

SECOND ANNUAL
SAN FRANCISCO IFA PRO TRACK CLASSIC
MARCH 29, 1974

PRO FOOT BALL 40 YARD DASH :

1.	Clif Branch	Oakland Raiders	4.4 ;
2.	Isaac Curtis	Cincinnati Bengals	4.4 ;
3.	James Mc Calister	California Sun	4.5 ;
4.	Clarence Davis	Oakland Raiders	4.6 .

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60 YARD DASH

World Record	5.8	Mel Pender (ITA)	1973
	5.8	Herb Washington (Mich St)	1972
Cow Palace Record	5.9	Darel Newman (Fresno St)	1966

1. John Carles 6.0 ;
2. Warren Edmanson 6.1 ;
3. Jean-Louis Ravelomanantsoa 6.1 ;
4. J.J. Jackson 6.1 ;
5. Jim Hines 6.2 .

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WOMEN'S 60 YARD RUN

World Record	6.5	Wyomia Tyus (Tenn St)	1966
	6.5	Matteline Render	1972
	6.5	Barbara Ferrell (ITA)	1973
Cow Palace Record		Kathie Lawson (La Jolla AC)	1974

1. Wyomia Tyus 6.6 (equals Cow Palace record by Kathie Lawson) ;
2. Ma bed Ferguson 6.7 ;
3. Barba ra Ferrell 6.8 ;
4. La cey O'N eal 6.9 ;
5. Willa Ma e Ferguson 7.3 .

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300 YARD DASH

World Record	29.3	Marshall Dill (Mich St)	1974
Pro Record	30.1	John Carlos (ITA)	1974
Cow Palace Record	31.5	John Carlos (Seaman(s))	1971

1. John Carlos 31.4 (Cow Palace Record; old mark 31.5 by Carlos 1971) ;
2. Jim Green 32.0 ;
3. Jim Hines 32.1 ;
4. J. J. Jackson 33.3 .

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500 YARD RUN

World Record	53.9	Larry James (ITA)	1973
Amateur Record	54.4	Lee Evans (una t)	1971 times (twice)
Cow Palace Record	none		

1. Larry James 56.9 ;
2. Warren Edmonson 57 .3 ;
3. Lee Evans 58.0 ;
4. John Smith 60.1 .

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1000 YARD RUN

World Record	2:05.1	Mark Winzenried (Club West)	1972
Pro Record	2:06.9	Chris Fisher (ITA)	1973
Cow Palace Record	2:08.1	Mark Winzenried (Wisconsin)	1970

1. Chris Fisher 2:11.3 ;
2. Tom Von Ruden 2:11.6 ;
3. Kerry Ellison 2:11.7 ;
4. Fernando De La Cerda 2:14.1 ;
5. Mike Messer 2:23.4 .

splits enroute: 440, Messer 58.1; 880, Fisher 1:53.7.

Mixed Medley Relay :

1. O'Neal, Gibson, Green, Ja
1. O'Neal, Babb, Green, Gibson 49.2;
2. W. Ferguson, Ra velomanantsoa, Coleman, J. Hines 49.9.

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MILE RUN

World Record	3:55.0	Tony Waldrop (North Carolina)	1974
Pro Record	3:59.8	Jim Ryun (ITA)	1973
Cow Palace Record	4:00.3	Jim Grelle (Multnomah AC)	1966

1. Ben Jipcho 4:04.3 ;
2. Jim Ryun 4:04.3 ;
3. Dave Wottle 4:05.2 ;
4. Keith Hanson 4:07.9 ;

Ryun led all the way until the last lap--Ryun's splits: 63.9, Ryun 2:06.0, (64.1)
Ryun 3:06.5 (60.5), Ryun 4:04.3 (58.8).

Jipcho after win: "I was confident I could win all the way, doubling didn't weaken me that much. However I don't think I'll double everyweek so I can lower my times."

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TWO MILE RUN

World Record	8:13.2	Emiel Puttemans (Belgium)	1973
Pro Record	8:34.0	Ben Jipcho (ITA)	1974
Cow Palace Rec	8:28.8	Ron Clarke (Australia)	1966

1. Ben Jipcho 8:55.4
2. Gerry Lindgren 8:56.0
3. Tom Laris 9:04.4
4. Lou Scott 9:16.6
5. Kip Keino 9:18.0
6. Keith Hanson, n.t.

