



NORTHERN CALIFORNIA RUNNING REVIEW

A WEST VALLEY TC PUBLICATION
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The Northern California Running Review is published on a monthly basis by the West Valley Track Club of San Jose, California. It is a communication medium for all Northern California track & field athletes and includes age group, high school, collegiate, senior, AAU, and women's coverage. The NCR is available at many road races and track meets throughout the area for 25¢ an issue, or for \$3.50 per year by subscription (12 issues). All West Valley TC members receive their copies by mail if their dues are paid up for the year.

This paper's success depends on you, the readers, so please send us any pertinent information on the NorCal running scene that you would like to see in print. We can always use good photos for our publication, preferably black & white, and of good contrast. All information should be sent to the editor: NorCal Running Review, P.O. Box 1551, San Mateo, CA 94401 (Ph. 342-3181). NOTE THAT THE ABOVE IS A NEW ADDRESS and should be used for all correspondence. Be sure and give photo credits, those competing, and the event being run. Any size print will do. Please do not send us the negative. We will return prints after we're through.

NCR STAFF: Editor - Jack Leydig; Printer - Frank Cunningham; Chief Photographer - John Marconi; Cartoonist - Lee Holley (Marin AC); NorCal Portrait - Jon Hendershott; Coach's Corner - John Marconi; West Valley Portrait - Willie Cronin; Women - Roxy Anderson, Daryl Zapata, Jim Hume; Seniors - John Hill, Willis Kleinsasser, George Ker; Editorials - Bill Clark, Rich Delgado, Don Kardong, Joel Jameson; High School - Joel Jameson (Santa Cruz - Monterey), Mike Ruffatto, Mike Pinocci, Willie Cronin (East Bay), Jack Bellah, Dave Stock (San Jose), Peter Jones (S. Peninsula) -- (we still need reporters for Marin, Sacramento, and N. Peninsula, ... if you're interested in helping out by sending scheduling and results on a regular basis, please contact the editor immediately); Collegiate - John Sheehan (Far West Conf.), Jon Hendershott (Pac-8 & SJS), Fred Baer, Jose Cortez (Jr. College); Race Walking - Steve Lund, Bill Ranney; AAU Track & Road Results - Jack Leydig.

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IN THIS ISSUE

List of NorCal qualifiers for Olympic Trials Marathon as of May 1; NCR Long Distance Point Totals through DeAnza Ridge Run; Coach's Corner: Bill Anderson, cross country coach at Hillsdale High School; NorCal Portrait: Colombian Victor Mora, second in this year's Boston Marathon; West Valley Portrait: Bob Grubbs; Long Distance Scheduling through the end of June; Collegiate, AAU, High School, Women's & Seniors Track & Field Scheduling; Race Walking scheduling & results; Results of 2nd Annual Grandfather Games; Various collegiate & high school results, including Sac'to State Relays, Mt. SAC Relays, San Diego Relays, UCLA Meet of Champions, Hill Invitational, Carlmont Invitational, Blossom Hill Relays, San Joaquin Valley Relays, plus many good dual meet marks; List of best CCS marks through April 25; Road Race results from: Morgan Hill-Anderson Dam Runs, Hawaiian Marathon, PA-AAU 30 Km, Blossom Hill Run, Lake Merced Senior Run, El Dorado 14 Mile Run, and DeAnza Ridge Run, plus partial San Martin Marathon times.

CLUB NEWS

This section of our publication is devoted to various clubs in the area. If your club has any announcements or news that you would like to have printed, please send it to us. Our circulation is now at 400 and your message will not go unnoticed. As long as news is pertinent to track & field or long distance running, and

kept to a reasonable length, we will print it, possibly in edited form. Let's hear from your club...we are still having very poor response.

DOLPHIN-SOUTH END RUNNERS: Announcing the 6th year of Bay to Breakers practice runs, sponsored by the DSE Runners. Last year 100 runners ran the first practice run and 144 the second one. This year we expect at least 200 for each of the runs. The runs start at 8 am, Sunday the 7th & 14th of May. The official run is on Sunday, May 21, at 10 am. To avoid heavy traffic across the city we start at 8 am. Each prospective participant is urged to be there for registration not later than 7:30 am. Parents are urged to stay with their small children if they run. Those not planning to run, please volunteer to help. Come by 7:15 am to the SE corner of Howard & Spear Sts. (a few blocks from the Ferry Bldg.). Deadline for entry into the official race is May 12...no late entries will be accepted.

WEST VALLEY TC: Five athletes joined the club during the past month (several more have indicated a desire to run for us but I haven't received their applications at the time of publishing). Eric John Abrahamson, 15 years of age, lives at 12290 Fairway Dr., Los Altos, CA 94022 (Ph. 948-9077) and has bests of 440 - 57.0, 880 - 2:13.0, Mile - 4:56.0, 2 Mi - 10:26.0, Marathon - 3:20:55. Steve Endemano, 23 years old, 925 Casanueva, Stanford, CA 94305 (Ph. 325-0753) is an all around competitor and has best marks of 440IH - 54.6, 120HH - 15.3, Jav - 198, LJ - 21-10, TJ - 44-0, Disc - 120-0. His goals are to score 7000 points in the decathlon and run 53.0 & 15.0 for the hurdle races. Chip Greendale, 16 years of age, lives at 2340 Mueller Dr., Reno, Nevada (Ph. 329-4570). His best marks include an 880 in 2:09 (on his way to his mile best), mile - 4:36.8, 2 miles - 10:12.5, and marathon - 2:59:56. Bruce Tharp, 24 years old, 2200 Eloise, Ceres, CA 95307 (Ph. 537-1098) has bests of 880 - 1:57.1, Mile - 4:26.1, 2 Mile - 9:51.1, 3 Mile - 15:44. Len Wallach, 44 years old, P.O. Box 1515, Burlingame, CA 94010 (Ph. 593-2788), has only been running for a short while, but has already run the Boston Marathon in 4:07 (on a broken ankle yet!).

Reminder: For most eligible (non-scholastic) club members, track season is almost over. Only a few bigtime meets remain & if you haven't qualified for them by now, your chances look pretty dim. However, there is one important meet left that all club members should participate in if possible. This is the PA-AAU Championships, to be held at Diablo Valley College on June 3. If you're interested in competing in this meet, drop a line to Duncan Macdonald/Don Kardong, 1050 Cloud Ave., Menlo Park, CA 94025 (Ph. 415/854-2901) right away, telling them what events you wish to compete in (including relays, 440 & mile will be held, maybe an 880). There is a possibility of a 4 x 1500m relay (invitational) and if you'd like to be considered for this (if available), be sure & let Dunc & Don know...they are handling all track meet stuff for the remainder of the season. Remember, you have to be registered for this meet, at least 10 days in advance, so if you want to participate, get going.

Club address changes: Bob Nanninga, 1507 Beach St., San Luis Obispo, CA 93401; Mark Nadler, 2400 Durant Ave., Rm. 611, Berkeley, CA 94720; Neil Kruse, 3825 38th Ave., Oakland, CA 94619; Gary Berthiaume, 1891 Bellomy St., #7, Santa Clara, CA 95050. If you move, please be sure and let us know right away!

Needed - a Cross Country Director: I know this may seem a bit early for looking at cross country season already, but as most of you know, your trusty editor & president will in all probability be in Europe this fall and someone else will have to look after the schedule (it should be set up by then, but we still need someone to manage traveling, etc.). If you (two would be best) are interested, contact me immediately! Thanks!

Those WVTC athletes who ran in road races this past month but did not finish high enough to be listed in the regular race results section (back of each issue): DeAnza Ridge Run - (61) James Jacobs (82:29). I was supposed to get the Blossom Hill results today, but haven't gotten the mail yet, so I can't list those West Valley runners who placed further back in this one.

Some notable performances made by WVTC athletes on the track but not listed elsewhere in this issue (non-placing): A hoard of West Valley athletes competed in the SJS-PCC-BAS triangular mile. Besides Peter Duffy taking second and Jim Dare fourth, these guys went unplaced and their approximate time is listed: Duncan Macdonald (4:10), Al Sanford (4:13.0), Bill Kelly (4:14.9) and Bob Crow (4:18). Also, new member Henry Kirk (then running unattached from Reno) ran a 4:10 in the same race. At the Mt. SAC Relays, Duncan Macdonald ran a remarkable 5000 meters but misjudged the start and finish and went unplaced. In the same race, Peter Duffy, running for Univ. of Nevada (Reno), took an excellent fourth in a PR 14:04 behind George Young's winning 13:53.4. Dave Scharer placed fourth in the 400m hurdles with a 52.5 (51.4 was winning time); Don Kardong was third at 10,000m in 30:03.0 and Al Sanford notched a good fifth in the mile at 4:11.1, a seasonal best.

In other road race activity, WVTC's roving pilot, Harold DeMoss, decided to try the Kansas Relays Marathon, only five days after he had run a 2:44 at Boston...and did remarkably well, 15th in 2:50:45 out of 72 starters (won by Terry Ziegler of Oklahoma in 2:23:07). He ran the race for mostly sentimental reasons since he graduated from KU and Kansas is his home state.

For those WVTC'ers who have (or will) qualify for either the AAU or Olympic Trials (Seattle & Eugene respectively), make sure you get your applications in early...and read all the instructions, especially the part about the final declaration of entries. The Olympic Trials entries can be obtained from Track & Field News and probably the AAU applications too (P.O. Box 296, Los Altos, CA 94022). I don't know the AAU qualification times except that I heard the six mile has been dropped from 29:30 to 28:59.8 this year!

THIS AND THAT

Mrs. Roxanne Andersen, Head Coach of the Laurel Track Club (SF-Oakland), has been included as a biographee in the book, Two Thousand Women of Achievement - 1970, published by Melrose Press, Ltd., London. She has coached the following international team members: Pamela Kurrell, Cherrie Sherrard, Denise Paschal, Leslie Clark, and Deanne Kurth Carlsen.

John Brennand, SPA-AAU Long Distance Running Chairman, is announcing the National One-Hour Run Postal Championships. Any run held between May 1 and July 22 is eligible to be included. Again, the Senior & Junior runs will be combined and run concurrently. Last year, 13 separate runs with a total of 388 finishers were included in the final tally. Nineteen teams finished the necessary five men. The Southern Pacific Ass'n will hold their race on July 22 (at Santa Barbara as usual I suspect). If you are planning on holding a postal competition for this race, contact John Brennand, 4476 Meadowlark Ln., Santa Barbara, CA 93105 (Ph. 805/964-2591). (He will furnish the lap scoring sheets which have been especially designed for the race...these lap sheets should be used as they will become the address labels for the final results).

Pikes Peak Marathon: Since vacation time is rolling around, its not too early to build one's vacation around a good run...preferably in real scenic country. Yes, you guessed it...the Pikes Peak Marathon. Not too far away is the Garden of the Gods, world-famed Aspen & other ski resorts, the Grand Canyon, etc. Hal Higdon, who goes around biting dogs, in his first Pikes Peak run set a new senior record for the ascent (2:41:08). In January 1972 he wrote in Runners World, "Boston be damned. Soon nobody will be able to call himself a runner unless he has accepted the challenge of Pikes Peak." Lest you think its too tough or that you're not in good enough shape, six whole families ran it last year. The youngest ever to run it is Maryetta Boitano, 8 years old. Oldest woman ever to run it is Mary Lucille Boitano, 48. The following DSE members are planning on running it this year (Aug. 13) - Dr. Larry Witter, Manuel Colin, Frank Harrison, Ralph Paffenbarger, Peter Mattei, Otto Sommeraver, Joan Ullyot, and Walt Stack will be there. Others "thinking about it" are Pax Beale, Ken Crutchlow, Elaine Pedersen, and Natalie Cullimore. Other Californians, including Maureen Weimeyer, Noel Johnson (74), Luka Sekulich, Herb Dowler, Vince de Ciutis, and 104-year-old Larry Lewis plan to join us there. Rudy Fahl, manager & director of the marathon, has asked me to coordinate West Coast activities regarding this run. Entry forms are ready from me now. Send self-addressed, stamped envelope for further information to Walt Stack, 321 Collingwood St, San Francisco, CA 94114. See you all at Pikes Peak this coming August. --- Walt.

Jim Santos, 32, will be the new head track coach at Cal State, Hayward, next year, succeeding Mal Andrews who will step down after three successful years at the Pioneer helm. Santos, who is in his 10th year of coaching, has been at Cal State the past two years as Andrews' assistant, and has served in the capacity as assistant director of athletics for the college. Mal Andrews will continue on the staff at Cal State, but will devote most of his time to counseling and teaching. "I'm going to do quite a bit of counseling with an emphasis on Black students," explained Andrews. Andrews states that he wouldn't have enough time to carry out this counseling if he remained as head track coach, but points out that he will continue to work with the track program but not as an official assistant coach.

NORCAL OLYMPIC QUAL. TIMES FOR MARATHON

The following individuals from Northern California (Pacific and Central California Associations) have qualified for the 1972 U.S. Olympic Trials in Eugene this July 9, as of the first of May. Only several other qualifying marathons (certified courses) remain left before the trials, and many of these are tough runs. Below I have listed uncertified course times with an asterisk (*). A secondary list follows for foreign athletes residing in the area who have met the qualifying time but who cannot represent the U.S. All times are listed, even if an individual has run more than one qualifying time.

<u>Athlete(Club)</u>	<u>Time</u>	<u>Location</u>	<u>Date</u>
Bill Scobey (West Valley TC)	2:15:21	Culver City	12/5
Don Kardong (West Valley TC)	2:18:05.6	Burlingame	2/13
Wayne Badgley (WVTC)	2:20:25	Culver City	12/5
Steve Dean (Unattached)	2:20:29	Boston, Mass.	4/17
Wayne Badgley (Unattached)	2:20:36	Eugene, Ore.	4/9
Duncan Macdonald (WVTC)	2:21:31	Burlingame	2/13
Jose Cortez (RC Striders)	2:21:38*	Eugene, Ore.	10/3
Jon Anderson (Oregon TC)	2:23:44	Petaluma	12/12
Jack Leydig (West Valley TC)	2:25:15	Boston, Mass.	4/17
Joe McDevitt (West Valley TC)	2:25:28	Boston, Mass.	4/17
Bill Clark (West Valley TC)	2:25:38	Burlingame	2/13
Skip Houk (High Sierra TC)	2:26:11	Madera	1/15
Steve Dean (Unattached)	2:27:04	Petaluma	12/12
Charlie Harris (WVTC)	2:27:16*	Albuquerque, NM	9/12
John Loeschhorn (USAF)	2:28:05	Eugene, Ore.	4/9
Chris Miller (West Valley TC)	2:28:17	Burlingame	2/13
John Weidinger (Pamakids)	2:28:24	Burlingame	2/13
Darren George (Napa Vly RC)	2:28:43	Petaluma	12/12
Bob Darling (RC Striders)	2:28:53	Burlingame	2/13
Dave Bronzan (High Sierra TC)	2:29:00	Burlingame	2/13
Jose Cortez (RC Striders)	2:29:06	Phoenix, Ariz.	12/27
Mitch Kingery (RC Striders)	2:29:11	Burlingame	2/13
Jose Cortez (RC Striders)	2:29:35*	Tucson, Ariz.	2/12
Bob Price (Athletes in Action)	2:29:40	San Diego	1/15
Charlie Harris (WVTC)	2:29:59*	Portales, NM	2/19
Victor Mora (Colombia)	2:15:57	Boston, Mass.	4/17
Alvaro Mejia (Colombia/WVTC)	2:20:06	Boston, Mass.	4/17
Domingo Tibaduiza (Colombia)	2:21:58	Boston, Mass.	4/17
Hernan Barreneche (Colombia)	2:22:58	Boston, Mass.	4/17

Short Course: (About 25 miles)

Tom Laris (New York AC)	2:17:53	Napa	10/3
Darren George (Napa Vly RC)	2:20:10	Napa	10/3

Concerning entry blanks for the U.S. Olympic Trials: They may be obtained from Dick Drake, Track & Field News, P.O. Box 296, Los Altos, CA 94022. Entries must be received by the Certification Chairman (Dick Drake) by not later than June 21. An entry blank must be received from each athlete entered. Telephone calls may be directed to the Meet Director, Bob Newland, at 503/344-4430. NO COLLECT CALLS WILL BE ACCEPTED. Final declaration of entries must be made by 11 am, June 28, by letter, telegram, or in person...no phone calls will be accepted. Only certified amateur athletes will be permitted to compete (U.S. Citizens). Indoor marks will be accepted if they are under the outdoor qualification times. Wind-aided marks will not be accepted. A minimum of 24 athletes will make up the field for each event, whether all have made the qualification marks or not. If only 15, say, make the 3000m SC qualification time (8:38.0), then the selection committee will go down the list of best certified marks until a field of 24 has been established. The qualifying marks must have been made between August 1, 1971 and June 17, 1972. Entrants in the 50 Kilo Walk & Marathon must have a medical certificate sent with their application.

