



TRACK AND FIELD
1971

College of San Mateo

1971 Track and Field Brochure

District Superintendent and Chancellor	Dr. Clifford G. Erickson
College President	Dr. Robert L. Ewigleben
Dean of Student Affairs	Dr. Allan R. Brown
Chairman, P. E. Division	Clifford G. Giffin
Director of Athletics	Herbert H. Hudson
Track and Field Coach	Bob Rush
Athletic Publicist	Fred Baer
Athletic Trainer	Jack Dawson
School Address	1700 West Hillside Boulevard San Mateo, California 94402
School Phone	(415) 341-6161
Enrollment	18,500
Mascot	Bulldog
Colors	Royal Blue and White
Conference	Golden Gate Conference
Member Schools	Chabot College, Foothill College, Laney College, Merritt College, City College of San Francisco, San Jose City College, Diablo Valley College, College of San Mateo
Original Cover Design	Randy King

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1970 Scores

San Mateo	69	Merritt	67
San Mateo	96½	San Jose City College	39½
San Mateo	76	City College of San Francisco	60
San Mateo	69	Chabot	66
San Mateo	72	Diablo Valley	64
San Mateo	69	Laney	67
San Mateo	86	Foothill	50
Golden Gate Conference Relays		6th	43
Northern California Relays		4th	34
Golden Gate Conference Meet		4th	48
Northern California Meet		10th	16
California Junior College Meet		22nd	4

Golden Gate Conference 1970 Standings

	<u>W</u>	<u>L</u>
1. San Mateo	7	0
2. Merritt	6	1
3. Chabot	5	2
4. Foothill	4	3
5. San Francisco	3	4
6. Diablo Valley	2	5
7. San Jose City College	1	6
8. Laney	0	7

College of San Mateo

Top Individual Performances of 1970

100 yd. Dash	Oscar Jones	9.7n
220 yd. Dash	Bill Hatcher	22.6
440 yd. Dash	Barry Raymond	49.9
880 yd. Run	Dave Robertson	1:54.2
One Mile Run	Dave Robertson	4:21.
Two Mile Run	Dan Best	9:44.
120 yd. High Hurdles	Jim Miller	14.4
440 yd. Intermediate Hurdles	Tim Sershen	55.8
High Jump	Vince Repetto	6'4"
Pole Vault	Jim Lydon	15'3"
Long Jump	Tim Sershen	22'½"
Triple Jump	Henry Michon	41'7"
Shot Put	Mike Boschetti	46'½"
Discus Throw	Mike Boschetti	167'2"
440 yd. Relay	Hatcher, Morrison, Raymond, Jones	42.3n
One Mile Relay	John, Sershen, Robertson, Raymond	3:18.1
Two Mile Relay	Robertson, Best, Bickel, Sershen	7:52.0
Four Mile Relay	Best, Stradley, Moon, Bickel	19:25.6
480 Shuttle Hurdle Relay	Flores, Clabby, Sershen, Miller	58.5
880 yd. Relay	Hatcher, Morrison, Raymond, Jones	1:29.4

1971 COLLEGE OF SAN MATEO TRACK & FIELD ROSTER

<u>NAME</u>	<u>Events</u>	<u>Ht.</u>	<u>Wt.</u>	<u>Age</u>	<u>Class</u>	<u>Col.Exp.</u>	<u>High School (Hometown)</u>
Alexander, Andy	880 (1:59.8) 440 (49.4n, 48.5r)	6-5	183	19	Fr.	0	South San Francisco (SSF)
Anderson, Vance	440 (51.0n)	5-9	150	18	Fr.	0	San Carlos (Redwood City)
Banning, Bob	220 (22.8) 440 (51.5)	5-8	150	19	So.	0	Crestmoor (San Bruno)
Barcelo, Edmond	SP (40-0) DT (130-0) (high school wts.)	5-9	190	19	Fr.	0	Aragon (San Mateo)
Barsuglia, Bob	100 (10.1) LG (19-10)	5-9	145	18	Fr.	0	Half Moon Bay (HMB)
Best, Dan	Mile (4:22) 2 Mile (9:42n), 4 Mile (20:05n)	6-1	155	20	So.	LX	Half Moon Bay (HMB)
Bosch, Ron	HJ (6-6)	6-0	145	19	Fr.	0	Sequoia (Redwood City)
Boschetti, Steve	SP(55-1) DT (154-0) (high school wts.)	6-1	245	18	Fr.	0	Aragon (San Mateo)
Cortez, Jose	3 Mile (15:36.2) 2 Mile (10:01.0), Marathon (2:37:26), 50 Miles (5:30:47)	5-6	116	19	Fr.	OX	Sequoia (Redwood City)
Fischer, Steve	HH (15.5hs) LH (19.3n hs)	6-1	185	18	Fr.	0	Woodside (Menlo Park)
Franklin, Bennie	440 (53.1) LH (20.1 hs), HH (14.9 hs), 100 (10.1)	5-10	150	18	Fr.	0	Balboa (Daly City)
Getchel, Don	PV (13-6)	6-4	188	19	So.	L	Westmoor (Daly City)
Hansen, Roger	TJ	5-11	150	18	Fr.	0	Aragon (San Mateo)
John, Gary	440 (49.6) 880 (1:56.7)	5-9	160	22	So.	V	South San Francisco (SSF)
Leddy, Bill	SP (53-4 hs) DT (144-6 hs)	6-0	195	19	So.	0	Aragon (San Mateo)
Lydon, Jim	PV (15-3)	5-10	135	19	So.	L	San Mateo (San Mateo)
Nolan, Rick	2 Mile (9:55) 3 Mile (15:02)	5-11	140	19	So.	TX	San Carlos (San Carlos)
Pagan, Ron	440 (50.4) 880 (1:59.4)	6-0	170	18	Fr.	0	South S.F. (San Bruno)
Phelps, Ken	440 (49.0n)	6-2	170	18	Fr.	0	Westmoor (Daly City)
Raymond, Barry	220 (22.1) 440 (49.8)	5-11	160	19	So.	L	Crestmoor (San Bruno)
Robertson, Dave	880 (1:54.2) Mile (4:21.5)	6-0	160	19	So.	LX	San Mateo (Hillsborough)
Shannon, William (Joe)	LJ (22-0) TJ (42-8½), 100 (10.0w)	5-10	155	19	Fr.	0	El Camino (South S.F.)
Siballa, Jon	Sprints	5-10	160	23	Fr.	0	Huntington Beach (S.Mateo)
Slade, Keith	Int.Hurdles	5-11	156	18	Fr.	0	South San Francisco (SSF)
Sorensen, Rich	Mile (4:48) 2 Mile (10:28)	5-11	135	18	Fr.	0	Burlingame (Burlingame)
Voskes, Hans	440 (51.3) 880 (2:04), Intermediate Hurdles	6-2	163	20	So.	V	Crestmoor (San Bruno)
Winkler, Mike	LJ (23-2½) TJ (43-10½), 100 (10.0), 220 (23.8)	5-10	155	18	Fr.	0	Riordan (South S.F.)

