), 8:28.56; 6. Helikinen (Michigan), 8:28.91; 7. Sitonik (UTEP), 8:35.49; 8. Ogaro (Clemson), 8:49.66; 9. James (Tennessee), 8:52.58; 10. St. John (San Diego St.), 9:01.89; 11. Iwanicn (Drake), 9:03.16; 12. Charleston (Murray St.), 9:17.45.

**4,000—**1. Lee (Southern Illinois), 9:49.49; 2. ...

ston (CW Post), 52-0 3/4; 9. Lloyd (McNesse St.), 51-2 1/4; 10. Ellard (CS Fresno), 49-7; 11. Parretto (Kansas St.), 48-7 3/4; Tewlo (Washington St.), did not jump.

**SHOTPUT—**1. Carter (SMU), 46-11 1/4; 2. Jakobsson (Texas), 46-3 3/4; 3. Hallidorsen (Alabama), 45-4; 4. Maciejczyk (LSU), 43-8 1/4; 5. Lofquist (Arkansas), 42-5 1/4; 6. Scott (Texas A&M), 42-3 3/4; 7. Robinson (Tenn), 41-11 1/4; 8. Jenson (BYU), 40-11 1/4; 9. Scheetz (Iowa St.), 40-9 1/4; 10. Atkins (Ohio St.), 40-6; 11. Brooks (Texas), 40-1; 12. Smith (CS Long Beach), 39-0 1/4.

**HIGH JUMP—**1. Woodard (Alabama), 7-7 1/4 (equals American record, Dwight Stones, CS Long Beach, 1976; meet record, old mark, 7-7, Stones, 1976); 2. Frazier (Arizona), 7-5 3/4; 3. Glover (Eastern Kentucky), 7-4 1/4; 4. He Morris (Texas) and Mays (Kentucky), 7-3 3/4; 6. Howard (Texas A&M), 7-3 1/4; 7. Rudolph (Alabama), 7-3 1/4; 8. He between Gibbs (San Jose St.) and Middlebrook (Miami, Ohio), 7-1 3/4; 10. Davis (Illinois St.), 7-1 3/4; 11. Shuler (North Carolina), 7-0 1/4; 12. Paskett (Utah St.), 7-0 1/4; 13. He between Berry (Indiana) and Wight (Miami, Ohio), 7-0 1/4.

### DECATHLON

FINAL STANDINGS—1. Anderson (UCLA), 7,893; 2. Schneider (St. John's), 7,686; 3. Swanger (Weber St.),

7,638; 4. Steen (California), 7,616; 5. Montpas (Arizona St.), 7,355; 6. Gofre (Washington), 7,479. Others: 8. Harris (UC Santa Barbara), 7,404; 13. Gelonek (UC Santa Barbara), 7,045.

Individual events: 110 H—Montpas, 14.84 (866); Harris, 15.04 (844); Anderson, 15.39 (809); Gelonek, 15.78 (769). DT—Olson, 152-4 (808); Anderson, 132-7 (694); Harris, 118-10 (609); Gelonek, 107-6 (535). PV—Bastien and Maestrelli, 15-9 (1,005); Anderson, 14-1 (884); Gelonek, 12-9 (780); Harris (12-5 (754), JT—Anderson, 234-8 (697); Harris, 176-2 (682); Gelonek, 175-5 (679). 1,500—Bastien, 4:20.35 (457); Harris, 4:26.33 (614); Anderson, 4:40.97 (518); Gelonek, 4:50.85 (459).

FINAL TEAM SCORES—Texas El Paso 69; UCLA 46; Florida St. 38; USC 36; Villanova 26; Alabama and Oregon 24; Kansas 20; St. John's 18; Oklahoma St. 16; BYU 15; Baylor and LSU 14; Auburn and Texas A&M 13; Arizona 12; Houston and Tennessee 11; Washington St., San Jose St., Southern Illinois, Wisconsin and SMU 10; CS Fresno, North Carolina St., Iona and Fairleigh Dickinson 8. Others included: Stanford 6; California 4 and San Diego St. 4; Oregon St. 3; Arizona 2.

THE GREAT HIGH SIERRA FOOTRACE

**SIERRA PINES**

**4.0 MILE RELAY**

SATURDAY, AUGUST 9, 1980


TEAMS MUST BE PRE-ENTERED

**THE DIVISIONS:**

- 1 Open (any age or sex)
- 2 Women
- 3 Junior Boys (18 & under)
- 4 Masters Men (40 +)
- 5 Mixed (at least 3 women)
- 6 Submasters Men (30-39)
- 7 Mixed Masters

**THE COURSE:**

Start and finish at the Pines Village, Bass Lake, California -- one hour from Fresno.



collapsed at the finish line. Mike Peterson (USC) set a meet record of 1.13 (26-8) also in the third round.

