

# NORTHERN CALIFORNIA RUNNING REVIEW



A WEST VALLEY TC PUBLICATION  
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The Northern California Running Review is published on a monthly basis by the West Valley Track Club. It is a communication medium for all Northern California track & field athletes and includes age group, high school, collegiate, senior, AAU, and women's coverage. The NCRR is available at many road races and track meets throughout the area for 25¢ an issue, or for \$3.50 per year by subscription (12 issues). All West Valley TC members receive their copies by mail if their dues are paid up for the current year.

This paper's success depends on you, the readers, so please send us any pertinent information on the NorCal running scene that you would like to see in print. We can always use good photos for our publication, preferably black & white, and of good contrast. All information should be sent to the editor: NorCal Running Review, P.O. Box 1551, San Mateo, CA 94401 (Ph. 415-342-3181). Be sure and give photo credits, those competing, and the event being run. Any size print will do. Please do not send the negative. We will return the prints afterwards.

**Mailing:** Our publication is currently mailed third class within the immediate Bay Area (50 mile radius of San Mateo) and first class elsewhere. Starting with this issue we are trying a new mailing process to speed up third class delivery, which has been unusually slow in some areas (notably the East Bay, where it sometimes takes up to two weeks for delivery!!!). We have been taking our issues in bulk to the post office. This time we are dropping several dozen in about 20 different mailboxes to see if they are then treated like first class mail. We would appreciate it very much if you would let us know whether your service is any better. We would like to cut down delivery time to within 4-5 days on third class mailings.

**NCRR STAFF:** Editor - Jack Leydig; Printer - Frank Cunningham; Chief Photographer - John Marconi; Cartoonist - Lee Holley; NorCal Portrait - Jon Hendershott; West Valley Portrait - Willie Cronin; Coach's Corner - John Marconi; Women - Roxy Anderson, Jim Hume, Dr. Harmon Brown; Seniors - John Hill, Emmett Smith, Willis Kleinsasser, George Ker; Editorials - Bill Clark, Rich Delgado, Don Kardong, Joel Jameson; High School - Joel Jameson (Watsonville-Santa Cruz-Monterey), Mike Ruffatto, Mike Pinocci, Willie Cronin (East Bay), Jack Bellah, Dave Stock (San Jose), Peter Jones (S. Peninsula)...we still need reporters for the North Peninsula, Marin & Sacramento areas; if you're interested, get in touch with us immediately; Collegiate - John Sheehan (Far West Conf.), Jon Hendershott (Pac-8), Jerry Kokesh (San Jose St.), Fred Baer, Jose Cortez (Jr. College); Race Walking - Steve Lund, Bill Ranney, Frank Hagerty; AAU Track & Road Results - Jack Leydig.

**May's Contributors:** Jim O'Neil, Bill Flodberg, Joe Henderson, Bob Anderson, Hale Roach, Woodland Chamber of Commerce, Virgil Caselli, C.A. Warmerdam, Rick Spavins, Dorothy Cobbs, John Romero, Art Dudley, Dave Shrock, Bill Johnson, Steve Sutton, Rich Perry, John Trent, Peter Mattei, Bob DeCelle.

## IN THIS ISSUE

Top fifty all-time performers in Bay to Breakers race; NCRR Long Distance Point Race thru Golden Gate Marathon; Coach's Corner: Palo Alto HS Coach, Forrest Jamieson; NorCal Portrait: Lahcen Samsam; West Valley Portrait: Duncan Macdonald; Long Distance & Track Schedules thru the end of July; Various high school and collegiate results, including El Cerrito Relays, MPL, NPL, SPAL, WCAL League Results, GGC Finals, SJS Invitational, West Coast Relays, PA Women's Pentathlon, Far West Conf. Finals, PCAA Championships, Bakersfield Classic, PA Girls Age Group Championships, CCS Finals, California Relays, and much more; Long Distance results including San Martin Marathon, Mt. Vaca Hill Climb, Woodland 20 Miler, Avenue of Giants Marathon, Angel Island Run, Golden Gate Park 8 Miler, Bay to Breakers, and Golden Gate Marathon.... plus a full page of photos!!



## CLUB NEWS

This section of our publication is devoted to various clubs in the area. If your club would like to put in any announcements or news, please send it to us. Our circulation is now at 450 and growing steadily, so your message will not go unnoticed. As long as news is pertinent to track & field or long distance running, and kept to a reasonable length, we will print it, possibly in edited form. Let's hear from your club...we are still having very poor response.

**WEST VALLEY TC:** Nine more individuals joined our ranks this past month. They are Jan Frisby, 28 years of age, 2245 Lanai Ave., #88, San Jose, 95122 (Ph. 251-9469) -- best marks of 880 (1:54.5), Mile (4:17), 440 (49.9), 220 (22.6r), Hour (10 mi, 931 yd), high jump (6'3"). Jan formerly competed for the Denver TC. Orlando Gutierrez is a Colombian, 27 years old, and attends the University of Nevada (Reno). His current address is P.O. Box 8324, Reno, Nev. (Ph. 702-323-1403). He has bests of 1:54.0 (800m), 3:54 (1500m), and 4:11.8 (mile), as well as a 9:32 steeplechase. Henry Kirk, 1114 The Strand, Reno, Nev. 89503 (Ph. 322-6857), is making a comeback after a two year layoff and has already recorded a 4:10 mile this season (his best). Other marks include 1:17.8 (600 yds), 1:55 (880), 3:03 (1320), 9:09 (2 Mi), 14:18 (3 Mi), 29:45 (6 Mi). Henry is 26. Emil Magallanes, Jr. is 16 years old and lives at 2055 Mariposa St., Seaside, CA 93955 (Ph. 394-2781). He has very promising times of 4:30.7 (mile) and 9:35.6 (2 Mi) to add to very strong cross country performances. Frank Mercer, a frosh at San Jose State, has just turned 19, and holds a 53.2 mark for the intermediates already (West Coast Relays). He also has run 10.7 and 22.0 for the sprints and 51.0 for a one-lapper. But his talent doesn't end there. His 14'7" pole vault indicates he has future possibilities as a decathlete. Currently his address is 23785 Topar Ave., Los Altos, 94022 (Ph. 948-8086). Perhaps the most promising young athlete West Valley has ever gained is Skip Peterson of 1670 Oppio Circle in Sparks, Nevada (Ph. 358-8206). At the age of 15 he has attained a height of 6'7" in the high jump, using the "flop" style. This is only 1 1/4" off the world record for that age, held by Joe Faust. He also displays more than considerable talent in the horizontal jump (22'9" in the long jump at age 14!) and has done 10.6 for 100 yards. The future certainly looks bright for this new member. David Swift is also from Sparks (905 Oxford Ave., Ph. 358-5606), is 16 years of age, and has marks of 59.0 (440), 2:11 (880), 4:56 (Mi), and did 15:42 for a 3000m walk (his first attempt at a walk) recently.

Rick Trachok, 635 Cardinal Way, Reno, Nevada 89502 (Ph. 323-3378) is a soph at the Univ. of Nevada and has bests of 1:59, 4:19, and 9:39 for the steeplechase. He also placed 42nd in the recent Bay to Breakers race. Steven Estrada, 20 years old, is currently at 4950 Stevenson Blvd., Apt. 85, Fremont, CA 94538 (Ph. 792-9463). His best marks include: 5.6 (50), 6.6 (60), 10.5 (100), 24.0 (220), 21'5" (LJ), 41'5" (TJ) and 5'10" (HJ).

Address Changes: Charlie Attwood is now at 130 Sycamore, San Mateo, 94401 (348-3136); Mike Ruffatto's phone number is 797-3877 (listed incorrectly in club directory); rumor has it that Bill Scobey is now back in LA again...he can be reached at 8140 Lesner, Van Nuys, 81406.

Club members have had their problems during the past month. Herb Ashton, our workhorse sprinter, was in a canoeing accident with his scout troupe and almost tore off the bottom of his foot while pulling it out of his ripped canoe. It required 40 stitches, but he's almost healed and is looking forward to training again in a few weeks. Don Kardong contacted a case of mononucleosis sometime before the West Coast Relays (explaining his subpar performances there), has taken about two weeks off, and is now slowly taking up training again. He is still planning on competing in the Olympic Trials. Ian Jackson was excreting some blood in his urine and when he had it checked up on they thought he had a tumor (but later found out they had made a mistake). After several days in the hospital for observation and tests, he ran 10th in the Golden Gate Marathon, seemingly ok, except for the fact he discovered he only had one kidney (and never realized it before). It's 80% larger than normal so it doesn't seem to bother him.

West Valley's track men have been really competing well in the last month. Duncan Macdonald gets more consistent with each race and has recorded PR's of 3:40.9 (1500m) and 3:58.4 (mile), along with a great kick to outdo Mark Winzenried at the San Jose Invitational. Paul Bateman collected a 1:51 relay leg on WVTC's distance medley at WCR and Al Sanford showed he's back in good form with a 2:58 for the 3/4 leg. Peter Duffy has chalked up a fine list of PR's this season, including a 4:03.8 mile, 8:35.8 two mile, 14:04 (5000m) and 29:04 (10,000m). He took fifth in the NCAA 10 Km. at 29:08. Dave Scharer has collected a 52.0 for the metric intermediates and has also helped the club in the 440 (on relays) in Herb Ashton's absence. He led off WVTC's 9:53.3 medley record at the WCR. Our high schoolers and collegians have also been running great. Bob Grubbs (Wash. Fremont) lowered his two mile from a 9:19 (Athens Indoor) to an 8:56.1 for a third place in the State Meet (he also recorded 9:00.0 at the Regional Meet). He has been invited to the International HS Championships in Illinois on June 10 as top senior two miler in the country. Roy Kissin (San Ramon) placed fifth in 9:47 in the NCS Frosh-Soph two mile. Joel Jameson just missed the State Meet for the second year as he recorded a 9:17.4 PR at the CCS Meet for 4th place. Two other WVTC'ers were close at hand (Jack Bellah in around 9:20 and Jim Van Dine at 9:21...times approximate). Kissin also won the Region III two mile (9:55) in the F/S division and was a great third in his varsity league meet (also 9:55) behind Bill Solomon and Don Curtiss on a very hot day. For more results, look at the results section you fool.

The club held an Exec Council Meeting at Bob Crow's after the Bay to Breakers Race (which the team won handily) and the following items were discussed. Our treasury had \$210 and we decided to have individuals pay for their own entries at the PA Track Meet in order to save for the Olympic Trials...the club will reimburse for gas (see enclosed ditto sheet for more info) to Eugene, but that's all we can afford this year. Bill Clark volunteered to take over the cross country scheduling, etc. while I am in Europe between August and November, but he could use one more able body...anybody interested? If so, contact Bill, as I will give him the necessary information before I take off. The AAU Meet in Seattle will be well stocked with WVTC athletes as a result of the AAU's chartering a plane from LA via Oakland...the flight is free to those qualifying for the meet. It will probably leave Oakland at 5-6 pm on the 14th. More information can be obtained from Bob DeCelle (523-2264, days only)...Club jerseys (only 24 at present because of finances) were ordered several weeks ago and we are waiting for their arrival. We will silk-screen them ourselves (instead of sewing letters) to save on \$\$\$. The screen (Script, WVTC) will be available for those who want to screen our emblem on T-shirts, etc. They cost \$4.00. Those who have already paid will be mailed their jerseys in the near future....Please read and return the enclosed mimeo questionnaire right away! Otherwise, without a little help from our members, West Valley will be in for some rough going while your president is absent for 3 months in Europe....The prospective merger with Bay Area Striders, it was decided, will not come about this year simply because neither club is financially secure enough. Perhaps in the future when both clubs have better funding.

West Valley finishers in road races (not listed elsewhere in this issue); Golden Gate Park 8 Miler: 71 - Billy Tracey 52:28; Bay to Breakers: 185 - Dennis Tracy 46:20, 207 - Harold DeMoss 46:40, 284 - Eric Abrahamson 48:24, 298 - James Jacobs 48:34, 349 - Richard Clark 49:25, 428 - Billy Tracey 51:49, 1309 - Charlie Attwood 1:14:04 (if I missed anybody, please let me know); Golden Gate Marathon: 101 - Billy Tracey 3:36:30.

#### THIS AND THAT

The Pacific Association is beginning to build a "Marathon Warehouse" that will stock all necessary items to put on a high quality marathon. Rich Perry (Golden Gate Marathon director & Belmont Recreation Dept. employee) has already gathered a large number of items and in the near future plans to set up a rental fee of \$12 (tentatively) so that any marathon director can use these items at a reduced cost....Speaking of marathons, Mrs. Eva Baraza, in her early 40's, ran a very commendable 3:40+ at the Golden Gate Marathon in what we believe was her first attempt at the distance. A few days later, while training, she was hit by a motorist and suffered severe injuries, including fractured pelvis and some broken ribs according to Walt Stack. Anyone wishing to visit her or send letters, should write c/o Kaiser Hospital, Walnut Creek, CA.

The AAU is chartering a plane to the National AAU Track & Field Championships (Seattle). It will be leaving Los Angeles, via Oakland and will be free to those athletes who've qualified for the meet. It will probably leave on the 14th at 5-6 pm from Oakland (150 seats). More current information can be obtained from Bob DeCelle, P.O. Box 362, Alameda, CA 94501 (Ph. 523-2264, days).

As of 6/1/72, the PA-AAU Track & Field Fund had \$6684 in it; one-fourth of that amount can be used for travel...Track & Field Executive Committee meeting for June is at Harlan Frederick's, 46 Berkeley Way, Orinda, beginning at 8 pm. Meetings are usually the second Wednesday of each month. Make sure your club is represented. It's your money that's being voted on!!!

Bob DeCelle contacted the National AAU Office and got confirmation that if enough money is collected to send a three-man team to London-Brighton this year (late September), they would be given complete USA uniforms, including warmups. The current fund stands at \$431.27 (plus a small amount of interest) and is being transferred to Bob DeCelle, P.O. Box 362, Alameda, CA 94501. In the future, all funds should be sent to Bob and checks should be made out to "AAU Travel Fund". All contributions are tax deductible. Of course, Darryl Beardall has first preference, since the money currently in the fund was collected primarily for him. He has been unable to go in the past because of illness. Jack Leydig will be in Europe and may very well run the race. Harold DeMoss is also planning on it. So let's send in your contributions so that we can send not only Darryl, but also some other worthy athletes. This fund is not just for Pacific Association athletes, but is being advertised in a nation-wide fashion thru major distance running publications. Possible candidates would be Jim McDonagh, Ted Corbitt, Jose Cortez, John Pagliano, Skip Houk, Ken Young, etc.

Free Coaches' Clinic: July 24-27 in Sacramento, preceding the Russian-American Jr. International Meet. Open to all coaches of club, high school, and college teams, the clinic will provide free room and board for those attending. No tuition will be charged, though two semester hours of graduate credit in Physical Education will be available. The deadline for applications is July 3, but you are urged to apply immediately due to competition for openings. Address all inquiries to: Track & Field Clinic, AAU House, 3400 W. 86th St., Indianapolis, Ind. 46268. Top international staff will be available.

Darryl Beardall is making sure that the distance running line stays alive. On May 2, the Beardall's announced the birth of Clayson Tanner Beardall, a hefty 8 lbs. 12.5 oz. and 20.5 inches in length. Darryl should have him up to about 50 miles a week within a few years.

Bill Selvin, the 60-year-old runner who promotes the Hollywood to Las Vegas "Sahara or Bust" super marathon for men in their 60's and 70's, is at it again. This time he's after Howard Hughes (no kidding). Bill has written an open letter to Howard telling him all those elderly runners will be happy to put him in shape. Naturally, the letter was sent to every newspaper in existence. But what Bill really wants to do is have Howard sponsor a 200-300 mile relay race between our 60-70 year old runners and a team from Red China! Okay, Bill, we give up....John Trent writes us to say that ex-UC Davis runner Byron Spradlin was up in Anchorage in May and ran over some of the trails of the Resurrection Pass Trail Marathon. He's looking forward to a contingent of Walt Stack's runners going to Pike's Peak to follow up next week on the Aug. 19 Anchorage race. (Special Air Fare Rate via Western

Airlines for 10 or more with provision for "triangle" flight including stop at Hawaii at no extra cost on Alaskan round trip 1st class ticket). See advertisement for more information.

Since we were unable to print a 1971 NorCal Distance Annual, and since we had planned on putting a section on Alaskan Distance Running into it, John Trent went to Bob Anderson and they put together a 12-page printing with good pictures of the Resurrection Pass Trail Marathon, and the Pulsator Running Club story. They had 100 copies made at a cost of \$198. To break even, they are selling at \$2.00. If anyone is interested in obtaining this publication, write for "Run & Rejoice", PULSATORS, 1700 Tudor Road, Anchorage, Alaska 99507.

Bob DeCelle, National Long Distance Running Chairman for men, has recently recommended the following concerning national registration of long distance runners. An athlete could be issued a lifetime number (it could be his social security number). This could be cloth and worn on his uniform. This system has been used in the United Kingdom with great success. (Ed. note: - the SPA-AAU already uses permanent "mnemonics" for their long distance runners, consisting of letters from the competitor's first and last names.)

Deadline for submitting entries for the Olympic Trials is June 21. All marks must be certified through Track & Field News. Entry blanks may be obtained from: Eugene Area Chamber of Commerce, c/o Bob Newland, P.O. Box 1107, Eugene, Ore. 97401.

The U.S. National Junior (under 20) Track & Field Championships will be held June 23-4 at Jefferson County Stadium, Lakewood, Colorado. For all information regarding transportation, housing, and registration, write to Mr. Pat Conroy, P.O. Box 15035, Lakewood, Colo. 80215, or call Jerry Shaffer (303/279-1247) or Richard Haggerty (303/423-0288). No collect calls. The two highest placing athletes, if available, in each event may be selected by the National AAU Track & Field Committee to represent the USA in International competition with the USSR.

The Napa Valley Runners and the Napa Kiwanis Club announce a relay race which will begin in Napa (probably June 25 or 26) and conclude in Eugene, Oregon at the site of the Olympic Trials. The purpose of the run will be to promote the US Olympic Team through publicity and fund raising activities to be held in the towns along the way. Runners need not be club members, but must show substantial distance-running background (a six minute mile pace is suggested). Teams must have from 6 to 10 runners. If you are interested but do not have a team yet, contact Jim Engle, 1801 McKinley Rd., Napa, CA 94558 (707/224-9279). They may rendezvous with a Fresno relay team (running from Fresno).

Since the last issue, three more individuals have made qualifying times in the marathon (for the Olympic Trials) on certified courses. Another, Gary Tuttle, is now living in Arcata, but set his mark back in March, when he was stationed in Texas. The other three marks came at the Avenue of the Giants Marathon.