Coach: BOB RUSH

Manager/Trainer: RON SCHULMAN

Assistant Manager: WILLIE MORRISON

(San Carlos)

Southfield, Mich (Redwood City)

Hearne, Texas (San Mateo)

COLLEGE OF SAN MATEO

Revised 2/8/71

TRACK SCHEDULE

1971

<u>DAY</u>	<u>DATE</u>	<u>TIME</u>	<u>OPPONENT</u>	<u>LOCATION</u>
Wed.	Feb. 17	2:30pm	De Anza College	San Mateo
Sat.	Feb. 27	10:00am	Golden Gate Conference Relays	Chabot
Sat.	Mar. 6	10:00am	*Diablo Valley College	San Mateo
Fri.	Mar. 12	3:00pm	*Foothill College	Foothill
Fri.	Mar. 19	3:30pm	*Chabot College	Chabot
Thurs.	Mar. 25	2:30pm	*City College of San Francisco	San Mateo
Sat.	Mar. 27	12:00pm	Santa Barbara Relays	Santa Barbara
Sat.	Apr. 3	10:00am	*San Jose City College	San Jose
Sat.	Apr. 10	1:00pm	Sacramento Relays	Sacramento
Fri.	Apr. 16	2:30pm	*Laney College	San Mateo
Tues.	Apr. 20	5:00pm	*Merritt College	San Jose
Sat.	Apr. 24	10:00am	Nor Cal Relays	Modesto
Wed.	Apr. 28	2:00pm	Golden Gate Conference Trials	San Jose
Fri.	Apr. 30	6:15pm	Golden Gate Conference Finals	San Jose
Sat.	May 8	11:00am	Fresno Relays	Fresno
Fri.	May 14	1:00pm	Nor Cal Trials	Modesto
Sat.	May 22	1:00pm	Nor Cal Finals	Diablo Valley
Sat.	May 29	12:00noon	Cal State Meet	Modesto

*Golden Gate Conference meet

COLORS: Royal Blue & White

PRESIDENT OF THE COLLEGE: Dr. R. Ewigleben

MASCOT: Bulldogs

ATHLETIC DIRECTOR: Herb Hudson

COACH: Bob Rush

ATHLETIC TRAINER: Jack Dawson

phone: 341-6161

College of San Mateo Track and Field Records

100 yd. Dash	9.6	Bob Hylton	1940
220 yd. Dash	21.0	John L. Simmons	1950
220 yd. Dash (turn)	21.4	Steve Firenze	1963
440 yd. Dash	47.5	Ron Benson	1963
880 yd. Run	1:50.4	Ron Benson	1963
One Mile Run	4:11.7	Ralph Likens	1965
Two Mile Run	9:09.2	Jeff Fishback	1961
Three Mile Run	14:22.6n	Edmond Temple	1968
120 yd. High Hurdles	14.2	Al Rockwell	1964
440 yd. Intermediate Hurdles	56.1	Tim Sershen	1970
High Jump	6'10 $\frac{1}{2}$ "	Ted Winfield	1964
Pole Vault	16'8"	Dennis Phillips	1966
Long Jump	24'11 $\frac{1}{8}$ "	John L. Simmons	1950
Triple Jump	46'0"	Connie Verneck	1939
Shot Put	54'2 $\frac{1}{2}$ "	Bob Merlo	1962
Discus Throw	167'2"	Mike Boschetti	1970
440 yd. Relay	41.7	Gary Olivieri, Roy Pinelli Bill Johnson, Frank Varriale	1965
One Mile Relay	3:16.2	Steve Firenze, Barry Sheldon George Smith, Ron Benson	1963
220 yd. Low Hurdles	23.3	Lee Roy Kirkpatrick	1936
330 yd. Intermediate Hurdles	38.4	Willie Webster	1965
400 meters	49.8	Frank Varriale	1964
800 meters	1:56.2	Tony Casillas	1964
1500 meters	3:55.7	Dave Kamrar	1963
5000 meters	15:01.8	Marcel Hetu	1964
Javelin Throw	195'9"	Les Steers	1939
880 yd. Relay	1:27.8	Gary Olivieri, Dave McQueen Frank Varriale, Bill Johnson	1965
Two Mile Relay	7:42.9	Ralph Lee, Sam Rutland Jim Grotthoff, Jeff Fishback	1961
Four Mile Relay	17:31.7	Tony Casillas, Chuck Hazard Ralph Likens, Marcel Hetu	1965
Sprint Medley Relay	3:24.6	Steve Firenze, George Smith Jerry Rose, Ron Benson	1963
Distance Medley Relay	10:01.7	Bill Skrifvars, Dave McQueen Marcel Hetu, Ralph Likens	1965
Two Man Ten Mile Relay	43:11.3	Marcel Hetu, Ralph Likens	1964
480 yd. Shuttle Hurdles	56.7	Al Marefos, Jim Portman Steve Mitchell, John Schuller	1968

College of San Mateo Stadium Records

100 yd. Dash:				
J.C.	9.4	Sam Davis	Fresno City College	1967
Open	9.5	Steve Robinson	Santa Clara Valley Y.V.	1965
220 yd. Dash:				
J.C.	21.2	Jim Hatcher	Fresno City College	1967
Open	21.4	Steve Robbins	Santa Clara Valley Y.V.	1965
440 yd. Dash:				
J.C.	46.2	Lee Evans	San Jose City College	1968
Open	46.2	Lee Evans	San Jose City College	1968
880 yd. Run:				
J.C.	1:51.9	Ron Stone	Santa Clara College	1968
Open	1:51.9	Ron Stone	Santa Clara College	1968
One Mile Run:				
J.C.	4:12.2	Ralph Likens	College of San Mateo	1965
Open	4:11.6	Alex Whittle	Stanford Frosh	1965
Two Mile Run:				
J.C.	9:17.6	Neil Duggan	Allan Hancock College	1967
Open	9:07.9	Bill Morgan	Golden Gate Track Club	1965
120 yd. High Hurdles:				
J.C.	14.2	Rickey Rogers	Contra Costa College	1966
Open	14.2	Rickey Rogers	Contra Costa College	1966
440 yd. Intermediate Hurdles:				
J.C.	55.3	Larry Glenn	Merritt	1970
Open	55.3	Larry Glenn	Merritt	1970
High Jump:				
J.C.	6'9"	Ted Winfield	College of San Mateo	1964
Open	6'10"	Fred Jackson	Castlemont High School	1966
Long Jump:				
J.C.	24'6½"	Stan Whitley	Allan Hancock College	1967
Open	23'5½"	Ricky Rogers	Contra Costa College	1966
Triple Jump:				
J.C.	50'1"	Doug Olmstead	Foothill College	1965
Open	50'1"	Doug Olmstead	Foothill College	1965
Shot Put:				
J.C.	54'9"	Russ Hodge	Foothill College	1966
Open	54'9"	Russ Hodge	Foothill College	1966
Discus Throw:				
J.C.	174'6"	Mike Hoffman	Foothill College	1967
Open	181'4"	Dave Weill	Indian Track Club	1965
Pole Vault:				
J.C.	16'4"	Dennis Phillips	College of San Mateo	1966
Open	16'4"	Dennis Phillips	College of San Mateo	1966

College of San Mateo Stadium Records (cont'd)

