

JC TRACK & FIELD

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FOUR NATIONAL JC RECORDS IN DANGER DURING 1974 TRACK CAMPAIGN * OUTDOOR LIST #1

National JC records for both the 440 and 880 yard runs could well be wiped out of the books this season. And the obliteration of the high jump and shot put marks seem only a formality.

Reason for the latter statement is that world high jump record holder Dwight Stones (7-6 5/8) has enrolled at Glendale College, while all-time teenage shot put record holder Ron Semkiw (68-9) is attending Mesa (Ariz.) Community College.

The 68-9 by Semkiw is actually an all-time JC best--since he was representing Mesa when he made the effort at the San Francisco Examiner Games (as well as an earlier 67-3 at the Los Angeles Sunkist Games). But since both marks came indoors, Semkiw will have to wait for the outdoor season to officially top Spike Walker's 62-1 throw for Spokane Falls (Wash.) in 1971.

Stones made his leap for a world standard in Munich last summer before enrolling at Glendale--and represented the Pacific Coast Club during the indoor season where he quickly set an American indoor standard of 7-1/4.

The JC record of 7-1 1/2 by Ed Caruthers of Santa Ana in 1965 is expected to go quickly during the outdoor campaign--as soon as Stones resolves an incomplete fall grade.

State JC 440 champ Karl Farmer of Los Angeles Southwest and 880 king James Robinson of Laney toured Europe and Russia last summer as members of the U.S. Junior National Team following outstanding frosh seasons.

Farmer ran 45.8 in the National AAU championships to equal Lee Evans' all-time/best (for San Jose CC in 1966) and share the eighth best time in the world last season. He expects to eclipse Evans' official 46.1 record during the JC outdoor season.

Same goes for Robinson, who ran 1:49.1 during the 1973 campaign, only a half second off Ran Van Asten's 1:48.6 standard for Mt. San Antonio in 1962.

Both Farmer and Robinson impressed during the early indoor campaign, anchoring their teams to relay wins at the Sunkist and S.F. Examiner meets, respectively. Farmer also ran 1:11.8 in the 600. Robinson set an American 600 meter record (1:18.8) at Oakland.

All four of the aforementioned athletes are sophomores. Stones, the Olympic bronze medalist, transferred from UCLA and Semkiw from Arizona State.

1974 U.S. JC/COMMUNITY COLLEGE TRACK & FIELD BEST MARKS (Outdoors) - 1974 List No. 1

Following the heading for each event, the all-time JC best prior to the 1974 season is noted in parentheses. If the recognized National JC Record differs from the all-time best, recognized record is the second mark listed in parentheses.

JC TRACK & FIELD's U.S. reporting standards are listed at the far right of each heading. Please report ALL performances meeting these standards, even if athlete or team has posted a better mark earlier. All marks should include opponent, date, and site of meet--PLEASE. ALL 100, 220, HH, LJ, TJ marks MUST have WIND conditions noted ("ok" or "w" if no gauge reading). wd indicates no wind data has yet been furnished. n = non-winning time. w = wind-aided

<u>100 (9.2, 9.3) rep. stand.: 9.7</u>	<u>440 (45.3, 46.1) rep. stand.: 49.0</u>	<u>440 RELAY (40.4) report, 42.5</u>
9.5w George Proctor, Odessa, TX	48.5 Julius Fletcher, Mesa, AZ	41.7 MESA, AZ
9.7wd John McCollum, Mesa, AZ	48.6 Carl Sagon, Santa Rosa	41.8 ODESSA, TX (Johnson, Fray, Proctor, Martin)
9.7wd Deveryle Jones, West LA	48.8 Albert Shorts, Long Beach	41.9 LANEY (Horton, Bartholomew, Clark, Watkins)
9.7w Antonio Watkins, Laney	48.8n Bruce Smiley, Long Beach	42.2 WEST LA
<u>220 (20.6) rep. standard: 21.9</u>	<u>380 (1:48.3, 1:48.6) stand: 1:55.5</u>	42.2 SAN JOSE CC
21.3wd Carl Sagon, Santa Rosa	1:52.8 James Robinson, Laney	42.3n CHABOT
21.6wd Julius Fletcher, Mesa, AZ	1:54.6r John Blair, Grossmont	42.4 LA HARBOR
21.7wd Jeff Leeds, LA Valley	1:55.0 Bruce Hellebrand, Moorpark	42.5 LA VALLEY
21.8n wd Chas. Nash, LA Valley	1:55.5 George Manriquez, S. Jose	<u>880 RELAY (1:24.1) 1:29.5</u>
21.8w Mike Fray, Odessa, TX	<u>3 Mile (13:39.2) report: 14:45</u>	1:28.4 WEST LA (Johnson, Bush, Ludlow, Jones)
21.9 Don Livers, San Jose	14:32.6 Jer. Alexander, LA Valley	1:28.6 LONG BEACH (Jenkins, McGriff, Shorts, Smiley)
21.9n wd Greg Grove, LA Valley	14:33.2 Joe Taxiera, Laney	1:29.5n LA PIERCE
21.9n Darrell Craven, S. Jose	14:39.0 Steve Walsh, El Camino	
21.9wd Don Royston, Monterey	14:45.0 Cliff Morden, LA Valley	

