

# PENNSYLVANIA TRACK & FIELD REVIEW

*A. W. Stull*

MARCH 23, 1970

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By Lowell C. Bond

On the cover of our first issue is an athlete destined to become one of the greatest all around athletes in Pennsylvania sports history. Tall and rangy, Gene White, who is presently a senior at Bristol High School in District 1, guided his team to second place honors in team standings (class B) at the PIAA state championship meet at University Park last year.

In winning three events, he shattered two records; his 47'1" bettered the old record of 45'10¼" in the triple jump, then came back with a tremendous 23'7" effort in the long jump to erase a 33 year old mark of 22'5" first set by Frank Ohl of Conneauville in 1936, and tied by Richard Hazard in 1947. White also grabbed first place in the high jump with a very respectable 6'5" to complete his triple victory performance.

Although his performances at The PIAA meet were quite impressive, they were by no means, his best. He has, to his credit a phenomenal 24'9", which, after the final tally was taken, ranked him 5th in the entire nation in the long jump for 1969. His best distance in the triple jump is 48'3 --- which is three inches better than the state PIAA record, and has leaped 6'6" in the high jump using both the Fosbury and regular styles.

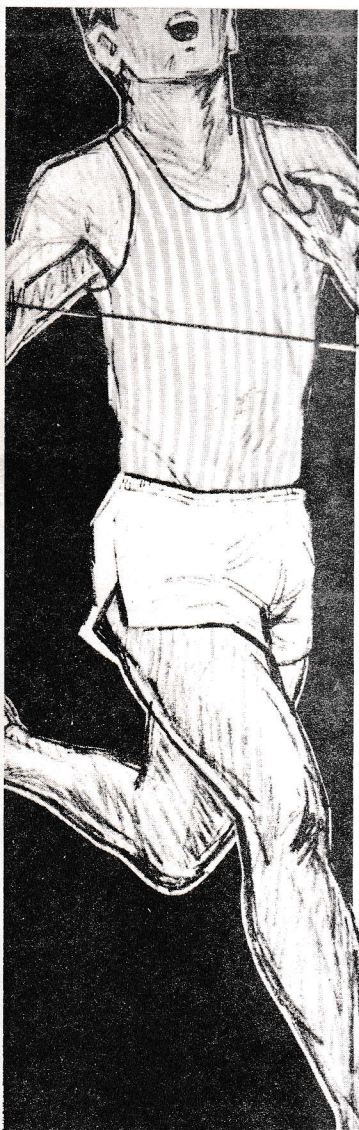
Gene's career began several years ago when he was in junior high school. He entered the triple jump at a local junior olympic meet because only a few contestants had signed up for that event and felt he might have a chance to place. Without ever having practiced the triple jump, he won the event convincingly in his initial competitive venture, and this inspired him to continue in track & field.

He is just as proficient on the basketball court, earning a varsity letter in that sport.

**PROGRESSION CHART**

	GENE WHITE	BRISTOL H.S.	BRISTOL, PA.	
1968	Grade 10	LJ 21'7½	TJ 44'7¼	HJ 5'8
1968	Grade 10	LJ 21'7½	TJ 44'7¼	HJ 5'8
1969	Grade 11	LJ 24'9	TJ 48'3	HJ 6'6
1970	Grade 12			HJ 6'6

(indoor Fosbury)