Javelin Throw:			
Open	237'6"	Dick Bock	Santa Clara Valley Y.V. 1965
70 yd. High Hurdles:			
Open	8.5	Bud Walsh	Stanford 1966
330 yd. Intermediate Hurdles:			
J.C.	37.6	Tyrone Brown	Allan Hancock College 1967
Open	37.6	Tyrone Brown	Allan Hancock College 1967
440 yd. Relay:			
J.C.	41.3	Stan Whitley, Calvin Cook, Robert Horne, Jim Hatcher	Allan Hancock College 1967
Open	41.3	Stan Whitley, Calvin Cook, Robert Horne, Jim Hatcher	Allan Hancock College 1967
880 yd. Relay:			
J.C.	1:26.7	Joel Scotia, Ezunial Burts, Tim Vaux, Alvin Mann	Fresno City College 1965
Open	1:26.7	Joel Scotia, Ezunial Burts, Tim Vaux, Alvin Mann	Fresno City College 1965
One Mile Relay:			
J.C.	3:16.0	Roy Finks, Howard Carter, Carl Harris, Clarence Taylor	Contra Costa College 1968
Open	3:16.0	Roy Finks, Howard Carter, Carl Harris, Clarence Taylor	Contra Costa College 1968
Two Mile Relay:			
J.C.	7:49.1	Marcel Hetu, Tony Casillas, Jack Sandin, Bill Skrifvars	College of San Mateo 1965
Open	7:49.1	Marcel Hetu, Tony Casillas, Jack Sandin, Bill Skrifvars	College of San Mateo 1965
Sprint Medley Relay:			
J.C.	3:29.6	Mike Peters, Jim Spitzer, Bob Cline, Kay King	American River College 1965
Open	3:29.6	Mike Peters, Jim Spitzer, Bob Cline, Kay King	American River College 1965
Distance Medley Relay:			
J.C.	10:01.7	Bill Skrifvars, Dave McQueen, Marcel Hetu, Ralph Likens	College of San Mateo 1965
Open	10:01.7	Bill Skrifvars, Dave McQueen, Marcel Hetu, Ralph Likens	College of San Mateo 1965
480 yd. Shuttle Hurdle Relay:			
J.C.	57.3	Cornelius McCormick, Jim Bains, Bill Sanders, Abe Johnson	Merritt College 1964
Open	57.3	Cornelius McCormick, Jim Bains, Bill Sanders, Abe Johnson	Merritt College 1964

College of San Mateo Honor Roll

100 yd. Dash:

1. Bob Hylton	9.6	1940
2. Bill Johnson	9.7	1965
3. Mike Carboni	9.7	1964
4. Fred Storek	9.7	1967
5. Oscar Jones	9.7n	1969

440 yd. Intermediate Hurdles:

1. Tim Sershen	56.1	1970
2. Mike Clabby	57.2	1970
3. Jim Miller	58.0	1970
4. Hans Voskes	60.1	1970

220 yd. Dash:

1. Steve Firenze	21.4	1963
2. Bill Johnson	21.6	1965
3. Gary Olivieri	21.9	1965
4. Bob Hylton	22.0	1940
5. Fred Storek	22.0	1967

High Jump:

1. Ted Winfield	6'10 $\frac{1}{4}$ "	1964
2. Les Steers	6'7 $\frac{5}{8}$ "	1939
3. Divird	6'6 $\frac{1}{4}$ "	1965
4. Connie Varneck	6'5 $\frac{1}{4}$ "	1939
5. Wedlow	6'4"	1965
6. Vince Repetto	6'4"	1970

440 yd. Dash:

1. Ron Benson	47.5	1963
2. Mike Miller	48.2n	1969
3. Rick Fambrini	48.8	1961
4. Dave McQueen	49.1	1965
5. Leon Purchase	49.2	1940
6.		

Pole Vault:

1. Dennis Phillips	16'8"	1966
2. Jim Lydon	15'3"	1970
3. Rich Dragovich	15'1"	1968
4. Ron Coleman	15'0"	1969
5. Ken Gallo	14'6"	1967

880 yd. Run:

1. Ron Benson	1:50.4	1963
2. Bill Skrifvars	1:53.1	1965
3. Cross	1:53.8	1966
4. Edmond Temple	1:54.1	1968
5. Dave Robertson	1:54.2	1970

Long Jump:

1. John L. Simmons	24'11 $\frac{1}{8}$ "	1950
2. Bill Fitzpatrick	23'6"	1938
3. Bobby Jordon	23'1 $\frac{1}{2}$ "	1967
4. Carl Krohn	22'11 $\frac{3}{4}$ "	1965
5. Gildo Trevison	23'3"	1940

One Mile Run:

1. Ralph Likens	4:11.7	1965
2. Ralph Lee	4:12.2	
3. Dave Kamar	4:12.7	1963
4. Marcel Hetu	4:12.9	1965
5. Edmond Temple	4:13.3	1968

Triple Jump:

1. Connie Verneck	46'0"	1939
2. Adams	45'10"	1966
3. Peterson	45'3"	1966
4. Chuck Johnston	44'9"	1968
5. Buddy Crowell	44'8"	1967

Two Mile Run:

1. Jeff Fishback	9:09.2	1961
2. Dave Kamar	9:18.4	1963
3. Ralph Likens	9:19.3	1965
4. Ted Lydon	9:21.0	1967
5. Marcel Hetu	9:21.9	1965

Shot Put:

1. Bob Merlo	54'2 $\frac{1}{2}$ "	1962
2. Carlson	53'1 $\frac{1}{4}$ "	1967
3. Dunker	51'4"	1967
4. Taylor	50'7 $\frac{1}{4}$ "	1964
5. Larry Kennedy	50'6 $\frac{1}{2}$ "	1962

120 yd. High Hurdles:

1. Al Rockwell	14.2	1964
2. Jim Miller	14.4	
3. LeeRoy Kirkpatrick	14.6	1936
4. John Schuller	14.6n	1968
5. Bob Little	14.8	1962

Discus Throw:

1. Mike Boschetti	167'6"	1970
2. Tom Grimm	165'1 $\frac{1}{2}$ "	1966
3. Gerry Fogel	164'6"	1969
4. Lou Nava	158'9"	1969
5. Saunders	157'10"	1965

College of San Mateo Honor Roll (cont'd)

440 yd. Relay:

1. Gary Olivieri, Bob Pinelli, Frank Varriale, Bill Johnson	41.7	1965
2. Gary Olivieri, Sprague, Frank Varriale, Bill Johnson	42.1	1965
3. Steve Mitchell, Oscar Jones, Mike Miller, Larry Furiosi	42.2n	1969
4. Bill Hatcher, Willie Morrison, Barry Raymond, Oscar Jones	42.3n	1970
5. Steve Mitchell, Al Marefos, Jim Portman, Fred Storek	42.7n	1968

One Mile Relay:

1. Steve Firenze, Barry Sheldon, George Smith, Ron Benson	3:16.2	1963
2. Frank Varriale, Willie Webster, Jack Sandin, Bill Johnson	3:17.6	1965
3. Frank Varriale, Bill Skrifvars, Dave McQueen, Bill Johnson	3:17.7	1965
4. Mike Miller, Oscar Jones, Larry Furiosi, Gerry Fogel	3:18.0n	1969
5. Barry Raymond, Gary John, Dave Robertson, Tom Sershen	3:18.0	1970

ADDITION TO 880 YD. RUN:

Groothoff, 1:52.4, 1962

Lee, 1:53.2, 1962

Returning Bulldogs

Best 1970 Season Marks

<u>Name</u>	<u>High School</u>	<u>Event(s)</u>	<u>Best Mark (1970)</u>
Bernal, Bob	So. S. F.	Shot	42'11½"
Best, Dan	H. M. B.	2 Mile Mile	9:44.0 4:28.9
Betti, Dave	Capuchino	440	52.0
Clabby, Mike	Westmoor	120 H. H. 440 I. H.	14.8 57.5
Getchel, Don	Westmoor	Pole Vault	13'6"
John, Gary	So. S. F.	440 880	50.9 49.9R 1:59.2
Lydon, Jim	S. M. H. S.	Pole Vault	15'3"
Morrison, Willie	Texas	100 220	10.2 22.9
Raymond, Barry	Crestmoor	440	49.0R
Robertson, Dave	S. M. H. S.	440 880 Mile 2 Mile	48.8R 1:54.2 4:21.5 9:53.8
Snyders, Pete	H. M. B.	2 Mile	10:26.6
Thompson, Doug	Hillsdale	Pole Vault	11'6"
Voskes, Hans	Crestmoor	440 I. H.	60.1

