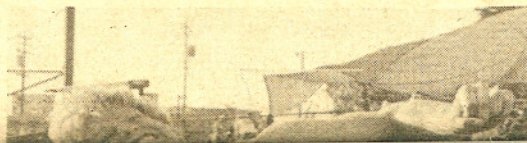
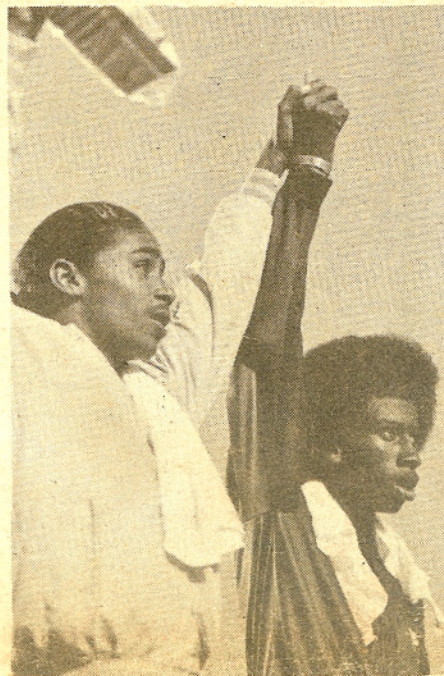


CALIFORNIA TRACK NEWS

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HIGH SCHOOL STATE MEET '79

The Only Publication Devoted to California Track



CALIFORNIA TRACK NEWS

P.O. Box 6103
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EDITOR: *Bill Cockerham*
PRODUCTION MANAGER: *Judy Cockerham*

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TRACK TEASER PUZZLE: *Mike Lennemann, Chuck Skow*

PHOTOGRAPHERS: *Keith Conning, Don Gosney, Richard Lee Slotkin, Bill Leung, Jr., Dave Stock*

HIGH SCHOOL: *Ron Blackwood, Keith Conning, Rich Ede(girls), Mike Kennedy, Jack Shepard(boys)*

4 YEAR COLLEGE—OPEN MEN: *Chuck Skow*

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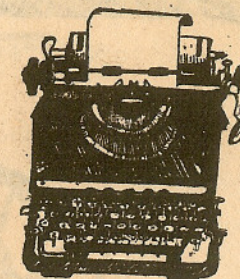
1 Year \$7.00	Published 10 times per year —
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3 Years \$16.00	and September excluded).

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Area Correspondents still needed for many parts of the state. If interested in serving on our staff please write for details.

from the editor...



I was very distressed to read an article in the *Valley News* which suggested there is some skepticism about the legitimacy of the 7 foot high jumps by Tim Poltl of Alemany High School. The article went on to say that all of his 7 foot high jumps (seven of them in all, counting his 7-3 best) have been at his home pit and that the highest he has jumped anywhere else is 6-8.

I noticed that at the Pepsi meet he went out at 6-6. He was ninth and last to qualify (on a jump-off) for the CIF Southern Section Masters Meet and failed to even qualify for the State Meet.

I have never been to Alemany High so don't know the high jump layout and I've never seen Poltl jump, but something smells a little fishy here. As a coach I do know that high jump facilities can easily and unintentionally slip into poor condition and disrepair which can often make them illegal. Some of the things I've seen have been: a sagging bar (measured at the ends); a small build-up of material (a mound) at the point of takeoff; cross bars taped together; leaning uprights; and uprights that actually held the bar on tightly.

Again, I don't know what the situation is at Alemany and I'm not trying to take anything away from Tim - I'm sure he's a great kid. It appears that he is a good 6-8 high jumper.

There was some good news and some bad news floating around at the High School State Meet. The good news is that the high schools will be going metric. The bad news is that they won't be running standard events -- would you believe a 1600 meter run and a 3200 meter run! That's what's in the wind. The reason? It's expensive, apparently, to re-survey a track for metric distances like 1500 meters or 5,000 meters. The 100, 200, 400, 800, and high hurdles are easy to re-do since one merely adjusts

My memory may not be too good and I might be mistaken but it seems to me that back some ten or more years ago when I was an assistant coach at Westmont College we set up our entire track on the metric system with the aid of the calculus and computer classes. We gave them the length of the radius for the turns and the necessary distances (400, 400 relay zones, intermediate hurdle spacing, etc), the calculus class set up the formula and the computer class ran it. They gave us readings to measure right on the curb for all the markings for every lane. Am I off base on this? If not then there is no excuse for not having all tracks done in metric. Check it out.

High school coaches -- don't let these odd-ball distances into the program. It will be a step back instead of a step ahead. Push for the 1500 and 3000 for girls and the 1500 and 5000 for boys. If we can't have these let's stay with the mile and two mile.

More talk circulating at the State Meet was that several 8 lane tracks were being considered for the future and to re-arrange the heat structure (presently 27 athletes participate in each event in the State Meet - which makes three heats with three advancing to the final work out real nice) and select finalists solely on the basis of marks in the heats.

Finally, we've heard rumor that super sprint stars Bill Green and Mike Sanford are going to SC. Another rumor has David Mack and Jeff West going to University of Oregon, and Jeff Nelson heading either to Cal Poly SLO, Oregon, or Glendale CC.

High jumper Dwight Stones, is attempting to make a deal with the Amat-

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ON THE COVER:

begin top left, going clockwise:

1. DAVID MACK (Locke) left and JEFF WEST (Crenshaw). Don Gosney photo.
2. Westchester (L.A.) girls 440 yard relay. Left to right: GWEN LOUD, DEBBIE HAWS, JANICE MOORE, MARCIA ROBINSON. Don Gosney photo.
3. Boy's Two Mile. Dave Stock photo.
4. Girl's Two Mile. Dave Stock photo.
5. DON MOSEBAR (Mt. Whitney, Visalia). Don Gosney photo.

INDIANAPOLIS June 5, 1979 -- The 1980 U.S. Olympic track and field team trials will go to Eugene after all.

In a memo to Amateur Athletic Union track and field committee members sent today from AAU headquarters here, international subcommittee co-chairmen Richard Hollander of Richmond, Va., and Evie Dennis of Denver say that a vote on whether or not to reconsider the ballot that gave Eugene the right to host the trials turned out in favor of the Oregon city.

Eugene had originally gotten the nod as the trials site on February 24 by virtue of a 15-14 ballot of the international subcommittee. The vote took place in New York City, a day after the AAU indoor nationals there.

Shortly afterwards representatives of Durham, N.C. -- the runnerup city in the balloting -- filed a protest against the decision.

The protest led to a tabulation by mail of international subcommittee members on whether or not to reconsider the original ballot.

The results of the ballot are contained in the memo, which says:

"The women's committee voted not to reconsider the February 24 action. There were 9 votes for reconsideration; 16 votes against reconsideration; and 7 members did not vote.

"The results of the men's committee voting now have been tabulated. There were 13 votes for reconsideration; 16 votes against reconsideration; 4 members abstained; and 6 members did not vote.

"The total votes, men's and women's show: 13 votes for reconsideration, 25 votes against reconsideration; and 4 abstentions.

"It appears that neither the women's committee nor the men's committee desires to reconsider the joint action of February 24; and, therefore, the selection of Eugene as the trials site stands."



uation is at Albany and I'm not trying to take anything away from Tim - I'm sure he's a great kid. It appears that he is a good 6-8 high jumper.

There was some good news and some bad news floating around at the High School State Meet. The good news is that the high schools will be going metric. The bad news is that they won't be running standard events -- would you believe a 1600 meter run and a 3200 meter run! That's what's in the wind. The reason? It's expensive, apparently, to re-survey a track for metric distances like 1500 meters or 5,000 meters. The 100, 200, 400, 800, and high hurdles are easy to re-do since one merely adjusts the start and/or finish line a small amount.

But those events which must have the adjustment measured on a turn are another problem and, supposedly, require a re-survey job.

meet was that several 8 lane tracks are being considered for the future and to re-arrange the heat structure (presently 27 athletes participate in each event in the State Meet - which makes three heats with three advancing to the final work out real nice) and select finalists solely on the basis of marks in the heats.

Finally, we've heard rumor that super sprint stars Bill Green and Mike Sanford are going to SC. Another rumor has David Mack and Jeff West going to University of Oregon, and Jeff Nelson heading either to Cal Poly SLO, Oregon, or Glendale CC.

High jumper Dwight Stones, is attempting to make a deal with the Amateur Athletic Union. If it will reinstate him as an amateur, Dwight will drop his law suit he is now bringing against the AAU.

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C.T.N. INTERVIEW:

JEFF VOORHEES

by BILL COCKERHAM



photo by Don Gosney

JEFF VOORHEES: Santa Rosa Junior College, sophomore. 6 feet, 4 inches; 270 pounds. Age 23. Born March 20, 1956, in Riverside, California. Also competed for Tulelake High School and Fort Jones High School.

Best Marks:

High School- shot put 50-10 (75), discus 142-6 (75).

College- shot put 58-2½ (79), Discus 170-6 (79).

Coached by his father Chuck Voorhees.

A state championship! What more could one want, especially considering the next competitor was five feet back. Yes, the junior college state shot put title was sweet, but Jeff Voorhees has much more in mind. This interview was written up just before the state meet.

CTN: Santa Rosa has produced a number of pretty good weight men. How do you stack up to the school records?

Voorhees: This year, so far, I have improved the school record in the shot from 54-1½ to 58-2½. The record was held by Bob Gummerson who went on to compete well for San Jose State and

CTN: Do you follow any special training rules - things like vitamins, sleep, etc?

Voorhees: My training is very strict, no parties, no booze, no women, and very little spare time. This method of training is best for me, because if I'm going to spend 2 hours throwing, 3 hours lifting, and 25 hours of thinking about my event, why should I let something, of relatively no value to me, affect my emotional or physical out-put. After the season is over there will always be plenty of time to enjoy the sweeter things in life.

As far as vitamins are concerned I'm a nut. I think they are very important to the recovery of the body from workout to workout.

Sleep? I try to get no more than 8 hours a night and if I'm tired at all during the day I'll take a one or two hour nap. It's very important to mentally know that you're rested as well as feeling rested. A person can feel rested and still be very fatigued.

CTN: What are your goals for the rest of this season?

Voorhees: My main goal this year is to hit 61 feet at the California State Junior College Championships and thereby break Dave Laut's state meet record of 60-10¾. If I can achieve this as a freshman, I feel my season will have been an ultimate success.

In the discus whether I win or lose is not the most important thing to me. The goal I set for myself in the discus is 175 feet. If I achieve this I will be satisfied, if I achieve this and win, it will be a lifetime dream come true.

CTN: What about long range goals?

Voorhees: My long range goals starting with 1980 are like this: In 1980, as a sophomore, I want to break Ron Semkiw's national junior college shot put record of 62-10 and from there go to the Olympic Trials where anything can happen. By 1983 I want to be the best shot putter in the U.S. and then win the 1984 Olympics in Los Angeles.

My longest range goal, if I can stay-injury free, is to compete in the 2,000 Olympics. I'll be 44 in the year 2000, and if Oerter can do it why not someone else. Wadislaw Komar isn't a youngster either.

CTN: Do you plan to retire after that?

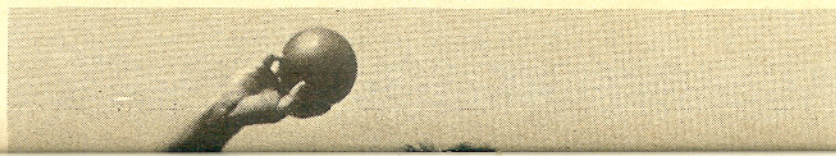
Voorhees: No, I'll keep throwing as long as I can hold a shot.

CTN: Is there any one thing that motivates you in track?

Voorhees: I participate in track because you, the individual, become as good as you push yourself to be. No one has to throw you the ball before you can show your stuff; from the time you walk out on the track until you leave, you're on your own, and if you aren't prepared by then, it is too late. My motto is, "The time you put in, determines the feet you put out."

CTN: How did you get hooked on track?

Voorhees: I first was bitten by the track bug back in the 8th grade in Tulelake. At that time I was playing basketball with a 33 point average and 13 rebounds a game, and if someone were to have told me then that two years later all I would want to be doing is throw a 12 pound iron ball around I'd have said they were crazy. Well, that's what happened.



A state championship! What more could one want, especially considering the next competitor was five feet back. Yes, the junior college state shot put title was sweet, but Jeff Voorhees has much more in mind. This interview was written up just before the state meet.

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In the discus I have also achieved the school record at 170-6. The old record of 162-9 was held by Dave Albritton, who is now throwing for Cal Poly San Luis Obispo.

CTN: Of the two weight events which is your favorite?

Voorhees: My favorite event, without a doubt, is the shot put.

CTN: How often do you like to put the shot in competition. Any preference on competition frequency?

Voorhees: I prefer one meet a week, but if there happens to be more than one, I prime for the one that will be most demanding competitively.

CTN: Any special competition strategy?

Voorhees: My strategy varies with each meet, but the one strategy I always use is, "make the first throw far enough to make finals and absolutely don't foul." This takes the pressure off, and allows me to chase after my throws and extend past the normal limitations.

CTN: Are you peaking for one or two important championship meets - say the State Meet?

Voorhees: I don't necessarily peak for any particular meet; I do try to peak for every meet. What I mean by this is when I throw in a meet I'm going to throw the best I possibly can and at the same time be constantly climbing up the ladder. For a person to peak, to me, means that there must be a dip after that high point.

Myself, I like to train year round on constant progression schedule. No peaks, just throwing better than the throws in the meet the week before.

Sleep? I try to get no more than 8 hours a night and if I'm tired at all during the day I'll take a one or two hour nap. It's very important to mentally know that you're rested as well as feeling rested. A person can feel rested and still be very fatigued.



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My dad, at that time, was coaching a 100 footer who eventually went 198. This young man was Dave Voorhees of Tulelake High School. I went to see Dave throw at his league championships and that was it. I was hooked.

CTN: Are you related to Dave Voorhees?

Voorhees: Dave and I are not sure if we are related or not. Our families originated from the same general areas. We try to keep it simple by telling people we're cousins.

CTN: You graduated from high school in 1975. What happened between then and 1979.

Voorhees: I was married from 1975 to 1977. I was planning to go to junior college in the fall of 1977, but completely severed my left achilles tendon. I was in a cast for over three months. I did make it to JC in the fall of 1978, at which time I began throwing the 16 pound shot for the first time. Those first puts were going out about 45 feet.

CTN: Where are you headed after junior college?

Voorhees: My career objective is to become a CPA. I would like to go to a four year college and major in accounting.

CTN: Has there been any one person who, lately, has been an inspiration to you?

Voorhees: Not really. But if it hadn't been for my junior college coach, Pat Ryan, I wouldn't even be in college throwing the shot. I owe a lot to Coach Ryan.

1979 California high

Text by DON GOSNEY
Event Summaries by
KEITH CONNING

It all began on a hot and dusty day in the middle of a once forgotten stadium in the middle of a once forgotten city called Sacramento. They had come from all over the state to find out for sure; to find out who was really the best. Could Mike Sanford from Pasadena do what no other had ever done and be the first person to win both sprints two years running. Was the Howard machine from San Geronio as well oiled as rumor had it. Could the human eye see Cubberley's Bill Green when he got to moving. Could Berkeley's women overcome their perennial State Meet jinx. Could those men from Richmond get their heads together and show the world that they weren't to be messed with. Was that bundle of energy and exuberance from Westchester as much a joy to watch as she was fast. All of these questions were floating about but the one question that was being spoken by those in the know from all over the state concerned the once fast track in Hughes Stadium.

When they held track meets at Hughes Stadium on a regular basis (they say Fred Flintstone was pretty quick), there were some pretty quick times run on the dirt track. But the peoples of Sacramento had forgotten about Hughes Stadium and because of disuse it became

what many would call a very slow track. Fans at rock concerts had used the backstretch to hold their mudslides. Farmer Jones had planted a very successful orange grove where the 220 was once run.

Despite the agricultural and musical successes of the stadium, however, the CIF had decided that they would run their annual track championships at Hughes Stadium.

The orange trees were cleared and the rock groupies were asked to leave and work began on making the track as fast as it once was. The soil was rototilled to a depth of one foot and fresh clay was brought in to give the proper texture. The moisture was slowly extracted to prevent cracking; the caretaker methodically compacted the soil till it was of the proper firmness. After almost a month, they said it was ready. They said to bring on the athletes.

As it came to pass, the finest and the best traveled from far and near on that incredibly hot Friday. The tournament had begun but before the heats in the 440 relay were half over, the first three lanes looked like a nuclear weapons testing area with pits and craters interspersed among the spots where you couldn't see the pits because of the two inch thick dust. To say the least, the track was a joke.

Despite all this the athletes decided to put on a show anyway. The trials went as expected with only a few changes: many of the Berkeley girls team did not qualify for their events, Richmond's

Ted White false started in his heat of the 100 yard dash, Cubberley's 440 relay failed to qualify and the temperature did not drop when the sun went down.

Going into the finals, the heat was only slightly better than the previous day. The dope sheets said that Cubberly would have to fight hard to get the team title, Mike Sanford was a shoe-in for his sprint double, the Berkeley women were not a certainty for the title, the Howard machine was pretty good and Gwen Loud from Westchester was to be watched all day long.

Starting off the running events, Tonya Alston took her leave from the high jump where she was in a three way tie for first (she eventually was declared the winner) to compete in the 110 yard low hurdles. Her chances in that event were slim, however, after she took an early fall and had to be carried off the track.

In the next event, Berkeley's chance for the team title were shattered when they failed to make the second handoff in the 440 relay. As expected, David Mack and Jeff West excited the crowd in the 880 when Mack closed the enormous gap that existed between West and the rest of the pack to win the event in the final few yards. The men's hundred brought the crowd to their feet when Bill Green overtook Mike Sanford in the last ten yards to win by a yard and thereby destroying Sanford's chance at history.

In the men's two mile run, Jeff Nelson showed why he was the National record holder by winning his event by

almost seventy yards. Bill Green did as expected in the quarter only to find out later that he had taken too many steps out of his lane resulting in his disqualification. He made sure, however, that everyone in the stadium knew that he wasn't to be messed with when he brought his mile relay team from seventh place to third with a tremendous anchor leg.

The most exciting part of the meet came in the form of one very excited young lady from Westchester in Los Angeles by the name of Gwen Loud. After winning the long jump, she rushed over to anchor her 440 relay team to an eight yard victory. After a half hour rest she bounced into the starting blocks on her way to winning the 100 yard dash. Then, with another hour to rest her bones, she flew around half the track to take the winning trophy in the 220. In only two and a half hours, she had accumulated 24 points to give Westchester the team championship. The best part of the show Gwen put on was the way she reacted to winning. Even before she hit the finish line she was bouncing up and down with joy showing one of the biggest smiles anyone could ever hope to see. Watching her smile and bounce around after she won brought back memories of what the sport was all about in the first place. The enthusiasm was there for everyone to see. Here was a young lady who wasn't about to let bad conditions spoil her one chance to show what she could do.

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Girls

GIRLS' 100 YARD DASH



photo by Don Gosney

GWEN LOUD

HEATS: Sherri Howard(San Gorgonio, San Bernardino) had the fastest qualifying time of 10.95. Pre-meet favorite Gwen Loud(Westchester, LA) and Constance Ward(South, Bakersfield) also won their heats.

FINAL: Gwen Loud set a new meet record of 10.61, breaking the old record of 10.6 set by Sandra Howard(Manual Arts, Los Angeles) in 1975.

100 - 1. Loud (Westchester), 10.62 (1.95 aiding wind) (New state meet record, old mark 10.6 by Sandra Howard of Manual Arts, Los Angeles, 1975); 2. S. Howard (San Gorgonio), 10.80; 3. Ware (Berkeley), 10.90; 4. Arnold (Chowchilla), 11.00; 5. BlackLarr (Cajon), 11.02. ...

GIRLS' 220 YARD DASH

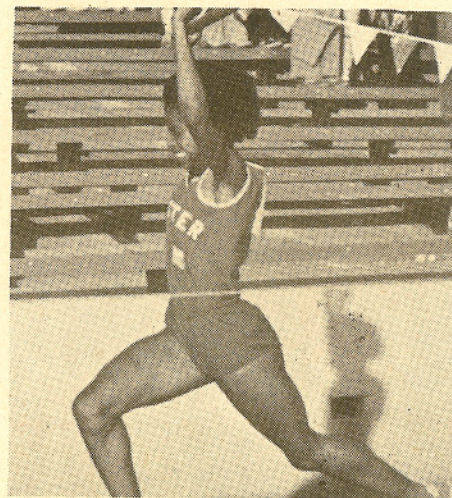


photo by Don Gosney

GWEN LOUD

HEATS: Pre-meet favorite Gwen Loud(Westchester, LA) led qualifiers in 24.10. Yolanda Arnold(Chowchilla) and Marbella Washington (Centennial, Compton) were the other heat winners. Constance Ward(South, Bakersfield) failed to qualify.

FINAL: Gwen Loud set a new meet record of 23.53 breaking the old mark of 23.97 set by Kim Robinson(Westchester, LA) in 1977. Sharon Ware(Berkeley) false started.

220 - 1. Loud (Westchester), 23.54 (3.02 aiding wind) (New state meet record, old mark 23.97 by Kim Robinson of Westchester, 1977); 2. Washington (Centennial), 24.32; 3. King (Berkeley), 24.49; 4. Arnold (Chowchilla), 24.61; 5. Kelly (Irvine), 24.69. ...

GIRLS' 440 YARD DASH

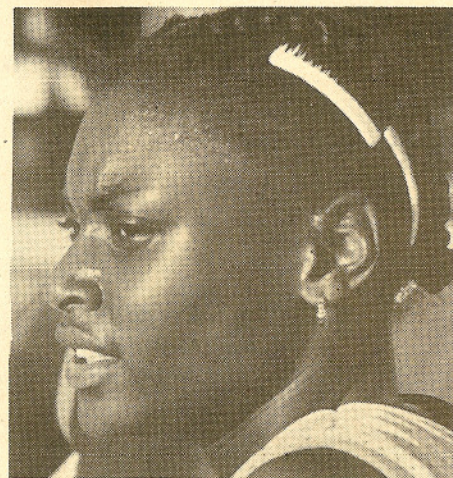


photo by Dave Stock

SHERRI HOWARD

HEATS: Pre-meet favorite Sherri Howard (San Gorgonio, San Bernardino) led the qualifiers with 55.48. Kim White(Berkeley) and Denean Howard, Sherri's sister, were the other heat winners.

FINAL: Sherri Howard set a new national and meet record of 53.65. The old records were 54.2 by Merry Johnson(Canyon, Texas) and 54.30 by Arlise Emerson(Westminster) 1978. White was second in 54.77 followed by Denean Howard in 55.14.

440 - 1. S. Howard (San Gorgonio), 53.65 (New national interscholastic and state meet record old national mark 54.2 by Johnson of Canyon, Texas, 1977; old state meet mark 54.3 by Alice Emerson of Westminster, 1978); 2. White (Berkeley), 54.78; 3. D. Howard (San Gorgonio), 55.15; 4. Dennis (Monrovia), 56.53; 5. Stewart (Jordan, Los Angeles), 57.35. ...

GIRLS 880 YARD RUN

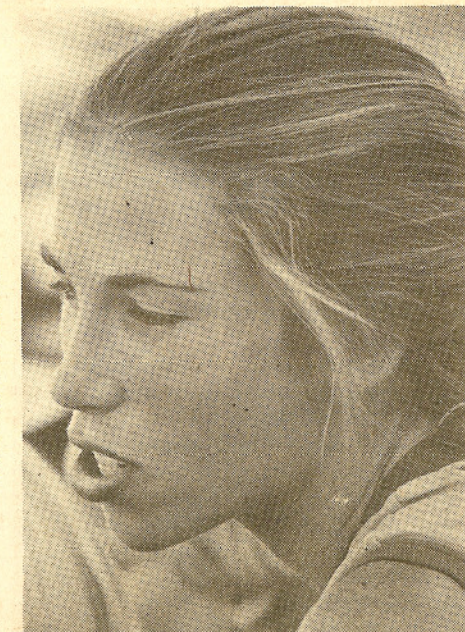


photo by Don Gosney

ANN REGAN

HEATS: The heat winners were defending champion Ann Regan(Camden, San Jose), freshman Maria King(Ayer, Milpitas) and Louise Romo(North, Torrance).

FINAL: Pre-meet favorite Ann Regan easily won her third-straight title in 2:10.21.

880 - 1. Regan (Camden, San Jose), 2:10.3; 2. Romo (North Torrance), 2:11.5; 3. Goen (North, Bakersfield), 2:12.2; 4. Martel (Piedmont), 2:12.2; 5. King (Ayer, Milpitas), 2:14.4. ...

school state meet

GIRLS' ONE MILE RUN

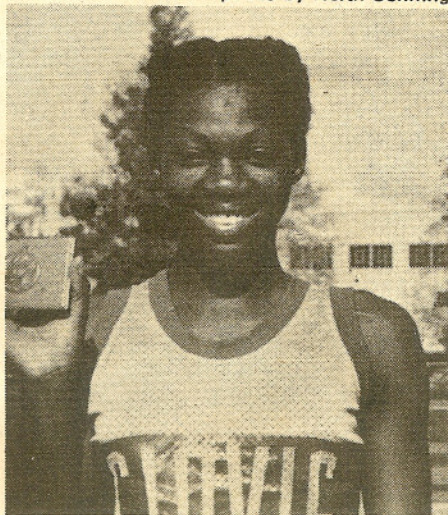
3:58.8, 5:20.3, 6:41.0, 8:02.1, 9:20.9. Freshman Vickie Cook(Chaminade, Canoga Park) scratched in order to concentrate on the mile.

TWO MILE - 1. Scaduto (Santa Monica), 10:35.0; 2. Schmandt (Santa Barbara), 10:39.3; 3. Bier (Independence, San Jose), 10:41.0; 4. Ebner (Bishop Amat), 10:42.1; 5. Ortiz (Tulare Western), 10:49.1.

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GIRLS' 110 LOW HURDLES

photo by Keith Conning



JANET YARBROUGH

HEATS: Judy Young and Sherifa Sanders of Berkeley failed to qualify. They had been picked to finish third and fifth by Mike Kennedy of the Los Angeles Times, the leading authority on California prep track. The San Jose Mercury News dopesheet prepared by Howard Willman and Fran Errota had picked Young for second. Yolanda Arnold(Chowchilla) had the fastest qualifying time of 14.15. Celoa Bullett(Centennial, Compton) and pre-meet favorite Alesia Sweeney(Tamalpais, Mill Valley) were the other heat winners.

FINAL: Janet Yarbrough(Clovis) defeated



LINDA GOEN

HEATS: Lisa Scaduto(Santa Monica) had the fastest heat time of 5:02.11. Freshman Vickie Cook(Chaminade, Canoga Park) won the other heat in 5:03.55.

FINAL: Linda Goen(North, Bakersfield), who had won this event in 1977 and was third in 1978, came back to win again in 4:51.08. Vickie Cook was second in 4:51.59. Sophomore Tracy Weber(Lynbrook, San Jose) was third in 4:51.68.

MILE - 1. Goen (North, Bakersfield), 4:51.1; 2. Cook (Chaminade), 4:51.6; 3. Weber (Lynbrook, San Jose), 4:51.9; 4. Kneeshaw (Foothill, Santa Ana), 4:53.3; 5. Bier (Independence, San Jose), 4:57.5.

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GIRLS' TWO MILE RUN

HEATS: Pre-meet favorite Berkeley, the leading team in the nation, had the fastest qualifying time of 46.58, defeating Westchester, LA by 1.11. Two Sac-Joaquin Section teams -- Cordova(Rancho Cordova) and Edison of Stockton -- won the other heats. South of Bakersfield did not run. Pacific of San Bernardino was disqualified.

FINAL: San Gorgonio, one of the favorites for the team championship, did not complete the pass from their first runner, Sherri Howard, to their second runner, Denean Howard. Then Berkeley's third girl, sophomore Tanaya King, took off too early and never received the pass from Kim White. Gwen Loud of Westchester, LA, needed no more help to win going away in 47.19.

440 RELAY - 1. Westchester (Robinson, Moore, Hawes, Loud), 47.20; 2. Cordova-Rancho Cordova, 48.46; 3. Santa Ana Valley, 48.60; 4. Edison-Sacramento, 48.65; 5. Tamalpais-Mill Valley, 48.73. (San Gorgonio and Berkeley did not finish).

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GIRLS' MILE RELAY

HEATS: Pre-meet favorite San Gorgonio of San Bernardino ran the fastest heat time of 3:54.93. Long Beach Poly and Berkeley won the other heats. Fountain Valley and North of Bakersfield failed to qualify.

FINAL: San Gorgonio set a new national and state record of 3:44.05. The old national mark of 3:49.5 was set by Marshall, Oklahoma City in 1978. The old state record was 3:51.29 by Fremont of Los Angeles in 1978. The San Gorgonio team was composed of the four Howard sisters (Arta 58.2, Tina 58.2, Denean 53.7, and Sherri 52.9). Long Beach Poly was second in 3:46.42 also under the old national and state records.

MILE RELAY - 1. San Gorgonio (A. Howard, 58.2; T. Howard, 58.2; D. Howard, 53.7; S. Howard, 52.9), 3:44.1 (New national interscholastic and state meet record, old national mark 3:44.9 by San Gorgonio, 1979; old state mark 3:51.3 by Fremont-Los Angeles, 1978); 2. Long Beach Poly, 3:46.42; 3. Berkeley, 3:55.0.

FINAL: Leslie Deniz, who didn't even qualify for this meet last year, set a new national and state record of 167-1. The old national mark of 161-11 was set by Helene Connell(Jackson, New Jersey) in 1977. Last year Deniz finished second in the Northern Section behind Karen Stampfli(Lassen, Susanville) and only the winner advanced to the state meet. However, Deniz qualified for the National AAU Junior team last summer. So she went to Moscow, USSR, instead of Bakersfield, California. In second was Linda Read (Alameda) at 147-3, almost 20 feet shorter than the junior from the north.

DISCUS - 1. Deniz (Gridley), 167-1 (New national interscholastic and state meet record, old national mark 161-11 by Connell of Memorial-Jackson, New Jersey; old state mark 159-3 by Deniz of Gridley, 1979); 2. Read (Alameda), 147-3; 3. Springer (Salinas), 145-8; 4. Magnone (Atwater), 136-1; 5. Argento (Kennedy, La Palma), 135-5.

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GIRLS' HIGH JUMP

photo by Dave Stock



TONYA ALSTON

TRIALS: Eleven girls qualified at 5-7. Stacy Newman(Agoura) failed to qualify.

FINAL: Pre-meet favorite Tonya Alston (Chico) won with a jump of 5-9 to defeat defending champion Sue McNeal(Carlsbad) and Trish King(Menlo-Atherton).

FINAL: Linda Goen(North, Bakersfield), 4:51.1; 2. Vickie Cook (Chaminade), 4:51.6; 3. Weber (Lynbrook, San Jose), 4:51.9; 4. Kneeshaw (Foothill, Santa Ana), 4:53.3; 5. Bier (Independence, San Jose), 4:57.5.

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GIRLS' TWO MILE RUN



photo by Dave Stock

LISA SCADUTO

HEATS: No preliminaries.

FINAL: In a big upset Lisa Scaduto(Santa Monica) handed pre-meet favorite Cindy Schmandt(Santa Barbara) her first defeat of the season. Road racer Roxanne Bier(Independence, San Jose) finished third for the second straight year. The splits were: 1:17.8, 2:37.0,



JANET YARBOROUGH

HEATS: Judy Young and Sherifa Sanders of Berkeley failed to qualify. They had been picked to finish third and fifth by Mike Kennedy of the Los Angeles Times, the leading authority on California prep track. The San Jose Mercury News dopesheet prepared by Howard Willman and Fran Errota had picked Young for second. Yolanda Arnold(Chowchilla) had the fastest qualifying time of 14.15. Celoa Bullett(Centennial, Compton) and pre-meet favorite Alesia Sweeney(Tamalpais, Mill Valley) were the other heat winners. FINAL: Janet Yarbrough(Clovis) defeated Michelle Jerald(University, LA) by .02 with Alesia Sweeney in third another .01 back. Tonya Alston(Chico) pulled a hamstring.

110 LOW HURDLES - 1. Yarbrough (Clovis), 14.01; 2. Jerald (University, Los Angeles), 14.04; 3. Sweeney (Tamalpais, Mill Valley), 14.05; 4. Ray (Villa Park), 14.19; 5. Arnold (Chowchilla), 14.23.

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GIRLS' 440 RELAY

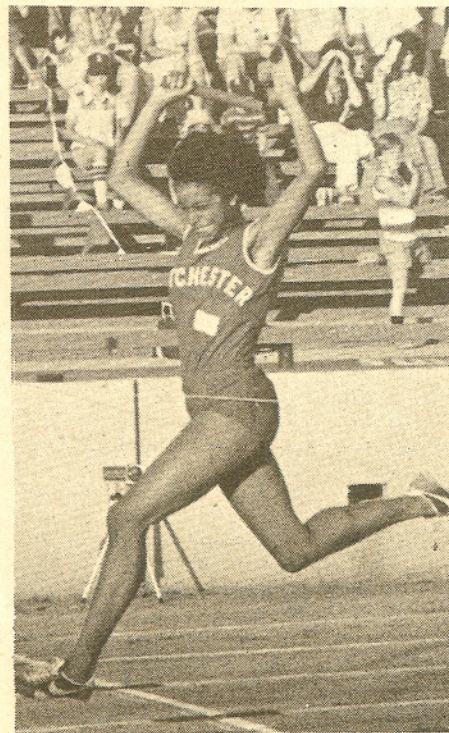


photo by Don Gosney

GWEN LOUD

of Bakersfield failed to qualify. FINAL: San Gorgonio set a new national and state record of 3:44.05. The old national mark of 3:49.5 was set by Marshall, Oklahoma City in 1978. The old state record was 3:51.29 by Fremont of Los Angeles in 1978. The San Gorgonio team was composed of the four Howard sisters (Arta 58.2, Tina 58.2, Denean 53.7, and Sherri 52.9). Long Beach Poly was second in 3:46.42 also under the old national and state records.

MILE RELAY - 1. San Gorgonio (A. Howard, 58.2; T. Howard, 58.2; D. Howard, 53.7; S. Howard, 52.9), 3:44.1 (New national interscholastic and state meet record, old national mark 3:44.9 by San Gorgonio, 1979; old state mark 3:51.3 by Fremont-Los Angeles, 1978); 2. Long Beach Poly, 3:46.3; 3. Berkeley, 3:55.9; 4. Carlemon-Belmont, 3:58.5; 5. Locke, 4:00.5.

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GIRLS' DISCUS



photo by Dave Stock

LESLIE DENIZ

TRIALS: Pre-meet favorite Leslie Deniz(Gridley) set a new meet record of 159-3 breaking the old record of 154-6 set by Christi Pyle (Hoover, Glendale) in 1978. It took 126-11 to qualify for the final. Ramona Ebert(Schurr, Montebello), Gloria Randolph(Livingston) and Julie Bergman(Monte Vista, Cupertino) failed to qualify.



TONYA ALSTON

TRIALS: Eleven girls qualified at 5-7. Stacy Newman(Agoura) failed to qualify.

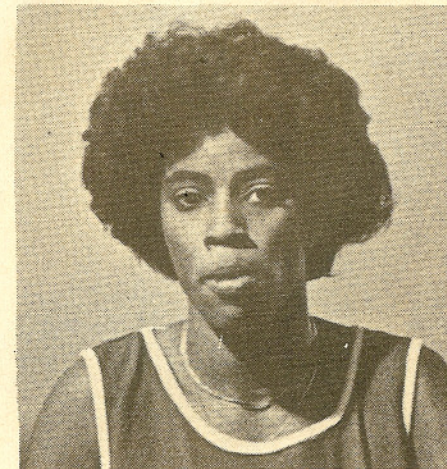
FINAL: Pre-meet favorite Tonya Alston (Chico) won with a jump of 5-9 to defeat defending champion Sue McNeal(Carlsbad) and Trish King(Menlo-Atherton).

HIGH JUMP - 1. Alston (Chico), 5-9; 2. McNeal (Carlsbad), 5-9; 3. King (Menlo-Atherton), 5-9; 4. Lysaght (St. Francis, Mountain View), 5-8; 5. Peters (Northgate, Walnut Creek), 5-8.

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GIRLS' LONG JUMP

photo by Dave Stock



GWEN LOUD

TRIALS: Pre-meet favorite Gwen Loud(Westchester, LA) led the trials with a wind-aided 20-7½. It took 18-0¼ to make the final. Lola Rockwell(Gunn, Palo Alto), Kerry Zwart (Crescenta Valley, La Crescenta) and Sheila Green(Hill, San Jose) failed to qualify.

FINAL: Gwen Loud set a new meet record of 20-4¼ breaking the old record of 20-0¼ set by Jodi Anderson(Washington, LA) in 1976.

LONG JUMP - 1. Loud (Westchester), 20-4¼ (New state meet record, old mark 20-1¼ by Jodi Anderson of Washington-Los Angeles, 1976); 2. Markham (Dorsey), 19-2¼; 3. McLaughlin (Davis, Modesto), 19-1¾; 4. Bell (Garey), 19-0; 5. Stevens (Cualinga), 18-11.

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GIRLS' SHOT PUT ●●●●●●●●●●

photo by Dave Stock



SUSIE RAY

TRIALS: Susie Ray(Villa Park) led the qualifiers with 47-7. It took 43-0 to make the final. Leslie Deniz(Gridley) and Debra Pryor (Holy Names, Oakland) failed to qualify. FINAL: Both Susie Ray at 49-6½ and pre-meet favorite Rosario Ramos(Anaheim) at 49-4¼ broke the meet record of 49-1 set by Kathy Devine(Mission Bay, San Diego) in 1975.

TEAM SCORING LEADERS - Westchester-Los Angeles 24; San Geronimo 19; Berkeley 13; North Bakersfield 9; Villa Park 8; tie among Santa Monica, Camden, Gridley, Clovis and Chico 6.

BOYS' 220 YARD DASH ●●●●●●●●●●

photo by Don Gosney



MIKE SANFORD

HEATS: Pre-meet favorite Mike Sanford (Pasadena) had the best time of 21.47. Kipper Bell(Henry, San Diego) and Ray Threatt (Pittsburg) were the other heat winners. FINAL: Mike Sanford defended his title in 20.99 with Ray Threatt second in 21.23.

220 - 1. Sanford (Pasadena), 21.00 (3.67 aiding wind); 2. Threatt (Pittsburg), 21.52; 3. Hawkins (Warren), 21.52; 4. Bell (Patrick Henry, San Diego), 21.60; 5. Williams (Rio Del Norte, Sacramento), 21.65. ...

BOYS' 440 YARD DASH ●●●●●●●●●●

HEATS: Nathan Williams(Edison, Stockton) led the qualifiers with 47.65. Pre-meet favorite Bill Gross(Cubberley, Palo Alto) and

HEATS: Jeff West(Crenshaw, LA), pre-meet favorite David Mack(Locke, LA) and Darryl Savage(Monroe, LA) each won their heat for a Los Angeles Section sweep. FINAL: David Mack Defended his title in 1:50.17, an excellent performance on the slow Hughes Stadium clay surface. Jeff West was a close second as usual in 1:50.5.

880 - 1. Mack (Locke), 1:50.2; 2. West (Crenshaw), 1:50.5; 3. Brennan (El Camino, Ocean-side), 1:52.3; 4. Quinones (Tulare), 1:53.0; 5. Neucke (Walnut), 1:53.1. ...

BOYS' ONE MILE RUN ●●●●●●●●●●

photo by Don Gosney

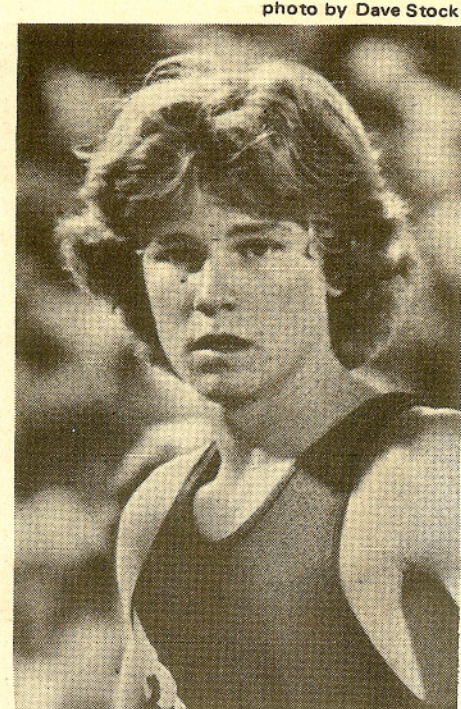
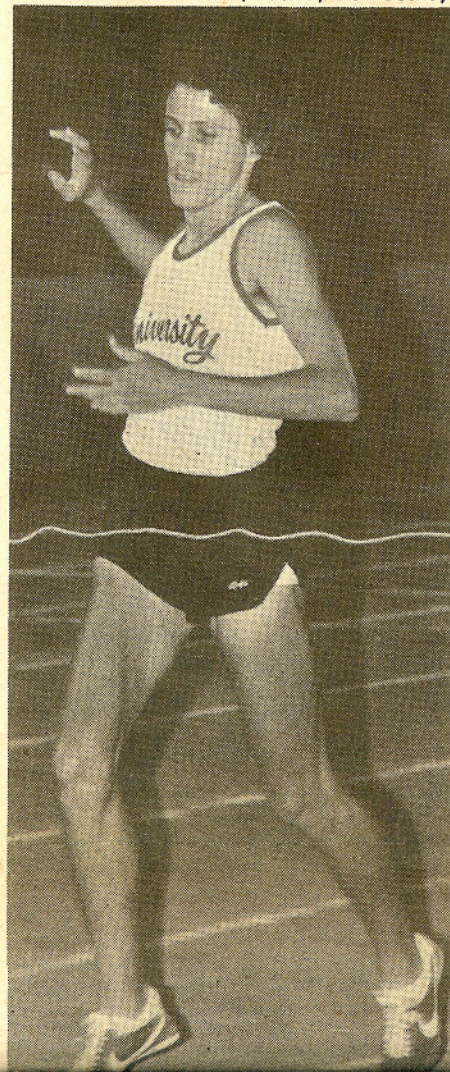


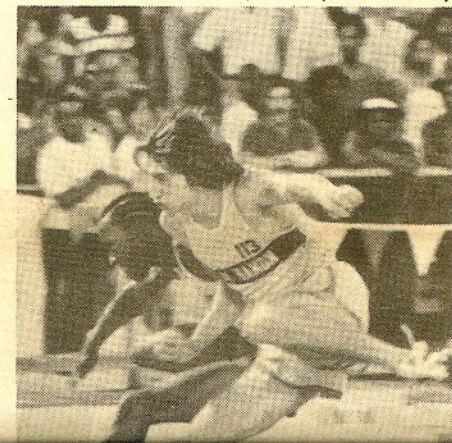
photo by Dave Stock

JEFF NELSON

TWO MILE - 1. Nelson (Burbank), 8:47.4; 2. Downs (Skyline, Oakland), 8:55.7; 3. Wentworth (Livermore), 9:00.5; 4. Whatcott (Burbank), 9:05.9; 5. C. Assurna (Eisenhower), 9:09.2. ...

