

NORTHERN CALIFORNIA RUNNING REVIEW

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NORTHERN CALIFORNIA RUNNING REVIEW

A West Valley TC Publication
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ON THE COVER
Peter Duffy, shown leading here in the 1972 San Jose Invitational 10,000, was top NorCal finisher in the AAU XC Championships with a sixth. Following Duffy are (right to left) Mike Hazilla, Bill Clark, Alvaro Mejia, Jon Anderson, and Don Kardong. Englishman Duffy, who competes for Univ. of Nevada & WVTC, won this race in 29:04.
/John Marconi photo/

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STAFF

EDITOR: Jack Leydig; PRINTER: Frank Cunningham; CHIEF PHOTOGRAPHER: John Marconi; CARTOONIST: Lee Holley; NOR-CAL PORTRAIT: Jon Hendershott; COACH'S CORNER: John Marconi; WEST VALLEY PORTRAIT: Harold DeMoss; WOMEN: Roxy Anderson, Jim Hume, Harmon Brown; SENIORS: John Hill, Emmett Smith, George Ker; RACE WALKING: Steve Lund, Bill Ranney; COLLEGIATE: John Sheehan, Jon Hendershott, Jerry Kokesh, Fred Baer; HIGH SCHOOL: Roy Kissin, Dave Stock, Mike Ruffatto; AAU RESULTS: Jack Leydig; --- We always have room on our staff for more help. If you'd be interested in sending the NCRR results, photos, articles, etc. on a regular basis, then contact us right away. This is obviously not limited to WVTC members only...so get in touch if you'd like to be on our growing staff.

THIS ISSUE'S CONTRIBUTORS: Lurana Hoetger, Bob DeCelle, Walt Stack, Andrew MacCono, John Romero, Bert Bonanno, Browning Ross, Track & Field News, Runner's World, Bill Cockerham, Dan Anderson, George Stewart, John Brennand, Bob Vincent, Ted Hayden, Harry Young, Pat Vidosh, Ed Phillips, Grace Ruth, Gil Tarin, Ian Whitman, John Cannon, Paul Reese, Thomas Jefferson, Peter Mattei, John Boitano, Jim Stephenson, Don & Lani Leydig, Wes Alderson, Wayne Badgley, Loren Lansberry, Bob Rush, Jan Sershen, Bill Johnson, George Beinhorn, Carl Porter, Walt Lange.

ABOUT THE NCRR

The Northern California Running Review is published on a monthly basis by the West Valley Track Club. It is a communication medium for all Northern California track & field athletes...covering high school, collegiate, age-group, senior, AAU, and women's competitions in long distance, track & field, and race walking.

The NCRR is available at most local road races and some track meets for 35¢ an issue. Back issues may be obtained by sending 40¢ to our P.O. Box to cover third class mailing. If you want to be sure and get your issue each month, send \$3.50 for a one year's subscription (12 issues). All West Valley TC members receive their copies each month only if their dues are paid-up. At present, all issues are mailed third class from San Mateo, but in the near future...possibly with this issue...we will mail everything bulk rate.

OUR 'NEW LOOK'

In last issue, we said that some sweeping changes might be taking place with this issue. By now, we're pretty sure that you've discovered for yourself...we have changed!! BUT, this issue is a trial. Naturally, it's going to cost more to print the NCRR in this style: Booklet form, full-page photo on the cover, photos throughout, more pages, etc. In order to keep this up in the future, we need subscriptions. Our price is only \$3.50...the same as when we started our publication. We have raised our single-copy price to 35¢ in the hopes that this may increase subscriptions. You save 70¢ a year by subscribing, and in addition you never miss an issue because you failed to show up to a race where a particular copy was being sold. If you like what you see in our new format, let us know---and most important, support us with a subscription...for yourself, for your coach, for a friend.

This issue is a double issue, and a little late at that. Notice, however, that you still get 12 mailings for your money, regardless of how many double issues we print each year.

Regarding mailing: We will be doing all our mailing on bulk rate in the future and therefore we need your ZIPCODES!! Check your address labels and if there is no ZIPCODE, then send yours to us immediately...like today...WVTC members too. The NCRR is not forwardable so send us your address changes.

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● THIS AND THAT ●

• Thanks again to all those who helped keep the NCRR alive while I was in Europe: Acting editor Harold DeMoss, along with helpers Art Dudley and John Marconi; assembly line personnel who managed to mail three issues with unbelievable efficiency---Brian & Bill Moroney and Dave Shrock. Especially, we say thanks to Lurana Hoetger, Office Manager at the PA-AAU in San Francisco, who went out of her way to type results for our publication. She certainly has more than enough to do in keeping up with things at work. While on the subject of Lurana: at the AAU Convention in Kansas City, the Progress Award was, again, awarded to our Association. Our Delegation voted to have Lurana receive the award from the podium. This award represents the events, registrations, sanctions, etc. of the previous year. Lurana kept an excellent record of these activities during the year and compiles and writes articles on special events...so it is an honor well deserved. Since her employment in 1964, each President (of the PA-AAU) has been presented with a Progress Award Plaque. The total count is now at seven!! These hang on the wall of the Executive Office. Incidentally, the PA-AAU had 36 Delegates at the Convention.

• Authority has it that some little female in the Petaluma Marathon rode in a car for about 15 miles and crossed the finish line as though she had run 26 miles---tar and feather the little brat!!

• Rich Perry is about to officially take over as the new Long Distance Running Chairman in the PA-AAU. He will replace Peter Mattei, who has served us in that capacity for at least three years if my memory serves me right. As soon as Mattei gets an official ballot off to all LDR clubs in the Association, Perry will be able to assume his duties. Perry, in case some of you are unaware, has been meet director at both the Ocean-to-Bay (Belmont) Marathon and Golden Gate Marathon for many years.

• Upon checking our records more closely, it was discovered that Peter Duffy did not set a new fifth leg record in the Tahoe Relay (72-mile around-the-lake) last August. His time of 53:16 is only second fastest to the 53:00 set by Eamon O'Reilly in 1968 while running on an Olympic Training Camp team that was the first group to crack 7 hours (6:55). Since then, many more teams have broken that mark and WVTC now holds the record at 6:33:19.4.

• In a recent letter to me from Andrew MacCono (Race Director for the popular Walnut Festival Road Race in September), he wanted to convey to everyone his regrets that this has to be a NO POST ENTRY race. In his words, "The race is only a Sunday morning space-filler, police always pushing to clear out ahead, for the annual 1 pm afternoon parade crowd. We are hampered by lack of time. This is the main reason for no post entries, and the 9:30 am enrollment closing time. Otherwise the race would never get started. It is the runner's responsibility to file an early entry; and to arrive early enough to enroll and get a competitor's number. ONE RULE FOR EVERYONE. No favoritism. Most other races have plenty of time, or even all day. The Walnut Festival Race is only one event on a four day program." Next race: Sunday, Sept. 23, 1973...see ya there

• Ex-WVTC distance star, Don Kardong, now living in Washington, has joined a new club in the Seattle area. The group, calling itself CLUB NORTHWEST, and composed mainly of distance runners, is headed by Washington assistant Dan Ghormley. Jim Johnson is also a member. Lot's of luck to this new club.

• CBS has issued some details on this year's scheduled TV series, which will have 32 weekends this season. The five track meets that we've heard about are: Feb. 4 - Star-Maple Leaf Games (Toronto); Feb. 11 - LA Times Meet; Mar. 18 - US-Soviet Indoor Meet (Richmond, Va.); May 6 - to be announced; May 13 - Martin Luther King Games (Durham).

• Donetzki, USSR, will be the site and July 24-25 the dates of the 1973 Russian-American Track & Field Meet, and this will mark the eleventh meeting in outdoor competition.

• The Seaside Marathon, Feb. 24 at 11:30 am, will have team awards this year for the first time...4 to a team and three to count (medallions to each member of the top 3 teams). See our scheduling section for more details. A symposium on Body Dynamics and Endurance, sponsored by Oregon State Univ., will be held at the Seaside Convention Center the night before for a modest fee of \$5.00. Seaside entrees close on Feb. 17.

• The West Valley Marathon will also be the Western Regionals for the third year running. The field is already shaping up to be the greatest ever for this race with Mark Covert, Bill Scobey, Dave White, and Doug Schmenk as probably entries from the southland as of this printing. We are checking into the possibility of video-taping the race for showing immediately following the race. The entry fee has been lowered to \$1.50 this year, following \$2.00 in 1972 and \$3.00 in 1971. There will be many awards again this year, although we are planning on cutting back the number of merchandise prizes. If you are planning on competing in this race, please send your entry in early...without the entry fee if you aren't sure of running. You won't be penalized and the \$1.50 will be collected on raceday. We just want to get the paperwork out of the way.

• The National AAU Marathon will be hosted this year by the West Valley TC and San Mateo Recreation Dept., and the date has been set for June 17, Sunday, at 9 am on our regular West Valley (Burlingame) course. We would like to put on a race that everyone can participate in and so are not putting restrictions on entries (qualifying times). If you would like to help out with either the Nationals or Regionals, either on raceday or before, contact us right away. You need not be a WVTC'er to help. Thanks.

• Walt Stack reports that the Third Annual Thanksgiving "Hollywood to Sahara Super-Marathon Relay" was a smashing success. The team is composed of runners aged 60 and over! This year, the team added Norman Bright, 62, of Seattle, and Al Clark, 60, from Los Angeles. The others were Monty Montgomery (66), Noel Johnson (73), John Montoya (61), Bill Selvin (62), Walt Fredrick (66), and Walt (65). They cut twenty minutes off their previous best in recording 41 hours. It was so cold and windy on the desert that the wind knocked a truck and trailer over and the CHP warned light cars to stay off the road. Most of the run was done in 10 minute sprints instead of the more lengthy runs of previous years. The Sahara took care of food, lodging, and drinks for the weekend.

• Boston Group Fare: Nothing definite yet, but plans are being made for California's "often attempted but rarely successful" extravaganza to the Boston Marathon...April 16 this year. A minimum of 25 are needed for the savings of approximately \$70 on the roundtrip. Everyone must leave on the same flight (probably Sat. the 14th in the morning), but you can make your own choice of return flights. No intermediate stops may be taken in other cities on the trip home. As in

the past, the group will probably consist of both Northern & Southern Californians, since 25 from either area alone is not very likely. If you are at all interested, let us know immediately!! The thing has failed in the past because of people acting too late. In the NorCal area, contact Jack Leydig at our NCRR address---in the Southland, John Brennand, 4476 Meadowlark Ln., Santa Barbara, CA 93105 (Ph. 805/964-2591). If 25 cannot be obtained from either area alone, then the groups will merge and the extra fare (SF-LA) will be spread between the entire group. ACT NOW!!

• The Women's Junior XC Championships (AAU) and Women's XC Championships will be hosted by the San Mateo Recreation Department in 1974 and 1975, respectively. Both bids were obtained by the Pacific Association at the recent AAU Convention in Kansas City. In the past, the Girls' and Women's XC Championships have been held together...now they will be separate and the Girls' will be labeled Juniors. We are assuming that this means "under-20" as with men, but would like a verification if anyone knows for sure.

• The Oakland Invitational will be the new name for the Athens Invitational since the Pacific Ass'n is taking over as sponsors from Athens Sports, Inc. The meet will be an all day affair on Feb. 10, Saturday. In the past, high school & college trials have been held on Friday night, with finals on Saturday evening...now these trials will begin 9 am on Saturday. Finals are 7:30 pm. Bob DeCelle will take over as Meet Director for Dave Maggard, and all inquiries should be directed to him at P.O. Box 1606, Alameda, CA 94501 (Ph. 523-2264/weekdays). Ticket prices will be \$6, \$5, \$4, and \$3, with 17-and-under paying only half-price for any seat. The meet will feature many relays, allowing expanded participation on all levels. Most important development, however, is that all profits from the meet will be funneled back into the track & field program in the Association...helping the AAU Scholarship Fund, Age-Group Fund, and Travel Fund. This will help finance a very needy local club program that is seeing many good local organizations die out because of lack of proper funding. Be sure to attend!! -- DeCelle has appointed the following co-directors: Jim Santos, Cal-State Hayward (college); Jim Coleman, Laney JC (junior college); and Hale Roach, El Cerrito HS (high school).

• The NCRR Long Distance Point Race will appear in our next issue because of lack of space in this issue. In the future, the totals will be published on a bi-monthly basis. We will still be giving a perpetual trophy in each division of our contest (open and senior). Jack Leydig and Ross Smith were the respective winners for 1971-1972. Art Dudley will be handling the scoring from now on.

★ NEWS FROM THE AAU CONVENTION ★

• Your friendly editor was at the recent AAU Convention in Kansas City, acting as Bob DeCelle's (Long Distance Running Chairman) Secretary. I attended and kept minutes on the LDR Committee Meeting, but didn't make the final legislative sessions of the Board of Governors. Some of the information that was printed in recent issues of other major running publications is probably in error, but not necessarily so. Some premature information leaked out of the LDR Committee Meeting...which was passed by us, but had not yet gone for final approval to the Board of Governors. Rather than

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★ 1973 LONG DISTANCE CHAMPIONSHIPS ★

restate many of the items that were printed in other publications, we will print only those that we know were passed. In the very near future (hopefully by next issue), we will have the full minutes of the Board of Governors Meeting and will then make the results known to our readers. -- One statement that affects long distance runners (made in Racing Report & Runners World) is, to my knowledge, incorrect. The LDR Committee passed legislation that would assess each entrant in a Natl. Championship a fee of \$1.00 (in addition to the normal \$2.00 entry fee). This would be used to support traveling expenses of athletes competing overseas. I am fairly sure that some technicality caused this item not to be passed by the Board of Governors. At any rate, it is best to assume such at present until the full minutes are available.

•Some other important items affecting long distance running that were passed by committee (not necessarily by the Board of Governors): Additions to Sports Rules: Addition of 50 Kilo as a championship distance....Change of team scoring in Natl. Championships except for the one hour run and cross country: "An unlimited number may enter from any one team, with the first three finishers to score, the next one to displace, and the remainder not scoring. Each team must be designated before the race start." Five runners score in cross country and the hour, with no displacements, and a limit of eight entrants per team in cross country. *** Note: - these sports rules changes did not have to be passed by the Board of Governors, and thus became valid and go into effect in 1973. Sorry, my mistake!! The other item in the above paragraph (\$1.00 entry fee) was entered as a change in the AAU Handbook, and thus needed Board of Governor's approval. Sports Rules changes do not.

•The LDR Committee sent a request to the finance committee in regards to a \$12,000 allotment for sending teams to both the Pan-Am Cup and International XC in 1973. To the best of my knowledge, this sum was obtained. This sum will cover three teams for the International XC (Ghent, Belgium; March)...including a junior (under-20) and women's teams. Regarding selection of the teams: (1) The Pan-Am team is to be chosen from the top finishers in the AAU Cross Country Championship, provided they fall before the Pan-Am Cup. A second team shall be selected by the LDR International Selection Committee by any method they deem suitable, provided finances for this second team are available. (2) The International XC team (both junior & senior) shall also be chosen from the top finishers in the AAU XC. If enough juniors are not among the top finishers, then the International Selection Committee shall choose the remaining team. --- It was the general concensus of the group that while the AAU and International XC are far apart, no other equitable method for appointing a team could be arrived at.

•The All-American Team in distance running was selected as follows: Top two places from the 15, 20, 25, 30 Kilos, One Hour, and 50 Mile, and the top three marathoners in the Olympic Trials, plus the top six in the AAU Cross Country. The PA-AAU had three, and maybe four All-Americans for 1972: Chuck Smead (WVTC-15 Kilos), Ross Smith (WVJS-50 Mile), Darryl Beardall (Marin AC-50 Mile), and possible Peter Duffy (WVTC-Cross Country). Peter finished 6th, but may not be eligible since he is not an American citizen...does anyone know the rules on this?

