V.#

I-Ken Moore, Oregon Track Club, 2:16:48.6. 2-Frank Shorter, Florida Track Club, 2:17:44.6. 3-Herb Lorenz, & Penn A.C., 2:19:16.8. 4-John Vitale, New Haven TC, 2:20:25. 5-Bill Scobey, Mad River Runners, 2:20:35.

6-Jeff Galloway, Florida Truck Club, 2:22:10. 7-Byron J. Lowry. San Francisco Olympic Club, 2:22:45. 8-Skip Houk, High Sierra Truck Club, 2:23:06. 9-Tom Fleming, Patterson A.A. (N.J.), 2:24:02. 10-Tom Robinson, Cougar Track Club, 2:25:34.

ll-Fred Best, Central Jersey Track Club, 2:25:58. 12-Mike Kimboll. Summit Athletic Club, 2:26:46. 13-Russell Pate, Fort MacArthur Track Team, 2:27:52. 11-Tom Bache, San Diego TC, 2:27:56. 15-Chuck Smead, Santa Barbara AA, 2:28:01. 16-Ron Elijah, Mad River Runners, 2:29:14. 17-Ron Sayers, Fort MacArthur Track Team, 2:29:17. 18-Bob Crow, West Valley TC, 2:29:33. 19-Charles E. Harris, West Valley TC, 2:29:47. 20-Tom Ratliffe, Fort MacArthur Track Team, 2:30:09.

21-Orville Atkins, Seniors' TC (L.A.), 2:31:30. 22-Tom Heinonen, San Diego TC, 2:31:49. 23-Jerry Jobski, Pacific Coast Club, 2:31:55. 24-Michael Stam, Santa Barbara AA, 2:32:09. 25-Jim Peason, Snohomish TC, 2:32:11. 26-John Phillips, Summit AC, 2:32:32. 27-Bill Clark, West Valley TC, 2:32:36. 28-Chuck Frosolone, Oregon TC, 2:32:41. 29-John Brennand, Santa Barbara AA, 2:34:01. 30-George Wetnerbee, Summit AC (Ohio), 2:35:05.

32-Bob Hamilton, Cougar TC, 2:35:11.
31-Art W. Coolidge, Boston AA, 2:35:07. \$\frac{1}{2}\frac{1}{2

41-Robert Thurston, Washington Sports Club, 2:38:08. 42-Douglas Schmenk, Cal State-Fullerton, 2:38:17. 43-Mike M ron, Santa Barbara AA, 2:38:18. 44-Bill Herriot, Calgary Track & Field Club, 2:39:10. 45-Harold DeMoss, West Valley TC (Calif.), 2:39:12. 46-Jack Taunton, Simon Fraser FC, 2:39:23. 47-Jose Cortez, Redwood City Striders, 2:39:39. 48 (tie)-Steve Ken, Staters TC, and Greg Chapman, Solano TC, 2:39:52. 50-Phil Ryan, Jr., Boston AA, 2:41:42.

51-Gerry Garcia, Atomic City TC, 2:42:26. 52-Evan Shull, Snohomish TC, 2:42:51. 53-Nayne Akiyama, Claremont Men's College, 2:43:57. 54-Howard Labrie, Mud River Runners, 2:44:20. 55-John Spurr, Stanford Running Club, 2:45:58. 56-David Page, Snohomish TC, 2:48:27. 57-Peter Mundle, Santa Monica AA, 2:50:08. 58-Jim Van Manen, Santa Barbara AA, 2:50:58. 59-David Cortez, Redwood City Striders, 2:54:47. 60-Dr. Gary Bryan, Cougar TC, 2:55:59.

61-Robin Lee, Portland TC, 2:58:09. 62-Fred New, Multby-Perrinville, 2:58:53. 63-Ken Voss, Snohomish TC, 2:59:14. 64-Steve Lippitt, Snohomish TC, 2:59:14. 65-Dan Drechsel, Staters TC, 3:00:17. 66-Ted Wolfe, Staters TC, 3:00:44. 67-Richard Douglas, Cougar TC, 3:01:05. 68-Norman Hedner, Unatt ched, 3:01:37. 69-Bill Hanselman, Portland TC, 3:01:48. 70-Joe Henderson, 3:01:48. 71-Bruce Gibbs, Unattached (Seattle), 3:04:25. 72-John Fuller, Portland TC, 3:05:17. 73-Dick Arkley, Unattached, 3:07:56. 74-Norman Bright, Unattached (Seattle), 3:24:19. 75 (tie)-Pat O'Malley, Redwood City Striders, and Pete Graycar, Redwood City Striders, 3:26:46.

All other entrants did not finish.

Attendance--12,000.

Ken Moore (No. 1, left) is just one of mob at marathon start . . .

Ex-Oregon runner 'coaches' Floridian

Moore, Shorter lead marathon

By JERRY UHRHAMMER

Register-Guard Sports Editor

By avocation, Ken Moore is a marathon runner.

creative writing at the University of Oregon.