Dual Meet Records

College of San Mateo vs Diablo Valley College

100 yd. Dash	Fred Storek	9.8	CSM	1968
220 yd. Dash	Bill Johnson	22.0	CSM	1965
	Fred Storek	22.0	CSM	1968
440 yd. Dash	Ron Benson	48.8	CSM	1963
880 yd. Run	Bill Skrifvars	1:53.1	CSM	1965
One Mile Run	Ralph Likens	4:14.2	CSM	1965
Two Mile Run	Ted Lydon	9:33.0	CSM	1967
120 yd. High Hurdles	John Schuller	14.9	CSM	1968
440 yd. Inmt. Hurdles	Tim Sershen	56.1	CSM	1970
High Jump	Ted Winfield	6'4"	CSM	1964
	Don Pierce	6'4"	DVC	1967
Pole Vault	Rich Dragovich	14'8½"	CSM	1968
Long Jump	Mike McInerny	22'3"	DVC	1963
Triple Jump	Mike McInerny	45'1½"	DVC	1964
Shot Put	Jeff Dunker	49'10"	CSM	1967
Discus Throw	Mike Boschetti	165'6"	CSM	1970
440 yd. Relay	Mitchell, Furiosi Miller, Hatcher	43.1	CSM	1969
One Mile Run	Johnson, McQueen Skrifvars, Varriale	3:20.1	CSM	1965

Dual Meet Scores

1963	San Mateo	91	Diablo Valley	30	1967	Diablo Valley	76	San Mateo	60
1964	San Mateo	77	Diablo Valley	59	1968	San Mateo	112	DVC	19
1965	San Mateo	111	Diablo Valley	19	1969	San Mateo	117	DVC	19
1966	San Mateo	67½	Diablo Valley	63½	1970	San Mateo	72	DVC	64

Series Record: San Mateo 7, Diablo Valley 1

Dual Meet Records

College of San Mateo vs Foothill College

100 yd. Dash	Russ Hodge	9.7	Foot	1966
220 yd. Dash	Bill Johnson	22.1	CSM	1965
	Fred Storek	22.1	CSM	1967
440 yd. Dash	Russ Pierce	48.6	Foot	1963
880 yd. Run	Charles Oakley	1:53.3	Foot	1962
One Mile Run	Ralph Likens	4:18.0	CSM	1965
	Marcel Hetu	4:18.0n	CSM	1965
Two Mile Run	Marcel Hetu	9:21.9	CSM	1965
120 yd. High Hurdles	Al Rockwell	15.0	CSM	1963
440 yd. Inmt. Hurdles	Steve Gendreau	56.3	Foot	1969
	Tim Sershen	56.3	CSM	1970
High Jump	Ted Winfield	6'8½"	CSM	1964
Pole Vault	Dennis Phillips	16'4"	CSM	1966
Long Jump	Russ Hodge	23'2 3/4"	Foot	1966
Triple Jump	Doug Olmstead	47'10"	Foot	1965
Shot Put	Russ Hodge	54'7½"	Foot	1966
Discus Throw	Mike Boschetti	164'1"	CSM	1970
440 yd. Relay	Holden, Villareal	42.2	Foot	1969
	Frates, Marshall			
One Mile Relay	Marshall, Frates	3:19.8	Foot	1969
	Villareal, Piatt			

Dual Meet Scores

1963	San Mateo	71	Foothill	51	1967	Foothill	69	San Mateo	67
1964	San Mateo	92	Foothill	44	1968	San Mateo	68	Foothill	48
1965	San Mateo	88	Foothill	48	1969	Foothill	73	San Mateo	63
1966	Foothill	82½	San Mateo	53½	1970	San Mateo	86	Foothill	50

Series Record: San Mateo 5, Foothill 3

Dual Meet Records

College of San Mateo vs Chabot College

100 yd. Dash	Larry Swearington	9.9	Chab	1965
220 yd. Dash	Terry Pogni	22.1	Chab	1966
440 yd. Dash	Dick Cook	49.3	Chab	1970
880 yd. Run	Ron Benson	1:54.4	CSM	1963
One Mile Run	Marcel Hetu	4:18.1	CSM	1964
Two Mile Run	Dave Kamrar	9:26.9	CSM	1963
120 yd. High Hurdles	Al Rockwell	14.7	CSM	1966
440 yd. Inmt. Hurdles	Tim Sershen	55.9	CSM	1970
High Jump	Ted Winfield	6'6"	CSM	1964
Pole Vault	Ron Coleman	14'7"	CSM	1968
Long Jump	Bob Jordon	22'3½"	CSM	1967
Triple Jump	Larry Forrest	43'6"	Chab	1969
Shot Put	Roger Carlson	50'8 3/4"	CSM	1967
Discus Throw	Mike Boschetti	165'9"	CSM	1970
440 yd. Relay	Samuels, Furiosi Miller, Hatcher	43.0	CSM	1969
One Mile Relay	Sheldon, Firenze Benson, Smith	3:20.4	CSM	1963

Dual Meet Scores

1963	San Mateo	116	Chabot	6	1967	San Mateo	98	Chabot	38
1964	San Mateo	121	Chabot	14	1968	San Mateo	92	Chabot	44
1965	San Mateo	107	Chabot	25	1969	San Mateo	89	Chabot	47
1966	Chabot	70	San Mateo	66	1970	San Mateo	69	Chabot	66

Series Record: San Mateo 7, Chabot 1

Dual Meet Records

College of San Mateo vs City College of San Francisco

100 yd. Dash	Tom Gardner	9.7	CCSF	1964
	Mike Carboni	9.7n	CSM	1964
	Fred Storek	9.7	CSM	1967
220 yd. Dash	Bill Johnson	21.7	CSM	1965
440 yd. Dash	Lee Benton	48.9	CCSF	1965
880 yd. Run	Bill Skrifvars	1:53.2	CSM	1965
One Mile Run	Ralph Likens	4:12.2	CSM	1965
Two Mile Run	Ralph Likens	9:20.7	CSM	1965
120 yd. High Hurdles	Bob Little	14.8	CSM	1962
	Al Rockwell	14.8	CSM	1964
440 yd. Inmt. Hurdles	Tim Sershen	56.6	CSM	1970
High Jump	Dwight Tucker	6'9"	CCSF	1966
Pole Vault	Dennis Phillips	15'2½"	CSM	1966
Long Jump	Ray Hearne	24'3"	CCSF	1966
Triple Jump	Dwight Tucker	45'2"	CCSF	1965
Shot Put	Roger Carlson	52'½"	CSM	1967
Discus Throw	Alex Darnes	173'3"	CCSF	1962
440 yd. Relay	Bradford, Ranson Benton, Prince	41.9	CCSF	1965
One Mile Relay	Coleman, Benton Davis, Johnson	3:17.7	CCSF	1965

Dual Meet Scores

1963	San Mateo	81	CCSF	41	1967	San Mateo	72	CCSF	64
1964	San Mateo	99	CCSF	37	1968	San Mateo	81	CCSF	55
1965	San Mateo	78	CCSF	54	1969	San Mateo	70	CCSF	66
1966	San Mateo	83½	CCSF	47½	1970	San Mateo	76	CCSF	60

