

Washington Track & Field News

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WEATHER GODS

The weather creatures continued to suck upon us last week. Our wonderful unique combination of cold, wind and rain have made competition intolerable and even workouts difficult. There was no break throughout last week. Some meets finally were canceled out of exasperation; few good marks were recorded because of the inclemency.

A few sprinters rode the Friday wind to fast times: John Arnold of Washington besting Don Johnson of Clover Park, both in 9.6. But the raw chill took its toll with sprinters as well, as Duran Wooten, defending state 100 champ, pulled a hamstring.

Competition was light last week. This week, the season's first major individual meets will be held: the Pasco Invitational Saturday afternoon, the Shoreline Invitational Saturday evening. Pasco will be distinguished by the appearance from the west side of Lincoln/Tacoma and Wilson. Ferris will be there, which means Doug Beckman against Harold Celms in the mile and Tim Riley against Wilson's two-mile horde. Wenatchee will be on hand so Mike Allen will give Keith Tinner some incentive.

There were only a couple of season-best improvements the past week. Dennis Dudley of Hanford vaulted 14-6, a quarter inch ^{more!} than Ron Clausen's 14-5 3/4.

Fred Helser had his first meet and put 57-1/4. Dennis Cook of O'Dea had a big week in the triple jump with 45-3 1/2 at the North Kitsap Relays, 44-2 1/2 in a dual Tuesday and then a PR 46-3/4 into the wind in a dual Friday.

UW & WSU: BIG WINS

Ken Shannon had his biggest moment in his five years as boss of the Washington Huskies with a smashing 93-70 victory over Oregon. Bill Dellinger of Oregon made few excuses, admitted that his team had many thin spots and that Washington had an excellent team. However, the spirit of the two teams -- a factor some purists like to discount -- played a big role. The Ducks were a desperate group of individuals; the Huskies helped one another, even to the point of watching the hammer throw en masse. "We kept trying to get things going," said an Oregon runner. "But every time we tried to win a race, there was the Washington team, yelling like crazy for each other."

In California that day, WSU had a solid win over San Jose State, beating the Spartans by just a few points less than UCLA had last month. Albeit windy, the Cougs had strong performances from Kip Ngeno(13.9), Morris Noble(9.5, 2nd) and footballer Ray Kimble(52-9 1/2). John Delamere jumped 25-8 and 51+ but scored just 4 team points.

In a couple of week-late reports, note that Mark Smith of PLU threw a season-best 170-4 and Brian Mittelstaedt broke the UPS school record with 4:13.3.

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\$5 a year

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Washington's track team celebrated after its trouncing of Oregon last Saturday in the rain. (Ken Shannon was about to be tossed into the steeplechase pit.)

National prep leaders

- 9.5 Harvey Glance, Central-Phenix City Ala.
- Terry LeCount, Raines-Jacksonville Fla.
- xMike Roberson, Winter Park, Fla. (& 9.3w)
- 21.3t Millard Hampton, Silver Creek-San Jose Cal
- 47.5 Alvin Crenshaw, Roosevelt-Dallas Texas
- 1:53.2 Mark Collins, Burleson, Tex.
- 4:09.1 Ralph King, St. Pius X-Atlanta Ga.
- 8:58.8 Steve Surface, South-Eugene, Ore.
- 13.9 Mike Williams, Rayburn-Pasadena Tex.
- Fred Shaw, Muir-Pasadena Cal.
- 24-2 xJon Sutton, Morningside-Inglewood Cal.
- 49-4 1/2 Willie Banks, Oceanside Cal.
- 7-0 Mark Ridge, Merced Cal.
- 16-4 Mike Tully, Millikan-Long Beach Cal.
- 63-5 1/2 xDave Kurrasch, Santa Ana Cal.
- 201-6 Ray Burton, Vacaville Cal.
- 206-10 Perbeck, Manhattan, Kan.
- 41.7 Dunbar-Fort Worth, Tex.
- 3:14.9 Lufkin, Tex.
- Worthing-Houston Tex.

Vaulter Tully advanced last week from 15-7 to 16-1 1/2 to 16-4 and made 16-8 on an extra attempt. Tim Johnson, new record holder indoors, already is over 15-9 1/2 outdoors.

Ray Burton unofficially has broken the discus record; it awaits certification of the slope of the field he threw on. In the same meet he threw 174-8 with the college disc.

Those of you who remember Matt Rea(a soph at Lake Washington two years ago): Matt won the Willamette Relays mile 2 weeks ago in 4:16.7, breaking Dyrol Burleson's meet record of 4:16.9.

Lufkin has a no-star mile relay: 49.4-48.0-49.3-48.2 for its 3:14.9.

Brett Hoffman(St. Petersburg, Fla.) broke U.S. age-14 record in the mile last week with 4:24.9. Another 14 record is in jeopardy from Jeff Lawson, 9th grader at El Dorado-Placentia, Cal., who has jumped 6-4 already this season.

/from Jack Shepard/

Saturday's Meets

College: Oregon State at Washington State, Eastern Wash and Eastern Ore at Central Wash, Whitman at Whitworth, Linfield at PLU, Western Wash and Portland at SPC, Washington at California, Spokane Falls at Montana Invitational, Puget Sound Relays(CCs) at Green River, Yakima Valley at Spokane CC

Major high school: Pasco Invitational, Shoreline Invitational

Wed Mar 27

PORT TOWNSEND 73, Sequim 72: xxMcInnes(S) 16.1, S 47.5, xxBoland(PT) 163-0jav, Tyner(PT) 48-11/142-4

Thu Mar 28 (cold, windy)

EISENHOWER 120, Davis 25; Wenatchee 93, D 52; E 84, W 59: Allen(W) 10.1, Stepper(W) 10.1, Pallas(E) 10.3; Allen 23.1, Allen 51.6; Sanderson (E) 4:36.4/10:03.2, Stepper 20-5½, Garrison(E) 6-6f, Gill(E) 12-6

4-way at Eastmont: Spaet(E) 6-1

Naches 89, Cle Elum 56: Willette(C) 16.2

SEQUIM 103, Bainbridge 42: Verstegen(S) 16.0/5-10

Fri Mar 29 (cold, wind, rain)

Bellingham 82, Mt. Vernon 64: B 45.4, xxBragg(B) 53.2, Dundin(MV) 166-0jav

Ferndale 84, Sedro Woolley 61: xxAnderson(F) 4:43.8/10:08.0

Burlington 125, Anacortes 20: Breckenridge(B) 21.4

Cashmere 84½, EPHRATA 74½, Lake Roosevelt 61,

Quincy 45: Anderson(C) 10:14.4, Mack(E) 15.7/21.4,

Dormaier(C) 20-1; Q 3:45.7, C 3:45.8

YELM 76½, Decatur 59½: xLazelle(Y) 10.2/22.9,

Y 3:49.9, Hartzell(Y) 6-0, Landrud(D) 11-6

MORTON 121, Winlock 24: Herron(M) 10.4/24.0/52.7,

Egeland(M) 48-2/144-0

CONNELL 81, Pomeroy 63; C 99, Othello 43; O 82,

P 62: Didier(C) 16.3; Kelly(P) 21.1, Didier 21.2;

Loewen(C) 20-8, Odom(C) 145-4, Mackay(C) 195-4 SR;

Mariner 75, Woodway 61: Cook(W) 10.0w, xM.