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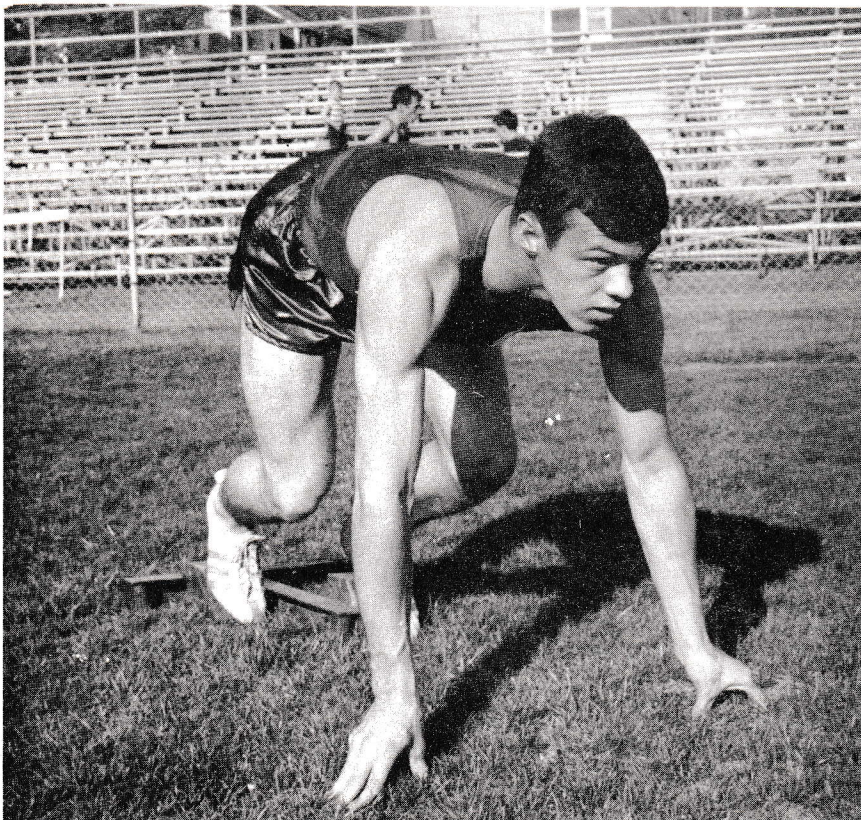
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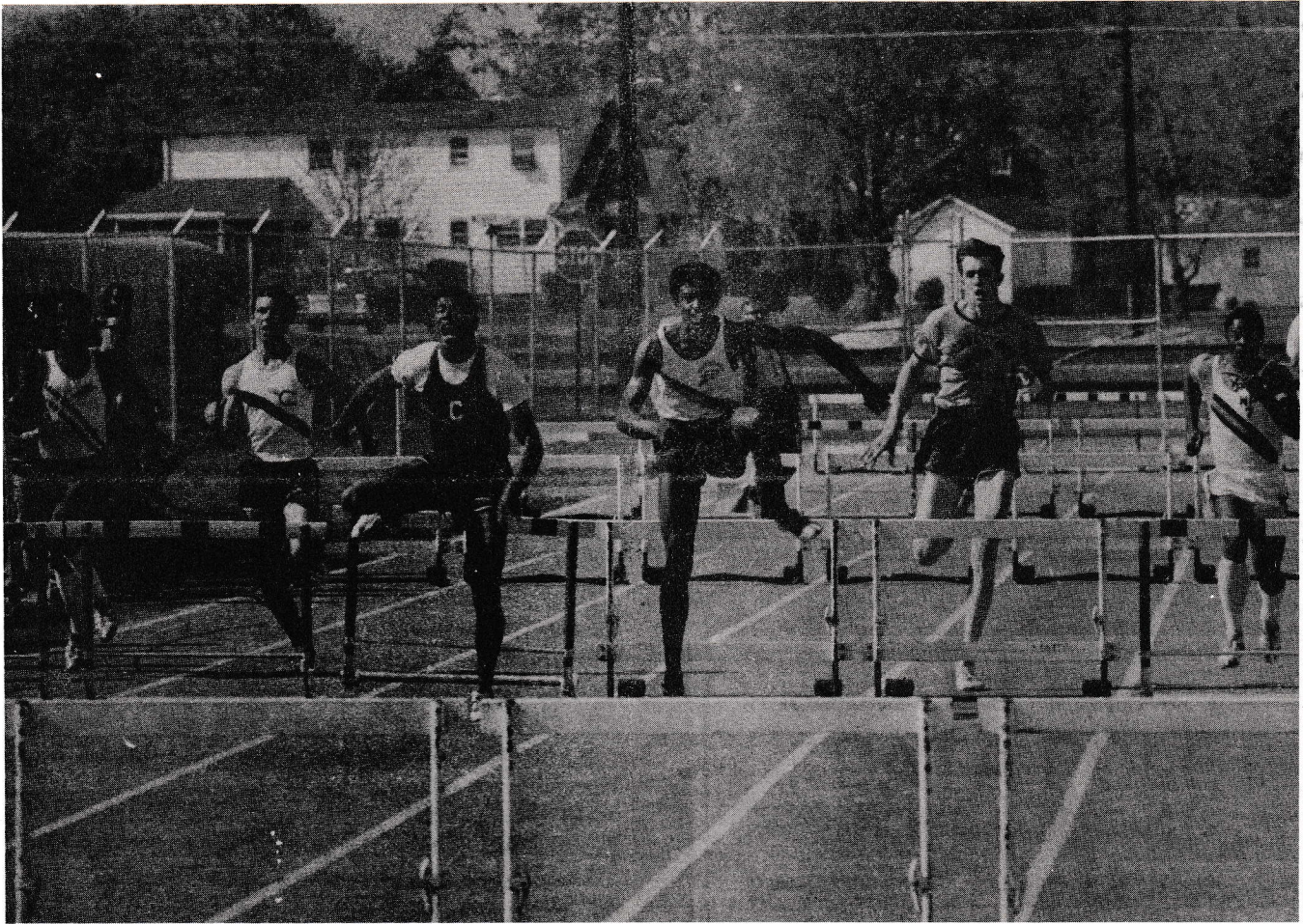
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Jim Scott, Carlisle High School sprinter, in 1969 became one of the fastest Pennsylvanians of all time. Here, he wins the 100 yard title at The Dickinson Invitational Championships. Scott has several 9.7 clockings to his credit.



