

# THE San Jose CINDER CENTER Report

VOLUME II, NUMBER IV

MARCH 25, '74

written, edited, published, and produced by John Fuller, SJSU Track Publicist - Mgr.  
Including 106-47 trouncing of Long Beach State:

## SAN JOSE STATE CINDERMEN START SEASON 5-1; JUMPERS AND DISTANCEMEN SHINE

Starting as fast as they did last season, the San Jose State University Spartans finished competition in the windy month with a solid 5-1 record, defeating several strong squads along the way. Many 1974 performers were outstanding in early season contention against their opponents, and most notably, the jumpers and coach Don Riggs' distance runners, both of whom have progressed far better than anticipated.

Beginning with a home meet clash with relatively weak San Francisco State University and Hayward State University teams on March 2, San Jose polished off the two quite handily with an easy 89-29-20 triangular meet victory. The confrontation was highlighted by the 9.6 100 of freshman Ron Whitaker, Vince Breddell's 21.4 220, a 53.4 intermediates victory by Lloyd Kaster, a quick 4:11.5 life-time best effort in the mile by Marc Genet, and a strong life-time best performance by Dan Gruber in the three mile (14:14.8). All of the jumping events were cancelled due to inclement weather.

### Set for May 4:

#### INVITATIONAL LURES WORLD-CLASSERS

Through the hard work of the 1974 Games Committee, this year's San Jose National Invitational Track meet has lured many world class athletes and looks to be one of the biggest and brightest track invitationals of the year in the United States. The meet is set for May 4.

Up through the end of March, AL FEUERBACH, who set the world record in the shotput (71'7") in last year's Invitational, and JOHN POWELL, a 1972 discus Olympian who threw the platter 218'7" in lane two last season, have both made concrete promises to appear in the '74 Invitational as well. To battle Feuerbach for the shotput crown, RON SEMKIW, the greatest teen shotputter in history with a world class 70'2" effort, has made his intention to appear also.

The weight events are not the only strong area. MARC GENET, the San Jose State sophomore three-miler who shattered the Bud Winter Field record with his 13:41.8 clocking this season, and MARK SCHILLING, the Bud Winter Field recordholder in the mile from San Jose State who has recorded a world class 3:58.6 mile, will both appear in the distance events. In addition, a surprise personality, a world-class three-miler, will also enter shortly, so be on the watch for that.

The women have also submitted some entries. FRANCIE LARRIEU, who clocked a quick 2:08.9 half-mile in the women's 880 last year, and CINDY POOR, the 1973 AAU Women's California Cross-Country Champ, will both enter as top stars.

The high jump brings together REYNALDO BROWN, a 1968 U.S. Olympian in the event, and DWIGHT STONES, the world-recordholder at 7'6 3/4", will compete head to (please turn to page 3, column 1 ...)

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In the opening dual meet of the season, the Stanford University Cardinals invaded Bud Winter Field and were shot down by the men in gold n' blue 84-61 in a meet that was one of the best opening dual meets in SJSU history. Although several sprint marks were slow, the jumpers and distance runners took over where the speedsters left off and walloped Stanford themselves. The jumpers alone amassed a 26-10 victory over their adversaries. Jack Van Kirk put in an honor roll 15'6" pole vault for a victory, while Chuck Mackay, competing unattached, (please turn to page 2, column 1 ...)

#### NINE SPARTANS QUALIFY FOR HONOR ROLL

The 1974 season was off with a bang by the end of March, and some competitors did as well, as nine different Spartans qualified for a place on the 1974 honor rolls for track.

Leading the pack with an incredible double was Marc Genet, who recorded bests of 8:51.0 in the two-mile (3rd in history) and 13:41.8 in the three-mile (2nd in history). Both marks were the best recorded by a distance runner in 10 years. Rudi Krause put in the 5th greatest steeplechase effort with his 9:07.4 in the event, while both Lloyd Kaster (52.1) and Will Fields (53.3) qualified in the intermediates in the 6th and 10th slots respectively. The (please turn to page 3, column 2 ...)