McGillivray(M) 2:02.4, M 3:35.2, Keffler(W) 12-6,

Lindsey(W) 20-7½

add to Blanchet-Edmonds: xxClark(E) 9:47.6

add to Snohomish-Seattle Prep: xxDoyle(S) 53.5,

xxWatkins(SP) dnc

Lakeside 124, Granite Falls 50, Coupeville 7:

L 47.9, Roche(GF) 52.6

Sultan 107, LaConner 32, Darrington 29: Lemke(S)

48-2/145-2, Roesler(S) 167-7

Sat Mar 30 (cold, wind)

North Kitsap Relays; South Kitsap 109, North Kitsap

93, East Bremerton 87, Central Kitsap 70, Port

Angeles 56, O'Dea 39, Port Townsend 18...Goheen(NK)

15.4, EB 45.8, EB 3:36.4, PA(Chavis-xHopfner-

xStaley-xStromski) 18:37.0 4MR, PA 8:25.3 2MR,

SK 11:20.0 DMR; leading individual field-event

marks: xDodd(EB) 6-2; Cook(O) 45-3½, Gehring(SK)

43-4, Walker(EB) 43-2; xxBoland(PT) 49-10

Willamette Relays, Salem, Ore.: Miller(HBay) 14.9;

4. xBaird(EvgV) 20-5; 3. HBay 3:35.7 4. ColRiver

3:35.7; 4. xKleinschmidt(CRiv) 170-7

Mon Apr 1 (cold, wind)

Garfield 76, West Seattle 42(WS): Adams(WS)

4:33.0, Hall(G) 52:3, Green(G) 20-7

Cleveland 68, Queen Anne 59(WS): Griffin(QA)

10.3, Reese(C) 12-0

Shoreline 82, Franklin 45(Sh): xTonBosserman(S)

4:32.4, Monroe(S) 12-6, xEagon(S) 6-2, Fiske(S) 20-7

Hale 93, Ballard 30(Sh): Anderson(H) 52.8, xShaw

(H) 9:52.0, xJacobs(H) 13-0, Armstrong(H) 6-2,

xHoney(H) 20-7½, Chafe(B) 4:34.8

Shorecrest 75, Roosevelt 48(Sh): Clausen(S) 14-5 3/4

Ingraham 98, Lincoln 29(Sh): xCline(I) 9:43.8,

Stephenson(I) 13-0, Chaddick(I) 50-10½

HOQUIAM 98, Tumwater 47: Green(H) 10.4, Hartman

(T) 10.4; Hartman 51.8, xxBitar(H) 53.2; xSmith

(H) 15.9/20-3½, xxClark(T) 20-1, xxxClements(T)

19-11; xEddleman(H) 12-6, J.Pellegrini(H) 52-8

/from Gary Jones/

Tue Apr 2 (cold, windy, some sun)

Bellevue 89, ISSAQUAH 47: Christensen(B) 15.1/21.2,

Fredette(B) 21-½, Swan(I) 20-11

Newport 68, Bothell 68: Buttle(B) 4:24.7/9:51.8

Interlake 73, Lake Washington 65, Inglemoor 32:

Gustafson(LW) 4:31.4, xxMichelson(In) 23.0, J.Ryan

(LW) 12-6, Harms(In) 6-2

Mercer Island 96, Juanita 39: Dietiker(J) 15.4,

Thornton(MI) 15.5, Jones(J) 15.6; Jones 20.8,

Thornton 21.1, Dietiker 21.1

O'Dea 75, Vashon 52: Cook(O) 44-2½, Richardson(O)

42-8; Hayes(V) 170-0



Pablo Franco, freshman, won the 440 in 48.1 despite a tender leg and a cautious standing start. It was only the second 440 of his life(he ran once, 49.6, in high school in Connecticut).

All photos of the Oregon-Washington meet by Jeff Reinking, Bellevue

CAMAS 96, Stevenson 48: Gabrio(C) 20-½/41-11½

WOODLAND 81, Rainier(Ore) 55½, Winlock 41½:

Whitmire(Wo) 20-5/13-0/40-7/48-8½

HANFORD 109, Toppenish 35: xLinn(H) 6-1, DeDudley (H) 14-6

Curtis 112, Enumclaw 33: xxMowrey(C) 2:03.0,

xMease(C) 53-7, Cummings(C) 20-10/183-4, Hendrickson(C) 42-1 3/4

Clover Park 100, Federal Way 36: Jones(CP) 52.9,

Brisendine(FW) 4:35.9, CP 45.0/3:34.2, LaFleche

(CP) 54-3½, xDeLeon(CP) 20-4

Washington 95, Peninsula 37, Bellarmine 34:

Arnold(W) 10.0, W 45.3

CENTRAL KITSAP 120, Bainbridge 25: Morritt

(CK) 12-6

NORTH KITSAP 77, West Bremerton 68: Davis(W)

52.9, Goheen(NK) 15.8/21.4; Parson(NK) 12-7 SR;

xQuy(W) 21-7w, Goheen 21-3/4w SR; Springer(NK)

43-2w



Al Davis' first 100 for Washington was a great one, 9.6 in the cold to handle easily Ross Blackman(left) and Al Dukowski, both 9.8. Blackman had beaten Davis badly out of the blocks.

Wed Apr 3 (windy cold, wet)

NOOKSACK VALLEY 71, Lynden Christian 62,

Blaine 41: Zimmerman(B) 15.7w, Van Loo (LC)

21-6w/41-5w/21.5w

Mt. Rainier 90, AUBURN 46: xCampbell(A) 52.7,

Lennon(A) 15.2/21.5, MR 45.5, Helser(A) 57-¾,

xxBuck(MR) 20-3, Bushnell(MR) 13-0, Moon(A) 6-0

WEST VALLEY?YAK. 74, Grandview 72: xVance(WV)

51-7, xAdams(WV) 53.0, Harria(G) 21-3

Thu Apr 4 (heavy rain, wind, cold)

EAST BREMERTON 90, Central Kitsap 55: Walker(E) 42-C

West Valley/Sp. 86, GONZAGA 59: Hopper(WV) 10.1/

23.2(both ok), G 45.5, xMann(WV) 6-3, Bertis(G) 52-0

CURTIS 75½, Bethel 69½: xxMowrey(C) 53.7,

Twitcheil(C) 4:36.0, xxEngh(B) 10:03.0, C 45.8,

Cummings(C) 20-8½, C 45.8, xTorgerson(C) 2:00.0

Mt. Si 90, White River 54: O'Neal(WR) 10.3

Sealth 91, West Seattle 27(S): Adams(WS) 9:55.8

Franklin 81, Cleveland 46(S): xxWarren(F) 20-10,

Barnes(F) 50-5, xBrown(C) 53.1

Ingraham 71, Shoreline 55(Sh): xCline(I) 4:27.3,

xTonBosserman(S) 4:29.2; Winder(S) 9:54.8,

Stephenson(I) 13-0, xEagon(S) 6-3

Fri Apr 5 (cold, strong wind, mucho rain)

East Valley/Sp. 88, UNIVERSITY 57: EV 45.5,
 xxHolman(EV) 10.2; Allen(EV) 12-6, Willis(U) 12-6;
 Walker(U) 42-5, Lorenzen(EV) dnc
 CENTRAL VALLEY 91, Rogers/Sp. 52: Adams(R)
 10.3/20.9; Kerr(R) 52.5, Ketrick(CV) 53.0;
 Bartlett(CV) 2:02.3; Wilmoth(CV) 184-9, Kirschner
 (CV) 176-1

Garfield 75, Rainier Beach 41(S): Wooten(G) 9.8w--
 pulled hamstring, Patton(G) 44-11¹/₂w
 Lincoln/Sea. 65, Queen Anne 60(S): xGriffin(QA)
 10.0w

Hale 80, Roosevelt 38(Sh): Armstrong (H) 6-2,
 Pierce (R) 6-2, West(R) 52-0
 Lake Washington 70, Issaquah 66: xGustafson (LW)
 4:31.8, Leque(LW) 9:53.6

Mercer Island 92¹/₂, Newport 62¹/₂, Redmond 15:
 xBurns(MI) 6-2, Barnes(MI) 42-9
 Bellevue 101, Juanita 34: Christensen(B) 15.2w/
 21.2w, Lux(J) 4:31.2, xAndrews(B) 13-0, White-
 scarver(B) 13-0