BOYS' 120 YARD HIGH HURDLES ●●●●●●●●●●

photo by Don Gosney



Boys —————

BOYS' 100 YARD DASH ●●●●●●●●●●

TEAM SCORING LEADERS - Westchester-Los Angeles 24; San Geronio 19; Berkeley 13; North Bakersfield 9; Villa Park 8; tie among Santa Monica, Camden, Gridley, Clovis and Chico 6.

(Pittsburg) were the other heat winners. **FINAL:** Mike Sanford defended his title in 20.99 with Ray Threatt second in 21.23.

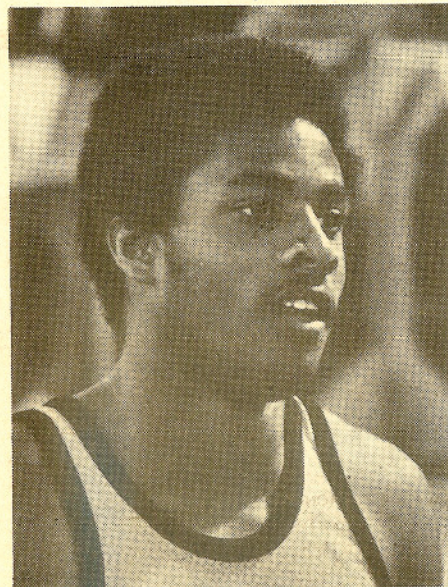
220 - 1. Sanford (Pasadena), 21.00 (.3.67 aiding wind); 2. Threatt (Pittsburg), 21.52; 3. Hawkins (Warren), 21.52; 4. Bell (Patrick Henry, San Diego), 21.60; 5. Williams (Rio Del Norte, Sacramento), 21.65.

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Boys

BOYS' 100 YARD DASH

photo by Dave Stock



BILL GREEN

HEATS: Pre-meet favorite Mike Sanford (Pasadena) had the fastest heat time of 9.81. Bill Green (Cubberley, Palo Alto) and Ron Brown (Baldwin Park) were the other heat winners. **FINAL:** Bill Green upset defending champion Sanford in 9.58. Green switched from the 220 to the 100 this year, because the time schedule does not permit a 440-220 double.

100 - 1. Green (Cubberley, Palo Alto), 9.59; 2. Sanford (Pasadena), 9.66; 3. Brown (Baldwin Park), 9.76; 4. Hawkins (Warren), 9.85.

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BOYS' 440 YARD DASH

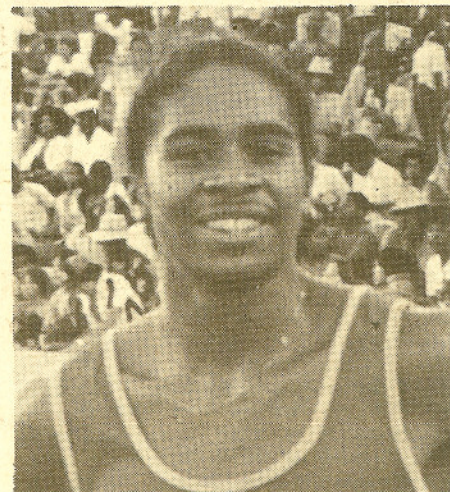
HEATS: Nathan Williams (Edison, Stockton) led the qualifiers with 47.65. Pre-meet favorite Bill Green (Cubberley, Palo Alto) and Kevin Mollins (Sacramento) won their heats. George Timmons (Edison, Fresno) finished third in 49.46, but was disqualified for running out of his lane. David Mack (Locke, LA) scratched from the 440, so that his team could try for the national record in the mile relay. **FINAL:** Bill Green finished first in 46.27, but was disqualified for running out of his lane. Tony Banks (Morse, San Diego) set a new county record of 47.27 in finishing second.

440 - 1. Banks (Morse, San Diego), 47.28; 2. Williams (Edison, Stockton), 47.83; 3. Hollins (Sacramento), 48.44; 4. Nicholson (Menlo-Atherton), 48.72; 5. Hill (Richmond), 48.80.

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BOYS' 880 YARD RUN

photo by Don Gosney



DAVID MACK



PAUL MEDVIN

HEATS: Pre-meet favorite Paul Medvin (University, LA) won the first heat in 4:14.80. Steve Whitcomb (Helix, La Mesa) won the second heat in 4:19.04.

FINAL: Paul Medvin easily defended his title in 4:12.82. Steve Whitcomb was second in 4:14.51. Eric Sappenfield (Santa Barbara) led the first lap in 67.3. Rex Pugh (Highlands, North Highlands) led the second lap in 2:11.4. Medvin took over at three laps with 3:14.1 and ran his last lap in 58.8.

MILE - 1. Medvin (University, Los Angeles), 4:12.9; 2. Whitcomb (Helix, San Diego), 4:14.6; 3. Arriola (Gahr), 4:15.1; 4. Fields (Granada Hills), 4:15.4; 5. Fairman (Thousand Oaks), 4:15.9.

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BOYS' TWO MILE RUN

HEATS: None. **FINAL:** Ken Ernst (El Dorado, Placentia) led the first lap in 64.3. Rob Wentworth (Livermore) led the second and third laps in 2:11.6 and 3:20.0. Chuck Assumma (Eisenhower, Rialto) ran the mile by in 4:27.8. Defending champ and pre-meet favorite Jeff Nelson (Burbank) then took over with splits of 5:34.1, 6:41.7, 7:46.7, 7:47.0 and finished first with 8:47.35. Thus he ran the last half mile in 2:00.7! Tom Downs (Skyline, Oakland) placed second in 8:55.64 with Wentworth third in 9:00.45. Jeff Woodland (La Jolla) was a disappointing twelfth in 9:20.13.



JIM SCANELLA

HEATS: Jim Scannella (San Ramon, Danville) had the fastest qualifying time of 14.12. Gary Lee (Long Beach Poly) and Brennan Redd (Wilson, San Francisco) won the other heats. Don Ward (St. Mary's, Berkeley), Kenneth Fisk (Dorsey, LA), and Frank Williamson (Skyline, Oakland) failed to advance.

FINAL: Jim Scannella and Gary Lee virtually dead heated in 13.87. Pre-meet favorite Henry Andrade (Johnson, Sacramento) false started.

120 HIGH HURDLES - 1. Scannella (San Ramon, Danville), 13.87 (.68 aiding wind); 2. Lee (LB Poly), 13.88; 3. Evans (South Gate), 14.20; 4. Holloway (Apple Valley), 14.53; 5. Barnett (El Cerrito), 14.57.

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BOYS' 330 YARD LOW HURDLES

HEATS: Jim Scannella (San Ramon, Danville) led the qualifiers with 36.75. Pre-meet favorite Gary Lee (Long Beach Poly) and Vincent Newsome (Vacaville) captured the other heats. **FINAL:** Gary Lee defended his title and set a new meet record of 36.21 breaking the old

mark of 36.2 by Dedy Cooper(Ells, Richmond) in 1975. Scannella was second in 37.01.

photo by Dave Stock



GARY LEE

330 LOW HURDLES - 1. Lee (LB Poly), 36.22 (New state meet record, old mark 36.2 by Dedy Cooper of Harry Ells, Richmond, 1975); 2. Scannella (San Ramon, Danville), 37.01; 3. Andrade (Johnson, Sacramento), 37.20; 4. Holloway (Apple Valley), 37.36; 5. Silva (Casa Roble, Sacramento), 37.50.

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BOYS' DISCUS

photo by Dave Stock



HANK KRAYCHIR

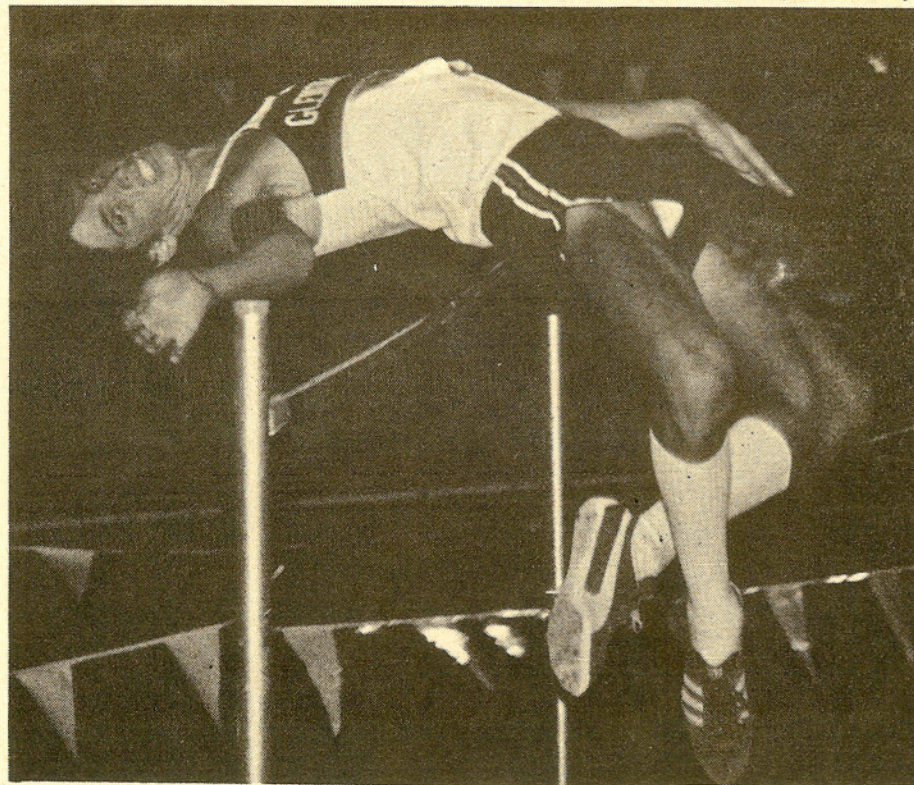
TRIALS: Pre-meet favorite Hank Kraychir (San Jacinto) led the qualifiers with 175-3. It took 166-2 to qualify for the final. Rick Weyers(Awalt, Mountain View) and Ben Adley (Riordan, San Francisco) failed to qualify. **FINAL:** Kraychir won with a toss of 179-3 with Ken Mills(University, Irvine) second with 176-3.

DISCUS - 1. Kraychir (San Jacinto), 179-3; 2. Mills (University, Irvine), 176-3; 3. Dressel (El Dorado, Placentia), 170-7; 4. Branner (Fullerton), 169-10; 5. Nickerson (Cordova, Rancho Cordova), 166-3.

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BOYS' HIGH JUMP

photo by Don Gosney



LEE BALKIN

TRIALS: Thirteen boys qualified at 6-8. Ror Harvey(Skyline, Oakland) failed to qualify. **FINAL:** Pre-meet favorite Lee Balkin(Glendale) set a new meet record of 7-3 $\frac{1}{4}$ breaking the old record of 7-2 set by Dennis Smith(Santa Monica) in 1977. Balkin's jump makes him the

second best of all-time behind Gail Olson (Sycamore, Illinois) at 7-4 $\frac{1}{2}$.

HIGH JUMP - 1. Balkin (Glendale), 7-3 $\frac{1}{4}$ (New state meet record, old mark 7-2 by Dennis Smith of Santa Monica, 1977); 2. Schiefer (Madison), 6-11; 3. Weaver (Calexio), 6-11; 4. tie between Wilson (Hayward) and Smyth (Dana Hills), 6-10.

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BOYS' 440 RELAY

photo by Don Gosney



BOYS' LONG JUMP

photo by Dave Stock



TRIALS: George Gaffney(Lemoore) led the qualifiers with a 24-2 $\frac{1}{2}$ wind-aided jump. It took 23-0 $\frac{1}{2}$ w to qualify. Steve Bruce(Menlo-Atherton) and Anthony Evans(South Gate) failed to qualify.

FINAL: Gaffney won with a jump of 24-1 $\frac{1}{2}$. Alonzo Jackson(Oakland) took second with 23-11.

BOYS' 440 RELAY

photo by Don Gosney



(left to right): TYRONE ERVINE, TROY DELAMAR, MELVIN COOK, MIKE SANFORD

HEATS: Pasadena anchored by Mike Sanford had the fastest qualifying time of 41.89. Monroe of Los Angeles and Edison of Fresno won the other two heats. Kennedy of Granada Hills and Cubberley of Palo Alto failed to qualify.

FINAL: Pasadena won easily in 41.45. Pre-meet favorite Richmond only managed to finish third behind Fremont of Los Angeles.

MILE RELAY - 1. Locke (Deary, Kelly, Carter, Mack), 3:14.1; 2. Richmond, 3:17.6; 3. Cubberly, 3:17.7; 4. Dorsey, 3:18.0; 5. Edison-Fresno, 3:18.8.

BOYS' MILE RELAY

HEATS: Pre-meet favorite Locke of Los Angeles led qualifiers in 3:16.47. Cubberley of Palo Alto and Richmond won their heats. Bakersfield and Centennial of Compton failed to qualify.

FINAL: Locke (Deary, Kelly, Carter, Mack) won in 3:14.04. Richmond was a surprise second in 3:17.53 ahead of Bill Green anchored Cubberley 3:17.67.

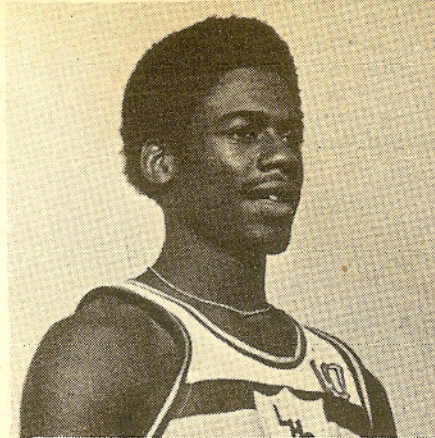
440 RELAY - 1. Pasadena (Ervin, Delamar, Cook, Sanford), 41.45; 2. Fremont- LA, 41.73; 3. Richmond, 41.89; 4. Norte Del Rio- Sacramento, 41.95; 5. Monroe-LA, 42.05.

record of 7-2 set by Dennis Smith(Santa Monica) in 1977. Balkin's jump makes him the

state meet champion, 1977; 2. Schiefer (Madison), 6-11; 3. Weaver (Calexio), 6-11; 4. tie between Wilson (Hayward) and Smyth (Dana Hills), 6-10.

BOYS' LONG JUMP

photo by Dave Stock

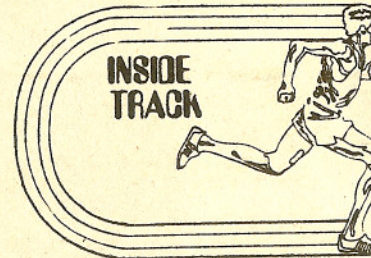


GEORGE GAFFNEY

TRIALS: George Gaffney(Lemoore) led the qualifiers with a 24-2½ wind-aided jump. It took 23-0½w to qualify. Steve Bruce(Menlo-Atherton) and Anthony Evans(South Gate) failed to qualify.

FINAL: Gaffney won with a jump of 24-1¾. Alonzo Jackson(Oakland), the pre-meet favorite, was a disappointing fifth place finisher.

LONG JUMP - 1. Gaffney (Lemoore), 24-1¾; 2. Clemons (Foothill, Bakersfield), 23-10½; 3. Bennett (Chaffey), 23-2½; 4. Lea (St. Genevieve), 23-1¾; 5. Jackson (Oakland), 23-1½.



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BOYS' POLE VAULT

photo by Dave Stock



CLARK ELLIOTT

TRIALS: Thirteen vaulters qualified at 14-0. FINAL: Clark Elliot(Bellflower) upset pre-meet favorite Tim McIntyre(Los Alamitos) with a vault of 15-6 to 15-2. Greg Ellis(Menlo-Atherton) injured an ankle in warm-ups, while trying a new pole that had just arrived. Mike Kenison(Mills, Millbrae) no heighted.

POLE VAULT - 1. Elliot (Bellflower), 15-6; 2. McIntyre (Los Alamitos), 15-2; 3. Letner (Modoc), 11-8; 4. Bahl (Await, Mountain View), 11-8; 5. Worden (Warren), 11-8.

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BOYS' TRIPLE JUMP

photo by Don Gosney



HENRY ELLARD

TRIALS: Henry Ellard(Hoover, Fresno) led the qualifiers with 50-10. It took 46-10 to qualify for the final. Coy Justice(Logan, Union City) and Ivory Small(Tamalpais, Mill Valley) failed to qualify.

FINAL: Ellard won with a jump of 49-2½. Pre-meet favorite Charles Mayfield(Muir, Pasadena) only finished fourth.

STATE MEET

'quotes'

by Keith Conning

TONY BANKS (Morse, San Diego) 440: "I realized a three-year goal in breaking that county record. I set that. The officials gave me the win. I like winning, but I know Bill is faster than I am. They said he stepped over his lane 10 times, I don't know because I didn't see it."

SUE McNEAL (Carlsbad) High Jump: "I slipped at 5-4, that's all. At least I have another year."

BILL GREEN (Cubberley, Palo Alto) 440: "I have no idea exactly what happened. I saw myself touch the line twice. I don't know whether I should have been disqualified. That's for the officials to determine." 100: "I'm basically a second-half runner, so I came on when I had to in order to win."

JIM SCANNELLA (San Ramon, Danville) 120 HH: "Here's my chance. He's (Gary Lee) stumbling and the last part of the race is mine. I'm always a slow starter. I have been practicing my starts a lot lately, but it didn't do any good here. But I usually come on strong at the finish."

TYRONE ERVINE (Pasadena) 440 Relay "Someone would have to be 20 yards ahead of him (Mike Sanford) to beat him. When I finish my leg, the first thing I do is run over to the finish line. It doesn't matter what place we are when he gets the stick, we'll be in first when he finishes. He's the man. Whatever he wants we do. If he wants us to open doors for him we open doors."

JEFF NELSON (Burbank) 2 Mile: "I ran the first mile a little slower than usual and then picked it up and moved away."

WILLIAM RUSSELL (Commissioner, CIF): "Sacramento is subject to consideration upon the improvement of the quality of the track. It is not the type of track suitable for this kind of meet. A lot of work went into this meet, but we

to full compliance of a metric meet, it is very complicated surveying it to English. The mile relay exchange lanes were off Friday night. It is my opinion it would be far better to stay with the facility the way it is."

LESLIE DENIZ (Gridley) Discus: "I'm real happy with what I did. This was definitely my best series (foul, 141-2, 165-11, 162-11, 165-9, 167-1) ever. I worked out most of my flaws in a two-hour practice today with my coach Chuck Voorhees. The conditions were real good. They switched the cage location so the wind came in at an angle. It worked out very nicely."

TONYA ALSTON (Chico) High Jump and Low Hurdles: "I felt a lot better after hearing that (winning the high jump). I felt so good high jumping. I was looking forward to coming back from the hurdles and doing six feet. I really felt that I might have been able to get the national record (6-1). I never have jumped as well as I did." Hurdles: "I was trying to stay low because I got a slow start. But I felt cold. There was no momentum. I didn't get a chance to warm up because of the high jump. Just after they let me go from the high jump, I was called over for the start of the hurdles. Usually I'm tired from warming up. Tonight, I just had butterflies. I think not getting a chance to warm up caused my injury."

HENRY ANDRADE (Johnson, Sacramento) Low-High Hurdles: "I had bad luck yesterday, and it carried over to the highs. I false started. I don't know why they used a whistle in the qualifying and a gun in the finals. That really threw me off. The third place in the 330s was OK, though. I wasn't disappointed with that. I felt I had to run 36.3 to win, and I only ran about 37. But I was just as good as anybody else out there. It broke my heart not even participating in the highs. I was the only one out there who ran last year and I felt the race was mine. I feel I may have let some people down."

TANAYA KING (Berkeley) 440 Relay: "I took off too early and I was going so

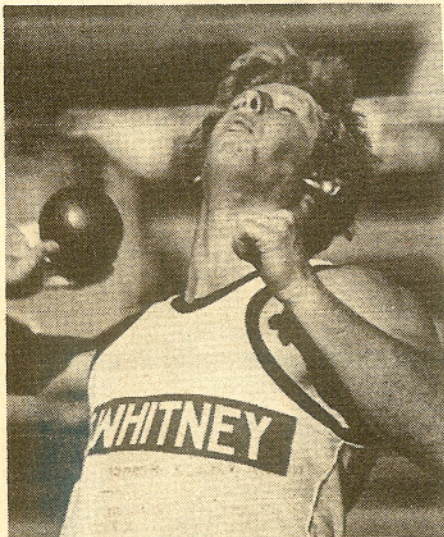
TRIALS: Thirteen vaulters qualified at 14-0. FINAL: Clark Eliot(Bellflower) upset pre-meet favorite Tim McIntyre(Los Alamitos) with a vault of 15-6 to 15-2. Greg Ellis(Menlo-Atherton) injured an ankle in warm-ups, while trying a new pole that had just arrived. Mike Kenison(Mills, Millbrae) no heighthed.

POLE VAULT - 1. Elliot (Bellflower), 15-6; 2. McIntyre (Los Alamitos), 15-2; 3. Letner (Modoc), 14-8; 4. Bahl (Await, Mountain View), 14-8; 5. Worden (Warren), 14-3.

...

BOYS' SHOT PUT

photo by Dave Stock



DON MOSEBAR

TRIALS: John Brenner(Fullerton) led the qualifiers with 63-2. It took 55-11¼ to qualify. FINAL: Pre-meet favorite Don Mosebar(Mt. Whitney, Visalia) won with a toss of 62-6¼, moving up from fourth last year.

SHOT PUT - 1. Mosebar (Mt. Whitney, Visalia), 62-6¼; 2. Spillers (Rowland), 62-4¼; 3. Brenner (Fullerton), 62-1; 4. Armonetti (Campbell), 60-3; 5. Garnett (Muir), 57-7.

...

HENRY ELLARD

TRIALS: Henry Ellard(Hoover, Fresno) led the qualifiers with 50-10. It took 46-10 to qualify for the final. Coy Justice(Logan, Union City) and Ivory Small(Tamalpais, Mill Valley) failed to qualify.

FINAL: Ellard won with a jump of 49-2½. Pre-meet favorite Charles Mayfield(Muir, Pasadena) only finished fourth.

TRIPLE JUMP - 1. Ellard (Hoover, Fresno), 49-2½; 2. Faison (Banning, Los Angeles), 48-9¾; 3. Miller (Fremont, Los Angeles), 48-7¼; 4. Mayfield (Muir), 48-1¼; 5. Underwood (Merced), 47-7¼.

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TEAM SCORING LEADERS - Pasadena 16, Locke 12, San Ramon and Long Beach Poly 10, Cubberly 9, Richmond and Burbank 8, L.A. Fremont 7.

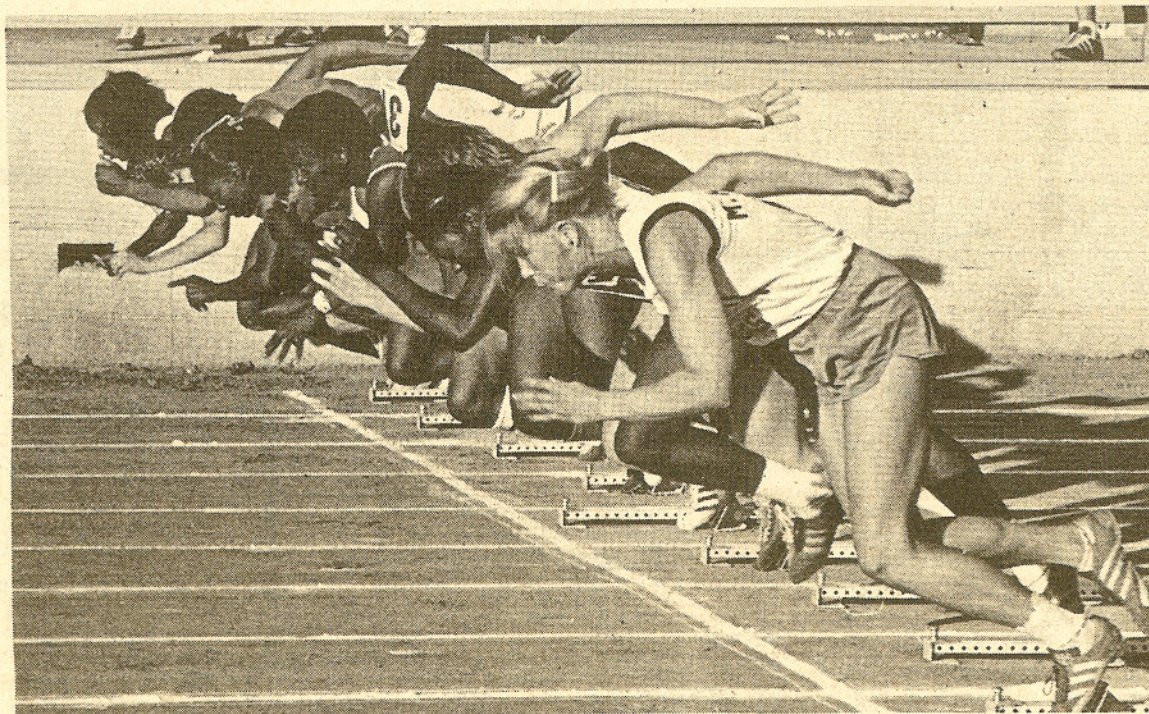
he gets the stick, we'll be in first when he finishes. He's the man. Whatever he wants we do. If he wants us to open doors for him we open doors."

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WILLIAM RUSSELL (Commissioner, CIF): "Sacramento is subject to consideration upon the improvement of the quality of the track. It is not the type of track suitable for this kind of meet. A lot of work went into this meet, but we know that you can't build a hard surface in three weeks. We knew what we were getting into when we came to Sacramento. If you run on a metric track you should run meters. There are problems converting meters to English (yards). When a track like Hughes is laid out

luck yesterday, and it carried over to the highs. I false started. I don't know why they used a whistle in the qualifying and a gun in the finals. That really threw me off. The third place in the 330s was OK, though. I wasn't disappointed with that. I felt I had to run 36.3 to win, and I only ran about 37. But I was just as good as anybody else out there. It broke my heart not even participating in the highs. I was the only one out there who ran last year and I felt the race was mine. I feel I may have let some people down."

TANAYA KING (Berkeley) 440 Relay: "I took off too early and I was going so fast that I couldn't stop. I guess I was too anxious. I feel bad that I let my team down. But my coach (Willie White) told me it is just my first year and I shouldn't feel that way. But it's hard not to." 220: "I'm really happy I placed. Next year I'm going to train really hard."



START OF GIRLS LOW HURDLES FINAL

photo by Dave Stock

U.S.C. vs U.C.L.A.

by RICHARD LEE SLOTKIN

April 28, Drake Stadium, USC vs UCLA DUAL TRACK MEET:

Let me say right up front that distance running is where it's at for me. I work out twice a day, run 10 kilos, 20 kilos, and even the marathon and consider the two mile a sprint. So, my heart really wasn't in it as I drove down the San Diego Freeway to Westwood. However, I felt I owed it to California Track News to cover the hottest dual meet in the state; and besides, I did go to UCLA a long time ago.

As I pulled into the very last vacant spot in the parking lot behind Pauley Pavilion, home of UCLA's 10 time NCAA basketball champs, I began to feel some slight stirrings. Swept up with the large crowd flowing toward the gates of Drake Stadium, the stirrings became stronger. I peeled off at the Press Gate, showed them my pass and entered. Then.....

Wow! Hey! This is UCLA vs SC! Us against them! The biggie! Bruin

So, the stage settings were complete. The teams were there, seeming unusually, and as it turned out, belyingly, blase sitting side by side along the wall bench at Drake's southern end. Both bands, taking turns, got the spectators churned up, the cheerleaders cheering and the pretty pompon girls waving their pompons as though this were a typical Rose Bowl showdown.

Then bringing the whole thing to a peak, the UCLA team went into their traditional huddle and began their crescendo chant: Bruin...Bruin...Bruin.... BRUIN...BRUIN! The crowd began to clap hands rhythmically to the chant. Then, the normally quite and mild mannered 5000 meter runner David Greifinger broke out of the huddle, walked up to the stands and held his hand high in the air signifying Number One. The crowd went bananas.

And, apparently, so did UCLA. By 2:30, UCLA had picked up 16 points in the pole vault and long jump, twice

another 6 point turn around as UCLA took second and third, instead of the possible shutout on many dope sheets. Eric Brown came through for second, setting a school record of 10.20 and hurdler Greg Foster got himself a P.R., taking third in 10.28. From here on

about to snap a 22-meet USC winning streak which went back to 1975, when UCLA beat them 75-70. It also put Bush one-up against USC, with an 8-7 record.

That hot 200 meters not only brought the crowd to its feet, as Sanford just did hold off the fast finishing Foster by one one hundredth of a second in a photo finish. It was also the second fastest 200 this year and when coupled with his world's best 10.12 in the 100, Sanford had himself the best sprint double of this season, not just in the PAC-10, or the U.S.A., but on the planet.

Another impressive USC performer was David Omwansa, from Kenya. This is a sore point with Coach Bush, whose teams are largely "home grown." Never-the-less, the 27 to 32 year old Kenyan, depending upon whom you believe, took two firsts and a second. He won the 1500 (3:50.4) and the 800 (1:47.9) and, he entered the 5000 not realizing that UCLA had by then clinched the win. With Henry Perez tired from the steeplechase because, not knowing he had been disqualified, he ran through the whole thing, Omwansa came in second behind UCLA's Vicken Simonian. Simonian's 14:29.6 was a meet record.

Some other highlights: UCLA's Dokie Williams and Chip Benson took first and second in the long jump. Charlie Brown and Anthony Curran of UCLA upset USC's Jerry Mulligan to take another 1-2, this time in the pole vault. A third 1-2 went to UCLA's Chip Benson and Dwayne Joseph in the triple jump.

Easy winners: Billy Mullins, USC, in the 400 meters, where SC got a 1-2-3 sweep. Who-else-but Greg Foster in the 110 meter high hurdles. David Laut in the shot put.

USC coach Ken Matsuda argued very strongly with the officials over Perez's disqualification. French said that he doubted that Perez actually shoved him, at least not intentionally...."because he just doesn't do that." I saw Perez tap French as if to say "sorry," just after the incident, but I didn't see the infraction.

So, another great L.A. championship meet is history, and in the words of



photo by Richard Lee Slotkin

JIM BUSH

things never did look good for USC, and the lid was finally nailed to the coffin when Foster took second in the 200 meter. In both sprints James Sanford



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Us against them! The biggie! Bruin

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meet is history, and in the words of
Coach Wolfe, "the Trojans will be back."



photo by Don Gosney

BILLY MULLINS

blue and gold! The stands were already
nearly full and there was more than a
half-hour until the first events: the
never-ending pole vault and long jump.
Both schools had bands, pompon girls
and cheerleaders! And, if you were a
Bruin, you just knew something was
going to happen.

This meet was doped so close that
both head coaches, Vern Wolfe of USC
and Jim Bush of UCLA figured it would
be decided by the last event, the mile
relay. SC was generally figured to take
it by no more than 5 points. If you
went by P.R.'s, then you had SC winning
84-70. If you went by this season's
bests, you had the Bruins winning by the
identical score. Close?



photo by Richard Lee Slotkin

DAVID OMWANSA

what they had expected. Then, what
became a 6 point turnaround occurred
in the waterless steeplechase when
USC's Henry Perez was disqualified for
cutting too close in front of UCLA's
Paul French. Perez had been running
a strong second behind Watkin of UCLA
and would have picked up 3 points.
Instead UCLA put a 1-2-3 sweep of the
event. The reason the steeplechase was
waterless was due to damaged plumbing
which supplies the water.

The steeple wasn't the end of SC's
troubles, though. In the 100 meter
dash, Kevin Williams, who was doped to
win, was disqualified for a false start
(did that get a rise out of the predom-
inantly Bruin crowd!) and there was



photo by Richard Lee Slotkin

DAVE LAUT

took first place for the Trojans. As it
turned out, for Kevin Williams to have
taken third in the 100, he'd have had to
run his lifetime P.R. So, it was a really
inspired overall UCLA effort, not the
two USC disqualifications, which won the
meet. The margin wasn't those 12 points
but a shocking 93½ to 60½.

When the 200 meters was completed
UCLA was only 3½ points short of the
78 points necessary to clinch a win,
but they had an almost sure 5 points in
the upcoming 5000 meters. At that
point, I walked up to Coach Bush, who
was very nattily attired for the occasion,
and said, "that ought to just about do
it, Coach." He smiled very broadly and
said, "I love it!" He should have. He was

100—1. Sanford (USC), 10.12 (meet
record, old mark, 10.18, Edwards,
USC, 1977 and 1978; wind .2 m.p.s. aid-
ing); 2. Brown (UCLA), 10.20; 3. Foster
(UCLA), 10.28.

200—1. Sanford (USC), 20.19 (wind .7
m.p.s. aiding); 2. Foster (UCLA), 20.20;
3. tie between Brown (UCLA) and
Bradford (USC), 20.80.

400—1. Mullins (USC), 46.54; 2. Brad-
ford (USC), 46.72; 3. Bethany (USC),
46.82.

800—1. Omwansa (USC), 1:47.9; 2.
Walters (USC), 1:48.6; 3. Brown
(UCLA), 1:52.4.

1,500—1. Omwansa (USC), 3:50.4; 2.
Russell (UCLA), 3:52.6; 3. Lawrence
(UCLA), 3:53.3.

5,000—1. Simonian (UCLA), 14:29.6
(meet record, old mark, 14:37.7, Wil-
liams UCLA, 1979); 2. Omwansa
(USC), 14:42.8; 3. Best (UCLA), 14:43.4.

110H—1. Foster (UCLA), 13.61
(meet record, old mark, 13.69, M.
Johnson, USC, 1977); 2. Stewart (USC),
13.85; 3. Bryggare (USC), 13.95.

400H—1. McNeal (UCLA), 50.97; 2.
Higgins (UCLA), 51.62; 3. Stewart
(USC), 52.72.

3,000 STEEPLECHASE (no water
jump)—1. Watkin (UCLA), 8:49.1; 2.
Gonzales (UCLA), 9:36.3; 3. French
(UCLA), 9:56.2.

400 RELAY—1. USC (K. Williams,
Bradford, J. Sanford, Mullins), 30.91;
2. UCLA, 39.38.

MILE RELAY—1. UCLA (D. Brown,
50.3; McNeal, 48.4; Parker, 47.9; Mc-
Glothlin, 48.1), 3:14.7; 2. USC, 3:19.9.

HIGH JUMP—1. Joseph (UCLA), 7-
6; 2. Smith (USC), 7-6; 3. Leach
(UCLA), 6-8.

POLE VAULT—1. Brown (UCLA),
17-6; 2. Curran (UCLA), 17-6; 3. Mulli-
gan (USC), 16-6.

LONG JUMP—1. D. Williams
(UCLA), 24-3¼; 2. Benson (UCLA), 24-
3¾; 3. Hays (USC), 23-10. Williams
placed ahead of Benson on basis of
best second jump, 24-3½ to 23-9.

TRIPLE JUMP—1. Benson (UCLA),
52-5¼; 2. Joseph (UCLA), 51-9¼; 3.
Hays (USC), 50-11¾.

SHOTPUT—1. Laut (UCLA), 64-8¾
(meet record, old mark, 63-8, Long
USC, 1961); 2. Gordien (UCLA), 62-6; 3.
McKenzie (USC), 57-4.

DISCUS—1. Gordien (UCLA), 183-6;
2. Montgomery (USC), 180-6; 3. Laut
(UCLA), 173-4.

JAVELIN—1. Paananen (USC), 225-
16; 2. Cerit (UCLA), 222-6; 3. DeNitt
(UCLA), 220-4.

Final score—UCLA 99½, USC 68½.



photo by Richard Lee Slotkin

RUTH CALDWELL

Long Beach overcame adversity to win the men's division of the California Community College Track and Field Championships at Memorial Stadium in Bakersfield. El Camino wasn't as fortunate in the women's division.

The windup to the 1979 junior college season produced two national records, one apiece for the men and women. Ironically, both marks came in the mile relay, Long Beach timing 3:07.07 for the men to break the 10-year old standard of 3:08.2 held by Merritt and the San Jose women breaking their week-old mark of 3:52.14 with a 3:49.73 clocking.

timed 39.9, just a tenth off the national record. And he anchored the Jaguars to a second-place 3:08.49 in the mile relay with a 46.6 leg.

All El Camino needed to win the women's meet was a sixth-place finish in the final event, the mile relay. They apparently had it wrapped up when Yvette Evans, who earlier won the long jump in a meet record 19-7½ and the 100 while taking second in the 200, took the final baton. But going around the final turn she pulled up with a leg injury.

National mile relay marks fall

Community College state meet

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by PHIL KLUSMAN

Alameda, behind women's athlete of the meet Debbie White, finished second in the race to tie El Camino and West Valley, which didn't have an entrant, for team title with 42 points apiece. San Jose was fourth with 36 while Santa Rosa, Compton and Orange Coast all tied for fifth with 26.

White was honored for her meet record 24.04 in the 200, her anchor leg on the winning 440 relay team and her second in the 100. Other women's meet records were recorded by Cecelia Sandoval of Modesto with a 144-9 discus throw and Donna Hunerlach of Butte with a 1:00.8 400 hurdles.

Setting meet marks for the men were Paul Bates of Alameda with a 52-4¼ triple jump, Larry Goldston of Mt. San Antonio with a 45.78 400 meters and Steve Ortiz of Grossmont with a 3:45.76 in the 1500. That race apparently took a lot out of Ortiz as the defending champion in the 5,000 had to settle for second behind Sierra's Greg Hitchcock.

Goldston avenged his defeat to Defending state champ Ronnie Williams of Long Beach, who later anchored the Vikings to their national mark in the mile relay with a 45.7, in last week's SoCal Finals. Williams had clocked 45.4 then, but could only manage 46.34 in the state meet.

"I let him get away from me last week," said an exhausted Goldston. "He's more of a speed runner, but when he went by me this time I didn't panic. I kept my composure. I felt with my strength, I could get him at the finish."

Despite his two losses to Jackson, Illorson still could manage a big smile. "Willie is a good runner. He was in better shape than I was." Jackson edged Illorson in the final strides of the 100, 10.49 to 10.51. "The race was so tight, I started overstriding and stumbled," said Illorson, who plans to go to a four-year school next year.

Ruth Caldwell of Citrus defended her state 800 and 1,500 meter titles, but her times were well off last year's meet records. "I don't know what it was," she said, "but when I got out there

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The lone win for host team Bakersfield College came in the discus where Jay Kovar, who finished second in the state high school meet last year for Burroughs, got off a 167-11 effort. Renegade sprint star Greg Illorson, a transfer from University of Idaho, had to settle for second place in both the 100 and 200 to San Jose's Willie Jackson.

The expected battle for the men's title between Long Beach and San Jose was just that. Long Beach won it with 87 points on the strength of Gary Williams' second-place finish in the triple jump, the final event to be scored. San Jose was second with 84½ points. Grossmont was a distant third with 50 tallies and Bakersfield placed fourth with 28.

Viking coach Ron Alice was an unhappy man for most of the evening when the 110 high hurdles was ordered rerun after his two Long Beach runners, Derek Robinson and Darrell Davis, had apparently finished one-two. It seemed someone at the side of the track who wasn't an official had yelled "hold it" just as the gun went off for the first race. Andre Phillips of San Jose was one of those hesitating and wound up well back in the pack.

On the rerun, Davis was eliminated for a false start and Robinson placed third as Phillips won the race in 14.32. "The race should have been rerun," said Phillips. "I hesitated when someone said hold it and by the time I hit the first hurdle I was all messed up."

Phillips wound up as athlete of the meet when he won his speciality, the 400 meter hurdles, for the second straight year, timing 50.8. He also ran a leg on the San Jose 440 relay which

timed 39.9, just a tenth off the national record. And he anchored the Jaguars to a second-place 3:08.49 in the mile relay with a 46.6 leg.

