CIF State Meet Pictorial

The following 5-page pictorial is the first in a new series of special articles that the NCRR will feature every third issue. Your comments on how we might make our feature articles better will be greatly appreciated.

S.F. Wilson Takes State Title: Amassing a total of twenty points in four events, Wilson High of San Francisco trounced second-place Lompoc (all of whose points came from two men in the long distance events) by a margin of eight and buoyed Northern California to its second straight State Meet victory, a feat that had never before been accomplished in the meet's 55-year history. In fact, northern teams have only won the prestigious title a total of seven times, three of those coming within the past four years (Los Altos in 1970, Sacramento in 1972, and now Wilson). This year defending champion Sacramento tied for tenth place in the scoring. Wilson's points were gained by victories in the 440 (Ron Whitaker - 47.0), high jump (Randy Turner - 6-6) and 440 relay (Whitaker, Mike Farmer, Duane Walker, Mike Kirtman), along with a fourth-place in the tight mile relay (3:18.4), with Whitaker, this month's NorCal Portrait (see page 9), anchoring in a blazing 45.9!

California preps turned in a total of six nation-leading marks (half of those by NorCal athletes) in the two-day affair at Woodland which saw an overflow crowd of 7800 on the final day. On Friday, Wilson's crack 440 relay team sped to a 41.0 clocking in winning their heat by seven-tenths. On the same day, Palo Alto's Carl Florant lost a heat to Tom Andrews (W. Bakersfield) in the high hurdles, but still managed the same time, a nation-leading 13.6. Then on the final day of the competition, Whitaker blitzed his 47.0 quarter-mile mark while three other marks were set by southland competitors: Randall Jeffrey of Los Angeles with an 18.4 in the 180-lows, Lonnie Shelton (Foothill, Bakersfield) 195-5 with the discus, and Tim Curran (Crespi, En

cino) 16-2 3/4 in the pole vault.

All the marks came on a rather slowish dirt track, which makes all the good times even the more amazing. There were many upsets which are described on the following pages in the event. summaries. Two track records were tied in the trials (Florant and Andrews tied the 120HH mark set by Johnson of Lompoc in 1971 and equaled last year by Jones of Palos Verdes, Blythe; Farmer of Wilson did a record-equaling 9.4 along with eventual winner Elijah Jefferson of San Diego's Crawford High in the 100 yards). Wilson clipped 4/10ths from El Cerrito's 440 relay mark in the trials before winning the finals on the following day. The field events had even more success, with three meet records coming in the finals. Curran broke Steve Smiths 16-foot vault record (1969), Jim Niedhart (Newport Harbor) clipped 1-1/4 inches from his ex-teammate Mark Stevens' shot standard with a heave of 67-3 1/4, and Jerry Herndon of Cajon tied Jerry Proctor's 1967 mark with a leap of 25-4 1/2 in the long jump. In addition, Willie Banks (Oceanside) set an automatic record in the newly-adoped triple jump with a leap of 49-7 1/4. In other action, the exhibition 330 intermediate hurdles went to Sacramento's Andrade in 39.0. This event should become part of the State Meet schedule within a few short years.



ELIJAH JEFFERSON (2ND FROM LEFT) WINS THE 100 FINAL IN 9.6 AS WILSON'S MIKE FARMER (RIGHT) GOES UNPLACED AT 9.7. /Marconi/

100 YD. DASH: After the fast times in the heats on Friday, it was thought that the finals might go as fast as 9.3, hut for some unexplained reason they were two-tenths slower. Mike Farmer of Wilson and Elijah Jefferson of Crawford (San Diego) blitzed to 9.4's in the trials with two others going 9.5. However, in the

finals Farmer went 9.7 to go unplaced. The top three placers clocked 9.6, with ninth place being only one-tenth slower!!

(Heat 1) - 1. Farmer (Wilson) 9.4; 2. Redmond (Sacto) 9.5; 3. Shavers (Alb) 9.7; 4. Glass (Castl) 9.7; 5. Jackson (Ken/Rich) 9.8; 6. Tyler (Crenshaw) 9.8; 7. Rawles (Cent) 9.9; 8. Mucker (McLane) 10.0; 9. Key (Hayw) 10.0. (Heat 2) - 1. Edwards (Santa Ana) 9.5; 2. Hampton (Sil Crk) 9.6; 3. Morris (Linc/SD) 9.7; 4. Clements (LA) 9.7; 5. Hardamon (Hoover) 9.8; 6. Dantzler (Frmt/LA) 9.8; 7. Holmes (Monrovia) 9.9; 8. Straw (GdnGrv) 10.0; 9. Hill (LosAlt) 10.0. (Heat 3) - 1. Jefferson (Crawford/SD) 9.4; 2. Clark (Ells/Rich) 9.6; 3. Jones (Palis) 9.7; 4. Cranor (Monrovia) 9.7; 5. Anderson (Highlds) 9.7; 6. Sumpter (Mont) 9.7; 7. Dean (Frankl) 9.7; 8. Jones (TulWst) nt; 9. Parks (McCloud) 10.0. (FINALS) 1. Jefferson 9.6; 2. Edwards 9.6; 3. Redmond 9.6; 4. Clark 9.7; 5. Hampton 9.7; 6. Shavers 9.7; 7. Farmer 9.7; 8. Morris 9.7; 9. Jones 9.7.



START OF THE 220 FINALS (LEFT TO RIGHT): ELIJAH JEFFERSON, MILLARD HAMPTON (TOP NORCAL FINISHER IN 2ND), AND MAURICE GLASS (2ND NORCAL FINISHER IN 4TH). /Marconi/

220 YD. DASH: Defending champ Mike Shavers of Albany was eliminated in the trials on Friday, with 1972 third-placer Millard Hampton, a junior at Silver Creek, and Clarence Edwards of Santa Ana leading all qualifiers with identical 21.2 clockings. Hundred-winner Jefferson took the other heat in a 21.4 (he had a windy 20.9 clocking going into the CIF Meet). In the finals, however, it was all Edwards, recording another 21.2, well ahead of Hampton (21.5) and Deveryle Jones (21.7), with Jefferson taking a disappointing fifth. Castlemont's Maurice Glass slipped in for fourth place at 21.7.

(Heat 1) - 1. Jefferson (Crawford/SD) 21.4; 2. Redmond (Sacto) 21.5; 3. Jackson (Kenn/Rich) 21.7; 4. Rohrig (Santa Ana Vly) 21.6; 5. Yates (Crenshaw) 22.1; 6. Harden (Burb) 22.1; 7. Mucker (McLane) 22.1; 8. McDonough (Canyon) 22.1; 9. Penny (Righetti) 22.1. (Heat 2) - 1. Hampton (SilCrk) 21.2; 2. Jones (Palis) 21.6; 3. Morris (Linc/SD) 21.7; 4. Lloyd (SI) 22.0; 5. Rawles (Cent) 22.2; 6. Williams (Hoover) 22.2; 7. Madruaga (IgnVly) 22.3; 8. Enos (Tul) 22.4; 9. Campbell (Kenn/LA) 23.3. (Heat 3) - Edwards (Santa Ana) 21.2; 2. Glass (Cstlmt) 21.7; 3. Smith (Cord) 21.7; 4. Jordan (Berk) nt; 5. Shavers (Alb) nt; 6. Pryor (LA) 22.0; 7. Ragland (Rav) 22.0; 8. Walker (Wilson) 22.0; 9. Parks (McCloud) 22.9. (FINALS) 1. Edwards 21.2; 2. Hampton 21.5; 3. Jones 21.7; 4. Glass 21.7; 5. Jefferson 21.8; 6. Jackson nt; 7. Redmond 21.9; 8. Smith nt; DQ - Morris.





(LEFT) MILLARD HAMPTON, 2ND PLACER IN THE 220. /Dave Stock/ (RIGHT) WILSON'S RON WHITAKER FINISHES HIS 47.0 WIN. /Marconi/

440 YD. DASH: This race was almost decided without even running the finals. In fact, Ron Whitaker's winning time in the trials (47.6) was good enough to have won the finals by seventenths. But the Wilson flash decided that his time wasn't good enough and proceeded to run 47.0 in the finals, only four-tenths of a second off the state record (CIF Meet Record). He won so convincingly (by 1.3 seconds) that he probably would have taken at least a few tenths more off his PR with someone to push him.

