

VALLEY TRACK AND FIELD



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35¢



VALLEY TRACK AND FIELD
1717 South Chestnut Avenue
Fresno, California 93702

WHAT IS VALLEY TRACK AND FIELD?

A Publication About and For The Valley

November, 1971 Vo. 1, No. 2

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THANK YOU

"Thank you" to all of you who sent in news and results. The overall reception of VTF has been overwhelming. If you don't see your results, it's because you didn't send 'em. We could use more pictures. Pictures should reach us by the 25th of each month and news by the 29th of each month. VTF is mailed the first week of every month.

VALLEY TRACK AND FIELD is a new monthly publication. It is devoted to the promotion of all areas of track and field in the San Joaquin Valley. It is about and for Valley track people. VALLEY TRACK AND FIELD will do several things: (1) provide in-depth results and news, (2) give recognition to outstanding Valley performances, (3) present an opportunity to become better acquainted with other Valley track people, (4) be a source of educational track and field articles.

As a track enthusiast, VALLEY TRACK AND FIELD will be a valuable tool for you, as well as an asset to track and field, in general, in the Valley. It will fill a long felt need.

The success of VALLEY TRACK AND FIELD will depend, to a great extent, on the support from you, the readers. You can help by always sending in all news and results (pictures too) about your team, yourself, others or any track news you have. Send to VALLEY TRACK AND FIELD 1717 South Chestnut, Fresno, California 93702. All pictures will be returned. Don't assume we will have your results or news already, if you have pertinent information, please, send it. In a sense, this is your publication; it is for you. Help make it a success.

VALLEY TRACK AND FIELD is dedicated to serving all Valley track people, athlete, coach, and fan, alike. We welcome any comments and suggestions. We would be happy to hear from you.

ON THE COVER

Top Row: Carlos Bravo, College of the Sequoias standout(left); Sanger Varsity Team(center); Coach Dee DeWitt, featured in this months "Meet Valley Coach"(right).

Middle Row: Cliff Rees(L) and Greg Hall, featured in "Meet Valley Athlete" (left); Madera Varsity Team(left center); Keith Ory, winner of Reedly JV RR for Hoover(right center); Judy Graham, leading the women's 2.0 mile at Reedley(right).

Bottom Row: Fresno High's Ned Baird, winner of the Tulare Invitational(left); Start of the 12 and 13 year old girls' race at Reedley(center); Randie Hill of Clark Intermediate in Clovis (right); Redwood's Bryan Patterson(inset, bottom right).

SCHEDULES

- November 5
El Camino and Santa Monica at Bakersfield.
American River at Fresno CC, 4 p.m.
South Yosemite League Meet, Hart Park,
Bakersfield, 3:30 p.m.
- November 6
Fresno Pacific at Biola Inv., La Mirada.
Turkey trot races, Oakland. Age group
and open 10 mile.
S. Nevada AAU 10 mile district champion-
ship, Valley H.S. 9:00 a.m.
- November 7
9th Phelan blind handicap. Open 15 mile,
5 mile elem., and Jr. High, 10 a.m.
- November 12
San Joaquin Delta and Sacramento at COS.
Modesto at Fresno CC, 4 p.m.
Bakersfield at Metropolitan Conference
Meet, L.A. Pierce.
- November 13
Fresno State at PCAA Championships, San
Diego, 12 noon.
Fresno Pacific at NAIA District Champ.,
Cal Lutheran, Thousand Oaks.
PAAAU Championship Cross Country Race,
Golden Gate Park, SF, 10 a.m.
SPAAAU Championship Cross Country Race,
10 kilo, Mt SAC, 10 a.m.
- November 19
Southern California JC Meet at Saddleback
College, San Juan Capistrano.
Northern California JC Meet at Rocklin
- November 20
USTFF Westrn. Championship Cross Country
Race, Woodward Pk., Fresno, 11 a.m.
Fresno County Junior High Championship
Woodward Pk., Fresno, 9 a.m.
Daly City Hill Run, 6.25 miles, 11 a.m.
Daly City, Calif.
North Las Vegas Turkey Day Races, 3 mile
Jr., 7 mile Sr.
- November 21
3rd Pico Rivera Turkey Trot 9 mile. Age
groups. El Ranch H.S.
- November 27
State JC Meet at Rocklin
National AAU Cross Country Race, San Diego.
Must have application, write: AAU
Cross Country, Box 1124, San Diego
92112.
Colfax Carnival Age Group Races (10 mi open)
10 a.m.
20 Kilo Scratch Race, Vo. Tech. School,
Las Vegas, 10 a.m.

cont.

MEET VALLEY COACH

Dee DeWitt of Madera High School: Each year when predicting the leading cross country teams in the Valley Madera has to be considered. The sky-blue and white uniforms have consistently been up front in the "big" races over the past 5 or 6 years. In the ten years that Coach DeWitt has been at Madera they have won 16 major championships, including three North Yosemite League Championships out of the last five years. Until last year they never finished less than third in the Valley Meet which they won in 1966. The Frosh-Soph have won the Valley three times, one of which was last year. Over the past 10 year Madera cross country has compiled a dual meet record of 70 wins and 13 losses.

Dee DeWitt was born in Salida, Colorado. He attended high school at Hoover High in Glendale, California, where he participated in football and track. In 1955 Dee captained the Hoover High track team and set school records in the polevault (12'11") and high hurdles (14.2). That polevault record, by the way, was with a bamboo pole.

Idaho State was his choice of college. He was a member of the football, track, and gymnastics teams. In 1958 and '60 he served as track captain for the Black and Orange. He set new school records in the high hurdles (14.4), low hurdles (23.1s) (23.5t), polevault (14'2" steel) and decathlon (7456 5th in AAU), besides running on numerous record relay teams. Between graduation and coming to Madera he worked as the assistant track coach at ISU.

Coach DeWitt still keeps in shape by running with his teams and frequently runs in a summer all-comers meet.

Some of the all time great Madera men he has coached have been: Robert Yslas, Alex Fierros, Chon Holquin, Adriano Fierros, Tony Gomez, Pat Dunning and Martin Urias. All seven of these runners ran under 9:40 at Madera and five of them were on the same team in 1966. The most significant victory for Madera so far was taking the Valley Meet from East Bakersfield after they won it two years in a row.

Hard training is a key word to those who run at Madera. In fact 50-60% of their workouts consist of time trials at various distances. There are two or three timed races every day. It's different, but it apparently works.

November 28

Pleasanton-Dublin 12.5 mile run, Amador H.S., 10 a.m.

Rosebowl Handicap, 10 mile open, 3.75 mile age group, 9 a.m. open, 10:30 age gp.

December 4

Valley Four Mile X-C Championship, Avocado Lake, Contact Cameron Ostrand at Reedley H.S. Age group.

December 5

Western Hemisphere Marathon, Culver city, 8 a.m.

December 11

Mooney Grove 15 Mile Relay, 5 man teams, contact Jerry Hobbs 15616 Ave. 328, Ivanhoe, Calif.

December 12

Apple Valley Blind Handicap, 6.4 open, 3.2 age group, 11 a.m.

December 18

Mission Bay 15 mile run, San Diego, 10 a.m.

December 19

Madera Mini Marathon, 13 miles. Contact Dee DeWitt at Madera H.S.

SKIP HOUK WINS AAU 50 MILE TITLE

Rocklin, October 17: Skip Houk is on his way to what's hoped to be a birth on the US olympic marathon team. He easily toured the 5 mile loop, making amends for his narrow loss by only three seconds to Bob Dienes last year. Skip said he thought he could have gone faster but he was so far ahead and a little tired so he eased up with a 5:19:11, just four minutes off of the National Record. "My next serious competition probably will be the marathon at Culver City in December after which will come the Boston Marathon and then the Olympic Trials."

1.	Skip Houk	HSTC	5:19:11
2.	Jose Cortez	RCS	5:31:15
3.	John Pagliano	GWAA	5:44:12
4.	Gary Dobrenz	GWAA	5:49:59
5.	Jim Bowles	WVTC	5:59:43
6.	Ralph Paffenbarger	NCSTC	6:13:41
7.	Dave Waco	GWAA	6:25:12
8.	Peter Mattei	NCSTC	6:34:02
9.	C.J. Bristol	Unatt.	6:39:50
10.	Paul Reese	NCSTC	6:51:40
11.	Mitch Kingery	RCS	6:55:25
12.	Wayne Lucas	Unatt.	7:49:41
13.	Mike Ipsen	RCS	7:59:24
14.	Maureen Wiemeyer	Unatt.	8:10:04
15.	Bob Woodliff	Unatt.	8:35:45
16.	Dennis Letl	Solano TC	8:36:34
17.	Norman Bright	Sn. TC	9:09:12
18.	David Crevelt	RCS	9:32:40
19.	David Wilson	RCS	9:54:17

30 starters. The team title went to the new club, Golden West Athletic Association.

VALLEY VIEWS

Clovis High's Bruce Caputo is just getting back into form after a bicycle accident.... Riverdale High School has a cross country team for the first time this year....While running in the Sacramento Invitational Fresno City runner Mike Brooks hit a post and was unable to finish....Len Thornton coached his Sierra Junior High team and then peeled off his sweats to run in the open race, himself, at the Reedley Road Races....Randie Hill, one of the solid runners from Clark Intermediate School is the sister of Jeff Hill of Fresno running fame.

Kevin Dougherty broke the Fresno State 5 mile cross country school record by 29 seconds with his 25:03 at Lake Legg, and he's only a sophomore....The following quote is from a letter VALLEY TRACK AND FIELD received from Track and Field News, "Valley Track and Field is indeed a noble venture. Even more important, the first issue is well conceived in lay-out and variety of reading material. There have been many outstanding athletes come out of your valley, and it is time they--those of the past and of the future--have a spokesman."....Carlos Bravo (College of Sequoias) ran two tough races back to back with his 3rd place finish in the FCC-COS meet on Friday and 4th in the Reedley Road Race on Saturday.

Congratulations to Dave Cords on the excellent job of running the successful Fresno State Invitational, the officials also deserve credit - in the JV race 15 runners crossed the finish line at 11:40....On Oct. 13 Fresno Pacific's Ron Genschmer was voted San Joaquin Valley Sportswrites Athlete of the Week, not an easy award for cross country runners to get. Speaking of Ron, he apparently likes solo two mile time trials on the track and has done 9:22 and 9:19 the last two weeks.

Capt. Bill Clark is a volunteer coach at Merced High School, it's a "hobby" for him, but something serious must be going on there as there are 67 runners out and they have beat over 40 teams and only lost to two. Number one man, Dave Taylor recently ran 14:12.2 for three miles on a course which Coach Clark says has been measured by three coaches, Taylor has also run 14:33.4 on the track. We'll have more on Merced High in the next issue of VTF.

MEET VALLEY ATHLETE

Fresno City College was the Northern California cross country champion last year and it appears that they have more than just a good shot to defend that title this year. In fact this year's squad looks like the best team in the history of the school, and they are getting markedly stronger each week. The two athletes spearheading this Fresno Powerhouse are GREG HALL and CLIFF REES.

GREG HALL: Freshman, Fresno City College. Born November 13, 1952, at Riverside, Ca. Began running in 1969 in the 11th grade at McLane High School in Fresno. BEST TIMES: Mile--4:18 (71); 2 mile--9:16 (71); 3 mile--14:54 (71). TRAINING: Once a day, seven days a week, nine months a year, about 45 miles per week. Coached by Bob Fries. DESCRIPTION: This is the first year that Greg has run "hard." Workouts consist of a mixture of intervals and long runs with the long runs about twice a week. When he is with a group running long he runs their pace, usually LSD, but when by himself he likes to push it. The intervals are not on the track but around various loops, usually with hills. Weight training has been considered but not yet a part of the program.

This is only Greg's third year of running and already he has piled up quite a list of honors. In cross country he was league champ his junior and senior years, and also won the Fresno State Invitational, City, and Divisional meets during the senior year. Running with a fever he placed sixth in the Valley Meet as a senior, after going undefeated all year.

In track as a senior Greg brought home first place gold from the league and City mile races, and the Divisional and Valley 2 mile championships. He was undefeated in track that year until the State Meet.

College adjustment has not been a problem for Greg as he has moved right into the number one spot at Fresno City. He has his sights set on winning the Northern California Cross Country Championship this year and finishing "in the money" at the State Meet. Goals for track season are: 4:10, 9:00, and 14:10. His favorite racing distance is 1-3 miles and he likes to race as much as possible.

Running has been a lot of enjoyment, he's met a variety of different people, it's given him "the will to compete," and helped him "to be a better person." He plans to run until he gets tired, but adds that he "won't ever get tired of it."

After FCC he has thought about attending Cal Poly or USC. He wants to attend a school with a strong running program. After school Greg plans on becoming "Coach" Hall.

CLIFF REES: Sophomore, Fresno City College. Born January 10, 1952, at Pruneville, Ore. Began running in the 9th grade at Dinuba High School. BEST TIMES: 880--1:54.8 (71); mile--4:13 (71); 2 mile--9:11.7 (71). TRAINING: Once a day, 6-7 days a week, 12 months a year, 50 miles per week. Coached by Bob Fries. DESCRIPTION: Combination of intervals and long running. A long LSD run on the weekends. Most workouts average close to 10 miles per day. A small amount of weight training.

In high school Cliff won the Central Sierra League cross country championship and the City 2 mile race. He is presently one of the best distance runners at Fresno City College. Last year he was voted San Joaquin Valley Athlete of the Week during cross country and in track placed high at the State Meet mile race.

If he had to decide, track would be his favorite over cross country and he likes the 880 best. He likes to race every week and would rather follow and kick rather than take an early lead. When his mental attitude is right he feels he can stay in top racing form rather than peaking for just a few races.

His biggest goal this cross country season is "beating American River." In track he would like to hit 1:52, 4:08, and 8:56.

Cliff runs because he enjoys it and has learned a lot about how to run as well as different strategies and techniques he has become familiar with.

He has an interest in auto mechanics and has thought about attending the University of Oregon after a possible hitch in the service.

RUNNING UP HILLS

by
Bill Cockerham

The following article, written especially for VALLEY TRACK AND FIELD, is only a theory, an untested theory. It is agreed that a theory which has not been proven reliable in practice isn't worth much. It is hoped, however, that this theory will be tested by coaches and runners and that you will let us know how it works.

Cross country, as the name implies, is running over the natural countryside. In contrast to track running cross country runners face a different set of circumstances each time they run on a different course. The typical cross country course will have at least a few hills on it. Actually, a course isn't really considered a "decent" cross country course unless its surface has some variations in degree of slope.

Since many courses have at least a hill or two it is important for cross country runners to be able to run hills efficiently. Races are often won or lost on the hills. If a runner knows how to run hills and trains to run hills he will have a distinct advantage over those who don't.

How does one run hills? First, let's see how not to run hills, which, by the way, is how most runners run hills; it is the way their coaches tell them to run hills. The way not to run hills is with the driving, big, powerful strides and low arms pumping forcefully. This is the type of action coaches usually like to see; you can hear them yelling "dig" "drive" or "pump those arms". Running up a hill like this is similar to sprinting a 440 in the middle of a cross country race. It leaves the runner exhausted at the end (or half way up).

The idea in cross country is to budget or conserve ones energy so that it is evenly and economically distributed over the entire distance of the race, rather than exhausting yourself or having too much left at the end. The object in running a hill in a cross country race, then, is to get over the hill as economically as possible - without giving away too much energy or too much ground. Hill training will improve a runner's ability to run fast, economically up hills.

