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  1. RON ZARATE (21)
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                                                                                                       108. GARY KENT (21)
                                                                                                                                      TIMAT
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  2. MITCH KINGERY (16)
                               RCF
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                                                                                                        109. RON MARKILLIE (30)
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      JON ANDERSON (23)
  3. JON ANDERSON
4. RON DAWS (35)
                               OTC
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                                                                                                             RICK BISCHOF (20)
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                                                                                                             DON BOULANGER (28)
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      JOHN CALDWELL
                               UNAT
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                                                                                                             LYN WALKER (15)
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      DARREN GEORGE (24)
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                                                                                                             VICTOR PANTALEONI(15)UNAT
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      DARYL ZAPATA (27)
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      GEOFF PIETSCH (35)
                              UNAT
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                                                                                                             GLENN PRUITT (30)
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      DON GREGORY (19)
                               HSTC
                                      29:36
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                                                                                                             BRUCE HILDENBRAND(?) UNAT
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                                                                                                       117. JIM GAULT (14) NCSTC
118. GARY L. HOFER (32) UNAT
119. ERNST L. HAYMAN (38) UNAT
      ALEX AGUILAR (17)
                              TINATE
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  11. FRANK KREBS (29
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 12. RAY CERANKOWSKI (19)
                              TINAT
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    GARRETT TOMCZAK (25)

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      GORDON RADO (18)
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      FRANK FREYNE (33
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 17. MARK GALEAZZI
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  18 LUPE SOLIS (22)
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                              HSTC
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      DAVE STEVENSON
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                                                                                                       127. DON ZARIN (53)
128. PEGGY LYMAN (25)
      BERNIE SULLIVAN (30)
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 21. THOMAS R. CORY (26)
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      JOHN TENGELSEN (16)
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      DAVID MARSH (35)
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      DOUG GATES (25)
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      DAVE RUSSELL (25)
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133. JOSEPH WIGGINS (28)
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      RICHARD REYNAGA (16)
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      DOUG MCLEAN (19)
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135. MIKE SULLIVAN (13)
136. WERNER RODIGER (43)
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     T.A. DE LUSIGNAN (42) MAC
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     BOB SCHUG (19)
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     ROBERT SELLS (17
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138. LEE ADAMS (43)
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 31. GARY CHILTON (35
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     ALEX MONTERROSA (26)
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140. THEODORE JONES (34)
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      TOM BLAKE (18)
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      GARY COOK (17)
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                                                                                                             LONDA KINGERY (16
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     DAN H. MOORE (31)
                              LVRC
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                                                                                                                                      UNAT
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      MIKE BERGKAMP (19)
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     JOHN J. COMISKY (30)
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     LEN THORNTON (42)
DON PEMBERTON (18)
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      CRISPIN ROAQUE
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     RICH PETERSEN (35)
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 42.
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     RICHARD SCHIPBACK
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152. BILL ZIMMERMAN (49) NCSTC
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      JOSEPH MANGAN (16)
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154. TAYLOR WASHBURN (30)
     JAMES HOLL (28)
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     BOB RONCKER (29)
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     PHILIP MARSTON (25)
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157. TOM OWEN, JR. (9)
 49
     KENT GITTHRIE (36)
                              UNAT
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     MIKE HEALY (40)
                                                        1:34:13
                              NVRC
                                     30:40
                                             1:01:56
                                                                  2:08:49
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 51.
     DANNY URTIAGA (24)
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                                                                                                            ALLAN BOOS (16)
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     RAYMOND R. WHITE (28) SRC
                                     32:15
                                             1:06:30
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                                                                  2:15:17
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                                                                                                       159. CATHERINE SMITH (39)
                                                                                       2:55:57
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3:05:56
                                                                                                                                     PAMA
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      JEFF BRODY (16)
                              WVTC
                                     32:57
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                                                                                                            PHILIP GRAY (51)
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     BTIL FITMY (19)
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                                                                                                            CARROLL O'CONNER (42) RCF
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     REX DIETDERICH (48)
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2:14:44
                                                                                                       163. EMORY WHITE (36)
164. ROBERT O'CONNER (11)
     JERRY OCKERMAN (26)
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                                     33.18
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     DON PETERSON (39)
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     BILL MCCRAY (23)
                             SACTO
                                     34:39
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                                                                                                       165. MIKE BADZIK (56)
166. JACK KIRK (66)
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     PAUL REESE (55)
                             NCSTC
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     ROBERT GEHL
                               DSE
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                                                                                                            KARL NEWLAND (10)
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 61.
     BEAU WILLIS (16)
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                                                                                                            KENNETH ISRAEL (25)
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                                                                                                                                            39:02
                                                                                                       169. KEN VAN SCYOC (55)
170. FRED REBER (15)
171. MARY L. BOITANO (49)
     GARY CISNEROS (16)
BRIAN MORONEY (16)
                              UNAT
                                     31:45
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      PETE HANSON (30)
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 65.
66.
     DARRELL JEONG (21)
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                                                                                                       172. EUGENE GUTHRIE (28)
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     BOB PORTER (44)
                                                                                                       173. ERIC NEWLAND (11)
174. GRANT NEWLAND (48)
                                                        1:40:12
                             NCSTC
                                     32:02
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      JESSE DEL REAL (17)
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     CHUCK STAGLIANO (33)
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                                                                                                       175. NEIL FORSYTHE (38)
                               DSE
                                     34:47
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                           (48)MAC
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                                                                                                       176. KEN LEAVITT (64)
     ROBERT BIANCALANA
                                     32:13
                                             1:05:51
                                                                  2:16:02
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                                                                                                      Unofficial Times Above Marked by Asterisk (*).
Unofficial Finisher: FETER STEIN 3:25:58.