(Heat 1) - 1. Ron Whitaker (Wilson) 47.6; 2. Sanders (Fre/Oak) 49.1; 3. Andrews (W.Bak) 49.3; 4. Villarreal (MtVw) 50.0; 5. Pulley (St.Mary's/Berk) 50.5; 6. Hazelwood (Moreau) 50.5; 7. Henkle (SSF) 50.5; 8. Cazenave (NDelRio) nt; 9. Nau (Chino) 50.9. (Heat 2) - 1. Christopher (Wash/LA) 49.3; 2. Robinson (Cent) 49.6; 3. Sheats (Muir) 49.7; 4. Campbell (Chowchilla) 50.0; 5. Moore (Morse) 50.5; 6. Cleghorn (Berk) 50.6; 7. Siirila (Buchs) 50.8; 8. Zander (ECR) 51.1; 9. Karr (Oroville) 52.0. (Heat 3) - 1. Leeds (BevHills) 48.7; 2. Connors (Cord) 48.7; 3. Byrd (CardNmn) 49.1; 4. McZeal (Fre/LA) 49.1; 5. Franklin (Orenshaw) 49.6; 6. Wingo (Mt.Whit) 50.3; 7. Higgins (Helix) 50.7; 8. Rees (Bonita) 50.7; 9. Moore (GrDavis) 51.4. (FINALS) 1. Whitaker 47.0; 2. Andrews 48.3; 3. Leeds 48.4; 4. Connors 48.5; 5. Christopher 48.6; 6. Sheats 48.7; 7. Robinson 49.3; 8. Byrd 49.3; 9. Sanders 50.2.



RANDY LOPEZ OF ALHAMBRA WHIPPED THE 880 FIELD IN CONVINCING FASHION WITH A 1:52.4, WITH GARY MCMANUS (YGNACIO VLY) THE TOP NOR-CAL FINISHER IN SECOND PLACE (HIDDEN BEHIND LOPEZ). /Marconi/

880 YD. RUN: Alhambra High's Randy Lopez had the fastest time coming into the CIF Meet (1:52.8) and managed to walk out the same way, only with a slightly faster time (1:52.4). After winning his heat in a good 1:54.5, he immediately took the lead in the finals and held off a tight trailing pack to win by 1.2 seconds over Gary McManus of the North Coast Section, who had only a 1:55.3 coming into the State Meet. He knocked almost two full seconds off that clocking. St. Francis' Mike Kasser had looked to be a good bet to finish in the top three with only 25 yards to go, but then he started to fall, lost momentum, and fell back to eighth before skidding across the line.

(Heat 1) - 1. McManus (YgVly) 1:55.7; 2. Cleary (Stev/SantaCrz) 1:56.2; 3. Lagorio (Taft) 1:56.8; 4. Cass (Arcadia) 1:56.7(?); 5. Hunter (S.Bak) 1:57.7; 6. Fields (BonVista) nt; 7. Eisenhart (Hoover) nt; 8. Ramsey (Mont/SanRosa) nt; 9. Stephenson (Hoover/SD) nt. (Heat 2) - 1. Wolman (Fairfax/LA) 1:54.8; 2. Robinson (ManArts) 1:56.2; 3. Johnson (Avia) 1:56.3; 4. Cagle (Novato) 1:56.4; 5. Ruppenstein (Wash/SF) 1:57.1; 6. Lopez (Davis) 1:58.2; 7. Hower (Mission Viejo) 1:59.0; 8. Whitehead (Eur) 2:01.0; 9. Fisher (SJoaquinMem) nt. (Heat 3) - 1. Lopez (Alh) 1:54.5; 2. Kasser (StFr) 1:55.1; 3. Marlow (San Marcos) 1:56.3; 4. Perez (Banning) 1:56.4; 5. Pabst (WGLen) 1:57.4; 6. Bolton (Kenn/Sac) 1:59.5; 7. Erb (Paradise) 2:02.0; 8. Roderick (OakTech) 2:02.6; 9. Coronado (SanJuan) nt. (FINALS) 1. Lopez 1:52.4; 2. McManus 1:53.6; 3. Lagorio 1:53.8; 4. Wolman 1:53.8; 5. Johnson 1:54.1; 6. Marlow 1:54.6; 7. Cleary 1:54.7; 8. Kasser 1:54.9; 9. Robinson 1:56.9.



MILE FIELD AT THE HALF-WAY POINT (LEFT TO RIGHT): WINNER GIL-MORE, RAMER (9TH), CROWLEY (2ND), MAHIRNY (5TH), WILLIAMS (6TH), AND MALEC (8TH). /John Marconi/

ONE MILE RUN: Alvin Gilmore of distance-infested Lompoc High brought the second best mile time this year (in California) into the CIF Meet but came out the victor in convincing fashion. The three favorites were Gilmore (4:09.4), Barrie Williams (4:09.8 this year with a life best of 4:06.7), and Bob O'Brien (4:08.8). The smooth-striding Gilmore placed a conservative third in his heat at 4:14.8 before devastating the field in the third lap of the finals by pulling to a 15 yard lead with one circuit remaining. Not considering himself a "kicker", he figured this to be the best strategy, and it proved to be solid. Withstanding the strong finishing kicks of O'Brien and Steve Crowley (top NorCal finisher in third), Gilmore notched a mark of 4:11.4, one-half second up on his challengers. Williams placed a disappointing sixth, just behind NCS champ Rusty Nahirny, the only other northerner to qualify for the finals besides last-placer Dave Ramer.

(Heat 1) - 1. Crowley (Gunn) 4:14.1; 2. Nahirny (Wash/Fremont) 4:14.5; 3. Gilmore (Lompoc) 4:14.8; 4. Gruber (Aptos) 4:15.5; 5. Garcia (Redwood) 4:18.5; 6. Nance (Monroe) 4:22.5; 7. Martinez (Birm) 4:22.5; 8. Huebner (Bullard) 4:23.1; 9. Johnson (Skyl/Oakl) 4:24.8. (Heat 2) - 1. Williams (MTorr) 4:17.2; 2. Serna (Loara) 4:17.5; 3. Malec (Clairmont/SD) 4:17.7; 4. (missing from results) Burrough (DeAnza)??; 5. Ruggles (Las Plumas) 4:23.6; 6. Emfield (S.Tahoe) 4:25.4; 7. Tracy (Redw/Marin) 4:25.9; 8. Hadley (Vintage) 4:25.9; 9. Turner (Granada Hills) 4:35.0. (Heat 3) - 1. Ramer (DelCampo) 4:16.2; 2. 0'-Brien (Bellflower) 4:16.4; 3. Clifford (SunnyHills) 4:17.7; 4. Fotinas (SI) 4:19.7; 5. Van Slyke (Stagg) 4:21.0; 6. Fraga (Sylmar) 4:22.2; 7. Garcia (Balb) 4:22.5; 8. Pullen (Grossmt) 4:23.0; 9. Moreno (MtWhit) 4:29.4. (FINALS) 1. Gilmore 4:11.4; 2. Crowley 4:11.9; 3. O'Brien 4:11.9; 4. Clifford 4:13.7; 5. Nahirny 4:14.0; 6. Williams 4:14.0; 7. Serna 4:16.3; 8. Malec 4:16.5; 9. Ramer 4:20.0.





(LEFT) ALVIN GILMORE IS ECSTATIC AS HE WINS THE MILE, PUTTING HIS TEAM IN SECOND PLACE TO STAY. (RIGHT) DAVE TAYLOR, RUNNER-UP IN THE TWO-MILE RUN IN 9:00.2. /John Marconi/

TWO-MILE RUN: It looked just like 1972, with the only four returnees (they took four of the top six places then as juniors) taking the top four places, but in slightly different order. A much-improved Terry Williams, who placed only sixth last year, blitzed an 8:54.8 clocking to win by 5.4 seconds over Merced's runnerup in 1972, Dave Taylor. Last year's time for Dave would have won this year. Williams and Steve Martin of Davis took the field through a 4:27.8 first mile, and it stayed that way thru the last part of the race until Williams took off with about a lap to go. Martin struggled through the last 220, being caught by Taylor and just hanging on to overcome Curtis Beck's last lap kick. Beck had won last year in 8:52.3 and was the only sub-8:50 man coming into the field (he ran 8:48 in his section meet in 1972). It was definitely Northern California's strengthevent, as six of the top eight finishers were from Merced and northward. The finals were contested on Friday evening.

(FINALS) 1. Terry Williams (Lompoc) 8:54.8; 2. Dave Taylor (Merced) 9:00.2; 3. Steve Martin (Davis) 9:02.1; 4. Curtis Beck (Santa Monica) 9:02.8; 5. Gordon MacMitchell (Gunn) 9:07.4; 6. Rich Kimball (DeLaSalle) 9:08.7; 7. Mike Ruffatto (Wash/Frem) 9:12.4; 8. Mitch Kingery (San Carlos) 9:14.3; 9. Eric Hulst (frosh) (Laguna Beach) 9:16.1; 10. Gary Close (Monte Vista/SD) 9:19.1; 11. Mike Durham (Troy) 9:19.4...no other marks known.





(LEFT) LOMPOC'S TERRY WILLIAMS
LEADS STEVE MARTIN AND CURTIS
BECK (HIDDEN) DURING THE EARLY
STAGES OF THE TWO MILE RUN. TERRY WENT ON TO WIN IN 8:54.8.
(ABOVE) PALO ALTO'S CARL FLORANT
SPED TO A 13.6 NATION-LEADING
TIME IN THE HIGH HURDLES DURING
FRIDAY'S HEATS AND IS SHOWN HERE
TAKING SECOND PLACE IN THE FINALS
WITH A 13.7. /John Marconi/

120 YD. HIGH HURDLES: Tom Andrews of West Bakersfield and Carl Florant of Palo Alto both ran 13.6 to lead the nation, but Florant was edged by a foot, as eventual winner Mike Johnson of Pasadena took third in the opening heat. Dedy Cooper, a soph at Richmond's Harry Ells, also broke 14-seconds with a life best 13.8 in heat three. In the finals, Johnson improved four-tenths to clock a 13.6, although wind-aided. Right behind was Florant at 13.7, but Andrews managed only a fifth in 14.0.