Now that we know how not to run hills, what is the best way to run hills? The answer comes from the bicycle rider. What does he do when he comes to a hill? He down shifts; he uses a gear which allows him to pedal fast, yet easily and economically. If he were to shift to a high gear it would be like the way-not-to-run-hills discussed above, big powerful, but difficult strokes. It would be faster if one were strong enough to do it. Nobody is. How does one down shift when running? By taking shorter, but faster steps. The arms should come up and swing in a quick rhythmic tempo. The quicker the tempo of the arms the quicker the pace of the steps. This type of action should allow the runner to quickly move up the hill yet not be totally exhausted afterward. After reaching the top of the hill it is easy to move back into a normal stride.

The way to improve ones ability to run hills is to increase the length of stride going up the hill and be able to handle it efficiently. This is where training comes in. When running hills in workout one should use the "old" or "way-not-to-run-hills" method, thus making use of the overload principle and building up the leg muscles (and cardiovascular system) necessary to run hills with a longer stride. Ideally, then, we are working toward running hills the "old" way, but few if any runners are trained (the total gain from time output isn't worth it) enough to do it. So the best way for most runners to run hills during a cross country race is with a shortened and quickened stride. The amount of shortening will depend on the strength of the runner, which can be improved with training.

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RESULTS:

COLLEGE & OPEN

VALLEY CONFERENCE PRELIMINARY MEET

Modesto, October 1: American River held back the first mile and then opened up to win the Valley Conference "warm-up" meet. Modesto's Guy Artherholt was impressive with 19:49 for the 4.0 mile contest.

1. American River		36
2. Fresno CC		50
3. Modesto		87
4. College of Sequoias		115
5. Sacramento CC		123
6. Delta		134
7. Cosumnes		174
1. Guy Artherholt	Modesto	19:49.5
2. Greg Hall	Fresno	20:06
3. Rick Langford	Am. Riv.	20:13
4. Curtis Duff	Sacramento	20:15
5. Cliff Rees	Fresno	20:19
6. John Weed	Am. Riv.	20:21
7. Garry Green	Am. Riv.	20:23
8. Dave Garcia	Delta	20:24
9. Pat Phelon	Am. Riv.	20:26
10. Carlos Bravo	COS	20:39
11. David Irwin	Am. Riv.	20:42
12. Mike Brooks	Fresno	20:45
13. George Kellogg	Modesto	20:47
14. Greg Griffin	Am. Riv.	20:51
15. Pat Dunning	Fresno	20:56
16. Dave Williams	Fresno	21:01
17. Steve Hall	Fresno	21:02
18. Carlos Perez	Delta	21:03
19. Jim Kirk	Fresno	21:04
20. Robert Lopez	Modesto	21:07
21. Barry Boub	Modesto	21:17
22. Rito Fuentes	Fresno	21:19
23. Dan McFad	Am. Riv.	21:22
24. Terry Graves	CRC	21:23
25. Cliff Vasquez	COS	21:29
26. Steve Walos	Am. Riv.	21:30
27. Craig Hall	Fresno	21:33
28. Dale Campbell	COS	21:35
29. Mike Toombs	Sacramento	21:36
30. Eliseo Martinez	COS	21:38
31. Scott Corbin	Sacramento	21:39
32. Dennis Smith	COS	21:44
33. Steve Williams	Am. Riv.	21:45
34. Tom Barnett	Fresno	21:48
35. John Osborn	Delta	21:49
36. Gary Huizar	Sacramento	21:53
37. George Davis	Fresno	21:55
38. Rick Miller	Modesto	21:57
39. Kevin Cox	Am. Riv.	22:02
40. Ken Kitiz	CRC	22:04
41. Juan Mejia	Sacramento	22:06
42. Dave Morgan	CRC	22:19

42. Dave Morgan	CRC	22:19
43. Cliff Watson	Sacramento	22:26
44. Miguel Mireles	Fresno	22:28
45. Mike Spencer	Delta	22:29
46. George Rogers	Sacramento	22:31
47. Pat McLean	CRC	22:33
48. Julio Rosa	Modesto	22:36
49. Rich Wade	Am. Riv.	22:43
50. Ron Evens	Delta	22:47
51. Dan Monez	Am. Riv.	22:51
52. Dave Tokvyoslti	Delta	22:54
53. Barry Marine	COS	22:56
54. Scott Victor	Sacramento	23:01
55. Tony Logan	CRC	23:05
56. Al Miller	Modesto	23:10
57. John Semler	Delta	23:17
58. Bill Wanninger	CRC	23:21
59. Robert Aragon	CRC	23:27
60. Phil Sinclair	CRC	23:38
61. Doug Thomas	Sacramento	23:41
62. Wayne Parsell	CRC	23:46
63. Paul Robinson	Fresno	24:01
64. Bob Long	CRC	24:03
65. Harlen Illum	Delta	24:04
66. Bob Aguirre	Sacramento	24:12
67. Ed Brady	Modesto	24:18
68. Brad Vierra	CRC	24:23
69. David Sharp	CRC	24:34
70. Leland White	Modesto	24:51
71. Frank Guillena	Delta	25:22
72. Monte Lung	Fresno	25:32
73. Ed Carrillo	Fresno	26:27
74. Bert Lippert	Modesto	27:41

FRESNO PACIFIC RUNS OVER CAL LUTHERAN

Woodward Park, October 9: Both Ron Genschmer and Frank Valencia dipped under the old Pacific College course record of 25:00, held by Valencia, even though the Cal Lutheran Kingsmen failed to provide much competition.

1. Ron Genschmer	Fresno Pac.	24:45
2. Frank Valencia	Fresno Pac.	24:59
3. Jeff Blydenburgh	Fresno Pac.	25:19
4. Robert Sosa	Fresno Pac.	26:29
5. Rick Jensen	Fresno Pac.	26:48
6. Don Gregory	Fresno Pac.	26:51
7. Tom Garcia	Fresno Pac.	27:34
8. Jim Hamilton	Cal Lu.	28:30
9. Joaquin Pillado	Cal Lu.	32:00
10. Guy Qualls	Cal Lu.	36:00
11. West Harte	Cal Lu.	36:09
12. Frank Neal	Cal Lu.	36:24
13. Charlie Macleod	Cal Lu.	39:33
14. Beeke Sirsa	Cal Lu.	41:55

LEMOORE 6½ MILE CROSS COUNTRY RACE

October 3: Wayne VanDellen showed that he is rounding into top form again and easily pulled away from the pack at the two mile mark. Robert Sosa set a new meet record in the college division.

Open Division:

1.	Wayne Van Dellen	HSTC	34:45.4
2.	Bill Cockerham	HSTC	37:53
3.	Fernie Montanez	HSTC	39:03
4.	Richard Peterson	HSTC	39:46
5.	Len Thornton	Unatt.	40:28
6.	Jerry Hobbs	HSTC	42:41
7.	Mark Wolford	STT	43:16
8.	Robert Lehman	Reedley Col.	43:56
9.	Bob Reynaga	HSTC	44:40
10.	Mike Wolford	STT	45:21
11.	Arthur Fernandez	HSTC	45:23

Military Division:

1.	Richard Brantigan	NASL	39:30
2.	Richard Nihtila	NASL	39:46
3.	Walter Fall	NASL	45:07
4.	John Distad	NASL	45:12
5.	James Frink	NASA	49:59
6.	Roy Veal	NASA	51:20
7.	Frank Babcock	NASA	no time

College Division:

1.	Robert Sosa	Fresno Pac.	35:45
2.	Peter Acosta	Fresno Pac.	36:15
3.	Eliseo Martinez	COS	38:05
4.	Dwight Mikkelsen	COS	43:47
5.	George Davis	Reedley Col.	44:25

BULLDOGS PLACE SECOND AT DAVIS INVITATIONAL

October 9: UC Davis and Fresno State proved to be the better heat runners as they ran away from the rest of the field in the 90°, 45% humidity weather at the Davis Invitational. Keith Strodl and Kevin Doughtry placed high for Fresno.

1.	UC Davis	25
2.	Fresno State	38
3.	Cal State, Hayward	81
4.	Fresno State "B"	107
5.	Stanislaus St.	147
6.	San Francisco St.	163
7.	UC Davis "B"	204
8.	Fresno State "C"	209
9.	Sonoma State	238

1.	John Sheehan	UC Davis	25:16
2.	Dwayne Harms	UC Davis	25:22
3.	Frank Bautista	Hayward	25:27
4.	Keith Strodl	Fresno	25:32
5.	Kevin Doughtry	Fresno	25:35
6.	Wayne VanDeErve	UC Davis	25:38
7.	John Axelson	UC Davis	25:51
8.	Bob Darling	Unatt.	26:01
9.	Curt Elia	Fresno	26:02
10.	Ed Haver	Unatt.	26:08

FRESNO CITY ADDS SAC. INV. TO ITS BAG OF WINS

Sacramento, October 9: FCC Rams had a very satisfying win at the Sacramento Invitational. Promising Greg Hall ran up front the whole way only to be out kicked in the finishing stretch on the track. Also bringing home placing T-shirts in the 93° heat were Cliff Reese and Steve Hall.

1.	Fresno CC	53
2.	American River	111
3.	West Valley	123
4.	Modesto	137
5.	San Mateo	152
6.	Marin	182
7.	Santa Rosa	182
8.	DeAnza	184
9.	Delta	201
10.	Diablo Valley	213
11.	Stanford Frosh.	287
12.	Sacramento	312
13.	Contra Costa	489

1.	Guy Arthurholt	Modesto	19:51
2.	Greg Hall	Fresno	19:55
3.	Dave Garcia	Delta	20:07
4.	Mike Arago	Marin	20:12
5.	Cliff Rees	Fresno	20:17
6.	Rick Langford	Am. Riv.	20:20
7.	John Marshall	DeAnza	20:22
8.	Steve Hall	Fresno	20:28
9.	Jose Cartez	San Mateo	20:30
10.	Pat Phelon	Am. Riv.	20:39
11.	Martin Molena	Delta	20:41
12.	George Kellogg	Modesto	20:42
13.	Mike Schaelner	West Val.	20:42
14.	Romero Mendoza	Sta. Rosa	20:43
15.	Pat Dunning	Fresno	20:51
16.	Amador Alburet	Diab. Val.	20:53
17.	Ed Noyes	Stan. F.	20:54
18.	Ken Anthony	DeAnza	20:56
19.	Lee Hotchkin	Marin	20:58
20.	John Alnberg	West Val.	21:00
21.	George Davis	Fresno	21:00
23.	David Williams	Fresno	21:06
28.	Rito Fuentes	Fresno	21:13
51.	Jim Kirk	Fresno	21:51
75.	Tom Barnett	Fresno	22:47

150 finishers.

FRESNO CITY THUMPS DELTA AND SAC CITY

Mooneys Grove, October 15: Running a relaxed race and content to let first place go to Delta's Garcia, Fresno collected the next five spots to easily win the meet. The 4.0 mile course was found short.

1.	Dave Garcia	Delta	18:34
2.	Greg Hall	Fresno	18:42
3.	Steve Hall	Fresno	19:06
4.	Cliff Rees	Fresno	19:06
5.	Mike Brooks	Fresno	19:15
6.	Pat Dunning	Fresno	19:24
7.	Pat Duff	Sac	19:25
8.	Molina	Delta	19:25
9.	Rito Fuentes	Fresno	19:40
10.	Dave Williams	Fresno	19:42
11.	James Kirk	Fresno	19:57
12.	George Davis	Fresno	20:01
13.	Tom Barnett	Fresno	20:02
14.	Carlos	Delta	20:04
15.	C. Scott	Sac	20:05
16.	Osborn	Delta	20:13
17.	Miguel Mireles	Fresno	20:25
18.	V. Scott	Sac	20:28
19.	Hulzar	Sac	20:30
20.	Toomds	Sac	20:38
21.	Bowen	Delta	20:53
22.	Kelly	Sac	20:59
23.	Watson	Sac	21:01
24.	Mejia	Sac	21:06
25.	Toke	Delta	21:07
26.	Paul Robinson	Fresno	21:20
27.	Simar	Delta	21:32
28.	Thomas	Sac	22:05
29.	Spencer	Delta	22:57
30.	Aquirre	Sac	23:10

FINAL TEAM SCORES: Fresno 20 - Delta 41;
Fresno 15 - Sac City 48; Delta 24 -
Sac City 31.

KASTO LOPEZ IS ALIVE, WELL AND WINNING
AT REEDLEY COLLEGE

Reedley, October 15: Running his first college meet Kasto Lopez led Reedley to a sound defeat of Merced College. Reedley 15, Merced 48.

1.	Kasto Lopez	Reedley	22:05
2.	Roger Sims	Reedley	22:19
3.	Raul Juarez	Reedley	22:20
4.	Roger Cantu	Reedley	23:20
5.	Tony Garza	Reedley	23:47
6.	Ron Armenta	Reedley	24:27
7.	Phil Torrez	Merced	24:46
8.	Carlos Ibarra	Merced	25:12
9.	Dale Gates	Reedley	25:13
10.	Steve Hand	Merced	27:05

4 mile Kings River Course.

October 16, Lake Legg: Fresno State cross country standout, Kevin Dougherty, clipped 29 seconds off the five mile school record in leading his team to victory over Valley State and Cal State Los Angeles. Final Scores: Fresno State 28, Valley State 29. Fresno State 26, Cal State L.A. 33.

1.	Jeff Lough	CSLA	24:47
2.	Kevin Dougherty	FS	25:03
3.	Bill Seaver	VS	25:12
4.	Keith Strodl	FS	25:31
5.	John Dean	CSLA	25:34
6.	Art Martinez	VS	25:39
7.	Carl Smith	VS	25:46
8.	Gabe Sanchez	VS	25:54
9.	Scott Schietzer	CSLA	25:55
10.	Jeff Hill	FS	26:00
11.	Curt Elia	FS	26:02
12.	Mike Russler	FS	26:05
13.	Ken Adams	FS	26:10
14.	Roger Seymour	FS	26:17
15.	Richard Wells	FS	26:23
16.	Larry Lung	FS	26:30
17.	Mike Bernal	VS	26:42
18.	Ed Angulo	CSLA	26:47
19.	Bruce Pendleton	FS	26:52
20.	Gabe Grosz	VS	27:00
21.	Dick Ratliff	VS	27:27
22.	Bill Herbert	FS	27:48
23.	Dave Rohde	VS	27:57
24.	Orlandus Rigsby	VS	28:01
25.	Steve Carnahan	CSLA	28:10
26.	Mike McHenry	FS	28:22
27.	Dave Kehn	FS	28:40
28.	Al Vasquez	VS	29:28
29.	Mike Spencer	CSLA	30:02

FRESNO PACIFIC RUNNERS BEAT STANISLAUS
AND COURSE RECORD

Turlock, October 19: Not only did Fresno Pacific go one through four, but those first four runners were all under the Stanislaus course record, as the Vikings rolled up another win. 4.75 mile.