**Triple Jump:** Steve Hanna (UTEP/Bahamas) won the event in the 4th round with 16.78w (55-0¼). Hanna improved 1cm on his final jump to 55-1. High school record holder Sanya Owalabi grabbed 2nd on his final jump 16.76 (54-11¾). Favorite Vince Parrette (Kan St.) couldn't find the board and finished 11th at 14.22 (46-7¾).

**Shot Put:** Footballer Mike Carter (SMU) returned to 1979 form to win with a 4th round throw of 20.40 (66-11¼). Oskar Jakobsson (Texas/Iceland) gave the Texas fans something to cheer about with a PR of 20.21 (66-3¼). Jeff Stover (Oregon) the newest member of the 68 foot club, fell apart and finished last in the qualifying round at 16.46 (54-0). A tragic accident to an official during the warm-ups for the final, led to rescheduling the final from Friday to Saturday.

**Discus:** Goran Svenson (BYU/Sweden) took the lead in the 3rd round with 61.72 (202-6) from Carlos Scott (UTEP) (UTEP's only American scorer) 61.50 (201-9).

**Hammer:** Freshman Matt Mileham (Fresno State/GB) took the lead in the 2nd round 68.46 (224-7). Thommie Sjolholm (UTEP/Sweden) won on his 4th throw 68.58 (225-0). Stanford's Rick Buss upped his PR to get third at 65.92 (216-2).

**Javelin:** Curt Ransford (San Jose) had the only 80 meter throws of the competition. His third throw 81.10 (266-1) was good enough to win, but on his last throw he PRed 82.06 (269-3). Mike Murphy (N. Carolina St.) threw 76.98 in the first round and the mark held up for 2nd place.

**Decathlon:** Mark Anderson (UCLA) took the lead at the end of the 3rd event (HJ). Jeff Montpas (Arizona St) too the lead briefly at the pole vault but suffered an injury in that event and slipped to 5th in 1500 meters. Joe Schneider (St. Johns) had a fine 2nd day (3966) to move from 11th to 2nd. Steve Rainbolt (Kansas) set a new decathlon HJ record 2.15 (7-0¼).

**Notes:** Final day attendance at 8,000 plus. They seemed swallowed up in the 80,000 seat Memorial Stadium. The long throws were conducted on Freshman Field, about a quarter of a mile from the stadium. No stands or seats were provided at the Freshman Field. The accident to the official in the shot should make us all involved in the sport to think "Safety First." The University of Texas has 4 Accutacks and used 2 for each race. Long days at Austin- Tuesday 4 pm to 10:45 pm, Wednesday 4 pm to midnight, Thursday 11 am to 11 pm, Friday 1 pm to 10:30 pm, Saturday 11 am to 8:30 pm.

**100**  
Final  
1. Floyd, 10.10 (wind 1.01 m.p.s.); 2. Roberson, 10.12; 3. J. Sanford, 10.12; 4. Smith, 10.17; 5. E. Brown, 10.27; 6. Deal, 10.29; 7. Phillips, 10.32; 8. Laffany, 10.32; 9. Nelson, 10.44.

**10,000**  
1. Nyambui (UTEP), 29:21.85; 2. Kimombus (Washington St.), 29:27.24; 3. Kvernmo (Wyoming), 29:43.32; 4. Willis (Florida St.), 30:06.01; 5. Anderson (Colorado), 30:10.35; 6. Matteson (Illinois St.), 30:15.99. Others finished: Musyoki (UTEP), did not finish.

**110 HIGH HURDLES**  
Final  
1. Foster, 13.42 (wind 1.25 m.p.s.); 2. McDaniel, 13.64; 3. Mason, 13.65; 4.

1,500-1. Maree (Villanova), 3:38.64; 2. Harbour (Baylor), 3:39.65; 3. Harris (Colorado St.), 3:39.68; 4. Donoghue (St. John's), 3:41.44; 5. Ryan (Bowling Green), 3:43.10; 6. Gregorek (Georgetown, D.C.), 3:44.10; 7. Scruton (East Tennessee St.), 3:45.10; 8. Young (Tennessee), 3:46.57; 9. Cornell (UCLA), 3:50.09; 10. Weaver (Eastern Michigan), 3:52.19; 11. Smith (Colorado), 3:58.68; 12. Gustafson (Indiana), no time.