State denoted by zip code abbreviation except California.

Mile (3:56.1) rep. stand.: 4:19
 4:10.7 Mike Avrea, El Camino
 4:13.3 Bruce Hellebrand, Moorpark
 4:15.9 Hal Marshall, El Camino
 4:19.9n Steve Koenig, Mt. SAC

4:17.0 Gary Sanchez, San Jose
 4:17.5 Jerry Alexander, LA Valley
 4:17.6n Ted Quintana, Chabot
 4:18.3 James Robinson, Laney
 4:18.8 Fred Espinoza, Glen, AZ

2 Mile (8:47.0, 8:52.4) 9:30
 9:15.2n Bernard Rose, Odessa, TX
 9:17.3 Ted Quintana, Chabot
 9:19.0 Cliff Morden, LA Valley
 9:20.3 Mike Avrea, El Camino
 9:23.0 Bruce Hellebrand, Moorpark
 9:25.4 Sweeney, Marin
 9:27.4 Joe Taxiera, Laney
 9:27.4 Pat Alvarez, Mesa, AZ
 9:28.0 Jim Hartig, Fresno

6 Mile (28:54.4n) report: ALL
 30:00.6 Jim Hartig, Fresno

3000m Steeple (8:57.8) rep: ALL
 9:14.0 Fred Espinoza, Glen, AZ
 10:10.2 Martinez, Southwestern

120 IH (13.4, 13.5) report: 14.7
 14.4w Bart Pierce, Skyline
 14.4wn Ike Allmond, Skyline
 14.5wd Derek Ligons, Chabot
 14.7wd John Foster, Foothill
 14.8wn Tom Swartzell, Skyline
 14.8wd Dwight Owens, Mt. SAC

440 IH (50.2, 51.2) report: 55.3
 54.2 Jim Wyatt, Skyline
 55.0 Smith, LAPierce
 55.1 Paul Nelson, Citrus
 55.2 Rich Roesky, De Anza

High Jump (7-1 1/2) report: 6-6 1/2
 7-0 Dwight Stones, Glendale
 6-10 1/2 Kerry Elders, Fresno
 6-10 Eddie Williams, Mesa, ZA
 6-8 1/2 Tony Madau, Fullerton
 6-8 Rick Moore, Long Beach
 6-8 Terry Gardner, Long Beach
 6-7 3/4 Steve Miller, Mt. SAC
 6-7 1/2 Doug Baldwin, Grossmont
 6-6 3/4 Buddy Kring, Hancock
 6-6 1/2 Rick Reltveld, Glendale

Pole Vault (16-11, 16-8) 14-6 1/2
 15-0 Bob Flint, Fresno
 14-9 Doug Phillips, Diablo
 14-7 Kevin Meyers, Mesa, AZ

Long Jump (26-5, 26-2 3/4) 23-0
 24-1 1/2wd Carlton Shaw, Foothill
 23-9wd Ed Banks, Mesa, AZ
 23-5wd Mark Gibbons, Fresno
 23-3 1/2w Mike Gilmore, Skyline
 23-2 3/4wd Allan Hollis, WestLA
 23-2 1/2wd Dan Carter, El Camino
 23-1 Cecil Overstreet, S. Jose
 23-1w Turek, Fullerton
 23-0wd Bob Lucas, Grossmont

Triple Jump (52-4 1/2, 52-0) 46-3
 48-1wd Smith, Southwestern
 47-10wd Andre Carpenter, Mesa, AZ
 47-8wd Rod Blakeney, Monterey
 47-1 1/2wd Mike Lax, West LA
 47-1 1/2wd Allen Goodlow, Laney
 47- 1/2wd Mike Harris, S. Jose
 47-0wd Clint Herrell, SJDelta
 46-10 1/2wd Jim Triplett, W. Valley
 46-9wd Thurmond Wells, CCSE