1.	Ron Genschmer	Fresno Pac.	23:08
2.	Frank Valencia	Fresno Pac.	23:16
3.	Jeff Blydenburgh	Fresno Pac.	23:29
4.	Tommy Garcia	Fresno Pac.	23:38
5.	Rodolfo Narvaez	Stan. St.	23:58
6.	Don Gregory	Fresno Pac.	24:20
7.	Bruce Thard	Stan. St.	24:20
8.	Bill Flint	Stan. St.	25:07
9.	Rick Jensen	Fresno Pac.	25:15
10.	Lloyd Mullollum	Stan. St.	26:53
11.	Fred Parker	Stan. St.	27:52
12.	Campbell	Stan. St.	28:06
13.	Johnson	Stan. St.	28:57
14.	Young	Stan. St.	29:19
15.	Frazee	Stan. St.	29:29

FRESNO CITY COLLEGE KEEPS ON ROLLIN'

Woodward Park, Fresno, October 22: Greg Hall and Cliff Rees worked their way through the pack and had a 20 yard jump on them at the 2 mile(10:14). Hall continued to push it and pulled away from Rees with a 4:47 last mile and a new course record by 20 seconds. Sequoias Carlos Bravo saved a perfect score by picking up third place.

1. Greg Hall	Fresno	20:12
2. Cliff Reese	Fresno	20:43
3. Carlos Bravo	COS	20:56
4. Steve Hall	Fresno	20:58
5. Mike Brooks	Fresno	21:08
6. Dave Williams	Fresno	21:19
7. Pat Dunning	Fresno	21:33
8. Rito Fuentes	Fresno	21:44
9. George Davis	Fresno	21:51
10. Eliseo Martinez	COS	22:06
11. Tom Barnett	Fresno	22:09
12. Dale Campbell	COS	22:10
13. Jim Kirk	Fresno	22:12
14. Bill Strange	Cosum	22:26
15. Terry Graves	Cosum	22:36
16. Miguel Mireles	Fresno	22:39
17. Paul Robinson	Fresno	23:05
18. Cliff Vasquez	COS	23:12
19. Ken Kitz	Cosum	23:16
20. Pat McLean	Cosum	23:46
21. Dave Blalock	Fresno	24:01
22. Barry Moring	COS	24:21
23. Phil Sinclair	Cosum	24:26
24. Dennis Smith	COS	24:36
25. Wayne Parsell	Cosum	25:11
26. Bill Wanainger	Cosum	25:29
27. Robert Aragon	COS	25:39
28. David Sharp	Cosum	26:15
29. Monte Lung	Fresno	26:45

FINAL TEAM SCORES: Fresno 18 - COS 45;
Fresno 15 - Cosumnes 50; COS 21 -
Cosumnes 34.

MODESTO HOLDS OFF DELTA

Stockton, October 22: Guy Artherholt and Dave Garcia battled for four miles with Artherholt coming out with a 1 second victory. Modesto won 23 to 34.

1. Artherholt	M	20:48
2. Garcia	D	20:49
3. Molina	D	21:23
4. Kellog	M	21:29
5. Mittelstadt	M	21:48
6. Lopez	M	21:53
7. Baub	M	21:59
8. Caborm	D	22:03
9. Perez	D	22:07
10. R. Miller	M	22:12

FRESNO STATE SHINES AT PLEASANT HILL INV.

October 23: Sophomore Kevin Dougherty and a 45 second five man spread landed Fresno State College second place in the Pleasant Hill Invitational, only four points behind the Santa Barbara powerhouse, Westmont College.

1. Westmont College	86
2. Fresno State College "A"	90
3. Whitworth College "A"	111
4. Chico State College	112
5. Eastern Washington	133
6. Cal State Hayward	137
7. United States Int. U.	180
8. University of Pacific	206
9. Stanislaus State	296
10. Fresno State College "B"	300
11. Whitworth College "B"	314

1. Tom Hale	Whitworth	24:25.8
2. Mathias Michael	UOP	24:59
3. Joe Ross	E. Wash.	25:00
4. Bob Mapleston	E. Wash.	25:12
5. Kevin Dougherty	FSC	25:14
6. Jim Isitt	Whitworth	25:16
7. Sam Young	USIU	25:20
8. Ken Allison	Chico	25:22
9. John Caldwell	UOP	25:24
10. Willie Eashman	CS Hay.	25:26
11. Louis Villareal	Westmont	25:26
12. Humberto Hernandez	CS Hay.	25:28
13. J. Anderson	Whitworth	25:33
14. Jim Metcalf	CS Hay.	25:35
15. Keith Strodl	FSC	25:36
23. Craig Elia	FSC	25:55
26. Mike Russler	FSC	26:02
27. Curt Elia	FSC	26:03
33. Dick Wells	FSC	26:13
37. Ken Adams	FSC	26:15
41. Larry Lung	FSC	26:30
60. Bill Herbert	FSC	
63. Greg Lyon	FSC	
64. Breck Jacobs	FSC	
72. Jeff Hill	FSC	
77. Mark Hemphill	FSC	

AMERICAN RIVER 18, SAC CITY 45

Oct. 22			
1. Phelan	AR		21:09
2. Langford	AR		21:11
3. Duff	S		21:24
4. Irwin	AR		21:36
5. Griffin	AR		21:45
6. Green	AR		22:04
7. Wahab	AR		22:10
8. Weed	AR		22:12
9. Scott	S		22:31
10. McFall	AR		22:36
At American River. Oct. 22.			

FRESNO PACIFIC IMPRESSIVE AT CHAPMAN INV.

Orange, October 29: Fresno Pacific College's Ron Genschmer continued his record breaking string for the fourth meet in a row. This time the tall freshman knocked two seconds off of the Chapman Invitational meet record as he led the Vikings to victory.

1.	Fresno Pacific	30
2.	U.C. Irvine	60
3.	Azusa Pacific	71
4.	Pasadena	97
5.	Biola College	153
6.	Chapman	154

1.	Ron Genschmer	Fresno Pac.	25:23
2.	John McNeiece	Pasadena	25:30
3.	Greg Beal	UCI	25:40
4.	Frank Valencia	Fresno Pac.	25:57
5.	Jeff Blydenburgh	Fresno Pac.	26:05
6.	Roy Buchanan	Azusa	26:09
7.	Vic Castro	Azusa	26:18
8.	Tommy Garcia	Fresno Pac.	26:26
9.	Blaine Clarke	U. Nevada	26:31
10.	Nick Rose	UCI	26:33
11.	Jim McNeiece	Pasadena	26:37
12.	Robert Sosa	Fresno Pac.	26:50
13.	Wayne Leeds	UCI	26:55
14.	Rick Jensen	Fresno Pac.	26:58
15.	Dave Ezell	Azusa	27:13
16.	Ed Hinojosa	UCI	27:21
17.	Don Gregory	Fresno Pac.	27:27
18.	Chris Vaughn	UCI	27:34
19.	Frank Sanchez	Azusa	27:35
20.	Sam Oliver	UCI	27:40

41 finishers.

BRONZAN LEADS ASSULT ON WOODLAKE RECORDS

October 30: High Sierra Track Club's Dave Bronzan took three minutes off of Wayne VanDellen's two year old meet record in easily winning the Third Annual Woodlake 25 Kilo Race. Also breaking meet records were: Kevin Knox-Elementary mile, Randy White-Junior High mile, Gary Self 30-40 Division, Scott Hamilton 40-50 Division, and Harry Harder 50 and over Division.

Elementary Mile:

1.	Kevin Knox	Wasco Wild.	5:05.6
2.	Robert Nunez	Wasco Wild.	5:22
3.	Robin Messick	Wasco Wild.	5:43
4.	Mike Mosby	Wasco Wild.	5:52
5.	Todd Knox	Wasco Wild.	5:59
6.	Jackie Kent	Wasco Wild.	6:15
7.	Dan Byrum	Wasco Wild.	6:55

Junior High Mile:

1.	Randy White	Wasco Wild.	5:14
2.	Jim Dillingham	Wasco Wild.	5:20
3.	David Amick	Wasco Wild.	6:08

Open 25 Kilometer:

1.	Dave Bronzan	Three Rivers	1:25:05
2.	Scott Hamilton	Hawaii	1:38:56
		(40-50 Division record)	
3.	Gary Self	Selma	1:45:08
		(30-40 Division record)	
4.	Bob Reynaga	Porterville	1:53:56
5.	Harry Harder	Reedley	1:56:14
		(50 and Over Division record)	
6.	Don Zarin	Fresno	71:51 at 10
7.	Lee Scott	Fresno	37:08 at 5

REEDLEY ROAD RACE

OPEN DIVISION

4.2 miles

Oct. 23

1.	Fresno Pacific	6
2.	High Sierra TC	43
3.	Lemoore N.A.S.	52

BAKERSFIELD SECOND IN AZTEC INVITATIONAL

San Diego, October 22: Paced by Richard Lazano, the Bakersfield Renegades took second place in their division at the Aztec Inv. held at Balboa Park. The 'Gades chalked up 58 points to winner Glendale, Ariz. 55. The individual winner of the run was Ed Martinez of College of the Canyons in 22:23 for the hilly 4.3 mile course.

Bakersfield finishers were: Lozano 2-22:35, Danny Villalovos 7-23:09, Lupe Solis 13-23:38, Phil Foster 15-23:44, Darrell Cox 21-24:00, Mike Lennemann 27-24:14, and Raul Sanchez 32-24:23.

Troy Postma dropped out with a tight leg after two miles while running 10th. And Dave Salcido was going along in 15th with only three fourths a mile to go when he pulled up with stomach cramps. Had he been able to finish, it would have put BC into first place.

1.	Ron Genschmer	Fresno Pacific	20:00.5
2.	Frank Valencia	Fresno Pac.	20:19
3.	Jeff Blydenburgh	Fresno Pac.	20:26
4.	Carlos Bravo	C.O.S.	20:39
5.	Bill Cockerham	Fresno Pac.	20:53
6.	Tom Garcia	Fresno Pac.	21:01
7.	Beebe Rutledge	Fresno Pac.	21:16
8.	Don Gregory	Fresno Pac.	21:31
9.	Mike Denny	Castle	21:34
10.	Rick Jensen	Fresno Pac.	21:39
11.	Bruce Pendleton	Fresno St.	22:00
12.	Fernie Montinez	HSTC	22:14
13.	Benny Sanchez	HSTC	22:15
14.	Larry Bridges	Cal Poly	22:17
15.	R.T. Brantigan	Lemoore	22:46
16.	Rich Nihtila	Lemoore	23:16
17.	Sam Sapient	Fresno	23:17
18.	Gary Self	HSTC	23:27
19.	Curtis Nance	Castle	24:27
20.	Bryce Hammerstein	Rialto RR	24:34
21.	Walley Fall	Lemoore	25:49

SENIOR DIVISION

4.2 miles

1.	Willis Kleinsasser	L.A.	23:00.1
2.	Len Thornton	Fresno	23:06
3.	Sid Toabe	Fresno	23:50
4.	Russ Console	Castle	25:40
5.	Bob Reynaga	Porterville	25:54
6.	Lee Scott	Fresno	26:59
7.	Harry Harder	Reedley	27:04
8.	Don Zarin	Fresno	27:41
9.	Lee Thomas	Fresno	28:54

GIRLS AND WOMEN

CLARK GALS TOPS

How many cross country teams in the Valley are still undefeated (duals and invitationals)? The girls from Clark Intermediate School in Clovis can boast of such a record. Coach Jim Kaprielian has 20 pretty, young harriers out running the 1.1 mile for the Blue and Gold this year. They're not only out running but also winning.

Coach Kaprielian agrees that it isn't easy to get girls to come out for cross country and that he's had to occasionally "twist a few arms." Once they're out, however, they find it to be a lot of fun and a very rewarding experience.

The Clovis kids have consistently out-distanced their opponents in dual competition. The only "close one" came from General Grant Junior High in Reedley; they eeked it out with a 27:29 win. The most significant victory so far this season was bringing home the blue ribbons at the Fresno State Invitational.

The coach had special praise for his number one runner, Pat Anderson. Pat ran a 2:23 for the 880 last year which ranked her about tenth in the nation for her age group (7th grade). She would like to run in the girl's state cross country meet. The next four runners, Kim Libby, Becky Welch, Ranie Hill, and Lupe Munoz, usually follow in a tight pack close behind Pat to round out a tough first five. Showing considerable improvement and right on the heels of "the pack" is hard working Grace Robinson.

The workouts show that they are dedicated and that hard work does pay off. They run five days a week and cover about twenty miles. Long runs are generally alternated with interval work. Coach Kaprielian noted that he starts the 7th graders off relatively easy until they get used to the running, but that he "puts it to the 8th graders." A typical week's workouts are: Monday-2½ mile loop run; Tuesday-880, 440, 220 all twice with wind sprints; Wednesday-3 mile hilly run at Millerton Lake; Thursday-light intervals on the grass; Friday-1 to 2 mile jog; Saturday-race. The emphasis isn't on killing work, but rather on enjoying good quality running and having fun. Guess they know it's more fun to win than to lose.

RAMS, *GADES PLACE HIGH AT MT. SAC INV.

Walnut, October 29: At the 15th Mt. San Antonio Invitational Fresno City College placed third in the Large School Division, as did Bakersfield College in the Medium School Division. Fresno, running without the services of #2 man Cliff Reese, were paced by the second place finish of Greg Hall. The placing Bakersfield team was headed up by the seventh and eighth place finish of Richard Lozano, and Danny Villalovos.

In the combined "sweepstakes" scoring (based on time) Fresno was third and Bakersfield sixth, out of 43 teams.

Large School Results: 1-El Camino 38, 2-Mt. SAC 47, 3-Fresno City 60, 4-Long Beach CC 87, 5-LA Valley 147, 6-Pierce 157, 7-American River 158, 8-Fullerton 225, 9-Orange Coast 250.

1.	Bruce Johnson	El Camino	19:51.8
2.	Greg Hall	Fresno	19:55
3.	Lou Patterson	El Camino	20:13
4.	Ron Sasser	Long Beach	20:25
5.	Chick Perkins	El Camino	20:28
6.	Bob Bell	Mt. SAC	20:32
7.	Bud Coutine	Mt. SAC	20:32
8.	Bob Vinson	El Camino	20:36
9.	Jon Schmickrath	Long Beach	20:39
10.	Dave Caldera	Mt. SAC	20:39
12.	Steve Hall	Fresno	20:48
14.	Mike Brooks	Fresno	20:51
15.	Dave Williams	Fresno	20:54
17.	Pat Dunning	Fresno	21:05
20.	Rito Fuentes	Fresno	21:10

Medium School Results: 1-Grossmont 22, 2-Golden West 61, 3-Bakersfield 63, 4-Cerritos 136, 5-East LA 176, 6-Santa Monica 178.

1.	Ed Mendoza	Grossmont	19:43.5
(New Course Record, old 19:48 by Rick Hitchcock of Bakersfield 1969)			
7.	Rich Lozano	Bakersfield	20:31
8.	Dan Villalovos	Bakersfield	20:43
11.	Lupe Solis	Bakersfield	21:01
17.	Darrel Cox	Bakersfield	21:15
20.	Phil Foster	Bakersfield	21:19

Women's Wanderings

Who in the Valley had the greatest achievements in track last year? From a level-of-competition point of view Lynn Graham went farther than any other Valley trackster. She competed in and won most of the major meets that U.S. athletes participated in. She currently leads the nation in her event. The following article by Eddie Lopez was reprinted with permission from the Fresno Bee.

Lynn Graham, the No. 1 woman shot putter in the United States, is an angry young woman.

In the first place, the 23 year old teacher's aid at Yosemite Junior High School prefers to be identified as a women's field event competitor for the Fresno Elans.

