

# REVIEW

## PENNSYLVANIA TRACK & FIELD REVIEW

May 18, 1971

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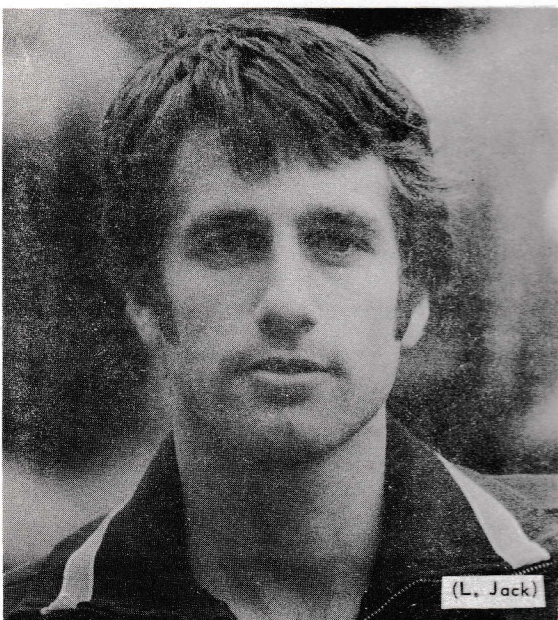
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ON THE COVER:

and at left is Marty Liquori, Villanova senior. In what was billed as the Super Mile by some, and Dream Mile by others, Liquori, running the fastest and most exciting mile of his career, outlasted the fantastic Jim Ryun (world record holder) to the tape with a great 3:54.6 to Ryun's 3:54.8. It is the fastest mile ever in Eastern USA, and both clockings are the fastest in the world this year. The race lived up to, and perhaps exceeded expectations at the famed University of Pennsylvania Franklin Field, May 16, 1971.

# BEST PENNSYLVANIA HIGH SCHOOL MARKS FOR 1971 (received up to 5/14/71)

## 100 YARDS

9.8	Dave Volkens, Bartram, Phila. Jack Craven, Bradford **Steve Musser, Central Dauphin, Hbg. Jerry Ulrich, Red Land, Etters
9.9	Art Owens, Stroudsburg Norm Jones, Clairton Luke Thomas, Peabody, Pgh. John Manges, Lower Merion Hubie Simpson, John Harris, Hbg. Nick Zarate, Easton Gary Cromley, Milton Greg Jones, York
10.0	*Mel Washington, Wm. Penn, Hbg. Tom Gaffney, Milton Hershey John Good, New Oxford Gary Reuben, Lower Merion Clarence Brinkley, Pottstown Dan Lodovico, Riverside Harry Barr, Phoenixville Larry Ford, Lancaster Phil Hughes, Charleroi Ed Blackman, Peabody, Pgh. Jerome Turner, Peabody, Pgh. Gary Ryder, Northern Burton Smith, Harriton Darrell Dishong, Palmyra Ed Lowe, Germantown, Phila. Ted Perkins, Central Bucks East **Leon Hill, Wissahickon Larry Minnifield, John Harris, Hbg. **Jim Dutt, Muhlenberg

## Wind-Aided

9.9	Ted Perkins, Central Bucks East John DeLeonardis, Wilkinsburg Dave Volkens, Bartram, Phila. Gerhard, Allentown Allen
10.0	

## 220 YARDS

21.6	Gary Reuben, Lower Merion John Manges, Lower Merion
21.7	Craig Anderson, Central Dauphin
21.8	Ted Perkins, Central Bucks East **Steve Musser, Central Dauphin
21.9	Art Owens, Stroudsburg Bob Brunner, Apollo-Ridge
22.0	Barthe, Manheim Twp. Malcolm MacDonald, Camp Hill Darrell Dishong, Palmyra
22.1	Dan Lodovico, Riverside Harry Harley, Harriton Larry Ford, Lancaster
22.2c	John Halblieb, Milton Hershey
22.2	Tim O'Keefe, Bethel Park Ed Blackman, Peabody Pgh. Art Herrera, Elizabethtown Ralph Shreve, C.D. East, Hbg. Luke Thomas, Peabody, Pgh. Jack Craven, Bradford

## Wind-Aided

21.4	Dan Rothermal, Mt. Lebanon
21.9	Tim O'Keefe, Bethel Park

## 440 YARDS

48.9	Rich Jackson, Westinghouse, Pgh
49.0	Dan Rothermal, Mt. Lebanon
49.1	Chuck Mazingo, Thomas Jefferson, Pgh.
50.3	Ted Perkins, Central Bucks East Dennis Horsey, Downingtown
50.5	Keith Kurash, Ambridge
50.6	Kevin McHugh, Baldwin
50.7	**Leon Hill, Wissahickon
50.8	Andy Deibert, Conrad Weiser
50.9	Jim Rhoads, Wyomissing

## 440 YARDS (continued)

50.9	Craig Anderson, Central Dauphin Craig Sedley, Upper St. Clair
51.0	Kevin Black, Exeter
51.1	Dave White, Solanco Rod Chew, Yough
51.2	Mark Wolfe, Central Dauphin Ron Knott, Bradford Jeff Baird, Sayre Bob Britt, Seneca Valley Popp, Moon Township
Questionable	
50.8	Mark Adams, Stroudsburg
50.9	Pete Pozefsky, Bethlehem Freedom

