

SC's Lilly ^{2/14/66} Runs Mile In 4:22.8

SAN MATEO — San Carlos High's John Lilly, who already holds the distinction of being the fastest half-miler in SPAL history with a 1:54.0 clocking last year as a junior, stretched out a bit Saturday and showed he may be just as dangerous in the mile.

The lean and lanky Lilly, participating in qualifying trials at College of San Mateo for the Feb. 25th Golden Gate Invitational indoor meet in the Cow Palace, won the high school mile in 4:22.8.

He outdistanced his closet rival, Del Rio's Greg Brock, by three full seconds, and was the lone SPAL athlete to gain a spot in the indoor event.

Only other prep events on the qualifying menu, which was held in conjunction with the weekly all-comer meet, were the 60 high hurdles, won by Tracy's Tom Bomin in 7.5, and the mile relay, taken by Encina in 3:24.6.

Scot Soph Sets ¹¹⁻²⁹ 50-Mile Record

Mike Ruge, Carlmont High School sophomore, ran 50 miles in 8 hours, 47 minutes, 16 seconds Friday on the Scot track for a school record.

Ruge was one of four Carlmont youngsters who took a crack at the school mark, but was the only one to finish.

The old school record was 9 hours, 51 seconds set by Martin and Mike McCann four years ago.

CSM Relay ^{1/11/66} Places 2nd To Mt. SAC

DALY CITY — College of San Mateo's meet record for the one-mile relay fell to Mt. San Antonio in Saturday night's Examiner Invitational indoor track meet at the Cow Palace, but the Bulldogs at least managed to pick up second place medals in the race.

The Bulldog quartet of Willie Webster, Harry Cross, Herb Ashton and Jack Sandin watched Mt. San Antonio jump off to a quick lead and then fought off American River in the battle for second. CSM was timed in 3:31.8, while the winners clocked 3:29.5, 1.7 seconds under the mark set last year by the Bulldogs.

In high school events, Menlo-Atherton's Steve Mitchell turned in a 6.5 clocking in finishing fourth in the 60-yard dash, and the San Carlos team of Craig Cates, Dan Mercado, Jeff Eichorn and John Lilly was third in the high school 1,920-yard relay in 4:07.4, behind winning Encina of Sacramento's "national" inter-scholastic record 3:59.9 mark.

Dick Burns, former Menlo-Atherton prep and University of Colorado sprinter, finished in a tie for second in the 160 at 17.2 and was sixth in the open 60-yard dash, while Dennis Phillips of College of San Mateo was eighth in the pole vault at 15.0.

M-A Sprinter ^{12/29/65} Set for Indoor

SAN MATEO — Two South Peninsula Athletic League representatives qualified for the San Francisco Examiner Indoor Track Meet as part of the weekly all-comer meets Saturday.

Steve Mitchell, an outstand-

ing lightweight sprinter for Ravenswood the past two years who was sent to Menlo-Atherton by the boundary change, qualified in the high school 60-yard dash. Mitchell's time in the final heat was 6.5.

San Carlos' medley relay team, sparked by John Lilly, qualified third in its event with a time of 3:37.6.

College of San Mateo's mile relay squad qualified second in the junior college event with a 3:22.9 clocking.

The Examiner meet is set for Jan. 8.

Leading qualifiers:

High school two mile — Waldon (Santa Rosa) 9:23.3; Women's medley relay — SACRAMENTO Spikettes 1:49.3; High School medley relay — Encina 3:34.9; Junior College mile relay — American River 3:22.3; Women's 60 hurdles — Sherrard (Laurel Track Club) 8.0; High school 60 — Mathews (remont) 6.4; Open 60 high hurdles — McCormick (SCYV) 7.5.

San Carlos' ^{2/26} Lilly Takes Indoor Mile

DALY CITY — While the big news of Friday night's Golden Gate Invitational indoor meet obviously was the world indoor two-mile record by Australia's Ron Clarke, reported elsewhere on this page, it was a meet packed with excitement and close competition from start to finish.

From a strictly provincial point of view for South San Mateo County fans, the high school mile, one of the earlier events on the card, proved a real pleaser as San Carlos High's slender John Lilly turned on the coal for a runaway 4:24.0 win over a strong field.

Lilly hung back in third and fourth most of the way, then took off after the leaders on the 10th lap (11 to a mile), gaining first midway through that circuit and gradually pulling away.

It was the first individual win by a Sequoia District prep since the indoor meets began four years ago.