•The LDR Committee supported (unanimously) Frank Shorter as our candidate for both the Sullivan Award and Di Benedetto Award.

•After some deliberation on whether Neil Cusack of East Tennessee should be judged on his finish at the AAU Cross Country by our committee, it was pointed out that based on Rule 37 of the Track & Field Handbook, we could not act on this matter because the protest against Cusack was not filed properly. Ted Hayden, Meet Director, moved Cusack from first to fourth for inadvertently cutting the course.

•In Men's Track & Field, Frank Shorter received the nomination for the Sullivan Award, and Rod Milburn was selected as the Di Benedetto candidate. --- The Philadelphia Classic Mile is to be the official AAU Indoors Masters Championships. The following Indoor Standards were approved for the AAU Meet in New York (Feb. 23): 50-5.3; 60-6.1; 70-7.0; 60HH-7.3; 70HH-8.4; 600-1:12.0; 440(outdoor)-47.6; 1000-2:10.3; 880(outdoor) 1:49.5; Mile-4:08.4; 3 Mile-13:41.6; 2 Mile-8:51.0; LJ-24'5"; HJ-6'10 3/4"; PV-16'6"; TJ-49'1"; SP-60'6"; 35# Wt-61'; MileR-3:20.0; 4x880R-7:40.9; Mile Walk-6:45.0; 3000m Walk-13:40.0; 2 Mile Walk-14:40.0; Medley Relay-(to be determined by games committee). *** The February NCR will carry a full list of the outdoor standards. The AAU Outdoor Track & Field Meet will be held in Bakersfield, CA on June 14-16.

SENIOR	Date	Site (Sponsor)
10K-XC	Nov. 24	Gainesville, Fla. (Florida TC)
15 Kilo	Aug. 4	Littleton, Colo. (Littleton JC's)
20 Kilo	Sep. 30	Gloucester, Mass. (Chamber of Commerce)
25 Kilo	Apr. 7	Kansas City, Mo. (KC Parks & Recr. Dept.)
30 Kilo	Sep. 23	Chicago, Ill. (UCTC and Mayor Daley YF)
50 Kilo	Feb. 11	New York City, NY (Road Runners Club, NY)
Marathon	Jun. 17	Burlingame, CA (WVTC and San Mateo Recr.)
One Hour	Jul. 28*	Postal Competition (SPA-AAU Coordinates)
50 Mile	Nov. ??	New York City, NY (Road Runners Club, NY)

JUNIOR	Date	Site (Sponsor)
10K-XC	Nov. 11	Niagara, Buffalo, NY (WNY T&F Ass'n)
15 Kilo	Aug. 4	Michigan City, Ind. (???)
20 Kilo	Jun. 30	Aurora, Colo. (City of Aurora)
Marathon	Oct. 28	Atlantic City, NJ (???)

(All other Junior Championships in conjunction with Seniors)

MASTERS	Date	Site (Sponsor)
10K-XC	Nov. 17	Elyria, Ohio (Lorrain County RR)
15 Kilo	???	Rochester, Minn. (Rochester TC)
20 Kilo	Jun. 23	Terre Haute, Ind. (Indiana State Univ.)
Marathon	Jul. 8	San Diego, CA (San Diego TC)

(All other Masters Championships in conjunction with Seniors)

*The One Hour Run will be a postal competition held at various locations throughout the U.S., from the first of the year until July 28. All marks should be sent to John Brennan, 4476 Meadowlark Ln., Santa Barbara, CA 93105, as well as any requests for information. He will be coordinating the final placings as usual. --- Other Championships: The Western Regional Marathon will be held Feb. 11 at Burlingame, CA, co-sponsored by WVTC and the San Mateo Recreation Dept. (entry blanks available from P.O. Box 1551, San Mateo, CA 94401). The Niagara Regional Marathon will be sponsored by the Syracuse TC and held in Syracuse, the site of last year's Nationals...no date available as yet. The Postal Meet of Miles will be coordinated by the District of Columbia Ass'n, with other sites in Detroit, Denver, Bakersfield, Ft. Meade (Md.), Houston, and Anchorage. No other information (date---June 3).

•After the LDR Committee met in Kansas City, they held their third annual road run (4 Miles). The results of the race, held Dec. 1, 6:50 am, at Loose Park, KC: (40° & dry)... (1) Vince Chiappetta (Millrose AA) 24:36, (2) Paul McScorley (Penn AC) 26:24, (3) John O'Neil (Lake Erie AA) 26:50, (4) Vern Whiteside (Tulsa RRC) 28:07, (5) Nina Kuscsik (Suffolk AC) 29:07, (6) Arne Richards (Kansas State TC) 29:07, (7) Fred Lebow (Central Park TC) 29:53....DNF-Aldo Scandurra (Millrose). Officials--Emily Lanin, Bill Marot, Carl Owczarzak.

● CLUB NEWS ●

This section of our publication is devoted to various clubs in the area. If your club would like to put in an announcement or other news, please send it in. Our circulation is now large enough to ensure that probably many of your members will see it. As long as the news is pertinent and kept to a reasonable length, we will print it, possibly in edited form. Let's hear from your club. --- We had only limited response to our comments about eliminating this section, but the general feeling was that we should keep it, but move it off the front page...and so we are including it here until we receive further comments.

DSE RUNNERS: Walt Stack announces that the Dolphin Club will have their annual awards shindig on Saturday, January 13, at the Dolphin Club. Happy hour(s) is 6 to 8 pm. It will not be a dinner this year...only a dessert set-up. Bring a cake or cookies. Price is \$2.00 for adults, \$1.00 for children...guess that means 12-and-under, eh Walt? Master of Ceremonies will be John Butterfield and Joan Ulliot with guests of honor being: Joe Henderson, Francie Larrieu, Jon Anderson, Rich Perry, Larry Lewis, and Frank Geis.

WEST VALLEY TC: The month of December brought WVTC a total of four new members---John Bay, Terry Chappell, Bill Johnson, and Bill Seaver. Johnson hasn't sent in his address information as yet, but holds bests of 4:17 in the mile and 14:09.6 for 3 miles. John Bay, 2261 Columbia, Palo Alto, 94306 (321-8076) is 18 years old and has best marks of: 440-50.5, 880-1:55.9,

Mile-4:30.1, 2 Mile-10:08, LJ-21'11 1/2", TJ-46'5 3/4". Terry Chappell lives at 110 Valle Verde G., Danville 94526 (Ph. 837-0830) and is 23 years of age. Best track marks include: 880-1:57.8, Mile-4:16.4, 1500m-3:56.0, and 2 Mile-9:23.1... the last two marks being a double, only two hours apart. He also has run the marathon (Culver City) in 2:47. Bill Seaver resides at 25767 Donald in Hayward, and at 23 years of age has marks of 4:14.4 for the mile, 9:14.2 for two miles, and 14:14.1 for 3 miles.

•Address Changes: Note the following changes in your club directory. Bill Lamb to 1967 Story Rd., #1, San Jose, 95122 (Ph. 251-1739); Peter Duffy to 1110 The Strand, Reno, Nev. 89503 (same phone); Bruce Tharp to 4136-C Tyler Ave., Fresno, 93702; Mike Pinocci to P.O. Box 121, Odessa College, Odessa, Tex. 79760 (Ph. 209-266-7968)---this change is only for the school year; Wayne Glusker & Santos Reynaga have both moved to 945 Walnut Woods, San Jose 95111 (no phone yet).

•Duncan Macdonald has moved permanently to Hawaii and will change clubs, probably representing the Outrigger Club, a not-so-talented, but considerably richer club that West Valley. This will probably be his last year of "competition" of a serious nature since he has been accepted at the Univ. of Hawaii Med School. His goal (one of them) this year is to run a sub-4 minute mile on Hawaiian soil (or tartan). So far this past fall Dunc has run 3 solo races on the roads, winning a 7-miler in 36:41, a 10-Kilo in 30:54, and a 9.8-mile in an excellent 48:10. He also ran a 4:05 on the track.

•Jost Schmitt, our West German sprint man, has gone back to Europe, but hopes to return to the Bay Area sometime in the future. He did his graduate work at the Univ. of California. On his journey home, Jost took an extended trip thru South America and stayed with the Mejia's while in Bogota. He points out that this trip was the highlight of his personal traveling adventures.

•In the Colombian National Championships last fall, our own Victor Mora ran to two new Colombian records with his two-day double of 13:52.0 for 5-Kilos and 8:51.8 for the steeplechase. Both were set in Cali, site of the Pan-Am contest in 1971. The 13:52 mark also breaks Peter Duffy's 13:55 club mark, although Jim Dare still holds the steeple mark with his 8:33.6.

•WVTC troops have been doing well this past fall on various levels of high school & college competition: some of the more impressive marks that we've heard about are Joel Jameson's 14:03, a first place finish in the NAIA District 3 Championships, and a 14th in the Nationals (NAIA) while representing Occidental College; John Sheehan capped off his best season (he's a soph at UC Davis) with a 13:55 for three miles on the track and an All-American ranking for his 7th place finish in the NCAA College Division, one place behind another WVTC'er, Chuck Smead of Humboldt State. They went 1-2 in the Far West Conference (Smead-Sheehan). Mike Pinocci (Odessa College, Texas) has really made improvements with his 14:22 for three on the track, 19th in the Natl. JC Championships (a poor race he said)--which captured All-American status, 23rd in the National USTFF, and a PR 2:39:37 marathon win under adverse (70°--20mph winds) conditions. Chuck Mork, attending North Texas State, finished 15th in the USTFF meet. Peter Brown won the small school division of the CCS High School finals and also had the fastest time of the meet... better than any large school competitors (see XC section for full results). Roy Kissin, Tom Reade, and Mike Ruffatto ran 2-3-4 in the NCS Finals, and Kissin & Ruffatto ran 9:24 and 9:18 respectively for 2 miles on the track. Read has a 9:29 to his credit. Jim Van Dine, a frosh at CSM, capped a spectacular year with wins in the GGC Conference Meet and NorCal Championships and a 5th in the State JC Meet, despite having a slight cold in the latter. Read more about Jim in the West Valley Portrait section of this issue. --- In the AAU Meet in Chicago, Peter Duffy & Domingo Tibaduiza, Univ. of Nevada's "dynamic duo", ran 6-11 in leading WVTC to a fourth place in the team standings. Ron Zarate & Tibaduiza (Ron is also from Nevada) had beaten Duffy the week before in tying for first in the Western USTFF at Fresno (they ran 1-2-3 in leading UN to the team title over Stanford).

•We need volunteers for housing out-of-town competitors in the West Valley & National AAU Marathons. If you are interested in hosting anyone for either race, please contact John Marconi, 1810 Elmwood Rd., Hillsborough 94010 (Ph. 342-5490) as soon as possible. You needn't be a WVTC member in order to help out. The Nationals, especially, should be a cooperative venture from the entire Pacific Association.

•We had poor attendance at the Annual WVTC Meeting, probably because it was the weekend before Christmas, but partly because of continued apathy I'm sure. At any rate, despite

the meager turnout, we did get some important business done. The club voted to rebate Peter Duffy and Bob Coe for 50% of their expenses in airfare while traveling to the AAU Cross Country Meet (they flew both ways) and 60% to Ron Zarate and Domingo Tibaduiza (who flew only one way and drove home in a club-financed Auto-Driveaway Car). George Stewart (bless his soul--or is it sole!!) drove both ways (Leydig going and Auto-Driveaway coming back) and so was only reimbursed for gas expenses that he paid. Mike Ryan and Paul Bateman came on their own! At any rate, the club will pay them off as soon as possible. Our treasury sank without help at the Newsletter & softdrink stands while I was away, and so income will be forthcoming from 1973 club dues...please send them in as early as possible. We also need capital for the Regionals!

•The final form of our new club constitution will be sent with this issue for ratification. Please read it over carefully and make a decision as soon as possible. As soon as the constitution is ratified, then a legal cooperative contract between the San Mateo Recreation Dept. and WVTC is imminent. Note that under club privileges, dues paying members are exempt from paying entry fees at club-sponsored races.

•The WVTC Club Directory was discussed and it was decided that we should hold off until after track season when we have more funds. Also, the response to our directory questionnaire was less than outstanding. Come on people...it's your club too!! Let's have some cooperation on forms that are sent out.

•An organizing committee for the AAU Marathon was named to draw guidelines and goals. Their first meeting will be in January sometime. The committee is composed of Jack Leydig, Ted McRice, John Marconi, Len Wallach, Dan Anderson, and Bill Clark. Anyone else wanting to join, contact Jack.

•Election of 1973 Officers: The following were voted in to one-year terms--Pres.--Jack Leydig; First VP--Bill Clark; Second VP--George Stewart; Secretary--Daryl Zapata (the office of Treasurer is included in the presidential duties). The Exec Council consists of the above persons, plus: Brian Moroney & Mike Shaughnessy (high school); Dan Anderson & Jack Bellah (College); Harold DeMoss (senior); Esteban Valle (race walking); Jon Hendershott & John Estrada (track & field). The Council also consists of a non-voting member from the San Mateo Rec. Dept.--to be named by them. AAU Delegates will be Jack Leydig and Len Wallach (alternate).

•Our 1973 Track Schedule is not completely finished yet, but Jon Hendershott has been working intently and we will be able to give you a full list next time. For starters, since this is a fairly early competition, there will be an All-Comers Meet at Fresno on Feb. 24. More details in next issue.

● CLASSIFIED ADS ●

OUR RATES: Interested in selling your product? With a circulation of almost 600 per month (including 450+ mailed subscriptions), the NCRB will get results for you. Monthly rates: (Per 7 1/2 inch line as printed--50¢; Per square inch --25¢, double for half-toning such as photos, etc.; Quarter-Page--\$5.85; Half-Page--\$11.70; Full-Page--\$23.40; One Page Insert--\$20.00 (both sides--\$25.00), you supply--8 1/2 x 11 inches, 750 sheets per issue). Special rates: (3-5 months running--90% of monthly rates; 6-11 months--75% of monthly rates; 12 months or more--60% of monthly rates)...A contract must be drawn up between the editor and advertiser before any special rate ads can be run. All ads must be approximately the same size throughout the year unless approved otherwise by the editor. Payments may be made on a monthly basis if desired. We would appreciate ads in their final size, but will reduce or enlarge as necessary. Make all ads proportional to an 8 1/2 x 11 inch page or portion thereof, leaving room for margins (3 1/2 inch wide by 4 7/8 inch high for 1/4 page ad, etc. --includes black border). All half-toning is double the above rates except for inserts you supply. All advertisers get free publications as long as their ads run. For more details, you may write the editor (see page 2). All checks should be payable to West Valley TC. All billings are based on the final size of the ad as it appears in the NCRB. (Add 25% extra for odd-sized inserts, less than 8 1/2 x 11).

THE ATHLETIC DEPT: Cortez I, Nylon Cortez, Obori, Nylon Marathon, Super Cortez---Five major reasons why the NIKE line is the fastest growing in America. See them all and select the pair which is just right for you at The Athletic Dept., 2114 Addison, Berkeley, CA (Ph. 843-7767). While they last: Tiger Marathons--\$9.95, Nylon Bostons--\$11.50, and Vickka--\$12.95.

NIKE SHOES IN RENO!! For those of our subscribers who live in the Reno area (and there are actually quite a few), you don't have to travel to Sacramento or some other out-of-the-way place for your Nike shoes anymore. Peter Duffy carries a fairly complete stock of the fastest growing running shoe in America. Stop by (call first) and see if he has your size: 1110 The Strand, Reno (Ph. 702/786-8752).

