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The Northern California Running Review is published on a monthly basis by the West Valley Track Club of San Jose, California. It is a communication medium for all Northern California track & field athletes, including age group, high school, collegiate, AAU, women, and senior runners. The NCRR is available at many road races and track meets throughout Northern California for 25¢ an issue, or for \$3.50 per year by subscription (12 issues, first class mail). All West Valley TC athletes receive their copies free if their dues are paid up for the year.

This paper's success depends on you, the readers, so please send us any pertinent information on the NorCal running scene that you would like to have printed. We can always use good photos for our publication, preferrably black & white, and good contrast. Please send all information to the editor, Jack Leydig (see address in title block). Be sure and give photo credits, those competing, and event being run. Any size print is ok since we can photographically reduce or enlarge them.

Our publication is printed by Frank Cunningham; photographer is John Marconi (Terri Mejia is now in Colombia), and others from time to time. Our cartoonist is Marin AC's Lee Holley (we need some cartoons Lee!!). Some of our contributors this month include Harry Young, Greg Chapman, Ross Smith, Peter Mattei, Ernie Marinoni, Jim Hunt, Don Pickett, Dave Stevenson, Bill Ranney, Ron Jones, and Harry Hill (also Mike Ackley).

A reminder for our subscribers: our mailing list now exceeds 250 per month, and in the near future we are planning on applying for a first class permit. If your ZIPCODE does not appear on your address label (WVTC members too!), please send it to me immediately. ZIPCODE's must be on bulk mail. Also, you can tell when your subscription runs out by looking at the numbers (month/year) following your name on the address label. This number represents the last issue you will receive (a renewal form will automatically be included with that issue).

WANTED: The editor is looking for an inexpensive typewriter (electric) with elite type (12 characters/inch) and at least a 12 inch roller. If you know of anyone who has one for sale, have them contact Jack Leydig at the address (or phone) in the title block above. I do not want an IBM Executive, however.

0 0 0 0 0 0 <u>CLUB</u><u>NEWS</u> 0 0 0 0 0 0 0

This section of our publication is devoted to various club news. If your club has any announcements or news that you would like to have printed, please send it to us. As long as the news is pertinent to track and field and kept to a reasonable length, we will print it, possibly in edited form. We have to keep our issues limited to 6 sheets or less in order to keep our rates at \$3.50 a year. Any material aimed at selling goods should be put in our classified section. The response to this column has been zilch, except from our own club, ...let's hear from you!!

WEST VALLEY TC NEWS: We had seven new high school athletes join us during the past month. They are: Dan Bolster (16) 3107 Elaine Dr., San Jose, 95124 (377-3931) with marks of 440: 62, 1320: 3:41, Mile: 5:02, 2 Mi: 10:50, & 3 Mi: 16:58. Orval Osborne (15) 2019 Barrett Ave., San Jose, 95124 (377-5766) with marks of Mi: 4:54, 2 Mi: 10:43.7, & 3 Mi: 16:48. Mike Ruffatto (16) 5280 Paxton Ct., Fremont (797-3877) with marks of 440: 55.6, 880: 2:07, Mi: 4:30.1, 2 Mi: 9:38.4. Jack Bellah (16) 227 Belgatos Rd., Los Gatos, 95030 (356-3605) with best times of 4:30.5 (relay) and 4:32.1 (open) in the mile, and a superb 9:29.8 for two miles. Brad Mills (17) is a prospective race walker but has no times as yet. He lives at 1465 Cortez Ave. in Burlingame (94010) (Ph. 344-2619). Two pole vaulters joined us in Mark Nadler (18) 725 Serra Dr., S. San Francisco, 94080 (761-2396) who has gone 13-2 this past track season, and Brad Lundy (15) 280 Woodridge Rd., Hillsborough, 94010 (347-1534) whose best is an even 10 feet. Brad also likes cross country, but just to stay in shape. In addition to these seven high school athletes, WVTC also added three other top runners. Mike Ryan is 24 years old and is currently living at 514 Rickenbacker Dr., Tullahoma, Tenn. 37388 (Ph. 615/455-8639). He is a 2nd Lt. in the Air Force and hopes to be transferred to the Bay Area in the near future. Mike won the 1968 NCAA Cross Country Championships and finished two seconds behind Lindgren in 1969. His best track times are 4:07 for the mile and 8:56 for two miles. He has run 23:58 for five miles cross country, and 29:01 for six. Jaime Baldovinos (22) has bests of 4:15 in the mile and 9:20 for two miles and is currently living at 2525 Durant Ave., #307, Berkeley (848-2872). He has also done 19:25 for four miles in cross country. Jim Holl (26) is a good middle distance runner and has just started road running after a fairly extensive layoff. His track times are 220: 22.9, 440: 50.7, 880: 1:57.0, Mi: 4:23.2, and 2 Mi: 9:36.6. He has also run the marathon in 3:15:27 (1971) over the Golden Gate Course. He lives at 1574 Elka Ave., San Jose, 95129 (257-6815).

Some address & phone changes: Herb Ashton's new phone is 342-1669. Willie Cronin's phone is 796-0152. The Greer's (Bob and Richard) have moved to 38561 Royal Ann Common in Fremont (Ph. 792-9881).

Marcel Hetu is getting married to Linda McCain on August 14 (day of Tahoe Relay)!!

Corrections and additions to last issue: Harvey Sandoval finished 139th in the Bay to Breakers Race, not 1411th as reported (his younger brother Gerald finished here). Barb Ashton ran 1839th in the Bay to Breakers (not reported last time). Robin Nowinski ran 3:30:13 for 111th in the Golden Gate Marathon to hang up his best time.

For those who are waiting for their jerseys to come in: we had our order shipped in, but found out that the price was about \$7.50 per jersey (without the letters sewed on!!). We immediately cancelled the order and now Ellen Clark (Bill's wife) has volunteered to make them from scratch (material will cost about \$60 for 30 jerseys, plus \$.25/letter). They should be ready for those running at Lake Tahoe. Cost is \$4.00 for those who don't have theirs or haven't paid yet.

The club made approximately \$105 at the Holy City Race and had a record number of entries (about 280).

Report from Colombia: Alvaro Mejia got into high altitude shape in time to nose our Victor Mora in the 10,000 meter Pan American Games Trials in Cali. His official time at 10,000 meters was 29:43, but the officials miscounted laps and the competitors had to run another lap (30:50 total). Mora was about 10 seconds back. Mejia was seeded into the marathon as well without having to run the trials.

Report from Albuquerque: Charlie & Vivian Harris are both acclimatizing to the altitude. On June 29 Charlie ran and won a five miler in 27:09 (27:28 was second). Vivian won the women's $\frac{1}{2}$ mile race in 3:19 (3:19.2 was second). Race was a bit longer than advertised. On July 4, Charlie finished fourth in the New Mexico AAU One Hour Run (10 miles, 1107 yds). The winner was over 11 miles.

Herb Ashton is our new club record keeper, so if you think you may have run a club record (while a club member), send the mark (including date, wind info, etc.) to Herb at 1240 Capuchino in Burlingame (342-1669). He is currently compiling a list for open, high school, and seniors. Even if you are not now a club member but once were, send in your marks for verification.

Bob Crow qualified for the USOC Training Camp in Missoula, Montana between July 11 and August 1. The Olympic Club's Byron Lowry was the only other PA-AAU representative at the camp. Bob will be back to compete on the second leg of the Tahoe Relay.

As yet, we have not received the complete U.S. Masters results from San Diego (only the distance events), so we will not print any results this time. All NorCal finishers will appear in the August issue. West Valley TC had one competitor at the meet in race walker Phil Mooers who did splendidly in the 50-59 age group. In the mile walk he did 8:41.1 for 3rd and then came back for a 4th in the 20 km. event with 2:06:50.2. Max Gould of Canada won both events in 7:36.8 and 1:50:23.2.

Those WVTC runners not finishing high enough to be mentioned in the road race results at the rear of this issue are listed here. Golden Gate Park 8 Miler: 56 - Frank Cortez (49:44). Statuto: 60 - Frank Donahue (52:36), 68 - Vernon Rose (53:18), 91 -David Causey (54:56), and Bob Greer (130th, 58:40). Woodminster: (final placings with actual running time given - not handicap time) 74 - Frank Cortez (61:13), 113 - David Causey (66:55), and Bob Greer (72:49). Novato: 53 - Frank Cortez (44:43). Holy City: (For a complete set of results, send self-addressed stamped envelope to editor) 47 - Harvey Sandoval (56:48), 48 - Jim Bowles (56:50), 54 - Bob Stephenson (57:17), 70 - Frank Cortez (58:34), 77 - James Jacobs (59:20), 93 - Fred Mendoza (60:31), 95 - Kevin Gallagher (60:40), 104 - David Causey (62:03), 133 - Vernon Rose (64:20), 152 - Bob Greer (66:10), 164 - Bob Mignosa (66:57), 202 -Rich Greer (72:44). Felton: 96 - Robin Nowinski (1:16:33).

THIS AND THAT Nine Year Old Mike Boitano joined his sister Maryetta as a world record holder in the Golden Gate Marathon when he ran 3:28:18 for an age 9 record, breaking Dave Hargus' old record of 3:41:29 set in 1969....Some trophy collector picked up Bill Scobey's fourth place trophy from the Ft. Baker Run and would like to have it returned, either directly or through a team mate or friend....The First Annual Resurrection Pass Marathon will be held on August 7 at 10 am. Those wishing more information should contact the editor immediately. A group of ten or more can realize a savings of about \$60 from San Francisco. The normal roundtrip cost for an individual to Anchorage is about \$300. There is no travel to Anchorage from Seattle on Friday or Sunday.... Running Camp!! - Spend seven days running and relaxing in the Sierras. There will be no required runs for anyone. You will run when you want to and as often as you want. Leadership will come from the runners. Location: Truckee, Calif. Elevation is 6700 feet. Near Lake Tahoe, Squaw Valley, and Reno. Costs: \$55 covers all camp costs including room and board for one week. Two dates (one already past) are available: August 5-11. All ages and sexes accepted. The only restriction will be based on maturity. Contact Mike Healy or Gerry Haslam (707-224-1603) or write 690 Costa Dr., Napa, CA 94558....

BEARDALL & DEINES TO RUN IN LONDON-BRIGHTON RACE: Darryl Beardall, who because of injuries last year was unable to make the trip to the London-Brighton 52 Miler, is planning on making it this year and is building up the mileage. The fund now stands at \$697, and the cost to send Darryl is about \$730. I have contacted Bob Deines, the 1970 National 50 Mile Champion, and he has indicated he would like to join Darryl. The cost of his roundtrip would be only \$332 (Pan-American under 25 fare). That means we need to gather about \$365 more in order to send both to this famous race. We built up the fund so far through the unbelievable generosity of many, many Northern California runners and the AAU (Pacific Ass'n). I have just recently contacted the National AAU in order to try and get some funds from them. But the bulk of the remaining money necessary will have to come from you, the runners. All donations should be sent to Jack Leydig, 603 S. Eldorado St., San Mateo, 94402 (342-3181) and checks should be payable to either Jack Leydig or West Valley Track Club. Time is running out. Why not donate \$1.00 today? There will be a collection box passed around at most road races between now and the end of September, with a strong effort made at the Dipsea Race where we collected \$125 last year for the fund. There have also been rumors spreading around that John Pagliano (the Jr. Natl. winner) might go. With a team like this, the U.S. could very well challenge for the team title. Every bit helps. Put your contribution in the mail today!!

NEW POINT TOTALS IN 1971 TEAM RACE: We didn't run our normal point totals in last issue for lack of space. Below are listed the top 15 open and top 9 seniors through the Felton race. Complete results for Ft. Baker and Tiburon have not been received by press time and will be included in next issue along with other results. We are missing results for the following races and they have not been included in the totals below: Lake Merritt 5 km. (seniors count here), Monterey 17 miler, and Monterey 7.5 miler (seniors only). If you have the top runners in either of these races, please send results to the editor at once. *** Basically, for the uninitiated, this is how our system works. Each year at the Lake Merritt Colombus Day Races, a hypothetical all NorCal Cross Country Team (AAU) is selected by means of voting by the runners. They use the following point totals as a guideline, but the top point getters don't necessarily always get voted in. Six open runners and one senior are voted on the team. In getting our totals, we consider all PA-AAU road and cross country races with the exception that if two races are run at one location on the same day, only the longer race counts for open competition, but both count for senior competition. Out of Association runs are not considered in the actual totaling. To figure a runner's ranking, take his average placing and divide it by the number of races he has run in, with the following stipulations: open runners must have finished in the top 10 places to have that race count (top six for seniors, with all other competitors excluded for tally purposes). This way, a good runner is not penalized for having a bad day. Actually, all runners can use this system (with the modification that all races should be counted) to figure their average. Please check the totals below if you're listed, and see if you check with us. If not, send us your results for the year. We do make mistakes. *** In the open competition, West Valley TC's Rich Delgado edged ahead of Marin AC's Darryl Beardall to take the lead in an attempt to hold the title he won last year. Alvaro Mejia dropped a notch to third as Rich moved up from that place. Bill Mackey of the West Valley Joggers & Striders maintained his strong lead and became the first ever PA runner to dip under 0.100. Congratulations!!!