Series Record: San Mateo 8, CCSF 0

Dual Meet Records

College of San Mateo vs San Jose City College

100 yd. Dash	Rich Lavigne	9.7	SJCC	1965
220 yd. Dash	Bill Johnson	22.0	CSM	1965
	Lee Evans	22.0	SJCC	1966
440 yd. Dash	Lee Evans	46.8	SJCC	1965
880 yd. Run	Harry Cross	1:56.2	CSM	1966
One Mile Run	Marcel Hetu	4:16.4	CSM	1965
Two Mile Run	Ralph Likens	9:26.5	CSM	1965
120 yd. High Hurdles	Jim Miller	14.8	CSM	1969
440 yd. Inmt. Hurdles	Dayton Evans	56.3	SJCC	1969
High Jump	Ted Winfield	6'5"	CSM	1964
Pole Vault	Dennis Phillips	15'0"	CSM	1965
Long Jump	Boykin	22'11"	SJCC	1965
Triple Jump	Jeff Johnson	46'1"	SJCC	1969
Shot Put	Roger Carlson	52'1½"	CSM	1967
Discus Throw	Mike Boschetti	164'9"	CSM	1970
440 yd. Relay	Delk, Miller	42.3	SJCC	1968
	Robinson, Harris			
One Mile Relay	McQueen, Varriale Johnson, Skrifvars	3:17.9	CSM	1965

Dual Meet Scores

1963	San Mateo	98	San Jose CC	24	1967	San Mateo	78	San Jose CC	58
1964	San Mateo	91	San Jose CC	45	1968	San Jose CC	78½	San Mateo	57½
1965	San Mateo	105	San Jose CC	30	1969	San Jose CC	69	San Mateo	67
1966	San Jose CC	72	San Mateo	64	1970	San Mateo	96½	San Jose CC	39½

Series Record: San Mateo 5, San Jose 3

Dual Meet Records

College of San Mateo vs Laney College

100 yd. Dash	Tony Lomax	9.8	Laney	1969
220 yd. Dash	Tony Lomax	21.9	Laney	1969
440 yd. Dash	Mike Miller	49.1	CSM	1969
880 yd. Run	Edmond Temple	1:56.2	CSM	1969
One Mile Run	Edmond Temple	4:20.8	CSM	1969
Two Mile Run	Mike Dailey	9:37.0	CSM	1969
120 yd. High Hurdles	Ray Pope	15.1	Laney	1970
440 yd. Inmt. Hurdles	Tim Sershen	56.0	CSM	1970
High Jump	Ron Van	6'6"	Laney	1969
Pole Vault	Ron Coleman	14'0"	CSM	1969
	Jim Lydon	14'0"	CSM	1970
Long Jump	Tony Lomax	21'11"	Laney	1969
Triple Jump	O'Neal August	46'3 3/4"	Laney	70
Shot Put	Bob Thayer	49'0 1/2"	Laney	1969
Discus Throw	Lou Nava	153'9"	CSM	1969
440 yd. Relay	Baldrige, Lomax	42.6	Laney	1969
	Lewis, Brown			
	Dillard, Robertson Lewis, Lomax	42.6	Laney	1970
One Mile Relay	Raymond, Tim Sershen Robertson, Tom Sershen	3:23.8	CSM	1970

Dual Meet Scores

1969	San Mateo	77	Laney	59	Series Record: San Mateo 2, Laney 0
1970	San Mateo	69	Laney	67	

Dual Meet Records

College of San Mateo vs Merritt College

100 yd. Dash	Overton Williams	9.5	Mer	1959
220 yd. Dash	Warren Edmonson	21.5w	Mer	1970
440 yd. Dash	Ron Benson	48.8	CSM	1963
880 yd. Run	Jim Groothoff	1:54.8	CSM	1963
One Mile Run	Edmond Temple	4:18.1	CSM	1968
Two Mile Run	Ralph Likens	9:32.5	CSM	1964
120 yd. High Hurdles	Eric Barfield	14.9	Mer	1969
440 yd. Inmt. Hurdles	Larry Glenn	55.3	Mer	1970
High Jump	Ted Winfield	6'8"	CSM	1964
Pole Vault	Rich Dragovich	15'1"	CSM	1968
Long Jump	David Wolper	23'6"	Mer	1968
Triple Jump	Emory Montgomery	44'3½"	Mer	1970
Shot Put	Dan Mosley	54'0"	Mer	1969
Discus Throw	Mike Boschetti	166'7"	CSM	1970
440 yd. Relay	Payton, Stuckey Jackson, Edmonson	41.7	Mer	1969
One Mile Relay	Stuckey, Turner Glenn, Jackson	3:19.5	Mer	1969

Dual Meet Scores

1963	San Mateo	72	Merritt	49	1967*	San Mateo	75	Merritt	29
1964	San Mateo	65	Merritt	71	1968	San Mateo	69	Merritt	67
1965	San Mateo	86	Merritt	50	1969	Merritt	74	San Mateo	62
1966	San Mateo	71½	Merritt	64½	1970	San Mateo	69	Merritt	67

Series Record: San Mateo 6, Merritt 2

* 1967 meet was not completed.

Dual Meet Records

College of San Mateo vs University of California at Berkeley Freshmen

100 yd. Dash	Theodore P. Ellison	9.9	CSM	1937
	Forrest Beaty	9.9	Cal	1963
220 yd. Dash	Forrest Beaty	21.5	Cal	1963
440 yd. Dash	Grover Klemmer	48.0	Cal	1940
880 yd. Run	Ron Benson	1:52.5	CSM	1963
One Mile Run	Cliff West	4:12.3	Cal	1969
Two Mile Run	Cliff West	9:15.6	Cal	1969
120 yd. High Hurdles	Lee Roy Kirkpatrick	14.9	CSM	1936
440 yd. Inmt. Hurdles	Tim Sershen	57.2	CSM	1969
High Jump	Connie Verneck	6'5½"	CSM	1939
Pole Vault	Ron Coleman	14'0"	CSM	1969
Long Jump	Bill Fitzpatrick	23'6"	CSM	1938
Triple Jump	Steve Mitchell	43'4 3/4"	CSM	1969
Shot Put	Bill Wohle	48'11"	CSM	1937
Discus Throw	Lou Nava	157'0"	CSM	1969
Javelin Throw	Manuel White	183'5"	Cal	1938
440 yd. Relay	Mitchell, Jones Miller, Furiosi	42.4n	CSM	1969
One Mile Relay	Firenze, Sheldon Benson, Smith	3:19.5	CSM	1963

Dual Meet Records

College of San Mateo vs Stanford University Freshmen

100 yd. Dash	Bob Hylton	9.8	CSM	1940
	Bob Walters	9.8	SUF	1941
220 yd. Dash	Bill Johnson	21.7	CSM	1965
	Del Martin	21.7n	SUF	1965
440 yd. Dash	Jim Ward	48.0	SUF	1965
880 yd. Run	Bill Skrifvars	1:53.2	CSM	1965
One Mile Run	Alex Whittle	4:11.6	SUF	1965
Two Mile Run	Ralph Likens	9:20.7	CSM	1965
120 yd. High Hurdles	Don Reese	14.8	SUF	1941
330 yd. Inmt. Hurdles	Willie Webster	38.6	CSM	1965
High Jump	Dave Harper	6'6½"	SUF	1967
Pole Vault	Dennis Phillips	15'2½"	CSM	1965
Long Jump	John Goode	23'11 3/4"	SUF	1963
Triple Jump	Buddy Crowell	44'4"	CSM	1967
Shot Put	Roger Carlson	52'11"	CSM	1967
Discus Throw	Bob Stoecker	167'2½"	SUF	1963
Javelin Throw	George Porter	208'10½"	SUF	1963
440 yd. Relay	Sears, Taplin Martin, Ward	42.0	SUF	1965
One Mile Relay	Johnson, McQueen Varriale, Skrifvars	3:17.1	CSM	1965

