

BEST MARKS BY SCHOOLS NOW COMPRISING GOLDEN GATE CONFERENCE

TRACK EVENTS

100	9.5	RUDY JACKSON (Contra Costa) OVERTON WILLIAMS (Oakland)	State, Modesto Triangular, Modesto	5/31/58 4/24/59
220	20.4	OVERTON WILLIAMS (Oakland)	Nor-Cal, Sacto.	5/20/61
440	47.5	RON BENSON (San Mateo)	GGC Finals, SJCC	5/4/63
880	1:50.4n	RON BENSON (San Mateo)	PAAU, Stanford	6/8/63
Mile	4:12.2	RALPH LEE (San Mateo)	State, Modesto	5/26/62
2 Mile	9:09.2	JEFF FISHBACK (San Mateo)	State, Modesto	5/27/61
120 HH	14.3	LEROY KIRKPATRICK (San Mateo)	Invita., Compton	5/22/36 cq
220 LH	23.3	LEROY KIRKPATRICK (San Mateo)	Nor-Cal, Sacto.	5/2/36 cq
440 R	41.4	Oakland (Calvin King, Abe Johnson, Jim Levi, Carl Evans).	N-C Relays, L.Altos	4/27/63
880 R	1:27.0	Oakland (Bill Webster, Myron Grissom, Sam Perry, Len Noles).	WCre., Fresno	5/9/59
Mile R	3:16.2	Oakland (Len Noles, Tom Kettke, Sam Perry, Bill Webster).	State, Modesto	5/30/59
		San Mateo (Steve Firenze, Barry Sheldon, George Smith, Ron Benson).	N-C Relays, L.Altos	4/27/63
2 Mile R	7:42.9	San Mateo (Sam Rutland, Jim Groothoff, Jeff Fishback, Ralph Lee).	WCre., Fresno	5/13/61
D Med R	10:03.6	San Mateo (Rich Fambrini, Jim Groothoff, Ralph Lee, Jeff Fishback).	WCre., Fresno	5/13/61
SPR Med R	3:24.6n	San Mateo (Steve Firenze, George Smith, Jerry Rose, Ron Benson).	N-C Relays, L.Altos	4/27/63

FIELD EVENTS

Pole V	14-4 1/4	DAN WASHER (FOOTHILL)	Tri., L.Altos	4/14/62
High J	6-8 1/2	RAY HEARNE (CCSF)	Dual, SJS	3/18/61
Broad J	25-0	CHARLES BOOTH (CONTRA COSTA)	State, Modesto	5/25/63
*Shot P	59-11	DON CASTLE (FOOTHILL)	GGC Finals, SJCC	5/4/63
*Discus	187-5 1/4	LES MILLS (FOOTHILL)	Nor-Cal, Modesto	5/11/63
HSJ	54-5 1/4w	MAHONEY SAMUELS (FOOTHILL)	WCre., Fresno	5/11/63
	*51-10 3/4	MAHONEY SAMUELS (FOOTHILL)	WCre., Fresno	5/12/62
Jav	204-0	JOHN DEHART (SAN JOSE)	WCre., Fresno	5/13/61
*--national JC record.			-----Compiled by Don Nash (San Jose News)	

GOLDEN GATE CONFERENCE RELAYS

TRACK EVENTS

<u>Event</u>	<u>Time</u>	<u>College</u>	<u>Year</u>
Distance medley	10:14.4	San Mateo (Smith-Benson-Huff-Kamrar)	1963
440-yard relay	41.9	Oakland (King-Johnson-Levi-Evans)	1963
120-yard HH	14.5	Oakland Abe Johnson, Oakland	1963-4
Sprint medley	3:29.2	San Mateo (Firenze-Benson-Rose-Procella)	1963
100-yard dash	9.5	Travis Williams, Contra Costa	1964
Two-mile relay	7:54.0	San Jose (Sullivan-Dennis-Pennington-Noel)	1963
880-yard relay	1:27.5	Oakland (King-O'Neill-Johnson-Evans)	1963
480 shuttle hurdles	57.5	Oakland (McCormick-Bains-Sanders-A. Johnson)	1964
Mile relay	3:18.9	Foothill (Greenig-Parson-Shilts-Pierce)	1963

FIELD EVENTS

Broad jump	65-9	Oakland	1964
Mike McInerney DVC	23-2 (1964)	(Kelly-Tolliver-Sanders)	
High jump	18-7	San Mateo	1964
Ted Winfield CSM	6-9 (1964)	(Winfield-Divird-Wedlow)	
Pole vault	39-5	San Mateo	1964
Pat Bedford CSM	13-8 1/2 (1964)	(Bedford-Chase-Andreasen)	
Triple jump	131-3	San Jose	1964
Pete Danna SJCC	46-9 1/2 (1964)	(Danna-Bryant-Steengrafe)	
Discus	453-1 1/2	FOOTHILL	1963
Les Mills FC	168-3 1/2 (1963)	(Mills-Castle-Kennedy)	
Shot put	156-11	FOOTHILL	1963
Don Castle FC	54-10 1/4 (1963)	(Mills-Castle-Headley)	