(Heat 1) - 1. Andrews (W.Bak) 13.6; 2. Florant (PaloAlto) 13.6; 3. Johnson (Pasad) 14.0; 4. Harris (Indio) 14.1; 5. Austin (Muir) 14.3; 6. Bennett (Berk) 14.4; 7. Soloman (Cabr) 14.4; 8. Kraft (PH) 14.5; 9. Mosley (Oceanside) 15.0. (Heat 2) - 1. Shaw (Muir) 14.1; 2. Allmond (Srmte) 14.1; 3. Parmer (Lemoore) 14.1; 4. Edwards (Kenn/Sac) 14.2; 5. Taylor (Oakl) 14.3; 6. Knighten (Fre/LA) 14.4?; 7. White (Hoover/Fres) 14.5; 8. Watson (Crenshaw) 14.7. (Heat 3) - 1. Cooper (Ells) 13.8; 2. Owens (N.DelRio) 14.1; 3. Jeffrey (LA) 14.3; 4. Kirtman (Wilson) nt; 5. Morton (Whtld) 15.0; 6. Lamond (SanMateo) 15.2; 7. Barnes (Hayw) 15.9, (FINALS) 1. Johnson 13.6; 2. Florant 13.7; 3. Jeffrey (LA) 13.8; 4. Owens 13.6; 5. Andrews 14.0; 6. Shaw 14.2; 7. Cooper 14.3; 8. Allmond 14.5; 9. Parmer 14.9.

180 YD. LOW HURDLES: Los Angeles High's Randall Jeffrey sped to an 18.6 to win his trial heat, as Bill Parmer (Lemoore) and Fred Shaw (Muir) had identical clockings in another heat. But came the finals and the high hurdles' third-placer Jeffrey took command with a nation-leading 18.4, winning with ease over the rest of the field (18.7 was second). He, along with second-placer Shaw, will be back for more next year most likely as both are juniors!



RANDALL JEFFREY (CENTER) LEADS OVER THE 180-BARRIERS IN ROUTE TO AN 18.4 VICTORY. OAKLAND'S VERN TAYLOR WAS 8TH. /Marconi/

(Heat 1) - 1. Huey (Vallejo) 18.9; 2. Mosby (LA) 18.9; 3. Napier (Lynbrk) 19.2; 4. Andrews (WBak) 19.2; 5. Barnes (Hay) 19.4; 6. Allmond (Srmte) 19.6; 7. Lenga (MtnVly) 19.6; 8. Lohorn (Morse) 19.7. (Heat 2) - 1. Parmer (Lemoore) 18.6; 2. Shaw (Muir) 18.6; 3. Andrade (Sac) 18.9; 4. Kirtman (Wilson) 19.0; 5. Hinton (Gardena) 19.0; 6. Austin (Muir) 19.1; 7. Edwards (Kenn/Sac) 19.6; 8. Morton (Wtllnd) 19.8; (Heat 3) - 1. Jeffrey (LA) 18.6; 2. Taylor (Oakl) 18.8; 3. Walker (Apple Vly) 19.0; 4. Henry (Linc/SD) 19.0; 5. Martin (Upland) 19.2; 6. Woods (ElCerrito) 19.2; 7. Graybehl (Los Lomas) 19.2; 8. Florant (PA) 19.2; 9. Patterson (Fairfax/LA) 19.7. (FINALS) 1. Jeffrey 18.4; 2. Shaw 18.7; 3. Walker 18.8; 4. Parmer 18.9; 5. Mosby 19.1; 6. Huey 19.2; 7. Napier 19.3; 8. Taylor 19.3; 9. Andrade 19.4.

330 YD. INTERMEDIATE HURDLES: Since this was an exhibition event, most of the competitors were from the general area near Woodland. Perhaps this will become a regular event next year. Joe Andrade of Sacramento High completed the three-quarters of a lap barriers in 39.0, followed by Parker (Burbank) 39.4.

(FINALS) 1. Andrade (Sac) 39.0; 2. Parker (Burb) 39.4; 3. Robinson (Sac) 39.5; 4. Hull (Davis) 40.3; 5. Ketchum (Kenn/Sac) 40.3; 6. Bolden (Highlds) 40.9; 7. Collier (Highlds) 41.5; 8. Drake (Fairfld) 42.0; 9. Mann (Vaca) nt.



WILSON HIGH'S DUANE WALKER RAISES HIS ARMS IN VICTORY AS HIS TEAM WINS THE 440 RELAY FINALS. /Deve Stock/

440 YARD RELAY: Wilson High's foursome of Mike Farmer, Ron Whitaker, Mike Kirtman, and Duane Walker (running in that order) started things off right Friday night by nipping El Cerrito's 1971 state mark in a time of 41.0, seven-tenths ahead of the next best qualifying time. It was also good for the best time in the nation this year. However, in the finals, Farmer had a bad exchange with Whitaker and valuable time was lost. Kirtman made up the lost time and gave the lead to Walker who held off Edison of Fresno's anchor man by a tenth. Sacramento was another tenth back in third.

(Heat 1) - 1. Kennedy (Rich) 42.1; 2. Monrovia 42.2; 3. Sacramento 42.4; 4. Fremont (LA) 42.4; 5. Berkeley 42.5; 6. Garden Grove 42.6; 7. Silver Creek 42.6; 8. Skyline (Oakland) 42.6; 9. Burbank 43.9. (Heat 2) - 1. Lincoln (SD) 41.7; 2. Compton 41.9; 3. LA 42.0; 4. Dorsey (LA) 42.2; 5. Centennial 42.3; 6. Hoover (Fres) 42.3; 7. Pasadena 42.7; 8. Card.Nwmn. 42.8; 9. Cordova 43.2. (Heat 3) - 1. Wilson (SF) 41.0; 2. Edison (Fres) 41.7; 3. Morse (SD) 42.4; 4. Haywd 42.6; 5. Monterey 43.0; 6. W.Bak. 43.1; 7. Los Altos 43.3; 8. Ch 43.6.

(FINALS) 1. Wilson 41.5; 2. Edison 41.6; 3. Sacramento 41.7; 4. Compton 41.9; 5. Monrovia 42.0; 6. Kennedy 42.0; 7. Lincoln 42.0; 8. Los Angeles 42.0; 9. Morse 42.1.



CORDOVA'S ROD CONNORS ANCHORS THE UNDEFEATED LANCER MILE RELAY TEAM IN 47.8. RON WHITAKER'S 45.9 ANCHOR LEG FOR WILSON BROUGHT THE TEAM INTO FOURTH PLACE AS HERE HE GETS PAST BAKERSFIELD AT THE FINISH (WHITAKER HIDDEN BEHIND BERKELEY MAN). /Marconi/

MILE RELAY: "I like to enjoy it," said winning anchorman Rod Connors of Cordova High as he talked about his team's upset victory. The Lancers had not lost a mile relay all season against top competition, but only had a best mark of 3:21.5 coming into the meet, thirteenth best among the twenty-seven entered schools they were to compete against. In the trials on Friday they had to whip Crenshaw of LA in 3:18.7 (to 3:19.3), and then they came back with a winning 3:17.4 effort the following day. Anchorman Rod Connors had a 47.8 to go with his fourth place 48.5 in the open quarter. The best leg of the day was turned in by none other than Ron Whitaker, who blitzed an amazing 45.9 to bring his team from near last into fourth.

(Heat 1) - 1. Cordova 3:18.7; 2. Crenshaw (LA) 3:19.3; 3. Bakersfield 3:19.4; 4. El Cerrito 3:19.4; 5. E. Bakersfld 3:20.8; 6. Morse 3:22.0; 7. Highlands 3:22.8; 8. Oak Tech 3:24.1; 9. Pasadena 3:25.2. (Heat 2) - 1. Centennial 3:18.0; 2. Berkeley 3:18.5; 3. S. Bakersfld 3:20.0; 4. Buchser 3:20.2; 5. Dominguez 3:20.7; 6. Stagg 3:21.7; 7. Cardinal Newman 3:23.0; 8. Montgomery 3:23.2; 9. Westmont 3:26.8. (Heat 3) - 1. Muir 3:18.8; 2. Wilson (SF) 3:19.4; 3. Fremont (LA) 3:19.9; 4. Fairfax (LA) 3:20.1; 5. Gardena 3:20.3; 6. Arcadia 3:21.0; 7. Crawford (SD) 3:29.8; 8. Oroville 3:31.0. (FINALS) 1. Cordova 3:17.4; 2. Muir 3:18.0; 3. Berkeley 3:18.4; 4. Wilson 3:18.4; 5. Bakersfield 3:18.4; 6. Crenshaw 3:19.5; 7. Centennial 3:19.8; 8. S. Bakersfield 3:20.9.