Scott's greatest opposition in the sprints should come from Mt. Carmel's Gary Diminick, pictured here in the starting blocks. Diminick was District 4 - 100 yard dash champion last year, and was caught in the swift time of 9.9 in placing 4th at the state finals.



In the finals of the 180 yard low hurdles at The Dickinson Invitational last year, two of the state's fastest hurdlers get together for a showdown. In the second lane from the right, Middletown's Ed Chubb, who later became Class B State high hurdle champion, trails John Harris High School's Darryl Barbee, third lane, who goes on to win this particular race. Barbee recorded a best time of 19.2 in 1969. Both boys were seniors last year.

#### INFORMATION NEEDED!

Noting the fact that Pa. T&F Review is in its first season of publication, we would like to stress the importance of our receiving regular weekly information; statistics, photographs, news clippings, and short stories of interest from our readers throughout the state.

Virtually all of our information will come from a scattered corps of correspondents throughout Pennsylvania, such as yourself, who are willing to take a few minutes each week to mail us data so vital to the success of the magazine. Our task here at Penna. Track & Field Review will be to coordinate and compile. So, track coaches and fans, let us hear from you regularly. Direct your data and information to:

Jim Bond, Managing Editor  
 Penna. Track & Field Review  
 1709 Forster St., Harrisburg, Pa. 17103

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## RESULTS OF THE 1969 P.I.A.A. STATE CHAMPIONSHIP MEET AT UNIVERSITY PARK, PENNA. May 24, 1969

CLASS A100 YARD DASH

1. Jim Scott	Carlisle H.S.	Dist. 3	Time 9.7
2. Bob Hayes	Cedar Crest	Dist. 3	
3. Bill Clugston	North Penn	Dist. 1	
4. Gary Diminick	Mt. Carmel	Dist. 4	
5. Richard King	Pitts. Westing.	Dist. 8	

220 YARD DASH

1. Bill Clugston	North Penn	Dist. 1	Time 21.2*
2. Maurice Peoples	G.A.R. Memorial	Dist. 2	
3. William Johnson	Chichester	Dist. 1	
4. John Turner	McKeesport	Dist. 7	
5. Richard King	Pitts. Westing.	Dist. 8	

440 YARD DASH

1. William Neely	Abington	Dist. 1	Time 48.9
2. Van Barbour	Chambersburg	Dist. 3	
3. Bill Hart	Bradford	Dist. 9	
4. Ed Marsteller	Baldwin	Dist. 7	
5. Maurice Peoples	G.A.R. Memorial	Dist. 2	

880 YARD RUN

1. Rick Weaver	Oil City	Dist. 10	Time 1.56.2
2. William Perry	Wissahickon	Dist. 1	
3. Bruce Hulse	Haverford	Dist. 1	
4. Scott Wendling	Govenor Mifflin	Dist. 3	
5. Dick Root	Corry	Dist. 10	

MILE RUN

1. John Black	Upper St. Clair	Dist. 7	Time 4.21.8
2. Mike Scott	Trinity	Dist. 7	
3. Jeff Weil	Parkland	Dist. 11	
4. Paul Wettlaufer	Interboro	Dist. 1	
5. John Fullmer	State College	Dist. 6	

TWO MILE RUN

1. Wayne McBride	John Harris	Dist. 3	Time 9.29.2*
2. Ken Keehn	Haverford	Dist. 1	
3. Dave Szbat	Mt. Lebanon	Dist. 7	
4. Fred Alexander	Harriton	Dist. 1	
5. Charles White	Erie Strong Vincent	Dist. 10	

CLASS A120 YARD H. HURDLES

1. Bruce Collins	Chester	Dist. 1	Time 14.0*
2. Bob Walker	Kiski Area	Dist. 7	
3. Darryl Barbee	John Harris	Dist. 3	
4. Norm Thomas	Penn Hills	Dist. 7	
5. Herb Wilson	Clearfield	Dist. 9	

