

10th Annual  
NCAA College Division Eastern Regional  
Track and Field Championships  
May 22, 1971

Where?  
Tennec K, N, J

FINALS

440 yard relay---1-Adelphi (Rich Hardware, Dennis Walker, Ron Mason, Kel Siegel);  
Time: 41.3; 2-Howard University; 3-C. W. Post; 4-Slippery Rock State; 5-U. S. Merchant  
Marine; New record, old record by Howard University in 1969 and Rochester University in 1970

Finished Friday, May 21, 1971\*

\*Triple Jump---1-William Alzado (Univ. of Bridgeport); Distance: 47'; 2-Arnold Bain (Howard  
University); 3-Fred Flothmeier (Muhlenberg); 4-John Walt (Millersville State); 5-John  
Kefalos (SUNY Stony Brook)

\*Discus---1-Karl Bivens (Millersville State); Distance: 165'8"; 2-Frank DeMezza (C. W. Post);  
3-Pete Bould (C. W. Post); 4-Odd Haugen (Western Maryland); 5-Doug Pollard (Kutztown State)

One mile run---1-Ron Stonitsch (C. W. Post); Time: 4:12.2; 2-Ed Gralewski (Slippery Rock  
State); 3-Tom Carr (Hamilton College); 4-Kevin McGrath (Montclair State); 5-Robert Goodell  
(SUNY Brockport)

High Jump---1-Tom Roushey (Montclair State); Height: 6'8"; 2-Jerry Farrell (C. W. Post);  
3-Steve Buso (SUNY Oswego); 4-Steve Suto (SUNY Cortland); 5-Tom Connelly (Rochester  
Institute Technology) Tied Record by Mike Neer Washington and Lee in 1969

120 yard hurdles---1-Mike Majikas (C. W. Post); Time: 14.5; 2-Bob Dennerle (Trenton State);  
3-Mike Mayo (Howard University); 4-Steve Schultz (SUNY Brockport); 5-Willard LaFauce  
(Alfred University)

Shot put---1-Wayne Geltz (Millersville State); Distance: 48'5 1/2"; 2-Karl Bevins (Millersville  
State); 3-Odd Haugen (Western Maryland); 4-Pete Bould (C. W. Post); 5-Frank Cassano (Adelphi)

Javelin---1-Ed Long (East Stroudsburg); Distance: 225'11"; 2-Rich Brueckner (Muhlenberg);  
3-Scott Stratford (Wagner College); 4-Gregory Williams (Howard University); 5-Jack Mulder  
(Trenton State)

440 yard dash---1-Clyde McPherson (Adelphi); Time: 48.7; 2-Keith Davis (Adelphi); 3-Rich  
Romano (C. W. Post); 4-Rich Riley (Worcester State); 5-Rich Jaszczak (Union College)

Long Jump---1-Bob Devins (SUNY Cortland); Distance: 23'7"; 2-Arnold Bain (Howard University);  
3-William Alzado (U. of Bridgeport); 4-Mric Porter (U. S. Merchant Marine); 5-Ric Reinertsen  
(SUNY Cortland) New Field record

100 yard dash---1-Dennis Walker (Adelphi); Time: 9.8; 2-Rich Hardware (Adelphi); 3-Dennis  
Vitale (C. W. Post); 4-Kel Siegel (Adelphi); 5-Cleveland Little (SUNY Albany)

880 yard dash---1-Greg Weiss (Montclair State); Time: 1:49.5; 2-Mike Nixon (Howard University);  
3-Neil Higgins (C. W. Post); 4-Tim McCabe (Union College); 5-Arnold Schell (SUNY Albany)  
New record. Old record by Mike Hoses (C. W. Post) 1:50.5 in 1970

440 yard hurdles---1-Nason Donahue (Dickinson); Time: 55.5; 2-Dennis Morrissy (East Strouds-  
burg); 3-Jim Tierney (Westfield State); 4-Mike Van Auker (SUNY Brockport); 5-Frank Guinane  
Trenton State)

10th Annual  
NCAA College Division Eastern Regional  
Track and Field Championships  
May 22, 1971

**FINALS**

220 yard dash---1-Dennis Walker (Adelphi); Time: 21.7; 2-Rich Hardware (Adelphi); 3-Coby Defina (SUNY Cortland); 4-Dennis Vitale (C. W. Post); 5-Ron Mason (Adelphi)

Three mile run---1-Ron Stonitsch (C. W. Post); Time: 14:16.5; 2-Tom Fleming (William Paterson); 3-Jeff Bradley (Millersville State); 4-Mike Clark (C. W. Post); 5-Phil Bonfiglio (SUNY Cortland) New record. Old record by Ron Stonitsch (C. W. Post) 14:24.5 in 1970

One mile relay---1-Adelphi (████████████████████) (Warren Lyons, Dennis Walker, Ray Lee, Clyde McPherson); Time: 3:15.2; 2-C. W. Post; 3-Howard University; 4-Union College; 5-Millersville State

Pole vault---1-Bob Zimmerman (Juniata); Height: 14'2"; 2-Dan Smith (C. W. Post); 3-Steve Sipe (Shippensburg); 4-Vernon Hollins (Old Dominion); 5-Tony Bliss (C. W. Post)

Team scoring---C. W. Post 56, Adelphi 46, Howard University 24, Millersville State 22, Montclair State 14, Cortland State 13, East Stroudsburg 10, Bridgeport 9, Muhlenberg 7, Slippery Rock State, Trenton State, Dickinson, and Juniata 6, Western Maryland, Brockport, Union 5, William Paterson 4, U. S. Merchant Marine, Oswego, Hamilton, Wagner, Westfield State, Shippensburg State 3, Worcester, Albany, Old Dominion 2, Stony Brook, Kutztown, Rochester Institute Technology, Alfred 1, Delaware Valley, Gorham State, Grove City College, Jersey City, Le Moyne, Lycoming, Rensselaer Polytechnic Institute, Roanoke, Oneonta, Binghamton, Thiel, Rochester U., St. Lawrence 0.