Athlete (Club)	Time	Location	Date
Ritchie Geisel (West Valley TC)	2:26:03	Weott, Cal.	5/7
Jim Howell (West Valley TC)	2:26:42	Weott, Cal.	5/7
John Butterfield (Boston AA)	2:28:14	Weott, Cal.	5/7
Gary Tuttle (Unatt.)	2:28:24	Dallas, Texas	3/4

The following list consists of the top 50 all-time Bay to Breakers performers. It was compiled by Art Dudley and includes times of some unofficial runners. If these could be identified, we would appreciate it.

Rank	Name (Club)	Time	Year
1	Kenny Moore (Oregon TC)	36:39	1972
2	Victor Mora (Colombia)	36:47	1972
3	Bill Clark (West Valley TC)	37:36	1972
4	Gary Tuttle (Unattached)	37:42	1972
5	Jim Crawford (US Army)	37:47	1971
6	Mark Covert (California TC)	38:02	1972
	- Bill Morgan (Golden Gate TC)	38:02	1965
8	Jon Anderson (Oregon TC)	38:16	1972
9	Allan Harrison (Australia)	38:24	1972
10	Ed Haver (Athletes in Action)	38:26	1972
11	Gerry Tighe (Vancouver OC)	38:27	1972
12	Domingo Tibaduiza (Colombia)	38:31	1972
13	Jeff Fishback (Santa Clara Valley YV)	38:32	1964
14	Tom Laris (New York AC)	38:42	1967
15	Doug Wiebe (US Army)	38:55	1969
	- Skip Houk (Athens AC)	38:55	1969
17	Greg Tibbetts (SC Striders)	38:58	1972
18	Bob Darling (RC Striders)	38:59	1972
19	John Mason (Pacific Coast Club)	39:01	1969
20	Bill Norris (Oregon TC)	39:03	1971
21	Bill Scobey (Mad River Runners)	39:07	1971
22	Rich Delgado (Athens AC)	39:08	1967
23	Mike Manley (SC Striders)	39:09	1969
24	Jack Leydig (West Valley TC)	39:10	1972
25	Peter Duffy (West Valley TC)	39:13	1971
26	Byron Lowry (San Jose State)	39:17	1969
27	Hernan Barreneche (Colombia)	39:24	1972
28	Unofficial entry (15th)	39:25	1972
29	Ray Darwin (Culver City AC)	39:31	1971
	- Mike Wagenbach (Unattached)	39:31	1972
	- Chuck Smead (West Valley TC)	39:31	1972
32	Andy Vollmer (San Jose State)	39:34	1969
33	Dick Sharkey (US Army)	39:37	1969
34	Ray Hatton (Athens AC)	39:38	1969
	- Jerry Jobski (Pacific Coast Club)	39:38	1970
36	Russ Pate (Oregon TC)	39:41	1972
37	John Loeschhorn (US Air Force)	39:47	1970
38	John Lawson (Pacific Coast Club)	39:48	1969
39	Anthony Risby (Unattached)	39:58	1972
40	Mike Denny (US Air Force)	39:59	1972
41	Peter Kaal (Oklahoma State Univ.)	40:02	1970
42	Martin Pabon (Colombia)	40:03	1972
43	Duncan Macdonald (Stanford)	40:04	1971
44	Rich Dugan (US Army)	40:10	1969
45	Chuck LaBenz (Pacific Coast Club)	40:13	1970
	- Tom Von Ruden (Pacific Coast Club)	40:13	1970
47	Albie Thomas (Australia)	40:14	1972
48	Gene Gurule (Unattached)	40:15	1963
49	Darryl Beardall (Marin AC)	40:16	1968
50	Chris Miller (SF Olympic Club)	40:17	1969

### NCRRL LONG DISTANCE POINT RACE

This year the NCRRL's point race will offer two perpetual trophies for the winners in the open and senior divisions. The winners of the past two years will have their names and point totals engraved on the trophies as well. For the uninitiated, here is basically how our point system works. It is based on not only the number of races run, but also on your average placing. To figure out your own point total, merely take your average placing and divide by the number of races run. As an example, if you placed 5th, 6th, and 7th in three races, your average place would be 6th. Divide this by 3 (the number of races run) to get your point rating of 2.0. Anyone can keep track of their scores, and we encourage those listed below to keep tabs on us and send in your records at the end of the year if they differ from ours. We added a few other rules to our system: (a) races must be PA-AAU sanctioned races, or at least take place in the PA-AAU with substantial numbers of participants, (b) we only count finishers in the top 10 (open) and top 6 (seniors) for our rankings...you need not be limited to this. If a listed runner finished out of the top 10 (or 6 for seniors) in a given race, this isn't counted against him. (c) All athletes residing in the PA-AAU are eligible, whether registered in the Association or not (e.g. - Ray Darwin, John Butterfield), as well as PA-AAU athletes residing outside the Association (Bill Scobey, etc.). (d) In meets where two races are held (or more), the main event shall count for open competition and two races may be counted for senior competition (Lake Merritt 5 and 10 Kilos, etc.). The scoring year starts off with the Lake Merritt Races on Columbus Day.

Below are listed the top 15 open competitors and top 9 seniors, with points being tallied through (including) the Golden Gate Marathon, but with the omission of the Mt. Diablo Disturbance Run...we're still awaiting Jack Kirk's results. For those of you who are listed below, we would appreciate your sending us a list of races (and placings) if your totals differ from ours. This is especially important in the senior category, where many times we may miss an outsider, etc. In open competition, Darryl Beardall keeps right on running, lengthening his lead to 0.119 over second placer Dan Anderson (up from third) and third placer Jack Leydig (up from fourth). Byron Lowry, who is nursing a calf injury, dropped from second to fourth. John Butterfield really did well, moving up to tenth (he was 17th last month). Don Kardong, Tom Laris, and Ray Darwin dropped off the list, while Chuck Smead (& Butterfield) were newcomers. In the senior competition, things are really beginning to heat up with Ross Smith hanging on to a very slight edge over Dave Stevenson, 0.107 to 0.111. Last month the gap stood at 0.025, and it appears that Dave might be the leader next month unless Ross starts to compete stronger. Bob Malain edged ahead of Jim O'Neil and Paul Reese did the same to Jim Nicholson to sum up the only position changes from last time. (Note: an asterisk next to any placing indicates 1 tie, two asterisks indicate two ties, etc. A tie counts as an average. Thus, a tie for first would be counted as 1.5, etc.).

OPEN

Runner/Club (# of races run)	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	Aver. Place	Rating
Darryl Beardall/Marin AC (14)	3*	3	0	3	2	2	0	1	0	0	3.68	0.263
Dan Anderson/Valley TC (15)	1	1	2	1	0	4	3	1	0	2	5.73	0.382
Jack Leydig/West Valley TC (10)	2	2*	0	1	3	1	1	0	0	0	3.85	0.385
Byron Lowry/SF Olympic Club (7)	3	0	1	2	0	0	1	0	0	0	3.00	0.429
Victor Mora/Unattached (3)	2	1	0	0	0	0	0	0	0	0	1.33	0.444
Jon Anderson/Oregon TC (7)	3	1	1	0	0	1	0	0	1	0	3.29	0.470
Wayne Badgley/Unattached (5)	2	1	1	0	0	1	0	0	0	0	2.60	0.520
Jose Cortez/RC Striders (7)	1	2	0	2	0	1	1	0	0	0	3.72	0.531
Darren George/Napa Valley RC (5)	1	2	1	0	0	1	0	0	0	0	2.80	0.560
John Butterfield/Boston AA (10)	0	0	3	0	1	1	1	1	1	2	6.40	0.640
Doug Butt/Marin AC (9)	0	1	1	0	2	2	0	1	1	1	6.00	0.667
Alvaro Mejia/West Valley TC (4)	2	0	0	1	1	0	0	0	0	0	2.75	0.688
Chuck Smead/West Valley TC (4)	2	0	0	1	1	0	0	0	0	0	2.75	0.688
Bill Scobey/West Valley TC (2)	1	1	0	0	0	0	0	0	0	0	1.50	0.750
John Weidinger/Pamakids (8)	0	0	2	1	0	0	1	1	3	0	6.13	0.766

SENIORS

Runner/Club (# of races run)	1st	2nd	3rd	4th	5th	6th	Aver. Place	Rating
Ross Smith/West Valley J&S (13)	10	1	2	0	0	0	1.39	0.107
Dave Stevenson/Stanford RC (15)	8	5	1	1	0	0	1.67	0.111
Bob Malain/NCSTC (16)	6	2	3	5	0	0	2.44	0.152
Jim O'Neil/SF Olympic Club (12)	4	6	2	0	0	0	1.83	0.153
Peter Mattei/NCSTC (14)	1	4	3	2	4	0	3.04	0.235
Paul Reese/NCSTC (14)	0	3	4	1	4	2	3.86	0.276
Jim Nicholson/NCSTC (12)	2	2	3	2	1	2	3.33	0.278
Donal Coghlan/NCSTC (7)	2	0	0	3	2	0	3.43	0.490
Don Pickett/SF Olympic Club (7)	0	3	1	1	1	1	3.43	0.490

CLASSIFIED ADS

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### COACH'S CORNER

**Meet Forrest Jamieson:** (Track coach at Palo Alto High School) - Mr. Jamieson has been around the Bay Area for quite some time now. He was coaching at Palo Alto High School before his current protege, Gordon MacMitchell, was even born. During those years, he has helped many a great athlete achieve greatness. Among the top athletes he has coached are names like Ron Larriue, Mike Lehner, Walt Hewlett...and now Mac-Mitchell.

Many years of trials has finally led Jamieson to believe in the Lydiard system of training. He relates, "I use the basic Lydiard system of training, working largely on overdistance in the winter. In track season, we start running more repetitions on the track for sharpening purposes, the idea being to build a strong base and then to transfer that strength into speed with intervals." Among other things, Forrest has helped coach the Mexican Olympic squad (early 60's). But his convictions for Arthur Lydiard didn't really come until just prior to 1960. Attributing his major source of knowledge to New Zealand's most famous distance coach, Jamieson points out, "I have believed in the Lydiard system since I visited New Zealand and Australia before 1960. I went to Australia to learn of Percy Cerutti's ideas, but became strongly influenced over to the Lydiard system." MacMitchell, who is currently a junior (going on senior now) at Palo Alto, had so much faith in Jamieson as a distance coach, that he transferred across town (without the aid of busing) and had to wait out a semester before becoming eligible to run track. But during his cross country season he ran some rather startling road races, including a 2:34 marathon at the PA-AAU Championships in Petaluma. This won him fourth place in a typically strong Bay Area field. It was his first attempt at the distance. Later on he did an even more impressive 1:04:59 for 20 Kilos. But perhaps most remarkable of all, Jamieson had Gordon run a couple of time trials prior to outdoor season...and before he had thrown in any sharpening work...the results were a 4:17 mile and a 9:17 two mile.

Unlike many coaches, his views towards what a runner should do after he graduates from high school are quite unique. "I preach that it is important for the athlete to learn how to coach himself. After a runner is through with high school he should have sufficient knowledge and interest to continue on his own." The interest is maintained by not "burning out" the runner by too intensive a program in his younger years. Distance running is a very structured building process.

On club systems, Jamieson says, "As it stands now, it seems fairly sufficient, but more clubs should be started to help the athletes." He feels that the club should be there as a service to the athlete, but not as a "pressure cooker". The young runner usually gets his fill of this in high school and college.

Forrest looks forward to many more years of coaching, and no doubt he will continue to produce quality athletes. His easy-going, but direct manner makes it enjoyable for his runners, and it is something they can relate to...afterall, just look at his record!

### NORTHERN CALIFORNIA PORTRAIT

**Meet Lahcen Samsam:** Lahcen Samsam used to think 60-feet was a long shot put. That was when he was growing up in Morocco and had first tried the event. Then a rangy 6-2, 180 lbs., a throw of 60-feet would now disappoint this 6-4, 260 lb. giant. In the interim between his changes of heart toward the distance he threw the 16-lb. ball of lead, he has gained size, experience, some injuries along the way, and a knack for big improvements in his throwing. He has just lately gained one other thing because of his throwing--the African record. With a big 67-1 1/4 heave at the San Jose Invitational on May 6, "Sam" became the longest putter ever produced by Africa, as he eclipsed the 66-3 mark of Egypt's Nagui Asaad--a mark Samsam happened to tie a week before his big record.

Sam's 1972 season has been slightly sensational. Sporting a personal best of 62-0 prior to this year, he started off with 61-8 in January and then improved his best the next four outdoor meets: 63-5 1/4, 64-1 1/4, 64-10, 65-3 1/2. Why all this improvement--especially since he missed a good deal of training late last year due to a broken ankle? "A combination of things, I think," the jovial Samsam recently told Track & Field News. "I gained a lot of strength last year, but I couldn't transfer that strength and power into the shot. This year I learned how to transfer that power--mainly through Al Feuerbach." (--no he didn't transfer the power thru Al Feuerbach you klutz!). Samsam lives and trains in San Jose with Feuerbach and Richard Marks, a couple of pretty fair throwers themselves (70-3 1/2 & 65-0 3/4 respective PR's). "I learned to put harder. The only way to become more explosive is by throwing as hard as I would in competition. Now, instead of throwing and throwing in training and working on fine points of technique, I take less puts but make them of competitive quality."

Samsam came to the United States in 1962 and studied soil chemistry at Oregon State. He raised his shot best from 51-8 to 60-2. After graduating he returned home and worked in a lab for two years, but couldn't stand the sedentary life. So he returned to the US to study physical education--his first love--at San Jose State. With a semester to go before gaining his Master's Degree, he hopes to coach in California.

Sam is his own man in whatever he does: because of his massive size, he was urged by the Moroccan Government to become the body-guard of the nation's king. But he replied, "No! If someone wants to shoot the king, I would be a much bigger target. They would get me for sure." In 1968 he was pressured onto the Moroccan Olympic Team in the shot, discus, and javelin (in which he has respective bests of 155-9 1/2 & 206-9 besides his 67-1 1/4). But he walked away from the team the night before departure to Mexico because he knew he couldn't throw as well as he wanted to to satisfy himself.

Nor is he out now just to win. "Improvement is what I want," he says. "But I also want to become consistent at say, 65-feet.

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At Munich I just want to be among the best putters in the world, which means the twelve finalists, I guess." But Sam shouldn't sell himself short, as his performances this year show.

Lahcen Samsam Akka ("Our middle name is written at the end in Morocco."), San Jose, CA and Fez, Morocco, 6-4, 260-lbs. Best marks: Shot - 67'1 1/4", Disc - 155'9 1/2", Jav - 206'9". Samsam doesn't know his birthdate, not even the year. "My parents live in the country and are illiterate," he says. "They throw a big party when a child is born, but no one ever writes down when that is. So I just made up one so I don't always have to go through the same explanation time after time." (He never told Jon what that made-up date was.)

#### WEST VALLEY PORTRAIT

Meet Duncan Macdonald: After having the best cross country season of his career (27th in AAU), it appeared that ex-Stanford ace Duncan Macdonald (spelled with a small "d"), school record-holder in the mile at 3:59.6, was due for his best ever track season. So far he has not disappointed anyone. Beginning the year with a 4:01.1 indoor clocking at the San Diego Indoor, he has now moved into strong contention for a spot on the US Olympic Team that will go to Munich this fall as a result of his consistent miling in strong competition. As of May 28 he was ranked 6th fastest in the world this year off his 3:58.4 at the California Relays, behind South Africa's Fanie Van Zijl (who leads the world with a 3:56.0) and America's Juris Luzins (normally an 880 man), who did 3:58.2. The following weekend he ran an even better 3:40.9 for 1500 meters behind Howell Michael's 3:40.1 at Compton.

But Macdonald is also gifted in the longer distances as he holds the Stanford cross country course record (school record) over 4.2 miles and has also done a 2:21:31 marathon in his first attempt (2nd at West Valley this February)...he ran his 4:01.1 the following weekend at San Diego!! He plans on competing in both the mile and marathon at the Olympic Trials...quite a combination.

The easy-going Hawaiian native, who just received his B.S. degree in biology this March, was a member of the National Honor Society (1967) while attending Kailua High. He plans on returning to his Hawaiian paradise in the near future after vacating his Menlo Park residence, which he currently shares with teammate Don Kardong and two others.

Concerning training, Duncan relates that most of the time, "I try to fit my training into the really important things I have to do, like memorizing Mr. Natural's advice and watching Dragnet. When I have time I train by running long, short or medium distances at slow, medium, or fast speed, with short, medium or long rests."

Perhaps the most exciting moment in his career (other than breaking 4 minutes for the first time) was being disqualified for elbowing three University of Oregon runners in a 1970 dual meet. But he readily admits that "doing a full somersault at the Stanford-UCLA dual during the mile in 1971" was also quite heartwarming. As to the future, his immediate goal was to finish this questionnaire (Dunc is very much a "now" person in reality)...in the distant future, he would like to complete other questionnaires and make the US Olympic team, preferably in the 1500 meters (unless he has to resort to the marathon as a last hope).

Duncan Macdonald: 23 years old; best marks: 880 - 1:52.2, Mile - 3:58.4, 1500m - 3:40.9, 2 Mile - 9:00.0 (time trial), 6 Mile - 29:53 (recently in Hawaii), Marathon - 2:21:31.

#### SCHEDULING

##### LONG DISTANCE

Note: All runs listed below are sanctioned by the AAU except those specified as DSE races, or otherwise noted. These are strictly run-for-fun races that are sponsored by the Dolphin/South End Runners of San Francisco. Some of the races listed below are out of the PA-AAU and are noted as follows: Southern Pacific (\*SPA), Pacific Southwest (\*PSWA), Southern Nevada (\*SNA), Central California (\*CCA). All other out-of-state races are also out-of-Association. All requests for entries should be made to addresses listed (if noted). More information on other associations can be obtained from: SPA-AAU (John Brennan, 4476 Meadowlark Ln., Santa Barbara, CA 93110); PSWA-AAU (Tom Bache, 4920 Kane St., San Diego, CA 92110); CCA-AAU (Bill Cockerham, 1717 S. Chesnut, Fresno, CA 93702); SNA-AAU (John Romero, Hotel Sahara, Las Vegas, Nev. 89114); DSE (Walt Stack, 321 Collingwood, S.F., 94114). Pacific Association of the AAU is located at 942 Market St., Suite 601, S.F., CA 94102. --- Please enclose self-addressed stamped envelopes when requesting information from the above individuals or asking for entry blanks.

