

CALIFORNIA TRACK & RUNNING NEWS

Running News 6103 1 98703

CALIFORNIA'S TRACK AND RUNNING PUBLICATION

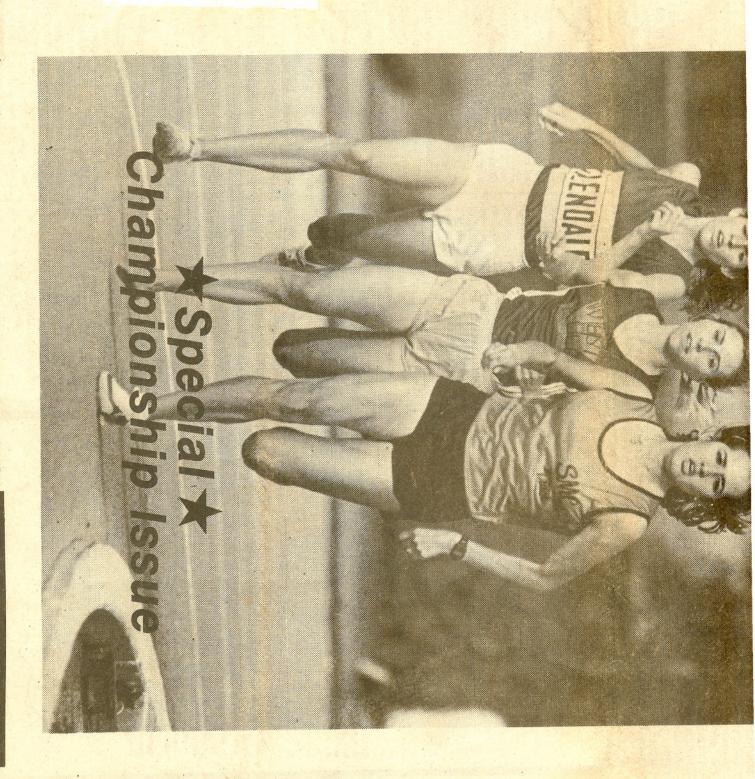
BULK RATE U.S. POSTAGE PAID Fresno, CA 93706 Permit No. 629

SCOTT MACLEOD C
8604 OAKDALE
OXON HILL MD20022

California Track
P.O. E
Fresno,

California Track & Running News P.O. Box 6103 Fresno, CA 93703 JUA

Issue!



from the editor...

What a season it's been! The 1981 track season has been especially exciting for this editor. Maybe it's just that I was able to get out to more of the big meets this year, or, maybe, the meets were of especially high quality here in California this year.

Not since my college days of hitch-hiking to meets and sleeping in pole vault pits have I attended so many excellent meets -back then it was the Compton Invitational, the Coliseum Relays, the Olympic Trials at Los Angeles, the Olympic Trials at Echo Summit (Lake Tahoe), or one of the many local championships. This year, just taking the High School State Meet at Cerritos and the Athletics Congress Championships at Sacramento vou've got two super meets.

I doubt if there was a better high school meet in the entire country - may have been the best California Prep State Championships ever, although many would argue for the 1956 meet at Chico. Check the comprehensive story and photo essay of the meet in this issue. We felt the quality of our coverage should match that of the athletes performances, so we've given this meet the biggest coverage of any meet so far.

Arcadia High School, where CTRN correspondent Doug Speck coaches, did an outstanding job of conducting the State Meet - the

marshalling of athletes to start and from finish kept the entire infield clear for the 14,000 spectators. Two notes of disappointment for this spectator, however, were: First, the discus being held at a high school several blocks away on a sub-par facility with very little spectator involvement. It was nice for us who were there but not fair to the athletes. The problem, it seems, was that CIF insurance would not cover the meet if the discus were held in the stadium (it was a week earlier at the State Community College Meet); and the adjacent field and ring were overflowing with a Boy Scout Jamboree. After seeing an official hit with the hammer and another hammer ripping through the cage at the TAC meet, and then the discus landing in the 800 meter pack at Brooks(see story in this issue) I'm a little more understanding of the problems with having the discus on the infield. The second disappointment for me at the State Championships, and maybe this is prejudiced since it involves one of my hometown favorites, was the disqualification of Ron McCoy after placing third in the long jump. Mc-Coy, of Fresno's Edison High, was also a favorite in the hurdles, had a slightly injured leg and didn't want to sacrifice the hurdles doing the long jump, so had a walkietalkie on the field to talk with his

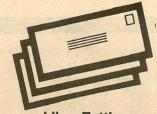
coach in the stands about the progression of his injury. Apparently this is illegal. It was never made clear exactly what the rule is. If the disqualification was for coaching then the officials were sleeping at the discus and other events where coaching was open was blatant. If it was for using a walkie-talkie then this is a new one on me. The withholding of the reason for the "dg" from the fans was tacky.

If the California State High School Meet was the best high school meet in the country then I'll wager for the TAC Championships being THE best meet in the country, period. And well it should be as it is considered the USA Championships (the Mobil Grand Prix prize money didn't hurt). The weather in Sacramento was hot. but the athletes responded with competition and marks just as hot. Originally we had planned to bring you coverage of this meet in this Championship Issue of CTRN. but space and time didn't permit it. So, you've got some superb coverage and photos of this most outstanding meet to look forward to in the next issue.

A public note of appreciation to Don Gosney, Bill Leung, Keith Conning, Doug Speck and Richard Slotkin who brought you a goodly portion of all the track and field action throughout the pages of CTRN during the season.

In talking with athletes. coaches, and fans at meets lately, the question posed most often is. "What happened to Bill Minarik and his monthly Diary column?" No, we didn't dump Bill because of the nature of his column. If you remember the survey we did a year or so ago this feature ranked as one of the most popular in the paper. Bill has had a change in his lob which has required out of state travel during this past track season, but he hopes to be back bringing you the inside scoop in time for cross country season.

It was Bill Minarik who initaited the California Community College All American Awards in both cross country and track. Infact, he even offered to pay for the printing of the award certificates. CTRN will again name the top six placers in



Likes Tuttle

I throughly enjoyed Gary Tuttle's article on his experience at the New York Marathon, It provided a completely different view than what the other running magazines offer. Some of us can only dream of being part of that New York happening. With Gary's presentation we can "feel" what it must of been like. I only wish it was a longer story. To him it was a miserably run marathon, but I enjoyed reading about it. Please more of the same.

> John Kirn Cloverdale

Likes Higginbotham

Your stories on Ivor Welch and myself are beautiful jobs; really very well done. I can be accused of subjectivity or at least not being as objective as one should be in praising reference to ones self.

I don't make a principle of humility, none the less, my opinion is that Marty Higginbotham is a mechanic. If I had influence with the publisher, I'd tell him that he better pay you more.

> Walt Stack San Francisco

Likes Photos

Please keep up the great photo coverage. I counted over 70 pictures in the last issue - fantastic -no other publication gives us this view of our sport. As they say, "One photo is worth a thousand words," More photos!

> P. McKinely Orange

We like photos, too. Our photographers do a super job covering meets. You should see all of the good ones we wish we could print but haven't had room for, But then, you're probably Don Gosney's grandmother and have already seen them anyway. - Ed.

mailbag

Thank you very much for mentioning my wife Mary Storey among "others receiving votes" for Athlete of the Year in the Masters.

I would like to suggest that 10-year divisions be adopted for the women's awards, same as the men. There are plenty of good masters women runners now to justify it.

We very much enjoy CTRN. Keep up the good work.

> Theodore Storey Riverside

I would like to register a strong complaint regarding your selection of the Masters 40-49 Mens Track Athlete for 1980. You have selected George Cohen who in 1980 ran a fantastic 800, in 1:54.9. However, you listed as your rationale for his selection as number one, his world title in New Zealand which was January 1981. This gold medal performance I feel is outstanding, but not part of 1980 season.

I feel, if one looks at this more objectively, Nick Newton would repeat as Men's Master's Athlete for 1980. Why? Mr. Newton not only set one American record but two world standards. At age 46. He ran a sub 23.0 second 200 meters and a sub 51.0 second 400 meters. All season long he was improving his world marks. In Philadelphia he won titles in the 100, 200, 400 and a silver medal in the high jump and Mr. Cohen won two silver medals. Remember this is a 1980 award.

Objectively, Mr. Cohen has an outstanding start for 1981, but using points alone, he doesn't total what Mr. Newton has accumulated. In fact, Alvin Henry and Doug Smith accomplished higher rankings than Mr. Cohen for 1980.

Who votes for these awards? It should be far more objective. Please be more serious in your ratings. Masters track and field is one of the purest sports in the world.

California Track & Running News

EDITOR & PUBLISHER Bill Cockerham

PRODUCTION MANAGER Judy Cockerham

ASSISTANT TO EDITOR Marty Higginbotham

Likes Slotkin

Gary Miller Ine Anneles and photo essay of the meet in this issue. We felt the quality of our coverage should match that of the athletes performances, so we've given this meet the biggest coverage of any meet so far.

Arcadia High School, where CTRN correspondent Doug Speck coaches, did an outstanding job of conducting the State Meet - the ed since it involves one of my hometown favorites, was the disqualification of Ron McCoy after placing third in the long jump. McCoy, of Fresno's Edison High, was also a favorite in the hurdles, had a slightly injured leg and didn't want to sacrifice the hurdles doing the long jump, so had a walkietalkie on the field to talk with his

portion of all the track and field action throughout the pages of CTRN during the season.

in talking with athletes, coaches, and fans at meets lately. the question posed most often is. "What happened to Bill Minarik and his monthly Diary column?" No, we didn't dump Bill because of the nature of his column, If you remember the survey we did a year or so ago this feature ranked as one of the most popular in the paper. Bill has had a change in his job which has required out of state travel during this past track season, but he hopes to be back bringing you the inside scoop in time for cross country season.

It was Bill Minarik who initaited the California Community College All American Awards in both cross country and track. Infact, he even offered to pay for the printing of the award certificates. CTRN will again name the top six placers in the State Track & Field Championships "All American." Reasoning on this number, again, is based on the fact that the National Junior College Meet (California doesn't participate) awards six All Americans and the California State Championships is of equal or better quality than the National Meet. Athletes who placed in the top 6 in the State Championships can receive their commemorative All American certificates by having their coach write to us requesting it. We will also send one for the coach to hang in his office.

I've also received a lot of inquiries as to the lack of our printing letters to the editor. We want to encourage reader feedback so are re-instituting the "Mall Bag." Let us hear from you.

ON THE COVER: Shari Ewing, Diana Figlionemi, and Therese Haro battle it out in the J.C. State Championship 1500 meters. You'll have to consult the story in this, our special

championship issue.

photo by Bill Leung, Jr.

he better pay you more.

Walt Stack San Francisco

Likes Photos

Please keep up the great photo coverage. I counted over 70 pictures in the last issue - fantastic -no other publication gives us this view of our sport. As they say, "One photo is worth a thousand words." More photos!

P. McKinely Orange

We like photos, too. Our photographers do a super job covering meets. You should see all of the good ones we wish we could print but haven't had room for. But then, you're probably Don Gosney's grandmother and have already seen them anyway. - Ed.

Likes Slotkin

Richard Slotkin's writing is the most balanced and rational that I have seen, from anyone, in regard to running. Gary Tuttle's column, month after month, has the most interesting reading in any running publication.

Don Capron, president Marin Racers

That Slotkin is one great running writer! His recent (May '81) accounts of the Jordache Race and Avon Womens Race ½ Marathon is classic writing by any standard.

The only argument in my family arose when I told my wife, "ya know, this Slotkin might be on the same level as Kenny Moore in race writing coverage."

She said, "Slotkin is better!" Either way - the man "Has It."

Flory Rodd San Francisco

Athletes of the Year

Thank you so much for doing an outstanding job in reporting California running. My thanks also to all of those people who voted me as the Outstanding Masters Women in the Cross Country/Roads category. I worked hard last year and naturally I appreciate this recognition.

Sandy Kiddy Palm Springs ly set one American record but two world standards. At age 46. He ran a sub 23.0 second 200 meters and a sub 51.0 second 400 meters. All season long he was improving his world marks. In Philadelphia he won titles in the 100, 200, 400 and a silver medal in the high jump and Mr. Cohen won two silver medals. Remember this is a 1980 award.

Objectively, Mr. Cohen has an outstanding start for 1981, but using points alone, he doesn't total what Mr. Newton has accumulated. In fact, Alvin Henry and Doug Smith accomplished higher rankings than Mr. Cohen for 1980.

Who votes for these awards? It should be far more objective. Please be more serious in your ratings. Masters track and field is one of the purest sports in the world.

Gary Miller Los Angeles

This past year, for the first time. we threw the AOY voting open to the readers. We made several pleas for readers to send in their selections for AOY in the various categories. We also sent ballots directly to all of the masters clubs, such as SDTC, STC, CDM, SCS, NCSTC, etc. I do remember receiving ballots from Peter Mundle, Al Sheahen, Percy Knox, although not necessarily voting for Cohen. We simply totaled up all of the votes and Cohen won. I do believe it would be fair to count New Zealand as part of the 1980 season. But, that's debatable. -Ed.

Can't Take The Heat

Looks like you can't take the heat?! I've noticed you've dropped the Southern California Track Diary. This was one part of your magazine that actually put some meat on the sport. Results and schedules are nice - but, what's really going on in the sport - the personalities, struggles, disappointments, failures, successes, and all the other real live reality. I'm sorry to see it go. Otherwise I appreciate all that you are dong for the sport.

Sandy Cornish Manhattan Beach

विकासिक में में के लिए हैं कि के में में में में में

Please see "From the Editor." -Ed.

California Track & Running News

EDITOR & PUBLISHER Bill Cockerham

PRODUCTION MANAGER
Judy Cockerham

ASSISTANT TO EDITOR Marty Higginbotham

HIGH SCHOOL EDITOR Keith Conning 2235 Browning St. Berkeley, CA 94702 (415) 849-4406 LONG DISTANCE EDITOR Richard Slotkin 14212 Summertime Lane Culver City, CA 90230 (213) 836-7088

CORRESPONDENTS: Ron Blackwood Central California High School; Calvin Brown Girls and Women Track & Field; Keith Conning Northern California High School; Ken Dose Northern California Community. College; Rich Ede Women's Pentathlon/Heptathlon; Marry Higginbotham Central California Long Distance Running; Percy Knox Masters Men; Mike Lennemann Track Teaser Puzzle; Bill Minarik Southern California Area; Mark Proteau Sac-Joaquin Section High School; Bill Minarik Southern California Area; Chuck Skow Open Track & Field; Dick Slotkin Southern California Long Distance; Doug Speck Southern/LA. Sections High School; Howard Willman Central Coast High School; Bob Womack High School Girls All Time List.

LDR STATISTICS: Bob Martin, National Running Data Center.

PHOTOGRAPHERS: Keith Conning, Jim Engle, Don Gosney, Marty Higg-inbotham, Bill Leung, Jr., Richard Slotkin. Ken Takeuchi. Dave Stock.

•California Track & Running News is published 12 times per year - one issue per month.

 California Track & Running News has a circulation of 12,000 copies; these consist of paid subscriptions, store sales, and promotional copies.

 California Track & Running News is mailed third class bulk rate and is not forwardable. When you move please let us know at least 4 weeks in advance.

SUBSCRIPTION RATES: 1 Year (12 issues) \$10.00; 2 Years (24 issues) \$18.00; 3 Years (36 issues) \$25.00. Add \$6.00 per year for first class. Foreign rates on request.

在地市 电电路电路电路



CALIFORNIA TRACK & RUNNING NEWS
P.O. Box 6103

Fresno, CA 93703 (209) 264-5847

SCHEDULE

Please send scheduling information directly to California Track & Running News, P.O. Box 6103, Fresno, CA 93703.

Schedule is subject to change. Please verify dates and times with meet directors before travelling to an event. Keep in mind that some events require advance entries and have entry limits and/or deadlines. It is a good idea to always include a stamped, self-addressed envelope when requesting meet information and/or entry blanks.

NOTE TO MASTERS ATHLETES: See the "Masters Scene" section for specific masters competitions.

Long Distance Running Schedule

JULY

JUL 11: Freeno Bunion Derby 5K. Fresno State University, 8 am. Larry Lung, 784 Jana Way, Hanford 93230. (209) 584-5152.

Jul. 11: Phidippides Freeway Frolic 5 & 10K. Chatsworth, 7:30 am. Phidippides-Encino, 16545 Ventura Bivd., Encino 91436. (213) 986-8886.

JUL 11: Top-Of-The-State Footraces. 4.7 and 7 miles. College of the Sisklyous, Weed, 8 am. Lee Ferrero, 800 College Ave., Weed 966094. (916) 938-4805.

JUL 11: Coyote Reservoir 20K Run. 7:30 am. Bill Flodberg, 12925 Foothill, San Martin 95046. (408) 683-2453.

JUL 12: HOPE Unit Foundation 10K. Pierce College, 8 am. Janine Asal, HOPE Unit Foundation, Box 441, Encino 91436.

JUL 12: Domaine Chandon Run in the Vineyard. 10K, Yountville, 9 am. Mark Proteau, Run in the Vineyard, P.O. Box 2470, Yountville 94558 (77) 255-073

94558. (707) 255-0733. JUL 12: San Francisco Marathon. Golden JUL 28: Occidental 10K. Occidental Community Center, 8 am. Rod Matteri, P.O. Box 682, Occidental 95465. (707) 874-3315.

JUL 26: Wharf to Wharf Race. 5.8 miles, Santa Cruz Wharf to the Capitola Wharf, 7:30 am. Wharf to Wharf Race, P.O. Box 307, Capitola 95010. (408) 475-2196.

JUL 26: Llons-Central Federal Run. 10K and 2 mile. San Diego Stadium, 7 am. Downtown Lions Club, Hotel San Diego, 339 West Broadway, San Diego 92101.

AUGUST

AUG 1: Cazadero Footrace. 3 & 7 miles. Dave Stostedt, P.O. Box 562, Bodega Bay 94923. (707) 875-9925.

AUG 1: Freeno Bunion Derby 15K. Freeno State University, 7 am. Larry Lung, 784 Jana Way, Hanford 93230. (209) 584-5152.

AUG 1: Gilroy Garlic Festival 10K. Gilroy High School, 7:30 am. Don Grant, 7400 Felice, AUG 9: John Steinbeck Country Run. 10K, Salinas, 9 am. Lance Almond, 1081 Los Palos Dr., Salinas 93901. (408) 758-2781.

AUG 9: Napa Town and Country Fair Hot Foot Run. 1 mile, 5K, & 10K. Kaye Hall, 4516 Dry Creek Rd., Napa 94558. (707) 255-0683.

AUG 12: Northridge Twilight 10K. Wednesday evening, 6:30 pm, Cal State Northridge. Tom Babiracki, Runner's Sole, 17521 Chatsworth St., Granada Hills 91344. (213) 368-7899.

Please see advertisement in this issue.

AUG 15: Tetrick Trail Run. 8 miles, Griffith Park, Los Angeles, 7:30 am.

AUG 16: Park to Park Relays. Carmichael Park, Sacramento, 8 am. four person x five mile legs. Jo Sumner (916) 481-5869.

AUG 16: Lake Tahoe Series 9 Mile. Tahoe City. Lake Tahoe Series, P.O. Box 97, Carnelian Bay, CA 95711. (916) 583-8475.

AUG 16: Merced Watermelon Run. 10K, Merced Courthouse, 7:30 am. Mike Mason, 1239 Kensington, Merced 95340.

Kensington, Merced 95340.

AUG 16: Irvine Park 5 & 2 Milers, 8:30 am

AUG 23: June Lake Loop Relay. June Lodge, 8 am. Newport Beach Runners Assoc., 1162 Dorset Lane, Costa Mesa 92686 or call June Lake Chamber of Commerce 1-800-462-5578.

AUG 23: Dist. 10K XC Outstanding Athletes 10K. Cal State Northridge, 8 am. Jon Sutherland, Box 891, Tarzana 91356. (213) 908-0485. Please see advertisement in this lessue.

AUG 29: Run for Scotch 11. Santa Rosa Fairgrounds, 8:30 am. Pat Kuta, YWCA, 635 Fifth St., Santa Rosa 95401. (707) 546-5771.

AUG 29: Bear Valley Foot Race. 10K, Bear Valley Lodge, Highway 4, 11 am. Merv Smith, 4704 Mosher Drive, Stockton (209) 931-0478.

AUG 29: Dammit Run. 5.8 miles, Los Gatos High School Track, 9 am. Glen Harmatz, Los Gatos Athletic Association, P.O. Box 1328, Los Gatos 95031. (408) 395-4311. Date may change, please verify. AUG 29: Avila Beach 5K. Avila Beach, 8 am. Greg DeNike, 637 Victoria Way, Arroyo Grande (805) 489-5564.

AUG 30: Santa Monica Marathon & Half Marathon. Santa Monica Rec. & Parks Dept., 1685 Main St., Room 210, Santa Monica 90401.

AUG 30: South Hell Relay. 5-man, 50-mile. East of Camarillo, 6:30 am. Connie Rodewald, 852 Sharon Drive, Camarillo 93010. (805) 482-5380.

POSTAL

JAN 1 - AUG 31: One Hour Run. Contact Al Huff, 18127 1st Ave. N.W., Seattle, WA 98177. (206) 642-2930.

Track & Field Schedule

JULY

JUL 3-5: TAC Age Group Girls National Championships. UCLA. Bill Peck, 1140 N. Alexandria, Los Angeles 90028. (213) 666-0546.

JUL 3-4: TAC Jr./Sr. Women Heptathion National Championships. Spokane, Washington. Vernie Gmeiner, N1810 Greene St., Spokane, WA 99207. (509) 624-6911.

JUL 7-8: Fresno All Comers. Ratcliffe Stadium. Ken Dose, Fresno City College, 1101 E. University, Fresno 93741.

JUL 9: Los Gatos All Comers. Los Gatos High School, 5:30 pm. Willie Harmatz 358-2225, 395-4311.

JUL 16: Los Gatos All Comera. Los Gatos High School, 5:30 pm. Willie Harmatz 356-2225, 395-4311.

JUL 18: Region 13 TAC Boys & Girls TF Championships. Chula Vista, 8 am. Joe Twyman, San Diego Imperial TAC Youth Athletics Chairman, 50 4th Ave., Chula Vista 92010. (714) 422-8354.

JUL 18-19: Women's Open Decathlon. Ventura. John Dobroth, 2422 Seahorse, Ventura 93001. (805) 643-3444.

JUL 19-30: World University Games. Bucharest, Romania. Special team selection by US Collegiate Sports Council.

JUL 21-22: Freeno All Comers. Ratcliffe Stadium. Ken Dose, Freeno City College, 1101 E. University, Freeno 93741. JUL 23: Los Gatos All Comers. Los Gatos High School, 5:30 pm. Willie Harmatz 356-2225, 395-4311.

JUL 25-27: Boys National Age Group Championships. Baton Rouge, Louisiana. Jim Hadden, 536 Trammell Dr., Baton Rouge, La 70815. (504) 275-0494.

JUL 30: Los Gatos All Comers. Los Gatos High School, 5:30 pm. Willie Harmatz 356-2225, 395-4311.

AUGUST

AUG 1-3: Junior Olympic Decathlon/Pentathlon. Winston-Salem, North Carolina.

AUG 5-9: Junior Olympics National Games. Wake Forest University, Winston-Salem, North Carolina

AUG 7-9: AAU Junior Olympics. North Carolina. Ramsey Thomas, Athletic Dept., Wake Forest University, 7265 Reynolda Station, Winston-Salem, NC 27109. (919)

SEPTEMBER

SEP 4-8: World Cup. Olympic Stadium, Rome, Italy. Team selected from TAC Outdoor Championships.

LOOKING AHEAD

OCT 18: Santa Barbara Marathon. La Playa Stadium, 8 am. John Branand, Box 6616,

JULY

JUL 11: Fresno Bunion Derby 5K. Fresno State University, 8 am. Larry Lung, 784 Jana Way, Hanford 93230. (209) 584-5152.

JUL 11: Phidippides Freeway Frolic 5 & 10K. Chatsworth, 7:30 am. Phidippides-Encino, 16545 Ventura Blvd., Encino 91436. (213)

JUL 11: Top-Of-The-State Footraces. 4.7 and 7 miles. College of the Siskiyous, Weed, 8 am. Lee Ferrero, 800 College Ave., Weed 966094. (916) 938-4805.

JUL 11: Coyote Reservoir 20K Run. 7:30 am. Bill Flodberg, 12925 Foothill, San Martin 95046. (408) 683-2453.

JUL 12: HOPE Unit Foundation 10K. Pierce College, 8 am, Janine Asai, HOPE Unit Foundation, Box 441, Encino 91436.

JUL 12: Domaine Chandon Run in the Vineyard, 10K, Yountville, 9 am. Mark Proteau, Run in the Vineyard, P.O. Box 2470, Yountville 94558. (707) 255-0733.

JUL 12: San Francisco Marathon. Golden Gate Park, 8 am. Scott Thomason (415) 681-6616. Please advertisement and entry blank in last month's issue.

JUL 12: Merced Run for Cancer, Main Street Square, Merced. 5 miles. Don Dudley, MTC, P.O. Box 3275, Merced 95344, (209) 723-0383. JUL 18: Fresno Bunion Derby 10K. Fresno State University, 7:30 am. Larry Lung, 784 Jana Way, Hanford 93230. (209) 584-5152.

JUL 19: Excelsior Beach Run. 10K. Ocean Beach and Sloat Blvd., 10 am. Mike Conroy, 8 Heath Ct., Daly City 94015.

JUL 19: Marin Headlands Race. 7 miles. Ft. Cronkhite, 10 am. Kees Tuinzing, 627 Galerita Way, San Rafael 94903.

JUL 19: Inaugural Westlake 10K. Westlake Elementary, 7:30 am. Mike Froman, 6599 Tamarind, Agoura 91301. (213) 991-0140.

JUL 19: Lake Tahoe Series 6 Mile. Tahoe City. Lake Tahoe Series, P.O. Box 97, Carnellan Bay, CA 95711. (916) 583-8475.

JUL 24: Desert News Marathon. Salt Lake City, Utah, 5:30 am. Marathon, Box 1257, Salt Lake City, UT 84110. Enter by July 17.

JUL 25: SPA TAC One Hour Run Championships. UCSB track, Santa Barbara, 8 am. John. Brennand, Box 6616, Santa Barbara 93111.

JUL 25: Watermelon Run. 8.4 miles. Oakland, 9 am. Robert DeCelle, P.O. Box 1606, Alameda 94501. (415) 523-2265.

JUL 25: Tulare Road Run. 2 mile prediction and 6 mile race. Live Oak Park, 7 am. Norm Takeuchi, Tulare Parks & Recreation Dept., 411 E. Kern, Tulare 93274. (209) 688-2001 ext.

JUL 25: Las Vegas 10K Championships. UNLV track, 8 am. Tommy Hodges, 6245 Hobart Ave., Las Vegas, NV 89107.

JUL 26: Gayrun. 5 & 10K. Golden Gate Park, San Francisco, 10 am. Scott Anderson, 1730 S. Amphlett, Suite 225, San Mateo 94402. (415) 573-7100.

JUL 26: Pear Fair 10 Miler: Courtland, 8 am. Jeff Bogle, Fleet Feet, 2408 "J" St., Sacramento 95816. (916) 442-7223.

JUL 28: Occidental 10K. Occidental Community Center, 8 am. Rod Matteri, P.O. Box 682, Occidental 95465. (707) 874-3315.

JUL 26: Wharf to Wharf Race, 5.8 miles, Santa Cruz Wharf to the Capitola Wharf, 7:30 am. Wharf to Wharf Race, P.O. Box 307, Capitola 95010. (408) 475-2196.

JUL 26: Lions-Central Federal Run. 10K and 2 mile. San Diego Stadium, 7 am. Downtown Lions Club, Hotel San Diego, 339 West Broadway, San Diego 92101.

AUGUST

AUG 1: Cazadero Footrace, 3 & 7 miles, Dave Stostedt, P.O. Box 562, Bodega Bay 94923. (707) 875-9925.

AUG 1: Fresno Bunion Derby 15K. Fresno State University, 7 am. Larry Lung, 784 Jana Way, Hanford 93230. (209) 584-5152.

AUG 1: Gilroy Garlic Festival 10K. Gilroy High School, 7:30 am. Don Grant, 7400 Felice, Gilrov 95020.

AUG 2: Casmalia Relay. 2 person teams, a 4.25 and 6 mile leg. Near Santa Maria. Rick Krone (805) 937-7707.

AUG 2: Summer Relays. Lake Merced, San Francisco, 9 am. 5 person teams - 4.5 mile legs. Mari Kolb. 2043 Pin Oak Pl. Danville 94526. (415) 837-6674.

AUG 8: Signal Hill 10K. 8 am. Bob Randle, 2428 Lewis Ave., Signal Hill 90806. (213) 426-1361.

AUG 8: Sierra Pines 40 Mile Relay. Bass Lake, 8 am. 6 person teams. Fresno Track Club, P.O. Box 6103, Fresno 93703. Jim Hartig (209)

AUG 8: 50 Mile Relay. Piner Elementary School, 7 am. 4x9.7 mile and 1x11.5 mile legs. Tom Crowford (707) 526-0661.

AUG 9: North Orange Co. YMCA 10K Run. Fullerton, 7:30 am. Patsy Wendler, No. Orange YMCA, 2000 Youth Way, Fullerton 92635. (714)

AUG 8: St. Joseph's Races, 5K, 10K & 15K, Burbank, 8 am. St. Joseph Medical Center. Buena Vista and Alameda, Burbank 91505. (213) 843-5111 ext. 7430.

AUG 9: John Steinbeck Country Run. 10K, Salinas, 9 am. Lance Almond, 1081 Los Palos Dr., Salinas 93901. (408) 758-2781.

AUG 9: Napa Town and Country Fair Hot Foot Run, 1 mile, 5K, & 10K, Kaye Hall, 4516 Dry Creek Rd., Napa 94558. (707) 255-0683.

AUG 12: Northridge Twilight 10K. Wednesday evening, 6:30 pm, Cal State Northridge. Tom Babiracki, Runner's Sole, 17521 Chatsworth St., Granada Hills 91344. (213) 368-7889. Please see advertisement in this issue.

AUG 15: Tetrick Trail Run. 8 miles, Griffith Park, Los Angeles, 7:30 am.

AUG 16: Park to Park Relays. Carmichael Park, Sacramento, 8 am. four person x five mile legs. Jo Sumner (916) 481-5869.

AUG 16: Lake Tahoe Series 9 Mile. Tahoe City. Lake Tahoe Series, P.O. Box 97, Carnelian Bay, CA 95711. (916) 583-8475.

AUG 16: Merced Watermelon Run. 10K, Merced Courthouse, 7:30 am. Mike Mason, 1239 Kensington, Merced 95340.

AUG 16: Irvine Park 5 & 2 Milers. 8:30 am, Orange. Orange Flyers TC, 2733 Villa Vista Wy, Orange 92667. (714) 774-3959.

AUG 22: Lodi Triathion, Lodi Lake, 9 am. Runbike-swim. John Griffin, 4709 Quail Lakes Dr., No. 200, Stockton 95207. (209) 957-5646.

AUG 22: Salmon Creek Beach Run. 5 & 2 miles. Near Bodega Bay. Jim Bowers (707)

AUG 22: Bass Lake Half Marathon, Bass Lake, 8 am. Fresno Track Club, P.O. Box 6103, Fresno 93703. (209) 264-5847.

AUG 23: Jerry's Kids 10K Run. Laguna Hills Mall. 7 am. RACE, P.O. Box BC, Westminster

AUG 23: John Muir Marathon, Pinole Valley High School, 7:30 am. Zephyr AC, 2192 Owens Ct., Pinole 94564. (415) 231-5441. First 100 en-

AUG 23: Mayor's Cup Marathon. Treasure Island, San Francisco, 7 am, Sherm Welpton, do The Guardsmen, 12 Geary St., San Francisco 94108. (415) 781-6758.

AUG 23: Yount Mill Ribbon Runs, 2 & 4.2 miles, Yountville Park, 9 am, Reg Harris, 1267 Walnut C66, Napa 94558. (707) 255-8705.

JUL 9: Los Gatos All Comers. Los Gatos High School, 5:30 pm. Willie Harmatz 356-2225. 395-4311.

JUL 7-8: Fresno All Comers, Ratcliffe Stadium. Ken Dose, Fresno City College, 1101

VVA 30201. (300) 024-0911.

E. University, Fresno 93741.

JUL 16: Los Gatos All Comers. Los Gatos High School, 5:30 pm. Willie Harmatz

356-2225, 395-4311,

JUL 18: Region 13 TAC Boys & Girls TF Championships. Chula Vista, 8 am. Joe Twyman, San Diego Imperial TAC Youth Athletics Chairman, 50 4th Ave., Chula Vista 92010. (714) 422-8354.

JUL 18-19: Women's Open Decathion. Ventura. John Dobroth, 2422 Seahorse, Ventura 93001. (805) 643-3444.

JUL 19-30: World University Games. Bucharest, Romania, Special team selection by US Collegiate Sports Council.

JUL 21-22: Freeno All Comers. Ratcliffe Stadium, Ken Dose, Fresno City College, 1101 E. University, Fresno 93741.

AUGUST

300-2223, 393-4311.

AUG 1-3: Junior Olympic Decathlon/Pentathlon. Winston-Salem, North Carolina.

AUG 5-9: Junior Olympics National Games. Wake Forest University, Winston-Salem, North Carolina.

AUG 7-9: AAU Junior Olympics, North Carolina. Ramsey Thomas, Athletic Dept., Wake Forest University, 7265 Reynolda Station, Winston-Salem, NC 27109. (919)

SEPTEMBER

SEP 4-6: World Cup. Olympic Stadium, Rome, Italy, Team selected from TAC Outdoor Championships.

LOOKING AHEAD

SEP 7: Love Run, 2 mile and 10K, Fresno, 7:00 am. Dennis Lee, Fresno Community Hospital. P.O. Box 1232, Fresno 93715. (209) 442-6000 ext. 3116, 298-4240.

SEP 12: Michelob Light Triathion Challenge. 2000 meter swim, 30,000 meter ride, 10,000 meter run. Castaic Lake, Santa Clarita Valley, 7 am. Jon Sutherland, 18308 Rayen St. No. 204, Northridge 91325. (213) 993-9384.

SEP 13: Nike/OTC Marathon. Eugene, Oregon. Box 10412, Eugene, OR 97440. Limited to 1000 runners chosen at random from all entries received between May 11 and June 18.

SEP 27: Sacramento Marathon. McIntosh Sports Cottage, 4120 El Camino, Sacramento 95821. (916) 488-7184.

OCT 11: Humboldt Redwoods Marathon. Weott, 9 am. Six Rivers Running club. P.O. Box 214, Arcata 95521. Tentative.

OCT 11: Sam's Town Wagon Trail Marathon. Cameron Park, 9 am. M.O.R.E. Workship, 2850 Cold Springs Rd., Placerville 95667, (916)

OCT 18: Monterey County Marathon and Half Marathon, Salinas, 8 am. Dave Lewis, 364 Main St., Salinas 93901. (408) 424-4343.

OCT 18: Santa Barbara Marathon, La Playa Stadium, 8 am. John Brennand, Box 6616, Santa Barbara 93111. (805) 964-2591.

OCT 25: Golden Gate Marathon. San Francisco, 7 am. Embarcadero YMCA. Room 100. San Francisco 94105. (415) 392-2191.

PLAN AHEAD

JUL 28-AUG 12: 1984 Los Angeles Olympic Games. The track & field portion of The Games is scheduled for August 3-11.

CROSS COUNTRY

SEP 5: Fresno Watermelon Runs. 2, 4, & 6 miles. Fresno State University. Red Estes. Track Coach, Fresno State University, Fresno, CA 93740. (209) 487-1297.

SEP 12: Central Cal XC Championships. Woodward Park, Fresno. Fresno Track Club, P.O. Box 6103, Fresno 93703. (209) 264-5847.

SEP 26: Freeno State Invitational, Woodward Park, Fresno. Red Estes, Track Coach, Fresno State University, Fresno 93740. (209) 487-1297.

SEP 26: Corona Del Mar Invitational, Newport Beach Runners Association, 1162 Dorse Ln., Costa Mesa 92626. (714) 546-3663.

OCT 10: Stanford Invitational. Stanford Golf Course. Brooks Johnson, Stanford University, Dept. of Athletics, Stanford 94305.

NOV 28: TAC National XC Championships. Debelle Golf Course, Burbank, Jon Sutherland, 18308 Rayen St., No. 204, Northridge 91325, (213) 993-9384.

DEC 6: Kinney Prep Western XC Championships, Woodward Park, Fresno. Bill Cockerham, P.O. Box 6103, Fresno 93703. (209) 264-5847.

DEC 12: Kinney Prep National XC Championships. Orlando, Florida. Top 8 from Western meet will be sent. Bill Cockerham, P.O. Box 6103, Fresno 93703. (209) 264-5847.

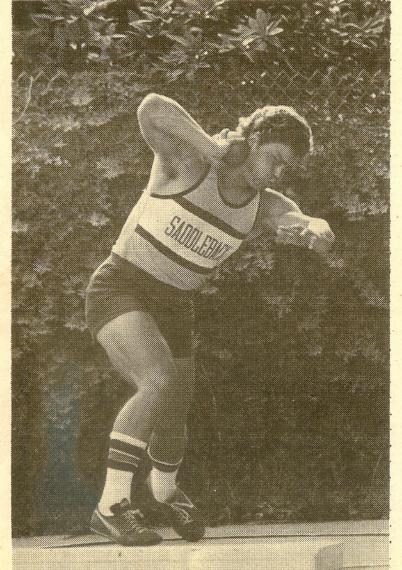
Coaches: Please send cross country schedules, now.

SUBSCRIBE to: California Track & Running News

See page 27 for an order blank

化过程的现在分词形式的现在分词形式的

photo by Bill Leung, Jr.



California College

By DOUG SPECK

May 30, Cerritos College, Norwalk. California State Community College Track & Field Championships.

At Cerritos Junior College, the California J.C.'s gathered for their State competition. Excellent individual competition and the continuing titanic struggles for team supreamacy (especially in the Men's Division) came to a head here. With the number of scholarships at the four-year schools no longer available in quite such big numbers the level of competition at this meet continues to rise.

Most of the top action on the track came from schools involved in the team scoring struggles. Long Beach, Mt. SAC, Pasadena, and northern invader, Sacramento, challenged for the men's title; while southern powers Santa Monica and Cerritos appeared to have most of the power in the ladies.

In the shortest women's events Santa Moanica's Ada Hay (100) and Rene Felton (1001h) both showed acceleration that outclassed their competition in 11.83 and 13.72 meet records. Felton's run lowered her own 13.81 national record. Hay also anchored the 400 relay squad to a 47.37 win as favored Long Beach dropped the stick. The Cerritos girls had their 1600 rleay race a national record 3.46.30, with Sonya Bricsoe off that squad taking the 400 hurdles at 61.40. A bit better known Brisco, Valerie, now of Long Beach doubled with wins in the 400 (53.53) and 200 (23.49), the shorter a national record.

Another double winner was West Valley's Diana Figliomeni. In both the 800 and 1500 "Fig" charged the final segment of the event to easily win. Her 66.9 final 400 came in a 4:30.82 1500, a 31.7 final 200 won the 800 at 2:08.03.

National records in men's competition came from a Pasadena CC 400 relay group that put speed and stick together in an unpressed 39.56 win. New Jersey transplant Milton Goode of Alameda JC surprised some other headliners by arching over a 7.5½ national record. It was a great competition with four still in at 7.4%.

The men's 400 was another super North-South struggle with Sacramento's Nate Williams (45.92) edging home ahead of Pasadena's Rufus Jackson (46.08). Nate returned to anchor Sac to a fine 3:07.94 1600 relay win. Fabrian Whymns and Bernie Holloway assisted Long Beach to their team title with three individual wins. Fabian raced to come-through sprint wins 10.40-20.82, while Holloway raced a super 50.28 intermediates.

In the 800, Santa Ana's Larry Hand took Mt. SAC's Glenn Cunningham in the final 200 to win 1:49.61 to 1:49.97. In the 1500 El Camino's Bob Leatch survived the pack best to win during the last lap rush in the mid-56 second range at 3:51.19. Mark Ruelas of Citrus JC tried to lose Orange Coast's John Gearhardt during three one lap bursts in the 5000. Gearhardt hung tough and moved away in the final 400 to a 14:21.94 win. In the steeplechase

the Northern champ, Bob Ingram of West Valley, outkicked the Southern champ, Robert Henke of San Diego Mesa, In the final goround to win 8:56.88-8:58.85. The Grossmont duo of Willie Ayyad (30:35.51) and Sean Evans (30:38.15) went 1-2 in the 10,000. Delta's John Johnson beat a tight high hurdles field in 14.05 in the other men's running event.

The host school's Dill Miller set a meet record with his 17-1 vault win over Northern California's 17-0¼ flyer Raiph Preiman of West Valley (who was second at 16-6). Saddleback's Jim Doehring was a double weight winner at 59-9 and 172-10. West Valley's Tom Campbell took the long jump at 24-63¼w. and San Jose's Victor Torress the triple jump at 50-3¼. Other throw winners were Santa Rosa's Jason Bender in the javelin at 224-0 and American River's Steve Nickerson in a meet record 170-11 hammer toss.

Hartnell's all-arounder Kathy Raugust led the other women's events with her 5-10 high Jump meet record. Harbor's Vickl Gagne took the shot at a meet record 46-7½. Joanna Harper (East LA) took the long jump (19-11½w), Rita Banks (Porterville) the discus at 140-4, and Fullerton's Sue Armstrong the Javelin at 151-10. San Diego's Therese Ramirez took the other women's event the 3000, in 9:44.62.

In the team race Long Beach took its third straight men's title with 59 points. Following closely were Pasadena with 54 and Mt. SAC with 50. In the women's it was Santa Monica and Cerritos ending up in a tie at 42 points, far ahead of the rest of the field.

Jim Doehring

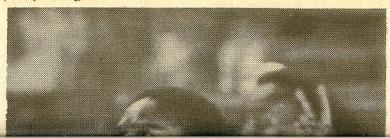




photo by Bill Leung, Jr.



photo by Bill Leung, Jr.





Moanica's Ada Hay (100) and Rene Felton (100lh) both showed acceleration that outclassed their competition in 11.83 and 13.72 meet records. Felton's run lowered her own 13.81 national record. Hay also anchored the 400 relay squad to a 47.37 win as favored Long Beach dropped the stick. The Cerritos girls had their 1600 rleay race a national record 3.46.30, with Sonya Bricsoe off that squad taking the 400 hurdles at 61.40. A bit better known Brisco, Valerie, now of Long Beach doubled with wins in the 400 (53.53) and 200 (23.49), the shorter a national record.

to come-through sprint wins 10.40-20.82, while Holloway raced a super 50.28 intermediates.

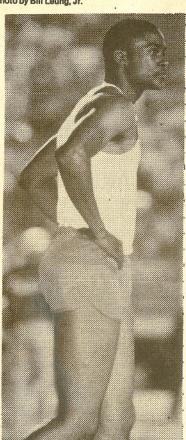
In the 800, Santa Ana's Larry Hand took Mt. SAC's Glenn Cunningham in the final 200 to win 1:49.61 to 1:49.97. In the 1500 El Camino's Bob Leatch survived the pack best to win during the last lap rush in the mid-56 second range at 3:51.19. Mark Ruelas of Citrus JC tried to lose Orange Coast's John Gearhardt during three one lap bursts in the 5000. Gearhardt hung tough and moved away in the final 400 to a 14:21.94 win. In the steeplechase

Jump meet record. Harbor's Vicki Gagne took the shot at a meet record 46-7½. Joanna Harper (East LA) took the long Jump (19-11½w), Rita Banks (Porterville) the discus at 140-4, and Fullerton's Sue Armstrong the javelin at 151-10. San Diego's Therese Ramirez took the other women's event the 3000, in 9:44.62.

In the team race Long Beach took its third straight men's title with 59 points. Following closely were Pasadena with 54 and Mt. SAC with 50. In the women's it was Santa Monica and Cerritos ending up in a tie at 42 points, far ahead of the rest of the field.

Jim Doehring

photo by Bill Leung, Jr.



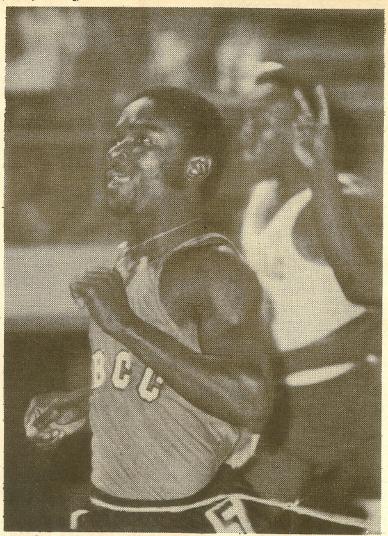
Milton Goode

photo by Bill Leung, Jr.



Vicki Gagne

photo by Bill Leung, Jr.



Fabian Whyms

Community Meet

RESULTS

MEN

100: (wind: -2.40 mps headwind) 1. Fablan Whymns (LBCC) 10.40; 2. Adrian Jones (PCC) 10.47; 3. Mark McNeill (MSAC) 10.56; 4. Jim Spotville (MSAC) 10.68; 5. Roy Mosley (Sac) 10.68; 6. Eric Decatur (ConCos) 10.70.

200: (Wind: -2.10 headwind) 1. Fablan Whymns (LBCC) 20.82; 2. Roy Mosley (Sac) 20.99; 3. Jim Spotville (MSAC) 21.11; 4. Rufus Jackson (PCC) 21.29; 5. Eric Decatur (ConCos) 21.40; 6. Nate Williams (Sac) 21.48.

400: 1. Nate Williams (Sac) 45.92; 2. Rufus Jackson (PCC) 46.09; 3. Kelvin Hollins (Sac) 46.76; 4. Robin Johnson (Merced) 47.35; 5. Jack DeMallo (Glen) 47.79; 6. Jimmy Wilson (Cerr) 47.88.

1600 Relay: 1. Sacramento 3:07.94; 2. Mt. San Antonio 3:08.99; 3. Pasadena 3:09.58; 4. Long Beach 3:09.69; 5. Glendale 3:13.35; 6. Merced 3:13.99.

HJ: 1. Milton Goode (Ala) 7-5½; 2. Tyke Peacock (Mod) 7-4½; 3. Mel Baker (LBCC) 7-2½; 4. Brian Stanton (LBCC) 7-2½; 5. Barry Uzeli (Mer) 7-0; 6. Joe Hicks (Hart) 6-10.

PV: 1. Dell Miller (Cerr) 17-1; 2. Ralph Prelman (Foot) 16-6; 3. Bert Tardleu (WV) 16-0; 4. Brett Hyatt (S Rosa) 15-6; 5. Greg McTee (MSAC) 15-6; 6. Greg Ellis (S Mat) 15-6.

LJ: 1. Tom Campbell (WV) 24-6³/₄w; 2. Keith White (PCC) 24-2¹/₂; 3. Gary McCullough (LBCC) 24-1¹/₂w; 4. Travis Farley (CosRiv)

(D Anza) 25.21; 6. Faith Burleson (Sac) 25.23. 400: 1. Valerie Brisco (LBCC) 53.53; 2. Gwen Gardner (WLA) 54.35; 3. Vernecia Smith (Cerr) 54.78; 4. Marguita Belk (D Anza) 54.91; 5.

Gardner (WLA) 54.35; 3. Vernecia Smith (Cerr) 54.78; 4. Marquita Belk (D Anza) 54.91; 5. Jackle Hendy (WV) 56.19; 6. Devy Sanders (SJD) 56.23.

800: 1. Diana Figliomeni (WV) 2:08.03; 2. Rhonda Patcha (Full) 2:09.46; 3. Dale Sprink (OCC) 2:13.57; 4. Kathy Douglas (ConCos) 2:13.93; 5. Jackie Seabrooks (ELA) 2:14.31; 6. Joan Zulkoski (M Costa) 2:14.98.

1500: 1. Diana Figliomeni (WV) 4:30.82; 2. Shari Ewing (Glen) 4:33.71; 3. Teresa Haro (S Mon) 4:36.16; 4. Jennifer Jamison (ElCam) 4:38.36; 5. Debbie Keagy (Pal) 4:39.29; 6. Lisa Gonzales (OCC) 4:39.71.

3000: 1. Theresa Ramirez (SD City) 9:44.62; 2. Renee Wycoff (COS) 9:45.29; 3. Laurie Crisp (Mod) 9:53.8; 4. Anne Gladue (Ox) 9:56.84; 5. Teresa Haro (S Mon) 10:01.08; 6. Rosey Tibaduiza (Lassen) 10:03.09.

100 Hurdles: (Wind: -1.02 mps headwind) 1. Rene Felton (S Mon) 13.72; 2. Janet Yarbrough (D Anza) 14.37; 3. Varon Brown (Ala) 14.56; 4. Tina Brown (Harb) 14.66; 5. Shiri Milton (Sac) 14.93; 6. Cynthla Miller (ConCos) 14.95.

400 Hurdles: 1. Sonya Brisco (Cerr) 61.40; 2. Kathy Raugust (Hart) 61.65; 3. Lee Ann Delgado (OCC) 62.21; 4. Missy Moses (ARC) 63.03; 5. Tauny Singleton (Ven) 63.04; 6. Kim Patton (Sie) 63:31.

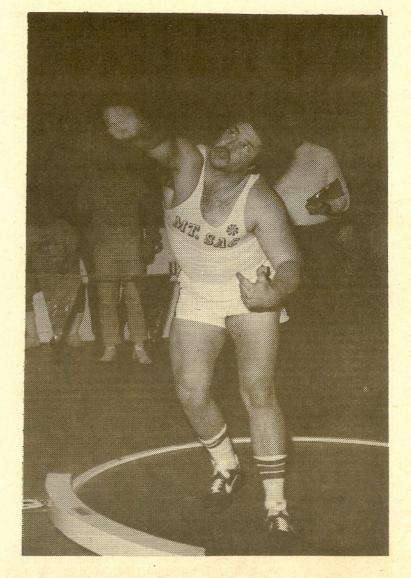
400 Relay: 1. Santa Monica 47.37; 2. West LA 47.54; 3. Cerritos 47.59; 4. De Ànza 47.69; 5. American River 47.95; 6. Sacramento 48.15.

1600 Relay: 1. Cerritos 3:46.30; 2. Mira Costa 3:49.91; 3. La Southwest 3:50.61; 4. West Valley 3:51.80; 5. Glendale 3:53.46; 6. American River 3:53.88.

HJ: 1. Kathy Raugust (Hart) 5-10; 2. Frankle Sconlers (Fres) 5-7; 3. Deon Villa (Cerr) 5-7; 4. Angela Phifer (SJCC) 5-7; 5. U'Rainnah Broussard (SJCC) 5-4; 5. Betsy Von Essen (Ven) 5-4.

LJ: 1. Joanna Harper (ELA) 19-11/ww (19-7/wok); 2. Veronica Bell (MSAC) 19-7; 3. Shirl Milton (Sac) 18-11/w; 4. Beverly Thompson (SD Mesa) 18-10w; 5. Janet Yarbrough (D Anza) 18-7/4; 8. Melante Campbell (WV) 18-7.

SP: 1. Vicki Gagne (Harb) 46-7½; 2. Sandy Johnson (D Val) 44-3; 3. Rita Banks (Port) 41-10½; 4. Molly Koffman (S Mon) 41-8; 5. Jeaneen Martin (Swst) 41-7; 6. Wanda Sander



Jim Spillers

n Villa (Cerr) 5-7; 4.

1-7; 5. U'Rainnah
Betsy Von Essen
Johnson 133-8; 5. Joni Argento 130-5; 6.

Tawny Singleton 128-0.

JT: 1. Sue Armstrong (Full) 151-10; 2. Danella Barnes (Fres) 147-3; 3. Pam Masterson (M Costa) 145-8; 4. Wanda Sander (Harb) 141-10; 5. Chris Wheeler (S Bar) 137-7; 6. Ann Correla (SF) 134-3.

Team Scores: Santa Monica 42, Cerritos 42, West Valley 27, LA Harbor 27, West LA 24, Fullerton 20, Long Beach 20, De Anza 20,





photo by Bill Leung, Jr.

Bob Ingram(Ift) & Robert Henke

800: 1. Larry Hand (S Ana) 1:49.61; 2. Glen Cunningham (MSAC) 1:49.97; 3. Jack Preliers (ElCam) 1:50.76; 4. Kim Sykes (S Rosa) 1:50.87; 5. Reggle Green (SJCC) 1:50.96; 6. Seth Roberts (Butte) 1:51.33.

1500: 1. Bob Leetch (ElCam) 3:51.19; 2. Tom McKeown (Cue) 3:52.18; 3. Roger Soler (AHC) 3:52.21; 4. Marlin Smith (ARC) 3:53.13; 5. Paul Carrozza (Butte) 3:53.41; 6. Chris Micek (Harb) 3:53.82.

3000 Steeplechase: 1. Bob Ingram (WV) 8:56.68; 2. Robert Henke (SDMesa) 8:56.58; 3. Gregg Fogg (S Rosa) 9:00.30; 4. Matt Ebiner (MSAC) 9:01.21; 5. Tim Gruber (Cab) 9:03.80; 6. Dick Isaboke (LBCC) 9:08.86.

5000: 1. John Gearhardt (OCC) 14:21.94; 2. Mark Ruelas (Clt) 14:29.09; 3. Mike Robbins (Gross) 14:35.26; 4. Danny Hernandez (SJCC) 14:37.76; 5. Brian Harold (OCC) 14:40.80; 6. Roger Soler (AHC) 14:41.13.

10,000: 1. Willie Ayyad (Gross) 30:35.51; 2. Sean Evans (Gross) 30:36.15; 3. Ramon Garcia (Fres) 30:42.12; 4. Devin Groady (Full) 31:03.10; 5. Alfredo Rosas (ElCam) 31:14.91; 6. Ted Franse (SJD) 31:15.57.

110 High Hurdles: (Wind: 0.62 mps) 1. John Johnson (SJD) 14.05; 2. Al Lane (Bak):14.05; 3. Leonard Robinson (SJCC) 14.12; 4. Valentine Robinson (Bak) 14.36; 5. Stan Logino (LBCC) 14.51; 6. John Sears (Fres) 15.11.

400 Intermediates: 1. Bernie Holloway (LBCC) 50.28; 2. Tim Curry (SJCC) 51.59; 3. Greg Johnson (MSAC) 51.81; 4. Michael Chukes (SJCC) 51.81; 5. Taylor Eldridge (LACC) 52.74; 6. Gill Wheeler (ARC) 52.74.

400 Relay: 1. Pasadena 39.56; 2. Sacramento 39.96; 3. Long Beach 40.11; 4. San Joaquin Delta 40.44; 5. San Francisco 40.66; 6. Los Angeles City 40.91.

24-11/w; 5. Tim Morse (PCC) 23-91/w; 6. John Coromedy (ConCos) 23-5.

TJ: (all Jumps wind legal) 1. Victor Torres (SJCC) 50-31/4; 2. Danyel Kelly (PCC) 49-9; 3. Floyd Glpson (ARC) 49-71/4; 4. Bryon Criddle (ConCos) 49-31/4; 5. Chuck Neal (COD) 48-11; 6. Darryl Taylor (LACC) 48-41/4.

SP: 1. Jim Doehring (Sadi) 58-81/4; 2. Andy Gilliam (S Rosa) 54-0; 3. Jim Spillers (MSAC) 53-31/4; 4. Doug Matter (S Rosa) 52-8; 5. Jeff Miller (Gross) 52-61/2; 6: Ken Milleman (Shas) 52-51/4

DT: 1. Jim Doehring (Sadi) 172-10; 2. Ken Mills (Sadi) 169-11; 3. Ken Milleman (Shas) 162-5; 4. Jim Clark (WH) 157-8; 5. Steve Nickerson (ARC) 156-3; 6. Steve Struble (D Anza) 155-3.

HT: 1. Steve Nickerson 170-11; 2. Mike Fritchman 168-2; 3. Greg Bitucci 160-9; 4. Scott Rohovit 155-0; 5. Kevin Ashford 149-7; 6. Rich Mietz 148-6.

JT: 1. Jason Bander (S Rosa) 224-0; 2. Paul Kulak (Cab) 213-10; 3. Mel Yarbor (Sol) 212-10; 4. Dan Lister (Cab) 211-9; 5. Mark Richardson (Bak) 211-1; 6. Allan Collets (AHC) 209-1.

Team Scores: Long Beach 59, Pasadena 54, Mt. SAC 50, Sacramento 45, Santa Rosa 36, San Jose 36, Saddleback 28, West Valley 26, Grossmont 26, El Camino 18.

100: (Wind: -2.40 headwind) 1. Ada Hay (S Mon) 11.83; 2. Sabrina Brown (S Ana) 12.10; 3. Vanessa Denniston (OCC) 12.29; 4. Cynthla Miller (ConCos) 12.39; 5. Varon Brown (Ala) 12.41; 6. Faith Burleson (Sac) 12.52.

200: (Wind: -1.24 mps headwind) 1. Valerie Brisco (LBCC) 23.49; 2. Gwen Gardner (WLA) 24.20; 3. Sabrina Brown (S Ana) 24.54; 4. Veronica Smith (Cerr) 24.70; 5. Marguita Belk Teresa Haro (S Mon) 10:01.08; 6. Rosey Tibaduiza (Lassen) 10:03.09.

100 Hurdles: (Wind: -1.02 mps headwind) 1. Rene Felton (S Mon) 13.72; 2. Janet Yarbrough (D Anza) 14.37; 3. Varon Brown (Ala) 14.56; 4. Tina Brown (Harb) 14.66; 5. Shirl Milton (Sac) 14.93; 6. Cynthla Miller (ConCos) 14.95.

400 Hurdles: 1. Sonya Brisco (Cerr) 61.40; 2. Kathy Raugust (Hart) 61.65; 3. Lee Ann Delgado (OCC) 62.21; 4. Missy Moses (ARC) 63.03; 5. Tauny Singleton (Ven) 63.04; 6. Kim Patton (Sie) 63.31.

400 Relay: 1. Santa Monica 47.37; 2. West LA 47.54; 3. Cerritos 47.59; 4. De Ànza 47.69; 5. American River 47.95; 6. Sacramento 48.15.

1600 Relay: 1. Cerritos 3:46.30; 2. Mira Costa 3:49.91; 3. La Southwest 3:50.61; 4. West Valley 3:51.80; 5. Glendale 3:53.46; 6. American River 3:53.88.

HJ: 1. Kathy Raugust (Hart) 5-10; 2. Frankie Sconiers (Fres) 5-7; 3. Deon Villa (Cerr) 5-7; 4. Angela Phifer (SJCC) 5-7; 5. U'Rainnah Broussard (SJCC) 5-4; 5. Betsy Von Essen (Ven) 5-4.

LJ: 1. Joanna Harper (ELA) 19-11/ww (19-7/vok); 2. Veronica Bell (MSAC) 19-7; 3. Shiri Milton (Sac) 18-11/w; 4. Beverly Thompson (SD Mesa) 18-10w; 5. Janet Yarbrough (D Anza) 18-7/4; 6. Melante Campbell (WV) 18-7.

SP: 1. Vicki Gagne (Harb) 46-71/1; 2. Sandy Johnson (D Val) 44-3; 3. Rita Banks (Port) 41-101/4; 4. Molly Koffman (S Mon) 41-8; 5. Jeaneen Martin (Swst) 41-7; 6. Wanda Sander (Harb) 41-41/4.

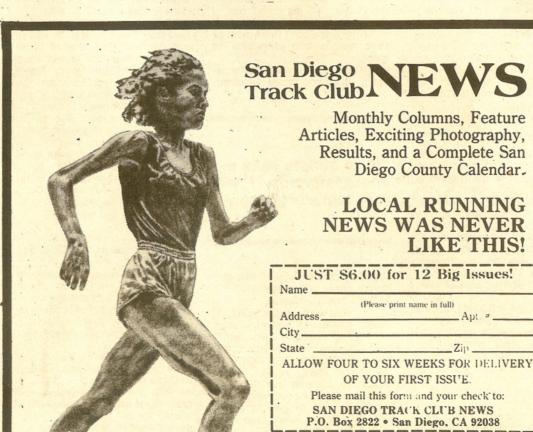


Jim Spillers

DT: 1. Rita Banks (Port) 140-4; 2. Vicki Gagne 140-1; 3. Chris Wheeler 136-0; 4. Sandy Johnson 133-8; 5. Joni Argento 130-5; 6. Tawny Singleton 128-0.

JT: 1. Sue Armstrong (Full) 151-10; 2. Danella Barnes (Fres) 147-3; 3: Pam Masterson (M Costa) 145-8; 4. Wanda Sander (Harb) 141-10; 5. Chris Wheeler (S Bar) 137-7; 6. Ann Correia (SF) 134-3.

Team Scores: Santa Monica 42, Cerritos 42, West Valley 27, LA Harbor 27, West LA 24, Fullerton 20, Long Beach 20, De Anza 20, Orange Coast 19, Hartnell 18.



Debus Rebuttal

An Interview
By RICHARD SLOTKIN

PARTII

©1981 by Richard Slotkin

Earlier this year CTRN ran a series of articles by Randy Foster, which were an expose of L.A. Naturite Track Club coach Chuck Debus and his purported encouragement of the use of steroids by his athletes. This, now, is the second and final part of an interview with Coach Chuck Debus about the accusations.

CTRN: Well...on the Northridge thing, we're more or less addressing that...those series of articles, these...I don't have the...should I get them out?

At this point, while I was looking for the back issues of CTRN containing the Foster articles, a discussion regarding UCLA's chances in the Nationals arose. Debus wished to go on record with the following opinions. The remainder of the interview follows

this degression.

DEBUS: UCLA will win the nationals this year. There's no question about it. But the reason they'll win is because of Bobbie Kersee. My sprint coach at Cal State Northridge the last two years. Bobbie came there, they hired him, he brought all of our top sprinters there, and that's the reason they're going to win the national championship.

CTRN: Well, he's got some good distance people...with Mintie, well, Mintie will be running track this year, and, of course Linda Goen, and....

DEBUS: But it still wouldn't be enough points to beat Tennessee State or Florida State. Tennessee, I'm sorry.

CTRN: It wouldn't be enough for track...yeah, that's right.

DEBUS: Bobbie's relay teams and Bobbie's sprinters are the reason they're going to win. And Bobbie is a tremendous coach...he is a tremendous coach. The kids have

DEBUS: (continuing) So...I just didn't want to participate in that, and so I eventually agreed to...just to get rid of him. I eventually agreed to talk to him. And then he did...you know...proceeded to paint a totally unrealistic picture of me. I mean, not totally...I know I'm a very intense, demanding coach, but..so are a lot of coaches. For example, he talked to some of my athletes for, like three hours. The he would...if you talk to an athlete of a coach for long enough, they're going to say negative things. And that's all he put in! He left out all the good stuff. So, it was obvious that his article was, in fact, distorted.

CTRN: I could back you up on that. (That is, the athletes saying some negative things along with considerably more favorable things.)

DEBUS:It's odd that the article took 14 months to print...it must have been very exciting...until this came out. (The CSUN Sundial articles) Then when Foster's article came out. Then (the author of the Runner article) added on to the article that he did 14 months ago, this part about the steroids.

CTRN: Well...did you give any...any vitamins or...Naturite makes pills, right? They make diet supplements...did you give any of that stuff to the girls?

DEBUS: Oh, we always pass out vitamins to the athletes...anybody that wants them.

CTRN: So, you are....

DEBUS: (Smiling and shaking his head indicating no) ... I'm against their use, but also ... people don't realize...we do, have gotten a lot of good results over the years, and...one of the easiest ways for a coach to justify his own failure to his athletes is to say ... and when the athletes are saying, "Hey, how come so-and-so's athletes are doing better than me (sic)", well, the easiest way is to say, "Well, he cheats. He cheats." For some reason or another, there's a hun-...dozen ways that they could say that he cheats.

CTRN: A couple of these girls that are quoted here, quoted you as saying, "Have you considered tak-

ing steroids?"

DEBUS: If an athlete asks me about steroids, I will tell them what I know, and give them articles which actually...uh, say just as many negative things as...in fact, for the most part, they're negative. And...because the same way if they ask me what kind of shoes to wear. My job is what workouts to do. My job is to inform them as much as I can. I mean, otherwise, why should they stay with me? They should go to some other club if they can't get information.

CTRN: Well, suppose after all this, a girl decided she was going to take steroids. What would your reaction be?

DEBUS: I don't know. It's never come up.

CTRN: Wouldn't you almost be obliged to prevent her, or drop her from the team?

DEBUS: (Long silence) Probably they wouldn't tell me.

CTRN: Well...did any of these three girls ask you about steroids? Whoever they are...l can't keep track of the names here. One of them is...(searching the article for a name).

DEBUS: Basically, these athletes did not meet up to my standards, and they were consistent violators of team rules...violations a person can make to be dropped from the team, they could be many things. Among them, missing workouts, coming consistently late to workouts, intentionally losing a race, coming to workout "high",

stealing, lying.

shouldn't be the source of the information being presented. He seemed to feel that it would make him appear too self-serving. However, a couple of facts came up in the three-way conversation between Debus, Brown and myself, one of which was that the accusers were all roommates at the time, and at least one witness heard an anti-coach bull session. The point of including this is to indicate that it was possible that a group which had been dropped from the team and were roommates had both a reason and the opportunity to prepare and present accusations. Whether they are true or not, whether Debus' story is true, partly true or not true, is for the reader to ponder. How can one actually know without having been there?

The conversation resumes and, get ready, it's pin-him-to-the-wall time.

CTRN: Getting back to that thing

and fourth chances. So...you have to be somewhat understanding.

CTRN: See, the point is: Would you have one of your girls, knowing that she's taking them, be competing in a position where she could make points for your team, maybe win a championship for you?

DEBUS: Oh, I see. No.

CTRN: You would definitely pro-

DEBUS: Yes.

CTRN: That's a very important point, Chuck.

DEBUS: Yes, it is.

CTRN: Whether people believe it or not is not my problem, but I want to know whether you'll say that or not.

DEBUS: I'll say it, I'll say it. It's so hypothetical, I can't imagine that situation ever occurring....

CTRN: Well, can you see my point, though? My point is that if you're, in fact, doing it...because nobody...it's an uncertain event,

"What is it that makes everybody think that we're using them? What is so phenomenal about our results?"

of taking steroids against your advice...now, you've shown her the literature, told her your views, and she says she's going to try them anyway.

DEBUS: That's too hypothetical. CTRN: But suppose it happened? DEBUS: I can't even imagine it.

CTRN: I'm setting up a scenario. Hypothetical or not, that's what happened. Now what do you do? DEBUS: She probably wouldn't tell

CTRN: But, suppose she did and refused to stop, even say, despite your telling her to stop. Knowing that, would you let her compete in a meet?

DEBUS: It...it just wouldn't happen.

CTRN: Chuck, the readers don't want to hear that. They'll say that

because I can't get inside your head. I don't see what goes on all the time. And nobody else, except you and the people you work with know. "Know" in the same sense that I "know" that eight times six is forty-eight. I KNOW that. I can prove it. But other things I just have to deal with in probabilities. (Sorry, folks, but I once took a statistics class and sometimes I get carried away.)

DEBUS: First of all, what is it that makes everybody think that we're using them? What are...what is so phenomenal about our results? I don't think they're that phenomenal.

CTRN: Not with the talent you have, I wouldn't think so.

DEBUS: Now wait a minute. Hold it. Hold it. Not every kid

tion about it. But the reason they'll win is because of Bobble Kersee. My sprint coach at Cal State Northridge the last two years. Bobble came there, they hired him, he brought all of our top sprinters there, and that's the reason they're going to win the national championship.

CTRN: Well, he's got some good distance people...with Mintie, well, Mintie will be running track this year, and, of course Linda Goen, and....

DEBUS: But it still wouldn't be enough points to beat Tennessee State or Florida State. Tennessee, I'm sorry.

CTRN: It wouldn't be enough for track...yeah, that's right.

DEBUS: Bobbie's relay teams and Bobbie's sprinters are the reason they're going to win. And Bobbie is a tremendous coach...he is a tremendous coach. The kids have tremendous respect for him and they really have, uh...he knows how to get the most out of a team....

That about ended another salvo in the undeclared war between Coaches Debus and Chisam.

CTRN: (continuing) Go ahead.

DEBUS: Okay..first of all, he
(Michael Partit) wrote the article

(Michael Parfit) wrote the article 13 months ago.

CTRN: That was the Runner...was that one in the Runner?

DEBUS: Yeah, it was in the Runner...He wrote the article, actually 14 months ago. And...l didn't particularly want to do the Interview. I asked him to interview the athletes, because I knew what he was after. He was after a controversial story. And...you know...eventually, eventually he just kept coming around, coming around, coming around, coming around, coming us to meets, following us to practices, being with us all the time. And, uh....

CTRN: How did you know that he was interested in controversy?

DEBUS: Because he told us...he said things...right off the bat that...and the, his kind of questions that he asked right in the beginning....

CTRN: Real leading questions? DEBUS: Yeah.

CTRN: "Are you still giving your girls steroids? Yes or no?" (Some uneasy laughter.)

put in! He left out all the good stuff. So, it was obvious that his article was, in fact, distorted.

CTRN: I could back you up on that. (That is, the athletes saying some negative things along with considerably more favorable things.)

DEBUS: ...It's odd that the article took 14 months to print...it must have been very exciting...until this came out. (The CSUN Sundial articles) Then when Foster's article came out. Then (the author of the Runner article) added on to the article that he did 14 months ago, this part about the steroids.

CTRN: Well...did you give any...any vitamins or...Naturite makes pills, right? They make diet supplements...did you give any of that stuff to the girls?

DEBUS: Oh, we always pass out vitamins to the athletes...anybody that wants them.

CTRN: So, you are

DEBUS: (interrupting) They also came in sealed...sealed bottles, you know, for the most part, I think most of them, I don't know if all of them are, but I think most of them have a little white seal on them.

CTRN: But you're categorically denying that you were involved,

"If an athlete asks me about steroids, I will tell them what I know."

directly or indirectly, with any girl in your group taking steroids?