## 880 YARDS

1.56.4	Dan Sullivan, Mt. Lebanon
1.56.4	Mickey Collins, Easton
1.57.2	Jim Davidson, William Tennent
1.57.6	Tom Freed, Riverside
1.57.8	Bob Payne, Lansdowne Aldan
1.58.0	Rick Kissman, Erie McDowell Andre Webb, Kiski Area
1.58.2	Ralph Davis, Hempfield (Dist. 7)
1.58.3	Bob Dwyer, Gateway
1.58.4	Tim Cook, Chambersburg Bob Klotz, Great Valley Huck Snyder, North Penn
1.58.5	Rich Jacovini, Cardinal O'Hara
1.58.6	Dave Roughsedge, Wilkes-Barre Meyers Pete Bucci, So. Hills Catholic
1.59.1	Joe Heaney, North Hills, Pgh. **Charlie Norelli, Emmaus
1.59.5	Chuck Snyder, North Penn
1.59.7	William Norton, Hamburg
1.59.8	Jack Patrick, Charleroi
1.59.9	Frank Carroll, St. James, Chester *Mike Crecium, Norristown *Charles McKee, Norristown
2.00.0	Ben Work, Solanco
2.00.3	Kent Nation, Upper Merion Dave Sterner, Big.
2.00.4	Aram Attarian, Central Bucks East
2.00.4	Dave Buttner, Baldwin
2.00.5	Warren Speicher, No. Allegheny, Pgh.



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**BEST PENNSYLVANIA HIGH SCHOOL MARKS FOR 1971 (received up to 5/14/71)**

**ONE MILE**

4.16.5	Mickey Collins, Easton (4.16.6)
4.20.9	Pete Christ, St. Francis, Spring Gr.
4.21.7	Art Becker, No. Allegheny Pgh.
	Bob Schurko, Bethel Park
4.22.5	Tim Cook, Chambersburg
4.23.1	Nick Martin, Carrick, Pgh.
4.23.4	Rich Jacovini, O'Hara, Phila.
	Don Spier, Pennridge
4.23.8	Carl Geisinger, Springfield
4.24.1	Jim Morrison, Pennsbury
4.24.3	Bruce Skiles, Owen J. Roberts
4.25.0	*Tim Gaye, Warren
4.26.0	Larry Hager, Thomas Jefferson
4.26.4	Bob O'Neil, Gateway
4.26.7	William Norton, Hamburg
4.27.6	Keith Gallagher, Penn Hills
4.27.9	Doug Mack, Lancaster
4.28.0	Bob Manning, St. James, Chester
4.28.5	George Hendrickson, No. Allegheny
4.29.1	*Dave Cope, Parkland

**TWO MILES**

9.13.6	Mickey Collins, Easton
9.25.4	Tim Cook, Chambersburg
9.38.9	Mark Bonasorte, Thomas Jefferson
9.41.8	John Baxter, Upper St. Clair
9.42.0	*Tim Gaye, Warren
9.43.0	Bob Mulligan, Bristol
9.43.2	Joe Curlee, Thomas Jefferson
9.43.7	William Norton, Hamburg
9.44.9	Bob Steele, Beaver Falls
9.46.0	Mike Boyles, Penn Hills
9.48.0	**Terry Wile, Kane
9.49.4	Tom Bell, Washington

**120 YARD HIGH HURDLES**

14.3	Leroy Galloway, Wm. Penn, Hbg.
14.4	*Pierre Ritter, York
	Mike Shine, Youngsville
	Steve McIntyre, Pennsbury
14.7	Larry Lewis, Coatesville
	Darrell Hardcastle, Lancaster
14.8	Mike Johnson, Steel-High
	Tom Giotto, Kiski Area
	Fred Sams, Washington
	Don Moyer, North Penn
14.9	Edward Jacobs, Overbrook, Phila.
	Rich Jackson, Westinghouse, Pgh.
	Jim Hildebrand, Garden Spot (Lanc. Co.)

**Questionable**

14.4 Shawn Tice, Easton

**Wind-Aided**

14.5 Ray Lynn, Frankford, Phila.  
14.9 Bruce Howell, Bethlehem Freedom

**180 YARD LOW HURDLES**

18.9	*Pierre Ritter, York
19.4	Scott Murray, No. Allegheny
19.5	Mike Shine, Youngsville
19.6	John Hablieb, Milton Hershey
19.7	Jeff Thomas, Wissahickon
19.8	Jim Hildebrand, Garden Spot
	*Art Herrera, Elizabethtown
19.9	Steve McIntyre, Pennsbury
	Mike Johnson, Steel-High
	Jim Rowlett, Pgh. Westinghouse
20.0	Elliott Jenkins, Bartram, Phila.
	John Bush, Derry Area
	Bob Hurst, Ephrata
	Bob Reyna, Cumberland Valley
20.1	Dave Volkens, Bartram, Phila.
	Hammie Byrd, Chichester
	Warren Speicher, No. Allegheny
20.2	*Stan Settle, Norristown
20.3	Don West, Abington

**180 YARD LOW HURDLES (continued)**

20.3 Larry Lewis, Coatesville  
Terry Broderich, Erie McDowell

**880 RELAY**

1.30.9	Norristown
1.31.0	Peabody, Pittsburgh
1.31.1	Downingtown
1.31.3	Abington
1.31.5	Central Bucks East
	Oliver, Pittsburgh
1.31.6	York
	Bethel Park
1.31.8	John Harris, Hbg.
	Pennsbury
1.31.9	North Allegheny, Pittsburgh
	Coatesville
1.32.0	Penn Hills
1.32.1	Charlton
	Washington
1.32.2	Germantown, Phila.
1.32.4	Steelton-Highspire

**ONE MILE RELAY**

3.22.8	Central Bucks East
3.23.5	Coatesville
3.24.2	Wissahickon
3.24.4	North Penn

(continued on next page)

# Ted Williams Camp

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## BEST PENNSYLVANIA HIGH SCHOOL MARKS FOR 1971 (received up to 5/14/71)

## ONE MILE RELAY (continued)

3.24.5	Germantown, Phila. William Tennent
3.24.6	Thomas Jefferson, Pgh.
3.24.9	Norristown
3.25.6	Haverford
3.25.8	Lower Dauphin, Hummelstown
3.26.0	Mt. Lebanon
3.26.4	Downingtown
3.27.2	Pennridge
3.27.6	Abington
3.27.7	Sayre
3.28.0	Neshaminy
3.28.4	Pottstown
3.28.5	Bethel Park
3.28.6	Cardinal O'Hara, Phila. North Allegheny
3.28.9	Bartram, Phila. Kiski Area