				5	ENIOR	S						
Runner/Club (# of races	run)		lst	<u>2nd</u>	<u>3rd</u>	4th	<u>5th</u>	<u>6th</u>		Aver. Place	Rating	
Bill Mackey/West Valley	J&S (16)	11	4	1	0	0	0		1.38	.0859	
Jim O'Neil/SF Olympic Cl	ub (1	6)	3	6	4	2	0	1		2.56	.160	
T.A. de Lusignan/Marin A			6	3	2	1	1	0		2.08	.160	
Don Pickett/SF Olympic C	lub (22)	1	3	9	2	3	4		3.68	.167	
Peter Wood/N.C.S.T.C. (1	.2)		6	4	0	1	1	0		2.00	.167	
Peter Mattei/N.C.S.T.C.	(16)		2	4	3	4	0	3		3.25	.203	
Dave Stevenson/Stanford	RC (1	4)	0	3	4	4	2	1		3.57	.255	
Ross Smith/West Valley J	1&S (8)	3	0	4	1	0	0		2.38	.297	
Bob Malain/N.C.S.T.C. (8	3)		4	1	0	1	2	0		2.50	.312	
					OPEN							
Runner/Club (# of races run)	lst	<u>2nd</u>	<u>3rd</u>	<u>4th</u>	<u>5th</u>	<u>6th</u>	<u>7th</u>	<u>8th</u>	<u>9th</u>	<u>10th</u>	Aver. Place	Rating
Rich Delgado/West Valley TC (16)	8	3	3	0	0	0	0	0	1	1	2.63	.164
Darryl Beardall/Marin AC (23)	2	4	7	2	3	1	2	1	1	0	3.96	.172
Alvaro Mejia/West Valley TC (6)	5	1	0	0	0	0	0	0	0	0	1.17	.194
Byron Lowry/SF Olympic Club (8)	1	5	2 2	0	0	0	0	0	0	0	2.12	.266
Ray Darwin/Culver City AC (12)	0	2	2	3	2	2	0	0	1	0	4.42	.368
Bill Clark/West Valley TC (6)	3	1	1	0	0	1	0	0	0	0	2.33	.389
Greg Chapman/Solano TC (12)	1	2	1	1	3	1	0	2	0	1	4.92	.410
Duwayne Ray/West Valley TC (7)	2	1	1	2	0	0	1	0	0	0	3.14	.449

CENTODO

Rating
.460
.500
.563
.583
.642
.667
.722

ADVERTISING

Interested in selling your product, notifying others of your race? With a circulation of almost 500 per month (including 250 mailed subscriptions), the <u>NCRR</u> will get results for your ad. Why? Because we advertise to a select group --- runners!! Our rates are inexpensive and effectively improve sales for you: 50¢ per line, based on a $7\frac{1}{2}$ inch line, normal type, 12 characters per inch; for reproduction work - 25¢ per square inch for straight black & white, except 50¢ per sq. in. where half-toning (shades) are necessary. The per square inch rate applies to the final size you want your ad (we reduce or enlarge as required). If you desire to simply enclose an insert ($8\frac{1}{2} \times 11$), the rate is \$15.00 per page (one or two sides). Send about 400 to 500 inserts for a month. The photos you send should be good contrast, preferrably black & white. All checks payable to West Valley Track Club.

<u>NEW ROAD KING SHOES</u>: New brown suede reverse leather style for running and casual wear available in addition to the regular white, two-stripe running shoe. Extra cushion and improved construction minimizes road shock. Why fight blisters and sore tendons? Wear ROAD KINGS!! Contact: NorCal Distributor, Don Pickett, 1800 Vistazo West, Tiburon, CA 94920. Ph. 435-1117, evenings. Don is also at most area road races with a good selection of sizes.

<u>RUNNING UNLIMITED</u>: (Tiger Distributor) - Tom Laris, 407 California Ave., Palo Alto, CA 94306 (Ph. 328-4274). With summer road racing and the All-Comers meets in full swing, it's time for many of us to reach into our wallets and purchase a new pair of training or racing shoes. Tom has probably just what you need...all sizes...all styles. Tiger is definitely the "in" shoe as far as road racing goes. Take a look at the number of runners wearing them in the next race. RUNNING UNLIMITED also carries, shorts, shirts, insoles, running books, carrying bags, spikes, and a variety of other athletic products. Tom is at most of the local road races. Why not look him up at the next run?

UNIVERSITY SPORTS: 2455-S Old Middlefield Way, Mt. View, CA (Ph. 415/967-4150). Quality running shoes including ripple-soled shoes: HUMMEL*NEW BALANCE*TIGER*REEBOK. Also, warm-up suits, insoles, socks, laces, travel bags, resoling materials, arch supports, and heel cups. Our hours are: 10 to 5 on Tues. thru Fri.; (closed Mondays); and 10 to 4 on Saturday.

"GUIDE TO DISTANCE RUNNING": The Complete Book on Distance Running. Here's a book edited by Runner's World publisher Bob Anderson and editor Joe Henderson that hits upon nearly every facet of the sport. The nearly 100 articles divided into five chapters (The Basics, Races & Racing, Coaching & Training, The Reasons Why, The People) are the work of over 50 different authors. The 6th Chapter covers 100 Photos divided into section (The Track, Country, Road, Great Stars, Olympic Games, Just Running). It's a BIG 208 Pages (8½ x 11) book, but you have to see it to really appreciate it. It's only \$4.95 and well worth the price. Order yours today from West Valley Track Club, 603 S. Eldorado St., San Mateo, CA 94402 or look on the NCRR stand at the next road race.

1970 NORCAL DISTANCE RUNNING ANNUAL: This publication is truly a distnace runner's handbook, whether he be in high school, college, or AAU...you name it! This Annual is not only a review of the 1970 season in Northern California, but also a handbook for 1971. It contains the 1970 PA-AAU X-C Team; 1970 Highlights, Winners of all 1970 AAU races and their times; 1970 Marathon lists up to 2:50 for open, 3:20 for seniors, and 5 hours for women - all performances by NorCal runners; Sections on...Seniors, age group, women, high school, collegians, clubs, even the officials and helpers and others connected with promoting the sport; a cross section of all our runners with many photos of groups of runners (starts of races, etc.); 1971 Long Distance Schedule, PA-AAU Club Directory with addresses, phone #'s, etc.; advertisements, and much more. A big 80 pages, paperback ($6\frac{1}{2} \times 8\frac{1}{2}$), almost 100 photos of runners. Order yours today while they last (250 plus sold already); Write Jack Leydig, 603 S. Eldorado St., San Mateo, CA 94402 and get yours now. Only \$2.00, plus 25¢ for third class mailing (checks payable to West Valley TC).

LOOKING FOR MERCHANDISE AWARDS FOR YOUR RACE? Add some variety to your prizes if you're sponsoring a road race or track & field meet. Give subscriptions to the N.C.R.R. (only \$3.50) or NorCal Distance Running Annuals (\$2.00). If you're interested, contact the editor of this paper. Special rates for groups of subscriptions or Annuals. On 10 or more, \$3.00 for NCRR and \$1.50 for Annual.

NORTHERN CALIFORNIA PORTRAIT

<u>Meet Bill Ranney</u>: Fairfax, CA (Athens AC). 6'0", 160 lbs., 36 years old, born July 6, 1935 (Quincy, Mass.), married, no children. Began running in 1948 and race walking in 1966. Self-coached, with sharing of ideas with other Athens walkers plus two or three European walkers. Occupation: teacher.

TRAINING: I train 13 out of 14 days and rest only when the body demands it. Training is quite the same all year around with perhaps a bit more mileage during November to February. I average 80-85 miles a week throughout the year. Longest ever workout was 50 miles. I have raced 32 miles and several 50 kms. (31 miles).

BEST TIMES: (All walking) - Miles; 1 - 6:42, 2 - 14:12, 5 - 36:21, 10 - 1:15:04, 20 - 2:38:30. Kms; 5 - 22:21, 10 - 45:03, 20 - 1:34:45, 25 - 1:59:12, 35 - 2:59:01, 50 - 4:32:12. Favorite frequency of competition: easy competition (no pressure) as often as every other week, serious competition only once a month. Favorite distances: 25 kilometers to 25 miles.

DESCRIPTION OF TRAINING & RACING: After a full, and moderately successful career as a runner (440 - 50.0, 880 - 1:56, 10 Mile - 52:12, Marathon - 2:38, and several Dipsea's at around 50 minutes), I started walking as I enjoyed it, and it was a new challenge. It has taken me years to "learn to race". My best times and places in National Championships have come during the past year. The past six Nationals I have averaged fourth. Serious training in hopes of 1972 is well under way. I enjoy racing in large fields (100 or more). In the summer of 1970 I raced 14 times in Germany and Switzerland and won the Swiss 15 km. championships at Zurich in 1:08:50. Most races in Europe have 100 to 300 entrants. The emphasis is great on walking and acceptance is wide.

WEST VALLEY PORTRAIT

<u>Richard Clark</u> is 14 years old and will be a freshman at Prospect High School in San Jose next fall. His present address is 2060 Arrowood Lane in San Jose (Ph. 378-5302). Richard has been a member of West Valley for about $l\frac{1}{2}$ years now and ran for the San Jose Yearlings previously. He recently graduated from Castro Jr. High. He moved to the U.S. from England in 1964.

Richard's best marks show that he has ability in quite a few events. He has pole-vaulted 9'6" and high jumped 4'11", as well as running the 880 in 2:21 and mile in 4:59. Clark also has an 11:00 two mile clocking to his credit. On the roads, Richard has also done very well with his best clockings coming at Holy City (66:05), Daly City (60:15), Bay to Breakers (49:02), Dipsea

(64:36), and Petaluma Marathon (3:35:40). His training in the summer is geared for getting him into good shape for cross country. Clark feels that the most exciting moment in his competitive career came with the feeling of accomplishment he got after finishing his first marathon at the age of eleven. In the future, Richard hopes to become a top cross country and track athlete in high school and prove tough competition for his competitors in his later career. He has already accomplished a great deal. Already this summer he is looking forward to participating on one of West Valley's Tahoe Relay teams. His freshman year lies ahead, and great things await him.

LONG DISTANCE SCHEDULE

Note: All runs listed below are sanctioned AAU events except those specified as DSE races. These are strictly run-for-fun events that are sponsored by the Dolphin/South End Rowing Club of San Francisco. Some of the races listed are out of the PA-AAU and are so designated by an asterisk (*). All requests for entries and information should be addressed to the meet directors.

Aug 7 - PA-AAU One Hour Run Championships. Mt. Tamalpais High, Mill Valley, 5 pm. Peter Mattei, 1000 North Point, S.F. 94109. Aug 7 - 1st Resurrection Pass Trail Marathon, SW of Anchorage, Alaska, 10 am. John Trent, 1700 Tudor Rd., Anchorage, Ala. 99507. Aug 8 - Practice Dipsea Run, Mill Valley to Stinson Beach, 6.8 mi., 10 am. (DSE Run) Aug 14 - PA-AAU Lake Tahoe Relay, 72 miles (7 men), 9 am. Only clubs, schools, or service teams. Peter Mattei, 1000 North Point, SF. Aug 15 - Practice Dipsea Run, Mill Valley to Stinson Beach, 6.8 mi., 10 am. (DSE Run) Aug 15 - Pikes Peak Marathon, Colorado Sprgs., Colo., 7:30 am. Rudy Fahl, 2400 West Colorado Ave., Colorado Springs, Col. 80904 (*) Aug 21 - Mt. Misery 8 Mile Run, Placerville, 10 am. Hangtown Harriers, Ernie Marinoni, 5101 Newton Rd., Placerville, CA. Aug 22 - Pierce Point Ridge Run, 8.5 mi., Pt. Reyes Natl. Seashore, noon. Marin AC, Jeff Kroot, P.O. Box 267, Lagunitas, CA 94938. Aug 28 - 3rd Annual Golden Empire XC Run, Nevada County Fairgrounds, Grass Valley, 6 pm. (Age groups, men & women). Nicholas Vogt, Star Route, Smartville, CA (273-4711) for men; Don Wimer, Burma Rd., Grass Valley (273-4343 or 273-3334) for women. Aug 28 - 24 Hour, 10 Man Relay, Laton. Richard Peterson, P.O. Box 206, Laton, CA. (*) Aug 29 - 61st Annual Dipsea Race, 6.8 mi., Mill Valley, CA, 10 am. Mill Valley Jaycees, Mill Valley, CA 94941. Sep 4 - 9th Annual Emerald Hill Run, 7.5 Mi., Redwood City, 9:30 am. RC Striders, Mike Ipsen, Box 868, Redwood City, CA. Sep 4 - Hume Lake Run, 62 miles. David Bronzen, P.O. Box 385, Three Rivers, CA. (*) Sep 5 - Lake Merced Run, 5 mi., 10 am. (DSE Run) Sep 11 - Alameda XC Carnival, Age Group Run, Alameda, CA, 10 am. Alameda TC, Robert DeCelle, P.O. Box 362, Alameda, CA 94501. Sep 12 - 2nd Double Dipsea, Mill Valley, 10 am. Dolphin/South End Rowing Club, Walt Stack, 321 Collingwood, San Francisco, (MI7-9459) Sep 18 - Lake Wildwood XC Open, Lake Wildwood, 10 am (10 miles). Nicholas Vogt, Star Route, Smartville, CA 95977. Sep 19 - 27th Annual Walnut Festival, 5.7 miles, 10 am, Walnut Creek, CA. ABSOLUTELY NO POST ENTRIES! Andrew McCono, 1840 Geary Rd., Walnut Creek, CA. Sep 25 - PA-AAU 25 Km. Championships, Golden Gate Park, SF, 10 am. Peter Mattei, 1000 North Point, SF, 94109. Sep 26 - Golden Gate Bridge Round Trip, 3 mi., 10 am. (DSE Run) Sep 26 - NAS Lemoore 6.5 mile run. Keith Westbay, U.S. Naval Air Station, Lemoore, CA. (*)