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photo by Ken Isaak



JAY KOVAR

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women

Javelin—1, Jo Ann Walker, Compton, 145.2 (meet record, old record 135.9 by Arlene Mears, De Anza 1977). 2, Elaine Sundry, Foothill, 142.10. 3, Lauri Jones, Monterey Peninsula, 136.8. 4, Tippy Borrego, Cerritos, 135.2. 5, Bonnie Dasse, Orange Coast, 128.9. 6, Gaye Anderson, Ventura, 127.8.

Shot Put—1, Julie Flynn, Glendale, 44.5. 2, Donna Erickson, Shasta, 43.4¾. 3, Patty Shaw, Orange Coast, 42.1. 4, Peggy Pollack, De Anza, 39.8. 5, Michele Morse, Cerritos, 39.4¾. 6, Roxanne Kasperian, Fresno, 39.3¾.

Long Jump—1, Yvette Evans, El Camino, 19-7½ (meet record, old mark 18-11 by Lanessa Jones, LA Southwest 1977). 2, Debra Wilford, Southwestern, 19-4½. 3, Nellwyn Smith, Alameda, 18-10¼. 4, Carole Sanders, Compton, 18-9½. 5, Donna Hunerlach, Butte, 18-0½. 6, Candace Ambie, Bakersfield, 17-10.

High Jump—1, Phyllis Blunston, El Camino, 5-8¼ (meet record, old mark 5-8 by Denise Cornell, Hartnell, 1977). 2, Dorothy Kalzer, Bakersfield, 5-8¼. 3, Deanne Neff, Santa Rosa, 5-8¼. 4, Ester Scherzinger, Cypress, 5-6. 5, Karen Richards, De Anza, 5-4. 6, Vicki Marquez, Ventura, 5-4.

Discus—1, Cecelia Sandoval, Modesto, 144-9 (meet record, old mark 140.2 by Denise Holloway, West Valley, 1978). 2, Julie Flynn, Glendale, 141-1. 3, Patty Shaw, Orange Coast, 132-8. 4, Roxanne Kasperian, Fresno, 131-4. 5, Bonnie Dasse, Orange Coast, 130-2. 6, Lori Wilson, Shasta, 128-2.

400 Relay—1, Alameda (Robbie McGree, Kathy Tyrnski, Nellwyn Smith, Debbie White), 47.39. 2, San Jose, 47.46. 3, Compton, 47.47. 4, El Camino, 47.59. 5, Los Angeles City, 47.6. 6, Modesto, 47.8.

3000 meters—1. Ann Witherspoon, West Valley, 9:55.70. 2. Kathy Perkins, West Valley, 9:56.7. 3. Diana Karg, LA Harbor, 10:08.5. 4. Sabrina Peters (Monterey Peninsula), 10:10.2. 5. Maria Trujillo, Hartnell, 10:15.9. 6. Karey Robinson, San Joaquin Delta, 10:22.2.

100 meter hurdles—1. Jamie Blake, Chabot, 14.87. 2. Diana Macia, Fresno, 14.92. 3. Laura Nagel, Southwestern, 14.97. 4. Karen Kendall, Sierra, 14.99. 5. Laura Held, Orange Coast, 15.40. 6. Liz Robinson, Antelope Valley, 15.49.

1,500 meters—1. Ruth Caldwell, Citrus, 4:34.44 (meet record, old mark 4:43.4 by Arlene Mears, Alameda, 1977). 2. Pam Bowers, West Valley, 4:35.42. 3. Emily Whitney, Glendale, 4:37.87. 4. Connie Hester, Fresno, 4:41.33. 5. Helen Lopez, Bakersfield, 4:44.4. 6. Suzanne Blevins, Diablo Valley, 4:45.2.

400 meters—1. Teresa Philopena, Santa Rosa, 55.37. 2. Joselyn West, San Jose, 55.79. 3. Arlene Van Warmerdam, San Joaquin Delta, 56.2. 4. Karen Wise, Ventura, 56.5. 5. Tanya Bowie, Mt. SAC, 56.5. 6. Connie Hogan, Santa Barbara, 57.1.

100 meters—1. Yvette Evans, El Camino, 11.94. 2. Debbie White, Alameda, 12.00. 3. Carol Sanders, Compton, 12.9. 4. Eloise Mallory, San Jose, 12.39. 5. Tina Gibbs, San Jose, 12.41. 6. Denna Carley, San Jose, 12.48.

800 meters—1. Ruth Caldwell, Citrus, 2:12.97. 2. Pam Bowers, West Valley, 2:13.58. 3. Karen Moore, Moorpark, 2:14.25. 4. Luann Park, Butts, 2:14.50. 5. Tammy Gonzalez, Monterey Peninsula, 2:17.33. 6. Suzanne Blevins, Diablo Valley, 2:17.8.

200 meters—1. Debbie White, Alameda, 24.04 (meet record, old mark 24.2 by Gail Douglas, Compton, 1977). 2. Yvette Evans, El Camino, 24.26. 3. Tina Gibbs, San Jose, 24.39. 4. Beverly Johnson, West Los Angeles, 24.89. 5. Eloise Mallory, San Jose, 24.9. 6. Tanya Bowie, Mt. SAC, 25.2.

400 meter Hurdles—1. Donna Hunerlach, Butte, 60.8. (meet record, old mark 62.8 by Heidi Aufdermaur, Modesto, and Stella Edwinston, San Mateo, both 1978). 2. Laura Held, Orange Coast, 61.6. 3. Kathy Hokmann, West Valley, 62.1. 4. Jackie Borriolo, Santa Rosa, 63.0. 5. Nancy O'Connell, West Valley, 62.1. 6. Laura Nagel, Southwestern, 64.5.

1 Mile Relay—1. San Jose (Eloise Mallory, Della Hampton, Tina Gibbs, Joselyn West), 3:49.73 (National JC record, old mark San Jose 3:52.41, pending, 1979. Old meet record 3:55.64, Chabot, 1978). 2. Alameda, 3:51.74. 3. Santa Rosa, 3:52.54.

4. Butte, 3:54.40. 5. Ventura, 3:59.56. 6. Mt. SAC, 4:06.01.

Women's Final Team Standings—1 (tie). Alameda, El Camino, West Valley, 42. 4. San Jose, 40. 5 (tie). Santa Rosa, Compton, Orange Coast, 26. 8. Glendale, 24. 9 (tie). Citrus, Butte, 20.

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3,000 Meter Steeplechase—1. Carmello Rios, Long Beach, 9:01.1. 2. Mark Lewis, Glendale, 9:01.3. 3. Mike Dyer, West Valley, 9:11.6. 4. Robert Lusitana, Grossmont, 9:12.8. 5. Pat Carroll, Grossmont, 9:17.1. 6. Brian Parks, Southwestern,

440 Relay—1. San Jose (Tim Foster, Andre Phillips, Byron Carmichael, Willie Jackson), 39.9. 2. Long Beach, 40.15. 3. Mt. SAC, 41.07. 4. Citrus, 41.16. 5. Santa Rosa, 41.17. 6. Hartnell, 41.32.

1500 Meters—1. Steve Ortiz, Grossmont, 3:45.76 (meet record, old mark 3:45.9 by Tom Colley, San Bernardino, 1976). 2. John Sup, Monterey Peninsula, 3:45.94. 3. Vernon Sallas, Chabot, 3:46.84. 4. Dan Navarro, Sierra, 3:49.16. 5. Ivan Huff, Hancock, 3:51.22. 6. Will Porter, Canyons, 3:52.2.

800 Meters—1. Vernon Sallas, Chabot, 1:58.44. 2. Hwa Roung Wang, San Bernardino, 1:59.69. 3. Pat Holcombe, San Jose, 1:59.76. 4. Larry Gonzales, Sequoias, 1:59.97. 5. Johnny Gray, Santa Monica, 1:51.06. 6. Gary Herdwick, Long Beach, 1:51.11.

100 Meters—1. Willie Jackson, San Jose, 10.49. 2. Greg Ilorson, Bakersfield; Cameroon, West Africa, 10.81. 3. Tim Foster, San Jose, 10.81. 4. Perry Johnson, Long Beach, 10.82. 5. Jerome Miller, Pasadena, 10.86. 6. Phil Trask, Hartnell, 10.87.

Long Jump—1. Gary Williams, Long Beach, 24.44. 2. Gerald Wilhito, American River, 24.34. 3. Willie Alexander, Fresno, 23.11. 4. Tony Zawinul, Pasadena, 23.10. 5. Tony Pitts, Santa Ana, 23.6. 6. Charles Crews, San Diego City, 23.6.

Hammer Throw, Exhibition—1. Mike Songer, Consumnes River, 134.10. 2. Steve Rohovit, Chabot, 132.8. 3. Tim Bennett, Fresno, 131.1. 4. Larry Sciacqua, Fresno, 129.3. 5. Jerome Franey, Bakersfield, 128.1. 6. Steve Futujima, Oxnard, 126.6.

Shot Put—1. Jeff Vorhees, Santa Rosa, 58.2. 2. Mike Smith, San Mateo, 53.8. 3. Henry Scarbrough, Pasadena, 53.5. 4. Matt Fuchs, Pasadena, 53.3. 5. Leonard Larson, Bakersfield, 53.0. 6. Ron McKee, San Jose, 52.1.

110 Meter Hurdles—1. Andre Phillips, San Jose, 14.32. 2. Tony Gilbert, Santa Barbara, 14.42. 3. Derck Robinson, Long Beach, 14.44. 4. Malcolm Dixon, Foothill, 14.49. 5. Will Patterson, Contra Costa, 14.57. 6. Byron Carmichael, San Jose, 14.89.

400 Meter Intermediate Hurdles—1. Andre Phillips, San Jose, 50.8. 2. Greg Marjama, Butts, 51.9. 3. Terry Richardson, Pasadena, 52.0. 4. Ralph Johnson, San Diego City, 52.8. 5. Mark Stryker, Santa Rosa, 52.8. 6. Ramoan Grubbs, Pasadena, 52.9.

200 meters—1. Willie Jackson, San Jose, 20.72. 2. Greg Ilorson, Bakersfield, 20.90. 3. Ronnie Williams, Long Beach, 20.92. 4. Phil Trask, Hartnell, 21.26. 5. Perry Johnson, Long Beach, 21.4. 6. Rene Scott, Fresno, 21.5.

5,000 meters—1. Greg Hitchcock, Sierra, 14:22.70. 2. Steve Ortiz, Grossmont, 14:28.67. 3. Tim Holmes, Modesto, 14:37.45. 4. David Dahl, Cypress, 14:48.15. 5. Ivan Huff, Hancock, 14:57.46. 6. Malcolm Maxwell, American River, 15:01.32.

Pole Vault—1. Mark Newton, Grossmont, 16.6. 2. Jim Sidler, Orange Coast, 16.0. 3. David Kenworthy, Grossmont, 16.0. 4. Byron Binau, San Jose, 15.6. 5. Bert Johnson, El Camino, 15.6. 6. Ross McAlexander, De Anza, 15.6.

High Jump—1. Doug Nordquist, Fullerton, 7.04. 2. Jerry Sanders, Long Beach, 7.04. 3 (tie). Rod Smith, Pasadena and Mike Edwards, Merced, 6.104. 5 (tie). Joel Wyrick, San Jose and Kerry Myers,

COMMUNITY COLLEGES GO INTERNATIONAL!

by BILL MINARIK

The stature of California Community College track received a tremendous boost during Easter vacation when for the first time, an American Community College met a national track and field team from another country. This historic event took place at the Olympic Training Grounds in Mexico City, matching the Vacqueros of Glendale Community College against the Mexican National Team.

While the combined men and women's team won only 8 events in the two day affair, the men's distance coach, Tom McMurray felt satisfied under the conditions. "The meet was originally scheduled for Friday and Saturday," stated McMurray, "but they moved it up to Tuesday and Wednesday, which gave us virtually no time for training as we didn't arrive until Monday. Since the altitude there is about 7000 feet, our distance runners had virtually no chance as they threw all their world class people against us. That was ashame since distance running has been the strongest part of our program. Actually, I felt based on our strong performance at the Bakersfield Invitational, we could have duplicated any of the winning times, from 800 on up, had we been running at sea level. I really don't feel bad about things since the same runners who were competing against us came up here the following week and cleaned house in all the open distance events at the Mt. SAC Invitational. Their coach told us that we gave them a

The man responsible for setting up this meet was Glendale head coach, John Tansley. At the request of the Mexican government, Tansley spent most of last summer in Mexico working with the Mexican national field event athletes. At the conclusion of the training session, the Mexican National Sports Coordinator invited Tansley to bring his Glendale Community College team down at Easter vacation and face the Mexican Junior National Team. "We accepted the invitation," said Tansley, "however we found out later that Mexico's schools were on a different vacation schedule than we were. Accordingly, the Mexican juniors could not be available for a meet the same week we were. Thus, the National Team was put in its place. They told us we could bring whoever we wanted, and I considered loading up with some big guns, but it would have meant leaving some of our own team home and I didn't feel that was fair. The only major additions to our own team were some alumni we brought along for the hammer throw, and a young race walker."

Tansley went on to say that he thinks the idea of a team taking an extended trip at least once a season is good for team morale. "We started the tradition of taking an all-week trip before Mexico. Traditionally Easter Week for track and the last week of summer for cross country are when we go. This summer our cross country team will spend a week in Hawaii."

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STEVE ORTIZ

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High Jump—1. Doug Nordquist, Fullerton, 7-0¾. 2. Jerry Sanders, Long Beach, 7-0¾. 3 (tie). Rod Smith, Pasadena and Mike Edwards, Merced, 6-10¼. 5 (tie). Joel Wyrick, San Jose and Kerry Myers, Alameda, 6-10¼.

Discus—1. Jay Kovar, Bakersfield, 167-11. 2. Tim Bennett, Fresno, 162-6. 3. Scott Reid, Chabot, 161-1. 4. Bruce Mondello, Fullerton, 160-5. 5. Matt Gauthier, Grossmont, 158-7. 6. Kevin Goods, San Jose, 157-10.

Mile Relay—1. Long Beach (Darryl Sidney, Sam Casser, Devin Lewis, Ronnie Williams) 3:07.07 (National JC record, old mark 3:08.2, Merritt, 1969; old meet record 3:09.0 by LA Southwest, 1974). 2. San Jose, 3:08.49. 3. Mt. SAC, 3:11.10. 4. Foothill, 3:11.64. 5. Consummes River, 3:13.0. 6. Compton, 3:13.3.

Final Men's Point Standings—1. Long Beach, 87. 2. San Jose, 84½. 3. Grossmont, 50. 4 (tie). Bakersfield, Pasadena, 28. 6 (tie). Mt. SAC, Chabot, 22. 8. Santa Rosa, 21. 9. Fresno, 19. 10 (tie). Fullerton, Santa Barbara, Sierra, 14. 13 (tie). Foothill, San Mateo, 12. 15. Alameda, 11½. 16 (tie) San Diego Mesa, Skyline, 10. 18 (tie). Glendale, American River, 9. 20 (tie). Butte, LA Harbor, Monterey Peninsula, Orange Coast, San Bernardino, 8.

Javelin—1. Steve Roller, Skyline, 221-2. 2. Van Wicse, LA Harbor, 218-4. 3. Louie Romero, Desert, 217-8. 4. Dave Rider, San Mateo, 217-7. 5. Jazmel Singh, Sequoias, 210-8. 6. Chris Hurtubise, Santa Rosa, 204-2.

Triple jump—1. Paul Bates, Alameda, 52-4¼ (meet record, old mark 51-7½ by Ken Hays, Pasadena, 1978). 2. Gary Williams, Long Beach, 51-5¼. 3. Tony Gilbert, Santa Barbara, 51-1¾. 4. Norman Alston, Fresno, 50-7. 5. Lonnie Sanders, Consummes River, 50-0¼. 6. Nathan Wil-

400 meters—1. Larry Goldston, Mt. SAC, 45.78 (meet record, old mark 45.79 by Ronnie Williams, LA Pierce, 1978). 2. Ronnie Williams, Long Beach, 46.34. 3. Chris Whitlock, Santa Rosa, 46.69. 4. Joel Ngetich, Foothill, 46.7. 5. Sam Caesar, Long Beach, 47.2. 6. Pat Croft, Los Medanos, 47.5.

10,000 meters—1. Rickey Perez, San Diego Mesa, 29:52.0. 2. Rick Rose, Grossmont, 29:53.6. 3. Paul Sechrist, San Jose, 30:15.2. 4. Carmello Rios, Long Beach, 30:15.3. 5. Kurt Graves, West Valley, 30:49.7. 6. Torry Gibson, Glendale, 31:34.6.

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WEST COAST RELAYS

by KEITH CONNING & BILL COCKERHAM

The high school portion of the 52nd annual West Coast Relays was held on Friday, May 4th and featured several state-wide stars: sprinter Bill Green (Cubberley, Palo Alto), triple jumper Henry Ellard (Hoover, Fresno), miler Linda Goen (North, Bakersfield), shot putter Don Mosebar (Mt. Whitney, Visalia), two miler Rob Wentworth (Livermore), and the Richmond sprint relay team.

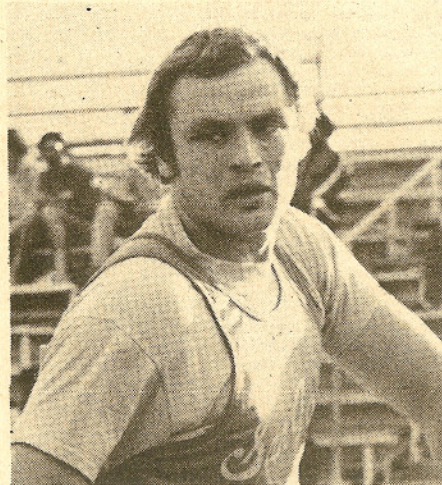
The Sigma Alpha Epsilon Fraternity Award winner was Green. He won the 100 meters in 10.59, anchored his team to first in the 1600 meter relay 3:16.66, and anchored his team to second in their section of the 400 meter relay 42.41. There was a balanced start in the 100 meter dash. Raymond Threatt (Pittsburg) was out first. Green took the lead at 50 meters and held to the finish. Ted White moved into 3rd over the last 20 meters. "I felt pretty good about my race," Green said. "I came out behind some of the faster starters, but I know that if I can stay with them at the beginning I can win. I was looking forward to running in this meet," he said. The 6-0 senior said he has no definite college

and then just block everything else out. I wasn't worried about anybody else. I knew I was going to win." This is the first time Ellard has competed in track at Ratcliffe Stadium. "The crowd really pushes me. They really gave me a lift today. I really enjoyed jumping here. The wind didn't bother me at all." Ellard also placed sixth in the long jump with a wind-aided 21-7½.

Linda Goen won the one mile run in 4:55.3, which was just two seconds over Cheri Williams record set last year. She led from the start. She came by the first lap in 70.0 followed closely by Rene Ortiz (Tulare Western) and Shelly Nieto (Merced). Goen continued to lead at the half in 2:28.7 with Ortiz and Nieto about a yard back. At the 1320 Goen and Ortiz were at 3:46.1, with Nieto eight yards back and Jennifer Heaton (Clovis West) another six yards back. Goen broke the race open over the last 150 yards to win "Goen away." (Thanks to Donna Skow for that quote.) Goen also anchored her 1600 meter relay team to victory with a 400 meter split of 58.6.

Don Mosebar set a new record of 63-8¼ in the shot put, which surpassed the mark of 62-9¾ set by Brad Vassar

photo by Ken Isaak



BOB FEUERBACH

Wentworth ran a half mile leg in 1:57 about one hour before his two mile. "I was confident I would win but I didn't think I'd have that big a lead," he said. "I went out slow and I knew I'd have to set my own pace. The last three laps I was hanging on." Wentworth said he thinks he's in better shape than he was three weeks ago when he ran a 9:08.2 in San Jose. He says he hopes to run an 8:55 or better at the state meet.

The Richmond Oilers won the team title with 23 points by 3 points over Highlands (North Highlands). Sprinter Ted White anchored the Richmond 400

West Coast Relays discus record with the best throw in the world this year - 223 feet, 6 inches -- and it might have been further had it not hooked sharply.

Tuokko's throws were smooth as he twice broke the meet record of 216-9 and exceeded 214 feet five times. He used a borrowed discus because his was found to be too light. "I'm quite satisfied," Tuokko, 27, said of this third throw, which bettered his 220-6 national record.

Canadian Phil Olsen in the javelin and Richard Graybehl in the 400 meter hurdles successfully defended their West Coast Relays titles. Olsen's winning throw of 272-3, second best in the United States this year, came after he bruised or broke the little toe on his right foot as he landed wrong on an earlier toss. Graybehl, the former USC runner, now with the Pacific Coast Club, won the intermediate hurdles in 50.76.

After a promising beginning the weather turned ugly Saturday afternoon when winds gusting to 35 miles per hour spoiled a number of events and prompted some athletes to scratch from others.

The biggest disappointment for the smallest WCR crowd in years, 6,230, was the withdrawal of the University of Southern California's 800-meter relay team, which had been billed as primed for a dash at its world record in the two lapper. USC also pulled out of the 1600 meter relay, two of its standouts (David Omwansa, James Walters) missed the flight to Fresno and did not run in the invitational 800 meters, world 100 leader James Sanford scratched from that race and teammate Kevin Williams, who ran a qualifying heat, elected to bypass the final.

The University of Tennessee, however, had little difficulty making all of its scheduled events and Stan Huntsman's Vols also made a sweep of the relays -- 400, 800 and 1600 -- in the blustery conditions.

There were a number of other no-shows by notable performers for one reason or another and, if that weren't enough, the Accutrack automatic timing system failed during the 100 heats. All races therefore, not eligible for world record consideration. Despite the obvious problems, WCR Director Dutch Warmerdam took an optimistic overview,

(Pittsburg) was out first. Green took the lead at 50 meters and held to the finish. Ted White moved into 3rd over the last 20 meters. "I felt pretty good about my race," Green said. "I came out behind some of the faster starters, but I know that if I can stay with them at the beginning I can win. I was looking forward to running in this meet," he said. The 6-0 senior said he has no definite college

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photo by Don Gosney

KEN THOMAS

plans at present.

Henry Ellard won the triple jump and set a new record of 50-3½, which broke the old record of 50-0½ by Dave Tucker (San Joaquin Memorial, Fresno) set in 1969. Ellard had an outstanding series of jumps: 50-4(3.2 meters per second wind - 2.0 is maximum allowable), 50-3½(1.6), 49-0(3.3), 48-7½(3.3), 49-10(2.4), and 49-1(2.0). Ellard's worst jump was 10 inches better than Kevin Dye's (Highlands, North Highlands) best, who finished second. According to Ellard, "it feels real good" to be number one in the nation. "I just set my goal

(Sonora) in 1975. His series was: 62-7¼, 63-8¼, foul, 62-8, foul, foul. In a two-man competition, Steve Aimonetti (Campbell) took the lead on his first toss in the fourth flight, only to have Mosebar come back in the second round for his meet-record effort. Mosebar also palced third in the discus with 167-1.

Rob Wentworth set a new record in the two mile of 9:06.7, which broke Tom Hale's (Campolindo, Moraga) mark of 9:08.0 set in 1971. Wentworth took the lead during the 2nd lap and ran away from the field to win by about 170 yards. His splits were: 67, 2:14.5, 3:22.1, 4:30.5, 5:38.7, 6:49.2, 8:00.8, 9:06.7.

Wentworth ran a half mile leg in 1:57 about one hour before his two mile. "I was confident I would win but I didn't think I'd have that big a lead," he said. "I went out slow and I knew I'd have to set my own pace. The last three laps I was hanging on." Wentworth said he thinks he's in better shape than he was three weeks ago when he ran a 9:08.2 in San Jose. He says he hopes to run an 8:55 or better at the state meet.

The Richmond Oilers won the team title with 23 points by 3 points over Highlands (North Highlands). Sprinter Ted White anchored the Richmond 400 meter relay team to first with a meet record of 41.40, which broke the old record of 41.89 set by Kennedy (Richmond) in 1975. The team was composed of Chris Lee, Mark Hill, James Wallace and Ted White, who are all seniors. Bakersfield had a slight lead over Richmond at the first exchange. Richmond took command on the next two legs to win going away. Ted White palced third in the 100 meters with 10.76 and teammate Chris Lee was eighth in 11.18. White came back in the 1600 meter relay to hold off all but superstar Bill Green.

In the 110 meter high hurdles all the competitors had an even start. Henry Andrade (Johnson, Sacramento) took a one yard lead at the fifth hurdle. Don Lonsinger (Highland, Bakersfield) moved into second over the last two hurdles.

Larry Clemons (Foothill, Bakersfield) won the long jump with a wind-aided 24-1¼ jump. His first jump in the third flight prelims survived as the winner. Kevin Dye's (Highlands, North Highlands) and Carlos Harrison's (Wasco) jumps for second and third came from the prelims as well. Clemons said: "When I hit the board I thought I was off (foul). But they told me I couldn't have hit it in a better spot. It was really a surprise for me. I hope I can get 25 feet for the Valley Meet." Last Wednesday in a dual meet against East High in Bakersfield, Larry thought he had jumped 24-11½, but unfortunately he scratched by 1 inch.

The big excitement on Saturday in the open-college-and university divisions came from a couple of throwers. Finland's Markku Tuokko broke the

The University of Tennessee, however, had little difficulty making all of its scheduled events and Stan Huntsman's Vols also made a sweep of the relays -- 400, 800 and 1600 -- in the blustery conditions.

There were a number of other no-shows by notable performers for one reason or another and, if that weren't enough, the Accutrack automatic timing system failed during the 100 heats. All races therefore, not eligible for world record consideration. Despite the obvious problems, WCR Director Dutch Warmerdam took an optimistic overview, "Considering everything, I think it went well," he said. "It's still too early to tell, but ticket sales seemed to be okay. The people who compete here love this meet."

Cal Poly's Bart Willimas, who has performed sensationally in the 1979 WCR, applied extra caution in winning the College Division 400 hurdles in 50.92. The man who has clocked 49.4 this year, third fastest in the world at this time, was disqualified here last year for wrapping his trailing leg around four hurdles.

Cal Poly ran away with the College Division team title and Mustang hurdle-sprint star Bart Williams was named the top performer in that class, earning the California Raisin Advisory Board award.

Cal Poly rolled up 69 points to outdistance UC Irvine(45), Hayward State(35½), Los Angeles State(27), and defending champion Long Beach State (26).

In the Community College Division ranks it was Long Beach all the way as they rolled past co-favorite San Jose 75 to 42 in team scoring. Then followed Pasadena(40), Hancock(28) and Santa Rosa(20).

Much of the Long Beach burden was handled by Kereck Robinson who accomplished the unusual double victory in the long jump and 110 meter high hurdles. He also ran a leg on the first place 400 meter relay.

Other forces in the Viking win were Gary Williams who ran on the 400, 800 and 1600 meter relays as well as won the triple jump at 51-5½; and Jerry Sanders who won the high jump with a 7-2 leap.

This was the first time Long Beach had won the WCR since 1959; and on that team 20 years ago was Viking head coach Ron Allice.

There were other outstanding marks but it wasn't a day for records. Glendale's Mark Lewis set a WCR record in the 3000 meter steeplechase (9:00.2); Bakersfield's Greg Illorson, a West African, blazed to a national-leading 10.1 (hand timed) in the 100 meters, and Pasadena's Andre Frazier erased his own 110 high hurdles record with a 14.22 in a trial heat race.

In the two mile, Sierra teammates Greg Hitchcock and Dan Navarro did not go as far as holding hands but they purposely crossed the finish line together, both timing 9:04.3 in upsetting favored Carmelo Rios of Long Beach.

Bakersfield's Jay Kovar waited until his last throw of the day to win the discus at 169-5 and send Santa Rosa's Jeff Voorhees, who had held the lead since his second throw of 165-11, into a bout of frustration. But Voorhees frown turned into a smile later in the day when he increased his natinal leading mark in the shot put to 58-11½. Afterward Voorhees conducted his own private workout and popped a 59-11. "I've been psyching myself for 60 feet all year and now it's getting near the end of the season."

San Jose's gifted intermediate hurdler, Andre Phillips, successfully defended his WCR title in the one-lapper at 51.46. That still was slightly off his season's best of 51.1. In the javelin, West Valley's Ross Parish was nearly two and a half feet shy of his season best 237-3 but still won at 234-10. The pole vault never blossomed as Riverside's Brian Binau tied San Jose's Brian Friend at 17-6 before losing a jumpoff at 15-3.

Thanks to Kevin Lundgren's final drive to the finish with about 300 meters to go Hancock College won the distance medley from Long Beach timing 9:58.8.

The 52nd West Coast Relays are now history. As usual there were some big performances and a lot of excitement, both on the field and in the stands.

A lot of talk at the relays, however, was negative: "we're not getting the big names." "A six lane track isn't adequate" "The Pepsi meet is hurting us." "If we

don't get an all-weather track in Ratcliffe Stadium soon the meet is dead." The most depressing talk was of a big high school meet brewing up north and a big community college meet down south - all on the same weekend. Several observers felt that without the all weather track, plus the expense of travel to Fresno increasing, that next year would be the last year for the Relays in its present form.

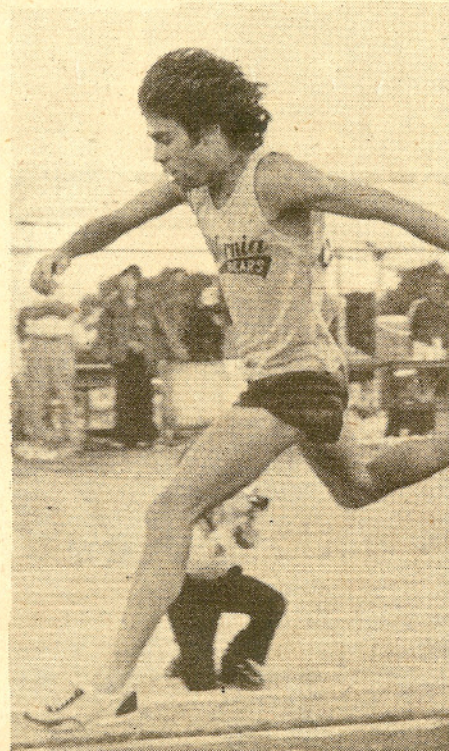


photo by Don Gornsey

GARY BLUME

I don't think the dirt track is that bad. Sure it would be nice to have an allweather one -- we are getting spoiled. But check the meet records out, they are as good or better than any meet around. The six lanes are a definite disadvantage but that problem has already been remedied -- as construction is now in progress making Ratcliffe a nine lane oval. I encourage coaches and athletes to hang in there with the WCR - it's more than a track meet -- it's a happening

Junior College

MEN

400-Meter Relay

1. Long Beach CC (Dereck Robinson, Duvin Lewis, Darryl Sidney, Perry Johnson), 40.74; 2. Pasadena CC 41.53; 3. Sacramento CC 41.56; 4. Tie, West LA and Santa Ana 42.04.

Two-Mile

1. Hitchcock, Sierra, 9:04.3; 2. Navarro, Sierra, 9:04.3; 3. Dyer, West Valley, 9:08.0; 4. Rios, Long Beach CC, 9:15.5; 5. Parks, LA Valley, 9:17.2.

Javelin

1. Ross Parish, W. Valley, 234-10; 2. Dave Rider, San Mateo, 223-0; 3. Chris Hurtubise, Santa Rosa, 212-9; 4. Matt Fuchs, Pasadena CC, 212-2; 5. Fenwick, Mt. San Antonio, 211-3.

Distance Medley Relay

1. Hancock (Hutchesen, Felle, Huff, Lundgren) 9:58.61; 2. Long Beach CC 10:05.26; 3. LA City 10:09.75; 4. Glendale 10:13.51; 5. San Jose CC 10:15.44.

800-Meter Relay

1. Long Beach CC (Ron Williams, Lewis, Johnson, Sidney) 1:24.21; 2. San Jose CC 1:24.44; 3. Cosumnes River 1:25.83; 4. Pasadena CC 1:26.19; 5. LA Southwest 1:26.34.

Long Jump

1. Robinson, Long Beach CC, 25-¼; 2. Willie Alexander, Fresno CC, 24-10¼; 3. Tony Pitts, Santa Ana, 24-10; 4. Paul Bates, Alameda, 23-11; 5. Tony Zawinul, Pasadena CC, 23-9.

400 Intermediates

1. Andre Phillips, San Jose CC, 51.46; 2. Ramon Grubbs, Pasadena CC, 52.61; 3. Evid

Distance Medley Relay

1. Cal Poly-SLO (Bart Williams, Fred Harvey, Jeff Small, Dan Aldridge) 9:50.54; 2. Fresno State 9:59.52; 3. UC Irvine 10:02.46; 4. UC Riverside 10:02.50; 5. Boise State 10:07.97.

Long Jump

1. Ron Johnson, Long Beach State, 25.0; 2. John Haynes, CS Hayward, 23-11; 3. Doug Garner, CS Hayward, 23-9 1/4; 4. Everett Forrest, UC Riverside, 5. Glenn Davis, LB State, 22-5 1/2.

110 High Hurdles

1. Wilbur Gregory, UC Irvine, 14.27; 2. Steve Irving, UC Santa Barbara, 14.48; 3. Lawrence Hill, CS Hayward, 14.62; 4. Scott Campbell, UC Davis, 14.67; 5. Jerome Reynolds, SF State, 14.73.

Triple Jump

1. Doug Garner, CS Hayward, 53-8 1/4 (WCR record; old record: 51-7 1/2, Mohinder Gill, Cal Poly-SLO, 1969); 2. John Haynes, CS Hayward, 51-10 3/4w; 3. Glenn Davis, Long Beach St., 50-2 3/4; 4. Anthony Frazier, Cal Poly-SLO, 50-1 3/4w; 5. Ron Johnson, Long Beach St., 50-3/4.

100-Meter Dash

1. Mark Kent, Cal Poly-SLO, 10.40 (WCR record; old record: 10.51, Kent, Cal Poly-SLO,

- Jackson, Cosumnes River, 52.63; 4. Rod Love, LA Pierce, 52.78; 5. Mark Stryker, Santa Rosa, 53.33.

Pole Vault

1. Brian Friend, Riverside, 15-6; 2. Brian Binau, San Jose CC, 15-6; 3. Ross McAlexander, DeAnza, 15-6; 4. Bert Johnson, El Camino, 15-6; 5. Tie, Jim Sidler, Orange Coast, and David Kerby, Mt. SAC, 15-6.

Discus

1. Jay Kovar, Bakersfield, 169-5; 2. Jeff Voorhees, Santa Rosa, 165-11; 3. Kevin Goode, San Jose CC, 163-3; 4. Bruce Mondello, Fullerton, 161-7; 5. Les Serpa, San Joaquin Delta, 159-4.

Triple Jump

1. Gary Williams, Long Beach CC, 51-5½; 2. Bates, College of Alameda, 50-3½; 3. Paul Jones, Pasadena CC, 49-11; 4. Norm Alston, Fresno CC, 49-10½; 5. Mark Staton, Merced, 49-9¼.

100-Meter Dash

1. Greg Imlorson, Bakersfield, 10.1; 2. Willie Jackson, San Jose CC, 10.2; 3. Perry Johnson, Long Beach CC, 10.3; 4. Chris Daily, Sacramento CC, 10.3; 5. Jerome Miller, Pasadena CC, 10.4

Shot Put

1. Voorhees, Santa Rosa, 58-11; 2. Mike Smith, College of San Mateo, 55-9½; 3. Ron McKee, San Jose CC, 53-3¼; 4. Bruce Mondello, Fullerton, 53-0½; 5. Tommy Lister, Long Beach CC, 51-5.

3,000 Steeplechase

1. Mark Lewis, Glendale, 9:02.2 (WCR record; old record, 9:07.4, Joaquin Leano, Porterville, 9:07.4, 1977); 2. Scott Mayfield, Allan Hancock,

- 9:30.2; 3. Mark Van Renassalear, Glendale, 9:41.0; 4. Bob Luttrell, Santa Rosa, 9:43.6.

Two-Mile Relay

1. Allan Hancock (Mike Feeley, Huff, Robert Tapia, Lundgren) 7:47.04; 2. San Jose CC 7:50.67; 3. Pasadena CC 7:52.99; 4. Orange Coast 7:53.14; 5. Santa Rosa 7:53.92.

High Jump

1. Jerry Sanders, Long Beach CC, 72; 2. Tie, Phil Chapman, Yuba; Billy Hice, Merritt; Kerry Myers, College of Alameda, 7-0; 5. Rod Smith, Pasadena, 7-0.

110-Meter High Hurdles

1. Robinson, Long Beach CC, 14.0; 2. Byron Carmichael, San Jose CC, 14.1; 3. Tony Gilbert, Santa Barbara, 14.2; 4. Andre Frazier, Pasadena CC, 14.4; 5. Darrell Davis, Long Beach CC, 14.5.

1,600-Meter Relay

1. Long Beach (Sidney, Sam Caesar, Lewis, Williams) 3:13.0; 2. Pasadena CC 3:15.6; 3. Los Medanos 3:16.1; 4. Los Angeles City 3:18.0; 5. Orange Coast 3:18.1.

Team Scoring

- Long Beach CC 75, San Jose 42, Pasadena 40, Allan Hancock 28, anta Rosa 20, Glendale 13, Bakersfield 12, LA City 10, Sierra 10, West Valley 9, Cosumnes River 9, College of Alameda 9, Santa Ana 8, College of San Mateo 8, Orange Coast 6½, Los Medanos 6, Riverside 6, Fresno City College 6, Sacramento CC 6, Fullerton 4, West LA 3, DeAnza 3, Santa Barbara 3, Yuba 3, Merritt 3, LA Pierce 2, El Camino 2, LA Southwest 2, Mt. San Antonio 1½, LA Valley 1, San Joaquin Delta 1, Merced 1.

College

- 1979) 2. Steve Brodi, CS Northridge, 10.52; 3. Greg James, CS Northridge, 10.64; 4. Kevin Jackson, CS Bakersfield, 10.65; 5. J.T. Carr, CS Los Angeles, 10.6.

5,000-Meter Run

1. Eric Huff, Cal Poly-SLO, 14:35.5; 2. Glen Borland, Humboldt St., 14:37.7; 3. Scott Peters, Humboldt St., 14:39.4; 4. Robert Traba, CS Northridge, 14:41.6; 5. Steve Alvarez, UC Riverside, 14:43.2.

Pole Vault

1. Tim McDonald, Cal Poly-SLO, 17-2 1/4 (WCR record; old record: 17-0, Dave Hamer, Cal Poly-SLO, 1974); 2. Kimmo Jokivarho, CS Los Angeles, 16-2; 3. Bill Thilken, UC Irvine, 16-2; 4. Bob Olson, CS Hayward, 16-2; 5. tie, Billy Pierce, Fresno St., and Randy Ruzicka, CS Hayward, 15-8.

3,000 Steeplechase

1. John Embody, CS Hayward, 9:19.01 (WCR record, new event); 2. Tom Olson, Chico St., 9:25.62; 3. Dan Martinelli, SF State, 9:27.49; 4. Rick Hargaugha, Occidental, 9:33.01; 5. Glenn Owen, Chapman, 9:36.30.

400 Relay

1. Cal Poly-SLO (Fred Harvey, Mark Kent,

- Bart Williams, Mike Bush) 40.3; 2. CS Northridge 40.3; 3. Tie, CS Los Angeles and CS Bakersfield 41.0; 5. UC Riverside 41.1.

Discus

1. Kris Lettow, UC Irvine, 187-6; 2. Scott Endler, Fresno St., 183-8; 3. Paul Fuller, Long Beach St., 175-5; 4. Joe Staub, CS Northridge, 174-3; 5. Dave Albritton, Cal Poly-SLO, 169-4.

Shot Put

1. Joe Staub, CS Northridge, 60-6 1/2; 2. Kris Lettow, UC Irvine, 58-4 3/4; 3. Paul Toma, Cal Poly-SLO, 56-11; 4. Brian Faul, Cal Poly-SLO, 56-1 3/4; 5. Roy Schablaske, Fresno St., 55-7.

High Jump

1. Joe Phillips, Chapman, 7-0; 2. Joe Radan, Sacramento St., 7-0; 3. Gil Jenkins, CS Hayward, 6-10 1/4; 4. Doug Reinhart, CS Hayward, 6-10 1/4; 5. tie, David Henderson, Fresno St., and Mark Holland, NewLas Vegas, 6-8.

1,600 Relay

1. Cal Poly-SLO (Mark Kent, Mike Bush, Fred Harvey, Bart Williams) 3:08.92; 2. Long Beach State, 3:12.17; 3. CS Bakersfield, 3:12.42; 4. UC Irvine, 3:12.80; 5. Boise State, 3:13.34.

pole vault never blossomed as Riverside's Brian Binau tied San Jose's Brian Friend at 17-6 before losing a jumpoff at 15-3.

Thanks to Kevin Lundgren's final drive to the finish with about 300 meters to go Hancock College won the distance medley from Long Beach timing 9:58.8.

The 52nd West Coast Relays are now history. As usual there were some big performances and a lot of excitement, both on the field and in the stands.

A lot of talk at the relays, however, was negative: "we're not getting the big names." "A six lane track isn't adequate" "The Pepsi meet is hurting us." "If we

I don't think the dirt track is that bad. Sure it would be nice to have an allweather one -- we are getting spoiled. But check the meet records out, they are as good or better than any meet around. The six lanes are a definite disadvantage but that problem has already been remedied -- as construction is now in progress making Ratcliffe a nine lane oval. I encourage coaches and athletes to hang in there with the WCR - it's more than a track meet -- it's a happening

High School

BOYS

Pole Vault

1. Mike Kenison, Mills (Millbrae), 14-6; 2. Eddie Fast, Mt. Whitney, 14-6; 3. Warren Jaques, Del Mar (San Jose), 14-0; 4. Brian Folmar, Sanger, 14-0; 5. Thaddeus Sipes, Bakersfield, 14-0.