DEBUS: Yes. absolutely.

CTRN: That's the main point. I mean, you're not hemming and hawing or anything like that? You're saying, "I DID NOT GIVE ANYBODY, OR I DID NOT INDIRECTLY SEE THAT THEY DID..." or anything like that? In other words, you could give it to somebody else to give to them and say, "Well, I never gave it to them." You didn't do that?

take steroids. What would your reaction be?

DEBUS: I don't know. It's never

DEBUS: I don't know. It's never come up.

CTRN: Wouldn't you almost be obliged to prevent her, or drop her from the team?

DEBUS: (Long silence) Probably they wouldn't tell me.

CTRN: Well...did any of these three girls ask you about steroids? Whoever they are...l can't keep track of the names here. One of them is...(searching the article for a name).

DEBUS: Basically, these athletes did not meet up to my standards, and they were consistent violators of team rules...violations a person can make to be dropped from the team, they could be many things. Among them, missing workouts, coming consistently late to workouts, intentionally losing a race, coming to workout "high", stealing, lying....

CTRN: How would a person intentionally lose a race? Or why?

DEBUS: Because they were in a race they didn't want to be in. I've had them do that. One of those five girls once lost in her event and said to me ... and I said, "I can't believe you." I won't say how the event was, because then I would tell you who she was "You let a 15 year old beat you in this race, in this event." And she says, "SO?" One of them...l didn't even coach...in fact, I don't even know how long she was on the team. Maybe a year or two. I think about all I ever said to her was "Hello." I didn't even know the girl.

CTRN: Which one was that? DEBUS: Well....

CTRN: You don't want to say? DEBUS: Off the record, I'll tell you it was....(name deleted).

DEBUS: (continuing) I never even coached her...ail I know about (name deleted) was enough to say hello. And that's about it. She was not even on our travelling team.

CTEN: That part (the name) is off

CTRN: ...That part (the name) is off the record.

DEBUS: See? That's pointing a finger, and I don't want to do that to these girls, but....

At this point, the conversation took a turn such that Debus felt it should be off the record. I suggested that there was no reason for it to be, but he felt that he of taking steroids against your advice...now, you've shown her the literature, told her your views, and she says she's going to try them anyway.

DEBUS: That's too hypothetical.
CTRN: But suppose it happened?
DEBUS: I can't even imagine it.
CTRN: I'm setting up a scenario.
Hypothetical or not, that's what
happened. Now what do you do?
DEBUS: She probably wouldn't tell
me.

CTRN: But, suppose she did and refused to stop, even say, despite your telling her to stop. Knowing that, would you let her compete in a meet?

DEBUS: It...it just wouldn't hap-

CTRN: Chuck, the readers don't want to hear that. They'll say that you're ducking the question, and as far as they're considered, you are guilty as charged. So...the question is: Would you let someone whom you know is taking steroids compete? If you do, then despite your denials of giving steroids, and being opposed to them, you are actually condoning use of them.

DEBUS: Well...why are you being so hypothetical?

CTRN: It's the whole point of this interview. Some pretty rough...uh, serious charges were made. This is your turn to tell your side. If you hedge here...hedge now, even if you think it's hypothetical, you know what everyone will say.

DEBUS: Well...I wouldn't...no, I wouldn't want her to compete.
CTRN: Would you LET her?

DEBUS: (silent for a few moments)
No...I wouldn't let her compete.
CTRN: So, if you found out that
one of your girls was taking them,
and she wouldn't stop taking
them, despite your request that
she did, would you insist that she
stop taking them?

DEBUS: Well, yes...I'd first have a talk with her, because...you know...obviously, you don't want to lose a good athlete off your team...you know, just like that. I mean, even the ones we have removed from the team over the years have had second and third

because I can't get inside your head. I don't see what goes on all the time. And nobody else, except you and the people you work with know. "Know" in the same sense that I "know" that eight times six is forty-eight. I KNOW that. I can prove it. But other things I just have to deal with in probabilities. (Sorry, folks, but I once took a statistics class and sometimes I get carried away.)

DEBUS: First of all, what is it that makes everybody think that we're using them? What are...what is so phenomenal about our results? I don't think they're that phenomenal.

CTRN: Not with the talent you have, I wouldn't think so.

DEBUS: Now wait a minute. Hold it. Hold it. Hold it. Not every kid comes to us...blessed with great talent. You know, some of them we have to work very hard to develop and spend several years and a lot of years in development. I mean, Marlene Harmon didn't just fall off a truck and make the Olympic team. She's been training with me since she was 11 years old.

CTRN: But you can see that even a diamond-in-the-rough is a diamond and not a piece of quartz, can't you?

DEBUS: Yeah, but a lot of diamonds-in-the-rough are going to a lot of colleges around the country and aren't developing. CTRN: Of course. That's where the coaching comes in. But when you take somebody on the team, the odds are already in favor of their having potential, if nothing else. Debus then talked about some girls that he took on the team at UCLA that showed little signs of the talent level that he was seeking, but developed into class athletes. When I asked why he took them in the first place, he said that with only 6 girls on the team, he needed "bodies," and bodies he could get. The conversation then shifted into

achievements of his UCLA, CSUN

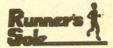
and Naturite teams over the past

continued on page 26....

NATIONAL RUNNING DATA CENTER - PUBLICATIONS LIST

1. Certified Road Running Courses, 1981 Edition - Lists and describes all o	ourses
certified by the National Standards Committee to Jan, 1981. Explains how to	0
certify a course and how to qualify for national rankings and records.	\$2.95

- 2. Running Records by Age, 1981 Edition Lists single-age records as of 1 Jan 81 for 28 track and road-running events, 100 meters to 100 miles, plus official national open and age-group records.
- 3. U.S. Distance Rankings, 1981 Edition Ranks top 100 men, 50 women, up to 10 in age/sex groups, for each standard distance event, for 1980 and all-time.
- 4. U.S. Marathoners, 1981 Edition Ranks by age group each reported cartifiedcourse marathon finish in 1980. Includes numerous summary tables. (available May Vol. 1, Explanation and summary tables \$2.45 Vol. 2, Age 29 and under 44 05 \$4.95 Vol. 3, Age 30-39 Vol. 4. Age 40+ \$3.95 \$13.95
- 5. Running Records by Age, 1980 Edition Contains single-age records as of 1 Jan 80 for track and road-running events, 100 meters to 100 miles.
- 6. U.S. Distance Rankings, 1980 Edition Ranks top 100 men, 50 women, up to 10 in each age group for standard distance events, for 1979 and all-time.
- 7. U.S. Marathoners, 1980 Edition Ranks by age group each reported certifiedcourse marathon finish in 1979. Numerous summary tables.
- 8. Running Records by Age, 1979 Edition Single-age records as of 1 Jan 79 for 100 meters to 100 miles.
- 9. National Rankings of Runners, 1979 Edition Ranks 100 top men and 50 top women, plus up to 10 in each age group for 1978.
- 10. U.S. Marathoners, 1979 Lists and ranks each reported marathon finish by a US runner on a certified course in 1978. Numerous summary tables. \$5.9 \$5.95
- 11. Age Records as of 1 Jan 78 First road-running single-age records.
- 12. U.S. Distance Rankings, 1976 Rankings of all reported finishers, 15 kilo and up, both on certified and uncertified courses.
 - Vol. 1 Summaries and distances except half-marathon & marathon, \$4.00 Vol. II - Half-marathon and marathon.
- 13. Runners and Races, 1980 Edition Detailed race participition statistics for five years, 1975-79. Analyses by age, state, distance, race size.
- 14. Ultramarathon Rankings, 1980 Edition Shows up to 100 open and up to 15 agegroup ultramarathon leaders for 1979. \$1.00
- 15. Ultramarathon Rankings, 1979 Edition Rankings for 1978, all-time.
- 16. U.S. Distance Rankings, Summary for 1977 Shows top 25 open men and top 10 open women, plus up to 5 in each age group for eight standard distances. \$1.00
- 17. NRDC News issued monthly. Contains statistical information, news, and lists all newly-certified courses and new single-age records. Sent to individuals who make an annual tax-deductible donation to the NRDC of at least ...
- 18. MRDC News, back issues.....\$1.00 ea. 1980 complete, 11 issues
- All publications are priced postpaid and are available from: NRDC Box 42888 Tucson, AZ 85733



FOR AN ENTRY BLANK: send a self-addressed/stamped envelope to: Runner's Sole 17521 Chatsworth St. Granada Hills, CA 91344



DATE: TIME:

August 12th, 1981 Wednesday Evening

6:30 PM

COURSE:

Flat Out And Back All On Campus Roads. Splits At Mile & 5.000 Meters (halfway) All Mile Posts Marked.

ERG & Water Along The Way.

REGISTRATION: LATE ENTRY:

REGISTRATION AREA: North Of Gym, Near Lindley & Halstead \$6.00 With Shirt \$3.00 Without Shirt

Additional \$2.00 After August 3rd

DIRECTIONS:

San Diego Freeway (405) to Nordhoff West to Zelzah North to Lassen West to Lindley South to start of race. Parking available in lots on campus.

ADDITIONAL INFORMATION: Contact Runner's Sole (213) 368-7889 RACE DIRECTOR: TOM BABIRACKI

0	MEN 10 & under	AWARDS 1-3 places	WOMEN □ 10 & under	AWARDS 1-3 places
	11-13	1-3	□ 11-13	1-3
	14-16	1-3	□ 14-16	1-3
_	17-29	1-10	□ 17-29	1-10
-	30-39	1-6	□ 30-39	1-6
-	40-49	1-3	□ 40-49	1-3
	50-59	1-3	□ 50-59	1-3
	60-69	1-3	□ 60 & over	1-3
	70 & over	1-3		
	200 lbs. & over	1-3		

CAL STATE UNIVERSITY NORTHRIDGE SUNDAY, SEPTEMBER 6, 1981 8:00 A.M.

> Originally scheduled for August 23, 1981

OUTSTANDING ATHLETES **AWARDS** 10 KM, AND EXPO.



17. NRDC News - issued monthly. Contains statistical information, news, and lists all newly-certified courses and new single-age records. Sent to individuals who make an annual tax-deductible donation to the NRDC of at least ... \$15.00

18. NRDC News, back issues.....\$1.00 ea. 1980 complete, ll issues \$10.00

All publications are priced postpaid and are available from: NRDC Box 42888 Tucson, AZ 85733

	17-29	1-10		17-29		1-10			
200	30-39	1-6		30-39		1-6			
	40-49	1-3		40-49		1-3	A		
	50-59	1-3		50-59		1-3	-		
4	60-69	1-3	. [60 & over		1-3	A A		
	70 & over	1-3			-		M	1	
	200 lbs. &	over 1-3					17	1	
						Since.			
									-

CAL STATE UNIVERSITY NORTHRIDGE SUNDAY, SEPTEMBER 6, 1981 8:00 A.M.

Originally scheduled for August 23, 1981

OUTSTANDING ATHLETES AWARDS 10 KM. AND EXPO.



CONVERSE 1981 SO. CAL. RUN-OFF

AWARDS INCLUDE:

500 CONVERSE STUFF BAGS
48 PAIR CONVERSE SHOES
120 CONVERSE JACKETS
14 CONVERSE ATHLETIC BAGS
FINISH CERTIFICATES TO ALL
TROPHIES-MEDALS-MERCHANDISE
TO FIRST 10 PLACES (Male & Female)

13-Under	40-44
14-18	45-49
19-29 (OPEN)	50-54
30-34	55-59
35-39	60+

ALSO AWARDS TO: MENDED HEART HANDICAPPED 5 MAN TEAM

SPECIAL CEREMONY TO HONOR "OUTSTANDING ATHELETES OF 1981"

1st PLACE OVERALL (MALE & FEMALE)
WILL RECEIVE AN 8 DAY
HAWAIIAN VACATION

PLUS * 2 DRAWINGS FOR 8 DAY HAWAIIAN VACATIONS FOR ALL PARTICIPANTS

> WITH T-SHIRT ALL MEMBERS - \$5.00 NON-MEMBERS - \$7.00 RUN ONLY - \$3.00 AFTER AUG. 10 - ADD \$1.50

ALL TAC-MEMBERS AND NON-MEMBERS ARE INVITED TO PARTICIPATE. SEND S.A.S.E. TO: L.D.R.C. - BOX 891, TARZANA, CA 91356

1981 **High School** STATE MEET

KEITH CONNING **Photos By** DON GOSNEY

(except where otherwise noted)

WOMEN'S 100

Sharon Ware (Berkeley) defended her crown by defeating junior Denean Howard (Kennedy, LA). Tamela Holland (Manual Arts, LA) was a surprise third place finisher. Zelda Johnson (Garey, S) did not run in the final because of an injury sustained in the trials.

Wind- legal 0 48mns

	ind. logal o. tollipo	
1	Sharon Ware (Berkeley, NC)	11.6
2	Denean Howard* (Kennedy, LA)	11.8
3	Tamela Holland (Manual Arts, LA)	11.8
4	LaTanya Dawkins* (Dorsey, LA)	11.9
5	Nedra Rodgers** (Berkeley, NC)	12.0
6	Lisa Winston** (Jordan, S)	12.1
7	Gurtha Pounds* (Live Oak, CC)	12.2
8	Ellen Jones* (Mt. Miguel, SD)	12.4
Z	elda Johnson° (Garey, S) did not run	

Friday Qualifying: Heat 1: Wind aided 1. Ware 11.50; 2. Dawkins 11.84; 3. Jones 11.97; 4. Bridgett Blackburn* (Cajon, S) 11.99; 5. Ronda

10.83; 6. Reggie Rodgers (Hillsdale, CC) 10.89; 7. Stoney McCree* (Berkeley, NC) 10.94; 8. Bryhan Browne (San Juan, SJ) 11.19. Heat 2: wind alded 1. Robinson 10.24; 2. Graham 10.56; 3. Ervin 10.58; 4. Horace Beard (Fremont, LA) 10.61; 5. Lenny Davis* (Pittsburg, NC) 10.73; 6. Greg Chow* (Prospect, CC) 10.78; 7. Bill Prindle (Fresno, C) 10.89; 8. Kenny Butler (Norte Del Rio, SJ) 10.97. Heat 3: wind aided 1. Willhite 10.50; 2. Manning 10.53; 3. Walter Murray (Berkeley, NC) 10.58; 4. Bernard Mathis* (Muir, S) 10.59; 5. Reggie Grimes (Andrew Hill, CC) 10.62; 6. Paul Day* (Kearny, SD) 10.64; 7. Rex Brown* (Ocean View, S) 10.83; 8. Davis 10.92; 9. Leevel Tatum* (Edison, C) 11.00.

WOMEN'S 200

Junior Denean Howard (Kennedy, LA) came



Berkeley wins it all. The first time the same school has won both the men's and women's State titles.

> * junior ** sophomore

The letter(s) following the athletes school indicate the CIF section the school is in. *** freshman

Lisa Winston ** (Jordan, S) 25.18 8 Antoinette Munns* (Manual Arts, LA) 26.00 9 Ellen Jones* (Mt. Miguel, SD) Friday Qualifying: Heat 1: Wind aided 1. Dawkins 24.14; 2. Pounds 24.21; 3. Winston 24.46; 4. Sabrina Williams (Valley Christian, S) 24.57; 5. Karen Schaefer (Central Catholic, SJ) 25.02; 6. Alycia Wright ** (Edison, C) 25.72; 7. Julie Hansen (Acalanes, NC) 25.82; 8. Dori Parker (Shasta, N) 26.04. Heat 2: Wind aided 1. Ware 24.26; 2. Robinson 24.47; 3. Munns 24.85; 4. April Bryant (Muir, S) 25.13; 5. Tracy Scott (Crawford, SD) 25.16; 6. Yolanda King (Roseville, SJ) 25.69; 7. Dianna Robinson** (Amador, NC) 26.16. Heat 3: Wind legal 1. Howard 23.74; 2. Pullins 24.49; 3. Jones 24.90; 4. Lori Robins (N. Hollywood, LA) 25.10; 5. Liz Chewning* (Saratoga, CC) 25.11; 6. Delisa Lynch** (Oakland Tech., OSF) 25.30; 7. Jeanette Brandon* (DeAnza, NC) 25.33; 8. Eugenia Walker (Edison, C) 26.64.

time in the final and set a new national junior class record. The old record was 20.93 by Jerome Harrison (Seneca, Louisville, Kentucky) in 1980.

W	ind: -0.01 mps	
1	Kevin Willhite* (Cordova, SJ)	20.81
2	Ken Robinson (Berkeley, NC)	21.05
3	Harold Todd (Serra, S)	21.25
4	Bernard Mathis* (Muir, S)	21.56
5	Kevin Shields (San Diego, SD)	21.58
6	Reggie Grimes (Hill, CC)	21.59
7	Larry Jackson (La Mirada, S)	21.75
8	Rex Brown* (Ocean View, S)	22.01
9	Paul Day* (Kearny, SD)	22.08
Fri	iday Qualifying: Heat 1: wind	aided 1.
Ma	athis 21.56; 2. Shields 21.58; 3. Bro	wn 21.90;
4.	Stoney McCree* (Berkeley, NC)	22.02; 5.

Maurice White (Gunderson, CC) 22.28; 6. Andre Ford (Crenshaw, LA) 22.31; Kalvin Jackson (Dorsey, LA) was disqualified. Heat 2 wind legal 1. Todd 21.23; 2. Grimes 21.54; 3. Jackson 21.68; 4. Tony Joseph (St. Mary's

WOMEN'S 400

Junior Gervaise McGraw (Ganesha, S) ran her personal best to defeat Tina Howard (Kennedy, LA) by .23. Three of the first four were juniors. Valerie Spence (San Lorenzo, NC) disappointed by finishing sixth after being

pic	cked for second.	
1	Gervalse McGraw* (Ganesha, S)	54.15
2	Tina Howard (Kennedy, LA)	54.38
3	Carla Johnson* (Manual Arts, LA)	55.08
4	Jeannie Arnold* (Locke, LA)	55.67
5	Sherly Miller (Fremont, CC)	55.92
6	Valerie Spence (San Lorenzo, NC)	57.46
7	Alma Jones (Henry, SD)	57.80
8	Debbie Arthur (Esperanza, S)	57.91
0	Charletta Ctowart (Manual Arta I A)	

Friday Qualifying: Heat 1: 1. McGraw 55.78; 2. Stewart 56.37; 3. Jones 56.58; 4. Lana Rice** (Berkeley, NC) 56.78; 5. Lanette Davis*** (Del Mar, CC) 57.83; 6. Kelly Churchman* (Rio Mesa, S) 59.15; 7. Deanna White**

PHOTOS BY DON GOSNEY

(except where otherwise noted)

men's and women's State titles.

* junior ** sophomore *** freshman

26.02

The letter(s) following the athletes school indicate the CIF section the school is in.

WOMEN'S 100

Sharon Ware (Berkeley) defended her crown by defeating junior Denean Howard (Kennedy, LA). Tamela Holland (Manual Arts. LA) was a surprise third place finisher. Zelda Johnson (Garey, S) did not run in the final because of an injury sustained in the trials.

Wind: legal 0.48mps

1	Sharon Ware (Berkeley, NC)	11.66
2	Denean Howard* (Kennedy, LA)	11.83
3	Tamela Holland (Manual Arts, LA)	11.85
4	LaTanya Dawkins* (Dorsey, LA)	11.92
5	Nedra Rodgers** (Berkeley, NC)	12.04
6	Lisa Winston** (Jordan, S)	12.18
7	Gurtha Pounds* (Live Oak, CC)	12.25
8	Ellen Jones* (Mt. Miguel, SD)	12.43
Ze	elda Johnson* (Garey, S) did not run	

Friday Qualifying: Heat 1: Wind aided 1. Ware 11.50; 2. Dawkins 11.84; 3. Jones 11.97; 4. Bridgett Blackburn* (Cajon, S) 11.99; 5. Ronda Robinson (San Carlos, CC) 12.04; 6. Monica Taylor (Grant, SJ) 12.30; 7. Alycia Wright (Edison, C) 12.52; 8. Diane Osborn (Red Bluff, N) 13.20. Heat 2: Wind legal 1. Holland 11.70; 2. Johnson 11.70; 3. Rodgers 11.86; 4. Cheryl Brown (Muir, S) 11.96; 5. Chris Cooksey (Hoover, SD) 12.05; 6. Karen Schaefer (Central Catholic, SJ) 12.08; 7. Julie Middleton' (San Mateo, CC) 12.09; 8. Estella Jackson (Morse, SD) 12.29. Heat 3: Wind aided 1. Howard 11.64; 2. Pounds 11.81; 3. Winston 11.89; 4. Tanaya King (Berkeley, NC) 12.07; 5. Anette Rogers*** (University, S) 12.16; 6. Brenda Thompson (Stagg, SJ) 12.26; 7. Terri Phillips** (East Bakersfield, C) 12.22.

MEN'S 100

Kenny Robinson (Berkeley, NC) won heat two in 10.24, which would have been a new State Meet record, if there had been an allowable aiding wind. Robinson and junior Kevin Willhite (Cordova, SJ) went 1-2 as expected. George Ervin (Castlemont, O/SF) surprised with his third place finish. Calvin Jackson (Dorsey, LA), an impressive heat winner, did not run the final due to an injury. Leonard Graham (Centennial, S) passed up the final in this event to concentrate on the 400. Willhite felt that he came out too slow. He tried to catch Robinson but 100 meters isn't long enough.

Wind legal -0 15 mps

45.	444	ilu legal -0.15 llips	
	1	Ken Robinson(Berkeley, NC)	10.60
	2	Kevin Willhite* (Cordova, SJ)	10.68
	3	George Ervin (Castlemont, OSF)	10.78
	4	Antonio Manning** (Hamilton, LA)	10.82
	5	Kevin Shields (San Diego, SD)	10.89
	6	Troy Delemar* (Pasadena, S)	10.96
	7	Joel Davis (Mt. Miguel, SD)	11.07
	Ca	Ivin Jackson (Dorsey, LA) and	Leonard
	Cr	sham (Contonnial C) did not run	

Graham (Centennial, S) did not run. Friday Qualifying: Heat 1: wind aided 1. Jackson 10.45; 2. Shields 10.57; 3. Deleman 10.59; 4. Tyrone Henderson (East Bakersfield, C) 10.70; 5. Jimmie Crittendon (Crenshaw, LA)

10.83; 6. Reggie Rodgers (Hillsdale, CC) 10.89; 7. Stoney McCree* (Berkeley, NC) 10.94; 8. Bryhan Browne (San Juan, SJ) 11.19. Heat 2: wind 'aided 1. Robinson 10.24; 2. Graham 10.56; 3. Ervin 10.58; 4. Horace Beard (Fremont, LA) 10.61; 5. Lenny Davis* (Pittsburg. NC) 10.73; 6. Greg Chow* (Prospect, CC) 10.78; 7. Bill Prindle (Fresno, C) 10.89; 8. Kenny Butler (Norte Del Rio, SJ) 10.97. Heat 3: wind aided 1. Willhite 10.50; 2. Manning 10.53; 3. Walter Murray (Berkeley, NC) 10.58; 4. Bernard Mathis* (Muir, S) 10.59; 5. Reggie Grimes (Andrew Hill, CC) 10.62; 6. Paul Day* (Kearny, SD) 10.64; 7. Rex Brown* (Ocean View, S) 10.83; 8. Davis 10.92; 9. Leevel Tatum* (Edison, C) 11.00.

WOMEN'S 200

Junior Denean Howard (Kennedy, LA) came back from her defeat in the 100 to win. LaTanya Dawkins (Dorsey, LA) also finished ahead of Sharon Ware (Berkeley, NC). Ware is faster than Howard, but she doesn't have the staying power for the longer race.

Wind legal	-1.13mps
------------	----------

AAI	nu legal -1. follips	
1	Denean Howard* (Kennedy, LA)	23.73
2	Latanya Dawkins* (Dorsey, LA)	24.10
3	Sharon Ware (Berkeley, NC)	24.17
4	Rhonda Robinson (San Carlos, CC)	24.94
5	Diane Pullins** (Muir, S)	24.97
6	Gurtha Pounds* (Live Oak, CC)	24.98

7 Lisa Winston ** (Jordan, S) 8 Antoinette Munns* (Manual Arts, LA) 26.00 9 Ellen Jones* (Mt. Miguel, SD) Friday Qualifying: Heat 1: Wind aided 1.
Dawkins 24.14; 2. Pounds 24.21; 3. Winston 24.46; 4. Sabrina Williams (Valley Christian, S) 24.57: 5. Karen Schaefer (Central Catholic, SJ) 24.57; 5. Naren Schaerer (Central Carnolic, SJ) 25.02; 6. Alycia Wright** (Edison, C) 25.72; 7. Julie Hansen (Acalanes, NC) 25.82; 8. Dori Parker (Shasta, N) 26.04. Heat 2: Wind aided 1. Ware 24.26; 2. Robinson 24.47; 3. Munns 24.85; 4. April Bryant (Muir, S) 25.13; 5. Tracy Scott (Crawford, SD) 25.16; 6. Yolanda King (Roseville, SJ) 25.69; 7. Dianna Robinson** (Amador, NC) 26.16. Heat 3: Wind legal 1. Howard 23.74; 2. Pullins 24.49; 3. Jones 24.90; 4. Lori Robins (N. Hollywood, LA) 25.10; 5. Liz Chewning* (Saratoga, CC) 25.11; 6. Delisa Lynch** (Oakland Tech., OSF) 25.30; 7. Jeanette Brandon* (DeAnza, NC) 25.33; 8.

MEN'S 200

Eugenia Walker (Edison, C) 26.64.

Junior Kevin Willhite (Cordova, SJ) won his heat in 20.81 defeating Kenny Robinson (Berkeley, NC), the defending champion. It was the fastest time in the nation this year. In the final Robinson beat Willhite out of the blocks, but Willhite pulled away in the stretch. Willhite was confident he would win the 200, because its longer and he is stronger than Robinson. Willhite equalled his trials

time in the final and set a new national junior class record. The old record was 20.93 by Jerome Harrison (Seneca, Louisville, Kentucky) in 1980.

N	/ind: -0.01 mps	
1	Kevin Willhite* (Cordova, SJ)	20.81
2	Ken Robinson (Berkeley, NC)	21.05
3	Harold Todd (Serra, S)	21.25
4	Bernard Mathis* (Muir, S)	21.56
5	Kevin Shields (San Diego, SD)	21.58
6	Reggie Grimes (Hill, CC)	21.59
7	Larry Jackson (La Mirada, S)	21.75
8	Rex Brown* (Ocean View, S)	22.01
9	Paul Day* (Kearny, SD)	22.08
E	riday Qualifying: Heat 1: wind	aided 1

Mathis 21.56; 2. Shields 21.58; 3. Brown 21.90; 4. Stoney McCree* (Berkeley, NC) 22.02; 5. Maurice White (Gunderson, CC) 22.28; 6. Andre Ford (Crenshaw, LA) 22.31; Kalvin Jackson (Dorsey, LA) was disqualified. Heat 2 wind legal 1. Todd 21.23; 2. Grimes 21.54; 3. Jackson 21.68; 4. Tony Joseph (St. Mary's, NC) 21.72; 5. Gerald Johnson* (Sweetwater, SD) 22.24; 6. Joe Ellis (Grant, SJ) 22.69; Gerald White (McClymonds, OSF) was disqualified. Heat 3: wind legal 1. Willhite 20.81; 2. Robinson 21.03; 3. Day 21.43; 4. Troy Delemar* (Pasadena, S) 21.50; 5. Tyrone Henderson (East Bakersfield, C) 21.78; 6. David Hart* (Pittsburg, NC) 22.11; Antonio Manning** (Hamilton, LA) was disqualified.

WOMEN'S 400

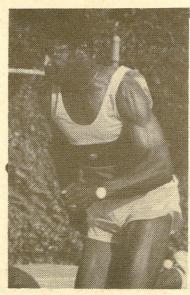
Junior Gervaise McGraw (Ganesha, S) ran her personal best to defeat Tina Howard (Kennedy, LA) by .23. Three of the first four were juniors. Valerie Spence (San Lorenzo, NC) disappointed by finishing sixth after being nicked for second

HC	ked for second.		
1	Gervaise McGraw* (Ganesha, S)	54.15	
2	Tina Howard (Kennedy, LA)	54.38	
3	Carla Johnson* (Manual Arts, LA)	55.08	
1	Jeannie Arnold* (Locke, LA)	55.67	
5	Sherly Miller (Fremont, CC)	55.92	
3	Valerie Spence (San Lorenzo, NC)	57.46	
7	Alma Jones (Henry, SD)	57.80	
3	Debbie Arthur (Esperanza, S)	57.91	
)	Sharlette Stewart (Manual Arts, LA)		

Friday Qualifying: Heat 1: 1. McGraw 55.78; 2. Stewart 56.37; 3. Jones 56.58; 4. Lana Rice** (Berkeley, NC) 56.78; 5. Lanette Davis *** (Del Mar, CC) 57.83; 6. Kelly Churchman* (Rio Mesa, S) 59.15; 7. Deanna White** (Bakersfield, C) 59.32; 8. Lisa Lofton (Foothill, SJ) 59.86. Heat 2: 1. Howard 55.71; 2. Miller 56.97; 3. Spence 57.18; 4. Tol Lark* (Compton, S) 58.02; 5. Kim Donaldson (Merced, SJ) 58.55; 6. Nay Nay Guss** (Long Beach Poly, S) 59.00; 7. Nadine Bent*** (James Logan, NC) 60.39; 8. Kelly Panno* (San Pasqual, SD) 61.43. Heat 3: 1. Arnold 55.55; 2. Johnson 55.97; 3. Arthur 57.42; 4. Tanaya King (Berkeley, NC) 57.53; 5. Basheba Gilmore (Johnson, SJ) 58.31; 6. Brenda Brewer* (Hillsdale, CC) 58.39; 7. Jennifer



Sharon Ware - 100



Ken Robinson - 100



Denean Howard - 200

The Three Participations



Kevin Willhite - 200

Cottingham* (Morse, SD) 58.68; 8. Kim Overall* (Clovis West, C) 59.86; 9. Donna Graham*** (Lowell, OSF) 59.87.

MEN'S 400

Leonard Graham (Centennial, S) made up the stagger on David Timmons (Oakland) around the first turn. Timmons outleaned Graham at the finish with both runners receiving identical times.

1	David Timmons (Oakland, OSF)	47.09
2	Leonard Graham (Centennial, S)	47.09
3	Ron Brown (Muir, S)	47.70
4	Tommy Barbar* (Bakersfield, C)	47.73
5	Vic Townsend (Long Beach Poly, S)	47.77
6	Fabian Cooper* (Washington, LA)	47.81
7	Darrell Willis (Norco, S)	47.85
8	Erwin Hickman (Fremont, LA)	48.01
9		48.82
Fr	Iday Qualifying: Heat 1: 1. Timmons	
	Barbar 48.37; 3. Townsend 48.56; 4. N	
	ur Osborne (Crenshaw, LA)* 48.99; 5.	
	nino (Redwood, NC) 49.37; 6. C.J. R	
	n (Serra, SD) 50.10; 7. Monty Hansen	
	, N) 52.64. Heat 2: 1. Graham 47.	
	oper 47.54; 3. Hickman 47.62; 4. Paul	
	abrillo, S) 48.21; 5. Ulysee Walker (Ber	
	3) 48.22; 6. Kerry Threets (Westmoo	
	.00; 7. Davis Lane* (Mt. Carmel, SD) 49	
	cky McCoy (Edison, C) 50.67. Heat	
	own 47.86; 2. Willis 48.48; 3. Prietto 48	
	hnny Langerston (Berkeley, NC) 48.	
	en Weaver (Hollister, CC) 49.81; 6. E	
	ng (Vallejo, SJ) 50.01; 7. Joe F	
	rawford, SD) 51.16.	
-		

WOMEN'S 800

It was a repeat of the North Coast Section meet. Junior Jessica Spies (Livermore, NC), who trains with the San Jose Cindergals in Saratoga, blasted the first lap in 59.3 and hung on for second with a 68.0. Donna Curtis (Culver City, S) ran a much more evenly paced race of 62.1 and 63.6 and passed Spies in the stretch. Last year's disqualified champion junior Rennie Durand (Laguna Beach, S) placed third. Three sophomores—Michelle Lowe (Manual Arts, LA), Trescia Palmer (Westchester, LA), and Monica Montanez (San Joaquin Memorial, C)—made the finals. Junior Maria King (Milpitas, CC), who was chosen to finish third, finished seventh in 2:11.54!

1 Donna Curtis (Culver City, S)	2:06.08
2 Jessica Spies* (Livermore, NC)	2:07.36
3 Rennie Durand* (Laguna Beach	
4 Louise Romo (North Torrance, S	2:09.36
5 Michelle Lowe** (Manual Arts, I	
6 Trescla Palmer** (Westchstr, L.	A) 2:10.51
7 Maria King* (Milpitas, CC)	2:11.54
8 Jill Moss (Bella Vista, SJ)	2:14.66
9 Monica Montanez** (SJ Mem., C	2:15.94
Friday Qualifying: Heat 1: 1. Romo	2:11.89; 2.
Palmer 2:12.45; 3. Spies 2:13.11; 4.	Linda Mor-
rison* (Carson, LA) 2:15.86; 5. Ald	da Stearns
(Silver Creek, CC) 2:16.60; 6. Deni	se Dibos*
(Helix, SD) 2:17.14; 7. Missy Moo	re** (Pied-
mont, NC) 2:17.16; 8. Tami Anders	
SJ) 2:17.59; 9. Linda Hooke** (E	Bullard, C)
218.16. Heat 2: 1. Durand 2:10.8	2; 2. King
2:11.27; 3. Lowe 2:12.15; 4. Alison Et	nien (Santa
Barbara, S) 2:15.01; 5. Karen Va	nwagenen
(Clovis West, C) 2:15.29; 6. Julie H	awks (San
Dieguito, SD) 2:16.18; 7. Doniece Jo	ohnson***
(Berkeley, NC) 2:18.25; 8. Maura Bo	
Sierra, SJ) 2:18.49; 9. Jenny Ray*	(Oakland,
OSF) 2:19.50. Heat 3: 1. Curtis 2:14.8	9; 2. Moss
215.88; 3. Montanez 2:16.71; 4	. Sharon
Yaninek* (Presentation, CC) 2:16.7	6; 5. Dawn
Vance** (Modoc, N) 2:16.79; 6. H	eldi Gart-
ner** (Fallbrook, SD) 2:17.14;	7. Carla
Johnson* (Manual Arts, LA) 2	18.19; 8.
Bridgett Cunningham (Castro Va	alley, NC)
2:19.18; Barbara Gottlieb** (Beverli	y milis, S)
was uisquaiified.	

MEN'S 800

Pete Richardson (Berkeley) set a new national record of 1:47.31. The old record of 1:48.20 was set by Jeff West (Crenshaw, LA) at the US-USSR Jr. Meet in Bakersfield on June 30, 1979. Dale Scott (El Cerrito) ran 880 yards in 1:48.5 (1:47.9 converted to 800 meters) to finish second to Mark Winzenried at the Kennedy Games in Berkeley on June 10, 1972. The old State Meet record was 1:48.8 (880 yards) by Richard Joyce (Sierra) in 1965.

Richardson ran an even pace of 53.6 and 53.7. Eddle Davis (Compton), who had the best time entering the competition, faded to third. Seventh place was 1:51.54! Johnny Langerston (Berkeley), who wanted to beat his teanmate, ran the 400 in 52.92. This spread out the field and gave Richardson plenty of running room as no boxes of runners could develop.

4	Date Diebardson (Dadeles 10)	4.47.04
	Pete Richardson (Berkeley, NC)	1:47.31
-		
2	Scott Cox (Wilson, S)	1:49.30

Ed Davis (Compton, S) 1-50 33 Erwin Hickman (Fremont, LA) 1:50.98 Eric Behring (La Habra, S) 1:51.34 Louie Calderon (Sanger, C) 1:51.46 Dave Rodriguez (Montgomery, NC) 1:51.54 Johnny Langerston (Berkley, NC) 1:53.98 Steve Papegaay (Cleveland, LA) 1:57.46 Friday Qualifying: Heat 1: 1, Davis 1:52.26: 2. Papegaay 1:53.56; 3. Rodgiguez 1:53.62; 4. Brenden Saunders (Bellarmine, CC) 1:54.20; 5. Bill Rossow (Dos Pueblos, S) 1:54.38; 6. Daryl Richie (Washington, LA) 1:55.68; 7. Bill Sterling (Hoover, C) 1:56.14; 8. Tim Stevens (Turlock, SJ) 1:56.51: 9. Lance Sevier (Valhalla. SD) 1:59.50. Heat 2: 1. Cox 1:52.50; 2. Calderon 1:54.01; 3. Langerston 1:54.22; 4. Patrick Mc-Crustle (Jesuit, SJ) 1:54.61; 5. MacArthur Osborne* (Crenshaw, LA) 1:55.07; 6. David King (Hawthorne, S) 1:55.59; 7. Oran Woods (Milpitas, CC) 1:58.76; 8. John Kinsfather (Grossmont, SD) 1:58.76; 9. Shelby Flowers* (Oakland, OSF) 1:58.85, Heat 3: 1, Richardson 1:52.89; 2. Behring 1:53.97; 3. Hickman 1:54.32; 4. Ricky McCoy (Edison, C) 1:55.48; 5. Lowell Gibbs (Gunn, CC) 1:55.76; 6. David Thoman (Pt. Loma, SD) 1:55.89; 7. Davis Robinson (Amador Valley, NC) 1:56.05; 8. Mark Bates (Lassen, N) 1:56.75; 9. John Odell (Vintage, SJ) 1:56.76.

WOMEN'S 1600

Junior Polly Plumer (University, S) set a new State Meet record of 4:42.43. The old record of 4:44.495 (mile) was set by Cherl Williams (Livermore) in 1978. Tracy Weber (Lynbrook, CC) led at 400 in 1:12.40 and 800 in 2:25.70. Plumer led at 1200 in 3:36.27. They were closely followed by junior Marilyn Davis (Miramonte, NC), last year's 800 champion. Weber repeatedly tried to pass Plumer on the inside, but she couldn't squeeze through. With 200 meters to go Plumer proceeded to stride away to victory. Weber said she will beat Plumer in the junior nationals this summer. Vickle Cook (Alemany, S), the 3200 winner, dropped out after three laps with painful shins.

1	Polly Plummer* (University, S)	4:42.43
2	Tracy Weber (Lynbrook, CC).	4:44.78
3	Marilyn Davis* (Miramonte, NC)	4:48.88
4	Margaret Spotts (Redondo, S)	4:50.87
5	Laurie Hollingworth* (Piner, NC)	4:54.27
6	Shelly Hazlett (Saugus, S)	4:56.51
7	Karen Vanwagenen (Clovis W., C)	5:02.05
8	Kerri Brogan (Los Altos, CC)	5:04.77
. 9	Kelly Buzza (Arroyo Grande, S)	nt

Vickle Cook* (Alemany, S) did not finish. Friday Qualifying: Heat 1: 1. Weber 4:55.82: 2. Cook 4:56.30; 3. Hollingsworth 4:56.49; 4. Davis 4:56.45; 5. Spotts 4:56.79; 6. Tina Allen° (Santana, SD) 5:00.72; 7. Lyrae Rowlett (El Caion, SD) 5:04.35; 8. Debbie Morris (Los Gatos. CC) 5:05.69; 9. Laurie Bushling (Yuba City: SJ) 5:12.27: 10. Jennifer Korte** (Pleasant Valley. N) 5:13.23; 11. Kathy Isham* (Mt. Whitney, C) 5:19.04; 12. Cathy Pedroza (Bell, LA) 5:29.75. Heat 2: 1. Plummer 4:53.16; 2. Hazlett 4:57.14; 3. Vanwagenen 4:58.47; 4. Brogan 5:00.29; 5. Buzza 5:02.10; 6. Katy Dykstra* (Sir Francis Drake, NC) 5:02:98; 7. Mary Gaffield (El Cerrito, NC) 5:03.0; 8. Julie VanHorn (Kennedy, SJ) 5:07.49; 9. Sandy Blakeslee** (Vista, SD) 5:08.56; 10. Shelly Nieto (Merced, SJ) 5:17.42; 11. Jenny Green (Roosevelt, LA) 5:18.10: 12. Marianne Gurtler° 5:19.76; 13. Karmen Stickney (Monache, C) 5:21.57.

MEN'S 1600

Senior Jeff Scott (El Camino, SJ) improved from a best of 4:20 two weeks before the State Meet. His goal entering the competition was to finish in the top five. Scott's strategy was to stay with the leaders then make his move with 300 meters remaining. Scott ran his last lap in 54.6. Gary Gonzales (Clovis) set the pace for the first three laps: 1:01.91, 2:05.2, and 3:07.61. Scott passed six runners down the stretch!

1 Joff Contt (El Comino CI)

4.	Jen Scott (El Camino, SJ)	4:10.00
2	Octavio Morales (Camarillo, S)	4:10.43
3	Gary Gonzales (Clovis, C)	4:10.52
4	Jeff Purrington (Willow Glen, CC)	4:10.94
5	Barasa Thomas (Santa Barbara, S)	4:11.00
6	John Seeman (Helix, SD)	4:12.40
7	Paul Cox (Los Gatos, CC)	4:13.34
8	Phil Orr (Upland, S)	4:13.65
9	Don Orr (Upland, S)	4:13.66
	Hector Romero (Thousand Oaks, S)	
	day Qualifying: Heat 1: 1. Scott 4:1	
	nzales 4:11.91; 3. Morales 4:12.64; 4	
	3.53; 5. Cox 4:13.92; 6. Troy	
	estchester, LA) 4:15.18; 7. Andy	
(Bo	nita Vista, SD) 4:16.25; 8. Steve Die	tch* (El
Ca	mino Real) 4:19.60; 9. Dan Morse	(Bella
Vis	ta, SJ) 4:21.02; 10. Mark Beebe* (Fre	esno, C)
4:2	2.55; 11. Jim Fischer (DeLaSall	e. NC)
	5.50; 12. Michael Sowell (Lowell	
	7.59. Heat 2: 1. Thomas 4:09.06; 2. 5	
	0.09; 3. Purrington 4:10.72; 4. D. Orr	
	Romero 4:13.36; 6. Brian Dulin (Lei	
	3.61; 7. Tim Berry (Ygnacio Valle	
7. 1.	o.o., 7. This berry (Tghacio valle	y, NC)

4:15.83; 8. Rob Russell (San Pasqual, SD) 4:17.15; 9. Todd Pearsons (Taft, LA) 4:17.88; 10. Brian Butterfield* (Lassen, N) 4:19.28; 11. Rusty Knowles (Vacaville, SJ) 4:21:23; 12. Steve Gilbert (University, LA) 4:22:34; 13. Leon Jackson (Foothill, C) 4:23.59.

WOMEN'S 3200

Junior Vickie Cook (Alemany, S), the defending champion, set a new State Meet record of 10:12.31. The old record was 10:14.78 by Cook last year. Karin Lambden (Castro Valley, NC) led the first two laps in 76.1 and 2:35.7. Michelie Mason (Buena, S) led after three laps in 3:50.2. Then Cook took over with splits of 5:04.8, 6:22.1, 7:41.0 and 8:58.8. Her 3000 meter time was 9:35.8. Carol Gleason (Lynbrook, CC), who was picked to place fourth, finished way back in 14th place.

1	Vickie Cook* (Alemany, S)	10:12.31	
2	Lori Lopez* (Sacred Heart, S)	10:21.54	
3	Michelle Mason (Buena, S)	10:26.74	
4	Betsy Chadwick (Mira Mesa, SD)	10:31.07	
5	Ann Villanueva (Fountain Val., S)	10:35.20	
6	Karin Lambden (Castro Val., NC)	10:38.29	
7	Sheli Lachel* (Monte Vista, SD)	10:41.65	
8	Marcia White (Miramonte, NC)	10:43.17	
9	Denise Ball* (Newbury Park, S)	10:53.61	
10	Joni Mooney (Jepson, SJ)	10:54.56	
11	Terrie Brown (San Pasqual, SD)	10:56.04	
12	Mary Brennan (Marin Cath., NC)	10:57.94	
13	Linda Van Housen (Sacred Ht., CC	(2) 10:58.8	
14	Carol Gleason (Lynbrook, CC)	11:03.4	

MEN'S 3200

Jay Marden (Mission San Jose, NC) had beaten Jon Butler (Huntington Beach, S) in their seven previous meetings, but this time Butler was just too strong. Marden missed most of the season with mononucleosis. Jesse Torres (Independence, CC) beat Mike McCollum (Palo Alto, CC) for the first time this season and set a new CCS record.

• Attention Coaches and Athletes. I am trying to compile complete results in both of the 3200 meter runs. If you timed a runner that finished beyond 10th in the men's race or 14th in the women's race, would you kindly send the place and time to Keith Conning, 2235 Browning Street, Berkeley, CA 94702. Complete results will be published in the next issue of CT&RM.

continued on next page...











race of 62.1 and 63.6 and passed Spies in the stretch. Last year's disqualified champion Junior Rennie Durand (Laguna Beach, S) placed third. Three sophomores-Michelle Lowe (Manual Arts, LA), Trescia Palmer (Westchester, LA), and Monica Montanez (San Joaquin Memorial, C)-made the finals. Junior Maria King (Milpitas, CC), who was chosen to finish third, finished seventh in 2:11.54!

best time entering the competition; faded to third. Seventh place was 1:51.54! Johnny Langerston (Berkeley), who wanted to beat his teammate, ran the 400 in 52.92. This spread out the field and gave Richardson plenty of running room as no boxes of runners could develop. 1:47.31

Pete Richardson (Berkeley, NC) 2 Scott Cox (Wilson, S)

Tracy Weber (Lynbrook, CC) Marilyn Davis* (Miramonte, NC) Margaret Spotts (Redondo, S) Laurie Hollingworth* (Piner, NC) Shelly Hazlett (Saugus, S) Karen Vanwagenen (Clovis W., C) Kerri Brogan (Los Altos, CC) Kelly Buzza (Arroyo Grande, S)

Polly Plummer* (University, S)

(Bonita Vista, SDI 4:18.25, 8, Steve Olejch (Et Camino Real) 4:19.60; 9. Dan Morse (Bella 4:42.43 4:44.76 Vista, SJ) 4:21.02; 10. Mark Beebe (Fresno, C) 4:22.55; 11. Jim Fischer (DeLaSalle, NC) 4:25.50; 12. Michael Sowell (Lowell, OSF) 4:48.88 4:50.87 4:54.27 4:27.59. Heat 2: 1. Thomas 4:09.06; 2. Seeman 4:10.09; 3. Purrington 4:10.72; 4. D. Orr 4:12.41; 5. Romero 4:13.36; 6. Brian Dulin (Leigh, CC) 4:56.51 5:02.05 5:04.77 4:13.61; 7. Tim Berry (Ygnacio Valley, NC)

e Attention Ceaches and Athletes. I am trying to compile complete results in both of the 3200 meter runs. If you timed a runner that finished beyond 10th in the men's race or 14th in the women's race, would you kindly send the place and time to Keith Conning, 2235 Browning Street, Berkeley, CA 94702. Complete results will be published in the next issue of CT&RN.

continued on next page...

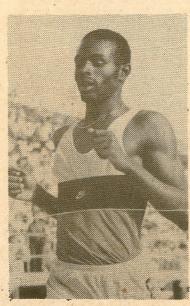


photo by Bill Cockerham



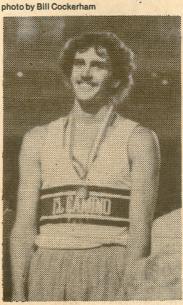


1:49.30



Donna Curtis - 800 Pete Richardson - 800





Polly Plumer - 1600 Jeff Scott - 1600



Vickie Cook - 3200 Jon Butler - 3200



Sherifa Sanders - 100LH David Ashford - 110HH



Gervaise McGraw - 400 **David Timmons - 400**



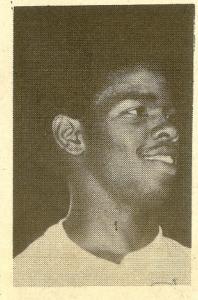






photo by Bill Cockerham





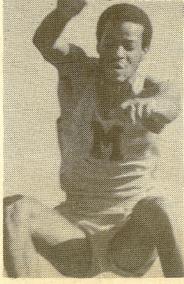


photo by Ross Gentry







MEN'S 110 HIGH HURDLES

David Ashford (West Covina, S) ran two fine races-13.65w on Friday and 13.67 on Saturday to win by .18. Ron McCoy (Edison, C) came back from his disappointment in the long jump to finish second in an all-time San Joaquin Valley best of 13.85.

1 David Ashford (West Covina, S)	13.67
2 Ronnie McCoy (Edison, C)	13.85
3 Steve Kerho* (Mission Viejo, S)	13.94
4 Gary Tucker (Sequoia, CC)	14.34
5 Chris Chrisman (Riverside Poly, S)	14.36
6 Robert Budwig* (Clovis West, C)	14.42
7 Mark Hale (Katella, S)	14.62
8 Bryan Bolton (Burbank, SJ)	14.70
9 Bruce Mitchell (El Camino, SD)	14.85
Friday Qualifying: Heat 1: wind ald	
Crisman 13.93; 2. McCoy 14.24; 3. M	
14.55; 4. John Ayres (Salesian, NC) 14	
Vaughn Raines (Yerba Buena, CC) 15	
Stuart Taylor (Grace Davis, SJ) 15.27;	
Hazelton (Oroville, N) 15.40; 8. R	
Johnson (Mission, OSF) 16.19. Heat 2	
alded 1. Ashford 13.65; 2. Hale 14.20; 3.	
14.42; 4. Rob Harrison (Eureka, NC) 14	
Dave Cross (N. Hollywood, LA) 14.51; 6	
Simmons* (West Bakersfield, C) 14.	
Mark Boyd** (St. Mary's, NC) 14.73; (
Seanez (Gilroy, CC) 15.60; Ken Bra	
(Poway, SD) disqualified. Heat 3: wind i	
Kerho 13.89; 2. Budwig 14.38; 3. Tucker	
4. Brian Bradshaw (Lakewood, S) 14.57;	
Smith* (Serra, SD) 14.58; 6. Scott Step	
(Manual Arts, LA) 14.65; 7. Terrence C	
(University, LA) 14.68; 8. Jeff Jo	
(Petaluma, NC) 14.85; 9. John Brunell	(palig
Vista, SJ) 14.91.	

WOMEN'S 300 LOW HURDLES

This was a new event on the State Meet program. Sherifa Sanders (Berkeley, NC) was upset by Audrey Williams (Saugus, S) in 42.25. Sophomore Gail Kellon (Walnut, S), the premeet favorite, fell before the finish line, but was able to roll across the finish and place third.

1 Audrey Williams (Saugus, S)	42.25
2 Sherifa Sanders (Berkeley, NC)	42.37
3 Gail Kellon** (Walnut, S)	42.57
4 Cynthia Cooper (Locke, LA)	43.13
5 Margaret Demorest (Buchser, CC)	43.17
6 Lynn Bevan (Miramonte, NC)	43.96
7 Kathy Halpin (Livermore, NC)	44.15
8 Val Flemmings (Northgate, NC)	44.45
9 Sharon Hanson** (Buena, S)	44.91
Friday Qualifying: Heat 1: 1. Kellon 4	
Bevan 43.56; 3. Hanson 43.91; 4. Karen	
(Manual Arts, LA) 43.94; 5. Laura Da	
Roble, SJ) 44.22; 6. Wendy Edelen* (Cr	
SD) 44.53. Heat 2: 1. Demorest 4:	
Williams 43.88; Flemmings 44.02; 4.	
Day (Casa Roble, SJ) 45.02; 5. Courtn	
son* (S. Pasadena, S) 45.41; 6. Annie i	
Jolla, SD) 45.52; 7. Majorie Joh	
(Monroe, LA) 45.75; 8. Christine K	
(Sierra, C) 46.67. Heat 3: 1. Sanders 4	
Cooper 43.26; 3. Halpin 43.91; 4. Robe	
cles (Gunderson, CC) 44.18; 5. Jerr	
(Capistrano Valley, S) 45.82; 6. Liz Pew	
Marcos, SD) 45.88; 7. Penny Wil	
(Westchester, LA) 46.26; 8. Tracey Ph	illips**
(Fresno, C) 46.59; 9. Kelly Hunt (Linc	oin, SJ

WOMEN'S HIGH JUMP

Katrina Johnson (Marshall, LA) was an alternate to the Southern Section Meet and was an upset winner over Karen Lysaght (St. Francis, SJ), the defending champion and record holder. Lysaght was jumping with a broken toe. Johnson improved from 5-6 (CIF Masters Meet) to 5-7 (Friday) to 5-11 (Saturday). Pre-meet favorite Alison Walker (Hoover, S) only finished eighth at 5-4. Karen Kramer (Notre Dame, S) falled to qualify for the finals.

1	Katrina Johnson* (Marshall, S)	5-11
2	Maggle Van Zeeland (Acalanes, NC)	5-9
3	Karen Lysaght (St. Francis, SJ)	5-9
4	Gabrielle Le Clair* (Monte Vista, SD)	5-6
5	Jenny Linderman (Foothill, SJ)	5-6
6	Karen Robinson* (Fremont, CC)	5-6
7	Carrie Thomas* (Mission Bay, SD)	5-6
8	Allson Walker (Hoover, S)	5-4
9	Laura Mills (University, S)	5-2
	Iday Qualifying: Van Zeeland 5-7; Lys	
5-7	; Johnson 5-7; Robinson 5-7; Walker 5-	6; Le
	air 5-6; Linderman 5-6; Mills 5-6; Thoma:	
	on-qualifiers: Laura Campbell (Troy, S	
	ren Kramer (Notre Dame, S) 5-4; Ca	
	athers* (South Bakersfield, C) 5-4; T	
	endonca** (Mt. Whitney, C) 5-4;	
	preford (Foothill, SJ) 5-4; Yvette Mau	
	arshall, LA) 5-4; Kelly Cummings	
	tos, CC) 5-3; Allison Crist* (Sunset, NC	
	bbie Disbrow* (Granada, NC) 5-3; C	
	shop* (Berkeley, NC) 5-2; Ethel Wes	
	ulare, C) 5-2; Amy Brewer** (Skyline,	
	; Natalle Irving (Crawford, SD)	
	aryanne Baumgardner (Aragon, CC) 5-0); JIII
SII	va* (Pleasant Valley, N) 5-0.	

MEN'S HIGH JUMP

Three jumpers cleared seven feet including sophomore Maurice Crumby (Balboa, O/SF). Stanley Farrar (Encina, SJ), who had a best of 6-11 this season, falled to qualify. Both Anthony Caire (Plus X, S) and Mike Powell (Edgewood, S) had personal bests.

(Lagowood, c) rida porcoriar boots.	
1 Anthony Caire (Pius X, S)	7-1
2 Mike Powell (Edgewood, S)	7-0
3 Maurice Crumby ** (Balboa, OSF)	7-0
4 John Atkinson (Long Beach Poly, S) 6-	111/4
5 Chris-Bonner (Inglewood, S)	6-10
6 Reggie Dupee (Menlo Atherton, CC)	6-9
7 Francel Jones (Santa Ana Valley, S)	6-8
8 T.J. Bartel (Westmont, CC)	6-8
9 Phillip Anderson* (Fremont, LA)	6-8
10 Ken Maivino (Redwood, NC)	6-6
11 Andy Williams (Vacaville, SJ)	6-6
12 Kevin Holmes* (Cleveland, LA)	6-6
Friday Qualifying: Bonner 6-9; Caire	
Anderson 6-9; Powell 6-9; Atkinson 6-9; C	
by 6-9; Jones 6-9; Dupee 6-9; Holmes	
Bartel 6-8; Malvino 6-8; Williams 6-8.	
qualifiers: Stanley Farrar (Encina, SJ)	
Everett Woodard (Folsom, SJ) 6-6; Rick S	
son* (Clovis, C) 6-6; John Budge* (Piedn	
NC) 6-6; Dean Shorno (Bishop O'Dowd,	
6-6; David Swanson* (Analy, NC) 6-6; M	
Johnson (Foothill, C) 6-4; Dean Young (Lo	
LA) 6-4; Vaughn Raines (Yerba Buena, CC	
Berrett Francis (Vista, SD) 6-4; (
Vandergeest (Taft, LA) 66-4; Eric S	ams
(Crawford, SD) 6-2.	

WOMEN'S LONG JUMP

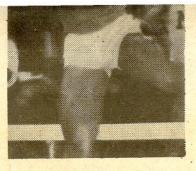
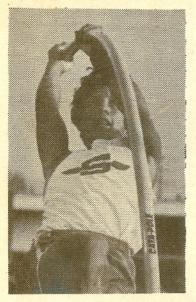






photo by Ross Gentry

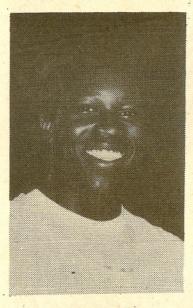


Audrey Williams - 300LH Walter Murray - 300LH Doug Wicks - PV

High School State Meet continued from previous page

Jay Marden led the first four laps in 64.5, 213.42, 3:21.67, and 4:29.99. Junior Harold Kuphaldt (Bella Vista, SJ) led the fifth and sixth laps in 5:38.60 and 6:46.72. The seventh lap split was 7:49.90 for Butler.

-	opin was 1270.00 for buttor.	
1	Jon Butler (Edison, S)	8:46.78
2	Jay Marden (Mission, NC)	8:51.64
3	Jesse Torres (Independence, CC)	8:52.11
4	Mike Carlton (Northview, S)	8:52.80
5 ,	Harold Kuphaldt* (Bella Vista, SJ)	8:54.79
3	Mike McCollum (Palo Alto, CC)	8:56.11
7	Dave Shea (Castro Valley, NC)	8:58.49
3	Aubrey Wilson (Berkeley, NC)	9:00.42
9	Eric Reynolds** (Camarillo)	9:00.71
10	Tyrus Deminter (Jefferson, LA)	9:01.08



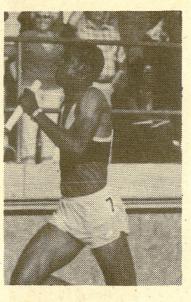
Katrina Johnson - HJ Anthony Caire - HJ Ken Frazier - TJ

WOMEN'S 100 LOW HURDLES

Val Flemmings (Northgate, NC) fell over the ninth hurdle while leading in the finals. Sherifa Sanders (Berkeley, NC) set a new State Meet record of 13.71 in the first running event in the trials. The old record was 13.83 by Kris Costello (Lynbrook, CC) in 1978.

Medi Jegel For final (1.74mps)

Kris Costello (Lynbrook, CC) in 1978.			
W	ind: legal for final (1.74mps)		
1	Sherifa Sanders (Berkeley, NC)	13.74	
2	Aldrian Hunter (Dorsey, LA)	13.80	
3	Robylne Johnson (Berkeley, NC)	13.88	
4	Sharri Pendieton (Fremont, LA)	14.07	
5	Zona Chandler* (Elsinore, S)	14.27	
6	Laura Mills (University, S)	14.31	
7	Ruth Whitehead** (Berkeley, NC)	14.43	
8	Tracy Scott (Crawford, SD)	14.60	
9	Val Flemmings (Northgate, NC)	did not	
file	leh		



Chris Moses - LJ Ed Tave - LJ Walter Murray(Berk) - 400R

Friday Qualifying: Heat 1: Wind legal 1. Sanders 13.71; 2. Pendleton 14.03; 3. Scott 14.44; 4. Margaret Demorest (Buchser, CC) 14.55; 5. Kelly Hunt (Lincoln, SJ) 14.65; 6. Katrina Johnson* (Marshall, S) 14.84; 7. Tracy Phillips** (Fresno, C) 14.97; 8. Natalle Spinks* (Skyline, OSF) 15.14. Heat 2: Wind aided 1. Flemmings 13.85; 2. Johnson 13.99; 3. Chandler 14.27; 4. Angela Rock (El Tora, S) 14.39; 5. Kim Horn (Soquel, CC) 14.62; 6. Donna Moore (Cordova, SJ) 14.90; 7. Christine Karns*** (Slerra Union, C) 15.19; 8. Annie King (La Jolla, SD) 16.03; Lesiyle Tell (Fremont, LA) did not finish. Heat 3: Wind aided 1. Hunter 13.91; 2. Mills 14.08; 3. Whitehead 14.23; 4. Karen Robinson (Branham, CC) 14.41; 5. Sharon Hanson** (Buena, S) 14.53; 6. Yvette Williams (Chowchilla, C) 14.61; 7. Liz Pew** (San Marcos, SD) 14.95; 9. Debby Damron* (Plerce, N) 15.91.

upset by Audrey Williams (Saugus, S) in 42.25.
Sophomore Gail Kellon (Walnut, S), the premeet favorite, fell before the finish line, but was able to roll across the finish and place third.

1 Audrey Williams (Saugus, S)

42.25

	radio, williams (oadgus, o)	76.6
2	Sherifa Sanders (Berkeley, NC)	42.37
3	Gail Kellon** (Walnut, S)	42.57
4	Cynthia Cooper (Locke, LA)	43.13
5	Margaret Demorest (Buchser, CC)	43.17
6	Lynn Bevan (Miramonte, NC)	43.96
7	Kathy Halpin (Livermore, NC)	44.15
8	Val Flemmings (Northgate, NC)	44.45
9	Sharon Hanson** (Buena, S)	44.91
Fr	iday Qualifying: Heat 1: 1. Kellon 42	
Be	van 43.56; 3. Hanson 43.91; 4. Karen B	lonty*
(M	anual Arts, LA) 43.94; 5. Laura Day	(Casa
Ro	ble, SJ) 44.22; 6. Wendy Edelen* (Crar	wford
	0) 44.53. Heat 2: 1. Demorest 43.	
	iliams 43.88; Flemmings 44.02; 4. N	
	y (Casa Roble, SJ) 45.02; 5. Courtney	
	n* (S. Pasadena, S) 45.41; 6. Annie Ki	
	lla, SD) 45.52; 7. Majorie John	
	onroe, LA) 45.75; 8. Christine Kar	
	erra, C) 46.67. Heat 3: 1. Sanders 43	
Co	oper 43.26; 3. Halpin 43.91; 4. Rober	10, 2.
	es (Gunderson, CC) 44.18; 5. Jerri	
	apistrano Valley, S) 45.82; 6. Liz Pew*	
	arcos, SD) 45.88; 7. Penny Willia	
	estchester, LA) 46.26; 8. Tracey Phill	
	esno, C) 46.59; 9. Kelly Hunt (Lincol	n, SJ)
46.	75.	

MEN'S 300 LOW HURDLES

Walter Murray (Berkeley, NC) set a national record of 35.79 in heat one. The old national mark of 35.6 was set by sophomore Darin Hill (Middletown, Ohio) in 1978. The old State Meet record was 36.2 by Dedy Cooper (Elis, Richmond) in 1975. Murray won the final, but Ron Seanez (Gilroy), who shared the national lead with Chris Crisman (Riverside Poly, S) entering the meet, only finished fifth with Crisman sixth.

1 Walter Murray (Berkeley, NC)	36.28
2 James Knowles (Blair, S)	36.57
3 Bruce Mitchell (El Camino, SD)	36.67
4 Steve Kerho* (Mission Viejo, S)	36.68
5 Ron Seanez (Gilroy, CC)	36.71
6 Cris Crisman (Riverside Poly, S)	36.93
7 Ken Brajevich (Poway, SD)	37.14
8 Wayne Carroll (Mulr, S)	37.18
9 Brian Bradshaw (Lakewood, S)	37.36
Friday Qualifying: Heat 1: 1. Murray 3	5.79; 2.
Knowles 36.09; 3. Bradshaw 37.29;	4. Tim
Hoban (Foothill, NC) 37.49; 5. Tim	Redick
(Woodside, CC) 37.74; 6. Allen Durden	(Helix,
SD) 38.00; 7. Pete Lango (Garces, C) 3	8.30; 8.
Bill Hornbeck (San Fernando, LA) 38.5	6. Heat
2: 1. Mitchell 36.39; 2. Seanez 36.44; 3	. Kerho
36.90; 4. Bill Prindle (Fresno, C) 3	7.28; 5.
Robert Howard (Fremont OSF) 37.40; 6	
Mayes (Vacaville, SJ) 37.60; 7. Jeff J	
(Petaluma, NC) 38.29; 8. Dave Cro	
Hollywood, LA) 38.73; 9. Lawrence Her	
(South Gate, LA) 38.94. Heat 3: 1. (
36.61; 2. Carroll 37.01; 3. Brajevich 3	
Erick Montgomery** (Independence	
37.44; 5. Jeff Cox (Bret Hart, SJ) 37.52;	
Ayres (Saleslan, NC) 37.66; 7. Kevin	
(South Bakersfield, C) 38.30; 8. Darren	Semore
(Enterprise, N) 39.87.	

(Edgewood, S) had personal bests. 1 Anthony Caire (Pius X, S) 2 Mike Powell (Edgewood, S) Maurice Crumby** (Balboa, OSF) 7-0
John Atkinson (Long Beach Poly, S) 6-1114 7-0 Chris-Bonner (Inglewood, S) 6-10 Reggie Dupee (Menio Atherton, CC) Francel Jones (Santa Ana Valley, S) 6-8 T.J. Bartel (Westmont, CC) 6-8 9 Phillip Anderson* (Fremont, LA) 6-8 10 Ken Malvino (Redwood, NC) 6-6 11 Andy Williams (Vacaville, SJ) 6-6 12 Kevin Holmes* (Cleveland, LA) Friday Qualifying: Bonner 6-9; Caire 6-9; Anderson 6-9; Powell 6-9; Atkinson 6-9; Crumby 6-9; Jones 6-9; Dupee 6-9; Holmes 6-8; Bartel 6-8; Malvino 6-8; Williams 6-8. Non qualifiers: Stanley Farrar (Encina, SJ) 6-6; Everett Woodard (Folsom, SJ) 6-6; Rick Swenson* (Clovis, C) 6-6; John Budge* (Piedmont, NC) 6-6; Dean Shorno (Bishop O'Dowd, NC) 6-6; David Swanson* (Analy, NC) 6-6; Marvin Johnson (Foothill, C) 6-4; Dean Young (Locke, LA) 6-4; Vaughn Raines (Yerba Buena, CC) 6-4; Berrett Francis (Vista, SD) 6-4; Chris Vandergeest (Taft, LA) 66-4; Eric Sams (Crawford, SD) 6-2.

WOMEN'S LONG JUMP

This was a down year for this event as no one was able to Jump 19 feet. However, sophomore Vivlan Riley (Mt. Pleasant, CC) who was not expected place, finished second. Freshman Yvette Bates (Berkeley, NC) was fifth. Yolanda Fletcher (Crenshaw, LA) had an interesting double as she placed third here and in the shot put. Chris Mose (El Cajon, SD) the eighth leading qualifier for the meet, placed sixth on Friday and moved up to first with her personal best. Brenda Bertillion (Sunset, NC), the fourth best qualifier, failed to make the finals.

Legal wind on all jumps
1 Chris Mose (El Cajon, SD) 18-101/4
2 Vivian Riley** (Mt. Pleasant, CC) 18-53/4
3 Yolanda Fletcher (Crenshaw, LA) 18-43/4
4 Robyne Johnson (Berkeley, NC) 18-41/2
5 Yvette Bates*** (Berkeley, NC) 18-4
6 Sabrina Williams (Valley Ch., S) 18-33/4
7 Maggie Van Zeeland (Acaianes, NC) 18-2
8 Janice Padmore (Gallleo, OSF) 17-21/2
9 Shawn Lawson (Crawford, SD) 15-13/4
Friday Qualifying: 1. Williams 18-4; 2. Fletcher
18-3%; 3. Riley 181-2; 4. Johnson 17-10; 5.
Bates 17-934; 6. Mose 17-91/2; 7. Padmore
17-914; 8. Van Zeeland 17-8; 9. Lawson 17-714;
10. Torle Dixon (Mira Mesa, SD) 17-63/4; 11.
Marina Laymen** (La Habra, S) 17-51/2; 12.
Ruth Lawanson (Clovis West, C) 17-51/4; 12.
Shari Baldomir (San Dimas, S) 17-51/4; 14.
Tammy Bryant *** (Ventura, S) 17-4; 15. Bren-
da Bertillion (Sunset, NC) 17-2; 16, Judy
Woods (San Fernando, LA) 17-11/4; 16. Hilary
Bray** (Los Altos, CC) 17-11/4; 18. Lynnda
Kelley (Irvine, S) 16-101/2; 19. Lisa Penny
(Dorsey, LA) 16-93/4; 19. Natalie Day (Casa Ro-
ble, SJ) 16-934; 21. Debble Blackwell (Fair-
field, SJ) 16-81/4; 22. Klm Goodman* (Nar-
bonne) 16-91/4; 23. Cathy Dee* (Santa
Catalina, CC) 15-91/4; 24. Stacey Green (Valley,
SJ) 14-2.

MEN'S LONG JUMP

Ed Tave (Muir, S) won the competition with his personal best of 25-½. He jumped 25-3 on Friday, but that mark was wind-alded. Ken Frazier (Mission, O/SF), the national leader at 25-3, failed to qualify for the State Meet. Ron McCoy (Edison, C) was disqualified after apparently taking third place at 24-0-½. Long jump officials discovered that McCoy had a walkie-talkie for communications with the stands. Carl Nelson (Las Plumas, N) jumped 24-7w, a personal best, in the trials. His best before the State Meet was 23-6-½.