Miss Graham, whose twin sister, Linda, is a housewife in Pasadena, has lived in Fresno for a year. Before that she was in Palo Alto but did not like the coaching. She is a graduate of Muir High School in Pasadena and logged a year and a half at Pasadena City College. She plans to enroll at Fresno CC next semester and will go for a teaching credential.

Lynn is a big woman (when you are that size it is impolite to get specific). She is very articulate and frank, although admittedly shy. And she has a great smile, which conceals her inner turmoil.

Honest? You bet. Comment: "You sound like a very angry young woman and, well that's the way it'll be written." Reply: "I am. And that's fine. I hope you do." The Chamber of Commerce will do a double-take but she does not particularly like Fresno - "When it's hot I'm not here anyway; I'm away at meets."

She is, of course, a sports fan, right? Wrong - "I don't like to watch sports, particularly."

And the traveling - England, Russia, Poland, West Germany, Canada, Japan and Colombia - has to be great? Wrong again - "The countries are nice but the accommodations aren't always the best. And you have to practice twice a day, sometimes they have curfews, and you don't have much freedom. The chaperones are old and up-tight."

She does not think male athletes should be permitted the use of hormones, she objects to men athletes getting expense-paid trips home between various meets throughout the country, she objects to a lack of funds for women coaches, she thinks the US Team's women coaches are incompetent and she thinks our teams should be government subsidized.

Her attitude, although some what surprising,

is not without foundation. She has won the National AAU women's shot put three years consecutively; was first in the US-Russia meet last year (49-10 the women's shot weighs 8 pounds, 13 ounces) and third this year (52-2); was in the 1967 Pan-American Games in Canada and won the Pan-American this year (51-8½, bettering Canadian Nancy McCredie's 1967 mark of 50-3) in Cali, Colombia.

That represents a lot of training, traveling and discomfort. She started in the Junior Olympic Program in the 16-17 division, shoving around an 8 pound shot. This is the first year she has broken the 50-foot barrier with the women's weight. Her career best is 53-1. As a basis for comparison, the US women's record is 54-9 set by Compton housewife Earlene Brown in 1960 in Frankfurt, Germany, and the world record is 67¼, set by Russia's Nadyezhda Chizhova in Athens, Greece in 1969.

Miss Graham blames poor coaching for the fact she has not been able to erase Mrs. Brown's mark. "I'm strong enough," she said, "but I don't have the correct form. If you don't have the right form, strength isn't going to do you any good.

"No, I don't think I've ever been nervous. It's not like runners coming out of the blocks, where start and lean are important. You get six throws and that's it. The first ones are usually poor, the middle ones pretty good, and the last ones best. You don't have the mental pressure runners do.

"Besides, very few people are interested in women's field events. They don't know what a good mark is. You don't do it for other people, you do it for yourself. Most people don't watch women's track. Men get all the attention, even in places where they should be more interested in women's track but they're not."

She is not so concerned with her opinion of people in other countries as she is with their opinion of US athletes.

"The most memorable thing about the trips was the different types of cultures you'd encounter," she said. "You don't take things for granted at home any more. You appreciate everything more.

"Everyone is quite aware that you're an athlete and they treat you quite nicely. But I can see why a lot of foreigners don't like having Americans in their countries. We have a lot of people who are quite rude. "No, I don't believe I've ever been made aware that I'm black while traveling.

"The food is a lot like college cafeterias. You pick what you want. They advise you against eating away from the hotels. If you do, and you get sick, you're really defeating your own purpose for being there."

Lynn is a science-fiction buff but her outlook is very realistic. Her Pan-Am gold medal is not the biggest thing in her life. "The medal? I have a whole trunkful of them. So I won. Big deal. I haven't done that badly in any meet this year. There was nobody to coach me. I didn't improve. Our coach knew absolutely nothing about the shot, discus and javelin.

"I don't have any goal. I've come to the conclusion that maybe it's impossible to be No. 1."

9.	Pam Pickens	Kings Canyon	7:07'
10.	Cindy Muniz	Hamilton	7:17
11.	Dianna Orante	Kings Canyon	7:27
12.	Grace Robinson	Clark	7:38
13.	Mary Valsnzuela	Kings Canyon	7:47
14.	Mido Yanez	Clark	8:14
15.	R. Hernandez	Kings Canyon	8:27
16.	Jean Bailey	Kings Canyon	8:34
17.	Joyce Goodbar	Ahwahnee	9:05

THE FRESNO STATE INVITATIONAL
SEVENTH GRADE GIRLS

1.	Clark Intermediate	23	
2.	General Grant JHS	33	
1.	Gwen Dillingham	Wasco	6:14.4
2.	Patty Dillingham	Wasco	6:17
3.	Elaine Kent	Wasco	6:19
4.	Cathy Oaxaca	Hamilton	6:45
5.	Carol Contreras	Clark	6:50
6.	Virginia Gomes	Engvall	6:52
7.	Pat Munoz	Clark	6:53
8.	Debbie Perez	Clark	6:59
9.	Leann Williams	Clark	7:00
10.	Viola Martinez	Grant	7:01
11.	C. Aurenheimer	Grant	7:11
12.	Paula Ruth	Grant	7:12
13.	Dina Tobin	Grant	7:14
14.	Tracey Glasson	Kings Canyon	7:20
15.	Kelli Harris	Engvall	7:23
16.	Annette Brady	Clark	7:25
17.	Lelani Gouveia	Clark	7:26
18.	Wendy Hoff	Ahwahnee	7:28
19.	Janie Costales	Clark	7:30
20.	Barbara Hatanaha	Grant	7:35
21.	Pat Renaut	Hamilton	7:37
22.	Susan Kitahara	Grant	7:38
23.	Pat Balver	Clark	7:41
24.	Carolyn Gleason	Engvall	7:44
25.	Lois Ensz	Grant	7:53
25.	Sharon Halper	Ahwahnee	8:26

EIGHTH GRADE GIRLS

1.	Clark Intermediate	15	
2.	Kings Canyon	45	
1.	Betty Burns	Wasco	5:40.6
2.	Patty Anderson	Clark	5:56
3.	Karen Libby	Clark	6:28
4.	Kristy Peters	Ahwahnee	6:30
5.	Randie Hill	Clark	6:44
6.	Becky Wells	Clark	6:45
7.	Lupe Munoz	Clark	6:55
8.	Donna Dennon	Ahwahnee	7:05

REEDLEY ROAD RACE
Oct. 23

Team Code:

ATC	Arizona Track Club
CC	Clark Chieftans (Clovis)
CTC	Creighton Track Club (Ariaona)
FE	Fresno Elans
FTC	Falcon Track Club (Washington)
GJH	Grant Junior High (Reedley)
LBC	Long Beach Comets
LTC	Lomita Track Club
PSF	Palm Springs Fillies
PTC	Phoenix Track club
RR	Rialto Roadrunners
SCC	Southern California Cheetahs
WTC	Wolverine Track Club (Michigan)
WW	Wasco Wildcats
CG	Colorado Gold
LATC	Los Angeles Track Club

NINE AND UNDER

1.00 mile

1.	Long Beach Comets	41	
2.	Rialto Roadrunners	45	
3.	Southern Calif. Cheetahs	76	
1.	Julie Franks	SCC	5:38.4
2.	Donna Sanchez	RR	5:50
3.	Lisa Leivo	LBC	5:58
4.	Tami Darr	LBC	5:58
5.	Barbie Givehm	RR	6:02
6.	Pam Robinson	LTC	6:04
7.	Joni Caldwell	LBC	6:07
8.	Kristy Wilson	LBC	6:09
9.	Terri Lorenz	RR	6:15
10.	Christy Windle	LBC	6:16
11.	Megan Bornyasz	LTC	6:18
12.	Judy Aria	SCC	6:22
13.	Kim Dawson	FE	6:24
14.	Nomi Bradbury	RR	6:27
15.	Kelly Joban	LTC	6:29
16.	Tracy Hanlon	LTC	6:32
17.	Jill Webb	SLO	3:35
18.	Tina Scott	SCC	6:37
19.	Angelique	RR	6:40
20.	Cimi Ruderman	RR	6:41

21.	Andrea Kosick	LBC	6:44
22.	Diana Hofen	SCC	6:46
23.	Lisa LaMorte	SCC	6:47
24.	Vickie Koustir	SCC	6:49
25.	Lori Bigham	RR	6:51
26.	Jori Johnson	LBC	6:55
27.	Cynthia Nunez	RR	7:01
28.	Rena Wright	LTC	7:01
29.	Wendy Bigham	RR	7:06
30.	Julie Pererson	SCC	7:06
31.	Patty Holder	CTC	7:26
32.	Yolanda Trujillo	RR	7:28
33.	Jeanette Albert	RR	7:35

TEN AND ELEVEN
1.00 mile

1.	Long Beach Comets	20
2.	Southern Calif. Cheetahs A	53
3.	Rialto Roadrunners	84
4.	Southern Calif. Cheetahs B	94

1.	Linda McQuarrie	LBC	5:23.3
2.	Teresa Tomasic	LBC	5:24
3.	Laurae Jewell	LBC	5:31
4.	Janette Windle	LBC	5:33
5.	Patty Dillingham	Wasco	5:37
6.	Susie Sanchez	RR	5:38
7.	Jill Beoyni	SCC"A	5:40
8.	Tammy Sheetz	RR	5:41
9.	Sandy Walleen	SCC"A	5:42
10.	Cindy Teague	SCC"B	5:42
11.	Laura Katzer	LBC	5:43
12.	Mariena Pond	LBC	5:49
13.	Elaine Kent	WW	5:50
14.	Charm Bishop	SCC"A	5:51
15.	Tami Garcia	SCC"A	5:51
16.	Marsha Erickson	SCC"A	5:52
17.	Glory Aponte	SCC"A	5:53
18.	LaDonna Phillips	SCC"A	5:54
19.	Hedy Hafeu	SCC"A	5:55
20.	Christy Vanzant	SCC"B	5:59
21.	Jill Lineberger	RR	6:00
22.	Pam Watanabe	SCC"B	6:01
23.	Chris Tomasic	LBC	6:02
24.	Kathy Wall	LBC	6:03
25.	Tina Stanton	LBC	6:04
26.	Emily Diaz	SCC"B	6:07
27.	Marci Riccardi	SCC"B	6:08
28.	Pam Fowler	LTC	6:09
29.	Sue Teague	SCC"B	6:10
30.	Nyla Jarrell	FE	6:11
31.	Kathy Rayborn	LBC	6:12
32.	Diana Strickland	PTC	6:19
33.	Kelly Burns	FE	6:21
34.	Vicky Flores	FE	6:22
35.	Pam Peterson	SCC"B	6:23
36.	Anne Molgaard	SCC"B	6:25
37.	Leslie Young	LTC	6:25
38.	Claudia McClintic	RR	6:27
39.	Josephine Reilly	RR	6:28
40.	Kim McMillian	RR	6:29

41.	Laurie Koustik	SCC"B	6:30
42.	Becky Villalvazo	RR	6:33
43.	Penny Bridges	RR	6:39
44.	Lori Johnson	RR	6:53
45.	Mary Ellen Brady	RR	6:59

TWELVE AND THIRTEEN

1.	Long Beach Comets	21
2.	Rialto Roadrunners	54
3.	So. Calif. Cheetahs	86
4.	Clark Chieftans	129
5.	Creighton Track Club	140
6.	General Grant JHS	194

1.	Mary Decker	LBC	5:03.5
2.	Liz McDonald	LBC	5:17
3.	Doreen Assusuma	RR	5:20
4.	Becky Wolfenburger	SCC	5:22
5.	Judy Johnson	LBC	5:24
6.	Julie Schlicht	LBC	5:27
7.	Dianne Holder	LBC	5:27
8.	Betty Burns	WW	5:28
9.	Julie Emley	SCC	5:31
10.	Laurie Littenberg	LBC	5:32
11.	Gwen Dillingham	WW	5:35
12.	Monique Grequiore	RR	5:36
13.	Patty Anderson	CC	5:36
14.	Marie Albert	RR	5:38
15.	Patty Gnehm	RR	5:40
16.	Karen Morgan	SCC	5:42
17.	Anne Dandoy	LTC	5:44
18.	Donna Mueller	RR	5:47
19.	JayDee Folkens	LBC	5:48
20.	Perri Barrett	LTC	5:53
21.	Maria Flores	RR	5:56
22.	Sylvia Sanchez	RR	5:57
23.	Mary Lee Erikson	SCC	6:00
24.	Karen Libby	CC	6:00
25.	Joyce Moore	RR	6:05
26.	Jacque Strickland	PTC	6:06
27.	Sherry Reidhead	CTC	6:06
28.	Lynn Lawrence	CTC	6:07
29.	Tami Furgeson	SCC	6:08
30.	Tracy Greene	LATC	6:09
31.	Lyndia Nava	RR	6:12
32.	Lisa Durazo	PSF	6:13
33.	Laura Janonsek	SCC	6:15
34.	Jeannie Custer	CTC	6:17
35.	Randy Hill	CC	6:19
36.	Yasha Boyle	CTC	6:19
37.	Beth Miller	LTC	6:21
38.	Shelly South	PTC	6:22
39.	Debbie Perez	CC	6:27
40.	Janine Bigham	RR	6:30

41.	Sandra Fletcher	CIC	6:31
42.	Jeanne Nuckles	Grant	6:33
43.	Lupe Munoz	CC	6:34
44.	Pat Munoz	CC	6:35
45.	Patricia Patterson	RR	6:37
46.	Viola Martinez	Grant	6:44
47.	Chris Aureheimer	Grant	6:46
48.	Cindi Friesen	Grant	6:48
49.	Janie Costales	CC	6:49
50.	Lori Zapata	Grant	6:57
51.	Debra Farthing	RR	6:57
52.	Cheri Johason	RR	6:59
53.	Barbara Hatanaka	Grant	7:14
54.	Val Tanquay	RR	7:29
55.	Natalie Martin	RR	7:29
56.	Pat Balver	CC	7:53
57.	Jeanne Tajiri	Grant	8:32

31.	Shelly Lewis	Unatt.	12:41
32.	Alberta Martin	LATC	12:45
33.	Wendy Haesy	FE	12:47
34.	Lauren Traister	SCC	12:52
35.	Pam Paclik	PSF	12:58
36.	Alice Tolbert	LBC"B"	12:58
37.	Liz Lyon	PTC	12:58
38.	Dianna Windle	LBC"B"	13:06
39.	Kerry Welch	LTC	13:06
40.	Jill South	PTC	13:19
41.	Rita Krattenmaker	PSF	13:39
42.	Leslie Lloyd	LTC	13:41
43.	Jane Janousek	SCC	13:47

FOURTEEN AND OVER
2.0 miles

1. Long Beach Comets "A" 39
2. Los Angeles Track Club 52
3. Arizona Track Club 62
4. Long Beach Comets "B" 67
5. Phoenix Track Club 104

1.	Judy Graham	LATC	10:43.6
2.	Trina Hosmer	FTC	10:55
3.	Denise Green	WTC	11:03
4.	Jane Hell	ATC	11:05
5.	Cheryl Bridges	LATC	11:08
6.	Jackie Hanson	LATC	11:09
7.	Linda Green	LBC"A"	11:09
8.	Nancy Thrman	PTC	11:13
9.	Vicky Mills	LBC"A"	11:14
10.	Ruth Kleinsasser	RR	11:23
11.	Patty Cape	LBC"A"	11:29
12.	Kathy Jewell	LBC"A"	11:31
13.	Dandy Dean	LBC"A"	11:33
14.	Ostberg	LBS"A"	11:38
15.	Debbie Derr	ATC	11:43
16.	Therese St. Agustin	LBC"B"	11:45
17.	Cathie Buhlert	LTC	11:45
18.	Andee Garcia	LBC"B"	11:52
19.	Tanya Gould	LBC"B"	11:59
20.	Margie Norem	ATC	12:01
21.	Linda Wright	ATC	12:04
22.	Mary Mueller	RR	12:04
23.	Vicki Rayborn	LBC"B"	12:08
24.	Sue Grey	ATC	12:15
25.	Wanda Thornton	LATC	12:19
26.	Nancy Thompson	PTC	12:29
27.	Debbie Paclik	PSF	12:30
28.	Rita Carter	FE	12:32
29.	Bev McQuarrie	LBC"B"	12:36
30.	Anne Gallaher	PTC	12:39

GIRL'S AND WOMEN'S SCHEDULE

- November 6
Kings Canyon and Clark at Hmlton JHS
- November 7
Phelan Blind Handicap, 5 miles, 10 a.m.
- November 12
Sierra, Ahwahnee and Clark at Woodward Park, 11 a.m.
- November 20
Junior National X-C Championships, Eugene, Oregon.
- November 21
Pico Rivera Turkey Trot, 9 miles, girls and women, 9:30 a.m. El Rancho HS.
- November 27
Girl's & Women's National X-C Championship (& age group), Cleveland, Ohio.
- November 28
Rosebowl Handicap, 3.75 mile women's race, 10:30 a.m.
- December 4
Valley Championship, Avocado Lake. Contact: Cameron Ostrand at Reedley HS.
- December 11
Mooney Grove X-C relays. Contact: Jerry Hobbs, 15616 Avenue 328, Ivanhoe, Ca.
- December 12
Apple Valley Blind Handicap, 3.2 mile women's race, 11 am, Apple Valley Inn.

