

PENNSYLVANIA

TRACK & FIELD REVIEW

APRIL 20, 1970

VOL. 1 NO. 3

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PHILA. BULLETIN PHOTO

\$2.00 per season

SCHEDULED MEETS

APRIL

- 25 WPIAL RELAYS AT PENN HILLS HIGH SCHOOL
- 24/25 PENN RELAYS AT FRANKLIN FIELD, PHILA.
- 25 DICKINSON INVITATIONAL AT CARLISLE
- 28 ELIZABETHTOWN RELAYS - 6:00 P.M.
AT ELIZABETHTOWN HIGH SCHOOL

MAY

- 1 SUBURBAN ONE CHAMPIONSHIP AT ABINGTON
- 1 MT. CARMEL RELAYS AT MT. CARMEL HIGH SCHOOL
- 1 ALL WEST CONFERENCE AT McKEESPORT
- 9 CENTRAL PENN TRACK CHAMPIONSHIPS AT CEDAR CLIFF, NEW CUMBERLAND, PA.
- 9 NORRISTOWN INTERSCHOLASTICS

Thousands of track fans look on in jubilation, as anchorman Bill Neely of Abington High School breasts the tape inches ahead of Gary Gordon of Boys High of Brooklyn, New York, after completing a brilliant 47.1 leg, which gave his team victory in the One Mile High School Championship race at The Penn Relays last year. Neely brought the huge gathering to their feet, as he grabbed the baton some 10 yards behind Gordon, and steadily closed in on the Brooklyn Boys anchorman. It was the first time in 28 years that a Pennsylvania team captured the championship event; the last time being in 1941 by Overbrook of Philadelphia.

Abington's winning time of 3.16.6 was the fastest ever run by a Pennsylvania scholastic mile relay unit. Neely is a senior this season and once again, handling the anchorman duties for the "Gallop Ghosts."



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Extensive statistical section on bamboo, steel and fiberglass poles. World rankings every decade since 1929. Historical information never heretofore published in Russian and German. MECHANICS OF THE POLE VAULT is authored by a former natl. AAU, NCAA champion who in 1968 received the Helms Hall of Fame award for outstanding contributions to the science of track & field athletics. This is not a re-hash of other editions; it has been completely re-written from cover to cover.

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UNOFFICIAL ALL-TIME PENNSYLVANIA TRACK & FIELD CHRONOLOGICAL LIST

Compiled by Todd H. Jones

Editor's Note: Marks made in summer meets, Junior Olympics, AAU meets, etc. up until Sept. 1 are acceptable. Special thanks to Hugh Gardner and Chuck Hempill for their assistance in preparing this compilation. Additions, corrections should be sent to the author at 48 S. Broad, Nazareth, Penna. 18064. Please include athlete's full name, school, city, year and performance. Denote windy or non-winning results.

100 YARD DASH

9.6	Barney Ewell	McCaskey High, Lancaster	1937
9.6	John Terpko	Sayre High, Sayre	1937
9.6	Eddie Junghans	McCaskey High, Lancaster	1938
9.6	John Neyer	Pottsville High, Pottsville	1939
9.6	Gary Wagner	Parkland High, Orefield	1965
9.7	George Pointdexter	Wilksburg	1935
9.7	Tom Carr	Mt. Lebanon High, Pittsburgh	1941
9.7	Benny Wright	Chester	1948
9.7	Art Pollard	Scott High, Coatesville	1953
9.7	Charles Baker	Erie Academy, Erie	1953
9.7	Jim Bantum	Roman Catholic High, Phila.	1959
9.7	Don Webster	Kennett Sq. Cons., Kennett Sq.	1961
9.7	Mike Kahn	Henderson High, West Chester	1963
9.7	Ron Dillard	Ford City	1964
9.7	Matt Giles	Aliquippa	1964
9.7	Monte Frazier	Bartram High, Philadelphia	1964
9.7	Orin Richburg	Westinghouse High, Pittsburgh	1964
9.7	Jim Scott	Carlisle	1969-1970
9.7	Bill Clugston,	North Penn High, Lansdale	1969
9.7	Sim MacArthur	Steel High	1968

WIND-AIDED

9.6	Al Robinson	Mercersburg Academy, Mercers.	1913
9.7	Jim David	Wyoming Valley West, Pittston	1968
9.7	Bill Rigney	Baldwin, Pittsburgh	1968

200 YARD DASH (STRAIGHT)

20.9n	Don Webster	Kennett Square Cons. Kennett Sq.	1960
21.1	Levi Portus	Westinghouse, Pittsburgh	1967
21.2	Bob Holmes	South Hills, Pittsburgh	1961
21.2	Orin Richburg	Westinghouse, Pittsburgh	1964
21.2	Bill Clugston	North Penn, Lansdale	1969
21.2	Jim Scott	Carlisle	1969
21.3	Barney Ewell	McCaskey, Lancaster	1937
21.3	Art Pollard	Scott, Coatesville	1953
21.3	Leonard Johnson	New Castle	1959
21.3	Jim Jones	Redstone	1959
21.3n	Gary Wagner	Parkland, Orefield	1964
21.3	Larry Floyd	West Mifflin North	1966
21.4	Ben Johnson	Plymouth	1932
21.4	George Craig	Clairton	1955
21.4	Charles Williamson	Carrick, Pittsburgh	1955
21.4	Bob Raemore	Williamsport	1958
21.4	Roger Kochman	Wilksburg	1958
21.4	Ed Layne	Oliver, Pittsburgh	1960
21.4n	Bob Bryant	Abington	1964
21.4	Bill Rigney	Baldwin, Pittsburgh	1967
21.4	Gary Risch	Freeport	1969
21.4n	Maurice Peoples	G.A.R. Memorial, Wilkes-Barre	1969