Ed Tave (Muir, S) (+1.0mps) 25-01/2 Carl Wilson (Las Plumas, N) (23-81/4) 24-2w Paul Jones (Kennedy, LA) (23-7) 23-113/4w Darvin Malone (Castlemont, OSF) Vestee Jackson (McLane, C) 23-13/4W Ed Scott (Clairemont, SD) 22-81/2 W Gilbert Lee (Cleveland, LA) Mike Powell (Edgewood, S) no mark; Ron Mc-Coy (Edison, C) 3rd with 24-03/4 but disqualified for using a walkle-talkle with coach. Friday's qualifying: 1. Tave 25-3w; 2. Jones 24-9w; 3. Nelson 24-7w; 4. Scott 24-0w; 5. Malone 23-71/4; 6. Jackson 23-7w; 7. McCoy 23-6w; 8. Powell 23-3 4w; 9. Lee 23-3 4w; 10. Eric Thomas (Norte Del Rio, SJ) 23-2; 11. Vincent Cobb (Dorsey, LA) 23-01/4w; 12. Anthony McClendon* (University, SD) 22-61/4w; 13. Curtis Lickett (Lincoln, SD) 22-51/4; 14. Fred Covington (Fairfield, SJ) 22-23/4; 15. Avis Jones (Morningside, S) 22-21/4w; 16. Eric Norman (Johnson, SJ) 22-11/4; 17. Ron Thompson (St. Mary's, NC) 21-101/2; 18. Ron Young (Locke. LA) 21-93/w; 19. Kevin Knight (South, C) 21-91/2; 20. John Anderson (Willow Glen, CC) 21-9; 21. Rob McCorkel (Petaluma, NC) 21-8 34; 22. Jim Peoples (Silver Creek, CC) 21-41/4; 22. Steve Digner* (Las Lomas, NC) 21-41/4; 24. Michael Howe (North Riv., S) 20-93/4; 25. Ken Smith (Palo Alto, CC) 20-0.

MEN'S POLE VAULT

The vault was swept by athletes from the great Central Valley. Sophomore Doug Fraley (Clovis West) is the son of Fresno State coach Bob Fraley, who was honored by the CIF in the State Meet program.

1 Doug Wicks (South C)

Doug wicks (South, C)	15-2
Charles Chapman (Cordova, SJ)	14-8
Doug Fraley*** (Clovis West, C)	14-8
Mark Anderson (Buchser, CC)	14-2
Paul Peters (Villa Park, S)	14-2
Joe Sullivan (Washington, NC)	14-2
Rick Nelson (Helix, SD)	14-2
Brian Scott (Cordova, SJ)	13-8
riday Qualifying at 14-4 add: Marc	Rosellini
Simi Valley, S); Don Weckler* (W	estmont,
CC); Kevin Camara (Del Mar, C	C). Non-
qualifiers for final: Pete Marlo (Cesp	I, S) 14-0;
Vade Nichols (La Sierra, SJ) 14-0; R	ob Avant
Valhalla, SD) 14-0; Dien Giuliano (Sy	imar, LA)
4-0; Mark Mendoza (Banning, LA) 13	8-8; Scott
Christensen* (Acalanes, NC) 13-8; J	
Valhalla, SD) 13-8; Bryan Anderson (2	29 palms,
6) 13-8; Kelly Rodreguez (Sierra, C) 13	8-8; David
lyer (Winters, N) 13-4; Mike	
Chatsworth, LA) 13-4; Benci Zapate	
ington Park, LA) nh; Bill Malins (C	ovina, S)
ih.	The second

MEN'S TRIPLE JUMP

Ken Frazier (Mission, O/SF) set a new State Meet record of 52-4¼ in the trials. The old record was 51-½ by Dokie Williams (El Camino, Oceanside) in 1977. Frazier wanted to do well in this event to make up for the disappointment of not qualifying in the long jump.

1	Ken Frazier* (Mission, OSF)	50-103/4
2	Ed Tave (Muir, S)	49-83/4
3	Ken Taylor (Yerba Buena, CC)	49-01/2

Kennedy - Women's 1600 Meter Relay: (left to right) Annette Johnson, Denean Howard, Tina Howard, Kelly Cook.



Ken Williams* (Troy, S) Phillip Anderson® (Fremont, LA) 48-3 Paul Jones (Kennedy, LA) 47-101/4 Cornell Archie® (Fresno, C) 46-113/4 Rob Harrison (Eureka, NC) 46-91/2 Friday Qualifying: 1. Frazier 52-43/4; 2. Anderson 50-5w; 3. Jackson 49-10w; 4, Tave 49-7 3/4w; 5. Jones 49-0 3/4w; 6. Harrison 48-91/2; 7. Williams 48-51/2 w; 8. Taylor 48-1 %; 9. Archie 47-10w; 10. Larry Weldon* (Silver Creek, CC) 47-434; 11. Sherman Brooks (Serra, S) 47-334; 12. Curtis Johnson (Stagg, SJ) 47-1; 13. Greg Thompson (Mission San Jose, NC) 47-0; 14. Mike Harris (Marysville, SJ) 46-5; 15. Joe Sterl-Ing (Menio Atherton, CC) 48-3; 16. Heikki Herva (Marina, NC) 48-01/2; 17. Clay Hall* (Palm Springs, S) 45-11w; 18. Kevin Holmes* (Cleveland, LA) 45-10w; 19. Anthony Bedell (Pasadena, S) 45-81/2; 20. Bill Burbrow (Acalanes, NC) 45-5; 21. Anthony McClendon* (University, SD) 44-11w; 22. Steve Von Tuwgeln (Weed, N) 44-61/2; 23. Ed Saignes (Polytechnic) 44-1w; 24. Lionel Johnson (Franklin, SJ) 43-21/2.

WOMEN'S SHOT PUT

Sophomore Natalle Kaalawahla (Fullerton, S), the defending champion, broke the State Meet record twice and the national record. The old national record was 49-6½ by Susie Ray (Villa Park, S) in 1979. Natalie has a pending national mark of 52-4½. She won the competition by 5 feet 9 inches. Wendy Bradshaw (Saugus, S), the fifth leading qualifier, failed to qualify for the finals by one inch.

1 Natalie Kaalawahia** (Fullerton, S) 51-81/2
2 Debbie Corley (Garces, C) 45-111/2
3 Yolanda Fletcher (Crenshaw, LA) 45-71/2
4 Jacque Sheffield* (Eisenhower, S) 43-21/2
5 Loraine Costanzo (Saugus, S) 43-01/4
6 Laura DeSnoo (Washington, NC) 42-4
7 Patty Taylor (West Torrance, S) · 42-01/4
8 Amy Van Galder (Acalanes, NC) 41-9
9 Cindi Durchlag (San Carlos, CC) 40-11/4
Friday Qualifying: 1. Kaaiawahia 48-71/2; 2.
Corley 43-61/2; 3. Sheffield 43-5; 4. Costanzo
43-0; 5. Durschlag 42-4¾; 6. Fletcher 42-4; 7.
Taylor 42-2; 8. DeSnoo 41-6; 9. Van Galder
41-41/4; 10. Wendy Bradshaw* (Saugus, S)
41-31/4; 11. Sonia Yanez* (Garfield, LA) 40-8;
12. Jill Crisler* (Gunn, CC) 40-5; 13. Dot Jones
(Hilmar, SJ) 40-11/4; 14. Kim Childress (Locke,
LA) 39-111/2; 15. Betty Almo (Gridley, N)
39-111/4; 16. Jeanne Gallegos (Liberty, NC)
39-51/2; 17. Ann Phillips (Mira Loma, SJ) 39-2;
18. Michelle Neely (Vanden, SJ) 38-51/4; 19. Giá
Carrozzi (Carimont, CC) 37-8; 20. Sharon Pier-
son* (Tranquility, C) 37-534; 21. Lynette Colter
(RAncho Cotate, NC) 36-11; 22. Jane Johnson* (Valhalla, SD) 36-7%; 23. Tina
Ellis** (Fremont, OSF) 36-234; 24. Dorsey
Poulin* (Vista, SD) 35-101/2; 25. Lupe Robles*
(Woodlake, C) 35-71/2; 26. Kristi Hiatt (Poway,
SD) 34-6; 27. Melba Lawrence* (Monroe, LA)
34-434.

MEN'S SHOT PUT

John Frazier (Antelope Valley, S) and Dennis DeSoto (Santa Rosa, NC) went 1-2 as predicted. Ron Wolltarsky (Culver City, S) was surprised by qualifying ninth with a personal best of 58-1. He duplicated that effort in the finals to move up to seventh.

1 John Frazier (Antelope V., S)





photo by Bill Cockerham



Natalie Kaaiawahia - SP John Frazier - SP

61-6; 3. DeSoto 61-6; 4. Bartz 59-9½; 5. Sutro 59-8; 6. Rosati 59-7½; 7. Ili 59-2; 8. Maggard 58-8½; 9. Wolltarsky 58-1; 10. Brent Martin (Madera, c) 57-9½; 11. Kevin Mason (Castle Park, SD) 57-4½; 12. Craig Sutfin (Corning, N) 57-1; 13. Michale Alo (Banning, LA) 56-10½; 14. Tim Dunkin (South, C) 56-8½; 15. Sheldon Mackenzle (San Marcos, S) 54-5; 16. Mike Cimoli (Manteca, SJ) 53-11½; 17. Allen Graves (Cakdale, SJ) 53-91½; 18. Stave Josep (Desca (Desca Care)



Antonio Dobbins - DT Natalie Kaaiawahia - DT

WOMEN'S DISCUS

Laura DeSnoo (Washington, NC), the national leader, was upset by sophomore Natalle Kasiawahia (Fullerton, S), the only double winner in the State Meet. Natalle improved her season best from 147-7 to 162-10, the second best throw in the nation. Karen

Kennedy - Women's 1600 Meter Relay: (left to right) Annette Johnson, Denean Howard, Tina Howard, Kelly Cook.





Berkeley - Women's 400 Meter Relay: (left to right): Nedrea Rodgers, Robyne Johnson, Sharon Ware, Tanaya King.

43-0; 5. Durschlag 42-43/4; 6. Fletcher 42-4; 7. Taylor 42-2; 8. DeSnoo 41-6; 9. Van Galder 41-41/4; 10. Wendy Bradshaw* (Saugus, S) 41-31/4; 11. Sonia Yanez* (Garfield, LA) 40-8; 12. Jill Crisler* (Gunn, CC) 40-5; 13. Dot Jones (Hilmar, SJ) 40-11/4; 14. Kim Childress (Locke, LA) 39-111/2; 15. Betty Almo (Gridley, N) 39-111/4; 16. Jeanne Gallegos (Liberty, NC) 39-51/2: 17. Ann Phillips (Mira Loma, SJ) 39-2: 18. Michelle Neely (Vanden, SJ) 38-51/4; 19. Giá Carrozzi (Carlmont, CC) 37-8; 20. Sharon Pierson* (Tranquility, C) 37-534; 21. Lynette Colter (RAncho Cotate, NC) 36-11; 22. Jane Johnson* (Valhalla, SD) 36-734; 23. Tina Ellis** (Fremont, OSF) 36-234; 24. Dorsey Poulin** (Vista, SD) 35-101/2; 25. Lupe Robles* (Woodlake, C) 35-71/2; 26. Kristi Hiatt (Poway, SD) 34-6; 27. Melba Lawrence* (Monroe, LA)

MEN'S SHOT PUT

John Frazier (Antelope Valley, S) and Dennis DeSoto (Santa Rosa, NC) went 1.2 as predicted. Ron Wolltarsky (Culver City, S) was surprised by qualifying ninth with a personal best of 58-1. He duplicated that effort in the finals to move up to seventh.

1	John Frazier (Antelope V., S)	65-13/4
2	Dennis DeSoto (Santa Rosa, NC)	63-63/4
3	Randy Ariey (West Bakersfield)	60-93/4
4	Tim Sutro (Del Mar, CC)	60-11/2
5	Brent Bartz (Arcadia, S)	59-91/2
6	Junior III (Nogales, S)	59-23/4
7	Ron Wolitarsky (Culver City, S)	58-1
8	Paul Rosati (Acalanes, NC)	57-9
9	Dave Maggard (Acalanes, NC)	56-51/2
Fr	iday Qualifying: 1. Frazier 65-134;	2. Ariey

photo by Bill Cockerham



Berkeley - Men's 1600 Meter Relay: (left to right) Ulysee Walker, Pete Richardson, Walter Murray, Kenny Robinson.



Natalie Kaaiawahia - SP John Frazier - SP

61-6; 3. DeSoto 61-6; 4. Bartz 59-91/2; 5. Sutro 59-8; 6. Rosati 59-71/4; 7. III 59-2; 8. Maggard 58-81/2; 9. Wolltarsky 58-1; 10. Brent Martin (Madera, C) 57-91/2; 11. Kevin Mason (Castle Park, SD) 57-41/4; 12. Craig Sutfin (Corning, N) 57-1; 13. Michale Alo (Banning, LA) 56-101/2; 14. Tim Dunkin (South, C) 56-6 3/4; 15. Sheldon Mackenzie (San Marcos, S) 54-5; 16. Mike Cimoli (Manteca, SJ) 53-1114; 17. Allen Graves (Oakdale, SJ) 53-91/2; 18. Steve Jones (Dorsey, LA) 53-534; 19. Rodney Robinson (Await, CC) 52-634; 20. Keith Viartz (San Dieguito, SD) 51-111/2; 21. Brad Erin (Falibrook, SD) 51-4; 22. Dave Wright (Petaluma, NC) 51-3; 23, Bill Cunningham* (Reseda, LA) 50-41/2; 24. Ken Fowler (Bella Vista, SJ) 49-51/4; 25. John Almonetti* (Blackford, CC) 48-51/4; 26. Josh Johnson* (Fairfax, LA) 47-1034.



Antonio Dobbins - DT Natalie Kaaiawahia - DT

WOMEN'S DISCUS

Laura DeSnoo (Washington, NC), the national leader, was upset by sophomore Natalie Kaalawahia (Fullerton, S), the only double winner in the State Meet. Natalie improved her season best from 147-7 to 162-10. the second best throw in the nation. Karen Nickerson (Cordova, SJ), who placed second in the trials at 156-7, could only throw 134-10 in the finals for eighth place. Kaalawahla's series: 159-5, foul, 154-10, foul, 162-10, 160-4. DeSnoo's series: foul, 142-7, 158-1, 153-3, 148-8, foul. Sharon Pierson (Tranquillity, C) went from 144-7 on Friday to only 130-7 Saturday. Tranquillity, because of budget problems, does not take teams out of the San Joaquin Valley for meets and allows track practice only two days a week.

Natalie Kaaiawahia** (Fullerton, S) 162-10 Laura DeSnoo (Washington, NC) Cindy Durchslag* (San Carlos, CC) 141-9 Jacque Norton* (Mission Viejo, S) 140-4 Mary Dentinger (El Camino, SJ) 139-7 Cissy Laughlin (Torrey Pines, SD) 136-5 Susan Compton (Marian, SD) 135-2 Karen Nickerson (Cordova, SJ) 134-10 Sharon Pierson* (Tranquillity) 130-7 Friday Qualifying: 1. DeSnoo 167-1; 2. Nickerson 156-7; 3: Durchslag 155-6; 4. Laughlin 146-8; 5. Norton 146-6; 6. Pierson 144-7; 7. Compton 143-8; 8. Kaaiawahia 142-5; 9. Dentinger 142-1; 10. Andrea Kriva* (Burbank, S) 141-11; 11. Janet Whitney* (Fresno, C) 142-3; 12. Michelle Schoniger* (Anderson, N) 137-7; 13. Kim Shakir* (Clovis West, C) 136-9; 13. Cathy Norton (Oakmont, SJ) 136-9; 15. Laura Mills (University, S) 135-2; 16. Diane Oswalt (Los Gatos, CC) 133-5; 17. Diana Clements* (San Clemente) 130-0; 18. Dorsey Poulin** (Vista, SD) 130-6; 19. Vicki Dhont (Acalanes, NC) 128-3; 20. Sonia Yanez* (Garfield, LA) 123-5; 21. Cora Manaea** (Seaside, CC) 122-3; 22. Karen Moore (Terra Linda, NC) 120-9; 23. Cherie Schaeffer (Castro Valley, NC) 119-6; 24. Elandes Sherrils (Jordan, LA) 102-4.

continued on next page...

High School State Meet continued from previous page

MEN'S DISCUS

-Antonio Dobbins (Burroughs, S) won as expected. However, Chris Day (Montgomery, NC), who was not figured to score, moved from fifth in the trials to second. Both Day and John Berry (Northgate, NC) tied at 179-1, but Day won on a better second toss-177-2 to 169-7.

1	Antonio Dobbins (Burroughs, S) 180-10			
2	Chris Day (Montgomery, NC) 177-2 179-1			
3	John Berry (Northgate, NC) 169-7 179-1			
4	Tim Sutro (Del Mar, CC) 176-6			
5	Dan Westerfield (Capistrano V., S) - 175-0			
6	Brent Martin (Madera, C) 170-5			
7	Matt Gallo (Cent. Catholic, SJ) 164-10			
8	Kevin Jeffries (Newp. Harb. S) 163-4			
9	Wes Muller (Denair, SJ) 156-11			
100	iday Qualifying: 1. Dobbins 194-7; 2. Sutro			
	9-1; 3. Westerfield 186-8; 4. Berry 178-1; 5.			
	y 176-11; 6. Jeffries 176-1; 7. Gallo 174-10; 8.			
Martin 174-10; 9. Muller 168-6; 10. Oscar Gar-				
	* (Kingsburg, C) 167-7; 11. Chris Sweeney			
	apo Valley, S) 165-3; 12. Dennis DeSoto			
	anta Rosa, NC) 164-10; 13. Dan Katches*			
	ills, CC) 163-0; 14. Nathan Phillips (Beverly			
	lls, S)162-3; 15. Allen Graves (Oakdale, SJ)			
161-11; 16. Jack Eaton (Fallbrook, SD) 157-8;				
17. Ed Hotz (Fresno, C) 156-3; 18. Sal Moceri				
(Mission Bay, SD) 155-5; 19. John Almonetti*				
(Blackford, CC) 150-8; 20. Keith Kartz (San				
Die	eguito, SD) 150-7.			

WOMEN'S 400 RELAY

The Berkeley team of Tanaya King, Sharon Ware, Robyne Johnson and sophomore Nedrea Rodgers set a new national record of 45.13. The old record of 45.81 was set by Kennedy of Granada Hills at the 1980 State Meet. Kennedy, which won its heat, only finished eighth in the final because of a dropped baton.

1	Berkeley, NC (King, Ware	
	Johnson, Rodgers)	45.13
2	Dorsey, LA (Stewart, Peterson,	46 14

3 Muir, S (Brown, Bryant, Murray, Pullins) 46,92 DeAnza, NC (Brandon, Flanagan, 47.18 Rogers, Ward) Ganesha, S (Killbrew, McGraw, McNeal, Sellers) 47.28 Manual Arts, LA (Jackson, Munns, 47.31 Stewart, Holland) Morse, SD 48 84 8 Kennedy, LA 57.01 Garey, S did not run.

Friday Qualifying: Heat 1: 1. Dorsey 46.84; 2. Muir 46.91; 3. Morse, SD 48.33; 4. Northgate, NC 48.80; 5. Overfeit, CC 48.95; 6. West, S 49.07; 7. Cordova, SJ 49.19; 8. Edison, C 50.06. Heat 2: 1. Kennedy 46.70; 2. DeAnza 47.48; 3. Ganesha 47.63; 4. Westchester, LA 48.59; 5. Crawford, SD 48.70; 6. Thousand Oaks 48.93; 7. San Carlos, CC 49.10; 8. Clovis West 49.66; 9. Edison, SJ 50.30. Heat 3: 1. Berkeley 45.90; 2. Manual Arts 46.55; 3. Garey 47.15; 4. Castlemont, OSF 48.26; 5. Silver Creek, CC 48.95; 6. Casa Roble, SJ 48.98; 7. El Cerrito, NC 49.86; 8. Tulare, C 50.20; Vista, SD was disqualified.

MEN'S 400 RELAY

Dorsey's team of Kirk Williams, Gerald Boles, Fred Williams and Kelvin Jackson set a new State Meet record of 40.92 in heat two to edge Berkeley by .01. The old record was 41.0 by Wilson of San Francisco in 1973. Jackson sprinted by Berkeley anchor Walter Murray. In the final Berkeley captured the State Meet record with a fine 40.86 to win by 4/10ths of a second. Pasadena's team, which finished second in the Southern Section, failed to qualify because leadoff runner Travis Dancer false-started.

1	Berkeley, NC (McCree, Robinson,
	Walker, Murray) 40.86
2	Muir, S (Brown, Anderson, Mills,
	Mathis) 41.26
3	Dorsey, LA (Williams, Boles, Williams,
	Jackson) 41.49
4	Fremont, LA (Norse, Callahan, Beard,
	Stockton) 41.54
5	Oakland, OSF (Antwione, Jones, Nails,
	Porter) 41.58
6	Washington, LA (Allen, Cooper, Green,
	Walker) 41.60
7	Cordova, SJ (Harris, Callender, Wilhite,

Johnson)

8 Long Beach Poly, S (Howard, James, Person, Townsend) 42

Person, townsend) 42.45
Serra, S was disqualified - out of lane.
Friday Qualifying: Heat 1: 1. Oakland, OSF
41.71; 2. Washington, LA 41.78; 3. Long Beach
Poly, S 42.45; 4. St. Mary's, NC 42.71; 5. Independence, CC 42.76; 6. East Bakersfield, C
42.84; 7. Serra, SD 42.99; 8. Burbank, SJ 43.26;
Pasadena, S disqualified. Heat 2: 1. Dorsey,
LA 40.92; 2. Berkeley, NC 40.93; 3. Fremont,
LA 41.45; 4. Elsenhower, S 42.02; 5. San Diego,
SD 42.38; 6. Carlmont, CC 42.75; 7. South
Bakersfield, C 42.94. Heat 3: 1. Mulr, S 41.43;
2. Serra, S 41.93; 3. Cordova, SJ 42.19; 4. Crenshaw, LA 42.45; 5. Edison, C 42.70; 6.
Hillsdale, CC 42.80; 7. Mira Mesa, SD 43.26; 8.
San Ramon, NC 43.41.

WOMEN'S 1600 RELAY

The Kennedy (LÁ) team of Tina Howard 54.2, junior Kelley Cook 57.4, junior Annette Johnson 55.3; and junior Denean Howard 50.8, set a new national record of 3:37.71. The old record of 3:37.98 was set by Kennedy in the 1980 State Meet. Junior Carla Johnson (Manual Arts, LA) anchored her team to second in 53.9. Sophomore Nedrea Rodgers anchored Berkeley to third in 54.26. Half-miler Louise Romo brought North Torrance from 6th to 4th in 54.7.

OLI	1 10 4111 111 34.7.	
1	Kennedy, LA (Howard, Cook,	
	Johnson, Howard)	3:37.71
2	Manual Arts, LA (Holland, Wright,	
	Jackson, Bonty)	3:39.07
3	Berkeley, NC (Rice, King,	
	Johnson, Rodgers)	3:41.33
4	North Torrance, S (Gomez, Kishiya	ma,
	Romo, Saito)	3:47.11
5	Dorsey, LA	3:47.66
6	Crawford, SD (Lawson, Taylor,	
	Johnson, Scott)	3:49.27
7	Fallbrook, SD	3:53.74
8		3:55.00
9	Ganesha, S	3:58.20
	day Qualifying: Heat 1: 1. Berkeley	
	Thousand Oaks 3:54.23; 3. Fa	
	7,01; 4. Seaside, CC 3:59.95; 5. Case	
	4:00.69; 6. Castro Valley, NC 4:0	
	va, N 4:08.80; Locke, LA was disqu	
	at 2: 1. Manual Arts 3:41.07; 2. G	
	2.19; 3. Crawford 3:52.22; 4. Came	
3:5	6.02; 5. Bullard, C 4:01.43; 6. Mira	monte,

NC 4:06.88; Silver Creek, CC and Cordova, SJ were disqualified. Heat 3: 1. Kennedy 3:40.76; 2. Dorsey 3:48.58; 3. North Torrance 3:49.76; 4. Morse, SD 3:50.81; 5. Walnut, S 3:54.61; 6. Carlmont, CC 3:57.04; 7. Johnson, OSF 3:58.89; 8. Alhambra, NC 3:58.92; 9. North Bakersfield, C 4:04.14.

MEN'S 1600 RELAY

The Berkeley team of Ulysee Walker 48.62, Pete Richardson 46.64, Walter Murray 47.26, and Kenny Robinson 46.42, set a new national record of 3:08.94. The old record of 3:10.37 was set by Centennial in the 1980 State Meet. This is the first time since Dedy Cooper anchored Elis of Richmond to victory in 1975 that a Northern California team has won this event. David Timmons (Oakland), the 400 winner, anchored his team to fifth in 45.8. Leonard Graham (Centennial, S), the 400 runnerup, anchored his team in 46.5. Other outstanding legs included: Victor Townsend (Long Beach Poly, S) 46.8, Ron Brown (Muir, S) 46.9, and Troy Delemar (Pasadena, S) 46.9.

46.9, and Troy Delemar (Pasadena, S) 46.9.					
	1	Berkeley, NC (Murray, Walker,			
		Langerston, Richardson)	3:08.94		
	2	Long Beach Poly, S (Atkinson, Ho	ward		
		Person, Townsend)	3:11.10		
	3	Centennial, S (Graham, Jones,			
		Pinchback, Ware)	3:11.81		
	4.	Muir, S (Brown, Carroll,			
		Mathis, Anderson)	3:12.45		
	5	Oakland, OSF (Flowers, Nails			
		Timmons, Williams)	3:12.54		
	6	Pasadena, S (Catiman, Boyd,			
		Lawson, Joseph)	3:12.64		
		Washington, LA	3:14.57		
		Crenshaw, LA	3:16.20		
		Cordova, SJ	3:17.39		
		iday Qualifying: Heat 1: 1. Muir 3:			
		ashington, LA 3:16:31; 3. Oaklan			
		16.40; 4. Compton, S 3:18.53; 5. Milp 22.33; 6. Norte De Rio, SJ 3:23.00;			
		ond, NC 3:23.23; 8. West Bakers			
		24.27. Heat 2: 1. Long Beach Poly, S			
		Pasadena 3:14.79; 3. Cordova, SJ 3:			
		cke, LA 3:17.31; 5. St. Mary's, NC 3:			
		othill, C 3:20.94; 7. Patrick He			
		2.53; 8. Palma, CC 3:23.85; 9. Con			
		0.78. Heat 3: 1. Berkeley, NC 3:			
1	Ce	ntennial, S 3:13.75; 3. Crensh	aw, LA		
1			and the same of th		

3:15.21; 4. Fremont, LA 3:19.15; 5. In-

dependence, CC 3:19.18; 6. Edison, C 3:22.59; 7. El Cerrito, NC 3:23.39; 8. Vacaville, SJ 3:24.42; 9. Mt. Carmel, SD 3:25.41.

TEAM SCORING

MEN Berkeley 58

Berkeley won the team championship for the second straight year, and thus became the sixth school in the history of the State Meet to win back-to-back championships. This is the third team title for Berkeley as they also won in 1957. They had five first places and one second for 58 points. No other school had more than one first place. Two other teams have had five first places in a State Meet: Glendale 1927 (Frank Wykoff won three events), and Jefferson, LA 1950. Berkeley's point total is the fourth highest in State Meet history. Using a common 5-3-2-1 scoring system the top four teams are: Manual Arts, LA 1916 371/2; Jefferson, LA 1950 35; Glendale 1927 30; and Berkeley 1981 28. Muir was second with 40 and Cordova was third with 26.

100	1st	10
200	2nd	8
800	1st	10
300LH:	1st	10
400R	1st	. 10
1600R	1st	10
BERKELE	4	58

Berkeley won the team champlonship with 64 points. This is their third title in the eight years of competition for women. They had three first places, one second, three thirds, one fourth and two fifths. This is the first time that one school has won both titles. Berkeley scored in seven of the fourteen events! Kennedy (LA), was second with 36, and Dorsey (LA) was third with 28.

(D) was till	With Eo.	
100	1st, 5th	1:
200	3rd	6
100H	1st, 3rd	10
300LH ·	2nd	8
400R	1st	10
1600R	3rd	6
LJ '	4th, 5th	6
BERKELEY		6

CIF

SECTION MEETS

California is divided into 10 CIF sections. Each of these sections has a championship meet which determines the qualifiers for the State Meet from that section. This year the Oakland and San Francisco Sections combined, so there were nine qualifying meets. Thanks to Prep Editor Keith Conning as well as Howard Willman, Doug Speck and Jeff Rigdon for gathering this information.

 Lori Shanoff (Petaluma) 10:47.9; 4. Mary Brennan (Marin Catholic) 10:50.3.

Shot put — 1. Laura DeSnoo (Washington-Fremont) 40-6/4; 2. Amy Van Glader (Acalanes) 42-1/2; 3. Lynette Colter (Rancho Cotati) 38-6/4; 4. Jeanne Gallegos (Liberty-Union City) 38-3/2.

400 relay — 1. Berkeley (King, Ware, Johnson, Rodgers) 46.3 (North Coast Section record, old mark 47.4, De Anza, 1980); 2. De Anza, 47.6; 3. Northgate, 48.4; 4. El Cerrito, 49.4.

900 — 1. Jessica Soies (Livermore) 2:99 (2) (North Coest Section record, 3 id mark 2:11.0, Martin Davis, Miramonte, 1980). 2. Marilyn Davis (Miramonte) 2:11.6; 3. Donice Johnson (Berkeley) 2:152, 4. Missy Moore (Piedmont) 2:15.6.

High iump — 1. Maggie Van Zeeland (Acqianes) 511 (North Coast Section record; old mark 5-10, Lisa Greenfield, Redwood, 1980). 2. Debbie Distrow (Granada) 5-5; 3.

Tim Stevens (Turlock) 1:54.7. 1600: 1. Jeff Scott (El Camino) 4:14.0; 2. Rusty Knowles (Vacaville) 4:16.5; 3. Dan Morse (Bella Vista) 4:20.5. 3200: 1. Harold Kuphaldt (Bella Vista) 9:12.2; 2. Gary Whaler (Placer) 9:19.6; 3. John Hansen (El Dorado) 9:24.1. 110 HH: 1. Bryan Bolton (Burbank) 14.06; 2. John Brunell (Bella Vista) 14.65; 3. Stuart Taylor (Grace Davis) 14.76. 300 LH: 1. Eddle Mayes (Vacaville) 36.9; 2. Jeff Cox (Bret Harte) 37.0; 3. Malcolm Hardy (Vanden) 37.4. 400 Relay: 1. Cordova 41.91; 2. Norte Del Rio 42.80; 3. Burbank 43.42. 1600 Relay: 1. Cordova 3:17.4; 2. Norte Del Rio 3:19.1; 3. Vacaville 3:19.5. SP: 1. Mike Cimoli (Manteca) 59-01/2; 2. Allen Graves (Oakland) 58-7; 3. Ken Fowler (Bella Vista) 54-5. DT: 1. Matt Gallo (Central Catholic) 178-11; 2. Wes Muller (Denair) 166-6; 3. Allen Graves (Oakdale) 154-4. PV: 1. Charles Chapman (Cordova) 15-0; 2. Brian Scott (Cordova) 14-6; 3. Wade Nichols (La Sierra) 14-0. HJ: 1. Andy

. 880 — 1. Shelby Flowers (Oakland) 1:59.0; 2. Marcus Tarl (Lowell) 2:02.1, 3. Peter Kirk (Lincoln) 2:03.0

100 — 1. George Ervin (Castlemont) 9.7, 2. Geraid White (McClymonds) 9.8, 3. Alex Mack (Lowell) 9.9.

120 HH -- 1. Russell Johnson (Mission) 14.2; 2. Daryl McCoy (Balboa) 14.4; 3. Keith 1. Scott (Tech) 14.4.

Two miles — 1. Mike Sowell (Lowell) 9:43.5; 2. Theo Cedar (Skyline) 9:51.6; 3. Miguel Bariones (Oakland) 9:55.0.

440 — 1. David Timmons (Oakland) 47.5, 2. Angelo McNeii (Gailleo) 48.1; 3. Anre Williams (Oakland) 48.3. 220 — 1. Gerald White (McClymonds) 21.2,

2. George Ervin (Castlemont) 21.3; 3. Lamont Horston (Fremont) 21.7. 330 LH — 1. Robert Howard (Fremont) 37.5; 2. Darvi McCoy (Balboa) 38.1; 3. Ramet

Washington (Oakland) 38.1.
Mile — 1. Mike Sowell (Lowell) 4:27.6; 2.
John Young (Oakland) 4:29.0; 3. Joseph Irving

(Fremont) 4:31.0.

Long jump - 1, Ron Themoson (St.

eighth in the final because of a dropped

Berkeley, NC (King, Ware Johnson, Rodgers)

45.13 Dorsey, LA (Stewart, Peterson, Hunter, Dawkins) 46.14

Stockton Oakland, OSF (Antwione, Jones, Nails, Porter)

Washington, LA (Allen, Cooper, Green, 6 Walker) Cordova, SJ (Harris, Callender, Wilhite,

Johnson)

2. Thousand Oaks 3:54.23; 3. Fallbrook 3:57,01; 4. Seaside, CC 3:59.95; 5. Casa Roble, SJ 4:00.69; 6. Castro Valley, NC 4:00.82; 7. Nova, N 4:08.80; Locke, LA was disqualified. Heat 2: 1. Manual Arts 3:41.07; 2. Ganesha 3:52.19; 3. Crawford 3:52.22; 4. Camarillo, S 3:56.02; 5. Bullard, C 4:01.43; 6. Miramonte,

Locke, LA 3:17,31; 5, St. Mary S, NC 3:17.90; 0. Foothill, C 3:20.94; 7. Patrick Henry, SD 3:22.53; 8. Palma, CC 3:23.85; 9. Corning, N 3:30.78. Heat 3: 1. Berkeley, NC 3:12.10; 2. Centennial, S 3:13.75; 3. Crenshaw, LA 3:15.21; 4. Fremont, LA 3:19.15; 5. In300LH 2nd 1st 10 400R 1600R 3rd 6 LJ 4th, 5th 6 BERKELEY 64



SECTION MEETS

Northern Section

MEN- Pole Vault: David Hyer (Winters) 13-6. Discus: Duane Parker (Enterprise) 151-9. Long Jump: Carl Nelson (Las Plumas) 21-81/2. Triple Jump: Steve Von Tuwgeln (Weed) 45-51/2. Shot Put: Craig Sutfin (Corning) 55-8. High Jump: Paul Weber (Shasta) 66-4. 400 Relay: Chico 43.55. 800: Mark Bates (Lassen) 1:56.9. 100: Carl Nelson (Las Plumas) 10.97. 110 Hurdles: Neil Hazelton (Oroville) 14.89. 3200: Don Merwin, Jr. (Hayfork) 9:37.3. 400: Monty Hansen (Corning) 49.75. 200: David Pulice (Shasta) 22.85. 300 Hurdles: Darren Semore (Enterprise) 38.9. 1600: Brian Butterfield (Lassen) 4:24.75. 1600 Relay: Corning 3:27.25.

WOMEN- Long Jump: Jenny Stumpf (Esparto) 16-111/2. Shot Put: Betty Almo (Gridley) 40-81/2. Discus: Michelle Schoniger (Anderson) 132-6. High Jump: Jill Silva (Pleasant Valley) 5-5. 100 Hurdles: Debby Damron (Pierce) 15.2. 3200: Kathy Dolan (Shasta) 12:02.7. 400 Relay: Chico 50.8. 800: Dawn Vance (Modoc) 2:19.6, 100: Diane Osborn (Red Bluff) 12.45. 400: Donna Martin (Nova) 59.0. 200: Dori Parker (Shasta) 25.65. 300 Hurdles: Jill Silva (Pleasant Valley) 47.05. 1600: Jennifer Korte (Pleasant Valley) 5:21.78. 1600 Relay: Nova 4:07.25.

North Coast Section Meet of Champions

BOYS

Discus - 1. John Berry (Northgate) 187-5; 2 Dennis DeSoto (Santa Rosa) 178-1; 3, Chris Day (Mortgomery) 1749; 4. Mike Ostrum (Las Lomas; 166-10.

400 relay - 1. Berkeley (McCree, Robinson, Walker Murrays, \$1.5; 2.5t. Mary's \$2.5. 3. San Ramon. Q I, 4. San Rafaer. Q.Z.

Pole var.it - 1 Joe Fullivan Washington Fremunt) 14-9, 2, Scott Christensan (Aca-anes) 13-6, 3 Tim W.E-ov - Peraiuma: 13-0: 4, Kevin. Renn (Vontgorder /: '34.

Shor out - 1. Dennis Debuto : Santa Rosa) 63-54; 2. Paul Rosai, (Acaianes; 50-1%: 3. Dave Maggard, Jr. (Acalanes; 59-10%; & Dave Wright (Petaluma) 55-234.

California is divided into 10 CIF sections. Each of these sections has a championship meet which determines the qualifiers for the State Meet from that section. This year the Oakland and San Francisco Sections combined, so there were nine qualifying meets. Thanks to Prep Editor Keith Conning as well as Howard Willman, Doug Speck and Jeff Rigdon for gathering this information.

Long jump - 1. Ron Thompson (St. Mary's) 23-11 aw; 2. Steve Degner (Las Lomas) 22-9w; 3. Rob McCorket (Petaluma) 22-3w; 4. Ropbie Harrison (Eureka) 21-6'-zw

100 - I. Kenny Robinson (Berkeley) 10.7; 2. Walter Murray (Berkeley) 10.9: 3. Lenny Davis (Pittsburg) 11.0; 4. Stoney McCree (Berketey) 11.0.

110 HH - 1, Mark Boyd (St. Marv's) 146: 2. John Ayres (Salesian-Richmond) 14.7; 3. Jeff Johnson (Peraiuma) 14.8; 4. Roo Harrison (Eurexa) 14.8.

800 - 1. Pete Richardson (Berkeley) 1:51.5; 2. Dave Rocriguez (Montgomery) 1:53.4; 3. David Robinson (Amagor Vailey) 1:54.2.; 4. Johnnie Langerston (Berkeley)

3.200 - 1. Jay Marden (Mission San Jose-Fremont 8:58.6, 2 Dave Shea (Castro Valley) 9-057 3 Brian Apsaire (De Anza) 9:12.0: 4. Aubrey Wilson (Berkeley) 9:14.2.

400 - 1. Chris Prietto (De La Salle) 47.9; 2. Utvsee Walker Berkeley) 47.9: 3. John Zunino (Redwood) #8.0; 4. Johnnie Langerston (Berke-

200 - 1. Kenny Rooinson (Berkeley) 21.9; 2. Tony Josefin (St. Mary's) 22.0; 3. Stoney McCree (Berkeley) 22.1; 4. David Hart (Pittsburg) 22.4. (Wind 3.83 against).

300 LH - 1. Walter Murray (Berkeley) 36.8; 2. John Avers (Salesian-Richmond) 37.3; 3. Jeff Jonnsdri (Petaiuma) 37.3; 4. Torn Hoban (Foothill-Livermore) 37.3.

High jump - I. Ken Malvino (Redwood) 6-8; 2. John Budge (Piedmont) 66; 3. Dean Shorno (Bishop O'Dowd) 6-6; 4. Dave Swanson (Analy-Santa Rosa) 6-6.

1600 - 1. Jay Marden (Mission San Jose-Fremont) 4:17.6; 2. Dave Shea (Castro Valley) 4:21.3; 3. Dan Caldwell (Drake) 4:22.2; 4. Jim Fisher (De La Saile) 4:23.2.

Triple jump - 1. Robbie Harrison (Eureka) 47-81-aw; 2. Greg Thompson (Mission San Jose Fremont) 47-32-w; 3. Heikki Herva (Marina-Hayward) 46-41kw; 4. Bill Durbrow (Acalanes) 46-31-4.

1600 relay - 1. Berkeley (Langerston, Richardson, Murray, Walker) 3:11.7, 2. St. Mary's, 3:17.9; 3. Richmond, 3:21.0; 4. El Cerrito, 3:21.1.

GIRLS

100 LH - 1. Val Flemings (Northgate) 14.1; 2. Sherifa Sanders (Berkeley) 142; 3. Ruth Whitenead (Berkeley) 14.6; 4. Robyne Johnson (Berkeley) 14.6.

3,200 - 1. Karin Lambden (Castro Valley) 10:37.7; 2. Marcia White (Miramonte) 10:44.5;

3. Lori Shanoff (Petaluma) 10:47.9; 4. Mary Brennan (Marin Catholic) 10:50.3.

Shot put - 1. Laura DeSnoo (Washington-Fremont) 43-61/4; 2. Amy Van Glader (Acalanes) 42-1/2; 3. Lynette Colter (Rancho Cotati) 38-8/4; 4. Jeanne Gallegos (Liberty-Union City) 38-31/2.

400 relay - 1. Berkeley (King, Ware, Johnson, Rodgers) 46.3 (North Coast Section record, old mark 47.4, De Anza, 1980); 2. De Anza, 47.5; 3. Northgate, 48.4; 4. El Cerrito,

900 - 1. Jessica Spies (Livermore) 2:09 0; (North Coast Section record; via mark 2:11.0, Martin Davis, Miramonte, 1980); 2. Marilyn Davis (Miramonte) 2:11.6; 3. Donice Johnson (Berkeley) 2:152, 4. Missy Moore (Piedmont) 2:15.6.

High jump - 1. Maggie Van Zeeland (Acaianes) 5-11 (North Coast Section record; old mark 5-10, Lisa Greenfield, Redwood, 1980); 2. Debbie Disbrow (Granada) 5-5; 3. Cheryl Bishop (Berkeley) 54; 4. Allison Crist (Sunset-Hayward) 5-4.

100 - 1. Sharon Ware (Berkeley) 11.9; 2. Nedrea Rodgers (Berkeley) 12.1; 3. Valerie Spence (San Lorenzo) 12.3; 4. Tanaya King (Berkeley) 12.3. (Wind 3.2 against).

400 - 1. Valerie Spence (San Lorenzo) 55.1; 2. Lana Rice (Berkeley) 55.5; 3. Jessica Spies (Livermore) 56.4; 4. Tanaya King (Berkeley)

200 - 1. Sharon Ware (Berkeley) 24.8; 2. Jeanette Branson (De Anza) 25.1; 3. Julie Hansen (Acaianes) 25.7; 4. Diane Robinson (Amador Valley) 25.9.

Discus - 1. Laura DeSnoc (Washington-Fremont) 16He (North Coast Section record; old mark 158-4. DeSnoc, 1981); 2. Vickie Dhant (Acaianes) 1247; 3. Cherie Schaefer (Castro Valley) 128-7; 4. Karen Moore (Terra Linda)

Long jump - 1. Robyne Johnson (Berkeley) 19-9w; 2. Brenoa Bertillion (Sunset-Hayward) 18-10 w; 3. Maggie Van Zeeland (Acaianes) 18-7w; 4. Yvette Bates (Berkeley)

300 LH - 1. Sherita Sanders (Berkeley) Q.9; 2. Valerie Flemings (Northgate) 44.0; 3. Lynn Bevan (Miramonte) 442, 4. Kathy Halpin (Livermore) 4L2.

1600 - 1. Marityn Davis (Miramonte) 5:00.2; 2. Katy Dyksira (Drake) 5:01.1; 3. Laurie Hollingworth (Piner-Santa Rosa) 5:01.2; 4. Mary Gaffield (El Cerrito) 5:04.2.

1600 relay - 1. Berkeley (Roopers. Kipg. Rice, Ware) 3:49.0; 2. Miramonte, 3:54,6; 3. Alhambra-Moraga, 3:57.1; 4. Castro Valley,

Sac-Joaquin Section

MEN: 100: 1. Kevin Willhite (Cordova) 10.46; 2. Bryhan Browne (San Juan) 10.80; 3. Kenny Butler (Norte Del Rio) 11.00. 200: 1. Kevin Willhite (Cordova) 21.01; 2. Kenny Butler (Norte Del Rio) 22.22; 3. Joe Ellis (Grant) 22.70. 400: 1. Eric Thomas (Norte Del Rio) 49.25; 2. Eugene King (Vallejo) 49.28; 3. Andre Calvin (Johnson) 49.55. 800: 1. John Odell (Vintage) 1:53.8; 2. Patrick McCrustle (Jesuit) 1:53.8; 3.

Tim Stevens (Turlock) 1:54.7. 1600: 1. Jeff Scott (El Camino) 4:14.0; 2. Rusty Knowles (Vacaville) 4:16.5; 3. Dan Morse (Bella Vista) 4:20.5, 3200; 1. Harold Kuphaldt (Bella Vista) 9:12.2; 2. Gary Whaler (Placer) 9:19.6; 3. John Hansen (El Dorado) 9:24.1. 110 HH: 1. Bryan Bolton (Burbank) 14.06; 2. John Brunell (Bella Vista) 14.65; 3. Stuart Taylor (Grace Davis) 14.76, 300 LH: 1. Eddle Mayes (Vacaville) 36.9; 2. Jeff Cox (Bret Harte) 37.0; 3. Malcolm Hardy (Vanden) 37.4. 400 Relay: 1. Cordova 41.91; 2. Norte Del Rio 42.80; 3. Burbank 43.42. 1600 Relay: 1. Cordova 3:17.4; 2. Norte Del Rio 3:19.1; 3. Vacaville 3:19.5. SP: 1. Mike Cimoli (Manteca) 59-01/2; 2. Allen Graves (Oakland) 58-7; 3. Ken Fowler (Bella Vista) 54-5. DT: 1. Matt Gallo (Central Catholic) 178-11; 2. Wes Muller (Denair) 166-6; 3. Allen Graves (Oakdale) 154-4. PV: 1. Charles Chapman (Cordova) 15-0; 2. Brian Scott (Cordova) 14-6; 3. Wade Nichols (La Sierra) 14-0. HJ: 1. Andy Williams (Vacaville) 6-10; 2. Stanley Farrar (Encina) 6-10; 3. Patterson (Cordova) 6-8. LJ: 1. Eric Thomas (Norte Del Rio) 23-5; 2. Fred Cov-Ington (Fairfield) 22-11; 3. Eric Norman (Johnson) 22-81/4. TJ: 1. Curtis Johnson (Stagg) 47-81/2; 2. Lionel Johnson (Franklin) 47-334; 3. Mike Harris (Marysville) 47-234. WOMEN: 100: 1. Karen Schaefer (Central

Catholic) 12.04w; 2. Monica Taylor (Grant) 12.24: 3. Brenda Thompson (Stagg) 12.38. 200: 1. Karen Schaefer (Central Catholic) 24.83; 2. Monica Taylor (Grant) 25.14; 3. Yolanda King (Roseville) 25.87. 400: 1. Basheba Gilmore (Johnson) 57.56; 2. Kim Donaldson (Merced) 57.65; 3. Lisa Lofton (Foothill) 57.89. 800: 1. Jill Moss (Bella Vista) 2:15.5; 2. Maura Bookout (La Sierra) 2:18.0; 3. Tami Anderson (Beyer) 2:18.2. 1600: 1. Shelly Nieto (Merced) 5:07.0; 2. Laurie Bushling (Yuba City) 5:07.63; 3. Martin (Casa Roble) 5:09.77. 3200: 1. Renee Martin (Casa Roble) 10:59.0; 2. Stacey McAfee (Del Oro) 11:00.52; 3. Jon! Mooney (Jepson) 11:01.58. 100H: 1. Kelly Hunt (Lincoln) 14.37; 2. Laura Schaefer (Central Catholic) 14.66; 3. Donna Moore (Cordova) 14.69. 300LH: 1. Laura Day (Casa Roble) 44.0; 2. Natalie Day (Casa Roble) 44.37; 3. Kelly Hunt (Lincoln) 44.64. 400 Relay: 1. Cordova 48.79; 2. Casa Roble 49.05; 3. Edison 49.23. 1600 Relay: 1. Casa Roble 3:53.7: 2. Cordova 3:57.37: 3. Johnson 3:57.94. SP: 1. Dot Jones (Hilmar) 42-11/2; 2. Ann Phillips (Mira Loma) 41-91/2; 3. Michelle Neely (Vanden) 40-81/2, DT: 1. Karen Nickerson (Cordova) 143-10; 2. Mary Dentinger (El Camino) 140-10; 3. Cathy Norton (Oakmont) 135-8. HJ: 1. Karen Lysaght (St. Francis) 5-6; 2. Sheri Moreford (Foothill) 5-6; 3. Jenny Linderman (Sonora) 5-6. LJ: 1. Debbie Blackwell (Fairfield) 18-3; 2. Natalie Day (Casa Roble) 18-1; 3. Stacey Green (Valley) 18-03/4.

Oakland and San **Francisco Sections**

BOYS 410 relay - 1. Oakland (Porter, Jones, Nails, Antwine) 41.7; 2. Castlemont 42.4; 3. Washington 42.5.

880 - 1. Shelby Flowers (Oakland) 1:59.0: 2. Marcus Tart (Lowell) 2:02.1, 3. Peter Kirk (Lincoln) 2:03.0

100 - 1. George Ervin (Castlemont) 9.7, 2. Geraid White (McClymonds) 9.8; 3. Alex Mack (Lowell) 9.9.

120 HH -- 1. Russell Johnson (Mission) 14.2; 2. Daryl McCoy (Balboa) 14.4; 3. Keith ! Scott (Tech) 14.4.

Two miles - 1. Mike Sowell (Lowell) 9:43.5; 2. Theo Cedar (Skyline) 9:51.6; 3. Miguel Bariones (Oakland) 9:55.0.

440 - 1. David Timmons (Oakland) 47.5, 2. Angelo McNeil (Galileo) 48.1; 3. Anre Williams (Oakland) 48.3.

220 - 1. Gerald White (McClymonds) 21.2, 2. George Ervin (Castlemont) 21.3; 3. Lamont Horston (Fremont) 21.7

330 LH - 1. Robert Howard (Fremont) 37.5; 2. Daryl McCoy (Balboa) 38.1; 3. Ramet ,Washington (Oakland) 38.1.

Mile - 1. Mike Sowell (Lowell) 4:27.6; 2. John Young (Oakland) 4:29.0; 3. Joseph Irving (Fremont) 4:31.0.

Mile relay - 1. Oakland (Nails, Williams, Flowers, Timmons) 3:17.3; 2. McClymonds, 3:26.1; 3. Galileo, 3:26.8.

Shot put - 1. Joe Drake (Galileo) 54-0; 2. Terry McDonald (Castlemont) 53-7-4, 3. Dar-1 rell Breazell (Galileo) 51-034.

Long jump - 1. Darvin Malone (Castlemont; 25-1134; 2. Ken Frazier (Mission) 23-612. 3. Romulus Briggs (Skyline) 22-11-2.

High jump - 1. Maurice Crumby (Balboa) 68; 2. Romulus Briggs (Skyline) 64; 3. James McClanahan (Galileo) 6-2.

Pole vault - 1. James McClanahan (Galileo) 14-0; 2. Paul Clancy (Skyline) 11-6; 3, Zack Wheeler (Galileo) 11-0.

Triple jump - 1. Ken Frazier (Mission) 49-5; 2. Pat Riley (Skyline) 46-9; 3. Nate Banks (Balboa) 42-9.

Discus - 1. James Salanda (150-4); 2. John Halsey (Washington), distance not available, 3. Tom Halsey (Washington), distance not avail-

GIRLS 110 LH - 1. Natalie Spinks (Skyline) 14.7, 2. Kimberly Smith (Balboa) 16.7; 3. Tudi Allen (Lowell) 16.8.

Two mile - 1. Marta McLeod (Skyline) 12:18.5; 2. Liz Brown (Lowell) 12:33.6; 3. Lisa Lee (Skyline) 13:24.4.

440 relay - 1. Castlemont (Lathan, Turrentine, Flippin, Jenkins) 47.9; 2. Mission, 49.4; 3. Fremont, 50.6.

880 - 1. Jenny Ray (Oakland) 2:19.0; 2., Laura Chalcraft (Galileo) 2.24.0; 3. Cindy Woo (Lowell) 2:24.5.

100 - 1. Sheridan Jenkins (Castlemont) 11.0, 2. Delisa Lynch (Tech) 11.1, 3. Tasha

Bradford (Mission) 11.2. 440 - 1. Donna Graham (Lowell) 59.0; 2. Dana Faulkner (Skyline) 60.5; 3. Kathy Ray

(Oakland) 60.5. 220 - 1. Delisa Lynch (Tech) 24.9; 2. Nichelle McGuire (Skyline) 25.2; 3. Lisa Curry

(Mission) 26.0. 330 LH - 1. Angelique Rush (Balboa) 45.2. 2. Natalie Spinks (Skyline) 45.6; 3. Tudi Allen

(t owell) 45 9 Mile - 1. Jenny Ray (Oakland) 5:23.5; 2. Cindy Woo (Lowell) 5:30.8; 3. Jennifer Byrens

(Skyline) 5:31.4. Mile relay - 1. Castlemont (Jenkins,

Flippin, Lathan, Jackson) 4:06.1; 2. Wilson 4:06.2; 3. tie between Skyline, Lowell and Galileo, all no time.

Shot put - 1. Tina Ellis (Fremont) 33-714, 2. Malue Tupuloa (Balboa) 33-5; 3. Terry Moser (Skyline) 31-9.

Long jump - 1. Janice Padmore (Galileo) 18-1; 2. Rhonda Lockhart (Skyline) 18-0, 3. Nyassa Love (Oakland) 17-014.

High jump - 1. Amy Brewer (Skyline) 50: Jackie Mitchell (Mission) 50; 3. Donna Graham (Lowel.) 4-8.

Discus - 1. Yolanda Graves (Lincoln) 96-4; 2. Maloe Tupuloa (Balboa), distance not available; 3. Sandra Roberts (Galileo), distance not available.

Central Coast Section

At San Jose City College **Boys Varsity**

Team scores - 1. Independence 40; 2 Yerba Buena 30; 3. Del Mar 28; 4. (Tie) Palo Alto, Gilroy 24; 6. Westmont 23; 7. (Tie) Gunderson, Willow Glen, Milpitas, Hillsdale 22; 11. Silver Creek 18; 12. (Tie) Buchser, Westmoor 15; 14. Menio Atherton 14: 16. (Tie) Blackford, R.L. Stevenson 12 18. (Tie) Bellarmine, North Salinas, Palma 11; 21. (Tie) Andrew Hill, Los Gatos Hollister 10; 24. Woodside 9; 25. (Tie) Awalt, Carlmont, Gunn, Mills, Prospect 8; 30. (Tie) Sequoia, Leigh 6, 33. (Tie) Monta Vista, Oceana 4; 35. Serramonte 3; 36 Leland, San Lorenzo Valley 2; 38. (Tie) Lynbrook, Mt. Pleasant, Monterey, Serra. Santa Clara 1.

HJ - 1. T.J. Bartel (Westmont) 6-7; 2. Raines (Yerba Buena) 6-7: 3. Dupree (Menio-Atherton) 6-7.

LJ - 1: Smith (Palo Alto) 22-11/4; 2 Peoples (Silver Creek) 22-712; 3. Anderson (Willow Gien) 22-51-4.

SP - 1. Sutro (Del Mar) 61-11'2, 2 Robinson (Awalt) 56-5; 3. Aimonetti (Blackford) 55-5.

Discus - 1. Sulro (Del Mar) 182-912; 2. Ratches (Mills) 174-512; 3. Aimonetti (Blackford) 172-111/4.

800 meters — 1. Woods (Milpitas) 1:53.8; 2. Gibbs (Gunn) 1:54.7; 3. Saunders

(Bellarmine) 1:54.8. 440 relay -- 1. Independence 42.7; 2. Hillsdale 42.79; 3. Carlmont 43.12.

100 meters - 1. Grimes (Hill) 10.81; 2. Chow (Prospect) 10.84; 3. Rodgers (Hillsdale) 10.87

400 meters - 1. Threets (Westmoor) 48.39; 2. Weaver (Hollister) 48.64; 3. White (Gunderson) 48.67.

110 meter high hurdles - 1. Seanez (Gilroy) 14.73; 2. Raines (Yerba Buena) 14.76; 3. Tucker (Sequoia) 14.79.

Two mile - McColium (Palo Alto) 9:03.4; 2. Torres (Independence) 9:04.6; 3. Bernal (Westmont) 9:05.8.

200 meters - 1. Grimes (Andrew Hill) 21.52; 2. White (Gunderson) 21.90; 3. Rodgers (Hillsdale) 22.17.

Mile - 1. Purrington (Willow Glen) 4:14.3; 2. Cox (Los Gatos) 4:14.7; 3. Dulin (Leigh) 4:14.7.

TJ - 1. Taylor (Yerba Buena) 50-0% (CCS record; old mark 49-8 by Easley, Woodside, 1975); 2. Weldon (Silver Creek) 47-10; 3. Sterling (Menlo-Atherton) 46-11

330 LH - 1. Sanez (Gilroy) 36.46 (CCS record; old mark 36.5 by Phillips, Silver Creek, 1977); 2. Reddick, Woodside, 37.40; 3. Montgomery (Independence) 37.5 (hand-

PV - 1. Anderson (Buchser) 15-2; 2 Camara (Dei Mar) 14-8; 3. Weckler (Westmont) 14-8.

Mile relay - 1. Independence 3: 1º.23; 2: Milpitas 3:20.78; 3. Paima 3:21.98

Girls Varsity

Team scores — 1 Sam Carlos 48 2 Lynbrook 30; 3 Carlmont 28, 4 (Tier Fremont, Los Gatos, Silver Creek 20 Hillsdale, Live Oak. Los Alfos 16. 10. MI

Central Section

400 rel - 1. Edison (Bland, Dixon, Tatum,

Ro.McCov) 42.37; 2. South 42.44; 3, East 42.72; 4. Washington 43.07; 5. McLane 43.08; 6. Footbill 43.15. 800 - 1. Calderon, San, 1:51.63 (meet

record); 2. Ri.McCov, Ed; 1:53.49; 3. Sterling. Hoov, 1:53.79; 4. Daizell, BHS, 1:54.91; 5. Popps, Cor., 1:55.05; 6. Ireland, Ed. 1:56.81. 100 - 1, Henderson, East, 10.81; 2, Tatum

Ed, 10.93; 3. Prindle, FHS, 10.95; 4. Wheeler, McL, 11.01; 5. Bess, Wash, 11.08; 6. Barber, BHS, 11,29,

110 HH - 1. Ro:McCoy, Ed, 13.93 (meet record); 2. Budwig, CW, 14.30; 3. Simmons, West, 14.46; 4. Knight; So, 14.50; 5. Parker, Lem, 14.67; 6. Ambers, McL, 14.68.

3,200 - 1. Smallwood, Cor., 9:09.56 (meet record); 2. Hill, Mon, 9:28.99; 3. Walker, Hoov, 9:29.98; 4. Billgren, FHS, 9:34.48; 5. Perez, Roos, 9:43.06; 6. Gallegos, TW, 9:50.74.

400 - 1. Barber, BHS, 48.36 (meet record); 2. RI.McCoy, Ed, 49.01; 3. Weber, Yos, 49.30; 4. Hicks, So, 49.57; 5. Hudson, Ed, 50.40; 6. Medina, Cor. 51.11.

200 - 1. Henderson, East, 21.97; 2. Walker, West, 22.79; 3. Josephson, Port, 22.83; 4. Dixon, Ed, 22.86; 5. Hurd, Lem, 22.90; 6. Tucker, Wash, 23.07.

300 LH - 1. Prindle, FHS, 37.5 (meet record); 2. Knight, So, 37.6; 3. Lango, Gar, 37.8: 4. Hagar, West, 37.8: 5. Parker, Lem. 39.5: 6. Bland, Ed. 38.8.

1,600 - 1. Gonzales, Clo, 4:12.51; 2. Jackson, Foot, 4:19.17; 3. Beebe, FHS, 4:23.62; 4. Escobedo, Cor. 4:25.44; 5. Garcia. MW, 4:25.93; 6. Durham, FHS, 4:27.16.

Mile rel - 1. Edison (Ireland, Ro.McCoy Hudson, RI.McCov) 3:18.60; 2. Foothill 3:20.66; 3. West 3:22.47; 4. Hanford 3:23.82; 5. Yosemite 3:24.68; 6. Clovis West 3:26.25.

Discus - 1, Martin, Mad, 171-5; 2, Garza, Kings, 165-7; 3. Hotz, FHS, 163-8; 4. Dunkin, So, 156-0; S. Carlson, No. 155-11; 6. Charette,

LJ-1. Ro.McCov, Ed, 23-834; 2. Jackson, McL, 22-101/2; 3. Knight, So, 22-67/4; 4. Henry, BHS, 22-34; 5. McDeniels, So, 22-11/2; 6. Williams, Cen, 21-9.

SP - 1. Arley, West, 60-41/2; 2. Dunkin, So, 57-61/2; 3. Martin, Mad, 57-2; 4. Spear, Ed, 52-7: 5. Aubuchon, Sel, 51-4; 6. Buller, Imm, 51-4.

PV-1, Fraley, CW, 15-6 (meet record); 2. Wicks, So. 15-3; 3. Rodriguez, Sierra, 15-0; 4. Barrett, CW, 14-6; 5. (tie) Hunt, Foot; Brooks, Lem; Owens, High, 14-6.

HJ - 1. Swenson, Clo, 6-6; 2. Johnson, Foot, 6-4; 3. Macliz, Ave, 6-4; 4. Edmonds, CW, 6-2; 5. Borwell, Tul, 6-2; 6. Wicks, So. 6-0. T.J - 1. Cornell, FHS, 47-734; 2. Jackson.

McL, 47-61/2; 3. Henry, BHS, 46-71/4: 4. Cooley, FHS, 45-11/4; 5. McDaniels, So, 44-91/4; 6. Torrence, Tul. 44-7.

Team scores - Edison 75, South 55, Clovis West 37, West 34, Fresno 27, Footbill 26, East 26, Bakersfield 25, McLane 23, Corcoran 17, Madera 16, Hoover 12, Sanger 10, Clovis 10, Kingsburg 8, Monache 8, Lemoore 7, Washington 7, Avenal 6, Garces 6, Porterville 6, Sierra 6, Yosemite 6, Hanford 4, Tulare 3, Att. Whitney 3, Roosevelt 2, North 2, Selma 2, Immanuel 1, Tulare Western 1, Central 1,

Girls 100 LH - 1. Williams, Chow, 14.57 (meet record); 2. Phillips, FHS, 15.0; 3. Karnes, Sie, 15.20; 4. Bryson, Lem, 15.21; 5. Shaw, Lem,

15.22; 6. Alilian, Lem, 15.58. 3,200 - 1. Rogers, MW, 11:32.09; 2. Ash, No. 11:43.15; 3. Adames, Mad, 11:54.78; 4. Solo, McFar, 11:59.16; 5. Hernandez, Chow, Fresno 24. Bullard 16. Tranguillity 16. North 14, Garces 14, South 13, Memorial 121/2, Sierra 12. Chowchilla 12, Monache 11, Lemoore 11, East 11, Central 9, Bakersfield 8, Woodlake 6, Clovis 6, Coalinga 5, McFarland 4, West 21/2, Foothill 2, Sanger 2, Hoover 1, Selma 1, Reedley 1.

Southern Section Masters Meet

At Cerritos College 100-1, Graham (Centennial), 10.68 (wind .9 m.p.s. against); 2. Mathis (Muir), 10.68; 3. Delemar (Pasadena), 10.71; 4. Brown (Muir), 10.72; 4. Brown (Ocean View), 10.79; 6. Todd (Serra),

200-1. Mathis (Muir), 21.30 (wind 1.34 m.p.s. aiding); 2. Todd (Serra), 21.39; 3. Delemar (Pasadena), 21.55; 4. Brown (Ocean View), 21.68; 5. Jackson (La Mirada), 21.73; 6. Thomas (River-

side Poly), 21.76.
400—1. Brown (Muir), 46.98; 2. Gra-ham (Centennial), 47.08; 3. Townsend (LB Poly), 47.44; 4. Willis (Norco), 47.56; 5. Jones (Cabrillo), 48.20; 6. Biggers (Serra), 48.73; McMurray (Compton), did not run.

800-1. Davis (Compton), 1:52.24; 2. Cox (LB Wilson), 1:52.90; 3. Behring (La Habra), 1:53.58; 4. Rossow (Dos Pueblos), 1:53.86; 5. Emery (Lynwood), 1:54.31; 6. King (Hawthorne),

1,600—Thomas (Santa Barbara), 4:11.04; 2. Morales (Camarillo), 4:12.05; 3. D. Orr (Upland), 4:12.48; 4. P. Orr (Upland), 4:12.56; 5. Romero (Thousand Oaks), 4:13.40; 6. Carlton (North-

view), 4:14.27. 3,200—1. Butler (Edison), 8:53.96 (8.21.8 for 3,000); 2. Valen (El Mode-ne), 8:55.73; 3. Carlton (Northview), 8:56.45; 4. Gallagher (Corona del Mar), 9:00.23, 5. Reynolds (Camarillo), 9:02.79; 6. Meyer (University), 9:09.58.

110HH-1. Kerho (Mission Vielo), 13.91; 2. Ashford (West Covina), 13.91; 3. Crisman (Riverside Poly), 14.01; 4. Bradshaw (Lakewood), 14.18; 5. Hart (Servite), 14.24; 6. Hale (Katella),

300LH-1. Crisman (Riverside Poly), 36.25 (CIF record, old mark, 36.43, Ashford, West Covina, 1980); 2. Knowles (Blair), 36.31; 3. Kerno (Mission Vielo), 36.73; 4. Carroll (Muir), 36.81; 5. Bradshaw (Lakewood), 36.84;

6. Riley (Compton), 36.95. 400 RELAY-1. Muir, 41.28; 2. Pas-adena, 41.45; 3. Elsenhower, 41.71; 4. Serra, 41.91; 5. LB Poly, 42.06; 6. River-

side Poly, 42.41.
1,600 RELAY—1. LB Poly (James
48.7; Callier 48.6; Howard 48.1; Townsend 47.2), 3:12.55; 2. Muir (Carroll 49.0; Anderson 48.6; Mathis 47.9; Brown 47.1), 3:12.61; 3. Centennial (Pinchback 51.0; Ware 47.1; James 48.1; Graham 46.5), 3:12.72; 4. Pasadena, 3:13.16; 5. Compton (Riley 50.8; Wesley 48.1; Davis 47.9; Bennett 47.3), 3:14.05; 6. Fountain Valley, 3:16.41.

LONG JUMP-1. Tave (Muir), 24-31/4; 2. Powell (Edgewood), 23-31/4; 3. B. Honry (Brethren), 22-10/4; 4. Howe (North, Riv.), 22-81/4; 5. Jones (Morningside), 22-8w (21-61/2 legal); 6. Bonner (Inglewood), 22-61/2.

HIGH JUMP-1. Bonner (Ingle-wood), 6-11; 2. Caire (Plus X), 6-10; 3. tie between Atkinson (LB Poly) and Powell (Edgewood), 6-10; 5. Jones (Santa Ana Valley), 6-8; 6. Ross (Rlo

Mesa), 0-0. SHOTPUT--1. Frazier (Antelope Valley), 63-6½; 2. Ill (Nogales), 62-0¾; 3. Bartz (Arcadla), 57-1½; 4. MacKen-zie (San Maccos), 57-1½; 5. Wolltar-

100 HURDLES-1, Chandler (Elsin-100 HURDLES—1. Chandler (Elsin-ore), 14.26 (wind 1.6 m.p.s. against); 2. Mills (University), 14.32; 3. Johnson (Marshall Fundamental), 14.74; 6. Rock (El Toro), 14.74; 5. Hanson (Buena), 14.80; 6. Thompson (LB Jordan), 14,86.

300LH-1. Williams (Saugus), 42.98; 2. Kellon (Walnut), 43.05; 3. Baker (Capistrano Valley), 44.32; 4. Hudson (South Pasadena), 44.46; 5. Hanson (Buena), 44.71; 6. Harmon (Santa Ana Valley), 44.98. 400 RELAY-1, Muir (Brown,

Bryant, Young, Pullins), 46.58; 2. Ganesha, 47.45; 3. Garey, 48.00; 4. West

Torrance, 48.25; 5. Thousand Oaks, 48.48; 6. Pius X, 48.77.
1,600 RELAY—1. Ganesha, 3:49.28 (Killibrew 58.1; Hall 58.5; Sellers 59.2; McGraw 53.5), 3:49.28; 2. North Torrance, 3:50.50; 3. Thousand Oaks, 3:52.38; 4. Camarillo, 3:52.75; 5. Walnut,

3:53.45; 6. Esperanza, 3:54.78. HIGH JUMP—1. Walker (Hoover), 5-8; 2. Kraemer (Notre Dame, Riv.), 5-8: 3. Johnson (Marshall Fundamental), 5-6; 4. Campbell (Troy), 5-6; 5. Mills (University), 5-6; 6. tie between Hatfield (Fountain Valley) and Yamada (Dos Pueblos), 5-6. SHOTPUT-1. Kaalawahia (Fuller-

ton), 52-41/2 (U.S. junior, national high school and CIF record, old U.S. Junior mark, 51-4 Mathews, Seattle, 1971; old high school mark, 50-10, Kaalawahia, 1981; old CiF mark, 49-2½, Kaalawahia, 1981); 2. Bradshaw (Saugus), 42-11½; 3. Sheffield (Elsenhower), 42-5½ (42-5 second best put); 4. Taylor (West Torrance), 42-5¼ (41-11¼ sec-ond best put); 5. Costanzo (Saugus), 42-034; 6. Clements (San Clemente),

LONG JUMP-1, Williams (Valley Christian), 18-1114; 2. Baldomir (San Dimas), 18-5; 3. Layman (La Habra), 17-91/2; 4. Bryant (Ventura), 17-83/4; 5. Kelley (irvine), 17-71/2; 6. Keverline (Saugus), 17-6.

L.A. City Section

BOYS Varsity

100-1. Jackson (Dorsey), 10.67; 2. Beard (Fremont), 10.80; 4. Crittenden (Crenshaw), 10.87; 5. Wheeler (Gardena), 10.91; 6. McVea (Crenshaw), 11.02.

200—1. Jackson (Dorsey), 21.31 (wind 1 m.p.s. aiding); 2. Manning (Hamilton), 21.45; 3. Crittenden (Crenshaw), 21.89; 4. Ford (Crenshaw), 22.07; 5. Cooper (Washington), 22.11; 6. McVea (Crenshaw), 22.41.