180 YARD L. HURDLES

1. Bruce Collins	Chester	Dist. 1	Time 19.2
2. Darryl Barbee	John Harris	Dist. 3	
3. Dorsey Smallwood	Hopewell	Dist. 7	
4. Bob Walker	Kiski Area	Dist. 7	
5. Jim Robinson	Chambersburg	Dist. 3	

880 YARD RELAY

1. Abington H.S.	Dist. 1	Time 1.28.7
2. Clairton H.S.	Dist. 7	
3. Butler H.S.	Dist. 7	
4. (Tie) Cedar Crest H.S.	Dist. 3	
Coatesville H.S.	Dist. 1	

ONE MILE RELAY

1. Abington H.S.	Dist. 1	Time 3.20.8
2. Butler H.S.	Dist. 7	
3. Baldwin H.S.	Dist. 7	
4. Altoona H.S.	Dist. 6	
5. Cedar Cliff H.S.	Dist. 3	

TWO MILE RELAY

1. State College H.S.	Dist. 6	Time 7.52.2
2. William Penn H.S., Harrisburg	Dist. 3	
3. Hershey H.S.	Dist. 3	
4. Penn Hills H.S.	Dist. 7	
5. William Tennant H.S.	Dist. 1	

HIGH JUMP

1. Steve Scheeren	Latrobe	Dist. 7	Height 6'3¼
2. Chris Adams	Abington	Dist. 1	
3. Robert Meadows	Connellsville	Dist. 7	
4. Sandy Sauders	Cumberland Valley	Dist. 3	
5. William Boyce	Pitt. Schenley	Dist. 8	

## RESULTS OF THE 1969 P.I.A.A. STATE CHAMPIONSHIP MEET AT UNIVERSITY PARK, PENNA. May 24, 1969

CLASS ALONG JUMP

1. Paul Shelly	Lancaster	Dist. 3	Dis. 22'5½
2. Gary Diminick	Mt. Carmel	Dist. 4	
3. Harry Oliver	Valley	Dist. 7	
4. John Miller	North Penn	Dist. 1	
5. Kenneth Thompson	Interboro	Dist. 1	

TRIPLE JUMP

1. Maurice Peoples	G. A. R. Memorial	Dist. 2	Dis. 46'11¼
2. Ulysses Walker	New Castle	Dist. 7	
3. Harry Oliver	Valley	Dist. 7	
4. Rick Allen	Neshaminy	Dist. 1	
5. Kenneth Thompson	Interboro	Dist. 1	

POLE VAULT

1. Bob Theissen	No. Allegheny	Dist. 7	Ht. 13'10
2. Gary Vidak	Penn Hills	Dist. 7	
3. Richard Yates	West Chester	Dist. 1	
4. Glen Hauze	Bethlehem Freedom	Dist. 11	
5. Sam Dinger	Oil City	Dist. 10	

SHOT PUT

1. Ron Turpin	Reading H.S.	Dist. 3	Dis. 59'2
2. Chuck Eneix	Washington	Dist. 7	
3. Roger Gunesch	Erie McDowell	Dist. 10	
4. B. Johnson	Kane	Dist. 9	
5. Dan Galbraith	Bethel Park	Dist. 7	

DISCUS

1. Chuck Eneix	Washington	Dist. 7	Dis. 168'9
2. Mitch Farbatein	Plymouth-White.	Dist. 1	
3. George Jacoby	Mt. Lebanon	Dist. 7	
4. Frank Kadel	John Harris	Dist. 3	
5. Charles Wilson	Williamsport	Dist. 4	

JAVELIN

1. Ray Mushinski	Ambridge H.S.	Dist. 7	Dis. 230'0
2. Earl Anderson	Erie McDowell	Dist. 10	
3. Ed O'Neil	Warren	Dist. 10	
4. Bob Nauman	Hempfield	Dist. 3	
5. Jim Thomas	Great Valley	Dist. 1	

CLASS B100 YARD DASH

1. Gary Risch	Freeport	Dist. 7	Time 9.9
2. Ron Miller	Unionville	Dist. 1	
3. Roy Walker	Midland	Dist. 7	
4. Charles Forney	Conestoga Valley	Dist. 3	
5. Tim Kostelnik	Central Cambria	Dist. 6	

220 YARD DASH

1. Gary Risch	Freeport	Dist. 7	Time 21.4*
2. Bob Newman	New Brighton	Dist. 7	
3. Don Spiller	Milton	Dist. 4	
4. Sam Reed	Kennett	Dist. 1	
5. Steve Aronoff	Westmont	Dist. 6	