NCRRL LONG DISTANCE POINT RACE

This year the NCRRL's point race will offer two perpetual trophies for the winners in the open and senior divisions. The winners of the past two years will have their names and point totals engraved on the trophies as well. For the uninitiated, here is basically how our point system works. It is based on not only the number of races run, but also on your average placing. To figure out your own point total, merely take your average placing and divide by the number of races run. As an example, if you placed 5th, 6th, and 7th in three races, your average place would be 6th. Divide this by 3 (the number of races run) to get your point rating of 2.0. Anyone can keep track of their scores, and we encourage those listed below to keep tabs on us and send in your records at the end of the year if they differ from ours. We added a few other rules to our system: (a) races must be PA-AAU sanctioned races, or at least take place in the PA-AAU with substantial numbers of participants, (b) we only count finishers in the top 10 (open) and top 6 (seniors) for our rankings...you need not be limited to this. If a listed runner finished out of the top 10 (or 6 for seniors) in a given race, this isn't counted against him. (c) All athletes residing in the PA-AAU are eligible, whether registered in the Association or not (e.g. - Ray Darwin, John Butterfield), as well as PA-AAU athletes residing outside the Association (Bill Scobey, etc.). (d) In meets where two races are held (or more), the main event shall count for open competition and two races may be counted for senior competition (Lake Merritt 5 and 10 Kilos, etc.). The scoring year starts off with the Lake Merritt Races on Columbus Day. Below are listed the top 16 open competitors and top 9 seniors, with points being tallied through (including) the DeAnza Ridge Run, but with the Blossom Hill (Seniors only) results being omitted...we hadn't received the results at the time the totals were figured. In open competition, 35-year-old Darryl Beardall of Marin AC has climbed atop the ratings, displacing the SFOC's Byron Lowry by a good margin (0.351 to 0.429). Colombia's Victor Mora, with two wins and no defeats, moved up to sixth from twelfth last time. The ratings tended to stay pretty much the same other than that. Doug Butt and Tom Laris were new appearances to the list. John Butterfield dropped off and is now 17th. Ross Smith still has a substantial lead in the senior race, but Stanford RC's Dave Stevenson is making a determined bid to catch him, closing from 0.042 down last time to within 0.029. Ross suffered his first defeat of the season at Lake Merced, taking third, thus hurting him a bit, but still giving him a seasonal high of 0.107 as he closes on Bill Mackey's PA record. Only a few minor changes other than that with no newcomers to the list. (Note: an asterisk (*) next to any placing indicates a tie. For example, 2* indicates (if under column 2) 2 second place finishes, one of which was a tie. Two asterisks would mean two ties, etc. A tie is counted as an average: a tie for first would count as 1.5, for second - 2.5, etc.).

OPEN

Runner/Club (# of races run)	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	Aver. Place	Rating
Darryl Beardall/Marin AC (11)	2*	2	0	3	2	1	0	.1	0	0	3.86	0.351
Byron Lowry/SF Olympic Club (7)	3	0	1	2	0	0	1	0	0	0	3.00	0.429
Dan Anderson/Valley TC (13)	1	1	2	0	0	3	3	1	0	2	5.85	0.450
Jack Leydig/West Valley TC (9)	1	2*	0	1	3	1	1	0	0	0	4.17	0.463
Jon Anderson/Oregon TC (6)	3	1	1	0	0	0	0	0	1	0	2.84	0.472
Victor Mora/Colombia (2)	2	0	0	0	0	0	0	0	0	0	1.00	0.500
Wayne Badgley/Unatt. (5)	2	1	1	0	0	1	0	0	0	0	2.60	0.520
Darren George/Napa Valley RC (5)	1	2	1	0	0	1	0	0	0	0	2.80	0.560
Jose Cortez/RC Striders (6)	1	2	0	1	0	1	1	0	0	0	3.67	0.611
Alvaro Mejia/West Valley TC (4)	2	0	0	1	1	0	0	0	0	0	2.75	0.688
Bill Scobey/West Valley TC (2)	1	1	0	0	0	0	0	0	0	0	1.50	0.750
Doug Butt/Marin AC (8)	0	1	1	0	1	2	0	1	1	1	6.13	0.766
John Weidinger/Pamakids (8)	0	0	2	1	0	0	1	1	3	0	6.50	0.812
Don Kardong/West Valley TC (1)	1	0	0	0	0	0	0	0	0	0	1.00	1.000
Tom Laris/New York AC (1)	1	0	0	0	0	0	0	0	0	0	1.00	1.000
Ray Darwin/Culver City AC (3)	1	0	1	0	1	0	0	0	0	0	3.00	1.000


SENIORS

Runner/Club (# of races run)	1st	2nd	3rd	4th	5th	6th	Aver. Place	Rating
Ross Smith/West Valley J&S (11)	10	0	1	0	0	0	1.18	0.107
Dave Stevenson/Stanford RC (13)	6	5	1	1	0	0	1.77	0.136
Jim O'Neil/SF Olympic Club (9)	2	5	2	0	0	0	2.00	0.222
Bob Malain/NCSTC (11)	3	2	2	4	0	0	2.64	0.240
Peter Mattei/NCSTC (11)	1	3	3	2	2	0	3.09	0.281
Jim Nicholson/NCSTC (11)	2	1	3	3	0	2	3.36	0.306
Paul Reese/NCSTC (10)	0	2	3	1	2	2	3.90	0.390
Donal Coghlan/NCSTC (7)	2	0	0	3	2	0	3.43	0.490
Don Pickett/SF Olympic Club (5)	0	3	1	1	0	0	2.60	0.520

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Our Rates: Interested in selling your product? With a circulation of almost 600 per month (including 400 mailed subscriptions), the NCRRL Classifieds will get results for you. Why? Because we advertise to a select group---track & field athletes! Our rates are inexpensive and effectively improve sales for you. Only 50¢ per line, based on a 7 1/2 inch line, normal type, 12 characters/inch; for reproductive work (like the ones to the right) the cost is only 25¢ per square inch (final size) for straight black & white, and 50¢ per square inch for half-toning (shades, like our photo page). We can reduce or enlarge your ad as required. If you simply want an insert (8 1/2 x 11), then we will charge a flat rate of \$5.00 for the insert (\$10.00 for both sides), and an extra amount for postage on our mailed issues. This varies since our subscription rate varies and some of our mail is sent third class, but you can figure on about \$15-20 currently. For more details, write the editor, P.O. Box 1551, San Mateo, CA 94401. For inserts, send us about 600 copies per month. Checks should be made payable to West Valley Track Club.

SACRAMENTO ATHLETIC SHOES: "Specializing in Products for the Distance Runner" -- Tiger shoes now available to athletes in the Sacramento Valley. Office: 5901-A Fair Oaks Blvd., Carmichael. Hrs.: Mon-Wed-Fri (7-9 pm, or by appointment). Call Walt Lange at (916) 487-6615.



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VIC'S SPORTS - ADIDAS RUNNING SHOES: You may have noticed recently that Vito D'Aloia is also getting into the shoe selling business at local road races. He sells a good line of Adidas training and racing flats, socks, insoles, Gatorade powder, shorts, and a variety of other handy running items. This month he is featuring the Adidas Dragon #333 (sizes 4-14): a very light, blue nylon upper training shoe with long wearing traction tread sole and shock absorbing heel wedge. If you have trouble finding him at a race, you can always contact him at 2289 Kenwood Ave., San Jose, CA 95128 (Ph. 408/296-3982). Store hours are 5 to 9 on weekdays, and weekends are by appointment. Free delivery in the San Jose area.

RUNNING UNLIMITED: (Tiger Distributor for Northern California) - With summer road racing season just around the corner, a good many of us (especially high school & collegiate runners, just off track season) are in need of some high quality but inexpensive shoes. Tiger shoes has probably just the style you are looking for, whether it be for racing or for training. There is now only one location of Running Unlimited: Tom Laris, 407 California Ave., Palo Alto, Ca. (Ph. 328-4274). The Tiger brand is by far the most popular distance running shoe on the market...you can't beat them for price, comfort, and wear.

1972 NORCAL DISTANCE ANNUAL: Due to a general lack of interest (we only had 4 orders before we were going to publish) and a lack of funds in the WVTC treasury (it would have taken \$300 in printing costs), there will be no NorCal Distance Running Annual for this year. Thanks for the support of many of you, but we simply cannot afford it this year. We still have a hundred or so 1970 Annuals left over for only \$1.00 each (1/2 price!) if you are interested. Just the number of photos alone (almost 100) makes this an excellent buy.

COACH'S CORNER

Meet Bill Anderson: (Cross country & assistant track coach - Hillsdale High School, San Mateo, CA) - "The highlights of my 20 years of coaching are the close and meaningful relationships I have had with the young men that I have been associated with. It is always exciting to have an athlete establish an important record, but it is just as exciting to see athletes with lesser abilities perform with maximum effort and achieve goals which for them are personal records." This statement more or less reflects Coach Anderson's flexibility in coaching. He never favors his better athletes, but always makes his lesser competitors feel as if they too are achieving worthwhile goals...personal betterment both in athletic competition and sportsmanship.

The Hillsdale High mentor further relates, "There have been some very good distance runners on my teams, but I have never coached a truly outstanding distance athlete. I have told some of my close associates that I may not have the ability to coach a potential champion for fear of overdriving him and therefore have him not enjoy the sport or have some long-lasting regrets or effects. The most outstanding individual I have had the pleasure of coaching was Marshall Hunter of Corvallis, Oregon. In his three years of high school, Marshall's times in the 120 yard high hurdles were: 14.8, 14.4, and 14.3 seconds. He was state champion in both his junior and senior years. In his senior year he was the outstanding athlete in the State Meet, placing first in the highs (14.3), second in the lows (19.8), and second in the high jump (6'3"). Marshall was also privileged to be selected to compete in the Golden West Invitational in 1962."

Perhaps his success as a hurdle coach stems from his own personal experience as a hurdler in school. "My track athletic career began when I was a freshman in high school in a very small west Texas school by placing second in the freshman division 50 yard dash at the county fair. As a senior at Odessa High, I played football and basketball, and was lucky enough to place 5th in the 120 highs in the Texas high school state meet. After a stint in the navy during W.W.II, I enrolled at Oklahoma A & M College and ran hurdles for 4 years under the guidance of the great Ralph Higgins."

"Most of my distance running coaching knowledge and techniques are the result of trial and error and from tips I pick up from other coaches and my own runners. Each runner is different from every other runner," emphasizes Bill. "Each has his own goals, attitude toward training, capacity for work, and physical and mental makeup. In my opinion, the most important training element for distance runners is long distance training. As beginners, youngsters have a great deal of difficulty running even 5 miles without stopping and/or having side cramps. However, when a youngster becomes tired and cannot continue running, he should continue to walk until a time when his body and his mind are again ready to run again. After several of these run-walk-run sessions, he will develop the ability to endure longer and faster runs."

But he goes on to say that distance alone is not all it takes to make a good distance runner. "Running pace is an important factor also. Anyone can cover X number of miles, but the training factor is how fast can one cover those miles. Of course the longer the run, the slower the pace, but a runner should always be trying to lessen the time necessary to cover a given distance. When he does this he is not only improving his muscular strength, but he is also helping to improve his organic functioning during a heavier work load, and is developing a mental awareness of competitive running. During the cross country season (competitive portion), I stress once a week underdistance race-pace mile intervals, and as the season climax approaches, I include more short sprint work to develop the idea of holding off a competitor and/or making a drive to overtake an opponent and prepare for the finish of the race."

"The old saying, 'the best motivation is winning,' is true so long as all parties concerned are happy and remain physically and psychologically sound. When a coach lets winning supersede the well-being of a single athlete, he is being unfair. So far as the U.S. systems of distance running is concerned, I feel there should be more of a breakdown either in age groups or school levels in large distance runs. It seems that in most of the large and/or long runs, there is but one open division. If there were other levels for age groups, high school, junior college, college & university, as well as open divisions, the runners would have more incentive to combine their efforts and talents into groups and teams and compete against other groups and teams on their own level."

HELP!!! - Our regular reporters have been slipping somewhat in the reporting of big meet results (high school & college). With league and sectional (plus regionals) finals coming up we need help. Please don't hesitate to send results. If your paper has a listing of top NCS marks, please send them to us. We have CCS listings. Please don't put all the burden or getting results on your editor.



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NORTHERN CALIFORNIA PORTRAIT

Meet Victor Mora: A newcomer to Northern California distance running circles, Colombia's Victor Mora is quickly establishing himself as one of the area's best. In fact, his rapid rise to international prominence during the past few years appears to be rising to a peak in this, the Olympic year. Normally known for his feats at 5,000 and 10,000 meters (as well as the steeplechase), Victor has recently taken to the roads to "develop unknown talents." A close second place finish in this year's San Silvestre Midnight Run in Sao Paulo, followed by a superb half-marathon victory in Puerto Rico (1:04:22 in hot, humid weather), was the beginning of Mora's ultimate challenge: the marathon.

Several weeks after arriving in the Bay Area with his Colombian compatriots, under the guidance of Alvaro Mejia (last year's Boston Marathon winner), Mora exhibited his many talents in the PA-AAU 30 Kilo Championships, blitzing to a 1:35:16 clocking, a new Pacific Association record. The most likely followup to this performance was naturally a go at the Boston Marathon. Running with Mejia for much of the distance, Mora finally started to move, but too late. His strong finishing kick fell 18 seconds short of victory as Finn Olavi Suomalainen copped the BAA title. But those who witnessed Mora's phenomenal finishing burst over the last few miles couldn't help but feel he could have won had he not been so conservative over the early miles.

The 145-pound, 5'9" native of Bogota, is certainly a threat at any distance from 3 miles up, but has also run a credible steeplechase (8:52 for 5th in the Pan American Games last year) and he considers this to be one of his favorite events. He will give it a try at the upcoming West Coast Relays and should be one of the heavy favorites. Although currently doing mostly overdistance running, his all-time best 3 mile was recorded only a month ago (13:31) at SF State with very little competition after the first mile. This gives some indication of what he might do by Munich.

Currently Victor's training is much the same as his other Colombian teammates. They train 2 or 3 times a day, logging about 140 miles a week the year around. However, as the Olympics draw nearer, quicker speedwork will be included and the mileage will drop somewhat in favor of a more intensive schedule. Still though, much of the training will involve long endurance runs. He enjoys racing about twice a month.

The 27-year-old Mora, certainly not blessed with a fantastic amount of natural speed for a distance runner (his best mile is only 4:10.4), has best marks of 8:12 for 3000 meters, 14:08 for 5,000 (although his recent 3 mile is superior to this), and 29:17 for 10,000 (both of the former times earned him second place finishes in last year's South American Championships). His 2:15:57 at Boston was his only marathon attempt and goes down as a South American record, eclipsing Mejia's 2:17:22, set in the 1971 West Valley Marathon (and also in his first marathon). We will no doubt be hearing a lot from this talented Latin over the next 4 months, culminating we hope in an Olympic gold medal.

Victor Mora, Bogota, Colombia (& San Mateo, CA at present). 5'9", 145-lbs., 27 years old (born Nov. 24, 1944, Bogota, Colombia). Unemployed at present (full-time jock). Began running in 1965 with no extensive layoffs since then. Coached by self and Alvaro Mejia. Best times: Mile - 4:10.4, 3000m - 8:12, 5000m - 14:08, 10,000m - 29:17, 3000m SC - 8:52, 3 mile - 13:31.6, marathon - 2:15:57.

WEST VALLEY PORTRAIT

Meet Bob Grubbs: The month of April brings to the West Valley Portrait a young runner (18) with creditable achievements in both cross country and track. The past fall cross country season was indeed filled with many exciting moments for Bob, currently a senior at Fremont's Washington High School. Bob was named MVAL cross country runner of the year, following a brilliant first in the MVAL Championships and a top place finishing in the N.C.S., pacing his team to victory on both occasions. The change from the sluggish tempo of cross country to the compact rhythm of the indoor circuit had little effect on his performance as shown by his two mile victory at the Athens Invitational in a then PR of 9:22.4. In addition to his sterling cross country and track performances, Grubbs proved he was truly an all-around distance competitor by leading off the WVTC high school team at the Tahoe Relay last August, at a distance of 11-1/2 miles. That team finished 10th overall with the eighth best time.

Bob, who ran a little in the 7th and 8th grades, rates running in the C.I.F. State Meet in 1970 as a soph (2 mile), and winning the Athens Invitational 2 mile this year along with his most exciting moments in competition. "Breaking 9:10 for two miles (9:09.3) has to be my most exciting moment though," relates the Washington High senior. This time currently ranks as tops in Northern California, and is certainly among the best in the nation for so early in the season (he ran this in late March).

