

Nor-Cal — 50¢
Running Review
May-June 1973 (No. 41)

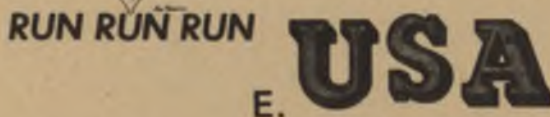


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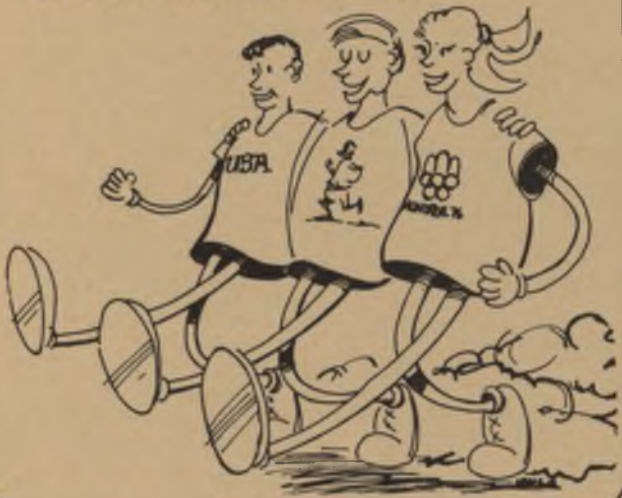
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● ON THE COVER ●

(Right) - Al Feuerbach unleashed a mighty heave of 71'7" at the San Jose State Invitational to break Randy Matson's 1967 world mark of 71'5-1/2". His average of six puts came out to 70'2-1/8", again besting Matson's 1967 series of 69'6-3/4" over 7-inches. /Marconi Photo/ (Left) - Jon Anderson triumphs at Boston Marathon in 2:16:03, second fastest ever by an American on this course. /Boston Herald/

MAY-JUNE 1973 (No. 41)

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● STAFF ●

EDITOR: Jack Leydig; **PRINTER:** Frank Cunningham; **PHOTOGRAPHER:** John Marconi; **CARTOONIST:** Lee Holley; **NOR-CAL PORTRAIT:** Jon Hendershott; **COACH'S CORNER:** John Marconi; **WEST VALLEY PORTRAIT:** Harold DeMoss; **NCRR POINT RACE:** Art Dudley; **WOMEN:** Roxy Andersen, Harmon Brown, Jim Hume, Vince Reel; **SENIORS:** John Hill, Emmett Smith, George Ker, Todd Ferguson, David Pain; **RACE WALKING:** Steve Lund; **COLLEGIATE:** John Sheehan, Jon Hendershott, Fred Baer; **HIGH SCHOOL:** Roy Kissin, Dave Stock, Mike Ruffatto; **AAU RESULTS:** Jack Leydig, John Brennand, Bill Cockerham. --- We always have room for more help on our staff, especially in the high school and collegiate areas. If you'd be interested in sending us results, photos, schedules, articles, etc., on a regular basis, then contact us right away. This is obviously not limited to WVTC members...so get in touch and make this a cooperative community effort by becoming one of our growing staff.

THIS ISSUE'S CONTRIBUTORS: Lurana Hoetger, Dave Stock, Al Brenda, Lester Mina, Tom Gilbertson, Jim Chapman, Rich Perry, Emmett Smith, Grace Ruth, Walt Stack, Track & Field News, Robyn Paulson, Bob DeCelle, Jon Hendershott, Hale Roach, John Trent, Bert Bonanno, Pat Pohl, Nick Vogt, Roger Duran, Bob Vincent, Don Bailes, Norm Guest, Phil Clifton, Marshall Clark, Nick Delurgio, Jim Santos, Dick Casper, Mike Shaughnessy, Bill Bowerman, Gil Bishop, Tony Bailey, T.A. de Lusignan, Ed Healy, Dick Meyer, Gerry Haslam, Doug Gates, Stan Rosenfield, Dave Bronzan, Bill Flodberg, Wayne Van Dellen, Dan O'Keefe, Joe Henderson, Ernie Marinoni, Jim O'Neil, Jack Kirk, Phil Fernandez, Jack Leydig, SF Examiner.

● ABOUT THE NCRR ●

The Northern California Running Review is published on a monthly basis by the West Valley Track Club. It is a communication medium for all Northern California track and field athletes...covering high school, collegiate, age-group, masters, AAU, and women's competitions in track & field, long distance running, and race walking. It is available at most local road races and most of the bigger track meets, or you can subscribe at a savings of \$1.00+ per year over the single copy rate...see below for our subscription rates.

SUBSCRIPTIONS: Normally \$5.00 per year, mailed bulk-rate, third class, from San Mateo. Special savings on multiple-year subscriptions: \$9.25 for 2 years, \$12.75 for 3 years, or \$20.00 for 5 years. Add \$2.50 per year for first class mailing within the U.S., Canada & Mexico; add \$3.50 per year for airmail within the U.S. and Canada. Add \$1.00 per year for third class mail to Canada and \$1.25 per year to all other foreign countries. Foreign airmail rates sent on request. Special rates to schools, libraries, and newsmedia -- only \$3.00 per year, within the U.S. All yearly subscriptions include 12 issues, which will usually be published once every 5 weeks (so it may take more than a year to receive all 12 copies). Every third issue will feature a special 4-page pictorial insert. The July issue will cover the C.I.F. State High School Championships. These special issues are 60¢ each, while the regular issues are 50¢. Add 15¢ postage when mail-ordering for any back issues. Be sure and keep us informed of your address changes...remember, the NCRR is not forwardable.

SPECIAL NOTE: Your editor keeps getting inquiries as to when our magazine goes to press each month. Since this entire operation is voluntary, and your editor gets no pay for his efforts, I don't usually have a definite publication date for any particular month. A guideline...figure about 5 weeks between issues. This issue is quite a bit overdue because of other duties with the A.A.U. Marathon. Please accept our apologies and try to bear with us. You will still receive 12 mailings for your \$5.00...even if it takes more than a year, and it usually does. **Note:** This is a double issue (May-June).

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● THIS AND THAT ●

•**QUESTIONNAIRE:** Enclosed in this issue you will find a questionnaire concerning the NCRR. Please take time to read it over and let us know what you think of our magazine. What are the features you like best? What are the things we might do away with? What might we add to make our publication more interesting? The only way we are going to become better is if you, the readers, tell us what you want. We'll print the results of our findings in either the July or August issue and try to meet your requests in order to serve you better. Please mail your questionnaire back to us as soon as possible.

•There are supposed to be about a dozen Junior Olympics sub-district meets throughout Northern California during the month of June, but as of this date (June 4), your editor has not been able to ascertain where these meets (or when) are located. The PA-AAU Office (986-6725) should know soon where these are located, along with further information. Top placers in these meets will go to Reno on July 7-8 for the District Championships. The top two from Reno (in each event) will go to San Diego for the Regional Championships, but must pay their own expenses. The winners at the Regionals will get their way paid to the Nationals by Chevrolet. Date of the Regionals is July 14 (men & women), and the Nationals take place in August at Ann Arbor, Michigan. The Junior Olympics is not to be confused with the National A.A.U. Junior Championships, which will be held June 22-23 in Gainesville, Florida. The latter meet is for athletes "under 20 years of age". There are no trials for this meet, but standards must be met. The top two in each event here will qualify for an international tour in Europe later this summer, including a dual meet with the Soviet juniors. So far as we know, Jr. Olympic sub-district meets will be held at So. Lake Tahoe, Pittsburg, San Francisco, Stockton, and Alameda. We don't know where the others are being held. Contact Betty Nealon, 123 Leland, Pittsburg, CA (Pittsburg meet), and Bob DeCelle, P.O. Box 1606, Alameda, 94501 (Alameda meet). That's all the contacts we are aware of at present.

•The Sahara-Tahoe Marathon, originally set for July 15, has been cancelled by the sponsors. Always request entry information from meet directors before proceeding to a meet...you can avoid embarrassment that way (like showing up on the wrong day or finding out a race has been cancelled).

•**People News:** Marathoner John Butterfield writes from the east coast and gives everyone his regards. He said he was really pleased with his Boston effort (26th in 2:31:24) and not too disappointed with his 6th at the Yonkers Marathon (in 2:34...hamstrings tied up with 3 miles to go while on a sub-2:30 pace). Pris, his wife, got to 20 miles at Boston before the heat forced her out. New National JC Record-Holder in the triple jump, Ralph Byrd (Chabot JC), didn't get to the NorCal JC Championship Meet because his car broke down in route. He has gone 52-feet this year! Hans Templeman, ex-Carlmont High distance man, now running for Montana, placed third in the Big Sky Conference mile in 4:15.3...probably at altitude. Carl Smallwood will take over from Gerald Harrington as the head coach of Integra Track Club of Campbell. The nominees for the

PA-AAU's Track & Field Executive Committee for the coming term are: Bob DeCelle (Chairman), Roxy Andersen (Vice-Chairman), and Harland Frederick (Secretary). They were nominated for office at the May 9 Executive Council Meeting, and were to be voted into office at the Annual Meeting in early June, the results of which are fairly obvious, unless some write-in gets a lot of support. The 1971 Boston Marathon winner, Alvaro Mejia, has decided to return to the U.S. and set up residence in the South Lake Tahoe area with his wife Terri and son Christopher. They are in the process of selling their furniture before flying to the U.S., buying a VW camper in New Orleans, and touring the country this summer before settling down. De La Salle High School junior, Rich Kimball, recently set a new U.S. class record (juniors) for six miles by running 30:03, apparently with little competition. We don't have any other details on the run, but the old record was set last year by Terry Williams of Lompoc at 30:13...this year's CIF two-mile champion. A quote from Tracy Smith, world indoor three-mile record-holder: "My goal in running is to never run a marathon." Longtime El Cerrito High coach Hale Roach is stepping down. He will no longer coach at the school, but he leaves an impressive record behind him... his troops finished an impressive year, with an 11-0 dual meet record, beating most of the good schools from different areas-- St. Ignatius (SF), Highlands (Sac'to), etc. The school's record since 1943: Varsity (169-52-2), B's (175-46-3). But even more impressive is the record since 1959: Varsity (109-5-1), B's (112-3-0). Ex-Foothill JC triple-jumper, Steve Arkley, now at Colorado, recently jumped 51-7w (51-6 1/2,ok) at the Kansas Relays. At the West Coast Relays, West Valley TC's Rick Tipton ran a non-qualifying 14.2 (4th in heat) in the 120 high hurdles, but with a broken toe--he dropped a log on his foot earlier in the week. Kathy Hammond of the Sacramento Road Runners competed in the Southern Games at Point-a-Pierre, Trinidad in early April, finishing as follows: (4/7) 100m (3rd--no time), (4/8) 800m (1st--2:15.8), (4/14) 200m (1st--24.3)...grass track. Plato Yanicks, coach at Menlo-Atherton High School, is looking for a part-time coach in the vertical and horizontal jumps this summer, from 6 to 7:30 pm in the evenings. Pay is \$2.50/hour. If interested, contact Plato at 967-3255 or write c/o Menlo-Atherton High School, Menlo Park, CA 94025. Humboldt State's Chuck Smead, last year's Pikes Peak Marathon victor, recently ran a quick 28:43 (14:21, 14:22) six-mile solo vs. Puget Sound Univ-

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This month's feature: The new adidas cross-country shoe---Model #112330, the "Country", in sizes 5 to 14, priced at a low \$18.95. Special padding for protection of heel and achilles tendon, an arch support, and extra-thick, very comfortable heel-wedge makes this shoe a real good buy. Drop by our store or call Vito D'Aloia at home in the evening at 408/296-3982.

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ersity. It broke Bill Scobey's school record.

•Your editor successfully returned from his Colombian journey with Frank Shorter, Jon Anderson, and Jim Johnson. More on this (all of it in fact) in next issue when we have a little more room and a little more time.

•Joan Ulliyot and the Institute of Health Research for which she works are interested in doing a study of the blood chemistries of runners of all ages. It would require giving 5 or 6 blood samples. In return, results will be given free of charge (usual cost, \$100). Anyone interested should call Carl Rider at 563-4608.

•A while back, Walt Stack issued a challenge to other marathoners on the West Coast, to run a marathon a month during 1973. Since the suggestion was made publicly, many runners have inquired about it. Few have formally tried it. Those who have completed one a month for the first five months are: Paul Reese (includes a 100-miler equal to 4 marathons), T.A. de Lusignan, Norman Bright, Chuck Day, Jim Gault, Ross Smith, Catherine Smith, and Walt Stack.

•How about a reverse handicap for the Dipsea? A lot of runners have complained in the past about how dangerous the Dipsea race is because of good runners trying to pass joggers on clogged trails, and this is basically true. Here's an idea that someone might be able to do something with. I'm throwing it out to our readers for comment...this may be the only way to get some "letters to the editor". Why not have the fast runners start out first, and the slower ones last. People would still run with others of their own ability, and a correction could be calculated at the finish to determine order of handicap finish. A person running with a handicap would simply not be caught by the better runners because he would start behind. The only hangup of this system that might arise is the fact that it would be quite difficult to obtain immediate handicap results. Any suggestions? Let's hear from our readers!

•There will be no Track & Field Executive Council meetings in the months of July and August, it was decided at the May 9 meeting. General lack of activity was held as the reason.

•At a recent executive meeting of the NCSTC, a discussion was held concerning ways of getting more women involved in the running program. It seemed that awards and incentives could possibly be the key to more feminine participation. It is particularly in the Senior Women's categories that there is a lack of recognition. Robyn Paulson, of the NCSTC Women's Committee, is suggesting to meet directors that they consider an over-40 category for women, comparable to that offered for men. Any comments or suggestions should be directed to Robyn at 629 44th Ave., San Francisco, 94121 (Ph. 751-8825). The editor would also appreciate a carbon copy of any correspondence so that our readers' views can be made public.

•The CBS Sports Spectacular meets are usually at noon, Pacific time. The following meets will be televised on the dates

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listed: June 17 - National AAU Men's Championships (Bakersfield; July 1 - Pan Pacific Games (Toronto); July 8 - National AAU Women's Championships (Irvine); July 15 - US vs. West Germany & Switzerland (Munich); July 29 - US vs. Italy; August 12 - US vs. USSR; Aug. 19 - AAU Junior Olympics (Ann Arbor); to be arranged (US vs. USSR Junior Meet).

•Track & Field News reports that US physiological researchers, headed by 2:22-marathoner Russ Pate, hope to determine the precise effects of "Blood Boosting", the process developed by Swedish physiologist Dr. Bjorn Ekblom in which blood is withdrawn from an athlete, forcing the body to produce more, and then is reinfused later, thus boosting the number of oxygen-carrying red cells. A Univ. of Oregon study group, headed by Pate, recently received a \$13,340 National Science Foundation grant to examine the process.

•Sixth Annual Training Camp for Distance Runners: The camp is located at 8,500 feet in the beautiful San Isabel Forest, 5 miles NW of Rye, Colorado, on Hiway 165. There are two sessions (you may register for both)...July 29 to Aug. 4 and Aug. 5 to Aug. 11. Sessions are limited to the first 72 who register. Fees are \$60/week to cover room and board, and \$100 for both weeks (with advance registration only). Inquiries and deposits (\$10) should be sent to Camp Director, YMCA Camp Office, P.O. Box 214, Pueblo, Colo. 81002.

•Pikes Peak Marathon: This year, the women will be allowed to officially complete the round-trip if they so desire. In previous years, they were limited to the ascent portion only.

•Going back a few years: In the 1942 Petaluma Marathon, the winner was current Walnut Festival Race Director, Andrew MacCono in 3:21:17! Next came Dipsea Demon Jack Kirk in a time of 3:28:42. Finally, in third, was Ernie Marinoni at 3:34:12.

•Rich Perry, PA-AAU Long Distance Chairman, reports that this year's Golden Gate Marathon was cancelled due to a total lack of manpower. A number of clubs were contacted in order to find a sponsor, but this proved unsuccessful. It was decided that rather than putting on a disorganized event which would alienate runners, it would be wiser to cancel the race this year. Hopefully, someone will pick up this race next year.

•The post-race banquet at the National AAU Marathon on June 17 will feature a 30 minute sound-film on the 1971 Pikes Peak Marathon with an additional 10 minutes of silent film on the 1972 race. Banquet starts at 2 pm, Beresford Recreation Center, San Mateo. Admission is free to runners, otherwise \$2.00.

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● NCRR LONG DISTANCE POINT RATINGS ●

Below are this month's leaders in the NCRR Long Distance Point Race. To figure your point rating, merely divide your average placing in races by the number of races run. Count a tie as an average (tie for second is worth 2.5, etc.). For example, if your average placing is 4th over a total of five races, then your rating is 4/5 or 0.8. For our totals we count only the top ten finishers in each race (top six in senior division). A senior must have reached his 40th birthday before we start counting his races. The NCRR reserves the right to choose the races it counts (usually PA-AAU sanctioned road runs with a reasonable number of competitors or of a sufficient difficulty. In most meets with multiple races, we count only the longer race for the open competition, and both races for over-forty scoring. This year's scoring begins with the 1972 Lake Merritt Races (Columbus Day) and the totals below include all races through Bay-to-Breakers with the following exceptions, which are not counted: (Feb. 11 Age-Group Run, Chico 10 Kilo, PA-AAU One Hour Run, Vogt's Gold Run). *** Bill Seaver edged

ahead of Dan Anderson in the open division, but by the narrow-ist of margins, 0.297 to 0.302. Newcomers to the top 15 were Ritchie Geisel, Duncan Macdonald, and Pat Buzbee. Geisel came all the way from 3.000 to 0.556 after two wins. Amazing senior Ross Smith still is in the top 15 in the open class, and took over the senior division lead from Ken Napier for the first time this year, 0.091 to 0.097!! He is still undefeated in over-40 competition. There were no newcomers to the top ten seniors. The top 15 open and top 10 senior competitors are listed below in table form. Others are listed here (total races, average place, rating): OPEN: (17) Nick Vogt (6, 4.667, 0.778), (18) Doug Butt (6, 5.167, 0.861), (19) Darren George (4, 3.500, 0.875), (20) Jack Leydig (6, 5.333, 0.889) & Ron Zarate (3, 2.667, 0.889), (22) Daryl Zapata (6, 5.417, 0.903), (23) Ken Scalmanini (7, 6.357, 0.908). SENIORS: (11) Don Pickett (7, 4.000, 0.571), (12) Jim Allen (7, 4.714, 0.673), (13) Bill Snavely (4, 3.250, 0.813), (14) John Perkins (5, 4.200, 0.840), (15) Gough Reinhardt (5, 4.300, 0.860). -- (Note: A * equals a tie).

OPEN

Runner/Club (# of races run)	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	Aver. Place	Rating
1. Bill Seaver/West Valley TC (8)	2	2	3	1	0	0	0	0	0	0	2.375	0.297
2. Dan Anderson/West Valley TC (13)	5	1	0	2	1	1	1	0	2	0	3.923	0.302
3. Jon Anderson/Oregon TC (6)	3	0	2	0	0	0	1	0	0	0	2.667	0.444
4. John Butterfield/US Navy (10)	1	1	0	3	1	3	0	1	0	0	4.600	0.460
5. Phil Camp/US Navy (5)	2	2	0	0	0	1	0	0	0	0	2.400	0.480
Darryl Beardall/Marin AC (10)	1	2	2	0	1	1	1	0	1	1	4.800	0.480
7. Mike Buzbee/NewWays AC (6)	2*	1	1	0	1	1*	0	0	0	0	3.167	0.528
8. Ritchie Geisel/West Valley TC (3)	2	0	1	0	0	0	0	0	0	0	1.667	0.556
9. George Stewart/West Valley TC (4)	2	1	0	0	1	0	0	0	0	0	2.250	0.563
10. Vic Cary/West Valley TC (4)	1	1	1	1	0	0	0	0	0	0	2.500	0.625
Mitch Kingery/RC Flyers (4)	1	1	1	1	0	0	0	0	0	0	2.500	0.625
12. Pat Buzbee/NewWays AC (5)	1*	1	2	0	0	1*	0	0	0	0	3.200	0.640
13. John Sheehan/West Valley TC (3)	1	1	1	0	0	0	0	0	0	0	2.000	0.667
14. Ross Smith/West Valley J&S (7)	1	2	0	0	1	0	1	0	2	0	5.000	0.714
15. Duncan Macdonald/West Valley TC (3)	1	1	1*	0	0	0	0	0	0	0	2.167	0.722
Rich Kimball/Golden West TC (6)	1	2	0	0	1	1	0	0	0	1	4.333	0.722

SENIORS

Runner/Club (# of races run)	1st	2nd	3rd	4th	5th	6th	Aver. Place	Rating
1. Ross Smith/West Valley J&S (11)	11	0	0	0	0	0	1.000	0.091
2. Ken Napier/West Valley J&S (14)	9	5	0	0	0	0	1.357	0.097
3. Jim O'Neil/SF Olympic Club (15)	7	4	4	0	0	0	1.800	0.120
4. Dave Stevenson/Stanford RC (11)	4	5	2	0	0	0	1.818	0.165
5. Gil Tarin/West Valley J&S (17)	3	3	5	2	2	2	3.176	0.187
6. Bob Malain/NCSTC (14)	3	4	3	3	0	1	2.714	0.194
7. Mike Healy/Napa Valley RC (15)	2	3	2	1	5	2	3.667	0.244
8. Paul Reese/NCSTC (11)	2	2	3	1	3	0	3.091	0.281
9. Dennis Teegarden/NCSTC (8)	1	2	2	3	0	0	2.876	0.359
10. Jim Nicholson/NCSTC (7)	1	1	2	2	0	1	3.286	0.469

● CLUB NEWS ●

This section of our publication is devoted to various clubs in the area. If your club would like to put in an announcement or other news, please send it in. Our circulation is now large enough to ensure that many of your members will probably see the notice. As long as the news is pertinent and kept to a reasonable length, we will print it, possibly in edited form. Let's hear from your club!

NEW CLUBS: The PA-AAU picked up at least two and possibly three new track & field clubs during the past month. The Golden West Striders are located in Hayward, and more information may be obtained on their program by writing c/o David Mills, P.O. Box 21, Hayward, CA 94543 (they are not to be confused with the Golden West AA of Southern California, nor the Golden West Track Club of Sacramento). The Big Valley Harriers are located at 2226 Gardenia Ave., Stockton, CA 95204. We aren't sure whether Athletics International (P.O. Box 323, Livermore, CA 94550) has an active program in track & field, but are pretty sure they are active in most all sports.

ALASKAN PULSATORS RUNNING CLUB: Gene Morgan, teacher at Wendler Junior High in Anchorage, won the Fifth Annual Pulsator Contender One Hour Race at Portage Glacier Lodge with 10.7 miles run against a 60 knot headwind off the glacier with rain and hail at the finish!! Chris Haines was second with 10.6 miles. Thirty runners contended for distances from 5 to 10 miles with only one not finishing. (The contender race features a unique challenge where one runs "out" for as far as he can and still tries to make it "back" to the start before the hour runs out...those not making it back within in the hour are eliminated). --- Another "nice" Alaskan run was won by Tom Besh on May 27. He set a new course record in the 3 mile Palmer, Alaska, Bodenbergt Butte Fifth Annual Race up a 1500 foot promintory...that's 500 feet of climb for each mile! His 20:20 time was 35 seconds better than Chris Haines' 1972 record. Barry Jahn was second this year in 21:40. --- The Pulsators would like to see a good runner from Northern California take a fling at the Resurrection Pass Trail Marathon this year (August). They would like to see if someone will challenge Alaskan Gene Morgan (2:45:44) on this challenging course.

