



# NORTHERN CALIFORNIA RUNNING REVIEW

A WEST VALLEY TC PUBLICATION  
P. O. BOX 1551, SAN MATEO, CAL. 94401  
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THIRD YEAR \* \* \* NUMBER 33 \* \* \* AUGUST 1972 \* \* \* 25¢ PER ISSUE \* \* \* SUBSCRIPTION RATE: \$3.50/YEAR

NCRRT Staff: Editor - Jack Leydig; Printer - Frank Cunningham; Chief Photographer - John Marconi; Cartoonist - Lee Holley; NorCal Portrait - Jon Hendershott; West Valley Portrait - Willie Cronin; Coach's Corner - John Marconi; Women - Roxy Anderson, Dr. Harmon Brown, Jim Hume; Seniors - John Hill, Emmett Smith, Willis Kleinsasser, George Ker; Editorials - Bill Clark, Rich Delgado, Don Kardong, Joel Jameson; High School - Joel Jameson (Santa Cruz-Monterey), Mike Ruffatto, Mike Pinocci, Willie Cronin (East Bay), Jack Bellah, Dave Stock (San Jose), Peter Jones (S. Peninsula)...we still need regular reporters for the North Peninsula, Marin, and Sacramento areas; if you're interested, get in touch with us immediately...you needn't be a WVTC member to be on the staff; Collegiate - John Sheehan (Far West Conf.), Jon Hendershott (Pac-8), Jerry Kokesh (San Jose St.), Fred Baer (Jr. College); Race Walking - Steve Lund, Bill Ranney, Frank Hagerty; AAU Track & Road Results - Jack Leydig.

The Northern California Running Review is published on a monthly basis by the West Valley Track Club. It is a communication medium for all Northern California track & field athletes and includes age group, high school, collegiate, senior, AAU, and women's coverage. The NCRRT is available at many road races and track meets throughout the area for 25¢ an issue, or for \$3.50 per year by subscription (12 issues). All West Valley TC members receive their copies by mail if their dues are paid up.

This paper's success depends on you, the readers, so please send us any pertinent information on the NorCal running scene that you would like to see in print. We can always use good photos for our publication, preferably black & white, and of good contrast. All information should be sent to the editor: NorCal Running Review, P.O. Box 1551, San Mateo, CA 94401 (Ph. 415/342-3181). Be sure and give photo credits, those competing, and the event being run. Any size print will do. Please do not send the negative. We will return all prints afterwards.

NEW MAILING METHOD: Last month we experimented by mailing all our issues third class and got pretty good results. Instead of taking the entire 500 to the post office at once, however, we scattered them about the city, dropping about 25 in each mailbox. It seems that in this way, they at least leave San Mateo as first class mail. A great number of subscribers reported receiving their issues the day after they were mailed (actually less than 24 hours). Since we would shortly go out of business if we continued to mail many of our issues first class, we will continue to mail everything third class in the future. Some cities have very poor mail service (i.e. - Fremont for one) and so it may take a little longer, but in no case should you have to wait for more than 10 days if you live in California. If so, please let us know and maybe we can remedy the situation. Subscribers will also note the new method of noting expiration dates on your address labels (after your name on the first line). The number indicates the last issue that you will receive before your subscription expires. If your number is 39, then issue #39 will be your last...you will automatically get a renewal notice with that issue. Everyone will get 12 issues per year (12 mailings), regardless of whether one or more "double issues" are mailed.

August Contributors: Harry Young, Dave Stock, Ken Bernard, John Brennan, Bob DeCelle, Walt Stack, Jack Kirk, Luka Sekulich, Joe Henderson, Bob Anderson, Charles Marks, Jim Engle, Mike Healy, Darren Walton, Bob Porter, John Weidinger, Rich Perry, Steve Archie, Track & Field News.

HELP STILL NEEDED!! - Things are rounding into shape pretty well for getting out the NCRRT while I'm in Europe. The September issue will be my last before I leave...and part of that may be done by my replacement staff. Meet directors, please be sure and send in your results during my absence. If you would like to be a helper for the October issue (I should be back to do the November issue), contact me at the above address right away. Thanks.

## IN THIS ISSUE

NCRRT Long Distance Point Race thru the Martinez 7 Miler; Article on Women's Over-40 Distance Running by Walt Stack; Report on the Relay to the Olympic Trials by Jim Engle; NorCal Portrait: Ken Duncan, new prep record-holder in the long jump; West Valley Portrait: Peter Duffy; (No Coach's Corner again...our writer for this is on vacation); Long Distance Running Schedule thru mid-October; Race Walking; All-Comers Results from Leigh H.S. and College of San Mateo; Nat'l AAU Masters Championships; U.S. vs. U.S.S.R. Junior Meet; Pre-Olympic Meet (Oslo); SPA-AAU 15 Kilo Championships; SPA-AAU Hour Run; Mt. Diablo Disturbance Run; Hangtown Road Race; Redwood Empire Marathon; Tiburon Run; Ft. Baker Handicap Run; Ocean-to-Bay Marathon; Martinez 7 Miler.

## CLUB NEWS

This section of our publication is devoted to various clubs in the area. If your club would like to put in any announcements or news, please send it to us. Our circulation is now at almost 500 (subscriptions) and growing all the time, so your message is sure to be noticed. As long as news is pertinent to track & field or long distance running and kept to a reasonable length, we will print it, possibly in edited form. Let's hear from your club.

WEST VALLEY TC: The month of July was a good one for the club, as a total of 10 athletes joined our ranks. In addition to the ten listed below, two others, Skip Houk & Dan Anderson, are now competing for us, but haven't sent their applications in yet so we can't give any details (see next issue). Hernan Barreneche, a Colombian who has been in the Bay Area since March and will go to Munich to compete in the marathon, has a best time in that distance of 2:22:58 (set at Boston this year) and was 3rd in the Pan-American Games last year. His 5000 & 10,000 meter times are 15:26 and 31:00.5, respectively. Upon returning to Colombia after the Games, his mailing address will be Universidad Tecnologica, Pereira, Colombia (Ph. 32781). Hernan is 32 years old. Tom Fraysse is 16 years of age and lives at 381 Granada Dr., South San Francisco, 94080 (Ph. 589-6649). His best marks are 10.7 in the 100; 58.5-440; 9.8-70HH; 23.0-180LH; 42'2 1/2" TJ; 19'1" LJ; 5'5"-HJ; 101'-DT; 36'5"-SP. Tom has also run the Bay-to-Breakers and Statuto Road Race. Tom Henkle will be a senior at South City High next fall and is 17 (222 So. Airport Blvd., S.S.F., 94080) (Ph. 589-9055). He has best marks of 100-10.4, 220-22.5, 440-50.1, 880-2:08. Victor Mora is the South American record holder in the marathon and finished second at Boston (2:15:57) in his only attempt at the distance. He will run that event in Munich along with team mates Barreneche and Mejia. He has bests of 14:06 for 5,000 meters, 29:17.2 for 10,000 meters, and 8:52.6 for the steeplechase. Upon returning to Colombia this fall, he will have a mailing address of Apt. Air. 7872, Bogota, Colombia (His business phone is 471180). Brian Moroney lives at 25 Trenton Pl. in San Mateo, 94402 (Ph. 341-2854). He is 15 years old and goes to Aragon High School with best marks on the track of 4:56.4 for the mile and 10:50 for 2 miles. In the Angel Island Race this spring he placed 14th overall, and got 194th in the Bay-to-Breakers. Steve Murphy, 16 years old, 207 Seventh Lane, S.S.F., 94080 (Ph. 589-6925), has best marks of 9.3 for the 70 yard highs and 21.9 for the lows. In addition, Steve has a high jump best of 6 feet even. Jim Reeves is another high hurdler from Aragon. He is also 16 and lives at 1724 Eleanor Dr., San Mateo, CA 94402 (Ph. 345-5963). His best marks (all as a soph) are 7.8-60HH, 8.9-70HH, 15.2-120HH, and 20.2-180LH. He also did a 5-10 high jump this year. Santos Reynaga was a member in ages gone by, but just recently started competing for the club again. He lives at 449 Raymond Ave., San Jose 95128 (Ph. 998-2517) and is 22 years of age with marks of 4:50 for the mile and 9:59 for two miles.

George Stewart, 33 Roque Moraes Dr., Apt. 6, Mill Valley, 94941 (Ph. 388-2945) is 22 years of age and just completed his undergraduate work at Oklahoma State University. His best marks include: 100-10.7, 220-23.7, 440-52.3r, 880-1:54.6, Mile-4:03.5, 2 Mile-8:46.5 (8:37.1 indoors), 3 Mile-13:25.8, 5000m-14:05.8, 6 Mile-31:32.0. He doesn't have any field event marks, but has thrown the pro-football a distance of 59 yards!! On the roads, George has done a 30:07 for 10 Kilometers, 1:42:43 for 30 Kilos, and 2:34:30 for the marathon (unofficial, Ocean-to-Bay). Domingo Tibaduiza, 22 years old, is another Colombian who will be traveling to Munich this month. However, he will return to the University of Nevada on a full athletic scholarship this fall. He will no doubt be a big help in WVTC's attempts at capturing the AAU cross country meet this fall. His best marks are: 5000m-14:14, 10,000m-29:24, 3000mSC-9:11.0, marathon-2:21:58. In addition, he placed 11th at the San Silvestre (Midnite Run) Race in Brazil.

Address Changes: The following members have changed their addresses during the past month. Make note of them in your club directory. Jim Bowles (new mailing address only...still living at old address) - 1728 Richmond St., Apt. 11, Sacramento, 95825; Duncan Macdonald - 326 Lanipo Dr., Kailua, Hawaii 96734; Marcel Hetu - 36163 Fremont Blvd., #57, Fremont, CA 94536 (Ph. 792-5275).

Club Jerseys: The new nylon mesh jerseys that I ordered over two months ago have still not arrived. In desperation before the Tahoe Relay, I rushed over to Montgomery Ward's in Oakland at the suggestion of Dave Stock, and purchased 24 nylon tricort jerseys for half the price (\$2.00 each). I started silk-screening them the night before I left for Tahoe but realized too late that they would not dry in time to take. Alas...I'll finish them this week sometime (and hopefully the other ones I ordered...if they happen to come in). For those of you that have paid \$4.00 already for your jersey, you can do one of the following: (1) Wait until the nylon mesh jerseys come in (they are \$4.00) and I'll mail them to you, or (2) let me know if you want the cheaper kind and I'll mail you that kind and credit your 1973 club dues with the other \$2.00. If you're not sure, I'll have them at the next road race for you to check them out.

Duncan Macdonald & Don Kardong are hopping about Europe, racing, boozing, and doing all kinds of other far-out things. If you care to write them and give them some cheer (not the kind you wash your clothes with), they're mailing address is: c/o Ramsay Thomas & Denny Phillips, 16 Grottenstrasse, 2 Hamburg 52, West Germany. That's probably good until they leave...whenever that may be. Figure at least until mid-September, probably into October for Dunc. Incidentally, Don ran a 29:03.8 at the Pre-Olympic Meet in Oslo (for 10,000), finishing 3rd behind Viren's world-leading 27:52.4. Dunc did a 3:42.7 for 1500 in the same meet and finished 4th in his section with a time that would have tied Howe for 5th in the other section. Jim Dare, also traveling and running in Europe, finished 6th (I think, judging from the TV coverage today) in a 2000 meter event at Viareggio, Italy. He took the lead with about a lap and a half remaining and held it until 200 meters to go when he was outkicked. His time was probably around 5:09-5:10. Bob Crow is on his way home from Europe and will return via LA, coming to the Bay Area around the 25th. Wayne Glusker is also making the tour of the continent for WVTC.

Special Discount to WVTC Members!! - Sports Illustrated has come up with a Decathlon Game that seems to be very realistic and challenging to play. Mr. Richard Cohen, Research Director for SI, has offered a special discount to our club members as follows: The DECATHLON GAME, which sells for \$10.00, is being offered at the special price of \$7.95. If you're interested, and want it mailed to you individually, add 50¢ to that; otherwise, write me at our P.O. Box and I can have it sent through me in quantities of 6 or more. Make all checks payable to Sports Illustrated Games, Box 1065, Darien, Conn. 06820 (Attn: Mr. Richard Cohen). If you mail your request direct to Mr. Cohen, be sure and mention that you are a WVTC member.

The Colombian sector of our club (Mejia, Mora, Barreneche, & Tibaduiza) is now staying at Lake Tahoe for high altitude training before Munich. Their mailing address is c/o General Delivery, So. Lake Tahoe, CA 95709 (living at 3253 Marlette Circle, but mail addressed there will not get delivered). They will be there thru the end of August to take advantage of the high altitude. All except Tibaduiza will run the marathon (Tiba will go it in the 10 kilometers). -- Speaking of WVTC's Olympians, Esteban Valle, our star race walker, has received official word from the Nicaraguan Government that he will represent that country in Munich at both the 20 and 50 kilometer distances. Lots of luck and best wishes for success to all five of our Olympians!!

Other bits of news from around the corner, under the bush, etc. -- John Marconi is in Lake Tahoe, staying with the Mejia's, as is Rich Delgado, who is getting in some high altitude training in preparation for the Dipsea. -- Bill Scobey is back at it again, looking forward to a good cross country season and hoping to move to the Bay Area. Anyone knowing of teaching job openings, please

write Bill at 8140 Lesner Ave., Van Nuys, CA 91406. Don't know exactly what type of position he's looking for, but if you think you might be able to help out with some references, contact him right away.

WVTC's 1972 Cross Country Schedule is every bit as good as last year's, as we'll be meeting Oregon State, Humboldt State, UC Davis, Club West, Cal-Poly SLO, Stanford, San Jose State, and a whole bunch of other clubs on Nov. 4 at the California Club Championships at Santa Barbara. Enclosed you will find a signup sheet to help us decide how to form our traveling teams. Be sure and mail this to Bill Clark, 6210 Lean Ave., San Jose (95123) as soon as possible. Remember, you don't have to be "a stud" to compete in our XC schedule (except for the Nationals of course, unless you want to go as an individual and pay your own way...we'll only be sending one team--eight men maximum). Anyone is welcome to run.

Mike Pinocci's & Mike Ruffatto's 2-man 24-hour relay record of 144 miles didn't stand up very long as a team of Craig Harms & Ed Jerome of Virginia went 181 miles, 632 yards. They supposedly ran continuously whereas WVTC's team took quite a bit of rest. Maybe the club should try and shoot for the 300 mile mark sometime in December after cross country season. If interested, let me know.

Considering a good number of our Exec Council members were out of town, we had a really heart-warming turnout on our August 6 get-together at my place. The treasury had a balance of \$390.60 and the club is completely out of debt for the first time since I can remember. In attendance were Len Wallach (San Mateo Recreation Dept.) and Rich Perry (Belmont Rec. Dept.). Len is a member and Exec Council member, and Rich sat in as an interested party. A committee was set up to discuss and draw up plans for a revised constitution (on a non-profit corporation basis) with the aid of the SMRD. Len Wallach offered to become WVTC's alternate delegate to the PA-AAU and will take my place while I'm in Europe...tentative departure date is Sept. 9. Means of making capital (\$\$\$\$... we need this, especially to send a team to Chicago in November) was discussed. Ideas included direct letters to businesses, soliciting their help and support; increased advertising for the NCRR (if you know of anyone, direct them to our classified section for special rates of 3 months or more); newspaper publicity aimed at raising donations for the sole purpose of sending our team to the AAU Championships this fall; new memberships (everyone can help here)...a necessity to maintaining a balanced financial picture; funds from National and Pacific Ass'n of AAU for travel expenses, etc. \*\*\* I will be at the AAU Convention, following the AAU Cross Country Meet in Chicago, and will personally try and get delegate support for our National Marathon bid (and Regionals) before the matter is voted on. Anyone wanting to come with me to the Convention is welcome (Kansas City). I will be driving direct from Chicago after the XC Championships.