The double workout training method is what Bob does to achieve his success, with distance being the main ingredient. At present, his morning runs are 8-12 miles. In the off-season and pre-season he piles on the miles for stamina, and then this is followed by varied tempo training of 8-12 miles under the watch. Then comes sessions of intervals (440's, 880's, etc.), and the last couple of weeks of the track season the LSD is run in the morning and shorter intervals are introduced to develop leg speed as the season draws to a climax. The most amazing thing about Bob's times so far this season, ...it has been accomplished on practically all overdistance and fartlek. It figures that when he starts to concentrate on pace work, his times should drop well below 9 minutes.

Currently Bob has bests of: 440-53.5, 880-2:01.3, 1320-3:07.6, Mile-4:17, 2 Mile-9:09.3. In addition he has done 9:03.4 and 14:09 for 2 and 3 miles cross country at the Lake Elizabeth course (NCS Finals course).

As to the future, Bob would like to break 8:55 in the two mile this season and make a strong showing in the state meet. Beyond this track season, he hopes to compete in college and maybe someday run in the Olympics. With a start like this track season, don't be surprised if these goals are met.

LONG DISTANCE

Note: All runs listed below are sanctioned by the AAU except those specified as DSE races. These are strictly run-for-fun events that are sponsored by the Dolphin/South End Runners of San Francisco. Some of the races listed below are out of the PA-AAU (we have many subscribers now that are out of the local area and are getting requests for expanded schedules - here are some - please send us scheduling for your area as soon as possible.) John Romero & Tom Bache, if you have a list of meets for the rest of the year, please send it to us. Non-PA-AAU races are designated by an asterisk (*) in parentheses. All requests for entries should be made to the addresses listed (if noted). More information on other associations can be obtained as follows: SPA-AAU (John Brennan, 4476 Meadowlark Ln., Santa Barbara, CA 93110); Pacific SW (Tom Bache, 4920 Kane St., San Diego, CA 92110); Southern Nevada (John Romero, 438 E. Sahara, Las Vegas, Nev.); Central Cal. (Bill Cockerham, 1717 S. Chesnut, Fresno, CA 93702). DSE Race Information can be obtained from Walt Stack, 321 Collingwood, San Francisco, CA 94114. Pacific Association of the AAU is located at 942 Market St., Suite 601, San Francisco, CA 94102. --- When requesting information from any of the above, please enclosed stamped, self-addressed envelope.

- May 6 - 22 Mile Sac'to to Woodland Run, 10 am. Woodland Chamber of Commerce, 520 Main St., Woodland, CA 95695 (Ph. 916-662-7327).
- May 6 - 2 Man Blind Draw 9 Mile Relay, Hollywood Reservoir, 9 am. (*SPA)
- May 7 - Avenue of the Giants Marathon, Humboldt County. Rick Spavins, Route 1, Box 364, Arcata, CA 95521.
- May 7 - Angel Island 6 Miler, 11:30 am. Virgil Caselli, 2800 Filbert St., San Francisco, CA 94123 (See Classified Section - details).

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SCHEDULING

LONG DISTANCE

- May 7 - DSE Practice Bay-to-Breakers Run, 8 Miles, 8 am. Meet at Howard & Spear Sts., S.F.
May 13 - 8 Mile Road Race, Golden Gate Park, SF, 9 am. Peter Mattei, 1000 North Point, San Francisco, CA 94109.
May 14 - SPA-AAU 25 Kilo Championships, Cal-Poly Pomona, 8 am. (*SPA)
May 14 - Practice Bay to Breakers Run, (DSE Run), 8 mi, 8 am. Meet at Howard & Spear Sts., S.F.
May 14 - Eight Mile Run, Eugene, Oregon, 1:30 pm.
May 14 - One & Eight Mile Manresa Beach Runs (Road Runners Club), 10 am. Bill Flodberg, 12925 Foothill, San Martin, CA 95046.
May 20 - Chula Vista 20 Kilometers, Hilltop JHS, 5 pm. Dick Eby, 876 Gage Dr., San Diego, CA 92106 (*PSWA)
May 21 - Natl. AAU Marathon Championships, Liverpool, N.Y. Ed Page, 401 S. Main St., N. Syracuse, N.Y. 13212.
May 21 - Bay-to-Breakers Race, 8 Miles, San Francisco, 10 am. Frank Geis, 942 Market St., Suite 601, S.F. 94102. NO POST ENTRIES!!
May 27 - 3rd Annual Golden Gate Marathon, Tiburon to S.F., 7:30 am. Rich Perry, 2406 Buena Vista Ave., Belmont, CA 94002.
May 27 - USTFF Marathon, Wichita, Kansas. Herm Wilson, Wichita State Univ., P.O. Box 8084, Wichita, Kans. 67208.
May 27 - 6th Palos Verdes Marathon, 8 am. Terry Wallace, 600 Claydon Rd., Palos Verdes Estates, CA 90274. (*SPA)
May 27 - 6th Mt. Wilson Trail Race, 9.5 miles, 9:30 am. John Holcombe, Box 24, Sierra Madre, CA 92024. (*SPA)
May 28 - Mile High Marathon, Denver, Colorado. Alan Curiff, 424 S. Clarkson, Denver, Colo. 80209.
Jun 3 - 7.6 Mile Race, Redding, 9 am. Contact Robert Malain, 1870 Wisconsin, Redding, CA 96001 (Ph. 243-6216), not John Gray as on the PA-AAU Schedule.
Jun 4 - 52nd Annual Statute Race, 8 Miles, S.F., 9 am. San Francisco AC, 1630 Stockton St., San Francisco, CA 94133.
Jun 4 - 7th STC 2-Man, 14-Mile Relay, LaMirada Park, 9 am. Bill Theriault, (213-867-6573). (*SPA)
Jun 9 - Runners World 24-Hour Relay, site to be determined, 7 pm. Runners World, P.O. Box 366, Mtn. View, CA 94040 (Ph. 969-9700).
Jun 11 - Woodminister 9.3 Miler (Handicap), Oakland, 10 am. Bay Area Road Runners, Chas. MacMahon, 855 Glendome Circle, Oakland, 94682.
Jun 11 - 14th Garden Grove Handicap Run (Portsmouth Start), Garden Grove Pk., 10 & 5 Mi., 9 am. (*SPA)
Jun 17 - Novato 6.5 Miler, Novato, 9 am (New Course). Marin AC, Darren Walton, P.O. Box 742, Novato, CA 94947.
Jun 17 - Visalia One Hour Run (Age Groups), 6 am. Jerry L. Hobbs, 15616 Avenue 328, Ivanhoe, CA. (*CCA)
Jun 17 - Yankee Doodle Cross Country, many classes (1 to 4 miles), 9 am to 1 pm, Peck Park. Joel Adler (Ph. 213-833-1853). (*SPA)
Jun 18 - Stow Lake Relay, 2 Mile laps, Golden Gate Park, 10 am. (*DSE)
Jun 18 - 3rd Annual Morro Bay 6 Miler (Beach course at low tide), 11 am. Terry Record, 1241 Garden St., San Luis Obispo, 93401.
Jun 24 - 17 Mile Run, Pebble Beach, CA, 10 am. Monterey Pen. AC, Ted Larson, 477 Grove Acres, Pacific Grove, CA 93950.
Jun 24 - Sycamore Canyon Run, 10 Miles open (also 5 miles), Hiway 1, 18 miles S. of Oxnard, 9 am. Larry Pontinen, 805-644-5111. (*SPA)
Jun 25 - Holy City Summit Run, 9 Miles, Holy City (just S. of Hiway 17 between San Jose & Santa Cruz), 10:30 am. West Valley Joggers, Ken Napier, 1612 Bearden, Campbell, CA 95008 (Ph. 379-1420).
Jun 25 - Senior Sports International Marathon, Culver City (Seniors only). Sr. Sports Internat'l, Mutual of Omaha Bldg., Suite 302, 5225 Wilshire Blvd., Los Angeles, CA 90036. (*SPA)
Jul 1 - PA-AAU One-Hour-Run Championships, Mt. Tamalpais HS, Mill Valley, 5 pm. Peter Mattei, 1000 North Point, S.F. 94109.
Jul 2 - Third Annual Hangtown Road Race, 5.25 Miles, Placerville, 9:30 am. Recr. & Parks Dept., P.O. Box 872, City Hall, Placerville.
Jul 2 - DSE Coit Tower Run (meet at Dolphin Club), 3 mi., 10 am.
Jul 2 - U.S. Masters Marathon (Seniors only), San Diego. Ken Bernard, Box 10512, San Diego, CA 92110. (*PSWA)
Jul 8 - Second Annual Redwood Marathon, Arcata, 9 am. Co-Sponsored by Arcata Lions, USTFF & Humboldt St. Contact Jim Hunt, Track Coach, Humboldt St. College, Arcata, CA 95521.
Jul 9 - 9 Mile Road Race, Felton, 9 am. Felton Businessman's Ass'n., P.O. Box 458, Felton, CA 95018.
Jul 9 - DSE Double Lake Merced Run (New Course), 9.5 Miles, 10 am. (Meet at boathouse)
Jul 9 - U.S. OLYMPIC TRIALS MARATHON, Eugene, Oregon, 5:50 pm. (Sub-2:30 marathon on certified course is requirement for entry...must have been run since Aug. 1, 1971). Tom Ragsdale, 165 Hackamore Way, Eugene, Oregon 97401. (Top 3 to Olympic Games)

AAU-COLLEGIATE

- May 12 - West Coast Relays @ Fresno (2 day meet).
May 17 - NorCal JC Trials @ Modesto, 2 pm.
May 18 - Far West Conf. Championships @ UC Davis (3 days).
May 19 - Pac-8 Conf. Championships @ Stanford (2 days); PCAA Championships @ San Jose St. (2 days); NAIA Dist. III, San Diego, 7 pm (2 day meet); Far West Conf. Meet (continued).
May 20 - NorCal JC Finals @ Salinas, 10:30 am...also see May 19 for continued meets; Bakersfield Classic, 6:30 pm.
May 25 - NCAA College Div. Championships, Ashland, Ohio (3 day meet).
May 26 - USTFF Championships, Wichita, Kans. 2 day meet. Contact Herm Wilson, Track Coach, Wichita St. Univ., Wichita, Kans. 67208. Entry deadline is May 11.
May 27 - California Relays @ Modesto JC (plus State JC Championships).
May 31 - NAIA Championships @ Billings, Mont. (3 day meet).
Jun 1 - NCAA Championships (Univ. Division) @ Eugene, Ore. (3 day meet).
Jun 3 - PA-AAU Championships @ Diablo Valley College, Pleasant Hill. Probably several invitational events and some foreign athletes.
Jun 4 - AAU Decathlon/Compton Invitational, Los Angeles.
Jun 9 - Coliseum Classic, Los Angeles.
Jun 10 - Kennedy Games, Berkeley (UC).
Jun 11 - SPA-AAU Championships (tentative?), Irvine (UC).
Jun 15 - National AAU Championships, 3 day meet, Seattle, Wash.
Jun 29 - U.S. Olympic Trials, (thru July 9), Eugene, Oregon. Contact Dick Drake, Track & Field News, P.O. Box 296, Los Altos, CA 94022.

HIGH SCHOOL

- May 9 - SPAL Trials @ CSM, 2 pm; WVAL Trials @ Los Gatos, 3:30 pm (also on May 8); WCAL Trials @ St. Francis, 3:30 pm; MPL Trials @ San Mateo, 3 pm; MVAL Trials @ James Logan, 2:30 pm...Add: (May 8) - League Trials @ Acalanes.
May 10 - League Finals @ Acalanes; MVAL Trials @ Logan, 2:30 pm; MBL Trials, 3:30 pm; ACAL Finals @ Contra Costa College, 2:30 pm.
May 11 - MTAL Frosh-Soph Championships @ King City; MPL Finals @ San Mateo, 3 pm.
May 12 - MVAL Finals @ Logan, 2:30 pm; WVAL Finals @ Los Gatos, 6 pm; MHAL Finals.
May 13 - SPAL Finals @ CSM, 9 am; WVAL Finals @ St. Francis, 8:30 am; MTAL Finals @ San Lorenzo Vly; MBL Finals, 10 am.
May 17 - NCS Division II, Liberty H.S.; NCS Division I @ Richmond, 1:30 pm (both of these meets are Trials).
May 19 - NCS Division II Finals @ Liberty H.S.; NCS Division I @ Contra Costa College, 2:30 pm, Finals.
May 20 - CCS Region III Trials & Finals @ San Jose CC, 10 am; CCS Region I Meet @ Serramonte, 10 am; CCS Region IV Meet @ Hartnell: CCS Region II @ either Cupertino HS or Foothill, 9 am.
May 26 - NCS Trials @ Cal-State Cupertino, 4:30 pm.
May 27 - NCS Finals @ Cal-State Hayward, 9:30 am; CCS Trials & Finals @ San Jose CC, 9 am.
Jun 2 - Hollister Relays, 4 pm; CIF Trials @ Oroville...CIF Finals the following day.
Jun 10 - All-American Meet, Champaign, Illinois.
Jun 17 - Golden West Invitational, Sacramento, CA.

ADDITION: Add to AAU-Collegiate Schedule - (June 24, Rose Festival; Portland, Oregon).

SENIORS - WOMEN - AGE GROUP

- May 13 - PA Pentathlon (Women/12-13), Triathlon (10-11, 9-U), Mills H.S., Millbrae, Dr. Brown, 2335 David Ct., San Mateo, CA 94403.
May 14 - PA Boys & Girls Championships @ San Jose City College, Gary Gallego, 713 Harding Ave., San Jose, CA 95126.
May 20 - SPA-AAU Masters Meet, 10 am, UC Irvine (6 mile @ 9 am), Bill Theriault, 9346-1/2 Palm St., Bellflower, CA (Ph. 867-6573);
PA Girls 14-17 Championships, Sierra College, Roseville, Gilbert Duran, 1325 Susan Circle, Roseville, CA 95678.
May 21 - PA Age Group (Girls) Championships, Hartnell College, Salinas, Dick Casper, 1427 Lassen Ave., Salinas, CA 94901 (Ed. - is this the same meet as on May 14 or what? Someone please contact the editor and let him know so I can advise others. Thanks.)
May 27 - California Relays @ Modesto JC, Invitational Women's 100, 440, Mile, HJ, & 440 Relay; SPA-AAU Masters changed to May 20.
Jun 3 - PA-AAU Women's Championships @ Sequoia H.S., Redwood City (night), Mike Ipsen, P.O. Box 868, Redwood City, CA 94061.
Jun 10 - Kennedy Games (Women's events by invitation only) @ UC Berkeley; Masters All-Comers Meet @ Fresno, 5 pm; Junior Olympic District Eliminations (two day meets), sites unknown to editor.
Jun 17 - Senior Sports International, LA Coliseum; California State Championships (Women/Girls/12-13) @ Cal-State Hayward (2 days).
Jun 24 - Natl. Women's Pentathlon Championships, Los Alamos, NM (2 days); PA Junior Olympic Championships, Reno, Nevada (2 days), Dick Ellis, 5545 Jasper Court, Concord 94521.
Jun 27 - Natl. AAU Girl's Championships @ Kent State Univ., Canton, Ohio, Miss Marilyn West, 18700 Shawnee Ave., Cleveland, Ohio 44119.
Jun 30 - Natl. AAU Women's Championships @ Kent State Univ., Canton, Ohio, Miss Marilyn West (same address as above).
Jul 1 - U.S. Masters Championships @ San Diego, contact Ken Bernard, Box 10512, San Diego, CA 92110.
Jul 7 - U.S. Olympic Trials (Women), Frederick, Md., Jack Griffin, 533 Grant Pl., Frederick, Md.
???? - Jr. Olympic Regional Championships (qualifying individuals to Natl's @ Spokane, Aug. 15-18).

Additions:

May 27 - Masters events at track meet, Pacific Union College, Fresno (all events), 1 pm.

Note:

****Information on women's (& girl's) track meets and qualifying standards may be obtained from Mrs. Roxy Anderson, 76 Carver St., San Francisco, CA 94110 (Ph. 826-5903).

RACE WALKING

- May 7 - Walking Pentathlon, Sunnyvale H.S., 10 am. (Cancelled until after the Trials)
May 14 - Olympic Qualifying 20 Kilo, S.F. State Track, 10 am. (Also a 50 Kilo qualifying walk...last chance, locally, to qualify).
May 19 - PA-AAU Junior Olympics Race Walk Qualifying Meet, San Joaquin Delta College, Stockton (3 days)...Only the following age groups can compete: Senior, 16-17, 14-15, 12-13, 10-11, 9-U (you can compete only in your group). For a full schedule of available walks (from 440 to 6 mile, not all age groups), contact Bill Ranney or Steve Lund.
May 27 - California Relays 2 Mile Walk, show up a half-hour early for check-in at the athletes gate. A good field is expected, 3 pm.
Jun 10 - Kennedy Games 5 Km. walk (by invitation only), UC Berkeley, 1 pm.
Jun 16 - Natl. AAU 5 Kilo Championships, Seattle, Wash.
Jul 1 - Natl. Olympic Trials 20 Kilometer Walk, 5:15 pm, Eugene, Oregon (1:45 qualifying time to compete).
Jul 4 - Final Olympic Trials 50 Kilometer Walk, Eugene, Oregon.