WEST VALLEY TRACK CLUB: Since last issue, the club has picked up the following new members: Alex Aguilar, 17, of 2690 Aida Ave., San Jose, 95122 (Ph. 274-5115) has best marks of 2:06 (880), 4:31.9 (mile), 9:28.4 (2 mile), 14:45 (3 mile), and a very good 2:33:54 for the marathon. David Auld, 16, of 38 Seal Rock Dr., S.F. 94121 (Ph. 221-1196) has bests of 2:08.9 (880), 4:46.4 (mile), and 10:46 (2 mile). Tim Chapman, 25, 730 Gonzalez Dr., S.F. 94132 (no phone) has times of 1:59 (880), 4:19 (mile), 9:32 (2 mile), and 15:10 (3 mile). Phil Groves, 23,

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of 359 Hushbeck, Watsonville, 95076 (Ph. 724-4090), has a marathon best of 2:46:07 after only a few months of training. He has never competed in track. Ralph Lee, 31, of 2959 Sunset Terrace, Scotts Valley 95060 (Ph. 438-3404, Area Code 408), is on the comeback trail this year and would like to set PR's in both the 880 and mile. He has bests of 47.9 (440), 1:48.7 (800m), 1:49.3 (880), 4:07.3 & 4:04.8r (mile), 8:57.8 (2 mile), 21'7" (LJ), and 5'11-1/2" (HJ). He ran a 1:52 relay leg at the West Coast Relays recently. Jim Luke, 22, 166 Monroe St., #17, Santa Clara 95050 (Ph. 247-9580), has marks of 49.5 (440), 1:53.5 (880), and 4:23.2 (mile). Francis McCullough, 28, 39 LaPlaya, Monterey, 93940 (Ph. 373-2039), is a good all-around performer with marks of 7.2 (60HH), 14.4 (120HH), 48.7r (440), 52.4 (IH), 13-0 (PV), 6-2 (HJ), and 22-6 (LJ). Raymond Orwig, 19, of 38784 Fenton Way, Fremont 94536 (Ph. 797-8726), has bests of 54.5r (440), 2:05.2 (880), and 4:36.0 (mile). Wayne Smith, 20, of 38 Vallejo Dr., Millbrae 94030 (Ph. 697-5236), has bests of 1:57 and 4:15.7 in the 880 and mile. John Streeter, 19, of 2756 Golden Gate Ave., S.F. 94118 (Ph. 387-2860), is a Chilean student at Cal-State San Francisco who has his sights on making the Chilean team for the 1973 (Oct.) South American Championships. His best marks are 9.9 (100), 15.0 (120HH), and 55.2 (440IH). Arnold Valdez, 18, of 1601 Monteval Ct., San Jose 95120 (Ph. 997-1768), only started throwing the javelin a few months ago, but already has a mark of 146'6". Ronald Alan Yuen, 16, lives at 535 - 35th Ave., S.F. 94121 (Ph. 221-1639), and has a best 880 time of 2:11.1 and has also run 12:11 for 2.3 miles XC.

•Club address changes: Jim Dare to 350 Sharon Park Drive, Apt. D-2 (as in Dare-to-be-great), Menlo Park, CA 94025 (Ph. 854-6103); Jim Howell's new phone number is 736-0920; Kerry Hogan to 473 - 34th Ave., San Francisco, CA 94121 (Ph. 751-8136); Dave Himmelberger to 1763 Park Blvd., Palo Alto, CA 94306 (no new phone number as yet); Skip Houk to 3675 Bryan St., Reno, Nevada 89503 (Same phone??); Ritchie Geisel (as of June 18) to Landon School, Wilson Lane, Bethesda, Maryland 20034.

•Club jerseys: You might be wondering where your club jersey could be hiding. Well, Ward's called me a few days after the last NCCR and informed me that the shipment would be a month late ...so, I finally received them on May 28. Hopefully I will have them all done by the time you people read this, so they should be in the mail shortly. Many of you probably will have picked yours up at the PA-AAU Track Championships in Hayward on June 9. If you haven't ordered one yet and want one, please send \$2.50 to cover the price of the jersey and mailing costs, and let me know your size. Black shorts are not supplied by the club, but nylon shorts (black) are available at several locations throughout the Bay Area, although it is a difficult color to find. Try the Athletic Dept. in Berkeley, or Ryan's or Valley Athletic Supply in San Jose and Campbell respectively. Also, Fleet of Foot in Reno (operated by your team mates Peter Duffy & Rick Trachok) carries them and you can mail-order for them at only \$3.00 each. See the Classifieds in this issue. Incidentally, all the club jerseys are tenderly silk-screened with club help so that they are cheaper than you'd expect (slave labor is free!).

•Jim Bowles is alive and well in Albany, New York. After reports that he had been taken to the hospital with heat exhaustion mid-way through the Boston Marathon, I decided to check up on him. A quickie rundown on his races during the month of May: (May 6) - 6th in 25 Kilo at 1:28:30 (Conn.); (May 11) - 4:17 for one mile in Albany; (May 12) - 2:50:36 marathon in Plattsburg; (May 20) - 2:36:18 marathon in Yonkers, a PR and and ninth place! He also tried entering a Golden Gloves tournament (all-around competitor that he is) and won the 112-pound open division, knocking out both of his opponents.

•Charlie Harris is back running like his old self again, with a second place in the Portales (N.M.) Marathon. His 2:24:42 was just a bit more than a minute off his PR, and this race was run in high altitude we think (maybe 3000 to 4000 feet?). Larry Blancett won in 2:23:28. Both plan on running the Nationals.

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•Bob Grubbs came down with a throat infection just the week prior to the Pac-Eight Meet, and thus fared poorly in that important meet. However, on the weekend of June 2, Bob showed that he was fully recovered by running a near PR clocking of 13:41 in the three-mile at Eugene. He will go to Baton Rouge for the NCAA Championships, and from there, the club will pay his airfare to Gainesville for the National AAU Junior Meet.

Three WVTC high school athletes made the CIF State Meet, with Rusty Nahirny running a 4:13.7 to win the NCS, breaking a long-standing record, held by Morgan Groth at 4:14.2. Roy Kissin and Mike Ruffatto ran 4th and 3rd respectively in the NCS two-mile to qualify for the State Meet. Kissin ran a PR 9:17.3 and Ruffatto a 9:12.4. Nahirny then went on to place fifth in the State with a consistent 4:14.0. Ruffatto was seventh in the two-mile, and Kissin was further back. More details in next issue.

•Duncan Macdonald & Rick Tipton are now vacationing in Europe. Dunc hopes to be back in about two months...probably more like four months for Tipton.

•After winning the Western Regional Marathon in February, Ron Zarate had complained of side pains. About a month or so later he had his appendix removed. He's back training again on an easy distance program and hopes to be "together again" by cross country season. He's back in Santa Maria for the summer.

•Manny Adriano competed in both the 5 and 10 Kilo walks at the Mt. SAC Relays, finishing 9th in the longer race on Saturday morning, and coming back for an 8th that evening at 5 Kilo.

•Club records were set by the following athletes during the past month or so: Luther Clary (1:52.5 for the 880); Peter Duffy (13:18.0 for 3 miles)...Domingo Tibaduiza had a 13:22.2 in the same Kennedy Games race; Victor Mora (28:49.2 for 10,000 while setting a new South American record in Cali, just 3 seconds behind Frank Shorter); Rick Tipton (14.2 for the 120HH); and Brad Nave (improving his club mark to 168'9-1/2").

•So many other club members have done well during the past six weeks that I can't even remember them all. Many of their efforts are listed in the results section of this issue.

•News from runners in other areas of the country: Larry Main, living in Denver, ran a 39:52 for 7 miles in January and had the second best time in that race. In the same month he also did a 28:34 for 5 miles, finishing fifth in that race. At the end of February he did a 58:27 for 10 miles and placed 9th. Larry has since moved to Arastradero in Central California for a brief stay.

•At the Exec Council Meeting on May 20, it was decided that WVIC would probably invest in about 15 uniforms (sweats) that could be checked out for important meets. Final decision on this would be left until next meeting. The club set a policy for travel expenses as follows: All athletes will be reimbursed for 1/2 gas expenses to important meets upon submission of gas receipts. Important meets must be outside a 150 mile radius, and the word "important" meets shall be decided by the Exec Council...usually large invitational track meets and any National Championship. Members may apply for reimbursement on any other meets and for partial or complete airfare, and the Exec Council will make the decisions. The Council passed an amendment to the Constitution on dues revision, and this is being passed on to the membership for voting (mimeo enclosed with this issue).

•Following are the WVIC finishers in road races that didn't place high enough to be listed in the regular results section of this issue: Angel Island Run: (229) John Moroney 36:15, (266) Kathy Himmelberger 37:20, (410) Joan Hoogenraad 44:14; Bay-to-Breakers: (My eyes are bloodshot...let me know if I happened to miss anyone!) -- (159) Nick Hoogenraad 44:33, (174) Ray Orwig 45:21, (187) Bob Nanninga 45:26, (192) John Bay 45:30, (212) Harold DeMoss 45:52, (215) Tony Casillas 45:57, (250) Mike Gan 46:51, (288) Richard Stiller 47:30, (331) Santos Reynaga 48:24, (366) Eric Abrahamson 49:08, (429) Phil Groves 50:56, (524) James Jacobs 52:00, (597) Bill Lamb 52:34, (730) Ronald Alan Yuen 54:00...also (510) Bill Moroney 51:52.

● CLASSIFIED ADS ●

OUR RATES: Interested in selling your product or promoting your race or meet? With a circulation of 500+ mailed subscriptions per month (including two to three times that many who read it), the NCRR will get results for you. Monthly rates: (Per line as printed---25¢; Per square inch---25¢; Quarter-Page \$5.85; Half-Page \$11.70; Full-Page \$23.40; One-Page Insert \$20.00 (both sides, \$25.00)...you supply the inserts, 800-1000 per month. Special Rates: (3-5 months running--90% of monthly rates; 6-11 months--75% of monthly rates; 12+ months--60% of monthly rates). A contract must be drawn up between the editor and advertiser before any special-rate ads can be run. All ads must be approximately the same size during the entire year unless approved otherwise by the editor. Payments may be made on a monthly basis if desired. We would appreciate ads in their final size, but will reduce or enlarge if necessary. Make all ads proportional to an 8-1/2 x 11 inch page or portion thereof, leaving room for margins (3-1/2 by 4-7/8 for 1/4 page, including black-line border, etc.). All half-toning is double the above rates except for inserts that you supply. Add 25% for odd-sized ads (other than 8-1/2 by 11) that are inserts and any ad that we have to compose from your instructions. All advertisers get free copies as long as their ads run. For more details, write the editor. Entry blanks: Special rates for mailing entry blanks for races---only \$15.00/sheet, 8-1/2 x 11, may be printed both sides at no extra cost if desired.

MAKE MONEY SELLING NCRR SUBSCRIPTIONS: You can make 75¢ per subscription (per year) selling the NorCal Running Review to your friends. If you're interested, get in touch with us at P.O. Box 1551, San Mateo, CA 94401 (Ph. 415-342-3181). We will supply you with subscription forms and some sample copies to show your friends. It's an easy way to make extra money and at the same time improve our quality by increasing profits.

FLEET OF FOOT INTRODUCES NIKE: Rick Trachok and Peter Duffy have opened a running and athletics shop in Reno at 634 North Virginia St., featuring NIKE, the sports shoe of the 70's. Don't be ripped off any longer when buying running shoes. Allow NIKE to give you a better value for your dollar, whether it's basketball, running, or tennis shoes, etc....in suede, nylon, or leather. The reason prices are so low is because we believe in the idea of a fair profit; that is, we feel our prices should have a direct relationship to the cost incurred by us, the dealers, and not to the current market value as dictated by other stores in the area. We hope you will make the idea work by stopping into our shop soon.

NEW ROAD-RACE SHOE SALESMAN: Jack Leydig is now employed on a part-time basis by Starting Line Sports (see ad on the back cover), and will be carrying a full stock of Tiger and Nike Shoes, and running books at most of the PA-AAU Road Races this summer. Now you won't have to run around looking for a store that sells what you want...all you have to do is show up at a local road race. Or, if you're interested in stopping by one

of our three locations, we'd also be happy to help you. Hours are listed on the back cover. At present we carry the following brands and models: Tiger--Marathon, Boston, Bangkok, Tahoe, Cortez, Helsinki, Olympiad, and Vickka II; Nike--Nylon Obori, Nylon Cortez, Kenya Red; Lydiard Road Runner; Puma--9190, Crack. We will be stocking a lot of other models in the near future. SLS is the "Complete Running Shop" with an inventory of just about anything you could want for running...watches, warmups, equipment, books, etc. Look for me at the next road race...I plan on being at the following: Holy City, Watermelon Run, Kenwood 5.5 Miler (probably), Felton, 24-Hour Relay or Lafayette, Tiburon. Thanks for helping a "poor" runner stay alive between races.



AL SANFORD, GUNN HIGH SCHOOL'S DISTANCE COACH, IS FEATURED IN COACH'S CORNER THIS MONTH. IN THIS PHOTO HE'S SHOWN LEADING PCC'S GEORGE SCOTT IN A 1972 MILE RACE. /John Marconi/

● COACH'S CORNER ●

Meet Al Sanford: "Hang loose and enjoy your running." That statement pretty much sums up the whole philosophy that Gunn High's distance coach, Al Sanford, puts towards his runners. 'Big Al', a former Stanford miler, has been coaching at Gunn since February 1972. His own athletic career started as a fourth-string freshman quarterback at Grossmont High in San Diego. After sitting on the bench for a few games, Al realized he'd better look elsewhere if he wanted to attract attention. From there on, running has played a great part in his life. Al transferred to Tustin High in San Diego, and there he recorded his high school PR's of 1:56.5r, 4:19, and 9:19. He moved on to bigger things at Stanford where he ran a 4:03 mile and was instrumental in his team's second place finish at the 1968 NCAA Cross Country Championships.

When asked about his training methods, Al emphasizes that "most of my ideas come from personal experience. I favor mostly the Lydiard method of training with its hard/easy approach and its emphasis on long road runs." Here's one of his weeks prior to an important competition that he describes as fairly typical: Monday--alternating 350's and 700's on the grass soccer field at Gunn...Al has his runner's doing these distances because "that is the distance around the field", and they are given a two-minute rest in between each repetition. Tuesday--a 12-mile fartlek road run, pushing all the hills, going easy on the flats and downhill. Wednesday--30 minutes of easy fartlek around the school on the grass, and then over to the track for a step-up, step-down session like 110-220-440-880-440-220-110, usually at faster than race pace. Thursday--Basically the same as Tuesday, only lighter. Friday--Seven mile easy run. Saturday--Competition. Sunday--A long, easy, non-mandatory run of from 12 to 15 miles.

Al reveals, "I really believe a lot in hill training. We are constantly pushing the hills, as I believe it greatly benefits a runner's overall strength. As in the Lydiard system, we also work on downhill running to improve legspeed."

Al also mentioned the great importance of weight-lifting for his runners, especially his 880-mile men. This is usually done during the off-season, away from serious competition.

As a coach, Sanford finds that "my main concern is to motivate the kids towards running. I refuse to be a dictator. If a runner can't motivate himself towards the good there is in running, then I can't help him. I see my role as a coach as being more like an advisor. Once I've gotten across my basic ideas on running and training, then I try and let my runners control themselves. I prefer to start incoming freshmen runners on a limited, easy-running base, then gradually building the distance to about eight miles a day. That first year between a coach and a runner is very critical if the two are to have a good relationship for the next three seasons."

With only a bit more than a year of coaching behind him, Al Sanford may well be on his way to becoming the new Arthur Lydiard. Gunn High's distance men Steve Crowley and Gordon MacMitchell both won their events (mile and 2 mile respectively) in the CCS Finals, and then went on to place second and fourth in the CIF State Meet. In addition, 15-year-old sophomore Jerry Emory thrashed a good field in the CCS frosh-soph 2-mile, recording an excellent 9:25.6, and breaking the meet record by over 10 seconds. Gunn's "other miler", Arne Nelson, has a very creditable 4:25 to his credit, and the trio of Crowley, MacMitchell, and Nelson executed a rare sweep of the mile at the CCS Region II Meet. It certainly looks as if the Al Sanford "hang loose" system has started something good at Gunn.



GUNN HIGH'S (LEFT TO RIGHT) ARNE NELSON, GORDON MACMITCHELL, & STEVE CROWLEY ON THEIR WAY TO A SWEEP OF THE CCS REGION II MILE AT COLLEGE OF SAN MATEO. /John Marconi/

● NORTHERN CALIFORNIA PORTRAIT ●

Meet Mark Schilling: Remember the radio commercials for Schilling brand spices that used to end, "Schilling makes it just a little bit better"? You don't? Well, trust us that they happened--and trust us, too, when we make the rather tenuous connection that Mark Schilling has gotten a whole lot better in the mile...in a very short period, with some quick times, and at the expense of some world-class milers. That statement isn't tenuous, but solid fact.

The rangy (6-3, 165-lb.), round-faced San Jose State freshman came north from Garden Grove High with impressive 1972 credentials--the California state prep mile title in a career-best of 4:05.4, second-fastest among US high schoolers for the year. But he stayed out of cross country and indoor competition.

Schilling didn't waste time once he got outdoors, though. On March 10, in San Jose's season-opener against Stanford, he followed the easy pace of experienced Brian Mittelstaedt of the Cardinals--before burning the final lap for an eased-up 4:04.2 clocking. Mark Schilling was real, indeed. And he proved it in his very next meet. Up against Oregon State's Ethiopian Olympian Hailu (he added the "Ebba" as a last name when registrars didn't believe he had just one name), Schilling merely

zipped a 55.5 final circuit for a 4:07.5 to 4:07.6 triumph! Chalk up two experienced milers in Schilling's first two races as a college miler.

Almost like clockwork, the talk sprang up of a sub-4:00 four-lapper for Schilling. But as Spartan head coach Ernie Bullard said, "I think the fact that he beat quality performers in his first two meets is more impressive than running a sub-4:00 time. Mark demonstrated the ability to compete against strong opposition, which in itself is quite an accomplishment. The 4:00 mark will take care of itself with the proper weather, pace, and competition." And neither of Schilling's first two victims are slouches either--Hailu clocked 3:58.1 and then won the Pac-8 at 3:57.9, while Mittelstaedt ran fourth in the Pac-8 at 4:00.1.

"I think it would be unfair to make any sort of projection on what Mark can do," says SJS assistant coach Don Riggs, who recruited Schilling to San Jose. "Both coaches think I can run under 4:00," says Schilling, "but my main goal is just to win. If you can keep winning, the rest will come."

And win Schilling has--often over tough competition. His fastest mile to mid-May came against veteran internationalist Jim Crawford at the San Jose Invitational. After following for three laps, and despite the pesky headwind down the backstretch (almost a fixture at Bud Winter Field), young Mark--who won't be 19 until July 8--collared 3:57.7 miler Crawford with some 150 yards left and won going away in a career-best 4:02.5. Crawford was some three-seconds behind Schilling's school-record win.

Probably Schilling's most competitive mile--if not his fastest--came on the first half of an impressive double in the Pacific Coast Athletic Association Championships. He was in fourth place coming out of the first turn on the gun lap and had started to make his move. But he tripped and literally fell flat, while defending champ John Dean of LA State, Mike Butler of Long Beach, and Bob Ebert of SJS opened over twenty yards on him. But Schilling caught them all heading into the stretch and roared away to a 4:06.9 clocking. "I don't know what happened," he said later as he iced his bruised left foot. "I just thought I had wasted a whole season. I thought it was all over for sure, that I'd be last. I just tried to get on my feet as quickly as I could." Bullard wondered to himself aloud, "What can you say about him? To come back like that in a race that fast is a classic." Added Riggs, "He was obviously going to have a really good time if he hadn't fallen."

Schilling wasn't through, either. Some forty minutes after the mile, he again cut down the field coming out of the last turn and pulled away to a PR 1:50.6 victory, his best by over four seconds. Another Ethiopian Olympian, 1:47 half-miler Mathyas Michael of UOP, was left 1.2 seconds arrears.

Schilling's speed--he ran on the SJS mile relay team often during the regular season, contributing 49-second legs regularly--seems a natural for his wait-and-kick style. "My style is a following one," he confirms. "I like somebody to set the pace for me. If possible, I prefer to have someone pull me through." His training totals between 80-90 miles a week. Riggs alternated Mark between the mile in major meets and the 880 in lesser contests during the year "to break up the monotony of the mile", as Schilling says. Then the mile relay added speed to the whole recipe.

Schilling adds, "My junior year in high school I went undefeated in the mile but lost at the end of the season because I was burnt out. I don't want that to happen this year. I want to be at my peak for the nationals." Whatever the results, Schilling has come a long way in a short time--and it seems pretty certain he will continue to add his own special brand of Schilling spice to the mile.

Mark Schilling, San Jose State (Garden Grove HS). Born July 8, 1954; 6-3, 165-lb. Bests: 880--1:50.6 (1973); mile--4:02.5 (1973).

● WEST VALLEY PORTRAIT ●

Meet Eddie Silva: West Valley Portrait for this month, Eddie Silva, has been with the club for perhaps as long as any other member. He has always been a good distance runner, but has never really come into his own. Now, this year, as a junior at Chico State, he has finally started to run up to his great potential. His most recent achievement of note came at the Woody Wilson Relays where he lowered his PR two-mile mark by a fantastic 27-seconds, winning from a field that included such runners as Chuck Smead, Ron Elijah, John Sheehan, and John Caldwell...his time, a surprise 9:00.7. But this mark was not completely unexpected, as Eddie had recorded PR mile and 3-mile times this year at 4:13.4 and 14:12.0.



(LEFT) NORCAL PORTRAIT, MARK SCHILLING, CHEWS UP JIM CRAWFORD IN THE SAN JOSE INVITATIONAL MILE WHILE SETTING A PR OF 4:02.5. (RIGHT) WEST VALLEY PORTRAIT, EDDIE SILVA, SHOWN DURING THE DISTRICT 20-KILO CHAMPIONSHIPS IN 1972. /Photos by Marconi/

When asked about his training, Eddie explains, "Most of my training consists of 80-90 miles per week during the summer months; the runs usually start at a comfortable pace, but then I pick up the pace as the run continues and ease off towards the end. During the fall, I increase my mileage to around 100-120 miles per week. This marks the beginning of my fall, double workouts. The morning runs are an easy 5-6 miles, and the afternoon runs consist of three days of interval training, and the other days are 15-20 mile runs. The intervals at this time are usually in the 880 to mile range. February the mileage drops to 80 miles a week, and the intervals are 440's to 880's at a fast pace. During the track season, the morning workouts usually consist of short, fast intervals of from 60 to 150 yards." He stresses that, "I try to concentrate on total relaxation during these fast runs. This has helped to improve my speed more than anything. It helps me keep relaxed in a fast race."

Eddie has been around for a long time in running circles. In 1966, he received the Northern California Freshman Cross Country Athlete of the Year award, and he was ranked high in postal competition nationally during his senior year at both two and three miles. In his junior year he placed third in the CCS Cross Country Championships behind Jack Lawson and Chris Carey. Perhaps the most valuable asset going for Eddie is his versatility. He has run well at all distances from the mile to twenty miles...he has a PR 4:13.4 and did 1:48:25 for the Pepsi 20-Miler in Sacramento last December. He has consistently made high placings in area road races over the years, but his races are few and far between.

Adelino, or "Eddie", as his friends call him, considers his NorCal Frosh award while at Watsonville High, along with his recent Woody Wilson Relays win, to be two of his most memorable moments. The other "exciting moment" came at this year's SF Examiner "Devil-Take-the-Hindmost" Mile, where he ran away from the field for a win, while competing only as an alternate.

As for long-time goals, Eddie relates, "I would like to be able to make the U.S. touring team in Europe someday. If I can't achieve this, then I would still like to run for as long as it is fun and challenging. Besides, the girls seem to like me skinnier. If that's not a good reason to run for a long, long time, then I don't know of anything else that could motivate runners to run!" Maybe this would be a good way for Al Sanford to solve any motivational problems he has with his runners at Gunn High School.