THE JUMPS: CONTEMPORARY THEORY, TECHNIQUE & TRAINING: The coach & athlete will welcome this new collection of articles offering a cross-section of modern progress and theory in the technique and training of the four "jumping" events in track & field: high jump, pole vault, long and triple jumps. This is the first time such a collection designed exclusively for the jumper and jump coach has been assembled. In addition to bringing together some of the most important recent published articles from various track journals (US and foreign), the book also contains many articles never before translated into English. The book presents an excellent overview of contemporary thinking in the events mentioned. Some contributors include Dick Ganslen, Dennis Watts, Klement Kerssenbrock (Matzdorf windmill style), Russian expert Yuri Verhoshanski, Jess Jarver, Toni Nett (on Beamon's record jump), and many more. Edited by Fred Wilt, and available from Track & Field News, P.O. Box 296, Los Altos, 94022 for only \$5.00 (160 pages, with sketches & drawings).

VIC'S SPORTS, THE COMPLETE ADIDAS STORE: Vito D'Aloia has just opened a new store at 26 Washington St., Santa Clara (Ph. 984-7111)...two blocks north of Hiway 17 at Bascom Ave. turnoff. We now have in stock over 100 styles. Special: until they are sold out---the Mexicana will be on a discontinued sale at 30% discount, from \$23.95 to \$15.95. Make us your one-stop store for Adidas Shoes, Casual Wear, and Accessories for the whole family. We accept BankAmericard and Master Charge. Open from 10-6 on Monday thru Saturday and until 9 on Thursday---ample parking. Drop in today!!

RUNNING UNLIMITED will put a Tiger in your feet. We have a wide selection of Tiger athletic shoes--five different models for running, jogging, or all-purpose wear, and two models of spiked shoes for the upcoming track season. All our shoes are low-priced and extremely durable. Prices start at \$12.95 with a discount of up to \$3.00 per pair for purchases of ten or more. We also carry a wide selection of discount priced books on running, track & field, jogging & fitness. We have 45 of the most popular books published by Runner's World and Track & Field News. A survey by RW revealed that 69% of their readers wear Tigers. Come in and try on a pair of the most popular running shoes in America. We are open Monday thru Saturday at 407 California, Palo Alto (Ph. 328-4274).

SPECIAL RATES FOR MAILING ENTRY FORMS: Have you been looking for an easy, inexpensive way to distribute information and entry blanks for your upcoming race? We have the solution!! With a circulation of nearly 500 mailed subscribers, the NorCal Running Review is ideal for getting entry forms to people who count...those who will run your race. We are offering a special discount for meet information and entry blank inserts only. For \$15.00 (3¢ a copy) a month, we will insert your entry blank (price is for one sheet, may be printed both sides) in our magazine. The sheet(s) must be 8 1/2 x 11. For more information, contact the editor...P.O. Box 1551, San Mateo, CA 94401 (Ph. 342-3181). Look at it this way. If you charge \$1.00 per entry, you will break even in ad costs if we get only 15 people to enter your race who would not have ordinarily heard about it. Besides, if people have access to an entry blank & can learn about the meet in detail, they are usually more apt to run. Write us today!

1973 MARATHON HANDBOOK & 1973 HIGH SCHOOL ANNUAL: Both of these booklets (published by Runner's World & Track & Field News respectively, are now carried by the NorCal Running Review. They are available at many road races at our newsletter table, or by mail (see page 2 for address)...send \$2.00 for the Marathon Handbook and \$1.00 for HS Track, and we will mail them to you at no extra charge. Checks should be payable to West Valley Track Club. Hurry while they last!!

SPECIAL DISCOUNT ON NCRR SUBSCRIPTIONS: If you act now, you can save 50¢ on a new subscription to the NorCal Running Review...fill in the subscription blank on the back cover of this issue by Feb. 1. In addition, if you can get together a group of 5 or more subscriptions, they are only \$2.50 each!



RELAXED GROUP SHOT OF SOME OF CARL COLOMBAT'S "SF CHUKKERS", (LEFT TO RIGHT)--GEOFF HENDERSON, JOHN MCVEIGH, MIKE PORTER, KEITH UJITA, COLOMBAT, CHRIS COLE, BRAD DUFFEY, DAVE POWER, AND DARYL ZAPATA. /Bill Johnson Photo/

● COACH'S CORNER ●

Meet Carlton B. Colombat: Misunderstood, a nice guy, controversial, a loud-mouth, a loner: the many facets of Carlton Colombat are sometimes confusing. But that he is a dynamic personality that runners confide in can be seen every day throughout the year as kids from all over San Francisco come to the Polo Grounds to learn from a man who has lived track all his life.

Colombat is not the "normal" coach by any means. He is not a high school or collegiate coach, but is more-or-less a coach of stray individuals. Klaus Hofmann, a 4:11 miler from St. Ignatius; Willie Eashman, a 4:14 miler at Washington High in S.F. and last year a finalist in the Olympic Trials 1500; Brad Duffey of Lowell and Chris Cole of St. Ignatius, both near 9:10 for two miles while in high school---these four and many others like them have been heavily influenced by the man most people in The City know as "The Profit".

Carl limited himself in high school to one competition in a P.E. class at 100 yards. He ran 10.6 in flats.

When questioned about the highlights of his coaching career, Colombat replied, "I am not so interested in the development of great runners as I am in the social development I see when anti-social kids become noticeably less hostile, shy kids open up, relax, and develop more outgoing behavior, quiet kids begin to express themselves, or self-centered kids begin to share and think of others as well as themselves."

On training--"When I first started coaching, I was heavily into Igloi and interval training. I graduated to a Lydiard system, crystalizing my ideas as I became more experienced in coaching. I cannot be too specific about training because all runners are individuals, and their workouts may vary according to many factors. A general schedule would see my runners doing complete distance work in the summer, a combination of power and distance during cross country season, a straight distance program again in the winter except for some short intervals for the indoor meets, and then track season blends the necessary track workouts with light distance running. I favor weight training only for those scrawny types who need it."

Perhaps one of the most unusual things about Colombat as coach's go is his feeling on the philosophy of running as a whole. He feels that the whole person is more important than the running. Health should come first, studies second, then social relationships and development (getting along with others), and finally...running. "Running is like a building. First comes the foundation, then, in order, --walls, roof, & final embellishments. Therefore, we build slowly, both in distance and intervals. When the athlete is ready, increase the workout." Perhaps many coaches feel the same way, but few practice their philosophy like Colombat...perhaps because of the pressures of their "job". With Colombat, his coaching is not something he gets paid for, but merely enjoys doing.

Summing up this remarkable man's feelings: "Every athlete who tries is worth recognition & praise. Any time a coach begins thinking that 'he' is the word on running, he should realize that without athletes he is nothing, and that without him, the athlete might and probably would still be an athlete. The coach's reward is memories of his athletes, satisfaction with the end results of his work, and recognition from his athletes that he has tried to do his best."



NORCAL PORTRAIT JOHN BUTTERFIELD WITH HIS WIFE PRISCILLA AND CHILDREN--MOLLY, MICHELLE, AND ANDREW...HOLDING A TURKEY THEY WON AT OAKLAND TURKET TROT. /H. DeMoss/

● NORTHERN CALIFORNIA PORTRAIT ●

Meet John Butterfield: It's best for John Butterfield to tell about his new-found affair with running. Just a few words of preface: the US Navy pilot (now studying at the Defense Language Institute in Monterey) began running in January, 1971, because, despite being fairly active physically, he wasn't pleased with the weight he carried. His first race ever was a 6.6-miler, which he approached in the usual novice style: tennis shoes, bermuda shorts, and tee-shirt. His first long race was a 16-miler, then came the '71 Boston Marathon (nothing like starting big). But 1972 was his breakthrough year. First came a 2:28:14 in the Avenue of the Giants race which qualified him for the Olympic Trials, then a 2:30:10 for 29th place at Eugene--besting experienced 26-milers such as '68 Olympian Ron Daws, former AAU winner Bob Fitts, and the likes of Bruce Mortenson, John Vitale, Bill Norris, Tom Heinonen, Gary Tuttle, Justin Gubbins, Russ Pate, and Mike Mittelstaedt. And finally, the big moment---a 2:25:26 victory in the Napa Marathon, a PR by nearly three minutes. 'Nuff said. Let Butterfield tell how running has become a way of life for him and his family.

"Running is simply great fun and something I hope to do the rest of my life. I would like to always remain competitive, but I don't want 'placing high' or 'winning' to spoil the fun of it all. Possibly my times could improve and I could be a better runner if I incorporated some speed, interval, or track training in my program. However, right now I am turned off by these programs. I'm very content with my progress and the fun in the thrill of running. My training is based primarily on LSD and rarely do I get out a stopwatch or go over a measured course with time uppermost in my mind. I would rather just delight in putting on my running togs, getting outdoors and running where, when, how long and at what pace I feel like."

"I got started in this running business rather late (age 33) and have followed the advice of a good friend, Jock Semple (who, contrary to the points of view of many, is a warm, very knowledgable, dedicated-to-distance man and who does an amazing, almost single-handed job of organizing the Boston Marathon). Jock said to concentrate on putting in the mileage, gaining experience from the races and using shorter races as my speed workouts and for sharpening. Jock feels speed training won't do much for a guy my age and might even be more of an injury risk. I usually like an early-morning wake-up run of 4-6 miles, never faster than 7 minutes per mile. At either mid- or late-afternoon I do a longer run at 6:30 pace. I try to average 12-15 miles a day either with a double workout or (on the average 1-2 times a week) a longer lone run.

Most of my longer runs average about 10-12 miles, primarily because of my work/study schedule, and because I race nearly every weekend, I can't insist on that long training run each week."

"Tactics? I just go out to run the best I can, but I tend to go out too fast for my own good. Consequently, what little kick I do have is often dissipated early in the race."

"I love the running scene here in the West, especially in the Bay Area. The people are great and make it the most fun sport, hobby, and interest I can think of. There are the champions, top competitors and class runners--but then there are the characters, colorful types and comers, too. They all combine to make this a runner's paradise! Most of us Butterfields run and we always have fun. Wife Priscilla, eldest daughter Wendy, and son Andrew allow me to enjoy the running even more as we train and race together."

John Butterfield, Napa, CA (Boston AA), 5'8", 140-lbs., born March 15, 1937 in Elmira, NY. Began running in January 1971; only layoff occurred in mid-1971 ("torn ligaments in my right foot as a result of being grazed by a car while out training"). Bests: 10-Kilo--31:50; marathon--2:25:26.



WEST VALLEY PORTRAIT, JIM VAN DINE, SHOWN LEADING SJCC STAR STEVE BROOKS IN A MEET THIS FALL. /Jan Sershen Photo/

● WEST VALLEY PORTRAIT ●

Meet Jim Van Dine: The 1972 JC cross country season saw the emergence of a bright new distance running star, one Jim Van Dine. And what a spectacular emergence it was for this College of San Mateo freshman. Last year in his senior track season at El Camino High in South San Francisco, he gave an indication of his potential with a 9:20 two mile in the CCS Finals, but before that he had been very slow in coming. He was good, but not great. Now, the high school runners of note that were beating him soundly last spring are taking it "on the chin" from Mr. Van Dine. Starting from an undefeated Golden Gate Conference record, Jim proceeded to take the Conference Championship race and the NorCal JC title, and finally a fifth place finish in the tough Cal JC Championships.

While showing signs of things to come in his senior year at El Camino, Jim relates, "I was greatly helped and influenced by Art Reade and his Igloi (interval) training. Almost all my running was done on the track back then. Here at CSM I have been doing much more distance (80-90 miles a week) and only 1 or 2 days a week on the track. As of now I am doing strictly distance between cross country and track season."

Looking to the greatest moments in his young career, Jim singles out the following three: winning the CCS Region I XC Championships my senior year; winning the NorCal JC Meet this year; and our team beating San Jose CC for the GGC Championship with my beating Steve Brooks in the same race.

Looking towards the future, Van Dine would like to go under 14 minutes for 3 miles this spring and win the State JC title. In the more distant future, Jim wants to continue to improve and do well for a good 4-year school after CSM. If his past record is any indication of things to come, there will probably be a good many 4-year schools who will be asking for his services after CSM. Look out...Jim wants to run some road races in the future if his job permits!!

SCHEDULING

—LONG DISTANCE—

Note: All runs listed below are sanctioned by the AAU except those specified as DSE races, or unless otherwise noted. These are strictly run-for-fun races that are sponsored by the Dolphin/South End Runners of S.F. Some of the races listed below are our of the PA-AAU and are noted as follows: Southern Pacific (*SPA), Pacific Southwest (*PSWA), Southern Nevada (*SNA), Central California (*CCA). All requests for entries should be made to addresses listed (if noted). More information on other association's races can be obtained from: SPA-AAU (John Brennand, 4476 Meadowlark Ln., Santa Barbara, 93105); PSWA-AAU (Tom Bache, 4920 Kane St., San Diego, 92110); CCA-AAU (Bill Cockerham, 1717 S. Chesnut, Fresno, 93702); SNA-AAU (John Romero, Hotel Sahara, Las Vegas, Nev. 89114). DSE Runs (Walt Stack, 321 Collingwood, SF 94114). PA-AAU address is 942 Market St., Suite 601, SF 94102. --- Please enclose self-addressed, stamped envelopes when requesting information from any individuals listed here!