400—1. Cooper (Washington), 48.13; 2. Osborne (Crenshaw), 48.50; 3. Richle (Washington), 48.66; 4. Hick-men (Fremont), 48.74; 5. Billew (Gar-dena), 49.02; 6. Copeland (University),

800-1. Papegaay (Cleveland), 1:53.11; 2. Hickman (Frement), 1:53.28; 3. osborne (Crenshaw), 1:53.75; 4. Richie (Washington), 1:54.02; 5. Gardner (Crenshaw), 1:54.32; 6. Villaneda

(Belmont), no time. 1,600-1. Marquez (Monroe), 4:17.50 2. Palmer (Westchester), 4:19.22; 3. Gilbert (University), 4:19.47; 4. Dietch (El Camino Real), 4:19.82; 5. Pearson (Taft), 4:21.6; 6. Ford (Kennedy), 4:26.99.

3,200-1. Marquez (Monroe), 9:15.86; 3,200—1. Marquez (Monroe), 7:15.86; 2. Deminter (Jefferson), 9:17.30; 3. Garcia (Lincoln), 9:23.72; 4. Cruz (North Hollywood), 9:30.99; 5. Knudsen (Wastchester), 9:33.87; 6. Tabares -{University), 9:39.79. 110414—1. Stephens (Manual Arts), 14.52; 2. Brisco (Locke), 14.53; 3. Cross

GIRLS

100—1. D. Howard (Kennedy), 11.77 (City record, old mark, 11.79, D. Howard, Kennedy, 1911); 2. Dawkins (Dorsey), 11.89; 3. Holland (Manual Arts), 11.79; 4. James (Fremont), 12.00; 5. Robbins (North Hollywood), 12.42; 6. Goodman (Narbonne), 12.00, 200—1. D. Howard (Kennedy), 23.40

-1. D. Howard (Kennedy), 23.40 (wind 8 m.p.s. aiding) (City record, old mark, 23.53 S. Howard, Kennedy, 1980); 2. Dawkins (Dorsey), 24.24; 3. Munns (Manual Arts), 24.72; 4. Robbins (North Hollywood), 25.38; 5. Ar-nold (Locke), 25.47; 6. Bridgewaters

(Belmont), 26.27. 400—1. Johnson (Manual Arts), 54.80; 2. T. Howard (Kennedy), 55.36; 3. Arnold (Locke), \$5.84; 4. Stewart (Manual Arts), 56.21; 5. Peterson (Dorsey), 56.45; 6. Burgess (Pali-sades), 59.78.

-1. Johnson (Manual 2:10.29 (City record, old mark, 2:13.58, Lowe, Manual Arts, 1981); 2 Lowe (Manual Arts), 211.43 3. Palmer (Wastchester), 211.64 4. Merrison (Carson), 214.65 5. Cook (Kennedy), 216.67; 6. Burgers (Palisades), 217.52 1,600—1. Pedroza (Bell), \$12.83; 2. Green (Rossevell), \$15.91; 3. Garstka (Wastchester), \$16.53; 4. Guriter (North Hollywood), \$18.83; 5. Father-sea (Popsey), 517.64; 6. Quintana

(North Politywood, 3:18-65, Paristriere (Dorsey), \$17.06; 6. Quintana (Banning), 5:38.57.
3,200—1. Howell (University), 11:22.15; 2. Garstka (Westchester), 11:36.13; 3. Leibovitch (Chatsworth), 11:40.43: 4. Green (Roosevelt), 11:41.39; 5. Perez (Lincoln), 11:44.36; 6. Burnstein (Westchester), 11:46.07.

100LH-1. Hunter (Dorsey), 14.01 (City record, old mark, 14.37, Pendleton, Fremont, 1981); 2. Pendleton (Fremont), 14.27; 3. Tell (Fremont), 14.91; 4. tie between Penny (Dorsey) and Murphy (Monroe), 14.96; 6. Ru-dolph (Kennedy), 14.97.

300LH—1. C. Cooper (Locke), 43.21; 2. Bonty (Manual Arts), 44.45; 3. Johnson (Monroe), 47.60; 4. Williams (Westchester), 47.13; 5. Ericson (Canoga Park), 47.60; 6. Jackson (Wash-ington), 47.86.

400 RELAY-1. Kennedy (Grant, T. Howard, Johnson, D. Howard), 46.37; 2. Dorsey, 46.57; 3. Manual Arts, 46.71; 4. Westchester, 48.67; 5. Locke, 48.69; 6. Fremont, 48.76.

1,600 RELAY-1. Kennedy (T. Howard 55.4; Cook 57.4; Johnson 57.5; D. Howard 52.2), 3:42.46; 2. Manual Arts (Holland 57.3; Steward 58.0; Lowe 56.0; Bonty 56.1), 3:47.3¢; 3. Locke, 3:52.04 (Cooper 54.8); 5. Dorsey, 3:55.79; 5. Westchester, 4:01.69; 6. Washington,

LONG JUMP-1, Y. Fletcher (Crenshaw), 18-10/2; 2. Goodman (Narbonne), 18-21/4; 3. Woods (San Fernando), 17-11; 4. Penny (Dorsey), 17-4; 5. Holland (Manual Arts), 17-6; 6. John-

son (Manual Arts), 16-10.
SHOTPUT-1. Y. Fletcher (Crenshaw), 43-34; 2. Yanez (Garfield), 41-7; 3. Childress (Locke), 41-4/4; 4. Lawrence (Monroe), 37-10%; 5. S. Copper (Locke), 37-4; 6. Williams (Dorsey),

HIGH JUMP-1, Johnson (Manual Arts), 5-2; 2. Y. Fletcher (Crenshaw), 5-2; 3. Lowe (Manual Arts), 5-1; 4. Maufus (Marshall), 5-1; 5. Carter (Kennedy), 4-11; 6. tle between Met-kus (Granada Hills) and Tedeski (Cleveland), 4-10.

TEAM SCORES-Manual Arts 85; Kennedy 53: Dorsey 56: Locke 34: Westchester 31; Crenshaw 28: Franklin and Fremont 19; Monroe 13: Roosevelt 12.

San Diego

. 1,200 — Aguilar (Heix) 9:25,81, Vega (Chula Visia) 9:26,75, Brownsberger (Valhalia) 9:30,87, Pisani (Henry) 9:36,10, Quellette (Mirahlesa) 9:39,67, Stevens (Mante Visia) 9:43,22,

9.39 A.; Sevens (nome visus) yaa.z.s.
110HH - Alitchell (El Comino) 14.03, Smith
(Serro) 14.53, Brojevich (Poway) 14.07, Espy (Crowford) 14.94, Buenviole (Son Marcos)*
14.94, Hodgson (Occanside) 14.98.
30LH - Mitchell (El Comino) 37.16, Durden
(Helix) 37.99, Brolevich (Poway) 37.94, Buentida (Em Marcos) 38 of Kallish (Costle Pork)

viale (San Marcos) 38.95, Kellish (Castle Park) 39.21, Oakes (Valhalia) 39.49.

400M Relay — San Diego (Shields, Pullens, Toylor, LeBianc) 42.52, Mira Mesa 42.88, Serra 43.03, Morse 43.04, Sweetwater 43.22, Oceanside 43.38.

Mile Relay - Henry (Payne, Robinson, Carter, Brown) 3:25.21, Serra 3:25.97, Mt. Carmel 3:26.07, El Comino 3:26.78, St. Augustine 3:26.75, Bonita Vista 3:28.56.

High Jump — Francis (Visia) 6-8, Martin (Serra) 6-4, Sams (Crawford) 6-2, (tie) Hazard (Mt, Carmel) and Nieder (El Cajon) 6-2, French (San Pasqual) 6-2.

Long Jump — McClendon (University) 23-7½, Lockett (Lincoln) 22-11½, Scott (Cloiremont) 22-10, Gunn (Oceanside) 22-81/2, Gessell (San Dieguito) 22-21/2, Williams (Lincoln) 21-

Triple Jump — Gatter (Mt. Miguel) 47-10%, Osborne (El Cajon) 47-9, McClendon (Uni) 46-8%, Pope (El Camino) 45-10½, Reaux (Henry) 45-614, Guy (El Camino) 45-314.

Pole Vault - Nelson (Helix) 14-0, Avant (Valhalia) 14-0, Vavra (Valhalia) 13-9, Sawver (Valhalla) 13-6, Rupe (Vista) 13-0, Ludwig (Southwest) 13-0.

Shot Put - Mason (Castle Park) 59-31/2. Ervin (Fallbrook) 56-1, Kartz (San Dieguito) 55-1, Purcell (El Capitan) 54-8, Keagy (Valhalla)

54-8, Kunnas (Mission Bay) 53-0. Discus — Maceri (Mission Bay) 162-2, Ealon (Fallbrook) 160-8, Kartz (San Dieguilo) 157-2 Fernandez (Helix) 156-5, Sibriel (Crawford) 155-9, Bullock (Southwest) 154-0.

Scores - Helix 53, Serra 40, Valhalla 31, Son Diego 30, El Camino 29.

100 - Jones (Mt. Miguel) 12:07, Cooksey (Hoover) 12:28, Jackson (Marse) 12:32, Wale Morse) 12.53, Dixon (MiraMesa) 12.55, Grovin (Madison) 12.61.

200 - Jones (Mt. Miguel) 24.64, Jackson (Morse) 24.87, Scott (Crawford) 24.98, Turnir (Fallbrook) 25.11, Wade (Morse) 25.29, Johnson (Crawford) 25.31.

400 - Jones (Henry) 57.97, Cottinghan (Morse) 58.64, Panno (San Pasqual) 59.00 Owen (La Jolla) 59.22, Goodall (Christian) 59.95 West (Valhalia) 1:00.08.

800 - Hawkes (San Dieguito) 2:16.7, Dibas (Helix) 216.7, Gartner (Fallbrook) 216.8, Ower (La Jolla) 216.9, Olsen (Granife Hills) NT, Fehrensen (La Jolia) NT.

1,600 - Allen (Santana) 5:05.55, Chadwick (MiraMesa) 5:08.45, Rowlett (El Capitan) 5:12.72, Blakeslee (Vista) 5:13.47, Chamberlain (San Marcos) 5:15.02, Dibos (Helix) 5:15.13.

3,200 - Brown (San Pasqual) 10:57.48, Lochel (Monte Vista) 10:58.17, Chadwick (MiraMesa) 11:12.03, Lazdans (Folibrook) 11:20.39, Ganoe (Clairemont) 11:24.00, Truscott (SF Christian) 11:33,99.

106LH — King (La Jolia) 14.65 (wind-aided), Pew (San Marcos) 14.67, Scott (Crawford) 14.77, Edelen (Crawford) 14.91, Whitlow (Viska) 14.93, Simunek (Vista) 14.95.

300LH - Edelen (Crawford) 44.77, King (Li Jolla) 44.91, Pew (San Marcos) 45.29, Keegar (Fallbrook) 47.00, Duffy (Mt. Carmel) 47.16 Whitlow (Visia) 47.59.
486M Relay — Morse (Wade, Pippins, Coff-

ion meters -AAR ICTION CONTILL THE PARTY Chow (Prospect) 10.84; 3. Rodgers (Hills-

400 meters - 1. Threets (Westmoor) 48.39; 2. Weaver (Hollister) 48.64; 3. White (Gunderson) 48.67

110 meter high hurdles - 1. Seanez (Gilroy) 14.73; 2. Raines (Yerba Buena) 14.76; 3. Tucker (Sequoia) 14.79.

Two mile - McColium (Palo Alto) 9:03.4; 2. Torres (Independence) 9:04.6; 3. Bernal (Westmont) 9:05.8.

200 meters - 1. Grimes (Andrew Hill) 21.52; 2. White (Gunderson) 21.90; 3. Rodgers (Hillsdale) 22.17.

Mile - 1. Purrington (Willow Glen) 4:14.3; 2. Cox (Los Gatos) 4:14.7; 3. Dulin (Leigh) 4:14.7.

TJ - 1. Taylor (Yerba Buena) 50-01/4 (CCS record; old mark 49-8 by Easley, Woodside, 1975); 2. Weldon (Silver Creek) 47-10; 3. Sterling (Mento-Atherton) 46-11.

330 LH - 1. Sanez (Gilroy) 36.46 (CCS record; old mark 36.5 by Phillips, Silver Creek, 1977); 2. Reddick, Woodside, 37.40; 3. Montgomery (Independence) 37.5 (hand-

PV - 1. Anderson (Buchser) 15-2; 2 Camara (Dei Mar) 14-8; 3. Weckler (West-

Mile relay - 1. Independence 3: 19 23: 2: Milpitas 3:20.78; 3. Palma 3:21.98.

Girls Varsity

Team scores - 1 Sam Carlos 48 2 Lynbrook 30; 3 Carlmont 28, 4 (Ties Fremont, Los Gatos, Silver Creek 20 7 Hillsdale, Live Oak. Los Alfos 16. 10. Mr Pleasant, Saratoga 14; 12. Seaside 13. 13. (Tie) Branham, Gunderson 12; 15. (Tie) San Mateo, Soquel 11, 17 Homestead 8 1 18. (Tie) Aragon, Gunn, Overfel!, Sacred Heart (Belmont), Sequoia 8, 23. Oak Grove 7; 24. Santa Catalina 6 3, 25 Del Mar 6, 25 Mills 5; 27 (Tie) Gilroy, Presentation Willow Glen 4; 30. (Tie) Saratoga, St. Francis, San Jose, Westmoor 1

Discus - 1. Durnslag (San Carlos) 147-9; 2. Oswall (Los Galos) 142-6; 3 Managa (Seaside) 179-6.

100 meter low hurdles — 1. Horn (Soquel) 14.52; 2. Demorest (Buchser) 14.64; 3. Robinson (Branham) 14.74.

440 relay - 1. San Carlos 48.53, 2. Overfelt 48.79; 3. Silver Creek 48 90.

800 meters - 1. Weber (Lynbrook) 2:08.6 (CCS record, old mark 2.09.87 by King, Ayer, 1980), 2 King (Miipilas) 2:10.6, 3. Stearns (Silver Creek) 2:12.3.

100 meters - Middleton (San Mateo) 11.9; 2. Pounds (Live Oak) 12 0; 3 Robinson (San Carlos) 12.0 (all hand-limed)

Two mile - 1. Gleason (Lynbrook) 10:39.7; 2. Van Housen (Sacred Hear' Belmont) 10:42.2, 3. Wolfe (Sequora)

SP - 1. Durshlag (San Carlos) 42-2'2 ICCS record; old mark 39-6 by Rammer, Andrew Hill, 1980), 2. Crister (Gunn) 40-912; 3. Corrozzi (Carlmont) 40-8.

400 meters - 1. Brewer (Hillsdaie 55.74; 2 Miller (Fremont) 55.88, 3. Day s (Del Mar) 56.8 (hand timed).

200 meters -- 1. Ropinson (San Carlos) 24.54; 2. Pounds (Live Oak) 24.73, 3. Chewning (Saratoga) 24.73.

330 LH - 1. Demorst (Buchser) 44 47 (CCS record, new event), 2. Eccles (Gunderson) 45.60; 3. Waterfield (Homestead)

Mile - 1. Weber (Lynbrook) 4:52 5 (CCS record; old mark 4:53 0 by Bray, Los Altos, 1977); 2. Brogan (Los Allos) 5:02.6, 3. Morris (Los Gatos) 5:08 2

LJ - 1. Riley (Mr. Pleasant) 17-8, 2 Hilary (Los Allos) 17-6, 3. Dee (Santa Cafálina) 17-3.

HJ - 1. Robinson (Fremont) 54, 2 Baumgardner (Aragon) 5-4, Cummings (Los Galos) 5-2.

Mile relay - 1. Carlmont 3:54.6 (breaks own record by J. Miller, Turner, B. Miller, Foianini, 3-55.6, in 1979), 2. Silver Creek 3:59.64; 3. Seaside 4-00.43.

Williams, Cen, 21-9. SP - 1. Ariey, West, 69-41/2; 2. Dunkin, So,

57-61/2; 3. Martin, Mad, 57-2; 4. Spear, Ed. 52-7; 5. Aubuchon, Sel, 51-4; 6. Buller, Imm, 51-4. PV - 1. Fraley, CW, 15-6 (meet record); 2. Wicks, So. 15-3; 3. Rodriguez, Sierra, 15-0; 4. Barrett, CW, 14-6; 5. (fle) Hunt, Foot; Brooks,

Lem; Owens, High, 14-6. HJ - 1. Swenson, Clo, 6-6; 2. Johnson,

Foot, 6-4; 3. Macliz, Ave, 6-4; 4. Edmonds, CW, 6-2; 5. Bonwell, Tul, 6-2; 6. Wicks, So, 6-0. TJ - 1. Cornell, FHS, 47-7%; 2. Jackson,

McL., 47-61/2; 3. Henry, BHS, 46-71/4: 4. Cooley, FHS, 45-11/4; 5. McDaniels, So, 44-91/4; 6. Torrence, Tul, 44-7.

Team scores - Edison 75, South 55, Clovis West 37, West 34, Fresno 27, Footbill 26, East 26, Bakersfield 25, McLane 23, Corcoran 17, Madera 16, Hoover 12, Sanger 10, Clovis 10, Kingsburg 8, Monache 8, Lemoore 7, Washington 7, Avenal 6, Garces 6, Porterville 6, Sierra 6, Yosemite 6, Hanford 4, Tulare 3, Mt. Whitney 3, Roosevelt 2, North 2, Selma 2, Immanuel 1, Tulare Western 1, Central 1, Highland 1.

Girls

100 LH - 1. Williams, Chow, 14.57 (meet record); 2. Phillips, FHS, 15.0; 3. Karnes, Sie, 15.20; 4. Bryson, Lem, 15.21; 5. Shaw, Lem, 15.22; 6. Alilian, Lem. 15.58.

3,200 - 1. Rogers, MW, 11:32.09; 2. Ash, No, 11:43.15; 3. Adames, Mad, 11:54.78; 4. Solo, McFar, 11:59.16; 5. Hernandez, Chow, 12:18.38; 6. Banales, So, 12:24.55.

400 rel - 1. Tulare (Adams, McGriff, S.Nicks, V.Nicks) 48.75; 2. Clovis West 49.02; 3. Edison 49.16; 4. Madera 50.22; 5. Lemoore 50.51: A. East 50.52

800 - 1. VanWagenen, CW, 2:13.91 (meet record); 2. Hooke, Bull, 2:15.46; 3. Montanez, SJM, 2:15.51; 4. Weaver, Tul, 2:15.55; 5. Hammond, Foot, 2:20.74; 6. Spurlock, Tul,

100 - 1. S.Nicks, Tul, 12.30 (meet record); 2. Lawanson, CW, 12.38; 3. Phillips, East, 12.48; 4. Wright, Ed, 12.66; 5. Gaffney, Lern, 12.88; 6. Edwards, Hoov, 12.98.

400 - 1. Steens, Mad, 56.95 (meet record); 2. White, BHS, 57.26; 3. Overall, CW, 57.76; 4. I.Aragon, CW, 58.04; 5. Weaver, Tul, 58.38; 6.

Rodriguez, Coal, 60.03. 200 - 1. Lawanson, CW, 25.19 (meet record); 2. Wright, Ed, 25.34; 3. Walker, Ed, 25.93; 4. Phillips, East, 25.94; 5. McGriff, Tul, 26.91; 6. Farmer, Sang, 27.79.

300 LH - 1. V.Nicks, Tul, 45.13 (new event); 2. Phillips, FHS, 45.9; 3. Karnes, Sie, 26.0; 4. Curlis, Mon, 47.2; 5. Savala, CW, 27.2; 6. Riley, Reed, 48.1.

1,600 - 1. VanWagenen, CW, 5:13.00; 2. Isham, MW, 5:18.16; 3. Stickney, Mon, 5:18.76; 4. Wilcox, Clo, 5:22.44; 5. Lewis, Clo, 5:29.39; 6. Rodriguez, Sang, 5:35.08.

Mile relay - 1. Clovis West (Overall, VanWagenen, Savala, I.Aragon) 3:57.06; 2. Bullard 4:01.18; 3. North 4:01.28; 4. Tulare 4:03.62; 5. Madera 4:06.76; 6. East 4:10.29.

HJ - 1. Leathers, So, 5-6; 2. Mendonce, MW, 5-6; 3. Weaver, Tul, 5-4; 4. (fie) Rhodes, SJM; Gilson, Mad; Key, West, 5-2.

SP - 1. Corley, Garces, 45-3% (meet record); 2. Pierson, Tran, 40-2; 3. Robles, Wood, 36-3; 4. Phelps, Coa, 33-8; 5. Whitney, FHS, 33-71/2; 6, Funk, Cen, 33-4.

Discus - 1. Shakir, CW, 136-11; 2. Pierson, Tran, 135-7; 3. Whitney, FHS, 133-5; 4. Corley, Gar, 125-8; 5. Riley, MW, 124-7; 6. Mosley, Sel,

LJ - 1. S.Nicks, Tul, 18-314; 2. Williams, Cen, 17-31/4; 3. Lawanson, CW, 17-3; 4. Wright, SJM, 17-3; 5. Leathers, So, 16-11%; 6. Walker,

Team scores - Clovis West 84, Tulare 59, Mt. Whitney 29, Madera 20/3, Edison 24, Bradsnaw (Lakewood), 14.18; 5. Hart (Servite), 14.24; 6. Hale (Katella),

300LH-1. Crisman (Riverside Poly), 36.25 (CIF record, old mark, 36.43, Ashford, West Covina, 1980); 2. Knowles (Blair), 36.31; 3. Kerno (Mission Viejo), 36.73; 4. Carroll (Muir), 36.81; 5. Bradshaw (Lakewood), 36.84; 6. Riley (Compton), 36,95.

400 RELAY—I. Muir, 41.28; 2. Pas-adena, 41.45; 3. Eisenhower, 41.71; 4. Serra, 41.91; 5. LB Poly, 42.06; 6. River-

1,600 RELAY—1. LB Poly (James 48.7; Callier 48.6; Howard 48.1; Town-send 47.2), 3:12.55; 2. Mulr (Carroll 49.0; Anderson 48.6; Mathis 47.9; Brown 47.1), 3:12.61; 3. Centennial (Pinchback 51.0; Ware 47.1; James 48.1; Graham 46.5), 3:12.72; 4. Pasadena, 3:13.16; 5. Compton (Riley 59.8; Wesley 48.1; Davis 47.9; Bennett 47.3), 3:14.05; 6. Fountain Vailey, 3:16.41. LONG JUMP-1. Tave (Muir), 24-

31/4; 2. Powell (Edgewood), 23-31/4; 3. B. Honry (Brethren), 22-10w; 4. Howe (North, Riv.), 22-81/4; 5. Jones (Morningside), 22-8w (21-61/2 legal); 6.

Bonner (Inglewood), 22-6½.

HIGH JUMP-1. Bonner (Inglewood), 6-11; 2. Calre (Plus X), 6-10; 3.
tie between Atkinson (LB Poly) and Powell (Edgewood), 6-10; 5. Jones (Santa Ana Valley), 6-8; 6. Ross (Rio

SHOTPUT-1. Frazier (Antelope Valley), 63-61/2; 2. III (Nogales), 62-0%; 3. Bartz (Arcadla), 59-7½; 4. MacKen-zle (San Marcos), 57-11½; 5. Wolltar-sky (Culver City), 57-8½; 6. Kyle (Buena Park), 56-3.

POLE VAULT-1. Peters (Villa Park), 15-3; 2. tie among Anderson (Twentynine Palms), Rosellini (Simi Valley) and Malins (Covina), 14-0; 5. Marlow (Crespl), 14-0; 6. Crawford (Katella), 13-6,

TRIPLE JUMP-1. Williams (Troy), 48-41/4; 2. Tave (Muir), 48-13/4; 3. Hall (Palm Springs), 47-3w (47-0 legal); 4. Brooks (Serra), 47-11/2; 5. Bedell (Pasadena), 46-31/4; 6. Coushey (Newbury Park), 45-11/2.

GIRLS

100-1. Johnson (Garey), 11.86 (wind .23 m.p.s. aiding); 2. Winston (LB Jordan), 11.99; 3. Blackburn (Cajon), 12.00; 4. Brown (Muir), 12.01; 5. Rogers (University), 12.12; 6. Moon (Centennial), 12.17.

200-1. Johnson (Garey), 24.15 (wind .56 m.p.s. against); 2. Williams (Valley Christian), 24.41; 3. Pullins (Muir), 24.47; 4. Bryant (Muir), 24.57; 5. Winston (LB Jordan), 24.60; 6. Rogers (University), 24.69.

400-1, McGraw (Ganesha), 55.19; 2. Lark (Compton), 56.63; 3. Arthur (Esperanza), 57.06; 4. Churchman (Rio Mesa), 57.26; 5. Guss (LB Poly), 57.36; 6. Young (Nogales), 57.73; Pullins (Muir) and Curtis (Culver City), did

not run. 800-1, Curtis (Culver City), 2:06.01 (CIF record, old mark, 2:08.95, Romo, North Torrance, 1980); 2. Durand (Laguna Beach), 206.42; 3. Romo (North Torrance), 2:11.16; 4. Gottlieb (Beverly Hills), 2:11.64 5. Ehlen (Santa Bar-bara), 2:12.37; 6. Kelley (Costa Mesa), 2:12.61; 7. Davis (South Pasadena),

1,600-1. Plumer (University), 4:45.06 (CIF record, old mark, 4:48.57, Plu-mer, 1980); 2. Cook (Alemany), 4:45.21;

mer, 1980); 2. Cook (Alemany), 445.21; 3. Hazleft (Saugus), 450.01; 4. Spotts* (Saugus), 450.19; 5. Lopez (Sacred Heart), 452.75; 6. Buzza (Arroyo Grande), 458.92; 3.200—1. Cook (Alemany), 10:19.28; (9:42.0 for 3,000 meters); 2. Lopez (Sacred Heart), 10:21.19; 3. Mason (Buena), 10:29.56; 4. Villanueva (Fountain Valley), 10:36.40; 5. Ball (Newbury Park), 10:37.72; 6. Barrios (University Countain Valley), 10:36.40; 5. Ball (Newbury Park), 10:37.72; 6. Barrios (University Countain Valley), 10:36.40; 5. Ball Park), 10:37.72; 6. Barrios (UniversiVarsity

100—1. Jackson (Dorsey), 10.67; 2. Jackson (Hamilton, soph), 10.62; 3. Beard (Fremont), 10.80; 4. Crittender (Crenshaw), 10.87; 5. Wheeler (Gardena), 10.91; 6. McVea (Crenshaw), 11.02. 200—1. Jackson (Dorsey), 21.31 (wind 1 m.p.s. aiding); 2 Manning (Hamilton), 21.45; 3. Crittenden (Crenshaw), 21.07; 5. Cooper (Washington), 21.14.4 (August Crenshaw), 22.07; 5. Cooper (Washington), 22.114.4 (August Crenshaw), 22.07; 5.

22.11; 6. McVea (Crenshaw), 22.41. 400-1. Cooper (Washington), 48.13; 2. Osborne (Crenshaw), 48.50; 3. Richie (Washington), 48.66; 4. Hickman (Fremont), 48.74; 5. Billew (Gardena), 49.02; 6. Copeland (University),

800-1. Papegaay (Cleveland), 1:53.11; 2. Hickman (Frement), 1:53.28; 3. osborne (Crenshaw), 1:53.75; 4. Richie (Washington), 1:54.02; 5. Gardner (Crenshaw), 1:54.32; 6. Villaneda (Belmont), no time. 1,600—1. Marquez (Monroe), 4:17.50;

2. Palmer (Westchester), 4:19.22; 3. Gilbert (University), 4:19.47; 4. Dietch (El Camino Real), 4:19.82; 5. Pearson (Taff), 4:21.6; 6. Ford (Kennedy),

3,200-1. Marquez (Monroe), 9:15.86; 3,200—I. Marquez (Monroe), 71,36; 3. 2. Deminter (Jefferson), 9:17.30; 3. Garcia (Lincoln), 9:23.72; 4. Cruz (North Hollywood), 9:30,99; 5. Knudsen (Westchester), 9:33.87; 6. Tabares (University), 9:39.79. (University), 9:39.79. 110Hit—I. Stephens (Manual Arts),

14.52; 2. Brisco (Locke), 14.53; 3. Cross (North Hollywood), 14.65; 4. Collins (University), 14.75; 5. Alexander (Los Angeles), 14.82; 6. Landcraft (San Pe-

dro), 15.25, 300LH—1. Bray (University), 37.73; 2. Allen (Washington), 37.81; 3. Cross (North Hollywood), 37.96; 4. Hornbeck (San Fernando), 38.04; 5. Henderson (South Gate), 38.32; 6. Williams (Jordan), 38.84.

400 RELAY-1. Fremont (Norris. Beard, Callahan, Stockman), 41.43; 2. Crenshaw, 41.60; 3. Washington 41.72; 4. Dorsey, 41.87; 5. Kennedy, 42.25; 6.

1,600 RELAY-1. Crenshaw (Wright 5.17; Osborne 48.; Gardner 48.; Crit-tenden 47.1), 3:15.75 (City record, old mark, 3:16.35, Locke, 1981); 2. Locke (R. Young 50-1, Moutra 49.1, Clark 48.5; Washington 48.2), 3:15.92; 3. Washington (Green 50.5; Ritchie 48.4, Allen 49.7, Cooper 48.1), 3:16.7; 4. Fremont, 3:20.22; 5. Manual Arts, 3:22.07; 6. Gardena, 3:39.49.

SHOTPUT-1. Ale (Banning), 59-0/a; 2. Johnson (Fairfax), 55-6; 3. Cunningham (Reseda), 54-11/2; 4. Jones (Dorsey), 54-7; 5. Gibson (Kennedy),

53-11; 6. Reese (Sylmar), 53-6. HIGH JUMP-1. Anderson (Fremont), 6-10; 2. VanderGeest (Taft), 6-8; 3. Holmes (Cleveland), 6-7; 4. D. Young (Locke), 6-6; 5. Williams (Narbonne), 6-6; 6, West (Kennedy), 6-4. LONG JUMP-1, Jones (Kennedy),

24-6/4; 2. Lee (Cleveland), 23-6; 3. Cobb (Dorsey), 23-3; 4. Young (Locke), 23-234; 5. Green (Manual Arts), 22-914; 6. Payne (Carson), 22-6. FRIPLE JUMP-1. Anderson (Fremont), 48-034; 2. Jones (Kennedy), 46-

1½; 3. Saignes (Poly), 46-0¼; 4. Holmes (Cleveland), 45-4¼; 5. Lee (Cleveland), 45-0¼; 6. Burnett (Wash-

Ingron, 45-0, POLE VAULT—I. Giuliano (Syl-mar), 14-6; 2. Skorish (Chatsworth), 14-0; 3. Mendoza (Banning), 13-6; 4. Zapatero (Hunfington Park), 13-6; 5. Wong (Lincoln), 13-0; 6. Cano (Granada Hills), 13-0. TEAM SCORES—Fremont 52; Cren-

shaw 50; Washington 41; Dorsey 34; Cleveland 30; Locke 25; Kennedy 24; University 22; Monroe 20; Banning and North Hollywood 16.

Westchester, 48.67; 5. Locke, 48.69; 6. Fremont, 48.76.

1,600 RELAY-1. Kennedy (T. How ard 55.4 Cook 57.4 Johnson 57.5 D. Howard 52.2), 242.46; 2. Manual Arts (Holland 57.3 Steward 58.6), Love 56.6; Bonty 56.1), 347.34; 3. Locke, 252.04 (Cooper 54.8); 5. Dorsey, 255.79; 5. Westchester, 401.69; 6. Washington,

LONG JUMP—1. Y. Fletcher (Crenshaw), 18-10/2; 2. Goodman (Narbonne), 18-2/4; 3. Woods (San Fernando), 17-11; 4. Penny (Dorsey), 17-6; 5. Holland (Manual Arts), 17-0; 6. Johnson (Manual Arts), 16-10.
SHOTPUT—1. Y. Fletcher (Cren-

shaw), 44-8%; 2. Yanez (Garfield), 41-7; 3. Childress (Locke), 41-4%; 4. Lawrence (Monroe), 37-1034; 5. S. Cooper (Locke), 37-4; 6: Williams (Dorsey),

HIGH JUMP-1. Johnson (Manual Arts), 5-2; 2. Y. Fletcher (Crenshaw), 5-2; 3. Lowe (Manual Arts), 5-1; 4. Maufus (Marshall), 5-1; 5. Carter (Kennedy), 4-11; 6. tle between Metkus (Granada Hills) and Tedeski (Cleveland), 4-10.

TEAM SCORES—Manual Arts 85; Kennedy 53; Dorsey 50; Locke 34; Westchester 31; Cranshaw 28; Franklin and Fremont 19; Monroe 13; Roosevelt 12.

San Diego Section

At Mt. Carmel High (Top 3 Qualify For State) BOYS

100 - Shields (San Diego) 10.67, Day (Kearny) 10.85, Davis (Mt. Miguel) 11.03, Parsons (Morse) 11.05, Hubbard (Sweetwater) 11.12, Johnson (Sweetwater) 11.14. 200 — Shields (San Diego) 21.53 (wind-aided),

Day (Kearny) 21.88, Johnson (Sweetwater) 22.15, Davis (Mt. Miguel) 22.20, Parsons (Morse) 22.39, Howard (MiraMesa) 22.40.

400 - Roberson (Serra) 49.80, Lane (Mt. Carmel) 49.87, Phelps (Crawford) 50.25, Bromma (Mt. Carmel) 50.41, Jarrett (Kearny) 50.55, Hamilton (Helix) 50.85.

800 - Russell (San Pasqual) 1:55.75, Kinsfather (Grossmont) 1:56.69, Seeman (Helix) 1:56.77, Thoman (Pt. Loma) 1:56.86, Sevier (Valhalia) 1:58.01, Jackson (Morse) 1:58.95.

1,600 - Seeman (Helix) 4:18.09, Morabe (Bonito Vista) 4:20.61, Russell (San Pasqual) 4:25.87, Aguilar (Helix) 4:27.51, Eckert (Bonita Vista) 4:27.94, Oleata (La Jolia) 4:35.55.

(Hoover) 12:28, Jackson (Morse) 12:32, Wale (Marse) 12.53, Dixon (MiraMesa) 12.55, Grovir (Modison) 12.61.

200 — Jones (Mt. Miguel) 24,64, Jackson (Morse) 24,87, Scott (Crawford) 24,98, Turner (Fallbrook) 25,11, Wade (Morse) 25,29, Johnson (Crawford) 25,31.

400 — Jones (Henry) 57.97, Coffinghan (Morse) 58.64, Panno (San Pasqual) 59.00 Owen (La Jolla) 59.22, Goodall (Christian) 59.95 West (Volhalia) 1.00.08.

800 — Hawkes (San Dieguito) 2:16.7, Dibas (Helix) 2:16.7, Gartner (Fallbrook) 2:16.8, Ower (La Jolla) 216.9, Olsen (Granife Hills) NF, Fehrensen (La Jolla) NT.

1,660 — Allen (Santana) 5:05.55, Chadwick (MiraMesa) 5:08.45, Rowlett (El Capitan) 5:12.72, Blakeslee (Vista) 5:13.47, Chamberlain (San Marcos) 5:15.02, Dibos (Helix) 5:15.13, 2,2000 — Respect (Mira Marcos) 5:15.14, 14 3,200 - Brown (San Pasqual) 10:57.48, La-

chej (Monte Vista) 10:58.17, Chadwick (MiraMesa) 11:12.03, Lazdans (Follbrook) 11:20.39, Ganoe (Clairemont) 11:24.00, Truscati (SF Christian) 11:33.99.

100LH — King (La Jolla) 14.65 (wind-aided). Pew (San Marcos) 14.67, Scott (Crawford) 14.77, Edelen (Crawford) 14.91, Whitlow (Vista) 14.93, Simunek (Vista) 14.95.

300LH - Edelen (Crawford) 44.77, King (La Jolla) 44.91, Pew (San Marcos) 45.29, Keegan (Fallbrook) 47.00, Duffy (Mt. Carmel) 47.10, Whitlow (Vista) 47.59.

480M Relay — Morse (Wade, Pippins, Coff-ingham, Jackson) 47.99, Vista 48.75, Crawford: 49.01, Mt. Miguel 49.19, El Carnino 50.18, Mt.) Carmel 50,40.

Male Relay — Crawford (Lawson, Johnson, Taylor, Scott) 3:55.68, Fallbrook 4:00.05, Morse 4:01.79, La Jolla 4:02.66, Henry 4:05.34, Visita 4:07.95.

Long Jump - Mose (El Cajon) 18-41/4, Lawson (Crawford) 18-4% (Mose's second jump was 18-3%), Dixon (MiraMesa) 18-2%, Proctor (Bontta Visto) 18-1%, Davis (El Carnino) 17-11, Selis (University) 17-9%.

Discus — Compton (Marian) 137-9, Laughtin-(Torrey Pines) 131-9, Poulin (Vista) 129-10-Southworth (Torrey Pines) 129-3, Carter (Helix) 125-6, Leomiti (Sweetwater) 122-5.

High Jump — LeClair (Monte Vista) 5-7, Thomas (Mission Bay) 5-5, Irving (Crawford) 5-3, Jeler (Morse) 5-2, Eyer (El Capitan) 5-2, Ray

(San Diego) 5-2. Shot Put — Poulin (Vista) 39-814, Johnsen: (Valhalia) 38-4¼, Hiath (Poway) 38-4¼ (Second) best mark, Johnson, 38-1¼), Carter (Helix) 38-3, Compton (Marian) 37-4¾, Floyd (Morse) 35-9¾.

Scores - Crawford 51, Morse 49, Vista 33, La Jalla 31, Fallbrook 26.

High School **CROSS COUNTRY RUNNERS**

 Kinney Western Championships December 5, 1981 - Fresno, California Top 8 boys & girls will be sent to nationals.

 Kinney National Championships December 12, 1981 - Orlando, Florida

FOR MORE INFORMATION AND ENTRY BLANK: Bill Cockerham P.O. Box 6103 Fresno, CA 93703

Dolphin South End

771 Fifth Ave., No. 3 San Francisco 94118

Ivor Welch, age 86, established another personal record on May 3 at the Avenue of the Giants Marathon, where he timed-5:40:10. His previous best was 5:55 at the Sri Chimnoy Marathon.

An unofficial look at the 1981 DSE Club Point Leaders shows Sherman Welpton leading. Welpton has run; nineteen races including seven marathons and two fifty milers. Lee Schmidt is second, followed by Dick Collins third and Joe Dampi in fourth. The leader Sherman Welpton in 1980 ran marathons back-to-back (one Saturday, one Sunday) four times, and ran a marathon and a fifty miler back-to-back on two separate

Zephyr Athletic Club

2192 Owens Ct., Pinole 94565

The Zephyr Athletic Club is an Athletic Congress sanctioned long distance running club. Zephyr is sponsored by and headquartered at the West Contra Costa YMCA in Richmond. Club officers are Steve Justice, Mike Robak and Ken Stein, Zephyr offers a full calendar of fun runs and competitive events fifty weeks a year. For the non competitive runner Zephyr offers fun runs in the scenic West County Park. The club also hosts races for the competitive runner over certified courses ranging from 5 kilometers to the marathon.

Bob Grant acts as the clubs competition coach and training advisor helping set up training programs for the runners. Zephyr offers something for runners of all skills not just the competitive racer. The majority of the club members are recreational runners. Presently the club has 80 male and 31 female members.

CLUB NEWS

By MARTY HIGGINBOTHAM

Clubs wishing to be in the "Club News" section of California Track & Running News should send a copy of their newsletter to: Club News Editor, Marty Higginbotham, 1026 W. Princeton, Visalia, CA 93277. Also, clubs are encouraged to occasionally send a black and white photograph of a member or members. Photos will be returned upon request. Your help and cooperation in publicizing your club will be very much appreciated.

Northern California Seniors Track Club

109 Golden Hinde Blvd. San Rafael 94903

The NCSTC has added fifteen new members to its ranks since April. Currently the club is in high gear for track, as some of the major masters track and field meets have been held in their area, such as the Masters Pacific Association Championships and Western Regional Championships. In both these meets NCSTC members have turned in some outstanding performances. However, the best is yet to come. Club track and field chairman. Bruce Springbett will act as meet director for the 1981 Masters National Track & Field Championships to be held August 15-16 at Los Gatos High School in Los Gatos. Springbett is a top sprint competitor himself in the 45-49 age group.

Las Vegas Track Club

4224 Claymont St., No. 3 Las Vegas, NV 89109

The LVTC hosted its first fifty miler in April. Thirteen competitors started the race with only seven surviving the grueling run. Larry Moore won in an amazing time of 5 hours, 57 minutes, approximately 7:09 per mile! Diane Siebert was the first woman to finish as she came in at 10 hours and 12 minutes.

Gary Lieberman covered 10 miles, 990 feet in sixty minutes to take the LVTC Hour Run. Lieberman was followed by Dave Stansbury who went 10 miles, 572. Chris Vollemann won the women's title with a distance of 73/4 miles, 5532 feet, while Dean Barrett took the wheelchair division by going 91/4 miles, 540 feet.

Southern California Striders

The SCS submaster 400m relay team ran to second place at the Western Regional Championships in Los Gatos on June 20-21 with a time of 43.8. The 40-49 400 relay team also timed a fast 43.8 to win their division. In the mile relay the submasters came back to avenge their loss to the West Valley Track Club team in the 400 relay as they clocked 3:22.7.

Hilliard Sumner the club submaster captain turned in a 11.0 100m for first place and a 22.1 200 for a second. Mike Jackson ran a 10.8 100 and a 22.2 200 to take victories in the 30-34 age group. The club's newest member Bill Knocke of Fresno won the 40-44 age group 400m in a meet record 50.9. Knocke was not the only one to set meet records, his teammate George Cohen blitzed a 2:00.6 800m for first place and came back to time 52.0 for second in the 400. Nick Newton was also setting a meet record with his victory in the 45-49 400 at 53.7. Newton also picked up golds in the 200 with 23.5 and high jump with a leap of 5-10.

The Striders' Hilliard Sumner will be meet director at the prestigious Pan American Masters Championships to be held August 8-9 in Los Angeles.

photo by Marty Higginbotham



Nick Newton

ed fourth at Lake Tahoe. Tommie recently completed his first 100 in 17:51.

Vice-president "Buffalo" Bill McDermott, a three-time winner of the tough Catalina Marathon, was second na-

Flatlanders. The most recent is Mario Escobedo who at 22 became the youngest to ever accomplish the feat. On May 9 Mario repeated with a 23:05 in the national championship near Boston.

tionally in 1980 at 50 kilometers, runs The Flatlanders sponsored their

By BOB MARSHALL

FLATLANDERS

Club Profile:

Visalia Runners

runs in the scenic West County Park. The club also hosts races for the competitive runner over certified courses ranging from 5 kilometers to the marathon.

Bob Grant acts as the clubs competition coach and training advisor helping set up training programs for the runners. Zephyr offers something for runners of all skills not just the competitive racer. The majority of the club members are recreational runners. Presently the club has 80 male and 31 female members.

Masters Pacific Association Championships and Western Regional Championships. In both these meets NCSTC members have turned in some outstanding performances. However, the best is yet to come. Club track and field chairman, Bruce Springbett will act as meet director for the 1981 Masters National Track & Field Championships to be held August 15-16 at Los Gatos High School in Los Gatos. Springbett is a top sprint competitor himself in the 45-49 age group.

mile! Diane Siebert was the first woman to finish as she came in at 10 hours and 12 minutes.

Gary Lieberman covered 10 miles, 990 feet in sixty minutes to take the LVTC Hour Run. Lieberman was followed by Dave Stansbury who went 10 miles, 572. Chris Vollemann won the women's title with a distance of 73/4 miles, 5532 feet, while Dean Barrett took the wheelchair division by going 91/4 miles, 540 feet.



Nick Newton

Visalia Runners

P.O. Box 3638, Visalia 93278

Shirley Rojas captured the Central Cal Athletic Congress One Hour Run women's championships by covering 8 miles, 1164 yards.

The Visalia Runners ventured to the Tahoe Relays where they entered two mixed teams (men and women) and placed second (fifteenth overall) and fifth (fortysecond overall) in male-female combined teams.

June 14 Craig Newport ran to a second place finish in the 30-39 division of the Chihuahua Six Mile Road Race.

At the Fathers Day Six Miler in Fresno Gary Campbell was the club's top finisher as he clocked 30:57 for tenth overall and first in the 30-34 age group. The Visalia Runners women's crew did very well as Renee Wyckoff was the first woman across the finish line in 35:12. Shirley Rojas was second in the 15-19 age group (Wyckoff was first) and fifth overall in 38:45. Cec Conway finished second in the 40-44 age group with her time of 47:10.

Next big event for the Visalia Runners will be the San-Francisco Marathon as several members will venture to the Bay Area for the 26.2 miler.

July 26, the club will have their Mineral King Challenge, a 15 mile run up Mineral King - a four to five thousand foot elevation climb!

Club Profile: **FLATLANDERS**

By BOB MARSHALL

"Let's start an ultramarathon club!" These words spoken among three friends who had just finished the 1980 Santa Monica Mountains 50 Miler was the birth of what today is a group of 26 Ultradistance athletes who are interested in racing and training together and promoting the sport.

We began as the San Diego Ultra-Distance Society, but a chance remark overheard at the 1980 American River 50 about those "flatlanders" from San Diego inspired the change in name and a challenge to demonstrate that we also can run hills. Our first race as a club was the San Diego Track Club 100 Miler in May of 1980; four of the five original members finished. Since then the club has had respectable performances at the Western States 100, Lake Tahoe National Championship 100 Mile Walk, Carlsbad 24 Hour Relay. our own Flatlander Ultramarathon, and the recent American River 50.

Flatlanders have members scattered throughout California and one from Oregon. T.J., along with member Tom Jackson, set the world record for the 2-man 24 hour relay with a sterling performance of 194 miles. Key has also

ed fourth at Lake Tahoe. Tommie recently completed his first 100 in 17:51.

Vice-president "Buffalo" Bill McDermott, a three-time winner of the tough Catalina Marathon, was second nationally in 1980 at 50 kilometers, runs 50 miles in the 5:30's and has won both the Pacific Crest Trail 50 and the Flatlander 50 Miler, Club Treasurer Bill McKean nailed down second place in the Western States 100 and in 1980 finished 11th in the "Iron Man" Hawaii Triathlon.

Ultrarunner Mike Wade, one of our original members, has a 6:11 50 miler to his credit, ran a 100 in the 18's and went on to 121 miles in 24 hours. He also finished Western States in under 24 hours. A new member, Charlie Hoover, recently finished second at American River and Western States in less than 23 hours.

The club has some excellent women runners. Coralie Cooper at only 22 years old ran 100 miles in under 24 hours and regularly competes in 50 and 100 mile races. Peggy Starr, along with Ron Lajoie (also a Flatlander) is coholder of the world couples record in the 24 hour relay at 124 miles. She also finished the American River 50 in 8:28. Led by president T. J. Key, the Moe Jackson, who recently ran her first ultramarathon, a 50 miler in 8:38, backed that up with a 9:21 at American River.

The club also has a cadre of ultra distance walkers. Four of the thirtyfour Americans in history to have walkrun a sub-17 hour 100 miler and finish- ed 100 miles in 24 hours are

Flatlanders. The most recent is Mario Escobedo who at 22 became the youngest to ever accomplish the feat. On May 9 Mario repeated with a 23:05 in the national championship near Boston.

The Flatlanders sponsored their First Annual Ultramarathon in February. The race attracted a wide diversity of athletes competing at 50 miles, 100 miles, and 24 hours. Awards were given to various age groups, men and women, runners and walkers. Over 50 participants braved an intermittently heavy rain and the event was a big success. We also co-sponsored the second Pacific Crest Trail 50 Miler. This race, a rugged trail run in the Laguna Mountains, has inspired the club to begin scouting more of the PCT with thoughts of promoting a 100 plus mile race from the Laguna area north to Mt. San Jacinto.

Group outings are a part of the Flatlander scene. In June the club will camp and workout in the San Jacinto Wilderness near Idyllwild, California. This will bring together many of the members and families for the first time.

The Flatlanders are part of the growing ultra-distance sports scene. Our roots are in the "100 in 24" tradition. Drop us a line or look for us at races. We're always glad to talk to and correspond with others about ultramarathoning.

Address: Flatlanders, P.O. Box 178414, San Diego, CA 92117.

Fresno Track Club

P.O. Box 6103, Fresno 93703

The months of May and June represent the biggest road race events in the Fresno area, in terms of size of event and class of field. The Joyeria Mexico Coors 5 Mile Run in May is the lead off race. This year's version included Dave Babiracki, Chris Stewart from England, and Lionel Ortega of Oregon. The Fresno TC had 10 masters competing with Fernie Montanez grabbing 2nd 40-49 in 27:46, Bob Fries captured 2nd 50-59 in 28:39. Gomez from Mexico established a new course record 23:59 in a very swift field.

The Chihuahua Road Run held June 14 features a 2 mile and 6 mile run with a festive type atmosphere with burritos and beer served after the race. Jim Hartig, one of the club's most consistent open division runners, placed 2nd in the 6 miler with 29:39. Dick Cain and Frank Delgado won the 40-49 division in the 6 and 2 milers with 34:55 and 10:34 respectively.

The Fathers Day 6 Miler is really the Central Valley Road Racing Championship. This race brings out the best in every age group. Race Director Bob Fries even publishes a program with all runners names and times since the inception of the race in 1967.

This year 1300 runners toed the mark on a unusually hot day. At the 6:30 start, the temperature was already 86. Forty runners represented the Fresno TC with Jim Hartig first club finisher in 29:40. Fernie Montanez captured the 40-44 division in 33:41 and Frank Delgado the 45-49 in 34:23. The big surprise was FTC's Bob Lindsey. Bob who is 37 years old ran his best race ever. His 31:24 in the 35-39 age group was 3 minutes ahead of the runner up. Bob's secret is losing 15 pounds. Several of the club women did very well in their respective age groups. Tone Nichols won the women's 25-29 in 42:18 and Liz DeMonte was the winner of the 50 & Over women in 46:08.

Golden GateRace Walkers

106 Sanchez St. #17, San Francisco 94114

Chuck Marut led the GGRW at the PA/TAC 10K Racewalking Championships. Marut timed 54:44 to take fourth place. Beth Sibley timed 60:05 placing fourth in the women's division. Rich Hansen clocked



Frank Delgado (left) and Fernie Montanez. Fresno TC's ace masters competitors.

Bakersfield Track Club

433 E. Belle Terrace, Bakersfield 93307

Paul Cross won the BTC One Hour Run Championship by covering a distance of 10 miles, 595 yards. The women's winner was Brenda Villanueva who went 8 miles, 1350 yards. The masters winner was Jim Lysford who placed third overall as he covered 9 mies, 835 yards. Verla Phillips was the first women's master with a distance of 7 miles, 350 yards.

Many club members competed in the Bakersfield Triathlon held at Lake Costerisan. The Triathlon featured a quarter mile lake swim, six mile run on dirt roads, and a twenty mile bike race on paved roads. In a super close finish Paul Anderson edged Denis Burkett by one tenth of a seoond, 1:47:37.1 to 1:47:37.2.

Current leaders in the BTC Championship Race Series for this year are: Mare-13-18 Paul Anderson; 19-29 Tom Holliday; 30-39 Paul Cross; 40-49 Jim Lysford and 50 & Over Bert Beene. Top Females are-12 & Under Marie Erickson; 13-18 Terri Nelson; 19-29 Brenda Villanueva; 30-39 Susan Lucas; and 40-49 Verla Phillips.

The next big BTC event will be the August 15 Tehachapi 10 Kilometer.

Order Your Own Subscription

California Track & Running News

See page 27 for an order blank. Don't miss the exciting next issue.

Seniors Track Club

1626 Wellington Place Westlake Village 91361

Several STC members ran the SPA Athletic Congress 50K Championships at the end of April. Dennis Parrish was the club's top finisher with his 3:35:13 which earned him first place in the 35-39 age group. Dave Parker ran 3:50:08 to win the 50-59 division while Judy Kewley was the first woman in 4:42:28.

Two STC women runners nabbed second places at the Lakewood Center Mall 10K, Luanne Dewitt clocked 44:10 in the 40-49 division while teammate Jesse Jo Smith ran 47:24 in the 50-59 age group.

A large group of STC runners competed in the Westlake Village 7.2 miler. Top club member was Bill Boggs in 45:02. Larry Ballew timed 49:00 to win the 35-39 division, while teammate Joe Wells was second in 52:36. Dick Durand led a STC sweep of the top three spots in the 50-59 age group. Durand timed 50:56, followed by fellow STC runners Jack Thomas second in 52:01 and Bill Winstanley third in 56:10. For the STC women Judy Kewley captured top honors in the 30-39 division timing 55:04. Lynne Wahler ran 68:54 to win the 20-29 age group.

Bartlett Mineral Water Race Team

1026 W. Princeton, Visalia 93277

May 30 at the Pacific Association Masters Track & Field Championships John Pitman ran a personal best 2:04.2 in the 40-44 age group 800 meters as he placed fourth.

Ed Taylor captured the Central Cal Athletic Congress One Hour Run Championship by covering a distance of 11 plus miles. He was followed by Robert Taylor (second open) and Bryan Patterson (third open).

Al Lara timed 29:39 at the six mile Chihuahua Road Run as he won the race.

Bob Higginbotham and John Pitman competed in the June 20-21 Western Regional Masters Championships in Los Gatos. Higginbotham timed 18.8 in the 110 meter 36 inch hurdles for second place in the 50-54 age group. Pitman competing in the 40-44 age group grabbed two thirds as he clocked 2:02.7 in the 800 and 4:21 in the 1500.

Juan Garcia led Bartlett runners at the Fathers DayRun in Fresno. Garcia covered the six mile course in 29:04 for second place. Al Lara followed in third and Ed Taylor was ninth at 30:53.

Jack's Athletic Supply

Aggie Running Club

captured the 40-44 division in 33:41 and Frank Delgado the 45-49 in 34:23. The big surprise was FTC's Bob Lindsey. Bob who is 37 years old ran his best race ever. His 31:24 in the 35-39 age group was 3 minutes ahead of the runner up. Bob's secret is losing 15 pounds. Several of the club women did very well in their respective age groups. Tone Nichols won the women's 25-29 in 42:18 and Liz DeMonte was the winner of the 50 & Over women in 46:08.

Golden Gate Race Walkers

106 Sanchez St. #17, San Francisco 94114

Chuck Marut led the GGRW at the PA/TAC 10K Racewalking Championships. Marut timed 54:44 to take fourth place. Beth Sibley timed 60:05 placing fourth in the women's division. Rich Hansen clocked 72:32 for tenth place overall.

At the Julie Partridge 10K Racewalk held May 17 it was Chuck Marut leading the GGRW once again as he timed 53:52 for seventh overall and second in the masters division. Harry Siitonen clocked 62:26 for eleventh overall and fourth in the masters group. Siitonen was followed by fellow GGRW Otto Sommerauer in 64:34, twelfth overall and fifth master. Beth Sibley led the GGRW women's crew with her fifth place finish in 57:13. Other women included Diane Mendoza, seventh 64:21, Chris Widger eighth 64:43, Mary Graydon eleventh 69:24, and Nancy Proctor twelfth (second master) in 71:59.

At the May 30 Pacific Association Masters Track & Field Championships GGRW captured three divisional titles in the 5000m walk. Chuck Marut took the 40-44 title 25:17.8 while Craig Bergquist captured the 30-34 division in 26:41.2. For the women Beth Sibley captured top honors in the 35-39 group timing 27:49.0. Nancy Bernardi timed 32:03.4 for second in the women's 45-49 division while Mary Graydon was second in the women's 35-39 group also timing 32:03.4. Don Teppola was second in the 55-59 division in 32:04.8, Nancy Proctor was third in the women's 45-49 division in 32:14.0 and Yukie O'Hara was second in the women's 55-59 age group at 35:16.8. The next day, May 31, Chuck Marut placed third in the PA/TAC 5K Race Walking Championship held at San Jose, his time was 26:34.6.

yards. The masters winner was Jim Lysford who placed third overall as he covered 9 mies, 835 yards. Verla Phillips was the first women's master with a distance of 7 miles, 350 yards.

Many club members competed in the Bakersfield Triathlon held at Lake Costerisan. The Triathlon featured a quarter mile lake swim, six mile run on dirt roads, and a twenty mile bike race on paved roads. In a super close finish Paul Anderson edged Denis Burkett by one tenth of a seoond, 1:47:37.1 to 1:47:37.2.

Current leaders in the BTC Championship Race Series for this year are: Mare-13-18 Paul Anderson; 19-29 Tom Holliday; 30-39 Paul Cross; 40-49 Jim Lysford and 50 & Over Bert Beene. Top Females are-12 & Under Marie Erickson; 13-18 Terri Nelson; 19-29 Brenda Villanueva; 30-39 Susan Lucas; and 40-49 Verla Phillips.

The next big BTC event will be the August 15 Tehachapi 10 Kilometer.

Aggie Running Club

1176 Buchon Street San Luis Obispo 93401

The Ags have turned in very impressive performances on the track this spring. Some of their top showings came at the Mt. SAC Relays, the Santa Barbara Meet, Modesto Relays and Warmerdam Classic. At Mt. SAC the Ags ran a fast 9:48.8 distance medley with a team of Mark Schilling 2:57.9, Dave Karila 1:53.1, Will Stokes 48.5 and Peanut Harms 4:08.8. Also a 15:29.5 4x1500 relay performance was turned in by Tony Ruggle 3:54.5, Pete Sweeney 3:52.3, Leonard Sperando 3:55.1, and Joe Fabris 3:47.6.

In Santa Barbara Mark Schilling 3:45.4 and Joe Fabris 3:45.8 went one-two in the 1500 meters. In the 3000 Pete Sweeney timed 8:16.8 for second, Ernie Reith was 8:19.6 for fourth and Rich Langford was 8:24 for sixth. Joe League finished fourth in the 10,000 in 30:23 and sprinter Will Stokes was second in the 100 meters at 10.9 and tied for first in the 200 at 21.7.

At Modesto in the California Relays Joe Fabris ran a 4:03.9 in the open mile to finish fourth. At the Warmerdam Classic in Fresno four Ags went home with victories: Pete Sweeney took the 1500 in 3:53.72, Mark Schilling ran to a 1:50.66 victory in the 800, Rich Langford timed 14:55 to take the 5000 while Doug Bockmiller cleared 16-8 to take the pole vault.

A large group of STC runners competed in the Westlake Village 7.2 miler. Top club member was Bill Boggs in 45:02. Larry Ballew timed 49:00 to win the 35-39 division, while teammate Joe Wells was second in 52:36. Dick Durand led a STC sweep of the top three spots in the 50-59 age group. Durand timed 50:56, followed by fellow STC runners Jack Thomas second in 52:01 and Bill Winstanley third in 56:10. For the STC women Judy Kewley captured top honors in the 30-39 division timing 55:04. Lynne Wahler ran 68:54 to win the 20-29 age group.

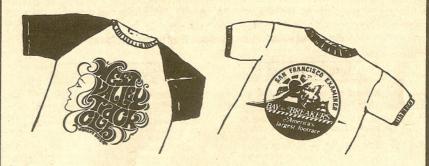
competed in the June 20-21 Western Regional Masters Championships in Los Gatos. Higginbotham timed 18.8 in the 110 meter 36 inch hurdles for second place in the 50-54 age group. Pitman competing in the 40-44 age group grabbed two thirds as he clocked 2:02.7 in the 800 and 4:21 in the 1500.

Juan Garcia led Bartlett runners at the Fathers DayRun in Fresno. Garcia covered the six mile course in 29:04 for second place. Al Lara followed in third and Ed Taylor was ninth at 30:53.

Jack's Athletic Supply

Screened T-Shirts as Low as \$1.85 (\$1.50 in Kid's Sizes)

Embroidered Patches — Ribbons
CHRONOMIX Timers & Clocks
Race Supply Warehouse (Buy-Rent)



Also--We offer free or discounted race-equipment rentals, advertising, prizes, etc., with large volume purchases...call & see what we can offer!

Jack Leydig — Box 1551H, San Mateo, CA 94401 Ph. 415/341-3119

MASTERS-SCENIE

By MARTY HIGGINBOTHAM

On tap this month for masters athletes are the TFA/USA Western Regional Track & Field Championships to be held at UCLA. This meet which is part of the Converse Southern California Series will be a super quality affair and the highly rated UCLA track and field facilities will offer athletes a chance for personal record times.

Next month will bring in the two final and very important meets, the Pan American Masters Championships and the National Masters Championships. The Pan Am Meet will be held at USC with Southern California Striders sprint star Hilliard Sumner acting as host. The Pan-Am produced more records last year than any other US Masters meet. The TAC Nationals are to be held in Los Gatos August 15-16 under the direction of Bruce Springbett a top sprinter for the Nor Cal Seniors. Springbett has hosted two successful meets already this season in the Pacific Association Meet and the Western Regional TAC Championships.

During the fall of 1980 twenty-one US age group and thirty-eight single age road racing records were broken at the 15k, 20k and 25k distances at the TFA-Brooks Masters. Runs. This Brooks series which looked very promising in 1980 looks to be having its problems this year - let's hope they can continue this fine series which has already gained a reputation as quality produced events.

The new Masters Age Records are out and can be obtained by sending three dollars plus thirty-five cents for postage to: National Masters Newsletter, P.O. Box 2372, Van Nuys, CA 91404. The Santa Monica Track Club's Peter Mundle has worked long and hard on updating these records which include marks from the World Games held in New Zealand.

Jim Puckett who hosted the National Masters Track & Field Championships in Gresham, Oregon in 1979 is again hosting a superb track and field meet - the Northwest Seniors Classic. This is said to be one of America's finest masters meets. For information and entry contact: Jim Puckett, Mt. Hood College, 2600 SE Stark, Gresham, OR 97030.

Spotlight On: MARK GALLO

By MARTY HIGGINBOTHAM

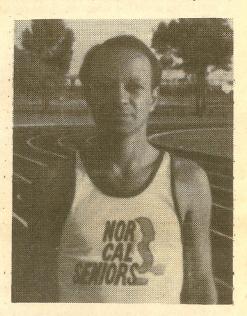
At age 30 Mark Gallo realized that he needed some form of exercise or face a physical decline in the coming years. He bagan running and as he puts it, "It became a challenge to see how fast I could cover a given distance, which, of course, led to racing."

The 38 year old Gallo who works as a key punch operator/general office clerk now competes for the Nor Cal Seniors Track Club. He is self coached and says, "Any mistakes I make and/or good fortune have been mine alone." His favorite event is the 10,000 meters where he has a best time of 34:07 set last year. He has also recorded a 4:53 mile (1980), 16:48 5000 meters (1980), 58:13 10 mile (1978), and a 9:40 3000 meter run this year.

Gallo likes to compete once or twice a month depending on the distances of the race or races. He does peak for the Pacific Association Masters Track & Field Championships, where he has won the 10,000 meter run in 1979 and 1980, and placed second this year in a time of 35:11.

He has certain training rules he follows such as eight hours sleep a night, wholesome foods (no junk!), and lots of vitamins and mineral supplements like B, C, E, iron and dolomite. Mark pointed out two reasons why he participates in track: "1-fitnes, to remain strong, vibrant and healthy; 2-competition, to participate in organized sports and maybe win something."

Gallo feels two people have been a particular inspiration to him. One is Ernest Van 440 repeats on the track. He begins each training run with no set mileage in mind and just runs as far as he feels comfortable at a seven minute pace, which he says some



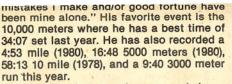
days is as short as five miles or as long as fifteen, most of the days are somewhere inbetween. Gallo feels in this form of training he will not overextend himself, which



Penn Mutual TAC National Masters Track & Field Championships Striders sprint star Hilliard Sumner acting as host. The Pan-Am produced more records last year than any other US Masters meet. The TAC Nationals are to be held in Los Gatos August 15-16 under the direction of Bruce Springbett a top sprinter for the Nor Cal Seniors. Springbett has hosted two successful meets already this season in the Pacific Association Meet and the Western Regional TAC Championships.

d World Games held in New Zealand.

Jim Puckett who hosted the National Masters Track & Field Championships in Gresham, Oregon in 1979 is again hosting a superb track and field meet - the Northwest Seniors Classic. This is said to be one of America's finest masters meets. For information and entry contact: Jim Puckett, Mt. Hood College, 2600 SE Stark, Gresham, OR 97030.



Gallo likes to compete once or twice a month depending on the distances of the race or races. He does peak for the Pacific Association Masters Track & Field Championships, where he has won the 10,000 meter run in 1979 and 1980, and placed second this year in a time of 35:11.

He has certain training rules he follows such as eight hours sleep a night, wholesome foods (no junk!), and lots of vitamins and mineral supplements like B, C, E, iron and dolomite. Mark pointed out two reasons why he participates in track: "1-fitnes, to remain strong, vibrant and healthy; 2-competition, to participate in organized sports and maybe win something."

Gallo feels two people have been a particular inspiration to him. One is Ernest Van Aaken because his ideas on endurance training guide him. The second person is Joe Henderson for his insights on keeping running in the right perspective.

Mark's training is almost entirely long slow distance running at about seven minutes per mile. Sometimes he'll do 220 or NOR CALL

days is as short as five miles or as long as fifteen, most of the days are somewhere inbetween. Gallo feels in this form of training he will not overextend himself, which makes it possible for him to train six days a week, twelve months a year. He includes a lot of stretching in his training to help stay flexible and avoid injury.

For Gallo racing is the ultimate challenge and he feels that racing explores the limits of ones own performance capacity.

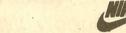


Penn Mutual TAC National Masters Track & Field Championships

Los Gatos, California August 15, 16, 1981 Los Gatos High School Track



ENTRY FEES
 \$5.00 first event, \$3.00 each additional event
 \$16 for relays, \$10.00 for Pentathalon



ENTRY DEADLINE: August 1, 1981

AWARDS FOR 6 PLACES WHEN EVENTS FULL.

Banquet — \$16 per person, Saturday, August 15

Saturday, August 15

STEEPLE CHASE HAMMER 5,000 WALK 10,000 METER 400 PRELIMS 400 RELAY 800 FINAL POLE VAULT SHOT PUT LONG JUMP 100m PRELIM 110m HURDLES 110m ELITE HURDLES 400m FINALS

Sunday, August 16

5,000m RUN 200m PRELIM DISCUS HIGH JUMP 400m I.H. 200m FINALS 1500m FINAL JAVELIN TRIPLE JUMP 1600m RELAY PENTATHALON

For an Entry Blank and/or More Information, Send SASE to:

BRUCE SPRINGBETT, Meet Director
P.O. Box 1328, Los Gatos, CA 95030, (408) 354-7333.

SCHEDULE

Listed here are events specializing in masters competition and of interest to California masters. Also check the regular scheduling section in each issue as many events listed there also feature masters divisions. Please send scheduling information to: California Track & Running News, P.O. Box 6103, Fresno, CA 93703.

Track & Field

July 18: TFA/USA Western Masters T&F Championships. UCLA's Drake Stadium. Michael Sims & Associates, 5419 Sunset Blvd., Los Angeles, CA 90029. (213) 462-7360.

July 24-25: Northwest Seniors Track Classic. Gresham, Or. Jim Puckett, Mt. Hood College, 26000 Stark, Gresham, OR 97030. August 1: 9th Annual Corona del Mar "Don Palmer Memorial" Relays. Santa Ana College. Dave Jackson, 19103 Andmark Ave., Carson, CA 90746. (213) 638-7125.

August 8-9: 5th Annual Home Savings Pan American Masters Games. Los Angeles. Hilliard Sumner, 22713 Ventura Blvd., Woodland Hills, CA 91367. (213) 884-1349. Please see advertisement in this Issue

August 15-16: 14th Annual Penn Mutual/Athletics Congress National Masters Track & Field Championships. Los Gatos High School. Bruce Springbett, P.O. Box 1328, Los Gatos, CA 95030. (408) 354-7333. Please see advertisement in this issue.

August 29-30: Shakespeare Masters Track & Field Classic. Southern Oregon State College, Ashland, OR. Write P.O. Box 119, Phoenix, OR 97535.

October 3: 8th Annual Santa Barbara Masters Track & Field Meet. University of California at Santa Barbara. George Adams, P.O. Box K, Goleta, CA 93017. (805) 687-6323.

Pacific Association Masters Champs

May 30, Los Gatos: Pacific Association Masters Championships.

500 Meter Walk - Men: 30-34: 1. Craig Berquist(33, GRW) 28:41.2. 35-39: 1. Walt Jaquith (37, WVTC) 23:13.2* 40-44: 1. Charles Marut (43, GGRW) 25:17.8;* 2. Gary West (40, MPRW) 25:41.0. 45-49: 1. Glen Weils (45, BHTC) 25:25.8* 50-54: 1. John MacLachian (50, CALW) 27:49.0; 5. John Friesen (53, CDM) 31:12.1. 55-59: 1. Harry Siltonen (55, NCSTC) 29:01.6;* 2. Donald Teppoca (59, Unat) 32:04.8. 65-69: 1. Frank Saylor (67, NCSTC) 34:44.6* 70-74: 1. Glulio de Petra (70, MPRW) 30:19.9*

5000 Meter Walk - Women: 30-34: 1. Bonnie Dillon (34, CY) 25:44.0. 35-39: 1. Beth Sibley (36, GGRW) 27:49.0; 27:49.0; 40 Mary Graydon (35, GGRW) 32:03.4. 45-49: 1. Lori Maynard (45, WSt) 25:50.6;* 2. Nancy Bernardt (46, Unatt) 32:03.4; 3. Nancy Proctor (47, GGRW) 32:15.0. 55-59: 1. Rose Kash (59, CRW) 34:36.7;* 2. Yukle O'Hara (56, Unatt) 35:16.8. 70-74: 1. Marion Chilson (71, MPRW) 40:03.0.

10,000 Meter Run - Men: 30-34: 1. Dwight Cornwell (34, Unat) 35:58.2; 2. Robert Wenker (30, Unatt) 38:23.6; 3. Ross; Rowley (32, GSFTC) 39:30.0. 35-39: 1. Gary Gettleman (36, Unatt) 32:27.4;* 2. Mark Gallo (38, NCSTC) 35:11.0. 40-44: 1. Tim Rostege (40, WVTC) 33:50.2; 2. Bob Robertson (41, Unatt) 41:40.6. 45-49: 1. Jerry Lewis (46, TRAC) 34:29.6. 50-54: 1. Patrick Devine (52, Unatt) 38:30.4. 55-59: 1. Bob Wright (58, MPAC) 39:30.0° 65-69: 1. Joe Goodman (69, Unatt) 47:20.2° 70-74: 1. John McGee (72, NCSTC) 59:05.0.