WIND-AIDED

20.7	Orin Richburg	Westinghouse, Pittsburgh	1964
20.7	Larry Floyd	West Mifflin North	1966
20.8	Al Robinson	Mercersburg Academy	1913
20.8	Adrian Capitol	Farrell	1967
21.2	Bill Krouse	Red Lion	1966
21.2	Jim Wright	William Penn, Harrisburg	1966

220 YARD DASH (TURN)

21.4	Jim Galbreath	Overbrook, Philadelphia	1965
21.6	Mike Kahn	Henderson, West Chester	1962
21.6	Monte Frazier	Bartram, Philadelphia	1964
21.6	Theodis McGhee	Franklin, Philadelphia	1966

440 YARD DASH

46.5	Don Webster	Kennett Square	1961
47.8	Leo Fisher	Bonner, Drexel Hill	1964
47.8	Larry Floyd	West Mifflin North	1966
47.9n	Wanza Poole	Overbrook, Philadelphia	1961
48.2	Bob Bryant	Abington	1965
48.4	Bill Clugston	North Penn, Lansdale	1969
48.5	Bob Raemore	Williamsport	1958
48.5	Larry Martin	McCaskey, Lancaster	1969
48.6	John Haines	Episcopal Academy, Phila.	1951
48.6	Mike Johnston	Connellsville	1957
48.6n	Jim Wright	William Penn, Harrisburg	1966

880 YARD RUN

1:52.5	Ted Meredith	Mercersburg Academy	1912
1:53.9	Bruce Carter	Pottstown	1963
1:54.1	Ray Arrington	Clairton	1965
1:54.1	Jerry Richey	North Allegheny, Pittsburgh	1967
1:54.5	Bob Cubbin	Roman Catholic, Philadelphia	1962
1:54.5n	Steve Gentry	State College	1965
1:55.3	Tom Brown	Bangor	1966
1:55.3n	John Baker	Penncrest, Lima	1967
1:55.4	Ed Flynn	Penn Hills, Pittsburgh	1967
1:55.4	Mike Schurko	Bethel Park	1967
1:55.4	Forrest McMunn	New Castle	1969

ONE MILE RUN

4:09.8	John Baker	Penncrest, Lima	1967
4:10.6	Jerry Richey	North Allegheny, Pittsburgh	1967
4:11.6n	Mike Schurko	Bethel Park	1967
4:12.4	Steve Gentry	State College	1965
4:12.8n	Ray Arrington	Clairton	1965
4:14.9	Joe Thomas	Uniontown	1960
4:15.9	Ron Mrochko	Meyers, Wilkes-Barre	1968
4:16.9	Frank Lacey	Pottstown	1965
4:17.4	Mark Larson	Bethel Park	1967
4:18.7	Gary Gittings	Baldwin, Pittsburgh	1968
4:18.8	John Black	Upper St. Clair	1969

TWO MILE RUN

9:20.8	Jim Allahan	Bensalem, Cornwells Hgts.	1969
9:23.4	Chuck Marshall	Southmoreland	1969
9:25.9n	Ron Mrochko	Meyers, Wilkes-Barre	1967
9:26.9	Greg Fredericks	Wilson, West Lawn	1968
9:29.2	Wayne McBride	John Harris, Harrisburg	1969
9:29.2	Dave Szbat	Mt. Lebanon, Pittsburgh	1969
9:29.6	Jerry Richey	N. Allegheny, Pittsburgh	1966
9:29.6	Mike Nolan	Mt. Lebanon	1967
9:30.4	Mike Schurko	Bethel Park	1967
9:31.0	Jim Franey	Spring-Ford, Royersford	1967
9:31.3	Ken Keehn	Haverford, Havertown	1969

120 YARD HIGH HURDLES

13.8	Levi Portus	Westinghouse, Pittsburgh	1967
13.8	Greg Rogers	Overbrook, Philadelphia	1969
13.9	George Hearn	Lower Merion, Ardmore	1957
13.9	Erv Hall	Overbrook, Philadelphia	1965
14.0n	Jan White	John Harris, Harrisburg	1967
14.1	Rod Perry	Scott, Coatesville	1953
14.1	Danny Lee	Mt. Lebanon, Pittsburgh	1958
14.1	Willibe Brooks	Brashear	1961
14.1	Kenny Moore	Bok Tech, Philadelphia	1962
14.1	Dave Phillips	North Penn, Lansdale	1964
14.1	Barry Milburn	Overbrook, Philadelphia	1964
14.1	Don McCourt	North Penn, Lansdale	1966
14.1	Bruce Collins	Chester	1969

WIND-AIDED

13.9	Bruce Collins	Chester	1969
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QUESTIONABLE

14.0	Barry Lints	Harbor Creek	1966
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180 YARD LOW HURDLES

18.7	Jan White	John Harris, Harrisburg	1966
18.8	Rod Perry	Scott, Coatesville	1953
19.0n	Levi Portus	Westinghouse, Pittsburgh	1966
19.0	Rich Weaver	Central, Philadelphia	1968
19.1	Lou Sims	Steeltown-Highspire	1963
19.1	Hubie Bryant	Penn Hills, Pittsburgh	1964
19.1	Robin Little	Ridley, Folsom	1966
19.2	Erv Hall	Overbrook, Philadelphia	1965
19.2	Bob Jernigan	North Penn, Lansdale	1965
19.2	Jim McCartney	Abington	1966
19.2	Bill Werstler	Pottstown	1967
19.2	Dale Lofton	Overbrook, Philadelphia	1967
19.2	Bruce Collins	Chester	1969
19.2	Tom Donchez	Liberty, Bethlehem	1969
19.2	Mike Menapace	Mt. Carmel	1969