## TWO MILE RELAY

7.54.3	Central Bucks East
7.55.0	North Penn
8.00.4	Gateway
8.00.5	Penn Hills
8.00.6	North Allegheny
8.01.0	Thomas Jefferson
8.01.1	Pennsbury
8.06.0	Neshaminy
8.06.6	Bartram, Phila.
8.07.9	Chambersburg
8.08.1	Wissahickon
8.10.2	Elk County Christian
8.11.0	Coatesville
8.13.9	State College North Hills, Pgh.
8.14.0	Exeter
8.15.1	Annville-Cleona
8.15.4	Washington
8.16.1	Gateway
8.16.5	Uniontown
8.17.0	Wissahickon
8.17.9	Abington

## HIGH JUMP

6.8	Bob Young, Woodrow Wilson
6.6½	Dan Keiper, Muhlenberg
6.6	Carl Snyder, Elizabethtown
6.5	Rick Freeburgh, Warren Martin Heisey, Donegal
6.4	Walter Gordy, Chester Tom Terry, C.D. East, Hbg. Greg Jones, York Keith Nelson, York Tony Forston, Pennsbury Laniel Crawford, Wilkes-Barre Coughlin Steve Edwards, Souderton Mark Bilyk, North Penn

## POLE VAULT

14.2	**Steve Alexander, Clarion
14.0	Jack McQuade, Wissahickon
14.0¼	Jesse King, Butler
13.7	*Brian Mondschein, Haverford
13.6¾	*Dave Gorman, Biglerville
13.6	Robb Roup, Central Bucks East Bob George, Upper Moreland Barry Garber, Butler Bill Binczak, Pottsgrove Ron Miller, McCaskey, Lancaster Bob Weidman, Milton Hershey
13.4	Dan Driscoll, Penn Hills
13.3	Steve Dunn, Cedar Cliff, Camp Hill
13.1¾	

## TRIPLE JUMP

46.7½	Ed Wingerd, Chambersburg
46.5	Dim Alestas, Wilson Boro
46.3	Randy Clayton, Derry Area
46.1	Steve McIntyre, Pennsbury
45.9½	Ryland Hines, Coatesville
45.5½	Virgil Johnson, Wm. Penn, Hbg.
45.4½	Rich Roberts, Pennridge
45.3	Ken Schroy, Quakertown Marshall Nixon, Milton Hershey
44.10½	Larry Prince, Farrell Dan Keiper, Muhlenberg Wayne Sedlack, Shaler
44.6½	Ed Lennox, Central Catholic
44.6	**Bill Gravely, Lower Merion
44.5	Larry Baxter, Wm. Penn, Hbg.

## LONG JUMP

23.10	Terry Jackson, Wilkinsburg
23.7¼	Rod Allen, West Mifflin North
23.4¼	Tom Riley, Easton
23.0¼	Bill Goodman, York
22.11½	John Miller, Lewisburg
22.11	Loper, West Chester
22.9	Rich Roberts, Pennridge
22.8½	Scott Shelly, Ephrata
22.8¼	Fred Griffen, Bethel Park
22.8	Bob Harron, William Tennent
22.7¼	Fred Anderson, Kane
22.7	Martin Heisey, Donegal
22.6½	Ed Lennox, Central Catholic
22.6	Lenny Stachitas, Penn Manor
22.4½	Cordy Gumby, Johnstown
22.3½	Bob Fuderich, Hopewell
22.1½	Pete Losi, Bethel Park
22.0½	Art Owens, Stroudsburg
22.0	Al Beattie, Solanco
Wind-Aided	
22.9½	Tom Riley, Easton

## JAVELIN

221.0	John Clark, Titusville
220.8	Bruce Hughes, Allegheny-Clarion Valley
212.8	Rich Cecil, Oakmont
207.7	Chester Gapinski, Elk County Christian
205.5	Randy Shank, Hempfield (Dist. 3)
204.9	*Tim Keith, Ambridge
201.2¼	Dave Miller, Allentown, Allen
199.7	*Greg Roth, Lancaster
198.9	Ed Turasky, Annville-Cleona (198-8)
196.1	Don Kulp, Owen J. Roberts
194.0	Dave McJunkin, Brownsville
193.2	Gary Stein, Seneca Valley
192.10	Roly Shover, Hempfield
192.6	Phil Weimer, Mohawk
191.7½	*Dave Eppley, Carlisle