RESULTS

HIGH SCHOOL & AGE GROUP

FRESNO STATE INVITATIONAL-Oct. 9

SEVENTH GRADE BOYS

1.	Clark Intermediate	38
2.	Ahwahnee	39
3.	Grant	106
4.	Kings Canyon	128
5.	Engvall	150

51.	Kelvin Johnson	Hamilton	7:21
52.	Randy Stewart	Ahwahnee	7:27
53.	Juan Sanchez	Selma	7:44
54.	Kenny Drew	Ahwahnee	7:51
55.	Gordon Parrish	Kings Canyon	7:59

1.	Steve Fisher	Ahwahnee	5:31.8
2.	Pat McClean	Clark	5:35
3.	Joe Medina	Kings Canyon	5:36
4.	Tom Grimes	Ahwahnee	5:43
5.	John Hutchensen	Sierra	5:43
6.	Saddler, Mike	Sierra	5:45
7.	Sal Gonzales	Grant	5:46
8.	John Halquin	Clark	5:46
9.	Oscar Munoz	Clark	5:47
10.	Richardo Arce	Grant	5:48
11.	Junior Gonzales	Clark	5:48
12.	Craig Zaharris	Ahwahnee	5:48
13.	Curt Terry	Ahwahnee	5:49
14.	Ray Esquivel	Grant	5:59
15.	Manuel Alcorta	Central	6:00
16.	Frank Wilson	Ahwahnee	6:01
17.	Kevin Martin	Clark	6:10
18.	Ron Flores	Clark	6:15
19.	Paul Hentz	Hamilton	6:16
20.	Tim Massu	Kings Canyon	6:20
21.	Robert Thibault	Hamilton	6:21
22.	Rick Valdez	Hamilton	6:24
23.	Mark Diebert	Ahwahnee	6:28
24.	Vance Amerson	Hamilton	6:25
25.	Erik Helgestad	Ahwahnee	6:28
26.	Gilbert Ramirez	Clark	6:29
27.	Peter Rissler	Engvall	6:29
28.	Guy Davis	Engvall	6:30
29.	Don Allison	Sierra	6:31
30.	Jim Rich	Engvall	6:32
31.	J. Stoggpall	Sierra	6:32
32.	David Daniels	Engvall	6:33
33.	Abert Mantinez	Engvall	6:37
34.	Doug Lowe	Kings Canyon	6:41
35.	Bruce Baskin	Ahwahnee	6:42
36.	S. Pellegrimi	Kings Canyon	6:42
37.	Jerry Guymon	Ahwahnee	6:44
38.	Steve Torres	Hamilton	6:50
39.	Tony Kall	Engvall	6:51
40.	Rick Clarke	Ahwahnee	6:55
41.	Greg Hull	Grant	6:56
42.	David Welk	Ahwahnee	6:57
43.	Mark Janzen	Clark	6:57
44.	Bob Rodman	Ahwahnee	6:57
45.	Ken Zeno	Clark	7:01
46.	Frank Cardengo	Grant	7:02
47.	Dino Orlando	Hamilton	7:03
48.	Eric Delora	Clark	7:05
49.	David Rivas	Grant	7:05
50.	Rick Maldonald	Selma	7:16

EIGHTH GRADE BOYS

1.	Hamilton	41
2.	Ahwahnee	43
3.	Clark Intermediate	52
4.	Grant	120

1.	Vince Garza	HK	5:05.4
2.	Mark Southwick	Ahwahnee	5:12
3.	Adolph Lecluga	Clark	5:18
4.	Mark Ferry	Hamilton	5:22
5.	John Swift	Ahwahnee	5:24
6.	Brian White	Hamilton	5:27
7.	Mike Alfaro	Clark	5:28
8.	Ron Esquivel	Kings Canyon	5:29
9.	Arthur Perez	Grant	5:29
10.	Nick Smaldino	Ahwahnee	5:32
11.	Mario Santoyo	Grant	5:32
12.	Joe Wadley	Sierra	5:35
13.	Sabastian Herrera	Clark	5:36
14.	Darrell Ketner	Hamilton	5:37
15.	Neil Roberts	Hamilton	5:37
16.	Brian Bowen	Hamilton	5:39
17.	Eddie Medino	Grant	5:41
18.	Tony Pinegar	Kings Canyon	5:43
19.	Mike Thornton	Ahwahnee	5:46
20.	Jerr Axtmar	Kings Canyon	5:50
21.	Bob Fries	Ahwahnee	5:52
22.	Paul Munoz	Clark	5:55
23.	Dennis Morley	Clark	5:55
24.	Tim Cornell	Sierra	5:57
25.	Jay Sturgill	Sierra	6:00
26.	Leroy Ernst	Hamilton	6:01
27.	Carl Miller	Clark	6:01
28.	Jim Veal	Clark	6:11
29.	Tony Underwood	Clark	6:11
30.	Dick Denton	Ahwahnee	6:12
31.	Stuart Haskins	Clark	6:18
32.	Carl Clouse	Kings Canyon	6:22
33.	Mark Pretzer	Kings Canyon	6:23
34.	Joe Melendrey	Hamilton	6:24
35.	Manual Mata	Kings Canyon	6:27
36.	Tom Curtis	Kings Canyon	6:28
37.	R. Pereschica	Selma	6:32
38.	Mark Hiatt	Ahwahnee	6:40
39.	Fred Lusk	Sierra	6:47
40.	Andy Contreras	Kings Canyon	7:06
41.	Gerald Berg	Kings Canyon	7:48

NINTH GRADE BOYS

1.	Kings Canyon	40	
2.	Hamilton	55	
3.	Sierra	55	
4.	Ahwahnee	63	
1.	George White	Kings Canyon	7:57.8
2.	Randy Moon	Sierra	8:00
3.	Alfred Lara	Ahwahnee	8:06
4.	Dennis Serrano	Hamilton	8:11
5.	Jack Axtman	Kings Canyon	8:14
6.	John Emersian	Ahwahnee	8:19
7.	Rick Fuentes	Kings Canyon	8:21
8.	Craig Harrington	Sierra	8:36
9.	Don Zubieta	Hamilton	8:37
10.	Jon Recchio	Sierra	8:44
11.	Randy Hernandez	Kings Canyon	8:44
12.	Ron Park	Hamilton	8:53
13.	Dan Gugsby	Hamilton	8:55
14.	Ron Sterelli	Ahwahnee	8:58
15.	Loland Watkins	Sierra	8:59
16.	Mike Skow	Kings Canyon	8:59
17.	Alex Kimura	Hamilton	9:17
18.	Dan Richeson	Kings Canyon	9:42
19.	Don Sleeter	Ahwahnee	9:48
20.	Mark Hanson	Sierra	9:51
21.	Greg Williams	Ahwahnee	9:59

16.	Robert Brenner	Clovis	11:14
17.	Ronnie Artiaga	E. Bakers	11:15
18.	Robert Borec	Hoover	11:16
19.	Leonard Hatton	Clovis	11:17
20.	Graig Winter	Hoover	11:18
21.	Paul Keel	Madera	11:19
22.	Hector Yanez	Clovis	11:19
23.	Tony Martinez	Sanger	11:19
24.	M. McChristian	W. Bakers.	11:20
25.	Barney Mesa	E. Bakers.	11:20
26.	Tom Altomirano	Bullard	11:23
27.	Michael Tobin	Bakersfield	11:27
28.	Marty Raphael	W. Bakers.	11:28
29.	Glenn Allen	E. Bakers.	11:29
30.	John Flores	N. Bakers.	11:31
31.	Randy Neff	Highland	11:33
32.	Frank Lloyd	Bakersfield	11:33
33.	Louie Lopez	Madera	11:34
34.	Richard Mead	Hoover	11:35
35.	Mark Delacruz	E. Bakers.	11:38
36.	Frank Salcido	Madera	11:39
37.	L. Moncada	Foothill	11:41
38.	John Combs	Hoover	11:41
39.	Rodney Jenkins	Bakersfield	11:43
40.	John Malde	Hoover	11:49
41.	Robert Owens	W. Bakers.	11:50
42.	Jeff Lucchesi	Bullard	11:51
43.	Richard Hoffman	Clovis	11:54
44.	Mike Morens	E. Bakers.	11:51
45.	Danny Cordes	Bakersfield	11:54
46.	Keith Hatfield	W. Bakers.	12:03
47.	Candy Domingues	Roosevelt	12:04
48.	John Luna	Madera	12:06
49.	Jim O'Hearn	Highland	12:06
50.	Ray Valles	Foothill	12:06
51.	K. Westmoorland	Hanford	12:09
52.	Pat Garcia	Foothill	12:10
53.	Marty Smithy	Foothill	12:14
54.	Albert Balderas	Redwood	12:16
55.	Dennis Smithey	Foothill	12:17
56.	Angel Mora	Redwood	12:18
57.	Jeff Allmon	Highland	12:20
58.	Greg Kubicelce	W. Bakers.	12:25
59.	John Copus	Bakersfield	12:28
60.	Bill Bless	Clovis	12:29
61.	C. Wattenbarger	N. Bakers.	12:30
62.	Joe Saldana	Bakersfield	12:30
63.	Robert Duke	Highland	12:33
64.	Robert Tomerlin	Bullard	12:35
65.	Lawrence Garcia	Redwood	12:37
66.	Curt Hanson	Bakersfield	12:45
67.	Nick Tucker	Highland	12:46
68.	Pete Lozano	Roosevelt	12:47
69.	Wade Roberts	N. Bakers.	12:53
70.	Richard Belcher	N. Bakers.	12:54
71.	Rick Reynolds	W. Bakers.	12:55
72.	Tom Agnew	Bullard	12:55
73.	Randy Hicks	Hoover	12:57
74.	Jim Ledlow	N. Bakers.	13:07
75.	Charles Tucker	Roosevelt	13:07
76.	Tom O'Neill	Hanford	13:17

DIVISION I FROSH-SOPH

1.	Madera	67	
2.	Clovis	76	
3.	E. Bakersfield	92	
4.	Highland	143	
5.	W. Bakersfield	145	
6.	N. Bakersfield	176	
7.	Redwood	178	
8.	Bakersfield	197	
9.	Hoover	199	
10.	Foothill	242	
11.	Roosevelt	276	
12.	Bullard	284	
13.	Hanford	364	
.1.	Modesto Yslas	Madera	10:45.2
2.	Ralph Garcia	Redwood	10:48
3.	Ken Hendrick	Highland	10:50
4.	Frank Ducor	Redwood	10:53
5.	Art Vellareal	Madera	10:57
6.	Steve Saka	Highland	10:58
7.	Wade Oberman	Clovis	11:04
8.	Richard Vega	Madera	11:07
9.	Pat Renfro	N. Bakers.	11:07
10.	Darrell Campbell	W. Bakers.	11:09
11.	Jon Weinmann	E. Bakers.	11:09
12.	Javier Garcia	Clovis	11:09
13.	Dan Esqueda	Roosevelt	11:10
14.	Gregg Weinmann	E. Bakers.	11:10
15.	S. Shanholtzer	N. Bakers.	11:12

77.	S. Tomassian	Roosevelt	13:18
78.	Ed Martinez	Redwood	13:21
79.	Manuel Longoria	Hanford	13:22
80.	Dennis Panoo	Roosevelt	13:24
81.	Mike Stimson	Hanford	13:25
82.	Tim Koelwyn	Hanford	13:26
83.	Carl Hall	Foothill	13:27
84.	Dale Thigpin	Hanford	13:34
85.	John Eaton	Bullard	13:37
86.	Larry Fleming	Roosevelt	13:45
87.	Kirk Probasio	Bullard	14:03
88.	Rick Washburn	Hanford	14:12
89.	Joe Garcia	Redwood	15:22

37.	Jesse Machado	Arvin	12:57
38.	Cipriano Mileles	Arvin	13:01
39.	Junior Cruz	Dos Palos	13:07
40.	Raul Montez	Dos Palos	13:17
41.	Ron Kawayuchi	Central	13:41
42.	Anthony Lopez	Selma	14:38
43.	Andy Jimenez	Selma	15:22
44.	Roger Andrews	Selma	18:??
45.	Randy Wright	Selma	19:??

DIVISION I JR. VARSITY

DIVISION II FROSH-SOPH

1.	Reedley	48
2.	Arvin	61
3.	Central	80
4.	Tulare Western	83
5.	Lemoore	85
6.	Selma	182

1.	E. Bakersfield	61
2.	Bullard	67
3.	W. Bakersfield	79
4.	Redwood	102
5.	Hoover	131
6.	Madera	135
7.	Clovis	208
8.	McLane	234
9.	N. Bakersfield	240
10.	Roosevelt	241
11.	Bakersfield	287
12.	S. Bakersfield	383
13.	Foothill	389
14.	Highland	454
15.	Hanford	455
16.	Fresno	4 runners only.