Eddie Silva, Chico State College (Watsonville HS and Cabrillo College). Born Nov. 11, 1951. Marks: 880--2:00.0 (1970); Mile--4:13.4 (1973); 2 Mile--9:00.7 (1973); 3 Mile--14:12.0 (1973); 20 Miles (Roads)--1:48:25 (1972).

An apology and explanation: In last month's West Valley Portrait on Roy Kissin, we had him listed as a 14:15.4 3-miler as a 15-year-old. Well, it turns out that Roy accidentally made a mistake when filling out his questionnaire and switched digits around...it should have been 14:51.4, not an age record.



OREGON TC'S KENNY MOORE JUST EDGES BRITAIN'S CHRIS STEWART TO WIN HIS SIXTH CONSECUTIVE BAY-TO-BREAKERS RACE AS SOME 3500 FINISHED THIS YEAR'S CROSS-CITY TREK. /John Marconi/

SCHEDULING

— LONG DISTANCE —

Note: All runs listed below are sanctioned by the AAU except those specified as "Fun Runs" and DSE races, or unless otherwise noted...the "Fun-Runs" need no AAU sanction (as well as the DSE runs), but you should be very careful of entering a non-sanctioned race other than these, since your amateur status may be affected. No pre-registration is necessary for the DSE and Fun Run events...just show up on raceday. You should always check to see if there are pre-entry requirements, late entry fees, closing entry dates, etc. Check with the Meet Director or area contacts (listed below) if you have any doubt. Always check with the Meet Director to verify the dates and times of runs...mistakes are possible, and it could save you a long drive. The following schedule (next page) contains races from Oregon through Southern California and Nevada, as well as a few other popular out-of-area races. Non-Pacific Ass'n races are coded as follows: (where no Meet Director is noted on the next page, area contacts below are the best bet to find out information from.) - Southern Pacific Ass'n (*SPA) John Brennand, 4476 Meadowlark Ln., Santa Barbara, CA 93105; Pacific Southwest Ass'n (*PSWA) Tom Bache, 4920 Kane St., San Diego, CA 92110; Central California Ass'n (*CCA) Bill Cockerham, 1717 S. Chesnut, Fresno, CA 93702; Southern Nevada Ass'n (*SNA) John Romero, Hotel Sahara, Las Vegas, Nevada 89114; Oregon Ass'n (*OA) Richard Raymond, 2575 NW Lovejoy, #37, Portland, Ore. 97210; DSE Runs (*DSE) Walt Stack, 321 Collingwood, San Francisco, CA 94114. The PA-AAU Long Distance Running Chairman is Rich Perry, 3909 Peppertree Ct., Redwood City, CA 94061 (Ph. 415/364-5599). The PA-AAU Office is 942 Market St., Suite 601, San Francisco, CA 94102 (Ph. 415-986-6725)...AAU applications are available from this address. *** When requesting information or entry blanks from anyone above or on the schedule, please enclose a self-addressed, stamped envelope. Let us know of any races in your area so we can be sure and list them...it's free!!

• ANNOUNCING: Runner's World sponsored Fun-Runs; no entry fees, no advance entry, no AAU cards required. Every Sunday at 10:30 am, Foothill College, Los Altos (off Interstate 280). A 1/2-mile race each week and following distances on successive weekends each month: 1 & 5 Mi.; 1 & 2 Mi.; 1 & 4 Mi.; 1 & 3 Mi. Contact RW, P.O. Box 366, Mtn. View, CA 94040 (Ph. 328-2911) for more information.

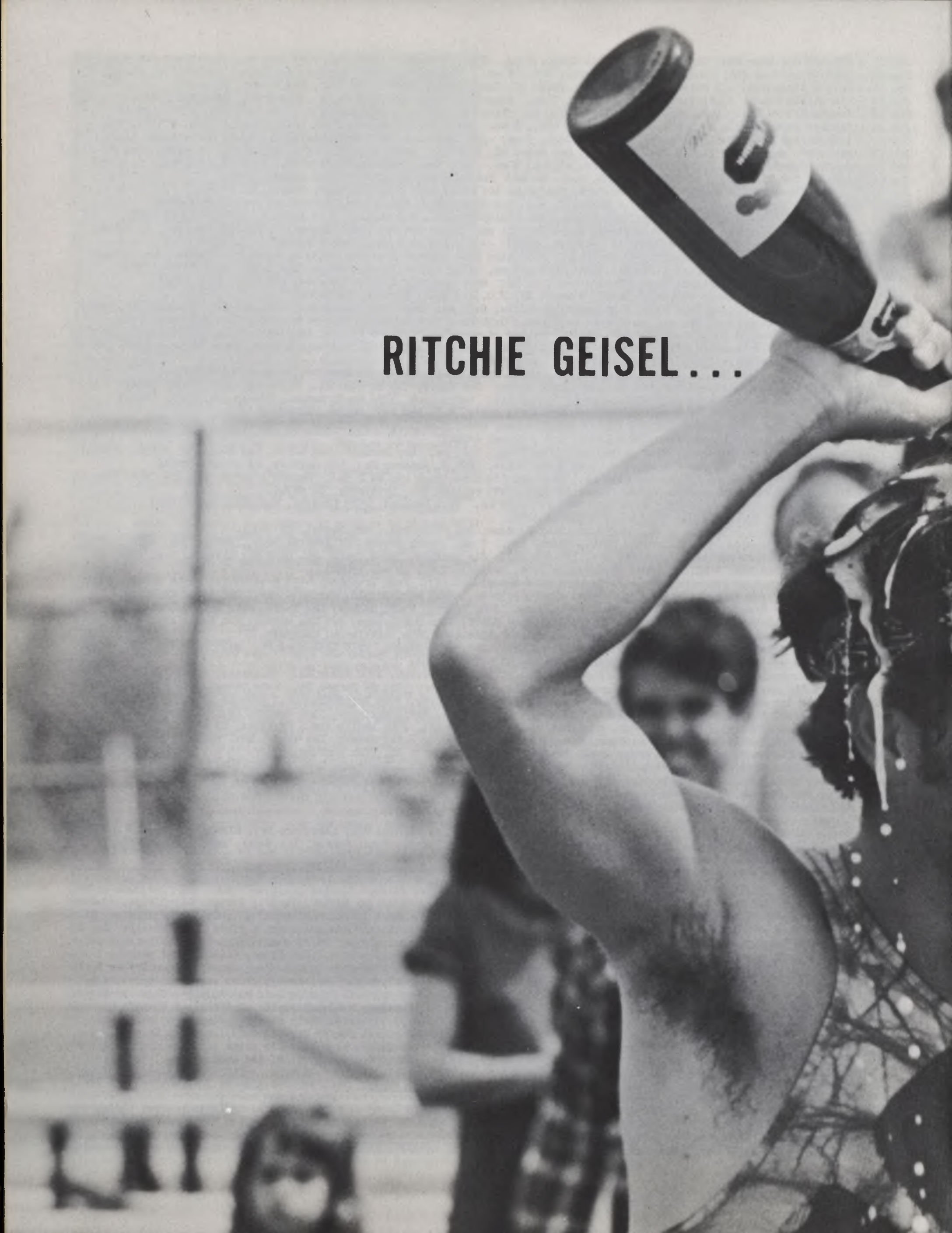
- Jun 13 - PSA-AAU One-Hour Run, Balboa Stadium, San Diego, 5 pm...Natl. Postal. Tom Bache, 4920 Kane St., San Diego, CA 92110.
- Jun 16 - Three-Mile Road Run, Sunrise Park, Las Vegas, Nev., 8 am. John Romero, Hotel Sahara, Las Vegas, Nev. 89114. (*SNA)
- Jun 16 - Novato Ridge Run. 6.5 Miles, Novato, 9 am. Marin AC, Dick Cordone, 918 Fifth Ave., San Rafael, CA 94901.
- Jun 16 - 8th Yankee Doodle XC Festival, 1 to 4 Miles, 9 am. Roger Williams, 828 S. Mesa St., San Pedro, CA 90731. (*SPA)
- Jun 16 - Oregon AAU 20 Kilo Championship, Portland, 9:30 am. Rich Raymond, 2575 Lovejoy, #37, Portland, Ore. 97210. (*OA)
- Jun 16 - Pioneer Days 13 Mile Road Run, Jacksonville, Ore., 8 am. Jerry Swartsley, P.O. Box 1072, Phoenix, Ore. 97535. (*OA)
- Jun 17 - 15th Garden Grove Run (Handicap), 10 Miles Open, 9 am. John Brennand, 4476 Meadowlark Ln., Santa Barbara, CA 93105.
- Jun 17 - Natl. AAU Marathon & PA-AAU Championships, San Mateo HS, 8:30 am. WVTC, P.O. Box 1551, San Mateo, CA 94401 (Ph. 342-3181)
- Jun 17 - Senior Sports Int'nat'l. Marathon (25 Yrs. +), LA, 8 am. SSI, Inc., 5225 Wilshire Blvd., #302, Los Angeles, CA 90036.
- Jun 23 - Oakland Old Timer Days 10 Kilo, Oakland, Ore., 10 am. Dressing and showers at high school. (*OA)
- Jun 23 - 17 Mile Run, Pebble Beach, 10 am. Monterey Peninsula AC, Chuck Day, P.O. Box 3818, Carmel, CA 93921.
- Jun 24 - MacDonald Forest Scenic Run (4 & 7.5 Miles), 1 pm. Ted Wolfe, 1425 Alta Vista, Corvallis, Ore. 97330. (*OA)
- Jun 24 - Holy City 9 Mile Road Race, Holy City, 9 am. West Valley Joggers, Ken Napier, 1612 Bearden, Los Gatos, CA 95030.
- Jun 24 - 4th Annual Morro Bay to Cayucos 6 Miler, Morro Bay, 11 am. Terry Record, 1241 Garden St., San Luis Obispo, CA 93401.
- Jun 29 - Stow Lake Relay, Golden Gate Park, SF, 6:30 pm. (*DSE) -- 2 miles each leg...men & women.
- Jun 30 - Natl. AAU Junior 20 Kilometer Race, Aurora, Colo. Write AAU, Barbara Etchison, 1335 S. Grape St., Denver, Col. 80222.
- Jun 30 - Five Mile Road Run, Sunrise Park, Las Vegas, Nev., 8 am. John Romero, Hotel Sahara, Las Vegas, Nev. 89114. (*SNA)
- Jun 30 - Farrell's Zoo Run, Portland (Wash. Park), Ore., 10 am. Rick Raymond, 2575 NW Lovejoy, Portland, Ore. (*OA)
- Jun 30 - 8 Mile Watermelon Race, Oakland, 10 am. Alameda TC, P.O. Box 1606, Alameda, CA 94501.
- Jul 1 - Fourth Annual Hangtown Road Race, 5 Miles, Placerville, 9:30 am. Recr. & Parks Dept., P.O. Box 872, Placerville, 95667.
- Jul 1 - ORRC Last-Man-Out Run, Duniway Park, Portland, Ore., 6:30 pm. Rick Raymond, 2575 NW Lovejoy, Portland, Ore. (*OA)
- Jul 4 - 2nd Annual Kenwood 5.5 Miler, Kenwood, 10 am. Valley of the Moon TC, Fred Kenyon, 1609 Mariner Dr., Sebastopol, 95472.
- Jul 4 - SPA-AAU 15 Kilo Championships, San Marcos HS, 10:30 am. John Brennand, 4476 Meadowlark Lane, Santa Barbara 93105 (*SPA).
- Jul 4 - DSE Double Lake Merced Run, 9.5 Miles, S.F., 10 am. (*DSE)
- Jul 7 - 3rd Annual Redwood Marathon, Arcata, 9 am. Jim Hunt, Track Coach, Cal-State Humboldt, Arcata, CA 95521.
- Jul 7 - North Umpqua 10 Mile Road Run, Winchester, Ore., 10 am. Ron Hjort, 744 SE Rose St., Roseburg, Ore. 97470. (*OA)
- Jul 7 - Annual Bunion Derby (also July 21, August 4, August 21). Larry Lung, 3356 North Monroe, Fresno, CA 93705. (*CCA)
- Jul 8 - 9 Mile Road Race, Felton, 9 am. Felton Businessmen's Ass'n, P.O. Box 458, Felton, CA 95018.
- Jul 8 - "Storm the Butte" 3-miler, Spencer Butter Park, Eugene, Ore., 7 pm. Jeff Hollister, 855 Olive St., Eugene, Ore. 97401.
- Jul 8 - Coit Tower 3-Miler, (meet at Dolphin Club), S.F., 10 am. (*DSE)
- Jul 8 - Natl. AAU Masters Marathon, Mission Bay Park, San Diego, 6:45 am! Ken Bernard, Box 80512, San Diego, CA 92138. (*PSWA)
- Jul 8 - Police Olympics Marathon, Los Angeles, 7 am. Bob Burke, 1800 N. Academy Dr., Los Angeles, CA 90012. (*SPA)
- Jul 13 - Runner's World 24-Hour Relay, San Jose St., 7:30 pm, (50 Mile track run at 8 pm). Runner's World, Box 366, Mtn. View, CA.
- Jul 14 - 8.2 Mile Road Run, Lafayette, 9 am. Clark Smithson, 975 Oakland St., Lafayette, CA 94549.
- Jul 14 - Oregon Ass'n AAU One-Hour Run, Univ. of Portland, 9:30 am. Rick Raymond, 2575 Lovejoy, Portland, Ore. (*OA)
- Jul 15 - **CANCELLED** (Sahara Tahoe Marathon). **CANCELLED**
- Jul 21 - 9 Mile Road Race, Tiburon, 9 am. Marin AC, Dick Cordone, 918 Fifth Ave., San Rafael, CA 94901.
- Jul 21 - Oregon AAU One-Hour Run, Willamette Univ., Salem, Ore., 7 pm. Chuck Bowles, Willamette Univ., Salem, Ore. 97301. (*OA)
- Jul 22 - Northwest Seniors Marathon, Gresham, Ore. (30 and up). Jim Puckett, Track Coach, Mt. Hood CC, Gresham, Ore. (*OA)
- Jul 22 - DSE Fort Point Run, 4 Miles, (meet at Presidio Gate, Marina), S.F., 10 am. (*DSE)
- Jul 22 - Natl. AAU One-Hour Run, Postal, Santa Barbara (SPA Championships). John Brennand, 4476 Meadowlark, Santa Barbara 93105.
- Jul 28 - Capitola Wharf-to-Wharf 6-Miler, Santa Cruz Wharf, 9:30 am. City of Capitola, Capitola Ave., Capitola, CA 95010.
- Jul 28 - Sunrise Park 6-Mile Road Run, Las Vegas, Nev., 8 am. John Romero, Hotel Sahara, Las Vegas, Nev. 89114. (*SNA)
- Jul 29 - 15-Mile Ft. Baker Handicap Race, Ft. Baker, 8:30 am. NCSTC, John Hutchinson, 225 San Marcos, San Francisco, CA 94116.
- Aug 4 - Natl. AAU 15 Kilo Championships, Littleton, Colorado. Littleton JC's, Littleton, Colorado.
- Aug 4 - Natl. AAU Masters 15 Kilo Championships, Michigan City, Ind. Hal Higdon, 2815 Lakeshore Dr., Michigan City, Ind. 46360.
- Aug 4 - Bunion Derby. Larry Lund, 3356 No. Monroe, Fresno, CA 93705. (*CCA)
- Aug 4 - 3rd Resurrection Pass Trail Marathon, Hope, Alaska, 10 am. John Trent, 1700 Tudor Rd., Anchorage, Alaska 99507.
- Aug 4 - Tigard T&C Days Road Run, 8 Miles, Tigard, Ore., 7 pm. Norm Oyler, 5911 SW Carman Dr., Lake Oswego, Ore. 97034. (*OA)
- Aug 4 - Ocean-to-Bay Marathon, (Register at Belmont Pk.), 7 am. Rich Perry, 3909 Peppertree Ct., Redwood City, CA 94061.
- Aug 4 - Mt. Misery 7.5 Mile Run, Placerville, 10 am. Hangtown Harriers, Ernie Marinoni, 5101 Newtown Rd., Placerville 95667.
- Aug 5 - Funky Cross-Country, 7 Mile Road Run, Martinez, 9 am. John Vecchi, 2461 Leslie Ave., Martinez, CA 94553.
- Aug 11 - Sunrise Park 4-Mile Road Run, Las Vegas, Nev., 8 am. John Romero, Hotel Sahara, Las Vegas, Nev. 89114. (*SNA)
- Aug 11 - 8.5 Mile Pierce Point Run, Pt. Reyes Natl. Seashore, 12 noon. Marin AC, Dick Cordone, 918 Fifth Ave., San Rafael 94901.
- Aug 11 - Douglas City Road Run, 4.85 Miles, 11 am. Ron Hjort, 744 SE Rose St., Roseburg, Ore. 97470. (*OA)
- Aug 12 - Potluck Run, 4.8 Miles, Eugene, Ore., 7 pm. Jeff Hollister, 855 Olive St., Eugene, Ore. 97401. (*OA)
- Aug 12 - Pikes Peak Marathon, Colorado Springs, Colo. Rudy Fahl, 2400 West Colorado, Colorado Springs, Colo. 80904.
- Aug 12 - DSE Practice Dipsea Run, Mill Valley, 10 am (6.8 Miles). (*DSE)
- Late Additions:
- Jun 23 - Natl. AAU Masters 20 Kilo Championships, Michigan City, Ind. Hal Higdon, 2815 Lakeshore Dr., Michigan City, Ind. 46360.
- Jul 14 - Sunrise Park 3-man, 9-mile relay, Las Vegas, Nev., 8 am. John Romero, Hotel Sahara, Las Vegas, Nev. 89114. (*SNA)
- Jul 21 - Annual Bunion Derby. Larry Lung, 3356 North Monroe, Fresno, CA 93705.

—TRACK AND FIELD—

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| Jun 14 - Natl. Men's AAU Championships, Bakersfield, 3 days. | Jun 30 - UC Irvine Masters Invit., Orange, CA, 2 days, contact Albert Irwin, Athletic Dept., UC Irvine, Irvine, CA. |
| Jun 16 - Golden West High School Meet, Sacramento, 5:30 pm. | Jul 6 - Natl. AAU Masters Track & Field Championships, San Diego, 3 days, Entries close June 27 with Ken Bernard, P.O. Box 80512, San Diego, CA 92138. |
| Jun 17 - Masters Meet at College of Marin (Contact Ed Phillips, 144 Ashby Ln., Los Altos, CA 94022; Natl. AAU Women's Pentathlon Championships, UC Irvine, 2 days; Regional Girl's 12/13 Age Group Pentathlon, UC Irvine, 2 days. | Jul 7 - PA-AAU Junior Olympic Championships (qualify at various sub-district meets), Reno, Nevada, sponsored by the Kiwanis Club of Reno-Mt. Rose, at Univ. of Nevada, 2 days; Police Olympics, Los Angeles (California only)...possibly July 8 only, 2 days? |
| Jun 20 - Natl. AAU Girls 14-17 Championships (Selecting for Jr. and International Teams), UC Irvine, 2 days. | Jul 14 - Regional Junior Olympic Championships, San Diego, (-winners here get paid trips to Natls. in Ann Arbor). |
| Jun 22 - Natl. AAU Decathlon Championships, Porterville, 2 days; Natl. AAU Junior Track & Field Championships, Gainesville, Fla., 2 days; Regional Age-Group Meet between Girls & Women's Nationals, UC Irvine. | Aug 14 - Natl. Junior Olympics, Ann Arbor, Mich., 4 days. |
| Jun 23 - Natl. AAU Women's Championships (International Team Selection), UC Irvine; 2 days; Western Armenian Track & Field Meet, Chabot College, 12 noon; Nevada County Track & Field Meet (boys & girls, all ages), Grass Valley, 9 am (boys & girls trials & finals), 5:30 pm (14 years and over), contact Nick Vogt, Star Route, Smartville, CA 95977; Senior Sports International Track & Field Meet, UCLA, 2 days (25 years and over). | |

All-Comers Meets: We have some sketchy information on a few of these meets, but we could use more for next issue. If you have heard about any all-comers meets in your area, please take the time to let us know so that we can let our readers know. At San Jose City College, a series of weeknight meets begin on June 4, and continue through July 18. Meets on Monday evenings

RITCHIE GEISEL...



.....CUPERTINO MARATHON WINNER



will be for 15 & under only (boys & girls), while the Wednesday night meets will be for 16 and over, although I suppose that it would probably be alright for the younger competitors to compete on Wednesday as well. Meets start at 6 pm both nights and 1/4" spikes or flats must be worn. Also, on June 28-29 there will be a decathlon, starting at 6 pm also. For more information, contact Bert Bonanno, Track Coach, San Jose CC...Phone 408/298-2181 (ext. 227). Skyline College in San Bruno will be hosting the Northern California Track & Field Ass'n all-comers series, usually held at College of San Mateo (the track there is undergoing repairs during the summer). These meets are every Saturday, from June 23 through August 2, with field events going at 11:30 am and running events at noon. Competitors must wear 1/4" spikes or flats. There will be high school and open divisions, as well as some limited senior events. More information can be obtained by calling Harry Young (Ph. 343-3778), 2120 Adeline Dr., Burlingame 94010. Chabot College will host four all-comers meets this summer, from July 10 thru July 31 (all on Saturday). Meets start at 6:45 pm and there will be competition for junior high school, high school, and collegiate/open athletes. Spikes of 1/4" or less are required. Questions should be sent to Pat Pohl, Track Coach, Chabot College, Hayward...or phone 782-3000, ext. 452. Univ. of Nevada (Las Vegas) will be hosting all-comers meets, starting at 5 pm from June 19 through July 17 (Tuesdays). Athletes must wear 1/4" spikes or flats on the tartan surface. Pierce College & LA Valley College will be hosting a series of Masters track & field all-comers meets this summer...we're assuming that these meets will have open events to, but the flier didn't say. For more information, contact Jack Boyd (347-0551) for the Pierce College meets, and George Kerr (873-4010), c/o LA Valley College Athletic Dept., 5800 Fulton, Van Nuys 91401. Meets will run from June 20 through July 25 at both locations, with competition at Pierce starting at 7 pm and 8:30 pm at LA Valley (all meets are on Wednesdays). Pierce will have the following master's events (mile, 100, 440, 220, LJ, TJ, and SP) and LA Valley will have (6 Mi, DF, and JT).



(LEFT) - BILL RANNEY WON HIS FIRST NATIONAL A.A.U. SENIOR TITLE AT THE 20 KILOMETER CHAMPIONSHIPS IN SANTA BARBARA, THUS QUALIFYING HIM FOR THIS SUMMER'S INTERNATIONAL COMPETITIONS. (RIGHT) - EMI NOZUHA IS ONE OF THE REASONS THAT SO MUCH INTEREST IS PICKING UP IN MEN'S RACE WALKING AS OF LATE. /Steve Lund/

● RACE WALKING ●

Scheduling: For further information on scheduling, contact Steve Lund, 402 Via Hidalgo, Greenbrae, CA 94904 (Ph. 461-5492) for NorCal; Martin Rudow, 515 San Onofre Rd., Santa Barbara, CA 93105, for Southern Cal; Don Jacobs, Box 23146, Tigard, Oregon 97223, for Oregon.

- Jun 16 - Natl. AAU Two-Mile Walk Championships, 7:30 pm, Bakersfield, CA. (Not a 5000 meter walk as listed last time)
- Jun 22 - Natl. AAU Junior 10 Kilo Championships (with AAU Natl. Junior Track Championships), Gainesville, Fla. (2 days).
- Jun 23 - Natl. AAU Women's Championships, UC Irvine (walks?).
- Jun 24 - Senior Natl. AAU 15 Kilo, Brighton, Colo., 8 am.
- Jun 24 - Senior Sports International 20 Kilo, Los Angeles; see Track Schedule for address.

