# 'Sprinter' Adams Jolts CCS List

With most area track and tie for fifth spot in the Secfield contingents preparing tion. for the Central Coast Section meet, as well as the region and State meets, little change took place in the CSS's top 43.9. times and distances during the week.

Los Altos' Chris Adams, who already tops the Section in the shot put (61-91/2) and discus (198-0), plus holding the second best time in the 180-yard low hurdles, added his name to the list of outstanding sprinters.

View to move into a six-way som.

In addition, Adams runs the first leg on the Knight's 440 relay team which ranks fourth in the Section with a

Joe Wyrick of Mount Pleasant jumped 6-41/4 in Saturday's Blossom Hill Relays to move into a tie for the CCS top spot with Mills' Bill

Another Section season best was recorded by Cupertino's 440 relay squad. The Pioneer foursome, anchored by sprint whiz Jeff Fowler The muscular Adams ran (9.9 season best), romped to the century in 10.0 during a 43.3 clocking in the quarter Friday's meet with Mountain mile Saturday in the Blos-

\* \* \*

\* \* \*

109 — Chuck Bommarità (Crestmoor) 101 — Chuck Bommarità (Crestmoor) 101 — Chuck Bommarità (Crestmoor) 102 — Chuck Bommarità (Crestmoor) 103 — Chuck Bommarità (Chestmoor) 104 — Chuck Bommarità (Chestmoor) 105 — Chuck Bommarità (Chestmoor) 105 — Chestmoor) 105 — Chestmoor) 105 — Chestmoor) 106 — Chestmoor) 107 — Chestmoor) 107 — Chestmoor) 107 — Chestmoor) 108 — Chestmoor) 108 — Chestmoor) 109 — Chestmoor) 1

220—Bornmarito (Crestmoor) 21.5 w; Jim Andrew (Los Altos) 22.0: Fowler (Cupertino) and Resse (Menio-Atherton) 22.2: Bryant (Wildox) 22.5; Roysta (Mon-tercy). Pierce (Westmont) and Foxwor-thy (Watsonville) 22.6.

440—Rick Brown (Los Allos) 48.1; Andrew (Los Allos) 48.6; Andy Alexander South S.F.) 49.4 nw; Benny Brown Sunnyvale) 49.5; Larry Davis (Los Allos) 49.6 nw; Boris Scaller (Cuperfino) 99.9 nw.

49.9. mv.

880—Brown (Los Altos) 1:54.6; Davis
(Los Altos) 1:56.5 mv; Verefie (Awall)
1:57.1 nw; Mike Hart (Willow Glen)
1:57.8 Randy Carlson (Westment) 1:58.5.

MILE—Harf (Willow Glen) 4:19.6;
Jack Bush (Piedmont Hills) 4:19.6;
Wayne Smith (Mills) 4:21.0; Dave Champess (Awall) 4:21.1, nw; Dave Moniova
(Burlingame) 4:22.0.

Burlingame) 4:22.0.

2 Mile—Bob McCarthy (St. Francis) 2:19.2; Hans Templeman (Carlmont) 1:33.6; O'Halioran (St. Francis) 9:35.0 my; Stahl (Homestead) 9:35.4; Stève Path (Willow Glen) 9:38.5 mw; Lema Cupertino) 9:39.9 mw; Steve Miller (Carlmont) 9:39.9 mw;

(Carlmont) 9:39,9 NW.
120 High Hurdles—Dave Batishaw
(Gunn) 14.6; Dave Eshelman (Gunn) 14.9
nw; Vic Brooks (Los Altos) 15.9; Gibson
(Saratoga), Meniel (Fremont) and Chuck
Hitt (Gunn) 15.1; Mike Estrada (Leland)
15.2; Sam Shull (Ayer) and Rob Solari
(San Carlos) 15.3.