NOTES: Additional 1964 winners: Distance medley--Oakland 10:23.4; 440-yard relay--Oakland 42.0; Sprint medley--San Mateo 3:39.4; 880-yard relay--Oakland 1:28.5; Mile relay--Oakland 3:22.4; Discus--San Mateo 390-0 1/2, Pat Lewis (CCSF) 150-8 1/2; Shot put--San Mateo 140-8 1/4, Pat Lewis (CCSF) 51-6.

FINAL TEAM SCORING: Oakland City College 86, San Mateo 81, San Jose C.C. 35, Foothill 34, Contra Costa 24, C.C. San Francisco 20, Diablo Valley 18, Chabot 10.

NORTHERN CALIFORNIA JC TRACK AND FIELD CHAMPIONSHIP RECORDS

(All marks set at Modesto JC)

TRACK EVENTS

100-yard dash	Overton Williams	Oakland	9.6	1961
	Bill Cowings	Sequoias	9.6	1962
220-yard dash	Overton Williams	Oakland	20.4	1961
440-yard dash	Bob Bruce	Hancock	47.2	1961-62
880-yard run	Charles Oakley	FOOTHILL	1:52.4	1962
One-mile run	Jeff Fishback	San Mateo	4:15.1	1961
Two-mile run	Brian Matravers	Modesto	9:28.9	1958
120-yard HH	W. Goodman	Sacramento	14.5	1957
220-yard LH	Fred Teixeira	Fresno	23.3	1963
One-mile relay	Ken Johnson, Charles Leathers, Mel Brooks, Bill Cowings.	Sequoias	3:17.3	1963T

FIELD EVENTS

Broad jump	Charles Craig	Fresno	23-11 3/4	1962
High jump	Gene Johnson	Fresno	6-6	1961
Pole vault	Jerome Biffle	Sacramento	14-1 1/2	1957
Discus	Les Mills	FOOTHILL	187-5 1/4	1963
Shot put	Don Castle	FOOTHILL	55-1 3/4	1963

NOTES: Bill Cowings of College of Sequoias won 100 in windy 9.6; Cowings won 220 in wind-free 20.8; Russ Pierce of FOOTHILL won 440 in 49.6; Ken Noel of San Jose CC won 880 in 1:55.0; Dave Kamrar of San Mateo won mile in 4:21.9; Jim Huff of San Mateo won two-mile in 9:37.2; Tom Powell of Sequoias won 120-yard high hurdles in windy 14.5; Sequoias won mile relay in 3:19.0; Ron Levi of Oakland won broad jump in windy 24-8 1/4; Charlie White of Monterey Peninsula won high jump at 6-4; Bill Matheson of Taft won pole vault at 13-9. FINAL TEAM SCORING: Sequoias 75, San Mateo 58, FOOTHILL 56, Contra Costa 33, Oakland 31, San Jose CC 28, CC San Francisco 24, Reedley and Taft 16, Monterey Peninsula 12, Diablo Valley 11, Santa Rosa 10, San Benito 8, Stockton 5, Modesto and Hartnell 4, Sacramento 3, Porterville and American River 1.

GOLDEN GATE CONFERENCE FINALS<sup>o</sup> RECORDS

(All marks set in 1963 at San Jose City College)

TRACK EVENTS

<u>Event</u>	<u>Time</u>	<u>Name</u>	<u>College</u>
100-yard dash	9.7	Charles Booth	Contra Costa
220-yard dash	20.9	Carl Evans	Oakland
440-yard dash	47.5	Ron Benson	San Mateo
880-yard run	1:52.4	Ken Noel	San Jose CC
Mile run	4:20.1	Dave Kamrar	San Mateo
Two-mile run	9:26.6	Jim Huff	San Mateo
Mile relay	3:18.7	Steve Firenze, Barry Sheldon, George Smith, Ron Benson.	San Mateo
120-yard HH	14.7	Bob Hector	CC San Francisco
220-yard LH	23.5	Art Miller	Diablo Valley

FIELD EVENTS

Pole vault	13-0	Mike Brunelle	Diablo Valley
Broad jump	24-6	Charles Booth	Contra Costa
Shot put	59-11	*DON CASTLE	FOOTHILL
Discus	187-3	LES MILLS	FOOTHILL
High jump	6-3 3/4	Mickey Toner	Diablo Valley

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FINAL TEAM SCORING: San Mateo 119 1/2, FOOTHILL 77, Contra Costa 62, CC San Francisco 55, Oakland 46, San Jose CC 40, Diablo Valley 34 1/2, Chabot 0.