440 YARD DASH

1. David Wise	Garden Spot H.S.	Dist. 3	Time 50.7
2. Tim Kostelnik	Central Cambria	Dist. 6	
3. Bob Thomas	Panther Valley	Dist. 11	
4. Don Freda	Sharon Hill	Dist. 1	
5. Mel Blue	Purchase Line	Dist. 6	

880 YARD RUN

1. Dennis Bohlayer	Twin Valley	Dist. 3	Time 1.56.2
2. Rick Rouse	Northeast	Dist. 10	
3. Don Barber	Central Cambria	Dist. 6	
4. Ernie Chandler	Northwestern	Dist. 10	
5. Bruce McLanahan	Camp Hill	Dist. 3	

MILE RUN

1. William Showers	Milton	Dist. 4	Time 4.19.6
2. Bruce McLanahan	Camp Hill	Dist. 3	
3. Dan Barber	Central Cambria	Dist. 6	
4. Bruce Bond	Exeter	Dist. 3	
5. Jeff Claycomb	Richland	Dist. 6	

TWO MILE RUN

1. Steve Snyder	Greencastle-Antrim	Dist. 3	Time 9.33.2
2. Charles Marshall	South Moreland	Dist. 7	
3. Tom Melonic	Quaker Valley	Dist. 7	
4. Paul Lombardi	Exeter	Dist. 3	
5. Tom Anthony	General McLane	Dist. 10	

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CLASS B120 YARD H. HURDLES

1. Ed Chubb	Middletown	Dist. 3	Time 14.9
2. Aaron Ankeny	General McLane	Dist. 10	
3. Dennis Taylor	Fort Lebeouf	Dist. 10	
4. Ken Silay	Avalon	Dist. 7	
5. Ben Davis	Panther Valley	Dist. 11	

180 YARD L. HURDLES

1. Gene Becker	Oley Valley	Dist. 3	Time 19.7
2. Ken Silay	Avalon	Dist. 7	
3. Aaron Ankeny	General McLane	Dist. 10	
4. Ron Spiller	Milton	Dist. 4	
5. Ed Chubb	Middletown	Dist. 3	

880 YARD RELAY

1. Freeport H.S.	Dist. 7	Time 1.30.8
2. Upper Perkiomen H.S.	Dist. 1	
3. Darby-Colwyn H.S.	Dist. 1	
4. Slatington H.S.	Dist. 11	
5. Milton H.S.	Dist. 4	

ONE MILE RELAY

1. Central Cambria H.S.	Dist. 6	Time 3.26.5
2. Avalon H.S.	Dist. 7	
3. Freeport H.S.	Dist. 7	
4. Biglerville	Dist. 3	
5. Hatboro-Horsham	Dist. 1	

TWO MILE RELAY

1. Boiling Springs H.S.	Dist. 3	Time 8.09.4
2. West York H.S.	Dist. 3	
3. Riverside H.S.	Dist. 7	
4. Neshannock H.S.	Dist. 7	
5. Harbor Creek H.S.	Dist. 10	

HIGH JUMP

1. Gene White	Bristol	Dist. 1	Ht. 6'5
2. Kelley Yohe	Jersey Shore	Dist. 4	
3. Richard Mulligan	Warwick	Dist. 3	
4. Dennis Mountz	Daniel Boone	Dist. 3	
5. Robert Shaefer	Apollo	Dist. 7	

CLASS BLONG JUMP

1. Gene White	Bristol	Dist. 1	Dis. 23'7''*
2. Gene Becker	Oley Valley	Dist. 3	
3. Joe Coradetti	Biglerville	Dist. 3	
4. Frank Smith	Quaker Valley	Dist. 7	
5. John Mackery	Darby Colwyn	Dist. 1	

TRIPLE JUMP

1. Gene White	Bristol	Dist. 1	Dis. 47'1''*
2. Gene Becker	Oley Valley	Dist. 3	
3. Dale Smith	Sayre	Dist. 4	
4. Reggie Stephens	Conemaugh Valley	Dist. 6	
5. Dave Harrington	Avalon	Dist. 7	

POLE VAULT

1. Victor Thompson	S. Columbia	Dist. 4	Ht. 13'6''
2. Al Benaglio	Hampton	Dist. 7	
3. Al Greynolds	Mars	Dist. 7	
4. Steve Gorman	Biglerville	Dist. 3	
5. Duane Cleveland	Bedford	Dist. 5	