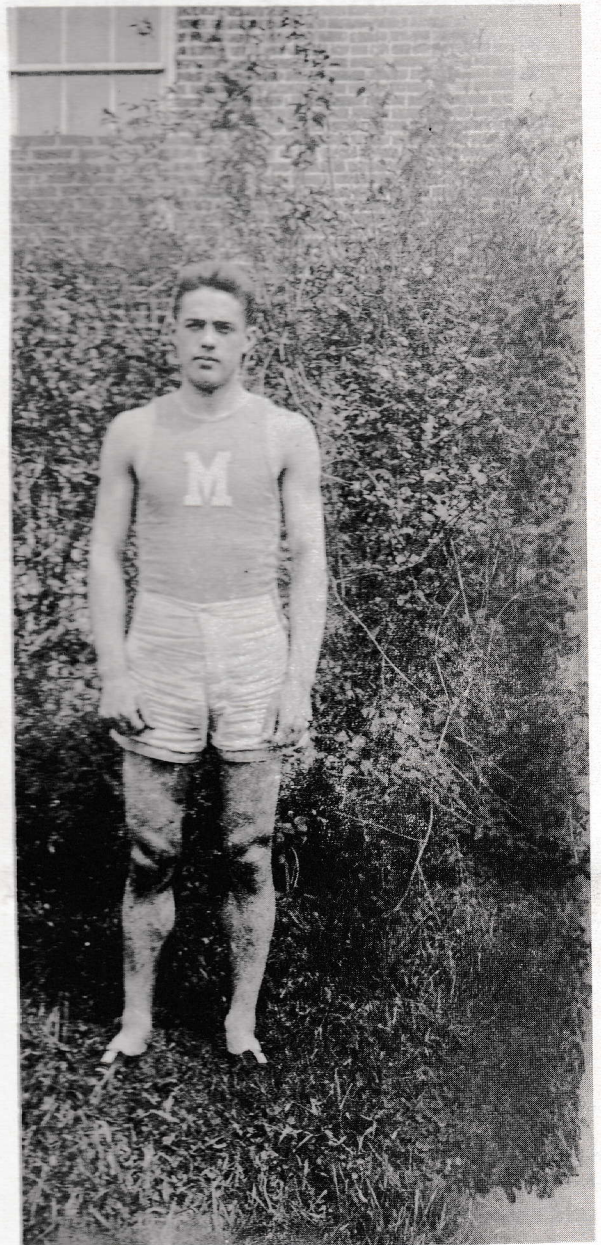
## DISCUS

193.0	Steve Behr, Erie McDowell
184.1	John Reihner, Washington
167.3½	Phil Rosenstern, Mt. Lebanon
167.1½	*Ron Semkiw, Baldwin
166.10	Dennis Franks, Bethel Park
162.11	Curt Starr, Mt. Lebanon
162.2	Tom Pavlik, Thomas Jefferson
161.7	*Ken Michelson, Palmyra
159.11	Gary Bush, Kane
157.1¾	Mike Hartenstine, Bethlehem Freedom
156.1½	Jim Cope, So. Allegheny
155.11	*Carl Owens, Carlisle
154.4	Craig Calabrese, Norwin
154.3	Gary Hein, Catasaqua
154.1	John Golacinski, Central Catholic

(continued on Page 8)



**DUNCAN CAMERON**, a Junior Hurdler from Churchill High School has 15.2 in the High Hurdles and 20.5 in the Lows.



**JAMES E. ("TED") MEREDITH**...This great Mercersburg Academy track star copped the 1912 Olympic 800 meters gold medal with a fantastic time of 1:51.9 while only 19 years old. He was also clocked at 1:52.5 for the 880 during the same race - both times breaking the world record. In 1916 Meredith broke his old world marks with 1:51.1 and 47.4 clockings while competing for the University of Pennsylvania. Meredith's 880 time of 1:52.5 still stands as the fastest ever run by a Pennsylvania high school athlete. Meredith died on November 2, 1957

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**ANNOUNCEMENT**...Coming in Issue #7 - 2nd Annual Review - All State Track & Field Squad - June 15, 1971



(August Fetcho)



(Bob Bowersox)

**PHOTO TOP LEFT:** Scott Murray, senior from North Allegheny near Pittsburgh who has posted 15.4 in the highs and a snappy 19.4 in the 180 lows. **TOP RIGHT** is Steve Alexander, sophomore vaulter at Clarion who was injured for the best part of the season. However, he started his late season with a good 14-2, best ever for a sophomore vaulter in the state. **BOTTOM LEFT** is the two mile relay team that holds Pa.'s top clocking this year at 7:54.3. Central Bucks East, with coach Marty Stern.

**SCHEDULED:**

- May 22 P.I.A.A. Championships at Penn State
- May 28-29 Jr. Olympics, Mt. Lebanon
- May 29 Jaycees, Jr. Champs Invitational Central Dauphin, Harrisburg.
- July 3 West Penn Meet, Erie, Pa.
- July 2 Easton Kiwanis & Lafayette College High School & College, Lafayette College, Easton, Pa.



(Ned Baker)