1.	Manuel Adams	Arvin	10:20.6
2.	Mario Garza	Central	10:31
3.	Carlos Bermud	Selma	10:34
4.	Junior Reyes	Arvin	10:42
5.	Bob Gillet	Lemoore	10:57
6.	Ron Zavala	Reedley	11:02
7.	Peter Perez	Reedley	11:03
8.	Abel Sanchez	Reedley	11:20
9.	Ron Canales	Tul. West.	11:26
10.	Frank Alcorta	Central	11:31
11.	Mike Costello	Reedley	11:32
12.	John Qumonez	Tul. West.	11:33
13.	Eddie Torres	Tul. West.	11:35
14.	M. Wheat	Lemoore	11:41
15.	James Black	Edison	11:43
16.	Isaac Salcide	Arvin	11:46
17.	Elisev Morales	Reedley	11:48
18.	Carry Lopez	Central	11:50
19.	Robert Gonzales	Arvin	11:58
20.	K. Spear	Lemoore	11:59
21.	Raul Garza	Central	11:59
22.	M. Moran	Lemoore	12:03
23.	Robert Estrada	Reedley	12:05
24.	Ruben Sanchez	Arvin	12:15
25.	Leo Hernandez	Tul. West.	12:16
26.	Gary Torres	Tul West.	12:17
27.	R. Cotta	Lemoore	12:20
28.	Domingo Mora	Reedley	12:21
29.	Joe Ruiz	Selma	12:23
30.	Fidel Castaneda	Dos Palos	12:28
31.	Robert Guerrgro	Tul. West.	12:33
32.	Louis Jiminez	Tul. West.	12:34
33.	Andy Alejo	Central	12:36
34.	K. Thommosson	Lemoore	12:37
35.	T. Wilson	Lemoore	12:37
36.	Tom Lee	Central	12:47

1.	Joe Gazares	Madera	10:42
2.	Reuben Artiaga	E. Bakers.	10:49
3.	Gary Lawrence	McClane	10:51
4.	Ron McKelroy	Bullard	10:52
5.	Paul Lewarton	W. Bakers.	10:54
6.	Henry Corrasco	Redwood	10:57
7.	George Simons	Bullard	10:58
8.	Armstrong	W. Bakers.	10:58
9.	Michael Gutierrez	E. Bakers.	10:58
10.	Ed Wolf	Bullard	10:58
11.	G. Rodriguez	E. Bakers	10:58
12.	Jim Corbin	Redwood	11:07
13.	David Harrison	Hoover	11:08
14.	Joe Torres	Madera	11:09
15.	Ed Lesnak	N. Bakers.	11:11
16.	Jesse Gomez	Redwood	11:12
17.	Roy Cogser	Clovis	11:12
18.	Steve Smith	E. Bakers	11:12
19.	Brent McGinty	W. Bakers.	11:12
20.	Mark Paffett	W. Bakers	11:22
21.	Ruben Solis	E. Bakers	11:22
22.	R. Stephenson	Hoover	11:22
23.	Alex Lague	E. Bakers	11:22
24.	Don Rellhio	McLane	11:22
25.	Gug Ford	Hoover	11:25
26.	Jim Leavitt	Bullard	11:25
27.	Max Brackett	W. Bakers.	11:25
28.	Bob Kimball	E. Bakers.	11:25
29.	Paul Cruz	Redwood	11:28
30.	Rick Graffis	Bullard	11:29

31.	Rick Massey	Fresno	11:30	91.	John Street	E. Bakers.	12:00
32.	Tom Avery	Bullard	11:31	92.	Mike Padilla	E. Bakers.	12:00
33.	Earl Meridith	N. Bakers.	11:31	93.	Carlos Grazales	Clovis	12:00
34.	David Chavez	Rppsevelt	11:31	94.	David McDanel	E. Bakers.	12:04
35.	Paul Brenninger	Hoover	11:31	95.	Jim Darling	W. Bakers.	12:04
36.	Jim Aiken	Clovis	11:31	96.	D. Goodrich	S. Bakers.	12:04
37.	Les Gong	Roosevelt	11:32	97.	Robert Flores	S. Bakers.	12:04
38.	Kent Malone	Hoover	11:32	98.	George Torres	Madera	12:05
39.	Bob Pierucci	E. Bakers	11:32	99.	Jack Beaumont	Hanford	12:06
40.	Richard Chaves	Redwood	11:32	100.	Dan Sanchez	Roosevelt	12:07
41.	Leonard Luna	Madera	11:34	101.	Mike Miles	Foothill	12:07
42.	Frank Arellanes	Madera	11:34	102.	Steve Granillo	Clovis	12:07
43.	Elias Cazares	Madera	11:34	103.	Charles Bowles	N. Bakers.	12:07
44.	Greg Rathbun	McLane	11:36	104.	Dave Parkes	Bullard	12:07
45.	Jeff Steiner	Redwood	11:36	105.	Ralph Mesa	E. Bakers.	12:07
46.	Albert Castaneda	E. Bakers.	11:37	106.	Ronnie Garcia	E. Bakers.	12:07
47.	Angelo Castro	Madera	11:38	107.	Chester Longstown	Bakersfield	12:08
48.	David Abrams	Clovis	11:40	108.	John Beeler	Foothill	12:09
49.	Tom Phillips	Fresno	11:40	109.	Richard Suniga	E. Bakers.	12:10
50.	Craig Gibson	Bullard	11:40	110.	Pete Crown	Bakersfield	12:11
51.	Grant Anderson	Hoover	11:40	111.	Paul Martin	McLane	12:11
52.	Kevin Ary	Hoover	11:40	112.	Peter Berdes	Madera	12:11
53.	Vincent Hand	Bakersfield	11:40	113.	Steve Worley	N. Bakers.	12:11
54.	Dennis Musgrove	E. Bakers.	11:40	114.	Bradford Roark	E. Bakers.	12:12
55.	Terry Mendez	Bakersfield	11:40	115.	Robert Saeker	Bakersfield	12:12
56.	Kent Mc Elroy	Hoover	11:40	116.	William Evart	E. Bakers.	12:16
57.	David Jayne	Hoover	11:40	117.	Frank Nikerson	Highland	12:16
58.	Doug Peterson	Clovis	11:40	118.	Dennis Dendaw	Roosevelt	12:16
59.	Paul Gallegos	Madera	11:40	119.	James Perez	S. Bakers.	12:17
60.	Richard Downey	W. Bakers.	11:40	120.	Jim Gragg	Bakersfield	12:17
61.	Frank Peraled	Madera	11:40	121.	Sonny Salinas	Fresno	12:17
62.	Sean Ryan	Bullard	11:40	122.	Rene Puente	E. Bakers.	12:19
63.	Rodney Langston	Bakersfield	11:42	123.	David Santillanez	Clovis	12:19
64.	Robin Caudello	Fresno	11:42	124.	John Scott	Bullard	12:20
65.	Jeff Watkins	Roosevelt	11:43	125.	Ward Fulcher	E. Bakers.	12:20
66.	Mark McClesky	Roosevelt	11:44	126.	Rick Lopez	Foothill	12:21
67.	Robert Cooper	Hoover	11:45	127.	Bob Shinn	Bullard	12:23
68.	Phillip Ramirez	E. Bakers.	11:45	128.	Paul Noble	McLane	12:24
69.	Sam Young	Bakersfield	11:45	129.	Jerry Kennedy	Roosevelt	12:24
70.	Sandy Mann	W. Bakers.	11:45	130.	Israel Cavazos	Bullard	12:26
71.	Mike Ross	Bullard	11:45	131.	Larry Fish	Highland	12:27
72.	Jack Ferguson	Redwood	11:45	132.	A. Bleijenberry	Foothill	12:28
73.	Art Halzuin	Clovis	11:46	133.	Phil Brown	S. Bakers.	12:31
74.	Richard Brass	Roosevelt	11:50	134.	Kevin Lastovica	N. Bakers.	12:32
75.	Tom Young	Clovis	11:50	135.	David Baker	Foothill	12:33
76.	Scott Bagnall	N. Bakers.	11:50	136.	G. Maldonado	Foothill	12:36
77.	Efram Ramirez	E. Bakers	11:50	137.	Todd Morrissey	W. Bakers.	12:37
78.	Keith Ory	Hoover	11:50	138.	Jesse Reyes	E. Bakers.	12:38
79.	Charles Baker	N. Bakers	11:50	139.	John Roacha	Clovis	12:41
80.	Chris Cornwell	Bullard	11:50	140.	Daniel Greer	Madera	12:43
81.	Jim Mena	Foothill	11:50	141.	Ambrosio Flores	Redwood	12:44
82.	Mauro Molina	Madera	11:54	142.	Marcue Vacdez	Hanford	12:45
83.	Jerry Edgman	N. Bakers.	11:55	143.	Rusty Fittro	Hoover	12:48
84.	Terry Baker	E. Bakers.	11:56	144.	John Fredrick	Bullard	12:50
85.	Ed Siqueiros	Roosevelt	11:57	145.	Mel Shrum	Foothill	12:52
86.	Al Nava	Redwood	11:58	146.	Mark Fotemar	Bullard	12:53
87.	G. Steindridge	N. Bakers.	11:59	147.	Ben Martinez	S. Bakers.	12:54
88.	Ernie Leyva	S. Bakers.	12:00	148.	Mike Escamilla	Roosevelt	12:56
89.	Dennis Kinzel	Hoover	12:00	149.	John Ginsburg	Redwood	12:58
90.	Eddie Hernandez	E. Bakers.	12:00	150.	Don Hohnson	Redwood	13:00

151.	Manuel Torres	E. Bakers.	13:01
152.	Steve Fisio	Highland	13:02
153.	Perry Valdez	Highland	13:06
154.	Bill Norman	S. Bakers.	13:07
155.	Robert Reul	Roosevelt	13:09
156.	Bob Luksembary	Hanford	13:11
157.	Allen Pinegar	Roosevelt	13:13
158.	Bill Kolstad	Bullard	13:15
159.	Brad Nelson	S. Bakers.	13:17
160.	Alfred Sanchez	E. Bakers.	13:20
161.	Larry Pearson	Roosevelt	13:29
162.	David Morel	Foothill	13:31
163.	Michael Garcia	S. Bakers.	13:34
164.	Jim Corneluis	Foothill	13:35
165.	Garret Buogaard	Hanford	13:40
166.	Mike McGill	Hanford	13:44
167.	Scott Peters	Clovis	13:45
168.	Leo Cometto	Foothill	13:49
169.	Billy Wells	S. Bakers.	13:50
170.	Greg Cherry	Highland	14:15
171.	Paul Languis	Foothill	14:32
172.	Ed Simpson	Clovis	15:13
173.	Mike Perez	Hoover	15:22
174.	John Morales	Clovis	15:37
175.	Bob Reese	Bullard	16:29
176.	Geoffrey Wing	Hanford	16:39

DIVISIONS I & II - VARSITY (Combined)

DIVISION I - LARGE

1.	Redwood	52:00
2.	Clovis	52:03
3.	Madera	52:23
4.	McLane	52:37
5.	Fresno	52:43
6.	East Bakersfield	52:45
7.	North Bakersfield	53:25
8.	Hoover	53:31
9.	Sanger	54:18
10.	Roosevelt	54:45
11.	Foothill	56:24
12.	South Bakersfield	57:51
13.	Hanford	58:15
14.	Highland	60:39

DIVISION II - SMALL

1.	Lemoore	52:36
2.	Riverdale	54:17
3.	Arvin	55:26
4.	Dos Palos	56:19
5.	Tulare Western	57:08
6.	San Joaquin	N.T.

DIVISION II JR. VARSITY

Only one full team - Lemoore -- Score 15

#1 Man

1.	D. Nowak	Lemoore	11:06
2.	Ruben Salazar	Avenal	11:15
3.	M. Gillett	Lemoore	11:24
4.	Bernard Ramgris	Tul. West.	11:25
5.	Alan Kawakami	Reedley	11:25
6.	T. Molina	Lemoore	11:34
7.	J. Hobbs	Lemoore	11:43
8.	R. Whitten	Lemoore	11:48
9.	Steve Zoffka	Dos Palos	11:51
10.	Johnny Rugrao	Arvin	11:54
11.	M. Cotta	Lemoore	12:13
12.	J. Wafford	Lemoore	12:24
13.	Lipe Donate	Dos Palos	12:25
14.	J. Taylor	Lemoore	12:34
15.	Lennard Ravids	Arvin	12:42
16.	Bill Fay	Reedley	12:49
17.	Albert Hernandez	Tul. West.	13:04
18.	B. Fall	Lemoore	13:21
19.	M. Eaton	Lemoore	13:26
20.	Fary Yamakawa	Reedley	13:27
21.	Isaac Reyes	Arvin	13:27
22.	R. Raynosa	Lemoore	13:32
23.	A. Flores	Lemoore	13:47
24.	Reuben Reyes	Edison	15:03

1.	Larry Boaen	W. Bakers.	9:41.5
2.	Ron Vogt	McLane	9:43
3.	Sergid Rodriguez	Arvin	9:56
4.	Ned Baird	Fresno	9:59
5.	John Virdon	Lemoore	10:00
6.	Jim Hartig	Clovis	10:01
7.	Lynn Cichborn	Roosevelt	10:02
8.	L. Ranriscioni	Madera	10:20
9.	Mike Montoya	Reedley	10:21
10.	Mike Jerkovich	Bullard	10:23
11.	Jose Gonzales	E. Bakers.	10:25
12.	Carl Rhodes	N. Bakers.	10:26
13.	Ernie Moreno	Redwood	10:27
14.	Alex Basuito	Dos Palos	10:27
15.	Dana Contreras	Hanford	10:34
16.	Manuel Hernandez	Sanger	10:35
17.	Bruce Deeter	Hoover	10:47
18.	Randy Garrett	Foothill	10:51
19.	Greg Gonzales	Highland	10:59
20.	Mike Storm	Riverdale	11:02
21.	Jack Fischer	San Joaquin	11:07
22.	Dahl Cox	Avenal	11:12
23.	Alex Lopez	S. Bakers.	11:24
24.	John Fernandez	Tul. West.	11:46

#2 Man

1.	Bruce Coputo	Clovis	10:00.6
2.	Bryan Patterson	Redwood	10:05
3.	Raul Aleman	Madera	10:09
4.	Randy Wright	McLane	10:10
5.	Jim Husbner	Bullard	10:18
6.	Art DeLaCruz	Dos Palos	10:20
7.	Tod Schindler	W. Bakers.	10:23
8.	Jerry Montoya	Reedley	10:24
9.	Dan Salas	Sanger	10:25
10.	Doug Hall	Lemoore	10:33
11.	Joe Quinn	Fresno	10:35
12.	Bobby Bray	N. Bakers.	10:40
13.	Alex Montelongo	Roosevelt	10:42
14.	Dick Aguirre	E. Bakers.	10:45
15.	Rich Rodriguez	Arvin	10:45
16.	Mark Hull	Hoover	10:51
17.	P. Luperico	Hanford	10:55
18.	Bob Hopkins	Tul. West.	11:08
19.	Manuel Guerrero	Central	11:12
20.	Tim Anderson	Bakersfield	11:18
21.	Mark Broderick	S. Bakers.	11:21
22.	Larry Lenneman	Highland	11:29
23.	Mark Nelson	Foothill	11:32
24.	Joe Brenner	San Joaquin	11:45
25.	Bobby English	Riverdale	12:03