SHOT PUT

1. Herb Hribar	Mohawk	Dist. 7	Dis. 58'8"
2. Jeff Behm	Wilmington	Dist. 7	
3. Al Gible	Annville-Cleona	Dist. 3	
4. Don Wayman	Sayre	Dist. 4	
5. Fritz Disbus	Annville-Cleona	Dist. 3	

DISCUS

1. Ty Higgins	Lower Moreland	Dist. 1	Dis. 168'9 $\frac{1}{2}$ *
2. Bill Dvorzak	Freedom	Dist. 7	
3. Don Nelson	Hampton	Dist. 7	
4. Robert Wentline	Annville-Cleona	Dist. 3	
5. Jeff Swope	Bangor	Dist. 11	

JAVELIN

1. Ken Andrews	Mohawk	Dist. 7	Dis. 202'0
2. Warren Barkell	Southmoreland	Dist. 7	
3. Dan Truskey	Tamaqua	Dist. 11	
4. J. Elliott	Union	Dist. 9	
5. Cal Wiser	Shippensburg	Dist. 3	

RESULTS OF THE 1969 P.I.A.A. STATE CHAMPIONSHIP MEET AT UNIVERSITY PARK, PENNA. May 24, 1969

TEAM SCORING - CLASS A

1. Abington .....	22
2. John Harris, Harrisburg .....	14
3. Chester .....	12
4. North Penn .....	10
Wilkes-Barre G.A.R. ....	10

TEAM SCORING - CLASS B.

1. Freeport .....	21
2. Bristol .....	18
3. Central Cambria .....	17
4. Oley Valley .....	13
5. Mohawk .....	12
6. Avalon .....	11

SCHEDULED MEETS

MARCH

- 21 West Chester Invitational - West Chester State College
- 28 State College High School Invitational - State College, Penna.

APRIL

- 18 Canon-McMillan Relays - Canon-McMillan High School
- 18 Shippensburg Invitational - Shippensburg State College
- 25 Dickinson Invitational - Dickinson College-Carlisle
- 25 WPIAL RELAYS - Penn Hills High School, Pittsburgh
- 25 Penn Relays - U of P, Philadelphia

MAY

- 1 Mt. Carmel Relays - Mt. Carmel High School

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**MY RUN ACROSS THE UNITED STATES,** Don Shepherd. \$3.50

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## LONG SLOW DISTANCE

by Joe  
Henderson

### The Humane Way to Train

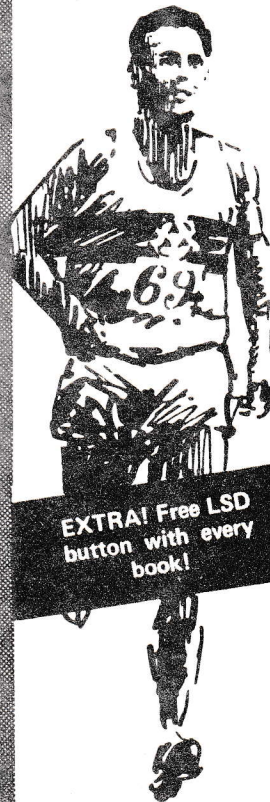
Much talked about and eagerly-awaited by distance running aficionados, Joe Henderson's new book on LSD (Long Slow Distance), "The Humane Way to Train," is now ready and making itself heard in running circles across the country.

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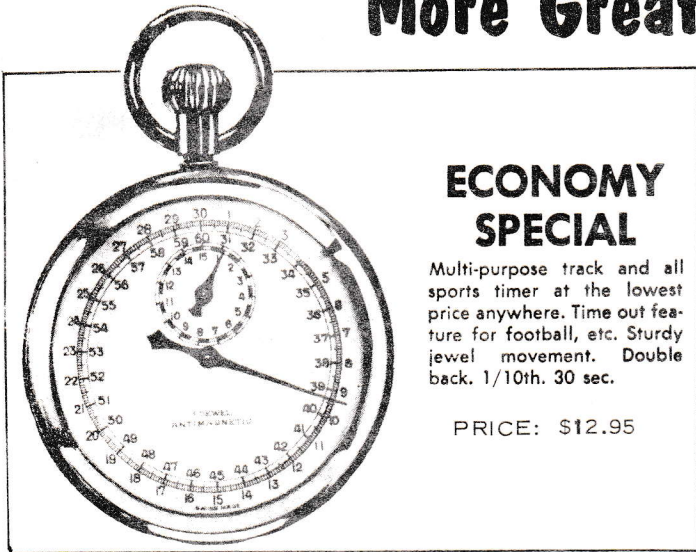
All runners (road runners, trackmen, Sunday joggers, and others) should find much to stimulate them in this book. And coaches owe it to themselves to learn what LSD can do and has done. Fans, too, will be rewarded by the clear, interesting presentation. Who knows? This just might be the beginning of a distance training revolution!