**ACROSS THE STATE**

In a great dual between two excellent high school mile relay quartets, Germantown and Bartram, both of Philadelphia, Wayne Mathews, sophomore anchorman for Bartram made up a ten-yard deficit and surpassed Kerry Streets of Germantown with a good 48.4 leg which gave his team the high school victory at Martin Luther King Games Saturday, 5/16/71. Bartram time was 3.21.0 while Germantown recorded 3.21.1. Ron Semkiw, Baldwin improved his best in the shot with 64.11%, but we now have more sixty footers... Mike Hartenstine of Bethlehem Freedom 62.11%, and Tom Pavlik of Thomas Jefferson, Pittsburgh 60.3. Another good toss was made by Ron Powley of East Pennsboro, best Class B Schools putter in the state with 58.4%. Steve McIntyre of Pennsbury has three good marks for early part of May, 46.1 in the triple jump, 14.5 in the highs and 19.9 in the lows, Mike Shine on Youngsville has 14.4 and 19.5 in the highs and lows, respectively. Soph pole vaulter Steve Alexander, of Clarion who has been injured for the best part of the outdoor campaign, got started off with a 14.2 in this event. He's going to be a good one. Steve Behr, Erie McDowell still holds the state lead in the discus with 193.0...in fact, here's a short note we received from Jack Shepard, Editor of Track & Field News High School Division, California: Dear Lowell: Thanks for the info on Behr's fine discus mark. He is number one in the nation unless you consider Jim Howard's (Phoenix, Arizona) 201-7 in February. Track & Field News is recognizing Howard's mark which was not made in prep competition, so you could say Behr is #1 in a prep meet. Steve's mark is also equal to 9th best of all time, nationally, signed, Jack Shepard. Pa. has another fine discus spinner this season in John Reihner of Washington High who has a 184-1 to his credit this season. This puts Reihner third on the all-time Pa. List behind Behr and Ty Higgins of Lower Moreland who let one go the distance of 187-3/4 last season. Pierre Ritter, York junior who is by far the fastest low hurdle man in the state, lowered his time from 19.1 to 18.9 in the 180 yard event. He has one problem this season; he cannot find any stiff competition to make him go faster, as he runs away and hides in every race. Ritter has many 14.4's in the highs, and looks as if he's capable of under 14 seconds in this event. Keep your eyes on him at the P.I.A.A. Meet at Penn State. He runs the first leg on York's 880 relay team and you will be able to see his raw flat out speed, which has to be in the vicinity of 21 seconds. A sad note on the Pa. prep scene, Gary Bush, a senior at Kane High School, who has an official best of 159-11 in the discus and has been over 170-plus on several occasions in practice, was rushed to the Jamestown, New York Hospital as the result of an accident while warming up for his event during the Warren vs. Kane dual meet. Bush, who is also a good shot putter, was hit in the head with a discus and suffered a depressed fractured skull, which ended his career prior to District competition. As we receive more news on his condition from Head Coach Dave Brown of Kane we'll keep you posted. Central Penn Area usually noted for good mile relay teams, is lacking in this event this season. The best in the area this year is the Lower Dauphin, Hummelstown team comprised of Kevin Patrick, Kim Witmer, Bruce Cox, and Mike Slough are the best in the area with 3:25.8 and are the District 3 Class A Champs. The fastest hurdler in the State, Leroy Galloway (14.3) has recently accepted a grant to attend West Virginia State College. Galloway didn't qualify for the PIAA State Meet since he placed 3rd in his District 3 high hurdle final behind Ritter, and Darell Hardcastle of Lancaster. Biglerville junior Dave Gorman who has 13-6 1/4 in the pole vault stands only 5-6 inches tall and has a jump of 6-2 in the high jump. Mickey Collins from Easton has improved from 4.16.6 to 4.16.5 in the mile. A promising sophomore is Terry Wile, Kane who has run the two mile on 9:48.0, 9:48.2, and 9:48.5. There are now four 23 footers in the long jump: Terry Jackson of Wilkinsburg leads with 23-10, followed by Rod Allen, West Mifflin North 23-7 1/4, then Tom Riley of Easton 23-4 1/4, and William Goodman, York who has 23-0 1/2. Bruce Skiles, javelin thrower from Allegheny-Clarion Valley has a

220-8 and a 210-9, both good throws, but not enough to pass John Clark's (Titusville) 221-0. (District Meet Marks not included in above.)

PENNSYLVANIA TRACK & FIELD REVIEW has received a letter from Mr. Robert W. Jarvis, Regional Coordinator for the Annual Golden West Invitational Track & Field Meet, a meet which brings together the top eight high school seniors in the entire United States, in each event, on the basis of performance.

The following are standards one must attain during the current season just to be considered for an invitation into this competition which is held annually at Sacramento, California. This year's meet will be held on June 19, 1971.

**GOLDEN WEST INVITATIONAL STANDARDS**

100	9.6	Long Jump	24'0"
220	21.5 (T)	High Jump	6'8"
440	47.5	Pole Vault	14'9"
880	1:53.0	Triple Jump	47'6"
Mile	4:15.0	Javelin Throw	215'0"
2 Mile	9:10.0	Shot Put	63'0"
120 HH	14.0	Discus Throw	180'0"
180LH	18.8	Hammer Throw	No standard
330 IH	39.0		

# RIDER COLLEGE

## STEEPLECHASE CLINIC

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### 2ND ANNUAL

ALL DAY CLINIC FEATURING  
FORMER OLYMPIC STEEPLECHASE  
PARTICIPANTS

FOR INFORMATION WRITE:  
Ray Kressler, Track Coach  
Rider College, Trenton, N.J. 08602

**BEST PA. HIGH SCHOOL MARKS (con't. from page 5)**

**SHOT PUT**

64.11%	*Ron Semkiw, Baldwin
62.11%	Mike Hartenstine, Bethlehem Freedom
60.3	Tom Pavlik, Thomas Jefferson
58.4%	Ron Powley, East Pennsboro, Enola
56.10	John Reihner, Washington
56.1%	Bill Johnson, Kane
55.3	Ron DiNicola, St. James, Chester
54.9	Mark Gaines, Upper Moreland
54.9	Ron Stanton, Overbrook, Phila.
54.8%	Barry Crissman, Kiski Area
54.4%	Dan Krut, New Brighton
54.4	Jim Stoneback, Quakertown
54.3%	Dennis Franks, Bethel Park
54.2	John McKenna, Rochester
54.1%	Mick Helfrick, Cheltenham
54.0	George Zapien, Upper Moreland

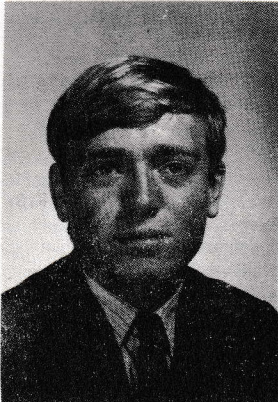


## A LOOK AT THE LEHIGH VALLEY TRACK & FIELD SCENE

by Todd J. Jones

**EASTON-WILSON BORO-PHILLIPSBURG, N.J. TRIANGULAR** -- Easton's great distance star, Mickey Collins ripped off a 4:16.5 mile for a new school and District Eleven alltime best. But the biggest shockers were turned in by Easton's Tom Riley and Wilson's Dim Alestas in the long jump and triple jump, respectively. Riley leaped 23'4 1/4" for a new school and alltime District best while Alestas, a Greek who stars in soccer, hopstep-jumped 46-5 to also establish an alltime District best. Riley showed his versatility by winning the tum 220 in a good 22.9.