Additions:

May 13 - 20 Kilometer walk, Pasadena, 9:30 am (Cal Tech Campus).

May 13 - Western Hemisphere 20 Kilometer Championships, Sharon, Pa.

May 14 - AAU Junior 15 Kilometer, Portland, Ore. (Delta Park), 1 pm.

Jun 3 - Probably walking event in PA-AAU Championships, Diablo Valley College, Pleasant Hill.

*****The details on the above schedule can be obtained by writing either Bill Ranney, One Barker Ct., Fairfax, CA 94930 (Ph. 456-2641) or Steve Lund, 10 Francis Ave., #1, Larkspur, CA 94939.

Northgate Shopping Center 15 Kilometer Handicap: (March 12, San Rafael) - In what has to be the largest local field of the year, 3 1/2 walkers stepped onto the glorious world of pain and proved that limited numbers have little bearing on the excitement of a race. Roger Duran and Jerry Lansing fought tooth and nail all the way with Roger collecting the final nod. Jerry's determination helped Roger finish with his best ever of 75:26. Lansing finished close to his best (if not his best) with a 76:38. Phil Mooers placed third by walking against a determined goal of 1:35 and finishing with 8 seconds to spare. Manny Adriano picked up 4th place by walking three separate races (i.e. - he stopped twice) to finish the hard way. Roger & Jerry were scratch men. Adriano had a final recorded time of 96:37. Duran & Lansing both got warnings on the fourth mile.

Ranney Grabs Third at Sr. Natl. 35 Kilo: (March 19, Hollywood) - Athens AC ace Bill Ranney walked to a commendable third place finish in the 35 Kilo Championships in a time of 3:01:22 (1:38:35 for 20 Kilos in route). Larry Young of Missouri picked up the crown and by a good margin (2:52:41 with a 1:36:10 in route). Second placer Bob Bowman was over 7 minutes back with his 3:00:02, just missing the three hour mark. Bowman didn't pass Ranney until the last 2 miles of the race. Other local finishers were Jim Bean (8th at 3:16:56) and Roger Duran (12th at 3:32:57). A total of 21 walkers finished the grind, quite a commendable number for a race of this distance.

Dooley Easily Wins Solo 7 Miler: (Lake Merced, S.F. March 26) - Athens AC's Tom Dooley did a fine solo effort of 51:26 on a day just perfect for racing. Although his time gave him more than 5 minutes on second place finisher Jerry Lansing (55:36), Mr. Dooley appeared very unhappy with his own performance. This was Tom's first "distance" race of the season and far better performances can be expected. Lansing and Steve Lund battled it out most of the way with the eventual winner being Lansing. Brian Snazelle picked off fourth in his usual manner...he likes to place half-digested all over the finish line. Should you ever have to compete against this tough cookie, just be sure to finish ahead of him. Rounding out the field were Manny Adriano (62:06), Phil Mooers (71:43), and Mark Price (51:55 for 5 miles, DNF). By the way, Lund, in third, had a time of 56:55.

Dooley Cruises to Easy 10 Kilo Victory at Sacramento: (April 8, Sac'to) - Dooley, swiftly getting into race shape, bettered his own course record of a year ago by 5 seconds, walking to a 44:39 timing over 10 kilometers at the Sacramento Invitational. The course was perfectly flat (blacktop) and accurate. Tom was closely followed by a fast approaching Bob Kitchen who crossed over in 45:15, a personal best. Three minutes further back Jerry Lansing and Steve Lund fought it out with Lansing holding off Lund's last minute efforts with a crippling kick that left the latter 7 seconds back at the watch. Both were personal bests at 48:23 and 48:30. Bryan Snazelle collected another best by doing 53:48. And in a race not lacking in competition, Jack Halligan edged Jim Bowles (usually a marathoner and ultra-distance runner) after a long fight down the final stretch at 67:44 to 67:45.

Ranney Second in AAU 25 Kilo: (April 9, Seattle, Wash.) - Seeming to get better with age, Athens AC's Bill Ranney continues to rack up high places in national championships. This time he finished second to Larry Young (who seems to be out to win them all this year), 1:57:28 to 2:03:13. They had 20 Kilo splits in route of 1:33:25 and 1:36:42 respectively. Other locals who ventured northward and did well were Roger Duran (7th, 2:12:00), Jim Bean (8th, 2:15:35) and Goetz Klopfer (DNF, 1:33:25 with Young at 20 Km.). 21 finished.

San Jose Yearlings Age-Group Invitational: (April 15, San Jose) - With 13 clubs participating in a full-fledged competition for all ages and events, four different walking events were held for as many age groups. Listed below are the results without comment. All distances were 880 yards. 9/Under - G. Bentley 4:39, N. Sakelarios 5:02.3, S. Bentley 5:13.2, C. Petersen 5:30.2, G. Jones 5:51; 10-11 - D. Biblan 4:16.8, A. Green 4:44.3, L. Finlay 4:51.6, R. Martinez 4:53.8; 12-13 - C. Johnson 4:16.5, J. Lowmiller 4:23, K. Buschak 4:55.5, D. Wilson 5:17.8, M. Sullivan 6:07; 14-15 - B. Bentley 3:44.5, D. Cortez 3:53.4 (another marathon turned walker).

Stockton Age-Group One Mile and Open Men and Women's 5 Kilo Walks: (April 23, Stockton) - This was a fun day. The events started off a little late with a seminar on race walking for all those interested. After the seminar which ex-Olympian Mick Brodie and Jim Bentley, Sr. conducted was the 1 mile age group walk. What a kick. Frantic competition, surprisingly good form for most all and actually good performances for most. Actual finishing order was not the actual place as the age groups generously overlapped each other at the tape. According to informed sources, the most improved performer of the day was Mike Brenner. An 8:19 pace is outstanding (despite second place to Brad Bentley at 7:43!) for any 14 or 15-year-old. Another outstanding performance was turned in by Greg Bentley, only 9, who walked a 9:22 mile. Again, great form. For the competitive oriented, you should have seen Steve Bentley edge newcomer Danny Quilantang at the tape by the thickness of his shirt. A fantastic fight. Age group stats: 14-15: B. Bentley 7:43, M. Brenner 8:19; 12-13: D. Fuschak 9:29.5, C. Johnson 9:41; 9/Under: G. Bentley 9:22, S. Bentley 11:32, D. Quilantang 11:32.2, M. Burnett 12:00. In the women's division at 5 Km., Sheryl Robinson performed to her personal best, an outstanding 28:54. And she did that with no competition at all. In the open 5 Km., competition was pretty tight. Lansing led from the start but Lund took over at 1-1/2 miles. Duran hung near by, took Lansing apart shortly after, and kept the pressure on Lund. That pressure eventually won him the race as Lund fatigued and caused form problems. Lund got a warning at 2 miles for not straightening and got the old heave-ho 30 yards from the tape. Roger finished first in second (!) and Lansing holding firm shortly after. Jim Bentley, Jr. beat some good walkers by edging Jim Bean and Mick Brodie by less than a minute. Times: Duran 23:16, Lansing 24:05, Bentley 24:44.5, Bean 24:59, Brodie 25:47, Snazelle 26:13, Blodgett 27:03, Mittelstadt 32:42, and Lund (DQ) 23:03.

Olympic Qualifying 20 & 50 Kilo: (April 30, Golden Gate Park, SF) - At 50 Kilometers Bob Kitchen led off followed closely by Bob Bowman, Jim Bean, Bill Ranney, and Bryan Snazelle. Bowman was able to pick up the victory by simply staying in the race to the end. He paced himself well and let everybody else defeat themselves. Kitchen had a day like he would best like to forget. He never really got started--slow from the first lap on--and by 25 to 30 K was considering calling it a day with blisters, etc. That decision was relieved of him by Art Smith who judged him to be high once too often. Bill Ranney announced 50 Km. intentions before the race and after just 15 K at a reasonable 50 K pace, he dropped it down and stopped at 20 K, at that a 6 minute over qualifying time of 1:51! With the temperature rising near 70 degrees, Bean also dropped out. Bryan Snazelle called it a day at 35 K. He posted a fine time of 3:25:29 for a 17-year-old. At any rate, Bob Bowman was the only survivor of five starters as he recorded a 4:40:43 to outlast the elements and his fellow competitors. -- At 20 Kilos, Steve Lund led it off and managed to stay there, although he finished with no strength at all and passed the tape just 36 seconds off qualifying time after a 51 minute 10 K. Roger Duran started right off in second and stayed there, unable to overtake the faltering Lund. His time was 1:46:45. Jerry Lansing finished third but his time was listed as 1:46:16 in Lund's "Walking report." What was he really? Rounding out the field was Manny Adriano in 1:59:08 (56:58 at 10 K) and Phil Mooers in 2:18:47. -- To round out the day's action was Tom Dooley. He stopped by strictly to do his thing, and nothing more. His thing was a 30 K relaxed shakedown for an all out 20 K on May 14. He just simply coasted to 20 K in 1:37:23 and virtually fell into a sleep walkers trance like everybody else by finishing his last 10 K in 52 minutes; a 2:29:24.

TRACK & FIELD RESULTS

AAU, COLLEGIATE

SF State vs. Humboldt & All-Comers: (Apr. 1, SF State) - Team Scores: BAS 85.5, Humboldt St. 75, SF State 62.5, WVTC 29, RCS 20, Stanford 5, PCC 4. -- Humboldt 81, SFS 79 (dual score). *** 6 Mi. - Geisel (WVTC) 29:41, Pabon (Col) 30:37, Geiser (RCS) 30:43, Scobey (WVTC) 30:57, Barreneche (Col) 31:08; HT: Carlsen (Un) 153-4, Hall (HSC) 122-2; SC: McGuire (HSC) 9:48.0, Mullins (HSC) 9:48.2; 44OR: SFS 42.3, BAS 42.6, HSC 43.5, RCS 44.8; SP: Samsam (BAS) 65-3 1/2, Marks (PCC) 63-9, Davis (BAS) 53-7, Bakkensen (Stan) 50-3; Mile: Duffy (WVTC) 4:12.4, Sanford (WVTC) 4:16.0, Crow (WVTC) 4:17.5, Jenkins (HSC) 4:17.7, Bateman (WVTC) 4:19.8, Leydig (WVTC) 4:19.9, Williams (SFS) 4:20.2; HJ: McKinnon (HSC) 6-6, Ackley (BAS) 6-4, Metcalf (SFS) 6-2, Cowart (BAS) 6-2; Jav: Deaver (Un) 213-2, Hinley (SFS) 199-7, Hobbs (HSC) 190-0 3/4, Trujillo (RCS) 184-0; LJ: Shinnick (BAS) 23-5, Royster (BAS) 23-1, Fernandez (SFS) 21-2, Johnson (RCS) 20-11 1/2; 120HH: Bettiga (HSC) 13.9, Carty (BAS) 14.2, Hector (SFS) & Magee (BAS) 14.5, Whitfield (Un) 14.6, Lee (BAS) 14.7; 440: Jordan (SFS) 49.1, Hammond (SFS) 49.7, Johnson (RCS) 49.8, McGrath (HSC) 50.1; 100: Shinnick (BAS) 9.5, Pettus (SFS) 9.6, Williams (BAS) 9.6, Carty (BAS) 9.9; 880: Joyce (WVTC) 1:53.8, Mullins (HSC) 1:55.9, Bateman (WVTC) 1:56.8, Dunlap (HSC) 1:57.3; 440IH: Lee (BAS) 53.2, Haigh (Un) 55.0, Jahn (HSC) 55.5, Hector (SFS) 56.2; 220: Pettus (SFS) 21.5, Williams (BAS) 22.1, Johnson (WVTC) 22.7, Dunn (SFS) 22.8; PV: Slover (BAS) 16-6, Eshelman (BAS) 15-6, Miguel (BAS) 15-6; Disc: Davis (BAS) 175-5, M. Louisiana (BAS) 175-5, Sullivan (BAS) 174-6, Ross (RCS) 156-11; 3 Mi: Mora (Col) 13:31.6, Duffy (WVTC) 13:48.0, Clark (WVTC) 13:55.6, Streichman (HSC) 15:04.0, Makela (HSC) 15:04.0, Mullins (HSC) 15:04.0, Elijah (HSC) 15:15.0; MileR: SFS 3:17.3, HSC 3:21.8, RCS 3:24.4, BAS 3:25.6; TJ: Dunn (BAS) 47-0, Jackson (BAS) 46-9, O'Neal (BAS) 45-6, Fernandez (SFS) 45-1.

Oregon St. 95, San Jose St. 50: (Apr. 1, Corvallis) - SP: Walker (O) 59-8 1/2, Born (S) 58-2 1/2, Cramer (O) 56-5 1/2; 44OR: SJS 41.7, OSU 41.8; Jav: Davis (O) 215-1; LJ: Glaze (O) 22-2, Moody (S) 22-1, Scott (S) 22-1; Mi: Ebba (O) 4:07.9, Carey (O) 4:09.1, Greer (S) 4:12.1; 120HH: Harris (O) 14.5, Whitley (S) 14.8, Snyder (O) 14.8; 440: Pedrick (O) 48.2, Mass (S) 48.6; 100: Shields (S) 10.0; PV: Royal (S) 15-6, Skovbo (O) 15-0, Martin (S) 15-0; 880: Borden (O) 1:52.0; 440IH: Overson (O) 52.8, Carey (O) 52.9, Reis (O) 53.2; 220: Shields (S) 22.2; HJ: Woods (O) 6-6; Disc: Smith (O) 173-9, Born (S) 170-1, Jenkins (S) 159-6; TJ: Scott (S) 46-6, Knopf (O) 46-2 1/4; 3 Mi: Evans (S) 14:04.6, Hill (O) 14:10.4, Lyman (O) 14:25.8; MileR: OSU 3:17.0, SJS 3:20.6.

Diablo Valley College Easter Relays: (Apr. 1, Pleasant Hill) - 440IH: McGee (AR) 53.7; 880R: San Joaquin Delta 1:28.4; 120HH: Jackson (COS) 14.4; 100: Chewing (SJD) 9.5; 2 MiR: SacCC 7:55.6; Disc: Cowl (Chabot) 160-4; Dist Med: Monterey 10:18.8; SP: Kirschenman (AR) 53-5; Sprt Med: CCSF 3:29.7; LJ: Lear (Hart) 23-2; 44OR: CCSF 41.7; 480SH: COS 58.2; 4 MiR: Am.River 17:50.0; MileR: Chabot 3:20.2; HJ: Redmond (DVC) 6-10; TJ: Terry (SJD) 47-10; PV: Vankirk (AR) 15-0; 3 Mi: Lundblad (Mont) 14:35.6.

Pacific Coast Club 75, Cal 70, Arizona St. 33: (Apr. 1, Tempe) - 44OR: PCC 41.2, Cal 41.2, ASU 41.2; Jav: Murro (PCC) 248-5, Kennedy (C) 238-2; SP: Feuerbach (PCC) 66-6 1/2, Penrose (C) 55-11; Mi: Scott (PCC) 4:06.0, Lawson (PCC) 4:06.2, Kaal (PCC) 4:07.0, Foster (C) 4:11.9; 120HH: McBryde (PCC) 14.3, Butler (PCC) 14.4, Brosius (C) 14.5; HJ: Shepard (PCC) 7-0, MacFarlane (C) 6-9; 440: Van Hofwegan (PCC) 47.3, Frey (PCC) 47.4, Peoples (ASU) 47.7, Brown (C) 48.0; 100: Burns (C) 9.9, Bommarito (C) 9.9, Butler (PCC) 9.9, Koepfen (ASU) 9.9; 880: West (C) 1:51.1, Rafferty (ASU) 1:52.5, McTavish (C) 1:55.3; LJ: Conway (C) 23-1 1/2, Lucan (C) 23-1; 440IH: Johnson (PCC) 52.0, Brosius (C) 53.0, Petralia (C) 53.6; 220: Bommarito (C) 21.4, Koepfen (ASU) 21.5, Wagner (ASU) 22, Burns (C) 22.5; Disc: Lister (PCC) 188-8, Penrose (C) 186-4, Weber (PCC) 179-2; 2 Mi: Pearce & Kaal (PCC) 8:55.9, Brown (ASU) 9:00, Spann (ASU) 9:05.5; PV: Richards (PCC) 16-0; TJ: Peoples (ASU) 48-4 1/2, Conley (C) 47-10 1/4; MileR: ASU 3:17.1, Cal 3:17.3.