10,000 Meter Run - Women: 30-34: 1. Carol Carbaugh (30, Unatt) 42:11.5. 35-39: 1. Diane Young (38, WVTC) 39:18.8. 40-44: 1. Marilyn Harbin (43, WVTC) 38:17.4° 60-64: 1. Jaclyn Cassell (60, WVTC) 47:26.4°

440 Relay - Men: 30-39: 1. West Valley TC 50.0. 40-44: 1. Southern California Striders 45.5; 2. Nor Cal Seniors 48.1. 50-54: 1. Nor Cal Seniors 49.3* 55-59: 1. Nor Cal Seniors 53.6*

110 Meter High Hurdles (WAVA): 30-34: 1. Don Roberts (31) 15.3; 2. Ed Baskavskas (30) 16.2. 40-44: 1. Phil Vincent (42) 17.5. 45-49: 1. Richard VanDerBeets (48) 17.5. 50-54: 1. Bob Higginotham (54); 2. John Friesen (53) 26.6. 55-59: 1. Roy Wiggington (55) 20.0; 2. James Johnson (58) 21.7. 60-64: 1. Bob Hunt (61) 16.5.

100 Meter Hurdles - Women: 50-54: 1. Fran Stevenson (50) 23.6.

400 Meters - Men: 30-34: 1. Eugene Driver (30, CDM) 49.3; 2. Bill Weller (33, WVTC) 55.7; 3. Todd Overgard (30, Unatt) 58.2. 35-39: 1. Matt Pruit (35, WVTC) 49.6; 2. George Muson (37, WVTC) 51.2; 3. David Romain (39, WVTC) 51.8. 40-44: 1. Bill Knocke (41, SCS) 50.9; 2. George Cohen (41, SCS) 52.9; 3. Dave Donaldson (41, WVTC) 53.9; 4. Ron Toombs (40, Unatt) 54.6; 5. Bill Green (44, Stan) 55.0; 6. Bill Mitchell (41, Unatt) 55.8; 7. Bob King (41, WVTC) 59.4. 45-49: 1. Nick Newton (47, SCS) 53.7; 2. Bruce Springbett (48, NCSTC) 54.5; 3. Eric Hamer (46, ASUTC) 56.9; 4. Bill Eller (46, NCSTC) 58.2; 5. John Billmeyer (49, Unatt) 59.9. 50-54: 1. Kelth Whitaker (51, AGUTC) 55.0; 2. Huel Washington (52,

Unatt) 59.2; 3. Peter Woodward (52, NCSTC) 62.8; 4. Bernard Stevens (52, Unatt) 65.5. 55-59: 1. Phill Arnot (56, NCSTC) 58.3° 60-64: 1. Bob Hunt (61, SCS) 63.0; ° 2. Henry Fairbanks (62, Unatt) 64.9. 65-69: 1. Harry Koppel (68, Unatt) 64.4; ° 2. John Sattl (67, NCSTC) 68.5; 3. Jerome Lopes (65, NCSTC) 72.1. 70-74: 1. Mel Shine (72, OVRR) 75.8.

400 Meter - Women: 40-44: 1. Almeta Parish (44, NCSTC) 69.0. 55-59: 1. Martha Fairbank (59, Unatt) 94.4*

100 Meters - Men: 30-34: 1. Mike Jackson (32, SCS) 10.8; 2. Greg Marshall (33, WVTC) 10.9; 3. Joel Eckels (32, LURC) 11.7; 4. Steve Franklin (34, Unatt) 11.9. 35-39: 1. Bill Johnson (Unatt) 11.1: 2. Sam Robinson (37, WVTC) 11.3: 3. German Kuhlfeld (38, Unatt) 12.1; 4. Gerry Varty (39, Unatt) 12.2); 5. Ron Williams (37, NCSTC) 13.0. 40-44: 1. Ben Anixter (43, NCSTC) 11.3; 2. GII Latorre (43, NCSTC) 11.6; 3. Ron Toombs (40, Unatt) 11.8; 4. Kent Taylor (40, SS) 12.1; 5. Thom Jones (41, Unatt) 13.5; 6. Terry Nakamitsu (42, Unatt) 15.8. 45-49: 1. Bruce Springbett (48, NCSTC) 11.6; 2. Percy Knox (47, CDM) 11.6; 3. Lloyd Murad (48, Unatt) 11.9; 4. Marion Sanchez (49, NCSTC) 11.9; 5. Richard Hansen (48, NCSTC) 11.9; 6. Bill Eller (48, NCSTC) 12.3, 50-54; 1. Dick Marlin (50, NCSTC) 12.0; 2. Vern Reigier (53, NCSTC) 12.2; 3. Huel Washington (52, Unatt) 12.3; 4. Ed Mahany (50, NCSTC) 12.3; 5. Richard Zumwalt (54, NCSTC) 12.4; 6. Will Robinson (50, CTC) 12.5. 55-59: 1. Alphonse Juliand (58, Unatt) 12.5;* 2. Roy Wigginton (55, NCSTC) 12.7; 3. Ray Spencer (58, NCSTC) 13.5; 4. Janes Johnson (58, NCSTC) 13.5. 60-84: 1. Payton Jordan (64, CDM) 12.6; 2. Clarence Killion (63, CDM) 13.3; 3. Henry Fairbank (62, Unatt) 13.6; 4. Bob Hunt (61, SCS) 13.8; 5. Sam Hoover (62, NCSTC) 14.3. 65-69: 1. Harry Koppel (68, Unatt) 12.9;* 2. Alan Cranston (66, Unatt) 15.1. 70-74: 1. Tony Castro (SCS) 14.1. 75-79: 1. Lamar Jackson (75, NCSTC) 14.7°

100 Meters - Women: 30-34: 1. Jan Henderson (34, NCSTC) 15.7. 40-44: 1. Almeta Parish (44, NCSTC) 15.9; 2. Connie Volght (43, NCSTC) 17.8. 45-49: 1. Margaret Hamer (46, ASUTC) 16.2; 2. Joan Tyksinski (49, NCSTC) 17.8. 50-54: 1. Fran Stevenson (50, Unatt) 16.0; 2. Barbara Greenleaf (52, Unatt) 17.2; 3. Shirley Dietderich (54, NCSTC) 17.5-559: 1. Martha Fairbank (59, Unatt) 17.7° 60-64: 1. Josephine Kolda (63, NCSTC) 16.9; 2. Marjorle Hunt (62,

800 Meters - Men: 30-34: 1, Mannie Mahon (31, WVJS) 2:05.8; 2. David Garcia (30, WVJS) 2:06.0. 35-39: 1. George Mason (37, WVTC) 1:58.4; 2. Steve Waggener (36, CDM) 2:02.0; 3. Bob Browne (35, WVTC) 2:02.7; 4. J. Cronin (36, Unatt) 2:09.6. 40-44: 1. George Cohen (41, SCS) 2:00.6; 2. Dave Donaldson (41, WVTC) 2:01.1; 3. Jack Knebel (42. WVTC) 2:03.5; 4. John Pitman (42, BMSTC) 2:04.2; 5. Fernie Montanez (40, FTC) 2:04.9; 6. Bill Wade (PAMA) 2:13.3. 45-49: 1. Pete Richardson (46, WVTC) 2:06.1; 2. Eric Hammer (46, ASUTC) 2:08.7; 3, Ken Napier (49, WVSS) 2:19.5; 4. Bob Shaw (47, VL) 2:19.6; 5. Ron Niedrauer (49, WVSS) 2:28.7. 50-54: 1. Dave Stevenson (52, WVTC) 2:16.1; 2. Harry Hill (53, WVSS) 2:31.0; 3. Keith Campbell (54, WVSS) 2:31.7. 60-64: 1. Richard Moore (61, Unatt) 2:35.0; 2. Alan Waterman (62, STAN) 2:35.7. 65-69: 1. Ray Mananak (65, NCSTC) 2:38.9* 70-74: 1. Mel Shine (72, DURR) 2:58.7.

800 Meters - Women: 30-34: 1. Annette Borden (30, Unatt) 2:35.2* 35-39: 1. Janie Duff (35, LGTA) 2:31.8;* 2. Carole Mawson (37, WS) nt. 40-44: 1. Mimi Gerard (40, Unatt) 245.2*

5000 Meters - Men: 30-34: 1. Allan Stanbridge (34, EXTC) 15:55.2° 35-39: 1. Jake White(39, WVTC) 15:44.8; 2. Harvey Franklin (38, Unatt) 15:49.5; 3. Jim Howell (37, WVTC) 16:14.7; 4. Sten Mawson (39, TRAC) 18:08.8; 5. Ira Yawnick (39, STC) 18:34.6. 40-44: 1. Bill Meinhardt (40, WVJS) 15:40.9; 2. Phil Hager (44, Unatt) 17:09.2; 3. Wayne Meyer (41, NCSTC) 18:16.3. 45-49: 1. James Jacobs (47, PAMA) 18:19.2; 2. Saul Silven (46, Unatt) 18:34.6; 3. George Moss (45, NCSTC) 19:43.9. 50-54: 1. James Nicholson (50, PAMA) 18:20.0; 2. Patrick Devine (52, Unatt) 18:24.6; 3. Keith Campbell (54, WVJS) 20:37.4. 65-69: 1. Arnold Scott (66, Unatt) 20:42.1°

5000 Meters - Women: 40-44: 1. Marilyn Harbin (43, WVTC) 20:33.4" 45-49: 1. Vicki Bigelow (45, ARC) 18:35.9; 2. Lilian Woodward (45, NCSTC) 22:00.0. 60-64: 1. Jaclyn Cassell (60, WVTC) 23:45.7"

200 Meters - Men: 30-34: 1. Eugene Driver (30, Unatt) 21.5; 2. Mike Jackson (32, SCS) 22.2; 3. Greg Marshall (33, WVTC) 22.6. 35-39: 1. Matt Pruitt (35, WVTC) 22.0; 2. BIII Johnson (35, Unatt) 22.7; 3. Sam Robinson (37, WVTC) 23.7; 4. Herman Kuhlfeld (38, Unatt) 25.0. 40-44: 1. Bill Knocke (41, SCS) 22.9; 2. Gil Latorre (43, NCSTC) 24.0; 3. Ron Toombs (40, Unatt) 24.4; 4. Bill Mitchell (41, Unatt) 25.5. 45-49: 1. Nick Newton (47, SCS) 23.5; 2. Bruce Springbett (48, NCSTC) 23.9; 3. Hans Bruhner (48, NCSTC) 24.1; 4. Jack Randolph (48, NCSTC) 26.6; 5. John Billmeyer (47, Unatt) 26.7. 50-54: 1. Keith Whitaker (51, GR BRIT) 24.7;* 2. Huel Washington (52, Unatt) 25.8; 3. Ed Mahany (50, NCSTC) 26.1; 4. Will Robinson (50, CTC) 26.2; 5. Richard Zumwalt (54, NCSTC) 26.5; 6. Vern Regier (53, NCSTC) 28.0. 55-59: 1. A. Julland (58, Unatt) 26.2; 2. Roy Wiggington (55, NCSTC) 26.9; 3. Ray Spencer (58, SDTC) 27.7. 60-64: 1. Payton Jordan (64, CDM) 25.3; 2. Clarence Killion (63, CDM) 26.9; 3. Henry Fairbanks (62, Unatt) 29.1; 4. Sam Hoover (62, NCSTC) 29.5; 5. Henderson 30.9. 65-69: 1. Harry Koppel (68, Unatt) 27.4;* 2. John Satti (67, NCSTC) 29.3; 3. Alan Cranston (66, NCSTC) 32.8. 70-74: 1. Tony Castro

200 Meters - Women: 35-39: 1. Janle Duff (35, LGAA) 29.2° 40-44: 1. Almeta Parish (44, NCSTC) 29.4. 45-49: 1. Margaret Hamer (46, GRB) 33.7. 50-54: 1. Fran Stevenson (50, Unatt) 37.0. 55-59: 1. Martha Fairbank (59, Unatt) 39.0. 60-64: 1. Josephine Kolda (63, NCSTC) 37.2.

1500 Meters - Men: 30-34: 1. D. Tracy (34, WVTC) 4:13.8; 2. D. Moon (33, WVJS) 4:27.5; 3. R. Landrum (31, C. YEAR) 4:43.6; 4. Todd Overgard (30, Unatt) 4:54.7; 35-39: 1. D. Himmelberger (35, SSC) 4:05.9; 2. Jim Howell (37, WVTC) 4:23.2; 3. Walt Jaquith (37, WVTC) 4:56.5; 40-44: 1. R. Schupbach (40, SSC) 4:09.6; 2. J. McFadden (40, WVTC) 4:17.8; 3. W. Schafer (43, CRC) 4:18.3; 4. Bill Meinhardt (40, WVJS) 4:20.8; 5. Bill Wade (40, PAMA) 4:21.5; 6. Fernie Montanez (40, FTC) 4:28.3; 7. Joan Brazinski (42, MPAC) 4:48.7. 45-49: 1. Ron Niederaver (49, WVJS) 5:17.4; 2. Vince Cavioe (49, Unatt) 5:41.2; 3. Steve Geraghty (49, Unatt) 6:20.00. 50-55: 1. Dave Stevenson (52, WVTC) 4:41.0; 2. J. Nicholson (50, PAMA) 4:59.4, 60-64: 1. Alan Waterman (62, SRC) 5:33.2.

1500 Meters - Women: 35-39: 1. Caro Mawson (37, WSt) 5:39.4. 40-44: 1. Mimi Gerard (40, WSt) 5:44.9. 45-49: 1. Vicki Bigelow (45, ARC) 5:25.0*

Mile Relay: 30-39: 1. West Valley TC 3:46.5; 2. West Valley Joggers & Striders 3:50.4, 40-49: 1. Norcal Seniors TC 3:56.0. 50-59: 1. West Valley Joggers & Striders 4:28.3;* 2. Norcal Seniors TC nt.

Shot Put - Mer: 30-34: 1. G. Powers (30) 36-5½; 2. G. 44-7. 35-39: 1. C. McCormick (37) 39-7½; 2. F. Johnson (35) 38-4. 40-44: 1. J. Hart (41, WVTC) 43-11; 2. K. Klehm (42) 38-10; 3. E. Pearson (43, Unatt) 28-10; 4. T. Jones (41) 28-8. 45-49: 1. J. Durrenberger (46, NCSTC) 29-0. 55-59: 1. G. Ker (58, CDM) 42-8; 2. B. Wolf (57, WCA) 26-11; 3. W. Toasperson (57, NCSTC) 25-4. 50-54: 1. H. Wallace (53, STC) 37-2½ 00-64: 1. M. Henderson (60, NCSTC) 43-1; 2. Q. Merlo (61, Unatt) 42-2½; 3. B. Stone (60, NCSTC) 39-4½; 65-69: 1. J. Jork (67, NCSTC) 41-3½; 2. R. Carter (67, PTC) 40-1; 3. W. Walker (69, NCSTC) 30-10. 70-74: 1. E. Curtice (74, Unatt) 31-7; 2. L. Williams (72, Unatt) 30-10. 75-79: 1. J. Seldon (78, Unatt) 22-11*

Shot Put - Women: 30-34: 1. S. Stepp (31, GRRC) 25-101/2. 35-39: 1. S. Klehm (36) 19-61/2. 40-44: 1. A. Parish (44) 25-7. 45-49: 1. Joan Tyksinski (49, NCSTC) 19-9*

Triple Jump: 35-39: 1. D. Isaksen (37, Unatt) 38-10; 2 R. Stepp (36, GRRC) 34-10½; 3. R. Warner (36, NCSTC) 27-7. 40-44: 1. E. Pearson (43, Unatt) 32-6½; 2. J. Sanchez (41, OPITC) 31-11. 45-49: 1. G. Dawson (46, WC) 32-9; 2. J. Randolph (47, BTC) 30-5. 55-59: 1. R. Spencer (58, SDTC) 39-9; 2. J. Johnson (58, CDM) 33-0.

Discus - Men: 30-34: 1. T. Fahey (31, WVTC) 149-6; 2. G. Klemson (31, PWTC) 108-2; 3. G. Powers (30, Unatt) 101-3. 35-39: 1. C. McCormick (37, Unatt) 133-10* 40-44: 1. J. Hart (41, WVTC) 131-6; 2. C. Klein (42, Unatt) 108-8; 3. E. Pearson (43, Unatt) 97-5. 45-49: 1. S. Letcher (49, NCSTC) 102-8; 2. J. Durrenberger (46, NCSTC) 78-0. 50-54: 1. H. Wallace (53, STC) 113-5; 2. J. Morilli (52, Unatt) 78-11. 55-59: 1. G. Ker (58, CDM) 127-9; 2. R. Hassman (56, GRRC) 114-5; 3. R. Wiggington (55, NCSTC) 101-5; 4. B. Wolf (57, WCA) 76-10. 60-64: 1. B. Stone (60, NCSTC) 137-1; 2. M. Henderson (60, NCSTC) 118-2; 3. Q. Merlo (61, Unatt) 116-9. 65-69: 1. J. York (67, NCSTC) 108-6; 2. R. Charter (67, PTC) 105-4; 3. W. Walker (69, NCSTC) 98-0; 4. J. McCarthy (66, NCSTC) 94-11; 5. J. McDonnell (67, DeAnza) 86-7. 70-74: 1. L. Williams (72, Unatt) 85-5. 75-79: 1. J. Sezdon (78, Unatt) 56-11*

Discus - Women: 30-34: 1. S. Stepp (31, GRRC) 102-7;* 2. J. Hendrson (34, NCSTC) 58-0. 35-39: 1. Sue Klehm (36) 58-10.

Long Jump - Men: 30-34: 1. Carl Flowers (34, CDM) 22-0;
2. J. Eckies (32, LVRC) 19-2½; 3. G. Marshall (33, WVTC) 18-5%. 35-39: 1. Dallas Isaksen (37, Unatt) 18-8; 2. J. Johnson (38, Cl) 15-0. 40-44: 1. D. Dewitt (42, WVTC) 18-5½;
2. J. Sanchez (41, OPITC) 18-10; 3. Earl Pearson (43, Unatt) 16-2. 45-49: 1. P. Conley (46, Unatt) 17-9; 2. J. RAndolph (47, BTC) 17-2; 3. R. Vanderbeets (48, NCSTC) 15-8. 50-54: 1. E. Mahany (50, NCSTC) 16-8* 55-59: 1. Ray Spencer (58, SDTC) 17-1½; 2. J. Johnson (58, NCSTC) 16-4. 60-54: 1. Jim Vernon (64, Unatt) 15-1. 65-69: 1. John Satti (67, NCSTC) 14-8; 2. J. McDonnel (67, D.ANZA) 10-9. 75-79: 1. Homer Van Gelder 10-10½.

Pole Vault: 30-34: 1. S. Schwartz (32, LLTC) 14-6. 35-39: 1. B. Hotaling (37, NCSTC) 12-0; 2. R. Stepp (36, GRRC) 11-6. 40-44: 1. D. Dewitt (42, WVTC) 11-6; * 2. T. Jones (41, Unatt) 8-6. 45-49: 1. B. Eller (46, NCSTC) 9-6; 2. J. Billmeyer (49, Unatt) 9-0. 50-54: 1. Hal Wallace (53, STC) 10-0. 55-59: 1. D. Brown (58, CDM) 10-0; * 2. J. Johnson (58, NCSTC) 9-0. 60-54: 1. Jim Vernon (64, Unatt) 11-0***

continued on next page....



100 Meter Hurdles - Women: 50-54: 1. Fran Stevenson (50) 23.6.

400 Meters - Men: 30-34: 1. Eugene Driver (30, CDM) 49.3; 2. Bill Weller (33, WVTC) 55.7; 3. Todd Overgard (30, Unatt) 58.2. 35-39: 1. Matt Pruit (35, WVTC) 49.6; 2. George Muson (37, WVTC) 51.2; 3. David Romain (39, WVTC) 51.8. 40-44: 1. Bill Knocke (41, SCS) 50.9; 2. George Cohen (41, SCS) 52.9; 3. Dave Donaldson (41, WVTC) 53.9; 4. Ron Toombs (40, Unatt) 54.6; 5. Bill Green (44, Stan) 55.0; 6. Bill Mitchell (41, Unatt) 55.8; 7. Bob King (41, WVTC) 59.4. 45-49: 1. Nick Newton (47, SCS) 53.7; 2. Bruce Springbett (48, NCSTC) 54.5; 3. Eric Hamer (46, ASUTC) 56.9; 4. Bill Eller (46, NCSTC) 58.2; 5. John Billmeyer (49, Unatt) 59.9. 50-54: 1. Keith Whitaker (51, AGUTC) 55.0; 2. Huel Washington (52,

Montanez (40, FTC) 2:04.9; 6. Bill Wade (PAMA) 2:13.3. 45-49: 1. Pete Richardson (46, WVTC) 2:06.1; 2. Eric Hammer (46, ASUTC) 2:06.7; 3. Ken Napier (49, WVSS) 2:19.5; 4. Bob Shaw (47, VL) 2:19.6; 5. Ron Niedrauer (49, WVSS) 2:28.7. 50-54: 1. Dave Stevenson (52, WVTC) 2:16:1; 2. Harry Hill (53, WVSS) 2:31.0; 3. Keith Campbell (54, WVSS) 2:31.7. 60-64: 1. Richard Moore (61, Unatt) 2:35.0; 2. Alan Waterman (62, STAN) 2:35.7. 65-69: 1. Ray Mananak (65, NCSTC) 2:38.9° 70-74: 1. Mel Shine (72, DURR) 2:58.7.

800 Meters - Women: 30-34: 1. Annette Borden (30, Unatt) 2:35.2* 35-39: 1. Janie Duff (35, LGTA) 2:31.8;* 2. Carole Mawson (37, WS) nt. 40-44: 1. Mimi Gerard (40, Unatt) 2:45.2*

Schafer (43, CRC) 4:18.3; 4. Bill Meinhardt (40, WVJS) 4:20.8; 5. Bill Wade (40, PAMA) 4:21.5; 6. Fernie Montanez (40, FTC) 4:28.3; 7. Joan Brazinski (42, MPAC) 4:48.7. 45-49: 1. Ron Niederaver (49, WVJS) 5:17.4; 2. Vince Cavioe (49, Unatt) 5:41.2; 3. Steve Geraghty (49, Unatt) 6:20.00. 50-55: 1. Dave Stevenson (52, WVTC) 4:41.0; * 2. J. Nicholson (50, PAMA) 4:59.4. 60-64: 1. Alan Waterman (62, SRC) 5:33.2. 1500 Meters - Women: 35-39: 1. Caro Mawson (37, WSt)

1500 Weters - Women: 35-39: 1. Caro Mawson (57, VISI) 5:39.4. 40-44: 1. Mini Gerard (40, WSt) 5:44.9. 45-49: 1. Vicki Bigelow (45, ARC) 5:25.0°

Mile Relay: 30-38: 1. West Valley TC 3:46.5; 2. West Valley Joggers & Striders 3:50.4. 40-49: 1. Norcal Seniors TC 3:56.0. 50-59: 1. West Valley Joggers & Striders 4:28.3;* 2. Norcal Seniors TC nt.

17-11; 2. J. Johnson (58, NCSTC) 16-4. **60-6**4; 1. Jim Vernon (64, Unatt) 15-1. **65-69**: 1. John Satti (67, NCSTC) 14-8; 2. J. McDonnel (67, D.ANZA) 10-9. **75-79**: 1. Homer Van Gelder 10-10½.

Pole Vault: 30-34: 1. S. Schwartz (32, LLTC) 14-6. 35-39: 1. B. Hotaling (37, NCSTC) 12-0; 2. R. Stepp (36, GRRC) 11-6. 40-44: 1. D. Dewitt (42, WVTC) 11-6; * 2. T. Jones (41, Unatt) 8-6. 45-49: 1. B. Eller (46, NCSTC) 9-6; 2. J. Billimeyer (49, Unatt) 9-0. 50-54: 1. Hal Wallace (53, STC) 10-0. 55-59: 1. D. Brown (58, CDM) 10-0; * 2. J. Johnson (58, NCSTC) 9-0. 60-54: 1. Jim Vernon (64, Unatt) 11-0***

continued on next page....



PA Championships continued from previous page

High Jump - Men: 30-34: 1. E. Baskauskas (30, WYTC) 6-2; 2. Joel Eckels (32, LVRC) 5-10. 40-44: 1. Dee Dewitt (42, WYTC) 5-6; 2. R. Toombs (40, Unatt) 5-4; 3. E. Pearson (43, Unatt) 4-10; 4. J. Sanchez (41, OPITC) 4-8½. 45-49: 1. Herm Wyatt (49, Unatt) 6-2; 2. Nick Newton (47, SCS) 5-10; 3. SAnchez (48, Unatt) 5-2; 4. R. VanDerBeets (48, NCSTC) 4-6½. 50-54: 1. Hal Wallace (53, STC) 4-8½; * 2. P. Devine (52, Unatt) 4-2; 3. J. Friesen (53, CDM) 3-10. 55-59: 1. Dave Brown (58, CDM) 4-8½; * 2. J. Johnson (58, NCSTC) 4-4. 60-64: 1. M. Henderson (60, NCSTC) 4-10; * 2. Jim Vernon (64, Unatt) 4-6½. 85-68: 1. J. McCarthy (66, NCSTC) 4-4. 75-79: 1. H. Van Gelder 3-10.

High Jump · Women: 40-44: 1. Joan Tyksynsky (49, NCSTC) 3-0* 50-54: 1. B. Greenleaf (52, Unatt) 3-6* 60-64: 1. V.Landuyt (60, Unatt) 3-2*

JT-30-34: 1. Power 137-8; 2. Henderson 124-4; 3. Nick Massey 113-7. 35-39: 1. Frederick Johnson 158-5; 2. Cornelius McCormick 148-0; 3. Richard Stepp 135-5. 40-44: 1. Bart Gale 177-10; 2. Earl Pearson 116-0; 3. Carl Klehm 95-5. 45-49: 1. Phill Conley 186-9; 2. Spencer Letcher 176-7; ** 3. Ed Phillips 133-9; 4. Steve Geraghty 62-5. 50-54: 1. Ralph Sutton 164-10; *2. Hall Wallace 121-0; 3. Jack Morrill 99-5. 55-59: 1. Ed Chenowyth 140-2; *2. Roy Wiggington 106-7; 55-59: 1. Ed Chenowyth 140-2; *2. Roy Wiggington 106-7; 58-81ton Wolf 70-10. 60-64: 1. Bob Stone 126-3; *2. Bill Burke.

65-69: 1. John McDonnell 83-8; 2. Frank Saylor 79-0. 70-74: 1. Emery Curtice 110-7. 75-79: 1. John Seldon 41-1.

Javelin - Women: 30-34: 1. Sandra Stepp 97-4;* 2. Jan Henderson 62-0. 35-39: 1. Sue Klehm 61-2* 50-54: 1. Shirley Dietderich 51-5*

35 Pound Weight: 30-34: 1. W. Henderson (34, NCSTC) 28-8½; 2. G. Klemson (31) 26-6½; 3. S. Franklin (34) 24-11. 40-44: 1. C. Klehm (42, Unatt) 46-4; 2. J. Hart (44, WVTC) 31-3. 45-49: 1. G. Dawson (46, WC) 25-5 * 50-54: 1. J. Morrill (52, Unatt) 23-5 * 55-59: 1. B. Wolf (57, WCA) 17-1. 60-64: 1. B. Stone (60, NCSTC) 29-0. 65-69: 1. Jim York (67, NCSTC) 24-6 * 770-74: 1. L. Williams (72, Unatt) 26-2; 2. E. Curtis (74, NCSTC) 22-6.

400 Meter Hurdles: 30-34(36"): 1. Don Roberts (31, Unatt) 57.8° 35-39: 1. Cornelius McCormick (37, Unatt) 59.4. 40-44: 1. Phil Vincent (42, NCSTC) 63.8; 2. Bill Mitchell (41, Unatt) 68.4. 45-49: 1. Jack Randolph (47, BTC) 74.0. 50-54: 1. Keith Whitaker (50, GB) 64.6; 2. Dave Stevenson (52, WVTC) 68.6. 55-59: 1. Roy Wiggington (55, NCSTC) 68.9° 60-64: 1. Bob Hunt (61, SCS) 72.0° 65-69: 1. John Satti (67, NCSTC) 80.8°

- ** Meet Record
- ** Meet and American Record
- *** World Age Record



By LEN WALLACH

athryn Marie Atkinson has more records than any other runner in the world, male or female. About 16,000 to be exact. Nine of them are American running records but the rest are a collection from almost 45 years in the juke box business.

If one were to be running behind this 64 year old cross between a pepper pot and a mountain goat, you would swear that she is only 20 years old as her diminutive physique has all the characteristics of a young maiden. But this former two-pack-a-day smoker could walk down the halls of any college campus and pass for a modern day coed if it wasn't for a few wrinkles around the eyes which comes with age and wisdom.

She holds, at least as the latest NRDC published results proclaim, the American age group records for 60-69 for 25K, 20 miles, as well as individual year records for 10 and 25 kilometers for age 61 and 62; 20 miles for age 62; half marathon for age 60; and marathon for age 62. Her goals now, naturally, are to establish or displace both individual year and age group records.

She's cranked out 2,500 miles per year and has put in a 6:35 mile in the middle of an interval workout with her impala Club teammates. If her time had been run in a certified meet, it would have established a new national record easily. Besides toughing it out each year in the Pikes Peak Marathon, she's also run a 50 miler in her quest for adventure on the roads.

Kay Atkinson is a mix between a

Spotlight On:

TOM PATSALIS

By MARTY HIGGINBOTHAM

photo by Marty Higginbotham

Tom Patsalis has done a terrific job of establishing himself as a top master competitor. The 59 year old Patsalis competes for the Corona Del Mar Track Club. Success in track and field is not new to Patsalis. As a high school senior he was indoor champion in the 30 yard dash and won the All City long jump with a leap of 22-13/4. In 1941 he attended Wayne University in Detroit and ended up the best long jumper as a freshman with a jump of 23-1.

When World War II broke out he enlisted in the Navy, where he says he played music most of the four years. After the war he transferred from Wayne University to USC with a scholarship in music and track. Because of the transfer in schools he had to sit out a year, so he competed in track in 1948 and 1949. His best marks there included a 9.9 100 yard dash and a leap of 24-1 in the long jump. After graduation from Southern California, Tom pursued music as a career.

Patsalis discovered masters track in 1972, so after a 23 year lay off he began to compete again at age 50. As a master Patsalis competes in four events with the long jump being his favorite. His best marks in his events are: 100 meters 12.1(76); triple jump 40-9(73); 110 meter hurdles 16.7(77); and a 20-8 % leap in the long jump in 1977.

At the second World Masters Championships held in Gothenburg, Sweden in 1977 he won three gold medals - long jump (19-21/4); triple jump (39-111/4); and 110 hurdles (36" 17.6). He also took a fifth place in the 100 meter dash. In the third World Masters Championships held in Hanover, Germany in 1979 he brought home two gold medals, both in the jumps as he soared 19-41/2 in the long and 39-8 in the triple. He also nabbed a silver in the hurdles and once again a fifth in the 100.

Patsalis holds many single age records in the long jump, triple jump and 110 hurdles. He also holds the 55-59 age group long jump mark. The 5-8, 152 pound Patsalis went on a record setting spree at the Northeastern Relays this year (April 11) as he long jumped 19-1½, triple jumped 39-3¾ and timed 17.3 over the 33" 110 meter hurdles. All three of these efforts are new world records for age 59, quite an amazing day for Tom!



During the track season Tom practices four days a week at Cal State University at Los Angeles, working on endurance and form for his events. As far as his training rules, he has cut down on junk food and takes vitamin supplements. His sleep pattern is somewhat irregular due to his music and night work in the entertainment business. Patsalis eases off training toward the end of the year and looks forward to starting all over the following year, he also adds that he enjoys competing and the friendship that exists among the athletes.

By LEN WALLACH

athryn Marie Atkinson has more records than any other runner in the world, male or female. About 16,000 to be exact. Nine of them are American running records but the rest are a collection from almost 45 years in the juke box business.

If one were to be running behind this 64 year old cross between a pepper pot and a mountain goat, you would swear that she is only 20 years old as her diminutive physique has all the characteristics of a young maiden. But this former two-pack-a-day smoker could walk down the halls of any college campus and pass for a modern day coed if it wasn't for a few wrinkles around the eyes which comes with age and wisdom.

And wisdom she has as this human dynamo has made the tough rounds of the juke box world which doesn't always take you to the nicest establishments of San Francisco. Bar names like "Jerry and Johnny's." "The Boat House," "McCarthy's," "O'Sheas," are some of the more acceptable places but there's others with equally poetic names where even the devil would tred lightly.

Co-founder of the women's Pikes Peak support group, "Peak Busters," she's been a role model for so many San Francisco females that they are flocking to the mountain like moths do to a back porch light. Her peculiar qualities of looking for adversity and triumphing over it, makes her kind of a geriatric Pied Piper causing at least one woman to comment, "She's like w'at we want a mother to be."

So what has this tough minute-sized superwoman, who has run more marathons than most young runners are able to count, accomplished? Considering that California had only 39 women over age 50 who has completed marathons in 1980 to lead the nation (New York had only 20), Kay Atkinson has found a dream come true as running has provided her with new goals to achieve, records to knock off, and friends to meet.

She holds, at least as the latest NRDC published results proclaim, the American age group records for 60-69 for 25K, 20 miles, as well as individual year records for 10 and 25 kilometers for age 61 and 62; 20 miles for age 62; half marathon for age 60; and marathon for age 62. Her goals now, naturally, are to establish or displace both individual year and age group records.

She's cranked out 2,500 miles per year and has put in a 6:35 mile in the middle of an interval workout with her Impala Club teammates. If her time had been run in a certified meet, it would have established a new national record easily. Besides toughing it out each year in the Pikes Peak Marathon, she's also run a 50 miler in her quest for adventure on the roads.

Kay Atkinson is a mix between a senior citizen tom boy and a drop in Catholic, being unable to resist the pull of competition and her family upbringing. Socially minded, she's an active member of most Bay Area running photo by Sandy Vernon



clubs including Impala, Dolphin South End. Pamakids, and NorCal Seniors. joining any group who either has a newsletter or is interested in running.

unip 40-3(13), 110 meter maraies 10.1(11) and a 20-834 leap in the long jump in 1977.

At the second World Masters Championships held in Gothenburg, Sweden in 1977 he won three gold medals - long jump (19-21/4); triple jump (39-111/4); and 110 hurdles (36" 17.6). He also took a fifth place in the 100 meter dash. In the third World Masters Championships held in Hanover, Germany in 1979 he brought home two gold medals, both in the jumps as he soared 19-41/2 in the long and 39-8 in the triple. He also nabbed a silver in the hurdles and once again a fifth in the 100.

Patsalis holds many single age records in the long jump, triple jump and 110 hurdles. He also holds the 55-59 age group long jump mark. The 5-8, 152 pound Patsalis went on a record setting spree at the Northeastern Relays this year (April 11) as he long jumped 19-11/2, triple jumped 39-33/4 and timed 17.3 over the 33" 110 meter hurdles. All three of these efforts are new world records for age 59, quite an amazing day for Tom!



During the track season Tom practices four days a week at Cal State University at Los Angeles, working on endurance and form for his events. As far as his training rules, he has cut down on junk food and takes vitamin supplements. His sleep pattern is somewhat irregular due to his music and night work in the entertainment business. Patsalis eases off training toward the end of the year and looks forward to starting all over the following year, he also adds that he enjoys competing and the friendship that exists among the athletes.

In her 62nd year she ran 252 continuous laps around the infamous Woodside High School track in Redwood City to post 63 miles within 24 hours, just to see if she could stay up the clock around. Her Irish blue-green eyes and short boyish haircut hide her inner toughness as she covers it up with an impish razor sharp wit which fades when she's in an athletic contest.

Her first race was, as for most new runners in San Francisco, the Bay to Breakers in 1974. Her next race in the same year was the Pikes Peak Marathon, an enormous jump in. distance and difficulty, "I'm into doing the improbable," the wild gesturing runner declared. "Maybe I'm a little goofy but after watching bartenders being trapped in their smoke and booze work situation, even running up Pikes Peak is worth the escape," she added. "Besides, there's no known limit to what older people can accomplish, so I'm going to try to find out if there is any."

Like most mothers, she brags a bit

about her schoolteacher son, Jeff, and his accomplishments, but doesn't dwell on him or her own excellence in golf, where she's no slouch with the sticks. "I'm my own hero, right or wrong," she smacked the words up at me. "I'm trying to be what I want to be," which was her way of paving the way that she's disgusted with softer willed women who won't push themselves out of mediocrity.

Right in the middle of this serious moment she added a comment like it was part of the same subject, "Say, did you know that the record which sold the most copies was 'People Will Say We're in Love' and that it was the top of the hit parade for 28 weeks?" Her occasional departures from logic and literary sanity helped me agree with her that maybe she was a little more unusual than I thought.

Kathryn Marie Atkinson may be a little goofy, but if she is, it's the kind of madness that would well serve all of us as well as her age group and sex. She may be her own hero but she's also my own too.

Track & Field Results

California Relays

By KEITH CONNING

May 16. Modesto.

Ben Plucknett(Southern California Striders/Missouri '76) set a new world and American record in the discus with a toss of 233-7. The old world record of 233-5 was set by Wolfgang Schmidt (East Germany) in Berlin, East Germany on August 9, 1978. The old American record of 232-6 was set by Mac Wilkins (Pacific Coast Club) in San Jose on May 1, 1976. Plucknett also surpassed Wilkins' meet record of 228-10 set last year. Plucknett also placed second in the shot put at 67-634, a personal record. His two outstanding performances were the best one day double ever (2085 points on the Portuguese Tables). The previous best was 2077 by Schmidt with his 1978 performance of 67-23/4 and 230-5.

Plucknett met with the press after his discus competition. "Richard Marks is my weight coach," said Plucknett. "It was nice to have the wind. It was nice to have ten throwers of this caliber. I'm 304 pounds and 6 feet 7 Inches tall. I'm 27 years old and attended the University of Missouri from 1973 to 1976. I threw 200 feet once in college. I'm not at my peak in throwing yet. Powell is very competitive. I was uptight and unpredictable. I settled down on my last throw, I had a lot of trouble staying in the ring. For the last three years I've set personal records here. Up to last year I thought about making the Olympic team. Now I think about world records. I'd like to do the all-time double (discus-shot). I work for the Canteen Corporation in San Jose, it was nice to get the world's record back in the United States

John Powell(AA) set a personal record of 229-7 behind Plucknett, to move to number 5 performer on the all-time world list, "You have to respect the talent of Plucknett," said Powell. "It's not over until the final throw. When a guy weighs over 300 pounds you expect him to throw that far."

Goran Svensson (Brigham Young University/Sweden) set a new collegiate record of 217-3. The old record was 214-7 by Borys Chambul (Washington) set on 7/21/76.

209-4, but didn't make the finals!

Wilkins(Athletics West), only a shadow of his size last season, finished 13th at 199-8.

Men's diacus — 1, Ben Plucknett, Southern California Sinders, 233-7; world record, old mark 233-5. Wolfgang Schmidt, East Ger-many, 1978. 2, John Powell, Stars & Stripes; 229-7. 3, Art Burns, San Jose Stars, 219-11. 4, Knut Fijelmes, SC Striders, 219-4.

Women's 100 meters — 1, Gwen Loud, LA Mercurettes, 11.74 (wind aided). 2, Pam Green, unattached, 11.82. 3, Freida Cobbs, Berkeley East Bay TC, 12.11. 4, Karen Schaefler, unat, 12.16.

schaerer, unst, 12.16.

110 High hurdles — 1, Greg Foster, unst, 13.18. 2, Dedy Cooper, Bay Area Striders, 13.49. 3, Toni Campbell, Southern California, 13.62. 4, Greg Veatch, SC Striders, 13.66. 3000 Steeplechase — 1, Henry Marsh, Athletics West, 8:43.7. 2, Fred Behrmann, Brigham Young, 8:52.0, 48. 8, brahim Hussein, New Maxico, 8:57.0, 48. Rehast Limites Can Discrete.

Mexico, 8:57.0. 4, Robert Lusitana, San Diego

Women's long jump — 1, Schonnel Ferguson, Stanford, 21-2. 2, Pam Donald, Stanford, 20-10. 3, Gwenn Loud, LA Mercurettes, 20-61/2. 4, Janet Taylor, unat, 19-43/4.

Women's high jump — 1, Joni Huntley, Pa-cific Coast Club, 6-0. 2, Patti Stafford, Vitamins, 5-10. 3, Kathy Hamilton, California, 5-8, 4, Lori Smith, LA Mercurettes, 5-4. Women's 800 — 1, Robin Campbell, Stan-

ford, 2:04.9. 2, Tecla Chemabwai, New Mexico, 2:06.9. 3, Lee Ballenger, Athletics West, 2:07.2. 4, Rochelle Collins, Texas-El Paso,

Women's 100 high hurdles - 1, Kim Turner, Texas-El Paso, 13.29 (wind aided). 2, Maureen McGee, LA Mercurettes, 13.73. 3, Linda Bourn, unat, 13.97. 4, Lori Smith, LA

Men's 400 relay — 1. Maccabbi Union (Dwayne Strozier, Leon Reed, Marion McCoy,

John Saunders), 40.08, 2, Arizona, 40.16, 3, Sacramento City College, 40.51. 4, Stanford,

400 hurdles — 1, Bart Williams, Stars & Stripes, 50.13. 2, James King, Maccabi U., 50.19. 3, Larry Cowling, California, 50.74. 4, Donnyl Davis, San Diego, 52.89.

Women's 400 — 1, Robin Campbell, Standard Scale California

ford, 53.24. 2, Charlmaine Crooks, Texas-El Paso, 54.09. 3, Brenda Peterson, LA Mercurettes, 55.39: 4, Bobby Gilmore, Sacramen-

Women's javelin - 1, Kate Schmidt, PC Club, 190-9. 2, Patti Kearrey, Oregon TC, 189-4. 3, Linda Hughes, Oregon St., 172-10. 4, Linn Dunton, Athletes in Action, 155-11.

Men's 800 — 1, Pete Lemashon, Texas-El

Paso, 1:47.3. 2, George Mehale, Texas-El Paso, 148.4. 3, Pete Serna, Lobo TC, 1:48.4. 4, Mark Enyeart, PC Club, 148.6.
Men's 400 — 1, Rod Bethany, USC TC,

46.85. 2, Greg Simons, San Diego, 47.11. 3, Ed Daniels, Maccabi U., and Harold Williams, San Diego, 47.15.

Hammer - 1, Richard Olsen, Southern Methodist, 236-6. 2, Andy Bessette, NY Athletic Club, 221-2. 3, Peter Farmer, Maccabi U., 218-8. 4, Peter Galle, NYAC, 217-0. Women's 200 - 1, Pam Green, unat, 24.07

(wind aided). 2, Inga Patterson, unat, 24.24. 3, Jeanine Brown, Texas-El-Paso, 24.35. 4, Latanya Dawkins, unat, 24.42.

Men's 100 - 1, Dwayne Evans, Arizona St., 10.07 (wind aided). 2, Ron Brown, ASU, 10.08. 3, Don Quarrie, SC Striders, 10.30. 4, Chris Braithwaite, Oregon TC, 10.37.

Men's javelin — 1, Laslo Babbits, Washington, 265-5. 2, Bruce Kennedy, PC Club. 265-3½. 3, Bob Roggy, Athletics West, 262-11. 4, Juha Montunon, BYU. 249-8.

Men's high jump - 1, Tyke Peacock, Modesto JC, 7-4. 2, James Frazier, Arizona. 7-3. 3, Reynaldo Brown, All Am TC, 7-21/2, 4, Newton Goode, unat, 7-21/4.

Men's mile - 1, Steve Scott, Sub 4 TC. 3:55.2. 2, John Walker, Athletics Attic, 3:56.3. 3, Jim Spivey, Indiana, 3:57.0. 4, Tom Byers, Athletes West, 3:57.2.

Men's shot put - 1, Brian Oldfield, unat,

72-3: American record, old record 71-81/2. Terry Albritton, Hawaii, 1976. 2, Ben Plucknett, SC Striders, 67-634. 3, Bishop Dolegiewizc, Maccabi U., 66-6. 4, Dave Laut, Athletics Wast 65-9

Women's 3000 - 1, Francie Larrieu, PC Club, 9:09.4. 2, Monica Joyce, Vitamins, 9:14.3. 3, Debbie Eide, Oregon TC, 9:28.0. 4, Mary Anne Scammell, Sacramento St.,

Men's 800 relay - 1, 'Arizona St. (Greg Moore, Dwayne Evans, Howard Henly, La Monte King). 1:21.01. 2, Sacramento SCC, 1:23.07. 3, Stars & Stripes. 1:24.36. 4, Capitol City Striders, 1:24.9.

Men's triple jump -- 1, Ray Kimball, Bay Area Striders, 54-113/4 (wind aided). 2, Mika Marlow, Stars & Stripes, 53-71/4. 3, Paul Jordan, Houston, 53-31/4. 4, Greg Caldwell, Stars & Stripes, 53-11/2.

Pole vault -- 1, David Volz, Indiana, 18-1. 2, David Kenworthy, unat, 17-81/4. 3, Terry Porter, Houston AC, 17-81/4. 4, Larry Jessie, Macçabi

Women's discus - 1, Lorna Griffin, Athletes West, 185-8. 2, Carol Cady, Stanford, 170-9. 3, Marriette Van Heerden, unat, 170-8. 4. Heather Kuusula, BYU, 169-7.

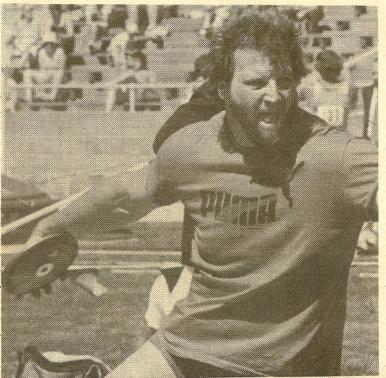
Men's long jump — 1, Mike McRae, Bay Area Striders. 27-3½ (wind aided). 2, Mike Marlow, Stars & Stripes, 26-5. 3, Charleton Ezihuelem, Maccabi U., 26-2½ 4, La Monte King, Arizona St., 26-13/4.

Men's 5000 — 1, Randy Melancon, Athletics West, 13:56.2. 2, Ibrahim Mental Lobo TC, 13:56.3. 3, Mike Layman, Club Northwest, 13:59.0. 4, Domingo Tibaduiza; unat.

Men's 1600 relay — 1, Arizona St. (Leon Tubbs, Howard Henley, Michael Sullivan, Dwayne Evans), 3:05.9: 2, Stars & Stripes, 3:08.4. 3, Arizona, 3:09.3. 4, Capitol City

Men's 200 — 1, Don Quarrie, SC Striders, 20.42. 2, Bill Green, USC TC, 20.51. 3, Tim Foster, unat, 20.66. 4, Marty Keulee, Stars &

photo by Don Gosney



Evans(unattached), the 1968 Olympic champion and world record holder, placed eighth and last in 47.5. "I knew Juantorena wouldn't be that sharp today because he's just started training," said Smith. "I've got the national championships next week. Alberto will get sharper later-I need to be sharp right now."

Miler Steve Scott(Sub-4 TC), ranked number two in the world, defeated Sydney Maree(Athletic Attic) and former world record holder John Walker(Athletic Attic/New Zealand). "I really don't know why the time was so slow today, except I know that the wind was a factor," said Scott. "I came here under the impression that we were going to have a barnburner. I think Maree was saving something for next week."

Men's 100 Meters: 1. Ron Brown (Arizona State) 10.46; 2. Emmit King (Unatt) 10.56; 3. Silvio Leonard (Cuba) 10.60; 4. Steve Riddick (Philadelphia Pioneers) 10.62; 5. Steve Williams (Unatt) 10.73.

Women's 800 Meters: 1. Lee Ballenger (Athletics West) 2:05.61; 2. Jessica Spies (Livermore HS) 2:07.35; 3. Diana Figliomeni (West Valley TC) 2:08.07; 4. Tracy Weber (Lynbrook HS) 2:10,15; 5. Ella Willis (Concerned Athletes) 2:12.0.

Men's 400 Meters: 1. Willie Smith (Athletic Attic) 45.65; 2. Tony Darden (Philadelphia Pioneers) 46.40; 3. Eugene Sanders (Mississippi Valley) 46.57; 4. Herman Frazier (Philadelphia Pioneers) 46.92; 5. Chris Whitlock (Washington State) 46.96.

Men's 5000 Meters: 1. Matt Centrowitz (NYAC) 13:48.3; 2. Amos Korir (Athletic Attic) 14:00.0; 3. Dick Quax (Athetics West) 14:06.8; 4. Domingo Tibaduiza (Columbia) 14:07.6; 5. Bob Hodge (Unatt) 14:21.9.

Dave Porath (California/Atwater HS) moved to 10th on the all-time collegiate list with

Former world record holder Mac

Nine of the 21 throwers in the discus had personal bests.

Brian Oldfield(University of Chicago Track Club) set an American record in the shot put of 72-3. The old record was 71-81/2 by Terry Allbritton (University of Hawaii) in 1976.

Greg Foster ran the fourth fastest 110 meter high hurdle race of all-time-13.18. Dedy Cooper(Bay Area Striders) was second in

Arizona State 4x200 team of Greg Moore, Dwayne Evans, Howard Henley, and LaMonte King ran the 11th fastest of all-time--1:21:01. Sacramento City College set a new junior college record of 1:23:07 with a team of Moseley. Williams, Hollins, and Jackson.

David Volz(Indiana freshman) cleared 18-1 in the pole vault to become the eighth best world junior of all-time.

Jay Marden(Mission San Jose HS. Fremont), making a great comeback from a broken ankle and mononucleosis, moved to 28th on the all-time steeplechase list with a I settled down on my last throw. I had a lot of trouble staying in the ring. For the last three years I've set personal records here. Up to last year I thought about making the Olympic team. Now I think about world records. I'd like to do the all-time double (discus-shot). I work for the Canteen Corporation in San Jose. It was nice to get the world's record back in the

John Powell(AA) set a personal record of 229-7 behind Plucknett, to move to number 5 performer on the all-time world list. "You have to respect the talent of Plucknett," said Powell. "It's not over until the final throw. When a guy weighs over 300 pounds you expect him to throw that far."

Goran Svensson (Brigham Young University/Sweden) set a new collegiate record of 217-3. The old record was 214-7 by Borys Chambul (Washington) set on 7/21/76.

Dave Porath (California/Atwater HS) moved to 10th on the all-time collegiate list with 209-4, but didn't make the finals!

Former world record holder Mac Wilkins(Athletics West), only a shadow of his size last season, finished 13th at 199-8. Nine of the 21 throwers in the discus had personal bests.

(Dwayne Strozier, Leon Reed, Marion McCoy,

Brian Oldfield(University of Chicago Track Club) set an American record in the shot put of 72-3. The old record was 71-8½ by Terry Allbritton (University of Hawaii) in 1976.

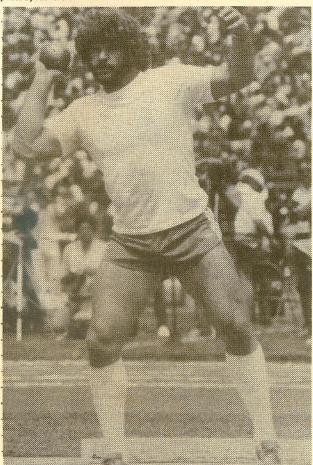
Greg Foster ran the fourth fastest 110 meter high hurdle race of all-time-13.18. Dedy Cooper(Bay Area Striders) was second in 13.40.

Arizona State 4x200 team of Greg Moore, Dwayne Evans, Howard Henley, and LaMonte King ran the 11th fastest of all-time-1:21:01. Sacramento City College set a new junior college record of 1:23:07 with a team of Moseley, Williams, Hollins, and Jackson.

David Volz(Indiana freshman) cleared 18-1 in the pole vault to become the eighth best world junior of all-time.

Jay Marden(Mission San Jose HS, Fremont), making a great comeback from a broken ankle and mononucleosis, moved to 28th on the all-time steeplechase list with a 9:24.7.

photo by Richard Slotkin



Brian Oldfield



Ben Plucknett

Brooks Invitational

By KEITH CONNING

June 13. Edwards Stadium, Berkeley.

James Robinson(Inner City AC) feel on the third turn of the 800 meters as he got tangled up with Mike Boit(SC Striders), who was avoiding a discus that bounced onto the track. Robinson was asked about his fall and remarkable recovery following the race. "I just rolled over and kept on going," said Robinson. "I could have quit right there, but I just tried to get up and go after it. I used everything I had trying to catch up. If I moved up a little bit slower. I think I could have got third. Instead, over the last 40 meters I was totally exhausted and the guy (James Mays, Athletic Attic) who finished third passed me up." Boit won in 1:46:5. "It happened so quickly, you didn't have time to decide what to do," said Boit. "I had to get out of the way of the discus, and when I did, James fell, trying to avoid me. I think he might have tripped over my right foot. When he fell, I lost my concentration on the race."

Greg Foster(Shaklee) set a new meet and stadium record in the 110 meter high hurdles with 13.36. The meet and stadium record was 13.41 by Renaldo Nehemiah(Maryland) in 1979, Former world record holder Alejandro Casanas of Cuba failed to appear as advertised. "I was disappointed that Casanas didn't run today," said Foster. "I came up here to run against him. I was really sore this morning because I worked out too hard on Thursday. I almost didn't run today because I was so sore, but I stretched out for two hours this morning and then I felt okay. I know I can go under 13 flat." Next week Foster may meet Renaldo Nehemiah at the TAC, "If he's gonna beat me, he's going to have to be at his best. If it's 100 degrees up in Sacramento next week, I'm going for a world record--whether Nehemiah's there or not." Larry Cowling(California), the NCAA champion, finished a disappointing fifth. He had to run the 400IH first, so that Edwin Moses could catch a plane. "Overall, it was just a bad day for me," said Cowling. "I've never had to run the two races (400 and 110 hurdles) that close together, and I've never had to run the intermediates first. I know it affected me. From here on out to the end of the season, I'm only going to run the highs."

Edwin Moses(Continuous Curve) set a new stadium and meet record in the 400IH of 48.29. The old stadium record was 48.91 by James Walker(Auburn) in 1978. The old meet record of 48.98 was set by Moses in 1979. Moses' time is the best in the world this year. The victory extends his personal winning streak to 62 races. "My training hasn't been as intense this year," said Moses. "It's more voluntary right now. But, I've still been getting the same results. That's very gratifying. I wasn't pushing it today. I didn't want to have any muscle pulls tomorrow. But, since I didn't really go out hard, I now I could have gone under 48. (David) Lee (So. Illinois) and (James) Walker (Athletic Attic) set a good pace today. You have to give them credit. I'm really concentrating my training this year on the World Cup. I don't plan on 'attacking' the hurdles until the World Cup." Moses had an explanation on why track and field is less popular than professional sports. "People are interested in who makes money. If you had, say, the winner of each race get \$50,000, second \$25,000 and third \$15,000, you'd see a lot more interest. Maybe the baseball strike will focus people's attention more on track," said Moses.

Willie Smith (Athletic Attic) set a meet record in the 400 meters with 45.65. He set the meet record of 45.86 last year. Alberto Juan toreno(Cuba), the double 1976 Olympic Gold Medalist, finished sixth in 47.34. Lee

two in the world, defeated Sydney Maree(Athletic Attic) and former world record holder John Walker(Athletic Attic/New Zealand). "I really don't know why the time was so slow today, except I know that the wind was a factor," said Scott. "I came here under the impression that we were going to have a barnburner. I think Maree was saving something for next week."

Men's 100 Meters: 1. Ron Brown (Arizona State) 10.46; 2. Emmit King (Unatt) 10.56; 3. Slivio Leonard (Cuba) 10.60; 4. Steve Riddick (Philadelphia Pioneers) 10.62; 5. Steve Williams (Unatt) 10.73.

Women's 800 Meters: 1. Lee Ballenger (Athletics West) 2:05.61; 2. Jessica Sples (Livermore HS) 2:07.36; 3. Diana Figliomeni (West Valley TC) 2:08.07; 4. Tracy Weber (Lynbrook HS) 2:10.15; 5. Ella Willis (Concerned Athletes) 2:12.0.

Men's 400 Meters: 1. Willie Smith (Athletic Attic) 45.65; 2. Tony Darden (Philadelphia Pioneers) 46.40; 3. Eugene Sanders (Mississippi Valley) 46.57; 4. Herman Frazier (Philadelphia Pioneers) 46.92; 5. Chris Whitlock (Washington State) 46.96.

Men's 5000 Meters: 1. Matt Centrowitz (NYAC) 13:48.3; 2. Amos Korir (Athletic Attic) 14:00.0; 3. Dick Quax (Athetics West) 14:06.8; 4. Domingo Tibadulza (Columbia) 14:07.6; 5. Bob Hodge (Unatt) 14:21.9.

Men's 110 Meter Hurdles: 1. Greg Foster (Shakise) 13.36; 2. Greg Veatch (SC Striders) 13.67; 3. Willie Gault (Athletic Attic) 13.81; 4. Rodney Wilson (Athletic Attic) 13.95; 5. Larry Cowling (California) 14.02.

Women's Mile: 1. Jan Merrill (Age Group AA) 4:51.0; 2. Marilyn Davis (Miramonte HS) 4:59.2; 3. Rosalda Tibaduiza (Columbia) 5:14.7.

Men's 400 Meter Hurdles: 1. Edwin Moses (Continuous Curve) 48.29; 2. David Lee (So. IIlinois) 49.39; 3. James Walker (Athletic Attic) 50.24; 4. Tim Hanlon (St. John's) 51.24; 5. Larry Cowling (California) 51.75.

Men's 800 Meters: 1. Mike Bolt (SC Striders) 1:46.5; 2. Craig Masback (NY Pioneers) 1:47.6; 3. James Mays (Athletic Attic) 1:47.9; 4. James Robinson (Inner City) 1:48.5; 5. Mike White (California) 1:48.8.

Men's 200 Meters: 1. Mark Kent (Cal Poly SLO) 21.22; 2. Tim Foster (San Jose) 21.64; 3. Silvio Leonard (Cuba) 21.65; 4. Osvaldo Lara (Cuba) 22.05.

Men's Mile: 1. Steve Scott (Sub-4) 3:56.97; 2. Sydney Maree (Athletic Attic) 3:57.74; 3. John Walker (Athletic Attic) 3:57.85; 4. Tom Smith (Athletics West) 3:59.87; 5. Ray Flynn (New Balance) 4:01.60.

Men's Javelin: 1. Bruce Kennedy (Pacific Coast) 245-6; 2. Curt Ransford (Unatt) 243-4.

Men's Shot Put: 1. Michael Carter (S. Methodist) 69-0¼; 2. Dave Laut (Athletics West) 68-1; 3. Bishop Dolegiewicz (Weight City) 66-10½; 4. Jeff Stover (Athletics West) 65-4¼; 5. Al Feuerbach (Athletics West) 64-11½.

Men's High Jump: 1. Jim Howard (Houston AC) 7-3; 2. Milit Goode (Coll. Alameda) 7-3; 3. James Frazier (Unatt) 7-3; 4. Benn Fields (Unatt) 7-1½; 5. Jim Prinole (Unatt) 6-11½.

Discus: 1. John Powell (Athletic Attic) 218-11; 2. Ben Plucknett (SC Striders) 216-11; 3. Ken Stadel (Athletics West) 211-8; 4. Art Burns (San Jose Stars) 210-2; 5. Dave Voorhees (Athletics West) 207-6.

Pole Vault: 1. Felix Bohni (San Jose State) 17-434; 2. Ralph Preiman (Foothill JC) 16-63/2; 3. Ross McAlexander (California) 16-63/2.

Women's Long Jump: 1. Ana Alexander (Cuba) 19-6 ¼; 2. Sherifa Sanders (Berkeley EB TC) 18-6; 3. Robyne Johnson (Berkeley EB HS) 18-0 ¼.

C.C.C.A.C.

April 4, Westmont College, Santa Barbara: California Christian College Athletic Conference. MEN

10,000: Dixon (Westmont) 33:22.20. Steeplechase: Croft (Westmont) 9:19.9. Hammer: Barnett (Azusa) 197-6. 400: Loisel (Azusa) 49.6. 100: Burch (Azusa) 11.11. 440 Relay: Azusa 44.00. 1500: Lovercamp (Azusa) 4:01.2. Discus: Axwisson (Pt. Loma) 176-8. 110 Hurdles: Tolson (Pt. Loma) 15.4. Pole Vault: Vandevegte (Pt. Loma) 14-0. Javelin: Barnett Vandevegte (Pt. Lome) 14-0, Javelin: Barnett (Azusa) 232-3. High Jump: Levender (Westmont) 68, 400 feintilias: Campbell (Azusa) 55-4. Tripte Jump: Tyler (Biole) 45-134. 5000: Haraison (Pt. Lome) 15-40, 800: McCracken (Westmont) 15-53, 204: Tolson (Pt. Lome) 22-2. Short Puts (Beanett, Azusa) 52-11. Long Jump: Tyler (Irkin) 22-11-14. Wille Helley; Azusa 2-25-2. Team Scotter Azusa Recific 89, Pt. Loma 57. Westrhont, 41, Blota 32.

High Jumps Collins (Access 48 2000 Gar-man (Access 12 10 7 UNBORT Burgan (Acuss) 150 MP Americ (Acuss) SS 1 800 Hai (Access 10 7 10 7 Collins Section 12 0 40 Heiler (Acuss) (Acuss) Collins (Acuss) 5-05 a 105 Handjan Acuss (Acuss) 167 102 Smith (Pt. Lonia) 19.4 Short Putt Burgan Acuss (Acuss) 19.4 Short Putt Burgan (Azusa) 38-11. Long Jump: Cronkhite (Biola) 15-2. Mile Relay: Azusa 4:30.7. Team Scores: Azusa 87, Biola 26, Pt. Loma 25.

US 1 12 A College Coll

400 - Emerson (UCLA) 53.67 (meet record), Cindy Cumbess (UCLA) 54.66, Jocelyn Bently

(ASU) 54.96, Linda Cassidy (USC) 56.12, Donna

Charles (SDSU) 56.48, Carol Norman (UCLA)

800 — Monica Joyce (SDSU) 2:06.71 (meet and track record), Michelle Bonds (CSLB)

2:10.36, Susan Hemond (SDSU) 2:10.79, Sandy

Beach (ASU) 2:12:90, Krista Holmes (UA) 2:14.67, Lisa Taylor (ASU) 2:21.29.

track record), Linda Goen (UCLA) 4:15.75, Joan Hansen (UA) 4:16.85, Michelle Bush (UCLA)

4:18.97, Shelia Ralston (UCLA) 4:22.53, Anthea

3,800 — Hansen (UA) 9:29.81 (meet record), Goen (UCLA) 9:30.06, Bush (UCLA) 9:32.29, Ralston (UCLA) 9:42.14, Maria Trujillo (ASU)

5,000 - Marjorie Kaput (UA) 16:42.06 (meet

record), Trujillo (ASU) 16:57.59, Eliza Carney (UA) 17:17.23, Liz Baker (SDSU) 17:37.67, Debra Chaddock (SDSU) 17:39.29, Sherrie Torrans

100 hurdles - Calhoun (ASU) 13.47, Robin

Marks (UA) 14.05, Missy Jerald (UCLA) 14.31,

Sandra Farmer (UA) 14.31, Lisa Gourdine

400 hurdles - Marks (UA) 57.24 (meet, track

and WCAA record), Farmer (UA) 57.54, Denise Waddy (UA) 59.62, Jerald (UCLA) 1:00.05,

(UCLA) 14.34, Sharon Lane (SDSU) 14.45.

9:58.45, Carol Crumly (SDSU) 10:14.18.

James (UA) 4:35.54.

(SDSU) 18:17.14.

1,500 - Joyce (SDSU) 4:14.62 (meet and

23.54, Yvette Bullard (SDSU) 24.99.



1981 Championship Meets

UAL 57 Tyler Discey (\$200) 5-C Leef Clore SDSU152 Jon Leef (UA) 5-2 Years Scores — UCLA 176 Arthore (UK) 137 Arizono State (ASU) 119, San Diege State (SDSU) 103, USC 51, Long Beach State (CSLB) 27, Fullerton State 3.

CPSUD, 1991 S. College Carr. CHSLD.

FINAL STANDINGS- I CALPOL SLO 235, 2. UC Irvine 84; 3. CS Northridge 62; 4. UC Santa Barbara 63; 5. Cal State Los Angeles 56, 6. Cal Poly Pomona 49.

S.C.A.A.

CREE 17 (12) Continue 1 (16) Continue

SHE MEDILEY RELAY-1, CSUM-149.2: Cal Poly 1:54.4

LONG JUMP-1: Michele Kelley, GCI, 19-1; 2. Lisa Williams, UCI, 17-1114; 3. Shirley Smith, CSLA, 17-101/2; 4. Liz Carroll,

SHOT PUT-1. Dana Henderson, CPSLO, 43-934; 2. Nadine Rameriez, USCB, 41-9; 3. Lindy Toman, UCI, 40-514; 4. Erin Lynch, CPSLO, 38-136; 5. Theresa Lofton, UCI, 34-1134; 6. Betty Jenkins, CPP, 34-1134.

5.000 METERS-1. Irene Crowley, CPSLO, 16:56.3; 2. Beth Milewskf, CSUN, 16.59.3; 3. Diana Karg, UCSB, 17:18.1; 4. Terri Stout-Esquivel; CPSLO, 17:43.2; 5. Mary Schwarz, UCI, 18:31.7; 6. Heidi Mieralty, CPP; 20:56.6.

400-METER RELAY-1. CSLA 45.4; 2. CSUN 45.9; 3. CPSLO 48.5; 4. UCI 48.5; 5.

1,500 METERS-1. Eileen Krammer. CPSLO, 4:31.2; 2. Amy Harper, CPSLO, 4:34.5; 3. Emily Whitney, CPSLO, 4:36.5; 4. Janice Kelley, CPSLO, 4:43.1; 5. Carol Adams, CPSLO, 4:53.5; 6. Monique Oregoire, UCL 5:01.7.

100-METER HURDLES-1. Liz Carroll, CPSLO, 14.9; 2. Kathy Reimann, CPSLO, 15.1; 3. Mary Sullivan, UCI, 15.8; 4. Tracy Hightower, UCI, 16.0; 5. Elizabeth Kern, UCSB, 17.2.

400 METERS-1. Liz Douglas, CPSLO. 55.6; 2. Roxanne Jackson, CPP, 56.0; 3. Cathy Jones, CPSLO, 56.3; 4. Colleen

NAIA Dist. III

(APC) State (APC) 201 2 Feb. Clane (APC) 172 1 S. Linderton (APC) 1004 September 1 Cont (APC) 112 2 Drains (APC) 171 3 Powers (PLC) 8 41 A Discess 1 Axisson (APC) 1804 2 Vesterlund (PLC) 161-6 S. Berrett (APC) 160 4 S.

Long Jump: 1. Tyler (Bio) 23-11; 2. Washington (CLC) 23-41/2; 3. Biederman (CLC)

100 Meters: 1. Milton (CLC) 11.03; 2. Tolson (PLC) 11.18; 3. Geist (CLC) 11.19.

5000 Meters: 1. Lovercamp (APC) 14:32.8; 2. Perez (PLC) 14:33.8; 3. Tokar (PLC) 15:07.8. 1500 Meters: 1. Tokar (PLC) 3:58.4; 2. Lover-

camp (APC) 3:59.0; 3. Drake (APC) 4:00.9. Javelin: 1. Nelson (APC) 208-3; 2. Mowers (PLC) 192-9; 3. Etu (CLC) 188-3.

440 Relay: 1. Cal Lutheran 43.03; 2. Point Loma 43.04; 3. Azusa Pacific 43.15.

400 Meters: 1. Loisel (APC) 48.4; 2. Glest (CLC) 48.7; 3. Crenshaw (WC) 49.3.

Triple Jump: 1. Tyler (Bio) 51-23/4; 2. Washington (CLC) 46-734; 3. Serrano (Bio)

110 Hurdles: 1. Jackson (CLC) 14.53; 2. Doorman (APC) 14.95; 3, Tolson (PLC) 14.95. 800 Meters: 1. Engle (Red) 1:54.6; 2. Travis (CLC) 1:54.9; 3. Martin (WC) 1:55.2.

Shot Put: 1. Barnett (APC) 56-51/2; 2. Nichols (Red) 48-0; 3. Barnes (PLC) 46-61/2.

400 Intermediates: 1. Jackson (CLC) 53.83; 2. Campbell (APC) 55.04; 3. Doganyaro (Bio)

200 Meters: 1. Milton (CLC) 22.10; 2. Tolson (PLC) 22.58; 3. Macy (PLC) 22.60. High Jump: 1. Stance (Bio) 6-9; 2. Lavender

(WC) 6-8; 3. Haffingen (Red) 6-8.

400 Meters: 1. Gilmore (Sacramento) 55.6; 2. Thompson (Sacramento) 58.1; 3. White (Sacramento) 58.7.

800 Meters: 1. Castro (Hayward) 2:09.9; 2. Hester (Hayward) 2:14.5; 3. Pappas (Sacramento) 2:16.1.

400 Hurdles: 1. Wallace (Sacramento) 63.8: Buckley (Hayword) 64.0; 3, Up Gagamento (1988)

Selection of the selec

Two Mile Relay: 1. Hayward (Hayes, Hester, Knowles, Moran) 9:35.0; 2. Sacramento 9:51.5;

1600 Meter Relay: 1. Sacramento 3:51.6; 2. Hayward 3:55.2; 3. San Francisco 4:00.2.

Team Scores: 1. Hayward State 194.5: Sacramento State 194; 3. San Francisco State 77.5; 4. UC Davis 67; 5. Chico State 56; 6. Sonoma State 17, 7. Humboldt State 12, 8. Stanislaus State 2.

photo by Don Gosney



"It was a fantastic meet," said Harter. "Our team is made up of super-achievers, everyone turned in a fantastic effort, the girls really wanted to win.