- Oct 2 Woodlake Run, 25 km. Wayne Van Dellan, 498 Castle Rock St., Woodlake, CA. (Age Group Runs) (*)
- Oct 3 Napa Marathon, Napa, CA, 9 am. Napa Valley Runners, Chuck Hall, 4516 Dry Creek Rd., Napa, CA.
- Oct 3 Santa Barbara Marathon, Santa Barbara, CA, 7:30 am (handicapped). John Brennand, 4476 Meadowlark Ln, Santa Barbara, 93105.

TRACK & FIELD SCHEDULE

- Aug ?? Natl. AAU Pentathlon Championships, (men), San Diego. For more information contact Don Ramos, 1531 Guadalajara, San Jose, Phone: (269-2163).
- Sept 2 Police Olympics (3 days), San Francisco (??). Contact PA-AAU, Suite 601, 942 Market St., San Francisco, CA 94102.

Sept 5 - Caledonian Games (Santa Rosa Fairgrounds), 10 am. Several track events.

All-Comers Meets: As far as we know, the following meets are being scheduled. Where dates are not specified, check further before going. Some of these meets may have stopped in July unless otherwise specified. *** At the College of San Mateo, meets will start at 11:30 am each Saturday through August 14. Contact Harry Young, 2120 Adeline Dr., Burlingame, CA 94010 for more information. *** A series of All-Comers meets are being conducted at San Jose City College on Mondays (16 yrs. and under) and Tuesdays (17 & over) from 6 to 9 each evening. The Monday night meet is for both girls & boys. Contact Bert Bonanno, Track Coach, San Jose City College (Ph. 298-2181, ext. 227) for more information. *** Another series will be conducted at Foothill College on Thursday evenings at 6 pm. These used to be (and may still be) held at DeAnza College because of the resurfacing of the Foothill track. They may never have been transferred back. *** Other All-Comers that we've heard about, but no closing dates given: @ Diablo Valley College on Wednesdays at 6 pm and Saturday at 11; @ Leigh High School in San Jose on Wednesday evenings; at the East Campus Track in Merced on Tuesday evenings at 7 pm (went through at least the end of July). *** The San Jose CC meets go thru Aug. 9-10.

Age Group: On August 12, the AAU Junior Olympics will be held at the Air Force Academy in Colorado Springs, Colorado. There will be a series of girls age group races at the Walnut Festival, Sept. 19. (See above Long Distance Schedule).

HELP !! Jim Hume, Estle Argabright, and others...we need schedules for women, age group, seniors. If you know of any meets or can send me a schedule, please do so immediately.

RACE WALKING

- Aug 15 Golden Gate Park Championship course, 15 km., handicap, 9 am at Tennis Courts.
- Aug 22 Jr. Natl. AAU 20 km. Championships, Santa Monica, CA.
- Sep 5 Santa Rosa Fairgrounds, 10:30 am, Caledonian Games, 5 km.
- Sep 6 Sr. 30 Km. Championships, Seattle, Washington.
- Sep 12 Fairfax 5 Miler, 12 noon.
- Sep 19 Sr. Natl. 25 Km., Long Island, New York.
- Oct 10 Columbus Day Lake Merritt, 5 km., 9:30 am, Oakland.

*For further information concerning race walking, contact Bill Ranney, One Barker Ct., Fairfax, CA 94930 (Ph. 456-2641). ***Attention walkers in the North Peninsula area! Brad Mills (1465 Cortez Ave., Burlingane, 94010, Ph: 342-3153) is interested in training with others in the area. If you or someone you know might be interested, please contact Brad at your convenience.

NYAC Edges Athens for Natl. Sr. 50 Kilo Title: (June 12, Cedar Grove, NJ) - Missouri's Larry Young won the individual title in the Senior 50 today, but of more importance to PA walkers was the close second place finish of the Athens AC team composed of Goetz Klopfer, Bob Kitchen, and Bill Ranney. New York AC barely took the title (2-5-8) to Athens' (4-6-7). Young's winning time was an excellent 4:18:29.2. Then came John Knifton (NYAC) in 4:19:23, Gary Westerfield (SC Striders) 4:21:05, and Goetz Klopfer (4:22:32) who led the NorCal group. Kitchen's time was 4:30:17 with Ranney a notch back in 4:42:10. Other Californians who we know about were Todd Scully (10th, 4:50:12), and John Kelly (41 years old) who got 11th with a fine 4:53:40. Temp: low 90's.

USSR-USA-All Star Race: (July 3, Golden Gate Park): The walkers started at 9 am sharp, to the watchful eyes of several of the best judges in the U.S.: Bill Chisholm, Murray Rosenstein, Frank Hagerty, Tom Carroll, Art Smith. The first two being members of the International panel of walking judges. The field moved out at a rather slow (for them) pace--and came by the first 5 km. lap in 22:45. During this first lap Bob Gardiner of Australia drew the first caution of the race (for lifting). On the first part of the second loop, Nihill (England) and Smaga and Shaloshyk (Russia) pulled ahead slightly--but Dooley and Klopfer pulled back up even during the later part of the lap and all five passed 10 km. at 45:48. During the second lap all but Gardiner and Klopfer drew cautions for lifting. During the third 5 kilometers Nihill and Smaga stepped the pace up considerably and left the field. At about 12 kms. Shaloshyk was disqualified from the race. I saw this second caution given by Bill Chisholm--and immediately told the Russian coach. He questioned as to how his walker was DQ'ed. I had my wife stop the car, and ran to ask Mr. Chisholm. I was informed that it was for lifting. When informed of the reason, Mr. Fruktov said he was also a member of the International panel of judges and did not agree with the call. Mr. Chisholm tried to stop the walker--and even stood in front of him with his arms extended in attempt to have Shaloshyk halt. The Russian coach asked me to advise the officials--and other competitors that his walker was going to continue the race--and then after the protest was filed, at least the placing of the competitor would be known if he was allowed to score. After a discussion with the Soviet Head Coach--the Soviet Walking Coach--and the Chief Judge, Mr. Chisholm, the Russians were advised that their walker was DQed by the officials and that he should stop. However, he didn't do so. Dooley was just a few yards behind Shaloshyk at this point and so the Russian's presence could do nothing but help Tom at this point. Smaga and Nihill passed the 15 km. mark in 68:02, both looking quite easy and relaxed. (We later found out that they had decided to walk together for the last 8 kms, as they were not scored against each other, but both against the USA). The last five kms. saw Klopfer fade and Dooley also fall back with a slow lap. Gardiner moved quickly through the last lap and almost caught Dooley after passing Klopfer. Shaloshyk maintained about the same spot and passed the finish in third. After the race we learned that Dooley had eaten some food the evening before that had upset his stomach to a great degree. This obviously altered his otherwise steady performances. A brief discussion between the Head Judge and Mr. Fruktov came about, but cooler heads prevailed until our return to the stadium. The protest was presented to the Panel, and then to Mr. Dan Ferris. It does appear that there was no member of the All-Star team present on this Panel. However, Mr. Ferris reached the decision that Shaloshyk should be allowed third place. His reasoning did not make much sense: First he said that the Russians did not know about the DQ. Second, he said the walker's number should have been removed. This could not have been done without tearing the jersey from his chest. Thirdly, because there were no red flags. These were at the race, but not used as there were only two sets at the start. Final Results: (1) Paul Nihill - 90:08, (2) N. Smaga - 90:08.1, (3) V. Shaloshyk - 93:27, (4) Dooley - 93:59, (5) Gardiner - 94:15, (6) Goetz Klopfer - 96:26. *** Submitted by Bill Ranney.

WOMEN'S. AGE GROUP. & SENIOR RESULTS

Marilyn King Takes Crown in Pentathlon: (June 12, Los Alamos, N.M.) - Marilyn King of the Millbrae Lions came within four points of equaling the American record as she won the National AAU Women's Pentathlon. Miss King garnered 4,731 points in the five-event track & field competition, barely missing the national record of 4,735 points, held by Pat Bank, the defending AAU champion who was unable to compete today because of a knee injury. Her victory in Los Alamos assures Miss King of a place on the American delegation to the Pan American Games. Joining her in Cali, Colombia, will be Judy Durham of the Angels Track Club, who finished second with 4,525 points. Miss King's marks were: 100HH: 13.9, SP: 37-8, LJ: 20-1, 200: 25.1, and HJ: 5-12. Linda Iddings (Angels TC) was third with 4,392, followed by Lucia Vaamonde (Venezuelan Natl. Champ.) at 4,325 and Lisa Chiavario (4,225).

Results of PA-AAU Junior Olympics: (June 26-27, Reno, Nevada) - Only winning marks are available (from <u>Nevada State Journal</u>) -BOYS: (Sr. Div.) - HJ: Bill Kahn (Millbrae) 6-4; <u>Disc</u>: James Graf (Hawthorne) 138-9; <u>440</u>: Bruce Veal (RC Striders) 50.6; <u>880</u>: Joe Brennick (Ygnacio Vly) 2:08.9; <u>220</u>: Mike Sinnock (Nevada Union) 23.1; <u>Mile Walk</u>: Jerry Lansing (Athens AC) 7:26.0; <u>TJ</u>: Doug Thibault (San Jose) 43-6; <u>SP</u>: William Popin 50-7½; <u>440R</u>: Racers (Sac'to) 44.5; <u>PV</u>: Kelly Lindsay (La Sierra) 13-6; <u>Mile</u>: Rich Cowan (Ygnacio Vly) 4:40.5; <u>880R</u>: RC Striders (no time); <u>180LH</u>: Gregg Densmore (Chico) 21.0; <u>Mile R</u>: Mission City (no time); <u>LJ</u>: Døyg Thibault 23-0; <u>100</u>: Mike Sinnock (Grass Valley) 10.1; <u>6 Mi. Walk</u>: Jerry Lansing 50:39.6. GIRLS: (Sr. Div.) - <u>880</u>: Ronalee Slosson (Wills Spikettes) 2:24.4; <u>Disc</u>: Brenda Blackham (Yerington) 118-9½; <u>440</u>: Dianne Yost (Dusters) 57.0; <u>HJ</u>: Terri Seydel (unat.) 4-10; <u>220</u>: Myra Albrecht (unat.) 25.6; <u>SP</u>: Dorothea Trimble (Millbrae) 36-6; <u>440R</u>: Orinda TC 49.7; <u>Mile</u>: Slosson 5:31.8; <u>100</u>: Albrecht (Del Norte) 10.7; <u>880R</u>: Orinda TC 1:44.9; <u>80LH</u>: Janet Benford (Laurel TC) 11.0; <u>LJ</u>: Albrecht 18-3. For more results in other divisions, write the editor (enclose self-addressed stamped envelope).

Senior All-Comers Meets: Mel Smith, coach of track for San Joaquin Delta College, is organizing some meets this summer. There are senior competitions in the following meets: Aug. 7 at Lodi High School (Lodi), time not decided exactly, but will be late morning or early afternoon. Lodi Chamber of Commerce will have the details. Also, at Edison High (Stockton) on Wednesday, August 11 at 6 or 6:30 pm. In order to win a medal in this meet you must have participated in one of the previous meets.