#3 Man

1.	Joe Luna	Redwood	10:11.1
2.	Paul Carranza	Madera	10:19
3.	Rick Fierro	Clovis	10:23
4.	Steve Farley	N. Bakers.	10:24
5.	Bobby Hernandez	E. Bakers.	10:28
6.	Baldy Rodriguez	Arvin	10:30
7.	Kevin Papgni	Hoover	10:40
8.	Rick Oaxaca	Fresno	10:44
9.	Mike Mendieta	Sanger	10:46
10.	Randy Sells	Lemoore	10:50
11.	Paul Kuroda	Central	10:54
12.	George Wolf	Bullard	10:54
13.	Ken Wright	McLane	10:59
14.	David Downhour	Foothill	11:04
15.	Gabriel Basurto	Dos Palos	11:12
16.	Fred Romero	Reedley	11:20
17.	Ron Grigsby	Tul. West.	11:21
18.	Garcia Gustavo	S. Bakers.	11:22
19.	Rod Williams	Roosevelt	11:26
20.	S. VanTonningen	Bakersfield	11:31
21.	Pat Neff	Highland	11:38
22.	Roger Hurick	Hanford	12:00
23.	Tom Medenia	San Joaquin	12:53
24.	Terry Earlywine	Riverdale	13:55

#4 Man

1.	Jim Reynolds	West Bakers.	10:21
2.	Steve Cowdrey	Fresno	10:32
3.	Mike Berry	Lemoore	10:34
4.	R. Villalovos	E. Bakers.	10:36
5.	Jim Hernandez	McLane	10:38
6.	Martin Rodriguez	Clovis	10:45
7.	Steve Thurlow	Redwood	10:48
8.	Tony Rodriguez	Madera	10:52
9.	Dennis Spears	W. Bakers.	10:54
10.	Scott Fertig	Bullard	11:10
11.	Brad Burns	Roosevelt	11:11
12.	R. Rodriguez	Foothill	11:12
13.	Alvie Eamos	Arvin	11:13
14.	Manual Garcia	Hoover	11:15
15.	Margo Martinez	Sanger	11:15
16.	Frank Sandoval	Reedley	11:25
17.	Garcia Guadlope	Bakersfield	11:28
18.	Ray Calestra	Tul West.	11:33
19.	Mike Downs	S. Bakers.	11:40
20.	Jesse Gonzales	Dos Palos	12:17
21.	Steve Hernandez	San Joaquin	12:20
22.	Ernest Medrano	Hanford	12:54
23.	Karl Folkens	Highland	13:14
24.	Earlywine	Riverdale	13:25

#5 Man

1.	John Gonzales	Redwood	10:29.9
2.	Ray Paramo	E. Bakers.	10:31
3.	J. Thommasson	Lemoore	10:39
4.	Ron Montoya	Reedley	10:40
5.	Doug Gates	W. Bakers	10:42
6.	Paul Mendez	Madera	10:43
7.	Dan Zuehlsdorf	Hoover	10:48
8.	Dave Oaxala	Fresno	10:53
9.	Scott Sanders	Clovis	10:54
10.	Mike Buss	N. Bakers.	11:01
11.	David Velasquez	Sanger	11:02
12.	Bruce Lahargove	McLane	11:07
13.	Mike Sharon	Bakersfield	11:15
14.	Arthur Garcia	Tul. West.	11:20
15.	Tom Adams	Roosevelt	11:24
16.	Steve Buck	Foothill	11:45
17.	Mark Mora	Hanford	11:52
18.	Jim Morales	Arvin	12:02
19.	Mel DeGuizman	S. Bakers.	12:04
20.	Julian Cortez	Dos Palos	12:15
21.	Jose Navarro	Highland	13:19
22.	Eric Spolsdoff	Riverdale	13:52

CLOVIS-MADERA-FRESNO

McLane's 2.0 course

SANGER AT LEMOORE

October 13: Lemoore's outstanding distance runner, John Virden, picked up another course record and paved the way for a Leemore victory over Sanger. Lemoore's Junior Varsity competed against Riverdale.

Lemoore 25, Sanger 34

1.	John Virden	Lemoore	9:47 cr
2.	Dan Salas	Sanger	10:11
3.	Doug Hall	Lemoore	10:13
4.	Mike Mendieta	Sanger	10:20
5.	Manual Hernandez	Sanger	10:23
6.	Randy Sells	Lemoore	10:30
7.	Jim Thomasson	Lemoore	10:31
8.	Bob Gillett	Lemoore	10:32
9.	Mike Berry	Lemoore	10:41
10.	Steve Bengtson	Lemoore	10:46
11.	Dave Velasquez	Sanger	10:48
12.	Margo Martinez	Sanger	10:54
13.	Tony Martinez	Sanger	11:09

Clovis 24, Fresno 32; Madera 25, Fresno 34;
Clovis 26, Madera 29.

1.	Ned Baird	Fresno	9:54
2.	Jim Hartig	Clovis	9:55
3.	Bruce Caputo	Clovis	10:07
4.	Joe Quinn	Fresno	10:11
5.	Rich Aleman	Madera	10:17
6.	Rick Fierro	Clovis	10:20
7.	Paul Carranza	Madera	10:26
8.	Kaviseim	Madera	10:31
9.	Cazares	Madera	10:33
10.	Rodriguez	Madera	10:34
11.	Rodriguez	Clovis	10:35
12.	Sanders	Clovis	10:36
13.	Cowdrey	Fresno	10:36
14.	Mondez	Madera	10:44
15.	Torres	Madera	10:47
16.	Oaxaco	Fresno	10:48
17.	Massey	Fresno	11:22
18.	Abrams	Clovis	11:26
19.	Phillips	Fresno	11:29
20.	Peterson	Clovis	11:46

Frosh-Soph: Lemoore 19, Sanger, incomplete.

1.	Mike Wheat	Lemoore	11:24
2.	Morton Delgado	Sanger	11:35
3.	Phil Spear	Lemoore	11:43
4.	Mike Moran	Lemoore	11:49
5.	Jim Taylor	Lemoore	11:51
6.	Richard Cotta	Lemoore	12:02
7.	Ken Thomasson	Lemoore	12:15
8.	Rick O'Rourke	Lemoore	12:24
9.	Tim Wilson	Lemoore	12:53
10.	Steven Crews	Lemoore	12:57
11.	David Homan	Lemoore	13:39
12.	Sergio Sanchez	Sanger	15:53
13.	Rolando Falcon	Sanger	17:04

TULARE WESTERN AT PORTERVILLE

Oct.14

Porterville 18, Tulare Western 37

1.	Baeza	Port.	8:37
2.	S. Garcia	Port.	8:38
3.	Medina	Port.	8:53
4.	R. Garcia	Port.	8:56
5.	Hopkins	Tul. West.	9:02
6.	Fernandez	Tul. West.	9:05
7.	Canales	Tul. West.	9:07

Frosh-Soph: Porterville 15, Tulare W. 45.
JV: Porter by forfeit.

REDWOOD AT REEDLEY

Oct.14

Reedley 26, Redwood 29

1.	Mike Montoya	Reedley	10:12
2.	Bryan Patterson	Redwood	10:22
3.	Ernie Moreno	Redwood	10:28
4.	Jerry Montoya	Reedley	10:29
5.	John Gonzales	Redwood	10:42
6.	Ron Montoya	Reedley	10:49
7.	Frank Sandoval	Reedley	10:53

Frosh-Soph: Redwood 27, Reedley 29
JV: Redwood 27, Reedley no score.

AVENAL AT TRANQUILLITY

Oct.14

Tranquillity 23, Avenal 32

1.	T. Avila	Tranq.	9:58
2.	Cox	Avenal	10:37
3.	Cano	Tranq.	10:49
4.	Gill	Tranq.	10:53
5.	Salazar	Avenal	11:01
6.	Hernandez	Tranq.	11:15
7.	Briles	Avenal	11:18

JV Race: Lemoore 20, Riverdale 45

1.	Mike Storm	Riverdale	10:59
2.	Doug Nowalk	Lemoore	11:05
3.	Ted Molina	Lemoore	11:32
4.	Joe Hobbs	Lemoore	11:41
5.	Ralph Whitten	Lemoore	11:47
6.	Mark Cotta	Lemoore	11:50
7.	Bob English	Riverdale	11:59
8.	Rocky Borrrecco	Lemoore	12:08
9.	John Wafford	Lemoore	12:56
10.	Terry Erlewine	Riverdale	13:34
11.	Auggie Flores	Lemoore	13:41
12.	Morgan Eaton	Lemoore	13:49
13.	Cliff StClare	Riverdale	13:56
14.	Eric Spolsdoff	Riverdale	13:57

BAKERSFIELD AREA HIGH SCHOOL RESULTS

October 22: Larry Boen of West High ran a 15:33 to outlast Sergio Rodriguez of Arvin by only four seconds in what was the premier meet of the week. West Coach Jim Wren said it was the kind of race everyone had predicted it would be - tight.

West 33, Arvin 39, East 50

- 1. Boen (W) 15:33, 2. Rodriguez (A) 15:37, 3. Schnidler (W) 16:07, 4. Adams (A) 16:07, 5. Reynolds (W) 16:08, 6. Villalovos (EB) 16:14, 7. Hinzo (W) 16:18, 8. Rodriguez (A) 16:26, 9. Gonzales (EB) 16:33, 10. Hernandez (EB) 16:35.

Frosh-Soph: East 18, West 39, Arvin 72

- 1. Edward (EB) 10:55, 2. Hernandez (EB) 11:03, 3. Campbell (W) 11:09, 4. Moreno (EB) 11:10, 5. Mesa (EB) 11:16, 6. J. Weinmann (EB) 11:19, 7. C. Weinmann (EB) 11:19.

JV: East 25, West 49, Arvin 150

- 1. Hall (W) 10:52, 2. Guiterriz (EB) 10:54, 3. Smith (EB) 10:55, 4. Brackett (W) 10:56, 5. Campbell (EB) 10:57, 6. Paffett (W) 11:06, 7. Garcia (EB) 11:06.

Foothill 23, South 34

- 1. Garrett (F) 16:44, 2. Lopez (S) 16:45, 3. Broaderick (S) 16:46, 4. Downhour (F) 16:52, 5. Tarren (F) 17:07, 6. Nelson (F) 17:08, 7. Rodriguez (F) 17:09, 8. Garcia (S) 17:22, 9. Downs (S) 17:34, 10. Buck (F) 17:42.

Frosh-Soph: Foothill 15, South 48

- 1. Garcia (F) 11:14, 2. Smithey, M. (F) 11:15, 3. Moncada (F) 11:23, 4. D. Smithey (F) 11:26, 5. Valles (F) 11:33, 6. Leyva (S) 12:23, 7. Vietti (F) 12:25.

JV: Foothill won by forfeit over South

- 1. Bleijenberg (F) 11:53, 2. Brown (S) 11:58, 3. Miles (F) 12:05, 4. Lopez (F) 12:13, 5. Nenciz (F) 12:14, 6. Maldonado (F) 12:16, 7. Hall (F) 12:26.

Shafter 26, Taft 30

- 1. Evanoff (T) 10:51, 2. Munez (S) 10:53, 3. Gage (T) 11:13, 4. Gaeta (S) 11:21, 5. Putman (S) 11:22, 6. Franz (S) 11:23, 7. Keeler (T) 11:24, 8. Farrow (T) 11:25, 9. Rebio (S) 11:42, 10. Stearns (S) 12:12.

Frosh-Soph: Shafter 22, Taft 38

- 1. Miller (T) 11:32, 2. Valesquez (S) 11:37, 3. Franaganus (S) 12:00, 4. Bergman (S) 12:02, 5. MacAuby (T) 12:06, 6. Wells (S) 12:28, 7. Mier (S) 12:29.

JV: Shafter 28, Taft 29

- 1. Vanderberg (T) 11:50, 2. Franklin (S) 12:00, 3. Howard (T) 12:29, 4. Edwards (T) 12:39, 5. Camp (S) 12:55, 6. Robins (S) 13:15,

Highland 21, Wasco 38

- 1. Gonzales (H) 9:56, 2. Garcia (W) 9:59, 3. Hendrick (H) 10:00, 4. Saba (H) 10:19, 5. Burns (W) 10:27, 6. Lennemann (H) 10:32, 7. P. Neff (H) 10:39, 8. R. Neff (H) 10:48, 9. Santillas (W) 10:51, 10. Hill (W) 10:58.

Frosh-Soph: Highland over Wasco by forfeit.

- 1. Almon (H) 11:25, 2. Duke (H) 11:29, 3. Tucker (H) 11:57, 4. Navarro (H) 12:06, 5. Cherry (H) 14:13, 6. Simeron (H) 14:27.

JV: Highland over Wasco by forfeit.

- 1. Folkens (H) 11:29, 2. Fish (H) 12:08, 3. Nickerson (H) 12:12, 4. Valdez (H) 12:24, 5. Dickman (H) 12:37.

North 20, Bakersfield High 37

- 1. Farley (N) 16:20, 2. Casteel (B) 16:29, 3. Bray (N) 16:29, 4. Rhodes (N) 16:31, 5. Spears (N) 16:47, 6. Tanner (B) 16:52, 7. Lesnak (N) 17:00, 8. Anderson (B) 17:01, 9. Buss (N) 17:14, 10. Garcia (B) 17:23.

Frosh-Soph: Bakersfield 28, North 29

- 1. Renfro (N) 11:07, 2. Flores (N) 11:29, 3. Tobin (B) 11:35, 4. Jenkins (B) 11:36, 5. Shancholtzer (N) 11:51, 6. Lloyd (B) 12:00, 7. Cordes (B) 12:01.

JV: North 17, Bakersfield High 45

- 1. Bacomber and Baker (N) 11:47, 3. Bagnall (N) 11:59, 4. Young (B) 12:00, 5. Bowles (N) 12:01, 6. Worley (N) 12:03, 7. Edgemon (N) 12:02.

LEMOORE, MADERA AT SELMA

Oct. 20, 2mile

Madera 27, Lemoore 31, Selma incomplete

- 1. Virden Lemoore 9:46.6 (course record)
- 2. Hall Lemoore 10:06
- 3. Yslas Madera 10:07
- 4. Carramco Madera 10:09
- 5. Ravisiconi Madera 10:14
- 6. Aleman Madera 10:18
- 7. Cazares Madera 10:21

Frosh-Soph: Madera 15, Lemoore 59, Selma 86

JV: Madera 25, Lemoore 31.

REEDLEY AT MT. WHITNEY

Oct. 20

Reedley 27, Mt. Whitney 28

- 1. Zenas Moreno Mt. Whit. 10:28.5
- 2. Mike Montoya Reedley 10:35
- 3. Leroy Turner Mt. Whit. 10:44
- 4. Jerry Montoya Reedley 10:56
- 5. Ron Montoya Reedley 11:00
- 6. Doug Moore Mt. Whit. 11:01
- 7. Fred Romero Reedley 11:06

Frosh-Soph: Reedley 15, Mt. Whitney 42.

DOS PALOS, SAN JOAQUIN MEMORIAL AT CLOVIS

Oct. 19-2 miles

Clovis 22, Dos Palos 48, San Joaquin 66.

Clovis 21, Dos Palos 40.

Clovis 17, San Joaquin Memorial 47.

Dos Palos 23, San Joaquin Memorial 32.

- 1. Bruce Caputo Clovis 9:58
- 2. Jim Hartig Clovis 10:13
- 3. Alex DeLaCruz Dos Palos 10:14
- 4. Alex Basurto Dos Palos 10:14
- 5. Rick Fierro Clovis 10:35
- 6. Martin Rodriguez Clovis 10:43
- 7. Jim Fischer SJM 10:46

Frosh-Soph: Clovis 19, Dos Palos 43, San Joaquin Memorial incomplete.

TULARE INVITATIONAL CROSS COUNTRY MEET

October 18: Fresno High's Ned Baird outdistanced a good field at the Third Annual Tulare Invitational. Baird's time for the 2 mile Tulare Western course was an excellent 9:50. Jim Hartig led Clovis to the team title as he just managed to hold off Sanger's Manuel Hernandez for second spot.