180 LOW HURDLES Lynn Swann (serra) 19.4; Chris Adams (Los Altos)

Following are the top reported track [19.8] Cummings (Awalt) and Bagshaw and field times and distances in the (Gunn) 19.8; Julian Lucas (Gunn) 19.6: Julian Lucas (Gunn) 19.6:

no) 20.1; three fied at 20.2, 440 RELAY—Cupertino 43.3; Woodside, and Overfelt 43.4; Westmont 43.8; Cos Altos and Blackford 43.9; Alisal, Menio-Alterion, and Willow Glen 44.0. MILE RELAY—Los Altos 3:18.2; Awall 3:25.1 nw; Westmount 3:25.4 nw; Mount Pleasant 3:26.8 nw; Nynbrook 3:27.3 nw.

LONG JUMP—Kep Murphy (Menlo-Alberton) 23-1; Swann (Serra) 22-11; Conway (Cuperlino) 22-8; Lucas (Gunn) 22-61/2; Pina (San Carlos) 22-61/4; Rick Miller (Leigh) 22-4; Val Lopez (Live Oak) 22-3.

Oak) 22-3, HIGH JUMP—Joe Wyrick (Mount Pleasant) and Bill Kahn (Mills) 6-4/4; Ron Bosch (Sequicia) 6-4; Mare Carroll (Monterey), Mike Soulas (Oak Grove) and Jay May (Sequicia) 6-3; Swayzer (Overfeth) 6-23/4; Six fied at 6-2.

TRIPLE JUMP—Miller (Leigh) 47-10/2; Lynch (Homestead) 47-0; Steve Conway (Cuperting) 46-1; Bordeau (Westmount) 46-9; Mike Hughes (Sequoia) 45-7/2.

guora) 45-7/2.

POLE VAULT—Sieve Balocchi (Capu-chino) 14-6; Carl Goldstone (San Mareo) 14-3/2; Rick Bruni (Burlingame) 14-01 Roger Martin (Camden) 13-11/2; John Ceglia (Homestead) 13-8/2; Bill Stein (Gunn) 13-6; Mark Smith (Leland) 13-4.

SHOT PUT—Adams (Los Alfos) 61-9/2; hris Callero (Riordan) 56-2; Mannon Los Gatos) 53-6; Gred Jacinsky (Awalt) 2-33/4; Larry Grillo (Westmount) 51-11/4.

DISCUS-Adems (Los Alfoe) 198-0; Rover (Campbell) 175-4; Waller (Home-steed) 173-7; Covey (Homesteed) 171-8; John Tarabanovic (Fremont) 170-11; Brown (Cuperlino) 176-4; Bowen (Sunny vale) 197-5.

H27 Track Toppers

Following are the top reported track and field times and distances in the Central Coast Section this season:

100 — Chuck Bommarito (Crestmoor)
9,9 w; Len Johnson (Overfett) 9,7; Ed Bryant (Wilcox) 9,8; John Hillard (San Jose) 9,8 w; Steffon Stukat (Woodside), Jeff Fowler (Cupertino) and Ernie Reese (Menlo-Atherton) 9,9; seven tied at 10,0.

220 — Bommarito (Crestmoor) 21.5 w; Jim Andrew (Los Alfos) 22.0; Boris Scalier (Cupertino) 22.1; Fowler (Cuper-tino) and Reese (Menlo-Atherton) 22.2; Rick Miller (Leigh) 22.4; Bryant (Wil-cox) and Benny Brown (Sunnyvale) 22.5. Five tied at 22.6.

440 — Rick Brown (Los Altos) 48.1; Andrew (Los Altos) 48.6; Andy Alexan-der (South S. F.) 49.4 nw; Brown (Sun-49.4) 49.5; Larry Davis (Los Altos) 49.6 nw; Scaller (Cupertino) 49.9 nw.

880 — Brown (Los Altos) 1:54.6; Davis (Los Altos) 1:56.5 nw; Verette (Awalt) 1:57.1 nw; Randy Carlson (Westmont) 1:57.6; Mike Hart (Willow Glen) 1:57.8.