\*-National JC record.

CALIFORNIA JC CHAMPIONSHIP MEET RECORDS

(All marks set at Modesto JC)

TRACK EVENTS

<u>Event</u>	<u>Time</u>	<u>Name</u>	<u>College</u>	<u>Year</u>
Mile run	4:09.1	Leroy Neal	Fullerton	1961
440-yard dash	46.6	Gary Comer	Pierce	1961
100-yard dash	9.4	Willie White	LA Harbor	1957
120-yard HH	14.0	Gaston Green	Los Angeles CC	1960
880-yard run	1:50.1	Ray Van Asten	Mt. San Antonio	1961
220-yard dash	20.3	David Morris	Pasadena CC	1962
220-yard LH	22.9	Terry Hendrix	Long Beach CC	1963
Two-mile run	9:04.9	Dick Krenzer	LA Valley	1963
One-mile relay	3:14.8	Amon, Underwood, Neal, Parsley	Fullerton	1961

FIELD EVENTS

Pole vault	14-9	Bob Maimbourg	Fullerton	1963
Broad jump	25-0 1/2	Gene Wilson	Sequoias	1960
Shot put	58-8 1/2	Don Castle	FOOTHILL	1963
Discus	177-1 1/2	Les Mills	FOOTHILL	1963
High jump	6-9 3/4	John Rambo	Long Beach CC	1963

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NOTES: Additional 1963 winners: Mile--Bob Delaney (Santa Ana) 4:09.6; 440--Kerry Wright (Cerritos) 48.1; 100--Bill Cowings (Sequoias) 9.5 (6.77 wind); 120 HH--George Greenwood (San Bernardino) 14.0 (5.112 wind); Mile relay--Sequoias 3:17.1; Broad jump--Charles Booth (Contra Costa) 25-0 wind.

FINAL TEAM SCORING: Long Beach CC 61, Sequoias 44 2/3, FOOTHILL 36, San Mateo 31, San Bernardino 30, Los Angeles Valley 27, Cerritos 26, Contra Costa 22, Fullerton 18, Glendale and Santa Ana 16, San Jose 11, El Camino 10, Fresno 9 1/3, San Diego and Pierce 9, Oakland 8, Citrus 8, Harbor and Orange Coast 7, Bakersfield 6, Mt. San Antonio, Monterey Peninsula, Reedley and Stockton 4, CC San Francisco and Santa Barbara 2, Santa Rosa and Taft 1.

JC DIVISION---WEST COAST RELAYS, FRESNO---RECORDS

TRACK EVENTS

<u>Event</u>	<u>Time</u>	<u>College</u>	<u>Year</u>
Distance Med. (less 1,500)	10:23.9	Santa Ana	1958
Distance Med. (Open)	9:54.2	Fullerton	1961
880-yard relay (Open)	1:26.6	Riverside	1938
	1:26.6	San Diego	1958
	1:26.6	Sequoias	1963
Mile relay (less 1,500)	3:16.0	Monterey Peninsula	1961
Mile relay (Open)	3:13.7	Fullerton	1961
120-yard HH	14.3	Compton (Bill Anderson)	1949
100-yard dash	9.5	Salinas (Hal Davis)	1940
	9.5	ELAJC (Jim Bates)	1959
	9.5	Pasadena (David Morris)	1962
	9.5	Sequoias (Bill Cowings)	1963
Two-mile relay	7:35.8	Fullerton	1961

FIELD EVENTS

Broad jump	25-9 1/2	Harbor (Bill Jackson)	1958
High jump	6-10 3/4	Mt. San Antonio (Joe Faust)	1962
Pole vault	14-8	Los Angeles CC (Gerald Pratt)	1961
Discus	175-8 1/2	FOOTHILL (Les Mills)	1963
Shot put	59-0 1/4	FOOTHILL (Don Castle)	1963

NOTES: Additional 1963 winners: Distance medley (less 1,500) Citrus 10:29.7; Distance medley (Open) Santa Ana 9:57.6; Mile relay (less 1,500) Citrus 3:20.2; Mile relay (Open) San Mateo 3:16.6; 120-yard HH--Bunny Brown (San Bernardino) 14.2 (5.33 wind); Two-mile relay--Santa Ana 7:40.2; Broad jump--Lonnie Brantley (CC San Francisco) 23-11 1/2; High jump--Mike Lange (Orange Coast) 6-7 3/4; Pole vault--Bill Matheson (Taft) 14-6.