The team only earned two individual champlons, but had enough depth to win the title. Karin Smith won the javelin with a heave of 204-1, while senior Elleen Kraemer won the 1500 meters. Kraemer covered the distance in 4:27.99, while teammate Amy Harper finished seventh with a time of 4:36.6.

High jumper Sue McNeal placed second, clearing the bar at 5-914, placing behind Bakersfield's Phyllis Blunston who cleared 6-0 for the gold. Chris Dubois finsihed second in the heptathlon accumulating 4.843 points.

According to Harter the times weren't extremely fast due to poor weather conditions. 40 degree temperature mixed with fain and

Car State Bakersheld had the most first places for a California scient Busides Blunston they had gold medalists in Con-stance Ward who won the 100 in 11.73, and Sharon Hamilton who won the shot put with a heave of 49-81/4.

State) 23.75; 2. Elizabeth Greathouse (Eastern III.) 23.95; 3. Sonia Clarke (South Carolina) 24.11. 4. Eloise Mallory (Cal Poly SLO) 24:22.

Shot Put: 1. Sharen Hamilton (CS Bakersfield) 49-61/2; 2. Sarah Albers (N. Colorado) 45-534; 3. Paula Phillips (Steven Austin)

Missouri-60.00 Cond-yang Herina Diokerison 3.34-2. Delgres Sibbe (Long-Island) 13.84-2. Alexis Sweening Co-leg-thridge) 13.87.

100 Meters: 1. Constance Ward (CS Bakersfield) 11.73; 2. Jackie Mays Durham (Angelo State) 11.74; 3. Sherri Funn (George Mason) 11.86.

Javelin: 1. Karin Smith (Cai Poly SLO) 204-1; 2. Darlene Ours (Sam Houston) 148-9; 3. Raedean Rona (Cal Poly Pomona) 148-2.

5000 Meters: 1. Patsy Scharpels (Idaho) 16:31.3; 2. Nancy Gelske (South Dakota) 16:34.1; 3. Dona Gathje (Mankato State) 16:44.0; 4. Irene Crowley (Cal Poly SLO)

400 Meter Relay: 1. South Carolina 46.08; 2. Eastern Illinois 46.25; 3. Cal State Bakersfield

3000 Meters: 1. Patsy Scharples (Idaho) 9:44.11; 2. Nancy Gleske (South Dakota) 9:44.52; 3. Laura Meyers (Central Washington) 10:01.42; 4. Terl Esquival (Cal Poly SLO)

Heptathion: 1. Cathy Wilson (Seattle Pacific) 5155; 2. Chris Dubois (Cal Poly SLO) 4843; 3. Donna Tiegs (Mankato State) 4797.

1600 Relay: 1. Eastern Illinois 3:45.83; 2. South Carolina 3:47.41; 3. Florida A&M

3:47.67 3200 Meter Relay: 1. Idaho 8:56.8; 2. Moorhead State 8:59.8; 3. Villanova 9:04.6; 4. Cal Poly SLO 9:09.2.

High Jump: 1. Phyllis Blunston (CS Bakersfield) 6-0; 2. Sue McNeal (Cal Poly SLO)

obinson (USC) 24.0) Hallen (UCLA) 24.06, over (ASU) 24.5), Ariise Emerson (UCLA) 23.54, Yvette Bullard (SDSU) 24.99.

406 — Emerson (UCLA) 53.67 (meet record), Cindy Cumbess (UCLA) 54.66, Jocelyn Bently (ASU) 54.96, Linda Cassidy (USC) 56.12, Dönna Charles (SDSU) 56.48, Carol Norman (UCLA) 58.23.

800 - Monica Joyce (SDSU) 2:06.71 (meet and track record), Michelle Bonds (CSLB) 2:10.36, Susan Hemond (SDSU) 2:10.79, Sandy Beach (ASU) 2:12.98, Krista Holmes (UA) 2:14.67, Lisa Taylor (ASU) 2:21.29.

1,500 - Joyce (SDSU) 4:14.62 (meet and track record), Linda Goen (UCLA) 4:15.75, Joan Hansen (UA) 4:16.85, Michelle Bush (UCLA) 4:18.97, Shelia Ralston (UCLA) 4:22.53, Anthea James (UA) 4:35.54.

3,000 — Hansen (UA) 9:29.81 (meet record), Goen (UCLA) 9:30.06, Bush (UCLA) 9:32.29, Ralston (UCLA) 9:42.14, Maria Trujiilo (ASU) 9:58.45, Carol Crumly (SDSU) 10:14.18.

5.000 - Mariorie Kaput (UA) 16:42.06 (meet record), Trujillo (ASU) 16:57.59, Eliza Carney (UA) 17:17.23, Liz Baker (SDSU) 17:37.67, Debra Chaddock (SDSU) 17:39.29, Sherrie Torrans (SDSU) 18:17.14.

100 hurdles — Calhoun (ASU) 13.47, Robin Marks (UA) 14.05, Missy Jerald (UCLA) 14.31, Sandra Farmer (UA) 14,31, Lisa Gourdine (UCLA) 14.34, Sharon Lane (SDSU) 14.45.

400 hurdles - Marks (UA) 57.24 (meet, track and WCAA record), Former (UA) 57.54, Denise Waddy (UA) 59.62, Jerald (UCLA) 1:00.05, Kathy Bower (CSLB) 1:00.26, Debbie Bottomley (SDSU) 1:01.09.

400 relay - UCLA (Bolden, Howard, Fowler, Jeraid) 44.44 (meet, track and WCAA record), ASU 45.33, Arizona 46.26, USC 48.02, San Diego State 48.36, Long Beach State 49.72.

800 relay - San Diego State (Garcia, Collins O'Connell, Joyce) 9:09.04, Arizona 9:30.21, ASU 9:37.51, UCLA 9:40.17.

Long Jump - Joyner (UCLA) 20-1; Van (ASU) 19-2%; Crabtree (USC) 19-1¼; Haynes (USC) 18-9½; Hegerle (SDSU) 18-7½; Gourdine (UCLA) 18-21/2.

Javelin - Ray (UCLA) 164-7 (meet record) Mayhew (UA) 163-3; Nelson (UCLA) 161-2; Dibb (SDSU) 150-8; Lisa van Benthem (USC) 146-11; Nelson (USC) 142-1.

Discus - Ritchie (UA) 208-11 (track record); Stalman (ASU) 198-8; Deniz (ASU) 178-0; Hoerner (CSLB) 166-3; Pagel (CSLB) 161-3; Shaw (CSLB) 157-5.

10,000 Meters — Trujillo (ASU) 34:26.5 (meet record); Baker (SDSU) 35:36.6; Carney (UA) 35:44.0; Torrans (SDSU) 36:31.3; Chaddock

(SDSU) 3636.3; Snider (UA) 37:17.7. 800 Sprint Medley Relay — UCLA (Jerold, Bolden, Emerson, Howard) 1:40.19 (meet and track record); Arizona State 1:41.91; USC 1:46.48; San Diego State 1:47.72; Cal State Fullerion 1:55.96. Arizona disqualified for passing out of lane.

1,600 relay - UCLA (Howard, Cumbus, Emerson, Fowler) 3:36.49 (meet and track record), Arizona 3:41.76, ASU 3:46.82, San Diego State 3:50.35, Long Beach State 4:00.69, Fullerton State 4:16.44.

Heptathion — Tonya Aiston (UCLA) 5,595 points (meet, track, WCAA and AIAW record), Carrie McLaughlin (SDSU) 5,477, Kerry Zwart (USC) 5,371, Sandy Murray (USC) 4,455, Carol Boyan (UA) 4,295, Deanne Bryant (ASU) 3,296.

Shot Put — Meg Ritchie (UA) 54-11½ (meet record), Ria Stalman (ASU) 50-11, Ramona Pagel (CSLB) 49-1½, Suzie Ray (UCLA) 48-1½, Heidi Kaufi (UCLA) 47-8, Anne McElroy (CSLB)

High Jump - Patty Stafford (SDSU) 5-11 (meet record), Coleen Reinstra (ASU) 5-11 (Stafford wigs with less misses), Cindy John

LONG JUAP-1: Michele Kelley, GEI, 19-1; 2. Lisa Williams, UCI, 17-11/4; 3. Shirlev Smith, CSLA, 17-101/2; 4. Liz Carroll, CPSLO, 16-6.

SHOT PUT-1. Dana Henderson, CPSLO, 43-934; 2. Nadine Rameriez, USCB, 41-9; 3. Lindy Toman, UCI, 40-51/4; 4. Erin Lynch, CPSLO, 38-136; 5. Theresa Lofton, UCI, 34-1134; 6. Betty Jenkins, CPP, 34-1134.

5,000 METERS-1. Irene Crowley, CPSLO, 16:56.3; 2. Beth Milewski, CSUN, 16.59.3; 3. Diana Karg, UCSB, 17:18.1; 4. Terri Stout-Esquivel; CPSLO, 17:43.2; 5. Mary Schwarz, UCI, 18:31.7; 6. Heidi Mieralty, CPP; 20:56:6.

400-METER RELAY-1. CSLA 45.4; 2. CSUN 45.9; 3. CPSLO 48.5; 4. UCI 48.5; 5. CPP 50.3.

1,500 METERS-1. Eileen Krammer, CPSLO, 4:31.2; 2. Amy Harper, CPSLO, 4:34.5; 3. Emily Whitney, CPSLO, 4:36.5; 4. Janice Kelley, CPSLO, 4:43.1; 5. Carol Adams, CPSLO, 4:53.5; 6. Monique Oregoire, UCI, 5:01.7.

100-METER HURDLES-1. Liz Carroll, CPSLO, 14.9; 2. Kathy Reimann, CPSLO, 15.1; 3. Mary Sullivan, UCI, 15.8; 4. Tracy Hightower, UCI, 16.0; 5: Elizabeth Kern, UCSB. 17.2.

400 METERS-1, Liz Douglas, CPSLO, 55.6; 2. Roxanne Jackson, CPP, 56.0; 3. Cathy Jones, CPSLO, 56.3; 4. Colleen McGuown, UCSB, 57.4; 5. Jennifer Innis, CSULA, 57.6; 6. Volaney Harris, CSUN,

100 METERS-1. Cheryl Doss, CSUN, 11.9; 2. Melanie Markham, CSUN, 12.0; 3. Michelle Kelley, UCI, 12.1; 4. Danita Young, CSUN, 12.2; 5. Tina Roberson, CSUN, 12:2; 6. Shelby McDade, CPP, 12:3...

800 METERS-1. Jackie Pusey, CSLA, 2:12.7; 2. Esther Schwerzinger, CPSLO, 2:14.2; 3. Kristin Allyne, CPSLO, 2:16.7; 4. Tara Branson, UCI, 2:21.1; 5. Marcy Castellonos, CSLA, 2:25.1; 6. Darie Fullerton, HC1 2-26 0

HEPTATHALON-1. Chris Dubois. CPSLO. 4847

400-METER HURDLES-1. Laura Held, CPSLO, 1:01.9; 2. Anne Aran, CSLA, 1:03.40; 3. Cynthia Schultz, UCSB, 1:05.20; 4. Linda Elkins, CPSLO, 1:06.30; 5. Mary Sullivan,

JAVELIN-1. Raedean Rona, CPP, 146-11; 2. Kara Whiting, CPP, 127-1; 3. June Wintermute, CPP, 122-6; 4. Monica Wren, CPP, 121-66; 5. Cindy, Collins, UCSB, 121-5; 6. Peggy Hernandez, CPSLO, 119-5.

200 METERS-1. Melanie Markham, CSUN, 24.5; 2. Sandra Howard, CSLA, 24.6; 3. Letitia Sherrill, CSUN, 25.0; 4. Michelle Kelley, UCI, 25:2; 5. Roxanne Jackson, CPP, 25.5; 6. Cheryl Dosa, CSUN, 25.6.

HIGH JUMP-1. Sue McNeal, CPSLO, 6-0; 2. Tracy Hightower, UCI, 5-4; 3. Liz. Kern, UCSB, 5-2; 4. Teta Murphy, UCSB, 5-2, 5. Kathy Davis, UCSB, 5-2.

3,200-METER RELAY-1. CPSLO 9:34.5; 2. CSLA 10:32.4.

3,000 METERS-1. Eileen Kraemer, CPSLO, 9:57.0; 2. Liz Strangio, CPSLO, 10:08.4; 3. Janice Kelley, CPSLO, 10:18.0; 4. Sarah Sweeney, UCSB, 10:25.5; 5. Martha Diaz, UCSB, 10:44.2; 6. Sharon Maley, UCSB. 10:46.2.

MILE RELAY-1. CPSLO 3:50.6; 2. CSUN 3:56:2; 3: UCI 4:09.1:

DISCUS-1. Lindy Toman, UCI, 131-7; 2. Nadine Ramirez, UCSB, 130-7; 3. Betty Jenkins, CPP, 122-8; 4. Laura Coombs, Vesterlund (PLC) 161-6; 3. Bernett (APC)

Long Jump: 1. Tyler (Bio) 23-11; 2. Washington (CLC) 23-41/2; 3. Biederman (CLC)

100 Meters: 1. Milton (CLC) 11.03; 2. Tolson (PLC) 11.18; 3. Geist (CLC) 11.19.

5000 Meters: 1. Lovercamp (APC) 14:32.8; 2. Perez (PLC) 14:33.8; 3. Tokar (PLC) 15:07.8. 1500 Meters: 1. Tokar (PLC) 3:58.4; 2. Lover-

camp (APC) 3:59.0; 3. Drake (APC) 4:00.9.

Javelin: 1. Nelson (APC) 208-3; 2. Mowers (PLC) 192-9; 3. Etu (CLC) 188-3.

440 Relay: 1. Cal Lutheran 43.03; 2. Point Loma 43.04; 3. Azusa Pacific 43.15.

400 Meters: 1. Loisel (APC) 48.4; 2. Giest (CLC) 48.7; 3. Crenshaw (WC) 49.3.

Triple Jump: 1. Tyler (Bio) 51-234; 2. Washington (CLC) 46-734; 3. Serrano (Bio)

110 Hurdles: 1. Jackson (CLC) 14.53; 2. Doorman (APC) 14.95; 3. Tolson (PLC) 14.95. 800 Meters: 1. Engle (Red) 1:54.6; 2. Travis

(CLC) 1:54.9; 3. Martin (WC) 1:55.2. Shot Put: 1. Barnett (APC) 56-51/2; 2. Nichols (Red) 48-0; 3. Barnes (PLC) 46-61/2.

400 Intermediates: 1. Jackson (CLC) 53.83; 2. Campbell (APC) 55.04; 3. Doganyaro (Bio)

200 Meters: 1. Milton (CLC) 22.10; 2. Tolson (PLC) 22.58; 3. Macy (PLC) 22.60.

High Jump: 1. Stance (Bio) 6-9; 2. Lavender (WC) 6-8; 3. Haffingen (Red) 6-8. 10.000 Meters: 1. Perez (PLC) 31:09.3; 2. Dix-

on (WC) 31:42.9; 3. Croft (WC) 31:50. Pole Vault: 1. Johnson (CLC) 14-0; 2. Bieder-

man (CLC) 14-0; 3. Morton (CLC) 13-6. Mile Relay: 1. Azusa Pacific 3:18.4; 2. Cal Lutheran 3:18.5; 3. Westmont 3:19.1.

Team Scores: 1. California Lutheran College 173; 2. Azusa Pacific College 158; Point Loma College 150; 4. Westmont College 61; 5. Biola 57: 6. Redlands 41; 7. Cal Tech 10; 8. UC San Diego 3.

GOLDEN STATE

May 9, UC Davis. Golden State Conference Women's Track & Field Championships.

10,000 Meters: 1. Aubuchon (Hayward) 36:14.2; 2. Pfifer (Sacramento) 37:04.7; 3. Tracey (Sacramento) 39:08.

Discus: 1. Ford (Hayward) 142-10; 2. Lisle (Chico) 131-10; 3. Kasparian (Hayward) 129-0. Long Jump: 1. Serrano (Davis) 18-91/2; 2.

Peters (Hayward) 17-10; 3. Davis (Hayward)

Sprint Medley: 1. San Francisco 1:45.3; 2. Sacramento 1:49.0; 3. Hayward 1:49.8.

5000 Meters: 1. Aubuchon (Hayward) 17:38.1; 2. Pfifer (Sacramento) 17:48.1; 3. Claiborne (Humboldt) 18:15.

400 Meter Relay: 1. San Francisco 47.9; 2. Hayward 48.3; 3. Sacramento 48.7.

1500 Meters: 1. Hester (Hayward) 4:32.2; 2. Scannell (Sacramento) 4:33.2; 3. Pappas (Sacramento) 4:40.6.

Shot Put: 1. Lisle (Chico) 47-91/4; 2. Ford (Hayward) 41-103/4; 3. Kennedy (Sacramento) 141-1.

Javelin: 1. Blankenship (Chico) 130-1; 2. Allen (Sacramento) 129-10.

100 Low Hurdles: 1. O'Rourke (San Francisco) 15.6; 2. Calhoun (Sacramento) 15.7; 3. Upshaw (Hayward) 16.2.

Two Mile Relay: 1. Hayward (Hayes, Hester

Knowles, Moran) 9:35.0; 2. Sacramento 9:51.5; 3. Davis 9:56.5. 1600 Meter Relay: 1. Sacramento 3:51.6; 2.

Hayward 3:55.2; 3. San Francisco 4:00.2. Team Scores: 1. Hayward State 194.5;

Sacramento State 194; 3. San Francisco State 77.5; 4. UC Davis 67; 5. Chico State 56; 6. Sonoma State 17, 7. Humboldt State 12, 8. Stanislaus State 2.

photo by Don Gosney



Karin Smith

AIAW Div. II

May 14-15, Indiana, Pennsylvania. AIAW Division Il National Track & Field Championships.

Cal Poly SLO won its first AIAW Division II National Championship when the women's track team collected the track title in Indiana, Pennsylvania. The Mustangs, under coach Lance Harter tallied 69 points in the three-day meet. South Carolina State was second with 51 points, followed by Idaho 50, Eastern IIlinois 38, Cal State Bakersfield 36, Rice University 33, and Alabama A & M 32.

thridge) 13.87 100 Meters: 1. Constance Ward (CS Bakersfield) 11.73; 2. Jackie Mays Durham (Angelo State) 11.74; 3. Sherri Funn (George

Mason) 11.86. Javelin: 1. Karin Smith (Cal Poly SLO) 204-1;

2. Darlene Ours (Sam Houston) 148-9; 3. Raedean Rona (Cal Poly Pomona) 148-2.

T MIRSH SMEETER (CO MON

5000 Meters: 1. Patsy Scharpels (Idaho) 16:31.3; 2. Nancy Gelske (South Dakota) 16:34.1; 3. Dona Gathle (Mankato State) 16:44.0; 4. Irene Crowley (Cal Poly SLO) 16:51.6

400 Meter Relay: 1, South Carolina 46.08; 2. Eastern Illinois 46.25; 3. Cal State Bakersfield 46.75.

3000 Meters: 1. Patsy Scharples (Idaho) 9:44.11: 2. Nancy Gleske (South Dakota) 9:44.52; 3. Laura Meyers (Central Washington) 10:01.42; 4. Teri Esquival (Cal Poly SLO) 10:01.6.

Heptathion: 1. Cathy Wilson (Seattle Pacific) 5155; 2. Chris Dubois (Cal Poly SLO) 4843; 3. Donna Tiegs (Mankato State) 4797.

1600 Relay: 1. Eastern Illinois 3:45.83; 2. South Carolina 3:47.41; 3. Florida A&M 3:47.67

3200 Meter Relay: 1. Idaho 8:56.8; 2. Moorhead State 8:59.8: 3. Villanova 9:04.6; 4. Cal Poly SLO 9:09.2.

High Jump: 1. Phyllis Blunston (CS Bakersfield) 6-0; 2. Sue McNeal (Cal Poly SLO) 5-91/4; 3. Peg Stewart (Villanova) 5-7.

C.C.A.A.

May 15-16, Cal State Bakersfield: CCAA Track & Field Championships.

Shot Put: 1. Brian Faul (SLO) 58-41/2; 2. Ron McKee (CSUN) 54-11; 3. Chris Sorensen (SLO) 53-93/4: 4. Kevin Goode (CSUN) 52-21/2; 5. Erik Van Skike (Chap) 50-2.

1500: 1. F. Assumma(UCR) 3:44.27; 2. Reyes(CPP) 3:47.59; 3. Blaty(CPP) 3:47:93; 4. Medvin(SLO) 3:48:56; 5. DiConti(SLO) 3:55.1.

110 Meter Hurdles; 1. Andre Frazier (CSB) 14.04; 2. Leon Brisco (CSLA) 14.19; 3. Angelo Booker (CSLA) 14.31; 4, Jeff Norris (UCR) 14.57; 5. Eric Carter (CSB) 14.59.

Pole Vault: 1. Mark Kibort (SLO) 16-1; 2. Jim Sibler (CSB) 15-1; 3. Alan Geduld (UCR) 14-51/4; 4. Fernando Carrillo (CSUN) 14-11/4.

800: 1. Vernon Sallaz (SLO) 1:53.19; 2. Matt Blaty (CPP) 1:53.77; 3. Mike LeFebvre (CSB) 1:54.17; 4. Ashley Green (SLO) 1:54.43; 5. Ken Haney (CSB) 1:55.01.

400 Intermediates: 1. Clarence Hopper (CSLA) 51.79; 2. Doug Lalicker (SLO) 52.06; 3. Myron Perkins (CSB) 52.67; 4. Ralph Johnson (CSUN) 52.70; 5. Brad Underwood (SLO) 53.96.

High Jump: 1. Jeff Garrett (CSB) 6-9; 2. Eric Johannessen (SLO) 6-8; 3. Craig Little (CSUN) 6-4; 4. David Tucker (SLO) 6-0.

5000: 1. Chuck Assumma (UCR) 14:23.88; 2. Manny Bautista (SLO) 14:34.01; 3. Steve Strangio (SLO) 14:42.01; 4. Syd Leibovitch (CSUN) 14:45.16; 5. Gary Borbon (CPP) 14:58.8.

Steeplechase: 1. Carmelo Rios (SLO) 8:57.0; 2. Kevin Jones (SLO) 8:58.2; 3. Brian Perkins (UCR) 8:59.1; 4. Luis Torres (CSUN) 9:08.9; 5. Lance Packer (CSUN) 9:38.2.

Javelin: 1. Rob Riley (SLO) 230-11; 2. Doug Hart (CSUN) 225-3; 3. Kevin Goode (CSUN) 220-5; 4. Tom Silva (SLO) 214-8; 5. Jorgen Persson (CSUN) 199-2.

continued on next page...

100: 1. Mark Kent (SLO) 10.37; 2. Joe Siaisiai (SLO) 10.51; 3. Charles Truvillion (CSB) 10.57; 4. Terrell Drake (CSUN) 10.68; 5. Eric Johnson

(CSLA) 10.69.

Long Jump: 1. Mike Bradford (CSUN) 25-03/4; 2. Glenn Smith (CSUN) 24-31/4; 3. Terrell Drake (CSUN) 24-1 3/4; 4. Ron Waynes (SLO) 24-11/2: 5. Rod McMillian (CPP) 23-101/4.

200: 1. Mark Kent (SLO) 20.90; 2. Pat Croft (SLO) 21.02; 3. Joe Sialsiai (SLO) 21.32; 4. Steve Brodi (CSUN) 21.35; 5. Tony Bazely (CSLA) 21.67.

1600 Meter Relay: 1. Cal State Los Angeles 3:14.9: 2. Cal State Bakersfield 3:15.29: 3. Cal State Northridge 3:21.8; 4. Cal Poly Pomona

Triple Jump: 1. Ron Waynes (SLO) 50-51/4; 2. Jas Chima (CSUN) 50-41/4; 3. Nat Wilford (CSB) 49-3; 4. Terrell Drake (CSUN) 48-51/4; 5. Richard Floyd (CPP) 47-83/4.

Discus: 1. Chris Sorenson (SLO) 165-3: 2. Eric Van Skike (Chap) 162-10: 3. Dan Goodman (CSUN) 157-1; 4. Kevin Goode (CSUN) 155-9; 5. Ron McKee (CSUN) 144-7.

Hammer: 1. Ron McKee (CSUN) 161-5: 2. Dan Goodman (CSUN) 153-2; 3. Tom Van Arkel (CSB) 150-0; 4. Steve Lanza (SLO) 144-7; 5. Kelvin Yamada (CSUN) 128-7.

400 Meter Relay: 1. Cal State Los Angeles 40.7; 2. Cal State Northridge 40.9; 3. Cal Poly San Luis Obispo 41.0: 4. Cal Poly Pomona

10.000: 1. Steve Alvarez (UCR) 29:55.5: 2. Doug Avrit (SLO) 30:10.1; 3. Gary Borbon (CPP) 30:11.6; 4. Terry Gibson (SLO) 30:35.8; 5. Gilbert Cortez (CSLA) 31:20.3.

Decathlon: 1. Bret Selby (CSB) 6968; 2. Jan Baer (CPP) 6930; 3. Jim Harden (CPP) 6187; 4. Mark Feaster (SLO) 5392; 5. Fernando Carrillo (CSUN) 5245.

W.A.C.

At Provo, Utah

Decembles — Steiner (BYU) 7,928 (Meet record, old 7,748, Steiner, 1977), Daniels (Utah) 7,300, Roberts (Air Force) 7,051, Ming (Colora-7,su, roberts (Air Porce) / 1,00, Ming (Colora-do Sh 6,629, Pettit (CSU) 6,343, Harrel (CSU) 5,242. (Top Marks: 100M — Gardner, BYU, 10.7; Long Jump — Stelner 22-6; Shot Put — Stelner 50-7; High Jump — Pettit 6-7½; 400 — Stelner 40-7; 110HH — Stelner 14-9; Discus — Stelner 162-7; Pole Vault — Stelner 14-1½; Javelin - Steiner 216-6; 1,500 - Daniels £23.7.)

Hammer Throw — Sjoholm (UTEP) 218-7, Svensson (BYU) 192-0, Salazar (UTEP) 175-3, Morgantholer (AFA) 168-0, Meldrum (BYU) 160-0, Slaney (SDSU) 139-11.

Discus — Svensson (BYU) 198-2, Scott (UTEP) 187-5, Slaney (SDSU) 182-2, Mer-riweather (UTEP) 180-3, Nilsson (BYU) 178-1, Petruschin (BYU) 170-10.

Long Jump — Fowler (SDSU) 24-10½w (Series: 22-8, 24-10½, 24-4½, foul, 21-3½, 23-4½, Blavlock (SDSU) 24-3½-5 stene (Ulfah) 24-1¾, Rusing (CSU) 23-8¾, Hanna (UTEP) 22-7½, Hill (UTEP) 22-10¾,

10,000 — Motshwarateu (UTEP) 29:51.7, Musyoki (UTEP) 29:52.1, Shahanga (UTEP) 29:55.3, Rutingia (UTEP) 30:56.9, Magness

21.21, Blaylock (SDSU) 21.32, Evans (BYU) .

5000 — Nyambui (UTEP) 13:57.60, Musyaki (UTEP) 13:58.83, Motschwarateu (UTEP) Padilla (BYU) 14:04.41, Shahanga (UTEP) 14:06.47, Kamau (UTEP) 14:18.35.

MILE RELAY — UTEP (Meylor, Mehale, Lemashon, Cameron) 3:10.16, SDSU-3:10.50, BYU 3:15.38, Utah 3:17.46, Air Force 3:20.81,

HIGH JUMP - Thompson (UTEP) 7-34, Schieffer (SDSU) 7-2¼, Davenport (Utah) 7-2¼, Stopleton (BYU) 7-0¾, Offey (UTEP) 6-10¾, Laubacher (SDSU) 6-8¾.

FINAL TEAM SCORES - Texas El Paso 196, San Diego State 174, Brigham Young 140, Colorado State 49, Air Force 43, Utah 41, Wyoming

AIAW III

May 21-23, Cal State Hayward. A.I.A.W Division III National Championships.

Cal State Hayward proved to be a poor host at the first AIAW Division III National Track & Field Championships. It wasn't the quality of the meet production or the quality of the CSUH athletes' performances that receive the "poor" grade - both of these categories rate an "excellent," Infact, the athletes performed so well that the Pioneers stole the team crown - now, is that any way for a host to act? Head Coach and Meet Director, Bob McGuire; isn't lamenting his team's bad manners, however, as the National Championship title was a most fitting close to an outstanding season for his charges.

Hayward scored 93 points to snatch the title from conference rival Cal State Sacramento with 70 points in second. These two teams were the cream-of-the-crop as third place Wisconsin La Crosse was way back with 38 points. Other California teams placing high were a very much improved San Francisco State in 4th and Cal Lutheran College in 7th. Not had representation

Hayward produced a real team effort with 13 athletes earning All American status. They also scored 6 National Championship titles. Michele Aubuchon earned two firsts with her 5k and 10k victories. Frannie Castro won the 800. Glenda Ford the discus and then the Sprint Medley and Mile Relay teams both won. Castro earned three gold medals (how about earrings and a matching necklace?) with her 800 and 2 relay legs.

Californians had several other national champions as well: Sacramento State won the 400 meter relay, Beth Rockliffe of Cal Lutheran won the Javelin, Margo Edwards of Redlands won the 100 hurdles. Valerie Bell of San Francisco State won the 100 meter dash, Kathy Lisle of Chico State won the shot put, and Mary Ann Scannell of Sacramento won the 3,000 meter run.

It was an impressive meet - a true national championship with over 100 participating schools. The competition was keen, and California came out smelling like a rose -"Thanks," Bob McGuire. It's too bad, though, that this was not only the first ever AIAW Division III meet but will probably be the last as well. The travel money from the NCAA is irresistable to most athletic directors. Prediction is that next year will see just one AIAW track & field championship again, with the NCAA coming on strong as a rival meet.

Heptathion: 1. Sherri Odlevak (Wisconsin Superior) 5042; 2. Beth Rockliffe (Cal Lutheran) 4850; 3. Gail Glave (Frostburg) 4719;

High Jump: 1. Thea Ackerman (Mt. St. Mary's) 5-11: 2. Yolanda Gibson (Brooklyn College) 5-9; 3. Maureen Ferns (Holy Cross) 5-7; 6. Jennifer Howard (Cal State Hayward) 5-5.

100 Meter Hurdles: 1. Margo Edwards (Redlands) 14.59; 2. Patsy Baptiste (City College New York) 14.64; 3. Heather Sibbison (Tufts) 14.84.

400 Meter Dash: 1. Edna Davis (Chritopher Newport) 54.42; 2. Laural Seiter (Occidental) 55.24: 3. Bobbie Gilmore (Sacramento State) 55.61; 6. Felicia Thompson (Sacramento State) 58.2.

100 Meter Dash: 1. Valerie Bell (San Francisco State) 12.18; 2. Debbie Alford (Trenton State) 12.21: 3. Jackie Jackson (George Fox) 12.23; 4. Lyntesch Moore (Sacramento State) 12.42; 7. Golden Sizemore (Chico State) 12.58.

photo by Don Gosney



Connie Hester

Shot Put: 1. Kathy Lisle (Chico State) 45-91/2; 2. Dail Haynes (Marion) 45.4; 3. Sandy Pehler (Wisconsin-La Crosse) 42-9: 7. Glenda Ford (Cal State Hayward) 41-3.

800 Meter Run: 1. Frannie Castro (Cal State Hayward) 2:10.21; 2. Carol Howard (Wisconsin-La Crosse) 2:14.27; 3. Dianne Pappas (Sacramento State) 2:14.94; 4. Colleen Moran (Cal State Hayward) 2:15.28; 9. Mary Tracey (Claremont) 2:24.4.

July 1981 - California Track & Running News 21

tions. Arizona State won the 200, 400, 1500. 400 relay, and long jump. ASU coach Len Miller, formerly of Cal Irvine, said, "It was a team effort. Everyone made a contribution. Now we'll go on to the NCAA championships where we could finish in the top three."

Junior Dave Porath(California/Atwater HS) became the first man since Mac Wilkins(Oregon) in 1973 to win both the shot put and the discus. "I didn't expect that good of a mark (in the shot put)," said Porath, "But when't was warming up they were popping out there, so I figured then I would go over 65 feet." Porath's discus win was not expected. "There was a lot of pressure on me today, and I was a little more nervous and a little less confident," said Porath. "I popped a big one and put a little pressure on him (pre-meet favorite Dean Crouser of Oregon).'

400 Meters: 1. Howard Henley (ASU) 45 59-2. Kasheef Hassan (OSU) 45.61; 3. Chris Whitlock (WSU) 46.03; 4. Leon Tubbs (ASU) 46.63; 5. Felix Imadiyi (Arizona) 46.71: 6. Jeff Raysey (WSU) 46.72; 7. Willie Jones (ASU)

Discus: 11. Dave Porath (Cal) 201-4: 2. Dean Crouser (Oregon) 195-7; 3. Kris Lettow (UCLA) 194-0; 4. Gary Williky (ASU) 191-1; 5. Dave Thomson (Stanford) 184-8; 6. Jay Kovar (Cal) 181-3; 7. Doug Wollen (Wash) 180-9; 8. Ron Schmidt (OSU) 174-7; 10. Chris Waltman (OSU) 163-9; 11. Gary Leffler (WSU) 161-8; 12. Mark Bryant (UCLA) 156-3.

100 Meters: 1. Eric Brown (UCLA) 10.37: 2. Tony Gaston (Ariz) 10.39; 3. Dwayne Evans (ASU) 10.39; 4. Ron Brown (ASU) 10.42; 5. LaMonte King (ASU) 10.56; 6. La Noris Mar-

photo by Don Gosney



David Mack (left) & Jeff West

LaMonte King(Arizona State/Surprise,AZ/ Cal Irvine) won the 200 in 20.36 and the long jump at 26-1. He also ran a leg on the victorious 400 relay team and finished fifth in the 100. He contributed a total of 241/2 points.

Junior Larry Cowling(California/Sacramento HS) easily won the high hurdles as expected. "The first half of the race, I tried to drive through really well and after the fifth hurdle I just tried to maintain my form and brshall (Wash) 10.58; 7. Greg Moore (ASU) 10.62; 8. Peter Okodogbe (Ariz) 10.75. Wind 1.33 MPS

800 Meters: 1. David Mack (Oregon) 1:46.99; 2. Jeff West (UCLA) 1:47.62; 3. Mike White (Cal) 1:47.83; 4. Sotirios Moutsanas (WSU) 1:48.55; 5. Dennis Johnson (Ariz) 1:50.77; 6. Rob Webster (Wash) 1:52.19; 7. Nate Harrison (Oregon) 1:53.8ht. High Jump: 1. Brent Harkin (WSU) 7-214; 2.

W.A.C.

At Provo, Ulch

December Steiner (BYU) 7,928 (Meet record, old 7,748, Steiner, 1977), Doniels (Ulah) 7,300, Roberts (Air Force) 7,051, Ming (Coloro-do Sh 6,629, Petiti (CSU) 6,343, Harret (CSU) 5,242. (Top Marks: 100M — Gardner, BYU, 10.7; Long Jump — Steiner 22-6; Shof Puf — Steiner 9,7-1 High Jump — Petiti 6-74; 400 — Steiner 49,7; 110HH — Steiner 14-1½; Javelin — Steiner 14-1½; Javelin — Steiner 216-6; 1,500 — Daniels 422,7.)

Hammer Threw — Sjoholm (UTEP) 218-7, Svensson (BYU) 192-0, Salazzar (UTEP) 175-3, Marganitholer (AFA) 168-0, Meldrum (BYU) 160-0, Staney (SDSU) 139-11.

Discus — Svensson (BYU) 198-2, Scott (UTEP) 167-5, Slaney (SDSU) 182-2, Merriwedther (UTEP) 180-3, Nilsson (BYU) 178-1, Petruschin (BYU) 170-10.

Lang Jump — Fowler (SDSU) 24-10½w (Series: 22-8, 24-10½, 24-4½, foul, 21-3½, 23-4½), Blarytock (SDSU) 24-5, Stene (Unch) 24-1¾, Rusing (CSU) 23-8¼, Hanna (UTEP) 23-7½, Hill (UTEP) 22-16¼.

18,000 — Motshwarateu (UTEP) 29:51.7, Musyoki (UTEP) 29:52.1, Shahanga (UTEP) 29:55.3, Rufingia (UTEP) 30:56.9, Magness (Wyo) 31:00.7, Rooney (AFA) 31:16.15.

Steeptechase — Hyde (AFA) 8:43.00, Fell (SDSU) 8:45.50, Rothedi (UTEP) 9:13.23, Paolillo (Wyo) 9:66.81, Tomisato (UTEP) 9:16.17, Behrman (BYU) 9:27.3 (Others: Lusitana, SDSU, 9:27.4).

Shot Put — Nilsson (BYU) 61-7%, Svensson (BYU) 58-1½, Scott (BYU) 58-1, Slaney (SDSU) 56-5½, Merriweather (UTEP) 49-5½, Bolton (CSU) 48-9%.

440 RELAY — San Diego State (C. Blaylock, Sirnons, Russell, Williams) 40,34, Colorado State 41,26, Utah 42,64, BYU 42,70, Air Force 42,75, Wyoming 43,25.

1,580 — Nyambul (UTEP) 3:40.87 (Meet, Stadium record), Padilla (BYU) 3:43.60, Lemashon (UTEP) 3:45.65, Fell (SDSU) 3:46.67, Kamau (UTEP) 3:50.76, Kelchner (AFA) 3:51.94.

JAVELIN — Hentunen (BYÜ) 236-11, Henriksson (BYÜ) 223-5, Pegororo (AFA) 220-9, Steiner (BYÜ) 216-7, Christensen (ÜTEP) 194-3, Broman (SDSÜ) 191-5.

TRIPLE JUMP — Hanna (UTEP) 52-11, Garreft (SDSU) 50-2%, Hubbard (BYU) 46-9, Pendleton (Utah) 46-3½, Rusing (CSU) 44-9%, Reed (Mya) 42-5%

POLE VAULT — Halverson (SDSU) 16-6, Eliot (SDSU) 16-0, Shepard (BYU) 16-0, Ward (BYU) 15-6, Pasley (Utah) 15-0, McIntyre (SDSU) 15-0.

1004M — Zackery (CSU) 14.24, Davis (SDSU) 14.25, Featherstone (BYU) 14.70, Kassedler (AFA) 14.80, Goddard (AFA) 14.90, Uthe (CSU) 15.17.

100 — Russell (SDSU) 10.39, Simons (SDSU) 10.48, Williams (SDSU) 10.53, Hill (CSU) 10.75, Wright (AFA) 10.87, Rusing (CSU) 11.03.

800 — Koncheliah (SDSU) 1:49.79, Mehale (UTEP) 1:50.92, Marshall (BYU) 1:52.20, Belt (BYU) 1:52.62, Rojas (AFA) 1:53.10.

400 — Cameron (UTEP) 45.28, Meylor (UTEP) 46.20, Blaylock (SDSU) 46.43, Waller (Utah) 47.58, Evans (BYU) 48.12, Yancy (AFA) 48.83

400H — Zackery (CSU) 50.73, Davis (SDSU) 51.61, Mulli (UTEP) 51.80, Rawlinson (BYU) 52.37, Boogman (UTEP) 52.50, Porter (BYU) 52.90

200 — Russell (SDSU) 20.90, Meylor (UTEP) 21.12, Williams (SDSU) 21.13, Simons (SDSU) Michele Aubuchon earned two firsts with her 5k and 10k victories. Frannie Castro won the 800, Glenda Ford the discus and then the Sprint Medley and Mile Relay teams both won. Castro earned three gold medals (how about earnings and a matching necklace?) with her 800 and 2 relay legs.

Californians had several other national champions as well: Sacramento State won the 400 meter relay, Beth Rockliffe of Cal Lutheran won the Javelin, Margo Edwards of Redlands won the 100 hurdles, Valerie Bell of San Francisco State won the 100 meter dash, Kathy Lisle of Chico State won the shot put, and Mary Ann Scannell of Sacramento won the 3,000 meter run.

It was an impressive meet - a true national championship with over 100 participating schools. The competition was keen, and California came out smelling like a rose - "Thanks," Bob McGuire. It's too bad, though, that this was not only the first ever AIAW Division III meet but will probably be the last as well. The travel money from the NCAA is irresistable to most athletic directors. Prediction is that next year will see just one AIAW track & field championship again, with the NCAA coming on strong as a rival meet.

Heptathion: 1. Sherri Odlevak (Wisconsin Superior) 5042; 2. Beth Rockliffe (Cal Lutheran) 4850; 3. Gail Glave (Frostburg) 4719; 6. Sandy Kacharos (Sonoma State)4389.

Long Jump: wind legal all jumps. 1. Antonette Blyth (Northwest Nazarene) 18-1; 2. Darlene Kemp (Wooster) 18-0¼; 3. Sabrina Spencer (Ohio Wesleyan) 17-11¼; 10. Terri Serrano (UC Davis) 17-2¾.

Discus: 1. Glenda Ford (Cal State Hayward) 149-8; 2. Deb Hildebrandt (Wisconsin-La Crosse) 144-5; 3. Jane Beatty (Slippery Rock) 141-4; 5. Linda Read (Cal State Hayward) 137-3.

10,000 Meter Run: 1. Michele Aubuchon (Cal State Hayward) 35:49.3; 2. Debbie Thometz (St. Thomas) 36:03.2; 3. Kathy Pfifer (Sacramento State) 36:44.8; 10. Dolores Adame (Humboldt State) 42:38.7.

800 Meter Medley Relay: 1. Cal State Hayward (D. Peters, E. Buckley, D. Banks, F. Castro) 1:44.18; 2. Central College Iowa 1:44.96; 3. San Francisco State (P. O'Rourke, T. Woodson, A. Adams, V. Bell) 1:46.34; 4. Sacramento State (V. Banks, L. Moore, L. White, F. Thompson) 1:49.8; 6. Occidental 1:53.3.

5,000 Meter Run: 1. Michele Aubrchon (Cal State Hayward) 17:08.8; 2. Debble Thometz (St. Thomas) 17:13.8; 3. Julie Ann Quigley (Wesleyan) 17:17.7; 4. Kathy Pfifer (Sacramento State) 17:20.7; 10. Robin Tracey (Sacramento State) 18:02.7; 11. Cindy Claiborn (Humboldt State) 18:03.9; 13. Kathy Virtosko (UC Davis) 18:08.2; 14. Cathy Fulkerson (Cal Lutheran) 18:17.8; 15. Wendy Walker (Occidental) 18:33.2.

400 Meter Relay: 1. Sacramento State (V. Banks, L. Moore, B. Gilmore, F. Thompson) 47.00; 2. Central College 47.88; 3. Cal State Hayward (D. Peters, D. Banks, C. Preisser, E. Buckley) 48.03; 4. Occidental (J. Kelly, P. Hilton, C. Foster, L. Selter) 48.50.

1500 Meter Run: 1. Leslie Seymour (St. Olaf) 4:28.68; 2. Karin Von Berg (Middlebury) 4:30.74; 3. Connie Hester (Cal State Hayward) 4:32.57; 8. Mary Tracey (Claremont) 4:41.3; 9. Mary Rieboldt (Cal State Hayward) 4:44.6

Javelin: 1. Beth Rockliffe (Cal Lutheran) 153-11; 2. April Gray (Wisconsin-Eau Claire) 147-9; 3. Jill Watts (Trenton State) 147-3; 6. Nitra Allen (Sacramento State) 137-5.



Connie Hester



David Mack (left) & Jeff West

Shot Put: 1. Kathy Lisle (Chico State) 45-9½; 2. Dail Haynes (Marion) 45.4; 3. Sandy Pehler (Wisconsin-La Crosse) 42-9; 7. Glenda Ford (Cal State Hayward) 41-3.

800 Meter Run: 1. Frannie Castro (Cal State Hayward) 2:10.21; 2. Carol Howard (Wisconsin-La Crosse) 2:14.27; 3. Dianne Pappas (Sacramento State) 2:14.94; 4. Colleen Moran (Cal State Hayward) 2:15.28; 9. Mary Tracey (Claremont) 2:24.4.

400 Meter Hurdles: 1. Stephanie Vega (Brooklyn College) 60.49; 2. Adriane Pitts (Central Conn) 62.4; 3. Nanci Wallace (Sacramento State) 62.93; 7. Evelyn Buckley (Cal State Hayward) 65.6.

200 Meter Dash: 1. Edna Davis (Christopher Newport) 24.70; 2. Delphina Banks (Cal State Hayward) 24.80; 3. Valerie Bell (San Francisco State) 24.90; 5. Laurel Seiter (Occidental) 25.23; 8. Margo Edwards (Redlands) 25.49.

4x800 Meter Relay: 1. Western Washington 9:14.37; 2. Wisconsin Lacrosse 9:17.61; 3. St. Olaf 9:20.01; 4. Sacramento State (T. Gonzales, J. Wilson, N. Wallace, D. Pappas) 9:20.86; 5. Cal State Hayward (J. Hayes, C. Moran, E. Knowles, C. Hester) 9:23.1.

3000 Meter Run: 1. Mary Ann Scannell (Sacramento State) 9:47.1; 2. Patricia Gray (UC Davis) 10:01.8; 3. Becky Braddy (Carleton) 10:02.0; 11. Cathy Fulkerson (Cal Lutheran) 10:32.0

4x440 Yard Relay: 1. Cal State Hayward (C. Preisser, F. Castro, E. Buckley, D. Banks) 3:50.93; 2. Sacramento State (F. Thompson, L. White, N. Wallace, B. Gilmore) 3:56.73; 3. Wisconsin-La Crosse (D. Banitt, K. Pfaffle, K. Oftedahl, Pl Heimerman) 3:58.68; UC Davis (M. Contreras, Cheryl Burton, D. Voss, J. Voviolo) 4:00.77; 7. San Francisco State 4:02.4.

Team Scores: 1. Cal State Hayward 93; 2. Sacramento State 70; 3. Wisconsin La Crosse 38; 4. San Francisco State 22; 5. Central College 21; 7. Cal Lutheran 18; 13. Occidental 15; 15. UC Davis 12; 19. Chico State 10; 19. Redlands 10.

PAC-10

By KEITH CONNING

May 20-23. Stanford.

Arizona State won the conference championships with 133 points. Oregon was the runner-up for the second consecutive year with 114 points, and UCLA was third with 108½ points. Southern California was ineligible to compete because of academic viola-

LaMonte King(Arizona State/Surprise,AZ/ Cal Irvine) won the 200 in 20.36 and the long jump at 26-1. He also ran a leg on the victorious 400 relay team and finished fifth in the 100. He contributed a total of 24½ points.

Junior Larry Cowling(California/Sacramento HS) easily won the high hurdles as expected. "The first half of the race, I tried to drive through really well and after the fifth hurdle I just tried to maintain my form and bring it on in," said Cowling. "About the sixth or seventh hurdle I got my momentum going and just tried to maintain."

Junior Dan Raby(Arizona State/Scottsdale, AZ) surprised senior Rudy Chapa (Oregon/Hammond,IN) by winning the 1500. "My strategy was to sit and wait unless the pace wasn't fast enough," said Raby. "I took the lead when I felt it wasn't fast enough. Chapa was the only real threat. When I passed him, he didn't put up much fight. So I knew I was okay. This was a big team victory because this meet has been pegged as a match between the Oregon distance runners and the Arizona State sprinters."

After a disappointing showing in the long jump on Friday, senior Paul Bates(California/Menlo-Atherton HS/College of Alameda) bounced back well to win the triple jump at 54-4½. He had four jumps over his previous lifetime best. "The main thing that got me juiced up was not doing well in the long jump," said Bates. "I was pretty down on myself. The pressure was on me, I was the one that had to prove myself. I couldn't let Dokie (Williams, UCLA/Oceanside) edge me out. I dug down deep inside and went for it. I tried to block things that were nagging me."

Senior Mark Anderson(UCLA/Walnut HS/Diamond Bar) overtook first-day leader senior Dannie Jackson(Arizona State/Santa Rita HS/Tucson, AZ) to win the decathlon. Anderson, the defending NCAA decathlon champ, finished with 7,809 points to 7,633 for Jackson.

4x100 Relay: 1. Arizona State (Brown, King, Moore, Evans) 39.12; 2. Arizona 39.46; 3. Washington 39.49; 4. California 40.24; 5. UCLA 40.38; 6. Stanford 40.45; 7. Washington State 40.61.

1500 Meters: 1. Dan Raby (ASU) 3:44.5; 2. Rudy Chapa (Oregon) 3:44.9; 3. Brian Russell (UCLA) 3:44.9; 4. John Schaer (Stanford) 3:44.9; 5. Torstein Brox (Oregon) 3:44.9; 6. Omar Ortega (WSU) 3:46.7.

110 High Hurdies: 1. Larry Cowling (Cal) 13.99; 2. Andre Phillips (UCLA) 14.24; 3. John Lenstrohm (ASU) 14.64; 4. Dannie Jackson (ASU) 14.80; 5. Don Wright (Oregon) 15.0.

shall (Wash) 10.58; 7. Greg Moore (ASU) 10.62; 8. Peter Okodogbe (Ariz) 10.75. Wind 1.33 MPS against.

800 Meters: 1. David Mack (Oregon) 1:46.99; 2. Jeff West (UCLA) 1:47.62; 3. Mike White (Cal) 1:47.83; 4. Sotirios Moutsanas (WSU) 1:48.55; 5. Dennis Johnson (Ariz) 1:50.77; 6. Rob Webster (Wash) 1:52.19; 7. Nate Harrison (Oregon) 1:53.8ht.

High Jump: 1. Brent Harkin (WSU) 7-214; 2. Deon Mayfield (ASU) 7-0; 3. Mike Nelson (Cal) 7-0; 4. Doug Nordquist (WSU) 7-0; 5. Bill Abbott (Oregon) 6-10; 6. tle between Lee Balkin (UCLA) and Eric King (OSU) 6-10; 8. Donald Thompson (Ariz) 6-8; Greg Thomas (WSU) 6-8; Del Davis (UCLA) 6-8.

Triple Jump: 1. Paul Bates (Cal) 54-4½; 2. Dokie Williams (UCLA) 53-5; 3. Deon Mayfield (ASU) 52-8½; 4. Joseph Talwo (WSU) 52-0½; 5. Dannie Jackson (ASU) 51-7; 6. Gary Milton (WSU) 51-4½; 7. Aaron Williams (Wash) 49-7; 8. Sam Jenkins (Ariz) 49-3; 9. Ivory Small (UCLA) 48-1½; 10. LaMar Hurd (Oregon) 46-11½.

400 Intermediate Hurdies: 1. Andre Phillips (UCLA) 49.81; 2. Larry Cowling (Cal) 50.11; 3. Ken Scott (OSU) 50.44; 4. Mark White (OSU) 51.15; 5. John Lenstrohm (ASU) 51.19; 6. Peter Grimes (Cal) 51.87; 7. Don Ward (Oregon) 52.8ht.

200 Meters: 1. LaMonte King (ASU) 20.36; 2. Eric Brown (UCLA) 20.38; 3. Dwayne Evans (ASU) 20.40; 4. La Noris Marshall (Wash) 20.74; 5. Howard Henley (ASU) 20.77; 6. Peter Okodogbe (Ariz) 20.96; 7. Tony Gaston (Ariz) 21.07.

5000 Meters: 1. Alberto Salazar (Oregon) 14:03.8; 2. Jim Hill (Oregon) 14:07.8; 3. Rudy Chapa (Oregon) 14:08.0; 4. Jeff Hess (Ariz) 14:10.7; 5. Dave Daniels (UCLA) 14:20.2; 6. Ron Cornell (UCLA) 14:28.3; 7. Steve James (Wash) 14:35.8; 8. Harrison Koroso (Ariz) 14:38.8; 9. Mike O'Reilly (Cal) nt.

Mile Relay: (run in two heats): 1. Oregon State (White, Fields, Scott, Hassan) 3:07.82; 2. Arizona 3:08.62; 3. Arizona State 3:08.73; 4. Washington State 3:09.4; 5. UCLA 3:12.42; 6. Stanford 3:13.01; 7. Washington 3:13.02; 8. Cal 3:13.83; Oregon 3:10.44 was disqualified.

Steeplechase: 1. Harrison Koroso (Ariz) 8:32.2; 2. Mike Friton (Oregon) 8:35.0; 3. Dave Daniels (UCLA) 8:35.5; 4. Steve James (WSU) 8:39.8; 5. Jeff Hess (Ariz) 8:40.7; 6. Mark Lewis (UCLA) 8:48.3; 7. Mike Dyer (Cal) 9:07.1; 8. Mark LaBonte (Cal) nt.

Hammer: 1. Dave Thomson (Stanford) 209-8; 2. Ralf Uebel (WSU) 198-10; 3. Paul Buxton (WSU) 194-3; 4. Kent Landerholm (Oregon) 188-8; 5. Eric Hohn (Oegon) 182-0; 6. John Lob-

PAC-10 continued:

bato (OSU) 175-6; 7. Kevin Cardiff (Wash) 174-4; 8. Doug Michael (Stanford) 163-2; 9. Art Klosterman (OSU) 161-7.

Shot Put: 1. Dave Porath (Cal) 66-3; 2. Vince Goldsmith (Oregon) 62-634; 3. Dean Crouser (Oregon) 62-4; 4. Bruce Parker (Cal) 61-71/2; 5. Jeff Johnson (Wash) 60-1014; 6. Kris Lettow

photo by Don Gosney



Dokie Williams

(UCLA) 60-834; 7. Howard Stuart (ASU) 60-714; 8. Gary Williky (ASU) 58-71/4; 9. Ron Schmidt (OSU) 55-11/2.

Long Jump: 1. LaMonte King (ASU) 26.1; 2. Dannie Jackson (ASU) 25-51/4; 3. Sam Jenkins (Ariz) 25-2; 4. Aaron Williams (Wash) 25-11/4; 5. Dokie Williams (UCLA) 24-1114; 6. Derek Robinson (Cal) 24-61/2; 7. Peter Halson (WSU) 24-334; 8. Paul Bates (Cal) 24-214; 9. Donnie Butler (Ariz) 23-9; 10. LaMar Hurd (Oregon) 23-61/4; 11. Gary Milton (WSU) 23-11/2; 12. Curt Hatton (Stanford) 22-41/4.

Pole Vault: 1. Shannon Sullivan (OSU) 17-614; 2. Anthony Curran (UCLA) 17-214; 3. tie between Greg Ernst (WSU) and Ross Alexander (Cal) 17-21/4; 5. William Thilken (UCLA) 16-101/2; 6. Bob White (WSU) 15-101/4; 7. Rick Anicker (Wash) no mark.

Javelin: 1. Reidar Lorentzen (Oregon) 161-2; 2. Laslo Babits (WSU) 252-7; 3. Mike Mahoviich (Wash) 252-3; 4. Glenn Robinson (ASU) 250-5; 5. Mark Anderson (UCLA) 243-0; 6. Tom Diehl (WSU) 239-0; 7. Jim Russell (Ariz) 230-4; 8. Ron Uhl (OSU) 226-4; 9. Richard Wolf (OSU) 220-2; 10. Gary Bruhner (Stanford) 212-6.

10,000 Meters: 1. Alberto Salazar (Oregon) 28:38.2; 2. Jim Hill (Oregon) 29:22.7; 3. Don Janicki (Ariz) 29:26.3; 4. Greg Erwin (Oregon) 29:36.6; 5. Bill Graham (Stanford) 29:45.7; 6. Steve Webb (UCLA) 29:49.3; 7. Rich McCann

Sm Jose St., 3:10.35; 3. Fresno St., 2:16.7; 5. UC Santa Barbara, 3:20.9.

Barbara, 3:20.9 SHOTPUT—1. Smith (LBS), 63-534; 2. Suelfiohn (SJS), 59-6½; 3. Bishop (SJS), 58-134; 4. McSeveney (LBS), 54-0; 5. Arello (US), 53-134. LONG JUMP—1. Archade (SJS), 24-11½; 2. Holliday (UC), 23-11; 3. Eilerd (FS), 23-10½; 4. Obray (US), 23-9; 5. Hall (UCSB), 23-8¼. JAVELIN—1. Bendixon (US), 266-6; 2. Mower (US), 229-3; 3. Barton (LBS), 226-6; 4. Rider (LBS), 217-10; 5. Peter-son (FS), 207-11.

HIGH JUMP-1. Chapman (UCI), 7-HIGH JUMP—I. Chapman (UCI), 7-ty 2. Valentine (LBS), 6-16: 3. McNa-mara (FS), 4-8: 4. Scott (SJS), 6-8: 5. tie between. Sendo (UCI) and Sims (LBS), 6-8. DECATHLON—I. Scheerer (UCI), 7/163: 2. Brown (UCSB), 7/36: 3. Bauld (FS), 6/95: 4. Dumas (UCSB), 6/20: 5. Hartnett (UCSB), 6/34: FINAL TEAM SCORES—Sen Jose 5: 88: 11C Irvine 78: Fresn S; 6/4:

St. 88; UC Irvine 78; Fresno St. 64; Long Beach St. 52; Ufah St. 38; UC Santa Barbara 16; CS Fullerton 0. ATHLETE OF YEAR—Eddle Carey (UCI). COACH OF YEAR-Kevin Mc-

NCAA Div. III

May 26-30, Cleveland, Ohio. NCAA Division III National Track & Field Championships.

Two California teams grabbed four national championship gold medals and placed high in the team standings. Pomona-Pitzer ended up in fifth place with 30 points (behind Glassboro State 58, Augustana 42, North Central 40, and Southern/New Orleans 34) all off of first places. Earning gold for Coach Mulcahey were Nick Buchan in the steeplechase with 8:56.13: Stan Watson in the high jump at 6-11; and Tim Robinson in the triple jump at 48-2.

Stanislaus State placed seventh with 20 points on the strength of a first place 400 meter relay victory. The team composed of Roberts, Stone, Dawkins, Dilworth ran 41.25 for the gold. This was the second year in a row the Turlock school has won the 400 relay.

NCAA Div. II

May 26-30: Macomb, Illinois. NCAA Division II Track & Field Championships.

Cal Poly SLO's men's track team accomplished a lot of "firsts" and "mosts" when it won the National Collegiate Division Il Outdoor Track Championships at Western Illinois University.

The Mustangs scored a whopping 92 points to overwhelm runner-up Southern Connecticut State by 53 points, the biggest margin in the championship's history. The previous record was shared by Cal Poly and Eastern Michigan when the Mustangs defeated Cal State Northridge by 44 points (95-51) in 1979 and Eastern Michigan did the same thing to Norfolk State (93-49) in 1972.

It was the second time the Mustangs have won three consecutive track titles (1968-70 and 1979-81), something that no other college has done even once in Division II. In addition, it was the first time that any college has won both the men's and women's national track championships in the same year. Cal Poly's six national crowns are the most by any NCAA Division II team.

(Southeast Mo. St.) 14.00; 3. Angelo Booker (CS Los Angeles) 14.00; 6. Leon Brisco (CS Los Angeles) 14.30.

400 Intermediates: 1. Sandy Labeaux (Hayward) 50.96; 2. Floyd Johnson (Tuskegee) 51.09; 3. Calvin Gunning (Norfolk St.) 51.23; 5. Clarence Hopper (CS Los Angeles) 51.30; 8. Myron Perkins (CS Bakersfield) 53.01.

440 Yard Relay: 1. St. Augustine's 40.24; 2. Cal Poly SLO (Kevin Bush, Joe Siai Siai, Pat Croft, Mark Kent) 40.25; 3. Adelphi 40.57; 7. Cal State Bakersfield (Anthony Lockhart, Charles Truvillion, Joe Smith, Eric Carter) 41.66: 8. Cal State Northridge (Eric Gottesfeld. Terrell Drake, Glenn Smith, Mike Bradford) nt.

800 Meters: 1. Vernon Sallaz (Cal Poly SLO) 1:49.12; 2. Richard Killian (Edinboro State) 1:49.23; 3. Joe Vortherms (Mankato State) 1:49.70.

1500 Meters: 1. Frank Assumma (UC Riverside) 3:40.96; 2. Matt Blaty (Cal Poly Pomona) 3:42.09; 3. Tony Reyes (Cal Poly Pomona) 3:44.14.

Steeplechase: 1. Carmelo Rios (Cal Poly SLO) 8:49.79; 2. James Huff (Cal Poly SLO) 8:50.58; 3. Luis Torres (Northridge) 8:54.59; 6. Brian Parks (UC Riverside) 8:59.45; 7. Kevin Jones (Cal Poly SLO) 9:00.75.

5000 Meters: 1. Chuck Assumma (UC Riverside) 13:59.10; 2. Mark Curp (Central Missouri) 14:02.21: 3. Joel Brandt (South Dakota) 14:05.11; 4. Danny Grimes (Humboldt State) 14:07.25; 5. Steve Alvarez (UC Riverside) 14:09.38; 6. Terry Gibson (Cal Poly SLO) 14:12.15.

10,000 Meters: 1. Mark Conover (Humboldt State) 29:13.20; 2. Steve Alvarez (UC Riverside) 29:38.20; 3. Mark Curp (Central Missouri) 29:50.30; 5. Manny Bautista (Cal Poly SLO) 30:25.00.

Mile Relay: 1. Tuskegee Institute 3:10.23; 2. Southeast Missouri State 3:10.91; 3. New York Institute 3:11.71.

Long Jump: 1. Kerry Rice (Western III.) 25-11; 2. Norm Alston (Hayward) 25-6; 3. Ron Waynes (Cal Poly SLO) 25-11/2; 7. Terrell Drake (Northridge) 24-3.

Triple Jump: 1. David McFadgen (Virginia State) 53-81/2; 2. Frank Alston (CW Post) 53-134; 3. Charles Swindell (Pembroke) 52-01/2; 4. Norm Alston (Hayward) 51-8; 5. Marcus McGlory (Hayward) 51-61/2; 8. Dan Vieira (Hayward) 50-31/2.

High Jump: 1. Bill Thomas (Northern Colorado) 7-1; 2. David Hemingway (Virginia State) 7-1; 3. Robert Belcher (Lowell) 6-1134; 5. Steve Link (UC DAvis) 6-103/4: 7. Erik Johannessen (Cal Poly SLO) 6-91/2.

Pole Vault: 1. Dave Gibeault (S. Conn. St.) 16-1; 2. Grey Rappe (Mankato State) 15-9; 3. Mark Kibort (Cal Poly SLO) 15-9; 6. Mike Thornton (Cal Poly SLO) 15-5.

Discus: 1. Dennis Young (Indiana Central) 170-0; 2. Layne Kelley (St. Cloud) 169-4; 3. Eric Van Skike (Chapman) 168-4; 4. Chris Sorensen (Cal Poly SLO) 166-3; 5. Doug Silcox (CS Chico) 165-3.

Hammer: 1. Bill Borden (S. Conn. St.) 201-1; 2. Bob Rodgers (S. Conn. St.) 198-11; 3. Doug Gillard (Ferris State) 194-11; 4. Doug Silcox (CS Chico) 193-8.

Javelin: 1. Mike Jones (UC DAvis) 236-9; 2. Kevin Goode (Northridge) 227-0; 3. Robert Riley (Cal Poly SLO) 224-6.

Shot Put: 1. Layne Kelley (St. Cloud) 58-111/2; 2. Ron McKee (Northridge) 56-01/2; 3. Howie Horowitz (S. Conn. St.) 55-41/4; 7. Chris Sorenson (Cal Poly SLO) 52-1034.

Decathion: 1. Gudmund Olsen (Mt. St. Mary's) 7481; 2. Robert Stebbins (Mt. St. Mary's) 7250; 3. Trond Skramstad (Mt. St. Mary's) 7069; 4. Pete Godinez (Cai Poly SLO)

1500 Meters: 1. Leann Warren (Oregon) 4:15.00; 2. Monica Joyce (San Diego State) 4:16.15; 3. Mary Carol Rawe (Penn St.) 4:17.05; 4. Linda Goen (UCLA) 4:17.59; 6. Shella Raiston (UCLA) 4:18.76. Qualifying: Raiston 4:23.16; Goen 4:23.59; Joyce 4:23.82

100 Meter Hurdles: 1. Benita Fitzgerald (Tennessee) 13.12; 2. Candy Young (Fairleigh Dickenson) 13.37; 3. Linda Weekly (Texas Southern) 13.38. Qualifying: Margo Edwards (Redlands) 13.78; Missy Jerald (UCLA) 14.31.

High Jump: 1. Coleen Rienstra (Arizona St.) 6-0; 2. Maria Betioli (Bringham Young) 5-103/4; 3. Ann Bair (Virginia) 5-1034; 6t. Phyllis Blunston (CS Bakersfield) 5-103/4.

400 Meters: 1. Jackie Pusey (Cal State LA) 51.85; 2. Marita Payne (Florida St.) 52.01; 3. Arlise Emerson (UCLA) 52.49; 7. Oralee Fowler photo by Richard Slotkin

300 Meters: 1. Regina Joyce (Washington) 9:00.2; 2. Joan Hansen (Arizona) 9:09.5; 3. Suzanne Girard (North Carolina) 9:23.6; 5. Cynthia Schmandt (UC Berkeley) 9:25.9. Qualify-Ing: Schmandt 9:31.42; Patty Sue Plumer (Stanford) 9:42.02; Mary Ann Scannell (CS Sacramento) 9:43.82.

10,000 Meters: 1. Alleen O'Connor (Virginia) 33:28.20; 2. Patsy Sharples (Idaho) 33:34.85; 3. Midde Hamrin (Lamar) 33:37.48; 11. Kim Schnurpfell (Stanford) 34:58.00; 12. Elizabeth Baker (San Diego State) 35:17.74: 14. Ellen Lyons (Stanford) 35:22.94; 16. Michele Aubuchon (CS Hayward) 35:30.83.

Team Scores: 1. Tennessee 61; 2. UCLA 57; 3. Florida State 40; 3. Oregon 40; 11. Oal State Los Angeles; 18. San Diego State 10; 29. Stanford 4; 34. UC Berkeley 2; 34. Cal State Long Beach 2. photo by Richard Slotkin







Pam Spencer

(UCLA) 53.48. Qualifying: Pusey 52.2; Emerson 53.0; Fowler 53.1; Kimberly White (UC

Dokie Williams

(UCLA) 60-834: 7. Howard Stuart (ASU) 60-71/4; 8. Gary Williky (ASU) 58-71/4; 9. Ron Schmidt (OSU) 55-11/2.

Long Jump: 1. LaMonte King (ASU) 26.1; 2. Dannie Jackson (ASU) 25-51/4; 3. Sam Jenkins (Ariz) 25-2; 4, Aaron Williams (Wash) 25-11/4; 5. Dokie Williams (UCLA) 24-1114; 6. Derek Robinson (Cal) 24-61/2; 7. Peter Halson (WSU) 24-334: 8. Paul Bates (Cal) 24-214; 9. Donnie Butler (Ariz) 23-9: 10. LaMar Hurd (Oregon) 23-61/4: 11. Gary Milton (WSU) 23-11/4: 12. Curt Hatton (Stanford) 22-41/4.

Pole Vault: 1. Shannon Sullivan (OSU) 17-61/4: 2. Anthony Curran (UCLA) 17-21/4; 3. tle between Greg Ernst (WSU) and Ross Alexander (Cal) 17-21/4; 5. William Thilken (UCLA) 16-101/2; 6. Bob White (WSU) 15-101/4; 7. Rick Anicker (Wash) no mark.

Javelin: 1. Reidar Lorentzen (Oregon) 161-2; 2. Lasio Babits (WSU) 252-7; 3. Mike Mahovlich (Wash) 252-3: 4. Glenn Robinson (ASU) 250-5; 5. Mark Anderson (UCLA) 243-0; 6. Tom Diehl (WSU) 239-0; 7. Jim Russell (Ariz) 230-4; 8. Ron Uhl (OSU) 226-4; 9. Richard Wolf (OSU) 220-2; 10. Gary Bruhner (Stanford) 212-6.

10,000 Meters: 1. Alberto Salazar (Oregon) 28:38.2; 2. Jim Hill (Oregon) 29:22.7; 3. Don Janicki (Ariz) 29:26.3; 4. Greg Erwin (Oregon) 29:36.6: 5. Bill Graham (Stanford) 29:45.7: 6. Steve Webb (UCLA) 29:49.3; 7. Rich McCann (Cal) 29:52.1; 8. Rick Rose (UCLA) 30:23.9; 9. Mike Melendez (Stanford) 30:24.2; 10. Tom O'Nell (Stanford) 30:40.3.

Team Scores: 1. Arizona State 133; 2 Oregon 114; 3. UCLA 1081/2; 4. Cal 76; 5. Washington State 74; 6. Arizona 57; 7. Oregon State 391/2: 8. Washington 29, 9. Stanford 20.

Athlete of the Meet: David Porath (Cal) winner of the discus and shot put.

At Long Beach St. 100-1. Thomas (San Jose St.), 10.52; 2. Carey (UC Irvine), 10.52; 3. Tor-rence (SJS), 10.68; 4. Green (SJS), 1376, S. Scott (Fresno St.), 10.91. 200—1. Carey (UCl), 21.29; 2. Tor-whee (SJS), 21.50; 3. Scott (FS), 21.77; Kidd (UCl), 21.78; 5. Green (SJS),

400-1, Wells (UCI), 46.65; 2. Prince (SJS), 47.03; 3. Thompson (FS), 47.24; 5 Kamber (SJS), 47.76; 5. Campbell

900—1. Arnold (FS), 1:51.94; 2. Breigan (SJS), 1:52.04; 3. Musgrove (SJS), 1:52.25; 4. Tapia (FS), 1:52.41; 5. Kirch-

1877 (UCI), 1:52.41.

1.500—1, Young (UCI), 3:47.75, 2. Folies (FS), 3:47.86; 3. Reyes (UCI), 3:51.17; 4. Hussey (SJS), 2:51.65; 5. Lillig JCI), 3:52.0.