- Jul 6 - Junior Olympics District Age-Group Championships, distances vary with age, Reno, Nevada.
- Jul 8 - Natl. AAU Masters (40 & Over) 20 Kilo Walk, Mission Bay, San Diego, 6:45 am!
- Jul 8 - PA-AAU One-Hour Race Walking Championships (divisions).
- Aug 5 - First Annual Monterey "17 Mile Drive" Race Walk.
- Aug 5 - Senior Natl. AAU 40 Kilo Championships, Long Branch, New Jersey.

Millbrae Lions Relay Carnival (1 Mile Walk): (April 7, Millbrae) - Girls' 12 & Under: (1) Brigitta Korelenaar 9:47, (2) Sherry Alaimo (nt), (3) Debbie Bangert 10:37. -- Girls' 13 & Over: (1) Chris Sakelarios 9:01, (2) Sandi Alaimo 10:18, (3) Shawna Sewell 10:33. /Steve Lund/

Senior National 20 Kilo: (April 15, Santa Barbara) - Perfect weather and organization graced what was probably the biggest race of the year. The line-up was impressive and the field was large, with a full range of walking ability providing opportunities to compete for all present. The course was a one-and-a-half mile loop around which the walkers would travel approximately ten times. The first lap was led by Skully, with Laird, Klopfer, Henderson, Kitchen, and Ranney behind, in that order. Godwin, Weigle, and Brown were back about fifteen places. Then Laird took the lead, putting in one fast 5K time, only to be bounced shortly thereafter for lifting. By the seventh lap, competitors began to take on their finishing positions. Skully had dropped back, Weigle had moved up, Ranney, Brown, and Kitchen were in the lead, and Klopfer was out of contention. Ranney then took command, winning his first-ever Senior National title with a time of 1:34:15. Jerry Brown finished a full 22 seconds arrears, with Kitchen about that much further back. Fourth placer Todd Scully got the form award for the race. Bounced were Laird, Manny Adriano, Jim McLian, and Ed Bouldin. Bowman and Klopfer did not finish...by choice. The top twenty follow, plus other selected area finishers that I recognized (let me know if I missed someone). -- (1) Ranney 1:34:15, (2) Brown (CTC) 1:34:37, (3) Kitchen (Unat) 1:35:02, (4) Scully (ShoreAC) 1:35:14, (5) Ray Somers (Unat) 1:35:47, (6) John Knifton (NYAC) 1:36:13, (7) Bill Weigle (CTC) 1:36:48, (8) Bob Henderson 1:37:09, (9) Floyd Godwin (CTC) 1:38:45, (10) Ron Daniel 1:40:03, (11) Carl Swift 1:40:23, (12) P. Van Arsdale 1:40:23, (13) John Kelly 1:41:05, (14) Dan O'Conner 1:41:51, (15) Jim Bean 1:42:18, (16) Ron Kulik 1:43:02, (17) Rudy Haluza 1:43:20, (18) Mike DeWitt 1:44:03, (19) Mike Ryan 1:44:10, (20) Wayne Glusker (WVTC) 1:44:30, ... (24) Brian Snazelle 1:49:12, (26) Roger Duran (WVTC) 1:54:20, (37) Phil Mooers 2:16:26...39 finishers. The first two finishers qualified for the US team on the summer tour, while the next two will join them on the Lugano Cup team in October. /S. Lund/

Two-Mile Walk: (April 29, Stockton) - The men were supposed to have a 30 Kilo race, but only Art Smith and Brian Snazelle managed to show up...thus, they walked the 2-mile with the women (Smith did 18 minutes+ and Snazelle had 20 minutes). Sandy Briscoe walked a 19:14 to easily outdistance Susan Homick in the women's competition. After Susan's 20:08 came Cindy Evans with a 20:42, really an improvement. Karen Bessey came through with a 20:55, and then Emi Nozuha rounded out the field with 21:22, although we're not positive of the time. /S. Lund/

Note: All the track walks that have been held with track & field meets are listed along with the full results of those meets in the following section.

● TRACK AND FIELD RESULTS ●

***Due to the massive amount of results that have poured into the NCCR since last issue, we are only listing selected meets, and many times only selected performances within those meets. However, we have attempted to still list as many good performances as possible. Thanks for your great response, and keep sending us those results...it's easier to edit that to B.S.

San Ramon Relays: (April 7, Danville?) - 2 Mile Relay: San Ramon 8:12.4; High Jump Relay: San Ramon 18'5"; 440R: San Ramon 43.4. /Bob Vincent/

Sacramento Relays: (April 7, Sac'to State) - Abbreviations: C/O = College/Open, W = Women, JC = Junior College, HS = High School. -- HS-DMR: Gunn 10:53.6; W-HJ: K. McQuillan (WS) 5-4, B. McQuillan (WS) 5-2; C/O-DMR: WVTC 10:14.6, UOP 10:15.8, Humboldt 10:24.8; W-440IH: Shaffer (CSH) 1:07.0; JC-440IH: Kirkpatrick (Laney) 56.0, Fuller (Merr) 56.2; C/O-440IH: Walls (BAS) 54.8, Cain (SFS) 55.3, Skinner (UCD) 55.6;

C/O-HT: Tice (Un) 177-9, McCollum (CSH) 174-1, Carlsen (Un) 165-4; C/O-HJ: Crawford (SJS) 6-8, Robinson (CSH) 6-8, Johnson (BAS) 6-8; JC-HJ: Miller (DVC) 6-8, Murphy (AR) 6-6; HS-2MR: Gunn 8:08.2, San Juan 8:16.6; C/O-JT: Burns (BAS) 226-8, Ferguson (Hum) 199-2, Harriman (BAS) 197-11; C/O-SP: Feuerbach (Un) 70-2, Born (BAS) 59-7 3/4, Gherardi (SJS) 54-1 1/2, Rogge (Chabot) 54-1; C/O-LJ: Rainwater (GWTC) 24-3 1/4, Rogaway (BAS) 23-10 1/2, Steffes (BAS) 23-6; JC-LJ: Warden (Cab) 21-7; C/O-2MR: WVTC 7:48.7, UOP 7:50.3, UCD 7:54.5, Humboldt 7:58.6; JC-2MR: SJ Delta 7:48.5; HS-44OR: Sparks (Nev) 45.0; W-44OR: Berkeley TC 47.8, SJCG 50.5, WS 50.5; C/O-44OR: BAS 40.9, CSH 43.0; JC-44OR: Merritt 42.5; C/O-PV: VanKirk (SJS) 15-5 3/4, Ellis (Hum) 14-6; JC-PV: Robinson (Merritt) 13-6; HS-120HH: Kirtman (Wil) 13.8w, Bennett (Berk) 14.2; JC-120HH: Ligons (Ch) 14.7w; C/O-120HH: Carty (BAS) 14.1, Ellis (BAS) 14.2, Rosenberger (Hum) 14.6; HS-100: Whitaker (Wil) 9.6w; JC-100: Watkins (Merr) 9.8w, Howard (Laney) 9.9; C/O-100: Rodgers (BAS) 9.5w, Payton (BAS) 9.5, Ligons (BAS) 9.6, McGill (GWTC) 9.7, Shields (BAS) 9.8; W-88OR: BTC 1:41.5, SJCG 1:46.2, WS 1:47.5; HS-88OR: Wilson 1:29.8, Sparks 1:33.6; JC-88OR: Laney 1:29.7, Merritt 1:29.9; C/O-88OR: BAS "A" 1:26.0, BAS "B" 1:28.9, CSH 1:30.3; C/O-DT: Powell (Un) 198-7, Born (BAS) 178-5 1/2, McCollum (CSH) 177-1 1/2; W-150Om: Claugus (WS) 4:39.6, Anex (WS) 4:40.3, Allen (Lassen) 4:47.5; HS-SMR: Sparks 3:43.0; C/O-SMR: CSH 3:30.4, SFS 3:35.2, Humboldt 3:35.5; W-MileR: SJCG 3:58.1, WS 4:03.1; HS-MileR: H. Johnson 3:29.9, OakTech 3:31.2, Pacific 3:32.4; JC-MileR: Laney 3:19.1, Merritt 3:27; C/O-MileR: BAS 3:17.8, UCD 3:23.2, SacSt 3:25.4; C/O-TJ: Stefes (BAS) 49-11 3/4, Gill (Un) 49-1, Fernandez (SFS) 49-0 1/2; JC-TJ: Goodlow (Laney) 42-10. /Bruce Drummond/

UCLA 101, Stanford 50: (April 7, Los Angeles) - LJ: McAlister (UCLA) 25-8 1/4; JT: Kotinek (UCLA) 216-6; SP: Schiller (UCLA) 60-7 3/4, Albritton (S) 59-7 1/4; 3000mSC: Mejia (UCLA) 9:10.8, Schoenrock (S) 9:13.3; 44OR: UCLA 40.2; PV: Mooers (UCLA) 16-0 1/4; Mile: Mittelstaedt (S) 4:04.9, McFadden (S) 4:05.7; 120HH: Rich (UCLA) 13.9; 440: Brown (UCLA) 47.3, (3) Anderson (S) 48.1; DT: Freberg (UCLA) 187-3; 440IH: Guerrero (UCLA) 53.0, Hogsett (S) ??, Kring (S) 54.9; 100: Peppers (UCLA) 9.7; 220: Curl (S) 21.7; 880: Vaney (UCLA) 1:51.3, Jackson (S) 1:53.0, Mittelstaedt (S) 1:53.3; TJ: Tiff (UCLA) 52-3, Utley (S) 49-1; 3 Mi: McConnell (S) 13:59.2, Sandoval (S) 14:06.4; HJ: Fletcher (UCLA) 7-0; MileR: UCLA 3:12.0, Stanford 3:17.2.

USC 91, Cal 54: (April 7, Los Angeles) - 44OR: USC 39.9, Cal 40.3; Mile: Bentz (C) 4:12.1, Amaya (C) 4:12.6; 120HH: Wilson (USC) 13.7; 440: Randle (USC) 46.9; 100: Quarrie (USC) 9.6, Burns (C) 9.8, Butler (C) 9.9; 880: Brown (C) 1:49.7, Baxter (USC) 1:50.6; 440IH: Coffman (USC) 52.2, Petralia (C) 52.2, Askey (C) 53.3; 220: Quarrie (USC) 21.0, (3) Burns (C) 21.4; HJ: Owens (USC) 7-2 1/4; TJ: Cochee (USC) 50-0 3/4, Lopen (C) 49-11 1/2, Conway (C) 48-11 3/4; 3 Mi: Schumulewicz (C) 13:51, Brown (USC) 13:53.8, Maxwell (C) 14:04.6; MileR: USC 3:10.5, Cal 3:11.8; LJ: Washington (USC) 24-5 1/2, (3) Conway (C) 22-11 3/4; JT: Kennedy (C) 250-3; PV: Pullard (USC) 16-6, Schwartz (C) 15-6 1/4; SP: Budincich (USC) 58-5 1/2, Luka (C) 55-5 1/2, Mannon (C) 54-1; DT: Adams (C) 169-2, Overton (C) 162-11.

Trojan Invitational: (April 14, Los Angeles) - 6 Mi: Brock (CW) 29:01.8; 44OR: USC 39.8, CI 39.9; SP: Feuerbach (PCC) 69-1 1/2, Woods (PCC) 67-8 1/2; Mile: Eashman (CSH) 4:03.9, Mittelstaedt (Stan) 4:04.0; LJ: Jackson (Army) 24-11; JT: Stuart (SCS) 257-9; 120HH: (I) White (SCS) 13.7w, (II) Wilson (USC) 14.3, Tipton (WVTC) 14.6 (15mph headwind); 440: Redd (SDTC) 46.6; (II) Peoples (ASU) 45.9; 100: (I) C. Smith (CI) 9.7, (II) S. Williams (SDTC) 9.7; 880: Baxter (USC) 1:49.8; TJ: Reader (CI) 52-1 1/4w; 440IH: W. Williams (SDTC) 50.8; 220: (I) S. Williams (SDTC) 21.2, (II) Deckard (CI) 21.4; PV: Isaksson (Swe) 17-0, Smith (PCC) 17-0, (4) Miguel (BAS) 16-0; DT: Powell (PCC) 208-11; HJ: Stones (PCC) 7-2 1/4, Brown (CPSLO) 7-1; Pent: Hedmark (Swe) 3588, Sobiesczyk (CW) 3501, Bakley (CW) 3363; 3 Mi: Crawford (Army) 13:33.0, Tibaduiza (Nev-Reno/WVTC) 13:44.2, Wagenbach (ELATC) 13:46.0, Thomas (CW) 13:50.8; MileR: SDTC 3:06.0 (Redd 45.5), USC 3:07.1. /Jon Hendershott/

All-Comers Meet: (April 14, Merritt College, Oakland) - 44OR: WVTC 45.7; Mile: Davis (Un) 4:18.3, McConnell (Un) 4:21.6, Smith (WVTC) 4:22.2, Langer (WVTC) 4:22.7; 120HH: Hendershott (WVTC) 16.5 (into wind); 100: (I) Rodgers (BAS) 9.9w, (II) (w) Rodgers (BAS) 10.0, Cruz (WVTC) 10.1; 880: Bay (WVTC) 1:56.3, Hansen (WVTC) 1:57.1, Wolfe (Un) 1:57.7, Jordan (WVTC) 1:58.0; 440IH: Hendershott (WVTC) 59.1; 220: Rodgers (BAS) 21.5 (Headwind), Rostege (WVTC) 23.4; 2 Mi: Geisel (WVTC) 9:14.6, Hogan (WVTC) 9:18.8, McConnell (Un) 9:29.4; MileR: WVTC 3:31.3;

PV: Chellew (Laney) 12-0; LJ: Hightower (Un) 22-3 1/2w, Pecker (Cal) 21-11 1/2; TJ: Hightower (Un) 44-4w, Paton (Cal) 43-6 1/4; HJ: Johnson (BAS) 5-8 (flop); SP: Bakkensen (Un) 50-4, Nave (WVTC) 44-7. /Jack Leydig/

Cal 79, Washington 66/Cal 96, Club NW 49: (April 14, Seattle) - LJ: Gough (CNW) 24-1 1/2, Conway (C) 23-5 1/2; JT: Luke (CNW) 274-5, Feldman (CNW) 271-3, Kennedy (C) 255-9; SP: Luka (C) 56-2, (3) Mannon 54-5 1/2; 44OR: Cal 41.1; Mile: Winger (W) 4:12.1, Hansen (C) 4:12.7, Bentz (C) 4:14.0; 120HH: Newing (W) 14.4; 440: Andrew (C) 48.6; 100: Burns (C) 9.6w, Butler (C) 9.7; 880: Brown (C) 1:52.0; HJ: LaVerdure (W) 6-10; 440IH: Mondschieen (W) 52.8, Petralia (C) 52.9; TJ: Clark (W) 49-5 1/2, (3) Lopez (C) 48-5; 220: Burns (C) 21.5, (3) Nichols (C) 21.8; PV: Weiding (C) 16-7 (school rec.), (3) Otter (C) 15-0; DT: Adams (C) 166-6, Overton (C) 166-5; 2 Mi: Johnson (CNW) 8:54.6, (3) Schumulewicz 9:07.9; MileR: Washington 3:19.0, Cal 3:19.0.

Santa Rosa Relays: (April 14, Santa Rosa) - Teams: Berkeley 67, El Cerrito 45, Petaluma 41, Montgomery 38. 88OR: Kennedy 1:28.5; SMR: Montgomery 3:31.5; 2MR: Petaluma 8:01.6, Redwood 8:06.0; 100: Shavers (Alb) 9.6, Jackson 9.7, Clark (Ells) 9.7; 440: Martinez (Pet) 49.7, Pulley (SM) 49.9, Cooper (Ells) 50.2; 2 Mi: Sisler (Pet) 9:31.6; 120HH: Bennett (Berk) 14.2, David (Pet) 14.5, Carrington (Mont) 14.5; 330IM: Woods (EC) 39.0, Simon (PV) 39.1, Bennett (Berk) 39.5; DT: Fruguglietti (Alb) 173-1 1/2, Elder (Red) 163-0; SP: Fruguglietti 59-9; HJ: Buzzard (Mont) 6-8 1/2; LJ: Cleghorn (Berk) 22-10, Woods (EC) 22-9 1/2, Shaffer (Berk) 22-4; PV: Phillips (DV) 13-0; TJ: Haynes (EC) 47-2, Shaffer (Berk) 47-0 1/2, Roy (Alb) 46-8.

Hill-Kiwanis Relays: (April 14, San Jose) - Teams: Gunn 36, Silver Creek 29, Los Altos, Westmont & Cupertino 25, St. Ignatius 23. -- 100: Hampton (SCr) 9.7, Sumpter (Mon) 9.8, Gillespie (W) 9.9; 220: Hampton (SCr) 21.7w, Rosenberg (DM) 21.8, Villereal (MVw) 21.8, Siirila (Buch) 21.9; 440: Villereal (MVw) 50.0, Siirila (Buch) 50.1, Young (Buch) 50.5; 880: Pabst (WG) 2:00.3, Herbert (Bal) 2:01.3; Mile: Crowley (Gunn) 4:22.3, Nahiry (Wash) 4:22.6, Kingery (SC) 4:23.9, Mahan (Ly) 4:25.9; 2 Mi: Ruffatto (Wash) 9:17.4, McCandless (W) 9:17.8, Sommer (Lei) 9:25.6, MacMitchell (Gunn) 9:27.6, Aguilar (SCr) 9:28.3; 120HH: Florant (PA) 14.0, Watts (Gunn) 14.2; 180LH: Florant (PA) 19.6, Mildbrant (Cup) 19.8; Garlick (Camp) 19.8, Watts (Gunn) 19.9, Napier (Ly) 20.1; SP: Davis (Cam) 54-1 1/2, Oberhelman (Gunn) 53-6 3/4; DT: Hickson (Le) 187-7, Pushkin (LA) 175-5, Allen (Ly) 168-4; HJ: Insley (Cup) 6-6, Lema (Cup) 6-6, Littleboy (Gunn) 6-4, Wiley (Bal) 6-4; PV: Hintz (Buch) 15-6 1/2, Turner (DM) 14-6 1/2, Bay (Gunn) 14-0; LJ: LeGrande (W) 23-0 1/2, McCarthy (Cup) 22-11, Marcki (Buch) 22-0 3/4; TJ: McCarthy (Cup) 48-4 3/4, LeGrande (W) 47-10 1/4, Wells (Bal) 46-9, Blakeney (Sea) 46-7 1/2; 44OR: Silver Creek 43.1, Los Altos 43.6, SI 43.7; MileR: Willow Glen 3:23.5, SI 3:24.5, Balboa 3:28.0; 2MR: Lynbrook 8:05.2, Leigh 8:05.8, Los Altos 8:07.1, San Carlos 8:09.3, Oak Grove 8:09.6; DMR: Gunn 10:30, Westmont 10:35.9, Los Altos 10:41.5, Leigh 10:46.6.

San Diego Relays: (April 14, San Diego) - Univ/Open--HT: Connelly (SCS) 203-9; SP: B. Wilhelm (NYAC) 60-11 1/2; 3 Mile: Mendoza (Gr) 13:45.3 (JC Red), Stewart 13:46.8, (6) Cary (WVTC) 14:11.0; 440IH: Bracy (CSN) 52.8; LJ: Phillips (SDS) 24-1/4; 100: (I) Payton (BAS) 9.5, Pettus (BAS) 9.5, Breddell (SJS) 9.5, (II) Briscoe (Ariz) 9.6, Ligons (BAS) 9.6, (4) Shields (BAS) 9.7, (Final) Payton (BAS) 9.5, (3) Breddell (SJS) 9.6, (6) Ligons 9.9; HJ: Joseph (Ariz) 7-0; Mile: Zuck (Ariz) 4:09.5, (5) Kelly (WVTC) 4:13.5; PV: Dias (BAS) 16-0; 120HH: Jones (CSN) 14.0; JT: Strickland (Ariz) 238-0; DMR: No. Ariz. 9:46.8; 440: Faager (USIU) 47.2, Bayless (BAS) 47.5; 3000mSC: Span (ASU) 9:10.6; TJ: Robinson (Ariz) 50-10 1/4; 44OR: BAS 40.6; DT: Gunzel (Ariz) 196-2, (3) Penrose (BAS) 187-3; 88OR: BAS 1:25.6; 2MR: No. Ariz. 7:40.0; 6 Mi: White (CSF) 28:21.6, Fredriksson (USIU) 28:24.4, Tomczak (TCTC) 28:39.4, Martinez (LBS) 28:53.4, (6) Covert (CSF) 28:57.6. /Kaj Johansen/

Woody Wilson Relays: (April 14, Davis) - W-HJ: Favorite (CSH) 5-2; JC-SP: Miller (Redwoods) 52-7 1/4; JC-LJ: Hanner (Sier) 21-11; Coll-HT: McCollum (CSH) 180-10, McCave (FP) 165-4; JC-PV: Cain (Redw) 14-0; JC-HJ: Cunningham (Ch) 6-4, Ross (Ch) 6-4, Frye (Ch) 6-4; JC-SMR: Shasta 3:31.9, Merritt 3:34.5; Coll-JT: Johnson (Puget) 233-3 1/4, Finney (Chico) 197-7 1/4; Coll-SP: Watt (Chico) 58-7, Anderson (FP) 57-2 1/4, Nelms (FSU) 54-1 3/4, McCollum (CSH) 54-0 1/2; Coll-SMR: Fresno Pac 3:28.9, Puget Sound 3:30.9, Chico 3:31.9, Fresno St. 3:32.5; JC-DMR: Chabot 10:31.4; Coll-DMR: UOP 10:09.4, UCD 10:10.4, Humboldt 10:10.7; Coll-LJ: Fernandez (SFS) 22-9 1/2, Trujillo (FP) 22-1, W-100mHH: Howe (Davis) 18.6; W-JT: Pickel (CSH) 161-2 1/2,

Cannon (Chico) 155-0 1/2; JC-DT: Gardner (Ch) 159-10, Miller (Red) 152-8; JC-120HH: Ligons (Ch) 14.8; Coll-120HH: Zulim (FSU) 14.9; W-88OR: Davis 1:47.5, CSH 1:48.7; JC-88OR: Chabot 1:29.9, Yuba 1:30.9; Coll-88OR: Fresno Pacific 1:29.5, Chico 1:29.7, Puget 1:29.7; W-Mile: Poor (UCD) 5:22.9; JC-2Mi: Anderson (Ch) 9:32.3, Flores (Y) 9:38.2; Coll-2Mi: Silva (Chico) 9:00.7, Smead (Hum) 9:04.0, Elijah (Hum) 9:06.2, Sheehan (UCD) 9:07.9, Caldwell (UOP) 9:08.4; JC-440IH: Fuller (Merr) 56.2, Moreno (Ch) 56.9; Coll-DT: McCollum (CSH) 177-6, Pipes (UCD) 172-9, Yourek (Chico) 170-6; JC-TJ: August (Ch) 45-9; Coll-440IH: Zulim (FSU) 54.0, Skinner (UCD) 54.1, Cain (SFS) 55.4; Coll-HJ: Robinson (CSH) 6-8, Coleman (Sac) 6-8, Sullivan (Chico) 6-8, Richardson (FSU) 6-6, Schneider (CSH) 6-6; Coll-PV: Hardison (FP) 16-0, Shattuck (UCD) 15-0, George (FSU) 15-0; JC-2MR: Shasta 8:09.8; Coll-2MR: Fresno St. 7:46, Humboldt 7:51.8, UC Davis 7:57.5, UOP 8:02.4; W-44OR: Chico 50.8, UC Davis 50.8; JC-44OR: Chabot 42.8, Merritt 42.9; Coll-44OR: Fresno Pacific 42.6, Chico 42.7, CSH 43.2; JC-MileR: Chabot 3:21.8, Shasta 3:24.2, Merritt 3:25.4; Coll-MileR: UCD 3:20.0, Fresno Pacific 3:20.4, Chico 3:21.8; Coll-TJ: Moore (Sac) 48-2, Foreman (CSH) 48-1 1/4, Rowe (Puget) 47-7, Fernandez (SFS) 47-3 1/4, Trujillo (FresnoPac) 47-1 1/2.

