

SACRAMENTO STATE COLLEGE  
TRI-MEET WITH SAN FRANCISCO STATE AND SONOMA STATE

March 15, 1972  
Hornet Field

FINAL SCORE

SAC. STATE - 125  
SF STATE - 50  
SON. STATE - 18

120 YD. HIGH HURDLES

Ellis (Sacramento) 14.4; Carr (Sacramento) 14.7; Hector (San Francisco) 14.8; White (Sacramento) 15.5; Nash (Sacramento) 15.3; Henson (Sacramento) 16.5

HAMMER THROW

Hudson (Sonoma) 124-3; Bieth (Sacramento) 118-4; Saylor (Sonoma) 94-6; Campbell (Sacramento) 93-2

SHOT PUT

Hudson (Sonoma) 48'7"; Zachery (Sacramento) 48'11/2"; Baldwin 46'6"; (San Francisco); Gross (San Francisco) 45'11".

POLE VAULT

Roseland (Sacramento) 13'0"

JAVELIN

Harriman (Sacramento) 198'11"; Hurley (San Francisco) 185'9"; Parker (San Francisco) 152'0"; Saylor (Sacramento) 147'3";

3000 M STEEPLECHASE

Litchfield (Sacramento) 9:42.4; Quinn (Sacramento) 10:06.8; Donahue (San Francisco) 10:42.4

ONE MILE RUN

Vogel (Sacramento) 4:22.7; McKenna (Sacramento) 4:24.6; Henderson (Sacramento) 4:24.8; Best (San Francisco) 4:25.0; William (San Francisco) 4:25.0; Corpus (Sacramento)

440 Yard Relay

Bowens, Rogers, McGill, Logions (Sacramento) 41.3; Relempago, Jordan, Pettus, Hammon (San Francisco) 42.6; Rebbe, Swick, Gatchalian, Casebier (Sonoma) 47.1



## LONG JUMP

Harper (Sacramento) 21-8"; Lopez (Sacramento) 21-3 3/4;  
Fernandez (San Francisco) 21-3 1/2; Edwards (Sacramento) 20-7 1/4;  
Tyler (Sacramento) 20-6 1/4; Walker (Sonoma) NT

## 100 YARD DASH

Lignons (Sacramento) 9.6; Pettus (San Francisco) 9.8;  
Bowens (Sacramento) 9.9; Lopez (Sacramento) 10.4; Relempago (San  
Francisco) NT

## 880 YARD RUN

Parks (Sacramento) 1:57.4; John (San Francisco) 1:58.3;  
Caron (Sacramento) 2:02.7; Vasconcellos (Sacramento) 2:04.9; Henderson  
(Sacramento) 2:07.9; Denmark (Sonoma) NT

## 440 YARD INT. H.

Carr (Sacramento) 54.8; Hector (San Francisco) 57.1; Rebbe  
(Sonoma) 60.3; Casebier (Sonoma) 65.1;

## 220 YARD DASH

Pettus (San Francisco) 21.0; Lignons (Sacramento) 21.2; McGill  
(Sacramento) 22.2; Relempago (San Francisco) ~~22.2~~ 22.2;

## 440 YARD DASH

Dawson (Sacramento) 49.2; Jordan (San Francisco) 50.0;  
Dunn (San Francisco) 50.2; Griffith (Sacramento) 50.5;

## DISCUS

Gross (San Francisco) 140'4"; Hudson (Sonoma) 137'; Lopez  
(Sacramento) 121'1"; Callero (San Francisco) 119'6 1/2";

## 3 MILE RUN

Litchfield (Sacramento) 15:00.4; Corpus (Sacramento) Vogel  
(Sacramento) 15:41.1; Furey (Sacramento) Garcia (Sacramento) NT

\* SCHOOL RECORD ON CURVE  
OLD MARK 21.3, LIGNONS '71



## ONE MILE RELAY

Griffith, Bovens, Dawson, Parks (Sacramento) 3:15.9; John,

Petus, Jordan, Dunn (San Francisco) Disqualified

## HIGH JUMP

Coleman (Sacramento) 6'8"<sup>\*</sup>; Metcalf (San Francisco) 6'2"; Lopez (

(Sacramento) 5'10"; Metzinger (Sacramento) 5'10";

## TRIPLE JUMP

More (Sacramento) 47-2/1/4; Lopez (Sacramento) 45-11; Fernandez (San

Francisco) 45-43/4; Metzinger (Sacramento) 42-61/4; Gropman (Sonoma) 40 1/4;

Walker (Sonoma) 39 1/4

\*TIES PERSONAL HIGH MARK