5,000-1. Lindvigsmoen (Utah St.), 14:20.47; 2. Harvey (SJS), 14:24.84; 3. Clyristensen (UCI), 14:35.72; 4. Brum-

Corrisenson (CCI), 1433/2 4. Brum-jugli (UC Santa Barbara), 1437.96 5. Salázar (SJS), 1440.99. , 104H—1. Parterson (SJS), 1403 2. Chrvaii (UCI), 1406 3. Blake (Long Bach St.), 1422 4. Hawthorne (SJS), 4886 6. Milliamson (SS), 1468 (35), 1424 - Hewmorne (35), 1450 (40H+-L Walker (US), 5131; 2. Der (UCI), 51.99; 3. Jones (LBS), 52.64; (Marjand (UCI), 52.67; 5. Nesh (UCI),

400 RELAY-1. San Jose St. (Prince. Chomas, Green, Totronce), 40.13, 2. UC Irvine, 40.54; 3. Fresno St., 41.63; 4. UC Santa Barbera, 41.85; 5. Long MILE RELAY-1. UC Irvine (Wells.

Calestin, Dorvall, Carey), 3:08.48; 2,

the Turlock school has won the 400 relay.

NCAA Div. II

May 26-30; Macomb, Illinois, NCAA Division II Track & Field Championships.

Cal Poly SLO's men's track team accomplished a lot of "firsts" and "mosts" when it won the National Collegiate Division Il Outdoor Track Championships at Western Illinois University.

The Mustangs scored a whopping 92 points to overwhelm runner-up Southern Connecticut State by 53 points, the biggest margin in the championship's history. The previous record was shared by Cal Poly and Eastern Michigan when the Mustangs defeated Cal State Northridge by 44 points (95-51) in 1979 and Eastern Michigan did the same thing to Norfolk State (93-49) in 1972.

It was the second time the Mustangs have won three consecutive track titles (1968-70 and 1979-81), something that no other college has done even once in Division II. In addition, it was the first time that any college has won both the men's and women's national track championships in the same year. Cal Poly's six national crowns are the most by any NCAA Division II team.

Coach Steve Miller's Mustangs came away from the 1981 national meet with three individual champions as Mark Kent won the 100-meter dash in 10.3 seconds (going into a 9 mile-per-hour wind), Vernon Sallaz won the 800 meters in 1:49.12 and Carmelo Rios took first in the 3,000 meter steeplechase in 8:49.79, while Ivan Huff was second (8:50.58).

The biggest disappointment for Poly was shot putter Brian Faul's failure to make his way into the finals. Faul, who had lost 20 pounds after battling a strep throat for three weeks, fouled on his first two throws, then hurled a standing throw of 52-101/4 which was just under the necessary minimum.

Three other California schools placed in the top 6. UC Riverside was third with 33 points, Cal State Northridge was fifth with 28, and Cal State Hayward was sixth with 26.

Riverside was paced by the comeback of the Assumma brothersd. Chuck winning the 5,000 and Frank winning the 1,500. Steve Alvarez also added big points with a second in the 10,000. For Northridge Ron McKee was second in the shot put while Kevin Goode took second in the javelin. Steve Brodi ran third in the 100. But the big surprise was freshman Luis Torres' school record 8:54.59 for third in the steeplechase. Hayward had a national champ in the intermediates with Sandy Labeaux and a second in the long jump off of Norm Alston. Other California national champions were: Mark Conover of Humboldt State in the 10,000, and Mike Jones of UC Davis in the Javelin.

100 Meters: 1. Mark Kent (Cal Poly SLO) 10.30; 2. Darrell Green (Texas A & I) 10.50; 3. Steve Brodi (Northridge) 10.50; 5. Coy Justice (Hayward) 10.70; 8. Kevin Smith (Hayward) nt. 200 Meters: 1. Herbert Blue (Adelphi) 20.90:

2. Darrell Green (Texas A & I) 20.92; 3. Joe Siai Siai (Cai Poly SLO) 21.11; 5. Mark Kent (Cai Poly SLO) 21.35.

400 Meters: 1. Kevin Jones (Northwood Inst.) 46.07; 2. Pat Croft (Cal Poly SLO) 46.25; 3. Jeff White (Mt. St. Mary's) 46.32; 5. Terrell Williams (UC Riverside) 47.10.

110 High Hurdies: 1. Augle Oruwari (Eastern Illinois) 13.90; 2. Andrew Presberry 53-13/4: 3. Charles Swindell (Pembroke) 52-01/2: 4. Norm Alston (Hayward) 51-8; 5. Marcus McGlory (Hayward) 51-61/2; 8. Dan Vieira (Hayward) 50-31/2.

High Jump: 1. Bill Thomas (Northern Colorado) 7-1; 2. David Hemingway (Virginia State) 7-1; 3. Robert Belcher (Lowell) 6-11 3/4; 5. Steve Link (UC DAvis) 6-1034; 7. Erik Johannessen (Cal Poly SLO) 6-91/2.

Pole Vault: 1. Dave Gibeault (S. Conn. St.) 16-1: 2. Grev Rappe (Mankato State) 15-9; 3. Mark Kibort (Cal Poly SLO) 15-9: 6. Mike Thornton (Cal Poly SLO) 15-5.

Discus: 1. Dennis Young (Indiana Central) 170-0; 2. Layne Kelley (St. Cloud) 169-4; 3. Eric Van Skike (Chapman) 168-4; 4. Chris Sorensen (Cal Poly SLO) 166-3; 5. Doug Slicox (CS Chico) 165-3.

Hammer: 1. Bill Borden (S. Conn. St.) 201-1; 2. Bob Rodgers (S. Conn. St.) 198-11; 3. Doug Gillard (Ferris State) 194-11; 4. Doug Silcox (CS Chico) 193-8.

Javelin: 1. Mike Jones (UC DAvis) 236-9; 2. Kevin Goode (Northridge) 227-0; 3. Robert Riley (Cal Poly SLO) 224-6.

Shot Put: 1. Layne Kelley (St. Cloud) 58-111/2: 2. Ron McKee (Northridge) 56-01/2; 3. Howie Horowitz (S. Conn. St.) 55-41/4; 7. Chris Sorenson (Cal Poly SLO) 52-1034.

Decathion: 1. Gudmund Olsen (Mt. St. Mary's) 7481; 2. Robert Stebbins (Mt. St. Mary's) 7250; 3. Trond Skramstad (Mt. St. Mary's) 7069; 4. Pete Godinez (Cal Poly SLO) 7066; 5. Brett Selby (CS Bakersfield) 7024; 7. Jan Bear (Cal Poly Pomona) 6767; 8. Steve Bladen (Hayward) 6672; 10. Doug Cobb (CS Chico) 6638; 11. Eric Longfield (Cal Poly Pomona) 6635; 12. Ron Jenkins (CS Chico)

Team Scores: 1. Cal Poly San Luis Obispo 92: 2. Southern Connecticut State 39; 3. UC Riverside 33; 4. Mount St. Mary's 32; 5. Cal State Northridge 28: 6. Cal State Hayward 26; 16. Cal Poly Pomona 14; 16. Humboldt State 14; 20. UC Davis 12; 28. Cal State Los Angeles 9; 32. Cal State Chico 6; 32. Chapman 6; 41. Cal State Bakersfield 2.

AIAW Div. I

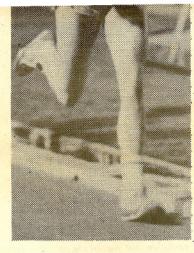
May 28-30, University of Texas, Austin. AIAW Division i National Track & Field Champion-

Long Jump: 1. Donna Thomas (North Texas) 20-934: 2. Esmeralda Garcia (Florida State) 20-81/2; 3. Pat Johnson (Wisconsin) 20-6; 9. Michelle Kelly (UC Irvine) 18-61/2; 12. Jennifer Innis (Cal State LA) 18-01/2. Qualifying: Kelley 19-0%; Innis 19-0%; Jackie Joyner (UCLA) 17-5%.

Javelin: 1. Sally Harmon (Oregon) 177-10; 2. Sue Gibson (Alabama) 175-9; 3. Dana Olson (Houston) 173-5; 4. Mary Osborne (Stanford) 169-8: 5. Jacque Nelson (UCLA) 169-2; 9. Donna Mayhew (Arizona) 158-8. Qualifying: Osborne 162-2; Nelson 160-10; Mayhew 165-8; Deborah Dibb (San Diego State) 146-9; Susie Ray (UCLA) 138-1.

Discus: 1. Ria Stalman (Arizona State) 198-3; 2. Meg Ritchie (Arizona) 184-10; 3. Leslie Deniz (Arizona State) 174-3: 7. Carol Cady (Stanford) 160-9; 9. Leslie Hoerner (CSU Long Beach) 158-10; 12. Pat Shaw (CSU Long Beach) 139-7. Qualifying: Deniz 176-11; Cady 170-8; Hoerner 164-0; Shaw 155-4.

800 Meter Medley Relay: 1. Tennessee 1:36.70; 2. UCLA (Gerald, Bolden, Griffith, Howard) 1:37.41; 3. Cal State LA (Bowle, Howard, Innes, Pusey) 1:39.06. Qualifying: UCLA 1:38.69; Cal State LA 1:40.26.



Linda Goen



(UCLA) 53.48. Qualifying: Pusey 52.2; Emerson 53.0: Fowler 53.1: Kimberly White (UC Berkeley) 54.0; Clndy Cumbess (UCLA) 54.63.

100 Meters: 1. Merlene Ottey (Nebraska) 11.20: 2. Lelelth Hodges (Texas Women's) 11.24; 3. Jeanette Bolden (UCLA) 11.28; 6. Jennifer Innes (Cal State LA) 11.68. Qualifying: Bolden 11.23: Innis 11.57, Kimberly Robinson (USC) 11.61.

800 Meters: 1. Leann Warren (Oregon) 2:06.07: 2. Delisa Walton (Tennessee) 2:08.37; 3. Joetta Clark (Tennessee) 2:08.79. Qualifying: Frannie Castro (CS Hayward) 2:08.62; Michelle Bonds (CS Long Beach) 2:13.84.

400 Meter Hurdles: 1. Robin Marks (Arizona) 58.41; 2. Edna Brown (Temple) 58.59; 3. Tammy Etienne (Texas) 59.47. Qualifying: Kathy Bower (CS Long Beach) 61.90.

200 Meter Dash: 1. Merlene Ottey (Nebraska) 22.78; 2. Florence Griffith (UCLA) 23.11; 3. Randy Givens (Florida State) 23.72. Qualifying: Griffith 22.61; Kim Robinson (USC) 23.85

3200 Meter Relay: 1. Wisconsin 8:53.44; 2. lowa State 8:59.14; 3. Nebraska 9:02.80.

5000 Meters: 1, Julie Shea (North Carolina St.) 16:11.04; 2. Mary Shea (North Carolina St.) 16:16.02; 3. Betty Jo Springs (North Carolina St.) 16:18.76: 14. Ellen Lyons (Stanford) 17:06.72.

1600 Meter Relay: 1. Tennessee 3:31.70; 2. UCLA (Cumbess, Howard, Emerson, Fowler) 3:32.08; 3. Oregon 3:34.13. Qualifying: UCLA 3:35 33

Heptathion: 1. Patsy Walker (Houston) 5662; 2. Nancy Kindig (Nebraska) 5585; 3. Jackie Joyner (UCLA) 5578; 5. Carrie McLaughlin (San Diego State) 5372; 7. Kerry Zwart (USC) 5228; Tonya Alston (UCLA) withdrew.

Shot Put: 1. Meg Ritchie (Arizona) 57-1: 2. Rosemarie Hauch (Tennessee) 53-9; 3. Sandy Burke (Northeastern) 52-111/2; 5. Ramona Pagel (CS Long Beach) 52-2. Qualifying: Pagel 49-914; Susie Ray (UCLA) 48-1114; Carol Cady (Stanford) 46-7.

400 Meter Relay: 1. Florida State 44.35; 2. UCLA (Bolden, Howard, Griffith, Jeraid) 44.49; 3. Texas Women's 44.95; 4. Cal State Los Angeles (Innis, Howard, Smith, Pusey) 45.15. Qualifying: UCLA 44.49; 2. Cal State LA 45.12.

TFA/USA

May 29-30, Wichita, Kansas. Track & Fleid Association-USA National Championships.

Steeplechase: 1. Henry Marsh (Athletics West) 8:37.0; 2. Mark Bishop (Unatt) 8:42.3; 3. Bill McCollough (Stars & Stripes) 8:42.9.

Shot Put: 1. Bishop Dolegiewicz (Unat) 67-61/2: 2. Colin Anderson (Univ. Chicago TC) 68-9: 3. Ben Plucknett (SC Striders) 66-3.

200 Meters: 1. James Butler (Oklahoma St) 20.93; 2. Cliff Wiley (DC Inter) 21.02; 3. Colin Bradford (USC TC) 21.34; 6. Dean Greenway (Maccabl) 21.54. Wind 0.01.

800 Meters: 1. Dave Korir (Iowa State) 1:48.47: 2. Paul Williams (E. Oklahoma St.) 1:48.79; 3. Randy Wilson (Athletics West) 1:49.30: 4. Brian Theriot (Stars & Stripes) 1:49.59: 6. Scott Poehling (Pacific Coast Club) 1:50.24.

10.000 Meters: 1. Marty Foelick (Rice) 29:15.7: 2. Yobes Ondieki (lowa St.) 29:18.5; 3. Tom Dalton (Syracuse Chargers) 29:10.6.

400 Meters: 1. Leslie Kerr (Texas A&M) 45.1; 2. Zeke Jefferson (Baylor) 45.5; 3. Mark Rowe (Jackson St.) 46.0; 4. Dean Greenaway (Maccabi) 46.6.

1500 Meters: 1. Todd Harbour (Baylor) 3:43.90; 2. Tom Stevens (Illinois) 3:44.60; 3. Joe Fabris (Aggie RC) 3:45.36.

110 Meter Hurdies: 1. Tonie Campbell (USC TC) 13.4: 2. Milan Stewart (USC TC) 13.6; 3. Steve Parker (Abliene Christian) 13.7; 6. Dan lavitt (Pacific Coast Club) 14.0. Wind 0.11.

High Jump: 1. Nat Page (Unatt) 7-31/2; 2. Larry Weaver (Louisiana St.) 7-11/2; 3. Jim Howard (Texas A&M) 7-0.

Triple Jump: 1. Paul Jordan (Houstan TC) 52-9: 2. Jimmy Washington (Huston TC) 52-51/2; 3. Rayfield Dupree (USC TC) 51-10%. Wind OK all jumps.

5000 Meters: 1. Tom Duits (Unatt) 13:58.15; 2. Steve Lacy (New Balance TC) 13:58.68; 3. Mark Spilsbury (Univ. Colorado) 14:02.0.

4x400 Meter Relay: 1. Baylor 3:05.48; 2. Texas Christian 3:06.59; 3. USC Track Club 3:06.70.

TFA continued:

Pole Vault: 1. Earl Bell (Pacific Coast Club) 18-0¼; 2. Billy Olson (Pacific Coast Club) 18-0¼; 3. Ed Langford (Purdue) 17-9¼; 4. Dave Kenworthy (USC TC) 17-4¼; 8. Anthony Curran (UGLA) 17-4¼.

20K Walk: 1. Jerry Young (Gateway) 1:36:55; 2. Mark Young (Gateway) 1:41:55; 3. Mica Comstock (Unatt) 1:42:26.

Hammer: 1. Richard Olson (Southern Methodist) 232-1; 2. Robert Weir (Southern Methodist) 227-5; 3. Andy Bessette (Unatt) 223-8.

Long Jump: 1. Greg Artis (Middle Tennessee) 26-31/2; 2. Lawrence LuJack (Army) 25-101/4w; 3. Eugene McCain (Louisiana St.) 25-61/4w.

Javelin: 1. Steve Stockton (NW Louisianna) 251-7; 2. Mike Collins (Univ. Houston) 235-7; 3. Mark Perbeck (Kansas St.) 234-5.

400 Meter Hurdles: 1. David Lee (S. Illinois) 49.28; 2. Rob Cassiernan (Pacific Coast Club) 50.00; 3. Paul Lankford (Penn St.) 50.00.

Discus: 1. Ben Plucknett (S. Calif. Striders) 217-0; 2. Ken Stadel (Athletics West) 207-10; 3. Al Oerter (NYAC) 205-4.

4x100 Meter Relay: 1. USC Track Club (Michael Turner, Mike Sanford, James Sanford, Colin Bradford) 39.38; 2. Oklahoma St. 39.40; 3. Texas A&M 39.86.

100 Meters: 1. James Sanford (USC TC) 10.13; 2. Rod Richardson (Texas A&M) 10.29; 3. Bruce Davis (Baylor) 10.32; 6. Michael Sanford (USC TC) 10.53.

WOMEN:

Javelin: 1. Celeste Wilkinson (Naturite) 166-1; 2. Angie Stubblefield (Unatt) 141-9; 3. Amy Profitt (Kansas Wesleyan) 134-5.

5000 Meters: 1. Katy Schilly (lowa United) 17:29.2; 2. Zanetta Weber (Univ. lowa) 17:47.8; 3. Deann Hendrixson (Colorado Gold) 17:56.4.

400 Meters: 1. Rosalyn Bryant (Naturite) 54.05; 2. Elaine McKenna (Naturite) 55.25; 3. Lorne Forde (Atoms) 55.32.

800 Meters: 1. Robin Campbel (Unat) 2:06.45; 2. Essie Kelly (Athletics West) 2:07.31; 3. Stacey Zartler (Metroplex Striders) 2:08.84.

200 Meters: 1. Evelyn Ashford (Medalist) 22.62; 2. Chandra Cheeseborough (Tennessee) 23.41; 3. LaShon Nedd (Metroplex Striders) 23.92; 4., Yolanda Rich (Naturite) 23.97.

10,000 Meters: 1. Debbie Anderson (Air Force) 37:09.3; 2. Jan Spring (Wichita St.) 41:18.9; 3. Dianne Voelker (Whichita St.) 42:37.8.

Discus: 1. Robin Small (Unatt) 159-6; 2. Francine Kaylor (Unatt) 149-2; 3. Jane Sumner (S. Illinois) 144-3.

High Jump: 1. Pam Spencer (Naturite) 6-51/4; 2. May Gragoe (Missouri) 5-111/4; 3. Kym Carter (Kansas) 5-111/4.

Long Jump: 1. Jodi Anderson(Naturite) 21-81/4 wind 3.42; 2. Marlene Harmon (Naturite) 20-31/4 wind 2.28; 3. Gayle Brandon (Terre Haute) 20-11/4 wind 1.98.

400 Meter Hurdles: 1. Sandy Myers Naturite) 56.78; 2. Debra Melrose (Unatt) 60.08; 3. Chris Crowther (Unatt) 60.69.

4x100 Meter Relay: 1. L.A. Naturite (Jodi Anderson, Yolanda Rich, Rosalyn Bryant, Jenny Gorham) 45.40; 2. Jackson State 45.59; 3. Texas TC 46.75.

1500 Meters: 1. Deb Vetter (Unatt) 4:26.7; 2. Ginny Stricker (Colorado Gold) 4:31.3; 3. Katy Schilly (Iowa United) 4:36.1.

100 Meter Hurdles: 1. Jackle Washington (Shakler TC) 13.1; 2. Stephanie Hightower (Ohio St. TC) 13.1; 3. Gayle Watkins (Unatt) 13.3.

100 Meters: 1. Stephanle Brown (Morris) 11.58; 2. Yolanda Rich (Naturite) 11.66; 3. Esther Hope (Jackson St.) 11.68; 5. Jodi Anderson (Naturite) 11.75.

Shot Put: 1. Robin Small (Unatt) 45-11; 2. Janice Stucky (Kansas St.) 44-21/2; 3. Rhea Rogers (Illinois) 44-11/2.

4x400 Meter Relay: 1. L.A. Naturite TC (Sandy Myers, Rosalyn Bryant, Jenny Gorham, Yolanda Rich) 3:36.22; 2. Jackson State 3:44.61; 3. Colorado Flyers 3:45.49.

Team Scores: MEN- USC TC 61; Baylor 36; Pacific Coast Club 33. WOMEN: Los Angeles Naturite TC 100, Jackson State 24, Metroplex Striders 21.

NCAA Div. I

By BOB WOMACK

June 4-6, Baton Rouge, Lousiana. NCAA Division I Track & Field Championships.

One of history's great sprint competitions overshadowed the team race between foreigner-laden UTEP and SMU at the 60th annual NCAA Division I meet at Baton Rouge, Louislana.

Fast semis-10.13 (Carl Lewis of Houston), 10.11w (Mel Lattany of Georgia), and 10.11 (unherasided Jeff Phillips of Tennessee)-whetted the Friday night crowd's appetite. The final satisfied it.

The fast-starting Lattany led for 70 meters, when he was caught by the powerfully-built Phillips. Phillips, in turn, was caught in the final strides by the surging Lewis, whose 9.99 was aided by a wind only slightly above legal (2.54 mps). Phillips was clocked in 10.00, Lattany in 10.06. For Lewis, it completed a 100-LJ double not accomplished since Jesse Owens did It in 1936.

In team competition, Texas-El Paso lived up to its nickname, "UKEP" (University of Kenya at El Paso); its 70 points were scored entirely by foreign athletes, mostly Kenyans, although Canada, Jamaica, Tanzania, South Africa, and the Bahamas chipped in. Of SMU's 57 points for second, all but 18 (by weightman Michael Carter) came from non-citizens. In contrast, all of third-place Tennessee's 50 points came from Americans.

The race went down to the last three events. UTEP's Steve Hanna tripled 55-11 while Indoor record holder Keith Connor of SMU could manage only 54-6½ for third; Sulaiman Nyambul and Mike Musyoki

delivered a 1-3 for the Miners in the 5000, completing a 10K-5K double for Nyambul; and 800-meter champ Sammy Koskel completed the Mustang collapse by pulling up lame in the third leg of the 4x400.

Californians had comparatively little to cheer for with potentially powerful USC sidelined by NCAA probation imposed for l'affaire Billy Mullins. UCLA did tailly 30 points for fifth place and Cal 17½ for tenth but Stanford was shut out completely and the normally-powerful PCAA got a combined total of only 10 points.

Californians won both hurdles. UCLA's Andre Phillips confirmed his status as America's No. 2 intermediate hurdler (behind post-graduate Edwin Moses) with a solid 49.12.

And Larry Cowling of Cal upset pre-race favorite Willie Gault (13.52 in the semis) in the highs.

Most frustrated Californian was defending decathion champion Mark Anderson of UCLA, who broke the existing collegiate record with 8171 points (including an American decathion record equaliting 248-11 javelin) but lost his title to BYU Argentine Tito Steiner (8279).

Results of Californians:

100: 4. Brown (UCLA) 10.20w. Semis: I-5. Simons (SD St) 10.44; Kent (CPSLO) dq. II-3. Brown 10.25w. Heats: II-3. Simons 10.58. III-2. Brown 10:45. IV-5. Kent 10.54.

200: 9. Russell (SD St) 21.7. Semis: I-4. Brown (UCLA) 20.69w; 7. Torrence (SJ St) 21.38w. II-2. Russell 20.92. Heats: II-3. Brown 21.06; 6. Torrence 21.63. III-4. Russell 21.09.

400: Semis: II-5. Blaylock (SD St) 47.00. Heats: I-Blaylock 46.97. II-7. Croft (CPSLO) 47.29. III-6. Whitlock (Wash/ex-Santa Rosa JC) 47.01. IV-7. Banks (UCLA) 48.41.

800: Semis: I-Breigan (SJ St) 1:50.10. II-4. Sallaz (CPSLO) 1:49.99; West (UCLA) dnf. III-5. Mack (Orekex-Locke HS) 1:47.62; 6. White (Cal) 1:48.78.

1500: 4. Padilla (BYU/ex-Cal HS) 3:38.37. Heats: I-8. Blaty (CPP) 3:47.97. II-4. Padilla 3:44.72. III-5. F. Assumma (UCR) 3:45.33; 9. Reyes (CPP) 3:49.56.

5000: 4. Padilla 13:48.1. Heats: I-6. Padilla 14:33.32; 7. C. Assumma (UCR) 14:34.61.

10,000: 13. Alvarez (UCR) 29:59.7; 22. Harvey (SJ St) 30:37.3; 25. McCann (Cal) 31:16.0; Conover (Hum St) dnf; Moses (UCLA) dnf.

3000 Steeplechase: 9. Fell (SD St) 8:41.13. Heats: I-6. Fell 8:36.27; 12. Dyer (Cal) 9:05.2. II-7. Daniels (UCLA) 8:46.81; 9. Huff (CPSLO) 8:54.4.

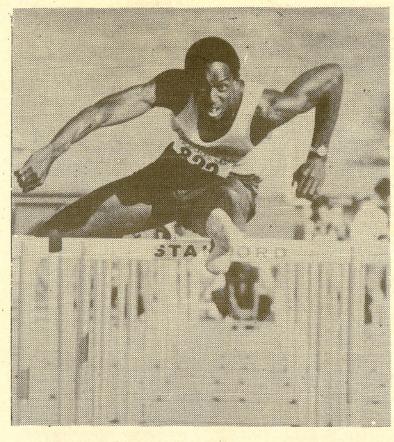
110 HH: 1. Cowling (Cal) 13.60w. Heats: II-1. Cowling 13.64w; 6. Alen (UCLA) 14.33w.

400 IH: 1. Phillips (UCLA) 49.12; 6. Cowling (Cal) 50.28. Semis: II-1. Phillips 49.89; 3. Cowling 50.43. Heats: I-8. Ward (Orelex-St. Mary's HS) 52.24. IV-3. Phillips (UCLA) 51.63. V-2. Cowling 51.32.

HJ: Nelson (Cal) nh. Qualifying: Nelson 7-114; David (UCLA) 7-014; Schlefer (SD St) 7-014; Nordquist (Wash St/ex-Fullerton JC) 7-014; Balkin (UCLA) nh.

PV: 2. Curran (UCLA) 17-4½; 6 (t). Ernst (Wash St/ex-El Dorado HS) & McAlexander (Cal) 17-0¼. Qualifying: Curran 17-0½; McAlexander 17-0½; Ernst 17-0½; Thilken (UCLA) nh; Halverson (SD St) nh; Warner (Md/ex-El Camino JC) nh.

photo by Don Gosney



Larry Cowling: NCAA Division I champion

LJ: 11. Alston (Hay St) 23-11. Qualifying:. Alston 25-01/2; Atachade (SJ St) 24-31/4.

TJ: Qualifying: Bates (Cal) 51-9; Williams (UCLA) 51-7½; Mayfield (Ariz St/ex-Muir HS) 51-5; Ellard (Fres St) 51-2½.

SP: 3. Porath (Cal) 64-9½; 4. Staub (Nebr/ex-Glendale JC) 63-11½; 7. Smith (LB St) 62-3; 11. Parker (Cal) 59-9. Qualifying: Staub 65-2¾; Smith 63-0; Porath 62-8; Parker 60-5½.

DT: 8.Lettow (UCLA) 193-11; 9. Porath 190-10; 10. McSeveney (LB St) 185-10. Qualifying: Porath 202-0; McSeveney 189-9; Lettow 188-9; Thomson (Stan) 178-0; Hill (Cal) 174-7; Reid (LB St) 174-8; Bishop (SJ St) nm.

HT: 3. Mileham (Fres St) 227-0; 5, Green (LB

St) 216-8; 7. Thomson 199-11. Qualifying: Mileham 230-4; Green 205-9; Thomson 201-0.

JT: Qualifying: Anderson (UCLA) 221-3. 4x100: 5. San Jose State (Prince, Thomas, Green, Torrence) 39.91. Heats: II-2. San Jose State 39.99: 4. Cal 40.22.

4x400: Semis: I-4. UC Irvine 3:06.50 (Wells 47.7, Kidd 46.9, Dorvall 47.1, Carey 44.8); 6. Washington State (Whitlock 48.2). Heats: I-5. UC Irvine 3:08.44 (Wells 47.2, Kidd 47.6, Dorvall 48.1, Carey 45.6). III-5. Oregon State (Fields - ex-Grant HS 47.5); 6. Washington State (Whitlock 47.0). IV-7. Oregon (Ward 47.6).

Decathion: 2. Anderson (UCLA) 8171.

Lorne Forde (Atoms) 55.32.

800 Meters: 1. Robin Campbel (Unat) 2:08.45; 2. Essie Kelly (Athletics West) 2:07.31; 3. Stacey Zartler (Metroplex Striders) 2:08.84.

200 Meters: 1. Evelyn Ashford (Medalist) 22.62; 2. Chandra Cheeseborough (Tennessee) 23.41; 3. LaShon Nedd (Metroplex Striders) 23.92; 4., Yolanda Rich (Naturite) 23.97.

10,000 Meters: 1. Debble Anderson (Air Force) 37:09.3; 2. Jan Spring (Wichita St.) 41:18.9; 3. Dianne Voelker (Whichita St.) 42:37.8.

Discus: 1. Robin Small (Unatt) 159-6; 2. Francine Kaylor (Unatt) 149-2; 3. Jane Sumner (S. Illinois) 144-3.

High Jump: 1. Pam Spencer (Naturite) 6-51/4; 2. May Gragoe (Missouri) 5-111/4; 3. Kym Carter (Kansas) 5-111/4.

Long Jump: 1. Jodi Anderson(Naturite) 21-8¼ wind 3.42; 2. Marlene Harmon (Naturite) 20-3¼ wind 2.28; 3. Gayle Brandon (Terre Haute) 20-1¼ wind 1.98.

400 Meter Hurdles: 1. Sandy Myers Naturite) 56.78; 2. Debra Meirose (Unatt) 60.08; appetite. The final satisfied it.

The fast-starting Lattany led for 70 meters, when he was caught by the powerfully-built Phillips. Phillips, in turn, was caught in the final strides by the surging Lewis, whose 9.99 was alded by a wind only slightly above legal (2.54 mps). Phillips was clocked in 10.00, Lattany in 10.06. For Lewis, it completed a 100-LJ double not accomplished since Jesse Owens did it in 1936.

In team competition, Texas-El Paso lived up to its nickname, "UKEP" (University of Kenya at El Paso); its 70 points were scored entirely by foreign athletes, mostly Kenyans, although Canada, Jamaica, Tanzania, South Africa, and the Bahamas chipped in. Of SMU's 57 points for second, all but 18 (by weightman Michael Carter) came from non-citizens. In contrast, all of third-place Tennessee's 50 points came from Americans.

The race went down to the last three events. UTEP's Steve Hanna tripled 55-11 while Indoor record holder Keith Connor of SMU could manage only 54-61/2 for third; Sulqiman Nyambul and Mike Musyoki

5000: 4. Padilla 13:48.1. Heats: I-6. Padilla 14:33.32; 7. C. Assumma (UCR) 14:34.61.

10,000: 13. Alvarez (UCR) 29:59.7; 22. Harvey (SJ St) 30:37.3; 25. McCann (Cal) 31:16.0; Conover (Hum St) dnf; Moses (UCLA) dnf.

3000 Steeplechase: 9. Fell (SĎ St) 8:41.13. Heats: I-6. Fell 8:36.27; 12. Dyer (Cal) 9:05.2. II-7. Daniels (UCLA) 8:46.81; 9. Huff (CPSLO) 8:54.4.

110 HH: 1. Cowling (Cal) 13.60w. Heats: II-1. Cowling 13.64w; 6. Alen (UCLA) 14.33w.

400 IH: 1. Phillips (UCLA) 49.12; 6. Cowling (Cal) 50.28. Semis: II-1. Phillips 49.89; 3. Cowling 50.43. Heats: I-6. Ward (Ore/ex-St. Mary's HS) 52.24. IV-3. Phillips (UCLA) 51.63. V-2. Cowling 51.32.

HJ: Nelson (Cal) nh. Qualifying: Nelson 7-1½; David (UCLA) 7-0½; Schlefer (SD St) 7-0½; Nordquist (Wash St/ex-Fullerton JC) 7-0½; Balkin (UCLA) nh.

PV: 2. Curran (UCLA) 17-4¼; 6 (t). Ernst (Wash St/ex-El Dorado HS) & McAlexander (Cal) 17-0¼. Qualifying: Curran 17-0¼; McAlexander 17-0¼; Ernst 17-0¼; Thliken (UCLA) nh; Halverson (SD St) nh; Warner (Md/ex-El Camino JC) nh.

Larry Cowling: NCAA Division I champion

LJ: 11. Alston (Hay St) 23-11. Qualifying:. Alston 25-01/2; Atachade (SJ St) 24-31/4.

TJ: Qualifying: Bates (Cai) 51-9; Williams (UCLA) 51-7½; Mayfield (Ariz St/ex-Muir HS) 51-5; Ellard (Fres St) 51-2½.

SP: 3. Porath (Cal) 64-9½; 4. Staub (Nebriex-Glendale JC) 63-11½; 7. Smith (LB St) 62-3; 11. Parker (Cal) 59-9. Qualifying: Staub 65-2¾; Smith 63-0; Porath 62-8; Parker 60-5½.

DT: 8.Lettow (UCLA) 193-11; 9. Porath 190-10; 10. McSeveney (LB St) 185-10. Qualifying: Porath 202-0; McSeveney 189-9; Lettow 188-9; Thomson (Stan) 178-0; Hill (Cal) 174-7; Reid (LB St) 174-8; Bishop (SJ St) nm.

HT: 3. Mileham (Fres St) 227-0; 5. Green (LB

St) 216-8; 7. Thomson 199-11. Qualifying: Mileham 230-4; Green 205-9; Thomson 201-0.

JT: Qualifying: Anderson (UCLA) 221-3. 4x100: 5. San Jose State (Prince, Thomas, Green, Torrence) 39.91. Heats: II-2. San Jose State 39.99: 4. Cal 40.22.

4x400: Semis: I-4. UC Irvine 3:06.50 (Wells 47.7, Kidd 46.9, Dorvall 47.1, Carey 44.8); 6. Washington State (Whitlock 46.2). Heats: I-5. UC Irvine 3:08.44 (Wells 47.2, Kidd 47.6, Dorvall 48.1, Carey 45.6). III-5. Oregon State (Fields ex-Grant HS 47.5); 6. Washington State (Whitlock 47.0), IV-7. Oregon (Ward 47.6). Decathion: 2. Anderson (UCLA) 8171.

J.C. STATE DECATHLON

June 5-6, Allan Hancock College, Santa Maria. California State JC Decathion Championships.

buse	montpo.	
1	Rich Maher (Merced)	7324
2	Milton Scott (Southwestern)	7158
3	Shane Paynter (Fullerton)	7127
4	Steve Fink (Hartnell)	7038
5	Brad Harris (Long Beach)	6836
6	Darren Hall (Shasta)	6816
7	John Knox (Orange Coast)	6705
8	Clint Bradburn (Southwestern)	6612
9	Mike Izzi (Mt. San Antonio)	6598
10	Mark Hazel (West Valley)	6564
11	John Gold (Mt. San Antonio)	6511
12	Jeff Dodd (Allan Hancock)	6458
13	Steve Roberts (Foothill)	6401
14	Sidney Cartwright (Long Beach)	6398
15	Jim Bivins (Bakersfield)	6286

HIGH SCHOOL DECATHLON

May 25-26, Mt. San Antonion College. California State High School Decathion Championships. IAAF rules - Internatinonal implements.

1400		The same of the sa
1	Mark Sanders (Nordhoff)	6204
2	Todd Funk (Elsenhower)	8175
3	Chuck Franks (Long Beach Jordan)	5536
4	Mike Ortiz (Walnut)	5486
5	Tim Keester (Claremont)	5455
6	Mike Fottrell (Danville)	5260
7	Sergio Murillo (Azusa)	5243
8	Tim Staab (Baldwin Park)	5183
9	Rudy Salcido (Baldwin Park)	4730
10	Rick Martinez (Claremont)	4621
	competitors.	



by RICHARD SLOTKIN LONG DISTANCE EDITOR Please send road race highlights, pictures and stories directly to Richard Slotkin, 14212 Summertime Lane, Culver City, CA 90230. Also send a copy of the results to the California Track & Running News office: P.O. Box 6103, Fresno, CA 93703.

Hidden People 81 10K Race

M	arch 28. Pasadena.	
1	Jon Sutherland(29)	31:53
2	Steve McCalley(27)	32:00
3	Alvaro Palacios(22)	32:10
4	David DeLong(19)	32:35
5	Carlos Medina(22)	33:02
6	Stephen Brightwell(29)	33:26
7	John B. Rouse(25)	33:42
8	Peter Mogg(26)	33:58
9	Jon Lehman(26)	34:15

	10	Onarios McCidiig(40)	34.1
	. 11	Stanley Dutton(36)	34:3
	12	Thomas Sneddon(34)	34:3
	13	Steve Crouch(35)	34:4
	14	Meri Glauser(44)	35:0
	15	Bryan Jonasen(24)	35:1
	16	Irwin Merein(30)	35:2
	17	Daniel Glass(23)	35:4
	18	Jeff Jacobs(13)	35:5
	19	Ignacio De la Camz(19)	35:5
	20	Patrick Quoncan(18)	35:5
	Me	en 15 & under: 1 Jeff Jacobs 35:50, 2	Lan
	Ol	son 35:53, 3 Gustavo Bento 38:46.	Me
	16	19: 1 David Delong 32:35, 2 Ignacio	De I
E,	Cr	uz 35:52, 3 Patrick Quinlin. Men 20-29:	1 10
	Su	therland, 2 Steve McCauley, 3 A	llvar

10 Charles McClung(40)

Palacios. Men 30-39: 1 Stanley Dutton 34:30, 2. Thomas Sneddon, 3 Steve Crouch 34:47. Men 40-49: 1 Charles McClung 34:16, 2 Meri Glauser, 3 Terry Lee Ives 37:52. Men 50-59: 1 Juan Carmona 38:53, 2 Bob Larkin 39:24, 3 George Ropella 39:52. Men 60 plus: 1 George Boyle 43:42, 2 Fred Bruelker 48:48, 3 Kenneth Rasene 49:11.

Women 15 & under: 1 Anne Von Berkhart 43:20, 2 Kim Allen, 3 Cheryl Stammen 45:09. Women 16:19: 1 Katie Larsen, 2 Heidi Frandsen, 3 Julie Jaross. Women 20:29: 1 Susie Meek 41:21, 2 Janice Dunn 41:37, 3 Judy Gomez 42:52. Women 30:39: 1 Ginger Tredway 38:22, 2 Carmen Connolly 44:07, 3 Marilynn Rice 46:33. Women 40:49: 1 Elinor Sherman 45:09, 2 Oleta Dellasorte 47:00, 3 Barbara Valii 48:35. Women 50:59: 1 Patricia Reed 49:44, 2 Helga Carden 56:07, 3 Dorie Dickson 56:51. Women 60 plus: 1 Vickle Johnson 65:29, 2 Patricia Eddy 70:14.

Lake County Marathon/20K Run

April 11. Lakeport.

1		20K	
	1	John Mansoor(FairOaks)	1:05:28
	2	Robert F. Clay(LowLake)	1:07:00
	3	James Tracy(SanFran)	1:07:12
	4	Robert Darling, Jr. (SanFran)	1:08:35
	5	Mark T. Hines(SanFran)	1:09:25
	6	Michael Conroy(DalyCity)	1:10:55
	7	Vince Mathews(Sacto)	1:10:58
	8	Peter Laskier(MillVly)	1:11:30
	9	Donald Ardell(MillVly)1-40	1:11:52
	10	Chris Johnson(Sausalito)	1:12:04
	12	Bill Cantanese(MillVly)2-40	1:12:32
	26	Karen Scannell(SanFran)1-40F	1:18:15
	33	Heike Skaden(FairOaks)F	1:20:07
	36	Florence Horgan(Arcata)1-30F	1:21:43
	43	Hank Fragoza(Vallejo)1-50	1:23:50
	45	Elizabeth Hamilton F	1:23:56
	46	Pearl Anit(Pacifica)F	1:24:00
	53	Patricia Wittingslow(Oak)2-40F	1:25:46
	160	3 Liese Rapozo(Pacifica)1-50F	2:04:10
		Marathon	
	1	Skip Brown(Cupertino)	2:28:05
	2	Noel Lincicome(Sparks)	2:38:50

David Muela(Vallejo)

2:39:33

4	Kenneth Adams(Sparks)	2:43:42
5	Michael Schultz(Reno)	2:50:33
6	Theodore Jones(SanFran)1-40	2:55:46
7	Rick Sylvester(OlymViy)	3:03:10
8	Dan P. Hollis(Vallejo)	3:04:00
9	Rudy Breland(SanFran)	3:04:10
10	Tom Butler(Herald)	3:07:10
30	Diane Williams(YubaCity)1-F	3:28:59
42	Charlie Swingrover(Arcata)1-50	3:34:20
53	Linda Ann Vince(Fremont)1-30F	3:42:06
85	Annahel Marsh(SanFran)1-50F	4-48-52

Livermore 8.56 Mile Run

April 18. Livermore.

Men under 18: 1 Eric Peterson 50:09, 2 James
Akers 50:11, 3 Tim Davila 54:57, 4 Chris Pope

Akers 50:11, 3 Tim Davila 54:57, 4 Chris Pope 54:57, 5 Jim West 55:40. Men 19-29: 1 Gerardo Canchola 45:42, 2 Gilbert Brooks 46:23, 3 Dan Anderson 46:48, 4 Pat Hall 50:03, 5 John Howard 51:03. Men 30-39: 1 William Seaver 45:28(first oversil), 2 Peter Day 47:00, 3 Jerry Lynch 48:14, 5 Berd Johnson 48:14, 5 Ross Rowley 49:15. Men 40-49: 1 Tim Rostege 47:44, 2 Jim Moore 52:39, 3 Richard Ryon 53:35, 4 Jim Cross 54:02, 5 Bill Wilson 54:03. Men 50 & over: 1 Don Carpenter 54:27, 3 Gough Reinhardt 55:20, 3 Ray Dovik 60:40, 4 John Hyser 60:55, 5 Abraham Soke 63:17.

Women under 18: 1 Eva McCune 68:25, 2 Wendy Comfort 68:35, 3 Jil Stefani 70:20, 4 Ellen Lenbergs 75:36, 5 Leeann Price 75:44. Women 19-28: 1 Margaret Fischer 59:28, 2 Monya Lane 59:39, 3 Susan Suttmann 63:27, 3 Felicia Q 67:37, 5 Tina Burdulis 68:48. Women 30-39: 1 Carol Carbaugh 59:09, 2 Laury Beizer 59:38, 3 Jeanne Shuler 59:49, 4 Constance Gottlund 62:26, 5 Kathleen Hage 63:26. Women 40-49: 1 Marta Montano 70:00, 2 Diane Bromstead 75:47, 3 Gerri Psick 75:52, 4 Rosalie Gasaway 79:55, 5 Betty Carpenter 80:15.

More....

Long Distance Log Continued from previous page

SPA TAC DISTRICT 50K CHAMPIONSHIPS

April 26. Palmdale.

On a cool windy day, seventeen runners started out on a 50 kilometer (31 mile) race along the banks of the California Aqueduct. The High Desert Runners were managing the first local AAU championship running event held in the Antelope Valley. With the cooperation of the Department of Water Resources, everything went well except for the gusting winds of up to 30 miles per hour which hampered the runners performances. Jeff Dettmer, a 20 year old from Cypress, California, broke from the starting line at 8:00 a.m. and was never challenged during the time he was on the course, His finish time of 3:22:36 was well off his personal best for this distance, Dennis Parrish of the Seniors Track Club was the second person to finish in 3:35:13. Local Ed Jerome paced the High Desert Runners to the Open Division team championship with a time of 3:41:35. The other local runners from HDRC were Alan Warren (5th) 3:45:13, Kem Hamrick (9th) in 3:59:22 and Mary Powers (10th) in 4:15:28.

On the distaff side, Judy Kewley of Simi Valley led the way with a time of 4:42:28. The other woman finisher was Sharon Hargus in 4:59:15. This event is contested every year as a part of the Southern Pacific Association of The Athletic Congress Championship Series. This year's event was sponsored by Converse Shoes, the winners qualify for a drawing which will send two people to Hawaii. The runners are now entered into the championship finale at Cal State U Northridge on August 23. Merchandise awards and trophies were given to each competitor who competed the demanding race.

ple	pleted the demanding race.				
1	Jeff Dettmer(20)un	3:22:36			
2	Dennis Parish(39)Seniors TC	3:35:13			
3	Ed Jerome(37)HDRC	3:41:35			
4	John Furimsky(28)un	3:44:31			
5	Alan Warren(28)HDRD	3:45:13			
6	Ruben Rulz(21)Aztlan	3:47:32			
7	Dave Parker(49)Seniors TC	3:50:08			
8	Barry Hawley(39)un	3:53:10			
9	Ken Hamrick(43)HDRC	3:59:22			
10	Mary Powers(53)HDRC	4:15:28			
11	Heiko Peschel(36)Seniors TC	4:17:55			
12	Judy Kewley(36F)SeniorsTC	4:42:28			
13	Sharon Hargus(23F)UCLA TC	4:59:15			
14	lan Maddieson(38)UCLA TC	4:59:15			
15	Chung-ho Kuo(29)un	5:29:42			

Run for Daylight 10K

From ROBERT B. MORRISH

A	pril 26. Lafayette.	
1	Bill Seaver(31)	31:2
2	Rich Kimball(25)	31:2
3	Ed Schelegle(27)	32:2
4	Tom Kearcher(30)	32:5
5	K. Mattson(19)	32:5
6	Dan Anderson(29)	33:0

36 Jim Moore(45)	36:14
37 N. McAbee(48)	36:18
42 Sharlet Gilbert(30)F	36:33
50 Jolle Houston(24)F	36:55
96 Lee Sorenson(53)	38:47
136 Karen Lanterman(36)F	39:51
162 Kristan Martin(22)F	40:48
172 Karen Schelegle(26)F	41:00
185 G. A. Wetzork(50)	41:20
195 Bruce Riggs(51)	41:31
241 Joy Taylor(25)F	42:28
261 Lisa Homen(22)F	42:47
355 Beverly Richardson(42)F	44:34
421 Frank Cuzzillo(65)	46:13

Big Brothers 10K

May 7. Queen Mary at Long Beach. Male 8&u: Joseph Krasno(7) 51:03. Male 9-12: Gregory Henry(11) 41:26. Male 13-16: 1 Gustav Quinonez(15) 34:42, 2 Patrick Cornejo(16) 34:48, 3 Phillip Hernandez(15) 34:54. Male 17-19: 1 Paul Smith(19) 32:50, 2 Louie Terrones(19) 33:21. Male 20-24: 1 Jeff Dettmer(20) 33:13, 2 Steven Boatright(20) 34:23, 3 Benjamin Diaz(22) 34:34, 4 Tim Lawrence(20) 34:57, 5 Fidel Diaz(24) 35:28. Male 25-29: 1 Jim Hartig(27) 31:39, 2 Anton Gonzales(25) 34:01, 3 Thomas Alnes(29) 35:03, 4 Michael Hayley(27) 35:37, 5 Morris Rehn(28) 35:51. Male 30-34: 1 Ben Martinez(30) 31:17, 2 Ron Kurrle(33) 31:28, 3 Robert Sanchez(31) 34:13, 4 Sergio Ramirez(33) 34:36, 5 Jim Flanigan(31) 35:56. Male 35-39: 1 Stan Stauble(36) 33:33, 2 Dan Petrick(36) 36:40, 3 Don McWilliams(36) 37:04. Male 40-44: 1 Ray Hughes(42) 34:02, 2 Ronald Navarrette(42) 34:08, 3 Joe Gassman(41) 35:41. Male 45-49: 1 Steven Hosler(45) 33:44, 2 Christopher Bourke(45) 36:17, 3 Robert Soth(48) 36:56. Male 50-59: 1 Patrick Devine(52) 36:42, 2 Jack Satterthwaite(50) 39:19, 3 Joseph Carter(50) 40:09. Male 60 & over: 1 Clyde Alling(63) 42:32, 2 Louis Schneider(62) 43:50, 3 Norton Davey(62) 43:53. Female 12&u: Kathy Henry(12) 43:52. Female 13-16: Voncille Brown(13) 43:34. Female 17-19: Suzy Davall(19) 48:32. Female 20-29: 1 Joan Lind(28) 38:12, 2 Marian Manocchio(26) 44:51, 3 Mary Smith(28) 45:24. Female 30-39: 1 Diane Eastman(38) 44:24, 2 Sandy Stanton(33) 45:26, 3 Debby Barton(33) 46:10. Female 40-49: 1 Teri Weber(47) 49:10, 2 Sara Jones(40) 50:09, 3 Annemarie Quinonez(42) 51:02. Female 50 & over: Virginia Baldwin(51) 49:22.

Golden Nugget Days Runs

May 9. Cal State University at Long Beach. 5K

Male 12u: Marc Alpert(12) 23:34. Male 16-19: Mikey Assumma(17) 19:03. Male 20-29: John Furimsky(28) 19:45. Male 30-39: Bill Fitz-patrick(30) 21:10. Male 40-49: Bob Blum(42) 22:37. Male 50-59: Henry Cleveland(51) 28:20. Female 12u: Anne Witkowski(12) 30:01. Female 13-15: Ann Beckerman(14) 33:24. Female 16-19: Kathy Perkins(18) 22:45. Female 20-29: Jeanne Kawashima(24) 25:19.

Male 13-15: Carlos Lopez(15) 39:54. Male 16-19: Scott Wales(18) 44:35. Male 20-29: Mark McKinzle(23) 34:57. Male 30-39: Todd Ferguson(37) 38:33. Male 40-49: David Lopez(43) 41:24. Male 50-59: Jack Satter-

5	Tom Martinez(QtzHiii)17	36:33
6	Phil Horn(GrHills)27	36:34
7	Harold Valentich 16	37:08
8	Kurt Anderson(QH)16	37:39
9	Ed Jerome(QH)37 2nd	37:51
10	Steve Maciej(Lanc)16	37:53
22	Ken Hamrick(Lanc)43 1st	39:17
27	Jim Munson(Lanc)42 2nd	39:54
35	Bob Gerlach(Newhall)51 1st	42:28
47	Jeanette Wells(QH)43W	44:42
. 52	J. Lesley(Rosamond)53 2nd	46:48
63	Lorena Custer(Edw)25W	48:22

Upland Diamond Jubilee 10K

May 9. Memorial Park, Upland.

Men 12 & under: David Clifton 49:38. Men 13-18: 1 Craig Kean 34:53.5, 2 William Winfleld 39:41.6, 3 Richard Clarke 39:58. Men 19-29: 1 Dave Frickel 32:03.7, 2 Gregg Szanto 33:09, 3 Ron Amundson 34:12, 4 Dick Gentill 34:39, 5 Felipe Campiran 36:04. Men 30-39: 1 Brice Hammerstein 36:20, 2 Bob Gerry 38:15, 3 Lee Baca 38:58. Men 40-49: 1 Phil Weiny 36:17, 2 Jugen Froehlich 37:54. Men 50 & over: Howard Snider 44:13.

Women 12 & under: Voncille Brown 41:51.8. Women 13-18: Sylvia Gobler 45:05. Women 19-29: 1 Sue Harwell 45:09, 2 Aurora Estrada 47:44. Women 30-39: 1 Geraldine Hunt 50:46, 2 Carolyn Greywood 51:10. Women 40-49: Cherle Carlise 1:13:24. Women 50 & over: Mary Scott 50:07.

Lake Merritt Joggers & Striders 4th Sunday Runs

	5K	
1	Ray Corona(31)	16:17
2	Brendan Colan(21)	17:35
3	Francis Mason(16)	17:47
4	John Spriggs(20)	17:57
5	Julius rAtti(30)	18:00
6	Jim Cross(42) 1-40	18:03
17	Doerte Murray(40)F	22:57
26	Maria Brown(52)1-50F	25:57
	10K	
1	Harry Cross(37)	35:10
2	Dan Williams(32)	35:55
3	Vince Alcantar(44)1-40	38:19
16	Rachel Anderson(16)F	45:43
20	Don Watson(52) 1-50	52:29
	15K	
1	Bob Coleman(33)	54:06
2	Mitch Rudoff(30)	56:58
3	Ray Menzie(46)1-40	59:34
6	John Nyser(56) 1-50	69:29
8	Ruth Anderson(51)1F	71:13

Times-Herald Keelhauler Classic

May 10. Vallejo. 10K. 1 Dennis Rinde

Dennis Rinde 30:55.6

Roy Hoglund 31:27.8

Dean Rinde 32:45.2

Fleet Feet Women's 5K & 10K

May 10. Salinas.

World class runner Laurle Binder won the race as was expected. But many other PR's were set by women trying to improve on last year's times. Perfect weather and a flat, fast course made most of those hopes come true. Sacramento runner Suzi Clark came from the heat in her hometown to run a new PR of 41:02:0. A very well-organized race, fast course, and good weather made this year's race a success. Next year should be bigger and better.

	JI.	
1-	Martha Gourley 1st 13-18	20:23
2	Maria Braunlin ·	20:28
3	Merry Gourley 1-30	22:53
4	Chris Patton	23:29
5	Susan Santell	23:31
6	Isabel Rivas 1-40	23:37
7	Yolanda Chavez	23:55
8	Carolyn Doughty	24:21
9	Barbara Dahi	24:36
10		24:50
	Joanne Mattison 1-50	32:53
	Harriet Rude 1-60	52:09
-		32.00
	10K	
1	Laurie Binder	34:19
2	Juana Stavolone	36:48
3	Paula Ramirez	38:03
4	Roberta Wright	
5	Suzi Clark	41:02
6	Sally Edwards	41:05
7	Audrey Cole	41:40
8	Gina Moss	42:06
9	Susan Tilley	42:25
10	Miki Welsh	42:36

Run for the Roses 10K

May 16. Santa Rosa.

Overall Men's Winner: Hirsch Jenkins 31:32

Wen Under 20: 1 Stacy Van Horn 34:44, 2 Chris
Borders 36:01, 3 Ed McCullough 36:05. Men
20-29: 1 Hirsch Jenkins 31:32, 2 Roland Neville
34:21, 3 Thomas Diaz 35:30. Men 30-39: 1 Terry
Pintane 34:01, 2 Wayne Stone 34:08, 3 Dennis
Dorls 34:41. Men 40-49: 1 Bill Bugler 34:56, 2

Walt Vennum 36:00, 3 Arnold Schulz 36:31.
Men over 50: 1 Hank Fragoza 38:09, 2 Leo
Steneck 40:45, 3 Dan Hoffenberg 43:01.
Overall Women's Winner: Beckle Simmle 38:01

Overall Women's Winner: Beckle Simmle 38:01 Women under 20: 1 Donna Frostick 44:54, 2 Daria Smith 45:21, 3 Carol DuBay 46:32. Women 20:29: 1 Beckle Simmle 38:01, 2 Denise LeStrange, 3 Kathleen Pozzi 42:02. Women 30:39: 1 Shirley Taylor 41:20, 2 Sharon Janulaw 43:21, 3 Harlette Carey 44:58. Women 40:49: 1 Kathryn Singer 41:19, 2 Sandra Menachot 46:15, 3 Linda Ronchelli 50:00. Women over 50: 1 Helen Kuziara 1:04:17.

Laguna Niguel 10K

Lagana Migaor Ton

12 & under: 1 Brett Kimple(LagNgl

May 16. Leguna Niguel.

32:52.8. Female 19-29: Connie Garbarini 42:09.2. Male 30-39: Ron Kurrie 32:33.5. Female 30-39: Janet Abromeit 42:43.9. Male 40-49: L. Walker 34:02.3. Female 40-49: Shirley Blush 47:53.9. Male 50-59: Jessle Smitht 48:42.4. Male 60 & over: John Hales 46:06.1. Male Army: Carl Gutlerrez 47:46.3. Male Navy: David McKinnon 35:09.8. Male Marines: Jeff Horigan 45:50.0. Male Coast Guard: John Barrett 40:17.6. Male Air Force: James Puhek 38:14.5. Female Air Force: Dara McFarland 48:49.1. 600 finishers

Fillmore Festival 10K Run

May 16. Fillmore.

	y ros i illinores	
	. 10K	
1	Chuck Smead	31:08
2	Reedy Buford	32:08
3	Francisco Robies	34:03
4	Louis Gamboa	34:05
5	Daniel Rodriguez	34:33
6	Adolfo Huerta	35:15
7	Brian Nelson	36:04
8	Aba Ramirez	37:18
9	Ismael Dela Rocha	37:23
10	Wayne Baker .	37:26



Torie Elliott

Santa Anita 7-up

were given to each competitor who completed the demanding race. Jeff Dettmer(20)un 3:22:36 Dennis Parish(39)Seniors TC 3:35:13 Ed Jerome(37)HDRC 3:41:35 John Furimsky(28)un 3:44:31 Alan Warren(28)HDRD 3:45:13 Ruben Ruiz(21)Aztlan 3:47:32 Dave Parker(49)Seniors TC 3:50:08 Barry Hawley(39)un 3:53:10 Ken Hamrick(43)HDRC 3:59:22 10 Mary Powers(53)HDRC 4:15:28 11 Heiko Peschel(36)Seniors TC 4:17:55 12 Judy Kewley(36F)SeniorsTC 4:42:28 13 Sharon Hargus(23F)UCLA TC 4:59:15 14 Ian Maddieson(38)UCLA TC 4:59:15 15 Chung-ho Kuo(29)un

August 23. Merchandise awards and trophies

Run for Daylight

From ROBERT B. MORRISH

	An	ril 26. Lafayette.	
•	1	Bill Seaver(31)	31:26
	2	Rich Kimball(25)	31:28
	3	Ed Schelegle(27)	32:23
	4	Tom Kearcher(30)	32:52
	5	K. Mattson(19)	32:55
	6	Dan Anderson(29)	33:05
	7	H. Franklin(38)	33:44
	8	Dennis Coulter(24)	33:48
	9	Mike Trosset(24)	
			33:53
		Steven Wight(27)	33:59
		Jeff Rawlings(35)	34:13
		Wolf Goubau(36)	34:18
		Scott Hill(25)	34:27
		R. Shinevar(25)	34:36
		Chris Smith(20)	34:38
		David Wight(30)	34:38
		Eddle Flores(16)	34:45
		David Gowen(34)	35:03
	19	Jim Reichle(23)	35:05
	20	Robert Colborn(26)	35:14
	35	M. Nevraumont(46)	36:08

Suzy Davall(19) 48:32. Female 20-29: 1 Joan Lind(28) 38:12, 2 Marian Manocchio(26) 44:51. 3 Mary Smith(28) 45:24. Female 30-39: 1 Diane Eastman(38) 44:24, 2 Sandy Stanton(33) 45:26, 3 Debby Barton(33) 46:10. Female 40-49: 1 Teri Weber(47) 49:10, 2 Sara Jones(40) 50:09, 3 Annemarie Quinonez(42) 51:02. Female 50 & over: Virginia Baldwin(51) 49:22.

Golden Nugget **Days Runs**

May 9. Cal State University at Long Beach.

Male 12u: Marc Alpert(12) 23:34. Male 16-19: Mikey Assumma(17) 19:03. Male 20-29: John Furimsky(28) 19:45. Male 30-39: Bill Fitzpatrick(30) 21:10. Male 40-49: Bob Blum(42) 22:37. Male 50-59: Henry Cleveland(51) 28:20. Female 12u: Anne Witkowski(12) 30:01. Female 13-15: Ann Beckerman(14) 33:24. Female 16-19: Kathy Perkins(18) 22:45. Female 20-29: Jeanne Kawashima(24) 25:19.

Male 13-15: Carlos Lopez(15) 39:54. Male 16-19: Scott Wales(18) 44:35. Male 20-29: Mark McKinzie(23) 34:57. Male 30-39: Todd Ferguson(37) 38:33. Male 40-49: David Lopez(43) 41:24. Male 50-59: Jack Satter-thwaite(50) 41:23. Male 60 & over: Phil Castle(63) 44:23. Female 16-19: Alyssa Freas(17) 45:43. Female 20-29: Leslie Young(26) 52:55.

Aqueduct 10K Run

D.S	ay 9. Godde Pass near Lancaster.	
1	Sammy Martinez(QtzHill)18	33:44
2		35:13
3	Joe Hull(Lanc)18	35:24
4	Sammle Culver(Lanc)31 1st	35:48

	5K	
1	Ray Corona(31)	16:17
2	Brendan Colan(21)	17:35
3	Francis Mason(16)	17:47
4	John Spriggs(20)	17:57
5	Julius rAtti(30)	18:00
6	Jim Cross(42) 1-40	18:03
17	Doerte Murray(40)F	22:57
26	Maria Brown(52)1-50F	25:57
	10K	
1	Harry Cross(37)	35:10
2	Dan Williams(32)	35:55
3	Vince Alcantar(44)1-40	38:19
16	Rachel Anderson(16)F	45:43
20	Don Watson(52) 1-50	52:29
	15K	5 5 5 5 6 6 6 6 6
1	Bob Coleman(33)	54:06
2	Mitch Rudoff(30)	56:58
3	Ray Menzie(46)1-40	59:34
6	John Nyser(56) 1-50	69:29
8	Ruth Anderson(51)1F	71:13

Times-Herald Keelhauler Classic

30:55.6
31:27.8
32:45.2
33:38.5
34:00.1
34:13.3
35:06.4
35:08.5
35:35.4
35:46.8
37:30.4
37:33.2
38:59.8
39:47.1
39:53.5
40:45.7
48:35.9

Time Standards included for-

TIME STANDARDS FOR COMPETITIVE RUNNERS

• Open Class, ages 9-18 & 30-75 • Men's and women's

• Meters and yards/miles • Sprints to marathon

CONVERT YOUR TIME RUN TO PERFORMANCE LEVEL (%) ANALYZE YOUR PERFORMANCE AND IMPROVEMENT RATE

24 page booklet lists 1981 Time Standards and explains how to use Dr. Track Performance Measuring System.

To order 1981 Time Standards booklet send \$2.00 to Dr. Track, 5130 Nebraska Ave NW Washington, DC 20008

Name			
Address			
City	State	Zip	

May 16. Santa Rosa.

Overall Men's Winner: Hirsch Jenkins 31:32 Men Under 20: 1 Stacy Van Horn 34:44, 2 Chris Borders 36:01, 3 Ed McCullough 36:05. Men 20-29: 1 Hirsch Jenkins 31:32, 2 Roland Neville 34:21, 3 Thomas Diaz 35:30. Men 30-39: 1 Terry Pintane 34:01, 2 Wayne Stone 34:08, 3 Dennis Doris 34:41. Men 40-49: 1 Bill Bugler 34:56, 2 Walt Vennum 36:00, 3 Arnold Schulz 36:31. Men over 50: 1 Hank Fragoza 38:09, 2 Leo Steneck 40:45, 3 Dan Hoffenberg 43:01.

Overall Women's Winner: Beckie Simmie 38:01 Women under 20: 1 Donna Frostick 44:54, 2 Daria Smith 45:21, 3 Carol DuBay 46:32. Women 20-29: 1 Beckie Simmie 38:01, 2 Denise LeStrange, 3 Kathleen Pozzi 42:02. Women 30-39: 1 Shirley Taylor 41:20, 2 Sharon Janulaw 43:21, 3 Harlette Carey 44:58. Women 40-49: 1 Kathryn Singer 41:19, 2 Sandra Menachot 46:15, 3 Linda Ronchelli 50:00. Women over 50: 1 Helen Kuziara 1:04:17.

Laguna Niguel 10K

May 16. Laguna Niguel.

Male 12 & under: 1 Brett Kimple(LagNgl) 42:46. Male 13-15: 1 Jeff Gurule(MissViejo) 36:38. Male 16-18: 1 David Sims(LagNgl) 35:50, 2 Devin Carr(NewBch) 36:53. Male 19-24: 1 Nick Centrella(LA) 34:52, 2 Doug Scarth(LaMirada) 35:07, 3 Javiar Comparan(SanJuanCapo) 36:55. Male 25-29: 1 Chuck McCann(Malibu) 35:19, 2 Mick Avant(Burbank) 36:38, 3 Marco Chavarria(LagHis) 37:31. Male 30-34: 1 Robert Staley(Westminster) 39:24, 2 Dave Mildrew(LagNgl) 39:44, 3 Bob Woods(Irvine) 41:40. Male 35-39: 1 Bill McKle(SanJuanCapo) 35:56, 2 John Wasson(LA) 36:48, 3 Larry Cohen(MissViejo) 37:32. Male 40-44: 1 Gary Smith(NewBch) 37:18, 2 Ralph Smith(MissViejo) 41:44, 3 John Wood(Fullerton) 42:19. Male 45-49: 1 Gerry Kramer(Warnersville, PA) 39:03, 2 Ernie Miller(SanClem) 39:28, 3 Peter Pitsker(SanJuanCapo) 41:04. Male 50-59: 1 Bob Gerlach(Newhall) 40:33, 2 Eugene Young(LagHIs) 40:36, 3 Paul McGinnes(SealBch) 42:31. Male 60 & over: 1 Jay Lalum(SantaAna) 42:02.

Female 13-15: 1 Peggy McClure(LagBch) 47:30. Female 16-18: 1 Laura Weiner(LagBch) 47:32. Female 19-24: 1 Erin Atwater(LagNgl) 46:35, 2 Maria Nicknig(CostaMesa)49:33. Female 25-29: 1 Jane Kitarich(Ocean) 48:46, 2 Sadie McMichael(LagHis)49:46. Female 30-34: 1 Tonya Prescott(LagHIs) 42:25, 2 Ann DeStrakash(FounViy) 43:27, 3 Roxanne Kelly(NewBch) 47:33. Female 35-39: 1 Deana Green(Ballsland) 47:13. Female 40-44: 1 Dee Pratt(HuntBch) 1:01:15. Female 45-49: 1 Judy Martin(MissViejo) 44:08. Female 50-59: 1 Maril Suess(EiToro) 56:20.

Torrance Armed Forces 10K

May 16, Torrance.

Male 12 & under: Karl Anderson 44:41.1. Female 12 & under: Meredith Raimondo 58:14.1. Male 13-15: Aaron David 38:28.7. Female 13-15: Tammy Dorfer 49:39.8. Male 16-18: Alfredo Espinoza 36:42.8 Female 16-18: Ann Winfield 47:19.2. Male 19-29: Rich Goul



Torie Elliott

Santa Anita 7-up **Lite Spring Classic**

May 17. Arcadia.

Boys 15 & under: 1 Robert Ramirez 16:02, 2 John Trevithick 16:43, 3 Mike Perez 16:59. Boys 16-20: 1 Gilbert Cortez 14:56, 2 M. Cautivar 16:07, 3 Zach Mejla 16:42. Men 21-29: 1 Greg Szanto 14:56, 2 Dennis Forthoffer 15:08, 3 George Guerrero 15:42. Men 30-39: 1 Joe Abdus-Shakoor 16:52, 2 Andy Avalos 17:34, 3 John Defato 17:35. Men 40-49: 1 Jim Knerr 16:32, 2 Richard Flores 17:34, 3 Michael McCreery 17:37. Men 50 & over: 1 Sam Waltmire 18:48, 2 A. Hernandez 20:02, 3 Jim Heyer 20:42.

Girls 15 & under: 1 Jenell Gomez 19:03. Girls 16-20: 1 Torie Elliot 18:50. Women 21-29: 1 Janice Standlea 18:11, 2 Jaynie Studenmund 18:01, 3 Kathleen Chisam 19:21. Women 30-39: 1 Edward Rissman 18:45, 2 Mag Adams 20:55. Women 40-49: 1 Judy Prasse 22:58. Women 50 & over: 1 Teresa Belhumeur 25:20.

Boys 15 & under: 1 Jal Rodrigues 35:25, 2 Jeff Jacobs 35:26, 3 Ben Garcia 37:00. Boys 16-20: 1 Frank Seluacela 32:50, 2 Gilbert Mata 33:02, 3 E. Serratos 33:47. Men 21-29:1 David Askren 31:58, 2 James Vesulo 32:15, 3 Dennis Horthoffer. Men 30-39: 1 Ryan 32:25, 2 O'Boyle 32:37, 3 Juan Hernandez 33:07, Man 40-49: 1 Gabriel Bernal 33:23, 2 R. Belliveau 36:00, 3 James Thomson. Men 50 & over: 1 Aurelio Camacho 36:31, 2 Tom Wilson 39:44, 3 Eddie Ivory 39:50.

Girls 16-20: 1 Tina Pappas 42:31. Women 21-29: 1 Terri Sweetman 40:40, 2 Becky Thomas 41:06, 3 Donna Fagan 42:13, Women 30-39: 1 M. Lodmis 42:32, 2 Shella Hasham 42:34, 3 Rikki Pruitt 42:52. Women 40-49: 1 Joyce Momita 44:48, 2 Virginia Taneja 44:30, 2 Janan Holmes 46:14. Women 50 & over:1 Helen Dick 42:23.

and and support and an entire language

POINTS OF INTEREST

LITTLE LEAGUE MOMMAS AND POPPAS

By RICHARD L. SLOTKIN

Cell Silba is four years old and has to be one of the cutest kids in the state. She has run several 10k's...some say about 20. Now that's not bad for a four-year old girl. And she does go the whole route. I saw her myself at various points at the Brentwood 10K. Her mother and father run with her, and she seems to have a great time. After the races, she is as frisky as when she started. Apparently, running hasn't caused her any problems.

However, there is a problem that is slowly beginning to take shape and it is one that is not limited to running. It's the Little League Momma and Poppa syndrome.

After the race at Brentwood, I went to director Valerie Johnson to get Celi's official time. Valerie couldn't help me because Celi had not been officially entered. Well, how come she got a medal, I inquired. The answer was: Her parents asked Valerie for one.

Thinking back, with one exception, little Cell always seems to get a medal, despite the fact that her normal time, which is in the range of 65 minutes, would not win any 12 and under age group. Unfortunately for the tykes, very few races provide for any divisions that

Now, if you ever saw Celi, and then someone asked you if you had an extra medal to give to her, you wouldn't be able to refuse her either. I doubt if I could. But, is that what running is supposed to be about? Is it a good idea to teach a youngster that awards don't have to be earned? All you have to do is ask...if you're cute. Or influential. Or forceful. Or just plain obnoxious. Be obnoxious enough and people will give you what you want just to get rid of you.

This isn't to say that Celi or her parents are obnoxious...far from it, especially Cell, as I have said several times already. But there is something obnoxious about the concept. Celi is being given some wrong ideas at a very early age. Every time she runs a race, she gets a trinket. Life isn't that way. Besides, it isn't fair to the other kids,



photo by Richard Slotkin

some of whom are about the same age, or maybe a year or two older. We saw too much of this achievement orientation in baseball, football and basketball, even at the Peewee level. Running is too demanding an activity to be based on an award-or-else-you've-failed syn-

drome. If that's what brings a person to it, or keeps them in it, then they are going to be very unhappy, except for those few moments

when an award is being presented. It isn't worth it.