<u>Results of College of Marin Seniors Meet</u>: (June 6) - 100: Frederickson 10.6, Mahany 10.8, Jordan 11.0; <u>Mile</u>: Dave Pratt 4:47.7, Carl Martin 4:58.9, Frank Harrison 5:00.2, Peter Wood 5:02.0; <u>440</u>: Frederickson 56.8, Villafuerte 57.6, Melgosa 58.0; <u>220</u>: Frederickson 24.7, Guidet 25.0, Grant 25.4; <u>880</u>: C. Martin 2:16.8, Villafuerte 2:19.2, Harry Hill 2:20.7; LJ: Grant 19-7¹/₂, Mahany 18-1, Betschart 16-5¹/₂; <u>SP</u>: Steele 38-7, Betschart 36-2 3/4, J. Hill 34-3; <u>Disc</u>: Steele 120-5¹/₂, Pratt 91-5¹/₂; <u>Hammer</u>: Steele 107-6; <u>3 Mile</u>: C. Martin 18:16, H. Hill 19:36, Bill Monheit 21:29.

Senior Sports International Track & Field Meet: (Los Angeles, June 19-21) - I tried to pick out all the Northern Californians that I could from the huge volume of results that came to me (8 divisions, each five years starting 35-39). If I missed anyone, please let me know and we'll print it in the August issue. Results of the Senior Olympics (held in San Diego) have not been received as yet and will also be in the next time. *** 100: 35-39: (2) Hicks 11.8; 40-44: (1) Rhoden 11.4, (3) Frederickson 12.1, (5) Grant 12.3; 45-49: (3) Rademaker 12.4; 50-54: (1) Guidet 12.3; 60-64: (2) Puglizevich 13.8; 200: 40-44: (1) Rhoden 23.0, (3) Frederickson 24.5; 45-49: (2) Rademaker 24.5; 50-54: (1) Guidet 24.8; 60-64: (2) Puglizevich 28.9; 400: 60-64: Puglizevich 70.0; 800: (1) Waterman 2:14.5 (50-54); 5000: 40-44: (2) Peter Wood 16:47.2; 50-54: (3) Waterman 19:00.0; 65-69: (1) Marinoni 23:30.0; 10.000: 35-39: (5) Shettler 35:10.0; 45-49: (1) O'Neil 34:36.6; 60-64: (1) Marinoni 46:55.0; 60HH: 45-49: (1) Rademaker 9.1; 200LH: 40-44: (4) Ed Dowell 33.0; 45-49: (1) Rademaker 27.3; 50-54: (1) Guidet 29.5; 400R: 40-44: (4) NCSTC (Frederickson, Dowell, Palmer, Grant) 46.5; 1600R: 40-49: (2) NCSTC (Grant, Frederickson, Wallace, Palmer) 3:48.1; SP: 40-44: (1) C. Steele 34-42, (3) Holmes 28-3; 60-64: (2) Puglizevich 41-8; Disc: 40-44: (2) Steele 117-7, (5) Dowell 93-6, (6) Holmes 77-4; 60-64: (2) Puglizevich 108-11; LJ: 40-44: (2) Grant 18-12; 60-64: (3) Puglizevich 12-0; TJ: 40-44: (2) Grant 37-02; HJ: 60-64: (4) Puglizevich 4-0; Jav: 40-44: (3) Steele 135-4; 50-54: (5) Kilbuck 127-10; 60-64: (2) Puglizevich 116-9; HT: 40-44: (1) Steele 98-9.

Seniors Track & Field N.W. Championships: (July 17-18, Gresham, Ore.) - 440R: (1) NCSTC (Mahaney, Frederickson, Guidet, Jordan) 46.82: 120HH: (40-49): (2) Rademaker 15.85: 100: 40-49: (2) Rademaker 10.71, (4) Jordan 10.93, (5) Mahaney 11.10, (6) Frederickson 11.10; 50-59: (1) Guidet 11.17, (2) Niblock 11.64; Over 60: (1) Puglizevich 12.45, (2) Carnine 12.52; HJ: Over 60: (2) Puglizevich 3-8; LJ: 40-49: Mahaney 18-8½ (2nd); Jav: 40-49: (1) Dowell 124-7, (4) Mahaney 100-2; Over 60: (1) Carnine 117-0, (3) Puglizevich 90-5; Mile: 40-49: (5) Beale 5:44.6; Over 60: (1) Norman Bright 5:21.16; 440: 50-59: (1) Niblock 63.2; Disc: Over 60: (1) Carnine 122-11, (2) Puglizevich 99-8; SP: Over 60: (1) Puglizevich 43-3, (2) Carnine 40-8; <u>3 Mi</u>: 40-49: (2) Beale 21:16; Over 60: (1) Norman Bright 18:02.6; <u>220</u>: 40-49: (2) Rademaker 24.1, (5) Jordan 24.8; 50-59: (1) Guidet 24.9, (2) Niblock 26.9; Over 60: (1) Carnine 28.7, (2) Puglizevich 30.1; <u>MileR</u>: (2) NCSTC (Mahaney, Frederickson, Guidet, Jordan) 3:51.31; <u>880</u>: 50-59: (1) Niblock 2:18.5; LJ: 50-59: (1) Guidet 17-1; Over 60: (3) Carnine 12-5, (4) Puglizevich 12-2; <u>6 Mi</u>: 40-49: (4) Beale 46:34.2; Over 60: (1) Bright 37:52.6; <u>330LH</u>: 50-59: (1) Guidet 40.7.

High School State Meet: (June 5, Los Angeles) - Since last issue we have received more complete results of the California State Meet. Last month we listed the top six. Here we go as deep as possible for those that we know about. Only NorCal finishers are listed. *** 180LH: (7) Skillman (Campbell) 19.8; LJ: (9) Conway (Cupertino) 22-11; Mile: In heats (Collier, Tamalpais) 4:15.7, (Cowan, Ygnacio Vly) 4:18.4, (Edwards, Highlands) 4:19.6; MileR: In heats (Richmond) 3:18.4; 100: In heats (Burns, El Cerrito) 9.8, (Harris, Seaside) 9.8, (Shavers, Albany) 9.8; 440: (7) DeDora (Santa Rosa) 47.3, In heats (Wilson, Sunset) 48.2, (Rogers, Castlemont) 48.6; 980: In heats (Carlson, Westmont) 1:54.1, (Nyatt, Placer) 1:53.6, (Chappel, San Marin) 1:54.3; <u>2 Mi</u>: (9) Mc-Connell (Soquel) no time; <u>120HH</u>: In heats (Porter, Vallejo) 14.6, (Sherwood, Tracy) 14.2; <u>SP</u>: (12) Stevenson (McClymonds) 57-2.

OTHER TRACK & FIELD RESULTS

National AAU Championships: (Eugene, Oregon - June 25-26) - All results below are performances of Northern California athletes in the finals. *** 100: (7) Warren Edmonson 9.3, (8) Hart (Athens) 9.2 in heats; <u>Mile</u>: (12) George Stewart (Mid-Am TC) 4:08.9 (4:03.8 in heats); <u>3 Mi</u>: (12) John Boggis (England, staying in Bay Area for 6 weeks) 13:43.6; <u>6 Mi</u>: (7) Don Kardong (West Valley TC) 28:00.6, (8) Tom Laris (NYAC) 28:04.6, (14) Jon Anderson (Oregon TC, now living in Bay Area) 28:36, (15) Bill Clark (West Valley TC) 28:42.2, (22) Lee Ferrero (USAF) 29:28.0; <u>Steeplechase</u>: (4) Bob Price (AIA) 8:33.8, (8) Cliff Clark (USAF) 8:40.2, (12) Ed Haver (UC Davis) 8:48.8; <u>2 Mile Walk</u>: (4) Bill Ranney (Athens AC) 14:12.2, (6) Jim Bean (unatt.) 14:33.4 (all others DQ'd); <u>120HH</u>: (5) George Carty (San Jose St.) 13.4; HJ: (13th,tie) Clarence Johnson (Athens AC) 6-9, (16th,tie) Gary Hines (Athens AC) 6-9; <u>PV</u>: (4) Vic Dias (Stockton TC) 16-6, (9,tie) Russ Royal (Cal TFA); <u>TJ</u>: (10) Chuck Steffes (unatt.) 50-11⁴w; <u>SP</u>: (5) Bruce Wilhelm (Ft Mac) 65-5¹/₂, (9) Steve Wilhelm (Mid-Am TC) 62-7 3/4, (12) Greg Born (Stockton TC) 59-1; <u>Disc</u>: (12) Larry Kennedy (Athens AC) 184-8, (17) Dave Weill (Athens AC) 175-2; <u>HT</u>: (11) Keith Tice (Fresno St) 189-7.

US-USSR-World All-Stars Meet: (Berkeley, July 2-3) - The highlight of the meet was Pat Matzdorf's brilliant world record high jump of 7-6;, topping the official world record of 7-5 3/4 set by Soviet Valeriy Brumel. He matched China's Ni Chih-chin's mark which will probably never be officially recognized by the IAAF. In team scoring, the US men won 126-110, but the women lost by an equal amount (76-60) and so the meet ended up an overall tie (186 each). No scores were kept between the Soviets and the World All-Star team, but the US defeated them 138-91 (men) and 79-54 (women). Below are listed the Californians who ran in the meet: *** Men: 220: (2) Willie Deckard 21.0; Mile: (5) Jim Crawford 3:46.2; <u>20 Km. Walk</u>: (4) Tom Dooley 1:33:59.6, (6) Goetz Klopfer 1:36:26.6; <u>440IH</u>: (5) Wes Williams 51.0; HJ: (2) Reynaldo Brown 7-3; PV: (4) Chris Papanicolaou (ex-SJS) 16-5; LJ: (1) Arnie Robinson 25-10; TJ: (4) Mohinder Gill (India, at Cal Poly) 54-8 3/4; <u>Disc</u>: (4) Les Mills (New Zealand, ex-Foothill Coll) 192-1; <u>400R</u>: (2) 39.5, Warren Edmonson; <u>1600R</u>: (1) 3:02.9, Edesel Garrison (46.3). Women: <u>SP</u>: (3) Lynn Graham 52-2; <u>1600R</u>: (2) 3:38.1 (Kathy Hammond).

All-Comers Meet @ CSM (June 19): (OPEN) - 440R: CCSF (Jones, Shields, Williams, Broker) 44.7; 120HH: Craig Fisher (Wyoming) 15.0, John Brocker (CCSF) 15.2, Darrett Williams (CCSF) 16.1; Mile: Ron Genschmer (Sunset High/WVTC) 4:31.2, Rich Milan (Chabot) 4:31.2, Jim Haberkom (UC Davis) 4:42; 100: Shields (CCSF) 9.7, Joe Jones (CCSF) 9.8, Greg Marshall (Whittier) 9.9; 440: Carl Wilson (Sunset) 50.2, Tom Sershen (CSCH) 51.6, Paul Armstrong (Columbia) 51.8; LJ: Dave Robinson (Soul Club) 21-72, Craig Fisher (Wyo) 21-02, John Estrada (unatt.) 20-62; HT: Roy Salvato (unat.) 159-8, John Trebotich (Athens) 154-6, Bob Carlson (Athens) 151-8; <u>3 Mile</u>: Jack Leydig (West Valley TC) 15:24.2, Rudy Narvaez (CCSF) 15:32.8, Don Curtis (Campolindo HS) 15:36.2; <u>220</u>: Larry Shields (CCSF) 22.2, Joe Jones (CCSF) 22.4, Greg Marshall (Whittier) 22.7; Jav: Mike Harriman (Sac-St) 204-6, C. Healy (Burlingame) 176-0, Tom Swartzell (SSF) 154-6; <u>880</u>: Chuck Lawson (ex-Castlemont) 2:05.0, Dennis Tracy (Canyon TC) 2:05.4, Wayne Morris (Fresno) 2:06.2; MileR: Unatt. Team (Genschmer, Smith, Milan, Wilson) 3:31.6; PV: Jim Frangos (Cal) 11-6; Disc: Larry Kennedy (Athens) 178-1, Dave Harrington 172-1, Steve Davis (Stanford) 164-3; TJ: Chuck Johnston 46-4, Derrick Williams (CCSF) 46-01, John Estrada 43-32; SP: Steve Blake (Monterey PC) 47-4, Ed Serufino (Chabot) 43-1, Johnston (SFS) 30-1; (HIGH SCHOOL) - 440R: Mtn. View (Watson, Quesada, McKinney, Ginoza) 50.8; 120HH: Bart Pierce (Crestmoor) 15.2, Rich Flynn (Leland) 16.4, Dave Allazetta (Aragon) 16.7; Mile: John McVeigh (SI) 4:34.5, Dave Evans (Mills) 4:38.4, Don Curtis (Campolindo) 4:39.2; 100: Rich Flynn 10.3, Lindsay Wilson (Crestmoor) 10.7, John Baumbarten(Lowell) 10.9; 440: Dave McClellan (Campolindo) 56.5; LJ: Dan Clark (Hillsdale/WVTC) 21-42, Fred Geipel (Crest-moor) 19-6 3/4, Mike Kenneally (Serra) 18-72; 2 Mi: Atkins Chun (Lowell) 10:13.8, Rich Greer (Kennedy/WVTC) 10:21.8, Ed Rios (Serramonte) 10:36.4; 220: Rich Flynn 23.5, John Baumbarten 24.1, Otis Ginoza (Mtn. View) 24.6; HJ: Chris Schneider (Canyon) 6-1, Dave Allazetta (Aragon) 6-1, Craig Sjoberg (Sequoia) 6-0; 880: John McVeigh (SI) 2:08.6, John Keyar (Lowell) 2:22.6, Chris Cole (SI) 2:23.3; PV: Tom Henderson (Hoover, Fresno) 14-0, John Meyersieck (Serra) 11-6; TJ: Larry Baumgardner (Camden) 41-11 3/4, Bryant Tong (Aragon) 41-62, Dan Meub (MA) 41-4; SP: Dave Harrington (Upland Harriers) 54-8, Steve Davis 51-0, Jeff Vetrodic (San Carlos) 46-6; Disc: Tom Swartzel (SSF) 138-3, Craig Healy (Burlingame) 117-9, Greg Tully (Serra) 115-4.