Four-Way Junior College Meet: (April 21, San Jose) - American River, San Jose CC, West Valley College & Fresno City College. 100: Crumpler (WV) 10.0, Craven (SJ) 10.0; 440: Gonzales (WV) 50.1, Cooper (SJ) 50.4; 880: Pick (SJ) 1:56.2, Hanniger (WV) 1:58.1; Mile: Hall (F) 4:22.2, Sanchez (SJ) 4:26.3; 2 Mi: Schaechterle (AR) 9:30.1, Phelan (AR) 9:34.8; 120HH: Wright (SJ) 14.5, Stokes (AR) 14.6; 440IH: Wright (SJ) 55.8, Fisher (SJ) 56.9; 44OR: Fresno 43.0, WV 43.2; 88OR: San Jose 1:30.3, Fresno 1:32.5; MileR: WV 3:25.8, AR 3:29.4, SJCC 3:29.7; HJ: Ross (SJ) 6-8, Mackey (SJ) 6-8, Murphy (AR) 6-6; PV: Flint (F) 14-6, (tie) Lee (SJ) and Verstrepn (SJ) 14-0; LJ: Triplett (WV) 22-5 1/4, DiSalvo (SJ) 21-9; TJ: Triplett (WV) 47-11 3/4, Greenman (F) 46-7 1/2, Williams (SJ) 45-11 1/2; SP: Boyd (F) 51-3; DT: Fleming (SJ) 151-2; JT: Akin (AR) 169-1. /Bonanno/



CAL'S BRUCE KENNEDY, ABOUT TO LET GO WITH HIS 259-8 TOSS THAT NETTED HIM FIRST IN THE UCLA MEET, AND UPPED HIS SCHOOL RECORD BY SOME FOUR FEET. /John Marconi/

UCLA 114, CAL 31: (April 21, Berkeley) - 44OR: UCLA 40.3, Cal 40.5; Mile: Bentz (C) 4:11.3; 120HH: Jackson (UCLA) 13.8, (3) Hampton (C) 14.3; 440: Gaddis (UCLA) 48.0, (3) Bonner (C) 48.9; 3000mSC: Davis (C) 9:16.2; 100: Welch (UCLA) 9.6, (3) Burns (C) 9.8; LJ: McAlister (UCLA) 25-2 3/4; SP: Schiller (UCLA) 60-5; JT: Kennedy (C) 259-8; 880: Brown (C) 1:52.5; 440IH: Guerrero (UCLA) 52.8, Askey (C) 53.6; HJ: Arnold (UCLA) 6-10, (3) MacFarland (C) 6-8; 220: Gaddis (UCLA) 21.7; DT: Gordon (UCLA) 184-9, (3) Adams (C) 168-9; 2 Mi: Mejia (UCLA) 8:57.6, (3) Duffey (C) 8:58.6; TJ: Freeman (UCLA) 52-10 3/4, (3) Lopez (C) 50-2 1/4w; MileR: UCLA 3:10.5, Cal 3:13.5; PV: Tracaneili (UCLA) 16-6, Weidig (C) 16-0, Otter (C) 16-0.

USC 80, Stanford 73: (April 21, Berkeley) - 3000mSC: Dalen (USC) 9:22.6; 44OR: USC 41.4, Stanford 42.1; Mile: Mittelstaedt (S) 4:08.3, McFadden (S) 4:12.4; 120HH: Wilson (USC) 14.2, (3) Bagshaw (S) 14.4; 440: J. Anderson (S) 48.3; 100: Curl (S) 9.6; SP: Albritton (S) 58-8 3/4, Bakkensen (S) 52-3 1/4 (3rd); LJ: Williams (USC) 24-8 3/4w, T. Anderson (S) 24-0 3/4; JT: Hopkins (S) 201-1, Larson (S) 199-6; DT: Dreissigacker (S) 164-10, Howard (S) 162-1, Royer (S) 160-8; TJ: Utley (S) 49-9 1/4, (3) Ho (S) 45-8; 880: Burks (USC) 1:53.7, Jackson (S) 1:54.4; HJ: Owens (USC) 6-10, (3) Anderson (S) 6-4; 440IH: Coffman (USC) 53.0, (3) Hogsett (S) 54.0; 220: Curl (S) 21.3; 2 Mi: Mittelstaedt (S) 8:51.0, (3) Sandoval (S) 9:01.0; MileR: USC 3:13.9, Stanford 3:16.5; PV: Pullard (USC) 16-6, Kring (S) 14-6.

NorCal Relays: (April 28, San Jose) - 120HH: Foster (F) 14.3, Ligons (Ch) 14.4, Alexander (Fr) 14.4; 100: Watson (CC) 9.9, Brown (DV) 10.0, Rossner (DV) 10.0; 2 Mi: Remak (DA) 9:22.8, Rodriguez (SJD) 9:26.4, Chamness (F) 9:27.6, Immethun (L) 9:30.8, Bunnell (COM) 9:33.2; 440IH: Roesky (DA) 53.6, Fields (SF) 54.0, Foster (F) 54.4; DMR: AR 10:11.6, DVC 10:12.0, Fresno 10:15.8; 44OR: CCC 41.8, Fresno 42.0, Chabot 42.1, SJCC 42.3, CCSF 42.3; SMR: Laney 3:26.7, CCC 3:27.1, CCSF 3:27.6; 2MR: Delta 7:46.8, Sac'to 7:50.6, West Vly 7:55.8, Fresno CC 7:59.6; 88OR: CCSF 1:28.9, CCC 1:30.3, Chabot 1:30.6, Fresno 1:30.7; SH-Rly: Fresno 55.8, Foothill 55.8, Chabot 57.3; 4MR: Amer. River 17:43.4, Fresno 17:49.2, San Mateo 17:52.8; MileR: Laney 3:15.5, CCSF 3:16.7, West Vly 3:19.4, Modesto 3:20.0; PV: Kearns (Mod) 15-6, Verstrepn (SJ) 15-6, Flint (Fr) 15-0, Seglia (DA) 15-0; LJ: Davis (SF) 24-0 1/2, Duncan (Sac) 23-3, Byrd (Ch) 22-7; HJ: Miller (DV) 6-8, Ross (SJ) 6-6, Mackey (SJ) 6-6, Ross (Ch) 6-6; DT: Gardner (Ch) 159-6, Buss (F) 154-0, Patterson (F) 151-0; JT: Ryan (F) 193-7; SP: Daniels (Sac) 51-9 1/2, Boyd (Fr) 51-3 1/2, Bealer (Mod) 50-0, Masterson (DA) 49-2; TJ: Byrd (Ch) 47-7 1/4, Triplett (WV) 47-4 1/4, Brewer (Sac) 46-5 1/4, Johnson (Fr) 46-5 1/2, Porter (F) 46-3 1/4. Teams: Fresno 54, Amer. River 46, Chabot 36. /Bert Bonanno/

El Cerrito Relays: (April 28, El Cerrito) - SMR: Montgomery 3:32.4, El Cerrito 3:33.2; DMR: Antioch 10:31.3; SH-Rly: Vallejo 35.9, Antioch 36.7; 44OR: Kennedy 41.9, El Cerrito 42.9; 2MR: Irvington 8:14.7; 100: Huey (V) 9.8, Jackson (Ken) 9.9, Shavers (Alb) 10.0; 120HH: Cooper (Ells) 14.8, Barnes (Hay) 14.8; 88OR: Kennedy 1:28.2, El Cerrito 1:30.6; SLH-Rly: Vallejo 54.4, Kennedy 55.1; MileR: El Cerrito 3:24.1, Montgomery 3:26.9, Vallejo 3:27.2; SP: Frugulietti (Alb) 59-11, Olenchalk (An) 56-3; PV: Lennen (Carl) 14-0, Baer (EC) 13-9; TJ: Haynes (EC) 47-1 1/2, Smith (Hwd) 46-2 3/4; LJ: Huey (V) 23-2, Woods (EC) 23-1, Graybell (LL) 22-4 3/4; HJ: Buzzard (Mont) 6-4; DT: Ottersutter (Mar) 172-4, Frugulietti (Alb) 164-2. Teams: El Cerrito 55, Kennedy 48, Vallejo 45. /Hale Roach/

Orinda Invitational: (April 28-9, Orinda) - WOMEN: -- 100m: Loverock (BC) 12.0, Miller (RJ) 12.1, Byfield (B) 12.2, Riggs (RR) 12.3; 200m: Bailey (BC) 24.2, Shaddwick (BC) 24.5, Byfield (B) 24.9, Miller (RJ) 25.0; 400m: Poor (SJCG) 56.0, Weston (WS) 56.2, Roberge (BC) 57.5; 800m: Crowley (BC) 2:11.8, Larriau (SJCG) 2:16.7, Claugus (WS) 2:18.8; 1500m: Bachelor (BC) 4:39.5, Vicki Eberly (SJCG) 4:45.4, Haberman (SJCG) 4:47, Anex (WS) 4:51.5; 3000m: Claugus (WS) 9:47.6, Anex (WS) 10:06, Val Eberly (SJCG) 10:14.4, Adams (WS) 10:24.3; 100mHH: Taylor (BC) 14.3, Sherrard (SRR) 15.1, Pellaud (BC) 15.2; 400mH: Pellaud (BC) 66.4, Snyder (WS) 68.2; Mile Walk: Weimer (WS) 9:00, Morr (WS) 9:52, Dunbar (F) 10:05; 44OR: Brit. Col. "A" 46.9, BTC 48.1, BC "B" 48.6, RJ 49.0, MLTC 49.2; 880MedRly: BTC 1:46.4, BC 1:48.4, SJCG 1:50.0, RJ 1:51.5; MileR: BC 3:55.4, WS 4:09.2, SJCG "A" 4:09.2; 2MR: WS "A" 10:25.0; HJ: Williams (BC) 5-7, (tie) B. & K. McQuillan (WS) 5-4; LJ: Elmore (MLTC) 17-5 1/4, (tie) Winlock (CD) & Budd (BC) 17-0; SP: Wright (F) 39-7 3/4, Trimble (Un) 38-8 1/2; DT: Langford (MLTC) 145-4, Kletchke (MLTC) 144-3; JT: Kern (BC) 156-1, Langford (MLTC) 131-3. -- In the 10-11 division, Susan Springer threw the shot (6#) to a new national mark of 36-11 1/4. /Don Bailes/

Mt. SAC Relays: (April 27-9, Walnut) - Complete results of local athletes were not available. Only limited results appear here. -- 10,000m: Stewart (WVTC) 29:40.2 (28:48.0y); SP: Fueerbach (PCC) 70-9, (3) B. Wilhelm 64-4; DT: Powell (PCC) 212-11, (5) Penrose (BAS) 194-10; JT: Luke (CNW) 267-3, (3) Kennedy (Cal) 254-2; 44OR: USC 40.5, BAS 40.5; SMR: Cal 3:22.3; DMR: Stanford 9:51.2. /Track & Field News/

Golden Gate Conference Meet: (May 4, Diablo Vly. Coll.) - 44OR: CCSF 41.8, DVC 41.8, Chabot 42.0; Mile: Hayes (L) 4:13.2, Guichard (DV) 4:16.7, Sanchez (SJ) 4:18.8; HJ: Miller (DV) 6-9,



(LEFT) - LANEY'S JAMES ROBINSON LEADS THE NATION'S JUNIOR COLLEGES IN THE 880 WITH A 1:49.1 CLOCKING. HE'S SHOWN HERE IN A MEET AGAINST DELTA COLLEGE. (RIGHT) - MELVIN HAYES, A 4:11 MILER, IS SHOWN LEADING STATE JC MILE CHAMP, AL BUENROSTRO OF DELTA. /Mina/

Cunningham (C) 6-7, Cox (DV) 6-7, Ross (SJ) 6-7; LJ: Byrd (C) 23-9, Butler (DV) 22-6, Clark (CSM) 22-5 1/4; DT: Gardner (C) 171-1, Patterson (F) 158-10; 120HH: Ligons (C) 14.4, Foster (F) 14.6; 440: Deckard (L) 48.2, Washington (SF) 48.6, Peters (L) 49.3; 100: Rossner (DV) 9.8; 880: Robinson (L) 1:49.1, Morgan (SF) 1:49.8, See (DV) 1:53.4, Guichard (DV) 1:55.6, Currey (CSM) 1:55.6; 440IH: Fieles (SF) 53.5, Foster (F) 54.2, Chambers (DV) 54.5; SP: Sitton (DV) 48-7 1/4; 220: Rossner (DV) 22.5, Wilder (SF) 22.6; PV: Verstreppen (SJ) 15-1 1/2, Lee (SJ) 14-0; 3 Mi: Van Dine (CSM) 14:14, Anderson (C) 14:39, Carvey (CSM) 14:40.8; TJ: Byrd (C) 52-0 (JC Natl. Rec.), Williams (SJ) 48-1 3/4, Jacobs (SF) 47-8; MileR: Laney 3:15.9, CCSF 3:20.1, Chabot 3:21.7, Merritt 3:21.9, DVC 3:22.5.

Cal 84, Stanford 70: (May 5, Stanford) - 100: Curl (S) 9.9, Nichols (C) 10.0, Smith (C) 10.0; 220: Nichols (C) 21.2, Curl (S) 21.4, J. Anderson (S) 21.8; 440: J. Anderson (S) 47.9, Bonner (C) 48.6, Alexander (C) 48.7; 880: Brown (C) 1:50.1, Bentz (C) 1:52.5, Jackson (S) 1:53.9; Mile: Mittelstaedt (S) 4:04.4, McFadden (S) 4:09.1, Hansen (C) 4:10.4; 440R: Cal 41.4, Stanford 42.3; 2 Mi: Mittelstaedt (S) 8:57.0, McConnell (S) 9:02.0, Duffey (C) 9:08.2; 120HR: Bagshaw (S) 14.1, Hampton (C) 14.7, Menzel (C) 15.0; 440IH: Petralia (C) 52.5, Bagshaw (S) 52.6, Askey (C) 53.9; MileR: Cal 3:16.1, Stanford 3:23.6; 3000mSC: Davis (C) 9:11.0, Maxwell (C) 9:21.0, Betschart (C) 9:22.0; TJ: Lopez (C) 49-10 1/2, Utley (S) 49-3 1/4, Toliver (S) 47-11 1/2; PV: Otter (C) 16-0, Schwartz (C) 15-0, Kring (S) 14-6; LJ: T. Anderson (S) 23-2 1/2, Kring (S) 22-6, Lucas (C) 22-4 1/2; SP: Albritton (S) 61-6 1/2, Luka (C) 59-2 1/2, Mannon (C) 55-1 1/2; JT: Kennedy (C) 230-9, Hopkins (S) 213-11, Larson (S) 200-7; HJ: MacFarlane (C) 6-8, T. Anderson (S) 6-6, Thompson (C) 6-6; DT: Howard (S) 172-9, Adams (C) 171-6, Dreissigacker (S) 169-2, Albritton (S) 164-3, Royer (S) 162-4. /Marshall Clark/

Castro Valley Invitational: (May 5, Castro Valley) - 120HH: Florant (PA) 13.9, Barnes (Hay) 14.1; 440R: Kennedy (Rich) 43.0; 880: Rose (CV) 1:56.4, Piccillo (Pac) 1:57.3, Lynch (SSF) 1:58.4; 100: Glass (Cstl) 9.8; 330IH: Sexton (Newark) 39.7; Mile: MacMitchell (Gunn) 4:17.7, Lathrop (SMR) 4:19.4, Quintana (SL) 4:22.1, Sisler (Pet) 4:22.7; 440: Villareal (MV) 49.7, Hazelwood (Mor) 49.8, Pullay (StM) 50.5, Henkle (SSF) 50.7; 180LH: Barnes (Hay) 19.3, Blackshire (MSJ) 19.9, Rapides (Ken) 19.9; 220: Glass (Cstl) 22.0, Burt (Nwk) 22.5, Clark (Ken) 22.6; SP: Fruguglietti (Alb) 59-6, Watters (Skyl) 56-5; 2 Mi: Quintana (SL) 9:19.0, Sweeney (Red) 9:21.2, Barnett (Hills) 9:24.0, Martinez (Al) 9:24.6; MileR: Fremont 3:23.4, Kennedy 3:25.4, SSF 3:25.7; DT: Hickson (Leland) 194-2, Fruguglietti (Alb) 176-1, Otterstetter (Mar) 163-9, Sizemore (Linc) 161-2; PV: Garber (Liv) 12-6; HJ: Kraft (MSJ) 6-4, Lowey (TL) 6-2, Walker (StM) 6-2; LJ: McRae (Skyl) 21-1, Smith (Hay) 20-10; TJ: Wells (Bal) 44-10 1/2, Smith (Hay) 44-7, McKenney (Hills) 44-5 1/2. /Guest/

Santa Cruz Relays: (May 5, Santa Cruz) - LJ: LeGrande (Wst) 21-11 1/2; SP: Davis (Cam) 53-2 1/2; DMR: Westmont 10:31.0; Mile: Gruber (Apt) 4:18.9, Munoz (Wats) 4:24.4, Sommer (Leigh) 4:24.4; 440R: Monterey 43.5; 120HH: Cameron (LL) 14.8; 100: Gillespie (Wstmt) 9.8, Sumpter (Mont) 9.9; SMR: Willow Glen 3:35.4; 2 Mi: McCandless (Wstmt) 9:25.3; HJ: Marriot (Cam) 6-0; 880R: Monterey 1:33.1; 2MR: Westmont 8:20.6; PV: Meakin (SCz) 13-6, Sutton (Soq) 13-6; TJ: Blakney (Sea) 46-0 1/2; DT: Hickson (Leland) 191-11; MileR: Alisal 3:30.8. /Nick Delurgio/

Camino Norte Conference Finals: (May 5, Contra Costa College) - (All jumps, sprints, and hurdles are wind-aided). JT: Swartzell (Skyl) 164-3 1/2; SP: Masterson (DA) 46-11; 440R: CCC 42.1, Solano 42.8, Skyline 42.9; Mile: Hughes (CCC) 4:19.1, Hopp (WV) 4:24.3; 120HH: Pierce (Skyl) 14.5, Knezevich (WV) 14.5, Wallace (Sol) 14.8; 440: Pruitt (CCC) 49.6, Crumler (WV) 49.6, Gonzales (WV) 49.9; 100: Gaines (NP) 9.6, Watson (CCC) 9.7, Brown (Sol) 9.8, Gregory (WV) 9.8, Smith (CCC) 9.8; 880: Kinn (COM) 1:56.0, Hicklin (Skyl) 1:56.4, Hughes (CCC) 1:57.7; HJ: Dawson (NP) 6-9 (non-scoring), Geske (Sol) 6-7, Kermabon (Skyl) 6-7, Christensen (Skyl) 6-6; 220: Gaines (NP) 21.7, Snyder (Skyl) 21.8, Watson (CCC) 21.8, Jenkins (Sol) 21.8, Brown (Sol) 21.8; LJ: Urmann (SR) 24-3 3/4, Triplett (WV) 23-6 3/4, Thomson (Sol) 22-8; DT: Harbottle (WV) 152-0 1/2; 440IH: Roskey (DA) 54.3, Wyatt (Skyl) 54.6, Goodyear (Sol) 56.3, Pierce (Skyl) 56.5; 3 Mi: Remak (DA) 14:41.2, Schelegle (Skyl) 15:02.5; MileR: Skyline 3:21.7, West Valley 3:25.0, CCC 3:25.0, DeAnza 3:26.0; PV: Trueman (Skyl) 14-6, Lynn (Sky) 14-6, Ceglia (DA) 14-6, McCray (SR) 14-0; TJ: Triplett (WV) 49-9 3/4, Redd (CCC) 48-3 1/2, Dawson (NP) 46-9. /Phil Clifton/

Ceres Invitational: (May 5, Ceres) - Abbreviations: S = Small School, M = Medium School, L = Large School. -- 120HH: (S) Verduzco (Gus) 15.5; (M) Beavers (Cer) 15.1; (L) Davis (Mod) 14.5, Taylor (Dav) 14.8; 180LH: (S) Verduzco (Gus) 19.9; (M) Beavers (Cer) 20.4; (L) Davis (Mod) 19.2; 100: (S) Shipley (Rip) 10.1; (M) Vonich (Son) 10.2; (L) Harris (Log) 9.9; 440: (S) Csolak (Hu) 52.1; (M) Landrum (Lib) 51.4; (L) Moore (Dav) 50.4, Peters (Man) 50.5; Mile: (S) Arreyque (Or) 4:36.5; (M) Tucker (EU) 4:33.1; (L) Nahirny (Wash) 4:16.6, Taylor (Merc) 4:17.2, Trail (Dow) 4:24.6; 440R: (S) LeGrand 45.0; (M) Palma 45.3; (L) Merced 44.7; SMR: (S) Amador 3:43.6; (M) PacGrove 3:44.2; (L) Merced 3:37.8; HJ: (S) Little (Hu) 6-4 1/2; (M) Lasater (Lib) 6-2; (L) Ridge (Mer) 6-10; LJ: (S) Ryan (Jac) 21-3; (M) Inge (SM) 22-7; (L) Bailey (Dav) 22-8, Wheeler (Mer) 21-7 3/4; PV: (S) Williams (Hil) 14-0, Foyil (AmCo) 13-4; (M) Moran (Liv) 13-0; (L) Lewis (Wash) 13-0; SP: (S) Azevedo (Hu) 50-7; (M) Selbicky (PG) 53-6, Schmidt (Cer) 52-6; (L) Thompson (Dav) 56-0, Young (Wash) 53-10 3/4, Whited (Dow) 53-5; 2 Mi: (Open) Kimball (DLS) 9:01.3, Ruffatto (Wash) 9:21.0, Kingery (SC) 9:24.1, Geiken (Cubb) 9:24.3; MileR: Lincoln 3:28.6, Manteca 3:30.5. /Al Brenda/

San Jose Invitational: (May 5, San Jose) - W-100mHH: Carlson (SRR) 15.0, Sherrard (SRR) 15.4, Pickel (Int) 15.5; Sr-Mile: Napier (WVJS) 4:39.9, Wood (NCSTC) 4:54.5, Haynes (NCSTC) 4:55; 6 Mi: Kretz (Un) 29:51.2, Geisel (WVTC) 29:51.4, DeVoe (SJS) 30:48.6, Howell (SJS) 30:58.4; 2 Mi-Walk: Henderson (Army) 14:20.8, Kitchen (Un) 14:27.6, Glusker (WVTC) 15:28.6, Duran (WVTC) 15:36.4, Adriano (WVTC) 15:39.0; W-100m: Byfield (BTC) 11.7, Riggs (Wash) 11.9, Miller (RJ) 11.9, Robinson (BTC) 11.9; W-800m: Larrieu (SJCG) 2:08.9, Mullins (SRR) 2:15.0, Anex (WS) 2:16.1, Nelson (SVTC) 2:17.1; 3000mSC: Dare (WVTC) 9:10.6, Hurst (SJS) 9:21.0, Trachok (Nev) 9:27.4; 440R: Army 41.5, BAS 41.7, LBS 42.2; JT: Burns (BAS) 240-11, Harriman (BAS) 201-5, Moshos (BAS) 185-3; W-440R: BTC 47.2, RJ 48.0, MLTC 48.7, SRR 49.1; Mile: Schilling (SJS) 4:02.5, Crawford (Army) 4:05.3, Stewart (WVTC) 4:08.8, Kelly (WVTC) 4:09.6; 120HH: Tinnin (SJS) 13.8, Carty (BAS) 13.9, Whitley (SJS) 14.1, Tipton (WVTC) 14.2; 440: Maas (SJS) 48.2, Dees (BAS) 48.3, Sprink (SJS) 48.3, Geld (CP) 49.5; SP: Feuerbach (PCC) 71-7 (World Record, breaking Randy Matson's old mark of 71-5 1/2)...series average of 70-2 1/8 is best-ever, breaking Matson's 69-6 3/4,