FINAL TEAM SCORING: San Mateo 25, Long Beach 21 and Sequoias 21, Santa Ana 20, FOOTHILL 18, Contra Costa 13, San Bernardino 12, Cerritos 11, Pierce 10 1/2, Los Angeles Valley and Mt. San Antonio 8, CC San Francisco 7, San Jose CC 6, Fullerton 5 1/2, Taft 5, Harbor 4 1/2, Glendale and Oakland 4, Bakersfield 3 1/2, Fresno and Monterey Peninsula 3, San Benito 2.

NORTHERN CALIFORNIA JC RELAYS RECORDS

TRACK EVENTS

<u>Event</u>	<u>Time</u>	<u>College</u>	<u>Year</u>
Distance Medley	10:11.7	San Mateo (Smith, Benson, Huff, Kamrar).	1963
880-yard relay	1:27.2	Oakland (King, Johnson, Levi, Evans).	1963
Mile relay	3:16.2	San Mateo (Firenze, Sheldon, Smith, Benson).	1963
120-yard HH	14.5	Oakland (Abe Johnson)	1963
100-yard dash	9.7	Fresno (Bill Hall)	1961
Two-mile relay	7:48.1	San Jose (Nelson, Dennis, Pennington, Noel).	1963
Sprint-medley relay	3:24.6	San Mateo (Firenze, Smith, Rose, Benson).	1963
480 Shuttle Hurdles	57.1	Sequoias (Crawford, White, Powell, Leathers).	1963
440-yard relay	41.4	Oakland (King, Johnson, Levi, Evans).	1963

FIELD EVENTS

High jump	6-5 3/4	CC San Francisco (Ray Hearne)	1961
Broad jump	24-1	Monterey Peninsula (Ron Palmer)	1961
	24-1	CC San Francisco (Lonnie Brantley)	1962
Pole vault	14-3 3/4	Fresno (DeWayne Peterson)	1962
Shot put	58-7 1/4	FOOTHILL (Don Castle)	1963
Discus	175-5	FOOTHILL (Les Mills)	1963

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NOTES: Bill Cowings of College of Sequoias won 100-yard dash in 9.8; Wes Mitchell of Sequoias won high jump at 6-5; Jim Levi of Oakland City College won broad jump at 23-7; Harlan Butler of Hartnell College won pole vault at 14-0. FINAL TEAM SCORING: Sequoias 61 1/2, San Mateo 51, FOOTHILL 47, Oakland 36, Contra Costa 28, CC San Francisco 18, Reedley 15, San Jose CC 14, Hartnell 11, Fresno 10 1/2, Diablo Valley 8, Chabot and Modesto 7, Santa Rosa 4, San Benito 2, Monterey Peninsula and Coalinga 1.

FOOTHILL COLLEGE ALL-TIME  
TRACK AND FIELD CAREER LIST

TRACK EVENTS

100

Russ Pierce	9.9	San Jose State Modesto Foothill	March 4, 1962 May 15, 1962 May 5, 1962
Ralph Crump	10.0	San Jose City College Hartnell	April 8, 1961 April 15, 1961
Don Wilson	10.1	Foothill	May 5, 1962
Dave Shellabarger	10.1	Foothill	April 5, 1963
Paul McCormick	10.2	Foothill	April 20, 1963
Walt Lamb	10.2	Foothill	March 22, 1963
Ken Brownson	10.3	San Jose City College	May 3, 1963
Ray Hamm	10.4	Foothill	April 14, 1963

220

Russ Pierce	21.2	State JC Meet, Modesto	May 26, 1962
Ralph Crump	21.5	Hartnell	April 15, 1961
Don Wilson	22.3	Foothill	May 5, 1962
Dave Shellabarger	22.6	Foothill	April 6, 1963
John Shilts	22.6	San Jose State	March 2, 1963
Bob Owen	22.8	West Coast Relays, Fresno	May 11, 1963
Jerry Collins	23.0	San Jose City College	April 9, 1960
Bud Reed	23.2	Foothill	March 29, 1963
Paul McCormick	23.4	Foothill	April 6, 1963
Ken Brownson	23.4	Foothill	April 6, 1963



## FOOTHILL ALL-TIME

440

Russ Pierce	48.2	San Jose City College State JC Meet, Modesto	May 3, 1963 May 25, 1963
Al Chapman	50.1	Foothill	April 14, 1963
John Shilts	50.3	Foothill San Jose City College	March 29, 1963 May 3, 1963
Charlie Oakley	50.5	San Jose State	March 3, 1962
Bud Reed	50.6	West Coast Relays, Fresno	May 11, 1963
Bill Strang	50.8	State JC Meet, Modesto	May 26, 1962
Mike Nichols	50.9	San Jose City College	April 9, 1961
Jack Parson	51.2	Hartnell	March 24, 1962
Scott Costello	52.3	Foothill	March 31, 1962
Trenton Allison	53.3	Foothill	March 10, 1962