SPARTANS RECORD FIFTH VICTORY WITH TRIUMPH OVER COLORADO

took the high jump in 6'8". The harriers were not to be outdone, however, and turned in several honor roll performances themselves. Rudi Krause ran to a 9:07.4 st eplechase tapebreaker, while sophomore sensation Marc Genet clicked off the fastest two-mile since 1964 with an 8:51.0 clocking. Dan Gruber added an outstanding 9:00.8 effort for third. In the intermediates, senior Lloyd Kaster ran to an honor roll life-time best 52.1, but fell prey to Stanford's Matt Hogsett who ran to first in 51.7. Will Fields also turned in an honor roll effort at 53.3 while placing fourth in the incredibly quick early season race. In the field events, Dennis Garrity threw the javelin 213'3" for second as Dave Gherardi threw a life-time best 160'6" in the discus.

The next meet was an unusual Sunday encounter with Long Beach State and UCLA in Drake Stadium, the home of the talented Bruins. Minus the abilities of Ron Whitaker (injured leg), Dan Ripley (hamstring), Frank Mercer (ill), and a strong weight corp, San Jose still managed to annihilate Long Beach 106-47 while falling to UCLA 87-57 despite many outstanding Spartan performances. SJSU came through with a 43-38 victory over the Bruins on the track, and was lead in the sprints by Vince Breddell's 9.6 100 and 21.5 half-lap, Bobby Hamilton's season's best 21.6 in the 220, Spivey Conwill's 48.1 life-time best effort in the quarter-mile, and the 40.7 quartet performance of McBee-Sprink-Hamilton-Breddell in the sprint relay. The distance events weren't much slower. Chris Giannoulas turned in a life-time best 1:51.2 in the half-mile, while Mark Schilling, making his 1974 mile debut for San Jose, blazed to a 4:05.0 4-lap victory. The hurdles opened up a 17-1 bulge over the Bruins with victories by Greg Tinnin (14.0 HH) and Lloyd Kaster (52.8 IH), and second place finishes by Bruce Leek (14.4 HH) and Will Fields (54.5 IH), while the jumpers were no less than incredible. Louie Wright recorded the best long jump by an SJSU performer since 1969 with his 25'7" jump; Curtis Davis exploded to a life-time best 24'7 1/4" catapult; Ron Livers ripped the best triple jump by a Spartan since 1965 with his 51'11 1/4" tri-stepper; and Jack Van Kirk tied his life-time best 15'6" for second.

San Jose introduced Colorado University to their home campus for the first time March 22, and then uncordially beat them on the 23rd with a hard fought 87-58

victory. No specific area but the sprints were overpowering of the Buffaloes, who had opened their outdoor schedule with this encounter. Vince Breddell recorded a 9.6 100 and a season's best 21.2 in the 220, while Bobby Hamilton sped to an identical 9.6 with Breddell. Both relay squads won their races with times of 41.2 in the sprint and 3:17.5 in the mile. The big story once again was the running of the dynamic distance trio of Mark Schilling, Marc Genet, and Dan Gruber, who combined to race for 10 points in the mile and three mile contests. Schilling ran to victory in the mile (4:04.3), while Genet controlled the three mile with a Bud Winter Field record 13:41.8, the quickest SJSU three-mile in ten years. Gruber sped to a life-time best 14:10.4. In the field events, Curtis Davis placed second with a life-time best 24'8 1/2", while Jack Van Kirk recorded an upset victory in the pole vault with an honor roll jump 16'0". Sophomore Dave Gherardi finished first in the shotput with an honor roll life-time best 54'6 3/4", while Dennis Garrity picked up the victory in the javelin with a season's best 218'4".

Coming up within the next month will be more great home and away track competition for San Jose State. April 6, Washington State University will bring their top-notch distance runners to Bud Winter Field to contest the running of Schilling, Genet, Gruber, and Company. The next week, April 13, SJSU entertains both Idaho State University and Occidental College in a double dual meet. ISU brings back Carl Lawson, a 9.3 sprinter, to compete with Breddell, Hamilton, and Whitaker, and essentially the same team San Jose beat 96-47 last year.