But after what happened Sunday in the AAU national marathon championships which started and ended at Hayward Field before 12,000 applauding fans, it could be argued that Moore perhaps might be even better suited for another calling.

Perhaps as a salesman. Or as a coach.

What other conclusions can be drawn when a fellow like Moore not only talks a buddy into running the marathon - all 26 miles, 385 yards of it - for the first time, but also "coaches" him right there on the course into an eventual runner-up finish?

No kidding, that's the story of how Moore, 27, won the AAU marathon Sunday and how Frank Shorter, onetime Yale man now attending law school at the University of Florida, was the runner-up.

Moore was clocked in two hours, 16 minutes and 48.6 seconds as he finished with a strong sprint (a friend in the stands clocked him at 31 seconds for the final 220). And just as Moore was snapping the finish tape with an exultant shout and a fist raised in triumph, Shorter was running onto the Hayward Field track, some 300 yards behind, to finish second in 2:17:44.5 - an excellent clocking for a fellow who never runs more than 20 miles at a time in his distance training.

Moore, of course, has some pretty solid credentials as a marathon man. The North Eugene High and U-Oregon graduate was the highest American finisher (14th) in the 1968 Mexico City Olympics, and last winter finished second in the International Marathon in Fukuoka, Japan, in 2:11:35 - second fastest clocking ever by an American.

Shorter, while a distance runner, prefers his distances a bit shorter, say in the 5,000 meters or 10,000 meters range (or the three and six mile runs in non-metrically inclined countries).

Anyway, Shorter and Moore were on the same United States track team that toured Europe and Russia last summer and became good friends. "And I've been talking to him since last year." Moore said, "telling him that the marathon is a man's race. He whales the tar out of me in the 10,000, so I wanted him to try my race once."

Shorter agreed. Sunday, he and Florida Track Club teammate Jack Bacheler were in the race.

Bacheler didn't finish - he dropped out after 17 miles with a muscle pull in his leg. Moore and Shorter ran with the leaders, for the first 13 miles or so, then broke away from the

"It was not a fierce race," Moore said. "We were talking all during the race I was trying to help him out. One of his tendencies in the 10,000 is to throw in some surges now and then I told him it was better to have a constant flow. We talked about whether he should drink anything and whether the wind would die down."

The wind was a problem, especially as the runners headed By vocation he is a student — pursuing a master's degree in west on Centennial Boulevard. "It was really buffeting us," Moore said. "When I heard the 10-mile time, I knew we wouldn't be able to run it in 2:12 (a five-minute mile pace), so I forgot about pace and just ran comfortably."

> The pace dropped to about 5:40 into the wind, but when the course changed direction and headed back east on Day Island Road, "then Frank and I went poof . . . we ran about a 4:50 pace," Moore said.

> By the time they reached Mill Street in Springfield, to begin the second "loop" of the course, John Vitale was about 40 yards back and everybody else was out of sight. "By the time we got off from Belt Line onto Gateway, we looked back to see how big a lead we had and all we could see were cars following us."

> Moore said he slowed down to stay with Shorter for a time, but finally, "with about two miles to go, we had to go uphill at the Ferry Street Bridge - that's uphill to a runner - and he said 'Go' and I started to pull away."

> Moore said there was no so-called "moment of truth" for him in the race. "When I drew away, I fully expected to, and he did,

> Moore said the only tense moment he had in the race was when he developed a "stitch" in his side after about 12 miles. But fortunately, he was close to a refreshment station and a drink of de-carbonated Coke caused the stitch to disappear.

> "I did not run a very intelligent race," Moore said. "The crowd at the start got me so excited I ran the first five miles right up in the wind. . . . There's no crowd in the world like this."

> At the outset of the marathon, as the pack of more than 120 runners circled Stevenson Track three times, the fans not only applauded the runners but gave them an ovation. ("Anyone who runs 26 miles deserves a standing ovation," explained one fan.)

> Said Moore: "As we ran downhill into Glenwood, everybody was talking about that. They had never seen anything like it."

> Moore, who lost eight pounds in the race, doesn't plan to race again until the six-mile in the AAU championships here June 25-26. Then he'll be going against Shorter again - at Shorter's best

> Shorter joked afterward that he ran the marathon "because I needed a week's rest. You can't run for a week after running the

> Altogether, 76 of the starters finished - and 74th was Norman Bright of Seattle, age 61, who was clocked in 3:24.19.

> Perhaps the most painful finish belonged to Jim Freeman of the Snohomish Track Club in Washington. His hamstring muscles knotted up badly only 30 or so yards from the finish, yet he kept going, excruciatingly, with small, shuffling steps until he finally made it to the end.



... but it's sheer solitude after 26 miles, 385 yards

Exuberant Arne Kvalheim waves to followers at conclusion of mile



(Register-Guard photo by Joe Matheson)

Ken Moore (No. 1, left) is just one of mob at marathon start . . .

Ex-Oregon runner 'coaches' Floridian

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By JERRY UHRHAMMER Register-Guard Sports Editor

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By vocation he is a student - pursuing a master's degree in creative writing at the University of Oregon.

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