Distance Medley Relay

1. Livermore (Jerry Lucas, Tom Boerger, Bruce Williams and Steve Loyd), 10:33.57; 2. Gilroy, 10:36.27; 3. Sanger, 10:37.42; 4. Las Lamas (Walnut Creek), 10:40.27; 5. Corcoran, 10:42.

Sprint Medley Relay

1. McClaymonds (De Andre Jones, Gerald White, Michael Hagains and Clarence Middleton), 3:36.37; 2. Hiram Johnson (Sacramento), 3:36.44; 3. Lemoore, 3:37.16; 4. Edison, 3:38.58; 5. St. Mary's (Berkeley), 3:38.65.

110-Meter High Hurdles

1. Henry Andrade, Hiram Johnson (Sacramento), 14.47 (meet record; new event); 2. Don Lonsinger, Highland, 14.89; 3. Frank Williamson, Skyline (Oakland), 14.73; 4. Eric McPherson, Mt. Pleasant, 14.74; 5. John Sears, Edison, 14.91.

100 Meters

1. Bill Green, Cubberly (Palo Alto), 10.59 (meet record; new event); 2. Ray Threalt, Pittsburg, 10.68; 3. Ted White, Richmond, 10.76; 4. Keith Moore, Stagg (Stockton), 10.96; 5. Fred Williams, Norte Del Rio (Sacramento), 10.99.

Discus

1. Dave Troppy, Santa Rosa, 173-1; 2. Jeff Budwig, McLane, 167-2; 3. Don Mosebar, Mt. Whitney, 167-1; 4. Kevin Ashford, Sanger, 163-4; 5. Jeff Lutz, Lemoore, 162-7.

High Jump

1. James Wilson, Hayward, 6-10; 2. Ron Harvey, Skyline (Oakland), 6-10; 3. Don Alksman, North, 6-8; 4. Ken Bass, Madera, 6-8; 5. Tie, Joe Hicks, North Salinas and Dan Baker, Hoover, 6-6.

Long Jump

1. Larry Clemons, Foothill, 24-1½; 2. Kevin Dye, Highlands (North Highlands), 23-0½; 3. Carlos Harrison, Wasco, 22-11½; 4. Tyrone Portee, Clovis, 22-8¾; 5. Ron McCoy, Edison, 21-8¾.

400-Meter Relay

Open Class

1. Richmond (Chris Lee, Mark Hill, James Wallace and Ted White), 41.40 (meet record; old record: Kennedy (Richmond), 41.89, 1975; 2. Edison, 42.20; 3. James Logan (Union City), 42.34; 4. Pittsburg, 42.36; 5. Bakersfield, 42.38.

Class B

1. McClaymonds (Alan Whitfield, Gerald White, Andre Jones and Michael Hagains), 42.85 (meet record; old record: Serramonte, Daly City, 42.92, 1977; 2. Lemoore, 42.68; 3. South San Francisco, 43.57; 4. East Bakersfield, 44.15; 5. Wasco, 44.26.

Class C

1. De La Salle, Concord (Joaquin DeTorres, Ray Gallagher, Dan Rosenberg and Jim Teichner), 43.89; 2. San Joaquin Memorial, 44.74; 3. St. Joseph (Alameda), 45.25; 4. Coalinga, 45.44; 5. Firebaugh, 51.8.

Two-Mile Relay

1. Highlands, North Highlands (Rex Pugh, Dan Larsen, Gil Wheeler and Mike Barber), 8:05.24; 2. Corcoran, 8:11.96; 3. Lemoore, 8:14.95; 4. North Bakersfield, 8:15.40; 5. Sanger, 8:15.8.

Shot Put

1. Don Mosebar, Mt. Whitney, 63-8¼ (meet record; old record: 62-8¼, Brad Vassar, Sonora, 1975; 2. Steve Almonetti, Campbell, 61-1½; 3. Chris Morton, Menlo, 56-4; 4. Randy Arley, West Bakersfield, 55-2; 5. Beau Babka, Stagg (Stockton), 54-10 1/2.

Triple Jump

1. — Henry Ellard, Hoover, 50-4w; 50-3½ legal (meet record; old record: 50-0½, Kevin Tucker, San Joaquin Memorial, 1969); 2. David Dye, Highlands (North Highlands), 47-9½; 3. Tim Thompson, Carmont (Belmont), 47-7; 4. Larry Clemons, Foothill, 46-2½; 5. Anthony Trammill, Skyline (Oakland), 45-1½.

Two-Mile

1. — Rob Wentworth, Livermore, 9:06.71 (meet record; old record: 9:08.0, Tom Hale, Campolindo, Moraga, 1971); 2. Benny Trujillo, Gilroy, 9:31.36; 3. Ken Millquist, Carmont (Belmont), 9:34.32; 4. Bob Lobse, Hanford, 9:34.36; 5. Gary Gonzales, Clovis, 9:34.68.

1,600-Meter Relay

1. — Cubberly, Palo Alto (Cook, R. Green, Moss and B. Green), 3:16.66 (meet record; old record: 3:17.4, Castlemont, Oakland, 1971); 2. Richmond, 3:18.68; 3. Edison, 3:19.27; 4. Antioch, 3:20.25; 5. Pittsburg, 3:20.2

GIRLS

400-Meter Relay

1. South Bakersfield (Terri McCough, Pauline Foreman, Phyliss Gupta and Constance Ward), 48.31; 2. Bakersfield, 48.75; 3. Andrew Hill (San Jose), 49.31; 4. Carmont (Belmont), 49.9; 5. Clovis West, 50.0.

Shot Put

1. Rita Banks, Delano, 41-2¼ (meet record; new event); 2. Dana Henderson, Taft, 40-10; 3. Chiketa Hill, Madera, 40-2; 4. Geraldine Thompson, Campbell, 39-3; 5. Maurice Smith, Delano, 38-0½.

Mile

1. Linda Goen, North Bakersfield, 4:55.3; 2. Rene Ortiz, Tulare Western, 4:59.2; 3. Jennifer Heaton, Clovis West, 5:07.3; 4. Shelly Nieto, Merced, 5:08.9; 5. Karen Van Wagenen, Clovis West, 5:12.7.

1,600-Meter Relay

1. North Bakersfield (Kara Ragland, Cathy Wilson, Lynette Wilson and Linda Goen), 3:55.68 (meet record; new event); 2. Carmont (Belmont), 3:56.09; 3. Hiram Johnson (Sacramento), 4:06.53; 4. Castlemont (Oakland), 4:07. 64; 5. Clovis West, 4:08.78.

Team scoring — Richmond 23, Highlands (North Highlands) 20, Cubberly 18, Livermore 18, Edison 16, Mt. Whitney 13, Gilroy 12, Sanger 12, Corcoran 10, Skyline (Oakland) 8, Foothill 8, North Bakersfield 7, Lemoore 7, Hoover 6½, Carmont (Belmont) 6, James Logan (Union City) 6, Hayward 6, Santa Rosa 6, Hiram Johnson (Sacramento) 6, Pittsburg 6, Mills (Millbrae) 6, Antioch 4, Campbell 4, McLane 4, Highland (Bakersfield) 4, Los Lomas 4, Del Mar (San Jose) 3, Bakersfield 3, A.A. Stagg (Stockton) 3, Norte Del Rio (Sacramento) 3, Wasco 3, Clovis 3, Menlo 3, Hanford 2, West Bakersfield 2, Madera 2, Mt. Pleasant (San Jose) 2, North Salinas ½.

GARY BLUME

John Hayes, CS Hayward, 23-11. 3. Doug Garner, CS Hayward, 23-9 1/4. 4. Everett Forrest, UC Riverside, 5. Glenn Davis, LB State, 22-5 1/2.

110 High Hurdles

1. Wilbur Gregory, UC Irvine, 14.27. 2. Steve Irving, UC Santa Barbara, 14.48. 3. Lawrence Hill, CS Hayward, 14.62. 4. Scott Campbell, UC Davis, 14.67. 5. Jerome Reynolds, SF State, 14.73.

Triple Jump

1. Doug Garner, CS Hayward, 53-8 1/4 (WCR record; old record: 51-7 1/2, Mohinder Gill, Cal Poly-SLO, 1969) 2. John Hayes, CS Hayward, 51-10 3/4. 3. Glenn Davis, Long Beach St., 50-2 3/4. 4. Anthony Frazier, Cal Poly-SLO, 50-1 3/4. 5. Ron Johnson, Long Beach St., 50-3/4.

100-Meter Dash

1. Mark Kent, Cal Poly-SLO, 10.40. (WCR record; old record: 10.51, Kent, Cal Poly-SLO,

400 Int. Hurdles

1. Bart Williams, Cal Poly-SLO, 50.92. 2. Lars Welander, Nevada-Reno, 52.44. 3. Garry Little, Boise St., 52.71. 4. Anthony Green, CS Los Angeles, 52.85. 5. Scott Campbell, UC Davis, 52.89.

Hammer Throw

1. Larry Schrader, UC Irvine, 193-0. 2. Paul

400 Int. Hurdles

1. Rich Graybel, Pacific CC, 50.76. 2. Walt Pratt, Cal. 51.53. 3. Larry Cowling, Cal, 51.97. 4. Wendell Angel, US Army, 52.27. 5. Lloyd Guss, Cal, 52.50.

Hammer Throw

1. Peter Galle, Maccabi, 212-3. 2. John Goldammer, Agape, 196-10. 3. Ed Arcano, Maccabi, 192-10. 4. Scott Leishman, US Army, 187-10. 5. Dave Thomson, Stanford, 186-5.

Discus Throw

1. Markku Tuokko, Finland, 223-6 (WCR and Finnish national records; old WCR record: 216-9, Ken Stadel, 1978; old Finnish record: 220-6, Tuokko, 1979). 2. Ben Plucknett, West Valley TC, 205-9. 3. Dan Gardner, Maccabi, 198-3. 4. Jim McGoldrick, unat., 195-5. 5. Colin Sutherland, San Jose St., 180-11.

Javelin Throw

1. Phil Olsen, Vancouver OC, 272-3. 2. Bruce Kennedy, San Jose Stars, 248-11. 3. Mike Packerman, Maccabi, 244-9. 4. Jon Mikaelson, Nevada TC, 234-2. 5. David Colfaro, Bruce TC, 232-0.

Invitational 800 Relay

1. Tennessee (Jason Grimes, Albert Home, Anthony Blair, Ronnie Harris) 1:24.0. 2. Maccabi Union TC, 1:24.8. 3. Davis n Company, 1:26.5. (Note: CS Northridge disqualified for passing out of the zone).

Invitational 400 Meters

1. Rod Bethany, USC, 47.7. 2. Steven Chepwoy, San Jose St., 47.8. 3. Benny Miles, All American TC, 48.2. 4. Rod Pearsall, Boise St., 48.7. 5. Carl McCullough n, Athletes in Action, 49.2.

Two-Mile Relay

1. California (Robin Clark, Lloyd Guss, Mike White, Andy Clifford) 7:42.1. 2. Fresno Pacific TC

Fuller, Long Beach St., 190-5. 3. Scott Semar, CS Bakersfield, 183-1. 4. Brad Long, Chapman, 177-10. 5. Rick Brunner, Cal Poly-SLO, 176-4.

Pole Vault

1. Tim McDonald, Cal Poly-SLO, 17-2 1/4 (WCR record; old record: 17-0, Dave Hamer, Cal Poly-SLO, 1974). 2. Kimmo Jokivarito, CS Los Angeles, 16-2. 3. Bill Thilken, UC Irvine, 16-2. 4. Bob Olsen, CS Hayward, 16-2. 5. Tie, Billy Pierce, Fresno St., and Randy Ruzicka, CS Hayward, 15-8.

3,000 Steeplechase

1. John Embody, CS Hayward, 9:19.01. (WCR record, new event). 2. Tom Olson, Chico St., 9:25.62. 3. Dan Martinelli, SF State, 9:27.49. 4. Rick Hargough, Occidental, 9:33.01. 5. Glenn Owen, Chapman, 9:36.30.

400 Relay

1. Cal Poly-SLO (Fred Harvey, Mark Kent,

Fuller, Long Beach St., 190-5. 3. Scott Semar, CS Bakersfield, 183-1. 4. Brad Long, Chapman, 177-10. 5. Rick Brunner, Cal Poly-SLO, 176-4.

Javelin Throw

1. Brad Breen, Chapman, 239-11. 2. Curt Eilenberg, UC Irvine, 225-11. 3. Jorgan Persson, CS Los Angeles, 223-9. 4. Ken Rodnick, UC Davis, 211-4. 5. Kevin Gilmore, SF State, 208-10.

Open

- 7.46. 1. 3. CS Los Angeles 7.46.5. 4. Fresno State 7.47.4. 5. South Bay TC 7.48.7.

100-Meter Dash

1. Ken Thomas, San Jose St., 10.2w. 2. Marion McCoy, All American TC, 10.3. 3. Mike Farmer, Cal, 10.4. 4. Mike Miller, Tennessee, 10.4. 5. Kevin Cole, San Jose St., 10.4.

110-Meter High Hurdles

1. James McCraney, Maccabi, 13.6w. 2. Steve Darcus, Tennessee, 13.7. 3. Ray Smith, Cal, 13.7. 4. Wilbur Gregory, UC Irvine, 14.0. 5. Pete Austin, San Jose St., 14.1.

Long Jump

1. Charlton Ehizuelen, Maccabi, 25-9¼w. 2. Stan Holmes, Tennessee, 25-6¼w. 3. Ron Johnson, Long Beach St., 25-5¼w. 4. Essodina Alchade, San Jose St., 25-4¼. 5. Stan Whitley, Maccabi, 25-0.

Shot Put

1. Reijo Stahlberg, Finland, 71-2 (WCR and Finnish national records; old WCR record: 69-11¼, Al Feuerbach, 1973.) 2. Al Feuerbach, Athletics West, 66-½. 3. Russ Vincent, Salvation Army, 60-11¼. 4. Bob Feuerbach, San Jose St., 60-8¼. 5. Bob Gummerson, unat., 60-2½.

3,000 Steeplechase

1. Sam James, Tennessee, 8:49.8. 2. Harrison Korosco, Maccabi, 8:56.1. 3. Gary Blume, Cal, 9:03.7. 4. Wayne Hurst, unat., 9:11.5. 5. Pat Weiler, Santa Monica TC, 9:12.0.

Invitational 400 Relay

1. Tennessee (Jason Grimes, Darryn Wilson, Ronnie Harris, Mike Miller) 40.5. 2. Cal Poly-SLO 40.5. 3. Bay Area Striders 40.8. 4. Maccabi Union TC 40.8. 5. Davis N Company 41.1.

Shot Put

1. Joe Staub, CS Northridge, 60-6 1/2. 2. Kris Letlow, UC Irvine, 58-4 3/4. 3. Paul Toma, Cal Poly-SLO, 56-11. 4. Brian Faul, Cal Poly-SLO, 56-1 3/4. 5. Roy Schablaske, Fresno St., 55-7.

High Jump

1. Joe Phillips, Chapman, 7-0. 2. Joe Radan, Sacramento St., 7-0. 3. Gil Jenkins, CS Hayward, 6-10 1/4. 4. Doug Reinhart, CS Hayward, 6-10 1/4. 5. Tie, David Henderson, Fresno St., and Mark Holland, NewLas Vegas, 6-8.

1,600 Relay

1. Cal Poly-SLO (Mark Kent, Mike Bush, Fred Harvey, Bart Williams) 3:08.92. 2. Long Beach State, 3:12.17. 3. CS Bakersfield, 3:12.42. 4. UC Irvine, 3:12.80. 5. Boise State, 3:13.34.

Team Scoring

1. Cal Poly-SLO 69. Irvine 45. Hayward 35½. Los Angeles 27. Long Beach 26. Northridge 25. Fresno State 22. Bakersfield 16. Chapman 15. Santa Barbara 11. Riverside 10. Boise State 7. Humboldt State 7. Davis 5. San Francisco 5. Nevada-Reno 4. Chico 4. Sacramento 4. Occidental 2. Nevada-Las Vegas ½.

Invitational 800

1. Rick Brown, Tobias, 1:52.8. 2. Curt Brown, Athletes in Action, 1:56.5. 3. Terry Fink, UC Irvine, 1:56.7.

Invitational 5,000

1. George Mason, Athletes in Action, 14:20.2. 2. Tony Ramirez, Fresno Pacific TC, 14:21.4. 3. Benton Hart, BYU, 14:23.2. 4. Tom Colley, SoCal Road Runners, 14:26.0. 5. Juan Garcia, Fresno Pacific TC, 14:26.3.

Invitational 1,500

1. Dan Aldridge, Cal Poly-SLO, 3:46.0. 2. Keith Young, Tennessee, 3:47.5. 3. Greg Partaman, Occidental, 3:51.5. 4. Roy Kissin, Stanford, 3:52.4. 5. Bryan Foley, Fresno St., 3:52.7.

Pole Vault

1. Nat Derham, Athletes in Action, 175' 4" 2. Jon Warner, UCLA, 176' 11" 4. 3. Steve Hardison, Athletes in Action, 170-0. 4. Jerry Mulligan, USC, 170-0. 5. Kim Black, San Jose St., 170-0.

High Jump

1. Reynaldo Brown, Unnat., 7-2. 2. Dave Haber, Maccabi TC, 7-2. 3. Henry Boyd, South Bay TC, 6-10. 4. Thuris Gibbs, San Jose State, 6-10. No fifth place.

1,600-Meter Relay

1. Tennessee (Alburto Home, Mike Barlow, Ronnie Harris, Anthony Blair) 3:11.3; 2. Maccabi TC 3:11.7; 3. Cal 3:12.7; 4. Long Beach State 3:15.5; 5. Stanford 3:16.9.

Triple Jump

1. Mike Marlow, Cal, 52-¾; 2. Dave Quick, Unnat., 51-3; 3. Chuck Steffes, West Valley TC, 50-6¼w. 4. Kenny Hayes, USC, 50-2½; 5. Gerald Bell, Unnat., 49-11¼.

UCLA/PEPSI invitational

by RICHARD LEE SLOTKIN



photo by Richard Lee Slotkin

May 6, Drake Stadium, UCLA-PEPSI INVITATIONAL.

For the second time in two weeks Drake Stadium on the UCLA campus was sold out. Last week it was for the UCLA-USC dual meet. This week it was for Al Franken's horn of plenty. In what looked more like an Olympics preview, Franken assembled an all star cast that

admitted that he panicked. However he recovered rather quickly, and he knew he had the race at the 6th hurdle. Casanas, whose 13.23 was the 5th best all time, took second place and felt he got off to a legal start. Well, the officials agree, but it sure looked a bit suspicious. Foster, who takes his losses quite hard, would not talk to anyone but

WILLIE SMITH leads HERMAN FRAZIER and ALBERTO JUANTORENA to the tape

the basis of the accutrack, but...it was sooooo close!

In the 400 meters, all eyes were on the Cuban Horse, Juantorena. He looks more awesome in person than in photos or movies. He has been claiming he's not in top shape yet: it's too early in the season. No one believed him. The feeling was Cuban Premier Fidel Castro wouldn't let him come to the U.S., of all places, if he weren't ready. Well, we can believe him as he took 3rd place behind Willie Smith and Herman Frazier. Smith was a late entrant taking USC's Billy Mullins' place. Mullins scratched due to injury. So Smith got his chance and made the most of it with a kick at the end. Juantorena was in it all the way, but his great kick wasn't there. We think it will be. Afterwards, Smith harangued the reporters who crowded around him with a message that sounded as though he had completed a holy mission. It was a great win, Willie, but really, it's not as though you cured cancer, or found an

to take the win by one one hundredth of a second. Houston is for real.

Larry Lawson of the Santa Monica Track Club gave the local fans something to yell about as he put on a kick to finish the two mile with an easy win, proving his win over Rono at the Times Indoor and his P.R. at the Jack-in-the-Box weren't flukes. Jim Schankel, a junior at Cal Poly SLO, was second, and third place, only three seconds behind Schankel was prepper Jeff Nelson of Burbank High School whose 8:36.3 was a national high school record.

Over in the discus cage, Al Oerter was insisting old men like him had no business here. Meanwhile, he was tossing that pie plate almost 210 feet for 3rd place. Markku Tuokko of Finland won it with 220-4, while fellow Finn Stahlberg won the shot put with a 69-7, followed by UCLA's Dave Laut with a 67-0. Mac Wilkins is experimenting with a new technique in the discus. He hasn't quite



photo by Richard Lee Slotkin



photo by Richard Lee Slotkin



photo by Richard Lee Slotkin

RENALDO NEHEMIAH

had track and field fans drooling. The big news was the appearance of "El Caballo," Alberto Juantorena, the great Cuban sprinter...and two of his countrymen, sprinter Silvio Leonard and hurdler Alejandro Casanas. But besides them, how about this for starters: Houston McTear, Eamon Coghlan, Steve Scott, Renaldo Nehemiah, Mike Tully, Mac Wilkins, Al Oerter, Franklin Jacobs, Francie Larrieu and Evelyn Ashford. And, remember, that's just for starters.

Probably, the one event everyone would have picked in advance to be the highlight of the meet would have been the 110 meter high hurdles. With a Nehemiah-Foster showdown spurred on by Dedy Cooper and the Cuban Casanas, everyone expected a world's record. The event fulfilled all expectations. First came a false start by Casanas. International rules were in effect, so he got a second chance. Then, in what everyone who saw it agreed was, at best, a "rolling start" Casanas got off to a quick lead. But they don't call Nehemiah "The Shark" for nothing. By the 6th hurdle, the Shark had caught his man and went on to a world's record 13.0. UCLA's Greg Foster, who figured to be right up there at the finish was thrown off by the two "false" starts, lost his timing, tripped on the 2nd hurdle, hit the 4th and walked off. Nehemiah was so surprised that Casanas wasn't called for a second false start that he almost didn't get going. He



photo by Richard Lee Slotkin

HOUSTON McTEAR

he was clearly unnerved by the Cuban's actions. Nehemiah's win almost puts him in a class by himself at this point in the season.

The other big showdown: Scott vs Coghlan, also lived up to its promise. A true photo finish that could have easily been called a tie was awarded to Coghlan by the thickness of his jersey. Their times were identical at 3:56.91. Neither was in what they felt was top condition, Scott claiming to have had a cold all week and Coghlan unable to train properly because of his job with the Irish Tourist Board. So, what we had was a race of strategy rather than for time. Santa Monica Track Club's Jeff Jerele took the early lead running well ahead of the pack for 2½ laps, and causing his teammates to wonder what the dickens he was up to. But when Jeff is hot, he can run like that. However, in the 3rd lap Wisconsin's Steve Lacy took over, with Marty Liquori, Scott and Coghlan right behind. Then, on the last, Scott, who really wanted a win over Coghlan after losing to him regularly all through the indoor season, blew out front on the final turn and was leading down the last 100 yards. But Coghlan put on his well-known kick and they were neck and neck at the tape. It took a lot of soul-searching over the acutrack photo before Coghlan was declared the winner. I'm inclined to pick Coghlan on

wouldn't let him come to the U.S., of all places, if he weren't ready. Well, we can believe him as he took 3rd place behind Willie Smith and Herman Frazier. Smith was a late entrant taking USC's Billy Mullins' place. Mullins scratched due to injury. So Smith got his chance and made the most of it with a kick at the end. Juantorena was in it all the way, but his great kick wasn't there. We think it will be. Afterwards, Smith harangued the reporters who crowded around him with a message that sounded as though he had completed a holy mission. It was a great win, Willie, but really, it's not as though you cured cancer...or found an open gas station with no line.

Houston McTear and Silvio Leonard fought it out in the 100 meter. McTear always gets off to a good start, but the 100 meters is long enough for him to be caught, as he has been known to fold. This was his day, though and he hung on

Schankel, a junior at Cal Poly SLO, was second, and third place, only three seconds behind Schankel was prepper Jeff Nelson of Burbank High School whose 8:36.3 was a national high school record.

Over in the discus cage, Al Oerter was insisting old men like him had no business here. Meanwhile, he was tossing that pie plate almost 210 feet for 3rd place. Markku Tuokko of Finland won it with 220-4, while fellow Finn Stahlberg won the shot put with a 69-7, followed by UCLA's Dave Laut with a 67-0. Mac Wilkins is experimenting with a new technique in the discus. He hasn't quite gotten the hang of it yet, finishing 5th with a 206-5.

In the women's events, Francie Larrieu showed again that she's in a class by herself in the mile. Her 4:29.3 was 8 seconds ahead of second place



photo by Richard Lee Slotkin

LARRY LAWSON



photo by Richard Lee Slotkin

FRANCIE LARRIEU

Cindy Bremser of Wisconsin. In fact, it looked like two separate races: Larrieu out in front and about 40 yards back, the rest of the pack.

Debbie LePlante led wire to wire in the 100 hurdles and Evelyn Ashford won the 100 meter dash. In the 800 meters, Ruth Caldwell was running an

unaccustomed last as the final lap started. But there were compensations: she was treated to a perfect view of a spectacular pile-up as someone tripped and girls went down all over the place. Actually there were only three, but it looked as though the whole pack went.

MEN

100 METERS—1. McTear (Ali TC), 10.17 (wind 1.8 m.p.s. aiding); 2. Leonard (Cuba), 10.18; 3. Hart (Bay Area Striders), 10.20; 4. E. Brown (UCLA), 10.24; 5. S. Williams (Athletic Affic), 10.26; 6. Edwards (Tobias Striders), 10.34; 7. Lara (Cuba), 10.40; 8. Williams (USC), 10.44.

200—1. Edwards (Tobias Striders), 20.51 (wind 1.1 m.p.s. aiding); 2. S. Williams (Athletic Affic), 20.61; 3. J. Sanford (USC), 20.71; 4. Leonard (Cuba), 20.91; 5. King (UC Irvine), 20.95; 6. Lara (Cuba), 21.24; 7. Hampton (Bay Area Striders), 21.25; 8. Snoddy (Tulsa Spikers), 21.62.

400—1. Smith (Athletic Affic), 45.55; 2. Frazier (Philadelphia Pioneers), 46.04; 3. Juntorena (Cuba), 46.20; 4. B. Brown (Athletes in Action), 46.95; 5. Stapleton (Jamaica), 47.30; 6. Cameron (Jamaica), 47.39; 7. West (Bay Area Striders), 47.60.

800—1. Robinson (Inner City AC), 1:48.3; 2. Omwansa (USC), 1:48.6; 3. Belger (Athletic Affic), 1:49.4; 4. White (California), 1:49.4; 5. Troft (Idaho), 1:50.1; 6. R. Casseman (Pacific Coast Club), 1:50.1; 7. Clary (Santa Monica TC), 1:50.1; 8. Boit (Tobias Striders/Kenya), 1:50.9; 9. Mack (Locke HS), 1:51.6.

MILE—1. Coghlan (Ireland), 3:57.0; 2. Scott (Irvine TC), 3:57.0; 3. Lacy (Wisconsin TC), 3:59.1; 4. Liguori (Athletic Affic), 4:00.8; 5. Clifford (California), 4:05.3; 6. Medvin (LA University HS), 4:06.9; 7. Jirele (Santa Monica TC), 4:08.6.

TWO MILE—1. Lawson (Santa Monica TC), 8:31.6; 2. Schankel (Cal Poly SLO), 8:33.7; 3. Nelson (Burbank HS), 8:36.3 (national high school record, old mark, 8:40.9, Craig Virgin, Lobanon HS, Ill., 1975; also betters all-time HS best of 8:40.0, set indoors by Gerry Lindgren, Rogers HS, Spokane, 1964); 4. Schots (Belgium), 8:40.5; McCullough (Santa Monica TC), finished third but was disqualified.

POLE VAULT—1. Tully (unat), 17-6; 2. Pullard (unat), 17-0; 3. Mulligan (USC), 17-0; 4. tie among McDonald (Cal Poly SLO), Isaksson (Sweden) and A. Curran (UCLA), 16-6; 7. tie between C. Brown (UCLA) and Warner (UCLA), 16-6; Haynie (Tobias Striders), no height (16-6).

LONG JUMP—1. King (UC Irvine), 26-3w (2.4 m.p.s.; 24-0½ legal); 2. Ehi-zuelen (Maccabi TC/Nigeria), 25-4w (2.2 m.p.s.; 24-7 legal); 3. R. Williams (unat), 24-11; 4. Calhoun (Maryland), 24-7¼; 5. Lewis (Willingboro HS, N.J.), 24-5½; 6. Robinson (San Diego Southeast Ghetto Striders), 24-1½w (4.0 m.p.s.; 22-11½ legal); 7. Williams (UCLA), 22-10½.

TRIPLE JUMP—1. Banks (Tobias Striders), 56-6¾w (2.7 m.p.s.; 55-3¾ legal); 2. Buits (Ali TC), 54-10; 3. Dupree (unat), 52-8¼w (2.4 m.p.s.; no legal mark); 4. Taylor (Long Beach St.), 52-7¾; 5. Ivory (Maryland), 52-1; 6. Marlow (California), 52-0½; 7. Benson (UCLA), 51-11¾.

SHOTPUT—1. Stahlberg (Finland), 69-7; 2. Laut (UCLA), 67-0; 3. Dolegiewicz (Canada), 66-0; 4. Feuerbach (Athletics West), 65-5½; 5. Shmook (Tobias Striders), 63-8½; 6. Gordien (UCLA), 62-5. Stahlberg's series: 69-7, 69-4½, 69-2¾, 69-3¼, foul, foul.

DISCUS—1. Tuokko (Finland), 220-4; 2. Hjeltines (Bay Area Striders/Norway), 214-2; 3. Oerter (New York AC), 209-9; 4. Swarts (NYAC), 209-4; 5. Wilkins (Athletics West), 206-5; 6. Stadel (Tobias Striders), 205-6; 7. M. Gordien (UCLA), 187-4; 8. J. Binley (UC Irvine), 179-3.

WOMEN

100—1. Ashford (Maccabi), 11.2w (2.4 m.p.s.); 2. Boyer (Arizona St.), 11.3; 3. Douglas (USC), 11.3; 4. Carney (LA Mercurettes), 11.5; 5. Dunlap (Camden HS, N.J.), 11.6; 6. Fleetwood (Cal St. LA), 11.6; 7. Brosco (Los Angeles TC), 11.7; 8. Glover (Camden HS, N.J.), 11.7.

800—1. Clark (Atoms TC/Columbia HS, Maplewood, N.J.), 2:03.6 (fifth best HS performer all-time); 2. R. Campbell (Florida), 2:04.4; 3. Vigil (New Mexico), 2:04.6; 4. Coleman (Issaquah HS, Wash.), 2:05.4; 5. Fromme (Redlands), 2:07.7.

MILE—1. Larrieu (Pacific Coast Club), 4:29.3; 2. Bremser (Wisconsin TC), 4:37.4; 3. M. Keyes (Cal Poly SLO), 4:37.9; 4. Williams (Oregon), 4:41.4; 5. Poor (Athletes in Action), 4:44.3; 6. Goen (North HS, Bakersfield), 4:46.4; 7. Trumbley (California), 4:47.2; 8. Bush (Rolling Hills HS), 4:50.1; 9. Beckford (Rindge and Latin HS, Cambridge, Mass.), 4:50.2.

100 HURDLES—1. LaPlante (KCBQ San Diego TC), 13.15; (7 m.p.s. aiding); 2. Anderson (LATC), 13.62; 3. Machado (Cuba), 13.73; 4. Gouridine (UCLA), 14.11; 5. M. Hawthorne (California), 14.12; 6. Frederick (Pacific Coast Club), 14.17; 7. Calhoun (Arizona St.), 14.18; 8. McGee (Long Beach St.), 14.34; 9. Garnett (Kennedy HS, Seattle, Wash.), 14.82.

400 RELAY—1. Cal St. Los Angeles, 45.04; 2. Arizona St., 45.33; 3. USC, 45.78; 4. LA Mercurettes, 46.01; 5. California, 46.03; 6. UCLA, 46.08; 7. Texas El Paso, 47.02.

HIGH JUMP—1. Spencer (LATC), 6-0 ¾; 2. Girven (Maryland), 6-0 ¾; 3. Walker (UCLA), 5-11¼; 4. Remmling (UCLA), 5-9; 5. tie between Burrill (Nebraska) and Garrison (Washington), 5-9; 7. tie between McNeal (Carlsbad HS) and Alston (Chico HS), 5-9.

LONG JUMP—1. Ray (Florida), 20-10 ¾w (3.2 m.p.s.); 2. Anderson (LATC), 20-10w (2.4 m.p.s.; 20-0 ¾ legal); 3. Loud (Westchester HS), 20-9¼w (3.6 m.p.s.; 20-1¼ legal); 4. Echevarria (Cuba), 20-1¼; 5. Walker (Club International), 20-0 ¾; 6. Gouridine (UCLA), 19-7; 7. Wats on (Club International), 19-0w (3.0 m.p.s.; 18-4 ¾ legal).

SHOTPUT—1. Seidler (San Jose Stars), 57-6½; 2. Devine (Texas), 54-4¼; 3. Frederick (Pacific Coast Club), 49-10; 4. Dole (Long Beach St.), 49-6 5; 5. Mecklenburg (Sports West), 48-4½.

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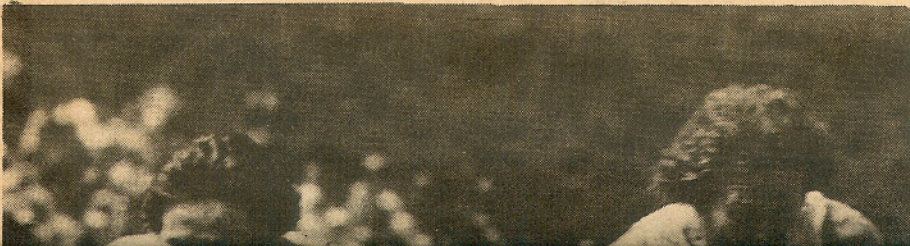
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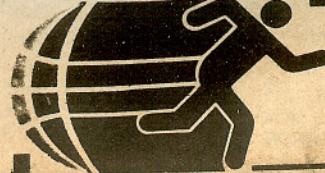


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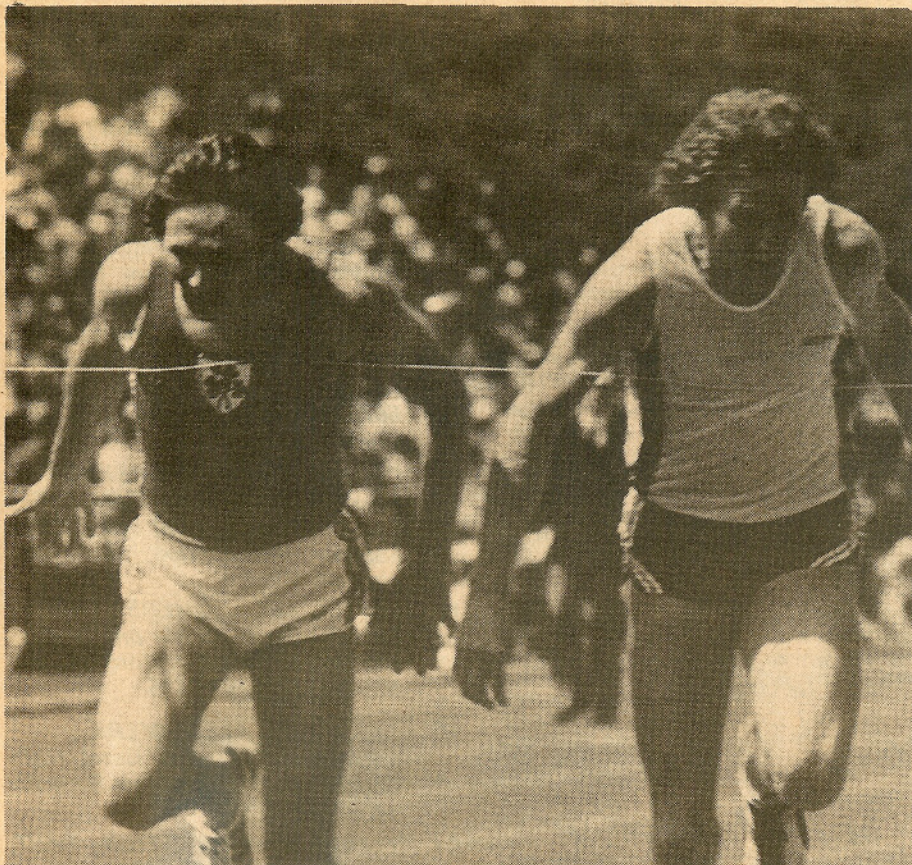


photo by Richard Lee Slotkin

EAMON COGHLAN (left) and STEVE SCOTT

110 HURDLES—1. Nehemiah (Maryland), 13.0 (world and American record, old mark, 13.16, Nehemiah, Maryland, 1979; wind, 9 m.p.s. aiding); 2. Casanas (Cuba), 13.23 (equals fifth best performance all-time); 3. Cooper (Bay Area Striders), 13.72; 4. Robertson (Maryland), 14.10; 5. Johnson (USC), 14.12. G. Foster (UCLA), fell.

HIGH JUMP—1. Jacobs (Fairleigh Dickinson), 7-2; 2. Peterson (Idaho), 7-0; 3. Curtis (Arizona), 7-0; 4. Kotinek (unat), 7-0; 5. Arney (Arizona St.), 7-0; 6. Morris (Jamaica), 6-10; 7. Joseph (UCLA), 6-10; 8. Pottl (Alemany HS), 6-6.

200—1. Rich (Cal St. L.A.), 23.20w (2.3 m.p.s.); 2. Loud (Westchester HS), 23.27; 3. Boyer (Arizona St.), 23.58; 4. S. Howard (San Geronio HS), 23.67; 5. Brisco (L.A.T.C.), 23.83; 6. Parker (California), 23.89; 7. Dunlap (Camden HS, N.J.), 24.02; 8. Cobbs (Arizona St.), 24.17.

400—1. Ashford (Maccabi TC), 52.21; 2. Penton (Cuba), 52.54; 3. S. Howard (San Geronio HS), 53.39; 4. Franklin Millbrae Lions/Balboa HS, San Francisco, 53.54; 5. Bolton (California), 54.00; 6. Gorham (North Kansas City HS, Mo.), 54.35; 7. Acker (Arizona St.), 54.96.

DISCUS—1. Griffin (Sports West), 190-6 (American record, old mark, 188-4, Griffin, Sports West, 1979); 2. Connell (unat), 178-10 (fifth best U.S. performer all-time); 3. Deniz (Gridley HS), 175-10 (national high school record, old mark, 169-2, Helene Connell, Memorial HS, Jackson, N.J., 1977; eighth best U.S. performer all-time). Griffin's series: 184-4, 179-9, 190-6, foul 176-2, 185-7. Deniz' series: foul, 158-7, 159-5, 169-2, foul, 175-10.

JAVELIN—1. Sulinski (Millbrae Lions), 183-9; 2. Cannon (Millbrae Lions), 172-0; 3. Nelson (Club International/Canyon HS, Anaheim), 166-4; 4. Camarigg (Club International), 150-1; 5. Wilkinson (Arizona St.), 143-9.