HIGH JUMP

6-9 3/4	Walt Mangham	New Castle	1965
6-9 1/2	Frank Kaufman	Ambridge	1967
6-8 3/4	Lonnie Dalton	Spring-Ford, Royersford	1967
6-8	Rich Keefner	Hempfield	1967
6-7	Charles Smith	Washington	1958
6-8	Mike Sperger	Bishop McDevitt, Wyncote	1970
6-7	Charles Smith	Washington	1958
6-7	Ken Haynes	Olney, Philadelphia	1969
6-6 1/2	Bruce Dallas	Cumberland Valley	1966
6-6 1/2	Barney Mitchell	Woodrow Wilson, Levittown	1961
6-6	John Skief	Bartram, Philadelphia	1966
6-6	Karl Kremser	Woodrow Wilson, Levittown	1964
6-6	Aubrey Proctor	Downingtown	1967
6-6	Gene White	Bristol	1969

LONG JUMP

24-9	Gene White	Bristol	1969
24-3 3/4	Kim Piersol	Gov. Mifflin, Shillington	1965
23/11 1/4	Dick Hazard	Springfield	1948
23-9	Ron Coleman	Grove City	1963
23-8	Carl Foy	North, West Mifflin	1964
23-6	Dale Lofton	Overbrook, Philadelphia	1967
23-4 3/4	Joe Cordadetti	Biglerville	1969
23-3 1/2	Claude Fountain	Central Cath., Pittsburgh	1963
23-3	Joe Carmack	Penn Hills, Pittsburgh	1964
23-3	Larry Martin	McCaskey, Lancaster	1969
23-2 1/4	Gene Becker	Oley	1969
23-2	Paul Shelly	Lancaster	1969
23-1 7/8	Williams	Chester	1951
23-1 3/4	Jerome King	Philadelphia	1963
23-1 1/4	Clifton Robinson	Scott, Coatesville	1966
23-1	Frank Scagliotta	Bangor	1967

TRIPLE JUMP

48-5 1/4	Mike Bond	William Penn, Harrisburg	1966
48-3	Gene White	Bristol	1969
48-2	Butch Walker	New Castle	1969
48-0	Maurice Peoples	GAR Memorial, Wilkes-Barre	1968
47-11	Jack Burnham	Penn Hills, Pittsburgh	1967
47-4	Bryant Salter	South Hills, Pittsburgh	1967
46-11 1/4	Gene Becker	Oley Valley	1969
46-10 1/2	Harvie Oliver	Valley	1969
46-7 1/4	Joe Coradetti	Biglerville	1969
46-5	Robert Smith	Hempfield	1968
46-5	Aubrey Tate	Johnstown	1968
46-5	Robin Redman	York	1969
45-10 1/4	Charles Crews	shaw Mechanicsburg	1967
45-9	Ken Thomson	Interboro	1969
45-8	Robert Smith	Hempfield	1969
45-6 1/2	Joe Carmack	Penn Hills, Pittsburgh	1964

WINDY

48-5 1/2	Maurice Peoples	GAR Memorial, Wilkes-Barre	1969
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POLE VAULT

14-8 3/4	Tom Blair	Wissahickon, Ambler	1968
14-7	Mark Mondschein	Haverford, Havertown	1969
14-6 1/2	Rolando Cruz	Mercersburg Acad.	1959
14-3	Vince Bizzaro	Father Judge, Phila.	1964
14-1 3/4	Rob Theissen	N. Allegheny, Pittsburgh	1969
14-1	Joe Steffie	Northampton	1968
14-0 3/4	Pete Zaharoff	Beth-Center	1965
14-0 1/4	Bob Daniels	McDevitt, Wyncote	1967
13-10 1/2	Rich Yates	Henderson, West Chester	1969
13-10	Fran Kubovsak	Exeter, Reiffton	1967
13-9 1/2	Al Augustine	Latrobe	1965
13-9	Jon Morse	Hill School, Pottstown	1962
13-9	Ed Seese	Beth-Center	1967
13-8 1/2	Bill Sullivan	Lansdowne-Aldan	1967
13-8 1/2	Gary Vidak	Penn Hills, Pittsburgh	1969
13-8 1/4	Larry Jordan	Warren	1965
13-8 1/4	Dave Waltz	Mt. Lebanon	1969
13-8	Merle Miller	Carlisle	1966

SHOT PUT

64-2 1/2	Dick Hart	Morrisville	1961
64-2 1/2	Gary Demar	Baldwin, Pittsburgh	1968
61-11	Greg Ellis	Lansdowne-Aldan	1965
61-4 1/4	Ron Kuzma	Bethel Park	1967
60-10 1/4	Olney Croasdale	Episcopal, Phila.	1961
60-7 1/2	Drew Baron	St. James, Chester	1966
60-7	Ron Turpin	Reading	1969
60-4 3/4	Barry Pickolas	Lancaster	1967
60-3	Bob Wyatt	Johnstown	1966
60-2	Chuck Eneix	Washington	1969
60-0	Doug Crusan	Monessen	1964
59-11	Erv Jaros	North Penn, Lansdale	1965