Your President's travel plans: I will drive from San Mateo to New York to fly to Frankfurt, leaving my car with a friend & driving back to the West Coast in mid-November. I will do the November NCRR (tentatively) and then drive back to Chicago, taking any member as far as they want to go (either part way or all the way, either direction). This is assuming we aren't loaded with money for the Nationals.

West Valley TC finishers in road races (not listed elsewhere in this issue): Redwood Empire Marathon: (Sean O'Riordan started the race, finished at least 10 miles in 62:06--2nd place at the time--but did not finish for reasons unknown); Tiburon: (only the top finishers are known at this time...other WVTC'ers will be listed in the next issue); Ocean-to-Bay Marathon: Rich Greer ran unofficially and did a 3:35:58, which would have netted him 46th place; Martinez: (71) Mike Shaughnessy 47:03, (102) Dick Foster 51:28 -- not on our membership list, someone let me know how to reach Dick.

#### THIS AND THAT

Around & about the Bay Area---Bob Decelle, Natl. Long Distance Running Chairman (AAU), will be serving in an administrative capacity with the USOC....The Long Distance Travel Fund needs your help. We now have \$448.58 (as of July 24, according to Bob DeCelle) on hand. All checks should be directed to P.O. Box 362, Alameda, CA 94501 (made payable to AAU TRAVEL FUND). This contribution is tax deductible. Perhaps a run or two in your area with the assets being directed to this fund would help!! No sanction fees would be charged and no 10% of entry fees to the AAU either...which we never hardly see as long distance runners. The London-Brighton Race is drawing near (Oct. 1), so lets help now or no one will get to go. Anyone desiring an entry blank for this race can get one from the NCRR...send a self-addressed, stamped envelope to the editor....On May 13, Ken Young of Chicago ran a 40 Miler on the track and collected 6 American bests in route at 40 Kilos (2:29:29), 25 Miles (2:30:21), Marathon (2:37:50), 30 Miles (3:01:54), 50 Kilos (3:08:49), and 40 Miles (4:08:28). He should be ready for a try at Bob Deines' road best for 50 miles.

Mark Byers, a long-time resident of Northern California, is currently serving with the US Navy in Hawaii and is running as usual. In June we noted that he ran several road races, two of which he ran were the Honolulu 1.8 miler (6th, 9:14) and the Diamond Head 5 Miler (4th, 26:47). Peter Macdonald won the first race in 8:23 and Reuben Dias (11th at this year's West Valley Marathon) the second in a fine time of 24:46....A Biathlon is being considered for September of this year, if enough people show interest. That's a run-swim event--perhaps a 3-4 mile run and a 1/2 mile swim. It would take place down by the Dolphin Club in San Francisco, and the swim would naturally be in Aquatic Park. If you think you'd like to enter, please contact Robyn Paulson at 751-8825 (evenings--not weekends) or by mail: 629 - 44th Ave., S.F. 94121....An October race in the St. Louis area will qualify a runner for an expense-paid trip to the famed New Year's Eve race in Sao Paulo, Brazil--if current plans materialize. Carl Muckler says he is now contacting officials from the AAU and Brazil to see if his project is workable. The qualifying race will probably be a six-mile run. (Interested runners can contact Muckler at 2680 Countryside Dr., Florissant, Mo. 63033)....The Mt. Whitney race, up the highest peak in the 48 adjacent states, is on. Wayne Van Dellen says there'll be an informal run up the mountain on Aug. 19. An organized event is planned for Aug. 18 next year. The course is 21 miles roundtrip. (Van Dellen's address is 37149 Road 192, Woodlake, CA 93286)....A group of runners are planning a "triathlon" on Sept. 23 at Clear Lake. It starts easily enough with a five-mile run. Then comes a six-mile swim; then a climb to the top of 3000-foot Mt. Konocti!! No other details are available at this time....The Masters meet rejected the entry of Mary Boitano, a 49-year old marathoner from San Francisco, apparently only because she is a woman....Harry Cordellos, the blind marathoner from San Francisco, is writing a book about his experiences in running and other sports. Pete Strudwick, who was born without feet but still runs distances up to the marathon, is also writing his own story....During the recent Tahoe Relay, West Valley TC's Jim Bowles was running his leg of the relay when a car apparently side-swiped him deliberately. When he turned to give them an obscene gesture, they turned around and ran him down from behind, knocking him down the side of a 25-yard embankment. He suffered minor cuts and bruises and was "pretty shaken up". He was unable to finish his leg of the relay. Anyone knowing more about this incident as a witness should contact the editor. No one got the license plate of the car.

### NCRRC LONG DISTANCE POINT RACE

This year's NCRRC point race will offer two perpetual trophies for the winners in the open and senior divisions. The winners of the past two years will have their names and point totals engraved on the trophies as well. For the uninitiated, here is basically how our point system works. It is based on not only the number of races run, but also on average placing. To figure out your own total, merely take your average placing and divide it by the number of races run. As an example, if you placed 5th, 6th, and 7th in three races, your average place would be 6th. Divide this by 3 (number of races run) to get your point rating of 2.0. Anyone can keep track of their scores, and we encourage those listed below to keep tabs on us and send in your records at the end of the year if they differ from ours. We added a few other rules to our system: (a) Races must be attended by a reasonable number of athletes (to be determined by the editor at this point in time...maybe using some other method later), and must be PA-AAU sanctioned events, or at least take place in the PA-AAU with substantial numbers of participants; (b) we only count finishers in the top 10 (open) and top six (senior) for our rankings...you need not be limited to this in figuring your own personal totals. If a listed runner finished out of the top ten (or top 6 for seniors) in a given race, this isn't counted against him; (c) all athletes residing in the PA-AAU are eligible, whether registered in the Association or not (e.g. - Ray Darwin, John Anderson), as well as PA athletes residing outside the Association (e.g. - Bill Scobey); (d) in meets where two races are held (or more), the main event shall count for open competition and two races may be counted for senior competition (e.g. - Lake Merritt, Monterey, etc.). The scoring year starts with the Lake Merritt Races on Columbus Day. Below are listed the top 15 open competitors and top 9 seniors. Handicap races are counted, but order of finish is not used. Instead, fast-time is used in determining the point ratings. In case of ties, the placing is figured as an average. If 2 individuals tied for 4th place, then 4.5 would be used as the finish placing. Below, ties (2-way) are indicated by an asterisk (\*), and 3-way ties are indicated by a degree sign (°). We are always interested in hearing comments from our readers on how we might improve our system...maybe taking into consideration the number of competitors, quality of field, length of race?? Send us your ideas. Maybe in the coming year we can devise an equation based on all (and more) of these factors and feed it to a computer to get standings. For the month of August, we are complete with open and senior standings through the Martinez 7 Miler with the exception of the Felton and Lafayette Runs. Anyone having partial or complete results for these races...please send them to us. Jack Leydig firmed his hold on the open division, lengthening his lead over Darryl Beardall and Dan Anderson, his only serious competitors. With the exception of Pat Stordahl moving onto the list for the first time, there were very few changes. Wayne Badgley had a bad race at Tiburon and this hurt his point total quite a bit. In the hot senior race, Ross Smith didn't compete but still maintains a sizeable lead over Dave Stevenson, Jim O'Neil and Bob Malain, who are fighting it out for the second spot. Gil Tarin just missed the list with his 0.313. Very few changes in position, but Paul Reese certainly isn't acting like he's 55 years old with a firm hold on sixth spot and closing in on Jim Nicholson for fifth. Only two months left before our final standings come out (at the Lake Merritt Races)!!

#### OPEN

Runner/Club (# of races run)	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	Aver. Place	Rating
Jack Leydig/West Valley TC (17)	7*°	3*	0	1	3	1	2	0	0	0	3.18	0.187
Darryl Beardall/Marin AC (18)	3*	4	0	3	3	3	1	1	0	0	3.97	0.221
Dan Anderson/West Valley TC (22)	2	3	2	1	0	7	3	1	1	2	5.37	0.244
Victor Mora/West Valley TC (4)	3	1	0	0	0	0	0	0	0	0	1.25	0.312
Byron Lowry/SF Olympic Club (7)	3	0	1	2	0	0	1	0	0	0	3.00	0.429
Jon Anderson/Oregon TC (7)	3	1	1	0	0	1	0	0	1	0	3.29	0.470
John Butterfield/Boston AA (13)	1	0	3	0	2	1	1	1	1	3	6.15	0.473
Pat Stordahl/Chico State AC (2)	2	0	0	0	0	0	0	0	0	0	1.00	0.500
Jose Cortez/RC Striders (7)	1	2	0	2	0	1	1	0	0	0	3.72	0.531
Darren George/Napa Valley Runners (7)	1	2	1	0	1	1	1	0	0	0	3.72	0.531
Greg Chapman/Solano TC (10)	1	0	1	1	1	3	1	1	1	0	5.50	0.550
Alvaro Mejia/West Valley TC (5)	2	0	1	1	1	0	0	0	0	0	2.80	0.560
John Weidinger/Unatt. (10)	0	1	3	1	0	0	1	1	3	0	5.70	0.570
Wayne Badgley/Unatt. (6)	2	1	1	0	0	1	0	0	1	0	3.67	0.611
Ritchie Geisel/West Valley TC (3)	2°	1*	0	0	0	0	0	0	0	0	1.85	0.612

#### SENIORS

Runner/Club (# of races run)	1st	2nd	3rd	4th	5th	6th	Aver. Place	Rating
Ross Smith/West Valley J&S (16)	13	1	2	0	0	0	1.31	0.082
Dave Stevenson/Stanford RC (16)	9	5	1	1	0	0	1.63	0.106
Jim O'Neil/SF Olympic Club (15)	7	6	2	0	0	0	1.67	0.111
Bob Malain/NCSTC (20)	6	7	2	0	0	0	2.40	0.120
Jim Nicholson/NCSTC (19)	3	4	4	3	2	3	3.32	0.174
Paul Reese/NCSTC (19)	2	4	4	3	4	2	3.47	0.183
Peter Mattei/NCSTC (14)	1	4	3	2	4	0	3.04	0.235
Dennis Teegarden/NCSTC (7)	3	1	2	1	0	0	2.14	0.306
Peter Wood/NCSTC (10)	2	3	2	0	1	2	3.10	0.310

SPECIAL ARTICLE

"Oldest Female Marathoner Sets New Senior Record"---Marcie Trent, 54-year-old Anchorage, Alaska, marathoner and mother of five, recently completed the Culver City Marathon (her favorite) in a remarkable 3 hours, 43 minutes, and 37 seconds. To the best of the author's knowledge, this is not only a record in the 50 to 60 division, but also one in the 40-and-over class.

Marcie started running in June of 1968. An example of her gradual entry into long distance running is the following: "Mileage for 6 months in 1968--1 mile per day for a total of 194; 1969--2 miles per day for a total of 737; 1970--4 miles per day for a total of 1358." Her husband, John, is the Coordinator of the famous Pulsators Running Club in Anchorage.

Just a short while ago, Eva Barraza ran a 3:43:59 in the Golden Gate Marathon, a new female senior record at that time. Marcie beat this record by 18 seconds. This was Eva's first marathon. No other women over 40 have run under 4 hours to the best of my knowledge. Katherine Heard, age 58 in 1959, came in first in the Pikes Peak Marathon in 5:17:52, and ran some 4 times through 1963 in that race, being second and third in the woman's division. Katherine is now 71 and walks Pikes Peak at least once a year. She dispenses oranges to the marathoners at the "Cirque", one mile from the summit of Pikes Peak. Mary Boitano, mother of five, had her 49th birthday recently and celebrated with a huge birthday cake following her 14th marathon in the Redwood Empire Marathon in Arcata. Mary has only been running three years and has competed at Pikes Peak and all the local marathons. She is the mother of the 1971 Dipsea Champion, Mike (10) and Maryetta (9), who hold world age group marathon records at several levels.

Isa Varella, mother of six, and 47-years-old, ran her first marathon at Culver City this past June (the same one Marcie ran), but did not crack the four-hour barrier. She ran a 300 mile relay from Hollywood to Las Vegas a couple of years ago with a bunch of ancient marathoners (over 60). She is planning on running Pikes Peak this year.

Annabelle Marsh, 48, ran the Golden Gate Marathon a year ago with less than a year of running. She saw the runners coming into the finish and asked, "What's going on?" When it was explained to her that it was a 26 mile race, she said, "I'm going to run it next year," and she did. She plans to celebrate her 49th birthday by running it again.

Francis Morrison, another 40-year-old from Houston, Texas, ran Boston this year but didn't make it under 4 hours. Annette Mallebeu, yet another senior woman marathoner, ran the Plodder's Marathon in 1971 in 4:17:48. Her uncle won the Boston Marathon many years ago.

Active female marathoners over 40 are rarer than a truthful statement from the Pentagon. Strangely, all the runners in their 30's, men and women, can't wait until they become 40...same with the 40's and 50's. Everyone is anxious to run in an older division. Many happy returns to all the female "senior" marathoners.  
--Walt Stack

RELAY TO THE OLYMPIC TRIALS:  
"SO WHERE'S THE BRASS BAND?"

If I may be permitted to climb on the bandwagon of running allusions in literature for a moment, I would like to borrow Andrew Marvell's line from "To His Coy Mistress": "Though we cannot make our sun stand still, we will make him run." Beneath the lofty language the speaker was making ye olde pitch to a faire maide to "seize the day," to satisfy her/his sexual desires. I, on the other hand, am using the image more literally; I would like to use it to assist in describing our recent relay to the Olympic Trials in Eugene.

While spectating and philosophizing around the sidelines of an all-comers meet, Gerry Haslam ("Running Through Literature", RW, July 1972) and I sagely agreed that there was "no way one could actually predict or prepare for a long, hot, run." Not that one couldn't say, for instance that, "Well, it'll be about 80 degrees at ten a.m., humidity about 40%, and 90 to 100 degrees in the afternoon and so on. But the concrete, we concluded, the real thing, is such a far cry from whatever one surmise, that to attempt to comprehend the actual effects of running three-and-a-half days in the extreme heat, from Napa, California to Eugene, Oregon, for the opening of the Olympic Trials, would be akin to the difference between looking at a picture of a vast, eternal, desert, and being suddenly thrust into one--like the difference between watching "Night Gallery" and being one of the subjects in the pictures. Yet, thus were we, a handful of runners from the Napa Runners, and a similarly sized group from the High Sierra Track Club, thrust into the picture.

And we had prepared, too; had all our "stuff" together. Purpose: to call attention to the Olympic Trials in Eugene, and to collect donations along the way from Napa to Eugene via Kiwanis Clubs on the route. Organization: the Kiwanis and a state assemblyman wheedled and dealed somebody and got us clearance from the California Highway Patrol (!) to run on highways and freeways (Interstate 5). In Oregon we discovered that it is legal to run on freeways, so long as "you keep moving and go about your business." Oregon, Runner's Heaven! We even had a television station covering the first several "legs". Enthusiasm: a half-dozen "super-star" runners from the Bay Area gave us a big sendoff by running a good deal of the distance on the first day: Darren George, Jack Leydig, Gerry Haslam, John Butterfield, Jim O'Neil, Chaplain Joe Shay, Ed Healy clicked off over sixty hot miles through Woodland--where we met the High Sierra runners--and combined with them for the rest of the way. High Sierra, made up of Dave Bronzan (who had qualified for the Trials' Marathon), Bill Cockerham, Donna Cockerham, Don Gregory, Rich Peterson, Steve Ward, and an itinerant runner that joined them somewhere in Oregon, (could he have bailed out of an airliner, carrying a pistol and a pouch?), were road-wise, after having run up

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from Fresno the Saturday before, and they were apparently relieved to see us at rendezvous time. The Napa "regulars" were myself, Mike Healy, Mark Proteau, Ray Miranda, Bev Healy, and thirteen-year-old Michael Healy. The Plan: to combine with the group from Fresno and follow a schedule through cities on the route at between a six to six-thirty per mile pace, to cover between one-hundred and one-hundred and sixty miles per day between 4:30 am and 9:30 pm, to arrive at Hayward Field in Eugene at the opening of the first-night ceremonies amidst drum ruffles and flourishes, and to present the Olympic Committee with our baton stuffed with checks and notes that we had collected. And maybe get in free, too. We had been promised a reception; we had been practicing our humble/heroic trackside manners.