Golden Gate Conference Relays Records

100 yd. Dash	Travis Williams	9.5	CCC	1964
120 yd. High Hurdles	Rickey Rodgers	14.2	CCC	1966
440 yd. Relay	Calloway, Miller Delk, Harris	41.1	SJCC	1968
880 yd. Relay	Calloway, Miller Robinson, Harris	1:26.9	SJCC	1970
One Mile Relay	Schneickert, Gallequillos Harris, Robinson	3:15.1	Merritt	1970
Two Mile Relay	Bickel, Best Tom Sershen, Robertson	7:52.0	CSM	1970
Four Mile Relay	Garcia, Hoffman Darling, Tracy	18:22.2	Chabot	1970
Sprint Medley Relay	Procella, Rose Firenze, Benson	3:29.2	Merritt	1970
Distance Medley Relay	Smith, Benson Huff, Kamrar	10:14.4	CSM	1963
480 yd. Shuttle Hurdles	McCormick, Bains Sauders, Johnson	57.3	Merritt	1964
High Jump Relay	Reed, Osborne, Anderson	19'4"	CCC	1968
Individual	Ted Winfield	6'9"	CSM	1964
Pole Vault Relay	Coleman, Johnson, Dragovich	41'5 3/4"	CSM	1968
Individual	Dennis Phillips	15'4"	CSM	1966
Long Jump Relay	Harris, Delk, Johnson	68'10 1/4"	SJCC	1968
Individual	Earl Harris	23'10 1/4"	SJCC	1968
Triple Jump Relay	Olmstead, Lozano, Armstrong	138'11 3/4"	Foot	1965
Individual	Doug Olmstead	49'9 1/2"	Foot	1965
Shot Put Relay	Castle, Mills, Headley	156'11"	Foot	1963
Individual	Don Castle	54'10 1/4"	Foot	1963
Discus Throw Relay	Mills, Castle, Kennedy	453'1 1/2"	Foot	1963
Individual	Les Mills	168'3 1/2"	Foot	1963

1970 Scores

1. Merritt	82	5. CC San Francisco	47
2. Chabot	76	6. San Mateo	44
3. Laney	67	7. San Jose CC	42
4. Diablo Valley	60	8. Foothill	40

Santa Barbara Easter Relays Records*

100 yd. Dash	Ron Smith	Los Angeles CC	9.4	1967
120 yd. High Hurdles	Geoff Vanderstock	Mt. San Antonio	14.4	1965
	Tyrone Brown	Allan Hancock	14.4	1967
	Ervin Hunt	Fresno CC	14.4	1967
	Ernie Holmes	Bakersfield	14.4	1967
	Tyrone Dutton	Los Angeles CC	14.4	1968
Two Mile Run	Covert	Los Angeles Valley	9:07.6	1970
440 yd. Relay	Martin, Washington Deckard, Jones	Los Angeles CC	41.1	1969
880 yd. Relay	Cook, Horne Brown, Hatcher	Allan Hancock	1:25.4	1967
One Mile Relay	Jones, Margadant Becker, Myers	Los Angeles Pierce	3:13.3	1967
Two Mile Relay	Hansen, Newman Tubb, Myers	Los Angeles Pierce	7:34.9	1967
# Sprint Medley Relay	Smith, Taylor McCormick, Anderson	Los Angeles Valley	3:32.0	1953
# Distance Medley Relay	Eck, Delaney Aguirre, Delaney	Santa Ana	9:59.2	1964
# 480 yd. Shuttle Hurdles	Machamer, Allen Avant, Sommers	Mt. San Antonio	56.6	1956
High Jump	Fred Jackson	Laney	7'0"	1968
Pole Vault	Dick Railsback	Pasadena CC	15'7"	1966
Long Jump	Stan Whitley	Allan Hancock	24'5"	1967
Triple Jump	Butts	East Los Angeles	48'7"	1970
Shot Put	Steve Fite	Chaffey	58'3"	1965
Discus Throw	Joe Keshmiri	Allan Hancock	172'6½"	1966
# Javelin Throw	Goins	Pasadena CC	193'8"	1949

Event no longer held.

* Junior College Division.

Golden Gate Easter Relays Records

Two Mile Run	Andy Volmer	Modesto JC	9:21.4	1968
Three Mile Run	Bob Darling	CC San Francisco	14"54.6	1969
440 Inmt. Hurdles	Mike Toler	West Valley	54.9	1969
440 yd. Relay	Ford, Stuckey Glenn, Edmonson	Merritt	41.0	1970
880 yd. Relay	Edmonson, Stuckey Ford, Glenn	Merritt	1:24.5	1970
One Mile Relay	Finks, Carter Harris, Coleman	Contra Costa	3:18.6	1968
Two Mile Relay	Jackson, Wallis Frank, Wilkens	Merritt	7:57.2	1969
Four Mile Relay	McLenegan, Aveni Kinder, Ruble	Foothill	17:58.6	1968
Sprint Medley Relay	Finks, Hart Harris, Carter	Contra Costa	3:30.2	1968
Distance Medley Relay	Cook, Gibbons Dyer, Bautista	Chabot	10:14.0	1970
480 yd. Shuttle Hurdles	Mitchell, Portman Masaoka, Schuller	San Mateo	58.7	1968
High Jump	Dan Crockett	Merritt	6'6"	1968
Pole Vault	Ron Coleman	San Mateo	14'6"	1968
Long Jump	Henry Stuckey	Merritt	23'3"	1970
Triple Jump	Harry Freeman	San Jose CC	48'7 ³ / ₄ "	1970
Shot Put	Junior Olson	Sacramento CC	52'3 ¹ / ₂ "	1968
Discus Throw	Pipes	Diablo Valley	155'4"	1970

West Coast Relays Records*

100 yd. Dash	Travis Williams Fred Kuller	Contra Costa Santa Ana	9.3 9.3	1964 1965
Two Mile Run	Neill Duggan	Allan Hancock	8:54.0	1966
120 yd. High Hurdles	Don Shy	Mt. San Antonio	13.6	1965
440 yd. Inmt. Hurdles	Mike Tolar	West Valley	52.0	1969
440 yd. Relay	Payton, Stuckey Glenn, Edmonson	Merritt	40.5	1969
880 yd. Relay	Adams, Woedle Johnson, Olson	Bakersfield	1:24.7	1966
One Mile Relay	Meyers, Margadant Becker, Howard	Los Angeles Pierce	3:11.6	1967
Two Mile Relay	Newfan, Tubb Meyers, Hanson	Los Angeles Pierce	7:29.3	1967
Distance Medley Relay	Biacani, King Vogel, Neff	American River	9:53.4	1964
High Jump	Ed Caruthers	Santa Ana	7'0 $\frac{1}{4}$ "	1965
Pole Vault	Dick Railsback	Pasadena CC	16'1 $\frac{3}{4}$ "	1966
Long Jump	Henry Hines	Sacramento CC	26'2 $\frac{3}{4}$ "	1969
Triple Jump	Mahoney Samuels Robert Reader	Foothill Bakersfield	51'10 $\frac{3}{4}$ " 51'10 $\frac{3}{4}$ "	1962 1969
Shot Put	Steve Fite	Chaffey	60'8 $\frac{1}{2}$ "	1965
Discus Throw	Les Mills	Foothill	175'8 $\frac{1}{2}$ "	1963
Javelin Throw	John Hollady	Chaffey	210'4"	1968

* Junior College Division

West Coast Relays were not held in 1970.