880

Charlie Oakley	1:51.0	Foothill	April 14, 1962
Jack Parson	1:54.5	Foothill	March 31, 1962
Al Chapman	1:55.9	Foothill	February 17, 1962
Tom Burton	1:57.6	Foothill	March 22, 1963
Tom Proven	1:57.8	West Coast Relays, Fresno	May 11, 1963
Skip Greenig	1:58.1	Foothill	March 22, 1963
Rich Wolden	1:58.8	Foothill	May 5, 1962
Russ Pierce	2:00.0	Angell Field, Stanford	March 8, 1963
Bert Stringer	2:01.0	Foothill	April 21, 1962
Norman Eliason	2:02.0	Hartnell	April 22, 1961
Tom Gleason	2:02.1	Foothill	April 21, 1962

## FOOTHILL ALL-TIME

MILE

Al Chapman	4:13.2	State JC Meet, Modesto	May 26, 1962
Bert Stringer	4:21.3	Foothill	April 14, 1962
Jack Parson	4:22.7	Foothill	March 22, 1963
Tom Proven	4:23.7	Foothill	March 29, 1963
Skip Greenig	4:25.6	Foothill	March 29, 1963
Charlie Oakley	4:29.7	Foothill	May 5, 1963
Ernie Long	4:32.6	Foothill	March 29, 1963
Bill Finstad	4:35.7	Foothill	March 12, 1963
Tom Gleason	4:36.1	Foothill	May 5, 1962
Barry Brummal	4:37.7	Foothill	March 12, 1963
John Arnold	4:38.0	Foothill	May 5, 1962

TWO-MILE

Bert Stringer	9:19.0	State JC Meet, Modesto	May 26, 1962
Bill Finstad	9:46.0	Stanford Golf Course	October 25, 1962
Jack Parson	9:51.3	Foothill	March 29, 1963
John Arnold	10:00.3	Foothill	April 6, 1963
Skip Greenig	10:10.9	Foothill	April 6, 1963
Ernie Long	10:19.9	Foothill	March 10, 1962
Al Chapman	10:35.0	Foothill	March 10, 1962
Randy Bufano	10:30.3	Foothill	March 29, 1963
Guy Ogan	10:42.0	Stanford Golf Course	October 25, 1962
Leonard Anderson	10:46.0	San Jose City College	May 8, 1962

FOOTHILL ALL-TIME

ONE-MILE RELAY

Bill Strang-Al Chapman- Russ Pierce-Charles Oakley	3:18.6	Fresno State JC Meet, Modesto	May 15, 1962 May 26, 1962
Skip Greenig-John Shilts- Jack Parson-Pierce	3:18.9	Foothill	April 27, 1963
Strang-Chapman- Pierce-Oakley	3:20.3	Foothill	May 5, 1962
Strang-Chapman- Oakley-Pierce	3:20.5	Modesto	May 19, 1962
Bud Reed-Tom Burton- Shilts-Pierce	3:21.1	Foothill	April 6, 1963
Reed-Greenig-- Shilts-Pierce	3:21.9	San Jose	May 3, 1963
Parson-Pierce- Reed-Shilts	3:22.0	Modesto	May 14, 1963
Parson-Strang- Chapman-Pierce	3:22.9	Angell Field, Stanford	April 6, 1962
Strang-Parson- Chapman-Pierce	3:23.1	Foothill	March 31, 1962
Strang-Oakley- Chapman-Pierce	3:23.2	Foothill	April 14, 1962

FOOTHILL ALL-TIME

120 HIGH HURDLES

Bob Owen	14.9	Nor-Cal JC Relays, Foothill San Jose C.C.	April 27, 1963 May 3, 1963
Bill Strang	15.2	Foothill	May 5, 1962
Bill Brown	15.2	Hartnell	April 23, 1960
Bob Workman	15.7	Hartnell	April 23, 1960
Randy Broschat	15.7	Foothill	March 29, 1963 April 4, 1963 April 20, 1963
Mel Harrison Jr.	16.3	Angell Field, Stanford	March 8, 1963
Mike Hunt	16.6	San Jose State	March 2, 1963
Tom McDougal	17.2	Foothill	March 10, 1962
Doug Gordon	17.5	San Jose State	March 2, 1963