Although the intense heat on the first day had us "Transpiring at every pore with instant fires" ("Coy Mistress"), and Haslam, who ran several "legs" that day, and I had had our prophecy fulfilled, the relay was proceeding well and the runners appeared to be light of heart and foot. Jim O'Neil clicked off a straight, fast, seventeen miles over blacktop and one-hundred-degree heat. The Fresno team had been pleased to see us and quickly agreed not to run as separate teams: the previous two days on the road, a searing "baptism by fire," had made them wise. Yet beneath the general lightheartedness, one could detect a certain straining in the relationships among the runners we had met. One of them put it simply and eloquently when he tossed off, "We're beginning to notice little things." As he said this his eyes pinched slightly and he looked beyond me down the hot macadam road. His statement recurred to me that evening as we bedded down for the night on the bank of the Feather River, a tiny, reverberating, motif that meandered through my thoughts for the rest of the run.

Our turn came on the second day at four-thirty a.m. Five-mile legs, drive ahead, hand-off, work up your best form for going through towns and receiving checks from local beauty queens, exchange baton, five-mile legs, six-minute pace, heat rising. Passing through Gridley, Biggs, Los Molinos, Chico, gathering funds to support the floundering finances of an olympic team that pays tribute to Morality and Amateurism. Chased off the freeway twice on first day by uninformed CHP, over the cyclone fence into the hills, heat rising, beginning to notice "little things." Switch to two-mile legs: one-hundred and five degrees, then one-hundred and seven degrees between Red Bluff and Redding, noxious fumes from speeding diesel trucks, kicked off again, over the fence and into the hills again. Heat rising, "little things" cropping up. Time's winged chariot hurried near.

Somehow, on their midday leg, between Red Bluff and Redding, the Fresno runners held together on an overwhelmingly hot and circuitous route (after again being ousted from the freeway by the CHP) and brought the baton to the Holiday Inn in Redding, where we Napa runners had inveigled a dip in their pool. It was here that I think we experienced the "turning point" in our relay and most fully realized the concrete reality of our situation; in an old track-fan expression, "the bear was on our backs." We were beginning to be sensitive in the extreme; we were beginning to doubt the value of our efforts; sometimes, I wondered if we would even survive ("The grave's a fine and private place, but none, I think, do there embrace.") We went on. Or rather, we went up: the next day involved, by variations of long ups and short downs, climbing to 4000 feet elevation. That we had begun to notice little things can be quickly illustrated. On a hot, flat stretch on a country road, the current runner approaches the truck, where a cup of water is offered him: "How about a drink?", to which he spits back, "Get out of my way, you sonofabitch!" And when someone driving along side the current runner says jokingly, "Only three miles to go, heh, heh," he replies, "Don't b.s. me you damn idiot!" Or the ultimate sensitivity: "How ya feeling?" The reply: "What the hell do you mean by that?"

But with the altitude came the cooling relief of mountain air and the parallel dropping of anxiety and tempers. One more day to go; we were close to schedule. On the beautiful Oregon Freeway with less than one-hundred miles to go we were a cinch to make it--on time, too. We made it with an hour to spare. It was just five p.m. as the teams trotted together up to Hayward Field. We wondered where the brass band was, and the reception committee? What there was was a throng of track fans and concessionaires migrating determinedly through the streets. This was a somewhat less auspicious welcome than we had planned on. Why weren't the olympic officials and athletes queuing up all around? We were totally dejected. We began to babble: "Hold the money! 700 miles and nothing, zero!...What's the deal, anyway?...Let's storm the gate!"

Obviously, the thought had escaped us that the officials and athletes might have some passing interest in getting the track meet under way, and that they may not be terribly impressed by a band of ragtag relay runners milling in the crowd on Agate Street. For all the good our shouting of uncivil epithets did us, we might as well have been selling ice cream bars and popcorn. We were stopped cold at every gate. The gatekeepers turned out to be a highly trained corp of psychologists and karate experts: nobody could shake their grips on the almighty turnstiles. Then we tried a little ploy. We sent a representative over to the Athletes' Headquarters across the street, told him to look for an AAU or Olympic Committee Official. "Slide up to him," we said, "look mysterious, whisper into his ear: 'We're here, we have over a thousand dollars that we raised on our relay run to Eugene.'" "Then just disappear into the crowd," we said. Our man went off toward the HQ and reappeared within the hour, still looking mysterious. He had made contact.

True to form, within a couple of hours, several white-capped AAU officials smiled their way into our ragged ranks, murmuring, "Over a thousand dollars, you say..."

We got on the program a couple of days later, and got to take a turn on the rust-colored Stevenson Track, while the loudspeaker blared about the thousand-plus dollars we were turning over to the Olympic Fund. However, somewhere in the first few awkward steps on the track, the whole thing we had done began to pale. I began to watch my feet as they shuffled along, and I grew increasingly aware of the athletes warming up in the various arenas on the field. We had taken three-and-a-half days to "jog" to Eugene; they had spent months and years of incredibly intense



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mental and physical effort and must have sacrificed thousands of dollars of income. Most of them would never get to experience a "victory lap" of any kind. I grew more embarrassed with every step. Our effort seemed like such a little thing. I wished I were in the stands where I belonged. The Eugenic spectators, however, always ready to applaud any tiny deed done in the name of track and field, gave us a big hand and made it easier to get around the track. Occasional athletes on the infield warming up for their events gave us the power salute.

Montreal '76: it'll probably be hot again. But then, running five mile legs at a six-minute pace we ought to be able to reach Albuquerque by the fourth day, might even reach 100 degrees by noon, Oklahoma City by the eighth day, and they'll probably want to have a big reception for us, give us the key to the city and all..." --Jim Engle

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#### NORTHERN CALIFORNIA PORTRAIT

Meet Ken Duncan: Ken Duncan always wanted to be a sprinter. Jerry Proctor, for one, probably wishes he was. Instead of pursuing the dashes--despite 9.7 speed--Duncan concentrated on the long jump. That concentration reached its highest--and longest--point at the prestigious Golden West Prep Meet on June 17 in Sacramento when Duncan powered off the board and landed 26'2 1/4" away to set a national high school record, erasing Proctor's 1967 mark of 26'0 3/4". The 6-3, 170-lb. leaper from Sacramento's McClatchy High previewed his big jump with a mighty 26-8 foul on his first leap of the day.

Duncan's record served to catapult him into national prominence as well as the prep record book. Earlier in June he was beaten for the California prep title by Sacramento High's versatile Carl McCullough. Then Ken placed third in the International Prep Meet in Illinois, jumping 23-10 3/4, but closing in on McCullough (23-11 1/2). Then Duncan delivered his crusher at the GWI. Following that he placed third in the U.S. Junior Championships (25-1), but earned a place on the US Junior (under 20) Team to meet the USSR Juniors since the runner-up was a non-American. Duncan hit the big time by jumping in the US Final Olympic Trials, missing qualifying for the finals by a place and one inch (24-9 1/2 to James McAlister's 24-10 1/2). Still, Ken topped such well-known 26-footers as Phil Shinnick, Jeff Bolin, Al Lanier, Bouncy Moore, Stan Royster, and Proctor. Duncan returned to the scene of his prep record, Sacramento's Hughes Stadium, and placed a creditable third in the US-USSR Junior match at a windy 25-2 3/4 behind the high-powered jumps of US Olympian Randy Williams (26-9 1/4) and '70 European Junior long and triple jump champ, Valeriy Podluzhniy (26-7 3/4).

A phenomenal season for a jumper whose previous seasonal best was 22-11 in 1971. "I think my good year was due to just good ol' hard work," says the versatile 18-year-old. Besides the long jump, Duncan recorded such marks in '72 as 14.0 for the prep hurdles, 14-6 for the pole vault, and 48.0 for a relay 440. Duncan also runs cross country, usually as a part of fall training, before concentrating on speed and jump work in the spring. As far as style goes, he told Track & Field News, "Some jumpers use a hitch kick, but I just float like a bird." Duncan indicated in 1972 he has only begun to spread his wings and fly.

Kenneth Duncan, Sacramento, California, 6-3, 170-lbs. Born Dec. 3, 1953. Began competing in 1966 with no lay-offs since ("although I did break my leg in 1969--before the season though"). Bests: 100--9.7; 440--48.0r; 120HH--14.0; PV--14-6; LJ--26-2 1/4 (National High School Record). Coached by Charles Carter.

COACH'S CORNER does not appear in this month's issue because our reporter and writer for that column is on vacation (John Marconi) & we have found no one to take his place until he returns, hopefully next month.

## WEST VALLEY PORTRAIT

Meet Peter Duffy: The past track season has been sort of a "turning point" for WVTC's Englishman from Reno. Peter Duffy had always been a "good" performer in a variety of distance events, but could never quite get the combination together to become national class. After running a life-best mile of 4:03.8 (his previous best had been 4:08) against Pacific Coast Club this April, his confidence grew, and as a result, his times came down, in great leaps. He improved his two-mile best from an 8:48 to a classy 8:35.8, and his three mile from 13:48 to 13:28 (and 13:55.8 for 5000m). In the six mile, a race he had seldom run, Peter proceeded to run away from a very classy field at the San Jose Invitational, recording a PR of 29:04.2 for the metric distance and a 28:08 in route at six miles. In the process, he defeated the likes of Don Kardong, Jon Anderson, Bill Clark, Greg Brock and Mike Hazilla among others. He closed the season with three sterling performances (8:35.8 for 2 miles and a 5th place at the California Relays, beating the likes of such internationalists as Gerry Lindgren and Tom Laris; 29:08.8 for 10,000 meters and a 5th in the NCAA Championships; and finally 13:55.8 for 5000 meters and a close third in the AAU Meet). All this came with a knee injury that forced him to limit his workouts to only 3-4 miles (3 times a day) over the last month of the season. With the knee healed, Peter is ready to run a strong cross country season and then attempt international class times next track season (he hopes for 4 minutes in the mile and around 8:20 for two miles).

Born in Manchester, England, the 23-year-old Duffy has been in the States for quite some time now, enough, in fact, to earn himself a degree in Social Psychology from the University of Nevada at Reno. There he lives with his wife Elaine, and is currently employed part time with United Airlines. He seems to have taken a liking to the high-altitude training conditions in Reno, as his current improvement has shown. Looking back over his running career, Peter singles out two moments that he considers his "most exciting", although he emphasizes, "I don't usually get very excited about races. I'm in it primarily for the enjoyment, and not necessarily the winning." His first big win as a junior came in 1966 when he finished third in the English Schools' Mile in a time of 4:22. He considers his competing in the AAU cross country championships last fall to be another of his "exciting moments". He finished 30th in that race, and figures to improve considerably this year in Chicago as his track improvement seems to dictate.

The blond Englishman's training schedule is more or less "common sense", as he puts it. He fits his training together into a pattern that seems to suit him at the time. Normally he likes to go for 9 miles of easy running in the mornings, followed by 6 miles in the afternoon at a quick clip (5:20 per mile pace or thereabouts) or interval work, especially as the season's big meets come around. This year he ran a race almost every week (usually more) for the University of Nevada, but he'd much prefer aiming at about five or six important races next track season of his own choosing. This way he'll be able to concentrate more on consistent training in the attainment of his lofty goals. With 1972 almost behind him (at least track season), Duffy has "come of age", and the future looks very bright indeed for his emergence onto the international scene. All his team mates wish him success in these endeavors.

## SCHEDULING

### LONG DISTANCE

Note: All runs listed below are sanctioned by the AAU except those specified as DSE races, or otherwise noted. These are strictly run-for-fun races that are sponsored by the Dolphin/South End Runners of San Francisco. Some of the races listed below are out of the PA-AAU and are noted as follows: Southern Pacific (\*SPA), Pacific Southwest (\*PSWA), Southern Nevada (\*SNA), Central California (\*CCA). All other out-of-state races are also out-of-Association. All requests for entries should be made to addresses listed (if noted). More information on other associations can be obtained from: SPA-AAU (John Brennand, 4476 Meadowlark Ln., Santa Barbara, CA 93105); PSWA-AAU (Tom Bache, 4920 Kane St., San Diego, CA 92110); CCA-AAU (Bill Cockerham, 1717 S. Chesnut, Fresno, CA 93702); SNA-AAU (John Romero, Hotel Sahara, Las Vegas, Nev. 89114); DSE (Walt Stack, 321 Collingwood, S.F., 94114). Pacific Association of the AAU is located at 942 Market St., Suite 601, S.F., CA 94102. --- Please enclose self-addressed stamped envelopes when requesting information from the above individuals or asking for entry blanks.