SPLITS

Distance	Time	Leader	Qtr split
440	1:10.49	Laris	70
880	2:17.64	Laris	67
1320	3:23.01	Lindgren	66
Mile	4:31.33	Laris	68
1 1/4 Miles	5:36.92	Laris	65
1 1/2 Miles	6:45.26	Laris	69
1 3/4 Miles	7:53.42	Lindgren	68
2 Miles	8:55.37	Jipcho	62

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60 YARD HIGH HURDLES

World Record	6.7	Red Milburn (Baton Rouge TC) 1974 (amateur)
	6.7	Red Milburn (ITA) 1974 (pro)
Cow Palace Record	7.0	Don Shy (San Diego St) 1967
	7.0	Willie Davenport (Hous Str) 1970

1. Red Milburn 7.0 (equals Cow Palace record by Don Shy and Willie Davenport ;
2. Paul Gibson 7.1 ;
3. Leon Coleman 7.1 ;
4. Lance Babb 7.2 .
5. Pres on Carrington 7.4;
6. Otis Barrell no time.

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HIGH JUMP

World Record	7-4 3/4	John Radetich (ITA)	1973
Amateur Record	7-4 5/8	Valeriy Brumel (USSR)	1961
Cow Palace Record	7-3	John Rambo (49er TC)	1967

1. John Radetich	7-2 ;				
2. Ron Jourdan	6-10 ;				
3. Otis Burrell	6-10 ;				
4. Ed Caruthers	6-8 .				(p=pass; x=make; o=miss)

series:	6-8	6-10	7-0	7-2	7-5
Radetich	x	x	x	oox	ooo
Jourdan	op	ox	ooo		
Burrell	x	oox	oo		
Caruthers	x	p	ooo		

OFFICIAL ATTENDANCE 11,152

Mixed 30 yard dash:

1. Fred DeBernardi	3.9 ;
2. Barbara Ferrell	3.9 .

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POLE VAULT

World Record	18-1 3/4	Steve Smith (ITA)	1974
Amateur Record	18-1/4	Steve Smith (P Coast Club)	1973
Cow Palace Record	17-3	Kjell Isaksson (Sweden)	1974

1. Buddy Williamson	17-0 ;
2. Steve Smith	17-0 ;
3. Bob Seagren	17-0 ;
4. Dennis Phillips	16-0 .

series:	16-0	16-6	17-0	17-6
Williamson	p	p	ox	ooo
Smith	p	p	oox	ooo
Seagren	x	p	oox	ooo
Phillips	ox	ooo		

p = pass ; x = make ; o = miss.

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LONG JUMP

World Record	27-2 3/4	Bob Beamon (UTEP)	1968
Pro Record	27-1	Henry Hines (ITA)	1973
Cow Palace Record	26-11	Bob Beamon (Houston Strid)	1969

1. Henry Hines 25-9 3/4 ;
2. James McAlister 24-11 3/4 ;
3. Norm Tate 24-9 .

series:

Henry Hines	<u>25-9 3/4</u>	F	24-6 1/2	F	24-6	F
Norm Tate	F	F	F	F	F	24-9
James McAlister	24-9 1/4	24-6 1/2	F	24-8 1/2	24-9 1/2	<u>24-11 3/4</u>

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SHOT PUT

World Record	72-2 3/4	George Woods (P Coast Club) 1974
Pro Record	70-10 1/4	Brian Oldfield (ITA) 1973
Cow Palace Record	70-4 1/2	George Woods (P Coast Club) 1974

1. Fred DeBernardi 68-2 ;
2. Randy Matson 67-10;
3. Karl Salb 67-7 1/2 ;
4. Brian Oldfield 65-0.

series:

Fred DeBernardi	65-6 3/4	<u>68-2</u>	67-5	67-3 1/2	67-11	66-10 1/4
Randy Matson	61-10 3/4	64-3 1/2	64-8 1/4	64-11 1/2	66-5 1/2	<u>67-10</u>
Karl Salb	60-5 1/2	62-1/2	62-6	64-2 1/4	63-11 1/2	<u>67-7 1/2</u>
Brian Oldfield	64-6	F	F	64-2	<u>65-0</u>	F

Jipcho Edges Ryun in ITA Mile

By Darrell Wilson

With 11,157 fans screaming, 31-year-old Ben Jipcho won an agonizing 18-inch decision on Jim Ryun in the feature mile race last night at the ITA professional track meet at the Cow Palace.