The following week, April 20, the Spartans will travel to UC Irvine in what may prove to be a tough encounter. The dual meet season concludes the next week against the University of Washington in Seattle. UW is improved over last year's team which was just nipped 73-72 by San Jose, and the meet will also shape up as a close duel.

Whatever the outcome, if the first month is any indication of things to come, watch for more outstanding performances all around.

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SAN JOSE NATIONAL INVITATIONAL

Saturday, May 4 9:30 a.m.  
Bud Winter Field

TICKETS AVAILABLE NOW IN THE ATHLETIC DEPARTMENT at SJSU

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head in the highflyers jumping action.

These are just a few of the greats that will be there. Tickets, now available at various San Jose businesses and at the San Jose State athletic department office, are being offered for \$4.00 for a pre-meet reserved ticket, a \$1.00 discount off the price of a regular \$5.00 reserved seat ducat. The San Jose Parks and Recreation Department is now in the process of readying an additional 2500 aluminum seats, but there is limited supply of these reserved seats available. Call (408) 277-3242 for any further questions you may have.

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Team Spotlights:

WHITAKER TO RETURN AGAINST WSU

RON WHITAKER, out since the Small College confrontation (March 2) when he pulled a leg muscle in the 100, will return to action April 6 against Washington State University. He had already recorded 9.6 in the 100, and will compete in the century as well as the sprint relay.

DAN RIPLEY, out of contention all season due to a hamstring injury, may debut against WSU April 6. Ripley, the 1973 JC State Champion in the pole vault, has an impressive 16'1 1/2" life-time best to his credit.

RON LIVERS, ailed by a sore back which hampered his practice schedule, shook it off to jump his incredible 51' 11 1/4" triple jump against UCLA in Westwood, March 17. Livers is a freshman, and younger brother to sprint mentor Larry Livers.

Life-time bests have proliferated throughout the Spartan line-up this season. Below is a complete list and a comment on the 19 performers who have attained their personal goal so far this season:

SPIVEY CONWILL - 48.1 in the 440 against UCLA, erasing his old 48.2 mark

BRUCE LEEK - tied his LTB in the highs with a quick 14.4 vs. UCLA

LLOYD KASTER - an impressive 52.1 in the intermediates against Stanford, erasing his old LTB by one full second

CHRIS GIANNOULAS - a fast 1:51.2 880 vs. UCLA, removing his previous 1:52.0

GORDON MacMITCHELL - a new 4:11.2 in the mile vs. UCLA, overriding his old 4:15

GROVER PROWELL - three-mile LTB by over 22 seconds with a 14:31.0 effort against Stanford

(please turn to page 5, column 1)

1. Nicknames have developed about several track and field performers since their careers began at San Jose State. Identify the performers listed below by their nicknames:

- "The Golden Greek"      "Super Jew"
- "Cheif"                      "The Golden Eagle"
- "The Dutz"                  "The Spartan Firebird"
- "Mac" (there's two)

2. Who holds the SJSU school record in the 440, and what is the mark?

3. One Bud Winter Field record was set in competition so far this year. What was it, who did it, and what was the mark?

4. When UCLA beat San Jose State earlier this season, a string of consecutive dual meet victories was broken. How many?

answers on page 5 .....

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HONOR ROLLEES KEEP ON ROLLING

440 relay team of Ike McBee, Tom Sprink, Bobby Hamilton, and Vince Breddell was no less respectful with a tenth place in history with their 40.7 combined clocking.

In the field events, Louie Wright ripped to third on the list in the long jump (25'7"), while another jumper, frosh Ron Livers put it together in the triple jump for a second place with immortality (51'11 1/4"). Jack Van Kirk moved up on the rolls by increasing his life-time best to 16'0", good for eighth, and Dave Gherardi, SJSU's lone double weight man, increased his life-time to 54'6 3/4" for a seventh place spot.