5,000-1. Nyambui (UTEP), 13:44.43; 2. Chebor (Fairleigh Dickinson), 13:47.40; 3. McChesney (Oregon), 13:47.94; 4. Spivey (Indiana), 13:54.42; 5. Cuzart (Western Kentucky), 13:58.28; 6. Padilla (BYU), 14:02.97; 7. Rotich (UTEP), 14:11.60; 8. Ortiz (UCLA), 14:12.58; 9. Childs (Villanova), 14:15.6 (ht); 10. Kamsu (UTEP), 14:22.2 (ht); 11. Kvernmo (Wyoming), 14:26.0 (ht); Kigen (UTEP) finished fourth but disqualified for impeding progress of runner.

3,000 STEEPLECHASE-1. Jackson (Wisconsin), 8:22.81; 2. Martin (Oregon), 8:24.09; 3. Korir (Villanova), 8:26.41; 4. Hunt (Arizona), 8:26.94; 5. Tuwei (Richmond), 8:28.56; 6. Heikkinen (Michigan), 8:28.91; 7. Sitonik (UTEP), 8:35.49; 8. Ogara (Clemson), 8:49.68; 9. James (Tennessee), 8:52.56; 10. St. John (San Diego St.), 9:01.89; 11. Iwancin (Drake), 9:03.14; 12. Charleston (Murray St.), 9:17.45.

400H-1. Lee (Southern Illinois), 48.87; 2. Mulli (UTEP), 49.69; 3. Hamlin (St. John's), 49.91; 4. Lankford (Penn St.), 50.37; 5. Rambo (South Carolina), 50.42; 6. Lundy (Indiana), 50.44; 7. Phillips (UCLA), 51.87; Person (Maryland), 52.1 (hand timed).

400 RELAY-1. USC (Williams, M. Sanford, J. Sanford, Green), 39.16; 2. Oklahoma St., 39.51; 3. Florida St., 39.54; 4. UCLA (Williams, E. Brown, Banks, Foster), 39.83; 5. Clemson, 39.89; 6. Auburn, 40.09; 7. Texas A&M, 40.33; NW Louisiana, did not start.

1,600 RELAY-1. Tennessee (Horne 44.9, Wilson 45.7, Prayor 46.3, Blair 45.1), 3:03.94; 2. Kansas, 3:03.94; 3. Baylor, 3:04.03; 4. San Diego St., 3:04.57; 5. Texas, 3:05.11; 6. Texas Southern, 3:05.24; 7. UCLA (McNeal 47.4, Banks 46.5, Thompson 45.8, Phillips 45.9), 3:05.59; 8. Arkansas, 3:09.15.

DISCUS-1. Svenson (BYU), 202-6; 2. Scott (UTEP), 201-9; Jakobsson (Texas), 200-7; 4. Martin (Alabama), 186-10; 5. Fox (Oregon St.), 186-0; 6. McCulla (Kentucky), 181-10; 7. Crouser (Oregon), 181-2; 8. Manahan (Draxel), 180-5; 9. Scott (UTEP), 178-5; 10. Harrell (Missouri), 175-7; 11. Friedman (Kansas), 174-1; 12. McSevoney (CS Long Beach), 172-11.

POLE VAULT-1. Hall (Texas A&M), 18-2¼ (meet record, old mark, 18-1¾, Mike Tully, UCLA, 1978); 2. Hintnaus (Oregon), 17-11¾; 3. Curran (UCLA), 17-7¼; 4. Pilla (Arkansas St.), 17-4; 5. He among Switzer (Oregon), Phillips (Virginia Tech) and Hearn (Houston), 17-0; Black (San Jose St.), McDonald (Cal Poly SLO), Colivas (Austin Peay), Mulligan (USC), Loftan (Eastern Michigan), Newton (Nebraska) and Kimball (Indiana), no height.

JAVELIN-1. Ransford (San Jose St.), 269-3; 2. Murphy (North Carolina St.), 252-7; 3. Moulder (Washington), 251-10; 4. Kelhas (BYU), 240-6; 5. Barrow (LSU), 248-2; 6. Hesseffine (Oregon St.), 244-1; 7. Paltas (Texas), 242-10; 8. Juskus (Glassboro St.), 225-11; 9. Jackson (San Jose St.), 226-6; 10. Kreluder (Army), 216-8; 11. Babits (Washington St.), 211-4; 12. Herlie (Clemson), 207-3.