The mile victory completed a double for the Jipcho, who is trying to make it big to support a large family

and is running as if each week may be his last.

Earlier in the evening, he was able to steal victory in a slow-paced tactical two-mile, thereby saving his energy for the big push against Ryun, world outdoor record holder at 3:51.1.

Jipcho's mile time of 4:04.3 was not sensational but the race itself was a smasher. In a surprise move, Ryun tried to win it

wire-to-wire, as they say at Golden Gate Fields, and he had the lead until about the final two or three yards.

The two men began long kicks with 300 yards left and it appeared that Ryun might hold off Jipcho, voted world's track athlete of the year in 1973. With 80 yards to go, Ben pulled to within a yard but Ryun fought him doggedly and it was a sudden whoosh over the last ten

which barely gave Jipcho the decision.

All in all it was an outstanding meet and I now revise my opinion as to pro track's chances of making the grade. The announced crowd of 11,157 probably was accurate and was a tremendous improvement over 1973 when officials called it 6335 and there were perhaps 4000 in the house.

The second feature was

scheduled to be the pole vault, in which the two feuders, world outdoor record holder Bob Seagren at 18-5 $\frac{3}{4}$ and indoor world record holder Steve Smith, 18-1 $\frac{3}{4}$, were supposed to fight it out.

The winner was Buddy Williamson, who cleared 17 feet and had fewest misses. Smith was second, also clearing 17 feet, as did Seagren, who was third.

John Carlos, for whom the days have been long since he raised a black-gloved fist as the bronze medalist in Mexico City in 1968, won a tough double, a 6.0 in the 60-yard dash and 31.4 in the 300.

John has had no consistent employment since that day, although he had two short runs in pro football before being cut by the Philadelphia Eagles and by Mont-

real in the Canadian League.

He seems to have lost little of his great speed and endurance. He took command over the last 15 yards in the 60 and then overhauled Jim Green, a 440 man by trade, with an excellent $\frac{1}{8}$ burst in the final 70 yards in the 300.

Carlos has not forgotten the knack of making friends. Upon being interviewed by

master of ceremonies Bob Steiner, John said, "It's always a pleasure to be back in Los Angeles."

In the two-mile, Jipcho used the rest of the field selfishly — after all it is pro track — by tagging along in fourth place while letting Tom Laris and Gerry Lingren do the work up front. Kip Keino, the Kenyan

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Jipcho Edges Ryun in Mile, Wins 2-Mile

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glamour - man who has won two OlympiF' golds and two silvers, was not in shape and was not a serious factor although he plodded along ahead of Jipche, finishing fifth.

Lindgren, who first captured this Cow Palace crowd as a high school junior, tried to steal the race with a great burst 220 yards from the tape. But it was too much too soon and Jipcho picked him off on the last 110. Ben knows how to husband his energy.

In the 40, in which pro football players pursue walking-around money, raider Cliff Branch barely inched ahead of Bengal Isaac Curtis, both timed in 4.4.

James McAlister, who has signed with the Southern California team of the WFL was second in 4.5, with Raider Clarence Davis fourth in 4.6.

Davis, who won the Los Angeles city shot-put as a high school senior, was not outclassed by the sprint specialists. The 49ers' Bruce Taylor was an advertised entry but did not run.

The 60-yard high hurdles was not really a race once Ron Milburn started to unwind. Rod, who is the world record holder in five events, indoors and outdoors, was even with the pack over the second hurdle but from there on he made an excellent field seem ordinary.

Milburn was clocked in 7.0, with Paul Gibson and Leon Coleman, second and third respectively, both timed in 7.1.

Wyomia Tyus, Olympic 100-meter gold medalist in both the 1964 and 1968 Olympics, won the women's 60 in 6.6.