**LEHIGH-NORTHAMPTON LEAGUE MEET** -- Parkland's fine junior distance man, Dave Cope was the meet's outstanding athlete with a double in the 880 and mile runs. Cope clocked 2:03.3 and 4:29.1. His teammate Jeff Johnson won both sprints in 10.3/23.0t. Saucon Valley's junior shot putter won the 12-pound event with a 51-9 effort. A big upset occurred in the javelin where Pocono Mountain's Art Stevens tossed the spear 161-10 1/2 for the first place prize. Parkland's Bill Younger, a junior who had broken the school record with a heave of 185-6 early in the season, was only third this time. A great high jump saw Bangor's 'Fosbury Twins' Dave Shoemaker and Terry Stevens both clear 6 feet but Shoemaker was awarded first place. East Stroudsburg's consistent jumper, Julius Shackelford had to settle for fourth place.



**BILL YOUNGER,  
PARKLAND**

A "world's record" 19.8 for the 220 on a turn was clocked by Parkland's Johnson in a trial heat. Obviously the distance run was way short as the Trojan star covered about 190 yards. The officials tried to correct the course for the next two trials but both winners only covered approximately 210 yards. The course was finally corrected to the proper 220 yards distance for the final. This occurrence is typical of the LNL where anything and everything can happen and usually does in the annual League meet.

The meet's official program still carried the pole vault record as 13'-2 7/8" when in actuality it should have read 13'-3/4" (Bob Plarr of Parkland set the mark at Nazareth High two years ago. Nazareth has an illegal 6-inch box). This writer contacted meet director Jim Lutz (a Parkland High School teacher, by the way) about this inaccuracy in the record and he admitted the incorrect mark. During my phone conversation, Lutz reported that the record will stay at 13'-2 7/8" "as a monument of My (Lutz's) mistake." (Lutz was an official and measured Plarr's performance, himself, two years ago). Another incorrect meet record appearing in this year's LNL meet program was the 220 listing of 22.05 set by Hellertown's Greg Stauffer in 1968. As any track fan knows, the time should be "rounded off" to 22.1. WILL THE LNL

EVER WAKE UP?? THIS WRITER DOUBTS IT. NOT UNLESS THE LEAGUE'S COACHES START TAKING POSITIVE ACTION INSTEAD OF SITTING BACK AND MEEKLY COMPLAINING!!

**LEHIGH VALLEY MEET** -- Emmaus' "super soph" Charlie Norelli and Stroudsburg's fine 1-2 punch of Art Owens and Mark Adams (a Jr.) supplied the fireworks. Norelli (a state swim champ as a frosh) ripped off a 4:34.8 mile run and then came back to win the half in 2:02.8. In neither race was he pushed. Owens ran 10 flat/23.1 on a slow track in sweeping the sprints and won the LJ at 21-7 1/2. Adams (a 50.8 quartermiler) won the 440 in 52.8 and set a meet record in the triple jump with a 44-3 effort. An upset happened in the discus where Lehigh's Herb Gasker won with a 144-6 throw. Catsauqua's Gary Hein, the favorite, took fifth.

**EAST PENN MEET** -- The big shocker was Bethlehem Liberty's "All American" football player, massive 6-3, 235 pound Mike Hartenstine tossing the shot 62'-11 3/4" for a new District Eleven mark. Hartenstine's throw places him fourth on the alltime state listing. The Liberty strongman also copped the discus with a 157-1 3/4 distance and took a second in the high jump. A super performance was turned in by Bethlehem Freedom's Pete Pozefsky, a gutsy competitor. The lean, but amazingly strong sprinter, won the 440 in a fine 50.9 on a very slow track and then came back less than 15 minutes later to capture the 180 low hurdles race in 20.3 seconds. If this wasn't enough, Pozefsky helped Freedom to the mile relay title an hour later with an unofficial 50.2 anchor leg. He had to make up some 4 yards on Easton's great Mickey Collins, a 51.4 man, himself. Collins won the 880/mile events with easy 1:59.2/4:20.5 clockings. His teammate sophomore Bryan Kelly upset Reading's Steve Figard in the two mile run with a good 9:56.4. Allentown's William Allen's javelin ace, Dave Miller, won his speciality with a record-breaking 197-7 1/2 throw.

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## COLLEGIATE MEET SUMMARIES

**PENNA. STATE COLLEGES CONFERENCE MEET**  
 AT SHIPPENSBURG STATE COLLEGE 5/8/71  
 (ALL WEATHER SURFACE)

100		
1. Jim Davis	Bloomsburg	9.6
2. Ken Diehl	Slippery Rock	equals meet
3. Oave Oakes	West Chester	record
220		
1. Joe Walker	Lock Haven	21.4
2. Davis	Bloomsburg	
3. Diehl	Slippery Rock	
440		
1. Gary Mahlysky	Kutztown	48.7
2. Jim Agnew	West Chester	
3. Ron Stewart	Edinboro	
880		
1. Frank Costello	West Chester	1:53.2
2. Ed Gralowski	Slippery Rock	meet record
3. Larry Strohl	Bloomsburg	
MILE		
1. Gralowski	Slippery Rock	4:12.8
2. Randy Deemer	Slippery Rock	meet record
3. Jeff Bradley	Millersville	
120 HIGHS		
1. Ken Lehman	West Chester	14.1
2. Andy Kusman	Bloomsburg	meet record
3. Bryon Almone	Lock Haven	
440 INTERMEDIATES		
1. Lehman	West Chester	54.8
2. Walker	Edinboro	
3. Dennis Morrissy	East Stroudsburg	
440 RELAY		
1. Slippery Rock		42.15
2. West Chester		meet record
3. Lock Haven		
JAVELIN		
1. Ed Long	East Stroudsburg	220-10
2. Jim Cavallero	Bloomsburg	
3. Dave Clepper	West Chester	
SHOT PUT		
1. Wayne Geltz	Millersville	49-3
2. Karl Bivans	Millersville	
3. John Ficek	Bloomsburg	
TRIPLE JUMP		
1. Al Brown	Millersville	45-8 $\frac{1}{2}$
2. Don Copeland	Lock Haven	
3. Ken Young	East Stroudsburg	
3 MILE		
1. Dave Antognoli	Edinboro	13:59.4
2. Jeff Bradley	Millersville	
3. Dan Lerch	West Chester	
MILE RELAY		
1. West Chester		3:19.0
(Ynuk, Burhannan, Costello, Agnew)		meet record
2. Millersville		
3. East Stroudsburg		
HIGH JUMP		
1. Lonnie Dalton	West Chester	6-10
2. Sid Booker	Edinboro	meet record
3. Jack Weaver	Lock Haven	
POLE VAULT		
1. Steve Sipe	Shippensburg	15-3
2. John Ruane	Clarion	meet record
3. Terry Wogenrich	Kutztown	
TEAM SCORING		
(1) West Chester-148 (2) Millersville-79 (3) Bloomsburg-74 (4) tie-Edinboro, Slippery Rock-tu (6) Lock Haven-48 (7) East Stroudsburg-34 (8) Kutztown-25 (9) Shippensburg-16 (10) Clarion-14 (11) Tie, California, Mansfield-3 (13) Cheyney-0		