MILE — Dave Montova (Burlingame)
4:19.5 nw; Harf (Willow Glen) 4:19.6;
Jack Bush (Piedmont Hills) 4:19.8;
Wayne Smith (Mills) 4:21.0; Dave Chamness (Awalt) 4:21.1.
2 MILE — Bob McCarthy (St. Francis)
9:19.2; Hans Templeman (Carlmont)
9:33.6; O'Halloran (St. Francis) 9:35.0
nw; Randy Stahl (Homestead) 9:35.4;
Steve Peth (Willow Glen) 9:38.5 nw;
Lema (Cupertino) 9:39.9 nw, Steve Miller (Carlmont) 9:39.9 nw.

120 HIGH HURDLES — Dave Bagshaw (Gunn) 14.6; Dave Eshelman (Gunn) 14.9 nny; Vic Brooks (Los Altos) 15.0; Gibson (Saratoga), Meniel (Fremont) and Chuck Hitf (Gunn) 15.1; Mike Estrada (Leland), Davis (San Carlos), Orivillo (Sequoia) and Wricht (Silver Creek) 15.2; Sam Shull (Aver) and Rob Solari (San Carlos)

180 LOW HURDLES—Lynn Swann (Serra) 19.4; Tom Davenport (Cupertino) 19.5; Chris Adams (Los Alfos) 19.7; Cunnmings (Awalf) and Bagshaw (Gunn) 19.8; Lucas (Gunn) 19.8 nw; Eshelman (Gunn) 19.9.

(Gunn) 19.9.

440 RELAY—Cupertino 43.3; Woodside and Overfelt 43.4; Westmont 43.8; Los Alfos and Blackford 43.9; Alisal, Menlo-Atherton and Willow Glen 44.0.

MILE RELAY—Los Alfos 3:18.2; Awalt 3:25.1 nw; Westmont 3:25.4 n2; Mount Pleasant 3:26.8 nw; Lynbrook 3:27.3 nw. LONG JUMP—Ken Murphy (Menlo-Atherton) 23-1; Swann (Serra) 22-11; Val Lopez (Live Oak) and Ross (Overfelt) 22-10; Conway (Cupertino) 22-8; Lucas (Gunn) 22-6½; Pina (San Carlos) 22-6¼; Miller (Leish) 22-4.

HIGH JUMP—Joe Wyrick (Mount Pleasant) 6-634; Bill Kahn (Mills) 6-444; Fon Bosch (Sequoia) 6-4; Nate Carroll (Menterey), Mike Soutas (Oak Grove) and Jay May (Sequoia) 6-3; Prince Swayzer (Overfielf) 6-224; Eight fied at

eigh) 4/-0;

TRIPLE JUMP—Miller (Leigh) 4710/2; Wallv Lynch (Homestead) 4710/2; Wallv Lynch (Homestead) 4710/2; Wallv Lynch (Homestead) 4710/2; Steve Conway (Cupertino) 46-11; Randy
Bordeau (Westmont) 46-9; Mike Hughes
(Sequoia) 45-7/4.
POLE VALUT—Steve Baiocchi (Caputchino) 14-6; Carl Goldstone (San Mateo)
14-3/4; John Ceglia )homestead) 14-1;
Rick Bruni (Burlingame) 14-0; Roger
Martin (Camden) 13-11/4/2; Bill Stein
(Gunn) 13-6; Mark Smith (Leland) 13-4.
SHOT PUT—Adams (Los Altos) 62-9/4;
Chris Cailero (Riordan) 56-2; Mannon
(Los Gabos) 53-6; Greg Jacinsky (Awall)
57-3/4; Frank Grillo (Westmont) 51-11/4.
DISCUS—Adams (Los Altos) 20-10; Bill
Rover (Campbell) 175-4; Mark Waller
(Homestead) 173-7; Covey (Homestead)
171-8; John Tarabanovic (Fremont) 17011; Dave Brown (Cupertino) 170-4; Bowen (Sunnyvale) 169.5; Steven Bushnell
(Palo Alto) 168-11.