LONG BEACH CATCHES SAN JOSE'S ANCHORMAN DENNIS MAAS AT THE END OF AN EXCITING MILE RELAY AT THE SAN JOSE INVITATIONAL./Stock/

Woods (PCC) 67-0 1/2, R. Marks (BAS) 62-9; W-400m: Weston (WS) 55.5, Hammond (SRR) 56.1, Poor (SJCG) 56.7; LJ: Rainwater (Un) 25-8w, M. Anderson (Un) 25-3 3/4w, Wright (SJS) 25-1w, Rogaway (BAS) 24-8w; 100: (w) Payton (BAS) 9.2, Deckard (CI) 9.2, Smith (CI) 9.2, Ligons (BAS) 9.4; HJ: Brown (CPSLO) 7-2, Ferragne (Un) 7-0, Stones (PCC) 7-0, Curtis (SJS) 6-10; 880: Michael (UOP) 1:52.4, Giannoulas (SJS) 1:53.1, Falla (Un) 1:54.5, Har-matz (SJS) 1:54.7; 440IH: Walls (Un) 52.7, Lee (BAS) 53.2, Leek (SJS) 53.4, Mercer (SJS) 54.6; PV: Smith (PCC) 17-2, Dias (BAS) 16-6, Hamer (CPSLO) 16-0; 220: Smith (CI) 20.5w, Deckard (CI) 20.6, Breddell (SJS) 20.9, Brown (CI) 21.3; Sr-220: Guidet (NCSTC) 24.2, Radimaker (NCSTC) 24.5, Melgosa (NCSTC) 24.7, Man-ugian (NCSTC) 24.8; W-200m: Byfield (BTC) 24.6, Miller (RJ) 24.7, Robinson (BTC) 24.9, Riggs (Wash) 25.0; 3 Mi: Duffy (Nev/WVTC) 13:43.6, Colson (Army) 13:55.2, Granillo (BJC) 13:57.4, Yockem (SBAA) 13:59.2; TJ: Tucker (CSLB) 53-7 1/4, Gill (BAS) 52-6 1/2, Dupree (CSLB) 50-8, Johnson (BAS) 49-8 1/2 (all windy); MileR: Long Beach 3:16.0, San Jose St. 3:16.0, Cal Poly SLO 3:17.3, Army 3:21.3; W-1500m: Claugus (WS) 4:33.6, Val Eberly (SJCG) 4:41.0, Haberman (SJCG) 4:41.5, Vicki Eberly (SJCG) 4:43.9; DT: Powell (PCC) 218-7, Vollmer (NYAC) 214-2, Ordway (PCC) 192-11, (5) Kennedy (BAS) 188-3, (6) Penrose (BAS) 183-9, (7) Davis (BAS) 181-4. /Jon Hendershott/

All-Comers Meet: (May 6, Fairfield, CA) - DT: Powell (PCC) 216-10, Vollmer (NYAC) 211-2, Ordway (PCC) 198-11, (5) Kennedy (BAS) 193-4, (6) Penrose (BAS) 193-3...Second flight: Powell 219-0 (longest in world this year) (3rd performer, 6th performance all-time US), Vollmer 211-10, Penrose 206-9 PR, Ordway 204-0, (6) Kennedy 191-2, (7) Davis (BAS) 186-7. /Hendershott/

NorCal JC Trials: (May 9, Kentfield) - TJ(w): Krebs (Foothill) 51-11 1/2. /Hendershott/

MVAL Championships: (May 11, Irvington HS, Fremont) - Teams: Irvington 54, Logan 54, Newark 47, Mission San Jose 41, Wash-ington 38, JFK 22. 880: Nahirny (Wash) 1:59.5; Mile: Nahirny 4:24.8; 2 Mi: Ruffatto (Wash) 9:37.3; 120HH: Marshall (N) 14.7, Eisen (L) 14.9; 180LH: Blackshire (MSJ) 19.5, Eisen (L) 19.6, Sexton (N) 19.8; HJ: Kraft (MSJ) 6-6 1/2, Cummings (I) 6-4. /Mike Shaughnessy/

AIAW Women's Natl. Collegiate Championships: (May 11-12, Hay-ward) - Teams: Texas Women's Univ. 64, Cal-State Hayward 40, Cal-State LA 28, Seattle Pacific 27, UC Davis 26, Univ. of Illi-nois 22-1/2. 2 Mi-Exhib.: Miller (SP) 11:18.5, Freedenburg (WS) 11:23.1; SP: Mathews (SP) 47-8, (4) Wright (Fresno St) 41-7; 200mH: Linsenmeyer (OklaSt) 28.7; 440: West (Ill) 55.2, Scott (CSLA) 55.6, Poor (UC Davis) 55.9; 880MedR: CSLA 1:47.8, UC Davis 1:49.8, Cal-State Hayward 1:50.4; 100: Davis (TWU) 10.6, (4) Green (CSUN) 10.8; LJ: Betts (CSLA) 19-2 1/4, King (CSH) 18-9 1/2; Mile: Hansen (CSUN) 4:54.1, Dobratz (Ore) 4:57.6; DT: Mathews (SP) 152-10, Langford (SJS) 151-0, Wright (FSU) 141-10; 100mH: Taylor (W.Wash) 14.2, Donnelly (CPSLO) 14.3, (4) King (CSH) 15.0; 220: Green (NCU) 24.2; 880: Mullen (SRR) 2:11.0, (3) Dennis (CSUN) 2:12.1, (4) Shafer (CSH) 2:13.8; JT: Pickel (CSH) 164-3, Langford (SJS) 150-7, (7) Spangler (CSLA) 136-5; 440R: TWU 46.7 (Record), (4) Chico St. 49.8, (5) CSH 49.9; HJ: Reid (TWU) 5-8, (3) Favorite (CSH) 5-5; MileR: TWU 4:00.1, UC Davis 4:01.2, (6) Chi-co St. 4:12.7; Pentathlon: Fre-derick (Colorado) 3870, (4) Mason (UC Davis) 2383. /Jim Santos/



MERCED HIGH'S MARK RIDGE
CLEARED THE BAR AT 6-10 IN
THE CERES INVITATIONAL.
/Al Brenda/

West Coast Relays: (May 11-12, Fresno) - 440IH: Bolding (PCC) 51.0; 5000m: Wagenbach (ELATC) 14:28.7, Frederiksson (USIU) 14:35.6, (4) Camp (Navy) 15:13.2; DT: Silvester (Un) 203-9, Powell (PCC) 202-4, Penrose (BAS) 190-9; JT: Schmidt (PCC) 266-9; HT: Frenn (SCS) 206-7; 2MR: USC 7:32.4, (3) Nevada/Reno 7:50.4; 100: S. Williams (SDTC) 9.1 EWR; PV: Richards (PCC) 17-6; LJ: R. Williams (USC) 26-3 1/2; 880: Sandison (CNW) 1:51.8; Mile: Ma-lan (SAfr) 4:06.0; 2 Mi: T. Smith (AIA) 8:55.2; 3000mSC: Ndoo (Ken-ya) 9:01.6, Dare (WVTC) 9:09?; 120HH: Rich (UCLA) 13.5, (3) Tin-nin (SJS) 13.8; HJ: Brown (CPSLO) 7-2; TJ: Tiff 54-1 1/4, (5) Gill (BAS) 51-3 1/4; SP: Feuerbach

(PCC) 69-11 1/4, Marks 62-2; 440R: CITC 39.8; MileR: UCLA 3:08.2; -- (JC Events) -- 2MR: Bakersfield 7:44.7, (4) Diablo Valley 7:49.1, (5) SJ Delta 7:51.7; 2 Mi: Hall (Fresno) 9:01.7, (5) Schaechterle (AR) 9:10.5; DMR: Laney 10:01.1, Delta 10:01.7; DT: Gardner (Chab) 161-4; PV: Vestrepen (SJ) 16-0, (7) Trueman (Skyl) 15-6; 440IH: Foster (Foothill) 53.4; LJ: Duncan (SacCC) 24-1 1/2, (3) Byrd (Chab) 23-6 1/2, (4) Car-ter (CCC) 23-1 1/2; TJ: Triplett (WV) 49-2, Dawson (NP) 48-7; 100: Jackson (Mrpk) 9.6, (4) Watson (CCC) 9.6, (5) Gaines (NP) 9.6; HJ: Winston (LACC) 6-10, Mackey (SJCC) 6-10, Miller (DV) 6-10; MileR: Bakersfield 3:12.9, (3) Laney 3:17.8, West Val-ley 3:18.3. --- No other details available. A complete set of results was sent for, but never received.

NCS Division I Finals: (May 16, Hayward) - Teams: Berkeley 42, El Cerrito 30, JFK (Rich) 21, Harry Ells 17, Washington 17, Mission San Jose 13. 100: Jackson (JFK-R) 9.9; 220: Jackson (JFK-R) 21.6, Jordan (Berk) 22.1; 440: Cooper (Ells) 49.6, Pulley (StM) 49.9, Hazelton (Mor) 49.9; 880: Rose (CV) 1:57.0, Rufford (Berk) 1:58.4; Mile: Nahirny (Wash) 4:19.2, Gallagher (Nwk) 4:24.4, Burrough (DA) 4:25.3; 2 Mi: Kimball (DLS) 9:06, Ruffatto (Wash) 9:12.1, Quintana (SL) 9:28.3; 120HH: Cooper (Ells) 14.4, Barnes (Hay) 14.5, Bennett (Berk) 14.6; 180LH: Woods (EC) 19.7, Blackshire (MSJ) 19.8, Barnes (Hay) 19.8, Bennett (Berk) 19.8; 440R: JFK-R 42.5, Berkeley 42.8; MileR: Berkeley 3:23.5, EC 3:25.6; HJ: Kraft (MSJ) 6-8, Quesada (En) 6-4; LJ: Cleghorn (Berk) 23-7, Woods (EC) 23-4 1/2, Shaffer (Berk) 23-4; TJ: Haynes (EC) 47-5, Bonner (Rich) 46-11 1/2; SP: Ackerman (Sun) 56-4, Johnson (Berk) 55-11; DT: Amdahl (PV) 161-2 1/2, Akin (Rich) 158-4; PV: Lewis (Wash) 13-6. /Mike Shaughnessy/

PCAA Championships: (May 18-19, Santa Barbara) - Teams: SJS 152-1/2, LBS 113, Fresno 69, UCSB 40-1/2, LA State & San Diego St. 37 each, UOP 15. -- HT: Lockwood (LB) 170-4, Giroux (FSU) 164-7; PV: Rock (SJS) 16-0, Van Kirk (SJS) 15-0; DT: Nelms (FSU) 165-2, (3) Kirschenman (SJS) 158-6; TJ: Tucker (LB) 50-9 1/4, (4) Terry (SJS) 48-8 3/4; 3000mSC: Hurst (SJS) 9:13.6; 6 Mi: Pryor (LB) 29:05.4, (3) DeVoe (SJS) 29:29.8; SP: Giroux (FSU) 56-5 1/2, Kirschenman (SJS) 55-10 1/2; JT: Poure (UCSB) 228-9, (3) Rhoads (SJS) 200-10; LJ: Metcalf (LB) 24-5 1/2, (3) Wikkeling (SJS) 23-6 1/2; HJ: Curtis (SJS) 6-8, (4) Crawford (SJS) 6-4; 440R: San Jose 41.3; Mile: Schilling (SJS) 4:06.9, (4) Ebert (SJS) 4:08.9, (5) Garcia (Fresno) 4:09.6, (6) Lord (UOP) 4:11.8; 120HH: Whitley (SJS) 14.3, Tinnin (SJS) 14.4, (5) Leek (SJS) 14.7; 440: Sprink (SJ) 47.1, (tie) Maas (SJS) & Snyder (UCSB) 48.4; 100: Bredell (SJS) 9.7, Douthard (SJS) 9.9; 880: Schilling (SJS) 1:50.6, Michael (UOP) 1:51.8; 440IH: (2) Kaster (SJS) 53.6, (3) Mer-cer (SJS) 53.7, Zulim (Fresno) 53.7; 220: Breddell (SJS) 21.6; 3 Mi: Dean (LAState) 13:51.0, Caldwell (UOP) 13:51.4, Barnard (UOP) 13:53.0, Garcia (Fresno) 13:53.6; MileR: San Jose 3:12.5; Decathlon: George (Fresno) 7455.

NCS Division III Finals: (May 19, Santa Rosa) - 100: Huey (V) 9.7, 220: Martinez (Pet) 22.4; 440: Byrd (CN) 49.2; 880: Ramsey (Mont) 1:57.6; Mile: Hadley (Vin) 4:20.3, Sisler (Pet) 4:20.8; 2 Mi: Sweeney (Red) 9:35.9; 120HH: Carrington (Mont) 14.7; 180LH: Huey (V) 21.0; 440R: Cardinal Newman 42.9; SP: Elder (Red) 51-10; MileR: Montgomery 3:24.7; DT: Elder (Red) 161-2 1/2; HJ: Buzzard (Mont) 6-2 1/4; TJ: Gray (Mont) 46-3; LJ: Huey (V) 22-10 1/4; PV: Gilmore (Fort) 13-6.

San Francisco City AAA Championships: (May 19, S.F.) - Teams: Balboa 178, Wilson 152, Lowell 58, Washington 51. -- HJ: Tur-ner (Wil) 6-8 1/2, Hatch (Wil) 6-6, Wiley (Bal) 6-4; LJ: Gray (Bal) 21-8; 440R: Wilson 42.9; 880: Ruppenstein (Wash) 1:57.9; 100: Farmer (Wil) 9.7; 440: Whitaker (Wil) 48.6; 220: Walker (Wil) 22.2; 180LH: Kirtman (Wil) 19.4; MileR: Wilson 3:25.0; Mile: Garcia (Bal) 4:34.8.

Bakersfield Track Classic: (May 19, Bakersfield) - JT: Feldman (CNW) 298-4; W-HJ: Wilson (SoCoastTC) 5-8 1/2, Gilbert (Unat) 5-8 1/2; LJ: H. Jackson (BHS) 24-9, (3) Rogaway (BAS) 22-11; 440R: CITC 40.0, BAS 40.1; PV: Eaton (ASU) 16-6, Miguel (BAS) 16-6, (5) Dias (BAS) 16-0; 120HH: Hill (Army) 13.5, (3) Carty (BAS) 14.0; 100: (I) Washington (CI) 9.7, (II) Deckard (CI) 9.6, (3) Payton (BAS) 9.8, (III) Smith (CI) 9.9, Ligons (BAS) 9.9, (Final) Washington 9.4, (5) Ligons 9.6; SP: Feuerbach (PCC) 69-7, (3) B. Wilhelm (NYAC) 65-8 1/2, (4) Marks (PCC) 61-6, (5) Born (BAS) 59-7; TJ: Butts (BHS) 53-4 1/2w, (3) Fraser (BAS) 52-11 1/4w; 880: Wolhuter (ChicTC) 1:48.7; 440: Peoples (ASU) 45.8, (4) Dees (BAS) 47.4; W-440: Neufville (LATC) 53.7, (4) Hammond (SRR) 55.5, (5) Poor (SJCG) 55.9; HJ: Stones (PCC) 7-2 1/4; DT: Powell (PCC) 201-8 1/2,

(3) Penrose (BAS) 194-6; 440IH: Bolding (PCC) 50.8, (6) Lee Walls (Un) 55.7; Women's Mile: Larrieu (SJCG) 4:38.7, Decker (BA) 4:42.0, Claugus (WS) 4:42.4, (6) Haberman (SJCG) 4:57.7 (American record by 0.9 seconds for Larrieu); Mile: Wheeler (Duke) 4:00.1, (7) Duffy (Nev-Reno/WVTC) 4:06.5; 220: S. Williams (SDTC) 20.4, (tie-5th) Rodgers & Pettus (BAS) 21.0; 3 Mi: (tie) Geis (OTC) and Johnson (CNW) 13:18.8, Tibaduiza (Nev-Reno/WVTC) 13:49.0, Stewart (WVTC) 13:52.6, Price (AIA) 13:55.8; MileR: SDTC 3:08.5, (4) BAS 3:12.0. Teams: PCC 69, BHS 66, BAS 57, CI 43, ASU 35, SDTC 33, Army 32, Ariz 28, CNW 26. /Gil Bishop/

NorCal Community College Championships: (May 19, Kentfield) - Teams: CCSF 74, CCC 42, Foothill 35, Chabot 32, Modesto 31, DVC 31, SJCC 30, FCC 30, Laney 27, Skyline 24. 440R: CCSF 41.8, CCC 41.8, Porterville 41.8; Mile: Buenrostro (SJD) 4:08.9, Hayes (Lan) 4:12.4, Hughes (CCC) 4:12.5, Schaechterle (AR) 4:12.6; 120HH: Foster (Foot) 14.6, Ligons (Cha) 14.6, Alexander (FCC) 14.7, Davies (Ant) 14.8; 440: Washington (CCSF) 49.2, Pruitt (CCC) 49.7, Cooper (SJCC) 49.7, Duchala (Mod) 49.9; 100: Watson (CCC) 9.8, Wilder (CCSF) 9.8, Rossner (WV) 9.9, Begley (Sh) 9.9; 880: Robinson (Lan) 1:52.1, Morgan (CCSF) 1:52.6, Bryan (AR) 1:53.2, See (DVC) 1:53.9; 440IH: Roesky (DA) 52.9, Fields (CCSF) 53.0, Wyatt (Sky) 53.3, Foster (Foot) 53.4; 220: Wilder (CCSF) 21.6, Snyder (Sky) 22.0, Brewer (Sac) 22.0, Rossner (WV) 22.1; 3 Mi: Hall (Fr) 14:08.8, Van Dine (CSM) 14:13.8, Anderson (Ch) 14:24.0, Bowen (SJD) 14:24.2; MileR: CCSF 3:14.2, Laney 3:16.3, West Vly 3:18.9, Modesto 3:19.1; 3000mSC: Phelan (AR) 9:21.3, Chamness (Foot) 9:37.8; SP: Miller (Red) 53-3 1/2, Boyd (Fr) 51-3 1/4, Daniels (Sac) 50-10; DT: Gardner (Chabot) 166-10, Cowl (Ch) 160-1, Frankiewich (Merc) 156-11; HJ: Ross (SJCC) 6-8, Miller (DVC) 6-8, Mackey (SJCC) 6-8, Johnson (Mod) 6-8, Brown (Cons) 6-8; LJ: Davis (CCSF) 23-7 3/4, Urmann (SR) 23-2, Smith (WH) 22-5 1/2, Coleman (Mod) 22-3 1/4; TJ: Krebs (Foot) 49-0, Reed (CCC) 48-4 1/2, Triplett (WV) 47-10 1/2, Porter (Foot) 47-5 1/2; PV: Kearns (Mod) 15-7, Trueman (Sky) 15-0, Aldrich (Seq) 15-0, Lee (SJCC) 14-6; Exhib. JT: Ryan (Foot) 185-10, Schmidt (Ant) 185-7, Ledd (Mod) 180-9, Roberts (WV) 176-11. (Top 4 in each event to go State Meet) /Tony Bailey/

Pacific-Eight Championships: (May 18-19, Eugene) - 100: Quarrie 9.6, (4) Curl (S) 9.6, (8) Wilson (UCLA-ex.Alb.HS) 9.9...Heats: (4) Curl 9.4; 220: Quarrie 20.7, (6) Nichols (C) 21.6...Heats: (3) Curl 21.1, (4) Nichols 21.4; 440: Brown (UCLA) 46.2...Heats: (5) Anderson (S) 48.7; 880: Brown (C) 1:46.7, Scott (WS) 1:48.2, (6) Lowrey (OSU) 1:49.6; Mile: Ebba (OSU) 3:57.9, (4) Mittelstaedt (S) 4:00.1, (7) Bentz (C) 4:05.3; 3 Mi: Prefontaine (O) 13:10.4, (11) McConnell (S) 14:00.8, (13) Duffy (C) 14:36.0; 6 Mi: Ngeno (WSU) 28:23.6, (5) Maxwell (C) 29:25.2, (6) Sandoval (S) 29:28.4, (8) Grubbs (O) nt; 3000mSC: Hill (OS) 8:43.0, (5) Davis (C) 9:00.8; 120HH: Wilson (USC) 13.6, (8) Bagshaw (S) 14.6...Heats: (3) Bagshaw 14.0; 440IH: Oveson (OS) 51.3, (6) Petralia (C) 52.9...Heats: (1) Petralia 52.7; LJ: R. Williams (USC) 27-9w, (8) T. Anderson (S) 24-1w, (9) Cochee (USC) 23-10 1/4w; JT: Judd (OSU) 250-0, (4) Kennedy (C) 242-2, (11) Hopkins (S) 211-8; SP: Wilkins (O) 63-7, (5) Albritton (S) 57-11 1/4, (6) Luka (C) 57-7 1/4; 440R: USC 39.9, (5) Cal 41.4; HJ: Woods (OSU) 7-0, (9) MacFarlane (C) 6-6, T. Anderson (S) nh; DT: Wilkins (O) 199-9, (7) Howard (S) 170-9, (8) Adams (C) 166-9, (9) Overton (C) 160-2; TJ: Tiff (UCLA) 54-3 1/2w, (6) Lopez (C) 48-5, (11) Utley (S) 47-6 1/2; MileR: UCLA 3:08.2, (5) California 3:10.8; Decath: Brigham (O) 7673, Kring (S) 7124.

/Jon Hendershott, Bill Dellinger/

CCS Region I Meet: (May 19, Daly City) - 120HH: Allmond (Srmte) 14.0, Lamont (SM) 14.4, Kolesnikow (Burl) 14.5; 880: Kasser (SFr) 1:56.8, Pierce (Crst) 1:59.6; 100: Lloyd (SI) 10.0; 440: Popin (Ar) 51.0; 2 Mi: Burnett (Mills) 9:22.4, Barnett (Hills) 9:26.2, Brown (Burl) 9:34.0; 180LH: Allmond (Srmte) 19.1, Lamont (SM) 19.2 (all wind-aided); 220: Lloyd (SI) 22.8; Mile: Fotinos (SI) 4:25.2; MileR: SI 3:25.9, SSF 3:29.7; SP: Shannon (SI) 52-10; DT: Karakozoff (SI) 150-10; 440R: Cap 44.6; LJ: Gilmore (SI) 22-3 1/4, Fawl (TN) 22-2 3/4; TJ: Geipel (Crst) 45-0 3/4; HJ: Paver (SI) 6-2, Matson (SFr) 6-2; PV: Paton (SM) 14-7 1/4.

CCS Region II Meet: (May 19, San Mateo) - 440R: Los Altos 43.9; 120HH: Florant (PA) 14.4; 880: Note (Cup) 2:00.1; 100: Ragland (Rav) 10.4; 440: Villareal (MV) 50.6; 180LH: Florant (PA) 20.2; 220: Ragland (Rav) 23.4; Mile: Crowley (Gunn) 4:25.2, MacMitchell (Gunn) 4:27.0, Nelson (Gunn) 4:29.7; MileR: Lynbrook 3:28.9, Buchser 3:28.9, Cupertino 3:29.0; PV: Lennen (Carl) 14-0, Bell (Lyn) 13-6; TJ: Thorpe (Cup) 43-10 1/2; SP: McGowen (Fre) 55-2 1/2; DT: Pushkin (LA) 172-1 1/2, McGowen (Fre) 169-4; HJ: Insley (Cup) 6-4, Littleboy (Gunn) 6-2, Royston (Fre) 6-2; LJ: Thorpe (Cup) 21-5.