- Jun 11 - All-Comers Marathon, Rocklin, CA, 7 am (to beat the heat); certified & flat; Frank Krebs, 8406 Taramore Ct., Orangevale, CA.
- Jun 11 - 6.5 and 13 Milers, Eugene, Ore., 1:30 pm.
- Jun 11 - Six Rivers RC Clam Beach Run, 3.2 & 6.4 Miles, 1 pm, Trinidad, CA. Richard Gilchrist, 281 Hidden Valley Rd., Bayside, CA.
- Jun 11 - Woodminister 9.3 Miler (Handicap), Oakland, 10 am. Bay Area Road Runners, Chas. MacMahon, 855 Glendome Circle, Oakland, 94682.
- Jun 11 - 14th Garden Grove Handicap Run (Portsmouth Start), Garden Grove Pk., 10 & 5 Mi., 9 am. (\*SPA)
- Jun 17 - 20-Kilometer, Portland, Ore. (Forestry Center), 9:30 am.
- Jun 17 - 13.5 Miler, Jacksonville, Ore., 8 am. So. Oregon Sizzlers TC, 3306 S. Pacific Hwy., Medford, Ore. (Ph. 535-1205).
- Jun 17 - Novato 6.5 Miler, Novato, 9 am (New Course). Marin AC, Darren Walton, P.O. Box 742, Novato, CA 94947.
- Jun 17 - Visalia One Hour Run (Age Groups), 6 am. Jerry L. Hobbs, 15616 Avenue 328, Ivanhoe, CA. (\*CCA)
- Jun 17 - Yankee Doodle Cross Country, many classes (1 to 4 miles), 9 am to 1 pm, Peck Park. Joel Adler (Ph. 213-833-1853). (\*SPA)
- Jun 18 - Stow Lake Relay, 2 Mile laps, Golden Gate Park, 10 am. (\*DSE)
- Jun 18 - 3rd Annual Morro Bay 6 Miler (Beach course at low tide), 11 am. Terry Record, 1241 Garden St., San Luis Obispo, 93401.
- Jun 24 - 10 Miler, Las Vegas, Nev. (Sunset Park), 8 am. John Romero, Sahara Hotel, Las Vegas, Nev. 89114. (\*SNA)
- Jun 24 - 17 Mile Run, Pebble Beach, CA, 10 am. Monterey Pen. AC, Ted Larson, 477 Grove Acres, Pacific Grove, CA 93950.
- Jun 24 - Sycamore Canyon Run, 10 Miles open (also 5 mile), Hiway 1, 8 miles S. of Oxnard, 9 am. Larry Pontinen, 805-644-5111. (\*SPA)
- Jun 25 - Holy City Summit Run, 9 Miles, Holy City (just S. of Hiway 17 between San Jose & Santa Cruz), 10:30 am. West Valley Joggers, Ken Napier, 1612 Bearden, Campbell, CA 95008 (Ph. 379-1420).
- Jun 25 - Senior Sports International Marathon, Culver City (Seniors only). Sr. Sports Internat'l, Mutual of Omaha Bldg., Suite 302, 5225 Wilshire Blvd., Los Angeles, CA 90036. (\*SPA)
- Jun 25 - 4 and 7.5 Milers, Corvallis, Ore. (Crescent Valley H.S.), 1 pm.
- Jul 1 - PA-AAU One-Hour-Run Championships, Mt. Tamalpais HS, Mill Valley, 5 pm. Peter Mattei, 1000 North Point, S.F. 94109.
- Jul 2 - Third Annual Hangtown Road Race, 5.25 Miles, Placerville, 9:30 am. Recr. & Parks Dept., P.O. Box 872, City Hall, Placerville.
- Jul 2 - DSE Coit Tower Run (meet at Dolphin Club), 3 mi., 10 am.
- Jul 2 - U.S. Masters Marathon (Seniors only), San Diego. Ken Bernard, Box 10512, San Diego, CA 92110. (\*PSWA)
- Jul 8 - 5 Miler, Las Vegas, Nev. (Sunset Park), 8 am. John Romero, Sahara Hotel, Las Vegas, Nev. 89114. (\*SNA)
- Jul 8 - Second Annual Redwood Marathon, Arcata, 9 am. Co-Sponsored by Arcata Lions, USTFF & Humboldt St. Contact Jim Hunt, Track Coach, Humboldt St. College, Arcata, CA 95521.
- Jul 9 - 9 Mile Road Race, Felton, 9 am. Felton Businessman's Ass'n., P.O. Box 458, Felton, CA 95018.
- Jul 9 - DSE Double Lake Merced Run (New Course), 9.5 Miles, 10 am. (Meet at boathouse)
- Jul 9 - U.S. OLYMPIC TRIALS MARATHON, Eugene, Oregon, 5:50 pm. (Sub-2:30 marathon on certified course is requirement for entry...must have been run since Aug. 1, 1971). Tom Ragsdale, 165 Hackamore Way, Eugene, Oregon 97401. (Top 3 to Olympic Games)
- Jul 15 - 8.2 Miler, Lafayette, CA, 9 am. Clark Smithson, 975 Oakland St., Lafayette, CA 94549.
- Jul 16 - DSE Fort Point Race (Meet at Presidio Gate...new course), 4 Miles, 10 am. (\*DSE)
- Jul 17 - Northwest Seniors Marathon, Gresham, Ore. Jim Puckett, Track Coach, Mt. Hood Comm. College, Gresham, Ore. 97030.
- Jul 22 - 9 Mile Road Race, Tiburon, 9 am. Marin AC, Darren Walton, P.O. Box 742, Novato, CA 94947.
- Jul 22 - 5 Miler, Las Vegas, Nev. (Sunset Park), 8 am. John Romero, Sahara Hotel, Las Vegas, Nev. 89114. (\*SNA)
- Jul 24 - Pioneer Marathon, Salt Lake City, Utah, 6 am. Deseret News, P.O. Box 1257, Salt Lake City, Utah 84110.
- Jul 24 - Berrian Festival Marathon, Newberg, Ore. Berton Lamb, Track Coach, George Fox College, Newberg, Ore. 97132.

## LONG DISTANCE

- Jul 30 - 15 Mile Handicap Race, Fort Baker (Marin County), 10 am. NCSTC, Emmett Smith, 2766 Summit Dr., Hillsborough, CA 94010.  
Aug 4 - Seafair Marathon, Seattle, Wash. Bill Roe, c/o WITFF, Tubby Graves Bldg., Univ. of Washington, Seattle, Wash. 98195.  
Aug 5 - 5 Miler, Las Vegas, Nev. (Sunset Park), 8 am. John Romero, Sahara Hotel, Las Vegas, Nev. 89114. (\*SNA)  
Aug 5 - Ocean-to-Bay Marathon, 8 am (register @ Belameda Pk., Belmont, by 7 am). Belmont Recreation Assoc., c/o Rich Perry, Belmont City Hall, Belmont, CA 94002.  
Aug 5 - Natl. AAU 15-Kilometer Championships, Littleton, Colo.  
Aug 6 - 7 Mile Race, Martinez, 9 am. Funky Street Boys Club, Steve Archie, 607 Sunshine Dr., Concord, CA 94520.  
Aug 12 - PA-AAU 72 Mile, 7 Man Relay, Lake Tahoe, 9 am. Clubs, Schools, or Service Teams only. Peter Mattei, 1000 North Point, S.F.  
Aug 13 - Pikes Peak Marathon, Colorado Sprgs., Colo. Rudy Fahl, 2400 West Colorado, Colorado Springs, Colo. 80904.

### Addition:

- Jul 22 - National AAU One-Hour Run Postal, Santa Barbara. John Brennand, 4476 Meadowlark Ln., Santa Barbara, CA 93110. (\*SPA)

## TRACK AND FIELD

Summer All-Comers Meets: If you know of any All-Comers meets in your area, please inform us immediately so that we can print the necessary information in our next issue...it'll be too late for it after that. As of this printing, we have information on four meets in the Bay Area. What about Sacramento?? -- College of San Mateo: June 17, 24; July 1, 8, 15, 22, 29; August 5, 12. Field events start at 11:30 am with first running events at noon. Following events in both high school and open divisions: 100, 220, 440, 880, Mile, 120HH, LJ, TJ, HJ, PV, SP, DT. There will be a 2 mile in the high school division, and a 3 mile and javelin in open competition. Quarter-inch spikes or flats. Lockers & showers available; bring own towel and lock. No relays unless there are three or more teams from one club or school. No events other than those mentioned. For more information: Harry Young, 2120 Adeline Dr., Burlingame, CA 94010 (Ph. 343-3778, after 7 pm). San Jose City College: Mondays - Age group (boys & girls, 16 and under); Tuesdays - 17 & over; 6-9 pm both nights. Starts June 5 & 6, ends August 1. Quarter-inch spikes required. Same events as at CSM except for 60HH (instead of 120HH), and two mile for all competitors...no javelin. For more info: Bert Bonanno, Track Coach, San Jose CC, Ph. 298-2181 (ext. 227). Leigh High School: (San Jose) - Wednesday evenings (6 pm??) through what date???? Soquel High School: (Soquel) - Tuesday evenings (6 pm) through what date???? Contact Dewey Thompson, Track Coach, Soquel High School, Soquel, CA.

- Jun 15 - National AAU Track & Field Championships (Men), 3 day meet, Seattle, Wash. (Univ. of Wash.)  
Jun 16 - Downey Games, Modesto (Senior events possible?), 2 day meet.  
Jun 17 - Golden West Invitational (High School Seniors only), Sacramento, 12:30 pm; Senior Sports International, LA Coliseum; California State Championships (Women/Girls/12-13) @ Cal-State, Hayward, 2 day meet.  
Jun 23 - National AAU Junior Championships, Lakewood, Colo., 2 day meet (16-19 year olds).  
Jun 24 - Rose Festival, Portland, Ore.; Natl. Women's Pentathlon Championships, Los Alamos, NM (2 days); PA-AAU Junior Olympic Championships, Reno, Nev. (2 days), Dick Ellis, 5545 Jasper Ct., Concord, CA 94521; Decathlon, Senior Sports International, Santa Barbara (2 days); All-Comers Meet, Balboa Stadium, San Diego.  
Jun 27 - Natl. AAU Girl's Championships @ Kent State Univ., Canton, Ohio, Miss Marilyn West, 18700 Shawnee Ave., Cleveland, Ohio 44119.  
Jun 29 - U.S. Olympic Trials (men), (thru July 9), Eugene, Ore. Contact Bob Newland, Eugene Chamber of Commerce, Eugene, Ore. 97401.  
Jun 30 - Natl. AAU Women's Championships @ Kent St. Univ., Canton, Ohio, Miss Marilyn West, 18700 Shawnee Ave., Cleveland, Ohio 44119.  
Jul 1 - US Masters Championships @ San Diego, (4 days), contact Ken Bernard, Box 10512, San Diego, CA 92110 (entries close June 24).  
Jul 7 - U.S. Olympic Trials (women), Frederick, Md., Jack Griffin, 533 Grant Pl., Frederick, Md. (2 days).  
Jul 28 - US-USSR Junior (under 20 years old) Dual Meet, Sacramento, CA (2 days).  
Aug 15 - Junior Olympic Championships (Nationals), Spokane Falls College, Spokane, Wash. (4 days).

### Note:

Information on women's (& girls') track meets and qualifying standards may be obtained from Mr. Roxy Anderson, 76 Carver St., San Francisco, CA 94110 (Ph. 826-5903). \*\*\* Information on most senior's meets can be obtained from Emmett Smith (see top line of page).

## RACE WALKING

- Jun 10 - Kennedy Games 5 Km. Walk (by invitation only), UC Berkeley, 1 pm.  
Jun 17 - National AAU 5-Kilometer Championships, Seattle, Wash.  
Jun 24 - Junior Olympics (PA-AAU), Reno, Nev.  
Jul 1 - Final Olympic Trials 20-Kilometer Walk, 5:15 pm, Eugene, Ore. (1:45 qualifying time necessary).  
Jul 4 - Final Olympic Trials 50-Kilometer Walk, Eugene, Ore. (5:00 qualifying time necessary).  
\*\*\*\*The details on the above schedule can be obtained by writing either Bill Ranney, One Barker Ct., Fairfax, CA 94930 (Ph. 456-2641), or Steve Lund, 10 Francis Ave., #1, Larkspur, CA 94939. How about some scheduling for the rest of the year you guys???

Steve Lund Qualifies for Olympic Trials 20-Kilo Walk: (May 7, Seattle, Wash.) - At long last, Steve Lund qualified to walk in the US Olympic Trials by doing a 1:43:58 for the 20-Kilo distance. He took first in the process and certainly deserves the congratulations of all his fellow race walkers, who know Steve as a real hard worker, though not naturally gifted like many. Bob Frank, a freshman at Oregon College, in his second effort ever at 20-Kilos, improved 5 minutes to a fine 1:46:34 for second place honors. In the longer 50-Kilo race, held the same day, Steve Geiver (Wash) qualified with a 4:38:43 and so did Steve Tyrer (Ore) with his 4:47:18. Sixteen-year-old Bob Rosencrantz (Wash), in his first ever 50-Kilo, did a commendable 6:04:11.

S.F. State 20 & 50-Kilo Qualifiers: (May 14, San Francisco) - Low temperatures and good competition combined to make this one of the most significant races in this area for some time. There were at least three personal records at 20-Kilos, a new high school national record at the same distance, and six Olympic qualifying times in both races combined. In the 20K race, Tom Dooley and Bob Kitchen set a hot pace from the start and battled through the 5K in 22:39. Bill Ranney, out of the race from the beginning, came by in 23:15. Jerry Lansing, starting off at what was eventually going to be an even-paced race, was clocked at 24:43. The big story was up front, however. Bob, who was recently criticized in a publication for being inconsistent and uncompetitive, was having his best competitive race at one of his weaker distances. After the 5K Bob dropped off the pace, allowing Tom to gradually build up a 17 second lead during the next 5K. But, no sooner had he dropped back, then he picked up the pace again and fought to reestablish contact with Dooley. From here on in (15K) Bob pushed the pace but couldn't break away. With a little more than a lap left, both walkers apparently agreed to tie. The final time of 91:52 was impressive considering Bob's previous times and efforts at this distance. Bill Ranney, who looked to be out of it from the start, walked a very consistent pace and finished with his all time best of 93:26. Jerry Lansing managed to completely obliterate his own high school mark of 1:42:06 with a very good 1:39:03 in fourth. This time should put Jerry among the top contenders for the Junior US-Soviet squad. Roger Duran was the only other finisher at 1:46:31 with Esteban Valle a DNF. In the 50-Kilo race, Goetz Klopfer started out at sub-8's, and held the pace through 20 miles...then faded badly to 11 minute pace toward the end, but still managed to finish under 4:30 in a very good 4:27:28, well under the 5 hour Olympic Trials qualifying time. Jim Bean also dipped under with his 4:50:50. Bob Jackson and Brian Snazelle did not finish. Snazelle had 3:06:34 for 19 miles.

Scully Takes Modesto Relays Two-Mile Walk: (May 28) - Esteban Valle of the West Valley TC took the lead from the gun and promptly set a quick pace. After leading a short ways, he quickly dropped back to fourth and did not challenge thereafter. Larry Walker took command with Dick Ortiz and Todd Scully following closely. In the latter stages of the race, Ortiz faded and left Scully alone to battle for the lead. Despite a fast finish, he couldn't close the gap and finished in second...but Walker was DQ'd. The top four finishers: Scully (14:16.4), Ortiz (14:24.6), Bill Ranney (14:31.4), Valle (14:38.8).

Bentley Brothers Take 1-2 At National Jr. 15-Kilo: (May 14, Portland, Ore.) - This race was expected to be won in a time of 1:20 or so by either Rob Frank of Oregon College or James Bentley of the Stockton Race Walkers. What they didn't foresee was a 90+ degree burner that had competitors dropping out before the gun. Three more retired during the race, including Frank. This left James Bentley alone to battle the last 5K. He held out in the heat to win the Jr. National title with a 1:24:04 clocking, well off his PR. This makes Jim the youngest race walker to ever win a Jr. Natl. title. Not to be outdone, Jim's brother, 14-year-old Brad (Jim is 16) walked a strong race and held off the challenge of Dennis McPherson of Central Washington State to take second place honors. His time of 1:25:34 is faster than his older brother's at a comparable age, thus making him a real threat for the future. The third member of the Stockton clan to finish was Lyndon Blodgett. Lyndon walked a fine race and took ninth place from a field which numbered 21 at the start. Unofficially, this finish would have given the Stockton team the title, but for some reason the Central Washington club took it. If anyone knows why, please inform us. Lyndon's time was 1:35:11.

## TRACK & FIELD RESULTS

### AAU, COLLEGIATE

Golden Gate Conference Championships: (May 5, Concord) - Team Scores: Diablo Valley 123, Chabot 82, Merritt 75, CCSF 73, San Jose 67, Foothill 32, Laney 23, CSM 21. - 100: Butler (DVC) 9.7w, Ruffin (CCSF) 9.7, Wilder (CCSF) 9.7; 220: Butler 21.8, Jefferson 21.9, Ruffin 22.0; 440: Jefferson (M) 48.0, Malone (L) 48.4, Cooper (SJ) 48.6; 880: Bentz (DVC) 1:52.0, Morgan (CCSF) 1:52.3, Guichard (DVC) 1:54.0; Mile: Bentz 4:16.2, Genschmer (C) 4:20.3, Milan (C) 4:22.7; 3 Mi: Smith (F) 14:29.2, Cortez (CSM) 14:37.0, Genschmer 14:43.8; 120HH: Hall (SJ) 14.1w, Turner (M) 14.5, Pope (M) 14.8; 440IH: Skinner (DVC) 54.2, Hall 54.7, Phelps (CSM) 54.9; 440R: CCSF 41.6, DVC 42.0, SJCC 42.2; MileR: CCSF 3:16.5, SJCC 3:19.0, Merritt 3:19.0; HJ: Redmond (DVC) 6-8 1/4, Miller (DVC) 6-6, Sanderson (DVC) 6-6; LJ: Davis (CCSF) 23-7 1/2w, Johnson (M) 23-3 1/2, Butler (DVC) 23-0w; TJ: Johnson (M) 49-0w, Byrd (C) 48-6 1/4, Krebs (F) 46-9w; PV: Verstrepen (SJCC) 14-6, Lee (SJCC) 13-6, McGhee (M) 13-6; SP: Bragg (L) 52-6 1/2, Montgomery (M) 51-8, Spears (DVC) 51-3 1/2; DT: Cowl (C) 169-8, Mago (C) 168-1, Falo (CCSF) 161-0.

Camino Norte Conference Championships: (May 5, College of Marin) - Team Scores: West Valley 126, Solano 93, Contra Costa 82, Santa Rosa 52, Skyline 51, DeAnza 49, COM 39. - 440R: Solano 42.3; Mile: Schaecher (WV) 4:16.6; 120HH: Gibson (WV) 14.5; 440: Bragg (So) 49.9; 100: Holmes (So) 10.0; 880: Carlson (WV) 1:55.0; 440IH: Faeth (CC) 55.1; 220: Snyder (Sky) 22.5; 3 Mi: Arago (COM) 14:41.4; MileR: Solano 3:20.0; HJ: Cook (DA) 6-4, PV: Trueman (Sky) 14-6, Lynn (Sky) 14-3; LJ: Johnson (CC) 22-6 3/4; TJ: Murphy (WV) 47-3; SP: McIntyre (CC) 45-2; DT: Covey (DA) 154-7.