Didn't Run Final 1 Mile+: ROBERT COYLE (17) SACTC -2:32:09; GARY SINGER (18) UNAT -2:35:03; MIKE CONROY (28) UNAT -2:35:16; DAVID STERN (36) UNAT -2:43:03; IVAN BOGGIS (34) UNAT -2:43:13; DON LUCERO (44) NCSTC - 3:00:42.
 70. EDWARD HANNIGAN (29)
                               DSE
                                     33:12
                                             1:07:27
                                                        1.42.27
                                                                  2-18-14
                                                                            2.54.07
                                                                                        3 + 45 + 70
 71. JOHN NEUHAUS (16)
                                             1:04:38
                                                                            2:54:33
                                                       1:38:42
                                                                  2:16:01
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                              UNAT
                                     32:10
     MICHAEL BOITANO (11)
                                     31 • 44
                                             1:06:07
                                                        1:39:31
                                                                  2:14:06
                                                                            2:54:21
                                                                                        3:03:56
                               DSE
 73. RICHARD BUXTON (35)
74. BOB HART (17)
                                     34:08
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                                             1:08:48
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                             UNAT
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                               RCF
                                     32:00
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     DAVE DONALDSON (33)
                              HSTC
                                     30:05
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                                                        1:35:05
                                                                            2:57:28
                                                       1:43:14
 76. JOSEPH M. MAHER (26)
                                             1:08:48
                                     34:08
                                                                                        3:07:23
                                                                                       3:07:24
3:07:35
     ANDREW MCBRIDE (16)
                                     34:39
                                             1:10:26
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                                                                            3:00:45
                                                                                                      DIVISIONAL WINNERS:
                                                                                                                                                              MOTHER-DAUGHTER: CARROLL (161ST) & KATHLEEN (139TH) O'CONNER
                            SACTO
                                                       1:45:01
                                                                  2:21:06
     TED LARSON (41)
                              MPAC
                                     34:21
                                             1:09:30
                                                                            2:58:35
     STEVE SIDNEY (23)
                                             1:11:40
                                                       1:47:47
                                                                  2:23:03
                                                                            2:59:23
                                                                                       3:08:37
                                                                                                      UNDER 11: (1) MARYETTA BOITANO - 3:49:01
                               SEC
                                     35:25
 80. JOHN BRAZINSKY (34)
81. SAMUEL MARQUEZ (34)
                                                                                       3:08:54
                                                                  2:20:42
                                                                            2:59:01
                              MPAC
                                                                                                                                                              WMRA TROPHIES:
(1) JAY MARLOWE - 3:11:43
                                                                                        3:09:08
                                                                                                      11-14: (1) MIKE BOITANO - 3:03:56
                                     33:17
                                             1:06:50
                                                       1:41:35
                                                                            2:58:16
                                                                  2:17:51
     JAY P. MARLOWE (15
                               GTC
                                     34:45
                                             1:10:31
                                                       1:46:06
                                                                  2:22:35
                                                                            3:02:17
                                                                                       3:11:43
                                                                                                               (2) BILL TRACEY - 3:22:15
                                                                                                                                                                    WILLIAM RUPLEY - 3:36:10
                                                                             3:04:35
     PETER LARSON (15
                                     36:01
                                             1:12:32
                                                        1:50:00
 84. DIRK ROHLOFF (17)
85. BOB COOPER (18)
                              TINIAM
                                     32:12
                                             3 +04+56
                                                       1 :38 :28
                                                                  2:18:06
                                                                            3:02:36
                                                                                       3:14:32
                                                                                                      15-18: (1) ALEX AGUILAR - 2:33:54
(2) GORDON RADO - 2:40:42
                                                                            3:06:45
                                                                                       3:14:37
                                                                                                                                                             *TEAM STANDINGS:
(1) WEST VALLEY TC - 16
                                             1:12:41
                                                        1:51:47
                                                                  2:30:10
                              UNAT
                                     34:55
     BOB RUTH (18)
                                                                  2:21:51
                             OPHIE
                                             1:08:28
                                                       3 : 44 : 27
                                                                            3:05:05
                                                                                       3:15:35
                                                                                                               (3) MARK GALEAZZI - 2:43:26
                                                                                                                                                                 (1) WEST VALLEY TC - 16
(2) HIGH SIERRA TC - 21
                                                       1:43:54
                                                                  2:22:35
                                                                            3:06:15
     MIKE DEVINE (33)
                              UNAT
                                     33:16
                                             1:08:09
                                                                                       3:16:06
                                                                                                      40-49: (1) ROSS SMITH - 2:39:23
(2) DAVE STEVENSON - 2:44:34
                                             1:21:28
                                                       1:54:13
                                                                  2:28:04
     RICK MIDSTOKKE (15)
                                     43:59
                                                                            3:06:06
                                                                                                                                                                     STANFORD RC - 47
     MARK SOUTHWICK (15)
                             TINAT
                                     34:25
                                             1:09:20
                                                       1 : 44 : 44
                                                                  2:22:52
                                                                            3:07:16
                                                                                       3:18:06
                                                                                                                                                                     PAMAKID RUNNERS
 90. MIKE THORNTON (15)
                                             1:09:20
                                                       1:44:41
                                     34:25
                                                                  2:22:52
                                                                                                               (3) T.A. DE LUSIGNAN - 2:46:39
                                                                                                                                                                     SACRAMENTO TC - 63
                                     34:54
36:58
                                                       1:51:47
     LEROY T. ROSING (17)
                              BCE
                                             1:12:40
                                                                  2:30:10
                                                                            3:08:48
                                                                                       3:18:29
                                                                                                                                                                     CULVER CITY AC - 63
     DANA BIALASHEWSKI(17)LLES
                                             1:14:39
                                                                                       3:20:01
                                                                                                      50-59: (1) PAUL REESE - 2:57:45
                                                                  2:31:35
                                                                            3:10:17
 92.
                                                                                                                                                                    NORCAL SENIORS TC
                                             1:12:01
     TOM PIERCE (40)
                              РАМА
                                     35:54
                                                       1:47:51
                                                                  2:26:34
                                                                            3:09:30
                                                                                         :20:24
                                                                                                              (2) WAYNE BOUTELL - 3:24:24
                                                                                                                                                                     REDWOOD CITY FLYERS - 82
                                             1:14:56
 94. MIKE SLATER (27)
                               CRC
                                     37:15
                                                       1:52:50
                                                                  2:30:07
                                                                            3:11:29
                                                                                       3:21:18
                                                                                                                                                                    DOLPHIN CLUB - 87
WEST VALLEY JOGGERS
                                     35:13
                                                       1:49:38
                                                                                       3:21:33
     HARRY CORDELLOS
                                             1:11:38
                                                                  2:30:14
                                                                            3:11:27
                                                                                                      60 & OVER: (1) NORMAN BRIGHT - 3:34:43
                               DSE
                                             1:06:38
                                                                  2:25:30
                                                                            3:10:42
                                                                                       3:22:15
                                                                                                                                                                    OPHIR - 103
LIVERMORE VALLEY RC - 105
     BILL TRACEY (12)
                              WVTC
                                     32:01
                                                                                                      WOMEN: (1) MARY CORTEZ - 3:35:30
(2) FEGGY LYMAN - 3:38:34
(3) LUCILLE BUNZ - 3:44:37
                                             1:10:15
                                                                  2:27:26
     KARL MARSCHALL (47)
                                     33:53
                                                       1:46:57
                                                                                         :22:47
    GEOFF MACDERMOTT (25)USAF
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                                     33:27
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                                                                                                                                                               (13) MONTEREY PENINSULA AC - 109
(14) GILROY TC - 116
                                     35:55
39:44
                                                       1:49:38
                                                                             3:13:28
                                                                                        3:24:10
     G. HEMMERSBACH (35)
                                             1:12:02
                                             1:18:27
                                                       1:57:34
                                                                  2:35:52
                                                                                       3:24:11
100. BILL LAMB (27)
                              WVTC
                                                                            3:15:06
101. KENT PRICE (33)
                                                                                                                                                              *Scoring Method: Three score and one displaces. Unattached runners and
                              UNAT
                                     36:58
                                             1:14:39
                                                                                         :24:23
                                                                                                      1ST SM-BURL FINISHER: JON ANDERSON - 2:23:57
                                            1:14:39
   WAYNE BOUTELL (52)
102
                            NESTE
                                     36:58
                                                       1:52:53
                                                                  2:32:27
                                                                            3:14:22
                                                                                       3:24:24
                                                                  2:29:16
103. GEORGE JACOBSON (33)
                                     37:34
                                             1:15:36
                                                       1:52:22
                                                                            3:13:38
                                                                                       3:24:52
                             WVJS
                                                                                                      1ST 200-POUNDER: MIKE DEVINE - 3:16:06
                                                                                                                                                               incomplete teams are removed.
                                            1:11:03
                                                                            3:14:26
3:14:09
     ROBERT REYNAGA (45
                             HSTC
                                     34:14
                                                       1:49:27
                                                                  2:30:42
                                                                                         :25:07
                                                                  2:31:18
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105. CHARLES CLAUSSEN (35)UNAT