- Aug 19 - Mt. Misery 7.5 Miler, Placerville, 10 am. Hangtown Harriers, Ernie Marinoni, 5101 Newton Rd., Placerville, CA 95667.
- Aug 19 - 5 Mile, Las Vegas, Nev. (Sunset Park), 8 am. John Romero, Sahara Hotel, Las Vegas, Nev. 89114. (\*SNA)
- Aug 19 - Resurrection Pass Trail Marathon, Hope, Alaska. John Trent, Pulsators, 1700 Tudor Road, Anchorage, Alaska 99502.
- Aug 19 - 5th Cal-Poly Cross Country, 5 Miles, Pomona, 9 am. John Brennand, 4476 Meadowlark Ln., Santa Barbara, CA 93110. (\*SPA)
- Aug 20 - DSE Practice Dipsea, 6.8 Miles, Mill Valley Bus Station, 10 am.
- Aug 20 - Moonlight Beach 4-Miler, Leucadia, 1 pm. Tom Bach, 4920 Kane St., San Diego, CA 92110. (\*PSWA)
- Aug 20 - 8.5 Mile Pierce Pt. Ridge Run (Pt. Reyes Natl. Seashore), noon. Marin AC, Darren Walton, P.O. Box 742, Novato, CA 94947.
- Aug 24 - One Hour Track Run, Balboa Stadium, San Diego, 8 pm. Tom Bache, 4920 Kane St., San Diego, CA 92110. (\*PSWA)
- Aug 24 - Bouquet Canyon Run, 8 Miles, 6:30 pm. Ed Jacoby, College of the Canyons, 25000 W. Valencia Blvd., Valencia, CA (\*SPA)
- Aug 26 - Bunion Derby, all divisions (different distances), Fresno State, 6:30 pm. Larry Lung, 3356 Monroe, Fresno, CA 93705. (\*CCA)
- Aug 26 - 4th Annual Golden Empire XC Run, (Fairgrounds, Grass Valley), divisions, 6 pm. Nick Vogt, Star Route, Smartville, CA 95977.
- Aug 27 - 62nd Annual Dipsea Race, 6.8 Miles, Mill Valley, 10 am. Mill Valley Jr. Chamber of Commerce, Mill Valley, CA 94941.
- Aug 27 - 10th Santa Monica Sports Festival, 10 Km., 1456 Ocean Ave, 9 am. John Brennand, 4476 Meadowlark Ln., Santa Barbara. (\*SPA)
- Sep 2 - 10th Annual Emerald Hill Run, 7.5 Miles, Redwood City, 9:30 am. RC Striders, Mike Ipsen, P.O. Box 868, Redwood City, 94064.
- Sep 2 - 1st Annual Big Foot Day Race, 6 Miles, Willow Creek, CA, 9 am. Vernal Wilkinson, P.O. Box 805, Willow Creek, CA 95573.
- Sep 2 - 6.5 Mile Hume Lake Run. David Bronzan, P.O. Box 385, Three Rivers, CA 93271. (\*CCA)
- Sep 3 - DSE Lake Merced 5 Miler, San Francisco, 10 am.
- Sep 3 - Oceanside 10 Miler. Tom Bache, 4920 Kane St., San Diego, CA 92110. (\*PSWA)
- Sep 4 - Mt. Baldy Climb to Notch, 4 Mile (8 Mile if lift overhaul finished), 10 am. John Brennand, 4476 Meadowlark, SB 93110 (\*SPA)
- Sep 4 - (CANCELLED) - 8 Miler, Rio Americano H.S., Sacramento. Sac'to TC, Walt Lange, 5901-A Fair Oaks Blvd., Carmichael, CA.
- Sep 9 - Griffith Park XC Runs (Divisions), 3.6 Mi (longest), 8:30 am, (Greek Theater Parking Lot). John Brennand (see above). (\*SPA)
- Sep 9 - National AAU Senior 20-Kilometer Championships, Dedham, Massachusetts.
- Sep 9 - Alameda Carnival Age-Group Runs, Alameda, 10 am. Alameda TC, P.O. Box 362, Alameda, CA 94501.
- Sep 10 - Third Annual Double Dipsea, 13.6 Miles, Stinson Beach, 8:30 am. DSE Runners, Walt Stack, 321 Collingwood, S.F., CA 94114.
- Sep 10 - Tour of Albuquerque Marathon, Albuquerque, N.M. Vivian Harris, 2205 Ambassador, N.E., Apt. 133, Albuquerque, N.M. 87112.
- Sep 10 - Spokane Marathon, Spokane, Wash. James Murphy, Rte. 11, Box 680, Spokane, Wash. 99208.
- Sep 10 - 8 Miler, Eugene, Oregon, 1:30 pm. (No details available)
- Sep 11 - San Diego State All-Comers XC, 4.3 miles, Balboa Park, 4:30 pm. (\*PSWA)
- Sep 16 - PA-AAU 25-Kilo Championships, Golden Gate Park, S.F., 10 am. Peter Mattei, 1000 North Point, San Francisco, CA 94109.
- Sep 16 - Lake Wildwood 10 Mile Run, Grass Valley, 10 am. Golden Spike Runners, Nich Vogt, Star Route, Smartville, CA 95977.
- Sep 16 - Watermelon Run, 2-4-6 Mile Races, Age-Groups, CIF approved (Predicted time awards), Fresno State College. (\*CCA)
- Sep 16 - Occidental College XC, 4.4 Miles (Open), 2.2 Miles (Novice/Girls), 9:30 am. (\*SPA)
- Sep 16 - Long Beach Invitational XC, Long Beach State, 5 Miles, 10 am. (\*SPA)
- Sep 17 - Roseburg Marathon, Roseburg, Oregon (no other information available).
- Sep 17 - Bass Lake Half-Marathon, Divisions, 3 pm. Bill Cockerham, Pacific College, 1717 So. Chesnut, Fresno, CA 93702. (\*CCA)
- Sep 23 - DSE Golden Gate Bridge Run, 3 Miles, 10 am (Meet at Toll Plaza Parking Lot, below statue).
- Sep 23 - Equinox Marathon, College Alaska, contact John Gilmore, Dept. of Health & Physical Educ., Univ. of Alaska, College, Alaska.
- Sep 23 - Mt. SAC XC, 4 Miles, 9 am (Open, Vets, Women, Women Vets). (\*SPA)
- Sep 24 - 28th Annual Walnut Festival 5.7 Mile Run, Walnut Creek, 10 am. ABSOLUTELY NO POST ENTRIES--SEND FOR ENTRY BLANKS EARLY!!!  
Andrew MacCono, 1840 Geary Rd., Walnut Creek, CA 94596.
- Sep 30 - Second Annual Fremont Atalanta 8 Mile Women's Race, Fremont, 8 am. Pathfinder Inc., Fremont Chamber of Commerce, 39737 Padre Parkway, Fremont, CA 94538.

- Oct 1 - All-Comers Marathon, Eugene, Oregon, 9 am. Janet Newman, 2161 University, Eugene, Ore. 97403 (Also a half-marathon).  
 Oct 1 - Evergreen Marathon, Pullman, Wash. Jim Dunne, Box 133, Pullman, Wash. 99163.  
 Oct 1 - Napa Marathon, Napa, 9 am. Napa Valley Runners, Mike Healy, 690 Costa, Napa, CA 94558.  
 Oct 7 - Fresno State College Invit. XC, (Open-6 Miles), Woodward Park. (\*CCA)  
 Oct 7 - 16th Annual Sacramento Invit. XC Races (All Day/All Divisions), Sac'to State. H. Roloff, Sac'to State College, Sac'to 95819.  
 Oct 7 - Aggie Invitational, UC Davis. Contact XC Coach, UC Davis, Davis, CA.  
 Oct 8 - 22nd Annual Columbus Day 5 and 10 Kilo Races, Lake Merritt, Oakland, 8:30 am. Enrico Dell Osso, 1803 3rd Ave., Oakland 94606.  
 Oct 14 - 7.5 Mile Run, Daly City, Westlake Park Clubhouse, 9 am. Pamakid Runners, Pat Vidosh, 372 Northgate Ave., Daly City, 94015.  
 Oct 15 - PA-AAU & Nat'l AAU 50 Mile Championships, Rocklin, 8 am. Bob DeCelle, P.O. Box 362, Alameda, CA 94501.  
 Oct 15 - 10 Kilo Race, Chico, 8:30 am. George Wright, Political Science Dept., Chico State College, Chico, CA 95926.  
 Oct 15 - DSE Ferry Bldg. Race, 4 Miles, 10 am (Meet at Dolphin Club).  
 Oct 15 - Santa Barbara Marathon, Santa Barbara, CA. John Brennand, 4476 Meadowlark Ln., Santa Barbara, CA 93105. (\*SPA)  
 Oct 15 - National AAU Senior 30 Kilo Championships, Central Park, New York City.

Note: The September issue will contain extensive cross-country scheduling, both for colleges and high schools (also open)...if I get some cooperation. If you are a coach or runner and have access to a mimeo cross country schedule, or just happen to know the dates of some important meets, please send them to us. We will not print dates of dual meets this year unless they are "super-duals" between high schools (e.g.-Mt. Pleasant vs. Carlmont, etc.) or unless they are collegiate meets (excepting JC meets). Thanks for your help.

#### TRACK AND FIELD

All-Comers Meets: The summer all-comers meets are just about over, with the exception of those listed below. If you know of any more then by all means contact me immediately. Modesto JC: Thru August 23 (Wednesday evenings) at 7 pm. Senior events if enough interested. Contact Dick Marlin, 1601 Florine, Modesto, CA. San Diego (Balboa Stadium): August 19 Championship Meet at 3 pm.

- Aug 15 - Junior Olympic Championships (Nationals), Spokane Falls College, Spokane, Wash. (4 days)  
 Aug 19 - Open Masters All-Comers Meet (40 & Over), College of Marin, Kentfield, 1 pm. NCSTC, Emmett Smith, 2766 Summit Dr., Hillsborough, CA 94010. (Masters team leaves for Europe the following day).  
 Sep 2 - Caledonian Games (limited events on race track), Santa Rosa Fairgrounds (2 days).

#### RACE WALKING

- Aug 19 - 15 Kilo Walk, Palasades Park, Santa Monica, 9 am. (Contact Bill Ranney on this one).  
 Sep 2 - 10 Mile, Oceanside Pier, 4 pm.  
 Sep 16 - 100 Mile Track Walk, Columbia, Mo. (Hickman H.S.), 1 pm.  
 \*\*\*Details on the above races and any other pertinent poop on race walking can be obtained from one of these three outstanding race walking freaks: Bill Ranney, One Barker Ct., Fairfax, CA 94930 (Ph. 456-2641); Steve Lund, 402 Via Hidalgo, Greenbrae, CA 94904 (Ph. 461-5492); Frank Hagerty, 616 Hillsborough, Oakland, CA.

One-Hour Walk: (SF State College, date unknown) - Goetz Klopfer won this event (held sometime before the Olympic Trials) by covering 8 miles, 450 yards. Ranney filled in second spot with 8 miles, 120 yards, as close as he's been to Goetz in a long time. Bob Jackson, who walked his first 20-Kilo ever in 1:42 and by doing so qualified for Eugene, walked a strong 7 miles, 440 yards. Lansing rounded out the group by dropping out at 4 miles.

AAU Masters Walks: (July 2-3, San Diego) - See next section of this publication under "Track Results".

## TRACK & FIELD RESULTS

All-Comers Meet: (June 7, Leigh H.S., San Jose) - OPEN: 100: Craven 10.4, Davis 11.3; 220: Siirila 23.2, Davis 24.8, Bean 25.0; 440: Siirila 50.9, Craven 52.4, Burch 52.5; 880: Washer 2:04.1, Schaffer 2:14.2; Mile: Bartasi 5:11, Noland 5:12.2, Marcom 5:20; 2 Mi: Bellah 10:18, Bergkamp 10:23.6, Van Zant 10:29.5, Napier 10:32; 6 Mi: Bellah 32:30.5, Huggins 32:42, Fiamengo 32:52; Mile Walk: Bartasi 8:40, Wade 8:50, Jobe 9:44; Mile R: STC 3:43; 180LH: Bean 21.9, Triplett 22.0; SP: Becker 46-3, O'Mara 38-3, Rouse 37-8 1/2; DT: Mannon 160-10, Becker 127-0, O'Mara 121-8; TJ: Triplett 43-9 3/4; HIGH SCHOOL: 100: Manone 11.5, Niedrauer 11.5; 220: Manone 24.9, Niedrauer 25.4; 440: Kirkham 56.1, Marcom 57.8, Bartasi 61.4; 880: McCandless 2:08.6, Dinno 2:15.6, Evans 2:21.8; Mile: Sommer 4:52.5, Walcott 5:03.8, Freitas 5:10.8; 2 Mi: Sommer 10:58, McCandless 10:58, Gardern 11:17; 6 Mi: Black 31:46, Midstocke 39:50; 180LH: Hayes 24.7; SP: Mannon 60-9; HJ: Buser 5-4, Bernal 5-0; PV: Hiewes 9-6, Fischer 8-6; TJ: Hayes 37-4, Buser 36-5, Brown 33-6.

All-Comers Meet: (June 21, Leigh H.S., San Jose) - OPEN: 100: Craven 10.2, Airington 11.8, Hotchkiss 11.8; 220: Dickson 22.2, Craven 22.3, Masonagle 23.6; 440: Craven 51.1, Burch 52.4, Mori 52.9; 880: Eastman 2:04.3, Green 2:14.9; Mile: Kessler 4:51.9, Tico 5:03.9; 2 Mi: Bergkamp 10:08, Bowen 11:24; 4 Mi: Bergkamp 21:33, Vansam 22:56, Tico 25:26.3; Mile Walk: Wade 9:02.3; DT: Wade 94-1; SP: Wade 34-10; HJ: Craven 5-7, Muraoka 5-7; PV: Stillson 11-0, Wade 9-0; TJ: Dunn 49-10; LJ: Muroaka 17-7 1/2; HIGH SCHOOL: 100: Rodarte 10.5, Rodriguez 11.8, Markham 12.5; 220: Rodarte 24.9, Niedrauer 25.1, Wilson 25.8; 440: Maurer 57.2, Markham 57.3, Stock 59.9; 880: Maurer 2:13, Mamone 2:14.9, Evans 2:25.9; Mile: Naranjo 4:51.3, Sommer 4:51.3; 2 Mi: Fiamengo 10:13.6, Garcia 10:25.0, Sommer 11:06; 4 Mi: Naranjo 23:32.4, Freitas 24:21; Mile Walk: Bartasi 8:57.5, Stock 9:49.8; 120HH: Meisburger 16.1, Mildbrandt 16.3; 180LH: Rodarte 22.6, Meisburger 22.8, Sanders 24.0; DT: Rouse 94-3, Bartasi 72-2; SP: Rouse 37-0, Bartasi 25-3; HJ: Sanders 5-2; PV: Budd 11-0, Hash 10-0; TJ: Brown 35-10; LJ: Baumgardner 18-11 1/2, Sanders 17-7 1/2, Stock 15-7. /Reported by Dave Stock/

National AAU Masters T&F Championships: (July 1-3, San Diego) - (Note: Division I is 40-49, Div. II is 50-59, Div. III is 60-69, Div. IV is 70+) - 100: I - 1. Smith (SCS) 11.2, 2. Rhoden (SDTC) 11.3, 3. Stolpe (CDM) 11.5, 5. Washington (BAS) 11.9, 6. Juilland (NCSTC) 12.1, 7. Frederickson (NCSTC) 12.4, 9. Schroder (NCSTC) NT; II - 1. Jordan (CDM) 12.1, 2. Fetter (STC) 12.3, 3. Guidet (NCSTC) 12.3; III - 1. McIntyre (STC) 13.5, 2. Sharp (Un) 13.7, 3. Carnine (NCSTC) 14.0, 4. Puglizevich (NCSTC) 14.5; IV - 1. Johnson (SDTC) 17.3; 200m: I - 1. Smith (SCS) 22.3, 2. Rhoden (SDTC) 22.3, 3. DeVallance (Aus) 23.2, 5. Juilland (NCSTC) 23.8, 6. Rademaker (SFOC) 23.8, 9. Frederickson (NCSTC) 25.6; II - 1. Guidet (NCSTC) 24.3, 2. Jordan (CDM) 24.6, 3. Fetter (STC) 24.9; III - 1. McIntyre (STC) 26.7, 2. Sharp (Un) 28.0, 3. Carnine (NCSTC) 28.4, 4. Puglizevich (NCSTC) 29.2; IV - 1. Fowler (SDTC) 37.7; 400m: I - 1. Stolpe (CDM) 52.0, 2. Dawkins (STC) 52.9, 3. Fitzgerald (STC) 52.9; II - 1. Upham (Un) 57.2, 2. McDonald (SDTC) 57.2, 3. Bowers (SDTC) 57.6; III - 1. McIntyre (STC) 62.3, 2. Clarke (FCC) 69.3, 3. Bierlein (Un) 72.7; IV - 1. Ingram (Un) 1:20.1, 2. Fowler (SDTC) 1:24.2; 800m: I - 1. Fitzgerald (STC) 1:58.4, 2. Pratt (NCSTC) 1:58.8, 3. Van Tatnehove (STC) 2:00.0, 5. Teegarden (NCSTC) 2:03.7, 6. Brown (BAS) 2:05.3, 15. Cameron (NCSTC) 2:24.9, 16. Smith (NCSTC) 2:29.8; II - 1. Shurtleff (ITC) 2:13.8, 2. Dellwo (Spok) 2:15.2, 3. Waterman (SRC) 2:15.7, 6. Shank (NCSTC) 2:22.0; III - Deacon (HMTC) 2:30.7, 2. Bole (STC) 2:37.8, 3. Clarke (FCC) 2:38.8; IV - 1. Johnson (SDTC) 2:59.1, 2. Ingram (Un) 3:07.4; 1500m: I - 1. Hatton (Un) 4:11.5, 2. Van Tatenhove (STC) 4:12.0, 3. Fitzgerald (STC) 4:14.3, 5. Napier (WVJS) 4:15.4, 6. Teegarden (NCSTC) 4:17.5, 10. Harrison (NCSTC) 4:29.1, 11. Koerner (NCSTC) 4:29.2, 14. Gee (NCSTC) 4:45.9, 17. Smith (NCSTC) 5:21.8; II - 1. Gorrell (STC) 4:36.5, 2. Shurtleff (ITC) 4:36.7, 3. Dellwo (Spok) 4:37.3, 4. Waterman (SRC) 4:39.0, 7. Allen (NCSTC) 5:00.7, 13. Stephenson (SFOC) 5:55.4; III - 1. Andberg (TCTC) 4:59.4, 2. Montoya (STC) 5:39.4, 3. Monheit (NCSTC) 6:09.4; IV - 1. Johnson (SDTC) 6:47.6, 2. Sturgill (Un) 7:06.6; 5000m: I - 1. Hatton (Un) 15:36.3, 2. Smartt (SCS) 15:49.4, 3. Stevenson (SRC) 16:36.7, 4. Fries (FT) 16:40.5, 8. Koerner (NCSTC) 17:31, 15. Gee (NCSTC) nt, 16. Beale (Un) 19:37; II - 1. Reese (NCSTC) 17:49, 2.