NANCY MULLEN HITS THE TAPE FIRST IN THE 880 AT THE A.I.A.W. WOMEN'S NATIONAL COLLEGIATE CHAMPIONSHIPS, NIPPING SEATTLE UNIVERSITY'S LIANE SWEGLE IN 2:11.0. /Jim Chapman/

CCS Region III Meet: (May 19) - 440R: Silver Crk 42.5; 120HH: Harris (Mil) 14.5, Lynch (Sar) 14.6, Cameron (Leld) 14.7; 880: Pabst (WG) 1:57.3, Hamilton (Lei) 1:57.6, Rodrigues (Hom) 1:59.0, Kawcak (Leld) 1:59.0; 100: Hampton (SCr) 9.7; 440: Castro (SJ) 49.8; TJ: LeGrande (Wst) 47-11 1/2, Hampton (SCr) 46-0 1/2, Harris (Mil) 45-9; 2 Mi: McCandless (Wst) 9:11.2, Sommer (Lei) 9:30.7, Aguilar (SCr) 9:34.2; 180LH: Robinson (SCr) 19.7, Cameron (Leld) 19.7; 220: Hampton (SCr) 21.3, McCrea (WG) 22.0, Knowles (Mil) 22.0; Mile: Suhr (Br) 4:20.3, Ferrell (O) 4:22.0, Werner (Wst) 4:23.3; MileR: Willow Glen 3:25.2, Westmont 3:25.7, Oak Grove 3:26.2; PV: Turner (DM) 14-6; HJ: Mallory (DM) 6-2, McCaskey (PH) 6-2; LJ: LeGrande (Wst) 23-2 1/2, Holloway (Blk) 22-11, Everett (SCr) 22-4 1/2; SP: Sizemore (Lin) 55-4 1/2, Filice (Gil) 54-5; DT: Hickson (Leld) 186-1, Ernst (Sar) 163-3; Teams: Silver Creek 44, Westmont 29, Del Mar 24, Leland 21, Willow Glen 18.

CCS Region IV Meet: (May 19) - 100: Sumpter (Mon) 10.0; 220: Mahoney (Mont) 22.4; 440: Ritchie (Al) 51.2; 880: Cleary (RLS) 1:55.2, Willis (Menlo) 1:57.0, Cagle (Al) 1:57.6; Mile: Gruber (Apt) 4:16.7, Munoz (Apt) 4:24.2, Beck (Sea) 4:32.2; 2 Mi: McConnell (Soq) 9:44.0; 120HH: Blakeney (Sea) 14.7; 180LH: Blakeney (Sea) 20.0; 440R: Monterey 42.9; MileR: Seaside 3:28.7, Menlo 3:29.5; LJ: Carter (Mont) 22-1 1/4; SP: Echevarria (NSal) 52-2 3/4; HJ: Collins (Mont) 6-2; PV: Sutton (Soq) 14-1; DT: Jacobo (Al) 161-9; TJ: Blakeney (Sea) 46-8 1/2. Teams: Seaside 62, Monterey 42, Alisal 28.

CCS Finals: (May 25, San Jose) - 440R: Los Altos 42.3, Monterey 42.5, Silver Creek 42.6; 120HH: Florant (PA) 14.1, Allmond (Srmte) 14.1, Lamont (SM) 14.4; 880: Cleary (RLS) 1:53.2, Kasser (SFr) 1:54.5, Pabst (WG) 1:54.9; 100: Hampton (SCr) 9.7, Sumpter (Mont) 9.8, Hill (LA) 9.9; 440: Siirila (Buch) 49.1, Villareal (MV) 49.5, Henkle (SSF) 49.9; 180LH: Napier (Lyn) 19.0, Florant (PA) 19.1, Allmond (Srmte) 19.2; TJ: McCarthy (Cup) 48-11 1/2, LeGrande (Wst) 48-3 3/4, Thorpe (Cup) 48-2; SP: Sizemore (Lin) 56-6 1/2, McGowen (Fre) 55-2 1/2, Oberhelmann (Gunn) 54-10 1/2; LJ: Thorpe (Cup) 23-2, LeGrande (Wst) 23-0 1/2, Robinson (SCr) 22-10 1/2; DT: Hickson (Leland) 189-11, McGowan (Fre) 180-4, Allen (Lyn) 173-7; HJ: Collins (Mont) 6-4, Lema (Cup) 6-4, Insley (Cup) 6-4; PV: Turner (DM) 15-0, Lellan (Carl) 14-6, Paton (SM) 14-6; 220: Hampton (SCr) 21.6, Lloyd (SI) 21.9, Ragland (Rav) 21.9; Mile: Crowley (G) 4:12.6, Fotinos (SI) 4:16.4, Gruber (Apt) 4:17.2; 2 Mi: MacMitchell (G) 9:01.6, Kingery (SC) 9:09.4, Geiken (Cub) 9:12.5; MileR: Buchser 3:23.7, SSF 3:25.6, Westmont 3:25.8. Teams: Cupertino 24, Silver Crk 22, Gunn 17, Monterey 16, Lynbrook 15.

NCS Finals: (May 26, Hayward) - 120HH: Cooper (Ells) 14.2, Barnes (Hay) 14.3, Bennett (Berk) 14.3, Kraft (PH) 14.4; 880: Ramsey (Mont) 1:55.0, McManus (Ygn) 1:55.3, Cagle (Nov) 1:55.6, Whitehead (Eur) 1:57.3; 100: Shavers (Alb) 9.7, Jackson (Ken) 9.8, Clark (Ells) 9.8, Key (Hay) 9.8; Mile: Nahirny (Wash)

4:13.7, Tracy (Red) 4:17.0, Burrough (DA) 4:17.1, Hadley (Vin) 4:19.5; 440: Byrd (CN) 48.6, Cleghorn (Berk) 48.9, Pulley (SM) 49.0, Hazelwood (Mor) 49.0; 180LH: Greybehl (LL) 19.4, Huey (Vall) 19.4, Barnes (Hay) 19.4, Woods (EC) 19.5; 220: Shavers (Alb) 21.5, Jackson (Ken) 21.8, Jordan (Berk) 21.9, Madruga (Yg) 22.1; 2 Mi: Kimball (DLS) 9:02.2, Quintana (SLo) 9:11.6, Ruffatto (Wash) 9:12.4, Kissin (SR) 9:17.3; 44OR: Kennedy-R 42.1, Hayward 42.5, Berkeley 42.6, Cd. Newman 43.1; MileR: Berkeley 3:19.7, Cd. Newman 3:21.5, El Cerrito 3:21.6, Montgomery 3:22.6; SP: Frugulietti (Alb) 61-6, Johnson (Berk) 56-6, Elder (Redw) 56-5 1/4, Zeck (Ant) 56-2 1/2; LJ: Cleghorn (Berk) 23-8 1/2, Shaffer (Berk) 23-5 3/4, Hollmar (SR) 23-1 1/4, Huey (Vall) 22-9 3/4; HJ: Shaw (Pitt) 6-7, Cummings (Irv) 6-6, Buzzard (Mont) 6-6, Kraft (MSJ) 6-4; DT: Frugulietti (Alb) 193-10, Otterstetter (Mar) 184-11, Faulk (Mont) 173-9, Walker (Amador) 168-3; TJ: Shaffer (Berk) 47-5 1/2, Smith (Hay) 46-11, Haynes (EC) 46-5, Roy (Alb) 46-2 3/4; PV: Lewis (Wash) 14-0, Williges (Acal) 14-0, Christensen (DValle) 13-9, Lawry (Mont) 13.9... Teams: Berkeley 39, Albany 26, Hayward 18, Montgomery 17, Washington 15, Kennedy(R) 14, Card. Newman 12, Harry Ells 10.

No more space in this issue...we'll catch up for sure on the July issue. Next time will include Modesto Relays, State JC Championships, Kennedy Games, CIF State Meet, and all meets of any importance thru the end of June.

● ROAD RACING RESULTS ●

Newport Beach Handicap Run: (March 25, Newport Beach) - Fast times: (1) Kurrle (Un) 49:16, (2) Dulaney (Un) 49:26, (3) Arquilla (Un) 51:59, (4) Gomez (Un) 52:33, (5) Anderson (SBAA) 52:35, (6) Gorman (STC) 53:05...10 Miles. /John Brennan/

Las Posas Hills 11.5 Miler: (April 1) - (1) Scobey (Un) 61:17, (2) Jeffers (Un) 64:18, (3) Brennan (SBAA) 64:35, (4) Toledo (STC) 64:44, (5) Kushner (GWAA) 65:45, (6) Miller (Un) 66:40, (7) Branch (Un) 66:45. /John Brennan/

Hawaiian Gardens Blind Handicap: (April 7) - (1) Kurrle (PCC) 56:44, (2) Anderson (SBAA) 59:21, (3) Miller (Un) 60:08, (4) Chambliss (SBAA) 60:16, (5) Theriault (STC) 60:38, (6) Perez (GWAA) 62:10...11.5 miles. /John Brennan/

Maui-Hawaiian Marathon: (April 8, Maui) - (1) Haller (Oahu) 2:39:14, (2) Faerber (Oahu) 2:41:13, (3) Cadiz (Oahu) 2:42:33, (4) Dias (Oahu) 2:43:15, (5) Hayes (Oahu) 2:48:09...(10) Del deLusignan (Marin AC) 3:05:50. /Del deLusignan/

First Napa Valley Orienteering Results: (April 8, San Francisco) - The Point Orienteering for the afternoon was cancelled due to a few youngsters tampering with the control stations. The individual results of the Score Orienteering in the Novice Class were: (1) Driscoll (+30), (2) Green (+26), (3) Peterson (+14), (4) Healy (+11), (5) Jurcheson (-43)...Team Scores: (1) Peter Wood, Christine Wood, Chris Brophy (+39), (2) Paul Williams, Richard Gentry, Jeff Knox (+19), (3) Stephen Gibbs, David Mills, Ken Peterson (-3). In the intermediate class, the only competitor was Norman Davis, and he scored a (-91). Inquiries should be sent to Ed Healy, 449 Klamath Dr., Vacaville 95688. /E. Healy/

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Mad River Run: (April 15, Blue Lake) - Mark Hulburt ran 14:11 for 2.5 miles to win over Dave Sturgis (14:48) in the shorter race. The top 10 in the second race (6.1 miles) were: (1) Labrie 33:07, (2) Mark Hulburt 33:49, (3) Gilchrist 36:13, (4) Sanborn 36:44, (5) Crandell 37:03, (6) Smith 37:04, (7) Gama-che 38:07, (8) Meyer 38:07, (9) Kirby 38:47, (10) Ackerman 38:47...29 finishers. /Dick Meyer/

Mt. Vaca Hill Climb: (April 15, Vacaville) - Rich Delgado made his comeback attempt in fine fashion as he ran within 18 seconds of his 1971 course record, but was pressed to the finish by Pat Buzbee, who was only 4 seconds back. There was a total of 31 finishers over the 10.6 mile up-and-back Mt. Vaca course. (1) Delgado (WVTC) 63:50, (2) P. Buzbee (NWAC) 63:54, (3) M. Buzbee (NWAC) 66:27, (4) Butt (MAC) 67:11, (5) Beardall (MAC) 67:38, (6) Hanson (Un) 67:50, (7) Scalmanini (Pama) 67:55, (8) Fitzgerald (DSE) 67:58, (9) Smith (WVJS) 68:03, (10) Drobný 68:51, (11) Chapman (SoTC) 70:05, (12) Shettler (WVJS) 71:13, (13) Whiteing (WVTC) 73:42, (14) Krebs (GWTC) 64:56, (15) Ainsleigh 65:20. /Bill Flodberg/

Laguna Lake Marathon: (April 15, San Luis Obispo) - Competitors commented on the fantastic scenery of the course, and the elements...it was very windy during most of the race. A relatively flat course with a few rollers between 15 and 20. (1) Jeffers (SBAA) 2:36:44.6, (2) Petersen (HSTC) 2:45:16, (3) Lopez (SBAA) 2:47:06, (4) Figueroa (SBAA) 2:49:17, (5) Lee (SBAA) 2:50:38, (6) King (Un) 2:51:01, (7) Cadena (AIA) 2:52:45, (8) Dabill (CCTC) 2:55:08, (9) Gates (HSTC) 2:57:14, (10) Brabenac (Un) 2:58:20...26 finishers. /Doug Gates, Gerry Haslam/

SPA-AAU 50 Kilo: (April 15, Los Angeles) - A field of 43, including 8 sub-2:30 marathoners started the race in ideal weather. Bill Scobey pulled steadily away from his early competition, passing the marathon in 2:26:31, to capture the first ultra-marathon to be held in southern California. (1) Scobey 2:52:24, (2) Alfaro 3:03:39, (3) Anderson 3:11:59, (4) Sailors 3:14:00, (5) Russell 3:17:23, (6) Parker 3:18:25, (7) Waco 3:18:25, (8) Atkins 3:19:56, (9) Branch 3:24:42, (10) Jones 3:25:56, (11) Brower 3:27:54, (12) Carman 3:29:17, (13) Pagliano 3:32:59...25 finishers, 31+ miles. /Stan Rosenfield/

SPA-AAU 25 Kilo: (April 21) - (1) Kurrle (SCS) 1:20:13, (2) Kushner (GWAA) 1:23:06, (3) George (Un) 1:24:05, (4) Price (AIA) 1:24:05, (5) Nuccio (Army) 1:26:07, (6) Russell (SCS) 1:26:40, (7) Anderson (SBAA) 1:27:03, (8) Toledo (STC) 1:27:13, (9) Dobrenz (GWAA) 1:27:57, (10) Davis (SCS) 1:28:10, (11) Ferguson (AIA) 1:29:05, (12) Hopkins (AIA) 1:30:24. /J. Brennan/

Sunset Park Six-Mile Road Run: (April 21, Las Vegas) - (1) Jim O'Neil (SFOC) 34:12, (2) Mike Neal (LVTC) 34:22, (3) Aaron Goldman (LVTC) 35:39, (4) Fridly 36:16, (5) John Romero (LVTC) 36:55...(8) Wes Alderson (CCAC) 38:57. /Jim O'Neil/

CCAC Malibu X-C Run: (April 28) - 9.3 miles: (1) Schweitzer (Un) 52:20, (2) Rubino (Un) 52:28, (3) Miller (Un) 53:03, (4) Dobrenz (GWAA) 53:08, (5) Miller (ELATC) 53:17, (6) Wampler (STC) 54:00, (7) Russell (Un) 54:13, (8) Rowley (CCAC) 54:16, (9) Potter (CCAC) 54:30, (10) Richardson (Un) 54:42. /Brennan/

Visalia Ten-Mile Run: (April 28, Visalia) - Temperature in mid-90's...(1) tie between Craig and Curt Elia (Phaethon TC) 55:54, (3) Noonan (HSTC) 56:39, (4) L. Thornton (HSTC) 58:31, (5) R. Petersen (HSTC) 59:06, (6) Lung (PhTC) 59:36, (7) Gates (HSTC) 61:20, (8) Stout (Un) 63:14. /Dave Bronzan/

Manresa Beach Run: (May 13, Manresa Beach) - 8 miles...(1) O. Osborne 46:27, (2) R. Petersen 46:45, (3) J. Marlowe 47:30, (4) Hackmann 48:22, (5) Peck 49:05. /Bill Flodberg/

Stallion Springs 15-Miler: (May 20, Tehachapi) - Elev. 4200'. (1) Young 84:23, (2) Rowley 85:49, (3) Horney 86:58 (1st HS), (4) Vitarelli 88:38, (5) Hays 89:48, (6) Lopez 90:08, (7) Peck 91:52, (8) Buzzell 93:21, (9) Rich Reynaga 93:40, (10) Gates 94:00, (11) Wojcik 95:06, (12) Bennewitz 96:22, (13) Gleason 96:45, (14) Corson 97:08, (15) Petersen 98:40. /W. Van Dellen/

Yonkers Marathon: (May 20, New York City) - Three "locals" did well in this race, finishing 6th, 8th, and 9th, respectively. (1) Norbert Sander (MAA) 2:25:56.1, (2) Bill Bragg (NJS) 2:26:02, (3) Roy Lapidus (NJS) 2:29:11, (4) Pat Bastick (MAA) 2:32:45, (5) Bill Harvey (London) 2:33:25, (6) John Butterfield (BAA) 2:34:25, (7) Paul Huyffer (NoMedford) 2:35:37, (8) Mark Williams (Stanford) 2:35:52, (9) Jim Bowles (WVTC) 2:36:16 (PR).

Ritchie Geisel Strides to Victory at Cupertino Marathon: (April 15, Cupertino) - West Valley's Ritchie Geisel had company for most of the First Annual Knights of Columbus Marathon in Cupertino, but during the latter stages, he pulled away from his only opposition, Jim Maslach, to win by over two minutes. He was accompanied across the line by team mate Jim Dare, who didn't think he'd finish and so he didn't bother to enter. Dare ran the entire distance with Jim, however. Dave Stevenson, 44 years old, was the first senior to finish, and in fourth place overall! He beat the next over-40 competitor by some 15+ minutes. But perhaps the most remarkable performance of the day was turned in by Arizonan Nancy Ihrman, who recorded a fantastic 3:05:32 on the up-and-down course. She and her team mate, Margie Norem (who finished an amazing 3:12:41 herself), came all the way from Phoenix to compete. They placed 14th and 23rd overall out of 109 finishers. A lot more than that started, but the tough course and warm weather in the latter stages cut the field to size. There was even a banquet for the runners afterwards at this very well staged race. The numbers should start to grow as this race gains in popularity over the next few years. Below are the top 45: /O'Keefe/

1 - Ritchie Geisel (WVTC)	2:39:01	16 - Don MacIntosh (SRC)	3:06:48	31 - Mike Devine (Unat.)	3:23:31
2 - James Maslach (Unat.)	2:41:30	17 - Edward Hannigan (DSE)	3:07:45	32 - Marvin Snowbarger (Unat.)	3:24:17
3 - Bill Posedel (Pamakid)	2:46:53	18 - James Allen (DSE)	3:08:36	33 - Mark Driscoll (Unat.)	3:24:17
4 - Dave Stevenson (SRC)	2:48:52	19 - E.B. Dally (Unat.)	3:09:14	34 - Mike Boitano (DSE)	3:25:23
5 - Frank Matoes (Unat.)	2:49:56	20 - James Allen (Unat.)	3:09:20	35 - Lynn Walker (Unat.)	3:25:23
6 - Phil Groves (Unat.)	2:52:19	21 - Tom Neuman (Unat.)	3:11:06	36 - Paul Sebasta (Joggers)	3:26:12
7 - Dave Zumwalt (Unat.)	2:53:17	22 - Vic Weber (Unat.)	3:11:06	37 - Keith Campbell (WVJS)	3:28:00
8 - Jerry Ockerman (Unat.)	2:54:03	23 - Margie Norem (Phoenix TC)	3:12:41	38 - Mike de Cuitiis (Unat.)	3:28:50
9 - John Geer (WCATC)	2:56:07	24 - Robbie Bates (Unat.)	3:13:22	39 - Bob Reynaga (HSTC)	3:31:51
10 - Lee Cohee (FTC)	2:56:30	25 - Alex Monterrosa (Pamakid)	3:13:53	40 - Samuel Marquez (HSTC)	3:31:55
11 - Donald Fernandez (Unat.)	3:03:38	26 - Bruce Smith (Unat.)	3:15:03	41 - Peter Wood (NCSTC)	3:32:15
12 - Darrell Jeong (Pamakid)	3:04:08	27 - Robert Gehl (DSE)	3:15:53	42 - Irene Rudolph (Unat.)	3:32:44
13 - Carlos Garcia (WVTC)	3:05:05	28 - Charles Clausen (Unat.)	3:16:37	43 - Ernie Jeong (Pamakid)	3:33:07
14 - Nancy Ihrman (Phoenix TC)	3:05:32	29 - Ralph Blount (OPHIR)	3:17:29	44 - Jerry Barrack (NASA)	3:33:41
15 - Don Peterson (SRC)	3:05:51	30 - John Olver (GWAA)	3:21:32	45 - Curt Chadwick (Unat.)	3:33:47

Jon Anderson Keeps West Coast Tradition at Boston Marathon: (April 16, Boston) - Oregon TC Jon Anderson started out easily because of the unseasonably warm weather, and it proved to be the smart thing to do. Instead of burning himself out in the heat, he eased himself up through the pack and finally passed defending champion Olavi Suomalainen about 75% of the way through the race. Tom Flemming also caught the faltering Finn, to make it the first 1-2 sweep for America since 1968 (Burfoot-Clark). With Anderson's victory, it makes three years in a row now that Bay-Area-stationed runners have placed either first or second in this famous race. Colombian Mejia won in 1971 and his countryman Victor Mora took runnerup spot last year, almost catching the winner. There were just as many, if not more runners this year, but the heat kept the times down considerably...however, Jon still managed to set a PR by some 7 minutes plus. Only 21 broke 2:30 this year. Oregon TC took the team award, to also keep that title on the West Coast (West Valley won it in 1972). The top ten finishers, plus other Californians up through 3 hours are listed below...if anyone can fill me in on those finishing after three hours, please contact me at once. (1) Jon Anderson (OTC) 2:16:03, (2) Tom Flemming (Paterson College) 2:17:46, (3) Olavi Suomalainen (Finland) 2:18:21, (4) Bernard Plain (Wales) 2:21:01, (5) Jeff Galloway (Florida TC) 2:21:27, (6) Dennis Spencer (U. of Georgia) 2:22:31, (7) Bob Moore (TOC) 2:23:55, (8) Paavo Leiviska (Finland) 2:23:59, (9) John Vitale (New Haven TC) 2:24:06, (10) Ron Daws (Twin Cities TC) 2:24:09... (19) Russ Pate (OTC) 2:29:26, (26) John Butterfield (Boston AA) 2:31:24, (92) Kaj Johansen (SDTC) 2:44:30, (110) Pat Miller (Un) 2:47:02, (111) Joseph Burgasser (Un) 2:47:10, (146) Larry Reyes (SDTC) 2:51:38, (158) John Rudberg (Seniors TC) 2:52:47, (174) Harold DeMoss (WVTC) 2:54:25, (176) Adam Ferreira (USAF/Europe) 2:54:34, (189) Chuck Stagliano (DSE) 2:55:33, (218) Chuck Day (US Navy, Monterey) 2:57:23, (331) Jackie Hansen (Cal-St/Northridge) 3:05:59.2...first woman to finish. /Joe Henderson/

Buzbee's Tie It Up at El Dorado 14-Miler: (April 21, El Dorado) - The Buzbee's had an easy time of the field at the Annual Burro Trail Run, and so they decided to come across together. Resurgent Skip Houk, who hadn't raced for over six months, placed a good third place. Paul Reese was the first senior competitor to finish (15th overall) in a no-contest race over the next runner in that division, who placed several miles back. A total of 47 runners finished the grind, with only five failing to break two-hours. The top 30 are listed below: /Ernie Marinoni/