64 pages. 1969. Illustrated. Paperbound. \$2.00



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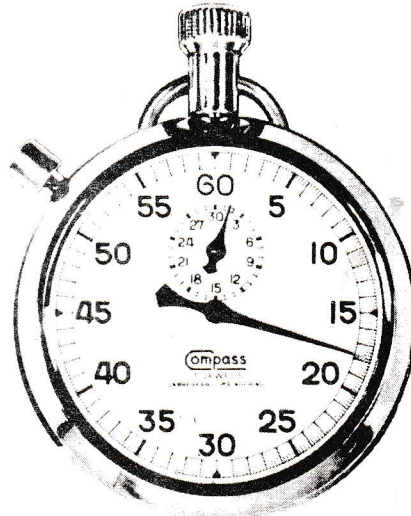
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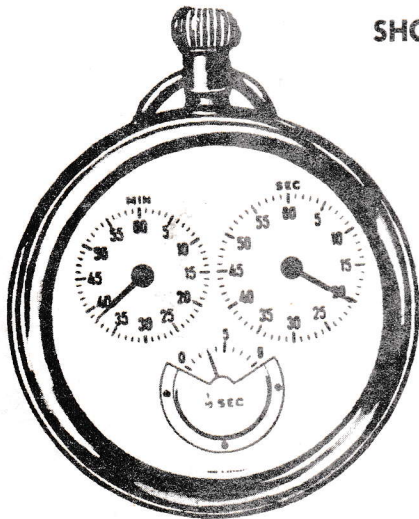


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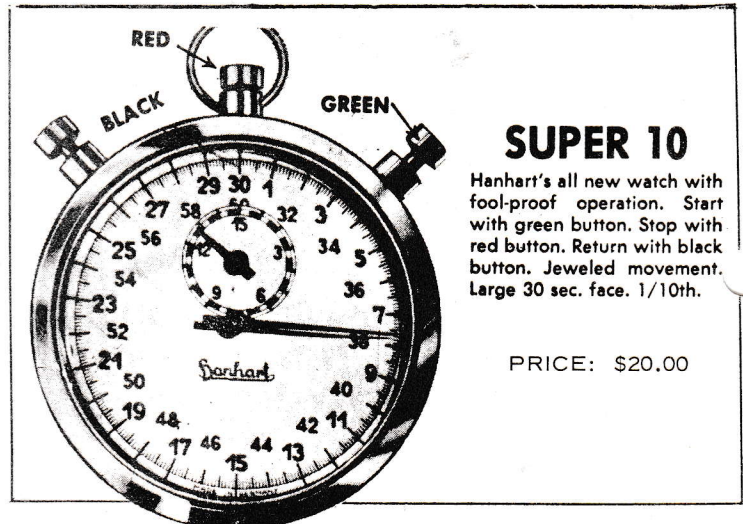
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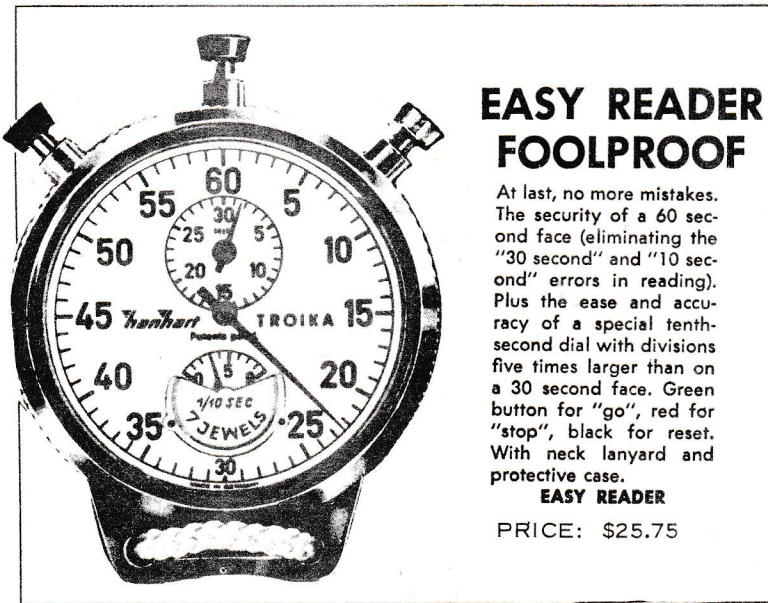
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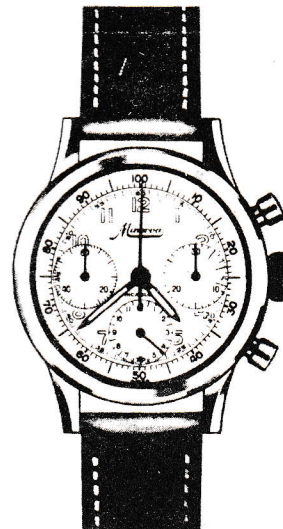