### Top Track Times

Following are the top reported track Tom Davenport (Cupertino) 19.5; Ken and field times and distances in the Central Coast Section this season: 100 — Chuck Bommarito (Crestmoor) 9.6 w; Len Johnson (Overfelt) 9.7; Ed Bryant (Wilcox), Jeff Fowler (Cupertino), Jerry Strangis (Willow Glen), Chris Adams (Los Altos), Benny Brown (Sun-nyvale) and Allen (Hill) 9.8; John Hillard (San Jose) 9.8 w; Steffan Stukat (W od s id e), Ernie Reese (Menlo-Atherton), Johnson (Ravenswood), Siotz- (Saratoga) and Boris Scalier (Cupertino) 9.9. Bommarito (Crestmoor) 21.5 w; 220 Bommarito (Crestmoor) 21.5 w; 200 Bommarito (Crestmoor) 2

220 — Bommarito (Crestmoor) 21.5 w; Homestead 3:27.8 mw. Murphy (Menlo-Fowler (Cuperfino) 21.9; Jim Andrew (Los Alfos) 22.0; Scalier (Cuperfino) 22.1; Mandrew (Los Alfos) 22.0; Scalier (Cuperfino) 22.1; Resso (Menlo-Atherton) 22.2; Bryant (Wilcox 22.3 mw; Rick Miller (Leigh) and Gerar (Salinas) 22.4; Brown (Sunnyvale) and Jon Pierce (Westmont) 22.5; Andrew (Sunnyvale) and Jon Pierce (Westmont) 22.5; Andrew (Sunnyvale) 48.2 nw; Andrew (Los Alfos) 48.3; Brown (Sunnyvale) 48.2 nw; Andrew (Los Alfos) 48.5; Messell (Awalt) 48.6, mw; Larry Davis (Los Alfos) 48.9 nw; Larry Davis (Los Alfos) 48.9 nw; Andrew (Cuperfino) 49.5.

880 — Brown (Los Alfos) 1:51.7; Davis (Los Alfos) 1:53.3 nw; Verrette (Awalt) 1:54.1 nw; Randy Carlson (Westmont) 49.5.

880 — Brown (Los Alfos) 1:51.7; Davis (Los Alfos) 1:53.3 nw; Verrette (Awalt) 1:54.1 nw; Randy Carlson (Westmont) 47.5 live (Cuperfino) 47.5 live (Coward) 47.5 live (Westmont) 47.5 live (Westmont) 47.5 live (Westmont) 47.5 live (Westmont) 49.5 nw; Miller (Leigh) 47.5 live (Westmont) 49.5 nw; Miller (Leigh) 47.5 live (Westmont) 49.5 nw; Miller (Westmont

(Homestead) 1:55.5 my; Inatiowicz (Lyn-Lynch (Homestead) 47-0; Randy Bourbrook) and Kane (Awalt) 1:56.2 my.

MILE — Dave Chamness (Awalt)
4:19.5 nw; Mike Hart (Willow Glen) 14-3/4; John Ceglia (Homestead) 14-1;
4:19.6; Jack Bush (Piedmont Hills) Mark Smith (Leland) 14-0/4; Rich Brund 14-19.8; Wayne Smith (Wills) 4:21.0; (Burlingame) and Doug Olson (Homestead) 14-19.8; Wayne Smith (Wills) 4:21.0; (Burlingame) and Doug Olson (Homestead) 14-19.8; Wayne Smith (Wills) 4:21.0; (Burlingame) and Doug Olson (Homestead) 14-19.8; Wayne Smith (Wills) 4:21.0; (Burlingame) and Doug Olson (Homestead) 47-0; Randy Bourbrook) 4-21.0; (Burlingame) 4-21.0; Randy Bourbrook) 4-21.0; R

(Gunn) 18.9; Lynn Swann (Serra) 19.4; Bushnell (Palo Alto) 168-11.