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SCHEDULE

JUNE

- | | | | |
|--|---|--|--|
| <p>21 WWTC ALL COMERS TRACK MEET. Clovis, 6:30. Sandy McPherson, 1023 Oxford, Clovis 93612. (209) 299-8495.</p> <p>22 AAU JUNIOR NATIONAL CHAMPIONSHIP. Indiana University, Bloomington. 3 days. Sam Bell, Assembly Hall, Indiana University, Bloomington, Ind. 47401. (812) 337-8583.</p> <p>23 PARADE ROUTE RUN. 3 miles, Lompoc. Joe Sciame, 1305 N. Orchid, Lompoc 93436.</p> <p>23 LAKE TAHOE MARATHON. Incline Village, 8 am. Skip Youngdahl, P.O. Box 3193, Incline Village, NV 89450. (702) 831-3197.</p> <p>23 Y TO Y BENEFIT RUN. 2.1 & 5.3 miles, Pinole, 10 am. Kenneth Stein, 3230 MacDonald Ave., Richmond 94804. 234-1270.</p> <p>23 BASIN BLUES 12 KILO RUN Tapia Park, 8 am. Steve Adams, 17159 Kingsbury, Granada Hills 91344.</p> <p>23 AAU JUNIOR DECATHLON CHAMPIONSHIPS. Indiana University.</p> <p>23 SPA WOMEN'S ALL COMERS USC, 9 am. Sherry Calvert, USC Women's Athletics, Heritage Hall,</p> | <p>24 PA-AAU 15 KILO CHAMPIONSHIPS. Los Altos Hills, 9 am. Bill Clark, 156 Marvin Ave, Los Altos 94022.</p> <p>27 USA/USSR JUNIOR DECATHLON COMPETITION. Two days. Tulare. Si Tyler, P.O. Box 1020, Tulare 93274.</p> <p>27 UKIAH ALL COMERS TRACK MEET. Ukiah Pomolita Junior High School, 6 pm. Louise Jurado, 860 Bel Arbres Rd., Redwood Valley (707) 485-7167.</p> <p>27 ALL COMERS TRACK MEET Pt. Loma College, 5:30 pm.</p> <p>28 LOS GATOS ALL COMERS TRACK MEET. Los Gatos High School, 6:30 pm. Glenn Harmatz (408) 356-2225.</p> <p>28 WWTC ALL COMERS TRACK Clovis, 6:30 pm. Sandy McPherson, 1023 Oxford, Clovis 93612 (209) 299-8495.</p> <p>29 AAU NATIONAL AGE GROUP CHAMPIONSHIPS. UCLA, 9 am 3 days. Calvin Brown, 228 E. Artesia Blvd., No. C, N. Long Beach 90805. (213) 632-6387.</p> <p>30 ROUND THE ISLE RUN. 1 & 3.6 & 10 miles, Encinal High School, 9 am. Robert E. DeCelle, P.O. Box 1606, Alameda 94501 (415) 523-2264.</p> <p>30 EXCELSIOR BEACH RUN. 10 kilo, San Francisco, 10 am. Mike Conroy, 8 Heath Ct., Daly City 94015. SASE only!</p> | <p>4 LA PALMA 5 & 10 KILO RUNS La Palma, 8 am. Bill Rollins, La Palma Rec. Dept., 7822 Walker St., La Palma 90623. (714) 523-7700.</p> <p>4 FIRECRACKER 10 KILO RUN Huntington Beach, 7 am. Huntington Valley Sports, 19026 Brookhurst St., Huntington Beach 92646 (714) 962-3337.</p> <p>4 FRESNO JOGGERS 4th OF JULY RUN. Jim Martin, 2530 N. Barton, Fresno 93705.</p> <p>4 MADERA COURTHOUSE 10 KILO RUN. Mike McLain, 1408 Riverview, Madera 93637.</p> <p>4 KENWOOD FOOTRACE. 10 kilo Dan Preston, 4204 Leafwood Circle East, Santa Rosa 95405.</p> <p>4 FIRECRACKER 6-MILER. Concord, 9 am. John Howard, 1950 Parkside Dr., Concord 94519. (415) 798-2852.</p> <p>4 4th OF JULY PARADE RUN 5 kilo, Redwood City, 9:45 am. Sten Mawson, 163 Romero Rd., Woodside 94062.</p> <p>5 LOS GATOS ALL COMERS TRACK MEET. Los Gatos High School, 6:30 pm. Glenn Harmatz (408) 356-2225.</p> <p>5 WWTC ALL COMERS TRACK MEET. Clovis, 6:30 pm. Sandy McPherson, 1023 Oxford, Clovis, 93612. (209) 299-8495.</p> <p>7 SPA JUNIOR OLYMPICS. Mt. SAC, 9 am. Bill Beck, 1140 N.</p> | <p>11 PERRIER 10 KILO. Polo Fields, Golden Gate Park, San Francisco, 6:30 pm. Don Capron, 4808 Fulton St., San Francisco 94121.</p> <p>12 LOS GATOS ALL COMERS TRACK MEET. Los Gatos High School, 6:30 pm. Glenn Harmatz (408) 356-2225.</p> <p>12 WWTC ALL COMERS TRACK MEET. Clovis, 6:30 pm. Sandy McPherson, 1023 Oxford, Clovis 93612. (209) 299-8495.</p> <p>14 SANTA PAULA 10 KILO RUN Gary Tuttle (805) 643-1104.</p> <p>14 WRECK RUN. 3 miles, Beresford Park, San Mateo, 9 am. San Mateo Recreation Dept., 330 W. 20th. Ave., San Mateo 94403.</p> <p>14 U.S. MASTERS AAU DECATHLON CHAMPIONSHIPS. San Diego State University.</p> <p>14 LAFAYETTE 10 KILO Cancel</p> <p>14 REGION 13 JUNIOR OLYMPICS Mt. SAC. Bob Hickey, 9352 England Ave., Westminster 92683.</p> <p>15 MATTEL NYA RUN FOR YOUTH 15 Kilo, Domingues Hills, 7:30 am. Sue Hutchison, 5115 Coveview Dr., Rancho Palos Verdes 90274. (213) 377-7408.</p> <p>15 NORTH COUNTY TRANSIT RUN 10 kilo, Carlsbad, 8 am. Steve Doyle, NCTD, P.O. Box 1009, Oceanside 92054.</p> <p>15 PIONEER STAMPEDE. 7 kilo,</p> |
|--|---|--|--|

- 23 Y TO Y BENEFIT RUN. 2.1 & 5.3 miles, Pinole, 10 am. Kenneth Stein, 3230 MacDonald Ave., Richmond 94804. 234-1270.
- 23 BASIN BLUES 12 KILO RUN Tapia Park, 8 am. Steve Adams, 17159 Kingsbury, Granada Hills 91344.
- 23 AAU JUNIOR DECATHLON CHAMPIONSHIPS. Indiana University.
- 23 SPA WOMEN'S ALL COMERS USC, 9 am. Sherry Calvert, USC Women's Athletics, Heritage Hall, Los Angeles 90007. (213) 741-7693.
- 23 AAU WESTERN REGIONAL MASTERS CHAMPIONSHIPS. Santa Ana College. 2 days. Hugh Cobb, 2963 Galena Ave., Simi Valley 93065.
- 23 THE MODERN RUNNER WORKSHOP. San Diego, 2 days. (714) 298-4412.
- 23 KILOMETERS FOR KIDS. 10 kilo, Balboa Park, San Diego, 8 am. United Guaranty, P.O. Box 85092, San Diego 92138, Attn: Fred Millard.
- 24 RYER ISLAND RELAYS. 4x5 miles, Sacramento Delta, 9 am. Fleet Feet R.C., 2408 "J" St., Sacramento 95816.
- 24 FITCH MOUNTAIN FOOT RACE 6 miles, Town Plaza, Healdsburg, 9 am. Healdsburg Chamber of Commerce, 217 Healdsburg Ave., Healdsburg 95448.
- 24 SOLEDAD MISSION 10 KILO Mission Run, Almond Acres, Space 2, Soledad 93960.
- 24 SEABREEZE 10/20 KILO ROAD RACES. Ventura, 8 am. Ken Schmidt, 101 W. Palm Dr., Oxnard 93030.
- 24 CASCADE RUN OFF. 15 kilo, Portland, Oregon, 10 am. Run Off, c/o 3500 First National Bank Tower, Portland, OR 97201.
- 24 HOT TO TROT 1/2 MARATHON Santana High School, Santee, 7 am. "Hot to Trot" Half Marathon, 10047 Woodrose Ave., Santee 92071. (714) 449-4495, 448-3648.
- 29 AAU NATIONAL AGE GROUP CHAMPIONSHIPS. UCLA, 9 am 3 days. Calvin Brown, 228 E. Artesia Blvd., No. C, N. Long Beach 90805. (213) 632-6387.
- 30 ROUND THE ISLE RUN. 1 & 3.6 & 10 miles, Encinal High School, 9 am. Robert E. DeCelle, P.O. Box 1606, Alameda 94501 (415) 523-2264.
- 30 EXCELSIOR BEACH RUN. 10 kilo, San Francisco, 10 am. Mike Conroy, 8 Heath Ct., Daly City 94015. SASE only!
- 30 USA - USSR JUNIOR TRACK MEET. 2 days. Bakersfield.
- 30 SAN CLEMENTE CANYON PARK RUN. 10 kilo, 8 am. Clairemont NRC, 4790 Clairemont Mesa Blvd., San Diego 92117. (714) 292-5670.
- 4 4th OF JULY PARADE RUN 5 kilo, Redwood City, 9:45 am. Sten Mawson, 163 Romero Rd., Woodside 94062.
- 5 LOS GATOS ALL COMERS TRACK MEET. Los Gatos High School, 6:30 pm. Glenn Harmatz (408) 356-2225.
- 5 WWTC ALL COMERS TRACK MEET. Clovis, 6:30 pm. Sandy McPherson, 1023 Oxford, Clovis, 93612. (209) 299-8495.
- 7 SPA JUNIOR OLYMPICS. Mt. SAC, 9 am. Bill Peck, 1140 N. Alexandria Ave., Los Angeles 90028. (213) 666-0546.
- 7 U.S. MASTERS AAU TRACK & FIELD and PENTATHLON CHAMPIONSHIPS. Mt. Hood College, Gresham, Oregon. Jim Puckett, Mt. Hood College, 2600 SE Start, Gresham, OR 97030.
- 7 FRESNO BUNION DERBY. 3 Kilo. Larry Lung, 784 Jana Way, Hanford 93230.
- 7 PONDEROSA RIDGE RUN. Spooner Summit, 9.5 miles, 11 am. Austin Angell, Box 1521, South Lake Tahoe 95705.
- 7 GREAT CALISTOGA FOOTRACE 5 miles, Calistoga, 9:30 am. Reg Harris, 1267 Walnut, No. C-66, Napa 94558.
- 7 WESTERN STATES ENDURANCE RUN (100 miles in one day) Squaw Valley to Auburn, 5 am. Western States Trail Foundation, P.O. Box 1228, Auburn 95603. (916) 823-7283.
- 8 OLD MINERS 19 MILE RUN Big Bear Lake, 7:30 am. Eddie Hurt, 7956 Devenir St., Downey 90242. (213) 923-3941.
- 8 SAN FRANCISCO MARATHON Golden Gate Park, 7 am. Jim Thomason, 110 Lenox Way, San Francisco 94127. (415) 564-4771.
- 11 UKIAH ALL COMERS TRACK MEET. Ukiah Pomolita Junior High School, 6 pm. Louise Jurado, 860 Bel Arbres Rd., Redwood Valley (707) 485-7167.
- 14 REGION 13 JUNIOR OLYMPICS Mt. SAC. Bob Hickey, 9352 England Ave., Westminster 92683.
- 15 MATTEL NYA RUN FOR YOUTH 15 Kilo, Domingues Hills, 7:30 am. Sue Hutchison, 5115 Coveview Dr., Rancho Palos Verdes 90274. (213) 377-7408.
- 15 NORTH COUNTY TRANSIT RUN 10 kilo, Carlsbad, 8 am. Steve Doyle, NCTD, P.O. Box 1009, Oceanside 92054.
- 15 PIONEER STAMPEDE. 7 kilo, Pioneer, 9:30 am. Tom Lambie, Star Route 1, Pioneer 95666.
- 18 SENIOR OLYMPICS. University of Southern California. 2 days. Note change of date. Senior Olympics, 5670 Wilshire Blvd., No. 360, Los Angeles 90036.
- 18 PERRIER TWO-SOME RELAY Polo Fields, Golden Gate Park, San Francisco, 6:30 pm. Don Capron, 4808 Fulton, San Francisco 94121.
- 19 WWTC ALL COMERS TRACK MEET. Clovis, 6:30 pm. Sandy McPherson, 1023 Oxford, Clovis 93612. (209) 299-8495.
- 19 LOS GATOS ALL COMERS TRACK MEET. Los Gatos High School, 6:30 pm. Glenn Harmatz (408) 356-2225.
- 21 OXNARD RECREATION DEPT 10 KILO. (805) 643-1104.
- 21 SYNANON AIR STRIP 10 KILO Badger, 8:30 am. Michele Gauthier (209) 337-2885.
- 21 MASTERS PAN AMERICAN GAMES. Santa Ana College. Walter Butler, 4640 Degovia, Woodland Hills 91364. (213) 884-1349.
- 21 FRESNO BUNION DERBY. 5 kilo. Larry Lung, 784 Jana Way, Hanford 93230.
- 22 ORANGE COUNTY 15 KILO Irvine, 8 am. Heiko Peschel, 5238 Michelson Dr., No. 32B, Irvine 92715.

JULY

- 22 MARIN HEADLANDS RACE. 5.6 miles. Kess Tuinzng, 627 Galerita Way, San Rafael 94903. (415) 472-7917.
- 22 WHARF-TO-WHARF RUN. 5.8 miles, Santa Cruz Boardwalk. Mark McConnell, 2060 Sequoia Dr., Santa Cruz 95065.
- 22 YMCA CENTENNIAL RELAY. 50 mile, Livermore to Lake Merritt (Oakland) 8 am. E.M. Slee, YMCA, 2101 Telegraph, Oakland 94612.
- 26 LOS GATOS ALL COMERS TRACK MEET. Los Gatos High School, 6:30 pm. Glenn Harmatz (408) 356-2225.
- 26 WWTC ALL COMERS TRACK MEET. Clovis, 6:30 pm. Sandy McPherson, 1023 Oxford, Clovis 93612. (209) 299-8495.
- 27 WORLD MASTERS GAMES. Hannover, Germany. Veterans Championships, AMT Fur Verkehrsford-erung, Postfach 404, D-3000 Han-nover 1, Germany.
- 27 USA vs USSR JUNIOR DECATH-LON. Tulare.
- 28 WATERMELON RUN. 8.4 miles, Chabot Regional Park, Oakland, 9 am. Bob DeCelle, P.O. Box 1606, Alameda 94501.
- 28 SPA-AAU and NATIONAL AAU ONE HOUR RUN. Santa Barbara 3 pm. John Brennand, 4476 Mead-owlark Lane, Santa Barbara 93105.
- 29 RINCON BIATHLON: 4 mile run plus 10 mile bike. Solimar Beach, 7 am. Connie Rodewald, 852 Sharon Dr., Camarillo 93010. (805) 482-5360.
- 29 JENNER 10 KILO RUN. Chuck Lichter, National MS Society, So. California Chapter, 229 N. Central Ave., Glendale 91203. (213) 247-1175.
- 29 PEAR FAIR ROAD RACES. 10 miles, Courtland, 8:30 am. Fleet Feet, 2408 "J" St., Sacramento 95816.

- 5 BONNIE BELL 10 KILO. Los Angeles. Women only. Georgetown Row, Lakewood, Ohio 44107. (800) 321-9988.
- 9 NATIONAL JUNIOR OLYMPICS Lincoln, Nebraska.
- 10 LAKE ARROWHEAD RACE WEEKEND. 15 kilo. The Running Center, P.O. Box 942, Rialto 92376. (714) 874-2121.
- 11 SIERRA PINES 40 MILE RELAY Bass Lake. Fresno Pacific Track Club, 1902 Norris Drive East, Fresno 93703. (209) 264-5847.
- 12 PIKES PEAK MARATHON, Colo-rado. Jay Longacre, 2708 Androm-eda Dr., Colorado Springs, CO 80906.
- 18 FRESNO BUNION DERBY. 15 kilo. Larry Lung, 784 Jana Way, Hanford 93230.

- 18 TECHACHAPI 10 KILO RUN Larry Arnt, 5000 Belle Terrace, No. 72, Bakersfield 93309.
- 19 TIBURON ROAD RACE. 8½ miles Must pre-enter. Marin Racers, 4808 Fulton, San Francisco 94121.
- 25 BASS LAKE ½ MARATHON. 13.1 miles. Fresno Pacific Track Club, 1902 Norris Drive East, Fresno 93703. (209) 264-5847.
- 25 AMERICA'S FINEST CITY HALF MARATHON. San Diego. Lung Association, 3861 Front St., San Diego 92103. (714) 297-3901.
- 30 SEPULVEDA DAM EVENING 15 kilo. Connie Rodewald, 852 Sharon Dr., Camarillo 93010. (805) 482-5360.

LONG DISTANCE LOG

by RICHARD LEE SLOTKIN

April 22, Rancho Park, Los Angeles-LIONS CLUB 10 KILO:

Let's face it: Some courses are more fun to run than others. The Lions Club set up one of the nicer ones we've seen this year so far. Starting at the Rancho Park Recreation Center, which is surrounded by the Rancho Park Golf Course, home of many an L.A. Open, the route exits fashionable Cheviot Hills, turns past the big 20th Century Fox complex,

not allowed, and Lucas was awarded first. Maybe his hand was on top.

First among the females by plenty was Maria Gonzales with a 39:51. But second, also by plenty, was her Santa Monica Track Club teammate Ellen Gerken. Ellen, running her first race ever, and with only 3 months of training to her name ran a very creditable 42:24, two minutes ahead of the third place female, Susan Stevens, whose 44:22

Men 16-18:		
1	Andy Ligett	34:50
2	Ron Maroko	35:11
3	Greg Barnett	37:50
Men 19-29 (Open):		
1	Pete Lucas	31:24
2	Jerry Alexander	31:24
3	Brian Osmann	32:27
4	Richard Hornish	32:51
5	Ashton Cooper	33:14
Men 30-34:		
1	Mick Oshea	34:34
2	Fred Doubell	34:42
3	Alan Wile	35:41
Men 35-39:		
1	Michael Crombie	34:19
2	Gerald Berman	34:40
3	Gary Smith	36:12
Men 40-44:		
1	Richard Lemen	37:27
2	R. McNamar	37:40
3	Richard Scott	38:06
4	Pete Lewi	39:22
Men 45-49:		
1	Walt Windsor	35:42
2	David Reisbord	35:48
3	Leon Glazman	39:24
Men 50-54:		
1	Richard Kyman	NT
2	Conrad Eroen	36:52
3	Sam Deluca	41:40
Men 55-59:		
1	Sam Bilich	41:33
2	Kenneth Saltzman	44:30
Men 60 and Over:		
1	Brook Gleason	36:38
2	Eddie Levin	40:29
Women 12 and Under:		
1	Voncille Brown	47:33
Women 13-15:		
1	Debbie Urov	46:31
Women 16-18:		
1	Karen Durashige	48:33
Women 19-29 (Open):		
1	Maria Gonzalez	39:51
2	Ellen Gerken	42:24
3	Chris Zacho	46:44
4	unidentified	46:59
5	Pamela Ivie	47:09
Women 30-34:		
1	Lynn Saveria	47:35
2	Deborah Kweller	48:31
3	Pat Willits	48:33
Women 35-39:		
1	Susan Stevens	44:22
2	Hilke Richards	46:47
Women 40-44:		
1	Shirley Weisman	53:18

Sharon Dr., Camarillo 93010. (805) 482-5360.

- 29 **JENNER 10 KILO RUN.** Chuck Lichter, National MS Society, So. California Chapter, 229 N. Central Ave., Glendale 91203. (213) 247-1175.
- 29 **PEAR FAIR ROAD RACES.** 10 miles, Courtland, 8:30 am. Fleet Feet, 2408 "J" St., Sacramento 95816.

AUGUST

- 1 **PERRIER 7.5 MILER.** Polo Fields, Golden Gate Park, San Francisco, 6:30 pm. Don Capron, 4808 Fulton, San Francisco 94121.
- 4 **INSIDERS OUT AND BACK 10 KILO.** Ventura, 9 am. Gary Tuttle (805) 643-1104.
- 4 **FRESNO BUNION DERBY.** 10 kilo. Larry Lung, 784 Jana Way, Hanford 93230.

April 22, Rancho Park, Los Angeles-LIONS CLUB 10 KILO:

Let's face it: Some courses are more fun to run than others. The Lions Club set up one of the nicer ones we've seen this year so far. Starting at the Rancho Park Recreation Center, which is surrounded by the Rancho Park Golf Course, home of many an L.A. Open, the route exits fashionable Cheviot Hills, turns past the big 20th Century Fox complex, from which the outdoor sets for "Hello Dolly" can still be seen from the street, on through also fashionable Century City, continuing up and down surrounding West L.A. residential streets and finally the 1/2 mile stretch up, and it is up, Pico Boulevard to the last 250 yard swing on Motor Avenue to the finish.... right where it all started. The course is best described as winding and rolling.

Finishing in a deliberate hand-holding tie for first with identical times of 31:24 were Pete Lucas and Jerry Alexander. For some reason, known only to the A.A.U., if even they know, ties are

by RICHARD

not allowed, and Lucas was awarded first. Maybe his hand was on top.

First among the females by plenty was Maria Gonzales with a 39:51. But second, also by plenty, was her Santa Monica Track Club teammate Ellen Gerken. Ellen, running her first race ever, and with only 3 months of training to her name ran a very creditable 42:24, two minutes ahead of the third place female Susan Stevens, whose 44:22 wasn't bad either, for a hilly course.

How about Brook Gleason, winner of the men's 60 and over division? His 36:38 was 26th overall.

RESULTS:

Men 12 and Under:

1 Darran Kaplan 43:57

Men 13-15:

1 Jim Kelley 33:02

2 Dave Smith 39:38

3 Craig Cramer 41:44

1	Karen Durashige	48:33
Women 19-29 (Open):		
1	Maria Gonzales	39:51
2	Ellen Gerken	42:24
3	Chris Zacho	46:44
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1	Susan Stevens	44:22
2	Hilke Richards	46:47
Women 40-44:		
1	Shirley Weisman	53:18
Women 45-49:		
1	Joanne Kikawa	56:54
Women 50 and Over:		
1	Heidy Tyder	66:21



Finish Line Systems

Planning a road race for a charitable activity but committed to a busy schedule and unable to find the time for organization and detail? **Finish Line Systems**, staffed by experienced and professional personnel will help you organize and manage the event. We have the equipment from electronic timers to headquarters van plus a computer for pre-race entry and on site tabulations for accurate and speedy results. Entry forms, permits and all the 1001 things that go into a success are available through our service.

Finish Line Systems will be happy to consult with you and/or manage your race to insure it's success for the runners and your charitable goals.

Please call or write for further information
Finish Line Systems
2340 Oak Shore Dr. • Westlake Village, CA 91361
805/496-1520

So. California T-F Diary

by BILL MINARK

May 14:

Lots of activity in SoCal track last week-end, so lets start with the high schools. Both the Southern Section and City Section C.I.F. Prelims took place with no major casualties. It still appears that Pasadena is the favorite in the Boys Southern Section C.I.F. with Chatsworth, Locke and Banning the big three in the Los Angeles City. If Chatsworth wins the City Section, it would be the first team in modern times to win both the cross country and track championships in the same year. In the girls competition, it looks like Westchester in the City, with the Southern Section up for grabs.

In Community College action, Long Beach as expected was the qualifying leader in the SoCal Prelims as they put on a USC-type performance in the 220 taking five of the top nine spots despite the fact their top sprinter Virgil Torrance was lost for the season with an injury. In addition two LBCC distance runners made news. First distance star Ron Cornell failed to qualify in both the 1500 and 5,000, however Carmelo Rios put on an iron-man show by cruising to a qualifying spot in the 3,000 meter steeplechase and then coming back to win the 10,000 in a tough field, in what may have been his first serious attempt at that distance. In the women's competition, both Ventura and El Camino appear to be the class of the field with El Camino's front line sprint strength giving them the

men's results were listed in the Los Angeles Times, even though men's and women's competition was held concurrently in most instances. I see only two possible reasons for those deletions: 1) the reporter at the Times was chauvinistic and omitted the women's results or 2) the meet directors (probably a men's coach) failed to call in the women's results. Based on events which have taken place this year, I choose to believe the latter.

This year has not been a banner year for SoCal Community College women from either a standpoint of participation or competitiveness. For the mostpart, I feel male coaches at a number of schools are to blame. When Proposition 13 came through, these coaches, in an effort to keep the men's program strong, discouraged women from coming out for track or cross country. However, they kept just enough women on the roster, so that they could have a women's head coach and sometimes an assistant, who in reality were men's assistant coaches who worked primarily with the men. In the instances where the women have been able to get a separate program with a female coach and a female athletic director, the picture has still been one of conflict. Some of the fiercest rivalries in community college track and cross country I have seen this year have been between men and women teams from the same school. The reason being each feels they are not getting the right size slice out of the track and cross country budget pie.

I understand that at a number of coaches meetings held recently, the issue of how to improve the women's

in the intermediate hurdles, may no longer be competing for Pasadena, but his presence as a PCC assistant coach was much in evidence as three of his disciples gave the fans a demonstration in the art of intermediate hurdling en route to a 1-2-6 finish.

El Camino athletes continued their dominance of the pole vault, while Steve Ortiz of Grossmont was the dominant force in the distance events with record setting performances in both the 1500 and 5000. Carmelo Rios of Long Beach may just be one of your big names of the future as after capturing the 10,000 finals held with the prelims, he just barely lost to last year's winner Mark Lewis in the steeplechase; however I will be greatly surprised if he could pull any kind of a strong double running both on the same night. Mt. SAC's upset of LBCC in the mile relay was a surprise, but I look for a reversal in the State Meet.

Major casualties of the night consisted of: 1) both Pasadena City College relay teams - one to a dropped stick and the other to a disqualification; 2) Tim Varley state leader in the 10,000; 3) Derek Robinson of LBCC in the long jump; and 4) Bruce Mondello of Fullerton in the shot.

In the women's competition, the gals from El Camino really sparkled and should have enough "safe points" to carry them to the title. Ventura, which undoubtedly has the strongest dual meet team in the state, is starting to show their lack of good front line talent and will probably have a tough time bettering their third place in the State Meet. Glendale got the maximum number

of runners. In stepping back on, he caused some slight contact among two other of the runners, one of whom, Kevin Lundgren of Hancock, had been cruising easily along. However, at that point, at the insistence of a Bakersfield coach who was standing nearby, the official at that spot, who was also from Bakersfield, threw up the foul flag, and disqualified Lundgren who eventually finished second in 3:49. Not only was this the worst call I've seen in 20 years of covering track, but it ended the community college career of one of SoCal's top distance runners. Incidentally, what school do you think benefitted from Lundgren's DQ by having it's man put into the top six and going on to the State Meet? You guessed it! Bakersfield! If Lundgren is not reinstated, in my opinion Bakersfield should never again be allowed to host a championship meet. Up to this year, I felt that the National Football League had the greatest need for instant replay equipment. However, Memorial Stadium in Bakersfield should now be given top priority for such monitoring.

At the high school level, the Southern Section C.I.F. Finals produced a finish in it's prestigious AAAA Division which was even wilder and more exciting than last year. As track fans may remember, 1978 saw the meet go down to the mile relay with Muir High trailing cross-town rival Pasadena by 6 points. In that Relay, Muir went from 4th to 1st on the final leg, while Pasadena could not improve it's 6th place position. Accordingly Muir won by 3 points.

This year, again it came down to the mile relay with Muir leading by

In the girl's AAAA Division, the incredible Howard sisters of San Geronimo scored all of its teams 52 points en route to a comfortable team victory. To put some icing on the cake, the girls broke the national high school mile relay record with a 3:46.4 clocking.

A major casualty in this meet was Frank Assumma, who in trying to pull a 880-mile double, scored in both, but came up short of qualifying in either under the unusual system of taking the top 9 marks from the combined four divisions as qualifiers for next week's Masters Meet. In some instances division champs who were undefeated all year had their high school careers ended because they were in a slow race. One near fatality was 7-3 high jumper Tim Poltl who had to go to a jump-off to win the 9th and last qualifying spot. Poltl said afterward that next week he would silence the skeptics who point out that he has not gone higher than 6-8 on any pit except his own. I might suggest that next year, meet organizers consider advancing the champions from each division plus the next 5 fastest times instead of the fastest 9 times. Since field events are not run head to head, the top 9 marks in that case would be equitable.

In the Los Angeles City's C.I.F. Section Semi-finals, all the action was qualifying with no major casualties. Locke High and David Mack along with Banning High appear as favorites for next week's finals.

The only record set was the time it took to complete the meet. The prior week, the quarter-finals which began at 5:30 finished some time after midnight. In this week's semis, action began at 3:30 and finished at 11:00 which has caused me to place the names of the L.A. City Athletic Board into nomination for the CTN "Flashlight Award."

The L.A. City Board in defense, indicated they chose the late starting time so that athletes would not have to compete in the heat. This concern about heat is a carryover from cross country when, after two City harriers suffered a mild case of heat prostration, the City set up first aid stations at all dual meets. Despite the fact the funds for cross

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May 30:

The State Community College Championships highlighted last weeks local activity, and as things turned out the meet was a real nail-biter. Long Beach CC as anticipated was the winner over San Jose in the men's division, however, the meet wasn't won until the last attempt in the last event. In that one, LBCC's Gary Williams went from 6th to what turned out to be 2nd with a lifetime best in the triple jump.

The difference in the final score 87-84½ was much closer than it should have been. Not only was LBCC without superstars Virgil Torrence, Ron Cornell and Derek Robinson (Long Jump) but in the initial running of the high hurdles, a 1-2 finish by Long Beach was negated when officials said there was some type of interference by a spectator. In the rerun, San Jose was the winner with the net result being a 19 point reduction in the point differential.

It's been a long time since a team has had a winning total as high as Long Beach, however, it doesn't look like fans will have to wait as long to see a repeat of that performance. If I have correctly interpreted the moans and groans coming from SoCal Community College coaches, then Long Beach has cornered the market on this year's crop of talented high school senior tracksters. This recruiting coup will probably make Coach Ron Allice a cinch for this year's "Salesman-of-the-Year" Award.

In the women's division, there was a 3-way tie for first, however one of the co-winners El Camino literally gave away a share of the title to the other two. In the final event of the evening, the mile relay, all El Camino needed was a 6th and the title was theirs. With 100 yards to go in the event, El Camino's anchor woman was in 5th place and could have walked to the finish line for 6th and the title, however she elected to walk off the track instead and thus settle for a tie. There were some other unbelievable happenings in the gals competition, but since none of them affected the team title, I'll eliminate comment.

The SoCal C.I.F. Section State Qualifying Meet went as expected except

THE GREAT HIGH SIERRA FOOT RACE

SIERRA PINES 40 MILE RELAY

SATURDAY, AUGUST 11, 1979

ALL TEAMS MUST BE PRE-ENTERED
ABSOLUTELY NO POST ENTRIES WILL BE ACCEPTED
MONDAY, AUGUST 6, 1979 IS THE DEADLINE

THE DIVISIONS:

- 1) Open Men (18-39)
- 2) Women
- 3) Junior Boys (under 18)
- 4) Masters Men (40+)
- 5) Mixed (at least 3 women)

THE COURSE:

Start and finish at the Pines Village, Bass Lake, California -- one hour from Fresno.

The Race goes three times around the lake. A 7½ mile leg (Fairly flat and shady) and a 5½ mile leg (hilly and sunny) completes once around. Repeat for a total of three times around.

Six person teams.



For an entry blank, map of the course, directions, and a list of campgrounds, send your request, along with a stamped self-addressed envelope, to the meet director:

Darrel Cox
314 Homsy Avenue
Fresno, California 93727
Phone: (209) 255-4041

week, the quarter-finals which began at 5:30 finished some time after midnight. In this week's semis, action began at 3:30 and finished at 11:00 which has caused me to place the names of the L.A. City Athletic Board into nomination for the CTN "Flashlight Award."

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Moving to 4-Year College action, little Azusa Pacific College, thanks to a 5,000 - 10,000 double win by Sammy Maritim and a decathlon first by Garry Wise, captured fifth place at this year's NAIA National Championships.

In the PAC-10, Oregon as expected captured the title, with UCLA surprising USC for second. In this one, former Burroughs High star Jon Switzer got a surprise fourth in the pole vault with a PR of 16-8. Switzer's effort typified the type of performances which Oregon has been getting all year from "unknown" athletes.

A final note on the West Coast Relays held at Fresno. If an all weather track isn't installed within two years for this meet, you can expect it to cease as a major attraction. The wind and dust was so bad this time that many athletes were temporarily blinded while competing. In one relay, the vision of a group of runners waiting to receive a hand-off was so obscured that two of them reached for the same baton. Because of the close proximity of the WCR to various championship meets and the increasing costs of travel to Fresno, many SoCal coaches are seriously considering having a similar meet on one of the many all weather facilities available locally.

way as well as the other one of the co-winners El Camino literally gave away a share of the title to the other two. In the final event of the evening, the mile relay, all El Camino needed was a 6th and the title was theirs. With 100 yards to go in the event, El Camino's anchor woman was in 5th place and could have walked to the finish line for 6th and the title, however she elected to walk off the track instead and thus settle for a tie. There were some other unbelievable happenings in the gals competition, but since none of them affected the team title, I'll eliminate comment.

The SoCal C.I.F. Section State Qualifying Meet went as expected except that Pasadena's chances for a state title were given a severe setback when their mile relay team was given a DQ for allegedly having their first man step on the line going around a turn. Otherwise Pasadena looked like a cinch for 4 firsts at the State Meet with James Sanford winning both sprints and anchoring both relays. Tim Poltl of Alemany ended his high school career as he took 6th with a jump of 6-8

In the C.I.F. Los Angeles City Section, David Mack of Locke High was awesome in leading his team to the championship. Mack ran a difficult 400-800 double; then came back to anchor a record setting mile relay team. There is still some doubt in my mind however, as to whether Mack can pull that kind of a double against state competition.

In the girl's division, Gwen Loud of Westchester was even more awesome as she lead her team to the title with a 100-2--LJ-440R quad win.

At this point, I would say there are only 3 boys teams with a shot at the state title: Pasadena, Muir and Locke. In the girl's division only San Geronio and Westchester appear to be able to challenge Berkeley.

Cal Poly SLO as expected breezed to the NCAA Division II title with Jim Schankel leading the way with a 5K-10K double. Cal State Northridge was second thanks to freshman strongman Joe Staub who heaved the shot a winning 62-7½ and came back for a second in the discus.

Northridge was a winner, however, in the AIAW meet as Jodi Anderson won

the race. The 1/2 mile leg (fairly flat and shady) and a 1/2 mile leg (hilly and sunny) completes once around. Repeat for a total of three times around.

Six person teams.

For an entry blank, map of the course, directions, and a list of campgrounds, send your request, along with a stamped self-addressed envelope, to the meet director:

Darrel Cox
314 Homsy Avenue
Fresno, California 93727
Phone: (209) 255-4041

the pentathlon, long jump and ran on a winning relay team.

June 4:

The California State Prep Track and Field Championship was a combination of give-away and take-away. In the boy's division, Pasadena, which had their title hopes dimmed when officials DQed their mile relay team in a SoCal qualifying meet, apparently were able to convince officials to keep their eyes on the opposition as the officials DQed defending state champ Bill Green in his winning 440 effort, thus depriving his Cubberly High School team of a share of the title along with Pasadena. Green, however, did upset Sanford in the 100, but Sanford came back in the 220 to Join David Mack (880), Paul Medvin (Mile) and Jeff Nelson (2 mile) as repeat winners from last year.

In the girl's division, Berkeley High, for the 2nd straight year, gave the title away when their favored 440 relay team dropped the stick and one of their sprinters false started out. San Geronio High which appeared to be next in line for the title also gave it away when their 440 relay team, thanks to two of the Howard sisters mishandled the stick. That left it for Westchester High and it's one girl team of Gwen Loud to claim the title. Loud made it a perfect day by anchoring the 440 relay team to

victory and winning the 100, 220 and long jump.

The NCAA Division III meet saw last year's titlist Occidental drop to 7th place while everybody's favorite team Slippery Rock slipped in for the crown.

In NCAA Division I action UCLA and USC came out a disappointing 3rd and 7th with relatively low point totals. I was a little bit dismayed to hear UCLA Coach Jim Bush still using the argument that foreign athletes caused his team not to win the title.

During this last track season, it seems that there were an unprecedented number of disqualifications at the high school and community college series of championship meets. Prior to this year I had scoffed at allegations by coaches that officials were out to get them, however, I'm not so sure any more since the teams allegedly targeted for DQs prior to the start of the season were some of the ones hit during the big meets.

There is one sure way to verify that an alleged foul is in fact a foul. To do this, you would have every running event filmed or taped in its entirety. For a claim of foul to stick, it would have to be called by an official on the spot, and then be substantiated by film to the satisfaction of a committee elected by the coaches. There is an old saying that "seeing is believing" and I think every coach that's had a runner or relay team disqualified would have liked to have had a second look at the alleged foul.

TUTTLE'S TRACK TOPICS

by GARY TUTTLE

In 1967 I was in college, attempting to improve my running so I could win our small conference. While I was struggling to break 4:20 in the mile, Jim Ryun was setting a world's record in the mile, running 3:51.1. A few years earlier, Ryun had run the first ever high school sub 4-minute mile.

I was like young athletes everywhere. I had heroes and idols in the track world. On my apartment wall were pictures of Ron Clarke, Gaston Roelants and Jim Ryun.

I closely followed Ryun's career through his world records, his American Championships and his silver medal at the Mexico City Olympics.

I also followed Ryun through his incredibly bad luck and frustrations.



night I was shaking hands with Ryun, welcoming him to our clinic at Inside Track. Ryun and I made a trade, he would come to our clinic, and I'm running the race he is sponsoring in Santa Barbara.

As the questions began, it became apparent that those runners in attendance were as equally curious with the Ryun of the present as of the past.

In response to the questions of the present and future we learned about a new Ryun. First of all, it is apparent that running has slipped to a distant third in his life. Ryun's first concern is to God and Jim's wife and four children. Ryun, 32, is now a Christian and has been since he, "brought Christ into my life in 1972." According to Jim, Christ entered into his life not through success, but through adversity. When Jim was down in 1972 (in fact Jim says, "My first test as a Christian came at Munich, when I tripped in the 1500 heats") Christ entered into his life and "Gave me a new sense of living."

The peace Jim found led him and his family to Santa Barbara, where they currently live. Jim's financial status is stable, but it's confusing as to what he exactly does, and he seems to prefer to keep it that way. Jim has a Christian Youth Camp during the summer, a radio program in Santa Barbara, a running book coming out, and several contracts for promotion. In addition, he gets hand-some speakers fees, and was working with a jogging/fund raising company.

Financial concerns and a lasting love of running appear to be luring

Jim back to racing. This time however, the running will be done on the roads over 6.2 miles. Road running has lots of money behind it, and a big name like Ryun could attract some of it. According to Jim, "I'm playing with the idea of returning to competition. I'm still a young man."

The new Ryun will be the first to admit that he's not in the same condition as he was in 1968 when he ran 21 quarters in 61 seconds with only a 62 second rest between each. However, the new Ryun runs 6 to 10 miles a day, and seems to hint that he might have a few surprises in store for the road scene.

Even if Jim wants to run in the big races, he may have a problem with the AAU. Jim has been considered "no longer an amateur" because of his competition for the ITA pro track. Jim certainly never will be eligible for any Olympic competition (he has no ambitions anyway), but might be able to at least run officially in local road races.

Jim seems to have very little bitterness towards the AAU for his loss of amateur status, because it was his choice to go with pro-track. Jim does see the irony in his situation, because he was making as much as \$1500 under the table for races as an amateur, but was punished for making far less money as a pro. Nevertheless, Jim feels his reasons for turning pro were valid because, he "felt it would be a good step for track in America." Jim left ITA before it disbanded because, "they (the organizers) got hurt financially, and turned it into a circus."

Jim obviously is proud of what he has accomplished in the past, and in typically Ryun fashion, credits his wife, his Kansas coach Timmons, and "a little talent" for making him such a great miler. Jim feels the proper mixture of speed training during track season along with lots of mileage for three months prior enabled him to be the first high-schooler under four minutes. Curiously, only three high-schoolers have ever run a sub four-minute mile, and none since 1967. When asked what the problem could be, Jim said, "the emphasis in training has gone too far towards roads." In other words, too many miles and not enough speed. Jim feels the young runners are not "willing to pay the price" of hard speed work.

Jim still follows track and the mile still seems important to him. Jim's record is now gone, and he is currently number 3 behind Walker and Bayi on the all-time list. Walker and Bayi are still competing, and Ryun sees "Walker as the miler to win in Moscow." Jim sees Walker's biggest problem, however, as a familiar one which Jim has faced. Ryun feels since Walker is number one that everyone will be shooting to knock him off. Also, Walker may not be as "hungry" as some of the others, since he has already done it all.

Jim has almost done it all. He ran approximately 25 sub four-minute miles. He held world records in the 880 the 1500 and the mile, and along with Herb Elliott is considered to be the greatest miler of all time.

The only thing he didn't get was Olympic gold. Yet Ryun has no regrets. When asked what changes he would make if he could start over, Jim had only two. Jim said he "would get someone to screen the people who wanted a piece of me, and I'd become a Christian earlier."

Jim Ryun was one of my inspirations when I was a 17 year old runner. I grew up admiring Ryun, and I to have no regrets. In fact, I think I'll go through my old scrapbooks and find that picture of Ryun and put it back up on the wall.



Ryun went to the top, and then the pressures and injuries made the once invincible hero a mortal once again. Ryun quit twice in major races, then quit running altogether, only to get Olympic fever and make a second attempt at the illusive gold. Hampered by muscle pulls, allergies, and mono, Ryun made the U.S. team and looked great for gold. Bad luck struck again, and Ryun was tripped and eliminated in the heats. A disappointed Ryun turned to Peo track, and after several 4:10 miles disappeared from the world of running.

Its been eight years since I'd last heard of Jim Ryun, yet last Friday

ne a new sense of living.
The peace Jim found led him and his family to Santa Barbara, where they currently live. Jim's financial status is stable, but it's confusing as to what he exactly does, and he seems to prefer to keep it that way. Jim has a Christian Youth Camp during the summer, a radio program in Santa Barbara, a running book coming out, and several contracts for promotion. In addition, he gets handsome speakers fees, and was working with a jogging/fund raising company.

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PROFILE

Larry Goldston

LARRY GOLDSTON: Mt. San Antonio College, sophomore. 6 feet, 0 inches; 180 pounds. Age 20. Born March 21, 1959, in Beckley, West Virginia. Also competed for UCLA.

Best Marks: 100 meters- 10.44 (79); 200 meters- 20.83 (79); 400 meters- 46.03 (78). Coached by Evans Roderick.

It may have been best to lose. To lose in the Southern California Junior College Championships, that is, and get the surprise over with in time to come back tougher and win the State Championship. That's what happened to Mt. SAC's Larry Goldstone. Ronnie Williams of Long Beach Community College roared by him in the Southern Cal 400, but Goldstone came back the next week in the State Meet and got revenge when it counted most. "I let him get away from me last week," he said following his 45.78 meet record winning performance. The old record of 45.79 was held by

Ronnie Williams who finished second this year at 46.34.

Larry had more to his State Meet assignment than the 400 as he also paced the Mounties to third place finishes in both relays.

Winning the big ones is nothing new for the Mt. SAC sophomore. In high school he was the Colorado State 440 champion three years in a row. He was State 100 and 220 champ two years in a row and anchored the mile relay to State Championships twice. He led his high school team to three straight State Championships by winning three or four events each year.