The honor rolls for track were designed as a record-keeping measure of the greatest efforts by San Jose State performers in the school's history of track, which dates back into the 1920's. The top spot is the school record in the event, and so on down through nine other top performances to SJSU individuals.

Genet, Krause, and Gherardi are sophomores; Fields is a junior; and Kaster, Wright, and Van Kirk are seniors.

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UPCOMING DATES

- April 3 Games Committee meeting\*
- April 6 SJSU hosts Washington State Univ
- April 13 SJSU hosts Idaho State/Occidenta
- April 20 SJSU travels to UC Irvine
- April 26 Reserved ticket deadline (Invit.
- April 27 SJSU travels to Washington Univ
- May 4th San Jose National Invitational

\*Wally Burr's home, 7:30 p.m.

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Below is a word puzzle with the names of all the 1974 San Jose State University track performers, including all five coaches and the publicist-manager listed in some way within its maze-like structure. The puzzle was designed for use in the Cinder Center Report by Ray Morrison, a 1974 graduate of the SJSU Journalism Department who covered track for the campus newspaper in 1973. Try and find the greatest number of names possible; they will run up, down, sideways, at a diagonal, and both forward and backwards in those four categories. So that's eight ways to find names. Have a good time - and good luck !!

C A S T A N E D A Z S B M V R E N R E W U E S L E S U A R K  
 Y R G M Z E G H G I R R C Q O C K T E H F P I F E X K R L P  
 A H A M I L T O N D E E C I U K R I K N A V Z K T R A U T S  
 R T D W X L U Y L R C D A T B Y H D P X E Q T X L M H V L M  
 G O K V F B U L L A R D N S L S A Q V R W Z U W A A D M L A  
 T H R M F O P B E R E E D U I I S W S B A K D H V C Q J E I  
 T I H R R D R K E E M L L T C H D Z A K R W R J Q M Z F W L  
 H C D U I W B D K H P L E T K A L W M N C J P A I I W U O L  
 E K Q B G S L Y A G D R S O F N O S W H O J D R L T N L R I  
 W O Z R N J L D R F O E S N X I N B A I O C C H I C C L P W  
 S X W J I V I E E U G L O T P G Y S N I K P O H D H U E Y B  
 I R E K L A W P C L Y S X C S E E H A Y V C O W T E S R N G  
 E F N E L Y N S V L R S W Z I R R E U L I T O B C L V R H E  
 Z I L E I A C O I E M E H U E A U E R I U L G N Z L L O I N  
 T E C B H K C K T R E K A F Y L R H B V O O L B G P A B E E  
 A L S C C C A S O W P W J L E A E A J E S G N E N I N N I T  
 M D L M S A A I S J Q B R K L D T N T R E B E N W I D J Z A  
 R S A Y I M Y V M T K N I R P S S N Y S M L Y D A O F Y X Y  
 A F Y T I R R A G I S A L D I V A R G G R U B E R I H G F E  
 H T U R R A C D W R I G H T R E K A T I H W M R U S G G I R

A letter may be used more than once, and in a few instances, as many as four times. The complete roster used to prepare this puzzle appears below:

- |            |           |             |                      |
|------------|-----------|-------------|----------------------|
| BREDELL    | GRUBER    | MERCER      | Coaches:             |
| BAIOCCHI   | GENET     | McCANDLESS  | BULLARD              |
| BENDER     | GHERARDI  | MacMITCHELL | RIGGS                |
| CONWILL    | HUEY      | PROWELL     | LIVERS               |
| CARRUTH    | HOPKINS   | RIPLEY      | ZILE                 |
| CASTANEDA  | HURST     | REYNOLDS    | HOWELL               |
| CLARK      | HARMATZ   | ROUBLICK    | Publicist/Mgr:       |
| CRAWFORD   | HAMILTON  | SALDIVAR    | J FULLER             |
| CONGI      | HANIGER   | SPRINK      |                      |
| CONAWAY    | HICKOX    | SUTTON      |                      |
| DUTZI      | JOHNSON   | SCHILLING   | Out of 65 possible,  |
| DeVOE      | KESSLER   | STUART      | even a newcomer      |
| DelREAL    | KRAUSE    | SHEEHAN     | should be able to    |
| DAVIS      | KASTER    | TINNIN      | pick off at least    |
| EBERT      | LEEK      | VAN KIRK    | 10 of them.          |
| FIELDS     | LIVERS    | WRIGHT      |                      |
| FULLER     | MACKAY    | WALKER      | 11-30 good           |
| GARRITY    | MASTERSON | WERNER      | 31-49 very good      |
| GRAY       | McBEE     | WHITAKER    | 50-59 excellent      |
| GIANNOULAS |           | WILLIAMS    | 60-65 bettern' great |