All-Comers Meet @ CSM (June 26): (OPEN) - 440R: Soul TC (Jones, Shields, Pettus, Hammond) 42.7; SP: Bret Mannon (Los Gatos) 50-8, Paul Richards (Hillsdale Coach) 41-0 3/4, Terry Ward (SI Coach) 33-12; Mile: Art Reade (West Valley TC) 4:19.4, John McVeigh (SI) 4:34.4, Wayne Smith (MLTC) 4:34.8; 120HH: Craig Fisher (Santa Rosa) 15.5, Randy Zummer (Castro Vly) 15.6, Dave Darton 16.0; LJ: Chuck Johnston (SFS) 20-8, Dave Robinson (CCSF) 20-7, Dave Pina (USNR) 20-22; Jav: Frank Frey (Athens) 221-0, Mike Harriman (Sac-St) 212-0, Jim Trujillo (RC Striders) 185-1; 100: John Pettus (SFS) 9.8, Larry Shields (CCSF) 9.9, Ernie Reese (DeAnza) 10.0; 440: John Roberts (Castlemont) 50.4, Herb Ashton (West Valley TC) 51.0, Greg Marshall (RC Striders) 51.2; HJ: Jerry Coleman 6-4, Randy Zimmer (Castro Vly) 6-2, Jerry Dilley (RC Striders) ??, <u>3 Mi</u>: Bob Darling (RC Striders) 14:50.2, Bob Nanninga 14:52.4, Ron Genschmer (West Valley TC) 15:10.0, John Sheehan (West Valley TC) 15:10.0; <u>PV</u>: Bob Pastor (Marina HS) 10-0; <u>TJ</u>: Johnston (SFS) 45-4¹/₂, Arno Brewer (Cal St) 45-1¹/₂, Derrick Williams (CCSF) 44-9¹/₂; <u>3301H</u>: Keith Shde (CSM) 43.1, Lloyd Stephens (Stanford) 45.0, John Estrada (Chabot) 46.6; <u>Disc</u>: Gary Wolf (Oregon TC) 178-9, Mike Davis (Univ. Ind.) 150-10¹/₂, Paul Richards (Hills. Coach) 113-4¹/₂; 880: Art Reade (WVTC) 2:00.5, Bob Nanninga (N.M.) 2:01.7, Charles Lawson 2:03.2; MileR: Castlemont (Crowell, Robert, Scott, Rodgers) 3:35.0; (HIGH SCHOOL) - 440R: Napa HS (Wing, Wing, Calvert, Henry) 43.7, SSF 47.3; SP: Bret Mannon (Los Gatos) 61-2, Dave Gherardi (SI) 54-3, Tom Swartzell (SSF) 48-8 3/4; 120HH: Derek Ligons (Mt. Eden) 16.3, Swartzell 16.6, Bill Weaver (Crestmoor) 16.6; Mile: Dave Duncan (Livermore) 4:39.5, Roy Harris (SF, Wash) 4:41.0, Dave Evans (Mills) 4:43.6; LJ: Jim Clifton (SI) 18-7¹/₂, Mike Kenneal-ly (Serra) 18-6¹/₂, Cliff Blanc (Piner) 18-1; 100: Jim Henry (Napa) 10.6, Jim Calvert (Napa) 10.8, Swartzell 11.2; 440: Jim Bordoni (St. Patricks) 51.5, Tom Henkle (SSF) 53.6, Ron Crowell (Castlemont) 54.2; HJ: Ron Paton (San Mateo) 5-10, Bill Stone (Campolindo) 5-8, Cliff Planc (Piner) 5-4; PV: Barry Johnson (Mills) 11-6, Craig Constantine (Mills) 11-6, Craig Deffebach (Mills) 11-0; 2 Mi: John McVeigh (SI) 10:02.6, Ron Genschmer (Sunset/WVTC) 10:06.4, John Hourihan (SI) 10:20.6 (incoming 9th grade); TJ: Keneally (Serra) 38-8¹/₂, Dillard Newman (SSF) 36-3 3/4, Blanc (Piner) 34-7; Disc: Bret Mannon (Los Gatos) 166-6, Tauga Falo (Balboa) 155-3¹/₂, Aldo Congi (SI) 146-7¹/₂; 220: Jim Brodoni (St. Pat) 24.3, Swartzell (SSF) 25.1, Dillard Newman (SSF) 26.5; 880: Cirilo Morgan (Lincoln) 2:02.6, Roy Harris (Wash, SF) 2:04.8, Mark Parsons (HMB) 2:09.3; MileR: (no competition).

<u>All-Comers Meet @ CSM (July 10)</u>: (No meet on July 3) - (OPEN) - LJ: Chuck Johnston (SFS) 21-6¹/₂, Mike Pera (CSM) 16-8; <u>120HH</u>: Greg Magee (Athens) 15.2, Randy Zimmer (Valley TC) 15.6, Dave Barton (Linfield Coll) 15.9; <u>Mile</u>: Marty Botham (Lakewood HS, Col, ex-Hillsdale) 4:24.6, Daryl Zapata (SF Chuckers) 4:25.8, Ken Jones (Sac St) 4:31.4; <u>100</u>: Craig Magee (Athens) 9.8, Ed Leone (NY) 10.3, Tim Rostege (Athens) 10.4; <u>SP</u>: Bob Branines 47-9¹/₂, Jim Peters 43-5, Bret Mannon (Los Gatos) 42-3; <u>440</u>: Ted Cain (Col-Marin) 50.8, Roderick Madison (UCB) 51.8, Bob Banning 51.9; <u>TJ</u>: Chuck Johnston (SFS) 43-1¹/₂, Larry Kirkhan (Canada) 40-9¹/₂, Jim Frengos (UCB)39-5; 3 Mi: Harry Skandera (US Army) 14:57.0, John McVeigh (SI) 15:47.2, Atkins Chun (Lowell) 16:00; Jav: John Cavney (NCSTC) 240-0, Mike Harriman (Athens) 226-0, Frank Frye (Athens) 221-3; 3301H: Ted Cain (Col of Marin) 41.1, Rich Cook (Chabot) 42.8, Tom Swartzel (SSF) 43.0; 220: Ed Leone 23.1, Tim Rostege (Athens) 23.1, Roderick Madison (UCB) 23.8; 880: Jim Loftus (unat.) 2:01.4, Marty Botham (Lakewood, Col) 2:02.6, Daryl Zapata (SF Chuckers) 2:05.4; MileR: San Bruno Spikers (Paul, O'Brien, Jones, McCloud) 3:34.7; PV: Dan Hoff 13-0, Bob Pastor (Chabot) 12-0, Jim Frangos (UCB) 11-0; HJ: Dave Fishbaugh (UCB) 6-5, Larry Kermabon (Oceana) 6-3, Dave Harper (Albany TC) 6-3; Disc: Larry Kennedy (Athens) 182-11, John Ross 163-1, Burt Marks 159-0; (HIGH SCHOOL) - 440R: San Bruno Spikers (Robbelke, Geipel, Paul, Piete) 46.9; LJ: Jim Griffith (MA) 19-6, Austin Jones (Oak Tch) 19-5½, Sal Modica (Crestmoor) 19-1½; 120HH: Bart Pierce 15.8, Tom Swartzell (SSF) 15.8, Dave Lee (Arroyo) 15,8; Mile: Melvin Hayes (Oak Tch) 4:36.4, Mark Parsons (HMB) 4:36.6, Lyle Thomas (Carlmont) 4:50.2; 100: Bradley Coleman (Oak Tch) 10.0, Ed Peters (Oak Tch) 10.1, Bill Popin (Aragon)10.2; BP: Bill Popin 52-3, Swartzell 49-4, Craig Healy (B'game) 41-4; 440: Mike McCloud (Capuchino) 52.3, John Baumbarten (Lowell) 53.5, Roark Mulligan (Carlmont) 53.9; TJ: Jim Griffith (MA) 43-6 3/4, Tom Paton (San Mateo) 42-1½, Mike Kenneally (Serra) 40-11; 2 Mi: Lyle Thomas (Carlmont) 10:53.6, Dave Schmidt (SI) 10:54, Stan Hockerson (Petaluma) 10:59.8; 220: Brad Coleman (Oak Tch) 23.2, John Baumbarten (Lowell) 23.9, Ed Peters (Oak Tch) 23.9; B80: Jim Bordoni (St. Pat.) 2:00.7, Cirilo Morgan (Lowell) 2:00.7, Melvin Hayes (Oak Tch) 2:07.9; MileR: Chuckers (Smith, Hayman, McVeigh, Chin) 3:54.1; PV: Joe Stavish (Oceana) 13-0, Ron Paton (San Mateo) 12-6, Sal Modica (Crestmoor) 12-0; HJ: Ron Paton 5-9, Mark Lowey (Terra Linda) 5-9, Jim Reeves (Aragon) 5-5; Disc: T. Swartzell (SSF) 131-7½, Craig Healy (B'game) 126-9, Tom Paton (San Mateo) 104-0½.

Results of Club-Only Track Meet: (Cal-State, Hayward; July 10) - The Alameda Track Club and Mike Ackley put on a semi-successful, very informal track and field meet at Cal-State Hayward which was supposed to be for only Club athletes. Unattached runners were not allowed to compete. This was supposed to be a scored meet, but only three teams showed up with any kind of team effort at all, and West Valley TC won five events and took the top score of 31 points. Mt. Eden TC was second with 17 and Alameda TC had 15 in third. Many events were not held due to lack of interest and a flooded infield that made the jumps impossible (except the pole vault which was won by Mark Nadler, the only competitor). The best race of the day was between three milers John Boggis of England and Bill Clark of West Valley TC. Both ran together throughout the race, but the Englishnan outkicked his rival in the final 200 yards to win in 13:56.4. Clark was timed in 13:57.0. Ray Darwin (Culver City AC) was third in 14:31.5 and Bob Darling (RC Striders) ran 14:43. Other results were: <u>440R</u>: (Unofficial team of John Estrada, Mike Ackley, John Bolano, and Derek Ligons) 45.8, West Valley TC (Mark Nadler, Jack Leydig, Ted McRice, Herb Ashton) 46.5; <u>Mile</u>: Art Reade (WVTC) 4:20.2, Mark Byers (Mad River) 4:21.9, Ron Elijah (Mad River) 4:21.9, Gus Cano (RC Striders) 4:35.2, Frank Donahue (WVTC) 5:13.8; <u>120HH</u>: Derek Ligons (Mt. Eden TC) 15.1, Burton Lademore (Alameda TC) 16.8, Mike Ackley (ALTC) 17.2; <u>PV</u>: Mark Nadler (WVTC) 12-6; <u>440</u>; Herb Ashton (WVTC) 50.8, John Estrada (METC) 53.3, Mike Ackley (ALTC) 53.5; <u>100</u>; Herb Robertson (ALTC) 9.8, Derek Ligons (METC) 10.8, John Bolano (METC) 11.1; <u>880</u>; Dennis Tracy (METC) 2:04.6, Ted McRice (WVTC) 2:05.6; <u>220</u>; Burton Lademore (no time); <u>MileR</u>: West Valley TC (Leydig, Reade, Clark, Ashton) 3:41, Unattached team (Ackley, Tracy, Estrada, Robertson) 3:42.2.