Kentridge 79, Renton 57: Gilbert(R) 15.4w/6-1,
 Anderson(K) 12-6, Williams(K) 152-10
 Kennedy 72, Hazen 64: Newing(H) 10.0w, Graham
 (H) 10.2w, Foster(K) 10.2w

Kent-Meridian 81, Evergreen 55: Patricelli(K)
 50-5, Richardson(K) 50-2
 Highline 79, Tyee 56: Folsom(H) 10.0w, xKrause
 (T) 10.1w, Borgens(H) 10.2w; Hopper(H) 15.5w/
 20.4w/42-2 3/4w

Pierce 91, Jefferson 44: xDzewaltkowski(J) 4:27.0,
 McAlister(P) 6-1, McDuffie(P) 42-0
 Clover Park 100, WASHINGTON 36: Arnold(W) 9.6w,
 xJohnson(CP) 9.6w, Bower(CP) 9.8w; Ferdaszewski
 (CP) 15.2w, Drottz(CP) 15.4w, Stevenson(CP) 15.5w;
 LaFleche(CP) 54-9¹/₂
 O'Dea 112, Chimacum 32(WS): Cook(O) 46-3/4(ok),
 Richardson(O) 43-7

Sat Apr 6

Medical Lake Inv(very windy): East Valley/Sp. 147,
 University 80, Pullman 68, Medical Lake 54,
 Cheney 51, Clarkston 44, Colville 39, Connell 36,
 Deer Park 7: Langford(EV) 10.3, xxMacNeal(Ch)
 6-2¹/₂, Allen(EV) 13-6, Southwick(ML) 20-11¹/₂;
 Walker(U) 43-4, Southwick 42-2; Mackay(Co) 185-4,
 Lorenzen(EV) 185-4; EV 45.8 /from Bob Payne/



At the bell in the mile: from left, Mark Feig, Rick Albright, Greg Gibson. Steve Bence, the leader at this point, already is past. Greg ran a 56.8 final lap to win and become the first UW miler since 1949 to beat Oregon.

*** * BOOKS * ***

State High School Annual	\$1.00
National High School Annual	
(Track & Field News)	1.50
Finnish Running Secrets	2.50
Dave Wottle Story	1.50
Shoes for Runners	1.95
new for you decathlon nuts	
I.A.A.F.-approved Metric Conversion	
Tables(from Britain)	2.25
(add 25¢ per book for postage)	

H I G H S C H O O L S E A S O N B E S T S

100	22.8 xxMike Doyle, Snohomish	52.9	Tom Tallman, Peninsula/AA
9.6w John Arnold, Washington/AA	22.8 Dick Cook, Woodway	53.0	xDave Adams, WValley-Yak/AA
9.6wnxDon Johnson, Clover Park	22.9n xMark Dunlap, Blanchet	53.1	xJames Brown, Cleveland/AA
9.8w Duran Wooten, Garfield	23.0 Mike Hughes, Wilson	52.6	Jim Roche, Granite Falls/A
9.8wn Kurt Bower, Clover Park	23.0 xxDick Michelson, Interlake	52.7	Mike Herron, Morton/A
9.9w xSteve Kitchen, Clover Park	23.0 Duran Wooten, Garfield	53.5	Yaden, Selah/A
10.0 Keith Tinner, Lincoln/Tac.	23.2 Dan Hopper, WValley-Sp/AA	880	
10.0 xxRandy Shoffner, Bethel	23.2w Don Hartman, Tumwater	1:56.5	Scott Hall, Lynnwood
10.0 xxGarland Watkins, Sea. Prep	22.9 xSteve Lazelle, Yelm/A	1:58.5nxArt Boyce, Mt. Tahoma	
10.0w Andy Newing, Hazen	440	1:59.3	Doug Beckman, Ferris
10.0w Dick Cook, Woodway	49.5 Keith Tinner, Lincoln/Tac.	1:59.5	xDan Butler, Wilson
10.0w Daniels, Grandview/AA	50.3 Doug Dalum, Everett	2:00.0	xMark Torgerson, Curtis/AA
10.0w Curt Folsom, Highline	51.0n Dave McDuffie, FPierce/AA	2:00.3n	Rich Tucker, Blanchet
10.0w xGreg Griffin, Queen Anne	51.5 Larry Hunt, Ferris	2:00.4n	Brian Brouillet, Wilson
10.1 Mike Allen, Wenatchee	51.5 Mike Allen, Wenatchee	2:01.1	xDave Titterington, Bothell
10.1n Don Blanchard, Lakes	51.6 Dennis Davis, West Brem.	2:01.9	xDan Estabrook, Burlington
10.1 Dan Hopper, WValley-Sp/AA	51.6nxxxDave Thompson, Wilson	2:02.1n	Brad Huggler, Pierce/AA
10.1n Eric Stepper, Wenatchee	51.7 Lance Giles, Kennedy	mile	
10.1n Larry Johnston, Sehome	51.8 Don Hartman, Tumwater/AA	4:19.5	Dan Buttle, Bothell
10.1wn xMike Krause, Tyee	51.8nxxxDick Michelson, Interlake	4:22.6	xHarold Celms, Wilson
10.1w xGary Namba, Roosevelt	51.9 Bill Jones, Clover Park	4:23.7	Craig Martin, Edmonds
10.2 xxSteve Holman, EVall-Sp/AA	52.0 Johnson, Kent-Meridian	4:24.0	Doug Beckman, Ferris
10.2 xSteve Lazelle, Yelm/A	52.1 Mike Anderson, Hale	4:25.4nxGary Gustafson, Lk. Wash.	
10.4 xJim Thomas, Woodland/A	52.1 Roger Larson, Sammamish	4:25.6nxBill Stolp, Lynnwood	
10.4 Mike Herron, Morton/A	52.2 Jerry Fieser, Blanchet	4:26.8	xTim Riley, Ferris
220t		4:27.0	xJohn Dzewaltkowski, Jeff.
22.0 Keith Tinner, Lincoln/Tac.		4:27.3	xJim Cline, Ingraham
22.2 xxGarland Watkins, Sea. Prep		4:27.3nxPhil Oviatt, Interlake	
22.4 Tim Archer, Edmonds		4:27.5n	Rich Tucker, Blanchet
22.5 Kurt Bower, Clover Park		4:27.7	Brian Brouillet, Wilson
22.6 xxRandy Shoffner, Bethel		4:28.2	Paul Eichenberger, Sehome

4:28.4 Tim Leque, Lk Washington
4:29.1 Scott Hall, Lynnwood
4:29.2nxTony Bosserman, Shoreline
4:29.3 Bruce Manclark, Lakes
4:32.6n Steve Stageberg, Fife/AA
4:34.1 xBrian Fugere, O'Dea/AA
4:36.0n John Cornthwaite, Tolt/A

2-mile
9:33.0 xPhil Oviatt, Interlake
9:33.2 Kurt Billet, Wilson
9:33.8n Tim Leque, Lk Washington
9:36.0 xJim Cline, Ingraham
9:37.6nxBill Stolp, Lynnwood
9:37.6n Richard Walker, Lk Wash.