DISCUS THROW

182-3 1/2	Erv Jaros	North Penn, Lansdale	1965
178-7	Steve Hein	Mt. Lebanon	1968
178-0	Bill Dvorzak	Freedom (West)	1969
177-0 3/4	Ron Wasilewski	Mt. Carmel	1964
175-0	Ron Hungarter	Meyers, Wilkes-Barre	1966
174-10 1/2	Ty Higgins	Lower Moreland	1969
174-7 1/2	Gene McCleary	Cornwall	1960
173-3 1/2	Mitch Yanyanin	Freedom (West)	1967
173-0	Joe Burr	Holidaysburg	1966
172-2 1/2	Jim Kollar	Bethel Park	1964
172-1	Charles Eneix	Washington	1969
171-10	Frank DeMezza	Neshaminy	1967

JAVELIN THROW

239-4	Ray Mushinski	Ambridge	1969
235-3	Bob Kouvolo	Ambridge	1967
231-4	Bob Rovard	Hempfield, Landisville	1966
222-10 3/4	Jan Sikorsky	Ramsay, Mt. Pleasant	1957
219-9 1/2	Scott Hagy	Wilson, West Lawn	1966
218-1	Dick Clepper	Boiling Springs	1965
217-10 1/2	Wayne Bodenheimer	Shaler, Glenshaw	1964
217-0 1/2	Bruce Heishman	Carlisle	1966
215-10	Rich Frasca	Altoona	1966
215-2	Dan Wolfe	Central Dauphin, Hbg.	1966

PITTSBURGH AREA REPORT

by Russ Black

Pittsburgh, Pa. - April 2, 1970

Pennsylvania may have one of the best high school half-milers in the country this season in Don Creechan, a senior at South Hills Catholic High School in Pittsburgh. His 1:56.9 at the Tri-State Coaches Indoor Invitational Meet at the University of Pittsburgh on March 21 was one of the fastest indoor halves ever clocked in Western Pennsylvania. Creehan also has an indoor best of 1:54.8 on a 12-lap banked dirt track.

Don became track-oriented at any early age and followed his brothers' footsteps when he came to high school. "I wasn't really interested in track in my freshman year, and so I struck to the 440 because I got to run with my older brother, Ken," said Don.

Yet it wasn't until his sophomore year that he began to distinguish himself in the half-mile. With a best time of just 2:03.0, Don went to the PCIAA State meet at Reading and blazed a 1:57.9 to take first place. Don also led South that year to the Tri-State Coaches Two-Mile Relay title, anchoring in 2:02.0. "I still thought the quarter was my best event up to the State meet," he said.

In his junior year, Don lowered his quarter-mile down to 1:50.2, a school record, but he had already begun setting his sights on the 880. He won the local Catholic title in his fastest outdoor time ever, 1:55.6, and moved on again to the PCIAA meet, winning in 1:58.0. Last summer, Creehan took his specialty at the State Jaycee meet and later took fourth in his heat at the USTFF Junior Championships at Minneapolis. His 1:56.0 failed to qualify him for the finals.

A knee injury this past fall hampered Don's cross-country season, but he has hopes of running below 1:53 and possibly into the 1:50's. Still unsure of his college plans, Don has admitted he is leaning towards Notre Dame and Pittsburgh. He has an interesting philosophy towards running. "Everytime I run, I run to win, but I never really exert myself 'cause I have to come back for the relays."

PROGRESSION - DON CREECHAN

AGE	GRADE	440	880
14	9	:54.2	2:04.0
15	10	:51.6	1:57.9
16	11	:50.2	1:55.6

One of the most startling prep performers during the indoor season, was Bill Louv, an 18 year old senior from Upper Merion High School, located in King of Prussia, Pa.

Bill completed a remarkable indoor season posting such marks as 9.20.3 for two miles, and 4.23.8 for the mile. His two mile clocking is the fastest ever, indoor or out, by a Pennsylvania prep performer.

As a junior, he led the Upper Merion cross country team to an undefeated season and District I Title, then went on to place sixth at the PIAA cross country finals at Penn State.

Running a good 2.00.8 half early in March of last year, he seemed headed for an outstanding outdoor season. However, he injured his archilles tendon which forced him out of competition for his entire junior year.

Last fall, the six foot tall, 155 lb. star made a brilliant comeback, winning the State cross country title, then turning in a string of excellent indoor mile and two mile clockings earlier this year.

Disaster struck the talented senior again in March. While undertaking a vigorous training program in preparation for the High School Two Mile Run Championship Race at this year's Penn Relay Carnival, Bill slipped to a concrete roadway, injuring his knee, which again has forced him to the sidelines.

He has been under the care of Philadelphia's Eagles team physician Dr. Mike Nixon since the March incident, and coach Larry Curran expects his prize product to be back in action by Penn Relay Week.