Dellwo (Spok) 17:56, 3. Waterman (SRC) 18:22, 7. Harder (HSTC) 19:46; III - 1. Andberg (TCTC) 18:34.4, 2. Montoya (STC) 20:01, 3. Bigelow (Un) 21:44, 4. Monheit (NCSTC) 22:43, 5. Carmichael (SFOC) 26:48; IV - 1. Sturgill (Un) 30:18; 10,000m: I - 1. Hatton (Un) 31:42.8, 2. Smartt (SCS) 33:01.8, 3. O'Neil (SFOC) 34:01.0, 4. Stevenson (SRC) 34:04.0, 6. Stout (FT) 34:30.6, 12. Harrison (NCSTC) 39:48, 14. Beale (Un) 42:15; II - 1. Reese (NCSTC) 36:30.0, 2. Lafferty (SDTC) 36:41, 3. Dobbs (FTC) 38:55, 7. Harder (HSTC) 40:28, 9. Stephenson (SFOC) 44:56; III - 1. Andberg (TCTC) 38:02.0, 2. Montoya (STC) 39:33, 3. Bright (Snoh) 41:52, 4. Monheit (NCSTC) 44:23; IV - 1. Sturgill (Un) 58:59.6; (Add - III (5th) Carmichael (SFOC) 51:44); 3000mSC: I - 1. Parnell (SDTC) 10:05.4, 2. Stock (SDTC) 10:42.0, 3. Roberts (STC) 10:42.6, 4. Stevenson (SRC) 10:56., 6. Cameron (NCSTC) 14:31.6; II - 1. McNeice (STC) 14:33.8; Marathon: 1. Parnell (SDTC) 2:33:06, 2. Coveney (LGRR, Can) 2:36:55, 3. Smith (WVJS) 2:37:35, 8. O'Neil (SFOC) 2:51:18, 9. Holley (MAC) 2:52:59, 11. Stevenson (SRC) 2:55:55, 13. Reese (NCSTC) 2:56:57 (1st Div. II), 29. Allen (NCSTC) 3:13:07 (4th Div. II); 5,000m Walk: I - 1. Barnes (STC) 28:05.6, 2. Gershuny (WJCC) 28:28.0, 3. O'Rourke (STC) 28:52.0; II - 1. Lundmark (CTC) 29:09.6, 2. Wehrly (SCS) 29:12.8, 3. Mooers (Un) 30:47.4; III - O'Neil (Un) 31:12.4, 2. Laitinen (Snoh) 36:25.4, IV - 1. Fowler (SDTC) 38:02.0; 20,000m Walk: 1. MacLachlan (UCTC) 1:58:18, 2. Barnes (STC) 2:00:24, 3. Gershuny (WJCC) 2:04:05, 10. Mooers (Un) 53:02 (4th Div. II); 110mHH: I - 1. Jackson (CDM) 15.0, 2. Greenwood (Un) 15.6, 3. Rademaker (SFOC) 15.9; II - 1. Sharp (CDM) 18.8, 2. Gillette (CDM) 19.2, 3. Reiner (SDTC) 21.5; 400mIH: I - 1. Greenwood (WTC) 56.5, 2. Dowell (NCSTC) 60.6, 3. Rademaker (SFOC) 60.6; II - 1. Guidet (NCSTC) 66.7, 2. Sharp (CDM) 68.4; PV: I - 1. Hiob (Un) 12-6, 2. Friberg (SDTC) 11-0, 3. Grosh (CDM) 11-0; II - 1. Morcom (CDM) 13-7, 2. Gillette (CDM) 11-6, 3. Winton (SFOC) 8-6; III - 1. Deacon (HMTC) 9-0; TJ: I - 1. Jackson (SDTC) 45-8 3/4, 2. Schlegal (CDM) 38-8 1/2, 3. Donnelly (SDTC) 37-6 1/4, 4. Fries (FT) 36-4, 5. Washington (BAS) 35-8 1/2; II - 1. Farrell (CDM) 38-10 1/4, 2. Sharp (Un) 36-0 1/2, 3. Morcom (CDM) 31-8; III - 1. Andors (SDTC) 31-7 1/4, 2. Dick (Un) 27-9 1/2; HT: I - 1. Connolly (SCS) 220-11, 2. Pavelich (VOC) 117-6, 3. Steele (NCSTC) 101-6; II - 1. Heard (CDM) 117-6, 2. Montgomery (CDM) 117-6, 3. Patterson (Un) 108-6; III - 1. Hubbell (STC) 79-5 1/4, 2. Mitchelson (STC) 55-2, 3. Blakesley (SDTC) 55-1; HJ: I - 1. Austin (CDM) 5-10, 2. Simpson (Un) 5-6, 3. Page (IEAC) 5-4; II - 1. Gist (SDTC) 5-5, 2. Gillette (CDM) 5-5, 3. Morcom (CDM) 5-4; III - 1. McIntyre (STC) 4-7, 2. Bigelow (Un) 4-3, 3. Dick (Un) 4-2, 6. Puglizevich (NCSTC) 3-8; LJ: I - 1. Jackson (CDM) 21-7 1/2, 2. Davisson (CDM) 20-10 3/4, 3. Schlegal (CDM) 19-11 1/4, 6. Washington (BAS) 17-11; II - 1. Sharp (CDM) 18-0, 2. Morcom (CDM) 17-0, 3. Foutz (CDM) 16-11 3/4; III - 1. Andors (SDTC) 15-1 1/4, 2. Dick (Un) 14-3, 3. McFadden (SDTC) 12-3, 5. Puglizevich (NCSTC) 11-10 1/2; SP: I (16#) - 1. Ker (CDM) 47-4 1/4, 2. Pavelich (VOC) 43-2 1/4, 3. Wassam (Un) 41-4 3/4, 5. Schroder (NCSTC) 37-8 3/4, 6. Steele (NCSTC) 35-4; II (12#) - 1. Merritt (SMTC) 51-6 1/2, 2. Heard (CDM) 50-4, 3. Aldrich (CDM) 42-0 1/2; III (8#) - 1. Puglizevich (NCSTC) 39-7 1/2, 2. Carnine (NCSTC) 37-8 3/4, 3. Lamb (SDTC) 37-1 1/2; DT: I (2Kg) 1. Ker (CDM) 146-0, 2. Pavelich (VOC) 132-8, 3. Maurer (SDTC) 124-10, 4. Schroder (NCSTC) 124-7 1/2, 7. Steele (NCSTC) 111-6 1/2; II (1.6Kg) - 1. Aldrich (CDM) 143-0, 2. Heard (CDM) 133-8, 3. Winton (CDM) 124-10; III (1.6Kg) - 1. Dick (Un) 109-2, 2. Carnine (NCSTC) 106-0, 3. Hubbell (STC) 94-4; JT: I - 1. Norton (CDM) 172-3, 2. Wassam (Un) 161-4, 3. Wallace (STC) 142-11, 5. Phillips (NCSTC) 140-6; II - 1. Seymour (CDM) 169-11, 2. Morales (CDM) 162-8, 3. Aldrich (CDM) 146-11; III - 1. Curtice (Un) 115-5, 2. Dick (Un) 113-4, 3. Carnine (NCSTC) 102-11; IV - 1. Mowrer (Un) 64-4; 440R: I - 1. Corona Del Mar (Davisson, Jackson, Schlegal, Stolpe) 44.4, 2. San Diego TC 45.5, 3. NorCal Senior TC (Juilland, Rademaker, Washington, Frederickson) 50.2; II - San Diego TC 50.1, Seniors TC 50.8; 1600mR: I - 1. Corona Del Mar (Stolpe, Tetrault, Jackson, Hershberger) 3:30.6, 2. Seniors TC "A" 3:31.9, 3. San Diego TC "Blue" 3:39.4, 5. NCSTC 3:41.1, 6. West Valley Joggers & Str. 3:51(?); II - 1. San Diego TC "Blue" (Boyle, Bowers, Hamilton, Knuppel) 4:02.7, 2. Corona Del Mar 4:09.8, 3. Seniors TC 4:10.6; Pentathlon: 1. Norton (CDM) (18-10, 160-9, 24.6, 117-1 1/2, 4:51.5) 2812, 2. Love (SDTC) (18-8 1/2, 143-2, 24.4, 81-4 1/2, 5:09.0) 2401, 3. Wallace (STC) (16-8 1/2, 135-3, 25.1, 105-7 1/2, 4:59.8) 2383, 19. Dowell (NCSTC) (15-0, 121-2 1/2 -- only 2 events) 708. /Reported by Ken Bernard/

CSM All-Comers Meet: (July 15, San Mateo) - OPEN: 440R: Black Saints 44.4; 120HH: Florant (PA) 14.7, Pope (SSC) 14.7, Carpenter 16.5; Mile: Johnson (CCSF) 4:32.4, Dillie (Sky) 4:48.8, Roundtree (Menlo) 4:49.5; 100: Farmer (BS) 9.8, Whitaker (BS) 9.9, Shields (SJS) 10.0; LJ: Bathurst (BTC) 21-0 3/4, Walker (RCS) 20-0 1/2, J. Estrada (WVTC) 19-7 1/4; Jav: Healy (SFV) 187-9 1/4, Farlow (RCS) 158-2, Dilley (RCS) 156-9 1/4; SP: Mannon (Los Gatos) 51-1 1/2, Gragg (Laney) 50-7 1/4, Gross (SFS) 43-7 1/2; 440: Ashton (WVTC) 51.6, Bishop (UCMed) 52.7, J. Estrada (WVTC) 53.6; TJ: Carpenter (JMTC) 41-8 3/4; 3 Mi: Johnson (CCSF) 15:41.4, Schmidt (SI) 15:48.1, Fiamengo (Carl) 15:53.8; DT: Wolf (OTC) 183-11, Gross (SFS) 132-4, Mannon (Los Gatos) 132-1; 220: Shields (SJS) 23.3, Ashton (WVTC) 23.6, Cohn (Stan) 26.8; HJ: Schneider (Cnyn) 6-4, Fishbaugh (Chab) 6-4, McGinnity (WVTC) 6-4; 880: Tracy (WVTC) 2:06.3, Dedo (HamAFB) 2:07, Duranti (UCLA) 2:08.4; PV: Harwood (Stan) 12-6; MileR: Cal Poly 3:51.0; Seniors 3 Mi: Haynes (StanRC) 17:45.8, Motti (SFOC) 18:21.8; HIGH SCHOOL: 120HH: Murphy (SSF) 16.7, Allazetta (Ara) 16.7, Fang (RCS) 20.2; Mile: Pemberton (WVTC) 4:42.6, Barney (Carl) 4:46.6, Palladino (Serra) 5:02.9, LJ: Nakada (SM) 19-6 3/4, Erickson (SSF) 13-6 1/4; SP: Mackey (HayTC) 46-8, Rice (PA) 46-3 3/4, Quintin (Oceana) 42-6 1/2; 100: Nordman (HayTC) 10.4, Westfall (SSF) 10.5, Winters (BS) 10.8; 440: Henkle (SSF) 53.0, Fitts (Ara) 54.7; TJ: Ambrosia (Mills) 34-1 3/4; DT: Rice (PA) 145-3, Wolf (Low) 129-4, Fitts (Ara) 128-2; 2 Mi: Rios (SFC) 10:07.6, Barney (Carl) 10:20.4, Dunbar (Oceana) 10:23.4; 220: Westfall (SSF) 24.3, Winters (BS) 24.6, Christianson (Pied) 25.0; HJ: Allazetta (Ara) 5-10, Stavish (Oceana) 5-10, Christenson 5-8; 880: Erickson (SSF) 2:19.3; PV: Stavish (Oceana) 13-0, Garlach (SM) 12-6. /H. Young/

All-Comers Meet: (July 19, Leigh H.S., San Jose) - OPEN: 100: Craven 10.2; 220: Barkland 23.5; 440: Birch 52.8; 880: Shoop 2:07.2; Mile: Vigil 5:09.0; 3 Mi: Carlson 16:45; One Hour Run: Bellah (WVTC) 11 miles, 562 yards; PV: Moe 12-0; DT: VanKeulan 155-11; HJ: Muraoka 5-6; HIGH SCHOOL: 100: Murphy 11.0; 220: Shoop 25.7; 440: Siirila 52.2; 880: 2:07.2; Mile: Cortez 4:56.3; 3 Mi: Sommer 16:06; One Hour Run: Stock (WVTC) 10 miles, 633 yards; PV: Lawson 11-6; TJ: Murphy 41-7; HJ: Wright 5-6; DT: Harkness 156-4; LJ: Stewart 19-0. /Reported by Dave Stock/

CSM All-Comers Meet: (July 22, San Mateo) - OPEN: 440R: CCSF 44.8, SF Black Saints 45.3; 120HH: Johnson (Un) 15.4, Swartzell (SSF) 16.0, Fields (CSF) 16.0; Mile: Dare (WVTC) 4:13.0, Zapata (WVTC) 4:32.0, Lloyd (StanTC) 4:36.7; Sr. Mile: Waterman (SRC) 5:03.5; JT: Healy (SFVSC) 190-10, Johnson (Un) 167-8, Swartzell (SSF) 153-6, Orros (SFS) 150-11; 100: Farmer (BS) 10.0, Shields (SJS) 10.1, Anixtar (NCSTC) 10.2; Sr. 100: Juilland (NCSTC) 10.9, Lowell (SRC) 11.5; 440: Henkle (SSF) 51.7, John (SFS) 52.2, Ashton (WVTC) 53.1; SP: Mannon (LG) 51-10 1/2, Wolf (OTC) 46-6, Orros (SFS) 45-0; LJ: Davis (CCSF) 22-0 1/2, Walker (RCS) 21-3 1/2, Fields (CCSF) 20-6.5; HJ: Fishbaugh (Chab) 6-0; 3 Mi: Robertson (Un) 14:57.4, Stevenson (SRC) 15:47.4, Ferguson (SRC) 15:47.8; Sr. 3 Mi: Stevenson, Haynes (SRC) 16:32.0, Mott (SFOC) 18:25.0; DT: Wolf (OTC) 185-8, McCallum (CSH) 165-0, Boschetti (CSH) 142-1; 220: Shields (SJS) 22.6, Detlfsen (CSH) 23.2, Anixter (NCSTC) 23.7; 880: Marshall (PA) 2:02.8, Lloyd (Senior) 2:04.7 (Age Gr. Red. for 39), Hutchinson (NCSTC) 2:13.9; PV: Stavish (Oc) 13-6, Harwood (Stan) 12-0, Schwartz (UCB) 12-0; TJ: Williams (CCSF) 42-11, Derosans (CCSF) 42-6 1/2, J. Estrada (WVTC) 40-6 3/4; HIGH SCHOOL: 440R: King Center 44.3, So. City Str. 45.4; 120HH: Murphy (SSF) 15.9, Reeves (Ara) 16.0, Allazetta (Ara) 18.0; Mi: Peters (New Trier HS) 4:35.2, Dunbar (Oc) 4:47.2, Calvin (HMB) 4:55.6; SP: Popin (Ara) 49-7 1/2, Vance (SSF) 48-8 1/4, Bryant (SM) 43-8 1/4; 100: Westfall (SSF) 10.4, Biscoe (Serra) 10.6, Rose (Mills) 10.7; 220: Westfall (SSF) 24.1, Fitts (Ara) 25.0, Hansen (Ara) 26.6; 440: Allen (Srmte) 54.0, Peters (New Trier) 55.1, Jensen (Cnyn) 56.8; LJ: Biscoe (Serra) 19-11 1/2, Gogan (Serra) 16-8 1/2, Mullins (Carl) 13-1 1/4; HJ: Giavia (Mills) 6-2, Allazetta (Ara) 6-0, Stones (Camp) 6-0; PV: Graham (Ara) 12-6, Clay (HMB) 11-6, Caldwell (Mills) 11-6; 2 Mi: McDaniel (Oc) 10:06.2, Schmidt (SI) 10:26.2, Powell (Oc) 10:29.6; 880: Kuta (Norbridge) 2:07.1, McVeigh (SI) 2:07.3, Haugen (Oc) 2:08.2; DT: Fitts (Ara) 129-7, Vance (SSF) 125-10, Wolf (SSF) 124-2; TJ: Hamilson (SM) 40-1 1/4, Bullwinkle (Mills) 40-0 1/4, Clay (HMB) 38-9 1/2. /Reported by Harry Young/