(LEFT) ALBANY HIGH'S RALPH FRUGUGLIETTI WAS TOP NORCAL FINISHER IN THE SHOT (4TH) AND SECOND BEST IN THE DISC (3RD). (RIGHT) LONNIE SHELTON (BAKERSFIELD) WAS DISCUS WINNER. /John Marconi/

SHOT PUT: Newport Harbor's Jim Niedhart was just off his personal best, but it was still good enough to win the state title and set a new CIF meet record, knocking off ex-teammate Mark Stevens' standard with a heave of 67-3 1/4 (old mark was 67-2). That was enough to win by over a foot as Dave Doupe of Inglewood got second with 65-11 1/2. Discus winner Lonnie Shelton of Bakersfield Foothill got third with a good 65-2, and then it dropped way off as fourth was registered by the top NorCal placer, Ralph Fruguglietti, at 60-9 1/4.

(FINALS) 1. Niedhart (Newpt Hbr) 67-3 1/4; 2. Doupe (Inglewood) 65-11 1/2; 3. Shelton (Foothill) 65-2; 4. Fruguglietti (Alb) 60-9 1/4; 5. Rothschild (MHollywood) 59-9 1/2; 6. Hampton (Cajon) 59-3; 7. Cotten (Vista/SD) 57-10 1/2; 8. Kurrasch (SantaAna) 57-9 1/2; 9. Yarbough (Fremont/LA) 57-9; 10. Nomis (Grant/LA) 57-5; 11. Walters (Skyl/Oakl) 55-11 (57-6 1/4 in trials); 12. Voorhees (Tulelake) 55-3 1/2 (55-10 1/2 trials).

DISCUS THROW: Versatile weightman Lonnie Shelton unleashed a mighty 195-5 heave to easily best runnerup Ray Burton of Vacaville by almost seven feet. His nation-leading effort and third-place shot mark was the leading field-event double of the day and matched elsewhere (not counting relays) only by hurdler Randall Jeffrey. Junior Burton moved up to second best in the nation in his class behind missing Mark McNaughton of McLane (Fresno), who failed to qualify for the finals when he finished 13th Friday evening. The third through fifth places were filled by NorCal athletes as is normally the case in this event for some reason. Ralph Fruguglietti of Albany finished third to complete a good double (fourth in the shot). For some unknown reason, seven of the finalists had better marks in the qualifying rounds and they are listed below in parentheses following their marks in the finals.

(FINALS) 1. Shelton (Foothill) 195-5; 2. Burton (Vacaville) 188-10; 3. Fruguglietti (Alb) 184-9 (185-2 1/2); 4. Hickson (Leland/SJose) 183-1 (184-7 1/2); 5. McGowan (Fremont/Cupert) 181-5; 6. Harvey (Vista/SD) 181-2; 7. Owens (Inglewd) 176-0; 8. Otterstetter (Marina) 173-3 (174-0); 9. Gordien (Claremont) 173-3 (175-3 1/4); 10. Voorhees (Tulelake) 170-0 (179-5); 11. Cotten (Vista/SD) 161-1 (170-11 1/2); 12. Allen (Lymbrk) 157-8 (175-0 1/2)...non-qualifiers: 13. McNaughton (McLane/Fresno) 169-9 1/4; 14. Sharrick (El Camino/Sac) 159-9 1/2; 15. Faulk (Montgomery/SRosa) 158-1 1/2; 16. Palla (W.Bak) 155-8 3/4; 17. Just (??) 155-5 1/4; 18. Walker (Amador) 153-9 1/4; 19. Nevela (Balboa) 153-0 1/4; --3 fouls each: Binley (Laguna Bch), Engle (Hart), and Whited (Downey/Modesto).



RANDY TURNER OF WILSON CLINCHES ONE OF HIS TEAM'S THREE FIRST PLACES WITH A 6-6 EFFORT IN THE HIGH JUMP. /John Marconi/

HIGH JUMP: Only six jumpers qualified at 6-4 and ten more made 6-2; despite the fact that a total of twenty-three out of the twenty-seven man field had gone better than 6-4 this season, only four managed to do so in the finals!! Only three others scaled 6-4. Randy Turner of Wilson won the event since he had no misses leading into his winning leap. Of the next four spots, only third place went to a southern jumper, as second place went to Bryan Shaw of Pittsburg (tie).

(FINALS) 1. Turner (Wilson) 6-6; 2. (tie) Shaw (Pitt) and Geddes (LaJolla) 6-6; 4. Phillips (ElCamino/Sac) 6-6; 5. Kraft (MSJ)

6-4; 6. (tie) Robinson (Jordan) & Bernard (Chico) 6-4; 8. Thompson (Monache) 6-2; 9. Broom (Wasco) 6-2; 10. (tie) Knarr (Notre Dame) & Ridge (Merced) 6-2; 12. Howard (Locke) 6-2; 13. (tie) Insley (Cupertino), Collins (Monterey), & McClure (Vista/SD) 6-0; 16. Epps (Tulare Union) 6-0...did not clear opening height of 6-0: Duttera (Canoga Pk), Cummings (Irvington/Fremnt).





(LEFT) TIM CURRAN OF CRESPI HIGH TAKES OFF ON HIS 16-2 3/4 VAULT THAT BROKE STEVE SMITH'S CIF RECORD OF 16-0. (RIGHT) TOP NORCAL PLACER WAS DEL MAR'S SCOTT TURNER, CLEARING 14-6 IN SECOND.

/John Marconi & Dave Stock/

POLE VAULT: This year it was all a one-man show, more than in any other event. Crespi's Tim Curran obliterated his competition by almost two full feet in setting a new CIF mark and taking the national lead for 1973. Only sixth at 14-feet in 1972, the powerfully built southlander has vastly improved, carrying a 16-2 best into the State Meet, a full 14-inches higher than any other competitor. Del Mar's Scott Turner was second at 14-6, and no one else made this height. The vertical jumps didn't have it this year, save Curran's tremendous effort.

(FINALS) 1. Curran (Crespi) 16-2 3/4; 2. Turner (DelMar) 14-6; 3. Hardison (McLane/Fresno) 14-0; 4. Stephens (Manuel Arts/LA) 14-0; 5. Jack Lennan (Carlmont) 14-0; 6. Byron Paton (San Mateo) 13-6; 7. Armstead (Fremont/LA) 13-6; 8. Sampson (Burbank) 13-6; 9. Clemmons (Azusa) 13-6...did not clear 13-6 opening height: Bell (Foothill), Dendauw (Roosevelt/Fresno), Distanislao (Newport Hrbr), Killeen (Valencia), and Willigis (Acalenes).



BERKELEY HIGH'S MARK CLEGHORN WAS THIRD IN THE LONG JUMP, ONLY 4 INCHES BEHIND THE WINNER WITH A 25-0 1/4 LEAP. /Marconi/

LONG JUMP: The competition in the long jump was probably the fiercest of any event in the meet as only 1/4 inch separated the top two placers, with third another 4 inches back. National leader Ted Hammond of Compton (25-6 1/4) had his hands full as Jerry Herndon (Cajon) improved his previous best by 2-3/4 inches to edge out his rival by a mere 1/4 inch. Gerald Hardeman of Edison (Fresno) had a 25-2 3/4 leap in Friday's trials, but could not do that well in the finals, placing only fourth with 24-9 after having the best mark in the qualifying round. All marks were wind-aided (at least of those mentioned above), but we don't know by how much (probably not a large amount). A total of nine out of the thirteen finalists had better qualifying jumps, and they are listed in parentheses below where applicable. The top three at this meet currently (as of July 9, T&FN) rank third, second, and fifth nationally, with fourth-placer Hardeman leading at 26-0 1/4. At the time of the meet, the top three were ranked 2-1-3 among preps.

(FINALS) 1. Herndon (Cajon) 25-4 1/2 (ties CIF Record by Proctor, 1967); 2. Hammond (Compton) 25-4 1/4; 3. Cleghorn (Berk) 25-0 1/4; 4. Hardeman (Edison/Fresno) 24-9 (25-2 3/4); 5. Shaffer (Berk) 23-9 1/4 (24-0 1/4); 6. Lofton (Wash/LA)23-4 1/2 (23-7); 7. Huey (Vallejo) 23-3 1/2; 8. Cole (Gardena)22-7 3/4 (22-11); 9. Andrews (W.Bakersfld) 22-4 1/4 (22-11 1/2); 10. McRae (Sky1/Oakl) 22-3 3/4 (23-4 1/4); 11. Jobson (ElDorado) 21-11 3/4 (22-7 1/2); 12. LeGrande (Wstmt) 21-10 1/4 (22-10); 13. Durham (Sacto) 21-1 3/4 (22-11)...non-qualifiers in trials: 14. Mosley (Oceanside) 22-7 1/2; 15. Ludy (Hueneme) 22-5 3/4; 16. Wilkinson (Claremont/SD) 22-4; 17. Hollis (Verbum Dei) 22-3 3/4; 18. Johnson (Wash) 22-3; 19. Hollmer (San Ramon) 21-11 1/2; 20. Jones (Gardena) 21-10 1/2; 21. Robinson (Silver Crk) 21-10; 22. Grayson (Balboa) 21-9 3/4; 23. Harrell (Edison/Stkn) 21-7 3/4; 24. Thorp (Cupertino) 21-6 1/2; 25. Spillane (Palos Verdes) 20-6 1/2; 26. Brown (Mt. Shasta) foul.