**MIDDLE ATLANTIC REGION NCAA COLLEGE DIVISION**  
 AT DICKINSON COLLEGE, CARLISLE 5/8/71  
 (ALL WEATHER SURFACE)

TRIPLE JUMP		
1. Gary Dell	Swarthmore	46.11
2. Jeff Breed	Susquehanna	meet record
3. John Loose	Juniata	
DISCUS		
1. Jim Orefice	PMC	151-4
2. Harry Newbury	F & M	
3. Charles Gallagher	Susquehanna	
440 RELAY		
1. Susquehanna		42.8
(Petron, Petre, Breed, Ellis)		
2. Dickinson		
3. Lycoming		
MILE		
1. Bruce Albert	Ursinus	4:18.3
2. Dennis Weidler	Juniata	
3. David Wood	Ursinus	
FROSH MILE		
1. Dave Marrington	Ursinus	4:32
2. Gary Schlegel	F & M	
3. Mark Edgecombe	Juniata	
440		
1. Bruce Pratt	Delaware Valley	49.4
2. Terry Taylor	Dickinson	
3. Doug Alde	John Hopkins	
SHOT PUT		
1. Jim Kuhn	Albright	48-9 $\frac{1}{2}$
2. Dave Follett	Swarthmore	
3. Fred Beach	Delaware Valley	
LONG JUMP		
1. Gary Dell	Swarthmore	22-3
2. Don Webb	Lycoming	
3. Jeff Breed	Susquehanna	
JAVELIN		
1. Dan Truskey	F & M	193-6
2. Tom Specht	F & M	
3. Scott Spratford	Wagner	
HIGH JUMP		
1. Doug Snowberger	Susquehanna	6-2
2. Paul Docktor	Albright	
3. Joe Muscara	Ursinus	
120 HIGHS		
1. Nason Donahue	Dickinson	14.8
2. Craig Walter	Dickinson	
3. Mike Nunnally	Muhlenberg	
100		
1. David Sparks	Juniata	10.1
2. Danny Guers	Delaware Valley	
3. Doug Brown	Lycoming	
880		
1. Ed Phillips	Dickinson	1:54.1
2. Jeff Karver	Susquehanna	meet record
3. Richard Harrison	Susquehanna	
440 INTERMEDIATES		
1. Jeff Breed	Susquehanna	55.1
2. Gerry Greenfield	John Hopkins	
3. Joe Coradetti	Juniata	
220		
1. Jim Sperling	Dickinson	22.4
2. Chris Perry	Juniata	
3. Terry Taylor	Dickinson	
POLE VAULT		
1. Bob Zimmerman	Juniata	13-6
2. Brian McCauley	Dickinson	
3. Steve Howard	Delaware Valley	
2 MILE		
1. Bruce Albert	Ursinus	9:18.4
2. Rich Schultz	Swarthmore	meet record
3. Josh Arnold	F & M	
MILE RELAY		
1. Susquehanna		3:20.7
(Breed, Karver, Petre, Harrison)		
2. Ursinus		
3. Juniata		

## OUR GRAND OLD MAN OF TRACK & FIELD ..... EARL FLICKINGER

By Lowell C. Bond

If one is a native Pennsylvanian, and hasn't heard the name Earl Flickinger mentioned, then he's missed out on an eminent part of track & field associated with the Keystone State. Flickinger, a life-long resident and native of Harrisburg, recently reached age 76, was once regarded as one of the nation's premier long distance runners.

He made his debut in long distance running way back on 1910 when he heard that a group of local cross country promoters were going to sponsor a five-mile race along the banks of the Susquehanna River. In that day and age, an event such as this, which incidentally lured top name foot racers, comparable to names such as Ron Clarke, George Young, among others of this era. An event such as this coming to town had just about as much appeal to the public as a circus parade. Flick, a frail looking fifteen year old kid thought he'd try his hand in this contest, so entered the competition with all the other runners being several years his senior.

Just prior to his initial track competition, a grammar school buddy of Flick, made a wager that he would run dead last in this field of notable distance runners. Well, he not only won the bet, but completely surprised himself when he finished in tenth place out of about twenty-five runners. This race was all he needed. He was now determined to become a great road runner.

Now, a few years passed by, the 1912 Olympic Games come and gone, and with them, a host of new prominent national and international names. Flick, although improved, was still relatively unknown outside local track circles. However, twenty miles south of Harrisburg, at the Carlisle Indian School, had come an Indian by the name of Watali Umitowah, of International fame. Watali was a teammate of the great Jim Thorpe, and was the holder of the world record for the one-hour run. Legend has it that the entire Carlisle team was enroute to a track meet by motor coach and after traveling only a few miles, developed engine trouble. Three of the distance runners, including Umitowah got out and resumed the journey on foot, running the remaining twenty miles. They arrived at the meet site just moments after the starting command was given for the five-mile run. The great Watali Umitowah supposedly caught and passed every runner, leading the Indians to a 1-2-3 sweep.