- Jan 13 - Mission Bay Marathon, San Diego, 8 am. P.O. Box 1124, San Diego, CA 92112 (Entries close 1/8). (*PSWA)
- Jan 13 - 5 Mile Handicap, Las Vegas, Nevada, 9 am (Sunset Park). (*SNA)
- Jan 13 - Patrick's Point Race, Humboldt County, 1 pm (Six Rivers RC Race). SRRC, 281 Hidden Valley Rd., Bayside, CA 95524.
- Jan 13 - DSE Muni Pier Run, 1.5 Miles, Meet at Dolphin Club, 10 am. (*DSE)
- Jan 13 - 6 Mile Spirit of London, Sac'to (12th & K), 4pm. Jim O'Neil, 619 Commons Dr., Sacramento 95825 (Ph. 916/922-1095).
- Jan 13 - 7 1/4 and 12 Mile, Tigard H.S., Tigard, Oregon, 1 pm.
- Jan 14 - 6 1/2 and 13 Mile, Eugene, Oregon, 1:30 pm.
- Jan 14 - 13.5 Mile Road Race, Sonoma State College, 10 am. Bob Lynde, Track Coach, Sonoma State College, Rohnert Park 94928.
- Jan 20 - 30 Kilometer scratch race, Sunset Park, Las Vegas, Nev., 9 am. (*SNA)
- Jan 20 - 6 Mile Run, Judson JHS, Salem, Oregon, 1 pm.
- Jan 20 - San Diegnito Half Marathon, 2 pm. Jim Temples, 712 Ocean Crest, Cardiff, CA 92002. (*PSWA)
- Jan 20 - 4th Lunada Bay Runs (14.63 and 4.88 Miles), Palos Verdes HS, 9 am. (*SPA)
- Jan 20 - 2nd Annual Stockton 10 Miler (Accurate), 10 am. Wayne Badgley, 330 Greenoch Way, Apt. A, Stockton 95207 (Ph. 477-4272).
- Jan 20 - DSE Double Muni Pier Run, 3 Miles, Meet at Dolphin Club, 10 am. (*DSE)
- Jan 21 - PA-AAU 20 Kilo Championships, Woodside, 10 am. Rich Perry, 3909 Pepper Tree Ct., Redwood City 94061 (Ph. 364-5599).
- Jan 21 - 15th Annual Long Beach Runs, 10 Kilo, 3 pm. Mike Stewart (Director) Ph. 213/326-5375, after 6 pm. (*SPA)
- Jan 27 - 6 Mile SNA Cross Country Championships, Sunset Park, Las Vegas, Nev., 9 am. (*SNA)
- Jan 27 - 18 Mile Cross Country Race, Woodside, 10 am. Mike Ipsen, Redwood City Striders, Box 868, Redwood City, CA 94064.
- Jan 27 - Mt. Miguel Run, 5 Miles, San Diego area, 10 am. Wayne Zook, 3727 Alcott, San Diego, CA 92106 (Ph. 223-8774). (*PSWA)
- Jan 27 - DSE Golden Gate Bridge Plaza Run, meet at Dolphin Club, 7 Miles, 10 am. (*DSE)
- Jan 28 - 3rd World Masters Marathon, Chapman College, 7:30 am. Bill Selvin & Dick Cort, P.O. Box 5694, Orange, CA 92667. (*SPA)
- Feb 3 - 8 Mile CCAC Scenic Run, Lopez Lake (nr. San Luis Obispo), 11 am. Wes Alderson, 11662 Sunset Blvd., #4, LA 90049. (*SPA)
- Feb 3 - Las Vegas Marathon, Univ. of Nevada, Las Vegas, 9 am. Dalby Shirley, 438 E. Sahara Ave., Las Vegas, Nev. 89105. (*SNA)
- Feb 3 - Channel to Lake 10 Miler, Vallejo, 10 am. Solano TC, Greg Chapman, 155 Lain Dr., Vallejo, CA 94590, Ph. 644-9943.
- Feb 3 - 8th Annual Clam Beach Run, Trinidad, 3 pm. Dr. Ford Hess, P.O. Box 47, Trinidad, CA 95570 (8.5 Mile road & beach run).
- Feb 4 - 25th "Pop" Marty Memorial Run, 9.6 Miles (open), Montabello JHS, Montabello, 9 am. (*SPA)
- Feb 11 - National AAU 50 Kilo Championships (Sr., Jr. & Masters), Central Pk., NYC. Fred Lebow, 226 E. 53rd St., NY, NY 10022.
- Feb 11 - West Valley & Western Regional Marathon, Burlingame H.S., 9 am. Jack Leydig, P.O. Box 1551, San Mateo, CA 94401.
- Feb 11 - 21st Hermosa Beach Run, 5 Miles, 10 am. (*SPA)
- Feb 11 - Age Group Races (6 Divisions), 8 thru High School, Concord, 10 am. Vern Forry, 166 Greenwood Circle, Walnut Crk. 94596.
- Feb 17 - 10 Mile SNA-AAU District Championships, Sunset Park, Las Vegas, Nev., 9 am. (*SNA)
- Feb 17 - 5th Peters Canyon Runs (5.6 & 3.4 miles), 9 am. (*SPA)
- Feb 17 - 20 Kilometer Road Run, Pleasanton, 10 am. Dick Ryon, 378 Martin, Livermore, 94550.
- Feb 24 - Seaside Marathon, Seaside, Oregon, 11:30 am. Seaside Chamber of Commerce, P.O. Box 7, Seaside, Ore. 97138.
- Feb 24 - 5 Mile Handicap, Sunset Park, Las Vegas, Nev., 9 am. (*SNA)
- Feb 24 - 8 Mile Run, Martinez, 10 am. NCSTC, Luka Sekulich, 534 Darlene Dr., Concord, 94520 (Ph. 685-5185).
- Feb 25 - SPA-AAU 30 Kilo Championships, Lake Sherwood, 8 am. Phil Clarke (Ph. 213/780-0381). (*SPA)
- Mar 3 - Searsville Lake Run, Woodside, 9:30 am. Stanford RC, Don Peterson, 916 El Cajon Way, Palo Alto, 94303.
- Mar 3 - Japanese-American Optimist Club Marathon, Elysian Park, 8 am. Larry Brenner, 3401 Riverside Dr., LA 90027. (*SPA)

Announcing: Weekly run-for-fun races on every Sunday morning through March 25. Sponsored by Runner's World & Starting Line Sports. These are intended to supplement (not compete with) the AAU schedule by (1) offering races at shorter distances than normally run by the AAU, (2) and offering regular races close to home. No entry fees, no advance sign-ups, no AAU cards required...just come and run. Time certificates awarded to everyone. Starting at 10:30 am in the lower parking lot at Foothill College, off El Monte Road near I-280 in the Los Altos Hills. Long race starts first, short race second, a few minutes later. Schedule: Jan. 14--2 & 4 Miles; Jan. 21--1 & 6 Miles; Jan. 28--3 & 8 Miles; Feb. 4--1 & 5 Miles; Feb. 11--2 & 4 Miles; Feb. 18--1 & 6 Miles; Feb. 25--3 & 8 Miles; Mar. 4--1 & 5 Miles; ---- Contact Runner's World, P.O. Box 366, Mtn. View, CA 94040, for more information.

Late addition: Jan. 28 - 12.2 Miler, Sacramento (Discovery Park), 12 noon. Walt Lange, 4920 Oak Leaf Ave., Carmichael 95608.

—TRACK AND FIELD—

Indoor Dates: (Local & Important Natl. Meets)

- Jan 19 - Sunkist Invitational, Los Angeles, CA.
- Jan 20 - Western Olympic Meet, Pocatello, Idaho.
- Jan 26 - San Francisco Examiner Games, Cow Palace, Daly City.
- Jan 27 - Oregon Invitation, Portland, Oregon.
- Feb 3 - Seattle Invitational, Seattle, Wash.
- Feb 9 - Los Angeles Times Meet, Inglewood, CA.
- Feb 10 - Oakland Invitational, Oakland Coliseum, Oakland, CA.
- Feb 10 - USTFF Championships, Houston Astrodome, Houston, Tex.
- Feb 17 - San Diego Invitational, San Diego, CA.
- Feb 17 - Sam Bennion Games, Pocatello, Idaho.
- Feb 23 - AAU Indoor Championships, New York City, NY.

All-Comers Information: College of San Mateo will hold All-Comers meets every Saturday thru Feb. 3 except Jan. 13 (which will feature trials for the Examiner Games---see next column) and Jan. 27. Field events begin at 11:30 and running events at noon. Full schedule of open and high school races; all-weather track. Sacramento State College will hold an All-Comers meet on February 10 at 12 noon on its all-weather track.

San Jose City College will hold All-Comers meets on Jan. 13 & 27 and Feb. 3 with field events starting at 9 am and running events at 9:30 am...both open and high school divisions...all-weather track. Contact Bert Bonanno, Track Coach, SJCC, for further information (298-2181, ext. 227). Cal-State Fullerton will have All-Comers meets at 3 pm on Jan. 12, 19, 26, and on Feb. 2 and 9. Fresno (Ratcliff Stadium) will have a single All-Comers meet on February 24, starting at 1 pm. Other meet information should be sent to the editor immediately!!

SF Examiner Trials: Jan. 13 will be the date of various trials for the big SF indoor meet---CSM will host the high school (Sprint Medley, 2 Mile, TJ, 60), Age-group relays (boys and girls), senior (60, Mile, LJ), and Devil Mile. Meet starts at 11 am.---Cal-State Hayward will feature the women's events (60, HJ, 880, Sprint Relay).---San Jose CC will host the JC (Sprint Relay, Mile Relay, TJ) and possible the college trials. No starting times are available for sites other than CSM. There will be 8 invitational events at the Games (PV, HJ, SP, LJ, 440, 880, Mile, 2 Mile). Race walkers contact Bill Ranney if you wish to compete. Your coach must register you for trials!

Oakland Invitational (formerly Athens Invit.) trials dates were not set at the time of printing of this issue, however, Meet Director Bob DeCelle informs us that there will probably be no qualifying in the high school events except during the daytime session at the Oakland Coliseum on Feb. 10 (beginning at 9 am). Information on trials (if any) for college and JC, as well as Age-Group boys, is not available. The open events are by invitation only. Age-Group girls will qualify at the same meet as the SF Examiner trials (CSM, Jan. 13). Hale Roach of El Cerrito HS will be in charge of high school, and Jim Santos (Cal-State Hayward) colleges. Jim Coleman of Laney will be in charge of the JC program. For further information, contact Meet Director, Bob DeCelle, P.O. Box 1606, Alameda, CA 94501 (Ph. 523-2264, weekdays). Other information on this meet is listed on page 3 of this issue.

● RACE WALKING ●

Scheduling: Jan. 26 - Examiner Games 1 Mile (men and maybe women), San Francisco.
Feb. 23 - Natl. AAU 2 Mile, New York City, NY.
Mar. 3 - Natl. AAU Jr. One Hour, Reno, Nev., 10 am.

***All the local races we'll know about next month when the schedule comes out. If you can't wait that long, contact either Bill Ranney, One Barker Ct., Fairfax, 94930 (Ph. 456-2641), or Steve Lund, 402 Via Hidalgo, Greenbrae 94904 (Ph. 461-5492). They should know before anyone else does.

News from the AAU Convention: The PA-AAU received two National Championships for 1973--the Sr. 10 Kilo (Reno, Nevada, in the morning) on March 31, and the Jr. Hour (Univ. of Nevada, Reno) on March 3...It was unanimously voted to change the AAU Indoor distance from the mile to the 2 mile (or the 3000 meters)...Outdoor qualifications were set at 15:20 (2 Miles), 23:50 (3 Miles), and 24:50 (5000m)...see page 4 of this issue for indoor standards...It was recommended that 3 walkers be taken on the Senior European summer tour in view of the three 20 Kilo walks on successive weekends...Starting this year, the Jr. Natl. Championships will be only at the following distances (5, 10, 15, and 20 Kilos and 1 Hour). It will be on a trial basis this year...Larry Young was nominated for the Sullivan and Di Benedetto Awards...All-American Team selections will be based on the top 2 in each Sr. Natl. event, plus the top 3 from the 20 and 50 Kilos at the Olympic Trials...The Sr. 20 Kilo was won by the SPA-AAU and will be held in Santa Barbara on April 15. European teams will be determined by the winners in this most important race...In order to walk in the SF Examiner Meet, you must submit a request for invitation post-marked by Jan. 12. Include your best time trial performance from Dec. or Jan. and also submit the name of the judge, who must be at least an active walker. Have judge sign to certify that he felt you were doing everything legal-like. Send this to Steve Lund (address above)...Oakland Invitational: -No news on the walks yet.

Junior Natl. 25 Kilo: Brad Bentley of the Sierra Race Walkers was sixth in this race, held in East LA on November 12. His time of 2:34:32 was some 24 minutes behind Ed Bouldin, the winner (also a marathoner me thinks). Other finishers in front of Brad were: Bob Hickey (LA Police) 2:21:05.6, Mike Ryan (SCS) 2:26:07.8, Don Johnson (Shore AC) 2:30:09, and Larry Pelletier (Lewiston Recr. AC) 2:31:30.2. The Southern California Striders won the team title.

Senior Natl. 50 Kilo: (Nov. 5, Golden Gate Park) - Under perfect conditions, Bill Weigle, Bob Kitchen, Goetz Klopfer, Bill Ranney and Bob Bowman stepped off together and didn't separate until around 20K. From then on it proved to be a one man show as Weigle (a US Olympian at this distance in Munich) tore the field apart with a pace no one else could even contemplate. He finished in an apparently effortless 4:22:04 as Kitchen, who is just beginning to come around again, did a strong 4:36:43. Bill Ranney absolutely crawled through the finish line, breaking 5 hours by 1:29. His last 5K was a fantastic 31:01!! Haven't we all been there. Jerry Lansing finished his first ever 50K with a respectable 5:22:55. Veteran Larry O'Neal rounded out the field with 5:46:37...he is a young 60 years old, or more. Klopfer dropped at 25K, & Bob Bowman had to bow to his first DQ ever in over 10 years of walking. Brad Bentley dropped by to go for a 10K workout. His brother Jim stayed with it for 25K, and Manny Adriano pushed it for 5K more, going 30K. Bowman made 35K in 3:13:07 with Adriano going his 30K in 3:06:55; Klopfer--2:10:40 and Jim Bentley--2:39:55 for 25K. Brad did 55:22 for his 10K.

● CROSS COUNTRY RESULTS ●

USTFF--Long Beach XC Championships: (Oct. 14) - (Teams) East LA TC 36, Stanford 86, CSLB 99, CSSD 125, Cal 151, UCLA 175, No. Arizona 197, SBAA 232, AIA 237. (Indiv.) Tracy Smith (Un) 29:08.2, Sandoval (St) 29:14, Covert (ELATC) 29:14, Wagenbach (ELATC) 29:45, Weaver (CSSD) 29:53, Brock (CW) 29:54, Stephens (CSLB), Miller (ELATC) 29:58, Timm (Un) 29:59, Thomas (CW) 30:04...(16) Maxwell (Cal) 30:17, (17) Dean (Cal) 30:18, (26) McConnell (St) 30:39, (28) Mittlestaedt (St) 30:48, (32) Duffey (Cal) 30:54, (34) Newell (St) 31:00, (36) Bellah (St) 31:03, (51) Berka (St) 31:42, (53) Smith (Cal) 31:46, (56) Cautley (St) 32:05, (71) Schmulewicz (Cal) 32:53. /Jon Hendershott/

NCSTC Cross Country Championships: (Oct. 15, Lake of the Pines) - (30-39 Age Group) Butterfield (BAA) 27:25, Finch 27:53, Parker (ATC) 29:08, Lange (SACTC) 29:16, Davidson 30:04; (40-49 Age Group) O'Neil (SFOC) 29:26, Pratt 31:09, Koerner (NCSTC) 32:31, Perkins 32:50, Henderson 34:00, Al Weil 34:02, Shea 34:20, Goen 34:33. /Ed Phillips/

Blossom Hill Challenge: (Oct. 28, San Jose) - 3.1 miles, very hilly (Varsity Teams) Leigh 46, Homestead 63, Silver Crk. 93. (Indiv.) Sommer (L) 17:16, Stock (L) 17:26, Fredrickson (H) 17:28, Hablom (Irv) 17:36, Lewis (H) 17:40, McCandless (Wst) 17:48, Aguilar (SCr) 17:50. --- Fastest time was recorded by soph Bob Barnett of Hillsdale in 16:56. /Dave Stock/

So. Division Pac-8: (Oct. 28, Stanford) - 6 miles (Teams) Stanford 31, USC 53, UCLA 55, Cal 77. (Indiv.) Mittelstaedt (St) 29:15.4, Sandoval (St) 29:15.4, Maxwell (C) 29:32, Chap-pins (UCLA) 29:36, Ritcherson (USC) 29:39, Salcido (UCLA) 29:39, McConnell (St) 29:47, Lipski (USC) 29:56, McFadden (St) 30:02, McLean (USC) 30:08...(12) Cautley (St) 30:10, (14) Dean (C) 30:16, (16) Bellah (St) 30:27, (18) Smith (C) 30:57, (20) Duffey (C) 31:11, (21) Berka (St) 31:11, (22) Schmulewicz (C) 31:29, (23) Bentz (C) 31:34, (24) Harris (C) 32:02. /Jon Hendershott/

High School 2 Mile Postal: (Nov. 4, San Jose) - (Teams - Varsity) Merced 47:32.1 (4th best all-time), San Carlos 48:07.2, Leigh 48:24.7, San Ramon 48:32.0, Watsonville 48:48.0, Carl-mont 49:01.7, St. Francis 49:06.0, Mt. Pleasant 49:14.0, Oce-ana 49:18.0, Irvington 49:31.0, Los Altos 49:46.0, Homestead 49:39.2, Washington (Fre) 49:43.0. (Indiv.) Taylor (Mer) 8:59.0, Kingery (SC) 9:12.5, Crowley (Gunn) 9:13.5, Yeo (SC) 9:14.0, Cattarin (Carl) 9:14.4, Dayton (SR) 9:15.0, Ruffatto (Wash) 9:18.0, Sommer (Lei) 9:19.9, Kissin (SR) 9:24.0, Reyes (Wat) 9:24.0, Barnett (Hills) 9:27.5, Manriquez (MP) 9:28.0, Karsen (SFr) 9:28.0, Geiken (Cubb) 9:29.0, Read (MSJ) 9:29.0, Norton (LA) 9:30.0, Brown (Burl) 9:31.0, Donaldson (MP) 9:32, McCandless (Wst) 9:32.9, Briceno (Mer) 9:33.5, Donovan (SFr) 9:34.0, Bega (Mer) 9:34.0, Emory (Gunn) 9:34.2. /L. Lansberry/