9:40.6 xTony Bosserman, Shoreline
9:42.4 xTim Riley, Ferris
9:47.2xxDuane Engh, Bethel
9:47.6xxDan Clark, Edmonds
9:48.0 Sheldon Davis, Snohomish
9:49.4 Rich Moran, Evergreen-Sea
9:59.0 Lynn Weitz, WValley-Sp/AA
10:08.0xxMark Anderson, Ferndale/AA
10:10.0 xBrian Fugere, O'Dea/AA
10:14.4 Mark Anderson, Cashmere/A

120 highs
14.9 Brad Miller, Hudson's Bay
15.0 Ron Hopper, Highline
15.1 Mark Christensen, Bellevue
15.2w Bob Ferdaszewski, CloverPk
15.2 Neil Knutson, Stanwood/AA
15.2 Steve Lennon, Auburn
15.3nxGreg Rooney, Pierce/AA
15.3 Doug Dietiker, Juanita
15.4n Gene Drottz, Clover Park
15.4 John Goheen, North Kit./AA
15.4wnLuke Stevenson, CloverPk
15.4 xLorenzo Bellamy, Wilson
15.4 Keith Gilbert, Renton
15.4n Mark Howard, Pierce/AA
15.4w Jon Harris, Grandview/AA

15.5 xJeff Clark, Selah/A
15.7 Roy Garrison, Castle Rock/A
16.0 Mike Verstegen, Sequim/A
16.1xxSteve McInnes, Sequim/A
16.2 Willette, Cle Elum/A
16.3 Curt Didier, Connell/A

180 lows/turn
20.4 John Goheen, North Kitsap/AA
20.4w Ron Hopper, Highline
20.7 John Arnold, Washington/AA
20.7 Mark Christensen, Bellevue
20.8 xLorenzo Bellamy, Wilson
20.8 Mike Ganz, Blanchet
20.9 Kipp Adams, Rogers/Sp.
20.9 Ken Smith, Jefferson
21.0 Doug Dietiker, Juanita
21.0 Roy Garrison, Castle Rock/A
21.1 Sid Adelson, Interlake
21.1 Dave Dahl, Sumner/AA
21.1 Mark Howard, Pierce/AA
21.1 McCloud, Sammamish
21.1n Alan Thornton, Mercer Isl.
21.1 Jon Kelly, Pomeroy/A
21.4 Steve Lynch, Ellensburg/AA
21.4 Keith Mack, Ephrata/AA
21.5w Roy Van Loo, Lynden Chr./A

long jump
22-1½ xMike Williams, Mt. Tahoma
22-1 xMike Factory, Lincoln/Tac.
22-1w Jon Harris, Grandview/AA
21-8½ Don Lindsey, Woodway
21-8 Mike Ganz, Blanchet
21-7w Steve Quy, West Bremerton
21-6w Roy Van Loo, Lynden Chr./A
21-5½w Collette, RA Long/AA
21-4 xDale Coleman, Lakes
21-4 xHenry Deleon, Clover Park

21-2 Levenseller, Curtis/AA
21-3/4w John Goheen, North Kit./AA
20-11½ Dave Southwick, MedicalLk/AA
21-1 Jack Whitmire, Woodland/A
20-8 Dwight Loewen, Connell/A
20-2 Sientvael, Colfax/A
20-1 Stan Stockton, Dayton/A

triple jump
46-6 3/4w Jerry Merz, Highline
46-1 Oscar Chambers, Mt. Tahoma
46-3/4 Dennis Cook, O'Dea/AA
44-11½w Larron Patton, Garfield
44-5 Dave McDuffie, Pierce/AA
44-4 xxJoe Steele, Blanchet
44-1½ xGary Andrews, Lincoln/Tac.
43-11 Brian Terry, Seattle Prep
43-9w Jon Lehmann, Lewis & Clark
43-7 Clint Richardson, O'Dea/AA
43-6 Mike Swift, Sehome
43-5 Steve Walker, University
43-5 xRick Honey, Hale
43-5 Henry Pendleton, RainierBch
43-4 3/4w xxKyle Jones, ShadlePk
43-4 Rick Gehring, South Kitsap
43-4w Jon Harris, Grandview/AA
43-2 Rick Walker, EastBrem/AA
43-2w Lee Springer, NorthKitsap/AA
42-9½ Butler, Tolt/A
42-2 Fritz Bushnell, Eatonville/A
41-5w Roy Van Loo, Lynden Chr./A

high jump
6-6 Steve Shelton, Edmonds
6-6 Craig Garrison, Eisenhower
6-5 Mike Hartzell, Yelm/A
6-4½ Dale Chapple, Lewis & Clark
6-4½ Robert Pierce, Roosevelt
6-4 Scott Marshall, Lincoln/Tac.
6-4 Steve Armstrong, Hale
6-3½ Dick Cook, Woodway
6-3 Jeff Rip, Oak Harbor
6-3 xBrian Schultz, Olympia
6-3 xDon Eagon, Shoreline
6-3 xCharles Faniel, Mt. Tahoma
6-3 xEd Mann, WValley-Sp./AA
6-2½xxMark McNeal, Cheney/AA
6-2 xRick Dodd, East Brem./AA
6-2 xxLucian Moore, Pierce/AA
6-1 xMike Linn, Hanford/AA
6-1 xGuy McAlister, Pierce/AA
6-1 Bob Kinney, EastValley-Sp/AA
6-0 Gefre, EastValley-Yak./A

pole vault
14-6 Dennis Dudley, Hanford/AA
14-5 3/4 Ron Clausen, Shorecrest
13-7 xxMike Ryan, Lake Washington
13-6 Bill Allen, EastValley-Sp/AA
13-6 Rocky Carroll, Aberdeen
13-6 Lewis Channing, Sumner/AA
13-0 Jack Whitmire, Woodland/A
13-0 xDave Andrews, Bellevue
13-0 Pete Bennett, Edmonds
13-0 xRichard Bushnell, Mt. Rainier
13-0 xMark Jacobs, Hale
13-0 Jim Jahnke, Richland
13-0 Dan Keffler, Woodway
13-0 Kevin Stephenson, Ingraham
13-0 Steve Whitescarver, Bellevue
13-0 Winter, Newport

12-7 Ray Parson, North Kitsap/AA
12-6 xLarry Eddleman, Hoquiam/AA
12-6 Ernie Baydo, Washington
12-0xxJoe Hadley, Tenino/A

shot put
57-½ Fred Helser, Auburn
54-9½ Richard LaFleche, Clover Park
53-9 Paul Gerry, Mt. Rainier
53-7½ xRoy Martin, Pierce/AA
53-7 xGuy Mease, Curtis/AA

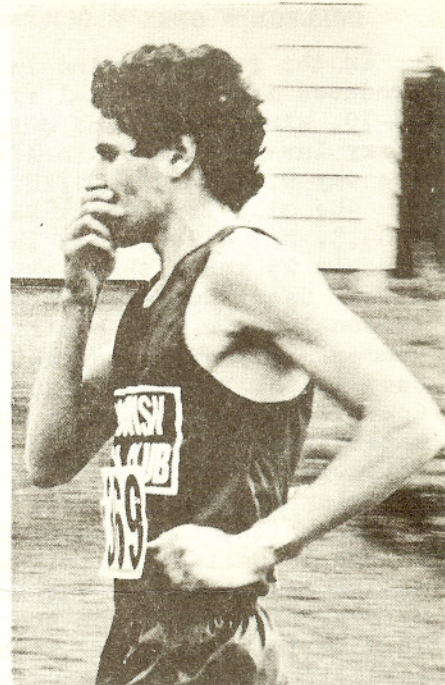
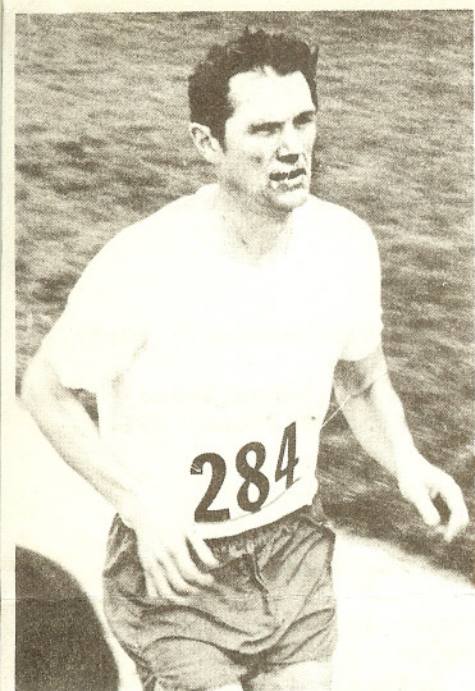
52-8 Joe Pellegrini, Hoquiam/AA
52-7 Keith Sweitzer, Rogers/Puy.
52-6½ Joe Wren, Seattle Prep
52-2 Bill Chaddick, Ingraham
52-1½ Al Ochsner, Elma/AA
52-0 Vic Bertis, Gonzaga
52-0 Gary West, Roosevelt
51-11½ Bill Smith, Lewis & Clark
51-10 Ed Hawkins, South Kitsap
51-7 xChuck Vance, WestVall-Yak/AA
51-4½ xxGreg Harris, R.A.Long/AA
50-7 Randy Beaulaurier, Sunny./AA
50-2 Dave Lemke, Sultan/A
49-10xxBrad Boland, Port Towns./A
49-4 Robert Kinian, Connell/A
48-11 Scott Tyner, Port Towns./A
48-8½ Jack Whitmire, Woodland/A
48-8 xJim Kruekenberg, CastleRk/A
48-2 Jens Egeland, Morton/A