107. BRIAN DAVIS (15-18) LVRC

106. JOHN J. ARBERRY (29)

36:22

37:39

1:15:48

1:13:46

1:52:19

1:54:33

1:51:01

2:34:58

2:30:07

3:16:21

3:25:20

3:26:19

FATHER-SON: LEN (39TH) & MIKE (90TH) THORNTON

HUSBAND-WIFE: ROSS (14TH) & CATHERINE (159TH) SMITH

STARTERS: 237 vs. 211 in 1972

FINISHERS: 176 vs. 165 in 1972 FINISH: 74% vs. 78% in 1972

1973 WEST VALLEY MARATHON RESULTS

When the two big stars of the race (Dave White & Bill Scobey) didn't show. most spectators figured that the times wouldn't be very fast. But the fans were treated to a three-way fight for the title that they hadn't expected. Steady rain was the pre-race omen, but as starting time neared, the clouds parted and 1973's Regional Championships were off to another perfect beginning. Only a few sprinkles and a sometimes gusty wind marred the procedings, and thus, the race kept a perfect three-year record for good weather. The gun went off only about 5 minutes late, and the lead bunch of four runners quickly pulled off from the pack, passing the first checkpoint in 27:28 at a conservative pace. The group of Mitch Kingery, Ron Zarate, Darren George, and Bob Darling kept together through 10 miles at 54:50 before first-timer Zarate threw in some surges to break away from the other three. By 15 miles, Zarate had built up a 22-second lead on 16-year-old phenom Kingery (1:21:45 to 1:22:07), as George and Darling were another 38 seconds arrears...Darling called it quits here. Lengthening his lead to 31 seconds at 20 miles, novice Zarate looked to have it in the bag, but Kingery kept applying pressure and kept the distance between the two about the same until the end. The West Valley TC runner kept a unique string going with his victory: each year the marathon has been held, a WVTC novice-marathoner (first-timer) has won (Mejia in 1971 and Kardong in 1972) & in taking top honors has led his team to victory. His 2:23:15.4 winning time was far off the course and meet marks (2:18:05.6 and 2:17:22.2 respectively), but he narrowly missed Bob Deines! U.S. age-21 mark of 2:22:04. The Redwood City Flyers! Kingery tromped in only 32 seconds back, smashing his own world age mark of 2:31:46 and establishing a new high school mark as well with his 2:23:47.0. Chuck Walker had the old high school standard of 2:25:16, but he did that as a senior, and Kingery is just a soph.