San Jose State Invitational: (May 6, San Jose CC) - Outstanding Athletes: (Women) Cathy Hammond (SacRR); (Men, field) John Powell (PCC); (Men, track) Peter Duffy (Univ. Nev./WVTC). - Women's 100: Una Morris (Un) 10.9, Ann Christoff (MLTC) 11.1, Creola Miller (RJ) 11.3, Sharron White (BTC) 11.3, Denise Julian (RJ) 11.4; Sr. 100: Al Julliard (NCS) 11.1, Ed Manougian (NCS) 11.2, Karl Thursby (NCS) 12.2; Women's 880: Cis Schaffer (Un) 2:12.3, Cindy Poor (SJCG) 2:14.4, Val Cooper (SJCG) 2:16.1, Janet Richmond (WS) 2:18.3; Sr. Mi: Dave Stevenson (SRC) 4:47.0, Carl Martin (WVJS) 5:07.2; SP: Al Feuerbach (PCC) 69-8 1/4, Lahcen Samsam (BAS) 67-1 1/4, B. Wilhelm (Army) 63-5 1/4, Marks (PCC) 61-5, Greg Born (SJS) 60-9, Joe Keshmiri (Iran) 57-3 3/4; Jav: John Kaveny (CTC) 248-4, Mike Metz (BAS) 239-1, Jorge Pena (BAS) 212-2, Steve Endemano (WVTC) 180-5, Alex Moshes (Un) 179-8; Women's 440: Hammond (SRR) 54.7, Poor 57.3, Cathy Hardeman (MLTC) 59.0, Carolyn Hamel (RJ) 59.4, Cooper 59.7; HS-440R: Andrew Hill 44.6, Milpitas 44.7; HS-MileR: James Lick 3:31.4; 120HH: Dick Taylor (Army) 14.0w, George Carty (PCC) 14.0w, Walt Butler (PCC) 14.1w, Milt Whitley (SJS) 14.2; Mile: Duncan Macdonald (WVTC) 4:06.2, Mark Winzenried (CW) 4:06.3, George Scott (PCC) 4:08.6, Jerome Liebenberg (CW) 4:10.7; 440R: USAF 41.0, SJS 41.4; LJ: Marion Anderson (BAS) 24-1 1/2, Earl Harris (Army) 23-7 3/4, Gary Moody (SJS) 23-3, Fred Ross (SJCC) 22-3 1/4, Rollie McCormick (CPSLO) 21-10, John Estrada (WVTC) 20-5 3/4; DT: Powell (PCC) 210-8 1/2, John Van Reenan (CTC) 204-5 1/2, Tim Vollmer (Army) 195-4, Larry Kennedy (BAS) 192-2, John Bakkensen (Un) 182-6, Mike Louisiana (BAS) 177-8; 440: Lee Evans (BAS) 46.8, Kermit Bayless (CSH) 47.2, Dan Estin (UOP) 48.9, Dennis Maas (SJS) 48.9, Vince Ansley (BAS) 50.0; 880: Mathyas Michael (UOP) 1:51.1, John Lilly (CW) 1:51.1; Jerry Van Dyk (CW) 1:52.0, Dave Matina (USAF) 1:53.3, Sven Nielson (CPSLO) 1:53.5; HJ: Clarence Johnson (BAS) 6-10, Tom Murphy (CPSLO) 6-8, Otis Burrell (BAS) 6-8, British Tharpe (Moffett) 6-6; 100: (heat 1) Peter Gabbett (CW) 9.8, Earl Harris (Army) 9.8, John Young (USAF) 9.9; (heat 2) Herbert Kline (USAF) 9.8, Walt Walker (USAF) 9.8, Walt Butler (PCC) 9.8; 220: Lee Evans (BAS) 21.1, Earl Harris (Army) 21.1, Danny Moore (ELATC) 21.2, Curtis Nance (USAF) 21.2, Dan Estin (UOP) 21.4; Women's 220: Hammond (SRR) 23.6, Morris (Un) 24.0, Christoff (MLTC) 24.6, Miller (RJ) 25.0, Leslie Ellis (Integra) 26.2; 440IH: Dave Scharer (WVTC) 52.8, Bill Gairdner (BAS) 53.1, Frank Mercer (SJS) 54.1, Steve Endemano (WVTC) 56.1, Mike Edsall (CPSLO) 56.3; TJ: August O'Neal (BAS) 47-1, Bob Kirk (CW) 46-11 3/4, Gary Moody (SJS) 46-11; 5000m: Tom Laris (NYAC) 13:58.8 (13:29.9), Victor Mora (Col) 14:06.4, Kerry Pearce (PCC) 14:08.4, Cliff Clark (USAF) 14:21.4, Jim Dare (WVTC) 14:40.2; MileR: US Army 3:16.3, Cal Poly 3:21.1; 10,000m: Peter Duffy (UNR/WVTC) 29:04.2 (28:08), Don Kardong (WVTC) 29:08.8, Jon Anderson (OTC) 29:14.0, Bill Clark (WVTC) 29:15.4, Greg Brock (CW) 29:43.2, Mike Hazilla (CW) no time; PV: Bob Slover (BAS) 16-6, Russ Royal (SJS) 16-0, Bob Richards (PCC) 16-0, Frank Rock (SJS) 15-6, Greg Miguel (BAS) 15-6.

45th Annual West Coast Relays: (May 12-13, Fresno) - OPEN: 100: (Heats) I - 3. Curl (Stan) 10.3, II - 1. Hart (BAS) 10.0, III - 2. Whitley (SJS) 10.3, 3. Bright (BAS) 10.5, (Finals) 3. Hart 10.1; 120HH: (Heats) I - 2. Whitley (SJS) 14.1, III - 3. Ellis (SSC) 14.3, (Finals) 3. Whitley 13.7, 5. Ellis 14.3; 440IH: (Heats) II - 1. Penner (FPC) 51.2, 3. Scharer (WVTC) 52.6, III - 1. Walls (BAS) 51.8, 3. Gairdner (BAS) 52.9, 5. Parks (SSC) 53.2, IV - 1. Haight (Stan) 53.7, V - 1. Lee (BAS) 52.2, 2. Mercer (SJS/WVTC) 53.2, 4. Carr (SSC) 53.8, 5. Owen (HSC) 55.7, VI - 1. Askey (UC) 54.2, (Combined) 3. Penner 51.2, 5(tie). Walls (BAS) 51.8; 5000m: 1. Backus (SCS) 14:25.1, 2. Brock (CW) 14:32.0; 2 MiR: 3. San Jose St. 7:44.1, 4. HSTC 7:47.0, 5. New Ways AC 7:49.4; 3000mSC: 1. Price (AIA) 8:44.5, 2. Clark (USAF) 8:53.3, 3. Haver (AIA) 8:57.9, 4. Rix (CW) 8:58.2, 5. Dare (WVTC) 9:02.5; 440R: 5. San Jose St. 40.4; Dist. Med. R: 1. Univ. of Nevada 9:43.5, 2. West Valley TC 9:53.3, 3. Stanford 9:54.9, 4. Pacific Coast Club 9:56.2; MileR: 4. Bay Area Str. 3:05.9; DT: 1. Van Reenan (CTC) 206-11; Jav: 5. Burns (BAS) 243-9; PV: 1. Dias (PCC) 17-0, 2. Caruthers (CITC) 17-0, 3. Slover (BAS) 17-0; LJ: 5. Royster (BAS) 25-2 3/4; SP: 1. Feuerbach (PCC) 69-0, 2. Wilhelm (Armed Forces) 62-7 1/2, 3. Born (SJS) 58-10, 5. Penrose (UC) 55-5; HJ: Burrell (BAS) 7-0; TJ: 1. Gill (CITC) 53-10 3/4, 2. Reader (BAS) 53-5; HT: 1. Frenn (PCC) 219-2, 5. Pryde (BAS) 189-5; 880R: 1. USC 1:20.7 (World Rd); INVIT: 100, 55+: 1. Jordan (Stan) 11.1, 2. Guidet (NCSTC) 11.3; 2 Mi: 1. Young (Un) 8:40.7, 2. Harrison (CW) 8:43.3, 3. Laris (NYAC) 8:44.4, 4. Mason (CW) 8:47.2; 440: 1. Evans (BAS) 45.2; 1500m: 1. Van Zijl (SA) 3:39.7...Macdonald (WVTC) 3:44.8 (unplaced); 100, 40+: 2. Lingle (BAS) 10.4, 3. Julliard (Un) 10.8; Pentathlon: 1. Warkentin (SCS) 2813, 2. King (CW) 2717; COLLEGE: 100: 2. Ligons (SSC) 10.3, 3. Pettus (SFS) 10.4; 120HH: 2. Bettiga (HSC) 14.1, 3. Ellis (SSC) 14.2; 3 Mi: 2. Hitchcock (SSC) 14:27.7, 4. Wight (UOP) 14:41.7, 5. Caldwell (UOP) 14:45.1; 2 MiR: Cal-St Hywd 7:34.3, 2. UC Davis 7:34.7, 3. Humboldt St. 7:39.5, 5. Fresno St. 7:44.1; 440R: 3. Cal Poly SLO 41.5, 4. (tie) SF State & Cal-St LA 42.2; Dist. Med. R: 3. Nevada 9:46.9, 5. UCSB 9:55.0; MileR: 1. Cal-St Hywd 3:08.8, 5. Sac-St 3:13.9; LJ: 2. Hayes (Nev) 23-6 1/2; TJ: 1. Terry (UCD) 49-8, 2. Foreman (CSH) 48-7 3/4, 3. Fernandez (SFS) 48-3 3/4, 4. Moore (SSC) 48-2; PV: 2. Royal (SJS) 16-6, 4. Martin (SJS) 16-0, 5. Rock (SJS) 16-0; DT: 1. Sherman (SJS) 170-0, 2. Born (SJS) 169-9, 3. Wilson (SJS) 167-0, 4. James (Biola) 163-11, 5. McCollum (CSH) 162-2; HJ: 2. Coleman (SSC) 6-8, 4. Hines (Nev) 6-6, 5. (tie) Mayo (CP-Pm) & Robinson (CSH) 6-6; SP: 1. Anderson (FP) 55-3 1/4, 4. Girous (FSC) 52-3; JR. COLLEGE: 100: 1. Chewing (SJD) 10.4, 4. Butler (DVC) 10.5; 120HH: 5. Hall (SJCC) 14.6; 440R: 5. CCSF 41.7; 2 Mi: 4. Schaeckerle (AR) 9:10.4, 5. Lundblad (MP) 9:13.0; Dist-Med: 3. West Valley 10:00.2, 5. Fresno CC 10:09.2; 440IH: 4. McGee (AR) 53.7; 2 MiR: 3. Diablo Vly 7:40.1, 4. West Vly 7:44.2, 5. Fresno CC 7:46.4; MileR: 6. Chabot 3:17.3; PV: 1. Kearns (Mod) 15-3, 4. Verstrepen (SJCC) 14-9; DT: 2. Kirschenman (AR) 162-1, 5. Covey (DA) 152-7; LJ: 5. Perry (FCC) 23-2; Jav: 1. Powell (FCC) 219-9; TJ: 1. Lopez (FCC) 50-8, 2. Terry (SJD) 50-3, 5. Byrd (Chabot) 47-7 1/4; HJ: Elders (FCC) 6-11, 2. (tie) Mackey (Bak) & Redmond (DVC) & Miller (DVC) 6-9; SP: 1. Kirschenman (AR) 56-4 1/2, 4. Bragg (Laney) 51-6.

PA-AAU Women's Pentathlon: (May 13, Millbrae) - (Events: 100mHH, 4K-SP, HJ, LJ, 200m) - Old/New Scorings listed. 1. Cherrie Sherrard (SacRR) (14.6, 10.48m, 1.44m, 4.66m, 25.8--4008/3446); 2. Deanne Carlsen (SacRR) (14.5, 8.19, 1.44, 4.75, 25.6--3806/3335); 3. Glenna Pickel (MLTC) (16.9, 8.82, 1.37, 5.10, 27.5--3520/2994); 4. Kathy Conley (SalVTC) (17.2, 8.28, 1.48, 4.56, 28.4--3377/2860).



Cal-Relays Qualifying (Women): (May 13, Millbrae) - Jav: Allenby (MLTC) 128-5, Phillips (LTC) 124-11, Sulinski (MLTC) 98-1 1/4; HJ: McQuillan (Un) 5-2, Stewart (Orin) 5-1, Kingery (RCS) 4-6; 1500m: Anex (WS) 4:31.7, Slosson (WS) 4:34.0, Langan (WS) 4:34.6, Dixon (SJCG) 4:35.3, Vickie Eberly (SJCG) 4:43.6, Valerie Eberly (SJCG) 4:46.9; 100: Morris (LATC) 11.1, Christoff (MLTC) 11.2, Julian (RJ) 11.3, Miller (RJ) 11.3; 440R: Ravenswood 48.4, Millbrae "A" 49.2, San Jose CG 50.3, Will's Spik. 50.6, Integra 51.0, Millbrae "B" 51.9; 440: Poor (SJCG) 56.2, Morris (LATC) 56.8, Christoff (MLTC) 56.8, Mullen (SRR) 58.0, Hamel (RJ) 58.2, Yost (CD) 59.3; LJ: Albers (SL) 17-2 1/4, Winlock (CD) 17-0 3/4, Hernandez (WS) 16-1 1/4; DT: Lane (Roseville) 117-0.

Far Western Conference Meet: (May 18-20, UC Davis) - The FWC Championships, to everyone's surprise, turned out to be a battle between Sacramento State and Cal-State Hayward. Sac'to won all its dual meets, but had three top sprinters, including the leading national collegiate 220 runner, Adrian Rogers, disqualified the week before the Conference Meet. Fine performances in almost every event brought home the team trophy for the Hornets (149-142). Hayward's attempt for the team title was hurt by Willie Eashman's collapse in the 880. He had earlier powered past 4:01 miler Kim Ellard in a slow tactical race, finishing with 4:07. But in the 880, extreme bronchial congestion kept the Hayward runner from getting almost certain valuable points. The meet itself went well, considering the rain, which caused a move to Sacramento State from Davis for the running events and high jump. The cold and rain hit the sprints the hardest with the 100 going in 9.8 (Pettus, SFS), the 220 in 21.4 (Ligons, Sac'to), and the 440 in 48.2 (Bayless, Cal-St). Mike Bettiga still managed to tie the 14.2 conference record in the 120HH, three-tenths over his best, but San Francisco's Bob Hector fell and finished sixth. In the weights, Art McCollum of Hayward pulled an impressive triple, winning the disc and shot, and breaking the hammer record to win. The pole vault also went in a new record, 15-6 3/4, cleared by Rutherford of Hayward and Shattuck of Davis. The latter also set a new mark for the decathlon. The distances did well in the rain, with Joe Giovannetti of Humboldt pushing Davis' 'Peanut' Harms to a conference mark of 1:51.6. Sacramento's team captain Noel Hitchcock soloed 29:16 for a record and victory in the six mile on Friday, then returned the following day to take second in a tough four-man race in the three with a life best of 14:08.8. Team Scores: Sac'to 149, Cal-St 142, Humboldt 115, Chico 107, UC Davis 67, SFS 66, Sonoma 5. Decathlon: Shattuck (UCD) 6784, Owen (Hum) 6307, Lopez (Sac) 6181, Nichols (Ch) 6044, Peters (Ch) 5830, Detlefson (CSH) 5697; HT: McCollum (CSH) 171-2, Franson (Ch) 150-6; 120HH: Bettiga (Hum) 14.2, Ellis (Sac) 14.3, Carr (Sac) 14.8; 440: Bayless (CSH) 48.2, Dunn (SFS) 48.4, Murphy (CSH) 49.5, Ken Bayless (CSH) 49.5; 100: Pettus (SFS) 9.8, Ligons (Sac) 9.9, Holmes (Ch) 10.0; TJ: Moore (Sac) 48-8, Foreman (CSH) 47-5 1/4, Terry (UCD) 46-6, Fernandez (CCSF) 46-4 1/2, Levingston (CSH) 46-4 1/4, Lopez (Sac) 46-0 1/2; 880: Harms (UCD) 1:51.6, Giovannetti (Hum) 1:51.8, Wood (Ch) 1:53.6, Dunlap (Hum) 1:54.0, Henderson (Sac) 1:54.1 (51.0 1st lap!!), Mercurio (UCD) 1:54.9; DT: McCollum 174-8 1/2, Landes (CSH) 157-8 1/2, Holbrook (Ch) 151-3 1/2; 220: Ligons (Sac) 21.4, Pettus (SF) 21.5, Kermit Bayless (CSH) 22.0; 440IH: Parks (Sac) 53.1, Carr (Sac) 53.4, Owen (Hum) 54.0, Bettiga (Hum) 54.6; 6 Mi: Hitchcock (Sac) 29:16.0, Streichman (Hum) 30:02.3, Hernandez (CSH) 30:08.5, Axelson (UCD) 30:31.6, Wells (UCD) 30:39.5, Vogt (Ch) 30:52.5; LJ: Levingston (CSH) 23-7 3/4, Redding (SF) 22-7, Harper (Sac) 22-4 1/2, Hearne (Ch) 22-4; PV: Rutherford (CSH) 15-6 3/4, Shattuck (UCD) 15-6 3/4, Jones (Ch) 15-0; Jav: Hurley (SF) 204-7, Harriman (Sac) 202-4 1/2, Hobbs (Hum) 199-7 3/4; SP: McCollum (CSH) 52-9, Brooks (CSH) 52-7 1/4, Zachery (Sac) 52-2, Watt (Ch) 51-2; 3000mSC: Mullens (Hum) 9:10.9, Furey (Sac) 9:11.2, Elijah (Hum) 9:12.3, McGuire (Hum) 9:24.1; 440R: Sac'to 41.8, SF State 42.1, Chico 42.4, Cal-St 42.7; HJ: Coleman (Sac) 6-6, Morrison (Hum) 6-4, McKimmon (Hum) 6-4, Walker (Hum) 6-4; Mile: Eashman (CSH) 4:07.0, Ellison (Ch) 4:14.9, Jenkins (Hum) 4:18.2, McVay (Ch) 4:18.9; 3 Mi: Stordahl (Ch) 14:06.4, Hitchcock (Sac) 14:08.8, Sheehan (UCD) 14:10, Maydahl (UCD) 14:11.8, Mullens (Hum) 14:27.1, Elijah (Hum) 14:30.0; MileR: Cal-St 3:17.5, Sac-St 3:18.3, SFS 3:19.0, UC Davis 3:22.7.