In 1978 while at UCLA as a freshman he placed second in the NCAA and went on to win the AAU Junior Championships at 46.03. This same year he participated with the USA Junior National Team and was part of a junior world record mile relay: 3:04.8 - his 45.6 split was a big factor as he teamed



Mt. SAC Mile Relay Team-- LARRY GOLDSTON, second from left

with Tony Darden, Tim Dale and Erick Brown.

Goldstone initially got started in track because, "It looked easy and it still looks easy so I started running my freshman year in high school and ran 49.1 and 1:59.1. After that I was hooked."

When asked if any particular individuals have inspired him he replied, "John Smith, Wayne Collett, Benny

Brown and Maxie Parks - seeing them run has given me the desire to be just like them. I also appreciate Jim Bush, the UCLA coach. He is very honest and always helps me in breaking my race down."

TRAINING:

MONDAY: 550@64, 440@51, 330@35, 5x70 high hurdles. TUESDAY: 8x110. WEDNESDAY: 3x330, 5x70 high hurdles. THURSDAY: 8x110. FRIDAY: 3x165.

KINNEY TO SPONSOR NATIONAL CHAMPIONSHIPS



RUNNER'S INDEX

"TAKES THE WORK OUT OF RESEARCH"

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KINNEY TO SPONSOR NATIONAL CHAMPIONSHIPS



FOR HIGH SCHOOL CROSS COUNTRY RUNNERS

National attention will be focused on the nation's outstanding high school cross country runners this fall when the first national Kinney Prep Cross country Championship takes place in San Diego on December 8, 1979. A national consortium of collegiate track and cross country coaches announced this week their plans to organize this event and five regional qualifying events leading to the national championship. An advisory board of high school cross country coaches will help to plan each of the regional qualifiers which will be held in Houston on October 6th, New York October 20th, Chicago November 24th and in both San Francisco and Atlanta on December 1st.

Track & Field Association / United States of America has sanctioned the Kinney Prep Cross Country Championships which will be sponsored by Kinney Shoe Corp.

"Cross country running is an undervalued sport today that offers the natural attraction and benefits of the outdoors with the type of competitive challenge that brings out the best qualities in aspiring young athletes," said Cameron I. Anderson, President of Kinney Shoe Corporation. "We hope to see more of it and to provide the stimulus -- under controlled, supervised, quality conditions to make it possible."

Steve Bartold, Head Coach of Track and Field and Cross Country at St.

John's University, formed the consortium of six college coaches who will coordinate the KPCCC program nationally. Each coach will organize a regional qualifying event in his part of the country. Steve Bartold will cover the Northeast; Michael Muska, Cross Country Coach, Auburn University, and editor of The Harrier, the Southeast; Howie Ryan, Cross Country Coach, University of Houston, the Southwest; Gary Wieneke, Head Coach Track and Field and Cross Country, University of Illinois, the Midwest; and Vern Gambetta, Head Women's Cross Country and Track Coach at the University of California, Berkeley, the West. Fred LaPlante, Head Women's Cross Country and Track Coach, San Diego State University, will serve as the local coordinator for the national championship event.

The cross country course for all events will be 5000 meters (3 miles, 188 yards) for both males and females. Seven top male and seven top female competitors, selected on a time basis in each of the regional qualifiers, will be sent to the final, all expenses paid. Regional qualifiers will compete in the final as unattached individuals and as part of a regional team.

It is expected that the seventy best high school cross country runners in the country will compete in San Diego in nationally famous Balboa Park on December 8, 1979.

RUNNER'S INDEX

"TAKES THE WORK OUT OF RESEARCH"

RUNNER'S INDEX, the semiannual index to Running/Fitness/Sportsmedicine (R/F/S) information, is the first and only product of its kind in this important area of research.

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Featured among the forty indexed periodicals in RUNNER'S INDEX, are the AMERICAN JOURNAL OF SPORTS MEDICINE, the AMERICAN MEDICAL JOGGERS ASSOCIATION NEWSLETTER, CALIFORNIA TRACK NEWS, THE JOGGER, the JOURNAL OF SPORTS MEDICINE and PHYSICAL FITNESS, ON THE RUN, MARATHONER, MEDICINE and SCIENCE in SPORTS, RESEARCH QUARTERLY, THE RUNNER, RUNNER'S WORLD, RUNNING TIMES, and thirty other high-quality publications.

Reviewers of RUNNER'S INDEX have called it "a most competent and professional index," "a significant new service," "an invaluable guide for the new physical fitness enthusiast," "a useful bibliography," and "a monumental achievement!"

RUNNER'S INDEX, edited and published by Joseph C. Mancuso, PhD, can be purchased by sending \$29.95 to RUNNER'S INDEX, Box 5183, Albany, New York 12205. The subscriber is entitled to two issues per year, with publication in August and March of each year.

RUNNER'S



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2

boys

100 YARD DASH

9.2	Michael Sanford(Pasadena)(9.44)-2
9.3	Howard Hawkins(Warren, Downey)(9.58)-4
9.4	Ron Brown(Baldwin Park)(9.66)-3
9.4	Bill Green(Cubberley, PA)(9.59)-1
9.5	Kipper Bell(Henry, San Diego)-6
9.5	Ray Threatt(Pittsburg)
9.5	Adrian Jones(Inglewood)
9.6	Ted White(Richmond)
9.6	Perry(Fremont, Los Angeles)
9.6	Derek Adams(Oakland)
9.6	Kerwin Bell(Edison, Hunt. Bch)(9.84)
9.6	Azell Thompson(Edison, Fresno)
9.6w	Nicholson(Menlo Atherton, Atherton)
9.6w	Roederer(Canyon, Saugus)
9.7	George Gaffney(Lemoore)
9.7	Leon Reed(Banning, LA)*(9.86)-5
9.7	Maxwell(Verbum Dei)(9.93)
9.7	Robinson(Palisades)
9.7	Yeartin(Marshall)
9.7	Banks(Morse, San Diego)
9.7	Moore(Stagg, Stockton)
9.7	Johnson(Compton)
9.7	Delemar(Pasadena)
9.7	Harris(Balboa, San Francisco)
9.7	Franks(St. Joseph, Alameda)
9.7	Montgomery(South, San Francisco)
9.7	Ray Sears(Edison, Fresno)

220 YARD DASH

20.8	Michael Sanford(Pasadena)(21.00)-1
21.0	Bill Green(Cubberly, Palo Alto)
21.1w	Carter(Locke, LA)(21.9)
21.2	Howard Hawkins(Warren, Downey)-3
21.2	Nate Williams(Edison, Stockton)(21.44)
21.2	Kipper Bell(Henry, San Diego)(21.60)-4
21.3	Ray Threatt(Pittsburg)(21.52)-2
21.3	Thompson(Edison, Fresno)
21.3w	Kelly(Locke, LA)
21.3	Jones(Inglewood)(21.58)
21.4	R. Jones(Beverly Hills)
21.4w	Roederer(Canyon, Saugus)(21.8)
21.4	Thomas(Dorsey, LA)
21.4	Montgomery(South, San Francisco)-6
21.4	Williams(Norte del Rio, Sacramento)-5
21.5	Warren(Ceres)
21.5	White(Richmond)
21.5	Ron Brown(Baldwin Park)
21.5w	Alexander(Hoover, San Diego)
21.6	Banks(Morse, San Diego)
21.6	Harris(Independence, San Jose)
21.6	Maxwell(Verbum Dei)(21.880)
21.6	Nicholson(Menlo Atherton)(21.81)
21.6	Mosley(Norte del Rio, Sacramento)
21.7	Perry(Fremont, LA)
21.7	Thomas(Gardena)
21.7	Sears(Edison, Fresno)
21.7	Reed(Banning, LA)(21.91)
21.7	Fisk(San Marino)(21.89)

440 YARD DASH

46.7	Bill Green(Cubberley, Palo Alto)(46.73)
47.1	Tony Banks(Morse, San Diego)(47.28)-1
47.3	George Timmons(Edison, Fresno)(47.39)
47.5	Nate Williams(Edison, Stockton)(47.67)-2
47.6	Art Nicholson(Menlo Atherton)(47.74)-4
47.7	Ken Cooper(Bakersfield)(47.81)
47.8	Dave Mack(Locke, LA)(47.87)
47.9	Hollins(Sacramento)-3
48.0	Peppers(Birmingham, LA)
48.1	Robert Johnson(Bakersfield)**
48.1	Mark Hill(Richmond)-5
48.5	Harris(Independence, San Jose)
48.7	Turner(Centennial, Compton)(48.80)
48.7	Gary(Fontana)(48.84)
48.8	Kurt Strain(Lemoore)
48.8	Mike Adkins(Bonita, Chula Vista)
48.8	Gregg Thornton(Campolindo, Moraga)
48.9	West(Crenshaw)
48.9	Cook(San Bernardino)

880 YARD RUN

1:50.6	David Mack(Locke, LA)-1
1:50.6	Jeff West(Crenshaw, LA)-2
1:52.3	Jim Brenman(El Camino, O'side)-3
1:52.8	Vince Wilkins(Oakland)*-6
1:53.0	Darryl Savage(Monroe, LA)
1:53.0	Pete Quinonez(Tulare)*-4
1:53.1	James Jackson(Gardena)

High School

BEST MARKS

1979

compiled by RON BLACKWOOD

1:53.1	Juan Neucke(Walnut)-5
1:53.2	Cangelosi(Villa Park)
1:54.0	Jim Kimble(Mt. Carmel, San Diego)
1:54.0	O'Neal(Oceanside)
1:54.2	Tony Brown(Carson, LA)
1:54.2	Whitcomb(Helix, La Mesa)
1:54.2	Mike Bruggeman(Corona del Mar)
1:54.5	Sparks(Sonora)
1:54.5	Paul Murphy(Burroughs, Burbank)
1:54.6	Greg Vining(Hawthorne)
1:54.6	Dave Rodriques(Montgomery, S. Rosa)
1:54.7	Dexter Stanley(Foothill)
1:54.7	Boncher(Valhalla, El Cajon)
1:54.9	Jim Isom(Westchester, LA)

ONE MILE RUN

4:05.6	Paul Medvin(University, LA)-1
4:10.0	Roberts(Morse, San Diego)
4:10.6	Ferron Fields(Granada Hills)-4
4:11.2	Dave Cangelosi(Villa Park)
4:11.5	Godbout(Palo Alto)
4:11.8	Reyes(Jesuit, Sacramento)
4:11.9	Steve Whitcomb(Helix, La Mesa)-2
4:12.1	Dennis Arriola(Gahr)-3
4:12.5	Phil Shirley(N. Dame, S. Oak)
4:13.1	Woodland(La Jolla)
4:13.7	Shawn O'Neal(Oceanside)
4:13.8	Eric Sannerfield(S. Bernardino)

- 21.4 R. Jones(Beverly Hills)
- 21.4w Roederer(Canyon, Saugus)(21.8)
- 21.4 Thomas(Dorsey, LA)
- 21.4 Montgomery(South, San Francisco)-6
- 21.4 Williams(Norte del Rio, Sacramento)-5
- 21.5 Warren(Ceres)
- 21.5 White(Richmond)
- 21.5 Ron Brown(Baldwin Park)
- 21.5w Alexander(Hoover, San Diego)
- 21.6 Banks(Morse, San Diego)
- 21.6 Harris(Independence, San Jose)
- 21.6 Maxwell(Verbum Dei)(21.880)
- 21.6 Nicholson(Menlo Atherton)(21.81)
- 21.6 Mosley(Norte del Rio, Sacramento)
- 21.7 Perry(Fremont, LA)
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- 1:52.8 Vince Wilkins(Oakland)*-6
- 1:53.0 Darryl Savage(Monroe, LA)
- 1:53.0 Pete Quinonez(Tulare)*-4
- 1:53.1 James Jackson(Gardena)



photo by Don Gosney

(left to right): KERWIN BELL, RAY THREATT, MIKE SANFORD, and CARL MONTGOMERY.

w = wind aided mark, best legal mark(when known) follows listing

* = junior

** = sophomore

*** = freshman

number following listing indicate place in the state meet.

NOTE TO HIGH SCHOOL COACHES(boys & girls): Please send a listing of your schools best "legal" marks for the following metric events: 100, 200, 400, 800, 1500, 3000, 5000, 300 hurdles, 110 hurdles, 1600 relay, 400 relay. Send them directly to RON BLACKWOOD, 1613 Brehler, Sanger, CA 93657.

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- 4:12.5 Phil Shirley(N. Dame, S. Oak)
- 4:13.1 Woodland(La Jolla)
- 4:13.7 Shawn O'Neal(Oceanside)
- 4:13.8 Eric Sappenfield(S. Barbara)-6
- 4:13.8 Steve Strangio(Mission, Fremont)
- 4:14.0 Rob Wentworth(Livermore)
- 4:14.0 Lloyd(Livermore)
- 4:14.4 Mike Parkinson(So. Pasadena)
- 4:15.3 Chuck Assumma(Eisenhower, Rialto)
- 4:15.5 Tom Downs(Skyline, Oakland)
- 4:15.5 Steve Fairman(Thousand Oaks)-5

TWO MILE RUN

- 8:36.3 Jeff Nelson(Burbank)-1
- 8:52.4 Chuck Assumma(Eisenhower, Rialto)-5
- 8:55.0 Rob Wentworth(Livermore)-3
- 8:55.7 Tom Downs(Skyline, Oakland)-2
- 9:01.9 Lin Whatcott(Burbank)**-4
- 9:02.2 Ken Ernst(El Dorado)-6
- 9:02.5 Jeff Vandereems(Mission Viejo)
- 9:03.9 Jeff Woodland(La Jolla)
- 9:04.8 Steve Strangio(Mission, Fremont)
- 9:05.0 Bill Cleaves(Helix, La Mesa)
- 9:06.5 Butler(Edison, Hunt. Beach)
- 9:10.2 Paul Medvin(University, LA)
- 9:10.3 Blaty(Marina)
- 9:11.9 Jay Marden(Mission, Fremont)
- 9:13.2 Fernando Balderes(San Jose)
- 9:14.3 John Rambo(Santa Cruz)

120 YARD HIGH HURDLES

- 13.6 Jim Scannella(S. Ramon, Danville)-1
- 13.6 Gary Lee(Long Beach Poly)-2
- 13.9 Henry Andrade(Johnson, Sacramento)
- 13.9w Archie Carter(Locke, LA)(14.2)
- 13.9 Tony Evans(Southgate)-3
- 14.0 Willie Rosborough(Simi Valley)
- 14.0 Dave Ashford(West Covina)**-6
- 14.0w Redd(San Bernardino)(14.3)
- 14.0 Ron Moody(Edgewood)
- 14.0 Don Ward(St. Mary, Berkeley)
- 14.1 McCherson(Mt. Pleasant, San Jose)
- 14.1 Vince Newsome(Vacaville)
- 14.1 Gallmore(Blair, Pasadena)
- 14.1 James(Eisenhower, Rialto)
- 14.1 Bernie Holloway(Apple Valley)-4
- 14.2 Fisk(Dorsey, LA)
- 14.2 Dumas(Galileo, San Francisco)
- 14.2 Nash(Escondido)
- 14.3 Smith(Jefferson, LA)
- 14.3 Don Lonsinger(Highland, Bakersfield)

- 14.3 Frank Williamson(Skyline, Oakland)
- 14.3 Bradley(Campbell)
- 14.3 Jones(Beverly Hills)
- 14.3 James(Monrovia)
- 14.3 Don Barrett(El Cerrito)-5
- 14.3w Spotsville(Pomona)
- 14.3w Ervin(Pasadena)
- 14.3w Ellison(Ventura)
- 14.3 Bradford(San Pedro)

330 YARD LOW HURDLES

- 36.1 Gary Lee(Long Beach Poly)-1
- 36.3 Henry Andrade(Johnson, Sacramento)-3
- 36.3 Vince Newsome(Vacaville)-6
- 36.8 Jim Scannella(S. Ramon, Danville)-2
- 37.2 Pat Nash(Escondito)
- 37.2 Mark Silva(Casa Roble, Sacramento)-5
- 37.3 Schaeffer(Santa Monica)
- 37.3 Jones(Beverly Hills)
- 37.3 Don Ward(St. Mary, Berkeley)

HIGH JUMP

- 7-3½ Lee Balkin(Glendale)-1
- 7-3 Tim Poltl(Alemany)
- 7-2 Frank Schiefer(Madison, San Diego)-2
- 7-0½ Ron Harvey(Skyline, Oakland)
- 6-11 Charles Mayfield(Muir, Pasadena)*
- 6-11 George Steelman(Yucaipa)
- 6-11 Larry Weaver(Calexico)-3
- 6-10½ Ken Bass(Madera)
- 6-10½ Joe Hicks(No. Salinas)
- 6-10 Barger(Esperanza)
- 6-10 Edgley(El Dorado)
- 6-10 Spivey(Woodside)
- 6-10 Cliff Palma(Salinas)
- 6-10 Jim Wilson(Hayward)*-4
- 6-10 Eric Smith(Dana Hills)-4
- 6-10 Morris(Johnson, Sacramento)
- 6-10 McCoy(Johnson, Sacramento)
- 6-10 Denby(Crenshaw, Los Angeles)
- 6-10 Mesha(Woodside)
- 6-9 ¾ Benley(Pleasant Valley, Chico)
- 6-9½ Gates(Southgate)
- 6-9 Green(Lincoln, San Diego)
- 6-9 Stanton(Inglewood)

TRIPLE JUMP

- 52-9w Chuck Mayfield(Muir, Pasa)(50-11½)-4
- 52-6 Henry Ellard(Hoover, Fresno)-1
- 48-10½ Ricky Holliday(Muir, Pasadena)
- 48-10½ Coy Justice(Logan, Union City)
- 48-9 ¾ Lewis Falson(Banning, LA)-2
- 48-9½ Kevin Dye(Highlands, No. High.)
- 48-8½ Porter(Willow Glen, San Jose)
- 48-7½ Freeman Miller(Fremont, LA)-3
- 48-6 ¾ Gene Underwood(Merced)-5
- 48-6 Jim Meadows(Tulare Western)
- 48-5½ Criddle(El Cerrito)
- 48-5w Small(Tamalpais, Mill Valley)(48-1)
- 48-4 ¾ Criswell(Hoover, Fresno)(47-8 ¾)
- 48-4 ¾ Clemons(Foothill, Bakersfield)
- 48-3 Robbins(Inglewood)
- 48-0½ Thompson(Carlmont, Belmont)
- 48-0½ Chuck Brim(South Bakersfield)
- 47-10 Lea(St. Genevieve)
- 47-10 Tyrone Portee(Clovis)
- 47-9 Reggie Gardner(South Bakersfield)
- 47-8 ¾ Trammel(Skyline, Oakland)
- 47-6 Falson(Sacramento)



photo by Don Gosney

LEE BALKIN

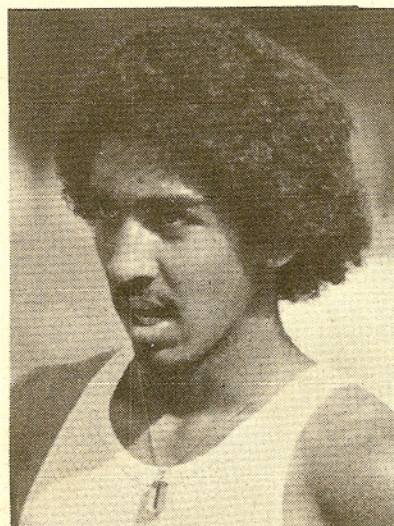


photo by Don Gosney

HENRY ANDRADE

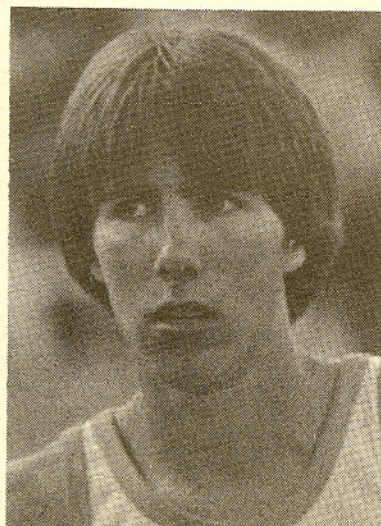


photo by Don Gosney

ROB WENTWORTH

- 37.4 Bernie Holloway(Apple Valley)-4
- 37.4 Swain(Carlmont, Belmont)
- 37.4 Gary Cleaves(Lemoore)
- 37.4 Don Barrett(El Cerrito)
- 37.4 Randy Patterson(Berkeley)
- 37.6 Cook(San Bernardino)
- 37.6 Sawdey(West Torrance)
- 37.6 Smith(Compton)
- 37.6 Barram(Piedmont)
- 37.7 Fisk(Dorsey, LA)
- 37.7 Avery(Poly, LA)

440 YARD RELAY

- 41.45 Pasadena-1
- 41.5 Richmond-3

POLE VAULT

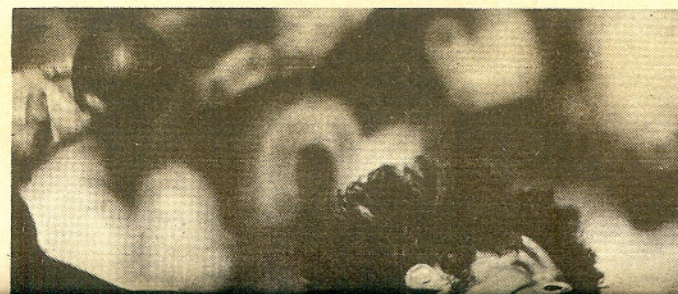
- 16-0 Tim McIntyre(Los Alamitos)-2
- 15-6 Clark Elliott(Bellflower)-1
- 15-6 Creg Ellis(Menlo Atherton, Ath.)
- 15-3 D.J. Bahl(Awalt, Mt. View)-4
- 15-0 Mike Warden(Warren, Downey)-5
- 15-0 McLee Arcadia(Sumrall, Alta Loma)
- 15-0 Stull(Troy)
- 15-0 Devlin(Westmont, Campbell)
- 15-0 Mike K... (Mills, Hill...)

SHOT PUT

- 63-8½ Don Mosebar(Mt. Whitney, Visalia)-1
- 63-2 John Brenner(Fullerton)-3
- 62-4½ Jim Spillers(Rowland)-2
- 61-10 Steve Aimonette(Campbell)-4
- 61-9½ Scott Garnett(Muir, Pasadena)*-5
- 61-8 Hank Kraychir(San Jacinto)
- 60-11 Mills(University)
- 60-2½ Mark Barley(Helix, La Mesa)-6
- 60-1 Jim Krueger(Los Altos)
- 59-9½ Robertson(West Covina)
- 59-1½ Carter(Monte Vista, San Diego)
- 59-1½ B. Holden(Hart, Newhall)
- 58-11 Svastits(Cleveland, LA)
- 58-6 Ken DeShano(Canyon, Anaheim)
- 58-5½ Gates(Banning, LA)
- 58-3½ Dressel(El Dorado)
- 58-2 ¾ Baxter(Polsom)

DISCUS

- 189-2 Steve McEnroe(Seaside)
- 188-7 Hank Kraychir(San Jacinto)-1
- 185-7 Mark Bailey(Helix, La Mesa)
- 183-10 Debus(Irvington, Fremont)
- 182-2 Ken Mills(University, Irvine)-2



37.4 Bernie Holloway(Apple Valley)-4
37.4 Swain(Carlmont, Belmont)
37.4 Gary Cleaves(Lemoore)
37.4 Don Barrett(El Cerrito)
37.4 Randy Patterson(Berkeley)
37.6 Cook(San Bernardino)
37.6 Sawdey(West Torrance)
37.6 Smith(Compton)
37.6 Barram(Piedmont)
37.7 Fisk(Dorsey, LA)
37.7 Avery(Poly, LA)

6-9 Ray(Armiijo, Fairfield)
6-9 Harris(Marysville)
6-9 Perine(Downey, Modesto)

POLE VAULT

16-0 Tim McIntyre(Los Alamitos)-2
15-6 Clark Elliott(Bellflower)-1
15-6 Creg Ellis(Menlo Atherton, Ath.)
15-3 D.J. Bahl(Awalt, Mt. View)-4
15-0 Mike Warden(Warren, Downey)-5
15-0 McLee Arcadia(Sumrall, Alta Loma)
15-0 Stull(Troy)
15-0 Devlin(Westmont, Campbell)
15-0 Mike Kenison(Mills, Millbrae)
14-8½ Mark Robb(LaJolla)-7
14-8 Warren Jaques(Del Mar, San Jose)
14-8 Bruce Letner(Modoc)-3
14-7½ Mike Becker(Pittsburg)
14-7 Folmer(Sanger)-6
14-7 Williams(Long Beach Poly)
14-7 Crumpler(Menlo Atherton, Ath.)
14-6½ Bennett(South Lake Tahoe)
14-6½ Mansur(Galt)
14-6 Wilson(Indio)
14-6 Chronet(N. Dame, Sherman Oaks)
14-6 Geduld(Valencia)
14-6 Sipes(Bakersfield)
14-6 Fast(Mt. Whitney, Visalia)
14-6 Flores(Nogales)
14-6 Leake(Corona)
14-6 Shannon(Irvine)

440 YARD RELAY

41.45 Pasadena-1
41.5 Richmond-3
41.66 Edison, Fresno
41.73 Fremont, Los Angeles-2
41.9 Edison, Stockton
41.9 Logan, Union City
41.9 Pittsburg
41.95 Norte Del Rio, Sacramento-4
42.0 Berkeley-6
42.05 Monroe, Los Angeles-5
42.1 Bakersfield
42.1 Kennedy, Los Angeles
42.2 Compton
42.2 Henry, San Diego
42.2 Gardena
42.2 Galileo, San Francisco
42.2 Oakland
42.3 Muir, Pasadena
42.3 Warren, Downey
42.4 Dorsey, Los Angeles
42.5 Antioch
42.5 Highlands, No. Highlands
42.5 Morse, San Diego
42.5 Lynwood
42.6 McClymonds, Oakland
42.6 Sacramento

LONG JUMP

24-8 Alonzo Jackson(Oakland)-5
24-2w Lemons(Katella)*(22-11)
24-2w George Gaffney(Lemoore)(24-1 3/4)-1
24-1½ Larry Clemons(Fthl., Bakersfield)-2
24-0 Howard(Montgomery, Chula Vista)
23-10½ Tyrone Portee(Clovis)
23-10w Scott Bennett(Chaffey)(23-7½)-3
23-8 3/4 Steve Bruce(Menlo Atherton, Ath.)
23-8w Allen(Gardena)(22-7½)
23-7½ Darryl Miller(DeAnza, Richmond)
23-6½ Gray(Claremont)
23-6½w John Lea(St. Genevieve)(23-0½)-4
23-5w Evans(Southgate)(23-4½)
23-5 Hankins(Compton)
23-4 3/4 Mayfield(Muir, Pasadena)
23-4½ Gallon(Gardena)
23-4 Robertson(McClymonds, Oakland)
23-3 3/4 Robbins(Inglewood)
23-3 3/4 Harper(Arlington, T. Mart.)
23-3½ Sutton(Fontana)
23-3½w Nygal(Peterson(Santa Clara))
23-3½ Glen Smith(Hamilton, LA)-6
23-3½ Palmer(Vacaville)
23-2½ Holliday(Muir, Pasadena)
23-2 Harrison(Wasco)

ONE MILE RELAY

3:14.1 Locke, Los Angeles-1
3:14.6 Edison, Fresno-5
3:14.7 Bakersfield
3:16.4 Centennial, Compton
3:16.9 Pasadena
3:17.0 Richmond-2
3:17.1 Beverly Hills
3:17.4 Berkeley
3:17.7 Cubberely, Palo Alto-3
3:18.0 Compton
3:18.0 Long Beach Poly
3:18.0 Dorsey, Los Angeles-4
3:18.5 Fremont, Los Angeles
3:18.7 Muir, Pasadena
3:19.0 Lemoore
3:19.4 Highland, No. Highlands
3:19.5 Eisenhower, Rialto
3:19.5 Oakland
3:19.7 Jefferson, Los Angeles-6
3:19.9 Hoover, Fresno



photo by Dave Stock

JOHN BRENNER

178-8 Hudson(Mission Viejo)
176-3 Sequeira(Vacaville)
175-5 Horn(Cupertino)
174-8 Chris Dressel(El Dorado, Plac.)-3
174-5 Weyers(Awalt, Mt. View)
174-0 Cornwell(Canyon, Saugus)
173-11 Bruce(Valencia)
173-6 Antonio Dobbins(Burroughs, Rdg)***
173-4 Hilliard(Lincoln, Stockton)
173-2 Budwig(McLane, Fresno)*
173-1 Dave Troppy(Santa Rosa)
172-11 John Brenner(Fullerton)-4
172-6 Adley(Riorden, San Francisco)
172-1 Don Mosebar(Mt. Whitney, Visalia)
171-10 Nagengast(DelMar, San Jose)
171-10 Henry Hall(Westmoor, Daly City)**
171-7 Buckman(Lincoln, Stockton)
170-1 Jones(Antioch)
166-9 Ed Nickerson(Cordova, R. Cordova)-5

girls

100 YARD DASH

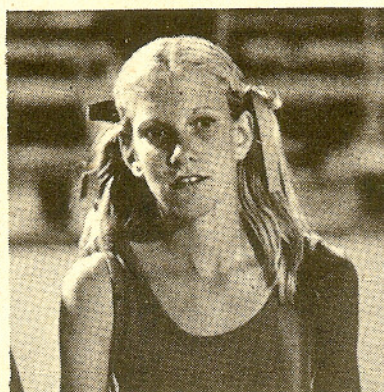
- 10.4 Gwen Loud(Westchester, LA)(10.62)-1
- 10.5 Sheri Howard(San Gorgonio, SB)(10.72)-2
- 10.5w Woods(Jefferson(Daly City)
- 10.5w Bridgett Blackburne(Cajon)(10.6)-5
- 10.6 Sharon Ware(Berkeley)**-3
- 10.6 Brenda Winston(San Gorgonio, SB)
- 10.6w Marbella Washington(Centennial, Cptn)(10.8)
- 10.7 Debra Tanner(Skyline, Oakland)
- 10.8 Kelley(Irvin)(11.04)
- 10.8 Dennis(Huntington Beach)(11.06)
- 10.8 Turner(Washington, LA)
- 10.8 Kim Webster(Berkeley)
- 10.8 Constance Ward(South Bakersfield)
- 10.8 Steen(SA Valley)
- 10.8 Yolanda Arnold(Chowchilla)-4
- 10.8w McClain(Pacific)(10.9)
- 10.8 Tracy Scott(Crawford, San Diego)

220 YARD DASH

- 23.3 Gwen Loud(Westchester, LA)(23.54)-1
- 23.9 S. Howard(San Gorgonio, SB)*
- 24.0w Maebel Washington(Centennial, Cptn)-2
- 24.1 Sharon Ware(Berkeley)**
- 24.1 Terri Black(Jordan, LA)(24.34)
- 24.2 Fay Paig(Long Beach Poly)(24.43)-6
- 24.2 Tanay King(Berkeley)-3
- 24.4 Michelle Kelley(Irvine)(24.63)-5
- 24.4 Yolanda Arnold(Chowchilla)-4
- 24.5 Kim White(Berkeley)
- 24.5 Devy Sanders(Edison, Stockton)
- 24.5 Jackson(Cajon)
- 24.5 Steen(S.A. Valley)(24.73)
- 24.6w Mills(Long Beach Poly)(25.05)
- 24.7 Dennis(Monrovia)
- 24.7 Webster(Berkeley)
- 24.7 Markham(Dorsey, LA)
- 24.7 Constance Ward(South Bakersfield)



photo by Dave Stock



VICKIE COOK

photo by Don Gosney



KIM WHITE



KIM WEBSTER

photo by Keith Conning

- 57.5 Simon(Agoura)(57.67)
- 57.6 Turner(Washington, LA)(57.71)
- 57.6 Karnz(Ontario)(57.76)
- 57.7 Adams(Moreno Valley)

- 10:57.9 Harper(Prospect)
- 11:00.3 Chaddock(Los Alamitos)
- 11:02.5 L. Lopez(Sacred Heart)
- 11:02.6 Metzker(Rio Mesa)
- 11:04.9 Flynt(Ukiah)

880 YARD RUN

- 2:09.0 Ann Regan(Camden, San Jose)-1
- 2:10.9 Arlise Emerson(Westchester)
- 2:11.2 Linda Goen(N. Bakersfield)-3
- 2:11.5 Michelle Bush(Rolling Hills)
- 2:11.5 Louise Romo(N. Torrance)-2
- 2:11.9 Weber(Lynbrook, San Jose)
- 2:12.0 Marion Franklin(Balboa, SF)
- 2:12.2 Melissa Martel(Piedmont)-4
- 2:12.6 Maria King(Ayer, Milpitas)-5
- 2:13.6 Mary Davis(Miramonte, Orinda)-6
- 2:14.1 Melton(Fountain Valley)
- 2:14.5 Ross(W. Torrance)
- 2:14.6 Brenner(Marin Catholic, Kentfield)
- 2:14.9 Keaton(Woodland)

LOW HURDLES

- 13.7w Celoia Bullett(Centennial, Cptn)(14.1)-6
- 13.8 Janet Yarborough(Clovis)-1
- 13.8 Michelle Herald(University, LA)-2
- 13.8 Alesia Sweeney(Tamalpais, Mill V.)-3
- 13.9w Chris Davenport(Troy)(14.2)
- 13.9 Marlene Harmon(Thousand Oaks)
- 13.9w Susan Ray(Villa Park)**(14.0)-4
- 13.9 Yolanda Arnold(Chowchilla)-5
- 14.0 Young(Berkeley)
- 14.0w Paige(Long Beach Poly)(14.2)
- 14.0 Jones(Long Beach Jordan)
- 14.2 Sheripa Sanders(Berkeley)
- 14.2 Crevett(St. Francis, Mt. View)



photo by Don Gosney

MELISSA MARTEL

440 YARD DASH

- 52.8 Shari Howard(San Gorgonio, SB)(52.92)-1
- 53.6 Marion Franklin(Balboa, San Francisco)
- 54.1 Kim White(Berkeley)-2
- 54.9 Denean Howard(San Gorgonio, SB)**(55.02)-3
- 55.5 Sherrill Griffen(Kennedy, Sacramento)-6
- 56.0 Lisa Peters(Northgate, Walnut Ck)
- 56.2 Sharon Dennis(Monrovia)(56.36)-4
- 56.3 Devy Sanders(Edison, Stockton)
- 56.3 Roxanne Jackson(Cajon)(56.46)
- 56.5 Monica Elleby(Fremont, LA)(56.67)
- 56.7 Michelle Kelley(Irvine)
- 56.7 Sheriff Miller(Fremont, Sunnyvale)(56.79)
- 56.8 Lynette Covington(Fthl, Bakersfield)*
- 56.8 Culbert(Aviation, Mhntn Bch)(56.92)
- 56.8 Alesia Sweeney(Tamalpais, Mill Valley)
- 56.8 Vanessa Woods(Jefferson(Daly City)
- 56.9 LaTonya Stewart(Jordan, LA)(57.05)
- 56.9 Miles(Moreau, Hayward)
- 57.2 Davenport(Troy)(57.32)
- 57.2 Churchman(Rio Mesa)(57.32)
- 57.4 Randolph(Long Beach Poly)(57.54)
- 57.4 Regan(Camden, San Jose)
- 57.4 Chambers(Riverside Poly)

880 YARD RUN

- 2:09.0 Ann Regan(Camden, San Jose)-1
- 2:10.9 Arlise Emerson(Westchester)
- 2:11.2 Linda Goen(N. Bakersfield)-3
- 2:11.5 Michelle Bush(Rolling Hills)
- 2:11.5 Louise Romo(N. Torrance)-2
- 2:11.9 Weber(Lynbrook, San Jose)
- 2:12.0 Marion Franklin(Balboa, SF)
- 2:12.2 Melissa Martel(Piedmont)-4
- 2:12.6 Maria King(Ayer, Milpitas)-5
- 2:13.6 Mary Davis(Miramonte, Orinda)-6
- 2:14.1 Melton(Fountain Valley)
- 2:14.5 Ross(W. Torrance)
- 2:14.6 Brenner(Marin Catholic, Kentfield)
- 2:14.9 Keaton(Woodland)
- 2:14.9 Kenny(Novato)
- 2:15.0 Staci Kneeshaw(Fthl, Santa Ana)*
- 2:15.0 Bryant(Crenshaw, LA)
- 2:15.0 Patcha(Valencia)
- 2:15.2 Worilla(Tokay)
- 2:15.6 Schmandt(Santa Barbara)
- 2:15.7 Jessen(Dana Hills)
- 2:16.1 Howard(San Gorgonio, SB)***

ONE MILE RUN

- 4:46.4 Linda Goen(N. Bakersfield)-1
- 4:50.1 Michelle Bush(Rolling Hills)
- 4:51.6 Vickie Cook(Chaminade)-2
- 4:51.8 Schmandt(Santa Barbara)
- 4:51.9 Tracy Weber(Lynbrook, San Jose)-3
- 4:53.3 Staci Kneeshaw(Fth., Santa Ana)*-4
- 4:57.5 Roxanne Bier(Independence, San Jose)-5
- 4:57.9 Lisa Scaduto(Santa Monica)-6
- 4:58.5 Brogan(Los Altos)
- 4:58.7 Chris Gilbreth(Westchester, LA)
- 4:59.2 Rene Ortiz(Tulare Western)
- 5:01.9 Cheryl Flowers(Valhalla, El Cajon)
- 5:03.6 Shelly Nieto(Merced)
- 5:05.3 Martel(Piedmont)
- 5:05.8 Hamilton(Capuchino(San Bruno)
- 5:05.9 Harrell(Palos Verdes)
- 5:06.0 Deegan(Alemany)
- 5:06.5 Knott(Mission Bay, San Diego)
- 5:07.0 Villanueva(Fountain Valley)
- 5:07.3 Jennifer Heaton(Clovis West)*
- 5:07.3 King(Samuel Ayer)

TWO MILE RUN

- 10:20.0 Cindy Schmandt(Santa Barbara)-2
- 10:20.7 Vickie Cook(Chaminade)
- 10:21.7 Sumei Lee(Eisenhower, Rialto)-6
- 10:32.8 Theresa Ebinner(Bishop Amat)-4
- 10:33.3 Roxanne Bier(Independence, SJ)-3
- 10:35.9 Lisa Scaduto(Santa Monica)-1
- 10:41.7 Villanueva(Fountain Valley)
- 10:47.1 Cheryl Flowers(Valhalla, El Cajon)
- 10:48.7 Kerry Brogan(Los Altos)
- 10:49.1 Rene Ortiz(Tulare Western)-5
- 10:49.8 Terri Brown(San Pasqual)
- 10:50.6 Mason(Buena, Ventura)
- 10:51.5 Linda Goen(N. Bakersfield)
- 10:56.3 Chris Gilbreth(Westchester, LA)

- 11:00.3 Chaddock(Los Alamitos)
- 11:02.5 L. Lopez(Sacred Heart)
- 11:02.6 Metzker(Rio Mesa)
- 11:04.9 Flynt(Ukiah)

LOW HURDLES

- 13.7w Celoia Bullett(Centennial, Cptn)(14.1)-6
- 13.8 Janet Yarborough(Clovis)-1
- 13.8 Michelle Herald(University, LA)-2
- 13.8 Alesia Sweeney(Tamalpais, Mill V.)-3
- 13.9w Chris Davenport(Troy)(14.2)
- 13.9 Marlene Harmon(Thousand Oaks)
- 13.9w Susan Ray(Villa Park)**(14.0)-4
- 13.9 Yolanda Arnold(Chowchilla)-5
- 14.0 Young(Berkeley)
- 14.0w Paige(Long Beach Poly)(14.2)
- 14.0 Jones(Long Beach Jordan)
- 14.2 Sheripa Sanders(Berkeley)
- 14.2 Crevelt(St. Francis, Mt. View)



photo by Dave Stock

(left to right): ANN REGAN (Camden),
MARIA KING (Ayer) and WEBER (Lynbrook)

- 14.2 Alexander(Crawford, San Diego)
- 14.3 Smith(Gardena)
- 14.3 McLean(University, LA)
- 14.3 Hamlon(Edison, Hunt. Beach)
- 14.45 Tonya Alston(Chico)

440 YARD RELAY

- 46.1 Berkeley
- 47.08 South Bakersfield
- 47.2 Westchester, Los Angeles-1
- 47.3 Cordova, Rancho Cordova-2
- 47.4 San Gorgonio, San Bernardino
- 47.6 Northgate, Walnut Creek
- 47.7 Long Beach Poly
- 48.05 Cajon
- 48.15 Pacific
- 48.1 Skyline, Oakland
- 48.21 Santa Ana Valley-3
- 48.2 Hogan, Vallejo
- 48.3 Crawford, San Diego
- 48.3 Fremont, Los Angeles
- 48.4 Bakersfield
- 48.4 Tamalpais, Mill Valley-5
- 48.47 Crenshaw, Los Angeles
- 48.5 Centennial, Compton
- 48.5 El Cerrito-6
- 48.52 Locke, Los Angeles
- 48.65 Edison, Stockton-4