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## SPECTACULAR PERFORMANCES BY PENNSYLVANIANS

### Preview of the 1970 Season

The 1969 outdoor track & field season culminated with stellar performances by many Pennsylvania scholastic stars, and served notice that Pennsylvania is on par in many events, with the more notable track states such as California, Texas and New York.

Two super sprinters, Jim Scott of Carlisle, a 9.7 and 21.2 dashman, and Bill Clugston of North Penn High School, who also sports a 21.2 furlong clocking, compare very favorably with the fastest sprinters of most other states. Scott is returning for the 1970 season. Also back for another crack at improving on his best time of 9.9 is Gary Diminick of Mt. Carmel. He has a jump of 22'5 in the long jump, and gained national recognition when chosen to the 1969 All American High School football team as a halfback.

Maurice Peoples of Wilkes-Barre G.A.R., Gene White of Bristol, and Ulysses Walker of New Castle, gave the Keystone State a fine nucleus in the triple jump. Peoples soared 48'5½ to rank 10th nationally; White's 48'3 ranked him 12th; and Walker ranked 14th in the nation with a leap of 48'2. Each of these triple jumpers have attained exceptional ranking, in the fact that each was ranked in the top 25 or better according to national chronological ranking.

Both Gene White and Ulysses Walker are returning seniors and are competing during the 1970 outdoor season. White is also an outstanding long and high jumper, with marks of 24'9 and 6'6 respectively. He ranked 5th nationally in the long jump.

With the graduation of two mile ace Wayne McBride of John Harris, who set a new two mile record of 9.29.2 last year at University Park, the distances seemed to be up for grabs. That is until a senior named Bill Louv of Upper Merion High School came along, apparently out of nowhere. First he chalked up a victory at the PIAA cross country championships, then moved indoors and made shambles out of the best previous two mile clocking by a Pennsylvania schoolboy with a 9.20.3 at The New York Armory on January 31 of this year. To prove his astounding time wasn't a fluke, he came back with a 9.22.8 clocking a month later, again, in New York City. Already, this year, Louv has times of 4.23.8 and 4.26.0 for the mile on an eight lap to the mile track.

Warren High School could have the best javelin thrower in the state this year, in Ed O'Neil. He has thrown

208.3 as a junior in placing third at the state meet behind Ray Mushinski of Ambridge who set a new state record last year, and had a best throw of 239.4 which ranked him in the third position nationally. O'Neil is also a sound quarter miler with a clocking of 51.3.

Towanda High School coach, James Quigley turned out three good pole vaulters last year in Tom Johnson, 13'1; Lloyd Vaughn, 12'7; and John MacDonald, 11'9. MacDonald is the only returning vaulter of the three. He should have his hands full with Clifton Brown of Middletown returning. As a junior, Brown vaulted 13'8, but missed the state finals due to a broken arm acquired in practice a few days prior to the final meet.

In the high jump, Phillip "Kelly" Yohe of Jersey Shore High School, already has attained a height of 6'4½. He should offer Gene White of Bristol plenty of competition in this event. Yohe, who uses the Fosbury technique, is a senior this year.

Keep your eyes on two sophomores, both whom could be very sensational during the current season. Ken Wilson of Bristol clocked a respectable 2.01.6 as a freshman in the 880 yard run, and Enos Kimball of Jersey Shore a 51.5 quarter-miler as a freshman; a time which indicates great ability in this event.

In the Philadelphia area, Ron Shaw, sprinter from Bartram High School in the city of brotherly love, has shown fantastic early form, running a swift 5.4 on the boards at Convention Hall this winter. No doubt, Shaw will be among the fastest century men in Pennsylvania this year.

William Penn High School of Harrisburg has an excellent two mile relay Quartet returning this year. Last season they put together a rapid 7.56.0 relay race in finishing second to State College High School at the state championship meet. State College finished 3rd, overall, last year, in the final tabulation of national rankings with a phenomenal 7.45.0.

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# PENNSYLVANIA TRACK & FIELD REVIEW

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