TRIPLE JUMP-1. Hanna (UTEP), 55-1; 2. Owalabi (Kansas), 54-11¼; 3. Williams (UCLA), 54-8; 4. Hutchins (Florida St.), 53-7¼; 5. Benson (UCLA), 53-4¼; 6. Cannon (Indiana), 52-11¼; 7. Marvin (LSU), 52-5¼; 8. Al-

# 4.0 MILE RELAY

SATURDAY, AUGUST 9, 1980

TEAMS MUST BE PRE-ENTERED

## THE DIVISIONS:

- 1 Open (any age or sex)
- 2 Women
- 3 Junior Boys (18 & under)
- 4 Masters Men (40+)
- 5 Mixed (at least 3 women)
- 6 Submasters Men (30-39)
- 7 Mixed Masters

## THE COURSE:

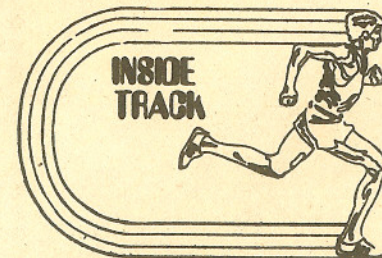
Start and finish at the Pines Village, Bass Lake, California -- one hour from Fresno.

The Race goes three times around the lake. A 7½ mile leg (Fairly flat and shady) and a 5½ mile leg (hilly and sunny) completes once around. Repeat for a total of three times around.

Six person teams.



For an entry blank, map of the course, directions, and a list of campgrounds, send your request, along with a stamped self-addressed envelope, to the meet director: Darrel Cox, 314 Homsy Avenue, Fresno, California 93727. (209) 255-4041



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GARY TUTTLE

1410 E. MAIN ST.  
VENTURA, CA 93005

# BARTLETT MINERAL WATER 10,000 METER RUN

SEPTEMBER 27, 1980

SATURDAY - 8:30 A.M.

Plaza Park Visalia, California

**DIRECTIONS:** To reach Plaza Park, from Freeway 99, take Highway 198 east about a quarter mile

**PREDICTION RUN:** There will be a one mile prediction run before the 10,000 meter race

**CHECK-IN:** 7:00 a.m. - 7:45 a.m.

**RACE TIME:** 8:00 a.m. 1 Mile Prediction Run

8:30 a.m. 10,000 Meter Race

**COURSE:** asphalt, flat and fast

## DIVISIONS & NUMBER OF AWARDS:

Men	Awards	Women	Awards
19-under	(3)	19-under	(3)
20-29	(5)	20-29	(5)
30-39	(5)	30-39	(5)
40-49	(5)	40-49	(5)
50-59	(5)	50-over	(3)
60-over	(3)		

- AWARDS:**
- ☆ Plaques to the divisional placers indicated above
  - ☆ T-shirts to the first 200 pre-registered
  - ☆ Patches to all finishers
  - ☆ Special plaques to the first place male and the first place female overall
  - ☆ Many merchandise awards to be presented by random drawing
  - ☆ Beautiful neck ribbon medals to ten closest prediction runners

**ENTRY FEE:** \$4.00 pre-registration; \$5.00 on day of the race

20-29	(5)	20-29	(5)
30-39	(5)	30-39	(5)
40-49	(5)	40-49	(5)
50-59	(5)	50-over	(3)
60-over	(3)		

- AWARDS:**
- ☆ Plaques to the divisional placers indicated above
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**ENTRY FEE:** \$4.00 pre-registration; \$5.00 on day of the race  
 Make checks payable to Marty Higginbotham

**REFRESHMENTS:** Free ice cold Bartlett Mineral Spring Water after the race

**SEND ENTRY BLANK & FEE TO:** Marty Higginbotham, 1026 W. Princeton, Visalia, CA 93277

**WAIVER:** In consideration of my entry being accepted, I, intending to be legally bound, do hereby for myself, my heirs, executors, administrators, waive and release forever any and all rights and claims or damages I may accrue against the Bartlett Mineral Water 10,000 Meter Run, City of Visalia, and any and all donors and sponsors of this race for any injury suffered by me while traveling to and from, or competing in the Bartlett Mineral Water 10,000 Meter Run on Saturday, September 27, 1980 at Plaza Park in Visalia, California.

Signature (must be signed): \_\_\_\_\_

Signature of parent or guardian if under 18: \_\_\_\_\_

Print name clearly \_\_\_\_\_ Birthdate: \_\_\_\_\_ Age on race day: \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Male                       10,000 Meter Run                      Division \_\_\_\_\_                      T-shirt Size \_\_\_\_\_  
 Female                       1 Mile Prediction Run