discus
174-6 Dean Pedigo, Cascade
166-11 Keith Sweitzer, Rogers/Puy.
163-1 Joe Sicktich, Everett
162-10 Tom Copland, Aberdeen
161-9 John Giles, Cascade
160-5 Bill Hinkle, Lincoln/Tac.
156-11 Craig Spiegelberg, Samm.
153-6 Gary Williams, Kentridge
150-7 Mike Fortun, Sammamish
149-9 Dale Dudley, Hanford/AA
145-4 xBrad Blodgette, Woodland/A
145-4 Randy Odom, Connell/A
144-0 Jens Egeland, Morton/A
142-4 Scott Tyner, Port Towns./A

javelin
200-4 Gene Lorenzen, EValley-Sp/AA
197-0 xThompson Sinclair, Penin./AA
195-4 Kent Mackay, Connell/A
190-10xPorky Lyons, DeSales/A
187-8 Mike Kirschner, CentValley
184-9 John Wilmoth, Central Valley
184-9 Alan Beaulaurier, Sunny./AA
183-4 Dale Cummings, Curtis/AA
181-4 Rich Stewart, Kamiakin
176-9 Paul Morgen, West Bremerton
176-8 Tom Frazier, Eastmont/AA
173-11 Masterman, Carroll/AA
173-0 Cartmill, South Kitsap
172-9 Dave Reister, Olympia
170-7 xJeff Kleinschmidt, ColRiv
170-0 Hayes, Vashon/A

440 relay
43.5 Lincoln/Tacoma
44.2n Wilson
44.3 Nathan Hale
44.6 Lakes
44.7 Blanchet
44.7 Clover Park
44.7n Mt. Rainier
44.7n Mt. Tahoma
44.8 Seattle Prep
45.3 Washington/AA
45.5 EastValley-Sp./AA
45.8 Curtis/AA
45.8 East Bremerton/AA
46.4 Ridgefield/A
47.1 Langley/A
47.7 Connell/A

mile relay
3:24.8 Lincoln/Tacoma
3:26.3n Clover Park
3:29.2 Pierce/AA
3:34.0n Kent-Meridian
3:34.4n Kennedy
3:34.7n Blanchet
3:37.6n Curtis/AA
3:45.8n Cashmere/A
3:49.9 Yelm/A



SEASIDE GALLERY

Runners gathered for a postrace yuk: /from left/ Harry Shaw, student at WWSC, 2:27; Rick Hebron, student at Eastern, 2:27; Craig Martin, Edmonds HS student and the prep winner at the Trail's End race, 2:31, and Fred New, 2:27. Left: 41-year-old Denny Meyer won the 40-and-over division. Right: Guy Renfro considered things during his great 2:23 run.

/photos by Tom Campbell/

A rowing Trail's End

Under ideal conditions at the beach in Seaside, Northwest runners put on a speedy show at the Trail's End marathon Feb. 23. Washingtonians came away with many of the awards, but it was a Canadian -- 25-year-old Tom Howard -- who won the race in a startling PR 2:16:28.4, breaking the course record. Ken Moore, 4th in the Munich marathon, settled for 4th in 2:20:00 in the heavy pace.

The first from this state to finish was Guy Renfro, whose arduous training of late showed up with a fine PR 2:23:52; that would have placed him 28th on the '73 US list.

The Maltby-Perrinville Consolidated Joggers Squad placed 2nd to the Oregon TC in the team show with Harry Shaw(11, 2:27:43), Fred New(12, 2:27:54) and Craig Martin(19, 2:31:56). Martin won the high-school division and ran the 8th-fastest ever by a prep.

Denny Meyer, Snohomish TC, won the over-40 division with 2:44:05; Norm Bright won over-60 with 3:09:44, and 25-year-old Maria Brzezinska of Seattle won the women's category with an excellent 3:14:40. There was no JC division, but if there had been, Greg Beyerlein(Everett CC) would have won with his sudden 2:29:26. Twenty-four Washingtonians broke 3 hours; 8 were under 2:35.

FEB 23, Seaside, Ore. Trail's End Marth.
 7. Renfro(Snoh TC) 2:23:52; 9. Pearson(Snoh) 2:25:57; 11. Shaw(Maltby) 2:27:43; 12. Hebron (EWSC) 2:27:54; 13. New(Maltby) 2:27:54; 14. Beyerlein(Ev CC) 2:29:26; 24. Bryan(Pullman) 2:33:33; 33. Turner(CWSC) 2:40:46; 37. Meyer (Snoh) 2:44:05 (1st over 40); 38. Hardtla(Snoh) 2:44:10; 40. Bowman(PLU) 2:44:44; 43. Fuller (WWSC) 2:44:58; 50. Matt Henderson 2:46:34; 51. Andrew Herstrom 2:47:00; 58. Menard(WWSC) 2:48:53; 59. Bruce McLean 2:50:08; 61. Gary Ortner 2:50:23; 79. Richard Dailey 2:57:21; 93. Ross Akers 3:01:15; 97. Bob Clemans 3:02:20; 101. James Herrick 3:04:26; 104. Rod Luce 3:05:34; 107. Don Adamson 3:06:19; 108. Derrek Mahaffey 3:07:03; 112. Del Staff 3:08:45; 113. Rod Powell 3:09:00; 116. Bright(Snoh) 3:09:44 (1st over 60); 121. George Berg 3:10:30; 128. Dave Boeri 3:12:13; 130. Alan Heyntsen 3:12:17; 131. John Hall 3:12:21; 133. Art Deckard 3:13:11; 135. Maria Brzezinska 3:14:40. (all runner without affiliation are listed as being from the state of Washington, but that is all info available. Anyone knowing more about these runners, please let us know.)

Martir roars at seaside

Craig Martin(Edmonds) returned to Seaside, Ore., this February(23rd) for the Trail'sEnd marathon. He had run 2:33:36 there in 1973, but this year he improved even on that to 2:31:56 to win the high-school division by 5 minutes. It is the 8th-fastest prep marathon ever.

His closest prep competitor was amazing Richard Walker(Lake Washington), a 9:50 2-miler, who ran 2:36:24. Likewise surprising was 15-year-old Mark Anderson, Ferndale sophomore, 2:51:02. (Youngest sub-3:00, however, was

13-year-old Scott Slovic, Oregon, 2:45:15.)

Washington prep finishers:

19	Craig Martin, Edmonds(19)	2:31:56
27	Richard Walker, Lk Wash. (17)	2:36:24
36	Jeff Keeton, Mt. Vernon(17)	2:43:57
62xx	Mark Anderson, Ferndale(15)	2:51:02
72xx	Jay Kammerzel, Ferndale (16)	2:55:29
80	Steve Fortescue, Lk Wash (17)	2:57:42
109	Jesse Briones, Walla Walla (18)	3:07:13
120	?Scott McNamara, ? (15)	3:10:28
181	?Martin Osborne, ? (14)	3:31:35

...

Like to take pictures?

We now have the capability of using photographs in the newsletter.