Northern California Relays Records (Division I, Large College)

100 yd. Dash	Warren Edmonson	Merritt	9.3	1969
Two Mile Run	George Stewart	College of Marin	9:10.6	1969
120 yd. High Hurdles	Ervin Hunt	Fresno CC	14.1	1966
440 yd. Relay	Payton, Stuckey Glenn, Edmonson	Merritt	40.7	1969
880 yd. Relay	Edmonson, Stuckey Glenn, Payton	Merritt	1:24.1	1969
One Mile Relay	Stuckey, Glenn Edmonson, Jackson	Merritt	3:08.2	1969
Two Mile Relay	Bohlander, Boehme Alvarez, Green	American River	7:45.6	1968
Four Mile Relay	Mitchell, Johnson Alvarez, Green	American River	18:31.3	1967
Sprint Medley Relay	Allen, Bates Mott, Martin	Sacramento CC	3:22.8	1968
Distance Medley Relay	Skrifvars, McQueen Hetu, Likens	San Mateo	10:01.7	1965
480 yd. Shuttle Hurdles	Thompson, Smith Man, Hunt	Fresno CC	55.7	1966
High Jump	Clyde Sadler	CC San Francisco	6'10 $\frac{1}{4}$ "	1969
Pole Vault	Tom Wunschel	American River	15'9"	1968
Long Jump	Henry Hines	Sacramento CC	25'4 $\frac{3}{4}$ "	1969
Triple Jump	Dwight Tucker	CC San Francisco	51'1 $\frac{1}{2}$ "	1966
Shot Put	Don Castle	Foothill	58'7 $\frac{1}{2}$ "	1963
Discus Throw	Les Mills	Foothill	175'7"	1963

1970 Scores

1. Merritt	68	9. West Valley	13
2. Fresno CC	65	10. CC San Francisco	12
3. American River	45	11. San Jose CC	11
4. San Mateo	34	12. Chabot	10
5. Contra Costa	20	13. Sacramento CC	9 $\frac{1}{2}$
6. Modesto	20	14. Diablo Valley	5
7. Laney	17	15. Foothill	4
8. De Anza	16 $\frac{1}{2}$	16. Marin	2

Golden Gate Conference Meet Records

100 yd. Dash	Warren Edmonson	Merritt	9.4	1969
220 yd. Dash	Royce Ford	Merritt	20.9	1970
440 yd. Dash	Lee Evans	San Jose CC	46.2	1966
880 yd. Run	Ken Noel	San Jose CC	1:52.4	1963
One Mile Run	Jerry Maydahl	Diablo Valley	4:14.7	1970
Two Mile Run	Ed Ortegon	Foothill	9:18.8	1965
120 yd. High Hurdles	Rickey Rogers	Contra Costa	14.3	1966
440 yd. Inmt. Hurdles	Larry Glenn	Merritt	53.5	1970
High Jump	Dave Fishbaugh	Chabot	6'8"	1970
Pole Vault	Sam Caruthers	San Jose CC	15'7½"	1968
Long Jump	Henry Stuckey	Merritt	24'8½"	1970
Triple Jump	Doug Olmstead	Foothill	49'7½"	1965
Shot Put	Don Castle	Foothill	59'11"	1963
Discus Throw	Les Mills	Foothill	187'3"	1963
440 yd. Relay	Ron Williams, Royce Ford, Henry Stuckey, Larry Glenn	Merritt	41.0	1970
One Mile Relay	Roy Finks, Howard Carter, Carl Harris, Clarence Taylor	Contra Costa	3:16.0	1968

1970 Scores

Past Meet Winners

1. Merritt	129	1963	San Mateo	119½
2. Chabot	85	1964	San Mateo	139
3. Diablo Valley	56	1965	San Mateo	166 1/3
4. San Mateo	48	1966	Foothill	113
4. CC San Francisco	48	1967	San Jose CC	101½
5. Foothill	42	1968	San Mateo	104
6. San Jose CC	40	1969	Merritt	140 3/4
6. Laney	40	1970	Merritt	129

Past Conference (Dual) Champions

1963	San Mateo
1964	Merritt
1965	San Mateo
1966	CC San Francisco
1967	San Jose CC
1968	Contra Costa
1969	Merritt
1970	San Mateo

Northern California Meet Records

100 yd. Dash	Sam Davis	Allan Hancock	9.4	1967
220 yd. Dash	Mike Miller	San Jose CC	20.8	1969
	Warren Edmonson	Merritt	20.8	1969&70
440 yd. Dash	Jim Hatcher	Allan Hancock	47.4	1967
880 yd. Run	Bob Martin	Sacramento CC	1:50.7	1968
One Mile Run	Ralph Likens	San Mateo	4:11.7	1965
Two Mile Run	Neil Duggan	Allan Hancock	9:09.3	1966
120 yd. High Hurdles	Rickey Rogers	Contra Costa	14.3	1966
440 yd. Inmt. Hurdles	Bob Phelps	Allan Hancock	53.2	1970
High Jump	Max Lowe	Foothill	6'10"	1965
	Don Pierce	Diablo Valley	6'10"	1968
Pole Vault	Steve Hardison	Fresno CC	15'8½"	1969
Long Jump	Henry Hines	Sacramento CC	24'9½"	1969
Triple Jump	Rich Dunn	West Valley	49'5 3/4"	1969
Shot Put	Dan Mosley	Merritt	55'10"	1969
Discus Throw	Les Mills	Foothill	187'5"	1963
440 yd. Relay	Payton, Stuckey	Merritt	40.9	1969
	Glenn, Edmonson			
One Mile Relay	Stuckey, Glenn	Merritt	3:14.7	1969
	Edmonson, Jackson			

1970 Scores

Past Team Champions

1. Merritt	98	1954 Modesto JC	43½
2. Fresno	78½	1955 CC San Francisco	60½
3. American River	54	1956 Modesto JC	89 3/4
4. Hartnell	26	1957 Modesto JC	83
5. Contra Costa	24	1958 CC San Francisco	92 2/5
6. Sierra	22	1959 College of Sequoias	58
7. CC San Francisco	22	1960 College of Sequoias	74
8. Westhills	22	1961 Fresno CC	50 9/10
9. Chabot	16½	1962 College of Sequoias	58½
10. San Mateo	16	1963 College of Sequoias	75
11. West Valley	14	1964 Merritt	78
12. De Anza	14	1965 Fresno CC	84
13. Sequoias	13	1966 Fresno CC	99
14. Diablo Valley, Hancock, and San Jose	10	1967 Allan Hancock	142
		1968 Sacramento CC	55
		1969 Merritt	70
		1970 Merritt	98

California State Meet Records

100 yd. Dash	Travis Williams Fred Kuller Sam Davis	Contra Costa Mt. San Antonio Fresno CC	9.3 9.3 9.3	1964 1965 1967
220 yd. Dash	Ron Smith	Los Angeles CC	20.9	1967
440 yd. Dash	Gary Comer	Los Angeles Pierce	46.4	1961
880 yd. Run	Bob Hose	San Diego CC	1:49.5	1965
One Mile Run	Bob Delaney	Santa Ana	4:05.4	1964
Two Mile Run	Neill Duggan	Allan Hancock	8:57.8	1967
120 yd. High Hurdles	George Greenwood Herman Franklin	San Bernardino Los Angeles Harbor	13.9 13.9	1964 1968
440 yd. Inmt. Hurdles	Mike Bates Jim Seymour	Sacramento CC Golden West	52.8 52.8n	1969 1969
High Jump	Max Lowe	Foothill	7'0½"	1965
Pole Vault	Dennis Phillips Dick Railsback	San Mateo Pasadena CC	16'5½" 16'5½"	1966 1966
Long Jump	Gene Wilson	Sequoias	25'0½"	1960
Triple Jump	Larry Freeman	Long Beach CC	49'11 3/4"	1966
Shot Put	Don Castle	Foothill	58'8½"	1963
Discus Throw	Sylvester Marshall	West Hills	184'4"	1970
440 yd. Relay	Payton, Stuckey Glenn, Edmonson	Merritt	40.4	1969
One Mile Relay	Myers, Murgaden Beeker, Hansen	Los Angeles Pierce	3:10.1	1967