Back in third place, Olympic 10,000 meter runner Jon Anderson decided to go a little harder than a workout after about 10 miles and closed strongly, finishing only 10 seconds behind Kingery. He had originally planned to coast through the race in about 2:35 for a good workout. Ron Daws, 1968 Olympic Marathoner, slipped in for fourth at 2:26:58; quite a feat considering he was packing a portable EKG device for the Pacific Medical Center during the entire race. Results of the experiment he was conducting may very well prove inconclusive however, since some electrodes came unfastened during the final 10 miles. Another first-timer, John Caldwell, recorded a fine 2:28:48 in fifth, while George faded to sixth, but still registered a near-PR 2:29:47 to round out the sub-2:30 field.

A record 237 marathoners started today's race, and 176 completed the grind to eclipse the previous high of 165, set last year. An amazing 37% of the field finished below the magic three-hour mark!...37% of the finishers, that is. Not all the "running" was being done at the front ranks either. Ross Smith, 45-year-old Reno professor, had another sub-2:40 effort with 2:39:23 and 14th overall. Although somewhat off his usual form, 55-yearold Paul Reese did a splendid 2:57:45 to win his division by nearly 30 minutes. However, perhaps the most amazing performance...we'll have to rate it on an equal basis with Kingery's effort...was that of 11-year-old Mike Boitano, who destroyed the old world age mark of 3:16:04 held by David Cortez (3:16:36 was the best certified mark by Mike Healy), while just missing 3 hours in a time of 3:03:56. The women and 60+ divisions had their own tight finishes. Walt Stack, seeming to get his best efforts from this course, just missed his PR, and almost caught ex-Dipsea record-holder, Norman Bright (3:34:43 to 3:35:32) Mary Cortez recorded a narrow three-minute victory over Peggy Lyman in her division, as the top 6 women broke 3:50!! Little Maryetta Boitano, at 9 years, was the last to do so, and copped 10-and-under honors with her 3:49:01. The team battle was the closest ever, with West Valley TC defending their title over High Sierra TC, 16-21. Full team standings are on the reverse, along with full splits and finish times of all who completed the grind.

Unfortunately, six runners (that we could detect from the split times) turned into the finish before the 25-mile mark, and they were dropped from the standings. We are sure this wasn't intentional, but we had no other choice in being fair to all the other runners concerned, who ran the full distance. Thank you for making our 3rd Annual event the best yet. Spread the word and I'm sure that within a few years we can have our own "Boston West" here in the Bay Area. See you all for the National AAU Marathon on June 17 over the same course. Everyone is welcome...better runners will be seeded to the front ranks.

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File

THIRD ANNUAL

WEST VALLEY MARATHON



FEBRUARY 11. 1973





1972 Winner, Don Kardong, recording a 2:18:05.6 clocking in his firstever marathon attempt. /SMRD Photo/



1972 Senior Winner, Ross Smith of Reno, recorded an excellent time of 2:38:18 at 44 years of age. /SMRD/



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WELCOME

We wish to welcome all competitors and spectators to the Third Annual West Valley Marathon, which...for the third straight year...is also the Western Regional Championships. The winner of today's race will get free airfare to the National A.A.U. Marathon, which will be held on this very same course on June 17, 1973. Today's event, as well as the National Championships, is hosted by the San Mateo Recreation Department and the West Valley Track Club.

The West Valley Marathon was inaugurated in 1971 on a much different course than was run last year or today, but times have remained extremely fast, as a total of twelve Americans ran under 2:30 last year on the A.A.U. certified course. This number of runners under the magic two-and-a-half hour mark is thought to be the most Americans to ever finish this fast in a race on U.S. soil, except for the Boston Marathon, the National Marathon Championships, and the U.S. Olympic Trials. Quite a record, considering our race is only in its third year. The total number of finishers last year was 165, which just missed ranking in the top ten for 1972 based on that criteria.

Last year's winner, Don Kardong, set the course mark of 2:18:05.6 in his very first attempt at the distance, and this will be definitely challenged in today's race. Alvaro Mejia's 1971 mark of 2:17:22.2 on the old course stands as the meet record. The superflat loop course consists of five 5-mile circuits which are identical, plus a short loop on the end, measuring at one mile, 385 yards, to make the full marathon distance.

The sponsors hope that everyone sets a personal record on our course, and we are pretty sure that many will have no trouble in doing so. The flatness of the course, combined with frequent aid-stations (every 2.5 miles beginning at 5 miles) and normally very cooperative weather, all point to fast times.

A recap of last year's exciting race: West Valley TC's Don Kardong had just run a fast two-mile (8:34.6) the previous night at the Athens Invitational Indoor Meet in Oakland, and decided it would be fun to try out the marathon distance. Whipping through 5 and 10 mile splits of 26:42 and 53:04, he soon broke contact with nearly everyone except for Darren George, who hung on until about 15 miles, with Jim Backus about another halfminute back. Then 'Large Don' started pulling away for good, as he clipped the 20 mile post at 1:44:52, and 25 miles at 2:11:35 before recording his outstanding 2:18:05.6...one of the top marks ever recorded by an American. Other finishers also recorded fast times as first-timers Duncan Macdonald and Brook Thomas recorded 2:21:31 and 2:23:28 respectively in second and third. Of the next nine finishers, only 4th and 5th placers Tom Bache and Bill Clark failed to record PR's. At the tail-end of the sub-2:30 group, in twelfth place, was 15-year-old Mitch Kingery's unbelieveable 2:29:11 world age-group mark. Along with Mitch's mark, a total of three other world age records were broken: David Hargus of the San Diego TC took the twelve-year-old mark down to 2:59:07, knocking about 2 to 3 minutes off David Cortez's record. Ten-year-old Mike Boitano picked off his age group's record with a 3:19:38, while 8-year-old sister Mary Etta captured the new mark in her division with a 3:37:15. As if that wasn't enough, 55-year-old Wayne Zook of San Diego ran an American record 2:58:56 for his age. First senior (over-40) Ross Smith of Reno. Nevada. recorded a splendid 2:38:18 for a 16th place finish overall. Paul Reese, 54-year-old Sacramentoan, ran an equally fantastic 2:47:34 in 28th. First woman finisher. Natalie Cullimore of Pacifica, didn't attain her 3:18 of last year, but still ran a very commendable 3:25:39. The host West Valley TC defended their team title by scoring a low of 7 points.