A typical week's workout during the winter season for Bill Louv:

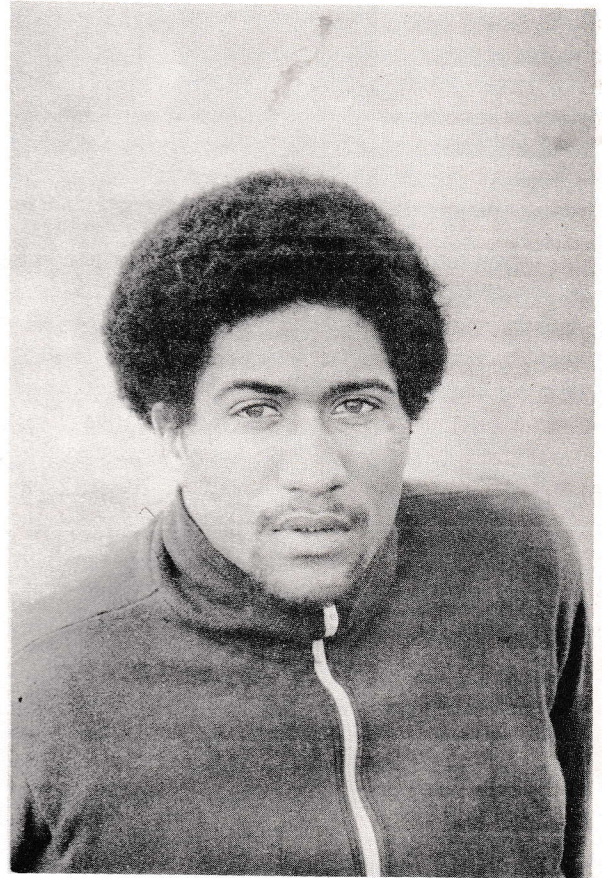
Sunday 8 miles
 Monday 10 miles
 Tuesday Interval 8x880 in 2.18 with 3 min.
 Wednesday 10 miles
 Thursday 12x440 in 68.0 jog 220 in between
 Friday Day before meet -- light jogging
 Saturday Race

BILL LOUV'S PROGRESSION CHART

YEAR	GRADE	HALF-MILE	MILE	TWO MILE
1968	10	2.05.0	4.46	10.04.0
1969	11	2.00.8	4.28	9.40
1970	12	----	4.23.8	9.20.3



Photo at left: Bill Louv, Upper Merion Distance star, taking a break between races.



Above: Van Barbour, Chambersburg High School sprinter and quarter miler with best clockings of 9.9, 21.9 and 48.9, all recorded during his junior year last season. The tall, powerful senior has a 22.7 and 49.9 this year during the first week of April. He placed second in the State Class A 440 final last season.

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LEADERS IN PENNSYLVANIA TRACK & FIELD 1970 (outdoor through April 12)

N = NON WINNING

* = JUNIOR

** = SOPHOMORE

100 YARDS

9.7	Jim Scott	Carlisle
9.8n	Pat Petre	Carlisle
9.9n	Ben Carney	Carlisle
10.0	Harvey Oliver	Valley
10.0	Gary Risch	Freeport
10.0	Dan Smith	Penn Hills
10.1	Steve Leiter	West Perry
10.1n	Joel Walker	Mt. Lebanon
10.2	Tom Ustick	Upper St. Clair
10.2	Hubie Simpson	John Harris, Harrisburg

(WIND-AIDED)

9.9	Dan Smith	Penn Hills
10.0	Mel Washington	William Penn, Harrisburg
10.0	Cromley	Milton
10.0	Joel Walker	Mt. Lebanon
10.0	Smith	Coughlin, Wilkes-Barre
10.1	Chuck Vennie	John Harris, Harrisburg

220 YARDS

22.4	Joel Walker	Mt. Lebanon
22.5	Rod Barthe	Manheim Township
22.6	Irwin Acosta	Scotland
22.7	Van Barbour	Chambersburg
22.7	Jerry Ulrich	Redland, Eppers
22.8	John Manges *	Lower Merion
22.9	Irv Shatto	Central Dauphin, Harrisburg
23.0	Ted Hummel	Cedar Cliff
23.0	Rick Potteiger	Boiling Springs
23.0	Tom Olack	Aliquippa (curve)

(WIND-AIDED)

22.5	Mel Washington	William Penn, Harrisburg
23.0	Bill Waros	Kiski Area

440 YARDS

49.8	Wayne Wright	Cardinal Dougherty, Phila.
49.9	Van Barbour	Chambersburg
49.9	Tom Olack	Aliquippa
50.0	Dan Rothermal	Mt. Lebanon
50.4	Pat Petre	Carlisle
50.8	Tom Paserba	Butler
51.1	Pete Dietrich	Mt. Lebanon
51.7	Rich Jackson	Pittsburgh, Westinghouse
51.8	Ed Marsteller	Baldwin
51.8	Kostelnik	Central Cambria

880 YARDS

1.57.7	Don Creechan	South Hills Catholic
1.58.5	Gary Gittings	Baldwin
1.58.7	Davis	Hempfield (Dist. 7)
1.59.1	Dan Sullivan	Mt. Lebanon
2.01.4	Bob Abraham	Upper St. Clair

880 YARD (cont.)

2.01.5	Doug Bacon	Penn Hills
2.01.5	Dave Beckes	Mt. Lebanon
2.02.2	Pete Christ	St. Francis
2.02.3	Tom Synnott	Mt. Lebanon
2.02.5	Tim Cook	Chambersburg
2.02.8	Bob Schurko	Bethel Park
2.02.9	Thomas Smith	Allegheny North
2.03.0	Al McManus *	Lower Merion
2.03.0	Fran Coholic	Shaler
2.03.7	Don Tarasi	Penn Hills

ONE MILE

4.20.3	Gary Gittings	Baldwin
4.23.6	Tom Synnott	Mt. Lebanon
4.26.0	Robert Yiengst	Conrad Weiser
4.30.1	Rich Jacouni	Cardinal O'Hara, Phila.
4.31.3	Bob Schurko	Bethel Park
4.32.5	Brian McHale	Mt. Lebanon
4.32.6	Don Tarasi	Penn Hills
4.33.2	Dave Carter	Penn Hills
4.34.6	Tim Cook	Chambersburg