TRIPLE JUMP: This was the first year that the CIF Meet has installed the triple jump as an official scoring event, although most schools in the state have employed it in their dual meet schedule for several years. It's about time!! Willie Banks of Oceanside easily outdistanced Lewis Tucker's (Washington/Easton) effort by seven inches as the winner recorded a PR 49-7 1/4. After second place, the marks dropped off considerably, with Clint Harrell of Edison (Stockton) taking third (48-3) as the top NorCal placer. Hayward's Adrian Smith, who had a leap of 47-5 1/4 in the trials for second best behind Banks' 49-1, was not a factor in the finals as he did a poor 43-1 1/4. His mark in the trials was a personal best by 1/4 inch. Banks is a jr.

(FINALS) 1. Banks (Oceanside) 49-7 1/4; 2. Tucker (Wash/Estn) 49-0 1/4 (best mark of 49-9 coming into meet); 3. Harrell (Edison/Stkn) 48-3; 4. Wells (Balboa) 48-0 1/4; 5. Thorp (Cupertino) 47-7 1/2; 6. Shaffer (Berk) 47-3 3/4; 7. Porter (Ganesha) 46-10 1/4 (47-3 1/4); 8. Torrance (Tulare W) 46-2 1/4 (47-0); 9. McCarthy (Cupertino) 44-7 3/4 (46-11 1/4); 10. Lofton (Wash/LA) 44-6 (46-4 3/4); 11. Smith (Hayward) 43-1 3/4 (47-5 1/4); 12. Williams (Hoover/Fresno) 3 fouls.

SPECIAL THANKS goes to the Woodland Daily Democrat which furnished us with a complete set of results and other important information. Also, without photographer John Marconi, who did a terrific job of getting most all the events (Dave Stock got the others), this pictorial wouldn't have been possible. Let us know how you like our first full-length feature pictorial so we can do a better job next time. Thanks.

PA-AAU Women's Championships: (June 3, Hayward) - HJ: K. Mc-Quillan (WS) 5-6, Carlsen (SRR) 5-4, (tie) Favorite (CSH) and Stuart (Orinda) 5-2; 2 Mi: Larrieu (SJCG) 10:02.8 (Amer.Rcd.), Anex (WS) 10:34.0, Haberman (SJCG) 10:39.2; ¼40R: BTC ¼7.4, MLTC ¼8.4, RJ ¼9.0; JT: Cannon (SRR) 164-11, Fickel (CSH) 162-4 1/2, Langford (MLTC) 147-8 1/2; ¼40: Hammond (SRR) 54.7, Weston (WS) 55.3, Poor (SJCG) 55.7; 100mHH: Carlsen (SRR) 1¼.1 (1¼.0 trials), Sherrard (SRR) 1¼.2, Rogers (MLTC) 15.5 (1¼.8 trials); 220: Robinson (BTC) 25.1, Julian (RJ) 25.4, Winlock (CD) 25.9 (25.6); DT: Langford (MLTC) 153-¼, Kletchka (MLTC) 138-9, Lane (WS) 137-1; SP: Lane (WS) ½2-5 1/¼, Garcia (Santa Cruz) 35-2 1/2, Mills (MLTC) 31-10 1/¼,..non-scoring competitor, Seidler (MDYF) ¼9-10 3/¼; LJ: Tenette (RJ) 17-6 1/2, Elmore (MLTC) 17-¼ 1/¼, Hamel(RJ) 16-8; 100: Byfield (BTC) 10.9, Miller (RJ) 11.2 (10.9), Robinson (BTC) 11.2 (11.0); 2 MiR: SJCG "A" 9:28.2, SJCG "B" 9:43.2, MLTC "A" 9:47.9; 880: Claugus (WS) 2:15.0, Haughey (SJCG) 2:15.7, Spence (Santa Cruzers) 2:17.9,..non-scoring, Wright (BC,Canada) 2:09.¼; 400mH: Clark (SRR) 63.9, Phillips (SRR) 65.0, Snyder (WS) 66.8; Mile: Claugus (WS) 4:55.¼, Vicki Eberly (SJCG) 5:07.0, Adams (WS) 5:12.7; 880MR: SRR 1:43.2, BTC 1:45.¼, SJCG 1:51.1; MileWalk: Dimmick (SJCG) 8:45.5, Cortez (RCF) 8:51.7, Weimer (WS) 9:06.3; MileR: MLTC 3:51.8, SJCG 3:54.0, Orinda TC 4:00.¼. /Harmon Brown/

NCAA Championships: (June 5-9, Baton Rouge, La.) - Listing of winners & NorCal finishers. 100: Hammonds (Memphis); Heats-(III) 6. Curl (Stan) 9.6, 7. Jefferies (FresSt) 9.8; (IV) 1. Breddell (SJS) 9.5; Semis-(I) 5. Breddell 9.6; 220: Dill (MSU) 20.9, 4. Breddell 21.4; Heats-(I) 1. Breddell 21.0, 6. Curl 21.5; Semis-(II) 4. Breddell 20.6; 440: Peoples (ASU) 45.0. 2. Brown (UCLA) 45.6; Heats-(III) Brown 45.9; 880: Kent (Wisc) 1:47.2, 5. Brown (Cal) 1:48.3, 8. Scott (WSU) 1:49.4; Heats-(I) 2. Scott 1:47.9 PR; (II) 5. Lowrey (OSU) 1:49.8; (III) Brown 1:47.8; Mi: Wottle (BG) 3:57.1, 6. Schilling (SJS) 3:58.6 PR (frosh), 11. Mittelstaedt (Stan) nt; Heats-(II) 4. Schilling 4:03.1; (III) 3. Eashman (CSH) 4:04.4, 4. Mittelstaedt 4:04.4; 3000mSC:

medals for SPA

By MIKE NOLAN **Tribune Sports Writer**

WOODLAND - Northern California prep track and field no longer seems like pathetic second - class competition for the hoards of talent from the smoggy south. Still second, certainly, but not so second-class.

And the South Peninsula Athletic League saved the Central Coast Section from embarrassment with the finest showing in modern SPAL history in the 55th annual state cinder championships here Saturday

Four SPAL athletes won medals, the most since the current SPAL track setup took shape in 1958, while Wilson of San Francisco gave Northern California its third team champ in the last four

In the previous 51, the North came up a winner exactly five times

And in the overall scoring, the South carded a 1231/2 to 1021/2 edge over the North, with 30 points by the Central Section (Bakersfield, etc.) not counted for either side. Not a poor encore after the North actually outpointed the South 114-110 last year.

All in all, a definite pattern of improvement. Cynics would be the only ones unkind enough to suggest that with both population and smogain. Northern California rapidly approaching Southern proportions, such progress was due.

The SPAL hasn't had more than one man place in a single State Meet since 1961, when three did it.

Yet Carlmont's Jack Lennen (fifth, pole vault), Palo Alto's Carl Florant (second, high hurdles) and Gunn's Steve Crowley (second, mile) and Gordon MacMitchell (fifth, Friday's two-mile) scored 10 of the CCS' mediocre 23-point showing.

Florant came closest to becoming the first SPAL champ since Paly miler Ron Larrieu in 1956.

Florant led over every hurdle in his beautifully smooth style, but Pasadena's Mike Johnson caught him just over the final barrier and won

in a wind-aided 13.6 to Florant's 13.7.

life best 4:11.9 Crowley's mile nipped Bellflower's Bob O'Brien for second, but Lompoc's Alvin Gilmore won convincingly in 4:11.4. Gilmore's super last lap was too much for Crowlev.

Yet Crowley's effort was second only to Steve Miller's third-place 4:10.7 for Carlmont, in this meet last year, in SPAL history.

Lennen's consistency paid off. Though clearing "only" 14-0 (his best in 14-6), Lennen beat several with bigger repu-

tations. Tim Curren of Encino (Crespi) set a meet record at 16-23/4, bettering Steve Smith's 16-0 in 1969 for North Tor-

Not only were the four medals an SPAL best, but the two second places were a first over the same period, too.

For the other local entrant, St. Francis junior Mike Kasser of Redwood City in the 880. the finals were sheer mis-

Kasser, running superbly, had about a 1:54.0 going in the race of his life. He was third with about 30 yards left, but was passed by two others. Trying to overtake them again, Kasser sprawled headlong just a few inches short of the finish line.

Kasser got up, but instead of fifth had to settle for eighth in 1:549. The way he ran, he'll return to contend for all the honors next year

The 880 winner, Alhambra's Randy Lopez (1:52.4), wash't shy in his post-race press com-

"The weather here (Woodland) stinks. A nice place to visit — I'd hate to live here.

It's too dead." And he won the race!