For those of you who are not competing today, but would like to watch the race develop as a spectator, you can keep track of many of the top competitors by referring to the pre-entrant list in this race program...it goes up to #164...any numbers higher than that were late entrants. We would like to request of spectators that they not follow the race in their cars. The grassy area in front of the high school is ideal to watch the progress of the race from...the runners will go by five times. If you feel you must follow the entire race, then please use a bicycle if possible so that the competitors will not have any unnecessary air-pollution to contend with. Thank you very much for your help.

THE RUNNERS TO WATCH

Based on pre-entrants only, this year's race appears to be a rematch from Culver City. Bill Scobey, the sixth fastest American ever in this event (2:15:21), is just trying to get back into reasonable shape after a long layoff, but he showed definite signs of being very much in shape at Culver City in December with a third place 2:20:55. Only American ahead of Scobey at that race was Dave White, who happens to also be entered here. It all ads up to a duel between these two, as White is the 19th fastest American ever at 2:19:31 (at Culver City). Another possible threat to take the laurels is Minnesotan Ron Daws, a 1968 Olympian who has a best of 2:20:23 and ranks 24th on the all-time list. However, we have heard that Ron is not in the best of shape at present and is running the race primarily as an experiment for the Pacific Medical Center's Research Institute of Laboratory Medicine. He will be wired up with a small portable EKG recorder in what is believed to be the first-ever "race study" on a world-class marathoner. He will have his heart rate monitored and his fat and sugar metabolism measured during the course of the race. But the competitor that Daws is, he may very well be giving White and Scobey a run for their money.

Other sub-2:30 entrants that could possibly push the leaders and will most definitely place high are Phil Camp, a 2:26:05 marathoner who is now stationed at the Alameda Naval Air Station; Darren George, a 2:28:43 man from St. Helena; Darryl Beardall, the 36-year-old Santa Rosan with a 2:28:53 best; and Dave Russell, a Southern California Strider with a 2:29:39 mark. Other top talent that could make the race interesting: Garrett Tomczak, a Southern Californian who's been running extremely well at the shorter distances recently and could very definitely be a threat to the leaders; Ron Zarate, a University of Nevada student competing for West Valley TC; Jeff Arnold, the WVTC's PA-AAU 50 Kilo Champion from Berkeley High; Dan Anderson of Chabot College, also competing for West Valley; and Dale Severy, representing the Santa Barbara AA.

Although the following individuals haven't sent in their entries at the time of the printing of this program (Feb. 4), they have indicated that they might run (with varying degrees of sureness): Mark Covert of the East L.A. Track Club, has a best of 2:22:35 and finished 7th in the Olympic Trials last July; Duncan Macdonald, a 3:58 miler who finished second in this race last year in 2:21:31; Greg Brock, fifth place finisher in the Olympic Trials with a best of 2:22:30; John Butterfield, a 2:25:26 runner who's been making rapid improvements at the age of 35; Bob Darling, an always dangerous runner with a 2:28:53 best, set here last year; and Mitch Kingery, who needs no introduction with his 2:29:11 age-15 mark, set on this very same course in 1972. All in all, this year's race should be every bit as exciting and should produce just as many fast times as last year.

A total of seven women pre-entered the race, with Fran Conley of the Stanford Running Club the favorite with her best of 3:24:13. All ages are to be found in this race's ranks with Jack Kirk and Walt Stack rounding out the top (66 and 65 respectively), and three tied for the youngest runner honors at 9-years. No real favorites in the senior battle, but Paul Reese (at 55), T.A. de Lusignan (42), and Mike Healy (40) should put on a real nip-and-tuck affair. If Ross Smith shows up (and he said he would), no one is likely to catch him, as he's got a best of 2:34 at 45 years of age.

Perhaps one of the greatest human interest stories to come out of this race is that of blind Harry Cordellos. Last year he ran a 3:26:05, close to his PR, and since then has been under 3:20. He feels it's only a matter of time before he cracks the magic 3-hour barrier. We have every reason to believe that Harry can achieve that goal in this year's race.

With an expected 250 athletes toeing the starting line, the Third Annual West Valley Marathon looks to be another smashing success. Both meet and course records could easily fall by the wayside in this talented field of runners. On the following pages are a list of the 164 pre-entries, along with an abbreviation key to help decipher each individual's affiliation. Good luck to all competitors, and we hope you'll enjoy our race.

BILL SCOBEY



DAVE WHITE

AFFILIATION ABBREVIATION KEY

**The key below should be used with the pre-entrant list on the following page.

AHS - Awalt High School

BDU - Buckeye Distance Union

CBHS - Cubberley High School, Palo Alto CHS - Capuchino High School, San Bruno

CPSLO - Cal-Poly/San Luis Obispo

CSCS - Cal-State College, Stanislaus

DSE - Dolphin/South End Runners (Dolphin Club)

GSR - Gold Spike Runners
GTC - Gilroy Track Club

HSTC - High Sierra Track Club

JGN - Joggernauts

LBTC - Late-to-Baker's Track Club

LGP - Los Gatos Pacers (Unofficial club)

LHS - Leigh High School, San Jose

LLHS - Las Lomas High School, Walnut Creek

LVRC - Livermore Valley Running Club

MAC - Marin Athletic Club

MPAC - Monterey Peninsula Athletic Club

MS - Menlo School

NCSTC - Northern California Seniors Track Club

NHS - Newark High School

NPSM - Naval Postgraduate School, Monterey

NVRC - Napa Valley Running Club NYAC - New York Athletic Club

OHS - Oceana High School

OPHIR - Ophir

PAMA - Pamakid Runners

RCF - Redwood City Flyers
SACTC - Sacramento Track Club

SBAA - Santa Barbara Athletic Association

SCS - Southern California Striders

SRC - Stanford Running Club

STAN - Stanford University
STC - Solano Track Club

STC - Solano Track Club

TCTC - Twin Cities Track Club (Minnesota)

TSFC - ????