Shot Put (62-1) report: 50-0
 54-11 1/2 Bruce Adams, SD Mesa
 53-5 Flox, Mt. SAC
 52-10 1/2 Steve Parisen, Pierce
 52-6 John Nomis, Pierce
 52-5 Mike Weeks, Mesa, AZ
 52-2 1/2 Glen Klein, Cerritos
 51-8 3/4 Cotton, Palomar
 50-11 Bob Rule, SD Mesa
 50-9 Moretti, Fullerton
 50-6 Albright, Glendale
 50-5 3/4 Reed, Bakersfield
 50-5 John Baxter, LA Harbor
 50-5 Ed Perkins, Glendale, AZ
 50- 1/2 Lon Sisemore, San Jose

Discus (191-2, 187-5) rep: 150
 165-10 Mark Murray, Fullerton
 161-11 Mike Weeks, Mesa, AZ
 161-10 Jay Pushkin, Foothill
 159-7 Lon Sisemore, San Jose
 157-11 Mike Weeks, Mesa, AZ
 156-0 Allen, De Anza
 154-10 Ed Perkins, Glendale, AZ
 154-3 Groover, West Valley

Javelin (278-0) report: 195
 214-9 Ed Williams, Mesa, AZ
 210-2 Tony Ciarelli, Or. Coast
 209-10 Mike Spoolstra, Cerritos
 207-5 Steve Jarvis, Citrus
 203-2 Jackson, Palomar
 197-9 Kirk Shearer, SD Mesa
 195-4 David Nugent, Chaffey

Hammer (187-11)
 Report all marks.

MILE RELAY (3:08.2) 3:22.0
 3:17.4 BAKERSFIELD (Durham, Myers, Bell, Boen)
 3:19.3 LA SOUTHWEST
 3:19.4n L A PIERCE
 3:19.5n PASADENA CC
 3:19.6n L A HARBOR
 3:20.5 LANEY
 3:21.1n L A VALLEY
 3:22.0 MESA, AZ
 3:22.0 MT. SAN ANTONIO

TWO MILE RELAY (7:29.4) 8:05
 7:49.6 L A PIERCE (Smith, Rudloff, Wolf, LaGorio)
 7:50.6n BAKERSFIELD
 7:53.0n EL CAMINO
 7:59.6 SAN JOSE CC

FOUR MILE RELAY (17:00.4) 18:30
 18:15.4 L A HARBOR
 CHABOT (Luschar, Flynn, Quintana, Moreno)
 18:27.8n LOS ANGELES CC
 18:29.4 FULLERTON
 18:30.4n CERRITOS

SPT. MEDLEY (3:19.7, 3:22.8)
 3:30.4 GROSSMONT (Blair, 1:54.6)
 3:30.8n CHAFFEY
 3:33.6 LANEY
 3:34.0 SANTA ROSA

DIST. MEDLEY (9:51.0) 10:40
 10:15.8 CHABOT (Hazelwood 50.6, Luschar 1:58.8, Flynn 3:07.4, Quintana 4:20.0)
 10:16.8 SAN JOSE (Castro 51.3, Pick 1:56.7, Ferrell 3:10, Sanchez 4:18.7)
 10:22.4 LOS ANGELES CC
 10:24.0 L A VALLEY
 10:25.0n L A PIERCE
 10:29.6 MOORPARK
 10:33.6 CERRITOS
 10:33.6 WEST VALLEY

480 Hi-Lo Shuttle (53.7) 59.5
 58.0 GROSSMONT (Dries, Davis, Hallman, Richardson)
 59.4n CHAFFEY
 59.4 FOOHILL
 59.5 CITRUS

480 All-Hi Shuttle (59.1) 64.5
 62.0 CHABOT (Barnes, Critelli, Andrews, Ligons)
 63.2 L A HARBOR
 63.6n EAST LA
 64.3 SANTA BARBARA CC

PLEASE SEND: Rosters (with year in college) & Schedules; Full Results of All Meets.

UPCOMING MAJOR CALIFORNIA MEETS: March 22--Santa Barbara Relays; March 29--Coast Conf. Relays at Skyline; April 6--Hancock Relays at Santa Maria; April 8-9--CNC Decath. at De Anza.

NOTE: We need athlete birthdates--to determine eligibility for Jr. teams, lists & records. Report INDOOR SEASON bests (including dates/sites) for upcoming indoor season final list.