Far West Conference Meet: (Nov. 4, Sac'to) - (Teams) UC Davis 35, Humboldt 47, Chico 64, Hayward 93, SFS 136, Sac'to 164, Sonoma 193. (Indiv.) Smead (H) 26:51, Sheehan (UCD) 27:06, Harms (UCD) 27:16, Metcalf (Hay) 27:22, Shuman (Ch) 27:26, Eashman (Hay) 27:32, Hansen (UCD) 27:34, Elijah (H) 27:40, Maydahl (UCD) 27:41, Owen (H) 27:49, Makela (H) 27:50, Brown (Ch) 27:53, Chapman (Ch) 27:58, Hobbs (UCD) 28:03, Stordahl (Ch) 28:08, Best (SFS) 28:09, Cole (H) 28:18, Jenkins (H) 28:18, King (Ch) 28:31, Glenesk (Ch) 28:45. /John Sheehan/

Women's PA-AAU XC Championships: (Nov. 5, Sac'to) - Only the 14-17 and women's divisions are listed for lack of space. (Teams--14-17) SJ Cindergals "A" 28, Millbrae Lions 67, SJC "B" 76. (Indiv.) Reneau (Br) 11:36.6, Carron (ML) 11:44, Vicki Eberly (SJC) 11:44, Alford (SJC) 11:52, Guina (SJC) 11:52, McManus (SJC) 12:07, Spence (SC) 12:08, Hickam (ML) 12:09, Norona (SJC-B) 12:16, Haughey (SJC) 12:27. (Women--Team) SJC 30, Wills Spikettes 32, RCS 111, Lassen 131. (Indiv.) Larrieu (SJC) 13:31.6, Anex (WS) 13:59, Poor (SJC) 14:20, Val Eberly (SJC) 14:23, Haberman (SJC) 14:24, Freedan-burgh (WS) 14:37, Langdon (WS) 14:47, Rivett (WS) 14:48, Morr (WS) 14:53, Cooper (SJC) 14:58. /Jim Hume/

WVAL Finals: (Nov. 7) - (Varsity Team) Leigh, Westmont, and Saratoga (includes duals and finals)...Leigh also took the JV, Soph and Frosh titles (tied for Frosh). (Indiv.) Sommer (L) 11:44, McCandless (Wst) 11:47, Orr (L) 12:10, Stock (L) 12:12, Downham (S) 12:23, Hansen (L) 12:29, Hawkins (L) 12:30, Nie-draver (L) 12:32, Tengelsen (L) 12:32, Werner (Wst) 12:36. The winner in the JV's was K. Maurer (L) in 12:50; Fritzsche (L) took the soph race, and Melicker (L) the frosh (12:11 & 12:50).



GGC-MEET TOP 10, RIGHT TO LEFT, VAN DINE, BROOKS, GEISER, ANDERSON, CHESNUT, GENSCHMER, CHAMNESS, SANCHEZ, ANDERSON, AND CARVEY. RESULTS BELOW. /Jan Sershen Photo/

Golden Gate Conference Meet: (Nov. 10, Belmont) - (Teams) CSM 37, SJCC 52, DVC 76, Chabot 97, Foothill 124, CCSF 145. (Indiv.) Van Dine (CSM) 20:48.8 (course record), Brooks (SJCC) 21:25, Geiser (CSM) 21:41, J. Anderson (DVC) 21:52, Chesnut (SJCC) 21:55, Genschmer (C) 22:03, Chamness (F) 22:05, Sanchez (SJCC) 22:06, D. Anderson (C) 22:07, Carvey (CSM) 22:14, Barney (CSM) 22:17, Snyders (CSM) 22:19, Smith (DVC) 22:20, Oliver (CSM) 22:32, Flynn (C) 22:34. /Dan Anderson/

Pac-Eight Championships: (Nov. 11, Seattle) - (Teams) WSU 30, Oregon 69, OSU 80, Stanford 107, UCLA 117, Washington 140, USC 147, Cal 174. (Indiv.) Ngeno (WSU) 29:12.4, Murphy (WSU) 29:14, Hiefield (WSU) 29:43, Ritcherson (USC) 29:49, James (O) 29:51, Hill (OSU) 29:55, Barger (O) 29:56, Amaya (OSU) 29:58, Tyson (O) 29:59, Clark (WSU) 30:05... (15) Mittelstaedt (S) 30:31, (17) Bellah (S) 30:34, (20) Sandoval (S) 30:42, (21) Grubbs (O) 30:43, (22) McConnell (S) 30:48, (25) Schmuliewicz (C) 30:52, (29) Dean (C) 31:17. /Jon Hendershott/

SPA-AAU Cross Country Championships: (Nov. 11, Walnut) - All asphalt, 10 Kilos. (Teams) ELATC 23, AIA 32, CCAC 78, STC 90, SCS 101. (Indiv.) Covert (ELATC) 31:20, Brock (CW) 31:22, Tubb (ELATC) 31:35, Sybert (AIA) 31:40, Thomas (CW) 31:50, Smith (AIA) 31:52, Wagenbach (ELATC) 32:02, Stewart (WVTC) 32:10, Price (AIA) 32:17, Phil Ryan (GWAA) 32:19... (17) Haver (AIA) 32:57, (18) Scobey (WVTC) 33:09, (65) Ken Litwack 42:07. /George Stewart, John Brennand/

NCS Cross Country Finals: (Nov. 15, Lafayette) - (Teams, Varsity) Redwood 50, San Ramon 88, Irvington 90, Petaluma 146, Washington (Fre) 174, Ygnacio Vly 178, Alameda 188, Pleasant Hill 208. (Indiv.) Kimball (DLS) 14:12 (course record, old record 14:18 by Tom Hale), Kissin (SR) 14:22, Read (MSJ) 14:26, Ruffatto (Wash) 14:30, Quintana (SL) 14:34, Martinez (Al) 14:38, Overend (R) 14:43, Nahirny (Wash) 14:47, Sweeney (R) 14:48, Aldridge (Pet) 14:50, Tracy (R) 14:53, Sisler (Pet) 14:54, Arriola (I) 14:55, Moller (R) 14:56, Mijares (Pitt) 14:59, Houseworth (I) 14:59, Jones (SR) 14:59, Anderson (Ant) 15:01, Lundin (SR) 15:02, Killeen (R) 15:04. /Bob Vincent/

NorCal JC Championships: (Nov. 17, CSM Campus) - LARGE DIV. (Teams) Amer. River 64, CSM 78, Fresno CC 95, West Valley 97, SJCC 122, DVC & San Joaquin Delta 140, Sac'to CC 202, Foothill 217, Santa Rosa 232, Chabot 251. (Indiv.) Van Dine (SM) 19:34.4, Hall (Fr) 19:51, Schaecher (WV) 20:08, Rodriques (SJD) 20:09, Griffin (AR) 20:15, Phelan (AR) 20:16, Sapien (Fr) 20:17, Schaechterle (AR) 20:24, Langford (AR) 20:26, Geiser (SM) 20:28, D. Anderson (Ch) 20:33, Chamness (F) 20:38, Sanchez (SJCC) 20:43, Arthurholt (Mod) 20:45, Hanniger (WV) 20:45, J. Anderson (DVC) 20:47, Buenrostro (SJD) 20:49, Davis (DVC) 20:49, Brooks (SJCC) 20:50, Barney (SM) 20:50. SMALL DIV. (Teams) Monterey Pen. 108, College of Marin 117, Lassen 121. (Indiv.) Hayes (Laney) 20:17, Flores (Yuba) 20:31, Garza (Cab) 20:35, Campbell (Seq) 20:42, Pelton (MPC) 20:44. --4 mile course, alternate because of rain. /Dan Anderson/

NAIA Championships: (Nov. 18, Liberty, Mo.) - (Teams) Malone 92, Oxy 169, Adams St. 210, Eastern NM 231, Loras 243. (Indiv.) Nixon (Pitt St) 24:29.4, Maddaford (ENM) 24:42, Antognoli (Edin St) 24:51, Birnbaum (Ft. Hayes) 24:56, Rosa (Wisc/Park)... (14) Joel Jameson (Oxy) 25:16. (5 miles in 29° and gusty winds) /Track & Field News/

USTFF Western Regional: (Nov. 18, Fresno) - 6 Miles - (Teams) Nevada (Reno) 24, Stanford 46, Cal-Poly TC 66, Phaethon "A" 104, 49'er TC 131, UC Irvine 138. (Indiv.) Zarate (Nev) 29:30, Tibaduiza (Nev) 29:30, Duffy (Nev) 29:46, Sandoval (St) 30:02, Mittelstaedt (St) 30:15, Cadena (CPTC) 30:41, Beal (UCI) 30:56, Gomez (ELATC) 31:00, McIver (Nev) 31:03, McConnell (St) 31:07, Trachok (Nev) 31:09, Walline (CPTC) 31:14, Houk (WVTC) 31:20, Elia (Phaethon) 31:26, Brown (St) 31:42. /Bill Cockerham/

AAU Masters XC Championships: (Nov. 18, Bloomfield Hills, Mich) - 10 Kilos - (40-49 Division) Pflaging (40, Md) 33:04, Higdon (41, Ind) 33:14, Dave Waco (40, CA) 33:56, Bill Gookin (40, SDTC) 34:11, Taylor (46, Ont) 34:20. (50-59 Div) Hossack (Mass) 37:54, Hansen (51, Mich) 37:56, Corbitt (52, NY) 38:25, Zook (55, SDTC) 39:25, Eppright (52, Tex) nt. (60+ Div) Andberg (61, Minn) 40:30, Tamanaha (65, Ha) 46:01, Essig (Mass) 46:22. -- 100 finishers, all divisions. /Racing Report/

CCS Cross Country Finals: (Nov. 22, Mt. Madonna) VARSITY (Lrg. School-Teams) Watsonville 84, Leigh 93, San Carlos 104, Lynbrook 124, Homestead 136, Overfelt 157, Carlmont 166, San Mateo 214. (Indiv.) Kingery (SC) 12:21, Cattarin (Carl) 12:22, Yeo (SC) 12:25, Norton (LA) 12:37, Reyes (Wat) 12:39, Ferrel (O) 12:42, Barnett (Hills) 12:45, Kennedy (Lyn) 12:48, DeLagarza (Wat) 12:50, Munoz (Wat) 12:53, Frederickson (Hom) 12:54, Sommer (L) 12:54, Dauer (SM) 12:54, Orr (L) 12:55, Stock (L) 12:57, Mahon (MV) 12:57, McVeigh (SI) 12:58, Lockhart (LA) 12:59, Church (Hom) 12:59, Magallanes (Sea) 13:00. (Med. School-Teams) Mt. Pleasant 54, Lincoln 77, Silver Creek 81, Westmont 89, Awalt 110, Soquel 111. (Indiv.) Crowley (Gunn) 12:21, McCandless (Wst) 12:25, Aguilar (SCR) 12:41, Manriquez (MP) 12:43, Geiken (Cub) 12:44, Donaldson (MP) 12:56, Balsa (L) McConnell (Soq) 12:59, Moreno (TN) 13:00, Garcia (Serra) 13:02. (Sm. School-Teams) Oceana 50, St. Francis 68, Gilroy 80, Aptos 108, Burlingame 134. (Indiv.) Brown (Bur) 12:17 (fastest time in meet), Gruber (Ap) 12:38, Barraza (PG) 12:43, Kasser (SFr) 12:49, McDaniel (O) 12:54, Dunbar (O) 13:06, O'Halloran (SFr) 13:08, Bettencourt (Gil) 13:15, Powell (O) 13:17, Stakkestad (Apt) 13:18. --- Leigh High ran off with the JV, Large School Frosh-Soph, and Frosh races to almost complete a sweep, taking second to Watsonville in the Varsity race. The Medium School F-S battle was taken by Camden and Burlingame won the Small School race in that division. /Loren Lansberry/

USTFF Cross Country Championships: (Nov. 22, Denton, Texas) - Halberstadt (OklaSt) 29:01, Gary Tuttle (Texas) 29:04, Mike Manke (Okla) 29:36, Walker (Kans) 29:40, Roberts (NM) 29:43, Haywood (Ky) 29:50, Harter (OklaSt) 29:52, Reinhart (DC) 29:59, Boatwright (OklaSt) 30:01, Groanke (Col) 30:05... (15) Mork (No. Texas St./WVTC) nt, (23) Pinocci (Odessa Coll./WVTC) nt. (6 miles--Okla. State wcn team title) /Runner's World/

AAU Cross Country--WVTC Still "Best in West": (Nov. 25, Chicago, Ill.) - In what had been considered an 'off year' for WVTC, a considerable show of depth placed the AAU runnerups in 1971 into the fourth slot this year. Only Eastern teams were ahead of the Bay Area squad, and only two other clubs, one of them (NYAC) only 9 scant points ahead. On a dual meet scoring, the loss to New York AC would have been 27-28!! East Los Angeles TC, rated the "strongest on the coast" by Track & Field News in a pre-AAU issue, was a distant fifth. Only other California delegation to send a team was Athletes in Action, who got up for seventh. The team scores (different than listed in the current Track & Field News because ours are the final revised results): Florida TC 42, E. Tenn. St. Univ. 80, NYAC 110, WVTC 119, ELATC 173, Bowling Green St. 188, Athletes in Action 188, Nebraska TC 189, Colorado TC 192, Summit AC 257, UCTC 266, Lehigh Univ. AA 269 (23 teams finished...267 finishers). Top 30 individuals, plus all other Calif. finishers: (1) Shorter (FTC) 30:42, (2) Ed Leddy (ET) 30:46, (3) Bachelor (FTC) 30:50, (4) Cusack (ET) 29:30--placed in 4th for inadvertently cutting the course, (5) Lunn (CTC) 31:01, (6) Duffy (WVTC) 31:02, (7) Misner (FTC) 31:04, (8) Talkington (SAC) 31:07, (9) Keough (NYAC) 31:09, (10) Smith (AIA) 31:11, (11) Tibaduiza (WVTC) 31:12, (12) Elliott (BG) 31:12, (13) Virgin (Un, HS) 31:13, (14) Hatfield (W.Vir.TC) 31:14, (15) Trujillo (CTC) 31:15, (16) Sink (NYAC) 31:16, (17) Quinn (FTC) 31:19, (18) Mander (IndTC) 31:21, (19) Galloway (FTC) 31:24, (20) Covert (ELATC) 31:27, (21) Buerkle (NYAC) 31:29, (22) MacDonald (BG) 31:30, (23) Timm (AIA) 31:35, (24) Thomas (CW) 31:36, (25) Chamberlin (TCTC) 31:37, (26) Carlberg (NebrTC) 31:40, (27) Brown (FTC) 31:40, (28) Dunn (Notre Dame) 31:42, (29) Lesch (UCTC) 31:43, (30) P. Leddy (ET) 31:45, (31) Coe (WVTC) 31:46... (38) Brock (CW) 31:52, (40) Jones (USAF) 31:55, (46) Macias (ELATC) 32:07,

(47) Gerry (ELATC) 32:08, (50) Mike Ryan (WVTC) 32:14, (57) Sybert (AIA) 32:26, (63) Ferrero (IllTC) 32:34, (66) Stewart (WVTC) 32:36, (67) Martinez (ELATC) 32:37, (71) Kimball (SAC) 32:41, (74) Wagenback (ELATC) 32:48, (78) Zarate (WVTC) 32:55, (83) Tubb (ELATC) 33:01, (85) Price (AIA) 33:04, (91) Gomez (Un-ELATC) 33:17, (100) Haver (AIA) 33:27, (116) Cadena (AIA) 33:46, (117) Miller (ELATC) 33:47, (130) Hazilla (CW) 34:03, (133) Winsenreid (CW) 34:06, (144) Schmenk (ELATC) 34:17, (155) Schweitzer (Un-ELATC) 34:31, (197) Hopkins (AIA) 35:46, (236) Kokesh (SFOC) 38:25, (237) Bateman (WVTC) 38:27...and so West Valley TC has a record of 6th, 2nd, and 4th in three continuous years of AAU competition. We should be stronger next year, but we'd better start building funds now since the meet is in Florida next fall. Members of WVTC's scoring team were (Peter Duffy, Domingo Tibaduiza, Bob Coe, Mike Ryan, & George Stewart). --- Before the meet, Ryan wrote and told me that he was aiming for the top 50...he got 50th! /Ted Haydon/