U.S. vs. U.S.S.R. Junior Dual Meet: (July 28-9, Sacramento) - HT: Korobov (SU) 222-11, Korsak (SU) 213-0, Bessette (US) 190-9, Jackson (US) 187-11; SP: Semkiw (US) 59-6 1/2, Yarosh (SU) 58-5, Pagel (US) 58-5, Nosenko (SU) 57-0 1/2; PV: Boyko (SU) 16-8 3/4, Krylov (SU) 16-3, Petree (US) 15-1, White (US) failed to clear opening height; 100: Dill (US) 10.2, Williams (US) 10.3, Yevtyokhov (SU) 10.7, Izotov (SU) 11.0; 110mHH: Pereverzev (SU) 14.1, Lightfoot (US) 14.2, McKinley (US) 14.5, Bondarenko (SU) 14.7; 10,000m: Moseyev & Kraynov (SU) 31:36.0, Perkins (US) 31:55.2, Maguire (US) 33:49.2; JT: Rytov (SU) 248-10 1/2, Borkin (SU) 241-11, Dow (US) 235-1, Martin (US) 230-5; LJ: Williams (US) 27-4 1/2, Podluzhynyi (US) 26-7 1/4, Duncan (US) 25-6 1/2, Matveyev (SU) 25-4 3/4; 1500: Naletov (SU) 3:48.4, Korchenkov (SU) 3:49.4, Addison (US) 3:49.5, Forys (US) 3:54.0; 400m: Ray (US) 46.5, Eisenlauer (US) 46.9, Korenoshkin (SU) 48.6, Semenov (SU) 49.4; 400mR: US (Williams, Williams, Wells, Dill) 39.6, USSR (Radul, Izotov, Yevtyokhov, Aksinin) 41.2;

400mIH: Yunkin (SU) 52.5, Gailey (US) 52.7, Fyodorov (SU) 53.2, Schwab (US) 54.2; 200: Williams (US) 20.8, H. Williams (US) 21.0, Radul (SU) 21.3, Aksinin (SU) 21.8; 800: Smith (US) 1:49.3, Scott (US) 1:49.4, Pondmarey (SU) 1:49.7, Zimin (SU) 1:52.0; 10K Walk: Solomin (SU) 51:00.8, Pallamarchuck (US) 55:51.6, Bentley (US) DQ (no 2nd listed); 5000m: Zatonky (SU) 14:13.6, Ipatov (SU) 14:13.8, Virgin (US) 14:14.6, Sandoval (US) 15:01.2; 3000mSC: Isakov (SU) 9:18.8, Filonov (SU) 9:24.0, Elijah (US) 9:50.0, Hill (US) 10:03.4; 1600mR: US (Brown, Eisenlauer, Son, Ray) 3:08.5, USSR (Semenov, Korneushkin, Ponomarev, Zimin) nt; HJ: Woods (US) 7-2 1/4, Zhurba (SU) 7-1, Zhuravlev (SU) 7-1, Mackey (US) 6-10 3/4; DT: Smith (US) 177-0, Fvedotov (SU) 174-11, Nazhimov (SU) 173-7, Zabelski (US) 167-7; TJ: Syogal (SU) 53-5 1/4, McBride (US) 53-0, Pskulin (SU) 52-3 1/4, Witherspoon (US) 50-11 1/2; Decathlon: Yochmenev (SU) (11.3, 23-5, 47-6, 6-4, 52.4, 16.2, 142-5, 13-1 1/2, 188-8, 4:45.8) 7345, Kotinek (US) (11.4, 24-3, 40-2 3/4, 6-9 7/8, 53.1, 17.8, 108-4, 12-2, 221-10, 4:49.3) 7014, Mondschein (US) (10.9, 21-5, 37-8 1/4, 5-10, 49.7, 15.6, 105-6, 13-5 3/4, 153-4, 4:38.1) 6862, Yokovlev (SU) (11.0, 21-9 1/2, 44-9 3/4, 6-2, 52.0, 15.8, 114-10, ??, 208-0, 4:54.2) 6272.

CSM All-Comers: (July 29, San Mateo) - OPEN: 44OR: SF State 44.8; 120HH: Hession (PA) 15.4, Broker (CCSF) 15.8, Borden (UCR) 16.1; JT: Healy (SFV) 192-10; LJ: Bathurst (PATC) 21-10, Walker (RCS) 20-8, Carr (SFS) 18-3; SP: McCollum (CSH) 53-2 1/4, Mannon (LG) 52-8 1/2; Mi: Power (WVTC) 4:32.1, Zapata (WVTC) 4:32.8, Bordoni (Stan) 4:37.2; Sr. Mi: Stevenson (SRC) 4:40.2; 100: Peters (SFS) 9.9, Mason (SRC) 10.4, Shields (SJS) 10.5, Hession (PA) 10.5; Sr. 100: Mason 10.4, Juilland (NCSTC) 10.9; 440: Marshall (SJS) 51.4, Henkle (WVTC) 51.5, Ashton (WVTC) 51.8; 3 Mi: Leydig (WVTC) 14:47.8, Pope (SFChuckers) 16:23.0, Dillie (Skyl) 16:56.6; TJ: Walker (RCS) 40-10; HJ: Sullivan (Chico St) 6-9, Erbes (DeAnza) 6-4, Schneider (CSCH) 6-4; 220: Shields (SJS) 22.5, Petters (SFS) 22.6, Hession (Stan) 23.0; Sr. 220: Juilland (NCSTC) 24.6; 880: Smith (SF Chuckers) 2:01.2, Tracy (WVTC) 2:01.8, Muellan (Un) 2:05.2; Sr. 880: Stevenson (SRC) 2:07.6, Waterman (SRC) 2:21.0 (age group recd., 54 yrs.); PV: Slover (BAS) 16-2, Schwartz (UCB) 13-0, Dayton (Stanis) 13-0; HIGH SCHOOL: 44OR: WVTC 44.5; 120HH: Allmond (Srmte) 15.0, Adams (Srmte) 16.0, Kennedy (Srmte) 17.0; LJ: Allen (Srte) 18-7 1/2, Adams (Srmte) 17-1, Franks (Oc) 16-6 1/2; SP(16#): Franks (Oc) 27-0 1/2, LaForge (Oc) 25-5 1/4, Powell (Oc) 24-2 1/2; Mi: Peters (New Trier) 4:38.6, Phifer (Ft. Collins, Col) 4:53.0, Miller (Piner) 4:55.8, Moroney (Ara/WVTC) 4:56.4; 100: Westfall (Oc) 10.6, Allmond (Srmte) 10.6, Siirilo (Buchser) 10.6 & Adams (Srmte) 10.6, Lundy (WVTC) 11.4; 440: Allen (Srmte) 53.3, Fitts (Ara) 54.1, Reeves (WVTC) 56.0; TJ: Hamilton (SM) 41-4, Allmond (Srmte) 40-3, Adams (Srmte) 37-2 1/2; 2 Mi: Roundtree (Woodside) 10:14.5, Powell (Oc) 10:16.4, Phifer (Ft. Collins) 11:09.0; DT: Fitts (Ara) 115-0; HJ: Stavish (Oc) 6-0, Murphy (WVTC) 5-6, Clay (HMB) 5-2; 220: Siirilo (Buchser) 23.4, Adams (Srmte) 24.3, Frank (Oc) 25.5; 880: Kuta (Norbridge) 2:04.8, Newhaws (Frmt, Sunnyvale) 2:09.4, Lippi (Westmoor) 2:22.0; PV: Katches (Carl) 13-6, Paton (SM) 13-0, Graham (Ara) 12-6. /Reported by Harry Young/

All-Comers: (August 1, San Jose CC) - 2 Mile: (1) Grubbs (WVTC) 9:30???,....(3) Francie Larrieu (SJCG) 9:44.2 (World Record). -- Francie ran the first mile in 4:47.

Pre-Olympic Meet: (August 2-3, Oslo, Norway) - LJ: 1. Bendixen (Nor) 25-6 3/4, 2. Robinson (US) 25-2 3/4; HJ: 1. Tarmak (USSR) 7-3, 10. Stones (US) 6-8 3/4; 5000m: 1. Hermens (Neth) 13:41.2, 7. Jon Anderson (US/OTC) 13:45.8; 400: 1. Evans (US/BAS) 45.0; 1500: (B Group) 1. Paeivaerinta (Fin) 3:42.3, 4. Macdonald (US/WVTC) 3:42.7 (Howe (US) was 5th in A Group in same time); 110mHH: (A Group) 1. Hill (US) 13.4, 2. White (US/SCS) 13.5; 440R: 1. US (Robinson, Tinker, Taylor, Hart) 39.1; 400mIH: 1. Aki-Bua (Ugan) 49.0-3. Seymour (US) 50.9; 10,000m: 1. Viren (Fin) 27:52.4, 3. Kardong (US/WVTC) 29:03.8; 800: 1. Plachy (Czech) 1:46.6, 5. Brown (US/Cal) 1:47.6; 3000mSC: 1. Kantanen (Fin) 8:25.8, 10. Jim Dare (US/Navy/WVTC) 8:39.2; PV: 1. Roberts (US) 17-6 3/4, 2. Seagren (US/SCS) 16-8 3/4.

PA-AAU Pentathlon Qualifier for Olympic Games: (August 5, S. Lake Tahoe) - Jane Frederick of Orinda became the first American to score more than 4200 points for the pentathlon as she qualified for the U.S. Olympic Team in a special meet at South Lake Tahoe. Miss Frederick passed the qualifying standard by 84 points as she completed the five-event, PA-AAU sponsored meet. Third in the competition was Marilyn King of the Millbrae Lions TC with 4096.

CSM All-Comers Meet: (August 5, San Mateo) - OPEN: 44OR: Ghetto Gang 43.7, WVTC 45.5; Mi: Coe (Athens) 4:25.1, Lloyd (Stan) 4:37.5, Pope (SFC) 4:45.7, 120HH: Swartzell (SSF) 15.9; LJ: Blanc (SRJC) 20-0, Estrada (WVTC) 19-6, Gilmore (ND) 18-3; SP: Mannon (LG) 51-11, McCollum (CSH) 48-9, Swartzell (SSF) 40-6; Women's SP: Seidler (US Olympic Team) 52-0 1/2; 100: Payton (BAS) 9.6, Watkins (Un) 9.9, E. Payton (Un) 10.3; Sr. 100: Juilland (NCSTC) 10.7, Guidet (NCSTC) 10.8; 440: Mustachio (SHU) 51.0, Coe (Athens) 51.5, Burch 51.6; TJ: J. Estrada (WVTC) ??; PV: Schwartz (Cal) 13-0, Blanc (SRJC) 12-6; 3 Mi: Van Dine (WVTC) 15:29.0, Finch (NCSTC) 15:45.6, Zapata (WVTC) 15:53.8; Sr. 3 Mi: Finch 15:45.6, Hutchinson (NCSTC) 18:29.0, Mott (SFOC) 18:36.0; HJ: Fishbaugh (Un) 6-6, S. Fishbaugh 6-0, Blanc (SRJC) 5-6; DT: McCollum (CSH) 167-3, Mannon (LG) 138-0, Swartzell (SSF) 112-11; 880: Marshall (SJS) 1:59.9, Tracy (WVTC) 2:01.7, Mueller (SRC) 2:03.9; 220: N. Payton (BAS) 22.2, Watkins (Merritt) 22.6, Anixter (NCSTC) 22.9; Sr. 220: Juilland (NCSTC) 24.5; MileR: Oakland Str. 3:35.5, WVTC 3:36.8, Red Devils 4:02.9; HIGH SCHOOL: 120HH: John (Woodside) 16.0, Howard (El Camino) 16.4; Mi: Phillips (Lyn) 4:36.1, Schmidt (SI) 4:51.2, Palladino (Serra) 4:52.5 (10 Year Old - Dave Jacobs 6:20.8); LJ: Bullwinkle (Mills) 18-10 1/2, Anderson (NY) 17-3, Gogan (Serra) 15-4 1/2; 100: Watts (Crst) 10.1, Liston (WVTC) 10.9, Johnk (Woodside) 11.2; 440: McKenzie (Woodside) 55.4, Orwig (Wash/Fre) 56.4, Gogan (Serra) 61.8; TJ: Bullwinkle (SSF) 41-1, Hamilton (SM) 41-0, Anderson (NY) 39-5; DT: Fitts (Ara) 130-2, Yamashita (SM) 126-1, Tanner (Ara) 120-10 1/2; HJ: Stone (Campo) 6-2, Gavia (Mills) 6-0, McCune (EC) 5-6; 2 Mi: Moroney (Ara/WVTC) 10:50.6, Miller (WVTC) 11:22.6; PV: Stavish (Oc) 14-1, Patton (SM) 13-6, Katches (Carl) 13-6; 220: Morgan (Cubb) 23.5, Swartzell (SSF) 24.1, Newall (Lyn) 24.2; 880: Liston (Un) 2:10.0, Orwig (Wash/Fre) 2:10.6, Palladino (Serra) 2:13.3. /H. Young/

## LONG DISTANCE RESULTS

Chapman Defends Mt. Diablo Title: (April 30, Mt. Diablo, CA) - Solano TC's Greg Chapman took top time honors for the second straight year in Jack Kirk's "Diablo Monstrosity". Ernst Hayman, with the third fastest overall time, managed to sneak in the handicap winner by 14 seconds over James Weil. Chapman's winning time was 46:37...20 seconds better than Darryl Beardall's second place efforts. He had beaten Chapman to the top by 4 seconds, but the downhill sector proved the Marin AC's weak point. Vance Koerner easily beat Walt Betschart for senior honors, both in the fast time and handicap categories. No details are available as to how the race progressed, but the top 16 runners (all the finishers in the race) are listed below with their place (handicap), finish time, and actual time: (1) Ernst Hayman (Un) 68:46, 53:46; (2) James Weil (Un) 69:00, 62:00; (3) Vance Koerner (NCSTC) 69:36, 54:36, (4) Walt Betschart (NCSTC) 70:02, 56:02; (5) Mickey Moberg 70:38, 60:38; (6) Darryl Beardall (Marin AC) 70:57, 46:57, (7) Jack Kirk (Un) 72:00, 59:00, (8) Luka Sekulich (NCSTC) 72:07, 65:07, (9) Greg Chapman (Solano TC) 72:37, 46:37, (10) George Goldman 73:42, 60:42, (11) John Boitano 74:34, 64:34, (12) John Satti (NCSTC) 75:10, 64:10, (13) Ted Althausen 75:52, 65:52, (14) James Forsyth 77:22, 66:22, (15) Paul Carmichael (SFOC) 79:40, 79:40, (16) Tony Stratta 85:21, 76:21. /Reported by Jack Kirk/

