

# GILL NATIONAL TRACK AND FIELD CLINIC

January 18, 19, 20, 1974

SHERATON - UNIVERSAL HOTEL

30 UNIVERSAL CITY PLAZA  
NORTH HOLLYWOOD, CALIF. 91608

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SPECIAL ROOM RATES: \$19.00 to \$27.00 Single; \$24.00 to \$32.00 Double.

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January 25, 26, 27, 1974

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## 1974 CLINIC FEATURES

- DEMONSTRATION TYPE LECTURES BY LEADING EXPERTS
- GRADUATE CREDIT AVAILABLE FOR CLINIC REGISTRANTS  
(contact clinic director for further information)
- CLINIC SYLLABUS FOR EVERY REGISTRANT
- FILMS

- TRACK AND FIELD BOOKS, PERIODICALS, AND OTHER COACHING AIDS
- FREE SOCIAL HOUR
- LOW PRE-REGISTRATION- \$17.00 (After January 15, 1974 - \$22.00)

## - CLINIC STAFF -



**ANTHONY PERRONE**  
Track Coach, Archbishop Malloy HS, Jamaica, N.Y.  
Ranked No. 1 in N Y indoor & outdoor track 72-73. Team has won over 1500 medals per yr. for last 5 yrs.



**DR. BERT LYLE**  
Track Coach, Texas Women's U., Denton. 5 times women's National Collegiate track champions.



**TOM TELLIZ**  
Track Coach, UCLA Field Coach for NCAA Champions



**MAX ARMER**  
Track & Cross Country Coach, Lyons Twp. HS, LaGrange, Ill. State CC Champs twice. Co - State Track Champs twice.



**BILL DELLINGER**  
Track Coach, U. of Oregon, Oregon, Dicks, Portland

**GEORGE HOLLIDAY**  
Track Coach, Lincoln HS, ILL. State Co-Champs 1973

**ROD WHITE**  
Track Coach, Centralia HS, Illinois.

**FRED WILT**  
Outstanding track author and lecturer

**DICK STICKLE**  
Track Coach, Nampa HS, Idaho.

**RON ALLICE**  
Track & CC Coach, Calif. St. U., Long Beach. 6th NCAA College Division.

**BILL TOOMEY**  
Track & CC Coach, U. of Calif., Irvine. Decathlon Champion.

**CLIFF ABEL**  
Track Coach, Calif. St. U..

**DR. HARMON BROWN**  
Track Coach, Calif. St. U. Hayward.



**BOB LAWSON**  
Track Coach, U. of Wisconsin-Parkside. NAIA District 14 Coach of Year. 18 Yrs. a college coach.



**JOE NEWTON**  
Track & CC Coach, York HS, Elmhurst, Ill. Lost only 1 home CC Meet in 13 yrs. 5 State titles. Won 90% of all dual meets.



**JERRY DORN**  
Track Coach, McClane HS, Fresno, Calif.



**SIDNEY MILLER**  
Track & CC Coach, Chicago State U. 1st yr. as College Coach after successful HS coaching career.



**JAN JOHNSON**



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**BILL DELLINGER**  
Track Coach, U. of Oregon, Olympic Distance Runner.



**BILL BOWERMAN**  
Track Coach, U. of Oregon. 1972 Olympic Coach.



**SPIKE DIXON**  
Head Trainer, Indiana University



**PHIL DELAVAN**  
Track & Cross Country Coach, Kansas St. Teachers College, Emporia, Kan. Coached 13 All-Americans. Field Coach for 68 & 72 Olympic training camps.

**ROD WHITE**  
Track Coach, Centralia HS, Illinois.

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Track & CC Coach, U. of Calif., Irvine. Decathlon Champion.

**CLIFF ABEL**  
Track Coach, Calif. St. U., Northridge. 9th NCAA College Division.

**FORTUNE GORDIEN**  
Track Coach, San Bernardino Valley JC. Discus World Record Holder.

**DON SAWYER**  
Track Coach, Calif. St. U., Hayward. Coached 4 All-Americans.

**DICK TOMLINSON**  
Track Coach, El Camino College, Torrance, Calif. Coach of Steve Smith-World Pole Vault record holder.

**BILL PRICE**  
Track Coach, Norfolk St. College, Va. Champion NCAA College Division.

**BOB LAWSON**  
Track Coach, U. of Wisconsin-Parkside. NAIA District 14 Coach of Year. 18 Yrs. a college coach.



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**JAN JOHNSON**  
All-American, Alabama U. 1972 Olympic Bronze Medal Winner.



**MIKE GOODRICH**  
Track & CC Coach, E. St. Louis HS, Ill. Drake Relay record holders: 100 yd. dash. 4 time NCAA All-American. Outstanding sprinter of the yr.