(LEFT) SAN JOSE CINDERGAL, FRANCIE LARRIEU, UPSET THE WINNING STREAK OF DORIS BROWN IN THE AAU CROSS COUNTRY MEET. /Jeff Johnson/ (RIGHT) BILL JOHNSON ON HIS WAY TO A PR-14:09.6 FOR 3 MILES AT CSM ALL-COMERS. JON SUTHERLAND, TRAILING HERE, WAS SECOND IN 14:14.4. /George Beinhorn Photo/

National AAU Cross Country, Women: (Nov. 25, Long Beach) - After four years of trying, Francie Larrieu of the San Jose Cindergals took home her first National XC title as she defeated defending champion Doris Brown by 50 yards over the 2.5 mile course. WOMEN: (Teams) Falcon TC 29, SJ Cindergals 75, Will's Spikettes 113, LATC 162, Wolverine Parkettes 186, Oregon TC 190, SDTC 197, Kallispell Timberettes 270, Sports United RR 328, RCS 375, WS "B" 432, SDTC "B" 469. (Indiv.) Larrieu (SJC) 13:27, Brown (FTC) 13:34, McIntyre (FTC) 13:53, Valerie Eberly (SJC) 13:56, Foltz (FTC) 13:57, Walker (OTC) 13:58, Decker (Blue Angels) 14:18, Garcia (SDTC) 14:19, Bonner (FTC) 14:20, Miller (FTC) 14:22, Dobratz (OTC) 14:26, Lawson (TCG) 14:28, Graham (LATC) 14:31, Anex (WS) 14:35, Hanson (LATC) 14:37...(18) Poor (SJC) 14:42, (19) Clausus (WS) 14:44, (20) Freedenberg (WS) 14:46, (23) Cooper (SJC) 14:51, (28) Morr (WS) 15:04, (29) Haberman (SJC) 15:10. 14-17: 2 Miles (Teams) Sports United RR 71, Albuquerque Olym. Club 114, SJ Cindergals 142...(11) Millbrae Lions 438. (Indiv.) Johnson (SURRE) 11:20, Quartier (RR) 11:28, Vicki Eberly (SJC) 11:36, Hollins (SURRE) 11:42, Asumma (SURRE) 11:43...(11) Reneau (Bridgeport) 11:54, (13) Haughy (SJC) 11:55. 12-13: 1.5 Miles (Teams) DCD 80, SJC 105, SCC 158...(8) United San Juan 278, (10) WS 388, (11) SJC "B" 394, (16) RCS 539, (26) Roseville Gazelles 951. (Indiv.) Campbell (SITC) 8:49, Speller (DCD) 8:57, Opalewski (FFTC) 9:02...(6) Burns (SJC) 9:12, (7) Reneau (Bridgeport) 9:13, (8) Edgington (USJ) 9:15, (16) Powell (SJC) 9:21, (18) Bowers (SJC) 9:22, (20) Adams (WS) 9:23. 10-11: 1.25 Miles (Teams) DCD 65, SCC 78, SURRE 81...(7) United San Juan 308, (9) Salinas Vly 339, (13) Roseville Gaz. 531. (Indiv.) Campbell (SITC) 6:52, Gibbs (LATC) 6:58, Waters (SCC) 6:59. 9/Under: 1 Mile (Teams) SURRE 67, Blue Angels 114, Ambler OC 118, Roseville Gaz. 132. (Indiv.) Beach (AlbTC) 5:48, Lantry (BA) 5:50, Mojica (SCC) 5:55...(6) Knowlton (RG) 6:09, (12) Grijalva (SVTC) 6:22. /Jim Hume/

California Junior College Championships: (Nov. 25, Valencia) - 4 Miles (Teams) LARGE SCHOOLS: Grossmont 46, Mt. SAC 102, American River 105, San Mateo 106, Bakersfield 126, West Valley 134, El Camino 137, LA Valley 186, Fresno 196, SJCC 238. (Indiv.) Mendoza (Gr) 19:25.5, Cotton (Gr) 19:34, Granillo (B) 19:51, Hall (Fr) 19:53, Van Dine (SM) 20:06, Caldera (MSAC) 20:14, Rodriguez (SJD) 20:24, Bell (MSAC) 20:27, Schaecterle (AR) 20:31, Marshall (EC) 20:34...(13) Langford (AR) 20:44, (14) Schaecher (WV) 20:44, (16) Barney (SM) 20:51, (18) Phe-lan (AR) 20:53, (19) Gieser (SM) 20:54, (25) Haniger (WV) 21:06, (27) Griffin (AR) 21:09, (28) Carvey (SM) 21:16, (32) Sanchez (SJCC) 21:24, (33) Finolio (WV) 21:27, (35) Hune (WV) 21:31, (36) Tello (WV) 21:36...69 finished. /Bob Rush/

Natl. HS 3 Mile Postal: (Dec. 2, San Jose) - Varsity Teams: Merced 73:46.3 (new Natl. record...old record 73:50.6 by Kirkwood, Mo. in 1969), Carlmont 75:37.9 (6th best ever), Westmont 76:00.0 (8th best ever), Watsonville 76:56.0, Mt. Pleasant 76:59.0, Leigh 77:54.0, St. Francis 78:22.0, Merced #2 78:29.8, Homestead 79:31.1. (Indiv.) Taylor (Mer) 14:04.8, Kingery (SC) 14:12.2 (soph), Crowley (Gunn) 14:14.0, Cattarin (Carl) 14:15.0, Van Slyke (AA Stag) 14:18.0, McCandless (Wst) 14:21.0, Barnett (Hills) 14:22.0 (soph), Gruber (Apt) 14:28, Geiken (Cub) 14:34 (jr), Manriquez (MP) 14:37, McVeigh (SI) 14:37, Emory (Gunn) 14:40 (soph), Kasser (SFrc) 14:43, Aguilar (SCrk) 14:45, Rega (Mer) 14:46.2, Chun (Low) 14:49, Luna (Mer) 14:54.2, Reyes (Wat) 14:55, Hagerman (Mer) 14:55.3, Lawson (Gunn) 14:59.

Pan-American Cup--Cross Country: (Dec. 2, Victoria, BC) - MEN: (Teams) Canada "A" 13, USA "A" 29, USA "B" 51, Canada "B" 64. (Indiv.) McLaren (C) 38:43.2, Johnson (US) 39:04.2, French (C) 39:11.6, Shaughnessy (C) 39:15, Howard (C) 39:17, Hale (US) 39:51...(9) Kardong (US) 40:27, (12) Pate (US) 40:47. WOMEN: (Teams) Canada 14, US 19. (Indiv.) Brown (US) 11:38.2, Dobratz (US) 11:47.6, Reiser (C) 11:49, Crowley (C) 11:55, Morgan (C) 12:02. Men's race was 12.3 Kilometers and women's course measured 3.4 Kilometers. /Bob DeCelle & Runner's World/

● TRACK AND FIELD RESULTS ●

CSM All-Comers Meet: (Dec. 9, San Mateo) - OPEN: 60HH - Zulim (Fresno St) 7.7, Reimer (FrPac) 7.8, Ligons (Chabot) 7.9; Mile - Johnson (WVTC) 4:23.1, Zapata (WVTC) 4:24.2, Parsons (CC) 4:38.5; LJ - Krebs (FC) 22-3, Ho (Stan) 21-1/4, Hall (Stan) 20-3/4; SP - Davis (BAS) 53-9 3/4, Bakkensen (Stan) 49-1, Swartzell (Skyl) 41-8 3/4; 60 - Peters (Laney) 6.4, Lewis (AF) 6.5, Coleman (Laney) 6.5; 440 - Robertson (Laney) 49.5, Anderson (Stan) 50.8, Bagshaw (Stan) 51.1; Disc - Davis (BAS) 160-9, Bakkensen (Stan) 135-5, Swartzell (Skyl) 113-0; 3 Mile - Johnson (WVTC) 14:47.8, Beekes (Un) 15:05.2, Zapata (WVTC) 15:30; HJ - Schneider (CSH) 6-2, Adams (Skyl) 5-8; PV - Whitten (Fresno St) 14-6, Trueman (Skyl) 14-0, Stavish (Skyl) 13-6; 220 - Coleman (Laney) 23.0, White (Un) 23.4, Swartzell (Skyl) 24.4; TJ - Krebs (FC) 44-8 3/4, O'Neal (CSH) 44-6, Peters (Laney) 43-11; 880 - Ryan (Irv.HS) 1:59.2, Wandro (Serra) 2:04, Henry (Stan) 2:04.7. HS: 60HH - Almond (Srmte) 7.5, Wells (Bal) 8.3, Dearman (Wils) 8.3; Mile - Garcia (Bal) 4:32, Trayner (ME) 4:35.9, Hare (Menlo) 4:37.1; LJ - Allen (Srmte) 20-6 1/2, Gold (Mills) 19-11 3/4, Schneider (Alam) 19-4 1/4; 60 - Ragland (Rav) 6.5, Almond (Srmte) 6.6, Marchan (ME) 6.7; PV - Olson (PH) 10-6; 440 - Henkle (WVTC) 51.1, Demeduk (ME) 51.3, Surila (Buch) 51.9; Disc - Phillips (Un) 154-3, Brown (Campo) 116-6, McPhaul (Menlo) 110-3; HJ - Shields (Pet) 5-10, Gold (Mills) 5-8; 2 Mile - Bell (Alb) 10:07.4, Lomax (Alb) 10:12.0, Hare (Menlo) 10:23.6; 220 - Espina (Wstmr) 24.6, Armstrong (SM) 25.4, Herbert (Bal) 25.5; TJ - Wells (Bal) 43-6, Schneider (Alam) 42-3 1/2, Almond (Srmte) 42-0; 880 - Liston (Wstmr) 2:07.2, Bell (Alb) 2:08.1, Coats (SL) 2:08.5. /Young/

CSM All-Comers Meet: (Dec. 16, San Mateo) - OPEN: 60HH: Reimer (FrPac) 7.6, Pierce (Skyl) 8.0, Swartzell (Skyl) 8.4; Mile - Coe (WVTC) 4:13.6, Johnson (WVTC) 4:20.5, Zapata (WVTC) 4:25.2; 60 - (tie) Lewis (AF) 6.4 & Sconiers (FrPac) 6.4, Snyder (Sky) 6.6; LJ - Trujillo (FrPac) 21-8 3/4, Sconiers (FrPac) 21-1 3/4, Andrews (BAS) 20-0; Disc - Poshkin (LAHS) 153-3; Exhib. Disc - Powell (BAS) 187-6, Vollmer (BAS) 178-10; 440 - Bayless (BAS) 52.4, Hickman (Skyl) 52.9, Kirkpatrick (Un) 53.1; 3 Mile - Johnson (WVTC) 14:45, Rios (CSM) 15:27.2, Dillie (Skyl) 15:31; Sr. 3 Mile - Wood (NCSTC) 16:52; HJ - Evans (CSH) 5-9; 220 - Bommarito (Cal) 23.0, Surila (Buch) 23.4, Snyder (Skyl) 23.7; 880 - Coe (WVTC) 1:58.5, Ryan (IrvHS) 1:58.6, Dick (FrPac) 1:59.2. HS: SP - Dillon (Gal) 45-3, Stattord (Mills) 43-11; 60HH - Dillard (Mills) 7.9, Wells (Bal) 8.0; Mile - Trayner (ME) 4:34.0, Campbell (Castlemont) 4:35.6, Seagraves (C) 4:36.7;

LJ - Allen (Srmte) 19-10 1/2, Miles (SE) 18-11 1/4, Stewart (Un) 18-5 1/2; 60 - M. Glass (Cstlmt) 6.4, Ragland (Rav) 6.5, Blodgett (EG) 6.5; Disc - Phillipa (Gran) 138-7, Brown (Campo) 119-2, John (SSF) 108-3; 440 - McDonald (EG) 52.1, Jordan (Berk) 52.3, Allen (Srmte) 53.1; PV - Clay (HMB) 11-6, Woolworth (SSF) 11-0, Dillard (Mills) 10-6; 2 Mi - Campbell (Cst) 10:05, Miller (Wstmr) 10:09, Seagreaves (Cer) 10:13; TJ - Wells (Bal) 41-11 3/4, Hamilton (SM) 40-1, Allen (Srmte) 39; HJ - Dillard (Mills) 5-3, Frickson (SSF) 4-9; 880 - Willis (Menlo) 2:01.7, Liston (Wstmr) 2:04.4, Baker (Serra) 2:07.9; 220 - Glass (Cst) 22.5, Ragland (Rav) 23.4, Murphy (SC) 24.5. /Harry Young/

CSM All-Comers Meet: (Dec. 23, San Mateo) - OPEN: 60HH - Turner (CP) 7.6, Pierce (Sky) 7.9, Swartzell (Sky) 8.0; Mile - Brock (CW) 4:14.6, Johnson (WVTC) 4:17.6, Power (WVTC) 4:21.5, Zapata (WVTC) 4:24.7, Martinez (AlamTC) 4:28.9; 60 - Lewis (AF) 6.5, Shields (SJS) 6.5, Marshall (Un) 6.6; SP - Anderson (FP) 52-0, Swartzell (Sky) 43-7 1/4, Patterson (FC) 41-1 1/2; LJ - Davis (CCSF) 22-7 3/4, Triplett (WVC) 20-11 1/4, Tolliver (Stan) 20-8 1/4; Sr.60 - Lingel (NCSTC) 6.9, Marlin (NCS) 6.9, Duran (NCSTC) 7.0; 440 - Brown (UCLA) 50.0, Fields (CCSF) 51.4, Van Arkel (CSM) 52.3; Sr.440 - Brown (BAS) 55.9; 3 Mi - Sutherland (Cal-St Northridge) 14:08.6, Johnson (WVTC) 14:12.6, Ebert (SJS) 14:19.4, Pinocci (WVTC) 14:22.4; Sr. 3 Mi - Wood (NCSTC) 17:02, Mott (NCSTC) 18:13; 220 - Rostage (Un) 23.2, Madison (Cal) 23.5, Strong (Un) 24.5; Disc - Pushkin (LA) 153-5, Patterson (FC) 138-5, Mago (Str) 137-2; Sr. 220 - Lingel (NCSTC) 23.8, Guidet (NCSTC) 25.0, Marlin (NCS) 25.1; 880 - Silva (WVTC) 2:06.0, Taxiera (AlamTC) 2:08.8; Sr.880 - Brown (BAS) 2:11.0; TJ - Triplett (WVC) 45-7, Hall (Stan) 44-10; HJ - (no one cleared opening height); PV - Miguel (BAS) 15-3, Whitten (FSU) 15-3, Henderson (Oxy) 14-9; HS: 60HH - Almond (Srmte) 7.5, Bennett (Berk) 7.7, Wells (Bal) 8.0; 60 - Glass (Cstmt) 6.3, Saucier (Sky) 6.6, Marchan (ME) and Almond (Srmte) 6.7; LJ - Wells (Bal) 20-4 3/4, Schneider (Alm) 19-7 1/2, Chesnut (LA) 19-3 3/4; SP - Shannon (SI) 48-5 1/2, George (SI) 44-0 1/4; 440 - Pews (Sky) 51.4, Surila (Buch) 52.4, Bennett (Berk) 55.5; 2 Mi - Campbell (Cstmt) 9:50.4, Ellis (Berk) 9:52.0, Chitwood (Liv) 9:54.2, Dunbar (O) 9:54.4; HJ - Reeves (WVTC), Holden (LA) 5-2, Holden (LA) 5-2, Dillard (Mills) 5-2; TJ - Almond (Srmte) 43-2 1/2, Chesnut (LA) 43-2, Schneider (Alam) 42-10; 880 - Kasser (StFr) 1:57.2, Nelson (Sky) 2:00.8, Burnett (Mills) 2:05.8; 220 - Glass (Cstmt) 22.5, Villarreal (MV) 22.6, Saucier (Sky) 23.8; PV - Holden (LA) 11-2, Dillard (Mills) 10-2. /Harry Young/