4:19.8; Wayne Smith (Mills) 4:21.0; Rearliant Wayne Smith (Momestead) 4:21.0; Rearliant Wayne Smith (Momestead) 4:5.6; Rearliant Wayne Smith (Momestead) 5:5.6; Rearliant Wayne Smith (Momestead) 5:25.6; Rearlian

## **Track Sweeps 3**

M-A's varsity track got off to a flying start with victor-

ies over Campbell, Oak Grove, and Lowell of San Francisco.
The voctories over Campbell and Oak Grove came at a triangular meet between the three schools on M-A's home track. The rain-soaked meet against Lowell was held Monday in San

There were quite a number of standouts during the two meets, however. Two that should not go without special mention are Ken Murphy and Ernie Reese. On Friday, Ken won the long jump, 180-yard low hurdles, finished second to teammate Dan Meub in the triple jump, and ran a leg on the victorious 440-yard relay team. Reese won the 100 and the 440, and placed in the shot put. Meub also was quite impressive in a second in the 880 and second in the 220.

Other standouts in Friday's meet were Jeff Jennings, 11'3" in the pole vault; Ron Schloss, 10:15 in the two mile; Mike Rountree, 4:47 in the mile; and Conrad Everheardt in the high hurdles.

M-A's JV track team met with equal success in downing the same three teams. Some of the winners in the two meets included Randy Rivers in the 120 low hurdles, Reginald Turner in the long jump, Cam Miller in the 440, Steve Garvey in the mile, and two-miler Harry Wong.

The M-A frosh, however, have not met with great success. They have dropped all three pre-season decisions. Despite a discouraging team record, however, good performances have been turned in by Steve Ogburn, Ralph Brown, and Dave Lewis.

### No More F's in P.E.

The Sequoia Board of Trustees voted two weeks ago in favor of a "no-failure" physical education course. The 3-2 vote will affect the six district schools.

Under the new policy, which will go into effect next fall,

the student gets an "A," "B, "C," or "D" grade (no "F") and receives full credit for the course. Behavior problems -cutting, failure to participate etc .-- will be grounds for detention, suspension, and/ or expulsion.

The present system requires the student who fails P.E. to enroll in two classes for the following year. A senior may not graduate with an "F" in P.E. until it is made up.

Another proposal which had been considered would have given the student the option of making up P.E. or taking another course in order to make up lost credits due to failure in the previous year. At. a meeting last July, a spokesman for the women's P.E. teachers spoke in favor of the above policy and against "no-failure. A spokesman for the men's P.E. teachers spoke against both proposals and urged the continuance of the district's present policy.

#### CORRECTION

The story in last week's Recorder sports section about the M-A track team, run under the headline "M-A Tracksters Get Easy First-Meet Win," included an error. Ernie Reese was credited with having run the 100 in 9.5 seconds. Actually, though Ernie is very fast, he has not quite done 9.5. His best time to date is 9.9, which is also very good. The Recorder Sports Editor apologizes to anyone who was misinformed by this error.

### Top Times In Track

Following are the top reported track and field times and distances in the Central Coast Section this season:

100—C. Bommerito (Crestmoor) 9.7;
Len Johnson (Overfelt) 9.7; John Hillard (San Jose) 9.8w; Stukate (Woodside) 9.9;
Jim Andrew (Los Alfos) and Ernie Rease (Menlo-Atherton) 10.0 Boris Scalaer (Cupertino) 10.0 nw.

220—Bommerito (Crestmoor) 21.8; Andrew (Los Alfos) 22.0; Fowler (Cupertino) and Reese (Menlo-Atherton) 22.2; Brvant (Wixcox) 22.5; Roysta (Monterey) and Pierce (Westmont) 22.6; 40—Rick Brown (Los Alfos) 48.1; Andrew (Los Alfos) 48.7; Benny Brown (Sunnyvale) 49.6 nw; Larry Davis (Los Alfos) 49.6 nw; Scalier (Cupertino) 49.9 nw.