**OSCAR MOORE**  
Track Coach, Glassboro St. College, N.J. 7 times All-American.

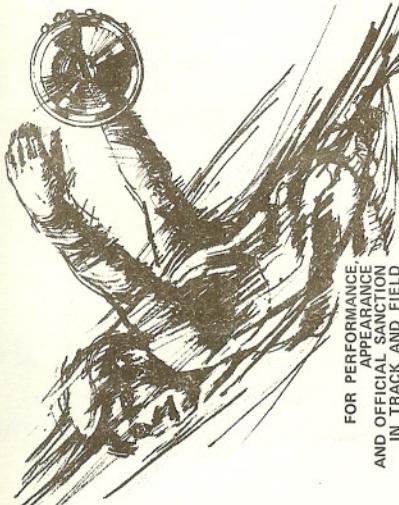


**MEL BRODT**  
Track & CC Coach, Bowling Green St. U. President of U.S. Track Coaches Assoc. In top ten NCAA CC last 4 year 7 major track team champions in last 11 yrs.



## GILL NATIONAL TRACK CLINIC

419 South Vail  
Arlington Heights, Illinois 60005



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TEAM REPRESENTATIVES.

Men and Women  
Track and Cross Country Coaches

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**January 18, 19, 20, 1974**

FRIDAY - SATURDAY - SUNDAY

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## CLINIC DIRECTORS



**JOE RODRIGUEZ**  
TRACK COACH, LINCOLNWAY HS  
NEW LENOX, ILL.



**JIM SANTOS**  
TRACK COACH  
CALIF. ST.U. HAYWARD, CALIF.

# Featuring A CLINIC PROGRAM OF:

## ILLINOIS CLINIC

### FRIDAY, JANUARY 25

7:00 AM . . . . . Registration  
9:00 AM . . . . . Bob Lawson - "Coaching the Hurdles"  
10:30 AM . . . . . Bill Bowerman - "The Evolution of Coaching Track the Last 30 yrs."  
1:00 PM . . . . . Max Armer - "The Development of a High School Championship Program."  
2:30 PM . . . . . Phil Delevan - "Coaching the Shot"  
4:00 PM . . . . . Anthony Perrone - "Organization & Coaching of the Largest High School Track Program in the Nation."  
7:00 PM . . . . . Mike Goodrich - "Sprints & Starts."  
8:30 PM . . . . . Joe Newton - "The Development of the Top Cross-Country Program in the U.S."

### SATURDAY, JANUARY 26

8:30 AM . . . . . Registration  
9:00 AM . . . . . Mel Brodt - "Common Sense Approach to Coaching Track"  
10:30 AM . . . . . Wayne "Spike" Dickson - "Prevention & Care of Injuries in C/C & Track"  
1:00 PM . . . . . Oscar Moore - "The Transition from a Runner to a Coach."  
2:30 PM . . . . . George Holliday - "Building a Winning Track Program Under Limited Conditions."  
4:00 PM . . . . . Rod White - "A Realistic Approach in the Development of a Distance Program."

### Special Women's Program

10:00 AM . . . . . Dr. Bert Lyle - "Developing The Female Sprinter" "Relay Philosophy"  
1:45 PM . . . . . Dr. Bert Lyle - "Implementing A Girls Track & Field Program"  
7:30 PM . . . . . Sidney Miller - "Long & Triple Jumps"  
8:30 PM . . . . . Free Social Hour

### SUNDAY, JANUARY 27

9:30 AM - 12:00 . . . . . Jan Johnson - All American - Alabama Univ.: 3rd-1972 Olympics  
"ABC'S of Pole Vaulting"

## CALIFORNIA CLINIC

### FRIDAY, JANUARY 18

1:00 PM . . . . . Registration  
2:00 PM . . . . . Jerry Dorn - "Promoting the Dual Track and Field Meet"  
3:15 PM . . . . . Dick Stickle - "Methods of Teaching the Fosbury Flop"  
6:30 PM . . . . . Ron Allice - "Training and Strategy for the 880 and Mile Runs."  
8:00 PM . . . . . Bill Toomey - "Promoting and Developing Decathlon Competition."  
9:15 PM . . . . . Cliff Abel - "Development of the Prep Hurdler."  
10:15 PM . . . . . Free Social Hour

### SATURDAY, JANUARY 19

8:30 AM . . . . . Registration  
9:00 AM . . . . . Dr. Harmon Brown - "Progressions of Teaching the Javelin"  
10:00 AM . . . . . Bill Dellinger - "The Oregon Method of Training."  
12:30 PM . . . . . Bill Price - "Starts and Relay Techniques"  
1:45 PM . . . . . Tom Telliz - "Triple Jump Progression and Drill Execution."  
3:15 PM . . . . . Fortune Gordien - "Explosive Techniques for the Discus."

### Special Women's Program

10:00 AM . . . . . Dr. Bert Lyle - "Developing the Female Sprinter" "Relay Philosophy"  
1:45 PM . . . . . Dr. Bert Lyle - "Implementing A Girls Track & Field Program"

### Saturday Evening

Sunkist Invitational Indoor Track and Field Meet Los Angeles Sports Arena

### SUNDAY, JANUARY 20

9:00 AM . . . . . Joe Rodrigues - "Promoting a Meaningful Cross-Country Program."  
10:15 AM . . . . . Dick Tomlinson - "The Pole Vault."  
11:30 AM . . . . . Don Sawyer - "Developing Explosive Power in the Shot Put"

Men and Women  
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by those who care.



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