TWO MILES

9.35.8	George Taylor	Penn Hills
9.40.3	James Koster	Ridley
9.42.2	Mickey Collins	Easton
9.48.8	Herb Gibson	McKeesport
9.54.1	Mark Lester	Mt. Lebanon
9.55.5	John Baxter	Upper St. Clair
9.55.6	Benoer	Oil City

120 HIGH HURDLES

15.0	Fred George	Thomas Jefferson
15.1	Mark Young	Columbiana (Pa. or Ohio)
15.3	Fred Sams	Washington
15.3	Dave Kondeich	Howland (Pa. or Ohio)
15.5	Ackley Peffley	Hershey
15.5	Lareau	Warren
15.5	Miller	Keystone

(WIND-AIDED)

15.4	Rich Booker	Kiski Area
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180 LOW HURDLES

20.0	Bob Frank	Mt. Lebanon
20.0	Mike McKenzie	Baldwin
20.5	Goltz	Norwin
20.7	Clifton Brown	Middletown
20.8	Hoffman	Elk County
20.8	Dave Kondeich	Howland
20.9	Fred Sams	Washington
20.9	Fred Furia	W. Mifflin North

LEADERS IN PENNSYLVANIA TRACK & FIELD 1970 (outdoor through April 12)**880 RELAY**

1.32.3	Cardinal Dougherty	Philadelphia
1.33.4	Chambersburg	
1.33.4	Coatesville	
1.33.5	Wissahickon	
1.33.6	Penn Hills	
1.34.0	Upper St. Clair	
1.34.0	Neshaminy	
1.34.2	Hempfield	Dist. 7
1.34.3	Carlisle	
1.35.0	John Harris	Harrisburg
1.35.0	Westinghouse	Pittsburgh
1.35.0	Bethel Park	

ONE MILE RELAY

3.25.9	Mt. Lebanon	
3.28.4	Cardinal Dougherty	Philadelphia
3.29.0	West Chester	
3.29.4	Wm. Tennent	
3.30.2	Hempfield	Dist. 7
3.30.5	Carlisle	
3.31.7	Coatesville	
3.33.1	North Allegheny	
3.33.9	Penn Hills	
3.34.7	Central Bucks East	

TWO MILE RELAY

8.07.6	Penn Hills
8.08.5	West Chester
8.10.2	Mt. Lebanon
8.20.8	Upper St. Clair
8.26.0	Butler

HIGH JUMP

6.9	Gene White	Bristol
6.8	Mike Sperger	Bishop McDevitt, Wyncote
6.5	Chris Adams	Abington
6.4 3/4	Chada	Highlands
6.4	Bruce Kocher	Palmerton
6.3	Rich Booker	Kiski Area
6.3	Young	Wilson
6.2 3/4	Mel Brown	Canon McMillan
6.2	Doug Snowberger	Waynesboro
6.1 3/4	Bill Kline	Anncville-Cleona
6.1	Kendall Naylor *	Lower Merion
6.1	Lee Latham	Steel High

POLE VAULT

13.7	Mark Mondschein	Haverford
13.5 1/2	Dave Waltz	Mt. Lebanon
13.3 3/4	Rich Booker	Kiski Area
13.3	Shawn Powers	So. Hills Catholic
13.1	Jim Montgomery	Baldwin
13.0	Jim O'Neil	Bishop McDevitt, Wyncote
13.0	Goodrich	Great Valley
12.9	Lenny Jenkins	Reading
12.9	Gary Ratway	Fox Chapel
12.6	Jim O'Hara	Central Catholic
12.6	Roup	Central Bucks East
12.5	Dennis Red	Mechanicsburg

SHOT PUT

60.9 1/2	Ron Semkiw **	Baldwin
55.3	Chada	Highlands
54.11	Ty Higgins	Lower Moreland
54.4 1/2	John Reihner	Washington
53.5 3/4	Tom Lacey	Abington
52.11	George Brownlee	Boardman (Ohio or Pa.)
52.8 1/2	Jack Gallie	Penndridge
52.3	Tom Paulik	Thomas Jefferson
52.2 1/2	H. Bland	Central Bucks (East)
52.2	Doug Davis	Baldwin
51.10 1/2	Dennis Frishkorn	Red Land, Etters
51.10	Joe Snow	Clairton
51.4 1/2	Brenneman	West York
50.10 1/4	Larry Shuff	Shaler
50.2	King	Manheim Township
50.0 1/4	Tim Hoke	Anncville-Cleona

JAVELIN

200.3	Jerry Putt	Boiling Springs
200.1	Tom Stevenson	Mt. Lebanon
187.6	Kiser	Clarion
186.3	Don Kulp	Owen J. Roberts
186.0	Parker	Lancaster Catholic
185.5	Dave Boldosser	Big Spring
181.7	Dave Kuhn	Central Dauphin, Hbg.
180.11	Larry Williams	Baldwin
180.4	Ed O'Neil	Warren

DISCUS

175.0	Ty Higgins	Lower Moreland
170.3	John Reihner	Washington
162.8 3/4	Scola	Canon-McMillan
161.1	Ron Semkiw **	Baldwin
151.3 1/2	Sidoni	Elk County
150.9	Tom Lacey	Abington
149.2 1/2	Karazia	Latrobe
148.11	Rod Gallie	Penndridge
145.11	H. Bland	Central Bucks (East)
145.4	Mike Walls	Hershey
145.0	McCauley	Chartiers Valley
144.7 1/2	Scott Wagner	Palmyra