Cal-State Hayward 90, Fresno Pacific 70, UC Davis 54: (Apr. 1, Sacto) - 6 Mi: Coony (UC) 31:46.4, Sosa (FP) 31:52.2; SC: Axelson (UC) 9:36.9, Hobbs (UC) 9:50.0; 44OR: Hayward 41.7, Pacific 42.8; Mile: Bickel (UC) 4:23.7; 120HH: Hurndon (CS) 15.5; HT: McCave (FP) 163-0 1/4, McCollum (CS) 162-6; 440: Penner (FP) 50.1; Jav: Fryer (UC) 177-10 3/4; 100: Robertson (CS) 10.1; LJ: Livingston (CS) 21-7 1/2; 880: Harms (UC) 1:53.6, Eashman (CS) 1:54.1; 440IH: Penner (FP) ??; HJ: Laraway (FP) 6-1, Tune (UC) 6-1; 220: Bayless (CS) 22.2, Sconiers (FP) 22.2; SP: Anderson (FP) 53-2 1/2, Brooks (CS) 50-10; 3 Mi: Eashman (CS) 14:35.7, Sheehan (UC) 14:41.0; MileR: Hayward 3:20.6, F-Pacific 3:21.2; TJ: Trujillo (FP) 46-9 1/4, Foreman (CS) 46-7; Disc: Landes (CS) 165-11 1/2; PV: Rutherford (CS) 14-6, Shattuck (UC) 14-6.

Chabot 78, CSM 78: (Apr. 6) - 440: Alexander (CSM) 49.6; 880: Wilson (Ch) 1:56.1, Phelps (CSM) 1:56.9, Genschmer (Ch) 1:57.3; 440IH: Swindell (CSM) 56.9; 220: Jackson (Ch) 22.4; 3 Mi: Cortez (CSM) 14:55.2, Massa (CSM) 14:56.2; MileR: Chabot 3:20.2; HJ: Bosch (CSM) 6-4, Caires (Ch) 6-4, Kinkade (Ch) 6-4; PV: Pastor (Ch) 13-0; LJ: Clark (CSM) 21-3 1/4; SP: Rogge (Ch) 47-8; Disc: Mago (Ch) 153-7; TJ: Byrd (Ch) 44-6.

UCLA 95, Cal 50: (Apr. 8, LA) - 44OR: UCLA 41.3, Cal 41.4; Mile: West (C) 4:10.1, Chappins (UCLA) 4:11.8, Balasco (UCLA) 4:13.3; Jav: Kennedy (C) 243-3, Kotinek (UCLA) 225-4; SP: Pagel (UCLA) 57-6 1/2, Penrose (C) 55-10 1/2, Gordon (UCLA) 55-10 1/4; 120HH: Rich (UCLA) 14.0, Johnson (UCLA) 15.0, Hampton (C) 15.0; 440: Smith (UCLA) 47.1, Brown (UCLA) 47.1, Bonner (C) 49.3; LJ: Bendixen (UCLA) 24-3 1/4, Kotinek (UCLA) 23-9 1/2; 100: Edmonson (UCLA) 9.6, Burns (C) 9.7, Gibson (UCLA) 9.9; 880: Brown (C) 1:51.1, Foster (C) 1:51.1, Williams (UCLA) 1:52.7; Disc: Penrose (C) 192-2, Gunther (UCLA) 177-1, Gordon (UCLA) 171-2; 440IH: Petralia (C) 53.7, Askey (C) 54.2, Brosius (C) 54.4; HJ: Stones & Fletcher (UCLA) 7-0 1/4, McFarlane (C) 6-6; 220: Smith (UCLA) 21.2, Gibson (UCLA) 21.2, Burns (C) 21.4; PV: Mooers (UCLA) 16-0, Otter (C) 15-0, Bartel (C) 15-0; 2 Mi: Balasco (UCLA) 9:04.8, Chappins (UCLA) 9:08.0, Maxwell (C) 9:08.6; TJ: Butts (UCLA) 53-5 3/4, Freeman (UCLA) 49-10 1/4, Conway (C) 49-10 1/4; MileR: UCLA 3:12.2, Cal 3:20.3.

USC 114, Stanford 31: (Apr. 8, LA) - SP: Lane (SC) 61-10, Stevens (SC) 51-8 1/4, Bakkensen (S) 51-5 1/2; 44OR: USC 39.4, Stanford 41.5; Mi: Carr (SC) 4:07.6, Middlestaedt (S) 4:08.0, Lipski (SC) 4:09.6; HJ: Owens (SC) 7-0, Grodahl (S) 6-10, Hollins (SC) 6-8; Jav: Barnet (SC) 256-10, Lahti (SC) 212-4, Larson (S) 208-0; LJ: Williams (SC) 25-2 1/4, Jackson (SC) 25-1 1/4, Anderson (S) 23-8; 120HH: Wilson (SC) 13.8, Babb (SC) 13.9, Coffman (SC) 14.0; 440: Garrison (SC) 46.9, Richardson (SC) 47.0, Anderson (S) 47.8; Disc: Royer (S) 160-6, Howard (S) 155-5, Dreissigacker (S) 153-6; 100: Deckard (SC) 9.5, Williams (SC) 9.8, Curl (S) 9.8; 880: Burks (SC) 1:52.8, Carr (SC) 1:52.9, Middlestaedt (S) 1:57.2; 440IH: Babb (SC) 52.6, Long (S) 53.2, Haight (S) 54.3; 220: Deckard (SC) 21.0, Quarrie (SC) 21.0, Brown (SC) 21.0; 2 Mi: Kretz (S) 8:58.4, Brown (SC) 9:00.2, Richardson (SC) 9:07.8; PV: Pullard (SC) 17-0, Cryder (SC) 16-0, Cochran (SC) 15-6; TJ: Todd (SC) 51-8, Jackson (SC) 50-7 1/4, Utley (S) 48-11 1/2; MileR: USC 3:11.7, Stanford 3:16.4.

Second Annual Grandfather Games: (Apr. 8, Van Nuys) - Division I (40-49): 44OR: CDMTC 45.3; 70LH: D. Jackson 8.9; Mi: Fitzgerald 4:37.9, Mundle 4:40.1, Kleinsasser 4:44.2; 100: Smith 10.3, Dawkins 10.9; 440: Tetrault 55.0; 880: Fitzgerald 2:16.3; 220: Smith 23.0, Dawkins 24.3; 3 Mi: Smartt 15:11.4, Mundle 15:58.8; MileR: CDMTC 3:38.7, STC 3:43; PV: Grosh 11-3; HJ: Austin 5-10; Jav: Norton 130-8; SP: Ker 46-7 1/4; Disc: Ker 150-6, Maurer 144-10; LJ: Jackson 21-2, Davison 20-9 1/4, Schlegel 20-2; TJ: Jackson 42-11; Division II (50-59): 44OR: CDMTC 50.5; 70LH: Gillett 10.4; Mile: Oleson 5:18.4, Montgomery (III) 5:22.0; 100: Guidet & McDonald 11.1, Fetter 11.3; 440: McDonald 59.0, Winton 59.9, Sjostrand 60.5; 880: Montgomery (III) 2:29.1, Lowell 2:31.6; 220: Guidet 25.2, Fetter 25.4, Sjostrand 25.5, Winton 26.0; 3 Mi: Oleson 18:09.1; MileR: CDMTC 4:24.9; PV: Gillett 11-0; HJ: Ogle 5-0, Gillett 5-0, Morales 4-10; Jav: Morales 175-8, Aldrich 159-1, McMahan 139-9, Fetter 137-5; SP: Thatcher 42-6, Aldrich 41-9; Disc: Aldrich 145-0; LJ: Farrell 17-0, Morales 16-5 1/2; TJ: Farrell 35-0; Division III (60 & over): 70LH: Anders 11.7, McIntyre 11.7; 100: McIntyre 11.9, Mitchelsen 13.2; 440: McIntyre 67.8; 220: McIntyre 29.1, Hargreaves 30.0; HJ: McIntyre 4-6; Jav: Nichols 96-8, Mitchelson 93-6; SP: Herrmann 43-2, Nichols 40-7 1/4; Disc: Herrmann 97-7 1/2; LJ: Anders 15-3 1/4; TJ: Anders 31-6 3/4.

San Diego Relays: (Apr. 8, San Diego) - 100: Kemp (SCS) 9.5, Turner (CI) 9.5, C. Smith (SCS) 9.5; 220: Bright (FtMac) 20.7, W. Turner (CI) 20.9, Bredell (SD Mesa JC) 20.9; 440: Evans (BAS) 46.9; Mile: Selby (NAU) 4:03.3, Messina (SDTC) 4:03.6; 3 Mi: Harrison (CW) 13:33.8, Tocheri (NAU) 13:35.8, Mason (CW) 13:36.0, Brock (CW) 13:40.2; 6 Mi: Sliney (NAU) 27:46.0, Pryor (LBS) 27:52.2, Young (Unat) 27:54.8, Heffern (Unat) 28:38.6, Gregorio (SDTC) 28:44.8, Wallace (LBS) 28:45.4, Camp (Unat) 28:49.4, Walker (Ariz) 28:59.8; 120HH: White (SCS) 13.6, Livers (BAS) 14.0, McBryde (PCC) 14.0; 440IH: Williams (SDTC) 50.9, Whitney (SCS) 51.1, Johnson (PCC) 51.5, Seymour (SCS) 51.7, King (SDTC) 52.1, Phelps (Ariz) 52.1; HJ: Culp (CI) 7-0, Rambo (PCC) 6-10; PV: Dias (SCS) 11-0, Caruthers 16-6, Steinhoff (SCS) 16-0; LJ(w): Robinson (Ft. Mac) 26-8, Whitley (CI) 25-6 1/2, Rogaway (BAS) 24-10 1/2; TJ(w): McClennon (USAF) 50-7; SP: Feuerbach (PCC) 65-10, B. Wilhelm (Ft. Mac) 63-9 1/2, Marks (PCC) 61-6; DT: Van Reenen (Cal TC) 202-10, Ordway (PCC) 194-4; JT: Schmidt (Ft Mac) 243-7; HT: Connelly (SCS) 216-3, Frenn (PCC) 216-0, Hart (Ft Mac) 204-3, Shuff (Ft Mac) 185-9; 44OR: Cal Internat'l 40.1, Arizona 40.8, Air Force 40.8; 88OR: Cal Internat'l 1:24.5; MileR: Armed Forces 3:09.0 (Newhouse 45.8), PCC 3:09.8; 2 MileR: PCC 7:34.8; DistMed: PCC 10:00.0.

Sacramento State Relays: (Apr. 8, Sacto) - OPEN: 4 MiR: Chico St. 17:11.4, Sac'to St. 17:29.2, Nevada 17:54.0; Jav: Burns (BAS) 222-9 3/4, Metz (BAS) 222-8, Pena (BAS) 219-5, Finney (Butte) 208-1/2, Deaver (BAS) 206-6; 2 MiR: UOP 7:45.0, Cal-State Hayward 7:46.5, High Sierra TC 7:49.8; HT: Tice (Fresno St) 184-6, Pryde (Unat) 182-2, McKenzie (Sacto TC) 167-1; HJ: Hines (Nev) 6-6, Burrell (Unat) 6-6, Johnson (SFS) 6-6, Coleman (Westmont) 6-6; LJ: Royster (BAS) 24-2 1/4, Conaway (Nev) 22-7; SP: Detee (HSTC) 54-0 1/2, Anderson (Fresno Pac) 54-0; 44OR: BAS 41.5, Sacto St. 41.7, Univ. of Nevada 42.3; Disc: Kennedy (BAS) 184-4, O'Sullivan (BAS) 177-3, Louisiana (BAS) 177-3, Harrington (BAS) 173-2, Landes (CSCH) 170-6; 120HH: Ellis (SacSt) 14.2, Hall (SJCC) 14.3, McGee (BAS) 14.7; 100: (Open) Ligons (SacSt) 9.5, Williams (BAS) 9.7, Pettus (SFS) 9.7, Hart (BAS) 9.7, Ams (HSTC) 9.8, (College) Payton (Unat) 10.0; 88OR: Sacto St. 1:26.7, BAS 1:27.3, Cal-State Hywd 1:27.7; MileR: Sacto St. 3:15.2, SF St. 3:15.8; Dist Med: Nevada 9:57.8, Chico St. 10:07.5; PV: Slover (BAS) 15-6; TJ: Moore (SacSt) 48-0, Frazer (BAS) 47-5 1/2; 440IH: Walls (BAS) 53.2; Sprt. Med: Cal-St Hywd. 3:25.5, Westmont 3:25.5. JC: 4 MiR: Am. River 17:40.4, Coll. of Marin 17:58.8, CSM 18:00.0; LJ: Smith (West Hills) 22-11 3/4, Ward (SJD) 22-8 1/2, Roberts (WH) 22-2 3/4; HJ: Pleich (Foothill) 6-6, Brown (CRC) 6-4, Dawson (Merritt) 6-4; 2 MiR: Coll. of Marin 8:17.1; PV: Alhanese (Hartnell) 14-6, Vellutin (Cabr) 14-0; Disc: Kirchenman (AR) 165-1, Buss (Foothill) 156-6; 44OR: Delta 41.7, CCSF 42.1, Laney 42.3; 120HH: Sherwood (SJD) 14.7, Davis (Laney) 15.0, Patton (WH) 15.1; TJ: Terry (SJD) 47-2 3/4, Roberts (WH) 47-0, Krebs (Foothill) 46-3; SP: Kirschenman (AR) 54-3, McIntyre (CCC) 51-1 1/2, Fogg (Foothill) 51-0; 88OR: CCSF 1:28.7, SJCC 1:29.7; 100: Chewing (SJD) 9.7, Block (SJD) 9.9, Ruffin (CCSF) 9.9; DistMed: Am. River 10:25.0, CSM 10:29.7; 440IH: Faeth (CCC) 54.7, Hadley (SJCC) 54.8, Patton (WH) 55.8, Newman (Cabr) 55.8, Swindall (CSM) 56.4; SprtMed: CCSF 3:28.3; MileR: CSM 3:21.2, CCSF 3:21.6, Butte 3:22.0, Contra Costa 3:23.8, Solano 3:24.0; GIRLS: 44OR: Sacto RR 49.3, Ravenswood Jul 49.5; 2 MiR: San Jose 9:01, Wills Spikettes 9:03.7; Mile: Claugus (WS) 4:55.7, Anex (WS) 4:59.3, Schafer (MLTC) 5:12.5, Langan (WS) 5:13.1; MileR: San Jose 4:00.0, Wills Spikettes 4:14.1; SENIORS: Mile: Hatton (Ore) 4:34.8, O'Neil (SFOC) 4:54.3, Pickett (SFOC) 5:00.0; 100 (40-49): Lingle 10.5, Washington 11.0, Dowell 11.0, Melgosa 11.2, (50 & over): Puglizevich (64) 12.8, Satti 12.9, Hill 13.2.

Santa Barbara 6 Miler: (Apr. 15, UCSB) - Bill Clark (WVTC) 28:21.0, Greg Brock (Club West) 28:21.8, Jon Anderson (Oregon TC) 28:30.0.

New Ways Invitational: (Apr. 15, Chico) - 6 Mile: Chris Miller (WVTC) 29:11.4. (Only results available at this time).

Oregon St. 73, Cal 72, Washington 60: (Apr. 15, Berkeley) - 44OR: Cal 41.5, Wash 42.1; Mi: Hailu (O) 3:59.3, West (C) 4:02.7, Carey (O) 4:04.4, Johnson (W) 4:04.5; LJ: Conway (C) 23-9 1/2, Glaze (O) 22-9 3/4, Singleterry (W) 22-8 1/2, Lucas (C) 22-3 3/4; SP: Cathcart (W) 60-8, Walker (O) 57-10, Penrose (C) 54-11 1/2, Cramer (O) 54-9 1/2; 120HH: Harris (O) 14.2, Newing (W) 14.2, Hampton (C) 14.4, Snyder (O) 14.8; Jav: Quitsland (W) 247-11, Feldmann (W) 243-3, Kennedy (C) 230-7; 440: Pendrick (O) 48.5, Hamilton (W) 48.9, Bates (O) 49.0, Bonner (C) 49.2; 100: Burns (C) 9.7, Bommarito (C) 9.8, Glaze (O) 9.8; 880: Brown (C) 1:50.7, Borden (O) 1:51.7, Lowrey (O) 1:52.4; 440IH: Petralia (C) 52.3, Casey (O) 52.5, Oveson (O) 53.0; 220: Bommarito (C) 21.7, Burns (C) 21.7, Glaze (O) 22.0; DT: Penrose (C) 187-5, Chambul (W) 173-2; HJ: Woods (O) 7-0, Erickson (O) 6-10, MacFarlane (C) 6-6, Fishbaugh (C) 6-6; 2 Mi: Johnson (W) 8:58.6, Hill (O) 9:01.4, Hansen (W) 9:05.0, Maxwell (C) 9:06.8; TJ: Conway (C) 51-2 1/2, Knopf (O) 46-4 3/4; PV: Taylor (W) 16-0 1/2, Dankworth (W) & Skovbo (O) 15-6 1/2, Bartel (C) 15-6 1/2; MileR: OSU 3:15.2, Cal 3:15.6, Wash 3:18.6.