Pacific Coast AA Championships: (May 19-20, San Jose St.) - Team Scoring: Cal-St. LB 151, San Jose St. 86, San Diego St. 72, UCSB 57, Cal-St. LA 50, Fresno St. 29, UOP 8. HT: Tice (FSC) 193-3, Lockwood (CSLB) 178-3, 6. Zumwalt (FSC) 118-7; 3000mSC: Ritchie (CSLB) 9:13.2; DT: Born (SJS) 171-3, Sherman (SJS) 168-7, Jenkins (SJS) 165-6; TJ: 3. Moody (SJS) 49-0 1/4, 6. Ragster (SJS) 46-10 3/4; 6 Mi: Pryor (CSLB) 30:01.6, Stephens (CSLB) 30:01.6, 4. Wright (UOP) 30:21.8; 440R: CSLB 40.8; Mile: 5. Greer (SJS) 4:14.2; Jav: Tobin (UCSB) 242-3; 120HH: 2. Whitley (SJS) 14.3, 6. Marlow (FSC) 14.8; 440: 3. Maas (SJS) 48.4, 4. Estin (UOP) 48.6; 100: Whitley (SJS) 9.6; 880: 3. Marshall (SJS) 1:52.4, 5. Burk (FSC) 1:53.4, 6. Chisam (SJS) 1:53.8; SP: Born (SJS) 59-8, 2. Giroux (FSC) 55-1/2, 5. Jenkins (SJS) 51-1 3/4, 6. Torosian (FSC) 50-8 3/4; 440IH: Ruby (CSLB) 51.7; 220: 4. Whitley (SJS) 21.9, 6. Estin (UOP) 22.1; LJ: 5. Moody (SJS) 22-10 1/4; HJ: Crawford (SJS) 6-8 1/4, 4. Fisher (SJS) 6-2 1/4, 6. Bennett (FSC) 6-2 1/4; 3 Mi: Evans (SJS) 13:55.8, 6. Caldwell (UOP) 14:07.8; MileR: 3. San Jose St. 3:14.1, 6. Fresno St. 3:24.1; PV: Smith (CSLB) 17-0, Sampson (SJS) 15-3; Decath: 1. George (FSC) 7193, 4. Petrushkin (FSC) 6292, 5. Rock (SJS) 6186.

Pacific-Eight Championships: (May 19-20, Stanford) - Team Scoring: USC 140, UCLA 124, Oregon 86, Wash. 64, Cal 63, Oregon St. 43, Stanford 23, Wash. St. 14. SP: Lane (USC) 66-11 1/4, Shmook (O) 65-10 1/4...5. Penrose (C) 57-11 3/4; Jav: Kennedy (C) 249-5; LJ: R. Williams (USC) 25-8, Bendixen (UCLA) 25-5, Conway (C) 25-2 1/4w; 3000mSC: Koss (W) 8:42.0, Johnson (W) 8:42.2; PV: Bryde (W) 16-9 1/2,...6. Weidig (C) 15-9; 440: Garrison (USC) 45.4, Smith (UCLA) 45.7, Brown (UCLA) 45.9; 440R: USC 40.2...3. Cal 40.7, 4. Stanford 41.3; Mile: Hailu (OSU) 4:03.2, West (C) 4:04.8, Mittelstaedt (S) 4:05.3; 120HH: Rich (UCLA) 13.7,...6. Bagshaw (S) 14.2; 100: Edmonson (UCLA) 9.4,...6. Curl (S) 9.7; DT: Penrose (C) 185-6, Wilkins (O) 185-4; 880: Brown (C) 1:47.7, Bence (O) 1:48.6; 440IH: Corval (UCLA) 52.2, Long (S) 52.3; TJ: Butts (UCLA) 54-4 3/4,...3. Conway (C) 51-5 3/4,...6. Utley (S) 49-1; 220: L. Brown (USC) 20.8, Edmonson (UCLA) 20.9,...4. B. Brown (UCLA) 21.4; HJ: Stones (UCLA) 7-1; 3 Mi: Prefontaine (O) 13:32.2, Johnson (W) 13:36.0; MileR: UCLA 3:06.7,...4. Cal 3:11.8, 5. Stanford 3:12.7.

Bakersfield Track Classic: (May 20, Bakersfield) - SP: Feuerbach (PCC) 67-4 1/2, B. Wilhelm (Army) 63-4, Marks (PCC) 62-8 1/4; Jav: Schmidt (Army) 265-8, Luke (Husky Spike Club) 265-3; Women's 100: Neal (LA Merc) 11.8, Ferrell (LA Merc) 11.8; 110mHH: Hill (Ark-St) 13.9,...4. Livers (BAS) 14.7; 400: Collett (SCS) 44.9; LJ: Whitley (CITC) 25-1; 100: Turner (CITC) 10.4, Hart (BAS) 10.6; HJ: Culp (CITC) 7-0 3/4; Mile: Von Ruden (PCC) 3:59.0, Crawford (Army) 3:59.7, Macdonald (WVTC) 4:01.1, Van Dyk (CW) 4:01.5; TJ: Reader (BAS) 51-4,...3. Fraser (BAS) 50-4 1/2; 3000mSC: Manley (OTC) 8:35.9, Price (AIA) 8:37.4; MileR: SCS 3:08.2; 5000m: Benson (Australia) 13:36.6, Young (Un) 13:37.6, Ryum (CW) 13:38.2, Smith (LAPD) 13:40.0, McLaren (Canada) 13:40.0, Bachelor (FTC) 13:40.4; 440R: NoCar Central 40.0; 440IH: Mann (SCS) 50.7; DT: Silvester (Interm.TC) 196-5; 800: Swenson (MATC) 1:48.9; Women's 800: Larriau (SJCG) 2:04.8; 200: C. Smith (SCS) 20.8,...3. Williams (BAS) 21.4; PV: Seagren (SCS) 17-0,...3. Caruthers (CITC) 16-2, 4. Dias (PCC) 16-2.

NorCal JC Championships: (May 20, Salinas) - Teams: San Joaquin Delta 66, Diablo Valley 55, American River 46, Fresno CC 35, CCSF 34, Merritt 30, Monterey 28, Sequoias 24, Foothill 23, San Jose CC 22. Jav: Powell (FCC) 209-3; 440R: Delta 41.7; Mile: Bentz (DVC) 4:16.5; 120HH: Jackson (Seq) 14.3; 440: Brock (Delta) 48.2; SP: Kirschenman (AR) 54-7; 100: Chewing (Delta) 9.7; LJ: Lear (Hart) 23-5 1/2; 440IH: McGee (AR) 53.0; 880: Morgan (CCSF) 1:51.9; 220: Chewing (Delta) 21.6; 3 Mi: Schaecterle (AR) 14:14.2; HJ: Miller (DVC) 6-8; MileR: Merritt 3:17.1; DT: Covey (DeAnza) 163-10; TJ: Montena (Delta) 49-9 1/4; PV: Kring (Hancock) 15-1.

PA-AAU Girls Age Group Championships: (May 21, Salinas) - 9-Under: (Teams: Salinas 55, Millbrae 49, United San Juan 40) - HJ: Gerard (SVTC) 3-9; LJ: Burgess (OTC) 12-11 1/4; 220: Hurley (MLTC) 31.0; 50: San Juan (SVTC) 7.2; 440: Miller (USJ) 72.0; 100: Hurley 13.3; 660: LeKander (SVTC) 1:58.7; 880R: MLTC 2:11.0; 440R: Orinda TC 62.1; 10-11: (Teams: Salinas 68, Pittsburg 55, San Jose CG 36) - SP: Springer (SVTC) 32-5 1/4; HJ: Beugen (RCS) 4-10; 440R: Pittsburg 55.1; LJ: Hodges (SJCG) 14-11 1/4; 50: Rianda (SVTC) 6.7; 440: Peterson (SC) 62.0; 100: Verduzco (PTC) 12.0; 660: Salisbury (MLTC) 1:48.1; 220: Peterson (SC) 27.9; 880: Siebel (USJ) 2:33.5; 880 Med: Pittsburg 2:02.9; 12-13: (Teams: San Jose Cindergals 69, Salinas 64, United San Juan 58) - LJ: Kinimaka (SJCG) 17-3 3/4; Jav: Huntly (MLTC) 103-0; SP: Keats (LTC) 39-8 1/4; 440R: Berk TC 51.5; DT: Monaco (RCS) 96-0; 50LH: Rogers (MLTC) 7.5; 440: Nelson (SVTC) 61.1; 100: Robinson (BTC) 11.5; Mile: Allen (LC) 5:13.7; 220: Robinson (BTC) 26.2; HJ: DeWitt (SVTC) 5-1; 880: Burns (SJCG) 2:22.6; 880 Med: Salinas 1:56.3. --- Overall Scores: Salinas 187, United San Juan 129, Millbrae Lions 109, San Jose Cindergals 105, Redwood City Str. 89, Orinda 72, Pittsburg 71, Berkeley 71, Integra 35, San Leandro 32, South Lake Tahoe 28, Santa Cruz 28, Half Steppers 25, St. George 24, Dusters 24, Hayward 18, Roseville 13, Lassen 12, San Jose Yearlings 12, Bridgeport 7, Diablo Valley 3. -- Reported by Dorothy Cobbs.

NCAA College Division Championships: (May 25-27, Ashland, Ohio) - Teams: 1. E. Mich. 93, 2. Norfolk St. 49, 3. NE Missouri 46, ... 5. Cal Poly-Pomona 29, ... 7. San Fernando Vly 22, ... 8. Cal-St. Haywd 21 (tie), ... 11. Humboldt St. 19. ... Also Cal-St. Fullerton 14, Cal Poly-SLO 14, UC Riverside 8. (Calif. results) - Jav: 1. Feeney (Full) 243-4; LJ: 1. Barfield (UCR) 24-4 1/4; SP: 1. Lauriano (CP-Pom) 55-6; 3000mSC: 2. Mullens (Hum) 9:05.8; 1500m: 6. Eashman (CSH) 3:53.9; 440R: 5. Cal Poly-Pomona 41.2; 400: 3. Bayless (CSH) 46.4; HJ: 5. Murphy (Cal Poly-SLO) 6-7 3/4; 110mHH: 1. Bettiga (Hum) 13.8, 3. Jones (San Fern) 14.2; 100: 2. Gilliard (Cal Poly-Pom) 10.1; 800: 5. Green (Cal Poly-Pom) 1:50.1, 6. Couch (Cal Poly-Pom) 1:50.7; 400IH: 3. Bracy (San Fern) 51.6; 200: 3. Gilliard (Cal Poly-Pom) 20.9, 4. Pettus (SFS) 20.9; 5000m: 6. Tubb (Full) 14:51.3; MileR: 6. Cal-St. Haywd. 3:11.6; PV: 1. Hamer (Cal Poly-SLO) 16-8, 5. (tie) Rutherford (CSH), Pierce (Cal Poly-SLO) 15-0.

California Relays: (May 27, Modesto, CA) - Invitational: HT: Frenn (PCC) 231-1, Gage (NYAC) 230-3, Connolly (SCS) 222-0; Jav: Luke (Husky SC) 265-7, Murro (PCC) 259-6; DT: Van Reenen (CTC) 213-2, 3. Penrose (Cal) 196-1; 2 Mi Walk: Scully (Army) 14:16.4, 3. Ranney (AAC) 14:31.4, 4. Valle (WVTC) 14:38.8; 440IH: I - 1. Walls (BAS) 52.4, 3. Scharer (WVTC) 52.7, 4. Lee (BAS) 53.4, 6. Long (Stan) 53.6; II - Bolding (Okla-St) 50.2; 2 MiR: 5. Fresno St. 7:41.2, 6. HSTC 8:01.6; 440R: 3. Bay Area Str. 40.0, ... Cal 40.8; 100: (Inv) 3. Hart (BAS) 10.2; (Open) I - 2. T. Whitley (SJS) 10.4, 4. Ligons (BAS) 10.5; III - 1. Payton (BAS) 10.2, 4. Clayton (BAS) 10.4; 120HH: Milburn (SU) 13.0w; LJ: Hines (Un) 27-6 3/4, 3. Shinnick (BAS) 26-5 3/4; 440: 1. Evans (BAS) 45.7; SP: 1. B. Wilhelm (Army) 65-0, 3. Marks (PCC) 63-10, 6. Born (SJS) 59-3 1/2; 220: 1. Hart (BAS) 20.5; MileR: 1. No. Car. Cent. 3:03.5, 2. Bay Area Striders 3:09.0; TJ: 1. Walker (SCS) 53-10, 2. Reader (BAS) 52-6 1/4, 3. Steffes (NMU) 52-4 3/4, 4. Fraser (BAS) 51-7, 5. S. Johnson (BAS) 49-10 1/4; Mile: 1. Van Zijl (So. Africa) 3:56.0, 2. Luzins (USMC) 3:58.2, 3. Macdonald (WVTC) 3:58.4; 2 Mi: 1. Benson (Australia) 8:33.0, 2. Halberstadt (Okla-St) 8:33.8, 3. Manley (OTC) 8:34.8, 4. Hilton (Un) 8:35.6, 5. Duffy (Nev/WVTC) 8:35.8, 6. Lindgren (Coug TC) 8:37.0, 7. Laris (NYAC) 8:37.2; 880R: Armed Forces 1:22.5, BAS 1:24.2; HJ: 2. Johnson (BAS) 7-1; 880: 1. Von Ruden (PCC) 1:48.0, 3. West (Cal) 1:48.8, 4. Sinnott (Nev) 1:49.0; PV: Seagren (SCS) 17-4 3/4, 3. Caruthers (CITC) 16-6; Junior Coll: Jav: Goldie (Chaf) 232-3, 5. Powell (Fresno) 212-4; PV: 4. Vellunini (Cabr) 15-0, 5. VanKirk (AR) 15-0; HJ: 2. Miller (DVC) 6-10, 3. Redmond (DVC) 6-8, 5. Sanderson (DVC) 6-8; SP: Kirschenman (AR) 56-0 1/4, 4. Bragg (Laney) 53-4; 440: 3. Jefferson (Merr) 48.0; Mile: 1. Bentz (DVC) 4:10.2, 3. Schaecher (WV) 4:11.9; 440R: 5. CCSF 41.1, 6. San Joaquin Delta 41.7; LJ: 2. Smith (West Hills) 25-1 3/4, 4. Swillis (Reedley) 24-7 3/4, 5. Leer (Hart) 23-10 1/2; 100: 1. Chewing (SJD) 9.5, 5. Ruffin (CCSF) 9.8; 120HH: 5. Hall (SJCC) 14.2; 880: 1. Morgan (CCSF) 1:51.0, 5. Rees (Fresno) 1:54.9, 6. Carlson (West Vly) 1:55.6; 440IH: 2. McGee (AR) 53.3, 3. Kring (Hanc) 54.0; TJ: 1. Terry (SJD) 50-5, 2. Krebs (Foothill) 50-4 1/2, 3. Roberts (W.Hills) 49-11 1/4, 6. Murphy (W. Vly) 48-3 3/4; DT: 4. Blake (Mont) 159-9, 5. Covey (DeAnza) 159-9, 6. Naughton (Fresno) 155-11; 220: 4. Jefferson (Merr) 21.6, 5. Butler (DVC) 21.6; 3 Mile: 1. Babiracki (LA Vly) 13:59.6, 3. Schaechterle (AR) 14:20.2, 6. Weed (AR) 14:30.4; MileR: 3. CCSF 3:16.1, 5. Solano 3:17.7, 6. Merritt 3:17.7. (Teams Scores for State JC Title): Bakersfield 74, LACC 40, El Camino 30, Pasadena 29, Diablo Valley 28, American River 27, San Diego Mesa 24, San Joaquin Delta 23. Seniors 100 (40+): Smith (LA) 10.1, Rhoden (SD) 10.3, Lingle (BAS) 10.3, Marlin (Mod) 10.3, Jullian (Palo Alto) 10.8, Rademaker (Fresno) 10.9; Seniors 100 (55+): Jordan (Stan) 11.1, Guidet (Petaluma) 11.2, Killion (Fr) 12.2, Cranston 12.6, Puglizevich (Merced) 12.8; Women's Events: 1500m: Brown (Falcon TC) 4:23.6, 4. Claugus (WS) 4:29.6, 5. Schafer (MLTC) 4:31.2, 6. Anex (WS) 4:35.4; 440R: Ravenswood 48.4, Millbrae 49.2, Integra 49.6; HJ: 3. Favorite (CSH) 5-4, 5. Kemp (WS) 5-2; 100: 5. Christoff (MLTC) 11.8; DT: 4. Wright (Fresno Elans) 148-1, 5. Langford (MLTC) 145-11, 6. Lane (Roseville) 129-5; 440: Hammond (SRR) 54.0, 4. Schafer (MLTC) 57.1, 6. Christoff (MLTC) 57.8; LJ: 4. King (MLTC) 18-9, 5. Voamonde (MLTC) 18-5.

#### HIGH SCHOOL

Pacific Grove Invitational: (April 29, Pacific Grove) - Varsity: Seaside 54, Monterey 37, Watsonville 34.5, Leigh 23, N. Salinas 19. 120HH: Thompson (PG) 15.0; 100: Sumpter (Mont) 9.9; 440: Payne (Sea) 50.0; Mile: Jameson (Wat) 4:27.1; 440R: Monterey 43.0; 180LH: Thompson (PG) 20.5; 220: Roysten (Mont) 22.2; 880: Maust (Sea) 1:59.1; 2 Mi: Bellah (Lei) 9:42.0; MileR: Seaside 3:27.4; SP: Woodson (Sea) 52-11; HJ: Bush (Camp) 6-6; LJ: Cole (Wat) 21-10; DT: Woodson (Sea) 156-9; PV: Turner (DM) 13-6; TJ: Bush (Camp) 44-9; Frosh-Soph: Watsonville 44, Leigh 37, Del Mar 29, Monterey 28, Seaside 25. LJ: Carter (Mon) 20-6; HJ: Mallory (DM) 6-0; SP: Carnes (Wat) 53-5 1/4; TJ: Worley (Sea) 40-5 1/2; PV: Baker (DM) 12-0; DT: Jacob (Ali) 134-8; 100: Carter (Mon) 10.5; 440: Stanga (DM) 51.6; Mile: De La Garza (Wat) 4:39.8; 440R: Monterey 45.9; 70HH: Malts (NS) 9.4; 220: Stanga (DM) 23.5; 880: Lopez (Wat) 2:04.0; 2 Mi: Hanson (Lei) 9:49.8; MileR: Leigh 3:38.5; 180LH: Ferguson (Sea) 21.1.