40 relay — 1, San Francisco Wilson (Farmer, Whitaker, Kirtman, Walker) 41.5 2, Fresno Edison, 41.6. 3, Sacramento, 41.7. 41.00 monrovia, 42.0 morrovia, 4 "The weather here (Wood-

Brilliant Ronald Whitaker spearheaded Wilson to the spearheaded Wilson first state crown for any San Francisco school.

Whitaker won the 440 by 15 yards in 47.0, one of the nation's best marks, then ripped off a fantastic 46.0 anchor split to make up 25 yards, and give

Wilson fourth in the mile relav.

That clinched Wilson's crown, though Randy Turner added frosting with a high jump victory for 20 team points to Lompoc's 12. Wilson also won the 440 relay in 41.5, a half-second slower than its meet record in Friday's trials.

A third meet record was a 67-31/4 shot put by Newport Harbor's Jim Niedhart. Newport's Mark Stevens set the mark at 67-2 in 1971.

Junior Millard Hampton of Silver Creek, the CCS' top hope, took fifth in the 100 at

9.7 behind winner Elijah Jefferson (San Diego Crawford), a 17-year-old sophomore who hit 9.6 But Hampton came back with second in the 220 (21.5) behind Santa Ana's Clancy Edwards, 21.2.

Just one-tenth second off the meet record in the 180 low hurdles was Los Angeles High's Randall Jeffrey (18.4)

Bakersfield Foothills Lonnie Shelton took the discus with a national season best 195-5, San Diego Oceanside's Willie Banks the triple jump at 49-71/4 and El Cajon's Jerry Herndon the long jump with a wind-aided 25-41/2. That wind kept Herndon from tying the

meet record.

With the four SPAL medals and Hampton's two, the CCS won only four others: Del Mar's Scott Turner pole vaulted 14-6 for second, Cupertino's Mark Thorp triple jumped 47-71/2 for fifth, and Leland's Dave Hickson (183-1) and Fremont's Kim McGowan (181-5) were fourth and fifth in the discus, respectively.

Ells, 9.7. 5, Hampton, San Jose Silver Creek, 9.7.

120 high hurdles — 1, Johnson, Pasadena, 13.6. 2, Florant, Palo Alto, 13.7. 3, Jeffrey, Los Angeles HS, 13.8. 4, Owens, Sacramento Norte Del Rio, 13.9. 5, Andrews, West Bakersfield, 13.9.

Discus - 1, Shelton, Bakersfield Foothill, 195-5. 2, Burton, Vacaville, 188-10. 3, Fruguglietti, Albany, 184-9. 4, Hickson, San Jose Leland, 183-1. 5, McGowan, Sunnyvale Fremont, 181-5.

440 — 1, Whataker, San Francisco Wilson, 47.0. 2, Andrews, West Bakersfield, 48.3. 3, Leads, Beverly Hills, 48.7. 4, Conners, Rancho Cordova, 48.5. 5, Christopher,

ners, Rancho Cordova, 48.5. 5, Christopher, LA Washington, 48.6. Pole Vault — 1, Curran, Enclno Crespl, 16-234 meet record; betters 16-0 by Steve Smith, South Torrance, 1969. 2, Turner, San Jose Del Mar, 14-6. 3, Hardison, Fresno McLane, 14-0. 4, Stephens, LA Manual Arts, 14-0. 5, Lennen, Carlmont, 14-0.

Long Jump — 1, Herndon, El Cajon, 25-4½ wind. 2, Hammond, Compton, 25-4½. 3, Cleghorn, Berkeley, 25-0¼. 4, Hardeman, Fresno Edison, 24-9. 5, Shaffer, Berkeley,

23-9/4.

180 low hurdles — 1, Jeffrey, LAHS, 18.4.

2, Show, Pasadena Muir, 18.7. 3, Walker, Apple Valley, 18.8. 4, Parmer, Lemoore, 18.9. 5, Mosby, LAHS, 19.1.

220 — 1, Edwards, Santa Ana, 21.2. 2, Hampton, San Jose Silver Creek, 21.5. 3, Jones, Pacific Palisades, 21.7. 4, Glass, Oakland Castlemont, 21.7. 5, Jefferson, San Diago Craylord, 21.7.

Oakland Castlemont, 21.7. 5, Jefferson, San Diego Crawford, 21.8.
Mile — 1, Gilmore, Lompoc, 4:11.4. 2, Crowley, Gunn, 4:11.9. 3, O'Brien, Bellflower, 4:11.9. 4, Clifford, Sunny Hills, 4:13.7.
5, Nahirny, Fremont Washington, 4:14.0.
Mile relay — 1, Cordova (D. Smith, G. Smith, Dawkins, Conners) 3:17.4. 2, Pasadena Muir, 3:18.0. 3, Berkeley, 3:18.4. 8, San Francisco Wilson, 3:18.4. 5. Bakersfield, 3:18.4.
Two-mile— 1, Williams, Lompoc, 8:54.8.
2, Taylor, Merced, 9:00.2. 3, Martin, Davis, 9:02.1. 4, Beck, Santa Monica, 9:02.8. 5, MacMitchell, Gunn, 9:07.4.
Shot put — 1, Niedhart, Newport Harbor, 67-34 meet record; betters 67-2 by Stevens,

Shot put — 1, Niedhart, Newport Harbor, 67-31/4 meet record; betters 67-2 by Stevens, Newport Harbor, 1971. 2, Doupe, Inglewood, 65-11/2. 3, Shelfon, Bakersfield Foothill, 65-2. 4, Fruguglletti, Albany, 60-9/4. 5, Rothchild, North Hollywood, 59-9/2. High Jump — 1, Turner, San Francisco Wilson, 6-6. 2, Tie, Shaw, Pittsburg, and Geddes, La Jolla, 6-6. 4, Phillips, El Camino, 6-6. 5, Kraft, Fremont Mission San Jose, 6-4.

Jose, o-4. Triple jump — 1, Banks, Oceanside, 49-71/4. 2, Tucker, LA Washington, 49-01/4. 3, Harrell, Fresno Edison, 48-3. 4, Wells, San Francisco Balboa, 48-01/4. 5, Thorp, Cuper-

Team scores: San Francisco Wilson 20, Lompoc 12, Santa Ana and Los Angeles High, 10: Foothill 9, Muir and Cordova 8,

High, 10: Foothill 9, Muir and Cordova 8, Berkeley Crawford 7. Fresno Editon, Compton, Sacramento, Alhambra, Pasadena, El Cajon, Newport Harrbor Crespi and Oceanside 6, Silver Creek, West Bakersfield, Albany and Palo Alto Gunn 5. Merced, Yganiclo Valley, Vacaville, Palo Alto, Del Mar, Inglewood and LA Washington 4, Pittsburg and La Jolla 3½, Bellifuwer, Apply Valley, Palisades, Beverly Hills, McLane, Davis and La Taff 3, Santa Monica, Falfrax, Ells, Leland, Norte Del Rio, Manual Arts, Castemont, Lemoore, Sunny Hills, Balbaa and El Camino 2, Cu-Rio, Manual Arts, Castemont, Lemoore, Sunny Hills, Balbaa and El Camilno 2, Cuperlino, Central Bakersfield, Fremont Washington, North Hollywood, Carlmont, Aviation, Monrovia and Mission San Jose 1. Sectional scoring — Southern 85, San Joaquin 32, Central 30, North Coast 23/2, Central Coast 23, Los Angeles City 22, San Francisco 22, San Diego 18/2, Oakland 2, Northern 0.

By MIKE NOLAN Tribune Sports Writer

WOODLAND — Local athletes made most likely their greatest collective showing in history last evening as part of a bang-up opening session of the 55th annual state high school track and field championships here.

And several human blurs who thrilled and amazed a

crowd of about 5,000 at Woodland Community Stadium have made San Francisco's Wilson High the team favorite in today's noon finals.

Only one final was held yesterday — the two-mile, in which Gunn's Gordon MacMitchell and San Carlos' Mitch Kingery stood out — but four of six other locals qualified for today's finals in four different

events in the trials.

is 9:09.4

MacMitchell couldn't match his Central Coast winning 9:01.6 two-mile and settled for fifth at 9:07.4, but Kingery wound up one of the meet's happiest athletes.

The little Don sophomore finished eighth in a tremendous showing for one his grade, though his 9:14.3 was five or six seconds slower than he was shooting for; his best

"I'm really happy with that," said both Kingery and Don coach Jim Luttrell — and that was when they thought Mitch finished ninth Turned out a runner who was lapped caused them some momentary confusion until the official finish was announced.

"I was hoping Mitch could

stay with the first five or six, and he did pretty much that," said Luttrell. "Imagine, he's the only sophomore to finish so high."

Lompoc's Terry Williams won in 8:54.2, topping Merced's Dave Taylor (9:00.2), Davis' Steve Martin (9:02.6), and defending champ Curtis Beck of Santa Monica, who went 9:02.0 compared to his

state record 8:52,3 last year. Cubberley's Stacy Geiken finished 23rd in the field of 27.

But Kingery isn't without future competition — an imposing freshman from Laguna Beach, Eric Hulst, finished ninth. He ran 9:04.4 in the Southern Section finals last week.