UCLA Meet of Champions: (Apr. 15, Westwood) - Northern California Athletes only: 220:(I) 1. Edmonson (UCLA) 20.6, 3. Evans (BAS) 20.7, (II) 1. B. Brown (UCLA) 20.7w; 440: 1. Evans (BAS) 44.9 (44.6m), 5. Brown (UCLA) 46.3; Open PV: 1. Eshelman (BAS) 16-0; LJ: 4. Royster (BAS) 25-2 1/2, 7. Anderson (BAS) 24-7; SP: 4. Samsam (BAS/Moroc) 64-4.

USC 93, Cal 52: (Apr. 22, Stanford) - SP: Lane (SC) 62-8, Penrose (C) 57-7, Stevens (SC) 55-2; DT: Penrose (C) 191-2, Adams (C) 177-5, Gledhill (C) 151-8; 220: Quarrie (SC) 20.8, Deckard (SC) 20.9, Burns (C) 21.6; 3 Mi: Brown (SC) 13:54.2, Maxwell (C) 14:06.0, Ritcherson (SC) 14:11.0; 880: Brown (C) 1:50.7, Foster (C) 1:53.4, Burks (SC) 1:53.4; 440IH: Petralia (C) 53.3, Coffman (SC) 53.6, Brosius (C) 53.9; Mi: West (C) 4:06.6, Crane (SC) 4:08.2, Carr (SC) 4:11.0; Jav: Kennedy (C) 246-7, Barnet (SC) 238-9, Ram (SC) 202;

LJ: Williams (SC) 25-1, Conway (C) 24-5 1/2, Jackson (SC) 24-4 1/2; 440: Richardson (SC) 47.8, Brown (SC) 48.7, Kryzosiak (SC) 49.0; 100: Quarrie (SC) 9.4, Deckard (SC) 9.5, Barrison (SC) 9.5; 120HH: Wilson (SC) 14.2, Babb (SC) 14.6, Coffman (SC) 14.7; 44OR: USC 39.7, Cal 41.4; MileR: USC 3:13.4, Cal 3:14.5; PV: Pullard (SC) 16-6, Otter (C) 16-0, Cochran (SC) 15-6; TJ: Conway (C) 51-2 1/2, Jackson (SC) 50-1/2, Williams (SC) 49-9 1/4; HJ: Owens (SC) 7-0 1/4, Hollins (SC) 6-8, McFarlane (C) 6-8.

UCLA 100, Stanford 45: (Apr. 22, Stanford) - SP: Pagel (UC) 58-5, Freberg (UC) 57-7, Gordon (53-6 1/2); 44OR: Stanford 41.5; 220: Curl (S) 21.1, Smith (UC) 21.1, Barmeyer (S) 21.9; 100: Edmonson (UC) 9.3, Curl (S) 9.5, Gibson (UC) 9.5; LJ: Bendixen (UC) 24-11, Anderson (S) 24-4 1/2, Kotinek (UC) 23-5 1/4; 440: Brown (UC) 46.2, Gaddis (UC) 47.4, Anderson (S) 47.8; 120HH: Rich (UC) 14.2, Johnson (UC) 14.3, Bagshaw (S) 14.3; 880: Williams (UC) 1:51.6, Whiteing (S) 1:52.9, Tschudin (UC) 1:54.6; DT: Freberg (UC) 178-1, Gordon (UC) 171-4, Royer (S) 165-0; HJ: Stones (UC) 6-10, Fletcher (UC) 6-10, Grodahl (S) 6-8; 44OIH: Corval (UC) 52.0, Long (S) 53.0, Haight (S) 53.9; Mi: Chappins (UC) 4:05.0, Mittelstaedt (S) 4:05.6, McFadden (S) 4:06.9; Jav: Kotinek (UC) 226-9, Larson (S) 205-10; 3 Mi: Kretz (S) 13:59.6, McConnell (S) 14:07.2, Balasco (UC) 14:17.4; MileR: UCLA 3:07.4, Stanford 3:15.5; TJ: Piff (UCLA) 51-5 1/4, Freeman (UC) 51-0 1/4, Butts (UC) 50-0 1/2; PV: Tracaneli (UC) 16-6, Mooers (UC) 15-0; SC: Mejia (UC) 9:33.4.

Bay Area Striders 72, PCC 64; PCC 79, SJS 64: (Apr. 22, San Jose) - 6 Mi: Howell (SJS) 31:21.6; 44OR: BAS 40.4, SJS 41.0, PCC 41.5, WVTC 42.0; SP: Marks (PCC) 64-3 1/2, Born (SJS) 59-11; Mi: Scott (PCC) 4:03.7, Duffy (Nev/WVTC) 4:03.8, Pearce (PCC) 4:05.6, Dare (WVTC) 4:06.7, LaBenz (PCC) 4:09.2; 120HH: Magee (BAS) 14.0, Butler (PCC) 14.1, Hall (SJCC) 14.1, Kurrle (PCC) 14.2, Lee (BAS) 14.2, McBryde (PCC) 14.3; 440: Evans (BAS) 46.4, Van Hofwegen (PCC) 47.3, Dees (BAS) 48.1, Maas (SJS) 48.5, Hayes (SJS) 48.9; LJ: Rogaway (BAS) 25-2 1/4, Royster (BAS) 25-0 3/4, Shinnick (BAS) 24-11, Moody (SJS) 23-6 3/4, Estrada (WVTC) 21-9 3/4; Jav: Murro (PCC) 263-11, Metz (BAS) 243-1, Stuart (PCC) 226-4, Deaver (BAS) 216-1, Pena (BAS) 215-9; HJ: Johnson (BAS) 6-10, Burrell (BAS) 6-10, Crawford (SJS) 6-8, Rambo (PCC) 6-8; 880: Sinnott (Nev) 1:50.6, Elbel (PCC) 1:51.0, Stevens (SJS) 1:53.3, Chisam (SJS) 1:54.6, Hanson (PCC) 1:54.7; 44OIH: Walls (BAS) 52.0, Musica (PCC) 52.1, Scharer (WVTC) 52.3, Lee (BAS) 52.5, Gairdner (BAS) 53.3, Mercer (SJS) 55.4; 100: Hart (BAS) 9.4, Clayton (BAS) 9.5, Francis (BAS) 9.5, Whitley (SJS) 9.5, Douthern (SJS) 9.6, Butler (PCC) 9.6; 220: Evans (BAS) 21.1, Frey (PCC) 21.5, Shields (SJS) 21.7, Kurrle (PCC) 21.8, Brewster (Nev) 22.1; 2 Mi: Pearce (PCC) 8:53.4, Clark (WVTC) 8:54.2, Greer (SJS) 9:04.8, Evans (SJS) 9:06.6, Geisel (WVTC) 9:09.2; MileR: PCC 3:13.5, BAS 3:13.5, SJS 3:18; TJ: Royster (BAS) 53-2 3/4, Fraser (BAS) 53-3 3/4, Dunn (BAS) 51-5 1/4, Moody (SJS) 50-11, Johnson (BAS) 49-0, Jackson (BAS) 48-9; DT: Powell (PCC) 193-6, Ordway (PCC) 191-7, Kennedy (BAS) 190-6, Weber (PCC) 179-8, Born (SJS) 178-0, Jenkins (SJS) 176-0; PV: Slover (BAS) 17-3, Richards (PCC) 16-9, Miguel (BAS) 15-6, Royal (SJS) 15-6.

Mt. SAC Relays: (Apr. 29, Walnut) - NorCal Results only: Invitational: 48OSH: 3. Stanford 60.0; 440: 1. Evans (BAS) 45.8, 4. Dees (BAS) 47.6; 400mR: 4. BAS 40.3; 400mIH: 4. Scharer (WVTC) 52.5; 2 MiR: 4. Stanford 7:44.2; SP: 1. Samsam (BAS) 66-3, 5. Born (SJS) 59-9; Mile: 5. Sanford (WVTC) 4:11.1; 100m: 2. Hart (BAS) 10.1w; 800R: 3. BAS 1:23.0; 5000m: 4. Duffy (Nev/WVTC) 14:04.0; DT: 6. Penrose (Cal) 199-5; MileR: 3. San Jose St. 3:14.5, 4. Stanford 3:14.9; 3000mSC: 1. Price (AIA) 8:44.0, 2. Haver (AIA) 9:02.4; 10,000m: 3. Kardong (WVTC) 30:03.0; TJ: 2. Reader (BAS) 53-2 1/2, 5. Conway (Cal) 51-9; Open: 100m: 1. Francis (BAS) 10.4, 4. Whitley (BAS) 10.6; 400mR: 4. SJS 41.7; 400mIH: 2. Haight (Stan) 53.7, 3. Long (Stan) 54.9; 110mHH: 3. Bagshaw (Stan) 14.3; HJ: 1. Crawford (SJS) 6-8, 3. MacFarlane (Cal) 6-8; Masters: 100m (50-59): 1. Jordan (Stan) 12.0w, 2. Guidet (NCSTC) 12.2; Women: 1500m: 1. Larriou (SJ Cindergals) 4:41.9, 2. Claugus (WS) 4:46.7; JC: MileR: 4. Merritt 3:17.5.

HIGH SCHOOL

Hill Invitational: (Mar. 19, San Jose CC) - Scores: St. Ignatius 38, Los Altos 31, Mt. Pleasant 29, Wash. Fremont 18, Silver Creek 17, San Carlos 16 1/2, Awalt 16, Gunn 15 1/2, Branham 14, Leland 13, etc. *** Disc: Overton (LA) 189-10, Groover (Br) 183-10, Pfandl (Awalt) 176-11, Mannon (LG) 171-9, Patterson (LA) 168-4; LJ: Holloway (Blkfd) 22-4 3/4, Triplett (Br) 22-1, Xonie (SI) 22-0, Robinson (SCr) 21-8 1/2, Veal (SC) 21-7 1/4; TJ: Triplett (Br) 46-7 1/2, Holloway (Blkfd) 45-8 1/2; HJ: McCaskey (PDH) 6-8, Ross (Le) 6-6, Kraft (MSJ) 6-4, Bush (Camp) 6-4, Erbes (Hmstd) 6-2; PV: Calvert (DM) 13-6, Turner (DM) & Crider (Awalt) 13-0, Fletcher (Gunn) 13-0; SP: Mannon (LG) 62-2, Gherardi (SI) 58-0 3/4, Overton (LA) 58-0 1/2; 2 MiR: Los Altos 8:20.2, San Carlos 8:23.9; 2 Mi: Grubbs (Wash, Frmt) 9:09.3, Brooks (MP) 9:11.3, Ebert (WG) 9:27.2, Tafolla (Ovflt) 9:35.9, Yeo (SC) 9:43.8; 440: Kelly (SI) 50.1, Williams (MP) 50.6, Pabst (WG) 51.1, Villareal (MV) 51.3, Bay (Gunn) 51.6; 100: Hampton (SCr) 9.9, Saylor (Wash, Frmt) 9.9, Miller (Blkfd) 10.1; 180LH: Brown (Lo) 19.9, Watts (Gunn) 20.2, Roesky (Hmstd) 20.2; 880: Donaldson (MP) 1:57.6, Amaro (Lick) 1:58.2, Layton (Le) 1:58.6, Ryan (Irv) 1:59.0, Thurston (PA) 2:00.3; MileR: St. Ignatius 3:26.5, Mt. Pleasant 3:27.4, Leland 3:28.5, Buchser 3:29.3; Dist Med: St. Francis 10:47.3, St. Ignatius 10:54.7, Mills 10:58.5, Washington 11:00.3; Mile: MacMitchell (PA) 4:18.7, Manriquez (MP) 4:22.4, White (SC) 4:23.0, Slavin (LA) 4:24.6, Ferrel (Ovflt) 4:28.1; 220: Saylor (Wash) 22.0, Williams (MP) 22.1, Dodgen (Awalt) 22.3, Gill-espie (Wstmt) & Veal (SC) 22.6; 880R: Silver Creek 1:31.3, St. Ignatius 1:32.8; 120HH: Foster (LA) 14.6, Watts (Gunn) & Dalley (Irv) 14.8, Groh (Hmstd) 14.9, Watts (MA) 14.9.

Diablo Valley College Easter Relays: (Apr. 1, Pleasant Hill) - Dist. Med: Ygnacio Valley 10:32.4, 880R: Albany 1:31.1; 120HH: Dalley (Irv) 14.5; DT: Alberg (Lodi) 164-4; HJ: Show (Pitt) 6-4; Spirt. Med: Amador 3:36.3; 100: Shavers (Alb) 9.7; PV: Behr (Mir) 13-11; 2 MiR: Mt. Diablo 8:01.6; SP: Zumbach (Amador) 53-10 3/4; 44OR: Albany 44.0; 28OSH: Pittsburg 36.7; MileR: Pleasant Hill 3:26.9; LJ: Hay (Concord) 22-7 1/2; TJ: Rim (Clovis) 47-7 1/4.

San Joaquin Valley Relays: (Apr. 1, Lemoore) - 44OR: Lemoore 42.7, Bakersfield 42.9, Edison (Fr) 43.0; Dist. Med: Redwood (Visalia) 10:40.8, Bullard (Fr) 10:51.0, E. Bakersfield 10:54.6; 2 Mi: Garcia (Redwood) 9:31.7, Baird (Fresno) 9:38.5, Montoya (Reedley) 9:40.1; Spirt. Med: W. Bakersfield 3:36.6, Exeter 3:37.8 (Gonzales 1:54.5), San Joaquin Mem. (Fr) 3:38.6; 120HH: Rivas (Tulare) 14.3, Riemer (Wasco) 14.5, Parker (Bakersfield) 14.7; 2 MiR: Hoover (Fr) 8:11.7, Merced 8:12.5, Lemoore 8:13.3; 100: Jones (Lemoore) 9.7, Shine (Foothill, Bak) 9.9, Jackson (Edison, Fr) 10.0; 180LH: (Straight) Reimer (Wasco) 18.9, Ferguson (Merced) 19.3, Rivas (Tulare) 19.4; 4 MiR: Merced 18:09.2, Bullard (Fr) 18:57.7, Sanger 18:58.4; MileR: Bakersfield 3:22.7, W. Bakersfield 3:23.8, Lemoore 3:25.4; PV: Huerta (Reedley) 14-0, Flint (Sanger) 14-0, Sula (Lemoore) 13-7; LJ: Jones (Lemoore) 23-2, Abraham (Wash. Union, Fr) 21-8 1/2, Wheeler (Merced) 21-5 1/2; SP: Shank (Rio Americano, Sac) 57-6 1/2, Carlock (Selma) 54-1, Shelton (Foothill, Bak) 53-10 1/2; HJ: Broom (Wasco) 6-4, Embry (Bak) 6-4, Stafford (Hoover, Fr) 6-4; TJ: Rotella (Central, Fr) 46-4, Morgan (Tulare) 45-4 1/2, Andrews (W. Bak) 44-10 1/2; DT: Sargenti (Roos., Fr) 162-9, Shelton (Foothill, Bak) 158-1, Pierotte (Lemoore) 146-8. (--from Chuck Skow, Fresno)

Sacramento State Relays: (Apr. 8, Sacto) - 44OR: Sac'to 42.5, McClymonds 42.5, McClatchey 43.1, Castlemont 43.2, Mt. Eden 43.4; 120HH: Densmore (PV) 14.5, Ligons (Mt. Eden) 14.5, Cochee (OakTech) 14.7, Andrade (Sac'to) 15.0, David (Petaluma) 15.1, Smith (Grant) 15.2; 2 MiR: Encina 7:59.6, Redwood 8:07.6, Castlemont 8:17.5, McClatchey 8:20.2; 4 MiR: Petaluma 18:12.4, Jesuit 18:15.9, Castlemont 18:36.2, Redwood 18:37.0, JF Kennedy 19:00.6, McClatchey 19:01.4; 100: McCullough (Sac'to) 9.8, Watkins (McCly) 10.0, Redmond (Sacto) 10.0, Duncan (McClat) 10.2, Spencer (Grant) 10.3; 880R: Woodrow Wilson 1:28.8, McClymonds 1:30.9, Castlemont 1:32.2, Grant 1:32.9; Dist. Med: Oak Tech 10:36.2, El Camino 10:41.4, Sac'to 10:47.2; Spirt. Med: McClymonds 3:32.9, Amador Valley 3:41.8, McClatchey 4:02; MileR: McClymonds 3:25.3, McClatchey 3:26.5, Encina 3:26.8, Castlemont 3:30.1.