All-Comers Meet at CSM (July 17): (OPEN) - 44OR: CCSF (no time, dropped baton); <u>SP</u>: Art McCallum (CSCH) 45-5‡, Marty Eismer 45-0½, John Bruce 43-0; <u>Jav</u>: John Barns (U. of Oregon) 221-11, Mike Harriman (Athens) 204-0, Dave Arnold (Athens) 177-3; <u>Mile</u>: Art Reade (WVTC) 4:14.5, Bill Clark (WVTC) 4:25.3, Chris Cole (SF Chuckers, SI) 4:30.9; <u>120HH</u>: Dave Garton (Linfield Coll) 15.9, Andy Hecker (WV Road Runners) 18.3; <u>100</u>: Larry Shields (CCSF) 9.8, Marv Jefferson (Merritt) 9.8, Stan Royster (Athens) 9.9; <u>440</u>: Herb Ashton (WVTC) 50.4, Wes Hanter (DeAnza) 51.2, Paul Armstrong (Columbia) 51.6; <u>3 Mi</u>: Bill Clark (WVTC) 14:21.8, Dave Robertson (RC Striders) 15:12.6, Mike Tulley (Sac TC) 15:23.4; <u>L1</u>: Jay Bathurst 22-2½, August 0'Neil (CSCH) 20-7 3/4, Mitch Fowler (Mavajo Coll) 20-2; <u>3301H</u>: Paul Armstrong (Columbia) 41.0, Keith Slade (San Mateo JC) 42.2, Carl Jonk (MA) 46.2; <u>H1</u>: D. Fishbaugh (UCB) 6-8, Larry Bramhon (Oceana) 6-63; <u>220</u>: Larry Shields (SSF) 22.4, Marv Jefferson (Merritt) 22.4, John Roberts (Castlemont) 22.7; <u>880</u>: Roy Harris (SF Chuckers) 2:01.3, Dan Best (RC Striders) 2:07.1, Herb Ashton (WVTC) 2:09.9, MileR: Unatt. team (Robertson, Harriman, Hare, Tracy) 3:47.2, MFTC 3:57.0; <u>PY</u>: Mark Nadler (WVTC) 12-6; <u>TJ</u>: August 0'Neil (Cal St) 45-4½, Mike Kenneally (Serra) 38-4½; <u>Disc</u>: John Powell (Athens) 187-9, Gary Wolf (Oregon TC) 177-11, Sylvester Marshall (SJ Club) 166-2; (HIGH SCHOOL) - <u>440R</u>: Skyline (Bazsons (HMB) 4:43.5, Brian Whitley (El Camino) 4:52.9, Fred Maldonado (SSF) 4:53.9; <u>440</u>: John Roberts (Castlemont)50.8, Tom Hare (Menlo) 53.8, Otis Ginoza (Mtn. View) 54.3; <u>L1</u>: Sal Modica (Crestmoor) 19-11½, Frank Lawler (SI) 19-9, Fred Geipel (Crestmoor) 18-1½; <u>H1</u>: Chris Schneider (Canyon) 6-5, Ryon Paton (San Mateo) 6-2, Dave Allazetta (Aragon) 5-10; <u>2Mi</u>: Ron Genschmer (WVTC) 10:04, Jerry Devos (Jesuit) 10:05.9, Mike Roundtree (MA) 10:16.6; <u>12:0HH</u>: Derek Ligons (Mt. Eden TC) 14.9, Dave Allazetta (Aragon) 16.7; <u>220</u>: Ed Peters (Oak Tech) 23.4, Otis Ginoza (Mtn. View) 24.6,

PA-AAU Pentathion Championships held at CSM on July 17: (1) Sam Goldberg (Woodstock Nation AA) 3179 points, (2) John Burns (unat.) 2892 points, (3) Mike Ackley (unat.) 2806 points, (4) Mike Robinson (unat.) 2738 points. *** Harry Young or Don Ramos, if you have the complete results, including marks, please send them to me immediately for printing in our August NCRR.

COMPLETE GOLDEN GATE PARK RUN RESULTS

(May 15): The top ten finishers were reported in the May issue of the NCRR. Here are the complete (11th through 55th) results at last. Top seniors were Mackey, Wood, Stevenson, Harrison, Malain, and Pickett. Team title went to West Valley TC with 42 points (Delgado, Leydig, Howell, Reade and Stephenson). Top woman finisher was Elaine Pedersen.

11 - Harry Skanders (US Army)	44:09	26 - Dave Stevenson (SRC) 4	:50 41 - Bill	Clark	48:39
12 - Jose Cortez (RC Striders)			159 42 - Walt	er Van Zant (WV Joggers)	48:44
13 - Ken Napier (WV Joggers)	44:53	28 - Pete League (Marin AC) 4	:18 43 - Bill	Hastings	48:45
14 - Bob Bronkan (unatt.)			:32 44 - Erni	e Jeong (CCSF)	48:52
15 - Steve Parker (Alameda TC)	45:13	30 - Ed Jaynes (Athens AC) 4	:35 45 - Don 1	Pickett (SF Olympic Club)	48:53
16 - Jim Finch (Millbrae Lions TC)	45:35		:38 46 - Rudy		49:02
17 - Bruce Johnson (Otherways AC)	45:40	32 - Bob Malain (NCSTC) 4	:40 47 - Gary	Chilton (Stanford RC)	49:06
18 - Bill Mackey (WV Joggers)	45:57	33 - Ron Olitsky 4	:45 48 - Mike	Chilton (Stanford RC)	49:06
19 - Carlos Ortiz	46:15	34 - Dave Marsh 4	:53 49 - Flor	y Rodd (NCSTC)	49:12
20 - David Zumwalt	46:22		:03 50 - Tom (49:14
21 - Barry Smith (Alameda TC)	46:36	36 - Dick Lyon 4	:11 51 - Kevi	n Smith (Alameda TC)	49:16
22 - Steve Johnson	46:40			n Clark (Maranon)	49:19
23 - Darrell Jeong (CCSF)	46:46	38 - Frank Vucci (SERC) 4	:20 53 - Pat (Cunneen, Sr. (Pamakid)	49:34
24 - Peter Wood (NCSTC)	46:47	39 - Dick Cordone (San Diego TC)4			49:37
25 - Bob Stephenson (West Valley TC)	46:48	40 - Dave Petersen (SRC) 4	:34 55 - Carl	Martin (WV Joggers & Strider	5)49:43

A total of 216 finished the race under foggy skies, perfect for fast times.

DELGADO WINS 51ST ANNUAL STATUTO RACE

(June 6): Running over a new course, West Valley TC's Rich Delgado continued to dominate the early summer road racing scene by easily defeating Valley TC's Dan Anderson. In the process, he piloted his team to a defense of their 1970 title. West Valley had a low of 30 points, followed by Valley TC with 86 and a surprisingly strong NorCal Senior TC with 138. Peter Wood led his third place senior team by finishing in 26th as first senior. He was followed closely by newcomer Richard Hart. Then came Jim O'Neil, Don Pickett, James Nicholson and Donald Coghlan. High schooler Wolfgang Schmulewicz, who the day before had run 6th in the State High School two mile (9:03), took top honors in that division with a fine sixth place overall finish. Connie Cunneen led the women's division by finishing 177th in a time of 64:48. Below are listed the top 45 finishers:

1 - Rich Delgado (West Valley TC)	44:16	16 - Gregory Griffin (unat.) 48:33 31 - William Flint (Alum Rock RA)	50:41
2 - Dan Anderson (Valley TC)	45:10	17 - Mark Greenough (San Mateo) 49:37 32 - Mike Dattke (unatt.)	50:42
3 - David Garcia (unatt.)	45:20	18 - Willie Cronin (West Valley)48:43 33 - Gary Singer (unatt.)	50:43
4 - Duwayne Ray (West Valley TC)	45:37	19 - Mike Killeen (Marin AC) 49:20 34 - Kevin Smith (Alameda TC)	50:51
5 - Joseph McDevitt (unatt.)	45:41	20 - Richard Greer (West Valley)49:28 35 - David Freeman (Napa Valley RC)	50:59
6 - Wolfgang Schmulewicz (unatt.)	45:44	21 - Seamus O'Reilly (WVTC) 49:35 36 - Oliver Bastien (Napa Valley RC)	51:00
7 - Darryl Beardall (Marin AC)	45:50	22 - David Zumwalt (unatt.) 49:42 37 - Joe Moville (unatt.)	51:02
8 - Leonard Suarez (unat., Arizona)	46:26	23 - Ron Luschar (Valley TC) 49:45 38 - Jim O'Neil (SF Olympic Club)	51:04
9 - Evencio Hurtado (Chabot)	46:27	24 - Darrell Jeong (unatt.) 50:02 39 - Dan Hutton (NHS)	51:05
10 - Mike Dailey (RC Striders)	47:08	25 - Larry Dieu (San Mateo High)50:12 40 - Mike Lavering (Pleasant Hill TFC)	51:06
11 - Harry Skandera (US Army)	47:33	26 - Peter Wood (NCSTC) 50:13 41 - Steve Smith (Alameda TC)	51:08
12 - Steve Brooks (Alum Rock RA)	47:33	27 - Joe Salazar (unatt.) 50:19 42 - Steve Carey (MHS)	51:11
13 - John Weidinger (unatt.)	47:38	28 - Ernie Jeong (CCSF) 50:21 43 - Jeff Collins (Solano TC)	51:12
14 - Tom Cathcart (unatt.)	48:18	29 - Richard Hart (NCSTC) 50:30 44 - Richart Hart (Awalt RR)	51:13
15 - Barry Smith (Alameda TC)	48:28	30 - Randi Middelstadt (unatt.) 50:41 45 - Gus Cano (RC Striders)	51:23

WOODMINSTER HANDICAP: CLARK HAS FAST TIME, DELGADO WINS

(June 13): West Valley's Bill Clark finished only fourth overall because of the handicap, but still recorded the fastest time of the day with a 50:39. This was far off Bob Waldon's stellar course record of 48:54, set last year. Meanwhile, Rich Delgado, making good use of his 4 minute head start (30 years and above got handicaps), won by over $2\frac{1}{2}$ minutes. Maranon's Bernie Lahde showed good form in taking the second fastest time, with Delgado third. The next seven in order of fast times were Duwayne Ray, Dan Anderson, Greg Chapman, Evencio Hurtado, Wes Hildreth, Darryl Beardall and Tom Laris & Bill Solomon tied timewise. Bill Mackey was an easy winner over Dave Stevenson for senior honors. They were followed by Don Pickett, Peter Mattei, Jim Nicholson, and Bill Kirchmier. Maryetta Boitano outlegged all the other women and came in 97th with the aid of a 12 minute headstart. Her time was 76:31 (actual). Skip Swannack & Elaine Pedersen were next in line (107th and 122nd). A total of 201 runners came across the finish line in a beautifully run race in pleasant wooded areas in the Oakland hills. The course itself was run up some very rugged terrain, as all those who ran it will attest. Norman Bright came all the way down from Seattle to make one of his unscheduled Bay Area appearances. It was worth it as he turned in his 12 minute handicap into an eighth place finish overall and a fine time of 63:35, good enough for 8th fastest senior as well. Below are listed the top 45 finishers and their actual running time. Handicaps (if any) are indicated by a number in parentheses following the name or affiliation (in minutes).

1 - Rich Delgado (WVTC) (4)	51:07	16 - Harold DeMoss (WVTC) (4)	57:08	31 - Angelo Martinez (ALTC)	55:51
2 - Wes Hildreth (Marin AC) (4)	53:38	17 - Peter Mattei (NCSTC) (8)	61:09	32 - Steve Smith (Alameda TC)	56:01
3 - Darryl Beardall (Marin AC) (4)	54:18	18 - Evencio Hurtado (Chabot)	53:13	33 - Frank Harrison (NCSTC)	64:03
4 - Bill Clark (West Valley TC)	50:39	19 - Willie Cronin (WVTC) (4)	58:18	34 - Mike Knott (Pleasant Hill TFC	;)56:06
5 - Bill Mackey (WV Joggers) (8)	58:44	20 - James Nicholson (NCSTC) (8)	62:36	35 - Ralph Paffenbarger (NCSTC)(8)	64:10
6 - Tom Laris (New York AC) (4)	54:46	21 - Bill Solomon (unatt.)	54:46	36 - Barry Smith (Alameda TC)	56:33
7 - Bernie Lahde (Maranon)	50:57	22 - Bill Kirchmier (8)	62:52	37 - Gregory Griffin (unatt.)	56:38
8 - Norman Bright (unatt.) (12)	63:35	23 - Bob Malain (NCSTC) (8)	63:01	38 - Ted Quintana	56:39
9 - Ray Darwin (Culver City AC)(4)	55:53	24 - Tom Beck (Marin AC) (4)	59:20	39 - Dick Ryan (4)	60:51
10 - Dave Stevenson (Stanford RC)(4)	60:15	25 - Jim Miller (4)	59:24	40 - Attila Matray (4)	61:14
11 - Duwayne Ray (West Valley TC)	52:48	26 - Jose Cortez (RC Striders)	55:28	41 - Larry Trujillo	57:57
12 - Jim Shettler (unatt.) (4)	56:58	27 - Arthur White (4)	59:33	42 - Mike Dottke	58:16
13 - Don Pickett (SF Olym. Club)(4)	61:03	28 - Tom Cathcart (unatt.) (4)	59:34	43 - Rich Greer (West Valley TC)	58:21
14 - Dan Anderson (Valley TC)	53:06	29 - Pete League (Marin AC) (4)		44 - Jack Leydig (West Valley TC)	58:22
15 - Greg Chapman (Solano TC)	53:07	30 - Bill Roay (8)	63:40	45 - Walt Betschart (NCSTC) (8)	66:39