ONE MILE RELAY

- 3:44.1 San Gorgonio, San Bernardino-1
- 3:46.3 Long Beach Poly-2
- 3:50.7 Berkeley-3
- 3:51.6 Fountain Valley
- 3:54.3 Locke, Los Angeles-5
- 3:55.1 North Torrance
- 3:55.5 North Bakersfield
- 3:56.0 Carlmont, Belmont-4
- 3:56.0 Miramonte, Orinda
- 3:57.6 Cajon
- 3:57.7 Riverside Poly
- 3:58.2 Tamalpais(Mill Valley)
- 3:59.1 Crawford, San Diego
- 3:59.2 Dorsey, Los Angeles-6
- 3:59.4 University, Los Angeles
- 4:00.0 Casa Roble, Sacramento
- 4:00.0 Fremont, Los Angeles
- 4:01.4 Thousand Oaks

HIGH JUMP

- 5-11 3/4 Sue McNeal(Carlsbad)*-2
- 5-11 1/2 Tonya Alston(Chico)-1
- 5-10 Kathy Hamilton(Byer)-6
- 5-10 Karen Lysaght(St. Francis, Sacto)-4
- 5-9 Lucy Wardle(Miraleste)
- 5-9 Ellen Fargo(Crescenta Valley)
- 5-9 Trish King(Menlo Atherton, Ath.)-3
- 5-8 Newman(Agoura)
- 5-8 Clark(South Torrance)
- 5-8 Van Zealand(Acalanes, Lafayette)
- 5-8 Lisa Peters(Northgate, Walnut Ck)-5
- 5-8 Rougust(Salinas)
- 5-8 Greenfield(Redwood, Larkspur)
- 5-8 Nann(Marin Catholic)

- 5-8 Johnson(Marshall)
- 5-8 Weishoff(West Torrance)
- 5-7 Wright(Miraleste)
- 5-7 Smith(Locke, LA)
- 5-7 Verhaar(Dinuba)*
- 5-7 Phifer(Independence, SJ)
- 5-7 Robinson(Fremont, Sunnyvale)
- 5-7 Jones(Mission Viejo)
- 5-7 Soja(Poly, LA)
- 5-7 Cave(Casa Robles)

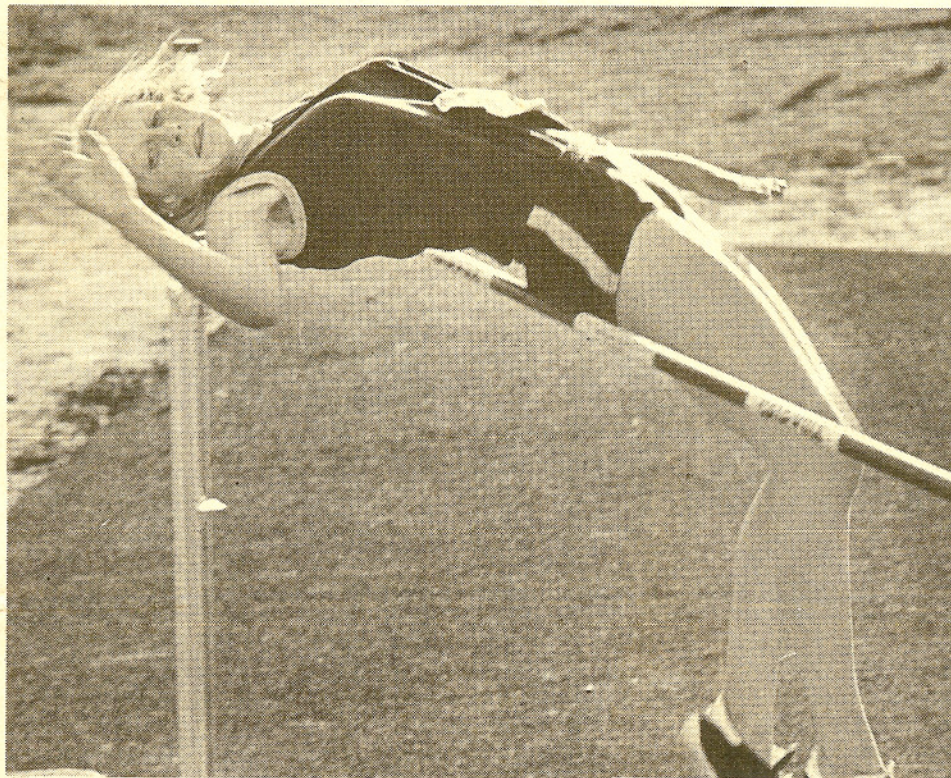
LONG JUMP

- 20-9 1/2 w Gwen Loud(Westchester, LA)(20-5)-1
- 20-4 1/2 Carrie McLaughlin(Davis, Modesto)-3
- 19-10 w Melany Markham(Dorsey, LA)(19-6)-2
- 19-7 Veronica Bell(Garey, Pomona)-4
- 19-6 1/2 Green(Hill, San Jose)
- 19-4 1/2 Rockwell(Gunn, Palo Alto)
- 19-1 3/4 Janet Yarbrough(Clovis)
- 19-1 1/2 Kerry Zwart(Crescenta Valley)
- 19-1 1/2 Sheripa Sanders(Berkeley)-6
- 19-0 3/4 w Franklin(Santa Ana Valley)(18-10 3/4)
- 19-0 w Harper(Fremont, LA)(18-1 3/4)
- 18-11 Harmon(Thousand Oaks)
- 18-11 Paula Stevens(Coalinga)-5
- 18-10 1/2 Hawes(Westchester, LA)
- 18-10 Nix(Ells, Richmond)
- 18-9 1/2 Costello(El Camino, S. San Fran)

- 47-5 1/2 Ramona Ebert(Schurr)-3
- 47-2 1/2 Lynn Richardson(Jefferson, LA)
- 45-4 Leslie Deniz(Gridley)*
- 45-2 3/4 Sue Springer(Salinas)-5
- 45-1 Deborah Pryor(H. Names, Oak.)
- 44-7 1/2 Jodi Barker(Sequoia, Redw. City)-4
- 44-2 Lindy Toman(Amador V., Pleasanton)
- 44-4 Kerry Zwart(Crescenta Valley)-6
- 43-11 Linda Read(Alameda)
- 43-0 Rita Banks(Delano)
- 42-6 1/2 Hamilton(Santa Monica)
- 42-5 3/4 Paula Stevens(Coalinga)
- 42-4 1/2 Tonya Alston(Chico)
- 42-3 Fletcher(Crenshaw, LA)
- 42-1 Riggs(Vista, San Diego)
- 41-11 Decerra(Downey, Modesto)
- 41-10 Field(Marshall)

DISCUS

- 175-10 Leslie Deniz(Gridley)*-1
- 150-2 Linda Read(Alameda)-2
- 148-5 Susan Springer(Salinas)-3
- 147-7 Ramona Ebert(Schurr)
- 146-8 Ford(Atwater)
- 144-5 Karen Woodbeck(Cupertino)
- 138-8 Carlson(Miramonte, Orinda)



TRISH KING

photo by Dave Stock

HIGH JUMP

5-11 3/4	Sue McNeal(Carlsbad)*-2
5-11 1/2	Tonya Alston(Chico)-1
5-10	Kathy Hamilton(Byer)-6
5-10	Karen Lysaght(St. Francis, Sacto)-4
5-9	Lucy Wardle(Miraleste)
5-9	Ellen Fargo(Crescenta Valley)
5-9	Trish King(Menlo Atherton, Ath.)-3
5-8	Newman(Agoura)
5-8	Clark(South Torrance)
5-8	Van Zeeland(Acalanes, Lafayette)
5-8	Lisa Peters(Northgate, Walnut Ck)-5
5-8	Rougust(Salinas)
5-8	Greenfield(Redwood, Larkspur)
5-8	Nann(Marin Catholic)



photo by Dave Stock

(left to right): LISA SCADUTO, CINDY SCHMANDT, ROXANNE BIER, RENE ORTIZ.

LONG JUMP

20-9 1/2w	Gwen Loud(Westchester, LA)(20-5)-1
20-4 1/2	Carrie McLaughlin(Davis, Modesto)-3
19-10w	Melany Markham(Dorsey, LA)(19-6)-2
19-7	Veronica Bell(Garey, Pomona)-4
19-6 1/2	Green(Hill, San Jose)
19-4 1/2	Rockwell(Gunn, Palo Alto)
19-1 3/4	Janet Yarbrough(Clovis)
19-1 1/2	Kerry Zwart(Crescenta Valley)
19-1 1/2	Sheripa Sanders(Berkeley)-6
19-0 3/4w	Franklin(Santa Ana Valley)(18-10 3/4)
19-0w	Harper(Fremont, LA)(18-1 3/4)
18-11	Harmon(Thousand Oaks)
18-11	Paula Stevens(Coalinga)-5
18-10 1/2	Hawes(Westchester, LA)
18-10	Nix(Ells, Richmond)
18-9 1/2	Costello(El Camino, S. San Fran)
18-9 1/2w	Milton(Fairfield)(18-4)
18-8 3/4	McClain(Pacific)
18-8 1/2w	Roberts(Cerritos)(18-2 1/2)
18-8	Campbell(Lynbrook, San Jose)

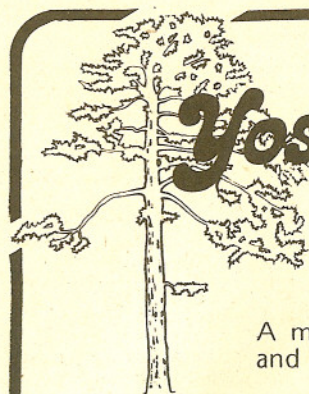
SHOT PUT

50-6 1/2	Susan Ray(Villa Park)**-1
49-4 1/2	Rosaria Ramos(Anaheim)-2

43-11	Linda Read(Alameda)
43-0	Rita Banks(Delano)
42-6 1/2	Hamilton(Santa Monica)
42-5 3/4	Paula Stevens(Coalinga)
42-4 1/2	Tonya Alston(Chico)
42-3	Fletcher(Crenshaw, LA)
42-1	Riggs(Vista, San Diego)
41-11	Decerra(Downey, Modesto)
41-10	Field(Marshall)

DISCUS

175-10	Leslie Deniz(Gridley)*-1
150-2	Linda Read(Alameda)-2
148-5	Susan Springer(Salinas)-3
147-7	Ramona Ebert(Schurr)
146-8	Ford(Atwater)
144-5	Karen Woodbeck(Cupertino)
138-8	Carlson(Miramonte, Orinda)
136-11	Randolph(Livingston)
136-1	Carol Magnone(Atwater)-4
135-5	Joni Argento(Kennedy)-5
135-1	Bergman(Monte Vista, San Jose)
134-11	Sandy Johnson(Pleasant Hill)
134-9	Kahn(San Luis Obispo)
133-11	Greer(Ramona)
133-10	Carlson(Miramonte)
130-3	Sue Beveridge(Hoover, Fresno)
130-3	Laura DeSnoo(Washington, Frmt)



AUGUST 13 - 18

YOSEMITE

TRACK & CROSS COUNTRY CAMP

A mountain running camp for teams, families, and individuals of all ages. Co-ed.

Run along Yosemite National Park's trails!
Pole vault among the redwoods!
Be a part of this new and exciting camp!

\$95 for individuals
\$85 for team members
\$80 for running family members

Swimming, fishing, horseback riding, all sports, food, lodging, superior training, t-shirts, many extras. Space is limited to 120 and must be reserved by June 30.

FOR FREE BROCHURE WRITE: Merced College Community Services, 3600 M Street, Merced, California 95340.

March 3. Ventura. SPA-AAU 25K Championships:

PLC	NUM	FINISHER	AGE/SEX	CLUB	MIN/MI	TIME	DIVSN	FINISH
1	448	DAVE BABIRACKI	26	GRANADA HILLS	CA SFVT	4:57	1:17:15	1 MENS OPEN
2	142	CHARLES MCNULLEN	27	SANTA MONICA	CA SHTC	4:59	1:17:44	2 MENS OPEN
3	521	CHUCK SNEAD		SANTA PAULA	CA TIT	4:59	1:17:46	3 MENS OPEN
4	182	GARY TUTTLE	31	VENTURA	CA TIT	5:04	1:18:56	4 MENS OPEN
5	118	GEORGE HANSON	23	NEWPORT BEACH	CA AIA	5:07	1:19:39	5 MENS OPEN
6	117	DUANE WALTHIRE	23	COSTA MESA	CA AIA	5:08	1:20:00	6 MENS OPEN
7	116	JIM ARQUILLA	28	LONG BEACH	CA AIA	5:17	1:22:15	7 MENS OPEN
8	201	STEVE BROWN	26	ARLETA	CA SFVT	5:19	1:22:54	8 MENS OPEN
9	361	JEFF DEYMER	18	CYPRESS	CA	5:24	1:24:06	9 MENS OPEN
10	523	VINCE ENGEL	32	VENTURA	CA TIT	5:24	1:24:10	10 MENS OPEN
11	48	FRANK DUARTE	37	SANTA ANA	CA	5:24	1:24:15	1 SUBMASTERS
12	149	KEN HOPFITT	26	LOS ANGELES	CA AZTL	5:25	1:24:30	11 MENS OPEN
13	115	DARREN GEORGE	29	NEWPORT BEACH	CA AIA	5:27	1:24:53	12 MENS OPEN
14	150	MARSHALL MATVE	35	SYLMAR	CA CCAC	5:28	1:25:11	2 SUBMASTERS
15	245	JOHN BRENNAND	43	SANTA BARBARA	CA SBAA	5:28	1:25:16	1 MENS 40-44
16	56	JOHN BOTKE	35	SANTA BARBARA	CA SBAA	5:29	1:25:22	3 SUBMASTERS
17	207	STEVE CLOSE	39	LONG BEACH	CA STC	5:30	1:25:39	4 SUBMASTERS
18	127	STEVE HOUSETIS	23	NEWPORT BEACH	CA AIA	5:33	1:26:24	13 MENS OPEN
19	522	HILL PITTINGER	28	SANTA BARBARA	CA TIT	5:34	1:26:50	14 MENS OPEN
20	158	STEPHEN WALLEY	26	PLAYA DEL REY	CA SHTC	5:36	1:27:14	15 MENS OPEN
21	363	CARLOS GODOY	27	GLENDALE	CA AZTL	5:36	1:27:17	16 MENS OPEN
22	191	BART COVENTRY	38	SAN PEDRO	CA STC	5:36	1:27:21	5 SUBMASTERS
23	172	JORY HALLAMAN	31	VENTURA	CA TIT	5:36	1:27:24	17 MENS OPEN
24	39	JOE BURGASSER	40	R. P. VERDES	CA STC	5:41	1:28:42	2 MENS 40-44
25	444	STEVE ADAMS	29	G. H.	CA B B	5:42	1:28:57	18 MENS OPEN
26	185	MARK HERPHILL	27	SANTA BARBARA	CA SBAA	5:43	1:29:07	19 MENS OPEN
27	72	MICHAEL BERGKAMP	25	GOLETA	CA SBAA	5:44	1:29:17	20 MENS OPEN
28	369	JOHN BECKMAN	36	LA CRESETA	CA CCAC	5:45	1:29:32	6 SUBMASTERS
29	101	STEVE HARNEY	31	SANTA MARIA	CA TIT	5:45	1:29:36	21 MENS OPEN
30	451	JIN HINAMI	34	SUN VALLEY	CA AZTL	5:45	1:29:37	22 MENS OPEN
31	450	RON HANSON	35	HERMOSA BEACH	CA	5:45	1:29:48	7 SUBMASTERS
32	71	DAVID MINEAU	32	OXNARD	CA	5:48	1:30:16	23 MENS OPEN
33	253	TRUMAN CLARK	43	INGLEWOOD	CA SCS	5:49	1:30:26	3 MENS 40-44
34	375	LARRY MONTAG	26	VENTURA	CA	5:49	1:30:34	24 MENS OPEN
35	147	HENRY HUMEZ	28	LOS ANGELES	CA AZTL	5:49	1:30:37	25 MENS OPEN
36	62	LARRY PONTNEM	37	VENTURA	CA TIT	5:50	1:30:55	8 SUBMASTERS
37	189	TOM EDWARDS	22	SANTA BARBARA	CA SBAA	5:51	1:31:06	26 MENS OPEN
38	156	JIM OZAORH	31	LOS ANGELES	CA NYAC	5:51	1:31:11	27 MENS OPEN
39	137	CHARLES MCCLUNG	38	RESEDA	CA	5:51	1:31:12	9 SUBMASTERS
40	209	JOHN RUDBERG	44	PALOS VERDES	CA STC	5:51	1:31:16	4 MENS 40-44
41	446	JIM QUICK	28	PASADENA	CA	5:52	1:31:29	28 MENS OPEN
42	378	RICHARD RODRIGUEZ	23	BAKERSFIELD	CA	5:53	1:31:43	29 MENS OPEN
43	136	STEPHEN KELLOGG	23	SAN JUAN CAP.	CA	5:53	1:31:46	30 MENS OPEN
44	224	ALAN DIRKIN	41	NEWPORT BEACH	CA STC	5:54	1:32:00	5 MENS 40-44
45	379	STEVE CROUCH	33	LOS ANGELES	CA GPAC	5:56	1:32:22	31 MENS OPEN
46	94	WILLIAM BOGGS	31	LOS ANGELES	CA OTCY	5:56	1:32:26	32 MENS OPEN
47	354	GIL SCHALLER	36	SAN FERNANDO	CA AZTL	5:56	1:32:34	10 SUBMASTERS
48	97	JAMES PIKE	26	SIMT	CA	5:56	1:32:39	33 MENS OPEN
49	236	HERL GLAUSER	42	NORTHIDGE	CA STC	5:59	1:33:10	6 MENS 40-44
50	86	TIM WILSON	32			5:59	1:33:16	34 MENS OPEN

TEAM SCORES-----

TEAM	SCORE	AVERAGE
OPEN WOMEN		
1 SENIORS T C	1:49:143 2:10:21 2:10:61:17	1:59:120
SUBMASTERS WOMEN		
1 TEAM INSIDE TRACK	1:50:136 2:19:29 2:19:140	2:10:955
WOMEN 40 AND OVER		
1 SENIORS TRACK CLUB	1:51:136 2:10:113 2:10:429	2:10:406
OPEN MEN		
1 ATHLETES IN ACTION	1:19:139 1:20:100 1:22:15 1:24:153 1:26:24 1:22:38	
2 TEAM INSIDE TRACK	1:17:146 1:18:156 1:24:10 1:26:150 1:27:24 1:23:01	
3 AZTLAN	1:24:130 1:27:117 1:30:37 1:32:34 1:35:08 1:30:01	
4 SANTA BARBARA A A	1:25:22 1:29:110 1:29:17 1:31:06 1:36:42 1:30:19	
5 SANTA MONICA T C	1:17:41 1:27:14 1:33:30 1:38:02 1:38:58 1:31:05	
6 SAN FERNANDO VALLEY TC	1:17:15 1:22:54 1:40:14 1:40:43 1:48:31 1:33:55	
7 SENIORS T C	1:33:57 1:36:04 1:39:15 1:41:17 1:43:39 1:38:50	
SUBMASTERS MEN		
1 SENIORS T C	1:25:139 1:27:21 1:33:41 1:34:02 1:36:20 1:31:25	
2 SENIORS T C	1:41:117 1:47:15 1:47:23 1:48:10 1:49:44 1:46:46	
MEN 40-49		
1 SENIORS T C	1:28:42 1:31:16 1:32:00 1:33:10 1:33:49 1:31:47	
2 SANTA BARBARA A A	1:25:16 1:39:30 1:43:37 1:45:00 1:45:58 1:39:55	
3 SENIORS T C	1:36:38 1:37:35 1:37:47 1:44:17 1:51:00 1:44:27	
MEN 50 AND OVER		
1 SENIORS TRACK CLUB	1:40:04 1:42:03 1:46:12	1:42:46
2 SENIORS TRACK CLUB	1:48:03 1:49:12 1:50:18	1:49:11

March 31. Pasadena. Avon Running Circuit Half-Marathon:

RESULTS

April 7. Los Gatos. West Valley Masters Track & Field Meet:

5000 METER RACE WALK	
40 - 44 WOMEN	
Lori Maynard - 43 - W.S.	27 17.5
40 - 44 MEN	
Earl Pearson - 40	37.43.5
45 - 49 WOMEN	
Barbara Johnson - 48 - NCS	34.08.4
50 - 54 MEN	
Harry Siitonen - 53 - NCS	30.10.1
John Friesen - 51 - CDM	32.58.7
65 - 69 MEN	
Gordon Wallace - 69 UN	29.11.1
70 - 74 WOMEN	
Elena Carola - 70 - GGRW	42.08.2
70 - 74 MEN	
Chesley Unruh S.D.T.C. - 72	33.10.8
10,000 METER RUN	
35 - 39 MEN	
Bill Clark - 35 - WVTC	31.53.6
Nick Winter - 36 - Livern. T.C.	33.34.6
Bill Meinhardt - 38 - WVJS	34.36.5
Mark Gallo - 35 - NCS	35.04.6
40 - 44 MEN	
Jerry Lewis - 43 - TRAC	34.37.9
Ken Schwisow - 40 - Merced T.C	40.09.6
50 - 54 MEN	
Carl Martin - 52 - WVJS	39.05.4
55 - 59 MEN	
John Popper - 58 - UN	43.50.2
Dale Yee - 58 - WVTC	50.54.3
65 - 69 MEN	
Joseph Goodman - 67 - UN	48.55.9
440 RELAY	
35 - 39 MEN	
Thomas, Felder, Brown, Maestre	50.8
110 HIGH HURDLES	
30 - 34 MEN	
Fred Johnson - 33 - Striders	15.58
40 - 44 MEN	
James Thomas - 40 - UN	16.1
50 - 54 MEN	
John Friesen - 51 - CDM	18.2
55 - 59 MEN	
Burl Gist - 58 - CDM	21.3
65 - 69 MEN	
Arthur Vesco - 67 - Striders	23.5
John Dick - 67	25.8
400 METER	
30 - 34 MEN	
Matt Pruitt - 33 - UN	51.7
Joseph Smith - 31 - UN	53.1
Bill Weiler - 31 - WVTC	53.4
Ron Macks - 34 - Merced T.C.	58.4
William Henderson - 32 - NCS	1.03.6
35 - 39 MEN	
Dave Romain - 37 - WVTC	49.8



DAVE ROMAIN of West Valley TC winner in the 200, 400 & 800.

100 METERS	
30 - 34 MENS	
Greg Marshall, WVTC, 31	10.8
Clarence Cokbin, H. Top, 34	11.00
35 - 39 MENS	
Dan Fitzsimmons, WVTC, 35	11.00
Bobby Simpson, UN, 37	11.3
Doug Felder, UN, 37	11.7
40 - 44 MENS	
Ben Anixter, NCS, 41	11.2
Bill Eller, NCS, 44	12.3

1	117146	118156	1124110	1126150	1127124	1123101
2	124130	1127117	1130137	1132134	1135108	1130101
3	125122	1129110	1129117	1131106	1136142	1130119
4	117141	1127114	1133130	1138102	1138156	1131105
5	117115	1122154	1140114	1140143	1140131	1133155
6	1133157	1136104	1139115	1141117	1143139	1138150
SUBMASTERS MEN						
AVERAGE						
1 SENIORS T C	1125139	1127121	1133141	1134102	1136120	1131125
2 SENIORS T C	1141117	1147115	1147123	1148110	1149144	1146146
MEN 40-49						
AVERAGE						
1 SENIORS T C	1128142	1131116	1132100	1133110	1133149	1131147
2 SANTA BARBARA A A	1125116	1139130	1143137	1145100	1145159	1139155
3 SENIORS T C	1136130	1137135	1137147	1144117	1151100	1141127
MEN 50 AND OVER						
AVERAGE						
1 SENIORS TRACK CLUB	1140104	1142103	1146112			1142146
2 SENIORS TRACK CLUB	1148103	1149112	1150110			1149111

March 31. Pasadena. Avon Running
Circuit Half-Marathon:

PLC	NUM	FINISHER	AGE/SEX	CLUB	MIN/MI	TIME	DIVSN	FINISH
1	338	SU MEI LEE	17F	RIALTO	CA	6:07	1120:110	1 14-17
2	3	SUE PETERSEN	34F	LAGUNA BEACH	CA	6:07	1120:210	1 30-34
3	100	SUE KRENN	29F	SAN DIEGO	CA	6:09	1120:43	1 OPEN
4	220	DEBBIE LEWIS	25F	SOLANA BEACH	CA	6:13	1121:29	2 OPEN
5	389	LINDA HENMILLER	22F	W. LOS ANGELES	CA	6:15	1122:01	3 OPEN
6	464	SHERRY SIMMONS	21F	LOHITA	CA	6:19	1122:57	4 OPEN
7	382	JOANNA MARTIN	23F	OCEANSIDE	CA	6:21	1123:16	5 OPEN
8	1	MARTY COOKSEY	23F	ORANGE	CA	6:22	1123:37	6 OPEN
9	153	TANIA FISCHER	13F	CANOGA PARK	CA	6:23	1123:40	1 13 AND UNDER
10	312	TERESA MOH	26F	SAN GABRIEL	CA	6:23	1123:46	7 OPEN
11	465	DIANA KARG	18F	R. P. VERDES	CA	6:32	1125:39	8 OPEN
12	327	ESTHER LOPEZ	23F	SAN BERNARDINO	CA	6:35	1126:21	9 OPEN
13	245	FRANCINE SOLOMON	36F	CORONA DEL MAR	CA	6:35	1126:31	1 35-39
14	375	JAN WICKERS	32F	LAGUNA BEACH	CA	6:36	1126:32	2 30-34
15	444	MARIA GONZALEZ	27F	SANTA MONICA	CA	6:39	1127:11	10 OPEN
16	7	PAULETTE MALEL	24F	EL SEGUNDO	CA	6:42	1127:49	11 OPEN
17	89	TENA ANEX	22F	MOUNTAIN VIEW	CA	6:45	1128:28	12 OPEN
18	331	SUE BRADOCK	22F	FONTANA	CA	6:47	1129:01	13 OPEN
19	156	PAM FIRESTONE	19F	LOS ANGELES	CA	6:49	1129:29	14 OPEN
20	13	BARBARA TERMUHE	35F	CULVER CITY	CA	6:56	1130:58	2 35-39
21	466	CHRIS RAMIREZ	15F	RIVERSIDE	CA	6:59	1131:33	2 14-17
22	177	JUDY GLYNN	30F	CHINO	CA	7:01	1132:07	3 30-34
23	43	ANN BENSCHE	13F	P. V. ESTATES	CA	7:02	1132:16	2 13 AND UNDER
24	16	BARBARA PATERSON	22F	GRANADA HILLS	CA	7:02	1132:16	15 OPEN
25	272	LISA GONZALES	21F	NEWPORT BEACH	CA	7:03	1132:23	16 OPEN
26	486	PAUL HARRIS	24	LOS ANGELES	CA	7:04	1132:40	
27	469	BERNADETTE GARNACK	29F	MEHET	CA	7:05	1132:48	17 OPEN
28	95	CHRISTIE SPARR	21F	SAN DIEGO	CA	7:05	1132:58	18 OPEN
29	46	THERESA ACERRO	33F	VENTURA	CA	7:09	1133:51	4 30-34
30	132	MARGARET MILLER	53F	THOUSAND OAKS	CA	7:10	1133:54	1 50-54
31	463	THERESE EBINER	16F	WEST COVINA	CA	7:12	1134:21	3 14-17
32	154	SANDY KNOWLTON	34F	YORBA LINDA	CA	7:12	1134:21	5 30-34
33	416	LAURA MILLER	16F	YAN NUYS	CA	7:12	1134:31	4 14-17
34	20	CAROL DODDY	10F	UPLAND	CA	7:13	1134:38	3 13 AND UNDER
35	76	MARIAN MANOCCHIO	24F	SANTA MONICA	CA	7:13	1134:40	19 OPEN
36	320	MARIE ALBERT	20F	RIALTO	CA	7:15	1135:08	20 OPEN
37	67	HELEN DICK	54F	LOS ANGELES	CA	7:16	1135:21	2 50-54
38	345	BETTY HOCK	40F	SAN DIEGO	CA	7:18	1135:45	1 40-44
39	101	MICHELE FONSECA	17F	VAN NUYS	CA	7:19	1136:01	5 14-17
40	258	ANNE HERZBERG	28F	LONG BEACH	CA	7:20	1136:05	21 OPEN
41	320	SUZANNE KLEIN	34F	HONOLULU	HI	7:20	1136:08	6 30-34
42	141	CHERYL LABRUCHERIE	31F	PALOS VERDES	CA	7:20	1136:16	7 30-34
43	189	KATHLEEN FARIS	31F	SANTA MONICA	CA	7:22	1136:35	8 30-34
44	208	STEVE POCK	21	ALTADENA	CA	7:22	1136:43	
45	159	SUSAN STEVENS	36F	LOS ANGELES	CA	7:23	1136:51	3 35-39
46	238	CINDY HEUSCHWANDER	25F	MISSION VIEJO	CA	7:25	1137:14	22 OPEN
47	241	JOAN VANARK	35F	W. HOLLYWOOD	CA	7:25	1137:18	4 35-39
48	452	CYNIDY KELLY	32F	P. V. ESTATES	CA	7:26	1137:28	9 30-34
49	371	BETTY PARTRIDGE	35F	LOS ANGELES	CA	7:27	1137:36	5 35-39
50	265	PEGGY SHAM	27F	REDONDO BEACH	CA	7:27	1137:39	23 OPEN

TEAM SCORES----

	AVERAGE
1 SANTA MONICA T C	1122101 1123146 1127111
2 SOUTHERN CAL. R R	1123148 1126121 1129101
3 SENIORS T C (1)	1120120 1132116 1133154
4 SAN DIEGO T C	1120143 1121129 1135145
5 SAN FERNANDO VALLEY TC1	1127149 1130158 1132116
6 TEAM INSIDE TRACK	1135151 1146104 1146108
7 SENIORS T C (2)	1148156 1142114 1152118

35 - 39 MEN	50.8
Thomas, Felder, Brown, Maestre	
110 HIGH HURDLES	
30 - 34 MEN	15.58
Fred Johnson - 33 - Striders	
40 - 44 MEN	16.1
James Thomas - 40 - UN	
50 - 54 MEN	18.2
John Friesen - 51 - CDM	
55 - 59 MEN	21.3
Burl Gist - 58 - CDM	
65 - 69 MEN	23.5
Arthur Vesco - 67 - Striders	
John Dick - 67	25.8

400 METER

30 - 34 MEN	
Matt Pruitt - 33 - UN	51.7
Joseph Smith - 31 - UN	53.1
Bill Weller - 31 - WVTC	53.4
Ron Macks - 34 - Meiced T.C.	58.4
William Henderson - 32 - NCS	1.03.6
35 - 39 MEN	
Dave Romain - 37 - WVTC	49.8
George Mason - 35 - UN	52.3
Sidney Maestre - 37 - UN	59.9

40 - 44 MEN

James Thomas - 40 - UN	56.1
Phil Maresca - 41 - NCS	56.2
Burl Lennier - 44 - NCS	1.01.2

45 - 49 MEN

Tony Nasralla - 46 - Seniors	57.64
Lon Spurrier - 45 - NCS	58.6

50 - 54 MEN

Don Jackson - 52 - NCS	58.9
Huel Washington - 50 - UN	1.00.5
Hal Wallace - 51 - Seniors	1.07.7

55 - 59 MEN

Mark Henderson - 58 - NCS	1.09.0
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60 - 64 MEN

Bill Fairbank - 62 - Stanford	1.07.4
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70 - 74 MEN

Mel Shine - 70 - MFS	1.10.8
Sid Mauden - 71 - SFVTC	1.15.8

80 - 84 MEN

Paul Spangler - 80 - SLDC	1.30.6
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400 METER - WOMEN

35 - 39	
Mimi Gerard - 37 - Woodside	1.07.4

40 - 44

Almeta Parish - 42 - NCS	1.08.5
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45 - 49

Irene Obera - 45 - NCS	1.05.3
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50 - 54

Shirley Dietderich - 52 - NCS	1.25.9
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60 - 64

Josephine Kolda - 61 - NCS	1.42.2
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400 INT. HURDLES

30 - 34 MEN	
Roger Carlson, CA 32	60.7

35 - 39 MENS

George Mason, UN, 35	1.03.5
Ralph Henriksson, UN 35	1.04.6

40 - 44 MENS

James Thomas, UN 40	61.8
Tom Willett, 40	1.11.3

45 - 49 MENS

Mal Andrews, BAS, 45	1.06.0
Tony Nasralla, Srs., 46	1.06.2

65 - 69 MENS

John Dick, NCS, 67	1.35.9
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MILE RELAY

30 - 34 MENS	
West Valley Track Club	3.33.7
Late Corner Team	3.41.8

Carlton, Mason, Browne, Hendrikson	
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35 - 39 MENS

Saratoga Srs.	4.11.9
Willett, Eller, Maestre, Bruhner	

50 - 54 MENS

San Jose Pick-Ups	5.22.1
Magnusson, Mueller, Casteel, Shaw	



DAVE ROMAIN of West Valley TC
winner in the 200, 400 & 800.

100 METERS

30 - 34 MENS	
Greg Marshall, WVTC, 31	10.8
Clarence Cokbin, H. Top, 34	11.00

35 - 39 MENS

Dan Fitzsimmons, WVTC, 35	11.00
Bobby Simpson, UN, 37	11.3
Doug Felder, UN, 37	11.7

40 - 44 MENS

Ben Anixter, NCS, 41	11.2
Bill Eller, NCS, 44	12.3
Tom Willett, UN, 40	12.3
Leon Brown, UN, 42	13.1

45 - 49 MENS

Tony Nasralla, Sr. T.C., 46	11.8
Hans Bruhner, NCS, 45	11.9
Ben Rivera, NCS, 45	12.1

50 - 54 MENS

Huel Washington, 50	12.5
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55 - 59 MENS

Jim Johnson, NCS, 56	13.6
Burl Gist, CDM, 59	13.6
Adam Bucher, UN, 57	14.9

60 - 64 MENS

Bill Burke, CDM, 60	15.01
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65 - 69 MENS

Harry Koppel, NCS, 65	13.2
John Satti, NCS, 65	14.1

75 - 79 MENS

Josiah Packard, NCS, 75	15.4
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80 - 84 MENS

Paul Spangler, SLDC, 80 WORLD RECORD -	19.7
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100 METERS - WOMEN

30 - 34	
Lynda Huey, UN, 31	13.9
Janice Henderson, NCS, 32	15.7

35 - 39

Mimi Gerard, Woodside, 37	13.4
Catie Burke, CDM, 39	17.2

40 - 44

Almeta Parish, NCS, 42	13.5
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45 - 49

Irene Obera, NCS, 45	RECORD 12.7
Katherine Brieger, UN, 46	16.0

50 - 54

Shirley Dietderich, NCS, 52	16.3
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55 - 59

Diana Smith, CDM, 56	19.5
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60 - 64

Josephine Kolda, NCS, 61	RECORD 17.2
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200 METERS - MEN

30 - 34	
Clarence Corbin, 34, Hilltop	22.2
Greg Marshall, 31, WVTC	22.3
Matt Pruitt, 33, UN	22.4
Joseph Smith, 31, UN	24.3
Bill Weller, 31, WVTC	25.5

35 - 39

70 - 74	Mel Shine, 70, NCS	31.4
75 - 79	Josiah Packard, 75, NCS	33.2
80 - 84	Paul Spanger, 80, SLDC	42.3
200 METERS - WOMEN		
30 - 34	Janice Henderson, 32, NCS	34.0
35 - 39	Mimi Gerard, 37, Woodside	29.1
40 - 44	Almeta Parish, 42, NCS	29.5
45 - 49	Irene Obera, 45, NCS	RECORD 27.4
50 - 54	Shirley Dietderich, 52, NCS	35.9
55 - 59	Diana Smith, 56, Cdm	46.0
60 - 64	Josephine Kolda, 61, NCS	38.5
800 METERS - MEN		
30 - 34	Bob Browne, WVJS, 33	2:02.2
35 - 39	Dave Romain, WVTC, 37	1:58.4
	Dave Donaldson, Merced T.C., 39	2:01.3
	Philip Augustine, NCS, 37	2:18.1
40 - 44	Jack Knebel, WVTC, 40	2:02.1
	James Erbes, UN, 41	2:11.7
	Herb Blanchard, UN, 40	2:32.8
45 - 49	Preston Hill, NCS, 45	2:18.1
50 - 54	Dave Stevenson, UN, 50	2:20.0
	Don Jackson, NCS, 52	2:27.6
60 - 64	Alan Waterman, STAN, 60	2:33.8
70 - 74	Mel Shine, NCS, 70	2:52.5
	Sid Maddeni, SVTC, 71	3:14.4
80 - 84	Paul Spangler, SLDL, 80	WORLD RECORD 3:27.2
800 METERS - WOMEN		
35 - 39	Mimi Gerard, Woodside, 37	2:47.4
40 - 44	Almeta Parish, NCS, 42	3:20.3
45 - 49	Katherine Brieger, 46	2:55.3
1500 METER MENS		
30 - 34	Joseph Davis, UN, 32	4:32
	? 32	5:25.7
35 - 39	Dave Donaldson, Merced T.C., 39	4:20.5
	Jake White, WVJS, 37	4:23.07
	Jerome McFadden, WVTC, 38	4:26.9
	Bill Wade, PAMA, 37	4:40.9
40 - 44	Tom Cathcart, WVTC, 40	4:11.9
	James Erbes, UN, 41	4:46.5
	Burl Lennier, NCS, 44	4:58.3
45 - 49	Jim Worley, NCS, 47	5:03.3
50 - 54	Dave Stevenson, UN, 50	4:48.2
60 - 64	Alan Waterman, STAN, 60	5:30.8
	Ed Preston, SFPAC, 62	5:36.7
1500 METER - WOMEN		
35 - 39	Mimi Gerard, 37, Woodside	5:54.2
55 - 59	Diana Smith, 56, CDM	9:22.0
5000 METER - MEN		
30 - 34	John Clary, 33, WVJS	15:21.8
35 - 39	Jerome McFadden, 38, WVTC	16:46.6
	Bill Mitchell, 38, UN	19:24.0
45 - 49	Gene Lynch, 46, FPTC	17:57.8
	Jim Worley, 47, NCS	19:08.6

60 - 64	Bill Burke, 60, CDM	121'6 1/2"
	James Mc Carthy, 64, NCS	107'9 1/4"
65 - 69	John Dick, 67, NCS	117'8 3/4"
	Jim York, 65, NCS	113'2"
	William Walker, 67, NCS	99'8 3/4"
70 - 74	Homer Van Gelder, 74, NCS	71'5"
DISCUS - 1 KILOGRAM - RECORD		
	Bob Stone, 58, NCS	143'9 1/4"
DISCUS - WOMENS		
30 - 34	Remzy Huseny, 32, UN	65 1/2"
35 - 39	Catie Burke, 39, CDM	65'3"
45 - 49	Miyoko Okubo, 49, UN	46'10 1/4"
JAVELIN - MENS		
30 - 34	Fred Johnson, 33, Striders	163'3"
	William Henderson, 32, NCS	123'0"
40 - 44	Lee Schroeder, 40, NCS	124'10"
	Earl Pearson, 40, UN	103'1"
	Gary Dawson, 44, NCS	101'10"
45 - 49	Ralph Sutton, 47, NCS	129'9"
60 - 54	Hal Wallace, 51, Srs.	129'9"
	Harry Siitonen, 53, NCS	35'2"
60 - 64	Bill Burke, 60, CDM	113'4"
65 - 69	John Dick, 67, NCS	102'
	Earl Archer, 66, NCS	76'0"
JAVELIN - WOMENS		
30 - 34	Janice Henderson, 32, UN	58'10"
	Remzy Huseny, 32, UN	57'4"
35 - 39	Catie Burke, 39, CDM	47'8"
45 - 49	Miyoko Okubo, 49, UN	44'7"
POLE VAULT - MENS		
40 - 44	Mark Bodley, 44, NCS	9'6"
	Bill Eiler, 44, UN	9'
50 - 54	Hal Wallace, 51, Srs.	9'6"
55 - 59	Jim Johnson, 56, NCS	9'0"
60 - 64	Bill Hurke, 60, CDM	7'6"
65 - 69	Arthur Vesco, 67, S.C. Striders	5'6"
HIGH JUMP - MENS		
30 - 34	William Henderson, 32, NCS	4'8"
40 - 44	Kermit Walker, 43, W.S.	5'6"
	James Thomas, 40, UN	5'2"
	Mark Bodley, 44, NCS	5'
	Marion Page, 40, UN	5'
50 - 54	Hal Wallace, 51, Srs.	4'4"
	John Friesen, 51, CDM	3'10"
55 - 59	Buri Gist, 59, CDM	5'
	Mark Henderson, 58, NCS	4'6"
60 - 64	James McCarthy, 64, NCS	4'4"
	Bill Burke, 60, CDM	4'2"
65 - 69	John Dick, 67, NCS	4'0"
	Arthur Vesco, 67, Striders	3'10"
70 - 74	Homer Van Gelder, 74, NCS	3'10"
LONG JUMP - MENS		
34 - 39	Bobby Simpson, 37, UN	17' 1/2"
	Doug Felder, 37, UN	16'11 1/2"
40 - 44	Kermit Walker, 43, W.S.	21' 1/2"
	Earl Pearson, 40, UN	17' 1/2"

Lee Schroeder, 40, NCS	16' 1 1/2"	
45 - 49	Tony Nasralla, 46, Srs.	18'1"
50 - 54	John Friesen, 51, CDM	12'6"
	Harry Siitonen, 53, NCS	8'
55 - 59	Jim Johnson, 56, NCS	17'1"
	Harry Huseny, 58, AHC	14'10"
60 - 64	Bill Burke, 60, CDM	13'10 1/4"
65 - 69	John Satti, 65, NCS	14'10"
	Arthur Vesco, 67, Striders,	13'2"
	John Dick, 67, NCS	11'5"
70 - 74	Homer Van Gelder, NCS	11'6 1/4"
LONG JUMP - WOMEN		
45 - 49	Irene Obera, 45, NCS	RECORD 15'9"
TRIPLE JUMP		
40 - 44	Kermit Walker, 43, W.S.	40'3 1/2"
	Earl Pearson, 40, UN	34'0"
	Joe Durren Berger, 44, NCS	28'9"
45 - 49	Tony Nasralla, 46, Srs.	34'8"
50 - 54	Harry Siitonen, 53, NCS	21'7"
55 - 59	Jim Johnson, 56, NCS	33'2"
	Harry Huseny, 58, AHC	32'0"
65 - 69	John Dick, 67, NCS	25'5 1/2"
	Arthur Vesco, 67, Striders	21'10"
70 - 74	Homer Van Gelder, 74, NCS	25'3 1/2"

April 15 meets

OREGON STATE 65, CALIFORNIA 55
At Corvallis
5,000 - Lynne Hielte, Cal, 17:06.5; Pam Cox, Cal, 17:06.6; Brenda Cardin, OSU, 17:30.9.
LONG JUMP - Elaine Parker, Cal, 16-9 1/4; Sonya Harrigfield, OSU, 16-1; Debbie Anderson, Cal, 16-1/2.
400 RELAY - Oregon State (Wallace, Weston, Jordan, Parmele) 48.33.
100 HURDLES - Michele Hawthorne, Cal, 14.71; Cheryl Hawthorne, Cal, 15.37; Linda Parmele, OSU, 15.69.
400 - Kathy Weston, OSU, 55.26 (school record, old mark 55.76 by Weston, 1979); M. Hawthorne, Cal, 58.43; Loa Mosby, OSU, 58.48.
JAVELIN - Tonia Reigle, OSU, 152-6; Kfisy Hall, OSU, 143-4; Teri Cooper, OSU, 141-0.
SHOT - Joan Tavernia, OSU, 41-2; Kathleen Davis, OSU, 40-4; Tammy Nygren, OSU, 39-8.
100 - Parker, Cal, 12.07; Regina Jordan, OSU, 12.53; Nancy Wallace, OSU, 13.06.
HIGH JUMP - Sandy Huntley, OSU, 5-2; Harrigfield, OSU, 5-0; Sue Blake, OSU, 4-10.
800 - Alice Trumbly, Cal, 2:08.95; Lori Sala, Cal, 2:12.26; Kristin Trom, OSU, 2:13.49.
400 HURDLES - Parmele, OSU, 1:05.83; Lori Brown, OSU, 1:06.96; Carolyn Tidwell, OSU, 1:08.18.
DISCUS - Cindy Banks, Cal, 128-0; Nygren, OSU, 116-7; Davis, OSU, 113-7.
200 - Parker, Cal, 24.96 (ties field record by Karvin Davis, MSU, 1975); Jordan, OSU, 25.74; Wallace, OSU, 26.56.
1,500 - Susan Richter, Cal, 4:41.21; Susie Meek, Cal, 4:41.23; Hielte, Cal, 4:41.44.
Occidental 69 at UC Santa Barbara 85
800-Partamian (0), 1:51.3; Elwell (UCSB), 1:53.0; 1,500-Partamian (0), 3:51.0; Hilton (UCSB), 3:51.8; 1100H-Dorvall (0), 14.5; 400H-Starmer (UCSB), 52.0; Irving (UCSB), 52.7; Dorvall (0), 53.3; 3,000 Steeplechase-Harbaugh (0), 9:08.4; Triplett (UCSB), 9:10.4; 440 Relay-Occidental, 42.0
MILE RELAY-UC Santa Barbara, 3:14.2; Occidental, 3:16.0; HJ-Ridgway (UCSB), 6-8 3/4; Hall (0), 6-8 3/4; JT-Cuervo (0), 211-2.