The track promoters at Harrisburg decided to stage another gala five-miler at the old Island Park at the Susquehanna, in order to give local fans an opportunity to see the great Indian runners and several other top calibre distance men of the day. Come day of the meet, and all eyes were on Umitowah, the overwhelming favorite. Little chance was given to the other runners even finishing close.. for the Indian was in a class by himself.

The gun sounded, and true to expectation, Watali took the lead from the outset, setting a torturing pace for three miles in an attempt to dispose of the field hastily. Well, his plan worked for the most part...with one exception. Surprisingly, this unheralded teenager named Flickinger was able to maintain this tremendous pace, dogging Umitowah's every footstep, whereby all the other contenders, most stars in their own right, dropped far out of contention at this point. The biggest surprise came, when at the four mile marker, Flick zipped pass the great Indian runner and headed for home, all by himself...Umitowah a fading and beaten runner.

Flickinger's career, as far as running is concerned was shortlived, however. In 1919 he was offered, and accepted the job of head track coach at the former Camp Curtin Junior High School in Harrisburg, a job which he held until 1936 when he moved up to become the head mentor at Harrisburg Catholic High School. His teams at Harrisburg Catholic were outstanding, winning several P.C.I.A.A. State team titles, and producing many individual champions.



MR. EARL FLICKINGER, former USA National Team Coach, holds one of his many trophies won during a career that spans a period of over sixty years. He is presently 76 years old.

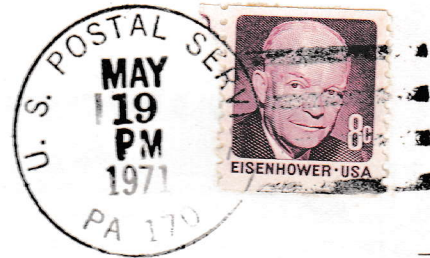
In the forties, he became a board member with the Middle Atlantic States A.A.U., and eventually became vice-president of this organization. During his tenure with The A.A.U., he sponsored countless numbers of Championship meets, but perhaps the highlight of them all was the acceptance by The National A.A.U. of his bid for the 1952 Women's Olympic Trials, which he staged in Harrisburg that year. Serving in a dual role as A.A.U. board member, and head coach for The Harrisburg A.A.A. track team, Flickinger personally coached a girl, Janet Dicks who qualified for the 1952 U.S.A. Olympic Team bound for Helsinki, Finland. In 1954, he brought The Women's National A.A.U. Championships to Harrisburg at a time when the great Tennessee State teams were coming into recognition.

In 1955, Earl Flickinger was selected head coach for The United States Women's National Team for The Pan American Games at Mexico City. He vividly recalls preparation for those Games and how he readied his girls for the pressures of this outstandingly great international competition. He often speaks of his great sprinters, Maye Faggs and Barbara Jones and the psychology he would use to get the best performance from each. Flick's hope of leading his girls to a team victory at Mexico City were shattered, when shortly after the opening ceremonies, he suffered an attack of spinal meningitis, and had to be flown back to emergency treatment at a hospital in the States. "I believe the water in Mexico was a contributing factor in my illness that year. As you probably know, our teams carry their own food and water to the Pan American Games nowadays." Speaking of Olympic Games, Flick was chosen head coach once again of the Women's National team for the '56 Games at Melbourne, Australia, an offer which he turned down for various reasons.

During his eventful coaching career he encountered difficulties as well as success. He recalls how during the early years of coaching, he was cheering his mile relay team to victory on the edge of one infield, when a javelin was thrown wildly, hitting him in the leg, entering in the calf and coming out four inches in the front. A week later he was hobbling around rooting for his team at The Penn Relays. Another near disastrous incident occurred when enroute to a track meet he was hit broadside by a slow moving freight train at a crossing. The car was demolished, but he walked away with minor abrasions.

Although Flickinger hasn't sponsored a meet during the last few seasons, he is still a commissioner with the Middle Atlantic A.A.U. Says Mr. Flickinger, "I still enjoy track & field as much now as ever, but now I'm willing to view it as a spectator."

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**FIRST CLASS MAIL**

**NATIONAL INTERSCHOLASTIC HIGH SCHOOL TRACK & FIELD RECORDS (prior to '71)**

\*mark has been bettered

100 YARDS	W. Gaines	S. Mullica Hill, N.J.	1967	9.3*
220	F. Beaty	Glendale, Calif.	1961	20.2
440	U. Williams	Compton, Calif.	1961	46.1
880	R. Joyce	Whittier, Calif.	1965	1:48.8
1 MILE	Jim Ryun	Wichita, Kan.	1965	3:58.3
2 MILE	S. Prefontaine	Coos Bay, Ore.	1969	8:41.5
120 HH	R. Flowers	Montgomery, Ala.	1965	13.5
	B. Tipton,	Pontiac, Mich.	1967	13.5
180 LH	D. Castronova	Oceanside, NY	1964	18.1
	Earl McCullough	Long Beach, Calif.	1964	18.1
HJ	Otis Haley	Wasco, Calif.	1968	7-1 $\frac{1}{4}$ *
LJ	J. Proctor	Pasadena, Calif.	1967	25-7
PV	C. Carrigan	Orting, Wash	1969	16-7
TJ	D. Tucker	Fresno, Calif.	1970	52-6 $\frac{1}{4}$
SP	S. Walker	Dallas, Texas	1968	72-3 $\frac{1}{4}$
DISC.	C. Adams	Los Altos, Calif.	1970	201-3
JAV.	M. Murro	Newark, NJ	1967	252-8*
880 REL.	White Plains, New York		1966	1.25.4
1 MI. REL.	Memorial,	Houston, Texas	1967	3.11.8
2 MI. REL.	Prov. West H.S.	Hillside, Ill.	1965	7.41.9