DELGADO DEFENDS NOVATO TITLE

(June 19): Under warm sunny skies, Rich Delgado successfully defended his Novato Ridge Run title, although somewhat off his time of 36:37 last year. He beat runnerup Ron Elijah of Mad River by some 40 seconds. Ron led his team to the team title as teammate Don Makela was close behind in third spot. Ross Smith came down from Reno to take the senior title in 32nd place (42:29). He was followd by Dave Stevenson (38th, 43:01) and Don Pickett (47th, 43:52). Special awards were given to Wolfgang Schmulewicz for being the first high school finisher (13th, 39:54) and to Ed Preston for being the first to come in over age 45 (75th, 47:06). Ed is in his 50's. Elaine Pedersen (139th, 56:39) came in first amongst the feminine group. Skip Swannack (147th, 57:40) was close behind, however. The top 45 finishers and their times:

1 - Rich Delgado (West Valley TC)	37:09	16 - Mike Tulley (unatt.)	40:37	31 - Unreported runner	42:18
2 - Ron Elijah (Mad River)	37:48	17 - Stanton (Valley TC)	40:44	32 - Ross Smith (WV Joggers)	42:29
3 - Don Makela (Mad River)	38:13	18 - Hans Templeman (Carlmont AC)	40:48	33 - Harvey Sandoval (West Valley)	42:34
4 - Bob Thurston (Wash. Sports Club)38:32	19 - Butch Alexander (unatt.)	40:52	34 - Pete Hanson (unatt.)	42:40
5 - Joe McDevitt (unatt.)	38:39	20 - Hugh Miller (Jesuit H.S.)	40:54	35 - Gary Lathrop (unatt.)	42:46
6 - Dan Anderson (Valley TC)	38:40	21 - Guy Arthurholt (unat.)	41:02	36 - Jeff Collins (Solano TC)	42:55
7 - Duwayne Ray (West Valley TC)	38:56	22 - Greg Griffin (unatt.)	41:16	37 - Gus Cano (RC Striders)	42:58
8 - Greg Chapman (Solano TC)	38:58	23 - Vince Engle (Mad River)	41:44	38 - Dave Stevenson (Stanford RC)	43:01
9 - Howard Labrie (Mad River)	39:04	24 - Mike Collier (Tamalpais High)	41:51	39 - Mark Hulburt (Mad River)	43:13
10 - Harry Skandera (US Army)	39:23	25 - Jose Garcia (unatt.)	41:52	40 - Carlos Ortiz (unatt.)	43:20
<pre>11 - Darryl Beardall (Marin AC)</pre>	39:41	26 - Dan Hutton (unatt.)	41:59	41 - Rudy Snyders (HMBTC)	43:28
12 - David Garcia (unatt.)	39:47	27 - Randy Lawson (RC Striders)	42:08	42 - Larry Fischer (unatt.)	43:33
<pre>13 - Wolfgang Schmulewicz (unatt.)</pre>	39:54	28 - Darren Walton (Marin AC)	42:12	43 - Mike Laberig (Pleasant Hill)	43:35
14 - Jose Cortez (RC Striders)	40:24	29 - Mike Killeen (Marin AC)	42:13	44 - Darrell Jeong (unatt.)	43:41
15 - Mark Byers (Mad River)	40:26	30 - Leo Morgan (unatt.)	42:17	45 - Nils Carlson (Solano TC)	43:45

SCOBEY LEADS MAD RIVER TO SAC'TO RIVER RUN TITLE

(June 26, Redding): Successfully defending his River Run title, although off his 38:14 clocking of last year, Mad River's Bill Scobey easily outlegged Solano TC's Greg Chapman by nearly two minutes. Half of the race was on very rocky roads and it poured rain during the entire race, somewhat unusual for the Northern Sacramento Valley in late June (it was cool and overcast last year too). All 38 starters (listed below) finished the race. The official distance was 7.62 miles. Hans Templeman of Carlmont was the first high school finisher, followed closely by Pat Finn, one place behind. Mad River easily took the team title with no other team fielding the necessary five runners. Bob Malain of Redding and the NorCal Seniors was tops in the over 40 division, but he was closely followed by Jim Dawson of the Oregon Seniors (Ashland). The finishers:

1 - Bill Scobey (Mad River)	38:41	14 - Rick Emick (unat.)	46:35	27 - Glen Williams (unatt.)	54:30
2 - Greg Chapman (Solano TC) 40:38	15 - Calvin Lantrip (unatt.)	48:17	28 - Chuck Shope (unatt.)	54:53
3 - Howard Labrie (Mad Rive	r) 41:10	16 - Charles Ehlers (Mad River)	48:59	29 - Brent Bayon (unatt.)	55:27
4 - Jim Price (unatt.)	42:48	17 - Stephen Hicks (unatt.)	49:13	30 - Buddy Shope (unatt.)	56:08
5 - Hans Templeman (Carlmon	t AC) 43:10	18 - John Dawson (Phoenix High)	49:15	31 - Don Feser (unatt.)	57:03
6 - Patrick Finn (Serra Hig	h) 44:31	19 - Gary Casagrande (unatt.)	49:47	32 - Chris Boudreau (unatt.)	57:03
7 - Nicholas Vogt (unatt.)	44:33	20 - Gilbert Tarin (unatt.)	49:49	33 - Eldon Watts (unatt.)	63:31
8 - Ronald Iff (Mad River)	45:09	21 - Jim Townsend (unatt.)	51:35	34 - Deb Finn (unatt.)	65:34
9 - Bob Malain (NCSTC)	45:10	22 - Ken Davis (Mad River)	51:54	35 - Mark Shope (unatt.)	69:19
10 - Nils Carlson (Solano TC) 45:19	23 - B. Waters (unatt.)	52:04	36 - Dan Meyer (unatt.)	71:27
11 - Jim Dawson (Oregon Srs,	Ashland)45:34	24 - John Gray (unatt.)	52:29	37 - Laura Finn (unatt.)	72:18
12 - Mark Hulbert (Mad River) 46:12	25 - Jim McDonald (unatt.)	52:54	38 - Ed Delano (unatt.)	72:40
13 - Leonard Escarda (unatt.) 46:30	26 - Steve Thomas (unatt.)	54:13		

TOM HALE LEADS HIGH SCHOOL SWEEP OF HOLY CITY SUMMIT RUN

(June 27): Tom Hale, just recently graduated from Campolindo High School in Moraga, was a full two minutes off of Bob Waldon's course record of 47:38 set in last year's race. Surprisingly, the top four runners were high school athletes, with second through fourth being juniors. A record number of entrants finished the race (257). West Valley, second last year, was led by Willie Cronin in sixth to take team honors with 63 points. Alameda TC was next with 168 and the newly formed Running Deer TC (led by Hale and Solomon in first and second) took the third team trophy, with 201. Next came NCSTC (267), Alum Rock Running Ass'n (273), and West Valley Joggers & Striders (352). The seniors were led by remarkable Peter Wood in 20th place (54:11), Bill Mackey (34th), Dave Stevenson (40th), Paul Reese (43rd)(Paul is 54!!), Carl Martin (52nd, 57:08), and Don Pickett (57th, 57:30). Francie Larrieu of the San Jose Cindergals took home the women's trophy by finishing 67th!! Her time was a good 58:24. Jackie Dixon (SJCG) was close behind in 81st (59:35). Merchandise awards were given to the top 100 or more finishers in amounts down to \$1.00 in value. The weather was warm and sunny (75-80°), but the shady areas kept down the agony somewhat, especially over the last few miles.

1 - Tom Hale (Running Deer TC)	49:38	16 - Bob Gormley (Marin AC)	52:44	31 - Pete League (Marin AC)	55:18
2 - Bill Solomon (Running Deer TC)	49:44	17 - John Sheehan (West Valley TC)	52:53	32 - Unreported runner	55:20
3 - Steve Brooks (Alum Rock RA)	50:28	18 - Barry Smith (Alameda TC)	53:13	33 - Unreported runner	55:23
4 - Jack Bellah (Leigh HS, San Jose)50:53	19 - Mike Pinocci (West Valley TC)	54:10	34 - Bill Mackey (WV Joggers)	55:26
5 - Greg Chapman (Solano TC)	50:57	20 - Peter Wood (NCSIC)	54:11	35 - Homer Latimer (unatt.)	55:38
6 - Willie Cronin (West Valley TC)	51:11	21 - Mark McConnell (Soquel TC)	54:27	36 - Kevin Smith (Alameda TC)	55:39
7 - John Weidinger (unatt.)	51:28	22 - Ed Jaynes (Athens AC)	54:32	37 - Steve Smith (Alameda TC)	55:40
8 - Wolfgang Schmulewicz (unatt.)	51:30	23 - Ron Grander (unatt.)	54:34	38 - Ben Sawyer (Otherways AC)	55:46
9 - Keith Kruse (West Valley TC)	51:33	24 - Rich Chitwood (Livermore Vly RC)54:35	39 - Joe Salazar (unatt.)	55:55
10 - Dan Anderson (Valley TC)	51:38	25 - Jeff Arnold (Running Deer TC)	54:42	40 - Dave Stevenson (Stanford RC)	56:02
11 - Tom Cathcart (Livermore Vly RC)	51:41	26 - Ward Crary (unatt.)	54:48	41 - Mike Killeen (Marin AC)	56:03
12 - Jack Leydig (West Valley TC)	51:47	27 - Pat Stordahl (Chico State AC)	55:04	42 - Steve Robinson (Stanford RC)	56:13
13 - Chuck Frosolone (Maranon)	52:07	28 - Ross Goodman (Maranon)	55:08	43 - Paul Reese (NCSTC)	56:16
14 - Hans Templeman (Carlmont AC)	52:22	29 - Matt Church (Maranon)	55:11	44 - Ted Guerrero (unatt.)	56:21
15 - Angelo Martinez (Alameda TC)	52:30	30 - Jim Holl (West Valley TC)	55:14	45 - Art White (unatt.)	56:36

ED HAVER SETS NEW RECORD IN HANGTOWN ROAD RACE

(July 4): Running in his first ever road race besides the Bay to Breakers (or so he tells me), UC Davis steeplechase ace Ed Haver (who finished 12th in the AAU meet with an 8:48.8) nipped Bill Scobey's 1970 course record of 27:42 by running 27:34.8. In fact, all division records set in 1970 were broken this year. Pete Flores of Woodland High School finished a very strong fourth place overall and broke the old record by a minute and a half (30:29 to 28:57). Paul Reese lowered the senior division record from 36:13 to 31:59; Gary Nephew of the Pleasant Hill TC took three minutes off the junior mark (35:10 to 32:06); and Deidre Eddy of United San Juan clobbered the women's division record of 49:44 by streaking to a 40:40 clocking. Pleasant Hill TC nipped Solano TC and the Travis Road Runners (216-272-276) for team honors. A total of 143 started and 135 finished the 5‡ mile race, held in Placerville for the second time. Dave Stevenson, fast improving senior, got 35th place for second senior, and Jim Dawson of the Oregon Seniors (Ashland) was 49th (34:12) for the third senior spot. Below are listed the top 45 finishers and times:

1 -	Ed Haver (Athletes in Action)	27:34	16 - Jesse Smith (Antioch HS)	30:54	31 - Tom Higgins (unatt.)	32:26
2 -	Larry Rose (Mid-America TC)	28:10	17 - Adam Ferreira (Travis RR)	31:00	32 - Rock Meservey (Gold Spikes)	32:43
3 -	Peter Kaal (Pacific Coast Club)	28:50	18 - Don Makela (Mad River Runners)	31:09	33 - Bill Strange (unatt.)	32:45
4 -	Pete Flores (Woodland HS)	28:57	19 - Jim Bowles (West Valley TC)	31:36	34 - Jim Brady (Jesuit HS)	32:52
5 -	Hans Templeman (Carlmont AC)	29:18	20 - Vince Engle (Mad River Runners)	31:38	35 - Dave Stevenson (Stanford RC)	33:00
6 -	John Weidinger (unatt.)	29:27	21 - Steven Mathers (unatt.)	31:38	36 - Scott Carvey (Garlmont HS)	33:16
7 -	Kevin Fury (Sacramento TC)	29:33	22 - Mike Collier (Sonoma HS)	31:43	37 - Doug Essary (unatt.)	33:17
8 -	Mike Tulley (unatt.)	29:37	23 - Bill Fairwell (unatt.)	31:46	38 - Jose Gonsalves (unatt.)	33:25
9 -	Nick Vogt (Gold Spikes)	29:40	24 - Mickey Brodie (Pleasant Hill TC)31:48	39 - Don Bowler (SC Striders)	33:27
10 -	Jerry DaVos (unatt.)	29:43	25 - Jim McPeak (Jesuit HS)	31:51	40 - Mike Lavering (Pleasant Hill)	33:28
11 -	Barry Buob (unatt.)	29:55	26 - Nils Carlson (Solano TC)	31:51	41 - Bob Loux (unatt.)	33:33
12 -	Ron Holloway (unatt.)	30:20	27 - Paul Reese (NCSTC)	31:59	42 - Dave Cantrell (Pleasant Hill)	33:37
13 -	Perry Anderson (Antioch HS)	30:23	28 - Gary Nephew (Pleasant Hill TC)	32:06	43 - Richard Read (Jesuit HS)	33:44
	Banton Hart (unatt.)	30:29	29 - Randy Buob (unatt.)	32:09	44 - John Semler (unatt.)	33:54
15 -	Butch Alexander (Sonoma HS)	30:42	30 - Gary Singer (unatt.)	32:13	45 – John Hanzlik (Lassen TC)	33:55

<u>HELP!!!</u> - We still need results for the Monterey 17 and 7.5 Milers held on June 5. If you have complete or partial results, please send a copy to the editor immediately. Thank you.