El Cerrito Relays: (April 29, El Cerrito) - Varsity: Berkeley 65, El Cerrito 54, Pittsburg 29, Mt. Eden 26, Vallejo 26, Carlmont 23. Sprint Med: Berkeley 3:34.4, El Cerrito 3:34.5, Mt. Eden 3:35.8; Dist. Med: El Cerrito 10:14.2 (Scott 4:12.4, Sproul 1:57.8, Ennis 50.0, Bailey 3:14), Carlmont 10:23.8, Washington 10:33.4; 440R: Harry Ells 42.5, Berkeley 42.8, Albany 42.9; 2 MiR: Miramonte 8:02.6, Redwood 8:05.6; 880R: Berkeley 1:28.6, El Cerrito 1:29.4, Harry Ells & Kennedy 1:30.7; MileR: El Cerrito 3:20.2, Berkeley 3:24.3; Shuttle HH: Pittsburg 35.6, Vallejo 36.3, Wash. 36.4; Shuttle LH: Vallejo 54.5, Mt. Eden 55.1, El Cerrito 55.2; 100: Shavers (Alb) 9.6, Wilson (Alb) 9.8, Watson (EC) 9.8; 120HH: Ligons (ME) 14.4, Busby (Pitt) 14.7, Dalley (Irv) 14.8; TJ: Bryant (Berk) 45-2 1/2, Young (Sal) 44-3 1/2, Kraft (MSJ) 43-6 1/2; PV: Dempster (Carl) 14-0, Behr (Mir) 14-0, Andrews (CasVly) 14-0; HJ: Buzzard (Mont) 6-6, Cunningham (Sun) 6-6, Shaw (Pitt) 6-4; SP: Fraguglietti (Alb) 59-3 1/4, Brandow (Carl) 56-5, McGee (Red) 54-9; LJ: Cleghorn (Berk) 23-4, Huey (Vall) 22-10 1/2, Shaffer (Berk) 22-9 1/2; DT: Jackson (Berk) 170-4, Dyer (Nwk) 163-1 1/2, Otterstetter (Marina) 156-4; Frosh-Soph: Richmond 40, San Ramon 34, Kennedy 30, Irvington 26, Washington 24, Pacific 20. Sprint Med: Kennedy 3:44.9; Dist. Med: Washington 10:55.3, Carlmont 10:55.6; 2 MiR: Pacific 8:16.3, Irvington 8:17.8; 440R: Kennedy 44.1, San Ramon 44.7, Logan 44.7; 880R: Richmond 1:32.4, Pinole Vly 1:33.3; Shuttle LH: San Ramon 57.6, Washington 58.1, Kennedy 58.2; Shuttle HH: Richmond 38.6, Irvington 39.2; MileR: Richmond 3:30.2, Pacific 3:30.9, Vallejo 3:31.3, Irvington 3:32.9, Terra Linda 3:33.2.

Santa Cruz Relays: (May 6, Santa Cruz) - Varsity: Seaside 53, Monterey 45, Leland 30, Westmont 20. SP: Mannon (LG) 61-11 1/2; LJ: Supnet (LO) 21-10; 120HH: Thomas (Sea) 14.8; Mile: Gruber (Apt) 4:21.3; 440R: Monterey 42.5; Dist-Med: Soquel 10:44.3; 100: Sumpter (Mont) 9.7; DT: Hickson (Lei) 179-10; Sprt-Med: Seaside 3:35.8; TJ: Triplett (Bran) 46-10; 2 Mi: Ebert (WG) 9:19.6, Jameson (Wat) 9:24.5, Bellah (Lei) 9:31.8; HJ: Thompson (NS) 6-6; 880R: Monterey 1:31.0; 2 MiR: Del Mar 8:28.0; MileR: Seaside 3:27.6; PV: Ryan (Har) 13-6; Frosh-Soph: Leigh 56, Gilroy 46.5, Seaside 35, Watsonville 35, Del Mar 34. DT: Ferguson (Sea) 147-2; PV: Hines (Blkfd) 12-0; HJ: Malloy (DM) 6-0; 70HH: Beacom (W) 9.1; Mile: Suhr (Bran) 4:32.5; 440R: Prospect 45.5; Dist-Med: Leigh 10:55.6; 100: Ashman (Pros) 10.3; LJ: Morgan (Apt) 19-10; SP: Bersang (LG) 54-4 3/4; Sprt-Med: Leigh 3:46.7; 2 Mi: Stock (Lei) 10:04.6; 880R: Gilroy 1:36.3; 2 MiR: Westmont 8:41.6; MileR: Gilroy 3:33.4.

ACAL Championships: (May 11, Diablo Valley College) - 880: Dale Scott (El Cerrito) 1:50.9. (Only result available).

Mid-Peninsula League Finals: (May 11, San Mateo High) - Varsity: San Mateo 79, Crestmoor 64, Capuchino 43, Aragon 39, Burlingame 35, Mills 35, Hillsdale 9. 440R: San Mateo 43.7; 120HH: Pierce (Cr) 14.8, Johnson (B) 14.9; 880: Paul (Cr) 1:59.7, Matisi (A) 2:00.5; 100: Kafoa (Cr) 10.3, Williams (SM) 10.3; 440: Budesa (C) 50.6; LJ: Gold (M) 20-9 1/2; 2 Mi: Burnett (M) 9:38.3, Brown (B) 9:57.0; HJ: Holly (SM) 6-0; 180LH: Pierce (Cr) 19.8; SP: Fagnani (C) 53-9 1/2; 220: B. Popin (A) 23.1; Mile: Evans (M) 4:24.4; MileR: Aragon 3:27.2, Cap 3:29.3; PV: Paton (SM) 13-6; TJ: Haysbert (SM) 44-1; DT: Fagnani (C) 157-6; Frosh-Soph: Hillsdale 76, San Mateo 55, Capuchino 52, Mills 42, Crestmoor 39, Aragon 25, Burlingame 15. SP: Baca (SM) 49-9; LJ: McKenny (H) 20-2 1/2; HJ: Giava (M) 6-0; DT: Jensen (C) 139-7 1/2; PV: Kane (Cr) 12-3; TJ: McKenny (H) 42-1; 2 Mi: Barnett (H) 10:06.0; 440R: Cap 45.6; 70HH: Giava (M) 9.2; 880: Pierce (Cr) 2:03.6; 100: Ashley (C) 10.4; 440: Shepardson (B) 52.3; 180LH: Jackson (H) 21.1; 220: Ashley (C) 23.6; Mile: Tally (H) 4:43.2; MileR: San Mateo 3:35.7.

North-Peninsula League Finals: (May 12, Jefferson HS) - Varsity: SSF 71, El Camino 68, Serramo e 40, Westmoor 36, Oceana 29, Terra Nova 29, Half Moon Bay 8. 440R: El Camino 44.5; 120HH: Allmond (S) 14.6; 880: Cano (SSF) 2:22.6; 100: Cortez (EC) 9.9; 440: Acosta (EC) 50.4; 2 Mi: Van Dine (EC) 9:36.4; 180LH: Allmond (S) 19.8; 220: Acosta (EC) 23.0; Mile: Parsons (HMB) 4:29.4;

MileR: SSF 3:30.6; DT: Decker (TN) 143-7 1/2; SP: Vance (SSF) 49-3 3/4; TJ: DeNatale (J) 43-1 1/2; LJ: DeNatale 21-8 1/2; PV: Stavish (O) 13-0; Frosh-Soph: 44OR: Terra Nova 46.6; 7OHH: Murphy (SSF) 9.3; 880: Harro (Alta Loma) 2:03.1; 100: Norden (TN) 10.3; 440: Taefarono (SSF) 52.7; 2 Mi: Goss (SSF) 10:17.3; 180LH: Kennedy (S) 21.9; 220: Norden (TN) 23.8; Mile: LaForge (O) 4:37.2; MileR: SSF 3:41.1; DT: Fabris (EC) 121-11 1/2; SP: Schram (O) 51-3 3/4; LJ: Allen (S) 20-4 1/4; TJ: Fraysee (SSF) 42-2 1/2; HJ: Murphy (SSF) ???; PV: Lynn (EC) 11-0.

West Coast Relays: (May 12-13, Fresno) - El Cerrito 36, Lemoore 21, Woodrow Wilson (SF) 18, Oakland Tech. 14.5, Bakersfield 13, Berkeley 13, Merced 12, Edison (Fr) 11. 100: Shavers (Alb) 9.5, Jones (Lem) 9.5, Whitaker (WW) 9.8; 120HH: (tie) Rivas (Tul) & Densmore (Pl. Vly) 14.0, Busby (Pitt) 14.2; 2 MiR: El Cerrito (Scott 1:48.4) 7:49.7, Mt. Diablo 7:55.8; Dist-Med: Merced 10:25.1, Oak-Tech 10:26.7, Lemoore 10:31.9; Sprt-Med: McClymonds 3:32.6, Pittsburg 3:33.6; 2 Mi: Garcia (Redw) 9:28.6, Solomon (Monte Vista) 9:29.0, Bailey (EC) 9:30.4, Curtis (Camp) 9:35.6; 44OR: Woodrow Wilson 41.3, El Cerrito 41.9, Edison (Fr) 42.0, Kennedy 42.1; MileR: El Cerrito (Scott 46.5) 3:18.7, Bakersfield 3:19.9, Lemoore 3:20.8; DT: McNaughton (McLane, Fr) 167-8, Shelton (Fthill) 166-10, Jackson (Bk) 164-3, Merlo (Sanger) 163-10; PV: Burlison (Balboa) 14-5, Huerta (Reedley) 14-2, Sula (Lemoore) 13-11, Schoendube (Roos, Fr) 13-11; HJ: Shaw (Pitt) 6-8, Thompson (NS) 6-6; LJ: Hardeman (Edison, Fr) 24-9 1/4, Shaffer (Berk) 23-7 3/4, Cochee (OakTech) 23-4 1/2, Cleg-horn (Berk) 23-3 1/4; SP: Stevenson (McClymonds) 56-7 1/2, Shelton (FtHill) 56-6 1/4, Fruguglietti (Alb) 56-5 1/4, Glanz (Monte Vista) 55-6; TJ: Cochee (OakTech) 49-5 3/4, Rim (Clovis) 48-3, Tucker (Wash. Union) 48-2, Torrano (Tulare West) 47-4 1/2.

WCAL Finals: (May 13, St. Francis HS) - Varsity: SI 106, Bell 52, SF 40, Serra 34, Riordan 12, Mitty 6, SH 4. 100: Gill (M) 10.0; 220: Kelly (SI) 22.5; 440: Kelly (SI) 49.0; 880: Kasser (SF) 1:56.8, Burch (SF) 1:58.0, Wandro (Ser) 1:59.0; Mile: Porter (SI) 4:28, Ryan (R) 4:29.2; 2 Mi: Cole (SI) 9:47.0; 44OR: SI 43.8; MileR: SI 3:29.2, SF 3:30.7; 120HH: Clifton (SI) 15.4; 180LH: Clifton (SI) 20.4; SP: Gherardi (SI) 58-8 1/2, Banducci (Ser) 57-10; DT: Congi (SI) 160-8; PV: Meyer sieck (Ser) 12-6; LJ: Briscoe (Ser) 21-4; HJ: Roman (SF) 6-4; TJ: Yaninek (B) 44-3 3/4; Frosh-Soph: SI 93, Serra 50, SF 41.5, Bell 23.5, Riordan 20, SH & Mitty 11. 44OR: SI 46.2; 7OHH: Horsefal (SI) 9.4; 880: Magee (SI) 2:02.7; 100: Schor (Ser) 10.6; 440: Moye (Ser) 52.3; 2 Mi: Schmidt (SI) 10:12.7; 180LH: Horsefal (SI) 21.0; 220: Schon (SI) 23.8; Mile: Ryan (R) 4:41.3; MileR: SI 3:40.9; SP: Shannon (SI) 52-10 1/2; DT: Shannon (SI) 138-11 3/4; PV: Costanza (B) 12-0; LJ: Banks (Ser) 21-4; HJ: Matson (SF) 5-10; TJ: Yap (SI) 42-1 1/4.

SPAL Finals: (May 13) - Varsity: Carlmont 92, Gunn 59, Woodside 31, Palo Alto 27, Sequoia 26, Cubberley 22, San Carlos 20, Menlo-Ather-ton 14, Ravenswood 13. 44OR: Ravenswood 44.1; 120HH: Florant (PA) 14.9, Watts (G) 14.9; 880: Bay (G) 1:58.8, Thurston (PA) 1:59.2, Sayre (C) 1:59.4; 100: Murphy (S) 10.1; 440: Wiley (W) 49.9; 2 Mi: Cattarin (C) 9:35.4, Black (C) 9:36.5, Barney (C) 9:45.2; 180LH: Florant (PA) 19.5, Murphy (S) 19.9, Watts (G) 19.9; Mile: Miller (C) 4:15.2, Crowley (G) ???, Oliver (C) 4:20.5, Daniels (S) 4:20.9; 220: Barker (W) 22.3; MileR: San Carlos 3:27.2, Woodside 3:28.9, Gunn 3:29.5; SP: Brandow (C) 56-1; DT: Stolle (C) 148-0; HJ: Brown (C) 6-4; PV: Willett (C) 13-9, Lennen (C) 13-6, Deptster (C) 13-6; LJ: Brown (C) 20-10; TJ: Watts (MA) 44-3 3/4; Frosh-Soph: Menlo-Atherton 57.5, Carlmont 56.5, Woodside 54, Sequoia 37, San Carlos 37, Palo Alto 19, Gunn 16, Terman JHS 11, Cubberley 8, Ravenswood 5, Wilbur JHS 3. 44OR: MA 45.2; 7OHH: Johnson (PA) 9.3; 880: Luce (C) 2:01.7; 100: Butler (SC) 10.4; 440: McKenzie (MA) 51.0; 2 Mi: Emory (T) 10:05.4; 180LH: Johnson (PA) 20.7; 220: McKenzie (MA) 23.3; Mile: Geiken (Cub) 4:30.3; MileR: MA 3:35.4; SP: Data (S) 54-8 1/2; DT: Stein (G) 153-6 1/2; HJ: Littleboy (G) 6-0; PV: Gullette (C) 12-0; LJ: Robinson (W) 20-6, TJ: Butler (C) 42-0.

NCS Region II Meet: (May 19, Brentwood) - Pittsburg 48, Albany 30, Pleasant Hill 22, Monte Vista 19, Concord 18, Campolindo 17, Mt. Diablo 16, Amador 13, College Park 11, Ygnacio Vly 8.5. 120HH: Houston (Pitt) 14.7; 44OR: Pittsburg ???; 880: Kincheloe (MD) 1:56.8; 100: Shavers (Alb) 9.8; Mile: King (MD) 4:22.9; 440: Lawson (Pitt) 48.4; 180LH: Busby (Pitt) 19.5; 220: Shavers (Alb) 21.6; SP: Glantz (MV) 55-8 1/4; LJ: Hay (Con) 22-10 1/2; PV: Behr (Mir) 13-6; HJ: Shaw (Pitt) 6-4; DT: Harrell (CP) 160-2; TJ: Hay (Con) 47-6 1/4; 2 Mi: Solomon (MV) 9:29.5; MileR: Campolindo 3:26.5.

NCS Region III Meet: (May 20) - 100: Jenkins (Hogan) 10.2; 220: Jenkins 22.2; 440: Byrd (Card. Newman) 50.6; 880: McDaniel (Napa) 1:57.9; Mile: Street (Marin Cath.) 4:25.2; 2 Mi: Moeller (Redw) 9:35.0; 120HH: Carrington (Mont) 14.8; 180LH: Porter (Vall) 20.4; 44OR: Eureka 43.1; MileR: Card. Newman 3:24.5; SP: McGee (Redw) 55-11 3/4; Disc: Catron (El Molino) 160-0 3/4; HJ: Touzer (CN) 6-2; LJ: Nelson (MC) 22-9 3/4; PV: Stone (Fortuna) 13-7; TJ: Barlow (Napa) 44-7 1/2.

CCS Region I Meet: (May 20, Serramonte HS) - Varsity: SI 58, Crestmoor 24, SF 21, Serramonte 17, El Camino & Aragon 14. DT: Gherardi (SI) 155-7 1/2; LJ: Nakada (SM) 21-6; HJ: Roman (SF) 6-2; SP: Gherardi (SI) 56-8; TJ: Beck (SI) 43-2 1/4; PV: Trueman (Cr) 13-3; 44OR: San Mateo 43.6; 120HH: Allmond (Srmte) 14.5; 880: Kasser (SF) 1:56.3; 100: Gill (Mitty) 10.0 (9.8 in trials); 440: Acosta (EC) 50.0; 2 Mi: Burnett (M) 9:24.3, Cole (SI) 9:31.4, Van Dine (EC) 9:33.2; 180LH: Pierce (Cr) 18.9, Wyatt (West) 19.5; 220: Lloyd (SI) 23.0; Mile: Porter (SI) 4:25.5, Ryan (Rior) 4:27.7; MileR: SI 3:28.1, Aragon 3:28.1.