Varsity

- 1. Clovis 69
 - 2. Madera 95
 - 3. Sanger 114
 - 4. Fresno 118
 - 5. Hoover 126
 - 6. Porterville 141
 - 7. Redwood 146
 - 8. Mt. Whitney 190
 - 9. Dos Palos 200
 - 10. Tulare Western 203
 - 11. Reedley 286
- 1. Baird Fresno High 9:50
 - 2. Hartig Clovis 9:56
 - 3. Hernandez Sanger 9:56
 - 4. Luna Redwood 9:59
 - 5. Moreno Mt. Whit. 9:59
 - 6. Basurto Dos Palos 10:04
 - 7. DeLaCruz Dos Palos 10:05
 - 8. Moreno Redwood 10:06
 - 9. Baeza Porterville 10:07
 - 10. Ravisconi Madera 10:13
 - 11. Quinn Fresno High 10:15
 - 12. Fierro Clovis 10:16
 - 13. Aleman Madera 10:17
 - 14. Caputo Clovis 10:18
 - 15. Papagni Hoover 10:19

FROSH-SOPH: Montoya Redwood 10:23

- 1. Reedley 21
- 2. Porterville 71
- 3. Clovis 87
- 4. Madera 112
- 5. Redwood 134
- 6. Hoover 148
- 7. Mt. Whitney 188
- 8. Selma 221

JR. VARSITY: Fischer S. J. Mem. 10:44

- 1. Hoover 27
- 2. S.J. Memorial 52
- 3. Madera 62
- 4. Mt. Whitney 93

CLOVIS-MCLANE AT EDISON

McLane again lost by just one point, this time to a strong Clovis contingent. But it wasn't all bad for the Scotts as Ron Vogt continued his winning ways setting a course record in the process. 1.9 miles.

Clovis 27, McLane 28, Edison incomplete

- 1. Ron Vogt McLane 9:30
- 2. Jim Hartig Clovis 9:44
- 3. Randy Wright McLane 9:50
- 4. Bruce Caputo Clovis 9:56
- 5. Rick Fierro Clovis 10:13
- 6. Ken Wright McLane 10:18
- 7. Scott Sanders Clovis 10:19

Soph. score: Clovis 21, Edison, McLane incomplete.

JV score: Clovis 24, McLane 55, Edison inc.

REEDLEY AT SANGER

Reedley 27, Sanger 31

- 1. Manuel Hernandez Sanger 9:59
- 2. Mike Montoya Reedley 10:04
- 3. Jerry Montoya Reedley 10:18
- 4. Dan Salas Sanger 10:22
- 5. Mike Mendletta Sanger 10:35
- 6. Fred Romero Reedley 10:39
- 7. Frank Sandoval Reedley 10:40

Frosh-Soph: Reedley 15, Sanger incomplete

LEMOORE-WHITNEY

Lemoore 19, Mt. Whitney 38

- 1. John Virden Lemoore 16:13.7
- 2. Zenas Moreno Mt. Whitney 16:49.0
- 3. Doug Hall Lemoore 17:16.0
- 4. Jim Thomasson Lemoore 17:25.0
- 5. Randy Sells Lemoore 17:38.0
- 6. Bob Gillett Lemoore 17:43.9
- 7. Doug Moore Mt. Whitney 17:44.0

Frosh-Soph: Mt. Whitney 22, Lemoore 33

JV: Lemoore 18, Mt Whitney 42

KINGS CANYON AT MADERA

Oct. 15

ROOSEVELT, EDISON AT CENTRAL

Oct. 13

Roosevelt 21, Central 40, Edison incomplete

1. Eichhorn	Roosevelt	10:35
2. Montelongo	Roosevelt	10:38
3. Mario Garza	Central	10:40
4. Dan Esqueda	Roosevelt	10:54
5. Iida	Central	10:56
6. Williams	Roosevelt	11:06
7. Guerrero	Central	11:22
8. Burns	Roosevelt	11:24
9. Reynolds	Edison	11:26
10. Adams	Roosevelt	11:27
11. Chavas	Roosevelt	11:31
12. Raul Garza	Central	11:40
13. Alcorta	Central	11:45
14. Kuroda	Central	12:25
15. Steve Lopez	Central	12:48
16. Reyes	Edison	15:03

Frosh-Soph: Roosevelt 29, Central 35, Edison incomplete.

1. Dominguez	Roosevelt	11:45
2. Black	Edison	11:58
3. Sanchez	Roosevelt	12:05
4. Lozano	Roosevelt	12:10
5. Larry Lopez	Central	12:13
6. Smith	Central	12:39
7. Alejo	Central	12:42
8. Lee	Central	12:45
9. Kawaguchi	Central	12:50
10. Tucker	Roosevelt	13:08
11. Tomasian	Roosevelt	13:19
12. Fleming	Roosevelt	13:27
13. Pitman	Roosevelt	13:46

JV: Roosevelt 15, Central inc., Edison no entry

1. McClesky	Roosevelt	11:36
2. Antoyan	Roosevelt	11:49
3. Siquerios	Roosevelt	11:52
4. Gong	Roosevelt	11:56
5. Watkins	Roosevelt	12:17
6. Brass	Roosevelt	12:28
7. Clark	Roosevelt	12:30
8. Rodriguez	Roosevelt	12:52
9. Kennedy	Roosevelt	13:01
10. Derdauw	Roosevelt	13:02
11. Martin	Roosevelt	13:08
12. Fernandez	Roosevelt	13:20
13. Petty	Roosevelt	13:27
14. Real	Roosevelt	14:01
15. Pearson	Roosevelt	14:10
16. Escamilla	Roosevelt	14:32
17. Pinegar	Roosevelt	14:43
18. Bradford	Central	15:17

Seventh Grade: Kings Canyon 18, Madera no score.

1. Joe Medina	Kings Canyon	5:31
2. Allen Dennis	Kings Canyon	5:37
3. Ron Blakengy	Madera	5:49
4. Tim Massie	Kings Canyon	6:18
5. Steve Pellegrims	Kings Canyon	6:23
6. Greg Ream	Kings Canyon	6:38

Eighth Grade: Madera 21, Kings Canyon 38

1. Lawrence Calranza	Madera	5:18
2. Ron Esquivel	Kings Canyon	5:18
3. Randy Lyons (15)	Madera	5:21
4. Ernest Pineida	Madera	5:29
5. Tony Pinegar	Kings Canyon	5:31
6. John Armenderia	Madera	5:32
7. Alfred Luna	Madera	5:37
8. Rich Gonzales	Madera	5:58
9. Carl Clouse	Kings Canyon	6:10
10. George Crunk	Kings Canyon	6:13
11. John Diaz	Madera	6:13
12. Manual Mata	Kings Canyon	6:27

REEDLEY ROAD RACE-Oct. 23

VARSIITY

1. McLane	52
2. Madera	54
3. Fresno	94
4. Reedley	101
5. Sanger	118
6. Hoover	150
7. Roosevelt	157
8. Dos Palos	164

1. Ron Vogt	McLane	9:34
2. Ned Baird	Fresno	9:42
3. Randy Wright	McLane	9:43
4. Glen Eichorn	Roosevelt	9:52
5. Manuel Hernandez	Sanger	9:53
6. Raul Alaman	Madera	9:56
7. Art DeLaCruz	Dos Palos	9:57
8. Alex Basurto	Dos Palos	9:59
9. Paul Carranza	Madera	10:01
10. L. Raviscioni	Madera	10:02
11. Modesto Yslas	Madera	10:02
12. Joe Quinn	Fresno	10:04
13. Mike Montoya	Reedley	10:05
14. Jerry Montoya	Reedley	10:06
15. Ken Wright	McLane	10:07
16. Jim Hernandez	McLane	10:08
17. Gary Lawrence	McLane	10:09
18. Joe Azares	Madera	10:12
19. Kevin Papagni	Hoover	10:13
20. Mike Mendieta	Sanger	10:13

21.	Bruce LaHargove	McLane	10:16	21.	Jeff Watkins	Roosevelt	11:29
22.	Dan Solis	Sanger	10:18	22.	Angelo Castro	Madera	11:32
23.	Ron Montoya	Reedley	10:19	23.	Paul Brenninger	Hoover	11:33
24.	Dave Oaxaca	Fresno	10:20	24.	Mike Clark	Roosevelt	11:34
25.	Fred Romero	Reedley	10:22	25.	Richard Brass	Roosevelt	11:35
26.	Joe Thistan	Reedley	10:23	26.	Peter Mendez	Madera	11:36
27.	Rich Oaxaca	Fresno	10:25	27.	Ed Siguieros	Roosevelt	11:37
28.	Mark Hull	Hoover	10:26	28.	Paul Martin	McLane	11:39
29.	Steve Cowdrey	Fresno	10:26	29.	Coy Strunk	Hoover	11:40
30.	Tony Rodreguez	Madera	10:27	30.	Carlos Fernandez	Roosevelt	11:44
31.	Paul Mendez	Madera	10:28	31.	Juan Rodriguez	Madera	11:45
32.	Manuel Garcia	Hoover	10:29	32.	Bill Fay	Reedley	11:47
33.	David Velasquez	Sanger	10:30	33.	Jerry Kennedy	Roosevelt	11:48
34.	Alex Montelongo	Roosevelt	10:31	34.	Tom Phillips	Fresno	11:52
35.	Craig Winter	Hoover	10:32	35.	Paul Petty	Roosevelt	11:53
36.	Dan Zuehlsdorf	Hoover	10:32	36.	Bill Booth	Hoover	11:55
37.	Rod Williams	Roosevelt	10:33	37.	Larry Fleming	Roosevelt	11:59
38.	Margo Martinez	Sanger	10:35	38.	George Torres	Madera	11:59
39.	Tony Martinez	Sanger	10:35	39.	Raul Jimineny	Fresno	12:00
40.	Tom Adams	Roosevelt	10:40	40.	Dan Frier	Madera	12:02
41.	Frank Sandoval	Reedley	10:43	41.	Pittman, Richard	Roosevelt	12:03
42.	Brad Burns	Roosevelt	10:43	42.	Tom Harper	Hoover	12:03
43.	Greg Ford	Hoover	10:45	43.	Dennis Dendaw	Roosevelt	12:06
44.	Oswald White	Fresno	10:45	44.	Alex Lujan	McLane	12:11
45.	David Chavez	Roosevelt	10:51	45.	Gary Yamakawa	Reedley	12:14
46.	Don Recchio	McLane	10:52	46.	Alan Breckenridge	Hoover	12:23
47.	Alan Ravalani	Reedley	10:52	47.	Domingo Mora	Reedley	12:32
48.	Jesse Gonzales	Dos Palos	10:55	48.	Mauro Molina	Madera	12:54
49.	Gabriel Basurto	Dos Palos	11:04	49.	Larry Pierson	Roosevelt	13:11
50.	Rich Massey	Fresno	11:12	50.	Mike Perez	Hoover	13:17
51.	Mark McClusky	Roosevelt	11:15	51.	Steve Macial	Roosevelt	13:40
52.	Steve Zoffha	Dos Palos	11:20				
53.	Mark Delgado	Sanger	12:18				

SEVENTH AND EIGHTH GRADE

JUNIOR VARSITY

1.	Hoover	34
2.	Madera	38
3.	McLane	92
4.	Roosevelt	97

1.	Clark Intermediate	70
2.	Ahwahnee	75
3.	Hamilton	99
4.	General Grant	108
5.	Sierra	125
6.	Thomas Jefferson	

1.	Keith Ory	Hoover	10:29.8
2.	Alfred Cardoon	Fresno	10:31
3.	Steve Finch	McLane	10:33
4.	Louis Mamalejo	Madera	10:45
5.	Fred Rathburn	McLane	10:47
6.	Joe Torres	Madera	10:51
7.	Robt. Borec	Hoover	11:00
8.	Randy Stephanson	Hoover	11:00
9.	Leonard Lung	Madera	11:00
10.	Kent McElroy	Hoover	11:03
11.	Frank Arellenes	Madera	11:05
12.	Kevin Ory	Hoover	11:10
13.	Paul Gallegos	Madera	11:11
14.	Leslie Gong	Roosevelt	11:12
15.	Elias Cazares	Madera	11:17
16.	David Jaym	Hoover	11:18
17.	Frank Perales	Madera	11:19
18.	Robby Antogian	Roosevelt	11:21
19.	Robert Cooper	Hoover	11:25
20.	Paul Noble	McLane	11:25

1.	Mark Southwick	Ahwahnee	5:04.6
2.	Adolph Lechuga	Clark	5:11
3.	Randy White	Wasco	5:16
4.	Mark Ferry	Hamilton	5:17
5.	Art Perez	Grant	5:21
6.	Lawrence	Madera	5:22
7.	Raul Contrares	SLS	5:22
8.	Joe Watley	Sierra	5:23
9.	Brian White	Hamilton	5:23
10.	Jim Dillingham	Wasco	5:24
11.	Alfred Lung	Jefferson	5:26
12.	Pat McLean	Clark	5:27
13.	John Swift	Ahwahnee	5:28
14.	Mike Alfaro	Clark	5:28
15.	Brian Bowen	Hamilton	5:30
16.	Mario Santago	Grant	5:32
17.	Nick Smaldino	Ahwahnee	5:35
18.	Ernest Pineida	Jefferson	5:38
19.	Mark Givens	SLS	5:40
20.	Paul Munoz	Clark	5:42

23.	Frank Wilson	Ahwahnee	5:47
24.	John Hutchison	Sierra	5:48
25.	Ray Esquivel	Grant	5:48
26.	Ricardo Arce	Grant	5:49
27.	Mike Sadler	Sierra	5:50
28.	Dennis Morely	Clark	5:51
29.	John Holquin	Clark	5:52
30.	Ruben Contreares	Clark	5:52
31.	J. Gonzales	Clark	5:54
32.	Bud Sturgel	Sierra	5:55
33.	Lee Ernst	Hamilton	5:56
34.	Tim Cornell	Sierra	5:56
35.	Tom Miller	Clark	5:57
36.	David Glanzer	Grant	5:59
37.	Steve Hargess	Grant	6:00
38.	Jim Thomas	Hamilton	6:05
39.	Gabe Perez	Grant	6:09
40.	Jeff Tiftick	SLS	6:13
41.	David Amich	Wasco	6:15
42.	Louis Agufoglio	SLS	6:16
43.	Romero Pereschica	Selma	6:22
44.	Benit Lee	Grant	6:23
45.	Joe Malendorez	Hamilton	6:28
46.	Les Richardson	Sierra	6:35
47.	David Carter	SLS	6:36
48.	Larry Rosas	Grant	6:38
49.	Steve Badilla	SLS	6:40
50.	Fred Lush	Sierra	6:41

SIXTH GRADE AND UNDER

1.	Robin Massich	5:56.2
2.	Jacky Kent	6:28
3.	David Estrada	6:35
4.	Peter Tapia	6:37
5.	Jesse Luna	6:39
6.	John Enns	6:41
7.	Gus Rual	6:46
8.	Alex Zovala	6:49
9.	Joe Tanguay	6:50
10.	Barry Show	7:03
11.	Craig Haas	7:11
12.	Jerry Diaz	7:25
13.	Dan Hagen	7:41
14.	Mark Kawahami	7:42

VALLEY TRACK AND FIELD
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