Gunn's Steve Crowley handily topped all qualifiers in the mile in 4:14.1 and figures to dual North Torrance's Barrie Williams, who won his heat in 4:17.2, for the title in a match of great distance kickers

Palo Alto's Carl Florant ran a fantastic legal 13.6 to qualify at second in his 120 high hurdles heat — despite a poor start — to West Bakersfield's Tom Andrews, also 13.6. In fact the 13.6 ties the state record, but only Andrews will receive credit.

St. Francis' competitive junior flash from Redwood City, Mike Kasser, ran well but wasn't forced to go all out in the 880, where he qualified second in his heat in 1:55.1. Only runners with better times were Alhambra's Randy Lopez (1:54.5 to beat Kasser) and heat winner Franciois Welman of Los Angeles Fairfax, 1:54.8.

Kasser appeared capable of challenging anyone in the field successfully, but Lopez will be tough to beat. He too was just in it to qualify.

Carlmont's Jack Lennen was among 14 pole vaulters who qualified at 13-9. If Lennen can equal or better his 14-6 best, he may place. San Mateo's Ryon Paton also cleared 13-9, and is another good threat

Wilson's incredible 440 relay team ripped off a 41.0 clocking, snapping the state record of 41.1 by El Cerrito's 1971 unit. The Wilsons — Michael Farmer, Rcn Whitaker, Michael Kirtman and Duane Walker — are blazers all.

Farmer and Whitaker appear the best of the entire meet's blazers. Farmer ran a windaided (only slightly) 9.4 in the 100 and Whitaker topped all 440 qualifiers in 47.6.

Whitaker also qualified Wilson's mile relay team with a 46.7 anchor split that left the crowd gasping in the day's biggest highlight.

Wilson was in sixth place and 25 yards behind before Whitaker's sensational spurt.

Farmer will have real competition in the 100, where sophomore Elijah Jefferson of San Diego Crawford also clocked a windy 9.4.

Ravenswood's James Ragland ran a creditable 22.0 in the 220, but failed to qualify with a seventh in his heat, won by Santa Ana's Clarence Edwards in 21.2 wind-aided.

Sliver Creek's Millard Hampton, the junior who tore the CCS spring field apart all year, tied Edwards as top 220 qualifier in 21.2 and Jefferson hit 21.4, all wind-aided. Defending champ Mike Shavers of Albany failed to even qualify.

Florant lost out in the low hurdles with an eighth-place 19.2 in his heat, but it didn't matter since the highs are really his race.

Gunn's Tom Oberhelman also failed to make the shot put cut of 12, as expected.

Top qualifiers in the field were Edison's Gearald Hardeman (25-5¾ long jump); San Diego Oceanside's Willie Banks (49-1 triple jump) and Bakersfield Foothill's Lonnie Shelton (188-1¾ discus and 65-1½ shot). Seventeen high jumpers qualified at 6-2.



MITCH KINGERY top sophomore



JACK LENNEN in today's finals

4/0-1 Whitaker (Wilson, SE), 47.0: 2 T Andrews (West Bakersfield), 48.3: 3 Leeds (Reverly Hills), 48.4: 4 Connors (Cordova, Rancho Cordova), 48.5; 5. Christopher (Washington), 48.6. Others included: 6. Sheats (Muir), 48.7; 7. Robinson (Centennial), 49.3. LONG ILIMP-1 Herndon (Caion), 25-4\/2w. 24-21/4: 2. Hammond (Compton).



La Gorio (Taff), 1:53.8; 4. Wolman (Fairfax) 1:53.8; 5. Johnson (Aviation), 1:54.1. Others included: 6. Marlow (San Marcos), 1:54.6; 9, Robinson (Manual Arts), 1:56.9. 120HH-1, Johnson (Pasadena), 13.6 (wind 7.42 m.p.h.), 13.6; 2. Florant (Palo Alto), 13.7; 3, Jeffrey (Los Angeles), 13.8; 4, Owens (Norte Del Rio), 13.9; 5. T. Andrews (West Bakersfield), 14.0 Others included: 6. Shaw (Mulr), DISCUS-1. Shelton (Foothill, Bakersfleld), 195-5; 2. Burton (Vacaville), 188-10; 3. Fruguglieti (Albany), 184-9; 4. Hickson (Leland), 183-1; 5, McGowan (Fremont, Sunnyvale), 181-5. Others Included: 6. Harvey (Vista), 181-2; 7. Owens (Inglewood), 176-0; 8. Otterstater

880-1, Lopez (Alhambra), 1:52.4; 2. McManus (Yonacio Valley), 1:53.6; 3.

(Marina), 173-3; 9. Gordlen (Claremont), 173-3; 11. Cotten (vista), 161-1, 173-3; 11. Cotten (vista), 161-1, 244 (State record. oid mark. 16-8. Steve Smith, South Torrance, 1997); 2. Turner (Del Mari, 14-6, 3. Hardison (McLane, Fresno), 14-0; 4. Stephens (Manual Arts), Lennan (Claremont), 14-0. Others, 14-0.

Included: 7, Armstead (Fremont), 13-6: 9. Clemmons (Azusa), 13-6; Distanistan (Newport Harbor) and Killeen (Valentia) failed to clear opening height of FINAL TEAM SCORES Wilson (San Francisco) 20; Lompoc 12; Santa Ana and I as Anneles 10: Enothill (Bakers, field) 9: Mulc and Cordova 8: Barkeley and Crawford (San Diego), 7; Edison (Fresno), Compton, Sacramento, Alhambra, Pasadena, El Calon, Newport Harhor and Oceanside 60





1973 State Prelims

Clipped By:



rreabold Sun, Sep 27, 2020

Copyright © 2020 Newspapers.com. All Rights Reserved.



A capacity crowd of 7,-500 at Woodland Stadium watched athletes from Bakersfield to San Diego win 12 of the 16 individual events.

events.
Included a mong the Southland champions were Clancy Edwards of Santa Ana in the 220, Randy Lopez, of Alhambra in the 880, Jim Neidhart of Newport Harbor in the shot put, Mike Johnson of Pasaden a in the high burdles. Jerry Herndon of hurdles, Jerry Herndon of Cajon in the long jump and Tim Curran of Crespi in the pole vault.

Those wins were not surprising but the same can not be said for victories by Lompoc's Alvin Gilmore in the mile and Los Angeles' Randall Jeffrey in the low hurdles.

Runs Lows in 18.4

Jeffrey, a junior who won the City meet in 19.4, sped to a legal 18.4 in the low hurdles, establishing a national best this season.

Gilmore, who has been running in the shadow of Terry Williams through-Terry Williams throughout his Lompoc High out his Lompoc High School career, jumped the field on the third lap of the mile and held on to win in 4:11.9 in the upset of the meet.

Overall, the meet was outstanding as three State records were set and eight

records were set and six national and eight State bests of the year were recorded.

The record breakers Saturday were Curran, who cleared 16-23/4 on his final try to break the mark of 16-0 set by Steve Smith of South Torrance in 1969, and Neidhart who put the shot 67-3 1/4 to break Mark Stevens' record of 67-2 set in 1971,

Wilson finished with 20 points thanks to a 41.5 win in the 440 relay, a 47.0 win by Ron Whitaker in the 440, a 6-6 win by Randy Turner in the high jump and a fourth in the mile relay as Whitaker ran a 46.2 final lap to bring the Warriors from far back.

Edwards Wins 220

Edwards finished second in the 100, then ran away with the 220 in 21.2, Edwards is especially profi-cient on the curve and he took charge of the race at that point and breezed to

an easy win.
The 100 went to Elijah Jefferson of Crawford in San Diego, a 17-year-old sophomore, who was timed in a wind-aided 9.6.

Curran's win in the pole vault was made possible because he cleared 13-9 on his final try Friday in qualifying. Unfamiliar with jumping at such a low height, he had a runthrough on his first try then missed on his second

On his third attempt, his pole broke and that gave him another chance and he came through to qualify for Saturday's pro-

In the finals, he made 14-0, 14-6, 14-10, 15-2 and 15-6 on his first tries, then had two misses before clearing the record height. He had the bar raised to 16-712, which would have been a national record, but failed on three attempts.

on three attempts.

Neidhart, who had been finishing second all year to Ingle wood's Dave Doupe before he beat him the last week's CIF Meet of Champions, came through with his best toss on the final throw as Doupe finished second at 65-111/2.

State Meet Notes Jefferson is the first San Diego section sprint champion since Jim Wilson won in the Coliseum in 1929 . . . Lonnie Shelton of Foothill of Bakersfield, who won the discus at 195-5 and finished third in the shot at 65-2, is bound for Oregon State. Shelton, who is 6-7, also plays basketball and will concentrate on that sport this summer . . . Jeffrey, a junior, Jefferson and Oceanside's Willie Banks, who won the triple jump with a wind-aided 49-71/4 and is a junior, were the underclassmen winning titles . . . Jeffrey won't be able to defend, since he now is 18, the prep age limit. . . . The other State record was the 44.0 in the 440 relay by SF Wilson in Friday's qualifying . . Mike Johnson had a State-meet equaling 13.6 in the high hurdles but that was nufliffed by an aiding 7.42 m.p.h. wind. . . Wilson won the 440 relay handily but any chance of a record was lost when the first pass was not clean . . . In addition to Curran's pole vauit, the national hests were by Jeffrey in the low furdles, SF Wilson in the 440 relay. Whitaker in the 440 relay, Whitaker in the 440 relay, Whitaker in the 10. Tom Andrews of West Bakersfield in the high-hurdle qualifying and Shelton in the discus . . . Curran said he plans to attend College of the Canyons and hopes to eventually go on to UCLA. . . The temperature was reported as 82 degrees, although it seemed hotter.