Carlmont Invitational: (Apr. 8, Belmont) - Scores: St. Ignatius 61, Los Altos 60, Berkeley 54, El Cerrito 51, Carlmont 36. *** 48OSH: St. Ignatius 65.2, Los Altos 66.5, Carlmont 67.5, Berkeley 67.7; 2 MiR: El Cerrito 7:54.9, St. Ignatius 8:16, Los Altos 8:32.3; 44OR: El Cerrito 43.0, St. Ignatius 43.9, Carlmont 45.0, Los Altos 45.0, Berkeley 46.4; 8 MiR: Berkeley 40:19, Los Altos 40:43, St. Ignatius 40:58, Carlmont 41:08, El Cerrito 43:20; Low Hurd: Los Altos 1:24.0, SI 1:25.9, Carl 1:27.6, EC 1:27.8, Berk 1:28.4; 4 MiR: Carl 17:47.8; 880R: EC 1:31.2, SI 1:31.8, LA 1:33.8, Carl 1:37.7; MileR: SI 3:24.3, Berk 3:24.8, EC 3:25.8, LA 3:34.2, Carl 3:37.7; SP Relay: LA 211-5, SI 200-7 1/4, Berk 193-0 1/4, Carl 184-10 1/2, EC 181-4; Disc Relay: LA 656-9, SI 622-0 1/2, Carl 546-10,

Berk 537-4, EC 489-4; High Jump Relay: Berk 24-0, EC 23-4, Carl 22-10, SI 21-6, LA 15-0; Long Jump Relay: Berk 84-0 1/2, EC 82-9, Carl 78-11, SI 78-10 1/2, LA 78-7 1/2; Triple Jump Relay: Berk 168-11, EC 165-3, LA 165-1 1/4, SI 163-3, Carl 162-7 1/4; Pole Vault Relay: Los Altos 47-6, Berkeley 42-0, Carlmont 40-0, El Cerrito 34-6, SI 29-0.

Sacramento Prep Invitational: (Apr. 15, Sac'to) - Mi: Miller (Carl) 4:16.7; SP: 3. Brandow (Carl) 56-5 1/2; PV: 1. ??? 14-7, 3. Dempster (Carl) 14-0, 4. Willett (Carl) 13-6; 440: 5. Henkle (SSF) 50.2. (Only results available).

Blossom Hill Relays: (Apr. 15, San Jose) - Scores: Seaside 34, St. Ignatius 32, Silver Creek 30, Los Altos 21, Balboa 17, Homestead 15, Leland 12, etc. *** 4 MiR: St. Ignatius 18:08.8, Washington 18:13.5, Watsonville 18:33.6, Homestead 18:41.4, Los Altos 18:43.4; 2 MiR: St. Francis 8:04.5, Lynbrook 8:04.9, Mt. Pleasant 8:13.0, St. Ignatius 8:20.4, Leland 8:20.5; MileR: Fremont 3:26.9, Lynbrook 3:27.1, Aragon 3:27.8, Leland 3:28.6, Mtn. View 3:30.3; Invit. MileR: Seaside 3:25.6, Buchser 3:25.7, St. Ignatius 3:26.0, Balboa 3:27.0, San Carlos 3:29.0; 880R: Silver Creek 1:30.6, St. Ignatius 1:30.7, Balboa 1:31.8, Overfelt 1:32.0, Seaside 1:32.5; 440R: Silver Creek 42.8, Seaside 43.5, Balboa 44.0, Leland 44.8, Awalt 45.1; Shuttle Hurd: Seaside 57.0, Homestead 57.0, Campbell 58.0, Los Altos 58.8, Leland 59.6; LJ: Robinson (SCR) 23-2 1/4, Dodgen (Awalt) 21-10 3/4, Thiabalt (WG) 21-9, Marcki (Buch) 21-8 3/4, Skillman (Camp) 21-7 3/4; TJ: Triplett (Br) 46-4 3/4, Blakney (Sea) 45-4 3/4, Griffity (Menlo) 45-3 3/4, Taylor (LA) 45-0 1/4, Tabo (WG) 44-9 1/2; HJ: McCaskey (PH) 6-6, Ross (Le) 6-4, Erbes (Hmstd) 6-4, Schneider (Canyon) 6-2, Minix (Bal) 6-2; PV: Calvert (DM) 14-5, Kay (Frmt) 13-6, HJ: Burlson (Bal) 13-6, Hintz (Buch) 13-6; SP: Mannon (LG) 61-5 1/4, Overton (LA) 61-1, Watkins (MV) 58-2, Gherardi (SI) 57-8 1/2, Tenbruggengate (Rior) 56-3 1/4; DT: Overton (LA) 186-6 1/2, Patterson (LA) 173-5 1/2, Pfandl (Aw) 169-1 1/2, Gherardi (SI) 168-0, Mannon (LG) 167-6 1/2; 100: Hampton (SCR) 9.9, Skillman (Camp) 9.9, Carter (Lo) 10.0, Lusk (Mont) 10.0, Ramy (Aw) 10.0; 2 Mi: Ebert (WG) 9:39.3, Burnett (Mills) 9:49.1, Gruber (Apt) 9:50.5, Kafova (Ov) 9:54.3, Bergkamp (Leigh) 9:55.9; Mile: Manriquez (MP) 4:20.3, Luschar (Canyn) 4:22.9, Farrell (Ov) 4:23.0, Sanches (Mil) 4:24.6, Ryan (Rior) 4:25.6.

Top CCS Track Marks Through April 25: (Taken from San Mateo Times) - 100: Hampton (SCR), Lusk (Mont), and Ramey (Aw) 9.8, McDaniel (Sea), Hurley (Br), Craven (SCR), Gillespie (Wstmt), Paige (SCR) & Skillman (Camp) 9.9; 220: Hampton (SCR) 21.8, Williams (MP) & Skillman (Camp) 22.1, Dodgen (Aw) 22.3, Miller (Blkfd) & Royston (Mont) 22.4, Henkel (SSF) 22.5, Veal (SC) 22.6; 440: Payne (Sea) 48.9, Williams (MP) 49.5, Kelly (SI) & Skillman (Camp) 50.1, Henkle (SSF) 50.2, Carlson (Frmt) 50.4, Pabst (WG) 50.6, Acosta (EC) 50.6; 880: Wandro (Serra) 1:56.0, Cleary (RLS) 1:56.1, Kasser (SF) 1:57.0, Donaldson (MP) 1:57.6, Soto (Wat) 1:58.1, Amaro (Lick) 1:58.2, Layton (Le) & Bay (Gunn) 1:58.6, Maust (Sea) 1:58.8; Mile: Miller (Carl) 4:16.6, MacMitchell (PA) 4:18.7, Manriquez (MP) 4:20.3, Bellah (Leigh) 4:21.1, Slavin (LA) 4:21.5, Jameson (Wat) 4:22.0, Norton (LA) 4:22.7, White (SC) 4:22.9; 2 Mi: Brooks (MP) 9:08.0, Miller (Carl) 9:14.0, MacMitchell (PA) 9:19.3, Jameson (Wat) 9:21.0, Ebert (WG) 9:26.0, Yeo (SC) 9:27.8; 1200H: Pierce (Crst) 14.4w, 14.8, Allmond (Srmte) & Foster (LA) 14.6, Johnson (Bgame), Florant (PA), Thompson (NSal) & Groh (Hmstd) 14.7, Watts (Gunn) & Dalley (Irv) 14.8; 180LH: Skillman (Camp) 18.7, Groh (Hmstd) 19.1, Pierce (Crst) 19.1w, 19.3, Thomas (Sea), Flores (Gil) & Veal (SC) 19.6, Ray (LG) 19.7, Allmond (Srmte), Florant (PA) and Washington (Sal) 19.8; HJ: Erbes (Hmstd) 6-9 1/2, Bush (Camp) & McCaskey (PH) 6-8, Lema (Cup) 6-7, Thompson (NSal), Keg (Leigh) & Ross (Le) 6-6, Roman (SF) 6-5 1/2; LJ: Robinson (SCR) 24-0 1/2, Marcki (Buch) 23-8 1/2, Triplett (Br) 23-0 1/4, Skillman (Camp) 22-8, Lewis (SC1) 22-7, Holloway (Blkfd) 22-5 1/2, McCarthy (Cup) and Ross (Sea) 22-5; TJ: Triplett (Br) 48-10 1/2, McCarthy (Cup) 48-2 1/4, Bush (Camp) 46-10, Holloway (Blkfd) 45-8 1/2, Griffin (Menlo) 45-8, Blakney (Sea) 45-4 3/4, Bay (Gunn) 45-2 3/4, Hampton (SCR) 45-2; PV: Dempster (Carl) 14-6 3/4, Calvert (DMar) 14-6, Lennen (Carl) 14-1, Johnson (DMar) 14-0, Heintz (Buch) 13-9, Ryan (Harbor) 13-8, Kay (Fre), Crane (Leigh), Fletcher (Gunn), Willet (Carl), Trueman (Crst), & Katches (Carl) 13-6; SP: Mannon (LG) 63-11 1/2, Overton (LA) 61-5, Gherardi (SI) 60-4, Watkins (MV) 58-2, Banducci (Serra) 57-7, Tenbruggengate (Rior) 57-6, Lloyd (Lick) 56-9 3/4, Brandow (Carl) 56-7; DT: Overton (LA) 200-1 1/2, Groover (Br) 183-10, Pfandl (Aw) 179-10, Patterson (LA) 172-10, Mannon (LG) 171-9, Allen (Lyn) 170-8, Hickson (Le) 168-7, Gherardi (SI) 168-0; 440R: Silver Crk 42.3, Monterey 42.8, Seaside 43.4, St. Ignatius 43.5, Salinas 43.6, Overfelt 44.0, Fremont and Los Altos 44.1, Crestmoor & Ravenswood 44.2, Lick 44.3; MileR: St. Ignatius 3:24.3, Seaside 3:25.6, Buchser 3:25.7, Fremont 3:26.9, Mt. Pleasant 3:27.0, Lynbrook 3:27.1, San Carlos 3:27.4, Crestmoor 3:28.4.

LONG DISTANCE RESULTS

Anderson Dam-Morgan Hill Runs: (Apr. 1, Morgan Hill) - 1 Mile: (short) (1) Tom Owens (RCS) 4:53, (2) Dan Sullivan 5:12, (3) M. Sullivan 5:29, (4) Ray Ruiz 5:37, (5) George Faubion 5:50 (14 finishers); 2 Mile: (1) Joe Mercado 10:56, (2) Jesse Garcia 11:05, (3) Andy Acosta 11:07, (4) Alfred Acosta 11:20, (5) Alfred Reyes 12:08 (25 finishers); 15 Kilo: (short) (1) Rich Peterson 50:45, (2) Dan Faubion 51:00, (3) Jim Gallon 51:49, (4) Joe Henderson 53:21, (5) Rich Ruiz 54:17, (6) Ron Martin 55:06, (7) Keith Campbell 55:30, (8) Bill Flodberg 55:43, (9) Jim Howell 56:08, (10) Vito D'Aloia 56:39 (26 finishers). Note: Jim Howell ran 11.3 miles, or 1.55 miles too long, when he missed a turn.

Second Annual Maui Norman K. Tamanaha Hawaiian Marathon: (Apr. 8, Wailuku to Kaanapali) - (1) Henery Montez (Kaneohe Marines) 3:02:22, (2) John Notch (Mid-Pacific) 3:05:09, (3) Bob Getzen (Maui RRC) 3:07:54, (4) Sam Bosetti (Tantalus RR) 3:18:53, (5) Vernon Matsukawa (Tantalus RR, 15 years old) 3:20:27, (6) Howard Helms (Kaneohe Marines) 3:24:43, (7) Kevin Kuntz (Univ. of Honolulu) 3:27:46, (8) Norman Bright (Srs. TC, 61 years old) 3:28:17, (9) Jim Bradder (Camp Smith) 3:32:58, (10) Jim Hopkins (Camp Smith) 3:42:55. --- Jim Boles, age 65, got 14th in 3:49:56. Mark Cole, 9 years old, ran the entire distance in bare feet! The weather was hot and humid (windy too). There were 30 starters and 19 finishers. The Kaneohe Marines (Montez, Helms, Larkielanz) took the team title (over Camp Smith). -- Reported by Stacy Geiken.

MORA PULLS LARGE FIELD THROUGH SUPER-FAST 30 KILO

(March 19, Pacific Grove) - The PA-AAU 30 Kilometer Championships resembled a mad dash this year as Mejia's newly arrived Colombian team fired up a fast early pace (24:52 at 5 miles for the 8 leaders). Everyone -- or most everyone -- got psyched out after hearing all those quick splits, and the lead pack dwindled to five (Mora, Badgley, Mejia, Smead, and Tibaduiza) with Leydig and the other two Colombians (Barreneche and Pabon) falling somewhat off the torrid pace. They were still together at 10 miles in 51:04, slightly slower pace because of a good hill or two with Leydig back at 51:55, now alone in sixth to stay. Shortly after this point, Mejia dropped back quickly. The four leaders passed 15 miles in a scintillating 1:15:00 (5 minute pace). Mejia was back at 1:16:22 and Leydig was 1:17:23. Then Mora began to pour it on going into the last few miles. He broke Smead first and then finally Badgley and Tiba on the long hill (or pair of hills) to the finish. His margin of victory over second place Tibaduiza was almost 40 seconds. West Valley TC defended their team title (Smead, Mejia, Leydig) with the Redwood City Striders a strong second. Mitch Kingery, 15, was first junior in 1:46:13. Top senior finisher was fast improving Dave Stevenson of the Stanford Running Club, who recorded a very good 1:54:34. Fran Conley (36th) in 2:09:16 was top woman entrant. A total of 65 finished the race under almost perfect conditions.

1 - Victor Mora (Colombia)	1:35:16	11 - Mitch Kingery (RC Striders)	1:46:13	21 - Tom Pinckard (Unatt.)	1:59:31
2 - Domingo Tibaduiza (Colombia)	1:35:54	12 - Bryan Gieser (RC Striders)	1:46:37	22 - Jim Holl (West Valley TC)	2:00:15
3 - Wayne Badgley (Unatt.)	1:36:10	13 - John Butterfield (US Navy)	1:46:39	23 - Robin Clark (Maranon)	2:01:49
4 - Chuck Smead (West Valley TC)	1:37:09	14 - Ernie Gamma (Valley of the Mn)	1:49:34	24 - Joe Henderson (Unatt.)	2:02:11
5 - Alvaro Mejia (West Valley TC)	1:37:42	15 - Harold DeMoss (West Valley TC)	1:53:05	25 - Jim Smith (Presidio Monterey)	2:02:23
6 - Jack Leydig (West Valley TC)	1:39:00	16 - Lee Holley (Marin AC)	1:53:28	26 - Bob Stephenson (WVTC)	2:02:35
7 - Jose Cortez (RC Striders)	1:39:40	17 - Dave Stevenson (Stanford RC)	1:54:34	27 - Carl Martin (WV Joggers)	2:03:39
8 - Martin Pabon (Colombia)	1:40:01	18 - Dave Zumwalt (Unatt.)	1:54:47	28 - Bill Snavelly (Unatt.)	2:03:52
9 - Hernan Barreneche (Colombia)	1:40:54	19 - Mike Healy (Napa Vly RC)	1:58:12	29 - Jerry Kokesh (SF Olym. Club)	2:04:35
10 - Jim Howell (West Valley TC)	1:42:45	20 - Dale Severy (Santa Barbara AA)	1:58:38	30 - Mike Naples (Presidio Monterey)	2:05:34

MORA CLIPS MEJIA'S RECORD AT BLOSSOM HILL

(March 26, Napa) - Colombia's Victor Mora continued his ways from the previous week with a convincing victory over the Pacific Association's best runners (although a few were absent). In the process he knocked 36 seconds off Mejia's 1971 course record, a prelude to what he would do later at Boston. A total of 10 runners broke 43 minutes, something only three runners have been able to do on the two previous races. Not only did Mora break the course record, but he literally walked away from the field after only 2-3 miles and then continued to build a lead that widened to about a quarter mile at the end of the 8.2 mile grind. Bill Clark's second place finish was 30 seconds better than his time in 1971 when he also finished second. While the studs were battling it out up front, the real race was going on between the senior competitors. Ross Smith just barely held off Jim O'Neil and Dennis Teegarden as all three finished within 8 seconds of each other. This set the stage for the senior race the following week at Lake Merced. West Valley TC maintained their dominance from the two preceding years by easily sweeping team honors (five in the top seven). Fran Conley recovered enough from her previous week's 30 Kilo to record another victory in the women's division (54:05, 97th). There was a shorter age-group run held in conjunction with the 8 miler, but we don't have complete results at this time. Later....