DSE Kennedy Drive Run: (Nov. 12, SF) - Butterfield 24:00, Scalmanini 24:10, Botta 25:40, Kokesh 26:26, Monterrosa 26:46, Stagliano 26:47 (4th place not listed). /Grace Ruth/

Colfax XC Carnival: (Nov. 18, Colfax) - In the 10 mile open & college race, timers didn't record all times, and hence overall placement could not be determined (anyone knowing the order of the top 10 in this race, contact the editor, as we need this information for the NCRR Point Race). The winner, Jon Anderson, recorded a 51:07, and the senior division had Gil Tarin first with 62:41. (Open) (1) Anderson 51:07, (2) Ed Brown, (3) Doug Butt (Marin AC), (4) Jim Bowles (WVTC), (5) Pete Hanson (Un), (6) Frank Krebs (SacTC), (7) Bill Peck, (8) Breitropf, (9) Mike Spino, (10) Bill McCray. (College) (1) Mike Buzbee (Chico), (2) Pat Buzbee (Chico), (3) George Hermoudey. (Senior) (1) Tarin (NCSTC) 62:41 (11 sec. off of Ros Smith's record), (2) Frank Harrison (NCSTC), (3) Jim Allen (NCSTC). (High School) (1) Ron Ellis 19:34, (2) Frank Cortez (RCS) 20:03, Dean Allen (WVTC) 20:14, (4) Mike Heisser 20:20, (5) Jeff Zimmerman 20:41. (JHS) (1) David Harrison 9:25, (2) Raul Chaves 9:52, (3) Rich Martinez 10:13, (4) Boyd Tarin 10:17, (5) Brett Hazen 10:18. (Men-10/11) (1) Kevin Reynolds 5:43, (2) Mike Boitano (SERC) 5:44, (3) Bob Skadie 5:45, (4) Ray Eddy 5:54, (5) Bob Martinez 6:04. (Men-9/U) (1) Tommy Owen 4:53, (2) Tim O'Donnell 5:06, (3) Don Aviles 5:24, (4) Dave Oliver 5:28, (5) Angelo Sakelarios 5:29. (Women) (1) Rose Shirlee, (2) Eileen Burger, (3) Mary Boitano ...no times given. (Girls-14/17) (1) Kathy O'Conner, (2) Michelle Cortez, (3) Pam Myers...no times. (Girls-12/13) (1) Sheri Cortez 6:11, (2) Chris Sakelarios 6:17, (3) Celig Doran 6:27. (Girls-10/11) (1) Brenda Hoskins 4:58, (2) Georgia Sakelarios 5:07, (3) Mary Crevelt 5:13. (Girls-9/U) (1) Maryetta Boitano 5:21, (2) Julianne Duran 5:26, (3) Cheryl Butler 5:36. --- Jon Anderson set new course record. /Gil Tarin/

New Mexico 20-Kilo Road Run: (Nov. 19) - (1) Charlie Harris (WVTC) 1:08:12, (2) John Peterson 1:09:33, (3) Matthew Segura 1:09:55...36 finishers. /Racing Report/

Rose Bowl 10.08 Mile Handicap: (Nov. 26, Pasadena) - (1) Mark Kushner (GWAA) 50:50, (2) Phil Ryan (GWAA) 51:33, (3) Liam Ryan (GWAA) 51:43, (4) Jesse Gomez (ELATC) 52:21, (5) Bill Scobey (WVTC). /Racing Report/

Two Mile Run: (Dec. 10, Denver) - (1) Larry Main (WVTC) 11:04, (2) Jim Garcia 11:28, (3) Bernie Gay 11:30...snowpacked course with -1° temperature!! /Racing Report/

● ROAD RACING RESULTS ●

DSE Practice Daly City Hill Run: (Nov. 5) - Butterfield (BAA) 39:57, Telles 42:57, Limbert 43:27, Comisky 43:30, Danielson 43:33, Jensen 43:52, Pierce 44:03, Monterrosa 44:18, Hannigan 44:21, O'Brien 44:42, Tracy (WVTC) 45:00, Brazinsky 45:21, Benarroch 46:00, P. Cunneen, Sr. (Pama) 46:32, Paulson 46:42. /Grace Ruth/

Plelan Handicap: (Nov. 5, Phelan) - Scobey (WVTC) 1:22:52, Toledo (GWAA) 1:24:02, Kurrle 1:24:41...(5) Waco (40) 1:29:03. /Racing Report/

AAU 25 Kilo Championship: (Dec. 16, San Diego) - (1) Paul Talkington (Ohio, Summit AC) 1:19:01, (2) Mark Covert (ELATC) 1:19:53, (3) Doug Schmenk (ELATC) 1:20:19, (4) Don Timm (AIA) 1:21:08, (5) Bob Price (AIA) 1:21:23, (6) Chuck Smead (WVTC) 1:21:30, (7) Tim Tubb (ELATC) 1:22:18, (8) Phil Ryan (GWAA) 1:22:46, (9) Gary Dobrenz (GWAA) 1:22:50, (10) Ben Martinez (ELATC) 1:23:40, (11) Joe Toledo (GWAA) 1:23:46, (12) Keith Jeffers (SBAA) 1:23:48, (13) Liam Ryan (GWAA) 1:24:03, (14) Mark Kushner (GWAA) 1:24:20, (15) Ron Wise (SBAA) 1:24:38, (16) Jeff Berryesa 1:25:15, (17) Jesse Gomez (ELATC) 1:25:34, (18) Terry Williams (Lompoc HS) 1:25:46, (19) Todd Ferguson 1:25:51, (20) Don Ocana 1:26:16. /Racing Report/



(LEFT) START OF THE DALY CITY HILL RUN, WON BY DAN ANDERSON (CAN YOU FIND HIM?). /Daly City Recreation Dept. Photo/ (RIGHT) SENIOR RUNNER KEN NAPIER TOOK TOP DIVISION HONORS AT DALY CITY, PA-AAU XC CHAMPIONSHIPS AND LIVERMORE RUNS. /John Marconi/

Jon Anderson an Easy Victor in First Lake Merced Run: (Oct. 14, SF) - Oregon TC's Olympic 10,000 meter runner, Jon Anderson, had no trouble in winning as he pleased, with WVTC's Bill Kelly a full two minutes back. The host Pamakids pulled a big upset in taking the team title over the 7.5 mile Lake Merced circuit. First five teams were: Pamakids 89, NCSTC 128, WVJS 147, Gold Spike Runners 180, and WVTC 189. Winners in the various categories were: (Women) Fran Conley 45:49; (50+) Jim Allen 45:39; (40-49) Dave Stevenson 39:26; (Women-15/19) Mary Cortez 50:48; (Men-10/14) Ed Tico 43:46; (Women-10/14) Connie Cunneen 54:09; (Boys-9/U) Pat Cunneen, Jr. 55:07; (Girls-9/U) Maryetta Boitano 51:07; (Women-40/49) Carroll O'Conner 54:39; (Women-30/39) Irene Rudolf 50:59; (Men-30/39) John Butterfield 38:14; (Men-20/29) Jan Remak 38:54; (Women-20/29) Gail Gustafson 55:10; (Men-15/19) Tony Beeman 39:53; (First Senior) Ken Napier 38:30; (Open) Jon Anderson 34:25, Bill Kelly 36:23, Vic Cary 37:03. A total of 134 finishers in all divisions made for a very successful first-time-around for the sponsors. /Pat Vidosh/

1 - Jon Anderson (Oregon TC)	34:25	16 - Gil Tarin (NCSTC)	40:53	31 - John Kleinbach (Un)	42:58
2 - Bill Kelly (West Valley TC)	36:23	17 - Jim Nicholson (NCSTC)	41:40	32 - Jim Campbell (NCSTC)	43:07
3 - Vic Cary (West Valley TC)	37:03	18 - Craig Burch (Un)	41:51	33 - Yanik Ruley (Gold Spike)	43:32
4 - John Butterfield (U.S. Navy)	38:14	19 - Darrell Jeong (Pamakid)	41:58	34 - Ed Tico, Jr. (WVJS)	43:46
5 - Ken Napier (West Valley J & S)	38:30	20 - Walt Van Zant (WVJS)	42:05	35 - John Geer (Whittier Coll. Alum)	43:54
6 - Jan Remak (Un)	38:54	21 - Bill Long (Pamakid)	42:13	36 - Mike Boitano (Pamakid)	44:03
7 - Dave Stevenson (Stanford RC)	39:26	22 - Frank Harrison (NCSTC)	42:15	37 - Frank Robben (Un)	44:14
8 - James Ackerman (Un)	39:45	23 - John Watkins (Un)	42:20	38 - Allen Berrin (Un)	44:15
9 - Jerry Scherman (Whit. Col. Alum)	39:51	24 - Alex Monterrosa (Pamakid)	42:24	39 - Ed Tico, Sr. (WVJS)	44:17
10 - Tony Beeman (Un)	39:53	25 - Juan Padron (Gold Spike)	42:45	40 - Vito D'Aloia (Joggers)	44:25
11 - Dave Marsh (Pamakid)	39:56	26 - Ed Collins (Gold Spike)	42:46	41 - Bob Porter (NCSTC)	44:34
12 - David Warren (Un)	40:09	27 - Stu Ruth (Pamakid)	42:47	42 - John Perkins (Gold Spike)	44:38
13 - James Allen (Alum Rock RA)	40:34	28 - John Comisky (Pamakid)	42:47	43 - Edward Hannigan (DSE)	44:41
14 - Ernie Jeong (Pamakid)	40:44	29 - Tom Pierce (Pamakid)	42:48	44 - Paul Nocero (Pamakid)	44:49
15 - Jan Frisby (West Valley TC)	40:51	30 - Wayne Stenberg (Un)	42:52	45 - Joseph Shea (Boston AA)	44:55

Peter Duffy Leads Nevada to PA-AAU Cross Country Title: (Nov. 11, SF) - Univ. of Nevada finally won a PA Senior cross country title after several years of trying as the Peter Duffy-Domingo Tibaduiza duo sped to a 1-2 finish on the rolling Golden Gate Park 10 Kilo (about 3/4 mile short) course. Only ten seconds separated Duffy, Tibaduiza, and third placer Jon Anderson, and then came a 40 second gap before the rest of the field began pouring across the finish. Nevada's winning score (scoring only the top 5 on each team with no displacements and unattached runners & incomplete teams removed) was 25, followed by a close battle between West Valley TC - 46, and Humboldt State - 49. Then came the Stanford JV's with 98 and RC Striders - 108. Fran Conley just nipped Skip Swannack for the women's title by two seconds, 38:32 to 38:34, as they finished 188 and 190 in the field which saw 261 go the entire distance. Ken Napier had a fairly easy time with the other seniors as his 56th (31:13) was way up on Dave Stevenson (67th, 31:50), Gil Tarin (83rd, 32:23), and Jim Nicholson (86th, 32:44). As has been for the past few years, most of the race was run in "mud city", but the competitors didn't seem to mind...too much. /Jim Stephenson/

1 - Peter Duffy (Nevada/WVTC)	26:59	21 - George Kirk (RC Striders)	29:33	41 - N. Saulnier (Nevada)	30:42
2 - Domingo Tibaduiza (Nevada/WVTC)	27:05	22 - L. Clary (Nevada)	29:39	42 - Terry Pintane (VOMTC)	30:43
3 - Jon Anderson (Oregon TC)	27:09	23 - E. Brown (Nevada)	29:49	43 - Jim Bowles (West Valley TC)	30:44
4 - Bob Coe (West Valley TC)	27:49	24 - Bob Darling (RC Striders)	29:52	44 - A. Meyer (RC Striders)	30:49
5 - Ron Zarate (Nevada/WVTC)	28:07	25 - Grover Prowell (San Jose St)	29:53	45 - S. Hall (Nevada)	30:50
6 - Phil Camp (US Navy)	28:39	26 - D. Newell (Stanford JV's)	29:54	46 - Chris Cole (Arcata Atoms)	30:51
7 - Derk McIver (Nevada)	28:42	27 - Rick Cross (Nevada)	29:59	47 - D. Williams (Nevada)	30:53
8 - Dan Makela (Humboldt St)	28:47	28 - Dale Severy (Santa Barb. AA)	30:01	48 - G. Romero (Nevada)	30:54
9 - Mark Elias (Humboldt St)	28:49	29 - Daryl Zapata (West Valley TC)	30:02	49 - C. Bourke (Livermore Vly RC)	30:55
10 - Bill Kelly (West Valley TC)	28:54	30 - Vic Cary (West Valley TC)	30:05	50 - Bryan Gieser (RC Striders)	31:01
11 - Steve Owen (Humboldt St)	28:56	31 - D. McLean (Stanford JV's)	30:06	51 - E. Fitzgerald (DSE)	31:02
12 - Bill Johnson (West Valley TC)	28:58	32 - Unknown runner	30:07	52 - J. Mortimore (Nevada)	31:03
13 - Bill Seaver (West Valley TC)	28:59	33 - A. Cummings (Stanford JV's)	30:08	53 - J. Fritz (Humboldt St)	31:05
14 - Ron Elijah (Humboldt St)	29:04	34 - Dan Anderson (Chabot/WVTC)	30:09	54 - Paul Koski (Un)	31:08
15 - G. Gonzalez (Nevada)	29:05	35 - D. Graham (Stanford JV's)	30:10	55 - D. Dickinson (Un)	31:09
16 - Rick Trachok (Nevada/WVTC)	29:13	36 - Art Reade (West Valley TC)	30:12	56 - Ken Napier (West Valley J&S)	31:13
17 - Jeff Arnold (West Valley TC)	29:15	37 - G. Hernandez (Nevada)	30:18	57 - Dan Drechsel (Un)	31:14
18 - Jim Dare (WVTC/US Navy)	29:25	38 - Joe McDevitt, Jr. (WVTC)	30:25	58 - S. Ryan (Un)	31:16
19 - Hersh Jenkins (Humboldt St)	29:26	39 - Frank Donohue (RC Striders)	30:30	59 - J. Araujo (Un)	31:17
20 - A. Brown (Stanford JV's)	29:32	40 - B. Anderson (Humboldt St)	30:33	60 - B. Wolfe (Stanford JV's)	31:18

Dan Anderson in Solo Win at Daly City Hill Run: (Nov. 18, Daly City) - This annual 6.7 mile run to the top of San Bruno Mountain and back was a no-contest victory for Chabot College's Dan Anderson, as he beat runnerup Bill Seaver of the West Valley TC by almost a full minute. Anderson was just off Beardall's 1971 (shared with Mike Pinocci) record of 36:00 with his 36:07.6. Next came two high schooler's in a tie for third: Tom Read (Mission San Jose) and Mike Ruffatto (Washington, Fremont). Both had a common clocking of 37:09. (Read & Ruffatto ran 3-4 in the NCS high school cross country meet). The West Valley TC took the team title and Ken Napier beat Jim Nicholson by a half-minute in the senior battle. Skip Swannack reversed her Lake Merced loss to Fran Conley (48:34 to 50:06), as she is definitely superior on the hills. Ed Tico (45:26) easily outdistanced Ray Smith (48:02) for the children's trophy (under 15 we guess??). Tom Pierce (42:46) nipped Pat Cunneen (43:02) for the Daly City resident's award. A total of 117 finished the challenging grind this year. /Daly City Recreation Dept.--John Cannon/