LONG JUMP

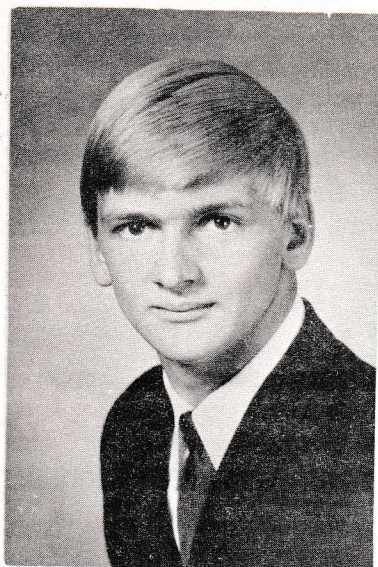
24.6	Gene White	Bristol
22.1 1/2	Harvey Oliver	Valley
22.0	Sam Rennix	Lower Merion
21.11 1/2	Greg Gates	Scotland
21.9 1/2	King	Westinghouse, Pittsburgh
21.2 3/4	Mike Osborne	Solanco
21.1 1/4	Randall	Clairton
21.0 1/2	Brown	Canon-McMillan
21.0	Leroy Hughes	Central Dauphin, Hbg.
20.11 1/2	Dixon	So. Hills Catholic

TRIPLE JUMP

47.10 1/2	Gene White	Bristol
46.0 1/2	Harvie Oliver	Valley
44.11	Rabb	McDevitt (Phila.)
44.8 1/2	Nash	West Chester
43.9 1/2	John Fisher	Anncville-Cleona
43.5	Dennison	Lancaster
43.5	Randall	Clairton
43.3	Joe Allwein	Lebanon
43.2 1/4	Stachitas	Penn Manor

LEHIGH VALLEY REPORT

by Todd H. Jones



Bruce Kocher - Palmerton's
6.4 high jumper.

The spring track season is off to a somewhat slow start due to the weather but there have been some rather good performances. The most impressive mark is the tremendous 6'4" high jump effort by Palmerton's Bruce Kocher who set a Blue Bomber school record. Kocher, one of the strongest vertical jumpers this writer has ever seen on any level (he puts the shot over 47 feet) turned in his performance in Palmerton's season-opening 76-42 win over Slatington. In the same meet Kocher won the shot and long jump. Not bad for the first meet of 1970!!

Another great early season performance saw Bangor's Jeff Swope spin the discus 160'6". The Slater strongboy, who has 10.6 speed, has also put the shot 50'7" for a school record.

Top underclass mark is the 10.2 hundred by Stroudsburg's "super soph" Art Owens. His teammate, Mark Adams - another soph - has done the 440 in a good 52.8. Owens also leaped 20'8 3/4" in the long jump.

Hellertown's Scott Lechki vaulted 11'8 1/2" for a new school record while Parkland's Scott Huber has a best high jump mark of 6' even.

LOOKING BACK: In the 1965 District XI Class A 100-yard dash championship, Parkland's Gary Wagner won in a sizzling 9.7 on a somewhat slow track at Allentown School District Stadium. Allen's Jim Heeps ran 9.8 in second place while Stroudsburg's Bob Roberson clocked 9.9 for third. It was the fastest mass sprint finish in District XI history. Fourth-placer Ed Reibman of Easton had a 10.1 which will win many local races.

DISTRICT 3 REPORT by Larry Jack

100 YARD DASH Area track enthusiasts are still clamoring over the performances turned in by three speed merchants from Carlisle High School (Carlisle, Pa.). Finishing 1-2-3 were: Jim Scott, 9.7, 5-11, 163; Pat Petre, 9.8, 5-10, 160; and Ben Carney, 9.9, 6'2 1/2", 198. Scott (who will center Penn State this fall) is aiming for the District and State records set by Lancaster's Barney Ewell and Eddie Junghans in 1937-38 respectively, both of whom turned in 9.6 clockings. The district is further strengthened by John Harris' Chuck Vennie and William Penn's Mel Washington who covered their centuries in 10 second (windy) flat.

MILE RELAY Carlisle's mile relay team comprised of Ray Boldosser, Ben Carney, Kerry Brown and Pat Petre lead the district with a 3:30.5 clocking.

220 YARD DASH Look for anything to happen. Scott (Carlisle) who also tied the state mark in the time trails last year before pulling a hamstring muscle (21.2) has yet to run a superb furlong. Leading the pack so far this year are Chambersburg's Van Barbour (22.7) and William Penn's Mel Washington (22.5).

440 YARD DASH Van Barbour, the heavy favorite in the district this year because of his second place finish at the state meet last year has already run a 49.9. Pat Petre's early 50.4 is an indication that he too means business. These two should lock horns at the Shippensburg Invitational.

MILE RUN Robert Yienst (Conrad Wiser) has the best clocking in the District at the time of this writing of 4:26.0.

880 YARD DASH Jim Williams (William Penn) rates as one of the finest in the area. (1:59.6 last season) He should get a good race from Donald Curry (Hershey High School). Don ran a 2:02.0 half mile indoors, at the West Chester Invitational and has not been beaten this season.

POLE VAULT Cliff Brown (Middletown) district 3 winner last year (13-0) has been used in the hurdles and sprints but should return to his speciality as the season progresses.

SHOT PUT District's top slot is shared by two 50' plus performers, Dennis Frischkorn, Red Land 51.10 1/2 and Walt Brenneman of West York 51'4 1/2 - best in the district to date.

JAVELIN The first 200 feet plus javelin thrower in the state emerged early in April in Jerry Putt of Boiling Springs. He heaved the spear 200.3 to head the field in this event.