440-1, Whitaker (Wilson, 5F), 47.0; 2. 7. Andrews (West Bakersfield), 48.3; 5. Christopher (Washinolon), 48.5; 6. Ohers included; 6. Sheats (Gordov), 48.5; 5. Christopher (Washinolon), 48.7, 6.7, 7. Relived in Centenolon), 48.7, 6.7, 7. Relived in Centenolon, 48.7, 6.

LONG JUMP-1, Herndon (Calon), 25-41/2w, 24-21/4; 2. Hammond (Compton),

Ington), 23-2:Wi s. Cole (Growten), 22-79-W.

1801.H—1, Jeffrey (Los Angoles), 18.1;
2. Shaw (Mulr.), 18.2; 3. Walker (Angelevalley), 18.8; 4. Parmer (Lemooré),
18.9; 5. Mosby (Los Angoles), 19.1.
270—1. Edwards (Sanla Ang), 21.2; 2.
4 Hampton (Silver Creek), 21.5; 3. San Dieso), 21.8; 0. Oliver (Crawford, San Dieso), 21.8; 0. Olivers (Included: Marris (Lincoln, San Diego) finished clothin but disqualified.

POLE VALLT—1, Curran (Cresol), 16-214 (Sfate record, old mark, 16-0, Steve Smilth, South Torrance, 1969); 2 Turnet (Del Mar), 14-9; 3, Hardison (McCane Fresno), 14-0; 4, Stephens (Manal Arts), Lennan (Claremoni), 14-0, Others

21.7; 3. Journal of the Common State of the Co

Ridge to.
(Locke), 6-2: 13, no.
Dultera (Canoga Park), tousonening helph.
TRIPLE JUMP-1, Banks (Occanside), 49-3/w, 47-8/w; 2, Tucker (Washington, Easton), 4-9-0/w; 3, Harrell (Edison, Fresno), 48-3/w; 4, Wells (Falses), 48-0/y; 5, Thorp (Cunerlino),
the foliation of the control of

included: 7. Armsfead (Fremont), 13-9; 9. Clemmons (Azusa), 13-6; Distanisteo (Newport Harbor) and Killeen (Valentia) falled to clear opening heliaht of 13-6.

Sun., June 3, 1973-Part III 9

8 Part III—Sat., June 2, 1973 Los Angeles Cimes 24

Williams Wins 2 Mile; **Beck Fades to Fourth**

BY AVRUM DANSKY

WOODLAND—One recrd was broken, another

diver), 4:16.4; 3. Clifford (Sunny Hille),
4:116.4; 3. Cliff ord was broken, another was equalled and Terry Williams did it again.

Those were the highlights of the opening day of the 55th annual State track and field championships here Friday before a crowd of 5,000 at Woodland Stadium.

The record breaking on a warm (86 degrees) after-noon was done by San Francisco Wilson in the 440 relay qualifying. The quartet of Mike Farmer, Ron Whitaker, Mike Kirtman and Duane Walker blazed to a 41.0, erasing the state mark of 41.1 set by El Cerrito in 1971.

by El Cerrito in 1971.

In the 120 high hurdles, Bakersfield's Tom Andrews zipped to a 13.6 clocking, equalling the mark shared by Charles Jackson of Lompoc and Dan Jones of Palo Verde.

Williams, the senior from Lompoc High, proved conclusively he is the state's premier two miler when he ran to an easy ler when he ran to an easy 8:54.8 victory over 26 other competitors including defending champion Curtis Beck of Santa Monica. Beck was third most of the way but faded to fourth in 9:02.8.

"I was surprised the pace was so slow," said Williams afterward.

Huey 6th In Lows In State Meet

WOODLAND — Reggie Huey of Vallejo High School was the only Redwood Empire track and field representative to make much noise in the State Championship meet here Saturday.

Huey, who will attend San Jose State College on a full athletic scholarship ride next year, placed sixth in the 180 low hurdles and seventh in the long jump event.

Cardinal Newman's Curtis Byrd was the only other Empire cinderman to make the finals.

Huey cranked out a 19.0 in the 180 lows and jumped 23-4 in the long jump. Reggie's previous best in the lows was 19.4 and 23-2 in the long jump.

"We feel he (Huey) did quite well finshing in the top 10 in both events in the state finals," Vallejo coach Fred Faucett said Saturday. Vintage miler Steve Hadley, who held the Prep Best with a 4:17.6, failed to make the Saturday fin-als. Hadley ran a 4:25 in Friday's trials.

als. Hadley ran a 4:25 in Friday's trials.

None of large Montgomery High School state delegation got past the trials. Tom Buzzard went out at 6-2 in the high jump; Steve Lawry missed at 13-3 three times in the pole vault competition; Jeff Faulk was well off his season's best of 173-9 with a toss of 160 in the discuss and the Montgomery Mile Relay team of Mark Thomas, Gary Gomes, Mark Howlett and Jeff Ramsey set a school record of 3:21.6, but failed to qualify for the finals. Ramsey was way off the qualifying pace in the 880 run with a 1:58.9.

a 1:58.9.

Newman's Byrd, as reported by Faucett, qualified for the finals in the 440, but failed to place in the finals. No clocking was reported.

The Newman mile relay team of Byrd, Gil Proctor, Kevin Konicek and Dan Randolph and the 440 relay team of Byrd, Randolph, Proctor and Joel Faller, failed to make the finals.

Wilson High School of San Francisco wan the

Wilson High School of San Francisco won the team scoring title to become the first San Francisco team to ever capture the State meet crown.

1973 Santa Rosa Finals

Clipped By:



rreabold Tue, Dec 15, 2020



Crowley 2nd In State

by Shirley Monroe

This last weekend, Gordon MacMitchell, Steve Crowley, and Tom Oberhelman competed in the California State Track meet, in Woodland

Crowley took 2nd place in the mile with a fine time of 4:11.9. MacMitchell placed fifth with a time of 9:07.4. Tom Oberhelman competed but failed to place.

It's a long road to the State meet. It started three weeks ago with the league champion-MacMitchell set a new ship. meet record that night with a time of 9:10.6 in the Two Mile. The race was quite unique because the gun lap was shot one lap too soon. Using all his strategy and speed, Gordon ran the lap only to be told of the mistake and that he had one more lap to go. He finally hit

the finish line, holding the finest time in S.P.A.L. history. Gordon also ran in the one mile, and took second. The winner of that race was teammate Steve Crowley. He had consistant first place positions in the one mile, the 880, and was anchor man on the mile relay team. Super-soph Jerry Emory also took first place that night in the Frosh-Soph two mile. He continued to the CCS meet, which is as high as Frosh-Soph competition goes, and took first there also.

The third State Meet contestant. Tom Oberhelman, took first place in the Shot Put that night. His throw of 53'8" was improved by over a foot in CCS competition.

With help from the whole team, Gunn captured the Team Trophy easily over Paly by 29 points.

The Regional competition, involving S.P.A.L. and S.C.V.A.L., had slower times and not as much excitement, but Gunn was well represented. Steve Crowley, Gordon MacMitchell, and Arne Nelson swept the mile run, one, two three. Tom Oberhelman took third in shot put, and John Littleboy captured second position for the High Jump.

Gunn now had five of its finest trackmen competing in the CCS Meet. Only the top places quali-

fied for State.

John Littleboy just missed qualifying, with a fourth place spot on the awards stand. When asked in an earlier interview what kept him going, constantly working out for competition, John replied,"Definitely it's the Track Queens. When you go to receive your award, the track queen gives you a kiss."

John was very disappointed

with the CCS. Not only did he miss a trip to State, but there was no Track Queen to give him a consolation kiss. This has been a terrible blow, and John just mightbe thinking of dropping out of competition. However, other team members

were on their way. Tom Oberhelman again captured the third spot with a throw of place 54'10 1/2". Crowley ran the one mile, along with teammate Arne Nelson, while MacMitchell concentrated on the two mile. The two mile started with the runners bunched up, but nearing the gun lap, Gordon pulled away from soph Kingery of San Carlos and Giken of Cubberley. He opened up an 80 yard lead and sailed right into the record books with a time of 9:01.6. This far bettered his mistaken gun lap time in the S.P.A.L. meet, and broke the old CCSmeet record of 9:07.8 set last year. It's the second best time on the all-time Bay Area list, best-ever in S.P.A.L. records and, of course, a new school record.

Next it was Crowley's turn. He also had a tought race, but won with a sizzling 4:12.5 which hit the record books as the second best time in S.P.A.L. competition for the mile run. Arne Nelson failed to qualify, taking sixth place with a best ever time of 4:22.