Central Coast Section Finals: (May 27, San Jose CC) - Varsity: Silver Crk 22.5, Mt. Pleasant 21, Seaside 19, Branham & Los Altos 12, Crestmoor & Carlmont 11. 44OR: Silver Crk 42.1, Seaside 42.7, Salinas 42.7, Los Altos 43.0, Overfelt 43.0; 120HH: Allmond (Smt) 14.1, Florant (PA) 14.2, Pierce (Cr) 14.3, Roesky (Hom) 14.4, Kolesnikow (Bur) 14.5; 880: Wandro (Ser) 1:54.3, Maust 1:54.7, Cleary (RLS) 1:55.2, Kasser (SF) 1:55.4, Pabst (WG) 1:56.4; 100: Hampton (SCr) 9.7, Miller (Bl) 9.8, Cravens (SCr) 9.8, Sumpter (Mont) 9.9, McCrea (WG) 9.9; 440: Williams (MP) 49.1, Payne (Sea) 49.3, Villareal (MVW) 49.7, Hayes (Sal) 49.8; 2 Mi: Brooks (MP) 9:07.8, Cole (SI) 9:12.8, Ebert (WG) 9:14.9, Jameson (Wat) 9:17.4, Burnett (Mills) 9:19.2; 180LH: Pierce (Cr) 19.1, Ray (LG) 19.3, Thomas (Sea) 19.5, Allmond (Smt) 19.6, Roesky (Hom) 19.7; 220: Hampton (SCr) 21.5, Royston (Mon) 21.8, Cook (Sal) 22.3, McCrea (WG) 22.3, Dodgen (Aw) 22.4; Mile: Miller (Carl) 4:12.4, Ferrell (Ov) 4:13.5, Manriquez (MP) 4:14.8, Gruber (Aptos) 4:15.4, Crowley (Gunn) 4:16.0; MileR: Mt. Pleasant 3:22.2, Seaside 3:23.5, Buchser 3:23.5, Leland 3:23.6, Gunn 3:24.7; SP: Mannon (LG) 62-6 1/2, Gherardi (SI) 61-11, Over-ton (LA) 60-1 1/2, Brandow (Carl) 57-4, Banducci (Ser) 56-11 1/2; DT: Overton (LA) 191-0, Hickson (Lei) 181-3, Groover (Bran) 174-11, Pfandl (Aw) 173-1, Patterson (LA) 172-10; PV: Johnson (DM) 14-4, Lindsay (West) 14-4, Dempster (Carl) 14-4, Trueman (Cr) 13-6, Ryan (Hart) 13.6; HJ: Bush (Cam) 6-8, Thompson (NSal) 6-6, Treu (MVA) 6-6, Wyrick (SCr) & Erbes (Hom) 6-4; LJ: Holloway (Blk) 22-11 1/2, Marcki (Buch) 22-6 1/2, Triplett (Bran) 22-3, Supnet (LO) 22-1 1/4, Matthews (Mon) 21-7 1/2; TJ: Triplett (Bran) 47-5 3/4, Bush (Cam) 46-5 3/4, Robb (Wil) 45-5, Porter (Aw) 45-3 1/2, LeGrande (West) 44-10 1/2. Frosh-Soph: Lynbrook 30, Camden 20, Del Mar 18.5, Menlo-Atherton 11, Menlo, Campbell & Branham 10. 44OR: Camden 44.5; 7OHH: Garlick (Camp) 8.8; 880: Williams (Menlo) 1:59.7, Lopez (Wat) 1:59.8; 100: Ashman (Pros) 10.1, Ashley (Cap) 10.1, Lincoln (Hill) 10.1; 440: Saga (DM) 50.6, McKenzie (MA) 50.7; 2 Mi: Kennedy (Ly) 9:35.1, Aguilar (SCr) 9:36.0, Emory (Ter) 9:38.3, Barnett (Hills) 9:39.6, Flores (KC) 9:39.6; 180LH: Napier (Ly) 20.2, Garlick (Camp) 20.4; 220: Rosenberg (DM) 22.4; Mile: Suhr (Bran) 4:23.6, Geiken (Cub) 4:25.2, Rios (Wil) 4:26.7, LaForge (Oc) 4:28.3, Beck (Sea) 4:30.5; MileR: Menlo-Ath 3:31.1, Gilroy 3:31.4; SP: Data (Seq) 56-3, Bersano (LG) 56-2 1/2, Davis (Camd) 56-2, Watkins (DM) 55-5 1/2; DT: Maloff (SF) 153-2, Stein (Gunn) 149-11; PV: Bell (Ly) 12-6, Kane (Cr) 12-6, Madeiros (Cup) 12-6, Moga (Camd) 12-6; HJ: Giavia (Mills) 6-2, Littleboy (Gunn) 6-2, Mallory (DM) 6-2; LJ: Ambler (Camd) 21-0 3/4, Crockett (Menlo) 20-10 3/4, Adan (Wil) 20-8; TJ: Walker (Pied) 45-8 1/2, Chesnut (LA) 44-5 1/2, Napier (Lyn) 44-3, Hamilton (Lei) 43-7, Hathorn (Lei) 43-3 1/2.

San Francisco AAA Finals: (May 27, Kezar Stadium, SF) - Balboa 152.5, Wilson 124.5 (F/S - Balboa 154, Mission 138). 2 Mi: Duffey (Lo) 9:27.9; 44OR: Wilson 42.0; 120HH: Kirtman (Wil) 14.0; 880: Luevanos (Miss) 1:59.5; 100: Farmer (Wil) 9.6; Mile: Chun (Low) 4:31.1; 440: Freeman (Bal) ???; 220: Lewis (Wil) 22.1; 180LH: Kirtman (Wil) 19.1; MileR: Balboa 3:29.9; SP: Magalei (Bal) 46-9; DT: Fau-mina (Bal) 147-3 1/2; PV: Burlison (Bal) 14-1 1/2; HJ: Minix (Bal) 6-4; LJ: Taylor (Wil) 21-0. Frosh-Soph: 2 Mi: Gogas (Bal) 10:34; 44OR: Mission 44.7; 7OHH: Armstrong (Miss) 9.0; 880: Brathlien (Bal) 2:09.9; 100: Jacobs (Miss) 10.1; Mile: Hilder (Lin) 4:51.8; 440: Chism (Wil) 53.7; 220: Declarado (Bal) 23.4; 120LH: Armstrong (Miss) 13.5; MileR: Mission 3:42; SP: Dillon (Gal) 54-4 1/2; DT: Nevel (Bal) 137-1; PV: Wiley (Bal) 11-0; HJ: Eckford (Lin) 5-11 1/4; LJ: Gilmore (Miss) 21-0; TJ: Eberhart (Wil) ???.

## LONG DISTANCE RESULTS

Visalia 10 Mile Run: (April 28, Visalia) - After being on, off, and then back on again, the Visalia 10 mile run was a big success. The race started and finished in Mineral King Bowl in conjunction with the Redwood Invitational Track Meet. Race director, Dave Bronzan, out-kicked fellow High Sierra TC member, Wayne Van Dellen, for a new course record on the flat, but windy run. (1) Bronzan 53:17, (2) Van Dellen 53:21, (3) John Noonan (Hill Ranch) 54:55, (4) Craig Elia (KR Club) 56:00, (5) Robert Sosa (Pac Coll) 56:34, (6) Don Gregory (Pac Coll) 56:38, (7) Martin Urias (HSTC) 57:14, (8) Larry Lung (KR Club) 57:28, (9) Rich Petersen (HSTC) 58:47, (10) Ken Adams (KR Club) 59:52. (16 reported finishers) -- Reported by Bill Cockerham.

National AAU Marathon: (May 21, Syracuse, NY) - Ed Norris of Brockton, Mass., in his first marathon attempt, won the 48th Annual Marathon in a time of 2:24:42.8, as the top 10 finishers dipped under the Olympic Trials qualifying time of 2:30. Norris, 25, a former standout cross country runner at Kent State, took the lead between 15 and 20 miles from Jack Mahurin of Morehead City, N.C. Nina Kuscsik led the four female competitors with a clocking of 3:21:03, good for 100th place among the 175 starters. It was the first National AAU Marathon open to women competitors (officially). (2) Vitale 2:25:30, (3) Fitts 2:26:23, (4) Fultz 2:26:39, (5) Daws 2:26:47, (6) Mahurin 2:27:09, (7) Talkington 2:29:04, (8) Thurston 2:29:21, (9) Spencer 2:29:40, (10) Wagner 2:29:53.

### CHUCK SMEAD IN EASY VICTORY AT MT. VACA HILL CLIMB

(April 22, Vacaville) - Although a long way off Rich Delgado's 1971 course record of 63:32, West Valley's Chuck Smead made his trip down from Arcata worthwhile anyway by taking an easy victory over Darryl Beardall and John Butterfield, who battled it out in a close for second. Jim Bowles would have been a factor in the race too, but he started 7 minutes late and finished with a corrected time of 1:08:24, which would have been good enough for a fourth place. Bob Malain, who is trying to get in as many races as possible to hang on to his high ranking in the NCRR Senior Point Race, took a quarter-mile victory over Jim Nicholson who is beginning to compete again after a long layoff. Ron Kinney was third senior as all three finished within 4 minutes. I guess the 10.6 mile up-and-down course (traversing several thousand feet) was too much for the women, as none were listed amongst the 36 survivors. In the shorter 1 mile run at the same location, Liz Healy beat brother Brian, 7:33 to 7:34, as Annette Chaney had a good 7:37. Next two finishers were David Anderson (7:42), and yet another Healy (Tara in 7:50). A total of 12 runners finished this race. Top 21 in the longer race are listed below:

1 - Chuck Smead (West Valley TC)	1:06:37	8 - Bill Flodberg (Solano TC)	1:14:19	15 - Dick Cordone (Marin AC)	1:22:55
2 - Darryl Beardall (Marin AC)	1:08:17	9 - Jim Bowles (West Valley TC)	1:15:24	16 - Jan Fairly	1:23:27
3 - John Butterfield (Boston AA)	1:08:23	10 - Bob Malain (NCSTC)	1:15:47	17 - Vito D'Aloia (Joggeronauts)	1:25:35
4 - Greg Chapman (Solano TC)	1:09:43	11 - Jim Nicholson (NCSTC)	1:17:10	18 - G.C. Reinhardt (NCSTC)	1:25:46
5 - Doug Butt (Marin AC)	1:09:54	12 - Ron Kinney (Unatt.)	1:19:45	19 - Mike Perel	1:25:57
6 - Dan Anderson (Valley TC)	1:11:05	13 - James Allen (ARRA)	1:21:34	20 - Tertius Chandler (NCSTC)	1:30:03
7 - Pete Hansen (Unatt.)	1:11:52	14 - Phil Holder (Solano TC)	1:22:50	21 - Lee Fox (Solano TC)	1:30:34

### BOB BARKER A BIG WINNER AT SAN MARTIN MARATHON

(April 29, San Martin, CA) - Sacramento TC's Bob Barker made the long drive to San Jose (just south of the city actually) worthwhile, but missed the Olympic Trials qualifying standard by a wide margin, primarily due to gusty winds. The temperature stayed in the 60's for most of the race, however, and the wind helped to cool the runners. Barker's 2:41:17.6 was a whopping 14+ minutes ahead of teammate Frank Krebs. Twenty-seven started the race and twenty hung on to complete the 26 mile grind. The course has been certified by Ted Corbitt's AAU Standard's Committee. Dave Stevenson was an easy victor in the 40-and-over category with his 2:59:33, good for fourth place overall!! The complete list of finishers:

1 - Bob Barker (Sac'to TC)	2:41:17	8 - Keith Campbell (West ValleyJS)	3:17:37	15 - Charles Day	3:40:39
2 - Frank Krebs (Sac'to TC)	2:55:49	9 - Ted Larson (Monterey Pen AC)	3:18:45	16 - Don Zarin (High Sierra TC)	3:41:08
3 - Jim Bowles (West Valley TC)	2:55:55	10 - Paul Reese (NCSTC)	3:23:48	17 - Jim Thaxter	3:41:13
4 - Dave Stevenson (Stanford RC)	2:59:33	11 - Rich Peterson (High Sierra TC)	3:29:23	18 - Louis Andrew	4:07:--
tie Gary Chilton (Stanford RC)	2:59:33	12 - G. Reinhardt (NCSTC)	3:32:42	19 - Harry Cordellos (Dolphin Club)	4:17:16
6 - Don Peterson (Stanford RC)	3:02:16	13 - Ron Markelle	3:36:37	20 - Willmot White	4:17:16
7 - Don McIntosh	3:08:39	14 - Ruben Morales	3:40:03		

### BEARDALL AND O'NEIL TAKE TOP HONORS AT SAC'TO TO WOODLAND RACE

(May 6, Sacramento) - Marin AC's "old man", Darryl Beardall, proved today that he still has what it takes in the longer races as he took an easy three minute victory over Sacramento TC's Frank Krebs. But perhaps the most amazing performance of the day came from Jim O'Neil, as he demolished the senior record of last year by 7 minutes. He and Ross Smith ran side by side for 15 miles and then Jim slowly pulled away, recording a 1:13 victory. Lee Holley also broke O'Neil's 1971 record of 2:08:44 by logging a 2:08:07. By the way, for all those he beat, Jim is 46 years young!! West Valley TC's Billy Tracey lowered his junior mark to 2:32:08 while finishing 25th overall amongst 37. (45 started) -- Below are the top 24 placers:

1 - Darryl Beardall (Marin AC)	1:56:55	9 - Terrance Pintane (V of Moon)	2:13:21	17 - H.G. Ainsleigh (Unatt.)	2:22:38
2 - Frank Krebs (Sac'to TC)	1:59:43	10 - Jim Bowles (West Valley TC)	2:18:18	18 - G.V. Wagenhoffer (Unatt.)	2:25:25
3 - Bob Barker (Sac'to TC)	2:00:40	11 - Keith Campbell (WVJS)	2:18:24	19 - Robert Reynaga (High Sierra TC)	2:27:25
4 - Jim O'Neil (SF Olympic Club)	2:01:28	12 - Fred Kenyon (Valley of Moon)	2:18:32	20 - Ray Dietderich (NCSTC)	2:28:46
5 - Ross Smith (West Valley J&S)	2:02:41	13 - Dennis Letl (Solano TC)	2:18:46	21 - Richard Reynaga (HSTC)	2:28:50
6 - Robin Clark (Maranon)	2:07:30	14 - Walt Webber (Unatt.)	2:19:50	22 - Dennis Egley (Unatt.)	2:29:05
7 - Lee Holley (Marin AC)	2:08:07	15 - Don Lucero (NCSTC)	2:20:52	23 - Antonio Garcia (Mather AFB)	2:31:26
8 - Doug Gates (Kern Co. Libr. TC)	2:09:32	16 - Vito D'Aloia (Joggeronauts)	2:22:24	24 - S. Citarella (Unatt.)	2:31:39

### AVENUE OF THE GIANTS MARATHON: 3 MORE QUALIFY FOR OLYMPIC TRIALS RACE

(May 7, Weott, CA) - Before Bob Deines left for the London-to-Brighton last September, he mentioned that he and Rick Spavins were pondering a marathon course amongst the shade of the redwoods near Eureka. It sounded really far out, but I never thought it would come about. Well, it did happen...and it'll happen again next year, contrary to rumors that the race was a financial loss. Actually, the race sponsors broke about even. Amidst temperatures in the 50's and scattered light rain, with the course 90% under the trees, three Bay Area runners ventured north with the sole purpose of qualifying for the Olympic Trials...and qualify they did...in rather spectacular style. Two West Valley TC runners, Ritchie Geisel and Jim Howell, broke 2:30 for the first time (Ritchie's best had been a 2:36:47 and Howell's a 2:31), and John Butterfield also set a personal best, dipping well under 2:30. Gary Dobrenz, who journeyed all the way from Los Angeles, just missed the mark by some 3 minutes. Then the times fell off drastically. David Parker of Sylmar was first senior in a good time of 2:49:31, good for fifth place overall. Peter Mattei and Paul Reese also recorded good times in the 40-and-over category, both getting under 3 hours with lots to spare. At last word, the course was as good as certified, with the standards committee giving it the last close look. Needless to say, with a little more publicity...now that everyone knows about it...this should become one of the mainstays in NorCal running circles for years to come. On the following page are listed all finishers, except for 25th (Chuck Ehlers...3:46:01)...we didn't want to ruin the symmetry, and besides, I'm running rapidly out of space.

1 - Ritchie Geisel (West Vly TC) 2:26:03	9 - Paul Reese (NCSTC) 2:55:30	17 - Bill Rupley (Unatt.) 3:12:39
2 - Jim Howell (West Valley TC) 2:26:42	10 - Ray Darwin (Culver City AC) 2:55:42	18 - Richard Gilchrist (SRRC) 3:14:32
3 - John Butterfield (Boston AA) 2:28:14	11 - Bill Rogers (Arcata) 2:56:52	19 - George Crandell (Arcata) 3:18:39
4 - Gary Dobrenz (Golden West AA) 2:32:57	12 - Joe Henderson (Unatt.) 2:57:10	20 - Bob Waters (Arcata) 3:20:04
5 - David Parker (Sylmar) 2:49:31	13 - Bill Yee (Unatt.) 3:05:10	21 - John Arberry 3:31:01
6 - Frank Freyne (Culver City AC) 2:51:17	14 - Bob Roncker (Mtn. View) 3:07:36	22 - Bob Dickerson (Blue Lake) 3:36:37
7 - Peter Mattei (NCSTC) 2:53:19	15 - Rod Smith (Trinidad) 3:10:07	23 - Dan Stromberg (Arcata) 3:40:36
8 - Rich Spavins (SRRC) 2:54:04	16 - Lenny Escarda (Eureka) 3:12:20	24 - Alan Feuerwerker (Arcata) 3:45:15

GARY SINGER CAPTURES 1ST ANNUAL ANGEL ISLAND RUN

(May 7, Angel Island, SF Bay) - High schooler Gary Singer of Stockton was a surprise victor in the first Angel Island cross country run today, taking a 26 second victory over runnerup Bill Smith (27:24 to 27:50). The race, 5.6 miles around the dirt roads of the small island which lies south of the Tiburon Peninsula, was a substantial success considering it was the first and had limited publicity. It also competed with the Bay-to-Breakers warmup race. Over 175 runners competed and proceeds went to send underprivileged boys to summer camp. The race was sponsored by The Guardsmen of San Francisco. Bob Malain came all the way down from Redding to take senior honors over Frank Harrison. He placed 8th overall in a fine time of 29:49. Fran Conley, in a sterling 34th, was the top woman finisher with a quick 33:09, about 6 minute mile pace. The top 45 finishers are listed below:

1 - Gary Singer (Stockton HS) 27:24	16 - Jerry Ockerman 31:12	31 - Frank Adams 32:54
2 - William Smith 27:50	17 - Bruce Carradine 31:14	32 - Paul Sebesta (Joggeronauts) 32:59
3 - Bill Walden 27:56	18 - Lee Holley (Marin AC) 31:31	33 - Armand Castro 33:05
4 - Jim Shettler (Unatt.) 28:02	19 - Bill Long 31:38	34 - Fran Conley (1st woman) 33:09
5 - Tom Beck (Marin AC) 28:32	20 - George Conlon 31:47	35 - Alan Schmeiser 33:16
6 - Bob Cooper 29:19	21 - Weym Kirkland (Mill Valley) 31:50	36 - Doug Ferguson 33:17
7 - Fred Mahler 29:34	22 - Dan Martiney 31:54	37 - Bruce Castle (Joggeronauts) 33:19
8 - Bob Malain (NCSTC) 29:49	23 - Bob Cook 31:56	38 - Murray Peterson 33:21
9 - Jerry Kokesh (SF Olympic Club) 29:52	24 - Glenn Parker 32:02	39 - Kenneth Kvan 33:26
10 - Jim Freeman 30:19	25 - Kent Guthrie 32:06	40 - Richard Martinez 33:31
11 - P. Fried 30:31	26 - Ron Rose 32:14	41 - John Geer 33:35
12 - Michael Healy (Napa Vly RC) 30:46	27 - Ron Kinney (Unatt.) 32:30	42 - Don McIntosh (NCSTC) 33:36
13 - Chuck Stagliano (Dolphin Club) 30:54	28 - Mark Timmerman 32:35	43 - Dennis Finney 33:38
14 - Brian Marney 30:58	29 - Don Pickett (SF Olympic Club) 32:45	44 - Unidentified runner 33:40
15 - Frank Harrison (NCSTC) 31:06	30 - Ernst Hayman 32:49	45 - Reinhardt Gough 33:43

GOLDEN GATE PARK 8 MILER: LEYDIG SMASHES RUSTAD'S COURSE RECORD

(May 13, San Francisco) - On a day perfect for fast running, West Valley TC's Jack Leydig and Colombian marathon ace Hernan Barreneche ran neck and neck until the last mile when Leydig spurred away to a 10 second victory, eclipsing Doug Rustad's 1970 record (41:45) by a full 23 seconds. Both runners tried unsuccessfully to put in brief spurts to try and break the other, with Leydig opening 200 yards at about 6 miles, only to have the Colombian pull back. The last two uphill portions proved to be too much for the latter. In 12th position, Dave Stevenson had an easy time disposing of newly arrived senior Ken Napier, who finished 6 places and some 39 seconds back. Terry Johnson copped the woman's trophy in 87th with a time of 55:24, followed by Skip Swannack and Irene Rudolf. Mickey Kingery was first high schooler with a commendable 43:45 for fifth place. The top 45 are listed with their times:

1 - Jack Leydig (West Valley TC) 40:54	16 - Steve O'Brien (Unatt) 45:53	31 - Frank Cortez (Unatt.) 47:54
2 - Hernan Barreneche (Colombia) 41:05	17 - Lester Mina (Alameda TC) 46:03	32 - Ernie Jeong (Pamakids) 48:02
3 - Martin Pabon (Colombia) 42:14	18 - Ken Napier (West Valley J&S) 46:08	33 - Darryl Jeong (Pamakids) 48:11
4 - Dan Anderson (Valley TC) 43:33	19 - Robin Clark (Maranon) 46:32	34 - Bob Malain (NCSTC) 48:15
5 - Mitch Kingery (RC Striders) 43:45	20 - Rudy Hernandez (Valley TC) 46:36	35 - Tom O'Brien (Unatt.) 48:21
6 - Joe Taxiera (Alameda TC) 44:21	21 - Walt Van Zant (West Vly J&S) 46:38	36 - Van Bambico (Unatt.) 48:24
7 - Greg Chapman (Solano TC) 44:52	22 - Gerald Tallon (Unatt.) 46:41	37 - Peter Wood (NCSTC) 48:30
8 - Bill Johnson (Unatt.) 45:12	23 - Lee Holley (Marin AC) 46:47	38 - Alex Monterossa (Pamakids) 48:50
9 - John Finch (Unatt.) 45:16	24 - Paul Koski (Unatt.) 46:48	39 - Jim Gallon (Unatt.) 49:16
10 - Bob Immethun (Alameda TC) 45:20	25 - Dick Cordone (Marin AC) 47:02	40 - James Everard (Valley of Moon TC) 49:21
11 - Jan Frisby (West Valley TC) 45:24	26 - Gary Chilton (Stanford RC) 47:11	41 - Don Peterson (Stanford RC) 49:31
12 - Dave Stevenson (Stanford RC) 45:29	27 - John Kleinbach (Unatt.) 47:27	42 - Darryl Zapata (West Valley TC) 49:39
13 - Mark Proteau (Napa Vly RC) 45:30	28 - Robert Seifert (Unatt.) 47:29	43 - Jerry Ockerman (Unatt) 49:41
14 - Joe McDevitt, Jr. (WVTC) 45:38	29 - Dave Warren (Unatt.) 47:37	44 - Fred Kenyon (Valley of Moon TC) 50:00
15 - Tom Cory (Culver City AC) 45:44	30 - James Allen (ARRA) 47:46	45 - Jim Nicholson (NCSTC) 50:05

MORA ALMOST UPSETS MOORE AS 2242 FINISH BAY-TO-BREAKERS RACE

(May 21, San Francisco) - Colombia's Victor Mora, second in this year's Boston Marathon, almost scored a big upset as he pushed Oregon TC's Kenny Moore to a new Bay-to-Breakers course record, eclipsing his own mark (set last year) by some 18 seconds. Both runners ran neck-and-neck for the entire distance except for a brief moment on Hayes Street when Mora pulled slightly ahead. But as they hit the Great Highway and headed toward the finish, some 600 yards away, Mora put on a tremendous sprint and opened up a good margin only to be hauled in by Kenny's own stretch drive. Mora had started his drive a bit too early, and wound up 8 seconds back of the five-time-winner from Lowell, Oregon. But the two leaders, although way ahead of the rest of the field, were only part of the story. The 2585 official starters each had their own personal tale to tell. They composed by far the largest field ever gathered for a foot race in America, and possibly the world. The field was not only tops in quantity, however, as even 22nd placer Albie Thomas of Australia ran fast enough to garner a spot on the top 50 individuals of all time for the race. Thirteenth placer Jack Leydig ran over a minute faster than the year before, but placed one spot lower, to underline the depth in swift finishes. Third and fourth placers Bill Clark and Gary Tuttle had a real battle for the tape, similar to that staged by Moore and Mora. All divisions had their stars, but the 40-and-over category and the first woman finisher were slightly fantastic. The Olympic Club's Jim O'Neil knocked over a minute from Bill Mackey's old senior record by clocking a superlative 42:58, good enough to nail down 48th place overall. Ken Napier, just turned 40, Ross Smith, and Dennis Teegarden were also under the old record for this age group. Cheryl Bridges, women's world record holder in the marathon (2:49:40), journeyed up from San Luis Obispo to record an astounding 44:47 for 117th (the top 5% of all finishers). She finished far ahead of the next female entrant, Jackie Dixon of San Jose, who did 46:26 in 192nd. The West Valley Track Club had little trouble in defending its team title by placing six in the top thirty finishers. Second place went to surprisingly strong Alameda TC, followed by the West Valley Joggers & Striders and Oregon TC (whose fifth placer was a woman, Janet Newman). The ages of the competitors ranged from 5 to 73 (Annette Tamayo and Paul Spangler). International flavor was present too as four of the top ten were foreigners, and seven of the first 22. On the next page are listed the top 120 placers and their official times. Due to many unofficial finishers, many of the times may be in error...times were recorded and placings were not, or vice versa. Any corrections, or identities of unofficial entries would be appreciated and should be sent to the editor as soon as possible. Kenny Moore will receive a trip to the Sydney Sun's race (in Australia) in August unless he makes the Olympic team...in that case Bill Clark will go.

1 - Kenny Moore (Oregon TC)	36:39	41 - Tom Pelton (Unatt.)	42:22	81 - Dennis Teeguarden (NCSTC)	43:57
2 - Victor Mora (Colombia)	36:47	42 - Rick Trachok (U. Nev./WVTC)	42:22	82 - Steve Parker (Alameda TC)	43:58
3 - Bill Clark (West Valley TC)	37:36	43 - Joe Araujo (Unatt.)	42:24	83 - Denny Mathews (Unatt.)	43:58
4 - Gary Tuttle (Unatt.)	37:42	44 - John Finch (Unatt.)	42:29	84 - David Greenlaw	44:00
5 - Mark Covert (Calif. TC)	38:02	45 - Lester Mina (Alameda TC)	42:38	85 - Frederick Mahler	44:02
6 - Jon Anderson (Oregon TC)	38:16	46 - Joe Taxierra (Alameda TC)	42:42	86 - David Dunbar (Unatt.)	44:04
7 - Allen Harrison (Syd. Sun, Austr)	38:24	47 - Robin Clark (Unatt.)	42:51	87 - Eugene Fitzgerald	44:07
8 - Ed Haver (Athletes in Action)	38:26	48 - Jim O'Neil (SF Olympic Club)	42:58	88 - Thomas Castro	44:08
9 - Gerry Tighe (Vancouver OC)	38:27	49 - Unofficial Runner	42:59	89 - David Muela	44:09
10 - Domingo Tibaduiza (Colombia)	38:31	50 - Bruce Degen (Marin AC)	43:00	90 - James Martinez	44:10
11 - Greg Tibbetts (SC Striders)	38:58	51 - Joe Becerra	43:01	91 - Richard Alexander, Jr.	44:13
12 - Bob Darling (RC Striders)	38:59	52 - Scott M. Stickney	43:12	92 - Gary S. Montante	44:18
13 - Jack Leydig (West Valley TC)	39:10	53 - Unofficial Runner	43:13	93 - Matthew Logan	44:20
14 - Hernan Barreneche (Colombia)	39:24	54 - Ragnar Thaning (Marin AC)	43:14	94 - Dick Cordone (Marin AC)	44:21
15 - Unofficial Runner	39:25	55 - David Carter	43:15	95 - Unofficial Runner	44:22
16 - Mike Wagenbach (Unatt.)	39:31	56 - Tommy Hui	43:18	96 - Jeffrey Knox	44:22
17 - Chuck Smead (West Valley TC)	39:31	57 - Steven Fiamengo	43:19	97 - Donald Carlson	44:23
18 - Russell Pate (Oregon TC)	39:41	58 - Steve Carey	43:19	98 - Jim Shettler (Unatt.)	44:23
19 - Anthony Risby (Univ. of Nevada)	39:58	59 - Herbert Potter	43:22	99 - Dennis Dillie	44:25
20 - Mike Denny (US Air Force)	39:59	60 - Glenn A. Gaesser	43:23	100 - Hal Michael	44:27
21 - Martin Pabon (Colombia)	40:03	61 - Unofficial Runner	43:23	101 - Rudy Snyders (Half Moon Bay HS)	44:28
22 - Albie Thomas (Australia)	40:14	62 - John Theilin	43:28	102 - Robert Shawki	44:29
23 - John Loeschhorn (US Air Force)	40:27	63 - Jeff Kroot (Marin AC)	43:29	103 - Bruce Johnson	44:29
24 - Unofficial Runner	40:32	64 - Shawn Lyons	43:32	104 - George Donovan	44:33
25 - Allen Sanford (West Valley TC)	40:49	65 - Dean Allen	43:33	105 - Daryl Zapata (West Valley TC)	44:37
26 - Les McFadden (Stanford)	40:51	66 - Mark Dawson	43:36	106 - Bill W. Ulett	44:37
27 - Bob Crow (West Valley TC)	41:09	67 - Unofficial Runner	43:38	107 - Robert Elmo Smith	44:38
28 - Darren George (Napa Valley RC)	41:10	68 - Ken Napier (West Valley J&S)	43:39	108 - Ronald Grander (West Valley Col)	44:39
29 - Jon Sutherland (Unatt.)	41:10	69 - Joseph Montoya	43:40	109 - Timothy Reagen	44:40
30 - Bob Brunkan (West Valley TC)	41:11	70 - Brendan O'leary	43:41	110 - Peter Wood (NCSTC)	44:42
31 - John Sheehan (West Valley TC)	41:12	71 - Nelson Hernandez	43:42	111 - Tony Buelna (High Sierra TC)	44:42
32 - Bob Immethun (Alameda TC)	41:14	72 - Ross Smith (West Valley J&S)	43:45	112 - Paul Frederickson	44:44
33 - Bob Nanninga (West Valley TC)	41:25	73 - Steve Savage (Oregon TC)	43:46	113 - David Peterson (West Valley J&S)	44:44
34 - Mike Ruffatto (West Valley TC)	41:49	74 - Jeffrey Arnold	43:47	114 - Orval Osborne (West Valley J&S)	44:46
35 - Mark McConnell (Stanford)	41:55	75 - Unofficial Runner	43:48	115 - Michael D. Healy (Napa Vly RC)	44:46
36 - Robert Hayman (Olympic Club)	41:56	76 - James Holl (West Valley TC)	43:49	116 - Angus R. Morrison	44:47
37 - Keith Kruse (West Valley TC)	42:00	77 - Brian Woodhouse	43:50	117 - Cheryl Bridges (San Luis Obispo)	44:47
38 - Dale Severy (Santa Barbara AA)	42:06	78 - Joe Biancalana	43:51	118 - Anthony Beeman	44:48
39 - Dan Cautley (Unatt.)	42:14	79 - Rich McCandless	43:52	119 - Steven Groninger	44:49
40 - Mike Conroy (RC Striders)	42:21	80 - Paul Koski	43:56	120 - Unofficial Runner	44:50

MARTIN PABON STRAYS FROM COURSE BUT STILL WINS GOLDEN GATE MARATHON HANDILY

(May 27, Tiburon to S.F.) - Running a strong race the entire way, Colombian marathoner Martin Pabon, 1971 South American marathon champion, led the fastest mass finish yet in the Third Annual Golden Gate Marathon. An almost sure shot at Rich Delgado's year-old 2:31:37 record was lost when Pabon strayed from the course, heading straight through the toll plaza at the bridge instead of down into the Presidio. A sign had blown down and before he got back onto the course, he had lost several minutes. Dennis Urutiaga of the West Valley TC was a surprise second place finisher in his first attempt at the distance, upsetting such "pros" as Jose Cortez, John Butterfield, Darryl Beardall, and Mitch Kingery...all sub-2:30 men. Michael Buzbee finished a good third in what is believed to be his first attempt at the distance also. The Redwood City Striders, led by Cortez, Kingery, and Tim Wright, just edged West Valley TC for team honors by one point, 14-15, ending the former club's two year domination. Newly arrived senior Lee Holley was the top in his division by over 5 minutes, with Paul Reese running a superb second on the rugged course. Fran Conley, in her first attempt at the distance, was a very good 3:27:03, and we should hear a lot more from her in the future. Maryetta Boitano, only 9 years of age (youngest finisher), closed to within only a minute with a fantastic 3:28:17.6...same time as brother Mike had recorded a year earlier. At her steady rate of improvement, she should duck under three hours in the next 3-4 years. Walt Stack, running one of his better races, was the oldest finisher at 64, completing the 26+ miles in 3:38:40 (110th). Mark Timmerman won the Brian Brown Memorial Trophy for first Marin high schooler (64th, 3:16:21). Harry Cordellos, San Francisco's sightless runner, hung up his second best official marathon and third best ever (knocking 11 minutes off his 1971 course time) by clocking 3:24:50.8. Last year's runnerup, Jack Leydig, led Harry through the distance. Mitch Kingery was easily the top junior finisher with a 7th place overall. Below are listed the top 45 finishers.

1 - Martin Pabon (Colombia)	2:33:35	16 - Ignacio Montez (Hawaiian Mar)	2:54:00	31 - James Campbell (NCSTC)	2:59:55
2 - Dennis Urutiaga (West Vly TC)	2:34:26	17 - Donald Chaffee (Unatt.)	2:54:29	32 - Alex Monterrosa (Pamakids)	3:00:32
3 - Michael Buzbee (New Ways AC)	2:35:15	18 - Paul Reese (NCSTC)	2:56:43	33 - T.A. deLusignan (Marin AC)	3:01:30
4 - Jose Cortez (RC Striders)	2:34:46	19 - Richard Bartek (Santa Bar.AA)	2:56:52	34 - Vic Weber (Unatt.)	3:01:40
5 - John Butterfield (Boston AA)	2:37:07	20 - Tony Buelna (High Sierra TC)	2:57:28	35 - Peter Mattei (NCSTC)	3:01:53
6 - Darryl Beardall (Marin AC)	2:37:47	21 - Dan Woodward (Unatt.)	2:57:37	36 - George Zakielarz (Haw. Marines)	3:03:44
7 - Mitch Kingery (RC Striders)	2:40:07	22 - Don Peterson (Stanford RC)	2:57:38	37 - Keith Daveline (Unatt.)	3:03:52
8 - Pat Buzbee (New Ways AC)	2:41:11	23 - Gary Chilton (Stanford RC)	2:57:43	38 - Richard Reynaga (High Sierra TC)	3:05:02
9 - Jeff Carmody (New Jersey)	2:42:56	24 - Tony Stagliano (Dolphin Club)	2:58:14	39 - Rex Dieterich (NCSTC)	3:05:46
10 - Ian Jackson (West Valley TC)	2:45:35	25 - Paul Koski (Unatt.)	2:58:31	40 - John Randazzo (Unatt.)	3:07:22
11 - Tim Wright (RC Striders)	2:50:22	26 - Unknown Runner	2:58:36	41 - Leonard Escarda (Six Rivers RC)	3:08:37
12 - Jim Bowles (West Valley TC)	2:51:21	27 - Thomas Pinckard (Unatt.)	2:59:01	42 - Richard Meyer (Six Rivers RC)	3:08:37
13 - Lee Holley (Marin AC)	2:51:24	28 - William Flint (Alum Rock RA)	2:59:01	43 - William Long (Pamakids)	3:09:03
14 - Jan Frisby (West Valley TC)	2:52:55	29 - Gordon Schafer (Unatt.)	2:59:09	44 - David Unger (Unatt.)	3:09:10
15 - Rudy Snyders (Unatt.)	2:53:10	30 - Stuart Ruth, Jr. (Pamakids)	2:59:39	45 - Michael Naples (Philadelphia AC)	3:09:14

LATE NEWS: Dedicated to those people who lucked out and sent in various info before I took this month's rag to the publisher...keep the news coming...we appreciate it muchly. ---- Ben Sawyer announces that the questionnaires (mailed with January NCR I think) about road racing entry fees, awards, etc. are about to be tabulated and expounded upon. If you never got one of these questionnaires...a good chance to vote on what you think about our areas long distance runs...you can still get one by sending a self-addressed envelope (stamped) to the NCR or to Ben Sawyer, 2900 Smith Grade, Santa Cruz, CA 95060. But do it today since the results will be made available shortly. \*\*\* Mike Healy (690 Costa Dr., Napa, CA 94558 - Ph. 224-1603) has a Ski Chalet in Truckee that he rents out and he figures that someone might want to rent it out prior to the Tahoe Relays (Mid-August). It sleeps 14 and is fully furnished...cost is dependent on how many people go. Reservations must be in advance...usually 2 weeks. \*\*\* CANCEL Tom Laris' plea for help with his store in Palo Alto (selling shoes)...see page 4, last paragraph. He found someone for the position already.

**SUBSCRIBERS NOTICE:** Sorry that I have gotten a bit behind with the NCRR. The news should be fairly up to date, however, even if the title block on the front page reads for the previous month. For instance the May issue covers all news through the month of May. The June issue will do the same for June, however you will get it in July. To remedy the situation, we will probably come out with a double issue in the near future, possible next time. It won't be necessarily any thicker than the normal monthly, but will read June-July or July-August in the title block. All subscribers will still get 12 full issues for their money (12 separate mailings)... we are just putting in the double issue to catch up on our months. Ok, ok???



Forrest Jamieson, Palo Alto High's coach...featured in this month's Coach's Corner.



Moroccan, Lahcen Samsam, set an African record in shot at SJS Invitational. May's NorCal Portrait. /Bob Kasper/



May's West Valley Portrait, Duncan Macdonald, zipped a 3:58.4 mile for second at Modesto. /Marconi/



Kenny Moore & Victor Mora with about an 880 to go in the Bay-to-Breakers Race. They ran one-two. /S. Sutton/



Woodland 20.7 Mile: (back) Lee Holley, 3rd senior; Bob Barker, 3rd open; Frank Krebs, 2nd open; (front) Billy Tracey, 1st junior; Jim O'Neil, 1st senior. /Daily Democrat/



El Cerrito High's crack mile relay squad: (left to right) Dale Scott, Steve Woods, R. Sproul, Sidney Ennis.



Bill Clark leads Gary Tuttle in the Bay-to-Breakers with 1/2 mile remaining (they ran 3-4, respectively). /Steve Sutton/



The mass start (or part of it) of the Bay-to-Breakers Race, with 2585 starters. /Steve Sutton/



Cheryl Bridges finished first woman in the Bay-to-Breakers at 117th. /Steve Sutton/