MIKE HANIGER - Spartan redshirt who ran to a fast 1:52.6 half-mile against Stanford, blasting his previous best by 2.5 seconds and ripped his mile best by 8.5 seconds vs. Hayward with a quick 4:12.2

MARC GENET - three LTB's, two of them honor roll efforts; first the mile in 4:11.5 vs. Hayward (old 4:13.0), a second in the two-mile vs. Stanford in 8:51.0 (old 8:53.0), and the third, an incredible 13:41.8 in the three-mile against Colorado (old 13:59.0)

STEVE FULLER - three-mile best by 32 seconds in a 15:34.1 mark vs. Stanford

RUDI KRAUSE - an honor roll 9:07.4 in the steeplechase vs. Stanford

LOUIE WRIGHT - an honor roll 25'7" in the long jump vs. UCLA, a new mark by 5 1/2"

CURTIS DAVIS - 24'8 1/4" long jump effort against Colorado, removing his previous 24'6" best

RON LIVERS - honor roll 51'11 1/2" triple jump against UCLA, erasing an old LTB of 51'7 1/2"

JACK VAN KIRK - an honor roll 16'0" in the pole vault vs. Colorado, surpassing his previous best by 6"

DAVE GHERARDI - a double with an honor roll 54'6 3/4" effort in the shotput vs. Colorado (old 54'0 1/2"), and a new 160'8" in the discus against Stanford, picking apart an old 157'9"

ALDO CONGI - 152'2" hammer effort vs. Colorado, 24'2" over his old best

JAIME SALDIVAR - 135'3" hammer mark vs. Colorado, 12'3" over his previous

BILL GRAY - a 178'11" LTB in the javelin

SPIKESTER ENROLLMENT TOPS 115

Growing almost as fast as it can grow, the Spartan Spikesters have grown from a short list of less than twenty to almost 120 members. The first membership drive in September brought the list up to an initial 41 members. A second drive, early in November, netted an additional 22 supporters, and a third, in early January, inched the group up to nearly 80 members. Since then, members and potential members have been added to the list to total 117 on the mailing list.

Spiker enrollment for the 1973 season was 58.

If you would like more information pertaining to the Spikesters, or would like a list of the present 1974 Spikesters, contact John Fuller by writing Spartan Spikesters '74, John Fuller, Dept. of Intercollegiate Athletics, San Jose State University, San Jose, Calif. 95192.

1. "Golden Greek" : Chris Giannoulas  
 "Super Jew" : Glenn Harmatz  
 "Golden Eagle" : Marc Genet  
 "Cheif" : Mark Schilling  
 "Spartan Firebird" : Vince Breddell  
 "The Dutz" : Pat Dutzi  
 "Mac" : Gordon MacMitchell  
           : Rich McCandless

2. Tommie Smith, 44.8

3. 13:41.8 three-mile by SJSU's Marc Genet

4. Twelve.

- Score: #1 - 2 per correct answer  
 #2 - 2 for name, 3 for mark  
 #3 - 2 per each correct answer  
 #4 - 3 for correct answer

- 1-5     OK  
 6-16    need a little brush-up  
 17-22   GOOD  
 23-29   GREAT  
 30      PERFECT and FANTASTIC -didja' look!