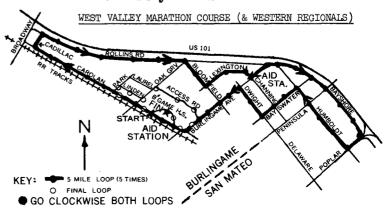
UNAT. - Unattached (no affiliation)

USN - United States Navy

WCATC - Whittier College Alumni Track Club
WHS - Washington High School, San Francisco

WVJS - West Valley Joggers and Striders

WVTC - West Valley Track Club



PRE-ENTRANTS

*****	Name	۸۵۵	A-P	Vama Marm	Nome	Λ~e	Affil.	Home Town
	Name	Age	Affil.	Home Town	Name	Age		
	Eric Abrahamson	16	WVTC	Los Altos	83. Jay Patrick Marlowe	15	GTC	Gilroy
	Dan Anderson	20	WVTC	Castro Valley	84. Samuel Marquez	34	HSTC	Porterville
	John J. Arberry, Jr.	29	UNAT.	San Francisco	85. Karl Marschall	47	DSE	San Francisco
	Jeffrey Arnold	17	WVTC	Berkeley	86. David Marsh	35	PAMA SRC	Pacifica Stanford
	Charles Attwood Darryl Beardall	40 36	WVTC MAC	San Mateo Santa Rosa	87. Philip L. Marston 88. Daniel Martinez	25 12	RCF	Stanford Newark
	Allan Berrin	29	UNAT.	San Francisco	89. Richard Martinez	15	RCF	Newark
	J.B. Bettencourt	17	GTC	Gilroy	90. Robert Martinez	11	RCF	Newark
	Ernest Beyer	46	UNAT.	Novato	91. Eddie Mata	16	GTC	Gilroy
-	Dana Bialashewski	17	LLHS	Walnut Creek	92. Bill McCray	23	SACTC	Mather AFB
	Robert Biancalana	48	MAC	Mill Valley	93. Doug McLean	19	WVTC	Stanford
12.	Tom Blake	18	TSFC	Davis	94. Robert Melnychuk	15	LHS	San Jose
13.	C.J. Blossom	45	STC	Fairfield	95. Rick Midstokke	15	LGP	Los Gatos
14.	Ivan Boggis	34	UNAT.	Oakland	96. Dan H. Moore	31	LVRC	Livermore
15.	Lily Lee Boggis	21	UNAT.	Oakland	97. Brian Sean Moroney	16	WVTC	San Mateo
16.	John N. Boitano	51	DSE	San Francisco	98. Robert M. Nanninga	25	WVTC	San Luis Obispo
	Mary Etta Boitano	. 9	DSE	San Francisco	99. John T. Naylor	48	UNAT.	Mountain View
	Mary Lucille Boitano	49	DSE	San Francisco	100. Eric Newland	11	PAMA	Pacifica
	Michael A. Boitano	11	DSE	San Francisco	101. Grant Newland	48	NCSTC	Pacifica
	Allan Boos	16	GTC	Gilroy	102. Karl Newland	10 42	PAMA RCF	Pacifica
	Wayne S. Boutell	52 16	ncsic wvic	Kensington	103. Carroll O'Conner		RCF	Belmont Belmont
	Jeff Brody Verne H. Brown	25	UNAT.	San Francisco Redwood City	104. Clinton O'Conner 105. Kathleen O'Conner	15 16	RCF	Belmont
	Phil Camp	25	USN	Alameda	106. Robert E. O'Conner	11	RCF	Belmont
	Ray (Rookie) Cerankowski	19	UNAT.	Castle AFB	107. Gary Oliver	16	CHS	Millbrae
	Dave E. Chatterton	17	DSE	So. San Francisco	108. Garland Osborne	51	WVJS	San Jose
	Michael S. Chatterton	9	DSE	So. San Francisco	109. Tom Owen, Jr.	9	RCF	Redwood City
	Steven W. Chatterton	12	DSE	So. San Francisco	110. Victor Pantaleoni	15	UNAT.	Millbrae
	Charles Clausen	35	UNAT.	Cotati	111. Barry Parr	18	UNAT.	Castro Valley
30.	John J. Comisky	30	PAMA	Daly City	112. John H. Perkins	45	GSR	Beale AFB
31.	Fran Conley	32	SRC	Palo Alto	113. Rich Petersen	35	HSTC	Laton
32.	Phil Conley	38	SRC	Palo Alto	114. Geoff Pietsch	35	UNAT.	Miami, Florida
	Gary Cook	17	OPHIR	Orangevale	115. Bob Porter	44	ncstc	Pacifica
34.	Eamon Cooke	30	UNAT.	Kentfield	116. Bob Powell	16	OHS	San Bruno
35.		35	DSE	San Francisco	117. Gordon Rado	18	CPSLO	San Luis Obispo
	Robert Coyle	17	SACTC	Sacramento	118. Paul Reese	55	NCSTC	Sacramento
	Vito A. D'Aloia	45	JGN	San Jose	119. Carl Reiterman	51	NCSTC	Berkeley
-	Ron Daws	35	TCTC	Minneapolis, Minn.	120. Richard Reynaga	16	HSTC	Porterville