If you have access to any good pictures -- preferably action -- taken during the season, send them along and we'll try to use them.

Be prompt. They will be returned if you wish, but we're also going to try to develop a 'photo file.'

Be sure to include details of who is in the picture and what meet it is from. Instamatic and Polaroid photos tend to be unusable.

March 16

In the rain and wind in Seattle, Washington produced its first dual victory over Oregon, 93-70, since 1968, and only the 3rd since 1953. Terry Lavery, the South African hurdler, led the way with 14.1/52.1/48.5r. Greg Gibson won the mile from Scott Daggatt with a slowish 4:05.5, but a 56.4 last lap. It was the first time in 25 years that Washington has won the mile. Casey Ballwey set meet, school and personal bests with his fine 191-0 in the hammer. Wayne Hinkley got a meet and personal best in the TJ with 49-10 $\frac{1}{4}$ (also 22-11 $\frac{1}{4}$ (3) LJ). Coach Ken Shannon took a bath in the steeple water jump, with a little help from his team, following the victory. Somehow, lithe Dan Ghormley escaped the swim.

Meanwhile, the Cougars finally got a chance to run in California following a mixup that led to the cancelling of the meet with Cal the week before. Kip Ngeno won the highs with a fine 13.9 to 14.6 over Greg Tinnen, the fine San Jose hurdler, and came back with 53.8(2) in the intermediates. Pity John Delamere, who jumped 25-8 $\frac{1}{2}$ and 51-3 $\frac{3}{4}$ and only managed a 2nd and 3rd respectively. Ray Kimble jumped a PR 52-9 $\frac{1}{2}$ to win the TJ.

Following surprisingly easy victories last Saturday, both Washington and Washington State head into difficult meets again this week. The Huskies travel south to meet California, losers last week to UCLA 92-52. Meanwhile, across the state in Pullman, the Cougars entertain Berny Wagner's talented Beaver squad, in a meet that may bring Lucas Oloo back to the Inland Empire for the first time since he jumped/transferred to Oregon State. OSU easily handled Idaho State and the University of Portland in Corvallis last week.

WSU-Cal Mixup

Washington State was to have had a dual meet with California on March 30, but it never came off. The Southern schools don't like to run the 3M or steeple or hammer in dual competition. Apparently a compromise was reached that they would run a steeple, the 2M, and not the hammer. But the contract sent had some difficulties, or the California coach didn't read it, or...

At any rate, when the Cougars arrived at Cal on Friday, the 29th, they were told the meet was "rained out". Cal was not willing, or maybe not able, to move the meet to nearby Laney CC in Oakland with its all-weather track. The meet could not be held Monday, according to Dave Maggard, athletic director of the Bears, due to registration, nor would it be held later in the week because Cal had UCLA coming up.

Charges were made that the contract was no in accord with the agreement and that was the actual reason for the cancellation, but, it had been signed by the Cal coach, who didn't live up to his end and stage the meet. It now looks doubtful if there will ever be another dual in track between the two schools, at least as long as there are no new faces on either side.

CHAPLIN NAMED

Washington State coach John Chaplin has been named to the selection committee for the proposed Track and Field Hall of Fame in Charles-town, West Virginia. The committee hopes to have ground breaking ceremonies by August 31 for the facility which will have the Hall of Fame, an outdoor track and stadium and indoor track with seating.

The committee hopes also to induct its first members at the time of the ground breaking. Don Cohen, committee chairman, said "the Hall of Fame will pay homage to those heroes, past and present and will be representative of the sport of track."

Arlington Relays, IH, Shumski(Ok St) 51.8.

March 27, 28

Florida Relays. Decath, 2. Stephan(Navy) 7047.

March 23

Easter Relays. 6M, Reinsma(Westmont) 29:39.4n; 3M, D.Koss(Westmont) 14:31.4n.

Kansas State 60, Texas 76. LeDuc(Texas) 62-8 $\frac{1}{2}$ (2)/179-10(3). McGoldrick(Texas) 191-9.

March 30

LEWIS & CLARK 86, Pacific Lutheran 67. M.Smith(PL) 47-8/170-4. Salzman(PL) 6-6/20-10 $\frac{1}{2}$ /16.1.Shoreline 102, Olympic 42, Ft Steilacoom 12, Skagit Valley 5. Hahn(Shln) 51.6/22-5 $\frac{1}{2}$. Stacey(Shln) 4:24.8. Heaberlin(FtS) 15:06.0. Sedge(Shln) 14.8/57.3. Cunningham(Oly) 42-6 $\frac{1}{2}$. Winters(Shln) 14-4. Fisher(Oly) 48-3 $\frac{1}{2}$ /133-11. (at Shoreline CC).Wennatchee Valley Invitational. Everett 87, Yakima Valley 47, Blue Mountain(Ore.) 22, Wennatchee Valley 21, Seattle Central 4. B.Smith(E) 22.6. Woodworth(E) 1:59.8/4:26.6. Diamond(E) 15.6/59.0. Masterman(YVC) 22-0 $\frac{1}{2}$ /10.1(tie). Holmes(WV) 21-10n. Cahill(WV) 45-8. McDonald(E) 6-6. Henningsen(E) 13-6. Nelson(WV) 52-1 $\frac{1}{2}$ /134-1n. Brooks(E) 197-10.

Walla Walla Road Runners Hour Run. Philmistei(WWRC) 10m, 382y; P.Fredericks(WWRC) 9m, 1059; Frank(WWRC) 9m, 894; Akers(WWRC) 9, 880y.

Dallas Invitational. USC 147; Texas 119; UTEP 92; Oklahoma State 43... IH, Shumski(Ok) 52.2(2). SP, LeDuc(Tex) 61-7 $\frac{1}{2}$ (2)/185-3(2)EASTERN 90 $\frac{1}{2}$, Simon Fraser 47, North Idaho 26 $\frac{1}{2}$, Whitworth 20. (additional marks) HT, Grover(una,CWSC) 139-5(2); HH, Lynch(W) 15.2(3,tie) R.Smith(EW) 15.2(3,tie); 440R, EW 43.8.

Bronco Invitational, Boise. Mann(BevHills) 54.4/48.9(2).

OREGON, Arizona State. Daggatt(O) 4:08.1(4). April 5

Spokane CC-Montana-North Idaho-WSU JV (non-scoring). Rain, little wind. Carew(S) 9.7; Owens(NI) 9.9; Ackan(WS) 9.9. Braithwaite(S) 22.3; D.Davis(S) 22.3(2)/48.6. Klaus(S) 49.0. Lofton(S) 15.2/55.6. Mitchell(S) 6-3(2). Phillips(WS) 1:58.4. Wenman(S) 14-6. Hennessy(S) 4:14.9(2). Owens(NI) 22-1 $\frac{1}{2}$ (2). Florin(una-S) 45-9 $\frac{1}{2}$. Whitaker(S) 9:04.2 (2M) Beckman(S) 9:05.0; Hennessy 9:16.0(5). Banks(S) 50-6(2). Hanson(S) 154-7. Uberg(S) 210-5(2). (Whitaker was 2nd). /from Bob Payne/ Spokane 42.3/3:23.9.