Wagenbach an Easy Victor in SPA-AAU 15 Kilo Championships: (July 4, Santa Barbara) - Mike Wagenbach, representing LA Valley College, was not pressed as he easily won the Southern Pacific 15 Kilo title with most of the "big guns" either already in Eugene or passing this one up completely because it was too close. Mike missed Greg Brock's course record of 47:10, set last year, but hung up a quick 47:40, enough to win by over 2:30. Jim Perez of the Golden West AA was second at 50:13. Third place finisher Mike Maron was a real surprise. He hadn't run this well before. Led by Perez, GWAA ran away with the team title with 29 points to 39 for Santa Barbara AA, 52 for Culver City AC's "A" Team and 90 for CCAC's "B" Team. The top 25 finishers and their times: (1) Wagenbach (LAVC) 47:40, (2) Perez (GWAA) 50:13, (3) Maron (SBAA) 51:18, (4) John Pagliano (GWAA) 51:24, (5) Joe Toledo (STC) 51:50, (6) Lee Batson (Un) 51:54 (1st high school), (7) Dick Woelk (SCS) 52:14, (8) Herb Potter (Un) 52:44, (9) Mike Williams (Un) 53:05, (10) Alan Haas (GWAA) 53:10, (11) Bob Monzingo (TRTR) 53:13, (12) Orville Atkins (STC) 53:22, (13) Bob Branch (CCAC) 53:39, (14) Rick Ohlson (GWAA) 53:46, (15) Dale Nickel (Un) 53:54, (16) Joe Szerwo (Un) 53:57, (17) Raul De Anda (Un) 54:03, (18) Jon Brower (SBAA) 54:05, (19) Hector De Anda (Un) 54:10, (20) Steve Bushey (SBAA) 54:14, (21) John Brennand (SBAA) 54:18, (22) Phil Paulin (CCAC) 54:23, (23) John Bradford (Un) 54:29, (24) Skip Shaffer (CCAC) 54:30, (25) Greg Ratliff (Un) 54:31. /Reported by John Brennand/

Greg Brock Cruises Quick Hour Run: (July 22, Santa Barbara) - Seeming to have recovered pretty much from the Olympic Marathon Trials, Club West's Greg Brock, formerly of Stanford, won handily in 11 miles, 1416 yards over Mike Wagenbach's 11-1320. The big surprise in this race (SPA Section of Senior Hour Run) was the third placer, Terry Williams, a 17-year-old from Lompoc High School, who ran an astounding 11 miles, 1277 yards. The second junior, Mark Kushner (19) was just behind with 11-1179. Jerry Smartt (40) was the first senior finisher with 10-1404, just ahead of Owen Gorman (43), 10-1306. Pete Mundle (44) was third in 10-1212. There were 145 starters in 2 sections. The fast heat started first in warm conditions. Golden West AA beat Santa Barbara AA for the team title. The top 20 finishers and their distances (miles-yards): (1) Brock (CW) 11-1416, (2) Wagenbach (LAVC) 11-1320, (3) Williams (Lompoc HS) 11-1277, (4) Kushner (GWAA) 11-1179, (5) Phil Ryan (GWAA) 11-721, (6) Al Schofield 11-516, (7) Bill Anderson (SBAA) 11-300, (8) Jim Perez (GWAA) 11-170, (9) Kevin McCarthy (Hawthorne HS) 11-72, (10) John Brennand (SBAA) 11-39, (11) Dave Russell (SCS) 11-7, (12) Mark Elias (GWAA) 10-1595, (13) Phil Carlon (STC) 10-1535, (14) John Pagliano (GWAA) 10-1507, (15) Jerry Smartt (SCS) 10-1404, (16) Owen Gorman (STC) 10-1306, (17) Frank Freyne (CCAC) 10-1224, (18) Peter Mundle (SMAA) 10-1215, (19) Lee Batson 10-1151, (20) Joe Rust 10-1133. /Reported by John Brennand/

PAT STORDAHL NABS 3RD ANNUAL HANGTOWN RACE

(July 2, Placerville) - Running in only his second road race this year, Chico State AC's Pat Stordahl easily won the Hangtown 5 1/4 mile race in sunny (77°) conditions. It was his second win in as many races as he had taken the Sacramento River Run in Redding a month earlier. High schooler Richard Kimball was a strong second, nipping San Joaquin Delta's Dave Garcia by 3 seconds, but coming in 32 seconds behind the winner. Stordahl got the course record by a good margin, replacing the 27:34.8 that Ed Haver set in 1971. Other divisional winners were: High School Frosh (Jim Freeman, San Juan Striders--46th, 32:31); High School Soph (Forrest Wimer, Gold Spike Runners--32nd, 31:24); High School Junior (Rich Kimball); High School Senior (Calvin Lantrip, Unatt.--6th, 28:43); Senior (Bob Malain, NCSTC--35th, 31:32); Woman (Deidre Eddy, United San Juan--120th, 39:54). Malain broke the old record of 31:59 in his division and Eddy in her division (she ran 40:40 last year). The Sacramento TC had little problem in sweeping the team title from the Redwood City Striders, 48-203. The Gold Spike Runners were a close third with 224. A total of 172 runners finished...and the Kiwanis Hangtown Harriers are to be congratulated for their smooth running of this event. /Reported by Charles Marks/

1 - Pat Stordahl (Chico St. AC)	27:21	21 - Randy Mittelstadt (Un)	30:25	41 - Bill Weed (Un)	32:01
2 - Richard Kimball (Sac'to TC)	27:53	22 - Robert Abran (Un)	30:30	42 - Frank Cortez (RC Striders)	32:10
3 - Dave Garcia (Un)	27:56	23 - Randy Buob (Un)	30:31	43 - Bob Powell (Un)	32:13
4 - Nick Vogt (Gold Spike Runners)	28:16	24 - Tom Higgins (Un)	30:32	44 - Fenie Montanez (Un)	32:24
5 - Darryl Beardall (Marin AC)	28:26	25 - Ken Kitz (Un)	30:33	45 - Dennis Iida (Un)	32:26
6 - Calvin Lantrip (Un)	28:43	26 - Stacey Geiken (RC Striders)	30:43	46 - Jim Freeman (San Juan Striders)	32:31
7 - Mike Tulley (Sac'to TC)	28:54	27 - Frank Krebs (Sac'to TC)	30:48	47 - Steve Williams (Un)	32:35
8 - Kevin Furey (Sac'to TC)	29:07	28 - Rodger Stordahl (Un)	30:50	48 - Doug Essary (Sacramento TC)	32:36
9 - Rich Alexander (Valley of Moon)	29:08	29 - Steve Barr (Un)	30:54	49 - Patrick Shiavo (Un)	32:37
10 - Bill Seaver (Un)	29:10	30 - Mickey Brodie (Un)	31:01	50 - Tom McFall, Jr. (Un)	32:38
11 - Romero Mendoza (Un)	29:17	31 - Jim Bredy (Sacramento TC)	31:12	51 - Don Wimer (Gold Spike Runners)	32:45
12 - Barry Buob (Un)	29:35	32 - Forrest Wimer (Gold Spike Runners)	31:24	52 - Dan Davidson (Un)	32:48
13 - Benton Hart (Un)	29:45	33 - Jim McPeak (Sac'to TC)	31:26	53 - Ken Brehl (Un)	32:52
14 - Pete Flores (Un)	29:52	34 - Matthew Logan (RC Striders)	31:27	54 - Keith Kramer (Un)	32:56
15 - Bill Fairwell (Sac'to TC)	30:01	35 - Bob Malain (NorCal Seniors TC)	31:32	55 - Jim Kitz (Un)	32:58
16 - Richard Read (Sacramento TC)	30:09	36 - Bob Barker (Sacramento TC)	31:35	56 - John Semler (Un)	32:59
17 - Gary Singer (Un)	30:13	37 - Bob Loux (Un)	31:38	57 - Guy Vega (Un)	33:01
18 - Jim Bowles (Mather AFB/WVTC)	30:19	38 - Jim McFall (Un)	31:39	58 - Michael Luis (Un)	33:18
19 - Larry Lung (KR Club)	30:21	39 - Joseph Vasquez (Chico State AC)	31:55	59 - Anthony Garcia (Mather AFB)	33:27
20 - Dave Zumwalt (Un)	30:24	40 - Dave Trine (RC Striders)	31:57	60 - Frank Dusi (Un)	33:28

ROMERO MENDOZA AN EASY WINNER AT REDWOOD EMPIRE MARATHON

(July 8, Arcata) - Santa Rosa JC's Romero Mendoza and West Valley TC's Sean O'Riordan ran side-by-side for the first 5 or so miles, (30:19), but then it was all Mendoza as he passed 10 and 15 miles in 59:45 and 1:29:50 in route to a 2:44:50 effort in the Second Annual Redwood Empire Marathon. O'Riordan got a stitch at around 13 miles and didn't finish after passing 10 miles in 62:06 (still in second place). The eventual second placer, Rich Peterson, was almost 2 miles back of Romero in 2:56:02. Then came amazing Paul Reese, doing his typical back-to-back marathon trip (he had run an almost duplicate time in the Masters Marathon the week before at San Diego) in fine style. The 55-year-old "animal" did a 2:58:05 for third place. Not to be outdone, another senior, Jim Nicholson, Reese's team mate, finished in the next slot at 3:03:13. A total of 41 runners started the 26-mile grind, but only 33 completed it...actually not a bad percentage at all for marathoning. Thirteen DSE runners came up 300 miles from the Bay Area, and Eileen Waters, the first woman to finish (21st--3:44:09), made it all the way from San Diego!--a distance of some 1000 miles. Oldest finisher was Walt Stack as per usual with a great 3:37:47 time...Walt is 64 years young. Maryetta Boitano, somewhat off her normal form, was the youngest to finish at 9 years. 1971 Dipsea Winner Mike Boitano almost lost the trail when he mistook some sea-gull droppings for lime markings on the course. All the finishers are listed below: /Reported by Walt Stack & Jim Hunt/ --Weather: 62° and muggy.

1 - Romero Mendoza (Santa Rosa JC)	2:44:50	12 - Gough Reinhardt (NCSTC)	3:23:29	23 - Richard Meyer (Six Rivers RC)	3:44:37
2 - Rich Peterson	2:56:02	13 - Mike Boitano (Pamakid Runners)	3:28:26	24 - Rod Kauson (Six Rivers RC)	3:47:16
3 - Paul Reese (NCSTC, 55)	2:58:05	14 - Bob Waters (Six Rivers RC)	3:35:09	25 - Roy Gault (Six Rivers RC)	3:48:16
4 - Jim Nicholson (NCSTC)	3:03:13	15 - John Comisky	3:36:07	26 - John Boitano (Pamakids)	4:21:15
5 - Fred Kenyon (Valley of Moon)	3:04:22	16 - Walt Stack (Dolphin Club)	3:37:47	27 - Kenneth Kvam	4:22:28
6 - Lenny Escarda (Six Rivers RC)	3:07:15	17 - Mickey Moberg	3:38:36	28 - Jay Marlowe	4:31:58
7 - Fred Frauens (Six Rivers RC)	3:10:59	18 - Chuck Day (Monterey Pen. AC)	3:40:43	29 - Joseph Wilcox	4:36:12
8 - Rudy Snyders (Half Moon Bay)	3:16:21	19 - George Crandell (Six Rivers RC)	3:42:00	30 - Felix Grauss	4:36:50
9 - Bill Kirchmeir (NCSTC)	3:17:31	20 - Jim Weil	3:43:30	31 - Maryetta Boitano (Pamakids)	4:49:51
10 - Mark Fischer	3:17:58	21 - Bob Dickerson (Six Rivers RC)	3:43:42	32 - Mary Boitano (Pamakids)	4:49:51
11 - Bill Rogers (Six Rivers RC)	3:21:11	22 - Eileen Waters (San Diego TC)	3:44:09	33 - Dan Tracy (Dolphin Club)	5:33:33

VICTOR MORA "KEEPS ON TRUCKIN" AT TIBURON

(July 22, Tiburon) - Colombian Victor Mora is going to be a hard man to beat at the Olympic Games marathon. After running in a pack composed of Hale, Tibaduiza, and Mejia for about half the 8.5 mile course, he took off and left all opposition far behind. Tom, Hale, himself a 28:20 six-miler, wound up almost a minute behind Mora's 41:20, which tied Bill Clark's 1971 record, except the course went clockwise around the peninsula this year over a slightly different route at the beginning and end. Jim O'Neil was an easy winner in the senior division (40th, 49:10)...we don't know who was next as we've only got the top 50 at press time. Jack Bellah was the first high schooler by almost a full minute over Angelo Martinez, as he finished eighth overall. Fran Conley was the first woman to cross the line, but we don't have her place or time for this issue. West Valley TC won the team title again, placing four of its scorers in the top 8 places. The race was run under sunny but cool conditions as this was probably the fastest mass-finish in the history of the race. Last year's champ, Bill Clark, could only manage a fifth today, but no doubt was still feeling a bit tired from the Olympic Trials Marathon of two weeks before in which he placed 11th. The top 50 are on the next page. /Reported by Darren Walton/

1 - Victor Mora (Colombia)	41:20	18 - Carl Cattarin (Carlmont HS)	46:51	35 - Richard Read (Sacramento TC)	48:53
2 - Tom Hale (Un)	42:16	19 - Don Curtis (Un)	46:57	36 - F. Taylor (Alum Rock RA)	48:59
3 - Alvaro Mejia (WVTC/Colombia)	42:45	20 - Terry Pintane (Valley of the Moon)	47:10	37 - M. Eash (Un)	49:04
4 - Domingo Tibaduiza (Colombia)	43:08	21 - Keith Kruse (West Valley TC)	47:18	38 - Harry Skandera (Marin AC)	49:08
5 - Bill Clark (West Valley TC)	43:19	22 - Matt Sommer (Un)	47:23	39 - Don Pemberton (West Valley TC)	49:10
6 - Hernan Barreneche (Colombia)	43:21	23 - Mike Tulley (Sacramento TC)	47:34	40 - Jim O'Neil (SF Olympic Club)	49:10
7 - Jack Leydig (West Valley TC)	43:35	24 - Frank Krebs (Sacramento TC)	47:43	41 - Ben Sawyer (Otherways AC)	49:13
8 - Jack Bellah (West Valley TC)	44:36	25 - Mike O'Halloran (Maranon)	47:50	42 - Dave Stock (West Valley TC)	49:15
9 - Wayne Badgley (Un)	44:59	26 - Gary Singer (Big Valley TC)	48:19	43 - Paul Koski (Un)	49:20
10 - Angelo Martinez (Alameda TC)	45:25	27 - Roy Kissin (West Valley TC)	48:25	44 - Rich Greer (West Valley TC)	49:25
11 - Don Makela (Marin AC)	45:27	28 - Butch Alexander (Un)	48:28	45 - K. Mamos (Un)	49:31
12 - Bob Darling (RC Striders)	45:43	29 - Steve Fiamengo (Club Ath. Geneve)	48:41	46 - G. Koch (Sacramento TC)	49:32
13 - Alex Aguilar (Alum Rock RA)	46:03	30 - J. Everard (Valley of the Moon)	48:48	47 - J. Jahn (Valley of the Moon TC)	49:39
14 - John Butterfield (Boston AA)	46:03	31 - Ken Scalmanini (Pamakid)	48:51	48 - J. Thuerwaller (Un)	49:41
15 - Bill Seaver (Un)	46:27	32 - Rudy Snyder (Half Moon Bay HS)	48:53	49 - Jim Engle (Napa Valley Runners)	49:45
16 - John Noonan (Marin AC)	46:44	33 - Jim Bowles (West Valley TC)	48:53	50 - Bruce Johnson (Alameda TC)	50:04
17 - A. Rodriquez (Alum Rock RA)	46:49	34 - Keith Nowell (Pamakid)	48:53		