1 - Pat Buzbee (NewWays AC)	1:19:25	11 - Pete Hansen (Colfax RC)	1:30:23	21 - Harry Ainsleigh (Colfax)	1:37:51
2 - Mike Buzbee (NewWays AC)	1:19:25	12 - Steve Williams (Gold Spike)	1:31:36	22 - Lee Fox (Solano TC)	1:39:09
3 - Skip Houk (West Valley TC)	1:21:37	13 - Fred Mansueto (Unat.)	1:34:22	23 - Mike Coke (Unatt.)	1:40:36
4 - Mike Cenary (Unat.)	1:21:43	14 - Ty Hadley (Unat.)	1:36:05	24 - Al White (Unat.)	1:41:13
5 - Ray Menzie (Marin AC)	1:24:23	15 - Paul Reese (NCSTC)	1:36:38	25 - Sal Citarella	1:41:57
6 - Jim Maslach (Unat.)	1:25:07	16 - Ray Cerankowski (Unat.)	1:37:35	26 - Steve Parker (Alameda TC)	1:44:33
7 - Darryl Beardall (Marin AC)	1:26:17	17 - Lindy Valdez (Loomis HS)	1:37:36	27 - Chris Delgado	1:44:34
8 - Mike Eash	1:28:18	18 - Unofficial Runner	1:37:40	28 - Mike Slater (Colfax RC)	1:45:00
9 - Doug Butt (Marin AC)	1:29:04	19 - Wayne Stenberg	1:37:43	29 - Pete Shoener (Sac'to)	1:46:30
10 - Frank Krebs (GWTC)	1:29:18	20 - John French	1:37:51	30 - Vic Marten (Sac'to)	1:48:47

Nick Vogt Wins Sacramento to Woodland Race as Bridge Halts Runners: (April 28, Sacramento) - A field of 49 started this gruelling run along the River Road to Woodland. The Sacramento weather took its toll on those runners not accustomed to the heat. It was a wire-to-wire victory for Nick Vogt of the Gold Spike TC, with Howard Labrie a good two minutes behind. Times, however, were really meaningless, for as the field approached the river about 500 yards from the start, they found the bridge up, holding up the race for 3 or 4 minutes. As the runners in the middle of the pack entered Woodland, Harry Cordellos reports that they were again held up, this time by a freight train. Jim O'Neil was the top senior and finished third overall. Second senior was a newcomer to the ranks, Vic Weber. Following are listed the top 24 finishers (there were 37). Race was 20.7 miles in length. /Jim O'Neil/

1 - Nick Vogt (Gold Spike)	2:01:08	9 - Mike Healy (Napa Valley RC)	2:16:15	17 - Darryl Beardall (Marin AC)	2:29:59
2 - Howard Labrie (Six Rivers RC)	2:03:24	10 - Frank Krebs (Golden WestTC)	2:16:49	18 - Lee Fox (Solano TC)	2:30:17
3 - Jim O'Neil (SF Olympic Club)	2:09:24	11 - John Geer (Unat.)	2:17:35	19 - Harry Cordellos (DSE)	2:31:04
4 - Dean King (Unat.)	2:09:34	12 - Bill Snavely (NCSTC)	2:18:13	20 - Alex Monterrosa (Pamakids)	2:31:04
5 - Joseph Vasquez (Unat.)	2:10:22	13 - Paul Reese (NCSTC)	2:19:32	21 - Willard Shank (NCSTC)	2:33:04
6 - Bill Posedel (Pamakid)	2:14:23	14 - Robert Gehl (DSE)	2:22:01	22 - Dave Chatterton (DSE)	2:34:15
7 - Jim Engle (Napa Valley RC)	2:15:21	15 - Ralph Blount (Ophir)	2:24:55	23 - John Darlington (Gold Spike)	2:34:56
8 - Vic Weber (Unat.)	2:15:48	16 - Larry Morton (GWTC)	2:27:11	24 - Dennis Letl (Unat.)	2:37:03

*Pax Beale Victor in Mt. Diablo Disturbance Handicap Race: (April 29, Mt. Diablo) - This year Pax finally figured out how he could win a race. Of course it had to be handicapped, but the special "secret" ingredient was training. Yes, for quite some time before this race, Pax was up to around 70 miles a week, much of it on hilly terrain just like Mt. Diablo. In fact, he even took a few training runs on location. All this obviously paid off; he won by over two minutes, despite Greg Chapman's excellent 44:46 scratch time. Greg took the fast time honors for the third consecutive year. A total of 17 hardy individuals finished the grind, which traverses the rocky slopes of Mt. Diablo. On the following page are listed the actual finish time and handicap.

To figure actual time, simply subtract the handicap from the finish time: (1) Beale 70:27(12), (2) Axel Sudhausen 72:30(11), (3) Greg Chapman 72:46(28), (4) George Goldman 73:07(15), (5) Phil Holder 73:37(19), (6) Ernie Marinoni 73:38(9), (7) Lee Adams 74:07(17), (8) Jack Kirk 77:10(16), (9) Ernst Hayman 77:37(19), (10) Ted Althausen 78:24(15), (11) Andy Mellmer 78:55(16), (12) Luka Sekulich 79:00(10), (13) Vito D'Aloia 79:09(17), (14) Paul Carmichael 79:23(0), (15) John Emerson 80:01(12), (16) Richard Scott 85:20(26), (17) Bill Carpenter 89:05(2).

Scobey's Back!! Solo 2:17:43 at Avenue of Giants Marathon: (May 6, Weott) - After living in smog-choked southern California for some time now, Bill Scobey was just waiting for the opportunity to run a clean-air race. That opportunity presented itself, and Bill certainly took advantage of it. Leading from the gun, "Mad Dog" tore through 10 miles in 52:03, and 20 miles in 1:45 flat, continuing on to record a near PR 2:17:43. Run mostly under the "big trees", this course produced PR's for many people who ran it...and if not PR's, then at least pleasant surroundings. Second placer Gary Dobrenz was a full 13 minutes back of the winner. Ross Smith ran another superb marathon, taking his 40-and-over division with a 2:36:25, just off his best...that netted him fifth place overall! David Parker at 2:41 also ran a good over-40 race. The Pamakids came away with the team trophy, followed closely by the Six Rivers RC (12 to 16). Irene Rudolf ran a great race, taking the women's division at 3:26:57, some 10 minutes plus up on Lucy Bunz. Below are listed the top 45 finishers and their times...101 finished. /Dick Meyer/--Buzbee's started late (16 min).

1 - Bill Scobey (Unat.)	2:17:43	16 - Mike Buzbee (NewWays AC)	2:46:46	31 - Paul Reese (NCSTC)	2:56:46
2 - Gary Dobrenz (Golden West AA)	2:30:45	17 - Pat Buzbee (NewWays AC)	2:46:46	32 - John Gamache (Six Rivers RC)	2:56:52
3 - Ken Scalmanini (Pamakids)	2:33:30	18 - Harold DeMoss (WVTC)	2:48:27	33 - Vic Weber (WVJS)	2:57:10
4 - Jim Maslach (Unat.)	2:34:13	19 - Dick Gustafson (SO Sizzler)	2:50:27	34 - Bill Kirchmier (NCSTC)	2:57:22
5 - Ross Smith (WVJS)	2:36:25	20 - Fred Mansueto (Unat.)	2:50:46	35 - Dieter Diekmeyer (Big Val.H.)	2:57:35
6 - Howard Labrie (Six Rivers RC)	2:37:38	21 - Alan Sanborn (SRRC)	2:51:32	36 - George Crandell (SRRC)	2:58:38
7 - Dick Warren (US Army)	2:39:37	22 - Mike Healy (Napa Vly RC)	2:52:07	37 - Gerald Haslam (VOMTC)	2:59:49
8 - David Parker (Seniors TC, LA)	2:41:00	23 - Harry Ainsleigh (Colfax RC)	2:52:07	38 - Bill Rogers (SRRC)	3:00:59
9 - Ron Johnson (SO Sizzlers)	2:43:30	24 - Chuck Day (US Navy)	2:52:56	39 - Wayne Humphreys (US Navy)	3:01:03
10 - Robert Branch (CCAC)	2:44:57	25 - Wayne Zook (SDTC)	2:53:31	40 - E.B. Dally (US Navy)	3:02:07
11 - Dave Zumwalt (Unat.)	2:45:16	26 - Stu Ruth (Pamakids)	2:53:48	41 - Chuck Smead (Six Rivers RC)	3:02:08
12 - John Comisky (Pamakids)	2:45:31	27 - Harry Cottrell(SRRC)	2:53:53	42 - Lenny Escarda (SRRC)	3:02:52
13 - Phil Groves (WVTC)	2:46:09	28 - Dan Moore (LVRC)	2:54:15	43 - Rich Croteau (WVJS)	3:04:01
14 - Pete Elliston (New Mexico TC)	2:46:12	29 - Alex Monterrosa (Pamakids)	2:54:23	44 - Bill Stuart (Portland TC)	3:06:37
15 - Harvey Ferrill (BigVal.Harr.)	2:46:28	30 - Rod Smith (SRRC)	2:56:11	45 - Rich Gilchrist (SRRC)	3:06:54

Schmulewicz Runs Swift 8-Miler: (May 12, San Francisco) - After running a lot of track races for Cal all season, 13:48 three-miler Wolfgang Schmulewicz decided it would be fun to try something a bit longer in a relaxed atmosphere. He found something to his liking as he easily outdistanced Chris Berka on the final go-around (2 laps) to capture the annual Golden Gate Park 8-Miler. His 41:18 was off Leydig's 40:54 course record, however. Ross Smith continued to remain undefeated among seniors (although Jim Shettler is technically a 40-year-old...he's 39 by our NCRR point race tally) by easily upending Ken Napier by a full minute. Jim Shettler, their team mate, ran a very impressive 43:37. Skip Swannack was the top woman finisher in 57:59. Weather for the race was slightly overcast for most of the time, and generally everything was perfect for fast times. /Rich Perry/

1 - Wolfgang Schmulewicz (Unat.)	41:18	16 - John Finch (NCSTC)	45:30	31 - Dan Cooke (Unat.)	48:24
2 - Chris Berka (Maranon)	41:33	17 - Ken Napier (WVJS)	45:34	32 - Harold DeMoss (West Valley TC)	48:26
3 - Bob Darling (Excelsior TC)	42:06	18 - Glen Berwick (Unat.)	45:36	33 - John Holtorf (Unat.)	48:34
4 - Jack Leydig (West Valley TC)	42:30	19 - Pablo Drobny (Unat.)	45:46	34 - Gus Cano (Excelsior TC)	48:35
5 - Daryl Zapata (West Valley TC)	42:33	20 - David Marsh (Pamakid)	45:56	35 - Bill Yaley (Fun Runners)	48:36
6 - Michael Conroy (Excelsior TC)	43:00	21 - Dean Williams (Excelsior TC)	46:33	36 - Robert Haugln (Alameda TC)	48:45
7 - Jim Shettler (WVJS)	43:37	22 - Chris Hovick (Alameda TC)	46:33	37 - Bernie Sullivan (Pamakids)	48:51
8 - Doug McLean (West Valley TC)	43:53	23 - Jim Anderson (Unat.)	46:48	38 - Santos Reynaga (West Valley TC)	48:55
9 - Gene Fitzgerald (Pamakids)	43:55	24 - Paul Koski (Excelsior TC)	46:54	39 - Louis Daugherty (Unat.)	48:59
10 - Joe Taxiera (Alameda TC)	44:00	25 - Darrell Jeong (Pamakids)	47:08	40 - Michael Coke (Unat.)	49:44
11 - Ross Smith (WVJS)	44:37	26 - Walt Van Zant (WVJS)	47:16	41 - Rich DeGlymes (O.F.D.)	50:01
12 - Art Reade (West Valley TC)	44:45	27 - John Kleinbach (Unat.)	47:36	42 - Alex Monterrosa (Pamakids)	50:04
13 - Daniel Graham (Stanford RC)	45:00	28 - Marvin Stephens, Jr. (Unat.)	47:54	43 - Brian Lodge (Unat.)	50:05
14 - Joe Araujo (Unat.)	45:12	29 - Jim Engle (Napa Valley RC)	48:03	44 - Wesley Hurlburt (US Navy)	50:17
15 - Lester Mina (Alameda TC)	45:21	30 - Ed Jaynes (BA Striders)	48:14	45 - Stu Ruth (DSE)	50:29

Second Annual Angel Island Run a Smashing Success...Old Record Crushed: (May 13 - Angel Island) - Ritchie Geisel and Duncan Macdonald fought it out up front after breaking away from the last challengers at about a mile. Geisel gave way about half-way into the race, but fought back gamely and outsprinted the 3:58 miler on the downhill stretch as they came to the tape. A similar battle ensued in the race for 3rd thru 5th. Jim O'Neil led all seniors with a fantastic 13th place overall in the field of well over 500. His 26:08 for the slightly less than 5-mile loop was almost two-minutes in front of Dennis Teegarden, the second senior. Lille Kiski, an unfamiliar name to us, was the top woman, about 20 seconds ahead of Lillian Andrew. Her time was 34:29. All the proceeds from the race were to go to the Guardsmen, a youth service organization that sponsored the race. This should become a popular fixture for many years to come...but we'll need a lot more ferries. /Phil Fernandez/ --The top 60 follow.

1 - Ritchie Geisel (WVTC)	23:59	21 - Kris Krichlo	27:51	41 - John Boeschen	30:30
2 - Duncan Macdonald (WVTC)	24:05	22 - Dennis Teegarden (NCSTC)	27:53	42 - Unidentified Runner	30:36
3 - Bill Seaver (WVTC)	24:54	23 - Brian Moroney (WVTC)	27:56	43 - George Rideout	30:45
4 - Jack Leydig (WVTC)	24:59	24 - Paul Koski (Pamakids)	27:58	44 - Mike Healy (Napa Valley RC)	30:47
5 - Gary Singer (Unat.)	25:00	25 - Nick Hoogenraad (WVTC)	27:59	45 - Alan Steeples	30:48
6 - Bruce Edwards	25:25	26 - Bob Malain (NCSTC)	28:00	46 - Frank Robben	30:49
7 - Dave Himmelberger (WVTC)	25:38	27 - Kent Guthrie	28:01	47 - Stu Ruth (Pamakids)	30:52
8 - Tim Jordan	25:45	28 - Dave Davidsen	28:04	48 - Unidentified Runner	30:57
9 - Russell Black	25:54	29 - David Warren	28:10	49 - Bob Ringo	30:58
10 - Dave Zumwalt (Unat.)	25:57	30 - Gil Tarin (WVJS)	28:20	50 - Larry Good	30:59
11 - John Ferguson	25:58	31 - Barry Armstrong	28:22	51 - Bill Moroney (WVTC)	31:01
12 - Garry Green	25:59	32 - Philip Hart	29:05	52 - Joseph Knapik	31:03
13 - Jim O'Neil (SF Olympic Club)	26:08	33 - Bob Smith	29:08	53 - E.D. Ammerman	31:05
14 - Doug Butt (Marin AC)	26:15	34 - Dan Moore	29:09	54 - Dino Cardiasmenos	31:06
15 - Joe Hernandez	26:19	35 - Eric Abrahamson (WVTC)	29:25	55 - Jim Miller	31:07
16 - Vian Collier	26:20	36 - Don Pickett (NCSTC)	30:02	56 - George Conlan	31:08
17 - Greg Chapman (Solano TC)	27:15	37 - Daniel Martinez	30:08	57 - P.T. Bailey	31:10
18 - David Stancliffe	27:18	38 - Les Loeder	30:16	58 - Unidentified Runner	31:12
19 - Jim Freeman	27:40	39 - Unidentified Runner	30:17	59 - Joseph Maker	31:13
20 - Kurt Schroers (Aggie TC)	27:46	40 - Rick Williamson	30:22	60 - Tom McDowell	31:14

Ray Menzie Wins PA-AAU Hour Run: (May 19, Mill Valley) - In the past few years the PA Hour Run has been a place for attempting to set American Records and such, but the changing of the Bay-to-Breakers date from what was originally listed on the schedule caused a massive "boycott"...if this would be the proper term. Only 13 runners toed the line at Tamalpais High, and Ray Menzie, now pushing 40, came out on top. His distance of 10 miles, 940 yards was run in gusty winds and little competition. Bob Biancalana and Rex Dietderich both broke the existing U.S. (no world mark is listed) age-48 record for the hour, but Bob went further by some 29 yards on this day. Marin AC (9) beat West Valley TC (15) and NCSTC (21) for the team title (3 scorers). It was a day where a lot of runners got PA-AAU patches and medals for the first time and everyone had a lot of fun...who likes a crowd anyway (if you do, then perhaps you ran the Bay-to-Breakers)? All finishers are listed here with the numbers in parentheses referring to miles and yards: (1) Ray Menzie (MAC) (10, 940), (2) Jim Engle (NVRC) (10, 440), (3) Mike Shaughnessy (WVTC) (10, 120), (4) Elsener (MAC) (9, 1430), (5) McRice (WVTC) (9, 1021), (6) Biancalana (MAC) (9, 905), (7) Dietderich (NCSTC) (9, 881), (8) Nicholson (NCSTC) (9, 850), (9) Allen (NCSTC) (9, 390), (10) D. Allen (WVTC) (9, 353), (11) Plymale (Pama) (8, 1755), (12) Templeman (Un) (8, 1349), (13) Williams (Boston AA) (8, 1042). /Jack Leydig/

Kenny Moore Makes it Six-in-a-Row...Barely!! (May 20, San Francisco) - Admittedly not in his best condition, defending champion and five-times Bay-to-Breakers winner Kenny Moore had not figured on running as well as he did...but I guess it's difficult to give up something when you've got a good thing going. Because of his narrowest of wins over Chris Stewart (England)...see photo elsewhere in this issue...Moore will represent the SF Examiner Bay-to-Breakers Race at a similar run to be held and sponsored by the Sydney (Australia) Sun. There were actually four runners fairly close to Kenny near the end of the race, as fifth spot was a mere 15 seconds back. It seemed as if other battles were tight too. The Oregon TC, led by Moore, upended defending champion West Valley TC, 45-49, probably the closest team score ever. In the over-40 division, Owen Gorman had only a two-second margin of victory over Jim Shettler. Cheryl Bridges defended her title with a 181st and 45:20+. Some 3500 bodies tried to squeeze across the finish line without much success...at least as far as accurate timing is concerned, but most didn't seem to care. Even the times close to the top were printed in error in the paper because somebody forgot to remove some of the timings when they removed unofficial bodies via computer. So...the listing of the top 120 below is probably not too accurate, timewise, past 50th (and maybe not that far). Any clues that may be fed to us to straighten out the sub-40 minute timings (if need be) would be appreciated. On second thought...after looking at the SF Examiner, I've discovered the results past 50th are meaningless. The runners are numbered up to 50, and then the numbering skips to 59!! It's hard to tell if they've left out runner, times, or both...so, we will just print the top 50...as they were printed the day after the race. They are probably as accurate as anything.

- | | |
|--------------------------------------|-------|
| 1 - Kenny Moore (Oregon TC) | 37:15 |
| 2 - Chris Stewart (England) | 37:17 |
| 3 - John Farrington (Australia) | 37:23 |
| 4 - Domingo Tibaduiza (Col/WVTC) | 37:23 |
| 5 - Mike Wagenbach (East LA TC) | 37:30 |
| 6 - Tom Hale (Oregon TC) | 38:14 |
| 7 - Jon Anderson (Oregon TC) | 38:22 |
| 8 - Peter Duffy (England/WVTC) | 38:32 |
| 9 - Cliff Clark (USAF) | 38:42 |
| 10 - Tim Tubb (ELATC) | 38:51 |
| 11 - Bill Johnson (West Valley TC) | 38:55 |
| 12 - Ritchie Geisel (West Valley TC) | 38:55 |
| 13 - Phil Camp (US Navy) | 39:03 |
| 14 - Jim Dare (West Valley TC) | 39:17 |
| 15 - Russ Pate (Oregon TC) | 39:22 |
| 16 - Bob Gray (Oregon TC) | 39:38 |
| 17 - Dan Anderson (Chabot/WVTC) | 39:38 |
| 18 - Mark Covert (CSF) | 39:47 |
| 19 - Fred Maier (Unat.) | 39:48 |
| 20 - Jeff Clenard (Cal-St/Northrdg) | 39:54 |
| 21 - Vince Engel (SLOT) | 39:59 |
| 22 - Arvid Kretz (Unat.) | 40:01 |
| 23 - Tobey Hall (Unat.) | 40:02 |
| 24 - Albie Thomas (Australia) | 40:03 |
| 25 - Jerry Tighe (Oregon TC) | 40:04 |
| 26 - Don Cox (Australia) | 40:13 |
| 27 - Daryl Zapata (West Valley TC) | 40:14 |
| 28 - Bob Darling (Excelsior TC) | 40:29 |
| 29 - Mark Galeazzi (Unat.) | 40:33 |
| 30 - Jon Sutherland (Cal-St/Nrdge) | 40:43 |
| 31 - Bob Immethun (Alameda TC) | 40:46 |
| 32 - Frank Boutin (Unat.) | 40:47 |
| 33 - Henry Kirk (US Marines) | 41:01 |
| 34 - Ken Scalmanini (SFPD) | 41:04 |
| 35 - Howard Miller (ELATC) | 41:05 |
| 36 - Bill Clark (West Valley TC) | 41:09 |
| 37 - John Beaton (SLOT) | 41:10 |
| 38 - Mike Conroy (Excelsior TC) | 41:11 |
| 39 - Mike Mahler (Bev. Hills Str.) | 41:13 |
| 40 - Jack Leydig (West Valley TC) | 41:33 |
| 41 - Patrick Miller (Unat.) | 41:36 |
| 42 - Joe Taxiera (Alameda TC) | 41:40 |
| 43 - John Lilygren (Alameda TC) | 41:41 |
| 44 - Tim Jordan (Golden West TC) | 41:49 |
| 45 - Dave Himmelberger (WVTC) | 41:50 |
| 46 - Ian Hunter (Unat.) | 41:53 |
| 47 - Carl Davis (Unat.) | 41:57 |
| 48 - Steve Fiamengo (CUAA) | 41:58 |
| 49 - Art Reade (West Valley TC) | 42:02 |
| 50 - Doug McLean (West Valley TC) | 42:03 |



JIM O'NEIL (LEFT) RAN EXCEPTIONALLY WELL IN THE SENIOR DIVISION OF THE ANGEL ISLAND RUN, AND NICK VOGT (RIGHT) WON THE SACRAMENTO TO WOODLAND RACE. IN THE MIDDLE IS KATHY ADAMS. PHOTO WAS TAKEN FOLLOWING THE "SPIRIT OF LONDON" RACE IN JANUARY, WHERE ALL THREE WERE DIVISIONAL WINNERS. /Klarich Photo/

● LATE NEWS ●

Additional All-Comers Meets: (Golden West All-Comers Series) -- At American River College, June 27, July 11, 18, and 25 at 8 pm...open, H.S., seniors, women. For more information call Bob Jamieson at 483-1202. (Recreation Dept. Series) -- Beginning June 18 for 6 weeks, starting at 5:30 pm...Mondays at Del Campo HS, Tuesdays at San Juan HS, Wednesdays at Bella Vista HS, Thursdays El Camino HS...all in the Sacramento area. On July 4 there will be a special Annual All-Comers Meet at Hughes Stadium, Sac'to...at 12 noon we think, but we're not sure. --- All the above information was supplied courtesy of Walt Lange. Thanks Walt.

Statuto Races: Phil Camp won the longer, 8-mile race from Angelo Martinez and Mike Pinocci, while Mike Ruffatto took a victory in the shorter, 4-miler. In the team battles, West Valley came out on top in both races. **CIF State Meet:** Wilson HS of San Francisco took home the laurels by outscoring Lompoc, 20-12. Next issue will have a complete photo story of the meet in a special insert.

Don't forget to order your Bay-to-Breakers T-Shirt before we run out. We are not planning on re-ordering, so order yours today for \$2.75/each from P.O. Box 1551, San Mateo, CA 94401...all profits go to the PA-AAU Long Distance Fund.

Also, be sure and order the special Tri-Color National AAU Marathon T-Shirt, complete with AAU patch design...same address as above...only \$3.25 each or \$2.75 each when ordered in quantities of two or more.

After 50th...who knows?

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