	Jesse Del Real	17	GTC	Gilroy	121. Robert Reynaga	45 28	HSTC	Porterville
	T.A. de Lusignan Michael Devine	42	MAC	San Francisco	122. David Rice	17	UNAT. CHS	San Francisco San Bruno
	Don Feix	33 42	UNAT. NCSTC	Saratoga Burlingamo	123. Crispin F. Roaque 124. Hans G. Roenau	1414 1414	MAC	Tiburon
	Tom Feix	10	UNAT.	Burlingame Burlingame	125. Bob Roncker	29	BDU	Mountain View
	James E. Ferris	36	UNAT.	Kaneohe, Hawaii	126. Leroy T. Rosing	17	RCF	Menlo Park
	Thomas E. Fletcher	34	UNAT.	San Bruno	127. Jaime A. Ruiz	27	UNAT.	Stanford
	Bill Flint	19	CSCS	Turlock	128. William H. Rupley	35	NCSTC	Berkeley
47.	Neil Forsythe	38	UNAT.	San Jose	129. Dave Russell	25	SCS	Culver City
	Larry Fox	50	NCSTC	Campbell	130. Bob Ruth	18	OPHIR	Fair Oaks
	Antonio I. Garcia	21	SACTC	Sacramento	131. Bill Scobey	27	UNAT.	Newbury Park
-	Jim Gault	1414	NCSTC	San Francisco	132. Phil Schaffner	16	RCF	Redwood City
	John Geer	26	WCATC	Belmont	133. Russ Seabrands	34	DSE	Redwood City
	Robert Gehl	44	DSE	Hillsborough	134. Dale Severy	27	SBAA	Castro Valley
	Stacy Geiken	17	LBTC	Palo Alto	135. Mike Shaughnessy	17	WVTC	Fremont
	Darren George	24	NVRC	St. Helena	136. Raymond Sibley	18 23	STC SRC	Vallejo
	Edward J. Hannigan Alan M. Harkness	29 15	DSE LGP	San Francisco Los Gatos	137. Steve Sidney	65	DSE	Palo Alto San Francisco
	Ernst L. Hayman	38	UNAT.	San Pablo	138. Walt Stack 139. Arthur H. Stebbins	36	UNAT.	Walnut Creek
	Michael D. Healy	40	NVRC	Napa	140. Alan B. Steeples	16	LBTC	Palo Alto
	John Hill	53	NCSTC	Sacramento	141. Dave Stock	16	WVTC	Los Gatos
	Gary L. Hofer	32	UNAT.	Granada Hills	142. Daniel Sullivan	11	RCF	San Bruno
	James Holl	28	WVTC	San Jose	143. Mike Sullivan	13	RCF	San Bruno
	Michael Holst	15	UNAT.	San Jose	144. Edward L. Tico	13	WVJS	San Jose
63.	Stephen C. Hull	32	DSE	San Carlos	145. Sid Toabe	49	HSTC	Fresno
64.	Kenneth Israel	25	WVJS	San Carlos	146. Garrett Tomczak	25	. TANU	Los Angeles
	Theodore H.D. Jones	34	DSE	San Francisco	147. Bill Tracey	12	WVTC	Redwood City
	Jack G. Kirk	66	UNAT.	Mariposa	148. Walt Van Zant	33	SLVW	Sunnyvale
	Frank Krebs	29	SACTC	Orangevale	149. James Vignola	52	PAMA	San Francisco
	Kenneth C. Kvam	30	LVRC	Livermore	150. Nicholas R. Vogt	22	GSR	Smartville
	Bill Lamb	27	WVIC	San Jose	151. Lyn Walker	15	NHS	Newark
	Fred Larsen	41	PAMA	San Francisco	152. Taylor Washburn	30 20	UNAT. SCS	Menlo Park
	Fred Lee J. Legakis	16 ??	whs Nyac	San Francisco Malibu	153. Dave White 154. Emory C. White	20 36	UNAT.	Orange Castle AFB
	James Lender	18	CBHS	Palo Alto	155. Raymond R. White	28	SRC	Palo Alto
	James Lennemann	39	DSE	San Carlos	156. Warren D. White	39	UNAT.	Atwater
	Dennis Letl	35	UNAT.	Carmichael	157. Joseph L. Wiggins	28	NPSM	Pebble Beach
	Rich Lieber	<u>16</u>	LLHS	Walnut Creek	158. Mark Williams	20	STAN	Stanford
	Don Lucero	44	NCSTC	Belmont	159. Beau Willis	16	MS	Atherton
	Joseph M. Maher	26	UNAT.	San Rafael	160. Richard D. Wood	40	UNAT.	San Luis Obispo
	Jean E. Maier	26	UNAT.	San Francisco	161. Tim Wright	18	RCF	Millb ra e
	Art Mandell	41	JGN	San Jose	162. Richard Wynne	16	AHS	Mountain View
	Joseph Mangan	16	UNAT.	Sunnyvale	163. Daryl J. Zapata	27	WVTC	San Francisco
02.	Ron Markillie	30	MPAC	Salinas	164. Ronald David Zarate	21	WVIC	Reno, Nevada