1 - Dan Anderson (Chabot/WVTC)	36:08	16 - Mike Shaughnessy (WVTC)	42:01	31 - Linden King (Elk Grove HS)	43:21
2 - Bill Seaver (West Valley TC)	37:05	17 - Jim Nicholson (NCSTC)	42:02	32 - Edward Hannigan (Dolphin Club)	43:27
3 - Tom Read (Mission San Jose HS)	37:09	18 - Robert Brownlee (Un)	42:05	33 - John Comisky (Pamakid)	43:53
tie Mike Ruffatto (WVTC/Wash. HS)	37:09	19 - Kian McCarthy (Un)	42:17	34 - Robert Smith (Un)	44:51
5 - Rusty Nahirny (WVTC/Wash. HS)	38:41	20 - William Long (Pamakid)	42:23	35 - William Kell (Pamakid)	44:54
6 - Edward Rios (Un)	38:49	21 - Bill Flodberg (Solano TC)	42:26	36 - Paul Nocero (Pamakid)	44:57
7 - Jose Cortez (Un)	39:50	22 - Harry Limbert (SERC)	42:27	37 - David Ligman (Un)	45:09
8 - Ken Scalmanini (Pamakid)	39:59	23 - Bill Jensen (Un)	42:37	38 - Martin C. Wright, Jr. (Un)	45:11
tie Walter Garcia (Un)	39:59	24 - Walter Byrd (Un)	42:45	tie Barry Foissotts (Un)	45:11
10 - Dave Reiter (Un)	40:18	25 - Tom Pierce (Pamakid)	42:46	40 - Ed Girolamo (Un)	45:12
11 - Joel Stein (RC Striders)	40:29	26 - Alex Monterrosa (Pamakid)	42:51	41 - Frank Colino (Un)	45:18
12 - Joe Araujo (Un)	40:31	27 - Santos Reynaga (WVTC)	42:52	42 - Michael A. Miller (JMTC)	45:23
13 - Robert Cooper (Un)	40:38	28 - Lenny Kerstetter (Chabot)	42:56	43 - Ed Tico (West Valley J & S)	45:26
14 - Ken Napier (West Valley J&S)	41:33	29 - John Geer (Whittier College)	43:02	44 - Robert Gehl (Dolphin Club)	45:38
15 - Jim Michaels (Un)	41:47	tie Pat Cunneen (Pamakid)	43:02	45 - Peter Voelker (James Moyles TC)	46:11

Pepsi 20 Miler--Jon Anderson Trounces Field But Misses Lowry's Record: (Nov. 26, Sacramento) - Running without competition for almost the entire race, Jon Anderson continued his sparkling performances on the roads this fall by narrowly missing Byron Lowry's year-old record with a 1:43:06 clocking...some 50 seconds off the mark. Eddie Silva of Chico State was a surprise second place in 1:48:25. Eric Sigmont of Texas at 1:49:40 was the only other runner to dip under 1:50. Rich Kimball of DeLaSalle HS set a new record of 1:53:02 in the high school division, with Jim Howard a scant 6 seconds back. The soph division went to Greg Wardwell of Salinas in 2:03:20, while the 9th grade award was won by Jim Freeman of La Sierra HS in 1:57:34. Mike Boitano got the 11-and-under record with a 2:27:11, but Bob Kadie was close with 2:28:10. Ross Smith of Reno continued his feats by breaking his own mark with a 1:55:13. Jim O'Neil was more than 5 minutes back. Ralph Paffenbarger was first over-50 with a good 2:12:42. Fran Conley set a women's division mark with her 2:19:16, up five minutes on Skip Swannack, and another four on Elaine Pedersen. A record 480 started with 405 finishing. Following the race, runners saw video tape pictures of the action and received unofficial printed results for the top 100!!! Paul Reese puts on one hell of a show. /Paul Reese/

1 - Jon Anderson (Oregon TC)	1:43:06	21 - Ross Smith (WVJS)	1:55:13	41 - Jim Bredy	1:58:30
2 - Eddie Silva (Chico St/WVTC)	1:48:25	22 - Gary Singer	1:55:22	42 - Bill Posedel	1:58:38
3 - Eric Sigmont (Texas)	1:49:40	23 - Eugene Fitzgerald	1:55:47	43 - John Aldrich	1:59:13
4 - Pat Stordahl (Chico St)	1:50:20	24 - Garth Janke	1:55:48	44 - Dave Russell (SCS)	1:59:25
5 - Michael Buzbee (New Ways AC)	1:50:35	25 - Chris Svendsourd	1:55:56	45 - Stacy Geiken (RC Striders)	1:59:30
6 - John Butterfield (BostonAA)	1:50:51	26 - Martin Urias (Fresno Pac)	1:56:02	46 - Matt Logan	1:59:31
7 - Mark Galeazzi	1:52:23	27 - Bill Fairwell	1:56:08	47 - Ron Genschmer (Chabot/WVTC)	1:59:31
8 - Nick Vogt (Gold Spike)	1:52:48	28 - Guy Arthurhold (Mod.JC)	1:56:18	48 - Frank Krebs (Sac'to TC)	1:59:40
9 - Dan Anderson (WVTC)	1:52:56	29 - Steve Williams	1:56:32	49 - Gilbert Brooks	1:59:45
10 - Rich Kimball (DeLaSalle HS)	1:53:02	30 - Don Gregory (HSTC)	1:56:58	50 - Bob Loux	1:59:48
11 - Jim Howard (high school)	1:53:08	31 - David Ramer	1:57:05	51 - Frank Donohue (RC Striders)	1:59:51
12 - Pat Buzbee (New Ways AC)	1:53:26	32 - Barry Buob (Modesto JC)	1:57:27	52 - Randy Buob (Modesto)	1:59:59
13 - Angelo Martinez (AlamedaTC)	1:53:46	33 - Bill Cockerham (HSTC)	1:57:32	53 - Denny Matthews	2:00:01
14 - Hugh Miller (Jesuit HS)	1:53:58	34 - Jim Freeman (HS frosh)	1:57:34	54 - Ed Jaynes (Bay Area Str)	2:00:13
15 - Benton Hart	1:54:08	35 - Jerry Ockerman	1:57:38	55 - George Koch	2:00:14
16 - Tim Wright (RC Striders)	1:54:12	36 - Dave Zumwalt	1:57:49	56 - Jim O'Neil (SF Olym. Club)	2:00:21
17 - Larry Morton	1:54:19	37 - Jim Bowles (WVTC)	1:57:54	57 - Tim Jordan	2:00:34
18 - Clark Rosen	1:54:36	38 - Mike Forniciri	1:58:01	58 - Harvey Sandoval (WVTC)	2:00:45
19 - Ken Scalmanini (Pamakid)	1:54:51	39 - Bill Kipp	1:58:07	59 - Pete Witt	2:00:48
20 - Neil Glenesk (Chico St)	1:55:05	40 - Dave Donaldson	1:58:19	60 - Frank Boutin	2:00:54

Bill Seaver Wins Livermore Valley 8.56 Mile Run: (Dec. 3, Livermore) - Having his hands full in NCS high school cross country champ Rich Kimball, West Valley TC's Bill Seaver managed a narrow seven second victory on a day that was overcast and cool. Of the 208 starters...would you believe, all finished!! The top senior was...as is getting quite common...Ken Napier, who obliterated the rest of the 'old men' with a 48:34, more than a minute up on Bob Malain, who surprised Jim O'Neil and Gil Tarin for second. Wait 'til Ross Smith and Ken Napier get together!! Fran Conley did 60:02 to win the women's category with Eve Barraza second in 62:40, making a remarkable recovery from her severe injuries incurred in a car accident earlier in the year. In addition to the 8.5 miler, a two-miler was also held (unsanctioned) for those that would probably take more than 12 minutes to finish. The race had 49 participants and the top three were: Rick Richardson (20) 10:56, Brian Barrett (15) 11:17, and Ed Keech (15) 12:18. Ken Kvam and Tom Jefferson both put on a great run from what we've heard. /Thomas Jefferson/

1 - Bill Seaver (WVTC)	45:24	21 - Gil Tarin (NCSTC)	50:01	41 - Mike Lamendola	52:06
2 - Rich Kimball (Sac'to TC)	45:31	22 - Kurt Schroers (Aggie TC)	50:22	42 - Craig MacMahon	52:13
3 - Darryl Beardall (Marin AC)	45:44	23 - Joe Taxiera (Alameda TC)	50:38	43 - Walt Lange (Sac'to TC)	52:26
4 - Dan Anderson (WVTC)	45:57	24 - Michael Heisser	50:39	44 - Richard Ryon (LVRC)	52:39
5 - Ted Quintana (Alameda TC)	46:03	25 - David Warren	50:40	45 - Jim Helton	52:40
6 - Nick Rodriguez	46:17	26 - Chris Svendsgaard	50:51	46 - Ken Peterson	52:50
7 - Benton Hart	46:30	27 - Bruce Hamilton	50:58	47 - Bob Smith	52:56
8 - Angelo Martinez (Alameda TC)	47:15	28 - Walt Van Zant (WVJS)	50:59	48 - Randy Reed	52:58
9 - Grover Prowell (San Jose St)	47:35	29 - Bob Powell	51:00	49 - Pat Cunneen (Pamakid Runners)	53:03
10 - Frank Rodriguez	47:46	30 - Tom Nash	51:04	50 - John Comisky	53:06
11 - Bob Loux	48:10	31 - Dan Moore	51:05	51 - Bruce Kaufman (West Valley TC)	53:11
12 - Kevin Harris	48:13	32 - Jim Freeman (9th grade)	51:11	52 - Dale Hatakeyama	53:12
13 - Roger Lawler	48:23	33 - Kent Guthrie	51:30	53 - Lyn Walker	53:14
14 - Ken Napier (West Valley J&S)	48:34	34 - Dave Bogart	51:33	54 - Paul Reese (NCSTC, 55)	53:17
15 - Rusty Nahirny (WVTC)	49:13	35 - Nick Yoro	51:34	55 - Douglas Duin	53:18
16 - Jim Shettler (Un)	49:14	36 - George Rogers	51:38	56 - Carl Martin (West Valley J&S)	53:23
17 - Chuck Burke	49:14	37 - Michael Dunne	51:39	57 - Steve Overbury	53:27
18 - Roy Hogleund	49:39	38 - Gilbert Brooks	51:41	58 - Frank Golding	53:30
19 - Bob Malain (NCSTC)	49:46	39 - Dave Chatterton	51:46	59 - Brian Davis	53:33
20 - Jim O'Neil (SF Olympic Club)	49:52	40 - Gordon Holmes	51:53	60 - Ron Gallahan	53:34

Brian Armstrong Wins Western Hemisphere Marathon--Dave White and Bill Scobey Follow Closely: (Dec. 3, Culver City) - The Toronto OC's Brian Armstrong ran with Fullerton State's Dave White until somewhere between 20 and 25 miles, and then decided to put it away after 20 miles in 1:47:33. White dropped back some 37 seconds and recorded a 2:19:31 to Armstrong's 2:18:54. Last year's winner and course record-holder, Bill Scobey, ran pretty much of a solo race and wasn't near the leaders enough to challenge after about 10-15 miles. Still, after only a few months of intensive training, the West Valley TC runner is well on his way back to stardom with an excellent 2:20:55 finish. Unknown (at least to us) Bruce Shaw got 4th in a 2:25:28, and a total of nine runners cracked the 2:30 barrier. Just-turned-senior Dave Waco of the Culver City AC recorded a scintillating 2:35:32 for 21st overall, and Peter Mundle & Owen Gorman did 2:43:06 and 2:43:51 respectively for other top senior marks. Incomparable 66-year-old Monty Montgomery did as usual with a sub-3 hour performance of 2:56:48!! Jacqueline Hansen was not near Cheryl Bridges' 1972 effort (2:49), but recorded a PR 3:15:53 as the first female contestant. /Carl Porter/ (287 finishers)

1 - Brian Armstrong (TOC)	2:18:54	11 - John Brennand (SBAA)	2:31:51	21 - Dave Waco (Culver City AC)	2:35:32
2 - Dave White (So. Calif. Str)	2:19:31	12 - Pat Miller (Un)	2:32:14	22 - Clenard Griffin (Un)	2:37:39
3 - Bill Scobey (WVTC)	2:20:55	13 - George Morfin (Phoenix)	2:32:17	23 - James Ursell (Baldwin HS)	2:39:35
4 - Bruce Shaw (Lions RR)	2:25:28	14 - Jim Arquilla (CSCLB)	2:32:47	24 - Eric Williams (Ariz. State)	2:40:48
5 - Ken Moffitt (Oxy)	2:27:31	15 - Steve Jaskela (Un)	2:33:33	25 - John Burns (SBAA)	2:41:02
6 - Robert Waugh (Ariz. State)	2:27:50	16 - Carlos Alfaro (Un)	2:33:53	26 - Doug Sailors (Culver CityAC)	2:41:44
7 - Gary Dobrentz (GWAA)	2:28:21	17 - Bill Anderson (SBAA)	2:34:13	27 - Marvin Rowley (CCAC)	2:41:50
8 - Ed Cadena (AIA)	2:29:20	18 - Colin O'Brien (Canada)	2:34:28	28 - Don Gregory (Fresno, HSTC)	2:42:03
9 - Dave Russell (SCS)	2:29:48	19 - Garrett Tomzak (Un)	2:35:00	29 - Skip Shaffer (Culver CityAC)	2:42:05
10 - Wayne Akiyama (Claremont)	2:31:44	20 - Victor Sasuga (Torr. HS)	2:35:32	30 - Robert Walline (Cal-PolySLO)	2:42:50

Other NorCal finishers at Culver City: (40) John Loeschhorn (Un) 2:44:32, (78) Harold DeMoss (WVTC) 2:54:41, (86) Jim Holl (WVTC) 2:56:38, (100) Don MacIntosh (Maranon) 2:59:32, (234) Don Gregory (Fresno Pac) 3:48:05, (261) Rick Jensen (Fresno Pac), (270) Alphonse Juilland (NCSTC) 4:12:41, (271) Norman Bright (Snohomish TC) 4:14:11, (273) Charles Attwood (WVTC) 4:15:16. By the way...Rick Jensen (261st, above) had a 4:06:36 clocking...forgot to list it, sorry!

● LATE NEWS ●

We never did receive the Chico 10 Kilo (Oct. 15) results, although we have written Meet Director, George Wright, at least three times...does anyone know if the race was ever run? Pat Stordahl--do you know anything of the race, or results? If so, send them to us right away. Two other popular road races (Oakland Turkey Trot & PA-AAU Marathon in Petaluma) have not been included this time because of...I hate to say...just a very poor effort on Peter Mattei's part. I have written and called numerous times and have even tried to record the results on a tape recorder (over the telephone), but I get no cooperation. Will keep trying, but am getting to that point #@\$ (censored).

Additional WVTC News: Victor Mora not only ran the steeple and 5000 in National Record time in the recent Colombian Championships, but also ran the 10,000 in 29:23.1...and won by over a minute. This is 17 seconds off Mejia's National mark. Martin Pabon (not a member) was third in the marathon in the same meet (2:34:13). Hernan Barreneche DNF, hurt achilles.



START OF THE POPULAR PEPSI-20 MILER IN SACRAMENTO. SECOND-PLACER EDDIE SILVA OF CHICO STATE (#115) IS VISIBLE, BUT WINNER JON ANDERSON IS NOT SHOWN. /John Marconi Photo/



PEPSI-20 MILE WINNER JON ANDERSON AT THE FINISH-LINE, SEEMS TO BE PICKING UP A SPECIAL DELIVERY LETTER (MERCHANDISE AWARD?). /John Marconi/

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