Howard), 3:51.9 (meet record, old mark, 3:56.7, Locke, 1978); 2. Berkeley, 3:55.0; 3. LB Poly, 3:59.0; 4. Crawford, SD, 3:59.2; 5. North (Bakersfield), 4:00.0; 6. Thousand Oaks, 4:00.2.
DISTANCE MEDLEY RELAY-1. Santa Barbara (Lindberry, Carpenter, Ruskauff, Schmandt), 12:14.0; 2. Valhalla (El Cajon), 12:33.1; 3. Foothill (Santa Ana), 12:35.0; 4. University (Irvine), 12:36.0; 5. Sacred Heart, 12:36.3; 6. Kennedy (GH), 12:41.8.
SHOTPUT-1. Ray (Villa Park), 47-10 (meet record, old mark, 43-3, Nelson, Canyon, Ana, 1978); 2. Ramos (Anahelm), 47-3 1/2; 3. Ebert (Schurr), 44-9; 4. Richardson (Jefferson), 43-10; 5. Hamilton (Santa Monica), 40-9 3/4; 6. Ford (Atwater), 39-10 1/4.
DISCUS-1. Ford (Atwater), 146.8; 2. Ebert (Schurr), 145-2; 3. Magrove (Atwater), 130-3; 4. Argento (Kennedy, LP), 127-11; 5. Kann (San Luis Obispo), 124-7.
HIGH JUMP-1. Alston (Chico), 5-10 (meet record, old mark, 5-8, Gossweiler, Upland, 1976 and 1977 and E. Fargo, Crescenta Valley, 1978); 2. McNeal (Carlsbad), 5-8; 3. Johnson (Marshall, Pasadena), 5-8; 4. Pfeifer (Independence, San Jose), 5-6.
LONG JUMP-1. Loud (Westchester), 19-10; 2. Sanders (Berkeley), 18-9; 3. Harper (Fremont), 18-0 1/2; 4. Roberts (Cerritos), 18-0 1/4; 5. M. Kelley (Irvine), 18-0.
 Kelly 48.1; Carter 48.0; Mack 47.0, 3:13.1 (meet record, old mark, 3:17.7, Santa Ana, 1972); 2. LB Poly, 3:19.7; 3. Beverly Hills, 3:20.0; 4. Jefferson, 3:20.7; 5. Fremont, 3:21.2; 6. West Torrance, 3:22.8; 7. Crenshaw, 3:22.8; 8. Chatsworth, 3:24.9.
DISTANCE MEDLEY RELAY-1. Elsenhower (F. Assumma, Birks, Harris, C. Assuma), 10:10.4; 2. Valhalla, 10:21.2; 3. Oxnard, 10:22.0; 4. Burroughs (Burbank), 10:23.1; 5. San Marino, 10:24.8.
SHOTPUT-1. Mosebar (Mt. Whitney, Visalia), 61-6 1/2; 2. Garnett (Muir), 60-3; 3. Brenner (Fullerton), 59-1; 4. B. Holden (Hart), 58-4 3/4; 5. Krachir (San Jacinto), 57-3 3/4; 6. Lira (St. John Bosco), 57-2.
LONG JUMP-1. Clemons (Foothill, Bak.), 23-1 1/2; 2. Lea (St. Genevieve), 22-6 1/4; 3. Lemons (Katella), 22-4 1/2; 4. Holliday (Muir), 22-4; 5. Robbins (Inglewood), 22-2 1/2.
DISCUS-1. Krachir (San Jacinto), 188-7; 2. Mills (University, Irvine), 177-3; 3. Mosebar (Mt. Whitney, Visalia), 169-11; 4. Brenner (Fullerton), 167-10; 5. Bailey (Helix), 167-0; 6. Orrian (University, Irvine), 166-2.
HIGH JUMP-1. Balkin (Glendale), 7-0 (meet record, old mark, 6-10 1/2, Smith, Santa Monica, 1976); 2. Stanton (Inglewood), 6-8; 3. Ite between Bass (Madera) and Mayfield (Muir), 6-8; 5. Polli (Alemayn), 6-8.
TRIPLE JUMP-1. Mayfield (Muir), 49-0 1/2; 2. Holliday (Muir), 48-10; 3. Robbins (Inglewood), 48-3; 4. Clemons (Foothill, Bak.), 46-11; 5. Miller (Fremont), 46-8 3/4; 6. Crockett (Locke), 46-6.
POLE VAULT-1. McIntyre (Los Alamitos), 15-0; 2. Elliot (Bellflower), 15-0; 3. Fast (Mt. Whitney, Visalia), 14-6; 4. McTee (Arcadia), 14-0; 5. Gebuld (Valencia), 13-6.
GIRLS
100-1. Ware (Berkeley), 11.84; 2. Loud (Westchester), 11.94; 3. Winston (San Geronio), 12.15; 4. Paige (LB Poly), 12.18; 5. Webster (Berkeley), 12.29.
200-1. S. Howard (San Geronio), 23.8; 2. Loud (Westchester), 24.0; 3. Paige (LB Poly), 24.5; 4. Markham (Dorsey), 24.7; 5. Dennis (Monrovia), 24.9; 5. Miles (LB Poly), 25.0.
400-1. S. Howard (San Geronio), 53.92; 2. White (Berkeley), 54.4; 3. D. Howard (San Geronio), 57.0; 4. Den-

40 - 44	James Erbes, UN, 10	4:46.5
45 - 49	Burl Lennier, NCS, 44	4:58.3
50 - 54	Jim Worley, NCS, 47	5:03.3
55 - 59	Dave Stevenson, UN, 50	4:48.2
60 - 64	Alan Waterman, STAN, 60	5:30.8
	Ed Preston, SFPAC, 62	5:36.7
1500 METER - WOMEN		
35 - 39	Mimi Gerard, 37, Woodside	5:54.2
40 - 44	Diana Smith, 56, CDM	9:22.0
5000 METER - MEN		
30 - 34	John Clary, 33, WVJS	15:21.8
35 - 39	Jerome McFadden, 38, WVTC	16:46.6
	Bill Mitchell, 38, UN	19:24.0
45 - 49	Gene Lynch, 46, FPTC	17:57.8
	Jim Worley, 47, NCS	19:08.6
50 - 54	Rich Mueller, Un, 53	18:54.8
	Harry Hill, 51, H2	20:20
54 - 59	Dale Yee, 58, WVTC	22:07
60 - 64	Ed Preston, 62, SFPAC	21:05.8
65 - 69	Joseph Goodman, 67, UN	22:35.0
70 - 74	Sid Madden, 71, SFVTC	28:51.0
5000 METER - WOMEN		
30 - 34	Lynnda Huey, 31, UN	21:56.8
50 - 54	Elizabeth Nolan, 51	37:35
SHOT PUT - MENS		
30 - 34	William Henderson, 32, NCS	33'6"
40 - 44	Bob Harrison, 41, UN	36'8"
	Joe Durrenberger, 44, NCS	30'1 1/2"
	Bill Eller, 44, NCS	29'10"
50 - 54	Hal Wallace, 51, Srs.	38'5 3/4"
	Bill Magnusson, 53, UN	24'6 1/2"
	Harry Siitonen, 53, NCS	20'4"
55 - 59	Mark Henderson, 58, NCS	34'2 1/2"
	Bob Stone, 58, NCS	33'8"
60 - 64	Bill Burke, 60, CDM	39'10"
65 - 69	Jim York, 65, NCS	41'9"
	Art Vesco, 67, Striders	33'5"
	John Dick, 67, NCS	31'7"
70 - 74	Homer Van Gelder, 74, NCS	33'4"
SHOT PUT - WOMENS		
30 - 34	Janice Henderson, 32, NCS	22'9"
	Remizy Huseny, 32, UN	21'5"
35 - 39	Catie Burke, 39, CDM	21'9"
45 - 49	Miyoko Okubo, 49, NCS	18'2"
DISCUS - MEN		
30 - 34	Fred Johnson, 33, Striders	116'2 1/2"
	William Henderson, 32, NCS	89'
40 - 44	Bob Harrison, 41, UN	108'9 1/2"
	Earl Pearson, 40, UN	90'11 1/2"
50 - 54	Hal Wallace, 51, Srs.	119'4"
	Harry Siitonen, 53, NCS	48'8 1/2"
	Mark Henderson, 58, NCS	95'7 1/2"

40 - 44	Kermit Walker, 43, W.S.	5'6"
	James Thomas, 40, UN	5'2"
	Mark Bodley, 44, NCS	5'
	Marion Page, 40, UN	5'
50 - 54	Hal Wallace, 51, Srs.	4'4"
	John Friesen, 51, CDM	3'10"
55 - 59	Burl Gist, 59, CDM	5'
	Mark Henderson, 58, NCS	4'6"
60 - 64	James McCarthy, 64, NCS	4'4"
	Bill Burke, 60, CDM	4'2"
65 - 69	John Dick, 67, NCS	4'0"
	Arthur Vesco, 67, Striders	3'10"
70 - 74	Homer Van Gelder, 74, NCS	3'10"
LONG JUMP - MENS		
34 - 39	Bobby Simpson, 37, UN	17' 1/2"
	Doug Felder, 37, UN	16'11 1/2"
40 - 44	Kermit Walker, 43, W.S.	21' 1/2"
	Earl Person, 40, UN	17'2 1/2"
	Mark Bodley, 44, NCS	16'10"

400 HURDLES — Parmele, OSU, 1:05.83; Lori Brown, OSU, 1:06.96; Carolyn Tidball, OSU, 1:08.18.

DISCUS — Cindy Banks, Cal, 128-0; Nygren, OSU, 116-7; Davis, OSU, 113-7.

200 — Parker, Cal, 24.96 (ties field record by Karyn Davis, MSU, 1975); Jordan, OSU, 25.74; Wallace, OSU, 26.56.

1,500 — Susan Richter, Cal, 4:41.21; Susie Meek, Cal, 4:41.23; Hietle, Cal, 4:41.44.

Occidental 69 at UC Santa Barbara 85

800—Partamian (0), 1:51.3; Elwell (UCSB), 1:53.0. 1,500—Partamian (0), 3:51.0; Hilton (UCSB), 3:51.8. 110HH—Dorvall (0), 14.5. 400H—Starmer (UCSB), 52.0; Irving (UCSB), 52.7; Dorvall (0), 53.3. 3,000 Steeplechase—Harbaugh (0), 9:08.4; Triplett (UCSB), 9:10.4. 440 Relay—Occidental, 42.0. **MILE RELAY**—UC Santa Barbara, 3:14.2; Occidental, 3:16.0. HJ—Ridgway (UCSB), 6-8 3/4; Hall (0), 6-8 3/4. JT—Cuervo (0), 211-2.

ARCADIA INVITATIONAL
At Arcadia High
BOYS

100 METERS—1. Brown (Baldwin Park), 10.63; 2. Bell (Edison), 10.81; 3. Bell (Patrick Henry, SD), 10.83; 4. Perry (Fremont), 10.94; 5. Reed (LA Banning), 10.85; 6. Gaston (Tucson, Ariz.), 10.92.

200—1. Bell (Patrick Henry, SD); 21.48; 2. Brown (Baldwin Park), 21.67; 3. Thomas (Dorsey), 22.04; 4. Gaston (Tucson, Ariz.), 22.06; 5. Roederer (Canyon, Saugus), 22.19; 6. Thompson (Kennedy, GH), 22.20.

400—1. Banks (Morse, SD), 48.36; 2. Kelly (Locke), 49.36; 3. Patterson (Berkeley), 49.55; 5. Gerdine (Nogales), 49.66; 5. Townsend (LB Poly), 49.69; 6. Pennington (West Torrance), 49.73.

800—1. Mack (Locke), 1:49.9 (meet record, old mark, 1:51.4 Harrell, Santa Ana, 1972); 2. West (Crenshaw), 1:49.9; 3. Savage (Monroe), 1:52.3; 4. Jackson (Gardena), 1:52.4; 5. Cangelosi (Villa Park), 1:52.5; 6. Quinonez (Tulare), 1:54.0; 7. Brennan (El Camino, Ocean-side), 1:54.2; 3. Bruggeman (Corona del Mar), 1:54.7.

1,500—1. Medvin (LA University), 3:49.7 (meet record, old mark, 3:51.5, O'Reilly, San Rafael, 1978); 2. Whitcomb (Helix), 3:50.2; 3. Godbout (Palo Verde), 3:53.4; 5. Arriola (Gahr), 3:53.4; 6. O'Neal (Oceanside), 3:53.9; 7. P. Shirley (Notre Dame, SO), 3:54.8; 8. Sappenfeld (Santa Barbara), 3:55.4.

3,000—1. Nelson (Burbank), 8:18.4; 2. Vandereems (Mission Viejo), 8:21.6; 3. Blaty (Marina), 8:21.6; 4. Whatcott (Burbank), 8:25.8; 5. Gonzales (St. John Bosco), 8:26.0; 6. Downs (Skyline, Oakland), 8:29.8.

110HH—1. Lunstrom (Coronado, Scottsdale, Ariz.), 14.2; 2. Carter (Locke), 14.3; 3. James (Eisenhower), 14.3; 4. Longino (Nogales), 14.4; 5. Jones (Beverly Hills), 14.5.

300LH—1. Lunstrom (Coronado, Scottsdale, Ariz.), 37.07; 2. A. Jones (Beverly Hills), 37.38; 3. Avery (LA Poly), 37.61; 4. Fish (Dorsey), 37.98; 5. Goodin (Morse, SD), 38.01; 6. Cook (San Bernardino), 38.08.

400 RELAY—1. Fremont (Perry, Nexon, Norris, Ransom), 41.87; 2. Patrick Henry (SD), 42.01; 3. Kennedy (GH), 42.13; 4. Pasadena, 42.17; 5. Morse, SD, 42.54; 6. LB Poly, 42.55.

1,600 RELAY—1. Locke (Deary 50.0;

PoHl (Alemany), 6-8.

TRIPLE JUMP—1. Mayfield (Muir), 49-0 1/2; 2. Holliday (Muir), 48-10; 3. Robbins (Inglewood), 48-3; 4. Clemons (Foothill, Bak.), 46-11; 5. Miller (Fremont), 46-8 3/4; 6. Crockett (Locke), 46-6.

POLE VAULT—1. McIntyre (Los Alamitos), 15-0; 2. Elliot (Bellflower), 15-0; 3. Fast (Mt. Whitney, Visalia), 14-6; 4. McTee (Arcadia), 14-0; 5. Gebuld (Valencia), 13-6.

GIRLS

100—1. Ware (Berkeley), 11.84; 2. Loud (Westchester), 11.94; 3. Winston (San Geronio), 12.15; 4. Paige (LB Poly), 12.18; 5. Webster (Berkeley), 12.29.

200—1. S. Howard (San Geronio), 23.8; 2. Loud (Westchester), 24.0; 3. Paige (LB Poly), 24.5; 4. Markham (Dorsey), 24.7; 5. Dennis (Monrovia), 24.9; 5. Miles (LB Poly), 25.0.

400—1. S. Howard (San Geronio), 53.92; 2. White (Berkeley), 54.4; 3. D. Howard (San Geronio), 57.01; 4. Dennis (Monrovia), 57.16; 5. Melton (Fountain Valley), 57.4; 6. Davenport (Troy), 57.8.

800—1. Goen (North, Bak.), 2:10.5; 2. Bush (Rolling Hills), 2:10.8; 3. Kneeshaw (Foothill, Santa Ana), 2:14.3; 4. Kerry Cerda (Melodyland), 2:15.4; 5. Bryant (Crenshaw), 2:15.6; 6. Jessen (Dana Hills), 2:17.8.

1,500—1. Goen (North, Bak.), 4:31.8 (meet record, old mark, 4:33.0, Hulse, Edison, 1978); 2. Schmandt (Santa Barbara), 4:32.8; 3. Bier (Independence, San Jose), 4:32.8; 4. Cook (Chaminade), 4:34.1; 5. Gilbreth (Westchester), 4:37.0.

3,000—1. Cook (Chaminade), 9:53.1; 2. Lee (Eisenhower), 9:57.0; 3. Ebner (Bishop Amat), 10:01.5; 4. Sawyer (Camelback, Phoenix), 10:06.1; 5. Craig (Cypress), 10:11.0; 6. Walker (Bakersfield), 10:11.2.

100 LOW HURDLES—1. Young (Berkeley), 14.33 (meet record, old mark, 14.58, Reade, La Mirada, 1978); 2. Alexander (Crawford, SD), 14.44; 3. Sanders (Berkeley), 14.56; 4. Harmon (Thousand Oaks), 14.61; 5. Handon (Edison), 14.63.

400 RELAY—1. Berkeley (King, White, Webster, Ware), 46.6 (meet record, old mark, 47.30, Berkeley, 1978); 2. San Geronio, 47.5; 3. LB Poly, 47.5; 4. Fremont, 48.1; 5. Westchester, 48.3; 6. Dorsey, 48.7.

1,600 RELAY—1. San Geronio (A. Howard, T. Howard, D. Howard, S.

SOUTHERN CALIFORNIA RELAYS
Division One

400 RELAY—1. Long Beach, 40.6; 2. Pasadena, 41.0; 3. Mt. San Antonio, 41.8; 4. El Camino, 42.7.

800 RELAY—1. Mt. San Antonio, 1:25.6; 2. Long Beach, 1:25.8; 3. LACC, 1:27.2; 4. Orange Coast, 1:29.3; 5. El Camino, 1:29.5.

1,600 RELAY—1. Fullerton, 3:13.6; 2. LACC, 3:14.3; 3. Long Beach, 3:14.7; 4. El Camino, 3:14.8; 5. Orange Coast, 3:18.3.

3,200 RELAY—1. Long Beach, 7:50.9; 2. Los Angeles, 7:53.4.

6,400—1. Long Beach, 17:08.8; 2. Fullerton, 17:34.9.

SPRINT MEDLEY—1. Fullerton, 3:28.0; 2. Long Beach, 3:31.2.

DISTANCE MEDLEY—1. LACC, 10:08.8; 2. Long Beach, 10:10.3.

HIGH JUMP—1. Sanders (LB) 7-0; 2. Anderson (Mt. Sac), 6-10; 3. Nordquist (Fullerton), 6-10; 4. Roh (Mt. Sac), 6-8; 5. Gordien (Mt. Sac), 6-8.

POLE VAULT—1. Johnson (EC), 15-6; 2. Sidler (JOC) 15-2; 3. Hill (LB), 14-6.

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LONG JUMP—1. Carr (Mt. Sac), 47-13/4; 2. Terry (Pie), 46-4.
SHOT PUT—1. Mondello (F), 51-9; 2. Lister (L.B.), 50-8.
DISCUS—1. Montello (F), 163-6; 2. Doble (F), 148-9.
JAVELIN—1. Anderson (Mt. Sac), 199-10; 2. Lindley (Mt. Sac), 193-0.
TEAM SCORES—Long Beach 90; Fullerton, 57; LACC, 48; Mt. San Antonio, 40; Orange Coast and Pasadena, 28; El Camino, 26; Pierce, 14.

Division Two

400 RELAY—1. Cerritos, 42.3; 2. Grossmont, 42.4; 3. SD Mesa, 42.5; 4. Santa Monica, 42.6.
800 RELAY—1. Grossmont, 1:27.3; 2. Santa Monica, 1:27.4; 3. SD Mesa, 1:28.1; 4. Grossmont, 1:27.4; 3. Golden West, 3:21.6; 4. Southwestern, 3:22.0.
3,200 RELAY—1. Santa Monica, 7:49.2; 2. Grossmont, 7:56.0.
4,400 RELAY—1. SD Mesa, 17:23.5; 2. Grossmont, 17:26.0; 3. Santa Monica, 17:34.0.
SPRINT MEDLEY—1. San Bernardino, 3:30.1; 2. Grossmont, 3:32.4.
DISTANCE MEDLEY—1. Grossmont, 10:14.7; 2. Cerritos, 10:16.6; 3. Southwestern, 10:24.3.
SPRINT MEDLEY—1. San Bernardino, 3:30.1; 2. Grossmont, 3:32.4.
HIGH JUMP—1. Sears (Cerr), 6-11; 2. Valentine (Cerritos), 6-8; 3. Mitchell (GW), 6-6; 4. Wallace (G), 6-6; 5. Wagner (SM), 6-6.
POLE VAULT—1. Theyer (G), 16-0; 2. Newton (G), 16-0; 3. Kenworthy (G), 16-0; 4. Alexander (GW), 15-6.
LONG JUMP—1. Brooks, 23-2 1/2; 2. Herring (SD Mesa), 22-8 1/2.
TRIPLE JUMP—1. Wilford (SWn), 47-10 1/2; 2. Murphy (Cerr), 46-9 1/2; 3. Herring (SDM), 46-6.
SHOTPUT—1. Pole (G), 51-5 3/4; 2. Gauthier (G), 48-5.
DISCUS—1. Gauthier (G), 157-8; 2. Pole (G), 146-8.
JAVELIN—1. Luscomb (G), 183-0; 2. Crosser (SDM), 181-8.
TEAM SCORES—Grossmont, 118; Cerritos, 56; Golden West, 42; SD Mesa and Santa Monica, 36; Southwestern 27; San Bernardino, 12; Cypress, 10; Ventura, 4.

BRUCE JENNER MEET

At San Jose
100 METERS (Race 1)—1. Evans (unat), 10.42; 2. Wells (Phila. Pioneers), 10.51; 3. Payton (Bay Area Striders), 10.62 (Race 2)—1. Williams (USC), 10.54; 2. Collins (Phila. Pioneers), 10.56; 3. Edwards (Tobias Striders), 10.57.
200—1. Edwards (Tobias Striders), 20.57; 2. Evans (unat), 20.67; 3. King (UC Irvine), 20.99.
400—1. Beasley (Athletes In Action), 46.51; 2. Solomon (Phila. Pioneers), 47.01; 3. Brown (AIA), 47.22.
800—1. Robinson (InterCity AC), 1:47.5; 2. Cassleman (Pacific Coast Club), 1:48.1; 3. Omwansa (USC), 1:48.2.
MILE—1. Aldridge (Cal Poly SLO), 4:02.5; 2. Manke (Athletes West), 4:02.7; 3. Jirele (Santa Monica TC), 4:02.9.
5,000—1. Lawson (SMTC), 13:52.6; 2. Brown (Athletes West), 13:54.8; 3. Schankel (Cal Poly SLO), 13:57.2.
3,000 STEEPLECHASE—1. I. Rono (Washington St.), 8:40.6; 2. Jensen (Oregon TC), 8:42.0; 3. Mason (AIA), 8:54.5.
110HH—1. Nehemiah (Maryland), 13.16 (world record, old mark, 13.21, Alejandro Casanas, Cuba, 1977); 2. Cooper (BA Striders), 13.43; 3. Foster (Phila. Pioneers), 13.70.
400H—1. Williams (Cal Poly SLO), 49.4; 2. King (Maccabi TC), 49.7; 3. Person (Maryland), 50.7.
400 RELAY—1. Philadelphia Pioneers (Wells, Frazier, Collins, Riddick), 38.9; 2. USC, 39.1; 3. Bay Area Striders, 39.2.
880 RELAY—1. USC (Simmons, Mullins, Sanford, Bradford), 1:22.3; 2. Philadelphia Pioneers, 1:22.5; 3. Cal Poly SLO, 1:24.9.
MILE RELAY—1. Philadelphia Pioneers (Taylor, Solomon, Frazier, Darden), 3:08.7; 2. California, 3:11.0; 3. Bay Area Striders, 3:12.8.
JAVELIN—1. Roggy (Athletes West), 289-7; 2. Atwood (Athletes West), 264-3; 3. Ewaliko (Athletes West), 263-10.
POLE VAULT—1. McDonald (Cal Poly SLO), 17-6; 2. Taylor (Maccabi TC), 17-6; 3. Haynie (Tobias Striders), 17-0.
TRIPLE JUMP—1. Livers (Phila. Pioneers), 54-10 3/4; 2. Banks (Tobias Striders), 54-10; 3. Marlow (California), 53-6 1/2.

HIGH JUMP—1. Gibbs (San Jose St.), 7-0; 2. tie among Boyd (South Bay TC), Link (UC Davis) and Peterson (Idaho), 6-10.
SHOTPUT—1. A. Feuerbach (Athletes West), 64-4 3/4; 2. Wilkins (Athletes West), 62-6 1/2; 3. Pyka (Maryland), 62-1.
LONG JUMP—1. King (UC Irvine), 25-8 3/4; 2. Williams (Tobias Striders), 25-4; 3. Calhoun (Maryland), 25-2.
DISCUS—1. Hjeltines (Norway), 217-3; 2. Powell (San Jose Stars), 200-3; 3. Waivik (Norway), 199-9.
WOMEN'S SHOTPUT—1. Seidler (San Jose Stars), 59-6 1/4; 2. Phillips (West Germany), 57-8 1/4.

UCLA (68 1/2) at Oregon (85 1/2)

100 METERS—1. E. Brown (UCLA), 10.47; 2. Coleman (O), 10.48; 3. Foster (UCLA), 10.57.
200—1. E. Brown (UCLA), 21.19; 2. Coleman (O), 21.20; 3. Curry (O), 22.10.
400—1. Thomas (O), 47.37; 2. McGlothlin (UCLA), 47.48; 3. Walton (O), 48.49.
800—1. Chapa (O), 1:49.8; 2. Nelson (O), 1:50.8; 3. Theriot (UCLA), 1:51.2.
1,500—1. Chapa (O), 3:46.8; 2. Salazar (O), 3:46.9; 3. Goldberg (O), 3:47.0.
5,000—1. Bolleau (O), 13:57.4; 2. Salazar (O), 13:57.6; 2. McChesney (O), 13:57.8.
3,000 STEEPLECHASE—1. Clary (O), 3:31.0; 2. Martin (O), 8:38.3; 3. Hurst (O), 8:47.2.
110HH—1. Foster (UCLA), 13.9; 2. Bransom (O), 14.23; 3. Higgins (UCLA), 14.66.
400H—1. Higgins (UCLA), 52.29; 2. McNeal (UCLA), 52.62; 3. Bransom (O), 53.36.
400 RELAY—1. UCLA (Williams, McGlothlin, Foster, Brown), 40.49; 2. Oregon, 40.67.
MILE RELAY—1. UCLA (E. Brown, Theriot, McNeal, Higgins), 3:18.88; 2. Oregon, 3:23.3.
SHOTPUT—1. Laut (UCLA), 67-0 3/4; 2. Stover (O), 65-4 1/4; 3. Gordien (UCLA), 63-9.
JAVELIN—1. Lorentzen (O), 252-5; 2. Caril (UCLA), 218-7; 3. Jadwin (UCLA), 215-9.
LONG JUMP—1. Ogard (O), 24-3 3/4; 2. Benson (UCLA), 24-0 1/2; 3. Williams (UCLA), 23-10 1/4.

POLE VAULT—1. Hintnau (O), 17-0; 2. Warner (UCLA), 16-6; 3. tie between Switzer (O) and Curran (UCLA), 16-0.
HIGH JUMP—1. From (O), 6-10; 2. Leach (UCLA), 6-8; 3. Joseph (UCLA), 6-8.
TRIPLE JUMP—1. Lacey (O), 50-4 3/4; 2. Benson (UCLA), 49-10 1/4; 3. Joseph (UCLA), 48-7 1/2.
Attendance—12,123

Long Beach St. 63) at SD St. (81)
100 METERS—Russell (SDS), 10.65.
200—Russell, 21.29. **400**—Daniels (SDS), 46.97. **1,500**—St. John (SDS), 3:48.4. **400H**—Sheffield (SDS), 51.37.
PV—Halverson (SDS), 17-0. **HJ**—Low (SDS), 6-10. **LJ**—Taylor (LBS), 25-6 1/4. **TJ**—Armour (SDS), 50-8.

RIVERSIDE INVITATIONAL

At UC Riverside
MEN
100 METERS—(Race 1)—Forrest (UC Riverside), 10.6. (Race 2)—Frey (Maccabi TC), 10.6. **200**—Gosby (Maccabi TC), 21.7. **400**—Benson (unat), 47.6. **800**—Wang (SoCal Roadrunners), 1:53.1; 2. Thornton (Maccabi TC), 1:53.1. **1,500**—1. Garcia (UCR), 3:52.5; Alvarez (UCR), 3:53.6. **5,000**—Garcia (UCR), 14:32.5. **3,000 STEEPLECHASE**—Kerchoff (CSLA), 9:28.1. **110HH** (Race 1)—Norris (UCR), 15-0. (Race 2)—Johnson (CS Northridge), 15-0. **400H**—Evans (unat), 53.4. **400 RELAY**—1. CS Bakersfield, 41.2; 2. All-American TC, 42.1. **MILE RELAY**—1. CS Bakersfield, 3:17.0.
PV—1. Friend (Riverside CC), 16-0; 2. Bauke (Cal Poly SLO), 15-6 1/2; 3. tie between Ferguson (unat) and Adams (unat), 15-6. **HT**—1. Schrader (UC Irvine), 189-7; 2. Brunner (Cal Poly SLO), 183-9; 3. Semar (CSB), 172-1. **JT**—1. Packer (Maccabi TC), 229-7; 2. Myles (Cal Lutheran), 220-10; 3. Howe (UCR), 219-8. **LJ**—1. Lee (Taiwan), 25-4; 2. Forrest (UCR), 24-5. **SP**—1. Byrnes (Maccabi TC), 59-9 1/2; 2. Faul (Cal Poly SLO), 54-6 1/2; 3. Toma (Cal Poly SLO), 54-4 1/2. **HJ**—1. Tie between Brownbridge (UCR) and Garrettt (CSB), 6-8. **TJ**—1. Ehizulen (Maccabi TC), 50-11 1/2; 2. Namikas (Pomona-Pfizer), 48-8 1/2; 3. DeCaro (CSLA), 48-0 1/2. **DT**—1. Vesterland (Point Loma), 171-1; 2. Weber (All-American TC), 168-4 1/2; 3. Reilly (unat), 167-5.

WOMEN

1,500—Anderson (CSB), 4:44.7. **3,000**—Keyes (Cal Poly SLO), 9:21.0. **400 RELAY**—Taiwan, 49.2. **JT**—Rona (CP Pomona), 142-8 1/2.

April 19-20. Walnut, Mt. SAC Relays Decathlon:

- | | |
|---------------------|------|
| 1) Grant Niederhaus | 7517 |
| 2) Ed Miller | 7498 |
| 3) Ken Kring | 7025 |
| 4) Doug Chapman | 6914 |
| 5) Mike Moore | 6658 |
| 6) John Young | 6585 |
- /Don Ruh/

April 20. Azusa. Eighth Annual California Invitational Decathlon:

- | | |
|--------------------------------|------|
| 1) Gary Wise (AzPacific) | 7466 |
| 2) Lane Maestretti (U of NevR) | 6944 |
| 3) David Tolson (P/Loma) | 6823 |
| 4) Eric Longfield (CalPly-Pom) | 6774 |
| 5) John Scheerer (un) | 6486 |
| 6) Mike Tendley (un) | 6335 |
| 7) John ToSerrano (UCSD) | 6309 |
| 8) Matt Vukicevich (CalPlySLO) | 6244 |
| 9) Larry Moss (U of Nev R) | 6097 |
| 10) Tim Kistler (AzPacific) | 5062 |
- /Marv Mardock/

April 21. Fresno. 4th Annual Women's Woodward Park Run

- 1.4 mile under 30:**
 1) Yvette Bissonnette 11:05
- 1.4 mile 30+:**
 1) Jeanette Burke 9:43
- 1.4 mile predicted time:**
 1) Mae Plageman 13:36 P/13:49 A -13
 3 mile under 30:
 1) Valerie Hawkins 21:08
 3 mile 30 plus+:
 1) Dorothy Thomas 22:27
 3 mile predicted time:
 1) Cyndy Spangler 31:00 P/30:55 A -05
- /Ron Gates/

April 22. Lompoc. River Relay (1.5, 3.5, 4.4, 6.0 = 15.4 miles):

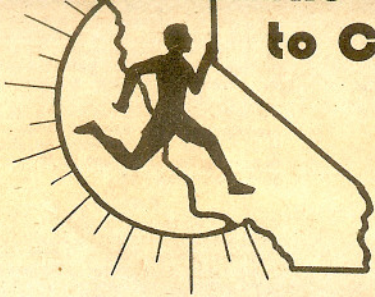
- | | |
|--|--------|
| 1) Dashing Soles (1st Open Men) | |
| Schankel | 8:49 |
| Warrick | 28:10 |
| Costa | 52:05 |
| Schankel | 79:44 |
| 2) Cal Poly (2nd Open Men) | |
| Becker | 8:26 |
| Grasso | N/A |
| Fabris | 51:20 |
| Munday | 80:18 |
| 12) Gil's Crew (1st Masters) | |
| Adams | 10:59 |
| Yiskis | 36:40 |
| Gil | 64:30 |
| Holoubek | 103:33 |
| 17) Flat--Footed Flying Foxes (1st OW) | |
| Adams | 11:30 |
| Hirschler | 47:42 |
| Larson | 87:10 |
| Richardson | 136:36 |
- /John Perkins/

April 21. Livermore. Livermore 8.5 Mile Run:

- | | |
|------------------------|-------|
| 1) Hal Schulz (WVTC) | 43:14 |
| 2) Steve Brooks (un) | 45:07 |
| 3) Brock Hinzmann (un) | 45:14 |
| 4) Dan Anderson (WVTC) | 46:45 |

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Grasso	N/A
Fabris	51:20
Munday	80:18
12) Gil's Crew (1st Masters)	
Adams	10:59
Yiskis	36:40
Gil	64:30
Holoubek	103:33
17) Flat--Footed Flying Foxes (1st OW)	
Adams	11:30
Hirschler	47:42
Larson	87:10
Richardson	136:36

/John Perkins/

April 21. Livermore. Livermore 8.5

Mile Run:

1) Hal Schulz (WVTC)	43:14
2) Steve Brooks(un)	45:07
3) Brock Hinzmann(un)	45:14
4) Dan Anderson(WVTC)	46:45
5) Brian Bonner(LVRC)	46:58
6) Bert Johnson (LVRC)	47:45
7) Kent Guthrie (WVJS)	47:57
8) Dave Levitsky (WVTC)	48:19
9) Greg Jewitt (Excel)	49:13
10) Roger Bryan (un)	49:17
11) Dennis Uritiaga(CanTC)	49:49
12) William Dunlop(LVRC)	49:51
13) Dan Moore (LVRC)	50:18
14) Dan Dierken (TRAC)	50:41
15) Gordy Vrendenburg(BuffCh)	50:54
16) Bryan Holmes(WVJS)	50:57
17) Dave Cargill(Solano)	51:02
18) Peter Cartwright(un)	51:27
19) Frank Nolan(WVTC)	51:29
20) Douglas Latimer(un)	51:34
21) Steve Scarich(un)	51:40
22) Hriar Cabayan(LVRC)	51:43
23) Craig Van Otten(un)	51:57
24) Larry Arata (un)	52:27
25) Mark Scheuer (Pama)	52:32
53) Gough Reinhardt (LVRC)	55:41
66) Gail Gustafson(WVTC)	57:40
78) Ruth Anderson(NorCalSr)	58:51
86) Jeanne Shuler(LVRC)	59:47
106) Diane Wayman(un)	61:22

/Nick Winter/

Ventura County Championships Invitational

100-Dees (TO) 10.3, Beeson (V) 10.3,
Ruiz (V) 10.4.
220-Ruiz (V) 23.1, Ellison (V) 24.2, no
third.
440-McCarthy (C) 51.0, Gonzales (TO)
51.3, Dailey (NP) 52.0.
880-Esparza (NP) 1:58.4, Legal (W)
1:59, Ortega (V) 1:59.3.
Mile-Fairman (TO) 4:25, Dunlap (TO)
4:27, Beatty (V) 4:34.2.
2-Mile-Fairman (TO) 9:46.3, Smith (C)
9:48.6, Clausung (RM) 19:7.2.
SP-Stezlmiller (NP) 51:2.4, Miller
(RM) 43-10, Mantell (V) 42-11.4.
PV-Bulawsky (TO) 13-0, Ferran (TO)
13-0, Lingelbach (NP) 12-6.
TJ-Poston (V) 40-11, Blake (RM) 40-2.
Giles (W) 40-2.
Mile Relay-TO (Scheppner, Dunlap,
Fields, Gormley) 3:29.4, NP 3:29.6, W
3:38.3.
440 Relay-V (Ellison, Ruiz, Herrera,
Beeson) 44.3.
Discus-K. Packard (TO) 123-7, Stelz-
miller (NP) 118-2.4, Packard (TO) 117-2.

Girls Invitational

100-Doolittle (O) 11.8, Thornton (NP)
11.8, Klope (B) 11.8.
220-Churchman (RM) 26.5, Kind (W)
26.1.
440-Churchman (RM) 59.2, Kind (W)
1:01, Von Essen (B) 1:01.8.
880-Ball (NP) 2:23, Broccoli- (NP)
2:24.2, Hughes (NP) 2:25.9.
Mile-Broccoli (NP) 5:16.6, Ball (NP)
5:19.4, Mason (B) 5:20.1.
2-Mile-Mason (B) 11:09.5, Metzger
(RM) 11:34.2, Mercado (O) 11:37.8.
440 Relay-NP (Stachura, Cowdin,
Ybarra, Thornton) 51.3, V 51.8, B.
Mile Relay-NP (Thornton, Clouse,
Hansen, Stachuran) 4:09.4, B 4:13.5, V
4:21.3.
110 LH-Glevin (V) 15.0, Kind (W) 16.0,
Beauregard (NP) 16.3.
HJ-Beauregard (NP) 5-2, Sterling (NP)
5-2, Gelvin (V) 5-2.
LJ-Barrier (O) 15-10, Kind (W) 15-9,
Devine (NP) 15-8.
SP-Kistler (B) 35-5.4, Cofield (RM) 33-
9, Ybarra (NP) 33.2.