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NOTES & RESULTS

THOSE WHO HELPED

A tremendous amount of work went into the preparation of this marathon in order to make it into what we felt would please everyone...competitors and spectators alike. So many individuals and organizations are involved, that it would probably take many pages to list them all. I will attempt to list a few here, but if I miss you, please don't feel slighted, we know you helped a lot and our thanks goes out to you.

Co-sponsors of the race were West Valley Track Club and the San Mateo Recreation Department. The Burlingame Recreation Department helped a great deal in obtaining the Burlingame High School facilities for the race. Police departments of both San Mateo and Burlingame were extremely cooperative in making arrangements for police protection at dangerous intersections during the race. The Burlingame Chapter of the Red Cross saw to it that we had first-aid for the duration of the race, and the National Guard supplied us with two trucks to keep our split-timers and finish-line people out of the weather. Specialty Sports of Houston sent us three beautiful trophies for the top three WMRA finishers in our race and were also kind enough to supply us with liquid refreshments at our aid-stations. Clossco, Inc. of Santa Clara made the largest single contribution by supplying the top 200 finishers of the race with special "adidas" T-shirts, which we silk-screened (actually we used a heat-transfer method under pressure) with the gracious help of John Kaveny, who is with John-John Shirts, a Division of Ace Screen Graphics. Art Dudley and John Marconi did many hours of labor in applying the designs to the "adidas" shirts. Millbrae Lions TC is, of course, the sponsor of our perpetual trophy. Stone Trophies of San Carlos supplied us with the beautiful medallions and engraving on all the trophies. QFI Food Stores supplied us with oranges for our race. The program itself was most generously sponsored by Mr. Marconi, owner of the Iron Horse Restaurant in San Francisco. Track & Field News provided our finish-line timers with the new Harper-Accusplit stopwatch, an electronic digital marvel that makes mechanical watches obsolete. Many others supplied merchandise awards for the top finishers of our race, including Don Pickett (Road King Shoes), Tom Laris (Running Unlimited, Tiger Shoes), Walt Lange (Nike Shoes), Starting Line Sports (Tiger Shoes), The Athletic Department (Nike Shoes), Track & Field News (books), Vito D'Aloia (Vic's Sports, Addidas Shoes), Black Angus Steakhouse (free dinners), and Northern California Running Re-Review (subscriptions). Shasta Beverages was super-helpful in supplying postrace drinks.

Actual preparations for the race itself, including help during the race, were carried out by numerous individuals, all of whom I cannot possibly name here ... of particular help in the organizing stages were Jim Valenti and Len Wallach of the San Mateo Recreation Department, in conjunction with Rosemary Hood, who worked with race publicity. West Valley TC provided planning through Jack Leydig & John Marconi. Chairmen of various committees: Course guides & aid-stations (Jim Valenti), race packets (Jack Leydig), course marking (John Marconi), registration (Barb & Jim Howell), checkpoint timing (Art Dudley), finishline (Jack Leydig), awards ceremony (John Marconi), housing (John Marconi). Various San Mateo area groups were actively involved during raceday, including the staff of the San Mateo Recreation Dept., the U.S. Army Reserves, and volunteers from the San Mateo Gymnastics and Aquatics Clubs. West Valley TC people involved during the race were Jack Leydig, John Marconi, Mike Ruffatto, Jim & Barb Howell, Harold DeMoss, Bill & Ellen Clark, Ted Mc-Rice, Art Reade, Barb Reade, Bob Crow, Dave Shrock, Jim Dare, David Leydig, George Stewart, Willie Cronin, Marcel Hetu, John Sheehan, ... and non-members helping included Art Dudley, Dennis Mar, George Beinhorn, and Ben Sawyer. Gary Berthiaume and Mrs. Tracey helped with pre- and post-race chores. A.A.U. Officials present included Marcel Hetu, Jack Leydig, Art Butt, and Bob DeCelle (referee and head timer). Rich Perry of the Belmont Recreation Dept., and current PA-AAU Long Distance Running Chairman, helped as a trouble-shooter during the progress of the race.

Guess that covers about everyone...oh, a special thanks to the Hyatt House in Burlingame for putting a bit of publicity on their big billboard on the Bayshore Freeway. An advance thanks to Ampex, who will be video-taping the National A.A.U. Marathon on this same course on June 17. And, to all the people who housed out-of-town runners for this race, a special thanks. *** With the Nationals coming nearer, we can use all the help we can get...so if you're interested in doing something, contact Jack Leydig (342-3181).

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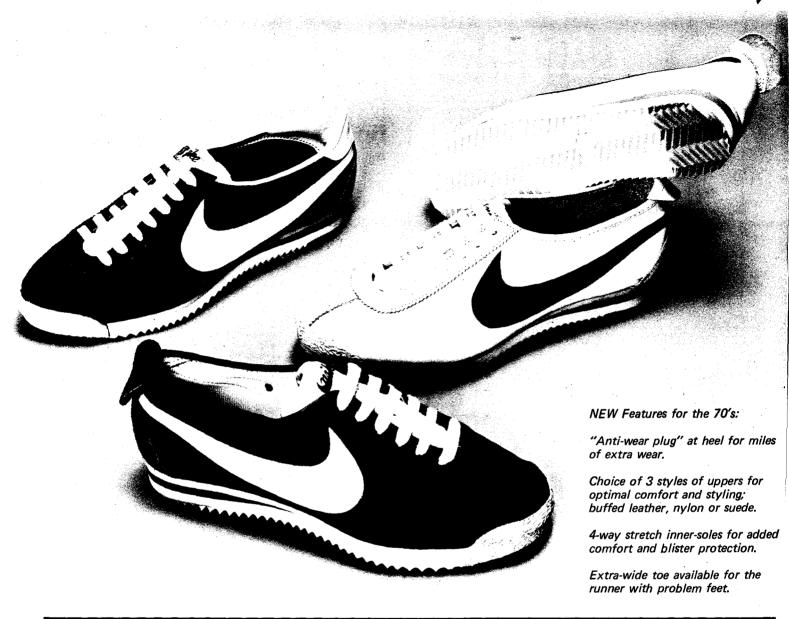
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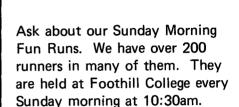
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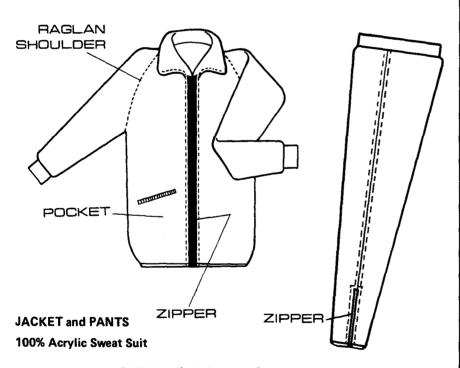
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