April 6

WASHINGTON 93, Oregon 70. HT, Ballwey(W) 191-0 PR,SR; 4. Beguhl(W) 155-9; nm Chambul(W). LJ, Blackman(O) 23-7; Martin(W) 23-0 $\frac{1}{2}$ w; Hinkley(W) 22-11 $\frac{1}{4}$. PV, Cole(W) 15-6i; Eddy(O) 15-6i. JT, Ewaliko(W) 232-3; Atwood(W) 229-1. SP, Vincent(W) 57-10 $\frac{3}{4}$; Banich(O) 55-8 $\frac{1}{2}$; Sutherland(W) 55-2 $\frac{1}{4}$. St, G.Williams(O) 8:58.8; Hammitt(O) 9:00.0; Holmes(W) 9:03.8 PR; Glad(W) 9:23.4. TJ, Hinkley 49-10 $\frac{1}{4}$ PR; Malcolm(O) 48-1 $\frac{3}{4}$; 4. Clark(W) 46-2. 440 R, Oregon 41.9 (W missed first pass, disq with 41.7). Mile, Gibson(W) 4:05.5 (last lap 56.8); Daggatt(O) 4:06.3; Feig(O) 4:07.1; Bence(O) 4:07.2; Albright(W) 4:08.1; Rutter(W) 4:11.5. HJ, LaVerdure(W) 6-9; Clark(W) 6-9. HH, Lavery(W) 14.1; Whigham(O) 14.4; Gillette(W) 14.9 (PR's for Lavery and Whigham). 440, Franco(W) 48.1 (standing start); 3. Widell(W) 50.6. DT, Chambul(W) 183-2; Voorhees(O) 180-4 PR; 4. Beguhl(W) 162-11; 5. Earl(W) 157-11. 100, Davis(W) 9.6; Blackman(O) 9.8; Dukowski(O) 9.8; Elkins(W) 9.9; Carr(W) 10.0 (correction: Carr

was 4th at 9.9, Elkins 6th at 10.0). 880, Lathers(O) 1:52.7; Winger(W) 1:53.4; Albright(W) 1:54.1; Feig(O) 1:54.2; 6. Byrne(W) 1:55.5. IH, Lavery(W) 52.1 PR; Wilkinson(O) 52.8; Moore(O) 53.7; Gillette(W) 54.8; Belur(W) 55.9 (was slightly ahead of Lavery, fell at 9th hurdle). 220, Elkins(W) 21.6; Dukowski(O) 21.7; Hicks(W) 21.8; Carr(W) 22.4 (3 unofficial watches had Carr at 21.9). 3M, Geis(O) 13:25.4; Anderson(W) 13:45.0; Braun(W) 13:46.2; T.Williams(O) 13:55.8. Mile R, UW (Widell 49.8; Lavery 48.5; Byrne 48.3; Gibson 48.6) 3:15.3; UO 3:16.0.

Central Wash 89, Seattle Pac 53, PACIFIC LUTHERAN 50. LJ, White(PL) 22-1/4. M.Smith(PL) 48-0/164-11. St, Sooter(SP) 9:05.0. HJ, Salzman(PL) 6-4. Andrews(CW) 210-2. 440 R, SP 45.1. HH, Stream(SP) 15.4. 440, Bates(SP) 50.4. 880, Perry(CW) 1:59.9. TJ, White(PL) 45-4 1/2. PV, Mannix(CW) 14-0. IH, Tegan(CW) 55.3. 3M, Sooter 14:39.6.

Washington State 86 1/2; SAN JOSE STATE 67 1/2. Noble(WS) 9.5(2)/21.9(3). Minor(WS) 9.6(3)/21.4(2). Geisa(WS) 48.2; Keitges(WS) 48.3. Scott(WS) 1:54.3. Harper(WS) 4:11.8(3). 3M, J.Ngeno(WS) 13:44.8; Murphy(WS) 14:09.4(3). St, Fleet(WS) 9:03.8; English(WS) 9:08.8(3). K.Ngeno(WS) 13.9/53.8(2). Miller(WS) 14.8(3). Moore(WS) 54-9 1/2(2). Rossides(WS) 54-1(3)/157-10. JT, Kramer(WS) 215-4; Dulek(WS) 191-9. Delamere(WS) 25-8 1/2(2)/51-3 3/4(3). McCourtie(WS) 171-2. Baggett(WSU) 15-0; Vandevanter(WS) 15-0. Braach(WS) 6-9(2). Kimball(WS) 52-9 1/2. 440 R, WS 41.2. Mile R, WS 3:16.6 (Keitges, Noble, Geisa, Scott).

Boise St 73, Idaho 51, Spokane Falls 44, Bellevue 22. (at Idaho, sprints windy, jumps into wind). Bartlett(B) 1:58.0. Brooks(I) 14:58.4(2) Knoblich(B) 15:20.0. E.Brown(S) 15.5w. Flatt(S) 59.5(2). E.Brown(S) 6-6; Braggs(B) 6-6. Mathews(S) 14-0(2); Beasley(B) 14-0. Delago(S) 22-4 1/2(2). Guice(S) 44-4(2). C.Smith(S) 48-11 1/2(3); Komar(S) 204-6 (took day off from baseball team); Miller(S) 199-0(2). SFGC 43.7(3)/3:33.7.

EASTERN 107, Western 37. Combs(E) 10.0; Magee(W) 10.2 (into wind). Vache(E) 23.0. Ard(E) 50.3. Hatt(E) 1:59.2. Maplestone(E) 4:34.9/15:01.2. Dahl(E) 15.2/dnc IH (bruised leg). Vorce(W) 15.3(2)/55.7. B.Thompson(W) 13-6. Walter(E) 22-3 1/2w (at Cheney HS, TJ also). Scott(E) 47-11 3/4w (end of hs pit, almost hurt). Garske(E) 50-4. Thompson(E) 149-3. Briggs(W) 193-8; Hopley(E) 192-3. E 42.8/3:25.4. W 43.3. /from Bob Payne/

LINFIELD 119, Whitworth 35. Robbilar(L) 48-8/128-8/194-5(2). Shaw(L) 48.0. Hunter(W)

4:26.1. St, Zieger(W) 9:33.6 (1st ever st). Hegg(W) 56.1(3)/184-3(3). Lynch(W) 16.2(3). Michaelis(W) 6-0. /from Bob Payne/

Fruit Bowl Invitational. Yakima. Team Scores: Everett 123, North Idaho 71, Highline 70, Shoreline 66, Yakima Valley 64, Clark 50, Wennatchee Valley 34, Olympic 24, Tacoma 19, Green River 6. R.Bryant(YV) 9.8; Masterman(YV) 9.8. Trimbell(Clark) 22.7. D.Johnson(E) 51.6. Greyell(H) 2:00.8. Murry(H) 4:26.6. 3M, Heath(NI) 14:32.2; Stewart(H) 14:47.6; Small(H) 14:50.2. Sedge(S) 14.8; Diamond(E) 15.0; Johnson(S) 15.3. Ghoman(NI) 57.5. McDonald(E) 6-9; Bakken(H) 6-6; Ester(YV) 6-4(5); Boland(WVC) 6-4(6). Cahill(WV) 21-7 3/4/45-1; Geroge(C) 44-1 1/2. Nelson(WV) 51-1 1/2; Fisher(O) 48-10. Couture(E) 140-0. Peterson(E) 187-9. Hoff(Sh) 14-3; Henningson(E) 14-0; Delp(YV) 14-0; Blanchard(YV) 14-0; Winter(Sh) 14-0; Gove(GR) 14-0. NIJC 43.7/3:27.9.

NOTES: High jumpers Joel Braggs and Ric Teller are both academically ineligible...John White and Carlos Warren of Western did not compete in the dual against Eastern because of leg injuries.. Jeff Taylor pulled a calf muscle warming up for the Oregon dual and did not compete...Bob Maplestone is training at Spokane CC while he is doing his student teaching...Mike Hopley of Eastern, a placer in the NAIA jav a couple years ago almost lost a leg to a blood clot this winter, but is healthy again and throwing... the LJ and TJ in the Eastern-Western dual were held at Cheney HS, about a mile away, because the water table at Eastern is too high to allow the pits to dry enough for competition... Scott Daggatt, Oregon's miler from Bellevue, has his mind set on 3:55 this season if he stays healthy...Fred Newhouse will not compete this year, but will train. He is working with the UW quarter milers and feels under the right conditions, both Billy Hicks and Pablo Franco can run in the 46's...Harry Sloan, sportscaster from KOMO television in seattle said Greg Gibson told him he will under 4:00 within three weeks... Greg says he was misquoted and said actually in the right race he is capable of running under 4:00, not that he was going to do so...Baseball players and basketball players are helping SFGC. Dave Komar took a day off from the baseball team to throw the jav 204-6. He didn't get to play baseball in high school and wanted to. Erv Brown, the star basketball player, won the HJ at 6-6 over Joel Braggs and also the highs in 15.5w...