REESE AND LEYDIG TAKE TOP HONORS AT FT. BAKER

(July 30, Ft. Baker, Marin County) - On a day perfect for fast times (overcast and cool), Paul Reese never gave anyone a chance as he took good advantage of his 20 minute handicap to hold off a fast-closing Jack Leydig, first scratch runner, by some four-and-a-half minutes. Starting at 35 years, each runner got a minute head start for each year. Women and children were also handicapped, but the editor isn't sure how it was done. Leydig's 1:25:20 was three minutes better than he had done before and ranks as fourth fastest ever on the course (only Duffy, Lahde, and Scobey have run faster--all in 1971), but was well off Duffy's 1:22:23 record. Dan Anderson, second scratch runner, led until about the half-way point or further and had built up a 600 yard lead at one point before Leydig closed the gap. Jim O'Neil ran 1:40:15 to net the fastest senior award (4th place). He was followed by a fast-improving Jim Nicholson (1:41:01) and Gil Tarin (1:41:18). Reese's 1:41:51.4 was good enough for fourth senior. Fran Conley took advantage of a 15 minute handicap to finish 19th (1:51:53), a very strong effort on this rugged up-and-down course of 15 miles. The top 60 are listed below, with actual times being used...you can figure the handicap, if any, from the age (in parentheses). /Reported by B.Porter/

1 - Paul Reese (NCSTC)(55)	1:41:51	21 - Harold DeMoss (West Valley)(37)	1:40:07	41 - Harold Ruth (35)	1:44:04
2 - Jack Leydig (West Valley)(28)	1:25:20	22 - Ken Scalmanini (Pamakid) (28)	1:37:28	42 - Peggy Lyman (25)	1:58:23
3 - Ralph Paffenbarger(NCSTC)(49)	1:42:04	23 - Ron Kinney (Un) (41)	1:44:37	43 - Alex Monterosa (26)	1:43:33
4 - Jim O'Neil (SFOC) (47)	1:40:15	24 - Rex Dietderich (NCSTC) (48)	1:51:45	44 - D. Williams (37)	1:47:07
5 - Dan Anderson (Un) (20)	1:28:29	25 - Fred Kenyon (Valley of Moon)(22)	1:37:47	45 - Lew Hoyt (NCSTC) (46)	1:56:11
6 - John Weidinger (Un) (31)	1:29:17	26 - Jim Holl (West Valley) (28)	1:38:13	46 - Bob Lee (55)	2:05:32
7 - Bob Biancalana (MarinAC) (47)	1:42:22	27 - E. Fitzgerald (28)	1:38:34	47 - A. Stagliano (Dolphin) (32)	1:44:36
8 - Pete Mattei (NCSTC) (48)	1:43:41	28 - Dave Dunbar (Un) (16)	1:38:57	48 - John Brennan (42)	1:53:02
9 - Mike Pinocci (WVTC) (17)	1:32:04	29 - Tertius Chandler (NCSTC) (57)	2:02:07	49 - L. Collins (36)	1:47:12
10 - Jim Allen (NCSTC) (50)	1:49:09	30 - J. Kleinbach (23)	1:39:21	50 - P. Voelker (25)	1:45:26
11 - John Finch (Un) (37)	1:36:51	31 - Billy Tracey (West Valley) (11)	1:54:38	51 - Phil Jaeger (Napa Vly) (42)	1:53:53
12 - Jim Nicholson (NCSTC) (41)	1:41:01	32 - Bill Hart (19)	1:39:39	52 - Bob Powell (16)	1:46:47
13 - Gil Tarin (NCSTC) (41)	1:41:18	33 - David Marsh (Pamakid) (34)	1:39:51	53 - John Perkins (45)	1:58:01
14 - Rudy Snyder (Un) (17)	1:34:56	34 - Ernst Hayman (Un) (37)	1:39:59	54 - Luka Sekulich (NCSTC) (50)	2:05:09
15 - Dan Sullivan (RCS) (11)	1:49:57	35 - Jeffrey John (17)	1:40:15	55 - John Satti (NCSTC) (58)	2:13:19
16 - Jeff Knox (18)	1:35:12	36 - Walt Stack (Dolphin Club) (64)	2:10:22	56 - K. Biehl (18)	1:49:46
17 - Bill Kirchmeir (NCSTC) (41)	1:43:00	37 - Jim Pinchard (35)	1:42:30	57 - John Dick (60)	2:16:53
18 - Dave Zumwalt (Un) (21)	1:36:32	38 - Santos Reynaga (WVTC) (22)	1:42:04	58 - G. Richardson (18)	1:51:05
19 - Fran Conley (Un) (31)	1:51:53	39 - M. Sullivan (12)	1:42:44	59 - E. Hannigan (38)	1:55:26
20 - Lee Adams (Solano TC) (43)	1:46:00	40 - C. Benarroch (31)	1:42:54	60 - Armando Garcia (WVTC) (16)	1:51:37

TOM HALE SMASHES OCEAN-TO-BAY MARATHON RECORD

(August 5, Martins Beach to Marine World) - Running his first marathon race (longest previous race was the 15 mile Ft. Baker Race in 1971), Moraga's Tom Hale, headed for the University of Oregon, where he'll be a soph, chopped more than five minutes from Bill Clark's 1970 course record. The start and finish were slightly altered so that the finish was down the street from Marine World. Hale's winning time of 2:27:58.8 was more than a mile ahead of second-placer John Weidinger who clocked 2:35:35. Jeff Arnold, who will be a high school senior next fall, was a surprise third place finisher in a hot 2:36:26. Matt Yeo, fourth overall, was the second junior to cross the line. In the over-40 category, Stanford RC's steadily improving Dave Stevenson nipped Paul Reese (his 3rd marathon in a month) and clocked the only senior sub-three hour effort of the day at 2:59:29. Amazing Fran Conley showed that she is to be recognized at the longer distances as well as the short ones as she clocked a scintillating 3:24:13 over the rugged course which climbs 2000 feet in the first 8-10 miles. That was good enough for 38th place out of 88 finishers (103 started). Walt Stack, 64, was oldest to finish in another sub-four hour effort for him--3:56:39...really getting consistent. Tommy Owen and Mary Crevelt were the youngest to finish at 9 years (Tommy was 73rd in 4:14:42 and Mary got 80th in 4:57:10). The Redwood City Striders just barely got the team trophy in a hot contest with West Valley TC. The Striders had 17 points to WVTC's 21. Then came Stanford RC with 25, NorCal Seniors with 27, and San Diego TC with 30. Donna Gookin helped to make up the San Diego team with her 3:43:26 in 55th place. The top 45 placers and their times: /Reported by Rich Perry/

1 - Tom Hale (Un)	2:27:59	16 - Ken Peterson (Alameda TC)	2:59:54	31 - Henry Templeman (Un)	3:15:49
2 - John Weidinger (Un)	2:35:35	17 - Bill Weed (Un)	3:00:05	32 - Vic Weber (Un)	3:16:37
3 - Jeff Arnold (Un)	2:36:26	18 - Paul Reese (NCSTC)	3:02:54	33 - David Zumwalt (Un)	3:16:49
4 - Matt Yeo (RC Striders)	2:39:41	19 - Ron Kinney (Un)	3:03:13	34 - Ed Anderson (Un)	3:18:58
5 - John Sheehan (West Valley TC)	2:46:10	20 - Dana Carvey (Un)	3:04:21	35 - Urban Faubion (Un)	3:19:08
6 - Dan Anderson (Un)	2:46:37	21 - Ralph Paffenbarger (NCSTC)	3:05:17	36 - Dan Sullivan (RC Striders)	3:20:19
7 - Steve Fiamengo (Club Geneve)	2:47:29	22 - Rudy Snyder (Un)	3:07:58	37 - John Tengelsen (Un)	3:24:01
8 - Alejandro Aguilar (ARRA)	2:48:39	23 - Bob Barnett (Un)	3:08:00	38 - Fran Conley (Un)	3:24:13
9 - Ed Gookin (San Diego TC)	2:50:59	24 - Tom Neuman (Un)	3:09:41	39 - Don Peterson (Stanford RC)	3:27:54
10 - Bob Bruner (SC Striders)	2:53:59	25 - Mike Miller (Un)	3:09:47	40 - Bill Snavelly (Un)	3:28:13
11 - Steve Williams (Un)	2:58:25	26 - Pete Hanson (Un)	3:10:48	41 - John Comisky (Pamakid)	3:28:16
12 - Don Pemberton (West Valley)	2:58:25	27 - Charles Day (Monterey Pen. AC)	3:11:45	42 - Bill McCray (Un)	3:28:47
13 - Randy Lawson (RC Striders)	2:59:24	28 - Ernst Hayman (Un)	3:12:16	43 - Lynn Walker (Newark HS)	3:29:13
14 - Dave Stevenson (Stanford RC)	2:59:29	29 - Leonard Escarda (Six Rivers RC)	3:14:33	44 - Phil Gonzales (Un)	3:31:53
15 - Gary Chilton (Stanford RC)	2:59:41	30 - Jim Nicholson (NCSTC)	3:15:22	45 - Marlon Smith (Un)	3:34:33

NOTE: I still have not received results for the Lafayette or Felton Runs. If anyone has them (especially top 10 for point totals), please mail me a copy immediately. I was sent Felton results but all I got was competitor's numbers and times...what a mess!!



Marcie Trent, 54-year-old from Anchorage, Alaska--new women's senior marathon record holder. /Walt Stack/



West Valley Portrait for August is Englishman Peter Duffy; shown in 1971 PA-AAU Sr. XC Meet. /J. Marconi/



Goetz Klopfer at 5 Kilos in the U.S. Olympic Trials 50 Kilo Walk. He did not finish. /Steve Lund/



Pat Stordahl, winning the Third Annual Hangtown Road Race in record time. /Charles Marks/



Tom Hale knocked over five minutes off of Bill Clark's 1970 Ocean-to-Bay Marathon record. /John Marconi/



During Napa Valley RC's relay to Eugene, Jack Leydig chats with mayor of Elmira (near Vacaville). /Jim Engle/



Paul Reese, now 55-years-old, ran 3 marathons in 4 weeks (plus a 15 mile run), all within a few minutes of three hours. /Jeff Kroot/



Larry Young leading Bob Kitchen at 30 Kilos during the Olympic Trials 50 Kilo Walk. /Steve Lund/



Northern California Portrait for the month of August: Ken Duncan of McClatchy High in Sacramento--the new prep long jump record holder. /Chadez/

JACK LEYDIG WINS FIRST ANNUAL FUNKY STREET BOY'S CLUB 7 MILER

(August 6, Martinez) - West Valley TC's Jack Leydig took the lead after about a half-mile and pulled ahead to stay after two miles on the out-and-back 7 mile course in Franklin Canyon. Meanwhile, back in second, a real battle was shaping up between Rich Delgado and 8:54 high school two-miler, Bob Grubbs. Delgado, making a mid-summer comeback now that his law studies have slackened, managed to hold off Grubbs by 4 seconds at the wire as he closed strongly over the last half of the race. The team title went to West Valley as Howell and Kissin grabbed 9th and 11th spots. In the senior competition, Dennis Teegarden had a fairly easy time defeating Bob Malain (40:16 to 40:57). The other over-40 runners were far back. Roy Kissin, a soph this fall at San Ramon High School, was the first junior in 11th. He is 15. Cindy Poor of the San Jose Cindergals had a great race and finished first in her division, placing 88th overall in a time of 49:23. Next woman was more than 3 minutes arrears. The weather was clear and warm...almost too much so. Below are the top 60 placers and their times. /Reported by Steve Archie/

1 - Jack Leydig (West Valley TC)	36:25	21 - Dave Power (West Valley TC)	40:35	41 - Jeff Knox (Un)	43:45
2 - Rich Delgado (West Valley TC)	36:55	22 - Gene Fitzgerald (Richmond FD)	40:43	42 - Walter Byrd (S.F. Police AL)	43:52
3 - Bob Grubbs (West Valley TC)	36:59	23 - David Dunbar (Dolphin Club)	40:50	43 - Steve Richardson (Un)	43:55
4 - Steve Slawson (Solano TC)	37:29	24 - Joe Seaver (Cal-State Hayward)	40:55	44 - Bill Dunaway (Un)	43:58
5 - Jessie Smith (Un)	37:29	25 - Bob Malain (NCSTC)	40:57	45 - Jim Freeman (San Juan Striders)	44:01
6 - Jerry Maydahl (UC Davis)	37:54	26 - Wes Hildreth (Marin AC)	41:10	46 - Ron Olitsky (Valley of the Moon)	44:05
7 - Darren George (Napa Valley)	38:02	27 - Rudy Snyders (Un)	41:15	47 - Alan White (Napa Valley Runners)	44:24
8 - Bill Seaver (Un)	38:08	28 - Mike Healy (Napa Valley Runners)	41:41	48 - Santos Reynaga (West Valley)	44:26
9 - Jim Howell (West Valley TC)	38:15	29 - David Marsh (Pamakid Runners)	41:48	49 - Charles Benarroch (DSE)	44:31
10 - John Butterfield (Boston AA)	38:29	30 - Ron Alonzo (Un)	42:16	50 - Peter Voeker (John Moyel)	44:31
11 - Roy Kissin (West Valley TC)	38:57	31 - Gil Tarin (NCSTC)	42:34	51 - Tom Plant (Un)	44:34
12 - Art Reade (West Valley TC)	39:25	32 - Al Gliatto (Funky St. Boys Club)	42:39	52 - Virgil Chavez (PHIFC)	44:40
13 - Leo Morgan (Valley of the Moon)	39:32	33 - John Jeff (Valley of the Moon)	42:40	53 - Bob Powell (Un)	44:45
14 - John Weidinger (Un)	39:47	34 - Bob McGuire (Funky St. BC)	42:44	54 - Jim Ryan (Un)	44:52
15 - Steve Noga (Alameda TC)	40:01	35 - Joe Taxiera (Alameda TC)	42:56	55 - Lee Fox (Solano TC)	44:56
16 - Terry Pintane (Valley of Moon)	40:02	36 - Bruce Johnson (Alameda TC)	43:01	56 - Dave Williams (Boston AA)	45:08
17 - Barrie Smith (Alameda TC)	40:03	37 - Fred Kenyon (Valley of the Moon)	43:07	57 - Ken Peterson (Alameda TC)	45:09
18 - Dennis Teegarden (NCSTC)	40:16	38 - Bruce Kaufman (West Valley TC)	43:19	58 - Peter Dinno (Un)	45:20
19 - Rusty Nahirny (West Valley TC)	40:27	39 - Greg Chapman (Solano TC)	43:24	59 - Jim Bennett (Valley of the Moon)	45:25
20 - Jim Engle (Napa Valley Runners)	40:30	40 - Lee Adams (Solano TC)	43:37	60 - Alan Scott (Funky Street BC)	45:36

Late News: More Tiburon Poop--Bill Kirchmeir was second senior in 70th (51:50), followed closely by Gil Tarin (73rd, 51:57), Paul Reese (75th, 52:12), Bill Snavely (81st, 52:40), and T.A. deLusignan (84th, 53:10). Fran Conley easily bested Jackie Dixon for top woman (123rd, 56:47 to 146th, 58:20). \*\*\* Darryl Beardall won the Pioneer Marathon in Salt Lake City on July 25 (2:44:25), besting runnerup Doug Sailors by over 5 minutes (2:49:44). Ross Smith (44) was sixth overall in 2:56:37. The race started at 7000 feet and finished at 4000...66 finished. \*\*\* West Valley TC's powerhouse crushed the Tahoe Relays record (around-the-lake) they set last year (6:47:11) by some 14 minutes, as they ran 6:33:22 with a team of Houk, Tibaduiza, Barreneche, Clark, Duffy, Mora, and Leydig. Complete team finishes (and splits) next time. \*\*\* Oceana's Bill LaForge ran a 4:33.4 to take third in the National AAU Postal Age Group Mile Run on June 3 (14-15 division). Rick Buckstad of New Jersey won in 4:26.6 and Jim Peterson of Maryland was second in 4:30.4.

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