30 TEAMS FINISH RUNNER'S WORLD MAGAZINE 24-HOUR RELAY!!!

(July 9-10, Los Altos): The first "official" 24-hour relay was held June 19th and 20th, 1970 at Foothill College in Los Altos Hills, Calif. Seven teams started the race and five were still going at the finish one day later. Later that year 35 other teams ran the event including the Olympic Training Camp Red team that went 295 miles, 269 yards. Gerry Lindgren, Bill Scobey, Jerry Jobski, and Bob Bertelson were among their field. The Blue team in the same relay went 289 miles, 1512 yds., and so far these are the top two teams of all time. Later the Atomic City TC ran 272 miles 632 yards at 7,330 feet, an over 40 team (Senior TC) went 232 miles, 55 yards, and an all-girls team (Oregon TC) recorded 206 miles, 1434 yards for a girls record. But this was behind. Results were slow in coming in for the 1971 postal competition, but things started picking up as the summer approached. By July 8th (one day before the relay), 43 teams had entered the competition with Furman University (S.C.) leading the way with 277 miles, 896 yards. Dos Pueblos High in Goleta, Calif. ran 270 miles, 1217 yards for a high school record. Everything was set after changing tracks three times for Los Altos High School, and from the nearly 100 phone calls it appeared that there would be about 20 teams ready to run. By 7 pm about 4 teams had already set up their tents, sleeping bags, camp stoves, dogs, kids, and beer. By 8 pm the number was up around 20, and by the time it all got started at 9:15 pm, 30 teams had registered. A total of 287 runners was the official starting number, and 230 of these were still running when their turn came around one day later. In fact, 28 teams had members running their four laps with the master clock reading 1440 minutes at the finish. The winning team was the Redwood City Striders "A" Team who went a total of 269 miles, 101 yards with a team composed of Randy Lawson, George Kirk, Pat Purcell, Ken White, Jose Cortez, Stuart Thompson (only 11 miles), Matt Yeo, Mitch Kingery, Dave Robertson, and Dan Best. No average mile times are available. The Veterans Track Club, formed specifically for the duration of the 24 Hour Relay, set a new world record for Seniors by completing 248 miles, 1063 yards. They finished an amazing sixth place overall with a team consisting of: (average times in parenthesis) Bill Mackey (5:48), Frank Harrison (5:57), Keith Campbell (5:53), Don Pickett (5:48), Harry Hill (5:53), Dave Stevenson (5:40), Bob Mackey (5:52), Ross Smith (5:23!!), Jim Mackey (5:56), and Peter Wood (5:44). They averaged 5:47 per mile among them. The seniors in the Northern California area are going to be trying to break this record next year, so if you're interested, contact Harry Hill, 116 Twin Oaks Dr., Los Gatos, 95030. The 30 teams and their distances (miles, yards): 1. Redwood City Striders "A" Team (269,101), 2. Aggie Track Club (262,666), 3. Road Runner's Red (259,630), 4. Pleasant Hill TFC (255,587), 5. Travis Road Runners (250,1714), 6. Veterans TC (248,1063), 7. Solano TC (246,1058), 8. Angel Field Harriers (245,1421), 9. Saratoga High Runners (244,987), 10. Runner's World Magazine (243,457), 11. Napa Valley Runners (241,1255), 12. Sunnyvale All-Stars (233,333), 13. Pamakid "A" Team (229,136), 14. San Jose Rubbery Legs (222,1548), 15. Redwood City Striders "B" Team (221,1692), 16. Brentwood TC (221,887), 17. Road Runner's Blue (218,415), 18. Redwood City Striders "C" Team (218,172), 19. San Lorenzo Road Runners (214,732), 20. Eagles (211,283), 21. South End Rowing Club (211,136), 22. Pamakid "B" Team (203,--), 23. Redwood Frosh-Soph (200,1415), 24. St. Francis Square Circlers (194,1510), 25. Redwood City Striders "Girls" (194,237), 26. Road Runners Gold (191,449), 27. Pamakid Girls Team (184,1174), 28. G.D.Y.C. (126 mi.), 29. Del Mar H.S. (105 mi.), 30. Buckwheat Brothers (only 3 runners, 86 mi., 361 yds.).

SCOBEY WINS FIRST ANNUAL REDWOOD EMPIRE MARATHON

(July 10): Mad River's Bill Scobey simply walked away from the field and won handily in 2:24:59.5 over the beautiful rolling and mostly flat course in Arcata. A total of 25 ambitious runners started, but only 17 managed to finish, all under four hours. Mad River, taking advantage of its home course, took the first three places and won easily. A surprise 4th place finisher was Paul Reese of the Northern California Seniors who broke his own 54 year old world age record by dipping under 2:50 for the first time and coming home in 2:49:46!! Peter Mattei, another senior in his late 40's, managed a PR with his sixth place 2:51:13. Gary Tuttle finished second in his first ever attempt at the marathon. Mike Hulburt, a seventeen year old, finished his first ever marathon in just under 3 hours with 2:59:04. The 10th through 17th place finishers were all running their first marathons too!! Bob Dickerson (16th) is 50 years old. From all the reports I have heard, this was a superbly organized race with a perfect course and perfect weather. Moreover, a lot of us marathon freaks should patronize this one next year. *** The finishers & their times:

1 - Bill Scobey (Mad River)	2:24:59	7 - Mark Hulburt (unatt./Fortuna)	2:59:04	13 - John Zinselmeir (Mad River) 3:31:33
2 - Gary Tuttle (Mad River)	2:36:00	8 - Lenny Escarda (unat.)	2:59:36	14 - Richard Gilchrist (HVTC) 3:35:20
3 - Howard Labrie (Mad River)	2:38:03	9 - Bob Gormley (Marin AC)	3:00:12	15 - Bob Waters (unatt./Arcata) 3:39:31
4 - Paul Reese (NCSTC)	2:49:46	10 - Richard Meyer (unat./Arcata)	3:16:53	16 - Bob Dickerson (unst./Arcata)3:44:28
5 - Rick Spavins (unat./Arcata)	2:50:35	11 - Bill Rogers (unat./Arcata)	3:27:18	17 - Fred Griffith (unat./Eureka)3:56:18
6 - Peter Mattei (NCSTC)	2:51:13	12 - Chris De Fasio (unat./Eureka)	3:27:41	

LARIS SETS COURSE RECORD AT FELTON

(July 11): Tom Laris of the New York AC, currently living in Palo Alto, knocked eleven seconds off of Rich Delgado's course record (51:52 set in 1970), while last year's winner had to settle for second in a time of 52:55. High school runners again placed high among the top finishers with five in the top eight. Steve Brooks, Jack Bellah, and Mark McConnell were the top three. The team battle was very tight and West Valley TC just edged out Alum Rock Running Ass'n (44-49) after being hurt by Keith Kruse's late start (he started 7 minutes late, and still finished 28th). Carl Martin of the West Valley Joggers was top senior in 37th position, followed by Jim Nicholson (50th) and Don Pickett (58th). Oldest finisher was Jack Kirk (64) and youngest was six year old B. Bijarchi. Valley Track Club was the third team to finish. The top sixty finishers are listed below: (Dorothy Ward was the first woman in 99th place, 1:16:43).

l - Tom Laris (New York AC) 2 - Rich Delgado (West Valley TC)		21 - Rich Greer (West Valley TC) 22 - G. Cook (Soquel TC)		41 - Vernon Rose (West Valley TC) 42 - J. Semler	65:38 65:40
3 - Steve Brooks (Alum Rock RA)	54:23	23 - Harvey Sandoval (West Valley TC)61:31	43 - Dan Bolster (West Valley TC)	66:19
4 - Jack Bellah (West Valley TC) 5 - Dan Anderson (Valley TC)	55:04	24 - D. Chesnut (Alum Rock RA) 25 - Tom O'Brian		44 - J. Rivera 45 - F. Benavidez	66:26 66:27
6 - Mark McConnell (Soquel TC)		26 - R.H. Peterson (High Sierra TC)		46 - K. McKelvey (Alum Rock RA)	66:35
7 - John Sheehan (West Valley TC)		27 - Barry Parr (Valley TC)	63:36	47 - R. Yamat	66:40
8 - Arnold Garcia (Alum Rock RA)		28 - Keith Kruse (West Valley TC)		48 - R. Vitales (Alum Rock RA)	66:52
9 - Don Makela (Mad River Runners)	57:44	29 - T. Guerro		49 - R. Gomez	66:56
10 - Willie Cronin (West Valley TC)		30 - K. Miller (Valley TC)		50 - Jim Nicholson (NCSTC)	67:00
11 - George Manriquez (Alum Rock RA)		31 - R. Hurstado		51 - J. Fowler	67:04
12 - Bob Weaver		32 - Tom Delfino (Valley TC)		52 - E. Digirolamo	67:05
13 - Allan Pollard (Alum Rock RA)		33 - D. Carruth (Soquel TC)		53 - Ronald Cabrera	67:31
14 - Barry Pollard (Alum Rock RA)		34 - James Phillips (Valley TC)		54 - A. Sandretti	67:38
15 - Homer Latimer (unatt.)	59:23	35 - Tony Rodriquez		55 - S. Calvin (Half Moon Bay CC)	67:58
16 - Wes Hildreth (Marin AC)	59:26	36 - Alan White (Napa Valley RC)		56 - J. Barrack (Joggernauts)	68:00
17 - A. Aguilar (Alum Rock RA)	59:50	37 - Carl Martin (West Valley J & S)	64:41	57 - S. Grapp (Soquel TC)	68:01
18 - J. Rodriquez	60:14	38 - G. McConnell (Soquel TC)	65:01	58 - Don Pickett (SF Olympic Club)	68:21
19 - Mike Bergkamp	60:38	39 - A. Rodriquez	65:23		68:23
20 - Dave Zumwalt	60:41	40 - Carl Gillette (WV Joggers)	65:31	60 - Jaime Record	68:24

LATE NEWS: (July 18) - Paul Reese won the Ft. Baker Handicap Race, but West Valley's Peter Duffy led a mass assault on the old course record as the first three dipped under the old mark of 1:26:13 set by Rich Delgado last year. Duffy's time was a fantastic 1:22:23, but he was followed closely by Bernie Lahde (1:22:38) and Bill Scobey (1:23:59). Delgado was only a second off his old mark this year. Tom Hale ran 1:26:35 to finish as first high schooler. Complete results in next issue. *** (July 24) - Bill Clark led his West Valley teammates to a close victory over Mad River at the Annual Tiburon 8½ miler, setting a course record in the process (41:20 compared to Bob Waldon's 1969 record of 41:30). Bill Scobey (41:54) was a distant second and Bob Darling of the Redwood City Striders was third in 42:31. Complete results next time. *** Misc. - Forgot to mention WVTC's Bill Babcock in the club section. He finished 87th in the Statuto with a time of 54:33. If I missed anyone else, let me know.



Tom Laris set a new course record at Felton (shown at finish of Bay to Breakers) (T. Mejia photo)



UC Davis ace steeplechaser Ed Haver finished 12th in AAU (8:48.8) and won Hangtown Road Run. (T&FN Photo)



West Valley's Peter Duffy ran almost four minutes under the Ft. Baker record. (Mejia, Bay to Breakers photo)



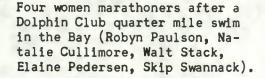
Valley TC's Dan Anderson, shown as he finishes second in the Statuto. (Photo by Manuel Colin)



Richard Clark, featured in this month's West Valley Portrait. (Photo by Larry Winward)



Top 3 at Tiburon (Clark, Scobey, Darling); Clark ran record 41:20. (Jack Leydig photo)







This month's NorCal Portrait, race walker Bill Ranney. (G.T.Kruse photo)