220 LOW HURDLES

Bill Strang	24.4	Foothill	May 5, 1962
Ray Hamm	24.5	Foothill	May 5, 1962
Mike Hunt	25.0	Foothill	April 20, 1963
Bill Brown	25.1	San Jose C.C.	May 8, 1960
Bob Workman	25.3	Hartnell	April 23, 1960
Bob Owen	26.0	Foothill	March 22, 1963
Randy Broschat	26.6	Foothill	March 29, 1963
Paul McCormick	26.7	Foothill	March 29, 1963
Doug Green	26.8	Foothill	April 6, 1963
Ken Brownson	27.4	Foothill	March 22, 1963

330 INTERMEDIATES

Mike Hunt	41.9	San Jose State	March 2, 1963
Randy Broschat	44.3	San Jose State	March 2, 1963

JAVELIN

Joe Kennedy	162-7 1/2	San Jose State	March 2, 1963
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SHOT PUT

Don Castle	59-11	San Jose City College	May 3, 1963
Les Mills	58-2	West Coast Relays, Fresno	May 11, 1963
Steve Headley	51-2 1/4	San Jose City College	May 3, 1963
Scott Lewis	46-6	San Jose City College	May 8, 1961
Peter Mahurin	44-1 3/4	Foothill	April 6, 1962
George Patterson	43-11	Foothill	March 29, 1963
Russ Borthwick	42-8 1/4	Foothill	April 20, 1963
Bob Owen	34-10	Foothill	March 29, 1963
Brent Wittges	31-11 1/4	Foothill	March 10, 1962

DISCUS

Les Mills	187-5 1/4	Modesto	May 18, 1963
Don Castle	163-4	San Jose City College	May 3, 1963
Joe Kennedy	153-9	Foothill	March 12, 1963
Steve Headley	145-1	Foothill	May 3, 1963
Brent Wittges	142-3 1/2	Foothill	May 5, 1962
Clayton Anderson	111-5 1/2	Foothill	March 17, 1962
Peter Mahurin	109-10 1/4	Foothill	April 14, 1962

## FOOTHILL ALL-TIME

HIGH JUMP

Clayton Anderson	6-7 3/4	Angell Field, Stanford	January 27, 1962
Mike Nichols	6-1 3/4	San Jose City College	April 28, 1961
Norman Eliason	6-1	San Jose City College	April 8, 1961
Bill Strang	6-1	San Jose City College	April 8, 1961
Dan Washer	5-10	Angell Field, Stanford	April 6, 1962
Ray Hamm	5-10	Angell Field, Stanford	April 6, 1962
Leo Norman	5-8	Foothill	March 22, 1963
Randy Broschat	5-8	Foothill	April 13, 1963
Dave Shellabarger	5-6	San Jose State Foothill	March 2, 1963 April 13, 1963
Russ Borthwick	5-4	Foothill	April 6, 1963
Doug Gordan	5-4	San Jose State	March 2, 1963

BROAD JUMP

Jerry Cassingham	23-2	Hartnell	April 15, 1960
Mahoney Samuels	22-10 1/2	Foothill	May 5, 1962
Bill Strang	21-7	Hartnell	March 24, 1962
Ray Hamm	21-3	Foothill	May 5, 1963
Vic Ranoa	20-8 3/4	Foothill	March 31, 1962
Doug Green	20-8	San Jose City College	May 3, 1963
Dan Washer	20-2	Foothill	March 10, 1962
Bob Owen	19-8	San Jose State	March 2, 1963
Dick Clay	19-2	Foothill	March 10, 1962
Mike Hunt	16-9 3/4	Foothill	March 16, 1963

TRIPLE JUMP

Mahoney Samuels	51-10 3/4	West Coast Relays, Fresno	May 12, 1962
Vic Ranoa	39-0 3/4	Foothill	May 5, 1962

FOOTHILL ALL-TIME

POLE VAULT

Dan Washer	14-4 1/4	Foothill	April 14, 1962
Dick Clay	14-0 1/4	State JC Meet, Modesto	May 26, 1962
Don Beal	13-8	Modesto	May 19, 1961
Tom McDougal	13-6	Foothill	March 31, 1962 April 6, 1962
Gerald Lawrence	13-6	Foothill	April 6, 1962
Paul Eaton	13-0	Foothill	April 27, 1963
Dan Haggerty	11-6	San Jose State	March 2, 1963
Bob Workman	7-6	Hartnell	April 23, 1960