OVERFLOW CROWD ATTENDS BANQUET :  
 SPIKESTER WINS TRIP

In a situation that was far from anticipated, 150 people from the Spikesters and the community crowded into a banquet room in Plateau 7 Restaurant, February 27, to honor the 1974 San Jose State track team. They were entertained by emcee Hal Ramey from KX-RX radio, and primarily from team presentations made by SJSU Athletic Director John Caine, track coach Don Riggs, and Head Coach Ernie Bullard, following a large steak dinner and dessert. The tremendous turn-out, the best in recent years, was unexpected, and prompted Coach Bullard to comment, "this reflects the total community enthusiasm in our program - it's encouraging."

John Moran, owner of Alameda Sporting Goods and a long-time Spartan Spikester, was picked from the hat and awarded the weekend vacation in Los Angeles to watch the Spartans contest UCLA and Long Beach March 17. The trip was a free prize for one Spikester, chosen at random, as a result of his paid membership to the organization.

Next month in the CINDER CENTER REPORT :

- Honor Roll Register Returns
- An interview on the season with Ernie Bullard, Don Riggs, and Larry Livers
- A sketch of Don Zile
- A summary of the second month of dual meet competition

The following COMPARATIVE PERFORMANCE listing is based upon a carefully prepared chart which lists the present world's bests at 100 points, and the NCAA qualifying in most events at approximately 890-900 points (weight events at 850-860). The marks listed are season's bests. This is not to be taken solely as a this-is-better-than-that chart, although it does reflect a uniformity about it which permits the onlooker to evaluate a competitor's strengths against his opponents and teammates.

932	Ron Livers	TJ	51'11 $\frac{1}{4}$ "
911	Marc Genet	3M	13:41.8
910	Louie Wright	LJ	25'7"
903	Mark Schilling	M	4:04.3
899	Chris Giannoulas	$\frac{1}{2}$ M	1:51.2
897	Marc Genet	2M	8:51.0
895	Ron Livers	HJ	6'9 $\frac{1}{4}$ "
895	440 Relay Team		40.7
890	Lloyd Kaster	IH	52.1
890	Greg Tinnin	HH	14.0
888	Mike Haniger	$\frac{1}{2}$ M	1:52.6
885	Jack Van Kirk	PV	16'0"
877	Curtis Davis	LJ	24'8 $\frac{1}{2}$ "
873	Rudi Krause	SC	9:07.4
872	Rich Walker	$\frac{1}{2}$ M	1:53.6
872	Glenn Harmatz	$\frac{1}{2}$ M	1:53.6
870	Dan Gruber	2M	9:00.8
870	Vince Breddell	100	9.6
870	Vince Breddell	220	21.2
870	Bobby Hamilton	100	9.6
870	Ron Whitaker	100	9.6
870	Doug Stuart	$\frac{1}{2}$ M	1:53.7
870	Bill Crawford	HJ	6'8"
870	Chuck Mackay	HJ	6'8"
867	Spivey Conwill	$\frac{1}{4}$ M	48.1
865	Dan Gruber	3M	14:10.4
861	Mile Relay Team		3:17.5
858	Gor. MacMitchell	M	4:11.2
857	Rich Walker	M	4:11.3
856	Marc Genet	M	4:11.5
854	Glenn Harmatz	M	4:11.8
853	Will Fields	IH	53.3
853	Frank Mercer	IH	53.3
852	Wayne Hurst	SC	9:14.6
852	Mike Haniger	M	4:12.2
850	Rudi Krause	M	4:12.5
850	Tom Sprink	$\frac{1}{4}$ M	48.5
848	Bob Ebert	2M	9:08.4
846	Pat Dutzi	2M	9:09.0
840	Bruce Leek	HH	14.4
834	Wayne Hurst	3M	14:27.0
830	Bobby Hamilton	220	21.6
827	Grover Frowell	3M	14:31.0
822	Dennis Garrity	Jv	218'4"
817	Dave Gherardi	SP	54'6 $\frac{1}{4}$ "
808	Cornell Williams	TJ	45'4 $\frac{3}{4}$ "
807	Les DeVoe	3M	14:42.0

(add) 846 Bob Ebert M 4:13.4

only those performances rated 800+ are listed