1970 Scores

1. Merritt	72	22. Cerritos	4
2. Fresno CC	66	Chabot	4
3. American River	37	San Mateo	4
4. Los Angeles CC	32	L. A. Southwest	4
5. Mt. San Antonio	28	Merced	4
6. Bakersfield	27	27. Santa Monica	3
7. West Hills	20	28. Hartnell	2
Los Angeles Valley	20	Laney	2
9. Moorpark	18	San Diego Mesa	2
10. Pasadena	16	Sierra	2
1 Los Angeles Pierce	16	Sequoias	2
Grossmont	16	West Valley	2
13. East Los Angeles	13	Redwoods	2
14. Los Angeles Harbor	12	Saddleback	2
Mira Costa	12	Antelope Valley	2
16. Long Beach	10	37. CC San Francisco	1
17. San Jose	8	Imperial Valley	1
Chaffey	8	Glendale	1
Citrus	8	Reedley	1
El Camino	8	Diablo Valley	1
21. Contra Costa	6		

National Junior College Records

100 yd. Dash:				
9.3	Travis Williams	Contra Costa	1964	
	Fred Kuller	Santa Ana	1965	
	Mel Gray	Ft. Scott	1968	
	Warren Edmonson	Merritt	1969	
220 yd. Dash:				
20.6	Mel Gray	Ft. Scott	1968	
440 yd. Dash:				
46.1	Lee Evans	San Jose CC	1966	
880 yd. Run:				
1:48.6	Ray Van Asten	Mt. San Antonio	1962	
One Mile Run:				
3:56.1	Neil Duggan	Allan Hancock	1966	
Two Mile Run:				
8:54.0	Neil Duggan	Allan Hancock	1966	
120 yd. High Hurdles:				
13.6	Don Shy	Mt. San Antonio	1965	
440 yd. Intermediate Hurdles:				
51.2	Geoffrey Vanderstock	Mt. San Antonio	1966	
High Jump:				
7'1½"	Ed Caruthers	Santa Ana	1965	
Pole Vault:				
16'8"	Dennis Phillips	San Mateo	1966	
Long Jump:				
26'2 3/4"	Henry Hines	Sacramento CC	1969	
Triple Jump:				
51'10 3/4"	Mahoney Samuels	Foothill	1962	
	Robert Reader	Bakersfield	1969	
Shot Put:				
60'8½"	Steve Fite	Chaffey	1965	
Discus Throw:				
187'5"	Les Mills	Foothill	1963	
Javelin Throw:				
273'0"	Mark Murro	Mesa Comm.	1968	
440 yd. Relay:				
40.4	Norbert Payton, Henry Stuckey, Larry Glenn, Warren Edmonson	Merritt	1969	

National JC Records (cont'd)

One Mile Relay: 3:08.2	Larry Glenn, Henry Stuckey Warren Edmonson, Lamont Jackson	Merritt	1969
Two Mile Relay: 7:29.3	Biff Newman, Terry Tubb Paul Myers, Robert Hansen	Los Angeles Pierce	1967
Four Mile Relay: 17:00.4	Mark Covert, Bob King Mike Wagonbach, Jim Estes	Los Angeles Valley	1969
Sprint Medley Relay: 3:22.8	Ray Van Asten, Les Phillips Duane Reidenbach, Bob Miltz Thomas Allan, Mike Bates James Mott, Robert Martin	Mt. San Antonio Sacramento CC	1961 1968
Distance Medley Relay: 9:53.4	Al Biancani, Kay King Roy Vogel, Joe Neff	American River	1964
480 yd. Shuttle Hurdle Relay (low, high, low, high): 53.7	Bob Seagren, Geoff Vanderstock Bruce Johnson, Don Shy	Mt. San Antonio	1965

National Junior College Bests In Other Events

100 meter Dash: 10.1n	Mel Gray Mickey Mathews	Ft. Scott Laney	1968 1968
200 meter Dash (Straight): 20.3	Dave Morris	Pasadena CC	1962
220 yd. Dash (Straight): 20.3	Dave Morris	Pasadena CC	1962
200 meter Dash (Turn): 20.2	Mike Fray	Mesa Community	1968
400 meter Dash: 45.2	Lee Evans	San Jose CC	1966
800 meter Dash: 1:48.3	Bob Hose	San Diego Mesa	1965
1500 meter Run: 3:41.6n	Neill Duggan	Allan Hancock	1966
Three Mile Run: 13:56.0	Neill Duggan	Allan Hancock	1966
5000 meter Run: 14:26.8n	Neill Duggan	Allan Hancock	1966

National JC Bests In Other Events cont'd

Six Mile Run:				
29:41.2n	John Hayes	Tacoma Community	1968	
10,000 meter Run:				
33:09.8n	Keith Jeffers	San Diego CC	1968	
110 meter High Hurdles:				
13.8	George Carty	Odessa Community	1968	
3000 meter Steeplechase:				
8:57.8	Dick Krenzer	Los Angeles Valley	1963	
400 meter Intermediate Hurdles:				
50.0	Geoff Vanderstock	Mt. San Antonio	1966	
440 yd* Intermediate Hurdles:				
50.2n	Geoff Vanderstock	Mt. San Antonio	1966	
330 yd. Intermediate Hurdles:				
35.7	Geoff Vanderstock	Mt. San Antonio	1966	
Hammer Throw:				
167'3"	Ron Sakahara	Fullerton JC	1963	
Decathlon:				
8230	Russ Hodge	Foothill	1966	

* Mark set after close of regular Junior College season.

NOTES TO ATHLETES

Welcome to the 1971 College of San Mateo Track & Field Team.

The sport of track and field has come a long way in the last decade. The record books have literally been rewritten during the 1960's. There are many reasons for this, but the one that is most prominent is "dedication". The "new breed" of track athlete who helped rewrite the book is one who is extremely dedicated to the sport, the team, his coach, his school, and himself. The Ryuns and the Toomeys have been willing to "pay the price" to become champions.

"Paying the price" involves many factors both on and off the athletic field. It involves putting in extra study time to keep up the grades, and giving up certain modern trends in dress and appearance in order to take on an athletic look. It involves being a complete team man, sometimes giving up your own individual needs and desires for the good of the team. It involves being courteous to officials and opponents, of controlling your temper, to handle victory with humility, and defeat with valor.

The days and hours you spend on the track will never return. Take each day one at a time and do the best job you know how. Set your goals high. Be proud of being a track and field athlete; be proud of your team, your school, your parents, and most important be proud of yourself.

Many of the friendships that you are now making on the track team will last for a lifetime. I hope that I can be included.

Good luck for the coming 1971 season.

Sincerely,

Bob Rush
Track and Field Coach
College of San Mateo

Track Awards Regulations

The Athlete must earn a total of twelve (12) points during the season in regularly scheduled dual conference competition, or make a fraction of a point in the Conference, Northern California, or State meets. Members of a winning relay team in a dual meet shall be awarded three points each. In all cases the Athlete must have the recommendation of the coach.

Awards

1. A certificate is given for each award won.
2. The first award is one-half the cost of a C.S.M. jacket.
3. The second award in the same sport is a C.S.M. blanket.