FOOTHILL COLLEGE TRACK AND FIELD RECORDS

TRACK EVENTS

100-yard dash-----	Russ Pierce	9.9	1962
220-yard dash-----	Russ Pierce	21.2	1962
440-yard dash-----	Russ Pierce	48.2	1963
880-yard run-----	Charles Oakley	1:51.0	1962
Mile run-----	Al Chapman	4:13.2	1962
Two-Mile run-----	Bert Stringer	9:19.0	1962
Three-Mile run-----	Al Chapman	14:46.5	1962
120-yard HH-----	Bob Owen	14.9	1963
220-yard LH-----	Bill Strang	24.4	1962
330-yard Intermediate H---	Mike Hunt	41.9	1963
440-yard relay-----	Owen-Pierce-Ray Hamm-Don Wilson	42.9	1962
880-yard relay-----	Wilson-Hamm-Pierce-Strang	1:28.8	1962
One-Mile relay-----	Strang-Chapman-Pierce-Oakley	3:18.6	1962
Two-Mile relay-----	Jack Parson-Stringer-Chapman-Oakley	7:45.6	1962
Four-Mile relay-----	(No school record)		
Distance medley relay-----	Pierce-Oakley-Stringer-Chapman	10:05.4	1962
Sprint medley relay-----	Pierce-Dave Shellabanger-Owen-Parson	3:30.1	1963
480 shuttle Hurdle relay--	Randy Broschat-Paul McCormick-Owen-Hunt	59.7	1963

FIELD EVENTS

Triple jump-----	Mahoney Samuels	51-10 3/4	1962
Broad jump-----	Jerry Cassingham	23-2	1961
High jump-----	Clayton Anderson	6-7 3/4	1962
Pole vault-----	Dan Washer	14-4 1/4	1962
Discus-----	Les Mills	187-5 1/4	1963
Shot put-----	Don Castle	59-11	1963
Javelin-----	Joe Kennedy	162-7 1/2	1963
Broad jump relay-----	Strang-Vic Ranoa-Hamm	59-3 1/4	1962
High jump relay-----	Anderson-Washer-Hamm	17-7	1962
Pole vault relay-----	Lawrence-McDougal-Washer	39	1962
Discus relay-----	Mills-Castle-Kennedy	453-1 1/2	1963
Shot put relay-----	Headley-Mills-Castle	156-11	1963

FOOTHILL COLLEGE STADIUM RECORDS

TRACK EVENTS

100-yard dash-----	Russ Pierce	(Foothill)	9.9	1962
220-yard dash-----	Russ Pierce	(Foothill)	21.5	1962
440-yard dash-----	Rich Chesarek	(Stanford)	48.2	1963
880-yard run-----	Charles Oakley	(Foothill)	1:51.0	1962
Mile run-----	Morgan Groth	(Oregon State)	4:04.7	1963
Two-Mile run-----	Julio Marin	(USC)	8:57.0	1963
120-yard HH-----	Bob Pierce	(USC)	14.1	1963
220-yard LH-----	Sid Nicholas	(Vallejo)	23.7	1962
330-yard Intermediate H---	Rex Cawley	(USC)	37.4	1963
440-yard relay		Oakland	41.4	1963
880-yard relay		Oakland	1:27.2	1963
One-Mile relay		USC and San Mateo	3:16.2	1963
Two-mile relay		Foothill	7:45.6	1962
Distance medley relay		San Mateo	10:14.4	1963
Sprint medley relay		San Mateo	3:24.6	1963



Rod is a freshman engineering major from Fremont's Washington High. Sat out cross country season and will need time to round into peak form at which time Coach Matsuda expects him to run 1:56.0 or better in 880. "Bright prospect" according to Matsuda.

Sylvester, Gerald C. (Jerry)

Pole Vault

Jerry is a freshman pre-dentistry major from Cupertino High. Named "most inspirational" on cross country team as a prep, he's expected to become an outstanding vaulter in the next two seasons.

Turrentine, James H. (Jim)

Broad Jump

Jim is a freshman forestry major from Los Gatos High. "Good prospect and hard worker," according to his coach. Competed as a lightweight last spring, finishing third in SCVAL-west broad jump finals.

Welch, Bob E.

Hurdles

Bob was the MHAL's high and low hurdle champion for Irvington High last spring with meet record times of 14.8 and 20.1. P.E. major, who won Andrew Hill High Invitational highs in record 14.8, and finished fourth and third in Division II qualifying match. "Good worker and outstanding prospect," according to his coach.

Wenzel, Ralph R.

Weights

Ralph's interest in the shot put was aroused the past year by national J.C. record-holder Don Castle, Wenzel's schoolmate at Cubberley, who was reunited with "The Rock" last year at Foothill. Transfer from San Jose State, who won all-league football honors as an offensive tackle last fall. Wenzel is "willing to learn and will surprise many people," according to Matsuda. P.E. major.

Wilder, Richard M. (Rich)

High Jump

Rich "can only go up," according to Matsuda's way of thinking. Fremont High grad with a life-best of 5-10 in high jump. Matsuda has this general education major thinking in terms of 6-8 by the season's end, however.

Young, Robert C.