NEWS and VIEWS

Don Mollenauer, coach of the Mt. Lebanon High School track squad, has compiled a fantastic coaching record over a span of some 40 years, dating back to 1930. He's directed his "Blue Devils" to perhaps, more titles than any other coach in the annals of Pa. scholastic track.

His won, lost record since 1935 reads: 213 wins, 24 losses, 2 ties, for a percentage of .895. His teams have piled up 112 wins in championship meets, and from 1944 to 1963, had a string of 144 straight dual and triangular meet victories. Moreover, he has produced 18 individual state champions and 60 WPIAL champions.

Other impressive coaching records have been compiled by Milton High School coach, Ernest Gromlich, who up to the present season, has a total of 31 straight dual meet wins dating back to 1967. At Mt. Carmel High School, Coach Gerald Breslin's thinclads have dominated track & field in that area, going undefeated in regular meets since 1943. He has been assisted by Glenn Menges in the weights for the past 25 years, and is also assisted by Joe Diminick, Larry Guarna, and Joe Greco. Gary Diminick, All American halfback and 9.9 sprinter is Mt. Carmel's prize product for the season.

The former "Lebanon Night Relays," held annually since 1947 will no longer be held at Lebanon. The new site for the gala evening relay carnival, which draws many teams and fans from many areas of the state, will be Elizabethtown High School. The date is Tuesday, April 28th with the first event to be run at 6:00 p.m. sharp.

It has been brought to the attention of PA. TRACK & FIELD REVIEW, that many coaches and officials from various districts are endeavoring to improve the overall calibre of the PIAA State Championship Meet. A suggestion made at a December, 1969 meeting of the District III steering committee, was the establishment of two regional meets; one in the eastern division of the state, and one in the Western division. This meet would fall the weekend between the various district meets, and the PIAA State Meet. Hence, the State Meet would be held one week later.

George Gerber of Annville Cleona High School made the following proposal. The top four place winners in each event from each district would advance to his particular regional meet. Then, the top six place winners in each event from the two (East vs. West) regional meets, would then advance to the State Finals. The Eastern Division would be made up of Districts 1, 2, 3, 4, 11, 12, and the Western Division consisting of Districts 5, 6, 7, 8, 9, and 10. If you would like to lend your support to these measures contact Mr. Dick Wolf, c/o Elizabethtown High School, 600 E. High St., Elizabethtown, Pa. 17022.

If anyone is interested in learning more about the steeplechase, a one-day clinic will be held at Rider College in Trenton, New Jersey on June 13. High School seniors, particularly distance runners should be quite interested in this affair.

A NOTE OF THANKS

We would like to thank the many coaches and enthusiasts who have taken the time to submit news and statistics to PENNSYLVANIA TRACK & FIELD REVIEW during our first year of operation. We could not possibly carry out this task without your help.

Some marks which are submitted will not make the necessary standard to be published in our chronological lists of top performers and performances. However, please keep sending all statistics and news clippings of your local area. We are very much interested. At present, we are making a statewide compilation which will include ALL marks made by scholastic athletes of Pennsylvania for 1970, and will be released in our annual edition to be released later this year.

Our deadline for receiving marks is Monday, one week before each of our mailing dates, which you will find listed on the rear cover. In other words, statistics we receive by April 27th, will be in time for our May 4th issue. After the deadline, they will appear in the following issue.

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MEET HIGHLIGHTS

TRI-STATE - CANONSBURG 4/11

Penn Hills and Mt. Lebanon battled right down to the wire with Penn Hills getting the final nod by one point in the final team scoring....51 to 50. Ron Semkiw, sophomore sensation from Baldwin, hit 60.9 1/2 inches in the shot put to win this event and take the overall State-wide lead.

100	D. Smith	Penn Hills	10.0
220	Joel Walker	Mt. Lebanon	22.6
440	Tim Olack	Aliquippa	49.9
880	Don Creechan	So. Hills Catholic	1.57.7
Mile	Gary Gittings	Baldwin	4.22.0
2 Mile	G. Taylor	Penn Hills	9.42.5
120 HH	F. George	Thomas Jefferson	15.0
180 LH	M. McKenzie	Baldwin	20.2
LJ	Roger King	Westinghouse	21.9 1/2
TJ	Randall	Clairton	43.5
HJ	Mel Brown	Canon McMillan	6.2 3/4
PV	S. Powers	So. Hills Catholic	13.3
SP	R. Semkiw	Baldwin	60.9 1/2
JT	Stevenson	Mt. Lebanon	195.4
DT	J. Reihner	Washington	170.3

WILLIAM TENNENT RELAYS 4/11

Gene White of Bristol High School was named outstanding athlete in Division 3. White shared first place in the high jump with his nemesis, Mike Sperger of Bishop McDevitt. Both cleared 6.8. In the long and triple jumps, White hit 24.6 and 47.10 1/2 for records in both events. High heights and distances give him a clear cut lead in the three events in Pennsylvania.

OTHER HIGHLIGHTS:

440 Relay - Bartram, Philadelphia - 43.7

Mile Relay - Tennent H. S. - 3.29.4

High Jump - Chris Adams - Abington - 6.5



TRIO OF FLEET CARLISLE SPRINTERS ALL OF WHOM CLOCKED UNDER 10 SECONDS IN THE SAME 100 YARD RACE ON APRIL 9. LEFT TO RIGHT: BEN CARNEY - 9.9; PAT PETRE - 9.8; AND JIM SCOTT, PIAA CHAMP 1969 - 9.7.

PENNSYLVANIA TRACK & FIELD REVIEW

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