Tied in with all this, of course, is the parental pressure. Pressure on the kids, on the coaches, officials, race directors and anyone else involved with their child's activities. It's up to the parents to avoid this in the first place. But if they insist on seeking glory through their kids, then it's time for the people in the sport to take a stand. Ignore the pushy parent. What the child doesn't earn, it shouldn't get. Maybe this all sounds like a tempest in a pot of tea. If you think so. check with Jim Goulding at the Los Angeles Athletic Club about the dispute over a distance competition in which the runners logged their own distances...on the honor system. Jim won't tell you much because he'd rather forget it, but this stupid thing wound up in court. Neither party came out of it looking especially good. Both wanted the winner's trophy. Even the court didn't think much of the situation.

This is where Little League Parenting can lead. The emphasis isn't supposed to be on the hardware. It's supposed to be on the knowledge that you've gone out and done your best. That's why I run a PR column. It gives everyone a chance to have their accomplishments acknowledged. It's harmless and it's fun. It gives those of us who just aren't going to be on the awards stand a chance to be counted with those who always are.

That doesn't satisfy the hardware hungry ones. And it doesn't satisfy the ones who let others win their hardware for them. It's just as sick as the sore winner which I have talked about on these pages in the past. Let's cut this out. We don't need it.

La Jolla Kiwanis

May 17. La Jolla. 10K.

Male 17 & under: 1 Jose Vega 31:27, 2 Ari Schander(15) 33:20, 3 Joe Manuel (16) 35:09. Male 18-29: 1 Thom Hunt(23) 29:48, 2 Tom Lux(28) 29:58, 3 Michael Lebold(23) 30:55, 4 Bill Tokar(24) 32:05. Male 30-39: 1 Dick Jensen(33) 33:19, 2 Thomas Feeney 35:43, 3 Rick Williams 36:00. Male 40-49: 1 Terry Jones(40) 46:15, 2 Ross White(40) 38:10, 3 Robert Robenhymer(40) 38:40. Male 50 & over: 1 Art Holzman(58) 39:38, 2 Homer Rhoads(52) 40:10, 3 Luis Ojeda(57) 40:43.

Female 17 & under: 1 Patty Madrigal(15) 39:54. 2 Tiffany Gorman(12) 41:18. Female 18-29: 1 Elizabeth Baker(23) 35:23, 2 Debra Chaddock(20) 36:50, 3 Melinda Ireland(29) 36:53, 4 Wanda Gunderson(22) 38:22. Female 30-39: 1 Lynda Gregg(33) 42:20, 2 Cathy Eggart(39) 42:31, 3 Judi Richardson(36) 43:13. Female 40-49: 1 Judy Splitgerber(41) 42:50. Female 50 & over: 1 Lucy Killea(58) 55:30.

Allan Johnson, who was running just ahead of them. Lacie would explain the situation and then all three could fight it out for the 4th and 5th place awards, in a gesture of unparalled magnanimity, yet typical of us real, hard-core runners. Corona warmly replied, "Don't tell him!" Corona's generosity did not go unrewarded. The gods smiled with favor upon him. True, Lacie passed him, but Johnson finally weakened and fell back to sixth. After the race. Corona said he felt lousy most of the way. He felt even worse watching Lacle award himself his medal, Imagine how Johnson felt watching Corona get his medal. Imagine how I felt watching Bill Schurmer (68:52) and Ted Furgeson (68:53) get my medal (68:57)! Actually, with 90 medals for 120 people, everybody got to watch somebody get their medal while they, in turn got someone else's. That is, got someone's who would have beaten them except, well...uh...you know.

Meanwhile, nobody got Gary Fredrickson's medal, except Gary Fredrickson, The 19 year old CSU Doninguez Hills student was a wire to wire winner. He was chased all the way by 40 year old Bart Coventry and Coventry was chased by 45 year old Andre Toco, who wound up third for the second time in a row.

Gary Fredrickson (19) 54:24: 2. Don Bernowski (18) 58:40; 3. Victor Estrada (17) 59:42; 4. Oscar Encinas (16) 59:44; 5. Joe Barrow (17) 61:30. Men 20-29: 1. Thom Lacie 56:06; 2. Steve Corona 56:09; 3. Gregg Brownfield 60:48; 4. Randy Kneer 61:25: 5. Vikram Gosain 61:47: 6. Dave Olmos 62:03; 7. Cralg Kusimoki 63:31; 8. Roy Stone III 64:46; 9. Rocky Terronez 66:40; 10. Jeff Dobra 68:31. Men 30-39: 1. Allan Johnson (37) 56:22; 2. Bill Fisher (31) 59:07; 3. Robert Caplice (36) 59:17; 4. Jim Padbury (33) 65:27; 5. Bob Asada (34) 65:51: 6. Jim Skefich (38) 67:15: 7. Fred Espinoza (36) 37:36; 8. Mark Powell (31) 72:04; 9. David Paster (34) 76:10; 10. Alan Smith (38) 76:18. Men 40-49: 1. Bart Coventry 54:40; 2. Andre Tocco 55:51; 3. Joe Bird 58:59; 4. Robert Montelongo 61:30; 5. Robert Bowlus 62:03: 6. Dave Dieter 67:31: 7. Harry Ellis 68:31: 8. Bill Schurmer 68:52; 9. Ted Ferguson 68:53; 10. Richard Slotkin 68:57. Men 50-59: 1. Curt Brownfield (52) 64:54; 2. John Simich (50) 71:36; 3. John Rukavina (52) 72:37; 4. George Beck (56) 79:41; 5. Bud Fagan (53) 83:53. Men 60 & Over: 1. Al Bernardi (61) 88:14; 2. Al Guth

		THE RESERVE OF THE PARTY OF THE	
	6	Mike O'Brien	1:04:52
	7	David Weller	1:05:13
	8	Tom Watson	1:05:18
	9	David Loud	1:05:19
	10	Dan Wolcik	1:05:47
	11	Michael Ward	1:05:49
	12	John Rouse	1:07:00
	13	James Detweller	1:07:25
*	14	Chuck Greenhall 1-40	1:08:02
	15	Rubin Ruiz	1:08:14
	16	Ron Kendall 1-30	1:08:24
	17	Danny Richy 2-30	1:08:49
	18	Henry Hernandez	1:09:13
	19	Mark Ballard	1:09:53
	20	Keith Bruce	1:09:55
	37	Dick Durand 1-50	1:14:00
	58	Jack Thomas 2-50	1:18:04
	114	Eleanor Uribe 1F	1:27:23
	144	Carol Chouenard 1-30F	1:29:34
	156	Julie Lasser 3F	1:31:52
	160	Barbara Vetter 4F	1:32:58
	163	Tina Slough 5F	1:33:14
		Yvonne Monssuret 1-40F	1:35:01
	227	Daisy Wong 1-50F	1:46:57

seconds, but Burlieson declined the award. He qualified by virtue of being a Topanga Fire Department member, but because he doesn't actually live there, he felt it should go to a resident.

See how they do business at the grass roots? There's hope for us yet.

MEN: 12 & Under: 1. Zack Holzman 56:50; 2. Richard Adams; 3. Michael Wehr. 13-18: 1. Tod Pearsons 38:04: 2. Torres Hector 43:18: 3. Dan Anderson 44:00. 19-29: 1. Kurt Swanson 37:24; 2. Eric Contreras 39:17: 3. Herb Tanzer 40:10. 30-34; 1. Byrlle Smalle 39:32; 2. Mike Van Guilder 41:05; 3. Bob Essertier 41:11. 35-39: 1. Roy Burlieson 41:31; 2. Frank Williams 41:37; 3. Ian Maddleson 41:57, 40-49: 1, Jack Stewart 42:30: 2. Russel Schuh: 3. John Ghini, 50 & Over: 1. Ron Rubin: 2. Donald Storke.

WOMEN: 12 & Under: 1. Katle Regan 1:15; 2. Kim Kvehn. 13-18: 1. Karen Hildman 46:00; 2. Gina Picciob 64:15; 3. Lori Hale 72:40. 19-34: 1. Jacqueline Hansen 44:38; 2. Lisa Buckley 49:04: 3. Jane Chalmers 60:00. 35-39: 1. Val LeBel 51:15: 2. Sharon Hettig 54:16: 3. Suzen Bernes 59:45. 40-49: 1. Enid Griffin 59:00; 2. Toni Donovan 66:05; 3. Marlee Coughlan.

Sri Chinmov 3 Mile Topanga Days 10K

Nimitz 5K & 10K

La Jolla Kiwanis

May 17. La Jolla. 10K.

Maie 17 & under: 1 Jose Vega 31:27, 2 Ari Schander(15) 33:20, 3 Joe Manuel (16) 35:09. Male 18-29: 1 Thom Hunt(23) 29:48, 2 Tom Lux(28) 29:58, 3 Michael Lebold(23) 30:55, 4 Bill Tokar(24) 32:05. Male 30-39: 1 Dick Jensen(33) 33:19, 2 Thomas Feeney 35:43, 3 Rick Williams 36:00. Male 40-49: 1 Terry Jones(40) 46:15, 2 Ross White(40) 38:10, 3 Robert Robenhymer(40) 38:40. Male 50 & over: 1 Art Holzman(58) 39:38, 2 Homer Rhoads(52) 40:10, 3 Luis Ojeda(57) 40:43.

Female 17 & under: 1 Patty Madrigal(15) 39:54, 2 Tiffany Gorman(12) 41:18. Female 18-29: 1 Elizabeth Baker(23) 35:23, 2 Debra Chaddock(20) 36:50, 3 Melinda Ireland(29) 36:53, 4 Wanda Gunderson(22) 38:22. Female 30-39: 1 Lynda Gregg(33) 42:20, 2 Cathy Eggart(39) 42:31, 3 Judi Richardson(36) 43:13. Female 40-49: 1 Judy Splitgerber(41) 42:50. Female 50 & over: 1 Lucy Killea(56) 55:30.

Pt. Fermin 10 Mile

By RICHARD SLOTKIN

May 17, San Pedro: Point Fermin Semi-Annual 10 Mile Run.

It was that time again. Six months had gone by since the last Pt. Fermin 10 miler and it was time to try it again. Not that I really felt up to racing that far. However, the powers that be, meaning photographer Bill Leung, informed me that I was already entered, like It or not.

Last November, the field was supposed to be limited to 100, but they actually let about 110 enter. This time, throwing the rules out the window, the Flyers went big time... oh, the pity of it all: corrupted by the modern world!... and raised the limit to a mind boggling 150. Apparantly, they are thinking of becoming another Bay-to-Breakers. However, the masses did not materialize to the extent anticipated and they fell short of their limit by 30 souls or, 60 soles.

Anyway, in keeping with the new theme of "big is better," race director Thom Lacie reality tightened up the ship. Gone was the old, warm informality. The race started promptly, only 11 minutes late instead of the usual, leisurely 20 minutes. You just watch: Next time they'll probably get a police permit. Don't be surprised to find out that they've applied for a TAC sanction. One hundred fifty entrants! What's next? T-shirts? Accurate mile markers? Don't do it, Thom! Bring it back to the people!

What can I tell you? Lacle was out of shape. He didn't win this time. He cam in fourth, just nipping Steve Corona with about a quarter mile to go. He knew Corona was tiring so with about 2 miles to go, he closed the gap between them. Pulling alongside, he told Corona that he had set up special medals for the first five finishers. At that time, they were running 5th and 6th, depending on whose nose was longer. Lacle suggested that if they went in as a tie, he would order a duplicate 5th place medal for Corona. Corona was undecided and said, "Well, I don't know." So Lacle said that they should pick up the pace a bit and catch

Allan Johnson, who was running just ahead of them. Lacie would explain the situation and then all three could fight it out for the 4th and 5th place awards. In a gesture of unparalled magnanimity, yet typical of us real, hard-core runners, Corona warmly replied, "Don't tell him!" Corona's generosity did not go unrewarded. The gods smiled with favor upon him. True, Lacie passed him, but Johnson finally weakened and fell back to sixth. After the race, Corona said he felt lousy most of the way. He felt even worse watching Lacie award himself his medal. Imagine how Johnson felt watching Corona get his medal. Imagine how I felt watching Bill Schurmer (68:52) and Ted Furgeson (68:53) get my medal (68:57)! Actually, with 90 medals for 120 people, everybody got to watch somebody get their medal while they, in turn got someone else's. That is, got someone's who would have beaten them except, well...uh...you know.

Meanwhile, nobody got Gary Fredrickson's medal, except Gary Fredrickson. The 19 year old CSU Doninguez Hills student was a wire to wire winner. He was chased all the way by 40 year old Bart Coventry and Coventry was chased by 45 year old Andre Toco, who wound up third for the second time in a row. Fredrickson had had a convincing lead most of the way but by 8 miles, Coventry was eating into it. Fredrickson hung in, and Coventry finally ran out of catch up. So, young, tired Gary won with a 54:24 and not-so-young (but not-so-old, either) and tireder Coventry coasted in 16 seconds later. Tocco's time was 55:51, but he was happy. He finally beat Lacie.

Last November's one-two punch in the women's piece of the action did not run this one. Diana Karg, who had won all of the previous six, was out of town competing for her college UCSB in the national track meet. Second piacer Kathy Martin was there but she was not quite recovered from a case of flu...pneumonia?...measles?..who remembers details? Anyway, Kathy was helping out at the finish line and thinking ahead to the Western States 100 Mile Race in which she's entered. One hundred miles! Oy! Meshugganah!

So, not only were Karg and Martin not competing, but the first two girls who did come in were unregistered. By the time someone legal came by, the clock was already down into the 77's. And wouldn't you know who she was? Patti Lacie, sister of race director, Pt. Fermin Flyer president Thom Lacie. And who do you think was second? No, not Thom's grandmother (she was fourth). Second, legal, female was Christina Lacie, Thom Lacie's wifel Now, look here, Lacie!

Somewhere about an hour after the race, when I was stuffed with donuts, pepsi and bananas, Tocco came to me with a great idea: Let's run a 5 mile loop at an 8 minute' pace.

"What for?"

"Oh."

I declined.

Girls 19 & Under: 1. Liz Umana 87:22; 2. Lynn Burick 88:09. Women 20-29: 1. Patti Lacie (20) 1:17:03; 2. Christina Lacie (29) 1:19:43; 3. Megan Beck (26) 1:19:49. Women 30-39: 1. Lauri Larkin 85:24; 2. Connie Jones 89:24; 3. Carol Baardsen 90:42. Women 40-49: 1. Roberta Rodin (40) 84:47; 2. Dorothy Kobayashi (45) 90:29; 3. Shella Closson (40) 91:33. Women 50 & Over: 1. Inez Saver (54) nt; 2. Elma Beck (57) nt.

Boys 14 & Under: 1. Beto Gomez (13) 70:04; 2. Morgan Roarty (12) 81:41. Boys 15-19; 1,

Gary Fredrickson (19) 54:24; 2. Don Bernowski (18) 58:40; 3. Victor Estrada (17) 59:42; 4. Oscar Encinas (16) 59:44; 5. Joe Barrow (17) 61:30. Men 20-29: 1. Thom Lacle 56:06: 2. Steve Corona 56:09; 3. Gregg Brownfield 60:48; 4. Randy Kneer 61:25: 5. Vikram Gosain 61:47: 6. Dave Olmos 62:03: 7. Craig Kusimoki 63:31: 8. Roy Stone III 64:46; 9. Rocky Terronez 66:40; 10. Jeff Dobra 68:31, Men 30-39: 1. Allan Johnson (37) 56:22: 2. Bill Fisher (31) 59:07; 3. Robert Caplice (36) 59:17: 4. Jim Padbury (33) 65:27: 5. Bob Asada (34) 65:51: 6. Jim Skefich (38) 67:15: 7. Fred Espinoza (36) 37:36: 8. Mark Powell (31) 72:04; 9. David Paster (34) 76:10; 10. Alan Smith (38) 76:18. Men 40-49: 1. Bart Coventry 54:40; 2. Andre Tocco 55:51; 3. Joe Bird 58:59; 4. Robert Montelongo 61:30; 5. Robert Bowlus 62:03; 6. Dave Dieter 67:31; 7. Harry Ellis 68:31; 8. Bill Schurmer 68:52; 9. Ted Ferguson 68:53; 10. Richard Slotkin 68:57. Men 50-59: 1. Curt Brownfield (52) 64:54: 2. John Simich (50) 71:36; 3. John Rukavina (52) 72:37; 4. George Beck (56) 79:41; 5, Bud Fagan (53) 83:53, Men 60 & Over: 1. Al Bernardi (61) 88:14; 2. Al Guth (72) 97:28

Sri Chinmoy 3 Mile

May 17. Santa Barbara.

Women 10 & under: 1 Dori Tressler(14) 18:30, 2 Irene Holland(14) 23:38, 3 Jennifer Zimmer(16) 23:38-tie. Women 19-39: 1 Catherine Vogl(20) 18:59, 2 Mary Laucks(25) 20:26, 3 Maria Gutierrez(22) 24:15. Women 40 & over: 1 Betty Elder(53) 26:27, 2 Patty Frankus(54) 27:40. Men 18 & under: 1 Anthony Santillanes(18) 17:44, 2 Brian Leasse(15) 18:20, 3 Dwane Morss(16) 19:39. Men 19-39: 1 Peter Wilezynsky(27) 16:27, 2 Jack Piccaro(30) 16:36, 3 Dario Malengo(35) 16:52. Men 40 & over: 1 Pat Logan(45) 16:46, 2 George Holland(46) 16:58, 3 Steve Turner(48) 18:33.

La Purisima Mission Run 10K

May 17. Lompoc.

Male 13-17: Dennis Block(Lompoc) 37:59.
Male 18-29: Ron Ysais(Adidas RT) 33:03. Male 30-39: Efrain Gonzalez (LVDC) 35:13. Male 40-49: Bill Graham(LVDC) 39:10. Male 50 plus: Ray Gill(LVDC) 39:18.

Female 18-29: Gail Surowiec(LVDC) 50:53. Female 30-39: Jo Montana(Lompoc) 54:36. Female 40-49: Jody Marshall(LVDC) 56:43.

Mt. Wilson Trail Race

From DAN PARKER

 May 23. Sierra Madre. 8½ Miles.
 59:43.5

 1 Steve Chase
 59:43.5

 2 James Ursulo
 1:00:50

 3 Ed Striechman
 1:01:55

 4 Ken Remus
 1:04:36

 5 Henry Nunez
 1:04:40

	6	Mike O'Brien	1:04:52
	7	David Weller	1:05:13
	8	Tom Watson	1:05:18
	9		1:05:19
		Dan Wojcik	1:05:47
	11		1:05:49
		John Rouse	
			1:07:00
		James Detweller	1:07:25
		Chuck Greenhall 1-40	1:08:02
-		Rubin Ruiz	1:08:14
		Ron Kendall 1-30	1:08:24
	17	Danny Richy 2-30	1:08:49
		Henry Hernandez	1:09:13
	19	Mark Ballard	1:09:53
	20	Kelth Bruce	1:09:55
	37	Dick Durand 1-50	1:14:00
		Jack Thomas 2-50	1:18:04
		Eleanor Uribe 1F	1:27:23
		Carol Chouenard 1-30F	1:29:34
		Julie Lasser 3F	
			1:31:52
		Barbara Vetter 4F	1:32:58
83		Tina Slough 5F	1:33:14
		Yvonne Monssuret 1-40F	1:35:01
	227	Daisy Wong 1-50F	1:46:57

Topanga Days 10K

By RICHARD SLOTKIN

May 23, Topanga.

This is another one of those home grown affairs that is kept underplayed. They hold the field down to 250, don't bother with police permits, sanctions or any of the other inconveniences that plague race directors and runners. This one sprang from an annual celebration that included a free-for-all race in which anything went. "Anything" meant kicking, biting, pushing or whatever else would get you by. Not suprisingly, the winner won the title of "Toughest Son-of-a-Gun." Well, as time went by, they decided to add a bit of law and order to it and finally switched to a full fledged 10K, taking it out of the short distance-through-the-cornfield kind of thing.

It's a tough course with several 800 foot elevation changes, as it follows the ridges in the Topanga area of the Santa Monica Mountains. But, they claim the title of most scenic course in captivity. Could be, but have they ever heard of Sierra-Zinal? Still, with views of Catalina, the Channel Islands and Palos Verdes, for just openers, it's not too bad.

It will not surprise anyone to find out that PR's don't come easy on this one. The winning time for the men was a blazing 37:24, turned in by Kurt Swanson, while Jacqueline Hansen breezed in with a 44:38. The following day, Hansen was third in the Brentwood 10K with a 37:33, so that should give you some idea of what things were like.

Swanson was 40 seconds ahead of second place finisher Tod Pearsons, but he got most of that in the last mile. Likewise, Hansen had competition for about four and a half miles, but broke loose after that. Lisa Buckley was the only other woman to break 50 minutes, and took second.

As a Topanga resident, Hansen was awarded the "Toughest Daughter-of-a-Gun" Title, which she accepted. However, she passed the prizes on to the second Topanga finisher because in March, she and husband Tom Sturak moved to Beaverton. Ian Maddleson won "Toughest Son-of-a-Gun" with a 41:57. Actuelly, Roy Burlleson beat him by 26

seconds, but Burlleson declined the award. He qualified by virtue of being a Topanga Fire Department member, but because he doesn't actually live there, he felt it should go to a resident.

See how they do business at the grass roots? There's hope for us yet.

MEN: 12 & Under: 1. Zack Holzman 56:50; 2. Richard Adams; 3. Michael Wehr. 13-18: 1. Tod Pearsons 38:04; 2. Torres Hector 43:18; 3. Dan Anderson 44:00. 19-29: 1. Kurt Swanson 37:24; 2. Eric Contreras 39:17; 3. Herb Tanzer 40:10. 30-34: 1. Byrlle Smalle 39:32; 2. Mike Van Guilder 41:05; 3. Bob Essertier 41:11. 35-39: 1. Roy Burlleson 41:31; 2. Frank Williams 41:37; 3. Ian Maddieson 41:57. 40-49: 1. Jack Stewart 42:30; 2. Russel Schuh; 3. John Ghini. 50 & Over: 1. Ron Rubin; 2. Donald Storke.

WOMEN: 12 & Under: 1. Katie Regan 1:15; 2. Klm Kvehn. 13-18: 1. Karen Hildman 46:00; 2. Glna Picciob 64:15; 3. Lori Hale 72:40. 19-34: 1. Jacqueline Hansen 44:38; 2. Lisa Buckley 49:04; 3. Jane Chalmers 60:00. 35-39: 1. Val LeBel 51:15; 2. Sharon Hettig 54:16; 3. Suzen Bernes 59:45. 40-49: 1. Enid Griffin 59:00; 2. Toni Donovan 66:05; 3. Marlee Coughlan.

Nimitz 5K & 10K

May 23. Treasure Island. 10K 1 Don Paul 31:51.0 2 Robert Vizas 33:0.6 3 Larry Edev 33:51.6 4 Phillip LeBolt 34:13.4

34:13.4 Spencor Ferguson 34:13.8 Ralph Bowles 1-40 34:18.3 Jeff Korand 34:19.8 Marc Korand 34:33.2 Mitch Kristofferson 34:42.2 10 John Reves 35:01.6 39 Teresa Jackson 1F 38:29.9 72 Marion Irving 2F 41:00.6 Philip Kay 15:31.6 Tom Craig 15:32.7 Ron Naber 15:35.0 Gene Daniel 15:35.8 Mike Fanell 15:39.6 Harvey Franklin 15:44 6 David Keane 15:49.9 Dan Greco 15:53.6 Mike Trosset 16:01.0 10 Eddie Lanzaran 16:08.8 17 Philip Hagger 1-40 16:49 8

Deaf Awareness Benefit Run

From FLO BUTIN

Aav 23. Yountville.

79 Debra Feinman 1F

86 Susan Hall 2F

34:19
36:14
39:14
39:30
40:16
40:36

More...

20:03.5

7	Jerry Faulkner 1st 40	41:08
11	Hank Fragoza 1st 50	42:32
38	Phobe Biever 2F	49:52
39	Jackie Bacon 3F	50:25
59	Margaret Curtis 1st 40F	57:59
	2.5 Mile	
1	Reg Harris 1st 30	14:17
2	Steve Zanetel	14:27
3	Jeff Clark	14:49
4	Bill Hoy	15:11
5	David Garcia	15:59
6	Herb Fernandez	16:12
9	Greta Jaeger 1st F	17:22
10	Jim Callan 1st 40	18:34
26	Flo Butin 1st 30F	19:30
38	Iris Cloudt 1st 40F	21:26
57	Rachel Friedmen 1st 50F	24:41

Grass Valley Memorial Run - 10K

From SIERRA SLOWPOKES

v 24. Grass Valley.	
Tom Von Ruden 36	32:42
Chris Hamer(WVTC)22	34:12
Pat O'Leary 18	34:51
Michael Taylor(FTC)21	35:25
Mark Murray(CapCityFly)18	35:26
Dave Roeber 34 1 30-39	35:31
Bruce Hodge(SSRC)28	35:51
Nelsen Cobb(FleetFeet)23	36:12
Henry Tushar(Chico RC)25	36:37
Oliver Mills 17	36:46
Paul S. Thomasj 1st 13u(12)	36:58
	37:24
	37:40
	38:12
	38:40
	41:24
George Peavy(SSRC)50 2-50	43:54
	Chris Harner(WVTC)22 Pat O'Leary 18 Michael Taylor(FTC)21 Mark Murray(CapCityFty)18 Dave Roeber 34 1 30-39 Bruce Hodge(SSRC)28 Nelsen Cobb(FleetFeet)23

51 Don Bradford(SSRC)52 3-50	44:23
53 Sheila Riley(16) 1F	44:51
58 Eleanor Von Ruden(35) 2F	45:47
62 Jenny Ray(16) 3F	46:07
66 Liz Ray(LMJS)42 1F-40	46:24
69 Alice K. Rose(45) 2F-40	46:45
138 Dorothy Peavy(SSRC)50 1F-50	56:18

TRAC "10"

May 24. Sunnyvale. 10 Miles.

1 Andrew McFarlane

2 Bob Brennand

3	Pete Flores	52:46
4	Bill Meinhardt 1-40	53:28
5	James Tracy	53:38
6	Michael Conroy	53:44
7	Phil Garcia Jr.	53:56
8	Weston Press	54:02
9	Ulrich Kaempf 1-50	54:12 AR
	Jake White	54:16
11	Ernie Rivas	54:18
12	Mark T. Hines	54:25
13	John Clary	54:27
	Tim Rostege 2-40	54:29
	Ted Pawlak	54:40
16	Hashim Bashiuoddin	54:57
17	John Hawkes	55:14
	Bert Johnson	55:37
-	William Dunn	55:41
	Sammy Castillo	55:44
	Gilbert Uresti	55:55
	Steven O'Brien	55:58
	Jay Gehrig	56:33
	Allen Neel	56:44
	Dave Parish	56:53
	Jim Baichtril 3-40	59:44
	Don Carpenter 2-50	62:04
	Jennifer Weiss 1-F	62:23
	Rita Fagundes 2-F	63:30
	Flory Rodd 3-50	64:13
	Janice LeCocq 3-F	65:10
	2 Carol Stroud 4-F	65:26
104	Diane Young 5-F	65:42

vements, he know, B, C, E, Iron...I mea

several years. Achievements, he insists, were made through coaching, training and hard work, and not with steroids. The conversation now concludes with the following:

Debus Rebuttal, continued from page 6

DEBUS: ...OK...people that...tend to criticize our results...either are envious or ... or ... show their lack of knowledge..for training methods. The human body can adapt to virtually anything if it's trained specifically and progressively. We can learn to walk on hot coals if we start out on...warm coals (laughs)...over a period of months and years you can learn to walk on hot coals. So, if the human body can do that, it can do anything. So, if you know that...we can make dramatic changes in the human body. So, we do that by diet alteration, ...very strict, rigid diet alteraknow, B, C, E, Iron...I mean, there's about a dozen of them. Stuff you can buy off the shelf...we've got a whole warehouse full of it....

CTRN: Naturite? (Laugh)

DEBUS: Oh yeah, Naturite, absolutely. Naturite vitamins, of course. (Laughs) Now, we don't make an iron, so we buy iron. We actually buy our iron off the shelf. Women athletes have to take iron...you are what you eat, and you are what you train...the world's strongest man can't even put the shot very far. He's not trained specifically to put the shot.

Here, Debus spent a few minutes explaining what this meant in terms of understanding how his teams have been able to perform so well so consistently. Then, the

133 Birthe Kirsch 1-40F	68:20
194 Dale Yee 1-60	79:50
208 John Guinee 2-60	82:44
228 Etta Palmer 1-50F	88:31

Indian Gulch to Hornitos

May 24. Merced area.

51:18

51:26

Local runners Matt Galeazzi and Fred Villegas captured first place in the 5th Annual Indian Gulch to Hornitos 5 and 10 mile races Sunday the 24th. Galeazzi led more than 200 runners from start to finish in the 5-mile event as he bilstered the course in 25:54, some 17 seconds under the old record. Dean Lofgren of the Bush Track Club was 12 seconds back, followed by Merced Triathlete Ed Strickland in 3rd at 28:29. Villegas, meanwhile, ran one of his finest races ever, as he caught teammate Scott Brickerd at the 8-mile point and pulled away to finish in 54:32, 46 seconds ahead of Bricker's 55:18.

On the distaff side, Tone Nichols of Fresno Track Club set a course record of 31:55 in the 5-mile race, while Merced Track Club's Pat Dahlstrom captured the hilly 10-miler in 72:27 for her 3rd victory in 5 years.

Approximately 350 runners from age 6 (Kelly Schwisow) thru 67 (Frank Saylor) completed the popular 2 race event.

Matt Galeazzi

2 Dean Lofgren

4	Dean Loigien	20:00
3	Ed Strickland	26:29
4	Hector Menchaca	26:54
5	Al Lomeli	26:56
6	Rory White	27:08
7	Zach Taylor	27:46
8	Rob Strickland	27:54
9	Danny Valdez	28:05
10	James Rodrigues	28:09
	John Carter	28:29
12	David Bradley	28:30
	Bill Yaley 1-40	28:50
	Peter Kiser	29:22
15	Abel Banda	29:33
26	Charles Rodgers 1-50	31:40
31	Tone Nichols 1F	31:55
38	Quita Lopez 2F	32:40
54	Theresa Hernandez 3F	33:57
64	Barb Eastman 1 30W	34:45
133	3 Marvele Taylor 1 40F	40:35
14	Sue Takayama 1 50F	42:12
	10 Mile	
1	Fred Villegas	54:32
2	Scott Brickerd	55:18
3	Gerardo Canchola	55:49
4	Tom Pedreira	59:37
5	Craig Elia	59:50
6	Joe Day	60:54
7	Tom Holliday	61:12
8	Randy Cagle	62:02
9	Len Thornton 1-50	62:05
10	Tom Parker	62:33
13	Ken Schwisow 1-40	64:05
35	Pat Dahlstrom 1-30F	72:27

Brentwood 10K

74:18

76:46

44 Ginger Burrola 1-40F

53 Don Lundberg 1-60

70 Ann Pedreira 1-20F

82 Dorothy Thomas 1-50F

while your editor was running it, didn't even see her. (worse, he didn't see me, either!)

I doubt if there have ever been a parl fo winners of a major open road race as anonymous as these two. Last year was the first time anyone but a local runner won at Brentwood, male or female, and last year both categoriesf went to out-of-towners. But at least people had heard of Tom Wysocki and Gayle Olinekova. No one knew who Richard Burne or Conni McCarthy were, even after they were presented with their awards.

Well, we know who they are now...sort of. They were both wire-to-wire winners, so some recognition is in order.

Richard Burne is from New Zealand and he came to the U.S. to race in the Adidas circuit. He identified himself to race director Valerie Johnson as being rated in the top 5 among New Zealand distance runners. He looked it. Running for Athletic Attic, he let Smead and a few others hang onto him for the first five kilometers. Then he started to pull away and no one ever got close. Smead did hang on to second place unaware that fast finishing Bob Macias, of the Santa Monica Track Club was closing the gap rather quickly to P.R. in 30:16.6. Actually, it wasn't a true P.R. It was the best the 30 year old Macias has done since dropping out of competition after leaving college, some many moons ago.

Still, this was Burne's day. He covered the fast, yet deceptively tough, course in 29:36.9, well ahead of Smead who was 32 seconds back. Burne whipped a very strong field which included, besides Smead and Maclas, George Mason of A.I.A., Jon Sutherland, Mike Larson, Jeff Shaver, Hector Perez, and Cleveland Whalen. And Dan Brady. Ah, yes. Good old Dan Brady, Former S.M.T.C.er and home from college, good old Dan took off like a guy chasing a bus. The front pack didn't quite know what to make of it, but some of them knew him enough to know that he does run well. So they went with him. Through the first mile in 4:32. And not just them. Brady pulled everyhone through an unholy fast mile. Even back where I was, jammed start and all, we went by in 6:10. But by then there was no more good old Dan. You see, just after the mile mark, good old Dan sort of smiled at the "suckers," said "adios" and nonchalantly called it a day. Good thing the local hardware store was closed because if someone had found a rope, good old Dan would have been an early Christmas decoration on one of the trees in the nearest island divider.

Meanwhile, the rest of us continued, none of us other than the front runners quite sure what the big rush was. Actually, Brady's little joke fit right in, because we had a false start. That's right...a false start. On the 10,000 meter "dash!" The starter was San Fernando Valley TC coach Laszio Tabori, and good old Laszio delayed so long between "set" and "go" as in: Runners! Get set...Go! - That the first five rows just couldn't hold it. It was either go or fall flat on your nose.

Somehow, they were called back and we got it right. The usual mob scene followed with 3500 lined up, it was crowded. Both Jacqueline Hanson and Terry Hom went through masses like a couple of school kids trying to get off a crowded subway during rush hour. Presumably McCarthy was too, but we didn't

Burne, of course led all the way, with Smead just behind him for the first 5K. Also up close were Mike Larson, Dave Drass, Frank Plasso and a bit further back, Bob Maclas. and is living in Thousand Oaks, with her husband, who works for NIKE, and her 15 month old son.

Two totally overlooked performances must be mentioned: Fourth female was 37 year old Molly Thayer who clocked 37:41 to win the 35-39 division. Now, that's pretty good. Second place in that division went to Judy Kewley in 39:34, which isn't bad either. But, Jim Knerr won the 45-49 division which is being submitted to the NDRC as a national age group record. This course is certified, so if should stick. Knerr is an outstanding runner and he always shows well, so this isn't a great surprise. But it shouldn't be filled with the weather and the classified ads either.

All in all, there were seven men under 31 minutes and 13 women under 40 minutes. You won't beat that with anything short of an invitational. Although Director Valerie Johnson may waive the fee for some of the better runners, she doesn't have the budget to sweeten the pot for the name runners. So, whoever comes, comes for the fun of it, and that's a lot of quality for just the fun of it.

photo by Louis Hirsch



Richard Burne

Debus Rebuttal, continued from page 6

several years. Achievements, he insists, were made through coaching, training and hard work, and not with steroids. The conversation now concludes with the following:

DEBUS: ...OK...people that...tend to criticize our results...either are envious or...or...show their lack of knowledge, for training methods, The human body can adapt to virtually anything if it's trained specifically and progressively. We can learn to walk on hot coals if we start out on...warm coals (laughs)...over a period of months and years you can learn to walk on hot coals. So, if the human body can do that, it can do anything. So, if you know that ... we can make dramatic changes in the human body. So, we do that by diet alteration, ...very strict, rigid diet alteration...hey, if people don't do it, we cut 'em. I fine them first, and then we cut 'em. They have to do it that way. And, uh...l fine them, so much money...in the fall...absolutely.

CTRN: What kind of vitamin supplements...do you require any? Or just recommend them?

DEBUS: Well...I think they should take vitamins, and I think they should take protein drinks... which are high quality protein. Certainly, no fat products, no food that has any fat products in it. And no food that has any sugar in it. And if you stick rigidly to that kind of a diet, and don't eat at night, don't eat after six o'clock at night, you can get very thin. And if you train...a lot of power training...and, of course, weight training, you get very strong. You change the weight-to-strength ratio. And, a woman, then can be likened to a man. Because we, inherently, men, have a much higher strengthto-weight ratio than women do. So, that's what I try to do with my women. We strive to get a strength-to-weight ratio the same as a man's. Then, if you add technical training and great mental toughness to that, you can have a successful athlete.

CTRN: What vitamins do you have them take?

DEBUS: Oh, just the general gamut, you know, whatever. You

know, B, C, E, Iron...I mean, there's about a dozen of them. Stuff you can buy off the shelf...we've got a whole warehouse full of it....

CTRN: Naturite? (Laugh)

DEBUS: Oh yeah, Naturite, absolutely. Naturite vitamins, of course. (Laughs) Now, we don't make an iron, so we buy iron. We actually buy our iron off the shelf. Women athletes have to take iron...you are what you eat, and you are what you train...the world's strongest man can't even put the shot very far. He's not trained specifically to put the shot.

Here, Debus spent a few minutes explaining what this meant in terms of understanding how his teams have been able to perform so well so consistently. Then, the conversation became less and less pertinent to the main theme of the interview, and finally, with Julie (and this reporter) struggling to keep her eyes open, it was near 11:30 p.m., and we had been going for three hours. We ended it, and called it an evening.

Has anything been proven by any of this? Probably, most people will find what they want to find in it. and, I suspect most readers will leave with whatever feelings they had more solidly reinforced, pro or con. My own feeling is this: The man was accused and his accusers, at least those who made their accusations public, presented unconvincing evidence. Unconvincing because it leaves sufficient room for doubt that if it were presented in a court of law or some other type of tribunal (as has been done in one or two instances) a quilty finding could not be made. Not one that would likely stand the test of appeal. In any case, I felt that he was entitled to tell his side in any manner which he wished. He's done it. If some people accuse me of being a friendly interrogator, I won't deny it. This was an interview, not an inquisition. If he hangs himself, so be it. That was our agreement. But, at least we gave him a chance to reply, and on that point, at least the score is even.

13 Bill Yaley 1-40	28:50
14 Peter Kiser	29:22
15 Abel Banda	29:33
26 Charles Rodgers 1-50	31:40
31 Tone Nichols 1F	31:55
38 Quita Lopez 2F	32:40
54 Theresa Hernandez 3F	33:57
64 Barb Eastman 1 30W	34:45
133 Marvele Taylor 1 40F	40:35
144 Sue Takayama 1 50F	42:12
10 Mile	
1 Fred Villages	E4.00

ì	1	Fred Villegas	54:	32
	2	Scott Brickerd	55:	18
Ì	3	Gerardo Canchola	55:	49
	4	Tom Pedreira	59:	37
	5	Craig Elia	59:	50
1	6	Joe Day	60:	54
١	7.	Tom Holliday	61:	12
	8	Randy Cagle	62:	02
	9	Len Thornton 1-50	62:	05
	10	Tom Parker	62:	33
	13	Ken Schwisow 1-40	64:	05
١	35	Pat Dahlstrom 1-30F	72:	27
١	44	Ginger Burrola 1-40F	74:	18
ı		Don Lundberg 1-60	76:	
١		Ann Pedreira 1-20F	81:	7.5
	82	Dorothy Thomas 1-50F	84:	
	3/4/	- 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1		

Brentwood 10K

By RICHARD SLOTKIN

May 24, Brentwood.

"Who was that guy?" Everyone wondered, but no one knew. Chuck Smead chased him for 6 miles and he didn't know. Joe Douglas watched him go by four times on the double out-and-back course, and he didn't know who he was, and Douglas knows everybody. The Long Distance Editor of CTRN didn't know who he was and he knows a lot of people and pretends to know the rest.

And while we're at it, who was that girl? Terry Hom and Jacqueline Hansen chased her all morning, but neither had ever seen her before. Louis Hirsch, photographing this one

photo by Louis Hirsch



Terry Hom (left)
& Jacqueline Hansen

went by in 6:10. But by then there was no more good old Dan. You see, just after the mile mark, good old Dan sort of smiled at the "suckers," said "adlos" and nonchalantly called it a day. Good thing the local hardware store was closed because if someone had found a rope, good old Dan would have been an early Christmas decoration on one of the trees in the nearest Island divider.

Meanwhile, the rest of us continued, none of us other than the front runners quite sure what the big rush was. Actually, Brady's little joke fit right in, because we had a false start. That's right...a false start. On the 10,000 meter "dash!" The starter was San Fernando Valley TC coach Laszlo Tabori, and good old Laszlo delayed so long between "set" and "go" as in: Runners! Get set...Go! - That the first five rows just couldn't hold it. It was either go or fall flat on your nose.

Somehow, they were called back and we got it right. The usual mob scene followed with 3500 lined up, it was crowded. Both Jacqueline Hanson and Terry Hom went through masses like a couple of school kids trying to get off a crowded subway during rush hour. Presumably McCarthy was too, but we didn't see her.

Burne, of course led all the way, with Smead just behind him for the first 5K. Also up close were Mike Larson, Dave Drass, Frank Plasso and a bit further back, Bob Maclas. Maclas eventually finished third, having spent the first 5.2 miles working his way up from around 10th. Mike Larson was the last one Maclas passed, with about a mile to go, and he spent the rest of the race tryng to catch Smead. Larson hung on for fourth, followed by Kraus, Plasso, Sutherland, Stephen Brumwell, Jeff Shaver, and, to round out the first ten, a still tired from Boston George Mason.

Although McCarthy had a good lead by the mile and a half point, Hansen and Hom hadn't given up. Hansen had a 30 yard or so led at that point. By the time they came by on the second loop, Hom had pulled alongside and they looked very strong running together. For Hom, it was especially thrilling. She has long admired Hansen. Also, after her 2:47 marathon at the Fiesta Bowl in 1979, she developed an injury that took her out of things for a longtime and she still doesn't feel completely healed. This was her first race since Flesta Bowl. So, she was surprised to find herself going stride for stride with Hansen this late in the race. Hansen had won 3 years ago, missed last year because she had a baby the day before, and was finally back. However, she had run a 10K the day before in her home neighborhood of Topanga, which, as you may know, snuggles in the Santa Monica mountains. She won that hillclimb in 44:38. That's right 44:38! Wow! She should have been really feeling it by the last mile in Brentwood, shouldn't she have? As a matter of fact, she did and Hom moved ahead, expecting her to zoom by her at any second. Jacqueline finally and to face realityand let Terry go, and she gave up 21 seconds over that last mile. Hom was very happy with her time of 37:12. She wasn't sure she could break 40:00...she said. Yeah, sure! I've trained with her since November and I had told her she could give me a dollar for every second under 40:00 and I'd give her one for everysecond over. She didn't bet. I had figured her for about 38:30

But Conni McCarthy got the win in 36:30.7 and it turns out she is the same Conni McCarthy who was 7th place and a money winner in the Jordache Los Angeles Pro Marathon. From Fresno, she has just moved down here



Richard Burne

WOMEN: Overall: 1. Connie McCarthy 36:30.7; 2. Teresa Hom 37:12; 3. Jacqueline Hansen 37:33. 12 & Under: 1. Misty Yoshikawa 43:34; 2. Laurie Hill 49:25; 3. Abby Marpet 50:34. 13-15: 1. Katle Dunsmuir 38:25; 2. Cami Ogron 39:56; 3. Michelle Moroba 46:06. 16-18: 1. Michelle Whitmore 39:44; 2. Jeanne Murphy 39:50; 3. Dristy Sherman 44:53. 19-29: 1. Jaynie Studemund 38:10; 2. Leslie Schiller 38:49; 3. Pier Culbreth 38:59; 4. Marcelle Muller 39:55; 5. Stephanie John 40:56; 6. Tammy Babiracki 41:09; 7. Bonnie Gibson 41:58. 30-34: 1. Katharine Kehr 41:26: 2. Michele Soderborg 42:35; 3. Frances Williams 43:02; 4. Pauline Stevens 43:07; 5. Jeanie Chromoy 43:30. 35-39: 1. Molly Thayer 37:41; 2. Judy Kewley 39:34; 3. Susan Oberding 42:31; 4. Corrine Schratz 43:09; 5. Marie Stevenson 43:16. 40-44: 1. Jeanette Wells 42:29; 2. Joyce Momita 45:07; 3. Diani Chronert 46:04; 4. Sandra Mosk 46:57; 5. Lisa Newman 47:03. 45-49: 1. Atsuko Fujimoto 48:07; 2. Letha Sussex 49:39; 3. Sheila Shea 50:07. 50-54: 1. Virginia Baldwin 48:57; 2. Dodie Filler 54:47: 3. Heidy Ryder 62:11, 55-59: 1. Helen Dick 41:56; 2. Ruby Taki 48:48; 3. June Miller 61:19.

MEN: Overall: 1. Richard Burne 29:36; 2. Chuck Smead 30:08; 3. Bob Macias 30:16; 4. Michael Larson 30:22; 5. Dave Kraus 30:31; 6. Frank Plasso 30:44; 7. Jon Sutherland 30:52; 8. Stephen Brumwell 31:00; 9. Jeff Shaver 31:09; 10. George Mason 31:13; 11. Tom Moriarty 31:16; 12. Adam Messer 31:21; 13. Steve Brown 31:23; 14. Jim Scott 31:24; 15. Cleveland Whalen 31:40; 16. Hector Perez 31:55; 17. Steve Johnson 32:01; 18. Clyde Matsumura 32:27; 19. Greg Hulbert 32:30; 20. David Stansberry 32:30; 21. Bill Entz 32:34; 22. Mike Craigie 32:36; 23. Dave Maxwell 32:41; 24. Barry Weaver 32:45; 25. Mark Ulloa 32:56.

12 & Under: 1. Stephan Tanin 38:55; 2. Scott Copland 39:30; 3. Peter Oviatt 42:10. 18-18: 1. Dave Maxwell 32:41; 2. Tony Yang 33:09; 3. Dave Boley 33:59. 13-15: 1. Derek Hatch 34:22; 2. Dale Kroeger 34:47; 3. Christian Prieur 35:43, 30-34: 1. Carlos Munoz 33:14; 2. Evan Shaffer 33:19; 3. Mike Lozoya 33:22; 4. Henry Lange 33:44; 5. Brian Oldham 33:57. 35-39: 1. Ricardo Martinez 33:56; 2. John Barkman

33:55; 3. Jim Minami 34:02; 4. Marshall Matye 34:35; 5. Dennis Joe. 40-44: 1. Charles McClung 33:52; 2. Nelson Crader 34:52; 3. Joe Gassmann 35:22; 4. Brian Fernee 35:27; 5. George Cohen 35:46, 45-49: 1. Jim Knerr 33:41; 2. John Opdyke 37:22; 3. Ted Oviatt 37:24. 50-54: 1. Jan Fekkes 35:56; 2. Wally Evertz 36:52; 3. Leonard Walts 37:36. 55-59: 1. JRay Gil 37:28; 2. Keiji Taki 39:31; 3. Ralph Golswyn 41:35. 60-64: 1. Eddie Lewin 39:36; 2. Demetreo Miller 41:13; 3. James Wilkle 45:03. 65-69: 1. Jon Baldwin nt; 2. Dean Scofield nt; 3. George Feinstein nt. 70 & Over: 1. Monty Montgomery 44:39.

Avenue of the Oaks

From RITA E. MILLER

May 25. Fallbrook. 7 Miles.

Men 17 & under:1 David Swidisk 43:12, 2 Joe Karnes 43:37, 3 Brennan Eager 49:43, 4 John Vetter 49:47. Men 18-29: 1 Tim Varley 35:46, 2 Bill Lasher 38:09, 3 Jerry Alcorn 38:13, 4 Ted Sparks 39:13. Men 30-39: 1 Dan Dierken 39:50, 2 Richard Williams 41:27, 3 R. Twombly 41:31, 4 Alex Araujo 42:22. Men 40-49: 1 Peterson 39:26, 2 Dan McCuskill 40:33, 3 Jack Tuttle 40:43, 4 T. Newell 43:24. Men 50-59: 1 Jim Vantaenhore 2 Mike Murray 49:02, 3 Silver Macias 49:31. 4 Dennis Nichols 49:43.

Women 17 & under: 1 Brenda Haferkamp 60:44, 2 Annie Villasenor 69:17. Women 18-29: 1 Nancy Wilkinson, 2: Jan Ericksen. Women 30-39: 1 Sue Krenn 43:39, 2 Sue Peterson 44:29. Women 40-49: 1 Dorothy Stock 48:37, 2 Rose Ethel 55:24. Women 50-59: 1 Gerry Davidson 59:23, 2 Jean Helfnch 68:37.

Pacific Sun Marathon & 10K

May 25. Mill Valley.

Marathon

Male 14 & under: Bobby Green 4:07:45.
Female 14 & under: Maura Diegisi 4:28:55.
Male 15-18: 1 Robert Flatland 3:10:34, 2 Trexler Donovan 3:16:45, 3 Vincent Haskell
3:29:35. Female 15-18: 1 Teresa Martin 3:43:02,
Eithne Haran 4:50, 3 Lauren Lebovitz 5 +.
Male 19-29: 1 Jeff Johnston 2:30:56, 2 Virginio
Deurajo 2:33:27, 3 Fred Frauens 2:35:59.
Female 19-29: 1 Kim Boehme 3:16:46, 2 Gay
Hunter 3:19:35, 3 Melinda Creel 3:20:11. Male
30-39: 1 Randy Belzer 2:35:10, 2 Stephen
Sidney 2:43:52, 3. Balbh Duckett 2:47:21.

Female 19-29: 1 Kim Boehme 3:16:46, 2 Gay Hunter 3:19:35, 3 Melinda Creel 3:20:11. Male 30-39: 1 Randy Belzer 2:35:10, 2 Stephen Sidney 2:43:52, 3 Ralph Duckett 2:47:21. Female 30-39: 1 Florianne Harp 3:01:21, 2 Annemarie Scetje 3:25:59, 3 Susan Laing 3:30:44. Male 40-49: 1 Bill Catanese 2:48:58, 2 Don Ramirez 2:53:04, 3 Rick Zamarippa 3:01:14. Female 40-49: 1 Michele Gauthier 3:25:37, 2 Barbara Miller 3:57:16, 3 Karen Coman 5+.

Male 50-59: 1 Hans Roenau 2:55:12, 2 Don Lucero 3:07:03, 3 Dave Olson 3:12:33. Female 50-59: 1 Erma Baker 3:50:06, 2 Annabel Marsh 4:34:44, 3 Barbara Durham 4:38:23. Male 60 plus: 1 Clyde Johnson 3:28:16, 2 Robert Goodman 3:52:46, 3 Steve Cole 4:01:14.

10K

Male 14 & under: 1 Andrew Guldman 37:41, 2 Peter Woodring 42:17, 3 Paul Wilkerson 42:38. Female 14 & under: 1 Mary Alice Erickson 46:43, 2 Karen Jacobsen 47:01, 3 Tie between Jenny Brekhus and Molly Burke 47:36. Male 15-18: 1 John Leipsic Jr. 34:48, 2 Dave Rouse 35:05, 3 Joss Walter 35:15. Female 15-18: 1 Janet Wilson 40:03, 2 Mari Carisetti 40:18, 3 Laura McHale 41:09.

Male 19-29: 1 Ted Quintana 30:29, 2 Colin Taylor 32:29, 3 Keith Golding 33:06. Female 19-29: 1 Marilyn Taylor-Alan 36:32, 2 Kate Keyes 38:13, 3 Bonnie Dwyer 38:51. Male 30-39: 1 Daryl Zapata 32:46, 2 Steve Frisk 33:11, 3 James Moore 33:31. Female 30-39: 1 Sharlet Gilbert 35:40, 2 Jane Sowersby 38:19, 3 Beverly Larson 41:47. Male 40-49: 1 Don Ardell 34:46, 2 Steve Lyons 35:18, 3 Leonard Hiles 36:37. Female 40-49: 1 Susan Trott 41:13, 2 Ann Neeley 42:41, 3 Eve Pell 43:48.

Male 50-59: 1Amil St. Augustine 38:12, 2 Harvey Getz 39:35, 3 Jack Bartlett 40:43. Female 50-59: 1 Marion Irvine 39:25, 2 Marilyn Waste 52:45, 3 Joan Lucas 53:10. Male 60 plus: 1 Arie Elderkamp 41:59, 2 William Castelli 44:50, 3 Ed Burke 45:41. Female 60 plus: Betty Fink 69:37. 1179 finishers

St. Margaret's Parish 5 & 10K

May 30.

M12&u: Eddie Lavelle 19:04. M13-15: 1 Nathan Williams 17:38, 2 Eric Arcides 17:49. M16-18: 1 Paul Orsi 17:20k, 2 Jon Centofranchi 17:34, 3 Michael Oliver 17:37. M19-29: 1 Greg Szanto 15:40.4, 2 Al Masterson 16:08.1, 3 Irv Ray 16:14, 4 Bob Mapstead 16:27, 5 Michael Cook 16:32.

M30-39: 1 Brice Hammerstein 17:33, 2 Jerry Ashcraft 17:45, 3 Dan Gutierrez 17:47. M40-49: 1 Tom Richards 16:35, 2 Bob Edwards 18:14. M50 plus: 1 Tad Fujioka 20:26, 2 Patrick Culligan 21:57.

Female 12&u: Norvella Coleman 20:00.4. F13-15: 1 Teresa Dillon 20:27, 2 Julie Thomas 21:48, 3 Tami Roach 22:11. F16-18: 1 Rosalle Morales 18:50, 2 Heidi Wuerch 22:40, 3 Kathy O'Toole 27:02. F19-29: 1 Aurora Estrada 20:26, 2 Kathy Dewet 22:43, 3 Christina Hinkle 23:32. F30-39: 1 Pam Morris 23:50, 2 Henrietta Mascarro 24:04, 3 Marian Bausley 24:17. F40-49: 1 Sally Wozniak 24:26, 2 Carolyn Plowman 26:03, 3 Nancy Heersema 26:17. F 50 plus: Anne Haynes 32:16.

101

Male 12&u: Jason Spelic 39:49. M13-15: 1 David Loud 32:38, 2 John Oxrider 39:29. M16-18: 1 Frank Selvaggio 33:16, 2 Jeff Mulligan 34:12, 3 Craig Kean 35:49. M19-29: 1 Dave Frickel 31:12, 2 Al Siddons 32:34, 3 Greg Brownfield 34:24, 4 Michael Ward 34:26, 5 Bob White 35:53.

M30-39: 1 Guenter Meyer 37:06, 2 David Mirkin 37:14, M40-49: 1 Don Gousins 34:50, 2 Wally Ingram 35:07, 3 Jurgen Froehlich 36:59. M50 plus: Jerry Soto 40:22.

Female 12&u: Roxanne Castro 43:14. F13-15: Tammy Brazel 39:39. F19-29: 1 Sue Harwell 44:14, 2 Salley Mann 46:43.

Female 30-39: 1 Judy Glynn 38:34, 2 Josta Santos 43:35, 3 Julie Lloyd 43:43. F40-49: Janan Holmes 46:36. F 50 plus: Frances Tilford 59:15.

Cutler-Orosi Tomato Festival

From LATINO PEACE OFFICERS ASSOC.

May 30. Cutler-Orosi.

6 Mile

Male 18 & under: Joe Jaramillo(Visalla) 32:02. Male 19-29: Mike Loza(Synanon)34:20. Male 30-39: Ralph Smith(Fresno) 34:46. Male 40-49: Manuel Moran(Visalla) 46:07. Male 50-59: Ken Takeuchi(Fresno TC) 39:51. Male 60 plus: Harry Harder(HighSierraTC) 40:00.

Women Overall: Debbi Ashwanden(Visalia) 39:52. Women 30-39: Marilyn Thompson(Synanon) 43:27.

2 Mile

Men: Dennis Esquivel(FresnoTC) 9:05. Women: Sonia Garcia(N.Visalia) 14:54.

Run for Apricots

May 30. Patterson. Patterson Apricot Flesta.

Male 13 & under: 1 David Anderson 17:23.4, 2 John Chavez 19:18.3. Female 13 & under: 1 Noel Foster 20:41.8, 2 Rebecca Jones 20:43.6. Male 14-19: 1 Robert Miller 14:43.7, 2 Rick Simental 16:09.9, 3 Tim Schendne 16:33.8. Female 14-19: 1 Alesha Duggins 21:13.6, 2

Anne Liston 22:46.2, 3 Rebecca Hawkins 22:49.2.

Male 20-29: 1 Albert Lomeli 14:35.3, 2 Charles Pittel 15:23.6, 3 Joe Castillio 16:09.2. Female 20-29: 1 Marilyn Wear 19:56.7, 2 Janet Fugimoto 20:20.7, 3 Billie Rorrer 20:31.1 Male 30-39: 1 Jack Lawson 14:59.3, 2 Robert Wear 16:21.7, 3 Kevin Clark 16:32.7. Female 30-39: 1 Sharon Miller 18:43.4, 2 Elizabeth Jones 19:58.9, 3 Marilyn Carlson 20:40.8.

Male 40-49: 1 Ray Nicholl 18:07.9, 2 Myron Humphrey 18:44.6, 3 Glen Puthuff 19:36.0. Female 40-49: 1 Veronika Jones 21:55.8, 2 Salily Franceschini 21:58.5, 3 Violeta Anderson 24:06.3. Male 50-59: 1 Don Jackson 18:41.9, 2 Payson Taylor 19:05.8, 3 Thomas Gutierrez 19:18.8. Female 50-59: Ann Tassell 29:31.8. Male 60 plus: 1 Justin Traina 22:32.7, 2 James Tominaga 23:21.1.

15

Male 14-19: 1 Dan Leitner 50:42.1, 2 Dan Gomez 56:35.0.

Male 20-29: 1 Benton Hart 50:28.6, 2 Oscar Anzaldo 59:22. Female 20-29: 1 Kathryn Burralo 1:11:41.4, 2 Mary Beth Perez 1:12:38.5. Male 30-39: 1 William Seaver 51:02.6, 2 Kevin Sage 54:45.0, 3 Curt Royer 56:44.1, 4 Tom Parker 56:57.7, 5 Don Lenkeit 57:20.7. Female 30-39: 1 Joanna Gavin 1:11:04.5, 2 Janie Rodriguez 1:14:17.7, 3 Sue Duggins 1:20:58.8.

Male 40-49: 1 Roger Bryan 53:22.0, 2 Bill Bugler 54:55.0. Female 40-49: Ginger Burrola 1:06:10.0. Male 50 plus: 1Edward Singleton 1:01:48.7, 2 Paul Moore 1:05:35.2. Female 50 plus: Dorothy Thomas 1:14:07.9.

Banning 5K & 10K

May 30, Banning. Men's 5 Kilometer:

12 & Under: 1. Brian Caldwell 22:21; 2. Eric Edman 23:18; 3. Robert McGeough 23:33. 13-16: 1. Mark Henry 18:58; 2. Wayne Howard 19:14; 3. Robbie Youngblood 24:02. 17-29: 1. James Mack 17:53; 2. Mark Roberson 18:42; 3. Gregg Murray 21:21. 30-39: 1. Bob McGeough 17:26; 2. Pat Cashen 18:01; 3. Mike Cashen 19:04. 40-49: 1. Bob Windver 19:14; 2. Will Buebsamen 19:28; 3. Bill Lowry 19:50. 50-59: 1. Ollie Harker 22:06; 2. Bill Heath 23:14. 60 &Over: 1. Clayton Edds 30:34.

Women's 5 Kilometer:

12 & Under: 1. Becky Hollis 27:38; 2. Zoe White 30:25. 13-16: 1. Lisa Youngblood 21:25. 17-29: 1. Suzanne Fox 22:04; 2. Jamette Mack 36:56; 3. Patty Bartoli 38:15. 30-39: 1. Patricla Pearson 26:50; 2. Donna Brust 29:21; 3. Vicki George 37:34. 40 & Over: 1. Virginia Stone 24:41; 2. Wanda Edds 35:47. Men's 10 Kilometer.

12 & Under: 1. Clint Wilber 50:31; 2. Don Redmond 50:32; 3. Danny Redmond 50:53. 13-18: 1. Jack Lafon 41:26; 2. Bill Schwartz 43:03. 17-29: 1. David Edds 37:55; 2. Dennis Lueneburg 38:48; 3. Jose Torres 42:56. 30-39: 1. Dean King 34:10; 2. Duane Carney 38:25; 3. Wayne Stanfield 39:07. 40-49: 1. Will Rogers 44:21; 2. Gene Rotstein 46:30; 3. Roger Bell 47:36. 50-59: 1. Halold Daughters 41:06; 2. Ed Swan 45:46; 3. David Eckenroth 52:56. 60 & Over: 1. John Montoya 48:54.

Women's 10 Kilometer:

13-16: 1. Angie Ortiz 45:14; 2. Taffy Finney 54:57. 30-39: 1. Sandy Popko 50:25; 2. Virginia Robertson 57:53; 3. Janet Stanford 59:33. 40 & Over: 1. Helen Steinwart 56:31.

1981 CCA/TAC One Hour Run

From DAVE BRONZAN

May 31. College of the Sequolas Track, Visalia.

Open Division:

2 Robert Taylor(24)Bartlett Racing 2 Robert Taylor(20)Bartlett 10 mi 947 yd 3 Bryan Patterson(26)Bartlett 10 mi 691 yd 30-39:

1 David Bronzan(33)HighSierra 11 mi 157 yd 2 Don Chapin(34)HighSierra 10 mi 1216 yd 3 Curt Elia(30)Fresno TC 10 mi 735 yd

1 Tommy Upton(46)VisaliaRun 8 mi 1582 yd 50 plus:

1 Len Thornton(50)HighSierra 10 mi 336 yd Juniors (under 20): 1 Scott Durham(17)HighSierra 10 mi 1144 yd

2 Todd Hill(15)un 10 mi 920 yd
3 David Perez(16)HighSierra 10 mi 550 yd

women:
1 Shirley Rojas(19)VisaliaRun 8 mi 1164 yd
2 Jennifer Baker(13)un 8 mi 610 yd
3 Sylvia Santisteven(18)HSTC 8 mi 562 yd

CALIFORNIA TRACK & RUNNING NEWS—

Now in its eighth big year, California Track & Running News is THE track and running publication for the State of California. Keep up with all of the

What's Happening to Pros?

We've all been wondering what's going to happen to the runners who turn pro. If you run in a pro race, are you a pro? If you run against a pro, will you be a pro? Will you be barred from amateur participation for life? What is The Athletics Congress doing about the pros, If anything? Right now athletes are com-

Marathon

Male 14 & under: Bobby Green 4:07:45. Female 14 & under: Maura Diegisi 4:28:55. Male 15-18: 1 Robert Flatland 3:10:34, 2 Trexler Donovan 3:16:45, 3 Vincent Haskell 3:29:35. Female 15-18: 1 Teresa Martin 3:43:02, 2 Fithne Haran 4:50, 3 Lauren Lebovitz 5+. Male 19-29: 1 Jeff Johnston 2:30:56, 2 Virginio Deuralo 2:33:27, 3 Fred Frauens 2:35:59. Female 19-29: 1 Kim Boehme 3:16:46, 2 Gay Hunter 3:19:35, 3 Melinda Creel 3:20:11. Male 30-39: 1 Randy Belzer 2:35:10, 2 Stephen Sidney 2:43:52, 3 Ralph Duckett 2:47:21. Female 30-39: 1 Florianne Harp 3:01:21, 2 Annemarie Soetje 3:25:59, 3 Susan Laing 3:30:44. Male 40-49: 1 Bill Catanese 2:48:58, 2 Don Ramirez 2:53:04, 3 Rick Zamarippa 3:01:14. Female 40-49: 1Michele Gauthier 3:25:37, 2

Barbara Miller 3:57:16, 3 Karen Coman 5+.

15:40.4. 2 Al Masterson 16:08.1, 3 Irv Hay 16:14, 4 Bob Mapstead 16:27, 5 Michael Cook

M30-39: 1 Brice Hammerstein 17:33, 2 Jerry Ashcraft 17:45, 3 Dan Gutierrez 17:47. M40-49: 1 Tom Richards 16:35, 2 Bob Edwards 18:14. M50 plus: 1 Tad Fujioka 20:26, 2 Patrick Culligan 21:57.

Female 12&u: Norvella Coleman 20:00.4 F13-15: 1 Teresa Dillon 20:27, 2 Julie Thomas 21:48, 3 Tami Roach 22:11, F16-18: 1 Rosalie Morales 18:50, 2 Heidi Wuerch 22:40, 3 Kathy O'Toole 27:02. F19-29: 1 Aurora Estrada 20:26. 2 Kathy Dewet 22:43, 3 Christina Hinkle 23:32. F30-39: 1 Pam Morris 23:50, 2 Henrietta Mascarro 24:04, 3 Marian Bausley 24:17. F40-49: 1 Sally Wozniak 24:26, 2 Carolyn Plowman 26:03, 3 Nancy Heersema 26:17. F 50 plus: Anne Haynes 32:16.

What's Happening to Pros?

We've all been wondering what's going to happen to the runners who turn pro. If you run in a pro race, are you a pro? If you run against a pro, will you be a pro? Will you be barred from amateur participation for life? What is The Athletics Congress doing about the pros, if anything? Right now athletes are competing for money one week and running in the amateur runs the next. Nothing is happening. But, as the letter below indicates. TAC may be ready to make some waves for the pros. We'll try to keep you informed. It is suggested that athletes who feel action will be taken against them, ban together for better communications, support, and legal council.

The following letter, dated June 10, was received by Rich Langford of the Aggie Running Club who won money in the LA Jordache Marathon, It is from the Pacific Association TAC.

Dear Mr. Langford:

You are charged with having violated sections d, g and j of Rule 11 of the Operating Rules of the Athletics Congress of the USA, Inc., and sections (i) and (ii) of Rule 53 of the International Amateur Athletic Federation.

Specifically, you are charged with having committed the following acts, which are detrimental to the objectives, programs or ideals of TAC/USA and which tend to bring disrepute upon The Athletics Congress and the subject sport:

Participation in the Los Angeles Jordache Professional Marathon on March 29, 1981, which event was not sanctioned by The Athletics Congress, and which event included competitors who were ineligible to compete under IAAF rules, and

Converting into cash an award or prize won in competition in the Los Angeles Jordache Professional Marathon.

You are to respond to these charges in writing by certified mail addressed to the Chairman of the Registration Committee, whose name and address are given at the end of this Notice, within ten (10) days prior to the date set for hearing.

The hearing on these charges will be held at 7:30 PM, Friday, July 10, 1981, in Room 254, Speech Building, Sacramento State University.

If you are found guilty of one or more of the offenses charged, the Registration Committee has the power to impose discipline ranging from censure only, suspension for a definite period of time or for life, and/or various periods of probation, with or without suspension, based on certain conditions of conduct.....

Male 13 & under: 1 David Anderson 17:23.4, 2 John Chavez 19:18.3. Female 13 & under: 1 Noel Foster 20:41.8, 2 Rebecca Jones 20:43.6. Male 14-19: 1 Robert Miller 14:43.7, 2 Rick Simental 16:09.9, 3 Tim Schendne 16:33.8. Female 14-19: 1 Alesha Duggins 21:13.6, 2

19:04. 40-49: 1. Bob Windver 19:14; 2. Will Buebsamen 19:28; 3. Bill Lowry 19:50. 50-59: 1. Ollie Harker 22:06; 2. Bill Heath 23:14. 60 &Over: 1. Clayton Edds 30:34. Women's 5 Kilometer:

12 & Under: 1. Becky Hollis 27:38; 2. Zoe White 30:25, 13-16: 1. Lisa Youngblood 21:25.

David Perez(16)HighSierra 1 Shirley Rojas(19)VisaliaRun

2 Jennifer Baker(13)un

8 mi 1164 vd

8 mi 610 yd 3 Sylvia Santisteven(18)HSTC 8 mi 562 yd

CALIFORNIA TRACK & RUNNING NEWS

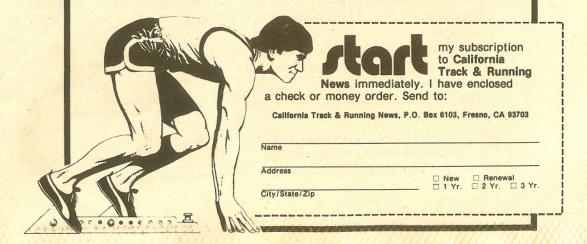
Now in its eighth big year, California Track & Running News is THE track and running publication for the State of California. Keep up with all of the action in the hottest track and running state in the United States by ordering your subscription now.

•12 ISSUES PER YEAR•

☆ PICTURES ☆ RESULTS ☆ PROFILES ☆ ☆ RANKINGS ☆ OPEN ☆ COLLEGE ☆ **☆ WOMEN ☆ COMMUNITY COLLEGE ☆** ☆ HIGH SCHOOL ☆ MASTERS ☆ MORE ☆

\$10.00/1 Year \$18.00/2 Years \$25.00/3 Years

California's Track & Running Publication







BEFORE INTRODUCING THE ZOOM, WE RAN A FEW TESTS.

They looked good on paper. And even better in the lab. These new spikes were definitely the lightest prototypes we'd ever put together—by about 90 grams.

What made that important was the old physiologist's rule-of-foot: for every 100 grams you knock off a pair of shoes, you also cut energy costs by about one percent.

It appeared, we'd come up with the fastest Nikes ever.

But that wasn't the only good news. For all the weight loss, these prototypes showed no loss in cushioning. None.

That really got us going. Because our own studies showed that comfort can also save runners energy.

So we went even further. Introduced the Variable Width Lacing System[™], for a nice, snug fit, especially through the arch. And redesigned the spike plate. So during the weightbearing phase, the spikes would bite the dirt. Not the foot.

We developed models for sprints, distance and indoor. Then the heavy research began. We put them on

international tour. And from the Pan American Games, to the Olympic Trials, to Moscow itself, these spikes began rewriting the record books. Taking more

than their share of victory laps.

That started a lot of people talking. But nobody, nowhere used their

proper name: Prototype #45711 TF.

All they could say was ZOOM.

Sounded good to us.



Beaverton, Oregon