1 - Victor Mora (Colombia)	39:51	21 - John Butterfield (Boston AA)	45:14	41 - Ernie Jeong (Pamakids)	48:25
2 - Bill Clark (West Valley TC)	41:04	22 - Ron Plemons (Sac'to TC)	46:01	42 - Darrell Jeong (Pamakids)	48:26
3 - Jon Anderson (Oregon TC)	41:14	23 - Mike Conroy (RC Striders)	46:04	43 - Jim Gallon (Unatt.)	48:33
4 - Alvaro Mejia (West Valley TC)	41:30	24 - L. Morgan	46:25	44 - Lee Holley (Marin AC)	48:40
5 - Jack Leydig (West Valley TC)	41:56	25 - Walt Lange (Sac'to)	46:26	45 - Mike Healy (Napa Valley RC)	48:48
6 - Doug Rustad (West Valley TC)	42:32	26 - Vic Massa (College of S. Mateo)	46:30	46 - Gil Tarin (NCSTC)	48:53
7 - Jim Howell (West Valley TC)	42:35	27 - Dave Zumwalt (Unatt.)	46:36	47 - Maslach	48:53
8 - Hernan Barreneche (Colombia)	42:40	28 - Ross Smith (WV Joggers)	46:47	48 - Bob Jamieson	48:55
9 - Lee Ferrero (USAF)	42:48	29 - Jim O'Neil (SF Olympic Club)	46:53	49 - Dave Warren	48:59
10 - John Loeschhorn (USAF)	42:59	30 - Dennis Teegarden (NCSTC)	46:55	50 - Joel Stein (RC Striders)	49:03
11 - Ed Haver (Athletes in Action)	43:15	31 - Dave Cortez (RC Striders)	47:13	51 - Doug Essary (Sac'to TC)	49:07
12 - Rich Delgado (West Valley TC)	43:33	32 - Bill Posedel (Pamakids)	47:15	52 - Dave Marsh (Pamakids)	49:08
13 - Jose Cortez (RC Striders)	43:50	33 - Greg Chapman (Solano TC)	47:17	53 - Mitch Kingery (RC Striders)	49:13
14 - Bob Darling (RC Striders)	43:53	34 - Dick Cordone (Marin AC)	47:43	54 - Jim Engle (Napa Valley RC)	49:14
15 - Kevin Furey (Sac'to TC)	43:59	35 - Frank Krebs (Sac'to TC)	47:50	55 - Al White	49:19
16 - Dan Anderson (Valley TC)	44:03	36 - Frank Hagerty (Napa Valley RC)	48:03	56 - Peter Mattei (NCSTC)	49:34
17 - Ian Jackson (West Valley TC)	44:08	37 - Gerry Haslam (Napa Valley RC)	48:06	57 - Roger Major	49:47
18 - Darryl Beardall (Marin AC)	44:18	38 - Brent Nolan	48:10	58 - Don Pickett (SF Olympic Club)	49:52
19 - Dale Severy (Santa Barbara AA)	44:34	39 - R. Delanty (Vly of the Moon)	48:16	59 - Carlos Ortiz (Unatt.)	49:55
20 - Bob Crow (West Valley TC)	44:52	40 - Terry Pintane (Vly of the Moon)	48:23	60 - Frank Cortez (Unatt.)	49:55

O'NEIL & TEEGARDEN SET LAKE MERCED RECORD; HALT SMITH'S WIN STREAK

(Apr. 1, Lake Merced, SF) - The 4th Annual Over-40 Lake Merced Race turned out to be a very spirited competition as both Jim O'Neil and Dennis Teegarden soundly beat Ross Smith and in the process both dipped under Bill Mackey's old course mark. The race quickly developed into a three-man battle with O'Neil, Smith & Teegarden waiting for someone to make a break. O'Neil did just that about half-way through, dragging a determined Teegarden with him, but leaving Smith far off the pace. It was then a battle between the two and although Jim managed to break daylight a few times, Dennis came roaring back with less than a mile to go. Jim's last chance was to outkick his opponent as they turned into the final 300 yard straight, and kick he did, opening a 4 second margin and defending his 1971 fast time title. Ross Smith finished some 42 seconds off the pace, ending his victory streak at 9 (or probably more, who knows). Ray Talavera of the Dolphin Club managed to get first over 50 in the absense of Paul Reese with a fine 15th place. The top 45:

1 - Jim O'Neil (SF Olympic Club)	26:37	16 - Bill Kirchmier (NCSTC)	30:30	31 - John Armstrong (Unatt.)	32:09
2 - Dennis Teegarden (NCSTC)	26:41	17 - Jim Allen (NCSTC) (over 50)	30:31	32 - Bob Porter (NCSTC)	32:15
3 - Ross Smith (WV Joggers)	27:19	18 - Alan Waterman (SRC) (over 50)	30:40	33 - Paul Kummrow (Unatt.)	32:23
4 - Bob Malain (NCSTC)	28:05	19 - John Brennan (SERC)	30:45	34 - Pax Beale (Cath. Hill MC)	32:36
5 - Bill Snavelly (Unatt.)	28:10	20 - Harry Hill (WV Joggers)	30:48	35 - Douglas Moore (Unatt.)	32:40
6 - Peter Wood (NCSTC)	28:30	21 - Joseph Carey (NCSTC) (over 50)	30:50	36 - Richard Goen (NCSTC)	32:50
7 - Don Pickett (SF Olympic Club)	28:46	22 - James Killeen (NCSTC)	30:54	37 - Lee Adams (Solano TC)	32:52
8 - Vance Koerner (NCSTC)	28:54	23 - Phillip Jaeger (Napa Vly RC)	30:59	38 - John Nettleship (Unatt.)	32:57
9 - John Romero (Las Vegas TC)	28:55	24 - Raymond Nelson (Unatt.)	31:05	39 - Bob Cort (NCSTC) (over 50)	32:59
10 - Carl Martin (WV Joggers)	29:04	25 - Daniel Alexander (Unatt.)	31:06	40 - Collie Blossom (Solano TC)	33:15
11 - James Nicholson (NCSTC)	29:31	26 - Timothy Treacy (SF Olym. Club)	31:22	41 - Grant Newland (NCSTC)	33:20
12 - Frank Evans (NCSTC)	30:01	27 - Rex Dietderich (NCSTC)	31:26	42 - Eve Barraza (DSE) (1st woman)	33:32
13 - John Hutchinson (NCSTC)	30:06	28 - William Mott (SF Olym. Club)	31:31	43 - William Clarke (Unatt.)	33:34
14 - Philip Paulson (NCSTC)	30:13	29 - Don Nachbar (Unatt.)	31:40	44 - D. Artuso (Unatt.)	33:35
15 - Ray Talavera (Dolphin Club)(50+)	30:28	30 - Don MacIntosh (YMCA)	31:48	45 - Fred Larsen (Pamakids)	33:42

FERRERO CAPTURES EL DORADO 14-MILER

(Apr. 8, El Dorado, CA) - Although about a minute and a half off Rich Delgado's 1971 course record, the Air Force's Lee Ferrero hung up one of the fastest times ever to win the rugged 14 mile El Dorado Burro Trail Race in the Sierra foothills. Marin AC's Darryl Beardall wasn't too far off the pace, as he finished within 45 seconds of Lee's hot time. Ross Smith quickly forgot that he lost last week and hung up a fantastic sixth place overall finish in the first senior spot. Peter Mattei was almost 4 minutes back. Paul Reese was first over-50 as usual with a 21st overall, out of 47 starters (45 finished). Mrs. Ross Smith (who else) was first of the opposite sex to make the trek in 39th place (2:08:16). Below -- the top 30:

1 - Lee Ferrero (USAF)	1:19:46	11 - Peter Mattei (NCSTC)	1:28:47	21 - Paul Reese (NCSTC)	1:36:31
2 - Darryl Beardall (Marin AC)	1:20:28	12 - Jim Bowles (West Valley TC)	1:29:06	22 - Ty Hadley (Unatt.)	1:37:40
3 - Doug Butt (Marin AC)	1:22:35	13 - Robin Clark (Maranon)	1:29:33	23 - Antonio Garcia	1:38:30
4 - Frank Krebs (Sac'to TC)	1:24:19	14 - Gil Tarin (NCSTC)	1:30:14	24 - Vito D'Aloia (Joggeronauts)	1:38:47
5 - Peter Hansen (Colfax)	1:24:57	15 - Bob Malain (NCSTC)	1:31:35	25 - Lee Fox (Solano TC)	1:39:52
6 - Ross Smith (WV Joggers)	1:25:00	16 - Chuck Stagliano (DSE)	1:31:47	26 - Dennis Letl (Solano TC)	1:39:59
7 - Harold DeMoss (WVTC)	1:27:06	17 - Jan Frisby (Unatt.)	1:33:22	27 - Walt Betschart (NCSTC)	1:40:34
8 - Mike Healy (Napa Vly RC)	1:27:45	18 - Ron Olitsky (Unatt.)	1:34:42	28 - Bill Kirchmier (NCSTC)	1:43:59
9 - Jeff Kroot (Marin AC)	1:27:46	19 - Jim Allen (NCSTC)	1:36:00	29 - Micky Moberg	1:45:06
10 - Steve Williams	1:28:44	20 - Wayne Stenberg	1:36:13	30 - Wayne Parsell	1:47:22

LARIS HITS ROADS AGAIN, TAKES DEANZA RIDGE RUN

(April 16, Cupertino) - New York AC's Tom Laris, a familiar name at many road races (by virtue of his shoe sales), decided to try the DeAnza Ridge Run (mountain climb). He won quite handily over Jose Cortez (who is more of a mountain goat), but fell short of Rich Delgado's 1971 course record by some 22 seconds. Dave Stevenson was a fairly close senior victor over another mountain goat,see back page for rest....



Tom Laris, winner of the Second DeAnza Ridge Run.
/T. Mejia/



Hillsdale High School's cross country & assistant track mentor, Bill Anderson & his family. Featured in this month's Coach's Corner.



NCSTC's Dennis Teeguarden is becoming a real threat in local senior road races.



Marin Athletic Club's two top distance stars, Darryl Beardall & Doug Butt.
/Marconi/



April's West Valley Portrait, Washington High's ace two-miler Bob Grubbs.
/Marconi



Victor Mora (NorCal Portrait for April) and Domingo Tibaduiza in an 8:55 two mile race at Cal-State. /Marconi/



Showing that distance running is really catching on with the kids, just check out this Pamakid roster...and quite a few are missing!! /M. Colin/

(Left): Many of the cross country runners shown here (from a race last fall) are currently making excellent times on the track. /Terry Ward/

LATE NEWS: (San Martin Marathon - April 29) - Only partial results are available at presstime, but the winner was Sacramento TC's Bob Barker in 2:41:17.6 under very windy conditions (mid-60's) on a certified course. Other placers (26 starters): (2) Frank Krebs (SacTC) 2:55:49, (3) Jim Bowles (WVTC) 2:55:55, (4) Dave Stevenson (SRC) 2:59:33, (5) Gary Chilton (SRC) 2:59:33, (6) Alan Pollard (ARRA) 2:59:44, ... (12) Paul Reese (NCSTC) 3:23:48 (over-50). *** (Eugene Qualifier Marathon - April 9) - Another marathon for those wishing to qualify for the Olympic Trials: (1) Kenny Moore (OTC) 2:20:26, (2) Wayne Badgley (Un.) 2:20:36, (3) Bill Norris (OTC) 2:26:18, (4) John Loeschhorn (USAF) 2:28:05, (5) Bob Gray 2:29:05, (6) John Pagliano (GWAA) 2:32:27, (7) Ted Wolfe 2:35:09 (7 finishers). *** Editor's Note on NCRR Seniors Points for this month: Upon glancing over the senior placings for the El Dorado and DeAnza races, I found I made some errors so don't be disturbed if you don't check with me. I'll have it all together by next time. Sorry!! *** Another item of interest found in my dusty files: West Valley TC'er Jim Bowles placed 10th in the Interservice (and open) Marathon at Ft. Walton Beach, Fla. (Feb. 19) in a time of 2:55:12.

Peter Mattei. And Fran Conley(41st) was top woman out of the 115 finishers in a time of 76:32 for the 10.0 mile course. Don't know who the team winner was, but it looks as if either the RC Striders or the NorCal Seniors won. Running short on space so must cut....

1 - Tom Laris (New York AC)	60:36	16 - Peter Mattei (NCSTC)	69:31	31 - Don Peterson (SRC)	73:49
2 - Jose Cortez (RC Striders)	61:15	17 - Bob Malain (NCSTC)	70:05	32 - Carl Martin (WV Joggers)	73:50
3 - Dan Anderson (Valley TC)	63:35	18 - David Warren (Unatt.)	70:44	33 - Fred Mendoza (Unatt.)	74:10
4 - Darryl Beardall (Marin AC)	64:04	19 - Bill Flodberg (Solano TC)	70:47	34 - Philip Holder (Solano TC)	74:43
5 - Doug Butt (Marin AC)	64:55	20 - Gil Tarin (NCSTC)	71:05	35 - Tom Massey (Unatt.)	74:59
6 - Dale Severy (Santa Barbara AA)	65:06	21 - Alex Monterrosa (Pamakid)	71:08	36 - Sam Marquez (HSTC)	75:07
7 - Dave Cortez (RC Striders)	65:26	22 - Steve Parker (Alameda TC)	71:17	37 - Santos Reynaga (Unatt.)	75:16
8 - Greg Chapman (Solano TC)	66:08	23 - David Fried (LVRC)	71:31	38 - Ron Kinney (Unatt.)	75:36
9 - Mitch Kingery (RC Striders)	67:37	24 - Ken Napier (WV Joggers)	71:45	39 - Richard Bawoen (Unatt.)	75:54
10 - John Finch (Unatt.)	67:39	25 - Ward Crary (SCU)	71:53	40 - David Unger (Unatt.)	76:05
11 - Frank Cortez (Unatt.)	68:21	26 - Walt Van Zant (WV Joggers)	72:10	41 - Fran Conley (Unatt.)	76:32
12 - John Dunn (Pamakids)	68:31	27 - Jim Nicholson (NCSTC)	72:21	42 - Sal Citarella (Unatt.)	76:40
13 - Dave Zumwalt (Unatt.)	68:40	28 - Ernst Hayman (Unatt.)	72:40	43 - Keith Campbell (WV Joggers)	76:42
14 - Dave Stevenson (Stanford RC)	69:05	29 - William Long (Pamakids)	72:57	44 - Preston Connick (NCSTC)	76:43
15 - Neal Bouchet (Unatt.)	69:14	30 - Robert Mahon (Unatt.)	73:43	45 - David Tronrud (Unatt.)	77:52

MORA SECOND, WEST VALLEY FIRST AT BOSTON MARATHON

(Apr. 17, Boston) - Finishing with probably the fastest stretch-kick in BAA history, Colombian Victor Mora, now residing in San Mateo with his teammates before Munich, came within 18 seconds of catching Finn Olavi Suomalainen and winning it all. He stayed off the pace just a bit too long for his own good and couldn't quite make up all the ground. But Mora's sterling effort, which erased Mejia's South American record of 2:17:22.2, was just half of the story written by NorCal stationed athletes. Mejia, finishing in eighth place, was busy leading his WVTC teammates to the club title as Jack Leydig & Joe McDevitt picked up 22nd and 24th and earned times that qualify them for the Olympic Trials in Eugene. Sacramento's Steve Dean improved 3 minutes on his time and finished a solid 9th, the third American. Colombians Tibaduiza and Barreneche picked up 11th and 15th spots to put 7 NorCal based runners in the top 24 finishers. And then there was Elaine Pedersen who ran her best by 3 minutes and came in second woman behind Nina Kuscsik. It was by far the best showing ever for the Pacific Association at Boston. Here are the Californian's that went and finished: (2) Victor Mora (Col) 2:15:57, (8) Alvaro Mejia (Col/WVTC) 2:20:06, (9) Steve Dean (Sac'to) 2:20:29, (11) Domingo Tibaduiza (Col) 2:21:58, (15) Hernan Barreneche (Col) 2:22:58, (22) Jack Leydig (WVTC) 2:25:15, (24) Joe McDevitt (WVTC) 2:25:28, (64) John Butterfield (BAA) 2:36:12, (78) Alan Haas (GWAA) 2:39:21, (112) Harold DeMoss (WVTC) 2:44:23, (118) Ross Smith (WVJS) 2:45:23, (130) Don Jones (STC) 2:46:28, (141) Lee Holley (MAC) 2:47:26, (149) Martins Ande (Oxy) 2:48:40, (159) John Brennand (SBAA) 2:49:17, (164) Conrad Eroen (STC) 2:49:37, (165) Richard Steiner (STC) 2:49:38, (183) M. Davis 2:51:55, (193) John Rudberg 2:53:06, (245) Dennis Stevenson 2:56:58, (363) Tom Pinckard (Un.) 3:06:55, (400) Jerry Kokesh (SFOC) 3:09:31, (450) Bob Gormley (MAC) 3:12:54, (504) Ralph Paffenbarger (NCSTC) 3:17:28, (528) Jim Holl (WVTC) 3:19:15, (529) Alan Waterman (SRC) 3:19:16, ... (2nd woman) Elaine Pedersen (Un.) 3:20:35, ... Larry Hoyt (MAC) 3:20:51, Bill Rupley (Un.) 3:21:05, Harry Cordellos (DSE/blind) 3:26:35, Pax Beale (NCSTC) 3:30:14, Larry Fox (NCSTC) 3:38, Len Wallach (WVTC) 4:07 (on a broken ankle bone...not discovered until after hobbling half the race). *** Needless to say, it was quite a crew, especially with Flory Rodd manning the camera (he took 45 minutes on the exciting moments of our PA runners). You all read about the rest of the race (how the others did who placed high), but I wanted to make sure everyone knew who went back from our circle of friends. See you all again next year...with a lot more, hopefully.

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