Sprints-Hurdles

Bob is a freshman engineering major who sat out his senior year at Mountain View High after competing on the lightweight team. Candidate for 330-yard hurdle event.

HEIR TO PLENTY

New Coach Ken Matsuda can't help but be successful as he takes over Foothill track and field coaching job this spring. The San Jose State graduate, who holds B.A. and M.A. physical education degrees, built an empire in three seasons at San Jose's Andrew Hill High, where his teams won 14 consecutive dual meets. Ken, Foothill's fifth new track coach in the school's five-year athletic history, won 16 letters as a prep and won All-Metropolitan Conference football honors at Santa Monica City College two years as a halfback.

His familiarity with the area's track program means that outstanding prep trackmen may frequent the Foothill campus more than before. And while this is a building year, track buffs will do wrong to overlook the Owls in coming seasons with Matsuda at the helm. Ken, who's made many friends in less than a year's time at Foothill, is married and the father of two

## FOOTHILL COLLEGE STADIUM RECORDS

(Continued)

TRACK EVENTS

480 Shuttle Hurdle Relay		College of the Sequoias	57.1	1963
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FIELD EVENTS

Javelin	Larry Stuart	USC	212-0	1963
Triple Jump	Mahoney Samuels	Foothill	49-1 1/4	1962
High Jump	John Fontius	Stanford	6-6	1963
Broad Jump	Charles Craig	Fresno State	23-7 3/4	1963
Pole Vault	Dan Washer	Foothill	14-4 1/4	1962
Discus	Les Mills	Foothill	175-5	1963
Shot Put	Don Castle	Foothill	58-7 1/4	1963
High Jump Relay		San Mateo	18-1 1/2	1963
Broad Jump Relay		Oakland	61-10 1/4	1963
Pole Vault Relay		Foothill	39-0	1962
Discus Relay		Foothill	453-1 1/2	1963
Shot Put Relay		Foothill	156-11	1963

NATIONAL JC RECORDS - OVER

NATIONAL JUNIOR COLLEGE TRACK AND FIELD RECORDS

TRACK EVENTS

100-yard dash-----	Willie White	(L. A. Harbor)	9.4	1957
220-yard dash-----	David Morris	(Pasadena CC)	20.3	1962
440-yard dash-----	Gary Comer	(Pierce)	46.6	1961
880-yard run-----	Ray Van Asten	(Mt. San Antonio)	1:48.6n	1962
Mile-run-----	Sterling Jenkins	(San Diego CC)	4:07.7	1963
Two-mile run-----	Dick Krenzer	(L. A. Valley)	9:04.9	1963
120 high hurdles-----	Billy Anderson	(Compton)	14.0	1949
	Gaston Green	(L. A. CC)	14.0	1960
220 low hurdles-----	Willie White	(L. A. Harbor)	22.6	1957
440-yard relay-----	Curtis Young, Wilbert Holley, Ron Suggs, Dennis Johnson.	(Bakersfield)	41.0	1960
880-yard relay-----	Hovis Bess, Finley Culpepper, Bryant Allen, Clyde Jeffrey	(Riverside CC)	1:25.6	1938 cq
	Roscoe Cook, Fred Lucas, Dave Grayson, Bobby Staten	(San Diego CC)	1:25.6	1958
Mile relay-----	Richard Amon, Jan Underwood, Leroy Neal, Dave Parsley.	(Fullerton)	3:12.7	1961
Two-mile relay-----	Chuck Baer, Harry McCalla, Jan Underwood, Leroy Neal.	(Fullerton)	7:35.8	1961
Four-mile relay-----	Clyde Rilea, George Aquirre, Jon Keith, Bob Delaney.	(Santa Ana)	17:13.9	1963
Sprint medley relay--	Ray Van Asten, Lee Phillips, Duane Reidenbach, Bob Miltz.	(Mt. San Antonio)	3:22.8	1961
Distance medley-----	David Parsley, Leroy Neal, Jan Underwood, Harry McCalla.	(Fullerton)	9:54.2	1961
480 Shuttle hurdle---	Cordell Cain, George Greenwood, Cliff & Bunny Brown	(San Bernardino)	55.9	1963

FIELD EVENTS

Pole vault-----	Jim Fancchi	(Bakersfield)	14-10	1962
High jump-----	Joe Faust	(Mt. San Antonio)	7-1 1/4	1962
Broad jump-----	Ernest Shelby	(Pierce)	26-1 1/4	1956
Hop-step-jump-----	Mahoney Samuels	(FOOTHILL)	51-10 3/4	1962
Shot put-----	Don Castle	(FOOTHILL)	59-11	1963
Discus-----	Les Mills	(FOOTHILL)	187-5 1/4	1963
Javelin-----	Larry Stuart	(Santa Ana)	256-2	1962