880—Brown n(Los Alfos) 1.54.6; Davis 880—Brown n(Los Alfos) 1

Alfos) 49.6 nw; Scalier (Cupertino) 49.9 nw.
880 Brown (Los Alfos) 1;54.6; Davis Los Alfos) 1;56.5 nw; Verefie (Awali)nn 1:57.1 nw; Jerry Hart (Willow Glen) 1;57.8; Randy Carlson (Neestmont) 1;5 MILE—Jack Bush (Piedmont n Hills) 4;19.8; Dave Chamness (Awall) 4:21, 1 nw; Hart (Willow Glen) 4:24.4 nw; Brook (Mount Pleasant) 4:26.4 nw; Stahl (Homestead) 4:27.8; 2 MILE—Bob McCarthy (St. Francis) 2:19.2; Miller (Woodside) 9:30.0; VHallors, 1 nw; Hart (Woodside) 9:30.0; VHallors, 1 nw; Stahl 1 nw; S

5.
180 LOW HURDLES—Lynn Swann erra) 19.4; Chris Adams (Los Alios) 7; Cummins (Awalf) and Bagshaw Junn) 19.8; Lucas (Gunn) 19.9; Tom CMakin (Bellarmine), Murphy (Menloherton), Pierce (Westmont), Brooks os Altos) and Sterling (Mount Pleas-

Atherion), Pierce (Westmont), Brocks (Los Altos) and Sterling (Mount Pleasant) 20.3.
440 RELAY — Cupertine and Overfelt 43.4; Monterey 43.8; Blackford, Los Altos and Woodside 43.9; Alisal and Mento-Atherion 44.0; Westmont 44.2; Live Oak and Whodside 43.9; Alisal and Mento-Atherion 44.0; Westmont 44.2; Live Oak and Willow Glen 44.7

MILE RELAY — Los Altos 3:19.8; Await 3:25.1 nw; Westmont 3:25.4 nw; Mount Pleasant 3:26.8 nw; Lynbrook 3:27.3 nw; Long 1 U M P — Mult 1 Dec. 10.1 nm; Westmont 2:25.4 nw; Mount Pleasant 3:26.8 nw; Lynbrook 3:27.3 nw; Long 1 U M P — Mult 1 Dec. 2.1 Julian 1.0 nm; County 1 U M P — Mult 1 Dec. 2.1 Julian 1.0 nm; County 2:4 Harris (Seaside) and Brown (Sunnyvale) 21.10½; Conway (Cupertino) and Johnson (Overfelt) 21-10. (Upertino) and Johnson (Overfelt) 21-10. High JUMP — Bill Kahn (Mills) 6-414; Bosch (Sequola) and Wyrick (Mounty Pleasant) 6-4; Nate Carroll (Montrevy) and Soulas (Oak Grove) 6-3; Swayzer (Overfelt) 6-24; Bush (Campbell), Anderson (Los Altos) and Cornelius (St. Francis) 6-2.

TRIPLE JUMP — Miller (Leigh) 47-10½; Lynch (Homestead) 47-9; Conway (Cupertino) 46-11; Bordeau (Westmont) 46-9; Hughes (Sequola) 45-7½; POLE VAULT—Carl Goldstone (San Mateo) 14-3½; S. Baleochi (Capuchino) 14-2; Roger Martin (Canden) 13-11½; John Cedia (Homestead) 13-8½; Smith (Leland) 13-4; Grillo (Westmont) 51-11½.

DISCUS—Adams (Los Altos) 198-0; Evert (Campbell) 175-4; Waller (Homes

Discus—Adams (Los Altos) 198-0; Rover (Campbell) 175-4; Waller (Home-stead) 173-7; Brown (Cupertino) 170-4; Bowen (Sunnyvale) 169-5.

In the world of athletics, some performers jump off to quick starts and some take their time.

The thing that counts is the clutch performances for the big test, and if Thursday was any indication of the performances to come, the Bear track team is in business.

I am speaking of the Bears' top sprinter, Ernie Reese, and the top weight man, Bill Long. Reese won the 100, 220, and ran a leg on the winning 440 relay team. The point is, Reese has been doing his thing all year, but he lays it all on the line against Woodside.

Long won the shot put with a 47-9 effort and the discus with a throw of 121-4. Long is finally coming into shape and just in time. He will be a vital part of M-A's attempt to beat Woodside.

Slow in starting or not, these two turned in outstanding performances against Cubberly and highly deserve



DAN MUEB of the M-A record with a time of 44.0 High School track team, who helped the 440-relay team, of which he is the second member, set a new meet

seconds. Mueb also came in second in the 440-yard run, and in the triple jump. See story.