1973 - 74 WASHINGTON INDOOR BESTS

60	51.5	keith lazell, linfield	600
6.2 paul brown, sfcc	51.6	mike vorce, wwscc	1:11.2 brad stephan, navy
6.2 al davis, vna	52.0	bill weller, cnw	1:13.4 bill hicks, uw
6.2 pablo franco, uw	52.1	greg smyth, uw	1:13.5 keith lazell, linfield
6.2 wilson morris, ore st	52.2	oscar kenda, sfcc	1:13.9 jerry belur, uw
6.2 duran wooten, seattle hs	52.6	jim perry, scc	1:14.6 tim geisa, wsu
6.3 chris braithwaite, scc	52.7	steve lazell, yelm hs	1:14.6 brian mondschein, uw
6.3 gary carew, scc	53.0	art sandison, cnw	1:14.7 terry lavery, uw
6.3 leo combs, ewsc			1:14.8 terry bailie, ewsc
6.3 larry hunt, spokane hs		relay legs	
6.3 glen norris, sfcc	48.5	brad stephan, navy	880
6.3 ron owens, nijs	49.2	keith tinner	1:55.1 steve cotsirilos, uw
	49.6	bill hicks, uw	1:56.0 al herbert, uw
	50.0	pablo franco, uw	1:56.9 kim sabbotta, ewsc
	50.0	jerry belur, uw	1:57.3 bill thun, spc
300			1:57.4 dean hatt, ewsc
31.1 pablo franco, uw			1:59.2 steve senescall, uw
32.4 dan elkins, uw	500		1:59.6 mike johnson, ewsc
32.8 terry bailie, ewsc	58.2	greg gibson, uw	1:59.7 jeff frazier, bcc
33.3 mike breen, spc	58.6	jerry belur, uw	2:00.3 paul keiper, scc
33.3 steve heinzl, hsc	58.8	bill hicks, uw	2:00.7 kurt spingath, high cc
33.4 mike carr, uw	59.5	mike vorce, wwscc	?:00.8 dale rennie, scc
33.5 bill weller, cnw	59.9	terry lavery, uw	
33.6 greg smyth, uw	60.0	rick bartlett, bcc	1000
33.7 reed crothers, bcc	60.7	reggie hill, una	2:08.7 greg gibson, uw
33.7 john smith, ev cc	60.7	jeff reinking, bcc	2:12.2 dan winger, uw
440	61.0	larry woodworth, ev cc	2:14.1 art sandison, cnw
50.5 keith tinner, tacoma hs			2:14.6 randy rolph, scc
51.0 terry bailie, ewsc			2:16.0 john cordes, cnw
51.1 john klaus, scc			

2:17.2 harold celms, tacoma hs hj
 2:17.9 rod hallman, spc 7-2 joel braggs, una
 2:17.9 mike hadway, puyallup hs 6-10 lee braach, wsu
 2:19.5 steve kiesel, tacoma hs 6-9 steve shelton, edmonds hs
 2:19.8 paul keiper, scc 6-8½ john hayes, uw
 2:19.9 don greco, green river cc 6-8 darryl laverdure, uw
 6-8 al darnielle, wsu
 6-8 ric teller, ewsc
 6-7 steve gough, cnw
 6-6 rick schoenfeldt, ev cc
 6-6 tom bakken, una
 6-6 don rasmussen, wsu
 6-6 greg mitchell, scc
 6-6 doug macdonald, ev cc
 6-6 mark salzman, plu

45-5 cary feldmann, cnw
 45-4 ¾ willie lampe, cwsc
 44-8 ¾ steve clark, uw
 44-8 ¾ jim walker, bremerston h
 35 lb. wt
 58-10 steve niemi, harvard
 55-3 casey ballwey, uw
 54-10 phil beguhl, uw

mile
 3:59.1 greg gibson, uw sp
 4:03.2 jim johnson, cnw 62-6 ¾ dana le duc, texas
 4:04.2 bob maplestone, ewsc 56-6 russ vincent, uw
 4:07.8 lucas oloo, sfcc 53-0½ dean moore, wsu
 4:07.9 bob rutter, uw 51-7 toby robilar, linfield
 4:09.6 dave harper, wsu 51-6½ steve gough, cnw
 4:11.7 scott daggatt, ore 49-8½ carl smith, sfcc
 4:12.7 scott holmes, uw 48-9½ george sutherland, uw
 4:14.6 brian mittlestadt, ups pv
 4:15.1 steve wilson, scc 17-4 casey carrigan, pac coast
 4:18.4 gordon braun, uw 15-6 joe verstrepan, uw
 4:19.5 doug beckman, spokane hs 15-6 judd eddy, oregon
 4:19.6 bill glad, uw 14-6 dean ronhaor, spc
 4:19.6 mark nickell, cnw 14-6 ron soliday, ewsc
 14-0 tod henningsen, ev cc
 14-0 jerry mathews, sfcc
 14-0 ron clausen, seattle hs
 14-0 ken matson, bcc
 14-0 mike cole, uw

1500m
 3:42.8 jim johnson, cnw
 3:54.1 dave harper, wsu

5000m
 13:56.4 jim johnson, cnw

2 mile
 8:30.0 jim johnson, cnw
 8:47.0 don kardong, cnw
 8:47.2 gerry lindgren, ITA pro
 8:48.0 john ngeno, wsu
 8:53.8 bob maplestone, ewsc
 8:56.0 dale fleet, wsu
 8:57.4 scott holmes, uw
 9:00.6 bob goiney, uw
 9:01.4 bob rutter, uw
 9:02.6 russ daggatt, uw
 9:03.6 bill glad, uw
 9:04.2 gordon braun, uw
 9:06.6 lucas oloo, sfcc
 9:09.2 rick hebron

3 mile
 13:08.2 john ngeno, wsu
 13:32.6 don kardong, cnw
 13:57.2 kurt beckman, scc
 13:59.0 rick riley, cnw
 14:01.8 dale fleet, wsu
 14:08.8 bob goiney, uw

60 hurdles
 7.4 kip ngeno, wsu
 7.5 steve gough, cnw
 7.6 paul johnson, shore cc
 7.6 geoff newing, cnw
 7.6 carey washington, sfcc
 7.7 greg gillette, uw
 7.7 howard lutton, simon fraser
 7.8 rick dahl, ewsc
 7.8 mark diamond, ev cc
 7.8 jim sedge, shore cc
 7.8 steve smith, wsu
 7.8 steve ulvestadt, shore cc

3 1/4 al smith, wsu
 rayford guice, sfcc
 gary winkler, spc
 gerald baugh, uw

48-8½ steve gough, cnw
 48-1½ lloyd scott, ewsc
 46-11 ¾ al smith, wsu
 46-7 rayford guice, sfcc
 46-6 gary winkler, spc
 45-11 gerald baugh, uw

tj
 48-8½ steve gough, cnw
 48-1½ lloyd scott, ewsc
 46-11 ¾ al smith, wsu
 46-7 rayford guice, sfcc
 46-6 gary winkler, spc
 45-11 gerald baugh, uw

74-42 Promotional project: Bill Glad

2 mile R
 7:44.2 uw
 8:07.6 scc
 8:11.4 bothell hs
 8:12.2 centralia/chehalis hs
 8:13.2 sfcc
 8:14.6 pt angeles hs

dist med R
 10:17.2 scc
 10:17.2 uw
 10:24.8 wsu
 10:25.8 bcc
 10:35.4 sfcc

pentathlon
 4155 steve gough, cnw
 3514 brian mondschein, uw
 3448 mark salzman, plu
 3023 ray colombo, thurston co

S T A F F

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